

**Umlando Wempilo Yomuntu
Oyedwa**

Ulandelwa ngu

**izindatshana ezingokomoya
zika**

I-Paramhansa Yogananda

Ukukopisha kumasayithi ezokuxhumana

Umlando womuntu siqu kwe a I-Yogi



**N
guParamha
nsa I-
Yogananda**

-NGENSANDULELO NGU

.WY Evans-Wentz, MA, D.Litt., D.Sc

Ngaphandle"
nina bheka
izimpawu
futhi
“Ngezimang
aliso, ngeke
nikholwe.”—
.Johane 4:48

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, 1946, by
Paramha
nsa I-
Yoganand
a

Kunikezelwe Ku- I Inkumbulo Of

ULUTHER I-BURBANK

I-An UmMelika uSanta

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Isandulela, Ngu-WY EVANS- WENT Z

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e Imephu
ye- India

Okwami Baba, IBhagabati I-
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IsiSwami I-Pranabananda, "I- uSanta Nge
Okubili "Imizimba" Umfowethu Omkhulu, u-
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Umkhosi Ukuhlanguka ku i Igceke kwe yami OkaGuru I-Hermitage ku
"I-Serampore Nagendra Nath Bhaduri, "The Levitateing Saint

Mina ngineminyaka engu -6 ubudala
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Okubili Abafowethu kwe UTherese Neumann,
ku- I-Konnersreuth INkosi uMahasaya,
uMzinikazi Ojabulayo

Ujitendra Mazumdar, yami Umngane kuvuliwe i "Akunamali
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I-Himalayan Umhume Kuhlalwe
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Ubudlelwano Bokuzibona, Indlunkulu yaseLos Angeles

Ukuzibona Isonto kwe Konke Izinkolo, I-
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Ukuzibona Isonto kwe Konke Izinkolo, IsiSan
UDiego Odadewethu -- uRoma, uNalini, no-
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I-Yogoda Izibalo, I-Hermitage ku- I-
Dakshineswar Isikole saseRanchi,
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UKashi, Uzelwe Kabusha Nokutholakala Kabusha

Bishnu, Motilal Mukherji, Baba wami, Mnu. Wright, TN Bose, Swami
Satyananda Iqembu kwe Izithunywa ku- i Okwamazwe ngamazwe
ICongress kwe Inkolo AmaLiberal, eBoston, 1920 I-Guru kanye nomfundi
eHermitage yasendulo

UBabaji, i U-Yogi-Christ kwe Yesimanje
I-India I-Lahiri Mahasaya

A I-Yoga Ikilasi ku IWashington,
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UTherese Neumann kwe Konnersreuth,
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I-Shankari I-Mai Jiew, Kuphela Ukuphila Umfundi kwe i kuhle kakhulu
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Iqembu kuvuliwe i Ukudla I-Patio kwe yami OkaGuru I-
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kanye nami -- eGibhithe

URabindranath Tagore

IsiSwami Keshabananda, ku- yakhe I-Hermitage ku I-
Brindaban UKrishna, uMprofethi wasendulo
waseNdiya

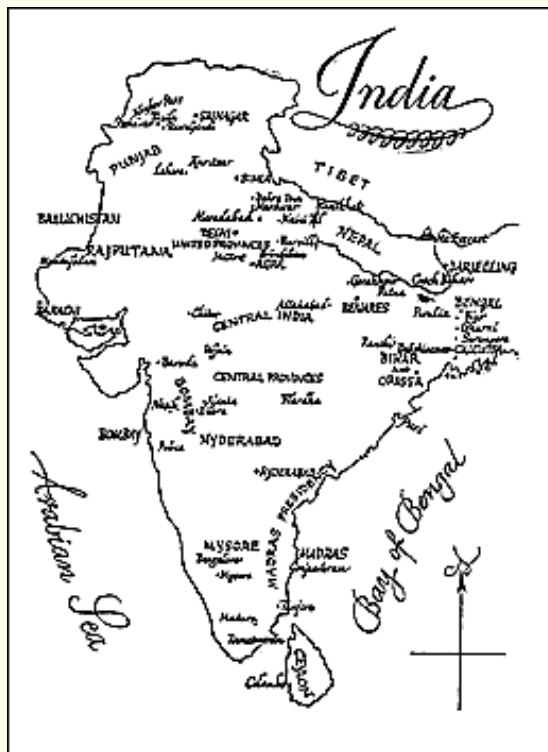
UMahatma Gandhi, eWardha

I-Giri Bala, i Owesifazane I-Yogi I-WHO
Akukaze kube njalo Ukudla UMnu. EE
Dickinson

Okwami I-Guru
futhi Mina Abafundi
baseRanchi Ama-
Encinitas

Inggungquthela ku IsiSan
UFrancisco USwami
Premananda

Ubaba wami



Imephu kwe I-India

ISINGENISO

.Ngu-WY EVANS-WENTZ, MA, D.Litt., D.Sc

Ujesu Ikolishi, i-Oxford;
Umbhali ye- *The Tibetan Book
of the Dead, i-Great Yogi
,Milarepa yaseTibet*

.I-Tibetan Yoga kanye Nezimfundiso Eziyimfihlo, njll

Ukubaluleka kwe -*Autobiography kaYogananda* kukhuliswa kakhulu iqiniso lokuthi ingenye yezincwadi ezimbalwa ngesiNgisi mayelana namadoda ahlakaniphile aseNdiya ezibhalwe, hhayi yintatheli noma umfokazi, kodwa ngomunye wohlanga lwabo kanye nokuqeqeshwa kwabo - ngamafuphi, incwadi *ephathelene* ne-yogi *ebhalwe yi* -yogi. Njengofakazi wokuzibonela ukulandisa okungavamile izimpilo futhi amandla kwe yesimanje IsiHindu abangcwele, i incwadi ine ukubaluleka kokubili ngesikhathi esifanele futhi ayiphelelwa yisikhathi. Kumbhali wayo odumile, engijabulele ukumazi eNdiya naseMelika, sengathi wonke umfundi angabonga futhi abonge ngokufanele. Incwadi yakhe yokuphila engavamile ngokuqinisekile ingenye yezindlela eziveza kakhulu ukujula kwengqondo nenhliziyo .yamaHindu, kanye nengebo engokomoya yaseNdiya, eyake yanyatheliswa eNtshonalanga

Kube yilungelo lami ukuhlalanga nomunye wabahlakaniphileyo omlando wabo wokuphila ulandiswa lapha - uSri Yukteswar Giri. Umfanekiso wosanta ohloniphekile wavela njengengxenywe yesithombe sami se -*Tibetan Yoga kanye ne-Secret Doctrines* . **1-1** KwakusePuri, e-Orissa, e-Bay of Bengal, lapho ngahlangana khona noSri Yukteswar.

Wayeyinhloko ye-ashrama ethule eduze nogu lolwandle lapho, futhi wayematasa kakhulu ekuqeqeshweni ngokomoya kweqembu. kwe ubusha abafundi. Yena iveziwe ukulangazelela intshisekelo ku i inhlalakahle kwe i abantu kwe i I-United Amazwe kanye nawo wonke amazwe aseMelika, kanye neNgilandi, futhi, wangibuza mayelana nemisebenzi ekude, ikakhulukazi leyo eseCalifornia, yomfundi wakhe omkhulu, uParamhansa Yogananda, ayemthanda kakhulu, .futhi ayemthumile, ngo-1920, njengesithunywa sakhe eNtshonalanga

USri Yukteswar wayenomoya omnene nezwi elimnene, ekhona kahle, futhi efanelwe .ukuhlonishwa yilowo owayemhlonipha

abalandeli bakhe babemnikwa ngokuzithandela. Wonke umuntu owayemazi, kungakhathaliseki ukuthi ungowakubo noma cha, wayemhlonipha kakhulu. Ngikhumbula kahle umzimba wakhe omude, oqondile, ozidelayo, egqoke izingubo ezinombala osawolintshi zomuntu oye walahla imisebenzi yezwe, njengoba emi emnyango wendlu yokungibingelelwa ukuze angamukele. Izinwele zakhe zazinde futhi zigobile kancane, nobuso bakhe bunentshebe. Umzimba wakhe wawuqinile, kodwa mncane futhi yakhiwe kahle, futhi yakhe isinyathelo amandla. Yena wayenayo okukhethiwe njengoba yakhe indawo kwe emhlabeni indawo yokuhlala i ngcwele idolobha lasePuri, lapho izixuku zamaHindu azinikele, abamele zonke izifundazwe zaseNdiya, ziza khona nsuku zonke ngohambo oluya eThempelini elidumile laseJagannath, "iNkosi Yomhlaba." KwakusePuri lapho uSri Yukteswar avala khona amehlo akhe afayo, ngo-1936, ezigcawini zalesi simo sokuphila esidlulayo futhi washona, azi ukuthi ukuzalwa kwakhe njengomuntu kwakuthathwe kwaze kwaba sekugcineni kokunqoba. Ngiyajabula ngempela ukukwazi ukurekhoda lobu bufakazi. ku- i phezulu umlingiswa futhi ubungcwele kwe IsiSri Yukteswar. Okuqukethwe ku- hlala kude kusukela i isixuku, wazinikela ngokungagodli nangokuzola kuleyo mpilo ekahle uParamhansa Yogananda, umfundi wakhe, usechaze lokhu isikhathi eside. WY EVANS-WENTZ

1-1 : I-Oxford University Press, 1935.

Okwababhali Ukubonga

Ngimbonga kakhulu uNksz LV Pratt ngomsebenzi wakhe omude wokuhlela mayelana nombhalo wesandla wale ncwadi. Ngiyabonga kakhulu. kukhona kufanele futhi ku- Nkosazana URuthe UZahn ngoba ukulungiselela kwe i inkomba, ku- Mnu. C. URichard UWright ngoba imvume yokusebenzisa izingcaphuno ezivela kudayari yakhe yokuhamba yaseNdiya, kanye .noDkt. WY Evans-Wentz ukuze athole iziphakamiso kanye nesikhuthazo

I-PARAMHANSA YOGANANDA

*Okthoba 28, 1945
Encinitas, eCalifornia*

Okwami Abazali futhi Kusenesikhathi Impilo

Izici eziphawulekayo zesiko laseNdiya sekuyisikhathi eside ziwukufuna iqiniso eliphelele kanye ne-guru-guru ehambisanayo **1-2** ubuhlobo. Indlela yami yangiholela esihlakaniphini esifana noKristu esimpilo yaso enhle yaqoshwa isikhathi eside. Wayengomunye wamakhosi amakhulu ayizinsika zaseNdiya.

Njengoba bekhula kuzo zonke izizukulwane, bavikele izwe labo ekubhujisweni kweBhabhiloni neGibhithe.

Ngithola izinkumbulo zami zokuqala zimboza izici ezingavumelani nomlando womuntu owake waba khona. Izinkumbulo ezicacile zafika kimi ngempilo ekude, i-yoga **1-3** phakathi kweqhwa laseHimalaya. Lokhu kuboniswa kwesikhathi esidlule, ngesixhumanisi esingenakulinganiswa, kwanginika nombono wesikhathi esizayo.

Ukuhlazeka kobuntwana akususiwe engqondweni yami. Ngangicasukile ngokucasuka ukuthi angikwazi ukuhamba noma ukukhuluma ngokukhululeka. Kwavela ukuqhuma komthandazo ngaphakathi kimi njengoba ngangiqaphela ukungabi namandla komzimba wami. Impilo yami enamandla ngokomzwelo yathatha isimo sokuthula njengamagama ezilimini eziningi. Phakathi kokudideka kwangaphakathi kwezilimi, indlebe yami yajwayela kancane kancane ama-syllables esiBengali ajikelezayo abantu bakithi. Ububanzi obukhohlisayo bengqondo yosana! Njengoba umuntu omdala ebhekwa njengomuntu onamathoyizi nezinzwane kuphela.

Ukuvuvuka kwengqondo kanye nomzimba wami ongaphenduli kwangenza ngaba nezinhlupho eziningi zokukhala. Ngikhumbula ukudideka komndeni ngokucindezeleka kwami. Izinkumbulo ezijabulisayo nazo ziyangilandela: ukuphulula kukamama, kanye nemizamo yami yokuqala yokukhuluma kahle nokunyathela phansi. Lokhu kunqoba kwasekuqaleni, okuvame ukukhohlwa ngokushesha, kuseyisisekelo semvelo sokuzethemba.

Izinkumbulo zami ezifinyelela kude azihlukile. Ama-yoga amaningi ayaziwa ukuthi agcine ukuziqaphela kwawo ngaphandle kokuphazamiseka ngokushintsha okukhulu ukuya nokubuya "ekuphileni" kanye "nokufa." Uma umuntu engumzimba nje kuphela, ukulahlekelwa kwawo kubeka isikhathi sokugcina sobunikazi. Kodwa uma abaprofethi eminyakeni eyizinkulungwane bekhuluma iqiniso, umuntu empeleni ungumuntu ongaphili. Inggikithi eqhubekayo yobugovu bomuntu ihlotshaniswa okwesikhashana nokuqonda kwengqondo.

Nakuba izinkumbulo ezingavamile nezicacile zobuntwana azivamile kakhulu. Ngesikhathi sohambo emazweni amaningi, ngilalele izinkumbulo zakuqala ezivela ezindebeni zamadoda nabesifazane abathembekile.

Ngazalwa eminyakeni eyishumi yokugcina yekhulu leshumi nesishiyagalolunye, futhi ngadlula iminyaka yami yokuqala eyisishiyagalombili eGorakhpur. Lena indawo engazalelwa kuyo eZifundazweni Ezihlangene zasenyakatho-mpumalanga yeNdiya. Sasingabantwana abayisishiyagalombili: abafana abane namantombazane amane. Mina, Mukunda Lal Ghosh oneminyaka **engu-1-4**, ngangiyindodana yesibili kanye nengane yesine.

Ubaba noMama babengamaBengali, besigaba *samaKshatriya* . **1-5** Bobabili

babusiswa ngemvelo yobungcwele. Uthando lwabo oluhlangene, oluzolile nolunesithunzi, aluzange luziveze kalula. Ukuzwana okuphelele kwabazali kwakuyisikhungo esizolile sesiphithiphithi esijikelezayo sezimpilo eziyisishiyagalombili ezisencane.

UBaba, uBhagabati Charan Ghosh, wayenomusa, enonya, ngezinye izikhathi enolaka. Njengoba ayemthanda kakhulu, thina bantwana kodwa sasiqaphela ibanga elithile elihloniphekile. Njengoba ayeyisazi sezibalo nesokucabanga esivelele, wayeqondiswa ngokuyinhloko ukuhlakanipha kwakhe. Kodwa uMama wayeyindlovukazi yezinhliziyi, futhi wasifundisa ngothando kuphela. Ngemva kokufa kwakhe, uBaba wabonisa ububele bakhe bangaphakathi. Ngaphawula ngaleso sikhathi ukuthi amehlo akhe ayevame ukuguqukela kobukamama.

Umama ekhona, saqala ukujwayelana nemibhalo engcwele ngendlela emnandi nebabayo. i *i-mahabharata* futhi *i-ramayana* **1-6** babe ngobuhlakani kubizwe ku-hlangana i izidingo

kwe isiyalo. Imiyalelo futhi isijeziso wahamba isandla ku isandla.

Isenzo sansuku zonke sokuhlonipha ubaba sasinikezwa nguMama owayesigqokisa kahle ntambama ukuze amamukele ekhaya evela ehhovisi. Isikhundla sakhe sasifana nesephini likamongameli, eBengal-Nagpur Railway, enye yezinkampani ezinkulu zaseNdiya. Umsebenzi wakhe wawuhlela ukuhamba, futhi umndeni wethu wawuhlala emadolobheni amaningana ngesikhathi ngiseyingane.

Umama wayebabambele isandla esivulekile abaswele. Ubaba naye wayenomusa, kodwa inhlonipho yakhe ngomthetho nokuhleleka yafinyelela esibalweni semali. Amaviki amabili umama wachitha imali engaphezu kwemali kaBaba ayeyithola ngenyanga ekondleni abampofu.

"Engikucelayo nje, ngicela, ukuthi nigcine izinhlangano zenu zosizo zingaphakathi komkhawulo ofanele." Ngisho nokukhuzwa okumnene ngumyeni wakhe kwakumzisa ubuhlungu uMama. Wayala inqola ye-hackney, engabatsheli abantwana ukuthi kukhona ukungezwani.

"Kuhle nge; Mina ekuseni ukuhamba kude ku- yami kamama ekhaya." Yasendulo umkhawulo!

Saqala ukukhala ngokumangala. Umalume wethu wafika ngesikhathi esifanele; wahlebela ubaba iseluleko esihlakaniphile, esasigoqwe kusukela ezikhathini zasendulo. Ngemva kokuba ubaba esho amazwi ambalwa okubuyisana, umama wajabula wakhipha itekisi. Ngakho-ke kwaphela inkinga eyodwa kuphela engake ngayibona phakathi kwabazali bami. Kodwa ngikhumbula ingxoxo ehlukele.

"Ngicela unginike ama-rupee ayishumi ngowesifazane oswele osanda kufika endlini." Ukumamatheka kukaMama kwakunethonya lako.

"Kungani ngidinga ama-rupee ayishumi? Elinye lanele." Ubaba wanezela isizathu: "Lapho ubaba nogogo nomkhulu beshona ngokuzumayo, ngaqala ukunambitha ubumpofu. Ukudla kwami kwasekuseni okuwukuphela kwami, ngaphambi kokuhamba amamayela amaningi ukuya esikoleni sami, kwakuyibhanana elincane. Kamuva, eyunivesithi, ngangiswele kakhulu kangangokuthi ngafaka isicelo kujaji ocebile sosizo lwe-rupee eyodwa ngenyanga. Wenqaba, ephawula ukuthi ngisho ne-rupee ibalulekile ."

"Yeka ukuthi ukhumbula kabuhlungu kangakanani ukwenqatshwa kwaleyo rupee!" Inhliziyo kamama yayinengqondo ngokushesha. "Uyafuna yini ukuthi lona wesifazane akhumbule kabuhlungu ukwenqaba kwakho amarupee ayishumi awadingayo ngokushesha?"

"Uyanqoba!" Ngesenzo esidala samadoda anqotshiwe, wavula isikhwama sakhe semali. "Nansi imali engama-rupee ayishumi. Mnike yona ngentando yami."

Ubaba wayevame ukuthi kuqala athi “Cha” kunoma yisiphi isicelo esisha. Isimo sakhe sengqondo ngowesifazane ongaziwa owayefuna Uzwela lukaMama olwaluvele luvele kalula kwakuyisibonelo sokuqapha kwakhe okuvamile. Ukungafuni ukwamukelwa ngokushesha - okuvamile engqondweni yaseFrance eNtshonalanga - empeleni kuwukuhlonipha isimiso "sokuzindla okufanele." Bengihlala ngithola ubaba enengqondo futhi elinganisela ngokulinganayo ezahlulelweni zakhe. Uma ngi ekwazi ukuqinisa izicelo zami eziningi ngempikiswano eyodwa noma ezimbili ezinhle, wayehlala ebeka umgomo ofiselekayo eduze kwami, kungaba uhambo lweholide noma isithuthuthu esisha.

Ubaba wayengumuntu oqondisa izingane zakhe ngokuqinile eminyakeni yazo yokuqala, kodwa isimo sakhe sengqondo yena ngokwakhe wayengumSpartan ngempela. Wayengakaze aye eshashalazini, isibonelo, kodwa wafuna ukuzilibazisa emikhubeni ehlukahlukene engokomoya nasekufundeni i- *bhagavad gita* . 1-7 Egwema zonke izinto zokunethezeka, wayezobambelela ku- eyodwa ubudala i-pair kwe izicathulo kuze kube bona babe akusizi ngalutho. Okwakhe amadodana uthenge izimoto ngemva Zaqala ukusetshenziswa kakhulu, kodwa ubaba wayehlala enelisekile ngemoto yenqola ukuze ahambe nsuku zonke eya ehhovisi. Ukuqongelela imali ngenxa yamandla kwakungavamile kuye. Ngesinye isikhathi, ngemva kokuhlela iCalcutta Urban Bank, wengaba ukuzizuzisa ngokuba namasheya ayo. Wayemane efisa ukwenza umsebenzi womphakathi ngesikhathi sakhe sokuphumula.

Eminyakeni eminingana ngemva kokuba ubaba ethathe umhlalaphansi ngenxa yempesheni, kwafika isazi sezimali saseNgilandi sizohlola izincwadi zeBengal-Nagpur Railway Company. Umseshi omangazwe wathola ukuthi ubaba wayengakaze afake isicelo samabhonasi adlulelwe yisikhathi.

"Yena wenza i umsebenzi kwe ezintathu madoda!" i umgcinimabhuku utshele i inkampani. "Yena ine ama-rupee 125,000 (mayelana \$41,250.) okwakumelwe akwenze njengesinxephezelo." Izikhulu zanikeza ubaba isheke lale mali. Akazange acabange kangako ngayo kangangokuthi akazange ayinake noma yikuphi ukukhulunywa ngayo emndenini. Kamuva wabuzwa umfowethu omncane uBishnu, owabona idiphozithi enkulu esitatimendeni sasebhangwe .

"Kungani kufanele ujabule ngenzuzo yezinto ezibonakalayo?" kuphendula uBaba. "Lowo ophishekela umgomo wokulinganisela akajabuli ngenzuzo futhi akacindezelwa ukulahlekelwa. Uyazi ukuthi umuntu ufika engenamali kuleli zwe, futhi uhamba engenalo nelilodwa i-rupee."



UBABA

IBhagabati I-Charan I-Ghosh

A Umfundi kwe IsiLahiri IsiMahasaya

Ekuqaleni komshado wabo, abazali bami baba abafundi benkosi enkulu, uLahiri Mahasaya waseBenares. Lokhu kuxhumana kwaqinisa ubuntu bukaBaba bokuzidela ngokwemvelo. Umama wavuma ngendlela emangalisayo kudadewethu omdala uRoma: "Mina nobaba wakho sihlala ndawonye njengendoda nomfazi kanye ngonyaka, ngenhloso yokuba nabantwana."

Ubaba waqala ukuhlangana noLahiri Mahasaya ngo-Abinash Babu, oneminyaka engu-1-8 isisebenzi ehhovisi laseGorakhpur leBengal-Nagpur Railway. U-Abinash wafundisa izindlebe zami ezincane izindaba ezithinta inhliziyo zabangcwele abaningi baseNdiya. Wayephetha njalo ngokuhlonipha inkazimulo ephakeme yomfundisi wakhe.

"Wake wezwa ngezimo ezingavamile lapho ubaba wakho aba ngumfundi kaLahiri Mahasaya?"

Kwakuyintambama yasehlobo evilaphayo, njengoba mina no-Abinash sasihleli ndawonye egcekeni lasekhaya, lapho abuza khona lo mbuzo othakazelisayo. Nganikina ikhanda lami ngimomotheka ngokulindela.

"Eminyakeni edlule, ngaphambi kokuba uzalwe, ngacela isikhulu sami esiphezulu - ubaba wakho - ukuba anginike ikhefu lesonto emisebenzini yami yaseGorakhpur ukuze ngivakashele umfundisi wami eBenares. Ubaba wakho wahlekisa ngecebo lami."

"Ingabe uzoba ngumlandeli wenkolo?" wabuza. 'Gxila emsebenzini wakho wasehhovisi uma ufuna ukuqhubeka phambili.'

"Ngeshwa ngihamba ngiya ekhaya endleleni yasehlathini ngalolo suku, ngahlangana noyihlo ebhasini. Waxosha izinceku zakhe kanye nesithuthi sakhe, wahamba eceleni kwami. Efuna ukungiduduza, wangibonisa izinzuzo zokulwela impumelelo yezwe. Kodwa ngamuzwa ngokukhathala. Inhliziyo yami yayiphinda ithi: 'Lahiri Mahasaya! Angikwazi ukuphila ngaphandle kokukubona!'"

"Indlela yethu yasiyisa emaphethelweni ensimu ethule, lapho imisebe yelanga lasemini yayisabonakala khona emahlathini amade otshanini basendle. Sama kancane ngokumangala. Lapho ensimini, amamitha ambalwa nje ukusuka kithi, kwavela isimo somfundisi wami omkhulu ngokuzumayo! **1-9**

"Bhagabati, uqine kakhulu emsebenzini wakho!' Izwi lakhe lazwakala ezindlebeni zethu ezimangele. Wanyamalala ngendlela engaqondakali njengoba efikile. Ngiguqe ngamadolo ngangimemeza ngithi, 'Lahiri Mahasaya! Lahiri Mahasaya!' Ubaba wakho wayenganyakazi ngenxa yokumangala isikhashana.

"Abinash, angigcini nje ngokukunika *ikhefu* , kodwa ngizinika *ikhefu* lokuqala

eBenares kusasa. Kumelwe ngimazi lo Lahiri Mahasaya omkhulu, okwaziyo ukuzenza umuntu ngokuthanda kwakhe ukuze akunxusele! Ngizothatha umkami ngicele lo mphathi ukuba asiqalise endleleni yakhe engokomoya. Ungasiqondisa kuye?'

"Yebo.' Injabulo yangigcwalisa ngempendulo emangalisayo yomthandazo wami, kanye nokuguquka okusheshayo nokuhle kwezinto.

"Ngobusuku obulandelayo mina nabazali bakho saqeqesha eBenares. Sahamba ngenqola yamahhashi ngosuku olulandelayo, futhi bese kuba wayenayo ku-ukuhamba ngokusebenzisa okuncane imizila ku- yami othisha okuyimfihlo ekhaya. Ukungena yakhe okuncane

Indlu yokugezela, sakhothama phambi kwenkosi, sivaleleke ngendlela yayo evamile yokuma kwe-lotus. Wacwayiza amehlo akhe ahlabayo wawabeka phezu kukababa wakho.

"'Bhagabati, uqine kakhulu esisebenzini sakho!' Amazwi akhe ayefana nalawo ayewasebenzise ezinsukwini ezimbili ngaphambili ensimini yaseGorakhpur. Wanezela, 'Ngiyajabula ukuthi uvumele u-Abhinash ukuba angivakashele, nokuthi wena nomkakho nihambe naye.'

"Kwabajabulisa kakhulu ukuthi wasungula abazali bakho emkhubeni ongokomoya we *-Kriya Yoga* . **1-10** Ubaba wakho futhi mina, njengabafundi bomfowethu, bengingabangane abaseduze kusukela ngosuku olukhumbulekayo lombono. ULahiri Mahasaya wayenesithakazelo esiqinile ekuzalweni kwakho. Impilo yakho ngokuqinisekile izoxhunyaniswa neyakhe: isibusiso senkosi asisoze saphela."

ULahiri Mahasaya washiya leli zwe ngokushesha ngemva kokuba ngingene kulo. Isithombe sakhe, esisefreyimuni ehlotshisiwe, sasihlala sihlobisa i-altare lomndeni wethu emadolobheni ahlukehlukene lapho uBaba ayethuthelwa khona yihhovisi lakhe. Kaningi ekuseni nakusihlwa sasithola mina noMama sizindla phambi kwendlu engcwele eyenziwe ngokungemthetho, sinikeza izimbali ezicwiliswe ku-sandalwood paste enephunga elimnandi. Ngenhlaka yempepho ne-mure kanye nokukhulekela kwethu okuhlangene, sasihlonipha ubunkulunkulu obabuboniswe ngokugcwele kuLahiri Mahasaya.

Okwakhe isithombe wayenayo a okudlula ithonya sekuphelile yami impilo. Njengoba Mina yakhula, i umcabango kwe i inkosi ikhule nge mina. Ku- ukuzindla Mina ngabe ngokuvamile bheka yakhe izithombe isithombe vela kusukela yayo encane wathatha uhlaka, wahlala phambi kwami. Lapho ngizama ukuthinta izinyawo zomzimba wakhe okhanyayo, kwakuzoshintsha futhi kube isithombe futhi. Njengoba ubuntwana bungena ebufaneni, ngathola uLahiri Mahasaya okuguquliwe ku yami ingqondo kusukela a okuncane isithombe, i-cribbed ku a uhlaka, ku- a ukuba khona okuphilayo nokukhanyiselayo. Ngangithandaza kuye njalo ngezikhathi zobunzima noma ukudideka, ngithola ngaphakathi kimi isiqondiso sakhe esiduduzayo. Ekuqaleni ngangidabuka ngoba wayengasaphili ngokwenyama. Njengoba ngangiqala ukuze ngithole ukuthi ukhona yonke indawo ngasese, angiphindanga ngakhala. Wayevame ukubhalela labo babafundi bakhe ababelangazelela ukumbona: "Kungani nize nizobona amathambo nenyama yami, ngibe ngiseduze ne- *kutastha yenu* (ukubona ngokomoya)?"

Ngabusiswa cishe ngineminyaka eyisishiyagalombili ngokuphulukiswa okumangalisayo ngesithombe sikaLahiri Mahasaya. Lokhu okuhlangenwe nakho kwaqinisa uthando lwami. Ngesikhathi ngisepulazini lomndeni wethu e-Ichapur, eBengal, ngahlaselwa yi-Asiatic cholera. Impilo yami yayiphelelwe yithemba; odokotela babengakwenza. lutho. Eceleni kombhede wami, uMama wangikhombisa ngokuxhamazela ukuthi ngibheke isithombe sikaLahiri Mahasaya odongeni

olungaphezu kwekhanda lami.

"Mkhothamele ngengqondo!" Wayazi ukuthi ngibuthakathaka kakhulu ngisho nokuphakamisa izandla zami ngimbingelela. "Uma ubonisa ngempela ukuzinikela kwakho futhi uguqe phambi kwakhe ngaphakathi, impilo yakho izosinda!"

Ngabuka isithombe sakhe ngabona lapho ukukhanya okufiphazayo, okumboza umzimba wami kanye nawo wonke umzimba. ekamelweni. Isicanucanu sami nezinye izimpawu ezingalawuleki zanyamalala; ngangiphilile. Ngazizwa nginamandla ngokwanele ukugoba ngithinte izinyawo zikaMama ngibonga ukholo lwakhe olungenakulinganiswa kumfundisi wakhe. Umama wacindezela ikhanda lakhe ngokuphindaphindiwe esithombeni esincane.

"O Ukukhona yonke indawo Nkosi, Mina ngiyabonga wena lokho yakho ukukhanya has welaphekile yami ndodana!"

Ngaqaphela ukuthi naye wayebone umlilo okhanyayo engangilulame ngawo ngokushesha esifweni esasivame ukubangela ukufa.

Enye yezinto zami eziyigugu kakhulu yilesi sithombe esifanayo. Esinikezwe uBaba nguLahiri Mahasaya uqobo, sinokunyakaza okungcwele. Lesi sithombe sasinomsuka oyisimangaliso. Ngizwile indaba kumfundi womfowabo kaBaba, uKali Kumar Roy.

Kubonakala sengathi inkosi yayingathandi ukuthwetshulwa izithombe. Ngesikhathi sokubhikisha kwayo, kwathathwa isithombe seqembu lakhe kanye neqembu labantu abazinikele, okubalwa kubo uKali Kumar Roy. Kwakungumthwebuli wezithombe omangele owathola ukuthi ipuleti elalinezithombe ezicacile zabo bonke abafundi, alizange liveze lutho ngaphandle kwendawo engenalutho phakathi nendawo lapho ayelindele khona ukuthola imidwebo kaLahiri Mahasaya. Lesi simo saxoxwa kabanzi.

Umfundi othile kanye nomthwebuli wezithombe onguchwepheshe, uGanga Dhar Babu, waqhosha ngokuthi lesi sibalo esibalekile ngeke simbalekele. Ngakusasa ekuseni, njengoba isazi sihleli ngesimo se-lotus ebhentshini lokhuni kanye isihlenqo ngemuva kwakhe, uGanga Dhar Babu wafika nemishini yakhe. Ethatha zonke izinyathelo zokuqapha ukuze aphumelele, waveza amapuleti ayishumi nambili ngobugovu. Kulelo nalelo phuzu ngokushesha wathola uphawu lwebhentshi nesikrini sokhuni, kodwa futhi isimo senkosi sasingekho.

Ekhala futhi eqhekezekile, uGanga Dhar Babu wafuna umfundisi wakhe. Kwathatha amahora amaningi ngaphambi kokuba uLahiri Mahasaya aphule ukuthula kwakhe ngokuphawula okukhulelwe:

"Mina ekuseni Umoya. Ithini yakho ikhamera bonakalisa i ukukhona yonke indawo Akubonakali?"

"Ngiyabona ukuthi akunakwenzeka! Kodwa, Mnumzane oNgcwele, ngifisa ngothando isithombe sethempeli elingokwenyama lapho lodwa, embonweni wami omncane, lowo Moya ubonakala uhlala khona ngokugcwele."

"Woza, bese kuthi, kusasa ekuseni. Mina intando ukuma ngoba wena."

Umthwebuli wezithombe waphinde wagxilisa ikhamera yakhe. Kulokhu lesi sithombe esingcwele, esingamboziwe ngendlela engaqondakali, sasibukhali epuleti. Umphathi akazange athathe esinye isithombe; okungenani, angikaze ngibone nesisodwa.

Isithombe siphinde savezwa kule ncwadi. Izici zikaLahiri Mahasaya ezinhle, zabalingisi abadumile, azisho neze ukuthi wayengowaluphi uhlanga. Injabulo yakhe enkulu yokuxhumana noNkulunkulu yembulwa kancane ku- a ngandlela thile

okungaqondakali ukumamatheka. Okwakhe amehlo, ingxenye vula ku- bonisa a igama elijwayelekile isiqondiso kuvuliwe i umhlaba wangaphandle, nawo uvaliwe ingxenye. Engazi nhlobo izithiyo zomhlaba ezibuthakathaka, wayephapheme ngokuphelele ngaso sonke isikhathi ezinkingeni ezingokomoya zabantu abafuna isibusiso sakhe.

Ngemva nje kokuphulukiswa kwami ngamandla esithombe somfundisi, ngaba nombono ongokomoya onethonya. Ngihlezi embhedeni wami ngolunye usuku ekuseni, ngacabanga kakhulu.

"Yini ebangela ubumnyama bamehlo avaliwe?" Lo mcabango ohlodayo wafika ngamandla engqondweni yami. Ukukhanya okukhulu kwabonakala ngokushesha emehlweni ami angaphakathi. Izimo zobuNkulunkulu zabangcwele, behleli esimweni sokuzindla emihumeni yasezintabeni, zakhiwe njengezithombe ezincane zebhayisikobho ku-

isihenqo esikhulu sokukhanya ebunzini

lami. "Ungubani?" Ngakhuluma

ngokuzwakalayo.

"Singama-yoga aseHimalaya." Impendulo yasezulwini kunzima ukuyichaza; inhliziyo yami yayijabule kakhulu.

"Ah, ngilangazelela ukuya eHimalaya ngibe njengawe!" Umbono wanyamalala, kodwa imisebe yesiliva yanda ngezindilinga ezikhula njalo zaze zaba phakade.

"Ini kuyinto lokhu kuyamangalisa ukukhanya?"

"Ngingum-Iswara. **1-11** Ngingukukhanya." Izwi lalifana

namafu akhonondayo. "Ngifuna ukuba munye nawe!"

Ekuncipheni kancane kancane kwenjabulo yami yaphezulu, ngathola ifa elihlala njalo lokuphefumulelwa lokufuna uNkulunkulu. "Uyinjabulo yaphakade, ehlala isha!" Le nkumbulo yaqhubeka isikhathi eside ngemva kosuku lokuhlwithwa.

Esinye isikhumbuzo sasekuseni siyamangalisa; futhi empeleni kunjalo, ngoba ngithwele isilonda kuze kube namuhla. Mina nodadewethu omdala u-Uma sasihleli ekuseni kakhulu ngaphansi komuthi *we-neem* endaweni yethu yaseGorakhpur. Wayengisiza nge-Bengali primer, isikhathi engangingasibona ngaso ama-parrot aseduze edla izithelo ze-margosa ezivuthiwe. U-Uma wakhala ngamathumba emlenzeni wakhe, walanda imbiza yamafutha. Ngagcoba umuthi omncane engalweni yami.

"Kungani yenza wena sebenzisa umuthi kuvuliwe a enempilo ingalo?"

"Kulungile, Dadewethu, nginomuzwa wokuthi ngizoba namathumba kusasa. Ngizohlola amafutha akho lapho kuzovela khona amathumba."

"Wena okuncane umqambimanga!"

"Sis, ungakwenzi shayela mina a umqambimanga kuze kube wena bheka ini kwenzeka ku i ekuseni." Ukucasuka kugcwaliwe mina.

U-Uma wayengajabule, futhi waphinda kathathu ukugcona kwakhe. Isinqumo esiqinile sazwakala ezwini lami njengoba ngangiphendula kancane.

"Ngamandla entando yami, ngithi kusasa ngizoba namathumba amakhulu kakhulu kule ndawo ngqo engalweni yami; futhi amathumba *akho* azovuvukala abe kabili ngobukhulu bawo bamanje!"

Ekuseni ngazithola ngibilisiwe kakhulu endaweni ebonisiwe; ubukhulu belibi lika-
Uma babuphindwe kabili. Ngokukhala okukhulu, udadewethu wagijimela kuMama.
"UMukunda usephenduke umuntu obhula ngemimoya!" Ngokujulile, uMama
wangiyala ukuthi ngingalokothi ngisebenzise amandla amazwi ukwenza okubi.
Bengilokhu ngikhumbula iseluleko sakhe, futhi ngasilandela.

Okwami bilisa kwakuyi ngokuhlinzwa welashwe. A okubonakalayo isilonda,
kwesobunxele ngu i udokotela ukusikwa, kuyinto samanje namuhla. Kuvuliwe

yami kwesokudla ingalo kuyinto a okungaguquki isikhumbuzo kwe i amandla ku indoda okumsulwa izwi.

Lezo zinkulumo ezilula nezibonakala zingenangozi ku-Uma, ezazikhulunywa ngokugxila okujulile, zazinamandla anele afihliwe okuqhuma njengamabhomu futhi zikhqiize imiphumela eqondile, nakuba ilimaza. Kamuva, ngaqonda ukuthi amandla okudlidliza aqhumayo enkulumweni angaqondiswa ngokuhlakanipha ukuze akhulule impilo yomuntu ebunzimeni, ngaleyo ndlela asebenze ngaphandle kwesibazi noma ukusolwa. **1-12**

Umndeni wethu wathuthela eLahore ePunjab. Lapho ngathola khona isithombe sikaMama Ongcwele ngesimo sikaNkulunkulukazi uKali. **1-13** Kwangcwelisa indawo encane engcwele engakahleleki ebalcony yekhaya lethu. Ngafikelwa ukuqiniseka okungenakuphikiswa kokuthi ukugcwaliseka kwakuzogqamisa noma yimiphi imithandazo yami engiyisho kuleyo ndawo engcwele. Ngimi lapho no-Uma ngolunye usuku, ngabuka ama-kite amabili endiza phezu kophahla lwezakhiwo ngakolunye uhlangothi lomgwaqo omncane kakhulu.

"Kungani kukhona wena ngakho-ke "Thula?" Uma kucindezelwe mina ngokudlala.

"Ngicabanga nje ukuthi kumnandi kanjani ukuthi uMama oNgcwele

unginika noma yini engiyicelayo." "Ngicabanga ukuthi angakunika lawo

ma-kite amabili!" Udadewethu wahleka ngokuhleka usulu.

"Kungani akunjalo?" Mina kwaqala ukuthula imithandazo ngoba yabo ukuba nelungelo.

Imidlalo idlalelwa eNdiya ngama-kite anezintambo ezimbozwe ngeglue kanye nengilazi egayiwe. Umdlali ngamunye uzama ukunqamula intambo yomphikisi wakhe. Ikhayithi elikhululiwe liyahamba phezu kophahla; kumnandi kakhulu ukulibamba. Njengoba mina no-Uma sasisebhalkhoni, kwakubonakala kungenakwenzeka ukuthi noma yiliphi ikhayithi elikhululiwe lingafika ezandleni zethu; intambo yalo yayizolenga ngokwemvelo phezu kophahla.

Abadlali ngaphesheya komzila baqala umdlalo wabo. Intambo eyodwa yasikwa; ngokushesha ikhayithi yantanta ngakimi. Yahlala isikhashana, ngenxa yomoya opholile ngokuzumayo, okwathi Kwanele ukubamba intambo ngokuqinile ngesitshalo se-cactus phezu kwendlu engaphesheya. Kwakheka iluphu ephelele yokubanjwa kwami. Nganikeza umklomelo ku-Uma.

"Bekuyingozi nje engavamile, futhi akuyona impendulo yomthandazo wakho. Uma elinye ikhayithi liza kuwe, ngizokholwa." Amehlo amnyama kaDade ayeveza

ukumangala okukhulu kunamazwi akhe.

Ngaqhubeka nemithandazo yami ngamandla amakhulu. Ukudonswa ngenkani ngomunye umdlali kwaholela ekulahlekelweni yikhayithi yakhe ngokuzumayo. Yaqonda kimi, idansa emoyeni. Umsizi wami osizayo, isitshalo se-cactus, waphinde wabamba intambo yekhayithi esilungwini esidingekayo ukuze ngiyibambe. Nganikeza u-Uma indebe yami yesibili.

"Ngempela, uMama oNgcwele uyakulalela! Lokhu kuyamangalisa kakhulu kimi!"
UDade wasuka ngokushesha njengethole elithukile.

1-2 : Okungokomoya uthisha; kusukela IsiSanskrit impande *gu r*, ku- ukukhuphula, ku- ukukhushulwa.

1-3 : A uchwepheshe kwe i-yoga, "inyunyana," yasendulo IsiNdiya isayensi kwe ukuzindla kuvuliwe UNkulunkulu.

1-4 : Okwami igama kwakuyi kushintshiwe ku- I-Yogananda nini Mina kungeniwe i yasendulo indlu yezindela IsiSwami I-oda ku 1914. Okwami uchwepheshe wanginika isiqu senkolo esithi *Paramhansa* ngo-1935 (bheka izahluko 24 kanye no 42).

1-5 : Ngokwesiko, i okwesibili isigaba kwe amaqhawe futhi ababusi.

1-6 : Lokhu yasendulo ama-epic kukhona i inqwaba yempahla kwe I-India umlando, izinganekwane, futhi ifilosofi. I-An "Okwabantu bonke "Umtapo Wezincwadi" ivolumu,

.I-Ramayana futhi I-Mahabharata , kuyinto a ukujiya ku IsiNgisi ivesi ngu URomesh I-Dutt (Okusha I-York: E. P. Dutton)

1-7 : Le nkondlo enhle yesiSanskrit, evela njengengxenywe ye- epic *yeMahabharata* , yiBhayibheli lamaHindu. Inguqulo yesiNgisi enobunkondlo kakhulu yincwadi ka-Edwin Arnold ethi *The Song Celestial* (ePhiladelphia: David McKay, amasenti angu-75). Enye yezinguqulo ezinhle kakhulu nge okuningiliziwe ukuphawula kuyinto IsiSri I-Aurobindo's *Umlayezo Of I I-Gita* (I-Jupiter Cindezela, 16 I-Semudoss St., IMadras, eNdiya, \$3.50).

1-8 : *UBabu* (Mnumzane) kuyinto kubekwe ku IsiBengali amagama ku- i ukuphela.

1-9 : I okumangalisayo amandla uphethwe yizigebengu ngu kuhle kakhulu amakhosi kukhona kuchaziwe ku isahluko 30 , "I-Umthetho kwe Izimangalisano."

1-10 : A i-yogic ubuchwepheshe lapho i imizwa isiphithiphithi kuyinto ethulisiwe, ukuvumela indoda ku- finyelela i okwanda njalo ubuwena ngokwazi indawo yonke. (Bheka isahluko 26 .)

1-11 : A IsiSanskrit igama ngoba UNkulunkulu njengoba Umbusi kwe i indawo yonke; kusukela i impande *Ingabe* , ku-umthetho. Lapho kukhona 108 amagama ngoba UNkulunkulu ku imibhalo yamaHindu, ngayinye inencazelo ehlukelele yefilosofi.

1-12 : I okungenamkhawulo amandla kwe umsindo thola kusukela i Ukudala Izwi, *I-Aum* , i indawo yonke okudlidlizayo amandla ngemuva konke amandla e-athomu. Noma yiliphi igama elikhulunywa ngokuqonda okucacile kanye nokugxila okujulile linenani elibonakalayo. Ukuphindaphinda okukhulu noma okuthule kwe ugqozi amagama ine ube kutholakale kuyasebenza ku UbuCoueism futhi okufanayo izinhlelo kwe ukwelashwa kwengqondo; i imfihlo amanga ku ukunyusa kwe i ingqondo okudlidlizayo isilinganiso. I imbongi I-Tennyson ine kwesobunxele thina, ku yakhe *Izikhumbuzo* , i i-akhawunti kwe yakhe ithuluzi eliphindaphindayo lokudlulisa ngale kwengqondo eqondayo iye ekuqondeni okungaphezu kwamandla:

Uhlobo oluthile lokuvuka—lokhu ngenxa yokuntuleka kwegama elingcono—ebengilokhu nginalo, kusukela "ngiseyengane, lapho bengingedwa," kubhala uTennyson. "Lokhu kungifikele ngokuphindaphinda *igama* lami buthule, kwaze kwaba yilapho konke ngesikhathi esisodwa, njengokungathi ngenxa yokuqina kokuqaphela ubuntu, ubuntu ngokwabo bubonakala buncibilika futhi bunyamalala." okungenamkhawulo ukuba, futhi lokhu hhayi a udidekile isimo kodwa i kucace kakhulu, i isiqiniseko kwe i isiqiniseko, ngokuphelele ngale amazwi—lapho ukufa kwakuyinto engenakwenzeka cishe ehlekisayo—ukulahlekelwa ubuntu (uma kunjalo) kubonakala sengathi akupheli, kodwa kuwukuphela kokuphila kwangempela." Waqhubeka wabhala: "Akuyona into exakile, kodwa isimo sokumangala ".okungaphezu kokuvamile, esihlotshaniswa nokucaca kwengqondo okuphelele

1-13 : I-Kali kuyinto a uphawu kwe UNkulunkulu ku i isici kwe okuphakade Umama Imvelo.

Okwami Umama Ukufa Futhi I Imfihlakalo I-Amulet

Okwami kamama omkhulu kunabo bonke isifiso kwakuyi i umshado kwe yami umdala umfowethu. "Ah, nini Mina bheka i ubuso kwe

Mka-Ananta, ngizothola izulu kulo mhlaba!" Ngangivame ukuzwa uMama eveza ngala mazwi imizwa yakhe enamandla yamaNdiya yokuqhubeka komndeni.

Ngangineminyaka engaba yishumi nanye ubudala ngesikhathi sokuthembisana kuka-Ananta umshado. Umama wayeseCalcutta, eqondisa ngenjabulo amalungiselelo omshado. Mina noBaba sasala sodwa ekhaya lethu eBareilly enyakatho yeNdiya, lapho ubaba athuthela khona ngemva kweminyaka emibili eLahore.

Ngaphambilini ngangibone ubuhle bemicikilisho yomshado wodadewethu ababili abadala, uRoma no-Uma; kodwa ngo-Ananta, njengendodana endala, izinhlelo zaziyingimbinkimbi ngempela. Umama wayemukela izihlobo eziningi, nsuku zonke zifika eCalcutta zivela emakhaya akude. Wazihlalisa kahle endlini enkulu, esanda kuthengwa e-50 Amherst Street. Konke kwakusekulungele—izibiliboco zedili, isihlalo sobukhosi sobungqingili lapho uMfowethu ayezothwalwa khona aye ekhaya lomlobokazi, imigqa yezibani ezimibalabala, izindlovu ezinkulu zekhadibhodi namakamela, ama-orchestra aseNgilandi, aseScotland naseNdiya, abahlabeleli abangochwepheshe, abapristi bemicikilisho yasendulo.

Mina noBaba, sinomoya wokugubha umkhosi, sasihlela ukujoyina umndeni ngesikhathi somcimbi. Nokho, ngaphambi nje kosuku olukhulu, ngaba nombono osabekayo.

KwakuseBareilly phakathi kwamabili. Njengoba ngangilele eceleni kukaBaba e-piazza yendlu yethu encane, ngavuswa ukuzulazula okungavamile kwenethi yomiyane phezu kombhede. Amakhethini abuthakathaka ahlukana futhi ngabona isimo sikamama esithandekayo.

"Vusa uyihlo!" Izwi lakhe lalimane lihlebeza. "Gibela isitimela sokuqala esitholakalayo, ngehora lesine ekuseni. Shesha uye eCalcutta uma ungangibona!" Umuntu onjengoboya wanyamalala.

"Baba, Baba! Umama uyafa!" Ukwesaba okukhulu ngezwi lami kwamvusa ngokushesha. Ngakhala kakhulu ngezindaba ezibuhlungu.

"Ungakhathazeki ngalokho kucabanga kwakho okungaqondile." Ubaba wanikeza ukuphika kwakhe okuphawulekayo esimweni esisha. "Umama wakho usempilweni enhle kakhulu. Uma sithola noma yiziphi izindaba ezimbi, sizohamba kusasa."

"Awusoze wazithethelela ngokungaqali manje!" Usizi lwangenza nganezela kabuhlungu, "Futhi angisoze ngakuthethelela!"

Ukusa okudabukisayo kwafika namazwi acacile: "Umama ugula kakhulu; umshado uhlehliwiwe; woza ngokushesha."

Mina noBaba sahamba siphazamisekile. Omunye womalume bami wasihlangabeza

endleleni endaweni yokushintshela. Isitimela saduma kakhulu saya kithi, sisondela ngokukhula kwe-telescopic. Kusukela ekuphazamisekeni kwami kwangaphakathi, kwavela ukuzimisela okungazelelwe kokuziphonsa emzileni wesitimela. Njengoba ngangivele ngilahlekelwe umama, ngangingeke ngikwazi ukubekezelela izwe elingenalutho ngokungazelelwe. Ngangimthanda uMama njengomngane wami othandekayo emhlabeni. Amehlo akhe amnyama aduduzayo ayeyisiphephelo sami esiqinisekile ezinhlekeleleni ezincane zobuntwana.

"Ingabe yena okwamanje bukhoma? Mina kumisiwe ngoba eyodwa okokugcina umbuzo ku- yami umalume.

"Yebo uyaphila!" Akazange aphuze ukuchaza ukuphelelwa yithemba ebusweni bami. Kodwa angizange ngimkholwe.

Lapho sifika ekhaya lethu eCalcutta, kwakuwukubhekana nemfihlakalo emangalisayo yokufa. Ngawa ngacishe ngafa. Kwadlula iminyaka ngaphambi kokuba noma yikuphi ukubuyisana kungene enhliziyweni yami. Ngingena emasangweni asezulwini, ukukhala kwami ekugcineni kwabiza uMama Ongcwele. Amazwi akhe aletha ukuphulukiswa kokugcina emanxebeni ami abuhlungu:

"Yimi engikuqaphile, impilo ngemva kokuphila, ngesisa somama abaningi! Bheka emehlweni ami amehlo amabili amnyama, amehlo amahle alahlekile, uyawafuna!"

Mina noBaba sabuyela eBareilly ngokushesha ngemva kwemikhosi yokushisa izidumbu zabathandekayo. Njalo ekuseni ngangihamba uhambo oludabukisayo lokukhumbula isihlahla esikhulu *se-sheoli* esasimboze utshani obubushelelezi, obuluhlaza okwesibhakabhaka phambi kwendlu yethu yokuhlala. Ngezikhathi zokubhala izinkondlo, ngangicabanga ukuthi izimbali *ze-sheoli ezimhlophe* zazizisakaze ngokuzinikela ngokuzithandela phezu kwe-altare elinotshani. Ngixuba izinyembezi namazolo, ngangivame ukubona ukukhanya okungavamile okuvela entathakusa. Ubuhlungu obukhulu bokulangazelela uNkulunkulu bangihlasela. Ngazizwa ngidonseleka kakhulu ezintabeni zaseHimalaya.

Omunye wabazala bami, owayesanda kuqeda ukuhamba emagqumeni angcwele, wasivakashela eBareilly. Ngalalela izindaba zakhe ngentshiseko mayelana nendawo yokuhlala yama-yogi nama-swami ezintabeni eziphakeme. **2-1**

"Masibaleke siye eHimalaya." Isiphakamiso sami ngolunye usuku kuDwarka Prasad, indodana encane yomnikazi wendawo yethu eBareilly, sawela ezindlebeni ezingenazwela. Wembula icebo lami kumfowethu omdala, owayesanda kufika ukuzobona ubaba. Esikhundleni sokuhleka kancane ngaleli cebo elingasebenzi lomfana omncane, u-Ananta wakwenza kwaba yinto eqondile ukungihleka usulu.

"Kuphi kuyinto yakho iwolintshi ingubo? Wena angikwazi yiba a i-swami ngaphandle lokho!"

Kodwa amazwi akhe angijabulisa ngendlela engachazeki. Aletha isithombe esicacile sami ngizulazula eNdiya njengendela. Mhlawumbe avusa izinkumbulo zempilo yangaphambilini; noma kunjalo, ngaqala ukubona ukuthi ngizogqoka kalula kangakanani izingubo zalolo hlelo lwezindela olwalusungulwe kudala.

Ngelinye ilanga ngixoxa noDwarka ekuseni, ngezwa uthando ngoNkulunkulu luhla ngamandla okukhukhula kwezulu. Umngane wami wayenaka kancane inkulumo eyalandela, kodwa mina ngangizilalele ngenhliziyo yonke.

Ngabaleka ntambama ngalolo suku ngaya eNaini Tal emagqumeni aseHimalaya. U-

Ananta waxosha ngokuzimisela; Ngaphoqeleka ukubuyela eBareilly ngokudabukisayo. Uhambo lokuya eBareilly kuphela olwaluvunyelwe kwakuyilolo olujwayelekile ekuseni oluya esihlahleni *se-sheoli* . Inhliziyo yami yakhala ngenxa yoMama abalahlekile, abangabantu nabangcwele.

Imali yokuqasha eyashiywa emndenini ngokushona kukaMama yayingenakulungiseka. UBaba akazange aphinde ashade phakathi neminyaka yakhe ecishe ibe ngamashumi amane esele. Ecabanga ngendima enzima yokuba uBaba-Mama emhlambini wakhe omncane, wakhula waba nomusa kakhulu, wangeneka kalula. Ngokuzola nokuqonda, waxazulula izinkinga ezahlukahlukene zomndenini. Ngemva kwamahora ehhovisi wathatha umhlalaphansi njengesiboshwa esisele ekamelweni lakhe, eqhuba *i-Kriya Yoga* ngokuthula okumnandi. Esikhathini eside ngemva kokushona kukaMama, ngazama ukuzibandakanya nomuntu osebenza naye.

Umdlengikazi waseNgilandi ukuze anakekele imininingwane ezokwenza impilo yomzali wami ibe ntofontofo. Kodwa uBaba wanikina ikhanda.



Okwami Umama

A Umfundi kwe IsiLahiri IsiMahasaya

"Inkonzo kimi iphele ngonyoko." Amehlo akhe ayekude ngokuzinikela kwakhe impilo yakhe yonke. "Ngeke ngamukele ukukhonzwa komunye wesifazane."

Ngemva kwezinyanga eziyishumi nane umama eshonile, ngezwa ukuthi ungishiyele umyalezo obalulekile. U-Ananta wayekhona embhedeni wakhe wokufa futhi wayeqophe amazwi akhe. Nakuba ayecela ukuthi lokhu kudalulwe kimi ngemva konyaka owodwa, umfowethu waphuza. Wayezohamba eBareilly aye eCalcutta, ukuyoshada nentombazane uMama ayemkhethele yona. 2-2 Ngobunye ubusuku wangibiza ukuba ngibe seceleni kwakhe.

"Mukunda, bengilokhu ngingabaza ukukunikeza izindaba ezingavamile." Izwi lika-Ananta lalinombhalo wokwesula. "Ukwesaba kwami kwakuwukuvusa isifiso sakho sokuhamba ekhaya. Kodwa noma kunjalo ugcewele intshiseko yaphezulu. Ngesikhathi ngikubamba muva nje endleleni eya eHimalaya, ngafika esinqumweni esiqinisekile. Akufanele ngiqhubeka nokuhlehlisa ukugcwaliseka kwesithembiso sami esiqinile." Umfowethu wanginika ibhokisi elincane, wahambisa umyalezo kamama.

"La mazwi mawabe yisibusiso sami sokugcina, ndodana yami ethandekayo Mukunda!" kusho umama. "Sesifikile isikhathi lapho kufanele ngilandise khona

izenzakalo eziningi ezimangalisayo ngemva kokuzalwa kwakho. Ngaqala ukwazi indlela yakho oyimiselwe ngesikhathi usengumntwana ezingalweni zami. Ngakuthwala ngaya ekhaya lomfundisi wami eBenares. Cishe ngicashe ngemuva kwesixuku sabafundi, ngangingakwazi ukumbona kahle uLahiri Mahasaya njengoba ehleli ecabanga ngokujulile.

"Ngesikhathi ngikuphulula, bengithandaza ukuthi umfundisi omkhulu aqaphele futhi akunike isibusiso. Njengoba isidingo sami sokuthandaza buthule sikhula ngamandla, wavula amehlo akhe wangibiza ukuthi ngisondele. Abanye bangenzela indlela; ngakhothama ezinyaweni ezingcwele. Inkosi yami yakubeka emathangeni ayo, yabeka isandla sayo ebunzini lakho ngendlela yokukubhaphatha ngokomoya."

"Mama omncane, indodana yakho izoba yi-yogi. Njengenjini yokomoya, izothwala imiphefumulo eminingi iye embusweni kaNkulunkulu."

"Inhliziyo yami yagxuma ngenjabulo ukuthola umthandazo wami oyimfihlo unikezwa yisazi sezinto zonke. Ngaphambi nje kokuzalwa kwakho, wayengitshele ukuthi uzolandela indlela yakhe."

"Kamuva, ndodana yami, umbono wakho woKukhanya Okukhulu waziwa yimi nodadewenu uRoma, njengoba sisegumbini elilandelayo sakubona unganyakazi embhedeni. Ubuso bakho obuncane babukhanyisiwe; izwi lakho kwakhala ngokuzimisela okukhulu njengoba ukhuluma ngokuya eHimalaya uyofuna uNkulunkulu."

"Ngalezi zindlela, ndodana ethandekayo, ngathola ukuthi indlela yakho ikude kakhulu nezifiso zomhlaba. Isenzakalo esiyinqayizivele kakhulu empilweni yami saletha isiqinisekiso esengeziwe - isenzakalo manje esishukumisa umyalezo wami wosuku lokufa."

"Kwakuyingxoxo nesazi ePunjab. Ngesikhathi umndeni wethu uhlala eLahore, ngolunye usuku ekuseni inceku yangena ngokushesha ekamelweni lami."

"Nkosikazi, a okungajwayelekile *i-sadhu* 2-3 kuyinto lapha. Yena uphikelela lokho yena "bheka i umama kwe "Mukunda."

"La mazwi alula angithinta kakhulu; ngahamba ngokushesha ngayobingelela isivakashi. Ngikhothama ezinyaweni zakhe, ngezwa ukuthi phambi kwami kwakukhona umuntu kaNkulunkulu weqiniso."

"Mama,' esho, 'amakhosi amakhulu afisa ukwazi ukuthi ukuhlala kwakho emhlabeni ngeke kube isikhathi eside. Ukugula kwakho okulandelayo kuzoba okokugcina kwakho.' 2-4 Kwaba nokuthula, lapho angizange ngizizwe ngikhathazekile kodwa ngangizwa kuphela ukudlidliza kokuthula okukhulu. Ekugcineni wangiphendula futhi:

"Kumelwe ube ngumgcini wesipho esithile sesiliva. Ngeke ngikunike sona namuhla; ukuze ngibonise iqiniso ngamazwi ami, isipho sizobonakala ezandleni zakho kusasa njengoba uzindla. Lapho usufile, kufanele ufundise indodana yakho endala u-Ananta ukuba agcine isipho unyaka owodwa bese esinikela endodaneni yakho yesibili."

UMukunda uzoqonda incazelo yesipho esivela kwabakhulu. Kufanele asithole cishe ngesikhathi esekulungele ukulahla wonke amathemba ezwe futhi aqale ukufuna kwakhe uNkulunkulu okubalulekile. Lapho esesigcinile isipho iminyaka ethile, futhi lapho sesifeze injongo yaso, sizonyamalala. Ngisho noma sigcinwe endaweni eyimfihlo kakhulu, sizobuya lapho sivela khona.'

"Nginikeze izipho **2-5** kungcwele, futhi wakhothama phambi kwakhe ngenhlonipho enkulu. Engawuthathi umnikelo, wahamba nesibusiso. Ngobusuku obulandelayo, njengoba ngangihleli ngigoqe izandla ngizindla, intelezi yesiliva yabonakala phakathi kwezintende zezandla zami, njengoba nje i -*sadhu* yayithembisile. Yazenza yaziwe ngu a umkhuhlane, bushelelezi ukuthinta. Mina babe ngomona kuqashwe yona ngoba Okuningi kunokuba ezimbili iminyaka, futhi manje yishiyele ku-Ananta. Ungangikhaleli, njengoba ngizobe ngiholwa ngumfundisi wami omkhulu.

ku- i izingalo kwe i Okungenamkhawulo. Sala kahle, yami ingane; i I-Cosmic Umama intando vikela wena."

Ukukhanya kwangifikela ngiphethe i-amulet; kwavuka izinkumbulo eziningi ezilele. I-amulet, eyindilinga futhi yakudala, yayigcwele abalingiswa besiSanskrit. Ngaqonda ukuthi yayivela kubafundisi bezimpilo zangaphambilini, ababegondisa izinyathelo zami ngokungabonakali. Kwakukhona okunye ukubaluleka okwakukhona, ngempela; kodwa umuntu akavezi ngokugcwele inhliziyi ye-amulet.

Indlela i-talisman eyanyamalala ngayo ekugcineni phakathi kwezimo ezingathandeki kakhulu empilweni yami; nokuthi ukulahlekelwa kwayo kwaba yisibonakaliso senzuzo yami njengochwepheshe, akunakulandiswa kulesi sahluko.

Kodwa umfana omncane, evinjwe imizamo yakhe yokufinyelela ezintabeni zaseHimalaya, wayehamba nsuku zonke ibanga elide ngamaphiko entelezi yakhe.

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2-1 : IsiSanskrit impande incazelo kwe *i-swami* kuyinto "yena I-WHO kuyinto eyodwa nge yakhe Mina (*Swa*)."
Kusetshenzisiwe ku- a ilungu kwe i IsiNdiya i-oda Kwababusi, lesi sihloko sihlonishwa ngokusemthethweni "ngumfundisi."

2-2 : I IsiNdiya ngokwezifiso, lapho abazali khetha i umlingani wokuphila ngoba yabo ingane, ine ukumelana i okucacile ukuhlaselwa kwe isikhathi. Iphesenti liphezulu lemishado yamaNdiya ejabulisayo.

2-3 : I-An i-anchorite; eyodwa I-WHO ulandela a *i-sadhana* noma indlela kwe ngokomoya isiyalo.

2-4 : Nini Mina kutholakale ngu lokhu amagama lokho Umama wayenayo uphethwe yizigebengu imfihlo ulwazi kwe a okufushane impilo, Mina kuyaqondakala ngoba okokuqala isikhathi kungani yena wayenayo ube ophikelelayo kuvuliwe ukusheshisa i izinhlelo ngoba I-Ananta's umshado. Noma kunjalo yena washona ngaphambi i emshadweni, isifiso sakhe semvelo sobumama kwakuwukubona amasiko.

2-5 : A ngokwesiko isenzo kwe inhlonipho ku- *ama-sadhus* .

ISAHLUKO: 3

I uSanta Nge Okubili Imizimba

"Baba, uma Mina isithembiso ku- ukubuya ikhaya ngaphandle ukuphoqeletwa, kungenzeka Mina thatha a ukubona izinto uhambo ku- "Benares?"

Uthando lwami olukhulu lokuhamba lwalungavamile ukuvinjelwa ubaba.
Wayengivumela, ngisho ngisengumfana nje, ukuba ngivakashele amadolobha

amaningi nezindawo zokuhambela. Ngokuvamile oyedwa noma ngaphezulu wabangane bami wayengiphelezela; sasihamba ngokunethezeka ngamapasi asezingeni eliphezulu ayenikezwe ubaba. Isikhundla sakhe njengesikhulu sesitimela sasibajabulisa kakhulu abantu abazulazulayo emndenini.

Ubaba wathembisa ku- nikeza yami isicelo kufanele ukucabangela. I Olandelayo usuku yena kubizwe mina futhi kubanjwe

phandle a uhambo olujikelezayo iphasi kusukela Bareilly ku- Benares, a inombolo kwe i-rupee amanothi, futhi ezimbili izincwadi.

"Nginendaba yebhizinisi engifuna ukuyicela kumngane waseBenares, uKedar Nath Babu. Ngeshwa ngilahlekelwe ikheli lakhe. Kodwa ngikholwa ukuthi uzokwazi ukuthola le ncwadi kuye ngomngane wethu ovamile, uSwami Pranabananda. I-swami, umfundi womfowethu, isifinyelele izinga eliphakeme ngokomoya. Uzozuza ngokuba naye; leli nothi lesibili lizoba yisethulo sakho."

OkukaBaba amehlo ukukhazimula njengoba yena wanezela, "Ingqondo, cha Okuningi izindiza kusukela ekhaya!"

Ngahamba ngijabule kakhulu ngeminyaka yami eyishumi nambili (nakuba isikhathi singakaze sinciphise injabulo yami ngezicawu ezintsha nobuso obungajwayelekile). Ngifika eBenares, ngaya ngokushesha endlini kaSwami. Umnyango wangaphambili wawuvulekile; ngaya ekamelweni elide, elifana nehholo esitezi sesibili. Indoda ekhuluphele, egqoke indwangu nje, yayihleli ngesimo se-lotus epulatifomu ephakanyisiwe kancane. Ikhandu layo nobuso obungenamibimbi kwakugundwe kahle; ukumamatheka okuhle kwakudlala ezindebeni zayo. Ukuze aqede ukucabanga kwami kokuthi ngingenele, wangibingelela njengomngane wakudala.

" *Baba anand* (injabulo kothandekayo wami)." Ukwamukelwa kwakhe kwanikezwa ngenhliziyo yonke ngezwi elinjengelengane. Ngaguqa ngathinta izinyawo zakhe.

"Ingabe wena IsiSwami "UPranabananda?"

Wangekuzisa ikhandu. "Uyindodana kaBhagabati?" Amazwi akhe aphuma ngaphambi kokuba ngithole isikhathi sokukhipha incwadi kaBaba ephaketheni lami. Ngimangele, ngamnikeza incwadi yesethulo, manje eyayibonakala ingadingekile.

"Yebo ngizokutholela uKedar Nath Babu." Lo saint waphinde wangimangaza ngobuhlakani bakhe. Wabheka incwadi, wabe esebhekisela kumzali wami ngezindlela ezimbalwa zothando.

"Uyazi, ngijabulela impesheni ezimbili. Enye ingokwesincomo sikayihlo, engake ngamnika sona." kusebenze ku i isitimela ihhovisi. I okunye kuyinto ngu i isincomo kwe yami Ezulwini Baba, engiyiqedele ngobuqotho imisebenzi yami yasemhlabeni empilweni yami."

Ngithole lokhu kungacacile. "Hlobo luni lwempesheni, mnumzane, oluthola kuBaba osezulwini? Ingabe ubeka imali emathangeni akho?"

Wahleka. "Ngisho impesheni yokuthula okungenamkhawulo - umvuzo weminyaka eminingi yokuzindla okujulile. Angikaze ngifise imali manje. Izidingo zami ezimbalwa zezinto ezibonakalayo zinakekelwa ngokwanele. Kamuva uzoqonda ukubaluleka

kwempesheni yesibili."

Ngokungazelelwe, ungwele wathula kakhulu. Umoya ofana ne-sphinx wammboza. Ekuqaleni amehlo akhe akhazimula, sengathi ubona okuthile okuthakazelisayo, wabe eseba mnyama. Ngazizwa nginamahloni ngokukhuluma kwakhe; wayengakangitsheli ukuthi ngingahlangana kanjani nomngane kaBaba. Ngokungakhululeki, ngabuka nxazonke zami egumbini elingenalutho, elingenalutho ngaphandle kwethu sobabili. Ukubuka kwami okungenzi lutho kwabona izimbadada zakhe zokhuni, ezilele ngaphansi kwesihlalo sepulatifomu.

"Mnumzane omncane, **3-1** ungakhathazeki. Indoda ofisa ukuyibona izobe inawe ngemva kwemizuzu engamashumi amathathu." I-yogi yayingifunda engqondweni—into engenzima kangako okwamanje!

Waphinde wathula ngendlela engaqondakali. Iwashi lami langitshela ukuthi sekudlule imizuzu engamashumi amathathu. I-swami yavuka. "Ngicabanga ukuthi uKedar Nath Babu usondela emnyango."

Ngezwa othile ekhuphuka izitebhisi. Kwavela ukungaqondi okumangazayo; imicabango yami yagijima ngokudideka: "Kungenzeka kanjani ukuthi umngane kaBaba abizelwe kule ndawo ngaphandle kosizo lwesithunywa? I-swami ayikhulumanga namuntu ngaphandle kwami selokhu ngifika !"

Ngaphuma ngokushesha ekamelweni ngehla ngezitebhisi. Phakathi nendawo ngahlangana nendoda encane, enesikhumba esimhlophe nende phakathi. Yayibonakala sengathi ishesha.

"Ingabe wena IKedari uNath "Babu?" Injabulo umbala yami izwi.

"Yebo. Awuyena yini indodana kaBhagabati obelokhu elinde lapha ukuzongihlangabeza?" Wamomotheka ngendlela enobungane .

"Mnumzane, Kanjani yenza wena kwenzeke ku- woza lapha?" Mina umuzwa ngididekile intukuthelo sekuphelile yakhe okungachazeki ukuba khona.

"Konke kuyimfihlakalo namuhla! Kungakapheli nehora elilodwa ngisanda kuqeda ukugeza eGanges lapho IsiSwami I-Pranabananda wasondela mina. Mina babe cha umqondo Kanjani yena wayazi Mina kwakuyi Lapho ku- lokho isikhathi.

"Indodana kaBhagabati ikulindile efulethini lami,' esho. 'Uzohamba nami?' Ngavuma ngenjabulo. Njengoba sasiqhubeka sibambene ngezandla, i-swami egqoke izimbadada zayo zokhuni yakwazi ukungidlula ngendlela exakile, yize ngangigqoke lezi zicathulo zokuhamba eziqinile.

"Kuzokuthatha isikhathi esingakanani ukufika kwami?' UPranabanandaji wavele wama ukungibuza lo mbuzo.

"Mayelana ingxenye i ihora.'

"Kukhona okunye engingakwenza njengamanje.' Wangibheka ngendlela engaqondakali. 'Kumelwe ngikushiye ngemuva. Ungangijoyina endlini yami, lapho mina nendodana kaBhagabati sizokulinda khona.'

"Ngaphambi kokuba ngikwazi ukuzisola, wangidlula ngokushesha wanyamalala

esixukwini. Ngihambe lapha ngokushesha okukhulu."

Lokhu incazelo kuphela kwanda yami ukudideka. Mina kubuza Kanjani bude yena wayenayo kwaziwa i swami.

"Sihlangane izikhathi ezimbalwa ngonyaka odlule, kodwa hhayi muva nje. Ngijabule kakhulu ukumbona futhi namuhla e-bathroom *ghat*."

"Mina ayikwazi kholwa yami izindlebe! Am Mina ukulahlekelwa yami ingqondo? Ingabe wena hlangana yena ku a umbono, noma wenza wena empeleni

bheka yena, ukuthinta yakhe isandla, futhi zwa i umsindo kwe yakhe "Izinyawo?"

"Angazi ukuthi ushayelani!" Wathukuthela kakhulu. "Angikuqambi amanga. Awuqondi ukuthi ngikwazile ukwazi ukuthi ungilinde kule ndawo ngosizo lwe-swami kuphela ?"

"Ingani, lowo muntu, uSwami Pranabananda, akakaze asuke emehlweni ami kusukela ngaqala ukufika cishe ehoreni eledlule." Ngayisho yonke indaba.

Amehlo akhe avuleka kakhulu. "Ingabe siphila kulesi sikhathi sezinto ezibonakalayo, noma siyaphupha? Angikaze ngilindele ukubona isimangaliso esinjalo empilweni yami! Bengicabanga ukuthi lo swami ungumuntu ojwayelekile nje, manje sengiyaphupha." thola ukuthi angakwazi ukuthwala umzimba owengeziwe futhi asebenze kuwo!" Sangena ndawonye ekamelweni likasanta.

"Bheka, yizo kanye izimbadada ayezigqokile e- *ghat* ," kusho uKedar Nath Babu ehlebeza. "Wayegqoke indwangu kuphela, njengoba nje ngimbona manje."

Njengoba i isivakashi ukukhothama ngaphambi yena, i ongcwele waphenduka ku- mina nge a okunobungcweti ukumamatheka.

"Kungani udidekile ngalokhu konke? Ubunye obucashile bomhlaba omangalisayo abufihliwe kuma-yoga eqiniso. Ngibona ngokushesha futhi ngixoxe nabafundi bami eCalcutta ekude. Ngokufanayo bangadlula zonke izithiyo zezinto ezinkulu ngokuthanda kwabo."

Cishe kwakuyimizamo yokuvuselela intshiseko yokomoya esifubeni sami esincane ukuthi i-swami yayizehlisa ku- tshela mina kwe yakhe amandla kwe i-astral umsakazo futhi ithelevishini. **3-2** Kodwa esikhundleni salokho ngenxa yentshiseko, ngabhekana nokwesaba okukhulu kuphela. Njengoba ngangihloselwe ukwenza ucwaningo lwami oluvela kuNkulunkulu ngesazi esithile - uSri Yukteswar, engangingakamboni - angizange ngizizwe ngithanda ukwamukela uPranabananda njengomfundisi wami. Ngambheka ngokungabaza, ngizibuza ukuthi ngabe wayengubani noma umlingani wakhe ngaphambi kwami?



IsiSwami I-Pranabananda
"I- uSanta Nge Okubili "Imizimba"

I-An Kuphakanyisiwe Umfundi kwe IsiLahiri IsiMahasaya

Inkosi yayifuna ukususa ukukhathazeka kwami ngokunginika amehlo avusa umphefumulo, nangamazwi aphefumulelayo ngomfundisi wayo.

"Lahiri IsiMahasaya kwakuyi i omkhulu kunabo bonke i-yogi Mina njalo wayazi. Yena kwakuyi UbuNkulunkulu Yona ngokwayo ku i ifomu kwe inyama."

Uma umfundi, ngicabangile, ebengazenza abe nesimo senyama ngokweqile ngokuthanda kwakhe, yiziphi izimangaliso ezingavinjelwa inkosi yakhe?

"Ngizokutshela ukuthi usizo lomfundisi luyigugu kangakanani. Ngangivame ukuzindla nomunye umfundi amahora ayisishiyagalombili ubusuku ngabunye. Kwakudingeka sisebenze ehhovisi lesitimela emini. Ngenxa yobunzima bokwenza imisebenzi yami yobufundisi, ngangifisa ukunikela isikhathi sami sonke kuNkulunkulu. Iminyaka eyisishiyagalombili ngaqhubeka, ngizindla ingxenye yobusuku. Ngaba nemiphumela emihle kakhulu; ukuqonda okungokomoya okukhulu kwangikhanyisela ingqondo. Kodwa indwangu encane yayihlala iphakathi kwami no-Infinite. Ngisho nangobugotho obungaphezu kobuntu, ngathola ukuthi umshado wokugcina ongenakuguqulwa wawungangivunyelwe. Ngobunye ubusuku ngavakashela uLahiri Mahasaya futhi ngacela ukuncenga kwakhe kwaphezulu. Ukucela kwami kwaqhubeka ubusuku bonke.

"Ingelosi enkulu, ubuhlungu bami obungokomoya bukhulu kangangokuthi angisakwazi ukuthwala impilo yami ngaphandle kokuhlangana noBaba oMkhulu ubuso nobuso!"

"Ini ithini Mina ukwenzani? Wena kumele cabanga Okuningi ngokujulile."

"Ngiyakuncenga, Nkulunkulu Nkosi yami! Ngikubona wembethe umzimba phambi kwami; ngibusise ukuze ngikubone ngesimo sakho esingenamkhawulo!"

"ULahiri Mahasaya welula isandla sakhe ngesenzo esingenabugovu. 'Ungahamba manje uyozindla. Ngikunxusele kuBrahma.' **3-3**

"Ngikhuliswe ngendlela engenakulinganiswa, ngabuyela ekhaya lami. Ngokuzindla ngalobo busuku, umgomo oshisayo wokuphila kwami wafezwa. Manje sengijabulela impesheni engokomoya njalo. Kusukela ngalolo suku uMdali Obusisiwe akakaze ahlale efihliwe emehlweni ami ngemuva kwanoma yisiphi isihenqo sokukhohliswa."

Ubuso bukaPranabananda babugcwele ukukhanya kwaphezulu. Ukuthula kwelinye izwe kwangena enhliziyweni yami; ukwesaba konke kwase kubalekile. Ongcwele wazethemba ngokwengeziwe.

"Ngemva kwezinyanga ezithile ngabuyela eLahiri Mahasaya ngazama ukumbonga ngokunginika kwakhe isipho esingenamkhawulo. Ngabe sengikhuluma ngolunye udaba."

"Nkulunkulu Guru, angisakwazi ukusebenza ehhovisi. Ngicela ungikhulule. UBrahma ungigcina ngidakiwe njalo."

"Faka isicelo sempesheni enkampanini

yakho.' "Nginganikeza siphil isizathu,

kusenesikhathi kangaka enkonzweni

yami?" "Yisho lokho okuzwayo.'

"I- Olandelayo usuku Mina kwenziwe yami isicelo. I udokotela kubuza i inkundla ngoba yami ngaphambi kwesikhathi isicelo.

"Emsebenzini, ngithola umuzwa onamandla amakhulu okhuphuka emgogodleni wami.

3-4 Kungena emzimbeni wami wonke, kungenze ngifanelekele ukwenza imisebenzi yami.

"Ngaphandle kokubuza okwengeziwe udokotela wangincoma kakhulu ngempesheni, engayithola ngokushesha. Ngiyazi ukuthi intando kaNkulunkulu kaLahiri Mahasaya yasebenza ngodokotela kanye nezikhulu zesitimela, kuhlanganise noyihlo.

Ngokuzenzakalelayo balalela isiqondiso esingokomoya somfundisi omkhulu, futhi bangikhulula ukuze ngiphile impilo yokuxhumana okungapheli noThandekayo." **3-5**

Ngemva kwalesi sambulo esingavamile, uSwami Pranabananda wabuyela kwenye yezingxoxo zakhe ezinde. Bengithi ngiyamshiya, ngithinta izinyawo zakhe ngenhlonipho, wangibusisa:

"Impilo yakho ingeyendlela yokuzilahla kanye neyoga. Ngizokubona futhi, noyihlo, kamuva." Iminyaka yagcwalisa zombili lezi zibikezelo. **3-6**

UKedar Nath Babu wahamba eceleni kwami ebumnyameni obuhlanganisayo. Ngaletsa incwadi kaBaba, eyafundwa ngumngane wami ngaphansi kwesibani songwaqo.

"Uyihlo usikisela ukuthi ngithathe isikhundla ehhovisi laseCalcutta lenkampani yakhe yesitimela. Yeka ukuthi kujabulisa kanjani ukubheka phambili okungenani eyodwa yempesheni ejatshulelwa nguSwami Pranabananda! Kodwa akunakwenzeka; angikwazi ukushiya iBenares. Maye, izidumbu ezimbili azikafiki kimi!"

3-1 : *I-Choto IsiMahasaya* kuyinto i igama ngu okuyinto a inombolo kwe IsiNdiya abangcwele kuqondiswe mina. It ukuhumusha "kancane mnumzane."

3-2 : Ngendlela yayo, isayensi yemvelo iqinisekisa ukuba semthethweni kwemithetho etholwe yi-yogis ngesayensi yengqondo. Isibonelo, a umbukiso lokho indoda ine kamabonakude amandla kwakuyi okunikeziwe kuvuliwe Novemba 26, 1934 ku- i I-Royal Inyuvesi kwe ERoma. "UDkt. Giuseppe Calligaris, uprofesa we-neuro-psychology, wacindezela amaphuzu athile omzimba womuntu futhi lowo muntu waphendula ngezincazelo ezincane zabanye abantu nezinto ezikolunye uhlangathi lodonga. UDkt. Calligaris utshele abanye oprofesa ukuthi uma izindawo ezithile esikhumbeni ziphazamiseka, lowo muntu unikezwa imibono enamandla kakhulu yokuzwa emenza abone izinto abengenakuzibona ngenye indlela. Ukuze umuntu wakhe akwazi ukubona izinto ngakolunye uhlangathi lodonga, uProfesa Calligaris

wacindezela endaweni engakwesokudla kwesifuba imizuzu eyishumi nanhlanu. UDkt. Calligaris uthe uma ezinye izindawo zomzimba ziphazamiseka, abantu bangabona izinto kunoma iyiphi indawo, kungakhathaliseki ukuthi bake bazibona yini lezo zinto ngaphambili."

3-3 : UNkulunkulu ku Okwakhe isici kwe Umdali; kusukela IsiSanskrit impande *uBrih* , ku- ukwandisa. Nini Indlu ka-Emerson inkondlo *UBrahma* kwavela ku i -*Atlantic Nyanga zonke* ku 1857, iningi i abafundi babe edidekile. U-Emerson wahleka kancane. "Tshela bona," yena wathi, "ukuya yithi 'uJehova' esikhundleni 'sikaBrahma' futhi ngeke bazizwe bedidekile."

3-4 : Ku- okujulile ukuzindla, i kuqala ulwazi kwe Umoya kuyinto kuvuliwe i i-altare kwe i umgogodla, futhi bese kuba ku i ubuchopho. I Injabulo enkulu iyamangaza, kodwa i-yogi ifunda ukulawula ukubonakala kwayo kwangaphandle.

3-5 : Ngemva yakhe umhlalaphansi, I-Pranabananda wabhala eyodwa kwe i iningi okujulile imibono kuvuliwe i *IBhagavad* UGita, itholakala ngesiBengali nesiHindi.

ISAHLUKO: 4

Okwami Kuphazanyisiwe Indiza Ngase-Towards I Izintaba zaseHimalaya

"Phuma ekilasini lakho ngesizathu esingelutho, bese ugibela inqola ye-hackney. Yima emzileni lapho kungekho muntu endlini yami ongakubona khona."

Lezi kwakuyiziyalo zami zokugcina ku-Amar Mitter, umngane wami wesikole samabanga aphezulu owayehlala ukuhamba nami siye eHimalaya. Sasikhethe uhambo lwethu ngosuku olulandelayo. Kwakudingeka izinyathelo zokuqapha, njengoba u-Ananta wayesebenzisa iso eliqaphile. Wayezimisele ukubhuntshisa amacebo okubaleka ayesola ukuthi ayebaluleke kakhulu engqondweni yami. I-amulet, njengemvubelo engokomoya, yayisebenza buthule ngaphakathi kimi. Phakathi kweqhwa laseHimalaya, nganginethemba lokuthola inkosi eyayivame ukubonakala kimi emibonweni.

Umndeni wawusuhlala eCalcutta, lapho ubaba ayethuthelwe khona unomphele. Elandela isiko lamaNdiya lamadoda, u-Ananta wayelethe umakoti wakhe ukuba azohlala ekhaya lethu, manje eliku-4 Gurpar Road. Lapho ekamelweni elincane elise-attic ngangizindla nsuku zonke futhi ngilungiselela ingqondo yami ukufuna kwaphezulu.

Usuku olukhumbulekayo lwafika nemvula engapheli. Lapho ngizwa amasondo enqola ka-Amar emgwaqweni, ngabopha ngokushesha ingubo yokulala, izimbadada, isithombe sikaLahiri Mahasaya, ikhophi yencwadi ethi iBhagavad *Gita*, intambo yamabhere omthandazo, kanye nezindwangu ezimbili zokubopha. Lesi sithungo ngasiphonsa ngisuka efasiteleni lami lesitezi sesithathu. Ngagijima ngehla gezitebhisi ngadlula umalume, ngithenga izinhlanzi emnyango.

"Ini kuyinto i injabulo?" Okwakhe ukubuka uzulazule ngokusolisayo sekuphelile yami umuntu.

Ngamomotheka ngokungazibophezeli ngahamba ngaya emzileni. Ngithatha isikhwama sami, ngajoyina i-Amar ngokuqapha. Sashayela saya eChadni Chowk,

isikhungo sezimpahla. Kwase kuphele izinyanga sigcina imali yethu yokuthenga izingubo zaseNgilandi. Njengoba sazi ukuthi umfowethu ohlakaniphile angadlala indima yomphenyi kalula, sacabanga ukumnqoba ngezingubo zaseYurophu.

Endleleni eya esiteshini, sama umzala wami, uJotin Ghosh, engangimbiza ngokuthi uJatinda. Wayengumuntu osanda kuguquka, elangazelela isazi sefilosofi eHimalaya. Wagqoka isudi entsha esasiyilungiselele. Sasinethemba lokuthi sifihle kahle! Inhliziyo yethu yagcwala injabulo ejulile.

"Esikudingayo manje izicathulo ze-canvas." Ngaholela ozakwethu esitolo esasibonisa izicathulo ezinezinsila zerabha. "Izihloko" kwe isikhumba, uthole kuphela ngokusebenzisa i ukuhlatshwa kwe izilwane, kumele yiba engekho kulolu hambo olungcwele." Ngama emgwaqweni ukuze ngisuse isembozo sesikhumba ku- *Bhagavad Gita yami* , kanye nezintambo zesikhumba ku- *sola topee yami* (isigqoko sokuzivikela) esenziwe ngesiNgisi.

Esiteshini sathenga amathikithi okuya eBurdwan, lapho sasihlela ukuthuthela khona eHardwar emagqumeni aseHimalaya. Lapho nje isitimela, njengathi, sesindiza, ngakhuluma ngezinto ezimbalwa engangizilindele.

"Cabanga nje!" Ngakhipha isidoda. "Sizoqalwa ngabaphathi futhi sizizwele ukudideka kwengqondo yendawo yonke. Inyama yethu izobe igcwele amandla okuzikhukhumeza kangangokuthi izilwane zasendle zaseHimalaya zizosondela kithi ngokuthula. Amahlosi ngeke abe ngaphezu kwamakati asekhaya amnene alinde ukuphulula kwethu!"

Lo mbono ofanekisela isifiso engangicabanga ukuthi sizoba mnandi, kokubili ngokomfanekiso nangokoqobo, waletha ukumamatheka okunentshiseko ku-Amar. Kodwa uJatinda wasusa amehlo akhe, wawaqondisa ngefasisitela endaweni ebalekayo.

"Imali mayihlukaniswe kathathu." UJatinda waphula ukuthula isikhathi eside ngalesi siphakamiso. "Ngamunye wethu kufanele athenge ithikithi lakhe eBurdwan. Ngakho-ke akekho esiteshini ozocabanga ukuthi sibaleka ndawonye."

Ngavuma ngokungazelele. Lapho kuhwalala isitimela sethu sama eBurdwan. UJatinda wangena ehhovisi lamathikithi; mina no-Amar sahlala epulatifomu. Salinda imizuzu eyishumi nanhlanu, sabe sesibuza imibuzo engasizi ngalutho. Sifuna nxazonke, samemeza igama likaJatinda ngokwesaba okukhulu. Kodwa wayesenyamalele endaweni engaziwa emnyama ezungeze isiteshi esincane.

Ngangithukile ngokuphelele, ngishaqekile kakhulu. Ukuthi uNkulunkulu uzobhekana nalesi sigameko esidabukisayo! Isenzakalo esithandekayo sokundiza kwami kokuqala okuhlelwe kahle ngemva Kwakhe sonakaliswa ngonya.

"Amar, kumele sibuyele ekhaya." Bengikhala njengengane. "Ukuhamba kukaJatinda okunonya kuyisibonakaliso esibi. Lolu hambo luzohluleka nakanjani."

"Ingabe lokhu yakho uthando ngoba i Nkosi? Awukwazi wena ukuma i okuncane ukuhlolwa kwe a ukukhohlisa "Umngane?"

Ngesiphakamiso sika-Amar sokuhlolwa kwaphezulu, inhliziyo yami yazinza. Sazivuselela ngenyama emnandi edumile yaseBurdwan, *i-sitabhog* (ukudla kukankulunkulukazi) kanye *ne-motichur* (ama-nuggets eparele elimnandi).

Emahoreni ambalwa, saqeqeshwa eHardwar, ngeBareilly. Sishintsha izitimela eMoghul Serai, saxoxa ngendaba ebalulekile njengoba silinde epulatifomu.

"Amar, maduze nje singase siphenywe kakhulu yizikhulu zesitimela. Angilulazi ubuhlakani bomfowethu! Kungakhathaliseki ukuthi umphumela uba yini, ngeke ngikhulume amanga."

"Konke Mina buza kwe wena, Mukunda, kuyinto ku- gcina namanje. Ungakwenzi lokho ukuhleka noma ukumamatheka ngenkathi Mina ekuseni ukukhuluma."

Ngalesi sikhathi, i-ejenti yesiteshi yaseYurophu yangihlasela. Yaphakamisa i-telegram engayiqonda ngokushesha incazelo yayo.

"Ingabe wena ukugijima kude kusukela ikhaya ku intukuthelo?"

"Cha!" Ngajabula ukuthi ukukhetha kwakhe amagama kwangivumela ukuba ngiphendule ngokugcizelela. Ngangazi ukuthi kwakungeyona intukuthelo kodwa "ukudabuka okukhulu kukaNkulunkulu" okwakuyimbangela yokuziphatha kwami okungajwayelekile.

Isikhulu sabe sesiphendukela ku-Amar. Ukuphikisana kwamaqhinga okwalandela akuzange kungivumele ukuba ngilondoloze amandla aqinile okwelulekwa.

"Uphi umfana wesithathu?" Indoda yafaka iphimbo eligcwele legunya ezwini layo. "Woza; khuluma iqiniso!"

"Mnumzane, ngiyabona ukuthi ugqoke izibuko zamehlo. Awuboni yini ukuthi singabantu ababili kuphela?" U-Amar wamomotheka ngendelelo. "Angisiye umthakathi; angikwazi ukuqamba umngane wesithathu."

Isikhulu, siphazamiseke kakhulu yilobu buwula, safuna insimu entsha

yokuhlasela. "Ungubani igama lakho?"

"Ngibizwa ngokuthi uThomas. Ngiyindodana kamama waseNgilandi kanye nobaba ongumNdiya ongumKristu oguqukile." "Ubani igama lomngane wakho?"

"Mina shayela yena Thompson."

Ngalesi sikhathi injabulo yami yangaphakathi yayisifinyelele esicongweni; ngaya esitimeleni ngaphandle kokuhlonipha umthetho, ngishaya ikhwela ukuze ngihambe. U-Amar walandela nesikhulu, esasikholwa futhi sinomthwalo wemfanelo ngokwanele. ukuzosifaka egunjini laseYurophu. Kusobala ukuthi kwamzwise ubuhlungu ukucabanga ngabafana ababili abangamaNgisi abayingxenywe behamba engxenyeni eyabelwe abantu bomdabu. Ngemva kokuphuma kwakhe ngenhlonipho, ngalala esihlalweni ngahleka kakhulu. Umngane wami wayebonakala sengathi ujabule kakhulu ngokunqoba isikhulu saseYurophu esinolwazi.

Epulatifomu ngangihlele ukufunda ithelegamu. Kumfowethu, yayithi: "Abafana abathathu baseBengali abagqoke izingubo zesiNgisi babaleka ekhaya beya eHardwar ngeMoghul Serai. Ngicela ubagcine ngize ngifike. Umvuzo omkhulu ngezinsizakalo zakho."

"Amar, ngikutshelile ukuthi ungashiyi amashejuli abhalwe phansi ekhaya lakho." Ukubuka kwami kwakuhlazisa. "Kumelwe ukuba umfowethu uthole eyodwa lapho."

Umngane wami wavuma ngokunamahloni ukuthi ucindezelekile. Sama isikhashana eBareilly, lapho uDwarka UPrasad wayesilindele ngethelegamu evela ku-Ananta. Umngane wami wakudala wazama ngesibindi ukusibamba; ngamqinisekisa ukuthi indiza yethu ayizange ithathwe kalula. Njengasesikhathini esidlule, uDwarka

wengqaba yami isimemo ku- isethi phambili ku- i Izintaba zaseHimalaya.

Ngesikhathi isitimela sethu simi esiteshini ngalobo busuku, mina ngilele ubuthongo, u-Amar wavuswa esinye isikhulu esibuzo imibuzo. Naye waba yisisulu sezinto ezixubile zika-"Thomas" no-"Thompson." Isitimela sasihola ngokunqoba safika eHardwar ekuseni. Izintaba ezinhle zazibonakala zikhanga kude. Sagijima esiteshini sangena enkululekweni yezixuku zedolobha. Isenzo sethu sokuqala kwakuwukushintsha izingubo zendabuko, njengoba u-Ananta ngandlela thile ayengene ekuzifihleni kwethu kwaseYurophu. Ngafikelwa yimicabango yokubanjwa.

Njengoba sasibona kungcono ukuthi sisuke eHardwar ngokushesha, sathenga amathikithi okuqhubekela enyakatho siye eRishikesh, indawo ende ehlanjululwe yizinyawo zamakhosi amaningi. Ngangisegibele isitimela kakade, kanti u-Amar wayesalele epulatifomu. Wamiswa ngokuzumayo yisimemezelo esivela ephoyiseni. Umnakekeli wethu ongamukelekile wasiphelezela saya endlini encane yesiteshi futhi wathatha imali yethu. Wachaza ngenhlonipho ukuthi kwakuwumsebenzi wakhe ukusibamba kuze kufike umfowethu omdala.

Ukufunda lokho i abangasebenzi indawo oya kuyo wayenayo ube i Izintaba zaseHimalaya, i iphoyisa okuhlobene a okungajwayelekile indaba.

"Ngiyabona ukuthi uyahlanya ngabangcwele! Awusoze wahlangana nomuntu kaNkulunkulu omkhulu kunalowo engimbonile." izolo nje. Mina nomfowethu iphoyisa sahlangu naye okokuqala ezinsukwini ezinhlanu ezedlule. Sasihambahamba ngaseGanges, befuna umbulali othile ngokujulile. Imiyalelo yethu kwakuwukuba simbambe, ephila noma efile. Wayaziwa ngokuzenza isadhu *ukuze* aphange abahambi. Ngaphambi kwethu, sabona umuntu owayefana nencazelo yesigebengu. Wawushaya indiva umyalo wethu wokuma; sagijima ukuze simnqobe. Lapho ngisondela emhlane wakhe, ngaphatha imbazo yami ngamandla amakhulu; ingalo yesokudla yale ndoda yayinqunywe cishe ngokuphelele emzimbeni wayo.

"Ngaphandle kokukhala noma ukubuka inxeba elibi, isihambi saqhubeka ngesivini saso esimangalisayo. Njengoba sigxuma phambi kwaso, sakhuluma buthule."

"Mina ekuseni hhayi i umbulali wena kukhona befuna."

"Ngadumala kakhulu ukubona ukuthi ngilimaze umuntu ohlakaniphile obukeka njengoNkulunkulu." Ukukhothama Ngimi ezinyaweni zakhe, ngacela uxolo kuye, futhi nganikela ngendwangu yami yesigqoko ukuze nginciphise ukuvuza kwegazi okukhulu.

"Ndodana, lokho bekuyiphutha eliqondakalayo kuwe.' Ungcwele wangibheka ngomusa. 'Gijima, ungazigxeki. Umama Othandekayo uyanginakekela.' Wafaka ingalo yakhe elenga esiqwini sayo, bheka! yanamathela; igazi layeka ukugeleza ngendlela engaqondakali.

"Wozani kimi ngaphansi komuthi ngaleya ezinsukwini ezintathu nizongithola ngiphilile ngokuphelele. Ngakho-ke ngeke nizizwe nizisola."

"Izolo mina nomfowethu iphoyisa siye endaweni ebekiwe ngentshiseko. I- *sadhu* yayilapho futhi yasivumela ukuba sihlale ingalo yayo. Yayingenasilonda noma inxeba elincane!"

"Mina ekuseni ukuhamba nge I-Rishikesh ku- i I-Himalayan ukuhlala wedwa.' Yena ubusisiwe thina njengoba yena uhambe ngokushesha. Mina

umuzwa lokho yami impilo ine ube kuphakanyisiwe ngokusebenzisa yakhe ubungcwele."

Iphoyisa laphetha ngokuphuma komoya ongcwele; okuhlangenwe nakho kwalo kwakusobala ukuthi kwalimthuthule ngale kokujula kwalo okuvamile. Ngesenzo esihlaba umxhwele, langinika isiqeshana esinyathelisiwe mayelana nesimangalisayo. Ngendlela evamile ehlanekazelwe yohlobo lwephephandaba olumangalisayo (olungaphuthelwa, maye! ngisho naseNdiya), inguqulo yentatheli yayinehaba kancane: yayibonisa ukuthi i- *sadhu* yayikade cishe unqunywe ikhanda!

Mina no-Amar sakhala ngokuthi besimkhumbula u-yogi omkhulu owayengathethelela umshushisi wakhe ngendlela efana nekaKristu. I-India, ebimpofu ngokwezinto ezibonakalayo emakhulwini amabili eminyaka edlule, kodwa inengcebo yaphezulu engapheli; "izinto eziqoshwe emkhathini" ngokomoya zingase zihlangane ngezikhathi ezithile eceleni kwendlela, ngisho nangabantu bezwe abafana naleli phoyisa.

Sabonga iphoyisa ngokuqeda isizungu sethu ngendaba yalo emangalisayo. Cishe lalisikisela ukuthi linenhlanhla kunathi: lalihlangane nosanta okhanyiselwe ngaphandle komzamo; ukufuna kwethu okuqotho kwaphela, hhayi ezinyaweni zomphathi, kodwa esiteshini samaphoyisa esinzima!

Ngiseduze nezintaba zaseHimalaya kodwa, ekuthunjweni kwethu, kuze kube manje, ngitshale u-Amar ukuthi ngizizwa ngishukumiseleke kabili ukufuna inkululeko.

"Masihambe uma ithuba livela. Singahamba ngezinyawo siye eRishikesh engcwele." Ngamomotheka ngokukhuthazayo.

Kodwa umngane wami wayesephenduke umuntu ophelelwe yithemba ngokushesha nje lapho imali yethu eqinile isithathwe kithi.

"Uma siqale uhambo oluya ezweni eliyingozi kangaka lehlathi, kufanele siqede, hhayi edolobheni labangcwele, kodwa esiswini sezingwe!"

Umfowabo ka-Ananta no-Amar bafika ngemva kwezinsuku ezintathu. U-Amar wabingelela isihlobo sakhe ngokukhululeka kothando. Ngangingasabuyisani; u-Ananta akatholanga lutho kimi ngaphandle kokukhuzwa kanzima.

"Ngiyaqonda ukuthi uzizwa kanjani." Umfowethu wakhuluma ngendlela eduduzayo. "Engikucelayo nje ukuthi ungiphelezele siye eBenares ukuyohlangana nosanta othile, bese uya eCalcutta ukuyovakashela ubaba wakho ososizini izinsuku ezimbalwa. Ngemuva kwalokho ungaqhubeka nokufuna kwakho inkosi lapha."

U-Amar wangena engxoxweni ngalesi sikhathi ukuze aphike noma yisiphi isifiso sokubuyela eHardwar nami. Wayejabulela ukufudumala komndeni. Kodwa ngangazi

ukuthi angisoze ngawuyeka umzamo wokufuna umfundisi wami.

Okwethu iphathi ukuqeqeshwa ngoba IBenares. Lapho Mina wayenayo a eyodwa futhi ngokushesha impendulo ku- yami imithandazo.

U-Ananta wayehlele isu elihlakaniphile. Ngaphambi kokungibona eHardwar, wayeme eBenares ukuze acele isazi esithile semiBhalo ukuthi singixoxise kamuva. Bobabili isazi kanye nendodana yaso babethembise ukuthi bazongixosha endleleni ye *-sannyasi* .

U-Ananta wangiyyisa ekhaya labo. Indodana, insizwa eyayikhuluma ngokujabula, yangibingelela egcekeni. Yangixoxisana nami ngengxoxo ende yefilosofi. Ethu unolwazi olucacile ngekusasa lami, washaya indiva umbono wami wokuba yindela.

"Uzobhekana nosizi oluqhubekayo, futhi awukwazi ukuthola uNkulunkulu, uma uphikelela ekulahleni imithwalo yakho yemfanelo evamile! Awukwazi ukuxazulula i-karma yakho yangaphambilini 4-2." ngaphandle kokuhlangenwe nakho kwezwe.

Amazwi kaKrishna angafi afika emlonjeni wami ephendula: "Ngisho nalowo one-karma embi kakhulu ohlala ezindla ngami, ulahlekelwa ngokushesha yimiphumela yezenzo zakhe ezimbi zangaphambilini. Njengoba engumuntu ophakeme, ngokushesha uthola ukuthula okungapheli. Arjuna, yazi lokhu ngokuqinisekile: umuntu ozinikele obeka ithemba lakhe kimi akasoze abhubha!" 4-3

Kodwa ukubikezela okunamandla kwale nsizwa kwangithuntuthelisa kancane ukuzethemba kwami. Ngayo yonke intshiseko yenhliziyo yami ngathandaza buthule kuNkulunkulu:

"Ngicela uxazulule ukudideka kwami ungiphendule, lapha manje, uma ufuna ngiphile impilo yomuntu ohlubukile noma umuntu wezwe!"

Ngabona *isadhu* esinobuso obuhle simi ngaphandle kwendlu yososayensi. Kusobala ukuthi wayezwile ingxoxo enamandla phakathi kwami nomuntu ozibiza ngokuthi uyisiwula, ngoba umuntu ongamazi wangibiza ukuba ngime eceleni kwakhe. Ngazizwa amandla amakhulu egeleza ekuthuleni kwakhe. amehlo.

"Ndodana, ungamlaleli lowo muntu ongazi lutho. Ephendula umthandazo wakho, iNkosi ingitshela ukuthi ngikuqinisekise ukuthi indlela yakho kuphela kule mpilo ingeyelabo abalahliwe."

Nge ukumangala njengoba kahle njengoba ukubonga, Mina ukumamatheka ngenjabulo ku- lokhu okunqumayo umlayezo.

"Suka kulowo muntu!" "Ongazi lutho" wayengibiza evela egcekeni. Umqondisi wami ongcwele waphakamisa isandla sakhe ebusisa wabe esehamba kancane kancane.

"Lowo *sadhu* uhlanya njengawe." Kwakuyisazi esinezinwele ezimhlophe esenze lokhu okuthakazelisayo. Yena nendodana yakhe babengibheka ngendlela exakile. "Ngizwe ukuthi naye ushiye ikhaya lakhe efuna uNkulunkulu ngendlela engacacile."

Ngaphenduka. Ku-Ananta ngathi ngeke ngiqhubeke nengxoxo nababungazi bethu. Umfowethu wavuma ukuhamba ngokushesha; ngokushesha saqeqeshwa ukuya eCalcutta.



Mina ukuma ngemuva yami umdala umfowethu, U-Ananta.



UMkhosi Wokugcina We-Solstice ogujwa nguSri Yukteswar, ngoDisemba, 1935. UGuru wami uhleli phakathi nendawo; mina ngingakwesokudla sakhe, egcekeni elikhulu lendlu yakhe yokuhlala eSerampore .

"Mnu. Detective, uthole kanjani ukuthi ngibaleke nabangani bami ababili?"
Ngaveza ilukuluku lami elivuthayo ku-Ananta ngesikhathi sohambo lwethu lokubuyela ekhaya. Wamomotheka kabi.

"Esikoleni sakho, ngithole ukuthi u-Amar uphumile ekilasini lakhe futhi

akabuyanga. Ngaya ekhaya lakhe ngakusasa ekuseni ngathola uhlelo lwesikhathi olubekiwe. Ubaba ka-Amar wayesanda kuhamba."

inqola futhi kwakuyi ukukhuluma ku- i umqeqeshi.

"Indodana yami ngeke ingiphelezele ngiye esikoleni sayo ekuseni. Isinyamalele!' kusho ubaba ebubula.

"Ngizwe ngomfowethu ohamba ngebhasi ukuthi indodana yakho nabanye ababili, begqoke amasudi aseYurophu, bagibele isitimela eHowrah Station,' kusho indoda. 'Baphe umshayeli wetekisi isipho sezicathulo zabo zesikhumba.'

"Ngakho-ke Mina wayenayo ezintathu izinkomba-i uhlelo lwesikhathi, i abathathu kwe abafana, futhi i IsiNgisi izingubo."

Bengilalele ukuvezwa kuka-Ananta ngenjabulo exubile kanye nokukhathazeka. Ukuphana kwethu kumqeqeshi webhasi kwakungalungile kancane!

"Yebo, ngaphuthuma ukuthumela ama-telegram kubaphathi besiteshi kuwo wonke amadolobha u-Amar ayewagcizelele ohlelweni lwesikhathi. Wayehlele uBareilly, ngakho ngathumela umngane wakho uDwarka lapho. Ngemva kokubuza endaweni yakithi yaseCalcutta, ngathola ukuthi umzala uJatinda wayengekho ngobusuku obubodwa kodwa wafika ekhaya ngakusasa ekuseni eggoke izingubo zaseYurophu. Ngamfuna futhi ngammema esidlweni sakusihlwa. Wavuma, engasakwazi ukuzibamba ngenxa yendlela yami enobungane. Endleleni ngamholela esiteshini samaphoyisa ngokungazelele. Wayezungezwe amaphoyisa amaningana engangiwakhethe ngaphambilini ngenxa yokubukeka kwawo okunonya. Ngaphansi kobuso bawo obusabekayo, uJatinda wavuma ukuphendula ngokuziphatha kwakhe okungaqondakali.

"Ngaqala ukuya eHimalaya nginomoya opholile ngokomoya,' echaza. 'Ugqozi lwangigcwalisa ngethemba lokuhlangana namakhosi. Kodwa ngokushesha nje lapho uMukunda ethi, "Ngesikhathi sokuzijabulisa kwethu emihumeni yaseHimalaya, amahlosi azohlala ekhanga futhi ahlale eduze kwethu njengezimpungushe ezithambile," umoya wami waqina; amaconsi okujuluka aqala ebunzini lami. "Kuthiwani-ke?" Ngacabanga. "Uma isimo esibi samahlosi singashintshwa ngamandla okuqonda kwethu okungokomoya, azosiphatha ngomusa wamakati asekhaya?" Engqondweni yami, ngangivele ngizibona ngiyisiboshwa esiphoqeletwe esiswini sehlosi - ngingena lapho hhayi kanyekanye nomzimba wonke, kodwa ngezingcezu zezingxenywe zalo ezingana !"

Intukuthelo yami ngokunyamalala kukaJatinda yaphela ngokuhleka. Isiqephu esilandelayo esihlekisayo esitimeleni sasifanele bonke ubuhlungu ayengibangele bona. Kumelwe ngivume ukuthi nginomuzwa omncane wokwaneliseka: noJatinda wayengakaphunyuki ekuhlanganeni namaphoyisa!

"U-Ananta, **4-4** Uyinja ezelwe iysisigebengu!" Ukubuka kwami ukuzijabulisa kwakungengaphandle kokucasuka okuthile. "Futhi ngizotshela uJatinda ukuthi

ngiyajabula ukuthi akashukunyiswanga yisimo sokukhohlisa, njengoba kwakubonakala, kodwa kuphela umuzwa wokuhlakanipha wokuzilondoloza!"

Ekhaya eCalcutta, ubaba wancicela ngenhliziyo ukuthi nginciphise izinyawo zami zokuzulazula kuze kube yilapho, okungenani, ngiqeda izifundo zami zasesikoleni samabanga aphezulu. Ngesikhathi ngingekho, ngothando wayehlele icebo ngokuhlela isazi esingcwele, uSwami Kebalananda, 4-5. ukuza njalo endlini.

"I- isihlakaniphi intando yiba yakho IsiSanskrit umfundisi," yami umzali kumenyezelwe ngokuzethemba.

Ubaba nginethemba ku- anelise yami inkolo izifiso ngu imiyalelo kusukela a wafunda isazi sefilosofi. Kodwa amatafula aphenyuka ngobuqili: uthisha wami omusha, ngaphandle kokunikeza ubumpofu bokucabanga, wavusa amalahle esifiso sami sikaNkulunkulu. Engazi ubaba, uSwami Kebalananda wayengumfundi ophakeme kaLahiri Mahasaya. Lo mfundisi ongenakuqhathaniswa wayenabafundi abayizinkulungwane, abadonseleka kuye buthule. ngokungenakuphikiswa kwamandla akhe amakhulu adonsela phansi. Kamuva ngafunda ukuthi uLahiri Mahasaya wayevame ukuchaza uKebalananda njengo- *rishi* noma isazi esikhanyisiwe.

Izimonyo ezinde ezinde zakha ubuso obuhle bomfundisi wami. Amehlo akhe amnyama ayengenacala, ebonakala njengomntwana. Zonke izinyakazo zomzimba wakhe omncane zaziphawulwa yingxoxo ephumuzayo. Wayehlala emnene futhi enothando, wayeqinile engqondweni engapheli. Amahora amaningi esijabule ndawonye sawachitha sizindla ngokujulile *ngeKriya* .

UKebalananda wayeyingcweti edumile kuma- *shastra asendulo* noma izincwadi ezingcwele: ulwazi lwakhe lwamenza wabizwa ngokuthi "uShastri Mahasaya," okwakuvame ukukhulunywa ngaye. Kodwa intuthuko yami ezifundweni zesiSanskrit yayingaphawuleki. Ngafuna wonke amathuba okuyeka uhlelo lolimi lwe-prosaic nokukhuluma nge-yoga kanye ne-Lahiri Mahasaya. Umfundisi wami wangiphoqa ngolunye usuku ngokungitshela okuthile ngempilo yakhe nomphathi.

"Akuvamile unenhlanhla, Mina kwakuyi uyakwazi ku- hlala eduze IsiLahiri IsiMahasaya ngoba ishumi iminyaka. Okwakhe I-Benares Ikhaya kwakuyinjongo yami yohambo lwasebusuku. Lo mfundisi wayehlala ekhona egumbini elincane elingaphambili esitezi sokuqala. Njengoba ehleli esihlalweni sokhuni esingenamhlane, abafundi bakhe bamgqokisa ngemihlobiso. Amehlo akhe akhazimula futhi adansa ngenjabulo yoBunkulunkulu. Ayehlala evalekile, ebheka nge-orb yangaphakathi ye-telescopic aye endaweni yenjabulo yaphakade. Wayengavamile ukukhuluma isikhathi eside. Ngezinye izikhathi amehlo akhe ayegxila kumfundi odinga usizo; amazwi aphilisayo athululwa njenge-avalanche yokukhanya.

"Ukuthula okungachazeki kwaqhakaza ngaphakathi kimi ngokubuka kwenkosi. Ngagcwala iphunga lakhe, njengokungathi livela e-lotus engapheli. Ukuba naye, ngisho nangaphandle kokushintshana izwi izinsuku eziningi, kwakuyisipiliyoni esashintsha wonke umzimba wami. Uma kukhona isithiyo esingabonakali esiphakama endleleni Ukugxila kwami, ngangizindla ezinyaweni zomfundisi. Lapho izimo ezinzima kakhulu zazifika kalula ngaphakathi kwami. Imibono enjalo yayingiphunyuka phambi kwabafundisi abancane. Inkosi yayiyithempeli likaNkulunkulu eliphilayo elineminyango eyimfihlo evulekele bonke abafundi ngokuzinikela.

"ULahiri Mahasaya wayengeyena umhumushi wemibhalo engcwele othanda izincwadi. Wangena kalula 'emtatsheni wezincwadi waphezulu.' Igwebu lamazwi kanye nemfucuza yemicabango kwakuphuma emthonjeni wolwazi lwakhe lonke. Wayene-clavis emangalisayo eyavula isayensi yefilosofi ejulile eyayifakwe ezikhathini eziningi ezedlule *kumaVeda* . **4-6** Uma ecelwa ukuba achaze izigaba ezahlukene zokuqonda okukhulunywe ngazo emibhalweni yasendulo, wayevuma ngokumomotheka.

"Ngizodlula kulezo zimo, futhi manje ngizokutshela engikubonayo.' Ngakho-ke wayengafani ngokuphelele i othisha I-WHO ukuzibophezela umbhalo ongcwele ku-inkumbulo futhi bese kuba nikeza phambili okungafezekanga izifinyezo.

"Sicela uchaze izitanza ezingcwele njengoba incazelo ifika kuwe.' Isazi esithule sivame ukunikeza lo myalelo kumfundi oseduze. 'Ngizoqondisa imicabango yakho, ukuze kube nokuchazwa okulungile.'

'Ngale ndlela imibono eminingi kaLahiri Mahasaya yaqoshwa, kanye nokuphawula okuningi kwabafundi abahlukahlukene.

"Inkosi ayizange yeluleke ngenkolelo yobugqila. 'Amazwi ayizimbongolo nje,' esho. 'Ngoba ukuqiniseka ngokuba khona kukaNkulunkulu ngokuxhumana kwakho okujabulisayo nokuzindla.'

"Cha" indaba ini i umfundi inkinga, i uchwepheshe welulekwa *I-Kriya I-Yoga* ngoba yayo ikhambi.

"Isihluthulelo se-yogic ngeke silahlekelwe ukusebenza kahle kwaso uma ngingasekho emzimbeni ukuze ngikuqondise. Le ndlela ayikwazi ukuboshwa, ukufakwa, nokulibaleka, ngendlela yokuphefumulelwa ngokwemfundiso. Qhubeka ungaphezi endleleni yakho eya enkululekweni ngeKriya , enamandla ayo asebenza ngokuzikhandla."

"Mina ngokwami ngibheka *iKriya* njengethuluzi eliphumelela kakhulu lensindiso ngomzamo wokuzikhandla elake lathuthukiswa ekufuneni komuntu okungenamkhawulo." UKebalananda waphetha ngalobu bufakazi obuqotho. "Ngokusetshenziswa kwayo, uNkulunkulu onamandla onke, ofihliwe kubo bonke abantu, wabonakala enyameni kaLahiri Mahasaya kanye nabafundi bakhe abaningana."

Isimangaliso esifana nesikaKristu esenziwa nguLahiri Mahasaya senzeka phambi kukaKebalananda. Umfundisi wami ongcwele walandisa indaba ngolunye usuku, amehlo akhe ekude nemibhalo yesiSanskrit phambi kwethu.

"Umfundi oyimpumputhe, uRamu, wangizwisa ubuhlungu obukhulu. Ingabe akufanele yini abe nokukhanya emehlweni akhe, lapho ekhonza inkosi yethu ngokwethembeka, lapho uNkulunkulu wayekhanya khona ngokuphelele? Ngolunye usuku ekuseni ngafuna ukukhuluma noRamu, kodwa wahlala amahora amaningi ephefumula i-guru nge-punkha eyenziwe ngezandla . Lapho ekugcineni umlandeli ephuma ekamelweni, ngamlandela.

"Ramu, Kanjani bude babe wena ube uyimpumputhe?"

"Kusukela ekuzalweni kwami, mnumzane! Amehlo ami awakaze

abusiswe ngokubona ilanga.' "Uchwepheshe wethu onamandla onke

angakusiza. Sicela unxuse.'

"Ngosuku olulandelayo uRamu waya kuLahiri Mahasaya ngokuzethemba. Umfundi wazizwa enamahloni okucela ukuthi ingcebo engokwenyama yengezwe enaleni yakhe engokomoya."

"Nkosi, uMkhanyisi wendawo yonke ukuwe. Ngiyakuncenga ukuba ulethe ukukhanya Kwakhe emehlweni ami, ukuze ngibone ukukhanya okuncane kwelanga."

""Ramu, othile uceba ukungifaka esimweni esinzima. Anginawo amandla

okuphulukisa.' ""Mnumzane, Lowo ongenamkhawulo ongaphakathi kwakho

angaphulukisa ngokuqinisekile.'

""Lokho kuhlukile ngempela, Ramu. Umkhawulo kaNkulunkulu awukho ndawo! Lowo okhanyisa izinkanyezi namaseli enyama ngokukhanya okungaqondakali kokuphila angaletha ukukhanya kokubona emehlweni akho.'

"Inkosi yathinta ibunzi likaRamu endaweni ephakathi kwamashiya. 4-7 ""Gcina ingqondo yakho igxile Lapho, futhi njalo ingoma i igama kwe i umprofethi I-Rama 4-8 ngoba Isikhombisa izinsuku. I

ubukhazikhazi kwe i ilanga kufanele babe a okukhethekile ukusa ngoba wena.'

"Bheka! Ngesonto elilodwa kwaba njalo. Okokuqala ngqa, uRamu wabona ubuso obuhle bemvelo. Lowo Owazi Konke wayeqondise umfundi wakhe ngokungaphazami ukuba aphinde igama likaRama, elithandwa nguye ngaphezu kwabo bonke abanye abangcwele. Ukhulo lukaRamu lwaluyinhlabathi elinywe ngokuzinikela lapho imbewu enamandla ye-guru yaphakade ukuphulukiswa ihlume. I-Kebalananda kwakuyi ukuthula ngoba a umzuzu, bese kuba ikhokhelwe a okunye inhlonipho kumfundisi wakhe.

"Kwakusobala kuzo zonke izimangalisano ezenziwa uLahiri Mahasaya ukuthi akakaze avumele isimiso sokuzikhukhumeza 4-9." ukuzibona njengamandla abangela. Ngokuphelela kokuzinikela okungenakuphikiswa, inkosi yenza amandla amakhulu okuphulukisa ageleze ngokukhululeka kuye.

"Izidumbu eziningi ezaphulukiswa ngendlela emangalisayo ngeLahiri Mahasaya ekugcineni kwadingeka zondle amalangabi okushiswa. Kodwa ukuvuka okungokomoya akwenza buthule, abafundi abanjengoKristu abakha, kuyizimangalisano zakhe ezingonakali."

Mina akakaze waba a IsiSanskrit isazi; I-Kebalananda wafundisa mina a isangoma isichazamazwi.

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4-1 : Ngokwezwi nezwi, "ukudela." Kusukela IsiSanskrit isenzo izimpande, "ukuya abalingisi eceleni."

4-2 : Imiphumela kwe okwedlule izenzo, ku lokhu noma a okwangaphambili impilo; kusukela IsiSanskrit *kri* , "ukuya yenza."

4-3 : *IBhagavad UGita* , IX, 30-31. UKrishna kwakuyi i omkhulu kunabo bonke umprofethi kwe iNdiya; I-Arjuna kwakuyi yakhe okuphambili umfundi.

4-4 : Mina njalo kuqondiswe yena njengoba I-Ananta-da. *Da* kuyinto a inhlonipho isijobelelo okuyinto i omdala kunabo bonke umfowethu ku i IsiNdiya umndeni ithola kubafowethu nodadewethu abancane.

4-5 Ngesikhathi somhlangano wethu, uKebalananda wayengakajoyini iSwami Order futhi ngokuvamile wayebizwa ngokuthi "uShastri Mahasaya." Ku- gwema ukudideka nge i igama kwe IsiLahiri IsiMahasaya futhi kwe Ingcweti IsiMahasaya ([isahluko 9](#)), Mina ekuseni ukubhekisela kimi IsiSanskrit umfundisi kuphela ngu yakhe kamuva indlu yezindela igama kwe IsiSwami Kebalananda. Okwakhe umlando wokuphila ine ube muva nje kushicilelwe ku IsiBengali. Wazalwa ku i Khulna isifunda kwe IsiBengal ku 1863, I-Kebalananda wanikeza phezulu yakhe umzimba ku I- .Benares ku- i ubudala kwe amashumi ayisithupha nesishiyagalombili

.Okwakhe umndeni igama kwakuyi I-Ashutosh I-Chatterji

4-6 : I yasendulo ezine *AmaVeda* hlanganisa sekuphelile 100 okukhona okusemthethweni izincwadi. U-Emerson ikhokhelwe i okulandelayo intela ku yakhe *Ijenali* eya kuVedic yacabanga: "Iyamangalisa njengokushisa nobusuku kanye nolwandle olungenamoya. Iqukethe yonke imizwa yenkolo, zonke izimiso zokuziphatha ezinhle ezivakashela ingqondo ngayinye ehloniphekile yobunkondlo.Akusizi ngalutho ukubeka incwadi eceleni; uma ngizithemba

ihlathi noma ku a isikebhe phezu i ichibi, Imvelo kwenza a *I-Brahmin* kwe mina okwamanje: okuphakade isidingo, Lesi yinkolelo yakhe. okuphakade isinxephezelo, amandla angenakulinganiswa, ukuthula okungapheli. Ukuthula, usho kimi, nobumsulwa nokuphelela

ukushiywa- lokhu ama-anticancer khupha umphefumulo konke isono futhi lethwa wena ku- i isibusiso kwe i Isishiyagalombili
".Onkulunkulu

4-7 : I isihlalo kwe i "ongashadile" noma ngokomoya iso. Ku- ukufa i ukuqonda kwe indoda kuyinto ngokuvamile kudwetshwe ku- lokhu ngcwele indawo, okubangela amehlo aphakanyisiwe atholakale kwabafileyo.

4-8 : I ephakathi engcwele isithombe kwe i IsiSanskrit i-epic, *I-Ramayana* .

4-9 : I-Ahankara, ubugovu; ngokoqobo, "Mina yenza." I impande imbangela kwe ububili noma inkohliso kwe *i-maya* , lapho i isihloko (ukuzikhukhumeza) kuvela njengento; izidalwa zizibona zingabadali.

ISAHLUKO: 5

A "Iphunga elimnandi" "Santa" Izibonisi Okwakhe Izimangaliso

"Ukuya njalo into Lapho kuyinto a isizini, futhi a isikhathi ku- njalo inhloso ngaphansi i izulu."

Ngangingenalo lolu hlananipho lukaSolomoni lokungiduduza; ngangingibheka ngibhekabheka nxazonke, kunoma yiluphi uhambo oluvela ekhaya, ukuze ngibone ubuso bomfundisi engangimlindele. Kodwa indlela yami ayizange ihlangane neyakhe kwaze kwaba yilapho ngiqeda izifundo zami zesikole samabanga aphezulu.

Kwadrula iminyaka emibili phakathi kohambo lwami no-Amar oluya eHimalaya, kanye nosuku olukhulu lokufika kukaSri Yukteswar empilweni yami. Phakathi naleso sikhathi ngahlangana nezazi eziningana—"uSanta Wephunga," "uTiger Swami," uNagendra Nath Bhaduri, uMaster Mahasaya, kanye nososayensi odumile waseBengali, uJagadis Chandra Bose.

Ukuhlangana kwami "noSanta Wephunga" kwaba nezingenisiso ezimbili, enye yayivumelana kanti enye yayihlekisa.

"UNKulunkulu ulula. Konke okunye kuyinkimbinkimbi. Ungafuni izindinganiso eziphelele ezweni lemvelo elihlobene ."

Lezi ziphetho zefilosofi zangena kancane endlebeni yami njengoba ngangimi buthule phambi kwesithombe sethempeli sikaKali. Ngaphenduka, ngabhekana nendoda ende eyayigqoke izingubo zayo, noma ukungabi nazo, okwayiveza njengesadhu *esizulazulayo* .

"Ngempela usungene ekudidekeni kwemicabango yami!" Ngamomotheka ngokubonga. "Ukudideka kwezici ezingemnandi nezesabekayo emvelweni, njengoba kufanekiselwa uKali, 5-1." iphazamise amakhanda ahlakaniphile kunawami!

"Bambalwa abaxazulula imfihlakalo yakhe! Okuhle nokubi kuyimpicabadala eyinselele impilo eyibeka njenge-sphinx ngaphambi kwayo yonke inhlakanipho. Njengoba bengazami sisombululo, amadoda amaningi alahlekelwa yimpilo yawo, isijeziso manje njengasezinsukwini zikaThebes. Lapha nalaphaya, umuntu omude onesizungu akalokothi akhale ngokungotshwa. Kusukela kuma- *maya* 5-2 wezinto ezimbili ukhipha iqiniso elingenakuhlukaniswa lobunye.

"Wena khuluma nge ukukholelwa, mnumzane."

"Sekuyisikhathi eside ngizihlola ngobugotho, indlela ebuhlungu kakhulu yokuhlakanipha. Ukuzihlola, ukuqaphela imicabango yakho ngokungaphezi, kuyinto exakile neyishaqisayo. Kuphula ubugovu obukhulu kakhulu. Kodwa ukuzihlaziya kweqiniso ngezibalo kusebenza ukukhiqiza ababoni. Indlela 'yokuziveza,' ukuvuma komuntu ngamunye, iphumela kubantu abazidlayo, abaqiniseka ngelungelo labo lokuthola ulwazi."

okuyimfihlo izincazelo kwe UNkulunkulu futhi i indawo yonke."

"Iqiniso" ngokuthobeka uthatha umhlalaphansi, cha ukungabaza, ngaphambi okunjalo ukuzidla ubuqambi." Mina kwakuyi ukujabulela i ingxoxo.

"Umuntu akanakukugonda iqiniso laphakade aze azikhulule ekuzikhukhumezeni. Inggondo yomuntu, evezwe odakeni oluyikhulu leminyaka, igcwele impilo enyanyekayo yokukhohlisa okungenakubalwa komhlaba."

Ukulwa kwezimpi akubalulekile lapha, lapho umuntu eqala ukulwa nezitha zangaphakathi! Azikho izitha ezifayo lezi, ezizonqotshwa amandla amaningi asabekayo! Ezikhona yonke indawo, eziphazamisayo, ezilandela umuntu ngisho elele, ezihlome ngobuqili ngesikhali esibi, la masosha anezinkanuko zokungazi afuna ukusibulala sonke. Akacabangi muntu ofihla izinhloso zakhe, ezinikela kuye isiphetho esivamile. Ingabe angabonakala engenamandla, eyisithutha, ehlazisayo?

"Mnumzane ohloniphekile, awunazwelo ngabantu abaningi

abadidekile?" Isazi sathula isikhashana, sabe sesiphendula

ngokungaqondile.

"Ukuthanda uNkulunkulu ongabonakali, iRepository of All Virtues, kanye nomuntu obonakalayo, okubonakala sengathi akanayo, kuvame ukudideka! Kodwa ubuhlakani bulingana ne-maze. Ucwangingo lwangaphakathi ludalula ngokushesha ubunye kuzo zonke izingqondo zabantu - ubuhlobo obuqinile bezisusa zobugovu. Okungenani ngomqondo owodwa, ubuzalwane bomuntu buyavezwa. Ukuthobeka okukhulu kulandela lokhu kutholwa okulinganiselayo. Kuvuthwa kube uzwela kwabanye abantu, kungaboni amandla okuphulukisa omphefumulo olindele ukuhlolwa."

"I- abangcwele kwe njalo ubudala, mnumzane, babe umuzwa njenge wena ngoba i usizi kwe i umhlaba."

"Umuntu ongajulile kuphela olahlekelwa ukusabela ezinhluphekeni zokuphila kwabanye, njengoba ecwila ekuhluphekeni kwakhe okuncane." Ubuso bukaSADHU obunonya bathamba ngokuphawulekayo. "Lowo oqhuba Ukuzihlukanisa nge-scalpel kuzokwazi ukwanda kwesihawu somhlaba wonke. Ukhululwa ezidingweni ezivalekile zobugovu bakhe. Uthando lukaNkulunkulu luyaqhakaza emhlabathini onjalo. Ekugcineni isidalwa siphendukela kuMdali waso, ngaphandle kwesizathu esinye ngaphandle kokubuza ngobuhlungu: 'Kungani, Nkosi, kungani?' Ngezinhlungu ezingenamahloni, umuntu ekugcineni uqhutshwa eBukhoneni obungenamkhawulo, obubuhle bakhe kuphela obufanele bumhuhe.

Mina nosaziwayo sasikhona eThempelini laseKalighat laseCalcutta, lapho ngangiye khona ukuyobona ubuhle balo obudumile. Ngesenzo esikhulu, umngane wami owayengihamba naye walahla isithunzi esihlotshisiwe.

"Izitini futhi udaka cula thina cha kuzwakala ingoma; i inhliziyo kuvula kuphela ku- i umuntu ingoma kwe ukuba khona."

Sahamba ngezinyawo saya elangeni elikhangayo emnyango, lapho izixuku zabantu abazinikele zazidlula khona.

"Usemncane." Isazi sangibuza ngokucabangela. "NaseNdiya nayo intsha. *Ama-rishi asendulo* **5-3** Izimiso zabo eziqinile zokuphila okungokomoya zanele lolu suku nomhlaba. Njengoba zingaphelelwe yisikhathi, zingaphambene namaqhinga okuthanda izinto ezibonakalayo, imithetho yokuqondisa isalokhu ibumba iNdiya. Ngezinkulungwane zeminyaka—izazi ezinamahloni kakhulu zikhathalela ukubala!—i-Time engabazayo isiqinisekisile inani lamaVedic. Lithathe njengefa lakho."

Njengoba ngangivalelisa ngenhlonipho ku- *sadhu okhuluma kahle* , wembula umbono

ocacile: "Ngemva kokuhamba lapha namuhla, kuzokwenzeka okuhlangenwe nakho okungavamile."

Ngaphuma emagcekeni ethempeli futhi ngazulazula ngingenanjongo. Ngajika ekhoneni, ngahlangana nomuntu engimaziyo wakudala—omunye walabo bantu abakhuluma isikhathi eside abanamandla okuxoxa anganaki isikhathi futhi bamukele ubuphakade.

"Ngizokukhulula ngesikhashana esifushane kakhulu, uma ungangitshela konke okwenzekile phakathi neminyaka eyisithupha yokuhlukana kwethu."

"Ini a indida! Mina kumele hamba wena manje."

Kodwa wangibamba ngesandla, ekhipha ulwazi oluncane. Wayenjengempisi edla inyama, ngacabanga ngijabule; lapho ngikhuluma isikhathi eside, wayelokhu ehogela izindaba ngesifiso esikhulu. Ngaphakathi ngacela unkulunkulukazi uKali ukuba ahlele indlela enhle yokubaleka.

Umngane wami wangishiya ngokuzumayo. Ngaphefumula ngokukhululeka futhi ngaphindeka kabili ijubane lami, ngesaba noma yikuphi ukubuyela emuva emkhuhlaneni onzima. Ngizwe izinyathelo ezisheshayo ngemuva kwami, ngasheshisa ijubane lami. Angizange ngibheke emuva. Kodwa ngentambo, intsha yaphinde yangijoyina, ibambe ihlombe lami ngokuthokoza.

"Ngikhohliwe ukukutshela ngoGandha Baba (uSanta wephunga), ogcoba indlu lapho." Wakhomba ku- indlu eqhele ngamamitha ambalwa. "Mbone; uyathandeka. Ungase ube nesipiliyoni esingavamile. Sala kahle," wabe esengishiya ngempela.

Isibikezelo esifana nesadhu *ethempelini* laseKalighat sangifikela engqondweni. Ngimangaliswe kakhulu, ngangena endlini futhi ngangeniswa ekamelweni lokuphumula elinokunethezeka. Isixuku sabantu sasihleli, ngokweMpumalanga, lapha nalaphaya ekhaphethini elinombala ophuzi obanzi. Kwafika ukuhlebeza okumangalisayo endlebeni yami:

"Bheka uGandha Baba esikhumbeni sengwe. Anganika iphunga lemvelo lanoma iyiphi imbali kumuntu ongenaphunga." eyodwa, noma vuselela a obunile ukuqhakaza, noma yenza a komuntu isikhumba ukuphuma kuyajabulisa iphunga elimnandi."

Ngambheka ngqo uSaint; amehlo akhe asheshayo ayekuwo ami. Wayekhuluphele futhi enentshebe, enesikhumba esimnyama namehlo amakhulu akhazimulayo.

"Ndodana, ngiyajabula ukukubona. Yisho okufunayo. Ungathanda

iphunga elimnandi?" "Ngenxa yani?" Ngacabanga ukuthi amazwi akhe
ayeyingane.

"Ukuze uzwe indlela emangalisayo yokujabulela amakha."

"Ukusebenzisa uNkulunkulu ukwenza amakha?"

"Ini kwe yona? UNkulunkulu kwenza iphunga elimnandi noma kunjalo."

"Yebo, kodwa wenza amabhodlela abuthakathaka anamacembe ukuze asetshenziswe kabusha bese elahlwa. Ungakwazi yini ukwenza izimbali zibe nombala ofanayo?"

"Mina zenzeka amakha, okuncane "Umngane."

"Bese-ke iphunga amafektri intando hamba phandle kwe ibhizinisi."

"Ngizobavumela ukuthi baqhubeke nomsebenzi wabo! Inhloso yami ukukhombisa amandla kaNkulunkulu." "Mnumzane, kuyadingeka yini ukufakazela uNkulunkulu?

Akenzi yini izimangaliso kukho konke, yonke indawo?" "Yebo, kodwa nathi kufanele sibonise ezinye zezinhlobo zakhe zokudala ezingenamkhawulo."

"Kuthathe isikhathi esingakanani ukuba

yingcweti yobuciko bakho?" "Iminyaka

eyishumi nambili."

"Ngokwenza amaphunga ngezindlela zezinkanyezi! Kubonakala sengathi, ngcwele wami ohloniphekile, ubulokhu uchitha iminyaka eyishumi nambili ufuna amaphunga ongawathola ngama-rupees ambalwa esitolo sezimbali."

"Amakha ukufiphala nge izimbali."

"Amakha ukufiphala nge ukufa. Kungani kufanele Mina isifiso lokho okuyinto okujabulisayo i umzimba kuphela?"

"Mnu. Isazi Sefilosofi, uyangijabulisa. Manje, yelula isandla sakho sokunene." Wenza isenzo sokubusisa .

Bengiqhele ngamamitha ambalwa ukusuka kuGandha Baba; akekho omunye owayeseduze ngokwanele ukuthi angathinta umzimba wami. Ngelula isandla sami, kodwa i-yoga ayizange isithinte.

"Ufuna yiphi iphunga?"

"Rose."

"Yiba yona ngakho."

Ngamangala kakhulu lapho iphunga elimnandi le-rose liphuma ngamandla phakathi nesandla sami. Ngathatha imbali enkulu emhlophe engenaphunga ngokumamatheka

esitsheni esiseduze.

"Ingabe le mbali engenaphunga ingagcwala i-

jasmine?" "Makube njalo."

Iphunga le-jasmine lavela ngokushesha emacembeni. Ngambonga isisebenzi sezimanga futhi ngahlala eduze komunye wabafundi bakhe. Wangitshela ukuthi uGandha Baba, ogama lakhe linguVishudhananda, wayefunde izimfihlo eziningi ezimangalisayo ze-yoga kuchwepheshe waseTibet.

i-yogi, Mina kwakuyi kuqinisekisiwe, wayenayo kufinyelelwe i ubudala kwe sekuphelile a inkulungwane iminyaka.

"Umfundi wakhe uGandha Baba akahlali enza imisebenzi yakhe yamakha ngendlela elula oyibonile." Umfundi wakhuluma ngokuziqhenya ngomphathi wakhe. "Inqubo yakhe ihluke kakhulu, ukuze ivumelane nokwehlukahluka kwezimo. Uyamangalisa! Amalungu amaningi ezihlakaniphi zaseCalcutta aphakathi kwabalandeli bakhe."

Ngazimisela ngaphakathi ukuthi angizifaki enanini labo. Isazi "esimangalisa kakhulu" sasingathandeki kimi. Ngibonga uGandha Baba ngenhlonipho, ngahamba. Ngibuyela ekhaya, ngacabanga ngezenzakalo ezintathu ezahlukahlukeni ezaletswa yilolu suku.

Udadewethu u-Uma wangihlangabeza njengoba

ngingena emnyango wethu we-Gurpar Road.

"Usuqala ukuba nesitayela, usebenzisa amakha!"

Ngaphandle a izwi, Mina kushukunyisiwe yena ku- iphunga yami isandla.

"Ini i kukhanga i-rose iphunga elimnandi! It kuyinto ngokungavamile "Nginamandla!"

Ngicabanga ukuthi "kwakungavamile neze," ngabeka buthule imbali enephunga elimnandi ngaphansi kwamakhala akhe.

"O, ngiyayithanda i-jasmine!" Wabamba imbali. Ukudideka okuhlekisayo kwadlula ebusweni bakhe njengoba ehogela iphunga le-jasmine ngokuphindaphindiwe ohlotsheni lwembali ayeyazi kahle ukuthi ayinaphunga. Ukusabela kwakhe kwaqeda ukusola kwami ukuthi uGandha Baba wayebangele isimo sokusikisela okuzenzakalelayo lapho mina ngedwa ngangikwazi ukubona amaphunga.

Kamuva ngezwa kumngane wami, u-Alakananda, ukuthi "uSanta Wephunga" unamandla engifisa sengathi ngabe awanawo izigidi zabantu base-Asia abalambile, kanye naseYurophu namuhla.

"Ngangikhona nezinye izivakashi eziyikhulu ekhaya likaGandha Baba eBurdwan," kusho u-Alakananda kimi. "Kwakuyisenzakalo se-gala. Ngenxa yokuthi i-yogi yayidume ngokuba namandla okukhipha izinto emoyeni, ngamcela ngokuhleka ukuthi agqoke ama-tangerines angaphandle kwesizini. Ngokushesha ama- *luchis* ⁵⁻ ⁴ ezazikhona kuzo zonke izitsha zamaqabunga ebhanana zakhukhumala. Imvilophu ngayinye yesinkwa yabonakala iqukethe i-tangerine ehlutshiwe. Ngayiluma eyami ngesaba, kodwa ngayithola imnandi.

Eminyakeni eminingi kamuva ngaqonda ngokuqaphela kwangaphakathi ukuthi uGandha Baba wafeza kanjani izinhloso zakhe. Le ndlela, maye! ingaphezu kwamandla ezinkulungwane zabantu abalambile emhlabeni.

Izibusisa ezahlukene zezinzwa umuntu asabela kuzo—ezibonakalayo, ezizwakalayo, ezizwakalayo, ezizwayo, kanye nezinukayo—zikhqizwa ukushintshashintsha kokudlidliza kwama-electron nama-proton. Ukudlidliza kulawulwa “ama-lifetron,” amandla okuphila angabonakali noma amandla amancane kune-athomu afakwe ngokuhlakanipha yizinto ezinhlanu ezihlukile zomqondo wezinzwa.

UGandha Baba, ezivumelanisa namandla e-cosmic ngemikhuba ethile ye-yogic, wakwazi ukuqondisa ama-lifetrons ukuze ahlele kabusha isakhiwo sawo sokudlidliza futhi ahlele umphumela ofiselekayo ngendlela enenjongo. Iphunga lakhe, izithelo kanye nezinye izimangaliswo kwakuwukubonakaliswa kwangempela kokudlidliza okuvamile, hhayi imizwa yangaphakathi ekhiqizwe ngokulutha. **5-5**

Izenzo zezimangaliswo ezifana nalezo eziboniswe "nguSanta Wephunga" ziyamangalisa kodwa azisizi ngalutho ngokomoya. Njengoba zingenanjongo ngaphandle kokuzijabulisa, ziwukuphambuka ekufuneni uNkulunkulu okujulile.

Ukuluthwa kwengqondo kuye kwasetshenziswa odokotela ekuhlinzeni okuncane njengohlobo lwe-chloroform yengqondo kubantu abangase basengozini yomuthi wokubulala izinzwa. Kodwa isimo sokuluthwa kwengqondo siyingozi kulabo abavame ukuhlushwa yiso; umphumela ongemuhle wengqondo ulandela ogcina ngokuhamba kwesikhathi uphazamisa amangqamuzana obuchopho.

Ukulutha ingqondo kuwukungena endaweni yomqondo womunye umuntu. Izehlakalo zalo zesikhashana azifani ngalutho nezimangaliswo ezenziwa abantu abaqaphela uNkulunkulu. Vuka kuNkulunkulu, abangcwele beginiso benza izinguquko kuleli zwe lamaphupho ngokusebenzisa intando ehambisana kahle noMphuphi Wendawo Yonke Odala.

Ukubonakaliswa kwamandla angavamile okukhazimulayo kuyagxekwa ngamakhosi. Isazi semfihlakalo sasePheresiya, u-Abu Said, wake wahleka *ama-fakir athile* ayeziqhenya ngamandla awo amangalisayo phezu kwamanzi, umoya, nendawo .

"Ixoxo nalo lisekhaya emanzini!" kusho u-Abu Said ngokudelela okumnene. "Igwababa nenge lindiza kalula emoyeni; uDeveli ukhona ngasikhathi sinye eMpumalanga naseNtshonalanga! Indoda yangempela kuyinto yena I-WHO uhlala ku ukulunga phakathi yakhe umfo amadoda, I-WHO uthenga futhi uthengisa, okwamanje kuyinto akakaze ukukhohlwa uNkulunkulu ngesikhashana nje!" Ngesinye isikhathi uthisha omkhulu wasePheresiya wanikeza imibono yakhe ngempilo yenkolo kanje: "Ukubeka eceleni lokho onakho ekhanda lakho (izifiso zobugovu nezifiso); ukunikeza ngokukhululeka lokho onakho esandleni sakho; futhi ungalokothi uthuke ngenxa yokushaywa usizi!"

Isazi esingakhethi buso eThempelini laseKalighat noma i-yoga eqeqeshwe eTibet abazange banelise isifiso sami sokuthola isazi. Inhliziyo yami yayingadingi mfundisi ukuze iqashelwe, futhi yamemeza ithi "Bravos!" kakhulu ngoba yayingabizwa njalo ekuthuleni. Ekugcineni lapho ngihlangana nenkosi yami, yangifundisa ngesibonelo esimangalisayo kuphela isilinganiso sendoda yangempela.

5-1 : I-Kali imelela i okuphakade isimiso ku imvelo. Yena kuyinto ngokwesiko isithombe njengoba a abantu abanezikhali owesifazane, ukuma kuvuliwe ifomu kwe i UNkulunkulu UShiva noma i Okungenamkhawulo, ngoba imvelo noma i okumangalisayo umhlaba kuyinto izimpande ku i Noumenon. I ezine izingalo zifanekisela izimfanelo eziyinhlalo, ezimbili ezizuzisayo, ezimbili ezibhubhisayo, ezibonisa ubumbano olubalulekile lwento noma indalo.

5-2 : I-Cosmic inkohliso; ngokoqobo, "i- umlinganisi." *i-maya* kuyinto i imilingo amandla ku ukudalwa ngu okuyinto imikhawulo futhi ukuhlukana kukhona ngokusobala samanje ku i Akunakulinganiswa futhi Akunakuhlukaniswa. U-Emerson wabhala i okulandelayo inkondlo, ku- okuyinto yena wanikeza isihloko se- *maya* :

Ukukhohlisa imisebenzi okungangeneki, Ukuluka amawebhu ezingenakubalwa, Yena isitabane izithombe akakaze ukwehluleka, Isixuku ngayinye okunye, isihengo kuvuliwe isihengo, uMkhangizi ozokholwa ngumuntu owomele .ukukhohliswa

5-3 : I ama- *rishi* , ngokoqobo "ababoni," babe i ababhali kwe i *AmaVeda* ku i

okungenakunqunywa izinto zakudala.. 5-4: Isinkwa saseNdiya esiyisicaba, esiyindilinga..

Abantu abavamile cishe qaphela i enkulu izinyathelo kwe ikhulu lama-20 isayensi. Ukuguqulwa kwesimo kwe :5-5 izinsimbi futhi okunye amaphupho e-alchemical kukhona ukubona ukugcwaliseka njalo usuku ku izikhungo kwe kwesayensi ucwaningo sekuphelile i umhlaba. I ovelele IsiFulentshi isazi semithi, UM. Georges Claude, wenza "izimangaliso" eFontainebleau ngo-1928 ngaphambi kokuhlangana kwesayensi ngolwazi lwakhe lwamakhemikhali ngokuguqulwa komoya-mpilo. "Induku yakhe yomlingo" kwakuyi-oxygen elula, ephuphuma epayipini etafuleni. Usosayensi "waguqula inqwaba yesihlabathi yaba amatshe ayigugu, insimbi yaba isimo esifana noshokoledi .oncibilikisiwe, futhi ngemva kokunciphisa izimbali imibala yazo, waziguqula zaba ukuqina kwengilazi

UM. Claude uchaze ukuthi ulwandle lungaguqulwa kanjani ngokuguqulwa komoya-mpilo lube yizigidi eziningi " zamakhilogremu wamandla ehhashi;" Kanjani amanzi okuyinto amathumba kuyinto hhayi ngempela ukusha; Kanjani okuncane izindunduma kwe isihlabathi, ngu a ongashadile ukuphefumula kwe i ipayipi lomoya-mpilo, lingashintshwa libe ama-saphir, ama-rubi, nama-topaze; futhi wabikezela isikhathi lapho kuzokwenzeka khona ukuthi abantu bahambe phansi kolwandle ngaphandle kwemishini yomtshuzi. Ekugcineni usosayensi wamangaza ababukeli bakhe ngokuguqula .ubuso babo kube mnyama ngokususa obomvu emisebeni yelanga

Lososayensi waseFrance odumile ukhiqize umoya owuketshezi ngendlela yokwandisa lapho ekwazile ukuhlukanisa khona izinhlobo ezahlukenye ze- amagesi kwe i umoya, futhi ine kutholakale okuhlukahlukene kusho kwe oomatshini . ukusetshenziswa kwe umehluko kwe izinga lokushisa ku amanzi olwandle

IS AHLUKO: 6

I Ingwe IsiSwami

"Mina babe kutholakale i Ingwe KwaSwami ikheli. Ake thina vakashela yena kusasa."

Lesi siphakamiso sokwamukelwa savela kuChandi, omunye wabangane bami basesikoleni samabanga aphezulu. Ngangilangazelela ukuhlangana nosanta owayebambe futhi walwa nezingwe ngezandla zakhe ezinqunu empilweni yakhe yokukhonza uNkulunkulu. Intshiseko yomfana ngalezi zenzo ezimangalisayo yayinamandla ngaphakathi kimi.

Ngosuku olulandelayo kwaqala ukubanda ebusika, kodwa mina noChandi saphuma sijabule. Ngemva kokuzingela okuningi okungasizi ngalutho eBhowanipur, ngaphandle kweCalcutta, safika endlini efanele. Umnyango wawunezindandatho ezimbili zensimbi, engangizizwa zihlaba umxhwele. Naphezu komsindo, inceku yasondela ihamba kancane. Okuhlekisayo kwakhe ukumamatheka okucashile lokho izivakashi, naphezu yabo umsindo, babe ungenamandla ku- phazamisa i ukuzola yekhaya lomuntu ongcwele.

Sizwa ukukhuzwa buthule, mina nomngane wami sabonga ukumenywa egumbini lokuphumula. Ukulinda kwethu isikhathi eside lapho kwabangela ukungabaza okungakhululekile. Umthetho ongabhalwanga waseNdiya womuntu ofuna iqiniso ukubekezela; inkosi ingase ivivinye ngamabomu ukulangazelela komuntu ukuhlangana nayo. Leli cebo elingokwengqondo lisetshenziswa ngokukhululekile eNtshonalanga ngodokotela nodokotela bamazinyo!

Ekugcineni sibizwe yinceku, mina noChandi sangena efulethini lokulala. I-Sohong edumile **ngo 6-1** USwami wayehleli embhedeni wakhe. Ukubona umzimba wakhe omkhulu kwasithinta ngendlela exakile.

Ngamehlo avuvukele, sama sithule. Sasingakaze sibone isifuba esinjalo noma amabiceps afana nebhola. Entanyeni enkulu, ubuso bukaSwami obunolaka kodwa obuzolile babuhlotshiswe ngezinwele ezigobile, intshebe namadevu. Isici esincane sezimfanelo ezifana nezejuba nesengwe sasikhanya emehlweni akhe amnyama. Wayengagqokile, ngaphandle kwesikhumba sengwe esizungeze okhalweni lwakhe olunemisipha.

Sithole amazwi ethu, mina nomngane wami sabingelela indela, sibonisa ukwazisa kwethu ngobuqhawe bayo enkundleni yekati emangalisayo.

"Awusitsheli, ngicela, ukuthi kungenzeka kanjani ukunqoba izilwane zasehlathini ezinonya kakhulu, amaBengals asebukhosini ngezibhakela ezingenalutho?"

"Madodana ami, akunamsebenzi kimi ukulwa namahlosi. Ngingakwenza namuhla uma kudingeka." Wahleka njengomntwana. "Nibheka amahlosi njengezingwe; mina ngiwazi njengamakati empunzi."

"Swamiji, ngicabanga ukuthi ngingagcizelela ukungazi kwami ngomcabango wokuthi amahlosi angamakati e-pussycats, kodwa ngingenza amahlosi akholwe?"

"Yebo amandla nawo ayadingeka! Umuntu akanakulindela ukunqoba kumntwana ocabanga ukuthi ingwe iyikati lasekhaya! Izandla ezinamandla ziyizikhali zami ezanele."

Wasicela ukuba simlandele siye egcekeni, lapho ashaya khona udonga. Isitini sawela phansi; isibhakabhaka sabuka ngesibindi ngezinyo elivulekile lodonga. Ngathuka kakhulu ngokumangala; lowo ongasusa izitini eziqinile odongeni oluqinile ngokushaya okukodwa, ngacabanga, kumelwe ukuba uyakwazi ukususa amazinyo ezingwe!

"Iningi lamadoda linamandla angokomzimba njengawami, kodwa lisantula ukuzethemba okupholile. Labo abanomzimba kodwa abangebona abaqinile ngokwengqondo bangase bazithole bephelelwa amandla ngokubona nje isilo sasendle sigxumagxuma ngokukhululeka ehlathini. Ingwe ngendlela yaso yemvelo enolaka nendawo yokuhlala ihluke kakhulu esilwaneni sesekethe esidla i-opium!

"Amadoda amaningi anamandla amakhulu aseye ahlushwa aphelelwa amandla ngaphambi kokuhlaselwa yiBengal yasebukhosini. Ngakho-ke ingwe iguqule indoda, engqondweni yayo, yaba isimo esingenazinhlungu njengesekati lekati. Kungenzeka ukuthi indoda, enomzimba oqinile kanye nokuzimisela okunamandla kakhulu, iguqule amatafula engwe, futhi iyiphogelele ukuba iqiniseke ukuthi ayinakuzivikela. Yeka ukuthi ngikwenze kangaki lokho kanye!"

Bengizimisele ukukholelwa ukuthi i-titan eyayiphambi kwami yayikwazile ukwenza ushintsho olukhulu lwekati elifana ne-tiger. Yayibonakala isesimweni sokufundisa; mina

noChandi sasilalele ngenhlonipho.

"Ingqondo iwumthombo wemisipha. Amandla okushaya ngesando ancike emandleni asetshenziswayo; amandla avezwa yithuluzi lomzimba lomuntu ancike entandweni yakhe yobudlova kanye nesibindi. Umzimba wenziwa futhi usekelwe yingqondo ngokoqobo. Ngokucindezelwa kwemizwa evela ezimpilweni zangaphambilini, amandla noma ubuthakathaka kungena kancane kancane emqondweni womuntu. Zivezwa njengemikhuba, ephenduka ibe umzimba ofiselekayo noma ongathandeki. Ubuthakathaka bangaphandle buvela engqondweni; embuthanweni omubi, umzimba oboshwe umkhuba uyawuphazamisa umqondo. Uma inkosi izivumela ukuthi

uma iqondiswa yinceku, le yamuva iba yizigqila; ingqondo nayo iyagqilazwa ukuthobela ukuqondiswa ngokomzimba.

Ngesikhathi sinxusa, i-swami ehlaba umxhwele yavuma ukusitshela

okuthile ngempilo yayo. "Isifiso sami sokuqala kwakuwukulwa namahlosi.

Intando yami yayinamandla, kodwa umzimba wami wawubuthakathaka."

Kwangimangaza ukuthi lo muntu, manje "onamahlombe ase-Atlantis, afanele ukuthwala," wayengazi ubuthakathaka.

"Kwakungenxa yokuphikelela okungapheli emicabangweni yempilo namandla ukuthi nganqoba ukukhubazeka kwami. Nginezizathu eziningi zokudumisa amandla engqondo anamandla engawathola engumnqobi wangempela wamaBengals asebukhosini."

"Ucabanga ukuthi, Swami ohlonishwayo, ukuthi ngingalwa nezingwe?" Lesi kwakuyisikhathi sokuqala nesokugcina lapho isifiso esingavamile safika engqondweni yami!

"Yebo." Wayemomotheka. "Kodwa kunezinhlobo eziningi zezingwe; ezinye zihamba emahlathini ezifiso zabantu. Akukho nzuzo engokomoya etholakala ngokuwisa izilwane zingazi. Kunalokho yiba ngumnqobi phezu kwezilwane ezizingelayo."

"Meyi thina zwa, mnumzane, Kanjani wena kushintshiwe kusukela a u-tamer kwe zasendle izingwe ku- a u-tamer kwe zasendle izinkanuko?

I-Tiger Swami yathula. Ukude kwafika emehlweni akhe, kwamenza wabona imibono yeminyaka edlule. Ngabona ubunzima bakhe obuncane engqondweni ukuze anqume ukuthi ngizosivuma yini isicelo sami. Ekugcineni wamomotheka ngokuvuma.

"Lapho udumo lwami lufika esicongweni, lwaletsa ukudakwa kokuziqhenya. Nganquma hhayi nje ukulwa namahlosi kodwa nokuwabonisa ngamaqhinga ahlukehlukeni. Isifiso sami kwakuwukuphoqa izilwane ezinonya ukuba ziziphathe njengezifuywayo. Ngaqala ukwenza imisebenzi yami obala, ngempumelelo eyanelisayo."

"Oyedwa kusihlwa yami ubaba kungeniwe yami igumbi ku ukucabanga isimo sengqondo.

"Ndodana, nginamazwi okuxwayisa. Bengingakusindisa ezinkingeni ezizayo, ezibangelwa amasondo acindezelayo esizathu nomphumela.'

"Ingabe ungumuntu okholelwa ezeni, Baba? Ingabe inkolelo-ze kufanele ivunyelwe ukuthi ishintshe umbala wamanzi anamandla noma imisebenzi yami?"

"Angisiye umuntu okholelwa enhlekeleleni, ndodana. Kodwa ngikholelwa emthethweni olungile wokuphindisela, njengoba kufundiswa emibhalweni engcwele. Kukhona inzondo ngawe emndenini wasehlathini; ngesinye isikhathi ingase ikubize.'

"Baba, uyangimangaza! Uyazi kahle ukuthi amahlosi anjani—amahle kodwa anesihluku! Ngisho nangemva kokudla okukhulu kwesidalwa esibi, ihlosi liyavutha ngenkanuko entsha lapho libona inyamazane entsha. Kungaba yinyamazane ejabulisayo, edlala utshani behlathi. Ibamba futhi ilume isikhala emphinjeni othambile, lesi silwane esinonya sinambitha igazi elincane elikhalayo,

futhi iyahamba yayo ukungabi nandaba indlela.

"Amahlosi adeleleka kakhulu ohlotsheni lwehlathi! Ngubani owaziyo? Ukushaywa kwami kungase kufake ukucabangela okuncane emakhanda awo amakhulu. Nginguthishanhloko esikoleni esiqeda ihlathi, ukuze ngiwafundise imikhuba emihle!"

"Ngicela, Baba, ungibheke njengomuntu othanda izingwe hhayi njengombulali wezingwe. Izenzo zami ezinhle zingangibangela kanjani okubi? Ngiyakuncenga ukuthi unganginginiki noma yimuphi umyalo wokuthi ngishintshe indlela yami yokuphila."

Mina noChandi sasinaka sonke, siqonda inkinga yesikhathi esidlule. ENdiya ingane ayilaleli kalula izifiso zabazali bayo.

"Ethule kakhulu uBaba walalela incazelo yami. Wayilandela ngencazelo ayisho ngokujulile."

"Ndodana, ungiphoqa ukuba ngilandise isibikezelo esibi esivela emlonyeni wosanta. Ufike kimi izolo njengoba ngihleli everanda ngizindla nsuku zonke."

""Mngane othandekayo, ngiza nomyalezo wendodana yakho enolaka. Mayiyeke imisebenzi yayo enobudlova. Ngaphandle kwalokho, ukuhlangana kwayo okulandelayo nengwe kuzoholela emanxebeni ayo anzima, kulandelwe izinyanga eziyisithupha zokugula okubulalayo. Uzobe eseshiya izindlela zakhe zangaphambili abe yindela."

"Le ndaba ayizange ingihlabe umxhwele. Ngacabanga ukuthi uBaba wayeyisisulu sokukholeka somuntu othanda izinto ngokweqile okhohlisiwe."

I-Tiger Swami yenze lesi sivumo ngesenzo sokungabekezeli, njengokungathi isenza ubuwula. Ethule kakhulu isikhathi eside, wabonakala engakunaki ukuba khona kwethu. Lapho eqala ukuxoxa indaba yakhe, kwaba ngokuzumayo, ngezwi eliphansi.

"Ngemva nje kokuba ubaba esexwayisile, ngavakashela inhloko-dolobha iCooch Behar. Indawo enhle yayintsha kimi, futhi ngangilindele ushintsho oluzolile. Njengokujwayelekile yonke indawo, isixuku esinomdlandla sasingilandela emigwaqweni. Ngangizwa izingcezu zokuphawula okuhlebayo:

"Lona yindoda elwa nezingwe

zasendle.' ""Inemilenze, noma

iziqu zezihlahla?"

"Bheka ku- yakhe ubuso! Yena kumele yiba i ukuzalwa kabusha kwe i inkosi kwe

izingwe yena!'

"Uyazi ukuthi ama-urchin asemakhaya asebenza kanjani njengezinhlelo zokugcina zephephandaba! Ingakanani isivinini amaphephandaba akamuva asakazwa ngaso endlini ngendlu! Kungakapheli namahora ambalwa, idolobha lonke lase lijabule ngokuba khona kwami."

"Ngangiphumule buthule kusihlwa, lapho ngizwa ukushaya kwezinselo zamahhashi agijimayo. Ama phambi kwendawo yami yokuhlala. Kwangena amaphoyisa amaningi amade, agqoke izigqoko."

"Ngamangala. 'Zonke izinto zingenzeka kulezi zidalwa zomthetho wabantu,' ngacabanga. 'Ngiyazibuza ukuthi bazongimangalela yini ngezinto engingazazi nhlobo.' Kodwa izikhulu zakhothama ngenhlonipho engavamile.

"Mnumzane ohloniphekile, sithunywe ukuzokwamukela egameni leNkosana yaseCooch Behar. Uyakujabulela ukukumema esigodlweni sakhe kusasa ekuseni.'

"Ngacabanga isikhashana ngaleli thuba. Ngesizathu esithile esingaqondakali ngazizwa ngizisola kakhulu ngalokhu kuphazamiseka ohambweni lwami oluthule. Kodwa indlela yokuncenga yamaphoyisa yangithinta inhliziyo; ngavuma ukuhamba."

"Ngangididekile ngosuku olulandelayo lapho ngikhishwa ngobuqotho ngiyiswa ebhasikidini elihle elidonswa amahhashi amane. Inceku yayiphethe isambulela esihlotshisiwe ukuze ingivikele elangeni elishisayo. Ngajabulela uhambo olumnandi edolobheni nasemaphethelweni alo ehlathi. Indodana yasebukhosini ngokwayo yayisesangweni lesigodlo ukuzongamukela. Yanikeza isihlalo sayo esinombhalo wegolide, ngokumamatheka izibeka esihlalweni esiklanywe kalula.

"Konke lokhu kuhlonipha kuzongibiza okuthile!' Ngacabanga ngokumangala okukhulu. Inhloso yenkosana yavela ngemuva kwezinkulumo ezimbalwa ezingasho lutho.

"Idolobha lami ligcwele amahemuhemu okuthi ungalwa nezingwe zasendle ngaphandle kwezandla zakho ezinqunu. Ingabe kuyiqiniso?"

"Kuyinto kuyinto impela kuyiqiniso.'

"Angikholwa neze! UngumBengali waseCalcutta, okhuliswe ngempuphu emhlophe yabantu basedolobheni. Ngicela ukhulume iqiniso; beningalwi nje kuphela nezilwane ezingenamgogodla, ezidla i-opium?' Izwi lakhe lalilikhulu futhi lihlekisa, lizwakala ngendlela yesifundazwe.

"Mina kuqinisekisiwe cha impendulo ku- yakhe ukuhlambalaza umbuzo.

"Ngikuphonsela inselelo yokuthi ulwe nengwe yami esanda kubanjwa, uRaja Begum. **6-2** Uma ungamelana naye ngempumelelo, umbophe ngeketanga, bese ushiya ikheji lakhe lisesimweni sokuzwa, uzoba nalo mbuso waseBengal! Kuzonikezwa nezinkulungwane eziningana zama-rupees nezinye izipho eziningi. Uma wenqaba ukuhlanguka naye empini, ngizokhanyisa igama lakho kulo lonke izwe njengomkhohlisi!

"Amazwi akhe okweyisa angishaya njengesibhamu esikhulu. Ngadubula ngamukela ngentukuthelo. Esukuma esihlalweni ngenxa yenjabulo yakhe, inkosana yabuyela emuva ngokumomotheka okunonya. Ngakhunjuzwa ngababusi bamaRoma ababebabulela ukubeka amaKristu ezinkundleni zezilwane."

"Umdlalo uzobekwa isonto lonke kusukela manje. Ngiyazisola ukuthi angikwazi ukukunika invume yokubuka ingwe kusenesikhathi.'

"Angazi ukuthi isikhulu sasisaba ukuthi ngingase ngifune ukukhohlisa lesi silo, noma ngisiphe i-opium ngasese!"

"Ngaphuma esigodlweni, ngiphawula ngokujabula ukuthi isambulela sasebukhosini kanye nebhasi elinophahla manje kwase kulahlekile."

"Ngesonto elilandelayo ngalungiselela ingqondo nomzimba wami ngendlela ehlelekile ukuhlupheka okuzayo. Ngenceku yami ngafunda ngezindaba ezinhle kakhulu. Isibikezelo esibi sikasanta kubaba sasifinyelele phesheya ngandlela thile, sanda njengoba siqhubeka. Abantu abaningi bendawo abavamile babekhohlelwa ukuthi umoya omubi, oqalekisiwe onkulunkulu, wawuphinde wazalwa njengengwe eyathatha izimo ezahlukahlukene zobudemoni ebusuku, kodwa yahlala iyisilwane esinemigqa emini. Le ngwe yedemoni kwakufanele ibe yiyo eyathunyelwa ukuzongithobisa.

"Enye inguqulo eqanjiwe yayiwukuthi imithandazo yezilwane eya kuTiger Heaven yayithole impendulo ngesimo sikaRaja Begum. Wayezoba ithuluzi lokungijezisa—umuntu onesibindi onesibindi, othuka kakhulu zonke izinhlobo zengwe! Indoda engenaboya, engenamazinyo enesibindi sokuphonsela inselelo ingwe ehlome ngezinzipho, enemilenze eqinile! Ubuthi obuqinile bawo wonke amangwe ahlazekile—abantu bendawo bamemezela—babuthole amandla anele okusebenzisa imithetho efihliwe futhi babangele ukuwa komthambisi wengwe oziqhenyayo .

"Inceku yami yaqhubeka yangitshela ukuthi inkosana yayingumphathi wempi phakathi komuntu nesilwane. Yayiqondise ukwakhiwa kwenkundla engangenwa yiziphepho, eyenzelwe ukuhlalisa izinkulungwane. Kuyo isikhungo kubanjwe I-Raja I-Begum ku i okukhulu kakhulu insimbi ikheji, uzungezwe eduze kwegumbi lokuphepha langaphandle. Isiboshwa sakhapha uchungechunge olungapheli lokubhonga kwegazi. Sasondliwe kancane, ukuze sivuse isifiso solaka. Mhlawumbe inkosana yayilindele ukuthi ngibe yisidlo somvuzo!

"Izixuku ezivela edolobheni nasemaphethelweni alo zathenga amathikithi ngentshiseko ngenxa yomsindo wezigubhu ezazimemezela umncintiswano oyingqayizivele. Ngosuku lwempi kwabonakala amakhulu ephenduka ngenxa yokuntuleka kwezihlalo. Amadoda amaningi angena ngenkani ezimbotsheni zamatende, noma agcwala noma iyiphi indawo ngaphansi kwegalari."

Njengoba indaba yeTiger Swami isondela esicongweni, injabulo yami yagcwala kanye nayo; uChandi naye wayethule kakhulu.

"Phakathi kokuqhuma komsindo okuhlabayo okuvela kuRaja Begum, kanye nokuxokozela kwesixuku esasithukile, ngavele ngathula. Ngigqoke kancane okhalweni, ngangingavikelekile yizingubo. Ngavula i-bolt emnyango wegumbi lokuphepha ngalivala ngokuthula ngemuva kwami. Ingwe yezwa igazi. Igxumagxuma ngamandla ezinsimbini zayo, yamukela ngendlela eyesabekayo. Izilaleli zathula ngokwesaba okukhulu; ngangibonakala njengewundlu elimnene phambi kwesilo esithukuthele.

"Ngesikhashana nje ngangingaphakathi kwekheji; kodwa njengoba ngishaya umnyango, uRaja Begum wangithinta ngekhandla. Isandla sami sokunene sasadabukile kakhulu. Igazi lomuntu, okuwukudla okukhulu kakhulu ingwe engakwazi, lawela emifuleni esabekayo. Isiprofetho sosanta sasibonakala sengathi sizogcwaliseka."

"Ngasukuma ngokushesha ngenxa yokulimala kokuqala okubi engake ngakuthola. Ukuxosha i-" Lapho ngibona iminwe yami ebuhlungu ngokuyicindezela ngaphansi kwendwangu yami yesinqe, ngashaya ingalo yami yesobunxele ngokushaya okuqhekekayo. Isilo sabuyela emuva, sazungeza ngemuva kwekheji, sagxuma phambili ngokuqhaqhazela. Isijeziso sami esidumile sobuqhawe sawela ekhanda laso.

"Kodwa ukunambitheka kwegazi kukaRaja Begum kwakufana nokuphuza iwayini okokuqala okucasulayo kumuntu onesifo sofuba isikhathi eside. Njengoba kugqabhuka umsindo omkhulu, ukuhlasela kwesilo kwakhula ngolaka. Ukuzivikela kwami okunganele kwesandla esisodwa kwangishiya ngisengozini phambi kwezinzapho namazinyo. Kodwa ngenza impindiselo emangalisayo. Sihlangene, salwa ngokufa. Ikheji laligcwele udlame, njengoba igazi lalisakazeka kuzo zonke izinhlangothi, futhi ukuqhuma kobuhlungu nenkanuko ebulalayo kwavela emphinjeni wesilwane."

"Mdubuleni! 'Bulalani ingwe!' Kwavela umsindo ezilalelini. Kwashesha kakhulu ukuhamba komuntu nesilwane, ukuthi inhlamvu yonogada ilahlekile. Ngaqoqa wonke amandla ami, ngabhonga kakhulu, futhi ngashaya okokugcina okunamandla. Ingwe yawa yalala buthule.

"Njengokuthi a ikati lesifebe!" Mina kuphazamisekile.

I i-swami wahleka ku inhliziyo ukwazisa, bese kuba kuyaqhubeka i okuthakazelisayo indaba.

"URaja Begum wanqotshwa ekugcineni. Ukuziqhenya kwakhe ngobukhosi kwathotshiswa kakhulu: ngezandla zami ezidabukile, ngaphoqa ngokuvula imihlathi yakhe ngesibindi. Okwesikhashana esimangalisayo, ngabamba ikhanda lami ngaphakathi kogibe lokufa olukhamulukayo. Ngabheka nxazonke ukuthola uchungechunge. Ngadonsa olulodwa enqwabeni phansi, ngabopha ingwe ngentamo yayo ezinsikeni zekheji. Ngokunqoba ngaya emnyango.

"Kodwa lokho isilo umuntu, I-Raja I-Begum, wayenayo amandla kufanelekile kwe yakhe okucatshangwayo onamademoni imvelaphi. Ngokugxuma okumangalisayo, wanqamula iketanga wagxumela emhlane wami. Ihlombe lami liqinile emihlathini yakhe, ngawa ngamandla. Kodwa ngokuzumayo ngamfaka ngaphansi kwami. Ngaphansi kokushaywa ngonya, lesi silwane esinonya sawela phansi saquleka. Kulokhu ngamvikela ngokucophelela. Kancane kancane ngaphuma ekhejini.

"Ngizithole ngisesiphithiphithini esisha, kulokhu ngijabule kakhulu. Isixuku sajabula sengathi sivela umphimbo owodwa omkhulu. Ngihlukunyezwe kabi, ngangisafeze imibandela emithathu yokulwa - ngimangaza ingwe, ngiyibopha ngeketanga, futhi ngiyishiya ngaphandle kokufuna usizo lwami. Ngaphezu kwalokho, ngangilimaze kakhulu futhi ngesabisa lesi silo esinolaka kangangokuthi sasineliwa ukunganaki umvuzo ofanele wekhanda lami emlonyeni waso!

"Ngemva kokwelashwa kwamanxeba ami, ngadunyiswa futhi ngagqokiswa imigexo; amakhulu ezinhlamvu zegolide ahlanzwa ezinyaweni zami. Lonke idolobha langena esikhathini samaholide. Kwazwakala izingxoxo ezingapheli kuzo zonke izinhlangothi mayelana nokunqoba kwami enye yezingwe ezinkulu nezinonya kakhulu ezake zabanwa. URaja Begum wanikezwa kimi, njengoba kwathenjiswa,

kodwa angizange ngizizwe ngijabule. Ushintsho olungokomoya lwalungene enhliziyweni yami. Kwabonakala sengathi ngokuphuma kwami kokugcina ekhejini ngangivale nomnyango wezifiso zami zezwe.

"Kwalandela isikhathi esibuhlungu. Izinyanga eziyisithupha ngalala cishe ngifa ngenxa yobuthi egazini. Lapho nje sengiphilile ngokwanele ukuba ngishiye iCooch Behar, ngabuyela edolobheni lakithi."

"Sengiyazi manje ukuthi uthisha wami yindoda engcwele eyanikeza isixwayiso esihlakaniphile.' Ngenza lesi sivumo ngokuthobeka kubaba. 'O, ukube nje bengingamthola!' Isifiso sami sasiqotho, ngoba ngolunye usuku lo santa wafika engakamenyezelwa.

"Kwanele kwe ingwe ukuthambisa.' Yena wakhuluma nge ukuzola isiqinisekiso. 'Woza nge mina; Mina intando fundisa wena ku-

ngobani izilwane zokungazi ezizulazula emahlathini engqondo yomuntu. Nijwayele izilaleli: makube umthala wezingelosi, ezijatshuliswa ubuchwepheshe benu obujabulisayo be-yoga!

"Ngaqaliswa endleleni yokomoya ngumfundisi wami ongcwele. Wangivulela iminyango yomphefumulo, igqwalile futhi iqine futhi ingasetshenziswa isikhathi eside. Sibambene ngezandla, ngokushesha saqala ukuqeqeshwa kwami eHimalaya."

Mina noChandi sakhothama ezinyaweni zikaSwami, sibonga ngesimo sakhe esicacile sempilo enesizungu ngempela. Ngazizwa ngikhokhelwa kakhulu ngokulinda isikhathi eside ngivivinywa ekamelweni elibandayo!

6-1 : *I-Sohong* kwakuyi yakhe indlu yezindela igama. Yena kwakuyi okudumile kwaziwa njengoba i "Ingwe" "Swami."

6-2 : "INKosana "Nkosazana" -ngakho igama ku- khombisa lokho lokhu isilo uphethwe yizigebengu i kuhlanganiswe ulaka kwe ingwe futhi ingwe.

ISAHLUKO: 7

I Ukuhlanza uSanta

"Ngibone i-yogi ihleli emoyeni, iphakeme ngamamitha ambalwa ngaphezu komhlaba, izolo ebusuku emhlanganweni weqembu." Umngane wami, u-Upendra Mohun Chowdhury, ukhulume ngendlela ehlaba umxhwele.

Ngamomotheka ngentshiseko. "Mhlawumbe ngingaqagela igama lakhe. Ingabe kwakunguBhaduri Mahasaya, wase-Upper Circular Road?"

U-Upendra wanqekuzisa ikhanda, edangele kancane ngenxa yokungabi ngumsakazi wezindaba. Ukubuza kwami ngabangcwele kwakwaziwa kakhulu ngabangane bami; babekujabulela ukungibeka endleleni entsha.

"I-yogi ihlala eduze kakhulu nekhaya lami kangangokuthi ngivame ukuyivakashela." Amazwi ami aletha isithakazelo esikhulu ebusweni buka-Upendra, futhi ngenza ukuzethemba okwengeziwe.

"Ngimbonile ezenze izinto ezimangalisayo. Ube ngochwepheshe ekunqobeni *ama-pranayama ahlukahlukene* **ngo 7-1.**" ye-yoga yasendulo enezinhlu

eziyisishiyagalombili echazwe nguPatanjali. **7-2** Ngesinye isikhathi uBhaduri Mahasaya wenza *iBhastrika Pranayama* phambi kwami ngamandla amangalisayo kangangokuthi kwabonakala sengathi kuvele isiphepho sangempela ekamelweni! Wabe esecima umoya odumayo wahlala enganyakazi esimweni esiphakeme sokuqaphela izinto ezingaphezu kwamandla. **7-3** I-aure yokuthula ngemva kwesiphepho yayicacile ngendlela engenakulibaleka."

"Mina wezwa lokho i ongcwele akakaze amaqabunga yakhe ekhaya." I-Upendra's ithoni kwakuyi a i-trifle ukungakholwa.

"Ngempela kuyiqiniso! Uhlale endlini iminyaka engamashumi amabili edlule. Uzikhulula kancane umthetho wakhe azibekela wona ngezikhathi zemikhosi yethu engcwele, lapho ehamba aze afike eduze komgwaqo wakhe ongaphambili! Abaceli babuthana lapho, ngoba uSaint Bhaduri waziwa ngenhliziyo yakhe emnene."

"Kanjani ingabe yena hlala ku i umoya, ukwedelela i umthetho kwe amandla adonsela phansi?"

"Umzimba we-yogi ulahlekelwa ubumnene bawo ngemva kokusebenzisa *ama-pranayama athile* . Ngemva kwalokho uzogxuma noma ugxume njengexoxo eligxumayo. Ngisho nabangcwele abangayenzi i-yoga ehlelekile 7-4 bekwaziwa ukuthi bakhipha umoya ovunguzayo ngesikhathi sokuzinikela okukhulu kuNkulunkulu.

"Ngingathanda ukwazi okwengeziwe ngalesi sazi. Uyaya emihlanganweni yakhe yakusihlwa?" Amehlo ka-Upendra ayekhanya ngelukuluku.

"Yebo, ngiya njalo. Ngijatshuliswa kakhulu yilobu buhlakani bakhe. Ngezinye izikhathi ukuhleka kwami isikhathi eside konakalisa udumo lwemihlangano yakhe. Ongcwele akacasukile, kodwa abafundi bakhe babukeka njengezinkemba!"

Ngesikhathi ngibuya esikoleni ntambama, ngadlula endlini kaBhaduri Mahasaya futhi nganquma ukuvakasha. I-yogi yayingafinyeleleki emphakathini. Umfundi oyedwa, owayehlala phansi, wayeqaphe ubumfihlo benkosi yakhe. Umfundi wayengumuntu othanda i-martinet; manje wabuza ngokusemthethweni ukuthi ngabe "nginomshado." Isazi sakhe sabonakala ngesikhathi esifanele ukuze singisindise ekukhishweni kwesikhashana.

"Makeze uMukunda uma ethanda." Amehlo esazi akhanya. "Umthetho wami wokuzihlukanisa awukona ukuze ngiziduduze, kodwa ngowabanye. Abantu bezwe abawuthandi ubuqotho obuqeda ukukhohlisa kwabo. Abangcwele abavamile nje kuphela kodwa bayadida. Ngisho nasezincwadini ezingcwele, bavame ukutholakala benamahloni!"

Ngilandele uBhaduri Mahasaya ngaya endaweni yakhe eqinile esitezi esiphezulu, lapho ayevame ukushukuma khona. Ochwepheshe bavame ukungawunaki umbono we-ado yomhlaba, ngaphandle kokugxila kuze kube yilapho begxile ezikhathini zakudala. Abantu abaphila ngesikhathi somuntu ohlakaniphile ababodwa yilabo abaphila esikhathini samanje esincane.

"Maharishi, 7-5 wena kukhona i kuqala i-yogi Mina babe kwaziwa I-WHO njalo ukuhlala endlini."

"UNkulunkulu izitshalo yakhe abangcwele ngezinye izikhathi ku okungalindelekile inhlabathi, funa thina cabanga thina kungenzeka nciphisa Yena ku- a umthetho!"

Isihlakaniphi savala umzimba waso ogcwele amandla ngesimo se-lotus. Eminyakeni yaso yo-1970, asizange sibonise zimpawu ezingathandeki zokuguga noma impilo yokuhlala phansi. Njengoba ayeqinile futhi eqondile, wayengumuntu ophelele kuzo zonke izici. Ubuso bakhe babunjalo lowo we- *rishi* , njengoba kuchazwe emibhalweni yasendulo. Wayenekhanda elihle, enentshebe eningi, wayehlala eqonde ngqo, amehlo akhe athule egxile ekubeni khona kuyo yonke indawo.

I ongcwele futhi Mina kungeniwe i ukuzindla isimo. Ngemva i ihora, yakhe mnene izwi uvukile mina.

"Uvame ukungena ekuthuleni, kodwa ingabe usuvele uthuthuke ?" **7-6**

Wayengikhumbuza ukuthi ngithande uNkulunkulu ngaphezu kokuzindla.

"Ungaphambanisi inqubo nomgomo."

Wanginika ama-mango. Ngalobo buhlakani obuhle engabuthola bujabulisa kakhulu ngesimo sakhe esibi, wathi, "Abantu ngokuvamile bathanda kakhulu i- *Jala Yoga* (ukuhlangana nokudla) kune- *Dhyana Yoga* (ukuhlangana noNkulunkulu)."

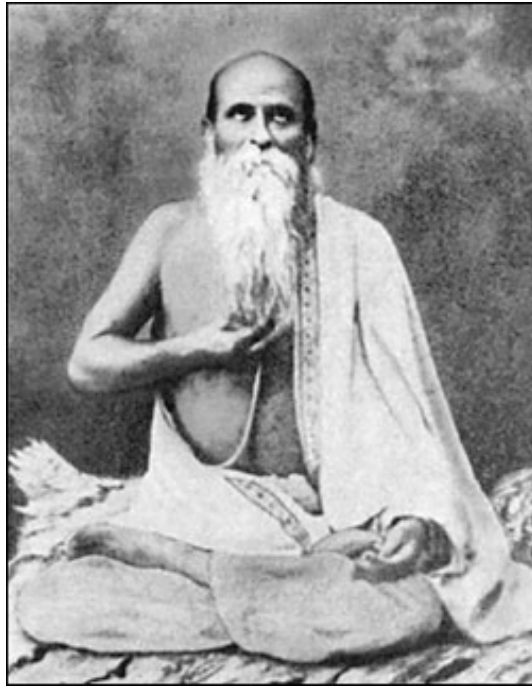
Okwakhe i-yogic isigqi ethintekile mina ngokuxokozela.

"Yeka ukuhleka okunakho!" Kwavela ukukhanya kothando emehlweni akhe. Ubuso bakhe babuhlala buqinile, kodwa buthintwe ukumamatheka okujabulisayo. Amehlo akhe amakhulu, e-lotus ayenokuhleka okufihliwe kwaphezulu.

"Lezo zincwadi zivela eMelika ekude." Isazi sabonisa izimvilophu eziningana ezijiyile etafuleni. "Ngibhalelana nemiphakathi embalwa lapho amalungu ayo anesithakazelo kwi-yoga. Bathola i-India kabusha, benomqondo ongcono wesiqondiso kunoColumbus! Ngiyajabula ukubasiza. Ulwazi lwe-yoga lukhululekile kubo bonke abazoluthola, njengokukhanya kwelanga okungakhazimuli.

"Lokho *ama-rishi* abhekwa njengabalulekile ekusindisweni komuntu akudingeki ancishiswe eNtshonalanga. Nakuba ehlukenene ngomphefumulo, iNtshonalanga noma iMpumalanga ngeke ichume uma uhlobo oluthile lwe-yoga oluqondisayo lungenziwa."

Ungcwele wangibamba ngamehlo akhe athule. Angizange ngiqaphele ukuthi inkulumo yakhe yayiyisiqondiso esingokwesiprofetho esifihliwe. Kumanje nje, njengoba ngibhala la mazwi, lapho ngiqonda khona incazelo egcwele ezindabeni ezivamile ayevame ukunginika zona ukuthi ngelinye ilanga ngizohambisa izimfundiso zaseNdiya ziye eMelika.



I-BHADURI UMAHASAYA
"I- Ukuhlanza "Santa"

"Mnumzane," ngabuza, "kungani ungabhali incwadi nge-yoga ukuze kuzuze umhlaba?" "Ngiqeqesha abafundi," ephendula. "Bona nabafundi babo bazoba yizincwadi eziphilayo, ubufakazi obumelene nokuwohloka kwemvelo kwesikhathi kanye nokuchazwa okungavamile kwabagxeki."

"Maharishi, Mina isifiso wena ngabe bhala a incwadi kuvuliwe i-yoga ngoba i inzuzo kwe i umhlaba."

"Ngiqeqesha abafundi. Bona nabafundi babo bazoba yizincwadi eziphilayo, ubufakazi obumelene nokuwohloka kwemvelo kwesikhathi kanye nokuchazwa okungavamile kwabagxeki." Ubuhlakani bukaBhaduri banga ngahleka kakhulu.

Ngasala ngedwa ne-yogi kwaze kwaba yilapho abafundi bakhe befika kusihlwa. Bhaduri Mahasaya wangena kwenye yezinkulumo zakhe ezingenakulingiswa. Njengesikhukhula esinokuthula, wasusa izingcezu zengqondo zezilaleli zakhe, wazintanta zaya kuNkulunkulu. Imifanekiso yakhe emangalisayo yavezwa ngesiBengali esingenaphutha.

Kusihlwa uBhaduri uchaze amaphuzu ahlukahlukene efilosofi ahlobene nokuphila kukaMirabai, inkosazana yaseRajputani yasendulo eyashiya impilo yayo yasesigodlweni ukuze ifune ukuba nobudlelwane noSadhus. Omunye u-grand-sannyasi wenqaba ukumamukela ngoba wayengowesifazane; impendulo yakhe yammisa ngokuthobeka.

"Tshela inkosi," esho, "ukuthi bengingazi ukuthi kukhona owesilisa endaweni yonke ngaphandle kukaNkulunkulu; sonke asibona abesifazane phambi Kwakhe?" (Umbono ongokomBhalo weNkosi njengokuphela kweSimiso Sokudala Esihle, indalo Yakhe iyinto engelutho ngaphandle kwe- *maya engenzi lutho* .)

UMirabai waqamba izingoma eziningi ezijabulisayo ezisabalulekile eNdiya; ngihumusha enye yazo lapha:

"Ukube ngokugeza nsuku zonke uNkulunkulu
ubengabonakala, ngabe sengibe umkhomo
ekujuleni;
Ukube ngokudla izimpande nezithelo Wayengaziwa
Ngingajabula ukuthi ngingakhetha isimo sembuzi;
Uma ukubalwa kwamarosari kumembula Yena
bengizothandaza ngamabhantshi amakhulu;
Uma ngikhothama phambi kwezithombe
zamatshe ngimembula Yena Intaba elukhuni
bengizoyikhulekela ngokuthobeka;
Ukube ngokuphuza ubisi iNkosi ingamuncwa

Amathole amaningi nezingane zingamazi;
Uma ukushiya umkakho kungabiza uNkulunkulu,
izinkulungwane bezingeke yini zibe
yizithenwa?
UMirabai uyazi ukuthi ukuthola Ongcwele
Okuwukuphela kwento ebalulekile uthando.

Abafundi abaningana bafaka ama-rupee ezicathulweni zikaBhaduri ezazilele eceleni kwakhe njengoba ehleli ngesimo se-yoga. Lo mnikelo ohloniphekile, ojwayelekile eNdiya, ubonisa ukuthi umfundi ubeka izimpahla zakhe ezibonakalayo ezinyaweni zikamfundisi. Abangane ababongayo yiNkosi ezifihlekile kuphela, enakekela eyayo.

"Nkosi, umuhle kakhulu!" Umfundi, ethatha ikhefu, wabuka ngentshiseko isazi sendabuko. "Uye wadela ingcebo nenduduzo ukuze ufune uNkulunkulu futhi usifundise ukuhlakanipha!" Kwakwaziwa kahle ukuthi uBhaduri Mahasaya wayeshiye ingcebo enkulu yomndeni ebuntwaneni bakhe, lapho engena endleleni ye-yoga ngomqondo owodwa.

"Uyalihlehlisa icala!" Ubuso bosanta babunolaka oluncane. "Ngishiye ama-rupee ambalwa amancane, ambalwa okuncane injabulo, ngoba a indawo yonke umbuso kwe okungenamkhawulo injabulo. Kanjani bese kuba babe Mina kwenqatshwe Nginalo yini mina? Ngiyazi injabulo yokwabelana ngengcebo. Ingabe lokho kuwukuzidela? Abantu bezwe abanombono ofiphele ngempela bangabantu abalahliwe ngempela! Badela impahla yaphezulu engenakuqhathaniswa ukuze bathole amathoyizi ambalwa asemhlabeni ampofu!"

Ngahleka usulu ngalo mbono ophikisanayo wokulahlwa - lowo obeka isithunzi sikaCroesus kunoma yimuphi umuntu ocelayo ongcwele, kuyilapho uguqula bonke abantu abazidlayo babe abafel' ukholo abangazi lutho.

"Umyalelo kaNkulunkulu uhlela ikusasa lethu ngokuhlakanipha kakhulu kunanoma iyiphi inkampani yomshuwalense." Amazwi okuphetha enkosi ayeyinkolelo egcwalisekile yokholo lwakhe. "Umhlaba ugcwele amakholwa angakhululekile ngokuphepha kwangaphandle. Imicabango yabo ebuhlungu injengezibazi emabunzini abo. Lowo owasinika umoya nobisi kusukela ekuphefumuleni kwethu kokuqala uyazi ukuthi angalungiselela kanjani usuku nosuku abazinikele bakhe."

Ngaqhubeka nohambo lwami lokuya emnyango kasanta ngemva kwesikole.

Ngentshiseko ethule wangisiza ukuba ngifinyelele ku *-anubhava* . Ngolunye usuku wathuthela eRam Mohan Roy Road, kude nomakhelwane wekhaya lami eGurpar Road. Abafundi bakhe abanothando babemakhele indawo entsha yokuhlala, eyaziwa ngokuthi "iNagendra Math." 7-7

Nakuba kungibeka phambili endabeni yami ngeminyaka eminingana, ngizolandisa lapha amazwi okugcina anginikwe nguBhaduri Mahasaya. Ngaphambi nje kokuba ngithathe uhambo oluya eNtshonalanga, ngamfuna futhi ngaguqa ngokuthobeka ukuze ngithole isibusiso sakhe sokuvalelisa:

"Ndodana, hamba uye eMelika. Thatha isithunzi se-India engwevu njengesihlangu sakho. Ukunqoba kubhalwe ebunzini lakho; abantu abahloniphekile abakude

bazokwamukela kahle."

7-1 : Izindlela kwe ukulawula amandla okuphila ngokusebenzisa

umthethonqubo kwe umoya. 7-2: Ummeleli ovelele wasendulo

we-yoga.

Oprofesa baseFrance babengabokuqala eNtshonalanga ukuzimisela ukuphenya ngokwesayensi ngamathuba :7-3 ezinto ezingabonakali ingqondo. Uprofesa UJules-Bois, ilungu kwe i I-L'Ecole de I-Psychology kwe i ISorbonne, ofundisiwe ku IMelika ngo-1928; watshela izilaleli zakhe ukuthi ososayensi baseFrance baye baqaphela ukuqaphela okungaphezu kwamandla, "okuphambene kakhulu nengqondo kaFreud engaphansi kwamandla futhi kuyikhono elenza umuntu abe ngumuntu ngempela hhayi nje isilwane esingaphezu kwamandla." UM. Jules-Bois wachaza ukuthi ukuvuka kokuqaphela okuphakeme "kwakungafanele kudidaniswe nokukholelwa ku-Coueism noma i-hypnotism. Ukuba khona kwengqondo engaphansi kwamandla eminyaka eminingi sekuyisikhathi eside kuqashelwa ngokwefilosofi, empeleni kuyi-Oversoul kukhulunywa kwe ngu u-Emerson, kodwa kuphela muva nje ine yona ube kuyaqashelwa ngokwesayensi." I IsiFulentshi usosayensi okukhonjiwe ukuthi ekuqapheleni okungaphezu kwamandla angaphezu kwawemvelo kuvela ugqozi, ubuhlakani, nezindinganiso zokuziphatha. "Ukukholelwa kulokhu akuyona imfihlakalo yize kunjalo

".kuyaqashelwa futhi inani i izimfanelo okuyinto izimfihlakalo washumayela

ISt. UTheresa kwe I-Avila futhi okunye umKristu abangcwele babe ngokuvamile :7-4

".kubonwe ku a isimo kwe ukuhalalisela. 7-5: "Isihlakaniphi esikhulu

.Okwangempela ukuqonda kwe UNkulunkulu :7-6

. I kasanta egcwele igama kwakuyi I-Nagendranath UBhaduri. *Izibalo* kusho indawo yokuhlala noma *u-ashram* :7-7

ISAHLUKO: 8

I-India Kuhle kakhulu Usosayensi, I-JC I-Bose

"AmaJagadi UChandra KwaBose okungenantambo izinto ezisunguliwe okudlule isikhathi labo kwe "Marconi."

Ngizwa le nkulumo evusa inkanuko, ngasondela eqenjini labaprofesa ababehamba ngezinyawo ababexoxa ngesayensi. Uma isisusa sami sokujoyina nabo kwakuwukuzigqaja ngokohlanga, ngiyazisola. Angikwazi ukuphika intshisekelo yami ebufakazini bokuthi i-India ingadlala indima ehamba phambili kwi-physics, hhayi i-metaphysics yodwa.

"Ini yenza wena kusho ukuthini, mnumzane?"

Uprofesa wachaza ngokuzimisela. "UBose wayengowokuqala ukusungula i-coherer engenantambo kanye nethuluzi lokubonisa ukujiya kwamagagasi kagesi. Kodwa usosayensi waseNdiya akazange asebenzise izinto azisungulile ngokuhweba. Ngokushesha waphendukela ekugxileni ezintweni ezingaphili waya ezweni lezinto eziphilayo. Izinto azitholile ezintsha njengososayensi wezitshalo zidlula ngisho nempumelelo yakhe enkulu njengososayensi wefiziksi."

Ngambonga ngenhlonipho umeluleki wami. Wanezela, "Usosayensi omkhulu ungomunye woprofesa bami ePresidency College."

Ngavakashela isage ngakusasa emzini waso, owawuseduze nowami eGurpar Road. Bengilokhu ngimthanda kakhulu ngikude ngenhlonipho. Isazi sezitshalo esisethuneni nesisethathe umhlalaphansi sangibingelela ngomusa. Wayeyindoda enhle, enamandla eneminyaka engamashumi amahlanu, enezinwele ezijiyile, ibunzi elibanzi, namehlo angabonakali omuntu ophuphayo. Ukunemba kwezwi lakhe kwembula umkhuba wesayensi wokuphila konke.

"Ngisanda kubuya ohambweni lokuya emiphakathini yesayensi yaseNtshonalanga. Amalungu abo abonise intshisekelo enkulu ezintweni ezithambile engizisungulile ezibonisa

ubunye obungenakuhlukaniswa bazo zonke izinto eziphilayo. **8-1** I-Bose crescentgraph inobukhulu obukhulu obuyizigidi eziyishumi zokukhulisa. I-microscope ikhula izikhathi ezimbalwa kuphela; kodwa ilethe ugqozi olubalulekile kwisayensi yezinto eziphilayo. I-crescograph ivula imibono engenakubalwa.

"Wenze okuningi, mnumzane, ukusheshisa ukwamukelwa kweMpumalanga neNtshonalanga ezingalweni zesayensi ezingezona ezomuntu ."

"Ngafundiswa eCambridge. Yeka indlela yaseNtshonalanga yokuthumela yonke imibono ekuqinisekiseni okucophelelayo kokuhlola! Leyo nqubo yokuhlolwa ihambisane nesipho sokuzihlola okuyifa lami laseMpumalanga. Ndawonye zingenze ngakwazi ukuhlukanisa ukuthula kwezindawo zemvelo isikhathi eside ezingakhulumisani. Amashadi alandisayo e-crescograph yami **8-2** kuwubufakazi babangabazi kakhulu ukuthi izitshalo zinesimiso sezinza esizwelayo kanye nohlelo oluhlukahlukeni lwezinzwa impilo yemizwa. Uthando, inzondo, injabulo, ukwesaba, injabulo, ubuhlungu, ukujabula, ukudinwa, kanye nezimpendulo eziningi ezifanele ezikhuthazweni zitholakala ezitshalweni njengasezilwaneni.

"Ukuphila okuyingqayizivele kuyo yonke indalo kungabonakala kuyisithombe senkondlo ngaphambi kokufika kwakho, Profesa! Ungcwele engangimazi ukuthi wayengeke alokothe aqoqe izimbali. 'Ingabe kufanele ngiphuce isihlahla sama-rose ukuziqhenya ngobuhle baso? Ingabe kufanele ngisihlabe ngonya isithunzi saso ngokusilahla kwami ngokungahloniphi?' Amazwi akhe ozwela aqinisekiswa ngokoqobo ngokuthola kwakho!"

"Imbongi isondelene kakhulu neqiniso, kuyilapho usosayensi esondela ngendlela exakile. Woza ngolunye usuku elabhorethri yami uzobona ubufakazi obungenakuphikiswa be-crescograph."

Ngenjabulo ngasamukela isimemo, futhi ngahamba. Ngezwa kamuva ukuthi isazi sezitshalo sasishiye iPresidency College, futhi sasihlela isikhungo socwaningo eCalcutta.

Lapho i-Bose Institute ivulwa, ngaba khona ezinkonzweni zokuzinikezela. Amakhulu abantu abanomdlandla ayehambahamba phezu kwale ndawo. Ngangikhangwe ubuciko kanye nophawu olungokomoya lwekhaya elisha lesayensi. Ngaphawula ukuthi isango layo langaphambili laliyisikhumbuzo sekhulu leminyaka esivela endaweni engcwele ekude. Ngemuva kwe-lotus **8-3** Umthombo, isithombe sowesifazane esiqoshiwe esinethoshi sasiveza inhlonipho yamaNdiya ngowesifazane njengomphathi wokukhanya ongafi. Ingadi yayinethempeli elincane elinikezelwe kuNoumenon ngale kwezehlakalo. Umcabango wokungabi khona konkulunkulu wawusikiselwa ukungabikho kwanoma yisiphi isithombe se-altare.



Mina ku- Ubudala eziyisithupha



I-JAGADIS UChandra I-BOSE

I-India kuhle kakhulu isazi sesayensi yefiziksi, isazi sezitshalo, futhi umsunguli kwe i I-Crescograph

KwaBose inkulumo kuvuliwe lokhu kuhle kakhulu isikhathi kungenzeka babe kukhishwe kusukela i izindebe kwe eyodwa kwe i ugqozi yasendulo

. uRishis

"Namuhla nginikela lesi Sikhungo hhayi nje njengelabhorethri kodwa njengethempeli." Inhlonipho yakhe yesaba njengengubo engabonakali phezu

kwehholo eligcwele abantu. "Ekuqhubekeni nophenyo lwami ngaholelwa ngokungazi esifundeni esisemngceleni wefiziksi kanye nefiziyoloji. Ngamangala lapho ngithola

imigga yemingcele iyanyamalala, kanye nezindawo zokuxhumana ziyavela, phakathi kwezindawo eziphilayo nezingaphili. Izinto ezingaphili zazibhekwa njengento engaphili; zazijabulisa kakhulu ngaphansi kwesenzo samandla amaningi.

"Ukusabela okubanzi kwabonakala sengathi kuletha insimbi, izitshalo nezilwane ngaphansi komthetho ovamile. Konke kwabonisa izimo ezifanayo zokukhathala nokucindezeleka, kanye namathuba okululama kanye kwe ukuphakanyiswa, njengoba kahle njengoba i unomphela ukungaphenduli okuhlobene nge ukufa. Kugcwalisiwe Ngimangaliswe yilokhu kuhlenganiswa okumangalisayo, nganginethemba elikhulu ukuthi ngimemezele imiphumela yami phambi kweRoyal Society - imiphumela eboniswe ngokuhlolwa. Kodwa ososayensi bezinto eziphilayo ababekhona bangeluleka ukuthi ngizibophezele ekuphenyweni ngokomzimba, lapho impumelelo yami yayiqinisekisiwe khona, kunokuba ngingene ezindaweni zabo zokugcina. Ngangingazi ukuthi ngiphambukele endaweni yesimiso sohlanga esingajwayelekile futhi ngakho ngacasula ukuziphatha kwaso.

"Kwakukhona nokubandlulula okungazi lutho kwezenkolo, okuhlenganisa ukungazi nokholo. Kuvame ukukhohlwa ukuthi Lowo owasizungeza ngale mfihlakalo yendalo ehlala ishintsha uye wafaka kithi isifiso sokubuza nokuqonda. Eminyakeni eminingi yokungaqondi kahle, ngathola ukuthi impilo yomuntu ozinikele kwisayensi igcwele umzabalazo ongapheli. Kungokwakhe ukulahla impilo yakhe njengomnikelo oshisekayo - maqondana nenzuzo nokulahlekelwa, impumelelo nokwehluleka, njengomuntu oyedwa."

"Ngokuhamba kwesikhathi imiphakathi yesayensi ehamba phambili emhlabeni yamukela imibono yami nemiphumela, futhi yaqaphela ukubaluleka komnikelo wamaNdiya kwisayensi. **8-4** Ingabe kukhona into encane noma elinganiselwe engakwanelisa ingqondo yaseNdiya? Ngesiko eliqhubekayo lokuphila, kanye namandla abalulekile okuvuselela ubusha, leli zwe lizilungisile ngokuguqulwa okungenakubalwa. AmaNdiya abelokhu evele, elahla umklomelo osheshayo nowokuheha wehora, aye afuna ukugcwaliseka kwemigomo ephakeme kakhulu empilweni—hhayi ngokuzilahla ngaphandle kokwenza lutho, kodwa ngokulwa okusebenzayo. Umuntu obuthakathaka owenqabe ingxabano, engatholi lutho, akanalutho angalulahla. Nguye yedwa oye walwela futhi wanqoba angacebisa umhlaba ngokunikeza izithelo zokuhlenganwe nakho kwakhe kokunqoba.

"Umsebenzi osuvele wenziwe elabhorethri yaseBose mayelana nokusabela kwezinto, kanye nokwembulwa okungalindelekile empilweni yezitshalo, uvule izindawo ezinde kakhulu zocwaningo ku-physics, ku-physiology, kwezokwelapha, kwezolimo, ngisho nakwezengqondo. Izinkinga ezazibhekwa njengezingaxazululekile kuze kube manje sezilethwe emkhakheni wocwaningo lokuhlola."

"Kodwa impumelelo ephezulu ayitholakali ngaphandle kokunemba okuqinile. Yingakho ibhethri elide lezinsimbi ezibucayi kakhulu kanye nemishini yomklamo wami, emi phambi kwakho namuhla ezimweni zabo ehholo lokungena. Bakutshela

ngemizamo ende yokulandela ukubonakala okukhohlisayo okubonakala kungokoqobo okungabonakali, kokuzikhandla okuqhubekayo kanye nokuphikelela kanye nobuhlakani obubizwa ukuze kungotshwe ukulinganiselwa kwabantu. Bonke ososayensi bokudala bayazi ukuthi ilabhorethri yangempela yingqondo, lapho ngemuva kwemicabango bembula khona imithetho yeqiniso.

"Izinkulumo ezinikezwa lapha ngeke zibe nje ukuphindaphinda kolwazi olusetshenziswe ngomunye umuntu. Zizomemezela izinto ezintsha ezitholwe, eziboniswe okokuqala kula mahholo. Ngokushicilelwa njalo komsebenzi weSikhungo, le minikelo yaseNdiya izofinyelela umhlaba wonke."

Zizoba impahla yomphakathi. Azikho iziqinisekiso zobunikazi ezizothathwa. Umoya wesiko lethu lesizwe ufuna ukuthi sikhululeke kuze kube phakade ekungcolisweni kokusebenzisa ulwazi ukuze kuzuze thina kuphela.

"Kuyisifiso sami ukuthi izinsiza zalesi Sikhungo zitholakale, ngangokunokwenzeka, kubasebenzi abavela kuwo wonke amazwe. Kulokhu ngizama ukuqhubeka namasiko ezwe lami. Kuze kube manje emakhulwini eminyaka angamashumi amabili nanhlanu, iNdiya yayamukela emanyuvesi ayo asendulo, eNalanda naseTaxila, izazi ezivela kuzo zonke izingxenye zomhlaba."

"Nakuba isayensi kuyinto akukho noyedwa kubo kwe i EMpumalanga noma kwe i INTshonalanga kodwa kunalokho ngamazwe ngamazwe ku ukuba kwayo yonke indawo, kodwa i -India ikulungele ngokukhethekile ukwenza iminikelo emikhulu. Umcabango ovuthayo waseNdiya, ongakhipha ukuhleleka okusha enqwabeni yamaqiniso abonakala ephikisana, uvinjelwa umkhuba wokugxila. Lokhu kuzibamba kunikeza amandla okubamba ingqondo ukuze ifune iqiniso ngesineke esingenamkhawulo.

Izinyembezi zema emehlweni ami lapho ngibona amazwi okugcina kasosayensi. Ingabe igama elithi "ukubekezela" alisho ukuthi iNdiya ifana ne-India, lidida i-Time nezazi-mlando ngokufanayo?

Ngaphinde ngavakashela isikhungo socwaningo, ngemva nje kosuku lokuvulwa. Isazi sezitshalo esikhulu, sikhumbula isithembiso saso, sangiyisa elabhorethri yaso ethule.

"Ngizonamathisela i-crescograph kule fern; ukukhulisa kukhulu kakhulu. Uma ukukhasa kwesikhova kukhulisiwe ku i okufanayo isilinganiso, i isidalwa ngabe kuvela ku- yiba ukuhamba njenge i okusheshayo isitimela!"

Ukubuka kwami kwakugxile kakhulu esikrinini esasibonisa isithunzi se-fern esikhulu. Ukunyakaza okuncane kokuphila kwase kubonakala ngokucacile; isitshalo sasikhula kancane phambi kwamehlo ami athakaselekayo. Usosayensi wathinta isihloko se-fern ngensimbi encane. I-pantomime eyayikhula yema ngokuzumayo, yaqala kabusha imigqi ecacile ngokushesha nje lapho induku isuswa.

"Ubonile ukuthi noma yikuphi ukuphazamiseka okuncane kwangaphandle kulimaza kanjani izicubu ezibucayi," kuphawula uBose. "Qaphela; manje ngizonikeza i-chloroform, bese nginikeza umuthi wokulwa namagciwane."

Umphumela we-chloroform wamisa konke ukukhula; ikhambi lalivuselela. Izimpawu zokuziphendukela kwemvelo esikrinini zangibamba kakhulu kunendaba "yefilimu". Umngane wami (lapha endimeni yobubi) waphonsa ithuluzi elibukhali engxenyeni ye-fern; ubuhlungu babonakaliswa ukuzulazula okunamandla. Lapho edlula i-razor kancane esiqwini, isithunzi sanyakaziswa ngamandla, sabe sesizithulisa ngophawu

lokugcina lokufa.

"Ngokuqala ngokwakha isihlahla esikhulu nge-chloroform, ngathola ukufakelwa okuphumelelayo. Ngokuvamile, ama-monarch anjalo ehlathi ayafa ngokushesha ngemva kokususwa." UJagadis wamomotheka ngenjabulo njengoba elandisa ngobuqili obusindisa impilo. "Amagrafu emishini yami ebucayi afakazele ukuthi izihlahla zinesimiso sokujikeleza kwegazi; ukunyakaza kwazo kwe-sap kuhambisana nomfutho wegazi wemizimba yezilwane. Ukunyuka kwe-sap akuchazeki ngezizathu zemishini ezivame ukuthuthuka, njengokukhanga kwe-capillary. Lesi simo sixazululwe nge-crescograph njengomsebenzi wamaseli aphilayo. Amagagasi e-peristaltic aphuma epayipini eliyindilinga elidlula phansi esihlahleni futhi

isebenza njengenhlinziyo yangempela! Lapho siqonda ngokujulile, kuba sobala kakhulu ukuthi uhlelo olufanayo luhlanganisa zonke izinhlobo emvelweni ehlukehlukene.

I kuhle kakhulu usosayensi okukhonjiwe ku- omunye I-Bose ithuluzi.

"Ngizokukhombisa izivivinyo entweni yethini. Amandla okuphila asezinsimbini asabela kabi noma ngokunenzuzo ezintweni ezishukumisayo. Ukumaka uyinki kuzobonisa ukusabela okuhlukahlukene."

Ngigxile kakhulu, ngabuka igrafu eyayiqopha amaza ahlukile esakhiwo se-athomu. Lapho uprofesa efaka i-chloroform ethini, imibhalo yokudlidliza yema. Yaqala kabusha njengoba insimbi ibuyela esimweni sayo esijwayelekile kancane kancane. Umngane wami wakhipha i- ikhemikhali enobuthi. Ngesikhathi esifanayo nengxenye eqhaqhazelayo yethini, inaliti iyabonakala kakhulu wabhala eshadini isaziso sokufa.

"Izinsimbi zeBose zibonise ukuthi izinsimbi, njengensimbi esetshenziswa ezikeleni nasemishinini, ziyakhathala, futhi ziphinde zisebenze kahle ngokuphumula njalo. Ukushaya komoya okusezinsimbini kuyalimala kakhulu noma kucinywe ngisho nangokusetshenziswa kwamandla kagesi noma ingcindezi enkulu."

Mina wabheka nxazonke i igumbi ku- i eziningi izinto ezintsha, okhuluma kahle ubufakazi kwe a ngokungakhathali ubuhlakani.

"Mnumzane, kuyadabukisa ukuthi intuthuko enkulu yezolimo ayisheshiswa ngokusebenzisa ngokugcwele izindlela zakho ezimangalisayo. Bekungeke yini kube lula ukusebenzisa ezinye zazo ekuhlolweni okusheshayo kwelebhu ukukhombisa ithonya lezinhlobo ezahlukene zomanyolo ekukhuleni kwezitshalo?"

"Uqinisile. Ukusetshenziswa okuningi kwezinsimbi zeBose kuzokwenziwa yizizukulwane ezizayo. Usosayensi akavamile ukwazi umvuzo wangesikhathi esifanayo; kwanele ukuba nenjabulo yenkonzo yokudala ."

Ngibonga kakhulu isazi esingapheli amandla, ngahamba. "Ingabe ukuzala okumangalisayo kobuhlakani bakhe kungaphela?" Ngacabanga.

Akukho kuncipha okwafika ngeminyaka. Esungula ithuluzi eliyinkimbinkimbi, i-"Resonant Cardiography," uBose wabe esephishekela ucwaningo olunzulu ezitshalweni eziningi zaseNdiya. Kwembulwa i-pharmacopoeia enkulu engalindelekile yemithi ewusizo. I-cardiograph yakhiwe ngokunemba okungenakuphutha lapho kuboniswa khona ingxenye eyodwa kwekhulu yomzuzwana. igrafu. Amarekhodi e-Resonant alinganisa ukushaya okuncane okungenamkhawulo ezitshalweni, ezilwaneni nakubantu isakhiwo. Isazi sezitshalo esikhulu sabikezela ukuthi ukusetshenziswa kwe-cardiograph yakhe kuzoholela

ekuvivisweni kwe-vivisection izitshalo esikhundleni sezilwane.

"Imibiko eqoshwe eceleni yemiphumela yomuthi onikezwa ngesikhathi esisodwa esitshalweni nasesilwaneni ibonise ukuvumelana okumangalisayo ngenxa yalokho," esho. "Konke okukumuntu kuye kwabikezelwa esitshalweni. Ukuhlola izitshalo kuzosiza ekunciphiseni ukuhlupheka kwabantu."

Eminyakeni eminingi kamuva okutholwe yiBose ngezitshalo zokuqala kwaqinisekiswa abanye ososayensi. Umsebenzi owenziwe ngo-1938 eColumbia University wabikwa yiThe *New York Times* kanje:

Kuye kwatholakala eminyakeni embalwa edlule ukuthi lapho imizwa idlulisela imiyalezo phakathi kobuchopho nezinye izingxenye zomzimba, kukhiqizwa imizwa emincane kagesi. Le mizwa ilinganiswe ngama-galvanometer athambile futhi yakhuliswa izikhathi eziyizigidi ngemishini yesimanje yokukhulisa. Kuze kube manje ayikho indlela eyanelisayo etholakele yokufunda izindlela zemizwa ezihambisana nezintambo zezinzwa ezilwaneni eziphilayo noma kumuntu ngenxa yobukhulu obukhulu. isivinini esihamba ngaso le mizwa.

Odokotela KS Cole no-HJ Curtis babike ukuthi bathole ukuthi amangqamuzana amade angawodwa esitshalo samanzi ahlanzekile i-nitella, esisetshenziswa njalo ezitsheni ze-goldfish, afana kakhulu nalawo e-single nerve fibers. Ngaphezu kwalokho, bathole ukuthi i-nitella fibers, uma ivuselelwe, isakaza amagagasi kagesi afana ngazo zonke izindlela, ngaphandle kwejubane, nalawo e-nerve fibers ezilwaneni nakubantu. I-electric nerve impulses esitshalweni itholakale ihamba kancane kakhulu kunaleyo esezilwaneni. Ngakho-ke lokhu kutholakala kwathathwa yizisebenzi zaseColumbia njengendlela yokuthatha izithombe ezihamba kancane zokudlula kwe-electric impulses emithanjeni.

Ngakho-ke isitshalo se-nitella singaba uhlobo lwetshe le-Rosetta lokuthola izimfihlo eziqashwe eduze kakhulu nomngcele wengqondo nezinto.

Imbongi uRabindranath Tagore wayengumngane oqinile wososayensi wemibono emihle waseNdiya. Kuye, lo mculi omnandi waseBengali wakhuluma ngale migqa elandelayo: **8-6**

0 Hermit, biza ngamazwi angempela alelo
hubo elidala elibizwa ngokuthi *sama* ;
"Vuka! Vuka!" Biza umuntu oqhosha ngendaba
yakhe *ye-shastric* Ezingxabanweni
ezingenalutho ezingenanzuzo, Biza lowo
oqhoshayo oyisiwula ukuba avele ebusweni
bemvelo, lo mhlaba obanzi, Thumela lolu
bizo eqenjini lakho lezazi; Ndawonye
nxazonke zomhlatsshelo wakho womlilo
Mabahlangane bonke. Ngakho-ke iNdiya
yethu, izwe lethu lasendulo,
lingabuyela kulo
0 phinde ubuyele emsebenzini oqinile,

Emsebenzini nasekuzinikeleni,

ekuqondeni kwakhe

Of ngobugotho ukuzindla; vumela yena hlala phansi

Sekuphinde kwaba nokungaphazanyiswa, ukuhaha,

ukungaxabani, umsulwa, 0 futhi esihlalweni sakhe

esiphakeme

Futhi ipulatifomu, uthisha kwe konke amazwe.

.....

8-1 : "Konke isayensi kuyinto okungaphezu kwamandla noma okunye amaphasi kude. Izitshalo kuyinto manje ukuthola i kwesokudla inkolelo-mbono ama-avatar kwe I-Brahma okwamanje izoba yizincwadi zomlando wemvelo." - *U-Emerson*

8-2 : Kusukela i IsiLatini impande, *i-crescere* , ku- ukwanda. Ngoba yakhe i-crescograph futhi okunye izinto ezintsha, I-Bose kwakuyi iqhawwe ku 1917.

8-3 : I i-lotus imbali kuyinto i yasendulo uNkulunkulu uphawu ku iNdiya; yayo ukuvuleka amacembe phakamisa i ukunwetshwa kwe i umphefumulo; ukukhula kobuhle bayo obumsulwa odakeni oluvela kulo kunesithembiso esingokomoya esingenaphutha.

8-4 "Njengamanje, ingozi engavamile kuphela eletha iNdiya esikhundleni somfundi wasekolishi waseMelika. Amanyuvesi ayisishiyagalombili (iHarvard, iYale, iColumbia, iPrinceton, iJohns Hopkins, iPennsylvania, iChicago, neCalifornia) anabaphathi be-Indology noma iSanskrit, kodwa iNdiya ayimelelekile eminyangweni yomlando, ifilosofi, ubuciko obuhle, isayensi yezepolitiki, isayensi yezenhlahlo, noma noma yikuphi kwe i okunye iminyango kwe ingqondo ulwazi ku okuyinto, njengoba thina babe kubonwe, I-India ine benze iminikelo emikhulu. Ngenxa yalokho, sikholelwa ukuthi akukho mnyango wezifundo, ikakhulukazi kwezezifundo zobuntu, kunoma iyiphi

inyuvesi enkulu ingahlonyiswa ngokugcwele ngaphandle kochwepheshe oqeqeshwe kahle ezigabeni ze-Indic zesifundo sayo. Sikholelwa ukuthi, futhi, lokho njalo ikolishi okuyinto izinhloso ku- lungiselela yayo abaphothule iziqu ngoba uhlakaniphile umsebenzi ku i umhlaba okuyinto kuyinto ku- yiba eyabo bukhoma ku, kumele babe kuvuliwe yayo abasebenzi a isazi onekhono ku i impucuko kwe "Iziqephu zase-India." - Iziqephu kusukela i isihloko ngu Uprofesa UW. Norman Insundu kwe i Inyuvesi kwe IPennsylvania okuyinto kwavela ku i Meyi, 1939, inkinga kwe i *Iphephandaba* kwe i UMkhandlu waseMelika kwe Ufundile Imiphakathi, 907 Okweshumi nanhlanu St., IWashington, D. C., 25 amasenti ". ikhophi. Lokhu inkinga (#28) iqukethe sekuphelile 100 amakhasi "e-Basic Bibliography for Indic Studies

8-5 : I i-athomu isakhiwo kwe indaba kwakuyi owaziwayo ku- i yasendulo AmaHindu. Okukodwa kwe i eziyisithupha izinhlelo kwe IsiNdiya ifilosofi nguVaisesika , kusukela i IsiSanskrit impande *ama-visa* , "i-athomu" ubuntu." Okukodwa kwe i okuphambili *I-Vaisesika* abahlaziyi kwakuyi U-Aulukya, obizwa nangokuthi iKhanada, "umdli we-atom," owazalwa eminyakeni engaba ngu-2800 edlule.

Esihlokweni esise- *East-West* , ngo-Ephreli, 1934, isifinyezo solwazi lwesayensi *IweVaisesika* sanikezwa kanje: "Nakuba 'inkolelo-mbono ye-athomu' yanamuhla ngokuvamile ibhekwa njengentuthuko entsha yesayensi, yachazwa kahle kudala yiKhanada, 'umdli we-athomu.' I-Sanskrit *anus* ingahunyushwa kahle ngokuthi 'i-athomu' ngomqondo wesiGriki wakamuva 'onganqunywanga' noma ongahlukaniseki. Ezinye izincazelo zesayensi zezincwadi ze*Vaisesika* zesikhathi se-BC zifaka phakathi (1) ukunyakaza kwezinaliti maqondana omaginethi, (2) i ukujikeleza kwegazi kwe amanzi ku izitshalo, (3) *i-akash* noma i-ether, okungenamandla futhi okungenasakhiwo, njengoba a isisekelo yokudlulisa amandla amancane, (4) umlilo welanga njengembangela yazo zonke ezinye izinhlobo zokushisa, (5) ukushisa njengembangela yokushintsha kwama-molecule, (6) umthetho wamandla adonsela phansi njengoba ubangelwa ikhwalithi etholakala kuma-athomu omhlaba ukuze uwanike amandla awo akhangayo noma phansi Donsa, (7) i ukuhamba kwe-kinetic imvelo kwe konke amandla; imbangela njengoba njalo izimpande ku i izindleko kwe amandla noma ukusatshalaliswa kabusha kwe ukunyakaza, (8) jikelele ukuqedwa ngokusebenzisa i ukuwohloka kwe ama-athomu, (9) i imisebe kwe ukushisa futhi imisebe yokukhanya, izinhlayiya ezincane kakhulu, ezigijima kuzo zonke izinhlangothi ngesivinini esingenakucatshangwa , (inkolelo-mbono yesimanje 'yemisebe ye-cosmic')

.i ukuhambisana kwe isikhathi futhi isikhala (10)

Vaisesika wabelwe i imvelaphi kwe i umhlaba ku- ama-athomu, okuphakade ku yabo imvelo, okungukuthi, yabo " Ukutholwa ultimate izici ezingavamile. Lokhu ama-athomu ayebhekwa njenganokunyakaza okungapheli kokudlidliza. kwamuva nje kokuthi i-athomu iyi-solar encane

uhlelo ngabe yiba cha izindaba ku- i ubudala *I-Vaisesika* izazi zefilosofi, I-WHO futhi kuncishisiwe isikhathi ku- yayo okude kakhulu izibalo umqondo ngokuchaza iyunithi encane kakhulu yesikhathi (*kala*) njengenkathi ethathwa yi- ".athomu ukudabula iyunithi yayo yesikhala

8-6 : Kuhunyushwe kusukela i IsiBengali kwe URabindranath I-Taghore, ngu I-Manmohan I-Ghosh, ku *I-Viswa- Bharati*.

ISAHLUKO: 9

I Okujabulisayo Ozinikele Futhi Okwakhe I-Cosmic Uthando

"Encane mnumzane, Ngiyacela yiba ehlezi. Mina ekuseni ukukhuluma ku- yami Okungcwele Umama."

Ngangena buthule ekamelweni ngimangele kakhulu. Ukubonakala kwengelosi kweNkosi uMahasaya kwangimangaza impela. Ngentshebe emhlophe ecwebezelayo namehlo amakhulu akhazimulayo, wayebonakala sengathi ungumuntu omsulwa. Isilevu sakhe esiphakanyisiwe nezandla zakhe ezigoqiwe kwangitshela ukuthi ukuvakasha kwami kokuqala kwakumphazamise phakathi nemithandazo yakhe.

Amazwi akhe alula okubingelela aveza umphumela onobudlova kakhulu imvelo yami eke yawubona kuze kube manje. Ukuhlukana okubuhlungu kokushona kukamama ngangikucabanga ukuthi kuyisilinganiso sazo zonke izinhlungu. Manje ubuhlungu bokuhlukana noMama wami Ongcwele babuwukuhlushwa komoya okungenakuchazwa. Ngawa phansi ngibubula.

"Encane mnumzane, ukuthula wena!" I ongcwele kwakuyi ngozwelo ukhathazekile.

Ngishiywe ehlane lolwandle, ngabamba izinyawo zakhe njengesikejana

sokusindisa kwami. "Nkosi yami, ukunxusa kwakho! Cela uMama oNgcwele

uma ngithola umusa emehlweni akhe!"

Lokhu isithembiso kuyinto eyodwa hhayi kalula ukunikezwa; i inkosi kwakuyi okuvinjelwe ku- ukuthula.

Ngaphandle kokungabaza, ngangiqiniseka ukuthi iNkosi uMahasaya yayixoxa noMama Wendawo Yonke. Kwakuyihlazo elijulile ukuqaphela ukuthi amehlo ami ayengaboni Yena owayebonakala ngisho nangalesi sikhathi emehlweni angenaphutha kasanta. Ngibambe izinyawo zakhe ngingenamahloni, ngingezwa ukusola kwakhe okumnene, ngamncenga ngokuphindaphindiwe ngomusa wakhe wokungenelela.

"Ngizokwenza isicelo sakho kuThandeka." Ukuzinikela kwenkosi kwafika ngokumomotheka okuhamba kancane nozwela.

Ini amandla ku labo ezimbalwa amazwi, lokho yami ukuba kufanele yazi ukukhululwa kusukela yayo isiphepho ukudingiswa?

"Mnumzane, khumbula isithembiso sakho! Ngizobuya maduze ukuzolanda umyalezo Wakhe!" Injabulo yayizwakala ezwini lami njengoba nje kwakukade kukhala ngenxa yosizi.

Ngehla ezitebhisini ezinde, ngagcwala yizinkumbulo. Le ndlu eku-50 Amherst Street,

manje eseyindawo yokuhlala yeNkosi uMahasaya, yayike yaba ikhaya lomndeni wami, indawo lapho umama ashona khona. Lapha inhliziyo yami yomuntu yayiphukile ngenxa kamama owayenyamalele; futhi lapha namuhla umoya wami wawunjengokungathi ubethelwe esiphambanweni ngenxa yokungabikho kukaMama Ongcwele. Izindonga ezingcwele, ubufakazi obuthule bobuhlungu bami obukhulu kanye nokuphulukiswa kokugcina!

Izinyathelo zami zazishesha njengoba ngibuyela ekhaya lami eGurpar Road. Ngifuna indawo yokuzifihla ephahleni lami elincane, ngahlala ngizindla kwaze kwaba yihora leshumi. Ubumnyama bobusuku obufudumele baseNdiya bakhanya ngokuzumayo ngombono omangalisayo.

Ekhazimula ngobuhle, uMama oNgcwele wema phambi kwami. Ubuso bakhe, obumomotheka ngobumnene, babuwubuhle uqobo.

"Njalo babe Mina othandiwe wena! Njalo kufanele Mina uthando wena!"

I okwesibhakabhaka amathoni namanje ukukhala ku i umoya, Yena wanyamalala.

Ilanga ngakusasa ekuseni lalisanda kuphuma ngendlela efanele lapho ngivakashela okwesibili iNkosi uMahasaya. Ngikhuphuka izitebhisi endlini yezinkumbulo ezibuhlungu, ngafika ekamelweni lakhe elisesitezi sesine. Inkinobho yomnyango ovaliwe yayisongwe ngendwangu; ngazizwa sengathi ungcwele ufuna ubumfihlo. Njengoba ngimi ngokungenasihawu endaweni yokufika, umnyango wavulwa yisandla sokwamukela senkosi. Ngaguqa ezinyaweni zakhe ezingcwele. Nginomoya wokudlala, ngangigqoke imaski enesihawu ebusweni bami, ngifihla injabulo yaphezulu.

"Mnumzane, ngifikile - ngiyavuma ekuseni kakhulu! - ngenxa yomyalezo wakho. Ingabe uMama Othandekayo ushilo okuthile ngami?"

"Ononya okuncane mnumzane!"

Cha omunye isitatimende ngabe yena yenza. Kubonakala sengathi yami okucatshangwayo amandla adonsela phansi kwakuyi okungakhangisi.

"Kungani ngakho-ke imfihlakalo, ngakho-ke ukugwema? Yenza abangcwele akakaze khuluma ngokucacile?" Mhlawumbe Mina kwakuyi a okuncane ukucasuka.

"Ingabe kufanele ungivivinye?" Amehlo akhe athule ayegcwele ukuqonda.
"Ngingangeza igama elilodwa ekuseni kulesi siqiniseko osithole izolo ebusuku ngehora leshumi kuMama Omuhle uqobo lwakhe?"

INkosi uMahasaya yayilawula amasango ezikhukhula zomphefumulo wami: ngaphinde ngawa phansi ezinyaweni zakhe. Kodwa kulokhu izinyembezi zami zagcwala injabulo, hhayi ubuhlungu, ukuthwala okudlule.

"Ucabanga ukuthi ukuzinikela kwakho akuzange kuthinte uMusa ongenamkhawulo? UbuMama bukaNkulunkulu, obubukhulekele ngezindlela zobuntu nezaphezulu, abusoze bahluleka ukuphendula ukukhala kwakho okulahliwe."

Wayengubani lo santa olula, osicelo sakhe esincane kakhulu kuMoya Wendawo Yonke sahlangatshezwa ukuvuma okumnandi? Indima yakhe emhlabeni yayithobekile, njengoba kwakufanele indoda enkulu kunazo zonke yokuthobeka engake ngayazi. Kule ndlu yase-Amherst Street, iMaster Mahasaya **9-1** waqhuba isikole esincane samabanga aphezulu sabafana. Akukho mazwi okujezisa ayephuma emlonyeni wakhe; akukho mthetho futhi uFerule wagcina isiyalo sakhe. Izibalo eziphakeme zazifundiswa ngempela kula makilasi aphansi, kanye nekhemistri

yothando engekho ezincwadini zokufunda. Wasakaza ukuhlakanipha kwakhe ngokuthelelana ngokomoya kunomthetho ongenakunyakaziswa. Egcwele isifiso esingenakuqhathaniswa ngoMama Ongcwele, lo santa wayengasafuni izinhlobo zangaphandle zenhlonipho kunomntwana.

"Angisiye umfundisi wakho; uzofika kamuva," wangitshela. "Ngesiqondiso sakhe, okuhlangenwe nakho kwakho kobuNkulunkulu maqondana nothando nokuzinikela kuzohunyushwa kube amagama akhe okuhlakanipha okungenamkhawulo."

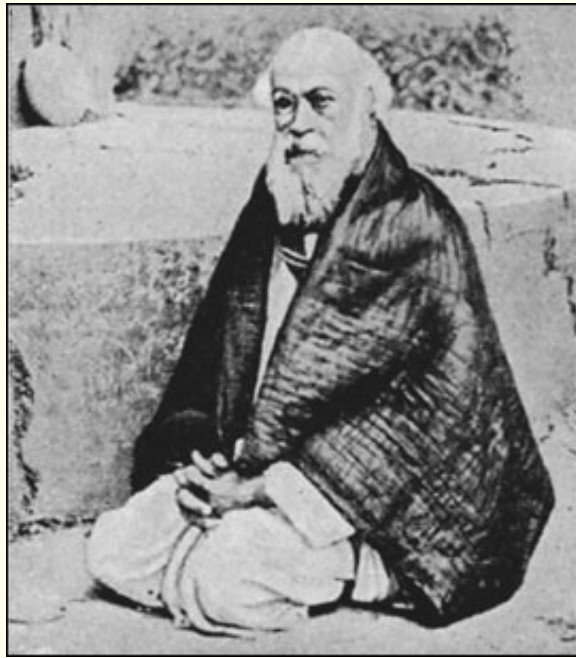
Njalo ntambama, ngangiziyela e-Amherst Street. Ngangifuna indebe yaphezulu yeNkosi uMahasaya, egcwele kangangokuthi amaconsi ayo ayechichima nsuku zonke emzimbeni wami. Ngangingakaze ngikhothame ngenhlonipho ephelele; manje ngangizizwa kuyilungelo elingenakulinganiswa ngisho nokuhamba endaweni efanayo neNkosi uMahasaya eyayingcwelisa.

"Mnumzane, ngicela ugqoke le garland ye-champak engikwenzele yona ngokukhethekile." Ngafika ngolunye usuku kusihlwa, ngiphethe uchungechunge lwami lwezimbali. Kodwa ngamahloni wasuka, wenqaba ngokuphindaphindiwe udumo. Ebona ubuhlungu bami, wagcina emomotheka evuma.

"Njengoba sobabili singabazinikele kuMama, ungabeka umqhele kuleli thempeli elingokomzimba, njengomnikelo kuYe ohlala ngaphakathi." Imvelo yakhe enkulu yayingenaso isikhala lapho noma yikuphi ukucatshangelwa kokuzikhukhumeza kungatholakala khona.



EZIMBILI ABAFOWETHU KA uTherese NEUMANN
Mina ukuma nge bona ku Konnersreuth, IBavaria.



INKOSI UMAHASAYA

Njalo ugxile kakhulu ku yakhe injabulo indawo yonke uthando.

"Masiye kusasa eThempelini laseDakshineswar, elingcweliswe phakade ngumfundisi wami." UMfundisi uMahasaya wayengumfundi wenkosi efana noKristu, uSri Ramakrishna Paramhansa.

Uhambo lwamamayela amane ngakusasa ekuseni lwathathwa ngesikebhe eGanges. Sangena eThempelini likaKali elinezimbobo eziyisishiyagalolunye, lapho izithombe zikaMama Ongcwele noShiva zilele khona phezu kwe-lotus yesiliva ecwebezelayo, amacembe ayo ayinkulungwane eqoshwe ngokucophelela. INkosi uMahasaya yakhanya ngomlingo. Yayithandana noThandekayo. Njengoba yayihlabelela igama Lakhe, inhliziyo yami eyayijabule yabonakala iphukile yaba yizicucu eziyinkulungwane.

Kamuva sahambahamba ezindaweni ezingcwele, sama endaweni yesihlahla setamariske. Imana eyayibonakala ikhishwa yilesi sihlahla yayifanekisela ukudla kwasezulwini okwakunikezwa yiNkosi uMahasaya. Imithandazo yakhe yaphezulu yaqhubeka. Ngahlala nginganyakazi otshanini phakathi kwezimbali ze-tamariske ezipinki. Ngingekho okwesikhashana emzimbeni, ngandiza ngivakashelwa yizulu.

Lolu kwakuwuhambo lokuqala lweziningi oluya eDakshineswar nomfundisi ongcwele. Ngafunda kuye ubumnandi bukaNkulunkulu ngesimo sikaMama, noma Isihe SikaNkulunkulu. Lo ngcwele onjengomntwana wayengenaso isikhanga kangako esimweni sikaBaba, noma uBulungiswa BukaNkulunkulu. Ukwahlulela okuqinile, okuqinile, nokwezibalo kwakungavamile. ngesimo sakhe sobumnene.

"Angasebenza njengesibonelo sasemhlabeni sezingelosi zasezulwini!" Ngacabanga ngenjabulo, ngimbukela ngolunye usuku emithandazweni yakhe. Ngaphandle

kokuphefumula noma ukugxeka, wahlola umhlaba ngamehlo ayejwayelene ne-Primal Purity. Umzimba wakhe, ingqondo, inkulumo, nezenzo zakhe kwavunyelaniswa kalula nobulula bomphefumulo wakhe.

"INkosi yami ingitshelile kanjalo." Eshiya isisho sakhe, ungcwele waqeda noma yisiphi iseluleko esihlakaniphileyo ngale ndumiso engapheli. Ubunikazi bakhe noSri Ramakrishna babujule kakhulu kangangokuthi uMfundisi Mahasaya akakwazanga.

isikhathi eside kucatshangelwe yakhe imicabango njengoba yakhe eyakho.

Mina nosanta sihamba ndawonye kusihlwa ngelinye ilanga ebhulokini lesikole sakhe. Injabulo yami yancishiswa ukufika komuntu engimaziyo oziqhenyayo owasithwalisa umthwalo wenkulumo ende.

"Ngiyabona ukuthi lo muntu akakuthokozisi." Ukungihlebelela kukasanta akuzange kuzwakale kumuntu ozikhukhumezayo, ekhangwa yinkulumo yakhe yokuqala.

"Ngikhulumile noMama oNgcwele ngakho; Uyaqaphela isimo sethu esibuhlungu. Lapho nje sifika eRed House, uthembise ukumkhumbuza ngezinto eziphuthumayo."

Amehlo ami ayenamathele endaweni yokusindiswa. Efika esangweni lalo elibomvu, indoda yaphenduka yahamba ngokungazelele, ingaqedi umusho wayo noma ukuvalelisa. Umoya ohlaselwe waduduzwa ngokuthula.

Ngolunye usuku ngazithola ngihamba ngedwa eduze kwesiteshi sesitimela saseHowrah. Ngema isikhashana eduze kwethempeli, ngigxeka buthule iqembu elincane lamadoda anezigubhu nama-cymbal ayehlabelela ingoma ngobudlova.

"Yeka indlela abasebenzisa ngayo igama leNkosi elingcwele ngokungaguquki ekuphindaphindeni okwenziwayo," ngacabanga. Amehlo ami amangala ngokusondela okusheshayo kweNkosi uMahasaya. "Mnumzane, ufike kanjani lapha?"

Ongcwele, engawunaki umbuzo wami, waphendula umcabango wami. "Akulona yini iqiniso, mnumzane omncane, ukuthi igama likaThandekayo lizwakala limnandi kuzo zonke izindebe, elingazi lutho noma elihlakaniphile?" Wangigaxa ngengalo yakhe ngothando; Ngazithola ngithwalwe ngekhaphethi yakhe yomlingo ngiya eBukhloneni obunesihe.

"Ungathanda ukubona ama-bioscope?" Lo mbuzo ngelinye ilanga ntambama ovela kuMaster Mahasaya wawumangalisa; leli gama labe selisetshenziswa eNdiya ukusho izithombe ezinyakazayo. Ngavuma, ngijabule ukuba naye kunoma yiziphi izimo. Ukuhamba okusheshayo kwasiletha engadini eCalcutta. IYunivesithi. Umngane wami wangibonisa ibhentshi eduze kwe- *goldighi* noma ichibi.

"Masihlale lapha imizuzu embalwa. INkosi yami yayingicela njalo ukuthi ngizindle noma nini lapho ngibona ububanzi bamanzi. Lapha ukuzola kwawo kusikhumbuza ukuthula okukhulu kukaNkulunkulu. Njengoba zonke izinto zingabonakala emanzini, kanjalo nomhlaba wonke ubonakala echibini leNgqondo Yasemkhathini. Ngakho-ke *i-gurudeva yami* yayivame ukusho."

Ngokushesha sangena ehholo laseyunivesithi lapho kwakuqhubeka khona inkulumo. Yayibonakala ingathandeki kakhulu, yize yayihlukahluka ngezikhathi ezithile ngemifanekiso yama-slide elambu, futhi yayingathandeki ngokufanayo.

"Ngakho-ke lolu uhlobo lwe-bioscope inkosi eyayifuna ngilubone!" Umcabango wami wawungenaso isineke, kodwa ngangingeke ngilimaze ongcwele ngokudalula isithukuthezi ebusweni bami. Kodwa wangithinta ngasese.

"Ngiyabona, mnumzane omncane, ukuthi awuyithandi le bioscope. Ngikukhulumile lokho kuMama Ongcwele; Uzwelana nathi sobabili. Ungitshela ukuthi izibani zikagesi zizocima manje, futhi ngeke zikhanyiswe kuze kube yilapho sithola ithuba lokuphuma ekamelweni."

Njengoba ukunyenyeza kwakhe kuphela, ihholo lagcwala ubumnyama. Izwi likaprofesa eliqinile lathula ngokumangala, wabe esethi, "Uhlelo lukagesi lwaleli hholo lubonakala lunephutha." Ngalesi sikhathi, mina noMfundisi uMahasaya sase siwele umngcele ngokuphepha. Ngibheka emuva ngisuka ephaseji, ngabona ukuthi indawo yokufela ukholo kwethu yayisiphinde yakhanya.

"Mnumzane omncane, udumele ngaleyo bioscope, **9-2** kodwa ngicabanga ukuthi uzothanda ehlukile." Mina nosanta sasimi eceleni kwendlela phambi kwesakhiwo seyunivesithi. Wangishaya kancane esifubeni sami phezu kwenhliziyo.

Kwalandela ukuthula okuguqukayo. Njengoba nje "ama-talkie" anamuhla eba izithombe ezinyakazayo ezingezwakali lapho umshini womsindo ungasebenzi, kanjalo nesandla sikaNkulunkulu, ngesimangaliso esithile esingavamile, savimba ukuxokozela komhlaba. Abahamba ngezinyawo kanye nezimoto zenqola ezidlulayo, izimoto, izinqola zezinkunzi, kanye nezinqola ze-hackney ezinamasondo ensimbi konke kwakusezindleleni ezingenamsindo. Njengokungathi nginamehlo akhona yonke indawo, ngabona izigcawu ezazingemuva kwami, nasohlangothini ngalunye, kalula njengalezo ezazingaphambili. Umbukwane wonke womsebenzi kuleyo ngxenye encane yaseCalcutta wadlula phambi kwami ngaphandle komsindo. Njengokukhanya komlilo okubonakala kancane ngaphansi kombala omncane womlotha, ukukhanya okukhanyayo kwagcwala umbono we-panoramic.

Umzimba wami wawubonakala ungelutho ngaphandle kwesinye sezithunzi eziningi, yize wawunganyakazi, kuyilapho abanye bezulazula buthule. Abafana abaningana, abangane bami, basondela badlula; yize babengibheke ngqo, kodwa babengazi.

I-pantomime eyingqayizivele yangilethela injabulo engachazeki. Ngaphuza kakhulu emthonjeni wenjabulo. Ngokungazelelwe isifuba sami sathola esinye isibhaxu esithambile esivela kuMaster Mahasaya. Ukuqhuma komhlaba kwaqhuma ezindlebeni zami ezingathandi. Ngadideka, sengathi ngivuswe kanzima ephusheni likaGossamer. Iwayini elingaphezu kwamandla ami lasuswa ngaphezu kwamandla ami.

"Mnumzane omncane, ngiyabona ukuthi uthole i-bioscope yesibili ngendlela oyithandayo." Ongcwele wayemomotheka; ngaqala ukubonga phansi phambi kwakhe. "Awukwazi ukwenza lokho kimi manje; uyazi ukuthi uNkulunkulu usethempelini lakho futhi! Ngeke ngivumele uMama oNgcwele athinte izinyawo zami ngezandla zakho!"

Uma kukhona owayebona inkosi ethobekile kanye nami njengoba sasihamba sisuka endaweni egcwele abantu, umbukeli ngokuqinisekile wayesola ukuthi sidakiwe. Ngazizwa sengathi izithunzi eziwela phansi ubusuku babudakiwe ngozwela noNkulunkulu. Lapho ubumnyama bubuya ekubuthakatheni kwabo ebusuku, Ngibhekane nosuku olusha ngingenaso isimo sami sengqondo esijabulisayo. Kodwa

okuhlala kugcinwe enkumbulweni indodana yamaserafi kaMama Ongcwele-
uMfundisi uMahasaya!

Ngizama ngamazwi angemahle ukwenza ubulungiswa ngomusa wakhe, ngiyazibuza
ukuthi iNkosi uMahasaya, nabanye abangcwele abanombono ojulile abadlula
emikhondweni yami, babazi yini ukuthi eminyakeni eminingi kamuva, ezweni
laseNtshonalanga, ngizobe ngibhala ngokuphila kwabo njengabazinikele
kuNkulunkulu. Ukwazi kwabo kusengaphambili ngeke kungimangaze mina, noma,
ngithemba, abafundi bami, abaye bafika lapha nami.

.....
9-1 : Lokhu kukhona inhlonipho izihloko ngu okuyinto yena kwakuyi ngokwesiko kuqondiswe. Okwakhe igama kwakuyi I-
Mahendra uNath uGupta; yena wasayina imisebenzi yakhe yokubhala ngokuthi "M."

9-2 : I I-Oxford IsiNgisi Isichazamazwi inikeza, njengoba okungajwayelekile, lokhu incazelo kwe *i-bioscope* : A umbono

kwe impilo; lokho okuyinto inikeza okunjalo a umbono. Ukukhetha kukaMaster Mahasaya igama, kwabe sekufanelekela ngendlela engavamile.

ISAHLUKO: 10

Mina Hlangana Okwami Nkosi, IsiSri Yukteswar

"Ukholo kuNkulunkulu lungaveza noma yisiphi isimangaliso ngaphandle koyedwa - ukuphumelela ukuhlolwa ngaphandle kokufunda." Ngokudabukisayo ngavala incwadi engangiyithathile ngesikhathi ngingenzi lutho.

"Okuhlukile kombhali kukhombisa ukuntula kwakhe ukholo ngokuphelele," ngacabanga. "Hawu mfo, unenhlonipho enkulu ngamafutha aphakathi kwamabili!"

Isithembiso sami kubaba sasiwukuthi ngizoqeda izifundo zami zesikole samabanga aphezulu. Angikwazi ukuzenza umuntu okhuthale. Izinyanga ezidlulayo zangithola ngingavami ukuya ekilasini kunasezindaweni ezikude eduze kweCalcutta bath *ghats* . Izindawo zokushisa eziseduze, ikakhulukazi ezimbi ebusuku, zimbi kakhulu. kucatshangelwe kakhulu kukhanga ngu i i-yogi. Yena I-WHO ngabe thola i Akunakufa I-Essence kumele ungadunyazwa yizingodo ezimbalwa ezingahlotshisiwe. Ukungafaneleki komuntu kusobala endaweni emnyama yamathambo ahlukahlukene. Ngakho-ke imilindelo yami yaphakathi kwamabili yayihlukile kweyomfundi.

Isonto lokuhlolwa kokugcina eHindu High School lalisondele ngokushesha. Lokhu Isikhathi sokubuza imibuzo, njengezindawo zokungcwaba, siphefumulela ukwesaba okwaziwayo. Inggondo yami yayinokuthula. Nginesibindi sezipoki, ngangikhipha ulwazi olungatholakali emahholo okufundisa. Kodwa lwaluntula ubuciko bukaSwami Pranabananda, owayebonakala kalula ezindaweni ezimbili ngesikhathi esisodwa. Inkinga yami yemfundo yayisobala ukuthi iyinkinga yoBuhlakaniphi Obungenamkhawulo. Lokhu kwakuyindlela yami yokucabanga, yize kwabaningi kubonakala kungenangqondo. Ukungacabangi kwalowo ozinikele kuvela ekubonisweni okuyinkulungwane okungachazeki kokuma kukaNkulunkulu enkingeni.

"Sawubona, Mukunda! Angikuboni nhlobo kulezi zinsuku!" Omunye engifunda naye wangivakashela ntambama eGurpar Road.

"Sawubona, Nantu! Ukungabonakali kwami esikoleni empeleni kungibeke lapho esimweni esibi kakhulu." Ngazithulula ngaphansi kobuso bakhe obunobungane.

Nantu, I-WHO kwakuyi a hlakaniphe kakhulu umfundi, wahleka ngenhliziyo yonke; yami isimo esibucayi kwakuyi hhayi ngaphandle a amahlanya

isici.

"Wena kukhona ngokuphelele abangakakulungeli ngoba i okokugcina! Mina ake sithi yona kuyinto phezulu ku- mina ku- Usizo wena!"

Amazwi alula adlulisela isithembiso saphezulu ezindlebeni zami; ngokuzimisela ngavakashela ikhaya lomngane wami. Ngomusa wachaza izixazululo zezinkinga ezahlukehukene ayecabanga ukuthi zingase zibekwe ngabafundisi .

"Le mibuzo iyisicupho esizobamba abafana abanengi abathembekile ogibeni lokuhlolwa. Khumbula izimpendulo zami, futhi uzophunyuka ungalimali."

Ubusuku base buhambile kakhulu lapho ngihamba. Ngigcwele ulwazi olungenaso isikhathi, ngathandaza ngobuqotho ukuthi luzohlala izinsuku ezimbalwa ezibalulekile ezilandelayo. UNantu wayengiqeqeshe ezifundweni zami ezahlukehene kodwa, ngaphansi kwesikhathi, wayesekhohliwe inkambo yami yesiSanskrit. Ngamkhumbuza uNkulunkulu ngentshiseko ngokuqondisa .

Ngakusasa ekuseni ngahamba uhambo olufushane, ngihlanganisa ulwazi lwami olusha nesigqi sokuhamba ngezinyawo. Njengoba ngidlula otshanini begumbi elisekhoneni, iso lami labona amaphepha ambalwa ashicilelwe akhululekile. Ukushaya kokunqoba kwafakazela ukuthi ayeyivesi lesiSanskrit. Ngafuna isazi sosizo ekuchazeni kwami okukhubekayo. Izwi lakhe elicebile lagcwalisa umoya ngobuhle obungenamphetho nobusi bolimi lwasendulo. **10-1**

"Lezi zigaba ezingavamile azikwazi ukuba usizo esivivinyweni sakho sesiSanskrit." Isazi sazilahla ngokungabaza.

Kodwa ukujwayelana naleyo nkondlo kwangenza ngaphumelela ukuhlolwa kweSanskrit ngosuku olulandelayo. Ngosizo oluhlakaniphile uNantu anginika lona, ngaphinde ngathola amamaki aphansi okuphumelela kuzo zonke ezinye izifundo zami.

UBaba wayejabule ngokuthi ngigcinile isithembiso sami futhi ngaphetha izifundo zami zesikole samabanga aphezulu. Ukubonga kwami kwashesha eNkosini, engayiqondisa kuphela ekuvakasheni kwami eNantu kanye nokuhamba kwami ngendlela engajwayelekile yensimu egcwele udoti. Ngokudlala, wayenikeze umbono ophindwe kabili ekuhlelweni Kwakhe okufika ngesikhathi ukuze angisindise.

Ngithole incwadi elahliwe enombhali owayephike ukuthi uNkulunkulu ubalulekile emahholo okuhlolwa. Angikwazanga ukuzibamba ngihleke kakhulu lapho ngiphawula buthule:

"Kungamane kwengeze ukudideka kwalo muntu, uma ngingamtshela ukuthi ukuzindla ngoNkulunkulu phakathi kwezidumbu kuyindlela emfushane yokuthola idiploma yesikole samabanga aphezulu!"

Ngesithunzi sami esisha, ngangihlela ngokusobala ukuhamba ekhaya. Kanye nomngane wami osemusha, uJitendra Mazumdar, **10-2** Nganquma ukujoyina i-hermitage yaseMahamandal eBenares, futhi ngithole ukuqeqeshwa kwayo ngokomoya.

Ngazizwa ngidabukile ngolunye usuku ekuseni lapho ngicabanga ngokuhlukana nomndeni wami. Kusukela ekushoneni kukaMama, uthando lwami lwaluselukhule kakhulu ngabafowethu ababili abancane, uSananda no-

Bishnu. Ngaphuthuma endaweni yami yokubalekela, i-attic encane eyayibone izigcawu eziningi e -*sadhana yami ephithizelayo* . **10-3** Ngemva kokuchichima izinyembezi amahora amabili, ngazizwa ngiguqulwe ngendlela ekhethekile, njengokungathi ngihlanzwa yi-alchemical cleaner. Konke okunamathiselwe **10-4** kwanyamalala; isinqumo sami sokufuna uNkulunkulu njengoMngane wabangane sahlala njenge-granite ngaphakathi kimi. Ngaqeda ngokushesha amalungiselelo ami ohambo.

"Ngicela okokugcina." Ubaba wayekhathazekile njengoba ngimi phambi kwakhe ukuze ngithole isibusiso sokugcina. "Ungangilahli mina nabafowenu nodadewenu abadabukile."

"Baba ohloniphekile, ngingalubona kanjani uthando lwami ngawe! Kodwa uthando lwami ngoBaba osezulwini lukhulu nakakhulu, onginike isipho sokuba ngubaba ophелеle emhlabeni. Ngiyeke ngihambe, ukuze ngelinye ilanga ngibuye nokuqonda okungaphezulu kwaphezulu."

Ngemvume yabazali abanqikazi, ngahamba ngayojoyina uJitendra, owayesevele eseBenares endaweni yokuhlala. Lapho ngifika, insizwa encane eyinhloko, uDyananda, yangibingelela ngemfudumalo. Emude futhi emncane, enomqondo ocabangayo, wangihlaba umxhwele. Ubuso bakhe obuhle babunomoya wokuzola ofana nokaBuddha.

Ngajabula ngokuthi ikhaya lami elisha lalinophahla, lapho ngakwazi khona ukuchitha khona amahora okusa nokusa. Amalungu e-ashram, engazi lutho ngemikhuba yokuzindla, acabanga ukuthi kufanele ngisebenzise sonke isikhathi sami emisebenzini yokuhlela. Bangincoma ngomsebenzi wami wantambama ehhovisi labo.

"Ungazami ukubamba uNkulunkulu ngokushesha kangaka!" Lokhu kuhleka usulu okuvela komunye umuntu ohlala naye kwahambisana nomunye wabangane bami. ukuhamba ekuseni kakhulu ngibheke ophahleni. Ngaya eDyananda, ngimatasa endaweni yakhe encane engcwele ebheke iGanges.

"Swamiji, **10-5** Angiqondi ukuthi yini edingekayo kimi lapha. Ngifuna ukuqonda uNkulunkulu ngqo. Ngaphandle Kwakhe, angikwazi ukwaneliseka ngokuzibandakanya noma izinkolelo noma ukwenza imisebenzi emihle.

Umfundisi ogqoke ingubo ephuzi wangithinta ngothando. Ekhuluma ngendlela yokuhlekisa, wayala abafundi abambalwa abaseduze.

"Ungamhluphi uMukunda. Uzofunda izindlela zethu."

Ngafihla ukungabaza kwami ngenhlonipho. Abafundi baphuma ekamelweni, bengagobi kakhulu ngesijeziso sabo. UDyananda wayenezinye izindlela zokungitshela.

"Mukunda, ngiyabona ukuthi ubaba wakho ukuthumelela imali njalo. Sicela uyibuyisele kuye; awudingi lutho lapha. Isiyalo sesibili mayelana nesiyalo sakho siphathelene nokudla. Ngisho noma uzizwa ulambile, ungakhulumi ngakho."

Ukuthi indlala yayikhanya emehlweni ami, bengingazi. Ukuthi ngangilambile, ngangikwazi kahle kakhulu. Ihora elingapheli lokudla kokuqala e-hermitage kwakuyihora leshumi nambili emini. Ngangijwayele ekhaya lami ukudla kwasekuseni okukhulu ngo-9.

Igebe lamahora amathathu laqala ukungapheli nsuku zonke. Iminyaka yaseCalcutta yayisidlulile lapho ngangikwazi ukukhuza umpheki ngokulibazisa imizuzu eyishumi. Manje ngazama ukulawula isifiso sami sokudla; ngolunye usuku ngaqala ukuzila ukudla amahora angamashumi amabili nane. Nginentshiseko ephindwe kabili ngalinda emini elandelayo.

"Isitimela sikaDyanandaji siphuzile; ngeke sidle aze afike." UJitendra ungilethele lezi zindaba ezibuhlungu. Njengesenzo sokwamukela iswami, eyayingekho amasonto amabili, izibiliboco eziningi zasilungile. Iphunga elimnandi lagcwala umoya. Akukho okunye okunikezayo, yini enye engagwinywa ngaphandle kokuziqhenya ngokufeza ukuzila ukudla izolo?

"Nkosi sheshisa isitimela!" Ngacabanga ukuthi uMhlinzeki waseZulwini wayengafakiwe neze esivimbelweni uDyananda angithulisa ngaso. Nokho, ukunaka kukaNkulunkulu kwakukwenye indawo; iwashi elihambayo imboziwe i amahora. Ubumnyama kwakuyi ukwehla njengoba yethu umholi kungeniwe i umnyango. Okwami ukubingelelana kwakungokunye kwenjabulo engenabuzenzisi.

"UDyanandaji uzogeza futhi azindle ngaphambi kokuba sipheke ukudla." UJitendra waphinde wasondela kimi njengenyoni enesibikezelo esibi.

Ngangicishe ngife. Isisu sami esincane, esasisanda kuswela, sakhala ngamandla amakhulu. Izithombe engangizibonile zabantu ababulawa yindlala zadlula phambi kwami.

"Ukufa okulandelayo kwaseBenares ngenxa yendlala kuzokwenzeka ngokushesha kule ndawo yokuhlala," ngacabanga. Inhlekelele ezayo igwenywe ngo-9:00. Ukubizwa okuphuthumayo! Enkumbuloni lokho kudla kusobala njengenye yamahora aphelele empilweni.

Ukumunca kakhulu kodwa kwangenza ngabona ukuthi uDyananda wayedla enganakile. Kubonakala sengathi wayengaphezu kwenjabulo yami enkulu.

"Swamiji, babengekho wena ulambile? Ngenjabulo ukugcwala kwamanzi, Mina kwakuyi wedwa nge i umholi ku yakhe ukutadisha.

"O yebo! Ngichithe izinsuku ezine ezedlule ngingadli noma ngiphuza. Angikaze ngidle ezitimeleni, ngigcwele ukudlidliza okungavamile kwabantu bezwe. Ngigcina ngokuqinile i- *shastric* **10-6** imithetho yezindela zohlelo lwami oluthile.

"Kunezinkinga ezithile zomsebenzi wethu wokuhlela engqondweni yami. Namuhla ebusuku ekhaya angizange ngidle isidlo sami sakusihlwa. Kuyini ukushesha? Kusasa ngizoqinisekisa ukuthi ngidle ukudla okufanele." Wahleka ngenjabulo.

Ihlazo lasakazeka ngaphakathi kimi njengomoya wokuminyana. Kodwa usuku oludlule lokuhlushwa kwami aluzange lulibaleke kalula; ngazama okunye ukuphawula.

"Swamiji, ngididekile. Ngokulandela imiyalelo yakho, ake sithi angikaze ngicele ukudla, futhi akekho onginika khona. Kufanele ngife yindlala."

"Fa-ke!" Lesi seluleko esesabekayo sahlukanisa umoya. "Fa uma kufanele Mukunda! Ungalokothi uvume ukuthi uphila ngamandla okudla hhayi ngamandla kaNkulunkulu! Lowo odale zonke izinhlobo zokudla, Lowo onikeze isifiso sokudla, ngokuqinisekile uzobona ukuthi umkhulekeli wakhe uyaphila! Ungacabangi ukuthi ilayisi liyakunakekela, noma ukuthi imali noma abantu bayakusekela! Bangakusiza yini uma iNkosi ikhipha umoya wakho wokuphila? Bayizinto Zakhe ezingaqondile nje. Ingabe yikhono lakho ukuthi ukudla kugaywe esiswini sakho? Sebenzisa inkemba yobandlululo lwakho, Mukunda! Sika

ngokusebenzisa i amaketanga kwe i-ejensi futhi ukuqonda i Oyedwa Imbangela!"

Ngathola amazwi akhe acacile engena emnkantsheni ojulile. Kwaphela ukukhohlisa okudala lapho izimfuneko zomzimba zidlula khona umphefumulo. Lapho-ke nganambitha ukwaneliswa koMoya. Mangaki amadolobha angajwayelekile, empilweni yami yakamuva yokuhamba okungapheli, lapho kwavela khona ithuba lokufakazela ukusebenza kwalesi sifundo endaweni yokuhlala yaseBenares!

Ingcebo eyodwa kuphela engangihamba nayo ngisuka eCalcutta kwakuyisithambisi sesiliva se-SADHU engasinikwa nguMama. Njengoba ngangisiqaphile iminyaka eminingi, manje ngangisifihle ngokucophelela ekamelweni lami le-ashram. Ukuze ngivuselele injabulo yami ebufakazini be-talismanic, ngolunye usuku ekuseni ngavula ibhokisi elikhiyiwe. Isembozo esivaliwe singathintekile, bheka! isithambisi sasingasekho. Ngokudabuka ngasidabula imvilophu yaso futhi ngaqinisekisa ngokungenakuphikwa. Sasinyamalele, ngokuvumelana nesibikezelo se-SADHU, saya endaweni lapho ayesibizele khona.

Ubuhlobo bami nabalandeli bakaDyananda baqhubeka buba bubi kakhulu. Umndeni wawungasazwani, ubuhlungu ngenxa yokuzihlukanisa kwami nokuzimisela. Ukunamathela kwami ngokuqinile ekuzindleni nge-Ideal kanye engangiyishiye ekhaya ngayo kanye nazo zonke izifiso zezwe kwabangela ukugxekwa okungajulile kuzo zonke izinhlangothi.

Ngihlukunyezwe ubuhlungu obungokomoya, ngangena ephahleni ngolunye usuku ekuseni, ngizimisele ukuthandaza kuze kube yilapho impendulo iqinisekiswa.

"Mama onesihe weNdalo yonke, ngifundise wena ngemibono, noma ngomfundisi othunywe nguWe !"

Amahora adlulayo athola izicelo zami ezikhalayo zingaphendulwanga. Ngokungazelelwe ngazizwa ngiphakanyisiwe ngokomzimba ngaya endaweni engasokiwe.

"Okwakho Ingcweti kuza namuhla!" A uNkulunkulu owesifazane izwi weza kusukela yonke indawo futhi akukho ndawo.

Lokhu okuhlangenwe nakho okungaphezu kwemvelo kwahlatshwa ukumemeza okuvela endaweni ethile. Umpristi osemusha owayebizwa ngokuthi uHabu wayengibiza esekhishini elingezansi.

"Mukunda, ngokwanele kwe ukuzindla! Wena kukhona kuyadingeka ngoba i umsebenzi."

Ngolunye usuku mhlawumbe ngabe ngaphendula ngokungenasineke; manje ngasula

ubuso bami obuvuvukele izinyembezi futhi ngalalela ngobumnene isicelo. Mina noHabu saqala uhambo lwethu lokuya emakethe ekude eBengali. ingxenye kwe IBenares. I ukungabi mnene IsiNdiya ilanga kwakuyi hhayi okwamanje ku- i-zenith njengoba thina kwenziwe yethu ukuthenga ema-marketare. Sadlula phakathi kwezinhlobonhlobo ezimibalabala zabesifazane basekhaya, abaqondisi, abapristi, abafelokazi abagqoke izingubo ezilula, amaBrahmin ahloniphekile, kanye nezinkunzi ezingcwele ezitholakala yonke indawo. Ngidlula umzila ongabonakali, ngaphendula ikhanda lami ngabheka ubude obuncane.

Indoda efana noKristu egqoke izingubo ezinde ze-swami yema inganyakazi ekugcineni komgwaqo. Ngokushesha futhi njengoba yayijwayelene kudala, yabonakala; amehlo ami agcwele indlala ukuze ngithole i-trice. Ngemuva kwalokho ukungabaza kwangihlasela.

"Wena kukhona ukudideka lokhu ukuzulazula indela nge othile kwaziwa ku- wena," Mina umcabango. "Umphuphi, ukuhamba

kuvuliwe."

Ngemva kwemizuzu eyishumi, ngezwa ukungabi namandla ezinyaweni zami. Njengokungathi ziphenduke itshe, azikwazanga ukungithwala ziqhubekela phambili. Ngaphenduka kanzima; izinyawo zami zabuyela esimweni sazo esijwayelekile. Ngabhekana nohlangothi oluphambene; futhi isisindo esimangalisayo sangicindezela.

"Lo ngcwele ungidonsela kuye ngamandla kagesi!" Ngalo mcabango, ngaqoqa amaphasela ami ezandleni zikaHabu. Wayelokhu ebuka izinyawo zami ezishintshashintshayo ngokumangala, manje wavele wahleka kakhulu .

"Ini izinhlungu wena? Ingabe wena "Uyahlanya?"

Okwami isiphithiphithi imizwa kuvinjelwe noma yikuphi impendulo; Mina isivini buthule kude.

Ngibuyela emuva ezinyathelweni zami njengokungathi ngigqoke izicathulo zamaphiko, ngafika emzileni omncane. Ukubheka kwami okusheshayo kwembula lesi sibalo esithule, sibheke ngakimi kancane kancane. Izinyathelo ezimbalwa ezisheshayo futhi ngangisezinyaweni zakhe.

"Gurudeva!" **10-7** Ubuso obungcwele babungesiye omunye ngaphandle kwakhe emibonweni yami eyinkulungwane. Lawa mehlo acwebazelayo, anekhanda likaLeonine elinentshebe ecijile kanye nezinzapho ezigelezayo, ayevame ukubuka ebunyamani bemicabango yami yasebusuku, ephethe isithembiso engangingasiqondi ngokugcwele.

"O wami, uze kimi!" Isazi sami sasho la mazwi ngokuphindaphindiwe ngesiBengali, izwi laso liqhazela ngenjabulo. "Mingaki iminyaka engikulindle!"

Sangena ebunyeneni bokuthula; amazwi abonakala sengathi ayizinto ezingadingekile. Ubuciko bokukhuluma bageleza ngengoma ezwakalayo esuka enhliziyweni yomfundisi iye kumfundi. Ngomsindo wokuqonda okungenakuguqulwa ngezwa ukuthi umfundisi wami wayemazi uNkulunkulu, futhi wayezongiholela kuYe. Ukufiphala kwale mpilo kwanyamalala ekuqalekeni okubuthakathaka kwezinkumbulo zokubeletha. Isikhathi esimangalisayo! Isikhathi esidlule, samanje, nesesikhathi esizayo siyajikeleza. izigcawu. Kwakungelona ilanga lokuqala ukungithola kulezi zinyawo ezingcwele!

Isandla sami sibambe isazi sami sangiholela endaweni yakhe yokuhlala yesikhashana engxenyeni yedolobha iRana Mahal. Umzimba wakhe wezemidlalo wawuhamba kahle. Wayemude, eqondile, cishe emashumi amahlanu nanhlanu ngalesi sikhathi, wayematasa. futhi enamandla njengensizwa. Amehlo akhe amnyama ayemakhulu, amahle ngokuhlakanipha okungenamapayipi. Izinwele

ezigoqekile kancane zathambisa ubuso bamandla amangalisayo. Amandla axubene ngobumnene.

Njengoba sihamba siya ebalcony yamatshe yendlu ebheke iGanges, wathi ngothando:

"Mina intando nikeza wena yami izindawo zokuhlala futhi konke Mina "ukuba ne."

"Mnumzane, Mina woza ngoba ukuhlakanipha futhi Ukuxhumana noNkulunkulu. Lezo kukhona yakho ingcebo- ama-troves Mina ekuseni ngemva kwalokho!"

Ukukhanya okusheshayo kwaseNdiya kwakuwile ingxenye yekhethini ngaphambi kokuba inkosi yami ikhulume futhi. Amehlo ayo ayenozwelo olungenakulinganiswa.

"Mina nikeza wena yami okungenamibandela uthando."

Amazwi ayigugu! Kwadlula iminyaka engamashumi amane ngaphambi kokuba ngibe nobufakazi bothando lwakhe ngokuzwa. Izindebe zakhe zazingavamile entshisekweni; ukuthula kwaba yinhliziyi yakhe yolwandle.

"Unganginika uthando olufanayo olungenamibandela?" Wangibheka

ngethemba elifana nelomntwana. "Ngizokuthanda kuze kube phakade,

Gurudeva!"

"Uthando oluvamile lunobugovu, lugxile ezifisweni nasekwanelisekeni. Uthando olungcwele alunasimo, alunamingcele, alunashintsho. Ukugeleza kwenhliziyi yomuntu kuyanyamalala unomphela ngokuthinta kothando olumsulwa." Wanezela ngokuthobeka, "Uma kwenzeka ungithola ngiwile esimweni sokuqaphela uNkulunkulu, ngicela uthembise ukubeka ikhanda lami emathangeni akho futhi ungisize ukungibuyisela ku-Cosmic Beloved esimkhonzayo sobabili."

Wavuka-ke ebumnyameni obuhlanganayo wangiholela ekamelweni elingaphakathi. Njengoba sasidla ama-mango nama-alimondi amnandi, wafaka ulwazi olujulile ngemvelo yami engxoxweni yakhe. Ngamangala kakhulu ngobukhulu bokuhlakanipha kwakhe, okuhlanganiswe kahle nokuthobeka okungokwemvelo .

"Ungakhali nge-amulet yakho. Ifeze injongo yayo." Njengesibuko saphezulu, umfundisi wami ngokusobala wayebambe isithombe sempilo yami yonke.

"I- ukuphila iqiniso kwe yakho ukuba khona, Nkosi, kuyinto injabulo ngale noma yikuphi uphawu."

"Kunjalo kuyinto isikhathi ngoba a ushintsho, ngenxa yokuthi njengoba wena kukhona ngokudabukisayo endaweni ku i indawo yokuhlala eyimfihlo.

Ngangingakhulumi lutho ngempilo yami; manje kwakubonakala kungadingekile! Ngendlela yakhe yemvelo nengaguquguquki, ngaqonda ukuthi wayengafuni ukushaqeka ngokubona kwakhe i-clairvoyance.

"Wena kufanele hamba emuva ku- ICalcutta. Kungani khipha izihlobo kusukela yakho uthando kwe isintu?"

Isiphakamiso sakhe sangidumaza. Umndeni wami wawubikezela ukubuya kwami, yize ngangingaphenduli ezicelweni eziningi ngencwadi. "Vumelani inyani encane indize esibhakabhakeni esingokwemvelo," kusho u-Ananta. "Amaphiko ayo azokhathala emoyeni onzima. Sisazoyibona indiza ibheke ekhaya, igoqe amaphiko ayo, futhi iphumule ngokuthobeka esidlekeni somndeni wethu." Lesi sifaniso esidumazayo sisanda engqondweni yami, ngangizimisele ukungayenzi "ukuzulazula" ngibheke eCalcutta.

"Mnumzane, angibuyi ekhaya. Kodwa ngizokulandela noma kuphi. Ngicela unginike ikheli lakho, kanye negama lakho."

"Swami Sri Yukteswar Giri. Indawo yami yokuhlala eyinhloko iseSerampore, eRai Ghat Lane. Ngivakashela umama lapha izinsuku ezimbalwa kuphela."

Ngazibuza ngokudlala kukaNkulunkulu okuyinkimbinkimbi nabakhulekeli bakhe. ISerampore ingamakhilomitha ayishumi nambili kuphela ukusuka eCalcutta, kodwa kulezo zindawo ngangingakaze ngimbone umfundisi wami. Kwadingeka sihambe isikhathi eside.

umhlangano wethu edolobheni lasendulo laseKasi (eBenares), ongcwele yizinkumbulo zikaLahiri Mahasaya. Nalapha futhi izinyawo zikaBuddha, uShankaracharya kanye namanye amaYogi-Christ zazibusise umhlabathi.

"Uzoza kimi emavikini amane." Okokuqala ngqa, izwi likaSri Yukteswar laliqinile. "Manje sengikhulume ngothando lwami lwaphakade, futhi ngibonise injabulo yami ngokukuthola - yingakho ungasinaki isicelo sami. Ngesikhathi esilandelayo lapho sihlanguka, kuzodingeka uvuselele isithakazelo sami: Ngeke ngikwamukele njengomfundi kalula. Kumelwe kube nokuzinikela okuphelele ngokulalela ukuqeqeshwa kwami okuqinile."

Ngathula ngenkani. Umfundisi wami wangena kalula

ebunzimeni bami. "Ucabanga ukuthi izihlobo zakho

zizokuhleka?"

"Mina intando hhayi ukubuya."

"Wena intando ukubuya ku amashumi amathathu izinsuku."

"Akusoze." Ngikhothame ngenhlonipho ezinyaweni zakhe, ngahamba ngaphandle kokunciphisa ukungezwani okwakukhona. Ngahamba ebumnyameni baphakathi kwamabili, ngazibuza ukuthi kungani umhlangano omangalisayo uphele ngenothi elingavumelani. Izikali ezimbili ze- *maya* , ezilinganisa yonke injabulo nosizi! Inhliziyo yami encane yayingakaguquguquki eminweni yomfundisi wami oguqakayo.

Ngakusasa ekuseni ngabona ukwanda kwenzondo esimweni sengqondo samalungu e-hermitage. Izinsuku zami zagcwala ubuhlongandlebe obungapheli. Emasontweni amathathu, uDyananda washiya i-ashram waya engqungqutheleni eBombay; isiphithiphithi sangigubuzela ekhanda.

"UMukunda uyisidalwa esidla utshani, wamukela ukwamukelwa ekhaya ngaphandle kokubuyisela imali ngendlela efanele." Lapho ngizwa lokhu, ngazisola okokuqala ukuthi ngilalele isicelo sokubuyisela imali yami kubaba. Ngenhliziyo ebuhlungu, ngafuna umngane wami oyedwa, uJitendra.

"Mina ekuseni ukuhamba. Ngiyacela dlulisa yami inhlonipho ukuzisola ku- UDyanandaji nini yena "uyabuya."

"Nami ngizohamba! Imizamo yami yokuzindla lapha ayitholi umusa ngaphezu kwakho." UJitendra wakhuluma ngokuzimisela.

"Mina babe wahlangana a NjengoKristu ongcwele. Ake thina vakashela yena ku "Serampore."

Futhi ngakho-ke i "inyoni" ukulungele ku- "swoop" ngendlela eyingozi vala ku-ICalcutta!

10-1 : *IsiSanskrit* , kupholishiwe; kuqediwe. IsiSanskrit kuyinto i omdala kunabo bonke udadewethu kwe konke Indo-European izilimi. Kuyo ngokulandelana kwezinhlamvu iskripthi yiDevanagari , ngokwezwi nezwi , “indawo yokuhlala yaphezulu.” “Owazi uhlelo lwami lolimi uyamazi uNkulunkulu!” UPanini, isazi sefilosofi esikhulu saseNdiya yasendulo, wanikeza lesi sikhumbuzo ekupheleleni kwezibalo kanye nokusebenza kwengqondo ngesiSanskrit. Lowo ozolandela ulimi endaweni yalo kumelwe agcine njengowazi konke.

10-2 : Yena kwakuyi hhayi Ujatinda (UJotin Ghosh), I-WHO intando yiba ukhumbule ngoba yakhe

ngesikhathi esifanele ukuzonda ku- amahlosi! 10-3: Indlela noma umgwaqo wokuqala oya

kuNkulunkulu.

10-4 : IsiHindu imibhalo engcwele fundisa lokho umndeni okunamathiselwe kuyinto okukhohlisayo uma yona kuvimbela i umkhulekeli kusukela ukufuna i Umniki kwe zonke izinzuzo, kufaka phakathi i eyodwa kwe uthando izihlobo, hhayi ku- ukusho impilo uqobo. UJesu ngokufanayo wafundisa: "I-WHO kuyinto yami umama? Futhi obani abafowethu?" (*Mathewu* 12:48).

10-5 : *I-Ji* kuyinto a ngokwesiko inhlonipho isijobelelo, ikakhulukazi kusetshenziswe ku ngqo ikheli; ngakho-ke "swamiji," "guru," "Sri Yukteswarji," "paramhansaji."

10-6 : Okuphathelene ku- i *ama-shastra* , ngokoqobo, "ngcwele" izincwadi," okuhlanganisa ezine amakilasi kwe umbhalo: i *i-shruti*, *smriti*, *i-purana*, kanye *i-tantra* . Lokhu okuphelele izincwadi zokubhala isembozo njalo isici kwe inkolo futhi kwezenhlalo impilo, futhi i amasimu kwe umthetho, imithi, izakhiwo, ubuciko, njll. Ama- *shruti* ayimibhalo "ezwiwa ngqo" noma "eyembulwe", ama -*Veda* . I -*smritis* noma inganekwane "ekhunjulwayo" ekugcineni yabhalwa phansi esikhathini esidlule njengenkondlo ende kunazo zonke emhlabeni, i -*Mahabharata* kanye ne- *I-Ramayana* . *AmaPurana* kukhona ngokoqobo "endulo" izifanekiselo; *ama-tantra* ngokoqobo okubi "imicikilisho" noma "amasiko"; lokhu izincwadi zokubhala baveza amaqiniso ajulile ngaphansi kwesihenqo sezimpawu ezineminingwane.

10-7 : "Ophezulu" uthisha," i ngokwesiko IsiSanskrit igama ngoba komuntu ngokomoya umfundisi. Mina babe okuhunyushiwe yona ku IsiNgisi njengoba kumane nje "Nkosi."

ISIAHLUKO: 11

Okubili Ungenamali Abafana Ku- I-Brindaban

"Kungakusebenzela kahle uma uBaba engakuphuca ifa, Mukunda! Yeka ubuwula bakho obulahla impilo yakho!" Intshumayelo yomfowethu omdala yayihlasela izindlebe zami.

Mina noJitendra, sisanda kufika esitimeleni (isifenqo nje; sasigcwele uthuli), sasisanda kufika emzini ka-Ananta, owayesanda kuthuthela edolobheni lasendulo lase-Agra esuka eCalcutta. UMfoweth' uMfoweth' u-Agra wayengumgcini-zimali ophethe iBengal-Nagpur Railway.

"Uyazi kahle, Ananta, ngifuna ifa lami kuBaba waseZulwini."

"Imali kuqala; uNkulunkulu angafika kamuva! Ngubani owaziyo?

Impilo ingaba yinde kakhulu." "UNkulunkulu kuqala; imali

iyisigqila Sakhe! Ngubani ongabona? Impilo ingaba mfushane

kakhulu."

Impendulo yami yabizwa yizidingo zangaleso sikhathi, futhi ayizange ibe nomthelela. Kodwa-ke amaqabunga esikhathi avuleka kwaze kwaba sekugcineni ku-Ananta; eminyakeni embalwa kamuva ngo 11-1. wangena ezweni lapho imali engamaphepha yayingatholakali khona kuqala noma ekugcineni.

"Ukuhlakanipha okuvela endaweni yokuhlala, ngicabanga! Kodwa ngiyabona ukuthi usushiyile eBenares." Amehlo ka-Ananta akhazimula ngokwaneliseka; kodwa wayenethemba lokubopha amaphiko ami esidlekeni somndeni.

"Ukuhlala kwami eBenares akubanga yize! Ngithole lapho konke inhliziyi yami ebikulangazelela! Ungaqiniseka ukuthi kwakungeyona ingcweti yakho noma indodana yakhe!"

U-Ananta wahlanganyela nami ehleka ngendlela efanayo; kwadingeka avume ukuthi "abantu abahlakaniphile" baseBenares abakhethile babengabantu abangacabangi kahle.

"Ini kukhona yakho izinhlelo, yami ukuzulazula mfowethu?"

"UJitendra wangincenga ukuba ngingene e-Agra. Sizobuka ubuhle beTaj Mahal ngo-11-2." lapha," ngachaza. "Bese siya kumfundisi wami osanda kumthola, ohlala eSerampore."

U-Ananta wahlela ngomusa ukuze siduduzeke. Izikhathi eziningana kusihlwa ngabona amehlo akhe engibhekisisa.

"Mina yazi lokho bheka!" Mina umcabango. "A indaba kuyinto "Ukwenza ubhiya!"

I isiphetho wathatha indawo ngesikhathi yethu kusenesikhathi isidlo sasekuseni.

"Ngakho-ke uzizwa uzimele ngokuphelele engcebweni kaBaba." Ukubuka kuka-Ananta kwakungenacala njengoba eqhubeka nokukhuluma ngengxoxo yangozolo.

"Mina ekuseni oqaphelayo kwe yami ukuncika kuvuliwe Nkulunkulu."

"Amazwi ashibhile! Ukuphila kukuvikele kuze kube manje! Yeka usizi olubi uma uphoqelesa ukubheka eSandleni Esingabonakali ukuze uthole ukudla nendawo yokuhlala! Uzosheshe ucele emigwaqweni!"

"Akusoze! Ngeke ngibe nokholo kubantu abadlulayo kunoNkulunkulu! Angaklama izinsiza eziyinkulungwane kumuntu ozinikele kuye ngaphandle kwesitsha sokucela!"

"Inkulumo eyengeziwe! Ake sithi ngiphakamisa ukuthi ifilosofi yakho eqhoshayo ivivinywe kuleli zwe elibonakalayo?"

"Mina ngabe vuma! Yenza wena vala UNkulunkulu ku- a ukucabangela umhlaba?"

"Sizobona; namuhla uzothola ithuba lokukhulisa noma lokuqinisekisa imibono yami!" U-Ananta wama isikhashana evusa amadlingozi; wabe esekhuluma kancane futhi ngokungathi sína.

"Ngiphakamisa ukuthi ngikuthumele wena kanye nomfundi wakho uJitendra namhlanje ekuseni edolobheni eliseduze laseBrindaban. Akumelwe nithathe ngisho

ne-rupee eyodwa; akumelwe nicele ukudla noma imali; akumelwe niveze isimo senu kunoma ubani; akumelwe nihlale ningadli; futhi akumelwe nivaleleke eBrindaban. Uma ubuyela endlini yami yokuhlala lapha ngaphambi kwehora leshumi nambili namuhla ebusuku, ngaphandle kokwephula noma yimuphi umthetho wokuhlolwa, ngizoba yindoda emangele kakhulu e-Agra!"

"Ngiyayamukela inselele." Akukho ukungabaza okwakukhona emazwini ami noma enhliziyweni yami. Izinkumbulo zokubonga zakhanya nge-Instant Beneficence: ukuphulukiswa kwami kwikholera ebulalayo ngokunxusa iLahiri

Isithombe sikaMahasaya; isipho sokudlala sama-kite amabili ophahleni lwaseLahore no-Uma; isiphiwo esifanelekile phakathi kokudumazeka kwami; umlayezo oqondile nge-Benares *sadhu engaziwa* ngaphandle kwendlu yososayensi; umbono kaMama oNgcwele namazwi akhe amangalisayo othando; Ukulalela kwakhe okusheshayo ngeNkosi uMahasaya ekuhlazekeni kwami okuncane; isiqondiso sokugcina esagcwalisa idiploma yami yesikole samabanga aphezulu; kanye nesibusiso esikhulu, iNkosi yami ephilayo kusukela enkungwini yamaphupho empilo yonke. Angikaze ngivume ukuthi "ifilosofi" yami ayilingani nanoma yikuphi ukungqubuzana endaweni enzima emhlabeni!

"Ukuzimisela kwakho kuyakubonga. Ngizokuphelezela uye esitimeleni ngokushesha." U-Ananta waphendukela kuJitendra owayekhuluma ngokukhululekile. "Kumelwe uhambe njengofakazi futhi, cishe, njengesisulu esikanye nawe!"

Ngemva kwesigamu sehora mina noJitendra sasiphethe amathikithi ohambo lwethu olungalindelekile. Savuma, ekhoneni elikude lesiteshi, ukuthi kuseshwe abantu bethu. U-Ananta waneliseka ngokushesha ukuthi sasingenazo izimpahla ezifihliwe; *ama-dhoti ethu alula* **11-3** akafihlanga lutho olungaphezu kwalokho okwakudingeka.

Njengoba ukholo luhlasela izindawo ezibucayi zezimali, umngane wami wakhuluma ngokukhononda. "Ananta, nginike i-rupee eyodwa noma ezimbili njengesivikelo. Ngemuva kwalokho ngingakuthumela i-telegraph uma kwenzeka ingozi."

"Jitendra!" Ukuphuma kwami kocansi kwangihlambalaza kakhulu. "Ngeke ngiqhubeke nokuhlolwa uma uthatha imali njengesibambiso sokugcina."

"Kukhona okuqinisekiso ngokukhala kwezinhlamvu zemali." UJitendra akaphindanga washo lokho njengoba ngangimbheka ngeso elibukhali.

"Mukunda, Mina ekuseni hhayi "ongenanhliziyi." A icebiso kwe ukuthobeka wayenayo kwangena ku- I-Ananta's izwi. It kungenzeka yiba ukuthi unembeza wakhe wawumshaya; mhlawumbe ngokuthumela abafana ababili abangakwazi ukukhokha izikweletu edolobheni angalazi; mhlawumbe ngenxa yokungabaza kwakhe inkolo. "Uma nganoma iyiphi indlela noma ngomusa udlula ngempumelelo osizini lwaseBrindaban, ngizokucela ukuthi ungiqale njengomfundi wakho."

Lesi sithembiso sasinokungahambi kahle okuthile, ngokuvumelana nesenzakalo esingajwayelekile. Umfowabo omdala emndenini wamaNdiya akavamile ukukhothama phambi kwabancane bakhe; uthola inhlonipho nokulalela ngemva kukababa. Kodwa akubange kusasele isikhathi sokuphawula kwami; isitimela sethu sase siseduze nokuhamba .

UJitendra wathula ngendlela exakile njengoba isitimela sethu sihamba amamayela amaningi. Ekugcineni wazishayela; wagoba, wangicindezela kabuhlungu endaweni exakile.

"Angiboni sibonakaliso sokuthi uNkulunkulu

uzosinika ukudla kwethu okulandelayo!" "Thula,

ungabaza uTomase; iNkosi isebenza nathi."

"Ungahlela futhi ukuthi asheshe? Sengivele ngilambile nje ngethemba eliphambi kwethu. Ngishiye iBenares ukuyobona ingcwaba likaTaj, hhayi ukuyongena kwelami!"

"Yima isibindi, Jitendra! Asizukubona okokuqala izimangaliso ezingcwele zaseBrindaban? **11- 4** Ngijabule kakhulu uma ngicabanga ngokunyathela umhlabathi ongcwele yizinyawo zeNkosi uKrishna.

Umnyango wegumbi lethu wavuleka; amadoda amabili ahlala phansi. Indawo elandelayo yokuma isitimela yayizoba ngeyokugcina.

"Bafana abancane, ninayo yini abangane eBrindaban?" Umuntu ongamazi owayephambi kwami wayenesithakazelo esimangalisayo.

"Akukho lutho kwe yakho ibhizinisi!" Ngokudelela Mina kugwenywe yami ukubheka.

"Cishe nibaleka nishiya imindeni yenu ngaphansi komlingo woMphangi Wezinhliziyo." **11-5** Nami ngingumuntu othanda ukuzinikela. Ngizokukwenza kube umsebenzi wami ukuqinisekisa ukuthi uthola ukudla, kanye nendawo yokukhosela kulokhu kushisa okukhulu.

"Cha, mnumzane, asiyeke. Unomusa kakhulu; kodwa unephutha ngokusahlulela ngokuthi singabaphumi ekhaya."

Akubanga khona ngxoxo eyengeziwe; isitimela sama. Njengoba mina noJitendra sehlela epulatifomu, ozakwethu ababengalindele bahlangana nathi ngezandla base bebiza itekisi yamahhashi.

Sasivutha phambi kwendlu enhle kakhulu, eyayimi phakathi kwezihlahla ezihlala ziluhlaza ezinendawo enakekelwe kahle. Kusobala ukuthi abasizi bethu bayaziwa lapha; umfana omomothekayo wasiholela ngaphandle kokuphawula endlini yokugezela. Ngokushesha sajoyinwa owesifazane osekulile onesimo esihle.

"Gauri Ma, izikhulu azikwazanga ukuza." Omunye wamadoda wakhuluma nomphathi we-ashram. "Ekugcineni izinhlelo zabo zaphazamiseka; bathumela ukuzisola okukhulu. Kodwa silethe ezinye izivakashi ezimbili. Lapho nje sihlangana esitimeleni, ngazizwa ngidonseleka kubo njengabazinikele eNkosini uKrishna."



(Kusukela kwesobunxele kuya kwesokudla) uJitendra Mazumdar, umngane wami "esivivinyweni sokungabi namali" eBrindaban; uLalit-da, umzala wami; uSwami Kebelananda ("uShastri Mahasaya"), umfundisi wami ongcwele waseSanskrit; mina, ngisemusha esikoleni samabanga aphezulu



U-Ananda Moyi Umama
i IsiBengali "Injabulo Igcwele" Umama."



Omunye wemihume ehlalwa yiBabaji ezintabeni zaseDrongiri eduze kwaseRanikhet eHimalaya. Umzukulu kaLahiri Mahasaya, u-Ananda Mohan Lahiri (owesibili ukusuka kwesokudla, ogqoke okumhlophe), kanye nabanye abakhulekeli abathathu bavakashela indawo engcwele.

"Sanibonani bangane abasebasha." Abantu esibajwayele ababili bahamba baya emnyango. "Sizophinde sihlange, uma uNkulunkulu ethanda."

"Wamukelekile lapha." UGauri Ma wamomotheka njengomama ngenxa yamacala akhe amabili angalindelekile. "Ubungeke ufike ngosuku olungcono kunalolu.

Bengilindele abaxhasi ababili basebukhosini balesi sifunda. Yeka ihlazo ukube ukupheka kwami akuzange kuthole muntu ozokwazisa!"

La mazwi amnandi aba nomthelela omubi kuJitendra: waqhumuka wakhala.
"Ithemba" ayelesaba eBrindaban laliphenduka ukuzijabulisa kwasebukhosini;
ukushintsha kwakhe ingqondo ngokuzumayo kwaba yinto enkulu kakhulu kuye.
Umninikhaya wethu wambheka ngelukuluku, kodwa ngaphandle kokuphawula;
mhlawumbe wayejwayelene nemikhuba yobusha.

Kwamenyezelwa isidlo sasemini; uGauri Ma wahola indlela eya egcekeni lokudlela,
elinongwe kakhulu nephunga elimnandi. Wanyamalala ekhishini eliseduze.

Bengilokhu ngizindla ngalesi sikhathi. Ngikhetha indawo efanele emzimbeni
kaJitendra, ngenza into enzima njengaleyo anginike yona esitimeleni.

"Ukungabaza UThomas, i Nkosi iyasebenza ngaphakathi a shesha, futhi!"

Umninikhaya wangena futhi ephethe i- *punkha* . Wasiphefumula kancane kancane
ngendlela yaseMpumalanga njengoba sasihlala behleli ezihlalweni ezihlotshisiwe
zengubo. Abafundi baka-Ashram babedlula bebuya nezitsha ezingamashumi
amathathu. Esikhundleni sokuthi "ukudla," incazelo ingaba "isidlo esimnandi
kakhulu." Selokhu sifikile kule planethi, mina noJitendra sasingakaze sinambithe
izibiliboco ezinjalo ngaphambili.

"Izitsha ezifanele izikhulu ngempela, Mama Ohloniphekile! Lokho abaxhasi bakho
basebukhosini ababengakubheka njengokuphuthumayo kunokuya kuleli dili,
angikwazi ukukucabanga! Usinike inkumbulo yesikhathi eside." impilo yonke!"

Njengoba sasithulisiwe yimfuneko ka-Ananta, asikwazanga ukuchazela owesifazane
onomusa ukuthi ukubonga kwethu kwakunencazelo ephindwe kabili. Ubuqotho
bethu okungenani babuyimfihlo. Sahamba nesibusiso sakhe kanye nesimemo
esikhangayo sokuvakashela indawo yokuhlala.

Ukushisa kwangaphandle kwakungelula. Mina nomngane wami saya endaweni
yokukhosela yesihlahla se-cadamba esihloniphekile esangweni le-ashram.
Kwalandela amazwi abukhali; uJitendra waphinde wakhungatheka kakhulu.

"Ungifake enkingeni enhle! Isidlo sethu sasemini sibe yinhlanhla nje ngengozi!
Singazibona kanjani izindawo ezinhle zaleli dolobha, ngaphandle kwento eyodwa
phakathi kwethu? Futhi uzongibuyisela kanjani e-Ananta's?"

"Ukhohlwa uNkulunkulu ngokushesha, njengoba isisu sakho sesigcwele." Amazwi
ami, hhayi abuhlungu, ayemsola. Yeka ukuthi inkumbulo yomuntu imfushane
kangakanani ngezipho zaphezulu! Akekho umuntu ophilayo ongazange abone
imithandazo yakhe iqinisekiswa.

"Mina ekuseni hhayi cishe ku- khohlwa yami ubuwula ku ukuzama phandle nge a i-

madcap njenge wena!"

"Yiba ukuthula, UJitendra! I okufanayo Nkosi I-WHO ondliwe thina intando umbukiso thina I-Brindaban, futhi ukubuya thina ku- "Agra."

Insizwa encane enobuso obuhle yasondela ngesivinini esikhulu. Yama phansi komuthi wethu, yakhothama phambi kwami.

"Mngane othandekayo, wena nomngane wakho kumelwe ukuba ningabantu ongabazi lapha. Ngivumele ngibe ngumamukeli wakho nomqondisi wakho."

Akunakwenzeka ukuthi umuntu waseNdiya aphenduke umbala ophuzi, kodwa ubuso bukaJitendra bavele baba buthakathaka. Ngenqaba ngenhlonipho lesi siphso.

"Awungixoshi ngempela?" I-alamu yomfokazi yayizoba yinto ehlekisayo kunoma yiziphi ezinye izimo.

"Kungani akunjalo?"

"Ungumfundisi wami." Amehlo akhe angibheka ngokwethembeka. "Ngesikhathi sokuthandaza kwami emini, iNkosi uKrishna ebusisiwe yabonakala embonweni. Yangibonisa abantu ababili abashiyiwe ngaphansi kwalesi sihlahla. Ubuso obubodwa babungobakho, nkosi yami! Ngivame ukububona ngokuzindla! Yeka injabulo uma wamukela izinkonzo zami zokuthobeka!"

"Nami ngiyajabula ukuthi ungitholile. UNkulunkulu nomuntu abasishiyanga!" Nakuba nganginganyakazi, ngimomotheka ebusweni obunesifiso phambi kwami, ukukhothama kwangaphakathi kwangiphonsa ezinyaweni zikaNkulunkulu.

"Sithandwa abangane, intando wena hhayi udumo yami ikhaya ngoba a
"Ngivakashele?"

"Unomusa; kodwa uhlelo alunakwenzeka. Sesivele siyizivakashi

zomfowethu e-Agra." "Okungenani nginike izinkumbulo zokuvakasha nawe

eBrindaban."

Ngavuma ngenjabulo. Le nsizwa, eyathi igama layo linguPratap Chatterji, yabiza inqola yamahhashi. Savakashela iThempeli laseMadanamohana nezinye izindawo ezingcwele zaseKrishna. Kwahlwa ebusuku ngesikhathi sisezinkonzweni zethu zasethempelini.

"Uxolo ngisathola i- *sandesh* ." **11-6** UPratap wangena esitolo esiseduze nesiteshi sesitimela. Mina noJitendra sahambahamba emgwaqweni omkhulu, sigcwele manje ngenxa yokuphola okufana nalokho. Umngane wethu wayengekho isikhathi esithile, kodwa ekugcineni wabuya nezipho eziningi ezimnandi.

"Ngicela ungivumele ngithole lokhu kufaneleka kwenkolo." UPratap wamomotheka encenga njengoba enikeza u-Agra isikhwama sama-rupee notes namathikithi amabili, asanda kuthengwa.

Inhlonipho yokwamukelwa kwami yayingeyaseSandleni Esingabonakali. Ehlekwa u-Ananta, ingabe inzuzo Yaso yayingadluli kakhulu isidingo?

Thina okufunwayo phandle a okuyimfihlo indawo eduze i isiteshi.

"Pratap, ngizokufundisa ngeKriya *kaLahiri* Mahasaya, i-yogi enkulu kunazo zonke yezikhathi zanamuhla. Indlela yakhe yokusebenza izoba yi-guru yakho."

Ukuqala kwaqedwa ngesigamu sehora. " *UKriya uyi -chintamani* yakho ," **11-7**
Ngatshela umfundi omusha. "Le ndlela, njengoba ubona ilula, ihlanganisa ubuciko bokusheshisa impilo yomuntu."

ukuvela ngokomoya. Imibhalo yamaHindu ifundisa ukuthi ubugovu obuphilayo budinga iminyaka eyisigidi ukuthola inkululeko kuma- *maya* . Lesi sikhathi semvelo sifinyezwa kakhulu nge- *Kriya Yoga* . Njengoba nje uJagadis Chandra Bose ebonisile ukuthi ukukhula kwezitshalo kungasheshiswa kakhulu kunesivivini sako esivamile, kanjalo nentuthuko yengqondo yomuntu ingasheshiswa yisayensi yangaphakathi. Thembeke ekusebenzeni kwakho; uzosondela kuGuru wabo bonke ochwepheshe be-*maya*.

"Ngithuthelwe ukuthola lesi sikhuthulelo se-yogic, esifunwa isikhathi eside!" UPratap wakhuluma ngokucabangela. "Umphumela waso okhululayo ezibophweni zami zezinzwa uzongikhulula ezindaweni eziphakeme. Umbono wanamuhla weNkosi uKrishna kungasho nje okuhle kakhulu kimi."

Sahlala isikhashana sithule siqondana, sabe sesihamba kancane siya esiteshini. Injabulo yayingaphakathi kimi njengoba ngigibela isitimela, kodwa lolu kwakuwusuku lukaJitendra lokukhala. Ukuvalelisa kwami kothando kuPratap kwakuphelezela ukukhala okuncishisiwe okuvela kubangane bami bobabili. Uhambo lwaphinde lwamthola uJitendra edabukile kakhulu. Hhayi ngenxa yakhe kulokhu, kodwa ngenxa yakhe.

"Kanjani -ngajulile yami ukwethemba! Okwami inhliziyo ine ube itshe! Akukaze kube njalo ku ikusasa kufanele Mina ukungabaza KaNkulunkulu isivikelo!"

Kwase kusondela phakathi kwamabili. "AmaCinderella" amabili, athunyelwa engenamali, angena ekamelweni lika-Ananta. Ubuso bakhe, njengoba ayethembisile, babufana nobuso obumangazayo. Ngathela itafula ngokuthula ngama-rupee.

"Jitendra, iqiniso!" Izwi lika-Ananta lalihlekisa. "Lo mfana ubengashongo yini ukuthi uzommisa?" Kodwa njengoba indaba yayiqhubeka, umfowethu waphenduka engasadli, wabe esezizwa ekhululekile.

"Umthetho wesidingo kanye nokuhlinzekwa ufinyelela ezindaweni ezicashile kunalokho ebengikucabanga." U-Ananta wakhuluma ngentshiseko engokomoya engakaze ibonakale ngaphambili. "Nginyaqonda okokuqala ukunganaki kwakho izindawo zokugcina impahla kanye nokuqongelela okubi komhlaba."

Nakuba kwase kuphuze kakhulu, umfowethu waphikelela ukuthi athole *i-diksha* **11-8** wangena *eKriya Yoga* . "I-guru" uMukunda kwadingeka athwale umthwalo wemfanelo wabafundi ababili abangafunwanga ngosuku olulodwa.

Ukudla kwasekuseni ngakusasa ekuseni kwadliwa ngokuzwana kungekho ngosuku olwandulele. Ngamomotheka uJitendra.

"Wena kufanele hhayi yiba ukukhohliswa kwe i I-Taj. Ake thina umbono yona ngaphambi ukuqala ngoba "Serampore."

Ngivalelisa u-Ananta, mina nomngane wami sasizofika maduze nje phambi kwenkazimulo ka-Agra, iTaj Mahal. Imabula emhlophe ikhazimula elangeni, inombono wokulingana okumsulwa. Indawo enhle kakhulu yi-cypress emnyama, utshani obukhazimulayo, kanye nedamu elizolile. Ingaphakathi lihle kakhulu ngemidwebo efana neleyisi ehlotshiswe ngamatshe ayigugu. Ama-wreaths athambile nemiqulu iphuma ngendlela eyinkimbinkimbi kumabula, ansundu kanye no-violet. Ukukhanya okuvela edomeni kuwela emifanekisweni yoMbusi uShah-Jahan noMumtaz Mahall, indlovukazi yombuso wakhe kanye nenhliziyo yakhe.

Kwanele kwe ukubona izinto! Mina kwakuyi ukulangazelela ngoba yami uchwepheshe. UJitendra futhi Mina babe maduze ukuhamba eningizimu ngu

isitimela maqondana IsiBengal.

"Mukunda, angikaze ngibone umndeni wami izinyanga eziningi. Ngishintshe umqondo; mhlawumbe kamuva ngizovakashela inkosi yakho eSerampore."

Umngane wami, ongase achazwe kancane njengomuntu oquququkayo ngesimo sakhe sengqondo, wangishiya eCalcutta. Ngafika ngokushesha eSerampore ngesitimela sendawo, amamayela ayishumi nambili ukuya enyakatho.

Ngazizwa ngimangala kakhulu njengoba ngangiqaphela ukuthi sekudlule izinsuku ezingamashumi amabili nesishiyagalombili kusukela uBenares ehlangana nomfundisi wami. "Uzoza kimi emavikini amane!" Nakhu ngangimi, inhliziyo ishaya ngamandla, ngimi egcekeni lakhe eRai Ghat Lane ethulile. Ngangena okokuqala endaweni yokuhlala lapho ngangizochitha khona ingxenye engcono kakhulu yeminyaka eyishumi ezayo noJyanavatar waseNdiya , "ukuzalwa kokuhlakanipha ."

11-1 : Bheka isahluko 25.

11-2 : I edumile emhlabeni wonke ingcwaba..

11-3 : A indwangu ye - *dhoti* kuyinto ifindo nxazonke i okhalweni futhi izembozo i imilenze..

11-4 : I-Brindaban, ku i I-Muttra isifunda kwe I-United Izifundazwe, kuyinto i IsiHindu IJerusalema. Lapha Nkosi UKrishna kubonisiwe inkazimulo yakhe ukuze kuzuze isintu..

11-5 : uHari; i okuthandekayo igama ngu okuyinto Nkosi UKrishna kuyinto

kwaziwa ku- yakhe abazinikele. 11-6: Inyama emnandi yaseNdiya..

11-7 : A izinganekwane igugu nge amandla ku- isibonelelo izifiso.

11-8 : Okungokomoya ukuqaliswa; kusukela i IsiSanskrit impande *diksh* , ku- nikela wena.

ISAHLUKO: 12

Iminyaka Ku- Okwami OkweNkosi I-Hermitage

"Ufikile." USri Yukteswar wangibingelela egqoke isikhumba sengwe phansi egumbini lokuhlala eline-balcony. Izwi lakhe lalibanda, indlela yakhe yokwenza izinto yayingenamizwa.

"Yebo, sithandwa Nkosi, Mina ekuseni lapha ku- landela wena." Ukuguqa ngamadolo, Mina ukuthintwa yakhe izinyawo.

"Kanjani ithini lokho kube? Wena nganaki yami izifiso."

"Cha" isikhathi eside, Guruji! Yakho isifiso kufanele yiba yami umthetho!"

"Kungcono lokho! Manje sengingathatha umthwalo

wemfanelo ngempilo yakho." "Ngiwudlulisela

ngokuzithandela umthwalo, Nkosi."

"Isicelo sami sokuqala-ke ukuthi ubuyele ekhaya emndenini wakho. Ngifuna ungene ekolishi eCalcutta. Imfundo yakho kufanele iqhubeke."

"Kulungile, mnumzane." Ngafihla ukwethuka kwami. Ingabe izincwadi ezicasulayo zingangilandela eminyakeni edlule? Ubaba, manje uSri Yukteswar!

"Ngelinye ilanga uzoya eNtshonalanga. Abantu bakhona bazolalela kangcono ukuhlakanipha kwasendulo kwaseNdiya uma uthisha ongaziwa wamaHindu eneziqu zaseyunivesithi."

"Wazi kangcono, Guruji." Usizi lwami lwaphela. Ukubhekisela eNtshonalanga ngakuthola kudida, kude; kodwa ithuba lami lokujabulisa iNkosi ngokulalela lalishesha kakhulu.

"Wena intando yiba eduze ku Calcutta; woza lapha noma nini wena thola isikhathi."

"Nsuku zonke uma kungenzeka, Nkosi! Ngiyakwamukela ngenjabulo igunya lakho kuyo yonke imininingwane yempilo yami - ngaphansi kombandela owodwa."

"Yebo?"

"Lokho wena isithembiso ku- yembula UNkulunkulu ku- mina!"

Kwalandela ingxabano yomlomo eyathatha ihora lonke. Izwi lomphathi alikwazi ukuphikiswa; alinikezwa kalula. Imiphumela esithembisweni ivula imibono eminingi engokoqobo. Ingcweti kumele ibe nobudlelwano obuseduze noMdali ngaphambi kokuba imbophezele ukuba avele! Ngazizwa ubunye bukaSri Yukteswar obuphezulu, futhi ngangizimisele, njengomfundi wakhe, ukucindezela inzuzo yami.

"Unesimo esiqinile!" Imvume yeNkosi yabe isizwakala ngesiphetho sozwelo: "Isifiso sakho masibe yisifiso sami."

Isithunzi sokuphila kwami konke sisusiwe enhliziyweni yami; ukusesha okungacacile, lapha nalaphaya, kwase kuphelile. Ngangithole indawo yokukhosela

yaphakade kumfundisi weqiniso.

"Woza; ngizokukhombisa indawo yokuhlala." UNkosi wasukuma embhedeni wakhe wengwe. Ngabheka nxazonke zami; amehlo ami awela esithombeni sodonga ngokumangala, esihlotshiswe nge-jasmine.

"Lahiri Mahasaya!"

"Yebo, mfundisi wami ongcwele." Iphimbo likaSri Yukteswar lalinamandla ngenhlonipho. "Wayemkhulu, njengomuntu futhi eyi-yogi, kunanoma yimuphi omunye uthisha okuphila kwakhe kwakufinyelela ezingeni lokucwaninga kwami."

Ngakhothama buthule phambi kwesithombe engisijwayele. Ukudumisa umphefumulo wami kwashesha kwaya enkosini engenakuqhathaniswa, eyangiqondisa izinyathelo zami kuze kube yileli hora, ibusisa ubuntwana bami.

Ngiholwa yisazi sami, ngahambahamba phezu kwendlu kanye negceke layo. Indlu enkulu, endala futhi eyakhiwe kahle, yayizungezwe igceke elikhulu elinezinsika. Izindonga zangaphandle zazimbozwe yi-moss; amajuba ayendiza phezu kophahla olumpunga oluyisicaba, ehlanganyela ngokungenanhlonipho ezindaweni zokuhlala ze-ashram. Ingadi yangemuva yayimnandi nge-jackfruit, umango, kanye nezihlahla ze-plantain. Ama-balcony ahlotshiswe nge-balustrade amakamelo aphezulu esakhiweni esinezitezi ezimbili abheke igceke ezinhlangothini ezintathu. Ihholo elikhulu elingaphansi komhlaba, elinophahla oluphakeme olusekelwe yizinsika, lasetshenziswa, kusho uMaster, ikakhulukazi ngesikhathi semikhosi yaminyaka yonke *yaseDurgapuja* . **12-1** Izitebhisi ezincane zaziholela egumbini lokuhlala likaSri Yukteswar, elalinebhalkhoni elincane elalibheke umgwaqo. I-ashram yayinefenisha ecacile; konke kwakulula, kuhlanzekile, futhi kuwusizo. Izihlalo ezingana zaseNtshonalanga, amabhentshi, namatafula kwakusobala.

UMaster wangimema ukuba ngilale. Isidlo sakusihlwa se-curry yemifino saphakelwa abafundi ababili abasebasha ababeqeqeshwa ukuhlala emakhaya.

"Guruji, ngicela ungitshele okuthile ngempilo yakho." Bengihleli phansi embhedeni wotshani eduze kwesikhumba sakhe sengwe. Izinkanyezi ezinobungane zaziseduze kakhulu, kwakubonakala sengathi, ngale kwebhalkhoni.

"Isibongo sami kwakunguPriya Nath Karar. Ngazalwa ngineminyaka **engu-12-2** **ubudala** lapha eSerampore, lapho ubaba wayengusomabhizinisi ocebile. Wangishiyela le ndlu enkulu yokhokho, manje eyikhaya lami. Imfundo yami yayisincane; ngayithola ihamba kancane futhi ingajulile. Ebudodeni bokuqala, ngathatha imithwalo yemfanelo yomninikhaya, futhi nginendodakazi eyodwa, manje eseshadile. Impilo yami yaphakathi yayibusiswe ngesiqondiso kaLahiri Mahasaya. Ngemva kokushona komkami, ngajoyina iSwami Order futhi ngathola igama elisha elithi ISri Yukteswar Giri. **12-3** Lezi yizincwadi zami zomlando ezilula.

UNKosi wamomotheka ebusweni bami obunesifiso. Njengayo yonke imidwebo yempilo yakhe, amazwi akhe ayenikeze amaqiniso angaphandle ngaphandle kokwembula umuntu wangaphakathi.

"Guruji, Mina ngabe njenge ku- zwa abanye izindaba kwe yakho ebuntwaneni."

"Ngizokutshela ezimbalwa - ngayinye inesimo sengqondo!" Amehlo kaSri Yukteswar akhanya ngesixwayiso sakhe. "Umama wake wazama ukungethusa ngendaba esabekayo yesipoki ekamelweni elimnyama. Ngaya lapho ngokushesha, futhi ngaveza ukudumala kwami ngokulahlekelwa yisipoki. Umama akazange angitshele enye indaba esabekayo. Ukuziphatha: Bheka ukwesaba ebusweni futhi kuzoyeka ukukukhathaza.

"Enye inkumbulo yasekuqaleni yisifiso sami senja embi yomakhelwane. Ngagcina umndeni wami ukhathazekile amasonto amaningi ukuze ngithole leyo nja. Izindlebe zami zazingezwa lutho ngezilwane ezifuywayo ezibukeka zilungile. Ukuziphatha: Ukunamathela kuyaphuphuthekisa; kunikeza umbono ocatshangwayo wokukhanga kumuntu ofiswayo.

"Indaba yesithathu iphathelene nokuqina kwengqondo yobusha. Ngezwa umama ephawula ngezikhathi ezithile: 'Indoda eyamukela umsebenzi ngaphansi kwanoma ubani iyisigqila.' Lowo mbono waqina kakhulu kangangokuthi ngisho nangemva komshado wami ngenqaba zonke izikhundla. Ngahlangabezana nezindleko ngokutshala imali yomndeni wami ezweni. Izimiso zokuziphatha: Iziphakamiso ezinhle nezinhle kufanele zifundise abantu abazwelayo izindlebe zezingane. Imibono yabo yokuqala ihlala iqoshwe kahle isikhathi eside.

UMaster wathula ngokuthula. Cishe phakathi kwamabili wangiyisa embhedeni omncane. Ubuthongo babumnandi futhi bumnandi ngobusuku bokuqala ngaphansi kophahla lomfundisi wami.

USri Yukteswar wakhetha ngakusasa ekuseni ukunginika ithuba lokuqalisa i *-Kriya Yoga* . Indlela engangiyitholile kakade kubafundi ababili bakaLahiri Mahasaya - uBaba nomfundisi wami, uSwami Kebalananda - kodwa phambi kukaMaster ngazizwa nginamandla okuguqula. Lapho ethinta, ukukhanya okukhulu kwakhanya phezu kwami, njengenkazimulo yelanga elingenakubalwa elikhanya ndawonye. Ukhukhula lwenjabulo engachazeki, olugcwalisa inhliziyi yami ngaphakathi, lwaqhubeka ngosuku olulandelayo. Kwase kuhlwile ngalolo suku ngaphambi kokuba ngikwazi ukuphuma endlini.

"Uzobuya ezinsukwini ezingamashumi amathathu." Njengoba ngifika ekhaya lami eCalcutta, ukugcwaliseka kwesibikezelo sikaMaster kwangena kimi. Akekho noyedwa emndenini wami owasho amazwi aqondile engangiwesaba ngokuvela kabusha "kwenyoni endiza phezulu."

Ngakhuphukela ophahleni lwami oluncane futhi ngabuka ngothando, njengokungathi ngikhona. "Uzibonile izizindlo zami, kanye nezinyembezi neziphepho ze *-sadhana yami* . Manje sengifikile echwebeni lomfundisi wami ongcwele."

"Ndodana, ngiyajabula ngathi sobabili." Mina noBaba sahlala ndawonye kusihlwa sizolile. "Usutholile umfundisi wakho, njengoba nje ngendlela eyisimangalisayo ngake ngathola owami. Isandla esingcwele sikaLahiri Mahasaya siqapha izimpilo zethu. Inkosi yakho ayizange ibe ngusanta waseHimalaya ongafinyeleleki, kodwa ingumuntu oseduze. Imithandazo yami iphenduliwe: awuzange ususwe unomphela ekufuneni kwakho uNkulunkulu emehlweni ami."

Ubaba wayejabule nokuthi izifundo zami ezisemthethweni zizophinde ziqalwe; wenza amalungiselelo afanele. Ngabhaliswa ngosuku olulandelayo eScottish Church College eCalcutta.

Izinyanga ezijabulisayo zadlula ngokushesha. Akungabazeki ukuthi abafundi bami benze isiphetho esicacile sokuthi ngangingabonakali kangako emakilasini asekolishi. I-Serampore hermitage yayinesithukuthezi esingenakuphikiswa. UMaster wamukela ukuba khona kwami okugcwele ngaphandle kokuphawula.

Okwangikhulula ukuthi wayevame ukubhekisela emahholo okufunda. Nakuba kwakusobala kubo bonke ukuthi angikaze ngibe yisazi, ngakwazi ukuthola amamaki aphansi okuphumelela ngezikhathi ezithile.

Ukuphila kwansuku zonke e-ashram kwakugeleza kahle, kungajwayelekile ukushintshashintsha. Umfundisi wami wavuka ngaphambi kokusa. Elele phansi, noma ngezinye izikhathi ehleli embhedeni, wangena esimweni se- *samadhi* . **12-4** Kwakuyinto elula ngokwayo ukuthola ukuthi uMaster uvukile nini: ukumiswa okusheshayo kokuhona okumangalisayo. **12-5** Ukububula okukodwa noma okubili; mhlawumbe ukunyakaza komzimba. Bese kuba nesimo sokungaphefumuli kahle: wayesenjabulweni ejulile ye-yoga.

Isidlo sasekuseni wenza hhayi landela; kuqala weza a bude ukuhamba ngu i AmaGanges. Lezo ekuseni ukuhamba ngezinyawo nge yami

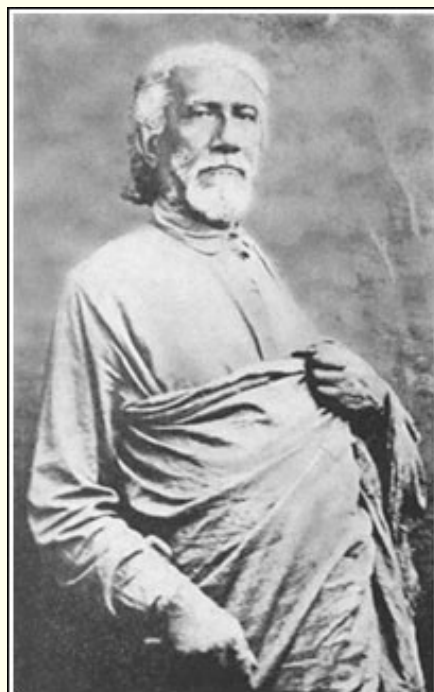
guru—yeka ukuthi kuyiqiniso futhi kucacile kangakanani! Ekuvukeni okulula kwenkumbulo, ngivame ukuzithola ngiseduze kwakhe: ilanga lasekuseni lifudumeza umfula. Izwi lakhe liyakhala, licebile ngobuqiniso bokuhlakanipha.

Ukugeza; bese kuba isidlo sasemini. Ukulungiswa kwayo, ngokweziqondiso zikaMaster zansuku zonke, kwakuwumsebenzi oqaphile wabafundi abasebasha. Umfundisi wami wayengumuntu odla imifino. Nokho, ngaphambi kokwamukela ubumonki, wayedle amaqanda nezinhlanzi. Iseluleko sakhe kubafundi kwakuwukulandela noma yikuphi ukudla okulula okuhambisana nomzimba womuntu.

Ingcweti ukudla okuncane; ngokuvamile ilayisi, umbala nge i-turmeric noma ijusi kwe ama-beet noma isipinashi futhi efafazwe kancane nge-buffalo *ghee* noma ibhotela elicibilikile. Ngolunye usuku angase abe ne-lentil- *dhal* noma *i-channa* **12- 6** i-curry nemifino. Ukuze uthole i-dessert, ama-mango noma ama-oranges ane-rice pudding, noma ijusi le-jackfruit.

Izivakashi zazifika ntambama. Umfudlana oqhubekayo wawugeleza uvela emhlabeni ungena ekuthuleni kwe-hermitage. Wonke umuntu wathola ku-Master inhlonipho nomusa ofanayo. Kumuntu oye wazibona njengomphefumulo, hhayi umzimba noma ubugovu, bonke abanye abantu bacabanga ukuthi bafana kakhulu.

I ukungakhethi kwe abangcwele kuyinto izimpande ku ukuhlakanipha. Amakhosi babe wabaleka *i-maya* ; yayo ukushintshana Ubuso bokuhlakanipha nobuwula abuzange busabonisa ukubheka okunethonya. USri Yukteswar akazange abonise ukucabangela okukhethekile kulabo ababenamandla noma abaphumelele; futhi akazange abukele phansi abanye ngenxa yobumpofu babo noma ukungakwazi kwabo ukufunda nokubhala. Wayelalela ngenhlonipho amazwi eqiniso avela enganeni, futhi angamnaki obala uchwepheshe oqhoshayo.



KWAMI INKOSI, I-SRI I-YUKTESWAR
Umfundi kwe IsiLahiri IsiMahasaya

Ihora lesishiyagalombili kwakuyihora lesidlo sakusihlwa, futhi ngezinye izikhathi ngangithola izivakashi ezihlala isikhathi eside. Umfundisi wami wayengafuni ukuzithethelela ngokudla yedwa; akekho owayeshiya u-ashram wakhe elambile noma enganelisekile. USri Yukteswar wayengakaze

edidekile, engakaze adunyazwe izivakashi ezingalindelekile; ukudla okuncane kwakuzovela idili ngaphansi kokuqondisa kwakhe okuhlakaniphile. Kodwa wayenonga imali; imali yakhe encane yayihamba ibanga elide. "Zithokozise esikhwameni sakho," wayevame ukutsho. "Ukweba okuningi kuzokutholela ukungakhululeki." Kungakhathaliseki ukuthi kusemininingwaneni yokuzijabulisa e-hermitage, noma emsebenzini wakhe wokwakha nokulungisa, noma kwezinye izinto ezingokoqobo, uMaster wabonakalisa ubuqambi bomoya wokudala.

Amahora okuthula kusihlwa ayevame ukuletha enye yezinkulumo zomfundisi wami, ingcebo ngokumelene nesikhathi. Yonke inkulumo yakhe yayilinganiswa futhi iklanywe ngokuhlakanipha. Ukuziqinisekisa okukhulu kwaphawula indlela yakhe yokukhuluma: yona kwakuyi okuyingqayizivele. Yena wakhuluma njengoba akukho okunye ku yami ulwazi njalo wakhuluma. Okwakhe imicabango yayilinganiswa ngokulinganisela okubucayi kokubandlulula ngaphambi kokuba ayivumele igqoke izingubo zangaphandle. Inggikithi yeqiniso, egcwele yonke indawo ngisho nesici somzimba, yavela kuye njengokukhipha iphunga elimnandi lomphefumulo. Ngangihlala ngiqaphela ukuthi ngikhona phambi kokubonakaliswa okuphilayo. kaNkulunkulu. Isisindo sobuNkulunkulu bakhe sagoba ikhanda lami phambi kwakhe ngokuzenzakalelayo.

Uma izivakashi ezifike sekwephuzile zibona ukuthi uSri Yukteswar useqala ukuhileleka ku-Infinite, wayezixoxisana ngokushesha. Wayengakwazi ukuma, noma ukukhombisa ukuhoxa kwakhe kwangaphakathi. Njengoba ehlala emunye neNkosi, wayengadingi isikhathi esihlukile sokuhlangana. Inkosi ezibonayo isivele ishiye itshe lokuzindla. "Imbali iyawa lapho kuvela isithelo." Kodwa abangcwele bavame ukunamathela ezimweni ezingokomoya ukuze bakhuthaze abafundi.

Njengoba kwakusondela phakathi kwamabili, uthisha wami wayengase alale ngenxa yemvelo yengane. Kwakungekho nkinga ngokulala. Wayevame ukulala phansi, engenamcamelo ngisho nangaphansi, edavenport encane eyayi kwakuyisizinda sesihlalo sakhe esivamile sesikhumba sengwe.

Ingxoxo yefilosofi yobusuku bonke yayingavamile; noma yimuphi umfundi wayengayibiza ngenxa yesithakazelo esikhulu. Angizange ngizizwe ngikhathele ngaleso sikhathi, angizange ngibe nesifiso sokulala; amazwi aphilayo kaMfundisi anele. "O, sekusile! Masihambe eduze kweGanges." Kwaphela kanjalo izikhathi zami eziningi zokuqeqeshwa ebusuku.

Izinyanga zami zokuqala noSri Yukteswar zaphetha ngesifundo esiwusizo - "Indlela Yokunqoba Umiyane." Ekhaya umndeni wami wawuhlala usebenzisa amakhethini okuzivikela ebusuku. Ngadumala ukuthola ukuthi iSerampore hermitage, lesi siko esihlakaniphile sahlonishwa lapho kugqezekwa khona ihlathi. Kodwa izinambuzane zazihlala ngokugcwele; ngalunywa kusukela ekhanda kuya onyaweni. Umfundisi wami wangizwela.

"Zithengele ikhethini, kanye nelinye lami." Wahleka wabe esenezela, "Uma uthenga elilodwa kuphela, wena, bonke omiyane bazogxila kimi!"

Ngabonga kakhulu ngokuvuma. Njalo ebusuku engangibuchitha eSerampore, uthisha wami wayengicela ukuthi ngilungise amakhethini okulala.

Ngolunye usuku kusihlwa omiyane babenamandla kakhulu. Kodwa uMfundisi wehluleka ukukhipha imiyalelo yakhe evamile. Ngalalela ngokwesaba umsindo wokulindela wezinambuzane. Lapho ngingena embhedeni, ngaphonsa umthandazo wokuhlawulela ohlangothini lwazo olujwayelekile. Ngemva kwesigamu sehora, ngakhwehlela ngokuzenzisa ukuze ngidonsele ukunaka komfundisi wami. Ngangicabanga ukuthi ngizocasuka ngokuluma futhi ikakhulukazi i-drone eculayo njengoba omiyane begubha amasiko okomela igazi.

Akukho ukushukuma okuvela kuMaster; ngasondela kuye ngokucophelela. Wayengaphefumuli. Lokhu kwakuwukumbona kwami kokuqala esesimweni se-yoga; kwangenza ngazizwa ngishaqekile.

"Kumelwe ukuba inhliziyo yakhe yehlulekile!" Ngabeka isibuko ngaphansi kwekhala lakhe; akukho moya ophumayo. Ukuze ngiqiniseke ngokuphindiwe, ngavala umlomo wakhe namakhala akhe ngeminwe yami imizuzu embalwa. Umzimba wakhe wawubanda futhi unganyakazi. Ngididekile, ngaphendukela emnyango ukuze ngicele usizo.

"Ngakho-ke! Isazi sokulinga esisafufusa! Impumulo yami empofu!" Izwi likaMaster laliqhaqhazela ngenxa yokuhleka. "Kungani ungalali? Ingabe umhlaba wonke uzoshintsha ngenxa yakho? Zishintshe: susa ukuqwasha ngomiyane."

Ngokuthobeka ngabuyela embhedeni wami. Akukho nesisodwa isinambuzane esasondela. Ngaqaphela ukuthi uchwepheshe wami wayevumile ngaphambili amakhethini ukuze angijabulise; wayengesabi omiyane. Amandla akhe e-yoga ayekhulu kangangokuthi wayekwazi ukubavumela ukuba bangalumi, noma angabalekela ekungenweni yilutho ngaphakathi.

"Ubengibonisa," ngacabanga. "Leso yisimo se-yogic okumele ngilwele ukusifinyelela." I-yogi kumele ikwazi ukudlula, futhi iqhubeke, nokuqaphela okungaphezu kwamandla, kungakhathaliseki ukuthi kuneziphazamiso eziningi ezingakaze ziphume kulo mhlaba. Kungakhathaliseki ukuthi kusekudumeni kwezinambuzane noma ukukhanya okukhulu kokukhanya kwelanga, ubufakazi bezinzwa kumele buvinjelwe. Umsindo nokubona kuza ngempela, kodwa emazweni amahle kune-Edene exoshiwe. 12-7

I okufundisayo omiyane kukhonzwa ngoba omunye kusenesikhathi isifundo ku- i u-ashram. It kwakuyi i mnene ihora lokuhlwa. Umfundisi wami wayehumusha imibhalo yasendulo ngendlela engenakuqhathaniswa. Ezinyaweni zakhe, nganginokuthula okuphelele. Umiyane odelelayo wangena e-idyl wancintisana ukuze anginake. Njengoba wawumba isidumbu esinobuthi Ngifake inaliti ye-hypodermic ethangeni lami, ngaphakamisa isandla sami sokuziphindiselela ngokuzenzakalela. Phumula ekubulaweni okuzayo! Ngakhumbula isikhathi esifanele ngenye yezindlela zikaPatanjali zokukhuluma nge-yoga- lokho ku -*ahimsa* (ukungabi nangozi).

"Kungani ungawuqedanga

umsebenzi?" "Nkosi! Uyakuncoma

ukubulala?"

"Cha; kodwa isibhaxu sokufa sase sivele sishaywe

engqondweni yakho." "Angiqondi."

"Incazelo kaPatanjali kwakuwukususwa kwesifiso *sokubulala* ." USri Yukteswar wayethole izinqubo zami zengqondo ziyincwadi evulekile. "Leli zwe lihlelwe ngendlela engafanele ukuze kube nomkhuba ongokoqobo we- *ahimsa* . Umuntu angaphoqeleka ukuba aqothule izidalwa eziyingozi. Akaphoqelekele ukuzwa intukuthelo noma ubutha obufanayo. Zonke izinhlobo zokuphila zinelungelo elifanayo nomoya we- *maya* . Ongcwele owembula imfihlo yendalo uzovumelana nezinkulumo zayo eziningi ezididayo. Bonke abantu bangasondela kulolo lwazi oluvimbela isifiso sangaphakathi sokubhujiswa."

"Guruji, kufanele eyodwa isipho yena a umhlathelo kunalokho kunokuba bulala a zasendle isilo?"

"Cha; umzimba womuntu uyigugu. Unenani eliphakeme kakhulu lokuziphendukela kwemvelo ngenxa yobuchopho obuhlukile kanye nezikhungo zomgogodla. Lokhu kwenza umuntu ozinikele kakhulu akwazi ukuqonda ngokugcwele futhi aveze izici eziphakeme kakhulu zobuNkulunkulu. Akukho sakhiwo esiphansi esihlonyiswe kangaka. Kuyiqiniso ukuthi umuntu uthwala isikweletu sesono esincane uma ephoqelesa ukubulala isilwane noma noma yini ephilayo. Kodwa amaVeda *afundisa* ukuthi ukulahlekelwa umzimba womuntu ngokungazelelwe kuyisiphambeko esikhulu ngokumelene nomthetho we-karmic."

Mina ukububula ku impumuzo; umbhalo ongcwele ukuqinisa kwe komuntu yemvelo imizwelo kuyinto hhayi njalo okuzayo.

Kwenzeka ukuthi angikaze ngimbone uMaster eduze nengwe noma ingwe. Kodwa i-cobra ebulalayo yake yabhekana naye, kodwa yanqotshwa uthando lukathisha wami. Lolu hlobo lwenyoka luyesatshwa kakhulu eNdiya, lapho lubangela ukufa kwabantu abangaphezu kwezinkulungwane ezinhlanu minyaka yonke. Lokhu kuhlanguka okuyingozi kwenzeka ePuri, lapho iSri Yukteswar yayinendawo yesibili yokuhlala, eseduze. i Ichweba kwe IsiBengal. I-Prafulla, a omncane umfundi kwe kamuva iminyaka, kwakuyi nge Ingcweti kuvuliwe lokhu isikhathi.

"Sasihleli ngaphandle eduze kwe-ashram," kusho uPrafulla kimi. "Kwavela i-cobra eduze, ubude bayo bungamafidi amane ngenxa yokwesaba okukhulu. Ikhanda layo lanwebeka ngentukuthelo njengoba igijima ibheke kithi. Umfundisi wami wahleka kancane, njengokungathi usenganeni. Ngangishaqekile ukubona uMaster eshaya izandla ngendlela enesigqi. **12-8** Wayejabulisa isivakashi esisabekayo! Ngahlala ngithule ngokuphelele, ngaphakathi ngikhipha imithandazo eqotho engangingayicela. Inyoka, eseduze kakhulu nomfundisi wami, manje yayinganyakazi, ibonakala sengathi idonswe yisimo sayo sengqondo sokuthinta. I-hood eyesabekayo yancipha kancane kancane; inyoka yahamba phakathi kwezinyawo zikaMaster yanyamalala ezihlahleni .

"Ukuthi kungani umfundisi wami ayeshukumisa izandla zakhe, nokuthi kungani i-cobra ingazishayi, kwakungingaqondakali ngaleso sikhathi," kuphetha uPrafulla. "Selokhu ngaqaphela ukuthi inkosi yami yaphezulu ayinakwesaba ukulimala yinoma yisiphi isidalwa esiphilayo."

Ngolunye usuku ntambama phakathi nezinyanga zami zokuqala e-ashram, ngathola amehlo kaSri Yukteswar engigqolozele ngokuhlaba umxhwele.

"Wena kukhona futhi mncane, "Mukunda."

Amazwi akhe athinta iphuzu elibucayi. Ukuthi amehlo ami awile kanye nokubukeka kwami okubuthaka kwakukude kakhulu ngokuthanda kwami kwafakazelwa yizingqaba zama-tonic ekamelweni lami eCalcutta. Akukho lutho olungasiza; i-dyspepsia engapheli yayingilandela kusukela ebuntwaneni. Ukuphelelwa yithemba

kwami kwafinyelela ezingeni eliphakeme ngezikhathi ezithile lapho ngazibuza ukuthi kuyazuzisa yini ukuqhubeka nale mpilo nomzimba ongaphilile kahle kangaka.

"Imithi inemingcele; amandla okuphila okudala awanawo. Kholwa ukuthi: uzophila kahle futhi uqine."

Amazwi kaSri Yukteswar avusa ukuqiniseka ngeqiniso elisebenza kimi, elingazange likwazi ukubizwa ngomunye umphilisi—nami engizame eziningi!

Usuku nosuku, bheka! Ngafaka i-wax. Emasontweni amabili ngemva kwesibusiso sikaNkosi esifihliwe, ngase ngiqongelele isisindo esivuselelayo esasingiphunyuka esikhathini esidlule. Izifo zami zesisu ezingapheli zanyamalala nge-

ukuphila okuphakade. Kamuva ngabona ukuphulukiswa okungokomoya okusheshayo yi-guru yami kwabantu abaphethwe yisifo esesabekayo - isifo sofuba, isifo sikashukela, isifo sokuwa, noma ukukhubazeka. Akekho noyedwa owayengabonga kakhulu ngokwelashwa kwakhe kunami lapho ngikhululeka ngokuzumayo esifweni sami esibulalayo .

“Eminyakeni edlule, nami nganginesifiso sokukhuluphala,” kusho uSri Yukteswar kimi. “Ngesikhathi ngilulama ngemva kokugula okubi, ngavakashela iLahiri Mahasaya eBenares.

"Mnumzane, Mina babe ube kakhulu ukugula futhi ulahlekile eziningi amakhilogremu.'

"Mina bheka, Yukteswar, **12-9** wena kwenziwe wena ukungaphilile kahle, futhi manje wena cabanga wena kukhona mncane.'

"Le mpendulo yayingeyona leyo engangiyilindele; nokho, uthisha wami

wanezela ngokukhuthaza: "Ake ngibone; ngiyaqiniseka ukuthi kufanele

uzizwe ungcono kusasa.'

"Ngithatha amazwi akhe njengesenzo sokuphulukiswa ngasese engqondweni yami evumayo, angimangalanga ngakusasa ekuseni ngokumukelwa kwamandla. Ngafuna inkosi yami futhi ngamemeza ngenjabulo, 'Mnumzane, ngizizwa ngingcono kakhulu namuhla.'

""Ngempela!"" Namuhla wena vuselela wena.'

""Cha, nkosi!' Ngiphikisa. 'Nguwe ongisizile; lokhu kungokokuqala emavikini ukuthi ngibe namandla.'

""Yebo! Isifo sakho besinzima kakhulu. Umzimba wakho ubuthakathaka okwamanje; ubani ongasho ukuthi kuzoba njani kusasa?""

"Umcabango wokuthi kungenzeka ngibuye ebuthakathakeni bami wangilethela ukwesaba okukhulu. Ngakusasa ekuseni nganginkwazi ukuzihudula ngiye ekhaya likaLahiri Mahasaya."

"Mnumzane, Mina ekuseni ukugula futhi.'

"Okwami othisha ukubuka kwakuyi okunobuzwe. 'Ngakho-ke!' Kanye Okuningi wena ukungavumi wena.'

""Gurudeva, sengiyabona manje ukuthi usuku nosuku ubungihleka usulu.' Ukubekezela kwami kwaphela. 'Angiqondi ukuthi kungani ungakholwa yimibiko yami eyiqiniso.'

"Ngempela, imicabango yakho ikwenze wazizwa ubuthakathaka futhi unamandla ngokushintshana.' Inkosi yami yangibheka ngothando. 'Ubonile ukuthi impilo yakho ilandele kahle kanjani okulindelwe. Umcabango ungamandla, ngisho nanjengogesi noma amandla adonsela phansi. Inggondo yomuntu iyinhlanga yokwazi uNkulunkulu onamandla onke. Ngingakukhombisa ukuthi noma yini ingqondo yakho enamandla eyikholelwa kakhulu izokwenzeka ngokushesha.'

"Ukwazi" lokho Isilahiri Isimahasaya akakaze wakhuluma ngokunganaki, Mina kuqondiswe yena nge kuhle kakhulu ukumangala futhi ukubonga:

'Nkosi, uma Mina cabanga Mina ekuseni kahle futhi babe kubuyiselwe yami okwangaphambili isisindo, kufanele lokho kwenzeke?'

"Kuyinto kuyinto ngakho-ke, ngisho ku- lokhu umzuzu.' Okwami uchwepheshe wakhuluma kakhulu, yakhe ukubuka ukugxila kuvuliwe yami amehlo.

"Bheka! Ngazizwa ngikhula hhayi nje kuphela ngamandla kodwa nangesisindo. ULahiri Mahasaya wathula. Ngemva kwamahora ambalwa ngimi ezinyaweni zakhe, ngabuyela ekhaya likamama, lapho ngahlala khona ngesikhathi ngivakashele eBenares.

"Ndodana yami! Kwenzenjani? Uvuvukala ngenxa yokuvuvukala kwamathumbu?' Umama wayengakholwa amehlo akhe. Umzimba wami wawusufana nowawunjalo ngaphambi kokugula kwami.

"Ngazilinganisa ngathola ukuthi ngosuku olulodwa ngangikhuphuke ngamakhilogremu angamashumi amahlanu; bahlala nami unomphela. Abangane nabantu engibajwayele ababebone umzimba wami omncane bamangala kakhulu. Iningi labo lashintsha indlela yabo yokuphila futhi laba abafundi bakaLahiri Mahasaya ngenxa yalesi simangaliso."

"Umfundisi wami, ovukile kuNkulunkulu, wayazi ukuthi leli zwe alilutho ngaphandle kwephupho loMdali elinombono oqondile. Ngenxa yokuthi wayeqaphela ngokuphelele ubunye bakhe noMphuphi Ongcwele, uLahiri Mahasaya wayengazibonakalisa noma ahluke noma enze noma yiluphi ushintsho alufisayo embonweni wendalo yonke. **12-10**

"Yonke indalo ilawulwa ngumthetho," kuphetha uSri Yukteswar. "Leyo ebonakala endaweni yonke engaphandle, etholakala ososayensi, ibizwa ngokuthi imithetho yemvelo. Kodwa kunemithetho ecashile ebusa izindawo zokuqwashisa ezingaziwa kuphela ngesayensi yangaphakathi ye-yoga. Izindiza ezingokomoya ezifihliwe nazo zinezimiso zazo zemvelo nezisemthethweni zokusebenza. Akuyena usosayensi wezinto ezibonakalayo kodwa inkosi eyazi ngokugcwele eqonda uhlobo lweqiniso lwezinto. Ngakho-ke UKristu wakwazi ukuvuselela indlebe yenceku ngemva kokuba isinqunywe ngomunye wabafundi." **12-11**

USri Yukteswar wayengumhumushi ongenakuqhathaniswa wemibhalo engcwele. Izinkumbulo zami eziningi ezijabulisa kakhulu zigxile ezinkulumweni zakhe. Kodwa imicabango yakhe eyigugu ayizange iphonswe emlotheni wokunganaki noma ubuwula. Ukunyakaza okukodwa komzimba wami okungazinzile, noma ukungazinaki kwami okuncane, kwanele ukubeka isikhathi esisheshayo encazelweni kaMaster.

"Awukho lapha." UMaster waziphazamisa ntambama ngale ndlela.
Njengokujwayelekele, wayelandela ukunaka kwami ngokushesha okukhulu.

"Guruji!" Iphimbo lami laliwukukhononda. "Angizange ngishukumise; amehlo ami awazange ashukumise; ngingaphinda igama ngalinye olikhulumile!"

"Noma kunjalo, ubungangithandi ngokugcwele. Ukuphikisa kwakho kungiphoqa ukuthi ngiphawule ukuthi engqondweni yakho wawudala izikhungo ezintathu. Esinye kwakuyi-sylvan retreat ethafeni, esinye esiqongweni sentaba, esesithathu ngasolwandle."

Leyo micabango engacacile yayikhona cishe ngokungazi. Ngambheka ngokuxolisa.

"Ini ithini Mina yenza nge okunjalo a inkosi, I-WHO ingena yami okungahleliwe imicabango?"



Isakhiwo esikhulu eMount Washington Estates eLos Angeles, esasungulwa ngo-1925 njengendlunkulu yaseMelika ye-Self-Realization Fellowship.



Ukuzibona Isonto kwe Konke Izinkolo, IHollywood, ICalifornia.

"Unginike lelo lungelo. Amaqiniso angabonakali engiwachazayo awakwazi ukuqondwa ngaphandle kokugxilisa ingqondo yakho ngokuphelele. Ngaphandle kokuba kudingekile angingeni ekuzihlukaniseni kwezingqondo zabanye. Umuntu unelungelo lemvelo lokuzulazula ngasese phakathi kwemicabango yakhe. INkosi engamenywanga ayingeni lapho; futhi angifuni ukungena."

"Wena kukhona njalo wamukelekile, Nkosi!"

"Okwakho izakhiwo amaphupho intando zenzeka kamuva. Manje kuyinto i isikhathi ngoba funda!

Ngakho-ke, umfundisi wami wembula ngendlela yakhe elula ukufika kwezehlakalo ezintathu ezinkulu empilweni yami. Kusukela ngisemncane nganginombono

ongaqondakali wezakhiwo ezintathu, ngasinye sisesimweni esihlukile.

Ngokulandelana ngqo uSri Yukteswar ayekubonisile, le mibono yathatha isimo esiphelele. Okokuqala kwaba ukusungulwa kwami kwesikole sabafana se-yoga ethafeni laseRanchi, kwabe sekuba yindlunkulu yami yaseMelika eLos

I-Angeles esiqongweni sentaba, ekugcineni a indawo yokuhlala ku eningizimu I-California ngu i enkulu IPacific.

UMaster akazange asho ngokuqhosha athi: "Ngiprofetha ukuthi kuzokwenzeka isenzakalo esinje!" Wayengathanda. icebiso: "Ungakwenzi lokho" wena cabanga yona kungenzeka "Kuzokwenzekani?" Kodwa yakhe okulula inkulumo kufihliwe i-vatic amandla. Lapho wayengekho ukuhoxa; amazwi akhe afihliwe kancane awazange abe amanga.

USri Yukteswar wayezithiba futhi engumuntu oqotho. Kwakungekho lutho ngaye olungabonakali noma oluyisiwula. Izinyawo zakhe zaziqinile emhlabeni, ikhanda lakhe lisesiphephelweni sasezulwini.

Abantu abasebenzayo bavusa ukumthanda kwakhe. "Ubungcwele abuyona into eyisiwula! Imibono yaphezulu ayikwenzi uzizwe ubuthakathaka!" wayesho. "Ukubonakaliswa okusebenzayo kobuhle kuveza ukuhlakanipha okukhulu."

Empilweni kaMaster ngithole ngokugcwele umehluko phakathi kobuqiniso obungokomoya nokungacaci ubuqambi obungamanga obudlula njengobufanayo. Umfundisi wami wayenqikaza ukuxoxa ngezindawo ezingaphezu kwamandla emvelo. I-aure yakhe "emangalisayo" kuphela yayiwukulula okuphelele. Engxoxweni wayegwema ukubhekisela okumangazayo; esenzweni wayekhuluma ngokukhululekile. Abanye babekhuluma ngezimangalisayo kodwa wayengeke abonise lutho; uSri Yukteswar wayengavamile ukukhuluma ngemithetho ecashile kodwa wayeyisebenzisa ngasese ngokuthanda kwakhe.

"Umuntu oqaphelayo akenzi simangalisayo aze athole isijeziso sangaphakathi," kuchaza uMfundisi. "UNkulunkulu akafisi ukuthi izimfihlo zendalo Yakhe zembulwe ngokungafanele. **12-12** Futhi, wonke umuntu emhlabeni unelungelo elingenakususwa lenkululeko yakhe yokuzikhethela. Ongcwele ngeke angenele kulokho kuzimela.

Ukuthula okujwayelekile kuSri Yukteswar kwabangelwa ukuqonda kwakhe okujulile ngo-Infinite. Akusekho isikhathi "sezambulo" ezingapheli ezithatha izinsuku zothisha ngaphandle kokuzibona. "Kubantu abangajulile izinhlanzi zemicabango emincane zibangela isiyaluyalu esikhulu. Ezingqondweni zaselwandle imikhomo yokuphefumulelwa ayisebenzi kahle." Lokhu kuphawulwa okuvela emibhalweni yamaHindu akusikho ngaphandle kwamahlaya aqondakalayo.

Ngenxa yokubonakala kukamfundisi wami okungavamile, bambalwa kuphela abantu ayephila nabo ababembona njengomuntu ophakeme. Isisho esidumile esithi: "Uyisiwula esingenakukufihla ukuhlakanipha kwakhe," sasingeke sisetshenziswe kuSri Yukteswar. Nakuba azalwa engumuntu ofayo njengabo bonke abanye, iNkosi yayifinyelele ubunye noMbusi wesikhathi nendawo. Empilweni yakhe ngabona ubunye obufana noNkulunkulu. Wayengatholi sithiyo esingenakunqotshwa ekuhlakanisweni komuntu noNkulunkulu. Akukho sithiyo esinjalo esikhona,

ngaqonda, ngaphandle kokungazijabuli ngokomoya komuntu.

Bengihlala ngijabula ngokuthinta izinyawo ezingcwele zikaSri Yukteswar. Ama-yogi afundisa ukuthi umfundi udonswa ngokomoya ukuxhumana okunenhlonipho nomphathi; kudalwa umsinga ocashile. Izindlela ezingathandeki zomuntu ozinikele ebuchosheni zivame ukushiswa; umsele wokuthambekela kwakhe kwezwe uphazamiseka kahle. Okungenani okwesikhashana angathola izimbozo eziyimfihlo ze- *maya* ngiphakamisa, futhi ngibone iqiniso lenjabulo. Umzimba wami wonke uphendula ngokukhanya okukhululayo noma nini lapho Ngaguqa ngendlela yaseNdiya phambi komfundisi wami.

"Ngisho noma nini IsiLahiri IsiMahasaya kwakuyi "thula," Ingcweti utshele mina, "noma nini yena ingxoxo kuvuliwe okunye kunokuba

Ngikhuluma ngezihloko zenkolo kuphela, ngathola ukuthi noma kunjalo wayengithumelele ulwazi olungenakuchazeka."

USri Yukteswar wangithinta ngendlela efanayo. Uma ngingena endaweni yokuhlala ngikhathazekile noma ngingenandaba enggondweni, isimo sami sengqondo sashintsha ngokungabonakali. Ukuzola okuphulukisayo kwehlela ngokubona nje umfundisi wami. Usuku ngalunye naye kwakuyinto entsha yenjabulo, ukuthula nokuhlakanipha. Angikaze ngimthole ukukhohliswa noma ukudakwa ubugovu noma imizwa noma intukuthelo noma noma yikuphi ukunamathelana kwabantu.

"Ubumnyama be- *maya* busondela buthule. Ake sihambe siye ekhaya." Ngala mazwi ekushoneni kwelanga uMfundisi wayehlala ekhumbuza abafundi bakhe ngesidingo sabo se -*Kriya Yoga* . Umfundi omusha wayevame ukuveza ukungabaza mayelana nokufaneleka kwakhe ukuzibandakanya ekuzijwayezeni i-yoga.

"Khohlwa okwedlule," uSri Yukteswar wayemduduza. "Impilo yabantu bonke enyamalele imnyama futhi inamahloni amaningi. Ukuziphatha kwabantu akuthembekile kuze kube yilapho kugxilise kuNkulunkulu. Konke esikhathini esizayo kuzothuthuka uma wenza umzamo ongokomoya manje."

UMaster wayehlala enama -*chelas amancane angu* -**12-13** endaweni yakhe yokuhlala. Imfundo yabo engokomoya neyengqondo yayiyisithakazelo sakhe sokuphila konke: ngisho nangaphambi nje kokuba ashone, wavuma ukuqeqesha abafana ababili abaneminyaka eyisithupha kanye nentsha eyodwa eneminyaka eyishumi nesithupha. Waqondisa izingqondo zabo kanye nokuphila kwabo ngaleyo ndlela yokuzithiba ngokucophelela lapho igama elithi "umfundi" lisuselwa khona ngokwemvelaphi. Izakhamuzi zase-Ashram zazimthanda futhi zimhlonipha umfundisi wazo; ukushaya izandla zakhe kancane kwakwanele ukubaletha ngentshiseko eceleni kwakhe. Lapho isimo sakhe sengqondo sishintshashintsha. ethule futhi ethule, akekho owaba nesibindi sokukhuluma; lapho ukuhleka kwakhe kuzwakala ngenjabulo, izingane zabuka phezu kwakhe njengokwabo.

UMfundisi wayevame ukucela abanye ukuba bamkhonze, futhi wayengeke amukele usizo kumfundi ngaphandle kokuba ukuzimisela kuqotho. Umfundisi wami wayehlanza izingubo zakhe buthule uma abafundi bengawunaki lowo msebenzi obalulekile. USri Yukteswar wayegqoka ingubo yendabuko ye-swami enombala we-ocher; izicathulo zakhe ezingenantambo, ngokuvumelana nesiko le-yogi, zaziysikhumba sengwe noma senyamazane.

UMaster wayekhuluma kahle isiNgisi, isiFulentshi, isiHindi, nesiBengali; isiSanskrit sakhe sasinobulungiswa. Wafundisa abafundi bakhe abasebasha ngesineke ngezindlela ezithile ezimfushane ayeziklamile ngobuhlakani ukuze bafunde isiNgisi nesiSanskrit.

Ingcweti kwakuyi qaphela kwe yakhe umzimba, ngenkathi ukugodla ukukhathalela

okunamathiselwe. I Okungenamkhawulo, washo, kubonakala kahle ngokuhluzeka ngokomzimba nangokwengqondo. Wayengawunaki noma yikuphi ukweqisa. Umfundi wake wagala ukuzila ukudla isikhathi eside. Umfundisi wami wahleka kuphela: "Kungani ungangiphonsiinja ithambo?"

Impilo kaSri Yukteswar yayinhle kakhulu; angikaze ngimbone engaphilile. **12-14** Wavumela abafundi ukuba babonisane nodokotela uma kubonakala kufanele. Inhloso yakhe kwakuwukuhlonipha isiko lezwe: "Odokotela kumele baqhubeke nomsebenzi wabo wokuphulukisa ngemithetho kaNkulunkulu njengoba isetshenziswa ezintweni." Kodwa wancoma ubukhulu bokwelashwa kwengqondo, futhi wayevame ukuphindaphinda athi: "Ukuhlakanipha kuyisihlanzi esikhulu kunazo zonke."

"Umzimba ungumngane okhohlisayo. Mnike okufanele; akusekho okunye," esho. "Ubuhlungu nenjabulo kuyadlula; bekezelela zonke izinto ezimbili ngokuthula, ngenkathi uzama ngasikhathi sinye ukususa ukubamba kwazo."

Umcabango ungumnyango lapho izifo kanye nokuphulukiswa kungena khona. Ungakholelwa eqinisweni lokugula ngisho nalapho ugula; isivakashi esingaziwayo sizobaleka!

UMfundisi wayebala odokotela abaningi phakathi kwabafundi bakhe. "Labo abaye bafunda imithetho yemvelo bangahlola kalula isayensi yomphefumulo," ebatshele. "Indlela engokomoya ecashile ifihliwe ngemuva nje kwesakhiwo somzimba." **12-15**

USri Yukteswar weluleka abafundi bakhe ukuba babe ngabaxhumanisi abaphilayo bezimfanelo zaseNtshonalanga naseMpumalanga. Yena ngokwakhe wayengumuntu ophethe imikhuba yangaphandle, ngaphakathi wayengumuntu waseMpumalanga engokomoya. Wancoma imikhuba eqhubekayo, enobuhlakani nehlanzekile yaseNtshonalanga, kanye nemibono yenkolo enikeza iMpumalanga ukukhanya okukhulu.

Isiyalo sasingaziwa kimi: ekhaya ubaba wayeqinile, u-Ananta wayevame ukuba nzima. Kodwa ukuqeqeshwa kukaSri Yukteswar akunakuchazwa njengokunye ngaphandle kokuqina. Njengomuntu ofuna ukuphelela, umfundisi wami wayegxeka kakhulu abafundi bakhe, kungakhathaliseki ukuthi ezindabeni zesikhashana noma ezicashile zokuziphatha.

"Imikhuba emihle engenabo ubuqotho ifana nowesifazane omuhle ofile," esho ngesikhathi esifanele. "Ukwethembeka ngaphandle kobuntu kufana nommese kadokotela ohlinzayo, kuyasebenza kodwa akumnandi. Ubuqotho obunenhlonipho buyasiza futhi buyathandeka."

Kubonakala sengathi uMfundisi wayenelisekile ngentuthuko yami engokomoya, ngoba wayengakhulumi kakhulu ngayo; kwezinye izindaba izindlebe zami zazingazi ukuthi ngizisolwa. Amacala ami amakhulu kwakuwukungacabangi, ukuzitika ngezikhathi ezithile ngemizwa yokudabuka, ukungalandeli imithetho ethile yokuziphatha, kanye nezindlela ezingezona ezendabuko ngezikhathi ezithile.

"Bheka ukuthi imisebenzi kayihlo uBhagabati ihlelwe kahle futhi ilinganiswe kanjani ngazo zonke izindlela," kusho umfundisi wami. Abafundi ababili bakaLahiri Mahasaya bahlangana, ngemuva nje kokuba ngiqale uhambo lwami lokuya eSerampore. UBaba noSri Yukteswar bahlola ngokubabaza ukubaluleka komunye nomunye. Bobabili bakha impilo yangaphakathi yegranite engokomoya, engancibiliki eminyakeni eminingi.

Kusukela kothisha besikhathi esifushane empilweni yami yangaphambili ngangifunde izifundo ezimbalwa eziyiphutha. Ngatshelwa ukuthi i *-chela*, akudingeki izikhathaze kakhulu ngemisebenzi yezwe; lapho ngiyidebeselele noma ngenza imisebenzi yami ngokunganaki, angizange ngijeziswe. Imvelo yomuntu ithola ukuthi le mfundiso ilula kakhulu ukuyithatha. Nokho, ngaphansi kwenduku kaMaster

engagodli, ngasheshe ngalulama ekukhohlisweni okuhle kokungakhathali.

“Labo abalunge kakhulu kuleli zwe bahlobisa abanye,” kusho uSri Yukteswar. “Uma nje usaphefumula umoya okhululekile womhlaba, unesibopho sokunikela inkonzo yokubonga. Nguye yedwa oye wakwazi ngokugcwele isimo sokuphelelwa umoya **12-16** ukhululiwe ezintweni ezidingekayo zasezulwini. Ngeke ngihluleke ukukwazisa uma usufinyelele ukuphelela kokugcina.

Umfundisi wami wayengenakufumbathiswa, ngisho nangothando. Wayengabonisi bubele kunoma ubani, njengami, owayezinikela ngokuzithandela ukuba ngumfundi wakhe. Kungakhathaliseki ukuthi mina noMfundisi sasizungezwe abafundi bakhe noma abantu esingabazi, noma sasisodwa ndawonye, wayehlala ekhuluma ngokucacile futhi esola kakhulu. Wayengadlali. ukuwela ekungajulileni noma ekungaguquguquki wasinda ekusolweni kwakhe. Lokhu kuphathwa okuthambile kwakunzima

ukubekezela, kodwa isinqumo sami kwakuwukuvumela uSri Yukteswar ukuthi alungise zonke izinkinga zami zengqondo. Njengoba ayesebenza kanzima kulolu shintsho olukhulu, ngathuthumela kaningi ngenxa yesisindo sesando sakhe sokuqondisa.

"Uma ungawathandi amazwi ami, ukhululekile ukuhamba noma nini," kusho uMaster kimi. "Angifuni lutho kuwe ngaphandle kokuthuthuka kwakho. Hlala kuphela uma uzizwa uzuzile."

Ngaso sonke isibhakela esithobekileyo angishaya ngaso, nangawo wonke amazinyo emhlathini wami ongokomfanekiso wawashaya ngenhloso emangalisayo, ngiyabonga ngaphezu kwanoma yikuphi ukukhululeka kokuveza. Inggikithi eqinile yokuzikhukhumeza komuntu ayidingi ukususwa ngaphandle kokwedelela. Ngokuhamba kwayo, uNkulunkulu ekugcineni uthola umzila ongavinjelwe. Ifuna ukungena ngeze ezinhliziyweni eziqinile zobugovu.

Ukuhlakanipha kukaSri Yukteswar kwakujula kangangokuthi, engalaleli amazwi, wayevame ukuphendula lapho umuntu ebona engakhulumi. "Lokho umuntu akucabangayo ukuthi uyakuzwa, nalokho isikhulumi esikushoyo ngempela, kungase kuhluke kakhulu," esho. "Zama ukuzwa imicabango ebangela ukudideka kwamazwi amadoda ."

Kodwa ukuqonda kwaphezulu kubuhlungu ezindlebeni zomhlaba; uMfundisi wayengathandwa ngabafundi abangebona abafundi. Abahlakaniphile, ababehlala bembalwa ngenani, babemhlonipha kakhulu. Ngingasho ukuthi uSri Yukteswar ngabe wayengumfundisi ofunwa kakhulu eNdiya ukube amazwi akhe abengaqondile futhi egxeka kangaka.

"Ngibaphatha kabi labo abeza ukuzoqeqeshwa kwami," evuma kimi. "Yileyo indlela yami; thatha noma uhambe." yona. Mina intando akakaze ukuvumelana. Kodwa wena intando yiba okuningi unomusa ku- yakho abafundi; lokho kuyinto yakho indlela. Ngizama ukuhlanza kuphela emlilweni wobunzima, ngishisa ngaphezu kokubekezelelwa okuvamile. Indlela emnene kwe uthando kuyinto futhi ukuguqula isimo. I okungaguquguquki futhi i ukuvumelana izindlela kukhona kusebenza kahle uma kusetshenziswa ngokuhlakanipha. Uzoya emazweni angaphandle, lapho ukuhlaselwa okuqondile kwe-ego kungaziswa khona. Uthisha wayengeke akwazi ukusakaza umyalezo waseNdiya eNtshonalanga ngaphandle kwesikhwama esanele sokubekezela nokubekezelelana." Ngiyenqaba ukusho inani leqiniso engalithola kamuva thola emazwini kaMaster!

Nakuba inkulumo kaSri Yukteswar engabonakali yavimbela abalandeli abaningi phakathi neminyaka yakhe emhlabeni, noma kunjalo umoya wakhe ophilayo ubonakala namuhla emhlabeni wonke, ngabafundi abaqotho be- i z i m f u n d i s o zakhe ze-*Kriya Yoga* nezinye. Unamandla engeziwe emiphefumulweni yabantu kunanini ngaphambili u-Alexander ayephupha ngakho emhlabathini.

Ubaba wafika ngolunye usuku ukuzohlonipha uSri Yukteswar. Umzali wami wayelindele, cishe, ukuzwa amazwi athile engidumisa ngawo. Washaqeka ukunikezwa ukulandisa okude ngamaphutha ami. Kwakuwumkhuba kaMaster ukulandisa amaphutha alula, angabalulekile ngomoya omangalisayo. amandla adonsela phansi. Ubaba waphuthuma ukuzongibona. "Ngokwamazwi kathisha wakho bengicabanga ukukuthola uyisisulu esiphelele!" Umzali wami wayephakathi kwezinyembezi nokuhleka.

Ukuphela kwembangela yokungajabuli kukaSri Yukteswar ngaleso sikhathi ukuthi ngangizama, ngokumelene necebiso lakhe elimnene, ukuguqula indoda ethile endleleni yokomoya.

Nge ukucasuka isivinini Mina okufunwayo phandle yami uchwepheshe. Yena yamukelwe mina nge ukudumala amehlo, njengoba noma kunjalo

ngiqaphela ukuthi nginecala. Kwakuyisona sikhathi kuphela engake ngabona ngaso ingonyama engcwele imnene phambi kwami. Lesi sikhathi esiyinqayizivele sajatshulelwa ngokugcwele.

"Mnumzane, kungani ungihlulele ngonya kangaka phambi kukababa

omangele? Ingabe lokho kulungile?" "Ngeke ngiphinde ngikwenze." Izwi

likaMaster lalixolisa.

Ngaphucwa izikhali ngokushesha. Yeka ukuthi indoda enkulu yavuma kanjani iphutha layo kalula! Nakuba ingazange iphinde iphazamise ukuthula kwengqondo kukaBaba, iNkosi yaqhubeka nokungihlola noma nini nanoma kuphi lapho ithanda khona.

Abafundi abasha babevame ukujoyina uSri Yukteswar ekugxekeni abanye ngokuphelele. Bahlakaniphe njengochwepheshe! Amamodeli okubandlulula okungenaphutha! Kodwa lowo ohlaselayo akumelwe abe ongenakuzivikela. Abafundi abafanayo abathukuthela babaleka ngokushesha nje lapho uMaster ekhulula imicibisholo embalwa emgodleni wakhe wokuhlaziya obala.

"Ubuthakathaka bangaphakathi obuthambile, obucasulayo lapho kuthintwa kancane ukusola, bufana nezingxenye zomzimba ezigulayo, ezibuyela emuva ngaphambi kokuba ziphathwe ngobuchule." Lokhu kwakungukuphawula kukaSri Yukteswar okuhlekisayo ngalezo ezisheshayo.

Kukhona abafundi abafuna isazi esenziwe ngomfanekiso wabo. Abafundi abanjalo babevame ukukhononda ngokuthi babengayiqondi iSri Yukteswar.

"Nani animqondi uNkulunkulu!" Ngaphendula ngesinye isikhathi. "Uma ungcwele ecacile kuwe, uzoba nguye." Phakathi kwezimfihlakalo eziyizigidigidi, ukuphefumula njalo ngomzuzwana umoya ongachazeki, ubani ongase acele ukuthi imvelo engaqondakali yenkosi iqondwe ngokushesha?

Abafundi beza, futhi ngokuvamile baya. Labo ababefisa indlela yozwelo olunamafutha nokuqashelwa okukhululekile abazange bayithole e-hermitage. INkosi yayinikeza indawo yokukhosela nokwalusa iminyaka eminingi, kodwa abafundi abaningi babefuna i-ego-balm ngokungabaza. Bahamba, bekhetha ukuhlazeka okungenakubalwa kokuphila kunanoma yikuphi ukuthobeka. Imisebe evuthayo yeNkosi, ukukhanya kwelanga okuvulekile kokuhlakanipha kwayo, kwakunamandla kakhulu kunokugula kwabo ngokomoya. Bafuna umfundisi omncane owabafihla ngokuthopha, wavumela ubuthongo bokungazi.

Phakathi nezinyanga zami zokuqala noMfundisi, ngangizwe ukwesaba okukhulu kokukhuza kwakhe. Lokhu kwakuyimfihlo, ngakubona ngokushesha, kubafundi

ababecele ukukhuza kwakhe ngamazwi. Uma noma yimuphi umfundi okhungathekile ebhikisha, uSri Yukteswar wayezothula angacasuki. Amazwi akhe ayengelona neze intukuthelo, kodwa ayengenabo ubuntu nokuhlakanipha.

Ukuqonda kukaMaster kwakungekona okwezindlebe ezingakalungiselelwa zezivakashi ezingajwayelekile; wayengavamile ukuphawula ngamaphutha azo, noma ngabe ayebonakala. Kodwa kubafundi ababefuna iseluleko sakhe, uSri Yukteswar wazizwa enomthwalo wemfanelo ongathi sína. Unesibindi ngempela uchwepheshe ozimisele ukuguqula ingcebo engacwengekile yesintu esinobugovu! Isibindi sosanta sisuka esihawu sakhe ngabangenamehlo abakhubekayo baleli zwe .

Lapho sengiyilahlile inzondo engaphansi, ngathola ukwehla okukhulu ekujezisweni kwami. Ngendlela ecashile kakhulu, uMfundisi wancibilika waba nobubele obuqhathaniswayo. Ngokuhamba kwesikhathi ngabhidliza lonke udonga lokucabanga kanye nokuzibamba ngaphansi kolwazi lapho ubuntu bomuntu buvame ukuzivikela khona. **12-17** Umvuzo kwaba ukuzwana okulula nomfundisi wami. Ngaleso sikhathi ngathola ukuthi wayethemba, ecabangela futhi ethanda buthule. Nokho, ngokungabonisi zimpawu, wayengasho lutho ngothando .

Isimo sami sengqondo sigxile kakhulu ekukhulekeleni uNkulunkulu. Kwakungicasula ekuqaleni ukuthola ukuthi umfundisi wami, ogcwele i- *jnana* kodwa obonakala sengathi womile nge -*bhakti* , **12-18** waziveza kuphela ngokwezibalo ezingokomoya ezibandayo. Kodwa njengoba ngangizindla ngesimo sakhe, angitholanga kuncipha kodwa kunalokho ngandisa indlela yami yokukhonza uNkulunkulu. Inkosi eyazi kahle iyakwazi ngokugcwele ukuqondisa abafundi bayo abahlukahlukeni ngemigqa yemvelo yokuthambekela kwabo okubalulekile.

Ubuhlobo bami noSri Yukteswar, obungacacile kahle, babunazo zonke izindlela zokukhuluma. Ngangivame ukuthola uphawu lwakhe oluthule emicabangweni yami, okwenza inkulamo yami ingasizi ngalutho. Ngihlezi buthule eceleni kwakhe, ngezwa umusa wakhe uthululeka ngokuthula phezu kwami.

Ubulungiswa obungakhethi bukaSri Yukteswar bubonakaliswe ngokuphawulekayo ngesikhathi samaholide asehlobo onyakeni wami wokuqala ekolishi. Ngamukela ithuba lokuchitha izinyanga ezingaphazanyiswa eSerampore nomfundisi wami.

"Ungase ube nguwe ophethe indawo yokuhlala." UMfundisi wajabula ngokufika kwami ngentshiseko. "Imisebenzi yakho izoba ukwamukela izivakashi, nokuqondisa umsebenzi wabanye abafundi."

UKumar, isakhamuzi esincane esivela empumalanga yeBengal, wamukelwa emasontweni amabili kamuva ukuze aqeqeshwe ukuhlala yedwa. Ehlakaniphe ngendlela emangalisayo, washeshe wathola uthando lukaSri Yukteswar. Ngesizathu esingaqondakali, uMaster wayenomusa kakhulu kulowo mhlali omusha.

"Mukunda, vumela uKumar athathe imisebenzi yakho. Sebenzisa isikhathi sakho ekushayweni nasekuphekeni." UMaster wakhapha le miyalelo ngemuva kokuba umfana omusha esehlale nathi inyanga yonke.

Ephakanyiselwe ebuholini, uKumar wasebenzisa ubudlova bomndeni obuncane. Ngokuvukela buthule, abanye abafundi baqhubeka nokungifuna nsuku zonke ukuze bathole iseluleko.

"Akunakwenzeka ukuthi uMukunda! Ungenze umphathi, kodwa abanye baya kuye futhi bamlalele." Ngemva kwamasondo amathathu uKumar wayekhononda kumfundisi wethu. Ngamuzwa esegumbini eliseduze.

"Yingakho ngimnike umsebenzi ekhishini, wena ube segumbini lokuphumula."
Amazwi kaSri Yukteswar ayesha kuKumar. "Ngale ndlela usugaphele ukuthi umholi ofanele unesifiso sokukhonza, hhayi sokubusa. Ubufuna isikhundla sikaMukunda, kodwa awukwazanga ukusigcina ngenxa yokufaneleka. Buyela manje emsebenzini wakho wangaphambili njengomsizi wompheki."

Ngemva kwalesi sigameko sokuthobeka, uMaster wabuyela esimweni sengqondo sangaphambili sokuzitika ngokungajwayelekile kuKumar. Ubani ongaxazulula imfihlakalo yokukhanga? KuKumar umfundisi wethu wathola umthombo omuhle ongazange uqhume kubafundi abakanye naye. Nakuba umfana omusha ngokusobala kwakunguSri

Angizange ngizizwe ngidangele, njengoba uYukteswar ayethanda kakhulu. Imikhuba yomuntu siqu, ephethwe ngisho nangamakhosi, inika ubunzima obukhulu endleleni yokuphila. Imvelo yami ayivamile ukunqotshwa imininingwane; ngangifuna kuSri Yukteswar inzuzo engafinyeleleki kalula kunodumo lwangaphandle.

UKumar wakhuluma ngokunobuthi ku- mina eyodwa usuku ngaphandle isizathu; Mina kwakuyi ngokujulile ubuhlungu.

"Ikhanda lakho liyavuvukala kakhulu!" Nganezela isixwayiso engangisizwa iqiniso ngaso ngokwemvelo: "Ngaphandle kokuba ulungise izindlela zakho, ngolunye usuku uzocelwa ukuba ushiye le ashram."

Ehleka ngokubhuqa, uKumar waphinda amazwi ami kumfundisi wethu owayesanda kungena ekamelweni. Ngilindele ukuthethiswa, ngaphuma ngokuthobeka ngaya ekhoneni.

"Mhlawumbe uMukunda uqinisile." Impendulo kaMaster kumfana yafika ngokubanda okungavamile. Ngabaleka ngaphandle kokujeziswa.

Ngemva konyaka, uKumar wahamba wayovakashela ikhaya lakhe lobuntwana. Akazange akunake ukungamukelwa kukaSri Yukteswar buthule, owayengakaze alawule ukuhamba kwabafundi bakhe ngegunya. Lapho umfana ebuya eSerampore ezinyangeni ezimbalwa, ushintsho lwalubonakala ngendlela engathandeki. UKumar owayenobuso obuthule obukhazimulayo wayehambile. Umlimi ongaziwa kuphela owayemi phambi kwethu, owayesanda kuthola imikhuba emibi eminingi.

UMfundisi wangibiza futhi ngenhliziyo ebuhlungu waxoxa ngeqiniso lokuthi umfana wayengasafanelekeli impilo yokuhlala emakhaya ezindela.

"Mukunda, ngizokushiya kuwe ukuthi utshele uKumar ukuthi ashiye i-ashram kusasa; angikwazi ukukwenza!" Izinyembezi zazimi emehlweni kaSri Yukteswar, kodwa wazibamba ngokushesha. "Umfana ubengeke awele kulezi zinhlupheko ukube ubengilalele futhi engahambanga ukuyohlangana nabangane abangathandeki. Wengabe isivikelo sami; izwe elinonya kumele libe yinkosi yakhe."

Ukuhamba kukaKumar akuzange kungilethele injabulo; ngokudabukisayo ngangizibuza ukuthi umuntu onamandla angawina kanjani Uthando lwenkosi lungaphendula ekukhangeni okushibhile. Ukujabulela iwayini nocansi kusekelwe kumuntu wemvelo, futhi akudingi izibiliboco zokuqonda ukuze baqonde. Amacebo okucabanga afana ne-oleander eluhlaza okwesibhakabhaka, enuka kamnandi ngezimbali zayo ezinemibala eminingi: yonke ingxenye yesitshalo inobuthi. Izwe lokuphulukisa lingaphakathi, likhazimula ngaleyo njabulo efunwa ngokungazi lutho ezindleleni eziyinkulungwane ezingalungile. **12-19**

"Ukuhlakanipha okubukhali kunezinhlangothi ezimbili," kusho uMaster ekhuluma ngengqondo kaKumar ekhaliphile. "Kungasetshenziswa ngendlela eyakhayo noma ebhubhisayo njengommese, kungaba ukusika ithumba lokungazi, noma ukuzisika ikhanda. Ukuhlakanipha kuqondiswa kahle kuphela ngemva kokuba ingqondo isivumile ukuthi umthetho ongokomoya awunakugwenywa."

Umfundisi wami wayehlangana ngokukhululekile nabafundi besilisa nabesifazane, ephatha bonke njengabantwana bakhe. Ebona ukulingana kwemiphefumulo yabo, akazange abonise ubandlululo noma ukukhetha.

"Ngaphakathi ukulala, wena yenza hhayi yazi ukuthi ngabe wena kukhona a indoda noma a owesifazane," yena kusho. "Kuphela nje njengoba a indoda,

ukuzenza owesifazane, akube yinto eyodwa, ngakho umphefumulo, ozenza owesilisa nowesifazane, awunabo ubulili. Umphefumulo ungumfanekiso kaNkulunkulu omsulwa, ongaguquki.

USri Yukteswar akazange abagweme noma abasole abesifazane njengezinto zokuyenga. Uthe amadoda nawo ayeyisilingo kwabesifazane. Ngake ngabuza kumfundisi wami ukuthi kungani ungcwele omkhulu wasendulo ayebize abesifazane ngokuthi “umnyango wesihogo.”

"Kumelwe ukuba intombazane yayimhlupha kakhulu ekuthuleni kwengqondo yakhe esemncane," kuphendula uthisha wami ngomsindo. "Ngaphandle kwalokho ngabe usole, hhayi owesifazane, kodwa ukungapheleli okuthile ekuzithibeni kwakhe."

Uma isivakashi singaba nesibindi sokulandisa indaba evusa inkanuko endaweni yokuhlala, uMfundisi wayezothula angaphenduli. "Ungazivumeli ukuba ushaywe yisibhaxu sobuso obuhle," etshela abafundi. "Izigqila zingazizwa kanjani zijabulela umhlaba? Ukunambitheka kwawo okucashile kuyabaphunyuka ngenkathi zigubha odakeni olukhulu. Zonke izinhlobo ezinhle zobandlululo ziyalahleka kumuntu onezinkanuko zakugala."

Abafundi abafuna ukubalekela inkohliso *yama-maya e-dualistic* abayithola kumeluleki wesiguli noqondayo waseSri Yukteswar.

"Njengoba nje inhloso yokudla iwukwanelisa indlala, hhayi ukuhaha, kanjalo nomuzwa wobulili wenzelwe ukusabalalisa izinhlobo ngokomthetho wemvelo, hhayi ukuvusa izifiso ezingapheli," esho. "Qhathanisa izifiso ezingalungile manje; ngaphandle kwalokho zizokulandela ngemva kokuba umzimba wezinkanyezi ukhishwe esikhumbeni sawo somzimba. Ngisho nalapho inyama ibuthakathaka, ingqondo kufanele imelane njalo. Uma isilingo sikuhlasela ngamandla anonya, singobe ngokuhlaziya okungebona ubuntu kanye nentando engapheli. Zonke izinkanuko zemvelo zinganqotshwa.

"Londoloza amandla akho. Yiba njengolwandle olukhulu, umunca ngaphakathi kwayo yonke imifula egelezayo yezinzwa. Izifiso ezincane ziyizimbobo echibini lokuthula kwakho kwangaphakathi, okuvumela amanzi aphulukisayo ukuba achitheke enhlabathini ehlane yezinto ezibonakalayo. Isifiso esinamandla esishukumisayo sesifiso esingalungile siyisitha esikhulu senjabulo yomuntu. Zulazula emhlabeni njengengonyama yokuzithiba; qaphela ukuthi amaxoxo obuthakathaka awakukhahleli."

Ekugcineni umuntu ozinikele ukhululiwe kuzo zonke izinkanuko zemvelo. Uguqula isidingo sakhe sothando lomuntu sibe yisifiso soNkulunkulu kuphela, uthando olulodwa ngoba lukhona yonke indawo.

Umama kaSri Yukteswar wayehlala esifundeni saseRana Mahal eBenares lapho

ngangivakashele khona umfundisi wami okokuqala. Enomusa futhi enomusa, wayesengowesifazane onemibono eqinile. Ngelinye ilanga ngama ebalcony yakhe ngabuka umama nendodana bexoxa. Ngendlela yakhe ethule nenengqondo, uMaster wayezama ukumkholisa ngento ethile. Kubonakala sengathi akaphumelelanga, ngoba wanikina ikhanda ngamandla amakhulu.

"Cha, cha, yami indodana, hamba kude manje! Yakho ohlakaniphile amagama kukhona hhayi ngoba mina! Mina ekuseni hhayi yakho mfundi!"

USri Yukteswar wahlehla ngaphandle kokuphikisana okwengeziwe, njengengane ethethiswayo. Ngathinteka yinhlonipho yakhe enkulu kunina ngisho nasezimweni zakhe ezingenangqondo. Wayembona njengomfana wakhe omncane kuphela,

hhayi njengomuntu ohlakaniphile. Kwakukhona ubuhle ngalesi sigameko esingelutho; sanikeza umbono ohlukile ngesimo esingavamile senkosi yami, ethobekile ngaphakathi futhi engenakunyakaziswa ngaphandle.

Imithetho yezindela ayivumeli iswami ukuthi ihlale ixhumene nezibopho zomhlaba ngemva kokuhlukana kwayo okusemthethweni. Ayikwazi ukwenza amasiko omndeni angokomthetho abophekile kumninikhaya. Kodwa uShankara, umsunguli wasendulo weSwami Order, akazange ayinake imiyalo. Lapho unina amthandayo eshona, washisa isidumbu sakhe ngomlilo wasezulwini awubangela ukuba siphume esandleni sakhe esiphakanyisiwe.

USri Yukteswar naye wayishaya indiva imingcele, ngendlela engeyinhle kangako. Lapho unina eshona, wahlela izinkonzo zokushiswa kwezidumbu eGanges engcwele eBenares, futhi wondla amaBrahmin amaningi ngokuvumelana nesiko lakudala.

Imithetho yokuvinjelwa *kwe-shastric* yayihloselwe ukusiza ama-swami ukuba angobe ukuhlonza okuncane. UShankara noSri Yukteswar babehlenganise ngokuphelele izidalwa zabo eMoyeni Ongenabuntu; bona wayengadingi ukusindiswa ngumthetho. Ngezinye izikhathi, futhi, inkosi iyazishaya indiva ngamabomu izincwadi ukuze isekele isimiso sayo njengesiphakeme futhi esizimele. Ngakho-ke uJesu wakha izikhwebu zombila ngosuku kokuphumula. Kubagxeki abangenakugwenywa wathi: "Isabatha lenzelwa umuntu, hhayi umuntu ngenxa yesabatha." **12-20**

Ngaphandle kwemibhalo engcwele, kwakungavamile ukuba incwadi ihlonishwe yincwadi kaSri Yukteswar. Kodwa wayejwayelene njalo nokutholwa kwesayensi kwakamuva kanye nokunye ukuthuthuka kolwazi. Njengomuntu othanda ukuxoxa ohlakaniphile, wayejabulela ukushintshana ngemibono ngezihloko eziningi nezivakashi zakhe. Ukuhlakanipha kukathisha wami okulungele kanye nokuhleka okumangalisayo kwavuselela yonke ingxoxo. Ngokuvamile, iNkosi yayingenaso isizungu. "Ukufuna iNkosi, akudingeki ukuthi umuntu ashintshe ubuso bakhe," wayephawula. "Khumbula ukuthi ukuthola uNkulunkulu kuzosho umngcwabo wazo zonke izinsizi."

Phakathi kwezazi zefilosofi, oprofesa, abameli kanye nososayensi abafika kule ndawo yokuhlala, inani labo lafika okokuqala belindele ukuhlangana nomuntu okholwayo. Ukumamatheka okumangalisayo noma ukubheka ukubekezelelana okujabulisayo ngezinye izikhathi kwakubonisa ukuthi abasanda kufika babelindele lutho ngaphandle kwezinkulumo ezimbalwa ezingcwele. Kodwa ukuhamba kwabo ngokungathandi kwakuzoletha ukuqiniseka okukhulumayo kokuthi uSri Yukteswar wayebonise ukuqonda okuqondile emikhakheni yabo ekhethekile.

Umfundisi wami wayevame ukuba mnene futhi enobungane nezivakashi; ukwamukelwa kwakhe kwakunikezwa ngomusa omuhle. Kodwa-ke, abantu

abaqhoshayo ngezinye izikhathi babebhekana nokushaqeka okuvuselelayo. Babebhekana nokungabi nandaba okukhulu noma ukuphikiswa okukhulu: iqhwa noma insimbi!

Isazi semithi esidumile sake saxabana noSri Yukteswar. Isivakashi sasingafuni ukuvuma ukuthi uNkulunkulu ukhona, njengoba isayensi ingazange isungule indlela yokumthola.

"Ngakho-ke wehlulekile ngendlela engaqondakali ukuhlukanisa uMandla Ophakeme emapayipini akho okuhlola!" Ukubuka kukaMaster kwakuqinile. "Ngincoma ukuzama okungakaze kubonwe. Hlola imicabango yakho ngokungaphezi amahora angamashumi amabili nane. Ungabe usazibuza ngokungabikho kukaNkulunkulu."

A kugujwa isazi yamukelwe a okufanayo ukushaqeka. Nge okubukisayo intshiseko, i isazi ukuthuthumela i i-ashram

izinti zemishayo nge umbhalo ongcwele ulwazi. Inomsindo omkhulu izindima kuthululwe kusukela i *I-Mahabharata* , i

.*Ama-Upanishad* , **12-21** i *AmaBhasya* **12-22** kwe UShankara

"Ngilinde ukuzwa wena." Izwi likaSri Yukteswar lalibuza, sengathi kuthule kakhulu. Uchwepheshe wayedidekile.

"Kube khona izingcaphuno, eziningi kakhulu." Amazwi kaMaster angishaya ngenjabulo, njengoba ngangihleli ekhoneneni lami, ngikude ngenhlonipho nesivakashi. "Kodwa yikuphi ukuphawula kokuqala ongakunikeza, kusukela ekuhlukeni kwempilo yakho ethile? Yimuphi umbhalo ongcwele owutholile futhi wawenza owakho? Yiziphi izindlela la maqiniso angaphelelwa yisikhathi avuselele ngazo imvelo yakho? Uyaneliswa yini ukuba yi-victrola engenalutho, uphinda amazwi abanye abantu ngokuzenzakalelayo?"

"Mina nikeza phezu!" I isazi ukudumala kwakuyi okuhlekisayo. "Mina babe cha ngaphakathi ukuqonda."

Mhlawumbe okokuqala ngqa, waqonda ukuthi ukubeka kahle i-comma akuhlawuleli i-coma engokomoya.

"Lezi zinyawo ezingenagazi zinuka kabi isibani," kusho umfundisi wami ngemva kokuhamba kwalowo osolwayo. "Bakhetha ifilosofi ukuba kube umkhuba wokufundisa omnene. Imicabango yabo ephakeme ayihlobene ngokucophelela nobunzima besenzo sangaphandle noma nanoma yikuphi ukujeziswa kwangaphakathi okushaywayo!"

Ingcweti ukucindezeleka kuvuliwe okunye izikhathi i ubuze kwe nje incwadi ukufunda.

"Ungadidanisi ukuqonda nesilulumagama esikhulu," ephawula. "Imibhalo engcwele iwusizo ekuvuseleleni isifiso sokugcwaliseka kwangaphakathi, uma isigaba esisodwa ngesikhathi sihlanganiswa kancane kancane. Ukufunda okuqhubekayo kwengqondo kuphumela ekuzikhukhumezeni nasekunelisekeni okungamanga komuntu ongaywanga." ulwazi."

USri Yukteswar walandisa okunye kokuhlangenwe nakho kwakhe ekwakheni imibhalo engcwele. Lesi sigameko sasiyindawo yokuhlala ehlathini empumalanga yeBengal, lapho abona khona inqubo yomfundisi odumile, uDabru Ballav. Indlela yakhe, eyayilula futhi inzima, yayivamile eNdiya yasendulo.

UDabru Ballav wayeqoqe abafundi bakhe eduze kwakhe ezindaweni zodwa zaseSylvan. *IBhagavad Gita engcwele* yayivulekile phambi kwabo. Babheka indawo eyodwa ngobuqotho isigamu sehora, base bevala amehlo abo. Enye isigamu sehora yanyamalala. Inkosi yanikeza impendulo emfushane. Benganyakazi, bazindla futhi ihora lonke. Ekugcineni isazi sakhuluma.

"Nginayo wena Uyaqonda?

"Yebo, mnumzane." Okukodwa ku i iqembu ukuzama lokhu ukugomela.

"Cha; hhayi ngokugcwele. Funa amandla angokomoya anikeze la mazwi amandla okuvuselela iNdiya ikhulu nekhulu leminyaka." Elinye ihora lanyamalala buthule. Inkosi yaxosha abafundi, yaphendukela kuSri Yukteswar.

"Cha, mnumzane, hhayi ngempela; noma kunjalo yami amehlo futhi ingqondo babe gijima ngokusebenzisa yayo amakhasi eziningi izikhathi."

"Izinkulungwane zingiphendule ngendlela ehlukile!" Isazi esikhulu samomotheka kuNkosi simbusisa. "Uma umuntu ezixakekisa ngokubonisa ingcebo yemibhalo engcwele, yisiphi isikhathi esisele sokucwila ngaphakathi buthule silandela amaparele angenakuqhathaniswa?"

USri Yukteswar waqondisa ukutadisha kwabafundi bakhe ngendlela efanayo ejulile yokukhomba okukodwa. "Ukuhlakanipha akuhlangani namehlo, kodwa kuhlanganiswa nama-athomu," esho. "Uma ukuqiniseka kwakho ngeqiniso kungekho ebuchosheni bakho kuphela kodwa nasebuntwini bakho, ungase ufakazele ngesibindi incazelo yalo." Wavimbela noma yikuphi ukuthambekela umfundi angase abe nakho kokuhumusha ulwazi lwencwadi njenge isinyathelo esidingekayo ukuze kuqashelwe ngokomoya.

" *Ama-rishi* abhale ngomusho owodwa izimfihlo ezijulile ezithi ukuphawula kwezazi kumatasa ngazo izizukulwane ngezizukulwane," ephawula. "Impikiswano engapheli yezincwadi ingeyezingqondo ezivilaphayo. Yimuphi umcabango okhululayo ngaphezu kokuthi 'uNkulunkulu ukhona' - cha, 'uNkulunkulu'?"

Kodwa umuntu akabuyeli kalula ebulula. Akuvamile ukuba "uNkulunkulu" kuye, kodwa kunalokho kufundwe ngokuzikhukhumeza. Ubugovu bakhe buyajabula, ukuthi uyakwazi ukuqonda ulwazi olunjalo.

Amadoda ayeziqhenya ngokuziqhenya ngezikhundla eziphakeme emhlabeni cishe ayezokwengeza ukuthobeka kwezinye izinto zawo phambi kukaMaster. Umantshi wendawo wake wafika ezoxoxisana naye endaweni yokuhlala engaselwandle ePuri. Indoda, eyayinedumela lokungabi naluzwela, yayinamandla okusixosha e-ashram. Ngaxwayisa umfundisi wami ngamathuba obushiqela. Kodwa wahlala phansi ngomoya oqinile, futhi akazange asukume ayobingelela isivakashi. Ethukile kancane, Ngahlala phansi eduze komnyango. Indoda kwadingeka yaneliseke ngebhokisi lokhuni; umfundisi wami akazange angicele ukuba ngilande isihlalo. Kwakungekho ukugcwaliseka kwethemba likamantshi lokuthi ukubaluleka kwayo kuzoqashelwa ngokomthetho.

Kwalandela ingxoxo engokoqobo. Isivakashi saphazama ngokuchaza kabi imibhalo. Njengoba ukunemba kwaso kuncipha, intukuthelo yaso yaphakama.

"Uyazi ukuthi ngibe ngowokuqala ekuhlolweni kwe-MA?" Ukuqonda kwakumshiyile, kodwa wayesekwazi ukumemeza.

"Mnu. Mantshi, uyakhohlwa ukuthi lena akuyona inkantolo yakho," kuphendula

uMaster ngokulinganayo. "Ngokwamazwi akho obuntwana bengizocabanga ukuthi umsebenzi wakho wasekolishi wawungaphawuleki. Iziqo zaseyunivesithi, noma kunjalo, azihlobene kakhulu nokuqaphela amaVeda. Abangcwele abakhiqizwa ngamaqoqo njalo ngesemester njengababali bezimali."

Ngemva a ukushaqeka ukuthula, i isivakashi wahleka ngenhliziyo yonke.

"Lokhu kungukuhlangana kwami kokuqala nomantshi wasezulwini," esho. Kamuva wenza isicelo esisemthethweni, esisekelwe emigomeni yezomthetho eyayiyingxenye ebalulekile yobuntu bakhe, sokuba samukelwe njengesikhulu.

"ukuhlolwa" umfundi.

Umfundisi wami ngokwakhe wanakekela imininingwane ehlobene nokuphathwa kwempahla yakhe. Abantu abangathembekile ezikhathini ezahlukeni bazama ukuthola indawo yokhokho bakaMaster. Ngokuzimisela ngisho nangokuqala amacala, uSri Yukteswar wanqoba bonke abaphikisi. Wabhekana nalezi zenzakalo ezibuhlungu ngenxa yesifiso sokungaphinde abe yisazi esicelayo, noma umthwalo kubafundi bakhe.

Ukuzimela kwakhe ngokwezimali kwaba esinye sezizathu ezenza uMfundisi wami okhuluma ngokukhululekile waba msulwa ebuqilini bezobunhloli. Ngokungafani nalabo othisha okumele bancome abalandeli babo, uthisha wami wayengathinteki emathonyeni engcebo yabanye, avulekile noma angabonakali. Angikaze ngimuzwe ecela noma ngisho nokusikisela imali nganoma iyiphi injongo. Ukuqeqeshwa kwakhe kwekhaya kwanikezwa mahhala futhi mahhala kubo bonke abafundi.

Iphini lenkantolo elinonya lafika ngolunye usuku eSerampore ashram ukuzokhonza uSri Yukteswar ngesicelo esisemthethweni. Mina nomfundi ogama lakhe linguKanai sasikhona. Isimo sengqondo sephoyisa ngoMaster sasicasula.

"Kuzokusiza ukushiya izithunzi zendawo yakho yokuhlala bese uphefumula umoya oqotho wenkantolo." Iphini lamomotheka ngokudelela. Angikwazanga ukuzibamba.

"Omunye igama kwe yakho ukuqhosha futhi wena intando yiba kuvuliwe i phansi!" Mina okuthuthukile ngokwesabisayo.

"Wena s'hlubuki!" Ukumemeza kukaKanai kwakuhambisana nokwami. "Ungalokotha ulethe ukuhlambalaza kwakho kule ashram engcwele?"

Kodwa uMfundisi wema ngokuzivikela phambi komhlukumezi wakhe. "Ungajabuli ngalutho. Lo muntu wenza umsebenzi wakhe ofanele kuphela."

I isikhulu, udidekile ku- yakhe ukuhlukahluka ukwamukela, ngenhlonipho okunikezwayo a igama kwe ukuxolisa futhi isivinini kude.

Kwakumangalisa ukuthola ukuthi inkosi enentando enjalo evuthayo ingaba nokuthula ngaphakathi. Wafanelana nencazelo yamaVeda yomuntu kaNkulunkulu: "Ithambile kunembali, lapho kukhulunywa khona ngomusa; inamandla kunesiphepho, lapho izimiso zisengozini."

Kuhlala kukhona labo kuleli zwe, ngamazwi kaBrowning, "abangabekezeleli ukukhanya, benjalo azibonakali." Umuntu wangaphandle wayesola uSri Yukteswar ngezinye izikhathi ngesikhalazo esicatshangelwe. Isazi sami esingenankinga salalela ngenhlonipho, sizihlaziya ukuze sibone ukuthi kukhona yini iqiniso elingaphakathi kokusolwa. Lezi zigcawu zangikhumbuza okunye kokuphawulwa yiNkosi okungenakulingiswa: "Abanye abantu bazama ukuba bade ngokusika

amakhanda abanye!"

Ukuzola okungapheli kongcwele kuyamangalisa ngaphezu kwanoma iyiphi intshumayelo. "Owephuza ukuthukuthela ungcono kunabanamandla; nobusa umoya wakhe ungcono kunonqoba umuzi." **12-23**

Mina ngokuvamile kuboniswe lokho yami emangalisayo Ingcweti kungenzeka kalula babe ube i umbusi noma ukuzamazama komhlaba

Iqhawe laligxile odumweni noma empumelelweni yezwe. Esikhundleni salokho, lalikhethe ukuhlasela lezo zinqaba zangaphakathi zentukuthelo nokuzikhukhumeza okuwa kwazo ukuphakama komuntu.

12-1 : "Ukukhulekela iDurga." Lona umkhosi oyinhloko wonyaka wamaBengali futhi uhlala izinsuku eziyisishiyagalolunye ngasekupheleni kukaSeptemba. Ngokushesha okulandelayo kuyinto i izinsuku eziyishumi umkhosi kwe *I-Dashahara* ("i-" Okukodwa I-WHO kususa ishumi izono"-ezintathu kwe umzimba, ezintathu kwe ingqondo, ezine kwe inkulumbo). Kokubili *ama-puja* kukhona engcwele ku- UDurga, ngokoqobo "i- Akufinyeleleki," i isici kwe Okungcwele Umama, uShakti, amandla okudala abesifazane afaniswayo.

12-2 : IsiSri Yukteswar kwakuyi ozelwe kuvuliwe Meyi 10, 1855.

12-3 : *Yukteswar* kusho "ubunye" ku- Nkulunkulu." *I-Giri* kuyinto a ukwahlukanisa ukuhlukaniswa kwe eyodwa kwe i ishumi yasendulo IsiSwami amagatsha. *IsiSri* .kusho "ngcwele"; yona kuyinto hhayi a igama kodwa a isihloko kwe inhlonipho

12-4 : Ngokwezwi nezwi, "ukuya ngqo ndawonye." *I-Samadhi* kuyinto a ukuqaphela izinto ezingaphezu kwamandla isimo kwe injabulo enkulu ku okuyinto i i-yogi uyaqaphela i ubunjalo bomphefumulo noMoya.

12-5 : Ukuhona, ngokusho ku- izazi ze-physiology, kuyinto i inkomba kwe ngokuphelele ukuphumula (kuya ku- i ukungazi uchwepheshe, kuphela).

12-6 : *I-Dhal* kuyinto a ukujiya isobho kwenziwe kusukela Hlukanisa ubhontshisi noma okunye ukushaya kwenhliziyo. *I-Channa* kuyinto a ushizi kwe okusha okugogiwe ubisi, ukusika zibe yizikwele bese zifakwa i-curry namazambane.

12-7 : Amandla akhona yonke indawo e-yogi, lapho ebona, ezwa, enambitha, enambitha, futhi ezwa khona ubunye bakhe endalweni ngaphandle i sebenzisa kwe imizwa izitho zomzimba, babe ube kuchaziwe njengoba landela ku i *I-Taittiriya U-Aranyaka* : "I- impumputhe indoda ukubhoboza iparele; ongenaminwe wayefaka intambo kulo; ongenantamo wayeligqoka; futhi ongenalimi wayelidumisa."

12-8 : I imfezi ngokushesha iziteleka ku- noma yikuphi ukuhamba into ngaphakathi yayo ububanzi. Kuqediwe ukungasebenzi kuyinto ngokuvamile komuntu isoli ithemba ukuphepha .

12-9 : IsiLahiri IsiMahasaya empeleni kusho "UPriya" (okokuqala noma okunikeziwe igama), hhayi "Yukteswar" (i- monastic igama, hhayi yamukelwe ngu uchwepheshe wami ngesikhathi IsiLahiri AmaMahasaya impilo yonke). (Bheka [ikhasi 109.](#)) "Yukteswar" kuyinto esikhundleni salokho lapha, futhi ku a ezimbalwa okunye izindawo kule ncwadi, ukuze kugwenywe ukudideka, kumfundi, kwamagama amabili.

12-10 : "Ngakho-ke Mina yithi ku- wena, Ini izinto noma ngabe yikuphi nina isifiso, nini nina thandaza, kholwa lokho nina thola bona, futhi nina "- *UMarku* 11:24. Amakhosi anombono oNgcwele ayakwazi ukudlulisela ukuqonda kwawo kubafundi abathuthukile, njengoba uLahiri Mahasaya enza kuSri Yukteswar kulesi senzakalo.

12-11 : "Futhi eyodwa kwe bona ushaywe i inceku kwe i phezu umpristi, futhi ukusika kuvaliwe yakhe kwesokudla indlebe. Futhi Ujesu kuphenduliwe futhi wathi, "Lindelani kuze kube manje." Wathinta indlebe yakhe, wamphulukisa."- *Luka* 22:50-51.

12-12 : "Nika hhayi lokho okuyinto kuyinto ngcwele ku- i izinja, akukho noyedwa kubo abalingisi nina yakho amaparele ngaphambi ingulube, funa bona ukunyathela bona phansi kwezinyawo zabo, baphenduke futhi bakuklebhule."— *Mathewu* 7:6.

12-13 : Abafundi; kusukela IsiSanskrit isenzo impande, "ukuya ukukhonza."

12-14 : Yena kwakuyi kanye ukugula ku IKashmir, nini Mina kwakuyi engekho kusukela yena. (Bheka [isahluko 23.](#))

12-15 : A onesibindi ezokwelapha indoda, UCharles URobert uRichet, unikezwe i I-Nobel Umklomelo ku i-physiology, wabhala njengoba okulandelayo: "I-Metaphysics ayikakabi yisayensi ngokusemthethweni, eqashelwa kanjalo. Kodwa izoba yiyo. Ku- Edinburgh, Mina kwakuyi uyakwazi ku-

qinisekisa ngaphambi 100 izazi ze-physiology lokho yethu ezinhlanu izinza kukhona hhayi yethu kuphela kusho kwe
Ngoba a ulwazi futhi lokho a ingxenye kwe iqiniso ngezinye izikhathi ukufinyelela i ubuhlakani ku okunye izindlela.
iqiniso kuyinto okungajwayelekile kuyinto cha isizathu lokho yona ingabe hhayi zikhona. Ngoba

I-WHO babe ukuthukuthela ku- i- a cwaningo kuyinto kunzima, kuyinto lokho a isizathu ngoba hhayi ukuqonda lokho ?
metaphysics njengoba i imilingo

isayensi izoba namahloni njengalabo abahlambalaza ikhemistri ngesizathu sokuthi ukuphishekela itshe lesazi
. i indaba kwe izimiso Lapho kukhona kuphela labo kwe Lavoisier, UClaude..... sefilosofi kwakuyinkohliso
UBernard, futhi

UPasteur-the *ukuhlolwa* yonke indawo futhi njalo. Sanibonani, bese kuthi, ku- i okusha isayensi okuyinto kuyinto ukuhamba
".ku- ushintsho ukuqondiswa kwemicabango yabantu

12-16 : *I-Samadhi* : ephelile inyunyana kwe i okwenziwe ngabanye umphefumulo nge i Okungenamkhawulo Umoya.

12-17 : I ngokungazi ukuqondiswa izizathu kwe i ingqondo kukhona ngokuphelele okuhlukile kusukela i -ngenaphutha isiqondiso kwe iqiniso eliyini izinkinga kusukela i ukuqaphela okungaphezu kwamandla. I-Led ngu IsiFulentshi ososayensi kwe i ISorbonne, INTshonalanga abacabangi kukhona isiqalo ukuphenya ukuthi kungenzeka yini ukuthi umuntu abe nombono waphezulu.

Eminyakeni engamashumi amabili edlule, abafundi bezengqondo, bethonywe nguFreud, banikela sonke isikhathi sabo " ekufuneni ulwazi olungaphansi kwengqondo." izindawo," Rabi u-Israyeli H. I-Levinthal okukhonjiwe phandle ku 1929. "Kunjalo kuyinto iqiniso lokho i ukungazi lutho kwembula okuningi kwe imfihlakalo engachaza izenzo zabantu, kodwa hhayi zonke izenzo zethu. Ingachaza okungavamile, kodwa hhayi izenzo ezingaphezulu i okuvamile. I okwakamuva isayensi yezengqondo, kuxhaswe ngu i IsiFulentshi izikole, ine kutholakale a okusha isifunda ku indoda, okuyinto lisho ukuqonda okungaphezu kwemvelo. Ngokungafani nokuqonda okungaphansi kwemvelo okumelela imisinga engaphansi kwemvelo yethu, lembula i ukuphakama ku- okuyinto yethu imvelo ithini ukufinyelela. Indoda imelela a kathathu, hhayi a kabili, ubuntu; yethu oqaphelayo futhi ukuba ngumuntu ongaphansi kolwazi kugqokiswe ukuqaphela okukhulu. Eminyakeni eminingi edlule isazi sokusebenza kwengqondo saseNgilandi, uFWH Myers, sasikisela ukuthi 'okufihliwe ekujuleni kobuntu bethu kukhona inqwaba yemfucuzo kanye nendlu yengcebo.' Ngokungafani nesayensi yezengqondo egxile kuzo zonke ucwaningo lwayo kumuntu ongaphansi kolwazi emvelweni womuntu, le sayensi yezengqondo entsha yokwazi okukhulu igxila ukunaka kwayo endlini yengcebo, isifunda esisodwa esingachaza izenzo ezinkulu, .ezingenabugovu, zobuqhawe zabantu

12-18 : *Ujnana* , ukuhlakanipha, futhi *i-bhakti* , ukuzinikela: ezimbili kwe i okuyinhloko izindlela ku- UNkulunkulu.

12-19 : "Indoda ku yakhe ukuvuka isimo ukubeka phambili ezingenakubalwa imizamo ngoba ukuzwa inkanuko injabulo; nini i konke "Iqembu lezitho zomzimba likhathele, ukhohlwa ngisho nenjabulo ekhona bese elala ukuze ajabulele ukuphumula emphefumulweni, imvelo yakhe," kubhala uShankara, iVedantist omkhulu. "Ngakho-ke injabulo ejulile ilula kakhulu ukuyithola futhi iphakeme kakhulu kunenjabulo ehlala iphela ngokunengeka."

12-20 : *Mark* 2:27.

12-21 Ama -*Upanishad* noma *ama-Vedanta* (ngokoqobo, "ukuphela kwama-Veda"), avela ezingxenyeni ezithile zama - *Vedas* njengezifinyezo ezibalulekile. Ama -*Upanishad* anikeza isisekelo semfundiso yenkolo yamaHindu. Athola inhlonipho elandelayo evela kuSchopenhauer: "Kanjani ngokuphelele ingabe i *I-Upanishad* phefumula kuyo yonke indawo i ngcwele umoya kwe i *AmaVeda* ! Kanjani kuyinto wonke umuntu osejwayelene naleyo ncwadi engenakuqhathaniswa eshukuniswa yilowo moya kuze kube sekujuleni komphefumulo wakhe! Kusukela kuyo yonke imisho okujulile, okwangempela, futhi okumangalisayo imicabango vuka, futhi i konke kuyinto kugcwele ngu a phezulu futhi ngcwele futhi ngobuqotho umoya. . . . Ukufinyelela kumaVedas *ngama* - *Upanishads* emehlweni ami kuyilungelo elikhulu kunawo wonke leli khulu leminyaka elingase lithathwe ngaphambi kwawo wonke amakhulu eminyaka adlule.

12-22 : Izincazelo. I-Shankara ngokungenakuqhathaniswa kuchaziwe i

Ama-Upanishad . 12-23: *IzAga* 16:32.

ISAHLUKO: 13

I Ukungalali uSanta

"Ngicela ungivumele ngiye eHimalaya. Ngithemba ukuthi ngingedwa ngizothola ubudlelwano obungcwele obuqhubekayo."

Empeleni ngake ngakhuluma la mazwi angabongi eNkosini yami. Ngibanjwe yinye yemicabango engaqondakali ehlasela umuntu ozinikele ngezinye izikhathi, ngazizwa ngiphelelwa yisineke ngemisebenzi yasemakhaya kanye nezifundo zasekolishi. Isimo esibuthakathaka ukuthi isicelo sami senziwa ngesikhathi ngisenezinyanga eziyisithupha kuphela noSri Yukteswar. Ngangingakahloli ngokugcwele ubude bakhe obude.

"Abantu abaningi basezintabeni bahlala eHimalaya, kodwa abanawo umbono kaNkulunkulu." Impendulo kathisha wami yeza kancane futhi kalula.

"Ukuhlakanipha kufunwa kangcono kumuntu oqaphelayo kunokufunwa entabeni engenalutho ."

Nginganaki icebiso likaMaster elicacile lokuthi yena, hhayi igquma, wayenguthisha wami, ngaphinda isicelo sami. USri Yukteswar akazange anikeze impendulo. Ngathatha ukuthula kwakhe njengemvume, incazelo engaqinisekile eyamukelwa kalula laphe umuntu ekhululekile.

Ekhaya lami eCalcutta ngalobo busuku, ngangimatasa ngamalungiselelo okuhamba. Ngibopha izinto ezimbalwa engutsheni, ngakhumbula inqwaba efanayo, eyawa ngasese efasiteleni lami elisesitezi eminyakeni embalwa edlule. Ngazibuza ukuthi ngabe lokhu kuzoba olunye uhambo olubi oluya eHimalaya. Okokuqala injabulo yami engokomoya yayiphezulu; namuhla unembeza wangishaya kakhulu laphe ngicabanga ngokushiya umfundisi wami.

Ngakusasa ekuseni ngafuna uBehari Pundit, uprofesa wami waseSanskrit eScottish Church College.

"Mnumzane, ungitshale ngobungani bakho nomfundi omkhulu kaLahiri Mahasaya. Ngicela unginike ikheli lakhe."

"Usho uRam Gopal Muzumdar. Ngimbiza ngokuthi 'ungcwele ongalali.' Uhlala ephapheme ejabule kakhulu. Ikhaya lakhe liseRanbajpur, eduze kwaseTarakeswar."

Mina ngibongile i isazi, futhi ukuqeqeshwa ngokushesha ngoba i-Tarakeswar. Mina nginethemba ku- ukuthula ukungabaza kwami ngokucindezela isijeziso esivela "kusanta ongalali" ukuze ngizibandakanye nokuzindla ngedwa eHimalaya. Ngezwa ukuthi umngane kaBehari wayethole ukukhanyiselwa ngemva kweminyaka eminingi yokuzijwayeza *iKriya Yoga* emihumeni ehlukaniwe.

ETarakeswar ngaya endaweni engcwele edumile. AmaHindu ayibheka ngendlela efanayo naleyo amaKatolika ayihlonipha ngayo indawo engcwele yaseLourdes eFrance. Kwenzeke izimangaliso zokuphulukisa eziningi eTarakeswar, okuhlanganisa neyodwa yelungu lomndeni wami.

"Ngahlala ethempelini laphe isonto lonke," kusho u-anti wami omdala kimi.

“Ngesikhathi ngizila ukudla ngokuphelele, ngathandazela ukuba uMalume wakho uSarada alulame esifweni esingamahlalakhona. Ngosuku lwesikhombisa ngathola isitshalo sigcwele esandleni sami! Ngenza ubhiya ngamaqabunga, ngawunika umalume wakho. isifo sanyamalala ngokushesha, futhi asikaze siphinde sivele.”

Ngangena endaweni engcwele yaseTarakeswar; i-altare alinalutho ngaphandle kwetshe eliyindilinga. Ukujikeleza kwalo, okungenamkhawulo futhi okungenamkhawulo, kwenza kube yinto efanelekile ye-Infinite.

izinto ezingabonakali aziyona into entsha ngisho nakumlimi waseNdiya
ophansi; empeleni, usemangalelwe ngabantu baseNtshonalanga ngokuphila
ngezinto ezingabonakali!

Isimo sami sengqondo ngaleso sikhathi sasinzima kangangokuthi ngazizwa
ngingathandi ukukhothama phambi kophawu lwetshe. UNkulunkulu kufanele
afunwe, ngacabanga, kuphela ngaphakathi komphefumulo.

Ngaphuma ethempelini ngingasaphazamisi futhi ngahamba ngokushesha ngaya
edolobhaneni laseRanbajpur elingaphandle. Ukucela kwami umuntu odlulayo
isiqondiso kwamenza wacabanga isikhathi eside.

"Nini wena woza ku- a umgwaqo onqamulayo, jika kwesokudla futhi gcina "Uyahamba,"
yena ekugcineni okukhulunywa ngakho ngezwi.

Ngilandela iziqondiso, ngahamba eceleni komsele. Kwaba mnyama;
emaphethelweni omuzi wehlathi kwakugcwele izimpukane ezicwayizayo kanye
nokukhala kwezimpungushe eziseduze. Ukukhanya kwenyanga kwakuncane
kakhulu ukuba kunganginiki isiqinisekiso; ngahamba amahora amabili.

Siyakwamukela ukukhala kwensimbi yenkomo! Ukumemeza kwami

okuphindaphindiwe ekugcineni kwaletsha umlimi eceleni kwami. "Ngifuna

uRam Gopal Babu."

"Akekho umuntu onjalo ohlala edolobhaneni lethu." Izwi lendoda lalinolaka.

"Mhlawumbe ungumseshi oqamba amanga ."

Nginethemba lokuqeda ukusola engqondweni yakhe ekhathazekile kwezepolitiki,
ngachaza ngesimo sami ngendlela ethinta inhliziyo. Wangiyisa ekhaya lakhe futhi
wangimukela ngomusa.

"IRanbajpur ikude lapha," ephawula. "Empambanweni yomgwaqo, bekufanele
uphendukele kwesobunxele, hhayi kwesokudla."

Ngacabanga ngokudabukisayo ukuthi umuntu engimtshele ngaphambilini
wayeyingozi kakhulu kubahambi. Ngemva kokudla okumnandi kwelayisi eliqinile, i-
lentildhal , kanye ne-curry yamazambane nobhanana obuluhlaza, ngaya endlini
encane eseduze negceke. Kude, abantu bendawo babehlabelela bephelezelwa yi-
mridangas **ngo 13-1**. nama-cymbals. Ubuthongo babungebukhulu ngalobo busuku;
ngathandaza ngokujulile ukuze ngiqondiswe ku-yogi oyimfihlo, uRam Gopal.

Njengoba imigqa yokuqala yokusa ingena emifantwini yekamelo lami elimnyama,
ngaya eRanbajpur. Ngiwela amasimu e-raddy aqinile, ngahamba ngezinyawo phezu

kweziqu zesitshalo esinama-crackle kanye nezindunduma zobumba obomile. Umlimi owayehlangana nami ngezikhathi ezithile wayengitshela, njalo, ukuthi indawo yami "yayiyi- *krosha kuphela* (amamayela amabili)." Emahoreni ayisithupha ilanga lahamba ngokunqoba lisuka emkhathizwe laya e-meridian, kodwa ngaqala ukuzwa ukuthi ngizoke ngibe kude neRanbajpur nge *-krosha eyodwa* .

Emini umhlaba wami wawuseyinsimu engapheli yerayisi. Ukushisa okuvela esibhakabhakeni esingenakugwenywa kwangenza ngacishe ngawa. Njengoba indoda isondela ngejubane elincane, angizange ngibe nesibindi sokubuza umbuzo wami ojwayelekile, funa ungibize ngesicefe: "I- *krosha nje* ."

I isihambi kumisiwe eceleni mina. Okufushane futhi okuncane, yena kwakuyi ngokomzimba okungakhangisi londoloza ngoba i

okungavamile i-pair kwe ukubhoboza mnyama amehlo.

"Bengihlela ukuhamba eRanbajpur, kodwa inhloso yakho ibiyinhle, ngakho bengikulindle." Wanginikina umunwe ebusweni bami obumangele.

"Awuhlakaniphile yini ukucabanga ukuthi, ungangihlasela ungatshelwanga? Lowo profesa uBehari wayengenalo ilungelo lokukunikeza ikheli lami."

Njengoba ngangicabanga ukuthi ukuzethula kwami kuzoba yinto ephindaphindayo nje phambi kwalo mphathi, ngama ngithule, ngiphatheke kabi kancane ekwamukelweni kwami. Amazwi akhe alandelayo ashiwo ngokuzumayo.

"Tshela mina; kuphi yenza wena cabanga UNkulunkulu uyini?"

"Kungani, Yena kuyinto ngaphakathi mina futhi yonke indawo." Mina ngokungangabazeki wabheka njengoba udidekile njengoba Mina wazizwa.

"Kugcwele yonke indawo, akunjalo?" Ongcwele wahleka usulu. "Pho kungani, mnumzane omncane, wehlulekile ukukhothama phambi koMninimandla onke ophawu lwetshe ethempelini laseTarakeswar izolo? **13-2** Ukuziqhenya kwakho kukubangele isijeziso sokudukiswa umuntu odlulayo owayengakhathazwa umehluko omncane phakathi kwesobunxele nesokudla. Nanamuhla, ube nesikhathi esingakhululekile salokho!

Ngavuma ngenhliziyo yonke, ngimangazwe ukuthi iso elikwazi konke lalicashe emzimbeni ongabonakali phambi kwami. Amandla okuphulukisa ayevela ku-yogi; ngavuselelwa ngokushesha ensimini eshisayo .

"Umuntu ozinikele uthambekele ekucabangeni ukuthi indlela yakhe eya kuNkulunkulu iyona yodwa indlela," esho. "I-Yoga, lapho ubuNkulunkulu butholakala khona ngaphakathi, ngokungangabazeki iyindlela ephakeme kakhulu: njengoba uLahiri Mahasaya esitshelile. Kodwa uma sithola iNkosi ngaphakathi, sisheshe simqonde ngaphandle kwayo. Izindawo ezingcwele eTarakeswar nakwezinye izindawo zihlonishwa ngokufanele njengezikhungo zamandla angokomoya."

Isimo sengqondo somsanta sokugxeka sanyamalala; amehlo akhe aba mnene ngozwela. Wangithinta ehloombe.

"I-yogi encane, ngiyabona ukuthi ubalekela inkosi yakho. Unakho konke okudingayo; kufanele ubuyele kuye. Izintaba azikwazi ukuba yi-guru yakho." URam Gopal wayephinda umcabango ofanayo lokho uSri Yukteswar ayekushilo emhlanganweni wethu wokugcina.

"Amakhosi awaphoqelekile ukuba anciphise indawo yawo yokuhlala." Umngane wami wangibheka ngokuzibuza. "AmaHimalaya eNdiya naseTibet awanakho ukubusa kwabangcwele. Lokho umuntu angakhathazeki ngokukuthola ngaphakathi ngeke

kutholakale ngokuhambisa isidumbu lapha nalaphaya. Lapho nje umuntu ozinikele ezimisele *ukuya* ngisho nasemaphethelweni omhlaba ukuze athole ukukhanya okungokomoya, umfundisi wakhe uvela eduze."

Ngavuma buthule, ngikhumbula umthandazo wami eBenares hermitage, kwalandela ukuhlangana noSri Yukteswar emzileni ogcwele abantu.

"Ingabe wena uyakwazi ku- babe a okuncane igumbi kuphi wena ithini vala i umnyango futhi yiba wedwa?"

"Yebo." Ngacabanga ukuthi lo msanta wehla esuka kujenene waya kumuntu othile ngesivinini esididayo.

"Lowo umhume wakho." I-yogi yanginika umbono wokukhanya engingakaze ngikukhohlwe. "Leyo yintaba yakho engcwele. Yilapho uzothola khona umbuso kaNkulunkulu."

Amazwi akhe alula asusa ngokushesha ukuthanda kwami izintaba zaseHimalaya impilo yami yonke. Ensimini yerayisi evuthayo ngavuka emaphusheni amakhulu eqhwa laphakade.

"Mnumzane omncane, ukoma kwakho okungcwele kuyancomeka. Ngizizwa ngikuthanda kakhulu." URam Gopal wangibamba isandla wangiyisa edolobhaneni elihle. Izindlu zodaka zazimbozwe ngamaqabunga kakhukhunathi futhi zihlotshiswe ngeminyango yasemaphandleni.

Lo ngcwele wangihlalisa epulatifomu yoqalo enesithukuthezi yendlu yakhe encane. Ngemva kokunginika ujusi welayisi omnandi kanye noswidi wedwala, wangena egcekeni lakhe wathatha ukuma kwe-lotus. Cishe emahoreni amane ngavula amehlo ami okuzindla ngabona ukuthi isithombe se-yogi esikhanyisiwe yinyanga sasingashukumi. Njengoba ngangikhumbuza isisu sami ngokuqinile ukuthi umuntu akaphili ngesinkwa sodwa, uRam Gopal weza kimi.

"Mina bheka wena kukhona indlala; ukudla intando yiba ukulungele maduze."

Kwashiswa umlilo ngaphansi kohhavini wobumba egcekeni; irayisi ne *-dhal* kwaphakelwa ngokushesha emaqabungeni amakhulu ebhanana. Umninikhaya wami wenqaba ngomusa usizo lwami kuyo yonke imisebenzi yokupheka. "Isivakashi singuNkulunkulu," isaga samaHindu, besilokhu silandelwa ngokwethembeka kusukela kudala. Ekuhambeni kwami kwakamuva emhlabeni, ngakhangwa ukubona ukuthi inhlonipho efanayo ngezivakashi ibonakala ezindaweni zasemakhaya zamazwe amaningi. Umhlali wasedolobheni uthola ukuthi ubuhlakani bokungenisa izihambi bufiphazwa ubuningi bobuso obungavamile.

Izitolo zamadoda zazibonakala zifiphele njengoba ngangihlala eduze kwe-yogi ngikude nedolobhana elincane lasehlathini. Igumbi lendlu encane laliyimfihlakalo ngokukhanya okukhanyayo. URam Gopal wahlela izingubo zokulala ezidabukile phansi embhedeni wami, wahlala phansi embhedeni wotshani. Ngishaqekile ngamandla akhe adonsela phansi ngokomoya, ngacela usizo.

"Mnumzane, kungani ungakwenzi wena isibonelelo mina a *i-samadhi* "? "

"Sithandwa, ngingajabula ukuveza ukuxhumana kwaphezulu, kodwa akuyona indawo yami ukwenza kanjalo." Ungcwele wangibheka ngamehlo avaliwe kancane. "Inkosi yakho izokunikeza lolu lwazi maduze nje. Umzimba wakho awukalungiswa

okwamanje. Njengoba isibani esincane singenakukwazi ukumelana namandla kagesi amaningi, nezinzwa zakho awukakulungeli ukugeleza komsinga wendawo yonke. Ukube bengikunika injabulo engapheli njengamanje, ubuzosha njengoba ukube wonke amaseli abevutha umlilo.

"Ungicela ukukhanya," kuqhubeka i-yogi icabanga, "ngilokhu ngizibuza - njengoba ngingumuntu ongabalulekile, futhi ngokuzindla okuncane engikwenzile - ukuthi ngiphumelele yini ukujabulisa uNkulunkulu, nokuthi yini engingayithola emehlweni Akhe ekulandiseni kokugcina."

"Mnumzane, babe wena hhayi ube ngenhliziyo eyodwa ukufuna UNkulunkulu ngoba a bude isikhathi?"

"Angizange ngenze okuningi. UBehari kumelwe ukuba ukutshelile okuthile ngempilo yami. Iminyaka engamashumi amabili bengihlala emhumeni oyimfihlo, ngizindla amahora ayishumi nesishiyagalombili ngosuku. Ngabe sengithuthela emhumeni ongafinyeleleki kalula futhi ngahlala lapho iminyaka engamashumi amabili nanhlanu, ngingena e-yoga union amahora angamashumi amabili nsuku zonke." Bengingadingi ukulala, ngoba bengilokhu nginoNkulunkulu. Umzimba wami wawuphumule kakhulu ekuzoleni okuphelele kokuqaphela okungaphezu kwamandla kunokuba ube nokuthula okuyingxene kwesimo esivamile sokungazi.

"Imisipha iyaphumula ngesikhathi sokulala, kodwa inhliziyo, amaphaphu, kanye nohlelo lokujikeleza kwegazi kuhlala kusebenza; akutholi ukuphumula. Uma uqaphela izinto ezingaphezu kwamandla avamile, izitho zangaphakathi zihlala zisesimweni sokusebenza okulengayo, zivuselelwa amandla e-cosmic. Ngaleyo ndlela ngithole kungadingeki ukulala iminyaka eminingi. Kuzofika isikhathi lapho nawe uzoyeka ukulala."

"Hawu, usuzindle isikhathi eside kodwa awuqiniseki ngomusa weNkosi!" Ngambheka ngimangele. "Pho kuthiwani ngathi bantu abampofu?"

"Awuboni yini, mfana wami othandekayo, ukuthi uNkulunkulu uyiPhakade uqobo? Ukucabanga ukuthi umuntu angamazi ngokugcwele ngeminyaka engamashumi amane nanhlanu yokuzindla kuyinto engenangqondo. Nokho, uBabaji uyasiqinisekisa ukuthi ngisho nokuzindla okuncane kuyamsindisa umuntu ekwesabeni ukufa okukhulu kanye nezimo zangemva kokufa. Ungabeki umbono wakho ongokomoya entabeni encane, kodwa ubophe inkanyezi yokufinyelela kwaphezulu okungafanele. Uma usebenza kanzima, uzofika lapho."

Ngithandwe yilowo ongase abe nesithakazelo, ngacela amazwi engeziwe anika ulwazi. Walandisa indaba emangalisayo yokuhlangana kwakhe kokuqala nomfundisi kaLahiri Mahasaya, uBabaji. **13-3** Cishe phakathi kwamabili uRam Gopal wathula, ngalala phansi ezingubeni zami. Ngivala amehlo ami, ngabona imibani; isikhala esikhulu ngaphakathi kwami sasiyigumbi lokukhanya okuncibilikisiwe. Ngavula amehlo ami ngabona ukukhanya okufanayo okukhazimulayo. Igumbi laba yingxene yalelo gumbi elingenamkhawulo engangilibona ngombono wangaphakathi .

"Kungani ungakwenzi wena hamba ku- ulale?"

"Mnumzane, Kanjani ithini Mina ukulala ku i ukuba khona kwe umbani, ukuvutha ukuthi ngabe yami amehlo kukhona vala noma ivuliwe?"

"Ubusisiwe ngokuba nalesi sipiliyoni; imisebe engokomoya ayibonakali kalula." Ongcwele wanezela amazwi ambalwa othando.

Ekuseni uRam Gopal wanginika amaswidi e-rock wathi kumele ngihambe.
Ngazizwa ngingathandi ukumvalelisa kangangokuthi izinyembezi zazehlela
ezihlathini zami.

"Mina intando hhayi vumela wena hamba engenalutho." I i-yogi wakhuluma ngesisa.
"Mina intando yenza okuthile ngoba wena."

Wamomotheka wangibheka ngokuqinile. Ngema ngigxile phansi, ukuthula kugeleza
njengesikhukhula esinamandla emasangweni amehlo ami. Ngaphulukiswa
ngokushesha ebuhlungwini emhlane wami, obabungihlupha iminyaka eminingi.
Ngivuselelwe, ngigcwele ulwandle lwenjabulo ekhanyayo, angiphindanga ngakhala.
Ngemva kokuthinta izinyawo zongcwele, ngangena ehlathini, ngidlula endaweni yalo
eshisayo.

ukuxakeka kuze kube Mina kufinyelelwe I-Tarakeswar.

Lapho ngenza uhambo lwesibili oluya endaweni engcwele edumile, ngakhothama ngokuphelele phambi kwe-altare. Itshe eliyindilinga lakhula ngaphambi kombono wami wangaphakathi laze laba yizimbulunga zomhlaba, indandatho ngaphakathi kwendandatho, indawo ngendawo, konke kugcwele ubuNkulunkulu.

Ngaziqeqesha ngenjabulo ngemva kwehora ngiya eCalcutta. Uhambo lwami aluphelanga ezintabeni eziphakeme, kodwa luphele phambi kweNkosi yami ezintabeni zaseHimalaya.

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13-1 : Kudlalwe ngesandla izigubhu, kusetshenziswe kuphela ngoba ukuzinikela umculo.

13-2 : Okukodwa kuyinto sikhunjuzwe lapha kwe I-Dostoevski's ukuqaphela: "A indoda I-WHO iminsalo phansi ku- lutho ithini akakaze ibhere i umthwalo wakhe.

13-3 : Bheka [isahluko 35](#).

ISAHLUKO: 14

I-An Okuhlangenwe nakho Ku- I-Cosmic Ukuqaphela

"Mina ekuseni lapha, Guru." Okwami ihlazo wakhuluma Okuningi ngokushelelayo ngoba mina.

"Masiye ekhishini siyofuna ukudla." Indlela kaSri Yukteswar yayingokwemvelo njengokungathi amahora hhayi izinsuku ezisihlukanisile.

"Nkosi, kumelwe ukuthi ngikudumaze ngokushiya kwami ngokuzumayo imisebenzi yami lapha; bengicabanga ukuthi ungase ungithukuthelele."

"Cha, cha! Intukuthelo ivela kuphela ezifisweni ezingaphumelelanga. Angilindeli lutho kwabanye, ngakho izenzo zabo azikwazi ukuphikisana nezifiso zami. Ngeke ngikusebenzisele izinjongo zami; ngiyajabula kuphela enjabulweni yakho yangempela."

"Mnumzane, umuntu uzwa ngothando lwaphezulu ngendlela engacacile, kodwa okokuqala ngqa ngiba nesibonelo esibonakalayo ebuntwini bakho obuyingelosi!

Emhlabeni, ngisho nobaba akaxoleli kalula indodana yakhe uma eshiya izindaba zomzali wakhe ngaphandle kwesixwayiso. Kodwa awubonisi ukukhathazeka okuncane, yize kufanele." Ngiye ngaphazamiseka kakhulu ngemisebenzi eminingi engakaqedwa engiyishiyile."

Sabukana emehlweni, lapho izinyembezi zazikhanya khona. Igagasi elijabulisayo langigubuzela; ngangiqaphela ukuthi iNkosi, ngesimo somfundisi wami, yayinweba intshisekelo encane yenhliziyo yami ibe sezingeni elingenakunqotshwa lothando lwendalo yonke.

Ekuseni okumbalwa kamuva ngaya ekamelweni lokuhlala elingenalutho likaMaster. Ngangihlela ukuzindla, kodwa injongo yami ehloniphekile yayingahlanganyelwanga yimicabango yokungalaleli. Bahlakazeka njengezinyoni phambi komzingeli.

"Mukunda!" IsiSri I-Yukteswar's izwi kuzwakale kusukela a kude ngaphakathi i-balcony.

Ngangizizwa ngivukela njengemicabango yami. "UMfundisi uhlala engikhuthaza ukuthi ngizindle," ngizibubula. "Akufanele angiphazamise uma azi ukuthi kungani ngize ekamelweni lakhe."

Wangibiza futhi; ngathula ngenkani. Okwesithathu izwi lakhe labamba ukusola.

"Mnumzane, ngiyazindla," ngamemeza ngokukhononda.

"Ngiyazi ukuthi uzindla kanjani," kusho umfundisi wami, "ngengqondo yakho isakazeke njengamaqabunga esiphepho! Woza lapha kimi."

Okungathandwa futhi obala, Mina kwenziwe yami indlela ngokudabukisayo ku- yakhe uhlangothi.

"Mfana ohluphekayo, izintaba azikwazanga ukukunikeza lokho okufunayo."

UNkosi wakhuluma ngokunakekela, ngokududuza. Ukubuka kwakhe okuzolile kwakungaqondakali. "Isifiso senhliziyo yakho sizogcwaliseka."

USri Yukteswar wayengavamile ukuzijabulisa ngezinto eziphicayo; ngangididekile. Wangishaya kancane esifubeni ngaphezu kwenhliziyo.

Umzimba wami waba nezimpande ezingenakunyakaziswa; umoya wakhishwa emaphashini ami njengokungathi ukhishwa yimagnethi enkulu. Umphefumulo nengqondo yalahlekelwa ngokushesha ukuboshwa kwayo ngokomzimba, kwaphuma njengokukhanya okuphuma emanzini kuzo zonke izimbobo zami. Inyama yayinjengokungathi ifile, kodwa ekuqapheleni kwami okujulile ngangazi ukuthi angikaze ngiphile ngokugcwele ngaphambili. Umuzwa wami wobuwena wawungasagcini nje emzimbeni, kodwa wamukela ama-athomu azungezile. Abantu emigwaqweni ekude babonakala behamba kancane phezu komngcele wami okude. Izimpande zezitshalo nezihlahla zavela ukucaca okuncane kwenhlabathi; ngaqaphela ukugeleza kwangaphakathi kwejusi yazo.

Yonke indawo yayisobala phambi kwami. Umbono wami ojwayelekile wangaphambili wawusushintshe waba umbono omkhulu oyindilinga, oqonda konke

ngasikhathi sinye. Ngasemuva kwekhanda lami ngabona amadoda ehambahamba kude eRai Ghat Road, futhi ngabona nenkomo emhlophe eyayisondela ngokukhululeka. Lapho ifika endaweni ephambi kwesango elivulekile le-ashram, ngayibuka ngamehlo ami amabili enyama. Njengoba idlula, ngemuva kodonga lwezitini, ngayibuka ngokucacile ithule.

Zonke izinto ezazingaphakathi kwami kokubuka okubanzi zazithuthumela futhi zinyakazisa njengezithombe ezinyakazayo ezisheshayo. Umzimba wami, owaseMasters, igceke elinezinsika, ifenisha kanye nephansi, izihlahla kanye nokukhanya kwelanga, ngezinye izikhathi kwakuyaluza ngamandla, kwaze kwaba yilapho konke kuncibilika olwandle olukhanyayo; ngisho nanjengamakristalu kashukela, aphonswa

engilazini yamanzi, incibilike ngemva kokunyakaziswa. Ukukhanya okuhlanganisayo kwashintshashintsha ngokwenzeka kwesimo, ukuguquka kwesimo kwembula umthetho wesizathu nomphumela ekudalweni.

Injabulo yolwandle yaqhuma ogwini oluzolile olungapheli lomphefumulo wami. Ngaqaphela ukuthi uMoya kaNkulunkulu uyiNjabulo engenakuphela; Umzimba wakhe uyizicucu ezingenakubalwa zokukhanya. Inkazimulo ekhukhumalayo ngaphakathi kwami yaqala ukungithinta. amadolobha azungezile, amazwekazi, umhlaba, izinhlelo zelanga nezinkanyezi, ama-nebulae amancane, kanye nezindawo ezintantayo. Yonke indawo, ekhanya kancane, njengedolobha elibonwa kude ebusuku, yayikhanya ngaphakathi kobukhona bami. Imidwebi yomhlaba wonke eqoshwe ngokucijile yanyamalala kancane emaphethelweni akude; lapho ngangibona khona ukukhanya okuthambile, okunganqamuki. Kwakungabonakali ngendlela engachazeki; izithombe zamaplanethi zazakhiwe ngokukhanya okukhulu.

Ukusabalala kwaphezulu kwemisebe ethululwa ivela kuMthombo Waphakade, ivutha ibe yimithala, iguqulwa ibe yi-aura engachazeki. Ngabona ngokuphindaphindiwe imisebe yokudala ihlangana ibe yizinkanyezi, bese incibilika ibe amashidi elangabi elikhanyayo. Ngokubuyela emuva okunesigqi, imihlaba yezigidigidi yadlula yaba ukukhanya okukhanyayo; umlilo waba isibhakabhaka.

Ngaqaphela isikhungo se-empyrean njengendawo yokuqonda okunembile enhliziyweni yami. Ubukhazikhazi obukhanyayo buvela engxenyeni yami yonke yesakhiwo sendawo yonke. *I-amrita ejabulisayo*, umpe wokungafi, yangishaya ngokukhanya okufana nesiliva okusheshayo. Izwi lokudala likaNkulunkulu Ngizwe umsindo omkhulu njengo -*Aum*, **14-1** ukudlidliza kweCosmic Motor.

Kungazelelwe umoya wabuyela emaphashini ami. Ngokudumala okucishe kungakubekezeleleki, ngaqaphela ukuthi ubukhulu bami obungenamkhawulo babulahlekile. Ngaphinde nganqunyelwa esibayeni esihlalisayo somzimba, esingamukeleki kalula kuMoya. Njengengane yolahleko, ngangibaleke ekhaya lami elikhulu futhi ngiziboshele endaweni encane encane.

Umfundisi wami wayemi engashukumi phambi kwami; ngaqala ukuwa ezinyaweni zakhe ezingcwele ngibonga ulwazi lokwazi konke okwase kuyisikhathi eside ngilufuna ngentshiseko. Wangibamba ngiqonde, wakhuluma ngokuthula, ngokungazithobi.

"Akumelwe udakwe kakhulu yinjabulo. Kusenomsebenzi omningi osele emhlabeni. Wozani; masishanele phansi ebalcony; bese sihamba eduze kweGanges."

Ngalanda umshanelo; Bengazi ukuthi iNkosi yayingifundisa imfihlo yokuphila ngokulinganisela. Umphefumulo kumele welule phezu kwalasha eliyindilinga, kuyilapho umzimba wenza imisebenzi yawo yansuku zonke. Lapho sihamba kamuva ukuze sihambe, ngangisajabule kakhulu. Ngabona imizimba yethu njengezithombe

ezimbili zezinkanyezi, zihamba phezu komgwaqo ngasemfuleni okukhanya kwawo kwakuwukukhanya okukhulu.

"NguMoya kaNkulunkulu osekela ngenkuthalo zonke izinhlobo namandla endaweni yonke; nokho ungaphezu kwamandla futhi akakho endaweni engenalutho engadalwanga ejabulisayo ngale kwezwe lezinto ezinyakazayo," **14-2** UMfundisi wachaza. "Abangcwele abaqaphela ubuNkulunkulu babo ngisho besenyameni bayazi ukuphila okukabili okufanayo. Behlanganyela ngobuqotho emsebenzini wasemhlabeni, kodwa bahlala becwiliswe esibusisweni sangaphakathi. INkosi idale bonke abantu ngenjabulo engenamkhawulo yobukhona bayo. Nakuba becindezelwe kakhulu ngumzimba, uNkulunkulu ulindele ukuthi imiphefumulo eyenziwe ngomfanekiso wayo ekugcineni iphakame ngaphezu kwazo zonke izincazelo zomqondo futhi ihlangane naYe.

Umbono wendalo yonke ushiye izifundo eziningi ezihlala njalo. Ngokuthulisa imicabango yami nsuku zonke, ngangingazuza ukukhululwa ekukholweni okukhohlisayo kokuthi umzimba wami wawuyinqwaba yenyama namathambo, udlula enhlabathini eqinile yezinto. Ukuphefumula nengqondo engaphumuli, ngakubona, kwakufana neziphepho ezashaya ulwandle lokukhanya lwaba amagagasi ezinhlobo zezinto ezibonakalayo—umhlaba, isibhakabhaka, abantu, izilwane, izinyoni, izihlahla. Akukho ukuqonda kwe-Infinite njengokukhanya okukodwa okwakungaba khona ngaphandle kokuthulisa lezo ziphepho. Njalo lapho ngithulisa iziyaluyalu ezimbili zemvelo, ngabona amagagasi amaningi endalo encibilika olwandle olulodwa olucwebezelayo, njengoba amagagasi olwandle, izivunguvungu zawo zincipha, encibilika ngokuthula abe ubunye.

Inkosi inikeza ulwazi oluvela kuNkulunkulu lokuqaphela indawo yonke lapho umfundi wayo, ngokuzindla, eqinise ingqondo yakhe ngezinga lapho imibono eminingi ingeke imnqobe khona. Ulwazi alusoze lwanikezwa ngokuzimisela komuntu nje kwengqondo noma ukuvuleka kwengqondo. Ukwandiswa okwanele kuphela ngokwenza i-yoga kanye ne- *bhakti yokuzinikela* okungalungiselela ingqondo ukuba ukumunca ukushaqeka okukhulula kokuba khona kuyo yonke indawo. Kuza nokungagwemeki kwemvelo kumuntu ozinikele ngobuqotho. Isifiso sakhe esinamandla siqala ukudonsa uNkulunkulu ngamandla angenakuphikiswa. INkosi, njengoMbono Wendawo Yonke, idonsa yintshiseko yamagnetic yomfuni iye ebangeni lakhe lokuqonda.

Ngabhala, eminyakeni yami yokugcina, inkondlo elandelayo, ethi "Samadhi," ngizama ukuveza inkazimulo yesimo sayo sendawo yonke:

Wanyamalala izimbozo zokukhanya
nomthunzi, Wasusa yonke inkungu
yosizi,
Ngahamba ngesikebhe zonke izinkathi
zenjabulo edlulayo, Ngahamba
ngesikebhe umlingo ofiphele.
Uthando, inzondo, impilo, isifo, impilo, ukufa,
Kubhubhile lokhu amanga izithunzi kuvuliwe i isikrini kwe ububili.
Amagagasi okuhleka, ama-scyllas okubhuqa, ama-whirlpools
okudabuka, Ancibilika olwandle olukhulu lwenjabulo.
I isiphepho kwe *i-maya* kuthulisiwe
Ngu- umlingo induku kwe umuzwa wokuqonda kujulile.
Indawo yonke, iphupho elibalekile, ifihliwe ngokungazi,
Ilungele ukuhlasela inkumbulo yami esanda kuvuka
yaphezulu.
Ngiphila ngaphandle kwesithunzi

sendawo yonke, Kodwa akunjalo,
ngingenalutho;
Njengoba ulwandle lukhona ngaphandle
kwamagagasi, Kodwa aluphefumuli
ngaphandle kolwandle.
turia ejulile ukulala, Okwamanje, okwedlule,
ikusasa, akusekho kimi,
Kodwa ngikhona njalo, ngigeleza yonke indawo.
Amaplanethi, izinkanyezi, uthuli lwezinkanyezi,
umhlaba,
Ukuqhuma kwezintaba-mlilo kwezinhlekelele
zosuku lwembubhiso, isithando sokubumba se-
Creation,
Iziqhwa kwe ukuthula imisebe ye-x, ukusha i-electron izikhukhula,

Imicabango yabo bonke abantu, esikhathini
esidlule, samanje, esizayo, Yonke ingcezu
yotshani, mina, isintu,
Ngayinye inhlayiya kwe jikelele uthuli,
Intukuthelo, ukuhaha, okuhle, okubi,
insindiso, inkanuko, ngagwinya, ngaguqula
konke
Elwandle olukhulu lwegazi loMuntu wami!
Injabulo evuthayo, evame ukukhukhumala
ngokuzindla. Iphuphuthekisa amehlo ami agcwele
izinyembezi,
Kwaqhuma kwavutha amalangabi
enjabulo angafi, Kwaqeda izinyembezi
zami, uhlaka lwami, konke okwami.
Ungumina, nginguWena,
Ukwazi, Ukwazi, Kwaziwa, njengoba Okukodwa!
Ukuthula, injabulo enganqamuki, ukuphila okuphakade, ukuthula okusha
njalo! Kujabulisa ngaphezu kokucabanga kokulindela, *samadhi*
injabulo!
Cha i ukungazi lutho isimo
Noma i-chloroform yengqondo ngaphandle
kokubuyela ngamabomu, *i-Samadhi* kodwa
wandisa indawo yami yokuqonda Ngalé
kwemingcele yohlaka lomuntu ofayo
Kuze kube semngceleni okude
kakhulu wephakade Lapho mina,
uLwandle LwaseCosmic,
Buka i okuncane ubugovu ukuntanta ku Mina.
Indlunkulu, uhlamvu ngalunye lwesihlabathi, aluwi ngaphandle
kokubona Kwami. Yonke indawo iyantanta njengeqhwa olwandle
lwami lwengqondo.
I-Colossal Isitsha, Mina, kwe konke izinto kwenziwe.
Ngokuzindla okujulile, okude, okomile, nokunikezwe
yi-guru, kuza le *samadhi yasezulwini* .
Iselula ukububula kwe ama-athomu kukhona wezwa,
Umhlaba omnyama, izintaba, izigodi, bheka! uketshezi
oluncibilikisiwe! Ulwandle olugelezayo lushintsha lube
yizimpukane zama-nebulae!
I-Aum ivuthela umusi, ivula ngokumangalisayo izembozo
zayo, Izilwandle zimi zembulwe, ama-electron akhanyayo,
Kuze kube yilapho, ekugcineni umsindo
wesigubhu sendawo yonke, unyamalale
ubumnyama bukhanye emisebeni yaphakade
yenjabulo egcwele yonke indawo.

Ngivela enjabulweni, ngiphila enjabulweni, enjabulweni
engcwele ngiyancibilika. Olwandle lwengqondo, ngiphuza
amaza endalo yonke.

Izimbozo ezine ze-okuqinile, uketshezi,
umhwamuko, ukukhanya, Phakamisa kahle.

Mina, ku konke, ingena i Kuhle kakhulu Mina.

Sekuphele phakade, izithunzi ezifanele, ezikhanyayo
zenkumbulo yomuntu ofayo. Isibhakabhaka sami sengqondo
singenabala, ngaphansi, phambili, futhi siphezulu.

Iphakade kanye nami, umsebe

owodwa ohlangene. Ibhamuza

elincane lokuhleka, mina

Am iba i Ulwandle kwe Injabulo Yona ngokwayo.

USri Yukteswar wangifundisa indlela yokubiza ulwazi olubusisiwe ngokuthanda kwami, kanye nendlela yokuludlulisela kwabanye uma iziteshi zabo eziqondakala kalula zakhiwe. Kwaphela izinyanga ngingena enhlanganweni ejabulisayo, ngiqonda ukuthi kungani ama- *Upanishad* ethi uNkulunkulu *unguRasa* , "ojabulisa kakhulu." Kodwa-ke, ngolunye usuku ngayisa inkinga kuMaster.

"Ngifuna ukwazi, mnumzane -

ngizomthola nini uNkulunkulu?"

"Umtholile."

"O cha, mnumzane, Mina ungakwenzi cabanga ngakho!"

Umfundisi wami wayemomotheka. "Ngiyaqiniseka ukuthi awulindele uMuntu ohloniphekile, ohlobise isihlalo sobukhosi ekhoneni elithile le-antiseptic lendawo yonke! Nokho, ngiyabona ukuthi ucabanga ukuthi lokho amandla amangalisayo ulwazi ngoNkulunkulu. Umuntu angaba nomhlaba wonke, kodwa athole iNkosi ingatholakali kalula! Intuthuko engokomoya ayilinganiswa ngamandla akhe angaphandle, kodwa kuphela ukujula kwenjabulo yakhe ngokuzindla.

" *Injabulo Entsha Njalo NguNkulunkulu* . Akapheli; njengoba uqhubeka nokuzindla kwakho phakathi neminyaka, Uzokukhohlisa ngobuhlakani obungenamkhawulo. Abazinikele njengawe abaye bathola indlela eya kuNkulunkulu abakaze baphuphe ngokumshintshanisa nganoma iyiphi enye injabulo; Uyakhanga ngaphezu kokucatshangwa kokuncintisana."

"Yeka ukuthi sisheshe sikhathale kanjani yizinjabulo zasemhlabeni! Isifiso sezinto ezibonakalayo asipheli; umuntu akaze aneliseke ngokuphelele, futhi uphishekela umgomo owodwa ngemva komunye. 'Okunye' akufunayo yiNkosi, eyedwa enganikeza injabulo ehlala njalo.

"Izifiso zangaphandle zisikhipha e-Edene ngaphakathi; zinikeza injabulo yamanga ezibonisa injabulo yomphefumulo kuphela. Ipharadesi elilahlekile liphinde litholakale ngokushesha ngokuzindla kwaphezulu. Njengoba uNkulunkulu engoMusha Ongapheli ongalindelekile, asikhathali ngaye. Singagcwala injabulo, siguquguquke ngokujabulisayo kulo lonke iphakade?"

"Sengiyaqonda manje, mnumzane, ukuthi kungani abangcwele bebiza iNkosi ngokuthi ayiqondakali. Ngisho nokuphila okuphakade akwanele ukuyiqonda."

"Kuyiqiniso lokho; kodwa futhi useduze futhi uyathandeka. Ngemva kokuba ingqondo isisusiwe yi- *Kriya Yoga* ezinkingeni zezinzwa, ukuzindla kunikeza

ubufakazi obuphindwe kabili ngoNkulunkulu. Injabulo entsha njalo iwubufakazi bokuba khona kwaKhe, iqinisekisa ama-athomu ethu. Futhi, ekuzindleni umuntu uthola isiqondiso saKhe esisheshayo, impendulo yaKhe eyanele kuzo zonke izinkinga."

"Ngiyabona, Guruji; usuyixazululile inkinga yami." Ngamomotheka ngokubonga. "Sengiyabona manje ukuthi sengimtholile uNkulunkulu, ngoba noma nini lapho injabulo yokuzindla ibuya ngokungazi phakathi namahora ami okusebenza, ngiqondiswe ngobuqili ukuthi ngithathe inkambo efanele kukho konke, ngisho neminingwane."

"Impilo yomuntu igcwele usizi kuze kube yilapho sesiyazi ukuthi singayijwayela kanjani intando kaNkulunkulu, 'indlela yakhe efanele' evame ukuphazamisa ukuhlakanipha kobugovu. UNkulunkulu uthwala umthwalo wendawo yonke; Nguye kuphela onganikeza iseluleko esingenaphutha."

14-1 : "Ngaphakathi i isiqalo kwakuyi i Izwi, futhi i Igama kwakuyi nge Nkulunkulu, futhi i Igama kwakuyi uNkulunkulu." - *UJohane* 1:1.

14-2 : "Okwa i Ubaba umahluleli cha indoda, kodwa has ukuzibophezela konke isahlulelo ku- i "Indodana." - *UJohane* 5:22. "Cha" indoda has ngibone uNkulunkulu ku- noma yikuphi isikhathi; i kuphela ozelwe Indodana, okuyinto kuyinto ku i isifuba kwe i Baba, yena has kumenyezwele "- *UJohane* 1:18. "Ngiqinisile, ngiqinisile, Mina yithi ku- wena, yena lokho ukholelwa kuvuliwe mina, i imisebenzi lokho Mina yenza kufanele yena yenza futhi; futhi okukhulu imisebenzi kunokuba lokhu uzokwenza; ngokuba mina ngiya kuBaba."- *Johane* 14:12. "Kepha uMduduzi, uMoya oNgcwele, uBaba ayakumthumela egameni lami, uyakunifundisa konke, anikhumbuze konke engikushilo kini."- *Johane* 14:26.

La magama aseBhayibhelini abhekisela esimweni sikaNkulunkulu esiphindwe kathathu njengoBaba, iNdodana, uMoya oNgcwele (*uSat* , *uTat* , *uAum* emibhalweni yamaHindu). UNkulunkulu i Ubaba kuyinto i Okuphelele, Akubonakali, ekhona *ngale* okudlidlizayo ukudalwa. UNkulunkulu i Indodana kuyinto i Ukuqaphela KukaKristu (uBrahma noma *I-Kutastha I-Chaitanya*) ekhona *ngaphakathi* okudlidlizayo ukudalwa; lokhu uKristu Ukuqaphela kuyinto i "ozelwe yedwa" noma okuwukuphela kokubonakaliswa kwe-Unless Ongadalwanga. Ukubonakaliswa kwayo kwangaphandle noma "ufakazi" yi *-Aum* noma uMoya oNgcwele, amandla aphezulu, okudala, angabonakali akha yonke indalo ngokudlidliza. *U-Aum* uMduduzi .ojabulisayo uzwakala ekuzindleni futhi wembulela ozinikele iQiniso eliphelele

ISAHLUKO: 15

I Ukholidulawa Ukuphanga

"Nkosi, isipho sakho! Lezi zitshalo eziyisithupha ezinkulu ze-cauliflower zitshalwe ngezandla zami; ngiziqaphele ukukhula kwazo ngokunakekelwa ngothando kukamama oncelisa ingane yakhe." Nganikeza ibhasikidi lemifino i-thrill yomkhosi.

"Ngiyabonga!" ukumamatheka kukaSri Yukteswar kwakufudumele ngokwazisa. "Ngicela ubagcine ekamelweni lakho; Ngizobadinga kusasa ukuze ngidle isidlo sakusihlwa esikhethekile.

Bengisanda kufika ePuri ngo **15-1** ukuyochitha iholide lami lasehlobo ekolishi nomfundisi wami endaweni yakhe yokuhlala ogwini lolwandle. Yakhiwe nguMfundisi nabafundi bakhe, indawo encane ejabulisayo yokubalekela enezitezi ezimbili e-Bay of Bengal.

Ngavuka ekuseni kakhulu ngakusasa, ngivuselelwe umoya wolwandle onosawoti

kanye nobuhle bendawo engizungezile. Izwi elimnandi likaSri Yukteswar lalibiza; Ngabheka ama-cauliflower ami engiwathandayo ngawabeka kahle ngaphansi kombhede wami.

"Woza, vumela thina hamba ku- i ogwini. Ingcweti iholele i indlela; eziningana omncane abafundi futhi mina kulandelwe ku

a zihlakazekile iqembu. Okwethu uchwepheshe ocwaningwe thina ku okuncane ukugxekwa.

"Uma abafowethu baseNtshonalanga behamba, bavame ukuziqhenya ngokubambisana. Manje, sicela nihambe ngemigqa emibili; qhubekani ninyathelana." USri Yukteswar wabuka njengoba silalela; waqala ukucula: "Abafana bayahamba, balandelana kahle." Angikwazanga ukugwema ukujabulela indlela uMaster akwazi ngayo ukulinganisa ijubane labafundi bakhe abasebasha.

"Misa!" Okwami othisha amehlo okufunwayo eyami. "Ingabe wena khumbula ku-ukukhiya i emuva umnyango kwe i indawo yokuhlala ehlala abantu abangabodwa?"



KWAMI I-GURU'S OGwini lolwandle I-HERMITAGE I-AT I-PURI

Uchungechunge oluqhubekayo lwezivakashi lwangena luvela emhlabeni wonke lungena ekuthuleni kwekhaya. Amadoda amaningana afundile afika enethemba lokuhlangana nenkolo yasendulo. Ukumamatheka okumangalisayo noma ukubuka ukubekezelelana okujabulisayo ngezinye izikhathi kwakubonisa ukuthi abasanda kufika babelindele lutho ngaphandle kwezinkulumo ezimbalwa ezingcwele. Kodwa ukuhamba kwabo ngokungathandi kwakuzoletha ukuqiniseka okukhulumayo kokuthi uSri Yukteswar wayebonise ukuqonda okuqondile emikhakheni yabo ekhethekile yolwazi.

Umfundisi wami wayehlala enabafundi abasebasha abahlala endaweni yakhe yokuhlala. Wayeqondisa izingqondo zabo kanye nokuphila kwabo ngaleyo ndlela yokuzithiba ngokucophelela lapho igama elithi "umfundi" lisekelwe khona ngokwemvelaphi.

"Mina cabanga ngakho-ke, mnumzane."

USri Yukteswar wathula imizuzu embalwa, emamatheka kancane. "Cha, ukhohliwe," esho ekugcineni. "Ukuzindla ngoNkulunkulu akufanele kube yisizathu sokungabi nandaba kwezinto ezibonakalayo. Uwudebesele umsebenzi wakho wokuvikela i-ashram; kumele ujeziswe."

Mina umcabango yena kwakuyi ngokungacacile ukuhlekisa nini yena kungeziwe: "Okwakho eziyisithupha amakholifulawa intando maduze yiba kuphela ezinhlanu."

Thina waphenduka nxazonke ku- OkweNkosi ama-oda futhi imashi emuva kuze kube thina babe vala ku- i indawo yokuhlala ehlala abantu abangabodwa.

"Phumula isikhashana. Mukunda, bheka ngaphesheya kwegceke ngakwesobunxele sethu; bheka umgwaqo ongaphesheya. Indoda ethile izofika lapho njengamanje; iyona ezoba yindlela yokukujezisa."

Ngafihla ukukhathazeka kwami ngala mazwi angaqondakali. Ngokushesha kwavela umlimi epulazini. emgwaqweni; wayedansa ngendlela exakile futhi ejikijela izingalo zakhe ngezimpawu ezingenamsebenzi. Cishe ngiphelelwe yilukuluku, nganamathisela amehlo ami kulo mbukwane ohlekisayo. Njengoba le ndoda ifika endaweni ethile emgwaqweni lapho yayizonyamalala khona emehlweni ethu, uSri Yukteswar wathi, "Manje, uzobuya."

Umlimi washintsha indlela yakhe ngokushesha waqonda ngemuva kwe-ashram. Ewela indawo enesihlabathi, wangena esakhiweni ngomnyango wangemuva. Ngangiwushiye ungakhiyiwe, njengoba nje umfundisi wami ayeshilo. Indoda yaphuma ngokushesha, iphethe enye ye-cauliflower yami eyayiyigugu. Manje yahamba ngenhlonipho, inikezwe isithunzi sokuba nempahla.

Ihlaya eliqhubekayo, lapho indima yami ibonakala sengathi ngeyesisulu esididekile, alizange lingiphazamise kangangokuthi ngehluleka ukungilandela ngentukuthelo. Ngangiphakathi nomgwaqo lapho uMfundisi engikhumbula. Wayeqhaqhazela kusukela ekhanda kuya onyaweni ngenxa yokuhleka.

"Leya ndoda ehlanyayo ibilokhu ilangazelela i-cauliflower," echaza phakathi kokuqhuma kwenjabulo. "Ngicabange ukuthi kungaba ngumqondo omuhle uma ingathola eyakho, ingaqapheli kahle!"

Ngaphuthuma ngaya ekamelweni lami, lapho ngathola khona ukuthi isela, ngokusobala elaligqoke imifino, lalishiye izindandatho zami zegolide, iwashi, nemali, konke kulele obala engutsheni. Esikhundleni salokho lalikhasa ngaphansi kombhede lapho, lifihliwe ngokuphelele ekubonweni okuvamile, elinye lama-cauliflower ami lavusa khona isifiso salo esiqotho.

Ngabuza uSri Yukteswar ngalobo busuku ukuthi angichazele ngalesi sigameko, engangicabanga ukuthi, sasinezici ezimbalwa ezixakile .

Umfundisi wami wanikina ikhanda kancane. "Uzokuqonda ngelinye ilanga. Isayensi izokuthola maduze eminye yale mithetho efihliwe."

Lapho izimangaliso zomsakazo ziqala ukuvela eminyakeni ethile kamuva ezweni elimangazwe kakhulu, ngakhumbula isibikezelo sikaMaster. Imibono yakudala yesikhathi nendawo yabhujiswa; akukho khaya lomlimi elincane kangaka ukuthi iLondon noma iCalcutta azikwazanga ukungena! Ukuhlakanipha okubuthakathaka

kakhulu okwandisiwe ngaphambi kwalokho akunakuphikwa ubufakazi besici esisodwa sokuba khona komuntu kuyo yonke indawo.

I "indaba" kwe i ukholifulawa amahlaya ithini yiba okungcono kakhulu kuyaqondakala ngu a umsakazo isifaniso. IsiSri I-Yukteswar yayingumsakazo womuntu ophelele. Imicabango ayiyona into engaphezu kokudlidliza okuthambile okuhamba ku-ether. Njengoba nje umsakazo ozwelayo uthatha inombolo yomculo oyifunayo ezinkulungwaneni zezinhlelo ezivela kuzo zonke izinhlangothi, kanjalo nochwepheshe wami wakwazi ukubamba umcabango wendoda engenangqondo eyayilangazelela. ngoba a ukholifulawa, phandle kwe i ezingenakubalwa imicabango kwe ukusakaza umuntu amafa ku umhlaba. **15-2** Ngentando yakhe enamandla, uMaster wayeyisiteshi sokusakaza sabantu, futhi wayeqondise ngempumelelo umlimi ukuba abuyisele izinyathelo zakhe emuva aye ekamelweni elithile ukuze athole i-single

ukholifulawa.

Ukuzwa **15-3** kuyisiqondiso somphefumulo, esivela ngokwemvelo kumuntu ngalezo zikhathi lapho ingqondo yakhe izolile. Cishe wonke umuntu uke waba nokuhlangenwe nakho "kokucabanga" okulungile ngendlela engaqondakali, noma oke waba nakho wadlulisela imicabango yakhe komunye umuntu ngempumelelo.

Ingqondo yomuntu, ekhululekile ekungahlaliseki, ingasebenza nge-antenna yayo ye-ukuqonda yonke imisebenzi yezindlela zomsakazo eziyinkimbinkimbi - ukuthumela nokwamukela imicabango, nokulungisa engathandeki. Njengoba amandla omsakazo encike enanini lamandla kagesi ingasebenzisa, ngakho umsakazo womuntu unikwa amandla ngokwamandla entando yomuntu ngamunye .

Yonke imicabango iyanyakaza phakade endaweni yonke. Ngokugxila okujulile, inkosi iyakwazi ukubona imicabango yanoma yimuphi umqondo, ophilayo noma ofile. Imicabango itholakala kuyo yonke indawo futhi ayigxilile ngayinye; Iqiniso alinakudalwa, kodwa liyabonakala kuphela. Imicabango eyiphutha yomuntu ibangelwa ukungapheleli ekuqondeni kwakhe. Umgomo wesayensi ye-yoga ukuzola ingqondo, ukuze ngaphandle kokuhlanekezelwa ibonise umbono waphezulu endaweni yonke.

Umsakazo kanye nethelevishini kuholele umsindo nokubona okusheshayo kwabantu abakude ezigidini zabantu: imibiko yokuqala yesayensi engabonakali kahle yokuthi umuntu ungumoya ogcwele yonke indawo. Hhayi umzimba ovalelwe endaweni ethile emkhathini, kodwa umphefumulo omkhulu, ozakwabo ngezindlela eziningi zobuqaba abawuceba geze ukuwucindezela.

"Kungase kuvele izinto ezingajwayelekile, ezimangalisayo kakhulu, ezibonakala zingenakwenzeka, okuthi uma sezisunguliwe, zingasimangazi kakhulu kunalokho esikumangazile manje ngalokho isayensi esikufundise khona phakathi nekhulu leminyaka elidlule," kusho uCharles Robert Richet, uMklomelo KaNobel kwezokwelapha umzimba. "Kucatshangwa ukuthi izinto esizamukelayo manje ngaphandle kokumangala, azisivuseleli ukumangala kwethu ngoba ziyaqondakala. Kodwa akunjalo. Uma zingasimangazi akusikho ukuthi bayaqondakala, kungenxa yokuthi bajwayelene; ngoba uma lokho okungaqondakali kufanele kusimangaze, kufanele simangale ngakho konke—ukuwa kwetshe eliphonswa emoyeni, i-acorn eba yi-oki, i-mercury ekhula lapho ishiswa, insimbi edonswa yimagnethi, i-phosphorus eshayo lapho ihlikihlwa. Isayensi yanamuhla iyi-izinto ezilula; izinguquko kanye nokuguquka okuzobhekana nakho eminyakeni eyinkulungwane eziyikhulu kuzodlula kude lokho okulindelwe ngesibindi. Amaqiniso—lawo maqiniso amangalisayo, amangalisayo, angalindelekile—azotholwa yinzalo yethu, asesizungezile ngisho namanje, esibheka emehlweni, ngakho-ke ukukhuluma, kodwa asibaboni. Kodwa akwanele ukusho ukuthi asibaboni; siyababona angifisi ukubabona; ngoba ngokushesha nje lapho kuvela iqiniso elingalindelekile nelingajwayelekile, sizama ukulifaka ohlakeni lwezinto ezivamile zolwazi olutholiwe,

futhi siyacasuka ngokuthi noma ubani angalinga ukuzama okwengeziwe.

Kwenzeka isenzakalo esihlekisayo ezinsukwini ezimbalwa ngemva kokuba ngiphucwe i-cauliflower ngendlela engakholeki. Isibani esithile sikaphalafini asitholakalanga. Njengoba ngisanda kubona umfundisi wami ekwazi konke ukuqonda, Mina umcabango yena ngabe bonisa lokho yona kwakuyi ingane dlala kuthola i isibani.

Ingcweti okubonwayo yami ukulindela. Nge ihaba amandla adonsela phansi yena kubuzwa konke i-ashram izakhamuzi. A

Umfundi osemusha wavuma ukuthi wayesebenzise isibani ukuya

emthonjeni osegcekeni elingemuva. USri Yukteswar wanikeza iseluleko

esiqinile: "Funa isibani eduze komthombo."

Ngaphuthuma lapho; akukho sibani! Ngidumele, ngabuyela kumfundisi wami.

Wayesehleka kakhulu, engakhathali ngokudumala kwami.

"Kuyadabukisa ukuthi angikwazanga ukukuqondisa esibanini esinyamalele; angisiye umbhuli!" Ngamehlo acwebazelayo, wanezela, "Angisiye ngisho uSherlock Holmes owanelisayo!"

Mina kuqashelwe lokho Ingcweti ngabe akakaze isibonisi yakhe amandla nini inselele, noma ngoba a ukungabi nalutho.

Kwadolula amasonto ajabulisayo ngesivinini esikhulu. USri Yukteswar wayehlela udwendwe lwenkolo. Wangicela ukuba ngihole abafundi edolobheni nasebhishi lasePuri. Usuku lomkhosi lwaqala njengolunye lwehlobo olushisa kakhulu .

"Guruji, Kanjani ithini Mina thatha i ungenazicathulo abafundi sekuphelile i umlilo izihlabathi? Mina wakhuluma ngokuphelelwa yithemba.

"Ngizonitshela imfihlo," kuphendula iNkosi. "INkosi izothumela isambulela samafu; nonke nizohamba ngokunethezeka."

Ngahlela umhlangano ngenjabulo; iqembu lethu laqala kusukela ku-ashram ngebhena **likaSat** -Sanga . Yaklanywa nguSri Yukteswar, yayinophawu lwe-single **15-5** iso, ukubuka kwe-telescopic komuzwa .

Ngokushesha nje lapho sesiphumile endaweni yokukhosela, ingxenye yesibhakabhaka eyayiphezulu yagcwala amafu njengokungathi ngomlingo. Kuhambisana nokuphuma kwama-ejaculation okumangazayo kuzo zonke izinhlangothi, Kwana imvula encane kakhulu, ipholisa imigwaqo yedolobha kanye nogu lolwandle oluvuthayo. Amaconsi aduduzayo ehla phakathi namahora amabili ombukiso. Ngesikhathi esifanayo iqembu lethu libuyela e-ashram, amafu nemvula kwadolula ngaphandle kokulandela umkhondo.

"Uyabona ukuthi uNkulunkulu uzizwa kanjani ngathi," kuphendula uMfundisi ngemva kokuba ngiveze ukubonga kwami. "INkosi iphendula bonke futhi isebenza kubo bonke. Njengoba nje ithumele imvula ngokucela kwami, kanjalo igcwalisa noma yisiphi isifiso esiqotho somuntu ozinikele. Akuvamile ukuba abantu baqaphele ukuthi uNkulunkulu ulalela kangaki imithandazo yabo. Akakhethi abambalwa, kodwa ulalela wonke umuntu osondela kuYe ngokumethemba. Izingane zakhe

kufanele zibe nokholo oluphelele emseni wothando kaYise okhona yonke indawo."

15-6

USri Yuktswar wayexhasa imikhosi emine yaminyaka yonke, kuma-equinoxes nama-solstice, lapho abafundi bakhe bebuthana bevela kude naseduze. Umkhosi we-solstice yasebusika wawubanjelwe eSerampore; owokuqala engaya kuwo wangishiya nesibusiso esihlala njalo.

Imikhosi yaqala ekuseni ngodwendwe olungagqokile izicathulo emigwaqweni. Amazwi abafundi abayikhulu azwakala ngezingoma ezimnandi zenkolo; abaculi abambalwa badlala umtshingo kanye ne *-khol kartal* (izigubhu namasimbali). Abantu basedolobheni abashisekayo basakaze izimbali endleleni, bejabule ukubizwa emisebenzini yobu-prosaic ngokudumisa kwethu okuzwakalayo igama leNkosi elibusisiwe. Uhambo olude

kwaphela egcekeni lendlu yokuhlala. Lapho sazungeza isazi sethu, kuyilapho abafundi abasemabalcony aphezulu besithela ngezimbali ze-marigold.

Izivakashi eziningi zenyuka phezulu ukuyothola i-pudding ye- *channa* nama-orange. Ngaya eqenjini labazalwane ababekhonza njengabapheki namuhla. Ukudla kwemihlangano emikhulu kwakudingeka kuphekwe ngaphandle ezitsheni ezinkulu. Izitofu zezitini ezishiswa ngokhuni zazinomusi futhi zivusa izinyembezi, kodwa sahleka ngenjabulo ngomsebenzi wethu. Imikhosi yenkolo eNdiya ayikaze icatshangelwe okukhathazayo; ngayinye eyodwa ingabe yakhe ingxenye, ukuhlinzeka imali, ilayisi, imifino, noma izinsizakalo zakhe zomuntu siqu.

Ngokushesha uMfundisi wayesephakathi kwethu, eqondisa imininingwane yedili. Ematasa umzuzu nomzuzu, wayehambisana nomfundi osemusha onamandla kakhulu.

I -*sankirtan* (ukuhlabelela kweqembu), ephelezelwa yi-harmonium kanye nezigubhu zaseNdiya ezidlalwa ngesandla, yayiqhubeka esitezi sesibili. USri Yukteswar walalela ngokwazisa; umuzwa wakhe womculo wawuphelele impela.

"Abasasebenzi kahle!" UMaster washiya abapheki wajoyina abaculi. Iculo laphinde lazwakala, kulokhu lihunyushwe kahle.

ENdiya, umculo kanye nokudweba kanye nedrama kubhekwa njengobuciko baphezulu. UBrahma, uVishnu, noShiva—uZiqu-zintathu Ongunaphakade—babengabaculi bokuqala. Umdansi Ongcwele uShiva uvezwa ngokomBhalo njengosebenze izindlela ezingenamkhawulo zesigqi emdansweni Wakhe wendawo yonke wokudalwa kwendawo yonke, ukulondolozwa, kanye nokuqedwa, kuyilapho uBrahma egcizelela isikhathi nokushaya kwenhliziyo. beshaya amasimbali, kanti uVishnu wayeshaya i -*mridanga* noma isigubhu esingcwele. UKrishna, uVishnu ozelwe kabusha, uhlala eboniswa ebucikweni bamaHindu ephethe umtshingo, lapho edlala khona ingoma ethokozisayo ekhumbuza abantu ekhaya labo langempela imiphefumulo yabantu ezulazula ekukhohlisweni *kwe-maya* . USaraswati, unkulunkulukazi wokuhlakanipha, ufanekiselwa njengodlala ku- *vina* , unina wazo zonke izinsimbi zomculo ezinezintambo. I- *Sama Veda* yaseNdiya iqukethe imibhalo yokuqala emhlabeni ngesayensi yomculo.

Itshe eliyisisekelo lomculo wamaHindu yi- *ragas noma izikali zomculo eziqinile*. *Ama-ragas* ayisithupha ayisisekelo ahlukaniwa abe *ama-raginis* (abafazi) angu-126 kanye *nama-putras* (amadodana). I-*raga* ngayinye inamanothi okungenani amahlanu: inothi eliholayo (*i-vadi* noma inkosi), inothi lesibili (*i-samavadi* noma undunankulu), amanothi okusiza (*i-anuvadi* , abasizi), kanye nenothi elingavumelani (*i-vivadi* , isitha).

I-*raga* ngayinye kweziyisithupha eziyisisekelo inokuxhumana kwemvelo nehora elithile losuku, isizini yonyaka, kanye nonkulunkulu ophethe onikeza amandla

athile. Ngakho-ke, (1) i- *Hindole Raga* izwakala kuphela ekuntweleni kokusa entwasahlobo, ukuze kuvuke isimo sothando lomhlaba wonke; (2) i-*Deepaka Raga* idlalwa kusihlwa ehlobo, ukuze kuvukelwe uzwela; (3) i-*Megha Raga* iyiculo lasemini ngesikhathi semvula, ukuze kucelwe isibindi; (4) i-*Bhairava Raga* idlalwa ekuseni ngo-Agasti, uSepthemba, u-Okthoba, ukuze kutholakale ukuthula; (5) i-*Sri Raga* igcinelwe ikwindla ukuhwalala, ukuthola uthando olumsulwa; (6) I-*Malkounsa Raga* izwakala phakathi kwamabili ebusika, ngenxa yobuqhawe.

Ama-rishi asendulo athola le mithetho yobudlelwano obuhle phakathi kwemvelo nomuntu. Ngoba imvelo kuyinto i ukuphikisa kwe *I-Aum* , i I-Primal Umsindo noma Okudlidlizayo Izwi, indoda ithini thola ukulawula

phezu kwazo zonke izibonakaliso zemvelo ngokusebenzisa *ama-mantra* noma izingoma ezithile. ¹⁵⁻⁷ Imibhalo yomlando ilandisa ngamandla amangalisayo uMiyen Tan Sen ayenawo, umculi wekhulu le-16 we-Akbar the Great. Eyalwe yiNkosi ukuba ahlabelele i- *raga yasebusuku* ilanga liphezulu, Umbala ophuzi USen i-intoned a *i-mantra* okuyinto ngokushesha okubangelwa i konke isigodlo izindawo ukumbozwa ubumnyama.

Umculo waseNdiya uhlukanisa i-octave ibe *ama-srutis angu-22* noma ama-demi-semitone. Lezi zikhawu ezincane zivumela imibala emincane yokubonakaliswa komculo engatholakali ngesilinganiso se-Western chromatic sama-semitone angu-12. I-note ngayinye kwezizisikhombisa eziyisisekelo ze-octave ihlotshaniswa nezinganekwane zamaHindu. umbala, kanye nokukhala kwemvelo kwenyoni noma isilwane- *Yenza* ngohlaza, kanye nepigogo; *Re* ngobomvu, kanye i-skylark; *i-Mi* enegolide, nembuzi; *i-Fa* enomhlophe ophuzi, ne-heron; *i-Sol* enomnyama, ne-nightingale; *i-La* enophuzi, nehhashi; *i-Si* enenhlanguanisela yayo yonke imibala, nendlovu .

Izikali ezintathu—ezinkulu, ezincane ezivumelanayo, ezincane zomculo—yizo zodwa ezisetshenziswa umculo wase-Occidental, kodwa umculo waseNdiya uveza *ama-thaas* noma izikali ezingu-72. Umculi unekhono lokudala lokuqamba kabusha okungapheli okuzungeze umculo wendabuko noma *i-raga* ; ugxila emqondweni noma esimweni esiqondile sesihloko sesakhiwo bese esihlobisa ngemikhawulo yobuqambi bakhe. Umculi wamaHindu akafundi amanothi ahleliwe; ugxoka kabusha ngamunye edlala uhlaka olungenalutho lwe- *raga* , evame ukuzikhawulela ochungechungeni olulodwa lomculo, egcizelela ngokuphindaphinda konke ukuhlukahluka kwalo okucashile kwe-microtonal kanye ne-rhythmic. UBach, phakathi kwababhali bezingoma baseNtshonalanga, wayenokuqonda ubuhle namandla omsindo ophindaphindayo ohlukaniswe kancane ngezindlela eziyikhulu eziyinkimbinkimbi.

Izincwadi zasendulo zesiSanskrit zichaza *ama-tala angu-120* noma izindlela zesikhathi. Umsunguli wendabuko we Umculo wamaHindu, iBharata, kuthiwa uhlukanise izinhlobo ezingu-32 ze- *tala* engomeni ye-lark. Umsuka we- *tala* noma isigqi usekelwe ekunyakazeni kwabantu - isikhathi esiphindwe kabili sokuhamba, kanye nesikhathi esiphindwe kathathu sokuphefumula ebuthongweni, lapho ukuphefumula kuphindwe kabili ubude bokuphefumula. I-India ibilokhu baqaphela izwi lomuntu njengethuluzi lomsindo eliphelele kakhulu. Ngakho-ke umculo wamaHindu ugcina kakhulu ebangeni lezwi lama-octave amathathu. Ngesizathu esifanayo, kugcizelelwa umculo (ubudlelwano bamanothi alandelanayo), kunokuba kugcizelelwe ukuvumelana (ubudlelwano bamanothi ahambisanayo).

Inhloso ejulile yabaculi bokuqala be-rishi kwakuwukuhlanganisa umculi ne-Cosmic Song engazwakala ngokuvuka kwezikhungo zomgogodla womuntu ezingomlingo. Umculo waseNdiya ubuciko obuzimele, obungokomoya, nobuzimele,

obungahloselwe ukukhanya kwe-symphonic kodwa ukuvumelana komuntu siqu ne-Oversoul. Igama lesiSanskrit lomculi yi- *bhagavathar* , "lowo ohlabelela izindumiso zikaNkulunkulu." Ama -*sankirtans* noma imibuthano yomculo iyindlela ephumelelayo ye-yoga noma ukuqeqeshwa ngokomoya, edinga ukugxila okujulile, ukumuncwa okukhulu emcabangweni nomsindo wembewu. Ngenxa yokuthi umuntu ngokwakhe ungukubonakaliswa kweZwi Elidala, umsindo unomthelela onamandla kakhulu futhi osheshayo kuye, ohlinzeka ngendlela yokukhumbula imvelaphi yakhe yaphezulu.

I- *sankirtan* eyayiphuma egumbini lokuhlala lesitezi sesibili sikaSri Yukteswar ngosuku lomkhosi yayikhuthaza abapheki phakathi kwezimbiza ezishisayo. Mina nabafundi bami sahlabelela ngenjabulo ama-refrain, sishaya isikhathi ngezandla zethu.

Lapho kushona ilanga sase sikhonze amakhulu ezivakashi zethu nge *-khichuri* (irayisi nama-lentile), i-curry yemifino, kanye ne-rice pudding. Sabeka izingubo zokulala zikakotini phezu kwegceke; ngokushesha isixuku sase sihlala phansi kwegumbi eligcwele izinkanyezi, silalele ngokuthula ukuhlakanipha okuvela ezindebeni zikaSri Yukteswar. Izinkulumo zakhe zomphakathi zagcizelela ukubaluleka kwe- *Kriya Yoga* , kanye nokuphila kokuzihlonipha, ukuzola, ukuzimisela, ukudla okulula, kanye nokuzivocavoca njalo.

Iqembu labafundi abasebasha kakhulu labe selihlabelela izingoma ezimbalwa ezingcwele; umhlangano waphetha nge *-sankirtan* . Kusukela ngehora leshumi kuze kube phakathi kwamabili, izakhamuzi zase-ashram zageza amabhodwe namapani, zahlanza igceke. Isazi sami sangibiza ukuba ngime eceleni kwakhe.

"Ngiyajabula ngemisebenzi yakho ejabulisayo namuhla kanye nesonto eledlule lokulungiselela. Ngifuna ube nami; ungalala embhedeni wami namuhla ebusuku."

Leli kwakuyilungelo engangingakaze ngicabange ukuthi lizongifikela. Sahlala isikhashana esimweni sokuthula okukhulu kwaphezulu. Ngemva kwemizuzu eyishumi singene embhedeni, uMaster wasukuma waqala ukugqoka .

"Kwenzenjani mnumzane?" Ngazizwa sengathi akukho ngokoqobo enjabulweni engangingayilindele yokulala eceleni komfundisi wami.

"Ngicabanga ukuthi abafundi abambalwa abaphuthelwe ukuxhumana kwabo kwezitimela okufanele bazofika maduze. Ake silungiselele ukudla."

"Guruji, cha eyodwa ngabe woza ku- eyodwa ihora ku i ekuseni!"

"Hlala ku umbhede; wena babe ube ukusebenza kakhulu kanzima. Kodwa Mina ekuseni ukuhamba ku- umpheki."

Ngezwi likaSri Yukteswar eliqinile, ngagxuma ngamlandela ngaya ekhishini elincane elisetshenziswa nsuku zonke eduze kwebhalkhoni elingaphakathi lesitezi sesibili. Ilayisi ne- *dhal* kwase kubila ngokushesha.

Umfundisi wami wamomotheka ngothando. "Namuhla ebusuku usungobe ukukhathala nokwesaba ukusebenza kanzima; awusoze wakhathazwa yizo esikhathini esizayo."

Njengoba esho la mazwi esibusiso sokuphila konke, kwazwakala izinyathelo egcekeni. Ngagijima ngehla ngehla ngangenisa iqembu labafundi.

"Mfowethu othandekayo, yeka ukuthi sinqikaza kangakanani ukuphazamisa uMfundisi ngalesi sikhathi!" Indoda ethile yangiphendula ixolisa. "Senze iphutha mayelana nezikhathi zesitimela, kodwa saba nomuzwa wokuthi asikwazi

ukubuyela ekhaya ngaphandle kokubuka uchwepheshe wethu."

"Yena ine ube ukulindela wena futhi kuyinto ngisho manje ukulungiselela yakho ukudla."

Izwi likaSri Yukteswar lokwamukela lazwakala; Ngaholela izivakashi ezimangele ekhishini. UMfundisi waphendukela kimi ngamehlo acwebezelayo.

"Manje lokho wena babe kuqediwe ukuqhathanisa amanothi, cha ukungabaza wena kukhona wanelisekile lokho yethu izivakashi ngempela

wenza uphuthelwe yabo isitimela!"

Ngamlandela ngaya ekamelweni lakhe lokulala ngemva kwesigamu sehora, ngiqaphela ngokugcwele ukuthi ngase ngizolala eceleni kwesazi esinjengonkulunkulu.

.....
15-1 : I-Puri, mayelana 310 amamayela eningizimu kwe ICalcutta, kuyinto a odumile uhambo olungcwele idolobha ngoba abazinikele kwe UKrishna; yakhe ukukhulekela kugujwa lapho ngemikhosi emibili emikhulu yaminyaka yonke , *iSnanayatra* neRathayatra .

15-2 : I 1939 ukutholakala kwe a umsakazo imakroskopu kwembulwe a okusha umhlaba kwe kuze kube manje ayaziwa imisebe. "Indoda yena njengoba kahle njengabo bonke izinhlobo kwe kuthiwa okungenamandla indaba njalo ukukhishwa i imisebe lokho lokhu ithuluzi 'uyabona,'" kubikiwe i *Okuhlobene Cindezela* "Labo abakholelwa ekucabangeni ngengqondo, ukubona okwesibili, kanye nokubona izinto ngengqondo, kulesi simemezelolo banobufakazi bokuqala besayensi bokuba khona kwemisebe engabonakali ehamba ngempela isuka komunye umuntu iye komunye. Idivayisi yomsakazo empeleni iyimvamisa yomsakazo." i-spectroscope. It ingabe i okufanayo into ngoba kupholile, ukungakhanyi indaba lokho i i-spectroscope ingabe nini yona kwembula izinhlobo zama-athomu enza izinkanyezi. Ukuba khona kwemisebe enjalo evela kumuntu nazo zonke izinto eziphilayo kuye kwaba khona

kusolwa ngu ososayensi ngoba eziningi iminyaka. Namuhla kuyinto i kuqala ukuhlolwa ubufakazi kwe yabo ukuba khona. I ukutholakala imibukiso ukuthi yonke i-athomu kanye nayo yonke i-molecule emvelweni iyisiteshi sokusakaza Ngakho-ke ngisho nangemva..... umsakazo esiqhubekayo. kokufa

into eyayingumuntu iyaqhubeka nokuthumela imisebe yayo ebucayi. Ubude bamagagasi ale misebe buqala kusukela kokufushane kunanoma yini esetshenziswa manje ekusakazeni kuya kohlobo olude kakhulu lwamagagasi omsakazo. Ukuxubana kwale misebe cishe akunakwenzeka. Lapho kukhona izigidi kwe bona. A ongashadile kakhulu nkulu i-molecule kungenzeka nikeza kuvaliwe 1,000,000 okuhlukile igagasi ubude ngesikhathi esifanayo. Ubude bamagagasi Kukhona..... amade alolu hlobo buhamba kalula nangesivinini samagagasi omsakazo. eyodwa

kuyamangalisa umehluko phakathi i okusha umsakazo imisebe futhi owayelekile imisebe njenge ukukhanya. Lokhu kuyinto i isikhathi eside isikhathi, inani kuya ezinkulungwaneni zeminyaka, lawo magagasi omsakazo azoqhubeka ekhipha ezintweni .ezingaphazanyiswa

15-3 : Umuntu uyanqikaza ukusebenzisa igama elithi "intuition"; uHitler usecishe walimaza leli gama kanye nokuqothulwa okukhulu. impande incazelo kwe *umuzwa wokuqonda* kuyinto "ngaphakathi ukuvikelwa." I IsiSanskrit igama *i-agama* kusho okunengqondo ulwazi ozelwe kwe ukuqonda okuqondile komphumulo; yingakho izincwadi ezithile zasendulo ezibhalwe ama-rishi zazibizwa ngokuthi *ama-agama* .

15-4 : *uMgqibelo* kuyinto ngokoqobo "ukuba," ngakho-ke "ingqikithi;" iqiniso." *USanga* kuyinto "inhlango." IsiSri Yukteswar kubizwe yakhe inhlango ye-hermitage *i-Sat-Sanga* , "ubudlelwano neqiniso."

15-5 : "Uma ngakho-ke eyakho iso yiba ongashadile, yakho konke umzimba kufanele yiba egcwele kwe ukukhanya." - *UMathewu* 6:22. Ngesikhathi okujulile ukuzindla, eyodwa noma ngokomoya iso iba kuyabonakala ngaphakathi i ephakathi ingxenye kwe i ibunzi. Lokhu owazi konke iso kuyinto ngezindlela ezahlukeni okubhekiselwe kukho ku-in imibhalo engcwele njengoba i okwesithathu iso, i inkanyezi kwe i EMPumalanga, i ngaphakathi iso, i ijuba ukwehla kusukela izulu, i iso kwe Shiva, iso lokuzwa, njll.

15-6 : "Yena lokho kutshalwe i indlebe, kufanele yena hhayi uyezwa? yena lokho kwakhiwa i iso, kufanele yena hhayi uyabona ?..... lokho ufundisa indoda . ulwazi, kufanele yena hhayi uyazi?" - *IHubo* 94:9-10

15-7 : Inganekwane yabo bonke abantu iqukethe izinkomba zemithandazo enamandla phezu kwemvelo. AmaNdiya aseMelika adumile ku- babe ithuthukiswe umsindo amasiko ngoba imvula futhi umoya. Umbala ophuzi USen, i kuhle kakhulu IsiHindu umculi, kwakuyi uyakwazi ku- ukucima umlilo yi- amandla kwe yakhe ingoma. UCharles Kellogg, i I-California isazi semvelo, wanikeza a umbukiso kwe i umphumela kwe ithoni ukudlidiza emlilweni ku 1926 ngaphambi a iqembu kwe Okusha I-York abacishi bomlilo. "Ukudlula a umnsalo, njenge i khulusiwe ivayolini umnsalo, ngokushesha ngaphesheya i ukulungiswa kwe-aluminium ifoloko, yena kukhiqizwe a ukuklewula njenge okunamandla umsakazo okungaguquki. Ngokushesha i ophuzi igesi ilangabi, ezimbili izinyawo phezulu, ukugxuma ngaphakathi ipayipi lengilazi elingenalutho, lehla laya ekuphakameni kwamasantimitha ayisithupha futhi laba ukukhanya okuluhlaza okwesibhakabhaka okukhaphulayo. Omunye umzamo ngomnsalo, kanye nokunye ukukhala kokudlidliza, kwawucisha."

ISAHLUKO: 16

Ukuhlakanipha / Izinkanyezi

"Mukunda, kungani ungatholi isikhwama

sezinkanyezi?" "Ngifanele, Nkosi? Angikholelwa

ekufundweni kwezinkanyezi."

"Akuyona neze indaba *yokukholelwa* ; isimo sengqondo sesayensi kuphela umuntu angathatha kunoma yisiphi isihloko ukuthi ngabe *siyiqiniso yini* . Umthetho wamandla adonsela phansi wasebenza kahle ngaphambi kukaNewton njengangemva kwakhe. Indawo yonke ibingaba nesiphithiphithi uma imithetho yayo ingasebenzi ngaphandle kwemvume yenkolelo yabantu."

"Amaqili alethe isayensi enhle kakhulu esimweni sayo samanje sokudumazeka. Isayensi yezinkanyezi inkulu kakhulu, kokubili ngokwezibalo **16-1** futhi ngokwefilosofi, ukuze iqondwe kahle ngaphandle kwabantu abanokuqonda okujulile. Uma iziwula zingayifundi kahle izulu, bese zibona lapho umbhalo oqoshiwe esikhundleni sombhalo, lokho kulindelekile kuleli zwe elingaphelele. Umuntu akufanele alahle ukuhlakanipha kanye 'nabahlakaniphileyo.'

"Zonke izingxenye zendalo zixhumene ndawonye futhi zishintshana ngamathonya azo. Isigqi esilinganiselayo sendawo yonke sisekelwe ekuvumelaneni," kuqhubeka umfundisi wami. "Umuntu, ngesimo sakhe sobuntu, kufanele alwe namasethi amabili amandla - okokuqala, iziyaluyalu ezingaphakathi kwakhe, ezibangelwa ukuxubana komhlaba, amanzi, umlilo, umoya, nezinto eziphila kuwo; okwesibili, amandla angaphandle aqhekekayo emvelo. Uma nje umuntu elwa nokufa kwakhe, uthintwa izinguquko eziningi zezulu nomhlaba.

"I-Astrology iwukufunda indlela umuntu asabela ngayo ezintweni ezishukumisayo zamaplanethi. Izinkanyezi azinawo umusa noma inzondo; zimane zithumela imisebe emihle nemibi. Zona ngokwazo, lezi azisizi noma zilimaze isintu, kodwa zinikeza umzila osemthethweni wokusebenza kwangaphandle kwe-"
umphumela wembangela ukulingana okuyinto ngayinye indoda ine isethi ku-
ukunyakaza ku i esidlule.

"Ingane izalwa ngalolo suku nangalelo hora lapho imisebe yasezulwini ivumelana khona ngezibalo ne-karma yayo ngayinye. I-horoscope yakhe iyisithombe esiyinselele, esiveza isikhathi sakhe esidlule esingenakuguqulwa kanye nemiphumela yaso yesikhathi esizayo engenzeka. Kodwa ishadi lokuzalwa lingahunyushwa ngokufanele kuphela ngamadoda anokuhlakanipha okunembile: laba bambalwa."

"Umyalezo osakazwa ngesibindi emazulwini ngesikhathi sokuzalwa awuhloselwe ukugcizelela isiphetho - umphumela wokuhle nokubi kwesikhathi esidlule - kodwa ukuvusa intando yomuntu yokuphunyuka ebugqilini bakhe bendawo yonke. Lokho akwenzile, angakulungisa. Akekho omunye ngaphandle kwakhe owayengumgqugquzeli wezimbangela zanoma yimiphi imiphumela ekhona manje empilweni yakhe. Anganqoba noma yikuphi ukulinganiselwa, ngoba wakudala ngezenzo zakhe kwasekuqaleni, futhi ngoba unezinsiza ezingokomoya ezingacindezelwa yiplanethi."

"Ukwesaba izinkanyezi okubangelwa yinkolelo-ze kwenza umuntu abe ngumuntu ozenzakalelayo, oncike kakhulu esiqondisweni semishini. Indoda ehlakaniphile ingoba amaplanethi ayo - okungukuthi, isikhathi sayo esidlule - ngokudlulisela ukwethembeka kwayo kusuka endalweni kuya kuMdali. Lapho iqaphela ubunye bayo noMoya, kulapho ingabuswa khona yizinto ezibonakalayo. Umphefumulo ukhululeka njalo; awufi ngoba awunakuzalwa. Awunakulawulwa yizinkanyezi."

"Umuntu *ungumphefumulo* , futhi *unomzimba* . Uma ebeka kahle umuzwa wakhe wobuwena, ushiya wonke amaphethini aphoqelelayo. Uma nje esadidekile esimweni sakhe esivamile sokukhohlwa ngokomoya, uzokwazi izibopho ezicashile zomthetho wezemvelo."

"UNkulunkulu uyavumelana; umuntu ozinikelayo oziphatha ngendlela efanele akasoze enze noma yisiphi isenzo esingalungile. Imisebenzi yakhe izohlelwa ngendlela efanele futhi ngokwemvelo ukuze ivumelane nomthetho wezinkanyezi. Ngemva kokuthandaza okujulile nokuzindla uxhumana nokuqonda kwakhe kwaphezulu; akukho mandla amakhulu kunalowo kuvikelwa kwangaphakathi."

"Khona-ke, Nkosi ethandekayo, kungani ufuna ngigqoke ibhengele lezinkanyezi?" Ngabuza lo mbuzo ngemva kokuthula isikhathi eside, lapho ngazama khona ukuhlanganisa incazelo enhle kaSri Yukteswar.

"Kulapho umhambi esefinyelele umgomo wakhe kuphela lapho enesizathu sokulahla amamephu akhe. Phakathi nohambo, usebenzisa noma iyiphi indlela emfushane elula. Ama-rishi asendulo athole izindlela eziningi zokunciphisa isikhathi sokudingiswa komuntu ekukhohlisweni. Kunezici ezithile zobuchwepheshe emthethweni we-karma ezingalungiswa ngobuchule ngeminwe yokuhlakanipha."

"Zonke izinkinga zabantu zivela ekwephulweni komthetho wendawo yonke. Imibhalo ikhomba ukuthi umuntu kumele ahlangebezane nemithetho yemvelo, ngaphandle kokuhlambalaza amandla onke aphezulu. Kufanele athi: 'Nkosi, Mina ukwethemba ku Wena, futhi yazi Wena i-canst Usizo mina, kodwa Mina futhi intando yenza yami okungcono kakhulu ku- hlehlisa noma yikuphi Ngezindlela eziningi—ngomthandazo, ngamandla entando, ngokuzindla nge-yoga, ngokubonisana nabangcwele, ngokusebenzisa amabhandeshi ezinkanyezi—imiphumela emibi yamaphutha esikhathi esidlule ingancishiswa noma iqedwe.

"Njengoba nje indlu ingafakwa induku yethusi ukuze imunce ukushaqeka kombani, kanjalo nethempeli elingokomzimba lingazuzwa yizindlela ezahlukenene zokuzivikela. Ezikhathini eziningi ezedlule i-yoga yethu yathola ukuthi izinsimbi ezihlanzekile zikhipha ukukhanya kwezinkanyezi okuphikisana ngamandla nokudonswa okubi kwamaplanethi."

Imisebe kagesi neyamagnetic engabonakali ijikeleza njalo endaweni yonke; lapho umzimba womuntu usekelwa, akazi; lapho uhlakazeka, usesekungazini. Ithini yena yenza noma yini mayelana yona?

"Le nkinga yathola ukunakwa yi-rishis yethu; bathole ukuthi ayisizanga nje kuphela inhlanganisela yezinsimbi, kodwa futhi nezitshalo kanye - okuwusizo kakhulu kwamagugu angenaphutha angaphansi kwama-carat amabili. Ukusetshenziswa kokuvimbela kwezinkanyezi akuvamile ukufundwa ngokungathi sína ngaphandle kweNdiya. Okuncane- Iqiniso elaziwayo ukuthi amagugu afanele, izinsimbi, noma

amalungiselelo ezitshalo awasizi ngalutho ngaphandle kokuthi isisindo esidingekayo siqinisiwe, futhi ngaphandle kokuthi lawa ma-ejenti okulungisa agqokwe eduze kwesikhumba.

"Mnumzane, vele ngizothatha iseluleko sakho ngithole ibhengele. Nginesithakazelo emcabangweni wokunqoba iplanethi!"

"Ngenhloso ejwayelekile ngincoma ukusetshenziswa kwengalo eyenziwe ngegolide, isiliva, nethusi. Kodwa ngenhloso ethile ngifuna uthole eyodwa yesiliva nomthofu." USri Yukteswar wengeza iziqondiso ngokucophelela.

"Guruji, ini 'okukhethekile inhloso' yenza wena kusho ukuthini?"

"Izinkanyezi sezizokuthatha isithakazelo esingasihle kuwe, Mukunda. Ungesabi; uzovikeleka. Cishe ngenyanga isibindi sakho sizokubangela inkinga enkulu. Lesi sifo sihlelwe ukuthi siqhubeke izinyanga eziyisithupha, kodwa ukusebenzisa kwakho i-armlet yezinkanyezi kuzofinyeza isikhathi sibe yizinsuku ezingamashumi amabili nane."

Ngafuna umthengisi wezinto zokuhloba ngosuku olulandelayo, futhi ngokushesha ngangigqoke ibhengele. Impilo yami yayinhle kakhulu; isibikezelo sikaMaster sanyamalala engqondweni yami. Wasuka eSerampore wayovakashela eBenares. Ngemva kwezinsuku ezingamashumi amathathu sixoxile, ngezwa ubuhlungu obungazelelwe esifundeni sesibindi sami. Amasonto alandelayo ayeyiphupho elibi lobuhlungu obukhulu. Ngingafuni ukuphazamisa uchwepheshe wami, ngangicabanga ukuthi ngizobekezelela ngesibindi uvivinyo lwami ngedwa.

Kodwa izinsuku ezingamashumi amabili nantathu zokuhlushwa zabuthakatha ukuzimisela kwami; ngaqeqeshwa eBenares. Lapho uSri Yukteswar wangibingelela ngemfudumalo engavamile, kodwa akanginikanga ithuba lokumtshela izinkinga zami ngasese. Abakhulekeli abaningi bavakashela iNkosi ngalolo suku, ukuze nje *baxoxe*. **16-2** Ngigula futhi nginganakwa, ngahlala ekhoneni. Kwaze kwaba ngemva kwesidlo sakusihlwa lapho zonke izivakashi zase zihambile khona. Umfundisi wami wabiza ngiyise ebalcony yendlu enama-crescent.

"Kumelwe ukuba ufikile ngenxa yesifo sakho sesibindi." USri Yukteswar wabuka phansi; wahamba waya nabuya, ngezinye izikhathi evimba ukukhanya kwenyanga. "Ake ngibone; usugule izinsuku ezingamashumi amabili nane, akunjalo?"

"Yebo, mnumzane."

"Ngiyacela yenza i isisu ukuzivocavoca Mina babe wafundisa wena."

"Ukube ubuwazi ubukhulu bokuhlupheka kwami, Nkosi, ubungeke ungicele ukuthi ngizivocavoce." Noma kunjalo ngenza umzamo omncane wokumlalela.

"Uthi unesihlungu; mina ngithi awunaso. Kungenzeka kanjani ukuthi kube nokuphikisana okunjalo?" Umfundisi wami wangibheka ebuza.

Ngashaqeka futhi nganqotshwa impumuzo ejabulisayo. Ngangingasakwazi ukuzwa ukuhlupheka okuqhubekayo okwakungigcine ngicishe ngingalali amasonto amaningi; ngamazwi kaSri Yukteswar ubuhlungu banyamalala sengathi abukaze bube khona.

Mina kwaqala ku- guqa ngamadolo ku- yakhe izinyawo ku ukubonga, kodwa yena ngokushesha kuvinjelwe mina.

"Ungabi ngumntwana. Vuka ujabulele ubuhle benyanga phezu kweGanges." Kodwa amehlo kaMaster ayekhanya ngenjabulo njengoba ngangimi ngithule eceleni kwakhe. Ngaqonda ngesimo sakhe sengqondo ukuthi wayefuna ngizizwe sengathi akuyena yena, kodwa uNkulunkulu, owayenguMphilisi.

Ngisho namanje ngigqoka ibhengele lesiliva elisindayo nelethusi, okuyisikhumbuzo salolo suku oludlule, oluhlala luthandwa—lapho ngithola kabusha ukuthi ngihlala nomuntu onamandla angaphezu kwawemvelo ngempela. Kamuva, lapho ngiletha abangani bami eSri Yukteswar ukuze baphulukiswe, wayengincoma njalo.

amagugu noma i ibhengele, ukudumisa yabo sebenzisa njengoba i isenzo kwe izinkanyezi ukuhlakanipha.

Bengilokhu ngibandlulula ngezinkanyezi kusukela ebuntwaneni bami, ngokwengxenywe ngoba ngibonile ukuthi abantu abaningi banamathele kuzo ngokwehlukana, futhi ngokwengxenywe ngenxa yesibikezelo esenziwe yisazi sezinkanyezi somndeni wethu: "Uzoshada kathathu, ungumuntu ophindwe kabili ongumfelokazi." Ngacabanga ngale ndaba, uzizwa njengembuzi elinde umhlatshele phambi kwethempeli lomshado kathathu.

"Kungcono uvume isiphetho sakho," kusho umfowethu u-Ananta. "I-horoscope yakho ebhaliwe isho ngokunembile ukuthi uzondiza usuka ekhaya uye eHimalaya usemusha, kodwa uzobuyiselwa ngenkani. Isibikezelo semishado yakho naso sizoba yiqiniso."

Ngobunye ubusuku ngazizwa nginomuzwa ocacile wokuthi lesi siprofetho sasingamanga nhlobo. Ngashisa umqulu wezinkanyezi, ngabeka umlotha esikhwameni sephepha engangibhale kuso: "Imbewu ye-karma edlule ayinakuhluma uma ithosiwe emlilweni wokuhlakanipha waphezulu." Ngabeka isikhwama endaweni ecacile; u-Ananta wafunda ngokushesha ukuphawula kwami okuphikisayo.

"Awukwazi ukubhubhisa iqiniso kalula njengoba ushise lo mqulu wephepha." Umfowethu wahleka ngokudelela.

Kuyiqiniso ukuthi kathathu ngaphambi kokuba ngibe yindoda, umndeni wami wazama ukuhlela umshado wami. Isikhathi ngasinye lapho ngenqaba ukuhambisana nalezi zinhlelo, ngineminyaka **engu-16-3**, ukwazi ukuthi uthando lwami ngoNkulunkulu lwalungaphezu kwamandla kunanoma yikuphi ukuncenga kwezinkanyezi kwangesikhathi esidlule.

"Lapho umuntu ejula ekuzaziseni, kulapho ethonya khona yonke indawo ngokudlidliza kwakhe okungokomoya okucashile, futhi kulapho yena ngokwakhe ethinteka kancane yilokhu kushintsha okumangalisayo." La mazwi kaMaster ayevame ukubuyela engqondweni yami ngendlela ekhuthazayo.

Ngezinye izikhathi ngangitshela izazi zezinkanyezi ukuthi zikhethe izikhathi zami ezimbi kakhulu, ngokwezinkomba zeplanethi, kanye Bengisazoqhubeka ngifeze noma yimuphi umsebenzi engizibekela wona. Kuyiqiniso ukuthi impumelelo yami ngezikhathi ezinjalo iye yaba kuhambisane nobunzima obungavamile. Kodwa ukuqiniseka kwami bekulokhu kunesizathu: ukholo esivikelweni saphezulu, kanye nokusetshenziswa okufanele kwentando yomuntu evela kuNkulunkulu, kungamandla amakhulu ngaphezu kwanoma yiliphi "isitsha esiphendukezelwe" esingaliqoqa.

Umbhalo ogcwele izinkanyezi lapho umuntu ezalwa, ngaqonda ukuthi akukhona

ukuthi umuntu uyipopi yesikhathi sakhe esidlule. Umyalezo wawo uyisisusa sokuziqhenya; wona kanye amazulu afuna ukuvusa ukuzimisela komuntu ukukhululeka kuyo yonke imingcele. UNkulunkulu wadala umuntu ngamunye njengomphefumulo, enikwe ubuntu, ngakho-ke kubalulekile esakhiweni sendawo yonke, kungakhathaliseki ukuthi kuyindima yesikhashana yensika noma i-parasite. Inkululeko yakhe iphelele futhi ishesha, uma ethanda; ayixhomekile ekunqobeni kwangaphandle kodwa kwangaphakathi.

USri Yukteswar wathola ukusetshenziswa kwezibalo komjikelezo we-equinoctial weminyaka engu-24,000 enkathini yethu yamanje • Lo mjikelezo uhlukaniswe waba yi-Ascending Arc kanye ne-Descending Arc, ngayinye ineminyaka engu-12,000. Ngaphakathi kwe-Arc ngayinye kuwa *ama-Yuga* noma ama-Ages amane, abizwa ngokuthi *i-Kali* , *i-Dwapara* , *i-Treta* , kanye ne *-Satya* , ahambisana nemibono yamaGreki ye-Iron, i-Bronze, i-Silver, kanye ne-Golden Ages.

Isazi sami sanguma ngezibalo ezahlukahlukeni ukuthi *iKali Yuga yokugcina* noma iNkathi Yensimbi, ye-Ascending Arc, yaqala cishe ngo-AD 500. INkathi Yensimbi, eyathatha iminyaka engu-1200, iyisikhathi sokuthanda izinto ezibonakalayo; yaphela cishe ngo-AD 1700. Lowo nyaka wangenisa *iDwapara Yuga*, isikhathi seminyaka engu-2400 sokusetshenziswa kukagesi. Kanye nentuthuko yamandla e-athomu, isikhathi se-telegraph, umsakazo, izindiza, kanye nezinye izinto ezibhubhisa umkhathi.

Isikhathi seminyaka engu-3600 *seTreta Yuga* sizoqala ngo-AD 4100; isikhathi saso sizophawulwa ulwazi oluvamile lokuxhumana nge-telepathic kanye nezinye izinto ezibhubhisa isikhathi. Phakathi neminyaka engu-4800 yeSatya *Yuga*, isikhathi sokugcina endaweni ekhuphukayo, ukuhlakanipha komuntu kuzothuthukiswa ngokuphelele; uzosebenza ngokuvumelana nohlelo lwaphezulu.

Umjikelezo wokwehla weminyaka eyi-12,000, uqala ngeNkathi Yegolide ehlayo yeminyaka engu-4800, bese uqala **ngeminyaka eyi-16-5** emhlabeni; umuntu kancane kancane ucwila ekungazini. Le mijikelezo iyimijikelezo yaphakade ye- *maya*, umehluko kanye nokuhlobana kwendawo yonke emangalisayo. **16-6** Umuntu, ngamunye ngamunye, uphunyuka ejele lendalo lokubumbana njengoba evuka eqaphela ubunye bakhe obungenakwehlukaniswa noMdali.

UMaster wakhulisa ukuqonda kwami hhayi nje kuphela ngezinkanyezi kodwa nangemibhalo yezwe. Ebeka imibhalo engcwele etafuleni elicwengekileyo lengqondo yakhe, wakwazi ukuyisika nge-scalpel ka ukucabanga okunengqondo, kanye nokuhlukanisa amaphutha kanye nokuhlanganiswa kwezazi emaqinisweni njengoba kwavezwa abaprofethi ekuqaleni.

"Lungisa umbono wakho ekugcineni kwekhala." Lokhu kuhumusha okunganembile kwesigaba *seBhagavad Gita*, **16-7** yamukelwa kabanzi ochwepheshe baseMpumalanga nabahumushi baseNtshonalanga, isetshenziswa ukuvusa ukugxekwa kweMaster.

"Indlela ye-yogi iyingqayizivele impela," ephawula. "Kungani kufanele simluleke ukuthi naye kumele azenze abhekane namehlo? Incazelo yangempela ye - *nasikagram* 'imvelaphi yekhala, hhayi 'ukuphela kwekhala.' Ikhala liqala endaweni ephakathi kwamashiya amabili, isihlalo sokubona okungokomoya." **16-8** Ngenxa ye*Sankhya eyodwa* **16-9** ukusho amagama alula, " *Iswar-ashidha* ,"-"INkosi Yendalo ayinakutholakala" noma "UNKulunkulu akafakazelwa," **16-10** -izazi eziningi zibiza yonke ifilosofi ngokuthi i-atheism.

"Leli vesi alilona iqiniso," kuchaza uSri Yukteswar. "Limane nje lisho ukuthi kumuntu ongakakhanyiselwa, oncike ezinzwa zakhe kuzo zonke izahlulelo zokugcina, ubufakazi bukaNkulunkulu kumelwe buhlale bungaziwa futhi ngenxa yalokho bungabi khona. Abalandeli beqiniso *beSankhya*, abanokuqonda

okungenakunyakaziswa okuzalwa ukuzindla, bayaqonda ukuthi iNkosi ikhona futhi iyaziwayo."

UMfundisi wachaza iBhayibheli lobuKristu ngendlela ecacile necacile. Kwakuyimfundiso yami yobuHindu, engaziwa ngabantu ababizwa ngokuthi amalungu obuKristu, lapho ngafunda khona ukuqonda umongo weBhayibheli ongenakufa, nokuqonda iqiniso elisesisho sikaKristu—ngokuqinisekile esingenakuguquka esivusa amadlingozi kunazo zonke ezake zashiwo: "Izulu nomhlaba kuzodlula, kodwa amazwi ami awasoze adlula."

11 -16

Amakhosi amakhulu aseNdiya abumba izimpilo zawo ngezimiso ezifanayo nezikaNkulunkulu ezashukumisa uJesu; laba bantu bayizihlobo zakhe ezimenyezwe: "Noma ngubani owenza intando kaBaba osezulwini, nguyena

lowo ungumfowethu, udadewethu, nomama." **16-12** "Uma nihlala ezwini lami," kusho uKristu, "ningabafundi bami isibili; niyolazi iqiniso, neqiniso liyonikhulula." **16-13** Bonke abantu abakhululekile, amakhosi abo, ama-Yogi-Christ's aseNdiya bayingxenye yobuzalwane obungafi: labo abathole ulwazi olukhululayo ngoBaba Oyedwa.

"Indaba ka-Adamu no-Eva ayiqondakali kimi!" Ngabona ngokushisa okukhulu ngolunye usuku ekulweni kwami kokuqala nale nganekwane. "Kungani uNkulunkulu engajezisanga nje kuphela umbhangqwana onecala, kodwa nezizukulwane ezingenacala ezingakazalwa?"

UMfundisi wayejabule kakhulu ngokuphikelela kwami kunokungabi nalwazi kwami. " *UGenesise* ungokomfanekiso ojulile, futhi awunakuqondwa ngencazelo engokoqobo," echaza. "'Umuthi wokuphila' wawo umzimba womuntu. Umgogodla ufana nomuthi ophendukile, onezinwele zomuntu njengezimpende zawo, kanye nemizwa ehambisanayo neyakhayo njengamagatsha. Umuthi wesimiso sezinza uthela izithelo eziningi ezijabulisayo, noma imizwa yokubona, umsindo, iphunga, ukunambitha, kanye nokuthinta. Kulokhu, umuntu angazitika ngokufanele; kodwa wenqatshelwe ukuzwa ucansi, 'i-apula' enkabeni yensimu yomzimba. **16-14**

"Inyoka" imelela amandla omgogodla ahlanganisiwe avuselela imizwa yobulili. U-'Adamu' ukuhlakanipha, kanti u-'Eva' unomuzwa. Lapho imizwa noma ukuqaphela kuka-Eva kunoma yimuphi umuntu kunqotshwa yisifiso sobulili, ukucabanga kwakhe noma u-Adamu naye uyanqotshwa. **16-15**

"UNkulunkulu wadala uhlobo lwabantu ngokuguqula imizimba yowesilisa nowesifazane ngamandla entando Yakhe; Wanika uhlobo olusha amandla okudala abantwana ngendlela efanayo." 'okumsulwa' noma indlela yaphezulu. **16-16** Ngenxa yokuthi ukubonakala Kwakhe emphefumulweni ozimele kuze kube manje kwakulinganiselwe ezilwaneni, ziboshwe ngokomzwelo futhi zingenazo izimfanelo zokucabanga okugcwele, uNkulunkulu wenza imizimba yokuqala yabantu, ebizwa ngokomfanekiso ngokuthi u-Adamu no-Eva. Kulezi, ukuze athuthukise intuthuko, wadlulisela imiphefumulo noma ingqikithi yaphezulu yezilwane ezimbili. **16-17** Ku-Adamu noma kumuntu, ingqondo yayibusa; ku-Eva noma kowesifazane, imizwa yayiphakama. Ngakho-ke kwavezwa ububili noma ukwahlukana okuyisisekelo semihlaba emangalisayo. Ingqondo nomuzwa kuhlala ku- izulu lenjabulo yokubambisana uma nje ingqondo yomuntu ingakhohliswa amandla enyoka okuthambekela kwezilwane.

"Ngakho-ke umzimba womuntu awuzange ube umphumela wokuziphendukela kwemvelo okuvela ezilwaneni kuphela, kodwa wadalwa ngesenzo sokudalwa okukhethekile nguNkulunkulu. Izinhlobo zezilwane zazingcolile kakhulu ukuba ziveze ubuNkulunkulu obuphelele; umuntu wayenikezwe ngendlela ekhethekile

ikhono elikhulu lengqondo - 'i-lotus enamacembe ayinkulungwane' izikhungo zemilingo zobuchopho kanye nezivukile emgogodleni.

"UNkulunkulu, noma ukuQaphela Kwaphezulu okukhona phakathi kwabantu ababili bokuqala abadaliwe, wabayala ukuba bajabulele yonke imizwa yabantu, kodwa bangagxili emizweni yokuthinta." **16-18** Lokhu kwavinjelwa ukuze kugwenywe ukuthuthukiswa kwezitho zobulili, okwakuzothinta isintu ngendlela yokuzala yezilwane ephansi. Isixwayiso sokungavuseleli izinkumbulo zezilwane ezikhona ngokungazi asizange silalelwe. Beqala kabusha indlela yokuzala okunonya, u-Adamu no-Eva bawa esimweni senjabulo yasezulwini yemvelo baya kumuntu ophelele wokuqala.

"Ulwazi" kwe 'kuhle futhi ububi' kubhekisela ku- i indawo yonke okunezinhlangothi ezimbili ukuphoqeelwa. Ukuwa ngaphansi i ukushukuma kwe

Ngokusebenzisa kabi imizwa yakhe nokucabanga kwakhe, noma u –Eva—no-Adamu —ukuqaphela, umuntu udela ilungelo lakhe lokungena ensimini yasezulwini yokwaneliseka kwaphezulu. Umthwalo wemfanelo womuntu ngamunye uwukubuyisela 'abazali' bakhe noma imvelo yakhe ekabili ekuvumelaneni okuhlangene noma e-Edene.

Njengoba uSri Yukteswar ephetha inkulumo yakhe, ngabheka ngenhlonipho

entsha amakhasi *kaGenesise* . "Nkosi Ethandekayo," ngathi, "ngokokuqala ngqa

.....
ngizizwa nginesibopho esifanele sokunakekela u-Adamu no-Eva!"

16-1 : Kusukela izinkanyezi izinkomba ku yasendulo IsiHindu imibhalo engcwele, izazi babe ube uyakwazi ku- kahle qinisekisa i izinsuku zabalobi. Ulwazi lwesayensi ngama-rishi lwalulukhulu kakhulu; ku- *Kaushitaki Brahmana* sithola izinkanyezi ezinembile izindima okuyinto umbukiso lokho ku 3100 BC i AmaHindu babe kude okuthuthukile ku isayensi yezinkanyezi, okuyinto wayenayo a ukubaluleka okusebenzayo ekunqumeni izikhathi ezinhle zemikhosi yezinkanyezi. Esihlokwani esise- *East-West* , ngoFebhuwari, 1934, kunikezwe isifinyezo esilandelayo nge- *Jyotish noma umzimba wezincwadi zezinkanyezi ze-Vedic: "Iqukethe ulwazi lwesayensi olwagcina i-India iphambili kuzo zonke izizwe zasendulo futhi yayenza indawo yabafuna ulwazi. I -Brahmagupta yasendulo impela , eyodwa kwe i -Jyotish imisebenzi, kuyinto i izinkanyezi incwadi emfushane ukuthengiselana nge okunjalo izindaba njengoba i i-heliocentric ukunyakaza kwe i amaplanethi imizimba ku yethu ilanga uhlelo, i ukungazi kwe i i-ecliptic, i komhlaba i-spherical ifomu, i kuboniswe ukukhanya kwenyanga, ukuguquka komhlaba kwansuku zonke, ukuba khona kwezinkanyezi ezimile ku-Milky Way, umthetho wamandla adonsela phansi, kanye namanye amaqiniso esayensi angazange avele ezweni laseNtshonalanga kwaze kwaba yisikhathi sikaCopernicus noNewton.*

It kuyinto manje owaziwayo lokho i okuthiwa "Isi-Arabhu izinombolo," ngaphandle obani izimpawu okuthuthukile izibalo kuyinto kunzima, kwafika eYurophu ngekhulu lesi-9, ngama-Arabhu, evela eNdiya, lapho lolo hlelo lokubhala lwaluhlelwe khona kudala. Ngaphezu kwalokho ukukhanya kuvuliwe i-India enkulu kwesayensi ifa intando yiba kutholakale ku UDkt. P. C. URay's *Umlando Of IsiHindu I-Chemistry* , kanye nasencwadini kaDkt. BN Seal ethi *Positive . Sciences Of The Ancient Hindus*

16-2 : I isibusiso okuyinto ukugeleza kusukela i nje ukubona kwe a ongcwele.

16-3 : Okukodwa kwe i amantombazane ubani yami umndeni kukhethiwe njengoba a kungenzeka umakoti ngoba mina, ngemva kwalokho oshadile yami umzala, UPrabhas Chandra Ghose.

16-4 : A uchungechunge kwe ishumi nantathu izihloko kuvuliwe i umlando ukuqinisekiswa kwe IsiSri I-Yukteswar's *I-Yuga* inkolelo-mbono kwavela ku i umagazini

Empumalanga-Ntshonalanga (ILos e-Angeles) kusukela uSepthemba,

.1932, ku- uSepthemba, 1933. 16-5: Ngonyaka ka-AD 12,500

16-6 : I IsiHindu imibhalo engcwele indawo i samanjanke inkathi yomhlaba njengoba okwenzekayo ngaphakathi i *I-Kali I-Yuga* kwe a okuningi isikhathi eside jikelele umjikelezo kunomjikelezo olula weminyaka engu-24,000 wokulingana nokulingana uSri Yukteswar ayekhathazekile ngawo. Umjikelezo wendawo yonke wemibhalo engcwele uyiminyaka engu-4,300,560,000 ngobukhulu, futhi ulinganisa usuku lokudalwa noma ubude bokuphila obelwe iplanethi yethu. uhlelo ku yayo samanjanke ifomu. Lokhu enkulu isithombe okunikeziwe ngu i ama-rishi kuyinto okusekelwe kuvuliwe a ubudlelwano phakathi i ubude yonyaka welanga kanye ne-multiple ye-Pi (3.1416, isilinganiso sesiyingi nobubanzi besiyingi).

I impilo ububanzi ngoba a konke indawo yonke, ngokusho ku- i yasendulo ababoni, kuyinto 314,159,000,000,000 ilanga ". iminyaka, noma "Oyedwa Ubudala kaBrahma

Ososayensi isilinganiso i samanjanke ubudala kwe i umhlaba ku- yiba mayelana ezimbili ibhiliyoni iminyaka, isisekelo yabo iziphetho kuvuliwe a cwaningo kwe amaphakethe e-lead kwesobunxele njengoba a umphumela kwe ukusebenza kwe-

radioactivity ku amatshe. I IsiHindu imibhalo engcwele memezela lokho i umhlaba okunjalo njengoba eyethu kuyinto kuncibilikisiwe okukodwa kwe ezimbili izizathu: i izakhamuzi njengoba a konke iba noma yikuphi ngokuphelele kuhle noma ngokuphelele ububi. I ingqondo yomhlaba ngaleyo ndlela kukhiqiza amandla akhulula ama-athomu abanjwe .ndawonye njengomhlaba

I-Dire izimemezelo kukhona ngezikhathi ezithile kushicilelwe mayelana i okuseduze "ukuphela" kwe i umhlaba." I okwakamuva ukubikezela kwe Isijeziso sanikezwa nguMfundisi uChas. G. Long wasePasadena, owabeka obala "uSuku Lokwahlulela" ngoSeptemba 21, 1945. Izintatheli ze -*United Press* zabuza umbono wami; Ngachaza ukuthi imijikelezo yomhlaba ilandela inqubekela phambili ehlelekile ngokwecebo laphezulu. Akukho ukubhujiswa komhlaba okubonakalayo; iminyaka eyizigidigidi ezimbili yemijikelezo ye-equinoctial yokwenyuka nokwehla isalindelwe iplanethi yethu ngesimo sayo samanje. Izibalo ezinikezwe ama-rishis zezikhathi ezahlukenene zomhlaba zifanelwe ukufundwa ngokucophelela ".eNtshonalanga; umagazini i- *Time* (Disemba 17, 1945, k. 6) wazibiza ngokuthi "izibalo eziqinisekisiyo

16-8 : "I- ukukhanya kwe i umzimba kuyinto i iso: ngakho-ke nini eyakho iso kuyinto ongashadile, yakho konke umzimba futhi kuyinto egcwele kwe ukukhanya; kodwa lapho okwakho iso kuyinto ububi, yakho umzimba futhi kuyinto egcwele kwe ubumnyama. Thatha lalela ngakho-ke lokho i ukukhanya okuyinto kuyinto ku wena yiba hhayi ubumnyama."— *Luka* 11:34-35.

16-9 : Okukodwa kwe i eziyisithupha izinhlelo kwe IsiHindu ifilosofi. *I-Sankhya* ufundisa okokugcina ukukhululwa ngokusebenzisa ulwazi kwe izimiso ezingamashumi amabili nanhlanu, eziqala nge *-prakriti* noma imvelo bese ziphela nge- *purusha* noma umphefumulo.

16-10 : *I-Sankhya Ama-aphorism* ,

I:92. 16-11: *Mathewu* 24:35.

16-12 : *UMathewu* 12:50.

16-13 : *Johane* 8:31-32. UJohane oNgcwele wafakaza: "Kepha bonke abamamukelayo wabapha amandla okuba ngabantwana bakaNkulunkulu, ngisho ku- bona lokho kholwa kuvuliwe yakhe igama (okulinganayo ku- bona I-WHO kukhona kusungulwe ku i uKristu "Ukuqonda")." - *UJohn* 1:12.

16-14 : "Thina kungenzeka dla kwe i isithelo kwe i izihlahla kwe i ingadi: kodwa kwe i isithelo kwe i isihlahla okuyinto kuyinto ku i phakathi kwe i "Ensimini, uNkulunkulu ushilo ukuthi, 'Ningadli kuyo, futhi ningayithinti, funa nife.'"— *Genesise* 3:2-3.

16-15 : "I- owesifazane ubani wena i-givest ku- yiba nge mina, yena wanikeza mina kwe i umuthi, futhi Mina wenza dla. I owesifazane wathi, Inyoka yangikhohlisa, ngadla."— *Gen* . 3:12-13.

16-16 : "Ngakho-ke UNkulunkulu kudalwe indoda ku yakhe eyakho isithombe, ku i isithombe kwe UNkulunkulu kudalwe yena yena; owesilisa futhi owesifazane kudalwe yena futhi UNkulunkulu ubusisiwe bona, futhi UNkulunkulu kusho ku- bona, Yiba -thelayo futhi phindaphinda, futhi gwalisa kabusha i umhlaba, futhi thoba "- *Gen* . 1:27-28.

16-17 : "Futhi i Nkosi UNkulunkulu kwakhiwa indoda kwe i uthuli kwe i phansi, futhi ukuphefumula ku- yakhe impumulo i ukuphefumula kwe impilo; umuntu waba ngumphefumulo ophilayo."— *Gen* . 2:7.

16-18 : "Manje i inyoka (ucansi amandla) kwakuyi Okuningi i-subtil kunokuba noma yikuphi isilo kwe i insimu" (noma yikuphi okunye umuzwa kwe i umzimba).- *Gen* . 3:1.

16-19 : "UJehova uNkulunkulu watshala insimu e-Edene ngasempumalanga; wambeka lapho umuntu amenzileyo."- *Gen*. 2:8. "Ngakho-ke uJehova uNkulunkulu wamkipha ensimini yase-Edene ukuba alime umhlabathi athathwe kuwo."- *Gen*. 3:23. Umuntu waphezulu owadalwa nguNkulunkulu okokuqala wayenokuqonda kwakhe okugxile esweni elilodwa elinamandla onke ebunzini. (ngasempumalanga). I okudala konke amandla kwe yakhe intando, ukugxila ku- lokho indawo, babe ulahlekile ku- indoda nini yena kwaqala ku- "till" umhlabathi" wemvelo yakhe engokwenyama.

ISIAHLUKO: 17

I-Sasi Futhi I Okuthathu Ama-sapphires

"Ngoba wena futhi yami indodana cabanga ngakho-ke kakhulu kwe IsiSwami IsiSri

Yukteswar, Mina intando thatha a ukubukeka ku- yena." I

Iphimbo lezwi elisetshenziswe nguDkt. Narayan Chunder Roy lalisikisela ukuthi wayehlekisa ngemicabango yokungaqondi kahle. Ngafihla intukuthelo yami, ngamasiko amahle kakhulu omuntu oququkele ebuJudeeni.

Umngane wami, udokotela wezilwane, wayengumuntu okholelwa ukuthi uNkulunkulu akaziwa. Indodana yakhe encane uSantosh yayingincengile ukuba ngibe nesithakazelo kuyise. Kuze kube manje usizo lwami oluyigugu belulokhu lubonakala kancane.

UDkt. Roy wangiphelezela ngosuku olulandelayo saya eSerampore hermitage. Ngemva kokuba uMaster esemnike ingxoxo emfushane, eyayiphawulwe kakhulu ukuthula okuqinile kuzo zombili izinhlangothi, isivakashi sahamba ngokuxhamazela.

"Kungani ngilethe umuntu ofile e-ashram?" USri Yukteswar wangibheka ngokubuza ngokushesha nje lapho umnyango usuvaliwe kumuntu ongabazayo waseCalcutta.

"Mnumzane! Udokotela uyaphila

impela!" "Kodwa ku a okufushane

isikhathi yena intando yiba ufile."

Ngashaqeka. "Mnumzane, lokhu kuzoba yinhlekelele enkulu endodaneni yakhe. USantosh kodwa unethemba lokuthi uzosithola isikhathi sokushintsha imibono kayise yokuthanda izinto ezibonakalayo. Ngiyakuncenga, Nkosi, ukuthi usize le ndoda."

"Kulungile; ngenxa yakho." Ubuso bukathisha wami babungenandaba. "Udokotela wehashi oziqhenyayo usephelile kakhulu ngenxa yesifo sikashukela, nakuba engazi. Ezinsukwini eziyishumi nanhlanu uzolala embhedeni wakhe. Odokotela bazomnikela ngokuthi ulahlekile; isikhathi sakhe semvelo sokuhamba kulo mhlaba singamaviki ayisithupha kusukela namuhla. Nokho, ngenxa yokuncenga kwakho, ngalolo suku uzolulama. Kodwa kunombandela owodwa. Kufanele umenze agqoke ibhengele lezinkanyezi; ngokungangabazeki uzomelana ngobudlova njengenyeye yamahashi akhe ngaphambi kokuhlinzwa!" INkosi yahleka.

Ngemva kokuthula, lapho ngangizibuza khona ukuthi mina noSantosh singayisebenzisa kanjani kangcono indlela yokukhohlisa udokotela ohlubukayo, uSri Yukteswar wadalula okunye.

"Lapho nje indoda isilulama, yitshale ukuthi ingadli inyama. Nokho, ngeke ilalele lesi seluleko, futhi ezinyangeni eziyisithupha, njengoba nje izizwa ingcono kakhulu, izowa ife. Ngisho naleyo nyanga eyisithupha." Uzonikezwa isikhathi sokuphila ngenxa yesicelo sakho kuphela."

Ngosuku olulandelayo ngasikisela kuSantosh ukuthi a-ode i-armlet kwabathengisi

bezinto zokuhloba. Yayisilungile ngemva kwesonto, kodwa uDkt. Roy wenqaba ukuyigqoka.

"Ngiphilile kahle. Awusoze wangihlaba umxhwele ngalezi zinkolelo-ze zezinkanyezi." Udokotela wangibheka ngentukuthelo.

Ngakhumbula ngokujabula ukuthi uMfundisi wayeqhathanise indoda nehhashi elinoboya obude. Kwadlula ezinye izinsuku eziyisikhombisa; udokotela, egula ngokuzumayo, wavuma ngokuthobeka ukugqoka ibhengele. Ngemva kwamasonto amabili udokotela owayekhona wangitshela ukuthi udaba lwesiguli sakhe lwalungenathemba. Wanikeza imininingwane eshaqisayo ngomonakalo obangelwe yisifo sikashukela.

Mina ukuthuthumela yami ikhanda. "Okwami uchwepheshe ine kusho ukuthi, ngemva a ukugula okuhlala isikhathi eside eyodwa inyanga, UDkt. Roy intando yiba kahle."

Udokotela wangibheka ngokungakhohla. Kodwa wangifuna ngemva kwamasono amabili, exolisa.

"UDkt. Roy useluleme ngokuphelele!" esho ememeza. "Yindaba emangalisayo kakhulu engike ngayibona. Angikaze ngibone indoda efayo ibuya ngendlela engaqondakali kangaka. Isazi sakho kumelwe ukuba ngempela singumprofethi ophulukisayo!"

Ngemva kokuxoxisana noDkt. Roy, lapho ngaphinda khona iseluleko sikaSri Yukteswar mayelana nokudla okungenanyama, angiphindanga ngambona lo mlisa izinyanga eziyisithupha. Wama ukuze sixoxe ngolunye usuku kusihlwa njengoba ngangihleli e-piazza yomndeni wami eGurpar Road.

"Tshela uthisha wakho ukuthi ngokudla inyama njalo, ngithole amandla ami ngokuphelele. Imibono yakhe engeyona eyesayensi ngokudla ayingithonyanga." Kwakuyiqiniso ukuthi uDkt. Roy wayebukeka enempilo .

Kodwa ngosuku olulandelayo uSantosh weza kimi egijima evela ekhaya lakhe ebhulokini elilandelayo. "Namuhla ekuseni ubaba ushone!"

Leli cala lalingenye yezinto engizibonile ezingavamile ngoMaster. Waphulukisa udokotela wezilwane ohlubukayo naphezu kokungakhohla kwakhe, futhi wandisa isikhathi semvelo sale ndoda emhlabeni ngezinyanga eziyisithupha, ngenxa nje yokunxusa kwami okugotho. USri Yukteswar wayengenamingcele ngomusa wakhe lapho ubhekene nomthandazo ophuthumayo womuntu ozinikele.

Kwakuyilungelo lami elikhulu ukuzoletha abangane basekolishi ukuzohlalana nomfundisi wami. Abanengi babo babezobeka eceleni—okungenani begqoke i-ashram!—ingubo yabo yezemfundo yemfashini yokungabaza inkolo.

Omunye wabangane bami, uSasi, uchithe izimpelasonto eziningi ezimnandi eSerampore. UMaster waqala ukumthanda kakhulu lo mfana, futhi wakhala ngokuthi impilo yakhe yangasese yayingahlelekile futhi ingahlelekile.

"Sasi, ngaphandle kokuthi uguquke, ngonyaka olandelayo uzogula kakhulu." USri Yukteswar wabuka umngane wami ngokucasuka kothando. "UMukunda ungufakazi: ungasho kamuva ukuthi angikuxwayisanga ."

USasi wahleka. "Nkosi, ngizokushiya kuwe ukuthi uthande i-cosmos enhle ngenxa yami edabukisayo! Umoya wami uzimisele kodwa intando yami ibuthakathaka. Ungukuphela komsindisi wami emhlabeni; angikholelwa kwenye into ."

"Ngesikhathi okungenani wena kufanele ukugqoka a ama-carat amabili okwesibhakabhaka isafire. It intando Usizo wena."

"Mina angikwazi ukukhokhela eyodwa. Noma kunjalo, sithandwa guruji, uma inkathazo kuza, Mina ngokugcwele kholwa wena intando vikela mina."

"Ngesikhathi sonyaka uzoletha ama-sapphire amathathu," kuphendula uSri Yukteswar ngokungaqondakali. "Ngeke abe usizo ngaleso sikhathi."

Ukushintshashintsha kwale ngxoxo kwenzeka njalo. "Angikwazi ukuguqula izinto!" USasi wayesho ngokuphelelwa yithemba okuhlekisayo. "Futhi ukuthemba kwami kuwe, Nkosi, kuyigugu kimi kunanoma yiliphi itshe!"

Ngemva konyaka ngangivakashele umfundisi wami eCalcutta emzini womfundi wakhe, uNaren Babu. Cishe ngehora leshumi ekuseni, njengoba mina noSri Yukteswar sasihleli buthule egumbini lokuhlala elisesitezi sesibili, ngezwa umnyango wangaphambili uvuleka. UMaster waqonda ngqo.

"NguSasi lowo," ephawula ngokujulile. "Unyaka usuphelile manje; amaphaphu akhe womabili aphelile. Usinakile iseluleko sami; mtshele ukuthi angifuni ukumbona."

Ngimangazwe ukuqina kukaSri Yukteswar, ngagijima ngehla ngezitebhisi.

USasi wayekhuphuka. "O Mukunda! Ngiyethemba ukuthi uMaster ulapha;

benginomuzwa wokuthi kungenzeka ukuthi ukhona."

"Yebo, kodwa yena akwenzi isifiso ku- yiba uphazamisekile.

USasi waqhuma izinyembezi wadlula ngakimi. Waziphonsa ezinyaweni zikaSri Yukteswar, wabeka khona amasafire amathathu amahle.

"Sazi konke, odokotela bathi nginesifo sofuba esigijimayo! Abanginiki isikhathi esingaphezu kwezinyanga ezintathu! Ngicela usizo lwakho ngokuthobeka; ngiyazi ukuthi ungangiphilisa!"

"Akusephuzile yini manje ukukhathazeka ngempilo yakho? Hamba namagugu akho; isikhathi sabo sokusebenziseka sesidlulile." UMaster wabe esehlala njengo-sphinx ethule, ephazanyiswa ukukhala komfana ecela isihe.

Ngafikelwa ukuqiniseka okunengqondo kokuthi uSri Yukteswar wayemane ehlola ukujula kokholo lukaSasi emandleni okuphulukisa aphezulu. Angimangalanga ngemva kwehora elinzima lapho uMaster ebheka umngane wami ogobile ngozwela.

"Vuka, Sasi; yeka isiyaluyalu osenzayo ezindlini zabanye abantu! Buyisela amasafire akho kubacwebi bobucwebe; manje sekuyizindleko ezingadingekile. Kodwa thatha ibhengele lezinkanyezi uligqoke. Ungesabi; emavikini ambalwa uzobe usuphilile."

Ukumamatheka kukaSasi kwakhanyisa ubuso bakhe obugcwele izinyembezi njengelanga elizumayo phezu kwendawo emanzi. "Mfundisi othandekayo, kufanele ngithathe imithi engiyinikezwe odokotela?"

Ukubuka kukaSri Yukteswar kwakukude. "Njengoba nje ufisa - ziphuze noma uzilahle; ziyakwenza lokho." akunandaba. Kungenzeka kakhulu ukuthi ilanga

nenyanga zishintshane ngezikhundla zazo kunokuba wena ufe ngesifo sofuba."
Wanezela ngokuzumayo, "Hamba manje, ngaphambi kokuba ngishintshe umqondo wami!"

Ekhothame ngokucasuka, umngane wami wahamba ngokushesha. Ngamvakashela izikhathi eziningana emasontweni ambalwa alandela, futhi ngethuka ukuthola ukuthi isimo sakhe siya siba sibi kakhulu.

"Sasi ayikwazi okokugcina ngokusebenzisa i ebusuku." Lokhu amagama kusukela yakhe udokotela, futhi i umbukwane kwe yami

Umngane wami, owayesecishe abe yithambo, wangithumela eSerampore ngemuva kokushesha. Uchwepheshe wami walalela ngokunganaki umbiko wami ogcwele izinyembezi.

"Kungani yenza wena woza lapha ku- ukukhathazeka mina? Wena babe kakade wezwa mina qinisekisa I-Sasi kwe yakhe ukululama."

Ngakhothama phambi kwakhe ngokumangala okukhulu, ngabuyela emnyango. USri Yukteswar akazange asho lutho lokuhlukana, kodwa wathula, amehlo akhe angacwayizi evuleke ingxenye, umbono wabo wabaleka waya kwelinye izwe.

Ngabuyela ngokushesha emzini kaSasi eCalcutta. Ngamangala ngathola umngane wami ehleli phansi, ephuza ubisi.

"O Mukunda! Yeka isimangaliso! Emahoreni amane edlule ngizwe ubukhona bukaMaster ekamelweni; izimpawu zami ezimbi zanyamalala ngokushesha. Nginomuzwa wokuthi ngomusa wakhe ngiphilile ngokuphelele."

ambalwa uSasi wayesekhuluphele futhi enempilo engcono kunangaphambili. Kodwa okuyingqayizivele kwakhe Ukusabela kwakhe ekwelapheni kwakhe kwaba nokukhanya kokungabongi: wayengavamile ukuvakashela uSri Yukteswar futhi! Umngane wami wangitshela ngolunye usuku ukuthi wayezisola kakhulu ngendlela yakhe yokuphila yangaphambilini kangangokuthi wayenamahloni okubhekana noMaster.

Ngingaphetha ngokuthi ukugula kukaSasi kube nomphumela ohlukile wokuqinisa intando yakhe nokuphazamisa imikhuba yakhe.

Iminyaka emibili yokuqala yezifundo zami eScottish Church College yayisondela ekupheleni. Ukuya kwami ekilasini kwakungasheshi kakhulu; ukufunda okuncane engangikwenza kwakuwukugcina ukuthula nomndeni wami. Abafundisi bami ababili abazimele babeza njalo endlini yami; ngangingekho njalo: Ngingabona okungenani lokhu kuphindaphindeka emsebenzini wami wesikole!

ENdiya iminyaka emibili ephumelelayo yasekolishi iletha idiploma ye-Intermediate Arts; umfundi angase abheke phambili eminye iminyaka emibili kanye ne-AB degree yakhe.

Izivivinyo zokugcina ze-Intermediate Arts zaziseza ngendlela eyesabekayo. Ngabalekela ePuri, lapho uthisha wami ayechitha khona amasonto ambalwa. Nginethemba lokuthi uzongivumela ukuthi ngingaveli e- kowamanqamu, ngilandise ngokungakulungeli kwami okuhlazisayo.

Kodwa uMfundisi wamomotheka ngokududuzayo. "Uyilandele ngenhliziyo yonke imisebenzi yakho engokomoya, futhi awukwazi ukuyeka ukungawunaki umsebenzi

wakho wasekolishi. Zinikele ngenkuthalo ezincwadini zakho ngesonto elizayo: uzodlula osizini lwakho ngaphandle kokwehluleka."

Ngabuyela eCalcutta, ngicindezela ngokuqinile konke ukungabaza okunengqondo okwakuvela ngezikhathi ezithile ngokuhlekwa usulu okwethusayo. Ngibuka intaba yezincwadi etafuleni lami, ngazizwa njengomhambi olahlekile ehlane. Isikhathi eside sokuzindla sangilethela ugqozi olusindisa umsebenzi. Ukuvula ngayinye Ngingangifundanga incwadi ngokungahleliwe, ngafunda kuphela lawo makhasi ayevezwe kanjalo. Ngilandela le khosi amahora ayishumi nesishiyagalombili ngosuku isonto lonke, ngazibona nginelungelo lokweluleka zonke izizukulwane ezilandelayo ngobuciko bokufunda ngokuzikhandla.

Izinsuku ezalandela emahholo okuhlolwa zaziyesizathu senqubo yami eyayibonakala ingahlelekile. Ngadlula zonke izivivinyo, yize ngangingajabule neze. Ukuhalalisela kwabangane bami nomndeneni wami kwakuxubene kakhulu nokuphuma kocansi okubonisa ukumangala kwabo.

Ekubuyeni kwakhe ePuri, uSri Yukteswar wangimangaza kakhulu. "Izifundo zakho zaseCalcutta seziphelile manje. Ngizoqinisekisa ukuthi uqhubeka nomsebenzi wakho wokugcina weminyaka emibili eyunivesithi lapha eSerampore ."

Ngadideka. "Mnumzane, ayikho ikhosi yeBachelor of Arts kuleli dolobha." ISerampore College, okuyisikhungo sodwa semfundo ephakeme, yayinikeza ikhosi yeminyaka emibili kuphela ku-Intermediate Arts.

UMaster wamomotheka kabi. "Ngimdala kakhulu ukuthi ngingahamba ngiyoqoqa iminikelo yokusungula ikolishi le-AB. Ngicabanga ukuthi kuzodingeka ngihlele lolu daba ngomunye umuntu."

Ngemva kwezinyanga ezimbili uSolvazi Howells, umongameli weSerampore College, wamemezela obala ukuthi uphumelele ekuqoqeni imali eyanele yokunikeza izifundo zeminyaka emine. ISerampore College yaba yigatsha elihlangene neNyuvesi yaseCalcutta. Ngangingomunye wabafundi bokuqala ukubhalisa eSerampore njengomuntu ozongenela ukhetho lwe-AB.

"Guruji, yeka ukuthi unomusa kangakanani kimi! Bengilokhu ngilangazelela ukushiya iCalcutta ngibe seduze nawe nsuku zonke eSerampore. UProfesa Howells akaphuphi ukuthi unesikweletu esingakanani ngosizo lwakho oluthule!"

USri Yukteswar wangibheka ngobukhali bokuzenzisa. "Manje ngeke kudingeke uchithe amahora amaningi kangaka ezitimeleni; yeka isikhathi esiningi samahhala sezifundo zakho! Mhlawumbe ngeke ube ngumuntu ofunda ngomzuzu wokugcina kodwa uzoba yisifundiswa kakhulu." Kodwa ngandlela-thile iphimbo lakhe lalingenakho ukuqiniseka.

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17-1 : Ku- 1936 Mina wezwa kusukela a umngane lokho I-Sasi kwakuyi namanje ku kuhle kakhulu impilo.

A AmaMohammed Isisebenzi Sezimangaliso

"Eminyakeni edlule, khona kanye kuleli gumbi ohlala kulo manje, isisebenzi sezimangaliso samaMohammed senza izimangaliso ezine phambi kwami!"

IsiSri Yukteswar kwenziwe lokhu kuyamangaza isitatimende ngesikhathi yakhe kuqala vakashela ku- yami okusha amakota.

Ngemva nje kokungena eSerampore College, ngangithole igumbi endlini yokuhlala eseduze, ebizwa ngokuthi *iPanthi*. Kwakuyindlu enkulu eyakhiwe ngezitini yakudala, iphambi kweGanges.

"Nkosi, yeka ukuthi kwenzeke ngengozi! Ingabe lezi zindonga ezisanda kuhlotshiswa zindala ngempela futhi zinezinkumbulo?" Ngabheka ekamelweni lami elifenisha nje nginesithakazelo esivukile.

"Indaba ende." Uthisha wami wamomotheka ngendlela ekhumbuzayo. "Igama lomdlali oqokwe ngo 18-1." kwakungu-Afzal Khan. Wayethole amandla akhe angavamile ngokuhlangana ngengozi ne-yogi yamaHindu.

"Ndodana, ngomile; ngithathele amanzi.' I- *sannyasi embozwe uthuli* yenza lesi sicelo ku-Afzal ngolunye usuku esemncane edolobhaneni elincane lase-mpumalanga yeBengal.

"Nkosi, Mina ekuseni a UMohammed. Kanjani kungenzeka wena, a AmaHindu, yamukela a isiphuzo kusukela yami izandla?"

"Ubuqotho bakho buyangijabulisa, mntanami. Angiyigcini imithetho yokubandlulula yamahlelo angamesabi uNkulunkulu. Hamba; ungilethele amanzi ngokushesha."

"U-Afzal's inhlonipho ukulalela kwakuyi umvuzo ngu a uthando ukubuka kusukela i i-yogi.

"Une-karma enhle yokuphila kwangaphambilini,' esho ngokuzithoba.

'Ngizokufundisa indlela ethile ye-yoga ezokunikeza ukulawula phezu kwenye yezindawo ezingabonakali. Amandla amakhulu azoba ngawakho kufanele asetshenziswe ngezinjongo ezifanele; ungalokothi uwasebenzise ngobugovu! Ngiyabona, maye! ukuthi ulethe imbewu ethile yemikhuba ebhubhisayo esikhathini esidlule. Ungazivumeli zihlume ngokuzinisela ngezenzo ezimbi ezintsha. Ubunzima bakho i-karma yangaphambilini iyindlela yokuthi kufanele usebenzise lokhu kuphila ukuze uvumelanise impumelelo yakho ye-yogic nemigomo ephakeme kakhulu yobuntu.

"Ngemuva ukuyala i ngimangazwe umfana ku a kuyinkimbinkimbi ubuchwepheshe, i inkosi wanyamalala.

"U-Afzal walandela ngokwethembeka ukuzivocavoca kwakhe kwe-yoga iminyaka engamashumi amabili. Izenzo zakhe ezimangalisayo zaqala ukuheha ukunaka okubanzi. Kubonakala sengathi wayehlala ephelezelwa umoya ongcolile awubiza ngokuthi 'uHazrat.' Lesi sidalwa esingabonakali sakwazi ukufeza isifiso esincane kakhulu sika-FAKIR.

"Engasinaki isixwayiso senkosi yakhe, u-Afzal waqala ukusebenzisa kabi amandla akhe. Noma yini ayithintayo bese eyishintsha yayizonyamalala ngokushesha

ngaphandle kokulahlekelwa yilutho. Lesi senzakalo esiphazamisayo sasivame ukwenza uMohammed abe yisivakashi esingafaneleki!

"Wayevakashela izitolo ezinkulu zobucwebe eCalcutta ngezikhathi ezithile, eziveza njengomthengi ongaba khona. Noma yiliphi itshe lobucwebe ayeliphatha lalinyamalala ngokushesha nje ngemva kokuphuma esitolo."

"U-Afzal wayevame ukuzungezwa abafundi abangamakhulu amaningana, bekhangwa yithemba lokufunda izimfihlo zakhe. U- *fakir* wayebamema ngezinye izikhathi ukuba bahambe naye. Esiteshini sesitimela wayekwazi ukuthinta umqulu wamathikithi. Lawa wayewabuyisela kumabhalane, ethi: 'Ngishintshe umqondo wami, futhi ngeke ngiwathenge manje.' Kodwa lapho egibela isitimela neqembu lakhe, u-Afzal wayezoba namathikithi adingekayo. **18-2**

"Lokhu kuxhaphaza kwadala umsindo omkhulu; abathengisi bezinto zokuhloba baseBengali nabathengisi bamathikithi babenqotshwa ukuphazamiseka kwemizwa! Amaphoyisa ayefuna ukubopha u-Afzal azithola engenalusizo; *UFakir* wayengasusa ubufakazi obummangalelayo ngokuthi nje athi: 'Hazrat, susa lokhu.'"

USri Yukteswar wasukuma esihlalweni sakhe wahamba waya ebalcony yegumbi lami elalibheke iGanges. Ngamlandela, ngilangazelela ukuzwa okwengeziwe ngamaRaffles kaMohammed adidayo.

"Le ndlu *kaPanthi* yayingeyomngane wami. Wajwayelana no-Afzal wambuza lapha. Umngane wami wamema nomakhelwane abangaba amashumi amabili, kuhlenganise nami. Ngangisemusha ngaleso sikhathi, futhi ngazizwa nginesithakazelo esikhulu ngalo *mfokazi odumile* ." UMaster wahleka. "Ngathatha isinyathelo sokungagqoki lutho oluyigugu! U-Afzal wangibheka ngokuzibuzwa, wabe esethi:

"Unezandla ezinamandla. Yehlela phansi ensimini; thola itshe elibushelelezi bese ubhala igama lakho kulo ngoshoki; bese uphonsa itshe kude ngangokunokwenzeka eGanges."

"Ngalalela. Ngokushesha nje lapho itshe selinyamalele ngaphansi kwamagagasi akude, uMohammed wangiphendula futhi:

"Gcwalisa a imbiza nge AmaGanges amanzi eduze i ngaphambili kwe lokhu indlu.'

"Ngemuva Mina wayenayo kubuyiselwe nge a isikebhe kwe amanzi, i *i-fakir* wakhala, 'Hazrat, beka i itshe ku i imbiza!'

"Itshe lavela ngokushesha. Ngalikhipha esitsheni futhi ngathola ukuthi isignesha yami ifundeka kahle njengalapho Bengikubhalile.

"Babu, **18-3**" omunye wabangane bami ekamelweni, wayegqoke iwashi legolide elisindayo kanye neketanga. I *-fakir* yabahlola ngokubabaza okwesabekayo. Ngokushesha base belahlekile!

"Afzal, Ngiyacela ukubuya yami okubalulekile ifa!' UBabu kwakuyi cishe ku izinyembezi.

"Lo muntu ongumMohammed wathula isikhashana, wabe esethi, 'Unama-rupee angamakhulu amahlanu esisefweni sensimbi. Zilethe kimi, ngizokutshela ukuthi ungalitholaphi iwashi lakho.'

"UBabu okhathazekile wahamba ngokushesha waya ekhaya lakhe. Wabuya ngokushesha wanikeza u-Afzal imali ayeyidinga."

"Hamba uye ebhulohweni elincane eliseduze nendlu yakho,' kusho *uFakir* kuBabu.

'Shayela uHazrat akunike iwashi kanye neketanga.'

"Babu washesha kude. Kuvuliwe yakhe ukubuya, yena kwakuyi ukugqoka a ukumamatheka kwe impumuzo futhi cha ubucwebe noma yini.

"Ngesikhathi ngiyala uHazrat njengoba ngiqondisiwe,' ememezela, 'iwashi lami lehla lisuka emoyeni laya esandleni sami sokunene! Ungaqiniseka ukuthi ngivalele ifa esisefweni sami ngaphambi kokujoyina iqembu lapha!'

"Abangani bakaBabu, ofakazi bokuhlekisa kwesihlengo sewashi, babembheke ngentukuthelo u-Afzal. Manje wayesekhuluma ngokuthula."

"Ngiyacela igama noma yikuphi isiphuzo wena ukufisa; I-Hazrat intando khiqiza yona."

"Inani labantu licele ubisi, abanye amajusi ezithelo. Angizange ngimangale kakhulu lapho uBabu owayethukuthele ecela i-whisky! UMohammed wakhipha umyalelo; uHazrat owayebophekele wathumela izitsha ezivaliwe emoyeni futhi zawa phansi. Indoda ngayinye yathola isiphuzo sayo esiyifunayo."

"Isithembiso sesenzo sesine esimangalisayo sosuku ngokungangabazeki sajabulisa umninikhaya wethu: U-Afzal wanikela ngokusinika isidlo sasemini esisheshayo!"

"Ake si-ode izitsha ezibiza kakhulu," kusho uBabu ngokudabuka. 'Ngifuna ukudla okumnandi ngama-rupee ami angamakhulu amahlanu! Konke kufanele kukhonzwe emapuletini egolide!'

"Lapho nje indoda ngayinye isiveze lokho ekuthandayo, i- *fakir* yazibhekisa kuHazrat ongapheli. Kwalandela umsindo omkhulu; izitsha zegolide ezigcwele ama-curry alungiselelwe kahle, *ama-luchi ashisayo*, nezithelo eziningi ezingaphandle kwesizini, zafika zisuka endaweni engaziwa ezinyaweni zethu. Konke ukudla kwakumnandi. Ngemva kokudla ihora lonke, saqala ukuphuma ekamelweni. Umsindo omkhulu, sengathi izitsha zazingwabelana, wasenza saphenduka. Bheka! kwakungekho zimpawu zamapuleti akhazimulayo noma izinsalela zokudla."

"Guruji," ngimphazamisa, "uma u-Afzal engathola kalula izinto ezifana nezitsha zegolide, kungani ayefisa impahla yabanye?"

"Lo *mfana* wayengakakhuli kahle ngokomoya," kuchaza uSri Yukteswar. "Ubuchule bakhe bokusebenzisa indlela ethile ye-yoga bamnikeza ukufinyelela endaweni yezinkanyezi lapho noma yisiphi isifiso sigcwaliseka khona manjalo. Ngokusebenzisa isidalwa sezinkanyezi, uHazrat, uMohammed wayengabiza ama-athomu anoma iyiphi into evela emandleni e-etheric ngesenzo sentando enamandla. Kodwa izinto ezinjalo ezikhiqizwe ngokwezinkanyezi azishintshi ngokwesakhiwo; azikwazi ukugcinwa isikhathi eside. U-Afzal wayesalangazelela ingcebo yomhlaba, nakuba itholakale kancane, kodwa inamandla okuqina athembeke kakhulu."

Mina wahleka. "Kunjalo futhi ngezinye izikhathi iyanyamalala iningi ngokungaphenduli!"

"U-Afzal wayengeyena umuntu oqaphela uNkulunkulu," kuqhubeka uMaster. "Izimangaliso ezihlala njalo nezizuzisayo zenziwa ngabangcwele beqiniso ngoba bazivumelanise noMdali onamandla onke. U-Afzal wayemane nje engumuntu ovamile onamandla angavamile okungena endaweni engabonakali abantu abafayo abangavame ukungena kuyo kuze kube sekufeni."

"Mina qonda manje, Guruji. I umhlaba wangemva kokufa kuvela ku- babe abanye ekhangayo izici."

UMaster wavuma. "Angikaze ngimbone u-Afzal ngemva kwalolo suku, kodwa eminyakeni embalwa kamuva uBabu weza ekhaya ukuzongibonisa indaba yephephandaba yokuvuma kukaMohammed esidlangalaleni. Kuyo ngafunda amaqiniso engisanda kukutshela wona ngokuqala kuka-Afzal esemncane kumfundisi wamaHindu."

Inggikithi yengxenywe yokugcina yalo mbhalo oshicilelwe, njengoba kukhunjulwe nguSri Yukteswar, yayilandelayo: "Mina, Afzal Khan, ngibhala la mazwi njengesenzo sokuzisola nanjengesixwayiso kulabo abafuna ukuba namandla amangalisayo. Sekuyiminyaka ngisebenzisa kabi amakhono amangalisayo engiwanikezwe ngomusa kaNkulunkulu nenkosi yami. Ngadakwa ubugovu, ngizizwa sengathi ngingaphezu kwemithetho evamile yokuziphatha. Usuku lwami lokulandisa lwafika ekugcineni.

"Muva nje ngihlangane nendoda endala emgwaqweni ongaphandle kweCalcutta. Yayiqhuga kabuhlungu, iphethe into ekhazimulayo efana negolide. Ngakhuluma nayo nginobugovu enhliziyweni yami."

"Mina ekuseni I-Afzal Khan, i kuhle kakhulu *i-fakir* . Ini babe wena Lapho?"

"Leli bhola legolide liyingcebo yami kuphela; alinakuba nesithakazelo kumuntu *oqaphile* . Ngiyakuncenga, mnumzane, ukuba ungiphulukise."

"Ngathinta ibhola ngahamba ngaphandle kokuphendula. Indoda endala yangilandela ngejubane. Ngokushesha yamemeza yathi: 'Igolide lami seliphelile!'

"Njengoba nginganakanga, wakhuluma ngezwi elinamandla elaliphuma emzimbeni wakhe obuthakathaka ngendlela exakile:

"Yenza wena hhayi qaphela mina?"

"Ngama ngithule, ngishaqekile ngokuthola ukuthi lesi sishosha esidala esingathandeki sasingeyena omunye ngaphandle kongcwele omkhulu, owayengifundise i-yoga kudala. Wazilungisa; umzimba wakhe waba namandla futhi waba musha ngokushesha."

"Ngakho-ke!' Ukubuka kwengcweti yami kwakuvutha. 'Ngiyabona ngamehlo ami ukuthi usebenzisa amandla akho, hhayi ukusiza abantu abahluphekayo, kodwa ukubaphanga njengesela elivamile! Ngiyazihoxisa izipho zakho zemilingo; uHazrat usekhululiwe kuwe. Ngeke usaba yisabisa eBengal!'

"Ngambiza uHazrat ngezwi losizi; okokuqala, akazange abonakale emehlweni ami angaphakathi. Kodwa kwavela isihlenqo esimnyama ngaphakathi kwami; ngabona ngokucacile ukuhlambalaza impilo yami."

"Mfundisi wami, ngiyabonga ngokuza ukuzosusa ukukhohlisa kwami okude.' Bengikhala ezinyaweni zakhe. 'Ngithembisa ukushiya izifiso zami zezwe. Ngizoya ezintabeni ngiyozindla ngedwa ngoNkulunkulu, nginethemba lokuhlalulela isikhathi sami esibi esidlule.'

"Inkosi yami yangibheka ngozwela oluthule. 'Ngiyakuzwa ubuqotho bakho,' esho ekugcineni. 'Ngenxa yeminyaka yakho yokuqala yokulalela okuqinile, nangenxa

yokuphenduka kwakho kwamanje, ngizokunika isibusiso esisodwa. Amanye amandla akho asehambile manje, kodwa noma nini lapho kudingeka ukudla nezingubo, usengabiza uHazrat ngempumelelo ukuze akunikeze. Zinikele ngenhliziyo yakho yonke ekukhulekeleni uNkulunkulu. ukuqonda ezindaweni ezikude zezintaba.

"Umfundisi wami wabe esenyamalala; ngasala ngikhala futhi ngizindla. Sala kahle, mhlaba! Ngiyahamba ngiyofuna intethelelo yoMthandi Wasezulwini."

18-1 : A AmaSulumane i-yogi; kusukela i Isi-Arabhu *i-faqir* , mpofu; ekuqaleni kusetshenzisiwe ku- ama-dervishe ngaphansi a isifungo kwe ubumpofu.

18-2 : Okwami ubaba kamuva utshele mina lokho yakhe inkampani, i I-Bengal-Nagpur Isitimela, wayenayo ube eyodwa kwe i izinkampani isisulu ngu-Afzal Khan.

18-3 : Mina yenza hhayi ukukhumbula i igama kwe IsiSri I-Yukteswar's umngane, futhi kumele bhekisa ku- yena kalula njengoba "Babu" (Mnumzane).

ISAPHLUKO: 19

Okwami Nkosi, Ku- ICalcutta, Kuvela Ku- I-Serampore

"Ngivame ukuhlushwa ukungabaza okungakholelwa kuNkulunkulu. Kodwa-ke, ngezinye izikhathi ngihlushwa umcabango ohluphayo: kungenzeka ukuthi awekho amathuba omphefumulo angakasetshenziswa? Ingabe umuntu akaphuthelwa yisiphetho sakhe sangempela uma ehluleka ukuwahlola?"

La mazwi kaDijen Babu, engangihlala naye endlini yokuhlala *yasePanthi* , abizwa ngokuthi ngimmemile ukuthi ahlangane nomfundisi wami.

"USri Yukteswarji uzokufaka *eKriya Yoga* ," ngiphendula. "Ithulisa isiphithiphithi esibangelwa yizinto ezimbili ngokuqiniseka kwangaphakathi kwaphezulu."

Ngalobo busuku uDijen wangiphelezela saya endlini yokukhosela. Ephambi kukaMaster, umngane wami wathola ukuthula okungokomoya kangangokuthi ngokushesha waba isivakashi esihlala njalo. Ukukhathazeka okuncane ngokuphila kwansuku zonke akwanele kumuntu; ukuhlakanipha nakho kuyindlala yendabuko. Ngamazwi kaSri Yukteswar, uDijen wathola isisusa saleyo mizamo—kuqala ebuhlungu, bese kuba lula ukukhulula—ukuthola umuntu wangempela ngaphakathi. isifuba sakhe kune-ego ehlazisayo yokuzalwa kwesikhashana, okungavamile ngokwanele kuMoya.

Njengoba mina noDijen sasiqhuba izifundo ze-AB eSerampore College, saqala umkhuba wokuhamba ndawonye siye e-ashram ngokushesha nje laphe izifundo seziphelile. Sasivame ukubona uSri Yukteswar emi ebalcony yakhe esesitezi sesibili, esamukela ukusondela kwethu ngokumomotheka.

Ngolunye usuku ntambama uKanai, ohlala emakhaya ahlala abantu

abancane, wahlangana nami noDijen emnyango enezindaba ezidumazayo.

"Nkosi" kuyinto hhayi lapha; yena kwakuyi kubizwe ku- I-Calcutta ngu i okuphuthumayo inothi."

Ngosuku olulandelayo ngathola ikhadi leposi elivela kumfundisi wami. "Ngizohamba eCalcutta ngoLwesithathu ekuseni," ebhala. "Wena noDijen nizohlangana nesitimela sehora lesishiyagalolunye esiteshini saseSerampore."

Cishe ngo-8:30 ngoLwesithathu ekuseni, umlayezo ovela kuSri Yukteswar wafika engqondweni yami njalo: "Ngibambezelekile; ungahlangabezani nesitimela sehora lesishiyagalolunye."

Mina ukudluliselwa i okwakamuva imiyalelo ku- UDijen, I-WHO kwakuyi kakade egqoke ngoba ukuhamba.

"Wena kanye nomuzwa wakho!" Izwi lomngane wami laligcwele ukukloloda. "Ngithanda ukuthemba izwi elibhaliwe likaMaster."

Nganikina amahlombe ami ngahlala phansi ngokuthula. Ethukuthele, uDijen waqonda emnyango wawuvala ngomsindo ngemuva kwakhe.

Njengoba igumbi lalimnyama kakhulu, ngasondela eduze kwefasitela elibheke emgwaqweni. Ukukhanya kwelanga okuncane kwanda ngokuzumayo kwaba ukukhanya okukhulu lapho ifasitela elinezivikelo zensimbi lanyamalala khona ngokuphelele. Ngaphansi kwalesi sizinda esikhazimulayo kwavela isithombe sikaSri Yukteswar esibonakala ngokucacile!

Ngididekile ngaze ngashageka, ngasukuma esihlalweni sami ngaguqa phambi kwakhe. Ngesenzo sami esivamile sokubingelela ngenhlonipho ezinyaweni zomfundisi wami, ngathinta izicathulo zakhe. Lezi kwakuyizimbadada engizaziyo, ezenziwe ngendwangu edaywe ngombala o-orenji, ziboshwe ngentambo. Indwangu yakhe ye-swami e-ocher yangithinta; angizange ngizwe nje kuphela ukuthungwa kwengubo yakhe, kodwa futhi nobuso obunobuthi bezicathulo, kanye nokucindezela kwezinzwane zakhe ngaphakathi kwazo. Ngimangele kakhulu ukuthi ngingasho lutho, ngasukuma ngambuka ngimbuza imibuzo.

"Ngijabule ukuthi uwutholile umyalezo wami wokuqonda." Izwi likaMaster lalizolile, livamile. "Manje sengiqedile ibhizinisi lami eCalcutta, futhi ngizofika eSerampore ngesitimela sehora leshumi ."

Njengoba ngangisabheke phansi ngithule, uSri Yukteswar waqhubeka wathi, "Lokhu akuyona isithunzi, kodwa umzimba wami negazi lami. Ngiyalwe ngokwaphezulu ukuthi ngikunike lesi sipiliyoni, esingavamile ukufezwa emhlabeni. Ngihlangane esiteshini; wena noDijen nizongibona ngiza kini, ngigqoke njengoba nginjalo manje. Ngizolandelwa ngomunye umgibeli—umfana omncane ophethe ijagi lesiliva."

Umfundisi wami wabeka izandla zombili ekhanda lami, ngesibusiso esibubulayo. Njengoba ephetha ngamazwi athi, " *Taba Asi* ," **19-1** Ngizwe umsindo ongavamile wokuduma. **19-2** Umzimba wakhe waqala ukuncibilika kancane kancane ekukhanyeni okuhlabayo. Okokuqala izinyawo nemilenze yakhe kwanyamalala, kwabe sekuba umzimba nekhanda lakhe, njengomqulu ogoqwayo. Kwaze kwaba sekugcineni, ngangizwa iminwe yakhe iphumule kancane ezinweleni zami. Ukukhanya

kwanyamalala; akukho lutho olwalusele phambi kwami ngaphandle kwefasitela elinezivalo kanye nomfula okhanyayo wokukhanya kwelanga.

Ngahlala ngididekile kancane, ngizibuza ukuthi angizange yini ngibe yisisulu sokubona izinto ezingekho. UDijen owayekhunganathekile wangena ngokushesha ekamelweni.

"UMaster wayengekho esitimeleni sehora lesishiyagalolunye, ngisho nangamahora amathathu." Umngane wami wenza isimemezelo sakhe ngomoya oxolisayo kancane.

"Woza-ke; ngiyazi ukuthi uzofika ngo-10:00." Ngabamba isandla sikaDijen ngamgijimisa ngenkani kanye nami, nginganaki ukukhononda kwakhe. Cishe ngemizuzu eyishumi sangena esiteshini, lapho isitimela sase sivele sima khona.

"Isitimela sonke sigcwele ukukhanya kwe-aura kaMaster! Ukhona lapho!"

Ngamemeza ngenjabulo. "Uphupha kanjalo?" UDijen wahleka ngokuhleka usulu.

"Asilinde lapha." Ngatshela umngane wami iminingwane yendlela uthisha wethu ayezondela ngayo kithi. Njengoba ngiqeda ukuchaza kwami, uSri Yukteswar wabonakala, egqoke izingubo ezifanayo engangizibonile esikhathini esifushane ngaphambili. Wahamba kancane elandela umfana omncane ophethe ijagi lesiliva.

Okwesikhashana igagasi lokwesaba okubandayo lادلولا kimi, ngenxa yokungajwayelekile kokuhlangenwe nakho kwami. Ngazizwa sengathi izwe lekhulu lama-20 lokuthanda izinto ezibonakalayo liyangishiya; ingabe ngangisezinsukwini zasendulo lapho uJesu ebonakala phambi kukaPetru olwandle?

Njengoba uSri Yukteswar, u-Yogi-Christ wesimanje, efika endaweni lapho mina noDijen sasithule khona, uMfundisi wamomotheka kumngane wami wathi:

"Mina kuthunyelwe wena a umlayezo futhi, kodwa wena babe ayikwazi ku- bamba yona."

UDijen wayethule, kodwa wangibheka ngamehlo asolisayo. Ngemva kokuba sesiphelezele umfundisi wethu saya endlini yakhe yokuhlala, mina nomngane wami saya eSerampore College. UDijen wama emgwaqweni, intukuthelo iphuma kuzo zonke izimbobo zakhe.

"Ngakho-ke! Ingcweti kuthunyelwe mina a umlayezo! Noma kunjalo wena kufihliwe yona! Mina isidingo i incazelo!"

"Ngingakusiza uma isibuko sakho sengqondo sigubhazela ngokungazelele kangangokuthi awukwazi ukubhalisa imiyalelo yochwepheshe bethu?" Ngaphendula ngokufutheka.

Intukuthelo yanyamalala ebusweni bukaDijen. "Ngiyabona ukuthi usho ukuthini," esho ngokudabuka. "Kodwa ngicela uchaze ukuthi ukwazile kanjani ngengane ephethe ijagi."

Ngesikhathi ngiqeda indaba yokubonakala okumangalisayo kweMasters endlini yokuhlala ngalolo suku ekuseni, mina nomngane wami sase sifikile eSerampore College.

"Indaba engisanda kuyizwa ngamandla kathisha wethu," kusho uDijen, "ingenza ngizizwe sengathi noma iyiphi inyuvesi emhlabeni iyisikole sabantwana abancane kuphela."

Isahluko 19 Imibhalo yaphansi

19-1 : I IsiBengali "Kuhle nge"; ngokoqobo, yona kuyinto a ithemba indida:

"Bese-ke Mina woza." 19-2: Umsindo ojwayelekile wokuguqulwa kwama-

athomu omzimba abe yizinto ezibonakalayo.

ISAHLUKO: 20

Thina Yenza Cha Vakashela IKashmir

"Baba, ngifuna ukumema uMaster nabangani abane ukuthi bangiphelezele siye ezintabeni zaseHimalaya ngesikhathi seholide lami lasehlobo. Ngingayithola yini imali yokugibela isitimela eyisithupha eya eKashmir kanye nemali eyanele yokukhokhela izindleko zethu zokuhamba?"

Njengoba ngangilindele, uBaba wahleka kakhulu. "Sekungokwesithathu unginika indaba efanayo yeqhude nenkunzi. Awuzange wenze isicelo esifanayo ehlobo eledlule, nangonyaka odlule? Ngesikhathi sokugcina, uSri Yukteswarji wenqaba ukuhamba."

"Kuyiqiniso, Baba; angazi ukuthi kungani umfundisi wami enganginiki izwi lakhe eliqondile ngeKashmir. ~~20-~~ **1** Kodwa uma ngimtshela ukuthi sengivele ngithole amapasi kuwe, ngandlela thile ngicabanga ukuthi kulokhu uzovuma ukuthatha uhambo.

Ubaba wayengakaqiniseki ngaleso sikhathi, kodwa ngosuku olulandelayo, ngemva kokuhleka usulu, wanginika amapasi ayisithupha kanye nomqulu wemali engamaruphee ayishumi.

"Mina cishe cabanga yakho imfundiso uhambo izidingo okunjalo okusebenzayo izinto zokusekela," yena waphawula, "kodwa lapha bona "banjalo."

Ntambama ngalolo suku ngabonisa uSri Yukteswar impango yami. Nakuba amomotheka ngentshiseko yami, amazwi akhe ayengasho lutho: "Ngingathanda ukuhamba; sizobona." Akazange asho lutho lapho ngicela umfundi wakhe omncane wase-hermitage, uKanai, ukuba asiphelezele. Ngamema nabanye abangane abathathu - uRajendra Nath Mitra, uJotin Auddy, nomunye umfana. Usuku lwethu lokuhamba lwaluhlelwe ngoMsombuluko olandelayo .

NgoMgqibelo nangeSonto ngangihlala eCalcutta, lapho kwakugujwa khona imicikilisho yomshado womzala ekhaya lomndeni wami. Ngafika eSerampore nemithwalo yami ekuseni kakhulu ngoMsombuluko. URajendra wangihlangabeza emnyango wendlu yangasese.

"Nkosi" kuyinto phandle, ukuhamba. Yena ine wenqaba ku- hamba."

Nami ngangidabukile futhi ngithukuthele. "Ngeke nginike ubaba ithuba lesithathu lokuhlekisa ngamacebo ami e-Kashmir. Woza; thina abanye sizohamba noma kunjalo."

URajendra kuvunyelwene; Mina kwesobunxele i i-ashram ku- thola a inceku. IKhanai, Mina wayazi, ngabe hhayi thatha i uhambo

ngaphandle kweNkosi, futhi kwakudingeka othile ozonakekela imithwalo. Ngazicabangela ngoBehari, owayeyisisebenzi ekhaya lakithi, owayeseqashwe yinkosi yaseSerampore. Njengoba ngangihamba ngokushesha, ngahlangana nomfundisi wami phambi kwesonto lobuKristu eduze neNkantolo yaseSerampore.

"Kuphi kukhona wena "Uyahamba?" IsiSri I-Yukteswar's ubuso kwakuyi ukungamomotheki.

"Mnumzane, ngizwa ukuthi wena noKanai ngeke nithathe uhambo ebesiluhlela. Ngifuna uBehari. Uzokhumbula ukuthi ngonyaka odlule wayekulangazelela kakhulu ukubona iKashmir kangangokuthi waze wanikela ngokukhonza ngaphandle kwenkokhelo."

"Ngiyakhumbula. Noma kunjalo, angicabangi ukuthi

uBehari uzovuma ukuhamba." Ngacasuka. "Ulinde nje leli

thuba ngabomvu!"

Umfundisi wami waqhubeka nohambo lwakhe buthule; ngokushesha ngafika endlini yomphathi wesikole. UBehari, egcekeni, wangibingelela ngemfudumalo enobungane eyanyamalala ngokushesha nje lapho ngikhuluma ngoKashmir. Ngezwi lokuxolisa elinokungabaza, inceku yangishiya yangena endlini yomqashi wayo. Ngalinda isigamu sehora, ngiziqinisekisa ngokwesaba ukuthi ukubambezeleka kukaBehari kwakubangelwa amalungiselelo ohambo lwakhe. Ekugcineni ngangqongqoza emnyango wangaphambili.

"UBehari ushiywe yizitebhisi ezingemuva cishe emizuzwini engamashumi amathathu edlule," kusho indoda ethile kimi. Ukumamatheka okuncane kwakuzungeze izindebe zayo.

Ngahamba ngidabukile, ngizibuza ukuthi ngabe isimemo sami besiphoqe lelwe kakhulu noma ukuthi ithonya likaMaster elingabonakali lalisebenza yini. Ngidlula esontweni lobuKristu, ngabona futhi umfundisi wami ehamba kancane eza kimi. Ngaphandle kokulinda ukuzwa umbiko wami, wamemeza:

"Ngakho-ke UBehari ngabe hhayi hamba! Manje, ini kukhona yakho izinhlelo?"

Ngazizwa njengomntwana ongalaleli ozimisele ukuphikisa uyise ohlakaniphile. "Mnumzane, ngizocela umalume wami ukuba angiboleke inceku yakhe, uLal Dhari."

"Bona umalume wakho uma ufuna," kuphendula uSri Yukteswar ehleka. "Kodwa angicabangi ukuthi uzokujabulela ukuvakasha."

Nginovalo kodwa ngivukela, ngashiya umfundisi wami ngangena eNkantolo yaseSerampore. Umalume wami ongubaba, uSarada Ghosh, owayengummeli

kahulumeni, wangimukela ngothando.

"Ngizohamba namuhla nabangani bami ngiya eKashmir," ngimtshela.

"Sekuyiminyaka ngilangazelela lolu hambo lwaseHimalaya."

"Ngiyajabula ngawe, Mukunda. Ingabe kukhona engingakwenza ukuze uhambo lwakho lube lula?"

Lokhu uhlobo amagama wanikeza mina a ilifti kwe isikhuthazo. "Sithandwa "Malume," Mina wathi, "kungenzeka wena mhlawumbe isipele

mina yakho inceku, Lal "Dhari?"

Isicelo sami esilula saba nomphumela wokuzamazama komhlaba. UMalume wagxuma ngamandla kangangokuthi isihlalo sakhe sagumbuqeka, amaphepha edesini andiza aya nxazonke, kanti ipayipi lakhe, i-hubble-bubble ende, enesiqu sikakhukhunathi, lawela phansi ngomsindo omkhulu.

"Wena nsizwa enobugovu," ememeza, ethuthumela ngentukuthelo, "yeka umqondo ongenangqondo! Ubani ozonginakekela, uma uthatha inceku yami uye kwenye yezindawo zakho zokuzijabulisa?"

Ngafihla ukumangala kwami, ngicabanga ukuthi ukushintsha okuzumayo kukamalume wami onomusa kwakuyimfihlakalo eyodwa kuphela ngosuku oluzinikele ngokuphelele ekungaqondakalini. Ukuhoxa kwami ehhovisi lenkantolo kwakukhulu kakhulu kunokuba nesithunzi.

Ngabuyela endlini yangasese, lapho abangani bami babebuthene khona ngokulindela. Kwakukhula ukuqiniseka kimi ukuthi kukhona isizathu esanele noma esiphindaphindayo esasisemuva kwesimo sengqondo sikaMaster. Ukuzisola kwangibamba ngokuthi bengizama ukuphazamisa intando yomfundisi wami.

"Mukunda, ubungeke yini uthande ukuhlala nami isikhathi eside?" kubuza uSri Yukteswar. "URajendra nabanye bangahamba manje, bakulinde eCalcutta. Kuzoba nesikhathi esanele sokugibela isitimela sokugcina sakusihlwa sisuka eCalcutta siya eKashmir."

"Mnumzane, Mina ungakwenzi ukunakekelwa ku- hamba ngaphandle wena," Mina kusho ngokudabuka.

Abangane bami abazange balalele ngisho nakancane amazwi ami. Babiza inqola ye-hackney bahamba nayo yonke imithwalo. Mina noKanai sahlala buthule ezinyaweni zomfundisi wethu. Ngemva kokuthula okuyingxenye yehora, uMaster wasukuma wahamba waya egcekeni lokudlela elisesitezi sesibili.

"Kanai, Ngiyacela khonza I-Mukunda's ukudla. Okwakhe isitimela amaqabunga maduze."

Ngisukuma esihlalweni sami sokulala, ngavele ngazulazula nginesicanucanu kanye nomuzwa osabekayo wokuzulazula esiswini sami. Ubuhlungu obuhlabayo babubukhulu kangangokuthi ngazizwa sengathi ngiphonswe esihogweni esinobudlova ngokuzumayo. Ngibheka kumfundisi wami ngokungazi, ngawa phambi kwakhe, ngihlaselwe yizo zonke izimpawu zesifo sohudo sase-Asia. USri Yukteswar noKanai bangiyisa ekamelweni lokuhlala.

Ngigcwele ubuhlungu obukhulu, ngakhala, "Nkosi, nginikela impilo yami kuwe;" ngoba

ngangikholwa ukuthi yayiphela ngokushesha ogwini lomzimba wami.

IsiSri Yukteswar beka yami ikhanda kuvuliwe yakhe ithanga, ukuphulula yami ibunzi nge izingelosi ububele.

"Uyabona manje ukuthi ngabe kwenzekeni ukube ubusesiteshini nabangani bakho," esho. "Kwadingeka ngikunakekele ngale ndlela engavamile, ngoba ukhethe ukungabaza isinqumo sami ngokuthatha uhambo ngalesi sikhathi."

Ekugcineni ngaqonda. Njengoba amakhosi amakhulu engavamile ukubona kufanelekile ukuveza amandla awo obala, umuntu ovamile umqapheli kwe i usuku imicimbi ngabe babe okucatshangelwe lokho yabo ukulandelana kwakuyi impela kwemvelo.

Ukungenelela kukathisha wami kwakucashile kakhulu ukuba kungasoleka. Wayesebenzele intando yakhe ngoBehari noMalume wami uSarada noRajendra nabanye ngendlela engabonakali kangangokuthi cishe wonke umuntu ngaphandle kwami wayecabanga ukuthi izimo bezivamile ngokunengqondo.

Njengoba uSri Yukteswar engazange ahluleke ukugcina izibopho zakhe zomphakathi, wayala uKanai ukuba aye kudokotela ochwepheshe, futhi azise umalume wami.

"Nkosi," Mina babhikisha, "kuphela wena ithini phulukisa mina. Mina ekuseni futhi kude uhambe ngoba noma yikuphi udokotela."

"Mntanami, uvikelwe yiSihawu SikaNkulunkulu. Ungakhathazeki ngodokotela; ngeke akuthole ukulesi simo. Usuvele uphulukisiwe."

Ngamazwi kathisha wami, ukuhlupheka okukhulu kwangishiya. Ngahlala phansi ngibuthakathaka. Udokotela wafika ngokushesha wangihlola ngokucophelela.

"Kubukeka sengathi udlule ebubini kakhulu," esho. "Ngizohamba namasampula athile ukuze ngiyowahlola elabhorethri."

I okulandelayo ekuseni i udokotela wafika ngokushesha. Mina kwakuyi ukuhlala phezulu, ku kuhle imimoya.

"Nokho, nangu, umamatheka futhi uxoxa sengathi awuzange usondele ekufeni." Wangishaya kancane isandla sami. "Bengingalindele ukuthi ngizokuthola uphila, ngemva kokuthola emasampula ukuthi isifo sakho kwakuyi-Asiatic cholera. Unenhlanhla, nsizwa, ngokuba nochwepheshe onamandla okuphulukisa aphezulu! Ngियाqiniseka ngakho!"

Ngavuma ngenhliziyo yonke. Njengoba udokotela elungiselela ukuhamba, uRajendra no-Auddy bavele emnyango. Intukuthelo ebusweni babo yashintsha yaba uzwela njengoba bebheka udokotela bese bebheka ubuso bami obungacacile.

"Thina babe uthukuthele nini wena akazange jika phezulu njengoba kuvunyelwene ku- i I-Calcutta isitimela. Wena babe ube uyagula?"

"Yebo." Angikwazanga ukuzibamba ukuhleka njengoba abangani bami bebeka imithwalo ekhoneni elifanayo eyayilhlale izolo. Ngacaphuna: "Kwakukhona umkhumbi oya eSpain; laphe ufika, wabuya futhi!"

UMaster wangena ekamelweni. Ngazivumela inkululeko yomuntu oselula, ngambamba ngesandla ngothando.

"Guruji," ngisho, "kusukela onyakeni wami weshumi nambili kuqhubeke, ngenze imizamo eminingi engaphumelelanga yokufinyelela eHimalaya. Ekugcineni ngiyaqiniseka ukuthi ngaphandle kwezibusiso zakho uNkulunkulukazi uParvati **20-2**

ngeke ngikwamukele!"

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20-1 : Nakuba Ingcweti yehlulekile ku- yenza noma yikuphi incazelo, yakhe ukungafuni ku- vakashela IKashmir ngesikhathi labo ezimbili ihlobo kungenzeka ukuthi kwakuwukwazi kusengaphambili ukuthi isikhathi sokugula kwakhe sasingakafiki lapho (bheka isahluko 22).

20-2 : Ngokwezwi nezwi, "ka i izintaba." I-Parvati, ngokwezinganekwane imelelwe njengoba a indodakazi kwe I-Himavat noma i engcwele

ISAHLUKO: 21

Thina Vakashela IKashmir

"Usunamandla okwanele manje ukuhamba. Ngizokuphelezela uye eKashmir," kusho uSri Yukteswar kimi ezinsukwini ezimbili ngemuva kokululama kwami okuyisimangaliso ekholera yase-Asia.

Ngalobo busuku iqembu lethu labantu abayisithupha laqeqeshwa enyakatho. Indawo yokuqala yokuma kwethu ngokukhululeka yayiseSimla, idolobha eliyindlovukazi eliphumule esihlalweni sobukhosi samagquma aseHimalaya. Sahamba emigwaqweni emide, sibuka imibono emihle.

"Ama-strawberry esiNgisi ayathengiswa," kumemeza isalukazi, sihlala phansi endaweni evulekile yemakethe enhle .

UMaster wayenelukuluku ngezithelo ezincane ezibomvu ezingajwayelekile. Wathenga ibhasikidi eligcwele wanikela lona kuKanai nami, esasiseduze. Nganambitha ijikijolo elilodwa kodwa ngalikhafulela phansi ngokushesha.

"Mnumzane, ini a umuncu isithelo! Mina kungenzeka akakaze njenge ama-strawberry!"

Umfundisi wami wahleka. "O, uzowathanda - eMelika. Esidlweni sakusihlwa lapho, umninikhaya wakho uzowaphakela ushukela nokhilimu. Ngemva kokuba esewahlilikhlile amajikijolo ngefoloko, uzowanambitha bese uthi: 'Yeka amajikijolo amnandi!' Bese ukhumbula lolu suku eSimla."

Isibikezelo sikaSri Yukteswar sanyamalala engqondweni yami, kodwa saphinde savela lapho eminyakeni eminingi kamuva, ngemva nje kokufika kwami eMelika. Ngangiyisimenywa esidlweni sakusihlwa ekhaya likaNkk. Alice T. Hasey (uDade Yogmata) eWest Somerville, eMassachusetts. Lapho kubekwa i-dessert yama-strawberry etafuleni, umninikhaya wami wathatha ifoloko lakhe wawahlilikhla amajikijolo ami, wafaka ukhilimu noshukela. "Izithelo zithambile impela; ngicabanga ukuthi uzothanda ukuthi zilungiswe ngale ndlela," ephawula.

Ngathatha isiphuzo. "Yeka ama-strawberry amnandi!" Ngamemeza. Ngokushesha isibikezelo somfundisi wami ku-Simla savela emhumeni wenkumbulo ongaqondakali. Kwakumangalisa ukuqaphela ukuthi kudala ingqondo kaSri Yukteswar eqondiswe uNkulunkulu yayilubonile ngozwelo uhlelo lwezehlakalo ze-karmic ezizulazula emkhathini wekusasa.

Iqembu lethu lasheshe lasuka eSimla laqeqeshwa eRawalpindi. Lapho saqasha i-landau enkulu, edonswa amahhashi amabili, lapho saqala khona uhambo lwezinsuku eziyisikhombisa oluya eSrinagar, inhloko-dolobha yaseKashmir. Usuku lwesibili lohambo lwethu oluya enyakatho lwasikhanyisela ubukhulu bangempela baseHimalaya. Njengoba amasondo ensimbi enqola yethu ayekhala emigwaqweni eshisayo, enamatshe, sajabula kakhulu ngemibono eshintshashintshayo yobukhulu bezintaba.

"Mnumzane," U-Auddy kusho ku- Nkosi, "Mina ekuseni kakhulu ukujabulela lokhu ekhazimulayo izigcawu ku yakho ngcwele inkampani."

Ngazizwa ngijabule kakhulu ngokwazisa kuka-Auddy, ngoba ngangingumnikazi wohambo. USri Yukteswar wabamba umcabango wami; waphendukela kimi wahlebela wathi:

"Ungazikhohlisi; u-Auddy akajabuli kakhulu ngezindawo njengoba ejabulile ngokusishiya isikhathi eside ngokwanele ukuba siphuze ugwayi."

"Mnumzane," ngisho ngezwi eliphansi, "ngicela ungasiphuli isivumelwano sethu ngala mazwi angathandeki. Angikholwa ukuthi u-Auddy ulangazelela intuthu." Ngabheka ngokukhathazeka isazi sami esivame ukungacindezeleki.

"Kulungile; ngeke ngisho lutho ku-Auddy." UMaster wahleka. "Kodwa uzobona maduze, lapho ulandau eyeka, ukuthi u-Auddy uyashesha ukusebenzisa ithuba lakhe."

Inqola yafika endaweni encane yokuphuzela amahhashi. Njengoba amahhashi ethu ayeholwa ukuyophuziswa amanzi, u-Auddy wabuza, "Mnumzane, ungakhathazeki uma ngigibela isikhashana nomshayeli? Ngingathanda ukuthola umoya omncane wangaphandle."

IsiSri Yukteswar wanikeza imvume, kodwa waphawula ku- mina, "Yena okufunwayo okusha intuthu futhi hhayi okusha umoya."

I-landau yaqhubeka nokuqhubeka kwayo ngomsindo emigwaqweni enothuli. Amehlo kaMaster ayekhanya; wangiya wathi, "Faka intamo yakho emnyango wenqola ubone ukuthi u-Auddy wenzani ngomoya."

Ngalalela, futhi ngamangala ukubona u-Auddy ekhipha intuthu kagwayi. Ukubheka kwami uSri Yukteswar kwangixolisa.

"Uqinisile, njengenjwayelo, mnumzane. U-Auddy ujabulela ukushawa umoya kanye ne-panorama." Ngacabanga lokho. Umngane wami wayethole isipho esivela kumshayeli wetekisi; ngangazi ukuthi u-Auddy wayengaphathanga ugwayi ovela eCalcutta.

Saqhubeka nendlela ende, ehlotshiswe ngemibono yemifula, izigodi, amawa amakhulu, kanye nezintaba eziningi. Njalo ebusuku sasima ezindlini zokuhlala zasemaphandleni, sizilungiselele ukudla kwethu. USri Yukteswar wayenakekela ukudla kwami, egcizelela ukuthi ngidle ujusi welayisi kuzo zonke izidlo. Ngangisebuthakathaka, kodwa ngithuthuka nsuku zonke, yize inqola eyayihamba kancane yayiklanyelwe ukungakhululeki.

Injabulo yagcwala izinhliziyi zethu njengoba sisondela enkabeni yeKashmir, izwe eliyipharadesi elinamachibi e-lotus, izingadi ezintantayo, izikebhe zasekhaya ezihlotshiswe ngobuhle, uMfula i-Jhelum onamabhuloho amaningi, kanye namadlelo agcwele izimbali, konke kuzungezwe ubukhosi baseHimalaya. Indlela yethu eya eSrinagar yayidlula e-

indlela yezihlahla ezinde, ezamukelayo. Sasinobungane emakamelweni okulala abantu endlini yezihambi enezitezi ezimbili ebheke amagquma amahle. Awekho amanzi agelezayo ayetholakala; sasikha amanzi ethu emthonjeni oseduze. Isimo sezulu sasehlobo sasisihle, sinezinsuku ezifudumele nobusuku obubandayo kancane.

Senza uhambo lokuya ethempelini lasendulo laseSrinagar likaSwami Shankara. Njengoba ngibheke indawo ephakeme kakhulu yezintaba, ngimi ngesibindi esibhakabhakeni, ngafikelwa yingqondo ejabule kakhulu. Kwavela umbono wendlu enkulu esequmeni ezweni elikude. I-ashram ephakeme yaseShankara phambi kwami yaguqulwa yaba isakhiwo lapho, eminyakeni eminingi kamuva, ngasungula khona indlunkulu ye-Self-Realization Fellowship eMelika. Lapho ngiqala ukuvakashela eLos Angeles, futhi ngibona isakhiwo esikhulu esiqongweni seNtaba iWashington, ngasibona ngokushesha emibonweni yami yakudala eKashmir nase kwenye indawo.

Izinsuku ezimbalwa eSrinagar; bese ngiya eGulmarg ("izindlela zezimbali zezintaba"), eziphakeme ngamafidi ayizinkulungwane eziyisithupha. Lapho ngathola khona ukugibela kwami kokuqala ehhashini elikhulu. URajendra wagibela ihhashi elincane elihamba ngezinyawo, inhliziyi yakhe yayigcwele isifiso sokusheshisa. Sangena eKhilanmarg ende kakhulu; indlela yayiholela ehlathini eliminyene, egcwele amakhowe ezihlahla, lapho imizila embozwe yinkungu yayivame ukuba yingozi khona. Kodwa isilwane esincane sikaRajendra asizange sivumele ihhashi lami elikhulu liphumule isikhashana, ngisho noma lijika kakhulu. Kwaqhubeka, kwaqhubeka, kwafika ihhashi likaRajendra ngokungakhathali, lingazi lutho ngaphandle kwenjabulo yokuncintisana.

Umjaho wethu onzima wavuzwa ngokubuka okumangalisayo. Okokuqala ngqa empilweni, ngabuka kuzo zonke izinhlangothi izintaba zaseHimalaya ezinhle ezimbozwe yiqhwa, zilele ezitezi ezinde njengezithombe ezinkulu. Amabhere asezingaweni ezibandayo. Amehlo ami ayejabulela kakhulu izindawo ezingenamkhawulo zezintaba ezibandayo ezibhekene nesibhakabhaka esiluhlaza okwesibhakabhaka esinelanga.

Ngagingqika ngenjabulo kanye nabangane bami abasebasha, bonke begqoke amajazi, emithambekeni emhlophe ekhazimulayo. Ohambweni lwethu lokwehla sabona kude ikhaphethi enkulu yezimbali eziphuzi, iguqula ngokuphelele amagquma amnyama.

Uhambo lwethu olulandelayo lwaluya “ezingadini zokuzijabulisa” zasebukhosini ezidumile zoMbusi uJehangir, eShalimar naseNishat Bagh. Isigodlo sasendulo eNishat Bagh sakhiwe ngqo phezu kwamanzi emvelo. Sigeleza sisuka ezintabeni, isifufu silawulwa ngezindlela zobuhlakani zokugeleza phezu kwamathala anemibala futhi singene emithonjeni phakathi kwemibhede yezimbali ekhazimulayo. Lo mfudlana ungena namakamelo amaningana esigodlweni, ekugcineni uphonsa njengenganekwane echibini elingezansi. Izingadi ezinkulu zigcwele ama-rose

anemibala eyishumi nambili, ama-snapdragon, i-lavender, ama-pansies, ama-poppy. I-An i-emerald okuvalekile uhlaka kuyinto okunikeziwe ngu ukulingana imigqa yamaShayina , **21-2** imisayipuresi, izihlahla ze-cherry; ngale kwazo kuphakeme izindawo ezimhlophe zaseHimalaya.

Amagilebhisi aseKashmir abhekwa njengesidlo esingavamile eCalcutta. URajendra, owayezithembisa idili langempela lapho efika eKashmir, wadumala lapho ethola ukuthi akukho zivini ezinkulu lapho. Ngezinye izikhathi ngangimthuka ngokumangala ngenxa yokulindela kwakhe okungenasisekelo.

"O, sengigcwele amagilebhisi kakhulu kangangokuthi angikwazi ukuhamba!" Bengithi. "Amagilebhisi angabonakali ayavuthwa ngaphakathi kimi!" Kamuva ngezwa ukuthi amagilebhisi amnandi akhula kakhulu eKabul, entshonalanga yeKashmir. Saziduduza nge-ayisikhilimu eyenziwe nge- *rabri* , ubisi olujiyile kakhulu, futhi

okunongiwe nge konke i-pistachio amantongomane.

Sithathe uhambo oluningana ngama -*shikara* noma izikebhe zasekhaya, ezimbozwe ngama-canopy ahlotshiswe ngokubomvu, sihamba emifuleni eyinkimbinkimbi yeLake Dal, inethiwekhi yemisele efana nolwembu lwesicabucabu olunamanzi. Lapha izingadi eziningi ezintantayo, eziklanywe ngokhuni nomhlabathi, zimangaza umuntu, ngakho-ke ukubona imifino namakhabe kuqala kukhula phakathi kwamanzi amakhulu akujwayelekile. Ngezinye izikhathi umuntu ubona umlimi, engafuni "ukugxiliswa emhlabathini," edonsa indawo yakhe "yezwe" eliyisikwele eya endaweni entsha echibini elineminwe eminingi.

Kulesi sigodi esinezitezi umuntu uthola isibonelo esihle sazo zonke izinto ezinhle zomhlaba. INkosazana yaseKashmir ihlotshiswe ngemiqhele yezintaba, inemihlobiso yechibi, futhi igqoke izicathulo zezimbali. Eminyakeni eyalandela, ngemva kokuvakashela amazwe amaningi akude, ngaqonda ukuthi kungani iKashmir ivame ukubizwa ngokuthi indawo enhle kakhulu emhlabeni. Inezinye zezinto ezinhle zaseSwitzerland Alps, kanye neLoch Lomond eScotland, kanye namachibi amahle aseNgilandi. Umhambi waseMelika eKashmir uthola okuningi okumkhumbuza ngobukhulu obukhulu base-Alaska kanye nePikes Peak eduze kwaseDenver.

Njengomuntu ongenela umncintiswano wobuhle obuhle, nginikeza umklomelo wokuqala umbono omuhle we-Xochimilco eMexico, lapho izintaba, isibhakabhaka, kanye ne-poplar kubonakala khona emizileni eminingi yamanzi phakathi kwezinhlanzi ezidlalayo, noma amachibi anjenge-Kashmir anjengetshe eliyigugu, aqashwe njengezintombi ezinhle ngokuqapha okuqinile kwe-Himalayas. Lezi zindawo ezimbili zivelele enkumbulweni yami njengezindawo ezinhle kakhulu emhlabeni.

Kodwa-ke ngamangala futhi lapho ngiqala ukubona izimangaliso zeYellowstone National Park kanye neGrand Canyon yaseColorado, kanye ne-Alaska. IYellowstone Park mhlawumbe iyindawo kuphela lapho umuntu angabona khona ama-geyser angenakubalwa eqhuma phezulu emoyeni, enza njalo unyaka nonyaka. Amachibi ayo e-opal ne-sapphire kanye neziphethu ezishisayo ze-sulphur, amabhere ayo nezidalwa zasendle, kukhumbuza umuntu ukuthi lapha iMvelo ishiye isibonelo sendalo yayo yokuqala. Ihamba ngemoto Imigwaqo yaseWyoming eya "ebhodweni likaDeveli" lodaka olushisayo olugeleza, olunemithombo yamanzi ageleza, imithombo enomhwamuko, kanye nama-geyser ageleza kuzo zonke izinhlangothi, ngangifuna ukusho ukuthi iYellowstone ifanelwe umklomelo okhethekile ngenxa yokuhlukile.

Izihlahla ezibomvu zasendulo ezinhle kakhulu zaseYosemite, ezinweba izinsika zazo ezinkulu ziye esibhakabhakeni esingenakuqondwa, ziyizindela zemvelo eziluhlaza eziklanywe ngobuciko obuphezulu. Nakuba kunezimphophoma ezinhle eMpumalanga, azikho ezilingana nobuhle obukhulu beNiagara eduze komngcele waseCanada. IMihume YamaMammoth yaseKentucky kanye neMihume YaseCarlsbad eNew

Mexico, enezakhiwo ezimibalabala ezifana neqhwa, ziyizindawo ezinhle kakhulu zezinganekwane. Izinaliti zazo ezinde zemibhoshongo ye-stalactite, ezilenga emhumeni ophahleni futhi okuboniswe esibukweni ku ngaphansi komhlaba amanzi, samanje a ukubona kwe okunye imihlaba njengoba ethandwa ngumuntu.

Iningi lamaHindu aseKashmir, adume umhlaba wonke ngobuhle bawo, amhlophe njengabaseYurophu futhi anezimpawu ezifanayo kanye nesakhiwo samathambo; amaningi anamehlo aluhlaza okwesibhakabhaka nezinwele ezimhlophe. Njengoba egqoke izingubo zaseNtshonalanga, abukeka njengamaMelika. AmaHimalaya abandayo avikela amaKashmir elangeni elishisayo kanye gcina yabo ukukhanya ubuso obuthambile. Njengoba eyodwa ukuhamba ku- i eningizimu futhi izindawo ezishisayo izindawo ezikude waseNdiya, uthola ukuthi kancane kancane abantu baba mnyama kakhulu.

Ngemva kokuchitha amasonto ajabulisayo eKashmir, ngaphoqeleka ukubuyela eBengal ngesikhathi sokuphela kweSerampore College. USri Yukteswar wasala eSrinagar, noKanai no-Auddy. Ngaphambi kokuba ngihambe, uMaster wasikisela ukuthi isidumbu sakhe sizohlupheka eKashmir.

"Mnumzane, ubukeka sengathi uphilile,"

ngisho ngikhononda. "Kunethuba lokuthi

ngingase ngihambe kulo mhlaba."

"Guruji!" Ngawa ezinyaweni zakhe ngesenzo sokuncenga. "Ngicela uthembise ukuthi ngeke ushiye umzimba wakho manje. Angikulungele nhlobo ukuqhubeka ngaphandle kwakho."

USri Yukteswar wayethule, kodwa wamomotheka ngozwela kangangokuthi ngazizwa ngiqiniseka. Ngamshiya ngokungathandi.

"Inkosi igula kakhulu." Le telegram evela ku-Auddy yangifinyelela ngemuva nje kokubuyela kwami eSerampore.

"Mnumzane," ngiphendula uthisha wami ngokukhulu ukucasuka, "Ngicela isithembiso sakho sokuthi ungangishiyi. Ngicela ugcine umzimba wakho; ngaphandle kwalokho, nami ngizokufa."

"Yiba yona njengoba wena isifiso." Lokhu kwakuyi IsiSri I-Yukteswar's impendulo kusukela IKashmir.

Incwadi evela ku-Auddy yafika ezinsukwini ezimbalwa, ingitshela ukuthi uMaster useluleme. Lapho ebuya eSerampore phakathi namasonto amabili alandelayo, ngadabuka ukuthola isidumbu sikathisha wami sehlile saba yisigamu sesisindo saso esivamile.

Ngenhlanhla ngoba yakhe abafundi, IsiSri Yukteswar kushisiwe eziningi kwe yabo izono ku i umlilo kwe yakhe umkhuhlane onzima eKashmir. Indlela yokudlulisela izifo ngokomzimba yaziwa kuma-yoga athuthukile kakhulu. Indoda enamandla ingasiza obuthakathaka ngokusiza ekuthwaleni umthwalo wakhe osindayo; Umuntu ongokomoya ophakeme uyakwazi ukunciphisa imithwalo engokomzimba noma yengqondo yabafundi bakhe ngokwabelana nge-karma yezenzo zabo zangaphambilini. Njengoba nje indoda ecebile ilahlekelwa yimali ethile lapho ikhokhela isikweletu esikhulu sendodana yayo yolahleko, ngaleyo ndlela isindiswa emiphumeleni emibi yobuwula bayo, kanjalo nenkosi ngokuzithandela idela ingxenywe yengcebo yayo yomzimba ukuze inciphise usizi lwabafundi. **21-3**

Ngendlela eyimfihlo, i-yogi ihlanganisa ingqondo yayo kanye nemoto yezinkanyezi

kanye neyomuntu ohluphekayo; lesi sifo sidluliselwa, ngokuphelele noma ngokwengxenye, emzimbeni wosanta. Njengoba esevune uNkulunkulu ensimini engokwenyama, inkosi ayisakhathali ukuthi kwenzekani kulolo hlobo lwezinto ezibonakalayo. Nakuba ingase iyivumele ukuthi ibhalise isifo esithile ukuze ikhulule abanye, ingqondo yayo ayithinteki neze; izibona inenhlanhla ngokukwazi ukunikeza usizo olunjalo.

Umuntu ozinikele othole insindiso yokugcina eNkosini uthola ukuthi umzimba wakhe usuyifezile ngokuphelele injongo yawo; angayisebenzisa nganoma iyiphi indlela ayibona ifanele. Umsebenzi wakhe emhlabeni ukunciphisa usizi lwesintu, kungaba ngezindlela ezingokomoya noma ngeseluleko sobuhlakani noma ngamandla entando noma ngokudluliselwa kwezifo ngokomzimba. Ebalekela ukuqonda okungaphezu kwamandla noma nini lapho efisa kanjalo, inkosi ingahlala ingakunaki ukuhlupheka ngokomzimba; ngezinye izikhathi yena

ukhetha ukuthwala ubuhlungu bomzimba ngokungaguquki, njengesibonelo kubafundi. Ngokubeka izifo zabanye, i-yogi ingagcwalisa, kubo, umthetho we-karmic wembangela nomphumela. Lo mthetho usebenza ngomshini noma ngokwezibalo; ukusebenza kwawo kungasetshenziswa ngokwesayensi ngabantu abangcwele ukuhlakanipha.

Umthetho ongokomoya awudingi ukuthi inkosi igule noma nini lapho iphulukisa omunye umuntu. Ukuphulukiswa ngokuvamile kwenzeka ngolwazi losanta ngezindlela ezahlukeni zokwelapha ngokushesha. ku okuyinto cha ukulimala ku- i ngokomoya umelaphi kuyinto ohilelekile. Kuvuliwe okungajwayelekile izikhathi, nokho, a inkosi efisa ukusheshisa kakhulu ukuvela kwabafundi bayo ingase izenzele ngokuzithandela isilinganiso esikhulu se-karma yabo engathandeki emzimbeni wayo.

UJesu waziveza njengesihlengo sezono zabaningi. Ngamandla akhe aphezulu, **21-4** umzimba wakhe wawungeke neze ubulawe ngokubethelwa esiphambanweni ukube wayengabambisani ngokuzithandela nomthetho wendalo yonke ocashile wesizathu nomphumela. Ngakho-ke wathatha imiphumela ye-karma yabanye, ikakhulukazi eyabafundi bakhe. Ngale ndlela bahlanzwa kakhulu futhi benziwa bafanelekela ukwamukela ukuqonda okukhona yonke indawo okwabehlela kamuva.

Inkosi ezibonayo kuphela engadlulisela amandla ayo okuphila, noma idlulisele izifo zabanye emzimbeni wayo. Umuntu ovamile akanakusebenzisa le ndlela ye-yogic yokwelapha, futhi akufiseleki ukuthi enze kanjalo; ngoba ithuluzi elingokomzimba elingaphilile liyisiphazamiso ekuzindleni kukaNkulunkulu. Imibhalo yamaHindu ifundisa ukuthi umsebenzi wokuqala womuntu ukugcina umzimba wakhe usesimweni esihle; ngaphandle kwalokho ingqondo yakhe ayikwazi ukuhlala igxile ekuzinikeleni.

Nokho, ingqondo enamandla kakhulu ingadlula zonke izinkinga zomzimba futhi ifinyelele ekuqaphelisweni nguNkulunkulu. Abangcwele abanengi baye bakushaya indiva ukugula futhi baphumelela ekufuneni kwabo kwaphezulu. USanta Francis wase-Assisi, wayehlushwa kakhulu yizifo, waphulukisa abanye futhi wavusa ngisho nabafuleyo.

Bengimazi ungqwele waseNdiya, ingxenye yomzimba wakhe yayike yagcwala izilonda. Isimo sakhe sesifo sikashukela sasibucayi kangangokuthi ngaphansi kwezimo ezivamile wayengakwazi ukuhlala athule ngesikhathi esisodwa imizuzu engaphezu kweyishumi nanhlanu. Kodwa isifiso sakhe esingokomoya sasingenakunqotshwa. "Nkosi," wathandaza, "ungene ithempeli lami eliphukile?" Ngokuyalelwa okungapheli kwentando, kancane kancane lo santa wakwazi ukuhlala nsuku zonke esimweni se-lotus amahora ayishumi nesishiyagalombili aqhubekeyo, ngigxile embonweni wenjabulo.

"Futhi," wangitshela, "ekupheleni kweminyaka emithathu, ngathola ukukhanya okungenamkhawulo kukhanya ngaphakathi kwesimo sami esiphukile. Ngijabule

ngobuhle obujabulisayo, ngakhohlwa umzimba. Kamuva ngabona ukuthi wawuphelele ngesihe sikaNkulunkulu."

Isigameko sokwelashwa esingokomlando siphathelene neNkosi uBaber (1483-1530), umsunguli wombuso wamaMogul eNdiya. Indodana yakhe, iNkosana uHumayun, yayigula kakhulu. Ubaba wathandaza ngokuzimisela okukhulu ukuthi athole lesi sifo, nokuthi indodana yakhe isindiswe. Ngemva kokuba bonke odokotela sebelahle ithemba, uHumayun walulama. UBaber wagula ngokushesha washona ngesifo esifanayo esasihlasele indodana yakhe. UHumayun wathatha indawo kaBaber njengoMbusi waseHindustan.

Abantu abaningi bacabanga ukuthi wonke umfundisi ongokomoya unempilo namandla eSandow, noma kufanele abe nawo. I ukucabanga kuyinto akunasisekelo. A ukugula umzimba ingabe hhayi khombisa lokho a uchwepheshe kuyinto hhayi ku ukuthinta

ngamandla aphezulu, ngaphezu kokuba impilo yempilo yonke isho ukukhanya kwangaphakathi. Ngamanye amazwi, isimo somzimba wenyama asinakwenziwa ngokufanele isivivinyo senkosi. Izimfanelo zakhe ezihlukile kumele zifunwe endaweni yakhe, ngokomoya.

Abafuni abaningi abadidekile eNtshonalanga bacabanga ngephutha ukuthi isikhulumi noma umbhali onekhono lokukhuluma nge-metaphysics kumele abe yingcweti. Nokho, ama-rishi aveze ukuthi ukuhlolwa kwe-asidi kwenkosi kuyikhono lomuntu lokungena ngokuthanda kwakhe esimweni sokuphelelwa umoya, nokugcina i- *samadhi engaphukile ye -nirbikalpa* . **21-5** Kuphela ngalezi mpumelelo lapho umuntu angafakazela khona ukuthi "uyingcweti" *kumaya* noma i-dualistic Cosmic Delusion. Nguye kuphela ongasho ekujuleni kokuqaphela ukuthi: " *U-Ekam wahlala* ," - "Munye kuphela okhona."

" *AmaVeda* athi umuntu ongazi lutho ohlala enelisekile ngokwenza umehluko omncane phakathi komphefumulo womuntu ngamunye kanye noMuntu Ophakeme usengozini," kubhala uShankara, isazi esikhulu senkolo. "Lapho kukhona ubumbano ngenxa yokungazi, umuntu ubona zonke izinto zihlukile kuMuntu Ozimele. Lapho konke kubhekwa njengoMuntu Ozimele, khona-ke akukho ngisho ne-athomu ngaphandle koMuntu Ozimele."

"Njengoba maduze njengoba i ulwazi kwe i Iqiniso ine ihlume phezulu, Lapho ithini yiba cha izithelo kwe okwedlule izenzo ukuzizwela, ngenxa yokungafaneleki komzimba, ngendlela efanayo nokuthi akukho phupho ngemva kokuvuka."

Ama-guru amakhulu kuphela akwazi ukuthatha i-karma yabafundi. USri Yukteswar wayengeke ahlupheke eKashmir ngaphandle kokuthi athole imvume kuMoya ongaphakathi kuye yokusiza abafundi bakhe ngaleyo ndlela engavamile. Bambalwa abangcwele ababehlonyiswe ngokuhlakanipha okukhulu ukuze bafeze imiyalo yaphezulu kuneNkosi yami eqondiswe nguNkulunkulu.

Nini Mina ukuzama a ezimbalwa amagama kwe uzwelo sekuphelile yakhe obuthakathaka isithombe, yami uchwepheshe kusho ngokuthokoza:

"Inezinzuzo zayo ezinhle; manje sengiyakwazi ukugqoka *ama-ganji amancane* (amahembe angaphansi) engingakawagqoki iminyaka eminingi!"

Ngilalele ukuhleka kukaMaster okujabulisayo, ngakhumbula amazwi kaSt. Francis de Sales: "Usanta odabukile uyisanta odabukile!"

21-1 : It kuyinto a uphawu kwe ukungahloniphi, ku INdiya, ku- intuthu ku i ukuba khona kwe

komuntu abadala futhi abaphathi. 21-2: Umuthi wendiza waseMpumalanga..

21-3 : Eziningi umKristu abangcwele, kufaka phakathi UTherese Neumann (bheka [isahluko 39](#)), kukhona ojwayelekile nge i i-metaphysical ukudluliselwa yesifo .

21-4 : uKristu wathi, nje ngaphambi yena kwakuyi iholele kude ku- yiba wabethelwa esiphambanweni: "Ocabangayo kakhulu wena lokho Mina ayikwazi manje thandaza ku- yami Baba, futhi yena kufanele okwamanje nikeza mina Okuningi kunokuba ishumi nambili amabutho kwe izingelosi? Kodwa Kanjani bese kuba kufanele i imibhalo engcwele yiba kugcwalisekile, lokho ngakho-ke kumelwe kube njalo?" — *Mathewu* 26:53-54.

21-5 : Bheka izahluko 26, 43 *amanothi* .

ISAHLUKO: 22

I Inhliziyo Of A Itshe Isithombe

"Njengomfazi othembekile ongumHindu, angifisi ukukhononda ngomyeni wami. Kodwa ngilangazelela ukumbona ephenduka emibonweni yakhe yokuthanda izinto ezibonakalayo. Uyakujabulela ukuhleka usulu izithombe zabangcwele egumbini lami lokuzindla."

Sawubona umfowethu, Mina babe okujulile ukholo lokho wena ithini Usizo yena. Intando wena?"

Udadewethu omdala uRoma wangibheka ngokungincenga. Ngangivakashele ikhaya lakhe laseCalcutta eGirish Vidyaratna Lane isikhashana. Isicelo sakhe sangithinta inhliziyo, ngoba wayenethonya elikhulu elingokomoya empilweni yami yokuqala, futhi ngothando wayezame ukuvala isikhala esasisele emndenini ngokushona kukaMama.

"Dadewethu othandekayo, vele ngizokwenza noma yini engingayenza." Ngamomotheka, ngilangazelela ukususa ubumnyama obubonakala kahle ebusweni bakhe, ngokungafani nesimo sakhe esivamile sokuzola nokujabula.

Mina noRoma sahlala isikhashana sithandaza buthule sicela isiqondiso. Ngonyaka odlule, udadewethu wayengicele ukuba ngimqalise i *-Kriya Yoga* , lapho ayethuthuka khona kakhulu.

Ugqozi lwangibamba. "Kusasa," ngathi, "Ngiya ethempelini laseDakshineswar. Ngicela uhambe nami, ukhuthaze umyeni wakho ukuba ahambe nathi. Nginomuzwa wokuthi ekudlidlizeni kwaleyo ndawo engcwele, uMama Ongcwele uzothinta inhliziyo yakhe. Kodwa ungadaluli inhloso yethu yokumfuna ahambe ."

Udadewethu wavuma ngethemba. Ekuseni kakhulu ngakusasa ngajabula ukuthola ukuthi uRoma nomyeni wakhe babe ku ukulungela ngoba i uhambo. Njengoba yethu i-hackney inqola iqhuma eceleni Ngaphezulu Umgwaqo Ojikelezayo maqondana I-Dakshineswar, yami umkhwenyana, I-Satish UChandra Bose, kuhlekisa yena ngokuhleka usulu ochwepheshe bezinto ezingokomoya besikhathi esidlule, samanje, nesesikhathi esizayo. Ngaphawula ukuthi uRoma wayekhala buthule.



Ukuzibona Isonto kwe Konke Izinkolo, IsiSan UDiego, I-California



Mina ukuma nge yami ezimbili odade, AmaRoma (ku- kwesobunxele) futhi Nalini



Okwami udadewethu Uma, njengoba a omncane intombazane

"Dadewethu, jabula!" ngihlebela. "Ungamniki umyeni wakho ukwaneliseka kokukholelwa ukuthi sithatha ukuhleka kwakhe ngokungathi sína."

"Mukunda, ungawabonga kanjani ama-humbugs angenamsebenzi?" kusho uSatish. "UKUBUKEKA kwe-SADHU kuyacasula. Mncane njengohlaka lwamathambo, noma ukhuluphele njengendlovu!"

Ngamemeza ngihleka. Ukusabela kwami okuhle kwamcasula uSatish; waphuma wathula ethukuthele. Njengoba itekisi yethu ingena emagcekeni aseDakshineswar, wamomotheka ngokubhuqa.

"Lokhu uhambo, Mina ake sithi, kuyinto a uhlelo ku- ukuguqulwa mina?"

Njengoba ngiphenduka ngingaphenduli, wangibamba ingalo. "Mnu. Monk osemncane," esho, "ungakhohlwa ukwenza amalungiselelo afanele nabaphathi bethempeli ukuze basiphe ukudla kwethu kwasemini."

"Ngizozindla manje. Ungakhathazeki ngesidlo sakho sasemini," ngiphendula ngentukuthelo. "Umama Ongcwele uzokunakekela."

"Angithembi ukuthi uMama oNgcwele angangenzela lutho. Kodwa ngikubeka icala ngokudla kwami." Amazwi kaSatish ayesongela.

Ngaqhubeka ngedwa ngaya ehholo elinezinsika elibheke ithempeli elikhulu likaKali, noma uMama Wemvelo. Ngikhethe indawo enomthunzi eduze kwenye yezinsika, ngahlela umzimba wami ngesimo se-lotus. Nakuba kwase kuyihora lesikhombisa kuphela, ilanga lasekuseni lalizocindezela ngokushesha.

Umhlaba waphela njengoba ngangiqala ukuthatheka ngokuzinikela. Inggondo yami yayigxile kunkulunkulukazi uKali, owayenesithombe sakhe eDakshineswar esikhethekile sokudunyiswa yinkosi enkulu, uSri. I-Ramakrishna I-Paramhansa. Ku-impendulo ku- yakhe usizi izimfuno, i itshe isithombe kwe lokhu kakhulu

ithempeli wayenayo ngokuvamile kuthathwe a ukuphila ifomu futhi ingxoxo nge yena.

"Mama othule onenhliziyi enjengetshe," ngathandaza, "Wagcwala ukuphila ngesicelo somuntu omthandayo uRamakrishna; kungani ungalaleli nokukhala kwale ndodana yakho elangazelelayo?"

Intshiseko yami evuthayo yanda ngokungenamkhawulo, ihambisana nokuthula kwaphezulu. Kodwa-ke, lapho sekudlule amahora amahlanu, futhi uNkulunkulukazi engangimbona ngaphakathi engaphendulanga, ngazizwa ngidangele kancane. Ngezinye izikhathi kuyisilingo esivela kuNkulunkulu ukulibazisa ukugcwaliseka kwemithandazo. Kodwa ekugcineni ubonakala kumuntu ozinikele ophikelelayo nganoma yiluphi uhlobo aluthandayo. UmKristu ozinikele ubona uJesu; umHindu ubona uKrishna, noma unkulunkulukazi uKali, noma ukukhanya okwandayo uma ukukhulekela kwakhe kuthatha ithuba elingelona elomuntu.

Ngavula amehlo ami ngokungathandi, ngabona ukuthi iminyango yethempeli yayikhiywa ngumpristi, ngokuvumelana nesiko lasemini. Ngasukuma esihlalweni sami esingasese ngaphansi kwehholo elivulekile, elinophahla, ngangena egcekeni. Iphansi lalo lamatshe lalishisa kakhulu elangeni lasemini; izinyawo zami ezingenalutho zazishiswe kabuhlungu.

"Mama Ongcwele," ngiphendula buthule, "Awuzange uze kimi ngombono, manje ufihliwe ethempelini ngemuva kweminyango evaliwe. Bengifuna ukuthandaza kuwe namuhla egameni lomkhwenyana wami."

Isicelo sami sangaphakathi savunywa ngokushesha. Okokuqala, igagasi elimnandi elibandayo lehlela emhlane wami nangaphansi kwezinyawo zami, lasusa konke ukungakhululeki. Kwabe sekuthi, ngokumangala kwami, ithempeli lakhula kakhulu. Umnyango walo omkhulu wavuleka kancane kancane, wembula umfanekiso wetshe kankulunkulukazi uKali.

Kancane kancane yashintsha yaba uhlobo oluphilayo, ivuma ngekhandi ngokumomotheka ibingelela, ingijabulisa ngenjabulo engachazeki. Njengokungathi ngesirinja esiyimfihlakalo, umoya wakhishwa emaphashini ami; umzimba wami wathula kakhulu, nakuba ungazange ungasebenzi.

Kwalandela ukukhuliswa kwemizwa okujabulisayo. Ngangibona kahle amakhilomitha amaningana ngaphesheya koMfula iGanges ngakwesobunxele sami, nangale kwethempeli ngaya kuzo zonke izindawo zaseDakshineswar. Izindonga zazo zonke izakhiwo zazikhanya ngokusobala; ngazo ngabona abantu behamba beya bebuya emahekthareni akude.

Nakuba ngangiphefumula kanzima futhi umzimba wami usesimweni esithule ngendlela exakile, kodwa ngangikwazi ukuhambisa izandla nezinyawo zami ngokukhululeka. Kwaphela imizuzu embalwa ngizame ukuvala nokuvula amehlo ami; kuzo zombili lezi zimo Ngibone ngokucacile yonke i-panorama yaseDakshineswar.

Ukubona okungokomoya, okufana ne-x-ray, kungena kuzo zonke izinto; iso laphezulu liphakathi nendawo yonke, alikho ndawo. Ngaqaphela kabusha, ngimi lapho egcekeni elinelanga, ukuthi lapho umuntu eyeka ukuba ngumntwana kaNkulunkulu olahlekile, egxile ezweni elingokoqobo eliphuphayo ngempela, elingenasisekelo njengebhamuza, uphinda azuze ifa lezindawo zakhe zaphakade. Uma "ukuphunyuka" kuyisidingo somuntu, kuncishisiwe ebuntwini bakhe obuncane, ingabe kukhona ukuphunyuka okungaqhathaniswa nobukhosi bokuba khona kuyo yonke indawo?

Ku- yami engcwele ulwazi ku- I-Dakshineswar, i kuphela ngendlela engavamile-khulusiwe izinto babe i

ithempeli kanye nesimo sikaNkulunkulukazi. Konke okunye kwavela ngobukhulu bako obujwayelekile, yize kwakuyi okuvalekile ku a i-halo kwe ukuzola okumhlophe okukhanyayo, okwesibhakabhaka, futhi i-pastel uthingo imibala. Okwami kwabonakala sengathi umzimba ku- yiba kwe ethereal into ethile, ukulungele ku- i-levitate. Ngokugcwele oqaphelayo kwe yami indawo ebonakalayo, ngangingibheka futhi ngithatha izinyathelo ezimbalwa ngaphandle kokuphazamisa ukuqhubeka kombono wenjabulo.

Ngemva kwezindonga zethempeli ngavele ngambona umkhwenyana wami njengoba ehlezi ngaphansi kwamagatsha anameva esihlahla esingcwele . Ngangikwazi ukubona kalula inkambo yemicabango yakhe. Ekhuliswe kancane ngaphansi kwethonya elingcwele likaDakshineswar, ingqondo yakhe kodwa yayinemicabango engemihle ngami. Ngaphendukela ngqo esimweni somusa sikaNkulunkukazi.

“Mama Ongcwele,” ngathandaza, “Ngeke yini umshintshe ngokomoya

umyeni kadadewethu?” Lesi sibalo esihle, esasithule kuze kube manje,

sakhuluma ekugcineni: “Isifiso sakho sifezekile!”

Ngambheka ngenjabulo uSatish. Njengokungathi uyazi ngokwemvelo ukuthi amandla athile angokomoya ayasebenza, wasukuma ngentukuthelo esihlalweni sakhe phansi. Ngambona egijima ngemuva kwethempeli; wasondela kimi, enikina isibhakela sakhe.

Umbono ohlanganisa konke wanyamalala. Ngangingasakwazi ukubona unkulunkulukazi okhazimulayo; ithempeli eliphakeme lancipha laba usayizi walo ojwayelekile, ngaphandle kokukhanya kwalo. Umzimba wami waphinde washisa ngenxa yemisebe yelanga evuthayo. Ngagxumela endaweni yokukhosela yehholo elinezinsika, lapho uSatish angilandela khona ngentukuthelo. Ngabheka iwashi lami. Kwakuyihora lokuqala; umbono waphezulu wawuthathe ihora lonke.

"Siwula esincane," kusho umkhwenyana wami, "ubulokhu uhleli lapho ugoqe imilenze futhi ugoqe amehlo amahora ayisithupha. Bengilokhu ngihamba ngibuka wena. Kuphi ukudla kwami? Manje ithempeli livaliwe; wehlulekile ukwazisa iziphathimandla; sishiywe singenaso isidlo sasemini!"

Ukuphakanyiswa engangikuzwile phambi kukaNkulunkulukazi kwakusakhanya enhliziyweni yami. Ngazizwa nginesibindi sokumemeza ngithi, "Umama Ongcwele uzosondla!"

USatish wathukuthela kakhulu. "Kuze kube phakade," ememeza, "Ngingathanda ukubona uMama wakho oNgcwele esinika ukudla lapha ngaphandle kwamalungiselelo angaphambilini!"

Okwakhe amagama babe cishe okukhulunywayo nini a ithempeli umpristi weqa i igceke futhi ujoyine thina.

"Ndodana," ekhuluma nami, "Bengilokhu ngibona ubuso bakho bukhanya ngokuthula phakathi namahora okuzindla. Ngibone ukufika kweqembu lakho ekuseni, futhi ngazizwa ngifisa ukubeka eceleni ukudla okwanele kwesidlo sakho sasemini. Kuphambene nemithetho yethempeli ukondla labo abangaceli kusengaphambili, kodwa ngenze okuhlukile kuwe."

Ngambonga, ngabheka ngqo emehlweni kaSatish. Wagcwala imizwa, wehlisa amehlo akhe ngokuphenduka buthule. Lapho sinikwa ukudla okumnandi, okuhlanganisa nama-mango angaphandle kwesizini, ngaphawula ukuthi isifiso somkhwenyana wami sasincane. Wayedidekile, ecwila olwandle lwemicabango. Ohambweni lokubuyela eCalcutta, uSatish, enesimo esithambile,

wayengibheka ngezinye izikhathi engincenga. Kodwa akakhulumanga nelilodwa izwi ngemva komzuzu umpristi evele esimema esidlweni sasemini, njengokungathi uphendula ngqo inselele kaSatish.

I okulandelayo ntambama Mina ukuvakashelwa yami udadewethu ku- yena

ekhaya. Yena kubingelelwe mina ngothando. "Mfowethu othandekayo," ekhala,

"yeka isimangaliso! Kusihlwa umyeni wami wakhala phambi kwami obala."

"' *Devi othandekayo* ,' **22-1** wathi, 'Ngiyajabula kakhulu ukuthi lolu hlelo lokuguqula umfowenu lulethe ushintsho olukhulu. Ngizolungisa konke okubi engikwenzele kona. Kusukela namuhla ebusuku sizosebenzisa ikamelo lethu lokulala elikhulu njengendawo yokukhulekela kuphela; igumbi lakho elincane lokuzindla. sizoshintshwa sibe yindawo yethu yokulala. Ngiyaxolisa kakhulu ngokuthi ngikuhlekisile mfowethu. Ngenxa yendlela engiziphatha ngayo ehlazisayo, ngizozijezisa ngokungakhulumi noMukunda ngize ngithuthuke endleleni engokomoya. Ngizomfuna ngokujulile uMama Ongcwele kusukela manje kuqhubeke; ngolunye usuku kumelwe ngimthole nakanjani!

Eminyakeni eminingi kamuva, ngavakashela umkhwenyana wami eDelhi. Ngajabula kakhulu ukubona ukuthi wayekwenzile lokho. wakhula kakhulu ekuziboneni, futhi wabusiswa umbono kaMama Ongcwele. Ngesikhathi ngihlala naye, ngaphawula ukuthi uSatish wayechitha ingxenye enkulu yobusuku ngabunye ngasese ecabanga ngoNkulunkulu, yize ayehlushwa ukugula okukhulu, futhi wayehlanganyela emini e-ihhovisi lakhe.

Ngafikelwa umcabango wokuthi isikhathi sokuphila komkhwenyana wami ngeke sibe side. Kumelwe ukuba uRoma wayefundile engqondweni yami.

"Mfowethu othandekayo," kusho yena, "Ngiphilile, nomyeni wami uyagula. Noma kunjalo, ngifuna wazi ukuthi, njengomfazi ongumHindu ozinikele, ngizoba ngowokuqala ukufa. **22-2** Ngeke kuthathe isikhathi eside manje ngaphambi kokuba ngidlule emhlabeni.

Ngimangazwe amazwi akhe asabekayo, kodwa ngaqaphela iqiniso lawo elibi. NgangiseMelika lapho udadewethu eshona, cishe ngemva konyaka ebikezele. Umfowethu omncane uBishnu kamuva wanginika imininingwane .

"URoma noSatish babeseCalcutta ngesikhathi eshona," kusho uBishnu kimi. "Ngalolo suku ekuseni wagqoka izingubo zakhe zomshado."

"Kungani lokhu okukhethekile imvunulo?' I-Satish kubuza.

"Lolu usuku lwami lokugcina lokukukhonza emhlabeni,' kuphendula uRoma.

Ngemva kwesikhashana wahlaselwa yisifo senhliziyo. Njengoba indodana yakhe yayiphuthuma ifuna usizo, wathi:

"Ndodana, ungangishiyi. Akusizi ngalutho; ngizohamba ngaphambi kokuba udokotela afike.' Ngemva kwemizuzu eyishumi, ebambe izinyawo zomyeni wakhe ngenhlonipho, uRoma washiya isidumbu sakhe ngamabomu, ejabule futhi engenakho ukuhlupheka.

"Satish" waba kakhulu ukuzimela ngemva yakhe komkami ukufa," UBishnu waqhubeka.
"Oyedwa usuku yena futhi Mina babe

ukubheka ku- a nkulu ukumamatheka isithombe kwe AmaRoma.

"Kungani umomotheka?' kumemeza uSatish ngokuzumayo, sengathi umkakhe ukhona. 'Ucabanga ukuthi uhlakaniphe kakhulu ekuhleleni ukuhamba ngaphambi kwami. Ngizofakazela ukuthi awukwazi ukuhlala kude nami isikhathi eside; maduze ngizokujoyina.'

"Nakuba ngalesi sikhathi uSatish wayeseluleme ngokuphelele ekuguleni kwakhe, futhi ejabulela impilo enhle kakhulu, washona ngaphandle kwesizathu esibonakalayo ngemuva nje kwenkulumo yakhe engavamile ngaphambi kwesithombe."

Ngaleyo ndlela kwadlula udadewethu omdala engimthandayo kakhulu uRoma, nomyeni wakhe uSatish—owashintsha eDakshineswar esuka ekubeni ngumuntu wezwe ovamile waba ngumuntu ongcwele othule.

.....
22-1 : Unkulunkulukazi.

22-2 : I IsiHindu unkosikazi ukholelwa yona kuyinto a uphawu kwe ngokomoya intuthuko uma yena uyafa ngaphambi yena umyeni, njengoba a ubufakazi kwe yena inkonzo eqotho kuye, noma "ukufa eboshwe."

ISAPHLUKO: 23

Mina Thola Okwami Inyuvesi Idigri

"Uyazishaya indiva izabelo zakho zezincwadi zefilosofi. Akungabazeki ukuthi uthembele 'ekugondeni' okunzima ukuze kukusize uphumelele ezivivinyweni. Kodwa ngaphandle kokuthi uzikhandle ngendlela enolwazi oluthe xaxa, ngizoqinisekisa ukuthi awuphumeleli kule khosi."

USolwazi DC Ghoshal waseSerampore College wayengikhuluma kabi. Uma ngihluleka ukuphumelela isivivinyo sakhe sokugcina esibhaliwe ekilasini, bengingeke ngifanelekele ukuthatha izivivinyo eziphelele. Lezi zihlelwe yi-faculty yaseCalcutta University, ebalala iSerampore College phakathi kwamagatsha ayo axhumene nayo. Umfundi emanyuvesi aseNdiya ongaphumeleli esifundweni esisodwa kowamanqamu we-AB kumele ahlolwe kabusha kuzo *zonke* izifundo zakhe ngonyaka olandelayo.

Abafundisi bami eSerampore College babevame ukungiphatha ngomusa, hhayi

ukubekezelelana okujabulisayo. "UMukunda udakwe kakhulu yinkolo." Ngakho-ke, bangivikela ngobuhlakani ehlazweni lokuphendula imibuzo yekilasi; babethemba ukuthi izivivinyo zokugcina ezibhaliwe zizongisusa ohlwini lwabazongenela ukhetho lwe-AB. Isinqumo esathathwa abafundi engangifunda nabo savezwa ngesiteketiso sabo samagama athi "Mad Monk."

Ngathatha isinyathelo esihlakaniphile sokugeda usongo lukaProfesa Ghoshal kimi lokwehluleka kwefilosofi. Lapho imiphumela yokuhlolwa kokugcina isizomenyezelwa obala, ngacela omunye umfundi ekilasini ukuba ngiphelezele siye esifundweni sikaprofesa.

"Woza; ngifuna ufakazi," ngitshela umngane wami. "Ngizodumala kakhulu uma ngingaphumelelanga ukuhlula umfundisi ngobuqili."

Uprofesa I-Ghoshal ukuthuthumela yakhe ikhanda ngemva Mina wayenayo kubuza ini isilinganiso yena wayenayo okunikeziwe yami iphepha.

"Awuyena phakathi kwalabo abadlulile," esho ngokunqoba. Wazingela enqwabeni enkulu etafuleni lakhe. "Iphepha lakho alikho nhlobo lapha; uhlulekile, noma kunjalo, ngokungaveli esivivinyweni."

Mina wahleka kancane. "Mnumzane, Mina kwakuyi Lapho. Meyi Mina ukubukeka ngokusebenzisa i isitaki mina?"

ngaphandle kwenombolo yami yokubizwa. Engaxwayiswanga "ifulegi elibomvu" legama lami, uthisha wayenikeze izimpendulo zami isilinganiso esiphezulu yize zazingenazo izingcaphuno zezincwadi.

Ebona indlela engangiyicabanga ngayo, manje wamemeza kakhulu, "Inhlanhla enkulu!" Wanezela ngethemba, "Uzohluleka nakanjani kowamanqamu we-AB."

Ngezivivinyo kwezinye izifundo zami, ngithole ukuqeqeshwa okuthile, ikakhulukazi kumngane wami othandekayo nomzala wami, uPrabhas Chandra Ghose, 23-2. indodana kaMalume wami uSarada. Ngahamba kabuhlungu kodwa ngempumelelo - ngamamaki aphansi kakhulu okupasa - kuzo zonke izivivinyo zami zokugcina.

Manje, ngemva kweminyaka emine ngisekolishi, ngangifanelekela ukubhala izivivinyo ze-AB. Noma kunjalo, ngangingalindele ukuthi ngizolisebenzisa leli lungelo. Imidlalo yokugcina yaseSerampore College yayiwumdlalo wengane uma iqhathaniswa nemidlalo enzima eyayizobekwa yiCalcutta University ukuze ngithole iziqu ze-AB. Ukuvakashela kwami cishe nsuku zonke eSri Yukteswar kwangishiya nesikhathi esincane sokungena emahholo ekolishi. Lapho, ukuba khona kwami kunokuba ngingekho okwaletha ukumangala okuvela kozakwethu engifunda nabo !

Umkhuba wami ojwayelekile kwakuwukuqala ngebhayisikili cishe ngo-9:30 ekuseni. Ngesandla esisodwa Ngangiphatha umnikelo wesazi sami—izimbali ezimbalwa ezivela engadini yendlu yami yokuhlala *yasePanthi* . Engibingelela ngomusa, uMfundisi wayengimema esidlweni sasemini. Ngangihlala ngamukela ngokuzimisela, ngijabulele ukuxosha umcabango wekolishi losuku. Ngemva kwamahora amaningi noSri Yukteswar, ngilalele ukugeleza kwakhe kokuhlakanipha okungenakuqhathaniswa, noma ukusiza ngemisebenzi ye-ashram, ngangihamba

ngingathandi phakathi kwamabili ngiya ePanthi . Ngezinye izikhathi ngangihlala ubusuku bonke nomfundisi wami, ngijabule kakhulu ngengxoxo yakhe kangangokuthi ngangingaqapheli lapho ubumnyama bushintsha bube ukusa.

Ngobunye ubusuku cishe ngehora leshumi nanye, njengoba ngangigqoka izicathulo zami **23-3** Ngesikhathi ngilungiselela uhambo oluya endlini yokuhlala, uMfundisi wangibuza imibuzo enzima.

"Ukuhlolwa kwakho kwe-AB kuqala

nini?" "Kusele izinsuku ezinhlanu,

mnumzane."

"Mina ithemba wena kukhona ku ukulungela ngoba bona."

Ngithukile, ngaphakamisa isicathulo esisodwa emoyeni. "Mnumzane," ngikhononda, "uyazi ukuthi izinsuku zami zidlule kanjani nawe kunokuba ngibe noprofesa. Ngingadlala kanjani ihlaya ngokudlala kulawo ma-final anzima?"

Amehlo kaSri Yukteswar aphen dukela kimi ngokuhlaba umxhwele. "Kumelwe uvele." Iphimbo lakhe lalinolaka kakhulu. "Akufanele sinike ubaba wakho nezinye izihlobo isizathu sokugxeka indlela othanda ngayo impilo ka-ashram. Vele ungithembise ukuthi uzoba khona ezivivinyweni; ziphendule ngendlela engcono kakhulu ongayenza."

Izinyembezi ezingalawuleki zazigeleza ebusweni bami. Nganginomuzwa wokuthi umyalo kaMaster wawungenangqondo, nokuthi isithakazelo sakhe, okungenani, sasiphuzile.

"Ngizofika uma ufisa," ngisho phakathi nokukhala. "Kodwa asikho isikhathi sokulungiselela kahle." Ngiphefumula kakhulu ngabubula, "Ngizogcwalisa amaphepha ngezimfundiso zakho ukuphendula imibuzo !"

Ngesikhathi ngingena endlini yangasese ngosuku olulandelayo ngesikhathi sami esivamile, nganikeza isixha sami sezimbali umkhosi othile wokulila. USri Yukteswar wahleka umoya wami wokuphelelwa yisikhathi.

"Mukunda, ingabe iNkosi yake yakwenza wahluleka, ekuhlolweni

noma kwenye indawo?" "Cha, mnumzane," ngaphendula

ngemfudumalo. Izinkumbulo zokubonga zafika ngesikhathi

sokukhukhula okuvuselelayo.

"Akusikho ubuvila kodwa intshiseko evuthayo ngoNkulunkulu ekuvimbele ekufuneni udumo lwasekolishi," kusho umfundisi wami ngomusa. Ngemva kokuthula, wacaphuna, "Funani kuqala umbuso kaNkulunkulu nokulunga kwakhe; khona konke lokhu kuyakwenezelwa kini." **23-4**

Okwenkulungwane, ngezwa imithwalo yami isuka phambi kukaMaster. Lapho

sesiqedile isidlo sasemini sasekuseni, wangicebisa ukuthi ngibuyele *ePanthi*.

"Ingabe umngane wakho, uRomes Chandra Dutt, usahlala endlini

yakho yokuhlala?" "Yebo, mnumzane."

"Thola ku ukuthinta nge yena; i Nkosi intando khuthaza yena ku- Usizo wena nge i izivivinyo."

"Kulungile, mnumzane; kodwa uRomes umatasa ngendlela engavamile. Ungumuntu ohloniphekile ekilasini lethu, futhi uthwala umzila onzima kunabanye."

Ingcweti phakamisa isandla eceleni yami ukuphikisa. "Romes" intando thola isikhathi ngoba wena. Manje hamba."

Ngagibela ibhayisikili ngabuyela *ePanthi* . Umuntu wokuqala engahlangana naye endaweni yokuhlala kwakunguRomes ofundile. Njengokungathi izinsuku zakhe zazikhululekile, wavuma ngenkani isicelo sami sokungazethembi.

"Yebo; ngikhona lapho." Wachitha amahora amaningana aleyo ntambama kanye nezinsuku eziphumelelayo engiqeqesha ngezifundo zami ezahlukenene.

"Ngikholwa ukuthi imibuzo eminingi ezincwadini zesiNgisi izogxila endleleni kaChilde Harold," wangitshela. "Kumelwe sithole i-atlas ngokushesha."

Ngaphuthuma ngaya ekhaya likaMalume uSarada ngaboleka i-atlas. URomes wamaka imephu yaseYurophu ezindaweni ezivakashelwe ngumhambi othandana noByron.

A ezimbalwa ofunda nabo ekilasini wayenayo kuqoqwe nxazonke ku- lalela ku- i ukufundisa. "Romes" kuyinto ukweluleka "Ungiphambukile," kusho omunye wabo kimi ekupheleni kweseshini. "Ngokuvamile amaphesenti angamashumi amahlanu kuphela emibuzo apha thelene nezincwadi; ingxenye yesibili izohilela izimpilo zababhali."

Ngesikhathi ngibhala ukuhlolwa kwezincwadi zesiNgisi ngosuku olulandelayo, ukubuka kwami kokuqala imibuzo kwabangela ukuba kuthulule izinyembezi zokubonga, kwamanzisa iphepha lami. Isikrini sekilasi seza etafuleni lami sangibuza ngozwela.

"Umfundisi wami wabikezela ukuthi uRomes uzongisiza," ngachaza. "Bheka; yona kanye imibuzo engiyitshelwe nguRomes ilapha ephepheni lokuhlolwa! Ngenhlanhla kimi, mincane kakhulu." imibuzo kulo nyaka ngababhali besiNgisi, abampilo yabo igcwele imfihlakalo ejulile ngokwazi kwami !"

Indlu yami yokuhlala yayinomsindo lapho ngibuya. Abafana ababehlekisa Indlela kaRomes yokuqeqesha yangibheka ngokumangala, cishe yangenza ngazizwa ngikhululekile ngokungihalalisela. Phakathi nesonto lezivivinyo, ngachitha amahora amaningi noRomes, owayebhala imibuzo ayecabanga ukuthi kungenzeka ukuthi izobuzwa oprofesa. Usuku nosuku, imibuzo kaRomes yayivela cishe ngendlela efanayo emaphepheni ezivivinyo.

Izindaba zasakazeka kabanzi ekolishi zokuthi kwenzeka okuthile okufana nesimangaliso, nokuthi impumelelo yayibonakala ingenzeka ku-"Mad Monk" owayengenaso isineke. Angizange ngizame ukufihla amaqiniso aleli cala. Oprofesa bendawo babengenamandla okushintsha imibuzo, eyayihlelwe yiCalcutta University.

Ngicabanga ngokuhlolwa kwezincwadi zesiNgisi, ngaqaphela ngolunye usuku ekuseni ukuthi ngangenze iphutha elikhulu. Ingxenye eyodwa yemibuzo

yayihlukaniswe yaba izingxenye ezimbili zika-A noma u-B, kanye no-C noma u-D. Esikhundleni sokuphendula umbuzo owodwa engxenyeni ngayinye, ngangiphendule ngokunganaki yomibili imibuzo eQenjini I, futhi ngehlulekile ukucabanga nganoma yini eQenjini II. Imaki elihle kakhulu engingalithola kulokho iphepha lizoba ngu-33, lingaphansi kathathu kunophawu lokudlula luka-36. Ngaphuthuma eMasterni ngathulula izinkinga zami.

"Mnumzane, ngenze iphutha elingenakuthethelelwa. Angifanelekele izibusiso zaphezulu ngoRomes; Angifaneleki neze.

"Yima isibindi, Mukunda." Amazwi kaSri Yukteswar ayelula futhi engakhathali. Wakhomba isibhakabhaka esiluhlaza okwesibhakabhaka. "Kungenzeka kakhulu ukuthi ilanga nenyanga zishintshane ngezikhundla zazo emkhathini kunokuba wena wehluleke ukuthola iziqu zakho!"

Ngashiya i-hermitage ngisesimweni esizolile, yize kwakubonakala kungenakwenzeka ngokwezibalo ukuthi Bengingadlula. Ngabheka kanye noma kabili ngokukhathazeka esibhakabhakeni; iNkosi yoSuku yabonakala ibambelele ngokuqinile emzileni wayo ojwayelekile!

Njengoba ngifika *ePanthi*, ngezwa inkulumo yomunye umfundi ekilasini: "Ngisanda kuthola ukuthi kulo nyaka, okokuqala ngqa, inani lokuphumelela elidingekayo ezincwadini zesiNgisi lehlisiwe."

Mina kungeniwe i yomfana igumbi nge okunjalo isivinini lokho yena wabheka phezulu ku i-alamu. Mina kubuzwa yena ngentshiseko.

"Indela enezinwele ezinde," esho ehleka, "kungani ninesithakazelo esisheshayo ezindabeni zemfundo? Kungani nikhala ngehora leshumi nanye? Kodwa kuyiqiniso ukuthi uphawu lokuphasa lusanda kwehliswa lwaba ngamaphuzu angu-33."

Ukugxuma okumbalwa okujabulisayo kwangiyisa ekamelweni lami, lapho ngaguqa khona ngamadolo futhi ngadumisa ukuphelela kwezibalo kukaBaba wami Ongcwele.

Nsuku zonke ngangijabula kakhulu ngokwazi ukuthi kukhona okungokomoya engangikuzwa ngokusobala ukuthi kungiqondisa kuRomes. Kwenzeke isigameko esibalekile maqondana nokuhlolwa ngesiBengali. URomes, owayengathinti kangako ngaleyo ndaba, wangishayela ucingo ngolunye usuku ekuseni njengoba ngangiphuma endlini yokuhlala ngiya ehholo lokuhlolwa.

"Nangu uRomes ememeza ngawe," kusho omunye umfundi engifunda naye ekilasini kimi ngokungenasineke. "Ungabuyi; sizofika sekwephuzile ehholo."

Ukuziba i iseluleko, Mina wagijima emuva ku- i indlu.

"Ukuhlolwa kwesiBengali kuvame ukuphasiswa kalula ngabafana bethu besiBengali," kusho uRomes kimi. "Kodwa ngisanda kuba nombono wokuthi kulo nyaka oprofesa bahlele ukubulala abafundi ngokubuza imibuzo ezincwadini zethu zasendulo." Umngane wami wabe esechaza kafushane izindaba ezimbili zokuphila kukaVidyasagar, umsizi odumile wokusiza abantu.

Ngambonga uRomes futhi ngashesha ngagibela ibhayisikili ngaya ehholo lasekolishi. Iphepha lokuhlolwa ngesiBengali labonakala liqukethe izingxenye

ezimbili. Umyalelo wokuqala wawuthi: "Bhala izibonelo ezimbili zezinhlango zosizo zaseVidyasagar." Njengoba ngangidlulisela ephepheni ulwazi engangilutholile muva nje, ngahlebelanga amazwi ambalwa okubonga ukuthi ngilalele ukubizwa kukaRomesh ngomzuzu wokugcina. Ukube bengingazi ngezinzuzo zikaVidyasagar esintwini (kufaka phakathi nami ekugcineni), bengingeke ngiphumelele ukuhlolwa kwesiBengali. Uma ngihluleka esifundweni esisodwa, ngabe ngaphoqeleka ukuthi ngiphinde ngibhale ukuhlolwa kuzo zonke izifundo ngonyaka olandelayo. Ithuba elinjalo laliyinto enyanyekayo ngokuqondakalayo.

Imiyalelo yesibili ephepheni yayifundeka kanje: "Bhala indatshana ngesiBengali ngempilo yendoda ekuphefumulele kakhulu." Mfundi onomusa, akudingeki ngikwazise ukuthi ngikhethe muphi umuntu ngesihloko sami. Ngamboza ikhasi nekhasi ngidumisa uthisha wami, ngamomotheka lapho ngiqaphela ukuthi isibikezelo sami sokukhononda siyagcwaliseka: "Ngizogcwalisa amaphepha ngezimfundiso zakho!"

Bengingazizwa ngithambekele ekubuzeni uRomeshe ngenkambo yami yefilosofi. Ngithembele ekuqeqeshweni kwami isikhathi eside ngaphansi kukaSri Yukteswar, angizange ngizinake ngokuphepha izincazelo zencwadi. Amamaki aphezulu kakhulu anikezwa noma yimaphi amaphepha ami yilawo efilosofi. Amamaki ami kuzo zonke ezinye izifundo ayengaphansi nje kwemaki lokuphumelela.

It kuyinto a injabulo ku- irekhodi lokho yami ongenabugovu umngane URomeshe yamukelwe yakhe eyakho izinga *i-cum udumo* .

Ubaba wagcotshwa ngokumomotheka ngesikhathi ngiphothula. "Bengingacabangi ukuthi uzodlula, Mukunda," evuma. "Uchitha isikhathi esiningi nomfundisi wakho." INkosi yayikubonile kahle ukugxekwa kukababa ngaphandle kokusho.

Kwase kuyiminyaka ngingazi ukuthi ngizoke ngilubone usuku lapho i-AB izolandela igama lami. Angivamile ukusebenzisa lesi sihloko ngaphandle kokubonisa ukuthi kwakuyisipho esivela kuNkulunkulu, engisinikwe ngenxa yezizathu ezingacacile. Ngezinye izikhathi ngizwa amadoda asekolishi ephawula ukuthi kuncane kakhulu kolwazi lwabo olugcwele olusasele nabo ngemva kokuphothula. Lokho kwamukelwa kungiduduzwa kancane ngokushiyeke kwami kwezemfundo okungangabazeki.

Ngosuku engathola ngalo iziqu zami eCalcutta University, ngaguqa ezinyaweni zomfundisi wami futhi ngambonga ngazo zonke izibusiso ezigeleza empilweni yakhe zingena kweyami.

"Vuka, Mukunda," esho ngokuzitika. "INkosi imane yakuthola kulula kakhulu ukukwenza." umuntu ophothule iziqu kunokuba ahlele kabusha ilanga nenyanga!

23-1 : Mina kumele yenza Uprofesa I-Ghoshal i ubulungiswa kwe ukuvuma lokho i ukucindezelwa ubudlelwano phakathi thina kwakuyi hhayi kufanele ku- noma yiliphi iphutha kwe yakhe, kodwa kuphela ku- yami ukungabikho kusukela amakilasi futhi ukunganaki ku bona. Uprofesa I-Ghoshal kwakuyi, futhi kuyinto, a isikhulumi esimangalisayo esinolwazi olukhulu lwefilosofi. Eminyakeni eyalandela safinyelela ekuqondeni okuhle.

23-2 : Nakuba yami umzala futhi Mina babe i okufanayo umndeni igama kwe I-Ghosh, AmaPrabha ine ukujwayela yena ku- ngihumusha igama lakhe ngesiNgisi ngokuthi Ghose; ngakho-ke ngilandela indlela yakhe yokupela lapha.

23-3 : A umfundi njalo kususa yakhe izicathulo ku i IsiNdiya

indawo yokuhlala eyedwa. 23-4: *Mathewu* 6:33.

Mina Yiba A Indela Of I IsiSwami I-oda

"Nkosi, ubaba ubelokhu elangazelela ukwamukela isikhundla sokuphatha eBengal-Nagpur Railway. Kodwa ngikwenqabile impela." Nganezela ngethemba, "Mnumzane, ngeke ungenze indela yeSwami Order?" Ngabheka umfundisi wami ngokuncenga. Eminyakeni eyandulele, ukuze ahlole ukujula kokuzimisela kwami, wayenqabe lesi sicelo esifanayo. Nokho, namuhla, wamomotheka ngomusa.

"Kulungile; kusasa ngizokufaka ebukhosini." Waqhubeka ngokuthula, "Ngiyajabula ukuthi uphikelele esifisweni sakho sokuba yindela. ULahiri Mahasaya wayevame ukuthi: 'Uma ungammemi uNkulunkulu ukuba abe yiSivakashi sakho sasehlobo, ngeke eze ebusika bempilo yakho.'"

"Nkosi yami ethandekayo, angisoze ngahluleka emgomweni wami wokuba yingxenye yeSwami Order njengoba nawe ungihlonipha." Ngamomotheka ngothando olungenakulinganiswa.

"Ongashadile ukhathalela izinto zeNkosi, ukuthi angayithokozisa kanjani iNkosi; kepha oshadile ukhathalela izinto zezwe, ukuthi angamthokozisa kanjani umkakhe."

24-1 Ngangihlaziye izimpilo zabangane bami abaningi, okwathi ngemva kokuthola isiyalo esithile esingokomoya, base beshada. Bethulwe olwandle lwemithwalo yemfanelo yezwe, base bekhohliwe izinqumo zabo zokuzindla ngokujulile.

Ukunikeza uNkulunkulu indawo yesibili empilweni, kimi, kwakungenakwenzeka. Nakuba enguMnikazi oyedwa wendawo yonke, esithululela ngokuthula izipho ezivela ekuphileni kuya ekuphileni, into eyodwa esasele engeyena eyakhe, futhi inhliziyo yomuntu ngamunye enamandla okugodla noma ukunikeza uthando lomuntu. UMdali, ngokuthatha ubunzima obungenamkhawulo ukuze afihle imfihlakalo yokuba khona kwakhe kuzo zonke izinto ezidaliwe, wayengaba nesisusa esisodwa kuphela—isifiso esibucayi sokuthi abantu bamfune kuphela ngentando yokuzikhethelela. Ngalo lonke iglavu elithambile lokuthobeka konke akazange amboze isandla sensimbi samandla onke!

Usuku olulandelayo lwalungolunye lwezinsuku engingazikhohlwa empilweni yami. KwakungoLwesine olunelanga, ngiyakhumbula, ngoJulayi, 1914, emasontweni ambalwa ngemva kokuphothula ekolishi. Ebhalkhoni elingaphakathi le- Endlini yakhe yokuhlala yaseSerampore, uMaster wacwilisa ucezu olusha lwesilika elimhlophe kudayi we-ocher, umbala wendabuko we-Swami Order. Ngemva kokuba indwangu isomile, umfundisi wami wangimboza njengengubo yomuntu olahlekile.

"Ngelinye ilanga uzoya eNtshonalanga, lapho usilika uthandwa khona," esho. "Njengophawu, ngikukhethele le nto kasilika esikhundleni sikakotini ojwayelekile."

ENdiya, lapho izindela zamukela khona umbono wobumpofu, i-swami eggoke isilika iyinto engavamile. Nokho, ama-yoga amaningi agqoka izingubo zesilika, ezigcina imisinga ethile yomzimba ilula kunokotini .

"Mina ekuseni ukuzonda ku- imikhosi," IsiSri Yukteswar waphawula. "Mina intando yenza wena a i-swami ku i *i-bidwat*

(akuyona imikhosi) ngendlela."

I- *bibidisa* noma ukuqaliswa okuyinkimbinkimbi kokuzingelwa kobugqila kuhlanganisa umcimbi womlilo, lapho kwenziwa khona amasiko omngcwabo angokomfanekiso. Isidumbu somfundi simelelwa njengofile, sishiswe elangeni lokuhlakanipha. I-swami esanda kwenziwa ibe isinikezwa ingoma, njengokuthi: "Le *atma* inguBrahma" **24-2** noma "Wena unguye lowo" noma "Nginguye." Nokho, uSri Yukteswar, ngothando lwakhe lokulula, wahlukana nayo yonke imikhuba engokomthetho futhi wangicela nje ukuthi ngikhethe igama elisha.

"Mina intando nikeza wena i ilungelo kwe ukukhetha yona wena," yena wathi, ukumamatheka.

"Yogananda," ngiphendula, ngemva kokucabanga isikhashana. Igama lisho ukuthi "Injabulo (*ananda*) ngokuhlanganiswa kwaphezulu (*yoga*)."

"Makube njalo. Uma ushiya isibongo sakho sikaMukunda Lal Ghosh, kusukela manje uzobizwa ngokuthi uYogananda wegatsha lamaGiri leSwami Order."

Njengoba ngangiguqa phambi kukaSri Yukteswar, futhi okokuqala ngqa ngimuzwa ebiza igama lami elisha, inhliziyi yami yagcwala ukubonga. Yeka ukuthi wayesebenze ngothando kangakanani nangakhathali, ukuze umfana uMukunda ngelinye ilanga aguqulwe abe yindela uYogananda! Ngahlabelela ngenjabulo amavesi ambalwa avela engomeni ende yesiSanskrit yeNkosi uShankara:

"Ingqondo, noma ukuhlakanipha, noma
ubugovu, umuzwa; Isibhakabhaka, noma
umhlaba, noma izinsimbi angisiye mina."
NginguYe, nginguYe, Moya oNgcwele,
nginguYe! Anginawo ukuzalwa, anginawo
ukufa, anginawo uhlanga; Baba, mama,
anginawo.
NginguYe, nginguYe, Moya Obusisiwe, nginguYe!
Ngale kwezindiza zobuciko, ngingenasimo,
Ngingena emilenzeni yazo zonke izinto
eziphilayo;
Angikwesabi ukugqilazwa; Ngikhululekile,
ngikhululekile njalo, Nginguye, Nginguye,
Moya Obusisiwe, Nginguye!"

Wonke ama-swami angaphansi kohlelo lwezindela zasendulo olwahlelwa ngesimo

salo samanje nguShankara. **24-3** Ngenxa yokuthi kuyihlelo elisemthethweni, elinohlu olunganqamuki lwabameleli abangcwele abakhonza njengabaholi abakhuthele, akekho umuntu ongazinika igama elithi swami. Ulithola ngokufanele komunye uswami kuphela; ngakho-ke wonke ama-monks alandelela uhlu lwawo olungokomoya kumfundisi oyedwa ovamile, iNkosi uShankara. Ngezifungo zobumpofu, ubumsulwa, nokulalela umfundisi ongokomoya, ama-monks amaningi amaKatolika afana ne-Order of Swamis.

Ngaphezu kwegama lakhe elisha, elivame ukuphela ngo *-ananda* , i-swami ithatha isihloko esibonisa ukuxhumana kwayo okusemthethweni nenye yezingxenye eziyishumi ze-Swami Order. Lawa *ma-dasanamis* noma

Ama-agnomens ayishumi ahlanganisa *iGiri* (intaba), lapho iSri Yukteswar, kanye nami ngokwami, singowakhona. Phakathi kwamanye amagatsha kukhona *iSagar* (ulwandle), *iBharati* (izwe), *i-Aranya* (ihlathi), *iPuri* (indlela), *iTirtha* (indawo yokuhambela), kanye *neSaraswati* (ukuhlakanipha kwemvelo).

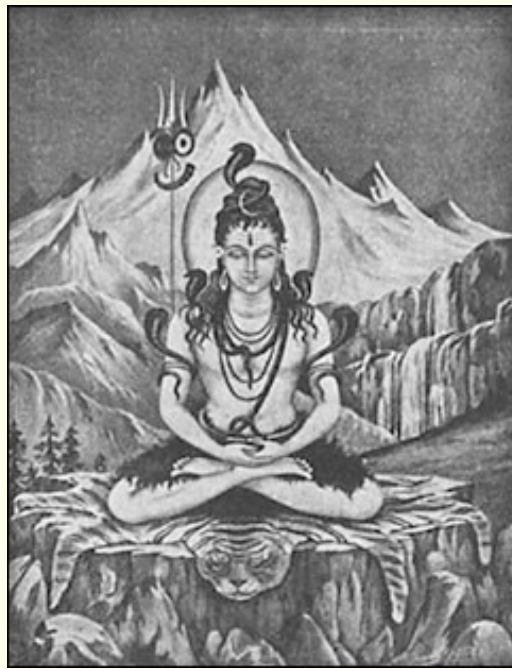
Ngakho-ke igama elisha elamukelwa yi-swami linencazelo ekabili, futhi limelela ukutholakala kwenjabulo ephakeme kakhulu (*ananda*) ngekhwalithi ethile yaphezulu noma isimo - uthando, ukuhlakanipha, ukuzinikela, inkonzo, i-yoga - nangokuvumelana nemvelo, njengoba kubonakaliswa ngobukhulu bayo obungenamkhawulo bezilwandle, izintaba, isibhakabhaka.

Umgomo wokukhonza ngokungenabugovu kubo bonke abantu, kanye nokulahla izibopho zomuntu siqu kanye nezifiso, kuholela iningi lama-swami ukuba lihlanganyele ngenkuthalo emsebenzini wobuntu nowokufundisa eNdiya, noma ngezinye izikhathi emazweni angaphandle. Enganaki konke ukucwaswa kwesigaba, izinkolelo, isigaba, umbala, ubulili, noma uhlanga, i-swami ilandela imithetho yobuzalwane babantu. Umgomo wayo ubunye obuphelele noMoya. Efaka ingqondo yakhe yokuvuka nokulala ngomcabango othi, "NginguYe," uhamba ngokwaneliseka, emhlabeni kodwa hhayi kuwo. Ngakho-ke kuphela lapho angathethelela khona isihloko sakhe sokuba yi-swami - umuntu ofuna ukufeza ubunye. nge- Swa noma i-Self. Akudingeki ukwengeza ukuthi akuwona wonke ama-swami aqanjwe ngokusemthethweni aphumelela ngokulinganayo ekufinyeleleni umgomo wawo ophakeme.

USri Yukteswar wayeyiswami futhi eyiyogi. Iswami, ngokomthetho eyayiyindela ngenxa yokuxhumana kwayo nohlelo lwasendulo, ayihlali iyiyogi. Noma ubani osebenzisa indlela yesayensi yokuxhumana noNkulunkulu uyiyogi; angase abe oshadile noma ongashadile, noma abe ngumuntu wezwe noma abe ngumuntu onezibopho zenkolo ezisemthethweni. Iswami ingalandela kuphela indlela yokucabanga eyomile, ebandayo ukudela; kodwa i-yogi izibandakanya enkambisweni eqondile, yesinyathelo ngesinyathelo lapho umzimba nengqondo kuyaqeqeshwa khona, futhi umphefumulo ukhululwe. Engathathi lutho kalula ngezizathu zemizwa, noma ngokholo, i-yogi yenza uchungechunge lokuzivocavoca oluvivinywe kahle olwaqalwa ukuklanywa yi-rishis yokuqala. I-Yoga ikhiqize, kuzo zonke izizukulwane zaseNdiya, amadoda aba akhululekile ngempela, ama-Yogi-Christ's angempela.

Njenganoma iyiphi enye isayensi, i-yoga iyasebenza kubantu bazo zonke izimo zezulu nesikhathi. Inkolelo-mbono ethuthukiswe ngababhali abathile abangenalwazi yokuthi i-yoga "ayifanele abantu baseNtshonalanga" ingamanga ngokuphelele, futhi ngokudabukisayo ivimbele abafundi abaningi abaqotho ekufuneni izibusiso zayo eziningi. I-Yoga iyindlela yokuvimbela ukuphazamiseka kwemvelo kwemicabango, okuthi ngaphandle kwalokho kuvimbele ngokungakhethi bonke abantu, bamazwe onke, kusukela ekuboneni isimo sabo sangempela soMoya. I-Yoga ayikwazi ukwazi isithiyo IMPumalanga neNtshonalanga zifana nokukhanya

kwelanga okuphulukisayo nokulingana. Uma nje umuntu esenengqondo enemicabango yayo engaphumuli, isikhathi eside kunesidingo se-yoga noma sokulawula esivamile.



"ngo- B. K. I-Mitra ku "Kalyana- Kalpatur-

I-THE INKOSI NGOKUPHAKATHI YAKHE I-ASPECT AS I-SHIVA

Akuyena umuntu womlando onjengoKrishna, uShiva yigama elinikezwe uNkulunkulu esicini sokugcina sobuntu bakhe obuthathu (uMdali-uMlondolozi-uMbhubhisi). UShiva, uMbhubhisi we *-maya* noma ukudukiswa, umelwe ngokomfanekiso emibhalweni engcwele njengeNkosi yabaHluliweyo, iNkosi yamaYogis. Ebuciko bamaHindu uhlala eboniswa enenyanga entsha ezinweleni Zakhe, futhi egqoke umqhele wezinyoka ezinezigqoko, uphawu lwasendulo lokunqotshwa kobubi nokuhlakanipha okuphelele. Iso "elilodwa" lokwazi konke livulekile ebunzini Lakhe.

I-rishi Patanjali yasendulo ichaza "i-yoga" ngokuthi "ukulawula ukushintshashintsha kwezinto zengqondo." **24-4** Izincazelo zakhe ezimfushane kakhulu nezihlakaniphile, i- *Yoga Sutras* , zakha enye yezinhlelo eziyisithupha zefilosofi yamaHindu. **24-5** Ngokuphambene namafilosofi aseNtshonalanga, zonke izinhlelo eziyisithupha zamaHindu azigcini nje ngokuhlanganisa izimfundiso ezingokwemfundiso kodwa ezisebenzayo. Ngaphezu kwayo yonke imibuzo ye-ontological ecatshangwayo, lezi zinhlelo eziyisithupha zakha imikhakha eyisithupha eqondile ehlose ukususa ukuhlupheka unomphela. ukuzuza injabulo engapheli.

Intambo evamile ehlanganisa zonke izinhlelo eziyisithupha yisimemezelo sokuthi akukho nkululeko yangempela yomuntu engenzeka ngaphandle kolwazi lweqiniso eliphelele. *Ama-Upanishad* akamuva asekela ama *-Yoga Sutras* , phakathi kwezinhlelo eziyisithupha, njengequkethe izindlela eziphumelela kakhulu zokufeza ukuqonda okuqondile lweqiniso. Ngamasu asebenzayo e-yoga, umuntu ushiya ngemuva unomphela izindawo ezingenalutho zokuqagela futhi ngokuhlangenwe nakho uqaphela i-Essence yangempela.

Uhlelo *Iwe-Yoga* njengoba luchazwe nguPatanjali lwaziwa ngokuthi iNdlela Eyisishiyagalombili. Izinyathelo zokuqala, (1) *yama* kanye (2) *niyama* , zidinga ukugcinwa kwezimiso zokuziphatha eziyishumi ezimbi nezinhle—ukugwema ukulimaza abanye, ukungathembeki, ukweba, ukungazithibi, ukwamukela izipho (okuletha izibopho); kanye nobumsulwa bomzimba nengqondo, ukwaneliseka, ukuzithiba, ukufunda, nokuzinikela kuNkulunkulu.

Izinyathelo ezilandelayo yilezi (3) *i-asana* (ukuma kwesokudla); ikholomu yomgogodla kumele ibanjwe iqonde, nomzimba uqine endaweni ekhululekile yokuzindla; (4) *i-pranayama* (ukulawula i -*prana* , imisinga yokuphila ecashile); kanye (5) *i-pratyahara* (ukukhipha izinzwa ezintweni zangaphandle).

Izinyathelo zokugcina ziyizinhlobo ze-yoga ezifanele: (6) *i-dharana* (ukugxilisa ingqondo); ukubamba ingqondo emcabangweni owodwa; (7) *i-dhyana* (ukuzindla), kanye (8) *i-samadhi* (ukuqonda okungaphezu kwamandla). Lena yindlela ye-Yoga ephindwe kasishiyagalombili **24-6** okuholela umuntu emgomweni wokugcina we - *Kaivalya* (Absoluteness), igama elingachazwa ngokuzwakalayo ngokuthi "ukugcwaliseka kweQiniso ngale kwakho konke ukuqonda kwengqondo."

"Yikuphi okukhulu," umuntu angase abuze, "i-swami noma i-yogi?" Uma futhi lapho kufezwa ubunye bokugcina noNkulunkulu, umehluko wezindlela ezahlukene uyanyamalala. Nokho, i- *Bhagavad Gita* iveza ukuthi izindlela ze-yoga zihlanganisa konke. Amasu ayo awahloselwe kuphela izinhlobo ezithile kanye nezimo zengqondo, njengalabo abambalwa abathambekele empilweni yezindela; i-yoga ayidingi ukwethembeka okusemthethweni. Ngenxa yokuthi isayensi ye-yogi yanelisa isidingo somhlaba wonke, inokusebenza kwemvelo emhlabeni wonke.

I-yogi yangempela ingahlala izinikele emhlabeni; lapho ifana nebhotele emanzini, hhayi njengobisi oluxutshwe kalula lwabantu abangaqediwe nabangenaso isiyalo. Ukufeza imithwalo yemfanelo yomuntu yasemhlabeni kuyindlela ephakeme ngempela, uma nje i-yogi, igcina ingqondo ingahilelekile ezifisweni zobugovu, idlala indima yayo njengethuluzi likaNkulunkulu elizimisele.

Kunemiphefumulo eminingi emikhulu, ehlala emizimbeni yaseMelika noma yaseYurophu noma eminye engewona amaHindu namuhla, nakuba kungenzeka ukuthi abakaze bawezwe amagama athi *yogi* ne- *swami* , kodwa bayizibonelo zangempela zalawo magama. Ngokukhonza kwabo isintu ngokungenandaba, noma ngokulawula kwabo izinkanuko nemicabango, noma ngothando lwabo oluqotho ngoNkulunkulu, noma ngamandla abo amakhulu okugxilisa ingqondo, ngandlela thile, bangama-yogi; bazibekele umgomo we-yoga-self- ukulawula. La madoda angakhuphukela ezingeni eliphakeme nakakhulu ukube ayefundiswa isayensi eqondile ye-yoga, okwenza kube nokwenzeka ukuqondiswa kwengqondo nokuphila komuntu ngokuqonda kakhudlwana.

I-Yoga iye yaqondwa kabi kakhulu ngababhali abathile baseNtshonalanga, kodwa abagxeki bayo abakaze baqondwe kabi. yayo ochwepheshe. Phakathi eziningi ukucabanga ngokucabangelayo izikhumbuzo ku- i-yoga kungenzeka yiba okukhulunywe ngakho eyodwa ngu UDkt. C.

G. UJung, i odumile IsiSwiss isazi sokusebenza kwengqondo.

"Uma indlela yenkolo izitusa njengeyesayensi, ingaqiniseka ngomphakathi wayo eNtshonalanga. I-Yoga iyayifeza le mbono," kubhala uDkt. Jung. **24-7** "Ngaphandle

nje kobuhle bento entsha, kanye nokukhanga kwabantu abangaqondi kahle, kunesizathu esihle sokuthi i-Yoga ibe nabalandeli abaningi." Inikeza ithuba lokuhlangenwe nakho okulawulwayo, futhi ngaleyo ndlela yanelisa isidingo sesayensi 'samaqiniso,' futhi ngaphandle kwalokhu, ngenxa yobubanzi nokujula kwayo, isikhathi sayo esihloniphekile, imfundiso kanye nendlela yayo, okuhlanganisa zonke izigaba zokuphila, ithembisa amathuba angakaze aphuphe.

"Yonke imikhuba yenkolo noma yefilosofi isho isiyalo sengqondo, okungukuthi, indlela yokuhlanzeka kwengqondo. Izinqubo eziningi zomzimba ze-Yoga **24-8** futhi kusho ukuhlanzeka komzimba okungcono kakhulu kune-gymnastics evamile kanye nokuzivocavoca kokuphefumula, njengoba nje kungeyona nje indlela yokusebenza kanye nesayensi, kodwa futhi kuyifilosofi; ekuqeqesheni kwayo izingxenye zomzimba,

ukuhlanganisa bona nge i konke kwe i umoya, njengoba kuyinto impela kucace, ngoba isibonelo, ku i *I-Pranayama*

izivivinyo kuphi *I-Prana* kuyinto kokubili i ukuphefumula futhi i jikelele amandla okuguquguquka kwe i indawo yonke.

"Uma into eyenziwa ngumuntu nayo iyisenzakalo sendawo yonke, umphumela otholakala emzimbeni (ukugcinwa), uhlangana nomzwelo womoya (umqondo wendawo yonke), futhi kulokhu kukhula ubunye obuphilayo obungakhiqizwa yinoma yiluphi uhlobo lobuchwepheshe, kungakhathaliseki ukuthi lungokwesayensi kangakanani. Umkhuba we-Yoga awucabangeki, futhi ubungeke uphumelele, ngaphandle kwemibono i-Yoga esekelwe kuyo. Ihlanganisa umzimba nomphefumulo ngendlela ephelele kakhulu."

"EMPumalanga, lapho le mibono nemikhuba ikhule khona, futhi lapho izinkulungwane eziningana Eminyakeni eminingi isiko elingaphuliwe lidale izisekelo ezingokomoya ezidingekayo, i-Yoga, njengoba ngingakhulwa kalula, iyindlela ephelele nefanele yokuhlanganisa umzimba nengqondo ukuze kwakheke ubunye obungenakuphikiswa. Lobu bunye budala isimo sengqondo esenza kube khona ukuqonda okungaphezu kokwazi.

Usuku lwaseNtshonalanga selusondela ngempela lapho isayensi yangaphakathi yokuzithiba izotholakala idingeka njengokunqoba kwangaphandle kwemvelo. Le Nkathi Ye-Atomic entsha izobona izingqondo zabantu ziqaphile futhi zinwetshwe yiqiniso elingenakuphikwa ngokwesayensi lokuthi izinto empeleni ziwukuqongelela kwamandla. Amandla acwebile engqondo yomuntu angakhulula amandla amakhulu kunalawo angaphakathi kwamatshe nezinsimbi, funa isiqhwaga se-athomu esibonakalayo, esisanda kukhululwa, siphendukele emhlabeni ngokubhujiswa okungenangqondo. **24-9**

24-1 : Mina *KwabaseKorinte* 7:32-33 .

24-2 : Ngokwezwi nezwi, "Lokhu umphefumulo kuyinto Umoya." I Okuphakeme Umoya, i Okungadalwanga, kuyinto ngokuphelele okungenamibandela (*neti, i-neti* hhayi lokhu, hhayi lokho) kodwa kuvame ukubizwa ngokuthi yi -*Sat-Chit-Ananda ku- Vedanta* , okungukuthi, i-Being-Intelligence-Bliss.

24-3 Ngezinye izikhathi kuthiwa yiShankaracharya. *I-Acharya* isho ukuthi "uthisha wenkolo." Ukuqomisana kukaShankara kuyisikhungo semfundo evamile impikiswano. A ezimbalwa amarekhodi khombisa lokho i okungenakuqhathaniswa i-monist waphila kusukela 510 ku- 478 BC; INTshonalanga izazi-mlando bamnika ekupheleni kwekhulu lesishiyagalombili AD Abafundi abanesifiso sokuchazwa okudumile kukaShankara kweBrahma *Sutras* bazothola inguqulo yesiNgisi ecophelelayo encwadini kaDkt. Paul Deussen *ethi System Of The Vedanta* (Chicago: Open Court Publishing Company, 1912). Okufushane izingcezu kusukela yakhe imibhalo intando yiba kutholakale ku *Kukhethiwe Imisebenzi Of IsiSri I-Shankaracharya* (Natesan & Co., eMadras).

24-4 : "*Chitta i-vritti i-nirodha*"-*Yoga I-Sutra* Mina:2. I-Patanjali's usuku kuyinto okungaziwa, noma kunjalo a inombolo kwe izazi indawo yena ku okwesibili ikhulu leminyaka BC I ama-rishi wanikeza phambili izincwadi zokubhala kuvuliwe konke izihloko nge okunjalo ukuqonda lokho ubudala babe ube ungenamandla ukuphuma esimweni bona; okwamanje, ku- i okulandelayo ukwethuka kwe izazi-mlando, i izihlakaniphi kwenziwe cha umzamo ku- namathiselwa yabo eyakho izinsuku kanye ubuntu ku- yabo ezincwadini iyasebenza. Bona wayazi yabo izimpilo babe kuphela okwesikhashana kubalulekile njengoba ukukhanya kwe i Ukuphila okukhulu okungenamkhawulo; nokuthi iqiniso

aliphelelwa yisikhathi, akunakwenzeka ukulithengisa, futhi alinawo amalungelo angasese.

24-5 : I eziyisithupha okuvamile izinhlelo (*saddarsana*) kukhona *Sankhya, I-yoga, I-Vedanta, IMimamsa, INyaya*, futhi *I-Vaisesika* . Abafundi kwe isazi ukugoba intando injabulo ku i izinto ezicashile futhi ububanzi ububanzi kwe lokhu yasendulo amafomula njengoba kufingqiwe, ku isiNgisi, encwadini *ethi History Of Indian Philosophy* , uMqulu I, nguSolwazi Surendranath DasGupta (Cambridge University Press, 1922).

24-6 : Cha ku- yiba udidekile nge i "Ohloniphekile Isishiyagalombili Indlela" kwe UbuBuddha, a umhlahlandlela ku-indoda ukuziphatha kwe impilo, njengoba landela (1) Kwesokudla Izimiso ezinhle, (2) Kwesokudla Isisusa, (3) Kwesokudla Inkulumo, (4) Kwesokudla Isenzo, (5) Kwesokudla Izindlela kwe Indlela Yokuphila, (6) Kwesokudla Umzamo, (7) Ukukhumbula Okufanele (kwaMi), (8) Ukuqaphela Okufanele (*samadhi*).

24-7 : UDkt. UJung ubekhona i IsiNdiya Isayensi ICongress ku 1937 futhi yamukelwe i inhlonipho izinga kusukela i Inyuvesi yaseCalcutta .

24-8 : UDkt. UJung kuyinto lapha ukubhekisela ku- *I-Hatha I-yoga* , a okukhethekile igatsha kwe ngokomzimba ukuma futhi amasu ngoba impilo futhi

ubude besikhathi eside. *I-Hatha* kuyinto ewusizo, futhi kukhiqiza emangalisayo ngokomzimba imiphumela, kodwa lokhu .igatsha kwe i-yoga kuyinto okuncane kusetshenziswe ngu i-yogi uzimisele ukukhululeka ngokomoya

24-9 : Endabeni kaPlato ethi *Timaeus* nge-Atlantis, ulandisa ngesimo esithuthukile solwazi lwesayensi lwabantu abahlala khona. Izwekazi elahlekile kukholakala ukuthi lanyamalala cishe ngo-9500 BC ngenxa yenhlekelele yemvelo; nokho, abalobi abathile bezinto eziphilayo, isimo lokho i Ama-Atlantean babe kubhujiswe njengoba a umphumela kwe yabo ukusetshenziswa kabi kwe i-athomu amandla. Okubili IsiFulentshi ababhali Muva nje bahlanganise i- *Bibliography Of Atlantis* , babala izinkomba zomlando nezinye ezingaphezu kuka-1700.

ISAHLUKO: 25

Umfowethu U-Ananta Futhi Udadewethu Nalini

"U-Ananta ayikwazi phila; i izihlabathi kwe yakhe i-karma ngoba lokhu impilo babe gijima "ngaphandle."

La mazwi angenakulibaleka afinyelela engqondweni yami yangaphakathi njengoba ngangihleli ngolunye usuku ekuseni ngizindla ngokujulile. Ngemva nje kokungena eSwami Order, ngavakashela indawo engazalelwa kuyo, iGorakhpur, njengesimenywa somfowethu omdala u-Ananta. Ukugula okungazelelwe kwamvala embhedeni wakhe; ngamnakekela ngothando.

Lesi simemezelo esijulile sangaphakathi sangenza ngaba nosizi. Ngaba nomuzwa wokuthi angikwazi ukuhlala isikhathi eside eGorakhpur, kodwa ngabona umfowethu esusiwe phambi kwamehlo ami angenalusizo. Phakathi kokugxekwa okungaqondi okuvela ezihlotsheni zami, ngashiya iNdiya ngesikebhe sokuqala esasitholakala. Sahamba ngesikebhe eBurma naseShayina Sea saya eJapane. Ngehla eKobe, lapho ngachitha khona izinsuku ezimbalwa kuphela. Inhliziyo yami yayinzima kakhulu ukuba ngibone indawo.

Ohambweni lokubuyela eNdiya, isikebhe safika eShanghai. Lapho uDkt. Misra, udokotela womkhumbi, wangiqondisa ezitolo eziningana ezimangalisayo, lapho ngakhetha khona izipho ezahlukahlukene zikaSri Yukteswar nomndeni wami nabangane. Ku-Ananta ngathenga ucezu olukhulu oluqoshiwe lwe-bamboo. Ngokushesha nje lapho umthengisi waseShayina enginika isikhumbuzo se-bamboo, ngasilahla phansi, ngikhala ngithi, "Ngithengele umfowethu othandekayo oshonile lokhu!"

Ngaqaphela ngokucacile ukuthi umphefumulo wakhe wawusanda kukhululwa ku-Infinite. Isikhumbuzo saqhekeka ngokuzumayo nangokomfanekiso ngokuwa kwaso; phakathi nokukhala, ngabhala ebusweni be-bamboo: "Ngenxa ka-Ananta wami othandekayo, osehambile manje."

Udokotela owayengihamba naye, wayebuka lezi zenzakalo

ngokumomotheka okunonya. "Londoloza izinyembezi zakho," ephawula.

"Kungani uzilahla uze uqiniseke ukuthi ufile?"

Lapho isikebhe sethu sifika eCalcutta, uDkt. Misra waphinde wangiphelezela. Umfowethu omncane uBishnu wayelinde ukungibingelela echwebeni.

"Ngiyazi ukuthi u-Ananta uhambile kule mpilo," ngathi kuBishnu, ngaphambi kokuba athole isikhathi sokukhuluma. "Ngicela ungitshele, nodokotela lapha, ukuthi u-Ananta ushonile nini."

UBishnu igama i usuku, okuyinto kwakuyi i kakhulu usuku lokho Mina wayenayo uthenge i izikhumbuzo ku IShanghai.

"Bheka lapha!" kusho uDkt. Misra ekhipha isidoda. "Ungavumeli noma yiliphi igama lalokhu lidlule! Oprofesa bazokwengeza isifundo sonyaka sokufunda ngengqondo enkambweni yezokwelapha, esesivele side ngokwanele!"

Ubaba wangigona ngemfudumalo njengoba ngingena ekhaya lethu eGurpar Road. "Usufikile," esho ngesisa. Izinyembezi ezimbili ezinkulu zaphuma emehlweni akhe. Ngokuvamile wayengakaze angibonise lezi zimpawu zothando. Ngaphandle ubaba othuneni, ngaphakathi wayenenhliziyo encibilikayo. kwe a umama. Ku- konke yakhe ukuthengiselana nge i umndeni, yakhe okubili umzali indima kwakuyi kusobala ngokusobala .

Ngemva nje kokushona kuka-Ananta, udadewethu omncane uNalini wabuyiswa emnyango wokufa ngokuphiliswa kwaphezulu. Ngaphambi kokulandisa indaba, ngizokhuluma ngezigaba ezimbalwa zempilo yakhe yangaphambilini.

Ubuhlobo bami noNalini ebuntwaneni babungebona obujabulisa kakhulu. Ngangimncane kakhulu; wayemncane kakhulu. Ngenxa yesizathu esingazi lutho noma "okuyinkimbinkimbi" odokotela bezifo zengqondo abangeke babe nobunzima bokukubona, ngangivame ukugcona udadewethu ngokubukeka kwakhe okunesidumbu. Impendulo yakhe yayigcwele ngokufanayo nokungaguquguquki kobusha obudlulele.

Ngezinye izikhathi uMama wayengenelela, eqeda izingxabano zobuntwana, okwesikhashana, ngebhokisi elithambile endlebeni yami, njengendlebe endala.

Isikhathi sadlula; uNalini wayethembisene nodokotela osemusha waseCalcutta, uPanchanon Bose. Wathola isipho esikhulu esivela kuBaba, mhlawumbe (njengoba ngishilo kuDadewethu) ukuze akhokhele isikweletu sakhe. umkhwenyana ozoba ngumkhwenyana ngenxa yekusasa lakhe ngokuzihlanganisa nenduku yomuntu.

Qhathanisa umshado amasiko babe kugujwa ku kufanele isikhathi. Kuvuliwe i umshado ubusuku, Mina ujoyine i iqembu elikhulu nelijabule lezihlobo egumbini lokuphumula lekhaya lethu laseCalcutta. Umkhwenyana wayencike emcamelweni omkhulu ohlotshiswe ngegolide, uNalini eceleni kwakhe. I *-sari enhle yesilika ensomi engu -25-1* angikwazanga, maye, ukufihla ngokuphelele ukugoba kwayo. Ngazifihla ngemuva komcamelo wengubo yami entsha umkhwenyana wakhe futhi

wamomotheka ngendlela enobungane. Wayengakaze ambone uNalini kwaze kwaba usuku lomcimbi womshado, lapho ekugcineni ezwa ukuthi utholani elothoni yomshado.

Ezwa uzwela lwami, uDkt. Bose wakhomba uNalini ngokungacashi, wangihlebela endlebeni, "Ake usho, kuyini lokhu?"

"Kungani, "Dokotela," Mina waphendula, "kuyinto kuyinto a uhlaka lwamathambo ngoba yakho ukuqaphela!

Sihlukunyezwe yinjabulo, mina nomkhwenyana wami sasinzima ukugcina ukuziphatha okuhle phambi kwezihlobo zethu ezazibuthene.

Njengoba iminyaka iqhubeka, uDkt. Bose wazenza wathandeka emndenini wethu, owawumvakashela noma nini lapho kuvela ukugula. Mina naye saba abangane abakhulu, sivame ukuhleka ndawonye, imvamisa noNalini eyisisulu sethu .

"Kuyinto ethakazelisayo kwezokwelapha," kusho umkhwenyana wami kimi ngolunye usuku. "Ngizame konke ngamafutha esibindi sakho se-cod esingenamafutha, ibhotela, i-malt, uju, inhlanzi, inyama, amaqanda, nama-tonic. Noma kunjalo, uyehluleka ukukhukhumala ngisho nengxenye eyodwa kweziyikhulu yesentimitha." Sobabili sahleka.

Ngemva kwezinsuku ezimbalwa ngavakashela ikhaya lakwaBose. Umsebenzi wami lapho wathatha imizuzu embalwa nje; ngangihamba, ngingabonwa, ngacabanga, nguNalini. Njengoba ngifika emnyango wangaphambili, ngezwa izwi lakhe, elinomusa kodwa eliyalayo.

"Mfowethu, woza lapha. Ngeke unginike ithuba kulokhu. Ngifuna

ukukhuluma nawe." Ngagibela izitebhisi ngaya ekamelweni lakhe.

Ngamangala ukuthi wayekhala izinyembezi.

"Mfowethu othandekayo," esho, "masingcwabe imbobo endala. Ngiyabona ukuthi izinyawo zakho sezimi ngokuqinile endleleni yokomoya. Ngifuna ukuba njengawe ngazo zonke izindlela." Wanezela ngethemba, "Manje usubukeka uqinile; ungangisiza? Umyeni wami akasondeli kimi, futhi ngimthanda kakhulu! Kodwa ngisho nangaphezulu ngifuna ukuthuthuka ekuqapheleni uNkulunkulu, noma ngabe kufanele ngihlale nginciphile **ngo-25-2** futhi akukhangisi."

Inhliziyo yami yathinteka ngokujulile ngesicelo sakhe. Ubungane bethu obusha baqhubeka buthuthuka; ngolunye usuku wacela ukuba ngumfundi wami.

"Ngigqeshe nganoma iyiphi indlela oyithandayo. Ngibeka ithemba lami kuNkulunkulu esikhundleni se-tonic." Waqoqa imithi eminingi wayithela emgodini wophahla.

Njengoba a ukuhlolwa kwe yena ukholo, Mina kubuza yena ku- susa kusukela yena ukudla konke inhlanzi, inyama, futhi amaqanda.

Ngemva kwezinyanga eziningana, lapho uNalini ayelandele ngokuqinile imithetho eyahlukahlukeni engangiyibekile, futhi enamathele ekudleni kwakhe kwemifino naphezu kobunzima obuningi, ngamvakashela.

"Dadewethu, ubulokhu ulandela ngokucophelela imiyalelo engokomoya; umvuzo wakho useduze." Ngamomotheka kabi. "Ufuna ukukhuluphala kangakanani—

ukhuluphele njengo-anti wethu ongakaze abone izinyawo zakhe eminyakeni eminingi?"

"Cha! Kodwa Mina bude ku- yiba njengoba i-stout njengoba wena "banjalo."

Ngaphendula ngokuzithoba. "Ngomusa kaNkulunkulu, njengoba bengilokhu ngikhuluma iqiniso, manje sengikhuluma iqiniso. " Ngezibusiso zaphezulu, umzimba wakho uzoshintsha ngempela kusukela namuhla; ngenyanga eyodwa uzoba nesisindo esifanayo nesami.

La mazwi asuka enhliziyweni yami agcwaliseka. Ezinsukwini ezingamashumi amathathu, isisindo sikaNalini sasilingana nesami. Ukujiya okusha kwamnika ubuhle; umyeni wakhe wathandana kakhulu. Umshado wabo waqala kanjalo

ngokungafanele, waphenduka phandle ku- yiba ngokufanele ujabule.

Lapho ngibuya eJapan, ngezwa ukuthi ngesikhathi ngingekho uNalini wayehlaselwe umkhuhlane we-typhoid. Ngaphuthuma ekhaya lakhe, futhi ngethuka kakhulu lapho ngimthola ephelelwe yithemba. Wayesekwi-coma.

"Ngaphambi kokuba ingqondo yakhe idideke ngenxa yokugula," kusho umkhwe wami, "wayevame ukuthi: 'Ukuba umfowethu uMukunda ubelapha, bengingekho ngibe kanje.'" Wanezela ngokuphelelwa yithemba, "Abanye odokotela futhi mina bheka cha ithemba. Igazi isifo sohudo ine isethi ku, ngemva yena bude mayelana nge i-typhoid."

Ngaqala ukuhambisa izulu nomhlaba ngemithandazo yami. Ngisebenzisa umhlengikazi wase-Anglo-Indian, owanginika ukubambisana okugcwele, ngasebenzisa izindlela ezahlukene zokwelapha i-yoga kudadewethu. Uhudo lwegazi lwanyamalala.

Kodwa uDkt. Bose wanikina ikhanda ngokudabuka. "Akasenalo igazi elisele

lokuchitha." "Uzolulama," ngiphendula ngokukhulu ukuzimisela.

"Ezinsukwini eziyisikhombisa umkhuhlane wakhe uzophela."

Ngemva kwesonto ngajabula kakhulu ukubona uNalini evula amehlo akhe futhi engibheka ngokungiqaphela ngothando. Kusukela ngalolo suku walulama ngokushesha. Nakuba waphinde wasinda esisindweni sakhe esivamile, wayenesilonda esisodwa esibuhlungu sesifo sakhe esasicishe sibulale: imilenze yakhe yayikhubazekile. Ochwepheshe baseNdiya naseNgilandi bathi uyisilima esingenathemba.

Impi engapheli yempilo yakhe engangiyilwile ngomthandazo yayingikhathazile. Ngaya ku- USerampore ukucela usizo lukaSri Yukteswar. Amehlo akhe abonisa uzwela olujulile njengoba ngimtshela ngosizi lukaNalini.

"Imilenze kadadewenu izoba ejwayelekile ekupheleni kwenyanga eyodwa." Wanezela, "Myeke agqoke, eduze kwesikhumba sakhe, ibhande elineparele elingamboziwe lama-carat amabili, elibanjwe ngebhande."

Mina ukukhothama mina ku- yakhe izinyawo nge ukujabula impumuzo.

"Mnumzane, unguchwepheshe; izwi lakho lokuthi uzolulama lanele. Kodwa uma uphikelela ngizomtholela iparele ngokushesha."

Umfundisi wami wavuma ngekhandu. "Yebo, yenza lokho." Waqhubeka wachaza kahle izici zomzimba nezengqondo zikaNalini, ayengakaze ambone.

"Mnumzane," Mina kubuza, "kuyinto lokhu i izinkanyezi ukuhlaziywa? Wena yenza hhayi yazi yena ukuzalwa usuku noma ihora."

USri Yuktswar wamomotheka. "Kukhona izinkanyezi ezijulile, ezingaxhomekile ebufakazini bamakhalenda namawashi. Umuntu ngamunye uyingxenywe yoMdali, noma uMuntu wasemkhathini; unomzimba wasezulwini kanye nowomhlaba. Iso lomuntu libona isimo somzimba, kodwa iso langaphakathi lingena ngokujulile, ngisho nasephethini yendawo yonke lapho umuntu ngamunye eyingxenywe ebalulekile futhi eyedwa."

Mina kubuyiselwe ku- I-Calcutta futhi kuthengiwe a iparele ngoba Nalini. A inyanga kamuva, yena ukukhubazeka imilenze babe

ngokuphelele waphulukiswa.

Udadewethu wangicela ukuba ngidlulisele ukubonga kwakhe okusuka enhliziyweni kumfundisi wami. Walalela umyalezo wakhe buthule. Kodwa njengoba ngangihamba, waphawula njengokhulelwe.

"Udadewenu utshelwe odokotela abaningi ukuthi akasoze athola abantwana. Mqinisekise ukuthi eminyakeni embalwa uzozala amadodakazi amabili."

Abanye iminyaka kamuva, ku- KwaNalini injabulo, yena isibhobo a intombazane, kulandelwe ku a ezimbalwa iminyaka ngu omunye indodakazi.

"Inkosi yakho ibusise ikhaya lethu, umndeni wethu wonke," kusho udadewethu. "Ukuba khona komuntu onjalo kuyingcwele kulo lonke elaseNdiya. Mfowethu othandekayo, ngicela utshele uSri Yukteswarji ukuthi, ngawe, ngizibheka njengomfundi wakhe we- *Kriya Yoga ngokuthobeka* ."

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25-1 : I ngomusa okumboziwe ingubo kwe IsiNdiya abesifazane.

25-2 : Ngoba iningi abantu ku I-India kukhona mncane, okunengqondo ukukhuluphala kuyinto kucatshangelwe kakhulu efiselekayo.

25-3 : I IsiHindu imibhalo engcwele memezela lokho labo I-WHO ngokujwayelekile khuluma i iqiniso intando thuthukisa i amandla kwe ukuvela amazwi abo. Imiyalo abayishoyo ngokusuka enhliziyweni iyogcwaliseka empilweni.

ISAHLUKO: 26

I Isayensi Of I-Kriya I-Yoga

Isayensi ye- *Kriya Yoga* , okukhulunywe ngayo kaningi kula makhasi, yaziwa kabanzi eNdiya yanamuhla ngokusebenzisa uLahiri Mahasaya, i-guru kaguru wami. Impande yesiSanskrit ye- *Kriya* yi- *kri* , ukwenza, ukwenza nokusabela; impande efanayo itholakala egameni elithi *karma* , isimiso semvelo sembangela nomphumela. Ngakho-ke *i-Kriya Yoga* "iwukuhlangana (i-yoga) no-Infinite ngesenzo noma isiko elithile." I-yogi elandela ngokwethembeka inqubo yayo ikhululwa kancane kancane ku-karma noma uchungechunge lwezimbangela olujwayelekile.

Ngenxa yemithetho ethile yasendulo ye-yogic, angikwazi ukunikeza incazelo egcwele

ye- *Kriya Yoga* emakhasini encwadi ehloselwe umphakathi jikelele. Indlela yangempela yokusebenza kumele ifundwe ku- *Kriyaban* noma *i-Kriya Yogi* ; lapha ukubhekisela okubanzi kumele kwanele.

I-Kriya I-Yoga kuyinto a okulula, i-psychophysiological indlela ngu okuyinto i umuntu igazi kuyinto i-decarbonized

futhi igcwaliswe kabusha ngomoya-mpilo. Ama-athomu alo moya-mpilo owengeziwe adluliselwa kugesi wokuphila ukuze avuselele ubuchopho kanye nezikhungo zomgogodla. **26-1** Ngokumisa ukuqongelela kwegazi elinomfutho wegazi, i-yogi iyakwazi ukunciphisa noma ukuvimbela ukubola kwezicubu; i-yogi ethuthukile iguqula amangqamuzana ayo abe amandla amsulwa. U-Eliya, uJesu, uKabir nabanye abaprofethi babengabachwepheshe ekusebenziseni *i-Kriya* noma indlela efanayo, ababangela ngayo imizimba yabo ukuba iguquke ngokuthanda kwabo.

I-Kriya iyisayensi yasendulo. ULahiri Mahasaya wayithola kumfundisi wakhe, uBabaji, owaphinde wathola futhi wacacisa le ndlela ngemva kokuba ilahlekile eNkathini Yobumnyama.

"I- *Kriya Yoga* engiyinika umhlaba ngawe kuleli khulu leshumi nesishiyagalolunye," kusho uBabaji etshela uLahiri Mahasaya, "iyimvuselelo yesayensi efanayo uKrishna ayinika u-Arjuna, eminyakeni eyizinkulungwane edlule, futhi kamuva eyaziwa nguPatanjali, nakuKristu, uSt. John, uSt. Paul, nabanye abafundi."

Yoga, esiqeshini seBhagavad *Gita* : "Ngokufaka umoya ophumayo, kanye nokufaka umoya ophumayo, i-yogi iqeda zombili lezi ziphefumulo; ngaleyo ndlela ikhulula amandla okuphila enhliziyweni futhi iwalethe ngaphansi kolawulo lwayo." **26-2** Incazelo ithi: "I-yogi ivimba ukubola emzimbeni ngokwengeza amandla okuphila, futhi ivimbela ukuguquka kokukhula emzimbeni nge *-apan* (ukususa ugesi). Ngakho-ke iqeda ukubola nokukhula, ngokuthulisa inhliziyo, i-yogi ifunda ukulawula impilo."

UKrishna uphinde axoxe ngo **-26-3** ukuthi kwakunguye, esesemzimbeni wangaphambili, owadlulisela i-yoga engenakubhujiswa kumuntu wasendulo okhanyayo, uVivasvat, owayinika uManu, isishayamthetho esikhulu. **26-4** Yena, wayala u-Ikshwaku, uyise wobukhosi bamaqhawe elanga aseNdiya. Njengoba idlula komunye nomunye, i-yoga yasebukhosini yayivikelwa ama-rishi kwaze kwaba yilapho kufika inkathi yokuthanda izinto ezibonakalayo. **26-5** Ngemuva kwalokho, ngenxa yemfihlo yabapristi kanye nokunganaki komuntu, ulwazi olungcwele lwaba lula kancane kancane.

I-Kriya Yoga ikhulunywa kabili yisazi sasendulo uPatanjali, umsunguli oyinhloko we-yoga, owabhala: " *I-Kriya Yoga* iqukethe ukuzithiba komzimba, ukulawula ingqondo, nokuzindla nge *-Aum* ." **26-6** UPatanjali ukhuluma ngoNkulunkulu njengomsindo wangempela we-Cosmic of *Aum* ozwakala ekuzindleni. **26-7** I- *Aum* yiZwi Elidala, **26-8** umsindo we-Vibratory Motor. Ngisho nomuntu oqala i-yoga ngokushesha uzwa umsindo omangalisayo we- *Aum ngaphakathi* . Ethola lesi sikhuthazo esingokomoya esijabulisayo, umuntu ozinikele uyaqiniseka ukuthi uxhumene ngempela nezindawo zaphezulu.

UPatanjali ubhekisela okwesibili endleleni yokulawula impilo noma *yeKriya* ngale ndlela: "Inkululeko ingafezwa yileyo *pranayama* etholakala ngokuhlukanisa inkambo

yokuphefumulelwa nokuphelelwa yisikhathi." **26-9**

USanta uPawulu wayazi *iKriya Yoga* , noma indlela efana kakhulu nayo, ayengashintsha ngayo imisinga yokuphila iye futhi isuke ezinzweni. Ngakho-ke wakwazi ukuthi: "Ngqiqinisile, ngiyaphikisana ngokujabula kwami enginakho kuKristu, *ngiyafa nsuku zonke* ." **26-10** Ngokukhipha amandla akhe okuphila emzimbeni nsuku zonke, wawahlanganisa ngokuhlangana kwe-yoga nokujabula (injabulo yaphakade) kokwazi kukaKristu. Kuleso simo esijabulisayo, wayengumuntu

ngamabomu uyazi kwe ukuba ufile ku- i okukhohlisayo imizwa umhlaba kwe *imaya* .

Ezimweni zokuqala zokuxhumana noNkulunkulu (*sabikalpa samadhi*) ukuqonda komuntu ozinikele kuhlangana noMoya Wendawo Yonke; amandla akhe okuphila ayakhishwa emzimbeni, obonakala “ufile,” noma unganyakazi futhi uqinile. I-yogi iyazi kahle isimo sayo somzimba sokuphiliswa okulengayo. Njengoba injalo uthuthukela ezimweni eziphakeme ezingokomoya (*nirbikalpa samadhi*), nokho, uxhumana noNkulunkulu ngaphandle kokuzikhandla ngokomzimba, futhi ephapheme ngendlela evamile, ngisho naphakathi kwemisebenzi yezwe enzima. **26-11**

" *I-Kriya Yoga* iyithuluzi lapho ukuvela komuntu kungasheshiswa khona," kusho uSri Yukteswar kubafundi bakhe. "I-yoga yasendulo yathola ukuthi imfihlo yokwazi indawo yonke ihlobene kakhulu nokulawula ukuphefumula. Lokhu kungumnikelo oyingqayizivele nongenakufa waseNdiya engcebweni yolwazi yomhlaba. Amandla okuphila, ngokuvamile agxila ekugcineni iphampu yenhliziyo, kumele akhululwe emisebenzini ephakeme ngendlela yokuzola nokuthulisa izidingo ezingapheli zokuphefumula."

I- *Kriya Yogi* iqondisa amandla ayo okuphila engqondweni ukuba ajikeleze, phezulu naphansi, azungeze izikhungo eziyisithupha zomgogodla (i-medullary, i-cervical, i-dorsal, i-lumbar, i-sacral, kanye ne-coccygeal plexuses) ezihambisana nezimpawu eziyishumi nambili ze-astral ze-zodiac, i-Cosmic Man engokomfanekiso. Umzuzu owodwa wesigamu wokuguquka kwamandla azungeze intambo yomgogodla ebucayi yomuntu uthinta intuthuko encane ekuziphendukeleni kwakhe; lowo mzuzu wesigamu we- *Kriya* ulingana nonyaka owodwa wokuvela kwemvelo okungokomoya.

Uhlelo lwezinkanyezi lomuntu, olunezinkanyezi eziyisithupha (eziyishumi nambili nge-polarity) zangaphakathi ezizungeza ilanga leso elingokomoya elinolwazi oluphelele, luhlobene nelanga elingokoqobo kanye nezibonakaliso eziyishumi nambili ze-zodiac. Ngakho-ke bonke abantu bathintwa yindawo yonke yangaphakathi neyangaphandle. Ama-rishi asendulo athola ukuthi indawo yomuntu yasemhlabeni neyasezulwini, emijikelezweni yeminyaka eyishumi nambili, imqhubela phambili endleleni yakhe yemvelo. Imibhalo iveza ukuthi umuntu udinga iminyaka eyisigidi yokuziphendukela kwemvelo okuvamile, okungenazifo ukuze aphelelise ubuchopho bakhe bomuntu ngokwanele ukuveza ukuqonda kwendawo yonke.

I-*Kriya* eyinkulungwane esetshenziswa ngamahora ayisishiyagalombili inikeza i-yogi, ngosuku olulodwa, okulingana neminyaka eyinkulungwane yokuziphendukela kwemvelo: iminyaka engu-365,000 yokuziphendukela kwemvelo ngonyaka owodwa. Eminyakeni emithathu, i- *Kriya Yogi* ingafeza ngomzamo wayo ohlakaniphile umphumela ofanayo olethwa yimvelo eminyakeni eyisigidi. Indlela emfushane ye- *Kriya* , vele, ingathathwa kuphela yi-yogi ethuthuke kakhulu. Ngokuqondiswa yi-guru, ama-yogi anjalo alungiselele ngokucophelela imizimba yawo nobuchopho

ukuze athole amandla adalwe ukuzijwayeza okujulile.

Umuntu oqalayo *waseKriya* usebenzisa ukuzivocavoca kwakhe kwe-yoga izikhathi eziyishumi nane kuya kwezingamashumi amabili nesishiyagalombili kuphela, kabili ngosuku. Inani lama-yoga lithola inkululeko eminyakeni eyisithupha noma eyishumi nambili noma engamashumi amabili nane noma engamashumi amane nesishiyagalombili. uyafa ngaphambi ukufeza egcwele ukuqonda ukuthwala nge yena i kuhle i-karma kwe yakhe okwedlule Umzamo *kaKriya* ; empilweni yakhe entsha uqhutshwa ngokuvumelanayo eNhlosweni yakhe Engenamkhawulo.

Umzimba womuntu ojwayelekile ufana nesibani sama-watt angamashumi amahlanu, esingakwazi ukuthwala izigidigidi Amandla amakhulu avuswa umkhuba oweqile we- *Kriya* . Ngokukhula kancane kancane nangokujwayelekile kwezindlela ezilula nezingenaphutha ze- *Kriya* , umzimba womuntu uguqulwa ngokwezinkanyezi usuku nosuku, futhi ekugcineni ulungele ukuveza amandla angenamkhawulo wamandla omkhathi - owokuqala ngokwezinto ezibonakalayo

esebenzayo inkulumo kwe Umoya.

I-Kriya Yoga ayifani nhlobo nokuzivocavoca kokuphefumula okungeyona isayensi okufundiswa yizishosho eziningi ezidukisiwe. Imizamo yazo yokubamba umoya ngenkani emaphashini ayiyona nje into engokwemvelo kodwa ayijabulisi neze. *I-Kriya* , ngakolunye uhlangothi, kusukela ekuqaleni ihambisana nokuthula, kanye nemizwa eduduzayo yomphumela wokuvuselela emgogodleni.

Indlela yasendulo ye-yoga iguqula ukuphefumula kube yingqondo. Ngokuthuthuka ngokomoya, umuntu uyakwazi ukubona ukuphefumula njengesenzo sengqondo— ukuphefumula kwephupho.

Eziningi imifanekiso kungenzeka yiba okunikeziwe kwe i izibalo ubudlelwano phakathi indoda izinga lokuphefumula kanye nokwehluka kwezimo zakhe zokuqwashisa. Umuntu onaka ngokuphelele, njengokulandela impikiswano ethile ehlangene yobuhlakani, noma ekuzameni isenzo esithile esibucayi noma esinzima somzimba, uphefumula kancane ngokuzenzakalelayo. Ukuqina kokunaka kuncike ekuphefumuleni kancane; ukuphefumula okusheshayo noma okungalingani kuhambisana nezimo ezingokomzwelo ezilimazayo: ukwesaba, inkanuko, intukuthelo. Inkawu engaphumuli iphefumula ngesivinini sezikhathi ezingu-32 ngomzuzu, ngokungafani ne isilinganiso somuntu siphindwe izikhathi ezingu-18. Indlovu, ufudu, inyoka nezinye izilwane eziphawulwe nge ubude besikhathi eside bunesilinganiso sokuphefumula esingaphansi kwesomuntu. Isibonelo, ufudu, olungafinyelela eminyakeni engu-300, **26-12**. uphefumula izikhathi ezine kuphela ngomzuzu.

Imiphumela yokuvuselela ubuthongo ibangelwa ukungazi kwesikhashana komuntu ngomzimba nokuphefumula. Umuntu olele uba yi-yogi; ubusuku ngabunye wenza isiko le-yogi ngokungazi ukuzikhulula ekuzibonakaliseni komzimba, kanye nokuhlanganisa amandla okuphila nemisinga yokuphulukisa esifundeni esiyinhloko sobuchopho kanye nama-sub-dynamos ayisithupha ezikhungo zakhe zomgogodla. Ngakho-ke umuntu olele ucwila ngokungazi echibini lamandla e-cosmic asekela konke okuphila.

I-yogi yokuzithandela yenza inqubo elula, yemvelo ngamabomu, hhayi ngokungazi njengomuntu olele kancane. I- *Kriya Yogi* isebenzisa indlela yayo yokugcwalisa nokondla wonke amangqamuzana ayo angokwenyama ngokukhanya okungapheli nokuwagcina esimweni esinozibuthe. Ngokwesayensi yenza ukuphefumula kungadingeki, ngaphandle kokukhiqiza izimo zokulala okungaphansi noma ukungazi.

NguKriya , amandla okuphila aphumayo awachithwa futhi asetshenziswe kabi ezingqondweni, kodwa *avinjelwe* ukuhlangana kabusha namandla omgogodla angabonakali. Ngokuqiniswa okunjalo kokuphila, umzimba we-yogi kanye namaseli obuchopho anikwa amandla nge-elixir engokomoya. Ngakho-ke uyazisusa

ekugcinweni kwemithetho yemvelo okufundwe kahle, okungamthatha kuphela - ngezindlela ezijikelezayo njengoba zinikezwa ukudla okufanele, ukukhanya kwelanga, kanye nemicabango evumelanayo - emgomweni weminyaka eyisigidi. Kudinga iminyaka eyishumi nambili yokuphila okunempilo okuvamile ukuze kusebenze ngisho noshintsho oluncane olubonakalayo esakhiweni sobuchopho, futhi kufunwa ukubuyiselwa kwelanga okuyisigidi ukuze kulungiswe ngokwanele indawo yobuchopho ukuze kubonakaliswe ukuqonda kwendawo yonke.

Ekhulula intambo yokuphefumula ebopha umphefumulo nomzimba, *uKriya* usiza ekwandiseni impilo nokwandisa ukuqonda kuze kube phakade. Indlela ye-yoga ingoba ukudonsana kwempi phakathi kwengqondo nezinzwa ezihambisana nendaba, futhi ikhulula umuntu ozinikele ukuba aphinde adle ifa lombuso wakhe waphakade. Uyazi ukuthi isimo sakhe sangempela asiboshiwe yizimbobo zomzimba noma ukuphefumula, uphawu lokugqilazwa emoyeni okufayo, eziphoqeletweni zemvelo.

Ukuzihlola, noma "ukuhlala buthule," kuyindlela engeyona eyesayensi yokuzama ukuphoqelesa ukuhlukanisa ingqondo nezinzwa, eziboshwe ndawonye ngamandla okuphila. Ingqondo ecabangayo, ezama ukubuyela ebunkulunkulwini, idonswa njalo emuva ezinzweni yimisinga yokuphila. *I-Kriya*, elawula ingqondo *ngqo* ngamandla okuphila, iyindlela elula, ephumelela kakhulu, futhi engokwesayensi kakhulu yokusondela ku-Infinite. Ngokungafani nendlela yenkolo ehamba kancane, engaqinisekile "yenqola yezinkunzi" eya kuNkulunkulu, *i-Kriya* ingabizwa ngokufanele ngokuthi umzila "wendiza".

Isayensi ye-yogic isekelwe ekucabangeni okubonakalayo kwazo zonke izinhlobo zokugxilisa ingqondo nokuzindla. I-Yoga ivumela umlandeli ukuthi avule noma avule, ngokuthanda kwakhe, umzila wokuphila kusukela amafoni amahlanu emizwa okubona, umsindo, iphunga, ukunambitha, kanye nokuthinta. Ethola la mandla okunqanyulwa kwemizwa, i-yogi ikuthola kulula ukuhlanganisa ingqondo yayo ngokuthanda kwayo nezindawo zaphezulu noma nomhlaba wezinto. Akasabuyiselwa ngamandla okuphila ngokungathandi endaweni evamile yemizwa exokozelayo nemicabango engaphumuli. Umphathi womzimba nengqondo yakhe, i- *Kriya Yogi* ekugcineni uthola ukunqoba phezu "kwesitha sokugcina," ukufa.

Kanjalo uzodla ngokuFa, okudla abantu: Futhi ukufa uma sekufile, akusekho ukufa ngaleso sikhathi. **26-13**

Impilo ye- *Kriya Yogi ethuthukile* ayithonywa yimiphumela yezenzo zesikhathi esidlule, kodwa ithonywa kuphela yiziqondiso ezivela emphefumulweni. Ngakho-ke umuntu ozinikele ugwema abaqaphi abahamba kancane, abashintshashintshayo bezenzo zobugovu, ezinhle nezimbi, zokuphila okuvamile, okunobunzima nokufana nezinhliziyi zezinkozi.

Indlela engcono kakhulu yokuphila ngomphefumulo ikhulula i-yogi, elahlekelwe yijele layo lokuzikhukhumeza, inambitha umoya ojulile wokuba khona kuyo yonke indawo. Ubukhosi bokuphila kwemvelo, ngokuphambene nalokho, bubekwe ngesivinini esihlazisayo.

Evumelanisa impilo yakhe nohlelo lokuziphendukela kwemvelo, umuntu akanakukwazi ukushesha okungenasidingo okuvela emvelweni kodwa, ephila ngaphandle kwephutha ngokumelene nemithetho yesipho sakhe somzimba nengqondo, kusadinga iminyaka engaba yisigidi yokuzifihla ukuze azi ukukhululwa kokugcina.

Izindlela ze-yogi ezisebenzisa i-telescopic, ezizihlukanisa nokuhlonza ngokomzimba nangokwengqondo zikhetha umphefumulo nobuntu, ngaleyo ndlela zizincoma kulabo ababuka ngokuvukela iminyaka eyinkulungwane. Lo mngcele wezinombolo wandisiwe kumuntu ovamile, ophila ngokuvumelana hhayi ngisho nemvelo, ingasaphathwa eyomphefumulo wakhe, kodwa esikhundleni salokho aphishekela ubunzima obungeyona eyemvelo, ngaleyo ndlela ukucasula ku yakhe umzimba futhi

imicabango i okumnandi ukuhlanzeka kwe imvelo. Ngoba yena, ezimbili izikhathi a Izigidi zeminyaka zinganele ukukhululwa.

Umuntu ojwayelekile akaqapheli noma akaqapheli nhlobo ukuthi umzimba wakhe ungumbuso, obuswa uMbusi umphefumulo esihlalweni sobukhosi sogebhezi, kanye nabaphathi abangaphansi kwezikhungo eziyisithupha zomgogodla noma izinhlaka ukuqonda. Lo mbuso wentando yeningi udlulela phezu kwesixuku sabantu abalalelayo: amangqamuzana ayizinkulungwane ezingamashumi amabili nesikhombisa - anikezwe ubuhlakani obuqinisekile noma obuzenzakalelayo abenza ngayo yonke imisebenzi yokukhula komzimba, ukuguqulwa, kanye nokuwohloka - kanye nemicabango engaphansi kwengxenye eyizigidi ezingamashumi amahlanu, imizwa, kanye nokwehlukahlukana kwezigaba ezishintshanayo ekuqondeni komuntu empilweni ejwayelekile yeminyaka engamashumi ayisithupha. Noma yikuphi ukuvukela okubonakalayo kwamangqamuzana omzimba noma obuchopho kuMbusi uMphefumulo, okubonakala njengesifo noma ukucindezeleka, akubangelwa ukungathembeki phakathi kwezakhamuzi ezithobekile, kodwa ukusetshenziswa kabi kwangaphambilini noma kwamanje ngu umuntu ngobuntu bakhe noma ngenkululeko yakhe yokuzikhethelela, anikezwe yona ngesikhathi esisodwa nomphefumulo, futhi engenakushintshwa.

Eziveza njengomuntu oziqhenyayo, umuntu uthatha kalula ukuthi nguye ocabanga, othanda, ozwayo, ogaya ukudla, futhi ozigcina ephila, engalokothi avume ngokuzindla (okuncane nje okwanele!) ukuthi empilweni yakhe evamile akalutho ngaphandle kwesenzo sezenzo zangaphambilini (i-karma) kanye nemvelo. noma indawo ezungezile. Ukusabela kwengqondo yomuntu ngamunye, imizwa, imizwa, kanye nemikhuba yakhe kubangelwa yimiphumela yezimbangela zesikhathi esidlule, kungaba yile noma impilo yakhe yangaphambili. Nokho, uphakeme ngaphezu kwamathonya anjalo umphefumulo wakhe wasebukhosini. Elahla amaqiniso nenkululeko yesikhashana, i -*Kriya Yogi* idlula ngale kwakho konke ukudumala iye kuBuntu bayo obungenamingcele. Yonke imibhalo imemezela umuntu ukuthi akayona umzimba owonakalayo, kodwa ungumphefumulo ophilayo; nguKriya *unikezwa* indlela yokufakazela iqiniso lemibhalo.

"Imikhuba yangaphandle ayikwazi ukubhubhisa ukungazi, ngoba ayiphikisani," kubhala uShankara encwadini yakhe edumile ethi *Century Of Verses* . "Ulwazi oluqashelwayo lodwa lubhubhisa ukungazi. . . . Ulwazi alukwazi ukuvela nganoma iyiphi enye indlela ngaphandle kokubuza. 'Ngingubani? Lo mhlaba wazalwa kanjani? Ngubani umenzi wawo? Iyini imbanga yawo ebonakalayo?' Lolu uhlobo lokubuza okubhekiselwe kulo." Ubuhlakani abunampendulo yale mibuzo; ngakho-ke i-rishis yashintsha i-yoga njengendlela yokubuza ngokomoya.

-*Kriya Yoga* "iwumkhosi womlilo" wangempela ovame ukudunyiswa kwi- *Bhagavad Gita* . Imililo yokuhlanza ye-yoga iletha ukukhanya okuphakade, futhi ngaleyo ndlela ihluke kakhulu emikhosini yomlilo yenkolo yangaphandle nengasebenzi kahle, lapho ukuqonda iqiniso kuvame ukushiswa khona, kuya ekuhambisaneni okunesizotha, kanye nempepho!

I-yogi ethuthukile, igodla yonke ingqondo yayo, intando, kanye nomuzwa wayo ekuzihlanganiseni okungamanga nezifiso zomzimba, ihlanganisa ingqondo yayo namandla angaphezu kwawemvelo ezindaweni zomgogodla, ngaleyo ndlela iphila kuleli zwe njengoba uNkulunkulu ehlelile, ingashukunyiswa yizifiso zesikhathi esidlule noma yizisusa ezintsha zabantu ezintsha. I-yogi enjalo ithola ukugcwaliseka kwesifiso sayo esiphakeme, iphephile endaweni yokugcina yoMoya ojabulisayo ongapheli.

I-yogi inikeza izifiso zayo zobuntu ezixakile emlilweni omkhulu ozinikele kuNkulunkulu ongenakuqhathaniswa. Lona ngempela umkhosi weqiniso womlilo we-yogi, lapho zonke izifiso zesikhathi esidlule nezamanje ziphehlwa uthando olungcwele. Ilangabi Eliphelele lithola umhlathelo wabo bonke ubuhlanya bomuntu, futhi umuntu umsulwa endle. Amathambo akhe aphucwe yonke inyama efiselekayo, uhlaka lwakhe lwe-karmic lucwebezwe elangeni lokuhlakanipha lokubulala amagciwane, ekugcineni uhlanzekile, akahlaseli phambi komuntu noMenzi.

Ebhekisela ekusebenzeni kahle kwe-yoga okuqinisekile nokuhlelekile, iNkosi

uKrishna idumisa i-yogi yezobuchwepheshe ngala mazwi alandelayo: "I-yogi inkulu kunezilawuli zomzimba eziqeqeshayo, inkulu ngisho nangaphezu kwabalandeli bendlela yokuhlakanipha (*Jnana Yoga*), noma yendlela yesenzo (*Karma Yoga*); yiba wena, O mfundi u-Arjuna, i-yogi!" **26-14**

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26-1 : I kuphawuliwe usosayensi, UDkt. UGeorge W. I-Crile kwe eCleveland, kuchaziwe ngaphambi a 1940 umhlangano kwe i UmMelika Inhlangothi ye i Intuthuko kwe Isayensi i izivivinyo ngu okuyinto yena wayenayo kufakazelwe lokho konke ngokomzimba izicubu kukhona ngogesi okungekuhle, ngaphandle kobuchopho kanye nezicubu zesimiso sezinzwa ezihlala zilungile ngogesi ngoba zithatha umoya-mpilo ovuselelayo ngesivini esikhulu.

26-2 : *IBhagavad UGita* ,

IV:29. 26-3: *IBhagavad I-*

Gita IV:1-2.

26-4 : Umbhali wencwadi ethi *Manava Dharma Shastras* . Lezi zikhungo zomthetho ovamile ezigcotshwe njengezingcwele ziyasebenza eNdiya kuze kube namuhla. Isazi saseFrance, uLouis Jacolliot, sibhala ukuthi usuku lukaManu "lulahlekile ngobusuku besikhathi sangaphambi komlando waseNdiya; futhi cha isazi ine isibindi ku- ukulahla yena i isihloko kwe i iningi yasendulo umniki-mthetho ku i umhlaba." Ku- *I-La IBhayibheli AmaDan UL'inde* , amakhasi 33-37, uJacolliot uphinde abhale izikhombo zombhalo ezifanayo ukuze afakazele ukuthi *iKhodi YamaRoma Kajustinian* ilandela eduze *iMithetho KaManu* .

26-5 : I qala kwe i izinto ezibonakalayo iminyaka, ngokusho ku- IsiHindu umbhalo ongcwele ukubala, kwakuyi 3102 BC Lokhu kwakuyi i ukuqala kuka i Ukwehla I-Dwapara Ubudala (bheka [ikhasi 174](#)). Yesimanje izazi, ngokunganaki ukukholelwa lokho 10,000 iminyaka okwedlule konke amadoda babe ukucwila ku a ubuqaba Itshe Ubudala, ngokufingqiwe xosha njengoba "izinganekwane" konke amarekhodi futhi amasiko .kwe kakhulu yasendulo impucuko eNdiya, eShayina, eGibhithe nakwamanye amazwe

26-6 *Ama-Aphorisms* kaPatanjali , II:1. Lapho esebenzisa amagama athi *Kriya Yoga* , uPatanjali wayebhekisela kunoma iyiphi indlela eqondile efundiswayo ngu UBabaji, noma eyodwa kakhulu okufanayo ku- yona. Lokho yona kwakuyi a okuqinisekile ubuchwepheshe kwe impilo ukulawula kuyinto kufakazelwe ngu I-Patanjali's I -*Aphorism* II:49.

26-7 : I-Patanjali's *Ama-aphorism* , I:27.

26-8 : "Ngaphakathi i isiqalo kwakuyi i Izwi, futhi i Igama kwakuyi nge Nkulunkulu, futhi i Igama kwakuyi UNkulunkulu. Konke izinto babe kwenziwe ngu ngaphandle kwakhe akudalwanga lutho oluvelileyo." - *Johane 1* :1-3. *U-Aum (Om)* wamaVeda waba yizwi elingcwele *Amin* kwe i AmaSulumane, *Umsindo* kwe i AmaTibet, futhi *Amen* kwe i AmaKristu (kwayo incazelo ku IsiHebheru ukuba *ngokuqinisekile , othembekile*). "Nakhu akushoyo u-Amen, ufakazi othembekile noqinisekileyo, ukuqala kokudalwa .kukaNkulunkulu." - *IsAmbulo* 3:14

26-9 : *Ama-aphorism* II:49..

26-10 : Mina *KwabaseKorinte* 15:31. "Ezethu "ngiyajabula" kuyinto i kulungile ukuhumusha; hhayi, njengoba ngokuvamile okunikeziwe, "yakho "Ngiyajabula." Ist. uPawulu wayebhekisela ekubeni khona kuyo *yonke indawo* kokuqonda kukaKristu.

26-11 : *I-Kalpa* kusho isikhathi noma aeon. *I-Sabikalpa* kusho isihloko ku- isikhathi noma ushintsho; abanye isixhumanisi nge *i-prakriti* noma indaba izinsalela. . *I-Nirbikalpa* kusho okungaphelelwa yisikhathi, okungaguquki; lokhu kuyinto i okuphezulu kakhulu isimo kwe *samadhi*

26-12 : Ngokusho ku- i *I-Lincoln Umtapo Wolwazi Of Okubalulekile Ulwazi* , k. 1030, i isiqhwaga ufudu izimpilo phakathi 200 futhi Iminyaka engama -300 .

26-13 : UShakespeare: *I-Sonnet*

#146. 26-14: *Bhagavad Gita* ,

VI:46.

Ukusungulwa A I-Yoga Isikole Ku- I-Ranchi

"Kungani kukhona wena ukuzonda ku- inhlango umsebenzi?"

OkweNkosi umbuzo wethukile mina a ingcezu. It kuyinto iqiniso lokho yami okuyimfihlo ukukholelwa ku- i isikhathi kwakuyi lokho

izinhlangano babe "izimpondo" izidleke."

"Kungumsebenzi ongenabongi, mnumzane," ngiphendula.

"Kungakhathaliseki ukuthi umholi wenzani noma akenzini, uyagxekwa ."

"Ingabe ufuna yonke *i-channa yaphezulu* (ubisi olujiyile) ibe ngeyakho wedwa?"

Impendulo kathisha yayihambisana nokubuka okuqinile. "Ingabe wena noma omunye umuntu angafinyelela ukuxhumana noNkulunkulu nge-yoga ukube uhlu lwamakhosi anenhliziyi ephanayo belungazimisele ukudlulisela ulwazi lwabo kwabanye?"

Wanezela, "UNkulunkulu unguju, izinhlangano ziyizidleke; zombili ziyadingeka.

Noma yiluphi *uhlobo* alunamsebenzi, vele, ngaphandle komoya, kodwa kungani ungaqali izidleke ezimatasa ezigcwele umpe ongokomoya?"

Iseluleko sakhe sangithinta kakhulu. Nakuba ngingazange ngiphendule ngaphandle, kwavela isinqumo esiqinile esifubeni sami: Ngangizokwabelana nabanye abantu, ngokwamandla ami, amaqiniso angenakunyakaziswa engangiwa funde ezinyaweni zomfundisi wami. "Nkosi," ngathandaza, "kwangathi Uthando Lwakho lungakhanya phakade endaweni engcwele yokuzinikela kwami, futhi kwangathi ngingakwazi ukuvusa lolu Thando kwezinye izinhliziyi."

Esikhathini esidlule, ngaphambi kokuba ngijoyine uhlelo lwezindela, uSri Yukteswar wayekhulume into engalindelekile.

"Yeka ukuthi uzophuthelwa kanjani ubungane bomfazi ekugugeni kwakho!" esho.

"Awuvumi yini ukuthi indoda yomndeneni, ematasa nomsebenzi owusizo wokondla umkayo nezingane, ngaleyo ndlela idlala indima evuzayo emehlweni kaNkulunkulu?"

"Mnumzane," ngangikhononda ngokwesaba, "uyazi ukuthi isifiso sami kulokhu kuphila ukusekela kuphela uMthandi Wendawo Yonke."

UMfundisi wayehleke kakhulu kangangokuthi ngaqonda ukuthi lokho akubonile kwakuwukuvivinya ukholo lwami nje.

"Khumbula," esho kancane, "ukuthi lowo olahla imisebenzi yakhe yasemhlabeni angazithethelela kuphela ngokuthatha uhlobo oluthile lomthwalo wemfanelo emndenini omkhulu kakhulu."

Umqondo wemfundo egxile entsheni wawulokhu useduze nenhliziyi yami. Ngabona ngokucacile imiphumela eyomile yemfundo evamile, ehlokelwe kuphela ukuthuthukiswa komzimba nengqondo. Izindinganiso zokuziphatha nezingokomoya, okungekho muntu ongasondela enjabulweni ngaphandle kokwazisa kwazo, zazingakabi khona. ngintula uhlelo lwezifundo olusemthethweni. Ngazimisela ukusungula isikole lapho abafana abancane babengathuthuka khona bafinyelele ebudodeni obuphelele. Isinyathelo sami sokuqala kulolo hlangothi senziwa ngabantwana abayisikhombisa eDihika, indawo encane yasemaphandleni eBengal.

Ngemva konyaka, ngo-1918, ngenxa yomusa kaSir Manindra Chandra Nundy, uMaharaja waseKasimbazar, ngakwazi ukuthuthela iqembu lami elikhula ngokushesha eRanchi. Leli dolobha eliseBihar, cishe ngamakhilomitha angamakhulu amabili ukusuka eCalcutta, libusiswe ngesinye sezimo zezulu ezinempilo kakhulu eNdiya. Isigodlo saseKasimbazar eRanchi saguqulwa saba yindlunkulu yesikole esisha, engasibiza ngokuthi *iBrahmacharya Vidyalaya* **ngo-27-1.** ngokuvumelana nemigomo yemfundo yamaRishi.

Okwabo ihlathi ama-ashram wayenayo ube i yasendulo izihlalo kwe ukufunda, okungewona owezwe futhi uNkulunkulu, ngoba i intsha kwe

INdiya.

ERanchi ngahlela uhlelo lwemfundo lwamabanga ohlelo lolimi kanye namabanga esikole samabanga aphezulu. Lwaluhlanganisa izifundo zezolimo, zezimboni, zezentengiselwano kanye nezezifundo. Abafundi bafundiswa nokugxila kwe-yoga nokuzindla, kanye nesimiso esiyinqayizivele sokuthuthuka ngokomzimba, "i-Yogoda," engangithole izimiso zayo ngo-1916.

Ngigaphela ukuthi umzimba womuntu ufana nebhethri kagesi, ngacabanga ukuthi ungagcwaliswa ngamandla ngokusebenzisa amandla aqondile entando yomuntu. Njengoba kungekho senzo, esincane noma esikhulu, esingenzeka ngaphandle *kokuzithandela*, umuntu angazisebenzisa isifiso sakhe esiyinhloko, ukuvuselela izicubu zakhe zomzimba ngaphandle kwemishini enzima noma ukuvivinya umzimba. Ngakho-ke ngafundisa abafundi baseRanchi amasu ami alula "eYogoda" lapho amandla okuphila, agxile ku-medulla oblongata yomuntu, angagcwaliswa khona ngamabomu nangokushesha ngokunikezwa kwamandla angenamkhawulo e-cosmic.

kakhulu kulokhu kuqeqeshwa, bathuthukisa ikhono elingavamile lokushintsha amandla okuphila kusuka kwenye ingxenye yomzimba baye kwenye, nokuhlala phansi ngendlela efanele ezimeni zomzimba ezinzima. Benza imisebenzi yamandla nokukhuthazela abantu abadala abaningi abanamandla ababengenakukwazi ukuyilinganisa. Umfowethu omncane, uBishnu Charan Ghosh, wajoyina isikole saseRanchi; kamuva waba isazi samasiko esihamba phambili eBengal. Yena nomunye wabafundi bakhe bahamba baya eYurophu naseMelika, benikeza imibukiso yamandla namakhono okwamangaza izazi zaseyunivesithi, kuhlanguke nalo baseColumbia University eNew York.

Ekupheleni konyaka wokuqala eRanchi, izicelo zokwamukelwa zafinyelela ezinkulungwaneni ezimbili. Kodwa isikole, esasiyikhaya kuphela ngaleso sikhathi, sasingakwazi ukwamukela abafundi abangaba yikhulu kuphela. Imfundo yabafundi basemini yanezelwa ngokushesha.

E- *Vidyalaya* kwadingeka ngidlale njengobaba nomama kubantwana abancane, futhi ngibhekane nezinkinga eziningi zokuhlela. Ngangivame ukukhumbula amazwi kaKristu athi: "Ngiqinisile ngithi kini: Akukho muntu oshiye indlu, noma abafowabo noma odadewabo, noma uyise, noma unina, noma umfazi, noma abantwana, noma amazwe, ngenxa yami nangenxa yevangeli, kodwa uzokwamukela okuphindwe kayikhulu manje kulesi sikhathi, izindlu nabafowabo, nodadewabo, nonina, nabantwana, namazwe kanye nokushushiswa; nasesikhathini esizayo ukuphila okuphakade." **27-3** USri Yukteswar wayechaze la mazwi: "Umuntu ozinikele odela okuhlangenwe nakho komshado nomndeni, futhi ashintshane ngezinkinga zomndeni omncane nemisebenzi elinganiselwe ukuze athole imithwalo yemfanelo emikhulu yokukhonza umphakathi jikelele, wenza umsebenzi ovame ukuhambisana

nokushushiswa okuvela ezweni elingaqondi kahle, kodwa futhi nokwaneliseka kwangaphakathi kwaphezulu."



I-Yogoda Math , indawo enhle yokuhlangana kwe-Self-Realization Fellowship eDakshineswar eGanges. Yasungulwa ngo-1938 njengendawo yokuphumula ye-yoga yabafundi baseMpumalanga naseNtshonalanga.



Isakhiwo esiphakathi seYogoda *Sat-Sanga Brahmacharya Vidyalaya* eRanchi, eBihar, esasungulwa ngo-1918 njengesikole se-yoga sabafana, esinohlelo lolimi kanye nemfundo yesikole samabanga aphezulu. I-Lahiri Mahasaya Mission enomusa ixhumene nayo.

Ngolunye usuku ubaba wafika eRanchi ukuzonika isibusiso sikababa, esasigcinwe isikhathi eside ngoba ngangimzwise ubuhlungu ngokwenqaba isikhundla sakhe eBengal-Nagpur Railway.

"Ndodana," esho, "Manje sengiyavumelana nokukhetha kwakho empilweni. Kuyangijabulisa ukukubona phakathi kwalaba bantwana abajabule nabalangazelelayo; ungowalapha kunokuba ube nabantu abangaphili bezikhathi zesitimela." Waphakamisa isandla ebhekise eqenjini labancane abayishumi nambili ababengilandela. "Benginezingane eziyisishiyagalombili kuphela," ebuka ngamehlo acwebezelayo, "kodwa ngiyazwelana nawe!"

Njengoba sasinesivande esikhulu sezithelo kanye namahektare avundile angamashumi amabili nanhlanu, abafundi, othisha, kanye nami sajabulela amahora amaningi ajabulisayo okusebenza ngaphandle kulezi zindawo ezifanelekile.

Sasinezilwane eziningi ezifuywayo, kuhlanganise nenyamazane encane eyayithandwa kakhulu yizingane. Nami ngangiyithanda kakhulu inyamazane kangangokuthi ngayivumela ukuba ilale ekamelweni lami. Ekukhanyeni kokusa, lesi sidalwa esincane sasihamba siye embhedeni wami ukuze siphululwe ekuseni.

Ngolunye usuku ngondla isilwane sasekhaya ngaphambi kwesikhathi esijwayelekile, njengoba kwakufanele nginakekele ibhizinisi elithile edolobheni laseRanchi. Nakuba ngxwayise abafana ukuthi bangalondli ithole kuze kube yilapho ngibuya, omunye wabo wayengalaleli,

futhi wanika inyamazane encane ubisi oluningi. Lapho ngibuya kusihlwa, ngamukelwa izindaba ezidabukisayo: "Inyamazane encane isicishe ife, ngenxa yokondla ngokweqile."

Ngikhala izinyembezi, ngabeka isilwane esasibonakala singenampilo emathangeni ami. Ngathandaza ngozwela kuNkulunkulu ukuba asisindise. Ngemva kwamahora amaningi, lesi sidalwa esincane savula amehlo aso, sasukuma, sahamba sibuthakathaka. Isikole sonke samemeza ngenjabulo.

Kodwa kwafika isifundo esijulile kimi ngalobo busuku, engingeke ngisikhohlwe. Ngahlala ngiphapheme nethole kwaze kwaba yihora lesibili, lapho ngalala khona. Inyamazane yabonakala ephusheni, yakhuluma nami:

"Uyangibambezela. Ngicela ungidedele;

ngidedele!" "Kulungile," ngaphendula ephusheni.

Mina uvukile ngokushesha, futhi wakhala phandle, "Bafana, i inyamazane kuyinto ukufa! I izingane washesha ku- yami uhlangothi.

Ngagijimela ekhoneni legumbi lapho ngangibeke khona isilwane. Sazama okokugcina ukuvuka, sakhubeka ngakimi, sabe sesiwela ezinyaweni zami, safa.

Ngokusho kwe-karma enkulu eqondisa futhi ilawula iziphetho zezilwane, impilo yenyamazane yayisiphelile, futhi yayisilungele ukuqhubekela phambili esimweni esiphakeme. Kodwa ngokunamathela kwami okujulile, engaqaphela kamuva ukuthi kwakuwubugovu, nangemithandazo yami eqotho, ngangikwazile ukuyibamba emikhawulweni yesimo sesilwane umphefumulo owawulwela ukukhululwa kuso. Umphefumulo wenyamazane wenza isicelo sawo ephusheni ngoba, ngaphandle kwemvume yami yothando, wawungeke uhambe noma wawungeke uhambe. Lapho ngivuma, wahamba.

Lonke usizi lwangishiya; ngaqaphela kabusha ukuthi uNkulunkulu ufuna abantwana bakhe bathande konke njengengxenye Yena, hhayi ngokukhohlisa ukuthi ukufa kuqeda konke. Umuntu ongazi lutho ubona kuphela udonga lokufa olungenakunqotshwa, ecashe, ngokubonakala sengathi unomphela, abangane bakhe abathandekayo. Kodwa umuntu okhululekile, lowo othanda abanye njengezibonakaliso zeNkosi, uyaqonda ukuthi ekufeni abathandekayo babuya kuphela ukuze bathole indawo yokuphefumula yenjabulo kuYe.

Isikole saseRanchi sakhula sisuka ekuqaleni okuncane nokulula saba yisikhungo esaziwa kakhulu eNdiya manje. Iminyango eminingi yesikole isekelwa yiminikelo yokuzithandela evela kulabo abajabulela ukuqhubela phambili izinhloso zemfundo zamaRishi. Ngaphansi kwegama elijwayelekile elithi *Yogoda Sat-Sanga* , 27-4 Izikole zamagatsha ezichumayo sezisunguliwe eMidnapore, Lakshmanpur, nasePuri .

Indlunkulu yaseRanchi inoMnyango Wezokwelapha lapho imithi kanye nezinsizakalo zodokotela zinikezwa khona mahhala kwabampofu bendawo. Inani labelashwayo lilinganiselwa ku-18,000. abantu a unyaka. I *I-Vidyalaya* ine kwenziwe yayo uphawu, futhi, ku IsiNdiya ukuncintisana ezemidlalo, kanye nasemkhakheni wezemfundo, lapho abafundi abaningi baseRanchi abaphothule khona baziveza khona kamuva. impilo yaseyunivesithi.

I isikole, manje ku yayo amashumi amabili nesishiyagalombili unyaka futhi i isikhungo kwe eziningi imisebenzi, 27-5 ine ube ohlonishwayo

ngokuvakashelwa ngamadoda adumile avela eMpumalanga naseNtshonalanga. Omunye wabantu bokuqala abavelele ukuhlola iVidyalaya ngonyaka wayo wokuqala kwakunguSwami Pranabananda, "ungcwele waseBenares onemizimba emibili." Njengoba inkosi enkulu ibuka amakilasi amahle angaphandle, aqhutshwa ngaphansi kwezihlahla, futhi ibona kusihlwa ukuthi abafana abancane babehleli amahora amaningi bengazindli nge-yoga, yathinteka kakhulu .

"Injabulo ifika enhliziyweni yami," esho, "ukubona ukuthi imigomo kaLahiri Mahasaya yokuqeqeshwa okufanele kwentsha iyaqhubeka kulesi sikhungo. Izibusiso zomfundisi wami mazibe phezu kwaso."

Umfana omncane owayehlezi eceleni kwami wabuza i-yoga

enkulu umbuzo. "Mnumzane," esho, "ngibe yindela? Ingabe

impilo yami ingeyeNkosi kuphela?"

Noma kunjalo IsiSwami I-Pranabananda ukumamatheka ngobumnene, yakhe amehlo babe ukubhoboza i ikusasa.

"Mntanami," ephendula, "uma usukhulile, kukhona umakoti omuhle okulindile." Umfana wagcina eshade, ngemva kokuhlela iminyaka eminingi ukungena kwiSwami Order.

Ngemva kwesikhathi esithile uSwami Pranabananda evakashele eRanchi, ngahamba nobaba saya endlini yaseCalcutta lapho i-yogi yayihlala khona okwesikhashana. Isibikezelo sikaPranabananda, esashiwo kimi eminyakeni eminingi ngaphambili, safika engqondweni yami ngokushesha: "Ngizokubona, noyihlo, kamuva."

Njengoba uBaba engena ekamelweni le-swami, i-yogi enkulu yasukuma esihlalweni sayo yamanga umzali wami ngenhlonipho yothando.

"Bhagabati," esho, "wenzani ngawe? Awuboni indodana yakho igijimela ku-Infinite?" Ngashaywa amahloni ukuzwa udumo lwakhe phambi kukababa. I-swami yaqhubeka, "Uyakhumbula ukuthi i-guru yethu ebusisiwe yayivame ukuthi kaningi kangakanani ithi: ' *Banat, banat, ban jai* .' **26-6** Ngakho-ke qhubeka ne -*Kriya Yoga* ngokungaphezi, futhi ufinyelele ngokushesha ezingosini zaphezulu.

Isidumbu sikaPranabananda, esasibonakala siphilile futhi siqinile ngesikhathi ngimvakashela okokuqala eBenares, manje sesibonise ukuguga okuqinisekile, yize ukuma kwakhe kwakusamile kahle.

"Swamiji," ngibuza, ngimbheke ngqo emehlweni, "ngicela ungitshele iqiniso: Awuzizwa yini ukuthi ukhula? Njengoba umzimba ubuthakathaka, ingabe imibono

yakho ngoNkulunkulu iyancipha ?"

Wamomotheka njengengelosi. "Othandekayo usenami kakhulu kunanini ngaphambili manje." Ukuqiniseka kwakhe okuphelele kwangithinta ingqondo nomphefumulo wami. Waqhubeka wathi, "Ngisajabulela izimpesheni ezimbili - eyodwa evela eBhagabati lapha, nenye evela phezulu." Ekhomba umunwe wakhe ezulwini, lo santa wajabula kakhulu, ubuso bakhe bukhanya ngokukhanya kwaphezulu - impendulo eyanele yombuzo wami.

Ngigaphela ukuthi igumbi likaPranabananda laliqukethe izitshalo eziningi namaphakethe embewu, ngabuza injongo yazo.

"Ngishiye iBenares unomphela," esho, "futhi manje ngisendleleni eya eHimalaya. Lapho ngizovulela abafundi bami i-ashram. Le mbewu izokhiqiza isipinashi neminye imifino embalwa. Abathandekayo bami bazophila impilo elula, bachithe isikhathi sabo ebunyeni bukaNkulunkulu obujabulisayo. Akukho okunye okudingekayo."

Ubaba kubuza yakhe umfowethu umfundi nini yena ngabe ukubuya ku- ICalcutta.

"Angisoze ngiphinde ngibe khona," kuphendula uSaint. "Lo nyaka yilowo uLahiri Mahasaya angitshela ngawo ukuthi ngizoshiya amaBenares ami engiwathandayo unomphela ngiye eHimalaya, lapho ngiyolahla khona umzimba wami ofayo."

Amehlo ami agcwala izinyembezi ngamazwi akhe, kodwa i-swami yamomotheka ngokuthula. Yangikhumbuza ingane encane yasezulwini, ehleli ngokuphepha ethangeni likaMama Ongcwele. Umthwalo weminyaka awunawo umthelela omubi ekuphatheni ngokugcwele kwamandla angokomoya aphezulu kwe-yogi enkulu. Iyakwazi ukuvuselela umzimba wayo ngokuthanda kwayo; kodwa ngezinye izikhathi ayinandaba nokunciphisa inqubo yokuguga, kodwa ivumela i-karma yayo ukuthi isebenze. uzikhipha emzimbeni, esebenzisa umzimba wakhe omdala njengethuluzi lokonga isikhathi ukuze asuse isidingo sokuzijwayeza i-karma ekwakhiweni komzimba okusha.

Izinyanga kamuva Mina wahlangana i ubudala umngane, ISanandan, I-WHO kwakuyi eyodwa kwe I-Pranabananda's vala abafundi.

"Isazi sami esihle asisekho," wangitshela, phakathi nokukhala. "Wakha indawo yokuhlala eduze kwaseRishikesh, futhi wasinika ukuqeqeshwa kothando. Lapho sesizinzile kahle, futhi senza izinto ezingokomoya ngokushesha. intuthuko enkampanini yakhe, wasikisela ngolunye usuku ukondla isixuku esikhulu esivela eRishikesh. Ngabuza. kungani ayefuna inani elikhulu kangaka.

"'Lona ngumkhosi wami wokugcina womkhosi,' esho. Angizange ngiqonde ukuthi amazwi akhe asho ukuthini ngokugcwele."

"UPranabanandaji wasiza ekuphekeni ukudla okuningi. Sondla izivakashi ezingaba ngu-2000. Ngemva kwedili, wahlala epulatifomu ephakeme wanikeza intshumayelo ephefumulelwe nge-Infinite. Ekugcineni, phambi kwamehlo ezinkulungwane, waphendukela kimi, njengoba ngangihleli eceleni kwakhe epulatifomu, futhi ngakhuluma ngamandla angavamile."

"Sanandan, yiba kulungisiwe; Mina ekuseni ukuhamba ku- ukukhahlela i uhlaka. **27-7** "

"Ngemva kokuthula okumangalisayo, ngamemeza kakhulu, 'Nkosi, ungakwenzi! Ngicela, ngicela, ungakwenzi!' Isixuku sasiboshwe ulimi, sisibuka ngelukuluku. Umfundisi wami wamomotheka kimi, kodwa amehlo akhe aqinile ayesevele egxile kuPhakade.

“'Ungabi nobugovu,' esho, 'ungangikhaleli. Sekuyisikhathi eside nginikhonza nonke ngenjabulo; manje jabula futhi ungifisele ijubane likaNkulunkulu. Ngiyahamba ngiyohlangana noThandeka wami we-Cosmic.' Ngokuhlebeza, uPranabanandaji wanezela, 'Ngizozalwa kabusha maduze. Ngemva kokujabulela isikhathi esifushane se-Infinite Bliss, ngizobuya. emhlabeni bese ujoyina iBabaji. 27-8 Uzokwazi maduze ukuthi umphefumulo wami umbozwe nini futhi kuphi emzimbeni omusha.

"Yena wakhala futhi, 'Sanandan, lapha Mina ukukhahlela i uhlaka ngu i okwesibili *I-Kriya I-Yoga* .' 27-9

"Wabhaka ulwandle lobuso phambi kwethu, wasinika isibusiso. Eqondisa amehlo akhe ngaphakathi emehlweni angokomoya, wagcina engasanyakazi. Ngesikhathi isixuku esididekile sicabanga ukuthi uzindla ngesimo sokujabula, wayesevele eshiyile itabernakele lenyama futhi wafaka umphefumulo wakhe endaweni yonke. Abafundi bathinta umzimba wakhe, behleli esimweni se-lotus, kodwa kwakungaseyona inyama efudumele. Kwasala uhlaka oluqinile kuphela; umqashi wayebalekele ogwini olungafi."

Mina kubuza kuphi I-Pranabananda kwakuyi ku- yiba ukuzalwa kabusha.

"Leso yisithembiso esingcwele engingeke ngisidalule kunoma ubani," kuphendula uSanandan. "Mhlawumbe ungathola ngenye indlela."

Eminyakeni eminingi kamuva ngathola kuSwami Keshabananda **27-10** ukuthi uPranabananda, eminyakeni embalwa ngemva kokuzalwa kwakhe emzimbeni omusha, wayeye eBadrinarayan eHimalaya, futhi lapho wajoyina iqembu labangcwele eduze kweBabaji enkulu.

27-1 : *I-Vidyalaya* , isikole. *I-Brahmacharya* lapha ibhekisela kwesinye sezigaba ezine ohlelweni lwamaVeda lokuphila komuntu, njengoba luhlanganisa lokho kwe (1) i i-othomathikhi umfundi (*brahmachari*); (2) i umninindlu nge okwezwe imithwalo yemfanelo (*grihastha*);

i unkom' idla yodwa (*vanaprastha*); (4) i ihlathi umhlali noma umhambi, mahhala kusukela konke emhlabeni (3) ukukhathazeka (*sannyasi*). Lokhu uhlelo oluhle kakhulu kwe impilo, ngenkathi hhayi kabanzi kubonwe ku yesimanje INdiya, namanje ine eziningi ozinikele kuNkulunkulu abalandeli. I ezine izigaba kukhona kwenziwa ngokwenkolo .ngaphansi kwesiqondiso sokuphila konke somfundisi

27-2 : A inombolo kwe UmMelika abafundi futhi babe uchwepheshe okuhlukahlukene *ama-asana* noma ukuma, kufaka phakathi UBernard uCole, umfundisi eLos Angeles wezimfundiso ze-Self-Realization Fellowship.

27-3 : *Mark* 10:29-30 ..

27-4 : I-Yogoda: *i-yoga* , inyunyana, ukuzwana, ukulingana; *da* , lokho okuyinto uyanikeza. uMgqibelo-Sanga: *wahlala* , iqiniso; *i-sanga* , ubudlelwano. Ku- INTshonalanga, ku- gwema i sebenzisa kwe a IsiSanskrit igama, i *I-Yogoda uMgqibelo-Sanga* ukunyakaza ine ube kubizwe i *Ubudlelwano Bokuzibona* .

27-5 : I imisebenzi ku- I-Ranchi kukhona kuchaziwe Okuningi ngokugcwele ku isahluko 40 . I I-Lakshmanpur isikole kuyinto ku i onekhono inkokhelo kaMnu. GC Dey, BA Umnyango wezokwelapha uqondiswa kahle nguDkt. SN Pal noSasi Bhusan Mullick.

27-6 : Okukodwa kwe Isilahiri AmaMahasaya intandokazi amazwi, okunikeziwe njengoba isikhuthazo ngoba yakhe abafundi ukuphikelela. A ukuhumusha kwamahhala kuthi: "Ukulwela, ukulwela, ngolunye usuku bheka! Umgomo Waphezulu!"

27-7 : okungukuthi, nikeza phezulu i umzimba.

27-8 : Isilahiri AmaMahasaya uchwepheshe, I-WHO kuyinto namanje ukuphila. (Bheka isahluko 33.)

27-9 -*Kriya* yesibili , njengoba ifundiswa yiLahiri Mahasaya, ivumela umuntu ozinikele kuyo ukuthi ahambe futhi abuyele kuyo. umzimba ngamabomu ku- noma yikuphi isikhathi. Okuthuthukisiwe i-yogi sebenzisa i okwesibili I-Kriya ubuchwepheshe ngesikhathi i okokugcina Phuma kwe ukufa, a umzuzu abawaziyo njalo kusengaphambili.

27-10 : Okwami umhlangano nge I-Keshabananda kuyinto kuchaziwe ku isahluko 42 .

ISAHLUKO: 28

Kashi, Ukuzalwa kabusha Futhi Kutholwe kabusha

"Ngiyacela yenza hhayi hamba ku- i amanzi. Ake thina geza ngu ukucwilisa yethu amabhakede."

Bengikhuluma nabafundi abasebasha baseRanchi ababengiphelezela ohambweni lwamamayela ayisishiyagalombili lokuya igquma elingumakhelwane. Ichibi eliphambi kwethu lalithandeka, kodwa ngangingasakuthandi lokho engqondweni yami.

Iqembu elalingizungezile lalandela isibonelo sami sokucwilisa amabhakede, kodwa abafana abambalwa bavuma ukulingwa ngamanzi abandayo. Ngokushesha nje lapho becwila, izinyoka ezinkulu zamanzi zaqala ukuzinyakazisa nxazonke. Abafana baphuma echibini ngomsindo ohlekisayo.

Sijabulele isidlo sasemini sepikiniki ngemva kokufika lapho siya khona. Ngahlala phansi komuthi, ngizungezwe yiqembu labafundi. Bangithola ngisesimweni esikhuthazayo, bangibuza imibuzo.

"Ngicela ungitshele, mnumzane," kubuza omunye osemusha, "uma ngizohlala nawe endleleni yokuzilahla."

"Ah, cha," Mina waphendula, "wena intando yiba ngenkani kuthathwe kude ku- yakho ikhaya, futhi kamuva wena intando shada."

Engakholwa, wenza isikhalo esinamandla. "Kuphela uma sengifile lapho ngingathwalwa ngiye ekhaya." Kodwa ezinyangeni ezimbalwa, abazali bakhe bafika bezomthatha, naphezu kokumelana kwakhe nokukhala; eminyakeni ethile kamuva, washada.

Ngemva kokuphendula imibuzo eminingi, ngaphendulwa umfana ogama lakhe linguKashi. Wayeneminyaka engaba yishumi nambili ubudala, engumfundi ohlakaniphile, futhi ethandwa yibo bonke.

"Mnumzane," yena wathi, "ini intando yiba yami isiphetho?"

"Wena kufanele maduze yiba ufile." I impendulo weza kusukela yami izindebe nge i okunganqandeki amandla.

Lokhu kudalulwa okungalindelekile kwangishaqisa futhi kwangizwisa ubuhlungu kanye nabo bonke ababekhona. Ngizikhuza buthule njengomntwana *omubi* , ngenqaba

ukuphendula eminye imibuzo.

Kuvuliwe yethu ukubuya ku- i isikole, I-Kashi weza ku- yami igumbi.

"Uma ngifa, uzongithola yini lapho ngizalwa kabusha, ungibuyisele endleleni yokomoya?" Wakhala .

Ngazizwa ngiphoqelekele ukwenqaba lo mthwalo wemfanelo onzima wemilingo. Kodwa amasonto amaningi ngemva kwalokho, uKashi wangicindezela kakhulu. Lapho ngimbona ekhathazekile kakhulu kangangokuthi waze waphelelwa amandla, ekugcineni ngamduduza.

"Yebo," Mina wathembisa. "Uma i Ezulwini Ubaba uboleka Okwakhe usizo, Mina intando zama ku- thola wena."

Ngesikhathi samaholide asehlobo, ngaqala uhambo olufushane. Ngizisola ngokuthi angikwazanga ukuthatha uKashi nami, ngambizela ekamelweni lami ngaphambi kokuba ngihambe, futhi ngamyala ngokucophelela ukuba ahlale, ngokumelene nokuncengwa konke, ekunyakazeni okungokomoya kwesikole. Ngandlela thile ngaba nomuzwa wokuthi uma engabuyi ekhaya, angase agweme inhlekelele ezayo.

Ngingakabiphi nje, uyise kaKashi wafika eRanchi. Kwaphela izinsuku eziyishumi nanhlanu ezama ukwephula intando yendodana yakhe, echaza ukuthi uma uKashi engaya eCalcutta izinsuku ezine kuphela ukuyobona unina, wayesengabuya. UKashi wenqaba ngokuphikelela. Ekugcineni ubaba wathi uzomthatha umfana bahambe ngosizo lwamaphoyisa. Usongo lwaluphazamisa uKashi, owayengafuni ukuba yimbangela yanoma yiluphi udumo olubi esikoleni. Wayengaboni ukuthi angakwenza ngaphandle kokuhamba.

Ngabuyela eRanchi ezinsukwini ezimbalwa kamuva. Lapho ngizwa ukuthi uKashi ususiwe kanjani, ngaqeqeshwa ngokushesha ngaya eCalcutta. Lapho ngagibela itekisi yamahhashi. Okumangazayo kakhulu, njengoba imoto idlula ngale kwebhuloho laseHowrah phezu kweGanges, ngabona uyise kaKashi nezinye izihlobo zigqoke izingubo zokulila. Ngimemeza umshayeli wami ukuthi ame, ngaphuma ngokushesha ngabuka ubaba ohluphekile.

"Mnu. "Umbulali," Mina wakhala ngandlela thile ngokungenangqondo, "wena babe wabulawa yami mfana!"

Ubaba wayesevele eqaphele ububi ayebenzile ngokuletha uKashi ngenkani eCalcutta. Phakathi nezinsuku ezimbalwa umfana ayelapho, wayedle ukudla okungcolile, wangenwa yi-cholera, wabe eseshona.

Uthando lwami ngoKashi, kanye nesithembiso sokumthola ngemva kokufa, ubusuku nemini kwakungikhathaza. Kungakhathaliseki ukuthi ngiyaphi, ubuso bakhe babubonakala phambi kwami. Ngaqala ukumfuna ngendlela engingayikhohlwa, ngisho kudala ngangimfuna umama wami olahlekile.



Kashi, ulahlekile futhi kutholakale kabusha



Umfowethu uBishnu; U-Motilal Mukherji waseSerampore, umfundi othuthuke kakhulu waseSri Yukteswar; ubaba wami; UMnu. Wright; mina ngokwami; Tulsi Narayan Bose; Swami Satyananda of Ranchi



Iqembu labameleli beNgqungquthela Yomhlaba Wonke YamaLiberal Enkolo ka-1920 e- Boston, lapho nganikeza khona inkulumbo yami yokuqala eMelika. *(Kusukela kwesobunxele kuya kwesokudla)* uMfundisi uClay MacCauley, uMfundisi uT. Rhondda Williams, uSolvazi S. Ushigasaki, uMfundisi uJabez T. Sunderland, mina, uMfundisi uChas. W. Wendte, uMfundisi uSamuel A. Eliot, uMfundisi uBasil Martin, uMfundisi u-A. UChristopher J. Umgwaqo, uMfundisi USamuweli M. AmaCrother.

Nganginomuzwa wokuthi njengoba uNkulunkulu enginike ikhono lokucabanga, kufanele ngilisebenzise futhi ngisebenzise amandla ami kakhulu ukuze ngithole imithetho ecashile engangingayazi ngayo indawo lapho lo mfana ayekhona ezinkanyezini. Ngangibona ukuthi wayengumphefumulo onyakaza ngezifiso ezingagcwalisekanga—inqwaba yokukhanya okuntantayo endaweni ethile phakathi kwezigidi zemiphefumulo ekhanyayo ezindaweni zezinkanyezini. Ngangizolalela

kanjani yena, phakathi kwezibani eziningi kangaka ezinyakazayo zeminye
imiphefumulo?

Ukusebenzisa a imfihlo i-yoga ubuchwepheshe, Mina kusakazwe yami uthando ku-
Kashi umphefumulo ngokusebenzisa i imakrofoni kwe

iso elingokomoya, iphuzu elingaphakathi phakathi kwamashiya. Nge-antenna yezandla neminwe ephakanyisiwe, Mina ngokuvamile waphenduka mina nxazonke futhi nxazonke, ukuzama ku- thola i isiqondiso ku okuyinto yena ngangizelwe kabusha njengombungu. Nganginethemba lokuthola impendulo evela kuye ngomsakazo oqondiswe kahle wenhliziyo yami. **28-1**

Ngazizwa ngokwemvelo ukuthi uKashi uzobuya emhlabeni maduze, nokuthi uma ngiqhubeka ngimemezela ubizo lwami kuye ngokungaphezi, umphefumulo wakhe uzophendula. Ngangazi ukuthi isifiso esincane esithunyelwa uKashi sizozwakala eminweni yami, ezandleni, ezingalweni, emgogodleni, nasemizweni.

Ngentshiseko enganciphi, ngenza indlela ye-yoga kancane kancane cishe izinyanga eziyisithupha ngemva kokushona kukaKashi. Ngihamba nabangani abambalwa ekuseni ngolunye usuku esigabeni saseBowbazar esinabantu abaningi eCalcutta, ngaphakamisa izandla zami ngendlela evamile. Okokuqala ngqa, kwaba nokusabela. Ngajabula kakhulu ukubona imizwa kagesi igeleza ngeminwe nasezintendeni zezandla zami. Le mimoya yaziguqula yaba umcabango owodwa onamandla kakhulu ovela ekujuleni kwengqondo yami: "NginguKashi; NginguKashi; woza kimi!"

Lo mcabango wacishe wazwakala njengoba ngangigxila emsakazweni wenhliziyo yami. Kulolu hlobo, ukuhlebeza okuzwakalayo kancane kukaKashi, **28-2** Ngizwile ukubizwa kwakhe ngokuphindaphindiwe. Ngabamba ingalo yomunye wabangane bami, uProkash Das, **28-3**. futhi wamomotheka ngenjabulo.

"Kunjalo ukubukeka njengoba noma kunjalo Mina babe itholakala Kashi!"

Ngaqala ukuphenduka, ngabuka abangane bami kanye nesixuku esasidlula ngendlela engabonakali. Imizwa kagesi yayingithinta iminwe kuphela lapho ngibheke endleleni eseduze, ebizwa ngokufanele ngokuthi "iSerpentine Lane." Imisinga yezinkanyezi yanyamalala lapho ngiphenduka ngenye indlela.

"Ah," ngamemeza, "Umphefumulo kaKashi kumelwe ukuba uhlala esibeledweni sikamama othile onekhaya kulo mzila."

Mina nabangane bami sasondela eduze kweSerpentine Lane; ukudlidliza ezandleni zami eziphakanyisiwe kwaqina, kwagqama kakhulu. Njengokungathi ngidonswa yimagnethi, ngadonselwa ohlangothini lwesokudla lomgwaqo. Lapho ngifika emnyango wendlu ethile, ngamangala lapho ngizithola ngididekile. Ngangqongqoza emnyango ngijabule kakhulu, ngibambe umoya wami. Ngazizwa sengathi isiphetho esiphumelelayo sesifikile emsebenzini wami omude, onzima, futhi ongavamile!

Umnyango wavulwa yinceku, eyangitshela ukuthi inkosi yayo isekhaya. Yehla ngezitebhisi isuka esitezi sesibili yangimoyizela ibuza. Ngangingazi ukuthi ngingawubeka kanjani umbuzo wami, ngesikhathi esifanayo wawufanele futhi

ungenanhlonipho.

"Ngiyacela tshela mina, mnumzane, uma wena futhi yakho unkosikazi babe ube ukulindela a ingane ngoba mayelana eziyisithupha izinyanga?"

"Yebo, kunjalo." Ebona ukuthi ngingumswami, umuntu ongasekho ogqoke indwangu yendabuko e-orange, wanezela ngenhlonipho, "Ngicela ungitshele ukuthi uzazi kanjani izindaba zami."

Nini yena wezwa mayelana I-Kashi futhi i isithembiso Mina wayenayo okunikeziwe, i ukumangala indoda bakholwa yami indaba.

“Uzozalelwa umntwana wesilisa onesikhumba esihle,” ngimtshela. “Uzoba nobuso obubanzi, onesicaba ebunzini lakhe. Isimo sakhe sengqondo sizoba esingokomoya kakhulu.” Ngangiqiniseka ukuthi umntwana ozayo uzofana noKashi.

Kamuva ngavakashela ingane, abazali bayo ababeyinike igama layo elidala elithi Kashi. Ngisho nasebuntwaneni yayifana kakhulu nomfundi wami othandekayo waseRanchi. Ingane yangibonisa uthando olusheshayo; ukukhanga kwesikhathi esidlule kwavuka ngamandla aphindwe kabili.

Eminyakeni eminingi kamuva umfana osemusha wangibhalela, ngesikhathi ngihlala eMelika. Wachaza isifiso sakhe esijulile sokulandela indlela yomuntu ongasafunwa. Ngamqondisa kumfundisi waseHimalaya, kuze kube namuhla, oqondisa uKashi ozelwe kabusha.

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28-1 : Intando, evezwa kusukela endaweni ephakathi kwamashiya, yaziwa yi-yogis njengethuluzi lokusakaza lokucabanga. Nini i umuzwa kuyinto ngokuthula ukugxila kuvuliwe i inhliziyo, yona izenzo njengoba a ingqondo umsakazo, futhi ithini thola i imiyalezo kwabanye abasuka kude noma eduze. Ku-telepathy, ukudlidliza okuncane kwemicabango engqondweni yomuntu oyedwa kudluliselwa ngokudlidliza okucashile kwe-astral ether bese kuba nge-grosser earthly ether, okudala amagagasi kagesi, wona aguqulela ekubeni amagagasi okucabanga engqondweni yomunye umuntu.

28-2 : Njalo umphefumulo ku yayo okumsulwa isimo kuyinto owazi konke. Kashi umphefumulo ukhumbule konke i izici kwe Kashi, i umfana, ngakho-ke walingisa izwi lakhe elihoshozelayo ukuze avuselele ukuqaphela kwami.

28-3 : I-Prokash AmaDas kuyinto i samanje umqondisi kwe yethu I-Yogoda Izibalo (indawo yokuhlala) ku- I-Dakshineswar ku IsiBengal.

ISAPHEKULO: 29

URabindranath I-Tagore Futhi Mina Qhathanisa Izikole

"Rabindranath I-Tagore wafundisa thina ku- hlabelela, njengoba a yemvelo ifomu kwe ukuzibamba ukubonakaliswa, njenge i izinyoni."

UBhola Nath, umfana ohlakaniphile oneminyaka eyishumi nane esikoleni sami saseRanchi, wanginika le ncazelo ngemva kokuba ngimncome ekuseni ngolunye usuku ngokukhala kwakhe okumnandi. Noma ngabe ucasukile noma cha, umfana

wakhipha umfudlana omnandi. Wayeke wafunda esikoleni esidumile saseTagore
i-"Santiniketan" (i-Haven of Peace) eBolpur.

"Izingoma zikaRabindranath bezilokhu zisezindebeni zami kusukela ngisemncane,"
ngitshela umngane wami. "Bonke abantu baseBengal, ngisho nabalimi
abangafundile, bayakujabulela ukucula kwakhe okuphakeme."

Mina noBhola sahlabelela ndawonye izingoma ezimbalwa zikaTagore, oqalise umculo wezinkulungwane zezinkondlo zaseNdiya, ezinye zazo zangempela kanti ezinye zazingezesikhathi esidala.

"Ngahlangana noRabindranath ngemuva nje kokuthola uMklomelo weNobel wezincwadi," ngaphawula ngemva kwalokho. ukucula kwethu. "Ngakhangwa ukumvakashela ngoba ngangimthanda kakhulu isibindi sakhe esingenandaba nolimi sokulahla abagxeki bakhe bezincwadi." Ngahleka usulu.

I-Bhola ngokumangalisayo kubuza i indaba.

"Izazi zamgxeka kakhulu uTagore ngokungenisa isitayela esisha ezinkondlweni zaseBengali," ngaqala. "Wahlanganisa izinkulumo ezivamile nezakudala, engayinaki yonke imikhawulo ebekiwe ethandwa kakhulu yizazi. Izingoma zakhe ziqukethe iqiniso elijulile lefilosofi ngamagama ahangayo ngokomzwelo, engakhathaleli kangako izinhlobo zezincwadi ezamukelekayo.

"Omunye umgxeki onethonya wabiza uRabindranath ngokuthi 'imbongi yejuba eyathengisa ama-cooings ayo aphrintiwe nge-rupee.' Kodwa impindiselo kaTagore yayiseduze; umhlaba wonke waseNtshonalanga wamdumisa ngemuva nje kokuba ehumushele *iGitanjali yakhe ngesiNgisi* ("Iminikelo Yezingoma"). Isitimela esigcwele ochwepheshe, kuhlangukise nabake baba ngabagxeki bakhe, baya eSantiniketan ukuyomhalalisela.

"URabindranath wamukela izivakashi zakhe kuphela ngemva kokulibala isikhathi eside ngamabomu, wabe esezwa indumiso yazo ngokuthula okuqinile. Ekugcineni waphendukela kuzo izikhali zazo zokugxeka ezivamile."

"'Madoda,' esho, 'izindumiso ezimnandi enizinikezayo lapha zixubene nephunga elibi lokudelela kwenu kwangaphambilini. Ingabe kungenzeka ukuthi kukhona ukuxhumana phakathi komklomelo wami weNobel Prize, kanye namandla enu okwazisa asheshayo? Ngiseyimbongi efanayo eyakucasula lapho nginikela ngezimbali zami ezithobekile okokuqala endaweni engcwele yaseBengal.'

"Amaphephandaba ashicilele indaba yesijeziso esinesibindi esanikezwa nguTagore. Ngiwathandile amazwi akhulunywa ngokusobala endoda engathonywanga ngokuthopha," ngaqhubeka. "Ngaziswa kuRabindranath eCalcutta ngunobhala wakhe, uMnu. CF Andrews, **29-1.**" owayegqoke nje i *-dhoti yaseBengali* . Wayebiza uTagore ngothando ngokuthi *i-gurudeva yakhe* .

"URabindranath wangimukela ngomusa. Waveza umoya oduduzayo wobuhle, isiko, kanye nokuhlonipha. Ephendula umbuzo wami mayelana nesizinda sakhe sokubhala, uTagore wangitshela ukuthi omunye umthombo wasendulo wokuphefumulelwa kwakhe, ngaphandle kwezincwadi zethu ezidumile zenkolo, kwakuyimbongi

yakudala, uBidyapati ."

Ngiphefumulelwe yilezi zinkumbulo, ngaqala ukucula inguqulo kaTagore yengoma endala yesiBengali, ethi "Light the Lamp of Thy Love." Mina noBhola sahlabelela ngenjabulo njengoba sasihambahamba phezu kwegceke *laseVidyalaya* .

Eminyakeni engaba mibili ngemva kokusungula isikole saseRanchi, ngathola isimemo esivela kuRabindranath sokumvakashela eSantiniketan ukuze sixoxe ngemibono yethu yemfundo. Ngaya ngenjabulo. Imbongi yayihleli egumbini layo lokufundela lapho ngingena; ngacabanga ngaleso sikhathi, njengasemhlanganweni wethu wokuqala, ukuthi yayimangalisa kakhulu. isibonelo sobudoda obuhle kakhulu njengoba noma yimuphi umdwebi angafisa. Ubuso bakhe obuhle kakhulu, uPatrician ohloniphekile, babunezinwele ezinde nentshebe egelezayo. Amehlo amakhulu, ancibilikayo; ukumamatheka kwengelosi; kanye

izwi elifana nomtshingo elalikhanga ngokoqobo. Eginile, emude, futhi ethukile, wahlanganisa ububele obufana nobowesifazane kanye nokuzizwa ejabule komntwana. Akukho mqondo oqondile wokuthi imbongi ingathola indlela efaneleka kakhulu yokuzibonakalisa kunalo mculi omnene.

Mina noTagore sasheshe sajula ocwaningweni lokuqhathanisa izikole zethu, zombili ezazisekelwe emigqeni engajwayelekile. Sathola izici eziningi ezifanayo—imfundo yangaphandle, ubulula, ithuba elanele lomoya wokudala wengane. Nokho, uRabindranath wagcizelela kakhulu ukufundwa kwezincwadi nezinkondlo, kanye nokuziveza ngomculo nezingoma engangiziphawulile endabeni kaBhola. Izingane zamaSantiniketan zaziqaphela izikhathi zokuthula, kodwa azizange zinikezwe ukuqeqeshwa okukhethekile kwe-yoga.

Imbongi ilalele ngokunaka okumnandi incazelo yami yezivivinyo ze-"Yogoda" ezinika amandla kanye namasu okugxilisa ingqondo e-yoga afundiswa bonke abafundi eRanchi.

Utagore ungitshele ngezinkinga zakhe zemfundo esemncane. "Ngabaleka esikoleni ngemuva kwebanga lesihlanu," esho ehleka. Ngangiqonda kalula ukuthi ubumnandi bakhe benkondlo bahlukunyezwa kanjani yi- isimo esidabukisayo nesinokuziphatha esikoleni.

"Yingakho ngivule iSantiniketan ngaphansi kwezihlahla ezinomthunzi kanye nenkazimulo yesibhakabhaka." wabonisa iqembu elincane elifunda engadini enhle ngobuciko. "Ingane isendaweni yayo yemvelo phakathi kwezimbali nezinyoni eziculayo. Kungale ndlela kuphela lapho ingaveza khona ngokugcwele ingcebo efihliwe yesipho sayo somuntu siqu. Imfundo yeqiniso ayisoze yagcwala futhi yaphakelwa ngaphandle; kunalokho kumelwe kusize ekuletheni ngokuzenzekelayo izinqolobane ezingenamkhawulo zokuhlakanipha ngaphakathi." **29-2**

Ngavuma. "Imizwa yentsha ethanda imibono emihle nekhonza amaqhawe ayidingi ukudla okukhethekile kwezibalo kanye nezinkathi zokulandelana kwezikhathi."

Imbongi ikhulume ngothando ngoyise, uDevendranath, owayephefumulele iziqalo zamaSantiniketan.

"Ubaba wanginika leli zwe elivundile, lapho ayesevele akhe khona indlu yezivakashi nethempeli," kusho uRabindranath kimi. "Ngaqala ukuzama kwami kwezemfundo lapha ngo-1901, ngabafana abayishumi kuphela. Amaphawundi ayinkulungwane ayisishiyagalombili ahambisana noMklomelo weNobel wonke asetshenziswa ekunakekelweni kwesikole."

I umdala I-Tagore, UDevendranath, kwaziwa kude futhi ububanzi njengoba "Maharishi," kwakuyi a kakhulu Indoda emangalisayo, njengoba umuntu angase

athole ku -*Autobiography yakhe* . Iminyaka emibili yobudoda bakhe wayichitha ezindla eHimalayas. Uyise, uDwarkanath Tagore, wayedunyiswe kulo lonke elaseBengal ngenxa yezenzo zakhe ezinhle zomphakathi. Kulesi sihlahla esidumile kwavela umndeni wezihlakaniphi. Akuyena uRabindranath yedwa; zonke izihlobo zakhe ziye zazibonakalisa ngendlela yokudala. Abafowabo, uGogonendra no-Abanindra, baphakathi kwabaculi abavelele **29- 3** kwe iNdiya; omunye umfowethu, UDwijendra, kuyinto a ukubona okujulile isazi sefilosofi, ku- obani mnene shayela izinyoni nezidalwa zasehlathini ziyasabela.

URabindranath wangimema ukuba ngilale endlini yezivakashi. Kwakuwumbukwane omuhle ngempela, kusihlwa, ukubona imbongi ihlezi neqembu egcekeni. Isikhathi sabuyela emuva:

Isimo esiphambi kwami sasifana nesendlu yasendulo—umculi ojabulayo ezungezwe abazinikele kuye, bonke begcwele uthando lwaphezulu. UTagore waluka ithayi ngalinye ngezintambo zokuzwana. Engalokothi aqine, wadonsa futhi wabamba inhliziyo ngamandla adonsela phansi angenakunqotshwa. Imbali engavamile yemibongo eqhakaza ensimini yeNkosi, idonsela abanye ngephunga lemvelo!

Ngezwi lakhe elimnandi, uRabindranath wasifundela ezimbalwa zezinkondlo zakhe ezinhle kakhulu, ezisanda kudalwa. Iningi lezingoma zakhe nemidlalo yakhe, ebhalelwe ukuzijabulisa abafundi bakhe, ibhalwe eSantiniketan. Ubuhle bemisho yakhe, kimi, busebucikweni bakhe bokubhekisela kuNkulunkulu cishe kuzo zonke izindawo. isisho, kodwa akuvamile ukukhuluma ngegama elingcwele. "Ngidakiwe injabulo yokuhlabelela," wabhala, "Ngiyazikhohlwa futhi ngikubiza ngokuthi ungumngane oyinkosi yami."

Ngosuku olulandelayo, ngemva kwesidlo sasemini, ngavalelisa imbongi ngokungathandi. Ngiyajabula ukuthi isikole sakhe esincane sesikhule saba yiyunivesithi yamazwe ngamazwe, "iViswa-Bharati," lapho izazi zamazwe ngamazwe zithole indawo efanelekile.

"Lapho ingqondo ingenakho ukwesaba nekhanda liphakanyisiwe;
Lapho ulwazi lukhululekile khona;
Lapho umhlaba ungakahlukaniswa khona ube yizicucu yizindonga
ezincane zasekhaya;
Kuphi amagama woza phandle kusukela i ukujula kwe iqiniso;
Kuphi ngokungakhathali ukuzama ukwelula yayo izingalo maqondana
ukuphelela;
Lapho umfudlana ocacile wengqondo ungakalahleki indlela yawo
esihlabathini sasehlane esidabukisayo somkhuba ofile;
Lapho ingqondo iholwa phambili nguWe ekucabangeni nasezenzweni
ezikhula njalo;
Baba, vukani niye kulelo zulu lenkululeko!" **29-4**

URABINDRANATH I-TAGORE

29-1 : I IsiNgisi umbhali futhi ummeli, vala umngane kwe I-Mahatma UGandhi. Mnu. U-Andrews kuyinto ohlonishwayo ku I-India ngoba yakhe izinsizakalo eziningi ezweni lakhe alamukelayo.

29-2 : "Umphefumulo uvame ukuzalwa, noma, njengoba amaHindu esho, 'uhamba endleleni yokuphila ngezinkulungwane zokuzalwa' . . . Lapho kuyinto lutho kwe okuyinto yena ine hhayi okutholiwe i ulwazi; cha isimanga lokho yena kuyinto uyakwazi ku- khumbula . . . lokho ayekwazi ngaphambili. Ukuze ubuze nokufunda kuyisinkumbulo sakho konke." - *U-Emerson* .

29-3 : URabindranath, futhi, ku yakhe amashumi ayisithupha eminyaka, uthembisene ku a okungathi sína cwaningo kwe ukupenda. Imibukiso kwe yakhe "ikusasa" umsebenzi zanikezwa eminyakeni ethile edlule ezinhloko-dolobha zaseYurophu naseNew York.

29-4 : *Gitanjali* (eNew York: Macmillan Co.). Ucwangingo olujulile ngembongi luzotholakala encwadini *ethi The Philosophy Of Rabindranath. I-Taghore* , ngu i kugujwa isazi, Mnumzane S. URadhakrishnan (Macmillan, 1918). Okunye umbukiso ivolumu kuyinto

B. K. URoy's *URabindranath I-Taghore: I Indoda Futhi Okwakhe Izinkondlo* (Okusha I-York: Dodd, UMead, 1915). *UBuddha Futhi I Ivangeli UbuBuddha* (Okusha I-York: Indlu kaPutnam, 1916), ngu i ovelele Okwempumalanga ubuciko igunya, U-Ananda K. I-Coomaraswamy, iqukethe imifanekiso eminingana enemibala ebhalwe ngumfowabo wembongi, u-Abanindra

.Nath Tagore

ISAHLUKO: 30

I Umthetho Of Izimangaliso

Umbhali omkhulu wenoveli uLeo Tolstoy wabhala indaba emnandi, ethi *The Three Hermits* . Umngane wakhe uNicholas Roerich wanqoba **ngo 30-1**. ufingqe indaba kanje:

"Esiqhingini kwakukhona abantu abathathu abavamile abahlala emakhaya. Babelula kangangokuthi umthandazo abawusebenzisa wawungukuthi: 'Singabathathu; Wena ungumThathu - sihawukele!' Izimangaliso ezinkulu zabonakala phakathi nalo mthandazo ongenalwazi.

"Umbhishobhi wendawo **30-2** Weza ukuzozwa ngabafelokazi abathathu kanye nomthandazo wabo ongamukeleki, wanquma ukubavakashela ukuze abafundise imithandazo engcwele. Wafika esiqhingini, watshela abafelokazi ukuthi isicelo sabo sasezulwini asihloniphekile, futhi wabafundisa imithandazo eminingi evamile. Umbhishobhi wabe esehamba ngesikebhe. Wabona, elandela umkhumbi, ukukhanya okukhanyayo. Njengoba wawusondela, wabona abafelokazi abathathu, ababebambene ngezandla futhi begijima phezu kwamagagasi bezama ukudlula umkhumbi.

“‘Sikhohliwe imithandazo osifundise yona,’ bakhala njengoba befika kumbhishobhi, ‘futhi siphuthume ukukucela ukuthi uyiphinde.’ Umbhishobhi owayemangele wanikina ikhanda.

“‘Bathandekayo,’ ephendula ngokuthobeka, ‘qhubekani niphila

nomthandazo wenu omdala!’” Abangcwele abathathu bahamba

kanjani phezu kwamanzi?

Kanjani wenza uKristu vusa yakhe esiphambanweni umzimba?

Kanjani wenza IsiLahiri IsiMahasaya futhi IsiSri Yukteswar ukwenza yabo izimangaliso?

Isayensi yesimanje, okwamanje, ayikaphenduli; yize ngokufika kwebhomu le-

athomu kanye nezimangaliso ze-radar, ububanzi bomqondo womhlaba buye banda ngokuzumayo. Igama elithi "akunakwenzeka" liya ngokuya lincipha elwazini lwesayensi.

Imibhalo yasendulo yamaVeda ithi umhlaba ongokoqobo usebenza ngaphansi komthetho owodwa oyisisekelo we- *maya* , isimiso sokuhlobana kanye nobumbano. UNkulunkulu, iMpilo Yodwa, uyiNhlango Ephelele; Yena ayikwazi ukuvela njengezibonakaliso ezihlukene nezihlukahlukene zendalo ngaphandle kokuthi ngaphansi kwamanga noma

isimbozo esingesilo iqiniso. Lowo mbono wendalo yonke uyisimangalisano . Konke ukutholakala okukhulu kwesayensi kwezikhathi zanamuhla kuye kwasebenza njengokuqinisekiswa kwalesi simemezelo esilula sama-rishi.

Umthetho KaNewton Wokunyakaza ungumthetho wama- *maya* : "Kuzo zonke izenzo kuhlale kukhona ukusabela okulinganayo nokuphambene; izenzo ezihambisanayo zanoma yimiphi imizimba emibili zihlala zilingana futhi ziqondiswe ngokuphambene." Ngakho-ke isenzo nokusabela kuyafana ncamashi. "Ukuba namandla elilodwa akunakwenzeka. Kumele kube khona, futhi kuhlale kukhona, amabutho amabili alinganayo futhi aphambene."

Imisebenzi yemvelo eyisisekelo yonke iveza imvelaphi yayo emangalisayo. Ugesi, isibonelo, uyinto yokuxosha nokukhanga; ama-electron nama-proton awo aphikisana ngogesi. Esinye isibonelo: i-athomu noma inhlayiya yokugcina yento, njengomhlaba ngokwawo, inguzibuthe onezinsika ezinhle nezimbi. Lonke izwe elimangalisayo lingaphansi kokulawulwa okungenakugwenywa kwe-polarity; akukho mthetho wefiziksi, ikhemistri, noma yimuphi omunye isayensi otholakala ukhululekile ezimisweni ezihlukile noma eziphikisanayo.

Ngakho-ke, isayensi yemvelo ayikwazi ukwakha imithetho ngaphandle kwe- *maya* , ukuthungwa kanye nesakhiwo sendalo. Imvelo ngokwayo iyi -*maya* ; isayensi yemvelo kumele ikwazi ukubhekana nobuthakathaka bayo obungenakuphikwa. Esikhundleni sayo, ingunaphakade futhi ayinakuphela; ososayensi besikhathi esizayo abakwazi ukwenza okungaphezu kokuhlola isici esisodwa ngemva kwesinye sokungapheli kwayo okuhlukahlukeni. Ngakho-ke isayensi ihlala ishintshashintsha njalo, ayikwazi ukufinyelela ekugcineni; ifanele ngempela ukwakha imithetho yendawo yonke esivele ikhona futhi isebenza, kodwa ayinawo amandla okuthola uMhleli Womthetho kanye noMsebenzi Oyedwa. Ukubonakaliswa okumangalisayo kwamandla adonsela phansi kanye nogesi sekuyaziwa, kodwa ukuthi amandla adonsela phansi kanye nogesi kuyini, akekho umuntu owaziyo. **30-3**



"ngo- B. K. I-Mitra ku "Kalyana- Kalpatur-

A I-GURU FUTHI UMFUNDI

Ihlathi izindawo zokuhlala babe i yasendulo izihlalo kwe ukufunda, okungewona owezwe futhi uNkulunkulu, ngoba i intsha

yaseNdiya. Lapha isazi esihloniphekile, esincike esisekelweni sokhuni sokuzindla ngendololwane, siqala umfundi waso ezimfihlakalo zoMoya ezimangalisayo.

Ukunqoba *i-maya* kwakuwumsebenzi owanikezwa isintu ngabaprofethi beminyaka eyinkulungwane. Ukuphakama ngaphezu kobubili bendalo nokubona ubunye boMdali kwacatshangwa njengomgomo ophakeme kakhulu womuntu. Labo ababambeleva ekukhohlisweni kwendawo yonke kumele bamukele umthetho wayo obalulekile we-polarity: ukugeleza nokwehla, ukukhuphuka nokuwa, imini nobusuku, injabulo nobuhlungu, okuhle nokubi, ukuzalwa nokufa. Le ndlela ejikelezayo ithatha isizungu esithile esibuhlungu, ngemva kokuba umuntu esedlule ekuzalweni kwabantu okuyizinkulungwane ezimbalwa; uqala ukuphonsa iso elinethemba ngale kwezibopho ze- *maya* .

Ukudabula isihlenqo se- *maya* kuwukubhoboza imfihlo yendalo. I-yogi efihla indawo yonke ngaleyo ndlela iyona kuphela inkolo yeqiniso yonkulunkulu oyedwa. Bonke abanye bakhonza izithombe zobuhedeni. Uma nje umuntu esalokhu engaphansi kwemibono yemvelo ephindwe kabili, *uMaya onobuso bukaJanus* ungunkulunkulukazi wakhe; akanakumazi uNkulunkulu oyedwa weqiniso.

Inkohliso yomhlaba, *i-maya* , ibizwa ngokuthi *i-avidya* , ngokwezwi nezwi, "hhayi ulwazi," ukungazi, inkohliso. *I-Maya* noma *i-avidya* ayisoze yabhujiwa ngokuqiniseka noma ukuhlaziywa kwengqondo, kodwa kuphela ngokufinyelela isimo sangaphakathi se- *nirbikalpa samadhi* . Abaprofethi beTestamente Elidala, nababoni bazo zonke izindawo neminyaka, bakhuluma bevela kuleso simo sokuqaphela. UHezekeli uthi (43:1-2): "Ngemva kwalokho yena ilethwe mina ku- i Isango, ngisho i Isango lokho ubheka maqondana i empumalanga: futhi, bheka, inkazimulo kaNkulunkulu ka-Israyeli yavela ngasempumalanga: izwi lakhe lalinjengomsindo wamanzi amaningi: umhlaba wakhanya ngenkazimulo yakhe." Ngeso laphezulu ebunzini (empumalanga), I-yogi ihambisa ingqondo yayo iye endaweni yonke, izwa iZwi noma i-Aum, umsindo waphezulu wamanzi amaningi noma ukudlidliza okuwukuphela kwento ekhona endalweni.

Phakathi kwezimfihlakalo eziyizigidigidi ze-cosmos, okumangalisayo kakhulu ukukhanya. Ngokungafani namaza omsindo, okudluliswa kwawo kudinga umoya noma ezinye izinto ezibonakalayo, amaza okukhanya adlula ngokukhululeka endaweni engenamuntu yesikhala esiphakathi kwezinkanyezi. Ngisho ne-ether ecatshangelwayo, ebhekwa njengendawo yokukhanya ephakathi kwamaplanethi kumbono ongaqondakali, ingalahlwa ngesisekelo sika-Einstein sokuthi izakhiwo zejiyometri zesikhala zenza umbono we-ether ungadingeki. Ngaphansi kwanoma yimuphi umbono, ukukhanya kuhlala kuyinkimbinkimbi kakhulu, kukhululekile ekuncikeni kwezinto ezibonakalayo, kunoma yikuphi ukubonakaliswa kwemvelo.

Emibonweni emikhulu ka-Einstein, ijubane lokukhanya - amamayela angu-186,000

ngomzuzwana - libusa yonke iTheory of Relativity. Ufakazela ngokwezibalo ukuthi ijubane lokukhanya, maqondana nengqondo yomuntu elinganiselwe, liwukuphela kwento *engaguquki* endaweni yonke eguquguqukayo engaguquki. Zonke izindinganiso zabantu zesikhathi nendawo zincike ku-absolute of light-speed kuphela. Akuyona into engapheli njengoba kucatshangwa kuze kube manje, isikhathi nendawo kuyizinto ezihlobene nezilinganiselwe, ezithola ubuqiniso bazo bokulinganisa kuphela ngokubhekisela ku-meter yejubane lokukhanya. Ngokuhlanganisa isikhala njengobudlelwano obulinganiselwe, isikhathi sinikeze izimangalo zakudala enanini elingenakushintsha. Isikhathi manje sesiphucwe isimo saso esifanele - ingqikithi elula yokungacaci! Ngemigqa embalwa yokubhala kwakhe, u-Einstein uxoshe yonke into eqondile ngaphandle kokukhanya.

Esikhathini esilandelayo, i-Unified Field Theory yakhe, isazi sesayensi esikhulu sihlunganisa ifomula eyodwa yezibalo imithetho yamandla adonsela phansi kanye ne-electromagnetism.

isakhiwo sokwehlukahluka komthetho owodwa, u-Einstein 30-4 ifinyelela eminyakeni eminingi kumaRishi amemezela ukuthungwa okuwukuphela kwendalo—okwe- *maya yeprotheyini* .

Ku-Theory of Relativity, kuye kwavela amathuba ezibalo okuhlola i-athomu yokugcina. Ososayensi abakhulu manje bagomela ngesibindi hhayi nje kuphela ukuthi i-athomu ingamandla kunokuba ibe yinto ebaluleke kakhulu, kodwa nokuthi amandla e-athomu empeleni ayizinto ezingqondweni.

"Ukuqaphela ngokusobala ukuthi isayensi yemvelo iphathelele nomhlaba wezithunzi kungenye yentuthuko ebaluleke kakhulu," kubhala uSir Arthur Stanley Eddington encwadini ethi *The Nature Of The Physical World* . "Ezweni lefiziksi sibukela umbukiso wesithunzi wedrama yokuphila okujwayelekile. Isithunzi sendololwane yami sihlala etafuleni lesithunzi njengoba uyinki wesithunzi ugeleza phezu kwephepha lesithunzi. Konke kungokomfanekiso, futhi njengophawu isazi sefiziksi siyakushiya. Bese kufika isazi se-chemist esiguqula izimpawu.

.....Ukubeka isiphetho ngendlela engacacile, izinto zomhlaba ziyingqondo-

izinto ... okungokoqobo indaba futhi amasimu kwe amandla kwe okwangaphambili ngokomzimba inkolelo-mbono kukhona ngokuphelele akubalulekile

ngaphandle ku ngakho-ke kude njengoba i izinto zengqondo ine uqobo ukuphatha lokhu imicabango yangaphandle umhlaba ine ngakho-ke

baba yizwe lezithunzi. Ekususeni imibono yethu yokukhohlisa sisuse into engokoqobo, ngoba ngempela sibonile ukuthi into engokoqobo ingenye yemibono yethu emikhulu kakhulu.

Ngokutholakala kwamuva kwe-microscope yama-electron kwavela ubufakazi obucacile bokukhanya kwama-athomu kanye nobukhulu bemvelo obungenakugwenywa. *I-New York Times* yanikeza umbiko olandelayo wokuboniswa kwe-microscope yama-electron ngo-1937 ngaphambi komhlangano we-American Association. Ukuze Kuthuthukiswe Isayensi:

"Isakhiwo sekristalu se-tungsten, esasaziwa ngokungaqondile kuze kube manje nge-X-ray, sasimi sibekwe ngesibindi esikrinini se-fluorescent, sibonisa ama-athomu ayisishiyagalolunye ezindaweni zawo ezifanele ku-lattice yesikhala, i-cube, ene-athomu elilodwa ekhoneni ngalinye kanye nelilodwa phakathi. Ama-athomu ku-lattice yekristalu ye-tungsten avele esikrinini se-fluorescent njengamachashazi okukhanya, ahlelwe ngephethini yejometri. Ngokumelene nale khyube yekristalu yokukhanya, ama-molecule omoya aqhumayo angabonakala njengamachashazi okukhanya adansayo, afana namachashazi okukhanya kwelanga akhanya emanzini ahambayo. . . .

"Isimiso se-electron microscope saqala ukutholwa ngo-1927 nguDkt. Clinton J. Davisson noLester H. Germer baseBell Telephone Laboratories, eNew York City,

abathola ukuthi i-electron yayinobuntu obubili obuhambisana nesici senhlayiya kanye negagasi. Ikhwalithi yamagagasi yanika i-electron isici sokukhanya, futhi kwaqalwa ukusesha izindlela 'zokugxila' ama-electron ngendlela efana nokugxila kokukhanya ngelensi."

"Ngokuthola kwakhe ikhwalithi ye-Jekyll-Hyde ye-electron, okwaqinisekisa isibikezelo esenziwe ngo-1924 nguDe Broglie, isazi se-physics esiwine uMklomelo weNobel waseFrance, futhi kwabonisa ukuthi yonke indawo yemvelo yayinobuntu obubili, uDkt. Davisson naye wathola uMklomelo weNobel ku- physics."

"Umfudlana wolwazi," kubhala uSir James Jeans encwadini ethi *The Mysterious Universe* , "ubheke eqinisweni elingelona elemishini; indawo yonke iqala ukubukeka njengomcabango omkhulu kunokuba ibukeke njengomshini omkhulu." Ngakho-ke isayensi yekhulu lama-20 izwakala njengekhasi elivela kumaVeda *amnyama* .

Kusukela kwisayensi, uma kufanele kube njalo, umuntu makafunde iqiniso lefilosofi lokuthi akukho ndawo yonke ebonakalayo; ukugoba kwayo nokugoba kwayo *kuyinkohliso* . Izimangaliso zayo zangempela zonke ziyaqhekeka ngaphansi kokuhlaziywa. Njengoba ngayinye ngayinye izinsimbi eziqinisekiso zendawo yonke ebonakalayo ziwela ngaphansi kwakhe, umuntu ubona kancane ukuthembela kwakhe kokukhonza izithombe, ukweqa kwakhe umyalo kaNkulunkulu esikhathini esidlule: "Ungabi nabanye onkulunkulu ngaphandle Kwami."

Ku-equation yakhe edumile echaza ukulingana kobukhulu namandla, u-Einstein wafakazela ukuthi amandla kunoma iyiphi inhlayiya yento ilingana nobukhulu bayo noma isisindo sayo esiphindaphindwe ngesikwele sejubane lokukhanya. Ukukhululwa kwamandla e-athomu kulethwa ngokubhujiswa kwezinhlayiya zezinto. "Ukufa" kwezinto kube "ukuzalwa" kweNkathi ye-Atomic.

Ijubane lokukhanya liyindinganiso noma i-constant yezibalo hhayi ngoba kunenani eliphelele ngamamayela angu-186,000 ngomzuzwana, kodwa ngoba akukho mzimba wezinto ezibonakalayo, onobunzima bawo obandayo ngejubane lawo, ongafinyelela ijubane lokukhanya. Kushiwo ngenye indlela: umzimba wezinto ezibonakalayo kuphela onobunzima obungenamkhawulo obungalingana nejubane lokukhanya.

. Lokhu Ukukhulelwa Ukuletha Nathi Ku- I Umthetho Of Izimangaliso

Amakhosi akwazi ukushintsha imizimba yawo noma enye into ibe ngokoqobo, futhi ahambe ngesivinini sokukhanya, futhi asebenzise imisebe yokukhanya edala ekuletheni ukubonakala okusheshayo. noma yikuphi ngokomzimba ukubonakaliswa, babe kugcwalisekile i kuyadingeka I-Einsteinian isimo: isisindo sabo asinamkhawulo.

Ukuqonda kwe-yogi ephelele kuhlotshaniswa kalula, hhayi nomzimba omncane, kodwa nesakhiwo sendawo yonke. Amandla adonsela phansi, kungakhathaliseki ukuthi "amandla" kaNewton noma "ukubonakaliswa kwe-inertia" ka-Einstein, awanamandla okuphoqa *inkosi* ukuba ibonise impahla "yesisindo" okuyisimo esihlukanisa amandla adonsela phansi azo zonke izinto ezibonakalayo. Lowo ozazi njengoMoya okhona yonke indawo akasathobeli ukuqina komzimba ngesikhathi nasesikhala. "Amasongo-awadluli" abo ababoshiwe anikezele ku-solvent: "Nginguye."

"Fiat lux! Kwaba khona ukukhanya." Umyalo wokuqala kaNkulunkulu endalweni Yakhe ehlelekile (*Genesise* 1:3) waletha iqiniso eliwukuphela kwe-athomu: ukukhanya. Emisebeni yalesi sakhiwo esingabonakali kuvela zonke izibonakaliso zaphezulu. Abazinikele bayo yonke iminyaka bafakazela ukubonakala kukaNkulunkulu njengelangabi nokukhanya. "INKosi yamakhosi, neNkosi yamakhosi; okunguye yedwa onokungafi, ohlala ekukhanyeni okungekho muntu

I-yogi ehlanganise ukuqonda kwayo noMdali ngokuzindla okuphelele ibona ingqikithi yendawo yonke njengokukhanya; kuye akukho mehluko phakathi kwemisebe yokukhanya eqanjwayo amanzi kanye nemisebe yokukhanya eyakha umhlaba. Ekhululekile ekuqapheleni izinto, ekhululekile ezilinganisweni ezintathu zesikhala kanye nesilinganiso sesine sesikhathi, inkosi idlulisela umzimba wayo wokukhanya kalula ngokulinganayo phezu kwemisebe yokukhanya yomhlaba, amanzi, umlilo, noma umoya. Ukugxila isikhathi eside esweni elingokomoya elikhululayo kuye kwenza i-yogi yakwazi ukubhubhisa konke ukukhohlisa mayelana nezinto kanye nesisindo sayo samandla adonsela phansi; kusukela lapho ibona indawo yonke njengenqwaba yokukhanya engahlukanisiwe.

"Optical" izithombe," UDkt. L. T. I-Troland kwe I-Harvard utshela thina, "zikhona yakhiwe phezulu kuvuliwe i okufanayo isimiso njengoba i

ukuqoshwa okuvamile 'okunethoni eyingxeny'; okungukuthi, kwakhiwe ngamachashazi amancane noma ama-stripping amancane kakhulu ukuba angabonwa yiso.Ukuzwela kwe-retina kukhulu kangangokuthi okubonakalayo

umuzwa ungakhiqizwa yi-Quanta encane yohlobo olufanele lokukhanya." Ngolwazi oluphezulu lwenkosi ngezigameko zokukhanya, angaveza ngokushesha ama-athomu okukhanya atholakala yonke indawo abe yisibonakaliso esibonakalayo. Uhlobo lwangempela lokubonakala—kungakhathaliseki ukuthi umuthi, umuthi, umzimba womuntu—luhambisana namandla entando ye-yogi kanye nokubona ngeso lengqondo.

Ekuqondeni komuntu amaphupho, lapho ekhulule khona ebuthongweni isibopho sakhe semikhawulo yobugovu emzungezile nsuku zonke, amandla onke engqondo yakhe anokubonakaliswa kwansuku zonke. Bheka! lapho ephusheni kumi abangane asebefile kudala, amazwekazi akude kakhulu, abavusiwe izigcawu zobuntwana bakhe. Ngalolo lwazi olukhululekile nolungaguquki, olwaziwa yibo bonke abantu ezimweni zamaphupho, inkosi eqondiswa uNkulunkulu yakhe isixhumanisi esingakaze sihlukaniswe. Engenacala kuzo zonke izisusa zomuntu siqu, futhi esebenzisa intando yokudala ayinikezwe nguMdali, i-yogi ihlela kabusha ama-athomu okukhanya endalo yonke ukuze anelise noma yimuphi umthandazo oqotho womkhulekeli. Umuntu nendalo kwenziwa ngale njongo: ukuthi avuke njengenkosi yama- *maya* , azi ukubusa kwakhe phezu kwendawo yonke.

"UNkulunkulu wathi, Masenze umuntu ngomfanekiso wethu, ngokufana nathi; mababuse phezu kwezinhlanzi zolwandle, naphezu kwezinyoni zezulu, naphezu kwezinkomo, naphezu kwawo wonke umhlaba, naphezu kwazo zonke izinto ezinwabuzelayo emhlabeni." **30-6**

Ku- 1915, maduze ngemva Mina wayenayo kungeniwe i IsiSwami Oda, Mina ubufakazi a umbono kwe ubudlova ukuqhathanisa. Kuyo i ukuhambisana kwe umuntu ukuqonda kwakuyi ngokucacile kusungulwe; Mina ngokusobala okubonwayo i ubunye Ukukhanya Okuphakade ngemuva kwezinkinga ezimbili ezibuhlungu ze- *maya* . Umbono wehlela kimi njengoba ngangihleli ngolunye usuku ekuseni ekamelweni lami elincane elise-attic ekhaya likaBaba eGurpar Road. Izinyanga eziningi iMpi Yezwe I yayiqhubeka eYurophu; ngacabanga ngokudabukisayo ngenani elikhulu labafa.

Njengoba ngangivala amehlo ngizindla, ingqondo yami yadluliselwa ngokuzumayo emzimbeni kaputeni owayephethe ibutho lempi. Ukuduma kwezibhamu kwahlukanisa umoya njengoba kwakudutshulwa phakathi kwamabhethri ogwini kanye nezibhamu zomkhumbi. Ibhomu elikhulu lashaya umagazini we-powder ladabula umkhumbi wami. Ngagxumela emanzini, kanye namatilososi ambalwa asindile kulokhu kuqhuma.

Inhliziyo ishaya ngamandla, ngafika ogwini ngokuphepha. Kodwa maye! inhlamvu elahlekile yaqeda ukundiza kwayo okukhulu esifubeni sami. Ngawa phansi ngibubula. Umzimba wami wonke wawukhubazekile, kodwa ngangiqaphela ukuthi nginawo njengoba umuntu eqaphela umlenze olele.

"Ekugcineni isinyathelo esingaqondakali sokuFa singificile," ngacabanga. Ngokuphefumula kokugcina, ngase ngizocwila engqondweni laphe bheka! Ngazithola ngihleli esimweni se-lotus ekamelweni lami laseGurpar Road.

Izinyembezi ezibuhlungu zageleza njengoba ngangiphulula futhi ngicindezela into yami engiyitholile—umzimba ngikhululekile kunoma iyiphi imbobo yezinhlamvu esifubeni. Nganyakazisa ngiye ngapha nangapha, ngiphefumula futhi ngikhipha umoya ukuze ngiqiniseke ukuthi ngiyaphila. Phakathi kwalokhu kuzihalalisela, ngaphinde ngathola ukuthi ingqondo yami idluliselwe esidunjini sikakaputeni ngasogwini olunezinhlungu. Ngafikelwa ukudideka okukhulu kwengqondo.

"Nkosi," Mina wathandaza, "am Mina ufile noma uyaphila?"

Ukukhanya okukhazimulayo kwagcwalisa yonke indawo. Ukudlidliza okuthambile okwazakhela amagama:

"Ukuphila noma ukufa kuhlobene kanjani nokukhanya? Ngomfanekiso wokukhanya kwami ngikwenzile." ukuhlobana kokuphila nokufa kungokwamaphupho asemhlabeni wonke. Bheka isidalwa sakho esingenaphupho! Vuka, mntanami, vuka!"

Njengezinyathelo zokuvuka komuntu, iNkosi iphefumulela ososayensi ukuthi bathole, ngesikhathi esifanele nasendaweni efanele, izimfihlo zendalo Yakhe. Izinto eziningi ezitholwe namuhla zisiza abantu ukuba baqonde indawo yonke njengokubonakaliswa okuhlukahlukene kwamandla-ukukhanya okukodwa, okuqondiswa ubuhlakani baphezulu. Izimangaliso zesithombe esinyakazayo, somsakazo, sethelevishini, se-radar, seseli likagesi elibona konke-"iso likagesi" elibona konke, lamandla e-athomu, konke kusekelwe esimeni sikagesi sokukhanya.

Ubuciko bezithombe ezinyakazayo bungaveza noma yisiphi isimangaliso. Ngokombono ohlaba umxhwele obonakalayo, akukho simangaliso esivinjelwe ukuthwebula izithombe ngokukhohlisa. Umzimba womuntu ocacile wezinkanyezi ungabonakala ukhuphuka esimweni sakhe somzimba esibi, angahamba phezu kwamanzi, avuse abafuleyo, aguqule ukulandelana kwemvelo kwentuthuko, futhi adlale kabi ngesikhathi nendawo. Ehlanganisa izithombe zokukhanya ngendlela athanda ngayo, umthwebuli wezithombe ufeza izimangaliso ezibonakalayo ezikhiqizwa yingcweti yangempela ngemisebe yokukhanya yangempela.

Izithombe ezifana nokuphila zefilimu enyakazayo zibonisa amaqiniso amaningi mayelana nokudalwa. UMqondisi Wendawo Yonke ubhale imidlalo Yakhe, futhi waqoqa abadlali abavelele bomncintiswano wamakhulu eminyaka. Kusukela edokodweni elimnyama laphakade, uthulula ukukhanya Kwakhe kokudala kumafilimu ezikhathi ezilandelanayo, futhi izithombe ziphonswa esikrinini sendawo. Njengoba nje izithombe zefilimu enyakazayo zibonakala zingokoqobo, kodwa ziyinhlanganisela yokukhanya nomthunzi kuphela, kanjalo nokuhlukahluka kwendawo yonke kubonakala sengathi kuyakhohlisa. Izindilinga zamaplanethi, nezinhlobo zazo eziningi zokuphila, azilutho ngaphandle kwezithombe zefilimu enyakazayo yendawo yonke, ziyiqiniso okwesikhashana emibonweni emihlanu yemizwa njengoba izigcawu ziphonswa esikrinini sokuqonda komuntu ngokukhanya okungenamkhawulo kokudala.

Izibukeli zebhayisikobho zingabheka phezulu zibone ukuthi zonke izithombe zesikrini zivela ngethuluzi lokukhanya okukodwa okungenasithombe. Idrama yomhlaba wonke enemibala nayo iphuma ekukhanyeni okumhlophe okukodwa koMthombo Wendawo Yonke. Ngobuhlakani obungenakucatshangwa uNkulunkulu uhlela ukuzijabulisa kwabantwana Bakhe abangabantu, ebona abadlali kanye

nezilaleli eshashalazini Lakhe leplanethi .

Ngolunye usuku ngangena endlini yezithombe ezinyakazayo ukuyobuka i-newsreel yezinkundla zempi zaseYurophu. IMpi Yezwe I yayisalwiwa eNtshonalanga; i-newsreel yaqopha ukubulawa kwabantu ngendlela engokoqobo kangangokuthi Ngaphuma eshashalazini ngikhathazekile ngenhliziyo.

"Nkosi," Mina wathandaza, "kungani i-dot Wena imvume okunjalo ukuhlupheka?

Ngamangala kakhulu, impendulo esheshayo yeza ngesimo sombono wezinkundla zempi zaseYurophu zangempela. Ukwesaba komzabalazo, okugcwele abafuleyo nabafayo, kwadlula kakhulu ngobudlova.

noma yikuphi ukumelwa kwe i izindaba.

"Bheka ngokucophelela!" Izwi elithambile lakhuluma engqondweni yami yangaphakathi. "Uzobona ukuthi lezi zigcawu ezidlalwa eFrance manje azilutho ngaphandle komdlalo we-chiaroscuro. Ziyifilimu ye-cosmic, engokoqobo futhi engeyona engokoqobo njengezindaba zeshashalazi osanda kuzibona - umdlalo ngaphakathi komdlalo."

Inhliziyo yami yayingakaduduzeki. Izwi laphezulu laqhubeka lathi: "Indalo iyikukhanya nesithunzi kokubili, ngaphandle kwalokho akukho sithombe esingenzeke. Ubuhle nobubi be- *maya* kumele bushintshane ngobukhulu. Ukube injabulo ibingapheli lapha emhlabeni, ingabe umuntu wayeyoke afune omunye? Ngaphandle kokuhlupheka akanandaba nokukhumbula ukuthi ushiye ikhaya lakhe laphakade. Ubuhlungu buyinto ekhumbuzayo. Indlela yokuphunyuka iwukuhlakanipha! Usizi lokufa alunangqondo; labo abathuthumelayo ngalo bafana nomlingisi ongazi lutho ofa ngenxa yokwesaba esiteji lapho kungekho okunye okumdubula ngaphandle kwebhokisi elingenalutho. Amadodana ami angabantwana bokukhanya; ngeke alale phakade ekukhohlisweni."

Nakuba ngangifunde ukulandisa okungokomBhalo ngama- *maya* , abazange banginike ukuqonda okujulile okwakuhambisana nemibono yomuntu siqu kanye namazwi abo enduduzo ahambisana nawo. Izindinganiso zomuntu ziyashintsha kakhulu lapho ekugcineni eqiniseka ukuthi indalo iyisithombe esikhulu kakhulu, nokuthi akukhona kuso, kodwa ngale kwaso, okukhona iqiniso lakhe.

Njengoba ngiqeda ukubhala lesi sahluko, ngahlala embhedeni wami ngesimo se-lotus. Igumbi lami lalikhanya kancane yizibani ezimbili ezinombala. Ngiphakamisa amehlo ami, ngaphawula ukuthi uphahla lwalugcwele izibani ezincane ezinombala wesinaphi, ezikhazimulayo futhi zithuthumela ngokukhanya okufana ne-radium. Izinkulungwane zemisebe enemibala, njengezingcezu zemvula, zahlangana emgodini ocacile zangithululela buthule.

Ngaso leso sikhathi umzimba wami wenyama walahlekelwa ubulukhuni bawo futhi waguquka waba ukuthungwa kwezinkanyezi. Ngazizwa ngintanta njengoba, ngingawuthinti kahle umbhede, umzimba ongenasisindo washintsha kancane futhi ngokushintshana waya kwesobunxele nakwesokudla. Ngabheka nxazonke kwegumbi; ifenisha nezindonga kwakunjengokujwayelekile, kodwa ukukhanya okuncane kwase kwande kakhulu kangangokuthi uphahla lwalungabonakali. Ngamangala kakhulu.

"Lena yindlela yokunyakaza kwesithombe sendawo yonke." Izwi lakhuluma sengathi livela ngaphakathi kokukhanya. "Likhipha ukukhanya kwalo esikrinini esimhlophe samashidi akho ombhede, liveza isithombe somzimba wakho. Bheka, isimo sakho asilutho ngaphandle kokukhanya!"

Ngabuka izingalo zami ngazihambisa phambili naphambili, kodwa ngangingasizwa isisindo sazo. Injabulo echichima injabulo mina. Lokhu indawo yonke isiqu kwe ukukhanya, ukuqhakaza njengoba yami umzimba, kwabonakala a uNkulunkulu ikhophi ephindaphindayo kwemisebe yokukhanya ephuma ebhokisini lama-projection endlini yama-cinema futhi ibonakala njengezithombe esikrinini.

Isikhathi eside ngibone lesi sithombe esinyakazayo somzimba wami egumbini lokulala lami lokulala elikhanyayo kancane. Naphezu kwemibono eminingi engiyibonile, akukho okwakukhona okwehlukile. Njengoba umbono wami ngomzimba oqinile wawunyamalala ngokuphelele, futhi ukuqonda kwami kujula ukuthi ingqikithi yazo zonke izinto ilula, ngabheka phezulu emfudlaneni oshayayo wama-lifetron futhi ngakhuluma ngokuncenga.

"Ukukhanya Kwaphezulu, ngicela ususe lesi sithombe sami somzimba esithobekile, kuwe, njengoba nje u-Eliya edonselwa ezulwini ngelangabi."

Lo mthandazo wawumangalisa ngokusobala; ugongolo lwanyamalala. Umzimba wami waphinde wasinda ngendlela evamile futhi wacwila embhedeni; izibani ezikhazimulayo zophahla zakhanya zanyamalala. Kubonakala sengathi isikhathi sami sokuhamba kulo mhlaba sasingakafiki.

"Ngaphandle kwalokho," ngacabanga ngokwefilosofi, "umprofethi u-Eliya angase angajabuli ngokucabanga kwami !"

30-1 : Lokhu odumile IsiRashiya umculi futhi isazi sefilosofi ine ube ukuphila ngoba eziningi iminyaka ku I-India eduze i Izintaba zaseHimalaya. "Kusukela iziqongo kuza isambulo," yena ine kubhaliwe. "Ngaphakathi imihume futhi phezu i iziqongo waphila i ama-rishi. Kuphelile i iqhwa iziqongo kwe AmaHimalaya akhanya kakhulu, akhanya ngaphezu kwezinkanyezi kanye nokukhanya okumangalisayo kombani."

30-2 : I indaba kungenzeka babe a umlando isisekelo; i ukuhlela inothi yazisa thina lokho i umbhishobhi wahlangana i ezintathu izindela ngenkathi Wayehamba ngomkhumbi esuka e-Archangel eya eSlovetsky Monastery, emlonyeni woMfula iDvina.

30-3 : UMarconi, umsunguli omkhulu, wavuma okulandelayo ngokuntuleka kwesayensi ngaphambi kokuphela: "Ukungakwazi kwe isayensi ku- ukuxazulula impilo kuyinto ngokuphelele. Lokhu iqiniso ngabe yiba ngempela okwesabisayo babe yona hhayi ngoba ukholo. I imfihlakalo kwe impilo ngokuqinisekile kuyinkinga ephikelelayo kunazo zonke ezake zabekwa ngaphambi komcabango womuntu."

30-4 : A umkhondo ku- i isiqondiso kuthathwe ngu U-Einstein ubuhlakani kuyinto okunikeziwe ngu i iqiniso lokho yena kuyinto a impilo yonke umfundi kwe i Isazi sefilosofi esikhulu uSpinoza, omsebenzi wakhe owaziwa kakhulu yi- *Ethics Exponed In Geometrical Order* .

30-5 : Mina *UThimothi* 6:15-16 .

30-6 : *UGenesise* 1:26.

ISAHLUKO: 31

I-An Ingxoxo Nge I Okungcwele Umama

"Mfundisi Mama, ngabhaphathizwa ngiseyingane ngumprofethi-umyeni wakho. Wayengumfundisi wabazali bami kanye nomfundisi wami uSri Yukteswarji. Ngakho-ke ungangingika ilungelo lokuzwa izigameko ezimbalwa empilweni yakho engcwele?"

Bengikhuluma noSrimati Kashi Moni, umngane wokuphila kaLahiri Mahasaya. Lapho ngizithola ngiseBenares isikhashana, ngangigcwalisa isifiso sami eside sokuvakashela le ntokazi ehloniphekile. Yangamukela ngomusa emzini wayo

omdala waseLahiri esigabeni saseGarudeswar Mohulla eBenares. Nakuba
yayikhulile, yayiqhakaza njenge-lotus, ikhipha iphunga elingokomoya buthule.
Yayinomzimba ophakathi nendawo, inentamo encane nesikhumba esikhanyayo.
Amehlo amakhulu, acwebezelayo athambisa ubuso bayo njengobukamama.

"Ndodana, wena kukhona wamukelekile lapha. Woza phezulu."

UKashi Moni wahola indlela eya ekamelweni elincane kakhulu lapho, isikhathi esithile, ayehlala khona nomyeni wakhe. Ngazizwa ngihloniphekile ukubona indawo engcwele lapho inkosi engenakuqhathaniswa yayizithoba khona ukuze idlale idrama yabantu yomshado. Le ntokazi enomusa yangikhomba esihlalweni somcamelo eceleni kwayo.

"Kwakuyiminyaka eminingi ngaphambi kokuba ngiqaphele ubukhulu bomyeni wami," eqala. "Ngobunye ubusuku, kuleli gumbi, ngaba nephupho elicacile. Izingelosi ezikhazimulayo zazintanta ngomusa ongacabangeki ngaphezu kwami. Umbono wawungokoqobo kangangokuthi ngavuka ngokushesha; igumbi lalimbozwe ukukhanya okukhazimulayo ngendlela exakile."

"Umyeni wami, esesimweni se-lotus, wayebekwe phakathi negumbi, ezungezwe izingelosi ezazimkhulekela ngesithunzi sokunxusa ngezandla ezisongiwe. Ngimangele kakhulu, ngangiqiniseka ukuthi ngisaphupha."

"'Mfazi,' kusho uLahiri Mahasaya, 'awuphuphi. Yeka ubuthongo bakho kuze kube phakade naphakade.' Njengoba ehla kancane phansi, ngaguqa phansi ezinyaweni zakhe."

"'Nkosi,' ngamemeza, 'ngiyakhothama njalo phambi kwakho! Ungangixolela ngokukubheka njengomyeni wami? Ngifa nginamahloni ukuqaphela ukuthi ngilale ngingazi eceleni komuntu ovuswe ngokwaphezulu. Kusukela kulobu busuku, awuseyena umyeni wami, kodwa ungumfundisi wami. Uzozamukela yini mina njengomfundi wakho?' **31-1**

"Inkosi yangithinta kancane. 'Mphefumulo ongcwele, vuka. Wamukelekile.' Wakhomba izingelosi. 'Ngicela ukhothame ngokulandelana komunye nomunye walaba bangcwele abangcwele.'"

"Lapho sengiqedile ukucula kwami okuthobekile, amazwi ezingelosi azwakala ndawonye, njengekhorasi evela embhalweni wasendulo."

"'Umfazi woNkulunkulu, ubusisiwe. Siyakubingelela.' Bakhothama ezinyaweni zami, bheka! imizimba yabo yokuzinza yanyamalala. Igumbi laba mnyama."

"Okwami uchwepheshe kubuza mina ku- thola ukuqaliswa ku- *I-Kriya I-yoga* .

"'Ka Yiqiniso,' Mina kuphendula. 'Mina ekuseni uxolo hhayi ku- babe wayenayo yayo isibusiso ngaphambilini ku yami ukuphila.'"

"Isikhathi besingakafiki.' ULahiri Mahasaya wamomotheka ngokududuza. 'Ingxenywe enkulu ye-karma yakho ngikusize buthule ukuthi uzilolonge. Manje usuzimisele futhi usukulungele.'

"Wathinta ibunzi lami. Kwavela izinqwaba zokukhanya okujikelezayo; ukukhanya kwaqala kancane kancane kwaba iso elingokomoya eliluhlaza okwesibhakabhaka, elinophawu lwegolide futhi eliphakathi nenkanyezi emhlophe e-pentagonal."

"Ngena engqondweni yakho ngenkanyezi ungene embusweni woMuntu Ongapheli.' Izwi lomfundisi wami lalinothi elisha, elithambile njengomculo okude.

"Umbono" ngemva umbono ephukile njengoba olwandle ukuntweza emanzini kuvuliwe i ogwini kwe yami umphefumulo. I i-panoramic izimbulunga ekugcineni

ngincibilike olwandle lwenjabulo. Ngazilahla ngenxa yesibusiso esiqhubekayo. Lapho ngibuyela emahoreni kamuva ekuqapheleni leli zwe, inkosi yanginika indlela ye- *Kriya Yoga* .

"Kusukela ngalobo busuku kuqhubeke, uLahiri Mahasaya akazange aphinde alale ekamelweni lami. Futhi, ngemva kwalokho, akakaze alale. Wahlala ekamelweni elingaphambili phansi, enabafundi bakhe emini nasebusuku."

Le ntokazi edumile yathula. Ngiqaphela ukuthi ubuhlobo bayo ne-yogi enhle kakhulu buhlukile, ekugcineni ngacela ezinye izinkumbulo.

"Ndodana, unobugovu. Noma kunjalo uzoba nendaba eyodwa." Wamomotheka ngamahloni. "Ngizovuma isono engisenzile kumyeni wami oyingcweti. Ngemva kwezinyanga ezithile ngizelwe, ngaqala ukuzizwa nginesizungu futhi nginganakwa. Ngolunye usuku ekuseni uLahiri Mahasaya wangena kuleli gumbi elincane ukuyolanda isihloko; ngamlandela ngokushesha. Ngingotshwe ukukhohlisa okunobudlova, ngakhuluma naye ngokucasuka.

"Uchitha sonke isikhathi sakho nabafundi. Kuthiwani ngemithwalo yakho yemfanelo ngomkakho nezingane zakho? Ngiyazisola ukuthi awunasithakazelo ekuhlinzekeni ngemali eyengeziwe yomndeni."

"Inkosi yangibheka isikhashana, yabe isihambile. Ngimangele futhi ngesaba, ngezwa izwi liphuma kuzo zonke izingxenye zegumbi:

"Kuyinto kuyinto konke lutho, ungakwenzi wena uyabona? Kanjani kungenzeka a lutho njenge mina khiqiza ingcebo ngoba wena?"

"Guruji," ngakhala, "Ngicela uxolo izikhathi eziyizigidi! Amehlo ami anesono awasakwazi ukukubona; ngicela uvele ngesimo sakho esingcwele."

"Ngilapha." Impendulo yavela phezulu kimi. Ngabheka phezulu ngabona inkosi izibonakalisa umoya, ikhanda lakhe lithinta ophahleni. Amehlo akhe ayefana namalangabi avala amehlo. Ngingasazizwa ngisaba, ngalala phansi ngikhala ezinyaweni zakhe ngemva kokuba ehlele phansi ngokuthula.

"Owesifazane," esho, "funa ingcebo yaphezulu, hhayi izinto ezincane zomhlaba. Ngemva kokuthola ingcebo yangaphakathi, uzothola ukuthi ukuphakelwa kwangaphandle kuhlala kukhona." Wanezela, "Omunye wamadodana ami angokomoya uzokwenzela amalungiselelo."

"Okwami othisha amagama ngokwemvelo weza kuyiqiniso; a umfundi wenza hamba a okukhulu isamba ngoba yethu umndeni."

Ngimbonge uKashi Moni ngokwabelana nami ngezinto zakhe ezinhle kakhulu - Ngosuku olulandelayo ngabuyela ekhaya lakhe futhi ngajabulela amahora

amaningana engxoxo yefilosofi noTincouri noDucouri Lahiri. La madodana amabili angcwele e-yogi enkulu yaseNdiya alandela eduze ezinyathelweni zakhe ezinhle. Womabili la madoda ayelungile, amade, eqinile, futhi enentshebe ende, enamazwi athambile kanye nesitayela sakudala.

Umkakhe wayengeyena yedwa umfundi wesifazane waseLahiri Mahasaya; kwakukhona nabanye abaningi, kuhlangukise nomama. Owesifazane othile uChela wake wacela isithombe sakhe kumfundisi. Wamnika isithombe.

phrinta, ephawula, "Uma wena bheka yona a ukuvikelwa, bese kuba yona kuyinto ngakho-ke; kungenjalo yona kuyinto kuphela a isithombe."

Ezinsukwini ezimbalwa kamuva lona wesifazane kanye nomalokazana kaLahiri Mahasaya kwenzeka ukuthi babefunda iBhagavad *Gita* etafuleni elalilengiswe ngemuva kwesithombe salo mfundisi. Kwaqubuka isiphepho sikagesi. waphuma ngolaka olukhulu.

"Lahiri Mahasaya, sivikele!" Abesifazane bakhothama phambi kwesithombe. Umbani washaya incwadi ababeyifunda, kodwa labo abazinikele ababili abazange balimale.

"Ngazizwa sengathi kubekwe ishidi leqhwa nxazonke zami ukuze kuvinjwe ukushisa okukhulu," kuchaza uChela.

ULahiri Mahasaya wenza izimangaliso ezimbili maqondana nomfundi wesifazane, u-Abhoya. Yena nomyeni wakhe, ummeli waseCalcutta, baqala ngolunye usuku ukuya eBenares ukuyovakashela lo mfundisi. Inqola yabo yabambezeleka ngenxa yezimoto eziningi; bafika esiteshini esikhulu saseHowrah bezwa isitimela saseBenares sishaya ikhwela sihamba.

Abhoya, eduze i ithikithi ihhovisi, wema buthule.

"Lahiri Mahasaya, ngiyakuncenga ukuthi umise isitimela!" wathandaza buthule. "Angikwazi ukubhekana nobuhlungu bokulibala ukulinda olunye usuku ukuze ngikubone."

Amasondo esitimela esikhalayo aqhubeka nokuhambahamba, kodwa akukho ukuqhubeka. Unjiniyela nabagibeli behlela epulatifomu ukuyobuka lesi simo. Unogada wesitimela waseNgilandi waya ku-Abhoya nomyeni wakhe. Ngokuphambene nazo zonke izigameko, wanikela ngezinsizakalo zakhe.

"Babu," yena wathi, "nika mina i imali. Mina intando thenga yakho amathikithi ngenkathi wena thola "ugibele."

Lapho nje lo mbhangqwana usuhleli phansi futhi usuthole amathikithi, isitimela sahamba kancane kancane. Besaba, unjiniyela nabagibeli baphinde bakhuphukela ezindaweni zabo, bengazi ukuthi kanjani. isitimela saqala, noma ukuthi kungani sasime kwasekuqaleni.

Efika emzini kaLahiri Mahasaya eBenares, u-Abhoya waguqa buthule phambi kwenkosi, wazama ukuthinta izinyawo zakhe.

"Ziqambe, Abhoya," ephawula. "Yeka indlela othanda ngayo ukungikhathaza! Sengathi ubungeke uze lapha ngesitimela esilandelayo!"

U-Abhoya wavakashela uLahiri Mahasaya ngesinye isenzakalo esingasoze salibaleka. Kulokhu wayefuna ukuncenga kwakhe, hhayi ngesitimela, kodwa ngenogolantethe.

"Ngicela ungibusise ukuze ingane yami yesishiyagalolunye iphile," kusho yena.
"Ngizalelwe izingane eziyisishiyagalombili; zonke zashona ngokushesha ngemva kokuzalwa."

I inkosi ukumamatheka ngozwelo. "Okwakho ukuza ingane intando bukhoma. Ngiyacela landela yami imiyalelo

ngokucophelela. Umntwana, intombazane, uzozalwa ebusuku. Qiniseka ukuthi isibani sikawoyela sihlala sivutha kuze kuse. Ungalali ngaleyo ndlela uvumele ukukhanya kucime.

Ingane ka-Abhoya yayiyindodakazi, yazalwa ebusuku, njengoba nje kwabikezelwa yisazi sezinto zonke. Umama wayala umhlengikazi wakhe ukuba agcine isibani sigcwele amafutha. Bobabili abesifazane baqhubeka nokuqapha okuphuthumayo kwaze kwaba semahoreni asekuseni kakhulu, kodwa ekugcineni balala. Amafutha esibani ayesecishe aphele; ukukhanya kwakhanya kancane.

Umnyango wekamelo lokulala wavuleka ngomsindo onamandla. Abesifazane abathukile bavuka. Amehlo abo amangala abona isimo sikaLahiri Mahasaya.

"Abhoya, bheka, ukukhanya sekucishe kuphele!" Wakhomba isibani, umhlengikazi ashesha ukusigcwalisa kabusha. Lapho nje siphinde savutha kakhulu, inkosi yanyamalala. Umnyango wavalwa; i-latch yafakwa ngaphandle kwe-ejenti ebonakalayo.

I-Abhoya's isishiyagalolunye ingane wasinda; ku 1935, nini Mina kwenziwe uphenyo, yena kwakuyi namanje ukuphila.

Omune wabafundi bakaLahiri Mahasaya, uKali Kumar Roy ohloniphekile, wangitshela imininingwane eminingi ethakazelisayo ngempilo yakhe nomfundisi.

"Ngangivame ukuba yisimenywa ekhaya lakhe laseBenares amasonto amaningi," kusho uRoy kimi. "Ngabona ukuthi abantu abaningi abangcwele, *abaneminyaka engu -31 kuya ku-3 ubudala.* " ama-swami, afika ebusuku ezolile ukuze ahlale ezinyaweni zikasolwazi.

Ngezinye izikhathi babexoxa ngamaphuzu okuzindla nawefilosofi. Ekuseni izivakashi eziphakeme zazihamba. Ngesikhathi ngivakashela, ngathola ukuthi uLahiri Mahasaya akazange alale nakanye.

"Ngesikhathi ngisaqala ukuhlangana nenkosi, kwadingeka ngibhekane nokuphikiswa ngumqashi wami," kuqhubeka uRoy. "Wayegxile ezintweni ezibonakalayo."

"'Angifuni abantu abashisekela inkolo kubasebenzi bami,' wayehleka usulu. 'Uma ngihlangana nomfundisi wakho okhohlisayo, ngizomnika amazwi okufanele awakhumbule.'

"Lolu songo olwesabekayo aluzange luphazamise uhlelo lwami olujwayelekile; ngangichitha cishe njalo kusihlwa phambi komfundisi wami. Ngobunye ubusuku umqashi wami wangilandela waphuthuma endlini yokugezela ngonya. Akungabazeki ukuthi wayezimisele ukukhuluma amazwi ahlabayayo ayewathembisile. Ngokushesha nje lapho indoda ihlezi phansi, uLahiri Mahasaya wakhuluma neqembu elincane labafundi

abangaba ngu-12."

"Ingabe wena konke njenge ku- bheka a isithombe?"

"Lapho sinqekuzisa ikhanda, wasicela ukuba sifiphaze igumbi. 'Hlalani ngemuva komunye nomunye niyindilinga,' esho, 'bese nibeka izandla zenu phezu kwamehlo endoda ephambi kwenu.'

"Angimangalanga ukubona ukuthi umqashi wami naye wayelandela iziqondiso zenkosi, yize ayengafuni. Ngemizuzu embalwa uLahiri Mahasaya wasibuza ukuthi sibonani."

"'Mnumzane,' ngiphendula, 'kuvela owesifazane omuhle. Ugqoke i -sari enomphetho obomvu , futhi umi eduze kwesitshalo esinjengezindlebe zendlovu.' Bonke abanye abafundi banikeza incazelo efanayo. Inkosi yaphendukela kumqashi wami. 'Uyamazi lowo wesifazane?'

"'Yebo.' Indoda yayibonakala ilwa nemizwa eyayisanda kuyibona. 'Bengilokhu ngichitha imali yami kuye ngobuwula, yize nginomfazi omuhle. Nginamahloni ngezisusa ezingilethe lapha. Ungangithethelela, ungamukele njengomfundi?'

"'Uma uphila impilo enhle izinyanga eziyisithupha, ngizokwamukela.' Inkosi yanezela ngendlela engaqondakali, 'Ngaphandle kwalokho ngeke kudingeke ngikuqalise.'

"Izinyanga ezintathu umqashi wami wazibamba ekulingweni; wabe eseqhubeka nobuhlobo bakhe bangaphambili nalo wesifazane. Ezinyangeni ezimbili kamuva washona. Ngakho-ke ngaqonda isiprofetho sikathisha wami esifihliwe mayelana nokungenakwenzeka kokuqaliswa kwale ndoda."

ULahiri Mahasaya wayenomngane odumile kakhulu, uSwami Trailanga, owayedume ngokuthi uneminyaka engaphezu kwamakhulu amathathu ubudala. La ma-yoga amabili ayevame ukuhlala ndawonye ezindla. Udumo lukaTrailanga lusakazeke kakhulu kangangokuthi bambalwa amaHindu abengaphika ukuthi kungenzeka iqiniso kunoma iyiphi indaba yezimangalisayo zakhe ezimangalisayo. Uma uKristu ebuya emhlabeni futhi ehamba emigwaqweni yaseNew York, ebonisa amandla akhe aphezulu, bekuzobangela injabulo efanayo naleyo eyadalwa nguTrailanga emashumini eminyaka edlule njengoba edlula emigwaqweni egcwele abantu yaseBenares.

Ezikhathini eziningi i-swami yayibonakala iphuza, ngaphandle komphumela omubi, ubuthi obubulalayo kakhulu. Izinkulungwane zabantu, kuhlenganise nabambalwa abasaphila, zibone i-Trailanga intanta eGanges. Izinsuku eziningi yayihlala ndawonye phezu kwamanzi, noma ihlale ifihliwe isikhathi eside ngaphansi kwamagagasi. Umbono ovamile eBenares egeza *ama-ghats* kwakuwumzimba we-swami onganyakazi ematsheni acwebezelayo, ovezwe ngokuphelele elangeni laseNdiya elingenasihawu. Ngalezi zenzo uTrailanga wayefuna ukufundisa abantu ukuthi impilo ye-yogi ayixhomekile emoyeni noma ezimweni ezivamile nasezindleleni zokuqapha. Kungakhathaliseki ukuthi wayengaphezu kwamanzi noma ngaphansi kwawo, nokuthi umzimba wakhe wawuvezwe emisebeni yelanga enamandla noma cha, inkosi yafakazela ukuthi yayiphila ngokwazi kwaphezulu: ukufa kwakungeke kumthinte.

I-yogi yayinhle hhayi ngokomoya kuphela, kodwa nangokwenyama. Isisindo sayo sasingaphezu kwamakhulu amathathu amakhilogremu: ikhilogremu elilodwa ngonyaka ngamunye wokuphila kwakhe! Njengoba ayengadli kakhulu, imfihlakalo iyanda. Nokho, inkosi iyazishaya indiva kalula zonke imithetho ejwayelekile yezempilo, uma ifisa ukwenza kanjalo ngesizathu esithile esikhethekile,

ngokuvamile esicashile esaziwa yiyo kuphela. Osanta abakhulu abavukile ekukholweni iphupho elimangalisayo lendawo yonke futhi laqaphela leli zwe njengombono oseMqondweni Ongcwele, lingenza njengoba lifisa ngomzimba, lazi ukuthi liwuhlobo lwamandla ahlanganisiwe noma aqandisiwe olusebenzisekayo. Nakuba ososayensi bezinto ezibonakalayo manje sebegonda ukuthi izinto azilutho ngaphandle kwamandla aqinile, ochwepheshe abakhanyiselwe ngokugcwele sebedlule isikhathi eside besuka embonweni baya ekusebenzeni emkhakheni wokulawula izinto.

UTrailanga wayehlala enqunu ngokuphelele. Amaphoyisa aseBenares ahlukunyezwayo ambheka njengengane eyinkinga edidayo. I-swami yemvelo, njengo-Adamu wokuqala ensimini yase-Edene, yayingazi nhlobo ngobunqunu bayo. Nokho, amaphoyisa ayeqaphela lokho, futhi ngokungahloniphi amfaka ejele. Kwalandela ukuhlazeka okuvamile; umzimba omkhulu ka

UTrailanga wabonakala ngokushesha, ngendlela evamile, ophahleni lwejele. Indlu yakhe, eyayisavaliwe kahle, ayizange ibonise ukuthi wayezobaleka kanjani.

Izikhulu zomthetho eziphelelwe yithemba zaphinde zenza umsebenzi wazo. Kulokhu kwabekwa unogada phambi kwesitokisi sikaSwami. UMay waphinde washiya umsebenzi ngaphambi kwesokudla. UTrailanga wabonakala ngokushesha ehambahamba ophahleni ngokunganaki. Ubulungiswa buyimpumputhe; amaphoyisa ahlakaniphile anquma ukumlandela isibonelo.

I-yoga enkulu yahlala ithule ngendlela evamile. **31-4** Naphezu kobuso bakhe obuyindilinga nesisu sakhe esikhulu esifana nebhereli, uTrailanga wayedla ngezikhathi ezithile kuphela. Ngemva kwamasonto amaningi engadli, wayezila ukudla ngezimbiza zobisi oluxutshwe nezinongo ayezini kwa ngabalandeli bakhe. Umuntu owayengabaza wake wazimisela ukudalula uTrailanga njengeqili. Ibhakede elikhulu lengxube ye-calcium-lime, esetshenziswa ezindongeni ezimhlophe, labekwa phambi kwe-swami.

"Nkosi," kusho umuntu othanda izinto ezibonakalayo, ngenhlonipho yokuzenzisa, "Ngikulethele ubisi oluxutshwe ne-colbered. Ngicela uluphuze."

I-Trailanga ikhishwe amanzi ngokungangabazi, kwaze kwaba yilapho isitsha sigcwele i-lime evuthayo. Ngemizuzu embalwa umenzi wobubi wawela phansi ngenxa yobuhlungu.

"Usizo, swami, Usizo!" yena wakhala. "Mina ekuseni kuvuliwe umlilo! Thethelela yami omubi isivivinyo!"

I-yogi enkulu yaphula ukuthula kwayo okujwayelekile. "Mhleki," esho, "awuzange uqaphele lapho unginika ubuthi ukuthi impilo yami ifana neyakho. Ngaphandle kokwazi kwami ukuthi uNkulunkulu ukhona esiswini sami, njengakuyo yonke i-athomu yendalo, i-lime ngabe ingibulele. Manje njengoba usuyazi incazelo yaphezulu ye-boomerang, ungaphinde udlale ngamaqhinga kunoma ubani."

I kuhlanzwe kahle isoni, welaphekile ngu I-Trailanga's amazwi, ubuthongo ngokubuthakathaka kude.

Ukuguqulwa kobuhlungu akubangelwanga yinoma yikuphi ukuzikhethela kwenkosi, kodwa kwavela ngokusebenzisa umthetho wobulungiswa osekela umjikelezo ode kakhulu wendalo. Abantu abaqaphela uNkulunkulu njengoTrailanga bavumela umthetho waphezulu ukuthi usebenze ngokushesha; basuse unomphela yonke imifudlana evimbelayo yobugovu.

Ukulungiswa okuzenzakalelayo kokulunga, okuvame ukukhokhwa ngohlamvu lwemali olungalindelekile njengasendabeni kaTrailanga nowakhe kungaba umbulali, kunciphisa intukuthelo yethu esheshayo ngokungabi nabulungisa kwabantu.

"Impindiselo ingeyami; ngizobuyisela, kusho iNkosi." **31-5** Yisiphi isidingo sezinsizakusebenza zomuntu ezimfushane? indawo yonke ihlela ngokufanele ukujezisa. Izingqondo ezibuthakathaka ziyawulahla amathuba okuba nobulungiswa bukaNkulunkulu, uthando, ukwazi konke, nokungafi. "Ukuqagela okungokomBhalo okungenangqondo!" Lo mbono ongenazwela, omangalisayo ngaphambi kombukwane wendalo yonke, kuvusa uchungechunge lwezehlakalo eziletha ukuvuka kwazo.

UKristu wakhuluma ngokuba namandla onke komthetho ongokomoya ngesikhathi engena eJerusalema ngokunqoba. Njengoba abafundi nesixuku bememeza ngenjabulo, bememeza, "Ukuthula ezulwini, nenkazimulo kweliphezulu," abanye abaFarisi bakhononda ngombukwane ongahloniphekile. "Nkosi," bakhononda, "khuza abafundi bakho."

“Ngiyanitshela,” kuphendula uJesu, “uma laba bethula, amatshe azomemeza ngokushesha.” **31-6**

Kulesi sijeziro kubaFarisi, uKristu wayekhomba ukuthi ubulungisa bukaNkulunkulu abuyona into engabonakali, nokuthi umuntu wokuthula, nakuba ulimi lwakhe lususiwe ezimpandeni zalo, usazothola inkulumo yakhe kanye nokuzivikela kwakhe edwaleni lendalo, uhlelo lwendawo yonke uqobo.

“Ucabanga ukuthi,” kusho uJesu, “ukuthulisa abantu bokuthula? Futhi ungathemba yini ukuthulisa izwi likaNkulunkulu, omatshe akhe ahlabelela inkazimulo yaKhe kanye nokuba khona kwaKhe kuyo yonke indawo. Ingabe uzofuna abantu bangagubhi ukuhlonipha ukuthula ezulwini, kodwa bahlangane ndawonye ngobuningi ukuze bamemeze impi emhlabeni? Ngakho-ke lungiselelani, nina baFarisi, ukudiliza izisekelo zomhlaba; ngoba akusibo abantu abamnene bodwa, kodwa amatshe noma umhlaba, namanzi nomlilo nomoya okuzovukela nina, ukufakaza ngokuvumelana kwaKhe okuhlelekile.”

Umusa we-yogi efana noKristu, iTrailanga, wake wanikezwa *umama wami we-sajo* (umalume ongumama). Ngolunye usuku ekuseni uMalume wabona inkosi izungezwe yisixuku sabakhulekeli eBenares ghat. Wakwazi ukuwela eduze kweTrailanga, owathinta izinyawo zakhe ngokuthobeka. Umalume wamangala lapho ezithola ekhululekile ngokushesha esifweni esibuhlungu esingamahlalakhona. **31-7**

Umfundi oyedwa kuphela owaziwayo ophilayo we-yogi enkulu ngowesifazane, uShankari Mai Jiew. Indodakazi yomunye wabafundi bakaTrailanga, wathola ukuqeqeshwa kwe-swami kusukela ebuntwaneni bakhe. Wahlala iminyaka engamashumi amane ochungechungeni lwemihume yaseHimalaya eyedwa eduze kwaseBadrinath, eKedarnath, e-Amarnath, nasePasupatinath. I- *brahmacharini* (owesifazane ozidelayo), owazalwa ngo-1826, manje isingaphezu kwekhulu leminyaka. Nokho, njengoba engakagugi ngokubukeka, ugcine izinwele zakhe ezimnyama, amazinyo akhe akhazimulayo, namandla amangalisayo. Uphuma ekuzihlukaniseni kwakhe njalo eminyakeni embalwa ukuze aye *emihlanganweni yezikhathi ezithile* noma emibukisweni yenkolo.

Lo wesifazane ongcwele wayevame ukuvakashela uLahiri Mahasaya. Ulandise ukuthi ngolunye usuku, esigabeni saseBarackpur eduze kwaseCalcutta, ngesikhathi ehleli eceleni kukaLahiri Mahasaya, umfundisi wakhe omkhulu uBabaji wangena ngokuthula ekamelweni waxoxa nabo bobabili.

Ngesinye isikhathi inkosi yakhe uTrailanga, eshiya ukuthula kwayo okuvamile, wadumisa uLahiri Mahasaya ngokusobala kakhulu emphakathini. Umfundi waseBenares wenqaba.

"Mnumzane," yena wathi, "kungani yenza wena, a i-swami futhi a ukuhoxa, umbukiso okunjalo inhlonipho ku- a umninindlu?"

"Ndodana yami," kuphendula uTrailanga, "ULahiri Mahasaya ufana nekati elingcwele, uhlala nomaphi lapho uMama Wendawo Yonke embeke khona. Ngenkathi edlala indima yomuntu wezwe ngokwethembeka, uthole lokho kuzibona okuphelele engikulahle ngisho nebhande lami!"

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31-1 : Okukodwa kuyinto sikhunjuzwe lapha kwe Indlu kaMilton umugqa: "Yena

ngoba UNkulunkulu kuphela, yena ngoba UNkulunkulu ku " 31-2: Umama

ohlomphekile washona eBenares ngo-1930.

31-3 : Abasebenzi, okufanekisela i umgogodla intambo, kuthwalwe ngokwesiko ngu ngokuqinisekile ama-oda kwe izindela.

31-4 : Yena kwakuyi a *muni* , a indela I-WHO ibona *i-mauna* , ngokomoya ukuthula. I IsiSanskrit impande *i-muni* kuyinto i-akin ku- isiGreki *i-monos* , "eyedwa, engashadile," lapho kuthathwe khona amagama esiNgisi athi *monk*, *monism*, njll.

31-5 : *AmaRoma* 12:19.

31-6 : *uLuka* 19:37-40 .

31-7 : I izimpilo kwe I-Trailanga futhi okunye kuhle kakhulu amakhosi khumbuza thina kwe UJesu amazwi: "Futhi lokhu izimpawu kufanele landela bona abakholwayo; Ku- yami igama (i- uKristu ukuqonda) bona kufanele abalingisi phandle amademoni; bona kufanele khuluma nge okusha izilimi; bona bayakubamba izinyoka; uma bephuza okubulalayo, akuyikubalimaza; bayakubeka izandla phezu kwabagulayo, basinde." - *Marku* 16:17-18.

ISAHLUKO: 32

I-Rama Ingabe Kuphakanyisiwe Kusukela I Ufile

"Manje a ngokuqinisekile indoda kwakuyi ukugula, igama ULazaru. Nini UJesu wezwa ukuthi, yena wathi, Lokhu ukugula kuyinto

hhayi ku- ukufa, kodwa ngoba i inkazimulo kwe Nkulunkulu, lokho i Indodana kwe UNkulunkulu kungenzeka yiba udumo ngalokho." **32- 1**

USri Yukteswar wayechaza imibhalo yobuKristu ngolunye usuku ekuseni olunelanga ebalcony yendlu yakhe yaseSerampore. Ngaphandle kwabanye abafundi abambalwa beMasters, ngangikhona neqembu elincane labafundi bami baseRanchi.

"Kulesi sigaba uJesu uzibiza ngeNdodana kaNkulunkulu. Nakuba ayemunye noNkulunkulu ngempela, ukubhekisela kwakhe lapha kunokubaluleka okujulile okungesona ubuntu," kuchaza umfundisi wami. "INdodana kaNkulunkulu inguKristu noma Ukuqaphela Kwaphezulu kumuntu. Akekho *umuntu ofayo* ongadumisa uNkulunkulu. Udumo olulodwa umuntu angalunika uMdali wakhe ukumfuna; umuntu akanakukhazimulisa i-Abstraction angayazi. 'Inkazimulo' noma i-nimbus ezungeze ikhanda labangcwele iwubufakazi obungokomfanekiso bekhono labo *lokunikeza* inhlonipho yaphezulu."

USri Yukteswar waqhubeka nokufunda indaba emangalisayo yokuvuka kukaLazaru. Ekuphetheni kwayo uMfundisi wathula isikhathi eside, incwadi engcwele ivuliwe edolweni lakhe.

"Nami ngibe nelungelo lokubona isimangaliso esifanayo." Ekugcineni umfundisi wami wakhuluma ngokugcoba okunzulu. "ULahiri Mahasaya wavusa omunye wabangane bami kwabafleayo."

Abafana abasebasha eceleni kwami bamomotheka ngentshisekelo enkulu. Kwakukhona nomfana owanele kimi, ukuze ngijabulele hhayi ifilosofi kuphela kodwa, ikakhulukazi, noma iyiphi indaba engangingayithola kuSri Yukteswar ukuba ayilandise.

mayelana yakhe kuyamangalisa okuhlangenwe nakho nge yakhe uchwepheshe.

"Mina nomngane wami uRama sasingehlukani," kwaqala uMaster. "Ngenxa yokuthi wayenamahloni futhi ehlala yedwa, wakhetha ukuvakashela umfundisi wethu uLahiri Mahasaya kuphela phakathi kwamabili nokusa, lapho isixuku sabafundi basemini sasingekho. Njengomngane oseduze kaRama, ngangisebenza njengendawo yokungenisa umoya lapho ayekhipha khona ingcebo yemibono yakhe engokomoya. Ngathola ugqozi ebunganini bakhe obuhle." Ubuso bukamfundisi wami bathamba ngezinkumbulo.

"URama wahlolwa kanzima ngokuzumayo," kuqhubeka uSri Yukteswar. "Wathola isifo se-Asiatic cholera. Njengoba inkosi yethu ingazange iphikise izinsizakalo zodokotela ngezikhathi zokugula okukhulu, kwabizwa ochwepheshe ababili. Phakathi nokushesha okukhulu kokukhonzisa indoda ethintekile, ngangithandaza ngokujulile kuLahiri Mahasaya ngicela usizo. Ngaphuthuma ekhaya lakhe ngakhala indaba .

"I-' odokotela kukhona ukubona IRama. Yena intando yiba kahle.' Okwami uchwepheshe ukumamatheka ngokuthokoza.

"Mina kubuyiselwe nge a ukukhanya inhliziyi ku- yami umngane eceleni kombhede, kuphela ku- thola yena ku a ukufa isimo.

"Akakwazi ukuhlala isikhathi esingaphezu kwehora elilodwa noma amabili,' kusho omunye wodokotela engitshela ngesenzo sokuphelelwa yithemba. Ngaphinde ngaphuthuma eLahiri Mahasaya.

"Odokotela bangamadoda aqotho. Ngiaqiniseka ukuthi uRama uzophila kahle.' Inkosi yangixosha ngokunganaki.

"KwaRama ngithole odokotela bobabili bengekho. Omunye wayengishiyele inothi: 'Senze konke okusemandleni ethu, kodwa icala lakhe alinathemba.'

"Umngane wami wayeyisithombe sendoda efa ngempela. Angizange ngiqonde ukuthi amazwi kaLahiri Mahasaya ayengahluleka kanjani ukugcwaliseka, kodwa ukubona impilo kaRama ephela ngokushesha kwangitshela ukuthi: 'Konke sekuphelile manje.' Ngiphonsa kanjalo olwandle lokholo nokungabaza okunokwesaba, ngakhonza umngane wami ngangokunokwenzeka. Wavuka wamemeza:

"Yukteswar, gijima ku- Ingcweti futhi tshela yena Mina ekuseni uhambe. Buza yena ku- busisa yami umzimba ngaphambi yayo okokugcina amasiko.'

Nge lokhu amagama I-Rama ukububula kakhulu futhi wanikeza phezu i isipoki. **32- 2**

"Ngakhala ihora lonke ngesimo sakhe esithandekayo. Wayehlala ethanda ukuthula, manje wayesefinyelele ukuthula okuphelele kokufa. Omunye umfundi wangena; ngamcela ukuba ahlale endlini ngize ngibuye. Ngididekile, ngabuyela emuva

kumfundisi wami.

"'Kanjani kuyinto I-Rama manje?' IsiLahiri AmaMahasaya ubuso kwakuyi enezingodo ku ukumamatheka.

"'Mnumzane, uzobona maduze ukuthi unjani,' ngasho ngenhliziyo. 'Emahoreni ambalwa uzobona isidumbu sakhe, ngaphambi kokuba sithwalwe siye endaweni yokushisa izidumbu.' Ngadabuka ngabubula obala.

"'Yukteswar, ukulawula wena. Hlala phansi ngokuthula futhi zindla.' Okwami uchwepheshe umhlalaphansi ku- *samadhi* . I

Intambama nobusuku kwadlula ngokuthula okungapheli; ngahluleka ukubuyisa ukuthula kwangaphakathi.

"Ekuseni uLahiri Mahasaya wangibheka ngokududuzayo. 'Ngiyabona ukuthi usaphazamisekile. Kungani ungachazanga izolo ukuthi ubulindele ukuthi nginike uRama usizo olubonakalayo ngesimo somuthi othile?' Inkosi yakhomba isibani esinjengendebe esiqukethe uwoyela we-castor ongahluziwe. 'Gcwalisa ibhodlela elincane esibani; faka amaconsi ayisikhombisa emlonyeni kaRama.'

"'Mnumzane,' Mina kuphinde kwaboniswa, 'yena ine ube ufile kusukela izolo emini. Of ini sebenzisa kuyinto i uwoyela manje?'

"'Ungakhathazeki; yenza lokho engikucelayo.' Isimo sengqondo sikaLahiri Mahasaya esijabulisayo sasingaqondakali; ngangisesebuhlungwini bokushonelwa obungenazinkinga. Ngithulula inani elincane lamafutha, ngahamba ngaya endlini kaRama.

"Ngithole isidumbu somngane wami siqinile esigxotsheni sokufa. Nginganaki isimo sakhe esibi kakhulu, ngavula izindebe zakhe ngomunwe wami wesokudla futhi ngakwazi, ngesandla sami sobunxele nangosizo lwekhokho, ukufaka ithonsi lamafutha ngethonsi phezu kwamazinyo akhe aqinile."

"Njengoba ithonsi lesikhombisa lithinta izindebe zakhe ezibandayo, uRama waqhaqhazela kakhulu. Imisipha yakhe yavevezela kusukela ekhanda kuya ezinyaweni njengoba ehleli emangala."

"'Ngibone uLahiri Mahasaya elangeni lokukhanya,' ekhala. 'Wakhanya njengelanga. "Vuka; yeka ukulala kwakho," wangiya. "Woza noYukteswar uzongibona.'"

"Angizange ngikholwe amehlo ami lapho uRama ezigqoka futhi enamandla ngokwanele ngemva kwaleso sifo esibulalayo sokuhamba aye ekhaya lomfundisi wethu. Lapho waguqa phambi kukaLahiri Mahasaya ngezinyembezi zokubonga."

"I- inkosi kwakuyi eceleni yena nge injabulo. Okwakhe amehlo ukukhazimula ku- mina ngokukhohlisa.

"'Yukteswar,' esho, 'ngokuqinisekile kusukela manje ngeke wehluleke ukuphatha ibhodlela lamafutha e-castor! Noma nini lapho ubona isidumbu, vele unikeze amafutha! Phela, amaconsi ayisikhombisa amafutha esibani kumelwe nakanjani aqede amandla kaYama!' **32-3**

"'Gugu, wena kukhona ukuhlekisa mina. Mina ungakwenzi qonda; Ngiyacela iphuzu phandle i imvelo kwe yami iphutha.'

"Ngikutshelile kabili ukuthi uRama uzolulama; kodwa awuzange ungikholwe ngokuphelele,' kuchaza uLahiri Mahasaya. 'Bengingasho ukuthi odokotela bazokwazi ukumphulukisa; ngiphawule nje ukuthi babekhona. Kwakungekho ukuxhumana okubangela phakathi kwezitatimende zami ezimbili. Bengingafuni ukuphazamisa odokotela; nabo kufanele baphile.' Ngezwi eligcwele injabulo, uchwepheshe wami wanezela, 'Hlala wazi ukuthi iParamatman engapheli 32-4 angaphulukisa noma ubani, udokotela noma akukho dokotela.

"Ngiyalibona iphutha lami,' ngavuma ngokuzisola. 'Sengiyazi manje ukuthi izwi lakho elilula libopha yonke indawo.'"

Njengoba uSri Yukteswar eqeda indaba emangalisayo, omunye wabalaleli abajabule wabuza umbuzo owawugondakala kabili, kusukela ebuntwaneni.

"Mnumzane," yena wathi, "kungani wenza yakho uchwepheshe sebenzisa i-castor uwoyela?"

"Mntanami, ukunikeza amafutha kwakungeyona incazelo ngaphandle kokuthi bengilindele okuthile okubalulekile futhi uLahiri Mahasaya wakhetha amafutha aseduze njengophawu oluqondile lokuvusa ukholo lwami olukhulu. Inkosi yavumela uRama ukuba afe, ngoba ngangingabaza kancane. Kodwa isazi saphezulu sayazi ukuthi njengoba ayeshilo ukuthi umfundi uzophila, ukuphulukiswa kumele kwenzeke, yize kwakufanele elaphe uRama ekufeni, isifo esivame ukuba yisiphetho!"

IsiSri Yukteswar ukuxoshwa i okuncane iqembu, futhi kushukunyisiwe mina ku- a ingubo isihlalo ku- yakhe izinyawo.

"Yogananda," esho ngomsindo ongavamile, "ubelokhu uzungezwe abafundi bakaLahiri Mahasaya kusukela ekuzalweni kwakho. Inkosi enkulu yaphila impilo yayo enhle kakhulu ihlukanisiwe, futhi yenqaba ngokuqinile ukuvumela abalandeli bayo ukuba bakhe noma iyiphi inhlango ezimfundisweni zayo. Nokho, wenza isibikezelo esibalulekile.

"Eminyakeni engaba ngamashumi amahlanu ngemva kokushona kwami,' esho, 'impilo yami izobhalwa ngenxa yesithakazelo esijulile ku-yoga esizobonakaliswa yiNtshonalanga. Umyalezo we-yoga uzungeza umhlaba wonke, futhi usize ekusunguleni ubuzalwane bomuntu obuvela ekuqondeni ngqo uBaba Oyedwa.'

"Ndodana yami uYogananda," kuqhubeka uSri Yukteswar, "kumele wenze ingxenye yakho ekusakazeni lowo myalezo, nasekubhaleni leyo mpilo engcwele."

Eminyakeni engamashumi amahlanu ngemva kokushona kukaLahiri Mahasaya ngo-1895 kwaphela ngo-1945, unyaka wokuqedwa kwale ncwadi yamanje. Angikwazi ukumangala ngengozi yokuthi unyaka ka-1945 nawo uqalise. inkathi entsha—inkathi yamandla e-athomu aguqukayo. Zonke izingqondo ezicabangayo ziphendukela ezinkingeni eziphuthumayo zokuthula nobuzalwane, funa ukusetshenziswa okuqhubekayo kwamandla angokwenyama kuxoshe bonke abantu kanye nezinkinga.

Nakuba isintu nemisebenzi yaso inyamalala ngokungapheli ngenxa yesikhathi noma ibhomu, ilanga aliphazamisi endleleni yalo; izinkanyezi zigcina ukuqapha kwazo okungapheli. Umthetho wendawo yonke awunakuvinjelwa noma ushintshwe, futhi umuntu angenza kahle ukuzivumelanisa nawo. Uma indawo yonke imelene namandla, uma ilanga lingalwi namaplanethi kodwa lihoxa ngesikhathi esifanele ukuze linike izinkanyezi amandla azo amancane, yini esizoyizuza ngesandla sethu esithunyelwe ngeposi? Ingabe kukhona ukuthula okuzovela ngempela kuyo? Hhayi

unya kodwa intando enhle ezovikela imisipha yendawo yonke; isintu esinokuthula sizozazi izithelo ezingapheli zokunqoba, ezimnandi kakhulu kunanoma yiziphi ezikhuliswe emhlabathini wegazi.

I-League of Nations esebenzayo izoba yinhlangano yemvelo, engenamagama yezinhliziyi zabantu. Uzwela olubanzi kanye nokuqonda okuqondisisayo okudingekayo ukuze kuphulukiswe izinkinga zasemhlabeni akunakuvula ekucabangeni nje ngokwengqondo kokwehlukahlukana komuntu, kodwa olwazini lobunye bomuntu kuphela - ubuhlobo bakhe noNkulunkulu. Ekufezeni inhloso ephakeme kakhulu emhlabeni - ukuthula ngobuzalwane - i-yoga, isayensi yokuxhumana komuntu siqu noNkulunkulu, yasakazeka ngesikhathi kubo bonke abantu kuwo wonke amazwe.

Nakuba impucuko yaseNdiya indala kakhulu kunezinye, bambalwa izazi-mlando abaye baphawula ukuthi isenzo sayo sokusinda kwesizwe asiyona neze ingozi, kodwa yisenzakalo esinengqondo ekuzinikeleni ezintweni zaphakade iNdiya ezinikeze ngamadoda ayo amahle kakhulu kuzo zonke izizukulwane. Ngokuqhubeka nje kokuba khona, ngokungapheli amandla ngaphambi kweminyaka—ingabe izazi ezinothuli zingasitshela ngempela ukuthi bangaki?—iNdiya inikeze impendulo efanele kunanoma yimuphi umuntu enseleleni yesikhathi.

Indaba yeBhayibheli **32-5** ngesicelo sika-Abrahama eNkosini sokuthi umuzi waseSodoma ungasindiswa uma kungatholakala abantu abayishumi abalungile kuwo, kanye nempendulo kaNkulunkulu ethi: "Ngeke ngiwubhubhise ngenxa yabayishumi," kuthola incazelo entsha ekukhanyeni kokubaleka kweNdiya ekulibalekeni kweBhabhiloni, iGibhithe nezinye izizwe ezinamandla ezaziphila ngesikhathi esifanayo nayo. Impendulo yeNkosi ikhombisa ngokusobala ukuthi izwe aliphili ngezinto zalo ezibonakalayo, kodwa ngemisebenzi yalo yobuciko yomuntu.

Amazwi angcwele mawazwakale futhi, kuleli khulu lama-20, afakwe igazi kabili ngaphambi kokuba kuphele isigamu sawo: Asikho isizwe esingaveza amadoda ayishumi, amakhulu emehlweni kaMahluleli Ongenamali, esiyokwazi ukushabalala. Ngokulalela izinkolelo ezinjalo, iNdiya izibonakalise ingeyena engenalwazi ngokumelene namaqhinga ayinkulungwane esikhathi. Amakhosi aziqaphelayo kuwo wonke amakhulu eminyaka angcwelise umhlaba wayo; izazi zanamuhla ezifana noKristu, njengoLahiri Mahasaya nomfundi wakhe uSri Yukteswar, ziyasukuma zimemezele ukuthi isayensi ye-yoga ibaluleke kakhulu kunanoma yikuphi ukuthuthuka kwezinto ezibonakalayo enjabulweni yomuntu nasekuphileni isikhathi eside kwesizwe.

Ulwazi oluncane kakhulu mayelana nokuphila kukaLahiri Mahasaya kanye nemfundiso yakhe yomhlaba wonke luye lwavela ezincwadini. Sekuyiminyaka engamashumi amathathu eNdiya, eMelika, naseYurophu, ngithole isithakazelo esijulile nesiqotho emyalezweni wakhe we-yoga ekhululayo; indaba ebhaliwe ngempilo yenkosi, njengoba nje abikezela, manje iyadingeka eNtshonalanga, lapho izimpilo zama-yoga amakhulu anamuhla zingaziwa kangako.

Akukho lutho ngaphandle kwencwajana eyodwa noma ezimbili ezincane ngesiNgisi ezibhalwe ngempilo yalo mfundisi. Umlando womuntu ngamunye ngesiBengali, *eSri Sri* **32-6** *I-Shyama Charan Lahiri Mahasaya*, yavela ngo-1941. Yabhalwa ngumfundi wami, uSwami Satyananda, obelokhu engumfundisi *wezinto ezingokomoya iminyaka eminingi eVidyalaya* yethu eRanchi. Ngihumushe izindima ezimbalwa encwadini yakhe futhi ngizifakile kulesi sigaba esizinikele kuLahiri Mahasaya.

Kwakuwumndeni wamaBrahmin ongcwele wozalo lwasendulo lapho uLahiri Mahasaya azalwa khona ngoSepthemba 30, 1828. Indawo azalelwa kuyo kwakuyidolobhana laseGhurni esifundeni saseNadia eduze kwaseKrishnagar,

eBengal. Wayeyindodana encane kaMuktakashi, umfazi wesibili kaGaur Mohan Lahiri ohlonishwayo. (Umkakhe wokuqala, ngemva kokuzalwa kwamadodana amathathu, washona ngesikhathi sohambo lokuya ethempelini.) Unina womfana washona esemncane; kuncane okwaziwayo ngaye ngaphandle kweqiniso eliveza ukuthi wayengumlandeli ozinikele weNkosi uShiva, 32-7. ngokwemiBhalo ebizwa ngokuthi “iNkosi yamaYogi.”

Umfana uLahiri, ogama lakhe linguShyama Charan, wachitha iminyaka yakhe yokuqala ekhaya labokhokho eNadia. Lapho eneminyaka emithathu noma emine wayevame ukubonwa ehleli ngaphansi kwesihlabathi ngesimo se-yogi, umzimba wakhe ufihliwe ngokuphelele ngaphandle kwekhanda.

Indawo yaseLahiri yabhujiswa ebusika buka-1833, lapho uMfula iJalangi oseduze ushintsha indlela yawo futhi wanyamalala ekujuleni kweGanges. Elinye lamathempeli aseShiva asungulwa amaLahiri langena emfuleni kanye nekhaya lomndeni. Umlandeli wasindisa isithombe setshe seNkosi uShiva emanzini agelezayo wasibeka ethempelini elisha, manje elaziwa ngokuthi amaGhurni.

UShiva Isayithi.

UGaur Mohan Lahiri nomndeni wakhe bashiya iNadia baba izakhamuzi zaseBenares, lapho ubaba wakha khona ithempeli laseShiva ngokushesha. Waqhuba umndeni wakhe ngendlela yamaVedic, ngokugcina njalo ukukhulekela okungokwesiko, izenzo zomusa, kanye nokufunda imibhalo engcwele. Nokho, enobulungisa nomqondo ovulekile, akazange ayishaye indiva intuthuko yemibono yanamuhla.

Umfana uLahiri wafunda isiHindi nesi-Urdu emaqenjini okufunda aseBenares. Waya esikoleni esasiqhutshwa nguJoy Narayan Ghosal, efundiswa ngesiSanskrit, isiBengali, isiFulentshi, nesiNgisi. Esebenzisa isikhathi sakhe esijulile ekufundeni amaVeda , le yogi encane yalalela ngentshiseko izingxoxo zemiBhalo ezaziqhutshwa amaBrahmin afundile, kuhlangukelele nochwepheshe weMarhatta ogama lakhe linguNag-Bhatta.

UShyama Charan wayeyinsizwa enomusa, emnene, futhi enesibindi, ethandwa yibo bonke abangane bakhe. Njengoba enomzimba olinganiswe kahle, okhanyayo, futhi onamandla, wayevelele ekubhukudeni nasemisebenzini eminingi enekhono .

Ngo-1846 uShyama Charan Lahiri washada noSrimati Kashi Moni, indodakazi kaSri Debnarayan Sanyal. Umama wekhaya oyisibonelo waseNdiya, uKashi Moni wayeqhuba imisebenzi yakhe yasekhaya ngenjabulo kanye nesibopho somninikhaya wendabuko sokukhonza izivakashi nabampofu. Amadodana amabili angcwele, uTincouri noDucouri, abusisa umshado.

Lapho eneminyaka engu-23, ngo-1851, uLahiri Mahasaya wathatha isikhundla sokuba ngumgcini zincwadi eMnyangweni Wobunjiniyela Bezempi kahulumeni waseNgilandi. Wathola izikhundla eziningi ngesikhathi sokusebenza kwakhe. Ngakho-ke wayengeyena nje uchwepheshe phambi kwamehlo kaNkulunkulu, kodwa futhi waba nempumelelo enkulumweni encane yabantu lapho adlala khona indima yakhe njengesisebenzi sasehlovisi emhlabeni.

Njengoba amahhovisi oMnyango Wezempi ayeshintshwa, uLahiri Mahasaya wadluliselwa eGazipur, eMirjapur, eDanapur, eNaini Tal, eBenares, nakwezinye izindawo. Ngemva kokushona kukayise, uLahiri kwadingeka athwale wonke umthwalo wemfanelo womndeni wakhe, awuthengela indawo yokuhlala ethule endaweni yaseGarudeswar Mohulla eBenares.

Kwakungonyaka wakhe wamashumi amathathu nantathu lapho uLahiri Mahasaya ebona khona ukugcwaliseka kwenhloso yokuthi aphinde azalwe emhlabeni. Ilangabi elifihliwe ngomlotha, elivutha isikhathi eside, lathola ithuba lalo lokuqhuma libe ilangabi. Isimemezelo saphezulu, esilele ngale kwamehlo abantu, sisebenza ngendlela engaqondakali ukuletha zonke izinto ekubonakalisweni kwangaphandle ngesikhathi esifanele. Wahlangana nomkhulu wakhe omkhulu guru, Babaji, eduze ne-Ranikhet, futhi yaqalwa nguye ku- *Kriya Yoga* .

Lesi senzakalo esihle asizange senzeke kuye yedwa; kwakuyisikhathi senhlanhla kubo bonke abantu, abaningi babo kamuva abanelungelo lokuthola isipho esivusa umphefumulo *sikaKriya* . Ubuciko obuphezulu be-yoga obulahlekile, noma obusebunyamalele isikhathi eside, babuphinde buvezwa obala. Amadoda nabesifazane abaningi abomile ngokomoya bagcina bethole indlela eya emanzini abandayo *eKriya Yoga* . Njengoba kunjalo enganekwaneni yamaHindu, lapho uMama uGanges enikeza khona umoya wakhe ongcwele kumuntu ozinikele owomile uBhagirath, kunjalo nozamcolo wasezulwini *weKriya* wasuka ezindaweni eziyimfihlo zaseHimalaya waya ezindaweni zothuli zabantu.

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. UJohane 11:1-4 :32-1

A ikholera isisulu kuyinto ngokuvamile okunengqondo futhi ngokugcwele :32-2

.oqaphelayo kwesokudla phezulu ku- i umzuzu kwe ukufa. 32-3: Unkulunkulu wokufa

Ngokwezwi nezwi, :32-4

"Ophakeme kakhulu

umphefumulo." 32-5: *Genesise*

.18:23-32

ISri , a isiqalo incazelo "ngcwele," kuyinto okunamathiselwe (ngokuvamile kabili noma kathathu) ku- amagama kwe :32-6
.kuhle kakhulu IsiNdiya othisha

Omunye wobuthathu bobuNkulunkulu - uBrahma, uVishnu, uShiva - umsebenzi wakhe wendawo yonke, :32-7
ngokulandelana, owokudala, ukulondolozwa, kanye nokubuyiselwa. UShiva (ngezinye izikhathi ubhalwa ngokuthi
uSiva), omelelwa ezinganekwaneni njengeNkosi yabaHluliweyo, kuvela ku imibono ku- Okwakhe abazinikele ngaphansi
okuhlukahlukeni izici, okunjalo njengoba Mahadeva, i izinwele ezimfushane U-Ascetic, noNataraja, uMdansi Wendawo
.Yonke

ISAHLUKO: 33

UBabaji, I U-Yogi-Christ Of Yesimanje I-India

Amadwala asenyakatho yeHimalaya eduze kwaseBadrinarayan asabusiswa ngokuba khona kukaBabaji, isazi seLahiri Mahasaya. Inkosi eyimfihlo igcine isimo sayo somzimba amakhulu eminyaka, mhlawumbe izinkulungwane zeminyaka. IBabaji engenakufa iyi- *avatara* . Leli gama lesiSanskrit lisho "ukuzalwa"; izimpande zalo ziyi -*ava* , "phansi," kanye *ne-tri* , "ukudlula." Emibhalweni yamaHindu, *i-avatara* isho ukwehla kobuNkulunkulu enyameni.

"Isimo esingokomoya sikaBabaji singaphezu kokuqonda komuntu," kusho uSri Yukteswar kimi. "Umbono omncane wabantu awukwazi ukubhoboza inkanyezi

yakhe engapheli. Umuntu uzama ngisho nokubona ukuphumelela kwesithombe ngephutha. Akunakwenzeka."

Ama -*Upanishad* ahlukhanise kancane zonke izigaba zokuthuthuka ngokomoya. I - *siddha* ("isidalwa esiphelele") ithuthuke isuka esimweni se- *jivanmukta* ("esikhululekile ngenkathi siphila") yaya kwese- i -*paramukta* ("ekhululekile kakhulu" - amandla aphelele phezulu kokufana); lesi sakamuva siphunyakile ngokuphelele umbuso omkhulu kanye nomjikelezo wawo wokuzalwa kabusha. Ngakho-ke i -*paramukta* ayivami ukubuyela emzimbeni wenyama; uma ibuya, iyisithombe, indlela emiswe ngokwaphezulu yezibusiso zaphezulu emhlabeni.

I-An isithombe kuyinto okungenasihloko ku- i jikelele umnotho; yakhe okumsulwa umzimba, kuyabonakala njengoba a ukukhanya isithombe, kuyinto mahhala

kusukela kunoma yisiphi isikweletu kuya emvelweni. Ukubuka okungajwayelekile kungase kungaboni lutho olungavamile ngesimo sesithombe kodwa akubeki sithunzi noma kungenzi lutho phansi. Lokhu kuwubufakazi bangaphandle bokuntuleka kobumnyama nokuboshwa kwezinto ezibonakalayo. Umuntu onjalo onguNkulunkulu kuphela owazi iQiniso ngemuva ubudlelwano bokuphila nokufa. U-Omar Khayyam, owayengaqondwa kahle kangako, wahlabelela ngalo muntu okhululiwe embhalweni wakhe ongafi, i- *Rubaiyat* :

"Ah, Nyanga Yenjabulo Yami, ongazi lutho, INyanga Yezulu iyaphuma futhi; Kukangaki emva kwalokhu iphuma ingibheka ngale Nsimini efanayo— ngokungazelele!"

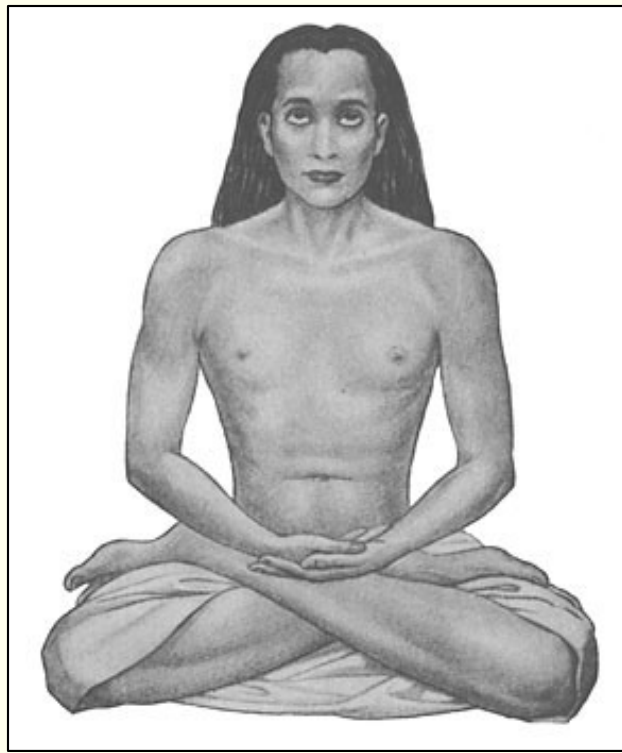
"INyanga Yenjabulo" nguNkulunkulu, uPolaris waphakade, akakaze alandele isikhathi. "INyanga Yezulu" iyi-cosmos yangaphandle, eboshwe emthethweni wokuphindaphinda ngezikhathi ezithile. Amaketanga ayo ayechithwe unomphele ngumboni wasePheresiya ngokuzibona kwakhe. "Kukangaki evuka emva kwalokhu ebheka... emva kwami-ngeze!" Yeka ukukhungatheka kokufuna indawo yonke exakekile ukuze uthole okushiye ngokuphelele!

UKristu waveza inkululeko yakhe ngenye indlela: "Kwase kufika umbhali othile, wathi kuye: Mfundisi, ngizokulandela noma uya ngaphi." UJesu wathi kuye: "Izimpungushe zinemigodi, nezinyoni zezulu zinezidleke; kepha iNdodana yomuntu ayinandawo yokubeka ikhanda layo." **33-1**

Ibanzi nge ukuba khona kuyo yonke indawo, kungenzeka uKristu ngempela yiba kulandelwe ngaphandle ku i okubanzi Umoya?

UKrishna, uRama, uBuddha, noPatanjali babephakathi kwama-avatar asendulo aseNdiya. Izincwadi eziningi zezinkondlo ngesi-Tamil zikhulele eduze no-Agastya, i-avatar yaseNingizimu India. Wenza izimangaliso eziningi phakathi namakhulu eminyaka adlule nalandela inkathi yobuKristu, futhi kuthiwa ugcine isimo sakhe somzimba kuze kube namuhla.

Umsebenzi kaBabaji eNdiya bekuwukusiza abaprofethi ekufezeni imisebenzi yabo ekhethekile. Ngakho-ke uyafaneleka ukuhlukaniswa ngokwemiBhalo kweMahavatar (i-Avatar Enkulu). Uthe wanikeza uShankara, umsunguli wasendulo weSwami Order, kanye noKabir, ungcwele odumile wenkathi ephakathi. Umfundi wakhe oyinhloko wekhulu le-19, njengoba sazi, kwakunguLahiri Mahasaya, umvuseleli wobuciko obulahlekile *beKriya* .



UBABAJI, I-THE MAHAVATAR
I-Guru kwe IsiLahiri IsiMahasaya

Mina babe wasiza i umculi ku- dweba a iqiniso ukufana kwe i kuhle kakhulu U-Yogi-Christ kwe yesimanje INdiya.

AmaMahavatar ahlala exhumana noKristu; ndawonye athumela ukudlidliza kokuhlengwa, futhi ahlele indlela yokusindiswa ngokomoya yalesi sikhathi. *Umsebenzi* walaba makhosi amabili akhanyiselwe ngokugcwele - omunye nomzimba, kanti omunye ongenawo - ukuphefumulela izizwe ukuba zilahle izimpi zokuzibulala, inzondo yobuhlanga, ukwahlukana kwenkolo, kanye nobubi be-boomerang bokuthanda izinto ezibonakalayo. UBabaji uyazi kahle indlela yezikhathi zanamuhla, ikakhulukazi ngethonya kanye nobunzima bempucuko yaseNtshonalanga, futhi uyaqaphela isidingo sokusabalalisa inkululeko yokuzibusa ye-yoga ngokulinganayo eNtshonalanga naseMpumalanga.

Ukuthi akukho okukhulunywa ngakho ngoBabaji ngokomlando akufanele kusimangaze. Isazi esikhulu asikaze sivele obala kunoma yiliphi ikhulu leminyaka; ukukhanya okungaqondakali kokukhangisa akunandawo ezinhlelweni zakhe zeminyaka eyinkulungwane. NjengoMdali, owukuphela kwamandla kodwa othule, uBabaji usebenza ebumnyameni obuphansi.

Abaprofethi abakhulu abanjengoKristu noKrishna beza emhlabeni ngenhloso ethile nemangalisayo; bayahamba ngokushesha nje lapho isifeziwe. Amanye ama-avata, njengoBabaji, enza umsebenzi obalulekile. wayekhathalela kakhulu intuthuko ehamba kancane yokuziphendukela kwemvelo komuntu phakathi namakhulu eminyaka kunanoma yisiphi isenzakalo esisodwa esivelele emlandweni. Amakhosi

anjalo ahlala ezifihla emehlweni omphakathi, futhi anamandla okungabonakali ngokuthanda kwawo. Ngenxa yalezi zizathu, futhi ngenxa yokuthi ngokuvamile ayala abafundi babo ukuba bathule ngabo, inani labantu abangokomoya abavelele lihlala lingaziwa emhlabeni wonke. Kula makhasi kaBabaji nginikeza umbono nje ngempilo yakhe - amaqiniso ambalwa kuphela akubona kufanelekile futhi kuwusizo ukuwadlulisela obala.

Cha ukukhawulela amaqiniso mayelana UBabaji's umndeni noma indawo yokuzalwa, sithandwa ku- i umcwaningi wezindaba inhliziyo, babe njalo ube

kwatholakala. Inkulumo yakhe ngokuvamile itholakala ngesiHindi, kodwa ukhuluma kalula nganoma yiluphi ulimi. Usebenzise igama elilula elithi Babaji (ubaba ohlonishwayo); ezinye iziqu zenhlonipho azinikwa ngabafundi bakaLahiri Mahasaya yiMahamuni Babaji Maharaj (usanta ophakeme ojabulayo), uMaha Yogi (omkhulu kunabo bonke kuma-yogi), uTrambak Baba kanye noShiva Baba (iziqu zama-avatar kaShiva). Ingabe kubalulekile ukuthi asazi igama eliyimfihlo lenkosi ekhululwe emhlabeni?

"Noma nini lapho umuntu ebiza igama likaBabaji ngenhlonipho," kusho uLahiri Mahasaya, "lowo mkhulekeli uheha isibusiso esingokomoya ngokushesha."

Lo mfundisi ongafi akanazo izimpawu zobudala emzimbeni wakhe; ubonakala engumuntu osemusha oneminyaka engamashumi amabili nanhlanu. Njengoba enesikhumba esimhlophe, enomzimba ophakathi nobude, umzimba kaBabaji omuhle noqinile ukhipha ukukhanya okubonakalayo. Amehlo akhe amnyama, azolile, futhi athambile; izinwele zakhe ezinde nezikhazimulayo zinombala wethusi. Iqiniso elixakile ukuthi uBabaji ufana kakhulu nomfundi wakhe uLahiri Mahasaya. Ukufana kuyamangalisa kangangokuthi, eminyakeni yakhe yokugcina, uLahiri Mahasaya kungenzeka ukuthi wadlula njengoyise kaBabaji owayebukeka esemusha.

IsiSwami Kebalananda, yami ongcwele IsiSanskrit umfundisi, uchithe abanye isikhathi nge I-Babaji ku i Izintaba zaseHimalaya.

"Inkosi engenakuqhathaniswa ihamba neqembu layo isuka kwenye indawo iye kwenye ezintabeni," kusho uKebalananda kimi. "Iqembu lakhe elincane liqukethe abafundi ababili baseMelika abathuthuke kakhulu. Ngemva kokuba uBabaji esesendaweni ethile isikhathi esithile, uthi: *'Dera danda uthao.'* ('Masiphakamise ikamu lethu kanye nenduku.') Uphethe i *-danda engokomfanekiso* (induku ye-bamboo). Amazwi akhe ayisibonakaliso sokuhamba neqembu lakhe ngokushesha baye kwenye indawo. Akasebenzisi njalo le ndlela yokuhamba ngezinkanyezi; ngezinye izikhathi uhamba ngezinyawo esuka esicongweni aye esicongweni.

"UBabaji angabonwa noma aqashelwe abanye kuphela uma efisa kanjalo. Uyaziwa ukuthi unayo wabonakala ngezindlela eziningi ezahlukenene kancane kubalandeli abahlukahlukenene - ngezinye izikhathi engenazo izindevu namadevu, futhi ngezinye izikhathi enabo. Njengoba umzimba wakhe ongaboliyo ungadingi ukudla, inkosi ayidli njalo. Njengenhlonipho yokuxhumana nabafundi abavakashile, ngezinye izikhathi wamukela izithelo, noma ilayisi eliphekwe ngobisi nebhotela elicwengekile.

"Ngizazi izehlakalo ezimbili ezimangalisayo empilweni kaBabaji," kuqhubeka uKebalananda. "Abafundi bakhe babehleli ubusuku obubodwa bezungeze umlilo omkhulu owawuvutha ngenxa yomkhosi ongcwele wamaVeda. Inkosi yathatha ukhuni oluvuthayo ngokuzumayo yashaya kancane ihlombe elingenalutho le-chela eyayiseduze nomlilo."

"Mnumzane, Kanjani unonya!' IsiLahiri IsiMahasaya, I-WHO kwakuyi okwamanje, kwenziwe lokhu ukuphindisela.

""Ubungathanda ukumbona eshiswa waba umlotha phambi kwamehlo akho, ngokwesinqumo se-karma yakhe yangaphambilini?""

"Ngala mazwi uBabaji wabeka isandla sakhe sokuphulukisa ehlombe likaChela elalilimele. 'Ngikukhululile namuhla ekufeni okubuhlungu. Umthetho we-karmic usugcwalisiwe ngokuhlupheka kwakho okuncane ngomlilo .' "

"Ngesinye isikhathi isiyingi esingcwele sikaBabaji saphazanyiswa ukufika komuntu angamazi. Wayekhuphuke ngekhono elimangalisayo waya onqengemeni olucishe lungafinyeleleki eduze kwekamu lenkosi."

"Mnumzane, kumelwe ukuba unguBabaji omkhulu.' Ubuso bendoda babukhanya ngenhlonipho engenakuchazeka. 'Sekuyizinyanga eziningi ngikufuna ngokungapheli phakathi kwala madwala asabekayo. Ngiyakuncenga ukuba ungamukele njengomfundi.'

"Nini i kuhle kakhulu uchwepheshe kwenziwe cha impendulo, i indoda okukhonjiwe ku- i amatshe umhoshu ku- yakhe izinyawo.

"Uma ungangivumi, ngizogxuma ngisuka kule ntaba. Ukuphila akusenalo inani uma ngingenakukwazi ukuthola isiqondiso sakho kuNkulunkulu.'

"Gxuma-ke,' kusho uBabaji ngokunganaki. 'Angikwazi ukukwamukela esimweni sakho samanje sokuthuthuka .'

"Le ndoda yaziphonsa ngokushesha phezu kwedwala. UBabaji wayala abafundi abathukile ukuba balande isidumbu somfokazi. Lapho bebuya nesimo esiphukile, inkosi yabeka isandla sayo saphezulu endodeni efle. Bheka! yavula amehlo ayo yawa ngokuthobeka phambi konamandla onke."

"Manje usukulungele ukuba ngumfundi.' UBabaji wajabula ngothando nge-chela yakhe evusiwe. 'Uphumelele ngesibindi esivinyweni esinzima. Ukufa ngeke kuphinde kukuthinte; manje usungomunye womhlambi wethu ongafi.' Wabe esekhuluma amazwi akhe avamile okuhamba, '*Dera danda uthao*' ; lonke iqembu lanyamalala entabeni."

I-avatar ihlala kuMoya okhona yonke indawo; kuye akukho ibanga eliphambene nesikwele. Ngakho-ke, isizathu esisodwa kuphela esingashukumisa uBabaji ekugcineni isimo sakhe somzimba kusukela ekhulwini kuya kwekhulu: isifiso sokunikeza isintu isibonelo esiqinile samathuba aso. umuntu akakaze abonise ubuNkulunkulu enyameni, wayezoqhubeka ecindezelwe yinkohliso enkulu yokuthi akanakudlula ukufa kwakhe.

UJesu wayazi kusukela ekuqaleni ukulandelana kwempilo yakhe; wadlula kuzo zonke izenzakalo hhayi ngenxa yakhe, hhayi ngenxa yokuphoqelelwa yi-karmic, kodwa ngenxa nje yokuthuthukiswa komuntu ocabangayo. izidalwa zakhe ezine— abafundi—uMathewu, uMarku, uLuka noJohane—baqopha idrama engachazeki ukuze kuzuze izizukulwane ezizayo.

Ngoba UBabaji, futhi, Lapho kuyinto cha ukuhambisana kwe esidlule, okwamanje, ikusasa; kusukela i isiqalo yena ine wayazi zonke izigaba zokuphila kwakhe. Kodwa- ke, evumelana nokuqonda okulinganiselwe kwabantu, udlale imisebenzi eminingi

yokuphila kwakhe kwaphezulu phambi kofakazi oyedwa noma ngaphezulu. Ngakho-ke kwenzeka ukuthi umfundi kaLahiri Mahasaya wayekhona lapho uBabaji ebona ukuthi sekuyisikhathi sokuba amemezele ukuthi kungenzeka ukuthi umzimba awufi. Washo lesi sithembiso phambi kukaRam Gopal Muzumdar, ukuthi ekugcineni saziwa ngokuphefumulela ezinye izinhliziyi ezifuna. Abakhulu bakhuluma amazwi abo futhi bahlanganyela enkambweni yezenzakalo ebonakala ingokwemvelo, ngenxa nje yenzuzo yomuntu, njengoba uKristu asho: "Baba . . . Bengazi ukuthi uyangizwa njalo; kodwa *ngenxa yabantu abami eduze ngishilo lokho*, ukuze bakholwe ukuthi ungithumile." **33-2** Ngesikhathi

ukuvakasha kwami eRanbajpur noRam Gopal, "ongcwele ongalali," **33-3** walandisa indaba emangalisayo yokuhlangana kwakhe kokuqala noBabaji.

"Ngezinye izikhathi ngangiphuma emhumeni wami ongawodwa ngiyohlala ezinyaweni zikaLahiri Mahasaya eBenares," kusho uRam Gopal kimi. "Ngolunye usuku phakathi kwamabili njengoba ngangizindla buthule eqenjini labafundi bakhe, inkosi yenza isicelo esimangalisayo.

"'Ram Gopal,' yena wathi, 'hamba ku- kanye ku- i I-Dasasamedh ukugeza ' *Uyahlanya* .'

"Ngasheshe ngafika endaweni eyimfihlo. Ubusuku babukhanya ngokukhanya kwenyanga nezinkanyezi ezikhazimulayo. Ngemva kokuhlala ngithule isikhathi eside, ukunaka kwami kwadonselwa etsheni elikhulu eduze kwezinyawo zami. Lakhuphuka kancane kancane, lembula umhume ongaphansi komhlaba. Njengoba itshe lalihlala lilinganisiwe ngendlela engaziwa, isimo esimboziwe sowesifazane osemusha futhi omuhle kakhulu sasuswa emhumeni saya phezulu emoyeni. Ezungezwe ukukhanya okuthambile, wehla kancane phambi kwami wama enganyakazi, egxile esimweni sangaphakathi senjabulo. Ekugcineni washukumisa, wakhuluma ngobumnene.

"'NginguMataji, oneminyaka **engu-33-4** udadewabo kaBabaji. Ngimcelile yena kanye noLahiri Mahasaya ukuba beze emhumeni wami namuhla ebusuku ukuzoxoxa ngendaba ebaluleke kakhulu.

"Ukukhanya okufiphele kwakuntanta ngokushesha phezu kweGanges; ukukhanya okungavamile kwabonakala emanzini angacacile. Kwasondela eduze kakhulu kwaze kwaba yilapho, ngokukhanya okufiphele, kuvela ngokukhanya okukhanyayo." Wakhothama ngokuthobeka ezinyaweni zowesifazane ongcwele.

"Ngaphambi kokuba ngilulame ekukhungathekeni kwami, ngamangala kakhulu ukubona inqwaba yokukhanya okungaqondakali ihamba esibhakabhakeni. Yehla ngokushesha, ichibi elivuthayo lasondela eqenjini lethu futhi lazibonakalisa emzimbeni wensizwa enhle, engangiqonda ngokushesha ukuthi yayinguBabaji. Wayebukeka njengoLahiri Mahasaya, umehluko kuphela ukuthi uBabaji wayebonakala emncane kakhulu, futhi enezinwele ezinde nezikhanyayo."

"ULahiri Mahasaya, uMataji, kanye nami saguqa ezinyaweni zomfundisi. Umuzwa wenkazimulo enhle wangijabulisa yonke imisipha yami njengoba ngithinta inyama yakhe engcwele."

"'Dadewethu obusisiwe,' kusho uBabaji, 'Ngihlose ukulahla isimo sami bese ngicwila ku-Infinite Current.'

"'Sengivele ngibone icebo lakho, nkosi ethandekayo. Bengifuna ukuxoxa ngalo nawe kusihlwa. Kungani kufanele ushiye umzimba wakho?' Owesifazane okhazimulayo

wambheka ngokuncenga.

"Ini kuyinto i umehluko uma Mina ukugqoka a kuyabonakala noma okungabonakali igagasi kuvuliwe i ulwandle kwe yami Umoya?"

"UMataji waphendula ngokuhlakanipha okumangalisayo. 'Njingalwazi engenakufa, uma kungenzi mehluko, ngicela ungalokothi ulahle isimo sakho.' **33-5**

"Yiba yona ngakho-ke,' I-Babaji kusho ngokuzithoba. 'Mina intando akakaze hamba yami ngokomzimba umzimba. It intando njalo hlala kuyabonakala

okungenani kubantu abambalwa emhlabeni. INkosi ikhulumile isifiso sayo ngezindebe zakho.'

"Njengoba ngilalele ingxoxo phakathi kwalezi zidalwa eziphakeme ngokumangala, lo mfundisi omkhulu waphendukela kimi ngesenzo esinomusa."

"'Ungesabi, Ram Gopal,' esho, 'ubusisiwe ngokuba ufakazi endaweni yesethembiso sokungafi.'

"Njengoba umculo omnandi wezwi likaBabaji uphela, isimo sakhe kanye nesikaLahiri Mahasaya sahamba kancane kancane sabuyela emuva phezu kweGanges. I-aureole yokukhanya okukhazimulayo yagcwala imizimba yabo njengoba benyamalala esibhakabhakeni sasebusuku. Isimo sikaMataji santanta saya emhumeni sehla; itshe i-slab izivalele ngokwayo, njengokungathi isebenza nge-leverage engabonakali.

"Ngiphefumulelwe kakhulu, ngabuyela endlini kaLahiri Mahasaya. Njengoba ngangikhothama phambi kwakhe ekuseni kakhulu, umfundisi wami wangimomotheka ngokuqonda."

"'Ngiyajabula ngawe, Ram Gopal,' esho. 'Isifiso sokuhlangana noBabaji noMataji, oye wangitshela ngaso njalo, ekugcineni sithole ukugcwaliseka okungcwele.'

"Abafundi bami bangitshela ukuthi uLahiri Mahasaya wayengakasuki esitezi sakhe kusukela kusihlwa sangaphambilini."

"'Wanikeza inkulumo emangalisayo ngokungafi ngemva kokuba usuhambile waya eDasasamedh *ghat*,' kusho omunye walaba bapheki. Okokuqala ngqa ngaqaphela iqiniso emavesini angokomBhalo athi umuntu ozaziyo angavela ezindaweni ezahlukene emizimbeni emibili noma ngaphezulu ngesikhathi esisodwa.

"ULahiri Mahasaya kamuva wangichazela amaphuzu amaningi aphantelene nohlelo olufihliwe lwaphezulu lwalo mhlaba," kuphetha uRam Gopal. "UBabaji ukhethwe uNkulunkulu ukuba ahlale emzimbeni wakhe isikhathi sonke salo mjikelezo womhlaba. Izikhathi zizofika zihambe - inkosi engenakufa, **33-6** bebuka idrama yamakhulu eminyaka, bazoba khona kulesi sigaba sasemhlabeni."

Isahluko 33 Imibhalo yaphansi

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· UMathewu 8:19-20 :33-1

· UJohane 11:41-42 :33-2

33-4 : "Ngcwele" Umama." I-Mataji futhi ine waphila ngokusebenzisa i amakhulu eminyaka; yena kuyinto cishe njengoba kude okuthuthukile ngokomoya njengoba yena Uhlala ejabule kakhulu emhumeni ofihliwe ongaphansi komhlaba eduze neDasasamedh *ghat* .

33-5 : Lokhu isigameko ikhumbuza eyodwa kwe IThales. I kuhle kakhulu isiGreki isazi sefilosofi wafundisa lokho Lapho kwakuyi cha umehluko phakathi ukuphila nokufa. "Pho, kungani ungafi?" "Ngoba," kuphendula uThales, "akwenzi mehluko."

33-6 : "Impela, impela, Mina yithi ku- wena, Uma a indoda gcina yami ukusho (hlala ngokunganqamuki ku i uKristu Ukuqonda), yena kufanele

ISAHLUKO: 34

Ukwenziwa kube yinto ebonakalayo A Isigodlo Ku- I Izintaba zaseHimalaya

"Umhlangano wokuqala kaBabaji noLahiri Mahasaya uyindaba ethokozisayo, futhi ungomunye wabambalwa abasinika umbono oningiliziwe ngalo mfundisi ongenakufa."

La mazwi ayeyisandulela sikaSwami Kebalananda sendaba emangalisayo. Ngesikhathi eqala ukuyilandisa ngangijabule kakhulu. Ngezinye izikhathi eziningi ngancenga umfundisi wami omnene waseSanskrit ukuba aphinde indaba, kamuva eyatshelwa mina ngamazwi afanayo nguSri Yukteswar. Bobabili laba bafundi bakaLahiri Mahasaya babeyizwile indaba emangalisayo isuka emlonyeni womfundisi wabo.

"Umhlangano wami wokuqala noBabaji wenzeka ngonyaka wami wamashumi amathathu nantathu," kusho uLahiri Mahasaya. "Ekwindla ka-1861 ngangisebenza eDanapur njengomgcini zimali kahulumeni eMnyangweni Wobunjiniyela Bezempi. Ngolunye usuku ekuseni umphathi wehhovisi wangibiza.

"Lahiri,' esho, 'kusanda kufika ithelegramu evela ehhovisi lethu eliyinhloko. Uzothunyelwa eRanikhet, lapho ibutho lithole khona irekhodi **lama-34-1**. manje sekusungulwa.'

"Nginesisebenzi esisodwa, ngahamba uhambo lwamamayela angu-500. Sihamba ngenqola yamahhashi, safika ezinsukwini ezingamashumi amathathu endaweni yaseHimalaya iRanikhet. **34-2**

"Imisebenzi yami yasehhovisi yayingenzima; ngakwazi ukuchitha amahora amaningi ngizulazula emagqumeni amahle. Kwafika amahemuhemu okuthi abangcwele abakhulu babusisa lesi sifunda ngokuba khona kwabo; ngaba nesifiso esinamandla sokubabona. Ngesikhathi sokuxokozela ngelinye ilanga ntambama, ngamangala

ukuzwa izwi elikude libiza igama lami. Ngaqhubeka nokukhuphuka kwami okunamandla eNtabeni iDrongiri. Ukukhathazeka okuncane kwangithinta lapho ngicabanga ukuthi kungenzeka ngingakwazi ukuhlehla izinyathelo zami ngaphambi kokuba ubumnyama bufike phezu kwehlathi.

"Ekugcineni ngafika endaweni encane evulekile eyayinemihume emaceleni ayo. Kwenye yezindawo ezinamadwala kwakumi insizwa emomothekayo, yelula isandla sayo yayamukela. Ngaphawula ngokumangala ukuthi, ngaphandle kwezinwele zayo ezinombala wethusi, yayifana kakhulu nami."

"Lahiri, wena babe woza!' I ongcwele kuqondiswe mina ngothando ku IsiHindi. 'Ukuphumula' lapha ku lokhu umhume. It

kwakuyi Mina I-WHO kubizwe wena.'

"Mina kungeniwe a kucocekile okuncane umhume okuyinto okuqukethwe eziningana uboya bezimvu izingubo zokulala futhi a ezimbalwa *kamandulus* (ukucela izitsha).

"Lahiri, yenza wena khumbula lokho isihlalo?' I i-yogi okukhonjiwe ku- a okugoqiwe ingubo ku eyodwa ekhoneni.

"'Cha, mnumzane.' Ngididekile kancane ngokuxaka kohambo lwami, nganezela, 'Kumelwe ngihambe manje, ngaphambi kokuba kuhlwe. Nginomsebenzi ekuseni ehhovisi lami.'

"Lo santa oyimfihlakalo waphendula ngesiNgisi, 'Ihhovisi lilethwe ngenxa yakho, hhayi wena ngenxa yehhovisi.'

"Ngamangala ukuthi lo mfokazi wehlathi akufanele akhulume isiNgisi kuphela kodwa futhi kufanele achaze amazwi kaKristu. **34-3**

"'Ngiyabona ukuthi i-telegram yami iyasebenza.' Amazwi e-yogi ayengaqondakali kimi; ngambuza ukuthi usho ukuthini.

"'Mina bhekisa ku- i itelegramu lokho kubizwe wena ku- lokhu okuhlukanisiwe izingxenye. It kwakuyi Mina I-WHO wasikisela buthule engqondweni yesikhulu sakho esiphezulu ukuthi udluliselwe eRanikhet. Uma umuntu ezwa ubunye bakhe nesintu, zonke izingqondo ziba iziteshi zokudlulisa angasebenza ngazo 'Uzokwenza.' Wanezela ngobumnene, 'Lahiri, ngokuqinisekile lo mhume ubonakala ujoyikelele kuwe?'

"Njengoba ngangithule ngididekile, ungcewele wasondela wangishaya kancane entanyeni." ebunzini. Ngokuthinta kwakhe okunamandla, umsinga omangalisayo wadlula ebuchosheni bami, ukhulula izinkumbulo ezimnandi zempilo yami yangaphambilini.

"'Ngiyakhumbula!' Izwi lami laligcewele ukukhala kwenjabulo. 'Ungumfundisi wami uBabaji, obelokhu engowami! Izithombe zesikhathi esidlule zivela ngokucacile engqondweni yami; lapha kulo mhume ngachitha iminyaka eminingi yokuzalwa kwami kokugcina!' Njengoba izinkumbulo ezingachazeki zingigubuzela, nganga izinyawo zenkosi yami ngezinyembezi.

"'Sekuphele iminyaka engaphezu kwamashumi amathathu ngikulindile lapha— ngikulindile ukuthi ubuye kimi!' Izwi likaBabaji lalizwakala ngothando lwasezulwini. 'Wasuka wanyamalala emagagasini anamandla e- ukuphila ngale kokufa. Induku yomlingo ye-karma yakho ikuthinte, futhi wawusuhambile! Nakuba ungilahlekele, angikaze ngikulahlekele! Ngakuxosha phezu kolwandle olukhanyayo lwezinkanyezi

lapho izingelosi ezikhazimulayo zihamba khona. Phakathi kobumnyama, isiphepho, ukuphazamiseka, nokukhanya ngakulandela, njengenyoni kamama eqapha amaphuphu ayo. Njengoba uphila isikhathi sakho sobuntu sokuphila kwesibeletho, futhi waphuma ungumntwana, Iso lami lalilokhu likubhekile. Lapho umboza isimo sakho esincane ngesimo se-lotus ngaphansi kwesihlabathi sikaNadia ebuntwaneni bakho, ngangikhona ngokungabonakali! Ngesineke, inyanga nenyanga, unyaka nonyaka, bengikubhekile, ngilinde lolu suku oluphelele. Manje usunami! Bheka, nansi umhume wakho, othandekayo wesikhathi eside! Ngiwugcine uhlanzekile futhi ukulungele. Nansi *i-asana yakho engcwele* - ingubo, lapho wawuhlala khona nsuku zonke ukuze ugcwalise inhliziyo yakho ekhulayo ngoNkulunkulu! Bheka nansi isitsha sakho, lapho Uvame ukuphuza umpe olungiselelwe yimi! Bheka ukuthi ngigcine kanjani indebe yethusi icwebezeliwe,

lokho wena kungenzeka isiphuzo futhi kusukela lapho! Okwami eyakho, yenza wena manje Uyaqonda?'

"Mfundisi wami, ngingathini?' Ngabubula ngokudabukisayo. 'Ukhona umuntu owake wezwa ngothando olunjalo olungenakufa?' Ngabuka isikhathi eside futhi ngenjabulo engcebweni yami yaphakade, umfundisi wami empilweni nasekufeni.

"Lahiri, udinga ukuhlanzwa. Phuza amafutha akulesi sitsha bese ulala phansi ngasemfuleni.' Ukuhlakanipha okusebenzayo kukaBabaji, ngakubonakalisa ngokumomotheka okusheshayo nokukhumbuzayo, kwakuvelele njalo.

"Ngalalela iziqondiso zakhe. Nakuba ubusuku obubandayo baseHimalaya babuhla, ukufudumala okududuzayo, imisebe yangaphakathi, kwaqala ukushaya kuwo wonke amaseli omzimba wami. Ngamangala. Ingabe uwoyela ongaziwa wawugcwele ukushisa kwendawo yonke?

"Imimoya ebabayo yayingizungezile ebumnyameni, ikhala inselelo enkulu. Amagagasi abandayo oMfula iGogash ayes haya umzimba wami ngezikhathi ezithile, elulekele ogwini olunamadwala. Amahlosi ayekhala eduze, kodwa inhliziyo yami yayingenalo uvalo; amandla akhanyayo asanda kwakheka ngaphakathi kimi anikeza isiqinisekiso sokuvikelwa okungenakuphikiswa. Amahora amaningana adlula ngokushesha; izinkumbulo zanyamalala kokuphila okunye bazihlanganisa nephethini yamanje ekhazimulayo yokuhlangana kabusha nomfundisi wami ongwele.

"Imicabango yami yodwa yaphazanyiswa umsindo wezinyathelo ezisondelayo. Ebumnyameni, isandla sendoda sangisiza kancane ukuba ngisukume, sanginika izingubo ezomile."

"Woza, mfowethu,' yami umngane kusho. 'I-' inkosi kulindelekile wena.'

"Wahola indlela ehlathini. Ubusuku obumnyama bavele bakhanyiswa ukukhanya okuhlala njalo kude."

"Ingabe lokho yiba i ukuphuma kwelanga?' Mina kubuza. 'Impela i konke ubusuku ine hhayi kudlulile?'

"Thora liphakathi kwamabili.' Umqondisi wami wahleka kancane. 'Ukukhanya okuphambanayo kukhanya kwesigodlo segolide, esivezwe lapha namuhla nguBabaji ongenakuqhathaniswa. Esikhathini esidlule esimnyama, wake waveza isifiso sokujabulela ubuhle besigodlo. Inkosi yethu manje iyanelisa isifiso sakho, ngaleyo ndlela ikukhulule ezibophweni ze-karma.' **34-4** Wanezela, 'Isigodlo esihle kakhulu sizoba yindawo yokuqalwa kwakho kulobubusuku *eKriya Yoga* . Bonke abafowenu lapha bahlanganyela emcimbini wokwamukela, bejabula ekupheleni kokudingiswa kwakho isikhathi eside. Bheka!'

"Isigodlo esikhulu segolide elikhazimulayo sasimi phambi kwethu. Sigcwele amagugu angenakubalwa, futhi sibekwe phakathi kwezingadi ezihlotshiswe kahle, sasiveza umbukiso wobukhulu obungenakuqhathaniswa. Abangcwele abanobuso bezingelosi babemi ngasemasangweni akhazimulayo, bebomvu kancane ngenxa yokukhazimula kwamarubi."

Amadayimane, amaparele, amasafire, nama-emerald amakhulu kakhulu futhi acwebezelayo ayefakwe emaceleni okuhlobisa.

"Ngalandela umngane wami saya ehholo elikhulu lokwamukela izivakashi. Iphunga lempepho nelama-rose laliphuma emoyeni; izibani ezimnyama zazikhanyisa ukukhanya okunemibala eminingi. Amaqembu amancane abantu abazinikele, abanye abamhlophe, abanye abanesikhumba esimnyama, ababehlabelela ngomculo, noma behleli esimweni sokuzindla, begcwele ukuthula kwangaphakathi. Injabulo evuthayo yayigcwele umoya."

"Dlala amehlo akho; jabulela ubuhle bobuciko balesi sigodlo, ngoba senzelwe wena kuphela.' Umqondisi wami wamomotheka ngozwela njengoba ngangikhipha ama-ejaculation ambalwa okumangala .

"Mfowethu,' ngisho, 'ubuhle balesi sakhiwo budlula imingcele yemicabango yabantu. Ngicela ungitshele imfihlakalo yemvelaphi yaso.'

"Ngizokujabulela ukukukhanyisela.' Amehlo amnyama omngane wami akhazimula ngokuhlakanipha. 'Eqinisweni akukho lutho olungachazeki ngalokhu kwakheka komzimba. Yonke indawo yonke ingumcabango oguqulwe waba ngokoqobo. uMdali. Leli gaba elisindayo, lasemhlabeni, elintanta emkhathini, liyiphupho likaNkulunkulu. Wenza zonke izinto ngokuqonda Kwakhe, njengoba nje umuntu ekwazini kwakhe ephupha ezala futhi ephilisa indalo nezidalwa zayo.

"UNkulunkulu waqala wadala umhlaba njengombono. Wabe esewuvuselela; ama-athomu amandla aba khona. Wahlanganisa ama-athomu kule ndima eqinile. Wonke ama-molecule awo ahlanganiswa ndawonye ngentando kaNkulunkulu. Lapho ehoxisa intando Yakhe, umhlaba uzophinde uqhekeke ube amandla. Amandla azoncibilika ekuqondeni; umbono womhlaba uzonyamalala ekubeni nengqondo evulekile.

"Ingqikithi yephupho igcinwa ekugcwalisekeni komcabango ongaphansi kokuqonda komphuphi. Lapho lowo mcabango ohlangene uhoxiswa ekuvukeni, iphupho nezinto zalo ziyancibilika. Umuntu uvala amehlo akhe bese akha iphupho elidala, lapho evuka, alikhumule kalula. Ulandela iphethini yaphezulu. Ngokufanayo, lapho evuka ekwazini kwendawo yonke, uzokhumule kalula imibono yephupho yendawo yonke.

"Njengoba emunye neNtando engenamkhawulo efeza konke, uBabaji angabiza ama-athomu ayisisekelo ukuthi ahlangane futhi azibonakalise nganoma yiluphi uhlobo. Lesi sigodlo segolide, esadalwa ngokushesha, singokoqobo, njengoba nje lomhlaba ungokoqobo. UBabaji wadala lesi sakhiwo esikhulu engqondweni yakhe futhi ubamba ama-athomu aso ndawonye ngamandla entando yakhe, njengoba nje uNkulunkulu adala lo mhlaba futhi ewugcina uphelele." Wanezela, "Lapho lesi sakhiwo sesifeze injongo yaso, uBabaji uzosisusa."

"Njengoba ngangithule ngimangele, umqondisi wami wenza isenzo esikhulu. 'Lesi sigodlo esikhazimulayo, esihlotshiswe kahle ngamatshe ayigugu, asizange sakhiwe ngomzamo womuntu noma ngegolide namagugu ambiwe kanzima. Simi siqinile, inselele enkulu kumuntu. **34-5** Noma ubani oziqaphela njengendodana kaNkulunkulu, njengoba uBabaji enzile, angafinyelela noma yimuphi umgomo ngamandla angenamkhawulo afihliwe ngaphakathi kuye. Itshe elivamile livala ngaphakathi kwalo imfihlo yamandla amakhulu e-athomu; **34-6** noma kunjalo, umuntu ofayo useyindlu yamandla yobunkulunkulu.

"Isihlakaniphi sathatha ivazi elihle etafuleni eliseduze elalinomphini walo

owawukhanya ngamadayimane. 'Ingcweti yethu enkulu yadala lesi sigodlo ngokuqinisa imisebe eminingi ye-cosmic yamahhala,' eqhubeka. 'Thinta lesi vazi namadayimane aso; azokwanelisa zonke izivivinyo zokuhlangenwe nakho kwezinzwa.'

"Mina kuhlolwe i isitsha, futhi kudlulile yami isandla sekuphelile i bushelelezi izindonga zamakamelo, ukujiya nge igolide elikhazimulayo. Ubucwebe ngabunye obabusakazeke ngobuningi babufanele ukuqoqwa yinkosi. ukwaneliseka kwasakazeka engqondweni yami. Isifiso esijulile, esifihliwe engqondweni yami engaphansi kokuqonda empilweni

manje uhambe, kwabonakala ngasikhathi sinye wanelisekile futhi kucinyiwe.

"Umngane wami ohloniphekile wangihola ngama-arches nama-passenger ahlotshisiwe wangiya ochungechungeni lwamakamelo ihlotshiswe kahle ngesitayela sesigodlo sombusi. Sangena ehholo elikhulu. Phakathi nendawo kwakumi isihlalo sobukhosi segolide, sihlotshe ngamatshe ayigugu aveza imibala egqamile. Lapho, ngesimo se-lotus, kwakuhleli uBabaji ophakeme. Ngaguqa phansi ngicwebezela ezinyaweni zakhe.

"Lahiri, usazitika ngezifiso zakho zamaphupho ngesigodlo segolide?' Amehlo kamfundisi wami ayekhanya njenge yakhe eyakho amasafire. 'Vuka!' Konke yakho emhlabeni ukoma kukhona mayelana ku- yiba kucinywe kuze kube phakade.' Wabubula amazwi athile ayimfihlakalo esibusiso. 'Ndodana yami, vuka. Yamukela ukungeniswa kwakho embusweni kaNkulunkulu nge -*Kriya Yoga* .'

"UBabaji welula isandla sakhe; kwavela umlilo *we-homa* (womhlathelo), uzungezwe izithelo nezimbali. Ngathola indlela ye-yoga ekhululayo phambi kwaleli altare elivuthayo."

zobuciko eziyigugu nxazonke ."

Ngehla ngaya ezingadini ezinhle, ngaphawula, eduze, imihume efanayo kanye nezintaba ezingenalutho ezazingaziqhenyi ngazo izolo eduze kwesigodlo noma ithala elinezimbali.

"Ngingena kabusha esigodlweni, ngikhanya ngendlela emangalisayo elangeni elibandayo laseHimalaya, ngafuna ukuba khona kwenkosi yami. Yayisahlezi esihlalweni sobukhosi, izungezwe abafundi abaningi abathule."

"Lahiri, wena kukhona ulambile.' I-Babaji wanezela, 'Vala yakho amehlo.'

"Ngesikhathi ngivula kabusha, isigodlo esimangalisayo kanye nezingadi zaso ezinhle kwase kunyamalele. Umzimba wami kanye nezinhlobo zeBabaji kanye neqembu lama-chela konke kwase kuhleli phansi kungenalutho." endaweni efanele lapho kwakukhona khona isigodlo esasinyamalele, budebduze neminyango yemihume enamadwala ekhanyiswe yilanga. Ngakhumbula ukuthi umqondisi wami wayephawulile ukuthi isigodlo sizoguqulwa sibe yinyama, ama-athomu athunjiwe akhululwa emcabangweni lapho avela khona. Nakuba ngimangele, ngabheka umfundisi wami ngokuthembela. Ngangingazi ukuthi ngizolindelani ngokulandelayo ngalolu suku lwezimangaliso.

"Inhloso yokwakhiwa kwesigodlo isifeziwe manje,' kuchaza uBabaji. Waphakamisa isitsha sobumba phansi. 'Beka isandla sakho lapho bese uthola noma yikuphi ukudla okufisayo.'

"Lapho nje ngithinta isitsha esibanzi nesingenalutho, sagcwala ama- *luchi ashisayo*

athosiwe ngebhotela , i-curry, kanye nenyama emnandi engavamile. Ngazisiza, ngibona ukuthi isitsha sasigcwele njalo. Ekupheleni kokudla kwami ngabheka nxazonke ngifuna amanzi. Isazi sami sakhomba isitsha esiphambi kwami. Bheka! ukudla kwakune-" yanyamalala; esikhundleni sayo kwakukhona amanzi, ecwebezela njengokungathi avela emfuleni wentaba.

"Bambalwa abantu abaziyo ukuthi umbuso kaNkulunkulu uhlanganisa umbuso wokugcwaliseka kwezinto ezivamile,' kusho uBabaji. 'Umbuso waphezulu ufinyelela emhlabeni, kodwa owesibili, njengoba uyinto ekhohlisayo, awukwazi ukufaka umongo weqiniso.'

"Sithandwa uchwepheshe, okokugcina ubusuku wena kubonisiwe ngoba mina i isixhumanisi kwe ubuhle ku izulu futhi umhlaba!' Mina

wamomotheka ngezinkumbulo zesigodlo esanyamalala; ngokuqinisekile akekho umuntu we-yogi ovamile owake wathola ithuba lokungena ezimfihlakalo zoMoya ezimangalisayo phakathi kwezindawo ezizungezile zokunethezeka okumangalisayo! Ngabuka ngokuthula ngomehluko omkhulu wesimo samanje. Umhlabathi omubi, uphahla oluphezulu, imihume enikeza indawo yokukhosela yasendulo - konke kwakubonakala kuyindawo yemvelo enhle yabangcwele bamaserafi abangizungezile.

"Ngahlala ngalelo ntambama engutsheni yami, ngigcotshwe yizinhlanganisela zokuqaphela impilo yangaphambilini. Isazi sami saphezulu sasondela sangidlulisela isandla saso ekhanda. Ngangena esimweni se *-nirbikalpa samadhi*, ngahlala ngingenasiphazamiso enjabulweni yaso izinsuku eziyisikhombisa. Ngiwela isigaba esilandelayo sokuzazi, Ngangena ezindaweni ezingenakufa zangempela. Yonke imikhawulo yokukhohlisa yaphela; umphefumulo wami wawusuzinzile ngokuphelele e-altare laphakade loMoya Wendawo Yonke. Ngosuku lwesishiyagalombili ngawa ezinyaweni zomfundisi wami ngamncenga ukuba angigcine ngiseduze naye njalo kuleli hlane elingcwele.

"Ndodana yami,' kusho uBabaji, engigona, 'indima yakho kulo mzimba kumele idlalwe esiteji sangaphandle. Njengoba ubusiswe ngaphambi kokuzalwa yizimpilo eziningi zokuzindla wedwa, manje kufanele uhlangane nezwe labantu .

"Inhloso ejulile igcizelela iqiniso lokuthi awuzange uhlangane nami kulokhu kwaze kwaba yilapho usuvele uyindoda eshadile, unemithwalo yemfanelo yebhizinisi encane. Kumelwe ubeke eceleni imicabango yakho yokujoyina iqembu lethu eliyimfihlo eHimalaya; impilo yakho ilele ezindaweni ezinabantu abaningi, okusebenza njengesibonelo somninikhaya we-yogi ofanele."

"Ukukhala kwamadoda nabesifazane abaningi bezwe abadidekile akukaze kuzwakale ezindlebeni zabaKhulu," eqhubeka. "Nikhethiwe ukuletha induduzo engokomoya nge- *Kriya Yoga* kubantu abaningi abafuna ngobuqotho. Izigidi ezikhungethwe yizibopho zomndeni nemisebenzi enzima yezwe zizothatha isibindi esisha kuwe, umninikhaya onjengabo. Kumelwe ubaqondise ukuze babone ukuthi ukufinyelela okuphezulu kwe-yogic akuvinjelwe kumyeni womndeni. Ngisho nasemhlabeni, i-yogi egcwalisa imithwalo yayo yemfanelo ngokwethembeka, ngaphandle kwesisusa noma ukunamathela komuntu siqu, inyathela indlela eqinisekile yokukhanyiselwa."

"Asikho isidingo esikuphoqayo ukuba ushiye izwe, ngoba ngaphakathi usuvele uhlukanise zonke izibopho zalo ze-karmic. Akuyona eyaleli zwe, kumelwe ube kulo. Kusasele iminyaka eminingi lapho kufanele ufeze khona imisebenzi yakho yomndeni, yebhizinisi, yomphakathi, nengokomoya ngobuqotho. Umoya omusha omnandi wethemba laphezulu uzongena ezinhliziyweni zabantu bomhlaba. Kusukela empilweni yakho elinganiselayo, bazoqonda ukuthi inkululeko incike ekuzilahleni kwangaphakathi, hhayi kwangaphandle."

"Yeka ukuthi umndeni wami, ihhovisi, umhlaba wawubonakala ukude kangakanani, njengoba ngangilalele umfundisi wami ezindaweni eziphakeme zaseHimalaya. Kodwa iqiniso eliqinile lalizwakala emazwini akhe; ngavuma ngokuzithoba ukushiya lesi siphephelo sokuthula esibusisiwe. UBabaji wangifundisa imithetho yasendulo eqinile elawula ukudluliselwa kobuciko be-yoga kusuka kumfundisi kuya kumfundisi."

"Nika ukhiye *weKriya* kuphela kuma-chela afanelekayo,' kusho uBabaji. 'Lowo ofunga ukudela konke ekufuneni kwe i Okungcwele kuyinto lingana ku- vula i okokugcina izimfihlakalo kwe impilo ngokusebenzisa i isayensi kwe ukuzindla.'

"Isazi sezingelosi, njengoba usuvele uthande isintu ngokuvusa ubuciko *beKriya obulahlekile* , ngeke yini wandise leyo nzuzo ngokukhulula izimfuneko eziqinile zokuba umfundi?' Ngabuka.

ngokuncenga kuBabaji. 'Ngithandaza ukuthi ungivumele ngidlulisele *iKriya* kubo bonke abafunayo, yize ekuqaleni bengenakuzibophezela ekuzilahleni ngokuphelele ngaphakathi. Amadoda nabesifazane abahlukunyezwayo emhlabeni, belandelwa ukuhlupheka okuphindwe kathathu, **34-7** badinga isikhuthazo esikhethekile. Bangase bangalokothi bazame indlela eya enkululekweni uma ukuqaliswa *kwamaKriya* kungavinjelwa kubo.

"Makube njalo. Isifiso saphezulu sivezwe ngawe.' Ngala mazwi alula, umfundisi onesihawu waxosha izivikelo eziqinile ezazifihle *iKriya* emhlabeni isikhathi eside. 'Nikeza *iKriya* mahhala kubo bonke abacela usizo ngokuthobeka.'

Ngemva kokuthula, uBabaji wanezela, 'Phinda kubafundi bakho ngamunye lesi" sithembiso esikhulu esivela ku- *Bhagavad Gita: "Swalpamasya Dharmasya, Trayata Mahato Bhoyat"* - "Ngisho nokuncane komkhuba wale nkolo kuzokusindisa ekwesabeni okukhulu nasekuhluphekeni okukhulu." **34-8**

"Njengoba ngaguqa ngakusasa ezinyaweni zomfundisi wami ukuze ngithole isibusiso sakhe sokuvalalisa, wezwa ukungathandi kwami okujulile ukumshiya."

"Akukho ukuhlukana kithi, mntanami othandekayo.' Wangithinta ehlo mbe ngothando. 'Noma ngabe ukuphi, noma nini lapho ungibiza, ngizoba nawe ngaso lesi sikhathi.'

"Ngiduduzwe yisithembiso sakhe esimangalisayo, futhi ngicebile ngegolide elisha lokuhlakanipha kukaNkulunkulu, ngehla ngentaba. Ehhovisi ngamukelwa ozakwethu engisebenza nabo, ababecabanga ukuthi ngilahlekile emahlathini aseHimalaya izinsuku eziyishumi. Incwadi yafika ngokushesha ivela ehhovisi elikhulu .

"ULahiri kufanele abuyele eDanapur **34-9** 'Ukudluliselwa kwakhe eRanikhet kwenzeke ngephutha. Bekufanele ngabe kuthunyelwe omunye umuntu ukuzothatha imisebenzi yaseRanikhet.'

"Ngamomotheka, ngicabanga ngemifudlana efihliwe ezenzakalweni ezingaholela kule ndawo ekude kakhulu neNdiya."

"Ngaphambi kokubuyela eDanapur, ngachitha izinsuku ezimbalwa nomndeni waseBengali eMoradabad. Iqembu labangane abayisithupha lahlalanga ukuzongibingelela. Njengoba ngangiphendula ingxoxo yaba yizindaba ezingokomoya, umninikhaya wami waphawula ngokudabuka:

"O, ku lokhu izinsuku I-India kuyinto abaswele kwe bangcwele!"

"Babu,' Mina babhikisha ngokufudumele, 'ka inkambo Lapho kukhona namanje kuhle

kakhulu amakhosi ku lokhu izwe!'

"Ngisesimweni sokuzimisela okukhulu, ngazizwa ngishukumiseleka ukulandisa okuhlangenwe nakho kwami okumangalisayo eHimalaya. Iqembu elincane lalingakholwa ngenhlonipho."

"'Lahiri,' kusho indoda ethile ngokududuza, 'ingqondo yakho ibilokhu icindezelekile kulezo zintaba ezingavamile. Leli yiphupho lasemini olilandisile.'

"Ukushisa" nge i intshiseko kwe iqiniso, Mina wakhuluma ngaphandle kufanele umcabango. 'Uma Mina shayela yena, yami uchwepheshe intando

kuvela kwesokudla ku lokhu indlu.'

"Isithakazelo sasikhanya emehlweni wonke; akumangalisi ukuthi iqembu lalilangazelela ukubona ungwele eggoke umzimba ngendlela engavamile kangaka. Ngingathandi, ngacela ikamelo elithule kanye nezingubo ezimbili ezintsha zoboya."

"'Inkosi izovela e-ether,' ngathi. 'Hlala uthule ngaphandle komnyango; ngizokubiza maduze.'"

"Ngacwila esimweni sokuzindla, ngabiza umfundisi wami ngokuthobeka. Igumbi elimnyama ngokushesha lagcwala ukukhanya kwenyanga okufiphele; kwavela isithombe esikhanyayo sikaBabaji."

"'Lahiri, ungibizela into encane?' Inkosi yabheka ngeso elibukhali. 'Iqiniso lingelabo abafuna ngobuqotho, hhayi labo abanesifiso sokufuna ukwazi. Kulula ukukholwa uma umuntu ebona; akukho lutho olungaphikwa.'
Iqiniso lezinto ezingokwemvelo liyafaneleka futhi litholwe yilabo abangoba ukungabaza kwabo kwemvelo kwezinto ezibonakalayo.' Wanezela ngokujulile, 'Ngiyekeneni ngihambe!'

"Ngawa phansi ngokuncenga ezinyaweni zakhe. 'Nkosi engcwele, ngiyaqaphela iphutha lami elikhulu; ngicela uxolo ngokuthobeka. Kwakuwukudala ukholo kulezi zingqondo eziphuphuthekile ngokomoya okwenza ngazama ukukubiza. Ngenxa yokuthi uvele ngomusa emthandazweni wami, ngicela ungahambi ungangibusisanga abangane bami. Nakuba bengakholwa, okungenani babezimisele ukuphenya iqiniso lamazwi ami angajwayelekile."

"'Kulungile; ngizohlala isikhashana. Angifisi ukuthi izwi lakho lihlanjalazwe phambi kwabangane bakho.' Ubuso bukaBabaji base buthambile, kodwa wanezela ngobumnene, 'Kusukela manje, ndodana yami, ngizofika uma ungidinga, hhayi njalo uma ungibiza. **34-10**'"

"Ukuthula okukhulu kwabusa eqenjini elincane lapho ngivula umnyango. Njengokungathi abazethembi izinzwa zabo, abangani bami babuka lesi sithombe esikhazimulayo esihlalweni sengubo."

"'Lokhu kuwukugqilaza kwabantu abaningi!' Indoda ethile yahleka ngokusobala. 'Akekho owayengangena kuleli gumbi ngaphandle kwethu!'

"UBabaji wasondela emomotheka futhi wabonisa ngamunye wabo ukuthi athinte inyama efudumele neqinile yomzimba wakhe. Njengoba ukungabaza sekuphelile, abangani bami bakhothama phansi bephenduka ngokwesaba."

"'Let *halua* **34-11.html** lungelani.' UBabaji wenza lesi sicelo, ngangazi, ukuqinisekisa

iqembu iqiniso lakhe elingokwenyama. Ngesikhathi iphalishi libila, umfundisi ongcwele waxoxa ngomusa. Kwakukuhle ukuguqulwa kwala maThomas angabazayo abe yiSt. Pauls azinikele. Ngemva kokudla, uBabaji wasibusisa ngamunye wethu ngokulandelana. Kwaba nokukhanya okungazelelwe; sabona ukususwa kwamakhemikhali ngokushesha kwezinto zikagesi zomzimba kaBabaji kwaba ukukhanya okusabalalayo komhwamuko. Amandla entando kaNkulunkulu enkosi ayekhulule ukubamba kwawo ama-athomu e-ether ahlanganiswe ndawonye njengomzimba wakhe; ngokushesha izinhansi ezincane ze-lifetronic zanyamalala zangena echibini elingenamkhawulo.

"Nge yami eyakho amehlo Mina babe kubonwe i umnqobi kwe ukufa.' uMaitra, **34-12** eyodwa kwe i iqembu, wakhuluma

ngenhlonipho. Ubuso bakhe baguqulwa ngenjabulo yokuvuka kwakhe kwakamuva. 'Isazi esiphezulu sidlale ngesikhathi nendawo, njengengane idlala ngamabhamuza. Ngibone eyodwa ephethe izihluthulelo zezulu nomhlaba.'

"Ngabuyela eDanapur ngokushesha. Ngigxilile eMoyeni, ngaphinde ngathatha imisebenzi eminingi kanye nezibopho zomndeni zomninikhaya."

ULahiri Mahasaya uphinde walandisa ngoSwami Kebalananda noSri Yukteswar indaba yomunye umhlangano noBabaji, ngaphansi kwezimo ezakhumbuza isithembiso salo mfundisi: "Ngizofika noma nini lapho ungidinga."

"Indawo yayiyiKumbha *Mela* e-Allahabad," kusho uLahiri Mahasaya kubafundi bakhe. "Ngangiye lapho ngesikhathi seholidi elifushane ngivela emisebenzini yami yasehhovisi. Njengoba ngangizulazula phakathi kwesixuku sezindela." kanye nama-sadhus ayevela kude ukuzothamela umkhosi ongcwele, ngabona umuntu ozidelayo owayegcotshwe ngomlotha owayephethe isitsha sokucela. Kwafika umcabango engqondweni yami wokuthi le ndoda yayizenzisa, ukugqoka i ngaphandle izimpawu kwe ukuhoxa ngaphandle a okuhambisanayo ngaphakathi umusa.

"Ngingadlulanga nje ekuzijabuliseni, iso lami elimangele laqonda kuBabaji. Wayeguqe phambi kwe-anchorite enezinwele ezimfushane."

"'Guruji!' Mina kusheshisiwe ku- yakhe uhlangothi. 'Mnumzane, ini kukhona wena ukwenza lapha?'

"'Ngigeza izinyawo zalo muntu ohlubukile, bese ngihlanza izitsha zakhe zokupheka.' Babaji wangimoyizela njengomntwana omncane; ngangazi ukuthi wayesho ukuthi akafuni ngigxeke muntu, kodwa ukuthi ngibone iNkosi ihlala ngokulinganayo kuwo wonke amathempeli omzimba, kungakhathaliseki ukuthi angabantu abaphakeme noma abaphansi. Isazi esikhulu sanezela, 'Ngokukhonza ama-sadhus ahlakaniphile nangenalwazi, ngifunda izimfanelo ezinhle kakhulu, ezijabulisa uNkulunkulu ngaphezu kwabo bonke abanye—ukuthobeka.'"

34-1 : Manje a ezempi isibhedlela. Ngu- 1861 i IsiBrithani Uhulumeni wayenayo kakade kusungulwe ngokuqinisekile ukuxhumana ngocingo .

34-2 : Ranikhet, ku i I-Almora isifunda kwe I-United Izifundazwe, kuyinto endaweni ku- i unyawo kwe UNanda UDevi, i okuphezulu kakhulu Isiqongo saseHimalaya (25,661 feet) eBritish India.

34-3 : "I- isabatha kwakuyi kwenziwe ngoba indoda, futhi hhayi indoda ngoba i isabatha."- *Mark* 2:27.

34-4 : I i-karmic umthetho kudinga lokho njalo umuntu isifiso thola ultimate ukugcwaliseka. Isifiso kuyinto ngakho-ke i uchungechunge okuyinto ukubopha umuntu esondweni lokuphindukuzalwa.

34-5 :

Ini kuyinto a isimangaliso? - 'Yini'
a isihlamba, 'This i okungabonakali
".ihlaya kuvuliwe isintu

34-6 : I inkolelo-mbono kwe i i-athomu isakhiwo kwe indaba kwakuyi kuchaziwe ku i yasendulo IsiNdiya *I-Vaisesika* futhi *I-Nyaya* izincwadi zokubhala. "Lapho kukhona enkulu imihlaba konke kubekwe kude ngaphakathi i imigoqo kwe ngayinye i-athomu, eziningi njengoba i ama-motes ku a imisebe yelanga." - *I-Yoga Vasishtha*.

34-7 : Ezomzimba, ngokwengqondo, futhi ngokomoya ukuhlupheka; kubonakaliswe, ngokulandelana, ku isifo, ku kwengqondo ukuntuleka noma "ama-complexes," futhi ngokungazi komphefumulo.

34-8 : Isahluko II:40.

34-9 : A idolobha eduze IBenares.

34-10 : Ku- i indlela ku- i Okungenamkhawulo, ngisho kukhanyisiwe amakhosi njenge IsiLahiri IsiMahasaya kungenzeka ukuhlupheka kusukela i okweqile kwe intshiseko, futhi yiba ngaphansi ku- isiyalo. Ku- i *IBhagavad UGita* , thina funda eziningi izindima kuphi i uNkulunkulu uchwepheshe UKrishna inikeza isijeziso ku-Arjuna, isikhulu sabazinikele.

34-11 : A iphalishi kwenziwe kwe ukhilimu kwe ukolweni okuthosiwe ku ibhotela, futhi abilisiwe nge ubisi.

34-12 Indoda, uMaitra, uLahiri Mahasaya abhekisela kuyo lapha, kamuva yathuthuka kakhulu ekuziqapheleni. Mina wahlangana I-Maitra maduze ngemva yami ukuphuthula kusukela phezulu isikole; yena ukuvakashelwa i I-Mahamandal indawo yokuhlala ku Benares ngesikhathi ngiseyisakhamuzi. Wangitshela ngaleso sikhathi ngokuzibonakalisa kukaBabaji phambi kweqembu eMoradabad. "Ngenxa yesimangaliso," kusho uMaitra kimi, "ngaba ngumfundi kaLahiri Mahasaya impilo yami yonke."

ISAHLUKO: 35

I NjengoKristu Impilo Of IsiLahiri IsiMahasaya

"Kufanele kanjalo ukugcwalisa ukulunga konke." **35-1** Ngala mazwi kuJohane uMbhapathizi, nangokucela uJohane ukuba ambhapathize, uJesu wayeqaphela amalungelo aphezulu kamfundisi wakhe.

Kusukela ekutadisheni iBhayibheli ngenhlonipho ngokombono waseMpumalanga, **35-2** futhi ngokombono ongokwemvelo, ngiyaqiniseka ukuthi uJohane uMbhapathizi, empilweni yangaphambilini, wayengumholi kaKristu. Kunezindima eziningi eBhayibhelini eziphetha ngokuthi uJohane noJesu ekwakhiweni kwabo kokugcina komzimba, ngokulandelana, kwakungu-Eliya nomfundi wakhe u-Elisha. (Lezi yizipelingi eTestamenteni Elidala. Abahumushi besiGreki bapela amagama ngokuthi u-Elias no-Eliseus; aphinde avele eTestamenteni Elisha ngalezi zindlela ezishintshile.)

Ukuphela kweTestamente Elidala kuyisibikezelo sokuphindukuzalwa kuka-Eliya no-Elisha: "Bhekani, ngiyakunithumelela u-Eliya umprofethi ngaphambi kokufika kosuku olukhulu nolwesabekayo lweNkosi." **35-3** Ngakho-ke uJohane (u-Eliya), owathunywa "ngaphambi kokufika . . . kweNkosi," wazalwa ngaphambidlana

ukukhonza njengommemezeli kaKristu. Ingelosi yabonakala kuZakariya uyise ukuzofakaza ukuthi indodana yakhe ezayo uJohane wayengeke abe omunye ngaphandle kuka-Eliya (u-Eliya).

"Kodwa i ingelosi kusho ku- yena, Ukwesaba hhayi, UZakariya: ngoba yakho umthandazo kuyinto wezwa; futhi yakho unkosikazi u-Elisabeth

kufanele ibhere wena a indodana, futhi wena kufanele shayela yakhe igama UJohane.
.....Futhi eziningi kwe i izingane kwe
u-Israyeli

ingabe uyobuyela eNkosini uNkulunkulu wabo. Futhi iyohamba phambi kwayo **35-**

4 *ngomoya nasemandleni ka-Eliya* , ukuphendulela izinhliziyi zawoyise
kubantwana, nabangalaleli ekuhlakanipheni kwabalungileyo; ukulungisela iNkosi
isizwe esilungisiweyo." **35-5** UJesu waveza u-Eliya (u-Eliya) kabili
ngokungangabazeki njengoJohane: "U-Eliya usefikile, kodwa babengamazi.

.....Abafundi base
bemlandela."

baqonda ukuthi wayekhuluma kubo ngoJohane uMbhapathizi." **35-6** Futhi, uKristu
uthi: "Ngoba bonke abaprofethi nomthetho baprofetha kwaze kwaba nguJohane.

Uma nivuma ukukwamukela, lo ungu-Eliya obezakuza." **35-7** Nini UJohane

kwenqatshwe lokho yena kwakuyi U-Elias (Eliya), **35-8** yena kusho ukuthini lokho ku
i ukuthobeka imvunulo kaJohane akasafiki ekuphakameni kwangaphandle kuka-Eliya
ingcweti enkulu. Ekuziphatheni kwakhe kwasekuqaleni wayenike umfundi wakhe u-
Elisha "ingubo" yenkazimulo yakhe nengcebo yakhe engokomoya. "U-Elisha wathi,
Ngiyakuncenga, makube nesabelo esiphindwe kabili somoya wakho phezu kwami."
Wathi, "Ucele into enzima; nokho, uma ungibona lapho ngisuswa kuwe, kuzakuba
njalo kuwe." wena. . . . Wathatha *ingubo* ka-Eliya eyayiwile kuye. **35-9**

Izindima zaphenduka, ngoba u-Eliya-Johane wayengasadingeki ukuba abe yingcweti
ka-Elisha-uJesu, manje esephelele ekuqaphelisweni kwaphezulu.

Lapho uKristu eguqulwa isimo entabeni **35-10** kwakungumfundisi wakhe u-Eliya,
noMose, owambona. Futhi, ngesikhathi sakhe sokuphela esiphambanweni, uJesu
wamemeza igama likaNkulunkulu: " *Eli, Eli, lama sabakthani?*" okungukuthi,
"Nkulunkulu wami, Nkulunkulu wami, ungishiyeleni na?" Abanye kwababemi lapho,
lapho bezwa lokho, bathi: "Lo muntu ubiza u-Eliya."Ake sibone ukuthi u-
Eliya ungubani .

intando woza ku- londoloza yena." **35- 11**

Isibopho saphakade somfundisi nomfundi esasikhona phakathi kukaJohane noJesu
sasikhona nakuBabaji noLahiri Mahasaya. Ngozwela olumnene, lo mfundisi
ongenakufa wabhukuda emanzini aseLethean ayegeleza phakathi kwezimpilo
ezimbili zokugcina ze-chela yakhe, futhi waqondisa izinyathelo ezilandelanayo
ezathathwa yingane kanye nendoda uLahiri Mahasaya. Kwaze kwaba yilapho
umfundi esefinyelele eminyakeni yakhe engamashumi amathathu nantathu lapho
uBabaji aqaphela khona ukuthi sekuyisikhathi sokuvuselela obala isixhumanisi
esingakaze sihlukaniswe.

Ngemva komhlangano wabo omfushane eduze kwaseRanikhet, inkosi ezinikele
yaxosha umfundi wayo othandekayo eqenjini elincane lezintaba, yamkhulula ukuba
aye emsebenzini wangaphandle. "Ndodana yami, ngizofika noma nini lapho
ungidinga." Yimuphi umuntu othanda ukufa onganikeza lesi sithembiso

esingenamkhawulo?

Nakuba umphakathi uwonke ungazi, ukuvuselelwa okukhulu okungokomoya kwaqala ukugeleza kusuka ekhoneni elikude laseBenares. Njengoba nje iphunga lezimballi lingenakuvinjelwa, kanjalo noLahiri Mahasaya, ehlala buthule njengomninikhaya ofanele, wayengenakukwazi ukufihla inkazimulo yakhe yangaphakathi. Kancane kancane, kuzo zonke izingxenye zaseNdiya, izinyosi ezizinikele zafuna umpe waphezulu wenkosi ekhululiwe.

Umpathi wehhovisi laseNgilandi wayengomunye wabokuqala ukubona ushintsho olungavamile olungaphezu kwamandla esisebenzini sakhe, asibiza ngokuthi “uBabu Ojabulisayo.”

"Mnumzane, ubonakala udabukile. Inkinga ikuphi?" ULahiri Mahasaya wenza lo mbuzo wozwela ngolunye usuku ekuseni kumqashi wakhe.

"Okwami unkosikazi ku INgilandi kuyinto ngokugxeka ukugula. Mina ekuseni kudabukile ngu ukukhathazeka."

"Ngizokutshela ngaye." ULahiri Mahasaya waphuma ekamelweni wahlala isikhashana endaweni eyimfihlo. Lapho ebuya wamomotheka ngokududuza.

"Umkakho uyathuthuka; manje usekubhalela incwadi." I-yogi enolwazi oluphelele icaphune ezinye izingxenyane zencwadi ethi "missive".

"Babu ojabule kakhulu, sengiyazi kakade ukuthi awusiye umuntu ovamile. Kodwa angikwazi ukukholwa ukuthi, ngokuthanda kwakho, ungasusa isikhathi nendawo!"

Incwadi ethembisiwe yafika ekugcineni. Umphathi owayemangele wathola ukuthi yayingagcini nje ngokuqukethe izindaba ezinhle zokululama komkakhe, kodwa futhi namagama afanayo uLahiri Mahasaya ayewaphindaphindile emasontweni edlule.

Unkosikazi wafika eNdiya ezinyangeni ezimbalwa kamuva. Wavakashela ihhovisi, lapho uLahiri Mahasaya wayehleli khona buthule edeskini lakhe. Owesifazane weza kuye ngenhlonipho.

"Mnumzane," kusho yena, "kwakuyisimo sakho, sikhanyisiwe ekukhanyeni okukhazimulayo, engasibona ezinyangeni ezedlule eduze kombhede wami wokugula eLondon. Ngaleso sikhathi ngaphulukiswa ngokuphelele! Ngokushesha ngemva kwalokho, ngakwazi ukuthatha uhambo olude lolwandle oluya eNdiya."

Usuku nosuku, oyedwa noma ababili abazinikele babencenga i-guru ephakeme ukuba iqale *i-Kriya*. Ngaphezu kwale misebenzi engokomoya, kanye neyebhizinisi lakhe kanye nempilo yomndeni, inkosi enkulu yayinesithakazelo esikhulu emfundweni. Yahlela amaqembu amaningi okufunda, futhi yadlala indima ebalulekile ekukhuleni kwesikole samabanga aphezulu esikhulu esigabeni saseBengalitola eBenares. Izinkulungwane zakhe ezivamile ngemibhalo engcwele zabizwa ngokuthi "*i-Gita Assembly*" yakhe, ezazihanjelwa ngentshiseko ngabantu abaningi abafuna iqiniso.

Ngale misebenzi eminingi, uLahiri Mahasaya wazama ukuphendula inselele evamile: "Ngemva kokwenza imisebenzi yakho yebhizinisi neyezenhlalo, sikuphi isikhathi sokuzindla ngokuzinikela?" Ukuphila okulinganiselayo okuvumelanayo kwesazi esikhulu sendlu kwaba ugqozi oluthule lwezinkulungwane zezinhliziyi ezinemibuzo. Eholo umholo omncane kuphela, ongongayo, ongagqamile, ofinyeleleka kubo bonke, inkosi yaqhubeka ngokwemvelo nangenjabulo endleleni yokuphila kwezwe.

Nakuba ayezithobile esihlalweni soPhezukonke, uLahiri Mahasaya wabonisa inhlonipho kubo bonke abantu, kungakhathaliseki ukuthi bahluke kangakanani. Lapho abakhulekeli bakhe bembingelela, naye wakhothama kubo.

Ngokuthobeka okufana nokwengane, inkosi yayivame ukuthinta izinyawo zabanye, kodwa yayingavamile ukubavumela ukuba bamnike udumo olufanayo, yize ukukhothamela okunjalo kumfundisi kwakungumuntu wasendulo waseMpumalanga. ngokwezifiso.

Isici esibalulekile empilweni kaLahiri Mahasaya kwakuyisipho sakhe sokuqaliswa *kweKriya* kulabo bonke ukholo. Akuwona amaHindu kuphela, kodwa namaMoslem namaKrestu ayephakathi kwabafundi bakhe abaphambili. AmaMonist namaDualists, labo abavela kuzo zonke izinkolo noma abangenalo ukholo oluqinile, bamukelwa futhi bafundiswa ngokungakhethi yi-guru yendawo yonke. Omunye wamaChela akhe aphakeme kakhulu kwakungu-Abdul Gufoor Khan, UMohammed. Kubonisa isibindi esikhulu kuLahiri Mahasaya ukuthi, nakuba ayeyiBrahmin yesigaba esiphakeme, wazama konke okusemandleni akhe ukuqeda ubandlululo oluqinile lwesigaba sesikhathi sakhe. Labo abavela kuzo zonke izindlela impilo kutholakale indawo yokukhosela ngaphansi i okwenkosi ukukhona yonke indawo amaphiko. Thanda konke Kuphefumulelwe uNkulunkulu abaprofethi, IsiLahiri

IsiMahasaya wanikeza okusha ithemba ku- i abantu abalahliwe futhi ukucindezelwa kwe umphakathi.

"Khumbula njalo ukuthi awuyena owakho, futhi akekho owakho. Cabanga ngalokho ngolunye usuku "Kuzodingeka ushiye konke okukuleli zwe ngokuzumayo - ngakho yenza ubuhlobo noNkulunkulu manje," kusho umfundisi omkhulu kubafundi bakhe. "Zilungiselele uhambo lokufa oluzayo ngokugibela nsuku zonke ebhaluni lokuqonda uNkulunkulu. Ngokukhohlisa uzibona njengesixha senyama namathambo, okuyinto engcono kakhulu eyisidleke sezinkinga. **35-12** Zindla ngokungaphezi, ukuze uzibone ngokushesha njengoMuntu Ongapheli, okhululekile kuzo zonke izinhlobo zosizi. Yeka ukuba yisiboshwa somzimba; usebenzisa isihluthulelo esiyimfihlo sikaKriya , funda ukubalekela eMoyeni.

Umfundisi omkhulu wakhuthaza abafundi bakhe abahlukahlukene ukuba banamathele ekuziphatheni okuhle kwendabuko kokholo lwabo. Egcizelela ukuthi *iKriya ihlanganisa konke* njengendlela ewusizo yokukhulula, uLahiri Mahasaya wabe esenikeza abafundi bakhe inkululeko yokuveza izimpilo zabo ngokuvumelana nendawo abakuyo kanye nokukhulisa.

"UmSulumane kufanele enze *i-namaj yakhe* **35-13** "Ukukhulekela kane ngosuku," kusho inkosi. "Kane ngosuku umHindu kufanele ahlale phansi azindle. UmKristu kufanele aguqe ngamadolo kane ngosuku, athandaze kuNkulunkulu bese efunda iBhayibheli."

Ngokuhlakanipha, lo mfundisi waqondisa abalandeli bakhe ezindleleni zeBhakti (ukuzinikela), *iKarma* (isenzo), *iJnana* (ukuhlakanipha), noma *iRaja* (*iYoga yasebukhosini noma ephelele*) , ngokwemikhuba yemvelo yomuntu ngamunye. Inkosi, eyayiphuza ukunikeza imvume yayo kubakhulekeli abafisa ukungena endleleni esemthethweni yobumonki, yayihlale ibaxwayisa ukuthi baqale bacabange kahle ngobunzima bempilo yezimonki.

Isazi esikhulu safundisa abafundi bakhe ukuba bagweme ingxoxo yemibhalo engokombono. "Nguye kuphela ohlakaniphileyo." I-WHO abazinikele yena ku-ukuqaphela, hhayi ukufunda kuphela, i yasendulo izambulo," yena kusho. "Xazulula zonke izinkinga zakho ngokuzindla." **35-14** Shintshanisa ukuqagela okungelusizo kwenkolo nokuxhumana noNkulunkulu kwangempela. Susa ingqondo yakho ezingcoleni zenkolo ezingaphikiswa; vumela kungene okusha, okuphulukisayo amanzi okuqonda okuqondile. Zivumelanise nesiqondiso sangaphakathi esisebenzayo; Izwi Laphezulu linempendulo yazo zonke izinkinga zokuphila. Nakuba ubuhlakani bomuntu bokuzifaka enkingeni bubonakala Ukuze ingapheli, i-Infinite Succor nayo inekhono elingcono."



I-LAHIRI UMAHASAYA

Umfundi kwe I-Babaji

futhi I-Guru kwe IsiSri Yukteswar

Ukuba khona kwenkosi kuyo yonke indawo kwabonakala ngosuku olulodwa phambi kweqembu labafundi ababelalele incazelo yakhe yeBhagavad *Gita* . Njengoba echaza incazelo *kaKutastha Chaitanya* noma ukuQaphela kukaKristu kuyo yonke indalo edlidlizayo, uLahiri Mahasaya wavele waphefumula kanzima wamemeza:

"Mina ekuseni ukuminza ku i imizimba kwe eziningi imiphefumulo kuvaliwe i ugu kwe IJapani!

Ngakusasa ekuseni ama-chela afunda indaba yephephandaba ngokufa kwabantu abaningi umkhumbi wabo owadilika ngosuku olwandulele eduze kwaseJapane.

Abafundi bakaLahiri Mahasaya abakude babevame ukuqashelwa ukuthi ukhona. "Ngihlala nginalabo abenza *i-Kriya* ," esho ngokududuza kuba-chela ababengakwazi ukuhlala eduze kwakhe. "Ngizokuqondisa uye eKhaya Lasemkhathini ngokusebenzisa imibono yakho ekhulayo."

USwami Satyananda watshelwa ngumuntu ozinikele ukuthi, njengoba engakwazi ukuya eBenares, le ndoda yayithole ukuqalwa okuqondile *kweKriya* ephusheni. ULahiri Mahasaya wayevele ezofundisa i-chela ukuphendula imithandazo yakhe.

Uma umfundi engayinaki noma yimiphi imithwalo yakhe yezwe, inkosi yayizomqondisa futhi imqondise ngobumnene.

"Amazwi kaLahiri Mahasaya ayemnene futhi ephulukisa, ngisho nalapho ephoqelesa

ukukhuluma obala ngamaphutha e-chela,” kusho uSri Yukteswar. Wanezela ngokudabuka, “Akekho umfundi owake wabaleka ngenxa yokugxekwa yinkosi yethu.” Angikwazanga ukuzibamba ukuhleka, kodwa ngaqinisekisa uSri Yukteswar ukuthi, kungakhathaliseki ukuthi ubukhali noma cha.

hhayi, yakhe njalo igama kwakuyi umculo ku- yami izindlebe.

ULahiri Mahasaya wahlukanisa ngokucophelela *iKriya* yaba yiziqalo ezine eziqhubekayo. **35-15** Wanikeza la maqhinga amathathu aphezulu kuphela ngemva kokuba umlandeli esebonakalise intuthuko eqondile ngokomoya. uChela othile, eqiniseka ukuthi ukubaluleka kwakhe kwakungalinganiswa ngokufanele, wanikeza izwi lakhe ukunganeliseki.

"Nkosi," yena wathi, "impela Mina ekuseni ukulungele manje ngoba i okwesibili ukuqaliswa."

Ngalesi sikhathi umnyango wavuleka ukuze kungene umfundi othobekile, uBrinda Bhagat. Wayeyiposi laseBenares .

"Brinda, hlala eduze kwami lapha." Isazi esikhulu samomotheka ngothando.
"Ngitshele, usukulungele yini inqubo yesibili *kaKriya* ?"

Umthumeli omncane wagoqa izandla zakhe enxusa. "Gurudeva," esho ngokwesaba, "akusekho ukuqala, ngicela! Ngingayifunda kanjani noma yiziphi izimfundiso eziphakeme? Ngize namuhla ukuzocela izibusiso zakho, ngoba *iKriya yokuqala yaphezulu* ingigcwalise ngokudakwa kangangokuthi angikwazi ukuhambisa izincwadi zami!"

"UBrinda usevele ubhukuda olwandle loMoya." Lapho ezwa la mazwi kaLahiri Mahasaya, omunye umfundi wakhe wanikina ikhanda lakhe.

"Nkosi," yena wathi, "Mina bheka Mina babe ube a mpofu isisebenzi, ukuthola iphutha nge yami amathuluzi."

Umthumeli, owayengumuntu ongafundile, kamuva wathuthukisa ukuqonda kwakhe ngeKriya *kangangokuthi* izazi ngezinye izikhathi zazifuna incazelo yakhe ngamaphuzu ahilelekile emibhalweni. Njengoba engenacala ngesono kanye nohlelo lokubhala, uBrinda omncane wathola udumo emkhakheni wezingcweti ezifundile.

Ngaphandle kwabafundi abaningi baseBenares baseLahiri Mahasaya, kwafika amakhulu kuye evela ezindaweni ezikude zaseNdiya. Yena ngokwakhe waya eBengal izikhathi eziningana, evakashela emakhaya oyisezala bamadodana akhe amabili. Ngakho-ke, ebusiswe ukuba khona kwakhe, iBengal yagcwala uju ngamaqembu amancane *aseKriya* . Ikakhulukazi ezifundeni zaseKrishnagar naseBishnupur, abaningi abazinikele buthule kuze kube namuhla baye bagcina umsinga ongabonakali wokuzindla okungokomoya ugeleza.

Phakathi kwabangcwele abaningi abathola *iKriya* kuLahiri Mahasaya kungakhulunywa ngoSwami Vhaskarananda Saraswati waseBenares odumile, kanye noDeogarh owayezidela ngokwezinga eliphezulu, uBalananda Brahmachari. Okwesikhathi esithile uLahiri Mahasaya wakhonza njengomfundisi wangasese

wendodana kaMaharaja Iswari Narayan Sinha Bahadur waseBenares. Beqaphela ukufinyelela kwenkosi ngokomoya, i-maharaja, kanye nendodana yakhe, bafuna ukuqaliswa *kweKriya* , njengoba kwenza uMaharaja Jotindra Mohan Thakur.

Iningi labafundi bakaLahiri Mahasaya abanezikhundla zezwe ezinethonya babefisa ukwandisa umbuthano *wamaKriya* ngokukhangisa. Isazi senkolo senqaba imvume yakhe. Omunye uChela, udokotela wasebukhosini weNkosi yaseBenares, waqala umzamo ohleliwe wokusabalalisa igama lenkosi ngokuthi "uKashi Baba" (Ophakanyisiwe waseBenares). **35-16** Isazi saphinde sakwenqabela lokho.

“Iphunga lembali *yeKriya* maliphakanyiswe ngokwemvelo, ngaphandle kokuboniswa,” esho. “Imbewu yayo izomila enhlabathini yezinhliziyo ezivundile ngokomoya.”

Nakuba inkosi enkulu ingazange isebenzise uhlelo lokushumayela ngokusebenzisa indlela yesimanje yenhlango, noma ngomshini wokunyathelisa, yayazi ukuthi amandla esigijimi sayo ayezophakama njengesikhukhula esingenakuphikiswa, sigcwalise ngamandla aso izingqondo zabantu. Ukuphila okushintshile nokuhlanziwe kwabazinikele kwakuyisiqinisekiso esilula sokuphila okungenakufa *kweKriya* .

Ku- 1886, amashumi amabili nanhlanu iminyaka ngemva yakhe I-Ranikhet ukuqaliswa, IsiLahiri IsiMahasaya kwakuyi umhlalaphansi kuvuliwe a impesheni.

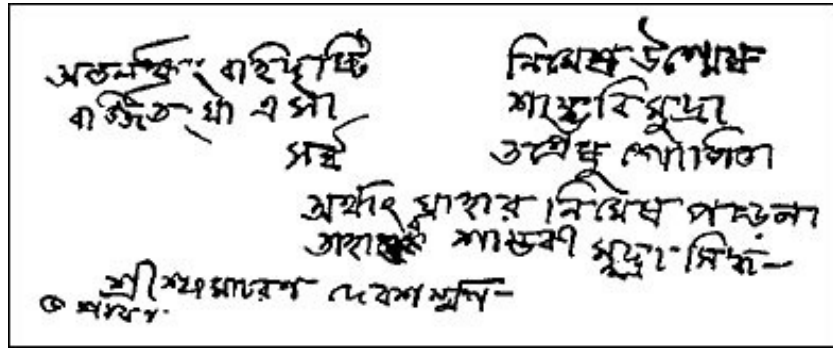
35-17 Njengoba ayekhona emini, abafundi babemfuna ngobuningi obandayo. I-guru enkulu manje yayihlala ithule isikhathi esiningi, ivaleleke esimweni sokuthula se-lotus. Yayingavamile ukuphuma ehholo layo elincane, ngisho noma iyohamba noma ivakashele ezinye izingxenye zendlu. Kwafika umfudlana othule wama-chela, cishe njalo, ukuze ibone i *-darshan* (umbono ongcwele) we-guru.

Okwamangalisa bonke ababukele, isimo sikaLahiri Mahasaya esivamile somzimba sabonisa izici ezingaphezu kwamandla omuntu zokuphelelwa umoya, ukuqwasha, ukuyeka ukushaya kwenhliziyo nokushaya kwenhliziyo, amehlo azolile enganaki amahora amaningi, kanye nomoya ojulile wokuthula. Azikho izivakashi ezahamba ngaphandle kokukhuthazwa emoyeni; bonke babazi ukuthi bathole isibusiso esithule sendoda kaNkulunkulu yeqiniso.

Umpathi manje wavumela umfundi wakhe, uPanchanon Bhattacharya, ukuthi avule "i-Arya Mission Institution" eCalcutta. Lapha umfundi ongcwele wasakaza umyalezo weKriya *Yoga* , futhi walungiselela umphakathi imithi ethile ye-yogic **35-18.** imithi.

Ngokuvumelana nesiko lasendulo, inkosi yayinika abantu ngokuvamile i *-neem* **35-19** uwoyela wokwelapha izifo ezahlukahlukene. Lapho uchwepheshe ecela umfundi ukuba achithe uwoyela, wayengawenza kalula umsebenzi. Uma omunye umuntu ezama, wayezobhekana nobunzima obungavamile, ethola ukuthi uwoyela wezokwelapha usucishe waphela ngemva kokudlula ezinqubweni zokuhlaza ezidingekayo.

Ngokusobala i okwenkosi isibusiso kwakuyi a kuyadingeka isithako.



Umbhalo wesandla kaLahiri Mahasaya kanye nesiginesha, ngesikriphthi sesiBengali, kuboniswe ngenhla. Imigqa ivela encwadini eya ku-chela; inkosi enkulu ihumusha ivesi lesiSanskrit kanje: "Lowo ofinyelele isimo sokuzola lapho amehlo akhe engacwayizi, sifinyelele *iSambhabi Mudra* .

"Sri Shyama I-Charan I-Deva "Sharman" (kusayinwe)

I U-Arya Umsebenzi Isikhungo ukuthatha i okushicilelwe kwe eziningi kwe i othisha umbhalo ongcwele

izincazelo. NjengoJesu nabanye abaprofethi abakhulu, uLahiri Mahasaya ngokwakhe akazange abhale izincwadi, kodwa izincazelo zakhe ezijulile zaqoshwa futhi zahlelwa ngabafundi abahlukahlukene. Abanye balaba bantu abangochwepheshe ngokuzithandela babeqonda kakhulu kunabanye ekudluliseni ngokunembile ukuqonda okujulile kwe-guru; kodwa, ngokujwayelekile, imizamo yabo yaphumelela. Ngentshiseko yabo, umhlaba unezincazelo ezingenakuqhathaniswa zikaLahiri Mahasaya emibhalweni yasendulo engamashumi amabili nesithupha.

USri Ananda Mohan Lahiri, umzukululo wenkosi, ubhale incwajana ethakazelisayo ngeKriya . "Umbhalo weBhagavad *Gita* uyingxenywe yendaba enkulu, *iMahabharata* , enezinhlayiya eziningana (*vyas-kutas*)," kubhala uSri Ananda. "Gcina lawo mahlayiya engangabazeki, futhi asitholi lutho ngaphandle kwezindaba eziyinganekwane zohlobo olungavamile nolungaqondakali kalula. Gcina lawo mahlayiya a m a p h u z u a m a f i n d o angachazeki , futhi silahlekelwe yisayensi egcinwe yiMpumalanga ngesineke esingaphezu komuntu ngemva kokufuna iminyaka eyizinkulungwane zokuhlola. Kwakuyizincwadi zikaLahiri Mahasaya ezaveza, zicacile, isayensi yenkolo eyayisuswe ngobuhlakani empicabadala yezincwadi nezithombe ezingokomBhalo. Akuseyona nje ingxubevange yamagama engaqondakali, amafomula angenancazelo yokukhulekela kwamaVeda aye afakazelwa yinkosi ukuthi agcwele ukubaluleka kwesayensi. ...

"Siyazi ukuthi umuntu ngokuvamile akanakuzisiza ekulweni nokuvukela kwezinkanuko ezimbi, kodwa lezi ziphelelwa amandla futhi umuntu akatholi sizathu ekujabuliseni kwazo lapho ebona injabulo ephakeme nehlala njalo ngeKriya . Lapha ukudela, ukuphika izinkanuko eziphansi, kuhambisana nokwamukelwa, ukugomela kwesibusiso. Ngaphandle kwenkambo enjalo, amakhulu ezimiso zokuziphatha ezihamba ngezindlela ezingezinhle azisizi ngalutho kithi."

"Ukulangazelela kwethu imisebenzi yasemhlabeni kusibulala umuzwa wokwesaba okungokomoya. Asikwazi ukuqonda iMpilo Enkulu ngemuva kwawo wonke amagama nezinhlobo, ngoba nje isayensi isikhumbuza ukuthi singakwenza kanjani." sebenzisa amandla emvelo; lokhu kujwayelana kuye kwadala ukudelelwa kwezimfihlo zakhe eziphelele. Ubuhlobo bethu nemvelo bungobunye bomsebenzi osebenzayo. Simhleka usulu, ngomqondo ongokomfanekiso, ukuze sazi ukuthi angasetshenziswa kanjani ukufeza izinjongo zethu; sisebenzisa amandla akhe, uMthombo wakhe ongakaziwa. Kwezesayensi ubuhlobo bethu nemvelo bungobukhona phakathi kwendoda nenceku yakhe, noma ngomqondo wefilosofi ufana nesithunjwa ebhokisini lofakazi. Simhlola, simphonsela inselelo, futhi silinganise ubufakazi bakhe kancane kancane ezikalini zabantu ezingenakukala amanani akhe afihliwe. Ngakolunye uhlangothi, lapho ubuqu busebudlelwani namandla aphezulu, imvelo ilalela ngokuzenzakalelayo, ngaphandle kokucindezeleka noma ukucindezeleka, intando yomuntu. Lo myalo ongenamsebenzi phezu kwemvelo ubizwa ngokuthi 'uyisimangaliso' ngumuntu

othanda izinto ezibonakalayo ongaqondi.

"Impilo kaLahiri Mahasaya yabeka isibonelo esashintsha umbono oyiphutha wokuthi i-yoga iwumkhuba oyimfihlakalo. Wonke umuntu angathola indlela ngeKriya *yokuqonda* ubuhlobo bakhe obufanele nemvelo, nokuzizwa ehlonipha ngokomoya zonke izenzakalo, kungakhathaliseki ukuthi ziyimfihlakalo noma zezenzakalo zansuku zonke, naphezu kokuba yiqiniso kwesayensi yemvelo. **35-21** Kumelwe sikhumbule ukuthi lokho okwakuyimfihlakalo eminyakeni eyinkulungwane edlule akusekho, futhi lokho okuyimfihlakalo manje kungase kuqondwe ngokomthetho eminyakeni eyikhulu kamuva. Ngu-Infinite, uLwandle lwaMandla, oluse- emuva kwazo zonke izibonakaliso.

"Umthetho we -*Kriya Yoga* ungowaphakade. Uyiqiniso njengezibalo; njengemithetho elula yokuhlanganisa nokususa, i umthetho kwe *I-Kriya* ithini akakaze yiba kubhujiswe. Shisa ku- umlotha konke i izincwadi kuvuliwe izibalo,

Umuntu onengqondo ehluzekile uyohlala ethola amaqiniso anjalo; abhubhise zonke izincwadi ezingcwele ze-yoga, imithetho yayo eyisisekelo iyophuma noma nini lapho kuvela i-yogi yeqiniso equkethe ngaphakathi kuye ukuzinikela okumsulwa kanye nolwazi oluhlanzekile.

Njengoba nje uBabaji engomunye wama-avatar amakhulu kunawo wonke, *iMahavatar*, kanye noSri Yukteswar *iJnanavatar* noma i-Incarnation of Wisdom, kanjalo noLahiri Mahasaya angabizwa ngokufanele ngokuthi *iYogavatar*, noma i-Incarnation of Yoga. Ngokwezindinganiso zobuhle obusezingeni eliphezulu kanye nobuningi, waphakamisa izinga elingokomoya lomphakathi. Ngamandla akhe okuphakamisa abafundi bakhe abaseduze babe njengoKristu kanye nokusabalalisa kwakhe iqiniso kabanzi phakathi kwabantu abaningi, uLahiri Mahasaya uphakathi kwabasindisi besintu.

Ukuhluka kwakhe njengomprofethi kusekugcizeleleni kwakhe okusebenzayo endleleni ethile, *iKriya*, evula okokuqala iminyango yenkululeko ye-yoga kubo bonke abantu. Ngaphandle kwezimangalisano zempilo yakhe, ngokuqinisekile iYogavatar *yafinyelela* esicongweni sazo zonke izimangalisano ekunciphiseni ubunzima basendulo be-yoga. ubulula obusebenzayo obungaphezu kokuqonda okuvamile.

Ebhekisela ezimangalisweni, uLahiri Mahasaya wayevame ukuthi, "Ukusebenza kwemithetho ecashile engaziwa ngabantu ngokuvamile akufanele kuxoxwe ngayo esidlangalaleni noma kushicilelwe ngaphandle kokubandlululwa okufanele." Uma kula makhasi ngibonakale sengathi ngiyawadelela amazwi akhe esixwayiso, kungenxa yokuthi unginike isiqinisekiso sangaphakathi. Futhi, ekuqopheni izimpilo zikaBabaji, uLahiri Mahasaya, noSri Yukteswar, ngicabange ukuthi kungcono ukushiya izindaba eziningi ezimangalisayo, ebezingeke zifakwe ngaphandle kokubhala, futhi, ivolumu echazayo yefilosofi engaqondakali.

Ithemba elisha lamadoda amasha! "Ubumbano lwaphezulu," kusho i -*Yogavatar*, "lungenzeka ngomzamo wakho, futhi kuyinto hhayi oxhomeke kuye kuvuliwe imfundiso yenkolo izinkolelo noma kuvuliwe i ngokungahleliwe intando kwe a I-Cosmic Umphathi wobushiqela."

Ngokusebenzisa ukhiye we -*Kriya*, abantu abangakwazi ukukholelwa ebunkulunkulwini banoma yimuphi umuntu ekugcineni bazobona ubunkulunkulu babo obuphelele.

35-1 : *UMathewu* 3:15.

35-2 : Izingxenywe eziningi zeBhayibheli zembula ukuthi umthetho wokuphindukuzalwa wawuqondwa futhi wamukelwa. Imijikelezo yokuphindukuzalwa iyincazelo enengqondo kakhulu yezimo ezahlukene zokuziphendukela kwemvelo lapho isintu sitholakala khona, kunenkololo evamile yaseNtshonalanga ecabanga ukuthi okuthile (ukuqaphela ubugovu) kwavela ezeni, kwakukhona ngamazinga ahlukahlukene. kwe inkanuko ngoba amashumi amathathu noma amashumi ayisishiyagalolunye iminyaka, futhi bese kuba kubuyiselwe ku- i okwangempela ingenalutho. I okungenakwenzeka imvelo kwe okunjalo isikhala siyinkinga yokujabulisa inhleliyo yomfundi wesikole wasendulo.

35-3 : *UMalaki* 4:5.

35-4 : "Ngaphambi yena," okungukuthi,

"ngaphambi i iNkosi." 35-5: *Luka* 1:13-17.

. *UMathewu* 17:12-13 :35-6

. *UMathewu* 11:13-14 :35-7

. *UJohane* 1:21 :35-8

. II *Amakhosi* 2:9-14 :35-9

35-10 : *UMathewu* 17:3.

35-11 : *UMathewu* 27:46-49 .

35-12 : "Kanjani eziningi izinhlobo kwe ukufa kukhona ku yethu imizimba! Akukho lutho kuyinto lapho kodwa ukufa." -*Martin uLuther, ku "Ithebula - Ingxoxo."*

35-13 : I induna umthandazo kwe i AmaMohammed, ngokuvamile okuphindaphindiwe ezine noma ezinhlanu izikhathi nsuku zonke.

35-14 : "Seek" iqiniso ku ukuzindla, hhayi ku okukhantayo izincwadi. Bheka ku i isibhakabhaka ku- thola i inyanga, hhayi ku i ichibi." - Isaga *sesiPheresiya* .

35-15 : Njengoba *I-Kriya I-Yoga* kuyinto onekhono kwe eziningi iziqephu, IsiLahiri IsiMahasaya ngokuhlakanipha kuhlungiwe phandle ezine izinyathelo okuyinto yena kuqondwe ukuba yilawo aqukethe umongo obalulekile, futhi ayenenani eliphakeme kakhulu ekusebenzeni kwangempela.

35-16 : Okunye izihloko okunikeziwe kuvuliwe IsiLahiri IsiMahasaya ngu yakhe abafundi babe *I-Yogibar* (okukhulu kakhulu kwe i-yogi), *I-Yogiraj* (inkosi kwe i-yogis), kanye ne -*Munibar* (ongcwele omkhulu kunabo bonke), engifake kuyo *i-Yogavatar* (ukuzalwa kabusha kwe-yoga).

35-17 : Yena wayenayo okunikeziwe, ngokuphelele, amashumi amathathu nanhlano iminyaka kwe izevisi ku eyodwa umnyango kwe i uhulumeni.

35-18 Ulwazi oluningi lwemithi lutholakala ezindabeni zasendulo zesiSanskrit. Amakhambi aseHimalaya asetshenziwa ekwelapheni ukuvuselelwa okwavusa ukunaka komhlaba ngo-1938 lapho le ndlela isetshenziwa kuPundit Madan Mohan Malaviya, Uneminyaka engu-77 ubudala IPhini LikaShansela kwe I-Benares IsiHindu Inyuvesi. Ku- a okumangalisayo ubukhulu, i kuphawuliwe isazi kubuyiselwe ezinsukwini ezingu-45 impilo yakhe, amandla akhe, inkumbulo yakhe, ukubona kwakhe okuvamile; kwavela izinkomba zesethi yesithathu yamazinyo, kuyilapho yonke imibimbi yanyamalala. I imifino ukwelashwa, kwaziwa njengoba *I-Kaya I-Kalpa* , kuyinto eyodwa kwe 80 ukuvuselelwa izindlela kuchaziwe ku IsiHindu *I-Ayurveda* noma isayensi yezokwelapha. UPundit Malaviya welashwa nguSri Kalpacharya Swami Beshundasji, othi unyaka wakhe wokuzalwa ungu-1766. Unemibhalo efakazela ukuthi uneminyaka engaphezu kweyikhulu ubudala; izintatheli *ze-Associated Press* zaphawula ukuthi wayebukeka eneminyaka engaba ngu-40.

Izincwadi zamaHindu zasendulo zahlukanisa isayensi yezokwelapha ngamagatsha ayi-8: *i-salya* (ukuhlinzwa); *i-salakyā* (izifo ezingaphezu kwentamo); *i-kayachikitsa* (umuthi efanele); *i-bhutavidya* (ngokwengqondo izifo); *i-kaumara* (ukunakekelwa kwe ubuntwana); *i-agada* (isayensi yobuthi); *I-Rasayana* (ubude besikhathi eside); *i-Vagikarana* (i-tonics). Odokotela bamaVedic babesebenzisa amathuluzi okuhlinza athambile, basebenzisa ukuhlinzwa kwepulasitiki, baqonda ezokwelapha izindlela ku- isitha i imiphumela kwe ubuthi igesi, kwenziwe Ukuhlinzwa izigaba futhi ubuchopho ukuhlinzwa, babenekhono ekuguquleni izidakamizwa. UHippocrates, udokotela odumile wekhulu lesi-5 BC, waboleka .ingxanye enkulu yemithi yakhe evela emithonjeni yamaHindu

35-19 : Umuthi we-margosa wase-East Indian. Izindinganiso zawo zokwelapha seziqashelwa eNtshonalanga, lapho i - *neem ebabayo* igxolo kuyinto kusetshenziswe njengoba a i- tonic, futhi i uwoyela kusukela imbewu futhi isithelo ine ube kutholakale kwe okubaluleke kakhulu inani ku i ukwelashwa kwe uchoko nezinye izifo.

35-20 "Izimbonakaliso eziningana ezisanda kumbiwa ezindaweni zemivubukulo zesigodi sase-Indus, ezitholakala eminingwaneni yeminyaka eyinkulungwane yesithathu." BC, umbukiso izibalo uhlezi ku ukuzindla ukuma manje kusetshenziswe ku i uhlelo kwe I-yoga, futhi iwaranti i isiphetho sokuthi ngisho nangaleso sikhathi ezinye zeziqalo ze- Yoga zase zaziwa kakade. Singase singafinyeleli esiphethweni esingenangqondo sokuthi ukuzihlola okuhlelekile ngosizo lwezindlela ezifundwe kuye kwenziwa eNdiya iminyaka eyizinkulungwane ezinhlanu . ine ithuthukiswe ngokuqinisekile okuyigugu inkolo izimo zengqondo kwe ingqondo futhi ukuziphatha okuhle imibono okuyinto kukhona okuyingqayizivele, ku- okungenani

ngobubanzi bokusetshenziswa kwazo empilweni. Enye yalezi kube ukubekezelelana emibuzweni yezinkolelo-mfundiso- okumangalisayo eNtshonalanga, lapho ukuzingela izimfundiso eziphambene kwakuvamile khona amakhulu eminyaka, kanye nezimpi ezichitha igazi phakathi kwezizwe phezu amasiko imincintiswano babe okuvamile." - Iziqephu kusukela i isihloko ngu Uprofesa W. uNorman Insundu ku i Meyi, 1939 inkinga we- *Bulletin of the American Council of Learned Societies*, eWashington, DC

35-21 : Umuntu ucabanga lapha ngokubona kukaCarlyle encwadini ethi *Sartor Resartus*: "Umuntu ongenakuzibuza, ongaywaye ukuzibuza (futhi akhulekele), wayengumongameli wezinhlango eziningi zasebukhosini futhi wayephethe isibonelo kwe konke

amalahorethri futhi izindawo zokubuka, nge yabo imiphumela, ku yakhe ongashadile ikhanda, -yi kodwa a i-pair kwe
.imibukiso ngemuva okuyinto Lapho kuyinto akukho iso

ISAHLUKO: 36

UBabaji's Intshisekelo Ku- I INTshonalanga

"Nkosi, wenza wena njalo hlangana Babaji?"

Kwakuwubusuku obuzolile basehlobo eSerampore; izinkanyezi ezinkulu zasezindaweni ezishisayo zazikhanya phezu kwamakhanda ethu njengoba ngangihleli eceleni kukaSri Yukteswar ebalcony enesitezi sesibili se-hermitage.

"Yebo." UMaster wamomotheka lapho ebuzwa umbuzo wami ngqo; amehlo akhe akhanya ngenhlonipho. "Ngibusiswe kathathu ngokubona isazi esingenakufa. Umhlangano wethu wokuqala wawuse-Allahabad eKumbha *Mela* ."

Imibukiso yenkolo ebibanjelwe eNdiya kusukela kudala yaziwa ngokuthi *iKumbha Melas* ; ibilokhu igcina imigomo engokomoya iphambi kwesixuku. AmaHindu azinikele abuthana ngezigidi njalo eminyakeni eyisithupha ukuze ahlangeane nezinkulungwane zama-sadhus, ama-yogi, ama-swami, kanye nabantu abazidelayo bazo zonke izinhlobo. Abaningi bangabantu abangebona ozakwabo abangazange bashiye izindawo zabo ezikude ngaphandle kokuya emihlanganweni *futhi* banikeze izibusiso zabo emadodeni nakwabesifazane bezwe.

"Ngangingeyena umuntu othanda unkulunkulu ngesikhathi ngihlangana noBabaji," kuqhubeka uSri Yukteswar. "Kodwa ngase ngithole isifundiso *seKriya* esivela kuLahiri Mahasaya. Wangikhuthaza ukuthi ngiye emcimbini *owawungoJanuwari* , 1894 e-Allahabad. Kwakuwukuhlangenwe nakho kwami kokuqala kwe- *kumbha* ; ngazizwa ngididekile kancane ngenxa yokuxokozela nokugcwala kwesixuku. Ekubukeni kwami okuzungezile angibonanga ubuso obukhanyisiwe benkosi. Ngidlula ibhuloho osebeni loMfula iGanges, ngabona umuntu engimaziyo emi eduze, isitsha sakhe sokucela sivulekile.

"O, lo mbukiso awulutho ngaphandle kwesiphithiphithi somsindo nabacelayo,' ngacabanga ngidumele. 'Ngiyazibuza ukuthi ososayensi baseNtshonalanga, abakhulisa ngesineke izindawo zolwazi ukuze kuzuze isintu, abamthokozisi yini uNkulunkulu kunalaba bantu abangenzi lutho abathi banokholo kodwa bagxila ekusizeni abampofu.'

"Ukuzindla kwami okufiphele mayelana nokuguqulwa komphakathi kwaphazanyiswa yizwi le-sannyasi ende eyama phambi kwami."

"Mnumzane,' esho, 'kukhona

ongcwele okubizayo.'

"Ungubani?"

"Woza futhi bheka ngoba wena.'

"Ngokungabaza okulandelayo lokhu i-laconic iseluleko, Mina maduze kutholakale mina eduze a isihlahla obani amagatsha babe

ngivikela isazi sefilosofi neqembu labafundi abakhangayo. Inkosi, umuntu okhanyayo ongajwayelekile, onamehlo amnyama akhazimulayo, yasukuma lapho ngisondela yangigona.

"Siyakwamukela, Swamiji,' esho

ngothando. "'Mnumzane,' ngiphendula

ngokugcizelela, 'Angisiye *umswami* .'.

"Labo engiqondiswe ngokwaphezulu ukuba ngibanike isiqu esithi "swami" abasoze basilahle.' Lo santa wangibiza kalula, kodwa ukuqiniseka okujulile kweqiniso kwakuzwakala emazwini akhe; ngangigcwele igagasi lesibusiso esingokomoya ngokushesha. Ngimomotheka ngokuphakanyiswa kwami ngokuzumayo ohlelweni lwasendulo lwezindela, **36-1** Ngakhothama ezinyaweni zesidalwa esikhulu nesiyingelosi esisesimweni somuntu esasingidumise kanjalo .

"Babaji—ngoba ngempela wayengiqondisa esihlalweni eduze kwakhe ngaphansi komuthi. Wayenamandla futhi esemncane, futhi ebukeka njengoLahiri Mahasaya; kodwa ukufana akuzange kungimangaze, yize ngangivame ukuzwa ngokufana okungavamile ekubukekeni kwamakhosi amabili." Babaji unamandla angawasebenzisa ukuvimbela noma yimuphi umcabango othize ukuba ungaveli engqondweni yomuntu. Ngokusobala lo mfundisi omkhulu wayefisa sengathi ngibe ngokwemvelo ngokuphelele phambi kwakhe, ngingathuswa ulwazi ngobuntu bakhe.

'? Ini yenza wena cabanga kwe i *I-Kumbha UMela*'"

"Ngadumala kakhulu, mnumzane.' Nganezela ngokushesha, 'Kuze kube yisikhathi engahlangana ngaso nawe. Ngandlela thile abangcwele nalesi siphithiphithi kubonakala sengathi akuhambelani ndawonye.'

"Mntanami,' kusho inkosi, nakuba kubonakala sengathi ngangicishe ngiphindwe kabili kuneminyaka yakhe, 'ngenxa yamaphutha amaningi, ungahluleli konke. Konke okusemhlabeni kuxubile, njengokuxubana kwesihlabathi noshukela. Yiba njengentuthwane ehlananiphile ebamba ushukela kuphela, futhi ishiye isihlabathi singathinteki. Nakuba ama-sadhus amaningi lapha esazulazula ekukhohlisweni, kodwa i- *mela* ibusiswa ngamadoda ambalwa aqaphela uNkulunkulu .'.

"Ngaphakathi umbono kwe yami eyakho umhlangano nge lokhu kuphakanyisiwe inkosi, Mina ngokushesha kuvunyelwene nge yakhe ukuqaphela.

"Mnumzane,' ngaphawula, 'Bengicabanga ngamadoda esayensi aseNtshonalanga, ahlakani phe kakhulu kunabantu abanengi ababuthene lapha, abahlala eYurophu naseMelika ekude, abathi banezinkolelo ezahlukeneyo, futhi abangazi ngezindinganiso zangempela zalawa ma- *melas* njengalawa amanje. Yiwo lawo amadoda angazuza

kakhulu ngemihlangano nabaphathi baseNdiya. Kodwa, nakuba benomqondo ophezulu, abantu abaningi baseNtshonalanga bashadelwe ukuqokwa ngokwezinto ezibonakalayo. Abanye, abadumile kwezesayensi nefilosofi, abaqapheli ubunye obubalulekile enkolweni. Izinkolelo zabo zisebenza njengezithiyo ezingenakunqotshwa ezisongela ukubahlukanisa nathi phakade.

"Ngibonile ukuthi unesithakazelo eNtshonalanga, kanye naseMpumalanga.' Ubuso bukaBabaji bakhanya ngokwamukela. 'Ngizwe ubuhlungu benhliziyo yakho, obubanzi ngokwanele kubo bonke abantu, kungaba abaseMpumalanga noma abaseNtshonalanga. Yingakho ngikubizele lapha.'

"IMpumalanga neNtshonalanga kumele zakhe indlela ephakathi yegolide yomsebenzi kanye nengokomoya kuhlangene,' eqhubeka. 'INdiya inokuningi okufanele ikufunde eNtshonalanga ekuthuthukisweni kwezinto ezibonakalayo; ngokubuyisela, iNdiya ingafundisa izindlela zomhlaba wonke lapho iNtshonalanga izokwazi ukusekela khona izinkolelo zayo zenkolo ezisekelweni ezingenakunyakaziswa zesayensi ye-yogic.

"Wena, Swamiji, unendima okufanele uyidlale ekushintshaneni okuzayo okuvumelanayo phakathi kweMpumalanga ne-Occident. Eminyakeni ethile kusukela manje ngizokuthumelela umfundi ongamqeqesha ukusabalalisa i-yoga eNtshonalanga. Ukudlidliza lapho kwemiphefumulo eminingi efuna izinto ezingokomoya kuza kimi njengokukhukhuleka. Ngibona abangcwele abangaba khona eMelika naseYurophu, belinde ukuvuswa."

Ku- lokhu iphuzu ku yakhe indaba, IsiSri Yukteswar waphenduka yakhe ukubuka ngokugcwele kuvuliwe eyami.

"Ndodana yami," esho emomotheka ekukhanyeni kwenyanga, "ungumfundi uBabaji athembisa ukungithumela yena eminyakeni edlule."

Ngajabula ukuzwa ukuthi uBabaji wayeqondise izinyathelo zami eSri Yukteswar, kodwa kwakunzima kimi ukuzibona ngiseNtshonalanga ekude, kude nomfundisi wami engimthandayo kanye nokuthula okulula kwe-hermitage.

"UBabaji wabe esekhuluma ngeBhagavad *Gita* ," kuqhubeka uSri Yukteswar. "Okwangimangaza ukuthi wabonisa ngamazwi ambalwa okudumisa ukuthi wayeqaphela iqiniso lokuthi ngangibhale izincazelo ezahlukeni ezahlukeni *zeGita* .

"Ngesicelo sami, Swamiji, ngicela wenze omunye umsebenzi,' kusho inkosi enkulu. 'Ngeke ubhale incwadi emfushane ngobunye obuyisisekelo phakathi kwemibhalo yamaKristu namaHindu? Bonisa ngezinkomba ezifanayo ukuthi amadodana kaNkulunkulu aphefumulelwe akhulume amaqiniso afanayo, manje afihliwe ukungafani kwabantu ngokwenkolo.'

"Maharaj,' **36-2** Mina kuphenduliwe ngokuzethemba, 'ini a umyalo! Kufanele Mina yiba uyakwazi ku- gcwalisa yini?'

"UBabaji wahleka kancane. 'Ndodana yami, kungani ungabaza?' esho ngokuqinisekisa. 'Ngempela, umsebenzi kabani konke lokhu, futhi ngubani uMenzi wazo zonke izenzo? Noma yini iNkosi engenze ngayo ukuthi ngiyisho nakanjani izokwenzeka njengeqiniso.'

"Ngazibona nginamandla ngenxa yezibusiso zongcwele, futhi ngavuma ukubhala incwadi. Ngizizwa ngingathandi ukuthi isikhathi sokuhlukana sesifikile, ngasukuma

esihlalweni sami esinamaqabunga."

"'Uyamazi uLahiri?' **36-3** inkosi yabuza. 'Ungumuntu omuhle kakhulu, akunjalo? Mtshela ngokuhlangana kwethu.' Wabe esenginika umyalezo kaLahiri Mahasaya.

"Ngemva kokukhothama ngokuzithoba ngivalelisa, ungcwele wamomotheka ngomusa. 'Uma incwadi yakho isiphelile, ngizokuvakashela,' wathembisa. 'Sala kahle okwamanje.'

"Ngasuka e-Allahabad ngosuku olulandelayo ngaqeqeshwa eBenares. Lapho ngifika ekhaya likamfundisi wami, ngaxoxa ngendaba yosanta omuhle eKumbha *Mela*."

"O, awumbonanga yini?' Amehlo kaLahiri Mahasaya ayedansa ngokuhleka. 'Ngiyabona ukuthi awukwazi, ngoba ukuvimbile. Ungumfundisi wami ongenakuqhathaniswa, uBabaji wasezulwini!'

"Babaji! Ngaphinda, ngimangele. 'UBabaji onguYogi-Kristu! Umsindisi ongabonakali nobonakalayo uBabaji! O, uma Bengikhumbula nje okwedlule bese ngiphinde ngibe phambi kwakhe, ukuze ngibonise ukuzinikela kwami e-lotus yakhe izinyawo!'

"Akukaze kwenzeke ingqondo,' IsiLahiri IsiMahasaya kusho ngokududuzayo. 'Yena ine wathembisa ku- bheka wena futhi.'

"Gurudeva, inkosi yaphezulu ingicele ukuthi ngikunike umlayezo. "Tshela uLahiri," esho, "ukuthi amandla agciniwe ale mpilo asephansi; asezophela."

"Ngesikhathi ngikhuluma la mazwi ayimfihlakalo, isimo sikaLahiri Mahasaya sathuthumela sengathi sithintwe umbani. Ngokuphazima kweso konke okuphathele naye kwathula; ubuso bakhe obumomothekayo baphenduka baba lukhuni kakhulu. Njengesithombe sokhuni, esimnyama futhi esinganyakaziswa esihlalweni saso, umzimba wakhe ngaphelelwa umbala. Ngashaqeka futhi ngadideka. Angikaze ngibone lo mphefumulo ojabulayo ubonakalisa ubunzima obukhulu kangaka empilweni yami. Abanye abafundi ababekhona babheka ngokwesaba.

"Kwadlula amahora amathathu kuthule kakhulu. ULahiri Mahasaya wabe eseqala ukuziphatha kwakhe kwemvelo nokujabula, wakhuluma ngothando neqembu ngalinye lama-chela. Wonke umuntu wabubula ngokukhululeka."

"Ngaqaphela ngendlela inkosi yami esabela ngayo ukuthi umyalezo kaBabaji wawuyisibonakaliso esingenakuphikwa ngu-" okuyinto uLahiri Mahasaya ayeyiqonda ukuthi umzimba wakhe uzosheshe ungabi namuntu. Ukuthula kwakhe okumangalisayo kwafakazela ukuthi umfundisi wami wayelawule ubuyena bakhe ngokushesha, wanqamula intambo yakhe yokugcina yokunamathela ezweni lezinto ezibonakalayo, wabalekela ebuntwini bakhe obuhlala bukhona ngoMoya. Amazwi kaBabaji ayeyindlela yakhe yokuthi: 'Ngizoba nawe njalo.'

"Nakuba uBabaji noLahiri Mahasaya babenolwazi oluphelele, futhi bengenasidingo sokuxhumana ngami noma omunye umlamuleli, abakhulu bavame ukuzehlisa ukuze badlale indima emdlalweni wabantu. Ngezinye izikhathi badlulisela iziprofetho zabo ngezithunywa ngendlela evamile, ukuze ukugcwaliseka kokugcina kwamazwi abo kufake ukholo olukhulu lwaphezulu eqenjini elikhulu lamadoda afunda indaba kamuva."

"Ngasuka eBenares ngokushesha, ngaqala ukusebenza eSerampore emibhalweni yemiBhalo eyayicelwe yiBabaji," kuqhubeka uSri Yukteswar. "Ngisanda kuqala

umsebenzi wami, ngakwazi ukuqamba inkondlo enikelwe kumfundisi ongenakufa. Imisho emnandi yaphuma kalula epeni lami, yize ngingakaze ngizame izinkondlo zesiSanskrit ngaphambili.

"Ngaphakathi i ukuthula kwe ubusuku Mina umatasa mina sekuphelile a ukuqhathanisa kwe i IBhayibheli futhi i imibhalo engcwele kaSanatan *Dharma* . **36-4** Ngicaphuna amazwi eNkosi uJesu ebusisiwe, ngabonisa ukuthi izimfundiso zakhe empeleni zazifana nezambulo zamaVeda . Ngajabula kakhulu lapho incwadi yami isiqediwe ngendlela isikhathi esifushane; Ngagaphela ukuthi lesi sibusiso esisheshayo sasingenxa yomusa weParam -*Guru-Maharaj wami* . **36-5** Izahluko zaqala ukuvela kumagazini *iSadhusambad* ; kamuva zanyatheliswa ngasese njengencwadi ngomunye wabafundi bami baseKidderpore.

"Ekuseni ngemva kokuqeda kwami imizamo yami yokubhala," kuqhubeka uMaster, "ngaya eRai Ngilapha ukuzogeza eGanges. I-ghat yayingasekho; ngama isikhashana, ngijabulela ukuthula kwelanga. Ngemva kokucwila emanzini acwebazelayo, ngaqala ukuya ekhaya. Umsindo kuphela ekuthuleni kwakungowendwangu yami egcwele iGanges, ngigeza nge-swish-washing ngesinyathelo ngasinye. Njengoba ngidlula ngale kwendawo yesihlahla esikhulu se-banyan eduze nogu lomfula, isifiso esinamandla sangikhuthaza ukuba ngibheke emuva. Lapho, ngaphansi komthunzi we-banyan, futhi ngizungezwe abafundi abambalwa, kwakuhlala uBabaji omkhulu!

"Sawubona, Swamiji!" Izwi elihle lenkosi lakhala ukungiqinisekisa ukuthi angiphuphi. 'Ngiyabona ukuthi uyiqedile ngempumelelo incwadi yakho. Njengoba ngithembisile, ngilapha ukuzokubonga.'

"Ngenhliziyo eshaya ngokushesha, ngaguqa phansi ezinyaweni zakhe. 'Param-guruji,' ngisho ngincenga, 'wena kanye nama-chela akho ngeke yini nidumise ikhaya lami eliseduze ngokuba khona kwenu?'

"Isazi esiphezulu senqaba ngokumomotheka. 'Cha, ngane,' esho, 'singabantu abathanda indawo yokukhosela izihlahla; le ndawo ikhululekile impela.'

"Ngicela uhlale isikhashana, Nkosi.' Ngambheka ngokumncenga. 'Ngizobuya ngokushesha nenyama emnandi ekhethekile.'

"Lapho ngibuya ngemizuzu embalwa nesidlo sezibiliboco, bheka! i-banyan ehloniphekile yayingasasivikeli iqembu lasezulwini. Ngacinga nxazonke ze-ghat, kodwa enhliziyweni yami ngangazi ukuthi iqembu elincane lase libaleke ngamaphiko e-etheric."

"Ngaphatheka kabi kakhulu. 'Ngisho noma singaphinde sihlangane, bengingeke ngithande ukukhuluma naye,' ngaziqinisekisa. 'Wayengenamusa ngokungishiya ngokuzumayo.' Lokhu kwakuyintukuthelo yothando, vele, akukho okunye.

"Ezinyangeni ezimbalwa kamuva ngavakashela uLahiri Mahasaya eBenares. Njengoba ngingena egumbini lakhe elincane, umfundisi wami wamomotheka ebingelela."

"Siyakwamukela, Yukteswar,' esho. 'Usanda kuhlanguka noBabaji emnyango wekamelo lami?' "Kungani, cha,' ngiphendula ngokumangala.

"Woza lapha.' ULahiri Mahasaya wangithinta kancane ebunzini; ngokushesha ngabona, eduze komnyango, isimo sikaBabaji, siqhakaza njenge-lotus ephелеle.

"Ngakhumbula ubuhlungu bami bakudala, futhi angizange ngikhothame. ULahiri

Mahasaya wangibheka ngokumangala. "Isazi saphezulu sangibheka ngamehlo

angenakuqonda. 'Uyangicasukela.'

"Mnumzane, kungani ngingafanele ngibe njalo?' Ngaphendula. 'Uphume emoyeni neqembu lakho lemilingo, futhi wanyamalala emoyeni omncane.'

"Ngikutshelile ukuthi ngizokubona, kodwa angishongo ukuthi ngizohlala isikhathi esingakanani.' UBabaji wahleka kancane. 'Ubugcwele injabulo. Ngiyakuqinisekisa ukuthi ngiphelelwe umoya ngenxa yokuphelelwa yithemba kwakho.'

"Nganeliseka ngokushesha yile ncazelo engathandeki. Ngaguqa ezinyaweni zakhe; umfundisi omkhulu wangishaya ngomusa ehlombe."

"Mntanami, kumele uzindle kakhulu,' esho. 'Amehlo akho awakapheli - ubungeke ungibone ngicashe ngemuva kokukhanya kwelanga.' Ngala mazwi ngezwi lomtshingo wasezulwini, uBabaji wanyamalala ekukhanyeni okufihliwe.

"Lokho kwakungenye yezivakashi zami zokugcina eBenares ukuyobona umfundisi wami," kuphetha uSri Yukteswar. "Ngisho njengoba uBabaji ayebikezele eKumbha Mela , ukuzalwa kabusha kukaLahiri Mahasaya njengomninikhaya kwase kusondela ekupheleni. Ehlobo lika-1895 umzimba wakhe oqinile waba namathumba amancane emhlane. Waphikisana nokugwaza; wayesebenza enyameni yakhe i-karma embi yabanye babafundi bakhe. Ekugcineni ama-chela ambalwa aphikelela kakhulu; inkosi yaphendula ngokuyimfihlo:

"I-' umzimba ine ku- thola a imbangela ku- hamba; Mina intando yiba kuyamukeleka ku- noma yini wena funa ku- yenza.'

"Ngemva kwesikhashana lo mfundisi ongenakuqhathaniswa wanikela ngomzimba wakhe eBenares. Angisadingi ukumfuna endlini yakhe encane; ngithola zonke izinsuku zokuphila kwami zibusisiwe yisiqondiso sakhe esikhona yonke indawo."

Eminyakeni eminingi kamuva, kusukela emlonyeni kaSwami Keshabananda, **36-6** Njengomfundi othuthukile, ngezwa imininingwane eminingi emangalisayo ngokudlula kukaLahiri Mahasaya.

"Ezinsukwini ezimbalwa ngaphambi kokuba umfundisi wami anikele ngesidumbu sakhe," kusho uKeshabananda kimi, "wazibonakalisa phambi kwami njengoba ngangihleli endlini yami yokuhlala eHardwar."

"Woza ku- kanye ku- Benares.' Nge lokhu amagama IsiLahiri IsiMahasaya wanyamalala.

"Ngaziqeqesha ngokushesha eBenares. Ekhaya lomfundisi wami ngathola abafundi abaningi behlangene. Kwaphela amahora ngalolo suku amahora angu **-36-7**, inkosi yachaza *iGita* ; yabe isikhuluma nathi kalula.

"Mina ekuseni ukuhamba ekhaya.'

"Ukukhala kwe usizi ephukile phandle njenge i okunganqandeki isifufula.

"Duduzekani; ngizovuka futhi.' Ngemva kwalokhu kukhuluma uLahiri Mahasaya wajika umzimba wakhe kathathu wenza indilinga, wabheka enyakatho ngesimo sakhe se-lotus, wangena ngokukhazimulayo ku- *mahasamadhi wokugcina* . **36-8**

"Isidumbu sikaLahiri Mahasaya esihle, esithandwa kakhulu ngabakhulekeli, sashiswa ngesifungo esikhulu." "Ngakusasa, ngehora leshumi ekuseni, ngiseseBenares, igumbi lami laligcwele ukukhanya okukhulu. Bheka! phambi kwami kwakumi isimo senyama negazi sikaLahiri Mahasaya! Sasibukeka njengomzimba wakhe omdala, ngaphandle kokuthi wawubonakala umncane futhi ukhanya kakhulu. Isazi sami saphezulu sakhuluma nami."

"'Keshabananda,' esho, 'nginguMi. Kusakela kuma-athomu omzimba wami oshisiwe aqothukile, ngivuse isimo esilungisiwe. Umsebenzi womninikhaya wami emhlabeni usuphelile; kodwa angiwushiya umhlaba ngokuphelele. Kusakela manje ngizochitha isikhathi esithile noBabaji eHimalaya, kanye noBabaji endaweni yonke.'

"Ngezwi nje lesibusiso, inkosi evelele yanyamalala. Ukuphefumulelwa okumangalisayo kwagcwalisa inhliziyi yami; ngaphakanyiswa emoyeni njengoba nje nabafundi bakaKristu noKabir **36-9 baphakanyiswa.**" lapho sebebheke ochwepheshe babo abaphilayo ngemva kokufa ngokomzimba.

"Lapho ngibuyela endaweni yami yokuhlala eyodwa eHardwar," kuqhubeka uKeshabananda, "Ngaphatha umlotha ongcwele wesazi sami. Ngiyazi ukuthi uphunyukile ekhejini lendawo nesikhathi; inyani ekhona yonke indawo ikhululiwe. Kodwa kwangiduduza inhliziyi ukulondoloza izinsalela zakhe ezingcwele."

Omunye umfundi owabusiswa ukubona umfundisi wakhe ovusiwe kwakunguPanchanon Bhattacharya ongcwele, umsunguli weCalcutta Arya Mission Institution. **36-10**

Ngavakashela uPanchanon ekhaya lakhe eCalcutta, futhi ngalalela ngenjabulo indaba yeminyaka yakhe eminingi nomphathi. Ekuphetheni, wangitshela ngesenzakalo esimangalisayo kakhulu empilweni yakhe.

"Lapha eCalcutta," kusho uPanchanon, "ngehora leshumi ekuseni okwalandela ukushiswa kwakhe, uLahiri Mahasaya wabonakala phambi kwami enkazimulweni ephilayo."

USwami Pranabananda, "ongcwele onemizimba emibili," naye wangitshela imininingwane yokuhlangenwe nakho kwakhe okungaphezu kwemvelo.

"Ezinsukwini ezimbalwa ngaphambi kokuba uLahiri Mahasaya ashiye isidumbu sakhe," kusho uPranabananda ngesikhathi evakashele esikoleni sami saseRanchi, "Ngithole incwadi evela kuye, engicela ukuba ngize eBenares ngokushesha. Nokho, ngabambezeleka futhi angikwazanga ukuhamba ngokushesha. Njengoba ngangisezinhlelweni zami zokuhamba, cishe ngehora leshumi ekuseni, ngavele ngagcwala injabulo ukubona isithombe esikhanyayo sesazi sami.

"'Kungani shesha ku- Benares?' IsiLahiri IsiMahasaya wathi, ukumamatheka. 'Wena kufanele thola mina Lapho cha isikhathi eside.'

"Njengoba ukuqonda kwamazwi akhe kwangikhanyela, ngakhala kakhulu, ngikholelwa ukuthi ngimbona embonweni kuphela."

"Inkosi yasondela kimi iduduza. 'Nansi, thinta inyama yami,' yathi. 'Ngiyaphila,

njengoba kunjalo njalo. Ungakhali; anginawe yini kuze kube phakade?"

Emilonyeni yalaba bafundi abathathu abakhulu, kuvele indaba yeqiniso elimangalisayo: Ngehora leshumi ekuseni, ngosuku olulandelayo isidumbu sikaLahiri Mahasaya sishiswe emlilweni, inkosi evusiwe, emzimbeni wangempela kodwa oguquliwe, yavela phambi kwabafundi abathathu, ngamunye edolobheni elihlukile.

"Ngakho-ke nini lokhu ebolayo kufanele babe beka kuvuliwe ukungonakali, futhi lokhu umuntu ofayo kufanele babe beka kuvuliwe

ukungafi, khona-ke kuyogcwaliseka izwi elilotshiweyo elithi: Ukufa kugwinyiwe ngokunqoba. O kufa, luphi udosi lwakho? O ngcwaba, luphi ukunqoba kwakho na?"

36-11

36-1 : IsiSri Yukteswar kwakuyi kamuva ngokusemthethweni kuqalwe ku- i IsiSwami I-oda ngu i *uMahant* (indlu

yezindela ikhanda) kwe uBuddha UGaya. 36-2: "INKosi Enkulu" - isiqu senhlonipho.

36-3 : A uchwepheshe ngokuvamile kubhekisela ku- yakhe eyakho umfundi kalula ngu yakhe igama, ukushiya noma yikuphi isihloko. Ngakho-ke, I-Babaji kusho "Lahiri," hhayi "uLahiri Mahasaya."

36-4 : Ngokwezwi nezwi, "okuphakade" inkolo," i igama okunikeziwe ku- i umzimba kwe IsiVeda izimfundiso. *I-Sanatan I-Dharma* ine woza ku- yiba okubizwa ngokuthi *ubuHindu* kusukela i isikhathi kwe i AmaGriki I-WHO oqokiwe i abantu kuvuliwe i amabhange kwe i umfula I-Indus njengoba *Ama-Indoos* , noma *AmaHindu* . Igama elithi *Hindu* , uma likhulunywa kahle, libhekisela kuphela kubalandeli beSanatan *Dharma* noma ubuHindu. Igama elithi *Indian* lisebenza ngokulinganayo kumaHindu namaMohammed kanye nabanye *abantu abahlala* eNdiya (kanye nangephutha elididayo lendawo likaColumbus, kubantu bomdabu baseMelika abangamaMongoli).

Igama lasendulo leNdiya yi- *Aryavarta* , ngokwezwi nezwi, "indawo yokuhlala yama-Aryan." Impande yeSanskrit ye- *arya* ithi "ifanele, ingcwele, ihloniphekile." Ukusetshenziswa kabi kwe *-Aryan kamuva ngokwesiko* hhayi ngokuphathelele nezimo ezingokomoya, kodwa ngokomzimba, kwaholela usosayensi omkhulu waseMpumalanga, Ubuningi Muller, ku-yithi ngendlela emangalisayo: "Ukuya mina i isazi sezenhlalo I-WHO uyakhuluma kwe i U-Aryan uhlanga, U-Aryan igazi, U-Aryan amehlo kanye nezinwele, kuyisoni esikhulu njengososayensi wolimi okhuluma ngesichazamazwi se-
.dolichocephalic noma uhlelo lolimi lwe-brachycephalic

36-5 : *i-param-guru* kuyinto ngokoqobo "i-guru" "Ophakeme kakhulu" noma "i-guru" ngale," okubonisa a umugqa noma ukulandelana kwe othisha. UBabaji, i

.*uchwepheshe* kwe Isilahiri IsiMahasaya, kwakuyi i *i-param-guru* kwe IsiSri Yukteswar

36-6 : Okwami vakashela ku- I-Keshabananda's i-ashram kuyinto kuchaziwe kuvuliwe kk. 405-408 .

36-7 : uSeptemba 26, 1895 kuyinto i usuku kuvuliwe okuyinto Isilahiri IsiMahasaya kwesobunxele yakhe umzimba. Ku- a ezimbalwa Okuningi izinsuku yena ngabe sebefinyelele usuku lokuzalwa kwakhe lweminyaka engamashumi ayisithupha nesishiyagalombili.

36-8 : Ukubheka enyakatho, kanye nokujikeleza umzimba kathathu, kuyizingxenye zesiko lamaVedic elisetshenziswa amakhosi azi kusengaphambili ukuthi nini i okokugcina ihora kuyinto mayelana ku- isiteleka ngoba i ngokomzimba umzimba. I okokugcina ukuzindla, ngesikhathi okuyinto i inkosi ukuhlanganiswa yena ngokwakhe kwi-Cosmic AUM, ubizwa ngokuthi i- *maha* , noma *i-samadhi enkulu* .

36-9 : UKabir wayengumsanta omkhulu wekhulu leshumi nesithupha, abalandeli bakhe abanengi babehlanganisa amaHindu namaMohammed. Ngaleso sikhathi kwe yakhe ukufa, i abafundi baphikisana sekuphelile i indlela kwe ukuqhuba i umngcwabo imikhosi. I ukucasuka i-master rose kusukela yakhe okokugcina ukulala, futhi wanikeza yakhe imiyalelo. "Ingxenye kwe yami izinsalela kufanele yiba wangcwatshwa ngu i AmaSulumane "amasiko;" yena wathi, "ingxenye enye mayishiswe ngesakramente lamaHindu." Wabe esenyamalala. Lapho abafundi bevula ibhokisi elalinesidumbu sakhe, akukho lutho olutholakale ngaphandle kwezimbali ezinhle ze-champak ezinombala wegolide. Ingxenye yalezi zangcwatshwa ngokulalela amaSulumane, ahlonipha indawo yakhe engcwele kuze kube namuhla.

Ku- yakhe intsha IsiKabir kwakuyi wasondela ngu ezimbili abafundi I-WHO wayefunwa umzuzu ingqondo isiqondiso eceleni i
:imfihlakalo indlela. Inkosi yaphendula kalula

Indlela izibikezelo ibanga; Uma Yena yiba eduze, cha indlela okudingekayo wena ku- konke. Impela yona yenza mina"
!ukumamatheka Ku- zwa kwe a inhlanzi nginxanelwe amanzi

36-10 : I-Panchanon kusungulwe, ku a amahektha ayishumi nesikhombisa ingadi ku- I-Deogarh ku I-Bihar, a ithempeli equkethe a itshe isithombe yaseLahiri IsiMahasaya. Okunye isithombe kwe i kuhle kakhulu inkosi ine ube isethi ngu

abafundi ku i okuncane ikamelo lokudlela kwe yakhe I-Benares ekhaya.

36-11 : Mina *KwabaseKorinte* 15:54-55 .

ISAHLUKO: 37

Mina Hamba Ku- IMelika

"IMelika! Ngokuqinisekile laba bantu baseMelika!" Lokhu kwakuwumcabango wami njengoba umbono obanzi wobuso baseNtshonalanga udlula ngaphambi kombono wami wangaphakathi.

Ngigxile ekuzindleni, ngangihleli ngemuva kwamabhokisi anothuli egumbini lokugcina impahla esikoleni saseRanchi. Indawo yangasese kwakunzima ukuyithola phakathi naleyo minyaka ematasa nezingane!

Umbono waqhubeka; isixuku esikhulu, **37-1** engibhekisisa, eshukunyiswa njengomdlali weqonga lokuqonda.

Umnyango wegumbi lokugcina impahla wavuleka; njengenjwayelo, omunye wabafana abasebasha wayethole indawo yami yokucasha. "Woza lapha, Bimal," ngakhala ngenjabulo. "Nginezindaba zakho: iNkosi ingibiza ukuba ngiye eMelika!" "EMelika?" Umfana waphinda amazwi ami ngezwi elibonisa ukuthi ngithe "enyangeni."

"Yebo! Ngizohamba ngiyohlola iMelika, njengoColumbus. Wayecabanga ukuthi useyitholile iNdiya; ngokuqinisekile kukhona ukuxhumana kwe-karmic phakathi kwalawo mazwe amabili!"

UBimal wabaleka; ngokushesha isikole sonke saziswa yiphephandaba elinemilenze emibili - Ngabiza abafundisi abadidekile ngabeka isikole ngaphansi kokuqondisa kwabo.

"Ngiyazi ukuthi uzohlala ubeka phambili imigomo yemfundo kaLahiri Mahasaya," ngisho. "Ngizokubhalela njalo; uma uNkulunkulu evuma, ngolunye usuku ngizobuya."

Izinyembezi zazimi emehlweni ami njengoba ngangibheka okokugcina abafana abancane kanye namahektare aseRanchi anelanga. Ngangazi ukuthi isikhathi esiqondile empilweni yami sase siphelile, kusukela manje ngizohlala emazweni akude. Ngagqeqeshwa eCalcutta emahoreni ambalwa ngemva kombono wami. Ngosuku olulandelayo ngathola isimemo sokukhonza njengesithunywa esivela

eNdiya kwiNgqungquthela Yomhlaba Wonke YamaLiberal Enkolo eMelika. Kwakuzohlangana ngalowo nyaka eBoston, ngaphansi kwe-American Unitarian Association.

Okwami ikhanda ku a isivunguvungu, Mina okufunwayo phandle IsiSri Yukteswar ku ISerampore.

"Guruji, ngisanda kumenywa ukuba ngikhulume engqungqutheleni yenkolo

eMelika. Ngihambe?" "Zonke iminyango ivulekile kuwe," kuphendula

uMfundisi kalula. "Kumanje noma akusoze."

"Kodwa, mnumzane," Mina kusho ku ukudumala, "ini yenza Mina yazi mayelana umphakathi Okhulumayo? Akuvamile babe Mina okunikeziwe a inkulumo,

futhi akakaze ku isiNgisi."

"IsiNgisi" noma cha isiNgisi, yakho amagama kuvuliwe i-yoga kufanele yiba wezwa ku i eNtshonalanga."

Ngahleka. "Kulungile, guruji othandekayo, angicabangi ukuthi amaMelika azofunda isiBengali! Ngicela ungibusise ngokungisiza ngingqobe izithiyo zolimi lwesiNgisi."

37-3

Lapho ngitshela ubaba ngezinhlelo zami, wamangala kakhulu. Kuye iMelika yayibonakala ikude kakhulu; wayesaba ukuthi angase angaphinde angibone.

"Ungahamba kanjani?" ebuza ngokhahlo. "Ubani ozokuxhasa ngezimali?" Njengoba ayezithwalele ngothando izindleko zemfundo yami kanye nempilo yami yonke, ngokungangabazeki wayenethemba lokuthi umbuzo wakhe uzowumisa umsebenzi wami ngendlela ehlazisayo.

"INkosi izongixhasa ngezimali." Njengoba ngiphendula le mpendulo, ngacabanga ngempendulo efanayo engangiyinike umfowethu u-Ananta e-Agra kudala. Ngaphandle kobuqili obukhulu, nganezela, "Baba, mhlawumbe uNkulunkulu uzokufaka engqondweni yakho ukungisiza."

"Cha, angikaze! Yena wabheka ku- mina ngesihawu.

Ngakho-ke, ngamangala lapho ubaba enginika isheke, ngosuku olulandelayo, elalinenani elikhulu.

"Ngikunika le mali," esho, "hhayi ngokwesikhundla sami njengobaba, kodwa njengomfundi othembekile kaLahiri Mahasaya." Hamba bese kuba ku- lokho kude INtshonalanga umhlaba; ukubhebbhetheka Lapho i ukungabi nalukholo izimfundiso kwe *I-Kriya I-yoga* ."

Ngathinteka kakhulu umoya wokuzidela uBaba akwazi ngawo ukuyeka ngokushesha izifiso zakhe. Ukuqaphela okulungile kwakufike kuye ngobusuku obandulele ukuthi akukho sifiso esivamile sokuhamba kwamanye amazwe esasishukumisa uhambo lwami.

"Mhlawumbe ngeke siphinde sihlangane kulempilo." Ubaba, owayeneminyaka engamashumi ayisithupha nesikhombisa ngalesi sikhathi, wakhuluma ngokudabuka.

I-An okunembile ukukholelwa kukhuthazwe mina ku- impendulo, "Impela i Nkosi intando lethu thina ndawonye kanye Okuningi."

Njengoba ngangiqhubeka namalungiselelo ami okushiya iNkosi nezwe lakithi ngiya ogwini olungaziwa lwaseMelika, ngaba novalo olukhulu. Ngangizwile izindaba

eziningi ngesimo saseNtshonalanga esinezinto ezibonakalayo, esihlukile kakhulu esizindeni esingokomoya saseNdiya, esasigcwele umoya wekhulu leminyaka wabangcwele. "Uthisha waseMpumalanga ozolanga umoya waseNtshonalanga," ngacabanga, "kumele abe namandla ngaphezu kwezilingo zanoma yimuphi umkhuhlane waseHimalaya!"

Ngolunye usuku ekuseni kakhulu ngaqala ukuthandaza, ngizimisele kakhulu ukuqhubeka, ngisho nokufa ngithandaza, ngize ngizwe izwi likaNkulunkulu. Ngangifuna isibusiso Sakhe kanye nesiqinisekiso sokuthi ngeke ngizilahlekele enkungwini yezindlela zanamuhla zokusebenzisa izinto. Inhliziyo yami yayizimisele ukuya eMelika, kodwa ngangizimisele nakakhulu ukuzwa induduzo yemvume yaphezulu.

Ngathandaza futhi ngathandaza, ngizithulisa ukukhala kwami. Akukho mpendulo eyafika. Isicelo sami sokuthula sanda saba sibi kakhulu kwaze kwaba yilapho, emini, sengifinyelele esicongweni; ubuchopho bami babungasenakukwazi ukumelana nokucindezeleka kobuhlungu bami. Uma ngiphinda ngikhala ngokujula okukhulu kwesifiso sami sangaphakathi, ngangizokhala. ngazizwa sengathi ubuchopho bami buzohlukana. Ngaleso sikhathi kwezwakala ukungqongqoza ngaphandle kweveranda eseduze negumbi likaGurpar Road engangihleli kulo. Lapho ngivula umnyango, ngabona insizwa egqoke izingubo ezincane zomuntu ongafundile. Yangena, yavala umnyango ngemuva kwayo, yenqaba isicelo sami sokuhlala phansi, yabonisa ngesenzo ukuthi ifisa ukukhuluma nami ngimi.

"Kumelwe ukuba unguBabaji!" Ngacabanga, ngididekile, ngoba indoda eyayingaphambi kwami yayinezimpawu zomfana omncane uLahiri Mahasaya.

Waphendula umcabango wami. "Yebo, nginguBabaji." Wakhuluma kamnandi ngesiHindi. "UBaba wethu osezulwini uwuzwile umthandazo wakho. Ungiyala ukuba ngikutshela: Landela imiyalo yomfundisi wakho bese uya eMelika. Ungesabi; uzovikelwa."

Ngemva kokuthula okunamandla, uBabaji wangiphendula futhi. "Nguwe engimkhethile ukusakaza umyalezo we- *Kriya Yoga* eNtshonalanga. Kudala ngahlangana nomfundisi wakho uYuktswar eKumbha *Mela* ; ngamtshela ukuthi ngizokuthumela kuye ukuze uyoqeqeshwa."

Ngangingakhulumi, ngigcwele ukwesaba kokuzinikela ngokuba khona kwakhe, futhi ngathinteka kakhulu ukuzwa evela kuye. izindebe zakhe ukuthi wayengiqondise eSri Yuktswar. Ngalala phansi phambi kwesazi esingenakufa. Wangiphakamisa ngomusa phansi. Engitshela izinto eziningi ngempilo yami, wabe esenginika iziyalezo zomuntu siqu, futhi washo iziprofetho ezimbalwa eziyimfihlo.

" *I-Kriya Yoga* , indlela yesayensi yokuqaphela uNkulunkulu," esho ngokuzimisela, "ekugcineni izosabalala kuwo wonke amazwe, futhi isize ekuhlanganiseni izizwe ngombono womuntu siqu, ongaphezu kwamandla kaBaba Ongapheli."

Ngokubuka amandla amakhulu, inkosi yanginika amandla ngokubona kancane ukuqonda kwayo kwendawo yonke. Ngesikhashana nje yaqala ukuya emnyango.

"Ungazami ukungilandela," esho. "Ngeke ukwazi ukwenza

kanjalo." "Ngicela, Babaji, ungahambi!" Ngakhala

ngokuphindaphindiwe. "Ngithathe nawe!" Ebheka emuva,

waphendula, "Hhayi manje. Ngesinye isikhathi."

Ngingqotshwe imizwa, angisinakanga isixwayiso sakhe. Njengoba ngangizama ukumlandela, ngathola ukuthi izinyawo zami zazigxile phansi. Kusakela emnyango, uBabaji wangibheka okokugcina ngothando. Waphakamisa isandla sakhe ngendlela yokumbonga wahamba, amehlo ami ebheke kuye ngokulangazelela.

Ngemva kwemizuzu embalwa izinyawo zami zase zikhululekile. Ngahlala phansi ngangena ekuzindleni okujulile, ngimbonga uNkulunkulu ngokungaphezi hhayi nje ngokuphendula umthandazo wami kodwa nangokungibusisa ngokuhlangana noBabaji. Umzimba wami wonke wawubonakala ungcwelisiwe ngokuthintwa yinkosi yasendulo, ehlala isencane. Kwase kuyisikhathi eside ngifisa ukumbona.

Kuze kube manje, angikaze ngixoxele muntu ngale ndaba yokuhlangana kwami noBabaji. Okungcwele kakhulu kokuhlangenwe nakho kwami komuntu, ngikufihlile enhliziyweni yami. Kodwa ngafikelwa umcabango wokuthi abafundi balo mlando wokuphila bangase bathambekele kakhulu ekukholweni ngokoqobo kukaBabaji ozimele kanye nezithakazelo zakhe zomhlaba uma ngilandisa ukuthi ngimbonile ngamehlo ami. Ngisize umdwebi ukudweba isithombe sangempela sikaYogi-Christ omkhulu waseNdiya yanamuhla; sivela kule ncwadi.

I ubusuku bangaphambi kwe yami ukuhamba ngoba i I-United Amazwe kutholakale mina ku IsiSri I-Yukteswar's ngcwele ukuba khona.

"Khohlwa ukuthi wazalwa ungumHindu, futhi ungabi ngumMelika. Thatha okuhle kakhulu kokubili," kusho uMaster ngendlela yakhe ezolile yokuhlakanipha. "Yiba nguwe weqiniso, umntwana kaNkulunkulu. Funa futhi ufake ebuntwini bakho izimfanelo ezinhle kakhulu zabo bonke abazalwane bakho, abasakazeke emhlabeni wonke ngezinhlanga ezahlukene."

Wabe esengibusisa: "Bonke labo abeza kuwe benokholo, befuna uNkulunkulu, bazosizwa. Njengoba ubabheka, umoya ongokomoya ovela emehlweni akho uzongena ebuchosheni babo futhi ushintshe imikhuba yabo yezinto ezibonakalayo, ubenze baqaphele uNkulunkulu kakhulu."

Waqhubeka wathi, "Indlela yakho yokuheha imiphefumulo eqotho inhle kakhulu. Nomaphi lapho uya khona, ngisho nasehlane, uzothola abangane."

Zombili izibusiso zakhe zibonakaliswe kahle. Ngafika ngedwa eMelika, ehlane ngingenaye nomngane oyedwa, kodwa lapho ngathola izinkulungwane zabantu zilungele ukwamukela izimfundiso zomphefumulo ezivivinywe isikhathi eside.

Ngashiya iNdiya ngo-Agasti, 1920, ngeDolobha *IaseSparta* , isikebhe sokuqala sabagibeli esasiya eMelika ngemva kokuphela kweMpi Yezwe I. Ngangikwazile ukubhuka uhambo kuphela ngemva kokususwa, ngezindlela ezimangalisayo, kwezinkinga eziningi "ezibucayi" eziphathelene nokunikezwa kwepasipoti yami.

Phakathi nohambo lwezinyanga ezimbili, omunye umgibeli wathola ukuthi ngingumthunywa waseNdiya engqungqutheleni yaseBoston.

"Swami Yogananda," esho, ngephimiso lokuqala kweziningi ezingavamile engazizwa ngalo kamva igama lami likhulunywa amaMelika, "ngicela nisize abagibeli ngenkulumo elandelayo." NgoLwesine ebusuku. Ngicabanga ukuthi sonke singazuza ngenkulumo ethi 'Impi Yokuphila Nokuthi Ungalwa Kanjani Nayo.'"

Maye! Kwadingeka ngilwe impi yokuphila kwami, ngathola ngoLwesithathu. Ngizama kakhulu ukuhlela imibono yami ibe yinkulumo ngesiNgisi, ekugcineni ngashiya konke ukulungiselela; imicabango yami, njengethole lasendle elibheke

isihlalo sehhashi, lenqaba noma yikuphi ukubambisana nemithetho yohlelo lolimi lwesiNgesi. Nokho, ngithembele ngokugcwele eziqinisekiseni zeNkosi zesikhathi esidlule, ngavela phambi kwezilaleli zami zangoLwesine e-saloon yesitimela. Akukho ukukhuluma okuzwakalayo okwavela ezindebeni zami; ngama phambi kweqembu ngaphandle kokusho lutho. Ngemva komncintiswano wokukhuthazela othathe imizuzu eyishumi, izilaleli zaqaphela isimo sami esibucayi zaqala ukuhleka.



Ngimi epulatifomu ngaphambi kwelinye lamakilasi ami eMelika. Leli kilasi labafundi abayinkulungwane be-yoga labanjwa eWashington, DC

Isimo sasingesihleki kimi ngaleso sikhathi; ngentukuthelo ngathumela umthandazo buthule kuMfundisi. "Ungakwazi ! Khuluma!" Izwi lakhe lazwakala ngokushesha engqondweni yami.

Imicabango yami yafika ngokushesha ebuhlotsheni obuhle nolimi lwesiNgisi. Ngemva kwemizuzu engamashumi amane nanhlanu izilaleli zazisalalele. Inkulumo yangitholela izimemo eziningi zokuya enkulumweni kamuva phambi kwamaqembu ahlukahlukene eMelika.

Angikaze ngikhumbule, ngemva kwalokho, izwi engangilikhulumile. Ngokubuza ngobuhlakani ngafunda kubagibeli abaningana: "Unikeze inkulumo ekhuthazayo ngesiNgisi esishukumisayo nesinembile." Kulezi zindaba ezimnandi ngabonga ngokuthobeka uthisha wami ngosizo lwakhe olufike ngesikhathi, ngiqaphela kabusha ukuthi wayelokhu ekhona. nami, ngisusa zonke izithiyo zesikhathi nendawo.

Ngezikhathi ezithile, phakathi nesikhathi esisele sohambo lwasolwandle, ngangizwa ukwesaba okuncane ngobunzima obuzayo bokufundisa isiNgisi engqungqutheleni yaseBoston.

"Nkosi," ngathandaza, "ngicela ugqozi lwami lube nguwe, hhayi amabhomu okuhleka kwezilaleli futhi !"

Idolobha laseSparta lafika eduze kwaseBoston ngasekupheleni kukaSeptemba. Ngomhlaka-6 ku-Okthoba ngakhuluma ingqungquthela ngenkulumo yami yokuqala

eMelika. Yamukelwe kahle; ngaphefumula ngokukhululeka. Unobhala ohloniphekile we-American Unitarian Association wabhala la mazwi alandelayo encwadini eshicilelwe 37-4 kwezinqubo zengqungquthela:

"USwami Yogananda, isithunywa esivela eBrahmacharya Ashram yaseRanchi, eNdiya, ulethe imikhonzo yeNhlangothi yakhe eCongress. NgesiNgisi esicacile kanye nenkulumbo ephoqeletwe, wanikeza inkulumbo yomlingiswa wefilosofi mayelana 'neSayensi Yenkolo,' enyatheliswe ngendlela yamapheshana ukuze isakazwe kabanzi. Wagcizelela ukuthi inkolo iyonke futhi iyodwa. Thina

akunakwenzeka ukuthi amasiko nezinkolelo ezithile zihlanganise wonke umuntu, kodwa into efanayo enkolweni ingahlanganiswa wonke umuntu, futhi singacela bonke ukuba bayilande futhi bayilalele.”

Ngenxa yomusa kaBaba, ngakwazi ukuhlala eMelika ngemva kokuphela kwengqungquthela. Iminyaka emine ejabulisayo ngayisebenzisa ezimweni eziphansi eBoston. Nganikeza izinkulumo zomphakathi, ngafundisa amakilasi, futhi ngabhala incwadi yezinkondlo, ethi *Songs Of The Soul* , enesandulelo sikaDkt. Frederick B. Robinson, umongameli weKolishi laseDolobheni laseNew York. **37-5**

Ngigqala uhambo lokuya ngaphesheya kwezwekazi ehlobo lika-1924, ngakhuluma phambi kwezinkulungwane zabantu emadolobheni amakhulu, ngaphetha uhambo lwami lwasentshonalanga ngeholidi enyakatho enhle yase-Alaska.

Ngosizo lwabafundi abanezinhliziyo ezinhle, ekupheleni kuka-1925 ngase ngisungule indlunkulu yaseMelika eMount Washington Estates eLos Angeles. Lesi sakhiwo yisona engangisibone eminyakeni edlule embonweni wami eKashmir. Ngashesha ukuthumela izithombe zikaSri Yukteswar zale misebenzi yaseMelika ekude. Waphendula ngekhadi leposi ngesiBengali, engilhumusha lapha:

Okweshumi nanye Agasti, 1926

Ingane kwe yami inhliziyo, O UYogananda!

Ukubona izithombe zesikole sakho nabafundi bakho, injabulo efika empilweni yami engingakwazi ukuyiveza amazwi. Ngiyajabula ukubona abafundi bakho be-yoga basemadolobheni ahlukene. Ngibona izindlela zakho ezivumelwaneni zokuhlabelela, ukudlidliza kokuphulukisa, kanye nemithandazo yokuphulukisa yaphezulu, angikwazi ukuyeka ukukubonga ngokusuka enhliziyweni yami. Ngibona isango, indlela egobile ebheke phezulu, kanye nendawo enhle ngisakazeke ngaphansi kweMount Washington Estates, ngilangazelela ukukubona konke ngamehlo ami.

Konke lapha kuhamba kahle. Ngomusa kaNkulunkulu, sengathi

ungahlala usenjabulweni. SRI YUKTESWAR GIRI

Iminyaka yadlula ngokushesha. Ngafundisa kuzo zonke izingxenye zezwe lami elisha, futhi ngakhuluma namakhulu amakilabhu, amakolishi, amasonto, namaqembu azo zonke izinkolo. Amashumi ezinkulungwane zabantu baseMelika athola ukuqaliswa kwe-yoga. Kubo bonke ngabanikezela incwadi entsha yemicabango yomthandazo ngo-1929- *Whispers From Iphakade* , kanye nesandulelo sika-Amelita Galli-Curci. **37-6** Nginikeza lapha, encwadini, inkondlo enesihloko esithi "Nkulunkulu! Nkulunkulu! Nkulunkulu!", eyabhalwa ngobusuku obubodwa njengoba ngimi epulatifomu yenkulumo:

Kusukela i ukujula kwe ubuthongo,
Njengoba ngikhuphuka izitebhisi ezijikelezayo
zokuphaphama, ngiyahlebelala:
Nkulunkulu! Nkulunkulu! Nkulunkulu!
Ungukudla, futhi uma ngiqeda ukuzila kwami
kokuhlukana nawe ebusuku,
Mina ukunambitha Wena, futhi ngokwengqondo yithi:

Nkulunkulu! Nkulunkulu! Nkulunkulu!
Kungakhathaliseki ukuthi ngiyaphi, ukukhanya
kwengqondo yami kuhlala kukukhanyisa;
Futhi ku i impi i-din kwe umsebenzi
Ukukhala kwami ngempi buthule kuhlala
njalo: Nkulunkulu! Nkulunkulu!
Nkulunkulu! Lapho iziphepho ezinkulu
zezilingo zimemeza, Futhi lapho
ukukhathazeka kungikhalela,
Mina minza yabo ukuxokozela, ngokuzwakalayo ukuhlabelela:
Nkulunkulu! Nkulunkulu! Nkulunkulu!
Lapho ingqondo yami iluka
amaphupho Ngemicu
yezinkumbulo,
Bese kuvuliwe lokho umlingo indwangu Mina thola okuqoshiwe:
Nkulunkulu! Nkulunkulu! Nkulunkulu!
Njalo ubusuku, ku isikhathi kwe okujulile kakhulu ukulala,
Amaphupho ami okuthula kanye nokubiza
kwami, Injabulo! Injabulo! Injabulo! Futhi
injabulo yami iza ihlabelela njalo:
Nkulunkulu! Nkulunkulu! Nkulunkulu!
Ekuvukeni, ekudleni, ekusebenzeni, ekuphupheni,
ekulaleni, ekukhonzeni, ekuzindleni,
ekuhlabeleleni, ekuthandeni uNkulunkulu,
Umphefumulo wami uhlala ukhala, ungazwakali
yinoma ubani:
Nkulunkulu! Nkulunkulu! Nkulunkulu!

Ngezinye izikhathi—ngokuvamile ngosuku lokuqala lwenyanga lapho izikweletu
zifika zokunakekelwa kweMount Washington nezinye izikhungo ze-Self-Realization
Fellowship!—Ngangicabanga ngokulangazelela ukuthula okulula kwaseNdiya.
Kodwa nsuku zonke ngangibona ukuqondana okubanzi phakathi kweNtshonalanga
neMpumalanga; umphefumulo wami wajabula.

Ngithole inhliziyu enkulu yaseMelika ivezwe emigqeni emangalisayo ka-Emma
Lazarus, eqoshwe phansi kweSithombe Sokukhululeka, "uMama Wabadingisiwe":

Kusukela yena isandla sebhekoni
Ukukhanya kuyamukelwa emhlabeni wonke; amehlo
akhe athambile ayala ichweba elinophahla lwendiza
elibiyelwe ngamadolobha amabili.

"Gcina, mazwe asendulo, ubukhazikhazi bakho
obunzitezi!" ememeza ngezindebe ezithule. "Nginike
izixuku zakho ezikhathale, ezimpofu, ezifisa
ukuphefumula mahhala,
Imfucumfucu embi yogwini lwakho olugcwele
amanzi. Thumela laba kimi, abangenamakhaya,
abaphepho, ngiphakamisa isibani sami eceleni
komnyango wegolide.

37-1 : Eziningi kwe labo ubuso Mina babe kusukela kubonwe ku i INTshonalanga, futhi ngokushesha kuyaqashelwa..

37-2 : IsiSwami Premananda, manje i umholi kwe i Ukuzibona Isonto kwe Konke Izinkolo ku IWashington, DC, kwakuyi eyodwa yabafundi esikoleni saseRanchi ngesikhathi ngisuka lapho ngiya eMelika. (WayenguBrahmachari Jotin ngaleso sikhathi.)

37-3 : IsiSri Yukteswar futhi Mina ngokuvamile ingxoxo ku IsiBengali.

37-4 : *Okusha Izinkambo Zokuhambela Izindawo Zokungcebeleka Of I Umoya* (IBoston: I-Beacon Cindezela, 1921).

37-5 : UDkt. futhi Nkk. URobinson ukuvakashelwa I-India ku 1939, futhi babe ohlonishwayo izivakashi ku- i I-Ranchi isikole.

37-6 : Mm. I-Galli-Curci futhi yena umyeni, Homer USamuels, i upiyano, babe ube I-Kriya I-Yoga abafundi ngoba amashumi amabili iminyaka. ugqozi indaba kwe i odumile i-prima uDonna's iminyaka kwe umculo ine ube muva nje kushicilelwe (*I-Galli-Curci's Impilo Of Ingoma* , ka-CE LeMassena, Paear Co., eNew York, 1945).

ISAHLUKO: 38

ULuther I-Burbank -- A uSanta Phakathi I AmaRoses

"Imfihlo yokukhulisa izitshalo ngcono, ngaphandle kolwazi lwesayensi, uthando." ULuther Burbank washo lokhu kuhlakanipha njengoba ngangihamba eceleni kwakhe engadini yakhe yaseSanta Rosa. Sama eduze kombhede we-cacti edliwayo.

"Ngesikhathi ngenza izivivinyo zokwenza i-cacti 'engenamgogodla'," eqhubeka, "Ngangivame ukukhuluma no- izitshalo ukudala ukudlidliza kothando. 'Akunalutho okufanele ulwesabe,' bengizitshela. 'Awunalo ngidinga ameva akho okuzivikela. Ngizokuvikela.' Kancane kancane isitshalo esiwusizo sasehlane savela uhlobo olungenameva.

Ngakhangwa yilesi simangaliso. "Ngicela, Luther othandekayo, ungiphe amaqabunga ambalwa e-cacti ukuze ngiwatshale engadini yami eMount Washington."

A isisebenzi ukuma eduze kwaqala ku- umugqa kuvaliwe abanye amaqabunga; I-Burbank kuvinjelwe yena.

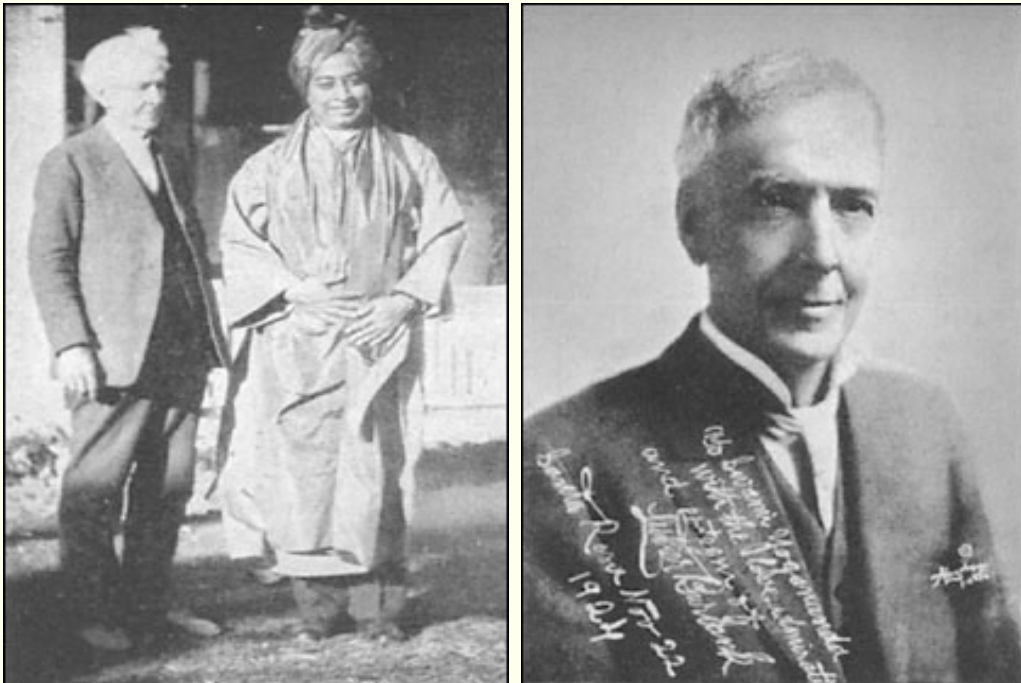
"Mina ngokwami ngizozikha ukuze ngizidle." Wanginika amaqabunga amathathu, kamuva ngawatshala, ngijabula njengoba ekhula aba yindawo enkulu.

Umlimi omkhulu wezitshalo ungitshele ukuthi ukungoba kwakhe kokuqala okuphawulekayo kwakuyi-large potato, manje eyaziwa ngegama lakhe. Njengoba enekhono lokungakhathali, waqhubeka nokwethula umhlaba ngamakhulu

wahlanganisa ukuthuthukiswa kwemvelo - izinhlobo zakhe ezintsha zeBurbank zikatamatisi, ummbila, u-squash, ama-cherries, ama-plum, ama-nectarine, amajikijolo, ama-poppies, iminduze, ama-roses.

Ngagxilisa ikhamera yami njengoba uLuther engihola phambi kwesihlahla se-walnut esidumile ayefakazele ngaso ukuthi ukuziphendukela kwemvelo kungasheshiswa nge-teleskopu.

"Ngeminyaka eyishumi nesithupha kuphela," esho, "lesi sihlahla se-walnut sifinyelele esimweni sokukhiqizwa kwamantongomane amaningi lapho imvelo engenalusizo yayingaletha khona lesi sihlahla kabili ngaleso sikhathi."



ULuther I-Burbank, othandekayo umngane, ukuma nge mina ku yakhe Santa URosa ingadi.

I-Burbank's okuncane yamukelwe indodakazi weza ukudlala nge yenainja ku- i ingadi.

"Uyisitshalo sami esingumuntu." ULuther wamphakamisela isandla ngothando. "Manje ngibona isintu njengesitshalo esisodwa esikhulu, esidinga uthando kuphela ukuze sigcwaliseke kakhulu, izibusiso zemvelo zangaphandle okukhulu, kanye nokuwela okuhlakaniphile nokukhetha. Esikhathini sokuphila kwami ngibone intuthuko emangalisayo ekuziphendukeleni kwezitshalo kangangokuthi ngibheke phambili ngethemba ezweni elinempilo nelijabulisayo ngokushesha nje lapho izingane zalo zifundiswa izimiso zokuphila okulula nokunengqondo. Kumelwe sibuyele emvelweni nakuNkulunkulu wemvelo."

"Luther, ubungakujabulela isikole sami saseRanchi, esinezifundo zaso zangaphandle, kanye nesimo senjabulo nobulula."

Amazwi ami athinta i-chord eseduze kakhulu nemfundo kaBurbank yobuntwana. Wangibuza imibuzo, isithakazelo sikhanya emehlweni akhe ajulile, athule.

“Swamiji,” esho ekugcineni, “izikole ezifana nezakho ziwukuphela kwethemba leminyaka yesikhathi esizayo. Ngivukela izinhlelo zemfundo zesikhathi sethu, ngihlukanisiwe nemvelo futhi ngivinjelwa yibo bonke

ubuntu. Mina ekuseni nge wena inhliziyi futhi umphefumulo ku yakho okusebenzayo imibono emihle kwe imfundo."

Njengoba ngangivalelisa isazi esimnene, sabhala incwadi encane sayinika mina . **1**

"Lapha kuyinto yami incwadi kuvuliwe *I Ukuqeqeshwa Of I Umuntu Isitshalo* ," **38-2** yena kusho. "Okusha izinhlobo kwe ukuqeqeshwa kuyadingeka—izivivinyo ezingenasibindi. Ngezinye izikhathi izivivinyo ezinesibindi kakhulu ziye zaphumelela ekuvezeni okuhle kakhulu ngezithelo nezimbali. Izinto ezintsha zemfundo zezingane kufanele zibe ziningi kakhulu, zibe nesibindi esikhulu.

Ngafunda incwadi yakhe encane ngalobo busuku ngentshisekelo enkulu. Iso lakhe libona ikusasa elikhazimulayo lohlanga, wabhala: "Into ephilayo enenkani kakhulu kuleli zwe, okunzima kakhulu ukuyiphambuka, yisitshalo." kanye okuhleliwe ku ngokuqinisekile imikhuba.Khumbula lokho lokhu isitshalo ine kugcinwe yayo ubuntu konke

phakathi neminyaka; mhlawumbe yileyo engalandelwa emuva ngezikhathi eziningi emadwaleni ngokwawo, ingakaze ishintshe kakhulu kuzo zonke lezi zikhathi ezinkulu. Ingabe uyakwenza lokho? Ake sithi, ngemva kwazo zonke lezi zikhathi zokuphindaphinda, isitshalo asibi nentando, uma ukhetha ukuyibiza kanjalo, yokuqina okungenakuqhathaniswa? Ngempela, kunezitshalo, njengezinye zezandla, eziphikelela kangangokuthi awekho amandla omuntu akwazi ukuzishintsha. Intando yomuntu iyinto ebuthakathaka ngaphandle kwentando yesitshalo. Kodwa bheka ukuthi inkani yalesi sitshalo sonke impilo yonke iphulwa kanjani ngokumane sihlanganise impilo entsha nayo, senze, ngokuwela, ushintsho oluphelele nolunamandla empilweni yaso. Bese kuthi lapho i ikhefu kuza, ukulungisa yona ngu lokhu izizukulwane kwe isiguli ukuqapha futhi ukukhetha, futhi isitshalo esisha siqala indlela yaso entsha ukuze singaphinde sibuyele kwesidala, ukuphikelela kwaso kuzophuka futhi kushintshe ekugcineni.

"Uma kukhulunywa ngento ebucayi futhi ethambile njengohlobo lomntwana, inkinga iba lula kakhulu."

Ngidonseleke kakhulu kulo mMelika omkhulu, ngamvakashela kaninginingi. Ngolunye usuku ekuseni ngafika ngesikhathi esifanayo nomphathi weposi, owafaka izincwadi ezingaba yinkulungwane egumbini lokufundela laseBurbank. Abalimi bezitshalo wabhala yena kusukela konke izingxenye kwe i umhlaba.

"Swamiji, ukuba khona kwakho kumane kuyizaba engizidingayo ukuze ngiphume ngiye engadini," kusho uLuther ngokujabula. Wavula idrowa elikhulu ledeski elaliqukethe amakhulu amafolda okuhamba.

"Bheka," esho, "yile ndlela engihamba ngayo. Ngiboshwe yizitshalo zami kanye nezincwadi zami, nganelisa isifiso sami samazwe angaphandle ngokubuka lezi zithombe ngezikhathi ezithile."

Imoto yami yayimi phambi kwesango lakhe; mina noLuther sasishayela emigwaqweni yedolobhana, izingadi zalo zikhanya ngezinhlobo zakhe zezimbali zeSanta Rosa, Peachblow, kanye neBurbank.

“Mina nomngane wami uHenry Ford sobabili sikholelwa embonweni wasendulo wokuphindukuzalwa,” kusho uLuther kimi. “Ikhanyisa izici zokuphila ezingenakuchazeka. Inkumbulo ayilona isivivinyo seqiniso; ukuthi nje umuntu wehluleka ukukhumbula izimpilo zakhe zangaphambilini akufakazeli ukuthi wayengakaze abe nazo. Inkumbulo ayinalutho mayelana nesisu sakhe—impilo yakhe kanye nobuntwana bakhe; kodwa mhlawumbe wadlula kuzo!” Wahleka usulu.

Usosayensi omkhulu wayethole ukufundiswa *kweKriya* ngesikhathi sokuhambela kwami kwangaphambilini. “Ngiyisebenzisa ngobuqotho le ndlela, Swamiji,” esho. Ngemva kwemibuzo eminingi ejulile kimi mayelana nezinhlobo ezahlukenene ze-

izici kwe i-yoga, ULuther waphawula kancane kancane:

"IMpumalanga ngempela inolwazi oluningi kakhulu iNtshonalanga engakaqali ukuluhlola ."

Ukuxhumana okuseduze nemvelo, okwamvulela izimfihlo zakhe eziningi ezifihliwe ngomona, kwakunike uBurbank inhlonipho engenamkhawulo engokomoya.

"Ngezinye izikhathi ngizizwa ngiseduze kakhulu naMandla angenamkhawulo," esho ngamahloni. Ubuso bakhe obunozwela, obuhlelwe kahle bukhanya ngezinkumbulo zakhe. "Ngakho-ke ngikwazile ukuphulukisa abantu abagulayo abangizungezile, kanye nezitshalo eziningi ezigulayo."

Wangitshela ngonina, umKristu oqotho. "Izikhathi eziningi ngemva kokufa kwakhe," kusho uLuther, "ngibusiswe ukubonakala kwakhe emibonweni; ukhulumile nami."

Thina washayela emuva ngokungathandi maqondana yakhe ikhaya futhi labo ukulinda inkulungwane izincwadi.

"Luther," ngaphawula, "ngenyanga ezayo ngizoqala umagazini ozokwethula iminikelo yeqiniso yaseMpumalanga naseNtshonalanga. Ngicela ungisize ngikhethe igama elihle lephephabhuku."

Saxoxa ngezihloko isikhashana, futhi ekugcineni savumelana nge *-East-West* . Ngemva kokungena kabusha esikhungweni sakhe sokufunda, uBurbank wanginika isihloko ayesibhale nge-"Science and Civilization."

"Lokhu intando hamba ku i kuqala inkinga kwe " *Empumalanga-Ntshonalanga* ," Mina kusho ngokubonga.

Njengoba ubungane bethu babujula, ngabiza uBurbank ngokuthi "ungcwele waseMelika." "Bheka indoda," ngicaphuna, "okungekho nkohliso kuye!" Inhliziyo yakhe yayijule ngokungenakulinganiswa, ejwayelene nokuthobeka, ukubekezela, nokuzidela. Ikhaya lakhe elincane phakathi kwezimbali lalilula kakhulu; wayazi ukungabi namsebenzi kokunethezeka, injabulo yezinto ezimbalwa. Ukuthobeka ayekugqokile udumo lwakhe lwesayensi kwangikhumbuza ngokuphindaphindiwe ngezihlahla ezigoba phansi ngomthwalo wezithelo ezivuthiwe; umuthi ongatheli ophakamisa ikhanda lawo phezulu ngokuzikhukhumeza okungenamsebenzi.

NgangiseNew York lapho, ngo-1926, umngane wami othandekayo eshona. Ngikhala izinyembezi ngacabanga, "O, ngingajabula ukuhamba yonke indlela ukusuka lapha ngiye eSanta Rosa ukuze ngimbone futhi!" Ngizivalele kude nonobhala nezivakashi, ngachitha amahora angamashumi amabili nane alandelayo ngizimele.

Ngosuku olulandelayo ngenza isiko lesikhumbuzo samaVeda eduze kwesithombe esikhulu sikaLuther. Iqembu labafundi bami baseMelika, begqoke izingubo

zemikhosi yamaHindu, bahlabelela izingoma zasendulo njengoba umnikelo wenziwe ngezimbali, amanzi, nezimpawu zomlilo zezinto zomzimba kanye nokukhululwa kwazo eMthonjeni Ongenamkhawulo.

Nakuba isimo sikaBurbank siseSanta Rosa ngaphansi komsedari waseLebhanoni awutshala eminyakeni edlule engadini yakhe, umphefumulo wakhe ungigcinele yonke imbali enamehlo amakhulu eqhakaza eceleni kwendlela. Ehoxiswe okwesikhashana emoyeni omkhulu wemvelo, akuyena yini uLuther okhuluma emoyeni wakhe, ehamba ekuseni kwakhe?

Igama lakhe selidluliselwe efeni lenkulumo evamile. Ifaka igama elithi "burbank" ohlwini njengesenzo esiguqukayo, i-Webster's New International Dictionary ilichaza kanje: "Ukuwela noma ukuhluka (isitshalo). Ngakho-ke, ngokomfanekiso, ukuthuthukisa (noma yini, njengengqubo noma isikhungo) ngokukhetha izici ezinhle nokwenqaba okubi, noma ngokungeza izici ezinhle."

"Burbank othandekayo," ngakhala ngemva kokufunda incazelo, "igama lakho manje seliyigama elifanayo nelithi ubuhle!"

A handwritten signature in black ink, reading "Luther Burbank". The signature is written in a cursive, flowing style with a large, prominent 'L' and 'B'.

neminyaka yeMpi Yombango, wacabanga ukuthi uLincoln uyamhlonipha kangaka.

ukuthi wayengathandi ukubuyela eNdiya aze athole isithombe soMkhululi Omkhulu. kuvuliwe Indlu kaLincoln umnyango, i umthengisi wenqaba ku- hamba kuze kube i ukumangala UMongameli kuvunyelwe yena ku- hlanganisa izinsizakalo zikaDaniel Huntington, umdwebi odumile waseNew York. Lapho isithombe sesiqediwe, umHindu wasithatha .ngokunqoba waya eCalcutta

38-2 : Okusha I-York: Ikhulu leminyaka Inkampani, 1922.

IS AHLUKO: 39

UTherese Neumann, I AmaKatolika I-Stigmatist

"Buyela eNdiya. Bengikulinde ngesineke iminyaka eyishumi nanhlanu. Maduze ngizobhukuda ngiphume emzimbeni ngiye eKhanyisweni. Yogananda, woza!"

Izwi likaSri Yukteswar lazwakala ngendlela emangalisayo endlebeni yami yangaphakathi njengoba ngangihleli ngizindla endlunkulu yami yaseMt. Washington. Njengoba ngangihamba amakhilomitha ayizinkulungwane eziyishumi ngokuphazima kweso, umyalezo wakhe wangena ngaphakathi kimi njengokukhanya kombani.

Iminyaka eyishumi nanhlanu! Yebo, ngaqaphela, manje sekungu-1935; ngichithe iminyaka eyishumi nanhlanu ngisakaza izimfundiso zomfundisi wami eMelika. Manje usengikhumbula.

Ntambama ngalolo suku ngaxoxela umfundi owayengivakashele ngokuhlangenwe nakho kwami. Intuthuko yakhe ngokomoya ngaphansi *kweKriya Yoga* yayimangalisa kangangokuthi ngangivame ukumbiza ngokuthi "ungcwele," ngikhumbula isiprofetho sikaBabaji sokuthi neMelika yayizokhiqiza amadoda nabesifazane abaqaphela uNkulunkulu ngendlela yasendulo ye-yogic .

Lokhu umfundi futhi a inombolo kwe abanye ngomusa wagcizelela kuvuliwe ukwenza a umnikelo ngoba yami uhambo. Inkinga yezezimali isixazululiwe kanjalo, ngenza amalungiselelo okuhamba ngomkhumbi, ngidlula eYurophu, ngiya eNdiya. Amasonto amatasa okulungiselela eMount Washington! NgoMashi, 1935 ngaba ne-Self-Realization Fellowship eqashwe ngaphansi kwemithetho yeSifundazwe saseCalifornia njengenhlangano engenzi nzuzo. Kulesi sikhungo semfundo yonke iminikelo yomphakathi iya kanye nemali engenayo evela ekuthengisweni kwezincwadi zami, omagazini, izifundo ezibhaliwe, imali yokufunda ekilasini, kanye

nayo yonke eminye imithombo yemali engenayo.

"Mina kufanele yiba emuva," Mina utshele yami abafundi. "Akukaze kwenzeke kufanele Mina khohlwa iMelika."

Edilini lokuvalelisa engilnikwe eLos Angeles ngabangane abathandekayo, ngababuka ubuso babo isikhathi eside futhi ngacabanga ngokubonga, "Nkosi, lowo okukhumbulayo njengoMniki Wedwa akasoze antula ubumnandi."

kwe ubungane phakathi abantu abafayo."

Ngasuka eNew York ngomkhumbi ngomhlaka-9 Juni 1935 **ngo-39-1** e- *Europa* . Abafundi ababili bangiphelezele: unobhala wami, uMnu. C. Richard Wright, kanye nesalukazi saseCincinnati, uNksz Ettie Bletch. Sijabulele izinsuku zokuthula kolwandle, umehluko owamukelekayo emavikini adlule amatasa. Isikhathi sethu sokuphumula besifushane; isivinini sezikebhe zanamuhla sinezici ezithile ezidabukisayo!

Njenganoma yiliphi elinye iqembu lezivakashi ezifuna ukwazi, sahambahamba edolobheni elikhulu nelasendulo laseLondon. Ngosuku olulandelayo ngamenywa ukuba ngikhulume emhlanganweni omkhulu eCaxton Hall, lapho ngethulwa khona ezilalelini zaseLondon nguSir Francis Younghusband. Iqembu lethu lachitha usuku olujabulisayo njengezivakashi zikaSir Harry Lauder endaweni yakhe eScotland. Ngokushesha sawela i-English Channel saya izwekazi, ngoba ngangifuna ukwenza uhambo olukhethekile oluya eBavaria. Lokhu kwakuyoba ukuphela kwami Ngazizwa sengathi ithuba lokuvakashela imfihlakalo enkulu yamaKatolika, uTherese Neumann waseKonnersreuth.

Eminyakeni edlule ngangifunde indaba emangalisayo kaTherese. Ulwazi olunikezwe kulesi sihloko lwaluthi :

(1) UTherese, owazalwa ngo-1898, walimala engozini eneminyaka engamashumi amabili; waba yimpumputhe futhi wakhubazeka.

(2) Waphinde wabona ngokuyisimangalisano ngo-1923 ngemithandazo eya kuSt. Teresa, ethi "Imbali Encane." Kamuva izitho zikaTherese Neumann zaphulukiswa ngokushesha.

(3) Kusukela ngo-1923 kuqhubeke, uTherese ubelokhu egwema ukudla nokuphuza nhlobo, ngaphandle kokugwinya i-wafer eyodwa encane enikelwe nsuku zonke.

(4) I-stigmata, noma amaxeba angcwele kaKristu, abonakala ngo-1926 ekhanda likaTherese, esifubeni, ezandleni nasezinyaweni. NgoLwesihlanu lwesonto ngalinye ngemva kwalokho, uTherese udlule ekuhluphekeni kukaKristu, ehlushwa emzimbeni wakhe zonke izinhlungu zakhe zomlando.

(5) Ekwazi ngokuvamile isiJalimane esilula kuphela sedolobhana lakubo, ngesikhathi sokuhamba kwakhe ngoLwesihlanu uTherese ukhuluma imisho izazi eziye zayibiza ngokuthi isi-Aramu sasendulo. Ngezikhathi ezifanele embonweni wakhe, ukhuluma isiHebheru noma isiGriki.

(6) Ngu- isonto imvume, UTherese ine eziningana izikhathi ube ngaphansi vala okubonwayo kwesayensi. UDkt. Fritz Gerlick, umhleli wephephandaba laseJalimane

lamaProthestani, waya eKonnersreuth ukuyodalula ukukhwabanisa kwamaKatolika, kodwa wagcina ngokubhala ngenhlonipho umlando wakhe. **39-2**

Njengokujwayelekile, kungakhathaliseki ukuthi kuseMpumalanga noma eNtshonalanga, ngangilangazelela ukuhlangana nosanta. Ngajabula njengoba iqembu lethu elincane lingena, ngoJulayi 16, idolobhana elihle laseKonnersreuth. Abalimi baseBavaria babonise isithakazelo esikhulu emotweni yethu yeFord (eyayilethwa nathi ivela eMelika) kanye neqembu layo elihlukahlukene—insizwa yaseMelika, isalukazi, kanye nendoda yaseMpumalanga enombala we-olive enezinwele ezinde ezifakwe ngaphansi kwekhola yejazi layo.

UTherese okuncane indlu encane, kuhlanzekile futhi kuhlanzekile, nge ama-geranium ukuqhakaza ngu a isidala kahle, kwakuyi maye!

ivaliwe buthule. Omakhelwane, ngisho nephoyisa lendawo elalidlula, abakwazanga ukusinika ulwazi. Imvula yaqala ukuna; abangane bami basikisela ukuthi sihambe.

"Cha," Mina kusho ngenkani, "Mina intando hlala lapha kuze kube Mina thola abanye umkhondo ukuhola ku- uTherese."

Ngemva kwamahora amabili sasihleli emotweni yethu phakathi kwemvula enkulu. "Nkosi," ngaphefumula ngikhononda, "kungani ungiholele lapha uma esenyamalele?"

I-An Abakhuluma isiNgisi indoda kumisiwe eceleni thina, ngenhlonipho umnikelo yakhe usizo.

"Angazi ngokuqinisekile ukuthi uTherese ukuphi," esho, "kodwa uvame ukuvakashela ekhaya likaSolwazi Wurz, isazi semfundo ephakeme sase-Eichstatt, esingamakhilomitha angamashumi ayisishiyagalombili ukusuka lapha."

Ngakusasa ekuseni iqembu lethu lahamba ngemoto laya edolobhaneni elithule lase-Eichstatt, elinemigwaqo emincane egandayiwe ngamatshe. UDkt. Wurz wasibingelela ngemfudumalo ekhaya lakhe; "Yebo, uTherese ulapha." Wamthumelela umyalezo wezivakashi. Isithunywa safika ngokushesha nempendulo yakhe.

"Nakuba umbhishobhi engicele ukuba ngingabonani nomuntu ngaphandle kwemvume yakhe, ngizokwamukela umuntu kaNkulunkulu ovela eNdiya."

Ngithinteke kakhulu ngala mazwi, ngalandela uDkt. Wurz phezulu ngaya egumbini lokuhlala. UTherese wangena ngokushesha, ekhanya umoya wokuthula nenjabulo. Wayegqoke ingubo emnyama nengubo emhlophe ecwebelayo. Nakuba eneminyaka engamashumi amathathu nesikhombisa ngaleso sikhathi, wayebonakala emncane kakhulu, enomoya omuhle nobuhle obufana nobomntwana. Ephilile, emile kahle, enezihlathi ezibomvu, futhi ejabule, lo ngusanta ongadli!

UTherese wangibingelela ngokuxhawulana okumnene. Sobabili sajabula kakhulu ngenhlanganyelo ethule, ngamunye azi ukuthi ungumthandi kaNkulunkulu.

UDkt. Wurz wanikela ngomusa ukuba ngumhumushi. Njengoba sasihleli phansi, ngaphawula ukuthi uTherese wayengibheka ngelukuluku lokufuna ukwazi; ngokusobala amaHindu ayengavamile eBavaria.

"Ungakwenzi lokho" wena dla kukhona yini? Mina wayefunwa ku-

zwa i impendulo kusukela yena eyakho izindebe. "Cha,

ngaphandle kwe-wafer yerayisi enikelwe ngofulawa, kanye njalo

ekuseni ngehora lesithupha." "Ingakanani i-wafer?"

"Incane njengephepha, ingangemali encane." Wanezela, "Ngiyithatha ngezizathu zesakramente; uma ingangcweliswanga, angikwazi ukuyigwinya."

"Impela ubungeke uphile kulokho, iminyaka eyishumi

nambili yonke?" "Ngiphila ngokukhanya kukaNkulunkulu."

Yeka impendulo yakhe elula, yeka u-Einsteinian!

"Mina bheka wena qaphela lokho amandla ukugeleza ku- yakho umzimba kusukela i i-ether, ilanga, futhi umoya."

A okusheshayo ukumamatheka ephukile sekuphelile yena ubuso. "Mina ekuseni ngakho-ke ujabule ku- yazi wena qonda Kanjani Mina phila."

"Impilo yakho engcwele iyisibonakaliso sansuku zonke seqiniso elashiwo uKristu: 'Umuntu akayikuphila ngesinkwa sodwa, kodwa ngamazwi onke aphuma emlonyeni kaNkulunkulu.'" **39-3**

Waphinde wabonisa injabulo ngencazelo yami. "Ngempela kunjalo. Esinye sezizathu zokuba lapha emhlabeni namuhla ukufakazela ukuthi umuntu angaphila ngokukhanya kukaNkulunkulu okungabonakali, hhayi ngokudla kuphela."

"Ingabe wena fundisa abanye Kanjani ku- bukhoma ngaphandle ukudla?"

Yena kwavela a i-trifle ngishaqekile. "Mina ayikwazi yenza lokho; UNkulunkulu ingabe hhayi isifiso yona."

Njengoba amehlo ami ebheka izandla zakhe eziqinile nezinomusa, uTherese wangibonisa inxeba elincane, eliyisikwele, elisanda kuphulukiswa ezintendeni zezandla zakhe. Ngemuva kwesandla ngasinye, wabonisa i-crescent encane, inxeba elibunjwe ngendlela ethile, elisanda kuphulukiswa. Inxeba ngalinye lalidlula esandleni ngqo. Lo mbono wangikhumbuza ngokucacile ngezipikili ezinkulu zensimbi eziyisikwele ezineziphetho ezinde njengenyanga, ezisasetshenziswa eMpumalanga, kodwa engingazikhumbuli ngizibonile eNtshonalanga.

USanta wangitshela okuthile ngemizwa yakhe yamasonto onke. "Njengombukeli ongenakuzisiza, ngibona lonke usizi lukaKristu." Isonto ngalinye, kusukela ngoLwesine phakathi kwamabili kuze kube uLwesihlanu ntambama ngehora lokuqala, amanxeba akhe ayavuleka futhi opha igazi; ulahlekelwa amakhilogremu ayishumi esisindo sakhe esivamile esingamakhilogremu angu-121. Ehlupheka kakhulu othandweni lwakhe oluzwelanayo, uTherese kodwa ubheke phambili ngenjabulo kule mibono yamasonto onke ka- iNkosi yakhe.

Ngaqaphela ngokushesha ukuthi impilo yakhe engavamile ihloselwe uNkulunkulu ukuqinisekisa wonke amaKristu ngobuqiniso bomlando bempilo kaJesu nokubethelwa kwakhe esiphambanweni njengoba kulotshwe eTestamenteni Elisha, nokukhombisa ngokuphawulekayo isibopho esihlala sikhona phakathi kweNkosi yaseGalile nabazinikele kuyo.

Uprofesa I-Wurz okuhlobene abanye kwe yakhe okuhlangenwe nakho nge i ongcwele.

"Abaningana bethu, kuhlangele noTherese, bavame ukuhamba izinsuku eziningi ohambweni lokubuka izindawo kulo lonke elaseJalimane," ungitshele. "Kuyinto ehlukile kakhulu—yize sidla kathathu ngosuku, uTherese akadli lutho. Uhlala emusha njenge-rose, engathinteki ukukhathala okubangelwa yilolu hambo.

Njengoba silamba futhi sifuna izindawo zokuhlala eziseduze, uhleka ngenjabulo.”

Uprofesa wengeze imininingwane ethokozisayo yomzimba: "Ngenxa yokuthi uTherese akadli, isisu sakhe sinciphile. Akanawo ama-excretion, kodwa izindlala zakhe zokujuluka ziyasebenza; isikhumba sakhe sihlala sithambile futhi siqinile."

Ku- i isikhathi kwe ukuhlukana, Mina iveziwe ku- UTherese yami isifiso ku- yiba samanje ku- yena ukuzulazula.

"Yebo, ngicela uze eKonnersreuth ngoLwesihlanu oluzayo," esho ngomusa.

"Umbhishobhi uzokunika imvume. Ngiyajabula kakhulu ukuthi ungifunile e-Eichstatt."

UTherese waxhawulana ngezandla kancane, izikhathi eziningi, wabe esehamba neqembu lethu baya esangweni. UMnu. Wright wavula umsakazo wemoto; ungcwele wawuhlola ngokuhleka kancane ngentshiseko. Isixuku esikhulu sentsha sabuthana kangangokuthi uTherese wabuyela endlini. Sambona efasiteleni, laphe asibheka khona, njengomntwana, ephakamisa isandla sakhe.

Kusukela engxoxweni ngakusasa nabafowabo ababili bakaTherese, abanomusa kakhulu futhi abanomusa, safunda ukuthi lo santa ulala ihora elilodwa noma amabili kuphela ebusuku. Naphezu kwamanxeba amaningi emzimbeni wakhe, ukhuthela futhi ungwele amandla. Uthanda izinyoni, unakekela i-aquarium yezinhlanzi, futhi usebenza njalo engadini yakhe. Izincwadi zakhe ziningi; abazinikele kumaKatolika bambhalela imithandazo nezibusiso zokuphulukiswa. Abafuna usizo abaningi belashwe ngenxa yakhe ezifweni ezinkulu.

Umfowabo uFerdinand, owayeneminyaka engaba ngamashumi amabili nantathu, wachaza ukuthi uTherese unamandla, ngomthandazo, okusebenza emzimbeni wakhe ukwelapha izifo zabanye. Ukuzila ukudla kukasanta kwaqala ngesikhathi ethandaza ukuthi isifo somphimbo sensizwa yesifunda sakhe, eyayilungiselela ukungena ezinkonzweni ezingcwele, sidluliselwe emphinjeni wayo.

NgoLwesine ntambama iqembu lethu laya ekhaya lombhishobhi, owabheka izinwele zami ezigelezayo ngokumangala. Wabhala kalula imvume edingekayo. Kwakungekho mali; umthetho owenziwe yiSonto ukuvikela uTherese ekufikeni kwezivakashi ezingajwayelekile, ezazifika ngezinkulungwane eminyakeni edlule ngoLwesihlanu.

Sifike ngoLwesihlanu ekuseni cishe ngo-9:30 eKonnersreuth. Ngaphawula ukuthi indlu encane kaTherese inengxenyekhethekile enophahla lwengilazi ukuze imunike ukukhanya okuningi. Sajabula ukubona Iminyango ayisavaliwe, kodwa ivulekile kakhulu ngenjabulo yokwamukela izivakashi. Kwakukhona umugqa wezivakashi ezingaba amashumi amabili, zihlomile ngezimvume zazo. Abaningi babevela kude ukuzobona umbono ongaqondakali.

UTherese wayephumelele isivivinyo sami sokuqala endlini kaprofesa ngolwazi lwakhe oluqondakalayo lokuthi ngangifuna ukumbona ngezizathu ezingokomoya, hhayi nje ukwanelisa ilukuluku elidlulayo.

Isivivinyo sami sesibili sasihlobene neqiniso lokuthi, ngaphambi nje kokuba ngikhuphukele ekamelweni lakhe, ngazibeka esimweni sokucabanga nge-yogic trance ukuze ngibe munye naye ngokuxhumana nge-telepathic kanye ne-televisic. Ngangena ekamelweni lakhe, ngigcwele izivakashi; wayelele egqoke ingubo emhlophe embhedeni. NoMnu.

UWright engilandela eduze ngemuva kwami, ngama ngaphakathi nje komnyango, ngimangazwe umbukwane ongavamile nowesabekayo kakhulu.



uTherese NEUMANN

Odumile AmaKatolika I-Stigmatist I-WHO ugqozi yami 1935 uhambo
olungcwele ku- Konnersreuth, IBavaria

Igazi laligeleza kancane kancane futhi ngokuqhubekayo emfudlaneni obanzi ngamasentimitha ambalwa lisuka ezinkopheni zikaTherese ezingezansi. Amehlo akhe ayegxile phezulu esweni elingokomoya elingaphakathi ebunzini eliphakathi. Indwangu eyayimbozwe ekhanda lakhe yayigcwele igazi elivela emanxebeni e-stigmata omqhele wameva. Ingubo emhlophe yayinezimpaphe ezibomvu phezulu kwenhliziyo yakhe ngenxa yenxeba ohlangothini lwakhe endaweni lapho umzimba kaKristu, kudala, wawuhlushwa khona ihlazo lokugcina lokushaywa ngomkhonto yisosha.

Izandla zikaTherese zeluliwe njengesenzo somama, encenga; ubuso bakhe babubonakala sengathi buhlukunyeziwe futhi bungcwele. Wayebonakala emncane, eshintshile ngezindlela eziningi ezicashile kanye nezangaphandle. Ekhuluma amazwi angolimi lwakwelinye izwe, wakhuluma ngezindebe eziqhaqhazelayo kancane kubantu ababebonakala phambi kwamehlo akhe angaphakathi.

Njengoba ngangivumelana naye, ngaqala ukubona izigcawu zombono wakhe. Wayebuka uJesu njengoba ethwele isiphambano phakathi kwesixuku esasimhleka usulu. **39-4** Kungazelelwe waphakamisa ikhanda lakhe ngokwesaba: iNkosi yayiwile ngaphansi kwesisindo esinonya. Umbono wanyamalala. Ekukhathaleni kwesihawu esikhulu, uTherese wacwila kakhulu emcamelweni wakhe.

Ngalesi sikhathi ngezwa umsindo omkhulu ngemuva kwami. Ngiphendula ikhanda lami okwesikhashana, ngabona amadoda amabili ephethe isidumbu esigobile. Kodwa

ngoba ngangiphuma esimweni sokungazi lutho, ngazizwa angizange ngimbone ngokushesha umuntu owile. Ngaphinde ngabheka ubuso bukaTherese, obuphaphathekile ngendlela ebulalayo ngaphansi kwemigodi yegazi, kodwa manje buthule, bukhanya ubumsulwa nobungcwele. Ngabheka ngemuva kwami kamuva ngabona uMnu. Wright emi ebambe isandla sakhe esihlathini sakhe, lapho igazi laliphuma khona. okuconsayo.

"Dick," Mina kubuza ngokukhathazeka, "babe wena i eyodwa I-WHO "Wawa?"

"Yebo, Mina ukuquleka ku- i okwesabisayo umbukwane."

"Kulungile," Mina kusho ngokududuzayo, "wena kukhona onesibindi ku- ukubuya futhi ukubukeka phezu i ukubona futhi."

–Wright savalelisa buthule kuTherese sabe sesishiya ubukhona bakhe obungcwele.

Ngosuku olulandelayo iqembu lethu elincane lahamba ngemoto laya eningizimu, sibonga ukuthi sasingaxhomekile ezitimeleni, kodwa sakwazi ukumisa iFord noma kuphi lapho sikhetha khona kulo lonke elasemakhaya. Sajabulela yonke iminithi ye- a uhambo ngokusebenzisa iJalimane, eHolland, IFrance, futhi i IsiSwiss Izintaba zase-Alps. Ku- I-Italy thina kwenziwe a okukhethekile uhambo oluya e-Assisi ukuyohlolipha umphostoli wokuthobeka, uSt. Francis. Uhambo lwaseYurophu lwaphela eGrisi, lapho sabuka khona amathempeli ase-Athene, futhi sabona ijele lapho uSocrates omnene **39-6** wayephuze umuthi wakhe wokubulala. Umuntu ugqwele ukuncoma ubuciko amaGreki asebenze ngabo yonke indawo nge-alabaster.

Sagibela umkhumbi ngaphesheya kweMedithera enelanga, sehla ePalestina. Njengoba ngangizulazula usuku nosuku eZweni Elingcwele, ngangiqiniseka kakhulu kunanini ngaphambili ngokubaluleka kohambo lokuya endaweni engcwele. Umoya ka UKristu ugqwele yonke indawo ePalestina; ngahamba ngenhlonipho eceleni kwakhe eBetlehema, eGetsemane, eKhalvari, eNtabeni engcwele yama-Olive, kanye naseMfuleni iJordani naseLwandle lwaseGalile.

Iqembu lethu elincane lavakashela uMkhongi Wokuzalwa, isitolo sikaJosefa sokubaza, ithuna likaLazaru, indlu kaMarta noMariya, ihholo leSidlo Sokugcina. Izinto zakudala zavela; isigcawu ngesigaba, ngabona idrama yaphezulu uKristu ake wayidlala iminyaka eminingi.

Siqhubekela eGibhithe, neCairo yaso yanamuhla kanye namaphiramidi asendulo. Bese kuba umkhumbi owela oLwandle Olubomvu oluncane, phezu koLwandle olukhulu lwase-Arabia; bheka, iNdiya!

39-1 : I okumangalisayo ukufakwa lapha kwe a kuqediwe usuku kuyinto kufanele ku- i iqiniso lokho yami unobhala, Mnu. UWright, igcinwe a idayari yokuhamba .

39-2 : Okunye izincwadi kuvuliwe yena impilo kukhona *UTherese UNeumann: A I-Stigmatist Of Okwethu Usuku* , futhi *Ngaphezu kwalokho IziKronike Of UTherese Neumann* , kokubili nguFriedrich Ritter von Lama (Milwaukee: Bruce Pub. Co.).

39-3 : *UMathewu* 4:4. Okwabesilisa umzimba ibhethri kuyinto hhayi okuqhubekekayo ngu okubi kakhulu ukudla (isinkwa) eyedwa, kodwa ngu i okudlidlizayo indawo yonke amandla (igama, noma i-AUM). Amandla angabonakali ageleza emzimbeni womuntu ngesango le-medulla oblongata. Lesi sikhungo somzimba sesithupha sitholakala ngemuva kwentamo phezulu kwama -*chakra amahlanu omgogodla* (ngesiSanskrit okusho "amasondo" noma izikhungo zamandla akhipha imisebe). I-medulla iyindlela eyinhloko yokungena komzimba kwamandla okuphila omhlaba wonke (i-AUM), futhi ixhunyiwe ngqo namandla entando yomuntu, agxile esikhungweni sesikhombisa noma se-Christ Consciousness (*Kutastha*) esweni lesithathu. phakathi i amashiya. I-Cosmic amandla kuyinto bese kuba kugcinwe phezulu ku i ubuchopho njengoba a ichibi kwe okungenamkhawulo amathuba, okukhulunywa ngakho ngokusankondlo kumaVedas *ngokuthi* "i-lotus yokukhanya enamacembe ayinkulungwane." IBhayibheli libhekisela njalo ku-AUM ngokuthi "uMoya oNgcwele" noma amandla okuphila angabonakali asekelo yonke indalo ngokwaphezulu. "Kwenzenjani? Anazi yini ukuthi

umzimba wenu uyithempeli likaMoya oNgcwele okini, eninawo kuNkulunkulu, nokuthi anisibo abenu?”—1 *Korinte* 6:19.

39-4 : Ngesikhathi i amahora okwandulele yami ukufika, UTherese wayenayo kakade kudlulile ngokusebenzisa eziningi imibono kwe i ukuvala izinsuku kukaKristu impilo. Yena ukungena ngokuvamile ukuqala nge izigcawu kwe i imicimbi okuyinto kulandelwe i Okokugcina Isidlo sakusihlwa. Yena imibono kuphele ngokufa kukaJesu esiphambanweni noma, ngezinye izikhathi, ngokungcwatshwa kwakhe.

39-5 : UTherese ine wasinda i amaNazi ukushushiswa, futhi kuyinto namanje samanje ku Konnersreuth, ngokusho ku-1945 UmMelika izindaba ezivela eJalimane.

39-6 : Indima eku-Eusebius ilandisa ngokuhlangana okuthakazelisayo phakathi kukaSocrates nesazi samaHindu. Indima ithi: "U-Aristoxenus, umculi, ulandisa indaba elandelayo ngamaNdiya. Omunye walaba bantu wahlangana noSocrates e-Athene, wabuza yena ini kwakuyi i ububanzi kwe yakhe ifilosofi. 'An uphenyo ku- umuntu izenzakalo,' waphendula USocrates. Ku- lokhu i Ukuqhuma kwamaNdiya phandle ehleka. 'Kanjani ithini a indoda buza ku- umuntu izenzakalo,' yena wathi, 'nini yena kuyinto ukungazi lutho kwe uNkulunkulu "Omunye?"' U-Aristoxenus okukhulunywe ngaye wayengumfundi ka-Aristotle, futhi engumlobi odumile we-harmonics. Usuku lwakhe lungu-330 BC.

IS AHLUKO: 40

Mina Buyisela Ku- I-India

Ngokwazisa ngangiphefumula umoya obusisiwe waseNdiya. Isikebhe sethu *iRajputana* safika ngomhlaka-22 Agasti 1935 echwebeni elikhulu laseBombay. Ngisho nalolu, usuku lwami lokuqala ngiphuma emkhunjini, lwaluyisibonelo sonyaka ozayo - izinyanga eziyishumi nambili zomsebenzi ongapheli. Abangane babebuthene echwebeni bephethe imihlobiso yezimbali kanye nemikhonzo; ngokushesha, esuite yethu eTaj Mahal Hotel, kwakukhona uhide lwabezindaba nabathwebuli bezithombe.

IBombay yayiyidolobha elisha kimi; Ngalithola liyisimanje ngendlela enamandla, linemibono eminingi emisha evela eNtshonalanga. Izihlahla zesundu zizungeze imigwaqo emikhulu; izakhiwo zikahulumeni ezinhle zincintisana ngentshisekelo namathempeli asendulo. Nokho, isikhathi esincane kakhulu sanikwa sokubona indawo; ngangiphelelwe yisineke, ngilangazelela ukubona umfundisi wami engimthandayo kanye nabanye abathandekayo. Sithumela iFord emotweni yemithwalo, iqembu lethu lashesha laya ngasempumalanga ngesitimela liya eCalcutta. **40-1**

Ukufika kwethu eSiteshini saseHowrah sathola isixuku esikhulu sibuthene ukuzosibingelela kangangokuthi asikwazanga ukwehla esitimeleni isikhashana. UMaharaja osemusha waseKasimbazar nomfowethu uBishnu bahola ikomidi lokwamukela izivakashi; ngangingakulungele ukufudumala nobukhulu bokwamukelwa kwethu.

Belandelwa uchungechunge lwezimoto nezithuthuthu, futhi phakathi komsindo wenjabulo wezigubhu namagobolondo e-conch, uNksz Bletch, uMnu. Wright, kanye nami, sigqoke imihlobiso yezimbali kusukela ekhanda kuya onyaweni, sashayela

kancane saya ekhaya likababa.

Umzali wami osekhulile wangigona njengomuntu ovuka kwabafileyo; sabukana isikhathi eside, singakhulumi ngenjabulo. Abafowethu nodadewethu, omalume, omalumekazi, nabazala, abafundi nabangane beminyaka eminingi edlule babengizungezile, kungekho nelilodwa iso elimnyama phakathi kwethu. Manje sesidluliselwe ezingolobaneni zenkumbulo, indawo yokuhlangana kabusha kothando ihlala ikhanya, ingalibaleki enhliziyweni yami.

Njengoba ngoba yami umhlangano nge IsiSri Yukteswar, amagama ukwehluleka mina; vumela i okulandelayo incazelo kusukela yami

unobhala kwanele.

"Namuhla, ngigcwele amathemba aphezulu, ngishayele uYoganandaji ngemoto esuka eCalcutta eya eSerampore," kusho uMnu. Wright encwadini yakhe yezincwadi zokuhamba. "Sadlula ezitolo ezidumile, esinye sazo esasiyindawo yokudlela ethandwa kakhulu uYoganandaji ngesikhathi sakhe ekolishi, futhi ekugcineni sangena emzileni omncane, obiyelwe ngodonga. Ukujika kwesobunxele okungazelelwe, futhi phambi kwethu kwakukhona i-ashram elula kodwa ekhuthazayo enezitezi ezimbili, i-balcony yayo yesitayela saseSpain ephuma esitezi esiphezulu. Umbono owasakazekile wawungowokuhlala wedwa ngokuthula .

"Ngokuthobeka okukhulu ngahamba ngemuva kukaYoganandaji ngaya egcekeni ngaphakathi kwezindonga ze-hermitage. Izinhliziyi zishaya ngokushesha, sakhuphuka izitebhisi ezindala zesamente, ngokungangabazeki, sinyathela izinkulungwane zabantu abafuna iqiniso. Ukucindezeleka kwanda kakhulu njengoba sihamba. Ngaphambi kwethu, eduze kwekhanda lezitebhisi, kwavela ngokuthula uMkhulu, uSwami Sri Yukteswarji, emi ngesimo esihle sendoda ehlakaniphile .

"Inhliziyo yami yagcwala uvalo njengoba ngangizizwa ngibusisiwe yilungelo lokuba sendaweni yakhe enhle kakhulu. Izinyembezi zangifiphaza amehlo lapho uYoganandaji eguqa ngamadolo, futhi ekhothame ikhanda wanikeza ukubonga nokubingelela komphefumulo wakhe, ethinta izinyawo zomfundisi wakhe ngesandla sakhe, wabe esekhothama ngokuthobeka, ikhanda lakhe. Wasukuma ngaleso sikhathi wamanga izinhlangothi zombili zesifuba nguSri Yukteswarji.

"Awekho amazwi adlulile ekuqaleni, kodwa umuzwa ojulile kakhulu wawuvezwe emishweni ethule yomphefumulo. Yeka indlela amehlo abo ayekhanya ngayo futhi evutha ukufudumala kobunye bomphefumulo obuvuselelwe! Ukudlidliza okuthambile kwadlula egcekeni elithule, ngisho nelanga laphunyuka emafwini ukuze lengeze ukukhanya kwenkazimulo okungazelelwe."

"Ngiguqe ngamadolo phambi kwenkosi, ngamnikeza uthando lwami nokubonga kwami okungachazwanga, ngithinta eyakhe izinyawo, ziqinile ngenxa yesikhathi nenkonzo, futhi ngithola isibusiso sakhe. Ngama ngaleso sikhathi ngabhekana nezimbili amehlo amahle ajulile ekhanya ngokuzihlola, kodwa ekhanya ngenjabulo. Sangena egumbini lakhe lokuhlala, uhlangothi lwalo lonke luvulekele kuvulandi wangaphandle owabonakala okokuqala emgwaqweni. Inkosi yaziqinisa edavenport egugile, ihleli kumatilasi omboziwe phansi kwesimende. Mina noYoganandaji sahlala eduze kwezinyawo zalo mfundisi, sinemicamelo enombala ophuzi ukuze sincike kuyo futhi sinciphise izikhundla zethu. kumatilasi otshani.

"Ngazama futhi ngazama ukungena engxoxweni yesiBengali phakathi kwamaSwamiji amabili - ngesiNgisi, ngathola ukuthi ayisebenzi uma bendawonye, yize uSwamiji Maharaj, njengoba abanye bembiza ngokuthi umfundisi omkhulu, ekwazi futhi evame ukukukhuluma. Kodwa ngabona ubungcwele boMuntu Omkhulu

ngokumamatheka kwakhe okuthinta inhliziy namehlo akhe acwebezelayo. Imfanelo eyodwa ebonakala kalula engxoxweni yakhe ejabulisayo nejulile ukuba nenkulumo enhle eqinisekile - uphawu lwendoda ehlakaniphile, eyaziyo ukuthi iyazi, ngoba iyamazi uNkulunkulu. Ukuhlakanipha kwayo okukhulu, amandla enhloso, kanye nokuzimisela kwayo kubonakala ngazo zonke izindlela.

"Ngimhlola ngenhlonipho ngezikhathi ezithile, ngaphawula ukuthi mkhulu, unesimo sezemidlalo, ulukhuni ngenxa yezilingo nokuzidela kokulahla. Ukuma kwakhe kuhle kakhulu. Ibunzi elithambekele kahle, njengoba uma ukufuna i amazulu, uyabusa yakhe uNkulunkulu ubuso. Yena ine a kunalokho nkulu futhi ekhaya impumulo,

azijabulisa ngazo ngezikhathi zokungenzi lutho, ewuphendula futhi ewunyakazisa ngeminwe yakhe, njengengane. Amehlo akhe amnyama anamandla anombala oluhlaza okwesibhakabhaka. Izinwele zakhe, ezihlukaniswe phakathi, ziqala njengesiliva futhi zishintsha zibe imicu yegolide elisiliva nemnyama elisiliva, ziphela ngamasongo emahlombe akhe. Intshebe yakhe namadevu akhe kuncane noma kunciphile, kodwa kubonakala kuthuthukisa izici zakhe futhi, njengobuntu bakhe, kujulile futhi kukhanya ngesikhathi esifanayo.

"Uhleka ngokujabula nangokuqhaqhazela okuvela ekujuleni kwesifuba sakhe, okumenza athuthumele futhi athuthumele emzimbeni wakhe wonke - ejabule kakhulu futhi eqotho. Ubuso bakhe nobukhulu bakhe kuyamangaza ngamandla abo, kanye neminwe yakhe enemisipha. Uhamba ngokunyathela okuhloniphekile nokuma okuqondile."

"Wayegqoke nje i -*dhoti evamile* kanye nehembe, bobabili bake badaywa ngombala okhanyayo, kodwa manje. " i-orange ebolile.

"Ngibhekabheka, ngabona ukuthi leli gumbi eligugile lalibonisa ukuthi umninilo wayengazinaki izinto ezibonakalayo. Izindonga ezimhlophe zegumbi elide ezinombala wesimo sezulu zazinemigqa eluhlaza okwesibhakabhaka ephelayo. Kolunye uhlangothi lwegumbi kwakulenga isithombe sikaLahiri Mahasaya, ehlotshiswe ngemihlobiso yokuzinikela okulula. Kwakukhona nesithombe esidala esibonisa uYoganandaji njengoba ayefika eBoston okokuqala, emi nabanye abamele iCongress of Religions.

"Ngiphawule ukuvumelana okumangalisayo kwesimanje kanye nokwakudala. I-chandelier enkulu, eyisikiwe, ekhanyiswe ngamakhandlela yayimbozwe ubulembu ngenxa yokungasetshenziswa, futhi odongeni kwakukhona ikhalenda elikhanyayo nelisesikhathini. Igumbi lonke lalikhapha iphunga lokuthula nokuzola. Ngale kwe-balcony ngangibona izihlahla zikakhukhunathi ziphakeme phezu kwe-hermitage zivikelekile buthule."

"Kuyathakazelisa ukubona ukuthi inkosi kufanele ishaye izandla zayo nje, bese kuthi ngaphambi kokuqeda, ikhonzwe noma ihanjelwe ngumfundi omncane. Ngeshwa, ngikhangwa kakhulu ngomunye wabo - umfana omncane, ogama lakhe linguPrafulla, oneminyaka engu- **40-2.** " enezinwele ezinde ezimnyama emahlombe akhe, amehlo amabili amnyama akhazimulayo angena kakhulu, kanye nokumamatheka kwasezulwini; amehlo akhe ayakhazimula, njengoba amakhona omlomo wakhe ephakama, njengezinkanyezi nenyanga ecwebezelayo ebonakala ngesikhathi sokuhlwa.

"Injabulo kaSwami Sri Yukteswarji ngokusobala inamandla kakhulu laphe ebuya 'komkhiqizo' wakhe (futhi ubonakala enesithakazelo esithile 'ngomkhiqizo womkhiqizo'). Kodwa-ke, ukugqama kwesici sokuhlakanipha esimweni soMuntu Omkhulu kuvimbela ukubonakaliswa kwakhe kwangaphandle kwemizwa.

"UYoganandaji wamnika izipho ezithile, njengoba kuyisiko lapho umfundi ebuyela kumfundisi wakhe. Sahlala phansi kamuva ukuze sidle ukudla okulula kodwa okuphekiwe kahle. Zonke izitsha zaziynhlanguanisela yemifino nelayisi. USri Yukteswarji wajabula ngokusebenzisa kwami amasiko amaningi aseNdiya, isibonelo 'ukudla iminwe'.

"Ngemva kwamahora amaningana sikhuluma isiBengali futhi sishintshana ngokumomotheka okufudumele nokubukana ngenjabulo, sakhothama ezinyaweni zakhe, savuma ngesisho *esithi* , **40-3.**" futhi ngahamba ngaya eCalcutta ngikhumbula umhlangano ongcwele nokubingelelana. Nakuba ngibhala ikakhulukazi ngemibono yami yangaphandle ngaye, kodwa ngangihlala ngiqaphela isisekelo sangempela sosanta—inkazimulo yakhe engokomoya. ngizwile amandla akhe, futhi ngizothwala lowo muzwa njengesibusiso sami saphezulu."

Ngivela eMelika, eYurophu nasePalestina ngilethe izipho eziningi zikaSri Yukteswar. Wazamukela ngokumomotheka, kodwa ngaphandle kokuphawula. Ukuze ngizisebenzisele mina, ngangithengele eJalimane induku ehlanganisiwe yesambulela. ENdiya nganquma ukunikeza uMaster induku.

"Lesi sipho ngiyasazisa ngempela!" Amehlo kathisha wami angibheka ngothando ukuqonda njengoba esho amazwi angavamile. Kuzo zonke izipho, kwakuyinduku ayikhetha ukuze ayibonise izivakashi.

"Nkosi, ngicela ungivumele ngithenge ikhaphethi elisha legumbi lokuhlala." Ngangiqaphele ukuthi isikhumba sengwe sikaSri Yukteswar sasibekwe phezu kwekhaphethi elidabukile.

"Yenza kanjalo uma kukuthanda." Izwi lomfundisi wami lalingenamdlala. "Bheka, umbhede wami wengwe muhle futhi uhlanzekile; ngiyinkosi embusweni wami omncane. Ngale kwawo kukhona umhlaba omkhulu, onesithakazelo kuphela ezintweni zangaphandle."

Njengoba esho la mazwi ngezwa iminyaka ibuyela emuva; futhi ngingumfundi osemusha, ngihlanziwe emlilweni wokujeziswa nsuku zonke!

Ngokushesha nje lapho sengikwazi ukuzihlukanisa neSerampore neCalcutta, ngahamba noMnu. Wright, ngaya eRanchi. Yeka ukwamukelwa lapho, ukuhalalisela okuqotho! Izinyembezi zema emehlweni ami njengoba ngamukela othisha abazinikele ababegcine ibhanela lesikole lindiza phakathi neminyaka eyishumi nanhlanu ngingekho. Ubuso obukhanyayo kanye nokumamatheka kwenjabulo kwabafundi basemakhaya kanye nabafundi basemini kwakuwubufakazi obanele bokubaluleka kokuqeqeshwa kwabo kwesikole okunezinhlangothi eziningi kanye ne-yoga.

Kodwa-ke, maye! isikhungo saseRanchi sasisebunzimeni obukhulu bezezimali. USir Manindra Chandra Nundy, uMaharaja omdala owayenesigodlo sikaKasimbazar esaguqulwa saba yisakhiwo sesikole esiphakathi, futhi owayenikele ngeminikelo eminingi yenkosi wayesefile manje. Izici eziningi zamahhala, ezinhle zesikole manje zase zisengozini enkulu ngenxa yokuntuleka kokusekelwa okwanele komphakathi.

Angizange ngichithe iminyaka eMelika ngingafundi ngokuhlakanipha kwayo okusebenzayo, umoya wayo ongapheli ngaphambi kwezithiyo. Ngahlala isonto elilodwa eRanchi, ngilwa nezinkinga ezibucayi. Kwabe sekufika izingxoxo eCalcutta nabaholi nabafundisi abavelele, ingxoxo ende noMaharaja osemusha waseKasimbazar, isicelo sezimali kubaba, futhi bheka! izisekelo zeRanchi ezintengantengayo zaqala ukulungiswa. Iminikelo eminingi ehlanganisa nesheke elilodwa elikhulu yafika ngesikhathi esifanele kusukela abafundi bami baseMelika.

Ezinyangeni ezimbalwa ngemva kokufika kwami eNdiya, ngaba nenjabulo yokubona

isikole saseRanchi siqaliswa ngokusemthethweni. Iphupho lami lokuphila konke lesikhungo semfundo ye-yoga esihlala njalo lagcwaliseka. Lowo mbono wangi qondisa ekuqaleni okuthobekile ngo-1917 neqembu labafana abayisikhombisa.

Eminyakeni eyishumi kusukela ngo-1935, iRanchi iye yandisa ububanzi bayo ngalé kwesikole sabafana. Imisebenzi yokusiza abantu abaningi manje iyaqhubeka lapho eShyama Charan Lahiri Mahasaya Mission.

Lesi sikole, noma i-Yogoda Sat-Sanga Brahmacharya Vidyalaya, siqhuba amakilasi angaphandle ngezifundo zohlelo lolimi kanye nezifundo zasesikoleni samabanga aphezulu. Abafundi abahlala ezindaweni zokuhlala kanye nabafundi basemini nabo bathola imisebenzi yezandla.

ukuqeqeshwa kohlobo oluthile. Abafana ngokwabo balawula iningi lemisebenzi yabo ngamakomidi azimele. Ekuqaleni kakhulu komsebenzi wami njengomfundisi ngathola ukuthi abafana abajabulela ukwedlula uthisha ngendlela ehlazisayo bazokwamukela ngenjabulo imithetho yokuqondisa ebekwa abanye abafundi. Angikaze ngibe ngumfundi oyisibonelo, nganginozwela olulungele wonke amahlala nezinkinga zobufana.

Ezemidlalo nemidlalo ziyakhuthazwa; amasimu agcwele ukujwayelana ne-hockey kanye nebhola. Abafundi baseRanchi bavame ukuwina indebe emicimbini yokuncintisana. Ijimnasium yangaphandle yaziwa kabanzi. Imisipha ukushaja kabusha ngokusebenzisa intando amandla kuyinto i *I-Yogoda* isici: ingqondo isiqondiso kwe impilo amandla kunoma iyiphi ingxenye yomzimba. Abafana bafundiswa futhi *ama-asana* (izindlela zokuma), ukudlala ngenkamba kanye *ne-lathi (induku)*, kanye *ne-jujitsu*. I I-Yogoda Impilo Imibukiso ku- i I-Ranchi *I-Vidyalaya* babe ube ubekhona ngezinkulungwane .

Imfundo yezifundo zamabanga aphansi inikezwa ngesiHindi kumaKol , amaSantal , namaMunda , izizwe zabomdabu zalesi sifundazwe. Amakilasi amantombazane kuphela ahlelwe ezindaweni eziseduze.

Isici esiyinqayizivele eRanchi ukuqaliswa ukungena *kwiKriya Yoga* . Abafana bajwayela nsuku zonke izivivinyo zabo ezingokomoya, bahlanganyela ekuhlabeleleni *iGita* , futhi bafundiswa ngemithetho nangesibonelo izimfanelo zobulula, ukuzidela, udumo, neqiniso. Ububi buboniswa kubo njengobubangela usizi; obuhle njengalezo zenzo eziholela enjabulweni yangempela. Ububi bungafaniswa noju olunobuthi, oluhehayo kodwa olugcwele ukufa.

Ukungoba ukungazinzi komzimba nengqondo ngokusebenzisa amasu okugxilisa ingqondo kuthole imiphumela emangalisayo: akuyona into entsha eRanchi ukubona umuntu omncane okhangayo, oneminyaka eyisishiyagalolunye noma eyishumi, ehleli. isikhathi esingangehora noma ngaphezulu ngisesimweni esingenasiphazamiso, amehlo angenaso isicaba aqondiswe emehlweni angokomoya. Ngokuvamile isithombe salaba bafundi baseRanchi sibuye engqondweni yami, njengoba ngibone abafundi basekolishi emhlabeni wonke abangakwazi ukuhlala phansi isikhathi esisodwa sekilasi .

I-Ranchi itholakala ngamafidi angu-2000 ngaphezu kolwandle; isimo sezulu sithambile futhi siyalingana. Indawo engamahektha angamashumi amabili nanhlanu, eduze kwechibi elikhulu lokugeza, ihlanganisa enye yezithelo ezinhle kakhulu eNdiya - izihlahla zezithelo ezingamakhulu amahlanu - umango, i-guava, i-litchi, i-jackfruit, i-date. Abafana batshala imifino yabo, futhi bajikeleza kuma - *charka abo* .

Indlu yezivakashi ivuliwe ngomusa ukuze izivakashi zaseNtshonalanga zivakashele.

Umtapo wezincwadi waseRanchi uqukethe omagazini abaningi, kanye nemiqulu engaba yinkulungwane yesiNgisi nesiBengali, iminikelo evela eNtshonalanga naseMpumalanga. Kukhona iqoqo lemibhalo engcwele yomhlaba. Imyuziyamu ehlelwe kahle ibonisa imibukiso yezinto zakudala, ye-geological, kanye neye-anthropology; imiklomelo, ngezinga elikhulu, yokuhamba kwami emhlabeni weNkosi ohlukahlukene.

Isibhedlela sokusiza umphakathi kanye nendawo yokwelapha yeLahiri Mahasaya Mission, enamagatsha amaningi angaphandle emadolobheni akude, kakade isisize abantu abampofu abayi-150,000 baseNdiya. Abafundi baseRanchi baqeqeshwe ngosizo lokuqala, futhi banikeze isifundazwe sabo inkonzo encomekayo ngezikhathi ezibuhlungu zezikhukhula noma indlala.

Engadini yezithelo kumi ithempeli laseShiva, elinesithombe senkosi ebusisiwe, uLahiri Mahasaya. Imithandazo yansuku zonke kanye namakilasi emibhalo engcwele aqhutshwa engadini ngaphansi kwezihlahla zikamango.

Izikole zamabanga aphezulu zamagatsha, ezinezindawo zokuhlala kanye ne-yoga zaseRanchi, sezivuliwe futhi manje ziyachuma. Lezi yiYogoda Sat- Sanga Vidyapith (Isikole) Sabafana, eLakshmanpur. eBihar; kanye neYogoda Sat-Sanga High School kanye ne-hermitage e-Ejmalichak eMidnapore.

I-Yogoda Math enhle kakhulu yanikezelwa ngo-1939 eDakshineswar, ngqo eGanges. Emakhilomitha ambalwa kuphela enyakatho yeCalcutta, leli khaya elisha linikeza indawo yokuthula kubantu abahlala edolobheni. Izindawo zokuhlala ezifanele ziyatholakala ezivakashini zaseNtshonalanga, ikakhulukazi kulabo abafuna izinto ezingokomoya abazinikela kakhulu. Imisebenzi ye-Yogoda Math ihlanganisa ukuthunyelwa kwezifundo ze-Self-Realization Fellowship njalo ngeviki kubafundi ezindaweni ezahlukene zaseNdiya.

Akudingeki ukusho ukuthi yonke le misebenzi yezemfundo neyobuntu idinga inkonzo yokuzidela nokuzinikela kothisha nabasebenzi abaningi. Angibhali amagama abo lapha, ngoba baningi kakhulu; kodwa enhliziyweni yami ngamunye unendawo yakhe ekhazimulayo. Bephefumulelwe yizimiso zikaLahiri Mahasaya, laba othisha baye bayeka imigomo yezwe ethembisayo yokukhonza ngokuthobeka, ukunikela kakhulu.

UMnu. Wright wakha ubungane obuningi obusheshayo nabafana baseRanchi; egqoke i -*dhobi elula* , wahlala isikhashana phakathi kwabo. ERanchi, eCalcutta, eSerampore, nomaphi lapho ayeya khona, unobhala wami, oye isipho esicacile sokuchaza, wakhapha idayari yakhe yokuhamba ukuze aqophe izigigaba zakhe. Ngobunye ubusuku mina wambuza umbuzo.

"Dick, ini kuyinto yakho umbono kwe "Ndiya?"

"Ukuthula," yena kusho ngokucabangela. "I- ubuhlanga i-aura kuyinto ukuthula."

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40-1 : Thina ephukile yethu uhambo ku Ephakathi Izifundazwe, phakathi nendawo ngaphesheya i izwekazi, kubheka I-Mahatma UGandhi ku- Wardha. Lezo zinsuku zichazwe [esahlukweni 44](#) .

40-2 : I-Prafulla kwakuyi i umfana I-WHO wayenayo ube samanje nge Ingcweti nini a imfezi wasondela (bheka [ikhasi 116](#)).

40-3 : Ngokwezwi nezwi, "ngcwele igama," a igama kwe ukubingelela phakathi AmaHindu, ehamba naye ngu okugqwesundu izandla kuphakanyisiwe kusukela i inhliziy e bunzini njengesibingelelo. *Isabizwana* eNdiya sithatha indawo yokubingelela kwaseNtshonalanga ngokubambana ngezandla.

40-4 : Ukuqeqeshwa kwengqondo ngokusebenzisa amasu athile okugxilisa ingqondo kuye kwaveza esizukulwaneni ngasinye saseNdiya amadoda anenkumbulo emangalisayo. USir T. Vijayaraghavachari, kuyi- *Hindustan Times* , uchaze izivivinyo ezibekwe "amadoda anenkumbulo" angochwepheshe banamuhla baseMadras. "La madoda," ebhala, "ayefundwe ngendlela engavamile ezincwadini zesiSanskrit. Ehleli phakathi kwezilaleli eziningi, ayelingana nezivivinyo amalungu amaningana ezilaleli ayezibeka kuzo ngesikhathi esisodwa. Isivivinyo sasizoba kanje: umuntu oyedwa wayezogqala ukushaya insimbi, inani lamasongo okwakumelwe libalwe 'yindoda enenkumbulo.' Umuntu wesibili wayezoyalela ephepheni umsebenzi omude wokubala, ohlela ukuhlanganisa, ukususa, ukuphindaphinda, nokuhlukanisa. Ingxenywe yesithathu yayizoqhubeka iphinda kusukela ku- *Ramayana* noma i- *Mahabharata* uchungechunge olude. kwe izinkondlo, okuyinto wayenayo ku- yiba kuphinde kwakhiqizwa; a okwesine ngabe isethi izinkinga ku ukuqinisekiswa okuyinto kuyadingeka i ukwakheka kwe amavesi ku efanele imitha kuvuliwe a okunikeziwe isihloko, ngayinye umugqa ku- ukuphela ku a okucacisiwe izwi, a okwesihlanu indoda ngabe phatha kuvuliwe nge a okwesithupha ukuphikisana kwezenkolo, ulimi oluqondile okwakumelwe lucashunwe ngokulandelana okunembile lapho abaphikisanayo bekwenza,

kanti indoda yesikhombisa yayilokhu iphendula isondo, inani lokujika kwalo okwakumelwe libalwe. I inkumbulo uchwepheshe wayenayo ngasikhathi sinye ku- yenza konke lokhu imisebenzi ngokuphelele ngu ingqondo izinqubo, njengoba yena kwakuyi kuvunyelwe akukho phepha nepensela. Ukucindezeleka emakhonweni kumelwe ukuba kwakukhulu kakhulu. Ngokuvamile abantu abanomona ngokungazi bathambekele ekulahlekelweni yisithunzi okunjalo imizamo ngu okuthintayo ku- kholwa lokho bona hilela kuphela i ukuzivocavoca kwe i phansi imisebenzi kwe i ubuchopho. Nokho, akuyona indaba emsulwa yenkumbulo. Isici esikhulu ukugxilisa ingqondo kakhulu.

ISAHLUKO: 41

I-An I-Idyl Ku- INingizimu I-India

"Wena kukhona i kuqala UmNtshonalanga, UDick, njalo ku- ngena lokho indawo engcwele. Eziningi abanye babe wazama ku "ayilutho."

Ngamazwi ami uMnu. Wright wabukeka ethukile, wabe esejabula. Sasisanda kushiya iThempeli elihle laseChamundi emagqumeni abheke iMysore eningizimu yeNdiya. Lapho sasikhothame phambi kwegolide futhi isiliva ama-altare kwe i Unkulunkulukazi I-Chamundi, umxhasi unkulunkulu kwe i umndeni kwe i ebusayo i-maharaja.

"Njengesikhumbuzo sodumo oluyingqayizivele," kusho uMnu. Wright, egcina ngokucophelela amacembe ambalwa e-rose abusisiwe, "Ngizohlala ngiyigcina le mbali, efazwe umpristi ngamanzi e-rose."

Mina nomngane wami singu ~~-41-1~~ babechitha inyanga kaNovemba, 1935, njengezivakashi zeSifundazwe saseMysore. UMaharaja, HH Sri Krishnaraja Wadiyar IV, uyinkosana eyisibonelo enokuzinikela okuhlakaniphile kubantu bayo. NjengomHindu ongcwele, uMaharaja unike amandla uMohammed, uMirza Ismail onekhono, njengoDewan noma uNdunankulu wakhe. Ukumelwa okudumile kunikezwa izakhamuzi zaseMysore eziyizigidi eziyisikhombisa kokubili ePhalamende kanye naseMkhandluni Wezomthetho.

Indlalifa yeMaharaja, uHH the Yuvaraja, uSir Sri Krishna Narasingharaj Wadiyar, wayememe mina nonobhala wami ukuba sivakashele umbuso wakhe okhanyiselwe futhi othuthukayo. Emasontweni amabili edlule ngangikhulume nezinkulungwane zezakhamuzi zaseMysore nabafundi, eDolobheni Lasedolobheni, eKolishi LaseMaharajah, eSikoleni Sezokwelapha SaseYunivesithi; kanye nemihlangano emithathu emikhulu eBangalore, eSikoleni Samabanga Aphezulu Sikazwelonke, eKolishi Eliphakathi, kanye naseHholo LaseChetty lapho kwakubuthene khona abantu abangaphezu kwezinkulungwane ezintathu. Angazi ukuthi izilaleli ezishisekayo zazikwazile yini ukuncoma isithombe esihle engisidwebe ngeMelika; kodwa ihlombe lalilokhu liphezulu kakhulu lapho ngikhuluma ngezinzuzo ezihambanayo ezingavela ngokushintshana ngezici ezinhle kakhulu eMpumalanga naseNtshonalanga.

Mina noMnu. Wright sase siphumule ekuthuleni kwasezindaweni ezishisayo. Idayari yakhe yokuhamba inikeza ukulandisa okulandelayo ngemibono yakhe ngeMysore:

"Amasimu elayisi aluhlaza okwesibhakabhaka, ahlukahlukene ngama-tasseled moba, ahlala phansi kwamagquma anamatshe - amagquma agcwele i-emerald panorama efana namatshe amnyama - futhi ukudlala kwemibala kuthuthukiswa ukunyamalala kwelanga ngokuzumayo nangokumangalisayo njengoba lifuna ukuphumula ngemuva kwamagquma ahloniphekile."

"Abaningi ukujabula izikhathi babe ube uchithe ku ukubuka, cishe engekho-ngokuhlakanipha, ku- i njalo-

indwangu eshintshayo kaNkulunkulu enwetshiwe esibhakabhakeni, ngoba ukuthinta Kwakhe kuphela okukwazi ukukhiqiza imibala enyakazisa ngokuphila okusha. Lobo busha bemibala buyalahleka lapho umuntu ezama ukulingisa ngemibala nje, ngoba iNkosi isebenzisa amafutha aphakathi alula futhi asebenzayo angewona amafutha noma imibala, kodwa imisebe yokukhanya nje. Iphonsa ukukhanya lapha, futhi kubonakalisa obomvu; Uphinde aphakamise ibhulashi futhi lihlangana kancane kancane libe yi-orenji negolide; bese kuthi ngokubhoboza okuhlabayo Yena ukugwaza i amafu nge a umugqa kwe onsomi lokho amaqabunga a indandatho noma umphetho kwe obomvu ukuvuza kwamanzi ephuma enxebeni emafwini; ngakho-ke, njalo njalo, Udlala, ubusuku nemini ngokufanayo, eshintsha njalo, emusha njalo, emusha njalo; akukho maphethini, akukho okufana, akukho mibala efanayo. Ubuhle bokushintsha kwamaNdiya emini nobusuku abunakuqhathaniswa kwenye indawo; ngokuvamile isibhakabhaka sibukeka sengathi uNkulunkulu uthathe konke imibala esebhokisini Lakhe futhi wabanika ukuphonsa okukodwa okukhulu ezulwini.

"Kumele ngilandise ubuhle bokuvakasha kwakusihlwa eDamu elikhulu laseKrishnaraja Sagar, 41-2." yakhiwe ngamakhilomitha ayishumi nambili ngaphandle kweMysore. Mina noYoganandaji sagibela ibhasi elincane, futhi, nomfana omncane njengombambeli we-cranker noma webhethri osemthethweni, saqala umgwaqo owubhuqu obushelelezi, njengoba nje ilanga laliqala. ihlezi endaweni ezungezile futhi icindezela njengotamatisi ovuthiwe ngokweqile.

"Uhambo lwethu lwadlula emasimini elayisi akhona yonke indawo, sidlula emgqeni we-banyan eduduzayo." izihlahla, phakathi kwehlathi lezihlahla zikakhukhunathi ezinde, ezinezitshalo ezicishe zibe nkulu njengasehlathini, futhi ekugcineni, lapho sisondele esiqongweni segquma, sabhekana nechibi elikhulu lokwenziwa, elibonakalisa i izinkanyezi futhi umphetho kwe izintende zezandla futhi okunye izihlahla, uzungezwe ngu kuhle ithafa izingadi kanye nomugqa wezibani zikagesi onqengemeni lwedamu—futhi ngaphansi kwalo amehlo ethu ahlanguana nombukwane okhazimulayo wemisebe enemibala edlala emithonjeni efana ne-geyser, njengemifudlana eminingi yeyinki ekhazimulayo ethulula—izimpophoma eziluhlaza okwesibhakabhaka ezinhle, ezivimba ama-cataract abomvu, izifutho eziluhlaza okwesibhakabhaka neziphuzi, izindlovu ezikhipha amanzi, isithonjana esincane se-Chicago World's Fair, kodwa futhi esivelele kulelizwe lasendulo lamasimu e-raddy nabantu abavamile, abasamukele ngothando kangangokuthi mina ngesaba ukuthi kuzothatha okungaphezu kwamandla ami ukubuyisela uYoganandaji eMelika.

"Elinye ilungelo elingavamile - uhambo lwami lokuqala lwendlovu. Izolo uYuvaraja wasimema esigodlweni sakhe sasehlobo ukuze sijabulele ukugibela enye yezindlovu zakhe, isilo esikhulu. Ngagibela ileli elalilungiselelwe ukukhuphukela phezu ngiye e- *howdah* noma esihlalweni sehhashi, esiboshwe ngesilika futhi sifana nebhokisi; bese kuba ukugingqika, ukujikijela, ukunyakazisa, nokukhuphuka phansi emgodini, ngijabule kakhulu ukukhathazeka noma ukumemeza, kodwa ngilinde impilo emnandi!"

INingizimu yeNdiya, ecebile ngezinsalela zomlando nezemivubukulo, iyizwe elinobuhle obucacile kodwa obungenakuchazeka. Enyakatho yeMysore kunesifundazwe esikhulu kunazo zonke eNdiya, iHyderabad, ithafa elihle eliqoshwe uMfula iGodavari omkhulu. Amathafa abanzi avundile, amaNilgiris amahle noma "izintaba eziluhlaza okwesibhakabhaka," ezinye izifunda ezinamagquma angenalutho e-limestone noma i-granite. Umlando weHyderabad uyindaba ende, enemibala, eqala eminyakeni eyizinkulungwane ezintathu edlule ngaphansi kwamakhosi ase-Andhra, futhi iqhubeka ngaphansi kobukhosi bamaHindu kwaze kwaba ngu-AD 1294, lapho yadlulela ohlwini lwababusi bamaSulumane ababusa kuze kube manje. lolu suku.

Umbukiso omangalisayo kakhulu wokwakha, ubuciko, kanye nokudweba kulo lonke elaseNdiya utholakala eHyderabad emihumeni yasendulo eqoshwe ngamatshe yase-Ellora nase-Ajanta. I-Kailasa e-Ellora, ithempeli elikhulu eliyi-monolithic, inezithombe eziqoshiwe zonkulunkulu, abantu, nezilwane ngobukhulu obukhulu bukaMichelangelo. I-Ajanta yindawo yamasonto amakhulu amahlanu kanye nezindela ezingamashumi amabili nanhlanu,

konke ukumba kwamadwala okugcinwa yizinsika ezinkulu ezidwetsiwe odongeni lapho abaculi nabaqophi bezithombe bebonakalise khona ubuhlakani babo.

Idolobha laseHyderabad lihlotsiwe yi-Osmania University kanye neMecca Masjid Mosque emangalisayo, lapho amaMohammed ayizinkulungwane eziyishumi angahlangana khona ukuze athandaze.

Isifundazwe saseMysore naso siyindawo emangalisayo, engamamitha ayizinkulungwane ezintathu ngaphezu kolwandle, egcwele amahlathi aminyene asezindaweni ezishisayo, ikhaya lezindlovu zasendle, izinyathi, amabhere, amapanther, namahlosi. Amadolobha ayo amabili amakhulu, iBangalore neMysore, ahlanzekile, ayakhangela, anamapaki amaningi nezingadi zomphakathi.

Izakhiwo nezithombe zobuHindu zafinyelela ukuphelela okukhulu eMysore ngaphansi kokusekelwa kwamakhosi amaHindu kusukela ngekhulu leshumi nanye kuya kweleshumi nanhlano. Ithempeli laseBelur, umsebenzi wobuciko wekhulu leshumi nanye owaqedwa ngesikhathi sokubusa kweNkosi uVishnuvardhana, alinakuqhathaniswa emhlabeni ngenxa yobuciko balo beminingwane kanye nemifanekiso ejabulisayo.

Izinsika zamatshe ezitholakala enyakatho yeMysore zisukela ekhulwini lesithathu BC, zikhanyisa inkumbulo yeNkosi u-Asoka. Walandela esihlalweni sobukhosi sobukhosi baseMaurya obabukhona ngaleso sikhathi; umbuso wakhe wawuhlanganisa cishe yonke iNdiya yanamuhla, i-Afghanistan, neBaluchistan. Lo mbusi odumile, obhekwa ngisho nayizazi-mlando zaseNtshonalanga njengombusi ongenakuqhathaniswa, ushiye ukuhlakanipha okulandelayo edwaleni lesikhumbuzo:

Lo mbhalo wenkolo uqoshwe ukuze amadodana ethu nabazukulu bethu bangacabangi Kudingeka ukunqoba okusha; ukuze bangacabangi ukuthi ukunqoba ngenkemba kufanele igama lokunqoba; ukuze bangakuboni lutho ngaphandle kokubhujiswa nobudlova; ukuze bangabheki lutho njengokunqoba kweqiniso ngaphandle kokunqotshwa kwenkolo. Ukunqoba okunjalo kunenani kuleli zwe nakwelizayo.



Okwami abangane futhi Mina ukuma ngaphambi i "iphupho ku imabula," i I-Taj I-Mahal ku- I-Agra.

U-Asoka wayengumzukululeki kaChandragupta Maurya owayenamandla (owaziwa ngamaGriki ngokuthi uSandrocottus), owahlangana no-Alexander Omkhulu ebusheni bakhe. Kamuva uChandragupta wabhubhisa amabutho aseMakedoniya asele eNdiya, wanqoba ibutho laseGrisi elalihlasela laseSeleucus ePunjab, wabe esethola enkantolo yakhe yasePatna inxusa lamaGriki uMegasthenes.

Izindaba ezithakazelisayo kakhulu ziye zaqoshwa kancane kancane yizazi-mlando zamaGriki nabanye abahambisana noma abalandela u-Alexander ohambweni lwakhe oluya eNdiya. I-Plutarch, futhi I-Strabo i isazi sejografi babe ube kuhunyushwe ngu UDkt. J. W. M'Crindle **41-3** ukuze akhanyise iNdiya yasendulo. Isici esibaluleke kakhulu sokuhlasela kuka-Alexander okungaphumelelanga kwakuyisithakazelo esijulile asibonisa kwifilosofi yamaHindu naku-yogis namadoda angcwele ayehlangana nawo ngezikhathi ezithile futhi ayefuna umphakathi wawo ngentshiseko. Ngemva nje kokuba iqhawe lamaGriki lifikile eTaxila enyakatho yeNdiya, wathumela isithunywa, u-Onesikritos, umfundi wesikole samaGriki sikaDiogenes, ukuyolanda uthisha waseNdiya, uDandamis, i-sannyasi enkulu ka I-Taxila.

"Sawubona, mfundisi wamaBrahmin!" kusho u-Onesikritos ngemuva kokufuna amaDandami endaweni yakhe yokuphumula ehlathini. "Indodana kaNkulunkulu onamandla uZeus, ongu-Alexander oyiNkosi Ebusayo yabo bonke abantu, ikucela ukuba uye kuye, futhi uma uvuma, uzokuvuza ngezipho ezinkulu, kodwa uma wenqaba, uzokunquma ikhanda!"

I-yogi yathola lesi simemo esiphokelelayo ngokuthula, futhi "ayizange iphakamise ikhanda layo kusofa layo lamaqabunga."

"Nami ngiyindodana kaZeyusi, uma u-Alexander enjalo," ephawula. "Angifuni lutho olungoluka-Alexander, ngoba ngiyaneliseka ngalokho enginakho, kuyilapho ngibona ukuthi uhamba namadoda akhe olwandle nasemhlabeni ngaphandle kwenzuzo, futhi akasoze aqeda ukuzulazula kwakhe."

"Hamba uyotshela u-Alexander ukuthi uNkulunkulu iNkosi Ephakeme akakaze abe nguMsunguli wephutha elibi, kodwa uMdali wokukhanya, wokuthula, wokuphila, wamanzi, womzimba womuntu nowemiphefumulo; wamukela bonke abantu lapho ukufa kubakhulula, engesona neze isifo esibi. Nguye kuphela uNkulunkulu engimhloniphayo, ozonda ukubulala futhi ongagqugquzeli izimpi.

"U-Alexander akayena unkulunkulu, njengoba kumele azwe ukufa," kuqhubeka isazi ngokudelela. "Angaba kanjani inkosi yomhlaba, engakahlali esihlalweni sobukhosi sangaphakathi?" umbuso wendawo yonke? Akakangeni eHayidesi kuze kube manje, futhi akayazi indlela yokuphila. i ilanga ngokusebenzisa i ephakathi izifunda kwe i umhlaba, ngenkathi i izizwe kuvuliwe yayo imingcele babe Angikaze ngizwe ngisho negama lakhe!

Ngemva kwalesi sijeziro, ngokuqinisekile esibi kakhulu esake sathunyelwa
ukuhlasela izindlebe zeNkosi Yomhlaba, isazi sanezela ngokuhlekisa, “Uma imibuso
ka-Alexander yamanje ingenawo amandla okwanelisa izifiso zakhe, makawele
uMfula iGanges; lapho uzothola isifunda esikwazi ukondla wonke amadoda akhe,
uma izwe elingaphesheya lincane kakhulu ukuba lingambamba.

"Nokho, yazi lokhu ukuthi lokho u-Alexander akunikezayo kanye nezipho
azithembisayo kuyizinto ezingenamsebenzi kimi; izinto engizithandayo
nengizitholayo eziwusizo lwangempela yilezi zimbali ezingokwami."

indlu, lezi zitshalo eziqhakazayo ezinginika ukudla kwansuku zonke, namanzi ayisiphuzo sami; kuyilapho zonke ezinye izinto eziqoqwe ngokukhathazeka zingeke zibe yinhlekelele ku- labo ababaqoqayo, futhi babangela usizi nokukhathazeka kuphela, okugcwele wonke umuntu ompofu. Mina, ngilala emaqabungeni ehlathi, futhi ngingenalutho oludinga ukuqapha, ngivala amehlo ami ebuthongweni obuthule; kuyilapho nganginanoma yini engingayiqapha, engangixosha ubuthongo. Umhlaba unginika konke, njengomama onakekela ingane yakhe ngobisi. Ngiya nomaphi lapho ngithanda khona, futhi akukho ukukhathazeka engiphogeleka ukuba ngizikhathaze ngakho.

"Uma u-Alexander enganginquma ikhanda, ngeke akwazi nokubhubhisa umphefumulo wami. Ikhanda lami lodwa, bese lithule, ngizosala, ngishiye umzimba njengengubo edabukile emhlabeni, lapho yathathwa khona. Mina-ke, sengiba nguMoya, ngizokhuphukela kuNkulunkulu wami, owasivalela sonke enyameni futhi wasishiya emhlabeni ukuze afakazele ukuthi, lapho silapha ngaphansi, sizophila ngokulalela izimiso zaKhe nokuthi ngubani futhi ozophila sidinga kithi sonke, lapho sisuka lapha siya ebukhoneni Bakhe, ukulandisa ngempilo yethu, njengoba enguMahluleli kubo bonke ububi bokuqhosha; ngoba ukububula kwabacindezelweyo kuba yisijeziso sababi umcindezeli.

"U-Alexander makabesabisa ngalezi zinsongo labo abafisa ingcebo futhi abesaba ukufa, ngoba lezi zikhali azinamandla ngokumelene nathi; amaBrahmin awathandi igolide futhi awakwesabi ukufa. Hamba-ke utshele u-Alexander lokhu: AmaDandamis awadingi lutho olungolwakho, ngakho-ke ngeke aye kuwe, futhi uma ufuna noma yini evela kumaDandamis, woza kuye."

Ngokunaka okukhulu u-Alexander wathola umyalezo ovela ku-Onesikritos ovela ku-yogi, futhi "wazizwa isifiso esinamandla kunanini ngaphambili sokubona uDandami, owayemdala futhi ehamba ze, engumphikisi kuphela lapho yena, umnqobi wezizwe eziningi, ahlangana khona nabanye ngaphandle komlingani wakhe."

U-Alexander wamema eTaxila inani labantu abazidelayo abangamaBrahmin abaqashelwa ngekhono labo lokuphendula imibuzo yefilosofi ngokuhlakanipha okujulile. UPlutarch ulandisa ngokulwa ngamazwi; u-Alexander ngokwakhe wahlela yonke imibuzo.

"Yibaphi abaningi kakhulu, abaphilayo noma

abafileyo?" "Abaphilayo, ngoba abafileyo abakho."

"Yikuphi okuzala izilwane ezinkulu, ulwandle noma

izwe?" "Izwe, ngoba ulwandle luyingxenye nje

yomhlaba."

"Yikuphi kuyinto i ohlakaniphe kakhulu kwe izilwane?"

"Leyo umuntu angakayijwayele." (Umuntu wesaba okungaziwa.)

"Yikuphi okwaba khona kuqala, imini noma ubusuku?"

"Usuku lwaba ngolokuqala ngosuku olulodwa." Le mpendulo yabangela u-Alexander ukumangala; iBrahmin yanezela: "Imibuzo engenakwenzeka idinga izimpendulo ezingenakwenzeka."

"Kanjani okungcono kakhulu kungenzeka a indoda yenza yena "Sithandwa?"

"Umuntu uzothandwa uma, enamandla amakhulu, engazenzi esabe." "Umuntu angaba kanjani unkulunkulu?" **41-5**

"Ngokwenza lokho okungenakwenzeka ngomuntu."

"Yikuphi okunamandla, ukuphila noma ukufa?"

"Ukuphila, ngoba yona amabhere ngakho-ke eziningi ububi."

U-Alexander waphumelela ekuthatheni i-yogi yangempela eNdiya, njengomfundisi wakhe. Lo muntu kwakunguSwami Sphines, owayebizwa ngokuthi "amaKalano" ngamaGreki ngoba ungcele, umkhulekeli kaNkulunkulu ngesimo sikaKali, wayebingelela wonke umuntu ngokubiza igama Lakhe elihle.

UKalanos wahamba no-Alexander baya ePheresiya. Ngosuku oluthile, eShushani ePheresiya, uKalanos wanikela ngomzimba wakhe osegugile ngokungena emlilweni womngcwabo phambi kwebutho lonke laseMakedoniya. Izazi-mlando zembali bhala phansi ukumangala kwamasosha aqaphela ukuthi i-yogi yayingesabi ubuhlungu noma ukufa, futhi engakaze isuke esikhundleni sayo njengoba yayishiswa emalangabi. Ngaphambi kokuhamba Ngesikhathi sokushiswa kwesidumbu sakhe, uKalanos wayebamukele bonke abangane bakhe abaseduze, kodwa wagwema ukuvalelisa ku-Alexander, lowo isazi samaHindu esasimtshele nje ukuthi:

"Mina kufanele bheka wena maduze ku iBhabhiloni."

U-Alexander washiya iPheresiya, washona ngonyaka olandelayo eBhabhiloni. Amazwi kamfundisi wakhe waseNdiya ayeyindlela yakhe yokuthi wayezoba khona no-Alexander ekuphileni nasekufeni.

Izazi-mlando zamaGreki zisishiyele izithombe eziningi ezicacile neziphefumulelayo zomphakathi waseNdiya. Umthetho wamaHindu, u-Arrian usitshela, uvikela abantu futhi "unquma ukuthi akekho phakathi kwabo ozoba yisigqila, ngaphansi kwanoma yiziphi izimo, kodwa, bejabulela inkululeko bona ngokwabo, bazohlonipha ilungelo elilinganayo lalo bonke abanalo. Labo, babecabanga, abafunde ukungabusi noma ukukhothamela abanye bazofinyelela impilo efanelana kangcono nazo zonke izimo zezwe." **41-6**

"AmaNdiya," kusho omunye umbhalo, "awakhiphi imali ngenzalo, futhi awakwazi

ukuboleka imali. Kuphambene nendlela esetshenziswayo ukuthi umuntu waseNdiya enze noma ahlupheke kabi, ngakho-ke awenzi izivumelwano futhi awadingi izibambiso." Sitshelwa ukuthi ukuphulukiswa kwakungezindlela ezilula nezingokwemvelo. "Ukwelapha kwenziwa ngokulawula ukudla kunokusebenzisa imithi. Izindlela zokwelapha ezihlonishwa kakhulu ngamafutha okugcoba nama-plaster. Zonke ezinye zibhekwa njengeziyingozi kakhulu." Ukuzibandakanya empini kwakunqunyelwe kumaKshatriya *noma* eqenjini lamaqhawe. "Futhi isitha esizofika kumlimi emsebenzini wakhe ezweni lakhe, ngeke simlimaze, ngenxa yamadoda alokhu njengoba isigaba sibhekwa njengabasizi bomphakathi, sivikelekile kuzo zonke izingozi. Ngakho-ke umhlaba uhlala ungalinyazwanga futhi ukhiqiza izitshalo eziningi, unikeza izakhamuzi izidingo zokwenza impilo ibe mnandi." **41-7**

UMbusi uChandragupta owangoba ujenene ka-Alexander, uSeleucus ngo-305 BC, wanquma amashumi ayisikhombisa eminyaka edlule. iminyaka kamuva ku- isandla sekuphelile i izintambo kwe I-India uhulumeni ku- yakhe indodana. Ukuhamba ku- ENingizimu India, uChandragupta wachitha iminyaka eyishumi nambili yokugcina yokuphila kwakhe njengomuntu ozidelayo ongenamali, efuna ukuzanelisa emhumeni onamadwala eSravanabelagola, manje ohlonishwa njengendawo engcwele yaseMysore. isithombe esikhulu kunazo zonke emhlabeni, esiqoshwe edwaleni elikhulu ngamaJain ngo-AD 983 ukuhlonipha uSanta Comateswara.

Izindawo zenkolo ezivamile zaseMysore ziyisikhumbuzo esihlala njalo sabangcwele abaningi abakhulu baseNingizimu INdiya. Okukodwa kwe lokhu amakhosi, I-Thayumanavar, ine kwesobunxele thina i okulandelayo inselele inkondlo:

Wena ithini ukulawula a ukuhlanya indlovu;
Ungavala umlomo webhere nengwe; Ungagibela
ibhubesi;
Wena ithini dlala nge i imfezi;
Nge-alchemy ungazitholela imali yakho
yokuziphilisa; Ungazulazula endaweni yonke
engabonakali; Ungaba yizikhonzi zonkulunkulu;
Wena ithini yiba njalo ubusha;
Wena ithini ukuhamba kuvuliwe amanzi futhi bukhoma ku umlilo;
Kodwa ukulawula kwe i ingqondo kuyinto kungcono futhi Okuningi
kunzima.

ESifundazweni esihle nesivundile saseTravancore eningizimu yeNdiya, lapho izimoto zithuthwa khona ngemifula nemisele, iMaharaja ithatha minyaka yonke isibopho esizuzwe njengefa sokuhlambulula isono esibangelwe yizimpi kanye nokuhlanganiswa kwezifundazwe eziningana ezincane eTravancore esikhathini esidlule. Izinsuku ezingamashumi amahlanu nesithupha ngonyaka iMaharaja ivakashela ithempeli kathathu nsuku zonke ukuze ilalele izingoma zamaVedic kanye nokuphindaphindwa; umcimbi wokuhlambulula uphela nge- *lakshadipam* noma ukukhanya kwethempeli ngezibani eziyizinkulungwane eziyikhulu.

Umniki-mthetho omkhulu wamaHindu uManu **41-8** uchaze imisebenzi yenkosi. "Kufanele athulule izinsiza ezifana no-Indra (inkosi yonkulunkulu); aqoqe intela kancane futhi angabonakali njengoba ilanga lithola umhwamuko emanzini; angene ekuphileni kwabantu bakhe njengoba umoya uhamba yonke indawo; ahlulele ngisho nobulungisa kubo bonke njengoYama (unkulunkulu wokufa); abophe abaphambuki ngentambo njengoVaruna (unkulunkulu wamaVeda wesibhakabhaka nomoya); athokozise bonke njengenyanga, ashise izitha ezinonya njengonkulunkulu womlilo;

futhi asekele bonke njengonkulunkulukazi womhlaba."

"Empini inkosi akufanele ilwe ngezikhali ezinobuthi noma ezivuthayo noma ibulale izitha ezibuthakathaka noma ezingakakulungeli noma ezingenazo izikhali noma amadoda esabayo noma athandazela isivikelo noma ababalekayo. Impi kufanele isetshenziswe kuphela njengesixazululo sokugcina. Imiphumela ihlala ingabazeka empini."

UMongameli waseMadras ogwini oluseningizimu-mpumalanga yeNdiya uqukethe idolobha eliyisicaba, elikhulu, elinolwandle laseMadras, kanye neConjeeveram, iDolobha Legolide, indawo eyinhloko-dolobha yobukhosi basePallava amakhosi abo ayebusa.

phakathi namakhulu eminyaka okuqala enkathi yobuKristu. KuMongameli wanamuhla waseMadras, ubudlova Imibono kaMahatma Gandhi iye yathuthuka kakhulu; "ama-cap kaGandhi" amhlophe ahlukile abonakala yonke indawo. Eningizimu ngokuvamile iMahatma idale izinguquko eziningi ezibalulekile zethempeli "kwabantu abangathinteki" kanye nezinguquko zesistimu yokwahlukaniswa kwabantu.

Imvelaphi yesimiso sokwahlukaniswa kwabantu, esakhiwe yisishayamthetho esikhulu uManu, yayimangalisa. Wabona ngokucacile ukuthi abantu bahlukaniswa ngokuziphendukela kwemvelo ngezigaba ezine ezinkulu: labo abakwaziyo ukunikeza inkonzo emphakathini ngomsebenzi wabo womzimba (*Sudras*); labo abakhonza ngokusebenzisa ingqondo, ikhono, ezolimo, ezohwebo, ezohwebo, impilo yebhizinisi jikelele (*amaVaisya*); labo abanamakhono okuphatha, ukuphatha, kanye nokuvikela—ababusi namaqhawe (*amaKshatriya*); labo abanemvelo yokucabanga, abaphefumulelwe ngokomoya futhi abaphefumulelayo (*amaBrahmin*). "Ukuzalwa, amasakramente, isifundo noma okhokho abakwazi ukunquma ukuthi umuntu uzelwe kabili yini (okungukuthi, iBrahmin);" kusho *iMahabharata* , "isimilo nokuziphatha kuphela okunganquma." **41-9** UManu uyalelwe umphakathi ukukhombisa inhlonipho kumalungu awo uma nje enokuhlakanipha, ubuhle, ubudala, ubuhlobo noma, okokugcina, ingcebo. Ingcebo e-Vedic India yayihlala idelelwa uma iyoqwe noma ingatholakali ngezinjongo zomusa. Amadoda angenamusa acebile kakhulu ayenikezwa isikhundla esiphansi emphakathini.

Ububi obukhulu bavela lapho uhlelo lwezigaba luqina phakathi namakhulu eminyaka lwaba yisithiyo esizuzwe njengefa. Abaguquli bezenhlalo abanjengoGandhi kanye namalungu emiphakathi eminingi eNdiya namuhla benza intuthuko ehamba kancane kodwa eqinisekile ekubuyiseleni izindinganiso zakudala zezigaba, ngokusekelwe kuphela ekuziphatheni kwemvelo hhayi ekuzalweni. Zonke izizwe emhlabeni zine-karma yazo ehlukile ekhiqiza usizi okufanele zibhekane nayo futhi ziyisuse; neNdiya, ngomoya wayo oquququkayo nongenakunqotshwa, izozibonakalisa ilingana nomsebenzi wokuguqulwa kwezigaba.

INingizimu yeNdiya iheha kakhulu kangangokuthi mina noMnu. Wright sasifisa ukwandisa i-idyl yethu. Kodwa isikhathi, ngenxa yokungabi nanhlonipho kwaso kwasendulo, asizange sisinike isikhathi sokwelula inhlonipho. Bengihlelelwe ukukhuluma maduze nje esimisweni sokuphetha se-Indian Philosophical Congress eCalcutta University. Ekupheleni kokuvakashela eMysore, ngijabulele ingxoxo noSir CV Raman, umongameli we-Indian Academy of Isayensi. Lo sosayensi wesayensi wamaHindu ohlakaniphile wanikezwa uMklomelo kaNobel ngo-1930 ngokuthola kwakhe okubalulekile ekusakazweni kokukhanya - "umphumela weRaman" manje owaziwa yibo bonke abafundi besikole.

Sivalelisa isixuku sabafundi nabangane baseMadras ngokungathandi, mina noMnu.

Wright saya enyakatho. Endleleni sama phambi kwendlu encane engcwele yokukhumbula uSadasiva Brahman, **41-10**. Indaba yokuphila yekhulu le-18 lapho izimangaliso zayo zigcwele khona. Indawo engcwele enkulu yaseSadasiva eNerur, eyakhiwa yiRaja yasePudukkottai, iyindawo yokuhambela lapho kuye kwabonakala khona ukuphulukiswa okuningi kwaphezulu.

Izindaba eziningi ezimangalisayo zikaSadasiva, inkosi ethandekayo nekhanyiselwe ngokuphelele, zisatholakala kubantu basemakhaya baseNingizimu India. Ecwiliswe ngolunye usuku e -*samadhi* osebeni loMfula iKaveri, uSadasiva wabonakala ethwalwa yisikhukhula esingazelelwe. Ngemva kwamasonto watholakala egqitshwe ngaphansi kwenqwaba yomhlabathi. Njengoba amafosholo abantu bendawo emshaya isidumbu, lo santa wasukuma wahamba ngokushesha.

USadasiva akazange akhulume lutho noma agqoke indwangu. Ngolunye usuku ekuseni i-yogi enqunu yangena etendeni lenkosi yamaMohammed ngokungahloniphi. Amakhosikazi ayo amemeza ngokwesaba; iqhawe lahlasela ngesihluku inkemba ukusunduza ku- I-Sadasiva, obani ingalo kwakuyi kunqunyiwe. I inkosi uhambe ngokunganaki.

Enqotshwe ukuzisola, uMohammed waphakamisa ingalo phansi walandela uSadasiva. I-yogi yafaka ingalo yayo buthule esiqwini esopha igazi. Lapho iqhawe licela ngokuthobeka imfundo engokomoya, uSadasiva wabhala ngomunwe wakhe esihlabathini:

"Yenza hhayi yenza ini wena funa, futhi bese kuba wena kungenzeka yenza ini wena "njengathi."

UmMohammed waphakanyiselwa esimweni sengqondo esiphakeme, futhi waqonda iseluleko sikasanta esiphambene njengesiqondisi senkululeko yomphefumulo ngokulawula ubugovu.

Izingane zasemakhaya zake zaveza isifiso phambi kukaSadasiva sokubona umkhosi wenkolo waseMadura, oqhele ngamakhilomitha angu-150. I-yogi yatshela izingane ezincane ukuthi kufanele zithinte isidumbu sakhe. Bheka! ngokushesha lonke iqembu lathuthwa laya eMadura. Izingane zazulazula ngenjabulo phakathi kwezinkulungwane zabahambi. Emahoreni ambalwa i-yogi yaletha imithwalo yayo emincane ekhaya nge-small yakhe. indlela yokuhamba. Abazali abamangele bezwa izindaba ezicacile zochungechunge lwezithombe, baphawula ukuthi izingane ezingana zaziphethe izikhwama zamaswidi e-Madura.

Insizwa engakholwa yahleka usulu uSaint kanye nendaba. Ngakusasa ekuseni yasondela kuSadasiva.

"Nkosi," esho ngokudelela, "kungani ungangiyisi emkhosini, njengoba wenzile izolo kwabanye abantwana?"

USadasiva wavuma; umfana wazithola esephakathi kwesixuku sabantu basedolobheni elikude. Kodwa maye! Wayekuphi ungawele lapho intsha ifuna ukuhamba? Umfana okhathele wafika ekhaya lakhe ngendlela yasendulo neyama-prosaic yokuhamba ngezinyawo.

41-1 : Nkosazana I-Bletch, ayikwazi ku- londoloza i esebenzayo ijubane isethi ngu Mnu. UWright futhi mina, wahlala ngenjabulo nge yami izihlobo eCalcutta.

41-2 : Leli damu, elifakwe ugesi wamanzi omkhulu, likhanyisa iMysore City futhi linikeza amandla amafektri okuthunga usilika, insipho, namafutha e-sandalwood. Izikhumbuzo ze-sandalwood ezivela eMysore zinephunga elimnandi elingaphelelwa yisikhathi; kancane i-pinprick kuvuselela i iphunga. I-Mysore ukuqhosha abanye kwe i enkulu kunazo zonke iphayona izimboni izimboni ku INdiya, kufaka phakathi Izimayini Zegolide zaseKolar, iMysore Sugar Factory, imboni enkulu yensimbi nensimbi eBhadravati, kanye nesitimela saseMysore State Railway esishibhile nesisebenza kahle esihlanganisa amamayela amaningi skwele angu-30,000 esifundazweni.

I UMaharaja futhi IsiYuvaraja I-WHO babe yami ababungazi ku I-Mysore ku 1935 babe kokubili muva nje washona. I indodana .kwe i Yuvaraja, uMaharaja wamanje, ungumbusi ozimele, futhi unezele embonini yaseMysore ifektri enkulu yezindiza

41-3 : Isithupha amavolumu kuvuliwe *Yasendulo I-India* (eCalcutta, 1879).

Akukho namunye kubo u-Alexander noma noma yikuphi kwe yakhe ojenene njalo weqa i AmaGanges. Ukuthola :41-5
uzimisele ukumelana ku enyakatho-ntshonalanga, i IsiMacedonia ibutho wenqaba ku- ngena phambili; u-Alexander
.kwakuyi ukuphoqeletwa ku- hamba I-India futhi funa ukunqoba kwakhe ePheresiya

41-5 : Kusukela lokhu umbuzo thina kungenzeka ukuqagela lokho i "Ndodana" kwe uZeus" wayenayo i ngezikhathi
ezithile ukungabaza lokho yena wayenayo kakade bafinyelele ukuphelela.

41-6 : Konke isiGrekhi ababukeli amazwana kuvuliwe i ukuntuleka kwe ubugqila ku INdiya, a isici ku- kuqediwe
ukuhlukahluka nge i isakhiwo womphakathi wamaGrekhi.

41-7 : *Ukudala I-India* ngu UProfesa. UBenoy UKumar Sarkar inikeza a okuphelele isithombe kwe I-India yasendulo futhi
yesimanje

impumelelo futhi okuhlukile amanani ku ezomnotho, kwezepolitiki isayensi, izincwadi, ubuciko, futhi kwezenhlalo ifilosofi. (Lahore: I-Motilal Banarsi Dass, Abashicileli, 1937, 714 pp., \$5.00.)

Okunye kunconyiwe ivolumu kuyinto *IsiNdiya Isiko Ngokudlula I Iminyaka* , ngu S. V. I-Venatesvara (Okusha I-York: .Longmans, Okuluhlaza okotshani & Co., \$5.00)

41-8 : I-Manu kuyinto i jikelele umniki-mthetho; hhayi wedwa ngoba IsiHindu umphakathi, kodwa ngoba i umhlaba. Konke izinhlelo kwe ohlakaniphile kwezenhlalo imithethonqubo kanye ngisho ubulungiswa kukhona okunephethini ngemva UManu. I-Nietzsche ine ikhokhelwe i okulandelayo intela: "Mina yazi kwe cha incwadi ku okuyinto ngakho-ke eziningi ezithambile futhi ngomusa izinto kukhona kusho ku- owesifazane njengoba ku i *Incwadi Yomthetho Of uManu* ; labo ubudala izintshebe ezimpunga futhi abangcwele babe a indlela yokuba nesibindi kwabesifazane okungenzeka ukuthi ayinakudlula... umsebenzi ongenangqondo nophakeme kakhulu... ogcwele izindinganiso ezinhle, ugcwele umuzwa wokuphelela, nesisho sokuthi yebo empilweni, kanye nomuzwa wokunqoba wenhlalakahle maqondana nayo kanye nokuphila; ilanga likhanya phezu kwayo yonke incwadi."

41-9 : "Ukufakwa ku eyodwa kwe lokhu ezine amaqembu ekuqaleni kuncike hhayi kuvuliwe a indoda ukuzalwa kodwa kuvuliwe yakhe yemvelo amandla njengoba kubonisiwe ngu i umgomo ku impilo yena okhethiwe ku- ukufeza," i isihloko ku *Empumalanga-Ntshonalanga* ngoba uJanuwari, 1935, utshela thina. "Lokhu umgomo ungakwenza yiba (1) *njenge* , isifiso, umsebenzi kwe i impilo kwe i izinzwa (*Sudra* isigaba), (2) *u-artha* , inzuzo, ukwanelisa kodwa ukulawula izifiso (isigaba *seVaisya*), (3) *i-dharma* , ukuzithiba, impilo yomthwalo wemfanelo kanye nesenzo esifanele (isigaba *seKshatriya*), (4) *i-moksha* , inkululeko, i impilo kwe ingkomoya futhi inkolo ukufundisa (*UBrahmin* isigaba). Lokhu ezine amaqembu ukuhumusha isevisi esintwini (1) ngomzimba, (2) ngengqondo, (3) ngamandla entando, (4) ngoMoya.

Lezi zigaba ezine zinokuhambisana kwazo kuma- *guna aphakade* noma izimfanelo zemvelo, *ama-tamas* , *ama-rajās* , " kanye *nama-sattva* : ukuvinjelwa, umsebenzi, futhi ukunwetshwa; noma, isisindo, amandla, futhi ubuhlakani. I ezine yemvelo amaqembu kukhona kumakwe ngu i *izibhamu* njenge (1) *ama-tamas* (ukungazi), (2) *ama-tamas- ama-rajās* (ingxube kwe ukungazi futhi umsebenzi), (3) *i-rajās-sattva* (ingxube kwe kwesokudla umsebenzi kanye ukukhanyiselwa), (4) *i-sattva* (ukukhanyiselwa). Ngakho-ke ine imvelo kumakwe njalo indoda nge yakhe uhlanga, ngu i ukubusa kwakhe oyedwa, noma ingxube yababili, bama- *guna* . Yiqiniso wonke umuntu unawo wonke *ama-guna amathathu* ngezilinganiso .ezahlukene. I-guru izokwazi ngokufanele ukunquma uhlanga lomuntu noma isimo sokuziphendukela kwemvelo

Ukuya a ngokuqinisekile ubukhulu, konke imijaho futhi izizwe qaphela ku ukuzijwayeza, uma hhayi ku inkolelo-mbono, i" izici kwe isigaba. Kuphi Lapho kuyinto ilayisensi enhle noma okuthiwa inkululeko, ikakhulukazi ku ukushada kwabantu abahlukene phakathi ukweqisa ku i yemvelo amaqembu, i umjaho kuncipha iphele bese iphela. I *-Purana Samhita* iqhathanisa inzalo yalezi zinhlobo nezinhlobo ezixubile ezingenalutho, njenge-mule engakwazi ukuzalanisa izinhlobo zayo. Izinhlobo zokwenziwa ekugcineni ziyaqothulwa. Umlando unikeza ubufakazi obuningi kwe eziningi kuhle kakhulu imijaho okuyinto cha isikhathi eside babe noma yikuphi ukuphila abameleli. I isigaba uhlelo kwe I-India kuyinto idumela ngaye iningi okujulile abacabangi nge ukuba i isheke noma ukuvimbela ngokumelene ilayisensi okuyinto ine kugcinwe i ubumsulwa kwe i uhlanga futhi waluletha ngokuphephile ezinkulungwaneni zeminyaka yokuguquguquka, kuyilapho " .ezinye izinhlanga zinyamalale zingasekho

41-10 : Isihloko sakhe esiphelele bekuyi-Sri Sadasivendra Saraswati Swami. Umlandeli ovelele kulayini osemthethweni weShankara, uJagadguru IsiSri I-Shankaracharya kwe I-Sringeri Izibalo, wabhala i ugqozi *I-Ode* okuzinikele ku- I-Sadasiva. *Empumalanga-Ntshonalanga* ngoba Julayi, Ngo-1942, yanyathelisa isihloko ngempilo kaSadasiva.

Okokugcina Izinsuku Nge Okwami I-Guru

"Guruji, ngiyajabula ukukuthola wedwa ekuseni namhlanje." Bengisanda kufika eSerampore hermitage, ngiphethe iphunga eliminandi lezithelo nama-rose. USri Yukteswar wangibheka ngobumnene.

"Ini kuyinto yakho umbuzo?" Ingcweti wabheka mayelana i igumbi njengoba noma kunjalo yena babe ukufuna ukuphunyuka.

"Guruji, ngize kuwe ngisemusha esikoleni samabanga aphezulu; manje sengiyindoda endala, ngisho noma ngimpunga noma ngimpunga." ezimbili. Nakuba ungithululele uthando oluthule kusukela ehoreni lokuqala kuze kube manje, uyaqaphela yini ukuthi kanye kuphela, kuvuliwe i usuku kwe umhlangano, babe wena njalo wathi, 'Mina uthando wena?' Mina wabheka ku- yena ngokuncenga.

UNkosi wehlisa amehlo akhe. "Yogananda, kumele ngiveze imizwa efudumele evikelwe kahle yinhliziyi engenamazwi ezindaweni ezibandayo zenkulumo?"

"Guruji, Mina yazi wena uthando mina, kodwa yami umuntu ofayo izindlebe ubuhlungu ku- zwa wena yithi ngakho."

"Makube njengoba ufisa. Ngesikhathi somshado wami ngangivame ukulangazelela indodana, ezoyiqeqesha endleleni ye-yoga. Kodwa lapho ungena empilweni yami, nganelisekile; ngikutholile indodana yami." Izinyembezi ezimbili ezicacile wema emehlweni kaSri Yukteswar. "Yogananda, ngiyakuthanda njalo."

"Impendulo yakho iyipasipoti yami yokuya ezulwini." Ngazizwa ngikhululekile enhliziyweni yami, ngaphelelwa amandla ngenxa yamazwi akhe. Ngangivame ukuzibuza ngokuthula kwakhe. Ngaqaphela ukuthi wayengenamizwa futhi engenandaba naye. evikelwe, kodwa ngezinye izikhathi ngangisaba ukuthi angiphumelelanga ukumanelisa ngokugcwele. Okwakhe kwakuyimvelo engavamile, engaziwa ngokuphelele; imvelo ejulile futhi ethule, engaqondakali ezweni langaphandle, ayesedlule izindinganiso zakhe isikhathi eside.

Ngemva kwezinsuku ezimbalwa, lapho ngikhuluma phambi kwezilaleli eziningi e-Albert Hall eCalcutta, uSri Yukteswar wavuma ukuhlala eceleni kwami epulatifomu, noMaharaja waseSantosh kanye noMeya waseCalcutta. Nakuba uMaster engazange asho lutho kimi, ngangimbheka ngezikhathi ezithile ngesikhathi ngikhuluma, futhi ngacabanga ukuthi ngithole ukukhanya okujabulisayo emehlweni akhe.

Kwabe sekufika inkulumo phambi kwabafundi baseSerampore College. Njengoba ngangibuka ozakwethu bakudala, futhi njengoba nabo bebuka "uMad Monk" wabo, izinyembezi zenjabulo zabonakala ngokungenamahloni. Uprofesa wami wefilosofi onekhono, uDkt. Ghoshal, weza ukuzongibingelela, konke ukungaqondani kwethu kwangaphambilini kwaqedwa yi-alchemist Time.

UMkhosi we-Winter Solstice wagujwa ekupheleni kukaDisemba endaweni yaseSerampore hermitage. Njengokujwayelekile, abafundi bakaSri Yukteswar babuthana bevela kude naseduze. *Ama-sankirtans okuzinikela* , ama-solo ngezwi elimnandi likaKristo-da, idili elikhonzwa ngabafundi abasebasha, inkulumo kaMaster ethinta inhliziyi kakhulu ngaphansi kwezinkanyezi egcekeni eligcwele izinkumbulo

ze-ashram, izinkumbulo! Imikhosi ejabulisayo yeminyaka eminingi edlule! Nokho, kulobu busuku, kwakuzoba nesici esisha.

"Yogananda, ngicela ukhulume ngesiNgisi." Amehlo kaMaster ayekhanya njengoba enza lesi sicelo esingavamile kabili; ingabe wayecabanga ngenkinga yesikebhe eyayingaphambi kwenkulumo yami yokuqala ngesiNgisi? Ngaxoxela izilaleli zami zabafowethu abafundi indaba, ngaphetha ngokumhlonipha kakhulu uthisha wethu.

"Isiqondiso sakhe esikhona yonke indawo sasinami hhayi ngedwa esikebheni somoya," ngaphetha, "kodwa nsuku zonke phakathi neminyaka yami eyishumi nanhlanu ezweni elikhulu nelinomoya wokungenisa izihambi laseMelika."

Ngemva kokuba izivakashi sezihambele, uSri Yukteswar wangibizela ekamelweni elifanayo lapho—kanye kuphela, ngemva komkhosi weminyaka yami yokuqala—ngangivunyelwe ukulala embhedeni wakhe wokhuni. Namuhla umfundisi wami wayehleli lapho buthule, eyisiyingi sabafundi ezinyaweni zakhe. Wamomotheka njengoba ngingena ngokushesha ekamelweni.

"Yogananda, uyahamba manje uya eCalcutta? Ngicela ubuye lapha kusasa. Nginezinto ezithile engizokutshela zona."

Ntambama elandelayo, ngamazwi ambalwa alula esibusiso, uSri Yukteswar wanginika esinye isihloko se-monastic esithi *Paramhansa* . **42-1**

"Manje sekuyithatha indawo yesiqu sakho sangaphambili se- *swami* ," esho njengoba ngiguqa phambi kwakhe. Ngokuhleka buthule ngacabanga ngomzabalazo abafundi bami baseMelika ababezobhekana nawo mayelana nokuphinyiselwa kwe- *Paramhansaji* . **42-2**

"Umsebenzi wami emhlabeni usuphelile manje; kumelwe uqhubeke." UNkosi wakhuluma ngokuthula, amehlo akhe ezolile futhi emnene. Inhliziyo yami yayishaya ngamandla ngenxa yokwesaba.

"Ngicela uthumele umuntu ozophatha i-ashram yethu ePuri," kuqhubeka uSri Yukteswar. "Ngishiya konke ezandleni zakho. Uzokwazi ukuhamba ngesikebhe sempilo yakho kanye nesenhlangothi ngempumelelo uye ogwini oluphezulu."

Ku- izinyembezi, Mina kwakuyi ukugona yakhe izinyawo; yena i-rose futhi ubusisiwe mina ngendlela ethandekayo.

olulandelayo ngabiza umfundi waseRanchi, uSwami Sebananda, ngamthumela ePuri ukuyokwenza imisebenzi yase-hermitage. Kamuva uthisha wami waxoxa nami ngemininingwane yezomthetho yokuxazulula ifa lakhe; wayekhathazekile ukuvimbela ukuthi izihlobo zakhe zingase zimmangalele, ngemva kokufa kwakhe, ngokuba nezindlu zakhe ezimbili zokuhlala kanye nezinye izindawo, ayefisa ukuthi zithathwe njengefa lakhe kuphela. ngezinjongo zomusa.

"Kusanda kwenziwa amalungiselelo okuthi uMaster avakashele iKidderpore, **42-4.** " kodwa wehluleka ukuya." U-Amulaya Babu, umfundi ongumzalwane, washo lokhu kimi ntambama; ngezwa igagasi elibandayo lokucabanga. Ebuzweni bami obuphuthumayo, uSri Yukteswar waphendula wathi, "Ngeke ngisaya eKidderpore." Okwesikhashana, uMaster wathuthumela njengengane eyesabayo.

("Ukunamathela endaweni yokuhlala yomzimba, okuvela ngokwemvelo yakho [okungukuthi, okuvela ezimpandeni zasendulo, okuhlangenwe nakho kokufa kwangaphambilini]," kubhala uPatanjali, **42-5** "ikhona ngezinga elincane ngisho

nakubangcwele abakhulu." Kwezinye zezinkulumo zakhe ngokufa, umfundisi wami wayevame ukunezela: "Njengoba nje inyoni evalelwe ekhejini elide inqikaza ukushiya ikhaya layo elijwayelekile lapho umnyango uvulwa.")

"Guruji," Mina kuncengwe yena nge a ukukhala, "ungakwenzi" yithi lokho! Akukaze kube njalo ngokuphelele labo amagama ku- mina!"

Ubuso bukaSri Yukteswar buthule bumamatheka ngokuthula. Nakuba esezofika eminyakeni engamashumi ayisishiyagalombili nanye yokuzalwa, wayebukeka ephilile futhi enamandla.

Ngizijabulisa nsuku zonke elangeni lothando lukamfundisi wami, ngingakhulumi kodwa ngizizwa ngikhululekile, ngasusa engqondweni yami izinkomba ezahlukene ayezinikezile zokufa kwakhe okuseduze.

"Mnumzane, *iKumbha Mela* izohlangana kule nyanga e-Allahabad." Ngibonise uMaster izinsuku ze *-mela* ngo i-almanac yesiBengali. 42-6

"Yenza wena ngempela funa ku- "Hamba?"

Ngingaqondi ukuthi uSri Yukteswar akafuni ukungishiya, ngaqhubeka ngathi, "Uma usubone umbono omuhle kaBabaji e-Allahabad *kumbha* . Mhlawumbe kulokhu ngizoba nenhlanhla yokumbona."

"Angicabangi ukuthi uzohlangana naye lapho." Umfundisi wami wabe esethula, engafuni ukuphazamisa izinhlelo zami.

Ngesikhathi ngiqala ukuya e-Allahabad ngosuku olulandelayo neqembu elincane, uMfundisi wangibusisa buthule ngendlela yakhe evamile. Kubonakala sengathi ngangingaqapheli ukuthi uSri Yukteswar uthini ngesimo sakhe sengqondo ngoba iNkosi yayifisa ukungisindisa ekubhekaneni nokuphokeleka, ngingenaso isizotha, ukubona umfundisi wami eshona. Bekulokhu kwenzeka empilweni yami ukuthi, ekufeni kwalabo engibathanda kakhulu, uNkulunkulu uhlele ngobubele ukuthi ngibe kude nendawo. 42-7

Iqembu lethu lafika *eKumbha Mela* ngoJanuwari 23, 1936. Isixuku esasigcwele cishe abantu ababili Abantu abayizigidi babeyisithombe esihlaba umxhwele, ngisho nesimangalisa kakhulu. Ubuhlakani obungavamile babantu baseNdiya yinhlonipho engaphakathi ngisho nakubalimi abaphansi kakhulu ngenxa yokubaluleka koMoya, kanye nezindela nama-sadhus ashiye izibopho zomhlaba ukuze afune indawo yokubhula. Abakhohlisi nabazenzisi bakhona ngempela, kodwa iNdiya ihlonipha bonke ngenxa yabambalwa abakhanyisa izwe lonke ngezibusiso zaphezulu. Abantu baseNtshonalanga ababebuka lo mbukiso omkhulu babe nethuba eliyinqayizivele lokuzwa ukushaya kwezwe, intshiseko engokomoya iNdiya eyikweleta yona amandla ayo angapheli ngaphambi kokuphela kwesikhathi.



I owesifazane i-yogi, I-Shankari I-Mai Jiew, kuphela ukuphila umfundi kwe i kuhle kakhulu I-Trailanga USwami.

Umuntu ogqoke isigqoko esihlezi eceleni kwakhe nguSwami Benoyananda, umqondisi wesikole sethu se-yoga saseRanchi sabafana eBihar. Lesi sithombe sathathwa eHardwar *Kumbha Mela* ngo-1938; owesifazane ongcwele wayeneminyaka engu-112 ubudala ngaleso sikhathi.



Krishnananda, ku- i 1936 i-Allahabad *I-Kumbha UMela* , nge yakhe ukuthamba umuntu odla imifino kuphela ibhubesikazi.



I-patio yokudlela esesitezi sesibili se-hermitage yaseSri Yukteswar eSerampore. Ngihleli (phakathi) ezinyaweni zomfundisi wami.

Usuku lokuqala saluchitha iqembu lethu libheke phezulu. Kwakukhona abantu

abangingi abagezayo, becwila emfuleni ongcwele ukuze bathethelelwe izono; lapho sabona khona amasiko angcwele okukhulekela; lapho kwakukhona iminikelo yokukhulekela isakazeke ezinyaweni zabangcwele ezinothuli; ukuphenduka kwamakhanda ethu, kanye nomugqa wezindlovu, amahhashi aboshwe kanye namakamela eRajputana ahamba kancane efika eduze, noma umbukiso wenkolo omangalisayo

nqunu i-sadhus, ukuvayiza izintonga zobukhosi kwe igolide futhi isiliva, noma amafulegi futhi abasakazi kwe isilikhi i-velvet.

Ama-anchorite agqoke izindwangu zokubopha kuphela ayehlala buthule ngamaqembu amancane, imizimba yawo igcwele umlotha obavikela ekushiseni nasemakhazeni. Iso elingokomoya lalimelelwe ngokusobala emabunzini awo ngendawo eyodwa ye-sandalwood paste. Ama-swami agundwe ngamakhanda abonakala ngezinkulungwane, egqoke izingubo ezinde futhi ephethe intonga yawo yoqalo nesitsha sokucela. Ubuso bawo babukhanya i ukulahla ukuthula njengoba bona wahamba mayelana noma kubanjwe ifilosofi izingxoxo nge abafundi.

Lapha nalaphaya ngaphansi kwezihlahla, eduze kwezinqwaba ezinkulu zezingodo ezivuthayo, kwakukhona ama-sadhus amahle, aneminyaka **engu-42-8**. izinwele zabo zazilukiwe futhi zihlanganiswe ngama-coil phezulu kwamakhanda abo. Abanye babenezindevu ezinde ngamafidi amaningana, zigoqekile futhi ziboshwe ngefindo. Babezindla buthule, noma belule izandla zabo ukuze babulele izixuku ezidlulayo - izinxibi, ama-maharaja akhwele izindlovu, abesifazane abagqoke *ama-sari anemibala eminingi* - amabhengele abo namaqakala abo ekhala, *ama-fakir* anezingalo ezincane eziphakanyiswe phezulu ngendlela exakile, *ama-brahmacharis* ephethe izinsimbi zokuzindla, izihlakaniphi ezithobekile ezibusisekile ezifihla injabulo yangaphakathi. Phezulu kwenhlokomo sezwa ukubizwa okungapheli kwezinsimbi zethempeli.

Ngosuku lwethu lwesibili *Iwe-mela* , mina nabangane bami sangena ezindlini ezahlukene ze-ashram kanye nasezindlini zesikhashana, sinikeza *ama-pranam* kubantu abangcwele. Sathola isibusiso somholi wegatsha *lamaGiri* le-Swami Order - indela encane, ethanda ukuzidela enamehlo abomvu. Ukuvakasha kwethu okulandelayo kwasiyisa endaweni yokuhlala lapho umfundisi wayo ayegcine khona iminyaka eyisishiyagalolunye edlule izifungo zokuthula kanye nokudla okuqinile kwezithelo. Esitezi esiphakathi ehholo le-ashram kwakuhleli i-sadhu eyimpumputhe, uPragla Chakshu, owayefunde kakhulu kuma- *shastra* futhi ehlonishwa kakhulu yiwo wonke amaqembu.

Ngemva kokunikeza inkulumo emfushane ngesiHindi ngeVedanta , iqembu lethu lasuka endaweni ethule ukuze liyobingelela iswami eseduze, uKrishanananda, indela enhle enezihlathi ezibomvu namahlombe amahle. Ibhubesikazi elithambile lalihlezi eduze kwayo. Ivumela ubuhle obungokomoya bendela - hhayi, ngiyaqiniseka, ngenxa yomzimba wayo onamandla! - lesi silwane sasehlathini senqaba yonke inyama esikhundleni selayisi nobisi. Iswami ifundise lesi silwane esinezinwele ezimpunga ukusho " *Aum* " ngokubhonga okujulile nokukhangayo - umlandeli wekati!

Ukuhlangana kwethu okulandelayo, ingxoxo nesadhu esencane efundile, kuchazwe kahle encwadini kaMnu. Wright ekhangayo yokuhamba.

"Sagibela iFord siwela iGanges ephansi kakhulu ngebhuloho elikhulu, sihamba

njengenyoka phakathi kwezixuku futhi sidlula emigwaqweni emincane, egobile, sidlula indawo eseceleni komfula uYoganandaji angitshengisa yona njengendawo yokuhlangana yaseBabaji naseSri Yukteswarji."

Sehla emotweni ngemva kwesikhashana, sahamba ibanga elithile phakathi kwentuthu eqina yemililo yama-sadhus naphezu kwesihlabathi esishelelayo ukuze sifinyelele eqoqweni lezindlu ezincane, eziphansi kakhulu zodaka notshani. Sama phambi kwenye yalezi zindlu zesikhashana ezingabalulekile, enomnyango ongenamnyango onjenge-pygmy, indawo yokukhosela kaKara Patri, i-sadhu encane ehambahambayo eyaziwa ngokuhlakanipha kwayo okumangalisayo. Lapho yayihleli, imilenze yayo igobile phezu kwenqwaba yotshani, okuwukuphela kwesembozo sayo - futhi okuwukuphela kwento eyayinayo - kwakuyindwangu e-oher embozwe emahlombe ayo.

"Ngempela ubuso obungcwele basimomotheka ngemva kokuba sesingene ngezinyawo ezine endlini futhi *sabizwa* ezinyaweni zalomphefumulo okhanyisiwe, kuyilapho isibani sikaphalafini emnyango sikhanya ngendlela exakile,

izithunzi ezidansa ezindongeni ezifulelwe ngotshani. Ubuso bakhe, ikakhulukazi amehlo akhe namazinyo akhe aphelele, kwakhanya futhi kwakhanya. Nakuba ngangididekile ngesiHindi, ubuso bakhe babuveza kakhulu; wayegcwele intshiseko, uthando, inkazimulo engokomoya. Akekho owayengaphazama ngobukhulu bakhe.

"Cabanga ngempilo ejabulisayo yomuntu ongaxhumene nomhlaba wezinto ezibonakalayo; ongenankinga yokugqoka; ongenaso isifiso sokudla, ongaceli nhlobo, ongasithinti ukudla okuphekiwe ngaphandle kwezinsuku ezishintshanayo, ongasoze athinte nhlobo." ukuthwala isitsha sokucela; ukukhululeka kukho konke ukubopheka kwemali, ungalokothi uphathe imali, ungalokothi ugcine izinto kude, uthembele kuNkulunkulu njalo; ungakhathazeki ngezinto zokuhamba, ungalokothi ugibele izimoto, kodwa uhlale uhamba ogwini lwemifula engcwele; ungalokothi uhlale endaweni eyodwa isikhathi esingaphezu kwesonto ukuze ugweme noma yikuphi ukukhula kokunamathela.

"Umphefumulo othobekile kangaka! Wafunda ngendlela engavamile kumaVeda , futhi uneziqu ze-MA kanye nesiqu esithi *shastri* (master of scriptural) eBenares University. Umuzwa omuhle kakhulu wangifikela njengoba ngangihlala ezinyaweni zakhe; konke kwabonakala kuyimpendulo yesifiso sami sokubona i-India yangempela, yasendulo, ngoba ungummeleli wangempela waleli zwe lama-giants angokomoya."

Ngabuza uKara Patri ngempilo yakhe yokuzulazula. "Awunazo yini ezinye izingubo zasebusika?" "Cha, lokhu kwanele."

"Yenza wena phatha noma yikuphi izincwadi?"

"Cha, ngibafundisa ngekhanda labo bantu abafisa

ukungizwa." "Yini enye oyenzayo?"

"Mina zulazula ngu i "Ganges."

Ngala mazwi athule, nganqotshwa ukulangazelela ukuphila kwakhe okulula. Ngakhumbula iMelika, kanye nayo yonke imithwalo yemfanelo eyayisemahlombe ami.

"Cha, Yogananda," ngacabanga, ngokudabukisayo isikhashana, "kule mpilo ukuzulazula eduze kweGanges akukufanele ."

Ngemva kokuba uSadhu engitshele okumbalwa kwalokho ayekuqaphela

ngokomoya, ngabuza umbuzo ongazelelwe. "Ingabe unikeza lezi zincazelo

kusukela ezincwadini ezingcwele, noma kusukela kokuhlangenwe nakho

kwangaphakathi?"

"Ingxenye kusukela incwadi ukufunda," yena kuphenduliwe nge a okuqondile ukumamatheka, "futhi ingxenye kusukela isipiliyoni."

Sahlala isikhashana sijabule sithule sicabanga. Ngemva kokushiya ubukhona bakhe obungcwele, ngathi kuMnu. Wright, "Uyinkosi ehlezi esihlalweni sobukhosi sotshani begolide."

Sadla isidlo sethu sakusihlwa ngalobo busuku endaweni ye *-mela* ngaphansi kwezinkanyezi, sidla emapuletini amaqabunga ahlanganiswe ngezinduku. Ukugeza izitsha eNdiya kuncishisiwe kwaba kuncane kakhulu!

-*kumbha* ekhangayo ; bese ngibheka enyakatho-ntshonalanga eceleni kogu lwaseJumna ngiya e-Agra. Ngaphinde ngabuka iTaj Mahal; ngikhumbula uJitendra wema eceleni kwami, emangazwe yiphupho eligqoke imabula. Ngase ngibheka i-ashram yaseBrindaban kaSwami Keshabananda.

Inhloso yami ekufuneni uKeshabananda yayihlobene nale ncwadi. Ngangingakaze ngikhohlwe isicelo sikaSri Yukteswar sokuba ngibhale impilo kaLahiri Mahasaya. Ngesikhathi ngihlala eNdiya ngangisebenzisa wonke amathuba okuxhumana nabafundi abaqondile nezihlobo zeYogavatar. Ngigqopha izingxoxo zabo ngamanothi amaningi, ngaqinisekisa amaqiniso nezinsuku, futhi ngaqoqa izithombe, izincwadi ezindala, nemibhalo. Iphothifoliyo yami kaLahiri Mahasaya yaqala ukwanda; Ngaqaphela ngokudumala ukuthi phambi kwami kwakunemisebenzi enzima yokubhala. Ngathandaza ukuthi ngingalingana nendima yami njengomlobi womlando wesazi esikhulu. Abafundi bakhe abanengi babesaba ukuthi endabeni ebhaliwe inkosi yabo ingase idelelwe noma iqondwe kabi.

"Umuntu akanakukwazi ukwenza ubulungiswa ngamazwi angenamsebenzi empilweni yomuntu ozelwe njengoNkulunkulu," kusho uPanchanon Bhattacharya kimi.

Abanye abafundi abaseduze nabo babenelisekile ngokugcina i-Yogavatar ifihliwe ezinhliziyweni zabo njengomfundisi ongenakufa. Noma kunjalo, ngikhumbula isibikezelo sikaLahiri Mahasaya mayelana nomlando wakhe, ngenza konke okusemandleni ami ukuqinisekisa nokuqinisekisa amaqiniso okuphila kwakhe kwangaphandle.

USwami Keshabananda wabingelela iphathi yethu ngemfudumalo eBrindaban eKatayani Peith Ashram yakhe, isakhiwo esikhulu sezinini esinezinsika ezinkulu ezimnyama, esibekwe engadini enhle. Wasihambisa eBrindaban. Kanye egumbini lokuhlala elihlotshiswe ngokwandiswa kwesithombe sikaLahiri Mahasaya. I-swami wayesondela eminyakeni engamashumi ayisishiyagalolunye, kodwa umzimba wakhe onemisipha wawubonisa amandla nempilo. Njengoba enezinwele ezinde nentshebe emhlophe njengeqhwa, amehlo akhe ekhanya ngenjabulo, wayengumuntu ongokoqobo onjengobaba wesizwe. Ngamtshela ukuthi ngifuna ukusho igama lakhe encwadini yami mayelana namakhosi ase-India.

"Ngicela ungitshele ngempilo yakho yangaphambilini." Ngamomotheka ngokuncenga; ama-yoga amahle avame ukungaxhumani.

UKeshabananda wenza isenzo sokuthobeka. "Akukho lutho oluvela ngaphandle. Cishe impilo yami yonke ngiyichithe ezindaweni zodwa zaseHimalaya, ngihamba ngezinyawo ngisuka komunye umhume othule ngiya komunye. Okwesikhashana ngangine-ashram encane ngaphandle kweHardwar, izungezwe yihlathi lezihlahla ezinde nxazonke. Kwakuyindawo enokuthula engavakashelwa kakhulu abahambi, ngenxa yokuba khona kwama-cobra." UKeshabananda wahleka. "Kamuva

isikhukhula saseGanges sakhukhula i-hermitage kanye nama-cobra ngokufanayo. Abafundi bami base bengisiza ukwakha le ashram yaseBrindaban."

Omunye weqembu lethu wabuza iswami ukuthi izivikele kanjani ezingwe zaseHimalaya • **9**

UKeshabananda wanikina ikhanda. "Kulezo zindawo eziphakeme ngokomoya," esho, "izilo zasendle azivamile ukuhlukumeza ama-yogi. Lapho sengisehlathini ngahlangana nengwe ubuso nobuso. Lapho ngiphuma ebhodweni ngokungazelelwe, lesi silwane saphenduka itshe." I-swami yaphinde yahleka ngenkumbulo yayo.

"Ngezinye izikhathi Mina kwesobunxele yami ukuzihlukanisa ku- vakashela yami uchwepheshe ku IBenares. Yena kusetshenziswe ku- ihlaya nge mina sekuphelile yami

okungapheli ukuhamba ku i I-Himalayan ihlane.

"Unesifiso sokuzulazula onyaweni lwakho,' wangitshela ngesinye isikhathi.
'Ngiyajabula ukuthi amaHimalaya angcwele anele ukukuheha.'

"Izikhathi eziningi," kuqhubeka uKeshabananda, "ngaphambi nangemva kokushona kwakhe, uLahiri Mahasaya uvele phambi kwami. Kuye akukho ukuphakama kwaseHimalaya okungafinyeleleki!"

Ngemva kwamahora amabili wasiholela egcekeni lokudlela. Ngabubula ngokukhathazeka buthule. Esinye isidlo esinezikhombisi eziyishumi nanhlanu! Ngaphansi konyaka wokungenisa izihambi kwamaNdiya, futhi ngase ngithole amakhilogremu angamashumi amahlanu! Kodwa ngabe kwakubhekwa njengokungabi nanhlonipho ukwenqaba noma yiziphi izitsha, ezilungiselelwe ngokucophelela amadili angapheli ngenxa yami. ENdiya (akukho ndawo, maye!) i-swami ephekiwe kahle ibhekwa njengento ejabulisayo. **42-10**



Mnu. UWright, mina, Nkosazana I-Bletch -- ku IGibhithe



URabindranath I-Taghore, ugqozi imbongi kwe iBengal, futhi I-Nobel Umklomelo ku izincwadi



Mina noMnu. Wright sima noSwami Keshabananda ohloniphekile kanye nomfundi endaweni enhle kakhulu eBrindaban

Ngemva isidlo sakusihlwa, I-Keshabananda iholele mina ku- a okuyimfihlo i-nook.

"Okwakho ukufika kuyinto hhayi okungalindelekile," yena

kusho. "Mina babe a umlayezo ngoba "Ngamangala; akekho

owayazi ngecebo lami lokuvakashela iKeshabananda.

"Ngesikhathi ngizulazula ngonyaka odlule eHimalaya esenyakatho eduze kwaseBadrinarayan," kusho iswami, "Ngalahleka. Indawo yokukhosela yabonakala emhumeni omkhulu, owawungenalutho, yize amalangabi omlilo ayekhanya emgodini osesihlabathini samatshe. Ngizibuza ngomuntu ohlala kule ndawo yokukhosela eyedwa, ngahlala eduze komlilo, amehlo ami egxile emnyango womhume okhanyiswe yilanga.

"Keshabananda, ngiyajabula ukuthi ulapha.' La mazwi avela ngemuva kwami. Ngaphenduka, ngethuka, futhi ngamangala ukubona uBabaji! Isazi esikhulu sasizibonakalise sisesimweni somuntu endaweni ethule yomhume. Ngijabule kakhulu ukubona futhi ngemva kweminyaka eminingi, ngaguqa ezinyaweni zakhe ezingcwele.

"Ngikubizile lapha,' kuqhubeka uBabaji. 'Yingakho ulahlekile futhi waholelwa endaweni yami yokuhlala yesikhashana kulo mhume. Sekuyisikhathi eside kusukela sahlangana okokugcina; ngiyajabula ukukubingelela futhi.'

"Inkosi engafi yangibusisa ngamazwi athile osizo olungokomoya, yabe isinezela:
'Ngikunika umyalezo kaYogananda. Uzokuvakashela lapho ebuya eNdiya. Izindaba eziningi ezihlobene nomfundisi wakhe kanye nabafundi bakaLahiri abasindile zizogcina uYogananda ematasa ngokugcwele. Mtshele-ke ukuthi ngeke ngimbone kulokhu, njengoba enethemba elikhulu; kodwa ngizombona ngesinye isikhathi.'"

Mina kwakuyi ngokujulile ukuthintwa ku- thola kusukela I-Keshabananda's izindebe lokhu ukududuza isithembiso kusukela UBabaji. A

ubuhlungu obuthile enhliziyweni yami banyamalala; angibange ngisadabuka ngokuthi, njengoba uSri Yukteswar ayeshilo, uBabaji akazange avele eKumbha Mela.

Ukuchitha imali eyodwa ubusuku njengoba izivakashi kwe i i-ashram, yethu iphathi isethi phandle i okulandelayo ntambama eCalcutta. Sigibele ibhuloho loMfula iJumna, sajabulela umbono omuhle kakhulu wesibhakabhaka saseBrindaban njengoba nje ilanga lishisa esibhakabhakeni—isithando sangempela saseVulcan ngombala, esibonakala ngaphansi kwethu emanzini athule.

Ibhishi laseJumna lingcwele yizinkumbulo zomntwana uSri Krishna. Lapha wahlanganyela no ubumnandi obungenacala kuma -*lila akhe* (edlala) nama- *gopis* (izincekukazi), okubonisa uthando olungaphezu koluvamile okuyinto njalo ikhona phakathi a uNkulunkulu ukuzalwa kabusha futhi yakhe abazinikele. I impilo kwe Nkosi UKrishna Kuye kwaqondwa kabi ngabahlaziyi abaningi baseNtshonalanga. Inganekwane yemiBhalo iyadida ingqondo engokoqobo. Iphutha elihlekisayo elivela kumhumushi lizocacisa leli phuzu. Indaba iphathelele nosanta ophefumulelwe wasendulo, umdwebi wezicathulo uRavidas, owahlabelela ngamagama alula ngokudayisa kwakhe inkazimulo engokomoya efihliwe kuso sonke isintu:

Ngaphansi i enkulu i-vault kwe okwesibhakabhaka
Izimpilo i ubuNkulunkulu egqoke ku ukufihla.

Umuntu uyaphenduka ukuze afihle ukumamatheka lapho ezwa incazelo yabahamba gezinyawo enikezwa inkondlo kaRavidas ngumlobi waseNtshonalanga:

"Ngemva kwalokho wakha idokodo, wamisa kulo isithombe asenza ngesikhumba, wazinikela ekukhulekeleni kwaso."

URavidas wayengumfundi kaKabir omkhulu. Omunye wama-chela aphakeme kaRavidas kwakunguRani waseChitor. Wamema inani elikhulu lamaBrahmin edilini lokuhlonipha uthisha wakhe, kodwa benqaba ukudla nomuntu ophansi olungisa izicathulo. Njengoba behlala phansi ngokuzihlukanisa ukuze badle okwabo ukudla okungangcolisiwe, bheka! uBrahmin ngamunye wathola eceleni kwakhe isimo sikaRavidas. Lo mbono omkhulu wafeza ukuvuselelwa okungokomoya okusabalele eChitor.

Ezinsukwini ezimbalwa iqembu lethu elincane lafika eCalcutta. Ngilangazelela ukubona uSri Yukteswar, ngadumala ukuzwa ukuthi wayeseshiyile eSerampore futhi manje wayesePuri, cishe amakhilomitha angamakhulu amathathu eningizimu.

"Woza ePuri ashram ngokushesha." Le telegram yathunyelwa ngoMashi 8 ngumfundi ongumfowabo ka-Atul Chandra Roy UChowdhry, eyodwa kwe OkweNkosi i-chelas ku ICalcutta. Izindaba kwe i umlayezo kufinyelelwe izindlebe zami; usizi ku- yayo imiphumela, Mina kwehlisiwe ku- yami amadolo futhi kuncengwe UNkulunkulu lokho yami othisha ukuphila makusindiswe. Njengoba ngangizophuma ekhaya likaBaba ngiye esitimeleni, izwi likaNkulunkulu lakhuluma ngaphakathi.

"Yenza hhayi hamba ku- IsiPuri kusihlwa. Yakho umthandazo ayikwazi yena kuvunyelwe."

"Nkosi," ngisho ngidabukile, "Awufuni ukuzibandakanya nami 'ekudonseni' ePuri, lapho kuzodingeka wenqabe khona imithandazo yami engapheli yokuphila kweNkosi. Ingabe-ke, kumelwe ahambe aye emisebenzini ephakeme ngokuyala kwakho?"

Ngokulalela umyalo wangaphakathi, angizange ngihambe ngalobo busuku ngiya ePuri. Ngobusuku obulandelayo ngahamba. baqala isitimela; endleleni, ngehora lesikhombisa, ifu elimnyama lezinkanyezi lasibekela isibhakabhaka ngokuzumayo . **11** Kamuva, ngesikhathi isitimela sihamba ngamandla siya ePuri, kwavela umbono kaSri Yukteswar phambi kwami. Wayehleli, enobuso obunzima kakhulu, enokukhanya ohlangothini ngalunye.

"Ingabe konke sekuphelile?"

Ngaphakamisa izingalo zami

ngincenga. Wanqekuzisa ikhanda, wabe

esenyamalala kancane kancane.

Njengoba ngangimi epulatifomu yesitimela iPuri ngakusasa ekuseni, ngisanethemba lokuthi ngizobuya, indoda engaziwa yeza kimi.

"Uzwile ukuthi iNkosi yakho ihambile?" Wangishiya ngingasho lutho; angikaze ngithole ukuthi ungubani nokuthi wayazi kanjani ukuthi angangitholaphi.

Ngimangele, nganyakazisa odongeni lwepulatifomu, ngiqaphela ukuthi ngezindlela ezahlukene uthisha wami wayezama ukungitshela lezi zindaba ezibuhlungu. Ngigcwele ukuvukela, umphefumulo wami wawufana nentaba-mlilo. Ngesikhathi ngifika e-Puri hermitage ngase ngisondela ekuweni. Izwi langaphakathi laliphinda ngobumnene: "Ziqoqe. Thula."

Ngangena ekamelweni lika-ashram lapho umzimba kaMaster, ngendlela engaqondakali, wawuhleli khona ngesimo se-lotus—isithombe sempilo nobuhle. Esikhathini esifushane ngaphambi kokushona kwakhe, umfundisi wami wayegula kancane ngenxa yomkhuhlane, kodwa ngaphambi kosuku lokukhuphukela kwakhe e-Infinite, umzimba wakhe wawusuphilile ngokuphelele. Kungakhathaliseki ukuthi ngibheka kangaki isimo sakhe esithandekayo ngangingaqapheli ukuthi impilo yaso isihambile. Isikhumba sakhe sasibushelelezi futhi sithambile; ebusweni bakhe kwakukhona ukubonakaliswa kokuthula. Wayewushiye ngamabomu umzimba wakhe ngesikhathi sokubizwa okungaqondakali.

"I- Ibhubesi kwe IsiBengal kuyinto "Hambile!" Mina wakhala ku a ukudabuka.

Ngaqhuba amasiko angcwele ngoMashi 10. USri Yukteswar wangcwatshwa **ngo-42-**

12 ngemikhuba yasendulo yama-swami ensimini ye-ashram yakhe yamaPuri. Abafundi bakhe kamuva bafika bevela kude naseduze ukuzohlonipha umfundisi wabo enkonzweni yesikhumbuzo se-equinox yasehlobo. I- *Amrita Bazar Patrika* , iphephandaba eliholayo laseCalcutta, laliphethe isithombe sakhe kanye nombiko olandelayo:

wokushona *kukaBhandara* uSrimat Swami Sri Yukteswar Giri Maharaj, oneminyaka engu-81 ubudala, wenzeke ePuri ngomhlaka-21 Mashi. Abafundi abaningi behlela ePuri ukuze benze amasiko.

Omunye wabahlaziyi abakhulu beBhagavad *Gita* , uSwami Maharaj wayengumfundi omkhulu kaYogiraj Sri Shyama Charan Lahiri Mahasaya waseBenares. USwami Maharaj wayengumsunguli wezikhungo eziningana zeYogoda Sat-Sanga (Self-Realization Fellowship) eNdiya, futhi wayengumthombo omkhulu wenhlangano ye-yoga eyayiswa eNtshonalanga nguSwami Yogananda, umfowabo kaYogiraj.

umfundi oyinhloko. Kwakungamandla kaSri Yukteswarji okuprofetha kanye nokuqonda okujulile okwaphefumulela uSwami Yogananda ukuba awele ulwandle futhi asakaze eMelika umyalezo wamakhosi aseNdiya.

Ukuhumusha kwakhe iBhagavad *Gita* neminye imibhalo kufakazela ukujula komyalo kaSri Yukteswarji wefilosofi, kokubili eMpumalanga naseNtshonalanga, futhi kuhlala kuyindlela yokuvula amehlo obunye phakathi kweMpumalanga neNtshonalanga. Njengoba ayekhohlelwa ebunyeni bazo zonke izinkolo zenkolo, uSri Yukteswar Maharaj wasungula *iSadhu Sabha* (uMbutho Wabangcwele) ngokubambisana nabaholi bamahlelo nezinkolo ezahlukene, ukuze kugxilwe umoya wesayensi enkolweni. Ngesikhathi sokufa kwakhe waqoka uSwami Yogananda ukuba abe ngumlandeli wakhe njengomongameli weSadhu *Sabha* .

I-India impofu kakhulu namuhla ngokudlula komuntu omkhulu kangaka. Sengathi bonke bangaba nenhlanhla yokusondela kuye bafaka umoya weqiniso wamasiko ne - *sadhana yaseNdiya* eyabonakaliswa kuye.

Ngabuyela eCalcutta. Njengoba ngangingazethembi ukuthi ngizoya eSerampore hermitage enezinkumbulo zayo ezingcwele, ngabiza uPrafulla, umfundi omncane kaSri Yukteswar eSerampore, ngenza amalungiselelo okuba angene esikoleni saseRanchi.

"Ngesikhathi usuka waya e-Allahabad *mela* ," kusho uPrafulla kimi, "uMaster ufike kakhulu e- davenport. "

"UYogananda akasekho!" ekhala. 'UYogananda akasekho!' Wanezela ngokuyimfihlo, 'Kuzodingeka ngimtshele ngenye indlela.' Wabe esehlala amahora amaningi ethule."

Izinsuku zami zazigcwele izinkulumo, amakilasi, izingxoxo, kanye nokuhlangana nabangane bakudala. Ngaphansi kokumamatheka okungenalutho kanye nokuphila kwemisebenzi engapheli, umfudlana wokuzindla okumnyama wangcolisa umfula wangaphakathi wenjabulo owawulokhu uzulazula ngaphansi kwesihlabathi sayo yonke imibono yami.

"Iphi leyo ngelosi yaphezulu?" Ngamemeza buthule ngisuka ekujuleni

komoya ohlukunyeziwe. Akukho mpendulo eyafika.

"Kungcono ukuthi uMfundisi aqede ukuhlangana kwakhe noMuntu Othandekayo Wasezulwini," ingqondo yami yangiqinisekisa. "Uhlala ekhanya phakade embusweni wokungafi."

"Ungaphinde umbone endlini enkulu endala yaseSerampore," inhliziyo yami yakhala. "Ungaphinde ulethe abangani bakho ukuzomhlangabeza, noma uthi ngokuziqhenya: 'Bheka, *uJnanavatar waseNdiya uhlezi* !'"

UMnu. Wright wenza amalungiselelo okuba iqembu lethu lihambe ngomkhumbi lisuka eBombay liye eNtshonalanga ekuqaleni kukaJuni. Ngemva kwamasondo amabili ngoMeyi edilini lokuvalalisa nezinkulamo eCalcutta, uNksz Bletch, uMnu. Wright kanye nami sahamba ngeFord saya eBombay. Lapho sifika, iziphathimandla zomkhumbi zasicela ukuba sikhansale ukudlula kwethu, njengoba kwakungasekho ndawo yokungena ngeFord, esasizoyidinga futhi eYurophu.

"Akukaze kwenzeke ingqondo," Mina kusho ngokudabuka ku- Mnu. UWright. "Mina funa ku- ukubuya kanye Okuningi ku- "Puri." Mina buthule

wanezela, "Ake yami izinyembezi kanye futhi amanzi i ithuna kwe yami umfundisi."

42-1 : Ngokwezwi nezwi, *i-param* , ephakeme kakhulu; *i-hansa* , i-swan. I- *hansa* imelelwa ezindabeni zemiBhalo njengesiqondiso sikaBrahma, oPhakeme Umoya; njengoba i uphawu kwe ukubandlulula, i okumhlophe *i-hansa* idada kuyinto umcabango kwe njengoba uyakwazi ku- hlukana i iqiniso umpe we *-soma* ovela engxubeni yobisi namanzi. I- *Ham-sa* (ebizwa ngokuthi *i-hong-sau*) amagama amabili angcwele esiSanskrit anesixhumano sokudlidliza nomoya ongenayo nophumayo. *U-Aham-Sa* usho ukuthi "Nginguye."

42-2 : Bona babe ngokuvamile kugwenywe i ubunzima ngu ukukhuluma mina njengoba *mnumzane* .

42-3 : Ku- i IsiPuri i-ashram, IsiSwami USebananda kuyinto namanje ukuqhuba a encane, ukuchuma i-yoga isikole ngoba abafana, futhi amaqembu okuzindla abantu abadala. Imihlangano yabangcwele kanye nochwepheshe ihlangana lapho njalo.

42-4 : A ingxenye kwe

I-Calcutta. 42-5: *Amagama*

asetshenziswayo : II:9.

42-6 : Inkolo *ama-mela* kukhona okukhulunywe ngakho ku i yasendulo *I-Mahabharata* . I IsiShayina isihambi Hieuen I-Tsiang ine kwesobunxele i Indaba yeKumbha *Mela enkulu* eyabanjwa ngo-AD 644 e-Allahabad. *I-mela enkulu kunazo zonke* ibanjwa njalo ngonyaka weshumi nambili; *iKumbha elandelayo enkulu kunazo zonke* (*i-Ardha* noma ingxenye) ibanjwa njalo ngonyaka wesithupha. *Ama-mela amancane* ahlangana njalo ngonyaka wesithathu, eheha abantu abangaba yisigidi abazinikele. Amadolobha amane *e-mela angcwele* yi-Allahabad, iHardwar, iNasik, ne-Ujjain.

Abahambi bokuqala baseShayina basishiyele izithombe eziningi ezimangalisayo zomphakathi waseNdiya. Umpristi waseShayina, uFa-Hsien, wabhala indaba kwe yakhe ishumi nanye iminyaka ku I-India ngesikhathi i ukubusa kwe I-Chandragupta II (kusenesikhathi Okwesine ikhulu leminyaka). I IsiShayina umbhali uyalandisa: "Kulo lonke izwe akekho Abafuyi izingulube noma izinyoni; azikho..... obulala noma yini ephilayo, futhi akekho ophuza iwayini.

ukuthengiselana ku izinkomo, cha ababhushi benyama izitolo noma izindawo zokudayisa utshwala. Amakamelo nge imibhede futhi omatilasi, ukudla futhi izingubo, kukhona kuhlizekwe abapristi abahlala khona nabahambayo nakanjani, futhi lokhu kuyafana kuzo zonke izindawo. Abapristi bazigcina benobungane ukusebenzela futhi nge ukuhlabelela imicikilisho yokukhulekela; noma bona hlala phansi ku ukuzindla." UFa-Hsien utshela thina i IsiNdiya abantu babejabule .futhi bethembekile; isigwebo sokufa sasingaziwa

42-7 : Mina kwakuyi hhayi samanje ku- i abashonile kwe yami umama, umdala umfowethu U-Ananta, omdala kunabo bonke udadewethu AmaRoma, Nkosi, Baba, noma yabafundi abaningana abaseduze.

(.UBaba kudlulile kuvuliwe ku- I-Calcutta ku 1942, ku- i ubudala kwe amashumi ayisishiyagalombili nesishiyagalolunye)

42-8 Amakhulu ezinkulungwane zama-sadhus aseNdiya alawulwa yikomidi eliphezulu labaholi abayisikhombisa, abamele Isikhombisa nkulu izigaba kwe INdiya. I samanje *mahamandaswar* noma umongameli kuyinto UJoyendra I-Puri. Lokhu ongcwele Umuntu ukhululekile kakhulu, ngokuvamile ugcina inkulumbo yakhe ngamagama amathathu kuphela—iQiniso, Uthando, kanye Nomsebenzi. Ingxoxo eyanele!

42-9 : Kubonakala sengathi kunezindlela eziningi zokunqoba ingwe. Umhloli wamazwe wase-Australia, uFrancis Birtles, ulandise ukuthi wathola amahlathi aseNdiya "ehlukahlukene, amahle, futhi ephephile." Ubuhle bakhe bokuphepha kwakuyiphepha eliphephezelayo. "Njalo ebusuku ngisakaza inani elithile kwe amashidi nxazonke yami ikamu futhi kwakuyi akakaze uphazamisekile," yena kuchazwe. "I- isizathu kuyinto ngokwengqondo. I ingwe kuyinto isilwane esinesithunzi esikhulu. Siyazulazula futhi siphonsela inselelo umuntu aze afike ephepheni; bese ebaleka. Akukho ngwe enesithunzi engalokotha ibhekane nomuntu ngemva kokucasha ephepheni elinamathelayo!

42-10 : Ngemva Mina kubuyiselwe ku- IMelika Mina wathatha kuvaliwe amashumi ayisithupha nanhlano amakhilogremu.

42-11 : IsiSri Yukteswar kudlulile ku- lokhu ihora-7:00 uNdunankulu, uMashi 9, 1936.

42-12 Amasiko omngcwabo eNdiya adinga ukuthi abaninikhaya bashiswe; ama-swami kanye nezindela zamanye ama-oda azishiswa, kodwa wangcwatshwa. (Lapho kukhona ngezikhathi ezithile okuhlukile.) I imizimba kwe

izindela kukhona ngokomfanekiso kucatshangelwe ku- baye bashiswa ngomlilo wokuhlakanipha ngesikhathi bethatha isifungo se-monastic.

ISAPHLUKO: 43

I Uvuko Of IsiSri Yukteswar

"Lord Krishna!" Isimo esihle sesithombe sabonakala ngomlilo okhanyayo njengoba ngangihleli ekamelweni lami eRegent Hotel eBombay. Ngikhanya phezu kophahla lwesakhiwo esiphakeme ngaphesheya komgwaqo, umbono ongaqondakali wavele wangivelela lapho ngibheka ngefazitela lami elide elivulekile lesitezi sesithathu .

Lesi sithombe saphezulu sangiphakamisela isandla, simomothaka futhi sinqekuzisa ikhanda sibengelela. Lapho ngingawuqondi kahle umyalezo weNkosi uKrishna, wahamba ngesenzo sokubusisa. Ngikhuliswe ngendlela emangalisayo, ngaba nomuzwa wokuthi kukhona isenzakalo esingokomoya esasilungiselelwe.

Uhambo lwami lwaseNtshonalanga lwalukhanseliwe okwamanje. Bengihlelelwe ukuvakashela izikhulumi eziningana zomphakathi eBombay ngaphambi kokuba ngihambe ngiyophindela eBengal.

Ngihleli embhedeni wami ehhotela laseBombay ngehora lesithathu ntambama ngomhlaka-19 Juni 1936 - isonto elilodwa ngemva kombono kaKrishna - ngavuswa ekuzindleni kwami yikukhanya okujabulisayo. Ngaphambi kokuvulwa kwami namehlo amangala, lonke igumbi laguqulwa laba yizwe elingavamile, ukukhanya kwelanga kwaguqulwa kwaba ubuhle obungaphezu kwamandla.

Amagagasi okujabula angigubuzela njengoba ngibona isimo senyama

negazi sikaSri Yukteswar! "Ndodana yami!" UNkosi wakhuluma

ngobumnene, ebusweni bakhe emamatheka njengengelosi.

Okokuqala empilweni yami angizange ngiguqe ezinyaweni zakhe ngimbingelela kodwa ngashesha ngaya kuye ngimbona ngigcwele indlala. Umzuzu obalulekile! Usizi lwezinyanga ezedlule lwalunzima kakhulu engangilubala lungenasisindo uma ngiqhathanisa nenjabulo enkulu esehla manje.

"Nkosi yami, sithandwa senhliziyo yami, kungani ungishiye?" Ngangingasakwazi ukugxila enjabulweni enkulu. "Kungani wenza wena vumela mina hamba ku- i *I-Kumbha UMela* ? Kanjani kabuhlungu babe Mina ukusolwa mina ngoba ukuhamba wena!"



"ngo- B. K. I-Mitra ku "Kalyana- Kalpatur-

KRISHNA, ENDULO UMPROFETHI KA I-INDIA

Umbono womdwebi wanamuhla ngomfundisi waphezulu oneseluleko sakhe esingokomoya ku- *Bhagavad Gita* esibe yiBhayibheli lamaHindu. UKrishna uboniswa ebucikweni bamaHindu enoboya bepikoko ezinweleni zakhe (uphawu lwe- *lila yeNkosi* , umdlalo noma umdlalo wokudala), futhi ephethe umtshingo, omanothi akhe avusa abazinikele, ngamunye ngamunye, ebuthongweni babo bokudukiswa kwe- *maya* noma kwendawo yonke.

"Bengingafuni ukuphazamisa ukulindela kwakho okujabulisayo kokubona indawo yokuhambela lapho kuqala khona Ngihlangane noBabaji. Ngikushiye isikhashana nje; angisekho yini nawe futhi?

"Kodwa ingabe *nguwe* , Nkosi, iNgonyama kaNkulunkulu efanayo? Ugqoke umzimba ofana nalowo engawungcwaba ngaphansi kwesihlabathi esinonya samaPuri?"

"Yebo, mntanami, nami nginguye. Lona umzimba wenyama negazi. Nakuba ngiwubona njengento engokoqobo, emehlweni akho ungowenyama. Kusukela kuma-athomu e-cosmic ngadala umzimba omusha ngokuphelele, ofana ncamashi nalowo mzimba wenyama we-cosmic-dream owawubeka ngaphansi kwesihlabathi samaphupho ePuri ezweni lakho lamaphupho. Eqinisweni ngivusiwe—hhayi emhlabeni kodwa eplanethini yezinkanyezi. Izakhamuzi zawo zikwazi kangcono kunesintu sasemhlabeni ukuhlangabezana nezindinganiso zami eziphakeme. Lapho wena nabathandekayo bakho abaphakanyisiwe nizoba nami ngelinye ilanga."

"Akufanga uchwepheshe, tshela mina Okuningi!"

UMaster wahleka kancane futhi ejabule. "Ngicela, sithandwa," esho, "awungeke uphumule kancane ?"

"Kancane nje!" Bengingona ngokubamba i-octopus. Ngangikwazi ukuzwa iphunga elifanayo elincane, elimnandi, lemvelo elaliyisici somzimba wakhe ngaphambili. Ukuthinta okuthakazelisayo kwakhe

inyama yaphezulu isaqhubeka izungeze izinhlangothi zangaphakathi zezingalo zami nasezintendeni zezandla zami noma nini lapho ngikhumbula lawo mahora amahle.

"Njengoba abaprofethi bethunyelwa emhlabeni ukusiza abantu ukuba basebenzele i-karma yabo engokwenyama, nami ngiqondiswe yi- UNkulunkulu ku- khonza kuvuliwe i i-astral iplanethi njengoba a "umsindisi," IsiSri Yukteswar kuchazwe. "Kunjalo kuyinto okubizwa ngokuthi *iHiranyaloka* noma 'iPlanethi Yezinkanyezi Ekhanyisiwe.' Lapho ngisiza izidalwa ezithuthukile ukuba zisuse i-karma yezinkanyezi futhi ngaleyo ndlela zithole inkululeko ekuzalweni kabusha kwezinkanyezi. Abantu abahlala eHiranyaloka bathuthuke kakhulu ngokomoya; bonke, ekwakhiweni kwabo kokugcina komhlaba, babethole amandla okuzindla okushiya imizimba yabo yenyama ngamabomu lapho befa. Akekho ongangena eHiranyaloka ngaphandle kokuthi udlule emhlabeni ngale kwesimo *sikasabikalpa samadhi* waya esimweni esiphakeme sika- *nirbikalpa samadhi* . **43-1**

"Izakhamuzi zaseHiranyaloka sezivele zidlule ezindizeni ezivamile zezinkanyezi, lapho cishe zonke izidalwa ezivela emhlabeni kufanele ziye khona lapho zifa; lapho zakha khona imbewu eminingi yezenzo zazo zangaphambilini emazweni ezinkanyezi. Akukho ngaphandle kwezidalwa ezithuthukile ezingenza umsebenzi onjalo wokuhlenga ngempumelelo emazweni ezinkanyezi. Khona-ke, ukuze zikhulule imiphefumulo yazo ngokugcwele eqoqweni lemikhondo ye-karmic efakwe emizimbeni yazo yezinkanyezi, lezi zidalwa eziphakeme zadonswa ngumthetho we-cosmic ukuze zizalwe kabusha ngemizimba emisha yezinkanyezi eHiranyaloka, ilanga noma izulu lezinkanyezi, lapho ngivuse khona ukuze ngizisize. Kukhona nezidalwa ezithuthukile kakhulu eHiranyaloka ezivela ezweni eliphakeme, elicashile, nelibangela izinkinga."

Ingqondo yami manje yayivumelana kahle kakhulu nothisha bami kangangokuthi wayengithumelela imifanekiso yamagama ngokwengxenywe ngenkulumo kanye nangokudlulisela imicabango. Ngakho-ke ngangithola ngokushesha amaphephandaba akhe anemibono.

"Nifundile emibhalweni," kuqhubeka uMfundisi, "ukuthi uNkulunkulu wafaka umphefumulo womuntu emizimbeni emithathu ngokulandelana—umqondo, noma umzimba oyimbangela; umzimba wezinkanyezi ongabonakali, isihlalo sengqondo yomuntu kanye izimo zemizwa; kanye nomzimba ongokoqobo. Emhlabeni umuntu uhlonyiswe ngemizwa yakhe yenyama. Isidalwa esisemkhathini sisebenza ngokuqonda kwakhe nemizwa kanye nomzimba owenziwe ngama-lifetron.

43-2 Isidalwa esinomzimba wembangela sihlala endaweni yenjabulo yemibono. Umsebenzi wami uhambisana nalezo zidalwa zezinkanyezi ezilungiselela ukungena ezweni lembangela.

"Mfundisi Othandekayo, ngicela ungitshele okwengeziwe ngendawo yonke yezinkanyezi." Nakuba ngangiphumule kancane ukugona kwami ngesicelo sikaSri

Yukteswar, izingalo zami zazisamzungezile. Ingcebo ngaphezu kwakho konke ingcebo, umfundisi wami owayehleke ukufa kufika kimi!

"Kunamaplanethi amaningi asemkhathini, agcwele izidalwa zasemkhathini," kwaqala uMaster. "Izakhamuzi zisebenzisa izindiza zasemkhathini, noma izingwaba zokukhanya, ukuhamba zisuka kwenye iplanethi ziye kwenye, ngokushesha kunogesi namandla anemisebe."

"Indawo yonke yezinkanyezi, eyenziwe ngokudlidliza okuhlukahlukene okucashile kokukhanya nombala, inkulu ngokuphindwe kangamakhulu kune-cosmos ebonakalayo. Yonke indalo ebonakalayo ilenga njengebhasikidi elincane eliqinile ngaphansi kwebhaluni elikhulu elikhanyayo lembulunga yezinkanyezi. Njengoba nje amalanga nezinkanyezi eziningi ezibonakalayo zihamba emkhathini, kunezinhlelo eziningi zelanga nezinkanyezi zezinkanyezi zezinkanyezi. Amaplanethi abo anelanga nezinyanga zezinkanyezi zezinkanyezi, ezinhle kakhulu kunezo ezibonakalayo. Izibani zezinkanyezi zezinkanyezi zifana ne-aurora."

i-borealis-i-aurora ye-astral enelanga ekhazimula kakhulu kunenyanga-aurora ekhanyayo. Imini nobusuku be-astral bude kunobomhlaba.

"Izwe lezinkanyezi lihle kakhulu, lihlanzekile, limsulwa, futhi lihlelekile. Awekho amaplanethi afile noma izindawo ezingenalutho. Amabala asemhlabeni - ukhula, amabhaktheriya, izinambuzane, izinyoka - awakho. Ngokungafani nezimo zezulu nezinkathi zomhlaba eziguquguqukayo, amaplanethi ezinkanyezi agcina izinga lokushisa elilinganayo lentwasahlobo yaphakade, eneqhwa elimhlophe elikhanyayo ngezikhathi ezithile kanye nemvula yezibani ezinemibala eminingi. Amaplanethi ezinkanyezi agcwele emachibini e-opal nasezilwandle ezikhanyayo kanye nemifula yothingo.

"Indawo yonke evamile yasemkhathini - hhayi izulu lasemkhathini elicashile laseHiranyaloka - igcwele izigidi zezidalwa zezinkanyezi ezivele, cishe muva nje, zivela emhlabeni, kanye nezinkulungwane zezingane kwane, ama-mermaid, izinhlanzi, izilwane, ama-goblin, ama-gnome, onkulunkulu abangabantu kanye nemimoya, bonke abahlala kumaplanethi ahlukene ezinkanyezi ngokuhambisana nezimfanelo ze-karmic. Izindawo eziningi ezizungezile noma izindawo ezidlidlizayo zinikezwa imimoya emihle nemibi. Ezinhle zingahamba ngokukhululeka, kodwa imimoya emibi ivinjelwe ezindaweni ezilinganiselwe. Ngendlela efanayo abantu abahlala ngayo ebusweni bomhlaba, izimpethu ngaphakathi komhlaba, izinhlanzi emanzini, nezinyoni emoyeni, ngakho izidalwa zezinkanyezi zamazinga ahlukene zabelwa ezindaweni ezifanele zokudlidliza.

"Phakathi kwezingelosi ezimnyama eziwile ezixoshwe kwamanye amazwe, ukungezwani nempi kwenzeka ngamabhomu aphilayo noma i-mental *mantric* 43-3. " imisebe edlidlizayo. Lezi zidalwa zihlala ezindaweni ezimnyama zomhlaba ophansi wezinkanyezi, zisebenza nge-karma yazo embi.

"Ezindaweni ezinkulu ngaphezu kwejele elimnyama lezinkanyezi, konke kuyakhanya futhi kuhle. Indawo yonke yezinkanyezi ihambisana ngokwemvelo kunomhlaba nentando yaphezulu kanye nohlelo lokuphelela. Yonke into yezinkanyezi ibonakaliswa ngokuyinhloko ngentando kaNkulunkulu, futhi ngokwengxenye ngokubizwa kwezidalwa zezinkanyezi. Zinamandla okuguqula noma ukuthuthukisa umusa nesimo sanoma yini esivele idalwe ngu iNkosi. Unike abantwana bakhe basemkhathini inkululeko nelungelo lokushintsha noma ukuthuthukisa ngokuthanda indawo yonke yasemkhathini. Emhlabeni into eqinile kumele iguqulwe ibe uketshezi noma olunye uhlobo ngezinqubo zemvelo noma zamakhemikhali, kodwa izinto eziqinile zasemkhathini ziguqulwa zibe uketshezi lwasemkhathini, amagesi, noma amandla kuphela nangokushesha ngentando yabantu abahlala khona.

"Umhlaba umnyama ngempi nokubulala olwandle, ezweni, nasemoyeni," kuqhubeka umfundisi wami, "kodwa izinkanyezi izindawo yazi a ujabule ukuzwana futhi ukulingana. I-Astral izidalwa susa izinto ezibonakalayo noma izimbali noma

izinhlanzi noma izilwane zingaguquka zibe abantu basemkhathini. Zonke izidalwa zasemkhathini zikhululekile ukuthatha noma yisiphi isimo, futhi zingaxhumana kalula. Akukho mthetho wemvelo oqinile, oqondile, obazungezile - noma yimuphi umuthi wasemkhathini, isibonelo, ongaphumelela ucelwe ukuba akhiqize umango we-astral noma esinye isithelo esifiselekayo, imbali, noma noma yini enye. Kukhona imikhawulo ethile ye-karmic, kodwa akukho mehluko ezweni lezinkanyezi mayelana nokufiseleka kwezinhlobo ezahlukene. Konke kugcwele ukukhanya kukaNkulunkulu okudala.

"Akekho ozalwa ngowesifazane; inzalo yenziwa izidalwa zezinkanyezi ngosizo lwentando yazo yendawo yonke ibe yizimo ezifingqiwe ngokukhethekile, ezifingqiwe zezinkanyezi. Lesi sidalwa esisanda kususwa emzimbeni sifika emndenini wezinkanyezi ngesimemo, sidonswa ukuthambekela okufanayo kwengqondo nokomoya.

"Umzimba we-astral awubhekene nokubanda noma ukushisa noma ezinye izimo zemvelo. Ukwakheka komzimba kufaka phakathi ubuchopho be-astral, noma i-lotus yokukhanya enamabala ayinkulungwane, kanye nezikhungo eziyisithupha ezivukile ku-" *i-sushumna* , noma i-astral cerebro-spinal axis. Inhliziyo idonsa amandla e-cosmic kanye nokukhanya kusuka ebuchosheni be-astral, bese ikuphampa iye ezinzwa ze-astral kanye namaseli omzimba, noma ama-lifetron. Izidalwa ze-astral zingathinta imizimba yazo ngamandla e-lifetronic noma ngokudlidliza kwe *-mantric* .

"Umzimba wezinkanyezi ufana ncamashi nesimo sokugcina somzimba. Izidalwa zezinkanyezi zigcina ukubukeka okufanayo ezazinakho ebusheni ekuhambeni kwazo kwasemhlabeni kwangaphambilini; ngezinye izikhathi isidalwa sezinkanyezi sikhetha, njengami, ukugcina ukubukeka kwaso kokuguga." INkosi, eveza ingqikithi yobusha, yahleka ngenjabulo.

"Ngokungafani nomhlaba ongokoqobo onezinhlangothi ezintathu obonwa yizinzwa ezinhlanu kuphela, izinhlaka zezinkanyezi zibonakala kumuntu oqonda yonke into," kusho uSri Yukteswar. "Ngomuzwa oqondayo kuphela, zonke izidalwa zezinkanyezi zibona, zizwa, zizwa, zinambitha, futhi zithinta. Zinamehlo amathathu, amabili awo avaliwe kancane. Iso lesithathu neliyinhloko lezinkanyezi, elibekwe ngqo ebunzini, liyi zivulekile. Izidalwa zezinkanyezi zinazo zonke izitho zomzimba zangaphandle—izindlebe, amehlo, ikhala, ulimi, nesikhumba—kodwa zisebenzisa umuzwa wokuqonda ukuze zizwe imizwa nganoma iyiphi ingxenye yomzimba; zingabona ngendlebe, noma impumulo, noma isikhumba. Ziyakwazi ukuzwa ngamehlo noma ulimi, futhi zinganambitha ngezindlebe noma isikhumba, njalo njalo. **43-4**

"Umzimba womuntu wenyama uvezwe ezingozini ezingenakubalwa, futhi ulimala kalula noma ukhubazeke; umzimba we-astral ongokoqobo ungase ungunywe noma ulimale ngezinye izikhathi kodwa uphulukiswa ngokushesha ngokuthanda nje."

"Gurudeva, kukhona konke i-astral abantu "Muhle?"

"Ubuhle ezweni lezinkanyezi kwaziwa ukuthi buyimfanelo engokomoya, hhayi isimo sangaphandle," kuphendula uSri Yukteswar. "Ngakho-ke izidalwa zezinkanyezi azinaki kangako izici zobuso. Nokho, zinelungelo lokuzigqoka ngokuthanda kwazo ngemizimba emisha, enemibala, neyimizimba yezinkanyezi. Njengoba nje abantu bezwe begqoka izinhlobonhlobo ezintsha zemicimbi yemikhosi, nezidalwa zezinkanyezi zithola amathuba okuzigqoka ngezindlela eziklanywe ngokukhethekile.

"Imikhosi yenjabulo yezinkanyezi eplanethini ephakeme yezinkanyezi njengoHiranyaloka yenzeka lapho isidalwa sikhululiwe ezweni lezinkanyezi ngokuthuthuka ngokomoya, ngakho-ke sikulungele ukungena ezulwini lezwe

elibangela lokho. Ngezikhathi ezinjalo uBaba Ongabonakali Wasezulwini, kanye nabangcwele abahlanganiswe Kuye, bazenza imizimba yabo abayithandayo futhi bajoyine umkhosi wezinkanyezi. Ukuze ajabulise umkhulekeli Wakhe othandekayo, iNkosi ithatha noma yisiphi isimo esifiselekayo. Uma Uma umuntu ozinikele okhonzwa ngokuzinikela, ubona uNkulunkulu njengoMama Ongcwele. KuJesu, isici sikaBaba saLowo Ongenamkhawulo sasikhanga ngale kweminye imibono. Ubuntu uMdali abunike izidalwa Zakhe ngasinye kwenza zonke izinto ezingacabangeki nezingaqondakali funa amandla eNkosi okuguquguquka!" Mina nomfundisi wami sahleka ndawonye ngenjabulo.

"Abangane bezinye izimpilo baqondana kalula ezweni lezinkanyezi," kusho uSri Yukteswar ngezwi lakhe elihle, elifana nomtshingo. "Bejabule ngokungafi kobungane, bayaqaphela ukuthi uthando alunakubhujiswa, oluvame ukungatshazwa ngesikhathi sokwahlukana okudabukisayo nokukhohlisayo kokuphila kwasemhlabeni."

"I- umuzwa wokuqonda kwe i-astral izidalwa ukubhoboza ngokusebenzisa i isihenqo futhi ibona umuntu imisebenzi kuvuliwe umhlaba, kodwa umuntu akanakukwazi ukubona umhlaba wezinkanyezi ngaphandle kokuba umuzwa wakhe wesithupha uthuthukile ngandlela thile. Izinkulungwane zabantu abahlala emhlabeni zibone isidalwa sezinkanyezi noma umhlaba wezinkanyezi okwesikhashana.

"Izidalwa ezithuthukile eHiranyaloka zihlala ziphapheme kakhulu enjabulweni phakathi nosuku olude lwezinkanyezi, zisiza ekuxazululeni izinkinga eziyinkimbinkimbi zohulumeni bendawo yonke kanye nokuhlengwa kwamadodana alahlekile, imiphefumulo eboshelwe emhlabeni. Lapho izidalwa zeHiranyaloka zilele, ziba nemibono efana neyamaphupho ngezikhathi ezithile. Izingqondo zazo zivame ukugxiliswa esimweni sokuzwa senjabulo ephezulu ye -*nirbikalpa* ."

"Izakhamuzi kuzo zonke izingxenye zomhlaba wezinkanyezi zisabhekene nobuhlungu bengqondo. Izingqondo ezibucayi zezidalwa eziphakeme emaplanethini afana noHiranyaloka zizwa ubuhlungu obukhulu uma kwenzeka iphutha ekuziphatheni noma ekuboneni iqiniso. Lezi zidalwa ezithuthukile zizama ukuvumelanisa isenzo nemicabango yazo yonke nokuphelela komthetho ongokomoya."

"Ukuxhumana phakathi kwezakhamuzi zase-astral kuphethwe ngokuphelele yi-astral telepathy kanye nethelevishini; akukho ukudideka nokungaqondi kahle kwezwi elibhaliwe nelikhulunywayo okumelwe kubekezelelwe yizakhamuzi zomhlaba. Njengoba nje abantu esikrinini se-cinema bebonakala behamba futhi benza izinto ochungechungeni lwezithombe zokukhanya, futhi bengaphefumuli ngempela, kanjalo nezidalwa zase-astral zihamba futhi zisebenza njengezithombe zokukhanya eziqondiswa ngobuhlakani nezihlelekile, ngaphandle kwesidingo sokudonsa amandla emoyeni. Umuntu uthembele ezintweni eziqinile, uketshezi, amagesi, kanye namandla ukuze aphile; izidalwa zase-astral ziphila ngokuyinhloko ngokukhanya kwendawo yonke."

"Nkosi yami, ingabe izidalwa zezinkanyezi zidla noma yini?" Ngangiphuza izincazelo zakhe ezimangalisayo ngokwamukela wonke amakhono ami - ingqondo, inhliziyo, umphefumulo. Imibono yeqiniso eqondayo ingokoqobo futhi ayishintshi, kuyilapho okuhlangenwe nakho komqondo okudlulayo kanye nemibono akukaze kube ngaphezu kwesikhashana noma kuyiqiniso, futhi ngokushesha kulahlekelwa konke ukucaca kwawo engqondweni. Amazwi kathisha wami abhalwe ngokujulile ephepheni lomzimba wami kangangokuthi nganoma yisiphi isikhathi, ngokudlulisela ingqondo yami esimweni sokuqaphela okungaphezu kwalokho, ngingaphinde ngiphile okuhlangenwe nakho kwaphezulu.

"Kukhanya okufana ne-ray imifino ukwanda ku i i-astral inhlabathi," yena kuphendula. "I- i-astral Izidalwa zidla imifino, futhi ziphuza umpe ogeleza emithonjeni yokukhanya ekhazimulayo kanye nasemifuleni yezinkanyezi nasemifuleni. Njengoba nje izithombe ezingabonakali zabantu emhlabeni

zingambiwa ku-ether futhi zenziwe zibonakale ngedivayisi yethelevishini, kamuva ziphinde zikhishwe emkhathini, kanjalo nemidwebo yezinkanyezi engabonakali edalwe nguNkulunkulu yemifino nezitshalo ezintanta ku-ether ivelela eplanethini yezinkanyezi. ngu i intando kwe yayo izakhamuzi. Ku- i okufanayo indlela, kusukela i zasendle kakhulu okumangalisayo kwe lokhu izidalwa, izingadi eziphelele zezimbali ezinephunga elimnandi ziyavela, kamuva zibuyela ekungabonakali kwe-etheric.

Nakuba abantu abahlala emaplanethi asezulwini njengoHiranyaloka cishe bekhululiwe kunoma yisiphi isidingo sokudla, okuphakeme nakakhulu ukuba khona okungenamibandela kwemiphefumulo ecishe ikhululwe ngokuphelele ezweni elibangela lokhu, engadli lutho ngaphandle kwemana yenjabulo.

"Isidalwa sezinkanyezi esikhululwe emhlabeni sihlengana nezihlobo eziningi, obaba, omama, abafazi, amadoda, nabangane, abatholakale ngesikhathi sokuzalwa okuhlukahlukeni emhlabeni, **43-5** njengoba zivela ngezikhathi ezithile ezingxenyeni ezahlukene zezindawo zezinkanyezi. Ngakho-ke akaqondi ukuthi ubani okufanele amthande ngokukhethekile; ufunda ngale ndlela ukunikeza uthando olungcwele nolulinganayo kubo bonke, njengabantwana nakwabanye.

ukubonakaliswa kukaNkulunkulu komuntu ngamunye. Nakuba ukubukeka kwangaphandle kwabathandekayo kungenzeka kushintshile, cishe noma kancane ngokwentuthuko yezimfanelo ezintsha empilweni yakamuva yanoma yimuphi umphefumulo othile, umuntu wezinkanyezi usebenzisa umuzwa wakhe ongenaphutha ukuqaphela bonke labo abake babathandeka kuye kwezinye izigaba zokuphila, nokubamukela ekhaya labo elisha lezinkanyezi. Ngoba yonke i-athomu endalweni igcwele ubuntu, **43-6** Umngane wezinkanyezi uzoqashelwa kungakhathaliseki ukuthi ugqoke yiphi ingubo, njengoba nje nasemhlabeni ubunikazi bomdlali butholakala ngokubhekisisa naphezu kwanoma yikuphi ukuzifihla.

"Isikhathi sokuphila ezweni lezinkanyezi side kakhulu kunasemhlabeni. Izinkanyezi eziwayelekile ezithuthukisiwe Isikhathi sokuphila esimaphakathi somuntu sisukela eminyakeni engamakhulu amahlanu kuya kweyinkulungwane, silinganiswa ngokwezindinganiso zesikhathi zasemhlabeni. Njengoba imithi ethile ye-redwood iphila iminyaka eyizinkulungwane kunemithi eminingi, noma njengoba amanye amayoga ephila iminyaka engamakhulu amaningana yize iningi lamadoda lifa ngaphambi kweminyaka engamashumi ayisithupha, kanjalo nezinye izidalwa ze-astral ziphila isikhathi eside kakhulu kunesikhathi esivamile sokuphila kwe-astral. Izivakashi eziya ezweni le-astral zihlala lapho isikhathi eside noma esifushane ngokuhambisana nesisindo se-karma yazo engokwenyama, ebadonsela emuva emhlabeni ngaphakathi kwesikhathi esithile.

"Isidalwa esisemkhathini akudingeki sibhekane nobuhlungu nokufa ngesikhathi sokukhipha umzimba waso okhanyayo. Iningi lalezi zidalwa noma kunjalo lizizwa likhathazekile kancane lapho licabanga ngokulahla isimo salo esisemkhathini ngenxa yesizathu esicashile. Izwe elisemkhathini likhululekile ekufeni okungafunwa, ezifweni, nasekugugeni. Lezi zinto ezintathu ezisabekayo ziyisiqalekiso somhlaba, lapho umuntu evumele khona ukwazi kwakhe." ku- khomba uqobo cishe ngokuphelele nge a ubuthakathaka ngokomzimba umzimba kudinga okungaguquki usizo kusukela umoya, ukudla, nokulala ukuze kube khona nhlobo.

"Ukufa ngokomzimba kuhambisana nokunyamalala kokuphefumula kanye nokuwohloka kwamangqamuzana enyama. Ukufa kwe-astral kuhlenganisa ukuhlakazeka kwama-lifetron, lawo mayunithi amandla abonakalayo akha impilo yezidalwa ze-astral. Ekufeni ngokomzimba isidalwa silahlekelwa ukwazi kwaso ngenyama futhi siqaphela umzimba waso ongabonakali ezweni le-astral. Sibhekana nokufa kwe-astral ngesikhathi esifanele, Ngakho-ke ukuba khona kudlula kusukela ekuqondeni ukuzalwa nokufa kwezinkanyezi kuya kokuzalwa nokufa ngokomzimba. Le mijikelezo ephindaphindayo yokuvalwa kwezinkanyezi nemizimba iyisiphetho esingenakugwenywa sazo zonke izidalwa ezingakakhanyiselwa. Izincazelo zemiBhalo zezulu nesiHogo ngezinye izikhathi zishukumisa ukujula komuntu kunokungazi. izinkumbulo kwe yakhe bude uchungechunge kwe okuhlangenwe nakho ku i ukucasuka i-astral kanye nezwe lasemhlabeni elidumazayo.

"Nkosi Ethandekayo," ngibuza, "ungangichazela kabanzi ngomehluko phakathi kokuzalwa kabusha emhlabeni kanye nasezindaweni zezinkanyezi kanye nezibangela?"

"Umuntu njengomphefumulo ohlukile empeleni unomzimba wesizathu," kuchaza umfundisi wami. "Lowo mzimba uyi-matrix kwe i amashumi amathathu nanhlanu *imibono* kuyadingeka ngu UNkulunkulu njengoba i okuyisisekelo noma imbangela umcabango amabutho kusukela kamuva wakha umzimba wezinkanyezi ongabonakali wezinto eziyishumi nesishiyagalolunye kanye nomzimba ophelele wezinto eziyishumi nesithupha .

"Izakhi eziyishumi nesishiyagalolunye zomzimba we-astral zingokwengqondo, ngokomzwelo, futhi ziphila impilo yonke. Izakhi eziyishumi nesishiyagalolunye ziwukuhlakanipha; ubugovu; umuzwa; ingqondo (ukuqaphela umuzwa); amathuluzi amahlanu olwazi , okuhambisana okucashile kwezinzwa zokubona, ukuzwa, ukuhogela, ukunambitha, ukuthinta; amathuluzi amahlanu esenzo , ukuxhumana kwengqondo kwamakhono okuphatha okuzala, ukukhipha,

ikhono lokukhuluma, ukuhamba, kanye nokuzivocavoca ngezandla; kanye namathuluzi amahlanu *amandla okuphila*, lawo anikwe amandla okwenza imisebenzi yomzimba yokuqinisa, ukuhlanganisa, ukususa, ukugaya, kanye nokujikeleza. Lokhu kuvinjelwa okucashile kwezinto eziyishumi nesishiyagalolunye kuyasinda ekufeni komzimba wenyama, owenziwe ngezinto eziyishumi nesithupha zensimbi kanye nezingezona ezensimbi.

"UNkulunkulu wacabanga imibono ehlukenene ngaphakathi Kwakhe futhi wayiveza ibe amaphupho. Ngakho-ke iLady Cosmic Dream yavela ihlotshiswe ngayo yonke imihlobiso yayo emikhulu engapheli yokuhlobana."

"Ezinhlotsheni zemicabango ezingamashumi amathathu nanhlanu zomzimba wembangela, uNkulunkulu wachaza zonke izinkinga zeminyaka eyi-19 yomuntu." i-astral futhi ishumi nesithupha ngokomzimba ozakwabo. Ngu- ukujiya kwe okudlidizayo amabutho, okokuqala okucashile, kwabe sekuyinto embi kakhulu, wadala umzimba womuntu we-astral futhi ekugcineni isimo sakhe somzimba. Ngokomthetho wokuhlobana, lapho i-Prime Simplicity isibe khona i-manifold edidayo, i-cosmos eyimbangela kanye nomzimba we-causal kuhlukile ku-cosmos ye-astral kanye nomzimba we-astral; i-cosmos ebonakalayo kanye nomzimba wenyama nakho kuhlukile ngokuphawulekayo kwezinye izinhlobo zendalo.

"Umzimba wenyama wenziwe ngamaphupho aqinile, angenanjongo oMdali. Izinto ezimbili zikhona emhlabeni: izifo nempilo, ubuhlungu nenjabulo, ukulahlekelwa kanye nenzuzo. Abantu bathola ukulinganiselwa kanye nokumelana nezinto ezintathu. Lapho isifiso somuntu sokuphila sinyakaziswa kakhulu yizifo noma ezinye izimbangela, kufika ukufa; ijazi elisindayo lenyama liyachitheka okwesikhashana. Nokho, umphefumulo uhlala uvalelwe emizimbeni yezinkanyezi neyezimbangela. ⁴³⁻
⁷ Amandla anamathelayo okubambana ngawo yonke imizimba emithathu yisifiso. Amandla ezifiso ezingagcwaliseki ayimbangela yobugqila babo bonke abantu.

"Izifiso zomzimba zisekelwe ekuzikhukhumezeni nasekujabuleni. Ukuphoqelelwa noma isilingo sokuhlangenwe nakho kwezinzwa kunamandla kakhulu kunamandla esifiso ahlobene nokunamathela kwezinkanyezi noma ukuqonda okubangela."

"Izifiso ze-Astral zigxile enjabulweni ngokwendlela yokudlidliza. Izidalwa ze-Astral zijabulela umculo we-ethereal wezindilinga futhi ziyathinteka ngokubona yonke indalo njengezimpawu zokukhanya ezishintshayo. Izidalwa ze-Astral nazo ziyahogela, zinambithe, futhi zithinte ukukhanya. Ngakho-ke izifiso ze-Astral zixhunyaniswe namandla esidalwa se-Astral okuqondisa zonke izinto nokuhlangenwe nakho njengezinhlobo zokukhanya noma njengemicabango noma amaphupho afingqiwe.

"Imbangela izifiso kukhona kugcwalisekile ngu ukuqonda kuphela. I cishe akunalutho izidalwa I-WHO kukhona okumboziwe kuphela emzimbeni wembangela

ubona yonke indawo njengokugcwaliseka kwemibono yamaphupho kaNkulunkulu; zingenza noma yini ibe ngokoqobo ngomcabango nje. Ngakho-ke izidalwa ezibangela zibheka ukujabulela imizwa engokwenyama noma injabulo yezinkanyezi njengento embi futhi ecindezela imizwa emihle yomphefumulo. Izidalwa ezibangela zifeza izifiso zazo ngokuzenza zibe ngokoqobo ngokushesha. **43-8** Labo abazithola bembozwe kuphela yindwangu ethambile yomzimba oyimbangela bangaletsa izindawo zonke ekubonakalisweni ngisho nanjengoMdali. Ngenxa yokuthi yonke indalo yenziwe ngesimo samaphupho asendaweni yonke, umphefumulo ogqoke kahle imbangela unokuqonda okukhulu kwamandla.

"Umphefumulo, njengoba ungabonakali ngokwemvelo, ungahlukaniswa kuphela ngokuba khona komzimba noma imizimba yawo." nje ukuba khona kwe a umzimba kusho lokho yayo ukuba khona kuyinto kwenziwe kungenzeka ngu okungagcwalisekanga izifiso. **43-**

"Uma nje umphefumulo womuntu uvalelwe esitsheni esisodwa, ezimbili, noma ezintathu zomzimba, uvalwe ngokuqinile ngamakhokho okungazi nezifiso, akanakuhlangana nolwandle loMoya." Lapho umphefumulo womuntu ugcwele isitsha esibonakalayo sibhujiswa yisando sokufa, ezinye izembozo ezimbili - i-astral kanye imbangela - isasele ukuvimbela umphefumulo ukuthi ungahlangani ngamabomu neMpilo Ekhona Yonke. Lapho ukungabi nasifiso kufinyelelwa ngokuhlakanipha, amandla awo ahlakaza izitsha ezimbili ezisele. Umphefumulo omncane womuntu uyaphuma, ukhululekile ekugcineni; ungomunye one-Measurement Amplitude."

Mina kubuza yami uNkulunkulu uchwepheshe ku- ishede okunye ukukhanya kuvuliwe i phezulu futhi okungaqondakali imbangela umhlaba.

"Izwe elibangela le nkinga licashile ngendlela engachazeki," ephendula. "Ukuze umuntu aliqonde, ngabe ukuba namandla amakhulu okugxila kangangokuthi wayekwazi ukuvala amehlo akhe futhi abone ngeso lengqondo indawo yonke yezinkanyezi kanye nendawo yonke ebonakalayo kuyo yonke indawo enkulu yayo—ibhaluni elikhanyayo elinebhasikidi eliqinile—njengoba likhona emibonweni kuphela. Uma ngalokhu kugxilisa okungaphezu kwamandla omuntu umuntu ephumelela ekuguquleni noma ukuxazulula i ezimbili ama-cosmoses nge konke yabo ubunzima ku- okumsulwa imibono, yena ngabe bese kuba sifinyelele ezweni elibangela futhi sime emgqeni wokuhlangana phakathi kwengqondo nezinto. Lapho umuntu ubona zonke izinto ezidaliwe - izinto eziqinile, uketshezi, amagesi, ugesi, amandla, zonke izidalwa, onkulunkulu, abantu, izilwane, izitshalo, amabhaktheriya - njengezinhlalo zokuqonda, njengoba nje umuntu engavala amehlo akhe futhi aqaphele ukuthi ukhona, yize umzimba wakhe ungabonakali emehlweni akhe enyama futhi ukhona njengombono kuphela.

"Noma yini umuntu angayenza ngokucabanga, isidalwa esibangela izinto singayenza empeleni. Ukuhlakanipha komuntu okukhulu kakhulu okucabangayo kuyakwazi, engqondweni kuphela, ukusuka kokunye ukucabanga okujulile kuya kokunye, ukweqa ngengqondo kusuka eplanethini kuya kwenye, noma ukuwela emgodini waphakade, noma ukukhuphuka njengerokhethi ungene emphethweni we-galaxi, noma ukukhazimula njengesibani sokusesha phezu kwezindlela zobisi nezikhala zezinkanyezi. Kodwa izidalwa ezweni elibangela izinto zinenkululeko enkulu kakhulu, futhi zingaveza kalula imicabango yazo ibe yinto eqondile ngokushesha, ngaphandle kokuvinjelwa kwezinto ezibonakalayo noma zezinkanyezi noma ukulinganiselwa kwe-karmic.

"Izidalwa eziyimbangela zizaqaphela ukuthi indawo yonke ebonakalayo ayakhiwe ngokuyinhloko ngama-electron, futhi ayinjalo indawo yonke yezinkanyezi eyakhiwe ngokuyinhloko ngama-lifetron - kokubili empeleni kudalwe ngezinhlayiya ezincane

kakhulu zomcabango kaNkulunkulu, zinqunywe futhi zahlukaniswa yi- *maya* , umthetho wokuhlobana ongenelela ukuze kuhlukaniswe uNoumenon nezimo Zakhe.

"Imiphefumulo ezweni lembangela iyabonana njengezindawo ezizimele zoMoya ojabulayo; izinto zayo zokucabanga yizona kuphela izinto ezizungezile. Izidalwa ezibangelayo zibona umehluko phakathi kwemizimba yazo nemicabango njengemibono nje. Njengoba umuntu, evala amehlo akhe, angabona ukukhanya okumhlophe okukhazimulayo noma ubumnyama obuluhlaza okwesibhakabhaka obuncane, ngakho-ke izidalwa ezibangelayo ngomcabango wodwa ziyakwazi ukubona, ukuzwa, ukuzwa, ukunambitha, nokuthinta; zidala noma yini, noma ziyincibilikise, ngamandla engqondo yendawo yonke."

"Kokubili ukufa nokuzalwa kabusha ezweni lembangela kusemcabangweni. Izidalwa ezingabantu ababangela zidla kuphela i-ambrosia yolwazi olusha oluhlala njalo. Baphuza emithonjeni yokuthula, bazulazula emhlabathini ongenamkhondo wemibono, babhukuda olwandle—injabulo engenamkhawulo. Bheka! bheka imizimba yabo ekhanyayo yemicabango idlula izigidigidi zamaplanethi adalwe nguMoya, amabhamuza amasha ezindawo zonke, izinkanyezi ezihlakaniphile, amaphupho amangalisayo e-nebulae yegolide, kuso sonke isifuba esiluhlaza okwesibhakabhaka se-Infinity!

"Izidalwa eziningi zihlala izinkulungwane zeminyaka endaweni eyimbangela. Ngokujabula okujulile umphefumulo okhululekile ube usuzikhipha emzimbeni omncane oyimbangela bese ugqoka ubukhulu bendawo eyimbangela. Zonke izingxube ezihlukene zemibono, amagagasi akhethekile amandla, uthando, intando, injabulo, ukuthula, umuzwa, ukuzola, ukuzithiba, kanye nokugxila kuncibilika oLwandle Lwenjabulo oluhlala lujabulisa. Umphefumulo awusadingeki ukuzwa injabulo yawo njengegagasi lokuqonda elizimele, kodwa uhlanganiswa oLwandlekazini Olulodwa Lwendawo Yonke, nawo wonke amagagasi alo - ukuhleka okuphakade, ukujabula, ukushaya ngamandla.

"Uma umphefumulo uphuma eqoqweni lezi zidumbu ezintathu, uphunyuka unomphela emthethweni wokuhlobana futhi ube yi-Ever-Existent engachazeki." **43-10** Bheka uvemvane olukhona kuyo yonke indawo, amaphiko alo eqoshwe izinkanyezi nezinyanga nelanga! Umphefumulo wanda waba uMoya uhlala wodwa endaweni yokukhanya okungenakukhanya, ubumnyama obungenamnyama, umcabango ongenangqondo, udakwe injabulo yalo ephusheni likaNkulunkulu lokudalwa kwendawo yonke.

"A mahhala umphefumulo!" Mina ukukhishwa kwe-ejaculation ku ukumangala.

"Lapho umphefumulo ekugcineni uphuma ezitsheni ezintathu zokukhohlisa komzimba," kuqhubeka uMfundisi, "uba munye no-Infinite ngaphandle kokulahlekelwa ubuntu. UKristu wayethole le nkululeko yokugcina ngisho nangaphambi kokuba azalwe njengoJesu. Ezigabeni ezintathu zesikhathi sakhe esidlule, ezifanekiselwa empilweni yakhe yasemhlabeni njengezinsuku ezintathu zokuhlangenwe nakho kwakhe kokufa nokuvuka, wayesethole amandla okuvuka ngokugcwele eMoyeni.

"Umuntu ongakathuthuki kumele adlule emizimbeni eminingi yasemhlabeni neyezinkanyezi neyezimbangela ukuze aphume emizimbeni yakhe emithathu. Inkosi ethola le nkululeko yokugcina ingakhetha ukubuyela emhlabeni njengomprofethi ukuze ibuyisele abanye abantu kuNkulunkulu, noma njengami ingakhetha ukuhlala endaweni yonke yezinkanyezi. Lapho umsindisi uthatha omunye umthwalo we-karma yabantu **43-11.**" futhi ngaleyo ndlela kubasiza ukuba baqede umjikelezo wabo wokuphindukuzalwa endaweni yonke yezinkanyezi futhi baqhubeke unomphela baye ezindaweni eziyimbangela. Noma umphefumulo okhululiwe ungangena ezweni lembangela ukusiza izidalwa zawo ukuthi zifinyeze isikhathi sazo emzimbeni wembangela futhi ngaleyo ndlela zifinyelele iNkululeko Ephelele.

"Ovukile, ngifuna ukwazi okwengeziwe nge-karma ephoqa imiphefumulo ukuba ibuyele emazweni amathathu." Ngacabanga, ngangingalalela iNkosi yami enolwazi oluphelele kuze kube phakade. Angikaze ngikwazi ukuphila emhlabeni wakhe ngikwazi ukwamukela ukuhlakanipha kwakhe okuningi kangaka. Manje okokuqala ngqa ngangithola ukuqonda okucacile nokucacile ngezindawo eziyimfihlakalo

ezikubhodi lokuhlola lokuphila nokufa.

"I-karma noma izifiso zomuntu kumele zifezwe ngokuphelele ngaphambi kokuba ahlale unomphela emhlabeni wezinkanyezi," kusho umfundisi wami ngezwi lakhe elijabulisayo. "Izinhlobo ezimbili zezidalwa ziyaphila." ku i i-astral izimbulunga. Lezo I-WHO namanje babe emhlabeni i-karma ku- lahla kwe futhi I-WHO Ngakho-ke kumele baphinde bahlale emzimbeni ophhelele ukuze bakhokhe izikweletu zabo ze-karmic, ngemva kokufa ngokomzimba, bangahlukaniswa njengezivakashi zesikhashana ezweni lezinkanyezi kunokuba babe izakhamuzi zaphakade.

"Izidalwa ezine-karma yasemhlabeni engakahlangwa azivunyelwe ngemva kokufa kwe-astral ukuya endaweni ephakeme yezimbangela zemibono yendawo yonke, kodwa kumele zihambe ziye naphambili zivela ezweni lezinto ezibonakalayo nele-astral kuphela, ziqaphela ngokulandelana imizimba yazo engokwenyama yezinto eziyishumi nesithupha ezinkulu, kanye nemizimba yazo e-astral yezinto eziyishumi nesishiyagalolunye ezicashile. Ngemva kokulahlekelwa umzimba wazo ongokwenyama, nokho, i-"

Ukuba khona emhlabeni kuhlala ingxenye enkulu yokulala okujulile futhi akuzwakali kahle ngeplanethi enhle yezinkanyezi. Ngemva kokuphumula kwezinkanyezi, umuntu onjalo ubuyela endizeni yezinto ezibonakalayo ukuze athole izifundo ezengeziwe, kancane kancane ezijwayeza, ngokuhamba okuphindaphindiwe, ukuya endaweni. imihlaba yokuthungwa okucashile kwezinkanyezi.

"Izakhamuzi ezivamile noma esezinesikhathi eside zikhona endaweni yonke yasemkhathini, yilabo, abakhululwe phakade kuzo zonke izifiso zezinto ezibonakalayo, abangasadingi ukubuyela ekunyakazeni okukhulu komhlaba." Izidalwa ezinjalo zine-karma ye-astral neye-causal kuphela okufanele zisebenze. Ekufeni kwe-astral lezi zidalwa zidlulela ku- umhlaba wezimbangela ocebile futhi obuthakathaka kakhulu. Zilahla isimo sengqondo somzimba wezimbangela ekupheleni kwesikhathi esithile, esinqunywa ngumthetho wendawo yonke, lezi zidalwa ezithuthukile bese zibuyela kuHiranyaloka noma iplanethi efanayo ephakeme yezinkanyezi, zizalwe kabusha emzimbeni omusha wezinkanyezi ukuze zisebenze i-karma yazo yezinkanyezi engakahlengwa.

"Ndodana yami, manje usuyaqonda ngokugcwele ukuthi ngivusiwe ngesinqumo saphezulu," kuqhubeka uSri Yukteswar, "njengomsindisi wemiphefumulo ezalwa kabusha ngokwezinkanyezi ebuya endaweni eyimbangela, ikakhulukazi, kunokuba ibe yilabo bantu bezinkanyezi abavela emhlabeni. Labo abavela emhlabeni, uma besagcina izinsalela ze-karma ebonakalayo, abakhuphukeli emaplanethini aphezulu kakhulu ezinkanyezi njengoHiranyaloka.

"Njengoba nje abantu abaningi emhlabeni bengafundanga ngokuzindla - umbono otholwe ukuze baqonde okuphakeme injabulo futhi izinzuzo kwe i-astral impilo futhi ngakho-ke, ngemva ukufa, isifiso ku- ukubuya ku- Izinjabulo zomhlaba ezilinganiselwe, ezingaphelele, eziningi kangaka izidalwa zasemkhathini, ngesikhathi sokuwohloka okuvamile kwemizimba yazo yasemkhathini, azikwazi ukubona isimo esithuthukile senjabulo engokomoya ezweni eliyimbangela futhi, zicabanga ngenjabulo yasemkhathini embi kakhulu neyakhayo, zilangazelela ukuphinda zivakashele ipharadesi lasemkhathini. I-karma enzima yasemkhathini kumele ihlengwe yizidalwa ezinjalo ngaphambi kokuba zikwazi ukufeza ngemva ukufa kwezinkanyezi ukuhlala unomphela ezweni lemicabango eliyimbangela, okuhlukaniswe kancane noMdali.

"Kuphela uma isidalwa singasenazo ezinye izifiso zokuhlangenwe nakho endaweni yonke yezinkanyezi ethokozisayo, futhi singenakulingeka ukuba sibuyele lapho, lapho sihlala khona ezweni lezimbangela. Lapho siqedela khona umsebenzi wokuhlenga yonke i-karma yezimbangela noma imbewu yezifiso zesikhathi esidlule, umphefumulo ovalelwe ukhipha okokugcina kwezikhonkwane ezintathu zokungazi, bese siphuma embizeni yokugcina yomzimba wezimbangela, sihlanguka noPhakade."

"Manje yenza wena Uyaqonda? Ingcweti ukumamatheka ngakho-ke ngokumangalisayo!

"Yebo, ngokusebenzisa yakho umusa. Mina ekuseni ukukhuluma nge injabulo futhi ukubonga."

Angikaze ngithole ulwazi olunjalo oluphefumulelayo ngengoma noma ngendaba. Nakuba imibhalo yamaHindu ibhekisela emazweni ayimbangela kanye nawezinkanyezi kanye nasemizimbeni emithathu yabantu, yeka ukuthi lawo makhasi ayekude futhi engenamsebenzi kangakanani uma eqhathaniswa nobuqiniso obufudumele beNkosi yami evusiwe! Ngempela akukho "zwe elingakatholakali elingazange libuye kulowo mhambi"!

"Ukungena kwemizimba emithathu yomuntu kubonakaliswa ngezindlela eziningi ngesimo sakhe esiphindwe kathathu," yami kuhle kakhulu uchwepheshe wahamba kuvuliwe. "Ngaphakathi i uvukile isimo kuvuliwe umhlaba a umuntu ukuba kuyinto oqaphelayo cishe noma ngaphansi kwezimoto zakhe ezintathu. Uma ezimisele ngokunambitha, ukuhogela, ukuthinta, ukulalela,

noma ebona, usebenza ngokuyinhloko ngomzimba wakhe wenyama. Uma ebona ngamehlo engqondo noma ezimisele, usebenza ikakhulukazi ngomzimba wakhe wezinkanyezi. Indlela yakhe yokudala ithola ukuvezwa lapho umuntu ecabanga noma ecwila ekuzihloleni noma ekuzindleni; imicabango yobuhlakani bendawo yonke iza kumuntu ovame ukuxhumana nomzimba wakhe wezimbangela. Ngalo mqondo umuntu angahlukaniswa kabanzi ngokuthi 'indoda yezinto ezibonakalayo,' 'indoda enamandla,' noma 'indoda ehlakaniphile.'

"Indoda iziveza cishe amahora ayishumi nesithupha nsuku zonke ngemoto yayo engokoqobo. Bese ilala; uma iphupha, ihlala emzimbeni wayo wezinkanyezi, idala noma yini kalula njengoba kwenza izidalwa zezinkanyezi. Uma ubuthongo bomuntu bujulile futhi bungenamaphupho, amahora amaningana uyakwazi ukudlulisela ukwazi kwakhe, noma umuzwa wobu-I-ness, emzimbeni wezimbangela; ubuthongo obunjalo buyavuselela. Umphuphi uxhumana nomzimba wakhe wezinkanyezi hhayi nomzimba wakhe wezimbangela; ubuthongo bakhe abuqabulisi ngokugcwele."

Mina wayenayo ube ngothando ukubuka IsiSri Yukteswar ngenkathi yena wanikeza yakhe kuyamangalisa umbukiso.

"Isazi sezingelosi," ngisho, "umzimba wakho ubukeka njengoba wawunjalo ngesikhathi ngiwukhalela okokugcina e- ashram ye-Puri."

"Yebo, umzimba wami omusha uyikhophi ephelele yomdala. Ngiguqula noma ngiguqule lesi simo noma nini ngokuthanda kwami, kaningi kakhulu kunangesikhathi ngisesemhlabeni. Ngokushintsha ngokushesha isimo somzimba, manje sengihamba ngokushesha ngokukhanya okuvela eplanethini kuya eplanethini noma, empeleni, kusukela ezinkanyezini kuya ezibangela noma endaweni yonke ebonakalayo." Isazi sami saphezulu samomotheka. "Nakuba uhamba ngokushesha kangaka kulezi zinsuku, angibanga nobunzima bokukuthola eBombay!"

"O Nkosi, Mina kwakuyi ukudabuka ngakho-ke ngokujulile mayelana yakho ukufa!"

"Ah, ngafela kuphi? Akukho yini ukuphikisana?" Amehlo kaSri Yukteswar ayekhanya ngothando nokuzijabulisa.

"Ubuphupha nje emhlabeni; kulowo mhlaba ubone umzimba wami wamaphupho," eqhubeka. "Kamuva ungcwabile lowo mfanekiso wephupho. Manje umzimba wami wenyama omuhle kakhulu—owubonayo futhi osuwubamba eduze manje—uvuselwe kwenye iplanethi kaNkulunkulu enhle kakhulu yamaphupho. Ngolunye usuku lokho umzimba wamaphupho omuhle kakhulu kanye neplanethi yamaphupho enhle kakhulu kuzodlula; nazo azikho phakade. Wonke amabhamuza amaphupho kumele aqhume ekugcineni ngokuphaphama. Hlukanisa, ndodana yami Yogananda, phakathi kwamaphupho neqiniso!"

Lo mbono *weVedantic* **43-12** uvuko lwangimangaza kakhulu. Nganginamahloni

ngokuthi ngangimzwele uMfundisi lapho ngibona isidumbu sakhe esingaphili ePuri. Ekugcineni ngaqonda ukuthi umfundisi wami wayelokhu ephapheme ngokuphelele kuNkulunkulu, ebona impilo yakhe nokufa kwakhe emhlabeni, kanye novuko lwakhe lwamanje, njengento engelutho ngaphandle kokuhlobana kwemibono yaphezulu ephusheni lendawo yonke.

"Manje sengikutshelile, Yogananda, amaqiniso okuphila kwami, ukufa, nokuvuka kwami. Ungangikhaleli; kunalokho sakaza yonke indawo indaba yokuvuka kwami emhlabeni wabantu abaphuphe uNkulunkulu uye kwenye iplanethi ephuphe uNkulunkulu yemiphefumulo egqoke izingubo zezinkanyezi! Ithemba elisha lizofakwa ezinhliziyweni zabaphuphi bomhlaba abahlanyayo, abesaba ukufa."

"Yebo, Nkosi!" Kanjani ngokuzithandela ngabe Mina yabelana nge abanye yami injabulo ku- yakhe uvuko!

"Emhlabeni izindinganiso zami zaziphakeme ngendlela engakhululekile, zingafaneleki izimo zamadoda amaningi. Ngangivame ukukukhuza ngaphezu kwalokho okwakufanele ngikwenze. Uphumelele esivivinyweni sami; uthando lwakho lwakhanya phakathi kwamafu azo zonke izinsolo." Wanezela ngomusa, "Nami ngize namuhla ukuzokutshela: Ngeke ngiphinde ngigqoke amehlo aqinile okukusola. Ngeke ngiphinde ngikukhuze."

Yeka ukuthi ngangiphuthelwe kangakanani izijeziso zomfundisi wami omkhulu! Ngamunye wayeyingelosi evikelayo.

"Othandekayo Nkosi! Khuza mina a isigidi izikhathi-do ukuthethisa mina manje!"

"Ngeke ngisakukhuza." Izwi lakhe laphezulu lalinzima, kodwa linokuhleka okungaphansi. "Mina nawe sizomomotheka ndawonye, inqobo nje uma izimo zethu ezimbili zibonakala zihlukile ephusheni *likaNkulunkulu* . Ekugcineni sizohlangana sibe munye ku-Cosmic Othandekayo; ukumomotheka kwethu kuzoba ukumomotheka Kwakhe, ingoma yethu ehlangene yenjabulo enyakaza kuze kube phakade ukuze isakazwe emiphefumulweni eqondiswe uNkulunkulu!"

USri Yukteswar wangikhanyisela ngezinto ezithile engingakwazi ukuzidalula lapha. Phakathi namahora amabili awachitha nami ekamelweni lehhotela laseBombay waphendula yonke imibuzo yami. Iziprofetho ezingana zomhlaba ezashiwo nguye ngalolo suku lukaJuni ngo-1936 sezigwalisekile kakade.

"Ngiyakushiya manje, sithandwa!" Ngala mazwi ngezwa uMfundisi encibilika ezingalweni zami ezizungezile.

"Mntanami," izwi lakhe lazwakala, linyakaza esibhakabhakeni sami somphefumulo, "noma nini lapho ungena emnyango we- *nirbikalpa samadhi* ungibize, ngizokuza kuwe ngenyama negazi, njenganamuhla."

Ngalesi sithembiso sasezulwini uSri Yukteswar wanyamalala emehlweni ami. Izwi elifana nefu liphindaphindwa ngokuduma komculo: "Tshela konke! Noma ngubani owaziyo ngokuqaphela kwe- *nirbikalpa* ukuthi umhlaba wakho uyiphupho likaNkulunkulu angafika eplanethini enhle kakhulu yeHiranyaloka edalwe amaphupho, futhi angithole ngivusiwe emzimbeni ofana ncamashi nowami wasemhlabeni. Yogananda, tshela konke!"

Usizi lokuhlukana lwaluphelile. Isihawu nosizi ngokufa kwakhe, owayengiphuca ukuthula isikhathi eside, manje wabaleka ehlazweni elikhulu. Injabulo yathululeka njengomthombo odlula emigodini yomphefumulo engapheli, esanda kuvulwa. Njengoba yayivinjiwe kudala ngenxa yokungasetshenziswa, manje yanda

ngobumsulwa ngenxa yesikhukhula esikhulu senjabulo.

Imicabango nemizwa engaphansi kwengqondo yami yangaphambilini ikhipha amabala ayo e-karmic, avuselelwa ngokukhazimula ukuvakasha kukaSri Yukteswar kwaphezulu.

Kulesi sahluko sencwadi yami yokuphila ngilalele umyalo womfundisi wami futhi ngasakaza izindaba ezimnandi, yize kuphinde kudide isizukulwane esingabazi.

Umntu uyazi kahle ukuthi ukuphelelwa yithemba akuvamile ukuba yinto engavamile; kodwa lokhu kuyizinto ezimbi, akuyona ingxenye yesimo sangempela somuntu. Ngosuku athanda ngalo, uzobe esesendleleni eya enkululekweni.

Sekuyisikhathi eside elalele ukuphelelwa yithemba okukhulu kwabeluleki bakhe "abanjengothuli", engenandaba nomphefumulo onganqotshwa.

Mina kwakuyi hhayi i kuphela eyodwa amalungelo ku- bheka i Uvusiwe Umfundisi.

Omunye wabahlengikazi bakaSri Yukteswar kwakungowesifazane osekhulile, owaziwa ngothando ngokuthi *uMa* (uMama), owayehlala eduze ne-Puri hermitage. UMaster wayevame ukuma ukuze axoxe naye ngesikhathi ehamba ekuseni. Ngobusuku bangoMashi 16, 1936, uMa wafika e-ashram wacela ukubona umfundisi wakhe.

"Ingani, uMfundisi ushone ngesonto eledlule!" USwami Sebananda, manje ophethe i-hermitage yamaPuri, wambheka ngokudabuka.

"Akunakwenzeka lokho!" Wamomotheka kancane. "Mhlawumbe uzama nje ukuvikela lo mfundisi ezivakashini eziphikelelayo?"

"Cha." USebananda walandisa imininingwane yomngcwabo. "Woza," esho, "ngizokuyisa engadini engaphambili ethuneni likaSri Yukteswarji."

UMama wanikina ikhanda. "Akukho thuna lakhe! Namuhla ekuseni ngehora leshumi udlule ngendlela yakhe evamile phambi komnyango wami! Ngikhulume naye imizuzu embalwa ngaphandle okukhanyayo."

"Woza lokhu kusihlwa ku- i u-ashram,' yena kusho.

"Ngilapha! Izibusiso zithululeka kule ngwevu endala! Lo mfundisi ongenakufa wayefuna ngiqonde ukuthi wayengivakashele emzimbeni onjani namuhla ekuseni!"

I ukumangala USebananda ukuguqa ngaphambi yena.

"Mama," yena wathi, "ini a isisindo kwe usizi wena ilifti kusukela yami inhliziyo! Yena kuyinto uvukile!"

.....
43-1 : Ku- *sabikalpa i-samadhi* i umkhulekeli ine ngokomoya iqhubekela phambili ku- a isimo kwe ngaphakathi uNkulunkulu inyunyana, kodwa ayikwazi londoloza indawo yonke ukuqonda ngaphandle ku i inganyakazi isimo sokuhamba ngonyawo. Ngu- okuqhubekayo ukuzindla, yena ukufinyelela i okuphakeme isimo ka -*nirbikalpa samadhi* , lapho ehamba khona ngokukhululeka emhlabeni futhi enze imisebenzi yakhe yangaphandle ngaphandle kokulahlekelwa ukuqaphela uNkulunkulu.

43-2 : IsiSri Yukteswar kusetshenziswe i igama *i-prana* ; Mina babe kuhunyushwe yona njengoba ama-lifetron. I IsiHindu imibhalo engcwele bhekisa hhayi kuphela ku- i *anu* , "i-athomu," futhi ku- i *i-paramanu* , "ngale" i i-athomu," kahle kakhulu kagesi amandla; kodwa futhi ku- *i-prana* , "ukudala" i-lifetronic amandla." Ama-Athomu futhi ama-electron kukhona impumputhe amabutho; *i-prana* kuyinto ngokwemvelo uhlakaniphile. I i-pranic ama-lifetron ku i isidoda futhi i-ova, isibonelo, qondisa intuthuko yombungu ngokwendlela yokwakheka kwe-karmic.

43-3 : Isichasiso se- *mantra* , imisindo yembewu ehlatshelwayo ekhishwa yisibhamu sengqondo sokugxilisa ingqondo. *AmaPurana* (*ama-shastra asendulo* noma izincwadi zokubhala) chaza lokhu *i-mantric* izimpi phakathi *i-devas* futhi *ama-asura* (onkulunkulu futhi amademoni). I-An *i-asura* kanye wazama ukubulala i- *deva* ngengoma enamandla. Kodwa ngenxa yokuphimisela kabi amagama, ibhomu lengqondo lasebenza njenge-boomerang futhi labulala idemoni.

43-4 : Izibonelo kwe okunjalo amandla kukhona hhayi ukufisa ngisho kuvuliwe umhlaba, njengoba ku i icala kwe UHelen UKeller futhi okunye okungajwayelekile izidalwa.

43-5 : Nkosi UBuddha kwakuyi kanye kubuza kungani a indoda kufanele uthando konke abantu ngokulinganayo. "Ngoba," i kuhle kakhulu uthisha waphendula, "ku- kakhulu eziningi futhi ezihlukahlukene impilo kwe ngayinye indoda, njalo okunye ukuba ine ku- eyodwa isikhathi noma omunye ube sithandwa ku- yena."

43-6 : I isishiyagalombili okuyisisekelo izimfanelo okuyinto ngena ku- konke kudalwe impilo, kusukela i-athomu ku-indoda, kukhona umhlaba, amanzi, umlilo, umoya, i-ether, ukunyakaza, ingqondo, kanye nobuntu. (*Bhagavad Gita* : VII:4.)

43-7 : Umzimba kusho noma yikuphi ukucindezelwa komphefumulo, ukuthi ngabe okubi kakhulu noma okucashile. I ezintathu imizimba kukhona amakheji ngoba i Inyoni kwe IPharadesi.

43-8 : Ngisho njengoba I-Babaji wasiza IsiLahiri IsiMahasaya ku- ukususwa yena kwe a ukungazi lutho isifiso kusukela abanye okwedlule impilo ngoba a isigodlo, njengoba kuchaziwe [esahlukweni 34](#).

43-9 : "Wathi kubo: Nomaphi lapho kukhona isidumbu, kulapho amanje eyobuthana khona."- *Luka* 17:37. Nomaphi lapho i umphefumulo kuyinto okumboziwe ku i ngokomzimba umzimba noma ku i i-astral umzimba noma ku i imbangela umzimba, Lapho i izinkozi kwe izifiso—ezidla ubuthakathaka bomqondo womuntu, noma ezixhumene nezinkanyezi kanye nezimbangela—nazo zizohlangana ukuze zigcine umphefumulo uyisiboshwa .

43-10 : "Lowo onqobayo ngiyakumenza insika ethempelini likaNkulunkulu wami, futhi akasayikuphuma (okungukuthi, uyozalwa kabusha)." cha okwengeziwe). Ukuze yena lokho uyanqoba intando Mina isibonelelo ku- hlala phansi nge mina ku yami isihlalo sobukhosi, ngisho njengoba Mina futhi wanqoba, futhi

.ekuseni isethi phansi nge yami Ubaba ku yakhe isihlalo sobukhosi." - *IsAmbulo* 3:12, 21

43-11 USri Yukteswar wayesho ukuthi, ngisho nasemzimbeni wakhe wasemhlabeni wayeke wathatha isisindo sesifo ngezikhathi ezithile. ku- khanyisa yakhe abafundi i-karma, ngakho-ke ku i i-astral umhlaba yakhe umsebenzi njengoba a umsindisi kunikwe amandla yena ku- thatha kuvuliwe ngokuqinisekile i-karma yezinkanyezi yabantu abahlala eHiranyaloka, ngaleyo ndlela basheshise ukuvela kwabo ezweni eliyimbangela ephezulu.

43-12 : Impilo futhi ukufa njengoba ukuhlobana kwe umcabango kuphela. *I-Vedanta* amaphuzu phandle lokho UNkulunkulu kuyinto i kuphela Iqiniso; konke ukudalwa noma ukuhlukanisa ukuba khona kuyinto *i-maya* noma inkohliso. Lokhu ifilosofi kwe ubuMonism yamukelwe yayo okuphezulu kakhulu inkulumbo ku i Izincazelo ze - *Upanishad* ze-Shankara.

ISAHLUKO: 44

Nge I-Mahatma UGandhi Ku- I-Wardha

"Siyakwamukela eWardha!" UMahadev Desai, unobhala kaMahatma Gandhi, wabingelela uNksz Bletch, uMnu. Wright, kanye nami ngala mazwi amnandi kanye nesipho sezimbali ze- *khaddar* (ukotini ohlotshiswe ekhaya). Iqembu lethu elincane lalisanda kwehla esiteshini saseWardha ekuseni kakhulu ngo-Agasti, sijabule ukushiya uthuli nokushisa kwesitimela. Sibeka imithwalo yethu enqoleni yezinkunzi, sangena emotweni evulekile noMnu. Desai nabangane bakhe, uBabasaheb Deshmukh noDkt. Pingale. Uhambo olufushane emigwaqweni yasemakhaya enodaka lwasiletha eMaganvadi , i-ashram yosanta wezepolitiki waseNdiya.

UMnu. Desai wasiholela ngokushesha egumbini lokubhala lapho, ephethe imilenze ehlukeni, kwakuhleli khona uMahatma Gandhi. Ipeni esandleni esisodwa kanye nephepha kwesinye, ebusweni bakhe kwakumamatheka okukhulu, okuwinayo, okufudumele!

"Siyakwamukela!" yena kubhalwe phansi ku IsiHindi; yona kwakuyi a UMsombuluko,

yakhe masonto onke usuku kwe ukuthula.

Nakuba lokhu kwakuwukuhlangana kwethu kokuqala, sajabula kakhulu. Ngo-1925 uMahatma Gandhi wayedumise isikole saseRanchi ngokuvakasha, futhi wabhala encwadini yaso yezivakashi isikhumbuzo esihle.

Lo santa omncane onesisindo esingamakhilogremu angu-160 wayekhanya impilo yomzimba, yengqondo, nengokomoya. Amehlo akhe athambile ansundu ayekhanya ngokuhlakanipha, ubuqotho, kanye nokubandlulula; lo mholi wezwe uhlakaniphile futhi waphuma njengomnqobi ezimpini eziyinkulungwane zomthetho, zenhlalo, kanye nezepolitiki. Akekho omunye umholi emhlabeni oye wafinyelela indawo ephephile ezinhliziyweni zabantu bakhe njengoba uGandhi ehlala eNdiya. izigidi zabantu abangafundile. Inhlonipho yabo ezenzakalelayo yisiqu sakhe esidumile - *uMahatma* , "umphefumulo omkhulu." **44-1** Kubo bodwa uGandhi ugcina izingubo zakhe endwangwini enemibala eminingi, uphawu lobunye bakhe nezixuku ezicindezelekile ezingenakho okunye.



I-Mahatma UGandhi

Ngijabulela isidlo sasemini esithule nosanta wezombusazwe waseNdiya endaweni yakhe yokuhlala eWardha, ngo-Agasti, 1935.

"Izakhamuzi zase-ashram zikulungele ngokuphelele; ngicela uzibize ukuze uthole noma yiluphi usizo." Ngenhlonipho ekhethekile, uMahatma wanginika le ncwadi ebhalwe ngokushesha njengoba uMnu. Desai eholo iqembu lethu lisuka egumbini lokubhala liya endlini yezivakashi.

Umqondisi wethu wasihola phakathi kwezihlahla zezithelo kanye namasimu anezimbali saya esakhiweni esinophahla lwamathayela esinamafasitela afakwe i-lattice. UMnu. Desai uthe, kwasetshenziswa umthombo wangaphambili wegceke, ububanzi obungamamitha angu-25, wokunisela amanzi; eduze kwalapho kwakukhona isondo likasimende elijikelezayo lokubhula ilayisi. Igumbi ngalinye lokulala lethu

elincane labonakala liqukethe kuphela ubuncane obungenakuncishiswa—umbhede,
owenziwe ngezandla ngentambo. Ikhishi elihlanzwe ngombala omhlophe
sasinompompi kwelinye ikhonji kanye nendawo yomlilo yokupheka kwelinye.
Imisindo elula yama-Arcadia yafinyelela ezindlebeni zethu—ukukhala
kwamagwababa nondlunkulu, ukukhala kwezinkomo, kanye nokuklabalasa
kwamashizolo asetshenziselwa ukuqhekeza amatshe.

Ukubuka Mnu. Indlu kaWright ukuhamba idayari, Mnu. I-Desai kuvuliwe a ikhasi futhi
wabhala kuvuliwe yona a uhlu kwe *I-Satyagraha*

"Ukungabi nobudlova; Iqiniso; Ukungebi; Ukungashadi; Ukungaphathi; Ukusebenza Ngomzimba; Ukulawula Ulimi; Ukungesabi; Inhlonipho Elinganayo Kuzo Zonke Izinkolo; *I-Swadeshi* (ukusetshenziswa kwemikhiqizo yasekhaya); Inkululeko Ekungathintwa. Lezi eziyishumi nanye kufanele zibhekwe njengezifungo ngomoya wokuthobeka."

(Gandhi yena kusayinwe lokhu ikhasi kuvuliwe i okulandelayo usuku, ukunikeza i usuku futhi-u-Agasti 27, 1935.)

Ngemva kwamahora amabili sifikile mina nabangane bami sabizelwa esidlweni sasemini. UMahatma wayesevele ehleli ngaphansi kwe-arcade yeveranda ye-ashram, ngaphesheya kwegceke ukusuka egumbini lakhe lokufundela. Cishe ama-*satyagrahi angamashumi amabili nanhlanu angenazicathulo* ayehlala phansi phambi kwezinkomishi zethusi namapuleti. Ikwayara yomthandazo yomphakathi; bese kuba isidlo esiphakelwa ngamabhodwe amakhulu ethusi aqukethe *ama-chapati* (isinkwa esingenamvubelo sikakolweni ophelele) afafazwe nge- *ghee* ; *i-talsari* (imifino ebilisiwe futhi eqoshiwe), kanye nejamu likalamula.

UMahatma wayedla *ama-chapati* , ama-beet abilisiwe, imifino eluhlaza, nama-orenji. Ohlangothini lwepuleti lakhe kwakukhona inqwaba enkulu yamaqabunga e - *neem ababayo kakhulu* , isihlanzi segazi esiphawulekayo. Ngesipuni sakhe wahlukanisa ingxenye wayibeka esitsheni sami. Ngayibopha ngamanzi, ngikhumbula izinsuku zobuntwana lapho umama ayengiphoqa ukuba ngigwinye umthamo ongathandeki. Nokho, uGandhi wayedla kancane kancane i- *neem* paste ngenjabulo enkulu njengokungathi yayiyinyama emnandi emnandi.

Kulesi sigameko esincane ngiphawule ikhono likaMahatma lokususa ingqondo yakhe ezinzweni ngokuthanda kwakhe. Ngikhumbula ukuhlinzwa kwe-appendectomy okudumile okwenziwa kuye eminyakeni ethile edlule. Enqaba imithi yokubulala izinzwa, lo santa wayexoxe ngenjabulo nabafundi bakhe kulo lonke ukuhlinzwa, ukumamatheka kwakhe okuthelelanayo kwembula ukungaqapheli kwakhe ubuhlungu.

Ntambama yaletha ithuba lokuxoxa nomfundi kaGandhi odumile, indodakazi yomphathi wezempi waseNgilandi, uNksz Madeleine Slade, manje obizwa ngokuthi iMirabai - Ubuso bakhe obuqinile nobuzolile babukhanya ngentshiseko njengoba engitshela, ngesiHindi esingenaphutha, ngemisebenzi yakhe yansuku zonke.

"Umsebenzi wokwakha kabusha izindawo zasemakhaya uyavuzwa! Iqembu lethu liya njalo ekuseni ngehora lesihlanu ukuyokhonza izakhamuzi eziseduze futhi sibafundise inhlanzeko elula. Siqikelela ukuthi sihlanza izindlu zabo zangasese kanye nezindlu zabo ezifulelwe ngodaka. Izakhamuzi azifundile; azinakufundiswa

ngaphandle kwesibonelo!" Wahleka ngokujabula.

Ngambheka ngokumangala lo wesifazane waseNgilandi ozelwe esezingeni eliphezulu okuthobeka kwakhe kwangempela kobuKristu kumenza akwazi ukwenza umsebenzi wokuqoqa imali ovame ukwenziwa kuphela "ngabantu abangathintwa."

"Ngafika eNdiya ngo-1925," esho kimi. "Kuleli zwe nginomuzwa wokuthi 'ngibuyile ekhaya.' Manje angisoze ngavuma ukubuyela empilweni yami yakudala nasezintweni engizithandayo."

Saxoxa ngeMelika isikhashana. "Ngihlala ngijabule futhi ngimangele," kusho yena, "ukubona isithakazelo esijulile ezindabeni ezingokomoya eziboniswa amaMelika amaningi avakashela eNdiya." **44-4**

Izandla zikaMirabai zasheshe zamatasa e- *charka* (isondo elijikelezayo), zikhona yonke indawo kuwo wonke amakamelo e-ashram, futhi ngenxa yeMahatma, zikhona yonke indawo kulo lonke elaseNdiya lasemaphandleni.

UGandhi unezizathu ezizwakalayo zezomnotho nezamasiko zokukhuthaza ukuvuselelwa kwezindlu ezincane izimboni, kodwa akacebisi ukwenqatshwa ngokweqile kwayo yonke intuthuko yanamuhla. Imishini, izitimela, izimoto, i-telegraph kuye kwadlala indima ebalulekile empilweni yakhe enkulu! Iminyaka engamashumi amahlanu yokusebenzela umphakathi, esejele nangaphandle, elwa nsuku zonke ngemininingwane engokoqobo kanye namaqiniso anzima ezweni lezombusazwe, kuye kwakhulisa ibhalansi yakhe, ingqondo evulekile, ingqondo ehluzekile, kanye nokwazisa okuhlekisayo ngombukwane womuntu omangalisayo.

Abathathu bethu bajabulele isidlo sakusihlwa sehora lesithupha njengezivakashi zaseBabasaheb Deshmukh. Umthandazo ka-7:00 PM Ihora lasithola sibuyele eMaganvadi *ashram* , sikhuphukela ophahleni lapho kwakuqoqwe khona *ama-satyagrahi angamashumi amathathu*. ku a isiyingi esincane nxazonke UGandhi. Yena kwakuyi ukuquleka kuvuliwe a utshani umata, i yasendulo Iwashhi lesikhwama lalibekwe phambi kwakhe. Ilanga elifiphele lakhanyisa okokugcina phezu kwezandla nezihlahla ze-banyan; umsindo wobusuku nezinyoni zase ziqalile. Isimo sasinokuthula ngokwaso; ngangijabule kakhulu.

Ingoma ehloniphekile eholwa uMnu. Desai, enezimpendulo ezivela eqenjini; bese kuba ukufunda *kukaGita* . UMahatma wangikhombisa ukuthi nginikeze umthandazo wokuphetha. Ukuhlanguka kwaphezulu komcabango nesifiso! Inkumbulo yaphakade: ukuzindla okuphezulu kophahla lweWardha ngaphansi kwezinkanyezi zokuqala.

Ngesikhathi ngehora lesishiyagalombili uGandhi waqeda ukuthula kwakhe. Imisebenzi enzima yokuphila kwakhe yayindinga ukuba ahlukane isikhathi sakhe kancane kancane.

"Siyakwamukela, Swamiji!" Ukubingelela kukaMahatma kulokhu kwakungengenxa yephepha. Sasisanda kwehla sisuka ophahleni saya egumbini lakhe lokubhala, sifakwe nje omata abayisikwele (akukho zihlalo), ideski eliphansi elinezincwadi, amaphepha, futhi a ezimbalwa okuvamile amapeni (hhayi umthombo amapeni); a okungachazwanga iwashi kuphawuliwe ku ekhoneni. Isimo sokuthula nokuzinikela esisakazeke yonke indawo. UGandhi wayemomotheka ngokunye kokumamatheka kwakhe okuthakazelisayo, okubuhlungu, okucishe kufane nokungabi namazinyo.

"Eminyakeni edlule," echaza, "Ngaqala ukugcina usuku lokuthula lwamasonto onke njengendlela yokuthola isikhathi sokunakekela izincwadi zami. Kodwa manje lawo mahora angamashumi amabili nane asevisidingo esibalulekile esingokomoya. Isinqumo sokuthula esihlala sikhona asisihluku kodwa siyisibusiso."

Ngivumile ngenhliziyo yonke. **44-5** UMahatma wangibuza ngeMelika neYurophu; saxoxa ngeNdiya nezimo zomhlaba.

"Mahadev," kusho uGandhi njengoba uMnu. Desai engena ekamelweni, "ngicela

wenze amalungiselelo eHholo Ledolobha ukuze uSwamiji akhulume lapho nge-yoga kusasa ebusuku."

Njengoba ngangibingelela uMahatma, wanginika ibhodlela lama-futha e-citronella

ngokucabangela. "Omiyane baseWardha abazi lutho nge *-ahimsa* , **44-6** Swamiji!"

esho ehleka.

Ngakusasa ekuseni iqembu lethu elincane ladla iphalishi likakolweni elimnandi ne-molasses nobisi. Ngehora leshumi nantathu sabizelwa everanda ye-ashram ukuze sidle isidlo sasemini noGandhi nama- *satyagrahis* . Namuhla imenyu yayihlanganisa irayisi elinsundu, ukukhetha okusha kwemifino, kanye nembewu ye-cardamom.

Emini ngithole ngihambahamba endaweni yase-ashram, ngiya endaweni yokudla izinkomo ezimbalwa ezingagugi. Ukuvikelwa kwezinkomo kuyisifiso sikaGandhi.

"Inkomo kimi isho umhlaba wonke ongaphansi komuntu, inweba uzwela lomuntu ngale kohlobo lwakhe," kusho uMahatma. "Umuntu ngenkomo utshelwa ukuba aqaphele ubuyena bakhe." nakho konke lokho okuphilayo. Kungani ama-rishi asendulo akhetha inkomo ngenxa ye-apotheosis kusobala kimi. Inkomo eNdiya yayiyisiqhathaniso esihle kakhulu; yayingumuphi wenani. Ayizange nje inikeze ubisi, kodwa futhi yenza nezolimo zaba nokwenzeka. Inkomo iyinkondlo yesihawu; umuntu ufunda isihawu esilwaneni esimnene. Ingumama wesibili wezigidi zesintu. Ukuvikelwa kwenkomo kusho ukuvikelwa kwendalo yonke kaNkulunkulu eyisimungulu. Ukukhanga kohlelo oluphansi lwendalo kunamandla kakhulu ngoba ayikhulumi.

AmaHindu avamile enza imikhuba emithathu yansuku zonke. Omunye *uBhuta Yajna*, umnikelo wokudla ku- isilwane umbuso. Lokhu umcimbi kufanekisela indoda ukuqonda kwe yakhe izibopho ku- izinhlobo zokudala ezingaguquki kakhulu, ezixhunywe ngokwemvelo ekuhlonzeni komzimba okonakalisa nabantu ukuphila, kodwa kuntula leyo mfanelo yokucabanga okukhululayo eyingqayizivele esintwini. *Bhuta Yajna* ngaleyo ndlela kuqinisa ukulungela komuntu ukusiza ababuthakathaka, njengoba naye eduduzwa ukukhathazeka okungenakubalwa kwezidalwa eziphakeme ezingabonakali. Umuntu futhi ungaphansi kwesibopho sokuvuselela izipho zemvelo, ezilahlekile emhlabeni, olwandle nasesibhakabhakeni. Ngakho-ke isithiyi sokungazixhumanisi phakathi kwemvelo, izilwane, umuntu, nezingelosi zasemkhathini siqotshwa yizikhundla zothando oluthule.

Amanye *ama-yajna amabili ansuku zonke* yiPitri kanye *neNri*. *I-Pitri Yajna iwumnikelo* weminikelo kokhokho, njengophawu lokuvuma komuntu isikweletu sakhe esikhathini esidlule, okuwumongo wokuhlakanipha kwakhe okukhanyisa isintu namuhla. *I-Nri Yajna iwumnikelo* wokudla kubantu ongabazi noma abampofu, uphawu lwemithwalo yemfanelo yomuntu yamanje, imisebenzi yakhe kubantu besikhathi sakhe.

Ntambama ngagcwalisa i- *Nri Yajna enobungane* ngokuvakashela i-ashram kaGandhi yamantombazane amancane. UMnu. Wright wangiphelezela ohambweni lwemizuzu eyishumi. Ubuso obuncane obufana nezimbali buphezu kwama- *sari anemibala emide* ! Ekupheleni kwenkulumo emfushane ngesiHindi 44-7 engangikunikeza ngaphandle, isibhakabhaka savula imvula enkulu engazelelwe. Sihleka, mina noMnu. Wright sagibela emotweni sabuyela *eMaganvadi* ngesivinini esikhulu phakathi kwamaphepha esiliva ahambayo. Ukushisa okukhulu nokuchitheka kwamanzi okushisayo!

Lapho ngiphinde ngingena endlini yezivakashi ngashaqeka kabusha ngobulula obucacile kanye nobufakazi bokuzidela obukhona yonke indawo. Isifungo sikaGandhi

sokungabanikazi seza ekuqaleni komshado wakhe. Elahla umkhuba omkhulu wezomthetho owawumnika imali engenayo yonyaka engaphezu kuka-\$20,000, uMahatma wasakaza yonke ingcebo yakhe kwabampofu.

IsiSri Yukteswar kusetshenziswe ku- ukubhoboza mnene ubumnandi ku- i ngokuvamile ukunganele imibono kwe ukuhoxa.

"Umpofu akanakulahla ingcebo," kusho uMaster. "Uma umuntu ekhala ethi: 'Ibhizinisi lami seliphelile wehlulekile; umkami ungishiyile; ngizolahla konke bese ngingena endlini yezindela,' ubhekisela kukuphi ukuzidela kwezwe? Akazange alahle ingcebo nothando; bamlahla!"

Ngakolunye uhlangothi, abangcwele abanjengoGandhi abazange nje benze imihlatshelo ebonakalayo yezinto ezibonakalayo, kodwa futhi nokulahla izinhloso zobugovu kanye nomgomo wangasese okunzima kakhulu, behlanganisa ubukhona babo bangaphakathi

i ukusakaza kwe ubuntu njengoba a konke.

UmkaMahatma omangalisayo, uKasturabai, akazange amelane lapho ehluleka ukubeka eceleni noma iyiphi ingxenye yengcebo yakhe ukuze ayisebenzise yena nezingane zabo. Eshade esemncane, uGandhi nomkakhe bafunga ukungashadi ngemva kokuzalwa kwamadodana amaningana. **44-8** Iqhawekazi elizolile embuthanweni ojulile idrama ebilokhu iyimpilo yabo ndawonye, uKasturabai ulandele umyeni wakhe ejele, wabelane ngempilo yakhe yamasonto amathathu. ukuzila ukudla, futhi ngokugcwele i-born yena yabelana kwe yakhe okungenamkhawulo imithwalo yemfanelo. Yena ine ikhokhelwe Gandhi indumiso elandelayo:

Ngiyabonga ngokuba nelungelo lokuba ngumngane wakho wokuphila konke kanye nomsizi wakho. Ngiyabonga ngomshado ophelele kunayo yonke emhlabeni, osekelwe ku- *brahmacharya* (ukuzithiba) hhayi ocansini. Ngiyabonga ngokungibheka njengolingana nawe emsebenzini wakho wempilo yeNdiya. Ngiyabonga ngokungabi ngomunye walabo madoda abachitha isikhathi sabo ekugembuleni, emijahweni, kwabesifazane, ewayinini, nasekuculeni, bekhathala ngabafazi babo nezingane njengoba umfana omncane ekhathala ngokushesha ngamathoyizi akhe obuntwana. Yeka indlela engibonga ngayo ukuthi awuzange ube ngomunye walabo madoda abanikela ngesikhathi sabo ekucebini ngokuxhashazwa komsebenzi wabanye.

Yeka indlela engibonga ngayo ukuthi ubeke uNkulunkulu nezwe ngaphambi kwezifumbathiso, ukuthi ube nesibindi sezinkolelo zakho kanye nokholo oluphelele nolungenasici kuNkulunkulu. Yeka indlela engibonga ngayo ngendoda eyabeka uNkulunkulu nezwe lakhe phambi kwami. Ngiyabonga ngokungibekezelela kwakho kanye nokushiyeke kwami kobusha, lapho ngikhononda futhi ngivukela ushintsho olwenzile endleleni yethu yokuphila, kusukela kokuningi kakhulu kuya kokuncane kakhulu.

Ngiseyingane encane, ngangihlala ekhaya labazali bakho; umama wakho wayengowesifazane omuhle nolungile; wangiqeqesha, wangifundisa ukuthi ngingaba kanjani umfazi onesibindi, onesibindi nokuthi ngingagcina kanjani uthando nenhlonipho yendodana yakhe, umyeni wami wesikhathi esizayo. Njengoba iminyaka idlula futhi uba ngumholi othandekayo kakhulu eNdiya, nganginalo akukho kwe i ukwesaba lokho ukucindezelwa i unkosikazi I-WHO kungenzeka yiba abalingisi eceleni nini yena umyeni ine sakhuphuka isitebhisi sempumelelo, njengoba kwenzeka njalo kwamanye amazwe. Bengazi ukuthi ukufa kusazosithola siyindoda nomfazi.

Sekuyiminyaka uKasturabai enza imisebenzi yomgcinimafa wezimali zomphakathi, uMahatma okhonzwayo akwazi ukuziqoqa ngezigidi. Kunezindaba eziningi ezihlekisayo emakhaya amaNdiya ukuze umphumela wokuthi amadoda akhathazekile ngokuthi omkawo baggoke noma yibuphi ubucwebe emhlanganweni

kaGandhi; ulimi lomlingo lukaMahatma, luncenga abacindezelwe, lukhanga amasongo egolide kanye nemigexo yedayimane kusukela ezingalweni nasezintanyeni zabacebile kuya kubhasikidi wokuqoqa!

Ngolunye usuku umphathi wezimali womphakathi, uKasturabai, wayengenakukwazi ukuchaza ukuthi kwakhishwa ama-rupee amane. UGandhi washicilela ngokufanele ukuhlolwa kwezimali lapho aveza khona ngokungenakuvinjelwa umehluko wama-rupee amane womkakhe .

Ngangivame ukuxoxa le ndaba ngaphambi kwamakilasi abafundi bami baseMelika. Ngobunye ubusuku owesifazane owayesehholo wayephefumula kanzima.

"Mahatma noma cha Mahatma," ekhala, "ukube ubengumyeni wami bengizomshaya ngeso elimnyama ngenxa yokuthuka okungadingekile emphakathini!"

Ngemva kokuba siqhudelane ngezinto ezihlekisayo ngendaba yabafazi baseMelika nabafazi bamaHindu, ngaqhubeka ngachaza kabanzi.

"UNkk. Gandhi akabheki uMahatma njengomyeni wakhe kodwa njengomfundisi wakhe, umuntu onelungelo ukumjezisa ngisho noma ngamaphutha amancane," ngangishilo. "Ngesikhathi esithile ngemva kokuba uKasturabai esolwa esidlangalaleni, uGandhi wagwetshwa ejele ngecala lezepolitiki. Njengoba ayevalelisa umkakhe ngokuthula, wawa ezinyaweni zakhe. 'Nkosi,' esho ngokuthobeka, 'uma ngike ngakukhubekisa, ngicela ungixolele.'" **44-9**

Ngehora lesithathu ntambama eWardha, ngazinikela, ngokwesikhathi esidlule, egumbini lokubhala losanta owayekwazile ukwenza umfundi oqinile ngomkakhe - isimangaliso esingavamile! UGandhi waphakamisa amehlo ngokumamatheka kwakhe okungasoze kwalibaleka.

"Mahatmaji," ngisho njengoba ngangihlala eceleni kwakhe kumatilasi angagqokwanga, "ngicela ungitshele incazelo yakho ye- *ahimsa* ."

"I- ukugwema kwe ukulimala ku- noma yikuphi ukuphila isidalwa ku umcabango noma isenzo."

"Umqondo omuhle! Kodwa umhlaba uzohlala ubuza: Ingabe umuntu angeke abulale i-cobra ukuze avikele ingane, noma yena ngokwakhe?"

"Angikwazi ukubulala i-cobra ngaphandle kokwephula izifungo zami ezimbili - ukungesabi, nokungabulali. Ngingathanda ukuzama ngaphakathi ukuthulisa inyoka ngokudlidliza kothando. Angikwazi ukwehlisa amazinga ami ukuze avumelane nezimo zami." Ngobuqotho bakhe obumangalisayo, uGandhi wanezela, "Kumelwe ngivume ukuthi bengingeke ngikwazi ukuqhubeka nale ngxoxo ukube bengibhekene ne-cobra!"

Mina waphawula kuvuliwe eziningana kakhulu okwakamuva INTshonalanga izincwadi kuvuliwe ukudla okuyinto lala kuvuliwe yakhe ideski.

"Yebo, ukudla kubalulekile enhlanganweni ye-*Satyagraha* - njengakuyo yonke indawo," esho ehleka. "Ngenxa yokuthi ngisekela ukuzibamba okuphelele kwe-*satyagrahis* , ngihlala ngizama ukuthola ukudla okungcono kakhulu komuntu ongashadile. Umuntu kumelwe anqobe ulaka ngaphambi kokuba akwazi ukulawula umuzwa wokuzala. Ukudla okunendlala noma okungalingani akulona ikhambi. Ngemva kokunqoba *ukuhaha kwangaphakathi* kokudla, i- *satyagrahi* kumele iqhubeke nokulandela ukudla kwemifino okunengqondo okunawo wonke amavithamini adingekayo, amaminerali, amakhalori, njalo njalo. Ngokuhlakanipha kwangaphakathi nangaphandle maqondana nokudla, uketshezi lobulili lwe-SATYAGRAHI luguqulwa kalula lube amandla abalulekile emzimbeni wonke."

Mina noMahatma saqhathanisa ulwazi lwethu lwezinhlobo ezinhle zokudla esikhundleni senyama. "I-avokhado inhle kakhulu," ngathi. "Kunezihlahla eziningi ze-avokhado eduze nesikhungo sami eCalifornia."

Ubuso bukaGandhi bakhanya ngentshisekelo. "Ngizibuza ukuthi bazokhula yini eWardha? Ama -*satyagrahi* angakujabulela ukudla okusha."

"Ngizoziniseka ukuthi ngithumela izitshalo ze-avocado ezivela eLos Angeles ziye eWardha." **44-10** Nganezela, "Amaqanda awukudla okunamaprotheni amaningi; ingabe awenqatshelwe ukudla *i-satyagrahis*?"

"Hhayi amaqanda angavundiswanga." UMahatma wahleka ngendlela ekhumbuzayo. "Iminyaka eminingi bengingafuni ukuwasebenzisa; ngisho namanje angiwadli. Omunye womalokazana bami wake wabulawa ukungondleki kahle; udokotela wakhe waphikelela ngokuthi kufanele anikezwe amaqanda. Angivumi, futhi wameluleka ukuba amnike amanye. esikhundleni seqanda.

"'Gandhiji,' i udokotela wathi, 'okungavundisiwe amaqanda qukatha cha impilo isidoda; cha ukubulala kuyinto bahilelekile.'

"Ngabe sengivumela ngenjabulo ukuthi umalokazana wami adle amaqanda; ngokushesha wabuyiselwa empilweni."

Ngobusuku obandulele uGandhi wayeveze isifiso sakhe sokwamukela i- *Kriya Yoga* yaseLahiri Mahasaya. Ngathintwa ukuvuleka kwengqondo kukaMahatma nomoya wakhe wokubuza. Ufana nomntwana ekufuneni kwakhe kwaphezulu, embula lokho kwamukela okumsulwa uJesu akuncoma kubantwana, "... umbuso wezulu ungowabanjalo."

Ihora lokufundiswa kwami okuthembisiwe lase lifikile; *ama-satyagrahi amaningana* manje angena ekamelweni - uMnu. Desai, uDkt. Pingale, kanye nabanye abambalwa ababefisa indlela *yeKriya* .

Okokuqala ngafundisa ikilasi elincane izivivinyo zomzimba *zeYogoda* . Umzimba ubonakala uhlukaniswe izingxenye ezingamashumi amabili; intando iqondisa amandla ngokulandelana esigabeni ngasinye. Ngokushesha wonke umuntu wayesenyakaza phambi kwami njengenjini yomuntu. Kwakulula ukubona umphumela wokuguguleka ezingxenyeni zomzimba ezingamashumi amabili zikaGandhi, ngaso sonke isikhathi evezwe ngokuphelele ekubonweni! Nakuba emncane kakhulu, akajabulisi kangako; isikhumba somzimba wakhe sibushелеlezi futhi asinamibimbi.

Kamuva Mina kuqalwe i iqembu ku- i ukukhulula ubuchwepheshe kwe *I-Kriya I-yoga* .

I-Mahatma ifunde ngenhlonipho zonke izinkolo zomhlaba. Imibhalo yamaJain, iTestamente Elisha leBhayibheli, kanye nemibhalo yezehlalo kaTolstoy **44-11** yizona zindlela ezintathu eziyinhloko zokugwetshwa kukaGandhi okungenabudlova. Usho kanje inkolelo yakhe:

Ngiyakholelwa eBhayibhelini, *iKoran* , kanye *neZend-Avesta* **44-12** ukuphefumulelwa ngokwaphezulu njengamaVeda . Ngikholelwa ekwakhiweni kwamaGurus, kodwa kulesi sikhathi izigidi kumele ziphile ngaphandle kweGurus, ngoba kuyinto engavamile into ku- thola a inhlanganisela kwe ephelele ubumsulwa futhi ephelele ukufunda. Kodwa eyodwa isidingo hhayi ukuphelelwa yithemba lokwazi iqiniso lenkolo yakho, ngoba izisekelo zobuHindu njengazo zonke inkolo enkulu ayiguquki, futhi iqondakala kalula.

Mina kholwa njenge njalo IsiHindu ku UNkulunkulu futhi Okwakhe ubunye, ku ukuzalwa kabusha futhi insindiso. Mina ithini cha Okuningi

ukuchaza umuzwa wami ngobuHindu kunomkami. Uyangishukumisa ngendlela okungekho omunye wesifazane emhlabeni ongakwenza ngayo. Akukhona ukuthi akanamaphutha; nginesibindi sokuthi unezinto eziningi kakhulu kunalokho engizibona mina. Kodwa umuzwa wesibopho esingenakuqhekeka ukhona. Noma kunjalo ngiyazwelana nobuHindu nazo zonke iziphambeko nemikhawulo yabo. Akukho lutho olungijabulisa njengomculo weGita , noma iRamayana *kaTulsidas* . Lapho ngicabanga ukuthi ngizophefumula okokugcina, *iGita* yayiyinduduzo yami.

UbuHindu abuyona inkolo ekhethekile. Kuyo kunendawo yokukhulekelwa kwabo bonke abaprofethi bomhlaba. **44-13** Akuyona inkolo yezithunywa zevangeli ngomqondo ojwayelekile waleli gama. Akungabazeki ukuthi

yagwinya izizwe eziningi emhlanjini wayo, kodwa lokhu kugwinya kube yinto eguquguqukayo, engabonakali. UbuHindu butshela umuntu ngamunye ukuba akhulekele uNkulunkulu ngokokholo lwakhe noma *i-dharma* , **44-14** ngakho-ke uhlala ngokuthula nazo zonke izinkolo.

UGandhi ubhale ngoKristu: “Ngiyaqiniseka ukuthi ukube ubephila lapha manje phakathi kwabantu, ubezobusisa izimpilo zabaningi mhlawumbe abangakaze balizwe igama laKhe . . . njengoba nje kulotshiwe: ‘Akubona bonke abathi kimi, Nkosi, Nkosi . . . kodwa yilowo owenza intando kaBaba.’ **44-15** Esifundweni sempilo yaKhe, uJesu wanika isintu injongo emangalisayo kanye nomgomo owodwa okufanele sonke siwulangazelele. Ngikholwa ukuthi akayena owobuKristu kuphela, kodwa owomhlaba wonke, wawo wonke amazwe nezinhlanga.

Ngobusuku bami bokugcina eWardha ngakhuluma emhlanganweni owawubizwe nguMnu. Desai eHholo Ledolobha. Igumbi laligcwele emafasiteleni abantu ababalelwa ku-400 bebuthene ukuzolalela inkulumo nge-yoga. Ngaqala ngakhuluma ngesiHindi, ngabe sengikhuluma ngesiNgisi. Iqembu lethu elincane labuyela e-ashram ngesikhathi sokuyobona uGandhi ebusuku, ligcwele ukuthula nezincwadi.

Ubusuku babusesekhona lapho ngivuka ngo-5:00 ekuseni Impilo yasemakhaya yayivele inyakazisa; okokuqala inqola yezinkunzi ngasemasangweni e-ashram, kwabe sekuba ngumlimi onemithwalo yakhe emikhulu ekhanda lakhe. Ngemva kokudla kwasekuseni, abathathu bethu bafuna uGandhi ukuze bamsize . Lo santa uvuka ngo-4 ekuseni ukuze athandaze ekuseni.

"Mahatmaji, kuhle nge!" Mina ukuguqa ku- ukuthinta yakhe izinyawo. "INdiya kuyinto kuphephile ku yakho ukugcina!"

Iminyaka idlulile kusukela e-Wardha idyl; umhlaba, izilwandle, kanye nesibhakabhaka kuye kwaba mnyama ngomhlaba olwayo. Eyedwa phakathi kwabaholi abakhulu, uGandhi unikeze enye indlela ewusizo yokungabi nabudlova esikhundleni samandla ahlomile. Ukuze alungise izikhalo futhi asuse ukungabi nabulungisa, uMahatma usebenzise izindlela ezingenabudlova eziye zafakazela ukuthi ziyasebenza ngokuphindaphindiwe. Usho imfundiso yakhe ngala mazwi:

Ngithole ukuthi impilo iyaqhubeka phakathi kokubhujiswa. Ngakho-ke kumelwe kube nomthetho ophakeme kunowokubhujiswa. Kuphela ngaphansi kwalowo mthetho umphakathi ohlelekile kahle ungaba nengqondo futhi impilo ibe nempilo efanele ukuphilwa.

Uma lokho kungumthetho wokuphila kumele siwusebenzele nsuku zonke. Nomaphi lapho kunezimpi, nomaphi lapho sibhekene khona nomphikisi, ngoba ngothando. Ngithole ukuthi umthetho othile wothando uphendule empilweni yami njengoba umthetho wokubhujiswa ungakaze uphendule.

ENdiya sibe nokubonakaliswa kwamehlo kokusebenza kwalomthetho ngezinga elikhulu ngangokunokwenzeka. Angisho ukuthi ukungabi nobudlova sekungene kubantu abangu-360,000,000 eNdiya, kodwa ngithi sekungene kwajula kakhulu kunanoma iyiphi enye imfundiso ngesikhathi esifushane kakhulu.

Kudinga inkambo enzima yokuqeqeshwa ukuze kufinyelelwe esimweni sengqondo sokungabi nobudlova. Kuyimpilo ehlelekile, njengokuphila kwesosha. Isimo esiphelele sifinyelelwa kuphela uma ingqondo, umzimba, kanye nenkulumo kusebenzisana kahle. Yonke inkinga ibingazixazulula uma sizimisele ukwenza umthetho weqiniso kanye nokungabi nobudlova kube umthetho wokuphila.

Njengoba nje usosayensi ezokwenza izimangaliso ngokusebenzisa imithetho yemvelo ehlukahlukene, indoda esebenzisa imithetho yothando ngokunemba kwesayensi ingasebenza izimangaliso ezinkulu. Ukungabi nobudlova kuyizinto ezimangalisayo. kumangalisa kakhulu futhi kucashile kunamandla emvelo, isibonelo, ugesi. Umthetho wothando uyisayensi enkulu kakhulu kunanoma iyiphi isayensi yesimanje.

Uma sibheka umlando, umuntu angasho ngokunengqondo ukuthi izinkinga zesintu azikaxazululwa ngokusebenzisa amandla anonya. IMpi Yezwe I yaveza ibhola leqhwa lempi elishisayo emhlabeni wonke elakhula laba yiMpi Yezwe II. Ukufudumala kobuzalwane kuphela okungancibilikisa ibhola leqhwa lempi lamanje elikhulu elingakhula libe yiMpi Yezwe III. Lobu zintathu obungengcwele buzoqeda unomphela ithuba leMpi Yezwe IV ngokuqedwa kwamabhomu e-athomu. Ukusetshenziswa komqondo wehlathi esikhundleni sokucabanga komuntu ekuxazululeni izingxabano kuzobuyisela umhlaba ehlathini. Uma abazalwane bengekho empilweni, khona-ke abazalwane bafa ngobudlova.

Impi nobugebengu akukaze kukhokhe. Izigidigidi zamaRandi ezakhuphuka emsini wokungabi nalutho okukhulu ngabe zanele ukwenza umhlaba omusha, ocishe ungabi nazifo futhi ungabi nobumpofu ngokuphelele. Hhayi umhlaba wokwesaba, isiphithiphithi, indlala, ubhubhane, usizi lomdanso , kodwa izwe elilodwa elibanzi lokuthula, lokuchuma, nolwazi olwandayo.

Izwi likaGandhi elingenabudlova lidonsela unembeza womuntu ophakeme kakhulu. Izizwe mazingabi yingxenye yokufa, kodwa nokuphila; hhayi ngokubhujiswa, kodwa ngokwakhiwa; hhayi noMbhuhisi, kodwa noMdali.

"Umuntu kufanele athethelele, ngaphansi kwanoma yikuphi ukulimala," kusho iMahabharata . "Kuye kwathiwa ukuqhubeka kwezinhlobo kungenxa yokuthi umuntu uyathethelela. Ukuthethelela ubungcwele; ngokuthethelela indawo yonke ihlanganiswa ndawonye. Ukuthethelela kungamandla anamandla; ukuthethelela kungumhlathshelo; ukuthethelela kunokuthula kwengqondo. Ukuthethelela nobumnene kuyizimfanelo zomuntu oziphethe. Bona melela okuphakade ubuhle."

Ukungabi nobudlova kuyimbangela yemvelo yomthetho wokuthethelela nothando. "Uma ukulahlekelwa yimpilo kuba yinto edingekayo empini yokulunga," kusho uGandhi, "umuntu kufanele alungele, njengoJesu, ukuchitha igazi lakhe, hhayi elabanye. Ekugcineni kuzoba negazi elincane elichithekile emhlabeni."

Ngolunye usuku kuzobhalwa izinganekwane ngama -*satyagrahi aseNdiya* amelana nenzondo ngothando, ubudlova ngokungasebenzisi ubudlova, avuma ukubulawa ngesihluku kunokuba aziphindisele. kuvuliwe ngokuqinisekile umlando izikhathi kwakuyi lokho i ehlo mile abaphikisi waphonsa phansi yabo izibhamu babaleka, nginamahloni, ukunyakaziswa ku- yabo ukujula ngu i ukubona kwe amadoda I-

WHO inani i impilo kwe omunye ngaphezu kwezabo.

“Ngingalinda, uma kudingeka isikhathi eside,” kusho uGandhi, “kunokufuna inkululeko yezwe lami ngezindlela zokuchitha igazi.” IMahatma ayikhohlwa neze isixwayiso esihle: “Bonke abaphatha inkemba bayakubhubha ngenkemba.” **44-16** UGandhi ubhale kanje:

Ngizibiza ngokuthi ngingumuntu othanda ubuzwe, kodwa ubuzwe bami bubanzi njengendawo yonke. Buhlanganisa konke i izizwe kwe i umhlaba. **44-17** Okwami ubuzwe kufaka phakathi i inhlalakahle kwe i konke umhlaba. Mina yenza

Angifuni iNdiya yami ivuke phezu komlotha wezinye izizwe. Angifuni iNdiya ixhaphaze umuntu oyedwa. Ngifuna iNdiya ibe namandla ukuze ikwazi ukuthelala ezinye izizwe ngamandla ayo. Akunjalo ngesizwe esisodwa eYurophu namuhla; abaniki amandla ezinye.

UMongameli uWilson ukhulume ngamaphuzu akhe amahle ayishumi nane, kodwa wathi: "Phela, uma lo mzamo wethu wokufinyelela ukuthula uhluleka, sinezikhali zethu esingazibuyisela kuzo." Ngifuna ukuguqula lowo mbono, bese ngithi: "Izikhali zethu sezihlulekile kakade. Manje masifune into entsha; masizame amandla othando noNkulunkulu okuyiqiniso." Uma sesikutholile lokho, ngeke sifune okunye.

Ngokuqeqeshwa kweMahatma kwezinkulungwane zama *-satyagrahi eqiniso* (labo abenze izifungo eziqinile eziyishumi nanye okukhulunywe ngazo engxenyeni yokuqala yalesi sahluko), abasakaza umyalezo; ngokufundisa ngesineke izixuku zamaNdiya ukuqonda okungokomoya futhi ekugcineni okubonakalayo izinzuzo zokungabi nobudlova; ngokuhlomisa abantu bakhe ngezikhali ezingenabudlova - ukungasebenzisani nokungabi nabulungisa, ukuzimisela ukubekezelela ukuthukuthela, ukuboshwa, ukufa uqobo kunokuba kusetshenziswe izikhali; ngokufaka uzwela lomhlaba wonke ngezibonelo ezingenakubalwa zokufela ukholo ngobuqhawe phakathi kwama *-satyagrahi*, uGandhi ubonise ngokuphawulekayo isimo esingokoqobo sokungabi nobudlova, amandla aso aqinile okuxazulula izingxabano ngaphandle kwempi.

UGandhi usevele ezuze ngezindlela ezingenabudlova inani elikhulu lezivumelwano zezombusazwe zezwe lakhe kunanoma yimuphi umholi wanoma yiliphi izwe ngaphandle kwezinhlamvu. Izindlela ezingenabudlova zokususa konke okubi nobubi zisetshenziswe ngendlela emangalisayo hhayi nje kuphela enkundleni yezepolitiki kodwa ensimini ebucayi neyinkimbinkimbi yokuguqulwa komphakathi kwamaNdiya. UGandhi nabalandeli bakhe basuse izingxabano eziningi ezindala phakathi kwamaHindu namaMohammed; amakhulu ezinkulungwane zamaMuslim abheka amaMahatma njengomholi wawo. Abantu abangathinteki baye bathola ku uGandhi wabhala, "Uma kukhona ukuzalwa kabusha okungilindele." isifiso ku- yiba ozelwe a i-pariah ku i phakathi kwe abantu abangebona abavamile, ngoba ngaleyo ndlela Mina ngabe yiba uyakwazi ku- banikeze isevisi ephumelela kakhudlwana."

IMahatma ngempela "umphefumulo omkhulu," kodwa izigidi zabantu abangafundile ezazinokuqonda kokunikeza lesi sihloko. Lo mprofethi omnene uyahlonishwa ezweni lakubo. Umlimi ophansi ukwazile ukumelana nenselele enkulu kaGandhi. IMahatma ikholelwa ngenhliziyo yonke ebuhlotsheni bomuntu. Ukwehluleka okungenakugwenywa akukaze kumdumaze. "Ngisho noma umphikisi emdlala amanga izikhathi ezingamashumi amabili," kubhala yena, " *isatyagrahi* isilungele ukumethemba okweshumi nanye, ngoba ukwethemba okusobala emvelweni yomuntu yikona kanye okuyisisekelo senkolelo." **44-18**

"Mahatmaji, uyindoda evelele. Akufanele ulindele ukuthi umhlaba uzoziphatha ngendlela owenza ngayo." Umgxeki wake wenza lokhu.

"Kuyamangaza ukuthi sizikhohlisa kanjani, sicabanga ukuthi umzimba ungathuthukiswa, kodwa akunakwenzeka ukuvusa amandla afihliwe omphefumulo," kuphendula uGandhi. "Ngimatasa nokuzama ukubonisa ukuthi uma nginawo lawo mandla, ngingumuntu ofayo obuthakathaka njenganoma ubani kithi nokuthi angikaze ngibe nanoma yini engavamile ngami futhi angikaze ngibe nayo manje. Ngingumuntu ovamile ongase enze amaphutha njenganoma yimuphi omunye umuntu ofayo. Nokho, ngiyaqonda ukuthi nginokuthobeka okwanele ukuvuma amaphutha ami nokubuyela emuva ezinyathelweni zami. Ngiyaqonda ukuthi nginokholo olungenakunyakaziswa kuNkulunkulu nasebuhleni baKhe, kanye

Isifiso esingenakuqhathaniswa seginiso nothando. Kodwa akusikho yini lokho wonke umuntu anakho okufihliwe kuye? Uma sifuna ukuthuthuka, akumelwe siphinde umlando kodwa senze umlando omusha. Kumelwe senezele efeni elashiywa okhokho bethu. Uma singenza ukutholakala okusha kanye nokusungulwa ezweni elimangalisayo, ingabe kufanele simemezele ukuthi siwile emkhakheni ongokomoya? Akunakwenzeka yini ukuphindaphinda okuhlukile ukuze sikwenze kube umthetho? Ingabe umuntu kufanele ahlale eyisilo esibi kuqala bese kuba umuntu ngemva kwalokho, uma kunjalo? " **44-19**

AmaMelika angakhumbula ngokuziqhenya umzamo ophumelelayo wobudlova kaWilliam Penn ekusunguleni ikoloni lakhe lekhulu le-17 ePennsylvania. Kwakungekho "zingaba, kungekho masosha, kungekho masosha, ngisho nezikhali." Phakathi kwezimpi zomngcele ezinonya kanye nokubulawa kwabantu abasha namaNdiya abomvu, amaQuaker asePennsylvania kuphela ahlala engaphazanyiswa. "Abanye babulawa; abanye babulawa; kodwa babephephile. Akekho owesifazane ongumQuaker owahlaselwa; hhayi kwabulawa ingane yamaQuaker, akukho ndoda yamaQuaker eyahlukunyezwa." Lapho amaQuaker ekugcineni ephoqelesa ukuyeka uhulumeni wesifundazwe, "kwaqala impi, futhi abanye abantu basePennsylvania babulawa. Kodwa kwabulawa amaQuaker amathathu kuphela, amathathu ayewile kakhulu okholweni lwawo kangangokuthi apha izikhali zokuzivikela ."

"Ukuzama ngamandla eMpini Enkulu (I) kwehlulekile ukuletha ukuthula," kusho uFranklin D. Roosevelt. "Ukunqoba nokunqotshwa kwakufana nokungafanele. Leso sifundo umhlaba okwakufanele usifunde."

"Uma izikhali zobudlova ziningi, kulapho usizi olukhulu esintwini," kusho uLao-tzu. "Ukunqoba kobudlova kugcina ngomkhosi wokulila."

"Ngilwela ukuthula komhlaba wonke," kusho uGandhi. "Uma inhlangothi yamaNdiya iqhutshwa iye empumelelweni ngesisekelo se -*Satyagraha esingenabudlova* , izonikeza incazelo entsha kuzwelo, futhi uma ngingasho kanjalo ngokuthobeka konke, empilweni uqobo."

Ngaphambi kokuba abaseNtshonalanga balahle uhlelo lukaGandhi njengolunye lomphuphi ongenakwenzeka, ake luqale lucabange ngencazelo ye*Satyagraha yiNkosi* yaseGalile:

"Nizwile ukuthi kwathiwa, Iso ngeso, nezinyo ngezinyo; kepha mina ngithi kini: Ningamelani nokubi: **44-20** kodwa noma ngubani okukushaya esihlathini sakho sokunene, mpendulele nesinye futhi."

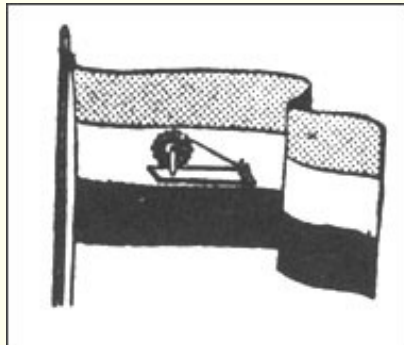
Isikhathi sikaGandhi sande, ngokunemba okuhle kwesikhathi sendawo yonke, saya ekhulwini leminyaka elivele liyincithakalo futhi labhujiswa yiMpi Yezwe ezimbili. Umbhalo wesandla ongcwele uvela odongeni lwegraniyte lwempilo yakhe: isixwayiso ngokumelene nokuchitheka kwegazi okuqhubekayo phakathi kwabazalwane.

इस संस्था की मैं समीक्षा में उभरिया हूँ इस संस्था
का मेरे मन पर अच्छा पड़ा है. चारों ओर प्रवृत्ति में मैं आहूँ।
मान और अभ्यास आशा रखता हूँ।
आ.पू. २० मोहनदासजी

UMahatma Gandhi uvakashele isikole sami samabanga aphezulu ephethe ukuqeqeshwa kwe-yoga eRanchi. Ngomusa wabhala imigqa engenhla encwadini yezivakashi yaseRanchi. Ukhumusha kuthi: "Lesi sikhungo singithinte kakhulu ingqondo. Nginethemba elikhulu lokuthi lesi sikole sizokhuthaza ukusetshenziswa okwengeziwe kwesondo lokujika."

Ama-MOHANDA I-GANDHI (*Kusayinwe*)

uSeptemba 17, 1925



Ifulegi likazwelonke laseNdiya laklanywa ngo-1921 nguGandhi. Imigqa iyisafroni, emhlophe neluhlaza okotshani; i -*charka* (isondo elijikelezayo) eliphakathi nendawo liluhlaza okwesibhakabhaka. "I- *charka* ifanekisela amandla," wabhala, "futhi ikhumbuza thina lokho ngesikhathi i okwedlule izikhathi kwe ukuchuma ku I-India umlando, isandla ukuphotha kanye neminye imisebenzi yezandla yasekhaya yayivelele.

44-1 : Okwakhe umndeni igama kuyinto AmaMohanda I-Karamchand UGandhi. Yena akakaze kubhekisela ku- yena njengoba "Mahatma."

44-2 : I ngokoqobo ukhumusha kusukela IsiSanskrit kuyinto "ukubamba ku- iqiniso." I-*Satyagraha* kuyinto i odumile ukungabi nobudlova ukunyakaza iholele nguGandhi .

44-3 : Amanga futhi maye! enonya imibiko babe muva nje kusakazwe lokho Nkosazana USlade ine kunquniwe konke yena izibopho nge UGandhi futhi washiya izifungo zakhe. UNksz Slade, umfundi *weSatyagraha* kaMahatma iminyaka engamashumi amabili, wakhipha isitatimende esisayiniwe e- *United Cindezela* , usuku uDisemba 29, 1945, ku okuyinto yena kuchaziwe lokho a uchungechunge kwe okungenasisekelo amahemuhemu kwavuka ngemva yena wayenayo wahamba, ngesibusiso sikaGandhi, waya endaweni encane enyakatho-mpumalanga yeNdiya eduze neHimalaya, ngenhloso yokusungula lapho idolobha lakhe elichumayo manje. I-*Kisan U-Ashram* (phakathi nendawo ngoba ezokwelapha futhi ezolimo usizo ku- umlimi abalimi). I-Mahatma UGandhi izinhlelo ku- vakashela i-ashram entsha ngo-1946.

44-4 : Nkosazana USlade sikhunjuzwe mina kwe omunye ovelele INTshonalanga owesifazane, Nkosazana UMargaret I-Woodrow UWilson, omdala kunabo bonke indodakazi ka EMelika kuhle kakhulu umongameli. Mina wahlangana yena ku Okusha iYork; yena kwakuyi kakhulu unentshisekelo ku INdiya. Kamuva yena wahamba ku- I-Pondicherry, lapho achitha

khona iminyaka emihlanu yokugcina yokuphila kwakhe, ephishekela ngenjabulo indlela yokuzithiba ezinyaweni zikaSri Aurobindo Ghosh. Lokhu isihlakaniphi akakaze uyakhuluma; yena buthule ukubingelela yakhe abafundi kuvuliwe ezintathu minyaka yonke .izikhathi kuphela

44-5 : Ngoba iminyaka ku IMelika Mina wayenayo ube ukubuka izikhathi kwe ukuthula, ku- i ukwethuka kwe abafonayo futhi onobhala.

44-6 : Ukungabi nangozi; ukungabi nobudlova; i isisekelo idwala kwe UGandhi isivumo sokholo. Yena kwakuyi ozelwe ku- a umndeni kwe eqinile AmaJain, abahlonipha *i-ahimsa* njengempande yobuntu. UbuJainism, ihlelo lobuHindu, lasungulwa ngekhulu lesi-6 BC nguMahavira, i-a

yesimanje kwe UBuddha. I-Mahavira kusho "kuhle kakhulu iqhawe"; kungenzeka yena ukubukeka phansi i amakhulu
! eminyaka kuvuliwe yakhe ubuqhawe indodana Gandhi

44-7 : IsiHindi kuyinto i ulimi i-franca ngoba i konke kwe INdiya. I-An Indo- U-Aryan ulimi okusekelwe kakhulu kuvuliwe
IsiSanskrit izimpande, IsiHindi ulimi oluyinhloko lwendabuko enyakatho yeNdiya. Ulimi oluyinhloko lwesiHindi
saseNtshonalanga yiHindustani, olubhalwe ngezinhlamvu zesiDevanagari (isiSanskrit) kanye nangezinhlamvu zesi-
Arabhu. Ulimi lwaso olungaphansi, isi-Urdu, lukhulunywa amaSulumane.

44-8 : UGandhi ine kuchaziwe yakhe impilo nge a okubhubhisayo ukwethembeka ku *I Indaba Of Okwami Ukuhlolwa Nge
Iqiniso* (Ahmedabad: Navajivan Cindezela, 1927- 29, 2 umqulu.) Lokhu umlando wokuphila komuntu ine ube
kufinyeziwe ku *I-Mahatma UGandhi, Okwakhe Owakho Indaba* , ihlelwe ngu-CF Andrews, kanye nesingeniso sikaJohn
Haynes Holmes (eNew York: Macmillan Co., 1930).

Ezinging izincwadi zomlando womuntu siqu egcwele nge odumile amagama futhi enemibala imicimbi kukhona cishe
ngokuphelele ukuthula kuvuliwe noma yikuphi isigaba kwe ukuhlaziywa kwangaphakathi noma intuthuko. Okukodwa
ilala phansi ngayinye kwe lokhu izincwadi nge a ngokuqinisekile ukunganeliseki, njengoba noma kunjalo ethi: "Lapha
kuyinto indoda eyayimazi abantu abaningi abadumile, kodwa engazange azibone." Lokhu kusabela akunakwenzeka
ngempilo kaGandhi; udalula amaphutha akhe kanye nobuqili bakhe ngokuzinikela okungebona ubuntu eqinisweni
.okungavamile emibhalweni yanoma yimuphi unyaka

44-9 : UKasturabai Gandhi washona ejele ePoona ngomhlaka-22 kuNhlolanja 1944. UGandhi owayevame ukungazizwa
kahle wakhala buthule. Ngokushesha ngemva yena abalandeli wayenayo kuphakanyisiwe a Isikhumbuzo Isikhwama ku
yena udumo, 125 ama-lacs kwe ama-rupee (cishe ezine izigidi zamaRandi) kuthululwe ku kusukela konke sekuphelile
INdiya. UGandhi ine kuhlelwe lokho i isikhwama yiba kusetshenziswe ngoba idolobhana inhlalakahle umsebenzi
phakathi abesifazane nezingane. Ubika imisebenzi yakhe encwadini yakhe yesiNgisi yamasonto onke ethi *Harijan* .

44-10 : Mina kuthunyelwe a ukuthunyelwa ku- Wardha, maduze ngemva yami ukubuya ku- IMelika. I izitshalo,
maye! washona kuvuliwe i indlela, ayikwazi ukumelana nobunzima bokuhamba olwandle olude.

44-11 : Thoreau, Ruskin, futhi I-Mazzini kukhona ezintathu okunye INtshonalanga ababhali obani kwezenhlalo
ukubukwa UGandhi ine ngifunde ngokucophelela.

44-12 : I engcwele umbhalo ongcwele okunikeziwe ku- IPheresiya mayelana 1000 BC ngu I-Zoroaster.

44-13 : I okuyingqayizivele isici kwe UbuHindu phakathi i umhlaba izinkolo kuyinto lokho yona okuvela hhayi kusukela a
ongashadile kule kakhulu umsunguli kodwa kusukela i okungenabo ubuntu IsiVeda imibhalo engcwele. UbuHindu
ngakho-ke inikeza ububanzi ngoba ukukhulekela ukufakwa ku- yayo goqa kwe abaprofethi yabo bonke ubudala futhi
konke amazwe. I IsiVeda imibhalo engcwele lawula hhayi kuphela ukuzinikela imikhuba kodwa konke kubalulekile
kwezenhlalo Umnyango wezimpahla, ku umzamo wokwenza zonke izenzo zomuntu zivumelane nomthetho waphezulu.

44-14 : Igama lesiSanskrit eliphelele elisho umthetho; ukuthobela umthetho noma ukulunga kwemvelo; isibopho
njengoba sikhona ezimweni ku okuyinto a indoda uthola yena ku- noma yikuphi okunikeziwe isikhathi. I imibhalo
engcwele chaza *i-dharma* njengoba "i- yemvelo imithetho yomhlaba wonke egcinwa yiyo eyenza umuntu akwazi
ukuzisindisa ekwehleni nasekuhluphekeni."

44-15 : *UMathewu* 7:21.

44-16 : *UMathewu* 26:52.

44-17 : "Ake hhayi a indoda inkazimulo ku lokhu, lokho yena uthando yakhe izwe; Ake yena kunalokho inkazimulo ku
lokhu, lokho yena uthando yakhe uhlobo." - Isaga *sesiPheresiya* .

44-18 : "Khona kwasondela uPetru kuye, wathi: Nkosi, umfowethu uyakungona kangaki, ngimthethelela, kuze kube
kasikhombisa na?" UJesu uthi ku- yena, Mina yithi hhayi ku- wena, Kuze kube Isikhombisa izikhathi: kodwa, Kuze kube
amashumi ayisikhombisa izikhathi eziyisikhombisa." - *UMathewu* 18:21-22 .

44-19 : UCharles P. Steinmetz, unjiniyela omkhulu kagesi, wake wabuzwa nguMnu. Roger W. Babson: "Yiluphi ucwaningo
oluzobona intuthuko enkulu kakhulu eminyakeni engamashumi amahlanu ezayo?" "Ngicabanga ukuthi ukutholwa
okukhulu kakhulu kuzokwenziwa ngesikhathi ngokomoya imigqa," I-Steinmetz kuphendula. "Lapha kuyinto a amandla
okuyinto umlando ngokusobala ufundisa ine ube i omkhulu kunabo bonke amandla ku intuthuko yamadoda. Kodwa
besidlala ngayo nje futhi asikaze siyifunde ngokungathi sína njengoba sinayo imizimba amabutho. Ngolunye usuku

abantu intando funda lokho izinto izinto yenza hhayi letha injabulo futhi kukhona kwe okuncane sebenzisa ku ukwenza Abesilisa nabesifazane abanekhono lokudala nabanamandla. Khona-ke ososayensi bomhlaba bazoguqula amalabhorethri abo bawayise esifundweni sikaNkulunkulu, emthandazweni kanye namandla omoya angakacaci. Uma lolu suku lufika, umhlaba uzobona intuthuko enkulu esizukulwaneni esisodwa kunaleyo oyibonile eminyakeni emine edlule.

44-20 : Lokho kuyinto, melana hhayi ububi nge ububi. (*UMathewu* 5:38-39)

ISAHLUKO: 45

I IsiBengali "Injabulo Eggwele" Umama

"Mnumzane, ngicela ungaphumi eNdiya ungamboni uNirmala Devi. Ubungcwele bakhe bunamandla; waziwa kabanzi njengo-Ananda Moyi Ma (Umama Oggwele Injabulo)." Umshana wami, u-Amiyo Bose, wangibheka ngobuqotho.

"Yebo! Ngifuna kakhulu ukubona owesifazane ongwele." Nganezela, "Ngifundile ngesimo sakhe esithuthukile sokuqaphela uNkulunkulu. Isihloko esincane ngaye savela eminyakeni edlule *eMpumalanga-Ntshonalanga* ."

"Ngihlangane naye," kuqhubeka u-Amiyo. "Muva nje uvakashela idolobhana lami elincane laseJamshedpur. Ngokuncenga komfundi, u-Ananda Moyi Ma waya emzini wendoda eyayisifa. Wema eceleni kombhede wayo; njengoba isandla sayo sithinta ibunzi layo, umsindo wayo wokufa waphela. Lesi sifo sanyamalala ngokushesha; okwamangaza indoda ukuthi yayisiphilile."

Ngemva kwezinsuku ezimbalwa ngezwa ukuthi uMama Ojabulayo wayehlala emzini womfundi engxenyeni yaseBhowanipur eCalcutta. Mina noMnu. Wright sasuka ngokushesha ekhaya likababa eCalcutta. Njengoba iFord isondela endlini yaseBhowanipur, mina nomngane wami sabona indawo engavamile yomgwaqo.

U-Ananda Moyi Ma wayemi emotweni evulekile, ebusisa isixuku sabafundi abangaba yikhulu. Ngokusobala wayesezohamba. UMnu. Wright wapaka iFord ibanga elithile, wangiphelezela ngezinyawo eya endaweni ethule. Owesifazane ongwele wabheka ngakithi; waphuma emotweni yakhe wahamba weza kithi.

"Baba, usufikile!" Ngala mazwi aqinile wabeka ingalo yakhe entanyeni yami nekhanda lakhe ehlobo lami. UMnu. Wright, engangisanda kukusho kuye ukuthi angimazi lo santa, wayengumuntu ngijabulela kakhulu lokhu kubonakaliswa okungavamile kokwamukelwa. Amehlo e-chela ayikhulu nawo ayegxile ekumangalisweni okuthile etafuleni lothando.

Ngabona ngokushesha ukuthi lo santa wayesesimweni esihle kakhulu se- *samadhi* . Engazi nhlobo izingubo zakhe zangaphandle njengowesifazane, wayezazi njengomphefumulo ongaguquki; kusukela kuleyo ndawo wayebingelela ngenjabulo

omunye umkhulekeli kaNkulunkulu. Wangihola ngesandla wangifaka emotweni yakhe.

"U-Ananda Moyi Umama, Mina ekuseni ukulibaziseka yakho uhambo!" Mina babhikisha.

"Baba, ngihlangana nawe okokuqala ngqa kule mpilo, ngemva kwesikhathi eside!" kusho yena. "Ngicela ungahambi okwamanje."

Sahlala ndawonye ezihlalweni zangemuva zemoto. Umama Ojabulayo washeshe wangena esimweni sokujabula esinganyakazi. Amehlo akhe amahle abheka ezulwini, futhi, evuleke kancane, athula, ebuka i-Elysium engaphakathi. Abafundi bahlabelela ngobumnene: "Ukunqoba kuMama Ongcwele!"

Ngangithole amadoda amaningi aqaphela uNkulunkulu eNdiya, kodwa angikaze ngihlangane nowesifazane ohloniphekile ongcwele kangaka. Ubuso bakhe obumnene babucwebezela injabulo engachazeki eyamnika igama elithi uMama Ojabulayo. Izinwele ezinde ezimnyama zazilele ngemuva kwekhanda lakhe elingamboziwe. Ichashazi elibomvu le-sandalwood paste ebunzini lakhe lalifanekisela iso elingokomoya, elihlala livulekile ngaphakathi kuye. Ubuso obuncane, izandla ezincane, izinyawo ezincane—okuphambene nobukhulu bakhe obungokomoya!

Mina beka abanye imibuzo ku- a eduze owesifazane i-chela ngenkathi U-Ananda Moyi Umama wahlala ukucasuka.

"Umama Ojabulayo uhamba kabanzi eNdiya; ezindaweni eziningi unabafundi abangamakhulu," kusho uChela kimi. "Imizamo yakhe yesibindi ilethe izinguquko eziningi ezifiselekayo emphakathini.

enguBrahmin, lo santa akaqapheli ukhulukaniswa kwezigaba. Igembu lethu lihlala lihamba naye, limnakekela. Kufanele simnakekele; akanaki umzimba wakhe. Uma kungekho muntu omnike ukudla, ubengeke adle, noma abuze. Ngisho noma ukudla kubekwa phambi kwakhe, akabathinti. Ukuze avimbele ukunyamalala kwakhe kuleli zwe, thina bafundi simondla ngezandla zethu. Izinsuku eziningi ndawonye uhlala esesimweni saphezulu, ephefumula kancane, amehlo akhe engafinyi. Omunye wabafundi bakhe abakhulu ngumyeni wakhe. Eminyakeni eminingi edlule, ngemva nje komshado wabo, wenza isifungo sokuthula.

UChela wakhomba indoda enamahlombe abanzi, enesimo esihle enezinwele ezinde nentshebe empunga. Wayemi buthule phakathi kwesixuku, izandla zakhe zigoqwe ngesimo sengqondo sokuhlonipha somfundi.

Eqabulekile ngokucwila kwakhe ku-Infinite, u-Ananda Moyi Ma wayesegxile ekuqapheleni kwakhe emhlabeni wezinto ezibonakalayo.

"Baba, ngicela ungitshele ukuthi uhlala kuphi." Izwi lakhe

lalicacile futhi limnandi. "Njengamanje, eCalcutta noma eRanchi;

kodwa maduze ngizobuyela eMelika." "IMelika?"

"Yebo. Owesifazane ongumNdiya ongcwele angaziswa ngobuqotho lapho ngabantu

abafuna izinto ezingokomoya. Ungathanda ukuya?"

"Uma Ubaba ithini thatha mina, Mina intando hamba."

Lokhu impendulo okubangelwa yena eduze abafundi ku- qala ku i-alamu.

“Singabantu abangamashumi amabili noma ngaphezulu kithi sihlala sihamba noMama Ojabulayo,” kusho omunye wabo kimi ngokuqinile. “Besingeke sikwazi ukuphila ngaphandle kwakhe. Nomaphi lapho eya khona, kumelwe siye khona.”

Ngingathandi, ngalishiya leli cebo, nginesici esingenakwenzeka sokukhulisa izinto ngokuzenzakalelayo!

"Ngicela uze okungenani eRanchi, nabafundi bakho," ngisho lapho ngivalelisa ungqwele. "Njengomntwana ongqwele nawe, uzojabulela izingane esikoleni sami."

"Noma nini lapho Ubaba kuthatha mina, Mina intando ngenjabulo hamba."

Ngemva kwesikhashana iRanchi *Vidyalaya* yayisemcimbini wemikhosi yokuvakasha okuthembisiwe kosanta. Intsha yayibheke phambili kunoma yiluphi usuku lomkhosi - kungekho zifundo, amahora omculo, kanye nedili lokuphela komcimbi !

"Ukungoba! Ananda Moyi Ma, ki jai!" Lokhu kuphindaphindwa kwengoma evela emiphinjeni eminingi enomdlandla yabingelela iqembu losanta njengoba lingena emasangweni esikole. Imvula yama-marigold, ukukhenceza kwama-cymbals, ukushaywa kwamagobolondo e-conch kanye nokushaya kwesigubhu se- *mridanga* ! Umama Ojabulayo wazulazula emomotheka phezu kwenkundla *ye-Vidyalaya enelanga* , ephethe ipharadesi elithwalwayo ngaphakathi kwakhe.

"Kuhle lapha," kusho u-Ananda Moyi Ma ngomusa njengoba ngangimholela esakhiweni esikhulu. Wahlala phansi emomotheka njengomntwana eceleni kwami. Njengomngane oseduze kakhulu, wangenza ngazizwa sengathi ukude kakhulu kwakulokhu kumzungezile - ukuhlukaniswa okuxakile kokuba khona kuyo yonke indawo.

"Ngiyacela tshela mina okuthile kwe yakho impilo."

"Ubaba uyazi konke ngakho; kungani uphinde ukusho?" Ngokusobala wayenomuzwa wokuthi umlando oyiqiniso wokuzalwa komuntu okufushane wawungaqashelwa.

Mina wahleka, ngobumnene ukuphinda yami umbuzo.

"Baba, akukho okuningi engingakusho." Welula izandla zakhe ezinhle ngesenzo sokudelela. "Ukuqonda kwami akukaze kuzihlanganise nalomzimba wesikhashana. Ngaphambi kokuba ngize emhlabeni, Baba, 'Nganginjalo.' Ngiseyintombazanyana, 'Nganginjalo.' Ngakhula ngaba ngumfazi, kodwa ngisalokhu 'Nganginjalo.' Lapho umndeni engazalelwa kuwo wenza amalungiselelo okushada nalomzimba, 'Nganginjalo.' Futhi lapho umyeni wami efika kimi edakiwe kakhulu, ekhuluma amazwi athandekayo, ethinta umzimba wami kancane, wathola ukushaqeka okukhulu, njengokungathi ushaywe umbani, ngoba ngisho nangaleso sikhathi

'Nganginjalo.'

"Okwami umyeni ukuguqa ngaphambi mina, okugokiwe yakhe izandla, futhi kuncengwe yami uxolelo.

"'Mama,' esho, 'ngoba ngingcolise ithempeli lakho elingokwenyama ngokulithinta ngomcabango wenkanuko—ngingazi ukuthi ngaphakathi kwalo akuhlali umkami kodwa uMama Ongcwele—ngithatha lesi sifungo esiqinile: Ngizoba ngumfundi wakho, umlandeli ongashadile, ngihlale ngikukhathalela buthule njengenceku, ngingaphinde ngikhulume namuntu uma nje ngisaphila. Kwangathi ngingahlawulela isono engisenzile namuhla.

ngokumelene wena, yami uchwepheshe.'

"Ngisho nalapho ngamukela buthule lesi sicelo somyeni wami, 'Nami nganginjalo.' Futhi, Baba, ngaphakathi phambi kwakho manje, 'Nginguye.' Ngemva kwalokho, noma umdanso wendalo ushintsha nxazonke zami ehholo laphakade, 'Ngizoba nguye.'"

U-Ananda Moyi Ma wacwila esimweni sokuzindla esijulile. Isimo sakhe sasinganyakazi; wayebalekele embusweni wakhe ohlala ubizwa. Amachibi amnyama amehlo akhe abonakala engenampilo futhi efana nengilazi. Lokhu kubonakaliswa kuvame ukuba khona lapho abangcwele besusa ukuqonda kwabo emzimbeni wenyama, okube sekuba cishe ucezu lobumba olungenamphefumulo. Sahlala ndawonye ihora lonke ebuthongweni obujabulisayo. Wabuyela kuleli zwe ehleka kancane njengongqingili.

"Ngicela, Ananda Moyi Ma," ngisho, "hamba nami siye engadini. UMnu. Wright uzothatha izithombe."

"Yebo, Baba. Intando yakho iyintando yami." Amehlo akhe akhazimulayo agcina ukukhanya kwaphezulu okungaguquki njengoba ethatha izithombe eziningi.

Sekuyisikhathi sedili! U-Ananda Moyi Ma wahlala phansi esihlalweni sakhe sengubo, umfundi endololwaneni yakhe ukuze amondle. Njengosana, lo santa wagwinya ukudla ngokulalela ngemva kokuba i-chela ikulethe ezindebeni zakhe. Kwakusobala ukuthi uMama Ojabulayo wayengawuboni umehluko phakathi kwe-curry ne-sweetmeat!

Njengoba kwase kusondela ukuhlwa, ungacwele wahamba neqembu lakhe phakathi kwemvula yamacembe ezimbali zezimbali, izandla zakhe ziphakanyisiwe zibusisa abafana abancane. Ubuso babo babukhanya ngothando ayeluvuse kalula.

"Wothanda iNkosi uNkulunkulu wakho ngayo yonke inhliziyi yakho, nangawo wonke umphefumulo wakho, nangayo yonke ingqondo yakho, nangawo onke amandla akho," kusho uKristu, "lo ngumyalo wokuqala." **45-2**

Elahla konke ukunamathela okuphansi, u-Ananda Moyi Ma unikela ukwethembeka kwakhe kuphela eNkosini. Hhayi ngokuhlukana okuhlukahlukene kwezazi kodwa ngokucabanga okuqinisekile kokholo, ungacwele onjengomntwana uxazulule inkinga okuwukuphela kwayo empilweni yomuntu—ukwakhiwa kobunye noNkulunkulu. Umuntu ukhohliwe lobu lula obukhulu, manje obugcwele izinkinga eziyizigidi. Benqaba uthando oluvela kuNkulunkulu oluvela kuNkulunkulu oyedwa, izizwe zifihla ukungathembeki kwazo ngenhlonipho ecacile phambi kwezindawo ezingcwele zangaphandle zomusa. Lokhu ubuntu ukushukuma kukhona omuhle, ngoba ngoba a umzuzu bona

shintsha indoda ukunakwa kwakhe, kodwa akumkhululi emthwalweni wakhe
owodwa empilweni, uJesu awubiza ngokuthi umyalo wokuqala. Isibopho
esiphakamisayo sokuthanda uNkulunkulu sithathwa ngokuphefumula komuntu
kokuqala komoya okunikezwa ngokukhululeka nguMsizi wakhe oyedwa.

Ngesinye isikhathi ngemva kokuvakasha kwakhe eRanchi ngathola ithuba lokubona u-
Ananda Moyi Ma. Wema phakathi kwabafundi bakhe ezinyangeni ezimbalwa kamuva
esiteshini saseSerampore, elinde isitimela.

"Baba, ngiya eHimalaya," wangitshela. "Abafundi abaphanayo bangikhele
indawo yokuhlala eDehra Dun."

Njengoba egibela isitimela, ngamangala ukubona ukuthi kungakhathaliseki ukuthi phakathi kwesixuku, esitimeleni, edla, noma ehleli ethule, amehlo akhe awazange abheke kude noNkulunkulu. Ngaphakathi kwami ngisalizwa izwi lakhe, umsindo wobumnandi obungenakulinganiswa:

"Bheka, manje futhi njalo eyodwa nge i Okuphakade, 'Mina ekuseni njalo i okufanayo.'"

.....
45-1 Ngithola amanye amaqiniso ngempilo ka-Ananda Moyi Ma, enyatheliswe *eMpumalanga-Ntshonalanga* . Lo santa wazalwa ngo-1893 eDacca enkabeni yedolobha. IsiBengal. Abangafundile, yena ine okwamanje ukushaqeka i izihlakaniphi ngu yena ukuhlakanipha. Yena amavesi ku IsiSanskrit babe kugcwalisiwe izazi ngokumangala. Ulethe induduzo kubantu abashonelwe, futhi wenza ukuphulukiswa okuyisimangaliso, ngokuba khona kwakhe nje.

45-2 : *Mark* 12:30.

ISAHLUKO: 46

I Owesifazane I-Yogi I-WHO Akukaze kube njalo Ukudla

"Mnumzane, sizoyaphi ekuseni namhlanje?" UMnu. Wright wayeshayela iFord; wasusa amehlo akhe emgwaqweni isikhathi eside ngokwanele ukungibheka ngokuphazima kweso okubuzayo. Usuku nosuku wayengavamile ukwazi ukuthi iyiphi ingxenye yeBengal azoyithola ngokulandelayo.

"Uma uNkulunkulu evuma," ngiphendula ngokuzinikela, "sisendleleni yokuyobona isimangaliso sesishiyagalombili somhlaba - owesifazane ongcwele odla ukudla okumnandi!"

"Ukuphindaphinda kwezimangaliso-ngemva kukaTherese Neumann." Kodwa uMnu. Wright wahleka ngentshiseko efanayo; waze washeshisa isivinini semoto. Ubuhle obumangalisayo kakhulu encwadini yakhe yokuhamba! Akekho umuntu ovamile, lowo!

Isikole saseRanchi sasisanda kushiywa ngemuva kwethu; sasivukile ngaphambi kokuba ilanga liphume. Ngaphandle kwami nonobhala wami, abangane abathathu baseBengali babesephathini. Saphuza emoyeni ojabulisayo, iwayini lemvelo lasekuseni. Umshayeli wethu wayeqondisa imoto ngokucophelela phakathi kwabalimi bokuqala kanye nezingqola ezinamasondo amabili, ezidonswa kancane yizinkunzi eziboshwe ngamahlombe, ezinamathele, ezazithambekele ekuphikisaneni

nomgwaqo nge-hotter interloper eshayayo.

"Mnumzane, thina ngabe njenge ku- yazi Okuningi kwe i ukuzila ukudla "ungcwele."

"Yena igama kuyinto I-Giri Bala," Mina unolwazi yami abangane. "Mina kuqala wezwa mayelana yena iminyaka okwedlule kusukela a

Indoda efundile, uSthiti Lal Nundy. Wayevame ukuza ekhaya eGurpar Road ukuzofundisa umfowethu uBishnu.

"Ngimazi kahle uGiri Bala,' kusho uSthiti Babu kimi. 'Usebenzisa indlela ethile ye-yoga emvumela ukuthi aphile ngaphandle kokudla. Ngangingumakhelwane wakhe oseduze eNawabganj eduze kwase-Ichapur. **46-1** Ngakwenza kwaba yinto eqinisekile ukuthi ngimqaphelisise; angikaze ngithole ubufakazi bokuthi wayedla noma ephuza. Intshisekelo yami ekugcineni yakhula kakhulu kangangokuthi ngasondela kuMaharaja waseBurdwan **ngo 46-2.** futhi wamcela ukuba enze uphenyo. Emangazwe yile ndaba, wammemela esigodlweni sakhe. Wavuma ukuhlolwa wahlala izinyanga ezimbili evalelwe engxenyeni encane yendlu yakhe. Kamuva wabuya ukuzovakasha esigodlweni izinsuku ezingamashumi amabili; wabe esebuya ukuzohlola okwesithathu kwezinsuku eziyishumi nanhlanu. UMaharaja ngokwakhe wangitshela ukuthi lokhu kuhlola okuthathu okuqinile kwakumqinisekisile ngaphandle kokungabaza ngesimo sakhe sokungadli.

"Le ndaba kaSthiti Babu ibelokhu ingikhumbuza iminyaka engaphezu kwamashumi amabili nanhlanu," ngaphetha. "Ngezinye izikhathi eMelika ngangizibuza ukuthi umfula wesikhathi ngeke yini uyigwinye i- *yogini* **46-3.**" ngaphambi kokuba ngihlangane naye. Kumelwe ukuba usekhulile impela manje. Angazi nokuthi uhlala kuphi, noma ukuthi uhlala kuphi. Kodwa emahoreni ambalwa sizofika ePurulia; umfowabo unekhaya lapho."

Ngu- ihora leshumi namashumi amathathu yethu okuncane iqembu kwakuyi ukuxoxa nge i umfowethu, I-Lambadar Dey, a ummeli kwe I-Purulia.

"Yebo, udadewethu uyaphila. Ngezinye izikhathi uhlala nami lapha, kodwa okwamanje usekhaya lethu eBiur." ULambadar Babu wabheka iFord ngokungabaza. "Angicabangi neze, Swamiji, ukuthi ikhona imoto eyake yangena ngaphakathi eBiur. Kungaba ngcono uma nonke nizinikela ekushayweni kwenqola yezinkunzi!"

Njengoba eyodwa izwi yethu iphathi isithembiso ukwethembeka ku- i Ukuziqhenya kwe IDetroit.

"I-Ford ivela eMelika," ngitshela ummeli. "Kungaba yihlazo ukuyiphuca ithuba lokujwayelana nenhliziyo yaseBengal!"

"Meyi Ganesh **46-4** Hamba nawe!" kusho uLambadar Babu, ehleka. Wanezela ngenhlonipho, "Uma uke wafika lapho, ngiyaqiniseka ukuthi uGiri Bala uzokujabulela ukukubona. Usezofika eminyakeni yakhe engamashumi ayisikhombisa, kodwa uyaqhubeka nempilo enhle kakhulu."

"Ngicela ungitshela, mnumzane, uma kuyiqiniso ngempela ukuthi akadli lutho?" Ngambheka ngqo emehlweni, lawo mafasitela abonakalayo engqondo.



I-GIRI I-BALA

Lo wesifazane omuhle kakhulu we-yogi akakaze adle noma aphuze kusukela ngo-1880. Ngithathwe naye esithombeni, ngo-1936, ekhaya lakhe edolobhaneni laseBiur elikude laseBengal. Isimo sakhe sokungadli siphenywe ngokucophelela yiMaharaja waseBurdwan. Usebenzisa indlela ethile ye-yoga ukuze agcwalise umzimba wakhe ngamandla avela ku-ether, ilanga nomoya.

"Kuyiqiniso." Amehlo akhe ayevulekile futhi ehloniphekile. "Eminyakeni engaphezu kwamashumi amahlanu angikaze ngimbone edla ingcezu. Uma umhlaba ungaphela ngokuzumayo, angikwazi ukumangala kakhulu kunokubona udadewethu edla ukudla!"

Thina wahleka usulu ndawonye sekuphelile i okungenakwenzeka kwe lokhu ezimbili indawo yonke imicimbi.

"UGiri Bala akakaze afune indawo yokuzihlalela yedwa ngenxa yemikhuba yakhe ye-yoga," kuqhubeka uLambadar Babu. "Uphile impilo yakhe yonke ezungezwe umndeni wakhe nabangane bakhe. Bonke sebejwayelene nesimo sakhe esingavamile manje. Akekho noyedwa kubo obengeke ashakeke uma uGiri Bala enquma ukudla noma yini ngokuzumayo! Udadewethu usethatha umhlalaphansi ngokwemvelo, njengoba kufanele umfelokazi ongumHindu, kodwa iqembu lethu elincane ePurulia naseBiur liyazi ukuthi ungowesifazane 'ovelele' ngokoqobo."

Ubuqotho bomfowethu babonakala. Iqembu lethu elincane lambonga ngemfudumalo labe seliya eBiur. Sama esitolo somgwaqo ukuze sidle i-curry ne-*luchis*, *sakhanga inqwaba yama* -urchin ahlanguka ukuze abukele uMnu. Wright edla ngeminwe yakhe ngendlela elula yamaHindu. Isifiso esinamandla sasenza

saziqinisa ngokumelene nentambama eyayizoba nzima, okungaziwa okwamanje.

Indlela yethu manje yaholela empumalanga idlula emasimini elayisi ashiswe yilanga
yaya engxenyeni yaseBurdwan eBengal. Sidlula emigwaqweni egcwele uhlaza
oluminyene; izingoma ze- *mayna kanye ne- bulbul* enemichilo zaziphuma ezihlahleni
ezinamagatsha amakhulu, afana nesambulela. Inqola yezinkunzi ngezikhathi ezithile,
rini, rini, manju, i-manju ukuklewula kwe yayo i-axle futhi izicathulo zensimbi
ngokhuni amasondo ukuqhathanisa ngokucijile

ku ingqondo nge i *swish*, *i-swish* kwe okuzenzakalelayo amathayi sekuphelile i abahloniphekile i-asphalt kwe i amadolobha.

"Dick, yeka!" Isicelo sami esingazelelwe sabangela ukukhononda okukhulu okuvela ku-Ford. "Leso sihlahla sikamango esinzima kakhulu simemeza isimemo!"

Sobahlanu sagijima njengezingane saya emhlabathini ogcwele umango; umuthi wawusukhiphe izithelo zawo kahle njengoba zase zivuthiwe.

"Kuzalwa umango ogcwele ukuze ulale ungabonwa," ngasho ngamazwana, "futhi uchithe ubumnandi bawo emhlabathini onamatshe ."

"Akukho okufana nalokhu eMelika, Swamiji, akunjalo?" kuhleka uSailesh Mazumdar, omunye wabafundi bami baseBengali.

"Cha," ngavuma, ngigcwele ujusi wemango nokwaneliseka. "Yeka ukuthi ngiphuthelwe kanjani lesi sithelo eNtshonalanga! Izulu lomHindu elingenamango alinakucatshangwa!"

Mina kukhethwe phezulu a idwala futhi phansi a ukuziqhenya ubuhle kufihliwe kuvuliwe i okuphezulu kakhulu isitho.

"Dick," ngibuza phakathi kokulunywa yi-ambrosia, ngifudumele yilanga elishisayo, "ingabe wonke amakhamera asemotweni ?"

"Yebo, mnumzane; ku i Umthwalo igumbi."

"Uma uGiri Bala ezibonakalisa engusanta weqiniso, ngifuna ukubhala ngaye eNtshonalanga. I -*yogini yamaHindu* enamandla anjalo aphefumulelayo akufanele iphile futhi ife ingaziwa - njengeziningi zalezi mango."

Ingxenye i ihora kamuva Mina kwakuyi namanje ukuhamba ngezinyawo ku i uSylvan ukuthula.

"Mnu. Wright," kusho uMnu. Wright, "kufanele sifike eGiri Bala ngaphambi kokuba ilanga lishone, ukuze sibe nokukhanya okwanele kwezithombe." Wanezela ngokumamatheka, "Abantu baseNtshonalanga bangabantu abaningi abangabazayo; asikwazi ukulindela ukuthi bakholwe kule ntokazi ngaphandle kwezithombe!"

Lokhu i-bit kwe ukuhlakanipha kwakuyi okungenakuphikwa; Mina waphenduka yami emuva kuvuliwe isilingo futhi kuphinde kwafakwa i imoto.

"Uqinisile, Dick," ngaphefumula njengoba sihamba ngesivinini, "Ngidela ipharadesi likamango phezu kwe-altare lobuqiniso baseNtshonalanga. Izithombe okumele sibe nazo!"

Umgwaqo waba mubi kakhulu: imibimbi yezimbotshana, amathumba obumba oluqinile, ubuthakathaka obudabukisayo bokuguga! Iqembu lethu lehla ngezikhathi ezithile ukuze uMnu. Wright akwazi ukulawula kalula iFord, esasiyisunduza sobane ngemuva.

"ULambadar Babu ukhulume iqiniso," kuvuma uSailesh. "Imoto ayisithwali; thina sithwele imoto!"

Okwethu ukukhuphuka, ukukhuphuka okuzenzakalelayo i-tedium kwakuyi ukukhohliswa njalo futhi i-anon ngu i ukubukeka kwe a idolobhana,

ngayinye eyodwa a isigcawu kwe okumangalisayo ubulula.

"Indlela yethu yajika yadlula emahlathini esundu phakathi kwemizi yasendulo, engonakaliswanga eyayihlala emthunzini wehlathi," kusho uMnu. Wright encwadini yakhe yedayari yokuhamba, ngaphansi kosuku lwangoMeyi 5, 1936.

"Ziyathakazelisa kakhulu lezi ziqoqo zezindlu zodaka ezifulelwe ngotshani, ezihlotshiswe ngelinye lamagama kaNkulunkulu ku-" umnyango; izingane eziningi ezincane, ezinqunu zidlala ngokungazi lutho, zima kancane ukuze zibuke noma zigijime ngokuhlanya kusukela kule nqola enkulu, emnyama, engenazinkunzi edabula idolobhana labo. Abesifazane bamane balunguza emthunzini, kuyilapho amadoda ezulazula ngobuvila ngaphansi kwezihlahla eceleni komgwaqo, ezibuza ngokunganaki kwawo. Kwenye indawo, bonke abantu bendawo babegeza ngokuthokoza ethangini elikhulu (begqoke izingubo zabo, beshintsha ngokufaka izindwangu ezomile emizimbeni yabo, bewisa ezimanzi). Abesifazane ibhere amanzi ku- yabo amakhaya, ku enkulu ithusi izimbiza.

"Umgwaqo wasiholela ekujaheni kwethu ngenjabulo phezu kwentaba nogudla; sagxumagxuma futhi saphonsa, sacwila emifudlaneni emincane, sachezuka eduze komgwaqo ongakaqedwa, sahamba emifuleni eyomile nesihlabathi futhi ekugcineni, cishe ngo-5:00 ntambama, sase siseduze nendawo esasiya kuyo, iBiur. Lo muzi omncane ongaphakathi kweSifunda saseBankura, ocashe ekuvikelweni kwamaqabunga aminyene, awufinyeleleki kubahambi ngesikhathi semvula, lapho imifudlana igcwele izikhukhula nemigwaqo efana nenyoka ikhipha ubuthi bodaka ."

"Sicela umqondisi phakathi kweqembu labakhulekeli endleleni eya ekhaya bevela emthandazweni wasethempelini (endleleni enesizungu), savinjezelwa abafana abayishumi nambili abagqoke izingubo ezincane ababegibele ezinhlangothini zemoto, befisa ukusiyisa eGiri Bala."

"Umgwaqo wawuholela ehlathini lezihlahla zesundu ezimboze iqembu lezindlu zodaka, kodwa ngaphambi kokuba sifike kuwo, iFord yaphenduka isikhashana endaweni eyingozi, yaphonswa phezulu yawela phansi. Indlela encane yaholela ezihlahleni nasethangini, phezu kweziqongo, yangena emigodini nasezindaweni ezijulile. Imoto yabambelela esiqwini sezihlahla, yabe isima phezu kwegquma, idinga ukuphakama kwamagagasi omhlaba; saqhubeka, kancane kancane nangokucophelela; kungazelelwe indlela yamiswa yinqwaba yezihlahla phakathi yendlela yenqola, okwadinga ukuchezuka phansi onqenqemeni olunamandla oluya ethangini elomile, ukusindiswa okwakudinga ukukhuhla, ukucheba, kanye nokufoshola. Umgwaqo wawubonakala ungadluleki kaninginingi, kodwa uhambo lokuya endaweni engcwele kwakufanele luqhubeka; abafana abaphoqelekile balanda amafosholo babhidliza izithiyo (izithunzi zaseGanesh!) kuyilapho amakhulu ezingane nabazali bebuka.

"Ngokushesha sase sihamba ngemizila emibili yasendulo, abesifazane bebuka amehlo besuka eminyango yezindlu zabo, amadoda elandela eduze kwethu

nangemuva kwethu, izingane zigijimela ukuyovunguza ifulethi." udwendwe. Mhlawumbe eyethu kwakuyimoto yokuqala ukuwela le migwaqo; 'i-bullock cart union' kumele yiba namandla onke lapha! Yeka umuzwa esawudala—iqembu eliqhutshwa ngumMelika futhi eliphayona emotweni ekhalayo lingena endaweni yalo yokuhlala, lihlasele ubumfihlo kanye nobungcwele basendulo!

"Sihamba ngomgwaqo omncane sazithola singaphakathi kwamamitha ayi-100 ukusuka ekhaya likakhokho uGiri Bala. Sazizwa sijabule kakhulu ngokwaneliseka ngemva komzabalazo omude ogcwele ukuphela okunzima. Sasondela esakhiweni esikhulu, esinezitezi ezimbili esenziwe ngezitini noplasta, siphethe izindlu zodaka ezizungezile; indlu yayilungiswa, ngoba nxazonke kwakukhona uhlaka lwezihlahla zomhlana ezishisayo.

"Sinokulindela okukhulu kanye nenjabulo ecindezelwe sama phambi kweminyango evulekile yalowo obusiswe ukuthintwa yiNkosi 'ongenandlala'. Abantu bendawo babehlala bejabule, abancane nabadala, bengenalutho futhi begqoke, abesifazane ababezihlukanisile kodwa benobuzwe, amadoda nabafana bebbeke izithende zethu bengenamahloni njengoba bebuka lo mbukwane ongakaze ubonwe.

"Ngokushesha kwavela umuntu omfushane emnyango - uGiri Bala! Wayeboshwe ngendwangu kasilika okhanyayo, ogolide; ngendlela evamile yaseNdiya, wasondela phambili ngesizotha nangokungabaza, ebuka kancane ngaphansi kwesiphetho esingaphezulu sendwangu yakhe *ye-swadeshi*. Amehlo akhe ayekhanya njengamalahle asha emthunzini wengubo yakhe yekhanda; sathandwa ubuso obuhle kakhulu nobunomusa, ubuso bokuqaphela nokuqonda, obungenasici sokunamathela emhlabeni.

"Ngokuthobeka yena wasondela futhi buthule kuvunyelwe ku- yethu ukuqhafaza a inombolo kwe izithombe nge amakhamera ethu 'anganyakazi' kanye 'nama-movie'.

46-6 Ngesineke nangehloni wabekezelela amasu ethu okuthwebula izithombe zokulungisa ukuma futhi ukukhanya ilungiselelo. Ekugcineni thina wayenayo kuqoshwe ngoba isizukulwane esizayo eziningi izithombe owesifazane okuwukuphela kwakhe emhlabeni owaziwayo ukuthi uphile ngaphandle kokudla noma ukuphuza iminyaka engaphezu kwamashumi amahlanu. (UTherese Neumann, vele, ubelokhu ezila ukudla kusukela ngo-1923.) Okubaluleke kakhulu kwakuyisimo sikaGiri Bala njengoba emi phambi kwethu, embozwe ngokuphelele yindwangu egeleza, kungekho lutho lomzimba wakhe olubonakalayo ngaphandle kobuso bakhe ngamehlo aphansi, izandla zakhe, nezinyawo zakhe ezincane. Ubuso bokuthula okungavamile kanye nesimo esingenacala-a ububanzi, njengomntwana, ukuthuthumela izindebe, a owesifazane impumulo, okuncane, ukukhanya okukhazimulayo amehlo, futhi a ukumamatheka okubuhlungu .

Umbono kaMnu. Wright ngoGiri Bala wawabelana nami; ingokomoya lamboza njengesembozo sakhe esicwebezelayo kancane. Wabiza *phambi* kwami ngesenzo esivamile sokubingelela umnikhaya kumonki. Ubuhle bakhe obulula nokumamatheka kwakhe okuthule kwasinika ukwamukelwa okungaphezu kokwenkulumo emnandi; uhambo lwethu olunzima nolunothuli olukhohliwe lwaluyinto yethu.

Lo msanta omncane wahlala phansi ephethe imilenze everanda. Nakuba wayenezibazi zokuguga, wayenganciphile; isikhumba sakhe esinombala we-olive sasilokhu sicacile futhi siphilile.

"Mama," ngisho ngesiBengali, "sekuyiminyaka engaphezu kwamashumi amabili nanhlanu ngicabanga ngokulangazela ngalolu hambo lokuya eJerusalema! Ngizwe ngempilo yakho engcwele kuSthiti Lal Nundy Babu."

Yena ukunqekuzisa ikhanda ku ukuvuma. "Yebo, yami kuhle umakhelwane ku

Nawabganj."

"Phakathi naleyo minyaka ngiwele ulwandle, kodwa angikaze ngikhohlwe uhlelo lwami lokuqala lokubona ngelinye ilanga." wena. Idrama enhle kakhulu oyidlala lapha ngokungabonakali kufanele ibekwe phambi kwezwe eselikhohliwe isikhathi eside ukudla kwangaphakathi okungcwele.

USanta waphakamisa amehlo akhe umzuzwana,

emomotheka ngentshisekelo ezolile. "Baba (ubaba

ohloniphekile) uyazi kangcono," ephendula ngokuthobeka.

Ngajabula ngokuthi akazange athukuthele; umuntu akakaze azi ukuthi ama-yoga noma ama-yoga azosabela kanjani emcabangweni wokusakazwa. Ngokuvamile bayakugwema, befisa ukuphishekela ucwaningo olujulile lomphefumulo buthule. Isijeziso sangaphakathi sibafikela lapho kufika isikhathi esifanele sokukhombisa izimpilo zabo.

obala ngoba i inzuzo kwe ukufuna izingqondo.

"Mama," ngaqhubeka, "ngicela ungixolele-ke, ngokukuthwalisa imibuzo eminingi. Ngicela uphendule kuphela leyo ekujabulisayo; ngizokuqonda nokuthula kwakho."

Welula izandla zakhe ngesenzo somusa. "Ngiyajabula ukuphendula, uma nje umuntu ongabalulekile njengami enganikeza izimpendulo ezanelisayo."

"O, cha, hhayi "Akubalulekile!" Mina babhikisha ngobuqotho. "Wena kukhona a kuhle kakhulu umphefumulo."

"Ngiyisikhonzi esithobekile sabo bonke." Wanezela ngendlela exakile,

"Ngiyakuthanda ukupheka nokondla abantu." Ngacabanga ukuthi

kwakuyinto engavamile, ngosanta ongadli!

"Tshela mina, Umama, kusukela yakho eyakho izindebe-do wena bukhoma ngaphandle ukudla?"

"Kuyiqiniso lokho." Wathula imizuzwana embalwa; amazwi akhe alandelayo abonisa ukuthi ubenenkinga yokubala ngengqondo. "Kusukela eneminyaka eyishumi nambili ubudala izinyanga ezine kuze kube yiminyaka yami yamanje engamashumi ayisithupha nesishiyagalombili - isikhathi esingaphezu kweminyaka engamashumi amahlanu nesithupha - angikaze ngidle ukudla noma ngiphuze uketshezi."

"Ingabe wena akakaze ulingeka ku- "Udlani?"

"Uma ngizizwa ngifisa ukudla, bekuzodingeka ngidle." Kalula nje kodwa ngokujwayelekile washo leli qiniso elingaqondakali, elaziwa kahle yizwe elijikeleza ukudla kathathu ngosuku!

"Kodwa uyadla okuthile!" Izwi lami lalinophawu

lokukhononda. "Yebo!" Wamomotheka ngokuqonda

okusheshayo.

"Ukudla kwakho kuvela emandleni amahle omoya nokukhanya kwelanga, 46-7 kanye namandla asezulwini avuselela umzimba wakho nge-medulla oblongata."

"Baba" uyazi." Futhi yena wavuma, yena indlela ukududuza futhi ukungabi namzimba.

"Mama, ngicela ungitshele ngempilo yakho yasekuqaleni. Inesithakazelo esikhulu kulo lonke elaseNdiya, ngisho nakubafowethu nodadewethu abangaphesheya kwezilwandle."

I-Giri Bala beka eceleni yena okuvamile i-reserve, ukuphumula ku- a ingxoxo isimo sengqondo.

"Makube njalo." Izwi lakhe laliphansi futhi liqinile. "Ngazalelwa kulezi zindawo zamahlathi. Ubuntwana bami babungemangalisi ngaphandle kokuthi nganginesifiso esingapheli. Ngangithembisene umshado eminyakeni yokuqala ."

"Mntanami,' umama wayevame ukungixwayisa, 'zama ukulawula ubugovu bakho. Uma kufika isikhathi sokuba uhlale nabantu ongabazi emndenini womyeni wakho, bazocabangani ngawe uma izinsuku zakho zichithwa udla nje kuphela?'

"Inhlekelele ayeyibonile yenzeke. Ngangineminyaka eyishumi nambili kuphela lapho ngijoyina abantu bomyeni wami eNawabganj. Umamezala wami wangihlazisa ekuseni, emini nasebusuku ngemikhuba yami yokuminza. Nokho, ukuthethisa kwakhe kwakuyisibusiso esifihliwe; kwavusa ukuthambekela kwami okungokomoya okulele. Ngolunye usuku ekuseni ukhuleka kwakhe kwakungenasihawu.

"Ngizokukhombisa maduze nje,' ngisho, ngithukuthele, 'ukuthi angisoze ngaphinde ngithinte ukudla uma nje ngisaphila.'

"Umkhwekazi wami wahleka usulu. 'Ngakho-ke!' wathi, 'ungaphila kanjani ngaphandle kokudla, uma ungenakuphila ngaphandle kokudla ngokweqile?'

"Lokhu kuphawula bekungaphenduleki! Kodwa isinqumo esiqinile sangiqinisa umoya. Endaweni eyimfihlo ngafuna uBaba wami osezulwini."

"Nkosi,' ngathandaza ngokungaphezi, 'ngicela ungithumelele isazi, umuntu ongangifundisa ukuphila ngokukhanya kwakho hhayi ngokudla.'

"Injabulo enkulu yangifikela. Ngiholwa yisiphonso esimnandi, ngaya eNawabganj *ghat* eGanges. Endleleni ngahlangana nompristi womndeni womyeni wami.

"Ohloniphekile mnumzane,' Mina kusho ngokuthemba, 'ngomusa tshela mina Kanjani ku- bukhoma ngaphandle ukudla.'

"Wangibheka engaphenduli. Ekugcineni wakhuluma ngendlela eduduzayo. 'Mntanami,' esho, 'woza ethempelini kusihlwa namhlanje; ngizokwenzela umcimbi okhethekile *wamaVeda* .'

"Le mpendulo engacacile kwakungeyona leyo engangiyifuna; ngaqhubeka ngaya e- *ghat* . Ilanga lasekuseni lahlaba amanzi; ngazihlanza eGanges, njengokungathi ngiqala ukukhulekela okungcwele. Njengoba ngiphuma ogwini lomfula, indwangu yami emanzi ingizungezile, ekukhanyeni okukhulu kwemini inkosi yami yazibonakalisa phambi kwami!

"Mntanami othandekayo,' esho ngezwi lozwela lothando, 'Ngingumfundisi othunyelwe lapha nguNkulunkulu ukuzogcwalisa umthandazo wakho ophuthumayo. Wathinteka kakhulu yimvelo yawo engavamile! Kusukela namuhla uzophila ngokukhanya kwezinkanyezi, ama-athomu akho omzimba athola amandla avela kugesi ongenamkhawulo.'"

UGiri Bala wathula. Ngathatha ipensela nephedi likaMnu. Wright ngahumushela izinto ezimbalwa esiNgisini ukuze ngimnike ulwazi.

USanta waqala indaba, izwi lakhe elimnene lizwakala kancane. "I- *ghat* yayishiywe yodwa, kodwa umfundisi wami wasijikijela nge-aura yokukhanya okuqaphile, ukuze

kungabikho babhukudi abalahlekile abasiphazamisayo kamuva. Wangifaka enkingeni." inqubo ye -*kria* ekhulula umzimba ekuthembeleni ekudleni okuphelele kwabantu abafayo. Le ndlela ihlanganisa ukusetshenziswa kwe- *mantra ethile* **46-8** kanye nokuzivocavoca okunzima kakhulu kunalokho umuntu ovamile angakwenza. Akukho muthi noma umlingo ohilelekile; akukho lutho ngaphandle kwe- *kria* .

Ku- i indlela kwe i UmMelika iphephandaba intatheli, I-WHO wayenayo ngokungazi wafundisa mina yakhe

inqubo, ngabuza uGiri Bala ngezinto eziningi engangicabanga ukuthi zizoba nesithakazelo emhlabeni. Wanginika, kancane kancane, ulwazi olulandelayo:

"Angikaze ngibe nabantwana; eminyakeni eminingi edlule ngaba ngumfelokazi. Angilali kahle, njengoba ukulala nokuvuka kufana kimi. Ngizindla ebusuku, ngenza imisebenzi yami yasekhaya emini. Ngizwa kancane ukushintsha kwesimo sezulu kusukela enkathini kuya kwesinye. Angikaze ngigule noma ngibhekane nanoma yisiphi isifo. Ngizwa ubuhlungu obuncane kuphela lapho ngilimele ngengozi. Anginawo ama-outcrease emzimbeni. Ngingakwazi ukulawula inhliziyi yami nokuphefumula. Ngivame ukubona othisha bami kanye neminye imiphefumulo emikhulu, embonweni."

"Mama," ngabuza, "kungani ungafundisi abanye indlela yokuphila ngaphandle kokudla?" Amathemba ami amakhulu ngezigididi zabantu ababulawa yindlala emhlabeni aphela ngokushesha.

"Cha." Wanikina ikhanda. "Ngayalwa ngokuqinile ngumfundisi wami ukuthi ngingayidaluli imfihlo. Akuyona isifiso sakhe ukuphambanisa idrama kaNkulunkulu yendalo. Abalimi bebengeke bangibonge uma ngifundise abantu abaningi ukuphila ngaphandle kokudla! Izithelo ezimnandi bezizolala phansi ngendlela engenamsebenzi. Kubonakala sengathi usizi, indlala, nezifo kuyizinto ezisishukumisela ekufuneni injongo yangempela yokuphila."

"Umama," Mina kusho kancane kancane, "ini kuyinto i sebenzisa kwe yakho ukuba ube eyodwa phandle ku- bukhoma ngaphandle "Uyadla?"

"Ukufakazela ukuthi umuntu unguMoya." Ubuso bakhe bukhanya ngokuhlakanipha. "Ukuze abonise ukuthi ngentuthuko yaphezulu angafunda kancane kancane ukuphila ngokukhanya okuphakade hhayi ngokudla."

USanta wacwila esimweni sokuzindla okujulile. Ukubuka kwakhe kwaqondiswa ngaphakathi; ukujula kwamehlo akhe kwaba sengathi akubonakali. Waphefumula kancane, okwandulela ukuphelelwa umoya okujabulisayo. Okwesikhashana wayesebalekele endaweni engenakubuzwa, izulu lenjabulo yangaphakathi.

Ubumnyama obushisayo base buwile. Ukukhanya kwesibani esincane sikaphalafini kwakhanya ebusweni babantu abaningi bendawo ababehlala buthule emthunzini. Izimpethu ezikhanyayo nezibani zama-futha ezikude zezindlu zazihlanganisa amaphethini akhanyayo asabekayo ebusuku obukhazimulayo. Kwakuyihora elibuhlungu lokuhlukana; uhambo oluhamba kancane nolukhathazayo lwaluphambi kwegembu lethu elincane.

"Giri Bala," Mina kusho njengoba i ongcwele kuvuliwe yena amehlo, "Ngiyacela nikeza mina a isikhumbuzo-a umugqa kwe eyodwa kwe yakho

Wabuya ngokushesha ephethe ucezu lwesilika laseBenares, elulula esandleni sakhe njengoba ekhothama phansi ngokuzumayo.

"Umama," Mina kusho ngenhlonipho, "kunalokho vumela mina ukuthinta yakho eyakho ubusisiwe izinyawo!"

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46-1 : Ku- enyakatho IsiBengal.

46-2 : H. H. Mnumzane UBijay UChand uMahtab, manje ufile. Okwakhe umndeni ngokungangabazeki uno abanye irekhodi kwe i I-Maharaja's uphenyo oluthathu lukaGiri Bala.

46-3 : Owesifazane i-yogi.

46-4 : "Ukususa" kwe "Izithiyo," i unkulunkulu kwe kuhle inhlanhla.

46-5 : IsiSri Yukteswar kusetshenziswe ku- yithi: "I- Nkosi ine okunikeziwe thina i izithelo kwe i kuhle umhlaba. Thina njenge ku- bheka yethu ukudla, ku- iphunga ukunambitha - umHindu uthanda nokuyithinta!" Umuntu akanankinga *nokuyizwa* , uma kungekho omunye umuntu okhona esidlweni!

46-6 : Mnu. UWright futhi wathatha ukuhamba izithombe kwe IsiSri Yukteswar ngesikhathi yakhe okokugcina

Ubusika I-Solstice Umkhosi ku Serampore. 46-7: "Lokho esikudlayo kuyimisebe; ukudla kwethu kunamandla

amaningi," kusho uDkt. George W. Crile waseCleveland etshela i-a

ukuhlangana kwe ezokwelapha amadoda kuvuliwe Meyi 17, 1933 ku IMemphis. "Lokhu okubaluleke kakhulu imisebe, okuyinto ukukhishwa kagesi imisinga

ngoba isekethe kagesi yomzimba, isimiso sezinzwa, sinikezwa ukudla yimisebe yelanga. UDkt. Crile uthi ama-athomu ayizinhlelo zelanga. Ama-athomu kukhona i izimoto lokho kukhona kugcwalisiwe nge ilanga ukukhanya njengoba ngakho-ke eziningi okugoqiwe iziphethu. Lokhu ezingenakubalwa ama-athomu amandla athathwa njengokudla. Uma sezisemzimbeni womuntu, lezi zimoto eziqinile, ama-athomu, zikhishwa ku-protoplasm yomzimba, i ukukhanya ifenisha okusha amakhemikhali amandla, okusha kagesi imisinga. 'Okwakho umzimba kuyinto kwenziwe phezulu kwe okunjalo ama-athomu,' kusho uDkt. Crile. 'Yimisipha yakho, ubuchopho, kanye nezitho zakho zokuzwa, njengamehlo "' .nezindlebe

Ngolunye usuku ososayensi intando thola Kanjani indoda ithini bukhoma ngqo kuvuliwe ilanga amandla. "I-Chlorophyll kuyinto i kuphela into ethile kwaziwa ngokwemvelo lokho ngandlela thile uno i amandla ku- isenzo njengoba a 'ukukhanya kwelanga ugibe,'" UWilliam L. ULaurence uyabhala ku i *Okusha I-York I-Times* . "Ibamba amandla okukhanya kwelanga bese iwagcina esitshalweni. Ngaphandle kwalokhu akukho ukuphila obekungaba khona. Sithola amandla esiwadingayo ukuze siphile emandleni elanga agcinwe ekudleni kwezitshalo esikudlayo noma enyameni yezilwane ".ezidla izitshalo

I amandla thina thola kusukela amalahle noma uwoyela kuyinto ilanga amandla babanjwe ngu i i-chlorophyll ku isitshalo ".impilo izigidi kwe iminyaka edlule. Thina baphile ngelanga ngokusebenzisa i-chlorophyll

Amandla okudlidlizayo ingoma. I ngokoqobo ukuhumusha kwe IsiSanskrit *i-mantra* kuyinto "insimbi yomculo" :46-8 kwe wacabanga," okubonisa i okufanelekile, okungezwakali imisindo okuyinto melela eyodwa isici kwe ukudalwa; nini ngezwi elizwakalayo njengoba ama-syllable, a *i-mantra* yakha a Amagama asetshenziswa emhlabeni wonke. Amandla .angenamkhawulo omsindo avela ku-AUM, "iZwi" noma umsindo wokudala we-Cosmic Motor

ISAPHLUKO: 47

Mina Buyisela Ku- I INTshonalanga

"Nginikeze izifundo eziningi ze-yoga eNdiya naseMelika; kodwa kumelwe ngivume ukuthi, njengomHindu, ngijabule ngendlela engavamile ukufundisa abafundi besiNgisi."

Amalungu ekilasi lami laseLondon ahleka ngokwazisa; akukho zinxushunxushu zezombusazwe ezake zaphazamisa ukuthula kwethu kwe-yoga.

I-India manje yayisiyisikhumbuzo esingcwele. SekuyiSepthemba, 1936; ngiseNgilandi ukuyogcwalisa isithembiso, engangisinikwe ezinyangeni eziyishumi nesithupha ngaphambili, sokuyofundisa futhi eLondon.

INgilandi nayo iyawamukela umyalezo we-yoga ongaphelelwa yisikhathi. Izintatheli kanye nabathwebuli bezithombe bezindaba bagcwala endaweni yami yokuhlala eGrosvenor House. UMkhandlu Kazwelonke WaseBrithani Womhlaba

I-Fellowship of Faiths yahlala umhlangano ngomhlaka-29 kuMandulo eSontweni LaseWhitefield lapho ngakhuluma khona nezilaleli ngesihloko esibalulekile esithi “Indlela Ukhoho Ebudlelwaneni Olungasindisa Ngayo Impucuko.” Izinkulumo zehora lesishiyagalombili eCaxton Hall zaheha izixuku kangangokuthi ngobusuku obubili ukugcwala kwagcwala kwalinda ehholo laseWindsor House ukuze kukhulunywe nami okwesibili ngo-9:30. Amakilasi e-yoga phakathi namasonto alandelayo akhula kakhulu kangangokuthi uMnu. Wright waphoqekeka ukuhlela ukushintshela kwelinye ihholo.

Ukuqina kweNgilandi kunesimo esihle ebudlelwaneni obungokomoya. Abafundi be-yoga baseLondon bazihlela ngokwethembeka, ngemva kokuhamba kwami, esikhungweni se-Self-Realization Fellowship, bebamba imihlangano yabo yokuzindla masonto onke phakathi neminyaka yempi enzima.

Amasonto angenakulibaleka eNgilandi; izinsuku zokubona izinto ezikhangayo eLondon, bese kuba phezu kwezwe elihle. Mina noMnu. Wright sabiza iFord ethembekile ukuba ivakashele izindawo zokuzalwa namathuna ezimbongi ezinkulu namaqhawe omlando waseBrithani.

Iqembu lethu elincane lahamba ngomkhumbi lisuka eSouthampton liya eMelika ngasekupheleni kuka-Okthoba ngesikebhe *iBremen*. I-Statue of Liberty ebabazekayo echwebeni laseNew York ilethe injabulo ngokomzwelo hhayi nje kuphela emphinjeni kaNkosazana Bletch noMnu. Wright, kodwa nakwami.

I-Ford, eyayihlukunyezwe kancane ngenxa yokulwa nenhlabathi yasendulo, yayisanamandla; manje yathatha uhambo lwayo oluya eCalifornia. Ngasekupheleni kuka-1936, bheka! iNtaba iWashington.

Amaholide okuphela konyaka agujwa minyaka yonke esikhungweni saseLos Angeles ngokuzindla kweqembu kwamahora ayisishiyagalombili ngoDisemba 24 (uKhisimusi Ongokomoya), kulandelwe ngosuku olulandelayo yidili (uKhisimusi Ovamile). Imikhosi yalo nyaka yandiswa ukuba khona kwabangane abathandekayo nabafundi abavela emadolobheni akude ababefike ukuzokwamukela ekhaya abahambi bomhlaba abathathu.

Idili likaKhisimusi lalihlanganisa izibiliboco ezazilethwa ngamakhilomitha ayizinkulungwane eziyishumi nanhlanu kulo mcimbi ojabulisayo: amakhwe *e-gucchi* avela eKashmir, *i-rasagulla ekheniwe* kanye ne-mango pulp, amabhisikidi *e-papar*, kanye namafutha **i m b a l i y e** -keora yaseNdiya eyayinonga i-ayisikhilimu yethu. Ngobusuku sathola siqoqene eduze kwesihlahla sikaKhisimusi esikhulu esikhazimulayo, isithando somlilo esiseduze sigcwele izingodo ze-cypress enuka kamnandi.

Isikhathi Sesipho! Izipho ezivela emakhoneni akude omhlaba - iPalestina, iGibhithe, iNdiya, iNgilandi, iFrance, i-Italy. Yeka ukuthi uMnu. Wright wayebala kanzima

kangakanani iziqu endaweni ngayinye yokuhlangana kwamanye amazwe, ukuze kungabikho muntu ontshontsha ingcebo ehloselwe abathandekayo eMelika! Ama-plaque esihlahla somnqumo esingcwele esivela eZweni Elingcwele, imichilo ethambile kanye nemifekethiso evela eBelgium naseHolland, amakhaphethi asePheresiya, amashawl aluka kahle aseKashmiri, amathreyi e-sandalwood anephunga elimnandi ahlala njalo avela eMysore, amatshe e-Shiva "eye lenkunzi" avela eziFundazweni Eziphakathi, izinhlamvu zemali ezindala zaseNdiya zamakhosi abaleka isikhathi eside, amavazi nezinkomishi ezihlotshiswe ngamatshe ayigugu, ama-miniature, ama-tapestries, impepho yasethempelini kanye nama-perfume, imichilo yekotini ye -*swadeshi* , umsebenzi we-lacquer, izinto eziqoshiwe ze-Mysore ivory, ama-slippers asePheresiya anozwane lwawo olude olufuna ukwazi, imibhalo yesandla emidala ekhanyisiwe, ama-velvet, ama-brocade, ama-Gandhi cap, izitsha zobumba, amathayili, umsebenzi wethusi, amakhaphethi omthandazo - impango amazwekazi amathathu!

Okukodwa ngu eyodwa Mina kusakazwe i uGaily isongiwe amaphakheji kusukela i omkhulu kakhulu inqwaba ngaphansi i umuthi.

"Dadewethu Gyanamata!" Nganika ibhokisi elide owesifazane ongcwele waseMelika onesimo esihle nokuqonda okujulile owayephethe eMt. Washington ngesikhathi ngingekho. Waphakamisa i- *sari* yesilika yegolide yaseBenares ezicutshini zephepha.

"Ngiyabonga wena, mnumzane; yona iletha i umncintiswano kwe I-India ngaphambi yami amehlo.

"Mnu. Dickinson!" Iphasela elilandelayo laliqukethe isipho engangisithenge eCalcutta bazaar. "Mnu. Dickinson uzosithanda lesi," ngangicabanga ngaleso sikhathi. Njengomfundi othandekayo kakhulu, uMnu. Dickinson wayekhona kuyo yonke imikhosi kaKhisimusi kusukela ekusungulweni kweMt. Washington ngo-1925. Kulo mkhosi waminyaka yonke weshumi nanye, wayemi phambi kwami, ekhulula imichilo yephasela lakhe elincane eliyisikwele .

"Indebe yesiliva!" Ebhekene nemizwa, wabuka isipho, indebe yokuphuza ende. Wahhala kude, kubonakala sengathi udidekile. Ngamomothaka ngothando ngaphambi kokuba ngiqale kabusha indima yami njengoSanta Claus.

Ubusuku bokukhipha isisu baphetha ngomthandazo oya kuMniki wazo zonke izipho; kwabe sekuba yiqembu lihlabelela izingoma zikaKhisimusi.

Mnu. UDickinson futhi Mina babe ukuxoxa ndawonye ngesinye isikhathi kamuva.

"Mnumzane," esho, "ngicela ungibonge manje ngendebe yesiliva. Angikwazanga ukuthola amagama ngobusuku bukaKhisimusi."

"Mina ilethwe i isipho ikakhulukazi ngoba wena."

"Sekuyiminyaka engamashumi amane nantathu ngilinde leyo ndebe yesiliva! Yindaba ende, engiyifihlile ngaphakathi kimi." UMnu. Dickinson wangibheka ngamahloni. "Isiqalo sasimangalisa: ngangiminza. Umfowethu omdala wayengisunduzele echibini elingamamitha ayi-15 edolobheni elincane eNebraska. Ngangineminyaka emihlanu kuphela ubudala ngaleso sikhathi. Njengoba ngangizocwila okwesibili ngaphansi kwamanzi, kwavela ukukhanya okumibalabala okukhazimulayo, kwagcwalisa yonke indawo. Phakathi kwakukhona isithombe sendoda enamehlo athule kanye nokumamatheka okuqinisekayo. Umzimba wami wawucwila okwesithathu lapho omunye wabangane bomfowethu egoba umuthi omude omncane we-willow ngokucwilisa okuphansi kangangokuthi ngangikwazi ukuwubamba ngeminwe yami yokuphelelwa yithemba. Abafana bangiphakamisa baya ebhange futhi banginika ngempumelelo ukwelashwa kokuqala.

"Eminyakeni eyishumi nambili kamuva, ngisemusha oneminyaka eyishumi nesikhombisa, ngavakashela iChicago nomama. Kwakungo-1893; iPhalamende Lomhlaba Lezenkolo elikhulu lalikhona. Mina nomama sasihamba emgwaqweni

omkhulu, laphe ngiphinde ngabona ukukhanya okukhulu. Amagxathu ambalwa ukusuka laphe, ngihamba kancane, kwakukhona i-" indoda efanayo engangiyibonile eminyakeni eminingi ngaphambili embonweni. Yasondela ehholo elikhulu yanyamalala ngaphakathi komnyango.



Mnu. E. E. Dickinson kwe I-Los I-Angeles; yena okufunwayo a isiliva indebe



IsiSri Yukteswar futhi mina ku I-Calcutta, 1935. Yena kuyinto ukuthwala i isipho isambulela - umhlanga



Iqembu labafundi nothisha baseRanchi lime noMaharaja ohloniphekile waseKasimbazar (phakathi nendawo, ogqoke okumhlophe). Ngo-1918 wanikeza iKasimbazar Palace yakhe namahektare angamashumi amabili nanhlanu eRanchi njengendawo ehlala njalo yesikole sami se-yoga sabafana.

"Mama," Mina wakhala, 'lokho kwakuyi i indoda I-WHO kwavela ku- i isikhathi Mina kwakuyi ukuminza!'

"Mina naye saphuthuma sangena esakhiweni; indoda yayihleli epulatifomu yesifundo. Sasheshe sathola ukuthi yayinguSwami Vivekananda waseNdiya. 47-1 Ngemva kokuba esenikeze inkulumo ethinta inhliziyo, ngaya phambili ukuyomhlangabeza. Wangimoyizela ngomusa, sengathi singabangane bakudala. Ngangisemncane kakhulu kangangokuthi ngangingazi ukuthi ngingayiveza kanjani imizwa yami, kodwa enhliziyweni yami nganginethemba lokuthi uzonginikela ukuba ngumfundisi wami. Wafunda umcabango wami.

"Cha, ndodana yami, angisiye umfundisi wakho.' UVivekananda wabuka ngamehlo akhe amahle, ahlabayi ajule kwelami. 'Uthisha wakho uzofika kamuva. Uzokunika indebe yesiliva.' Ngemva kokuthula isikhashana, wanezela, emomotheka, 'Uzothululela kuwe izibusiso eziningi kunalokho ongakwazi ukukuthwala manje.'

"Ngasuka eChicago ezinsukwini ezimbalwa," kuqhubeka uMnu. Dickinson, "futhi angiphindanga ngambona uVivekananda omkhulu. Kodwa wonke amazwi ayewakhulumile ayebhalwe ngokungenakucimeka engqondweni yami. Kwadlula iminyaka; akukho thisha owavela. Ngobusuku obunye ngo-1925 ngathandaza ngokujulile ukuba iNkosi ingithumelele isazi sami. Ngemva kwamahora ambalwa, ngavuswa ebuthongweni yimisindo ethambile yomculo. Iqembu lezidalwa zasezulwini, eziphethe imitshingo nezinye izinsimbi, lafika phambi kwami. Ngemva kokugcwalisa umoya ngomculo okhazimulayo, izingelosi zanyamalala kancane kancane.

"Ngobusuku obulandelayo ngaba khona, okokuqala ngqa, kwenye yezinkulumo zakho lapha eLos Angeles, futhi ngaleso sikhathi ngazi ukuthi umthandazo wami uvunyiwe."

Thina ukumamatheka ku- ngayinye okunye ku ukuthula.

"Sekuyiminyaka eyishumi nanye manje ngingumfundi wakho *we-Kriya Yoga* ," kuqhubeka uMnu. Dickinson. "Ngezinye izikhathi ngangizibuza ngendebe yesiliva; ngangicishe ngizikholise ngokuthi amazwi kaVivekananda ayemane nje engokomfanekiso. Kodwa ngobusuku bukaKhisimusi, njengoba unginike ibhokisi lesikwele eduze komuthi, Mina isaha, ngoba i okwesithathu isikhathi ku yami impilo, i okufanayo okukhazimulayo ukukhanya kwe ukukhanya. Ku- omunye umzuzu Mina kwakuyi

ngibheke isipho sikathisha wami uVivekananda ayesibikezele eminyakeni engamashumi amane nantathu edlule— indebe yesiliva!"

.....
.I induna umfundi kwe i NjengoKristu inkosi IsiSri URamakrishna :47-1

ISAHLUKO: 48

Ku- Ama-Encinitas Ku- I-California

"Kuyamangaza, mnumzane! Ngesikhathi ungekho phesheya, sakhe lesi siqhingi sase-Encinitas; siyisipho 'sokwamukela ekhaya!'" UDade Gyanamata wangihola ngokumamatheka wangiyisa esangweni futhi wakhuphuka ngendlela enomthunzi wesihlahla .

Ngabona isakhiwo siphuma njengomkhumbi omkhulu omhlophe olwandle sibheke emanzini aluhlaza okwesibhakabhaka. Okokuqala ngingenamazwi, bese kuba no-"Oh's!" no-"Ah's!", ekugcineni nginolwazi oluncane lwenjabulo nokubonga, ngahlola amakamelo ayishumi nesithupha amakhulu ngendlela engavamile, ngalinye lihlotshiswe kahle.

Ihholo eliphakathi nendawo elihle, elinamafasitela amakhulu afinyelela ophahleni, libheke i-altare elihlangene lotshani, ulwandle, isibhakabhaka - i-symphony enemibala e-emerald, i-opal, ne-saphir. Ingubo phezu kwesithando somlilo esikhulu sehholo iphethe umfanekiso kaLahiri Mahasaya ozimele, imomotheka isibusiso sayo ngaleli zulu elikude lasePacific.

Ngaphansi kwehholo, elakhiwe ngaphakathi kwentaba-mlilo, kunemihume emibili yokuzindla eyedwa ebhekene nomkhawulo wesibhakabhaka nolwandle. Amaveranda, izindawo ezicashe ilanga, amahektare ensimu yezithelo, ihlathi le-eucalypti, izindlela zamatshe amakhulu eziholela ezimbalini zezimbali kanye neminduze eziya ema-arbor athule, izitebhisi ezinde eziphela ogwini olukude kanye namanzi amakhulu! Ingabe iphupho lake laba yinto engokoqobo kakhulu?

"Kwangathi imiphefumulo emihle neyiqhawe nenesisa yabangcwele ingafika lapha," kufundeka kanje "Umthandazo Wokuhlala," kusukela ku *-Zend-Avesta* , eboshelwe

komunye weminyango ye-hermitage, "futhi kwangathi bangahambisana nathi, benikeza izimfanelo zokuphulukisa zezipho zabo ezibusisiwe ezisabalele njengomhlaba, ezikude njengemifula, ezifinyelela phezulu njengelanga, ukuze kuthuthukiswe abantu abangcono, ukuze kwandiswe inala nenkazimulo.

"Kwangathi ukulalela kunganqoba ukungalaleli ngaphakathi kwale ndlu; kwangathi ukuthula kunganqoba lapha phezulu kokungezwani; ukuphana ngenhliziyo ekhululekile phezulu kobugovu, inkulamo yeqiniso phezulu kwenkohliso, inhlonipho phezulu kokwedelela. Ukuze izingqondo zethu zijabule, nemiphefumulo yethu iphakanyiswe, imizimba yethu mayidunyiswe; futhi O Nkulunkulu oKhanyayo, kwangathi singakubona, futhi kwangathi, sisondela, sizungeze Wena, futhi sifinyelele eNhlanguweni Yakho."

konke ubungane!"



I-Encinitas, eCalifornia, ebheke iPacific. Isakhiwo esikhulu kanye nengxenye yenkundla ye-Self-Realization Fellowship

Lo Mhlangano Wokuzibona Wenziwe waba nokwenzeka ngenxa yokuphana kwabafundi baseMelika abambalwa, osomabhizinisi baseMelika abanemithwalo yemfanelo engapheli abasathola isikhathi nsuku zonke se -*Kriya Yoga yabo* . Akukho nelilodwa izwi lokwakhiwa kwe-hermitage elavunyelwa ukungifinyelela ngesikhathi ngihlala eNdiya naseYurophu. Ukumangala, injabulo!

Eminyakeni yami yokuqala eMelika ngangihambe ogwini lwaseCalifornia ngifuna indawo encane ye-ashram yolwandle; noma nini lapho ngithola indawo efanelekile, kwakuphakama izithiyo ezithile ukuze zingivimbele. Manje ngibheke phezu kwamahektare amakhulu e-Encinitas, **48-1**. Ngokuthobeka ngabona ukugcwaliseka okulula kwesiprofetho sikaSri Yukteswar sakudala: "indawo yokuhlala eceleni kolwandle."

Ezinyangeni ezimbalwa kamuva, ngePhasika lika-1937, ngaqhuba ugwadule olubushelelezi e-Encinitas okokuqala ngqa. Izinkonzo eziningi zoKuphuma kwelanga. Njengababhula ngezinkanyezi basendulo, abafundi abangamakhulu amaningana babuka ngokumangala kokukhulekela isimangaliso sansuku zonke, isiko lomlilo welanga lokuqala esibhakabhakeni sasempumalanga. Ngasentshonalanga kwakulele iPacific engapheli, idumisa kakhulu; kude, isikebhe esincane esimhlophe, kanye nokundiza kolwandle olulodwa. "Kristu, uvukile!" Hhayi wedwa nelanga lasendulo, kodwa ekukhanyeni okuphakade koMoya !

Izinyanga eziningi ezijabulisayo zadlula ngokushesha; ngokuthula kobuhle obuphelele ngakwazi ukuqeda e-hermitage umsebenzi owawulindelwe isikhathi eside, *i-Cosmic Chants* . Ngaqala ukusebenzisa amagama esiNgisi kanye nomculo waseNtshonalanga mayelana nezingoma ezingamashumi amane, ezinye zokuqala, ezinye izindlela zami zokuguqula izingoma zasendulo. Kwakuhlanganisa ingoma

kaShankara, ethi "No Birth, No Death"; izingoma ezimbili ezithandwa kakhulu zikaSri Yukteswar: "Wake, Yet Wake, O my Saint!" kanye nethi "Desire, my Great Enemy"; iSanskrit enesizungu ethi "Hymn to Brahma"; izingoma ezindala zaseBengali, "What Lightning Flash!" kanye nethi "They Have Heard Thy Name"; ingoma kaTagore ethi "Who is in my Temple?"; kanye nezingoma zami eziningana: "I Will Be Your Always," "In the Land Beyond my Dreams," "Come Out of the Silent Sky," "Lalela Ubizo Lwami Lomphefumulo," "In the Temple of Silence," kanye nethi "Thou Art my Life."

Ngoba a isandulela ku- i incwadi yamaculo Mina kulandiswa yami kuqala okuvelele ulwazi nge i ukwamukela kwe

Abantu baseNtshonalanga baya emibukisweni yokukhulekela yaseMpumalanga ekhangayo. Lesi senzakalo sasiyinkulumo yomphakathi; isikhathi, umhla zii-18 kuMbasa 1926; indawo, iCarnegie Hall eNew York.

"Mnu. Hunsicker," ngangitshele umfundi waseMelika, "Ngihlela ukucela izilaleli ukuba zihlabelele ingoma yasendulo yamaHindu, 'O Nkulunkulu Omuhle!'"

"Mnumzane," kusho uMnu. Hunsicker ekhononda, "lezi zingoma zaseMpumalanga aziqondakali kahle eMelika. Yeka ihlazo uma inkulumo ingaphazanyiswa ukuphawula ngotamatisi ovuthiwe ngokweqile!"

Bengingavumelani nokuhleka. "Umculo uwulimi olusetshenziswa yibo bonke abantu. Abantu baseMelika ngeke bahluleke ukuzwa isifiso somphefumulo kule ngoma ephakeme." **48-2**

Ngesikhathi senkulumo uMnu. Hunsicker wayehleli ngemuva kwami epulatifomu, mhlawumbe esaba ukuphepha kwami. Ukungabaza kwakhe kwakungenasisekelo; akukhona nje kuphela ukuthi bekungekho imifino engamukelekile, kodwa futhi ihora elilodwa nemizuzu engamashumi amabili nanhlanu imisindo ethi "O God Beautiful!" yayizwakala ngaphandle kokuphazamiseka. kusukela ezintathu inkulungwane imiphimbo. Blase' cha isikhathi eside, sithandwa Okusha Abantu baseYork; yakho izinhliziyi zazigcwele injabulo nje! Ukuphulukiswa kwaphezulu kwakwenzekile ngalobo busuku. phakathi kwabazinikele behlabelela ngothando igama leNkosi elibusisiweyo.

Impilo eyimfihlo yomculi wezincwadi ayizange ibe yindima yami isikhathi eside. Ngokushesha ngase ngihlukanisa njalo emavikini amabili phakathi kweLos Angeles ne-Encinitas. Izinkonzo zangeSonto, amakilasi, izinkulumo phambi kwamakilabhu namakolishi, izingxoxo nabafundi, imifudlana engapheli yezincwadi, izihloko zaseMpumalanga -*Ntshonalanga*, isiqondiso semisebenzi eNdiya kanye nezikhungo eziningi ezincane emadolobheni aseMelika. Kwanikezwa isikhathi esiningi futhi ekuhleleni *iKriya* kanye nezinye izimfundiso ze-Self-Realization Fellowship ochungechungeni lwezifundo zabantu abafuna i-yoga abakude abantshiseko yabo yayingaqapheli mkhawulo wendawo.

Injabulo ukuzinikela kwe a Ukuzibona Isonto kwe Konke Izinkolo wathatha indawo ku 1938 ku- IWashington, I-DC, ephakathi kwezindawo ezihlotshiswe kahle, isonto elihle limi engxenyeni yedolobha ebizwa ngokufanele ngokuthi "Friendship Heights." Umholi waseWashington nguSwami Premananda, owafunda esikoleni saseRanchi naseCalcutta University. Ngambiza ngo-1928 ukuba athathe ubuholi besikhungo se-Washington Self-Realization Fellowship.

"Premananda," ngimtshela ngesikhathi evakashele ithempeli lakhe elisha, "le

ndlunkulu yaseMpumalanga iyisikhumbuzo esiqinile sokuzinikela kwakho okungakhathali. Lapha enhloko-dolobha yesizwe ubambe ukukhanya kwemibono kaLahiri Mahasaya."

UPremananda wangiphelezela esuka eWashington ukuyovakashela isikhungo se-Self-Realization Fellowship eBoston. Yeka injabulo yokubona futhi iqembu le -*Kriya Yoga* elalilokhu liqinile kusukela ngo-1920! Umholi waseBoston, uDkt. MW Lewis, wahlalisa mina kanye nomngane wami esuite yesimanje, ehlotshiswe ngobuciko.

"Mnumzane," kusho uDkt. Lewis kimi, emomotheka, "ngeminyaka yakho yokuqala eMelika wawuhlala kuleli dolobha ekamelweni elilodwa, ungagezi. Bengifuna wazi ukuthi iBoston inezindlu zokuhlala zikanokusho!"

Izithunzi zokubulawa kwabantu okusondelayo zazikhula emhlabeni wonke; indlebe ebukhali kakade yayingase izwe izigubhu zempi ezesabekayo. Ngesikhathi sokuxoxisana nezinkulungwane eCalifornia, nangezincwadi zomhlaba wonke, ngathola ukuthi amadoda nabesifazane babehlola ngokujulile izinhliziyi zabo; ukungazethembi kwangaphandle okudabukisayo kwakugcizelele isidingo se-Eternal Anchorage.

"Ngempela sifundile ukubaluleka kokuzindla," kusho umholi wesikhungo se-London Self-Realization Fellowship ngo-1941, "futhi siyazi ukuthi akukho lutho olungaphazamisa ukuthula kwethu kwangaphakathi. Emasontweni ambalwa edlule phakathi nemihlangano sizwile izixwayiso zokuhlasela kwezindiza futhi salalela ukuqhuma kwe- isenzo esilibazisekile amabhomu, kodwa yethu abafundi namanje ukuqoqa futhi ngokuphelele jabulela yethu isevisi enhle ."

Enye incwadi yangithola ivela eNgilandi eyayigcwele impi ngaphambi nje kokuba iMelika ingene empini. Ngamazwi adabukisayo, uDkt. L. Cranmer Byng, umhleli odumile we- *The Wisdom Of The East Series* , wabhala:

"Ngesikhathi ngifunda *i-East-West* ngaqaphela ukuthi sasiqhelelene kangakanani, kubonakala sengathi sihlala ezindaweni ezimbili." imihlaba ehlukeneyo. Ubuhle, ukuhleleka, ukuzola, nokuthula kuza kimi kuvela eLos Angeles, ngihamba ngesikebhe ngiya echwebeni njengoba umkhumbi ogcwele izibusiso nenduduzo ye-Holy Grail eya edolobheni elixakekile.

"Ngibona sengathi ngiphupha ihlathi lakho lesundu, nethempeli lase-Encinitas elinezindawo zalo zolwandle kanye nemibono yezintaba, futhi ngaphezu kwakho konke ubudlelwano balo bamadoda nabesifazane abangokomoya, umphakathi oqondakala ngobunye, ogxile emsebenzini wokudala, futhi ogcwaliswe ngokuzindla. Yizwe lombono wami, enganginethemba lokuthwala ingxenye yami encane kulo, futhi manje...

"Mhlawumbe emzimbeni angisoze ngafika ogwini lwakho lwegolide noma ngikhulekele ethempelini lakho. Kodwa kuyinto engaphezulu kwalokho, ukuba nombono nokwazi ukuthi phakathi nempi kusekhona ukuthula okuhlala emachwebeni akho naphakathi kwamagquma akho. Ngiyabingelela kubo bonke uBudlelwane obuvela esosheni elivamile, elibhalwe enqabeni yokulinda elinde ukusa."

Iminyaka yempi yaletha ukuvuka ngokomoya phakathi kwabantu ababengakaze bafunde iTestamente Elisha ngezinto ababezilibazisa ngazo ngaphambili. Isiphuzo esisodwa esimnandi esivela ezitshalweni ezibabayo zempi! Ukuze kwaneliswe isidingo esikhulayo, kwakhiwa futhi kwanikezelwa iSonto Lokuziqaphela Lazo Zonke Izinkolo. ku 1942 ku- IHollywood. I isayithi ubuso Umnqumo Igquma futhi i kude I-Los Angeles Planetarium. Isonto, eliqediwe ngombala oluhlaza okwesibhakabhaka, omhlophe, nogolide, libonakala phakathi kwe-water hyacinths echibini elikhulu.

Izingadi zigcwele izimbali, inyamazane embalwa yamatshe ethukile, ingilazi enemibala i-pergola, kanye nesifiso esihle sokuthola ubumnandi. Njengoba kuhlanganiswe namasenti kanye nezifiso zomuntu ezingavamile, kube yisifiso esikhulu sengcebo yoMoya kuphela! Ububele obujwayelekile buvela ezindaweni ezincane ezinezithombe zikaLahiri Mahasaya noSri Yukteswar, kanye nezikaKrishna, uBuddha, uConfucius, uSt. Francis, kanye nomfanekiso omuhle kanina wamaparele kaKristu eSidlweni Sokugcina.

Elinye iSonto Lokuziqaphela Lazo Zonke Izinkolo lasungulwa ngo-1943 eSan Diego. Liyithempeli elithule elisegqumeni, limi esigodini esithambekile se-eucalypti, libheke iSan Diego Bay ekhazimulayo.

Ngihlezi ngolunye usuku kusihlwa kule ndawo yokuphumula ethule, ngangithulula inhliziyi yami ngengoma. Ngaphansi kweminwe yami kwakukhona isitho sesonto esinomoya omnandi, ezindebeni zami kwakukhona isikhalo sokulangazelela seBengali yasendulo.

umkhulekeli I-WHO wayenayo useshe ngoba okuphakade induduzo:

Ku- lokhu umhlaba, Umama, akukho ithini uthando mina;
Kuleli zwe abazi uthando olungcwele. Luphi
uthando olumsulwa?
Kuphi lapho inhliziyo yami
ilangazelela ukuba khona?

Umngane wami esontweni, uDkt. Lloyd Kennell, umholi wesikhungo saseSan Diego, wayemomotheka kancane ngamazwi engoma.

"Ngitshele iqiniso, Paramhansaji, ingabe bekufanelekile?" Wangibheka ngobuqotho obuqotho. Ngawuqonda umbuzo wakhe ocacile: "Ingabe ubujabule eMelika? Kuthiwani ngokudumazeka, ubuhlungu benhliziyo, abaholi besikhungo ababengakwazi ukuhola, abafundi ababengakwazi ukufundiswa?"

"Ubusisiwe umuntu iNkosi emvivinyayo, Dokotela! Ukhumbule ngezikhathi ezithile ukuthi ungibeke umthwalo!" Ngase ngicabanga ngabo bonke abathembekile, ngothando nokuzinikela kanye ukuqonda lokho kwakusenhliziyweni yeMelika. Ngigcizelela kancane ngaqhubeka, "Kodwa impendulo yami ithi: Yebo, yebo kayinkulungwane! Kuye kwaba usizo; kube ugqozi oluhlala njalo, kunanini ngaphambili engangikuphupha, ukubona iNtshonalanga neMpumalanga kusondelana esibophweni esihlala njalo, esingokomoya!"

Ngokuthula nganezela umthandazo: "Sengathi uBabaji noSri Yukteswarji bangazizwa sengathi ngenze indima yami, ngingadumazi ithemba elikhulu abangithume kulo."

Mina waphenduka futhi ku- i isitho; lokhu isikhathi yami ingoma kwakuyi okukhazimulayo nge a ukulwa ubuqhawe:

Isondo eligayayo lesikhathi
lonakalisa impilo eningi yenyanga
nezinkanyezi kanye nosuku
olunenjabulo eningi - Kodwa
umphefumulo wami usaqhubeka!

Ubumnyama, ukufa, nokwehluleka
kwancintisana; Bazama ngamandla

ukuvimba indlela yami;
Ukulwa kwami nomona Imvelo inamandla -
Kodwa umphefumulo wami usaqhubeka!

Isonto likaNcibijane lika-1945 langithola ngisebenza esifundweni sami se-Encinitas, ngibuyekeza umbhalo wesandla wale ncwadi.

"Paramhansaji, ngicela uphume ngaphandle." UDkt. Lewis, ngesikhathi evakashele eBoston, wangimoyizela encenga engaphandle kwefasitela lami. Ngokushesha sase sihamba elangeni. Umngane wami wakhomba imibhoshongo emisha eyayisakhiwa eceleni kwendawo yeFellowship eseduze nomgwaqo omkhulu ogwini.

"Mnumzane, ngibona intuthuko eminingi lapha kusukela ekuvakasheni kwami kokugcina." UDkt. Lewis uza kabili ngonyaka evela eBoston eya e-Encinitas.

"Yebo, Dokotela, iphrojekthi engiyicabange isikhathi eside isiqala ukuthatha isimo esiqondile. Kulezi zimo ezinhle ngiqale ikoloni elincane lomhlaba. Ubuzalwane buyindlela eqondakala kangcono ngesibonelo kunemithetho! Iqembu elincane elivumelanayo lapha lingakhuthaza eminye imiphakathi efanelekile emhlabeni wonke."

"A kuhle kakhulu umqondo, mnumzane! I ikoloni intando ngokuqinisekile yiba a impumelelo uma wonke umuntu ngobuqotho ingabe yakhe ingxenyel!"

"Igama elithi 'umhlaba' liyigama elikhulu, kodwa umuntu kumele andise ukwethembeka kwakhe, azibheke njengomuntu oyisakhamuzi somhlaba," ngaqhubeka. "Umuntu ozizwa ngempela ethi: 'Umhlaba uyizwe lami; yiMelika yami, iNdiya yami, iPhilippines yami, iNgilandi yami, i-Afrika yami,' ngeke aswele ithuba lokuphila okuwusizo nokujabulisayo. Ukuziqhenya kwakhe ngokwemvelo kwendawo kuzokhula ngokungenamkhawulo; uzoxhumana nemisinga yomhlaba wonke yokudala."

Mina noDkt. Lewis sama ngaphezu kwechibi le-lotus eduze kwe-hermitage. Ngaphansi kwethu kwakunoLwandle iPacific olungacacile.

"La manzi afanayo aphuka ngokulinganayo ogwini lwaseNtshonalanga naseMpumalanga, eCalifornia naseShayina." Umngane wami waphonsa itshe elincane endaweni yokuqala yamamayela-skwele ayizigidi ezingamashumi ayisikhombisa olwandle. "I-Encinitas iyindawo efanekisela ikoloni lomhlaba."

"Kuyiqiniso lokho, Dokotela. Sizohlela lapha imihlangano eminingi kanye namaCongress of Religion, simeme izithunywa ezivela kuwo wonke amazwe. Amafulegi ezizwe azolenga emahholo ethu. Amathempeli amancane azokwakhiwa phezu kwenkundla, anikezelwe ezinkolweni eziyinhloko zomhlaba."

"Ngokushesha ngangokunokwenzeka," ngaqhubeka, "Ngihlela ukuvula i-Yoga Institute lapha. Indima ebusisiwe ye- *Kriya Yoga* eNtshonalanga ayisanda kuqala. Kwangathi bonke abantu bangazi ukuthi kukhona indlela eqondile, yesayensi yokuzibona yokunqoba lonke usizi lwabantu!"



Izikhulumi eMhlanganweni Wezizwe Ezihlukene ka-1945 eSan Francisco ngesikhathi kubanjwa iNgqungquthela Yokuthula. (Kusukela kwesobunxele kuya kwesokudla) UDkt. Maneck Anklesaria, uJohn Cohee, mina, uHugh E. MacBeth, uVince M.



ISonto Lokuziqaphela Lazo Zonke Izinkolo eWashington, DC, umholi walo, uSwami Premananda, ukhona lapha esithombeni nami.



Okwami ohloniphekile ubaba, uhlezi ku i ukuthula i-lotus ukuma, ICalcutta, 1936

Kwaze kwaba sebusuku kakhulu umngane wami othandekayo—i- *Kriya Yogi yokuqala* eMelika—waxoxa nami ngesidingo samakoloni omhlaba asekelwe ngokomoya. Izinkinga ezibangelwa ukuqagela kwabantu okubizwa ngokuthi “umphakathi” zingase zibekwe ngendlela engokoqobo emnyango we-Everyman. I-Utopia kumele ivele esifubeni sangasese ngaphambi kokuba iqhakaze ngobuntu. Umuntu ungumphefumulo, hhayi isikhungo; izinguquko zakhe zangaphakathi zodwa zinganika ukuhlala unomphela kwangaphandle. Ngokugcizelela izindinganiso ezingokomoya, ukuziqaphela, ikoloni elibonisa ubuzalwane bomhlaba linikwe amandla okuthumela ukudlidliza okuphefumulelayo kude kakhulu nendawo yalo.

Mhla ziyi-15 kuNcwaba, 1945, ukuphela kweMpi Yomhlaba Yesibili! Ukuphela komhlaba; ukusa kweNkathi Ye-Atomic Eyimfihlakalo! Izakhamuzi zase-hermitage zabuthana ehholo elikhulu ukuze zithandaze ngokubonga. "Baba osezulwini, kwangathi kungaphinde kube njalo! Izingane zakho ziyahamba njengabafowethu kusukela manje!"

Ukucindezeleka kweminyaka yempi kwase kuphelile; imimoya yethu yayicwebezela elangeni lokuthula. Ngabuka ngenjabulo wonke umuntu engikanye naye waseMelika.

"Nkosi," Mina umcabango ngokubonga, "Wena i-hast okunikeziwe lokhu indela a nkulu umndeni!"

A encane idolobha kuvuliwe Ugu Umgwaqo omkhulu 101, Ama-Encinitas kuyinto 100 amamayela eningizimu :48-1

kwe I-Los e-Angeles, futhi 25 amamayela enyakatho kwe IsiSan UDiego. 48-2: Ngihumusha lapha amazwi engoma

:kaGuru Nanak

O UNkulunkulu muhle! O
UNKulunkulu Muhle! Ehlathini,
,Uluhlaza

Entabeni, Uphakeme, i umfula,
Wena ubuciko Ungenakuphumula,
!Olwandle, Uyithuna

Ku- i isevisi, Wena ubuciko inkonzo,
,Kumthandi, Wena uluthando

,Ku- i olusizi, Wena ubuciko uzwela

!Ku- i i-yogi, Wena ubuciko injabulo

O UNkulunkulu muhle! O
UNKulunkulu Kuhle! Ngikhothama

!ezinyaweni zakho



:Isithasiselo:ngu



I-Cyberspace Ashram ye-Kriya Yoga, i-God Yoga,
Uthando Lwaphezulu kanye nokuqaphela
uNkulunkulu



Le "Autobiography of a Yogi" yadalwa kusukela
imibhalo yokuqala ka-1946 - uhlelo lokuqala.
Ilungelo lokushicilela lohlelo lokuqala luka-1946
liphelelwe yisikhathi e-USA futhi le ncwadi
ephefumulela kakhulu manje isisetshenziwa
umphakathi futhi itholakala mahhala kuwo wonke
.umhlaba



Inguqulo ye-eBook ngefomethi ye-PDF idaliwe
usebenzisa i-Acrobat 7.0 Professional futhi
wethulwa kuwe yi- Cyberspace Ashram -
Imfundiso ephelele yothando kufaka phakathi i
okuningiliziwe ukuqaliswa ku- i ngcwele isayensi
ye-Kriya Yoga iyatholakala mahhala ku-inthanethi
ku [-www. kriyayoga.com](http://www.kriyayoga.com). I-Cyberspace Ashram
yasungulwa ngo-1997 ngenhloso eyodwa
yokuletha emhlabeni wonke izimfundiso zokuqala
zothando okuhlanganisa nokuqaliswa okuphelele
nokuningiliziwe kwesayensi engcwele ye-Kriya
.Yoga



Kwangathi uthando nenjabulo kababa
kungakuphakamisa futhi kuhlange ingqondo
yakho, imicabango kanye nenhliziyo yakho
ukuze kube lula endleleni yakho yothando
ekhaya. Uthando kuyinto i ukhiye ku-
UNkulunkulu - Uthando kuyinto konke
uNkulunkulu akunikeza kona - ukuze uthole
uthando udinga ukunikeza uthando - akukho
lutho ngaphandle kothando



Ukubuka konke kwezinye zezingxenye
ezibalulekile ze- Cyberspace
Ashram

1. Ku- qala umkhuba we-Kriya Yoga kahle -
Qiniseka ukuthi ubelokhu ufunda amakhulu
amakhasi ashicilelwe ku- [Cyberspac e U-
Ashram](#) kufaka phakathi zonke izigaba:
2. [Kuvuliwe yakho amaphiko kwe uthando - kuvuliwe
yakho indlela ku- UNkulunkulu](#)

- 
3. [Okungokomoya Izinhlamvu ezincane](#)
 4. [Okungokomoya Izincwadi Zezindaba](#)
 5. [Imibuzo Evame Ukubuzwa](#)
 6. [Nge Uthando kusukela UNkulunkulu ku- wena](#)
 7. Nini ukufunda wonke amafayela am kanye nezingxenye ze-Cyberspace Ashram - uzothola ngesikhathi esifanele okwangempela ikhasi le-diksha nge konke kuyadingeka imininingwane ye i ubuchwepheshe kwe th eholy isayensi kwe I-Kriya Yoga. Lungela ukufunda konke, ukufunda konke uze uqonde konke futhi ekugcineni uzijwayeze izimfundiso zothando kuzo zonke izingxenye zokuphila kwakho kwansuku zonke ukuze uphumelele enkambisweni yakho ye-Kriya Yoga. I-Kriya Yoga iyindlela eya kuNkulunkulu - uthando luyisipho endleleni yakho yothando ekhaya.

Nothando kanye

ne-Bliss hans

[UNkulunkulu uluthando](#) | [Uthando](#) |
[Izimfundiso Zothando](#) | [UNkulunkulu](#)
[indodana yoThando](#) | [Izifundo Zothando](#) |
[Funda ukusho ukuthi " Mina](#)
[Ngiyakuthanda" | Funda ukwamukela](#)
[uthando" | Ukuhlolwa kothando kanye no -d](#)
[Impendulo yothando](#) | [Ingxoxo Engokomoya](#)
[- Izixazululo ze- f Uthando](#) | [Amakhadi](#)
["Othando okusho ukuthi "Ngiyakuthanda](#)

Ingcebo Yokuhlakanipha

**I-Paramhansa Yogananda
Izihloko Ezingokomoya**



Imibono yokuphila kwendoda ehlakaniphile

NguShri Daya Mata, owayengumongameli we-Self-

Knowledge Society

Okwaqopha izimfundiso zothisha uParamhansa

Yogananda futhi kwagcina izizukulwane ngezizukulwane

Ngesikhathi ngiqala ukubona uParamhansa Yogananda,

wayenikeza inkulumo phambi kwezilaleli eziningi

.ezazimangele eSalt Lake City ngo-1931

Ngimi ekhoneneni elingemuva lehholo eligcwele abantu,

ngangingazi lutho ngakho konke okungizungezile

.ngaphandle kwesikhulumi namazwi aso

Umphefumulo wami wonke wawucwiliswe

ekuhlakanipheni kwaphezulu nothando olwalugeleza

emphefumulweni wami, lugcwalisa inhliziyo yami nengqondo

yami Konke engangikucabanga kwakuwukuthi, "Lo muntu

uthanda uNkulunkulu njengoba nje bengilokhu ngifisa

ukumthanda. Uyazi uNkulunkulu, futhi yilokho

engizokulandela." Futhi yilokho engikwenzile kusukela

ngaleso sikhathi kuqhubeke

Njengoba ngangizwa amandla angokomoya

amangalisayo amazwi akhe empilweni yami phakathi naleyo

minyaka yokuqala nothisha wami ohloniphekile

uParamhansa, kwavela umuzwa onamandla wokuphuthuma

ngaphakathi kimi wokurekhoda nokulondoloza amazwi akhe

.ahlakaniphile emhlabeni wonke nakuzo zonke izizukulwane

Ngenhlanhla, phakathi neminyaka yami eminingi

yokuxhumana noMaster Paramahansa, ngaqopha izinkulumo

zakhe kanye nezeluleko zakhe—ingcebo enkulu neningi

yokuhlakanipha okumangalisayo nothando lwaphezulu

.oluyingqayizivele

Ukuphefumulelwa komfundisi wezingelosi kwakugeleza

kakhulu, kubonakala enkulumweni yakhe eqhubekayo;

wayevame ukukhuluma imizuzu eminingana ngesikhathi

ngaphandle kokuphumula, noma ngezinye izikhathi ihora

.eligcwele

Njengoba izilaleli zakhe zazihleli ngokumangala
nangokuthakasela, ipeni lami lanyakaza ngesivini
esimangalisayo! Njengoba ngangibhala amazwi akhe
ngisebenzisa isifinyezo, ngazizwa sengathi isibusiso
esiyinqayizivele sehlile, ngihumusha ngokushesha izwi
.lothisha libe izimpawu zesifinyezo emakhasini
Ukuyibhala ngendlela evamile—futhi isalokhu—
kuyisibopho esingcwele nesenzo esibusisiwe kuze kube
namuhla Ngisho nangemva kwalesi sikhathi sonke—ezinye
zezinto engizibonile zisukela eminyakeni engaphezu
kwamashumi amane—lapho ngiqala ukuyibhala, ngiyithola
isha ngokuyisimangaliso engqondweni yami, njengokungathi
ibhalwe izolo, kangangokuthi ngizwa—kuwo wonke umusho
—ithoni ehlukile yezwi leNkosi yezingelosi, ezinhliziyweni
.ezijulile zomphefumulo wami
Uthisha wayengavamile ukulungiselela izinkulumbo zakhe
nhlobo. Uma elungiselela nhlobo, kungenzeka ukuthi
kwakuhilela ukubhala phansi amaqiniso ambalwa
ngokushesha nangokufushane. Endleleni eya ethempelini,
wayebuza omunye wethu—emotweni—ethi
Ithini isihloko senkulumbo yami namuhla?" Wayegxila "
ingqondo yakhe esihlokweni bese enikeza inkulumbo
ngaphandle kwesikhashana, ethatha umthombo
.wangaphakathi wokuphefumulelwa kwaphezulu
Izihloko zezinkulumbo zomfundisi zazimenyezelwa
kusengaphambili emathempelini, kodwa ingqondo yakhe
ngezinye izikhathi yayisebenza ensimini ehluke
.ngokuphelele lapho eqala ukukhuluma
Kungakhathaliseki ukuthi isihloko sosuku sasithini,
uthisha wayekhuluma amaqiniso ayehlala engqondweni
yakhe ngaleso sikhathi, ethulula ulwazi oluyigugu
ngokuqhubekayo oluvela kokuhlangenwe nakho kwakhe
okungokomoya kanye nokuqonda okunembile, okuqinisekile
Cishe njalo, ekupheleni kwentshumayelo, abantu abaningana
babezovela ukuzozwakalisa ukubonga kwabo

ngokukhanyiselwa ayebanike kona ngendaba
eyayibahlupha, noma mhlawumbe nengcazelo yomqondo
.wefilosofi owawubathakazelisa kakhulu
Ngezinye izikhathi, ngesikhathi efundisa, ingqondo
kathisha yayiphakama kakhulu kangangokuthi wayekhohlwa
izilaleli okwesikhashana futhi axhumane ngqo noNkulunkulu.
Umphefumulo wakhe wonke wawugcwele injabulo futhi
.uchichima uthando lwaphezulu
Kulezo zimo zokuqonda okuphakeme, ukuqonda kwakhe
kwakuvumelana ngokuphelele nokuqonda kwaphezulu,
ngakho wabona iqiniso ngaphakathi kuye futhi wachaza
.lokho akubonayo nakubonayo
Abanye kungenzeka ukuthi besatshiswa ukuba khona
kukaParamhansa Yogananda okukhazimulayo, kodwa
imfudumalo yakhe, ukuthobeka kwakhe, nokuthobeka
kwakhe okuthule kwafaka ngokushesha ukuthula nokuthula
kubo bonke ababekhona. Wonke umuntu wazizwa sengathi
.amazwi enkosi ayebhekiswe kuye mathupha
Amahlaya nomoya wokukhululeka kwakuyizimpawu
ezithandekayo zobuntu bomfundisi. Ngomusho okhethwe
ngokucophelela, isenzo esinenjongo, noma isimo sobuso
esithandekayo, wayengavusa impendulo enobungane
nokuhleka okukhulu ngesikhathi esifanele sokucacisa iphuzu
elithile noma ukukhulula izilaleli ngemva kokugxila
kwengqondo isikhathi eside nangokujulile esihlokweni
.esithile noma udaba olujulile nolucashile
Umuntu akanakukwazi ukurekhoda encwadini izakhiwo
eziyingqayizivele Umlingiswa ophelele weParamhansa
Yogananda uyakhazimula, unamandla, futhi unothando.
Kodwa-ke, ithemba lami lokuthobeka ekunikezeni le nguqulo
emfushane ukunikeza umbono womuntu siqu ozothuthukisa
.injabulo nokwazisa komfundi ngezimfundiso zakhe
Njengoba sengibonile uthisha wami oyingelosi
evumelana ngokuphelele futhi evumelana nobukhona
obungcwele nobukhona bukaNkulunkulu, futhi njengoba

sengizwile amaqiniso amaningi kanye nokuthululwa okusuka
enhliziyweni komoya wakhe ocebile novundile; njengoba
sengiqophe izimfundiso zakhe ezinkulu zezizukulwane zonke;
futhi manje sengizibeka ezandleni zabafundi, angikwazi
ukuzibamba ngaphandle kokumemeza: O, injabulo yami
!enkulu

Ngicela uNkulunkulu uMninimandla onke ukuthi amazwi
ahloniphekile omfundisi avule iminyango yokholo oluqinile
kuNkulunkulu nothando lwaphezulu kuYe ezinhliziyweni
.zalabo abalufisayo

Umbono Wokuphindukuzalwa Kungafakazelwa ngokwesayensi

Uma umuntu ekholelwa kuNkulunkulu olungile endaweni
yonke, umqondo wokuphindukuzalwa uba lula ukuwamukela,
njengoba le mibono emibili incike komunye nomunye. Kodwa
kuthiwani ngabangabazayo nabangekholelwa kuNkulunkulu?

Ingabe iqiniso lokuphindukuzalwa lingaqinisekiswa
ngokwesayensi ukuze baneliseke? Futhi ingabe inkolelo-
mbono yokuphindukuzalwa ingasetshenziswa ekuhlaziyweni
okunzulu kwesayensi, hhayi nje ukunikeza ithemba kodwa
?futhi nokunikeza ubufakazi beqiniso layo

Ososayensi abakholelwa ezintweni ezibonakalayo bathi
abakatholi ubufakazi bangempela bokuba khona
kukaNkulunkulu, ngakho-ke abakwazi ukunikeza ubufakazi
bokuba khona komthetho Wakhe olungile onikeza amathuba
alinganayo kubo bonke abantu okuthuthuka nokuthuthuka
.ngokubuyela esimweni somuntu

Ukuhlupheka kwezingane ezingenacala, ukungabi
nabulungisa, kanye nokungalungi kokuphila konke
kubonakala kubososayensi abanjalo kuyizindaba
ezingacacile nezingenakuchazeka, okukhomba ukungabikho
.komdali olungile

Ngakolunye uhlangothi, iningi labakholelwa
kuNkulunkulu onobulungisa nolinganayo lisekela ukuqiniseka
kwabo kuphela enkolelweni, bengenabo ubufakazi
bokunikeza abangakhulwa. Bavame ukungabaza ukuhlola
ukholo lwabo noma ukulufaka embuzweni onengqondo
ngenxa yokwesaba ukulahlekelwa yilo noma ukubangela
uthuthuva emphakathini. Ngamanye amazwi, abazi
nganoma yimuphi umthetho wesayensi noma ongokomoya
.ongaqinisekisa inkolelo yabo

Kodwa kungani umthetho ongokomoya ungaphenywa
ngendlela efanayo nezindlela zokuhlola ezisetshenziswa
ososayensi ukuthola izenzakalo zemvelo? Lo mbuzo
wabuzwa emakhulwini eminyaka edlule yizazi ezingokomoya
eNdiya, ezavolontiya ukuwuphendula. Ukuhlolwa kwabo
kwaveza izindlela zesayensi ezingasetshenziswa yinoma
ubani ukwembula umthetho ongokomoya, ngaleyo ndlela,
ukuqonda ukuphindukuzalwa kanye nawo wonke amaqiniso
.aphelele emkhathini

Uma nje izindlela zobufakazi zikhona, akekho
onelungelo lokuthi ukubuyela enyameni kanye neminye
imithetho engokomoya akulungile ngaphandle kokuthi
.azame izindlela futhi abone amaqiniso ngamehlo akhe
Isazi semvelo esingabazayo sinelungelo lokuveza
umbono waso, kodwa uhlala ungumbono nje hhayi iqiniso
Kwisayensi yemvelo, izinqubo ezithile kumele zilandelwe
ukufakazela noma yimuphi umbono ocwaningwayo
Amagciwane awabonakali ngeso lenyama, ngakho-ke
kudingeka i-microscope ukuze uwabone Uma umuntu
enqaba ukubuka nge-microscope, akunakushiwo ukuthi
uhlale futhi waqinisekisa umbono wokuthi amagciwane

akhona. Ngenxa yalokho, umbono wakhe awunasisindo
ngoba akalandelanga imithetho enconyiwe yokufakazela
.ukuthi lo mbono uyasebenza

Kusebenza okufanayo nangokomoya Izindlela seziye

zaklanywa, kwamiswa imithetho, futhi kwavezwa
imiphumela kunoma ubani ozimisele ukuzama Ezweni
laseNtshonalanga, nokho, ukuntuleka kwendlela yesayensi
yokuhlola imithetho engokomoya kuye kwehlisa kakhulu
inani lenkolo njengamandla abalulekile empilweni yomuntu
Izimfundiso ezingokomoya ziyamukelwa noma zenqatshwa
ngokwenkolelo yomuntu ngamunye kunokuba zibhekwe
njengomphumela oqondile wokutadisha okujulile kanye
nokuhlola okungokomoya okuhlelekile

Izihlakaniphi zasendulo zaseNdiya zayiveza kanjani le
mithetho yendawo yonke engaguquki? Ngokwenza izivivinyo
ngokuphila komuntu kanye nokucabanga ezindaweni
zokucwaninga zezindawo zabo zokuhlala Ukuze siqonde
uhlobo lwezinto zemvelo, kumelwe sizame ngezinto zemvelo
Ngokufanayo, ukuze sithole iqiniso ngokuphindukuzalwa,
noma ukufuduka komphefumulo ofanayo ngemizimba
eminingi, kubalulekile ukwenza izivivinyo ngokuqonda
komuntu

Lezi zazi zasendulo zathola ukuthi ubuntu bomuntu
abuguquki kukho konke ukuphila komuntu, naphezu
kokuhlangenwe nakho okuhlukahlukene kanye
nokushintshashintsha kwemicabango ngesikhathi sokuvuka,
ukuphupha, kanye nokulala okungaphuphi. Zathola ukuthi
imibono yezinzwa, indawo ezungezile, imicabango, kanye
nezimo zomzimba konke kuyashintsha, kodwa umuzwa
wokuzibona, noma ubugovu, uhlala ungaguquki nhlobo
.kusukela ekuzalweni kuya ekufeni

Ososayensi baseNdiya abahlola izinto baqinisekisele
ukuthi ngokugxila ngokucophelela kumuntu ngokwakhe
ngokumqapha okuqhubekayo, okuqaphelayo, nokuzimela,
ngaphandle kwezimo ezishintshashintshayo zokuphaphama,

amaphupho, kanye nokulala okungenamaphupho, umuntu
.angaqaphela isimo sakhe esihlala njalo nesingunaphakade

Umuntu uvame ukuqaphela esinye salezi zimo.

Uyaziqaphela uma ephapheme, futhi ngezinye izikhathi
angase aqaphele nesimo sakhe sokuphupha. Akuvamile

.ukuzizwa sengathi uyaphupha uma ephupha

Ngezindlela ezithile kanye nemikhuba, umuntu
angagcina ukuqonda okuqondile ngesimo ngasinye esishiwo
ngenhla. Angase akwazi ngisho nokufinyelela isimo sesine—

isimo esibusisiwe sokuqonda okuphakeme

Ngesikhathi sokulala, ukuphumula okungafuneki

kwenzeka njengoba umsebenzi emithanjeni nasezinzwa
unyamalala. Ngokuzijwayeza, umuntu angabangela lokhu
kuphumula ngenkathi ephapheme futhi ngomzamo oqondile.

Ebuthongweni obujulile noma ekufeni, ukuphumula
okuphelele kwenzeka njengoba amandla okuphila ephuma
enhliziyweni nasemgogodleni. Ngokuzindla okujulile, lokhu

kuphumula okuphelele kungabangelwa ngamabomu
ngenkathi ephapheme. Ngamanye amazwi, yonke imisebenzi
yomzimba engafuneki ingalawulwa ngamabomu

.nangokuzivivinya okuthile

Izazi zasendulo zaseNdiya zaphetha ngokuthi ukufa

kuwukukhipha amandla okuphila esibanini somzimba
womuntu, okuhlanganisa nezinzwa zawo, izinzwa, kanye
neziteshi eziningi zamandla abalulekile Njengoba nje ugesi
ungafi lapho ukhishwa esibanini sokukhanya esiphukile,
kanjalo namandla okuphila awabhubhi lapho ekhishwa
ezinzwa ezingezona ezemvelo Akunakwenzeka ukuthi
amandla abhujiswe. Aphuma emzimbeni ekufeni futhi
.abuyele emandleni emvelo

Ngesikhathi sokulala, ingqondo yezinzwa iyayeka

ukusebenza njengoba ugesi osezinzwa ukhishwa
okwesikhashana. Ekufeni, ingqondo yomuntu iyayeka
ngokuphelele ukuziveza ngomzimba, ofana nengalo
ekhubazekile; umnikazi wayo uyazi ukuthi ikhona kodwa

ayikwazi ukuyilawula noma ukwenza okuthile ngayo. Amarekhodi ezokwelapha achaza icala lomfundisi owangena e-coma wezwa labo abamzungezile bekhala ngokufa kwakhe okusobala, kodwa wayengakwazi ukuveza imizwa yakhe ngemisebenzi yakhe yomzimba. Izindlela zakhe zomzimba zaphela ngokuzumayo futhi zengaba ukuphendula emiyalweni yakhe yengqondo. Ngemva kokuchitha amahora angamashumi amabili nane kulesi simo, futhi njengoba nje esezoyiswa emngcwabeni, wenza umzamo omkhulu futhi wakwazi ukunyakaza. Lesi sigameko sibonisa ukuphikelela komuzwa wokuzicabangela ngisho nalapho umzimba .ubonakala ungaphili

Abahlakaniphile bathi umuntu kufanele ahlukhanise umsebenzi nokuqonda emzimbeni ngamabomu, aqaphele isimo sokulala ngamabomu, futhi azijwayeze ukuhoxisa ngokuzithandela umsebenzi okuqondayo enhliziyweni nasezikhungweni zomgogodla. Ngokwenza kanjalo, umuntu ufunda ukwamukela ngamabomu lokho ukufa okuzombangela kona ngokungazi nangaphandle kwentando .yakhe

Amandla abalulekile angena emzimbeni nge-medulla oblongata bese egcinwa endaweni yokugcina ubuchopho. Bese ehlela kwezinye izikhungo ezinhlanu zokuphila kanye nokuqwashisa ekholomu yomgogodla, lapho esatshalaliswa .khona ezithweni zokuzwa kanye nawo wonke umzimba Ekufeni, amandla abalulekile akhishwa ngokuphelele nangokuqinisekile aye emgogodleni bese ephuma emzimbeni nge-medulla oblongata. I-yogi enekhono, ngentando nangokuqwashisa, ingakhipha la mandla abalulekile emzimbeni futhi izwele emgogodleni bese iwathumela ezindaweni eziphakeme kakhulu zokuqonda okungcwele, lapho ithola khona injabulo yokuba "ifile"— okungukuthi, ikhululiwe ekukhohlisweni kwezinzwa okubangelwa ukunamathela ekuqondeni okulinganiselwe .ngokomzimba

Kukhona icala elibhalwe phansi emibhalweni yodokotela
baseFrance nabanye baseYurophu eliphathelene nendoda
egama linguSadhu Haridas, enkantolo yoMbusi waseNdiya
uRajneet Singh Leli cala libonisa ukuthi uSadhu Haridas
wakwazi ukuhlukanisa umsebenzi wakhe obalulekile kanye
nokuqonda emzimbeni wakhe, wabe esezixhumanisa
kabusha ngemva kwezinyanga eziningana. Isidumbu sakhe
sangcwatshwa ngaphansi komhlaba, futhi indawo
yayingaphansi kokubhekwa okuqinile, ubusuku nemini
izinyanga eziningana. Ekupheleni kwalesi sikhathi, isidumbu
sakhe sakhishwa futhi sahlolwa odokotela baseYurophu
abamemezela ukuthi ufile. Kodwa-ke, ngemva kwemizuzu
embalwa lesi simemezelo, wavula amehlo akhe futhi
waphinde walawula yonke imisebenzi yakhe yomzimba,
waphila iminyaka eminingi kamuva. Wayefunde
ngokuzijwayeza ukuthi angayilawula kanjani yonke
imisebenzi yomzimba nengqondo yakhe. Wayengumfundi
ongokomoya owayenze izivivinyo ezingokomoya ezinconywe
yizazi ukuze aqonde uhlobo lwangempela lomthetho
wendawo yonke. Ngenxa yalokho, wakwazi ukufakazela
ukuqhubeka kokuphila komuntu ngemva kokufa kanye
.nokungonakali kwengqiqithi yomphefumulo ongafi
Labo abafisa ukuzibonakalisa iqiniso lesayensi
lokuphindukuzalwa kumele baqale babonise ukuqhubeka
kokuqonda ngemva kokufa ngokuhlukanisa umzimba
nomphefumulo ngamabomu Lokhu kungenziwa
ngokulandela imithetho eyamiswa izazi ezingokomoya
zaseNdiya emakhulwini eminyaka edlule Lapho umuntu
efunda ukuphaphama ngesikhathi sokulala, ukuvusa
amaphupho ngokuthanda kwakhe, nokuhlukanisa
ngamabomu izinzwa ezinhlanu—hhayi ngokunganaki
njengoba kwenzeka ngesikhathi sokulala—futhi lapho efunda
ukulawula ukusebenza kwenhliziyo, khona-ke uzokwazi
ukuzwa ukufa okuqaphelayo noma isimo sokungazi
komzimba (hhayi isimo sokungazi)

Izazi zethu zithi umuntu uyaziqaphela ngokwakhe kuzo
zonke izigaba zobuntwana, ubusha, kanye nokuguga.

Umphefumulo ophilayo uhlala uqaphela zonke izimo
ezilandelanayo umuntu abhekana nazo, okuhlanganisa
nokwamukela omunye umzimba ngemva kokufa nokuhamba
phakathi kwezwe elingokwenyama nelingokoqobo. Leli qiniso
aliphikiswa yilabo abanolwazi oluhle ngesayensi
.engokomoya

Ngokusebenzisa izindlela eziholela ezimweni ezine
okukhulunywe ngazo ngenhla, singazilandelela thina
ezimweni zaso zokuphila. Singazilandelela ngamabomu
ngesikhathi sokufa, ukuzulazula kwaso esikhaleni sendawo
yonke, kanye nokubuyela kwaso ekuphileni emzimbeni
.omusha

Labo abangafundiswanga lezi zinto abakwazi ukugcina
ingqondo ngesikhathi sokulala okukhulu: ukufa Ngakho-ke,
abakwazi ukukhumbula noma yisiphi isimo abake babhekana
naso ngaphambili, ngisho nezikhathi "zokulala okujulile"
ngesikhathi sokuphila okukodwa

Ngokwamukela izindlela zezazi zasendulo zaseNdiya
ezahlola futhi zafakazela leyo mithetho, futhi zapha umhlaba
ulwazi oluyigugu noluqinisekisiwe, umuntu angafunda iqiniso
lesayensi mayelana nokuphindukuzalwa kanye nawo wonke
.amanye amaqiniso aphakade

Ukumamatheka komphefumulo

Ukumamatheka kwangempela kuwukumamatheka
kwenjabulo engokomoya, okuvela ekucabangeni,
ekucabangeni ngoNkulunkulu, nasekuzweni ubukhona Bakhe
Ukumamatheka kwami kuvela enjabulweni ejulile
ngaphakathi kimi—injabulo efinyeleleka kubo bonke Kufana
nephunga eliphuma enhliziyweni yembali eqhakazayo Le

njabulo enkulu imema abanye ukuba bazicwilise emanzini
angcwele enjabulo

Kunezimo ezine umuntu ovamile azijwayele: injabulo
lapho egcwalisa isifiso, ukungajabuli lapho enqatshelwa,
isithukuthezi lapho engajabuli noma engacindezelekile,
kanye nokuthula lapho enqoba le mizwa noma izimo
.zengqondo zenjabulo, ubuhlungu, kanye nesithukuthezi

Ukuthula kuyisimo esifiseleka kakhulu esibangelwa
ukungabikho kokudabuka nenjabulo, kanye nokuntuleka
kwesithukuthezi. Lezi zimo zihlala zigcwala ebusweni
bomphefumulo. Ngemva kokugibela amagagasi ashubile
obuhlungu nenjabulo, okuhlanganisa nokucwila
okuphindaphindiwe ekujuleni kokukhathala, kukhona
injabulo ekuntanteni olwandle oluzolile lokuthula. Kodwa
okukhulu kunokuthula injabulo engokomoya—injabulo
yomphefumulo—injabulo yokugcina. Kuyinjabulo engapheli
engapheli kodwa ehlala nomphefumulo kuze kube phakade.
Le njabulo ephakeme ingatholakala kuphela ngokuqaphela
.ubukhona bukaNkulunkulu

Uma ubeka isitsha samanzi ngaphansi kokukhanya
kwenyanga bese usivuselela, uzodala isithombe
esiphambene senyanga. Lapho amanzi ehlala esitsheni,
ukubonakaliswa kuyacaca. Izikhathi lapho amanzi esitsheni
ethule futhi ebonakalisa ubuso benyanga ngokucacile
zingafaniswa nesimo sokuthula kokuzindla kanye nesimo
sokuthula okujulile. Ekuthuleni kokuzindla, wonke amagagasi
emizwa nemicabango ayayeka ukugeleza engqondweni.
Futhi kulesi simo sokuthula esijulile, umuntu ocabangayo,
kulokho kuthula, ubona inyanga egcwele yobukhona
.bukaNkulunkulu ibonakaliswa echibini lomphefumulo

Ukuthula kuyisimo sokungenzi lutho, ukungabi khona
kwamagagasi enjabulo, ubuhlungu, kanye nokunganaki
Ngakho-ke, umuntu ozindlayo udonswa, ngemva kwesikhathi

esifushane, ukuze aphinde azwe amagagasi emizwa. Kodwa
lapho ukuthula kokuzindla kuba kujula, kulapho kuguquka
khona kube ukuthula okungokomoya, futhi ngenxa yalokho,
kuba yinjabulo enhle, ukuze umuntu ozindlayo athole
.injabulo evuselelwa njalo futhi enelisekile ngokuphelele

Uma ulele, ucabanga imicabango nemizwa ethulile
kodwa uthule. Kodwa uma uthula imicabango nemizwa
ngokuzindla, into yokuqala oyitholayo isimo sokuthula, futhi
imisipha yobuso bakho yakha ukumamatheka ngokwemvelo
okubonisa ukuthula kwangaphakathi. Kodwa kumelwe
ubheke ngale kwalesi simo sokuthula ukuze ubone
ubumsulwa bomphefumulo wakho—ubumsulwa
obungangcoliswanga yizisusa zemizwa noma ukusabela
okuzenzakalelayo emicabangweni ehlotshaniswa nezinzwa.
Isimo ositholayo ngaleso sikhathi singesenjabulo ehlala njalo,
.evuselelwa njalo

Abaprofethi nabangcwele banale njabulo ezinhliziyweni
zabo njalo Bezizwa bephephile futhi benokuthula
okubusisiwe, abashukunyiswa futhi abanqotshwa yiziphepho
zentukuthelo, futhi ukukhathazeka nokwesaba akubathinti
Besebenzisa i-scalpel yokucabanga noma ukuqonda,
bangahlaziya imicabango yabo noma imicabango yabanye
etafuleni lokusebenza kwengqondo ngenkathi begcina
ukuthula kwabo nokuthula Kulesi simo senjabulo, lonke usizi
luyanyamalala, futhi ukuqonda okungokomoya kuvela
ngaphakathi komuntu ofuna injabulo, okuqinisa ukuxhumana
kwabo noNkulunkulu

Ukumamatheka okuningi kuvela emizweni emihle evela
ezenzweni zomusa, noma emizweni yobungane, uthando,
ubumnene, noma uzwela Kodwa indlela enhle kakhulu
yokumamatheka yilapho inhliziyo yomuntu igcwele uthando
lukaNkulunkulu. Khona-ke umuntu uzokwazi ukuthanda
wonke umuntu futhi uzokwazi ukumamatheka njalo. Zonke

ezinye izinhlobo zokumamatheka ziyadlula ngoba imizwa,
noma ngabe inhle kangakanani, iyanyamalala, bese iphela.
Okuwukuphela kwento ehlala njalo injabulo kaNkulunkulu.

Uma unaleyo njabulo, ungamomotheka ngaso sonke
isikhathi; ngaphandle kwalokho, ngeke ukwazi ukuzwela
.uthando ngomuntu ophendula emseni wakho ngokudelela

Ngiyazi indoda eyabonisa usizi olukhulu lapho umkakhe
eshona. Ngahlola imizwa yakhe yokuzenzisa, ngayitshela
ukuthi, "Uzoshada kabusha phakathi nenyanga."
Yathukuthela futhi yenqaba ukungibona futhi, kodwa
yashada futhi phakathi nenyanga ngemva kokushona
komkakhe. Wayecabanga ukuthi uthando lwakhe
ngomkakhe wokuqala lwalulukhulu kakhulu, kodwa
!wamkhohlwa ngokushesha

Angisoze ngasikhohlwa isifundo esikhulu engasithola
kuthisha wami, uSri Yuktswarji, lapho engixoxela le ndaba
:encane

Ngesikhathi ngisengumfana omncane, ngagxila"
kakhulu emcabangweni wokuba nenja encane, ebukeya kabi
eyayingeyomakhelwane, futhi ngadala isiphithiphithi endlini
amasonto amaningi ukuze ngithole leyo nja ngenqaba
ngenkani zonke iziphakamiso zezilwane ezifuywayo ezinhle
".kakhulu ngangifuna leyo nja kuphela hhayi enye

Ukunamathela okufanayo kubamba abantu kulokho
okubizwa ngokuthi ukuthanda kakhulu Abathandi
badonseleka kakhulu ebusweni obuthile kangangokuthi
abakwazi ukuthola induduzo kwenye indawo Kodwa ubuhle
okufanele sibufune kwabanye ubuhle bezenzo ezinhle,
ubuntu obuhle, kanye nokuthambekela okungokomoya,
hhayi ubuhle obungokwenyama

Uma umphefumulo wakho ugcwele injabulo, uba muhle
angithandi lutho ngaphandle kokumamatheka kwangempela,

okungenacala ngoba ngaphandle kwakho, abantu abahlukile
kuma-puppet Namuhla bathi bazokuthanda kuze kube
phakade, futhi kusasa bangcwatshwe Ngakho-ke luphi
uthando lwabo olukhulu? Futhi luphi lolo qiniseko oluphelele,
"Ungukuphila kwami, futhi ngizokuthanda kuze kube
"?phakade

Kodwa uma uvumela uNkulunkulu athi kuwe, ngisho
noma kanye nje, "Ngiyakuthanda," lolo thando luyohlala
phakade Kungani uchitha isikhathi ufuna imvuthuluka
yothando lomuntu, imali encane, noma lokhu noma lokho,
uma ungathola konke kuNkulunkulu: lonke uthando
emhlabeni, wonke amandla akhona? Akufanele sifune
uNkulunkulu ngenxa yokuhaha amandla, kodwa ngenxa
yesifiso sothando Khona-ke sizothola ingcebo enkulu kakhulu
Futhi uma sithanda uNkulunkulu ngothando olujulile
nolusuka enhliziyweni, uzosiphendula, futhi sizozwa uthando
Lwakhe lushaya ezinhliziyweni zethu

Umfuni kufanele azindle njalo, ngoba impilo imnandi
ngokuzindla ngoNkulunkulu Ukuzindla kukhulu kakhulu
kunokuchitha amahora amaningi efuna imali, uthando
lomuntu, noma yini engase ifike engqondweni. Lapho
umuntu ezindla kakhulu, futhi ingqondo yakhe ihlala iqinile
esimweni esingokomoya ngenkathi esebenza, yilapho
umuntu eba nekhono lokumamatheka. Ngikulowo mbuso
manje naso sonke isikhathi—ekugondeni okubusisiwe
ngoNkulunkulu. Akukho okungithintayo. Kungakhathaliseki
ukuthi ngedwa noma nginabanye, injabulo kaNkulunkulu
ihlala ishaya ngaphakathi kimi. Ngikwazile ukugcina
ukumamatheka kwami. Kodwa ukuwina lokho kumamatheka
kwakuwumsebenzi onzima! Lokho kumamatheka okufanayo
nakho kungaphakathi kuwe—injabulo efanayo nenjabulo
yomphefumulo kuhlala ngaphakathi kuwe. Awudingi
ukukuthola, kodwa ukuze ukubuyisele. Ulahlekelwe

okwesikhashana ngokuzanelisa ngemizwa, futhi ungazithola
.futhi

Noma ubani okholelwa ukuthi izinto ezibonakalayo,
ezingajatshulelwa ngokubona, ukuzwa, ukunambitha,
ukuhogela, kanye nokuthinta, ziletha injabulo emsulwa
uphambukile kakhulu. Izinzwa azinikezi injabulo; kunalokho,
zijasiphuca yona. Uma ubeka imibandela enjabulweni
yakho, njengokuthi, "Angikwazi ukujabula ngaphandle
kokuba ngibone lobo buso," awusoze wajabulela injabulo
emsulwa, engangcoliswanga, ngoba injabulo yezinzwa
iyadlula. Izinsuku neminyaka zithinta ubuhle bomzimba.
Konke okusemhlabeni wezinto ezibonakalayo kungaphansi
komthetho wokushintsha. Ngakho-ke, noma ngabe umuntu
angabona bonke ubuso obuhle emhlabeni, ezwe yonke
imisindo, futhi athinte konke akufisayo, ngeke athole
injabulo yangempela. Kodwa-ke, bangase bazikhohlise
ngokuthi bayajabula. Ngezinye izikhathi, ngemva kokwenza
umzamo omkhulu wokuthola okuthile, bathola ukuthi ayikho
injabulo entweni ngokwayo. Noma kunjalo, bathola
ukwaneliseka okuthile emzamweni abawenzile, ngakho-ke
bacabanga ukuthi bayajabula. Kodwa lolu hlobo
lokwaneliseka lungolwesikhashana futhi
.lungolwesikhashana

Ngakho-ke akusizi ngalutho ukufuna injabulo ngemizwa.

Injabulo engokomoya kumelwe itholakale futhi ivezwe
ngamazwi kanye nesimo sobuso. Uma umuntu enza lokhu,
ngisho nokumamatheka okuncane kuzomboza wonke
umuntu oseduze kwakhe ngamandla ayo adonsela phansi
.abusisiwe, futhi abanye bazozizwa bejabule

Kodwa uNkulunkulu kuphela ongaguqula izinhliziyi
Akufanele sizinike amandla okwenza okuhle Ukuphela
komuntu owenza okuhle okhona nguNkulunkulu Leli zwe
lingelakhe Uma uzizwa ubukhona Bakhe futhi uqaphela

ukuthi ulawula konke, futhi uma ubeka konke Kuye—izenzo ezinhle ngisho nezimbi—uzomangala ukuthola ukuthi zonke izenzo zakho zizoguqulwa zibe izenzo ezinhle

Uma ukwazi uNkulunkulu kukuwe, ngeke ukwazi ukwenza noma yini engamjabulisi. Kumelwe sinikele izimpilo zethu kuYe futhi siqaphele ukuthi nguNkulunkulu ophefumulela imicabango emihle futhi asishukumisele ukwenza imisebenzi emihle. Kumelwe sisuse "ubugovu," okuyisithiyo esikhulu kulolu lwazi olukhululayo. Umuntu ubengeke akwazi ukuphakamisa isandla sakhe uma uNkulunkulu ecima inhlansi encane yokuphila ku-medulla oblongata yakhe! [Iphuzu eliyinhloko lapho amandla okuphila engena khona emzimbeni]

Ngangihleli ngaphandle kanye, futhi kwakubanda kakhulu ngaphendula ingqondo yami ngaphakathi, futhi ngokuphazima kweso, ngangingasakwazi ukuzwa ubanda nhlobo ngangigcwele injabulo enkulu, futhi ngezikhathi ezithile, ngangibona umzimba wami nakho konke okungizungezile kuncibilika kube ukukhanya okukodwa ngangingabona izimo ezingizungezile uma ngigxila kuzo, futhi umhlaba ubunganyamalala uma ngigxila ekukhanyeni Akukho okungabonakala ngaphandle kokuqaphela Uma ulawula ngokuphelele ingqondo yakho futhi ubheka ngaphakathi, kuwe, uzobona lokho kukhanya okukhulu kwaphezulu, ngisho noma amehlo akho evulekile

Uma ubheka ngaphandle ngamehlo akho, ukuqonda kwakho kuqonda umhlaba wangaphandle Konke okukhona kuyisithombe esinyakazayo efilimini kaNkulunkulu yendawo yonke. Ngalolo suku, ngakwazi ukubona imizwa nemicabango eyayingamaphupho engqondweni yami evela kuNkulunkulu. Ngakwazi futhi ukuzwa injabulo emsulwa ngaphandle kwemizwa nhlobo lapho ngiphendula ukuqonda kwami ngaphakathi. Ngisho noma ngangihleli kulowo

mkhuhlane obabayo, ngigqoke izingubo ezilula kuphela,
ngangizwa umkhuhlane futhi izinto ziyanyamalala, futhi
injabulo kuphela eyabamba. Kamuva, ngathola imizwa ethile
.ngenkathi ngibona leyo njabulo enkulu

Kumelwe siziqeqeshe ukuze sizizwe singuNkulunkulu

Akufanele saneliseke ngokusho umthandazo omfushane
noma ngokubona ukukhanya okulula Noma ubani ongakwazi
ukulawula izifiso zakhe zobulili ngokufanele, alawule izinzwa
zakhe ngezinga elithile, futhi afune uNkulunkulu ngamandla
akhe onke ngokungangabazeki uzobhekana nokuhlangana
kwaphezulu uma enesifiso salokho Ngisho noma umuntu
engummeli omkhulu wokuziphatha okuhle futhi enezifiso
nezimo ezingokomoya, lokhu akwanele ngaphandle
kokuqonda kwangempela kwaphezulu

Umuntu akufanele azikhohlise Uma elangazelela ulwazi
olungokomoya, kufanele azindle kahle bese ethi
kuNkulunkulu: “Nkosi, ngiyabazi ubuthakathaka bami, kodwa
ngeke bube yisithiyo phakathi kwami nawe. Ngifisa nje
ukuhlala nawe ngoba nguwe owangidala futhi umsebenzi
”.wami wokuqala ukuwe

Ohlakaniphile weluleka umfuni ukuthi angazibheki
njengesoni, noma azibize ngokuthi ulungile abe ngumuntu
ozidlayo, kodwa kunalokho aqaphele ukuthi uNkulunkulu
unaye futhi usebenza ngaye. Khona-ke uzobona umhlaba
omusha Ngaphandle kokwazi kwaphezulu, leli zwe libonakala
ligcwele izingxabano, ubudlova, kanye nokudumazeka okubi
nokwesabekayo. Akukho siphephelo ngaphandle kwalolo
.lwazi lwaphezulu oluphakeme

Ngomzuzwana owodwa, uNkulunkulu angadala
umfanekiso ofana ncamashi nanoma ubani oshiye leli zwe
ngokufa. Kumelwe siqaphele leli qiniso. UNkulunkulu ufuna
siqonde ukuthi le ndalo imane nje ingumbukwane. Uma
sithatha lo mbukiso ngokungathi sína kakhulu, sizohlupheka

futhi silahlekelwe yinjabulo yawo, futhi ngeke sikwazi
ukuthwala impilo nezifo, izinhlungu, usizi, kanye nemithwalo
.yawo

Uma noma yini ingibangela ubuhlungu
obungokomzimba, ngibeka ingqondo yami endaweni
engokomoya ephakathi kwamashiya ami, futhi angizizwa
ubuhlungu nhlobo. Kodwa uma ngigxila emthonjeni
wobuhlungu, ngikubona njengokukhohlisa. Uma ungagcina
ukuqaphela kwakho okungokomoya, ngeke uzwe ubuhlungu
lapho izithunzi zosizi ezikhohlisayo zidlula phambi
komphefumulo wakho. Thandaza ngokungaphezi
kuNkulunkulu ukuze aziveze njengomuntu oyingqayizivele
.nojabulisayo ngaphakathi kuwe

Abantu bachitha isikhathi esiningi, futhi ukufa
kubahlwitha ngamunye ngamunye. Inhloso yokuphila ukwazi
uNkulunkulu, futhi umuntu akufanele ashiye lo mzimba
.ngaphandle kokufeza lowo mgomo

UNkulunkulu ufuna siphakamise ukuqwashisa kwethu
futhi sikhuphuke ngaphezu kwezinto ezimbili zaleli zwe,
kodwa ngeke avumele umuntu ukuba ashiye unomphela lesi
siphephelo sezinkolelo-ze ngaphandle kokuba ezelaphe isifo
.sezinkanuko

Kumelwe senze konke esikwenzayo ngenxa
kaNkulunkulu. Ukusebenzela uNkulunkulu kubaluleke
.njengokuzindla ukuze sifinyelele intuthuko engokomoya

Ebusuku, lapho umfundi ezindla ngoNkulunkulu, umoya
wakhe uyaphakama futhi uzizwa ecwile enjabulweni Yakhe.
Lapho enza umsebenzi wakhe emini, uletha inkumbulo
yaleso simo futhi agcine injabulo yaso, ngaleyo ndlela ahlale
ebudlelwaneni noNkulunkulu, futhi uyohlala ekwazi
ukumamatheka athi: "Ukudabuka okuncane noma injabulo
encane, noma ukuthula okuncane, akukwazi ukubangela

isiyaluyalu noma ukuphazamiseka enjabulweni eqhubekayo
".yomphefumulo wami

Kumelwe sihlekise ngemicabango ekhohlisayo yokuphila
futhi sikubheke njengochungechunge lwezithombe zendalo
yonke ezishintsha njalo, ezidlulayo. Kulapho-ke kuphela
lapho sizophunyuka khona ekuthakatheni kokukhohlisa
kwendawo yonke. Kumelwe siphile emseni kaNkulunkulu.
Lapho singama siqine futhi siqine phakathi kwezehlakalo
ezahlukahlukeni zokuphila, sizogaphela ukuthi uNkulunkulu
uwukuphela kweqiniso langempela endaweni yonke.
UNkulunkulu akafisi ukusilimaza ngoba wasidala
ngomfanekiso waKhe. Kumelwe siyeke ukuzicabanga
njengabantu ababuthakathaka futhi siqaphele amandla
amakhulu endalo yonke ngaphakathi kithi, silinde
.ukukhululwa

Uma umuntu ehlushwa umdlavuza noma olunye
ukugula, akuyona into encane. Kodwa-ke, abaprofethi
nabangcwele bakhuthazelela okuningi, bephulukisa
abagulayo kanti abanye baze bavusa abafileyo, futhi injabulo
yabo yaphezulu yahlala nabo kukho konke ukuphila kwabo.
Ngokufanayo, kumelwe sibuyele kuNkulunkulu ngezinhliziyi
zethu, izingqondo zethu, nezinhloso zethu. Kodwa ngeke
sikwazi ukufinyelela kuYe ngaphandle kokuthi siqinisekise
.ukuthi simfisa ngaphezu kwakho konke

Umuntu akufanele abuze uNkulunkulu, ngoba uma enza
kanjalo, uzovuna ukungabaza kuphela. Ngeke akwazi ukwazi
imithetho Yakhe aze ahlangane Naye. Ngakho kungani
uchitha isikhathi uzama ukuqonda leyo mithetho ngombono
?onengqondo nje

Uma ubungafunda inoveli lapho iqhawe liphathwa kabi
khona futhi umuntu omubi ebonakala engoba, futhi lapho
isahluko ngasinye siphikisana nesandulelayo , ubungazizwa
udumele futhi umcasukele umbhali. Kodwa uma ufunda

isahluko sokugcina, ubungazizwa ukhululekile futhi uyibheke
njengenoveli emangalisayo ngenxa yobunzima bayo kanye
nendaba eyinkimbinkimbi. Ngokufanayo, uNkulunkulu
ungumbhali wenoveli enkulu kunazo zonke ezikhona, futhi
ukuphikisana nobunzima bendalo bekungaphazamisa ngisho
nengqondo yomuntu enkulu kunazo zonke. Kodwa lapho
simthola esahlukweni sokugcina, uzokwembula izixazululo
zazo zonke izimfihlakalo zokuphila komuntu, futhi ngeke
singabaze ngobulungisa bakhe nokuhlakanipha kwakhe
lapho sithola impendulo ngqo kuYe. Yeka ukuthi lokho
!kuyamangalisa kanjani

Ubukhona bukaNkulunkulu bususa ukungabaza, usizi,
nokwesaba Labo abanoNkulunkulu ohlala ezinhliziyweni zabo
banqotshwa ukwesaba, babalekela futhi bazikhulule
emicabangweni yasezulwini. Bese bezomomotheka bathi,
"Ekugcineni, ngiyazi imfihlo yokuphila nezimfihlakalo
zokuphila." Kodwa akumelwe sifune ulwazi kuqala. Kumelwe
sithande uNkulunkulu kuqala, bese esembulela konke esifisa
ukukwazi. Uma lokhu kwenzeka, mngane wami,
uzomomotheka ngokumamatheka okuhlala njalo.
Imicabango yakho, amazwi, imibhalo, nakho konke
okwenzayo kuzogcwala injabulo ekhazimulayo yalowo
momotheka. Nomaphi lapho ucabanga khona, uzoshiya
iphunga lokumomotheka, futhi bonke abavakashela leyo
.ndawo bazomomotheka noNkulunkulu

Ungahlala umomotheka uma uphila enjabulweni Yakhe
engachazeki, ngoba ingcwele kakhulu ukuba ingakhulunywa
.ngayo

Ukuthula makube phezu kwakho

Ubugovu kanye nokuzinikela

Lokho umuntu akuhlelayo noma akuthumelela abanye—
ngezwi, ngesenzo, nangomcabango—okuzobadonsela emuva
ngendlela efanayo nangezinga elifanayo. Isimo sabo
sangempela sizokwembulwa ngobuso babo kanye nezenzo
zabo. Abanye bazozwa ukudlidliza noma amagagasi abo
ngokwengqondo, futhi ukusabela kwabo kuzo
kuzohambisana nohlobo lwalokho kudlidliza—okubi noma
.okuhle

Noma ubani othatha indlela yobugovu obubi, abanye
bazozama ukumphuca konke anakho, kodwa uma engenjalo,
.abanye bazombonisa umusa nozwela

Asikwazi ukuba nakho konke lokho esinakho kuyisipho
esivela kuNkulunkulu, esenzelwe ukusetshenziswa kwethu
okwesikhashana ngenkathi siphila kulomhlaba.
Kungakabiphi, kuzodingeka sihlukane nezinto zethu,
kungaba ngezingozi, ukweba, ukuguga, noma ukufa.
Ngakho-ke, uma sizama ukunamathela noma ukubamba
.noma yini ngenxa nje yokuba nobunikazi, siyazikhohlisa

Ngisho nale mizimba esihlale kuyo iminyaka eminingi
kangaka izodedelwa ngolunye usuku. Ngakho-ke, kuyiphutha
ukuziphoqa ukuthi sikholelwe ukuthi sinezinto
ezingenakukwazi ukuba nazo ngempela. Uma into ethile
siyiphiwa, kumelwe siqonde ukuthi ingeyethu kuphela
isikhathi esilinganiselwe, futhi kumelwe silungele
.ukuyabelana nabanye

Uma umuntu efisa okungaphezu kwalokho akudingayo,
kuba nezinkinga ezinkulu ezimlindele
Umuntu othobekile othanda uNkulunkulu mkhulu
kunabo bonke

UNkulunkulu akafihlekile kithi. Ukhuluma nathi
ngezimballi, ngemicabango yethu, nangayo yonke
.indalo

Inhloso eyodwa yokuphila iwukushukumisela umuntu
ekuxazululeni imfihlakalo yakhe futhi aqaphele ukuthi
uNkulunkulu usemva kwakhe

Labo abazizwa benokuzwana nokuvumelana
ngaphakathi kwabo bayazi ukuthi kukhona ukuvumelana
.nokuvumelana ngokwemvelo

Akungabazeki ukuthi kumelwe sibe nezidingo
eziyisisekelo njengokudla, izingubo kanye nokuvikeleka
okuthile ngokwezimali, kodwa ekufuneni kwethu lezi zinto
kumelwe silahle izidingo ezingadingekile, futhi ngalokho
ngisho izifiso ezisobala kanye nezifiso ezivuthayo zokuba
.nokuningi okungaphezu kwalokho okudingekile

Kumelwe sikhumbule ukuthi ekuphishekeleni kwethu
ukwanelisa izidingo zethu, kufanele futhi sise abanye
ngezidingo zabo futhi sabelane ngalokho esikutholayo
.nabantu abaswele

Masikhumbule ukuthi siyingxenye ebalulekile yomndeni
womhlaba wonke futhi asinakuphila ngaphandle kwawo.
Impilo ibiyoba njani ngaphandle kombazi, umsunguli, noma
umlimi? Ngokushintshana ngezinsizakalo kanye
nobuchwepheshe, uNkulunkulu ufuna sicabange ngabanye,
.ngoba kuyiphutha elikhulu ukuphilela wena wedwa

Uma sicabanga ngenjabulo yethu, kumelwe sicabange
nangenjabulo yabanye Akudingeki ukudela konke ngenxa
yomndeni womhlaba wonke, ngoba lokho akunakwenzeka
Kodwa kumelwe sizwelane nabanye futhi sicabangele
izidingo zabo njengoba ezethu uNkulunkulu ufuna siphane
okuningi njengoba sikuthola komunye nomunye Abanye
bangabantu abakhulu kunathi Kodwa umuntu ovamile

uzicabangela yena kuphela, kuqala futhi okubaluleke
kakhulu

Akungabazeki ukuthi umuzwa wokusinda unamandla
Kodwa umhlaba uyawukhulisa lo muzwa ngaphakathi kithi
futhi usikisela isidingo sokunamathela kukho konke
okungokwethu. Nokho, kumelwe sikhumbule ukuthi zonke
izinceku zikaNkulunkulu zingumndeni waKhe nokuthi sonke
.singabafowethu nodadewethu kulo mhlaba

UNkulunkulu unike isintu ingqondo nokuqonda,
okusenza sikwazi ukuzwa indlala nokubanda. Kumelwe
siqaphele ukuthi nabanye abasizungezile nabo bazwa indlala
nokubanda. Uma sifuna induduzo yethu, kufanele futhi
silwele ukusiza abanye bathole induduzo. Njengoba
singazithandi izinhlungu nokuhlupheka, kufanele selulele
isandla kulabo abaswele abasizungezile ukuze sinciphise
ukuhlupheka kwabo futhi siqede ukuhlupheka kwabo.
Bahlupheka njengoba nathi sihlupheka, futhi abanye
.bangase bahlupheke kakhulu kunathi

Uma uzwela lomuntu lukhawulelwe emndenini wakhe
nakubangane bakhe hhayi komunye umuntu, uyazigodla,
futhi injabulo ibalekela impilo yakhe ukuze ithathelwe
.indawo yizinkinga ezingalindelekile

Kufanele sikulungele ukusiza abanye
ngangokusemandleni ethu, futhi sithole injabulo ekusizeni
labo esihlangana nabo. Akufanele sikubheke lokhu
njengomhlatshelo, ngoba uma besingakwenza, ukusiza
kungaba umthwalo. Kunalokho, kufanele sizizwe sijabule
ngaphakathi, ngoba ukupha kuyabusiswa, futhi kukhona
injabulo eyaziwa yilabo abazama ukusiza abanye, kokubili
ngokwezinto ezibonakalayo nangokomzwelo, futhi
.abalungisa izinhliziyi zabo eziphukile

Uma umhlaba ubungayeka ubugovu bawo obubi,
besizobona ipharadesi kulo mhlaba

Imbewu yempi isenhliziyweni yobugovu obunonya
Abantu bokuqala baqala ukusebenzisa izinduku zamatshe,
kamuva ezaphenduka imicibisholo nemicibisholo, ukuze
bavikele ubugovu babo ebugovini babanye Kamuva,
kwasungulwa izibhamu nezibhamu, kwabe sekuba yizibhamu
zomshini, kwabe sekuba amabhomu negesi enobuthi—konke
ukuvikela ubugovu beqembu elilodwa labantu ebugovini
belinye

Ngenxa yalobu bugovu obunyanyekayo, kuqubuka
izimpi, ibhalansi yezomnotho iyaphazamiseka, bese kuba
.nokwehla komnotho bese kuba nokucindezeleka

Amandla okubhubhisa esintu akhule futhi athuthuke
ngaphezu kwamandla awo okwakha. Lokhu kuqubuka okubi
—ukuqubuka kobugovu obubi—kuzogcina kuqhumile. Kodwa
ngokudabukisayo, izimpilo eziningi zizoshabalala ngaphambi
kokuba isintu sivuke futhi siqaphele ukuthi ubugovu
bobuzwe abuyona ingozi njengobugovu bomuntu siqu. Isizwe
sakhiwe amaqembu amancane, futhi lawo maqembu akhiwa
abantu ngabanye; umuntu kumelwe aqale ngaye
.ngokwakhe

Imingcele phakathi kwamazwe ayizinzile, futhi
ohulumeni bomhlaba bangashintsha njalo

Ubugovu obufuna injabulo ngaphandle kokunaka
amalungelo nenjabulo yabanye, noma obunyathela
amalungelo nezithakazelo zabanye ngezinjongo zabo, buzala
ubumpofu, usizi, kanye nokungajabuli Ukuceba ngokulimaza
abanye kuyiphutha elikhulu Abantu abakhulu bakhuthaza
ububele obusekelwe esifisweni sangempela esingokomoya
sokwabelana nokupha

UbuKhomanisi, obuthembisa inqwaba yeningi inala
kanye nokuchuma, ngeke buphumelele futhi ngolunye usuku
buzowa ngoba busekelwe ekuphoqelelweni
nasekucindezelweni kwenkululeko yomuntu siqu (Qaphela:
Le nkulumo yanikezwa yiNkosi uParamhansa ngo-1937 futhi
leso siphetho sigcwalisekile ngempela!)

Uma umuntu egxila ezandleni nasezinyaweni zakhe
kuphela futhi enganaki ikhanda lakhe, ubuchopho ngeke
busebenze ukuqondisa amakhono okunyakaza. Yonke
imisebenzi yomzimba kumele ihlanganiswe. Ngokufanayo,
izingqondo (abenzi bezinqumo) ezizweni nasemiphakathini
kumele zisebenze ngokubambisana nezandla nezinyawo
(abasebenzi), ngoba uma izintshisekelo zingqubuzana,
ukuhleleka kuzophela, isiphithiphithi sizonqoba, futhi
.kuzovela ukuhlupheka

Kunabafundisi ababili emhlabeni Lowo othatha
uNkulunkulu njengomholi nomeluleki wakhe akanaso
isizathu sokwesaba Lowo othatha uSathane njengomholi
nomqondisi wakhe uzohlupheka kakhulu

Igama eliyinhloko kubantu abaningi kule mpilo lithi
“mina” Labo abanesimo sengqondo esingokomoya kanye
nokuthambekela bacabanga ngabanye njengoba becabanga
ngabo. Labo abazicabangela bona kuphela bazilethela
ubutha kanye nentukuthelo yalabo ababazungezile. Kodwa
labo abacabangela imizwa kanye nezithakazelo zabanye
bathola ukuthi abanye bayabacabanga futhi bacabangela
.imizwa yabo

Uma kunabantu abayikhulu edolobheni, futhi ngamunye
ezama ukuthatha kwabanye, khona-ke ngamunye uzoba
nezitha ezingamashumi ayisishiyagalolunye
nesishiyagalolunye. Kodwa uma ngamunye ezama ukusiza
abanye, khona-ke ngamunye uzoba nabangani
.abangamashumi ayisishiyagalolunye nesishiyagalolunye

Ngaphila ngaleyo ndlela futhi angilahlekelwanga lutho
ngokupha abanye Eqinisweni, konke engangikupha
kwabuyela kimi kwanda ngomusa kaNkulunkulu Manje
angifisi lutho ngoba lokho enginakho ngaphakathi kimi
kukhulu futhi kuyigugu ngaphezu kwanoma yini umhlaba
ongayinikeza Lokho umuntu akufunayo ngempela injabulo,
futhi uma injabulo isifinyelelwe, isidingo sezimo eziholela
kuyo siyanyamalala

Anginayo i-akhawunti yasebhange ngoba isiqinisekiso
sami kuphela kuleli zwe yimizwa emihle abantu abanayo
ngami Angikholelwa kunoma yisiphi esinye isiqinisekiso
sasemhlabeni Ingcebo yangempela itholakala ekuhlaleni
ezinhliziyweni zabaqondile nabangane bakho

Uma sinomoya wobugovu, siyajabula. Futhi uma
sisebenzisa le ndlela, abanye abasizungezile bazothonywa
ukuziphatha kwethu futhi bazame ukusilingisa. Kumelwe
siqede ubugovu, obuyimpande yazo zonke izinto ezimbi
.zomuntu ngamunye nezesizwe

Ukuzinikela kwandisa ulwazi

Uma uthumela izinhloso ezinhle kwabanye, ukuqonda
kwakho kuyakhula Uma ucabanga ngomakhelwane wakho,
ingxenye yakho iyavuselelwa kanye nalowo mcabango.
Kodwa ukucabanga kuphela akwanele; kumelwe silungele
.ukusebenzisa imicabango yethu

Umshado unikeza isifundo sobumnene Abantu ababili
balwela ukwabelana ngezimpilo zabo ndawonye Bese kufika
izingane, futhi abazali babelana ngalokho abanakho nabo.
Kodwa ukucabanga ngomndenani oseduze kuphela
(okungukuthi, mina nawe kuphela, noma thina nje)

kuyindlela yobugovu. Isikhathi sizofika lapho abathandekayo
bethu besishiya, futhi leyo yindlela yokuphila. Lokhu
kusikhumbuza ukuthi umgomo omkhulu wesintu ukwandisa
imingcele yokuqwashisa kwethu ngokusebenzela abanye
.nokwabelana ngezibusiso zempilo nabo

Ukuzinikela kuletha umninikho izibusiso eziningi kanye
nenjabulo enkulu, ngoba ngokuzidela umuntu ulondoloza
injabulo yakhe Umgomo wami ukwenza abanye bajabule,
ngoba injabulo yami itholakala enjabulweni yabo

Asikwazi ngempela ukujabulela ukunambitheka
kokufeza okuthile ngaphandle kokuthi sihlanganyele injabulo
yethu nabanye Angibhekiseli nje kumalungu omndeni,
kodwa kubo bonke abantu Kumelwe sicabange ngabanye
futhi sibasize ngokusemandleni ethu Lokhu akusho ukuthi
sizihluphekela thina, kodwa kunalokho sibonisa
ukukhathalela kwangempela nobungane kanye nokuzimisela
ukwabelana nathi Kumelwe sisebenzise izimiso zobulungiswa
kithi kuqala Asikwazi ukufundisa abanye umusa uma
singazihlupheli thina Ngokuqala ngathi ngokwethu, siba
yizibonelo ezinhle kwabanye

Nginikele impilo yami ekukhonzeni nasekuzuziseni
abanye Ngihambe kakhulu futhi ngafundisa izilaleli eziningi
Kodwa ngiyazi ukuthi ngikhonza abanye kangcono
ngemibhalo yami nezimfundiso zami

Izixuku ziza ukuzolalela izinkulumo, hhayi ngempela
ngenxa yothando lwangempela Abantu beza bezofuna
ugqozi nenduduzo engokomoya Kodwa ngifuna
imiphefumulo efuna iqiniso, ethanda uNkulunkulu Yingakho
ngigxile, futhi ngiqhubeka nokugxila, esidingweni sokuzindla
ngoNkulunkulu

Bonke abafuna izinto ezingokomoya ngobuqotho
nangokuphikelela bazonikezwa umqhele wempumelelo uma
.beqhubeka nesifiso nokukhuthala

Kumelwe sithande uNkulunkulu ngayo yonke inhliziyo
yethu, ingqondo, umphefumulo, namandla, futhi sithande
.umakhelwane wethu njengoba sizithanda thina

Kusho ukuthini ukuthanda uNkulunkulu ngayo yonke
inhliziyo yakho, ingqondo, umphefumulo, namandla?
Inhliziyo isho umuzwa, ingqondo isho ukugxila,
umphefumulo usho ukuvumelana okujulile ngokomoya
ekuzindleni, kanti amandla asho ukuqondisa wonke amandla
ethu kuNkulunkulu Lokhu kusho ukuthanda uNkulunkulu
ngayo yonke imizwa yakho, ngayo yonke imicabango yakho
ekuzindleni, nangokuqondisa amandla okuphila noma
amandla kusuka ezintweni ezibonakalayo kuya komoya,
siguqule ukunaka kusuka emzimbeni kuye kuNkulunkulu

Akunakwenzeka ukuthanda uNkulunkulu ngaphandle
kokuzindla, ngoba ngokuzindla kuphela lapho singabona
khona isimo sethu esingokomoya njengomphefumulo ohlala
njalo oxhumene noNkulunkulu owawudala ngomfanekiso
.waKhe

Kumelwe sizakhele isihlalo sobukhosi sothando olukhulu
lukaNkulunkulu Akukho okubaluleke kakhulu empilweni
Akukho sifiso esikhulu kunokuthanda Yena, ukukhuluma
Ngaye, nokukhanyisela abanye ukuze bamazi Angifuni lutho
olunye kubantu

Kuyinjabulo ukwabelana ngolwazi lwami olungokomoya
nalabo abalufuna ngobuqotho Akukho okungilethela injabulo
engaphezu kokukhuluma nabo ngoNkulunkulu nokubasiza
babone ubukhona Bakhe

Kuhle ukuthanda uNkulunkulu nokuthanda izinceku
zaKhe Uma simthola, sizwa uthando lwaKhe kuwo wonke
umuntu. Akukho mandla amakhulu kunamandla othando
.endaweni yonke

Ngibona iNkosi ePhakeme kakhulu ihlezi ezulwini
nasezilwandle naphezu kwesihlalo sobukhosi sokuqonda
kwami. Ngimbona ekhona ngaphakathi kwami
nasemiphefumulweni yabo bonke futhi ngiyamamukela kuzo
zonke izimo zakhe ezingenamkhawulo kanye
.nokubonakaliswa kwakhe endalweni

Abantu bahlala befuna "okunye" abathemba ukuthi
kuzobalethela injabulo ephelele nehlala njalo. Kulabo
abamfunayo uNkulunkulu futhi bamthola, ukufuna
"sekuphelile, ngoba uNkulunkulu "uyilokho okunye

Kwangathi uNkulunkulu angakubusisa, nokuthula
makube phezu kwakho

Imimoya Nemimoya

Iqiniso layo kanye nengqikithi yayo

**Kunezinhlobo eziningi zezindaba nezindaba
mayelana nemimoya, izipoki, ama-goblin afuna
ingcebo, abathakathi, izipoki ezidla izidumbu, kanye
nama-vampire. Futhi inani labantu abathi bake
bahlangana nalezi zidalwa alincane.**

**Ezimweni eziningi engahlangana nazo, iningi lazo
lalihlela abantu abahlushwa ukungaboni kahle
kwengqondo okukhulu. Owesifazane onjalo
wayefunde incwadi ekhuluma ngezidalwa ezomele
igazi, futhi ukungaboni kahle kwakhe kwakucacile
kangangokuthi wayezizwa sengathi isipoki simunca
igazi lakhe njalo ebusuku. Wayelulama njalo lapho
engivakashela, kodwa umqondo wesipoki sasebusuku
wawuhlala ugxile engqondweni yakhe ngoba ukugula**

kwakuzophinde kubuye. Wafa ngaphambi kwesikhathi, edliwa yimicabango yakhe.

Ukukholelwa ebuthakathini kwakusakazeke kakhulu ngekhulu le-16, futhi amakhulu abantu ababesolwa ngokuba abathakathi bamangalelwa ngamanga ngokuthi basebenzisana nodeveli futhi bafa ngenxa yalokho uJoan wase-Arc waboshelwa esigxotsheni washiswa esigxotsheni ngoba wayebhekwa njengomthakathi.

Kukhona elinye izwe, umbuso we-ethereal, ofihliwe ngemuva kwale ndawo yonke Izakhamuzi zalo zigcinwe ezinhlotsheni zamaplanethi ezakhiwe ngokukhanya Lezi zidalwa, noma "izipoki," azibonakali emehlweni ethu futhi zivame ukuhlala zivalelekile ezweni lazo, njengoba nje nathi sivalelekile ezweni lethu elibonakalayo Ukube bekungelula ngezakhamuzi ezinonya zombuso wamaplanethi ukungena emhlabeni wethu ukuze zisilimaze, besizophila ngokwesaba nokwesaba okungapheli

Izwe lethu selivele linezimo ezesabekayo nezesabekayo ezanele. Ngokuqinisekile uNkulunkulu akafuni ukwengeza ekuhluphekeni kwethu ukuphazamiseka kwezipoki namademoni!

Nokho, kunezinye izidalwa zamaplanethi ezaziwa ngokuthi imimoya ezulazulayo. Le mimoya iboshelwe eMhlabeni ngenxa yokunamathela okuqinile kanye nesifiso sokungena emzimbeni womuntu ukuze iwusebenzise njengemoto yokuzijabulisa kwayo ngokomzwelo. Lezi zidalwa ngokuvamile azibonakali futhi azinamandla okuthonya abantu abavamile. Ngezinye izikhathi, imimoya emibi iyaphumelela ekungeneni nasekuphatheni umzimba nengqondo yomuntu. Lokhu kwenzeka kuphela lapho lowo muntu engalingani ngokwengqondo, lapho ingqondo yakhe ibuthakathaka ngokushiywa engenzi lutho noma

engacabangi, njengomuntu oshiya imoto yakhe ivuliwe enezihluthulelo ngaphakathi. Esimweni esinjalo, umuntu ozulazulayo angangena emotweni ashayele.

Imimoya ezulazulayo yileyo miphefumulo elahlekelwe yimizimba yayo ngokufa kodwa ihlala inamathele kuyo. Ngakho-ke, izama ngazo zonke izindlela ukusebenzisa umzimba wanoma yimuphi umuntu ukuze ifeze imigomo yayo. Ngenhlanhla, imimoya ezulazulayo ayikwazi ukumelana nokudlidliza okukhulu komcabango ongokomoya kanye nokuqonda. Labo abafuna uNkulunkulu ngobuqotho abacabanga futhi bazindla ngaye abanakho ukwesaba kulezi zidalwa ezilahlekile nezidukile. Ngoba uNkulunkulu unguMoya oPhakeme, futhi akukho moya, noma ngabe mubi kangakanani, ongalimaza labo abathanda uNkulunkulu futhi abamqaphela njalo.

Ukuze siqonde ubunjalo bezidalwa zamaplanethi, kumelwe siqale siziqonde. Lapho uNkulunkulu esidala, waqala wasidala njengokuqonda. Kusukela engqondweni Yakhe ehlanganisa konke, wasidala, futhi kusukela kulo mbono, ngokuyinhloko siyizidalwa zengqondo. Akulona yini iqiniso ukuthi uma udala into entsha, isinyathelo sokuqala ukucabanga ngesibonelo sayo engqondweni yakho? Bese uqoqa izinto ezidingekayo bese ekugcineni uletha lowo mbono ekuphileni. Lokhu kusebenza futhi ekwakhiweni kwethu kanye nokwakheka kwayo yonke indalo. Sinezimo ezintathu: isimo sengqondo (umqondo), isimo sendalo (izinto ezidalwe), kanye nesimo somzimba (umkhiqizo oqinile)

Umzimba wenyama wakhiwe yizakhi ezingu-16 Kodwa indlela lezi zinto zamakhemikhali zezinto ezibonakalayo ezihlanganiswe ngayo ukuze zenze

umzimba ube yithuluzi lengqondo iyamangalisa ngempela!

Abanye abantu bafuna ukuthenga imoto entsha minyaka yonke Kodwa baphoqeleka ukugcina imodeli yabo endala yomzimba iminyaka engamashumi ayisithupha, amashumi ayisikhombisa, noma ngaphezulu! Ngisho noma umzimba uphelelwa amandla, isifiso sokuwugcina sihlala sinamandla kuze kube yilapho uNkulunkulu ethi, "Kwanele! Ngikhulule kulo mzimba!" Bese, umuntu egxuma emzimbeni wakhe obolayo ukuze azithole esemzimbeni ongokoqobo owakhiwe ukukhanya namandla. Bayajabula ukuthola ukuthi banekhono lokuzwa, ukubona, nokuthinta ngemizimba yabo emisha, nokuthi abanamathambo okuphula noma inyama yokulimaza.

Uma umuntu efa, umzimba wakhe uyabola, kodwa umzimba wakhe weplanethi uhlala usesimweni sawo sokuqala ngokuphelele.

Iphi leyo miphefumulo eyashiya uMhlaba? Izulazula e-ether Ungase uthi, "Akunakwenzeka lokho," kodwa ake senze lokhu kuqhathanisa:

Uma ngitshela ilungu lesizwe sasendulo ukuthi umculo ukhona ku-ether futhi ungaqoqwa futhi uzwiwe, bangangihleka, noma mhlawumbe bathuke. Kodwa uma ngilethe umsakazo futhi ngiwubeke esiteshini esisakaza umculo nezingoma, ngeke bakwazi ukuphikisa isimangalo sami Ngokufanayo, ngingabonisa abanye ukuthi izidalwa zangaphandle komhlaba zidlula ku-ether, futhi ngeke zibe namandla okuphika. Izwe langaphandle komhlaba lilapha, ngale kokudlidliza okukhulu kwendawo yonke ebonakalayo.

Uma abantu bebengabona izidalwa eziningi zamaplanethi ku-ether ezibazungezile, abaningi bebengabanjwa ukwesaba, kanti abanye

bebengazama ukufuna abathandekayo babo abashonile.

Uma ugxila kakhulu esweni elingokomoya, ungabona, ngokubona kwangaphakathi, izwe elikhazimulayo lapho yonke imiphefumulo edlulile endaweni engokoqobo ihlala khona Kubantu, inhliziyo isebenza njengomamukeli, futhi iso elingokomoya lidlulisela ukukhanya Ngisho noma ungababoni abathandekayo bakho abashonile, uma ugxila imizwa yakho enhliziyweni ngokuthula, uzozwa ukuba khona kwalabo obathandayo abaphila emizimbeni ekhanyayo, bejabulela inkululeko yabo ekuboshweni komzimba wenyama.

Ngibona izidalwa eziningi zamaplanethi ezishiye iplanethi yoMhlaba, kodwa azikwazi ukungibona Angizenzi ngibonakale kuzo, kodwa ngingazibona uma ngifisa.

Ngakho-ke, asikhululekile ngokuphelele lapho sishiya umzimba ekufeni. Imiphefumulo yethu ihlala imbozwe ngezindlela ezimbili ezicashile: iplanethi (umzimba wamandla) kanye nembangela (umzimba ocatshangwayo)

Uma umuntu ethatha isimo somzimba, uba yisidalwa esibonakalayo kuleli zwe. Ngemva kokufa komzimba wakhe wenyama, uhlala ezweni lamaplanethi "njengomoya," okungukuthi, njengesidalwa esingabonakali esinikwe amandla engqondo kanye nengqondo efanayo nezici ezamhlukana ngesikhathi sokuphila kwakhe emhlabeni.

Izakhumuzi zomhlaba wamaplanethi, vele, zingabonana emizimbeni yazo ekhanyayo, kodwa izidalwa zamaplanethi zivame ukungabonakali kithi eMhlabeni ngaphandle kokuthi sazi ukuthi singangena kanjani emhlabeni wamaplanethi ngeso

elingokomoya. Lapho imiphefumulo ilahla imizimba yayo engokoqobo futhi ingena esimweni sengqondo sezwe elibangela lokho, ayinyamalali ngokuphelele, kodwa kunalokho iba engabonakali ngokuphelele, njengoba nje imicabango ingabonakali.

Lapho imiphefumulo ikhululiwe ezifisweni zenyama, ayisadingi ukuphinde ivele emzimbeni eMhlabeni. Le miphefumulo iyahamba phakathi kwendawo yamaplanethi kanye nepharadesi eliyimbangela, iqhubeka nokuvela emzimbeni endaweni yamaplanethi kuze kube yilapho ukukhululwa ngokomoya kuleso simo nakho kufinyelelwa. Lapho zonke izifiso zembangela seziphelile, umuntu uba ngokhululekile ngempela, noma umphefumulo okhululekile.

Uma umphefumulo oshonile usenezifiso ezingakagcwaliseki kusukela ekuphileni kwawo kwasemhlabeni, uzoqhubeka nokuzizwa lezo zifiso endaweni yamaplanethi futhi ulangazelela ukuziveza emzimbeni wenyama. Ngakho-ke, lowo mphefumulo udonselwa emuva, nomzimba wawo wamaplanethi, esitokisini (iseli lesidoda) esakhiwe ngesidoda neqanda, futhi uzalwa kabusha njengomntwana osanda kuzalwa.

Akuhlakaniphile ngomuntu ukuba azibize unomphela nganoma yikuphi ukuntuleka komzimba. Ake sithi othile ulahlekelwa yingalo kulokhu kuphila, bese umqondo walokho kulahlekelwa ugxila engqondweni yakhe, azikholise ngokuthi ngeke aphinde ayisebenzise. Lapho ezalwa kabusha, uzoletha lowo muzwa wengalo engekho. Uma lo mcabango ongemuhle unamandla ngokwanele, ungaphazamisa umsebenzi wokudala womsebenzi obalulekile wokuqonda odala izingalo zomzimba omusha. Ngakho-ke, umuntu akufanele azichaze

**ngokungapheleli nokuntuleka komzimba wenyama.
Ukulinganiselwa okunjalo akuphathelene
nomphefumulo, okuyisithombe esimsulwa nesiphelele
sikaNkulunkulu.**

**Ngakho-ke, uyabona ukuthi ngaphambi kokuba
uthathe isimo somzimba, wawungumoya, futhi lapho
usufile, uzobuyela ekubeni umoya futhi. Siyimimoya
ngisho nalapho silele, ngoba ngesikhathi sokulala
asizazi nhlobo njengemizimba yenyama. Ngakho-ke,
njengoba ungumoya uma ulele, futhi uzoba ngumoya
ngemva kokufa, kungani imimoya kufanele yesabe?
Yilokhu obekulokhu uyikho—umoya—futhi uyohlala
uyikho—futhi yilokhu oyoba yikho kuze kube phakade.**

**Umehluko kuphela ukuthi uma ungena endaweni
yamaplanethi ngesikhathi sokufa, awukwazi ukudala
ngokuthanda kwakho umzimba wenyama ofana
nalowo onayo manje. Amakhosi Amakhulu kuphela
ahlangene noMdali Ophakeme angenza kanjalo.
Imiphefumulo ethuthukile ngokomoya ingaqinisa
ukudlidliza okucashile kwesithuthi samaplanethi sibe
umzimba ophathekayo.**

**Sesaba ukufa ngenxa yobuhlungu nomqondo
wokubhujiswa. Lokho kuyiphutha elingalungile. UJesu
Kristu wazembula kubafundi bakhe ngesimo
somzimba ngemva kokufa kwakhe. ULahiri Mahasaya
wabuya enyameni negazi ngosuku olulandelayo
ngemva kokufa kwakhe. Sibonisile ukuthi abazange
babhubhe.**

**(Futhi uMprofethi, ukuthula makube kuye, wathi,
“Oneqiniso kakhulu kini emaphusheni nguyena
oneqiniso kakhulu kini ekukhulumeni” Futhi, “Noma
ubani ongibona ephusheni unjengokungathi
ungibonile ngokoqobo”)**

Nakuba amacala ezigxobo ezingokomoya engavamile, akufanele kushiwo ukuthi ubufakazi babo abulungile.

Mina mathupha ngibone uthisha wami, uSri Yuktsuwar, owavuswa cishe ezinyangeni ezintathu ngemva kokufa kwakhe (Bheka amaZwe Omoya: Iqiniso Lawo kanye Nemvelo Yawo kulesi siza)

Izincwadi ezingcwele zokuhlakanipha zithi umphefumulo womuntu empeleni uwukubonakaliswa komoya waphezulu Awukaze uzwe ubuhlungu bokufa noma izinhlungu zokuzalwa, futhi ukuba khona kwawo kungunaphakade uma nje ukuba khona ngokwako kuhlala njalo. Lo mphefumulo uphila phakade futhi awushintshi, awuthintwa ukubola futhi awuthintwa ukubhujiswa.

Izikhathi eziningi, umfundi ogulayo owayehlala kude wadonsela umzimba wami weplanethi kuye ngamandla okuzinikela kwakhe nothando lwakhe Esinye isenzakalo esinjalo senzeka lapha nomfundi ogama lakhe linguSeva Devi Wayengumfundi ozinikele kakhulu Ngesinye isikhathi, wagula kakhulu kodwa wakugcina kuyimfihlo kuwo wonke umuntu Lapho ngimvakashela esibhedlela, wathi kimi, "Ngicela ucele uNkulunkulu ukuba angangigcini kulo mzimba"

Kamuva, ngabuyela endaweni yokuhlala yase-Encinitas ogwini lwasePacific, kwathi ngolunye usuku ekuseni ngazizwa ngokuzumayo ukudlidliza kweplanethi okusobala kukaSeva Devi. Ngokuzinikela kwakhe nothando lwakhe olungokomoya, wadonsela umzimba wami kuye. Ngokushesha, umzimba wami wenyama waqina, sengathi impilo isiphumile kuwo. Kamuva ngatshelwa ukuthi uSeva Devi wamemeza ngokuzumayo, "USwamaji ulapha!" ngaphambi nje

kokuba ashiye umzimba wami, njengoba ayeqaphela ukuthi ngiyiswa kwelinye izwe.

Kamuva, ngambona, umzimba wakhe ukhanya, ehleli kwelinye lamakilasi ami, njengoba nje ayevele ngesikhathi sokuphila kwakhe Ukube othile wayengithinte ngaleso sikhathi, nabo babeyokwazi ukumbona, yize labo abakuleso simo sokuqaphela okungokomoya bengabavumeli abanye ukuba bamthinte.

Sesidlule umkhawulo wokufa futhi sabuyela ekuphileni izikhathi eziningi, pho kungani sesaba ukufa? Kuza ukuzosikhulula Yiqiniso, akufanele sifise ukufa, kodwa kufanele sithole induduzo kukho—uma kuza ngokwakho—ukuzosikhulula ezinkingeni ezahlukahlukeni.

Abantu besaba nokufa ngenxa yokuhlala isikhathi eside kuleli jele elingokoqobo, baze besabe ukulishiya. Kodwa kuwubuwula ngomuntu ukwesaba.

Njengoba kuyintando kaNkulunkulu ukuthi sibe nale modeli yasendulo ebonakalayo kuze kube sekufeni, kumelwe siyilondoloze futhi siyinakekele ngokufanele.

Kukhona indaba eNdiya ngensizwa eyayisifa eyakhala lapho izwa ukukhala kosizi nobuhlungu bokuhlukana nayo:

Ungangithuki umphefumulo wami ngokukhala kwakho kozwelo

Uma uqala ezindaweni zaphakade zokukhanya nothando

Ngingumuntu okufanele ngikuzwele futhi ngikuzwele ngesimo sakho

Mina-ke

Akusekho ukugula ngemva kwanamuhla

Akukho ngisho nethambo eliphukile

Akukho ukudabuka, akukho ubuhlungu obukhulu

**Ngoba ngiphupha ngenjabulo futhi ngibhukuda
olwandle lwenjabulo**

Futhi ngiphefumula injabulo

Amahora okusebenza anwetshiwe!

**Umuntu akazi ukuthi kuzokwenzekani kuye kuleli
zwe Uphila phakathi kokwesaba nokukhathazeka
kwengqondo Labo abadlulile emhlabeni bayamzwela
futhi bambusise ezweni labo Ngakusho lokhu kumama
owayeshonelwe yindodana yakhe, kwathi lapho
ngiqeda ukuchaza, wasula izinyembezi zakhe
ngokushesha wathi: "Angikaze ngizizwe nginokuthula
okunjalo. Ngiyajabula ukwazi ukuthi indodana yami
ikhululekile. Ngangicabanga ukuthi kukhona okubi
okwenzeke kuyo."**

**Abantu abaningi abathuthukile ngokomoya
bayakwazi ukubona imizimba yabo ethambile**

**Lapho umzimba we-etheric ukhuphuka noma
uphuma emzimbeni wenyama ngesikhathi sokufa,
umuntu ohambayo ubona umzimba wakhe njengofile.
Lokhu okuhlangenwe nakho okufanayo kwenzeka
lapho i-yoga ethuthukile idlula umzimba wenyama
ngamandla okuzimisela, okubenza bakwazi ukuhamba
nokubuyela emizimbeni yabo ngokuthanda kwabo.
Kodwa-ke, abantu abaningi abakholelwa ukuthi
bangakwenza lokhu banephutha. Ukucabanga nje
ngokubhekana nento ethile akusho ukuthi
kuzokwenzeka. Ukwazi indlela kubalulekile.**

**Ngesinye isikhathi, indoda ethile eNew York yeza
kimi yaphikelela ngokuthi ingahamba ngendlela
enempilo (isuka emzimbeni wayo wenyama). Ngathi
kuyo, "Angicabangi kanjalo; ucabanga ukuthi unalo
lelo khono" Kodwa yaphikelela ekungihloleni
Ngavuma ngathi, "Kulungile, bese uhamba ngendlela
enempilo bese wehlela phansi ungitshele ukuthi
kwenzekani endaweni yokudlela ezansi lapho"**

Wathula isikhashana, wabe esethi, "Kukhona upiyano olukhulu ekhoneneni elingakwesokudla"

Bengiqiniseka ukuthi wayekucabanga ngoba ukuphefumula kwakhe kanye nokushaya kwenhliziyo yakhe kwakujwayelekile

Ngakho ngathi, "Ngokuphambene nalokho, ngicabanga ukuthi uzothola abesifazane ababili behleli etafuleni lapho." Wangihleka usulu. Sabe sesihamba ndawonye saya endaweni yokudlela, futhi kwakungekho piyano ekhoneneni, kwakungumama ababili kuphela ababehleli etafuleni. Ekugcineni, umngane wethu waqonda ukuthi wayekhohlisiwe yimicabango yakhe.

Emibonweni yami yamaplanethi angaziwa, ngivame ukubona izehlakalo ezesabekayo, kodwa kimi zibonakala njengefilimu. Umhlaba wawuhloselwe ukusijabulisa, hhayi ukusihlupha noma ukusesabisa. UNkulunkulu uSomandla wenza idrama yendalo yakhe yaba yinkimbinkimbi kakhulu, egcwele ukuphikisana kokuhle nokubi.

Kumelwe siziqeqeshe ukuze siqonde isimo sethu esingokomoya esifihliwe Kodwa lokhu akunakwenzeka uma nje sihlala sigcina imicabango yethu emzimbeni Ukukhathazeka njalo ngezinto ezibonakalayo kusenza sibe nezinto ezibonakalayo futhi kuvimbele izifiso zethu ezingokomoya Kumelwe senze uNkulunkulu abe yinto ebaluleke kakhulu ekuphileni kwethu Uma simehlisa esikhundleni sesibili, ngeke eze kithi, futhi ngeke simazi Izilingo zomhlaba ziningi futhi zikhona njalo Labo abafisa izinto ezingokomoya kumele bavuselele intando yabo futhi bahambe ngendlela yabo ehlathini eliminyene lezilingo ukuze bafinyelele endaweni ephephile nenokuthula

Ukukhuphuka kweplanethi okungokoqobo kungabonakala ngokwazi kuphela lapho umuntu

engena ezimweni ezijulile zenjabulo engokomoya, ekhulisa ukuqonda kwakhe ezingeni eliphakeme lokuqwashisa. Ngeso labo elingokomoya, bangabona noma yiliphi iphuzu esikhaleni, kungaba kuleli zwe noma endaweni engokoqobo. Bangadlula futhi imikhawulo yesikhathi nendawo. Abanye abantu abathuthukile ngokomoya banekhono lokuhlanganisa imizimba yabo engokoqobo ngisho neyomzimba kunoma iyiphi indawo. Lesi simo sibizwa ngokuthi i-bilocation, noma ukuba khona okubili, lapho umuntu angaba khona ezindaweni ezimbili noma ngaphezulu ngesikhathi esisodwa. Kulesi simo, umzimba wenyama usesimweni sokuphiliswa okumisiwe, okufana nokuphupha. Lapho inkosi ifinyelela esigabeni esiphezulu senjabulo engokomoya (isigaba solwazi lwaphezulu), bangenza yonke imisebenzi yabo ngokujwayelekile ngenkathi behlala becwiliswe esimweni esingcwele sokuhlwithwa.

Lowo ofuna isiphephelo kuNkulunkulu akanakulinyazwa yinoma ubani, futhi akanalutho lokwesaba inqobo nje uma ekholelwa kuNkulunkulu futhi ebambelela esiqondisweni Sakhe. Kodwa lapho umuntu evumela imicabango emibi ukuba ingene engqondweni yakhe futhi ekholelwa ukuthi othile uzama ukumlimaza, umnika lowo muntu amandla okwenza kanjalo.

Cabanga ngomuntu ekuthumelela umbono ongamanga, bese uyawamukela. Akungabazeki ukuthi uzolinyazwa yiwo. Kodwa unamandla okulahla imicabango emibi. Ungabesabi labo abanezinhloso ezimbi, ngoba akekho ongakuthonya ngaphandle kokuthi ubuthakathaka ngokwengqondo. Ukwesaba nengqondo evaliwe kuvumela ububi ukuba bungene. Kodwa uma uziqinisekisa ukuthi, "UNkulunkulu unami futhi uyangivikela," okuhle kuphela okuzokuza kuwe

okuvela emicabangweni yabanye. Ngisho noma othile ekuthumelela imicabango emibi, ngeke ikufinyelele; kunalokho, izobuyela kumthumeli, imlimaze ngezindlela azaziyo noma angazazi. Zizungeze ngoNkulunkulu futhi ufune isiphephelo egameni laKhe elibusisiwe, amandla amakhulu kunawo wonke endaweni yonke. Ludonga olungenakungenwa lapho yonke imicibisholo yobubi, amanga, nobuzenzisi idilizwa khona, futhi lapho yonke imicabango emibi iphambuka khona futhi iphindiselwe emuva emthonjeni wayo nakumsunguli wayo!

Ungalaleli amandla ezipoki ezizulazulayo nemimoya elahlekile, noma abenzi bomlingo omnyama. Kunezimpi eziningi ezinkulu nezihlala zikhona endaweni yonke ezidlalayo ezinkundleni zokuphila. Kukhona impi yendawo yonke phakathi kokuhle nokubi. Kodwa akukho ukwesaba kumakholwa aqotho enza ngokuvumelana nokholo lwawo nezinhloso zawo ezinhle, ngoba okuhle kuzonqoba ekugcineni.

Leli zwe libuswa izidalwa ezingabonakali namandla: uNkulunkulu, abaprofethi baKhe, nabangcwele baKhe ngakolunye uhlangothi, noSathane, izinceku zakhe, kanye nezinhlangano zakhe ezimbi ngakolunye Kukhona impi enkulu phakathi kukaNkulunkulu nezingelosi zaKhe kanye noSathane kanye nabalingani bakhe Inkinga ayinakuxoshwa njengenkohliso nje Ukube uSathane wayengekho, besingeke sifune usizo lukaNkulunkulu ngokumelene naye Ububi bukhona futhi kumele bulwiwe ngazo zonke izindlela nezindlela

Lapho uNkulunkulu edala isintu, wadala noSathane. USathane, ngamandla akhe okukhohlisa, ukhona ukuze avivinye abantu. Ngaphandle kokuthi umlilo uncibilikisa insimbi, insimbi ayinakushaywa

noma yenziwe ngesando. Ngakho-ke lapho kufika ukugula noma ubuhlungu, khumbula ukuthi kuyisivivinyo okumele sidlule. Ungakhonondi noma ucindezeleke yizilingo ezinjalo. Imiphefumulo eminingi emikhulu iye yabhubha ngenxa yezifo ezimbi futhi yabekezelela ukuhlupheka okukhulu. Abanye bahlushwa ukukhubazeka okukhulu, kodwa balondoloza ukholo lwabo futhi badlulela enkazimulweni ephakeme kakhulu.

Iplanethi yethu enguMhlaba ingenye yezindawo ezinabantu abaningi kakhulu. Kunemihlaba engcono kakhulu kunale Mhlaba, egcwele zonke izinhlobo zezinkinga nobunzima. Kodwa, uNkulunkulu akasikhohlwa ngesihe saKhe; kunalokho, uzama ukusisiza ngezindlela eziningi ukuze siqobe ukuhlupheka kwethu kanye nezithiyo ezisivimbelayo.

UNkulunkulu, izingelosi zaKhe, kanye nezigidi zemimoya emihle balwela ukusungula uhlelo olungcwele lokuzwana eMhlabeni Zonke izimfanelo ezinhle kanye nezici ezizuzisayo zivela emoyeni omuhle, ngoba imimoya emihle ihlwanyela njalo imbewu yemicabango emihle nezinhloso ezinhle emhlabathini wezingqondo zethu. Nokho, ngesikhathi esifanayo, inkosi yobumnyama—uSathane—ngosizo lwabalandeli bayo bemimoya emibi, idala isiphithiphithi nezinkinga emhlabeni. Ngubani ngaphandle kukaSathane owadala amagciwane esifo? Waletha izinhlobo eziningi zesifo, kwabe sekuba yisifo sofuba, kanye nolunye ubhubhane olubulalayo, umdlavuza, nezinye—zonke izindlela zobudemoni zokuhlupha isintu. Kodwa uNkulunkulu uphefumulela abacwaningi abaningi ukuba basungule izindlela ezintsha nezizuzisayo zokuqeda izifo.

Injabulo yocansi iyinto ekhohlisayo ehambisana nenjabulo yaphezulu Lapho ucansi luhlukaniswa

**nothando oluthembekile futhi lusetshenziswa
ukwanelisa imizwa yobulwane, luba ithuluzi ezandleni
zikaSathane lokugcina ingqondo yomuntu ithunjiwe
yimizwa, ingakwazi ukuzwa ukuqonda kwaphezulu**

**Kukhona uZiqu-zintathu wamanga owadalwa
udeveli esikhundleni senjabulo engokomoya. Lo Ziqu-
zintathu uyinkanuko engalawuleki, isifiso sotshwala,
kanye nokuhaha ngemali**

**Lapho u-Adamu no-Eva bezwa imizwa yocansi,
bawa ePharadesi, balahlekelwa ukuqonda kwaphezulu
okwabavumela ukuba babone ubunye noNkulunkulu
ngenjabulo engokomoya. Ngakho-ke, baxoshwa
eNsimini yase-Edene. Kusukela ngaleso sikhathi,
isintu siphokelekile ukuzala ngokocansi, njengazo
zonke ezinye izidalwa. Owesifazane ubeletha
ngendlela ebuhlungu nenzima. Ngemva kwalokho,
indoda nomfazi kumele bamukele lokho abanakho.
Uma benengane enobugovu futhi enephutha,
baphokelekile ukuyikhulisa. Ekuqaleni, babenamandla
okudala noma yini ababeyifisa ngamandla
okucabanga, njengoba nje uNkulunkulu enza.
Mazibusiswe lezo zinsuku zokuqala zobumsulwa.
Ngempela, zaziyizinsuku ezijabulisayo
nezikhazimulayo.**

**Futhi ngemva kwakho konke lokhu, ekugcineni,
uSathane ngokwakhe uzoba ithuluzi ezandleni
zikaNkulunkulu. USathane akazigcini izithembiso
zakhe esintwini, ngakho-ke, abakhungathekile
nabadumele baphendukela eNkosini ethembekile
ukuze bathole usizo nokugcwalisa amathemba abo.**

**Kodwa akudingeki silinde ukudumala ukuze
kusishukumisele ukuba siphendukele kuNkulunkulu
Akufanele sifake wonke amaqanda ethu ebhasikidini
elilodwa**

Akufanele sigcine amathemba ethu enjabulo ebhasikidini elibuthakathaka lomzimba kanye nenjabulo yesikhashana yezwe.

Masilaleleni, bangane bami, izwi likaNkulunkulu likhuluma nathi ngemicabango yethu emihle. UNkulunkulu, abaprofethi baKhe, kanye nemimoya yaKhe yezingelosi badala le micabango emihle. USathane nabalandeli bakhe badala imicabango nezilingo ngomfanekiso wabo.

Noma nini lapho umcabango omubi ufika engqondweni yakho, uwuxoshe ngaphandle kokuzisola, futhi udeveli ngeke esakwazi ukusebenzisa ithonya lakhe phezu kwakho futhi akulimaze. Khumbula ukuthi lapho ucabanga kabi, uthatha isinyathelo esiseduze nodeveli.

Umuntu uqhubeka enyakaza, ehamba phakathi kokuhle nokubi

Ukuze ubalekele lolu daba lokuxoxisana ngezimoto, umuntu kumelwe aye lapho isandla sikadeveli nezinceku zakhe singenakukwazi ukufinyelela khona enhliziyweni kaNkulunkulu , nokuthula makube phezu kwakho.

Ibhalansi yengqondo phakathi kwezinguquko

Abantu baseNtshonalanga bagcizelela induduzo engokomzimba Lapho isimo sezulu sishisa kakhulu, bayahlupheka ngenxa yokuntuleka kokupholisa, futhi uma kubanda kakhulu, bazizwa bengakhululekile ngenxa yokungabikho kokushisa okwenziwe. Kodwa othisha baseNdiya banikeza ifilosofi ehlukile. Bathi ukuzwela ukushisa nokubanda, injabulo nobuhlungu, kuvela eziphakamisweni ezikhohlisayo zezinzwa ezikhohlisayo kanye nokuzibandakanya komuntu kanye nokuphendula ezidingweni zakhe ezingapheli. Nokho, umuntu ohlakaniphile yilowo obalekela ukubanjwa yizinzwa futhi adlule kuzo zonke .izinto ezimbili

Abacabangi abahle abasikiseli ukuthi umuntu kufanele
azikhuze aze alimaze umzimba wakhe. Kunalokho, bacebisa
ukuzikhulula engqondweni ekuzizweni kokushisa noma
ukubanda lapho ukushisa noma ukubanda
sekungabekezeleleki, ngesikhathi esifanayo befuna ikhambi
.elinengqondo laleso simo

UGita uthi: “Labo ababoshwe yizinjabulo zenyama
abakwazi ukuthola ibhalansi yengqondo edingekayo
ekuzindleni, futhi abakwazi ukuhlangana noNkulunkulu
”. ngenjabulo engokomoya yeSamadhi

Uma umuntu ekwazi ukuzihlukanisa ngokwengqondo
nokuphazamiseka kwezinzwa, uthola ukuthula
kwangaphakathi Ngokuhlala engathinteki yimizwa yokufika
nokuhamba, wembula ukuthula okubalulekile
nokungaguquki komphefumulo. Kulokho kuqaphela okuqinile
nokungaguquki, uba munye nomphefumulo ophelele,
.ongenamkhawulo, nongaguquki

Impendulo engaphenduli kuyo yonke imizwa yomzimba
iphazamisa ingqondo nomphefumulo Lapho umphefumulo
uphazamiseka, umuntu ulahlekelwa ubunjalo bawo
bangempela, okuwukuthula. UNkulunkulu ukhona
ezindaweni ezishisa kakhulu nezibandayo kakhulu
eMhlabeni. Use-Arctic nase-Empty Quarter, akathinteki
yizimo namazinga okushisa adlulele endalo yaKhe
yasemhlabeni. Abantu, abadalwe ngomfanekiso waKhe,
kufanele balwele ukulingisa ukuziphatha kwaKhe.
UNKulunkulu wasibeka kulo mzimba, sibhekene nokushisa
nokubanda, injabulo nobuhlungu, kodwa ufuna sibheke lokhu
okuphindwe kabili ngengqondo elinganiselayo. Ufuna
siphakame ngaphezu kwazo zonke izinhlobo zokuphindwe
kabili. Kumelwe sihlakulele amandla nokukhuthazela
ngaphandle kokunganaki noma ukuntuleka kokubona
kusengaphambili. Lapho singenakukwazi ukugwema
ukushisa noma ukubanda okukhulu, kumelwe sihlukanise
izingqondo zethu kuzo. Lapho senza umzamo omkhulu

wokwenza lokhu, yilapho ingqondo izikhulula khona, ukuze imizwa engafuneki ingathinti kabi ukuqonda kwethu noma .imizwa yethu

Ubuso besikhumba abuboni ukuthinta; le mizwa icutshungulwa ebuchosheni Umuntu anganambitha, athinte, ahoge, ezwe, noma abone ngengqondo. Kubonakala sengathi sizwa ukunambitheka ebusweni bolimi, kodwa empeleni ubuchopho obubhalisa lokho kunambitheka. Ngokufanayo, lapho ingxenye yomzimba ilimele, ubuhlungu buzwakala kakhulu engqondweni, hhayi esithweni esithintekile. Sinezindlela ezimbili zokuzwa ubuhlungu: inzwa kanye nesiqu sobuchopho. Ukuzwa kwenzeka lapho ubuchopho buvumela ukuxhumana phakathi kwenzwa kanye nesiqu sobuchopho. Ngaphandle kokuthi ubuchopho buqaphela ubuhlungu, abukho ubuhlungu. Lokhu kungukutholakala okumangalisayo kwamakhosi amakhulu aseNdiya. Lapho umuntu ethonywe yi-chloroform noma umuthi wokubulala izinzwa, akazizwa ubuhlungu ngoba imizwa ayifinyeleli ebuchosheni. Eziphethweni zemizwa kukhona izinwele ezincane lapho izimpawu zobuhlungu zidluliselwa khona ebuchosheni. I-anesthetic ivimbela .ukudluliselwa kwalezi zimpawu zobuhlungu Ubuchopho buyisitho sokuzwa kwengqondo, futhi yonke imizwa yomzimba idluliselwa kuyo ngezinzwa kanye nobuchopho uqobo Njengoba ingqondo ixhunywe ebuchosheni, iyamukela futhi ichaze le mizwa. Ingqondo eqiniswe ukucabanga okuhle ayithinteki kakhulu yimizwa yenjabulo nobuhlungu. Iyazazi lezi mizwa kodwa ayiboshiwe .yiyo

Abantu banikwa imizwa yokuvikela imizimba yabo Ngaphandle kwayo, umuntu wayengase athole ukulimala noma ukusha okukhulu ngaphandle kokuqaphela ukuthi Izilwane azizange zithuthukise leli khono, ngakho-ke umuzwa wazo wobuhlungu awubonakali kakhulu; ngaphandle kwalokho, unya oluqhutshwa kuzo ngezindlela ezithile

zokubulala nokubulala belungabekezeleleki Isibonelo,
!izinkalankala ziphonswa emanzini abilayo zisaphila
Ngenxa yokuthi kokubili ubuhlungu kanye nenjabulo
kuyizinto ezidalwe yingqondo, ubuhlungu obungokomzimba
bungancishiswa ngokuzijwayeza ukulawula ingqondo. Khona-
ke, umuntu angathola umuzwa njengesibonakaliso sesimo
esingavamile ngaphandle kokuzwa ubuhlungu. I-Bhagavad
Gita ikhuluma ngalokhu ngokujulile Ukuzwela okukhulu
enjabulweni noma ebuhlungwini kwandisa imiphumela yabo,
kuyilapho ukuzwela okuncishisiwe kwenza umuntu
angathinteki kakhulu ebuhlungwini futhi angagqilazwa
kakhulu yizinjabulo zezinzwa. Ngaseqesha umzimba wami
nengqondo yami ukuba ingazweli kakhulu ezintweni
ezishukumisayo futhi ngazithola ngikhululekile
eziphazanyisweni zezinzwa. Lokhu kuqeqeshwa kuyindlela
yokukhululwa ekubanjweni yizinzwa kanye nezidingo zazo
.ezingapheli

Udokotela othile wayenamandla amakhulu engqondo
kangangokuthi wakwazi ukwenza ukuhlinzwa okuyingozi
kuye! Yiqiniso, lokhu akunakwenzeka ngengqondo egqilazwe
yizinamathiselo zomzimba Kodwa ngokuqeqeshwa, ingqondo
ingaba namandla kakhulu Lapho umuntu eqeqesha futhi
elungisa ingqondo yakhe, kulapho engakwazi ukulawula
khona kakhulu. Ingane eyonakele icindezeleka kakhulu
ngisho nangomonakalo omncane, kuyilapho ingane
eqeqeshwe ekuqiniseni nasekukhuthazeleni ingavamile
ukuthuthumela noma ukuhoxa ebuhlungwini ngisho
.nasekulimaleni okukhulu

Kulokhu, indlela yokuqeqesha ekhuthazwa ochwepheshe
abakhulu baseNdiya ihluke ngokuphelele kuleyo efundiswa
othisha abangokomoya baseNtshonalanga India abaqeqesha
abafundi babo ukuba bazikhulule ngokuphelele ebugqilini
bomzimba kanye nezinzwa zawo. Induduzo ethuthukiswe
eNtshonalanga ikhuthaza ukuzitika komzimba, futhi ngenxa
yalokho, umzamo otshalwe ekuthuthukiseni amakhono

engqondo mncane futhi awubalulekile. ENdiya, sifunda
(ezindaweni zokuphumula zabaqondisi bethu) ukuthi
singawaqeda kanjani amandla ezinzwa ukuze singagqilazwa
yizo. Esikoleni sami eRanchi, eBihar, ngezinye izikhathi
sasilalisa izingane ezincane ezinkundleni ezincane
emhlabathini oqinile, futhi zakhula ziphilile futhi zinamandla,
.kokubili ngokomzimba nangokwengqondo
Abantu baseNtshonalanga bajwayele izindlela eziningi
zangaphandle zokuphumula nokulala okuphumuzayo ENdiya,
sasivame ukuhlala esihlabathini esishisayo ukuze sizindle
Kancane kancane, sakwazi ukuhlala ekushiseni usuku lonke,
nasemakhazeni kanye Ngenxa yalokhu kuqeqeshwa,
ngathola amandla engqondo kangangokuthi akukho lutho
olungaphazamisa noma luthinte ukuqonda kwami Lapho
ngisusa ingqondo yami ezinzweni zami, akukho lutho
olungikhathazayo nhlobo
Eminyakeni edlule, isimo sezulu sasishisa kakhulu, futhi
wonke umuntu wayephefumula kanzima. Ngenxa
yokuxhumana kwengqondo, ukungakhululeki kwabo
kwadluliselwa kimi, okwangivimbela ukuba ngigxile futhi
ngibhale izihloko. Ngabe sengizisola, ngithi, "Kungani konke
.lokhu?" futhi ngathandaza kuNkulunkulu
O Nkosi, ugesi ofanayo udala ukushisa kuhhavini kanye"
"!neqhwa esiqandisini. Ngakho isimo sezulu sipholile
Ngokushesha isimo saba mnandi kimi, njengokungathi
ungqimba lweqhwa luzungeze umzimba wami, futhi ngaqala
ukuzizwa ngiphefumulelwe kakhulu futhi ngabhala
.ngaphandle kobunzima
Ngesinye isikhathi, eminyakeni edlule,
ngangisohambweni lomgwaqo oluya e-cross state emotweni
evulekile neqembu labafundi abasebasha abazitholela
ulwazi, omunye wabo owayengunobhala wami Mina naye
salala emotweni, sabelana ngengubo encane Ubusuku
babubanda kakhulu Lapho ngilele ubuthongo obukhulu,
wangikhumula ingubo, kwathi lapho sengiphapheme,

ngamkhumula ingubo ngokungazi! Lokhu kwaqhubeka
isikhashana Inggondo yami yabe isithi, "Kungani wenza
"!kanje? Konke kulungile Ufudumele
Ngabe sengilahla ingubo, ngahlala phansi, ngaqala
ukuzindla kwaze kwaba yilapho umzimba wami uzizwa
ufudumele njengesinkwa. Lapho abafundi bevuka emahoreni
amabili kamuva, bethuthumela ngenxa yokubanda,
bangithola nginganyakazi. Ngangilahlekile enjabulweni
engcwele, futhi becabanga ukuthi ngifile, bazama
ukungivusa ekujabuleni kwami okungokomoya
ngokumemeza kwabo. Kodwa ngamomotheka ngathi,
"Kungani umsindo omkhulu kangaka, zinsizwa? Masiqhubeke
nendlela yethu." Bakhononda, "Ubuhleli emakhazeni
abandayo ungagqokile ijazi noma ingubo!" Kodwa angizange
ngibanjwe umkhuhlane, ngangingedwa kuphela
!owayefudumele

Okudingeka kwenziwe ukuqeqesha ingqondo ukuba ibe
nesimo sengqondo esihle Uma unquma ukuthi ngeke
ubanjwe umkhuhlane, amathuba okubanjwa yiwo azoncipha.
Inggondo kufanele futhi iqeqeshwe ukunqoba ubuhlungu
Ukuzwela kwengqondo kukhulisa ubuhlungu, futhi
ukukhulisa ubuhlungu kusho ukukhohlwa umfanekiso
kaNkulunkulu ngaphakathi kuwe—lowo mfanekiso ongcwele
nongenakunqotshwa

Izazi zasendulo zaseNdiya zathi yonke imikhuba iqala
ukwakheka kumuntu eneminyaka emithathu Kunzima
kakhulu ukushintsha le mikhuba uma isigxilile futhi igxile
engqondweni eqondayo Uma umndeni wakho nendawo
okuyo ifake engqondweni yakho lokho okuthandayo
nokungakuthandi, le mibono ingahlala nawe impilo yakho
yonke Into yokuqala engiyifundile kumeluleki wami
ohlakaniphile, uSri Yuktiswar, kwakuwukunqoba imizwa
yengqondo ehlobene nemizwa Lapho ngiya kuye okokuqala
ukuyoqeqeshwa, ngangiba nomkhuhlane uma
ngingasebenzisi ingubo efudumele esimweni sezulu

esibandayo Kodwa uthisha wami wangifundisa indlela
yokusebenzisa amandla engqondo yami ukunqoba lo
mkhuba Ngenxa yalokho, ngakhululwa emakhazeni
ayengihlupha kusukela ebuntwaneni kwaze kwaba yilapho
!Ngithola ukuqeqeshwa kwe-master

Abanye abantu bathi kufanele sithembele kuphela
esizathwini Abanye bakholelwa ukuthi kufanele sanelise
izinzwa zethu Zombili lezi zikhundla ziqisa kakhulu
Ngokusho komunye umbono, kuyalulekwa ukuthi
uhlolwe njalo ukuze uqinisekise impilo yomzimba kanye
nenhlalakahle, njengoba nje imoto yakho ihlolwa ngezikhathi
ezithile Lokhu kunengqondo Kodwa abantu abawona imishini
Uma impilo yakho yengqondo incike esimweni sakho
somzimba, ngokushesha noma kamuva ingqondo
izogqilazwa yizidingo zomzimba, okwenza zonke izinhlobo
nenani lemithi kanye nokunye ukwelashwa ngokomzimba
kungasebenzi Lokhu kuchaza ukuthi kungani sihlushwa izifo
ezingelapheki Ubuthakathaka bomzimba sebugxilile ngoba
ingqondo yenqabile ukuba yinkosi yomzimba
Ukulinganisela kungcono ekuqaleni Uma ulimale
kancane, faka i-iodine encane, kodwa ungathembeli
ngokuphelele emithini Thatha izinyathelo zokuphepha
ezifanele nezifanele kuze kube yilapho usukwazi
ukuthembela kancane kancane esizathwini Othisha abakhulu
ngokwabo basebenzisa imithi eyenziwe ngamakhambi
namakhemikhali adalwe nguNkulunkulu Imithi nemithi
ayibalulekile kumfundisi ongokomoya, kodwa ukuze
babonise ukuthi amandla kaNkulunkulu asebenza
ngezindlela eziningi, bangase bakhethe ngezinye izikhathi
ukusebenzisa imithi ethile. Kunoma ikuphi, ukunqoba kulele
emandleni okucabanga Uma ufinyelela ekukholweni
okuqinile ukuthi ungaphili ngaphandle kwayo yonke imithi
ngaphandle kwemiphumela emibi, uyanqoba futhi uthola
ubukhosi phezu komzimba

Ngesinye isikhathi, uthisha waphula ingalo yakhe wavumela ukuba iphathwe futhi ibhandishwe. Lapho indoda ecebile ifika izomvakashela ngemuva nje kwengozi, abafundi ababesaba bacabanga ukuthi isivakashi sizodumala lapho sibona ingalo yothisha iboshwe ngesling (ilenga entanyeni yakhe). Uthisha wathi esivakashini, "Njengoba ubona, ingalo yami iphukile futhi ngisezinhlungwini. Abafundi bacabanga ukuthi lapho bebona ingalo yami ephukile, nizocabanga ukuthi uNkulunkulu ungilahlele futhi akasangikhathaleli.

".Ningabanaki nhlobo

Ngesinye isikhathi, uthisha ofanayo wayehlabelela uNkulunkulu ngesimo sokujabula okukhulu lapho ewela phezu kwenqwaba yamalahle avuthayo eseduze. Kodwa-ke, waqhubeka nokuhlabelela. Lapho abafundi bemphakamisa, bathola ukuthi amanye amalahle avuthayo ayenamathele emhlane wakhe futhi emshisa inyama. Bethuswe yilokho okwakubonakala kushaqisa, kodwa uthisha wamomotheka wathi ngokuthula, "Kulungile, vele ukhiphe amalahle esikhundleni salo lonke lolu daba!" Akazange akhononde nganoma yiluphi ubuhlungu. Lokhu kuwukudlulela kwengqondo okuboniswa othisha. Kulesi senzakalo, uthisha wabonisa ukuthi wayengaphezu kobuhlungu. Ngesikhathi sokuqala, wayebonise ukuthi wayethintekile ubuhlungu .kodwa wabubekezelela ngesineke nangokuthobeka Kumelwe kuthathwe ukuma okuqinile mayelana nomzimba kanye nezidingo zawo Imibhalo isho ukuthi imiqondo yokushisa nokubanda, injabulo kanye nobuhlungu ivela ekuxhumaneni kwezinzwa nemithombo yaleyo mizwa noma imizwa. Kodwa-ke, le mizwa kanye nemizwa inqunyelwe yisiqalo kanye nokuphela. Iyadlula futhi iyadlula ngokwemvelo ngakho-ke kufanele ibekezelele ngesineke nangokubekezela. Kungani kufanele uthintwe umkhuhlane noma ubuhlungu obuncane? Isibindi esikhulu sengqondo kumelwe sihlakulelwe ngokuqeqesha ingqondo ukuba ibekezelele kuze kube yilapho ekugcineni ikwazi

ukuphakama ngaphezu kwazo zonke ezinye izinhlobo
.zobuhlungu nokuhlupheka

Umzimba umane uyikheji elimbozwe yinyama, lapho

inyoni yokuphila ihlala khona isikhathi esilinganiselwe.

Ukuphila ngokwako kukhululekile ngokuphelele emzimbeni,
kodwa impilo isixhumene futhi iboshwe ezimweni zomzimba
ezilinganiselwe nezinemingcele, futhi ngenxa yalesi sizathu
.iyahlupheka

Ngesikhathi sokuvuka, uyaqaphela imizwa

engokwenyama. Kodwa ngesikhathi sokulala, lapho

ingqondo yakho ikhululekile emzimbeni, awuqapheli leyo

.mizwa, kodwa kunalokho uzwa ukuthula okujulile

Ngenxa yokuthi umuntu wadalwa ngomfanekiso

kaNkulunkulu, uyakwazi ukuhlala emzimbeni ehlukanisiwe

ngokuphelele nemizwa yomzimba. Kodwa esikhundleni

salokho, uthatha izimo zomzimba abese ezenza zonke zibe
.ngokoqobo kakhulu

Ukuze umuntu akhululeke emizweni, kumelwe

azihlukanise ngokwengqondo nomzimba. Yingakho

abangcwele beluleka ukudlula kwengqondo kokubili injabulo

nobuhlungu, futhi lokhu kungatholakala kuphela

ngokuzijwayeza. Ngizibonakalisele leli qiniso futhi ngiyazi

ukuthi ukuzwela ngokweqile kuhilela ukulimala okuningi.

Ukuthobela ngokuzithoba izidingo zezinzwa kuyimbangela

yazo zonke izinhlungu nosizi. UNkulunkulu akazange

asinqumele ukuhlupheka. Wadala ukuqonda kwezinzwa

ukuze kusiqondise futhi kusijabulise, futhi wayehlose futhi

usahlose ukuba sisebenzise umzimba wenyama

ngokuhlakanipha, singanamatheli kakhulu kuwo

kangangokuthi sibe lusizi futhi sibe lusizi. Uma umuntu

esithanda kakhulu isilwane esifuywayo, sizosabela emizweni

yaleso silwane, yize singaxhumene naso ngokomzimba

yisimiso sezinzwa. Ngokufanayo, izinhlungu zethu zomzimba

zivela ekunamatheleni ngokwengqondo ngokweqile

.nomzimba

Inggondo kumele ithole ukubusa okukhulu phezu
komzimba Kuhle ukukwazi ukuphila ngamandla engqondo,
ngoba ingqondo ingenza noma yini ecelwayo. Futhi umuntu
angathembela kanjani kakhulu engqondweni? Ngokujwayela
kancane kancane ukushisa nokubanda, ukulala embhedeni
oqinile, nokunciphisa ukuthembela ezintweni ezivamile
.zokunethezeka

Ngesikhathi ngikhuluma, bengingazi nhlobo izinga
lokushisa eliphezulu namuhla, kodwa ngokukhuluma nje
.ngokushisa, ngaqala ukukuzwa

Ngesinye isikhathi ngangifundisa esimweni sezulu
esishisayo kakhulu Ngaphezu kwalokho, ukushisa emzimbeni
wami kwanda, njengoba kwenzeka njalo lapho ngifundisa
ngezinto ezingokomoya Inggondo yami yathi, "Awukwazi
ukuqeda inkulumo ngaphandle kokusula ubuso bakho
"obujulukile

Ngafuna iduku ephaketheni lami kodwa angikwazanga
ukulithola Ngabe sengibheka iso elingokomoya futhi
ngahlebela engqondweni yami: "Akukho ukushisa nhlobo"
Ngokushesha ukushisa okucindezelayo kwanyamalala futhi
ngaqhubeka nenkulumo ngokuthula nangokujabulisayo
.ngokupholisa okududuzayo

Zijwayeze lezi zinto wena ngokwakho ubone ukuthi
engikushoyo kuyiqiniso yini. Ungakhulisa ubuhlungu
ngokuzwela futhi ubunciphise ngenkululeko yengqondo.
Lapho othandekayo eshona, esikhundleni sosizi oludlulele,
kufanele samukele ukuthi baye endaweni ephakeme
ngokuvumelana nentando kaNkulunkulu, nokuthi
uNkulunkulu uyazi ukuthi yini engcono kakhulu kubo.
Kufanele simbonge uNkulunkulu ngokukhululwa kwabo futhi
sibathumelele imicabango yothando nezifiso ezinhle , sicele
uNkulunkulu ukuba abamukele futhi abanike isihe nomusa
wakhe endaweni yokuhlala yaphakade lapho bengeke
.besaba khona noma badabuke

Kungokwemvelo ukudabuka ngokulahlekelwa
abathandekayo; ngaphandle kwalokho, besingeke sibe
ngabantu. Kodwa-ke, imizwa yokudabuka ibathinta kabi,
ibagcine beseduze nomhlaba kunasezulwini. Ukudabuka
okukhulu kuvimbela umphefumulo oshonile ukuthi
.uthuthukele ekuthuleni okukhulu nasenkululekweni
Iningi labantu abahlala emhlabeni namuhla babengekho
lapha eminyakeni eyikhulu edlule Abanye babelapha
ngaphambi kwethu Nathi, nathi, ngeke sibe lapha
eminyakeni embalwa Isikhathi sethu sizophela, futhi
izizukulwane ezizayo ngeke zisikhumbule Kunalokho, abantu
bazozizwa ngaleso sikhathi, njengoba sizizwa manje, ukuthi
leli zwe liyizwe labo, kodwa lizosuswa kubo, futhi bona kulo,
ngamunye ngamunye Ukufa kumelwe kube yisidingo
somuntu; ngaphandle kwalokho, uNkulunkulu onesihe
ubengeke akuvumele ukuthi kwenzeke kunoma ubani
Ngakho-ke, kumelwe siqinise ukholo lwethu kuNkulunkulu
futhi singakwesabi ukufa
Labo abesaba ukufa abakwazi ukubona ubunjalo babo
bangempela uShakespeare wathi: "Amagwala afa kaningi
ngaphambi kokufa kwawo; amaqhawe awalokothi akuzwe
"ukufa kodwa kube kanye
Igwala lichitha izinsuku zalo lisesimweni sobuhlungu
bengqondo nokufa kancane. Indoda enesibindi izwa ukufa
kokugcina kuphela, ngokushesha nangokungenabuhlungu.
Uma umuntu efa ukufa kwemvelo noma ethuthukile
ngokomoya, ukuqonda kwakhe okungokomoya kuyavuka
ngokushesha lapho umzimba ushona, bese ezithola
ekwelinye izinga lokuphila—indiza enazo zonke imizwa
.kodwa engenawo umzimba
Ukuqonda kusekelwe engqondweni. Ekufeni, umuntu
ulahla umzimba wakhe oqinile, okuwumfanekiso wengqondo
yesigaba esiphansi kanye nembangela yazo zonke izinkinga
.zomphefumulo

Kunezinhlalo ezimbili zabantu: labo abakhononda njalo
futhi abakhala ngezinkinga zomhlaba, kanye nalabo
abanqoba ubunzima bempilo ngokumomotheka, belondoloza
isimo sabo esihle naphezu kwezimo ezimbi. Asikho isidingo
sokuthatha izinto ngokungathi sína kakhulu. Ukube wonke
umuntu ubenombono omuhle futhi evumelana, umhlaba
.ubuyoba indawo engcono kakhulu kunamanje
Emahlathini empucuko, phakathi kobunzima nobunzima
bempilo yanamuhla, kulele isivivinyo sangempela Konke
umuntu akwenzayo kuzobuyela kuye, okuhle ngokuhle,
nokubi ngokubi Labo abazonda abanye bazozondwa ngenxa
yalokho Labo abazigcwalisa ngemicabango emibi nemizwa
ephikisanayo babhubhisa ubuntu babo futhi bacime injabulo
yabo Uma uzizwa uthukuthele, hambahamba ubale kusukela
kokunye kuya kokuyishumi nanhlano, noma ushintshe
ukugxila kwakho uye kokuthile okujabulisayo nokujabulisayo
Lapho abanye bekuhlukumeza, akuhlakaniphile ukufuna
ukubaphatha ngendlela efanayo Uma uthukuthele, ingqondo
yakho iyabila, ama-valve enhliziyo yakho ayahlupheka, futhi
umzimba wakho uphelelwa amandla futhi ukhathele
Thumela amaza okuthula nobuhle aveza kangcono isimo
sangempela somphefumulo wakho, isithombe saphezulu
esikuwo Khona-ke, akekho ozokwazi ukukunyakazisa noma
ukuphazamisa ukuthula kwakho
Ngamafuphi, konke kuqala engqondweni Isono
siwukudalwa kwengqondo Izingane ezincane zihamba ze
ngaphandle komuzwa wesono Konke kuhlangezile kulowo
onengqondo emsulwa necacile, kodwa
Kubantu abathanda ucansi, konke kubonakala kubi futhi
kubi
Uma izenzo zomuntu zimbi, izinsolo zakhe zizoba zimbi,) (futhi
uzokholwa yilokho akujwayele ukukucabanga
Ingqondo engalawuleki idala isiphithiphithi ezimpilweni
zethu Labo abangqondo zabo zigqilazwe yizinzwa zabo

bangabaphehli bezingxabano nempi, kanye nezinsika
zokungabi nabulungisa nobumnyama
UNkulunkulu wabeka imiphefumulo yethu kule mizimba
enikezwe izinzwa ukuze siphile kuleli zwe futhi sifunde
kokuhlangenwe nakho kwethu nokwabanye, ngaphandle
kokuvumela injabulo yethu ilawulwe yizenzakalo nezimo
ezishintsha njalo ezisizungezile UNkulunkulu ufuna silawule
izifiso zethu kunokuba sizivumele zisilawule, futhi sibe
nokulinganisela kwengqondo hhayi kuphela lapho konke
kukhazimula futhi kujabulisa, kodwa futhi naphakathi
kobunzima nobunzima Ukuzazi kusinika lokhu kulawula
Umdanso wokuphila nokufa awupheli, kodwa umuntu
unekhono lengqondo lokukhuphuka ngaphezu kwakho konke
okuhlangenwe nakho kwezinzwa futhi angathinteki
.ukuphikisana kokuphila
Abantu banganqoba ukulinganiselwa kokuphila uma
bebhaka izinto nemicimbi ngombono olinganiselayo.
Ngokwenza kanjalo, bembula isimo sabo esingokomoya
.esingenakunqotshwa
Labo asebefinyelele kulesi sigaba sokuqondiswa baphila
njengamakhosi phakathi kwesintu futhi bahlangana
.nomqondo ongapheli ongenakushintshwa noma ushintshwe
Izimfundiso ezingokomoya ze-yoga zikhuluma
ngemininingwane yokuphila ngokunemba okucophelelayo,
zifundisa ukuthi umuntu kufanele enze kanjani kuzo zonke
izimo Abantu badalwa ngomfanekiso kaNkulunkulu, kodwa
abasakwazi ukubona lowo mfanekiso obusisiwe futhi kumele
.bawuthole kabusha ngaphakathi kubo
Igolide elicwengekile eligqitshwe ngaphansi
kwezindunduma zomhlaba lihlala ligolide elicwengekile,
ligcina zonke izakhiwo zalo naphezu kokufihlwa kwalo Ukuze
limbulwe, umuntu kumelwe ambe ajule emhlabathini futhi
afune aze atholakale Ngokufanayo, izingqimba eziningi
zemikhuba efana nobumba kanye nemizwa yomhlaba
zimboza umphefumulo ohloniphekile, wegolide Lolu "bumba"

luyimpande yezinkinga zengqondo zabantu njengokwesaba,
ukwesaba, inzondo, umona, ubunzima bokungaziphathi
kahle, kanye nemibono engalungile, kanye nesisekelo sazo
zonke ezinye izimfanelo ezisolekayo Ukuze asuse lolu bumba
oluhlazisayo, umuntu kumelwe ahlakulele isimo sengqondo
esinamandla nesiqinile maqondana nomzimba kanye
nezinzwa Ukunamathela emzimbeni kudala ukwesaba
okuhlukahlukeni engikucabange engqondweni yami zonke
izinhlobo zobuhlungu futhi ngakunqoba konke
Ukuze umuntu aqaphele ukuthi udalwe ngomfanekiso
kaNkulunkulu omsulwa, kumelwe anqobe ukwesaba
nentukuthelo futhi anqobe ukuzwela ngokweqile Abanye
abantu kunzima ukubajabulisa ngoba baboshwe futhi
bathwele imikhuba engabalulekile kanye neminingwane
engasho lutho yokuphila. Kodwa umuntu onengqondo
enamandla angathi, "Namuhla ngingalala embhedeni
othambile bese kusasa ngilala phansi; konke kuyafana kimi"
Njalo njalo Lokhu kungathathi hlangothi kwengqondo
kuqeqesha ingqondo, kuyenze ilalele imiyalo yakho futhi
.ikwazi ukufeza izicelo zakho
Ingqondo, bangani bami, iyakhohlisa kakhulu Kodwa
ngokucwengwa, ifunda imikhuba emihle nokuziphatha
okuhle Uma uthi, "Angikwazi ukuphila ngaphandle kwalolo
hlobo lokudla," ingqondo iyaphendula ithi, "Akunakwenzeka
"!ukuphila ngaphandle kwalolo hlobo lokudla
Kodwa umoya wakho udlula ukuqonda Uma ubungathi,
"Ngeke ngivumele noma yimuphi umuntu noma yini ukuba
ingigqilaze," ukuqonda bekuzophendula, uma nje lesi
sitatimende siqinile futhi isiphakamiso sinamandla.
Ungumnikazi wengqondo nomzimba; ungabi yisigqila sabo,
.futhi ungadanseli ingoma yabo
Ukukhululeka ezibophweni zemizwa kuyindlela kuphela
eya ekuthuleni nasenjambulweni Kungakhathaliseki ukuthi
izimo zinjani, lwela ukunqoba zonke izinzwa ezibuhlungu
!futhi uzenze ujabule, ngoba ungakwazi

:Imibhalo yokuhlakanipha kwaseMpumalanga ithi
Isimo sokuthula kwangaphakathi okuphelele"
"esitholakala ngokuzindla nge-yoga
Ngalokho umphefumulo ujabula ngokubona uMuntu
Ophakeme ekhanya njengelanga emini enkulu
Lapho ukuqonda komphefumulo kuqonda futhi
kunambitha injabulo enkulu kakhulu
I-yogi iyajabula ngokwazi imfihlo efihliwe
Noma ubani ofinyelela kuleso simo esibusisiwe
uyazibongela ngokuthola ingcebo yengcebo
Uhlala ephephile ekukhohlisweni kwesikhathi kanye
.nasezimangalisweni zokuphila ezilondekile kuye
Leso simo, esaziwa ngokuthi i-yoga, siyisimo
sokukhululeka osizini nasebuhlungwini
Babusisiwe labo abalwela ukuyifinyelela ngenhliziyo
enesibindi nokuzimisela okungantengantengi
Futhi siyakubongela noma ngubani oyitholayo futhi
ejabulela injabulo yayo edlula yonke imicabango
Akunancazelo
Ukuthula makube phezu kwakho
Ukulawula intukuthelo

Abanye bangase bacabange ukuthi lesi sihloko senzelve
labo abathukuthela kalula noma abacasukayo. Kodwa lo
muzwa ujule kakhulu kunalokho obonakala ngaphandle.
Umuntu angaphumelela ekulawuleni ukubukeka
kwangaphandle noma ukubonakaliswa kwentukuthelo
enobudlova, kodwa abe nentukuthelo efihliwe kanye
nentukuthelo ecindezelwe. Le ntukuthelo ibonakala
ngezindlela eziningi: ukucasuka okusheshayo, ukucasuka,
ukucasuka okusheshayo, ukungabekezeli, ukungahlaliseki,
ukunganeliseki, umona, imizwa eguquguqukayo, kanye
.nokungajabuli

Eqinisiweni, wonke umuntu uyahlupheka, ngezinga
elithile, ngenxa yenkinga yentukuthelo, ngaphandle uma

esefinyelele esigabeni esithuthukile sokuqwashisa, isigaba
.sokuthokoza ngokomoya noma isimo sokuthula

Intukuthelo – nganoma yiluphi uhlobo oluthathayo –
ivela ekungakwazini ukufeza isifiso Njengoba kungekho
injabulo yangaphakathi evela ekuxhumaneni komphefumulo
nomthombo wawo waphezulu, umuntu uzama ukufeza izifiso
zakhe ngezinjabulo zemizwa ezingajabulisi ngokwemvelo
ngenxa yokungapheli kwazo kanye nemiphumela evame
.ukuba mibi

Lezo zifiso zivame ukudala ukukhungatheka bese kuba
yintukuthelo, okuholela ekubhujisweni kokuqonda
.okungokomoya

Indlela ephumelela kakhulu yokunqoba intukuthelo
ukubhekana nomsuka wayo: izifiso Uma izifiso ziningi,
kuzoba nokukhungatheka okukhulu. Akunakwenzeka
ukufeza zonke izifiso ngoba izifiso azinakwaneliseki futhi
azinamkhawulo. Lapho sizama kakhulu ukufeza isifiso,
sinamathela kuso kakhulu, futhi lapho ukunamathela kwethu
kuqina, kulapho ubuhlungu bethu bokunqatshelwa
ukufinyelela kulokho okunganelisa izifiso zethu futhi
.kugcwalise izifiso zethu

Isibonelo, imvelo isinike umuzwa wendlala ukuze sazi
ukuthi umzimba udinga ukudla nini. Kodwa ukunamathela
kukhulisa lowo muzwa futhi kuwuguqule ube ubuhlungu
bengqondo. Uma umuntu othanda ukudla ephoqelesa ukuba
angadli izinsuku ezintathu—kungakhathaliseki ukuthi ngenxa
yezizathu zempilo noma ezingokomoya—ukuzila ukudla
.okunjalo kungenzeka kuhambisane nentukuthelo ethile

Ngakolunye uhlangothi, abanye abantu bangadla ukudla
izinsuku eziningi ngaphandle kokukhathazeka
ngokungabikho kokudla, ngoba baye bazijwayeza futhi
.baphumelela ekunganamatheli ezifisweni zomzimba

Uma sesiqonda ukuthi izifiso ziyimbangela yentukuthelo,
sifuna ukwazi izindlela ezisebenzayo zokubhekana nalezo
zifiso ngendlela eyakhayo. Kunezindlela eziningana zokufeza
:lokhu

Okokuqala: Ukugcwalisa izifiso

Ngezifiso ezilula, ezingenangozi, inkambo enengqondo
yokwenza iwukuzigcwalisa. Kodwa-ke, inkinga ivela lapho
.kuvela izifiso ezintsha ngenxa yokugcwalisa lezo zifiso

Ukuthula makube phezu kwakho

Ukuhlela ngokucophelela ikusasa elingcono

Uma uzulazula ungenanjongo empilweni ulinde
amathuba okuphumelela, lawo mathuba cishe ngeke afike
engqongqoza, futhi ngeke uthole impumelelo. Kodwa uma
ungulowo oklama ikusasa lakho futhi udweba imephu
yekusasa lakho ngezandla zakho, jabula ngokufeza umgomo
wakho, ngoba ususondele kakhulu ekufinyeleleni umgomo
.wakho owufisayo

Ukuze uklame imephu ephumelelayo, kufanele uqale
uchaze umgomo wakho. Kusho ukuthini impumelelo kuwe?
Ufunani empumelelweni? Uma impendulo yakho iwudumo,
ingcebo, noma ukugcwaliseka kwezifiso zezinto
ezibonakalayo zobugovu, khona-ke uphokophele
ekukhungathekeni okubi kakhulu kanye nokwehluleka
.ngokuphelele

Abantu abangaphumeleli kakhulu yilabo amagama abo
asemilonyeni yawo wonke umuntu, labo abanekhono
lokuthenga noma yini abayithandayo futhi abanayo –
ngokwezindinganiso zezinto ezibonakalayo – konke okufiswa
yimiphefumulo yabo, kodwa noma kunjalo abanayo injabulo!
?Pho kungani niqhubeka ngendlela efanayo engapheli

Udumo kanye nenhlanhla kungaba yizithelo
zempumelelo yangempela, kodwa akuzona izisusa
zempumelelo, futhi akuzona izimfanelo ezibaluleke kakhulu.
.Eqinisweni, azidingeki nhlobo ukuze kufezwe impumelelo

Ngakho-ke iyini inhloso? Yini okufanele umuntu ayifune
empilweni? Kukhona umgomo owodwa okufanele awulandele
futhi awulwele: injabulo Lokhu kudinga ukukhipha ingcebo
efihliwe yokuphila kuyo yonke imizuzu, kulabo abanekhono
lokusesha futhi abaziyo ukuthi leyo ngcebo ikuphi

Futhi yazi, O mfuni wenjabulo, ukuthi uma ukhawulela
ukunaka kwakho osukwini lwakho

Futhi uma ucebisa usuku lwakho ngamazwi akho
anomusa, izenzo ezizuzisayo, nemicabango emihle

Usuku lwakho luzoba umngane wakho othembekile
kanye nethuba lakho legolide

Ipasipoti yakho kanye ne-visa kuzoba ukungena kwakho
ekusaseni elithembisayo neliqhakazile eligcwele impumelelo

Ngakho-ke, isinyathelo esilandelayo ekuhleleni ikusasa
lakho ukuqaphela ngokucophelela okuqukethwe usuku
ngalunye lwempilo yakho bese ugcina lokho okuzuzisayo
nokuhle. Uma wehluleka ukwenza lokhu, khona-ke kumelwe
.ume kancane bese uhlola

Ukuze kufezwe impumelelo, kufanele kucatshangelwe
izinto ezilandelayo ezibalulekile, okungeke kufezwe
:impumelelo ngaphandle kwazo

Uma uvuka ekuseni, ungasuki embhedeni ngokushesha
bese uqala imisebenzi yosuku

Khululeka umzimba wakho wonke izikhathi eziningana
ukuze ubuye kancane kancane ube namandla Ngaphambi
kokuqala isimiso sakho sansuku zonke, zinike isikhathi

sokuziqinisekisa ukuthi lolu kuzoba usuku oluhle kakhulu
empilweni yakho Ziqinisekise ukuthi kungakhathaliseki
ukuthi kwenzekani, usuku lwakho luzoba ngale ndlela
Ukuqala ngomthandazo nokuzindla kuzoqinisa ukuqiniseka
kwakho futhi kukunike amandla owadingayo

Yenza impilo yakho ibe lula Ungathembeli ezintweni
ezisungulwe ngabantu ukuze uyijabulele Uma uzibekela
umkhawulo ezinjabulweni zesikhashana, uzoba nolaka,
udideke, futhi ube nemizwa eguquguqukayo. Asikho isidingo
sokunamathela njalo kuthelevishini, imibuthano yasebusuku,
.kanye namadili, asephenduke amasiko omphakathi agxilile

Omunye wake wathi—futhi yeka ukuthi amazwi akhe
ayiqiniso kangakanani—ukuthi akuwona umsebenzi wethu
osibulalayo, kodwa indlela esichitha ngayo isikhathi sethu
samahhala! Uzophila isikhathi eside—ngokuthanda
kukaNkulunkulu—futhi ujabulele impilo kakhudlwana uma
wenza impilo yakho ibe lula futhi ungazibophezeli
ngamaketanga omphakathi Funa injabulo etholakala
ezintweni ezincane

Yenza konke okusemandleni akho ukuqeda umsebenzi
owuphethe ngangokusemandleni akho

Uma unganelisekile ngomsebenzi wakho wamanje,
ukukhathazeka nokusebenza ngokungahlelekile ngeke
kushintshe lutho Zama ukubhekana nesimo ngesimo
sengqondo esihle, noma ngabe siyini, futhi kuzokwenzeka
enye yezinto ezimbili: noma ngabe uzothola ukuthi
uphuthelwe ithuba elibalulekile, noma umnyango omusha
uzovuleka ngokuzumayo, okukuvumela ukuthi ungene futhi
uthole umsebenzi ofanela kangcono izidingo zakho futhi
ogcwalisa izifiso zakho

Impilo iyinqubo eqhubekayo yokupha nokwamukela

Yiba nokulinganisela ukuze ungathathi okungaphezu
kwalokho okunikezayo, noma uzigcinele ekunikeleni
ngaphandle kokuthatha

Yandisa umbono wakho

Bonisa isithakazelo ekuphileni nasemisebenzini yabanye
Bheka ngale kwakho—emndenini wakho, nangaphandle
komndeni wakho uye kubangani bakho, nangaphandle
kwabangani bakho uye kubo bonke abantu Isayensi
iqinisekisa ukuthi uyingxenye yalokho okugcwele, ngakho
ungakhohlwa ukuthi ungumuntu omkhulu

Linganisa impilo yakho

Usuku ngalunye kufanele luhlanganise umsebenzi,
ukuphumula, ukuphumula, ukutadisha, kanye nokuzindla
Uyisidalwa esinomzimba, ingqondo nomoya Khulisa lezi zinto
ezibalulekile ngendlela elinganiselayo nevumelanayo ukuze
ufinyelele impilo, amandla, nolwazi

Shesha ukumamatheka

Ukububula kancane

Iqhutshwa yisifiso sokusiza

Ukulungele ukulinda nokushintsha, futhi uqaphele
amathuba

Hlola i-akhawunti ekupheleni kosuku

Zibongele ngentuthuko oyenzile Ngeke ushintshe
ngobusuku obubodwa, ngakho ungesabi ukubhekana
namaphutha ngokuzimisela okungcono kanye nombono
ocacile

Ngaphambi kokulala, beka izindaba zakho
kuNkulunkulu, wazi ukuthi ngeke akushiye wedwa, kodwa

uzokunikeza amathuba futhi akuvulele iminyango uma nje
.wenza umzamo futhi ufuna usizo nesiqondiso Sakhe

Uma unqotshwa ukozela futhi ngaphambi kokuba ulale,
ziqinisekise ukuthi ikusasa lizoba ngcono kunanamuhla,
.ngosizo lukaNkulunkulu

Uma ungumhleli ocophelelayo futhi ungumakhi
onekhono

Uma ulandela imininingwane yemephu yakho

!Akunakwenzeka ukwehluleka

Uma uzama ukuhlola izinkolelo zakho ezingokomoya,
umhlaba omusha uyavuleka Ukuzihlola kubalulekile ukuze
uzazi wena noNkulunkulu Ungase uzizwe unokholo olujulile,
futhi ingqondo yakho ingase yaneliseke ngalokho Kodwa
ngaphandle kokuthi wena uqobo uqiniseka ukuthi
imithandazo yakho ithola impendulo eqondile, akukho ngubo
yenkolo engakunikeza Nakuba ukuthola impendulo
kaNkulunkulu kungaba nzima, kungenzeka Ukuqinisekisa
ukufinyelela kwakho kwangempela ezulwini, kumelwe uzwe
amandla emithandazo yakho ukuze ukwazi ukuyenza
isebenze ngempela

Ngisengumfana, nganquma ukuthi imithandazo yami
izophendulwa noma nini lapho ngiphendukela kuNkulunkulu
ngokunxusa Lokho kuzimisela okungantengantengi
kuyindlela Zonke izilingo zizofika zizobuthakatha ukuzimisela
kwakho futhi zikhubaze intando yakho, kodwa amandla
kaNkulunkulu okuphendula awanamkhawulo Ukukhuthazela
nokusebenzisa njalo amandla okuzimisela kuzoletha
impendulo kaNkulunkulu

Kubalulekile ukufunda indlela efanele yokugxilisa
ingqondo Kubalulekile nokuba nesikhathi esanele sokuba
wedwa nokuzindla ngasese Ukuxhumana njalo nabanye

kuvimbela ukukhula ngokomoya Abantu abaningi
banjengeziponji; bamunca konke kuwe, futhi awutholi lutho
ngembuyiselo Yiqiniso, kuyazuzisa ukuba nabanye abaqotho
nabanamandla ngokomoya Uma umuntu ngamunye
eqaphela amandla, ubuqotho, kanye nentando yomunye,
izimfanelo ezinhle ezingokomoya zingabelwana ngazo
phakathi kwabo

Isikhathi akufanele sichithwe ezintweni ezingabalulekile
Abantu abaningi bazixakekisa ngezinto ezingenamsebenzi,
futhi uma ubuza omunye wabo ukuthi wenzani, uzophendula
athi, "Bengimatasa ngaso sonke isikhathi!" Kodwa abakwazi
ukukhumbula lutho ngalowo "msebenzi"! Ngaphezu
kwalokho, ukuzilibazisa ngokweqile nokuzijabulisa kwenza
buthaka inhlalakahle yengqondo Uma ubuka ama-movie
nsuku zonke, azolahlekelwa ukukhanga kwawo futhi uzoba
nesithukuthezi. Amafilimu afana, anabalingiswa abahlukene:
abathandi, abagijimi, amaqhawe, ababi, njalo njalo. Singase
sikujabulele ukubuka indaba yefilimu, kodwa impilo
.ayivamile ukuba njalo

Ukuphila kuyakhohlisa kakhulu, futhi kumelwe
sikusondele kanjalo Uma singazinqobi izinkohliso namacebo
aso kuqala, ngeke sikwazi ukusiza omunye umuntu
Ebumnyameni bengqondo egxile kulele ifektri yazo zonke
izimpumelelo ezinkulu Khumbula lokhu Futhi kule fektri
emangalisayo, qhubeka uluka amaphethini entando yakho
ukuze unqobe zonke izithiyo ezimbi

Qeqesha futhi uqinise amandla akho okuzimisela njalo.

Unamathuba amaningi okusebenza kule fektri imini
nobusuku uma nje ungachithi isikhathi sakho noma amandla
.akho

Ebusuku, ngiyazihoxisa ezidingweni zomhlaba zokuba
ngedwa nami, ngikude kakhulu nomhlaba, ngingedwa
nentando yami ekuphumuleni kwami okungokomoya, lapho

ngiqondisa khona imicabango yami endleleni engiyifunayo
futhi ngenze izinqumo ngaphakathi kwami. Uma nginxusa
intando yami ukuba yenze imisebenzi emihle nezuzisayo,
kungidalela impumelelo. Ngale ndlela, ngisebenzise intando
yami ngempumelelo izikhathi eziningi. Kodwa lokhu
akufezwa ngaphandle kokuthi ukusetshenziswa kwentando
.kuqhubeke njalo

Yeka umuzwa omuhle okuyoba yiwo ukukwazi ukusho
nokuqinisekisa, "Intando yami, egcwele intando yendawo
yonke, izoletha engikufisayo!" Uma uzizwa ukhululekile futhi
ubeka konke entandweni yaphezulu ngaphandle
kokusebenzisa intando yakho, oyinikwe nguNkulunkulu,
ngeke ufinyelele umphumela oyifunayo Amandla angcwele
afisa ukukusiza ngokuzithandela kwawo. Asikho isidingo
sokunxusa noma sokuncenga; kunalokho, kumelwe
usebenzise intando yakho ukucela nokufuna—njengendlalifa
efanele—futhi wenze ngokufanele. Kufanele ususe
engqondweni yakho umbono wokuthi uNkulunkulu,
ngamandla Akhe nangamandla Akhe angaphezu
kwawemvelo, ukude futhi ufihliwe emazulwini, nokuthi
uwedwa phakathi kwezinkathazo nobunzima balo mhlaba.
Khumbula ukuthi intando yaphezulu ingaphezu kwentando
yakho yomuntu, kodwa lawo mandla amakhulu,
njengolwandle olungenamkhawulo, ngeke akufinyelele
ngaphandle kokuba ingqondo yakho ivulekile futhi inhliziyo
.yakho iyamukela

Ukuthula makube phezu kwakho

Ukungoba imicabango ekhathazayo

**UDeveli, noma inkohliso yendawo yonke, uhlala
esibamba ezingibeni zakhe, esebenzisa ukungazi
kwethu kanye nokungabi nalwazi, ngaleyo ndlela
evimbela izinjongo zikaNkulunkulu. UNkulunkulu,**

ngamandla akhe aphelele endawo yonke, angamngoba kalula udeveli, kodwa ukhetha ukuthi isintu sisebenzise okuhlakanipha kwaso, intando, kanye nonembeza waso ukuze sibalekele ukuxhashazwa ububi. Lapho sikhetha injabulo engokomoya kunezinjabulo zesikhashana, kulapho amandla aphikisayo ephucwa khona amandla awo amnyama. Ngakho-ke, kukithi ukubambisana noNkulunkulu ukuze singobe uSathane nezingibe zakhe.

Uma umuntu evilapha, enganaki, noma ehlehlisa izinto, basiza uSathane ukuba amsondeze eduze. UJesu wacela abafundi bakhe ukuba bathandaze, “Ungasingenisi esilingweni, kodwa usikhulule ebubini.” Futhi kuyi-Quran Engcwele, sifunda ukuthi, “Yithi, ‘Ngiphephela eNkosini yesintu ebubini bomhlebi ohoxayo’” Lomhlebi akadalwanga yithi; kunalokho, ungowezwe lezinto ezibonakalayo, futhi bonke abantu bangaphansi kwakhe. Kodwa ukuze uNkulunkulu asinike amandla okuzikhulula, usinike ukucabanga, unembeza, namandla okuzimisela.

Ukukhetha kwethu imisebenzi yesono kusho ukuziphonsa osizini, ezinkingeni ezingathandeki. Uma siwa noma sishelela ngenxa yemicabango yethu engalungile, kufanele sithandaze sithi: "O Nkosi, ungasishiyi lapha, kodwa siphakamise ngamandla okuhlakanipha nentando. Ngemva kokusikhulula ekubanjweni kobubi, uma ufisa ukusivivinya, qala ngokuziveza kithi ukuze siqaphele ukuthi ukhanga kakhulu kunanoma yisiphi isilingo futhi ujabulise umphefumulo nezinzwa kunanoma yikuphi ukuyenga noma ukuthatheka."

Uma nje umuntu ezizwa engafuni ukuzincisha injabulo ethile elimaza inhlalakahle yakhe, ungaphansi kwethonya likaSathane futhi ngokushesha uzobhekana nemiphumela emibi yokunqotshwa izilingo ezilimazayo zemizwa. Kodwa-ke, uma beqiniseka ukuthi isilingo noma ukuyenga kuyingozi futhi kuyabhubhisa ngoba kuthembisa injabulo enkulu kodwa ekugcineni kunikeza ukuzisola, ukuzisola, kanye nonembeza ohlushwayo, khona-ke bangamngoba uSathane.

Akungabazeki ukuthi isilingo sinokukhanga kwaso Izinzwa zethu ziqondiswe ngokuphelele ezweni langaphandle Umsinga wamandla abalulekile ugeleza usuka ebuchosheni ngemizwa uye emehlweni, ezindlebeni, ekhaleni, olimini, nasesikhumbeni Imizwa esiyithola ngalezi zitho ingumphumela walo msinga okhipha umoya, yingakho sijabulela umuzwa Lena indlela izinzwa ezisebenza ngayo Nokho, ukuzitika ngokweqile kuzo kunezingibe nezingozi zako Ngaphandle kokuthi umuntu usekelwe ngokuqinile ekuqondeni nasekwazini, la mandla okukhipha umoya (ageleza aya ezithweni zomuzwa) amenza isigqila sezinzwa

Izinzwa ezinhlanu zifana nokukhanya okunezibani ezinhlanu. Ngalesi sibani, sibona futhi sizizwele umhlaba wezinto ezibonakalayo. Sijwayela ukujabulela izinto ezijabulisa iso, indlebe, iphunga, ukunambitha, kanye nokuthinta. Isifiso sokuzwa okuthile sivame ukuba umkhuba ogxilile. Inkinga ukuthi abantu abaningi abakaze babone umoya waphezulu ofihliwe ngemuva kwezinto, ngakho-ke abanalo izinga lokuqhathanisa imibono yezinzwa ejabulisayo nejabulisayo nenjabulo engachazeki yomoya ofihliwe. Ayikho indlela yokwenza

ukuqhathanisa okunjalo ngaphandle kokuthi umuntu ngokwengqondo adlule ezintweni ezishukumisayo zezinzwa aze afike lapho engenakukwazi ukuziheha noma ukuzithonya. Okuwukuphela kwendlela yokugwema lolu gibe ukuqaphela, kungaba ngokwengqondo noma ngokuhlangenwe nakho komuntu siqu, ukuthi injabulo nezinjabulo eziphakeme zikhona ngempela.

Imiyalelo nezincomo zokugwema ukwenza okubi okulimazayo ngokuvamile azisizi ngalutho, ngoba ngokushesha nje lapho ucela umuntu ukuba angenzi okuthile, ufuna ukukwenza ngokushesha.

Isithelo esenqatshelwe simnandi futhi simnandi ekuqaleni, kodwa ukunambitheka kwaso kubaba njengenyongo ekugcineni. Kodwa, naphezu kwabo bonke ubuhlungu abantu ababuzwayo, abafundi futhi abaphenduki, kodwa bayaqhubeka nokwenza izinto ezifanayo, kungakhathaliseki ukuthi umonakalo omkhulu kangakanani ngokomzimba nangokokuziphatha.

Lapho ukuthanda okuhlangenwe nakho kwezinzwa sekuqine, lo mkhuba uthatha ubuchopho bese uphenduka umlawuli ocindezelayo, oyala umnikazi wawo ukuba akhulule izinkanuko futhi anelise izifiso ezinganeliseki noma ezingaqedwa, yize lokhu kuphikisana nezintshisekelo zomuntu futhi kungqubuzana nezimiso zakhe.

Umuntu angase angafuni ukuphinda isenzo, kodwa azithole ephoqelekile ukukwenza Zama ukungazivumeli ukuthi ufinyelele eqophelweni lapho ukhungatheka khona—uyisisulu semikhuba elimazayo, ebhubhisayo kanye nesisulu semicabango eyonakele kanye nokushisekela okubi Kumelwe ube yinkosi

yakho kanye nesiphetho sakho Ungavumeli muntu noma yini ukuthi ikulawule Lapho isifiso sokuzwa umuzwa othile siba umkhuba ojwayelekile, lowo mkhuba kufanele umiswe

Ngangisithanda kakhulu isiphuzo esifana ne-lemonade. Abanye abafundi babenginika lesi siphuzo esiqabulayo noma ngabe ngiyaphi, ngakho ngangisithola njalo. Kodwa ngolunye usuku ngathola ukuthi isiphuzo sami sase siphelile futhi ngasiphuthelwa, kodwa ngathi: "O, siphuzo esiqabulayo, usudlule imingcele yakho, mnumzane, futhi sekuyisikhathi sokuba sihlukane, salani kahle!"

Ngosuku olulandelayo ngazama ngamabomu umthamo walowo siphuzo, futhi ngawuthola umnandi kabi. Isizathu salokhu ukuthi imicabango yami yosuku olwedlule yayinamandla kangangokuthi isifiso sawo saphela ngokushesha.

Angilahlekelwa yilutho oluthathwe kimi, futhi angideli lutho ngokuzithandela Akukho nduduzo engokwenyama engangibopha. Kumelwe sikwazi ukuhamba kuzo zonke izinto zokuphila ngaphandle kokunamathela noma ukuthembela. Ngempela, umuntu ozithibayo uhamba ezweni lezinto ezibonakalayo enezinzwa eziqondisiwe, engenazo zonke izinhlobo zesifiso, futhi uthola ukuthula kwangaphakathi.

Kulungile ukuba nezindlela nenduduzo, kodwa lapho umuntu ezwa isidingo sokuthola izinto zokunethezeka ezingadingekile, kulapho ezibopha khona kakhulu esimweni sokugqilazwa Lapho intando yabo nokuqonda kwabo kuba yizigqila zokunamathelana kwemizwa, balahlekelwa ukuqonda kwabo okungokomoya futhi bangakwazi ukuxhumana

**namazinga aphezulu okuqonda Abaprofethi
nabangcwele abalungile baphila impilo elula, kodwa
babejabule futhi banelisekile ngendlela yabo
yokuphila Baphila ngenjabulo futhi bahlala kanjalo
noNkulunkulu ezulwini Ngokuqondene nalabo
abaphila ngaphansi kwejoka lokungazi, bengaphansi
kwezingcindezi zezifiso, bazohlala kuleso simo impilo
ngemva kokuphila kuze kube yilapho bemelana
nezilingo zasemhlabeni neziphazamiso**

**(Ukuze kungabikho lutho olungalimaza injabulo
yethu yangempela Imizwa ebhubhisayo yentukuthelo,
ukuminza, ukuhaha, ubugovu, umona, ukuvuka
kocansi ngokweqile, utshwala, nezidakamizwa konke
kuyingozi empilweni nasengqondweni yomuntu ngoba
kuvimbela umuntu ukuba ajabule ngokomoya Izinzwa
akumelwe zisetshenziswe kabi ngokuzitika
ngokweqile uma ufisa ukujabula Okuhlangenwe nakho
kwezinzwa okungekuhle)**

**Zivikele esiphephelweni sokuhlakanipha, ngoba
kuyisiphephelo esikhulu kunazo zonke Ukuqonda
kweqiniso kuzokwenza unganqotshwa, ukuze
kungabikho lutho olukulimazayo. Kodwa ngaphandle
kokuba umuntu ethole ukuhlakanipha, umsebenzi
wakhe wokuqala ukuyeka isenzo noma isifiso
esicindezelayo lapho kuvela imicabango ecindezelayo.
Kulapho-ke umuntu angacabanga khona ngale ndaba
ngokuhlakanipha nangokucabanga. Uma umuntu
ezama ukucabanga kuqala, uzophoqeleka futhi
intando yakhe izonqotshwa ngokumelene nentando
yakhe yokwenza lokho angafuni ukukwenza, ngoba
imicabango ecindezelayo izobamba ukulawula
kwengqondo futhi iphuphuthekise ukuqonda
komuntu.**

Ezimweni ezinjalo, umuntu kumelwe athi, "Ngeke ngikwenze ukufa kunokuba ngikwenze ihlazo," bese eshiya isimo noma indawo ngaphandle kokungabaza Lena yindlela eqinisekile nephumelela kakhulu yokubalekela izingibe zikaSathane omubi. Uma umuntu ehlakulela la mandla okungaphenduli ngesikhathi sokuhlasela kwezilingo zikaSathane, injabulo yakhe iyoba nkulu, ngoba injabulo yangempela itholakala ekhonweni lokwenza lokho unembeza osiyala ukuba sikwenze futhi osivimbela ukuba sisondele noma sizibophezele.

Ungavumeli indawo okuyo noma izifiso zakho zenyama ziphule intando yakho noma zikulawule, mngane wami Yazi ukuthi ubuhle nokuphila okungokomoya kuphakeme kakhulu kunokuzitika ngenkanuko Amaketanga esilingo abopha abantu izandla nezinyawo; ungawavumeli akubophe Uma ubungathandaza kuNkulunkulu ukuba akuvumele unambithe uthando lwaKhe, ngisho kanye nje, futhi ubungaluzwa lolo thando oluphakeme kakhulu lwaphezulu, ubungeke ufise okunye ngemva kwalokho, futhi izifiso ezimbi bezingeke zibambe ingqondo nenhliziyo yakho

Uma uqiniseka ukuthi uNkulunkulu uyindawo ekhanga kakhulu endaweni yonke nokuthi uyigugu elikhulu kunawo wonke, akukho okunye okuzokwazi ukukulinga noma ukunqoba amandla akho okuqonda.

Ukwazi uNkulunkulu kuyisifiso esikhulu kunazo zonke kanye nesicelo esithandekayo kakhulu, ngoba injabulo yaphakade ayinasiphelo! Kumelwe sifune uNkulunkulu ngoba ungumuthi ophulukisayo kanye nomuthi osebenzayo wazo zonke izinhlungu nezifo

zethu, futhi ungumpendulo wangempela kuzo zonke izidingo zethu.

Konke izinhliziyi zethu ezikulangazelelayo, ezikushiselayo, nezikukhalelayo—uthando, udumo, ukuhlakanipha, ingcebo, nakho konke okunye—sikuthola ngokuvumelana okungokomoya okuphelele nolwandle lwenjabulo nengcebo.

Ukufa kuyoba ukuphela kokuqaphela komuntu isikhundla nodumo, noma ngabe ungumuntu odumile futhi onethonya kakhulu kuleli zwe, futhi ngeke esakwazi ukuthi abantu bayamkhulekela. Kodwa abaprofethi nabantu abakhulu, ngisho nangemva kokushiya leli zwe, baqaphela ngokujulile uthando abalandeli babo abanalo ngabo ngoba ukuqonda kwabo kuhlangele nokuqaphela kukaNkulunkulu, Owazi Konke, ohlala kuzo zonke i-athomu zokuphila, okubonakalayo nokungabonakali.

Pho kungani uzikhandla futhi ulwela ukuthola okuthile ozokulahlekelwa yikho ngokushesha nje lapho usuhamba kuleli zwe?

Imali, udumo, isithunzi, isikhundla, ukwanelisa izifiso, kanye nenduduzo yezinto ezibonakalayo konke kuyizinto zesikhashana nezilinganiselwe ezingathathi indawo yenjabulo yangempela yokuvumelana okungcwele nomoya nokukhanya kukaNkulunkulu.

Isilingo sinamandla kuphela ngoba abantu abanalo ikhono lokusiqhathanisa nalokho okungcono

Uma imimoya yesilingo ivunguza, ukuqonda kwakho kuba yinto yokuthunjwa okwesikhashana ezifisweni nasemikhubeni. Kodwa indlela ephakeme kakhulu eya enkululekweni ukucwiliswa enjabulweni

**kaNkulunkulu engapheli nengapheli, ngaleyo ndlela
uzophunyuka kalula ekubanjweni okungabonakali
kwamandla kagesi kwesilingo nemiphumela yaso
emibi, uqaphela ukuthi injabulo engokomoya
iphakeme kakhulu kunenjabulo yezwe futhi
ihambisana kakhulu nesimo somphefumulo.**

**Uma uthola injabulo yangempela kulokhu kuphila,
uzoba nayo manje nakwelizayo. Ukukhetha
kungokwakho, mfuni: injabulo yaphakade
kaNkulunkulu, ongayithola manje ngokuzincisha
injabulo ethile yezwe, noma injabulo yezwe edlulayo?
Lapho ingqondo yakho ivulekela amaqiniso aphezulu
nenhliziyo yakho ivulekele ukukhanya, uzokwazi
umehluko phakathi kwalokhu okubili bese ukhetha
okungcono kakhulu.**

**Yonke imizamo oyenzayo yokufinyelela
eziqongweni nokukhuphukela eziqongweni
ezingokomoya izobonwa nguNkulunkulu, futhi
uzokuvuza ngomvuzo omuhle kakhulu.**

**Ungacabangi, mngane wami, ukuthi uyisoni
Ungumfanekiso omsulwa kaNkulunkulu Ngisho noma
ungowona mkhulu kunabo bonke, akunandaba, uma
nje uphenduka ngokushintsha indlela yakho
engalungile futhi ungaphinde ubuyele kuyo. Uma
usuzimisele ukuhamba ezindleleni zobuhle, khona-ke
awukho phakathi kwezoni.**

**Ngisho nesoni esishiya izindlela zaso
eziqhambene ukuze sikhulekele uNkulunkulu yedwa
ngokuzinikela kweqiniso singabalwa phakathi
kwabalungile. Ngokuzimisela kwaso okungokomoya,
sizoba nomusa, sikhule ekuhlakanipheni nasekwazini,
sithole ukuthula okungcwele okungapheli, futhi**

**sijabulele isivikelo, ukulondeka, nokuphepha
kukaNkulunkulu.**

**Phendula ikhasi elisha uzikhumbuze ukuthi
ubulokhu umuhle nokuthi ubuphupha nje ukuthi
unephutha Inhliziyo kaNkulunkulu inkulu, futhi
umnyango Wakhe uhlala uvulekele abathembekile
abafisa ukushintsha izimpilo zabo zibe ngcono Ububi
buyiphupho elibi elibi noma iphupho elesabekayo
elingenakho ukuxhumana nesimo esimsulwa
somphefumulo**

**Isilingo sifana nobuthi obumnandi noma uju
olunobuthi olumnandi ukunambitha, kodwa lugeleza
egazini futhi lubhubhise izitho zomzimba, ngakho-ke
ukuhlala kude nalo kungcono**

**Injabulo abantu abayifunayo nabayifunayo kuleli
zwe iyakhohlisa futhi iyadlula ngokushesha Injabulo
kaNkulunkulu ingunaphakade futhi ihlala njalo
Langazela lokho okuhlala njalo futhi uzimisele
ukwenqaba injabulo nenjabulo yesikhashana yaleli
zwe, engenaso isikhathi eside Kumelwe ube nalo
mbono Ungavumeli izwe likudukise noma likuqhube
ngenduku yalo, futhi ungalokothi ukhohlwe ukuthi
uNkulunkulu uyiqiniso kuphela Injabulo yangempela
ingatholakala kuphela ekuzwa ubukhona
bukaNkulunkulu nasekuboneni injabulo Yakhe
edlulayo**

**Umuntu ucwile emaphusheni okungazi, ecabanga
ukuthi ubhekene nosizi lwezifo, usizi, nobumpofu.
Ngesikhathi omunye wamadoda amakhulu
kaNkulunkulu ethandaza, wamemeza ngokuzumayo
wathi: “Bengicabanga ukuthi yimi ngedwa ohlala
kulesi sakhiwo esingokwenyama, kodwa manje
ngibona uMuntu waphakade ebonakala kuso. Lobu**

**buntu obuncane, obungelutho ngaphandle
kwenqwaba yenyama namathambo, akumina. Uqobo
olungenamkhawulo yilokho okuhlala emzimbeni wami.
Ngumi uqobo lwami oluphelele, futhi nginikela kukho
ukwethembeka kwami okuphakeme kakhulu.”**

**Lolo lwazi luzofika ngolunye usuku kubo bonke
abafuna ngobuqotho, futhi ngeke besacabanga ukuthi
bangabantu abafayo, amadoda noma abesifazane
Kunalokho, bazokwazi ukuthi bayimiphefumulo
eyenziwe ngomfanekiso wobuNkulunkulu. Umbuso
kaNkulunkulu uhlala phakathi kwabantu, futhi umoya
ophakeme uhlala phakathi kwabo.**

**Umphefumulo uboshelwe emzimbeni yiketanga
lezifiso, izilingo, izinkinga, ukukhathazeka,
nokwesaba, futhi uzama ukuzikhulula. Uma uqhubeka
nokudonsa lelo ketanga eliwubopha engqondweni
yomzimba, isandla saphezulu ngolunye usuku
sizongenelela futhi siqamule lelo ketanga, futhi
umphefumulo uzokhululeka.**

**Labo abafisa ukuthula okungokomoya kumelwe
bazivikele esilingweni nasekudabukeni ngokuqonda
nokuzindla ngokujulile ngoNkulunkulu Labo
abangamnaki uNkulunkulu, abangamboni njengoMdali
wendawo yonke nakho konke okukuyo, abakuboni
ukuba khona kwaKhe noma ukubona ukukhanya
kwaKhe**

**Ukuzindla kuwukuzikhumbuza
ngokuphindaphindiwe ukuthi asiwona umzimba
wenyama olinganiselwe, kodwa umoya waphezulu
ophelele, okhululekile Ukuzindla kuwukukhumbula
ngokuqonda komuntu uqobo lwakhe kanye
nokukhohlwa ubuwena bakhe bamanga Uma inkosana
edakiwe ingaya endaweni ephansi futhi, ngenxa**

yokulahlekelwa inkumbulo yesikhashana kanye nobuwena bayo bangempela, iqale ukukhala nokudabuka ngesimo sayo, ithi, "O, yeka ukuthi ngimpofu kangakanani nokuthi ngidinga usizo kangakanani!" abangane bayo babezoyihleka bathi, "Phaphama ukhumbule ukuthi uyinkosana, Mhlonishwa!"

Ngokufanayo, umuntu usesimweni sokudungeka nokudungeka Uzikholelwa ukuthi ungumuntu ofayo ongenakuzisiza, ozabalaza futhi okhuthela, ojikijelwa amagagasi okukhathazeka kuzo zonke izinhlangothi Sekuyisikhathi sokuba avuke futhi aziqinisekise ngokuqiniseka okuphelele ukuthi ungumoya, akalawulwa izinguquko namathonya aleli zwe, noma ngabe zibonakala zinolaka futhi zesabeka kangakanani Kumele aqaphele ukuthi uyinhlansi ephilayo yomoya waphezulu obusisiwe, nokuthi ingqikithi yakhe iyinjabulo emsulwa nechichimayo Uma ephinda le micabango ngokuphindaphindiwe, ubusuku nemini, ekugcineni uzoqonda isimo sakhe sangempela: umoya ongafi

Ukuyenga, ukuhaha, ukunamathela kubantu nasezintweni, ukugqilazwa yizinzwa, ukungazi ngemvelo engokomoya, ubuvila, kanye nokuphila okuyisicefe, okwenziwa ngomshini konke kuphakathi kwezitha eziqine kakhulu zenjabulo

Yenza imisebenzi yakho ngengqondo egxile ekuqondeni okungcwele okuqhakaza futhi kukhula emikhakheni yokuzindla, khona-ke uzojabula ngempela, hhayi ngokukhohlisa, futhi ujabulele impilo ehloniphekile.

Ngesikhathi ngiqala ukuzindla, angikaze ngicabange ukuthi ngizoba nenjabulo enkulu

kangaka. Kodwa njengoba izinsuku zidlula, ukuthula kwami kwakhula futhi injabulo yami yanda njengoba ngangijula olwandle lokuzindla.

Uma umuntu ekhathele ukuphila akuphilayo, kodwa eqhubeka nokukugcwalisa ngezinto eziningi kanye nesifiso sokuhlangenwe nakho okusha kwezinzwa, usesendleleni ephambene neyigobile futhi kumele ashintshe indlela. Indlela eqinisekile yokubalekela ithonya lemicabango ephikelelayo iwukuphila impilo elula, yemvelo—engenazo izithiyo nezinkinga—ngokuvumelana noNkulunkulu.

Kungani abantu bephila impilo engeyona eyemvelo?

Kungani efuna injabulo ebuhlungu kangaka emhlabeni engakwazi ukuyinikeza?

Impilo, bangani bami, iyigugu kakhulu

Nsuku zonke ngithandaza kuNkulunkulu: “Uma ufuna ukuthatha konke enginakho, makube yintando yakho, futhi ngeke ngiphikise ukwahlulela kwakho nokuhlakanipha kwakho ngoba ngiyazi ukuthi ufuna okungcono kakhulu kimi ngizozama ukujabulisa abanye, kodwa injabulo yakho, Nkosi, iza kuqala, futhi umgomo wami wokugcina kulokhu kuphila”

Uma uthandaza kanje, ungase ubhekane nezilingo nezifiso eziningi, kodwa uma uqhubeka nokumelana nezinkanuko ezimbi nezifiso ezingalungile, uNkulunkulu uzosondela kuwe futhi akunike izibusiso Zakhe. Uzothola ukuthi ubukhona Bakhe bufana nomfula okhukhula osusa konke okubi empilweni yakho futhi uhlanze umphefumulo wakho ngokuphelele.

Lowo ozibambayo ezifisweni ezimbi uthola ukuthi izinkanuko zenyama ziyancipha okwesikhashana, kushiye ngemuva ukulangazelela nokulangazelela kuphela. Kodwa lowo obona ukukhanya kukaNkulunkulu futhi ezwe ubukhona baKhe ukhululiwe kuzo zonke izifiso eziphambene nobuntu bomphefumulo.

Masisuse ubumnyama ngokukhanya kukaNkulunkulu

Masingobe imibono emibi ngemihle

Masingobe isilingo sokuthola indawo ekhangayo yaphezulu ngokuzindla

Lesi yisikhali esingcono kakhulu nesisebenza kahle kakhulu ekulweni nesifo sokuzibamba esibangelwa ukucindezeleka

Noma nini lapho uzizwa sengathi intando yakho iba yisisulu sokubuswa ububi kanye nethonya elingcolile, themba uNkulunkulu futhi ufune usizo Lwakhe uze uzwe ubukhona Bakhe obubusisiwe obuxosha yonke imicabango emibi futhi bugcwalise umphefumulo ngenjabulo, ukuhlakanipha, ukuthula nokuqiniseka

Ukuthula makube phezu kwakho

Ukunqoba ithonya lamaplanethi

Uthisha wami wangitshela ngolunye usuku:

"Kungani, Mukunda (Paramhansa), ungatholi ibhande leplanethi?"

Ngathi, "Ingabe lokhu kuyadingeka kimi, thisha? Angikholelwa ekufundweni kwezinkanyezi"

Waphendula wathi: "Inkinga akuyona eyokholo Kunalokho, ukuma okunembile kwesayensi umuntu okufanele akuthathe ukuthi ngabe leyo ndaba iyiqiniso yini. Umthetho wamandla adonsela phansi wasebenza kahle ngaphambi kukaNewton njengoba wenza ngemva kwakhe. Uma ukusebenza kwemithetho yendawo yonke kwakuxhomeke ekwamukelweni ngumuntu, isiphithiphithi kanye nokungahleleki kwakuzonqoba."

"Abakhohlisi baletha isayensi yasendulo yezinkanyezi esimweni sayo samanje esihlazisayo Izinkanyezi ziyisayensi enkulu futhi ecebile, kokubili ngokwezibalo nangokwefilosofi, engaqondwa kahle kuphela yilabo abanolwazi olujulile ngolwazi futhi abasekelwe ngokuqinile kwisayensi Uma abangenalwazi bephambuka ekufundeni nasekuchazeni isibhakabhaka futhi bebona (ukubhala phansi) esikhundleni samagama aqondakalayo, lokhu kulindeleke kuleli zwe elingaphelele nelinephutha, futhi umuntu akufanele achithe ukuhlakanipha kulabo abazibheka 'njengoba behlakaniphile'"

Uthisha wami waqhubeka, ethi: "Zonke izingxenye zendawo yonke zixhumene kakhulu futhi ziyasebenzisana. Isigqi esivamile nesilinganiselayo sendawo yonke sisekelwe ekushintshisaneni noma ekunikezeni nasekuthatheni. Umuntu, ngesimo sakhe sobuntu, kumele amelane namasethi amabili amandla: elokuqala yisiyaluyalu sangaphakathi esibangelwa ukuxubana kwezinto zomhlaba, amanzi, umlilo, umoya, kanye ne-ether, kanti elesibili amandla angaphandle okubola kwemvelo Uma nje umuntu

eqhubeka nokungqubuzana nokuphila kwakhe okufayo, uthintwa yizinkulungwane zezinguquko ezenzeka emhlabeni nasezulwini.”

I-Astrology iwukufunda indlela abantu abasabela ngayo emathonyeni eplanethi. Izinkanyezi azinawo umusa noma ububi, kodwa kunalokho zikhipha imisebe emihle nemibi. Le misebe ngokwayo ayisizi futhi ayilimazi isintu, kodwa inikeza indlela esemthethweni yenqubo yangaphandle yokulinganisa izimbangela nemiphumela abantu abayidalile esikhathini esidlule.

"Ingane izalwa ngosuku nehora elithile lapho imisebe yasezulwini ivumelana khona ngezibalo ne-karma yayo noma isikhathi sayo esidlule. Ishadi layo le-zodiac liyisithombe esinembile esibikezela imiphumela yayo yesikhathi esidlule engaguquki kanye nemiphumela engaba khona yesikhathi esizayo. Kodwa leli shadi lokuzalwa lingafundwa noma lihunyushwe kuphela yilabo abanokuqonda okukhulayo, futhi lokhu akuvamile."

"Umyalezo osakazwa ngokucacile kuzo zonke izindawo ngesikhathi sokuzalwa awuhloselwe ukuvuma isiphetho - umphumela wezenzo ezinhle noma ezimbi zesikhathi esidlule - kodwa kunalokho ukukhuthaza nokuvusa intando yomuntu yokuphunyuka ebugqilini bayo bendawo yonke. Konke umuntu akubophile kungakhululwa, futhi yena yedwa onesibopho sokudala lezo zimo ezilawula impilo yakhe manje, kungakhathaliseki ukuthi zinjani. Futhi njengoba edale lezo zimbangela nezimo, unamandla okunqoba yonke imikhawulo ngenxa yezinsiza zakhe ezingokomoya, ezingacindezelwa yizingcindezi zomhlaba."

"Ukwesaba okunenkmalelo-ze kwezinkanyezi kwenza umuntu abe ngumuntu ozenzakalelayo othembela ngokuzithoba nangobumnene esiqondisweni esizenzakalelayo. Umuntu ohlakaniphile unqoba amaplanethi, okungukuthi, ubalekela isikhathi sakhe esidlule ngokudlulisela ukwethembeka kwakhe kusuka endalweni kuya kuMdali. Lapho eqaphela ubunye bakhe nomoya waphezulu, kulapho eba yisigqila sezinto ezibaluleke kakhulu. Umoya womuntu ukhululekile kuze kube phakade, awufi ngoba awuzalwanga, futhi isiphetho sawo asikwazi ukuboshwa amaplanethi nezinkanyezi noma sithonywe yithonya lawo."

"Umuntu ungumphefumulo onomzimba Uma eqonda ngempela ingqikithi yakhe, ushiya ngemuva zonke izinhlobo namaphethini okuphoqelesa nokucindezela. Kodwa uma ehlala edidekile futhi engenalo inkumbulo yakhe engokomoya, uzobe engaphansi kwemingcele efihliwe yomthetho wendawo kanye nemvelo."

"UNkulunkulu uyavumelana futhi uyavumelana, futhi umkhulekeli ovumelana Naye ngeke enze okungalungile, kodwa yonke imisebenzi yakhe izohambisana nemithetho yasezulwini ngendlela efanele nengokwemvelo, futhi ngemva komthandazo ojulile nokuzindla uzozwa ukuxhumana kwakhe nomoya waphezulu. Akukho mandla amakhulu kunalowo kuvikelwa kwangaphakathi."

Ngazama ukuqonda izincazelo zikaSeri Yuktsuar ohloniphekile, futhi ngemva kokuthula isikhathi eside ngathi: "Pho kungani ufuna mina, mnumzane wami othandekayo, ngigqoke lesi songo?"

Uthisha waphendula wathi: "Uma nje umhambi efika lapho eya khona kuphela lapho enelungelo lokushiya iziqondiso namamephu. Kodwa phakathi nohambo, uzama ukusizakala ngazo zonke izindlela ezingamulelayo ezifanele. Izazi zasendulo zaklama izindlela eziningi nezindlela zokunciphisa isikhathi sokuhlukaniswa komuntu ezweni lokukhohlisa nokukhohlisa. Kukhona ezinye izici ezizenzakalelayo emthethweni we-karma ezingalungiswa ngobuchule ngeminwe yokuhlakanipha."

"Zonke izinkinga zabantu zivela ekwephuleni umthetho wendawo yonke. ImiBhalo Engcwele yeluleka umuntu ukuba alandele imithetho yemvelo, kuyilapho egcina ukwethemba okuphelele kukaNkulunkulu onamandla onke Umsebenzi wakhe ukuthi: 'Nkosi, ngithembele Kuwe futhi ngiyazi ukuthi ungangisiza, kodwa ngizokwenza konke engingakwenza ukuze ngilungise imiphumela yamaphutha ami' Ngezindlela ezahlukene—umthandazo, amandla okuzimisela, ukuzindla nge-yoga, ukubonisana nabahlakaniphileyo nabangcwele, kanye nokusebenzisa amabhande ezinkanyezi—amathonya ayingozi adlule angancishiswa noma aqedwe ngokuphelele"

"Njengoba nje indlu ifakwe induku yethusi ukuze imunce umbani, nomzimba womuntu ungazuza ngezindlela ezahlukene zokuvikela Imisebe kagesi neyamagnetic ecacile ihamba njalo endaweni yonke futhi ithinta umzimba womuntu, kungakhathaliseki ukuthi ingcono noma imbi kangakanani Kusukela ezikhathini zasendulo, izihlakaniphi zethu ziye zacabanga ngendlela yokulwa nemiphumela emibi yamathonya angabonakali emkhathini. Zithole ukuthi izinsimbi ezihlanzekile zikhipha imisebe yeplanethi

elwa nokukhanga okubi kwamaplanethi. Kuye kwaboniswa nokuthi ezinye izinhlanganisela zezitshalo ziyazuzisa. Izinto ezisebenza kahle kakhulu ngamatshe ayigugu ahlanzekile, angenasici, anesisindo esingaphansi kwama-carat amabili. Ukusetshenziswa okusebenzayo kokuvikela kwezinkanyezi akuvamile ukuthola ukunakwa ngabacwaningi abangaphandle kweNdiya. Iqiniso elilodwa elilula neliqinisekile ukuthi amatshe ayigugu afanele, izinsimbi, noma amalungiselelo ezitshalo awasizi ngalutho ngaphandle kokuthi anesisindo esifanele, uma nje lawa ma-ejenti okuphulukisa esetshenziswa eduze kwesikhumba."

Ngathi, "Mnumzane, ngizolalela iseluleko sakho ngithole isongo, kodwa ukucabanga nje ngokunqoba izidalwa zasezulwini kuyangimangaza!"

USri Yuktiswar wabe esenezela imiyalelo eqondile, ethi:

"Ngenhloso ejwayelekile ngingancoma isongo esenziwe ngegolide, isiliva nethusi, kodwa esimweni sakho ngingathanda ukuthi uthole isongo esenziwe ngesiliva nethusi"

Ngathi, "Mnumzane, uhloseni ngempela?"

Uthisha waphendula wathi: "Amaplanethi alungiselela ukuthatha isimo esingasihle ngawe, Mukanda. Kodwa ungesabi, ngoba ukuqondiswa nguNkulunkulu kuzokuvikela. Phakathi nenyanga kusukela manje, uzohlushwa yizifo ezinkulu zesibindi. Lesi sifo kufanele siqhubeke izinyanga eziyisithupha, kodwa ngokusebenzisa isongo samaplanethi, uzonciphisa lesi sikhathi sibe yizinsuku ezingamashumi amabili nane kuphela."

Ngosuku olulandelayo ngafuna umenzi wezinto zokuhloba futhi ngathola ngokushesha isongo, engasifaka. Impilo yami yayinhle kakhulu kangangokuthi ngakhohlwa isiprofetho sikathisha wami, owayeshiye iSerampur futhi wavakashela iVaranasi. Ngemva kwezinsuku ezingamashumi amathathu zengxoxo yethu, ngezwa ubuhlungu obungazelelwe esibindini sami. Emasontweni alandelayo kwaba yiphupho elibi lobuhlungu obukhulu. Ngingafuni ukukhathaza uthisha wami, ngangicabanga ukuthi ngingabekezelela ubunzima bami ngedwa, ngesineke nangesibindi. Kodwa ngemva kwezinsuku ezingamashumi amabili nantathu zokuhlupheka, ukuzimisela kwami kwaba buthakathaka, futhi ngahamba ngesitimela ngaya eVaranasi, lapho uSri Yuktiswar angamukela khona ngemfudumalo emangalisayo. Kodwa-ke, akazange anginike ithuba lokumtshela ngasese ngesimo sami esiwohlokayo. Abaningi abazinikele babemvakashele ngalolo suku ukuze bathole isibusiso sakhe. Njengoba ngangigula, ngahamba ngaya ekhoneni. Izivakashi azihambanga kwaze kwaba ngemva kwesidlo sakusihlwa, lapho uthisha wami engibizela everanda yendlu yakhe enama-octagonal. Wangikhuluma nami, ebheka kude futhi ehambahamba emuva naphambili, ngezinye izikhathi evimba ukukhanya kwenyanga:

"Ngicabanga ukuthi ufike ngenxa yesifo sakho sesibindi. Ube nobuhlungu izinsuku ezingamashumi amabili nane, akunjalo?"

Ngaphendula: "Yebo, mnumzane"

Wathi, "Ngicela wenze ukuzivocavoca kwesisu engikufundisile"

Ngaphendula ngathi, "Ukube ubuwazi, mnumzane, ubukhulu bokuhlupheka kwami, ubungeke ungicele ukuthi ngizivocavoce." Noma kunjalo, ngenza umzamo omncane wokulalela umyalo wakhe. Uthisha wangibheka ngokubuza imibuzo.

"Uthi uzwa ubuhlungu, mina ngithi abukho ubuhlungu. Lokhu kungqubuzana kungaba khona kanjani?"

Ngazizwa ngididekile, kwabe sekuba nomuzwa wenjabulo, futhi angibange ngisakuzwa ukuhlushwa okuqhubekayo okwakungiphuce isibusiso sokulala amasonto amaningi kangaka. Lapho nje kukhulunywa ngamagama athi "Sri Yuktsur," ubuhlungu baphela ngokuphelele, njengokungathi abukaze bube khona.

Ngaqala ukukhothama ezinyaweni zakhe ngibonga, kodwa wangimisa wathi:

"Khohlwa ngalokho Vuka ujabulele ubuhle benyanga phezu kweGanges" Amehlo kathisha akhanya ngenjabulo njengoba ngimi buthule eceleni kwakhe Ngaqonda ngokwendlela yakhe yokuziphatha ukuthi wayefuna ngizizwe sengathi uNkulunkulu ongiphilisile, hhayi yena

Futhi kuze kube namuhla, ngisagqoka isongo lesiliva elisindayo njengesikhumbuzo salolo suku, inkumbulo ethandekayo lapho ngiqaphela ukuthi ngangihlala nomuntu ongavamile ngempela futhi ovelele Kamuva, ngangiletha abangani bami eSri Yuktiswar ukuze baphulukiswe, futhi wayehlala encoma ukusetshenziswa kwamatshe ayigugu noma amasongo, edumisa ukusetshenziswa kwawo njengomkhuba wokuhlakanipha kweplanethi.

Kusukela ebuntwaneni, ngangizizwa ngingathandi ukufunda izinkanyezi ngezizathu ezimbili: okokuqala, ukubona abaningi ababethanda ukufunda izinkanyezi ngokuzidela nangokuzithoba, kanti okwesibili, isiprofetho esenziwa yisazi sezinkanyezi somndeni: "Uzoshada kathathu futhi ube ngumfelokazi kabili" Ngangizohlala kulokhu isikhathi eside futhi ngizizwe njengewundlu elihlatshelwe umhlatshelo e-altare lomshado kathathu Ngolunye usuku, umfowethu omdala u-Ananta wathi kimi:

"Kungcono kakhulu kuwe ukwamukela isiphetho sakho, njengoba ishadi lakho lezinkanyezi selivele libonisile ukuthi eminyakeni yakho yokuqala uzobaleka ekhaya uye eHimalaya bese uphoqeleka ukubuya. Ngokufanayo, isiprofetho esiphathelene nemishado yakho sizogcwaliseka nakanjani"

Ngobunye ubusuku, ebona ukuthi lesi siprofetho singelona iqiniso, washisa imephu yombhoshongo wabeka umlotha wayo emvilophini lapho abhala khona ukuthi: "Imbewu ye-karma edlule ayinakuhluma uma ishiswa yimililo yokuhlakanipha okungcwele." Wabe esebeka imvilophi endaweni evelele u-Ananta wafunda le nselele esobala wahleka usulu, ethi:

"Awukwazi ukubhubhisa iqiniso kalula njengoba ushise leli phepha"

Ngempela, izikhathi ezintathu ngaphambi kokuba ngibe yindoda, umndeni wami wazama ukuhlela umshado wami, futhi ngenqaba isikhathi ngasinye, ngazi ukuthi uthando lwami ngoNkulunkulu lunamandla kunanoma yiziphi izinto zezwe ezisele esikhathini esidlule. Ngangihlala ngicabanga ngamazwi ahlakaniphile kathisha wami:

"Lapho umuntu efunda kabanzi ngokuzazi yena, kulapho ithonya lakhe liba likhulu khona endaweni yonke ngokusebenzisa ukudlidliza kwakhe okungokomoya okusobala, futhi ngesikhathi esifanayo kulapho ethinteka kancane khona yizenzakalo zangaphandle."

Ngezinye izikhathi ngangicela izazi zezinkanyezi ukuba zibikezele izikhathi zami ezimbi kakhulu ngokwendlela amaplanethi ahamba ngayo, kodwa ngangisakwazi ukufeza noma yini engangiyicabanga ngalezo zikhathi. Kuyiqiniso ukuthi impumelelo yami kulezo zikhathi yayigcwele ubunzima obungavamile, kodwa ukuzethemba kwami kwakusekelwe ngokuqinile. Ukholo ekuqondisweni kwaphezulu kanye nokusetshenziswa okufanele kwamandla okuzimisela—isipho sikaNkulunkulu esintwini—kungamandla amakhulu, amakhulu kakhulu kunamagagasi angaphandle avela emaplanethi nasezinkanyezini.

Ngaqaphela ukuthi lokho izinkanyezi ezikuqophayo ekuzalweni akusho ukuthi umuntu uyipopi yesikhathi sakhe esidlule Kunalokho, amathonya eplanethi ayizimbangela zokukhula Izidalwa zasezulwini zisebenza ukuvusa intando yomuntu yokugqashula kuzo zonke izithiyo UNkulunkulu wadala wonke umuntu enomphefumulo ohlukile nophiwe wona, ngakho-ke umuntu ngamunye unendima ebalulekile ekudalweni okuphelele, kungakhathaliseki ukuthi leyo ndima iwukusekela noma ukuthembela ekusindisweni Insindiso yomuntu ayixhomekile ekunqobeni kwangaphandle kodwa ekunqobeni kwangaphakathi ngokomoya

Umthombo: Izikhumbuzo ZikaYogi - I-Autobiography (Ifilosofi YaseNdiya Empilweni Yomuntu Oyi-Yogi) nguParamhansa Yogananda
intuthuko engokomoya

Kusukela ezimfundisweni zikaMaster Paramhansa Yogananda

Uma sibheka umhlaba namuhla, nazo zonke izinkinga zawo, ubunzima bawo, ukudideka, isiyaluyalu, ukungazi, kanye nezingxabano, kunzima ukukholelwa ukuthi isintu singene esigabeni esisha sentuthuko kanye nenqubekela phambili. Kodwa-ke, isintu sishiye ngemuva izikhathi ezinzima, zokuthanda izinto ezibonakalayo futhi sathatha izinyathelo ezisheshayo nezisheshayo eziya emngceleni walesi sigaba esisha sokuthuthuka kwaso okuya phezulu.

Njengoba sisondele kakhulu kule nkathi yama-athomu, amandla amaningi emvelo ayengaziwa eNkathini Yobumnyama manje ayatholakala futhi asetshenziswa, okusiza ukusheshisa ijubane lokuxhumana komhlaba wonke kanye nentuthuko kwezokwelapha, ezolimo, ezokuthutha, kanye neminye imikhakha.

Ngempela, izindlela zobuchwepheshe zesimanje zishintshe kakhulu indlela yokuphila yansuku zonke njengoba besikwazi futhi sikwazi

Kodwa izikhathi zobumnyama isintu esizibekezelele zisasebenzisa ithonya elinamandla nelisakazekile kubantu. Yingakho abantu besebenzisa izindlela zesayensi ezithuthukisiwe hhayi nje kuphela ngokuhle kodwa futhi nokondla nokuqinisa imvelo eyisisekelo, yezinto ezibonakalayo njengobugovu, ukubhubhisa, kanye nobugovu. Ngakho-ke, umthelela

wezikhathi zobumnyama uzoqhubeka iminyaka eminingi ezayo.

Lesi sikhathi esikhulayo sinikeze induduzo enkulu ngenxa yezindlela namathuluzi obuchwepheshe obuthuthukisiwe, futhi sinikeze abantu isikhathi esithile samahhala esasingatholakali ngaphambilini. NgeNkathi Yobumnyama, abantu bachitha yonke imizuzu yokuvuka kanye nawo wonke amandla abo ekuqinisekiseni izidingo zabo eziyisisekelo nasekuphileni. Ingxenye encane kakhulu yabantu kuphela eyayinesikhathi esanele sokuzinikela emisebenzini ephakeme.

Manje - okungenani emazweni athuthukile - wonke umuntu ungaphansi kwaleso sigaba. Kodwa abantu benzani ngesikhathi sabo samahhala kanye nokuzilibazisa?

Ngenxa yokuthi abazi injongo yokuphila, bachitha isikhathi namandla abo ekuzijabuliseni okungapheli Umuntu ovamile eNtshonalanga uchitha cishe amahora angamashumi amahlanu ngesonto ebuka ithelevishini Cabanga ukuthi abantu bebeyojabula kangakanani nokuthi umhlaba ubuyoba ngcono kangakanani ukube lawo mahora amade abechithwa emisebenzini engokomoya ethela izithelo!

Labo abazindlayo basebenzisa isikhathi sabo ngokuhlakanipha nangempumelelo Ngeshwa, abantu abaningi baphambukile kuNkulunkulu nemithetho yaKhe

Yingakho umhlaba usesimweni sawo samanje esibi Sifisa sengathi ngabe siphile ezweni lokulondeka, ukuchuma, nokuthula Kodwa ngisho nokuphila ezweni elinezinxushunxushu kunezifundo

**zalo kulabo ababonakalisa izimo ezinzima
nezibuhlungu ezisebenza njengesikhumbuzo sokuthi
leli zwe alilona ikhaya lethu laphakade Ukulondeka
kweqiniso nokuphepha akutholakali ezweni
langaphandle, futhi ngenxa yalesi sizathu, kumelwe
sifune uNkulunkulu futhi sicele isivikelo Sakhe**

**Ezikhathini zokuthula nokuchuma, lapho
kungekho khona ukungasebenzi noma izinkinga
zemvelo, abantu baphila “ekukhungathekeni
okuthule, okuphelelwe yisikhathi,” njengoba isazi
sefilosofi uThoreau esisho. Kungani? Ngoba naphezu
kwalokhu kuchuma, abantu bazizwa belambile
ngokomoya kanye nesifiso esingokwemvelo sokunye
okuntulekayo empilweni yabo.**

Leyo nto uNkulunkulu

**Kumelwe sikhumbule ukuthi, kungakhathaliseki
izimo zangaphandle, intuthuko engokomoya incike
emzamweni womuntu ngamunye Ngisho
nasezikhathini zobumnyama kakhulu nangaphansi
kwezimo ezimbi kakhulu, amanye amadoda
nabesifazane basakwazi ukuthola ulwazi oluvela
kuNkulunkulu Ngakho-ke, akumelwe sithonywe
ngokomoya yizimo zezwe Akumelwe sikhohlwe
ukubaluleka okukhulu kokulwela okungokomoya**

**Ngenxa yokuthi siphila kulezi zimo ezinzima,
sicabanga nangekusasa kanye nezimanga
ezingajabulisi ezingase zithwale. Lokhu
kungokwemvelo. Kodwa uma sigxila kakhulu kulezi
zinto, futhi uma sivumela ukuqagela nokwesaba
kulawule imicabango yethu, sisusa uNkulunkulu
ezimpilweni zethu futhi siphuthelwe ithuba eliyigugu
lokuxhumana naye futhi sijabulele isivikelo sakhe.**

Abantu bafuna ukwazi kahle ukuthi kuzokwenzekani esikhathini esizayo. Kungani? Ukuze bandise ukukhathazeka kwabo?

Ukube besiwuqonda ngempela umthwalo omkhulu esiwubeka ezingqondweni zethu lapho sinqotshwa ukwesaba nokukhathazeka, besizomangala ngokukhuthazela kwethu kuze kube manje. Ukukhathazeka nokukhathazeka kwenza ingqondo ibe buthaka, kuvumele ukwesaba kungene emphefumulweni, futhi ngenxa yalokho, silahlekelwa ukulinganisela kwethu kwengqondo nokwangokomoya. Inkinga yethu isemizamweni yethu yokuphila esikhathini esizayo nesikhathi esidlule ngasikhathi sinye, esikhundleni sokuphila esikhathini samanje. Le mithwalo inzima kakhulu ukuba ingqondo ingayithwala.

Kumelwe sihlaziye imicabango yethu Esikhathini esiningi, sibalekela esikhathini esizayo noma esikhathini esidlule Lokhu kuwukuchitha konke. Kumelwe siphile esikhathini samanje futhi sigcwalise isikhathi samanje ngemicabango kaNkulunkulu.

Akukho ndawo emhlabeni ephephile noma evikelekile ngempela ezenzakalweni nasezingozini Isivikelo sangempela sisekuphileni ngokwethembeka nangobuqotho, ukusebenzelana nabanye ngeqiniso nangobuqotho, kanye nomthandazo, ukuzindla, kanye nokuzwana noNkulunkulu.

Ngenxa yalesi sizathu, kumelwe senze konke okusemandleni ethu ukuze sibe nokuthula noNkulunkulu. Lokhu kuvumelana kuyikhambi lazo zonke izifo kanye nokuphulukiswa ekushayweni kwempilo kanye nemivimbo yesikhathi.

Akufanele sesabe yizehlakalo ezimbi zempilo kanye namaphupho amabi Akufanele sesabe ukugula, ubumpofu, noma izingozi Uma sizithola siphakathi kwezilingo nezinsizi, masiqaphele ukuthi lokhu okuhlangenwe nakho kuyinkohliso futhi siqonde ukuthi singanqoba izimo ezimbi ngokucabanga okuhle, ukwahlulela okuhle, kanye nokuzwana ngokomoya noNkulunkulu, umthombo wazo zonke usizo nesivikelo

Akukho sivikelo noma ukuphepha ngaphandle kukaNkulunkulu Kumelwe siphendukele kuYe ngokuphelele uma sifisa ukuphepha nokuthula kwengqondo

Kunzima ukuthola ukwaneliseka okuphelele kuleli zwe, okungelona ikhaya lethu langempela Ukuphila kwethu kulo mhlaba kungokwesikhashana Silapha esikoleni sokufunda izifundo zokuphila Uma sikhohlwa leli qiniso, izinkinga zethu ziyaqala, futhi izinkinga zisizungezile nxazonke

Akukho okufanele ukuphilelwa ngaphandle kukaNkulunkulu Konke okunye kuzodlula kusishiye sodwa Kumelwe sifune okuphakade nokuhlala njalo Uthando lomuntu luyadlula futhi luyaphela kancane kancane Ngemuva kothando lomuntu kukhona uthando lwaphezulu, futhi yilolo uthando olukhulu kunawo wonke, olwanelisa izifiso zenhliziyo futhi lucime ukoma komphefumulo Masijabulele konke uNkulunkulu asinika kona ngaphandle kokulangazelela okunye Size kulo mhlaba ukuzofunda ukuthi singamazi kanjani uNkulunkulu Akukho okunye okusihlosele ukuba khona kwethu lapha

Abafuni abaqotho bazomthola uNkulunkulu, futhi izimpilo zabo zizogcwala ukuthula, ukuthula, umusa,

nenjabulo. Isifiso sokumazi kumelwe sibe namandla futhi siqhubeke, futhi imiphumela izoqinisekiswa (lowo ongqongqozayo uzozwa) Labo abamaziyo uNkulunkulu bathola injabulo nenjabulo eqhubekayo.

Ukufuna uNkulunkulu akuhambisani nobungane babantu, umshado, noma ukuphishekela impumelelo yezinto ezibonakalayo Lezi zinto nazo ziyizingxenye ezibalulekile zezifundo zokuphila Okubalulekile ukuhlukanisa phakathi kweqiniso nokukhohlisa, nokuqaphela ukuthi imigomo nezinto ezibonakalayo azikwazi ukusinika injabulo esiyilangazelelayo futhi esilwela ukuyifinyelela ngayo yonke imicabango nezenzo zethu.

Le filosofi ayenzi impilo ibe mnyama noma ibe nembi

Ukuthula makube phezu kwakho

Iqiniso kanye neqiniso ngokujulile

Iqiniso liyigama elimbozwe ukungacaci futhi elifihlwe ukungacaci okuningi. Kungumqondo onzima ukuwuchaza nokuwucacisa Wonke umuntu unezinkolelo nezinkolelo, efunga ngokholo lwakhe ukuthi ziyiqiniso eliphelele. Kodwa umuntu anganquma kanjani ngokuqinisekile ukuthi yini eyiqiniso nengokoqobo phakathi kwalolu hlu olukhulu lwemibono?

Iqiniso lihlobene futhi liphelele. Lidlula ezigabeni eziningi zentuthuko kanye nokucwengwa ngaphambi kokufinyelela esimweni salo esiphelele. Isibonelo, abantu ababili baxoxa ngephrojekthi yebhizinisi. Omunye uphakamisa umbono oqinisekisa impumelelo,

kanti omunye unikeza impikiswano ephikisayo efinyelela umgomo ofanayo kodwa onezinzuzo ezengeziwe. Bese omunye umuntu eza nomqondo ongcono, njalo njalo. Zonke izindlela eziphakanyisiwe "zazilungile" ngokungenakuphikwa, kodwa ngomqondo olinganiselwe kuphela.

Iqiniso yilona eliletha injabulo ehlala njalo

Ngomqondo wayo ophelele, konke okuphikisana nenjabulo yangempela kungamanga, futhi okuletha injabulo ehlala njalo kuyiqiniso Injabulo yangempela akuyona injabulo yesikhashana ehambisana nempumelelo yezinto ezibonakalayo noma injabulo yesikhashana, kodwa kunalokho injabulo evela ekuvumelaneni komphefumulo nomthombo wawo: UNkulunkulu Ngale ndlela, ungahlulela noma yisiphi isenzo osenzayo ngomphumela waso nokuthi sizokulethela injabulo ehlala njalo noma cha (ngoba empeleni, izenzo zahlulelwa ngeziphetho zazo!)

Iqiniso Eliphelele nguNkulunkulu, futhi uNkulunkulu uyiqiniso eliphelele Indawo yonke isekelwe kuleli qiniso ngemithetho kaNkulunkulu yaphakade. Le mithetho ingamaqiniso ayisisekelo, angaphelelwa yisikhathi, awanakuguqulwa nhlobo futhi angaphezu kwanoma yikuphi ukuphathwa noma ukuhlanekezelwa komuntu. Isibonelo, ilungelo eliphelele ukugwema ukubulala noma ukulimaza, kodwa ububi obuncane phakathi kwamabili ukusebenzisa amandla ukuvikela abangenacala kwababi noma ukuvikela izidalwa ezithuthukile kakhulu kwabangathuthukile. Nokho, ukubhubhisa noma yini ngenxa nje yesifiso sokubulala akulungile.

Umthetho wendawo yonke uqondisa ukuvumelana nokusondelana ngothando, okusho uthando

nokubekezelelana Uma sifisa ukuthola iqiniso, kubalulekile ukuthi imicabango nezenzo zethu zibe ziphilile, ngokwezinto ezibonakalayo, ngokokuziphatha nangokomoya, ngokuvumelana nemithetho yaphakade yeqiniso laphezulu.

Iqiniso liwumongo oyinhloko Kodwa likuphi lelo gama, futhi lingatholakala kanjani?

Kunezindlela ezintathu zokufinyelela eqinisweni: ngokuqonda imizwa, ngokucabanga okunengqondo, nangokuqonda noma ukuqonda komphefumulo.

Uma ukuqonda kwakho kwezinzwa kungalungile, ukuqonda kwakho okunengqondo nakho kuzoba okungalungile. Ungase ubheke ngasemkhathizwe ubone okubonakala sengathi umlilo ngoba ubona intuthu; kodwa njengoba usondela endaweni, uthola ukuthi lokho okwakubonakala sengathi intuthu kwakungelutho ngaphandle kwefu lothuli. Ukuze wazi iqiniso lanoma yini, uthembele ekuboneni nasekuzweni kwakho, kanye nasezinzweni zakho zokuhogela, zokunambitha, nezokuthinta, ngaphezu kwamandla okucabanga. Kodwa lezi zinto ezihlanganisiwe azikwazi ukuba ubufakazi obuphelele beqiniso, ngoba uma izinzwa ziqamba amanga, khona-ke ukucabanga kuzoqamba amanga. Ukuqonda kwakha imibono yakho futhi kufinyelele eziphethweni nasezinkolelweni ngokusekelwe emibikweni eyitholayo ezinzweni, kodwa izinzwa zinqunyelwe kakhulu ngokwemvelo yazo. Yingakho abaprofethi babekhuluma nabantu ngokwezinga labo lokuqonda nengqondo, ngoba bona—abantu—bayabona kodwa ababoni, bezwa kodwa abaqondi noma baqonde (bayizithulu, abayizithulu, futhi abayizimpumputhe, ngakho abacabangi)!

Indlebe yomuntu ingakwazi ukubona kuphela uhla oluthile lokudlidliza; ayikwazi ukuzwa imisindo ephezulu kakhulu noma ebuthakathaka kakhulu Uma ukuzwa kwakho bekukhuliswe ngokwanele, ubungazwa umsindo omangalisayo, omuhle kakhulu okhiqizwa yindawo yonke njengoba idlula esikhaleni esingenamkhawulo Konke okukhona kuyanyakaza, futhi lokhu kunyakaza kuhambisana nomsindo Akukho lutho olukhona ngaphandle kokunyakaza ngaphandle kwendawo yomoya we-cosmic ongaphezu kwamandla, lapho kungekho khona ukunyakaza noma ukudlidliza Uma amandla omoya womuntu ethuthuke ngokwanele, umuntu ubengazwa imisindo ecashile ngendlebe engokoqobo—imisindo engamandla acacile, enika umzimba umuzwa wokuzwa ophakeme

Ngokufanayo, uma amandla amehlo akho ebekhuliswa, ubungabona ukukhanya kwawo wonke umbala nomusa Amehlo akho angokwenyama akukhombisa ububanzi obulinganisewe bokukhanya, kuyilapho iso lakho elingokomoya (eliyi-etheric) libona ubunjalo beqiniso bezinto njengezithombe ezakhiwe ukukhanya okudala kukaNkulunkulu Umzimba wakho wonke, owubona njengenqwaba yenyama eningi, awulutho ngaphandle kwamagagasi kagesi UDkt. Cryle ubonise ukuthi ubuchopho bethole elifile, kanye nobuchopho bomuntu ofile, bukipha imisebe kagesi eminingi Uma uvala amehlo akho, uvame ukubona ubumnyama kuphela Kodwa ngokuthuthuka ngokomoya, uzokwazi ukubona ukukhanya okumangalisayo futhi ukukhanya kukhanya ebumnyameni, futhi ubumnyama abukubonanga (ukukhanya kwamazulu nomhlaba)

Lawa amaqiniso ayisisekelo abantu abangawaqondi ngoba izinzwa zabo zihambisana

kuphela nobubanzi obulinganiselwe bokudlidliza okukhulu.

Ukuqonda noma ukwambulwa: amandla omoya wolwazi ohlanganisa konke

Pho-ke singalazi kanjani iqiniso elifihliwe ngemuva kwezinzwa kanye nokuqonda kwazo? Lokhu akunakwenzeka ngokuhlaziya noma ngencazelo enengqondo, ngoba ingqondo iboshelwe ezinzwa futhi ingakhipha kuphela lokho izinzwa ezikunikezayo Ayinawo amandla okubona amandla angenamkhawulo ayizungezile Kuphela ngokuhlakulela ukuqonda komphefumulo noma ukuqonda okuthile lapho iqiniso lingaziwa khona Ukuqonda kungukuqonda okuqondile, hhayi ngezinzwa—umuzwa omsulwa, oyiqiniso, futhi ohlala unembile womphefumulo

Ungathola umbono wohlobo lwalo mqondo kulezo mizwa ozizwayo kodwa ongakwazi ukuyichaza, ngezinye izikhathi ebizwa ngokuthi "inhliziyo yomuntu iyisiqondiso sakhe" Uzwa ukuthi kukhona okuzokwenzeka ngaphandle kobufakazi bemizwa Kuyiqiniso elizibonakalisa ngaphandle kokuxhumana okunengqondo nemicimbi Ungase uhleli buthule ucabanga ngomuntu ongakaze umbone noma uxhumane naye isikhathi eside, bese ngokuzumayo uhlangana naye noma uzwe kuye Kwenzeka kanjani lokho? Kwenzeka ngokukhanya okudlulayo komqondo Wonke umuntu uke wabhekana nokukhanya okunjalo

Amaphutha ekwahluleleni avela ekwentuleni umuzwa wokuqonda Iningi labantu lizizwa lijulile ukuthi liyakwazi ukwenza izinto ezinkulu nokufeza izinto ezinkulu empilweni, kodwa ngenxa yokuthi alinawo amandla okuqonda, lawo mandla afihliwe ahlala engasebenzi Ukuze uphumelele futhi ugweme

ukungajabuli okubangelwa amaphutha, umuntu kumelwe alwele ukuqonda iqiniso eliyisisekelo kukho konke Lokhu kungenzeka kuphela ngokuhlakulela ukuqonda okunengqondo Lelo iqiniso elingokoqobo lendaba Ngakho-ke, ngeluleka wonke umuntu ukuba afune iqiniso kuzo zonke izinto, kungaba sebhlotsheni bakhe nabanye, emsebenzini, emshadweni wakhe—ngamafuphi, kuzo zonke izici zokuphila Umuzwa wokuqonda ubalulekile; ubalulekile futhi awunakuqedwa

Ukuntuleka kokuqonda kuholela ezinqumweni ezimbi kanye nezenzo zokunganaki, ikakhulukazi ekukhetheni abalingani bebhizinisi abangathembekile noma ekuhilelekeni ebuhlotsheni bomuntu siqu obungafanele. Njengoba ukucabanga kulinganiselwe futhi kuvinjelwe ulwazi olunikezwa yizinzwa, uma izinzwa zikhohliswa, umuntu angabona umuntu njengomuhle kakhulu ngaphandle kokwazi uhlobo lwakhe lwangempela.

Noma ungase ucabange ukuthi usuthole umlingani wakho wokuphila (umlingani wakho womphefumulo) bese ushada nalowo muntu, kodwa ubuhlobo benu buphela ngesehlukaniso noma isihogo sokungezwani ngenxa yokungavumelani kanye nokuntuleka kokuzwana. Kodwa umuzwa wangaphakathi awuwenzi amaphutha anjalo. Awuboni amandla okudonsela avela emehlweni noma ebusweni obuhle, obukhazimulayo; kunalokho, uzwa futhi ubona ngokunemba okuqondile lokho okusenhliziyweni yalowo muntu futhi uyamazi ukuthi ungubani ngempela.

Ngenxa yomuzwa engiwuthuthukisile ngosizo lothisha wami omkhulu, uSri Yuktiswar, angikaze

ngibe nephutha ngesimo somuntu. Umqondo wami wangaphakathi uhlale uwusizo olukhulu kimi kulokhu. Kodwa angizami ukubona uhlangothi olubi lwabantu. Ukuze ngisize abanye, ngibanika uthando lwami olungenamibandela, ngisho noma ngazi ukuthi bangase basebenzise ukwethenjwa kwami njengenzuzo yabo siqu.

Abaningi abangenalo ulwazi lokuqonda batshala imali emabhizinisini ezezimali ahlulekayo, futhi ngenxa yalokho, balahlekelwa yikho konke. Ngiphumelele kuzo zonke izinqumo engizenzile ngenxa yolwazi lwami olungenaphutha.

Njengoba umuntu ekhula futhi ethuthuka, umuzwa uvela njengomzwelo ohlukile noma izwi elithulile. Ngenxa yokuthi abesifazane bajwayelene kakhulu nomuzwa kunabesilisa, ngokuvamile banomuzwa omkhulu, ngaphandle uma benqotshwa imizwelo. Amadoda ngokuvamile aqondiswa ukucabanga, kuyilapho abesifazane beqondiswa umuzwa. Uma indoda inengqondo ehluzekile kanye nesimo sokuzwela, lokhu kulinganisela phakathi kokuqonda nomuzwa ngokungangabazeki kuzoyisiza ukuba ithuthukise umuzwa.

Ukwazi injongo yokuphila ngokusebenzisa umuzwa wokwazi

Uma usebenzisa umuzwa wakho, uzokwazi injongo yokuphila kwakho kulo mhlaba, futhi uma uqonda leyo njongo, uzothola injabulo Lo mhlaba uyisiteji, futhi uNkulunkulu ungumqondisi Uma wonke umuntu ephikelela ekudlaleni indima yenkosi noma indlovukazi, ngeke kube nomdlalo ophumelelayo

Inceku, iqhawe, kanye nenkosi kumele bonke badlale indima yabo ukuze umdlalo uphumelele Ngababi abonakalisa indaba enhle yomdlalo waphezulu Labo abakhetha lezo zindima bazokhokha intengo enkulu ngokungalaleli isiqondiso saphezulu

Kungakhathaliseki ukuthi umuntu ufinyelela isikhundla esinjani emhlabeni noma ingcebo ayiqongelelayo, ngeke abhekwe njengophumelelayo uma esebenzisa izindlela ezingafanele ukufeza imigomo yakhe nokuzuza Injabulo yangempela ingenzeka kuphela uma umuntu edlala indima yakhe ngendlela efanele, futhi kungenjalo. Lowo odlala indima yesicebi kanye nalowo odlala indima yomthengisi omncane bayalingana emehlweni kaNkulunkulu, ngoba ngoSuku Lokugcina, uNkulunkulu uzophuca ngayinye impahla yakhe kanye neziqu zakhe. Lokho okugcine emphefumulweni wakho yilokho okuzohamba nawe ngemva kokushiya leli zwe.

Abakhulu nabafundile, abaprofethi nezihlakaniphi, bayazi iqiniso ngenxa yamandla abo okuqonda. Babona izinto hhayi ngamehlo abo nangengqondo yabo kuphela, kodwa futhi nangokuqonda kwabo okucacile nokuthuthukisiwe kakhulu, abazi ngakho konke.

Akuyona indima esiyidlalayo ebalulekile emehlweni kaNkulunkulu, kodwa indlela esiyidlala ngayo. Ungadabuki noma uphelelwe yithemba uma indima yakho inzima. Ukwenza indima yakho ngendlela efanele kuzoqinisekisa impumelelo yakho emehlweni kaNkulunkulu; ngaphandle kwalokho, ngeke ukhululeke ngempela.

Ukuzindla kuthuthukisa umuzwa wokwazi

Ukuphela kwendlela yokwazi iqiniso nokuphila ngezimiso zalo ukuhlakulela ukuqonda okungokomoya noma umuzwa. Khona-ke uzobona ukuthi impilo inencazelo nokuthi izwi lakho langaphakathi lizokuqondisa futhi liqondise izinyathelo zakho, kungakhathaliseki ukuthi udlala yiphi indima empilweni.

Lelo zwi liye lacinywa futhi langcwatshwa—kudala —yimicabango engemihle. Indlela eqinisekile yokubuyisela lowo muzwa wangempela wokuqiniseka iwukuzindla lapho uvuka ekuseni nangaphambi kokulala ebusuku.

Njengoba nje umuntu egcina imihlangano yakhe yobungcweti neyezenhlalo, kanjalo nomuntu kufanele agcine imihlangano yakhe noNkulunkulu. Singase sicabange ukuthi izimpilo zethu ezimatasa azisishiyi isikhathi sezinto ezingokomoya, kodwa akukho okuvimbela uNkulunkulu ukuba acabange ngathi futhi anakekele izidingo zethu. Kumelwe sithandaze, sizindle ngokujulile, futhi silinde impendulo Yakhe. Uma sikhuluma Naye ngothando nangokugxila okujulile, Uzophendula imithandazo yethu. Khona-ke sizozwa ubukhona Bakhe njengenjabulo nokuthula ezinhliziyweni zethu. Lapho leyo njabulo nokuthula kufika, ukuxhumana okuphilayo nokuphumelelayo naMandla Ophakeme kuyasungulwa. Kumelwe sizame ukusebenzisa leli thuba, ngoba ayikho impumelelo engatholakala ngaphandle komzamo.

Uma uchitha impilo yakho uphishekela injabulo ngokulandelana, awusoze wazi injabulo yangempela Phila kalula futhi uphile impilo kalula Injabulo

itholakala ekuzinikeni isikhathi esanele sokucabanga ngokujulile nokuzindla ngezinto ezinhle

Chitha isikhathi wedwa ngezikhathi ezithile bese uzijwayeza ukuthula isikhashana; uzobona umehluko ngokwakho Uma umsakazo noma ithelevishini ivuliwe ngaso sonke isikhathi, noma uma ukuvuselelwa nokuzijabulisa okuqhubekayo kuthatha imizwa yakho, kuzolimaza imizwa yakho futhi kukwenze ucasuke.

Ungagxili kakhulu ekulungiseni abanye Zilungise wena kuqala—kwangathi uNkulunkulu angakulungisa! Indawo enkulu kakhulu yokwenza kahle nempumelelo isekhaya Ingelosi ekhaya layo iyingelosi yonke indawo Izwi lomuntu elimnene kanye nokuziphatha kwakhe okunokuthula kuyadingeka kakhulu kunanoma yikuphi okunye

Amandla angasoze ahluleka

Uma sixhumana noNkulunkulu, ukuqonda okunengqondo kuzosikhuthaza futhi kusiqondise kukho konke esikwenzayo. Kumelwe sibe nala mandla abusisiwe ngokwazi. Angaphakathi kithi; sidinga ukuwaveza kuphela. Anginasithakazelo kulabo abanesifiso sokwazi nje, kodwa kulabo abafuna iqiniso ngobuqotho. Ngihlala ngixhumana noNkulunkulu futhi ngifuna kuphela labo abafisa ngobuqotho ukumazi.

Uzothola ukuthi la mandla asebenza kukho konke ukuthuthukisa izimo zakho nokwenza izinto zibe lula kuwe Uma uxhumana nala mandla, inhlalakahle yakho izogcwala amandla angaphakathi, futhi ingqondo yakho izocwengeka, igxile, ibukhali, futhi ifinyelele

**Uzoqaphela ukuthi umphefumulo wakho uyisitsha
seqiniso likaNkulunkulu eliphilayo kanye
nokuhlakanipha okungapheli**

**UNkulunkulu ungumthombo wempilo, ukuchuma,
ukuhlakanipha, kanye nenjabulo yaphakade Uma
sixhumana Naye, izimpilo zethu ziba ziphelele futhi
ziphelele Ukuphila ngaphandle Kwakhe akuphelele
Kumelwe sicabange ngala mandla aphezulu asinika
ukuphila, amandla, kanye nokuhlakanipha Kumelwe
sithandaze ukuthi iqiniso ligeleze ezingqondweni
zethu, amandla emizimbeni yethu, kanye nenjabulo
engapheli emiphefumulweni yethu**

**Ngemuva kobumnyama bamehlo avaluwe kukhona
amandla amangalisayo endawo yonke, yonke
imiphefumulo emihle nemimoya emihle, kanye
nobubanzi obungenamkhawulo bezindawo
ezingokomoya. Uma ucabanga, uzobona iqiniso
eliphelele futhi ubone umsebenzi walo omangalisayo
empilweni yakho nakukho konke okumangalisayo
nokukhazimulayo endalweni.**

**Kwangathi uNkulunkulu angakupha impumelelo
nokuthula makube phezu kwakho**

**Ukuzila ukudla kuyimpilo kanye nenhlalakahle
"Kufanele nizile ukudla, ngoba akukho okufana
nakho" (Hadith)**

**[Lesi sihloko asiphikisani nokuzila ukudla
njengoba kushiwo kwiQuran Engcwele, futhi asisho
ukuthi noma ubani ayeke indlela yakhe yendabuko
yokuzila ukudla, esiyihloniphayo, futhi siyabahlonipha
labo abazila ukudla, sithandaza kuNkulunkulu ukuba
ababusise njalo futhi amukele ukuzila kwabo
Okushiwo lapha ukuzila ukudla okwelaphayo ukuze**

**kube nemiphumela ethile engokwenyama
nengokomoya, ngakho-ke lokhu kucaciswa
kwakudingeka]**

**Imiphumela engokwenyama kanye
nokuhlangenwe nakho okungokomoya kokuzila
ukudla kuyamangalisa ngempela. Umphefumulo
ukhululeka ezidingweni zomzimba lapho ukhululwa
emikhubeni enzima neyihlazo. Sengiqede usuku lwami
lwamashumi amathathu lokuzila ukudla, futhi
kuzwakala kungokwemvelo njengokungathi angikaze
ngikunambithe nhlobo ukudla.**

**Wonke umuntu okwaziyo kufanele azame ukuzila
ukudla izinsuku ezintathu noma ngaphezulu uma
kungenzeka, futhi kancane kancane uzothola ukuthi
ukuphila ngaphandle kokudla kungenzeka.**

**Abantu abaphilile akufanele bakuthole kunzima
ukuzila ukudla izinsuku ezintathu. Ukuzila ukudla
isikhathi eside kufanele kwenziwe ngaphansi
kokuqondisa kochwepheshe. Noma ubani ohlushwa
izifo ezingamahlalakhona noma ukukhubazeka
ngokomzimba kufanele azile ukudla kuphela ngemva
kokubonisana nodokotela onolwazi ngokuzila ukudla
nokudla okunempilo.**

**Ubuhlungu obungokomzimba buyizinkomba
zokungasebenzi kahle kwezinhlelo zomzimba kanye
nesidingo sokulungiswa nokunakekelwa Abantu
bagcina izimoto zabo zihlanzekile futhi zinakekelwe
kahle! Umzimba womuntu uyinkimbinkimbi kakhulu
futhi uyinkimbinkimbi kunanoma iyiphi imoto, futhi
uNkulunkulu ufuna siwugcine uhlanzekile futhi
usebenza kahle, sithembele kakhulu emandleni Akhe
Imfihlo yempilo enhle ayikho nje kuphela ezintweni
zamaKhemikhali kodwa futhi nasekuthembeleni
emandleni kaNkulunkulu, noma emandleni okuphila
emzimbeni**

La mandla okuphila angaphakathi emizimbeni yethu ngempela angumthombo wokuphila. Angamandla ahlala njalo, ngomyalo kaNkulunkulu, adala futhi asekele izitho zethu. La mandla okuphila aqiniswa ngamandla engqondo futhi ondliwe ukudla. Kodwa-ke, uma esetshenziswa kabi, ayayeka ukusebenza futhi ekugcineni enqabe ukusebenza. Isibonelo, amandla awo angase abe buthaka emehlweni, okuholela ekuboneni okufiphele. Akukho ukudla okunganikeza amandla, akukho ukushintsha komoya okungavuselela amangqamuzana futhi kuwavuselele, futhi akukho lutho olungabuyisela amandla emzimbeni lapho amandla okuphila angaphakathi eqala ukuncipha.

Ukuzila ukudla kuphumula izitho zomzimba ezikhathale, kanye nezinhlelo zomzimba kanye namandla abalulekile ngokwawo, kuwukhulula ekusebenzeni ngokweqile Uma uyeka ukusikisela amandla abalulekile ukuthi kumele athembele emithonjeni yangaphandle yokudla, amanzi, umoya-mpilo, kanye nokukhanya kwelanga ukuze aphile, uyakhululeka futhi uzimele.

Ukudla ngokweqile izinsuku ezingu-365 ngonyaka kuholela ezifweni ezahlukahlukeni Ukudla njalo, kungakhathaliseki ukuthi umzimba uyakudinga noma cha, kuyisiqalekiso ngempela kuwo. Lapho umuntu egxila kakhulu ekunambithekeni kwakhe futhi ezama ukukwanelisa, kulapho ezobhekana khona nezifo eziningi. Kuhle ukujabulela ukudla, kodwa ukugqilazwa kwako kunezinkinga ezibuhlungu nemiphumela emibi. Ngakho-ke, umuntu uyazilimaza ngokunamathela kwakhe emzimbeni kanye nezidingo zawo. Sekuyisikhathi sokuba abantu baqaphele ukuthi amandla okuphila asekela umzimba futhi awugcine uphilile futhi unamandla.

Kumelwe—ngaphandle kokuzikhukhumeza—sigxile kakhulu engqondweni ukuze siqinise amandla ayo futhi siyenze izimele kakhulu Uma umuntu ephikelela ekwenzeni ingqondo yakhe ibe yisigqila somzimba, ingqondo izoziphindiselela ngokudela amandla ayo, iphoqe umuntu ukuba athembele komunye umuntu noma kwenye into ukuze athole usizo Akukho dokotela noma umuthi ongasiza isiguli esingqondo yaso isibuthakathaka kangangokuthi ukugula kuya kuba kubi kakhulu Ingxenye yesithathu yezokwelapha isengqondweni

ENdiya, sifunda ukunqoba umzimba ngamandla okuzimisela, okwenza umuntu athembele kakhulu engqondweni Labo abasebenzisa njalo izindlela zomzimba ukuze bathole impilo nokuphulukiswa bayajwayelana nazo futhi ngaleyo ndlela bathembele kuzo njalo. Kodwa amandla engqondo aphezulu kakhulu. Umuntu kumele kancane kancane afunde ukusebenzisa ingqondo namakhono ayo ngokugcwele; khona-ke umuntu uzoqaphela ukuthi ingqondo iyithuluzi eliphakeme kakhulu, futhi ingqondo izokwenza noma yini ecelwayo. Ngikubonile futhi ngakubona lokhu mathupha empilweni yami.

Nganginikeza inkulumo ngolunye usuku, futhi kwakushisa kakhulu Ubuso bami babuconsa umjuluko, futhi angikwazanga ukuthola iduku lami Okwesikhashana, ngangididekile, kodwa ngagxila ukunaka kwami konke enkabeni yentando yami (indawo ephakathi kwamashiya ami) futhi ngathandaza buthule, "Nkosi, ngomusa wakho, umzimba wami upholile!" Ngokushesha, umjuluko wanyamalala, futhi umzimba wami waba pholile njengoba kufanele! Ngakho-ke, ukuthembela engqondweni kunenzuzo enkulu! Kodwa-ke, umuntu akufanele aye ngokweqile futhi aphike umzimba

ngokuphelele, ngoba uma enza kanjalo, ngeke akwazi ukucabanga, ukudla, noma ukunyakaza

Abanye abantu bafuna ukufakazela ukuthi ingqondo ilawula umzimba, ngokuyinhloko ukuze babonise impilo Kodwa impilo akuyona umgomo oyinhloko wokuphila Ukufinyelela kuNkulunkulu kuyinjongo yangempela Umuntu angase azizwe ephilile isikhathi esithile, kodwa kuzofika isikhathi lapho kungekho lutho oluzosiza Khona-ke, ubani ozosiza? UNkulunkulu Ukuzila ukudla kungenye yezindlela ezinhle kakhulu zokusondela kuNkulunkulu Kukhulula amandla okuphila ekugqilazweni ukudla, kuqinisekisa ukuthi uNkulunkulu uyayisekela imizimba yethu futhi ayigcine iphila

Kodwa imikhuba inamandla kangangokuthi ukucabanga nje ngokudla kukwenza ufune ukudla ngokushesha Ngesinye isikhathi, ngisengumfana omncane eNdiya, ngaba nomkhuhlane Ngangifuna i-tamarind, ebhekwa njengembi kakhulu emkhuhlaneni Udadewethu wenqaba ngenkani, kodwa ngenxa yokuphikelela kwami, wangilethela esinye sezithelo Ngahlafuna ucezu wabe esesikhafula ngaphandle kokugwinya, ngoba isifiso sokunambitha sase sanelisiwe Abantu bavame ukulawulwa ukuminza Ngeshwa, uNkulunkulu akazange adale umzimba ngendlela esivumela ukuthi sijabulele umuzwa wokunambitha futhi sizitike ngokweqile noma sidle ukudla okungenampilo ngaphandle kokulimaza uhlelo lokugaya ukudla nezinye izitho zomzimba

Kodwa eqinisweni, okuwukuphela kwendlela eya empilweni nasenjabulweni—indlela ehlakaniphe kakhulu—ukuzithiba Enye yezinto ezinkulu umuntu angazithola ukuzibusa, hhayi ngaphansi kobushiqela bezinzwa zakhe. Uma ubeka idivayisi ekushajweni kukagesi okweqile okungenakukwazi ukumelana

nokucindezelwa okunjalo, izosha. Ngokufanayo, njalo lapho ugcwalisa uhlelo lwakho lokugaya ukudla ngokudla, amandla okuphila abangela ukugaya ayancipha. Uma uyeka ukudla ngokweqile futhi uma uzila ukudla, la mandla okuphila aphumula futhi agcwaliswa ngamandla e-cosmic.

Uma imoto yakho iphuka, uyithumela esitolo sokulungisa. Ngemva kokuba kwenziwe izinqubo ezidingekayo, isebenza kangcono isikhashana kuze kube yilapho enye into iphuka, bese uyithumela emuva ukuze ilungiswe futhi ilungiswe. Kusebenza okufanayo nasemzimbeni. Imiphumela yomzimba yokuzila ukudla iyamangalisa. Ukuzila ukudla izinsuku ezintathu ngejusi lewolintshi kuzolungisa umzimba okwesikhashana. Kodwa ukuzila ukudla isikhathi eside kuzokulungisa ngokuphelele, futhi uzozizwa unamandla njengensimbi. Uma ufisa impilo ehlala njalo, kufanele uhlale uqapha ikhwalithi nobuningi bokudla okudlayo.

Kufanele wazi ukuthi yini okufanele uyenze ngesikhathi uzila ukudla Ukubhekwa kwezokwelapha kubalulekile kulabo abafisa ukuzila ukudla izinsuku ezingaphezu kwezintathu Angicebisi muntu ukuba enze ukuzila kwakhe kokuqala kube kude kakhulu, njengoba ezozizwa ebuthakathaka futhi ekhathele Ukuzila ukudla usuku olulodwa ngesonto uphuza ijusi yezithelo noma izinsuku ezintathu zilandelana inyanga ngayinye uphuza ijusi yewolintshi kuyindlela enhle yokuzijwayeza ukuzila ukudla Umuntu ozila ukudla kufanele alungele ngokwengqondo ukubhekana nabantu abazomzwela abazomqinisekisa ukuthi uzogula noma afe (akunakwenzeka lokho) uma engadli Kuyiqiniso ukuthi ungase uzizwe ubuthakathaka ngesikhathi sokuzila ukudla isikhathi eside, kodwa lokhu kwenzeka ezinsukwini ezimbalwa

**zokuqala ngoba amandla akho okuphila asejwayele
ukudla Kodwa kancane kancane, njengoba izinsuku
zidlula, ulahlekelwa umuzwa wobuthakathaka
Amandla akho okuphila nomoya kuyahlukaniswa
nokudla, futhi uthola ukuthi umzimba usekelwa
ngempela amandla okuphila**

**Ngiyazi imfihlo umuntu angazila ngayo
ngaphandle kokulahlekelwa yisisindo Uma amandla
okuphila elawulwa ngamabomu, angasetshenziswa
ukunciphisa isisindo somzimba noma ukusigcina. Uma
le ndlela isetshenziswa, izinga lokushisa lomzimba
lemvelo alinciphi, kungakhathaliseki ukuthi isikhathi
sokuzila isikhathi eside kangakanani. Ngokudonsa
amandla e-cosmic ngomzila othize emzimbeni,
amandla okuphila agcwaliswa yilawo mandla
esikhundleni sokuthembela emithonjeni
yangaphandle.**

**Ukuphila kuphakade futhi akuxhomekile
ekuphefumuleni, ekudleni, emanzini, noma elangeni.
Khumbula ukuthi ungumphefumulo ongafi ophila
kuqala ngamandla kaNkulunkulu hhayi omunye.**

**Ukuqonda kuhlala kuphila ngemva kokufa
ngokomzimba, kodwa umuntu ojwayelekile
ulahlekelwa yilowo muzwa wokuqhubeka futhi
ukholelwa ukuthi ufile Ngamunye wethu uzobhekana
nokufa ngokomzimba ngelinye ilanga, ngakho asikho
isidingo sokukwesaba Awusabi ukulahlekelwa
umuzwa emzimbeni wakho ngenkathi ulele;
kunalokho, wamukela ubuthongo njengesimo
sokukhululwa osilindele ngokulangazela
Ngokufanayo, ukufa kuyisimo sokuphumula—
ukuthatha umhlalaphansi empilweni Akukho
okufanele ukwesabe Lapho ukufa kufika, kuhleke
Ukufa kumane kuyisilingo esinenjongo yokufundisa
isifundo esijulile Ungumphefumulo, futhi**

**umphefumulo awufi Asikho isidingo sokulinda ukufa
ukuthi kukufundise lokhu uma usukwazi manje
Isifundo sokuqala okumele usifunde ukuthi impilo
ayixhomekile ekudleni Ngokuzila ukudla,
ungaqinisekisa lokhu ngokwakho**

**Wonke umuntu kufanele asebenzele
ekuthuthukiseni amakhono akhe engqondo ukuze
akwazi ukwenza imisebenzi yakhe kangcono
ngaphansi kwazo zonke izimo Ukuhleleka
nokuziphatha kufanele kuqashelwe; noma kunjalo,
umuntu akufanele abe lukhuni kodwa abe nezimo
eziguquguqukayo futhi abe nomqondo lapho
ebhekene nokuphila nezinselele zako.**

**Yonke imikhuba eyisisekelo yengane yakhiwa
phakathi kweminyaka emithathu neyisikhombisa.
Indawo esekelayo iyasiza ekuqondiseni intuthuko
yayo. Kodwa-ke, ukushintsha kwemikhuba evelele
kudinga isiqondiso esikhethekile.**

**Esikoleni sami sangasese, ngabanika abafana
ukuqeqeshwa okuqinile ekubhekaneni nomzimba.
Babezila ukudla futhi belala phezu kwengubo phansi
ngaphandle kwemicamelo. Ngezinye izikhathi
babezindla amahora amaningi. Ukusiza izingane
zikhulule ekuboshweni komzimba kubaluleke kakhulu
futhi kuyisibusiso sokuphila konke. Ngesinye
isikhathi, omunye wabafundi bami wahlala ekuzindla
amahora ayishumi nambili ngaphandle kokucwayiza.
Ukulinganisela okunjalo kuletha injabulo enkulu.
Ukuqeqeshwa okuhle kusekuqeqeshweni
okulinganiselwe, okungokwesayensi komzimba,
ingqondo, nomphefumulo. Lokhu kuyingqikithi
nokubaluleka kokuzila ukudla.**

**Kukhona ulwazi olungaphezu kwemvelo ngemuva
kokuzila ukudla. Ngempela, umuntu akaphili
ngesinkwa sodwa. Izinto ezimbili zisigcina siboshiwe**

emhlabeni: ukuphefumula nokudla. Ngesikhathi sokulala, umuntu akanandaba nesidingo sokuphefumula noma sokudla ngoba umphefumulo uhlukaniswe nokuqonda komzimba. Ukuzila ukudla kuphakamisa ingqondo ngendlela efanayo. Ngokuzila ukudla, ingqondo ithembela emandleni ayo angokwemvelo. Lapho la mandla ebonakala, amandla okuphila emzimbeni akhuliswa amandla aphakade ageleza njalo esuka ku-ether yendawo yonke aye emzimbeni ngobuchopho nomgogodla.

Uma amandla okuphila ehlukaniwe emithonjeni yangaphandle esekela umzimba, uzizwa usekelwa ngaphakathi, futhi ingqondo iyaqaphela ukuthi izinto eziqinile umzimba othembele kuzo zimane nje ziyizibonakaliso zamandla eziqinile neziqinile. Ingqondo ingabe isisebenzisana ngqo namandla okuphila, iyiyale ukuba ilethe izinguquko ezifiselekayo emzimbeni.

Ingqondo inamandla okwenza noma yini Yingakho uJesu Kristu akwazi ukuguqula amatshe abe yisinkwa, njengoba nje amanzi ayegeleza phakathi kweminwe yoMprofethi, ukuthula makube kuye, lapho efaka isandla sakhe esitsheni esinamanzi amancane wathi: Wozani ekuhlanzweni okubusisiwe nasesibusisweni esivela kuNkulunkulu.

Ngakho-ke, ukuthembela ngokuphelele ekudleni kuwukungalungi engqondweni kanye namandla okuphila angaphakathi kumuntu. Ngokuzila ukudla isikhathi eside, umuntu ozila ukudla uyaqaphela ukuthi konke kuwukuhlakanipha.

Wonke amandla, umzimba, noma into kule ndawo yonke ingumkhiqizo wengqondo yaphezulu, njengoba nje zonke izinto ozibonayo ephusheni zidalwe yingqondo engaphansi kokuqonda.

Ingqondo ilawula umzimba Ngesikhathi sokuzila ukudla, uma ucabanga ukuthi umzimba wakho uzoba buthaka ngenxa yalokho, uzoba buthaka ngempela. Futhi uma ucabanga ukuthi ukuzila ukudla kuzonciphisa amandla akho, uzozizwa ubuthakathaka ngenxa yalowo mcabango.

Kodwa uma uziqinisekisa ukuthi umzimba wakho unamandla, ngeke uzizwe ukhathele; kunalokho, uzozizwa unamandla amakhulu, aqabulayo Abantu abaningi abakwazi lokhu ngoba abakaze bakuzwe

Ingqondo ngeke iveze izimangaliso zayo ngaphandle kokuthi usebenzise amandla ayo Futhi ngeke isebenze uma nje uthembele kakhulu ezintweni ezibonakalayo. Ngakho-ke, izimangaliso zayo zihlala zifihliwe ekubonweni okuvamile.

Kodwa uma ufunda - ngokuzila ukudla - ukuthembela ekucabangeni, uzokuthola kusebenza kukho konke, kungaba ekunqobeni ukugula, ekuletheni ukuchuma kanye nobuningi, noma ekufezeni umgomo wokugcina wokuphila: ukuthola uNkulunkulu

Noma ubani ongalawula ingqondo yakhe uzokwazi nokulawula imizimba yakhe nezidingo zayo, futhi uzothola ukuthula okungokomoya nokukhululwa ezinkingeni zasemhlabeni ezibopha umphefumulo nomzimba ndawonye.

Ngakolunye uhlangothi, inkolelo yokuthi izinto azikho kanye nokuthi umoya ukhona emhlabeni wonke akufanele isekelwe ezinkolelweni ezingacacile noma emibonweni engenakuchazeka ngokunengqondo, kodwa kunalokho kufanele isekelwe ezisekelweni ezisebenzayo kanye nokuzazi okujulile.

Abantu bavame ukuzihlanganisa nomzimba osekelwa ukudla, kodwa bayahluleka ukuqaphela

ukuthi umthombo oyinhloko womzimba amandla okuphila. Ukudla noma ezinye izindlela zangaphandle azikwazi ukuvuselela umzimba lapho ugesi wendawo yonke ukhishwe khona.

Ubudlelwano phakathi komzimba womuntu ongokwenyama nengqondo buyi-energy, noma amandla okuphila. Izazi zasendulo zaseNdiya zathola la mandla (i-prana) futhi zathuthukisa isayensi ebizwa ngokuthi i-pranayama , okusho ukulawula ngamabomu amandla okuphila emzimbeni.

UJesu Kristu wazila ukudla ehlane izinsuku ezingamashumi amane. UMprofethi, ukuthula makube kuye, wayevame ukuzila ukudla athi: “Zila ukudla uzophila kahle”

Labo abangazili ukudla abakwazi ukwazi ngokuhlangenwe nakho ukuthi ukuphila kungenzeka ngaphandle kokudla

Ezigabeni zokuqala zokuzila ukudla isonto lonke, indlala iba khona. Kodwa-ke, njengoba izinsuku zidlula, umuzwa wendlala uyancipha, futhi umuntu ozilile uzwa ukukhanya, amandla, ubungqabavu, kanye nomuzwa wokukhululeka ekuvinjelweni komzimba. Kungani? Ngoba ukuncisha umzimba ukudla okungokwenyama kuwuphoqa ukuba uthembele ekudleni okungeyona into ebonakalayo: amandla, umsebenzi, noma amandla okuphila.

Intando yomuntu ingumkhiqizi omkhulu wamandla Ngamandla okuzimisela kanye nesifiso esizenzakalelayo, umuntu angathola amandla angokomoya ngokushesha echibini elingenamkhawulo

Umuntu ongazimisele ukwenza imisebenzi yakhe yansuku zonke uzizwa engenawo amandla namandla. Ngakolunye uhlangothi, umuntu osebenza ngenkuthalo, ngentshiseko, futhi onesifiso sangempela sokusebenza ugcwele umsinga wendawo

yonke, futhi umzimba nomoya wakhe kugcwaliswa ngezinto zamandla.

Noma ubani owazi futhi asebenzise izindlela zokuphila ngamandla okuzimisela, futhi owazi ukuthi angadonsa kanjani amandla okuphila ngamabomu emthonjeni wawo ongapheli wendalo yonke, ukhululiwe ezinkingeni eziningi zomzimba.

Izazi nama-yogi aseNdiya athi izinto ziwumqondo ogxile kakhulu Abanye babo bafakazele leli qiniso ngokubonisa ikhono lokuguqula imizimba yabo nezinye izinto ngokuthanda kwabo.

Isayensi yanamuhla ifakazele ukuthi izinto zakhiwe ngamandla okudlidliza Izinto zamakhemikhali ezakha zonke izinhlobo nezimo endaweni yonke, kusukela emadwaleni nasemaplanethi kuya kubantu, azilutho ngaphandle kwezinhlobo ezahlukeneyo kanye nokuhlukahluka kokudlidliza kwama-electron. Iqhwa, isibonelo, libonakala ngokubanda kwalo, isisindo, kanye nesimo. Lingabonakala futhi lithinteke. Uma sincibilikisa iqhwa, liphenduka amanzi. Uma sibilisa amanzi, liphenduka umusi bese liba lingabonakali. Ngakho-ke, ngokombono wesayensi, iqhwa noma iqhwa alikho ngempela, yize libonakala ezinzwa zethu. Inggikithi yalo ama-electron angabonakali, noma izinhlobo zamandla.

Ngamanye amazwi, lokho okungancibilikiswa noma kuncibilikiswe esimweni esingabonakali akunakushiwo ukuthi kunokuphila kwangempela. Kusukela kulo mbono, izinto zingabhekwa njengezingekho, kodwa ukuba khona kwazo kuyahambisana.

Izinto zikhona maqondana nezingqondo zethu. Kodwa empeleni, zingamandla angabonakali angabhubhi futhi angashintshi ngaphandle kokubukeka nesimo somzimba.

Ngokufanayo, ingqondo yomuntu kanye nendaba kuyizibonakaliso zokuqonda kwaphezulu, okukhona kuphela ngesimo. Iqiniso liwukuthi ingqondo yendawo yonke kuphela ekhona ngempela.

Njengoba nje ingane izalwa ngabazali, kanjalo nendaba incike engqondweni ukuze ibe khona. Indaba ingumkhiqizo wengqondo yaphezulu futhi ibonakala iqondakala engqondweni yomuntu. Ngokwayo, indaba ayinalo iqiniso ngoba ayinakho ukuba khona kwangaphakathi.

Amandla kagesi ezinto, nakuba ehlanya, aqukethe ukudlidliza kwamandla okuphila asezulwini azibonayo, nawo avela emthonjeni waphezulu.

UNkulunkulu wathi, “Ukukhanya kwamazulu nomhlaba,” ngakho-ke makube khona ukukhanya, kwaba khona ukukhanya. Lokhu kusho ukuthi ukugxila kwengqondo yaphezulu kanye nentando yaphezulu kwaba ukukhanya noma amandla adlidlizayo.

Umsinga wokuphila wendalo yonke kanye nama-electron kamuva anyakaza ngamandla amakhulu aba amandla emvelo ahlukahlukene, asobala. Lawa mandla abonakala njengezinto eziyisisekelo ezibonakalayo lapho indawo yonke ebonakalayo yakhiwa khona.

Izinto zingokoqobo futhi ziyabonakala engqondweni yomuntu. Kodwa ngokuhlangenwe nakho, ukucabanga, kanye nokuhlolwa okuthile kwelebhu, isintu sithole ukuthi kumele kube namandla okudala ahlala njalo futhi angaguquki ngemuva kwazo zonke izithombe nezinhlabo zomhlaba obonakalayo.

Leli qiniso lingaqondwa ngokuqonda uhlobo lolwandle, olukhona yize amagagasi alo eyizibonakaliso zesikhashana zesimo esisodwa

esikhulu: ulwandle uqobo Amagagasi awakwazi ukuba khona ngaphandle kolwandle, kodwa ulwandle lukhona kanye namagagasi futhi alukho.

Le mibono ingaqondwa ngokwengqondo, kodwa ayinakuqondwa ngempela ngaphandle kokuba umuntu afunde ukuguqula izinto zibe amandla okuphila, kanye namandla okuphila abe ukuqonda kwendawo yonke, njengoba abaprofethi, abanye abantu abakhulu, kanye nalabo abanolwazi ngokwabo benze futhi baqhubeka bekwenza. Kulaba bantu abakhanyiselwe, izinto azikho zodwa, ngoba bayazi ngokuqiniseka ukuthi ngaphansi kwamagagasi endalo kukhona ulwandle lomoya olungaguquki nolungaguquki.

Kumafilosofi e-Vedanta ne-Yoga, indawo yonke iyiphupho ngaphakathi kokuqonda okuphakade nokuvuka kukaNkulunkulu (onganqotshwa ubuthongo noma ubuthongo). Izinto kanye nengqondo, indawo yonke enezinkanyezi namaplanethi ayo, amaza aminyene ebusweni kanye nemisinga engabonakali, ecacile yokudalwa kwezinto ezibonakalayo, amandla omuntu okuzwa, intando, kanye nokwazi, kanye nezimo zokuphila nokufa, ubusuku nemini, impilo nokugula, impumelelo nokwehluleka, konke kuyiqiniso ngokomthetho wokuhlobana olawula leli phupho lendawo yonke.

Konke okubonwa ngeso lokuhlobana kungokoqobo kuphela kumuntu ophuphayo, odlala indima yakhe encane ephusheni elikhulu lendawo yonke Ukuze abalekele inkohliso yendawo yonke, noma umthetho wokuhlobana, isintu kumele sivuke kuleli phupho siye ekuqondeni okuphakade kukaNkulunkulu

Asikwazi ukushintsha leli phupho ngokucabanga noma ukuphika, ngokwamukela ukuphila ngenkathi

senqaba ukufa, noma ngokuvuma impilo ngenkathi singanaki ukugula. Isimo ngasinye siyingxenye ebalulekile yesimo esiphambene naso, njengolunye uhlangothi lwemali noma indwangu. Izinto ezimbili azihlukene kodwa zixhumene. Umfuni weqiniso akazami ukuzihlukanisa engqondweni yakhe, kodwa kunalokho uzidlula ngolwazi nangokuhlakanipha.

Noma ubani ofuna ukwamukela izici ezinhle, ezijabulisayo neziwusizo kuphela njengamaqiniso emvelo ephindwe kabili ungumuntu ocwiliswe emicabangweni yezwe eliphuphayo.

Njengoba nje umuntu enamaphupho abonakala engokoqobo okwesikhashana, kodwa alahlekelwe ukusebenza kwawo lapho eguqukela esimweni sokuphaphama, kungenzeka ukuthi umuntu avuke ephusheni lezinto ezibonakala zingokoqobo futhi aphile ezweni lomoya langempela nelingashintshi.

Umuntu ophelele kuphela, ofunde ukwandisa nokuguqula ukuqonda kwakhe kube yi-Absolute engapheli ngokuzindla nokuzindla, ongabona indalo njengephupho laphezulu. Yibo kuphela abangamemezela ngokuqiniseka ukuthi izinto azikho Ngokuzithiba okuqhubekayo, ukuthuthukiswa kwamandla angaphakathi, kanye nomkhuba wokuzindla nge-yoga yesayensi, noma iyiphi enye indlela eya ekufezekeni okungokomoya—kungaba ukholo, uthando, inkonzo, ukuzidela, noma ukukhulekela okuqotho—umfuni kaNkulunkulu angaqeda izinto ezimbili futhi abone ubunye baphakade ngemuva kwazo zonke izibonakaliso zobuningi nokwehlukahlukana.

Noma ubani okhululiwe ekukhohlisweni kwendawo yonke uyazi ukuthi uNkulunkulu uSomandla uyikho konke kukho konke, futhi ngaleyo

ndlela uthinta ukuqonda kwakhe kwaphezulu futhi aqaphele ingqikithi yeqiniso.

Ukuthula makube phezu kwakho

Ocebileyo yilowo uNkulunkulu amcebisile

Njengoba kulandiswa uthisha uParamhansa Yogananda

UMbusi u-Akbar (1556-1609 CE) wayengomunye wababusi baseMughal baseNdiya futhi engomunye wababusi abakhulu kakhulu bezwekazi lase-Asia kuwo wonke umlando. Wathola isihloko esithi "uMvikeli Wobuntu" ngenxa yobulungiswa bakhe kanye nokulunga kwakhe kubantu bakhe kanye nokukhathalela kwakhe kwangempela inhlalakahle yabo. Wasebenza ngenkuthalo ukubuyisa izindawo zaseNdiya ezilahlekile futhi wazihlanganisa zibe umbuso oqinile, ophakathi.

U-Akbar wayengummeli omkhulu wokubekezelelana phakathi kwezinkolo ezahlukene eNdiya Ngesikhathi sokubusa kwakhe, ubuHindu nobuSulumane bachuma ndawonye ngokuvumelana okuphelele. Umbusi wamaSulumane (u-Akbar) wayegqoka izingubo zobuSulumane ngezinye izikhathi futhi aye kothandaza emosque, kanti ngezinye izikhathi wayegqoka izingubo zamaNdiya futhi aye ethempelini lamaHindu ukuze azindle futhi akhulekele.

Lo mbusi onenhliziyi enhle nophanayo akazange ayeke ngisho nosuku olulodwa enikeza izipho neminikelo kwabaswele kanye nezikhungo zomphakathi kulo lonke izwe.

Kwakuwumkhuba wakhe ukugibela inqola yasebukhosini ebizayo edonswa amahhashi ayisishiyagalombili amahle. Abalindi nabamemezeli babememezela ukufika kodwendwe lwakhe oluhle kakhulu bephethe izigubhu, amasimbali namacilongo kulo lonke idolobha.

Naphezu kwalo lonke lolu dumo nobukhazikhazi, kwakukhona imiyalo eqinile evela kumuntu omkhulu kunabo bonke ukuba amise udwendwe nganoma yisiphi isikhathi nanoma iyiphi indawo uma kukhona umuntu owayefisa ukwenza isicelo kuye noma ukucela usizo kuye.

Ngolunye usuku, njengoba udwendwe olukhulu lwasebukhosini lwaludlula emgwaqweni omkhulu ogcwele izihlahla nhlangothi zombili, umbusi wabona amadoda amabili ayizimpumputhe ehleli amamitha ambalwa ukusuka komunye nomunye, ememeza ecela usizo kanye nosizo.

Umdala wayala inqola ukuba ime phambi kwendoda yokuqala eyimpumputhe, eyayimemeza:

"Abacebile yilabo abacebiswa yinkosi"

Ngemva kokulalela ngokucophelela lelo binzana, wacela umshayeli ukuba asondele kwenye indoda eyimpumputhe eyayimemeza:

"Umuntu ocebile ngempela yilowo uNkulunkulu amcebisile"

Inyanga yonke, umbusi wayezwa imisho emibili efanayo njalo lapho edlula eduze kwamadoda amabili ayizimpumputhe, ayecela ingcebo kuye nakuNkulunkulu Ekugcineni, umuzwa wozwela wavuka ngaphakathi kuye, futhi wafuna ukusiza

indoda yokuqala, eyayinesiqubulo esithi: "Ocebile kakhulu yilowo umbusi amcebisayo"

Ngolunye usuku, u-Akbar wacela umbhaki wesigodlo ukuba ambhakele isinkwa esikhulu (sohlobo lwe-kamaj olujiyile) esinephakathi eligcwele igolide elicwengekileyo u-Akbar wanikeza lesi sinkwa indoda yokuqala eyimpumputhe futhi wangayinaki nhlobo eyesibili, eyayinethemba lengcebo kuNkulunkulu, hhayi kumbusi.

Ngemva nje kwalokho, u-Akbar waya ohambweni lokuzingela, kwathi lapho ebuya wadlula emgwaqweni ofanayo wabona indoda eyimpumputhe eyayimnike isinkwa segolide isasesikhundleni sayo, imemeza njengakuqala ithi: 'Ocebileyo yilowo umbusi amcebisile'.

Wacela ukuthi inqola yasebukhosini ime phambi kwendoda eyimpumputhe, wathi kuyo: "Wenzeni ngesinkwa engikunike sona?"

Indoda yaphendula:

'Nkosi, isinkwa ongiphe sona ngomusa sasisikhulu kakhulu futhi asibhakwanga kahle ngoba sasisinda kakhulu, ngakho ngasithengisela enye indoda eyimpumputhe ngama-fils ayishumi futhi ngiyabonga ngokuthola lawo ma-fils ayevela ekupheni kwakho'.

U-Akbar wabheka nxazonke efuna enye indoda eyimpumputhe kodwa akayitholanga Ngemva kokubuza ngaye, wezwa ukuthi wayenike umkakhe isinkwa, kwathi lapho nje esisika, wathola igolide. Ngalo, bathenga indlu encane, futhi isimo sabo sathuthuka ngemva kokuba uNkulunkulu enikeze

isifiso sabo futhi wabacebisa ngomusa waKhe omkhulu.

Lapho ezwa lokhu, umbusi waqonda ukubaluleka okukhulu kwalesi sigameko. Ngokuthobeka okungenakuqhathaniswa, wazenza isiyaluyalu nentukuthelo wabe eseqhubeka nokusola indoda yokuqala eyimpumputhe, ethi:

'Wenzeni, siwula? Unike umngane wakho isinkwa sami esigcwele igolide owayethembele kuNkulunkulu hhayi kimi ukuze athole ingcebo Kusukela manje kuqhubeke kufanele wamukele isiqubulo sakhe futhi umemezele njengoba ayevame ukumemezela: Ocebile yilowo uNkulunkulu amcebisile'

Noma into efana naleyo:

Lowo onomniki uyapha

Nguye yedwa obizwa ngokuthi ucebile

Ukuthula makube phezu kwakho

Ukudla okune-magnetic noma okunengqondo

Uma abantu bekhuluma ngokudla noma ngokudla okunempilo, bavame ukusho ukudla okungokwenyama okusetshenziselwa ukusekela umzimba. Kodwa kunezinye izinhlobo zokudla ezingabalulekile njengokudla okungokwenyama, futhi ezivame ukuba zibaluleke nakakhulu.

Phakathi kwalokho kudla okungokwengqondo noma okungokomoya:

Umsebenzi wengqondo noma ukugxilisa ingqondo, ukuhlakanipha kanye nokuqonda okungokomoya

**Ukudla okungokwenyama kusekela
amangqamuzana omzimba, kuyilapho ukudla
kwengqondo kunika ingqondo imibono enempilo,
kuyilapho ukudla kokuhlakanipha kuqabula
umphefumulo futhi kuthuthukise amakhono awo.**

**Ukondliwa kwengqondo ngokuvamile kuqukethe
imibono umuntu ayicabangayo kanye naleyo ayithola
kwabanye ngokuxhumana nokuxhumana nabo.**

**Abantu abanesimo sengqondo esizolile
nesihloniphekile basiza ekwenzeni imicabango yethu
ibe namandla futhi iphile kahle Akunzima ukunquma
ukuthi umuntu uthola yini ukudla kwakhe
kwengqondo endaweni enokuthula noma
ephazamisayo Ukukhathazeka, ukucindezeleka,
nokudideka konke kuvela ekuzihlanganiseni nabantu
abangalungile, kungaba abangane noma izihlobo,
okuholela emicabangweni yokukhathazeka kanye
nesimo sengqondo esikhathazekile**

**Umzimba uthola amandla nomsebenzi ekudleni
okungokwenyama, kuyilapho ukudla okune-magnetic
kunikeza umzimba nengqondo amandla okulula
ukuwagaya kunokudla okuqinile nokuwuketshezi
okungenakushintshwa kalula kube amandla aphilayo.**

**Uma usukwazi ukuguqula ukungazi kube
ukuhlakanipha**

**Kusukela ebuthakathakeni nasekubuthakatheni
kuya empilweni nasebungqabavuni**

**Hamba ngokuqiniseka nangesibindi - noma ngabe
uwedwa - ezindleleni zokuphila**

**Nenjabulo yangaphakathi yokuba nonembeza
ophilayo noqaphile**

**Futhi ukholo olungenakunyakaziswa ebulungiseni
bukaNkulunkulu kanye nasekungobeni kweqiniso
phezu kwamanga kanye neqiniso phezu kokukhohlisa**

**Futhi uma uzama nsuku zonke ukukhulula
imicabango yakho emazingeni aphezulu futhi
acwengekile**

Unenhliziyo enothando nebongayo

Nezinhloso ezinhle ngabanye

**Ukondleka kwakho kwengqondo kunamandla
kamagnetic**

**Bese kuzokudonsela konke okuhle nokuzuzisayo
kuwe**

Kusukela ezintweni, kubantu, nasezimweni

**Udinga kakhulu ukuqhubeka nohambo oluya
ogwini lokuphepha nokuphepha.**

Futhi okokugcina kodwa okungabalulekile

**Uma uzama ukuthola okudingayo futhi waneliseka
ngalokho uNkulunkulu akwenzela lula**

**Yiba ocebile emoyeni futhi waneliseke kakhulu
kunalabo abathanda kakhulu izimpahla zezwe futhi
abafisa injabulo yalo yesikhashana**

Ukuthula makube phezu kwakho

**UNkulunkulu akabalahli labo abamthandayo
Kusukela encwadini ethi Yogi's Memoirs: An
Autobiography (Ifilosofi YaseNdiya Empilweni
Yomuntu Oyi-Yogi)**

"Ukube ubaba wethu wayekuphuce ifa, Mukunda⁽¹⁾, ngabe ukufanele ngempela, ngoba uchitha impilo yakho ngobuwula nangobuwula!"

Yileyo ndlela intshumayelo yomfowethu omdala eyafika ngayo ezindlebeni zami. Ngangisanda kubuya nojitendra esitimeleni, egcwele uthuli lapho sifika endlini ka-Ananta, owayesethuthele edolobheni elidala lase-Agra. Umfowethu omdala wayesebenza njengomgcinimabhuku emnyangweni wemisebenzi yomphakathi kahulumeni, ngakho ngathi kuye, "Uyazi, mfowethu Ananta, ukuthi ngicela ifa lami kuNkulunkulu"

Waphendula wathi: "Imali iza kuqala, kanti uNkulunkulu uza kamuva! Kwazi bani? Impilo ingase ibe yinde!"

Ngathi: "UNkulunkulu uza kuqala, futhi imali iyinceku Yakhe! Futhi ubani ongabikezela? Ukuphila kungaba kufushane!"

Impendulo yami yavela ngokungazelelwe, ngaphandle kokuba ngizizwe sengathi kukhona okuzokwenzeka (Kodwa maye! U-Ananta wahamba kuleli zwe esemncane)

Amehlo omfowethu akhanya ngokwaneliseka, njengoba ayesanethemba lokubuyela kwami esidlekeni somndeni, wathi:

"Ngicabanga ukuthi kuwukuhlakanipha okuvela endaweni yokuhlala. Kodwa kimi kubonakala sengathi usushiyile eBenares!"

Ngakho ngathi kuye, "Ukuhlala kwami eBenares akubanga yize, ngoba ngithole lapho konke okwakufiswa yinhliziyi yami! Futhi ungaqiniseka

ukuthi engikutholile kwakungesiye lowo (isazi) owahlangana naye, noma indodana yakhe"

U-Ananta wahleka nami ekhumbula okwenzekile, evuma ukuthi isazi esihlakaniphile ayesikhethele ukuba ngumqondisi wami, uBenares, empeleni sasingenalo ulwazi oluningi nokuqonda. Wangibuza:

"Pho liyini icebo lakho, mfowethu olahlekile nozulazulayo?"

Ngaphendula, ngachaza: "UJitendra ungicele ukuba ngimphelezele siye e-Agra ukuze ajabulele izimangaliso zeTaj Mahal, bese kuthi ngemva kwalokho siye kumqondisi wami engimthole muva nje, onekhaya elihlala eVaranasi"

U-Ananta wasiphatha kahle kakhulu, futhi kusihlwa wayelokhu engibheka ngokuphindaphindiwe ngamehlo ahlolisisayo, ngakho ngazitshela:

"Ngiyazi ukuthi yini ebangela lokho kubuka! Upheka okuthile!"

Futhi ngempela, lokho engangikubikezele kwenzeke ngesikhathi sokudla kwasekuseni u-Ananta wayebukeka emsulwa njengoba eqoqa izingxoxo zangozolo, ethi, "Ngakho-ke, nansi indlela ozizwa ngayo ukuthi awuyidingi imali kababa wethu!"

Ngathi: "Esikhundleni salokho, ukuthembela kwami kuNkulunkulu kuphela"

Waphendula wathi: "Amazwi ashibhile, Mukanda! Isiphetho sikuvikele kuze kube manje. Kodwa yeka ukuthi isimo sakho singaba namahloni kangakanani uma kungadingeka uthembele kuleso sandla esingabonakali ukuze sikunikeze ukudla nendawo

yokuhlala! Ngokuqinisekile ubungaphendukela ekuceleni emigwaqweni!"

Ngathi: "Ake ngivume! Ngeke ngibeke ithemba lami kubantu abadlulayo esikhundleni sikaNkulunkulu, ovula iminyango yokondla labo abamkhulekelayo nabamthembayo, futhi abanikeze imithombo eminingi yokuphila, ngaphandle kokucela nokucela!"

Wathi: "Konke lokhu kuyinkulumo yokukhuluma kanye nolimi oluqhakambisayo! Ake sithi ngikucele ukuthi ubeke ifilosofi yakho, oziqhenya ngayo futhi oziqhayisa ngayo, esivivinyweni sokuhlangenwe nakho kwangempela kuleli zwe elibonakalayo, ubungayamukela?"

Ngathi: "Yebo, ngiyakwamukela! Ingabe kuvunyelwe ukuvalela uNkulunkulu endaweni yombono kuphela?"

Wathi, "Sizobona Namuhla uzothola ithuba lokwandisa imibono yami noma ukuvuma ukuthi iyiqiniso."

U-Ananta wama kancane kakhulu isikhashana, wabe eseqhubeka ekhuluma kancane nangokuzola, ethi:

"Ngiphakamisa ukuthi ungithumele nomngane wakho uJitendra namuhla ekuseni siye edolobheni eliseduze laseBrindbane, ngombandela wokuthi ungahambi nelilodwa i-rupee nawe, ungaceli ukudla noma imali, ungatsheli muntu ngesimo sakho, futhi ungahlali ungenakudla noma uvaleleke eBrindbane Uma ubuyela endlini yami lapha ngaphambi kwamabili ngaphandle kokwephula noma yimiphi imibandela

yalolu vivinyo, ngizoba umuntu omangale kakhulu e-Agra!"

Ngathi, "Futhi ngiyayamukela inselele"

Kwakungekho ukungabaza emazwini ami noma enhliziyweni yami. Izinkumbulo ezijabulisayo zokungenelela kwaphezulu zakhanya phambi kwami: ukuphulukiswa kwami ekholera ebulalayo ngokunxusa kuNkulunkulu phambi komfanekiso kaLahiri Mahasya; isipho sama-kite amabili endiza phezu kophahla lwendlu yaseLahore; i-amulet eyafika ngesikhathi esifanele phakathi kokuphelelwa yithemba nokukhungatheka kukaBareilly; umlayezo oqondile ovela e-hospit engaziwa yaseBanaras ngaphandle kwegceke likaPandit; umbono kaMama oNgcwele nokuzwa amazwi akhe amangalisayo othando kanye nokuphendula kwakhe ngokushesha ezifisweni zami ngoGuru Mahasya; isiqondiso esafika ngomzuzu wokugcina futhi sangisiza ukuthola idiploma yami yesikole samabanga aphezulu; bese kuba uthisha wami womakhelwane, isibusiso sokugcina esafika kimi phakathi kwenkungu yamaphupho empilo yonke angisoze ngavumela "ifilosofi" yami ukuba inganele ukulwa kuleli zwe elinzima, izwe elikholelwa kuphela ebufakazini obuphathekayo kanye nobufakazi.

Umfowethu waphendula wathi, "Ukwamukela inselele kuyilungelo kuwe, futhi ngizokuphelezela uye esitimeleni njengamanje"

U-Ananta wabe esephendukela kujitendra, owayemangele, wakhuluma naye, wathi: "Kumelwe uhambe naye njengofakazi, futhi cishe njengesisulu!"

Kungakapheli nesigamu sehora, mina noJitendra sasiphethe amathikithi okuhamba ngemoto eyodwa

kulolu hambo oluzumayo, ngemva kokuba u-Ananta esihlolisile ekhoneni lesiteshi futhi waqinisekisa ukuthi asinayo imali, nokuthi izingcezu zendwangu esasizibophe okhalweni lwethu zazingafihli okungaphezu kwalokho okudingekayo.

"Ananta, nginike i-rupee noma amabili njenge-reserve ukuze ngikuthumelele i-telegram uma kwenzeka kuba neshwa," kusho umngane wami ekhononda phakathi kwengxabano ekhulayo phakathi kwemali nokholo.

Ngammemeza ngokumhlambalaza: "Jitendra, ngeke ngiqhubeke nalolu vivinyo uma uphatha imali njengesiqinisekiso sokugcina"

UJitendra waphendula wathi, "Ukungqongqoza kwezinhlamvu zemali kuyaduduza" Kodwa wayengenakho okunye ngaphandle kokuthula lapho umkakhe emkhuza kanzima.

Umfowethu omdala wathi, "Mukanda, angisiye umuntu ongenahliziyo"

Izwi lika-Ananta lakhala ngezwi lokuthobeka, mhlawumbe unembeza wakhe wawumshaya ngokuthumela abafana ababili abangenamali edolobheni angalazi, noma ngenxa yokuntula kwakhe ukholo emandleni kaNkulunkulu, wabe esenezela:

"Uma, nganoma iyiphi indlela noma ngomusa, ngikwazile ukuphumelela ekuhluphekeni kukaBrandyban, ngizokucela ukuthi ungingcwelise njengomfundi wakho"

Lesi sithembiso sasingavamile futhi asihambisani namasiko namasiko amisiwe Emindenini yamaNdiya, umfowabo omdala akavamile ukukhothamela

abancane kunaye; ulandela uyise kuphela ngokuthola inhlonipho nokulalelwa yilabo abancane kunaye. Kodwa-ke, kwakungekho isikhathi esisele sokuphawula ngalokho ayekushilo, njengoba isitimela sase siqalile ukuhamba.

UJitendra wahlala ethule ngokudabukisayo njengoba isitimela siqhubeka ngesivinini, wabe eseshintsha esihlalweni sakhe wangicindezela kakhulu endaweni ebuhlungu, ethi:

"Angiboni lutho olubonisa ukuthi uNkulunkulu uzosinika ukudla okulandelayo!"

Ngakho ngathi, "Thula, ungabaza, ngoba uNkulunkulu usebenza ngasese"

Waphendula wathi: "Ungamsheshisa? Ngilambile ngicabanga nje ngalokho okusilindele. Ngishiye iVaranasi ukuze ngijabulele ukubona iTaj Mahal, hhayi ukungena ethuneni lami!"

Ngakho ngathi, "Yiba nesibindi ujabule, Jitendra! Asikho yini endleleni yethu yokuyobona izimangaliso ezingcwele zaseBrindiban?" Ngigcwele ukulangazelela umcabango nje wokuthi ngizobeka unyawo ezweni elibusiswe yizinyawo zeNkosi uKrishna.

Ngaleso sikhathi umnyango wegumbi lethu wavuleka kwangena amadoda amabili. Indawo elandelayo yayingeyokugcina.

Umuntu engingamazi owayehlezi ngakimi wangiphendula ngesithakazelo esibonakalayo, ebuza: "Sawubona bafana, ninabo abangane eBrandenburg?"

Ngaphenduka amehlo ami kuye ngokunganaki, ngathi, "Akuyona indaba yakho leyo"

Wathi, "Mhlawumbe nibalekile emindenini yenu ngaphansi kwesiphonso seNhliziyo Sesela, nami ngingumuntu onezifiso ezingokomoya, futhi ngizoqinisekisa ukuthi nithola ukudla nendawo yokukhosela kulokhu kushisa okukhulu."

Ngaphendula ngathi: "Cha, mnumzane, siyeke thina. Unomusa, kodwa uphambukile ngokucabanga ukuthi singababaleki."

Ingxoxo yethu yaphela lapho Ngokushesha nje lapho isitimela sima futhi mina noJitendra sehla epulatifomu, abangane bethu ababili ababengalindele basigona base bebiza itekisi.

Sehla phambi kwesonto elihle kakhulu endaweni enhle phakathi kwezihlahla ezihlala ziluhlaza. Kwakusobala ukuthi abenzi bomusa bayaziwa kakhulu lapho, njengoba umfana omomothekayo esondela kithi wasiholela ngaphandle kokuphawula egumbini lokwamukela izivakashi lapho isalukazi esihloniphekile nesikhazimulayo sasamukela khona.

Omunye wamadoda wakhuluma nomninikhaya, wathi, "Mama Gauri, izikhulu ezimbili ngeke zikwazi ukuya Ngomzuzu wokugcina uhlelo lwazo lushintshile futhi zikuthumela ukubonga kwazo okuqotho kanye nokuxolisa okujulile. Kodwa silethe ezinye izivakashi ezimbili engazizwa, lapho sihlangana esitimeleni, ukuba zibe abafundi beNkosi uKrishna."

Abangane ababili baqonda emnyango, bethi: "Siyanivalelisa, bangane bethu ababili abancane Sizophinde sihlangane, uma uNkulunkulu evuma."

Umama uJouri wamomotheka kamnandi, omnene ezivakashini zakhe ezingalindelekile njengoba ethi,

"Siyakwamukela! Ubungeke uze lapha ngosuku olungcono kunalolu. Bengilindele ukuthi izikhulu ezimbili zize kule ndawo yokuhlala. Ngijabule kakhulu ukuthi ufikile, ngaphandle kwalokho bengizoncibilika ngamahloni ukube ukudla engikulungiselele ngokucophelela kangaka bekungamtholanga umuntu wokukunambitha nokukujabulela!"

La mazwi anomusa aba nomphumela omangalisayo kujitendra, owakhala izinyembezi. Inhlekelele ayeyesaba eBrindbane yayisiphenduke idili elifanele amakhosi nezikhulu. Lokhu kuguquka kwezenzakalo ngokuzumayo kwakumsinda kakhulu. Umninikhaya wambheka ngelukuluku kodwa ngaphandle kokuphawula, mhlawumbe eqaphela ukuqhuma kwemizwa kwentsha.

Samenywa esidlweni sasemini, uMama uJouri wasiyisa ekamelweni lokudlela, elalinephunga elimnandi, wabe esenyamalala ekhishini eliseduze.

Futhi bengilinde lesi sikhathi, ngakho ngakhetha indawo efanelekile emzimbeni kaJitendra ngamcindezela ngendlela efanayo nendlela angicindezela ngayo esitimeleni, ngithi:

"UNkulunkulu uyasebenza, futhi ngokushesha, nina eninokholo oluncane!"

Umninikhaya wabuya ephethe ifeni, asiphefuzela ngendlela yendabuko yaseMpumalanga ngaphandle kokuphumula, njengoba sasihleli ezingutsheni ezifekethisiwe. Ama-monks aletha cishe izinhlobo ezingamashumi amathathu zokudla. Lokhu kwakungesona isidlo sasemini esivamile, kodwa kwakuyidili elimnandi! Selokhu safika kule planethi, sasingakaze sinambithe izibiliboco ezinjalo.

Wakhuluma nomninikhaya wethu, wathi: "Lezi ngempela izitsha ezifanele izikhulu, mama ohloniphekile! Angazi ukuthi iyiphi into ephuthumayo izivakashi zakho zasebukhosini eziyibheka njengebaluleke kakhulu kunokuya kuleli dili! Usinike inkumbulo yempilo yethu esingasoze sayikhohlwa!"

Njengoba izimo zika-Ananta zasivimbela ukudalula okwengeziwe, asikwazanga ukuchazela owesifazane ohloniphekile ukuthi ukubonga kwethu kunencazelo ekabili, kodwa ukuzinikela kwethu kwakucacile. Sahamba nezibusiso zakhe kanye nesimemo esifudumele sokuphindela endaweni yokuhlala.

Ukushisa ngaphandle kwakunamandla kakhulu, ngakho mina nomngane wami safuna indawo yokukhosela emthunzini wesihlahla se-kadamba eduze kwesango lezindela. Lokhu kwalandelwa amazwi abuhlungu, njengoba uJitendra, okwesibili, eveza ukwesaba kwakhe nokusola kwakhe, ethi:

"Yeka inkinga ongifake kuyo! Isidlo sethu sasemini sibe yinhlanhla! Manje singakujabulela kanjani ubuhle baleli dolobha singenalo nohlamvu lwemali olulodwa ezandleni zethu? Bese-ke, ungangitshela ukuthi sizokwazi kanjani ukubuyela endlini ka-Ananta?"

Ngakho ngathi: "Manje njengoba isisu sakho sesigcwele, yeka ukuthi usheshe kangakanani ukukhohlwa uNkulunkulu!"

Amazwi ami ayengewona aqatha, kodwa ayehlambalaza Yeka ukuthi inkumbulo yomuntu imfushane kangakanani uma kukhulunywa ngezibusiso zasezulwini! Akekho noyedwa umuntu

kuleli zwe ongakatholi impendulo ethile yezicelo zakhe

UJitendra waphendula wathi, "Angisoze ngabukhohlwa ubuwula bami bokuthatha ingozi nomuntu ongenandaba njengawe!"

Ngathi, "Sekwanele, Jitendra, ngoba uNkulunkulu osondle nguyena uNkulunkulu osinakekelayo eBrindban futhi ozosibuyisela e-Agra!"

Ngisanda kuqeda ukukhuluma, insizwa ethile, ubuso bayo obukhazimula ngokuqiniseka nenduduzo, yasondela kithi ngokushesha, yema ngaphansi kwesihlahla sethu, yakhothama phambi kwami yathi:

"Mngane wami othandekayo, wena nomngane wakho kumelwe ukuba ningabantu ongabazi lapha, ngakho-ke ngivumele ngibe ngumamukeli wakho nomqondisi wakho"

Nakuba ubuso bendoda yaseNdiya babungavamile ukufiphala, ubuso bukaJitendra bashintsha ngokushesha baba phuzi ngenxa yokugula. Ngenqaba ngenhlonipho lesi siphso. Kodwa le nsizwa yacasuka kakhulu, ngendlela eyayingahle ihlekiseke kakhulu, ngaphansi kwezinye izimo. Waphendula:

"Ngeke ukwazi ukungisusa!"

Ngathi, "Kungani kungenjalo?"

Wangibheka ngokuzethemba wathi, "Ngoba ungumfundisi wami Ngesikhathi ngizindla emini, ngabona iNkosi uKrishna ebusisiwe embonweni, wangibonisa izithombe ezimbili ngaphansi kwalesi sihlahla. Esinye sazo kwakuwubuso bakho, umfundisi wami, engivame ukububona ekuzindleni kwami! Yeka

**indlela engiyojabula ngayo uma ungamukela
izinkonzo zami zokuthobeka!"**

**Ngakho ngathi, "Ngiyajabula futhi ukuthi
ungitholile. UNkulunkulu akasishiyanga futhi umuntu
akasishiyanga!"**

**Nakuba ngangimi nginganyakazi, ngimomotheka
ngalobo buso obunesifiso phambi kwami, umuzwa
wokuhlonipha wangenza ngakhothama emoyeni
ezinyaweni zaphezulu.**

**Umfana wathi, "Bangani bami, ngilangazelela
kakhulu ukuthi nihloniphe ikhaya lami
ngokuvakashela!"**

**Ngathi, "Uyinsizwa enesandla esivulekile, kodwa
asikwazi ukukwenza lokho ngoba siyizivakashi
zomfowethu e-Agra"**

**Wathi, "Ngivumeleni okungenani nginiphelekezele
nobabili siye eBrindiban njengesikhumbuzo salo
mhlangothi"**

**Ngasamukela ngenjabulo isimemo. Le nsizwa—
egama layo kwakunguPratap Chatterjee—yacela
inqola edonswa yihhashi, saya ethempelini
laseMadhana Mohana nakwamanye amathempeli
aseKrishna Ubumnyama baqala ngesikhathi
sisathandaza ethempelini Ngemva kwalokho, uPratap
wathi:**

**"Ngingacela imvume yakho ukuthi ngiphuze
amaswidi?"**

**Wangena esitolo esiseduze nesiteshi sesitimela,
ngesikhathi sihamba emgwaqweni omkhulu,
owawusugcwele abantu futhi usupholile. Umngane**

**wethu wanyamalala isikhashana wabuya ephethe
amaswidi amaningi. Wamomotheka encenga njengoba
ephethe imali yamaphepha kanye namathikithi
amabili ayewathengele uhambo lwethu oluya e-Agra,
ethi, "Ngiyanincenga ukuba ninginike lolu dumo
olungokomoya."**

**Ukwamukela kwami kwakungelutho ngaphandle
kokuhlonipha leso sandla esingabonakali Ingabe
ukuphana kwaso—okwakuhlekisa u-Ananta—
kwakungengaphezu kwalokho okwakudingeka?**

**Safuna ikhona elicashile eduze kwesiteshi futhi
ngathi:**

**"Pratap, ngizokufundisa iKriya: indlela kaLahiri
Mahasya, i-yogi enkulu kunazo zonke yesikhathi
sanamuhla. Le ndlela yakhe izoba umhlahlandlela
wakho ongokomoya."**

**Ukuqaliswa kwenzeka ngesigamu sehora, futhi
ngakhuluma nomfundi omusha, ngathi: "I-Kriya izoba
yitshe eliyigugu elizogcwalisa izifiso zakho Lobu
buciko, obubona bulula, buqukethe indlela
yokuthuthuka ngokomoya okusheshayo. Imibhalo
engcwele yaseNdiya ithi umuntu ophilayo udinga
iminyaka eyisigidi ukuze akhululwe ekukhohlisweni
kwendawo yonke, kodwa lesi sikhathi eside semvelo
singafinyezwa kakhulu yi-Kriya Yoga Njengoba nje
uJagades Chandra Bose afakazele ukuthi ukukhula
kwesitshalo kungasheshiswa kakhulu
kunokujwayelekile, kanjalo nokukhula ngokomoya
komuntu kungasheshiswa ulwazi oluyimfihlo Yiba
qotho ekusebenzeni kwakho, futhi uzosondela
kuNkulunkulu, uMfundisi Wabafundisi kanye
noMhlahlandlela Wabaqondisi"**

UPratap wathi ngokucabangela, "Ngizizwa ngijabule kakhulu ngokuthola lesi sihluthulelo se-yogic esibusisiwe ebengisifuna isikhathi eside. Ithonya laso elingokomoya lizongikhulula ekuvinjelweni yizinzwa futhi lingiqhubele ezindaweni eziphakeme. Ukubona iNkosi uKrishna namuhla kuyisibusiso esikhulu empilweni yami."

Sahlala isikhashana siqondana buthule, sabe sesihamba kancane siya esiteshini uJoy wangigcwalisa njengoba ngigibela isitimela, kuyilapho uJitendra ekhala Ukuvalelisa kwami kuPratap kwakubuhlungu, kugcwele ukububula nokukhala okuvela kubangane bami bobabili. Futhi, uJitendra wagcwala usizi, hhayi ngenxa yakhe kulokhu, kodwa ngenxa yakhe, futhi waqala ukuthi:

"O, yeka ukuthi ukholo lwami kuNkulunkulu lwalubuthakathaka kangakanani! Inhliziyo yami yayilukhuni, kodwa manje angisoze ngakungabaza ukunakekelwa kukaNkulunkulu"

Kwathi nje lapho kuqala ubusuku, izihambi ezimbili ezazithunywe zingenalo ngisho nesenti zangena endlini ka-Ananta. Ubuso bakhe babunjengoba babethembisile, bugcwele ukumangala. Ngokuthula, ama-rupee awela etafuleni. Wathi ngokuhleka, "Khuluma iqiniso, Jitendra! Le nsizwa ayizange yini isebenzise ukuphanga emgwaqweni omkhulu?"

Kodwa ngokushesha nje lapho ezwa imininingwane yendaba, umfowethu waba nesibindi wabe esecindezeleka, wakhuluma ngentshiseko engokomoya engangingakaze ngiyibone ngaphambili:

"Umthetho wokuhlinzeka kanye nesidingo ufinyelela ezingeni elicacile kakhulu kunalokho ebengikucabanga. Futhi okokuqala ngiyaqonda ukuthi kungani ungenandaba nemali kanye nokuqoqwa kwayo okungcolile kuleli zwe."

Nakuba kwase kuhlwile, umfowethu waphikelela ekunikeleni lokhu ku-Kriya Yoga Ngakho-ke, uMaster Mukanda kwadingeka athwale umthwalo wemfanelo "wabafundi" ababili ayengabacelanga ngosuku olulodwa.

Ngakusasa ekuseni sadla isidlo sasekuseni esimweni sokuthula nokuzwana esasingekho ngosuku olwandulele. Ngamomotheka uJitendra ngathi:

"Ngeke uphucwe ithuba lokubona iTaj Mahal Ake siyibuke ngaphambi kokuba siye eSerampur"

Sivalelisa i-Ananta futhi sibheke isikhumbuzo esihle nesiziqhenyayo se-Agra: iTaj Mahal, imabula yayo emhlophe ekhanya elangeni njengephupho lokuzwana okuphelele. Izungezwe izihlahla ze-cypress ezimnyama, amadlelo aluhlaza, kanye nechibi elizolile, ingaphakathi layo lalihlotshiswe ngemidwebo eyinkimbinkimbi ehlotshiswe ngamatshe ayigugu aphakathi. Imihlobiso emihle nemidwebo yayihlanganisa futhi ihlanganisa imabula ensundu nensomi, kuyilapho ukukhanya okuvela edongeni kuhlaza amathuna oMbusi uShah Jahan noMumtazi Mahal, indlovukazi yombuso wakhe kanye nento ayithandayo.

Nginomuzwa wokuthi sengibone okwanele futhi ngilangazelela ukubona uthisha wami, ngasuka ngokushesha noJitendra ngaya eningizimu eBengal. Umngane wami wathi, "Mukanda, angikaze ngibone

umndeni wami izinyanga eziningi ngishintshe izinhlelo zami futhi ngingavakashela uthisha wakho eSerampur kamuva"

Umngane wami - ongachazwa ngomusa njengomuntu ohlubukayo - wangishiya eCalcutta, futhi ngafika ngesitimela sendawo eCebrampur, amakhilomitha ayishumi nambili ukuya enyakatho.

Ngazizwa ngimangala kakhulu lapho ngiqaphela ukuthi sekudlule izinsuku ezingamashumi amabili nesishiyagalombili selokhu ngahlangana nothisha wami eVaranasi futhi wangitshela ukuthi: "Uzobuya emavikini amane!" Futhi lapha ngimi ngenhliziyo eshaya ngamandla egcekeni lendlu yakhe yokuhlala eRai Ghat ethule, ngingena okokuqala endaweni yokuhlala lapho ngangizochitha khona ingxenye enkulu yeminyaka eyishumi ezayo nososayensi omkhulu waseNdiya, uthisha wami uSwami Sri Yukteswar!

Uthisha uParamhansa noTagore

Kusukela encwadini (Ifilosofi yaseNdiya empilweni ye-Yogi)

Okwesazi uParamhansa Yogananda

"URabindranath Tagore wasifundisa ukucula ngokwemvelo nangokuzenzakalela njengendlela yokuziveza, njengezinyoni eziculayo"

Le ncazelo yangifikela ivela ku-Bhola Nat, umfana ohlakaniphile oneminyaka engu-14 ubudala eRanchi School, ngemva kokuba ngimdumise ngokuhlabelela kwakhe okumnandi ngolunye usuku ekuseni Noma ngabe kwenzeka noma cha, umfana wayezogeleza ngezingoma njengomsakazo ovumelanayo. Wayeke wafunda eSantinakitan edumile yaseTagore, okusho ukuthi "ichweba lokuthula," eBulpur

Ngathi kumngane wami, "Izingoma zikaRabindranath bezilokhu zisezindebene zami kusukela ebusheni bami. Bonke abantu baseBengali, ngisho nabantu basemakhaya abangafundile, bayayijabulela kakhulu inkondlo yakhe enhle kakhulu."

Futhi waphinda amavesi athile kaTagore noBhola, owabeka izinkulungwane zezinkondlo zaseNdiya emculweni, ezinye zazo ezaziyingoma zakhe kanti ezinye zazo zazingezesikhathi esidala.

Ngemva kokuqeda ukucula, ngathi, ngihleka, "Ngihlangane noRabindranath ngokushesha ngemuva kokuthola uMklomelo weNobel wezincwadi, ngazizwa nginesifiso esikhulu sokumvakashela ngoba ngangimthanda kakhulu isibindi sakhe esingenandaba nezombusazwe ekusebenzelaneni nabagxeki bakhe."

UBhola wabuza ngentshiseko ngale ndaba, ngakho ngathi: "Izazi zolimi zigxeke kakhulu uTagore ngoba wethule isitayela esisha ezinkondlweni zaseBengali ngokuxuba izinkulumo ezivamile nezakudala ngaphandle kokunaka imingcele yolimi ethandwa yizazi zolimi. Izinkondlo zakhe ziqukethe amaqiniso ajulile efilosofi ezinkondlweni ezikhangayo nezithinta imizwa, ngaphandle kokunamathela ezinhlotsheni zezincwadi ezimisiwe."

"Umgxeki onethonya wake wachaza uRabindranath—ngendelelo nangokudelela—njengo-'mbongi wejuba owathengisa ukucula kwakhe kubashicileli ngemali encane' Kodwa impindiselo kaTagore yayisondela! Umhlaba wonke wezincwadi waseNtshonalanga wamhlonipha lapho ehumusha incwadi yakhe (iGitanjali: Iminikelo Yezingoma) ngesiNgisi. Iqembu elikhulu lezazi, kuhlangukise nabagxeki bakhe bangaphambili, bahamba ngesitimela baya eSantiniketan ukuyohalalisela"

URabindranath wamukela izivakashi zakhe ngemva kokulibala ngamabomu isikhathi eside, wabe eselalela ukunconywa kwazo okuthophayo ngokuthula nangokunganaki. Ekugcineni, waphendukela kubo izikhali zokugxeka kwabo, ethi:

"Madoda, ama-roses anephunga elimnandi lenhlonipho nenhlonipho eninginika lona lapha axubene nephunga elibi lokudelela kwenu kwangaphambilini. Ingabe kukhona ukuxhumana phakathi kokuthola kwami uMklomelo weNobel nalokhu kwaziswa kwenu okungazelelwe? Ngiseyimbongi efanayo eyakucasula lapho nginikela ngezimbali zami ezithobekile endaweni engcwele yaseBengal"

"Amaphephandaba ashicilele isifinyezo sokukhuza kukaTagore ngesibindi, futhi ngayithanda indlela indoda engakhohliswanga ukuthopha nobuzenzisi"

"Ngaziswa kuRabindranath eCalcutta ngunobhala wakhe, uMnu. CF Andrus ⁽¹⁾, owayegqoke izingubo zaseBengali nje, futhi owayebiza uTagore ngothando ngokuthi inkosi yakhe eyingelosi (uGurudeva)"

"URabindranath wangimukela ngemfudumalo, ezungezwe yi-aura yobuhle, isiko elicebile, kanye nenhlonipho yangempela uTagore uphendule umbuzo wami mayelana nemithombo yezincwadi zakhe ngokuthi ugqozi lwakhe oluyinhloko luvela ezindabeni zethu zenkolo nasemisebenzini yembongi uVidyapati, owayephila ngekhulu leshumi nane"

Ngiphefumulelwe yilezi zinkumbulo, ngaqala ukucula ingoma endala yesiBengali uTagore ayeyiguqulele esimweni esisha, ngiqala ngokuthi "Khanyisa isibani sothando lwakho" uBhola wangijoyina ekuhlabeleleni ngenjabulo njengoba sasihambahamba egcekeni lesikole.

Cishe eminyakeni emibili ngemva kokusungulwa kweRanchi School, ngathola isimemo esivela kuRabindranath sokumvakashela eSantiniketan ukuze sixoxe ngemibono yethu yemfundo. Ngayamukela ngenjabulo futhi ngaya kumhlangabeza. Lapho ngifika, wayehleli edeskini lakhe, wangibheka njengophawu lobudoda bangempela, njengoba noma yimuphi umculi ayengacabanga. Ubuso bakhe obuhle, obunobunono babukhanyisa isithunzi nesithunzi, buhlanganiswe izinwele ezinde, intshebe egelezayo, namehlo amakhulu, anomusa, konke kuhlotshe ngokumamatheka kwengelosi. Izwi lakhe elimnandi, njengemisindo yomtshingo, lathumba inhliziyo. Wayemude, enamandla, futhi ezolile, equkethe ubumnene bowesifazane nobumsulwa bengane ejabule. Angingabazi ukuthi noma yimuphi omunye umbono wembongi ophefumulelwe ungathola ukubonakaliswa okuyiqiniso kakhulu kunalo mlandisi onomusa nomphefumulo.

Ngaqala ngokushesha noTagore ocwaningweni oluqhathanisayo nolujulile lwezikhungo zethu zemfundo ezimbili, zombili ezisekelwe ezimisweni ezingavamile. Sathola ukufana okuningi phakathi kwazo, njengokufunda okuvulekile, ubulula, kanye nokukhuthaza ubuciko ezinganeni ezincane. Kodwa-ke, uRabindranath wabeka ukubaluleka okukhulu ekufundeni izincwadi nezinkondlo, kanye nasekuzibonakaliseni ngomculo nengoma, into engangiyibonile kakade ku-Bhola. Abafana baseSantiniketan babenza izikhathi zokuthula, kodwa abazange bathole ukuqeqeshwa okukhethekile kwe-yoga.

Imbongi yalalela ngokucophelela incazelo yezivivinyo zeYogoda ezishaja amangqamuzana omzimba ngomsebenzi namandla, kanye nendlela

yokugxilisa ingqondo yeyoga efundiswa bonke abafundi baseRanchi.

Utagore wangitshela ngezinkinga zakhe zemfundo esemncane, wathi kimi ehleka, "Ngibaleke esikoleni ngemva kweminyaka emihlanu" Ngabona ngokushesha ukuthi imizwa yakhe yobunkondlo ebucayi yayingqubuzana kanjani nesimo esibi sokuqondisa esikoleni.

Imbongi yabonisa ngesibindi iqembu labafundi ababefunda engadini enhle, ithi:

"Ngenxa yalesi sizathu ngasungula iSantinikitian Institute ngaphansi komthunzi wezihlahla kanye nobuhle besibhakabhaka. Ingane izizwa sengathi isendaweni yayo yemvelo phakathi kwezimbali nezinyoni eziculayo ukuze ikwazi ukuveza ingcebo yangaphakathi yamathalente ayo. Ulwazi lweqiniso alukwazi ukupompa noma ukugcwaliswa emithonjeni yangaphandle, kodwa kunalokho ulwazi kufanele lube usizo ekwembuleni ingcebo yokuhlakanipha okungenamkhawulo efihliwe ekujuleni komphefumulo womuntu" ⁽²⁾

Ngavumelana naye futhi nganezela:
"Ukuthambekela kwezingane kokucabanga okuhle kanye nothando lwazo ngamaqhawe kanye nobuqhawe kuyafa ngenxa yendlala ezikoleni ezivamile ngoba kunqunyelwe ekudleni okwenziwe ngezibalo, izenzakalo, kanye nezikhathi zomlando"

Imbongi ikhulume ngothando ngoyise, uDevendranath, owamphefumulela ukuba angene eSantiniketan. Uthe: "Ubaba wanginika le ndawo evundile lapho akha khona ithempeli nendlu yezivakashi Ulwazi lwami lwemfundo lwaqala lapha ngo-1901 nginezingane eziyishumi kuphela. Amaphawundi ayizinkulungwane eziyisishiyagalombili

afika kimi noMklomelo weNobel ngawasebenzisa ekunakekeleni isikole"

UTagore omdala (uDevendranath), owaziwa kabanzi ngokuthi uMaharishi (uSage Omkhulu), wayeyindoda ephawulekayo ngempela, njengoba indaba yakhe yokuphila isikisela. Wachitha iminyaka emibili yobusha bakhe ezindla ezindlini zezindela zaseHimalaya. Ngokufanayo, uyise, uDwarkanath, wayedumile kulo lonke elaseBengal ngokuphana kwakhe emphakathini. Kusukela kule ndawo evundile kwavela umndeni wezinkakha. URabindranath wayengeyedwa ekuvezeni kwakhe ubuciko; izihlobo zakhe zabelana ngethalente lakhe. Abazala bakhe, uGogonendra no-Upanendra, babhekwa njengabanye abaculi abavelele kakhulu eNdiya ⁽³⁾ Umfowabo kaRabindranath, uDwijendra, naye wayeyisazi sefilosofi esijulile esithandwa ngisho yizinyoni nezilwane zasehlathini.

URabindranath wangimema ukuba ngilale ubusuku endlini yakhe yezivakashi Yeka umbono omuhle ngalobo busuku lapho imbongi ihleli neqembu labafundi egcekeni! Isikhathi sabonakala sima, futhi lesi senzakalo sabonakala kimi njengendawo yokuhlala yasendulo, imbongi uTagore izungezwe abafundi bayo, imbongi imbonge umoya wenjabulo nothando olungcwele uTagore wayeluka futhi ephelelisa zonke izibopho zothando ngemicu yokuzwana nokuvumelana Yeka imbali engavamile yezinkondlo ezingokomoya zangempela eyaqhakaza ensimini kaNkulunkulu, idonsela abanye kuyo ngobuhle bayo bemvelo kanye nephunga layo!

Ngezwi lakhe elimnandi, uRabindranath wasifundela ezinye zezinkondlo zakhe ezintsha nezimnandi. Iningi lamaculo akhe nezindaba zakhe, eziqanjwe ukuze kulethe injabulo nenjabulo kubafundi

bakhe, zitholakala ku-Santiniketan. Ubuhle bezinkondlo zakhe, kimi, busekubhekiseleni kuNkulunkulu cishe kuwo wonke amavesi, yize igama elingcwele lingashiwongo ngokucacile. Isibonelo, uthi:

"Uma ngidakiwe ukucula, ngiyazikhohlwa bese ngikubiza ngomngane wami, O wena oyinkosi yami!"

Ngemva kwesidlo sasemini ngosuku olulandelayo, ngavalelisa imbongi ngokungathandi. Ngiyajabula ukuthi isikole sakhe esincane sesikhule saba yilokho manje okuyiVizva Bharati International University ⁽⁴⁾, lapho abafundi abavela kuwo wonke amazwe bethola khona indawo ekahle.

Lapho ingqondo ikhululwa khona ekwesabeni futhi ikhanda liphakanyiswa

Lapho ulwazi lukhululekile futhi lungenakuvinjelwa,

Umhlaba awuzange uguqulwe ube yizingxenye eziqhekekile yizindonga zendawo ezincane

Futhi lapho amazwi ephuma khona ekujuleni kweqiniso,

Futhi imizamo enzima yandisa ukufinyelela kwayo ekupheleleni

Lapho umthombo omsulwa wengqondo ungakalahleki khona ogwadule olunesihlabathi oluyincithakalo lwamasiko afile,

Futhi njengoba iqhubekela phambili emcabangweni nasezenzweni ezikhula njalo,

Ukuze izwe lami livuke esibhakabhakeni saleyo nkululeko, O baba ⁽⁵⁾

Isihluthulelo sezimfihlo zempumelelo

Impumelelo isho ukwaneliseka komuntu kanye nokwaneliseka endaweni yakhe Impumelelo yangempela iwumphumela wezenzo ezisekelwe

ezimisweni zokulunga, futhi ihlanganisa injabulo kanye nenhlalakahle yabanye njengengxenywe ebalulekile yenjabulo yomuntu. Uma sisebenzisa lesi simiso ekuphileni kwethu okungokwenyama, kwengqondo, kokuziphatha, kanye nokungokomoya, sizoba nencazelo ephelele nephelele yempumelelo.

Abantu banemibono nemibono ehlukene mayelana nempumelelo, kuye ngezifiso zabo empilweni. Akuvamile ukuzwa abanye abantu befanisa impumelelo nokweba, bethi izinto ezinjengokuthi, "Wayeyisela eliphumelelayo!" Lokhu kugcizelela ukuthi impumelelo kuzo zonke izinhlobo zayo nezinhlobonhlobo zayo iyafiseleka futhi iyafunwa. Kodwa-ke, impumelelo yethu akufanele ilimaze abanye.

Kukhona futhi enye indlela yokuphumelela: uma sikwazi ukuletha imiphumela evumelanayo nezuzisayo kithi, kufanele futhi sifake nabanye empumelelweni yethu futhi sabelane nabo ngezithelo zayo.

Othile angakhetha ukuthula isikhathi eside, enqabe ukukhuluma namalungu omndeni wakhe phakathi naleso sikhathi. Nakuba lo muntu engase athole ukuthula kwangaphakathi ngenxa yalokho, ukuziphatha kwakhe kuwubugovu futhi kulimaza injabulo yomndeni wakhe. Abanakubhekwa njengabaphumelele ngempela ngaphandle kokuthi abathandekayo babo nabo bazuze empumelelweni yabo.

Ngokufanayo, ukufeza impumelelo yezinto ezibonakalayo akulona nje ilungelo lethu lokujabulela inhlalakahle ngokwethu, kodwa futhi kuyisibopho sethu sokuziphatha kwabanye mayelana nokubasiza

bathuthukise izimo zabo zezinto ezibonakalayo nezimo zokuphila.

Noma ubani ohlakaniphile angenza imali Kodwa uma enothando enhliziyweni yakhe, ngeke ayisebenzise leyo mali ngezinjongo zobugovu; kunalokho, bazoyabelana ngayo nabanye Imali iyisiqalekiso neshwa ezandleni zobugovu nabampofu, futhi iyisibusiso nesipho ezandleni zalabo abanezinhliziyo ezinhle nemiphefumulo ephanayo.

Isibonelo, uHenry Ford wayethola imali eningi, kodwa wayengakholelwa enhlanganweni yokusiza abantu, ayeyibona ikhuthaza ubuvila. Kunalokho, wayehlinzeka ngemisebenzi kanye nokuziphilisa kwabangingi. Uma uHenry Ford ethola imali ngenkathi ehlinzeka nabanye ngengcebo, wayephumelela ngendlela efanele.

Ngisho nabangcwele abakhulu kakhulu abafinyeleli insindiso ephelele ngaphandle kokuba babelane ngempumelelo yabo—okuhlangenwe nakho kwabo okungokomoya nolwazi oluphakeme—nabanye ngokubasiza ukuba bafinyelele ukuqonda okungcwele. Ngenxa yalesi sizathu, labo abaye bafinyelela izigaba ezinjalo futhi bafinyelela izimo ezinjalo balangazelela ukudlulisela ukuqonda kulabo abakudingayo.

Uma ufisa ukufeza impumelelo yangempela, ngeke nje uqinisekise injabulo yakho siqu kodwa futhi neyabanye abantu.

Umehluko ezindinganisweni zempumelelo phakathi kweMpumalanga neNtshonalanga

Kunezindinganiso ezahlukene zempumelelo eMpumalanga naseNtshonalanga Ngeshwa, iMpumalanga iyaqhubeka nokulingisa izici ezimbi kakhulu zalokho ekubonayo kumafilimu aseNtshonalanga Nakuba amanye amafilimu enikeza induduzo, impilo yangempela yembula ukuthi impumelelo ayilula neze Impilo ivame ukuba nzima futhi ayithetheleli, futhi kumelwe sizabalaze ukuze sithole imali Cabanga ngomzamo odingekayo wokusekela umzimba wakho nokuwugcina uphilile futhi ungenazo izifo! Ngisho noma uphumelela, leyo mpumelelo iyadlula Umzimba uzogcinwa ekugcineni Kuyadingeka ukulwa namandla amaningi, kokubili angaphakathi nangaphandle, ukuze ufinyelele impumelelo oyifunayo La mandla asebenza ngokungakhathali ukukuphuca noma yiziphi izimpumelelo ezinenjongo

INtshonalanga igxile empumelelweni engaphelele noma yesikhashana ehlobene nalokhu kuphila kwamanje. IMpumalanga, ngakolunye uhlangothi, igxile empumelelweni ephelele, ehlala njalo, nehlala njalo

Labo asebefinyelele esicongweni sempumelelo yaphakade sibabiza ngokuthi (abanqobi kuzo zombili lezi zizwe yilabo abaphumelelayo emehlweni kaMahluleli)

Laba bantu bajabule emzimbeni, engqondweni nasemoyeni. Bangase babe nezinto ezithile, kodwa banengcebo enkulu: ingcebo yokuthula kwangaphakathi nokuqonda okungokomoya kobudlelwano phakathi komphefumulo nomoya waphezulu, kanye nobudlelwano phakathi komzimba nokuphila kwasezulwini.

EMpumalanga, umqondo walolu hlobo lwempumelelo ufakwa engqondweni yengane. ENTshonalanga, ingane inikezwa ibhange eliqinile futhi ifundiswe ukulangazelela imali ukuze igcwalise izifiso zayo.

Kulungile ukusebenza kanzima ukuze uphumelele ngokwezinto ezibonakalayo, kodwa izingane kufanele zifundiswe ukubaluleka kwempumelelo ehlala njalo. Ingcebo yomphefumulo ihlala phakade ebhange laphakade, futhi ungayikhipha injabulo kulelo bhange nganoma yisiphi isikhathi.

Kodwa ngisho nempumelelo engokomoya ingaba ngeyohlangothi olulodwa futhi ingalingani uma unemithwalo yemfanelo yezinto ezibonakalayo ongakwazi ukuyifeza.

Ama-yoga amakhulu kuphela azikhulule emithethweni yemvelo angazenaki ngokuphelele izindaba ezibonakalayo

EMpumalanga, ukugxila okuyinhloko kube ekuhlakuleleni injabulo engokomoya, kuyilapho izici zokuphila ezibonakalayo zivame ukunganakwa ENTshonalanga, kunezinye izinto eziduduzayo ezibonakalayo kodwa injabulo yengqondo encane kakhulu Okudingekayo ukulinganisela phakathi kwalokhu okubili, ngoba ukugxila esicini esisodwa kuphela sokuphila kuholela ekungalinganini nasekungakwazi ukubhekana nezidingo zokuphila ngokunengqondo.

Isibonelo, uma umculi egxila kuphela kwezobuciko futhi enganaki konke okunye, kuzoholela ekungalinganini okubonakala njengokukhathazeka nokungajabuli. Kodwa-ke, ukugxila kwezobuciko

**kanye nengokomoya, umsebenzi, isayensi, kanye
nenkonzo kuzoholela ekulinganiseni okuhle,
impumelelo ephelele, kanye nenjabulo yangempela.**

**Uma ingcebo ihambisana nokugula nezinkinga,
imiphumela izoba miningi Inhlanzeko kanye
nokunakekelwa kwempilo kuphakathi kwamandla
aseNtshonalanga Izinambuzane eziyingozi
namagciwane abulalayo kulawulwa ngempumelelo
emazweni athuthukile, kuyilapho ziningi kwamanye
Kodwa ukuqeda lezi zinambuzane akuyona into
evelele, ngoba kunezinye izinhlobo zezinkinga
emazweni athuthukile, njengezikweletu okunzima
ukuzikhokhela kanye nezinkinga zezimali
ezicindezelayo ngenxa yezinhlelo zokuthenga
ngezigaba—izinhlopheko eziphazamisa ubuthongo
futhi zinciphise ukuthula kwengqondo**

Impilo ingaphezu nje kokusinda

**UNkulunkulu akasidalelanga lo mhlaba ukuze
sidle, silale, futhi sife nje kuphela, kodwa ukuze sazi
intando Yakhe futhi siqonde injongo yokuba khona
kwethu Idlanzana labantu abahlakaniphile liye
laqonda incazelo yohlelo lwendalo yonke, kodwa
abantu abaningi bayizimpumputhe futhi abazi
ngaleyo njongo Umhlaba uba yigumbi lokuhlushwa
kulabo abaphila ngokungazi uhlelo lwaphezulu Kodwa
uma ubheka okuhlangenwe nakho kokuphila
njengabafundisi bakho futhi ufunda kubo ubunjalo
bangempela balo mhlaba kanye nendima oyinikezwe
emdlalweni wendalo yonke, lokho okuhlangenwe
nakho kuba ukukhanya okubalulekile endleleni eya
ekwanelisekeni okuhlala njalo nenjabulo**

**UNkulunkulu wenze inkohliso yendawo yonke ibe
namandla kakhulu**

Siphila ezweni elixakekile nelinokuphazamiseka. Ungase ucabange ukuthi imali isho injabulo, kodwa uma uyithola, uthola ukuthi awukajabuli. Ungase uthole ingcebo futhi—uNkulunkulu makangavumi—ulahlekelwe yimpilo yakho. Noma ungase ube nempilo enhle futhi ulahlekelwe yimali yakho. Noma ungase ube nengcebo nempilo kodwa ubhekane nezinkinga eziningi nabanye, unikeza umusa kodwa uhlangane nenzondo nentukuthelo. Ngaphandle kukaNkulunkulu, akukho lutho kulokhu kuphila olungakwanelisa ngempela.

Ukube uNkulunkulu wayefuna siphile ngokuqonda izinto ezibonakalayo kuphela, besizokwaneliseka ngokuphelele ngezinto ezibonakalayo futhi saneliseke ngezindlela zezwe.

Wake wawubona umhlambi wezimvu? Uma enye yazo igxuma, yonke eminye imhlambi iyayilingisa ngaphandle kokungabaza Iningi labantu linjalo. Othile angase aqhamuke nomqondo noma angenise umkhuba omusha, kanti abanye bazongena ngokushesha ebhendini bese beyikopisha. Le ndlela ibilokhu ikhona izizukulwane ngezizukulwane. Zonke izizwe zinamasiko namasiko azo, futhi asikwazi ukuthi zonke zilungile noma zizwakala. Kodwa ubani owaziyo? Amanye alawo masiko namasiko angase abe yinto engenangqondo, engenamsebenzi, futhi engenamsebenzi.

Kukhona indlela yokuhlola nokwahlulela lawo masiko namasiko

Ekuqaleni, yonke imikhuba yayinesizathu Uma sithola ukuthi isizathu sisasebenza, khona-ke isiko linencazelo futhi linenzuzo. Nokho, akuhlakaniphile ukulandela amasiko ngokungaboni. Kumelwe sazi

iqiniso futhi sililandele, siqonde ukuthi yini engasilethela injabulo bese silisebenzisa.

Impilo kufanele yenziwe lula Uma ubungahlaziya ngokunembile izici zomuntu ngamunye zokuziphatha, uzothola ukuthi amanye amasiko namasiko ethu ayahlekisa.

ENtshonalanga, abantu balandela imithetho eminingi. Kunezingubo ezithile zokuchitha ubusuku, amadili esidlo sakusihlwa, ukuvakasha, kanye nokuphuma. Ngaze ngabona ngisho nesikhangiso samabhantshi akhethekile abantu ababhemayo!

Ukuhlela kuhle kakhulu, kodwa ukunamathela ngokweqile ekuhlelweni nasendleleni yokusebenza kuvame ukuholela ekuhluphekeni

EMpumalanga, izindlu nezingubo kulula ENtshonalanga, impilo iyinkimbinkimbi kangangokuthi injabulo ayisekho ngenxa yokugxila kakhulu ekwenzeni izinto ngendlela ethile.

Kungani kufanele kube nzima ukuphila ngokugcizelela indlela yokuhlela indlu netafula ngendlela ethile?

EMpumalanga, uma simema abantu ukuba bavakashe, wonke umuntu uzizwa ejabule futhi ulangazelela lokho kuvakasha.

ENtshonalanga, izivakashi ziyamenywa, kulandelwe amahora amaningi okulungiselela ukuqinisekisa ukuthi konke kuphelele. Lapho izivakashi sezifikile, umninikhaya ulindela ukuhamba kwazo ngokulangazela!

**Indawo yokuhlala, izingubo, kanye nokudla
kufanele kube lula Ukudla ukudla ezindaweni
zokudlela kungase kungabi usizo ngokwezimali,
kodwa kulungile ukwenza kanjalo ngezikhathi ezithile
Akulungile ukuchitha amahora amaningi ekhishini,
ungashiya sikhathi sokujabulela ezinye izinto
ezibaluleke kakhulu**

**Ngesikhathi sohambo lwami kanye nezinkulumo
zami, ngenze ukudla kwami kwaba lula, ngagcina
ubisi, ilethisi kanye noshizi ekamelweni lami, futhi
ngangikhululekile ngalokho.**

IPharadesi lingaphakathi kithi, hhayi ezintweni

**Ekuqeqeshweni kwethu kokuzidela eNdiya,
safunda ukulawula izifiso zethu nokudlula lokho
esikuthandayo, esingakuthandiyo, nesikuthandayo.
Sasibonga ngakho konke esikutholile. ENTshonalanga,
nokho, abantu abaningi abajabule naphezu kokuba
nokuningi, njengokungathi abanakho nhlobo. Izifiso
azinamingcele. Ekuseni, ngemva kokugunda izinwele
nokugqoka, into yokuqala indoda eyifunayo ukudla
kwasekuseni. Lapho nje ihlezi etafuleni, ifisa sengathi
umkakhe wayelungiselele okunye. Yena, naye, ufisa
sengathi wayenamapuleti angcono, izipuni, imimese,
namafoloko.**

**Izinsuku ziyadlula, futhi izifiso zalokhu nalokho
ziyaqhubeka kuze kube yilapho kungekho lutho
olungabanelisa Ekugcineni, umbhangqwana
uyehluleka ukujabulisana futhi awutholi injabulo
ngisho nasezinganeni zawo, ulahlekelwa injabulo
yawo yomshado Ngenxa yokuthi uzizwa
ekhungathekile, uphendukela kulabo abaseduze
kakhulu nawo. Umfazi uyakhala, ukhale, futhi ugxeka
umyeni wakhe ngokweqile, kuyilapho yena ethethisa**

izingane, futhi izingane ziyavukela abazali bazo futhi zenze izenzo zobuwula nabangani bazo (ngakho-ke umjikelezo uyaqhubeka)

Akukubi ukuba nempahla; into engalungile ukuvumela impahla yethu ukuthi isiphathe. Kumelwe sizikhulule ekunamatheleni kubantu nasezintweni ngoba ukunamathelana kuletha ukungajabuli.

Ipharadesi lami lingaphakathi kwami Njengoba ngijabulela izibusiso zikaNkulunkulu, ngiyambonga, futhi injabulo yami yangaphakathi ikhula Ngaphandle kwalokho kwaneliseka kwangaphakathi, ngisho nezinjabulo zasemhlabeni nezinjabulo ziba isihogo Sengiqaphele ukuthi ngaphandle kwaleyo njabulo yangaphakathi, umthwalo wemithwalo yemfanelo engibekwe phezu kwayo ubungangiphuca ukuthula kwami futhi ungiphuce injabulo yami

Isitha esikhulu senjabulo ukuboleka imali ukuze uthenge izinto zokunethezeka Abantu bakholelwa ngephutha ukuthi ngeke bajabule ngaphandle kokuthi bathole okuthile okuqondile Kodwa ngisho nangemva kokuthola leyo nto, ngeke bathole injabulo yangempela, naphezu kwenjabulo yabo yesikhashana Ngakho-ke iyini injongo yokuphishekela umlingo wenjabulo yasemhlabeni othembisa ukwephula isithembiso sawo?

Abantu kufanele baphile kalula ngaphandle kokudinga izinto eziningi ezidinga ukunakekelwa njalo

Akungabazeki ukuthi ukuthenga into entsha kuyinto ejabulisayo Kodwa ngemva kwesikhathi esithile, lowo muzwa wenjabulo uyaphela kancane kancane, futhi ungase ulahlekelwe yisithakazelo kuyo ngokuphelele, ukhohlwe ngayo futhi ufise okunye.

Kodwa-ke, ibhili yaleyo nto ngeke ikhohlakale, ikakhulukazi uma uyithenge ngezitolimende!

Umuntu kufanele alawule impilo yakhe futhi ayenze ibe lula ngangokunokwenzeka. Kufanele alondoloze imali ethile yezinto ezidingekayo nezimo eziphuthumayo, abeke phambili ukonga kunokusebenzisa ezintweni zokunethezeka, futhi asize abanye ngangokunokwenzeka. Uma usiza abanye, usizo luzokuza kuwe ngandlela thile, futhi ngeke uswele lutho futhi ungalahlekelwa lutho.

Ngiyazi ngokuqinisekile ukuthi konke engikudingayo kuzoza kimi, ngakho-ke angikhathazeki ngokuthi ikusasa liphetheni. Lokhu akusikho ukuziqhayisa noma ukuzenzisa, ngoba ngibone umsebenzi kanye nokusebenza kahle kwalawo mandla abusisiwe empilweni yami izikhathi eziningi.

Kungakhathaliseki ukuthi ngintanta phezu kobuso bokuphila noma ngiminza ekujuleni kolwandle, ngiyazi ukuthi nginoNkulunkulu futhi unami, nokuthi akukho lutho olungangilimaza. Ulwazi lunginike injabulo engachazeki nejulile.

Ukube bekungengenxa yokuqonda okungokomoya kanye nokuhlangenwe nakho engakuthola, bengiyoba umuntu odabukisa kakhulu emhlabeni. Ngithole ingcebo eningi, kodwa ngenqabile ukuyivumela ingigqilaze, futhi angizange ngiyivumele ingithinte noma ingishintshe. Nginikela ngakho konke engikutholayo ngendlela kaNkulunkulu nakulabo abaswele. Injabulo yami yangaphakathi iyimpahla yami enkulu kunazo zonke—ingcebo ngisho namakhosi ayengayiphupha nje.

Impumelelo incike empumelelweni yangaphakathi

Uma ubona inani elikhulu labantu lintula injabulo noma impumelelo, ungacabangi ukuthi lesi yisiphetho sabo Ungazibumba ube yinoma yini ofuna ukuba yiyo Impumelelo yakho yangaphakathi yiyo ekwenza uphumelele ngempela Uma untula okuthile ngaphakathi kuwe, ngeke ujabule Kodwa uma untula okuthile kwangaphandle kodwa ujabule ngaphakathi kuwe, ngokungangabazeki uphumelele Ngakho-ke, akunakwenzeka ukwahlulela abantu ngokusekelwe ezimweni zabo zangaphandle kuphela Phakathi kwezixuku ezinkulu, kungase kube nabantu abaye bafinyelela ukuphakama ngokomoya futhi bajabulela ukuthula kwangaphakathi okujulile nenjabulo engokomoya

Ngenxa yalesi sizathu, impumelelo yokuziphatha neyengqondo—ukukhululeka ezimisweni zemikhuba emibi nezifiso ezingalungile—kuletha injabulo enkulu kakhulu kunempumelelo yezinto ezibonakalayo. Empumelelweni yengqondo kukhona inhlalakahle yengqondo engenakunqotshwa izimo zangaphandle. Ungachitha sonke isikhathi sakho uqoqa ingcebo, kodwa leyo ngcebo ngeke ikunike ukuthula okuhlala njalo nokulondeka okufunayo. Ngokuphambene nalokho, izokulethela usizi olukhulu, ngoba injabulo yangempela nokuthula kuhlala engqondweni, hhayi ezintweni ezibonakalayo.

Uma ungazinikezi isikhathi sokuthuthukisa ingqondo yakho, akukho mali eningi eyokwanelisa. Lokhu kukhulisa akusikho ukuhlupha, kodwa kunalokho kuqeqesha ukuqonda kwakho ukuze kuthuthukiswe imicabango nezenzo eziholela enjabulweni.

Injabulo yakho yimpumelelo yakho, ngakho ungavumeli muntu akuntshontshele yona Zivikele kulabo abazama ukukucasula Ngesikhathi ngisengumfana, ngangivame ukucasuka noma nini lapho othile esakaza amahemuhemu angamanga ngami Kamuva, ngaqaphela ukuthi ukuthula kwami kwengqondo kubaluleke kakhulu kunokwamukelwa noma ukunconywa ngabantu

Unembeza umuzwa oqondakala kalula owembula imvelo yomuntu yangempela kanye nezisusa zakhe. Uma unembeza wakho uhlanzekile, futhi wazi ukuthi wenza okulungile, awunalutho lokwesaba. Unembeza ohlanzekile uwubufakazi bokuziphatha okuhle okuvela kuNkulunkulu. Ukukhululwa enkantolo kanembeza kusho ukuba nenjabulo nokuthola izibusiso zikaNkulunkulu.

Uma umuntu engatholi imali, kungenxa yokuthi akagxili ekutholeni imali Ngokufanayo, uma engajabule, kungenxa yokuthi akagxili ekutholeni injabulo

Umnyuzi othwele umthwalo wegolide emhlane wawo awazi ukuthi unani ngalokho akuthwele. Ngokufanayo, umuntu umatasa kakhulu ngokuthwala umthwalo wokuphila emahlombe akhe enethemba lokuthola injabulo ethile ekugcineni kwendlela kangangokuthi ukhohlwa ukuthi uthwele injabulo engokomoya ephakeme nehlala njalo.

(Njengamakamela ehlane, efa ngenxa yokoma kuyilapho amanzi ethwalwa emhlane wawo)

Ngenxa yokuthi ufuna injabulo “ezintweni” akazi ukuthi unenjabulo eningi ngaphakathi kuye.

Ukunikeza umthwalo wemfanelo kufanele

I-Yoga ayikukhuthazi ukunganaki noma ukugwema imithwalo yemfanelo yokuphila Kunalokho, ikucela ukuba ugcwalise ingqondo yakho ngoNkulunkulu njengoba udlala indima yakho emdlalweni wokuphila Uma ufisa impilo yokuzihlukanisa emahlathini noma ezintabeni, ukholelwa ukuthi uzothola uNkulunkulu ngokushiya imisebenzi yakho, kufanele uqale ulungele futhi ukwazi ukuhlala uzindla (uthule) usuku lonke izinsuku eziningana ngesikhathi Umzamo onjalo ngokuqinisekile uyathandeka kulabo abakwaziyo Kodwa okukhulu kakhulu ukuba sezweni, kodwa hhayi kulo; ukufeza imithwalo yakho yemfanelo yangempela ukuze kuzuze abanye ngenkathi ucabanga ngoNkulunkulu ngesikhathi esifanayo

Kumelwe kwenziwe umehluko phakathi kwemisebenzi emikhulu nemincane, kubekwe phambili ebaluleke kakhulu kunebalulekile nje. Ngaphezu kwalokho, akukho msebenzi okufanele uphikisane nomunye. Imibhalo isitshela ukuthi lapho umsebenzi owodwa ungqubuzana nomunye, kuwubufakazi bokuthi awuwona umsebenzi wangempela. Isibonelo, uma uphishekela impumelelo yezezimali ngengozi yempilo yakho, udebeselela inhlalakahle yakho engokomzimba. Ngokufanayo, uma ugxila kakhulu enkolweni kangangokuthi udebeselela imithwalo yakho yezezimali, awulingani ngoba uvumele umsebenzi owodwa ukuba ungqubuzane nezibopho zakho emzimbeni wakho nasemndenini wakho. Futhi uma udebeselela umsebenzi wakho kuNkulunkulu ngoba konke ukunaka kwakho kugxile emndenini wakho, lokho akusiwo umsebenzi wangempela.

Abaningi bayabuza: "Ingabe kufanele siqale sifinyelele impumelelo yezinto ezibonakalayo ukuze sigcwalise izibopho zethu zomhlaba bese sifuna uNkulunkulu?" noma "Ingabe kufanele sithole uNkulunkulu kuqala bese sifuna impumelelo?"

UNkulunkulu uza kuqala, futhi akufanele siqale noma siqede usuku lwethu ngaphandle kokucabanga Ngaye futhi sizindle ngokujulile Ngaye Kumelwe sikhumbule ukuthi ngaphandle kwamandla esiwathola kuNkulunkulu, besingeke sikwazi ukufeza lutho Ngakho-ke, umsebenzi wethu omkhulu kunayo yonke ungowaKhe Uma sifeza zonke ezinye izibopho ngaphandle kokufeza umsebenzi wethu Kuye, ngeke ajabule Kungcono ukwenza izenzo zethu ngendlela ejabulisa uNkulunkulu

Kuhle ukucabanga ngokuhlanganisa ukufuna uNkulunkulu nempumelelo yezinto ezibonakalayo Kodwa ngaphandle kokuthi umuntu azindle ngokujulile nangokujwayelekile, ukuze ukwazi kwakhe uNkulunkulu kuqine kuqala, umhlaba uzokweqa ukuqonda kwakhe, futhi ngeke athole isikhathi esisele sezinto ezingokomoya. Futhi uma singenawo umuzwa oqinisekile wokuthi uNkulunkulu unathi, imisebenzi yethu yasemhlabeni ivame ukuba umthombo wokuhlupheka kwengqondo. Kodwa uma uzizwa ukuthi uNkulunkulu unawe ngaso sonke isikhathi futhi ucabanga Ngaye ngenkathi ufeza imisebenzi yakho, uzoba phakathi kwabantu abajabule kakhulu.

Babusisiwe labo abathanda uNkulunkulu, ngoba baneliseke njalo futhi bajabule njalo.

Ukube angizange ngithole izimfundiso zomqeqeshi wami, uSwami Sri Yukteswar, ezanginika

**ulwazi oluvela kuNkulunkulu, ngabe kudala
ngalahlekelwa yisinqumo sami futhi ngabe
angikwazanga ukusiza abantu nokwakha amathempeli
okufuna nokuzindla ngoNkulunkulu Naphezu kwakho
konke lokhu, abanye baye bafuna ukuvimba indlela
yami esikhundleni sokubambisana nami.**

**Noma ubani ophatha abantu sengathi uyinkosi
yabo okufanele bayilalele, bazomphendukela futhi
bazame ukumsusa ngazo zonke izindlela nezindlela.**

**Kodwa uma uzama ukuqondisa nokweluleka
abanye ngothando lweqiniso, bazokuthwesa umqhele
wokuba yinkosi yezinhliziyi zabo. Futhi uma uthanda
wonke umuntu ngokulinganayo, uzokwazi ukubona
labo abasabela kulolo thando.**

Uthando lwaphezulu alunakuqhathaniswa

**Ukube nje ubuwazi indaba yothando lwaphezulu
abanye abazinikele abaluzwayo noNkulunkulu!
Akukho okunye okuhlangenwe nakho empilweni
okungaqhathaniswa naleyo njabulo bengimazi
ungcwele owayehlala egxile othandweni
lukaNkulunkulu, futhi ubuso bakhe bukhanya uthando
olungcwele Iso likaNkulunkulu lihlala liphezu kwalabo
abamthandayo, futhi akabashiya ngisho nomzuzwana.**

**Ngibona uNkulunkulu wami othandekayo kukho
konke okungizungezile**

**Ngimbone engibuka ezimbalini futhi engibheka
phansi efasiteleni lenyanga**

**Ngikubona ebusweni bemvelo nasebusweni
balabo abanemiphefumulo emihle nezinhliziyi ezinhle**

**Akumelwe singamnaki Othandekayo Omkhulu
Kunabo Bonke, umthombo wabo bonke ubuhle,
uthando, nomusa Futhi akufanele sivumele izinhliziyi
zethu zigcwale imibono ekhohlisayo nezinto ezincane
zaleli zwe, kodwa kunalokho ngothando oluvela
kuNkulunkulu, oluvuselela inhliziyi, oluphefumulela
ingqondo, futhi luvuselele amandla omphefumulo.
Uthando alunakuqhathaniswa. Lapho uthando oluvela
kuNkulunkulu lunobuntu bomuntu ofunayo,
amangqamuzana omzimba wakhe ayathokoza, futhi
ugcwala injabulo enkulu. Futhi mayelana nalokhu
okuhlangenwe nakho, omunye wabathandi
bakaNkulunkulu wahlabelela:**

**Lapho iNkosi Yomhlaba Wonke ingena
ethempelini elingokomoya**

**Injabulo yagcwala inhliziyi yami, futhi
ngakhohlwa ukushaya kwayo**

**Njengoba nje wonke amangqamuzana emzimbeni
wami akhohlwe imisebenzi yawo abelwe yona**

**Wamangala njengoba elalele izwi lokuphila
okuphakade**

**Izwi lomuntu othandekayo kakhulu okhona izwi
likaNkulunkulu umthombo wokuphila**

**Inhliziyi yami, ubuchopho bami, kanye nayo
yonke i-athomu yami kwafakwa ugesi**

Ngoba wathintwa ubukhona obungcwele kakhulu

**Lokho kuwukubuka kafushane uthando
lwaphezulu kanye nomphumela walo empilweni
yalabo abathanda uNkulunkulu.**

Usizi oludalwa inzondo nempi futhi olushiya ezinhliziyweni zabantu luwubufakazi bokuthi ingokomoya, ububele, umusa, nothando kungamandla amakhulu Inzondo iyabhubhisa, kanti uthando lungamandla amakhulu akhayo endaweni yonke

Ngakho-ke, bangane bami abathandekayo, kumelwe siqaphele ubuze benzondo nobuwula bempi, futhi siphendukele kuNkulunkulu ngobuntu bethu bonke futhi simthande ngazo zonke izinhliziyo zethu. Ngoba uthando lwakhe lunikeza impumelelo egcwele ukwaneliseka okuphelele: impumelelo engenakufinyelelwa ngenye indlela.

Uthando kuphela oluzokwakha umhlaba ongcono, lulethe okuhle kubantu abahlala kuwo, futhi lubanike impilo ehloniphekile Uma izizwe zingayeka ukuzicindezela zodwa ngezindlela ezingalungile, futhi esikhundleni salokho zamukele uthando nokusekelana, besizobona impumelelo yomhlaba wonke, izithelo zayo eziyojatshulelwa yibo bonke abantu bomhlaba.

Cabanga ngezigidi ezichithwa ekubulaleni umuntu ngomunye ezimpini! Yeka ihlazo esintwini! Futhi umphumela wokugcina ungaba yini ngaphandle kobuhlungu, ukuhlupheka, ukubhujiswa kanye nokubhujiswa?

Ukuphela kwendlela yokuqeda lolu sizi lwabantu uthando

Uma nje isizwe esisodwa sakha futhi sakha izikhali zokubhubhisa ngobuningi, ezinye izizwe zizozama ukwakha izindlela nezikhali eziyinkimbinkimbi kakhulu nezibulalayo ukuze zizivikele, futhi abantu bazohlala ngokwesaba njalo

**Kungani zonke izizwe zingahlakuleli uthando
nokuqonda esikhundleni sokukhuthaza inzondo
nempi? Isixazululo sangempela sisenkolo yothando
nokuqonda yomhlaba wonke Uthando lwenza isintu
singobe**

Amandla angemuva kwawo wonke amandla

**Okokuqala nokubaluleke kakhulu, finyelela
impumelelo neNkosi Yendawo Yonke Abantu bagxile
kakhulu emsebenzini wabo kangangokuthi bacabanga
ukuthi abanaso isikhathi sokucabanga
ngoNkulunkulu. Kodwa bekuzokwenzekani kumuntu
uma uNkulunkulu esusa amandla Akhe emzimbeni
nasengqondweni yakhe? Inhliziyo ibingayeka
ukushaya, futhi ubuchopho buzolahlekelwa ikhono
labo lokucabanga.**

**UNKulunkulu uluthando lwaphezulu olungemuva
kwayo yonke imizwa yomuntu, ingqondo yendawo
yonke engemuva kwayo yonke imizwa, intando
yokugcina engemuva kwayo yonke imizwa,
impumelelo enkulu engemuva kwayo yonke
impumelelo yasemhlabeni, kanye namandla amakhulu
angemuva kwayo yonke imizwa.**

**Yigazi kuyo yonke imithambo kanye nomoya
ongemuva kwamazwi**

**Uma ebengisusa amandla akhe kimi, bengizoyeka
ukukhuluma ngokushesha futhi izwi lami lizothuliswa
unomphela.**

**Ukube amandla akhe awazange asebenze
ezinhliziyweni nasezingqondweni zethu, besiyoba
yizidumbu ezingenampilo**

**Masilondoloze - sengathi uNkulunkulu
angakulondoloza - okuhle... futhi masikhumbule
ukuthi umsebenzi wethu wokuqala empilweni
ukubhekisa kuNkulunkulu.**

**Uma sifeza lowo msebenzi ongcwele, sixhumana
nomthombo wethu futhi izinhliziyi zethu zigcwala
injabulo; lokho kuyimpumelelo enkulu kanye
nokunqoba okukhulu Ukuthula makube kini
Indaba Yenkosi Yama-Ascetic**

**Kudala, eNdiya, kwakuhlala isazi esikhulu
esibizwa ngokuthi uVyasa, umbhali we-Bhagavad
Gita, umbhalo omkhulu kakhulu wamaHindu
ongokomoya Ngamandla akhe amakhulu angokomoya,
wakwazi ukubiza umoya ophakeme esibeledweni
somkakhe Njengoba ingane ikhula ngaphakathi kuye,
ubaba wadlulisela enganeni engakazalwa izimfihlo
zolwazi kanye nomqondo wokuhlakanipha
ngokusebenzisa ingqondo yomkakhe.**

**Ekuzalweni, umntwana waqanjwa ngokuthi
uSukdeva Ngenxa yokuqeqeshwa nokunakekelwa
nguyise ohlakaniphile, wazibonakalisa engumntwana
ongavamile kuzo zonke izindaba. Lapho eneminyaka
eyisikhombisa, wayesezibambe ngekhandla zonke
izincwadi zefilosofi nokuhlakanipha futhi
wayesekulungele ukulahla umhlaba efuna uthisha
onolwazi ukuze athole ulwazi olwengeziwe.**

**ENdiya, umuntu ofuna iqiniso ufuna othisha
abangokomoya aze athole umuntu oqaphela ekujuleni
kwenhliziyo ukuthi ungumqondisi othunyelwe kuye
nguNkulunkulu ukumsindisa ebumnyameni bokungazi
aye ekukhanyeni kolwazi.**

Uma isifiso solwazi olungokomoya sisesigabeni sokuqala, umfuni uthola imfundo engokomoya engavamile evela emithonjeni eyahlukahlukene. Kodwa lapho ukulangazelela uNkulunkulu kukhula, uNkulunkulu umthumelela uthisha ongokomoya osekelwe ngokuqinile kwisayensi yaphezulu, osebenza njengendlela engcwele yokuqondisa umfuni ofisayo abuyele ekhaya elingokomoya—embusweni kaNkulunkulu ngaphakathi komuntu.

Lapho uSukdeva enquma ukuqala ukufuna umqondisi ongokomoya, uyise wameluleka ukuba aye eNkosini uJanaka, umbusi wesifundazwe uSukdeva wathatha izincwadi zakhe waqonda enkantolo yasebukhosini. Lapho nje engena esangweni lesigodlo, wabona inkosi ihlezi esihlalweni sobukhosi segolide esigcwele amarubi namadayimane, izungezwe yinqwaba yabesifazane ababeyiphefumula ngamafeni ezihlahla zesundu (njengoba kwakunjalo eNdiya yasendulo ngesikhathi sasehlobo elishisayo)

INkosi uGnaka yayisesihlalweni sayo sobukhosi (i-monji) ibhema i-hookah yasempumalanga, kanti umntwana uSukdeva washaqeka yilowo mbono futhi wathi ngaphakathi: “Maye ubaba ngokungithumela kule nkosi yomhlaba! Umuntu onemikhuba enjalo yokuthanda izinto ezibonakalayo kanye nobuntu angaba kanjani umfundisi wami?!”

Kodwa iNkosi uGnaka yayiyinkosi futhi ingcwele. Yayiphila emhlabeni kodwa yayingeyena owezwe. Njengoba yayithuthuke kangaka ngokomoya, yaqonda ngokufunda ngokuqonda okwakusengqondweni kaSukdeva, owashiya igceke lakhe wabuyela lapho evela khona.

Inkosi-ngcwele yathumela isithunywa emva komfana, simcela ukuba abuye Lapho ebuya, uthisha nomfundi bahlangana ubuso nobuso, lapho inkosi yaxosha abasizi bayo futhi ngokushesha yahlanganyela engxoxweni ethakazelisayo nejulile ngoNkulunkulu nezimangaliso Zakhe.

Kwadlula amahora amane, uSukdeva waqala ukuzulazula futhi wazizwa elambile, kodwa wayengafuni ukuphazamisa iNkosi uGnaka, owayecwiliswe olwandle lukaNkulunkulu futhi edakwe uthando lwakhe.

Kungakapheli nehora elilodwa kwafika izithunywa ezimbili, zimemeza: "Nkosi, wonke umuzi uyasha, futhi amalangabi avuthayo asondela esigodlweni. Ubungaba nomusa kangaka wokuqondisa imizamo yokucima umlilo?"

Inkosi yaphendula yathi, "Ngixoxa nomngane wami uSukdeva ngoNkulunkulu onesihe ovikela bonke abafuna isiphephelo kuYe futhi abathembela osizweni lwaKhe. Anginaso isikhathi sokwenza noma yini enye. Ngishiye ngedwa ngiyosiza abanye bacime umlilo."

Ngemva kwehora elilodwa, izithunywa ezimbili ezifanayo zabuyela eNkosini uJanaka zamemeza zathi, "O Nkosi Yesikhathi, siyakuncenga ukuthi uhambe ngokushesha. Isigodlo sizungezwe umlilo, futhi amalangabi asondela ngokushesha ekamelweni lakho."

Inkosi yaphendula, "Akunankinga! Ungangihluphi, ngisaphuza iwayini elingcwele nomngane wami othandekayo. Hamba wenze konke ongakwenza."

USukdeva wamangala ngendlela inkosi eyasabela ngayo, kodwa wazama ukuhlala ezolile, engathinteki yisiyaluyalu esasimzungezile Ngemva kwesikhashana, amadoda amabili, eshiswe amalangabi, asondela enkosini amemeza kakhulu: "O nkosi enamandla, bheka! Amalangabi avuthayo asondela esihlalweni sakho sobukhosi! Baleka, Nkosi, ngaphambi kokuba umlilo ukuqede!"

Inkosi yaphendula yathi, "Hamba, ukuze uphephe ngizizwa ngiphephile futhi ngivikelekile ezingalweni zikaNkulunkulu, uMvikeli Ophelele, futhi angesabi umlilo namalangabi awo abhubhisayo."

La madoda amabili asinda ngokuphila kwawo, umlilo waqala ukusondela enqwabeni yezincwadi zikaSukdeva eyayiseduze kwakhe, kodwa inkosi yahlala izolile futhi ingakhathazeki ngakho konke okwakwenzeka.

Kulokhu, uSukdeva wethuka walahlekelwa ukuzibamba. Wasukuma esihlalweni sakhe waqala ukushaya amalangabi ngezandla zakhe, ezama ukuvikela izincwadi zakhe eziyigugu. INkosi uGnaka yamomotheka, futhi ngesenzo, amalangabi anyamalala sengathi awakaze abe khona. USukdeva wamangala ngalokho akubonayo wabuyela esihlalweni sakhe, ehlushwa ukumangala nokudideka.

Ekugcineni, inkosi yathi ngokuthula, "O mfana Sukdeva, lapho ungibona ucabanga ukuthi ngiyinkosi egxile ezintweni zomhlaba, kodwa zibheke! Ushiye uNkulunkulu uMninimandla onke noVikelayo ukuze uvikele izincwadi zakho, kuyilapho mina nginganakanga umbuso wami oshisayo nesigodlo sami uNkulunkulu wenza lesi simangaliso ukukukhombisa ukuthi naphezu kokuzidela kwakho

emhlabeni, unamathele kakhulu ezincwadini zakho kunoNkulunkulu, futhi unamathele kakhulu embusweni wami, yize ngihlala emhlabeni esikhundleni sokuzihlukanisa nokungahlali ndawonye"

USukdeva wazizwa enamahloni, futhi ngesikhathi esifanayo waqaphela ukuthi le nkosi engcwele - hhayi omunye - yayingumqondisi wayo ongokomoya

INkosi uGanakka yabe isicela uSukdeva ukuba abhekane novivinyo olunzima ukuze amfundise ubuciko bokuphila emhlabeni ngaphandle kokuwela ezingibeni zawo nokuboshwa yimingcele yawo. Ngolunye usuku, inkosi yanika uSukdeva izitsha ezimbili ezigcwele amafutha, yathi kuye: "Beka isitsha esandleni ngasinye, ungene kuwo wonke amakamelo esigodlo nempahla yaso ebizayo, bese ubuyela kimi uma usubonile konke okukuso. Kodwa khumbula ukuthi ngeke ngikwamukele njengomfundi wami uma uvumela ithonsi elilodwa lamafutha ukuba liwele emakhaphethini."

Inkosi yacela abalindi bayo ababili ukuba bahambe noSukdeva

Lolo vivinyo lwalunzima ngempela, kodwa ngemva kwamahora amabili, uSukhdeva waphuma enqobile. Wayengavumelanga ngisho neconsi elilodwa lamafutha ukuba lichitheke ezitsheni ezimbili ezigcwele amanzi ezilele ezandleni zakhe ezeluliwe.

Inkosi yathi kuye, "Sokdeeva, ngitshele ngemininingwane yekamelo ngalinye esigodlweni"

"Nkosi Yasebukhosini," kuphendula uSukdeva, "ingqondo yami yayigxile ngokuphelele ekuvimbeleni

**ukuthi uwoyela ungachitheki emakhaphethini,
ngakho-ke angizange ngibone lutho olunye
esigodlweni"**

**Inkosi yaphendula yathi, "Ungidumaze, Sukdeva!
Awukaphumeleli ukuhlolwa kwami. Ngikucele ukuthi
uhlale konke okusemakamelweni esigodlo futhi
ngesikhathi esifanayo ungavumeli ngisho nethonsi
elilodwa lamafutha lichitheke ezitsheni ezimbili.
Buyela emuva uzame futhi, uze kimi uma usuqedile
ungitshale ukuthi ukubonile."**

**Ngemva kwamahora ayishumi, uSukhdeva wabuya
ngokuthula. Wayengachithanga mafutha futhi
wayengajulukile noma ekhathazekile njengakuqala.
Wayekwazi nokuphendula imibuzo yenkosi mayelana
nokuqukethwe kwesigodlo nokuchaza imininingwane
yamakamelo aso ngokunemba okuphawulekayo.**

**INkosi uGnaka yajabula ngempumelelo kaSukdeva
esivivinyweni futhi yathi ngezwi eliphansi:**

**"Ndodana yami, ukunamathela ezintweni
ezibonakalayo, hhayi ezintweni ezibonakalayo,
okuwumthombo wokuhlupheka"**

**O Sukhdeva, kuleli zwe asinalutho; izinto sinikwe
zona ukuze sizisebenzise ngesikhathi sokuhlala
kwethu kwesikhashana kulo mhlaba Abanye
banokuningi abangakusebenzisa kunabanye, kodwa
khumbula ukuthi abacebile nabampofu bazoshiya
konke ngemuva lapho kufika isikhathi sokuhamba.
Umuntu akufanele aphile impilo engalingani,
ecabanga ngoNkulunkulu kuphela futhi engayinaki
imisebenzi yakhe yezwe, njengokugxila ingqondo
yakho emafutheni ngaphandle kokubona
okuqukethwe esigodlweni. Kodwa ekuhambeleni**

kwakho kwesibili, wagcina ukunaka kwakho ikakhulukazi emafutheni, kodwa ngesikhathi esifanayo wabona konke esigodlweni futhi wamukela imininingwane yayo emihle kakhulu. Ngokufanayo, kumelwe ugcine ingqondo yakho ixhumene noNkulunkulu, ungavumeli amafutha okuhlakanipha aphume esitsheni sokuhlakanipha kwakho, futhi ngesikhathi esifanayo ube matasa ekwenzeni okulungile nokwenza okuhle ukuze uzisize wena nalabo uNkulunkulu ababeke ekunakekeleni kwakho.

Ukuthula makube phezu kwakho

Ingabe ukufa kuyisiqalo noma isiphetho?

Eminyakeni nezinyanga, ngenze ucwaningo olunzulu noluqhubekayo kwaze kwaba yilapho ngithola imfihlo yokuphila nokufa nokuthi imiphefumulo iyabuya yini emizimbeni ngemva kokushiya imizimba yayo egugile.

Kubantu abaningi, lokhu kubonakala sengathi akukho lutho olungaphezu kombono, noma nje inkolelo ngenxa yokuntuleka kobufakazi. Kodwa angikhulumi ngokukholwa nje; Ngithole ubufakazi bokuphila ngemva kokufa nokuphindukuzalwa. Ngakho-ke, ngingaqinisekisa leli qiniso ngokuhlangenwe nakho kwami.

Nakuba abantu bebheka ukufa ngokwesaba nangokudabuka, labo abaye bahamba ngaphambi kwethu baya kulezo zimo ezijabulisayo babheka ukufa njengento emangalisayo yenjabulo, ukuthula, nenkululeko.

Yeka ukuthi ukuphila ngemva kokufa kuyoba kuhle kangakanani! Ngeke kube nesidingo sokuthwala lesi sixha esisindayo samathambo nazo zonke izinhlungu nezinkinga ezihambisana naso. Imiphefumulo ezweni lezinto eziphilayo igcina ingqondo yayo futhi ijabule ngenkululeko yayo kuzo zonke izithiyo zomzimba, ezibonakalayo.

Lapho umuntu efa, ukhohlwa ukulinganiselwa komzimba wenyama futhi aqaphele ukuthi ukhululekile kangakanani ngempela. Kukhona umuzwa wokwesaba imizuzwana embalwa: ukwesaba okungaziwa, ukwesaba into engajwayelekile engqondweni yomuntu. Kodwa-ke umphefumulo uthola ulwazi olujulile kanye nenjabulo enkulu ngokukhululwa kuzo zonke izithiyo, ikakhulukazi umuzwa wokuba khona ngaphandle kwekheji elingokwenyama.

Akukho okufanele kwesatshwe, ngoba uma nje umuntu engakafi, usaphila, futhi lapho efa, kuyisiphetho futhi ngeke kusale lutho okufanele lwesatshwe.

Ukufa kuyinto evamile: ushintsho oludlula wonke umuntu. Ake siziduduze ngeqiniso lokuthi ukufa kwenzeka kuwo wonke umuntu, nokuthi kuyisikhathi sokuphumula emithwalweni nasezinkathazweni zokuphila.

Ukufa kuyinto ejabulisayo, kodwa umuntu akufanele akufisele ukubaleka ezifundweni ezinzima zokuphila. Ukubaleka kuyiphutha. Kungakhathaliseki ukuthi umuntu ubhekene nezimo ezinjani emhlabeni, kumelwe abhekane nazo ngesibindi nangesibindi. Lapho umuntu ephumelela ekubhekaneni nezinselele zokuphila, ukufa kuba umvuzo ofanele.

Ukufa akusona isiphetho, kodwa inkululeko yesikhashana enikezwa ngumthetho waphezulu wobulungiswa (karma) emiphefumulweni lapho yenza imisebenzi yayo kahle, noma lapho ubuhlungu buqeda amandla ayo kangangokuthi ayikwazi ukubekezelela ukuphila nokuqhubeka nendlela yayo.

Kulabo abahluphekayo (nalabo abacabangayo), ukufa kuwukukhululwa ekuhluphekeni okubuhlungu komzimba kube sesimweni sokuthula, ukuphaphama, nokuthula Kwasebekhulile, kuyimpesheni efanelwe kahle etholwa ngeminyaka yokusebenza okuqhubekayo kanye nomzabalazo. Kuwo wonke umuntu, kuyikhefu elimukelekayo. Kodwa phakathi nalokhu kuphumula, izifiso ezilele ezingagcwalisekanga ngesikhathi sokuphila kwasemhlabeni ziyavuka, futhi umphefumulo uzizwa isidingo sokuzigcwalisa. Lapho lezi zifiso seziqine ngokwanele, umphefumulo udonselwa emuva emhlabeni futhi uzalwe kabusha.

Ubuwena bethu bangempela, noma umphefumulo, awufi ebuntwini bawo. Singase silale isikhashana ngenxa yalolo shintsho olubizwa ngokuthi ukufa, kodwa ubuwena bethu obubalulekile abusoze bashabalala. Sikhona, futhi ubukhona bethu bungunaphakade. Igagasi liza ogwini bese libuyela olwandle ngaphandle kokulahlekelwa ubunjalo balo; kunalokho, lihlangana nolwandle noma libuye futhi njengelineye igagasi.

Umzimba waphuma olwandle oluyi-cosmic futhi uzoshabalala, kodwa ingqikithi yomphefumulo ohlala emzimbeni ngeke iyeke ukuba khona kuze kube phakade Ngoba ukubhujiswa kwaleyo ngqikithi yaphezulu akunakwenzeka.

Kungani sikhala lapho abathandekayo bethu befa? Ngoba sidabuka ukulahlekelwa kwethu Uma abathandekayo bethu besishiyele ukufunda ezikoleni kangcono kunezikole zokuphila, kufanele sijabule ngabo esikhundleni sokudabuka ngabo Ukudabuka ngemiphefumulo eshonile kuyigcina iboshwe emhlabeni ngezintambo zosizi lwethu, okuvimbela intuthuko yayo emazingeni aphezulu omhlaba kaNkulunkulu ongenamkhawulo

Ukufa kuza kulabo abasebenza kanzima nangokuzikhandla empilweni njengokukhushulelwa esikhundleni esiphakeme kanye nesikhundla. Futhi kulabo abahlulekayo, kuza nokubanika ithuba elisha endaweni entsha lokuzama futhi nokufeza impumelelo.

Labo abangakhanyiselwanga babona ukufa njengodonga oluqinile olufihla abangani babo nabathandekayo babo ngemva kwakho phakade. Kodwa labo abangenazo izinamathiselo nezifiso zobugovu, abathanda abanye njengezibonakaliso zobuntu zikaNkulunkulu, bayaqonda ukuthi ekufeni abathandekayo babo babuyela kuNkulunkulu ukuzophefumula endaweni yaKhe enkulu imimoya yenkululeko nenjabulo emsulwa.

Kufanele sithumele imicabango yothando kulabo abashonile futhi sicele uNkulunkulu ukuba abaphe ukuthula nenduduzo ezweni labo elisha Lokhu kungenziwa ngokugxila kakhulu endaweni ephakathi kwamashiya nokuthumela umlayezo ongokomoya kubathandekayo bethu ekuphileni kwangemva kokufa Kufanele futhi sibathumelele imicabango yesikhuthazo nothando Uma imiyalezo yethu iqhubeka, ngokuqinisekile bazoyizwa futhi

**bayibuyisele imizwa yethu Ngoba nabo, bacabanga
ngathi futhi basilangazelela, njengoba nje bejabula
noma nini lapho sibakhumbula futhi sibathumelela
imiyalezo yothando nokulangazelela**

**Futhi usuku luzofika lapho uNkulunkulu
ehlanganisa khona labo abathandanayo, bese siyazi
ukuthi lokhu kuphila komuntu akusikho konke
okukhona, kodwa kumane kuyisixhumanisi
esisekuxhumeni kobuhlobo obuphakade nobungapheli
nabangane bethu nabathandekayo bethu kulokhu
kuphila nakwelandelayo.**

Ukuthula makube phezu kwakho

umphumela ofanele

**Ingqondo idala futhi isungula konke, ngakho-ke
kumele iqondiswe kahle ukuze ingadali**

**Imibono nezinto ezinhle kuphela Uma ubambelela
embonweni, ngentando nangokuzimisela, uzokwenza**

**Kuzothatha isimo esibonakalayo nesiphathekayo
lapho umuntu ekwazi ukusebenzisa intando yakhe
ngezinhloso**

**Njengoba ehlala ewusizo futhi eyakhayo, uba
yinkosi yekusasa lakhe**

**Kunezindlela ezintathu ezibalulekile zokuvuselela
amandla akho okuzimisela nokwenza kube namandla
futhi kusebenze kahle:**

**Ukukhetha umsebenzi olula noma umsebenzi
okwakungenakwenzeka ukuwuqhuba nokufunda kahle
ngaphambili, kanye nokuzimisela**

Impumelelo kulowo msebenzi noma umsebenzi

Okokuqala, qiniseka ukuthi lokho okukhethiwe kuyenzeka, bese ungayeki lapho ubhekene nokwehluleka.

Futhi ukwehluleka

Ukugxila emizamweni emgomweni owodwa nokusebenzisa wonke amandla namathuba atholakalayo ukuze uwufinyelele

Yilowo umgomo

Kubaluleke kakhulu ukuqinisekisa njalo, ekujuleni komuntu siqu othule, ukuthi lokho umuntu akufisayo futhi akulwelayo

Isicelo sakhe singesenzuzo yakhe futhi sihambisana nentando kaNkulunkulu. Khona-ke angasebenzisa amandla akhe aphelele.

Intando yakhe yokufeza umgomo wakhe, ngenkathi egcina ingqondo yakhe igxile kuNkulunkulu, umthombo wawo wonke amandla

Futhi impumelelo

Ukwesaba kunciphisa amandla okuphila

Ingqondo yomuntu iyingqolobane enkulu yamandla noma imisebenzi ebalulekile Lo msebenzi

Ukusetshenziswa kwayo njalo ekunyakazeni kwemisipha kanye nokusebenza kwenhliziyo, amaphaphu, kanye ne-diaphragm

Ukuguqulwa kweseli kanye nokusabela kwamakhemikhali egazini, kanye nokusebenza kwezitho zomzimba ezizwayo

(Imizwa) Ngaphezu kwalokho, kusetshenziswa inani elikhulu lamandla abalulekile

Umcabango, imizwa, kanye nentando

Ukwesaba kwenza umsebenzi obalulekile ube buthaka. Kungenye yezitha eziqine kakhulu zentando esebenzayo. Ukwesaba kusekelwe kuyo.

Ngokucindezela nokuvimbela umsebenzi wokuphila ovame ukugeleza njalo uye emizweni, kubonakala sengathi

Sekukhubazekile, ngakho umzimba uba buthakathaka futhi amandla awo ancipha ngokuphawulekayo nangokuphawulekayo

Ukwesaba akukusizi ukususa imbangela yokwesaba kwakho. Kuyenza buthaka intando futhi kuvuselele ubuchopho ngokweqile.

Ukuthumela isignali yokuvimbela ezithweni zomzimba Ukwesaba kubamba inhliziyo futhi kuphazamise inqubo

Ukugaya ukudla kubangela ukuphazamiseka okuningi ngokomzimba Lapho ingqondo ihlala igxile kuNkulunkulu

Ngeke sesabe lutho futhi sizokwazi ukunqoba zonke izithiyo nezithiyo ngesibindi nangokholo

Isifiso yisifiso esingenawo amandla. Inhloso ukuzimisela ukwenza okuthile: ukugcwalisa isifiso noma

Ngakolunye uhlangothi, uDesire Will angachazwa ngokuthi: "Ngisebenza ngokuzikhandla ngize ngifinyelele engikufunayo"

"Ngiyakufuna" Uma umuntu eqeqesha intando yakhe, angadedela amandla omsebenzi obalulekile

Futhi uyiqondise, hhayi nje ukufisa okuthile ngaphandle kokwenza okudingekayo

Ukuze uthole leyo nto

Imizamo emisha ngemva kokwehluleka iveza ukukhula kwangempela

Ngisho nokwehluleka kufanele kube yisisusa samandla okuzimisela kanye nokukhula ngokomzimba nangokomoya.

Kunoma yimuphi umsebenzi, kuyazuzisa ukuhlaziya zonke izici, izimo, nezimo ezifanele ukuze uzisuse

Ukuqeda ngokuphelele ithuba lokuphinda amaphutha afanayo esikhathini esizayo. Ukukhubaza ukwehluleka kuyindlela efanele kakhulu.

Futhi isikhathi esivundile kakhulu sokuhlwanyela imbewu yempumelelo

Ukushaywa ngezibhakela ngenxa yezimo ezithile kungabangela imihuzuko nemivimbo, kodwa umuntu kufanele ahlale ezolile

Siqondile futhi siphakamise amakhanda ethu. Akumelwe siyeke ukuzama, kodwa kunalokho sizame futhi.

Ngaphandle kwalokho, kungakhathaliseki ukuthi sehluleka kangaki. Kumelwe silwele lapho sicabanga ukuthi

Asisenawo amandla okuqhubeka silwa, kuze kube yilapho sizizwa sijule kakhulu ukuthi senze konke okusemandleni ethu

Senze konke okusemandleni ethu, futhi sizokwenza konke okusemandleni ethu kuze kube yilapho imizamo yethu ithola impumelelo

Kumelwe siqhubekele phambili empini yokuphila kuze kube sekupheleni, sisebenzisa amandla ethu amakhulu okuzimisela

Ukungqoba zonke izinkinga zempilo

Imizamo emisha ngemva kokwehluleka iholela ekukhuleni kwangempela, kodwa leyo mizamo kumele ihlanganiswe futhi ikhuthazwe

Ngokuqaphela ngokucophelela kanye nentando enamandla esebenzayo

Ngisho noma usuhlulekile kuze kube manje, akuhlakaniphile ukuyeka ukulwa bese ubheka ukwehluleka njengesiphetho

Futhi ngokubikezela Kungcono ukuthi umuntu afelelwa kunokuyeka ukulwa uma nje esenesikhathi

Angafeza okwengeziwe, ngoba imizamo yakhe izoqhubeka nokuphila okusha ngisho nangemva kokufa kwakhe.

Impumelelo nokwehluleka kungumphumela ofanele walokho umuntu akwenzile esikhathini esidlule, ngaphezu kwalokho

Uyakwenza manje Ngakho-ke, imibono yempumelelo kumele ivuswe futhi ivuselelwe kusukela emizimbeni eyedlule

**Ngomsebenzi namandla okukwazi ukulawula
imicabango yokwehluleka empilweni yamanje**

**Ubunzima nezinkinga umuntu ophumelelayo
abhekana nazo zingaba zinkulu kunezo abanye
abantu ababhekana nazo.**

**Umuntu ongaphumelelanga wabhekana nakho
Kodwa owokuqala waziqeqesha ukwenqaba
ngokuphelele umqondo wokwehluleka**

Futhi ngokuningiliziwe ngaso sonke isikhathi

**Ingqondo kumele ishintshe isuke
ekukhungathekeni nasekuphelelweni yithemba iye
ekunqobeni nasekunqobeni, isuke ekukhathazekeni
iye ekuthuleni**

**Kusukela ekudidekeni kwengqondo
nokukhathazeka kwengqondo kuya ekugxileni
kwengqondo, kusukela ekudidekeni
nasekuphazamisekeni**

**Ukuthula, nokusuka ekuthuleni kuya enjabulweni
engcwele yokomoya**

**Uma unalo lolu lwazi, injongo yempilo yakho iyobe
ibekwe umqhele wempumelelo futhi ifezeke.**

Okukhazimulayo

Isidingo sokuhlaziywa kwengqondo

**Kulabo abafisa ukuphumelela, sinikeza lesi
seluleko:**

**Enye imfihlo yempumelelo ukuhlaziywa
kwengqondo Ukuzihlola kuyisibuko umuntu angabona
ngaso**

**Ukujula kwengqondo yakho okufihliwe,
obekungahlala kufihliwe kuwe, kwembulwa Zama
ukuthola amaphuzu okwehluleka**

**Hlukanisa phakathi kokuthambekela okuhle
nokubi kanye nokuthambekela Sebenzisa ukuzihlaziya
ukuze uqonde ukuthi umi kuphi manje**

**Yini ofuna ukuyifeza, futhi yiziphi izithiyo
ezikuvimbe? Chaza uhlobo lomsebenzi wakho
wangempela**

**Yazi injongo yakho empilweni Lwela ukuba nazo
zonke izimfanelo zobuntu bangempela**

**Futhi lowo ohloniphekile, engashukunyiswa
yizinkanuko nezifiso, kuyilapho egcina ingqondo
yakhe ivumelana futhi ivumelana noNkulunkulu**

**Uzothuthuka ngokushesha, ngokuphepha
nangokuzethemba endleleni eya emgomweni wakho
owufisayo**

**Umgomo oyinhloko ukuthola indlela eya
kuNkulunkulu Kodwa kunemisebenzi nemithwalo
yemfanelo**

**Lezi zinto kumele zifezwe futhi zigcwaliseke kuleli
zwe Amandla okuzimisela kanye nokuthatha
isinyathelo kuzosisiza**

**Ukuchaza lezo zibopho nokuzigcwalisa
ngokugcwele**

Amandla okuthatha isinyathelo sokudala

**Kuyini ukuthatha isinyathelo? Kuyikhono lokudala
ngaphakathi kumuntu: inhlansi evela kumdali**

I-Infinity inikeza ikhono lokudala into engekho omunye umuntu owake wayidala ngaphambili, njengoba nje inikeza

Isisusa sokwenza izinto ngendlela entsha neyokudala Impumelelo yomuntu onomoya

Lesi sinyathelo singaba sihle futhi simangaze njengenkanyezi edutshulwayo. Futhi kubonakala sengathi sidala okuthile.

Kusukela kokunye, kufakazela ukuthi okubonakala kungenakwenzeka kungenzeka ngempela ngokusebenzisa

Umuntu ungamandla amakhulu okudala omoya

Umoya wokuziqalela izinto ezintsha kanye nokusungula izinto ezintsha kwenza umuntu akwazi ukuzimela, ekhululekile futhi ezimele;

Esinye sezici zempumelelo

Isithombe sikaNkulunkulu sikuwo wonke umuntu

Abantu abaningi bathethelela amaphutha abo ngenkathi begxeka abanye ngokungaphezi. Kumelwe sikuguqule lokhu

Isikhundla siwukunganaki amaphutha abanye (angewona ayingozi kubantu) bese sibeka amaphutha ethu ngaphansi kwawo.

I-microscope

Ngezinye izikhathi kuyadingeka ukuhlaziya abanye, kodwa esimweni esinjalo, umuntu kumelwe agcine imicabango yakhe kuye.

**Ukukhululeka ekubandlululeni
nasekubandlululeni. Ukucabanga okuhle
nokungakhethi kufana nesibuko.**

**Isibuko esicacile, esingantengantengi,
esingashukunyiswa ukulahlwa okusheshayo Nakho
konke okubonakala kuleso sibuko**

**Kuzobonakala njengoba kunjalo ngempela,
ngaphandle kokuhlobisa noma ukuhlanekezela**

**Masibone umfanekiso kaNkulunkulu kuwo wonke
umuntu, kungakhathaliseki ukuthi ungowaluphi
uhlanga noma ukholelwa sippi. Sizozwa ubumnandi
bothando.**

**Okungcwele yilapho sizwa khona ubunye bethu
nesintu, hhayi ngaphambi kokuba sikhonze ndawonye**

**Siyakhohlwa ubuntu obuncane (ubugovu) bese
sithinta ubuntu obukhulu obungenamingcele noma
imikhawulo**

**Kuye: Umoya waphezulu ohlanganisa bonke
abantu futhi ubahlanganise ndawonye**

Imikhuba yobuhlakani ilawula impilo yomuntu

**Imikhuba yabantu inamandla okusheshisa noma
okulibazisa impumelelo Akusikho ugqozi oludlulayo
noma**

**Imibono ecacile, empeleni imikhuba yengqondo
yansuku zonke, inquma inkambo yokuphila kwethu**

**Imikhuba yengqondo iyisisusa sengqondo
esidonsela izinhlobo ezithile zezinto kanye nabantu
kithi**

Nezimo Imikhuba emihle yokucabanga isenza sikwazi ukuheha amathuba amahle nazuzisayo, kodwa

Imikhuba emibi yobuhlakani isisondeza kulabo abanesimo sengqondo nezifiso zezwe, kanye nezimo ezingezona ezezwe.

Kunconyiwe

Imikhuba emibi ingasuswa futhi amandla ayo asuswe ngokugwema noma yini engase iyibangele

Noma uyivuselele, ngaphandle kokugxila kuyo njalo. Ngemva kwalokho, ingqondo kufanele iqondiswe kulo mkhuba.

Umusa kanye nokusebenza ukuze siqhubeke siwuthuthukisa kuze kube yilapho uba yingxenywe ebalulekile yempilo yethu kuyinto esingayenza

Mthembe futhi uthembele kuye

Ngaphakathi kwethu kukhona amandla amabili aphikisanayo empini engapheli: amandla asiphoqelela ukuba senze lokho okungafanele sikwenze.

Siyakwenza, futhi abanye basitshela ukuthi yini okufanele siyenze, izinto ezibonakala sengathi ziningi kakhulu

Ubunzima Izwi lokuqala liyizwi lobubi, kanti izwi lesibili liyizwi lobuhle noma likaNkulunkulu

Ngezifundo ezinzima zansuku zonke esizifundayo, sibona ngokucacile ukuthi imikhuba emibi iyondla isihlahla

Izifiso zezinto ezibonakalayo ezingapheli, kuyilapho imikhuba emihle yondla umuthi wezifiso

**Futhi izifiso eziphakeme ezingokomoya Imizamo
kumele igxile kakhulu ekuthuthukisweni okufanele**

**Ngomuthi ongokomoya obusisiwe, ukuze ngelinye
ilanga sivune izithelo zokuzazi okuvuthiwe**

Isifiso sokudla

**Uma umuntu engazikhulula kuzo zonke izinhlobo
zemikhuba emibi, futhi uma engakwenza konke**

**Okuhle nokuhloniphekile uthando oluvela
ebuhlotsheni nomusa, hhayi ngoba ububi buletha
usizi nokuzisola**

**Uzokhula emoyeni futhi aqhubekele phambili
endleleni**

**Umuntu uzokhululeka uma eyeka imikhuba yakhe
emibi ngokuzithandela nangokuzikhethela.
Uzokhululeka kuphela uma**

**Uba yinkosi, okwazi ukunikeza imiyalo yemizwa
yakhe, imicabango yakhe, kanye nentando yakhe
yokwenza okudingekayo**

**Wakwenza, noma ngabe kwakuphikisana nezifiso
zakhe Ngamandla okuzithiba nokuzibusa**

Imbewu yenkululeko yaphakade ingaphakathi

**Sengikhulume ngezici eziningana ezibalulekile
zempumelelo kuze kube manje: ukucabanga okuhle,
intando yokuthatha isinyathelo,**

**Ukuhlaziywa kwengqondo, ukuthatha isinyathelo,
kanye nokuzithiba Izincwadi eziningi zigcizelela
okukodwa noma ngaphezulu kwalokhu**

**Ngaphezu kwalezi zici, kodwa ayiqapheli amandla
aphezulu angemuva kwalezi zici**

**Yileyo impumelelo Ukuhambisana nentando
kaNkulunkulu kuyinto ebaluleke kakhulu
ekufinyeleleni impumelelo**

**Intando kaNkulunkulu ingamandla ashukumisa
umhlaba nakho konke okukuwo, kanye nendawo
yonke nakho konke okukuwo. Yintando kaNkulunkulu.**

**NguNkulunkulu oqhuba izinkanyezi emkhathini,
futhi kuyintando Yakhe ukuthi amaplanethi ahlele
izindlela zawo**

**Futhi imijikelezo yokuzalwa, ukukhula, kanye
nokubola ibusa zonke izinhlobo zokuphila
Makabongwe uNkulunkulu, futhi makabongwe intando
Yakhe Abahlakaniphileyo nabazi konke**

**Ukuthula, isihawu nezibusiso zikaNkulunkulu
makube phezu kwenu**

injabulo engokomoya

Okuhlangenwe nakho kwangempela kwenjabulo
engokomoya

UNkulunkulu usiphe amandla okuphefumulelwa
ngokomoya: ikhono lokuzwa injabulo yokuba khona Kwakhe
ngaphakathi kithi Kodwa amandla amabi okuphila aklame
izinhlobo ezahlukene zokulingisa okungamanga
nokukhohlisayo Injabulo yesikhashana yotshwala
nezidakamizwa iwukukhohlisa kokuhlangenwe nakho
kwangempela okungokomoya Ukusetshenziswa kotshwala
nezidakamizwa kuvame ukuholela ekuzitikeneni emikhubeni
yobulili evimbela ukufinyeleleka kokuphefumulelwa
okungokomoya ngokukhawulela ingqondo ngokuqonda
okujulile ngokomzimba

Abantu abaningi baphuza utshwala ukuze baqede
ukukhathazeka futhi basuse izinkumbulo ezibuhlungu
neziphazamisayo. Kodwa lolu hlobo lokukhohlwa luphuca
umuntu ukuhlakanipha kwakhe okungokomoya—yebo,
lumphuca wona kanye amandla abasiza ukuba banqobe
.izinkinga zabo futhi bathole injabulo ehlala njalo
UNkulunkulu ungumthombo wenjabulo, futhi ufuna
sifune injabulo Yakhe evuselelwa njalo futhi siyithole
.ngaphakathi kithi

Kukhona amandla akhohlisayo, abusathane asendaweni
yonke – uSathane, u-Iblis, umphik’ukristu, noma
umphik’ukristu – azama ngokungaphezi ukuguqula zonke
izibonakaliso nemibono emihle nephakeme kule ndawo
.yonke

Kuyo yonke indalo, sibona amandla amabili okuhle
nokubi ephikisana futhi ephikisana: UNkulunkulu wadala
uthando, kanti amandla obudemoni adala inzondo
UNkulunkulu wadala umusa nokuphana, kanti amandla
obudemoni adala ubugovu nokuzithanda UNkulunkulu
wadala ukuthula nokuzwana, kanti amandla obudemoni
adala ukungezwani nokungqubuzana

Njengoba ekwazi lokhu, umuntu ofunayo kumele aqonde
ukuthi utshwala nezidakamizwa kuyingozi kakhulu
enjabulweni yakhe ngoba kufihla injabulo yangempela
engokomoya futhi kulimaze amangqamuzana obuchopho,
kuthinte kabi ukuhlakanipha kwakhe nokuqonda. Ngisho
nomthamo owodwa wotshwala noma ukusetshenziswa
kwezidakamizwa kungaholela ekubeni umlutha, ikakhulukazi
uma kukhona ukuthambekela kwalezi zinto eziyingozi ezivela
ekuphileni kwangaphambilini. Izinto ezimbi kumele
.zigwenywe ngoba zimbi

Uma uzwa injabulo yangempela engokomoya, uzothola
ukuthi akukho okunye okuhlangenwe nakho
okungaqhathaniswa nakho Abazali kufanele bahlale belwela
ukufaka ukuqwashisa okungokomoya ezinganeni zabo

ngokubafundisa ukuzindla nokugonda okunengqondo, funa
banqotshwe isilingo sokudlala ngemililo yezinjabulo
ezikhohlisayo nezingelona iqiniso
Injabulo yangempela ayinamkhawulo Kodwa injabulo
etholakala otshwaleni nasezidakamizweni iyadlula futhi
ishiya ukuzisola nemizwa ebhubhisayo kuphela ngemuva
kwayo

Njalo ebusuku, ngesikhathi sokulala kwethu
okunokuthula nokuphumula, sizwa ukunambitheka kokuthula
nenjabulo Lapho silala ubuthongo obukhulu, uNkulunkulu
usivumela ukuba siphile esimweni esihle kakhulu, sokuthula
kwengqondo, lapho sikhohlwa khona zonke izinkathazo
nokukhathazeka kwaleli zwe. Ngokuzindla, singaba nalesi
simo sengqondo esibusisekile ngisho nangesikhathi
.sokuvuka kwethu, futhi sinambithe ukuthula kwelinye izinga
Lapho injabulo yaphezulu yehla, ukuphefumula kwami
kuyazola, nomoya wami uyaphakama, ngithola injabulo
yokulala kwenkulungwane ngesikhathi esisodwa, kodwa
angilahlekelwa yimizwa yami evamile Lokhu okuhlangenwe
nakho kwendawo yonke kugcinelwe labo abajula
ekufinyeleleni isimo esiphakeme kakhulu sokuqonda
Uma ubuwena bakho bugcwele injabulo enkulu
kaNkulunkulu, umzimba uyathula ngokuphelele,
ukuphefumula kuyayeka ukugeleza, imicabango iyazola,
futhi iyanyamalala kancane kancane. Ukuzindla uzwa iqiniso
lomphefumulo wakhe kanye nokusondelana kwakhe noMdali,
ngakho uphuza injabulo yaphezulu futhi unambitha injabulo
.yenjabulo engenakuhlinzekwa yiwayini eliyinkulungwane
Umuntu ojwayelekile uzizwa elele emngceleni ophakathi
kokuvuka nokulala, ezwa umuzwa wenhlalakahle
yesikhashana, kodwa lo muzwa uyaphela ngokushesha
njengoba elala ubuthongo obukhulu. Ukulala akusikho
ukulahlekelwa ngokuphelele kwengqondo ngoba, ngenkathi
uphapheme, uyazi ukuthi ubuthongo bakho bebuphumulile
.noma cha

Kunezimo eziningi zokulala—ezinye zilula, ezinye zijulile.

Kodwa okuhlangenwe nakho okungokomoya umuntu anakho
noNkulunkulu esimweni sokuqaphela kuyajabulisa futhi
kuyaqabula kakhulu kunenjabulo enkulu yokulala noma
yokulala (ukozela noma ukulala ngaphambi kokulala)

Ngale kwezimfihlakalo nezimfihlakalo zokulala kulele lezi

zinjabulo ezingcwele

Ngingahlala kunoma yisiphi isimo engisifisayo Ngivame

ukuhlala phakathi kwezwe lokulala nokuqwashisa

ngomhlaba: esimweni esihle kakhulu

Inggondo yomuntu inobubanzi obukhulu,

obungenamkhawulo, kodwa umuntu uvame ukungazi

Ngingabhekana nezimo ezimbili ngesikhathi esisodwa:

ubuthongo obukhulu nokuphaphama ngokugcwele Noma

ngingalala, ngiphuphe, futhi ngizwe konke okwenzekayo

nxazonke zami ngesikhathi esisodwa

Ngezinye izikhathi ngilala njengomuntu ojwayelekile.

Ngingalala futhi ngizibone ngiphapheme ngokuphelele.

Esimweni esiphakeme, umzimba nengqondo yakho ilele,

kodwa wena uyazi ngokugcwele konke okwenzekayo. Lokhu

kungenzeka kuphela ngokuhlakulela ikhono lokungena

ngokuqonda nangokuqonda esimweni esiphakeme

sokuqonda bese ubuyela ngokuqonda nangokuqondile

.esimweni esijwayelekile sokuvuka

Asikho nhlobo isidingo sokwesaba ukushiya umzimba

ngaphandle kokubuyela ngokuzindla, ukuthula

kwangaphakathi, noma ukucabanga Lo mbono, okhuthazwa

abanye, awunasisekelo Ukunamathela emzimbeni

kunamandla kangangokuthi akulula ukuwubalekela Ngisho

noma ukuqaphela okuqaphelayo kunyamalala,

akunakwenzeka ukushiya umzimba ngokuphelele uma nje

ingqondo engaphansi kwengqondo ihlala ixhumene nawo

Uma ubona into ngokujulile kakhulu, leyo nto izoba

yiphupho, elingenalo iqiniso elibonakalayo. Umehluko

phakathi komcabango nolwazi lomuntu siqu kumele

uqondwe. Ubufakazi obubalulekile bokwazi uNkulunkulu—
bokuqaphela uNkulunkulu ngaphakathi kuwe—ukujabula
.ngeqiniso nangaphandle kwemibandela
Uma uzwa injabulo ekhulayo neqhubekayo ekuzindleni,
yazi ukuthi uzwa ubukhona bukaNkulunkulu
emphefumulweni wakho. Kodwa-ke, uma kukhona ikhefu
noma ukuphazamiseka ekugelezweni kwenjabulo engcwele,
lokhu kuwubufakazi besici esingaphandle kwengqondo
yakho okumele sisuswe ukuze kubuyiselwe injabulo
.yangaphakathi
Uthisha ongokomoya, omazi ngempela uNkulunkulu,
unesifiso esisodwa: ukunikeza isiqondiso esingokomoya
kulabo abasifunayo, ebakhuthaza ukuba bacabange
ngoNkulunkulu futhi basondele kuYe ngenhliziyo,
umphefumulo, ingqondo, nezenzo. Bonke abavumelana naye
bathola izibusiso zikaNkulunkulu ngaye, ngoba umane
uyithuluzi elithobekile ezandleni zikaNkulunkulu
.uMninimandla onke
Umuntu akanakuba noNkulunkulu ngokumane acabange
ukuthi usethole ukukhanyiselwa okungokomoya
Ukuzithuthukisa kanye nokucwengwa kokuziphatha kuyizinto
ezibalulekile ukuze afinyelele amazinga aphezulu Kukhona
umehluko omkhulu phakathi kokwazi uNkulunkulu ngendlela
engenzeka kanye nokumazi ngendlela yangempela.
Kungokuthobeka, ukuhlakanipha, ubuqotho, ubuntu obuhle,
kanye nokulangazelela okusuka enhliziyweni lapho umuntu
engakwazi khona ukwazi uNkulunkulu ngempela.
Ngabathobekile abafinyelela ekwazini uNkulunkulu futhi
.uNkulunkulu abavumayo
Labo abahlola ngokujulile ukuqonda kwendawo yonke
ngokwemvelo bathuthukisa amakhono angokomoya
angavamile kanye nokulawula amandla emvelo. Kodwa-ke,
akekho othola ukuqonda kwangempela kwaphezulu
osebenzisa amandla akhe ukuze aziqhayise futhi azibonise,
.ngaphandle kokuhlakanipha noma ukuhlakanipha

Abantu abahlakaniphile bayaqonda ukuthi uNkulunkulu
ungukuphela komuntu okhona Futhi ngokuthobeka,
.bamnikeza izipho ezingavamile azinike zona
Ingabe konke okukhona akusimangaliso? Futhi umuntu,
?ngenxa yokuba khona kwakhe, akasimangaliso yini futhi
Uma abantu benganelisekile yizo zonke izimangaliso
uNkulunkulu azidalile, kungani abangcwele kufanele benze
?izimangaliso ezengeziwe
Abangcwele bakaNkulunkulu abalungile abenzi lutho
ngaphandle kokuba uNkulunkulu ebacela ukuba bakwenze,
futhi ngezinye izikhathi ngezizathu ezingaqondakali futhi
.ezinzima ukuziqonda
Ngizobonisa ngesibonelo ukuthi ukuqonda okuphezulu
kuhluke kanjani ekuqondeni okungaphansi kokuqonda
Ukuqonda okuphezulu yisimo lapho ungakwazi khona -
ngenkathi uvukile futhi ulele futhi uqaphela ngokugcwele -
ukudala noma yimuphi umuzwa emzimbeni ngentando futhi
ngaphandle kwethonya langaphandle
Ezweni lokucabanga okungazi lutho (izwe lamaphupho),
ungaphuza inkomishi yobisi olushisayo, kodwa lokhu
okuhlangenwe nakho kubekwe phezu kwakho. Ekuqondeni
okuphakeme, ungahlangabezana nento efanayo, noma yini
.enye, ngentando eqondayo
Ngaphandle kokuba umuntu ekwazi ukwenza kanjalo,
akufanele azikhohlise ngokucabanga ukuthi usefinyelele
izinga eliphezulu lokuqonda. Indlela ingase ibonakale inde,
kodwa uhambo lwamamayela ayinkulungwane luqala
ngesinyathelo esisodwa. Futhi uma nje umuntu ehlala
enethemba, akukho sithiyo esingavimbela ukufezwa
.komgomo owufunayo
Izigidi zabantu zithunjwa yizimangaliso zengqondo
engaphansi kwengqondo ezenzeka ngesikhathi sokulala.
Kodwa esimweni esiphakeme, ungabona noma wazi ukuthi
yini oyifunayo, hhayi ngomcabango, kodwa ngeqiniso,
ngingahlala kulesi sihlalo ngiguqule ingqondo yami iye

kunoma iyiphi indawo ngibone kahle ukuthi kwenzekani
.lapho

Ngezinye izikhathi abafundi bahlala engqondweni
engaphansi, futhi ngezinye izikhathi bakhuphukela
ekuqondeni okuphezulu. Futhi kukhona abambalwa
abakhethiwe abakwaziyo ukudlula ekuqondeni okuphezulu
futhi bathole ukuqonda kwendawo yonke: indawo yomoya
.waphezulu, ongenamsuka noma imbanga
Esimweni sokuqwashisa okungokomoya okumsulwa,
umfuni akadingi umcabango wangaphambilini ukuze
azizwele izinto Lapho zihlangana nokuqwashisa kwendawo
yonke, ukuqwashisa kwazo kuyakhula futhi kuhlanguka nazo
zonke i-athomu zokuphila, zibe nokuqaphela indawo yonke
nazo zonke izidalwa. Lokhu okuhlanganwe nakho
kuwukunwetshwa okungapheli kokuqwashisa. Labo
ababhekana nalokhu kuqwashisa bazizwa bekhona emicu
yotshani naseziqongweni zezintaba, kanye nakumaseli onke
.omzimba wabo nakuwo wonke ama-athomu asemkhathini
Kodwa ukuqonda kwendawo yonke nakho kungaphezu
kwalokho

Uma umuntu ezwa ubukhona bakhe kukho konke
ukuphila kwakhe
Injabulo iyazi nokuthi yini elele ngale kokuba khona
Kuhlanguka nokuqonda okungcwele okubanzi Ukuthula
makube kini

Ukuqonda

**Ukuqonda kuyindlela esingabona ngayo umhlaba
weZimo, ongabonwa yizinzwa ezinhlanu noma
ngokuhlakanipha. Kuyiqiniso ukuthi umhlaba weZimo
uvela ezweni lezinzwa futhi udlula kulo, futhi
kuyiqiniso ukuthi ukwazi owesibili kusho ukwazi**

owokuqala, kodwa kunomehluko endleleni lezi ezimbili ezaziwa ngayo.

Singawazi ngempela umhlaba wezinzwa kuzo zonke izilinganiso zawo ngokusebenzisa ukuqonda kwezinzwa noma ukucabanga kuphela?

Ngokuqinisekile akunjalo Kukhona amaqiniso angenamkhawulo, izenzakalo, imithetho, kanye nobudlelwano, kokubili emvelweni nangaphakathi kwemizimba yethu, okuhlala kuyizincwadi ezivaliwe nezimfihlo ezifihliwe zesintu Ngakho-ke singaziqonda kanjani izindawo ezingokomoya ezilele ngale kwayo yonke imicabango kanye nokuqonda kwezinzwa?

Ukuqonda kuvela futhi kusebenze ngaphakathi komphefumulo, kuyilapho umcabango uvela ngaphandle kokuqonda kusenza sikwazi ukuma sibhekene neqiniso, kuyilapho umcabango usinika isithombe esingaqondile salo.

Ukuqonda kubona iqiniso njengento ephelele ngenxa yokuxhumana okungavamile nokumangalisayo (phakathi kwalo neqiniso), kuyilapho ingqondo isebenza ukuhlukanisa nokuqhekeza iqiniso.

Wonke umuntu unamandla okuqonda, njengoba nje enengqondo Futhi njengoba nje umcabango ungaqeqeshwa futhi ucwengisiswe, kanjalo nokuqonda kungakhuliswa futhi kuthuthukiswe Ekuqondeni, sivumelana ngokuphelele neqiniso Izwe lenjabulo , elinobunye ngenani) kanye nemithetho yangaphakathi ebusa umhlaba ongokomoya, futhi nathi sivumelana noNkulunkulu

Siqinisekisa kanjani ukuthi sikhona? Ingabe kungenxa yemibono yezinzwa? Ingabe izinzwa zethu ziyasazisa ngokuba khona kwethu futhi zembule umthombo wokuqaphela kwethu ukuba khona? Vele cha. Umuzwa wokuba khona awuxhomekile ezinzwa,

ezingenakukwazi ukuqaphela noma yini ngaphandle kokuqonda kwethu kokuqala ukuthi siyingxenye yenqubo yezinzwa ngokwazo.

Ingabe ukuqonda kwezinzwa kanye nenqubo yokucabanga kusitshela ukuthi sikhona? Akunjalo neze, ngoba idatha yengqondo iqukethe imibono yezinzwa futhi - njengoba kuvela - ayikwazi ukusibonisa ukuthi sikhona

Isenzo sokucabanga asikwazi ukusinika ukuqaphela ukuba khona ngoba ukuba khona kuyingxenye yenqubo yokucabanga ngokwayo. Uma siziqhathanisa nomhlaba wangaphandle futhi sizama ukucabanga noma siphetha ngokuthi sikhona, ukuqaphela ukuba khona kukhona ngaphakathi kwesenzo sokucabanga nokucabanga. Njengoba kunemingcele yokucabanga kanye nokungafaneleki kwezinzwa, singazi kanjani ukuthi sikhona? Impendulo itholakala kuphela ekuqondeni komphefumulo. Lolu lwazi luwukubonakaliswa kokuqonda. Ludlula ukucabanga kanye nezinzwa, ezingenakho ukuba khona ngaphandle kokuqonda.

Ukuqonda kunzima ukukuchaza ngoba kuseduze kakhulu nathi sonke Ngamunye wethu uyakuzwa Asazi yini ukuthi kuyini ukuqaphela okukhona? Kujwayelekile kangangokuthi akunandaba nencazelo Uma ububuza othile ukuthi wazi kanjani ukuthi ukhona, ubengeke akwazi ukuphendula Bayazi, kodwa abakwazi ukukuchaza Bangase bazame ukukuchaza nokukuveza, kodwa amazwi abo awakwazi ukuveza lokho abakuzwayo ngaphakathi kwabo Ukuqonda kunaleli khono kuzo zonke izinhlobo nokubonakaliswa kwalo

Indlela yesine, echazwe kwenye indawo, isekelwe ekuqondeni. Uma sikunaka kakhulu, kulapho sizomazi khona uNkulunkulu.

Ngokuqonda, umuntu ufinyelela ekwazini uNkulunkulu, futhi kwakheka ukuxhumana phakathi kwezwe elizwakalayo nelihle. Lokhu kwamuva kuyabonakala ezweni elizwakalayo. Bese ithonya lezinzwa liyaphela, imicabango ephazamisayo iyanyamalala, bese sifinyelela ekwazini uNkulunkulu—umthombo wenjabulo—futhi ngaphakathi kithi kuvela ukuqaphela uNkulunkulu Oyedwa NokuMunye. Lokhu ukuqonda okwakunabaprofethi, abantu abakhulu, kanye nezihlakaniphi zomhlaba.

Indlela yesithathu, noma indlela yokuzindla echazwe ngaphambilini, nayo isiyisa ezweni lokuqonda lapho sikwenza ngenkuthalo nangenkuthalo, kodwa iyindlela engaqondile futhi idinga isikhathi esengeziwe sokudala kithi okwenzekayo ngokuqonda okuqondile noma ulwazi.

Ngakho-ke, ngokuqonda singamazi uNkulunkulu kuzo zonke izibonakaliso Zakhe Izinzwa zethu azikwazi ukumembula kithi, ngoba zibona kuphela ukubonakala Kwakhe kwangaphandle Akukho ngqondo noma ukucabanga okungamazi ngempela uNkulunkulu, ngoba ingqondo ayikwazi ukudlula ulwazi nedatha yezinzwa Ingahlela futhi ichaze imibono yezinzwa kuphela

Uma izinzwa zehluleka ukusisondeza kuNkulunkulu, ingqondo nayo iyahluleka ngoba ithembele kuzo. Ngakho-ke, kumelwe siphendukele embonweni wangaphakathi ukuze sembule uNkulunkulu ngesimo Sakhe esibusisiwe kanye nezinye izibonakaliso Zakhe.

Nokho, kunezithiyo eziningana kulo mbono oqondakala kalula, njengokugula, ubuthakathaka bengqondo, ukungabaza, ubuvila, izifiso zezinto ezibonakalayo, imicabango ephambukile, kanye nokungazinzi Lezi zithiyo zingaba yifa noma zitholwe

**ngokuhlangana nabanye Ukuthambekela kwethu
okuzuzwe njengefa ezintweni ezilimazayo
nezingenampilo kunganqotshwa ngomzamo oqinile
wengqondo, njengoba nje singanqoba ukwehluleka
nokukhungatheka ngamandla okuzimisela Ngomzamo
ofanele kanye nenkampani yabantu abalungile—labo
abazinikele kuNkulunkulu—singasusa imikhuba emibi
ensimini yomphefumulo futhi sitshale emihle
esikhundleni sayo**

**Ngaphandle kokuba sihambisane nalabo abaye
babona, bathinta, futhi baqonda iqiniso ekuphileni
kwabo, singase singazi ukuthi liyini lelo qiniso.**

**Umoya wokubuza ungaphakathi kwawo wonke
umuntu, futhi wonke umuntu kuleli zwe ungumfuni
weqiniso, okuyifa lakhe laphakade, futhi uhlala
elifuna, ngokuhlakanipha noma ngobuwula, aze
alithole futhi alithole ngokuphelele.**

**Akukapheli isikhathi Labo abalwelayo
bazophumelela, futhi labo abaphikelelayo bazofika
lapho beya khona!**

Umuntu ongabonakali

I-Master Paramhansa Yogananda

**Umqondo wokuthi abantu bangabantu
abangabonakali ngeso lenyama ubonakala ungemvelo
futhi ungenangqondo. Sibonakala kithi nsuku zonke
njengezidalwa ezingokwenyama. Kodwa kunezindlela
eziningi esiveza ngazo imvelo yethu efihliwe
nebalulekile.**

**Isibonelo, uma uvala amehlo akho, umzimba
wakho awubonakali kuwe Ngakho wazi kanjani ukuthi
ukhona? Uzwa isisindo somzimba wakho, futhi
ungezwa, uhogele, unambithe, futhi uzizwe, kodwa
ungumuntu uqobo kuphela emcabangweni
nasemzweni Ungumgogodla ofihliwe lapho
imicabango eminingi ijikeleza khona Manje vula**

amehlo akho Umbuzo uwukuthi: ingabe uyisimo osibonayo, noma umuntu wangaphakathi owazizwa umzuzwana nje odlule amehlo akho evaliwe?

Umuntu obonakalayo akabalulekile kakhulu. Umuntu ofihliwe, noma umphefumulo, yilokho okubaluleke ngempela. Ngesikhathi ulele, awumazi umuntu obonakalayo, kodwa uyazi ukuthi uvuka ngoba lapho uvuka uyazi ukuthi ubuthongo bakho bunokuthula futhi buphumulile noma cha. Ngakho-ke, umuntu ofihliwe ungokoqobo. Ngaphandle kwalomuntu ongabonakali, isithombe sakho esibonakalayo besingeke sibe nancazelo noma ukubaluleka.

Ngaphandle komuntu ofihliwe, umzimba ubungeke ube yize, njengesidumbu esingaphili noma isidumbu esiqinile

Umuntu ofihliwe, ongaphakathi nguyena weqiniso Kodwa, ngokumangalisayo, abantu abenzi mzamo wokuhlaziya uhlobo lwalo muntu ofihliwe! Ukunaka kwabo kugxile ngokuphelele esimweni somzimba, abangasithinta futhi basibone kalula. Ngakho-ke, bachitha izinsuku zabo nobusuku benakekela imizimba yabo kanye nezidingo zayo, bengayeki ukucabanga ukuthi umuntu ongaphakathi ongabonakali uyiqiniso langempela.

Ngaphakathi komzimba wenyama kukhona umzimba wokukhanya ofana nawo Nakuba ungabonakali emehlweni abantu, uyimvilophu yomphefumulo yeplanethi noma ye-ethereal.

Abantu abake banqunywa umunwe bazizwa sengathi usekhona Noma ubani olahlekelwe yilungu uyazi lo muzwa Kukhona umlingani ofihliwe, ongokoqobo noma umlingani wazo zonke izitho emzimbeni Ngemuva kwenhliziyo yangempela kunenhliziyo efihliwe, ngaphandle kwayo inhliziy

ebonakalayo engeke ikwazi ukushaya Abantu banezitho ezingabonakali zokubona, ukuzwa, ubuchopho, amathambo, kanye nemizwa Lezi zitho, eziyizicubu zokukhanya nomsebenzi, zakha umzimba weplanethi ongabonakali womuntu Umzimba weplanethi noma weplanethi ufana ncamashi nomzimba wenyama obonakalayo Umehluko ukuthi isimo sawo esikhanyayo nesibalulekile sicashile kakhulu

Uma umzimba ukhubazeke, akufanele uzikholise ngokuthi ukubona kwakho akusekho noma ukuthi ulahlekelwe yisandla. Amehlo nezandla ezingabonakali zisekhona. Nakuba ingalo engokwenyama ingase ikhubazeke, ingalo engabonakali ayikhubazeki. Ungalokothi ukholelwe ukuthi izitho ezingabonakali zithinteka nganoma iyiphi indlela ukugula kwezitho zomzimba, ngoba imicabango emibi izovimbela ukugeleza kwamandla abalulekile okuqonda ezithweni zomzimba.

Ugesi ugeleza ngentambo Yikuphi okubaluleke kakhulu: ucingo noma ugesi? Ucingo lukhona ukuze luvumele ugesi ukuthi udlule kulo Ukuba khona kukagesi akuxhomekile ocingweni Ngokufanayo, umzimba ukhona ukuze usetshenziswe yisidalwa esingabonakali, umphefumulo, hhayi okuphambene nalokho

Ngeshwa, lo muntu ofihliwe uboshelwe emzimbeni! Ngaphandle kwalokho, singahamba phezu kwamanzi, siphapheme emkhathini, bese sibuyela emzimbeni.

Umzimba we-ethereal womuntu omboziwe unemibono yezinzwa emikhulu kakhulu kunomzimba ofana nawo. Abantu bakhe imishini, kwezinye izimo, ephakeme kakhulu kunomzimba wenyama, onqunyelwe yimingcele eminingi. Kodwa njengoba

**ukuqonda kwakho umzimba we-ethereal kukhula,
uzothola ukuthi ungakuzwa lokho indlebe
engenakukuzwa futhi ubone lokho iso
elingenakukubona. Ungaphinde unuke, unambithe,
futhi uthinte izinto ezikude kakhulu nendawo
yezinzwa zenyama.**

**Abantu bahlala bekhathazekile futhi
benesithakazelo esibanini somzimba ngaphandle
kokuba kwenzeke kubo ukuthi bafune lowo gesi
oyimfihlo okhanyisa lesi sibani.**

**Umuntu obonakalayo wakhiwe yizinto eziyishumi
nesithupha: izinto zamakhemikhali ezingathengwa
emakethe! Umzimba wenyama awunanzuzo kangako
ngokwezinto eziwubumbayo Sekuyisikhathi sokuthi
isintu sihlakulele ukuqonda okungcono komuntu
ongabonakali Lo muntu ofihliwe yilowo onamakhono,
imicabango, futhi ohambisana nalowo othanda futhi
ocabangayo futhi ngaphandle kwakhe, umzimba
wenyama awunalutho ngaphandle kwezakhi
zamakhemikhali owakhiwe ngazo.**

**Ukukhanya kwengqondo kumele kuqondiswe
ngaphakathi, kude nomuntu othunjiwe, obonakalayo**

**Umzimba wenyama uhlushwa ubuhlungu emhlane
kanye nokuqaqamba, futhi uyawohloka futhi ubole
njengoba ukhula. Uhlala ukhala, ukhala, futhi
ulangazelela lokhu noma lokho.**

**Umuntu obonakalayo akanakukwazi ukumelana
nokuwa okunamandla, okuchoboza amathambo, futhi
ngezinye izikhathi uyancipha ngenxa yokugwazwa nje
kwephini elincane**

**Umuntu ongabonakali akanalo ithonya.
Ukhululekile futhi akanamingcele. Angasusa zonke
izinkinga nezinkinga zomzimba.**

**Umuntu ofihliwe ngaphakathi kithi unguMuntu
wethu wangempela**

Lokho okulele ngemuva kwama-athomu omzimba umphefumulo, ongashintshi, ongashintshi, futhi ongalokothi ushintshe noma ubhujiswe.

Umuntu angase acabange ukuthi ungumzimba, kodwa awunjalo. Ingcezu yeqhwa ingancibilika futhi inyamalale ingabonakali ngenxa yokuhwamuka. Le nqubo ingaguqulwa ngokufaka umhwamuko omanzini bese uqandisa uketshezi lube yinto eqinile.

Ukuphila ngokuqaphela umzimba wenyama kuphela kuyingozi ngokomoya ngoba umzimba usengozini yokugula, ukulimala, indlala nokufa Akufanele sizikholise ngokuthi simane nje siyilomzimba obonakalayo, ongakwazi ukubola nokubhujiswa.

Ubuntu obufihliwe ngaphakathi kithi abunakubulawa noma ukulimala Akufanele yini silwele kanzima ukuqonda isimo sethu esingaziwa nesingunaphakade?

Ngokwandisa ulwazi lwethu ngalobu buntu obufihliwe, sizokwazi ukulawula umuntu obonakalayo, njengoba kwenza amakhosi amakhulu Labo abazwa amandla abo angcwele futhi bezwa ukuba khona komuntu ofihliwe, ongaphakathi bangazihlukanisa nokuhlupheka ngokomzimba, ngisho nalapho umuntu obonakalayo esebunzimeni nasengozini.

Iyiphi indlela yokufinyelela lobo bukhosi?

Isikhathi esiningi kufanele sichithwe ekuthuleni kokuzindla nokuthula Lokhu kungase kubonakale kungathandeki ekuqaleni, ngoba ukuhlala nokuqonda okujulile ngomzimba kanye nokuziveza ngokweqile ngemizwa yawo kwenza kube nzima ukucabanga nganoma yini enye ngaphandle kwezinkinga zakho ezingapheli, izifiso, nezidingo zakho. Kodwa isici esisha sizovuleka ekuqondeni komuntu lapho umuntu eqinisekisa ukuthi ungubani ngokomoya futhi

eziqinisekisa ukuthi ngempela badalwa ngomfanekiso omsulwa kaNkulunkulu, ukuthi impilo yabo ayinakubhujiswa nganoma iyiphi indlela, nokuthi bangabantu abafihliwe, abaphakade.

Lowo muntu ongabonakali wakhiwe ngomfanekiso kaNkulunkulu, ekhululekile njengomoya waphezulu. Kumuntu obonakalayo kulele zonke izithiyo nezinkinga zomhlaba. Ngokushesha nje lapho siqaphela imizimba yethu, siboshwa yimikhawulo yayo. Yingakho abakhulu besifundisa ukuvala amehlo ethu futhi sizikhumbuze—ngokuzindla ngomuntu ofihliwe—ukuthi asiboshwe ngamakhono omzimba alinganiselwe.

Ngivame ukuvuma ngokholo olukhulu nokuqiniseka, "Angiboshiwe ngumzimba wami noma kuphi lapho ngifuna ukuya khona, ngilapho ngokushesha"

Ungase uthi, "Lokho kungumbono nje" Kulungile Kodwa uyini umbono? Konke okubonayo okuzungezile kungumbono oqondile Awukwazi ukucabanga nganoma yini ngaphandle kokucabanga Ukucabanga ngokwako akubonakali, kodwa kwenza konke esikubonayo kube ngokoqobo Ngakho-ke, uma ungakwazi ukulawula imicabango yakho, ungenza konke kubonakale, futhi ungabona konke ngamandla okugxila kwakho kwengqondo

Uma ugxilisa ingqondo yakho ngokujulile nangokujulile, ungabona ngamehlo engqondo yakho lokho okucabangayo, njengokungathi ukukubona ngamehlo akho enyama Imicabango engabonakali ingaguqulwa ibe yizinto ezibonakalayo

Uma uvala amehlo akho, awukwazi ukubona umzimba wakho, kodwa uhlala ungokoqobo kuwe. Ngakho kungani ucabanga ukuthi umuntu ofihliwe

akayona into yangempela ngoba nje awukwazi ukumbona?

Ekuzindleni ubheka ebumnyameni ngemuva kwamehlo avaliwe bese ugxilisa ingqondo yakho kumuntu ofihliwe noma umphefumulo ongaphakathi kuwe.

Ngokuzijwayeza ukuzithiba nokuguqula ingqondo yakho ibe ngaphakathi ngokwezindlela zesayensi zokuzindla ezinikezwa ngumqondisi wakho ongokomoya, uzokhula kancane kancane ngokomoya Ukuzindla kwakho kuzojula, futhi ubuwena bakho obungabonakali—isithombe sikaNkulunkulu esingokomoya esingaphakathi kuwe—buzoba ngokoqobo kuwe Kulokhu kuvuka okujabulisayo kokuzazi, ukuqonda okulinganiselwe ngokomzimba okwakukhona ngokoqobo kuba yinto engeyona eyangempela, futhi ufunda ukuthi usuthole ubuwena bakho beqiniso, obungenakunqotshwa futhi waqaphela ubunye bawo noNkulunkulu

Uzoqaphela nokuthi umuntu ongabonakali uboshwe kanjani emzimbeni wenyama ngezinamathiselo eziyizintambo zengqondo nemizwa kanye nezifiso zezinto ezithile ezingeni lasemhlabeni.

Kodwa uma, ngokuzindla okujulile, ungakwazi ukuqaqa noma ukunqamula lawo maketanga, uzokhululwa futhi uzokwazi ukuthi ungumfanekiso kaNkulunkulu. Funa umuntu ongabonakali oboshiwe ehlathini lemizwa engokwenyama nengokwenyama.

Ukube ubumazi lowo muntu ongabonakali kanye nje, ubuzoqaphela ukuthi umzimba wenyama uyigobolondo lakhe langaphandle, nokuthi unomzimba okhanyayo kanye nomzimba ongaphakathi wengqondo, futhi ubuzoqaphela nokuthi uyisidalwa esingavamile kangakanani!

**Gxilisa imicabango yakho kulowo muntu
ongabonakali Umuntu obonakalayo uyinkohliso futhi
uyinkohliso Umuntu ongaphakathi noma ongabonakali
yilowo weqiniso Uma uqaphela lokhu, uzokwazi ukuthi
awusiwo umzimba negazi, kodwa umuntu ofihliwe
ongenakufinyelela ekuboleni nasekubhujisweni**

**Ungumphefumulo, futhi umphefumulo awufi!
Ungacabangi ukuthi ithuna liyisiphetho sakho Lapho
umzimba wenyama ufa, umphefumulo uya kwelinye
izinga lokuphila Akukho lutho olubhujiswa ngempela
Isimo sokuqala somzimba sihlala sikhona ku-ether**

**Abantu banomuzwa wokuthi abathandekayo babo
abashonile bahambe unomphela ngoba abanakho
ukugxila kwengqondo ukubabona besesimweni sabo
esikhanyayo endaweni engokoqobo lapho behlala
khona. Zindla njalo ngala maqiniso, bese uziphinda-
phinda—uma unentshisekelo kulezi zindaba
—“Ngingumklamo kaNkulunkulu okhanyayo
Ngingowaphakade futhi ngizulazula njalo embusweni
kaNkulunkulu”**

**Uyilowo muntu ofihliwe ongenakuthinteka ukufa
futhi inhlekelele ingenakukuthinta, futhi uzohlala
unjalo kuze kube phakade Pho kungani ungaqapheli
ukungafi kwakho manje?**

**Amehlo ethu enyama asikhohlisa sicabange
ukuthi leli zwe elikabili lingokoqobo Vula iso lakho
elingokomoya ubone isimo sakho esingabonakali
Lapho iso lakho elingokomoya livuleka ekuthuleni
kwangaphakathi, okufihliwe kuzobonakala**

**Uma ucabanga, uphupha, futhi ugxile kakhulu,
ungumuntu ohlala efihliwe emehlweni. Lowo muntu
unguyena wangempela, futhi umuntu obonakalayo
umane uyisithunzi sakhe.**

**Khohlwa isithunzi bese ukhumbula into
yangempela**

**Yiba munye nomuntu ongabonwayo
Isithombe esimsulwa seNkosi yazo zonke
izidalwa!**

Ukuthula makube phezu kwakho

Ukwethula ukuqonda kwendawo yonke

**Ukuqaphela indawo yonke akukwazi
ukufinyelelwa uma nje kukhona ngisho
nokuthuthumela okuncane kwengqondo noma igagasi
elincane lokukhathazeka kwengqondo Amasu
okuzindla kwesayensi athuthukisa kakhulu ikhwalithi
yokugxila kwengqondo futhi athuthukise ikhono
lomuntu lokulawula imicabango yakhe, ngaleyo ndlela
abasindise iminyaka yokuzulazula okungenazithelo
endaweni yokungazi lutho Asikuphiki ukuthi umuntu
ongazi lutho uwusizo njengendawo yokugcina
inkumbulo nanjengendawo yokulala namaphupho
Kodwa-ke, le ndawo ingaba yisithiyo ekuzindleni,
futhi iheha labo abathambekela emaphusheni
nasekuthambekeleni kokuxhumana nezwe lemimoya
ngokungena endaweni yokubona izinto
ezingabonakali ezingenalo iqiniso noma inani
elingokomoya futhi ezingahlukile kakhulu
emaphusheni avamile ebusuku Izindlela zokuzindla
kwesayensi, ngaphezu komzamo womuntu siqu,
ziphakamisa ingqondo ibe sesimweni esihle kakhulu
sokuzazi nokuzwana noNkulunkulu**

**Okufanele kugwenywe yilowo mbuso ogcwele
okuhlangenwe nakho okukhohlisayo,
okucatshangwayo abanye abakucabangayo
njengokungokomoya, kodwa okungekona
okungokomoya Okuhlangenwe nakho okungokomoya
kwangempela kanye nokugcwaliseka kweqiniso
kwangempela akunakufinyelelwa ngaphandle**

**kokugxila ingqondo kuNkulunkulu Ukugxila
okucabangayo kuyisimo sokumuncwa kwengqondo
okuphelele kanye nokuthula okuphelele kokuqonda
Uhlobo lokuba khona ukunyakaza, kuyilapho uhlobo
lomoya luwukuthula noma ukunganyakazi Ukugxila,
ngakho-ke, kubalulekile ukuze kube nokuvumelana
okungcwele Izindlela kanye nobuciko bokugxila
nokuzindla okufundiswa ezifundweni zokuzazi
kuholela ekuvumelanisweni okuphelele kokuqonda
komuntu nokuqonda kwaphezulu**

**Indlela yezwe iwukushumayela okuningi
nokusebenzisa okuncane. Ungase uzwe inkulumo
ngoju izikhathi eziyikhulu, kodwa ngeke wazi
ukunambitheka kwalo uze ulunambithe. Ngokufanayo,
ukubaluleka kwangempela kwanoma iyiphi imfundiso
kungaqashelwa kuphela ngokuzijwayeza. Kumelwe
sisebenzise futhi siphile ngezimfundiso zabaprofethi
nabantu abakhulu. Khona-ke amaqiniso abo azoba
amaqiniso ethu, futhi sizogaphela ukuthi iqiniso
lingaqinisekiswa futhi libonakaliswe, nokuthi likhona
emhlabeni wonke. Uma sihamba ekukhanyeni
kweqiniso, kungakhathaliseki ukuthi sikholelwa noma
sihamba kanjani, uNkulunkulu uzowamukela
umsebenzi wethu futhi asifake phakathi
kwabakhethiweyo Bakhe.**

**Umuntu kumelwe ahambe endleleni yeqiniso
ngobuqotho nangokuzinza Khumbula, mfuni
othandekayo, ukuthi phakathi kwezigidi zabantu,
bambalwa kuphela abafuna uNkulunkulu ngempela
Futhi ngisho naphakathi kwalabo abafunayo,
bambalwa kuphela abaphikelela kuze kube
sekupheleni Kodwa lowo ophikelela endleleni uzomazi
uNkulunkulu Uma nje inhliziyo yakhe
isekuNkulunkulu, uzofinyelela umgomo wakhe**

awufisayo, kungakhathaliseki ukuthi bakhubeka futhi bawe kangaki Uma nje izinhloso zabo zimsulwa futhi izisusa zabo zihlanzekile, abanakho ukwesaba, futhi ngeke bakhale

Ngakho-ke, kumelwe senze konke okusemandleni ethu ukuze senze ukuzindla ngoNkulunkulu kube yinto ephilayo ekuphileni kwethu Ubuqotho okholweni buyimfuneko ebalulekile futhi ebaluleke kakhulu, ngoba ukuzenzisa nje kwandisa ukuzikhukhumeza komuntu futhi kumqhelelanise nenhloso yakhe yangempela.

Ngiyethemba ukuthi uNkulunkulu uSomandla uzoba sendaweni yokuqala ezimpilweni zenu nokuthi ngeke nimkhohlwe, ngisho nangomzuzwana Kwangathi ninganeliseki ngezinjabulo zesikhashana zaleli zwe, kodwa kunalokho yenzani uNkulunkulu indawo yenu ebusisekile kanye nomgomo wenu wokugcina empilweni Ngemuva komzimba olinganiselwe kukhona uQobo olungenamkhawulo. Angikhulumi ngezinto ezingokomoya ngaphandle kokuthi ngizwe uNkulunkulu enami nokuthi ngivumelana ngokuphelele naye. Futhi uma ngikhuluma ngalokho kwazi, ngiyazi ukuthi amazwi ami agcwele umoya weqiniso, nokuthi bonke abafuna ngobuqotho bazozwa iqiniso lalokho engikushoyo.

Kukhona labo abadidanisa amaqiniso nokukhohlisa, bephikelela ngokuthi amaqiniso ayizinganekwane nokukhohlisa, nokuthi ukukhohlisa kungamaqiniso nezibani ezikhanya ebumnyameni.

Ikhono lokugxila libalulekile endleleni engokomoya ukuze kuthuthukiswe futhi kukhule ngokomoya Ngaphandle kokugxila engqondweni, umuntu akasoze amthola uNkulunkulu Kumelwe

**sifunde ukuvala amafasitela okuqaphela ukuze
sivimbele ukungena kwamanye amazwi asemhlabeni
kanye neziphazamiso**

**Uma ingqondo ilungiswa futhi ilungiswa
ngokomoya, kufinyelelwa ukuxhumana okuhlangenwe
nakho, bese umfuni ezwa ubukhona bukaNkulunkulu
uNkulunkulu uhlala njalo futhi ukhona nabantu futhi
yonke indawo. Kodwa-ke, ukungakwazi ukubona
ubukhona Bakhe kuvela ekukhathazekeni
kwengqondo ngezinto eziningi zomhlaba kuphela.
Ukunaka okugxile, noma ukuzindla ngoNkulunkulu,
kuyithuluzi elisenza sikwazi ukuzwa ukusondela
Kwakhe. Kulokhu, amaSufi ahlanganyela
ekukhumbuleni okuqhubekayo, ephinda igama
likaNkulunkulu (njengokuthi "Akukho nkulunkulu
ngaphandle kukaNkulunkulu" noma "O Ophilayo, O
Ozimelayo") kuze kube yilapho bonke ubukhona babo
bucwila encazelweni. Ukuqonda kwabo kube
sekushintsha kalula kube sezingeni elingokomoya,
futhi babhekana nezimo zokuthokoza ngokomoya
ezifana nalezo ezitholwa yi-yogis ekuzindleni
okujulile. Okuhlangenwe nakho okungokomoya
kukodwa, naphezu kwezindlela ezahlukene
zokukufinyelela.**

**UNkulunkulu akakude nesintu Yisintu
esiziqhelelanisa ngamabomu noNkulunkulu
ngemicabango nezenzo zaso Uma ubona ukukhanya
okungokomoya kwangempela ekuzindleni, zama
ukukuqonda futhi uzizwe sengathi ukukho: okukanye
nakho uNkulunkulu usenhliziyweni yalokho kukhanya
—ukukhanya phezu kokukhanya Futhi lapho usondela
kulokho kukhanya okubusisiwe, kulapho usondela
khona kuNkulunkulu**

Isibonakaliso esihlukile sokukhanya kwaphezulu ukuthi umbono waso uhlala uhambisana nomuzwa osheshayo nonamandla wenjabulo noma wenjabulo ogcwele kuwo wonke ama-athomu kuwo wonke amaseli azo zonke izicubu zomzimba Lo muzwa wenjabulo awuyona into ekhohlisayo; kunalokho, abanye bakuthola kunzima ukuthwala ukuqina kwenjabulo engokomoya ngoba ingqondo nomzimba akujwayele Lo muzwa wenjabulo uwumgomo oyinhloko, futhi babusisiwe labo abanambitha umpe walo, ngoba baphuze emthonjeni wamanzi aphilayo okuphila

Uma umuntu ezwa ukuthula okwengeziwe ngenkathi egxila, kulapho ukuzindla kwakhe ngoNkulunkulu kuzoba nzulu futhi kuphumelele khona. Uma isikhathi esichithwa efunda izincwadi ezingokomoya besinikelwe ekuzindleni, intuthuko, ngokwengqondo nangokomoya, ibiyoba nkulu kakhulu. Abantu abafuna izinto ezijulile banciphisa ubuthongo babo futhi banikele amahora amaningi ekuzindleni ngoba okunye abakutholayo ekuzindleni kuyavuselela futhi kuyaqabula ngokuphindwe kayikhulu kunokulala.

Ngaphandle kokuba umuntu akwazi ukuthulisa amazwi engqondweni yakhe, ngeke akwazi ukufinyelela kuNkulunkulu Yingakho abaprofethi nabangcwele bafuna isiphephelo emihumeni, ezintabeni nasemahlathini Kunesidingo esiphuthumayo sokuzicwilisa ngokuphindaphindiwe ekuthuleni kwangaphakathi ngokwenza umkhuba wokugxila nokuzindla, bese kutholakala ukuthula okukhulu nenjabulo enkulu Njengoba imibhalo yokuhlakanipha isho:

Lowo okhululekile ezifisweni ezivuselelwe kanye nokulangazelela izinto ezibonakalayo, olawula inhliziyo nengqondo yakhe (imizwa yakhe nemicabango yakhe) futhi ofuna indawo ethule, kumele azame njalo ukuhlangana nomoya wendawo yonke.

Kunesidingo futhi sokuzijwayeza ukuthula okujulile ezindaweni zokukhulekela. Kufanele sikhulume kancane futhi sizindle kakhulu. Ngesikhathi sokuqeqeshwa kwami okungokomoya eNdiya, uthisha wami, uSri Yuktiswar, wayesinika inkulumo eyodwa kuphela ngezikhathi ezithile. Isikhathi esiningi, sasihlala eduze kwakhe sithule futhi sigxile kakhulu.

Umqondisi weqiniso ongokomoya unolwazi olungaphezu nje kolwazi olubhaliwe. Kuye, singafunda ukuhlakanipha nolwazi lokukholelwa kuNkulunkulu oyedwa ngoba uyazi futhi uyazi ukuthi uyazi, ngoba uyazi iqiniso kuye ngokwakhe, futhi akafundanga nje izincwadi.

Isikhala sihlukaniswe izingxenye ezimbili noma izici Indalo iyingxenye eyodwa yesikhala, kanti ngakolunye uhlangothi uNkulunkulu yedwa, lapho indalo ingekho nhlobo. Lowo ngumbuso wobumnyama ongemnyama nokukhanya okungakhanyi Lapho kungaphumi khona ilanga, kungekho nyanga ekhanyayo, futhi kungekho mlilo ovuthayo, kukhona indawo yokuhlala yaphakade kaNkulunkulu.

Lokhu kubili kusebenza futhi ekwazini komuntu. Umuntu unezici ezimbili: esinye esibonakalayo kanti esinye esingabonakali. Unamehlo avulekile, ubona ukuba khona okubonakalayo futhi uzibone ngaphakathi kukho. Unamehlo avaliwe, awuboni lutho

ngaphandle kwesikhala esimnyama. Kodwa-ke, ukuqonda kwakho kuhlala kubonakala kakhulu futhi kusebenza. Uma, ngokuzindla okujulile, ungangena ebumnyameni ngemuva kwamehlo avaliwe, uzobona ukukhanya okwavela kukho konke okudaliweyo. Esimweni sokuthokoza ngokomoya, ukuqonda kudlula ukukhanya okubonakalayo futhi kungene endaweni yokuqonda kwendawo yonke, okukhona ngemuva kwazo zonke izinhlobo nezimo zokudala. Lokhu kuqonda kudlula konke ukuqonda kwezinzwa. Ngokuphathelene nengqikithi yayo, injabulo yayo, kanye nezimo ezihambisana nayo, kunzima ukuzinikeza izimfanelo zayo ngencazelo enembile ngoba ziyingxenye engokomoya engavamile ukuvakashelwa ngabantu, naphezu kokuba khona kweqiniso layo kanye neqiniso lokuba khona kwayo.

UNkulunkulu usinike ithuba lokuzwa, ekuqondeni kwethu, indlela imithetho elawula indawo yonke esebenza ngayo Lesi simo sokuqonda esingenasimo, esibonakala ngisho noma amehlo avaliwe, singaqhathaniswa nendawo engenamkhawulo (ubumnyama obungenabumnyama) kanye (nokukhanya okungenayo ukukhanya), lapho uNkulunkulu ekhona ngaphandle kwanoma yiziphi izinhlobo, izimfanelo, kanye nobumbano obuchaza indalo Yakhe ebonakalayo. Kulo bubanzi obungenamkhawulo bobuphakade obungaphezu kwendalo, uNkulunkulu kuphela okhona ekuqondeni kwenjabulo ephelele, okhona njalo, oqaphelayo, futhi ovuselelwe. Lokhu kuqonda akunakuchazwa nokuqhathaniswa ngoba kuyingqayizivele ngokuphelele. Kulo mbuso wobuphakade, lapho ukubusa okuphelele nokungenamkhawulo kuphakeme khona, azikho izindawo noma izidalwa zanoma yiluphi

uhlobo. Kodwa ngakolunye uhlangothi lwesikhala, uNkulunkulu uzwa konke—konke okudaliweyo—ngaphakathi Kwakhe.

Embusweni wezinto ezingabonakali kukhona ifektri yendawo yonke. Esinye isazi sezinkanyezi saphawula ukuthi isikhala simangalisa ngempela; konke kuvela kuso futhi kuncibilike ngaphakathi kwaso. Ngakho-ke, ama-athomu, izakhi zawo, kanye nomhlaba wonke ayanyamalala kuphi?

Noma nini lapho izinto zibonakala zikhanga futhi ziheha, vala amehlo akho Zibheke ngaphakathi kwakho futhi ucabange ngomthombo wokuphila Ungase ungaboni lutho futhi ungezwa lutho, kodwa zonke izinto ezibonakalayo zivela kulowo mthombo ongabonakali (Futhi ukukhanya kukhanya ebumnyameni) (Ukukhanya kwamazulu nomhlaba) Uma uqhubeka nokubuka ebumnyameni ngokugxila okuthule nokujulile, uzothola lokho kukhanya okukhulu Ngoba ngale kobumnyama kukhona ukuqwashisa okungokomoya, futhi ngale kobumnyama kukhona ezinye izindawo (Endlini kababa kunezindlu eziningi) (Futhi ikhaya leLizayo lingcono, futhi yeka ikhaya elihle kakhulu kwabalungile!)

Ingqondo Yomhlaba Wonke ikhona ngqo ngale kwendawo Ngalé kokuqonda komuntu kukhona ukuqonda kukaNkulunkulu Okwanele ngalokhu kungazi ngobukhona Bakhe Kumelwe sivuselele futhi siguqule ubumnyama ngokuzindla futhi singayeki size simthole Lapho, ku-Absolute engenamkhawulo, kukhona imibono eminingi, imibono yangaphakathi engenakubalwa, kanye nezixazululo zazo zonke izinkinga zokuphila

Amaqiniso engiwaqondayo ngokuzihlola aveza imithetho yemvelo etholakala ngokwesayensi ngezinye izindlela Uma ngivala amehlo ami, ngiyabona imisinga yokuphila ecacile egeleza emzimbeni wami Ungacabangi ukuthi uwedwa ekuthuleni okubonayo UNkulunkulu unawe, futhi asikho isizathu sokucabanga ukuthi akekho Umoya ugcwele umculo oqoqwa ngabamukeli Ngakho-ke kunjalo noNkulunkulu Unathi kuyo yonke imizuzu yokuphila kwethu Kodwa ukuze sibone ubukhona Bakhe, kumelwe sizijwayeze ukuzindla okujulile Akufanele sivumele amehlo ethu avaleke ebuthongweni ngaphambi kokuba sithole ngisho nesibonakaliso esincane sokuthi uNkulunkulu unathi; yilapho kuphela lapho singalala khona kahle nangokuthula. Nani, enilangazelela futhi enilangazelela, nibheke ebumnyameni nize nithole izimfihlakalo zayo ezimangalisayo.

Ngesinye isikhathi, ngangihleli emtatsheni wami wezincwadi cishe ngehora lesine ntambama lapho ngokuzumayo umoya wami unyamalala futhi imilenze yami iqina Ngazithola ngibona inqubo yokufa Ukuphefumula nokunyakaza kwaphuma emzimbeni wami, kodwa ngahlala ngiphapheme Kwakuyisipiliyoni esimangalisayo Ngabona umzimba wami nayo yonke imvelo njengezithombe ezihambayo zasemkhathini ezakhiwe ngokukhanya kwaphezulu Ngamemeza ngenjabulo, "Akukho ukufa, Nkulunkulu wami! Lomhlaba wonke awulutho ngaphandle kwegalari yezithombe ezihambayo!"

Umbusi ohlezi esihlalweni sakhe noma esihlalweni sakhe sobukhosi angase athi: "Ngiyinkosi elalelwayo, izinhloko zingikhothamela." Kodwa ukufa makulethe

kuleyo nkosi elalelwayo enye yezinhlopho zayo ezibulalayo futhi iyoba yinto yesikhathi esidlule.

Bangani bami, inkosi yangempela yilowo othanda uNkulunkulu, ozwa ubukhona Bakhe kuyo yonke indalo, futhi onakekela abanye njengoba ezinakekela yena. Ngisho nokufa ngeke kumbangele ukwethuka noma ukwesaba, ngoba ukubona njengendlela yokuya embusweni kaNkulunkulu (lapho bezohlala khona phakade)

Kunezindlela ezintathu zokwandisa ukuqonda komuntu kuye ekuqondeni kwendawo yonke. Eyokuqala yindlela yomphakathi, lapho sisusa khona ubugovu emiphefumulweni yethu futhi sikulungele ngokugcwele ukusiza abantu nokukhonza labo abaswele. Kumelwe sithembeke futhi sithembeke kubangane bethu futhi sizizwe sinothando ngabo bonke abantu. UNkulunkulu usinike imindeni ukuze sandise imingcele yokuqonda kwethu ngokubonisa ukukhathalela kwangempela abanye nokubasebenzela. Sifunda uthando nokuzidela ngenxa yabathandekayo bethu empilweni yomndeni, ngaleyo ndlela sifinyelela ukwanda okuthile ekuqondeni kwethu. Kodwa lokhu akwanele. Uthando oluzibophezela embuthanweni omncane luba nemingcele futhi lungakwazi ukwanda. Lapho luba ngolungenabantu, umbuthano walo uyakhula futhi ukufinyelela kwalo kuyanda. Lolu hlobo lothando kumele lukhuliswe, futhi kumelwe sizame ukunikeza wonke umuntu uthando olufanayo esiluzwayo ngomndeni wethu nakubathandekayo bethu, sisebenzela abanye njengoba nje sizisebenzela thina (uNkulunkulu uyabathanda labo abenza okuhle). Lena yindlela yomphakathi yokuthola ukuqonda kwendawo yonke—indlela yokukhonza nothando

UNkulunkulu usithanda ngokulinganayo njengomndeni owodwa omkhulu wendawo yonke futhi ulindele ukuba sithandane. Uma sithanda, sizizwa sijabule; uma singathandi, sizijezisa ngobuhlungu nokuhlupheka.

Ukucabanga kwezwe kumele kushintshe Sonke sinjalo ngoba imvelo yethu yangempela ihlanganisa konke ngokwemvelo

Ngithola injabulo ekupheni abanye futhi ngithola injabulo enkulu ekuboneni injabulo yabo. Uma sithanda abanye futhi sinozwela nabo, sithola ukuthi konke ukuphila kuyasabela kithi. Abaprofethi nabantu abakhulu basibonisile indlela yokufinyelela ukuqwashisa kwendawo yonke. Lena yindlela okufanele sinikele ngayo ngothando, inkonzo, kanye nozwela ngokuzithandela.

Umuntu onolwazi oluphelele ungumuntu ojabulayo. Abagcini uthando lwakhe kubantu abambalwa abakhethiwe, bekipha wonke umuntu esixukwini sakhe sothando nesihawu. Lena yindlela okufanele sibheke ngayo umhlaba wonke njengomndeni wethu. Lokhu kuqonda kuhlala kunami, futhi nginomuzwa wokuthi wonke umuntu ungowami. Umuntu onolwazi oluphelele uthanda bonke abantu njengoba ethanda abafowabo, odadewabo, abazali, nabangane.

Indlela yesibili eya ekuqondeni indawo yonke iwukuzithiba. Umuntu akufanele abe yisisulu sokweqisa. Ukujabulela izinto kulungile, kodwa inhliziyo nomphefumulo wakhe akufanele kunamathele kuzo. Labo abafisa ukwandisa imingcele yokuzithiba kwabo kumele bakhululeke ekucabangeni nasezenzweni, babe nomusa, babe mnene, futhi babe

mnandi, bazithibe, balawule izifiso zabo, bagweme ukugqilazwa imikhuba elimazayo, futhi benze ngokuvumelana nezinkolelo zabo eziqinile, ezivunyelwe ngokokuziphatha nangokokuziphatha. Kubalulekile ukuhlakulela ukuzithiba nokudlula izici ezimbili zokushisa nokubanda, injabulo nokucindezeleka, impilo nokugula ukuze bathole ukuqonda indawo yonke.

Kumelwe sikhuthazelele konke ngaphandle kokuphazamiseka noma ukuphazamiseka kwengqondo Lowo ongazibophezeli ezintanjeni zaleli zwe, futhi ongazivumeli imizwa engalawuleki ukuba imphonse noma iphazamise ukuthula kwakhe okungokomoya, unokuqonda kwangempela nokuhlakanipha okujulile Indlela yesithathu iwukucabanga okungokoqobo. Umfuni kumele azikhulule ezithiyweni zomzimba ngokuzindla okufanele ukuze abone izindawo eziphakeme zokuqonda futhi athinte ubukhulu bazo. Lokhu kufezwa kuphela ngokuthulisa imicabango eshaya ichibi lomphefumulo, idale amagagasi kanye nokungakhululeki ngaphakathi kwalo. Lapho imicabango ehlukeni iphela, ubuso bamanzi buyazola, futhi isibhakabhaka nakho konke okukuso kubonakala ngokucacile nangokuhlanzeka.

Uma ubeka ibhodlela lamanzi elivaliwe ethangini lamanzi, okuqukethwe yibhodlela kuhlala kuhlukile emanzini azungezile. Kodwa uma ususa uphawu, amanzi asebhodleleni ahlanguka namanzi asethangini. Ngokufanayo, abantu abavamile bahlukanisa uNkulunkulu nokuphila kwabo ngoba isitsha sokwazi kwabo sivinjiwe ukungazi. Kodwa uma uphawu seluphakanyisiwe ngokuzindla okufanele, umfuni uzwa ukuthula kukaNkulunkulu ngaphakathi

nangaphandle komzimba. Ngokuzindla okwandayo, ukuthula kuyakhula, futhi injabulo engokomoya iyavuselelwa.

UNkulunkulu uzungeze isintu nxazonke, kodwa abamboni. Abakwazi ukuzwa ubukhona Bakhe bangempela ngaphakathi kwabo naseduze kwabo ngaphandle kokuthi basuse imbobo noma isihenqo sokungazi futhi bacwilise ukuqonda kwabo ekuqondeni Kwakhe okungcwele.

Uma umuntu eminza olwandle lwezifiso zezinto ezibonakalayo, uzominza. Kodwa uma eminza olwandle lukaNkulunkulu, uzophila phakade naphakade.

Futhi uma nithola uNkulunkulu, bangane bami, nizozizwa ninelisekile ngempela futhi nihlala njalo.

Ubungane babantu bungaphela futhi bunqamuke, kodwa uNkulunkulu ngeke akushiye

Noma ngabe wonke umuntu angakushiya futhi akushiye, uma nje uNkulunkulu enawe, konke kuzoba ngokwakho

Ukuthula, isihawu nezibusiso zikaNkulunkulu makube phezu kwenu

I-Yoga kanye nemibono ephakeme

I-Yoga iyiqoqo lezindlela zesayensi zokuhlenganisa kabusha umphefumulo womuntu noNkulunkulu. Savela kuNkulunkulu futhi kumelwe sibuyele kuYe. Kubonakala sengathi sesihlukene naye futhi kumelwe sibuyisele ngobunye bethu naye ngamabomu. I-Yoga isifundisa indlela yokudlula umbono wokuhlukana futhi siqaphele ubunye bethu noNkulunkulu. Imbongi yaseNgilandi uMilton yabhala

ngomphefumulo womuntu nokuthi ungayithola kanjani
injabulo yawo. Lona umgomo omkhulu we-yoga: ukubuyisa
ipharadesi elilahlekile lokuqonda okungokomoya, lapho
isintu sazi khona ukuthi sasimunye noMoya oNgcwele futhi
.sihlala simunye

Izisekelo zenkolo zangempela kufanele zibe yisayensi
bonke abafunayo abangayisebenzisa ukuze bafinyelele
uNkulunkulu oyedwa kuphela. I-Yoga yileyo sayensi

Kunesidingo esiphuthumayo sendlela yesayensi
eyengeziwe yenkolo. Izimfundiso ezahlukahlukene eziqinile
ziye zagcina abantu behlukene, yize indlu ehlukene
ingenakuma. Ngakho-ke, ubunye bamahlelo nezinkolo
ezahlukene bungatholakala kuphela uma abalandeli
nabasebenzi balezo zinkolo bethola ukuqonda
kwangaphakathi kwangempela ngoNkulunkulu. Kulapho-ke
kuphela lapho siyoba nobuzalwane beqiniso phakathi
.kwesintu ngaphansi kobaba bakaNkulunkulu

Zonke izinkolo ezinkulu zomhlaba zikhuluma ngesidingo
sokuthola uNkulunkulu kanye nobuzalwane besintu, futhi
izimfundiso zazo ziqukethe izisekelo zokuziphatha kanye
nezimiso zokuziphatha Yini-ke edala umehluko kanye
nokwahlukana phakathi kwalezi zinkolo? Kuwukushisekela
okungaboni ezingqondweni zabantu Asikwazi ukufinyelela
uNkulunkulu ngokugxila ekuqineni kwezimfundiso, kodwa
kunalokho ngolwazi lwangempela lomoya waphezulu Lapho
abantu beqonda amaqiniso ajoyekile akha izisekelo
ezibalulekile zezinkolo ezahlukahlukene, zonke izinkinga
ezihambisana nokushisekela okungokwenkolo zizonyamalala
Bonke abantu bangumndenani wami nabathandekayo bami,
ngakho-ke ngikhulekela uNkulunkulu kuwo wonke
amathempeli akhiwe ngenhlonipho Yakhe

Kumelwe siqale ukwakha ubunye bomhlaba wonke,
obusekelwe emcabangweni weThempeli Eliyinkolo Yonke

(iThempeli Lazo Zonke Izinkolo), lihlonipha zonke izinkolo ezibiza ukukhulekelwa kukaNkulunkulu futhi ziqondise abalandeli bazo kuYe. Amathempeli anjalo, anikezelwe kuNkulunkulu oyedwa kuphela okhulekelwa yizo zonke izinkolo, kumele akhiwe yonke indawo, futhi ngibikezela ukuthi lokhu kuzokwenzeka esikhathini esizayo. Abantu baseMpumalanga naseNtshonalanga kumele baqede—futhi babhubhise—izithiyo ezincane, ezenziwe ngaphakathi kwezindlu zikaNkulunkulu. Njengoba abantu bethola ulwazi lwabo nge-yoga, bazoqaphela ukuthi bonke bayathandwa .futhi bakhethwe uNkulunkulu

Lobu bunye obungokomoya bubonakala kwabakhulu abanolwazi lomuntu siqu Izimpumputhe azikwazi ukuhola izimpumputhe Umfundisi ongokomoya kuphela omaziyo uNkulunkulu ngempela ongadlulisela ulwazi oluvela kuNkulunkulu kwabanye Ukuze umuntu aphinde abe nobuNkulunkulu, umuntu kumelwe abe nomfundisi onjalo okhanyiselwe Noma ubani olandela umfundisi weqiniso noma umqondisi ongokomoya uba njengabo, ngoba lowo muntu okhanyiselwe usebenza ukuphakamisa umfundi ezingeni lokuzazi kwakhe. Lapho ngithola uthisha wami ohlonishwayo, nganquma ukumlingisa ngazo zonke izindlela: ukubeka uNkulunkulu yedwa esihlalweni sobukhosi .senhliziyo yami nokwabelana ngezibusiso Zakhe nabanye

Abahlakaniphile bathi ukuze umuntu athole ulwazi olujulile, kumelwe agxilise amehlo akhe futhi agxilise .ukunaka kwakhe esweni elingokomoya elazi konke

Uma ugxilile kakhulu, ngisho nomuntu ongeyena i-yogi ugoqa ubuso bakhe. Leli phuzu liyisikhungo sokugxila kanye nendawo yeso eliyindilinga, eliphinde libe yifasitela lokuqonda okungokomoya. Leli "bhola lekristalu" langempela lapho i-yogi ibheka khona ukuze iqonde izimfihlo zendawo yonke. Labo abafinyelela ekujuleni okwanele ekugxiliseni

kwabo bazokwazi ukungena ngaleli "liso lesithathu" futhi babone uNkulunkulu. Ngakho-ke, abafuna iqiniso kumele bahlakulele ikhono lokukhulula ukuqonda kwabo nokuqonda ngaleli lesithathu. Umkhuba we-yoga usiza umfundi ukuvula .iso elilodwa lokuqwashisa okunengqondo

Ukuqonda, noma ulwazi oluqondile, akuncikile kunoma yiluphi ulwazi lwezinzwa Yingakho kuvame ukubizwa ngokuthi ikhono lokuzwa (umuzwa wesithupha) Wonke umuntu unalo muzwa wesithupha, kodwa abantu abaningi abasebenzeli ukuwuthuthukisa. Kodwa-ke, cishe wonke umuntu ube nokuhlangenwe nakho okuzwayo. Mhlawumbe banomuzwa wokuthi kukhona okuzokwenzeka, bese .kwenzeka naphezu kokungabikho kobufakazi bemizwa

Kubalulekile ukuhlakulela ukuqonda okuqondile, okungaphakathi noma ulwazi lomuntu siqu, ngoba umuntu omazi ngempela uNkulunkulu uyazethemba. Bayazi, futhi bayazi ukuthi bayazi. Kumelwe siqiniseke ngobukhona bukaNkulunkulu njengoba siqiniseka ngokunambitheka kwamakhiwane noma amagilebhisi. Ngaqala umsebenzi wokwethula abanye kuNkulunkulu ngemva kokuba uthisha wami engitshengise indlela eya ekuvumelaneni okuphelele naYe, nangemva kokuba sengibone ubukhona baKhe futhi .ngaqaphela ukuba khona kwaKhe ngaphakathi kimi

INTshonalanga ibilokhu imatasa ngokwakha amasonto amakhulu nama-cathedral okukhulekela, kodwa lezi zakhiwo ezinkulu nezimangalisayo azivamile ukusiza labo abafuna uNkulunkulu ukuba bamthole EMPumalanga, ukugxila ekukhuliseni amadoda olwazi lwaphezulu Kodwa-ke, laba bantu abakhanyiselwe abatholakali njalo kubantu abafuna izinto ezingokomoya, njengoba bevame ukuhlala ezindaweni zokukhosela ezikude nezizimele Ngakho-ke, izikhungo ezingokomoya zibalulekile, lapho abantu bengathola khona ubukhona baphezulu, futhi othisha abakhanyiselwe

bangabasiza kulokhu Umuntu angaluthola kanjani ulwazi
lwaphezulu kumfundisi ongamazi uNkulunkulu? Uthisha
wami wangi qinisekisa ngesidingo sokwazi uNkulunkulu
ngaphambi kokuzama ukukhuluma Ngaye kwabanye, futhi
inhliziyi yami igcwele ukubonga ngesiqondiso sakhe
!Ngempela, wayemunye noNkulunkulu

UNkulunkulu kumele aqale abonakale emzimbeni
wenyama, futhi wonke umuntu ofunayo kufanele acwenge
imicabango yakhe nsuku zonke, ebeka e-altare
lomphefumulo wakhe izimbali ezingenacala, ezinuka
kamnandi zothando oluhlanzekile nolungcwele. Noma ubani
othola uNkulunkulu ngaphakathi uzobona nokuba khona
Kwakhe kuwo wonke amathempeli, isonto, isonto
lamaSulumane, indawo engcwele, kanye nemihlangano
.abangena kuyo

I-Yoga iguqula imfundiso yenkolo ibe yinto engokoqobo
Ukuthanda uNkulunkulu ngenhliziyo yonke kusho
ukususa ingqondo yomuntu ezinzweni bese uyinikela
kuNkulunkulu Ukugxila komuntu ngokuphelele kumelwe
kunikelwe kuNkulunkulu ngokuzindla Wonke umuntu ofuna
uNkulunkulu kumelwe afunde ukugxilisa ingqondo yakhe
Umthandazo owenziwa ngesikhathi ingqondo yakhe imatasa
ngezinye izinto ngesikhathi esisodwa awuqotho futhi
awamukeleki kuNkulunkulu Othisha be-yoga bathi ukuze
umuntu athole uNkulunkulu, kumelwe aqale amfune
ngengqondo yakhe yonke nangokucabanga okuphelele

Abanye bathi amaNdiya afaneleka kangcono kunabanye
ukwenza i-yoga, nokuthi i-yoga ayifanele wonke umuntu
Lokhu akulona iqiniso Abantu abaningi namuhla
basesimweni sokwenza i-yoga ngaphezu kwamaNdiya,
ngoba intuthuko yesayensi inikeze isintu isikhathi esanele
sokuphumula. IMpumalanga idinga ukusebenzisa
ubuchwepheshe obuthuthukisiwe baseNtshonalanga ukuze
yenze impilo ibe lula futhi yaneliseke kakhudlwana, kanti

iNtshonalanga kufanele ifunde eMpumalanga izindlela ezisebenzayo, ezingokoqobo ze-yoga ukuze wonke umuntu athole indlela eya kuNkulunkulu. I-Yoga akuyona ihlelo lenkolo, kodwa isayensi yendawo yonke, esebenzayo, .nesebenzayo esingathola ngayo uNkulunkulu

I-Yoga ingeyawo wonke umuntu: kubantu baseNtshonalanga nabaseMpumalanga ngokufanayo. Akunakushiwo ukuthi ucingo aluyona eyaseMpumalanga ngoba nje lwasungulwa eNtshonalanga. Ngokufanayo, imikhuba ye-yoga eyathuthukiswa eMpumalanga ayiyona eyeMpumalanga kuphela kodwa izuzisa sonke isintu

Kungakhathaliseki ukuthi umuntu uzalelwa eNdiya noma kwenye indawo emhlabeni, ngelinye ilanga uzofa. Kodwa umuntu angazilahlekela kuNkulunkulu nsuku zonke, noma ngabe i-Yoga inikeza indlela kanye nekhono lokwenza .kanjalo okwesikhashana

Abantu bahlala emizimbeni njengeziboshwa eziboshiwe, futhi lapho isikhathi sabo sesiphelile, bahlushwa ihlazo lokuxoshwa. Uthando lomzimba alulutho ngaphandle kothando lokuboshwa. Ngoba sesijwayele ukuhlala ekhejini elingokwenyama, sesikhohliwe incazelo yenkululeko yangempela. Akukho sizatho sokungafuni inkululeko. Ukuzitholela wenanokuqonda imvelo yakho yaphakade .kubalulekile kuwo wonke umuntu. I-Yoga ikhanyisa indlela Umphefumulo kufanele ukhuphukele kuNkulunkulu futhi Ngaphambi kokuba kube khona indawo yonke, ukwazi kwendawo yonke kwakukhona Kuyini ukuqonda kwendawo yonke noma kwendawo yonke? NguMoya Ophelele, noma uNkulunkulu ongenamkhawulo nongenamingcele, okhona phakade, oqaphelayo, novuselelayo njalo , ofihliwe ngemuva kwazo zonke izinhlobo zendalo yonke, izimo, kanye nezenzakalo Lapho indalo iba khona, ukuqonda kwendawo yonke okwabonakala endaweni yonke ebonakalayo

njengokuqonda okungokomoya, ukubonakaliswa okumsulwa
kwengqondo kaNkulunkulu kanye nokwazi, okukhona futhi
okufihliwe kuyo yonke indalo Lapho ukuqonda
okungokomoya kwehlela emzimbeni womuntu, kwaba
umphefumulo noma ukuqonda okuphakeme: injabulo
yaphezulu, ekhona phakade, eqaphelayo, futhi evuselelayo
njalo, ekhona ngamunye ngaphakathi kwesakhiwo somzimba
Lapho umphefumulo womuntu uhlangene nomzimba,
ubonakala njengokuzazi noma i-ego I-Yoga ifundisa ukuthi
umphefumulo kumele ukhuphukele esitebhisini sokwazi
ukuze ufinyelele umoya waphezulu
Imfihlo yenjabulo: ukuzwa ubukhona bukaNkulunkulu
Kulungile ukujabulela impilo; injabulo yangempela
itholakala ekunganamatheli kunoma yini Jabulela iphunga
lembali, kodwa zama ukubona uNkulunkulu kuyo. Ngigcine
izinzwa zami ziqaphile ukuze, ngokuzisebenzisa, ngihlale
ngicabanga ngoNkulunkulu futhi ngizwe ubukhona Bakhe
enhliziyweni yami. "Amehlo ami adalelwe ukubona ubuhle
Bakho yonke indawo, Nkosi, izindlebe zami zadalelwa
ukuzwa izwi Lakho elihlanganisa konke." Leyo yi-yoga:
ukuhlangana noNkulunkulu. Asikho isidingo sokuya ehlathini
ukuyomthola. Imikhuba yezwe izosibopha noma ngabe
sikuphi size sizikhulule kuyo. I-yogi iyazi ukuthi ingamthola
kanjani uNkulunkulu emhumeni wenhliziyo yayo. Nomaphi
lapho iya khona, iphethe ukuqonda okubusisiwe kokuba
.khona kwaphezulu

Isintu asigcinanga nje ngokufinyelela ezingeni
lokuqwashisa ngezinzwa, kodwa futhi sesigqilazwe yizimo
ezingavamile zokuqwashisa ngezinzwa, njengokuminza,
intukuthelo, nomona Isintu kumele sizisuse kulokhu kungcola
kanye nokuphambuka ukuze sithole uNkulunkulu Bobabili
abaseMpumalanga nabaseNtshonalanga kumele bakhululwe
kulobu bugxwayiba obuhambisana nezinzwa Umuntu
ovamile angase athukuthele ngoba engaphakelwanga ikhofi,

eqiniseka ukuthi lokhu kuswela kuzombangela ikhanda
elibuhlungu! I-yogi ephelele ingumuntu okhululiwe

Wonke umuntu unethuba lokuba yi-yogi noma ngabe
ukuphi njengamanje. Kodwa sivame ukucabanga ukuthi
noma yini engaphandle kwemingcele yempilo yethu evamile
kanye nemikhuba yethu iyingaba futhi kunzima
.ukuyifinyelela

Umkhuba we-yoga unikeza inkululeko Amanye ama-
yoga athatha ukuzihlukanisa nokuzincisha ukudla
ngokweqile. Athi umuntu kufanele alale embhedeni wezipikili
ngaphandle kokuphazamiseka, futhi anikeza ezinye izinhlobo
zokuziqeqesha ngokomzimba ezingenasisekelo
ezimfundisweni zamaSulumane. Kuyiqiniso ukuthi umuntu
ongakwazi ukuhlala embhedeni wezipikili kodwa acabange
ngoNkulunkulu ubonisa amandla amakhulu engqondo.
Kodwa izenzo ezinjalo ezingavamile azidingeki; umuntu
angahlala nje esihlalweni noma embhedeni okhululekile futhi
.azindle ngoNkulunkulu

Uchwepheshe we-yoga uPatanjali uthi noma yikuphi
ukuma komzimba okuvumela umgogodla ukuthi ugcinwe
uqonde kufanelekile ukuzindla, okungukuthi, ukugxila ku-
yoga kuNkulunkulu. Akudingeki ukwenza izinguquko
eziguquguqukayo ukuze uzijwayeze izivivinyo ezidinga
ukukhuthazela ngokomzimba okungavamile kanye
nokuguquguquka, njenge-Hatha yoga. UNkulunkulu
ungumgomo oyinhloko, futhi umuzwa wokuba khona Kwakhe
yilokho okufanele sikulwele futhi sisebenzele ukukufeza. I-
Bhagavad Gita ithi: "Lowo ogxile ngokuphelele kuNkulunkulu
futhi ocwiliswe Kuye ungumuntu olinganiselayo kunabo
"bonke

Ama-yoga aseNdiya abonise ukungangenwa
ngokuphelele emakhazeni amakhulu nasekushiseni, noma
ekulunyweni komiyane nezinye izinambuzane ezicasulayo.

Lezi zimfanelo azizona izimfuneko zokuba yi-yoga, kodwa ziyizimfanelo zemvelo zochwepheshe. Zama ukususa noma ukubekezelela izinto ezingathandeki uma kudingeka, ngaphandle kokucindezeleka ngokwengqondo. Uma umuntu engaba ohlanzekile, asikho isidingo sokuba ongcolile. Umuntu angase anamathele kakhulu ekuhlaleni endlini encane njengoba enjalo nokuhlala esigodlweni esikhulu. Isici esikhulu ekufinyeleleni impumelelo engokomoya ukukhuthala nokuphikelela. Ngempela, isivuno siningi, kodwa bambalwa abazimisele ukusivuna! Abantu bezwe bafuna izipho nomusa kaNkulunkulu, kodwa abahlakaniphile .bafuna uMniki uqobo lwakhe

Noma ubani ofisa ukuba yi-yogi kumele azindle Lapho evuka ekuseni, i-yogi ayicabangi ngokudla okuzokondla umzimba wayo kuqala, kodwa kunalokho inikeza umphefumulo wayo umpe wobudlelwano obungcwele. Igcwele ugqozi lokuzindla okujulile, ingafeza yonke imisebenzi yayo yansuku zonke ngenjabulo nangokulangazela. UNkulunkulu wadala lo mhlaba njengoba kuyinhloso. Uhlelo lwakhe luwukuba isintu sisebenzele ukuthuthukisa umhlaba. Abantu baseNtshonalanga bathambekele ekufuneni njalo izinto ezintsha nezithuthukisiwe, kuyilapho abaseMpumalanga bethambekele ekunelisekeni ngalokho abanakho. Kukhona okuthile okufiselekayo emoyeni waseNtshonalanga osheshayo kanye nomoya waseMpumalanga ohlosiwe, futhi .kumelwe sithole indlela ephakathi phakathi kwalokhu okubili

Ukuzindla kudala i-yogi

Ukuze umuntu athole uNkulunkulu, kufanele azindle njalo ekuseni nakusihlwa, futhi noma nini lapho kungenzeka emini. Ngaphezu kwalokho, kubalulekile ngomuntu ofisa ukuzindla ukuba anikele amahora ambalwa nsuku zonke ekuzindleni. Lokhu akusikho okungenangqondo. Abanye

abantu baphishekela izinto abazithandayo amahora
amaningi nsuku zonke ngaphandle kokukhathala noma
ukukhathala. Labo abafisa ukuthuthuka ngokomoya kufanele
banikele isikhathi esengeziwe kuNkulunkulu. Kumelwe senze
uNkulunkulu azizwe sengathi simthanda ngaphezu kwakho
konke. Lapho umuntu eba nekhono ekuzindleni futhi ekwazi
ukungena ekuqondeni okuphakeme, ngeke adinge amahora
angaphezu kwamahlanu okulala ngosuku. Umuntu
angasebenzisa amahora athile ebusuku, ekuseni kakhulu,
namaholide ukuze azihlole futhi azindle ngoNkulunkulu.
Ngale ndlela, noma ubani, ngisho nomuntu omatasa kakhulu
futhi omatasa kakhulu, angaba yi-yogi—uma efisa kanjalo—
ngaphandle kokudinga ukugqoka isigqoko noma ukukhulisa
.izinwele zakhe zibe zinde

Izindawo zokukhulekela zingamaseli, kanti uju luwulwazi
oluqinisekile lokuthi umuntu ungumoya futhi munye
noNkulunkulu. Kuyiqiniso ukuthi uNkulunkulu ukhona kuzo
zonke izindawo zokukhulekela, kodwa ukuya nje kulezo
zindawo ezingcwele akwanele ukukholisa uNkulunkulu ukuba
azembule. Ukuvakashela njalo izindawo zokukhulekela kuhle,
kodwa ukuzindla kwansuku zonke kungcono, futhi kokubili
kufanele kwenziwe ndawonye ngoba ukuya ezindaweni
zokukhulekela ngokungenakugwenywa kuletha ugqozi,
kuyilapho ukuzindla kwansuku zonke kuholela entuthukweni
enkulu yokomoya. Lapho inhliziyo yomuntu ofunayo ivutha
ngentshiseko, futhi lapho ethandaza ngemva komthandazo,
.uNkulunkulu uphendula ubizo lwakhe

Lokhu kuzinikela okungantengantengi kubalulekile
ekumtholeni. Ukuze ube yi-yogi futhi ngesikhathi esifanayo
uhambisane nomoya nezidingo zesikhathi, umuntu kumelwe
azindle ekhaya, azithibe, futhi afeze yonke imisebenzi
ngenxa yothando nokukhonza uNkulunkulu. Isifiso sami
esikhulu ukwakha amathempeli kaNkulunkulu
emiphefumulweni yabantu nokubona ukumamatheka

kukaNkulunkulu okukhazimulayo ebusweni babo.
Impumelelo enkulu empilweni ukuthi umuntu anikezele
ithempeli kuNkulunkulu emphefumulweni wakhe. Lokhu
kungenziwa kalula, futhi kungenxa yale njongo ukuthi
ukuzazisa kwafika emhlabeni. Noma ngubani obeka
uNkulunkulu esihlalweni sobukhosi emphefumulweni wakhe
uyi-yogi futhi angasho nami ukuthi i-yoga
ingeyaseMpumalanga, eNyakatho, eNingizimu,
naseNtshonalanga. Yeyabo bonke abantu ngaphandle
kokukhetha. Izindlela zemfundiso yenkolo ziyizindlela
zesibili, kanti indlela ye-yoga iyindlela eholela esigodlweni
senjabulo yaphezulu, lapho, uma isifinyelelwe, umuntu
.engasuki khona

Ukuthula makube phezu kwakho

imbewu engokomoya

Ngifundise, Nkosi, ukuba nesibindi nesibindi,
ngokuzimisela nangokubekezela, ngenkathi uthatha
izinyathelo zokuqapha futhi uqaphile

UNkulunkulu usenhliziyweni yami futhi ungizungezile,
ungiqaphile futhi ungiqaphile Ngakho-ke, ngizosusa
ubumnyama bokwesaba obufihla ukukhanya Kwakhe
okungiqondisayo futhi bungenze ngikhubeke ebumnyameni
bamaphutha

Siba njengalabo esihlala nabo futhi sihlangane nabo,
hhayi nje kuphela ngengxoxo nokuxhumana, kodwa futhi
nangokudlidliza okungabonakali kwamandla kazibuthe
abakuphumayo. Uma singena ensimini yabo yamandla
kazibuthe, sithinteka ngokungazi amandla kazibuthe abo.
Ngakho-ke, kubaluleke kakhulu kulabo abafisa ukukhula

ngokomoya ukuba bahlangane nalabo abanokuthambekela okungokomoya, ukuze bakhuthazwe, balondoloze intshiseko yabo, futhi bakhulise ukulangazelela kwabo uNkulunkulu.

Labo abanokuqonda okukhanyiselwe baqoqa ama-rose eqiniso futhi basebenzele ukukhanyisela nokuhlobisa imiphefumulo ngezimfanelo ezinhle ukuze bangene epharadesi lokuhlakanipha.

Uthando lwakho, Nkosi, lwanele konke

Nakuba uthando lwendalo yonke lubonakala emafasiteleni amancane othando lwabantu olunezinhlangothi eziningi, lapho ucabanga ukuthi usulubonile, luyaqhubekela phambili futhi luqhubeke kuze kube yilapho usukwazi ukubona konke okukulo ngefasitela lokuqonda kwakho kwendawo yonke.

Kungcono ukuthi sihlale ndawonye sixoxe ngemibono yethu ngezingqondo ezivulekile nenhlonipho, sikhumbula ukuthi abantu abahlakaniphile abaxabani kodwa baxoxa ngokuthula nangokuhluzeka.

Umuntu kufanele aziqeqeshe yena kanye namalungu omndeni wakhe ukuba agweme ukuhleba ngabanye noma ukukhuluma kabi ngabo, kodwa kunalokho agxile ekuzithuthukiseni nasekulungiseni amaphutha akhe. Akufanele sizonde abanye ngoba nje behlukile kithi, noma ngoba imibono yabo ihlukile kweyethu, futhi akufanele siphikelele ngokuthi izinkolelo zethu yizo zodwa ezifanele.

O mthombo wothando, masizizwe sengathi izinhliziyiyo zethu zigcwele futhi ukoma kwethu kuqedwa yikuchichima kothando lwakho

Umuntu kufanele afunde ukulalela ngaphezu
kokukhuluma, ukuhlala buthule, nokujabulela ukuba
nabanye abantu

Uma ugxilisa ukukhanya kwelanga ngelensi yokukhulisa
endaweni encane, kukhiqiza ukushisa, futhi lokho kushisa
kungavuthisa ukhuni, indwangu, iphepha, nezinye izinto.

Ngokufanayo, lapho ingqondo igxile ngokunembile,
amandla ayo agxilile angashisa ububi nezimpande
zokungabaza ngemuva kokuhluleka ngakunye futhi enze
ukukhanya kokuhlakanipha kukhanye ngokukhanya
nokukhanya.

Uma ingqondo ivumelana noNkulunkulu, umthombo
wabo bonke ubuhle kanye nomsuka wawo wonke amandla
abusisiwe, iyaqaphela ubukhona bukaNkulunkulu futhi ibe
nazo zonke izici zempumelelo. Lezi zinto zihlobene eduze
namandla amakhulu kaNkulunkulu, ezikwazi ukudala izizathu
ezintsha namathuba empumelelo kunoma yimuphi
umkhakha.

Lapho izinhlungu nokudideka kungizungeza, ake, Nkosi,
ngizizwe ngiphephile futhi ngivikelekile engabeni
engenakuphikiswa yobukhona bakho obuvikelayo.

Uthando luyingoma yenhliziyo ehlatshelwa
umphefumulo kuNkulunkulu

Ukoma kwami okungapheli kungaqedwa kuphela
ngokuthinta kwakho okubusisiwe emphefumulweni wami,
okuvutha ukulangazelela Wena. Isiphepho sokuphelelwa
yithemba sesiphelile, imimoya yokuphelelwa yithemba
isithulile, futhi amaconsi okuthula kwakho athambile yonke
imisipha yomphefumulo wami, agcwalisa inhliziyi yami
ngokwaneliseka, futhi manje sengihlabelela futhi
ngihlabelela igama lakho elibusisiwe.

O Nkulunkulu, ngenze ngibe inyoni yasepharadesi
ejabulela ukuphuza emithonjeni yakho yokuphulukisa
egeleza ivela emazulwini obukhona bakho obungcwele
kakhulu yonke indawo

Iqiniso liqala ukufika engqondweni yethu njengamaconsi
amazolo amancane, acacile [emacembeni e-rose]

Kungakhathaliseki ukuthi indima yakho incane futhi
iphansi kangakanani emdlalweni wokuphila, ukubaluleka
kwayo kufana nokwendima enkulu kakhulu maqondana
nokufaka isandla empumelelweni yomdlalo.

Ake ngibheke, Nkulunkulu, imithetho yobuhle hhayi
ngokwesaba nokwesaba, kodwa ngenduduzo nothando.
Futhi ake ngikhumbule ukuthi imfanelo, okungenzeka kube
nzima ukuyilandela ekuqaleni, ekugcineni ibeka umqhele
wenjabulo nokwaneliseka ekhanda lami lapho imithetho
yayo ilandelwa.

Futhi ngisize, Nkosi, ukuba ngingakhohlwa ukuthi ububi
obuthembisa injabulo ethile ekuqaleni buletha usizi olukhulu
nosizi.

Uthando lwabantu kumele lwandiswe futhi ludluliselwe
othandweni olungcwele

Uthando lwaphezulu luzama ukuziveza
emiphefumulweni yabantu ngemigudu eyahlukene kanye
nokubonakaliswa kothando lomshado nolwabazali kanye
nothando lwabangane komunye nomunye.

Ubudlelwano obuningi nobuningi emindenini
nasemphakathini buyizizathu ezidingekayo zokuhlaza
uthando lwabantu ekungcoleni nokuluguqula lube uthando
olungokomoya olumsulwa

Iziqinisekiso:

Ngokusa kosuku ngalunye, ngizothululela wonke
umuntu engihlangana naye amagagasi enjabulo

Ngizoba yilanga elikhanyayo engqondweni yawo wonke
umuntu odlula endleleni yami

Ngizokhanyisa amakhandlela okumamatheka
ezinhliziyweni zabadabukile nabadabukile

Sasingadalelwanga ukuphila encithakalweni yezifiso
ezingenalutho kanye nosizi lwamathemba anyamalalayo.
Sisize, Nkosi, ukuba sigqabule izibopho ezisibophayo futhi
sakhe indlela yethu ngokuzimisela okungantengantengi,
sidabule ehlane lemikhawulo, siye ezweni elisha
elijabulisayo.

Nkosi, ake ngizwe ukusondela kwakho futhi ngizwe
ubukhona bakho ekujuleni kwemizwa yami, futhi ake
ngiqaphele ukuthi ukuhlakanipha kwakho okukhanyayo
kusekela ukuqonda kwami, nokuthi impilo yami
iyisibonakaliso sempilo yakho eyingqayizivele
neyingqayizivele.

Unya luyisifo esingokomoya, futhi noma ubani ozitika
ngezenzo noma imizwa enonya uzilethela ukungajabuli futhi
alimaze uhlelo lwakhe lwezinzwa.

Inhliziyo iyisikhungo semizwa, futhi umuntu akufanele
aphazamise inhliziyo yomunye umuntu

UNKulunkulu uyingcebo yami yangempela futhi
ngicebile ngaye

Isimo esivumelanayo ngamazwi:

Ukuzithiba

Ukuthanda abanye

Umusa ezilwaneni

Uthando lwezimfanelo ezinhle

Uthando lokuthula nokuthula

Uthando olukhulu
Ukubonisa ububele kwabampofu nabaswele nokubasiza
Ukwethembeka okuzenzakalelayo kungakhathaliseki
ukuthi imiphumela injani
Ukwenza umsebenzi ngenxa yothando ngomsebenzi
kanye nenhlonipho yawo
Uthando lokulunga kanye nokuguqulwa
Ukujabulela ukunambitheka kwezincwadi nokwenza
lokho okudingeka kwenziwe
Ukuzihlonipha
Isizotha
I-Raqqa
Ukwethembeka
Ubukhosi
ukubekezela
Ukubekezelelana
Ilandela izinyathelo zemiphefumulo emikhulu kanye
nezingqondo ezikhanyisiwe
Ukwethembeka
Ukufaneleka
umusa
Ubulula nokucaca
Ibhalansi
Imizwa engokomoya
Ukwaneliseka
Uthando lokuhlanzeka ngokomzimba kanye
nokuhlanzeka kwengqondo
Ukuthobeka nokugwema ukuzikhukhumeza
Uthando lobuhle
Ubulungiswa
Ukukhumbula umusa oboniswe kulabo
abawufanelekelayo
Ukuhlonipha izinto ezingcwele
Kusukela encwajaneni ethi: Ishadi Lezengqondo

Imizwa engokomoya ingatholakala ngokuqeqesha
ingqondo ukuba ijabulele izimfanelo zemicabango emihle
endaweni efihliwe ngaphakathi kumuntu.

Nkosi, uthando olugeleza ezinhliziyweni zabantu
lungilinge ukuba ngifune umthombo wothando olumsulwa
kuwe

Emoyeni wami othule, ngiyakhothama ngokuthobeka
phambi kobukhona bakho obuphelele, ngazi ukuthi uhlala
ungiqondisa ezindleleni zokuzazi.

Ngizokufuna, Nkulunkulu wami, ngize ngikuthole, futhi
lapho ngikuthole, ngizokwamukela ngokubonga zonke
izibusiso nezinto ezinhle ongipha zona.

Ngisemicabangweni yami ngedwa, ngilangazelela,
Nkosi, ukuzwa izwi Lakho Susa kimi amaphupho amabi
amazwi ahlabaya asesezinkumbulweni zami Ngifuna
ukulalela izwi Lakho elizolile nelimnandi kuze kube phakade
ekuthuleni komphefumulo wami

Nkosi, makuthi izimvula zesihawu sakho ziwele phezu
kwemphefumulo yethu futhi zihlanze udaka lokungazi
olubambelele kuyo, ukuze ithole ubumsulwa bayo kanye
nokucaca kwayo futhi ikhanye ngokukhanya kwakho
kwaphezulu.

Kungakhathaliseki ukuthi sisemihumeni yasezintabeni
noma phakathi kwemigwaqo ematasa, noma emahlathini
empilo yanamuhla noma ngabe siyaphi noma ngabe
siphendukela kuphi, empumalanga nasentshonalanga,
enyakatho naseningizimu nakuyo yonke indawo, ake, Nkosi,
sizwe ukusondela kwakho ukuze izinhliziyo zethu
ziqinisekисwe ubukhona bakho obuvikelayo.

Masifane nezimbali nama-rose, futhi masisakaze
amacembe esisa nomusa lapho siqondwa kabi, ngoba

ngokuzithiba nokuziphatha okufanele sizobona ukuthi siyingxenywe ebalulekile yobuhle obukhulu.

Phuza waneliseke emanzini okuthula ageleza emithonjeni yezimo ezinhle kanye nasekuzimiseleni kwakho ukuba nombono omuhle nokuba nesimo sengqondo esakhayo.

Ungafuni injabulo kuphela ngezingubo ezinhle, ukudla okumnandi, ifenisha ebizayo, ukunethezeka nokuzitika, ngoba lezi zinto zizobamba injabulo yakho ngemuva kokubonakala kwangaphandle Kunalokho, vumela umcabango wakho ukhuphuke ngaphezu kombuso wemibono engenamkhawulo.

Eqinisweni, wonke umuntu uyahlupheka, ngezinga elithile, ngenxa yenkinga yentukuthelo, ngaphandle uma esefinyelele esigabeni esithuthukile sokuqwashisa, isigaba sokuthokoza ngokomoya noma isimo sokuthula.

Intukuthelo – nganoma yiluphi uhlobo oluthathayo – ivela ekungakwazini ukufeza isifiso Njengoba kungekho injabulo yangaphakathi evela ekuxhumaneni komphefumulo nomthombo wawo waphezulu, umuntu uzama ukufeza izifiso zakhe ngezinjabulo zemizwa ezingajabulisi ngokwemvelo ngenxa yokungapheli kwazo kanye nemiphumela evame ukuba mibi.

Lezo zifiso zivame ukudala ukukhungatheka bese kuba yintukuthelo, okuholela ekubhujisweni kokuqonda okungokomoya.

Indlela ephumelela kakhulu yokunqoba intukuthelo ukubhekana nomsuka wayo: izifiso Uma izifiso ziba ziningi, kulapho kuzoba khona ukukhungatheka okukhulu

Akunakwenzeka ukugcwalisa zonke izifiso ngoba izifiso azinakwaneliseki futhi azinamkhawulo. Lapho sizama kakhulu ukugcwalisa isifiso, sinamathela kakhulu kuso, futhi lapho ukunamathela kwethu kuqina, kulapho ubuhlungu

bethu bukhula khona lapho sincishwa konke
okwakungakwanelisa izifiso zethu futhi kugcwalise izifiso
zethu.

Impumelelo, impilo ekhululekile, ukwelapha izifo
ezingelapheki, kanye nemikhuba yokulawula konke lokhu
kungafinyelelwa futhi kufezwe

Uma usugede zonke izindlela kanye nemizamo yezinto
ezibonakalayo futhi wazithola zingenamsebenzi, vula
umnyango wangaphakathi bese amandla angokomoya
egeleza axoshe bonke ubuthakathaka, ukwehluleka kanye
nokukhungatheka.

Uma ufuna usizo lukaNkulunkulu ekuzindleni
nasekugxiliseni ingqondo okujulile, okuthule, uzothola
umthombo wamandla angokomoya ongapheli

UNkulunkulu akakhethi futhi uphendula bonke abafuna
usizo lwakhe ngobuqotho

Lapho ngithola uNkulunkulu ngaphakathi kimi,
ngamthola yonke indawo

Bengilokhu ngimlangazelela kakhulu kusukela
ngiseyingane, futhi ngesinye isikhathi ngisengumfana
omncane ngabhala incwadi. Yebo, ngabhala incwadi eya
kuNkulunkulu ngayibiza kanje:

"KuNkulunkulu Ezulwini" futhi ngayibeka ebhokisini
leposi

Uma sibhalela othile, silindele impendulo Lapho
ningayitholi impendulo, ngakhala izinyembezi eziningi
Kodwa impendulo ekugcineni yafika kimi, hhayi ngamazwi
abhalwe ephepheni, kodwa ngombono omangalisayo
okhanyayo

Wonke umuntu angathola impendulo evela
kuNkulunkulu uma umzamo ungowokungathi sína futhi
umzamo uqhubeka njalo

Uma uqondisa imibuzo yakho kuNkulunkulu,
uyihlanganise ngemizwa ejulile, bese uyithumela ngeposi

yokuzindla, khona-ke ngokwethembeka nangokuqinisekile
uzothola impendulo.

Ukuthula kuvela ngaphakathi komphefumulo; yindawo
yangaphakathi ebusisiwe lapho injabulo iqhakaza futhi
ichume khona

Abantu bayamukela kalula imibono eminingi
yokungapheleli ngaphandle kokungabaza okukhulu, ngaleyo
ndlela bavumela leyo mibono ukuthi ilawule izimpilo zabo
kanye nekusasa labo. Abacabangi abasamukeli kalula isimo
esikhona; kunalokho, balwela ukusishintsha, futhi yilokhu
kanye okwenza intuthuko ibe nokwenzeka.

Abacabangi bacabanga ngendawo ebazungezile futhi
bamangazwe yilokho abakubonayo. Babheka eduze bese
bebuza ukuthi kungani izinto zenzeka noma zingenzeki
ngendlela ethile.

Ngaphezu kokudla, ukulala nokusebenza, umuntu
kulindeleke ukuthi athole okuthile okuyigugu kulokhu
kuphila.

Ubugovu kumele buqedwe, futhi lokhu kungafezwa
ngokuhlakulela umoya wobuzwelo. Kumelwe sikhathalele
abanye, futhi indlela engcono kakhulu yokufundisa lokhu
iwukuba nesibonelo esihle.

Kunzima ukujabulela ukuchuma nokuphila
okunethezekile enkathini yobugovu nokuhaha Uma singase
sithi, "Izibusiso zikaNkulunkulu zingezami futhi zingezakho,"
leli zwe lizoba indawo engcono

Uma sihamba emigwaqweni yedolobha, sizithola
sizungezwe izindonga, kodwa uma sigibela indiza, zonke
izithiyo ziyanyamalala, bese sibona indawo engahlukanisiwe

Ngokufanayo, uma sihamba edolobheni elinobugovu kanye nomqondo omncane, sizizwa siboshwe yimibono eqinile nelinganiselwe yokuzibusa. Kodwa uma sigibela indiza yokuvuleka kanye nobubanzi obubanzi, sibona isikhala esingenamkhawulo sobuzalwane bomuntu nothando.

Umuntu owela ezindleleni ezinde zobubi akazizwa ephikiswa, kodwa ngokushesha nje lapho ezama ukumelana nemikhuba elimazayo kanye nokuthambekela okungalungile ngokwamukela imithetho engokomoya yokuzithiba, uthola ukuthi izilingo ezingenakubalwa sezivukile ukuze zilwe nemizamo yakhe futhi zivimbele imizamo yakhe emihle.

Ngezinye izikhathi imicabango isebenza kangcono kunamazwi Ingqondo yomuntu ingumthumeli nomemukeli onamandla kunabo bonke Uma uqhubeka usakaza imicabango emihle, egcwele uthando, leyo micabango izoba nomthelela omuhle kwabanye Ngokufanayo, uma uveza imicabango egcwele umona noma inzondo, abanye bazoyithola leyo micabango futhi baphendule ngendlela efanayo

Ngicela uNkulunkulu ukuba asekele imizamo yakho ngamandla nezibusiso Zakhe. Uma umthandazo uqotho futhi izinhloso zimsulwa, ushintsho olufiselekayo luzokwenzeka ngosizo lukaNkulunkulu.

Imisindo yonyaka odlule, kanye nosizi nokuhleka kwayo, isiphelile, futhi manje imisindo yengoma yoNyaka oMusha ihlabelela ngokukhuthazayo, imemezela ithemba, futhi **ihlebela :**

"Buyekeza impilo yakho ngokuphelele. Lahla ukhula lokwesaba okudala. Futhi ensimini elahliwe yesikhathi esidlule, qoqa futhi usindise kuphela imbewu yenjabulo, impumelelo, amathemba, imicabango emihle nezenzo, kanye nezifiso ezinhle neziphakeme."

Enhlabathini enamazolo yosuku ngalunye olusha, tshala lezo mbewu ezinamandla, uzinisele, futhi uzinakekele zize zikhule futhi ugcwalise impilo yakho ngezinzuzo ezingavamile zokuqhakaza.

Unyaka omusha uyahlebeza:

"Vusa umoya, othunjiwe yimikhuba, bese uwukhuthaza ukuba wenze imizamo emisha nezuzisayo. Ungayeki ukuzama, futhi ungaphumuli kuze kube yilapho uthola inkululeko yaphakade futhi unqobe i-karma (imiphumela yokuphishekela nokuphishekela njalo yezenzo zangaphambilini)"

Ngengqondo evuselelwe futhi sidakwe yinjabulo evuselelwa njalo, masijabule ndawonye futhi sihambe sibambene ngezandla siya endlini yasezulwini lapho singasayi kuphuma khona futhi.

Intukuthelo kanye nenkumbulo yendlovu

Labo abafisa ukuthula kwangaphakathi kumele baqonde ukuthi intukuthelo idalwa kanjani futhi ivame ukubangela imiphumela emibi

Ngenxa yokulahlekelwa yibhalansi yangaphakathi okubangelwa yintukuthelo, abantu abaningi baphendukele ngokungemthetho baba yizigebengu nababulali abomele igazi

Ukuvimbela izifiso kuphuphuthekisa ingqondo Lapho inkungu yezifiso ibamba ingqondo yomuntu, ulahlekelwa yimizwa yakhe futhi aziphathe ngendlela engafanele umuntu ohloniphekile.

Ukulahlekelwa yingqondo kudida ukuqonda okungokwemvelo okuyiwona mandla ashukumisayo ngemuva kwazo zonke izenzo ezizwakalayo kanye nenhloso enhle

Uma isiteringi semoto yengqondo yomuntu singasebenzi kahle, nakanjani uzoba nengozi futhi angase azithole esemgodini wobuhlungu nosizi.

Isibonelo: Indoda ishayela ngenjabulo, futhi endleleni eya epaki, umkakhe uyicela ukuba ishintshe indlela iye endlini yabazali bayo esikhundleni sokuya epaki, futhi lapha injabulo yayo iphenduka intukuthelo.

Ngikhethe lesi sibonelo ngoba kuyinto evamile Ezimweni ezivamile, umphumela uba ukuthi indoda yenqabe isicelo somkayo noma ivumelane ngentukuthelo nokungajabuli, futhi yilokhu okwenzekayo ngokuvamile Kuzo zombili izimo, intukuthelo iyathatha indawo, isimo siba sibi, futhi ukuthula kuyaphazamiseka

Kwezinye izimo, intukuthelo ingaba yinhlekelele kulabo abanolaka olunobudlova Intukuthelo ingathinta inkumbulo, noma umshayeli angakhohlwa ukushayela ngokucophelela nangokucophelela, noma angadebeselela ukuqaphela izimpawu zomgwaqo, okuholela engozini noma, uNkulunkulu angavumi, ukufa

Ekuphetheni, intukuthelo ibopha isiteringi sentando enqoleni yokuphila futhi iyivimbele ekufinyeleleni imigomo yayo yezinto ezibonakalayo nezingokomoya.

Inkumbulo yendlovu:

Ikhono elibizwa ngokuthi "inkumbulo" liyisipho esivela kuNkulunkulu esintwini, futhi yeka isibusiso esikhulu! Inkumbulo inikezwa nezilwane; ngaphandle kwayo, bezingeke zikwazi ukubona amaphuphu azo Ezinye izilwane zinezinkumbulo ezinhle kakhulu, njengoba indaba elandelayo ngendlovu ibonisa

Ngesikhathi indlovu enkulu ithutha izingodo, njengoba kwenza izindlovu eziningi eziqeqeshwe eMpumalanga, umfana othile wasondela kuyo, wayihlaba ngenaliti esiqwini sayo, wabaleka.

Kwadlula unyaka ngemva kwaleso sigameko, futhi indlovu efanayo yahlangana nomfana ofanayo endleleni. Kwakuyisikhathi esifanele sokuba indlovu iziphindiselele. Ngakho-ke, yambopha umfana ngomboko wayo yamphonsa

ngobudlova ngakolunye uhlangothi lomgwaqo. Ngakho-ke, izilwane zinezinkumbulo.

Uma inhliziyo igcwele uthando lukaNkulunkulu namehlo ekhanyiswa ukukhanya Kwakhe, amandla okuzibutha komuntu aba ngokwemvelo engokomoya Kunomehluko omkhulu phakathi kwamandla okuzibutha angokomoya, anethonya lawo elimangalisayo, kanye namandla okuzibutha angokobulwane, aqhutshwa yizinkanuko kanye nemvelo. Amandla okuzibutha angokomoya asekelwe ekuzinikeleni nasekuzuzeni abanye, kuyilapho amandla okuzibutha angokobulwane eqhutshwa ubugovu kanye nokuxhashazwa kwabanye.

Umuntu angazinikeza iziphakamiso ezinhle ezinomthelela omuhle engqondweni engaphansi kokuqonda, okuthi kamuva kuthinte ingqondo eqondayo Iziphakamiso ezimbi, kungakhathaliseki ukuthi zenziwe nguwe noma zivela komunye umuntu, ziyingozi ebuchosheni futhi kufanele zigwenywe

Umuntu usinika iseluleko sakhe bese esishiya ukuze sivune izithelo zezenzo zethu [okungaba umphumela weseluleko sakhe esingalungile]

Indlela kaNkulunkulu ihlala iholela enjabulweni nasebuhleni

Ngokusobala kokuzindla okujulile, ngizonikela ngokukhanya kwaphezulu okugeleza njalo ekujuleni kwami, futhi ngizophakamisa uthando lwami kanye nokulangazelela kwami kuMninimandla onke.

Ngizwa ubukhona Bakho, Nkosi, ekujuleni komphefumulo wami, futhi ngikubona uqhakaza ensimini yothando lwami. Ngimboze ngothando Lwakho futhi ungivumele ngijabulele iphunga Lakho elibusisiwe.

Nkosi, ngiphe ukuthula ukuze umphefumulo wami uthole ukuphumula futhi ubone imisebe yethemba ngemuva kwamafu okunganaki Kwangathi ukukhanya kokuqiniseka kungakhanya enhliziyweni yami ukuze ngizwe ukuthula nenduduzo engokomoya

Inkazimulo yakho mayikhanye, Nkosi, futhi ukungazi makunyamalale ogwini lomhlaba kuze kube phakade, kanye nokuxabana nomona. Susa ubumnyama bokungazi ngokukhanya kokuhlakanipha kwakho. Guqula ubuthakathaka bube amandla nobuthakathaka bube yisinqumo, futhi ubhaphathize ingqondo nomoya ngokukhanya kwakho okuphulukisayo.

Njengoba nje ukukhanya kwelanga kunikezwa wonke umuntu, kodwa kukhona labo abakhetha ukuhlala ebumnyameni, nokukhanya kokuhlakanipha kwaphezulu kugcwele yonke indawo, kodwa kukhona abanye ababuka umhlaba ngemuva kwamafasitela emicabango yabo emnyama, engcolile ngokungazi.

Nkosi, sikhulule ekungazini nasemiphumeleni yako, nasekwesabeni nasekukhathazekeni, futhi vumela isikhukhula sokuhlakanipha kwakho sisuse yonke imfucumfucu nezinsalela ezimpilweni zethu.

Noma ubani owaziyo ukuthi angajabula kanjani okwamanje usethole indlela eya kuNkulunkulu

Ngingukaputeni womkhumbi wami wemicabango emihle, intando enhle, nemisebenzi ethelayo nezuzisayo. Ngizoqondisa umkhumbi wokuphila kwami, ngihlale ngigxilisa amehlo ami eplanethini ekhanyayo yokuthula esibhakabhakeni sokuzindla kwami okujulile ngoNkulunkulu.

Ngaphandle kokuthi sikhethe ukujabula, akekho ongasenza sijabule, futhi akufanele sisole muntu ngalokho Futhi uma sikhetha ukujabula, akekho ongasiphuca leyo njabulo

Ubhubhane, izinhlekelele, kanye nezinguquko zobudlova emvelweni eziletha incithakalo, incithakalo, kanye nomonakalo osakazekile akuzona "izimiso zaphezulu" Lezi zinhlekelele zivela emicabangweni nasezenzweni zabantu Nomaphi lapho ibhalansi yomhlaba ethambile yobuhle nobubi iphazanyiswa khona ukuqongelela kwamagagasi alimazayo kanye nokudlidliza okubangelwa yizinhloso ezimbi zabantu kanye nokungalungi, kuvela isiphithiphithi kanye nokubhujiswa okusakazekile. Umhlaba uzoqhubeka nokuhlupheka ngezimpi, izinhlekelele, kanye nezinhllekelele kuze kube yilapho isintu silungisa ukucabanga kwaso okunephutha kanye nokuziphatha Izimpi azenzeki njengesinqumo saphezulu, kodwa kunalokho ngenxa yobugovu obusakazekile bezinto ezibonakalayo Uma abantu bebengasusa ubugovu bomuntu ngamunye, bezimboni, bezepolitiki, obungokomoya, kanye nobuzwe, izimpi bezizophela.

Uma umoya wezinto ezibonakalayo uthatha ingqondo yomuntu futhi ubusa imicabango, ukhipha imisebe engabonakali engemihle. Amandla anqwabelanayo alokhu kudlidliza okungemihle alimaza kakhulu ibhalansi kagesi yemvelo, okubangela ukuzamazama komhlaba, izikhukhula, nezinye izinhlekelele.

UNkulunkulu akanacala ngakho Imibono yabantu kumele ilawulwe ngaphambi kokuba ukulawula imvelo kube nokwenzeka

Ngizozama ukwenza imisebenzi emihle nehloniphekile kuphela ngenxa yothando ngoNkulunkulu nokumjabulisa

Ingqondo kumele ilinywe ngegeja lokuqonda okufanele ngoba inhlabathi yayo yomile futhi iqinile. Inhlabathi kumele imanziswe ngokulungela nokwamukelwa, futhi imbewu yokholo kumele itshalwe emiseleni, bese iniselwa ngentando evumelana nentando yaphezulu.

Umuntu ozolile ngokwemvelo ugcina ukuthula kwakhe futhi uhlala enokuthula ngaphansi kwazo zonke izimo. Akavumeli imizwa nezinkanuko ukuba zimlawule futhi zimholele ekwenzeni izinqumo ezimbi.

Ungukukhanya kwezinkanyezi, amandla kuma-athomu, umusa ezinhliziyweni, ubuhle eqinisweni, kanye nobukhulu ekuthembekeni

Sibusise, Nkosi, ukuze sibonakalise umusa Wakho phezu kwethu empilweni yethu, ezifisweni zethu zokuhlakanipha, nasezimpilweni zethu ezingokomoya. Sisize sizigcwalise ngamandla Akho aphezulu, ukuhlakanipha Kwakho okungenamkhawulo, kanye nobuqotho Bakho obungenamkhawulo, futhi sivumele siqaphele ukuthi Wena ungumthombo wempilo, ulwandle lokuphila, nomthombo wakho konke ukuqonda nolwazi.

O Uthando Olungcwele, wena uyizwi eliyimfihlo elivela emihumeni yezinhliziyo kanye nezwi lomuzwa othule

Ungumthakathi ongabonakali wemiphefumulo, okhazimulayo ovela ekujuleni kobungane

Uyingelosi ebusisiwe ehlebela imiphefumulo amazwi amnandi kakhulu

Ungulimi oluthule lwabathandi kanye noyinki ongabonakali abawusebenzisayo ukubhala imiyalezo emakhasini ezinhliziyo zabo

Ungumthombo wazo zonke imizwa emihle, futhi inhliziyo yakho idonsa ukushaya kwayo enhliziyweni yendawo yonke

Uthando luyingxoxo ethule phakathi kwezinhliziyi
ezimbili, futhi luyisimemo esiphezulu kuzo zonke izidalwa
eziphilayo nezingaphili ukuthi zibuyele endlini yobunye
bendawo yonke.

Uthando luyinhliziyi yempilo

Ikhula ensimini yokuqhakaza ngokomoya futhi ilale
ngemuva kobumnyama bezinamathiselo zangaphandle

Umpe omudala kakhulu nomnandi kunayo yonke eyake
yaba khona, ogcinwe emabhodloleni ezinhliziyi

Uthando luwukukhanya okudiliza izindonga
zobumnyama phakathi kwabantu ngabanye, imindeni,
nezizwe

Uthando luyimbali yobungane, echumayo futhi ekhula
emasimini abasha nabadala

Uthando luyindlela eya ezulwini futhi luyingoma
yemiphefumulo emihle

Labo abafisa ukuvuselela izimpilo zabo kufanele baqale
ngokubona izinto ezinhle abafuna ukuzethula ezimpilweni
zabo, bese besungula uhlelo abalulandela nsuku zonke, futhi
bazozizwa bejabule kakhulu ngenxa yokugcina izinqumo
zabo.

Ukwehluleka ukunamathela esimisweni sokuzithuthukisa
kwenza intando ibe buthaka futhi kubeka izithiyo endleleni
yentuthuko

Labo abazivumelanisa nohlelo lwemvelo lokuphila
bazofeza impumelelo ethelayo Ayikho imithetho evimbela
umuntu ukuba ashintshe abe ngcono futhi afeze izifiso zakhe
ezinhle Azikho izithiyo ezingavimba umuntu ekufinyeleleni
imigomo yakhe ephakeme ngaphandle kokuthi azivume
ngokungaqondile lezo zithiyo futhi azikholise ukuthi ngeke
azinqobe

Nomaphi lapho abanye beyazisa khona imizamo yami
yokwenza okuhle, yilapho engingakwazi khona ukunikeza
isevisi engcono kakhulu

Uthando lweqiniso—uthando lwenhliziyo nomphefumulo
—luwukubonakaliswa kothando lwaphezulu Uthando
lwaphezulu lufuna ukuziveza ngezinhliziyi nemiphefumulo
yabantu uNkulunkulu ufundisa isintu uthando lwaphezulu
ngendlela ephelele yothando lwabantu

Uma uhlangana nomuntu bese ethi, "Unjani?
Ngiyajabula kakhulu ukukubona," kuyilapho ekujuleni
kwenhliziyo bengakhululekile nhlobo lapho beseduze nawe,
uzwa ngokushesha imizwa yabo yangaphakathi futhi
ungafuni ukukhuluma nabo noma ukuhlala nabo. Ngithanda
ukwethembeka kunokuzenzisa nokuzenzisa.

Izwi lomuntu liyikho konke, futhi kumelwe abe
ngokwemvelo futhi athembeke, ahloniphe izwi lakhe, futhi
agcine izithembiso zakhe nezibopho zakhe kwabanye.

UNkulunkulu ungumthombo wamandla engqondo,
ukuhlakanipha, kanye nobuningi. Mcele ukuba akuqondise
endleleni efanele ukuze ufinyelele impumelelo oyifunayo.
Okokuqala, qiniseka ukuthi inhloso yakho ilungile, bese
uthola amandla okufeza umgomo wakho.

Uthando luyisikhali esingokomoya esiqeda zonke izimpi

Ubuqotho bunamandla kakhulu kunamanga
nokunyundela. Uma ungazivikela enqabeni yobuqotho,
khona-ke uzoba yinkosi ehlonishwayo embusweni wakho.

Iqiniso lizonqoba, noma ngabe abanye bakanile

Nika ukuhlakanipha kulabo abakufunayo, uma nje befisa
ukukhanyiselwa, futhi wenze konke okusemandleni akho
ukukhuphuka nokukhuphuka isitebhisi sokuzazi.

Ngizinikezele futhi ngangcwelisa izwi lami, izandla zami, izinyawo zami, inhliziyo yami, umzimba wami, imizwa yami, intando yami nakho konke kuNkulunkulu

Ubuhlungu abugcini emzimbeni kuphela; kukhona nobuhlungu bengqondo nobomoya

Akunakwenzeka ukucabanga ngoNkulunkulu uma ingqondo igcwele umona, ukwesaba, nokusola ububi, noma lapho umuntu elwa naye ngokwakhe.

Sihlushwa ukudabuka nokucindezeleka, ezinye izimo zengqondo ezingaphilile kanye nezimo zengqondo, kanye nokukhathazeka, iningi lazo okuwukwesaba okungenasisekelo. Ezingeni elingokomoya, sihlushwa ukungazi ngesimo sokungafi kwemiphefumulo yethu.

Labo abavumelana noNkulunkulu babona ubuhle obumangalisayo futhi banambitha ubumnandi obukhulu obungenakubonwa nganoma iyiphi enye indlela.

Lapho umphefumulo wami ubiza Wena, amafu okuthula Kwakho aqhuma, Nkulunkulu, nemvula yesihawu Sakho yathululeka ngezikhukhula kwaze kwaba yisikhukhula esikhulu somusa Wakho. Umfula wakho obusisiwe wagubuzela ulwandle lwami, nomphefumulo wami wangena emanzini aphakade, futhi i-bubble yokuphila kwami okuncane yancibilika olwandle lobukhona Bakho obuphelele.

- Umeluleki wami wangifundisa indlela yokusebenzisa ichisel yokuhlakanipha ukuze ngizenzele ithempeli elifanele ubukhona bukaNkulunkulu.

Uma ufuna ukufeza umgomo omuhle, qala ngokukhlama imodeli yengqondo yawo. Manje usungakwazi ukusungula noma yisiphi isiqondiso engqondweni yakho uma utshala umqondo oqinile engqondweni yakho; khona-ke wonke umzimba wakho uzovumelana nalowo mbono futhi izenzo zakho zizohambisana nawo.

- Uthando nokubekezelelana kubalulekile ekuvumelaneni nasekuvumelaneni Uthando luhlanganisa futhi londle konke okuzuzisayo nokukwazi ukukhula, kuyilapho inzondo ihlukanisa futhi ibhubhisa konke okungalingiswa

Ukwesaba kuyisitha esikhulu sempumelelo ngoba kuqeda isifiso sokuzama, ngaphandle kwalokho umuntu angeke aphumelele.

Ukudinwa kwengqondo, ukuntuleka komzamo, kanye nokuntuleka kokubekezela konke kuyizithiyo endleleni eya empumelelweni Umgomo akufanele ube impumelelo ngokwayo, kodwa impilo elungile eholela empumelelweni Ukulangazelela kakhulu impumelelo kungaba yisithiyo Umzamo wokudala osekela amandla okuzimisela kanye nesifiso esiqinile sokufinyelela umgomo kubalulekile ekufinyeleleni impumelelo

Yonke imicabango esinayo idala ukudlidliza okuthile Uma ucabanga ngoNkulunkulu ngayo yonke impilo yakho, ingqondo yakho kanye nemilenze yakho - futhi uhlebelanga ngokuthi "O Nkosi" ngokuphindaphindiwe ngaphakathi kuwe, udala ukudlidliza okunamandla okuletha ubukhona bukaNkulunkulu empilweni yakho

Uma siqaphela ukuthi uNkulunkulu uyisithandwa sethu saphakade nomngane wethu ohlala njalo, nokuthi uthando Lwakhe ngathi lukhulu kunanoma yiluphi olunye uthando, sizwa ukusondela Kwakhe futhi sithinte ubukhona Bakhe, ngakho izinhliziyi zethu ziyaqinisekiswa futhi sizizwe sinokuthula okungokomoya okuphezulu.

Uma uzindla ngoNkulunkulu futhi uzwa ukuqhuma kwenjabulo okwandayo enhliziyweni yakho nasemzimbeni wakho wonke, futhi ukuqhuma kwaleyo njabulo kuza kuwe ngezikhathi ezithile, yazi ukuthi uNkulunkulu uphendulile

izifiso zenhliziyo yakho nokuthi imizwa yenjabulo oyizwayo
iwubufakazi baleyo mpendulo.

Uma ingqondo ingena esimweni sokuqonda okuphezulu
futhi ithinta ubukhona obungenamkhawulo obuphelele, iyazi
ukuthi ixhumana noNkulunkulu nokuthi okuhlangenwe nakho
kumnandi, kodwa akunakwenzeka ukuveza ngamazwi isimo
salolo xhumano esingaphezu kwencazelo.

Angizange ngisebenzise amandla ami okuzikhandla
ukufuna izinto ezibonakalayo, kodwa ngawasebenzisa
ukuheha ubukhona bukaNkulunkulu obuhlala phakade futhi
obungonakali.

Ngiphe, Nkosi, izifiso ezijulile zenhliziyo yami, futhi
ungenze ngizwe izwi Lakho elibusisiwe ekujuleni
komphefumulo wami. Angisoze ngakukhohlwa, Nkulunkulu
wami othandekayo, futhi angiyikuhamba ezindleleni
zokuphila ngaphandle Kwakho. Yiba yisimenywa sami
saphakade futhi uhlale endaweni engcwele yokuthula kwami
nenjabulo engokomoya. Inhliziyo yami mayishaye ngothando
Lwakho, futhi imicabango yami mayisebenze
ngokuvumelana, ukuze nginike ukuthula Kwakho nothando
kwabanye. Futhi iphunga lothando Lwakho liphume embalini
yenzliziyo yami, lidonse imiphefumulo efuna ukuthula futhi
ilethe Kuwe.

Izithombe zezintaba ezidwetshwe esihenqoni esiluhlaza
okwesibhakabhaka, ukwakheka komzimba womuntu
okumangalisayo, izimbali ezakhiwe kahle, ubuhle
bemiphefumulo emihle, ubukhulu bemicabango ephakeme,
kanye nokujula kothando konke kusikhumbuza ngoMdali
omangalisayo nomuhle kakhulu.

Ngizokwenza konke okusemandleni ami futhi ngenze
konke okusemandleni ami ukuze ngizenze mina nabanye
sicebe kuNkulunkulu kuqala futhi okubaluleke kakhulu
ngizokwakha izindlu zokuhlakanipha phakathi kwezingadi
zokuthula eziluhlaza, ezigcwele izimbali zezimfanelo ezinhle
ezingokomoya ezinhle kakhulu

Akunandaba ukuthi ngiyigagasi elincane noma elikhulu,
inqobo nje uma ulwandle olukhulu lokuphila lungisekela

Ngizogxila kakhulu emcabangweni ngize ngithole imfihlo
yezimfihlo, futhi ngizogxila ekukhanyeni kokuqonda -
njengesibani - ukuze ubuso obungcwele kakhulu bubonakale
kimi

Kwangathi ukukhanya kwakho kungakhanya
ngaphakathi kimi, nxazonke zami, nakuzo zonke izindawo

Uthando luwumlilo ofihliwe, ngomyalo kaNkulunkulu,
oncibilikisa ubulukhuni bendawo yonke bese uyiguqula ibe
yinto engabonakali yothando lwaphakade.

Njengoba nje ilanga likhipha ukukhanya nokufudumala,
kanjalo ngizosakaza imisebe yethemba emiphefumulweni
yabampofu nabaxoshiwe, futhi ngizofaka intshiseko entsha
ezinhliziyweni zalabo abacabanga ukuthi abanathemba.

Nkosi, mangingazishisi mina nabanye ngomlilo oshisayo
womona, kodwa mangiwamukele ngokuqiniseka
nangokwaneliseka umusa nothando engilufanele kubantu
engibathandayo.

Ngiphephile futhi ngivikelekile ngemuva kwezindonga
zonembeza wami ohlanzekile. Ngishise isikhathi esidlule
esimnyama futhi ngikhathalela usuku lwanamuhla kuphela,

futhi ngeke ngesabe lutho ngaphandle kwami uma ngizama ukukhohlisa unembeza wami.

Namuhla ngizoshisa izimpande zokukhathazeka nokwesaba bese ngivuthisa umlilo wenjabulo ukuze ngikhanyise ithempeli lomphefumulo ongaphakathi kwami.

Akekho ongangithukuthelisa ngolimi olungcolile noma ukuziphatha okungenangqondo, futhi akekho ongangithonya ngokungithopha, ukungidumisa, kanye nokungincoma ukuze kungenze ngicabange ukuthi ngimkhulu futhi ngibaluleke kakhulu kunobuntu bami bangempela.

O Nkosi, yenza inhliziyo yami ibe banzi ngokwanele ukuba ikwazi ukuthwala ubukhona bakho obubusisiwe, futhi mayishaye ngothando lwakho kuze kube phakade.

Uma usebenzisa amandla akho okuzimisela ngendlela efanele, kuzokwakhela i-karma entsha, kodwa abantu abaningi abafuni ukushintsha futhi abafuni ukwenza umzamo, ngakho bayawa lapho bebhakene nobunzima futhi abakwazi ukubhekana nezinselele.

Nkosi, ngisize ngihlukanise phakathi kwenjabulo ehlala njalo yomphefumulo nezinjabulo zenyama ezidlulayo. Mangingazicwilisi ezinjabulweni zezinzwa ezidlulayo, futhi ungisize ngilungise izinzwa zami ukuze zingenze ngijabule njalo.

Ngahlukanisa imisebe yengqondo yami endaweni encane, elinganiselwe yezinzwa futhi ngayidedela yaya endaweni yomoya, ngakho ukuqonda kwami kwakhula futhi ukuqonda kwami kwasakazeka kuzo zonke izinhlangothi.

Umuntu akufanele azizwe engenamandla noma ebhajwe
uma enemikhuba engafuneki afisa ukuyiyeka. Manje yithuba
lokunqoba leyo mikhuba ngokuhlakulela ukuzimisela
kwangaphambilini nokuzijwayeza ukuzindla njalo
nangokufanele.

Nkosi yemiphefumulo nezinhliziyi, imisebe yenjabulo
esakazeka esibhakabhakeni sokuthula kwami
kwangaphakathi imemezela ukusondela kokubonakala
kwakho okubusisiwe

Nkosi, ngimomotheka ngokumomotheka
kwabaqinisekayo nabaqinisekisiwe, ngoba noma ngabe
ngintanta phezu kwalokhu kuphila noma ngiminza ngaphansi
kwamagagasi okufa, ngihlala enhliziyweni yokuphila kwakho
okuphakade, okunikeza ukulondeka nokuvikelwa, futhi
isandla sakho esinamandla nesibusisiwe siyangisekela.

Ukugula, ukuguga, nokufa kuyizinto ezinzima nezithiyo
umzimba obhekene nazo. Izifo zengqondo zihlasela ingqondo
ngokudabuka, ukwesaba, intukuthelo, izifiso ezicindezelwe,
inzondo, ukucasuka ngokomzwelo, ukukhathazeka okukhulu
kwemizwa, kanye nohlobo lomdlavuza wengqondo okhubaza
amandla engqondo. Nokho, isifo esiyingozi kakhulu ukugula
komphefumulo, okubonakala njengokungazi, lapho zonke
ezinye izifo zivela khona futhi zisakazeke khona.

Umthombo wemibono emihle kakhulu eyondla imizwa
yethu yothando nemizwa ecwengekile akufanele ivunyelwe
ukuthi yome

Konke okukhanga ngaphandle kuthola ukukhanga
kwakho kusuka kumuntu wangaphakathi Futhi akukho lutho
olungcolisa isibuko esimsulwa somphefumulo
njengokuphambuka kwengqondo okufana nentukuthelo,

ububi, umona, nenzondo Noma ubani ozama ukuzikhulula
kulezi zinto ezixubile, ezingafani nemvelo yomoya,
uzovumela ukukhanya kobuhle bangaphakathi kukhanye
ngaphakathi.

Ukuqonda kumele kuphakanyiswe kusuka endaweni
elinganiselwe yomzimba kuye ezindaweni
ezingenamkhawulo zokuthula ngaphakathi komphefumulo

O moya wobumsulwa nobumsulwa, ngikhulule ezifisweni
zenyama ezinganeliseki, ukuze zonke izinkanuko zobugovu
ziphenduke umlotha elangeni lokuhlakanipha, nokuthi
ngikwazi ukuvimba ngenkani nangokuzikhandla yonke
imizwa yezinzwa Futhi ukuze ngivumelane nentando Yakho,
ngidlale umculo wami olula ngokuvumelana, ngifeze
imisebenzi yami emincane, futhi ngihlabelele ingoma yami
ethobekile.

Nkosi, ngisize ngisebenzise izinzwa zami ngezindlela
ezinengqondo nezinengqondo kuphela, futhi ngizicwengisise
ukuze zibe negalelo enjabulweni yami yangempela.

Insimbi yokuhlakanipha esiyikhipha ngomlilo ovuthayo
wokuhlangenwe nakho iyinto emangalisayo. Ukuphila
kusihlanza ngokuguqula izinsimbi zethu eziyisisekelo zibe
yizinto eziyigugu ukuze sikwazi ukuphila kule mpilo
njengemphefumulo emsulwa njengamatshe ayigugu, eqinile
njengensimbi, futhi ngesikhathi esifanayo siguquguquka
futhi sigobeka ngaphandle kokuphula ngaphansi
kwezingcindezi zobunzima nezilingo ezinzima.

Kukhona amandla afihliwe asebenza ukuze aqalise
uhlelo lokuziphatha nolo komoya ukuletha ukuhleleka
nokuzwana phakathi kwalokho okubonakala
kuwukungavumelani kanye nesiphithiphithi endalweni.

O sithandwa sami saphezulu, wena uyinjabulo
yaphakade, evuselelwa njalo, wena uyinjabulo
yomphefumulo futhi wena uyinjabulo engiyilangazelelayo

Umthandazo kuNkulunkulu kufanele wenziwe
ngokulangazelela okukhulu kanye nokwethemba okuphelele,
futhi uzophendulwa buthule nangokuzola impendulo efihliwe
eletha induduzo futhi ilethe ushintsho olusheshayo
empilweni yomuntu.

Okokuqala, kumelwe sijabulele ukuhlangana
noNkulunkulu ukuze sikwazi ukukuqhathanisa nezinjabulo
zasemhlabeni ezincane. Khona-ke, izifiso ziyoba
ngokwemvelo ephakeme. Isifiso asipheli; ngokushesha nje
lapho esinye isifiso sigcwaliseka kunesinye esithatha indawo
yaso, njalo njalo. Kodwa uma uthola uNkulunkulu, zonke
izifiso zakho ziyagcwaliseka.

Abantu abaphanayo nabanomusa abamukela izipho
zakho eziphanayo futhi babelane ngazo nabanye bandisa
ukuqonda kwabo futhi basondela ebukhoneni bakho
obubusisiwe Njengoba samukela izipho nezibusiso
ezingenakubalwa ezivela kuwe nsuku zonke,
masiphendukele kuwe ngokudumisa nokubonga, O Mniki
wazo zonke izipho nezibusiso.

Uma nje usenami, Nkosi, akukho okubi okuzongehlela
ngoba uzongifulathela futhi ungivikele ekulimaleni.

Uhambo lwami lwemithandazo luya kuwe. Luvinjelwe
lapha nalaphaya yiziphepho zesihlabathi zokuphelelwa
yithemba. Kodwa uma ngibona kude indawo yokududuza
kwakho buthule, ngiyavuseleleka futhi amandla ami
ayavuselelwa, ngakho-ke ngiphinda kabili imizamo yami
yokukufinyelela, ngilangazelela ukucwilisa izindebe zami

ezomile emthonjeni wenjabulo yakho nesiphuzo sakho ngize ngicime.

Nkosi, mangibone ubuhle nobumsulwa kuphela, futhi ngikhulume amazwi aphefumulelwe kuphela. Mangiphefumule iphunga elimnandi lothando lwakho, nephunga lalo lasezulwini, ngidle ukudla okulula nokunempilo, futhi ngiphefumule amaphunga amnandi angikhumbuza wena. Mangizwe ukuthinta kwakho okubusisekile.

Ensimini yokuvuka ngokomoya, ngaqoqa amaconsi okuphenduka kwami, futhi kulezo inyembezi ezithandekayo kuwe, inhliziyo yami yahlanzwa ngokuphelele.

Amehlo ami, Nkulunkulu, athathwe yizimo zokuphila ezishintsha njalo kanye nezindawo zemvelo ezikhazimulayo, nezimbali zazo ezihlukahlukene nezinemibala eminingi kanye namafu azulazula buthule ngaphesheya komkhathi. Vula amehlo omphefumulo wami ukuze ngibone ubuhle bakho obudlula konke okuhle nokuhle, futhi ungangivumeli ngibone lutho olukhona ngaphandle kwakho.

Ake ngiluke ikhaphethi elithambile lokuzazi ukuthi ngingubani lapho bonke abathandi bakho bangahamba khona endleleni yabo eya ekuvukeni kwaphakade

UNKulunkulu uyasikhumbula ngisho noma singamkhumbuli Uma ebengakhohlwa indalo ngisho nomzuzwana, konke bekuzonyamalala kube khona Ngubani ngaphandle kukaNkulunkulu osekela lo Mhlaba njengoba untanta emkhathini? Ngubani omunye obangela ukuba imithi ikhule futhi izimbali ziqhakaze? Ngempela, nguNkulunkulu ogcina izinhliziyi zethu zishaya Nguye ogaya ukudla kwethu futhi avuselele amangqamuzana emizimbeni yethu nsuku

zonke Kodwa-ke, yeka ukuthi bambalwa kangakanani
abamkhumbulayo futhi abamnika ukubonga okufanele!

Nkosi, masibuke ubuhle ngothando futhi siqaphele
ukuthi ukulalela imithetho yakho yendalo kuzosithwesa
umqhele womusa wakho.

Masiqaphele, Nkosi, ukuthi ungumthombo wempilo,
ulwandle lokuphila, nomthombo wakho konke ukuqonda
nolwazi. Sikhulule ekungazini nemiphumela yako,
ekwesabeni nasekukhathazekeni, futhi vumela isikhukhula
sokuhlakanipha kwakho sisuse yonke incithakalo kanye
nencithakalo ezimpilweni zethu.

Ngangivame ukulalela lapho ngizindla izingoma
ezimnandi kakhulu zalabo abaseduze nawe, ama-symphony
angokomoya amangalisayo futhi amangalisayo ukuze
kuqedwe izingoma zekwaya ezingcwele zemizwa yenhliziyi
yami kanye namaculo athinta inhliziyo ahumusha
ukulangazelela kwami okudala kanye nesifiso sami
esikhulayo sokuhlangana nawe.

Jabulela imibono emangalisayo yemibono ezweni
elingabonakali nelifihliwe lobuhle ngaphakathi
kwemiphefumulo yakho

Phakathi kuka-Alexander noYogi
Intando Engaguquki: Indaba Yokutholakala Kwe-
Arctic

Ubani umuntu wokuqala amehlo akhe agcwele
izinyembezi (mhlawumbe futhi ngenjabulo
namakhaza) lapho ebona i-Arctic okokuqala
emlandweni?

Kwenzeka kanjani futhi nini lokhu? Yilokho esizozama ukukuthola emigqeni elandelayo

Sekungamakhulu eminyaka abantu bezama ukufinyelela kuleso sifunda esibandayo somhlaba, futhi umlando awukaze ube nohambo olunesibindi njengale mizamo, evame ukubiza izimpilo zabo. Imininingwane yokuqhubekela kwabo enyakatho ilandisa ngezenzo zobuqhawe kanye nezinhlekelele

Emakhulwini eminyaka mhlawumbe ezinkulungwaneni zeminyaka edlule, izakhamuzi zasezindaweni ezizungeze uLwandle iMedithera zazikholelwa ukuthi umhlaba ufana nediski ebushalelezi ezungezwe umfula omkhulu ababewubiza ngokuthi i-Oceanus.

Babengazi okuningi ngezifunda ezikude nabo, kodwa babejabulela ukuphupha nokucabanga ngalezo zindawo ezikude, njengalezo ezingaphesheya kwe-Alps ne-Balkans.

Kulezi zifunda, ithini lalikhishwa ukuze kwenziwe ithuba, kanti i-amber yayimbiwa ukuze kwenziwe ubucwebe kanye nemihlobiso. Kodwa-ke, ulwazi oluthembekile mayelana nenyakatho lwalungekho, ngakho izimbongi zathatha umthwalo wazo wokubhala izindaba ezikhangayo ngalokho okwakungale kwezintaba.

Imbongi yethu edumile nengafi, uHomer, isitshela ngamaCimmerian enyakatho enenkungu, kanye nangeziqhwaga ezihlala lapho, lapho izinsuku zimfushane kakhulu kangangokuthi umalusi obuya kusihlwa wayezohlangana nomunye umalusi ephuma ukuyoklaba ekuseni. Ezinye izindaba zisikisela ukuthi abantu babazi okuthile ngeNorth Pole, kodwa iningi

lemibono yabo ngayo yayingalungile, imvamisa ngisho nephutha.

Ngokuhamba kwesikhathi, abantu bazama ukufinyelela ezigxotsheni Ngo-500 BC, indoda egama layo linguHamilcius waseCarthage yathatha uhambo olukhulu oluya enyakatho, yafika e-Ireland futhi yaqopha uhambo lwayo. Lokhu kwakuwukulandisa kokuqala okuthembekile. Kwalandela imizamo elandelayo, lapho amaScandinavia ewela ulwandle olubandayo futhi ethola i-Iceland. Ukusuka lapho, baqhubeka nokufuna kwabo umhlaba kanye nengcebo eyengeziwe.

Kunamashumi amaningi azamile kodwa ahluleka. Sizoyishaya indiva imininingwane yemizamo yabo bese siqhubekela kumtholi wokuqala weNorth Pole.

URobert Edwin Peary wazalelwa ePennsylvania ngo-1856. Wafunda ubunjiniyela wabe esejoyina i-US Navy. Wayenesifiso esinamandla sokuhlola izindawo ezisenyakatho. Wayezazi zonke izingozi nezithiyo abahloli bamazwe ababengaphambi kwakhe ababebhekane nazo, kodwa wayezimisele ukuqhubeka futhi wayazi ngaphakathi ukuthi wayengeke ahlehle esinqumweni sakhe.

Umhloli wethu, uPeary, wazama ukuthola konke ayengakuthola nge-Arctic, izimo zayo, kanye nemininingwane eyizungezile.

Ngo-1886, wahamba waya enyakatho yeGreenland, kwathi eminyakeni emihlanu kamuva wathatha uhambo lwesibili, ehlola abantu, ewela izinguzunga zeqhwa, futhi efakazela ukuthi iGreenland inogu olusenyakatho, ngaleyo ndlela iqinisekisa isimo sayo njengesiqhingi esikhulu kunazo

zonke emhlabeni. Eminyakeni emibili kamuva, wabuyela eGreenland. Ngo-1898, waqala uhambo lweminyaka emine.

Manje uPerry wazizwa ekulungele ukungena endaweni angayazi. Waqala uhambo lwakhe oluyingozi ngo-1902, kodwa waphoqeleka ukubuya ngenxa yezimo ezingalindelekile. Ngo-1905, wazama futhi, kulokhu wafika enyakatho-mpumalanga. Ekugcineni, ngo-1908, waqala uhambo lwakhe ngomkhumbi iRoosevelt, uhambo lwakhe lwesishiyagalombili ekugcineni lwaba yimpumelelo. Yena nabangane bakhe behla, bathatha izihlibhi zezinja, bahamba baya ePole. Ezindaweni ezahlukene, abanye babangane bakhe babesala ngemuva ukuze bakhe amakamu futhi baqoqe izimpahla zohambo lwakhe lokubuyela emuva, kanye nosizo lwabo.

Waqhubeka nohambo lwakhe ephelezelwa yinceku emnyama nama-Eskimo amane, ephethe ukudla okwanele izinsuku ezingamashumi amane.

UPerry wavalelisa labo abashiya ngemuva esiteshini sokugcina wahamba waya esigxotsheni, wafika kuso ngo-Ephreli 6, 1909, ekugcineni wema esiqongweni somhlaba.

Ngaphambi kokuba uPeary afike eNorth Pole, usomkhathi waseMelika uFrederick Cook wathumela ithelegramu evela eziQhingini zaseShetland ethi ufike eNorth Pole ngonyaka odlule. Kodwa-ke, lapho ososayensi behlola izimangalo zikaCook, bathola ukuthi zingamanga nokuthi wayengakafiki eNorth Pole. Noma kunjalo, bavuma ezinye zezinto azitholile endaweni.

UPerry wayenamandla amakhulu okuzimisela, eziphoqa ukuba ahambe njalo naphezu kobuhlungu obukhulu ezinyaweni zakhe, umphumela wokulahlekelwa yizinzwane zakhe ngo-1898 ngenxa yokushisa, okwadinga ukunqunywa umlenze Kodwa lokhu kukhubazeka akuzange kumvimbele ekuhambeni (kanye nomngane wakhe othembekile nowaziswayo, indoda emnyama uMatthew Henson) amakhilomitha ayi-1,400 (ngonyawo phezu kweqhwa ezimweni ezinzima kakhulu!) ezungeze ingxenye esenyakatho yeGreenland ukuze adale imephu eningiliziwe yesifunda Yeka ubuqhawe obumangalisayo!

UPerry usabhekwa njengomunye wamadoda anesibindi futhi azimisele kakhulu ekufezeni imigomo

Kulesi simo, u-Imam Ali (kwangathi uNkulunkulu angajabula ngaye) uthi:

"Ngakho-ke kumelwe ukhuthale futhi usebenze kanzima, ulungele futhi ulungele, futhi wandise ukudla kwakho"

Ukuthula makube phezu kwakho

Phakathi kuka-Alexander noYogi

Kunezindaba ezithakazelisayo ezilotshwe ngokucophelela izazi-mlando zamaGreki nabanye ababehamba noma abalandela u-Alexander emkhankasweni wakhe wokuya eNdiya. UDkt. McCrendle wahumusha lezi zindaba ukuze akhanyise ngeNdiya yasendulo. Esinye sezici eziphawuleka kakhulu zokunqotshwa kuka-Alexander okuhlulekile kwaba nesithakazelo sakhe esijulile kwifilosofi yamaNdiya kanye nomphakathi wama-yogi namadoda

azinikele ayehlangana nawo ngezikhathi ezithile, ayefisa ngempela ukuzihlanganisa nawo. Lapho efika eTaxila enyakatho yeNdiya, iqhawe lamaGreki lathumela u-Onascritus, umfundi wesikole samaGreki sikaDiogenes, ukuba amlethele inkosi yamaNdiya uDandamus, owayehlala eTaxila ngaleso sikhathi.

U-Oniskertius wathi kuDundamus ngemva kokuthola indawo yakhe yokucasha enhliziyweni yehlathi:

"Sawubona nokuthula, O mfundisi wamaBrahmin! U-Alexander, indodana kankulunkulu omkhulu uZeus kanye nenkosi yayo yonke indalo, ucela ukuthi uye kuye Uma wenza kanjalo, uzokunika umvuzo omkhulu, kodwa uma wenqaba, uzokusika ikhanda lakho"

I-yogi yamukela ngokuthula lesi simemo esiphokelelwe, iphakamisa ikhanda layo embhedeni wayo owenziwe ngamahlamvu, yabe isiphendula:

"Nami ngiyindodana kankulunkulu uZeus, uma u-Alexander eyindodana yami angiceli lutho kulokho u-Alexander anakho, ngoba ngiyaneliseka ngalokho enginakho, kuyilapho ngimbona ehamba ngokungenanjongo namadoda akhe phezu kwamanzi nomhlaba, futhi ukuzulazula kwakhe akupheli nanini."

"Hamba uyotshela u-Alexander ukuthi uNkulunkulu kuphela oyinkosi efaniselwe yiyo yonke inkolo nokuhlonishwa. Uyinkosi ephakeme engalokothi ikhiphe umyalo wobubi obubi ngoba ungumdali wokukhanya, ukuthula, ukuphila, namanzi, futhi ungumdali womzimba womuntu kanye nemiphefumulo yabantu. Bonke abantu babuyela kuye lapho ukufa kubakhulula, ukuze bangabe besabhekana nobubi bezifo."

Indoda ehlakaniphile yaqhubeka nenkulumo yayo ngokubhuqa okuthule:

"U-Alexander akayena unkulunkulu ngoba ngokuqinisekile uzokuzwa ukufa. Futhi umuntu onjengaye angaba kanjani inkosi yokuphila uma engakakhuphukeli esihlalweni sobukhosi sendawo yonke engaphakathi, futhi engakangeni kwalasha ephila, futhi engayazi indlela yelanga phezu kwezindawo ezinkulu zomhlaba, futhi ngaphezu kwalokho, izizwe ezingomakhelwane azikaze zizwe ngaye?!"

Ngemva kwalokhu kukhuzwa, okubhekwa njengokuhlasela okunzima kakhulu ezindlebeni zika (iNkosi yoMhlaba), lo saint wanezela ngokugcona: "Uma amakoloni ka-Alexander amanje enganele ukwanelisa ubugovu bakhe, makawe uMfula iGanges futhi uzothola izwe elikhulu elingahlalisa wonke amadoda akhe"

"Lokho u-Alexander anginika khona kanye nezipho azithembisayo akusizi ngalutho kimi. Izinto engizithanda ngempela futhi engizibheka njengeziwusizo noma eziyigugu yilezi zihlahla engakha ngazo indlu yami, lezi zitshalo eziqhakazayo ezinginika ukudla kwansuku zonke, kanye namanzi aqeda ukoma kwami. Zonke ezinye izinto, eziqoqwe ngokucophelela okukhulu, ziwumthwalo kubanikazi bazo, zibashiya bengenalutho ngaphandle kosizi nokuzisola, impilo yabantu abangakakhanyiselwa. Mina, ngilala ngokuthula phakathi kwamaqabunga notshani behlathi, futhi njengoba ngingenalutho olungigcina ngiphapheme, ngilala kahle, ngijabulela ubuthongo obuhle nobunokuthula. Uma benginokuthile okudinga ukuqapha nokuqapha,

bekuzongiphazamisa ukuphumula futhi kungiphuce injabulo yokulala. Umhlaba unginika konke engikudingayo, njengoba nje umama enikeza usana lwakhe ubisi. Ngizulazula noma kuphi lapho ngifisa khona, futhi anginazo izinkinga zokungikhathaza noma zonakalise impilo yami."

Ngisho noma u-Alexander enganginquma ikhanda, ngeke akwazi ukubhubhisa umoya wami. Ikhanda lami, elizothula ngemva kokufa, nomzimba wami, ozoba njengengubo edabukile, lizosala emhlabathini lapho lenziwe khona.

Mina, njengomoya, ngizobe sengikhuphukela kuNkulunkulu, owasigqokisa imizimba wasibeka kulomhlaba ukuze simbonise—ngesikhathi silapha—ukuthi sizozithoba yini entandweni yaKhe futhi siphile ngokumlalela. Futhi lapho simi phambi kwaKhe, uzofuna ukulandisa ngezenzo zethu. UnguMahluleli olungile olahla bonke ububi, isono, kanye nokweqa umthetho, lapho ukukhala kwabacindezelwe kuba yisijeziso somcindezeli.

Vumela u-Alexander asebenzise lolu songo ukwesabisa labo abafisa ingcebo noma abesaba ukufa. Isikhali sika-Alexander sibuthakathaka ngokumelene ne-yogis

Asiyithandi imali futhi asikwesabi ukufa Hambani nimtshele ukuthi uDundamus akadingi lutho olunalo, ngakho-ke uyenqaba ukuza kuwe. Kodwa uma udinga uDundamus, woza kuye wena ngokwakho" U-Alexander wamukela ngokunaka okukhulu impendulo ye-yogi ngolimi luka-Onesicritus, futhi wezwa isifiso esikhulu sokubona uDundamus, owathi - naphezu kobuze bakhe nokuguga kwakhe - wamthola

**engumnqobi wemizi kanye nomnqobi wamazwe
angaphezu kwalingana naye.**

-'s : I-Autobiography

NguParamhansa Yogananda

Ukuqonda okungokomoya

**Kuthisha ohlakaniphile uParamhansa Yogananda
UNkulunkulu usinike inkululeko yokuzikhethela
futhi wabeka ngaphakathi kithi unembeza
wokuhlukanisa phakathi kokuhle nokubi, kanye
naphakathi kwalokho okuzuzisayo nokulimazayo.**

**Uma sizwa amandla angokomoya esebenza kithi,
sizizwa sengathi siya phambili futhi siyathuthuka,
ngakho ukuzethemba kwethu kuNkulunkulu nakithi
ngokwethu kuyakhula, futhi umfutho wobunzima
uyancipha ukuze sikwazi ukubhekana nabo ngendlela
eyakhayo ngokuzethemba, induduzo, kanye
nokulinganisela.**

**Imvelo yethu yangempela umoya, oqobo lwawo
luwukuthula, ukuthula, ukuthula, kanye nokuzola.
Lezi zinto ezibusisiwe zingaphakathi kithi futhi
ziyingxenye ebalulekile yobuntu bethu
obungokomoya.**

**Abantu bavame ukukhuluma ngezingcindezi
abazizwayo kanye nokucindezeleka kwengqondo
ababhekana nakho ngaphansi kwesisindo sezidingo
eziningi, kodwa akumelwe sizivumele sibe yizisulu
zanoma yiluphi uhlobo lobunzima, futhi kufanele
sikhumbule njalo ukuthi uNkulunkulu usinike amandla
anele okubhekana nazo zonke izinselele esibhekene
nazo.**

**Gcina uNkulunkulu ezinhliziyweni zakho njengoba
uhamba ezindleleni zokuphila**

Gcina izinyawo zakho phansi nekhanda lakho liphezu
kwamafu okungazi emikhawulweni yelanga lokuhlakanipha
okuphakade

**Uma silahlekelwa ikhono lokujabulela impilo
nokuhlanganyela emisebenzini yokuzijabulisa
enempilo, siba nesibindi kakhulu futhi sibe novalo
kunalokho okufanele sibe yikho Ngisho noma isimo
sibonakala simnyama futhi simnyama, kumelwe
silondoloze inkolelo yethu yokuthi ilanga lizophuma
futhi nokuthi labo abasendleleni efanele bazofika,
kungakhathaliseki ukuthi ibanga libonakala lide
kangakanani nokuthi indawo oya kuyo ikude
kangakanani.**

**Ekuthobekeni kukhona amandla angokomoya
eqiniso, ubukhulu bokuzinikela, ukujula kothando,
kanye nobukhulu bokwaneliseka nokuzithoba.**

**Umuntu onentando eqinile uvumelana
noNkulunkulu futhi akalindi amaplanethi nezinkanyezi
ukuthi zimnike ukumamatheka kwazo. Kunalokho,
uqhubeka nohambo lwakhe njengenkanyezi ehlabayo,
engathinteki ngaphandle kwenkanyezi eqondisayo
kaNkulunkulu, oyilanga lelanga neNkosi yomthetho
nemiphefumulo.**

**Umuntu akufanele agxile ekulahlekelweni
nasekuhlulekeni, kodwa kunalokho azame
ngokuphindaphindiwe, kungakhathaliseki ukuthi
imizamo eminingi kangakanani ehlulekile nokuthi
ingaba buhlungu kangakanani.**

**Yeka ukuphakama kwakho, O mngane, nokuthi
umhlabathi wakho uvundile futhi ungcwele
kangakanani! Uthando luwukudla kwakho
nokwethembeka kwakho isiphuzo sakho**

**Size kuleli zwe ukuze sizithuthukise futhi sihlole
amandla ethu angokomoya, hhayi ukuze singene**

olwandle olumnyama lwenkohliso oluhilela izingozi ezingenakubalwa.

Injabulo emnandi kakhulu ekhona umuzwa wokuthi siphephile futhi sivikelekile phambi kukaNkulunkulu

Isikhathi sokwehluleka yisikhathi esihle kakhulu nesifanele kakhulu sokuhlwanyela imbewu yempumelelo Ukwahluleka kumele kususwe ezimpandeni zakho, futhi amasimu okuphila kumele ahlakulelwe ngenkuthalo nangokuzimisela, futhi kuhlwanyelwe imbewu yobuhle ukuze kuvunwe isivuno esikhulu, uNkulunkulu evuma.

Bambalwa abantu abahlaziya izimo zabo bese benquma ukuthi baya phambili noma baya emuva Njengabantu abanikwe ukuqonda, ukuhlakanipha, nokuqonda, umsebenzi wethu omkhulu ukusebenzisa ukuhlakanipha nokuqonda kwethu ngezindlela ezifanele.

Akekho umuntu ongokomoya ngempela ongakwenza ngaphandle kwempumelelo yezinto ezibonakalayo. Futhi akekho umuntu okhathazeka ngezinto ezibonakalayo okhungathekisa kangangokuthi uyamvimbela ekucabangeni ngoNkulunkulu nasekunikeleni isikhathi esidingekayo ekuzindleni, enkonzweni, nasemisebenzini engokomoya.

Umuntu kumele aphile ngayo yonke imicabango yakhe, imizwa yakhe, kanye nokuqonda kwakhe, futhi aqaphele futhi anake konke okwenzekayo eduze kwakhe, njengomthwebuli wezithombe onekhono olinde amathuba afanele kakhulu okuthwebula izithombe ezinhle kakhulu zendawo ethokozisayo kakhulu.

Wonke umuntu unamandla angasetshenziswa. Unawo wonke amandla awadingayo. Inggondo

ngokwayo ingamandla aphezulu futhi kumele ikhululwe emikhubeni nasemicabangweni esedlulelwe yisikhathi.

Masikhumbule ukuthi uma nje umuzwa "wobuwena" ubusa, kukhona ukuthambekela kokuziqhelelanisa noNkulunkulu, sicabanga ukuthi sinamandla nokuhlakanipha okwanele kokuma ngezinyawo zethu ngaphandle kokusekelwa nokuxazulula izinkinga zethu sodwa.

Sesaba ukuthi uma sizithoba entandweni kaNkulunkulu, ngeke sithole injabulo kulokho uNkulunkulu asithumelela kona, futhi lokhu kuwuphawu lokholo olubuthakathaka Kodwa ngokushesha noma kamuva, sizophoqeleka ukuphendukela kuNkulunkulu Futhi wonke umuntu uzothola leli qiniso empilweni yakhe, uma engakakwenzi lokho kakade.

Kumelwe siphendukele kuNkulunkulu ngokuzethemba okuphelele futhi sikhulume naye ngobuqotho nangokuseduze ngolimi olulula kakhulu - ulimi lwenhliziyo - futhi simcele ukuba asisize simfune futhi sithembele kuYe ukuze aduduze izinhliziyiyo zethu futhi asikhulule ekucindezelekeni nasekucasukeni nakukho konke okungase kume endleleni yethu futhi azame ukusisusa enjongweni yethu engokomoya.

Ungazivumeli ukuba yisisulu sezwe nezingibe zalo. Kumelwe ulawule impilo yakho, uvuse amandla akho angaphakathi, futhi uqondise umkhumbi wempilo yakho uye endaweni ephephile.

Uma izingqondo zisusa uthuli lokungazi futhi ziphula izibopho ezibopha amandla azo, zizoba nekhono lokudala nokuxhumana okuhle nokuphila.

Uma umuntu engalwi nomuntu onamandla kunaye, ngeke aqine Ngokufanayo, uma ubhekene

**nobunzima bakho ngesibindi namandla angokomoya,
uba namandla futhi uqine ngokwengeziwe**

**Ungacabangi ukuthi ubuthakathaka futhi
awukwazi ukubhekana nezimo zempilo,
kungakhathaliseki ukuthi zinzima noma zinzima
kangakanani. UNkulunkulu ukuphe amandla okunqoba
zonke izinselele zansuku zonke. Khumbula ukuthi
kungakhathaliseki ukuthi ubunzima bakho bukhulu
kangakanani, unamandla anele okubhekana nabo.
UNKulunkulu unawe futhi uzokusekela uma nje
ukholelwa kuYe futhi uphikelela ngesibindi
sabanesisibindi empini yokuphila.**

**Sesifikile isikhathi sokuba isintu sichaze
isikhundla saso futhi siqume indlela okumele
siyithathe: kungaba ukuya esiphithiphithini
nasekubhujisweni noma ukuya emibonweni ephakeme
yomhlaba wonke ekhuthazwa yizinkolo zika-Abrahama
ukuze kusindiswe imiphefumulo nomhlaba
ekuhluphekeni nasezinhlekeleleni Uma isintu sidlala
indima yaso njengoba kufanele, futhi siqondiswa
yizimiso zobuhle, uthando, nokuziphatha okuhle,
khona-ke ubumnyama buzosuka ngokuqinisekile futhi
ubumnyama buzonyamalala**

**Unamandla amakhulu namathalente ayigugu alele
ngaphakathi kuwe, kodwa awuwasebenzisi. Yiya
empilweni ehlanzekile lapho kukhona khona
impumelelo, injabulo nokuthula.**

**Uma othile engitshela ukuthi akanakukwazi
ukwenza lo msebenzi noma lowo, angimkholwa,
ngoba angenza noma yini ahlose ukuyenza uma
ezilungiselela yona.**

**Ngikubonile ulima inhlabathi yomphefumulo wami
ngegeja lezinhlopheko, usakaze imbewu
yokuhlakanipha kwakho emiseleni yayo ngaqhubeka
nginisela leyo mbewu, kwathi lapho ilanga lesihe**

sakho likhanya phezu kwayo, yakhula futhi yachuma, ithela isivuno esibusisekile sokwaneliseka nokwaneliseka.

Impungushe yesilika izijikeleza ngaphakathi kwe-cocoon Ngaphambi kokuba iphume kuleyo cocoon njengebhabhathane, ivame ukuzithola ifile ejele lesilika eyalidala. Lokhu kusebenza nakubantu Ngaphambi kokuba amaphiko abo okuqonda akhule, baluka izintambo zokwesaba, ukukhathazeka, nokungazi kuze kube yilapho ukugula kufika futhi kufika ihora lokuhamba, bese kufika ukuphela.

Sivame ukuzithola sibhajwe ejele elenziwe yithi. Yini ebangela konke lokhu kuhlupheka? Imicabango yethu kanye nezindlela zethu zokuphila ezinephutha, ngoba senza ngaphambi kokuba sicabange. Kufanele sizikhulule emicabangweni yentukuthelo nobugovu, kanye nokuphila okungenasimilo futhi okungahambisani nezifiso zethu eziphakeme. Bonke labo abanezifiso ezingokomoya kumele bahlale begcina amandla abo egeleza kanye nemimoya yabo iqinile ngokucabanga okuhle, ukuba nethemba, kanye nomsebenzi okhiqizayo.

Ukungesabi kusho ukuba nokholo kuNkulunkulu nasesivikeloni Sakhe, kanye nokuba nokholo ebulungiseni Bakhe, ekuhlakanipheni, esiheni, othandweni, kanye nokuba khona kuyo yonke indawo.

Akukho sivikelo noma ukuphepha ngaphandle kukaNkulunkulu Kumelwe siphendukele kuYe ngokuphelele uma sifisa ukuphepha nokuthula kwengqondo

Labo abacabanga ngokulondeka kwabo kanye nenduduzo yabo kuphela, bekhohlwa noma bengazinaki izidingo zabanye, empeleni balwela ubumpofu obuzoba yisabelo sabo ngolunye usuku.

**Labo abanamathela engcebweni yabo
esikhundleni sokuyisebenzisela imisebenzi emihle
abazilethi ukuchuma ekuphileni kwabo kwangemva
kokufa; kunalokho, bazalwa bempofu, beqhutshwa
izifiso nezifiso zabacebile. Kodwa labo ababelana
nabanye ngokuchichima kwabo badonsela ukuchuma
nenala nomaphi lapho beya khona.**

**Uma upha labo abakufanelekelayo
ngokuzithandela, uzothola ukuthi uNkulunkulu uhlala
enawe futhi akasoze akushiye, futhi ngeke udinge
lutho ngosizo nokunakekela Kwakhe. Ngakho-ke beka
ithemba lakho kuNkulunkulu futhi usizo Lwakhe
luzokuza kuwe futhi ukunakekelwa Kwakhe
kuzokumboza.**

**O sithandwa, ofihliwe ngokwaphezulu,
ungumthombo wothando olugeleza luvela
enhliziyweni yobungane, futhi uyimisebe efudumele
evula imivimbo yemizwa ibe yizimbali ezintsha
zokwethembeka nemicabango ethambile yobunkondlo**

**Sonke singabathumeli nabamukeli abangabantu:
wamukela imicabango yabanye ngenhliziyo yakho,
okuyisikhungo semizwa, futhi udlulisela imicabango
yakho ngeso elingokomoya (ebunzini eliphakathi
kwamashiya), okuyisikhungo sokugxila kanye
nentando. I-antenna yakho isebuchosheni, isikhungo
sokuqonda okuphakeme, okunembile kanye
nokuqonda.**

**Ake sithi ukude nekhaya lakho futhi ufuna ukwazi
ukuthi kwenzekani lapho Uma izinzwa zakho zizolile
kakhulu futhi ingqondo yakho ithule, uzokwazi
ukuqonda imizwa nemicabango yomndeni wakho
ekhaya.**

**Uma unekhono elihle lokugxilisa ingqondo,
imicabango yakho ingangena noma kuphi, futhi
izinzwa zakho zigcwaliswe amandla abalulekile.**

**Konke endaweni yonke kwakhiwe ngamandla
noma ukudlidliza Ukudlidliza kwenkulumo
kuwukubonakaliswa noma ukubonakaliswa
okunamandla kakhulu kunokudlidliza komcabango
Imicabango yabo bonke abantu igeleza nge-ether
Ngenxa yokuthi imicabango inesikhundla esiphakeme
sokudlidliza, ayikadalulwa Ngenhlanhla, asiyazi
imicabango yabo bonke abantu!**

**Ngokucindezela noma ukuvula izinkinobho
zomsakazo (nangezinye izindlela kulezi zinsuku),
ungazwa izingoma nemisindo ehlukenene. Ukube
bekungengenxa yokuqwashisa okungokwemvelo
ngaphakathi kwezingqimba ze-ether lapho amaza
omsakazo ahamba khona aye kumamukeli wakho,
ubuyozwa yonke imisindo yokusakaza ngesikhathi
esisodwa.**

**UNkulunkulu wadala i-ether futhi waphefumulela
ingqondo yomuntu ukuba isungule izindlela
zokudlulisa nokwamukela ukudlidliza ngale ndlela.
Amaza omsakazo athembele ku-ether ukuze
asakazeke kanye nakugesi ukuze adlulisele futhi
amukele Lawa maza omsakazo adlidlizayo ayimibono
edluliselwa esikhaleni kunoma yimuphi umamukeli
ophendulayo.**

**Uma useduze nomuntu omthandayo, uyayizwa
imicabango yakhe, kodwa ungase ungakwazi ukuzwa
imicabango yomuntu okude ngaphandle kokuthi
unombono othuthukisiwe wezinzwa Labo abavame
ukuzijwayeza amasu okugxila nokuzindla bathola
ukuthula okukhulu futhi imicabango yabo iba ngcono
kakhulu ngenxa yalo mkhuba, okwenza bakwazi
ukuzwa imicabango nezinhloso zabanye ngisho noma
bekude!**

Isivakashi sabuza: "Ukuhlakanipha kwabangcwele akubangelwa yini ukuthola umusa okhethekile kuNkulunkulu?"

Uthisha #Paramhansa uphendule wathi:

"Cha Iqiniso lokuthi abanye abantu banolwazi oluncane olungcwele kunabanye alisho ukuthi uNkulunkulu ukhawulela noma ukhawulela ukugeleza komusa Wakhe esintwini Kunalokho, kungenxa yokuthi abantu abaningi bavimbela ukugeleza kokukhanya Kwakhe okukhanya njalo futhi bakuvimbele ekukhanyeni emiphefumulweni yabo."

Omunye wabafundi wathi, "Ngiya ezintabeni ukuze ngibe ngedwa noNkulunkulu."

Uthisha uParamahansa waphendula:

"Ngeke uthuthuke ngokomoya uma wenza lokhu Ingqondo yakho okwamanje ayikwazi ukugxila ngokujulile emoyeni Imicabango yakho izovame ukuzulazula ezinkumbulweni zabantu kanye nezinjabulo zezwe, noma ngabe uzihlukanisa nomhume oqinile Ukwenza imisebenzi yakho yempilo ngokwethembeka nangokwethembeka kuyindlela engcono kakhulu"

Ukukhanya okungokomoya

Ingabe ikhona injongo efanayo nejwayelekile ngemuva kwezenzo zabantu baleli zwe?

Ingabe kukhona isidingo esihlanganyelwe esisishukumisela sonke ukuba sithathe isinyathelo?

Ukuhlaziywa okulula kwezisusa nemigomo yabantu kukhombisa ukuthi kunemigomo eyinkulungwane nenye, eminye eqondile kanti eminye engaqondile, kodwa umgomo wokugcina uhlala ukufeza injabulo noma injabulo ephelele.

Umgomo oyinhloko wabantu ukugwema ubuhlungu nokufisa nokuthola injabulo ehlala njalo

**Ukuthi singabuqeda unomphela ubuhlungu nokufisa
nokuthola injabulo ehlala njalo kungenye indaba
Kodwa iqiniso libonisa ukuthi silwela ngobuqotho
nangokuphikelela ukubalekela ukuhlupheka
nobuhlungu nokuthola injabulo noma injabulo**

**Kungani umuntu esebenza njengomuntu
osaqalayo emsebenzini wezandla?**

**Ngoba ufuna ukuba uchwepheshe komunye
wemikhakha yomsebenzi**

Kungani kufanele enze lowo msebenzi?

Ngoba lokho kumvumela ukuthi athole imali?

Futhi kungani kufanele athole imali?

**Ngoba uzokwazi ukwanelisa izidingo zakhe
zomuntu siqu nezomndeni ngokuzizuzisa**

**Futhi kungani lezo zidingo kufanele
zihlangatshezwe?**

**Ngoba uphenyo olunjalo lusiza ekuqedeni
ubuhlungu nasekufinyeleleni injabulo**

**Ngakho-ke, siyabona ukuthi ukugcwalisa isidingo,
ukususa ubuhlungu, kungaba ngokomzimba noma
ngokwengqondo, noma ngabe buncane noma bukhulu
kangakanani, nokufeza injabulo kuyinjongo yethu
yokugcina.**

**Asikho isidingo sokubuza kabanzi ngesizathu
sokuthola injabulo, ngoba ayikho impendulo yalokho,
futhi yilowo umgomo wethu omkhulu.**

**Ngakho-ke kungakhathaliseki ukuthi umsebenzi
wethu noma izifiso zethu zinjani—ukuqala ibhizinisi,
ukwenza imali, ukuphishekela ubungane, ukubhala
izincwadi, ukuthola ulwazi, ukuphatha imibuso,
ukunikela ngezigididi, ukuthola amazwe, ukufisa
udumo, ukusiza abaswele, noma ukufisa ukuba
abathandi bobuhle besintu—uma sihlola injongo yethu
yangempela futhi siyikhumbula, ukufuna uNkulunkulu
kuba ngokoqobo okunengqondo nokungokoqobo,**

ngoba uNkulunkulu uyinjabulo esilwela ukuyifinyelela futhi imiphefumulo yethu iyilangazelela.

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Uma umuntu ebengamboza ubuso bakhe ngemaski, ubungazi ukuthi umuntu ukhona. Ngokufanayo, imvelo ifana nesembozo esikhulu, esivuvukele ubukhona bukaNkulunkulu. UNkulunkulu ukhona ngemuva kwezimbozo nemaski yemvelo, kodwa isintu sibheka ngokushesha, ngaphandle kokuqonda futhi sehluleke ukubona ubukhona besidalwa esifihliwe ngemuva kwezindwangu zemvelo.

Ngaphandle kosizo lukaNkulunkulu, umuntu uzohluleka nakanjani ngoba amandla nokuhlakanipha kokunqoba impi yokuphila kuvela emthonjeni ongenamkhawulo.

Uma ngihlala ngizindla ngokuthula, ngithule, nginake kakhulu, ngizwa ukuthuthumela kwenjabulo ngaphakathi kimi futhi ngizwa uNkulunkulu ehlebelathi, "Ngilapha"

Inggondo uNkulunkulu asinike yona iyisango eliya ezulwini: isango langaphandle lombuso wakhe, kodwa abantu abalisebenzisi ngendlela efanele.

Akudingeki silinde size sisuke eMhlabeni ukuze sisebenzise izingqondo zethu ukufuna uNkulunkulu; isikhathi sesifikile, futhi indawo isilapha Labo abangasebenzisi izingqondo zabo ukufuna izimfihlo zokuphila kanye nezimfihlakalo zokuphila ngesikhathi beseMhlabeni ngeke bazithole kwenye indawo.

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Wonke umuntu uwukubonakaliswa kwamandla kaNkulunkulu angenamkhawulo futhi kumelwe abonise ingxenye ethile yalawo mandla kukho konke akufezayo.

Labo abafuna ukuxhumana noNkulunkulu ngamabomu, onguMbangela Wokuqala noma uMshukumisi Wokuqala

Wokuphila, baseduze kakhulu nokuxazulula imfihlakalo yokuphila.

Uma ufuna ukudala okuthile, ungathembeli kuphela emithonjeni yangaphandle, kodwa qala ngokuzihlola bese ubheka umthombo ongenamkhawulo. Zonke izindlela ezisebenzayo zempumelelo, zonke izinto ezisunguliwe eziwusizo esintwini, ukudlidliza komculo okucwengekile, kanye nemibhalo engcwele kuqoshwe ezingolobaneni zikaNkulunkulu.

Labo abangamnaki uNkulunkulu banquma umugqa wabo wokuphila

Intando yomuntu iwumthombo omkhulu wamandla, futhi ngokusebenzisa amandla okuzimisela kanye nesifiso sokufinyelela imithombo yamandla yangempela, umuntu angaxhumana ngokushesha nomsabalalisi ongenamkhawulo wamandla angaphakathi.

Labo abangafisi ukwenza umsebenzi wabo wansuku zonke bazizwa bengenawo amandla, kuyilapho isisebenzi esikhuthele esisebenza ngentshiseko nangentshiseko sigcwalisa umzimba nengqondo yaso ngomsinga wendawo yonke.

* * *

Kungumsebenzi womuntu ukufisa imigomo emihle. Ukuzikhathaza ngezinto ezingabalulekile nezingenamsebenzi kuwukuchitha amandla engqondo okungenamsebenzi.

Ukhula kumele lusishulwe engadini yengqondo futhi luhlotsiswe ngezimbali zothando lwaphezulu ukuze luzikhange uNkulunkulu omuhle othanda ubuhle.

Ingadi ukuze uhlale uchuma emhlabathini wokuhlakanipha, kumelwe wenze impilo ibe lula futhi ususe izinkinga. Ngokufeza konke ngengqondo egxile

futhi engaphazanyiswa, ungahlaziya imisebenzi yakho, ukhethe okubalulekile nokubalulekile bese ulahla okungaphezulu nokungadingekile. Uma umsebenzi usuqediwe, ungayikhipha ingqondo yakho kuyo bese uyisebenzisela ukuphishekela ezinye izifiso zokudala.

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Abantu bavame ukucabanga ngenye into ngenkathi benza okuthile, futhi abazi ukuthi bangagxilisa kanjani izingqondo zabo entweni abayenzayo.

Kumelwe sifunde ukucabanga ngento eyodwa ngesikhathi ngazo zonke izingqondo zethu. Ukunaka kwethu okuphelele kumelwe kugxile kuphela kuleyo nto eyodwa

Umuntu akufanele abe ngumuntu ongenandaba, ongenamdlandla kanye nomuzwa. Ukufeza izinto ngobuvila nangokunganaki kuholela ekulahlekelweni amandla futhi ngenxa yalokho ekuhlulekeni nasekungajabulini. Umuntu akufanele abe nje umshini wengqondo ohlala njalo. Njengesilwane esenza izinto ngokwemvelo

Kuyiphutha elikhulu ukuthi umuntu angazivusi futhi avuselele amandla akhe engqondo. UNkulunkulu usinike la makhono futhi ufuna siwasebenzise ngokuhlakanipha futhi siqaphele ngokugcwele konke esikwenzayo.

Kumelwe futhi sicabange ngokucophelela ngaphambi kokwenza noma yisiphi isenzo futhi sisebenzise izingqondo zethu ngezindlela ezisisiza sikhule futhi siqaphele ubunye bethu obubalulekile noMdali uMninimandla Onke. Konke esikwenzayo kufanele kusekelwe ekucabangeni okunengqondo nasekuhleleni okuhlakaniphile.

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Kukhona umfanekiso wenqola edonswa yihhashi eqhutshwa umshayeli ophethe izintambo. Lo mfanekiso umelela umphefumulo ogibele enqoleni ebonakalayo edonswa amahhashi ezinzwa.

Umcabango ubamba izintambo, futhi intando eqondayo iqondisa. Umnikazi wenqola ubaluleke kakhulu, ulandelwa umshayeli kanye nezintambo ezidingekayo ukulawula amahhashi, bese kuba amahhashi ngokwawo, bese kuba inqola.

Ngokufanayo, umphefumulo ubaluleke kakhulu, ulandelwa intando eqondayo, bese kuba umcabango olawula izintambo, bese kuba amahhashi, bese kuba umzimba.

Ingqondo yezwe ephila nomzimba obuthakathaka ivumela izifiso zayo ezingalawuleki ukuba zisakazeke kakhulu esikhundleni sokuqinisa isakhiwo sayo somzimba nokucwengisisa izinzwa zayo ngokusebenzisa ukuzithiba nokuyiqondisa ngokuqonda okungokwemvelo enjongweni yayo engokomoya lapho zonke lezi zinto zikhona khona.

Njengoba ehamba ezindleleni ezinzima nezinameva zezinzwa, uphula inqola yempilo yakhe futhi uyalahleka

Umfuni ofuna ukuzazi uyazi kahle ukuthi injongo ebaluleke kakhulu empilweni ukufuna ngenkuthalo injabulo engokomoya efihliwe ngaphakathi emphefumulweni, futhi ngesikhathi esifanayo ufunda ukuthuthukisa amandla akhe engqondo noma engqondo afihliwe futhi acwenge izinzwa zakhe ukuze aqhubeke ehamba ezindleleni zentuthuko eya emgomweni oyifunayo, ezama ukugwema ukuwela ezingibeni zobuhlungu obungokomzimba nobengqondo.

Ngamanye amazwi, umfundi uyaqonda indlela efanele angathola ngayo ukukhula ngokomoya kuzo zonke izici nakuwo wonke amazinga.

Ngokuqondene nomuntu wezwe othanda ukuzikhohlisa, okuwukuphela kwento akhathazeke ngayo ukwanelisa izifiso zakhe zomzimba nokujabulisa izifiso zakhe, engawunaki umsebenzi wakhe wokuthuthukisa amakhono akhe engqondo nangokomoya.

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Izifo zemizwa ziyalapheka Labo abahlushwa yilezi zifo kumele bahlaziye isimo sabo futhi basuse imizwa ebhubhisayo nemicabango emibi ebabhubhisa kancane kancane.

Ukuhlaziywa kwezinkinga zomuntu siqu okunenjongo nokugcina ukuthula kuzo zonke izimo kubalulekile ekwelapheni izimo zemizwa ezingapheli Labo abahlushwa uvalo kumele baqonde isimo sabo futhi baqaphele ukuthi ukuhlala becabanga ngemicabango emibi kuyimbangela eyinhloko yokungalingani kwabo kanye nokungakwazi ukubhekana nokuphila.

Umzimba ozolile nokhululekile ududuza izinzwa futhi uletha ukuthula kwengqondo

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Qaphela: Lokhu akusho ukuthi akufanele uthintane nochwepheshe kulo mkhakha, yingakho lokhu kucaciswa

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Ezinkathini nasezindaweni ezahlukene, umuntu uthole, ngokucabanga, imibono eminingi ngokuphila nomphefumulo

Isibonelo, lapho ilungu lesizwe sasendulo liphathwa yikhanda elibuhlungu, umndeni walo ucabanga ukuthi umphefumulo walo usuphumile

emzimbeni walo, ngakho babiza isangoma ukuba sibuyisele umphefumulo kuso. Udokotela uya ehlathini eyofuna umphefumulo, awutholayo bese ewubuyisa ebhokisini awubuyisele ekhanda lesiguli, bese ikhanda liyanyamalala ngokwenkolelo evamile.

Kwelinye isiko, "ukuthimula" komuntu ogulayo kwenziwa ngokubeka izingwegwe (izinsimbi ezigobile ezinamachashaza abukhali) emzimbeni wakhe ukuze umphefumulo wakhe ungaphumi lapho ethimula, kodwa ubanjwe yizingwegwe!

Njengoba nje abanye abantu befinyelele iziphetho ezingalungile mayelana nengqondo yomuntu ngenxa yezindlela zokucabanga ezinephutha, abanye bafinyelele - ngokuqonda kwangempela - ukuqonda okuhlukile, okucebile nokuzwakalayo

Siyazi ukuthi umphefumulo awufani nomoya ngoba kunabantu abathile asebehlale isikhathi eside bengaphefumuli, ngaleyo ndlela kufakazela ukuthi umphefumulo awukwazi ukuvalelwa emoyeni. Umphefumulo uphakeme kunomoya futhi uphakeme kunanoma yisiphi esinye isimo somzimba.

Kungakhathaliseki ukuthi umuntu ukholelwa ukuthi ungumoya noma cha, umthetho wendawo yonke usamdinga ukuba embule isimo sakhe esingokomoya

Kungakhathaliseki ukuthi umsebenzi womuntu noma izimo zokuphila zinjani, ukuqonda kwakhe kuyathuthuka futhi kukhule noma nini lapho esebenzisa ubuhlakani bakhe ngobuhlakani nangokukhiqiza. Isenzo ngasinye esakhayo sinikeza intuthuko yomuntu futhi sandisa ukuqonda komuntu.

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Ngiyakuthanda ukufunda, kodwa angikwazi ukufunda amakhasi amabili ngaphambi kokuba

ngibizelwe ukubhekana nokunye, yingakho ngithathe indawo yokufunda ngokuzindla

Njengoba ngingena ekujuleni komphefumulo wami, kuvela izibani ezikhanyayo futhi injabulo enkulu iyavela, injabulo engihambisana nayo usuku lonke. Yilokhu engikubonile empilweni yami nalokho bonke labo abakhuluma neNkosi ebusisiwe ngokuhlebeza komphefumulo kanye nokulangazelela kwenhliziyo abakuzwayo.

Isikhathi siyigugu kakhulu ukuba singachithwa UNkulunkulu ufuna sibe nokulinganisela Noma ubani ovumela impilo yakhe ukuba ingalingani uzojeziswa ngumthetho wendawo yonke

Uma uphila kalula, uzivocavoca nsuku zonke, ufunda izincwadi eziwusizo neziwusizo, futhi uhlakulela umkhuba wokuzindla ngoNkulunkulu nsuku zonke, izinzwa zakho zizogcwala injabulo, imisinga ebalulekile izogeleza egazini lakho, futhi amangqamuzana omzimba wakho azogcwala ukukhanya namandla ongakaze uwabone ngaphambili Uzothola lonke ulwazi olulangazelelayo emoyeni ongaphakathi kuwe

Yile ndlela impilo yami ebilokhu injalo. Angikaze ngifunde izincwadi ezingamashumi amabili eminyakeni engamashumi amabili. Angiziqhenyi ngayo, futhi ukube bekungengenxa yokuthola ulwazi olungokomoya oluvela kuNkulunkulu ngokuzindla, bengiyoba ngongenalwazi nhlobo.

Uma ngibheka incwadi, ngithola ukuthi amaqiniso equkethwe kuyo asembulelwe kakade nguNkulunkulu

Yonke imibono namaqiniso amahle avela kuNkulunkulu owazi konke, futhi uma uzindla ngaYe, uzothola ukuhlakanipha kwaKhe ngqo.

Ngakho-ke, ukufunda izincwadi ezinhle kungcono kunokuchitha isikhathi emisebenzini

engenamsebenzi, futhi kungcono kunokufunda ukuzindla nokwakha ulwazi lweqiniso eliphelele, elinguNkulunkulu.

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Kunabantu abaningi abafunda njalo kodwa abakwazi ukukunikeza lutho oluwusizo. Indlela engcono kakhulu yokufunda incwadi ukuzindla ngalokho ekuqukethe bese ubona ukuthi ingasebenza kanjani empilweni yakho.

Kubalulekile futhi ukusebenzisa ukuqonda ukuze ungakwamukeli ngokungacabangi konke okufundayo Lokho okufundayo kufanele kwanelise ingqondo yakho kanye nokucabanga kwakho. Ukuze izincwadi zifaneleke ngempela ukufundwa, kufanele zivuselele ukucabanga kwakho, bese uzizwa ingqondo yakho ithuthuka futhi ikhula.

Labo abangafundi noma abacabangisise, kodwa abaphila impilo engaphandle engenanjongo noma incazelo, abathuthukisi ukuqonda okujulile noma bathole ulwazi oluthile.

Ukuzwana kusenza sivumelane futhi sivumelane namandla aphezulu aphefumulela ukucabanga kwethu futhi akhanyise ezingqondweni zethu ngokukhanya kokuphefumulelwa okuphezulu.

Ukuzindla kuyindlela yokufinyelela umuntu ophakeme

Abantu bayazilimaza uma bengafundi, kodwa ukuzindla kungcono kakhulu kunokufunda {Kubantu abacabanga}

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Ukulinganisela kubalulekile kuzo zonke izici zokuphila. Kunconywa ukugcina izinto zokufunda eziwusizo zitholakala kalula futhi uzifunde ngesikhathi sokuphumula. Izinto ezibaluleke kakhulu kulezi zincwadi yizincwadi ezingokomoya, kulandelwe

imisebenzi yesayensi, umlando othile, ifilosofi, izincwadi ezingathi sína, imilando yabantu abadumile, izincwadi zohambo, nanoma yini enye engandisa umbono womuntu futhi inikeze ugqozi olujulile.

Izincwadi zingaba abangane abathembekile, futhi uma ukukhetha kwakho kusezingeni eliphezulu, uzothola inzuzo enkulu kuzo.

Kungase kubonakale kunzima ekuqaleni ukuqonda ingqikithi yezimfundiso ezingokomoya kanye nemibono yabacabangi abakhulu, kodwa ngemva kwesikhashana, uzozithola uzindla ngemibhalo yabo futhi uhlanganyela nemicabango yabo. Uzozizwa sengathi uthole okuthile okuyigugu, ngoba bonke labo bantu abahlakaniphile bathola ukuhlakanipha nolwazi lwabo engcebweni engapheli yokuhlakanipha kukaNkulunkulu—imibono okungenzeka ukuthi ayizange ifike kuwe empilweni yakho yonke.

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Izimbali nama-roses zinhle futhi ziqhakazile, kodwa ngemuva kwazo kukhona ingadi enobuhle obukhulu kakhulu nobukhazikhazi Nakuba le ngadi isobala ngokuphelele futhi kunzima ukuyibona ekuqaleni, uma ungangena endaweni engokomoya ngesango leso elingokomoya, uzokwazi ukuhlola leyo ndawo engokoqobo futhi ujabulele izimangaliso zayo.

Ngihlala kuleyo ndawo emnene lapho izimfanelo ezinhle nemicabango ethambile, ethambile imnandi futhi inephunga elimnandi kakhulu kunanoma iyiphi imbali yasemhlabeni noma i-rose Lapho, inyosi engqondweni yami iphuza njalo umpe wobukhona bukaNkulunkulu

Uma siqondisa ukugxila kwethu ngaphakathi, futhi siphila ngokwengeziwe kulowo mhlaba ofihliwe ngaphakathi kithi, sithola ukuthi izimfanelo zethu

**ezingokomoya zithatha izinhlobo ezikhethekile
ezisebenza njengamafasitela lapho sibona khona
ubumnandi bukaNkulunkulu obudlula incazelo
nomcabango.**

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**Noma ubani ozwa noma ofunda la mazwi uyazi
ukuthi ngikhuluma iqiniso**

**Uma bengizobonisa wonke amandla uNkulunkulu
anginike wona, abantu bebezongithuthelekela hhayi
ngenxa yothando ngoNkulunkulu, kodwa ngenxa
yezimangaliso Kodwa angifisi lolu hlobo lobufundi
obungasho lutho. Akufanele badonswe ngamandla,
kodwa uthando lukaNkulunkulu, futhi yileyo injongo
yami empilweni.**

**Ukube bengingazi uNkulunkulu, bengingeke
ngikhulume ngale ndlela. Futhi wonke umuntu
angamazi uma efisa.**

**Angizami ukuzuza abantu ngokudonsela imizwa
yabo, kodwa kunalokho ngikhuluma nezingqondo
zabo futhi ngibhekane nokucabanga kwabo
nokuqonda Ukhulo oluyimpumputhe alunamsebenzi
Umuntu kumelwe avuselele amandla okuqonda
uNkulunkulu amnike wona futhi angamukeli izinto
ngokubukeka, kodwa kunalokho aqonde izimbangela,
imiphumela, kanye nokucabanga ngemuva
kokuqondiswa kwakhe ngokomoya kanye nemikhuba
yakhe**

**Ukube benginemilomo eyinkulungwane,
bengizokhuluma nabo bonke ngoNkulunkulu kanye
nokubaluleka kokuphendukela kuYe nokumazi.**

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**UNkulunkulu akaceli umuntu ukuba abe lusizi,
athukuthele, angabi nalutho, noma afige ubuso.
Lokhu akusikho ukuqonda okufanele ngoNkulunkulu,
futhi akuyona indlela efanele yokuthola umusa**

Wakhe. Uma umuntu ezwa ukuthula okwengeziwe, kulapho ezwa khona ubukhona bukaNkulunkulu. Uma umuntu ejabula kakhulu, yilapho evumelana noNkulunkulu. Labo abamaziyo uNkulunkulu bayajabula ngoba uNkulunkulu ungumthombo wenjabulo enkulu.

Abantu bazama ukuthola injabulo ngotshwala, ucansi, kanye nemali, kodwa amakhasi omlando agcwele izindaba zamathemba abo aphelile kanye namaphupho angagcwaliseki. Isikhathi engisichithe ngizindla senze impilo yami yathela kakhulu

Isiqondiso nokuhlakanipha kwaphezulu kuhlala enjabulweni engokomoya

Uma umuntu evumelana noNkulunkulu, noma ngabe wenza iphutha engahlosile, uzokwazi ukuthi angalilungisa kanjani iphutha, futhi uma eveza umbono ongalungile, uNkulunkulu uzowulungisa futhi awulungise ngenxa yothando ngomfundi wakhe.

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Kumelwe kulinganiswe ulwazi olungokomoya kanye nesayensi yemvelo Ngaphandle kwalokhu kulinganisela, abantu ngabanye kanye nezizwe bazokhubeka phakathi kosizi nokubhujiswa Uma abaholi bezwe lanamuhla bebhanyiselwe ngokomoya futhi besebenzisana, bebengaqeda impi nobumpofu emhlabeni phakathi neminyaka embalwa.

Ukuqwashisa ngokomoya kusho ukuqwashisa komuntu ngobukhona bukaNkulunkulu ngaphakathi kuye nakuzo zonke ezinye izidalwa eziphilayo

Lokho kuqaphela kukodwa kungasindisa umhlaba, futhi ngaphandle kwakho, angiboni themba lokuthula. Isintu masiqale ngaso, ngoba isikhathi siyigugu kakhulu ukuba singachithwa.

Umsebenzi udinga ukuba senze ingxenye yethu ukuletha uMbuso kaNkulunkulu eMhlabeni

Abaningi bayanqikaza ukufuna uNkulunkulu, besaba ukuthi impilo izoba mnyama futhi ibe buhlungu, ingabi nobuhle nenjabulo Kodwa okuphambene nalokho kuyiqiniso! Injabulo emsulwa etholwa yilabo abamazi ngempela uNkulunkulu ngokuvumelana ngokuphelele naYe ingaphezu kwamazwi.

Ngisesimweni senjabulo engokomoya imini nobusuku. Leyo njabulo inguNkulunkulu, futhi ukumazi kusho ukufihla zonke izinsizi nokuzingcwaba ngaphandle kokuzisola.

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Ngesikhathi sokuhlala kwakhe isikhashana lapha, umuntu ubheka lo mbukwane njengobaluleke kakhulu. Kodwa akumelwe agxile kakhulu kuwo kanye nezenzakalo zawo ezingapheli, ngoba uma enza kanjalo, uzoziqhelelanisa noNkulunkulu, ohlala ezama, ngazo zonke izindlela nangazo zonke, ukusidonsela kuye ngenxa yokusikhathalela kwakhe okukhulu kanye nothando lwakhe olukhulu ngathi.

Kusibekela zonke izimangaliso esifisa ukuzibona: izimangaliso zezinto ezikhulayo kanye nokuhleleka okunembile kwemvelo okungenamkhawulo.

Kungemuva kwezimbali nama-rose, futhi noma ngubani okufunayo ngobuqotho uzokuthola nakanjani

Ososayensi bemvelo abazange bafinyelele ekutholeni kwabo ngomthandazo ongaboni, kodwa bafinyelele ngokulandela imithetho yesayensi yobufakazi Ngokufanayo, noma ubani osebenzisa imithetho yesayensi engokomoya ngobuqotho nangobuqotho uzothola uNkulunkulu eceleni kwakhe ngokuzenzakalelayo

Sekuyisikhathi sokuba umuntu avule amehlo akhe angokomoya futhi aqaphele ukuthi ukuthola uNkulunkulu kudinga isifiso esiqotho nesiqhubekayo

kanye nokugcina ngokucophelela imithetho kaNkulunkulu.

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UNkulunkulu ungqongqoza buthule eminyango yezinhliziyiyo zethu, esibiza ukuba sibuyele kuYe, kodwa abantu abaningi abafuni ukubuya. Kodwa-ke, lapho umhlaba uba mnyama phambi kwamehlo abo, futhi beba sezinkingeni noma beba yizisulu zokugula, bayashesha ukuthandaza kuYe futhi bafune usizo lwaKhe.

Labo abaqinisa izibopho zabo zokuzwana nokuvumelana noNkulunkulu ngezikhathi zenjabulo nokuchuma bazothola uNkulunkulu eceleni kwabo lapho bemdinga. Kodwa labo abahlehlisayo ekukhuthazeni lobu budlelwano bazilahla ukuze babhekane nobunzima babo futhi balwe nezilingo zabo bodwa kuze kube yilapho bekwazi— ngokuhlakanipha nokuzithoba okuphelele— ukuphendukela kumngane wabo waphakade futhi bangqongqoze emnyango waKhe womusa.

Kubantu abaningi kakhulu, bambalwa kakhulu abafuna uNkulunkulu ngempela Bakuphi labo ababecabanga ukuthi lomhlaba ungowabo eminyakeni engamakhulu amabili edlule? Bonke sebehambile, futhi mhlawumbe bambalwa kuphela, labo abaphendukela kuNkulunkulu futhi bazazi, abake baqonda ngempela iqiniso lokuphila Kodwa isizukulwane ngasinye esilandelayo sibheka lokhu kuphila njengokungokoqobo!

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Ngaphambi kokuba noma yimuphi omunye umuntu abe nathi, ubani owayenathi? UNkulunkulu Futhi lapho sishiya lo mhlaba, ubani ozoba nathi? UNkulunkulu hhayi omunye Kodwa kuzoba nzima ukumbona ngaleso sikhathi ngaphandle kokuthi

**silwele ukumbona manje Uma umfuna uNkulunkulu
ngobuqotho nangokujulile, uzomthola, futhi
ukuqiniseka kwakho ukuthi uhlala enawe kuzoqina
Ukukhathazeka nokukhohlisa kuzokushiya, futhi
ngeke uphinde ukhohliswe**

**Konke okukhona kuyisilingo sokudonsela isintu
kude noNkulunkulu Kodwa uNkulunkulu ukhanga
kakhulu kunanoma yisiphi isilingo sasemhlabeni Uma
ubungathola ngisho nokumbona, ubuzoqaphela leli
qiniso futhi ukwazi ukumthola ngomthandazo,
ukuzindla ngokomoya, kanye nesinqumo
esingantengantengi**

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**Ithempeli uNkulunkulu alithanda kakhulu
yithempeli lokuthula nokuthula kwangaphakathi
kwabalandeli bakhe, lapho bangena khona ukuze
bazindle futhi baxoxe, beshiya umhlaba nezinto
ezikukhathazayo ezingapheli.**

**Akumelwe simangazwe yilolu dwendwe oluhlala
lushintsha lwesintu Njengoba udwendwe lwesikhathi
luqhubeka nohambo lwalo, ekugcineni uzoqaphela
ukuthi uyingxenye ebalulekile yento enkulu. Lapho
umuntu esungula ithempeli lobuhle nokuthula
okungokomoya ngaphakathi kuye, uzokwazi ukuzwa
ubukhona bukaNkulunkulu futhi ezwe ukusondelana
Kwakhe. Ngaphandle kwalokho, izinkolelo-mbono
zomhlaba ziningi, zikhona njalo, futhi izinkathazo zalo
zigcwalisa izinhliziyi zethu.**

**Ngamunye wethu uzosuswa kulo mhlaba
ngokushesha noma kamuva, ngakho-ke manje
kumelwe siqonde injongo yokuphila. Inhloso
eyisisekelo yokuhlangenwe nakho komuntu kuleli zwe
ukusikhuthaza ukuba sifune injongo yokuphila. Yenza
ukwazi uNkulunkulu kube umgomo wakho, futhi wazi
ukuthi ukufuna imfihlo yokuphila okujulile nokuqotho**

kuzokuvikela ezinkingeni eziningi futhi kukusindise ekwesabeni okuhlukahlukenene.

Ukwesaba ukufa, ukwehluleka, izinkinga, noma usizi kuvusa ukwesaba okukhulu kumuntu Lapho umuntu engakwazi ukuzisiza yena nomndeni wakhe nabangane bakhe bengakwazi ukunikeza usizo, ukuphelelwa yithemba kuyamngoba, futhi umhlaba ubonakala umnyama kuye Kodwa asikho isidingo sokufinyelela kuleso simo Uma becabanga ngoNkulunkulu kukho konke ukuphila kwabo futhi begcina ukuxhumana naye, bazomthola eseduze ngezikhathi zobunzima nezinsuku ezinzima

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Uma abantu abaningi bethola umuntu engathandeki, kufanele bazihlole Kungase kube nezici ezithile zobuntu ezicasulayo Mhlawumbe bakhuluma kakhulu, bathambekele ekungeneleleni ezindabeni zabanye abantu, noma bathambekele ekutsheleni abanye ukuthi yini engalungile ngabo nokuthi kufanele baphile kanjani izimpilo zabo, ngaphandle kokwamukela noma yiziphi iziphakamiso zokuzithuthukisa. Lezi yizibonelo ezimbalwa nje zezici zengqondo ezingasenza singathandeki kwabanye.

Ukukholelwa kuNkulunkulu nokuba nokholo kuNkulunkulu kuyizinto ezimbili ezahlukenene Ukukholelwa akusizi ngalutho ngaphandle kokuthi sikubone futhi siphile ngakho Ukukholelwa okuguquka kube ulwazi kuba ukholo, futhi ukholo olungenakunyakaziswa alunakuphikiswa noma luphikiswe ngoba luwukuqiniseka okunembile nokungenakunyakaziswa kweqiniso. Lungamandla amakhulu, futhi imiphumela yalo iyashesha futhi iyamangaza. Ukholo lusebenza ngokunemba okuphelele futhi alushiyi ndawo yamaphutha.

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Emehlweni omuntu kulele wonke umlando wokuphila kwakhe, futhi awunakufihlwa kulabo abakwaziyo ukuwufunda. Kukhona amehlo angokomoya namehlo ezwe anobuqili, amehlo anobuqili namehlo anenkanuko. Konke umuntu akwenzayo kuqoshwa emehlweni akhe, futhi uma bengizohlaziya lokho engikubona kuwo, abantu bebezomangala ngokuqonda kwami.

Kumelwe sigweme izenzo ezingcolisa ingqondo futhi zonakalise umphefumulo Izenzo ezingalungile zidala ukudlidliza kwengqondo okungekuhle noma okubi okubonakala ekubukekeni komuntu kanye nobuntu bakhe Kunalokho, kufanele sihlanganyele ezenzweni futhi sicabange imicabango ekhulisa izimfanelo ezinhle esizifisayo Labo abacabanga ngala maqiniso bazothola ukuthi izimpilo zabo ziba zinhle kakhulu

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Abangane beqiniso abavamile ukusiqonda kabi. Ungakhuluma nomngane wakho ngobuqotho ngaphandle kokumqonda kabi, kodwa ubungane abukwazi ukukhula nokuchuma uma nje kukhona noma yikuphi ukusikisela noma isidingo esivela komunye nomunye.

Ubungane bungakhiwa kuphela esisekelweni sokuzimela kanye nokulingana angokomoya. Ngakho-ke, ukusebenzisana phakathi kwabangane kufanele kusekelwe kulesi simiso futhi ngenxa yaleli qiniso. Uma uphatha kabi umuntu, awusoze wabubona ubumnandi bobungane bakhe.

Banengi abahamba ezindleleni zokuphila ngaphandle kwabangane angikwazi ukucabanga ukuthi baqhubeka kanjani!

Abangane beqiniso abavamile ukusiqonda kabi, futhi uma bekwenza, kungokwesikhashana nje Uma

**othile ekhaphela ukuthembana kwakho
nokwethembeka kwakho, qhubeka umnike uthando
lwakho nokuqonda njengokungathi akwenzekanga
lutho, njengoba nje nawe ubungathanda ukuthola
ukwethenjwa nokwethembeka.**

**Kodwa uma lowo muntu eqhubeka nokwenza
ngokukudelela nokukuzonda, futhi eqhubeka
nokumshaya ngesandla eseluliwe sobungane,
kungcono ukuhoxisa isandla sakho isikhashana.**

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**Ngamunye wethu uzosuswa kulo mhlaba
ngokushesha noma kamuva, ngakho-ke kumelwe
siqaphele injongo yokuphila manje.**

**Umgomo oyinhloko wokuhlangenwe nakho
komuntu lapha ukukhuthaza nokukhuthaza ukufuna
incazelo nenjongo yokuphila Lolu hambo lwabantu
akufanele lunikezwe ukubaluleka okungafanele
Njengoba udwendwe lwesikhathi luqhubeka nohambo
lwalo, ekugcineni sizoqaphela ukuthi siyingxenye
yokuphila okukhulu, ngakho-ke, kumelwe senze
ulwazi ngoNkulunkulu lube umgomo wethu oyinhloko**

**Ukwesaba ukufa, ukwehluleka, izinkinga, noma
usizi olubuhlungu kuvusa ukwesaba okukhulu
kumuntu**

**Uma umuntu engakwazi ukuzisiza, futhi lapho
umndeni wakhe ungakwazi ukunikeza usizo, isimo
sakhe sengqondo asifiseleki. Kodwa uNkulunkulu
ngeke abalahle labo abakholwa Kuye futhi
abathembela emandleni Akhe okubasiza.**

**Ngaphambi kokuba noma yimuphi umuntu abe
nathi, uNkulunkulu wayenathi Futhi lapho sishiya
lomhlaba, uNkulunkulu uzoba nathi**

**Kodwa asinakumazi uNkulunkulu ngaphandle
kokuba senze umzamo manje futhi silwele
ngobuqotho ukuxhumana naye nokusondela kuYe.**

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**Eminyakeni yami yokuqala ngangihlushwa
ukuzwela okukhulu, futhi ngenxa yalokho
ngangingumuntu owahlupheka kakhulu**

**Kwakuyinqubo yokuzihlukumeza Ngenxa yokuthi
ngangizwela kakhulu, kwakubonakala kimi sengathi
abanye bayakujabulela ukungicasula nokungiphuca
ukuthula kwengqondo.**

Ungavumeli muntu akuphuce ukuthula

**Ukucasuka kwami kwakungabangelwa nje
ukugcona nokuhleka usulu kwabanye; kwavela futhi
ekuzweleni kwami amazwana abo. Ngathola ukuthi
lapho ngiphikisana kakhulu nabagxeke bami,
babekujabulela kakhulu.**

**Ekugcineni, nganquma ukuthi akekho ongachitha
ukuthula kwami kwangaphakathi, futhi ngathi
ngaphakathi kimi: "Bayeke bagxeke ngendlela
abafuna ngayo, kodwa ngeke ngisakunaka ukugxekwa
kwabo"**

**Futhi yilokho kanye okwenzekile angizange
ngizinake ngokuphelele izinkulumo zabo ezingalungile
nezibuhlungu, njengokungathi azikho Kancane
kancane, balahlekelwa yisifiso sabo sokungihleka
usulu baba abangane bami; abanye baze balandela
ezinyathelweni zami**

**Akusizi ngalutho ukuzama ukucela umusa
nenhlonipho kwabanye; kunalokho, kumelwe
sikufanelekele lokho thina ngokwethu.**

**Uma siqotho kwabanye, sibabonisa inhlonipho,
futhi sibaphindisela umusa nothando lwabo,
bayohlala besiphatha ngenhlonipho.**

**Akufanele sinciphise isifiso sabanye kithi
ngokuzwela kwethu okukhulu lapho besigxeka
ngendlela eyakhayo, kodwa kunalokho kufanele
sibambisane nawo wonke umuntu ozama ukusisiza.**

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Lo mhlaba uzohlala ubhekene nezinkinga kanye nokuphazamiseka Esikhundleni sokuvumela ukwesaba nokukhathazeka, umuntu kufanele aphendukele kuNkulunkulu futhi athole ukuthula, ukulondeka, kanye nokuphepha, hhayi yena kuphela kodwa nakwabathandekayo bakhe uNkulunkulu ababeke ekunakekeleni kwakhe.

Akufanele sinamathele kakhulu emaphusheni ale mpilo edlulayo, kodwa kunalokho kufanele sibe sekuvumelaneni noNkulunkulu.

Ngaphandle kukaNkulunkulu, akukho ukuphepha noma kuphi. Kumelwe siqaphele ukuxhumana kwethu noNkulunkulu ukuze sikwazi ukususa izinkolelo-ze unomphela.

Ngokuzindla ngoNkulunkulu, sizwa ubukhona Bakhe obujabulisayo futhi sisuse amaphupho amabi okuphila

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Ukuzivocavoca ukuze uphumule umzimba futhi uzole ingqondo:

Qinisa imisipha yomzimba wakho ngokulinganisela usebenzisa amandla okuzimisela. Ngamandla okuzimisela, qondisa amandla okuphila (ngesikhathi senqubo yokucindezela imisipha) ukuthi agcwalise umzimba noma iyiphi ingxenye yomzimba ngomsebenzi.

Ngizwa amandla edlidliza, eshaya ngamandla, eshaja umzimba futhi ewuvuselela ngamandla

Phumula futhi uzizwe ukuqhuma kokuphila namandla egeleza emaseli nasezicutshini zomzimba wakho

Nginomuzwa wokuthi awusiwo umzimba, kodwa ungowokuphila okusekela umzimba

**Zizwe ukuthula, inkululeko, kanye nokuthula
okwandisiwe okuhambisana nokuzijwayeza lo
msebenzi**

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**Uma uqondiswa ukuqwashisa kwaphezulu, noma
ngabe ikusasa libonakala lifiphele, izinto zizoqhubeka
zithuthuka futhi ngeke wehluleke uma nje uhamba
ekukhanyeni kukaNkulunkulu futhi uqondiswa
yisiqondiso Sakhe.**

**Kumelwe silahle umqondo wokuthi uNkulunkulu,
nangawo wonke amandla akhe amangalisayo, ukude
ezulwini, nokuthi sibuthakathaka futhi singcwatshwe
ngaphansi kwenqwaba yobunzima nezinkinga kulo
mhlaba.**

**Masikhumbule ukuthi asisodwa, ukuthi ngemuva
kwentando yethu yobuntu kukhona intando enkulu
yaphezulu, nokuthi noma ubani ofuna usizo
ngobuqotho nangokwethembeka ngokuqinisekile
uzoluthola.**

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**Konke endaweni yonke kuxhumene futhi
kuhlobene eduze nabanye**

**Ngokusebenzisa kahle ingqondo yomuntu
esiyinikwe nguNkulunkulu, siyaqaphela ukuthi konke
ukuphila kuxhumene neNgqondo Ephakeme**

**Ngezinye izikhathi singase sicabange ukuthi
siyinto yokudlala ezandleni zekusasa, kodwa lapho
sikhulula ukuqonda kwethu ngale kwezinhlobo
ezilinganiselwe nezikhohlisayo futhi sihlola izinga
lokuqonda kwethu nokuqonda, siyaqaphela ukuthi
ngaphakathi kithi kukhona inhlansi yamandla
aphezulu adala futhi asekela konke ukuphila, nokuthi
ilinde ukuvuka.**

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**Ubunzima bokungaziphathi kahle buzalwa
ngokuqaphela okufihliwe ubuthakathaka bangempela
noma obubonakalayo**

**Bezama ukuvala lobo buthakathaka, abanye
abantu bangase basebenzise isihlangu sokuziqhenya
kwamanga futhi bazikhukhumeze ngokuziqhenya.**

**Labo abangayazi imbangela yangempela yaleso
simo sengqondo esingavamile bangase bathi umuntu
unomuzwa wokuthi uphakeme kakhulu.**

**Zombili lezi zinkimbinkimbi zibonisa
ukungavumelani kwangaphakathi futhi ziyalimaza
ukukhula komuntu siqu. Zizalwa ngokucabanga kanye
nokunganaki iqiniso, futhi azinalo uxhumano nemvelo
yomphefumulo onamandla.**

**Ukuzethemba kumele kusekelwe ezisekelweni
zempumelelo yangempela kanye nokuqaphela ukuthi
imiphefumulo ekhanyisiwe ayiswele lutho ngoba
icebile kuNkulunkulu.**

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Uhlelo lwezinzwa lunemisebenzi emibili:

**Uhlelo lwezinzwa lusenza sikwazi ukuxhumana
nomhlaba. I-yoga yasendulo yathola ukuthi uhlelo
lwezinzwa luphinde lusebenzele ukuxhumanisa
abantu noNkulunkulu.**

**Amandla okuphila emzimbeni womuntu avame
ukugeleza aphume, esuka ebuchosheni
nasemgogodleni ngokusebenzisa imizwa kuya
ezinzwa kanye nokuhlangenwe nakho kwazo
kwangaphandle kwezinzwa.**

**Uma lawo mandla okuphila elawulwa -
ngokuzindla - aguqula ukugeleza kwawo ngaphakathi
esikhundleni sokuphuma, futhi adonsele ukuqonda
ngawo ezisekelweni noma ezikhungweni lapho kuhlala
khona ukuqonda okungokomoya nolwazi
ngoNkulunkulu.**

**Uvalo—okuwukushukumisa kakhulu izinzwa—
lunciphisa ukuqonda komzimba, kuyilapho ukuthula
kudonsela ukuqonda kwaphezulu.**

**Uma uzindla futhi uvala amandla angaphandle
ezinzwa futhi uzizolise, amandla okuphila ayahoxa
ezinzwa aye ezikhungweni zokuqonda okungokomoya,
bese kwakheka ukuxhumana phakathi kwesimiso
sakho sezinzwa nokuqonda okuphakeme, ukuze
uzizwe ubukhona bukaNkulunkulu futhi ube sezweni
lokukhanya ngale kwendawo yokulala nokungazi
lutho.**

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**Abaningi banesithakazelo ebusheni obusha,
njengoba ngandlela thile wonke umuntu efuna
"umthombo wobusha obuphakade," kodwa buyini
ubusha?**

**Akubona bonke abantu abasha abasebasha
ngempela, njengoba abanye empeleni sebekhulile
futhi babonakala bebuthakathaka kakhulu
kuneminyaka yabo yangempela. Ngakolunye
uhlangothi, kukhona abanye abantu asebekhulile
abagcina ubusha babo naphezu kokuguga kwabo.
Bagcina izingqondo zabo zibukhali, amandla abo
ageleza esuka emoyeni wabo onamandla aye
emizimbeni nasebusweni babo, futhi igazi labo lishaya
injabulo yokuphila.**

**Ngokuphambene nalokho, kunabantu
abangalungile, abanemizwa eguquguqukayo,
abacindezelekile, abagxekayo nabadumazayo,
njengokungathi bashonile - sengathi impilo yenu
ingande.**

**Akukho sizatho sezimo zengqondo ezingalungile.
Kufanele sihlale sinethemba, sibe nethemba, sigcwele
impilo namandla, sazise izibusiso zikaNkulunkulu,**

**futhi sigxile ekukhukhuleni kobusha obungokomoya
obuvela ekujuleni kobuntu bethu.**

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**Bafowethu nodadewethu kuleli zwe, ngicela
nikhumbule ukuthi uNkulunkulu munye nokuthi sonke
singamalungu omndeni owodwa wendawo yonke.
Ngakho-ke, kumelwe sithathe izindlela ezakhayo
zokusizana—ngokwezinto ezibonakalayo,
ngokokuziphatha, ngokwezimali nangokomoya—ukuze
sibe izakhamuzi eziyisibonelo zalo mhlaba.**

**Uma wonke umuntu emphakathini wabantu abayi-
1,000 ephendukela ekukhohliseni, ekukhohliseni
nasekulweni ukuze azicebise ngokulimaza abanye,
ngamunye ubezoba nezitha eziyi-999. Kodwa-ke, uma
umuntu ngamunye ezama ukubambisana
nokusebenza nabanye, kunokuba alwe nabo,
ngamunye ubezoba nabangane abayi-999.**

**Ngokufanayo, ukube wonke amazwe ayesizana
ngothando, umhlaba ubuyoba nokuthula futhi
bekuyoba namathuba amaningi okuhlangabezana
nezidingo zawo wonke umuntu nokuthuthukisa
inhlalakahle yawo.**

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**Labo abathole ukukhanyiselwa okungokomoya
bahlanganisa izimfanelo ezinhle zobudoda kanye
nobufazi. Lapho umuntu efinyelela ibhalansi ephelele
phakathi kokuhlakanipha kanye nemizwelo, usuke
efunde esinye sezifundo ezibaluleke kakhulu
ezamlethela lona emhlabeni. Umuntu kumelwe
aqaphele ukuthi isimo sakhe esibalulekile
singokomoya, hhayi ngokomzimba.**

**Uma indoda nowesifazane bebhakana
njengendlela yokwanelisa izifiso zabo kuphela,
basengozini yokuqeda ukuthula nokulahlekelwa
injabulo yangempela. Indoda kumele yenze**

**owesifazane azizwe sengathi akayena nje ukuze
agcwalise izifiso zakhe zocansi, kodwa
njengomlingani nomngane amazisayo, amhloniphayo,
futhi ambheka njengokubonakaliswa kwezincazelo
ezinhle nezijulile kakhulu empilweni. Owesifazane
naye kufanele abheke indoda ngendlela efanayo.**

**Uma indoda nomfazi bethandana ngothando
olumsulwa noluqotho, bahlangabezana nokuvumelana
okuphelele ngokomzimba, ngokwengqondo
nangokomoya.**

**Uma bebonisa uthando lwabo ngendlela
ehlanzekile, umphumela uba umshado ophumelelayo
nenjabulo evuselelwe.**

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**Uma umuntu engajabule empilweni, uqaphela
ngokugcwele lokho ekujuleni kwenhliziyo. Kukhona
indlela eyodwa eqondile eya enjabulweni, futhi leyo
iwukuxhumana noNkulunkulu.**

**UNkulunkulu akasoze abalahla labo abathembela
kuYe, futhi akasoze abadumaza labo abamthandayo**

**Labo abanokuqonda okungokomoya bangayichaza
indlela futhi babonise izithiyo nezingibe, kodwa
abafuna ngobuqotho kumele basebenzise umzamo
futhi badlule ibanga ngokwabo. Ukuzwana
ngokomoya nalabo abanokuxhumana kwangempela
noNkulunkulu kunikeza inzuzo engokomoya kulabo
abafisa ukuhamba indlela futhi bafinyelele umgomo
abawufisayo.**

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Ukuba nokuthula

**Uma ukukhathazeka okushisayo kulahlekelwa
ukushisa**

**Ukuthula kuyavela, kuletha ukuthula nokuthula
Kuyinsika emhlophe yesikebhe sokuphila**

**Kugcwele umoya wenjabulo ehlala njalo,
ongenayo injabulo**

**Ngakho-ke usunduza isikebhe ngobumnene phezu
kolwandle i-Al-Rida**

**Ukuthula kuwukugeleza kokwaneliseka
okuthambile olwandle lokuthula, okungathintwanga
amagagasi okukhathazeka. Kuyisambulela
somphefumulo, esisakazeka phezu kwengqondo
nenhliziyo yomuntu ukuvikela injabulo yokuphila
kwakhe, kokubili okuncane nokukhulu, emvuleni
yokwesaba nokukhathazeka.**

**Liyinothi lasezulwini elivela ehabhu lokuphila.
Liwusawoti ongcwele etafuleni lokuphila, isifutho
esindiza sisuka emanzini empumelelo, kanye nesimo
sengqondo esimnandi nesinokuthula lapho umbuso
womphefumulo ulawulwa khona ngokuvumelana
nangokuvumelana.**

**Ukuthula akugcini nje ngokuba semakhaya
angasese**

**Futhi akukho ukuphunyuka esiphithiphithini
nomsindo**

**Kunalokho, kuza lapho izinhliziyo ziyamukela
khona**

**Futhi uhlala lapho imiphefumulo ithola khona
induduzo kuye**

Kungakhathaliseki isikhathi nendawo

Iyimbali ethambile, ebuthakathaka

Ayikwazi ukubekezelela ukuthintwa okunokhahlo

Kunalokho, iyaphila, iyaqhakaza, futhi ichume

Uma iniselwa ngamanzi amasha, ahlanzekile

Ukuthula kuyichibi elithule lemizwa

Ukukhululeka emibimbi yosizi

Okhala izinyembezi zokwesaba

**Ukuze uthole isici esincane sokukhathazeka
nokucindezeleka**

**Lapho ikhasi lomphefumulo onokuthula limboziwe
Ingqimba yeqhwa elimhlophe elicwebezelayo
nelicwebezelayo:**

**Iqhwa lokuthula nokuthula kwengqondo
Iziphepho zokwesaba kanye neziphepho
zokukhathazeka ngeke zinqobe**

**Ukuthula nokuthula okuphazamisayo
Ngaphansi kwalesi sigaba esiqinile
nesicwebezelayo**

**Ngenxa yalokhu kukhanya okubusisiwe
nokukhazimulayo**

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**Ubungane buyindlela emsulwa kakhulu yothando
lwaphezulu**

**Ngoba kuzelwe yisinqumo senhliziyo
esikhululekile**

**Akuphoqwa kithi ngemvelo yomndeni
Abangane abaphelele abahlukani
Akukho okunganqamula izibopho zothando lwabo
lobuzalwane**

**Ingcebo yobungani iyimpahla eyigugu kakhulu
Ngoba ubungani beqiniso buhlangene
nomphefumulo**

**Ngale kwemingcele yaleli zwe
Bonke abangane esabelana nabo izibopho
zothando**

**Sizophinde sihlangane nabo endlini yasezulwini
Ngoba uthando lweqiniso alusoze lwafa**

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**Abangingi beza endleleni yokomoya, kodwa labo
abaphikelela kuze kube sekupheleni bazozwa injabulo
yokomoya futhi bajabulele ukuthula kweqiniso.**

**Abafundi abaqotho - abaqaphela ukuthi izindlela
ezimnyama, ezinodaka zezwe ziholela ekudumazekeni
nasekukhungathekeni - baphendukela kuNkulunkulu**

**futhi bamfune ngobuqotho, futhi abanakungabaza
ngamandla aKhe okubasindisa nokubaduduza.**

**Kungakhathaliseki ukuthi umuntu ofunayo uthola
impendulo ebonakalayo evela kuNkulunkulu noma
cha, akalahlekelwa ukwethemba kwakhe kuYe, kodwa
uyaqhubeka nokumnxusa ekujuleni komphefumulo
wakhe, eqiniseka ukuthi uyakuzwa ukunxusa nokuthi
uzophendula ubizo lwenhliziyo ngesikhathi esifanele.**

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**Isayensi ifakazele ukuthi yonke inhlayiya yento
ayinakubhujiswa, futhi wonke amaza amandla
awanakubhujiswa**

**Lokhu kusebenza futhi kumuntu uqobo noma
ingqikithi yakhe engokomoya engafi**

**Izinto ezidaliwe zingashintsha, futhi umphefumulo
womuntu uhlangabezana nokuhlangenwe nakho
okushintshayo**

**Ushintsho lokugcina lubizwa ngokuthi ukufa,
kodwa ukufa noma ushintsho lwesimo alushintshi
noma alubhubhisi ingqikithi yokomoya**

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**Nkosi yendawo yonke futhi othandekayo
wezinhliziyu, sengathi ukunakekelwa kwakho
kungasiphelezela Masiqaphela ukuthi unguwe wedwa
iNkosi yaphezulu, ohlezi esihlalweni sobukhosi
sezifiso zethu.**

**Ngale kwesango lokuphila nokufa, Wena, Nkosi,
ungokuphela komgomo ophakeme kakhulu**

**Uyimpilo yangempela, futhi akukho lutho
olukhona ngaphandle kwakho**

**Sibusisiwe ukuze sibone okuhle, sizwe okuhle,
futhi sicabange imicabango ekhuthazayo nezuzisayo**

**Abathobekileyo bangabantu abakhulu emhlabeni
Umfuni kumele afune uNkulunkulu uqobo,
njengoba kungekho muntu ongamnika lolo lwazi;**

kunalokho, kumele asebenzele ukuthola umklomelo wokugcina.

Uma umfuni enza isinqumo esiqinile sokuthola uNkulunkulu futhi ehlanganisa leso sinqumo nokuzindla okujulile, uzomthola.

Uma usuthinte ubukhona bukaNkulunkulu, udlula umthetho wesizathu nomphumela

Injabulo umuntu ayicabangayo nayifunayo itholakala kuNkulunkulu, futhi labo abaxhumana Naye yibo abajabula ngempela.

Sibusise, Nkosi, ukuze sikunike indawo yokuqala ezimpilweni zethu futhi ukuze singavumeli izilingo zomhlaba zincintisane nothando lwakho ezinhliziyweni zethu.

Masivule izinhliziyi zethu othandweni lwaphezulu ukuze lungene ezimpilweni zethu, luzigcwalise ngokukhanya, futhi luzihlobise ngezimbali zenjabulo.

Zonke izenzo ezinhle esizenzayo ziwukutshalwa kwezimali okuwinayo kuze kube phakade

Ngemuva kokuqonda okulinganiselwe komuntu kulele amandla angenamkhawulo kaNkulunkulu

Ukuphila okulula kunikeza inkululeko

Uma imicabango isithulile, kuba nokwenzeka ukulalela uhlelo lwaphezulu ngomsakazo wokulangazelela. Futhi uma sinobuqotho, sidonsela abantu abaqotho kithi, futhi ngabo, sizwa ubuhle nothando lukaNkulunkulu.

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Kungakhathaliseki ukuthi uneminyaka emingaki, uma uthi "Ngingakwazi" usemncane

Inggondo uNkulunkulu asinike yona iyithuluzi elinamandla futhi ufuna siyisebenzisele ukwenza okuhle

Lapho ngicabanga kakhulu ngoNkulunkulu ngaphakathi kimi, kulapho ubukhona bakhe

**bubonakala khona ngokusobala kimi ezweni
elingizungezile.**

*** * ***

**Sibusise, Nkosi, futhi usenze sikuthande
ngothondo olukhulu**

**Ukuze sinambithe ubukhona bakho futhi sijabule
ngawe**

Zonke izinsuku zokuphila kwethu

**Ukuze izwe nezilingo zalo zingabi namandla
ezinhliziyweni zethu**

**Noma usiphazamise futhi usivimbele
ekucabangeni ngawe**

**Sibusise ukuze siphile usuku ngalunye
ekukhanyeni kwakho nokuthula**

**Sikulangazelela futhi silindele ngabomvu
ukuxhumana nawe**

**Esikhundleni sokulangazelela izinto zomhlaba
ezingenaso isikhathi eside**

Qondisa indlela yokuphila kwethu kuwe

Ukuze uma imikhuba emibi izama

**Ukusiphatha nokubopha ukuqonda kwethu
emikhawulweni yaleli zwe**

**Imibono yethu indiza kuwe ngesivinini esikhulu
Izwe, Nkosi, lidala ukukhathazeka ngaphakathi
kithi**

Ngesikhathi uzindla

**Kuletha ukuphepha nokuthula kwengqondo
emiphefumulweni yethu**

Ungukuphila kwethu

Futhi ungothandekayo wethu

Futhi ubumnandi bokuba khona kwethu

Ngokuzinikela okujulile siyakhothama kuwe

Nkosi yezinhliziyiyo zethu

Sicela ugcwalise izimpilo zethu ngothondo lwakho

Futhi ukuze uzibonakalise kithi

Futhi kubo bonke abalandeli bakho nabathandi bakho

**UBuddha nesithandwa sakhe: Master #Paramhansa
Izinkulumo ezengeziwe zikathisha**

I-Paramhansa Yogananda

Kusixhumanisi esilandelayo:

www.swaidayogacom

ENdiya, uBuddha ubhekwa njengomuntu ozelwe njengoNkulunkulu. Waphila eminyakeni engamakhulu amahlanu ngaphambi kukaJesu Kristu futhi wayeyindodana yenkosi yaseNdiya.

Uyise kaGautama (owaziwa kamuva ngokuthi uBuddha, okusho ukuthi “okhanyiselwe”) wazungeza indodana yakhe yesikhulu kusukela ekuzalweni ngayo yonke into yokunethezeka nobuhle, eyinika injabulo engenamkhawulo. Kuthiwa umshado kaGautama wawumuhle kakhulu futhi ubiza kakhulu kangangokuthi imibuso yasendulo yayingakaze iwubone ofana nawo.

Ngale ndlela, uGautama wakhula futhi wafinyelela ebudodeni, ekholelwa ukuthi izwe elimzungezile liyindawo yemicimbi ejabulisayo engapheli kanye nemicimbi ejabulisayo engapheli.

Kodwa iNkosana uGautama yayilangazelela ukuthola umhlaba ngale kwamasango esigodlo nezingadi ezinhle. Ngolunye usuku, yaphuma izifihle nomshayeli wayo wenqola ukuze izibonele umhlaba mathupha.

Le nsizwa enhle yashaqeka futhi yathinteka kakhulu lapho ibona okokuqala empilweni yayo

**indoda endala, ebuthakathaka, nomunye umuntu
ephefumula okokugcina, kanye nokubona isidumbu
esingenampilo**

**Wabheka umzimba wakhe ophilile, ophilayo,
wabuza umshayeli wendiza ukuthi umzimba wakhe
nawo uzoguga yini, ubole, futhi ulahlekelwe yinhansi
yawo yokuphila ngolunye usuku. Umshayeli wendiza
waphendula ngokungathandi:**

**"O Nkosi, yonke imizimba yabantu isengozini
yezifo, ubuthakathaka, nokuguga, ngakho-ke
isiphetho sabo ukufa"**

**Lapho izwa lokhu, inkosana encane yaqala
ukucabanga ngokungathi sína ngemibono yokuphila
kwasemhlabeni. Ngobusuku obunye, ngesikhathi
umkakhe nendodana yakhe okuwukuphela kwayo
belele, uGautama wababheka okokugcina, futhi
ngamehlo agcwele izinyembezi, washiya isigodlo
efuna iqiniso elalizokhulula isintu phakade osizini
nasebuhlungwini futhi libanike ukuqonda
kwangempela kwemfihlakalo yokuphila nokufa.**

**Isikhulu sasisebenzisa izinhlobo eziningi zokuzila
nokuzidela. Kuthiwa sachitha iminyaka eyisikhombisa
sizila ukudla neminye imikhuba engokomoya.
Ekugcineni, ngenkathi sizindla ngaphansi komuthi we-
banyan (umkhiwane) esifundeni saseBodh Gaya
eNdiya, sathola ukukhanyiselwa okuphelele.**

**Wabe eseqala ukudla ngendlela evamile ukuze
ondle umzimba wakhe futhi wasakaza kulo lonke
elaseNdiya izimiso zobubele nothando olulinganayo
kuzo zonke izidalwa eziphilayo—abantu, izinyoni,
nezilwane. Wabuye weluleka ngokumelene
nokunamathela ezintweni zomhlaba ngethemba**

lokufinyelela i-nirvana, noma isimo sokuhlukana esikhulula umphefumulo ekuzalweni kabusha.

Kamuva, abalandeli bakhe basakaza izimfundiso zakhe kulo lonke elaseNdiya, eJapan, eShayina nakwezinye izingxenye zomhlaba.

Isimo seNirvana, noma ukungabikho kobubili, kuvame ukungaqondwa kahle njengokubhujiswa komuntu. Kodwa lokho uBuddha ayekusho kwakuwukubhujiswa kobuntu obulinganiselwe noma umuntu wamanga. Lobu buntu obuncane kumele bubhujiswe ukuze umphefumulo ongafi ukwazi ukukhululeka emjikelezweni wokubuyela emzimbeni womuntu.

Imfundiso yobuBuddha yokubhujiswa, eyayibheka njengomgomo wokuphila, kamuva yathathelwa indawo eNdiya yimfundiso yobuSwami kaShankara, umsunguli we-oda lobuSwami eNdiya, owafundisa ukuthi umgomo wokuphila uwukufinyelela ukuhlanguka okujabulisayo nomoya wendawo yonke ngaphandle kokubhujiswa kokuzazi.

UMfundisi uBuddha nabafundi bakhe babengashadile Ngesikhathi behamba eNdiya, kwenzeka isigameko esingajwayelekile kuBuddha esadida abafundi bakhe futhi senza abanye babo bangabaza ukuziphatha komfundisi wabo

Njengoba uBuddha omkhulu ephumule nabo emthunzini wesihlahla, owesifazane wasondela kubo wadonseleka emzimbeni nasebusweni bukaBuddha ngokungenakuvinjelwa, okwakhapha ukukhanya okungavamile. Wamthanda ngokushesha. Egcwele inkanuko, wagijimela kuye ngezingalo ezivulekile ukuyomgona nokumanga, ememeza ethi, "O injabulo

nokukhanya kokuphila, inhliziyo yami ishaya ngothando ngawe!"

Abafundi bamangala lapho bezwa inkosi yabo iphendula umlingi ngokuthi, "Sithandwa sami, nami ngiyakuthanda kodwa ungangithinti manje, ngoba isikhathi asikafiki."

Waphendula wathi: "Uthi 'sthandwa sami' kodwa ungingqabela ukuthi ngikuthinte!"

UBuddha omkhulu waphendula wathi: "Qiniseka, sithandwa sami, ukuthi ngizokuthinta kamuva, kodwa hhayi manje Futhi ngizofakazela ukuthi ngikuthanda kangakanani"

Ethola ukuthi wayengakholwa ngamazwi akhe, wanezela: "Themba amazwi ami, sithandwa sami, futhi ungalokothi uwangabaze Kamuva, lapho izithandwa zakho ezikuthanda manje sezikushiye, ngizoza kuwe"

Abafundi bakhe badideka ukuzwa lezi zindaba zothando ezivela kumphathi wabo, futhi abanye babo bacabanga ukuthi uthisha wabo wayewele ogibeni lowesifazane okhohlisayo ngempela.

Eminyakeni eminingi ngemva kwaleso sigameko, ngesikhathi uBuddha ezindla nabafundi bakhe, wavele wamemeza: "Kumelwe ngihambe, ngoba isithandwa sami esikhangayo siyangibiza ngokuthi Uyangidinga manje, futhi kumelwe ngigcwalise isithembiso engasenza kuye."

Ngokushesha nje lapho esho la mazwi, wasukuma wabaleka, abafundi bamlandela bezama ngamandla onke ukumsindisa esilingweni sowesifazane oyengayo.

Ekugcineni, umfundisi omkhulu nabafundi bakhe bafika esihlahleni esifanayo lapho ahlangana khona nowesifazane olingayo eminyakeni edlule. Babonani ngaphansi kwalowo muthi?

Bambona lona wesifazane elele phansi, umzimba wakhe omuhle ugcwele ingxibongo futhi ugcwele amathumba anuka kabi, aqhumayo.

Abafundi bathuthumela futhi basuka kuye ngokushesha, kodwa uBuddha, ngenhliziyo yakhe enomusa nothando olujulile, wahlala eceleni kwakhe, waphakamisa isidumbu sakhe esasibola, wasibeka emathangeni akhe, wamhlebelala endlebeni:

"Sithandwa sami, ngize ukuzofakazela ukuthi ngikuthanda kangakanani, nokugcwalisa isithembiso sami sokuthi ngizokuthinta. Bengilinde isikhathi eside ukukufakazela uthando lwami oluqotho. Ngiyakuthanda lapho wonke umuntu eyeka ukukuthanda. Futhi ngiyakuthinta lapho abangane bakho - izinsuku zenkazimulo - bengafuni ukukuthinta."

Lapho esho lawo mazwi, wamphulukisa ngokushesha esimweni sakhe esibuhlungu futhi wamcela ukuba ajoyine umndeni wabafundi bakhe, futhi wasabela esicelweni ngokuzimisela okungapheli nenjabulo engenakulinganiswa!

Ukuthula makube phezu kwakho

Iziqinisekiso Ukwelashwa okuvamile

Esihlalweni sobukhosi sayo yonke imizwa, yonke imicabango nentando,

O Nkosi, uhlala, futhi uqapha umphefumulo wami

Ungumcabango, intando, kanye nomuzwa

Uyakuqondisa Uqondisa yonke imicabango, intando, kanye nemizwa

Ukuze wenze ngokwesiqondiso sakho

Futhi landela isiqondiso sakho

Futhi ube yisibonelo sakho

Ethempelini lokwazi kukhona ukukhanya

Ukukhanya kwakho kungumphilisi omkhulu

Lokho amehlo ami akubonile ngaphambili, sengikubona manje

Ithempeli lami selikhanyisiwe manje, akukho bumnyama kulo!

Ngalala ubuthongo ngaphupha ngokubhujiswa kwethempeli

Ngezimbazo zokwesaba nokungazi, kanye nomlilo wokukhathazeka

Ungivuse nje ukuze ngibone isakhiwo siphelele, hhayi sibhidlikile!

Ngifuna ukukukhonza, ngifuna ukukubona

Ebuntwini bami, ezinkanyezini

Emaseli omzimba, asebenza njalo

Ilungisa futhi ilungise zonke izinkinga emzimbeni

**O, yeka ukuthi ngilangazelela kangakanani
ukukukhonza**

**Ngikubona emzimbeni wami, nxazonke zami,
nakukho konke ukuphila kwami**

Ukhona konke

Uthando lwami ngawe, Nkosi, alunamkhawulo!

Intando yakho, Nkosi, isebenza ngami

Intando yami iyinhlanga yokukhanya kwakho

**Ngaphakathi kwami, ukukhanya kukhanya, futhi
ubumnyama buya emuva**

Ngizohlose futhi ngizofuna

Ngizosebenza futhi ngakhe

Ungavumeli ubugovu bami bungiqondise

Kunalokho, nguwe oqondisa

Futhi nguwe engikulalelayo

Ngizokufeza lokhu ngamandla okuzimisela

Ukusebenza ngokungapheli

Ngakho-ke qinisa ukuzimisela kwami, Nkosi

Ngentando yakho enkulu

Masibe, Nkosi,

Njengezingane ezincane ezingenacala

Njengalabo abajabulela umbuso wezulu

Uthando lwakho ngaphakathi kithi luphelele

Futhi njengoba uphelele

**Yile ndlela esiphila ngayo, ngokomzimba
nangokwengqondo**

**Ukhona yonke indawo futhi ukuphelela kuhlala
ebukhoneni bakho**

Ukukhanya kwakho kukhanya emzimbeni

**Amaseli ayo aphilile adonswa ekukhanyeni
kwakho**

Ake ngiqaphele ukuthi uhlala engqondweni yami

**Ngomphefumulo wami kanye nokuba khona
kwami**

Ngayo yonke i-athomu yomzimba wami

Ake ngiqaphele!

**O mpilo yempilo yami, uphelele, uphelele kukho
konke**

Usenhliziyweni yami futhi usengqondweni yami

Ngamehlo ami, ubuso bami, nomzimba wami

**Nguwe oshukumisa izinyawo zami ukuze
ngihambe**

Zombili zizwakala kahle

**Amandla akho ayisisekelo sakho; umsebenzi
wakho unamandla akho**

Ngeke ngiwe ngoba uyangisekela

Angiwi ngoba

Ngithembele emandleni akho!

**Usemphineni wami
Usesiswini sami nasezandleni zami
Isitho ngasinye sikhanya ngokukhanya
Emgogodleni wami uyakhanya, uyakhanya
Ushajeke ngamandla, uphilile ngokuphelele
Ugeleza ngemizwa yami, amandla amsulwa
Uphilile kahle impela
Emithanjeni yami emithanjeni yami kuyageleza
Ungumlilo odla konke ukungcola
Ihlanza umzimba kuzo zonke izifo
Njengoba nje ungothandiweyo wami, nami
ningothandiweyo wakho
Ngizwa ubukhona bakho engqondweni yami
Ishaya ngamandla ngomsinga wokuphila
Vumela umcabango wami ukhuphuke ngaphezu
kwemingcele yonke
Masindize kuzo zonke izifunda ngaphandle
kwesithiyo noma imingcele
Uma ngicabanga ngezifo, nami ngingase ngigule
Uma ngicabanga ngempilo, ngizizwa ngiphilile
Umzuzu ngamunye, ihora ngalinye, nsuku zonke
Ngizizwa nginamandla, ngizizwa ngiphilile
Ngizizwa ngijabule, nginamandla, futhi ngijabule
Ngiphuphe ukuthi ngiyagula**

Ngavuka ngahleka lapho ngithola

Izinyembezi zami zigcwele amehlo ami

Lezi izinyembezi zenjabulo, hhayi izinyembezi zosizi

Ngiphilile kakhulu futhi ngiphilile

Naphezu kwamaphupho okugula

O Nkulunkulu, ake ngizwe injabulo yakho

Futhi ngiyakuthanda kanye nokuba khona kwakho

Kungakhathaliseki ukuthi ngiyalalela noma ngiyinkani

Ngizohlala ngithandwa nguwe, Nkosi yami, kuze kube phakade

Ake ngizizwe sengathi ngiphilile njalo

Futhi ngijabule empilweni yami

Ake ngigcwalise injabulo yakho

Ake ngiqonde, O Owazi Konke

Ngentando yakho ehlakaniphile!

Ukuzihlaziya: Isihluthulelo sempilo ejabulisayo

I-Master Paramhansa Yogananda

Ukuhumusha: Mahmoud Abbas Masoud

Masilahle imingcele yobugovu futhi sizulazule emadlelweni amakhulu, angenamkhawulo entuthuko engokomoya Njengeqembu lesikhathi, elihlala lihamba ezindleleni zokuphila, kanjalo neqembu lomphfumulo kumelwe lihambe ezindleleni

**zokukhula kokugcina liye emngceleni womoya
waphezulu.**

**Isinyathelo sokufeza imisebenzi ebaluleke
kakhulu empilweni sivame ukuhlala singcwatshwe
ngaphansi kwemfucumfucu kanye nemfucumfucu
yemikhuba yabantu Umuntu kumelwe azikhulule
ethonyeni elicindezelayo lale mikhuba futhi aqale
ukuhlwanyela imbewu yempumelelo ayilangazelelayo
emhlabathini wempilo yakhe Ukuphila kuthola inani
nokubaluleka lapho sifeza umsebenzi obaluleke
kakhulu noyisisekelo: ukuthola incazelo yangempela
kanye nenani lokuphila kwethu**

**Abantu kumele baqonde ukuthi lezi zithombe
zokuphila ezishintshashintshayo azivezwa ngaphandle
kwesizathu Nsuku zonke sibona izigcawu ezintsha,
futhi nsuku zonke kuletha izifundo ezintsha okumele
sizifunde ngokugxila enjongweni yokugcina yokuphila
kwabantu: ukuqaphela uMuntu Ophakeme ofihliwe
ngemuva kwesihengo sokuphila**

**Izigidi zabantu azikaze zizibandakanye
ekuzihlaziyeni Ngokwengqondo, zingafaniswa
nemikhiqizo ezenzakalelayo yendawo yazo. Zichitha
izimpilo zazo zimatasa ngokudla kwasekuseni,
kwasemini, kwakusihlwa, emsebenzini, ekulaleni,
nokuhamba lapha nalaphaya zifuna ukuzijabulisa
nokuzijabulisa. Azi ukuthi zifunani, kungani zikufuna,
noma ukuthi kungani zingakatholi injabulo ephelele
nokwaneliseka okuhlala njalo. Ngaphandle
kokuzihlaziya, abantu bahlala bezenza
okuzenzakalelayo, bebuswa izimo zendawo yabo.
Ukuzihlaziya okufanele kuyindlela ephumelela
kakhulu yokuthuthuka nokuthuthukisa amandla
omuntu.**

Ukuzihlaziya kumele kwenziwe ngokwethembeka nangobuqotho. Indlela engcono kakhulu yokwenza lokhu ukuthi umuntu abhale phansi imicabango nezifiso zakhe nsuku zonke, okumvumela ukuthi abhekane nobuntu bakhe bangempela ngaphandle kokuhlobisa noma ukuzenzisa. Iningi labantu alishintshi libe ngcono ngoba liyahluleka ukubona amaphutha alo.

Wonke umuntu ungumkhiqizo wendawo yakhe kanye nofuzo lwakhe Umuntu ozalelwe ezweni elithile uzobonisa izici ezihlukile zalelo zwe Umuntu ozalelwe eShayina noma ezweni laseNtshonalanga cishe uzobonisa izici nezimfanelo ezihlobene nalawo mazwe Indawo umuntu ahlala kuyo ingumphumela wezici zofuzo: izinzuzo nezifiso ezitholakale ekuphileni kwangaphambilini Izici ezitholakala emizimbeni eyedlule ziholela ekuzalweni komuntu emndenini noma endaweni azithola ekuyo

Uma sifunda ngemindeni edumile, sivame ukuqaphela ukuthi izingane zabantu abakhulu azikho ezingeni elifanayo lobuhlakani nabazali bazo Lokhu kwehluleka kwezinto eziphilayo kanye nezakhi zofuzo kubantu kuphakamisa ukusola nemibuzo: Kungani singatholi imiphumela efanayo empilweni yabantu njengoba sibona emibusweni yezitshalo nezilwane, lapho izinhlobo ezinhle zivame ukukhiqiza izinhlobo ezinhle? Kumelwe sihlolisise ukusebenza kwangaphakathi kwempilo yomuntu ukuze sifune impendulo

Akuyona into engavamile ukuthola ingane emndenini ogxile ezincwadini nasesayensi engenaso nhlobo isithakazelo ezincwadini. Kuyiqiniso ukuthi yazalelwa futhi yakhulela endaweni yokubhala

phakathi kwabathandi bezincwadi, kodwa ayinawo amathonya afanayo. Kungani futhi kwenzeka kanjani lokhu kudideka? Indawo kanye nofuzo akunikezi incazelo enengqondo yalesi simo. Kodwa ngemuva kwazo zonke lezi zici kukhona iqiniso lokuphindukuzalwa. Sizalelwa emndenini othile ngenxa yokufana ezicini ezithile. Kodwa ilungu ngalinye lomndenini lingumuntu ozimele, onezimpawu ezilethwa ekuphileni kwabo kwangaphambilini. Ngenxa yalesi sizathu, naphezu kokufana okuthile kwezinto eziphilayo kanye nezakhi zofuzo phakathi kwamalungu omndenini, umuntu ngamunye uhlukile kwabanye ngobuntu nangobuntu.

Umuntu ukhetha ukuzalelwa emndenini othile kanye nendawo ethile yomphakathi noma yesizwe ngezizathu ezithile ezinqunywa yizenzo zakhe zangaphambilini Kusukela kulo mbono, umuntu ungumakhi wekusasa lakhe kanye nomhleli wekusasa lakhe Umuntu angabikezela, ngezinga elithile, ukuthi uzoba yini empilweni yakhe yesikhathi esizayo ngokuhlaziya izifiso zakhe kanye nemikhuba yakhe evelele kulokhu kuphila.

Yilapho ukubaluleka kokuzihlaziya kokukhula ngokomoya kulele khona Abanye abantu bathanda ukufunda amanoveli abuhlungu, bewabheka njengohlobo abaluthandayo futhi benomuzwa wokuthi bazoqhubeka bewajabulela impilo yabo yonke. Kodwa uma bebengazihlaziya, bazothola ukuthi bavame ukucindezeleka nokucasuka ngokufunda njalo lolu hlobo lwezincwadi. Ngenxa yalokhu kucindezeleka, bangase bafune ukuyeka lo mkhuba futhi esikhundleni salokho bahlakulele umkhuba wokufunda izincwadi ezingokomoya eziphefumulela imicabango yabo futhi zondle imizwa yabo ngemibono

ezwakalayo nephakeme. Uma benza lolu shintsho, bazothola ukuthi izimpilo zabo zithathe inkambo entsha emangalisayo ngenxa yokuqonda okuqaphelayo nokuzimisela okuqinile.

Kuyiqiniso ukuthi singazishintsha ngokushesha kakhulu uma sifuna, kodwa ukushintsha amaphethini nemikhuba yeminyaka kudinga umzamo wangempela kanye nentando enamandla.

Ukuze kuqedwe umkhuba ojulile, wonke amandla okuzimisela kumele asetshenziswe ngendlela ehlukile kuze kube yilapho umkhuba omubi ususwa futhi amandla awo eqedwa. Iningi labantu alinaso isineke nokuphikelela okudingekayo kulokhu. Kodwa-ke, umuntu kumelwe aqaphele ukuthi lokho akudalile noma akwenzile kungasulwa noma kwenziwe kube yize.

Uma uzihlaziya, yiba nesifiso esinamandla sokususa ubuthakathaka bakho bese uba umuntu ofanele ube yikho Ungazizwa udikibele noma ukhungathekile lapho uthola amaphutha aqokonyiswa ukuzihlola ngobuqotho; kunalokho, bheka njengethuba lokubona ukuthi yini okudingeka ilungiswe ebuntwini bakho

Kuvele umbono othi umcabango uwumkhiqizo wezindlala ze-endocrine Lo mqondo awunasisekelo Inyama namathambo akukwazi ukukhiqiza umcabango Inggondo ingumakhi omkhulu wazo zonke izinto, kokubili okujwayelekile nokuqondile Njengoba nje amanzi eba yiqhwa ngokupholisa, umcabango uthatha izimo ezibonakalayo ngokujiya Konke endaweni yonke kucatshangwa ngezindlela ezibonakalayo Ngisho nesitho se-endocrine siwukubonakaliswa okubonakalayo kwemodeli encane yomcabango

Isimo somzimba nesengqondo somuntu sihlobene kakhulu Isibonelo, kuye kwaphawulwa ukuthi abantu abanesifo sesibindi bavame ukucasuka futhi bathukuthele. Uma umuntu ehlushwa ukukhiqizwa kwe-bile ngokweqile noma ukungasebenzi kahle kwesibindi, angase angathandi ukumamatheka noma ukujabula nabo bonke abahlangana nabo. Kunalokho, angase azizwe ethukuthele futhi ecasukile. Imicabango nemizwa kuthonywa isimo somzimba.

Uma izitho zomzimba zonakele, lokho kuthinta kabi amandla engqondo, okubuye kube buthaka Labo abadla inyama eningi bavame ukuthukuthele nokucasuka. Uma umuntu ebengadla ujudi wamagilebhisi isonto lonke, ubezozizwa eqabulekile futhi evumelana nawo wonke umuntu.

Ukudla ngokweqile nokudla ukudla okungafanele kudala futhi kugcine inani elikhulu lobuthi emzimbeni, okungangabazeki ukuthi bunomthelela omubi engqondweni, okwenza bube buthaka, buthule, futhi bucasuke kalula Ukuzila ukudla okungapheli ngejudi yamagilebhisi noma yewolintshi kusiza ukuhlanza umzimba, okusiza ukuvuselela ubuchopho futhi kubunike amandla Ngaphezu kwalokho, ukuzila ukudla okwelaphayo usuku olulodwa ngesonto, futhi ngezinye izikhathi izinsuku ezintathu ngesikhathi (ngenathi uphuza amanzi nejudi ngesikhathi sokuzila ukudla), kuye kwabonakala kusiza ukuhlanza umzimba ebuthi obuqongelelekile kanye nemfucuza Ukuzila ukudla izinsuku ezingaphezu kwezintathu ngesikhathi kufanele kwenziwe ngaphansi kokuqondisa kukadokotela noma uchwepheshe wokuzila ukudla

Ngake ngahlangana nendoda eneminyaka engamashumi ayisikhombisa ubudala eyayigqoke izingubo ezilula, ingenajazi, futhi ingenamasokisi, yize kwakubanda kakhulu. Yangiqinisekisa ukuthi ayizizwa ibanda nhlobo! Yayijwayele umzimba wayo isimo sezulu esibandayo. Inggondo ithonya umzimba kakhulu kunomzimba othonya inggondo, yize izakhi zamakhemikhali zomzimba zihlala zithinta inggondo.

(Qaphela: Ucwangingo olunzulu ngomthelela wokudla kanye nokudla okunempilo empilweni yengqondo belulokhu luqhubeka iminyaka eminingi ngaphambi kokuba uParamhansa enze lokhu okuphawuliwe Abantu abakhulele ebumpofwini futhi ababengenazo izakhamzimba ezifanele ngokuqinisekile babonise ukukhula kwengqondo okuphazamisekile kanye nezimpendulo ezihamba kancane. Ngaphezu kwalokho, isayensi ikhombisile ukuthi ezinye izinhlobo zokuhlanya [ezisabhekwa njengezingelapheki] zithuthuke kakhulu ngokusebenzisa amavithamini kalula. Futhi, izimbangela zezinhlobo ezithile zokucindezeleka, ukukhathazeka, kanye neminye imizwa zingalandelelwa emuva ekungalinganini kwezinto zamakhemikhali emzimbeni)

Nakuba inggondo inethonya elikhulu emzimbeni, akuhlakaniphile ukunganaki umzimba Umuntu kufanele abeke phambili ukudla okunempilo kunokudla okungenampilo Uma izimo zidinga ukuthi uhlale nabantu abakwenza ucasuke, kuyalulekwa ukuthi ushintshe indawo okuyo ngezikhathi ezithile Kodwa okungcono kakhulu kunalokhu ukushintsha isimo sakho sengqondo ukuze ungakhathazeki ngezenzo zabanye. Zishintshe, futhi uzokwazi ukuhlala ngokuthula nenjabulo noma kuphi.

**Umhlaba wonke ufana nendawo yokukhosela
yengqondo Abanye abantu bahlushwa umona
nomona, abanye intukuthelo, inzondo, kanye
nenkanuko Bayizisulu zemikhuba nemizwa yabo
Kodwa ungadala ukuthula endaweni okuyo Zihlole
Imizwa inemiphumela eqondile engqondweni
nasemzimbeni Umona nokwesaba kwenza ubuso
bubonakale buphaphathekile, kanti uthando lukwenza
bukhanye Uma ungazola, uzohlala ujabule**

**Kungakhathaliseki ukuthi umuntu ulwela
ukuhlakulela uhlobo luni lomuntu siqu, kumelwe enze
umzamo wokuhlaziya ubunjalo bakhe bangempela
futhi athuthukise izimfanelo zakhe ezinhle kakhulu.
Umuntu angase abe nobuntu bokuziphatha,
bokuziphatha, bokuthanda izwe, bobuciko, noma
bokuhweba, njalo njalo. Uma umgomo wakhe
uwukuhambisana nemigomo yokuziphatha ephakeme
kakhulu, kumelwe aphile ngobuqotho futhi abe
nezinhloso ezinhle kanye nobuhle kubo bonke. Lokhu
kuyingqikithi yokuziphatha okuhle. Ukuziqhenya
kuqhuba labo abazithethelelayo ukuba bagxeke futhi
bagxeke ababuthakathaka ababazungezile. Kodwa
labo abanesimo esihle nemiphefumulo eqondayo
bayazwelana nabanye futhi ababagxeki ngamaphutha
avela ekungazini nasekuhluleleni kabi.**

**Labo abanemikhuba yokuthanda izinto
ezibonakalayo bavame ukuhlupheka
ngokungadingekile Abantu abanjalo kumele bafunde
ukuzithiba, ngaphandle kwalokho bafana nezingcezu
zezwe elibonakalayo ezihambayo, baphoqelekile
ukubhema inani elithile likagwayi ngosuku futhi badle
ukudla okuthile. Baphathwa yikhanda uma
bephuthelwa ikhofi noma isidlo sasemini futhi
bengalala kuphela ematilasini anezici ezithile. Nakuba**

ukunethezeka kulungile, umuntu akufanele abavumele ukuba bazenze izigqila. Ukulinganisela kubalulekile, futhi ngaphandle kokuba umuntu alinganisele izimo zakhe zengqondo, zomzimba, nezingokomoya, ngeke azi injabulo. Akuhlakaniphile ukuvumela imvelo yezinto ezibonakalayo ukuthi ibuse ukuhlakanipha nokuqonda komuntu. Izwi lokugcina nesinqumo sokugcina kufanele kube ngokonembeza nokuqonda.

Impilo elula nemicabango ephakeme kufanele kube yimigomo yesintu. Kumelwe sithwale zonke izakhi zenjabulo ngaphakathi kwethu. Lokhu kungenzeka ngokuzindla nokuvumelanisa ukuqonda kwethu nenjabulo engokomoya evuselelwa njalo. UNkulunkulu uyinjabulo yendawo yonke, futhi ngokuvumelana Naye, sizwa injabulo Yakhe futhi sinambithe ubumnandi Bakhe. Akumelwe neze siboleke injabulo yethu kunoma yiliphi ithonya langaphandle. Kungakhathaliseki ukuthi sihlala noma sisebenza kuphi, kumelwe sivikele ukuthula kwethu kwangaphakathi ethonyeni layo. Zihlole futhi ube yilokho okufanele ube yikho nalokho ofuna ukuba yikho. Abantu abavamile ukufunda ukuzithiba kwangempela; kunalokho, benza izinto ezilimaza inhlalakahle yabo kodwa bakholelwa ukuthi bayajabula! Kodwa injabulo yabo iyinkohliso. Isihluthulelo sangempela senjabulo nempumelelo sisekukwenzeni izinto ofuna ukuzenza ngoba kungumsebenzi wakho, futhi ukugwema ukwenza izinto ezilimazayo ngoba ukuzigwema kungcono.

Akufanele ugcine ingqondo yakho imatasa ngezinto eziningi ezikhathazayo nezintshisekelo. Zihlole ukuze ubone ukuthi zibaluleke ngempela yini. Isikhathi siyigugu futhi akufanele sichithwe.

Ukufunda incwadi eyodwa ezuzisayo kungathuthukisa inhlalakahle yakho kakhulu kunokubuka ama-movie. Ngivame ukuthi, "Uma ufunda ihora elilodwa, bhala amabili. Uma ubhala amahora amabili, cabanga amathathu. Uma ucabanga amahora amathathu, cabanga sonke isikhathi"

Noma ngabe ngiyaphi, ngihlala ngigcina ukuthula kwami okungokomoya kanye nokuthula. Inaliti yekhampasi ihlale ikhomba enyakatho. Ngokufanayo, ingqondo kufanele iqondiswe njalo esigxotsheni senjabulo engokomoya; khona-ke akekho ozokwazi ukuphazamisa ukuthula kwakho noma ukuphazamisa ibhalansi yakho.

Umuntu kufanele alwele ukuba ngcono usuku ngalunye kunolokugcina, ngaphandle kwalokho angase abuyele emuva ngokwempilo, ukuthula kwangaphakathi, kanye nenjabulo Kungani? Ngoba abenzi mzamo owanele wokulawula imicabango nezenzo zabo Abantu bakha imikhuba yabo, futhi bangayishintsha Uma uzithola uthambekele ekucabangeni okubi, uzungeze nabantu abalungile, ufunde izincwadi ezinhle, futhi uzindle Ukushintsha abangane bakho, uma kudingeka, kungaba nomthelela omuhle empilweni yakho

Uma unquma ukushintsha ube ngcono, khumbula ukuthi inkampani enhle kanye namathonya amahle kubalulekile futhi kubalulekile ekufezeni imigomo yakho. Ithonya lendawo ezungezile—enhle noma embi—linamandla kunamandla okuzimisela, ngakho khumbula lokhu lapho usebenzelana nabanye.

Ukuzihlaziya nakho kubalulekile ekuzithuthukiseni. Uma ungazihlaziya ngesibindi

nangokungesabi, uzokwazi ukumelana nokuhlaziywa kwabanye futhi ukugxekwa kwabo ngeke kukuthinte.

Labo abahlala emaphutheni abanye bayizilo. Izwe ligcwele ububi, ngakho-ke umuntu akufanele akhulume okubi, futhi angacabangi okubi, noma enze okubi. Kunalokho, umuntu kufanele abe njengembali, esakaza iphunga lomusa, izinhloso ezimsulwa, nothando lobuzalwane. Mabazizwe sengathi ungumngane weqiniso—umakhi, hhayi umbhubhisi. Uma ufisa ukuba ngcono kunawe, zihlaziye futhi uhlakulele izimfanelo ezinhle ngaphakathi. Umphefumulo onomusa ukhuluma kahle kakhulu ngomnikazi wawo kunamazwi, ngoba ukhipha ukudlidliza okuyingqayizivele abanye abakuzwayo nabakuqondayo ngaphandle kwephutha. Cabanga ngokukhanya, futhi ubumnyama buzonyamalala. Funda, ucabange, futhi wenze konke ongakwenza ukusiza abanye futhi uphakamise umthwalo wokukhathazeka, ubuhlungu, ukwesaba, nokungabi nabulungisa emahlombe abo.

Abantu abaningi bazulazula ngaphandle kwenhloso empilweni, ngaphandle komgomo ocacile Chaza injongo yakho bese usebenza ukuze uyifinyelele Beka eceleni isikhathi sokuzihlola kanye nokuthandaza ngasese Kunezinto eziningi eziphefumulelayo ezilindele ukutholakala, kodwa sivame ukuchitha isikhathi namandla ethu ezintweni ezingabalulekile Injabulo ngeke ifike ngaphandle kokuthi sigxile ekuhlakanipheni kwabantu abakhulu futhi siqondiswa ukukhanya kwabo Imibono yabo itholakala kwezinye izincwadi nemibhalo engokomoya ukuze isisize futhi isiqondise

Kulungile ukujabulela injabulo yokuphila, kodwa akukho okunye okuthatha indawo yokuphila kwangaphakathi kanye nokuzindla ngokuzicabangela, ngoba injabulo incike ekuzindleni nasekutholeni ulwazi ngezingqondo ezinhle ngemibono yazo egcinwe ezincwadini, njengoba nje incike nasekuzungezeni abantu abalungile nabahloniphekile.

Ukuba wedwa kuyajabulisa kulabo abathanda ukuzindla, kodwa lokho akusho ukuzihlukanisa nabantu noma ukuzihlukanisa Uma ufisa ukuhlangana nabantu, kwenze ngenhliziyo yonke, ngothando lwakho lonke kanye nobungane, ukuze abangani bakho bathole induduzo lapho ukhona futhi bahlale belangazelela ukukubona futhi bejabulela ukuba nawe okuhle

Ukuthula makube phezu kwakho
Ingozi esebenzayo

I-Paramhansa Yogananda

Ngangena endlini yangasese futhi nganikeza uthisha wami, uSirri Yuktsuwar, ubhasikidi wemifino, ngithi:

"Lesi isipho sakho, mnumzane! Lezi zitshalo ezinkulu eziyisithupha ze-cauliflower engizitshale ngezandla zami futhi ngazinakekela kuzo zonke izigaba zazo zokukhula ngothando lukamama ngengane yakhe esanda kuzalwa."

USri Yuktiswar waphendula ngokumomotheka kokubonga, "Ngiyabonga. Sicela uyigcine ekamelweni lakho; ngizoyidinga kusasa ukuze ngidle isidlo sakusihlwa esikhethekile."

**Bengisanda kufika edolobheni lasePuri
ukuzochitha iholide lasehlobo endaweni yomfundisi
wami esogwini. Le ndawo yokuphumula enezitezi
ezimbili, ejabulisayo ibheke iBay of Bengal futhi
yakhiwa uthisha ngosizo lwabafundi bakhe.**

**Ngavuka ekuseni kakhulu ngakusasa,
ngiqabulekile umoya wolwandle onosawoti kanye
nomusa onokuthula we-hermitage. Ngezwa uthisha
engibiza ngezwi lakhe elimnandi, ngakho ngabheka
ama-cauliflower, egcwele uthando nothando, ngabe
sengiwahlela ngokucophelela ngaphansi kombhede
wami.**

**Uthisha wathi, "Masiye ogwini lolwandle"
Wahamba phambili, mina ngamlandela neqembu
labafundi abasebasha. Uthisha wasibheka
ngokuhlambalaza wathi:**

**"Ngicela uhambe ngemigqa emibili, ugcine
izinyathelo zakho zihambisana"**

**Wabe esesihlola njengoba sasimlalela waqala
ukusho okuthile okufana nokuthi:**

**O bafana, yibani namandla futhi nihambe
ngokuhlelekile!**

**Ngahlabeka umxhwele ngendlela uthisha akwazi
ngayo ukuhambisana nezinyathelo ezinhle zabafundi
bakhe abasebasha**

**Uthisha wangibheka emehlweni wathi, "Yima!
Uwuvalile yini umnyango wangemuva wendlu
yokuhlala?"**

**Ngaphendula ngathi, "Ngicabanga kanjalo,
mnumzane"**

USeri Yuktsuwar wahlala ethule imizuzu embalwa, ukumamatheka okuncane, okucishe kucindezelwe kudlala ezindebeni zakhe, wabe esegcina ethi:

"Cha, angizange ngikunake ukuthi ukuzindla okungcwele akufanele kusetshenziswe njengezaba zokunganaki ukudla okungokwenyama"

Bengicabanga ukuthi uyadlala, kodwa wanezela: "Izinkomishi zakho eziyisithupha zekholifulawa zizoba zinhlanu maduze nje"

Sabuya njengoba uthisha ayeyalile, kwathi lapho sisondele endaweni yokukhulekela wathi:

"Linda kancane Bheka, Mukunda (Paramhansa), ngakwesobunxele sakho ngaphesheya kwegceke ubheke emgwaqweni. Othile uzofika lapho maduze futhi uzoba imbangela yesijeziso sakho."

Ngafihla ukucasuka kwami ngala mazwi angacacile. Ngokungazelelwe, ngabona isakhamuzi emgwaqweni sidansa ngendlela exakile futhi sibonisa izimpawu ezingacabangeki ngezandla zaso. Ngacishe ngashaywa yilukuluku futhi ngabuka ngokucophelela lesi sithombe esihlekisayo. Njengoba nje le ndoda isizonyamalala emehlweni ethu, uSri Yuktswar wathi, "Manje uzobuya"

Isakhamuzi sashintsha indlela ngokushesha saya ngemuva kwendlu yokuhlala. Ngemva kokuwela indlela enesihlabathi, sangena esakhiweni ngomnyango wangemuva, engangingawukhiyanga, njengoba nje uthisha wami ayemyalile. Ngemva kwesikhashana, waphuma ephethe enye ye-cauliflower yami eyayiyigugu, ukuziqhenya kwakhe

kubonakala njengoba ehamba ngomoya wesithunzi nenhlonipho.

Lesi sigcawu esihlekisayo, lapho ngivele khona njengesisulu, asizange singivimbele ekuxosheni isela, engalixosha ngesivinini esikhulu. Ngangingakafiki ngisho naphakathi nendawo lapho uSri Yuktiswar engibiza, ethuthumela ngokuhleka kusukela ekhanda kuya ezinzwaneni, futhi engicela ukuba ngibuye. Phakathi kokuqhuma kwenjabulo, wachaza:

"Lowo muntu ompofu wayefisa i-cauliflower. Ngakho-ke bengicabanga ukuthi ngeke kube buhlungu ngaye ukuthola enye yama-cauliflower akho ongawanakekelanga kahle!"

Ngaphuthuma ekamelweni lami ngathola ukuthi isela lalithanda imifino, ngoba lalingathinti izindandatho zami zegolide, iwashi lami, noma imali yami, eyayisakazeke engutsheni. Kunalokho, lalingene ngaphansi kombhede laya ebhasikidini elifihliwe le-cauliflower, ligcwalisa isifiso senhliziyo yalo.

Ngalobo busuku ngacela uSri Yuktwar ukuba angichazele leso sigameko, esasingenazo izici ezididayo. Uthisha wanikina ikhanda kancane kancane, ethi:

"Uzoqonda ukuthi ngolunye usuku iSayensi izothola imithetho eminingana engaziwa maduze"

Eminyakeni embalwa kamuva, lapho izimangaliso zomsakazo zifika ngokuzumayo emhlabeni omangazwe yizinto eziningi, isiprofetho sothisha sakhunjulwa. Imibono yakudala mayelana nendawo nesikhathi yanyamalala unomphela, okwamanje

akukho neyodwa ikhaya, noma ngabe lincane kangakanani, elingafinyelelwa yiziteshi eziningi zomsakazo (nezesathelayithi) zomhlaba wonke. Ngisho nezingqondo ezingenangqondo kakhulu zivuliwe futhi zande ngaphambi kobufakazi obungenakuphikiswa besinye sezici ezichaza isintu: ukuphelela kokuba khona.

Indaba ehlekisayo ye-cauliflower ingaqondwa ngokuyiqhathanisa nomsakazo Uthisha wami wayengumthumeli nomemukeli ophelele Imicabango ayilutho ngaphandle kokudlidliza okucashile nokungaqondakali Njengoba nje umsakazo ozwelayo uthatha uhlelo oluthile phakathi kwezinkulungwane ezisakazwa yonke indawo, noSri Yuktiswar wamukela umcabango owodwa—umcabango wesiwula esithanda i-cauliflower—phakathi kwemicabango yabantu eminingi esakazwa kuleli zwe Njengoba sasihamba siya ogwini lolwandle, uthisha wezwa isifiso somuntu ovamile wase ethatha isinyathelo ngokushesha ukuze asigcwalise. Iso elingcwele lothisha wami labona indoda idansa ngaphambi kokuba abafundi benze kanjalo. Ukukhohlwa kwami ukuvala umnyango we-hermitage kwanika uthisha isizathu esilula sokungiphuca esinye sezitshalo zami engizithandayo. Ngakho-ke, uSri Yuktiswar, njengoba esebenze njengomamukeli, naye wasebenza njengomamukeli. Kule ndima, uthisha wakwazi ukuqondisa umuntu wasemakhaya ukuba abuyele emuva ezinyathelweni zakhe aye egumbini elithile ukuze athole i-cauliflower eyodwa.

Ukuqonda kuyisiqondiso somphefumulo futhi kuzibonakalisa ngempela kumuntu ngezikhathi zokuthula Cishe wonke umuntu uke waba nomuzwa wangaphakathi ongachazeki noma wakwazi

ukudlulisela imicabango yakhe komunye umuntu ngempumelelo

Inggondo yomuntu engenazo iziphazamiso zokukhathazeka inamandla okwenza yonke imisebenzi eyinkimbinkimbi yomsakazo: ukudlulisa nokwamukela imicabango, nokuhlunga engafuneki Njengoba nje amandla okudlulisa esiteshi somsakazo encike enanini likagesi esilisebenzisayo, ukusebenza kahle kwengqondo yomuntu, njengomsakazo, kuncike emandleni okuzimisela komuntu ngamunye.

Yonke imicabango ihlala izulazula phakade endaweni yonke Ngokugxilisa ingqondo okujulile, uthisha okhanyiselwe angabamba futhi afunde imicabango yanoma yimuphi umuntu, ophilayo noma ofile Imicabango ingumsuka wendawo yonke, hhayi womuntu ngamunye, Amaqiniso awakwazi ukudalwa kodwa atholakale Imicabango engamanga—emincane noma emikhulu—ivela ekungabini namandla okuqonda anele Umgomo we-yoga ukuthulisa ingqondo ukuze izwe isiqondiso esingenaphutha sezwi langaphakathi, ngaphandle kokuphazamiseka noma ukudideka

Umsakazo kanye nethelevishini kwaletha amazwi nezithombe zabanye abakude ngasikhathi sinye emakhaya ezigidi zabantu. Lokhu kwakuyisibonakaliso sokuqala sesayensi sokuthi isintu singumoya wendawo yonke. Nakuba ukuzithoba okungaboni kuzama ngazo zonke izindlela ukubusa nokubamba ingqikithi yesintu, akusona isidumbu esivalelwe endaweni ethile esikhaleni, kodwa kunalokho umoya wokuphila kwendawo yonke.

Ngokuphathelene nalokhu, uCharles Robert Richet, owathola umklomelo weNobel ku-Physiology, wabhala okulandelayo:

"Kuyamangaza ngempela futhi kuyamangalisa ukuthi izenzakalo zemvelo ezingenakwenzeka zisaqhubeka zenzeka. Uma sezizinzile, ngeke zisasimangaza njengoba kwenza isayensi ekhulwini leminyaka elidlule. Izenzakalo esizamukela kalula manje zicatshangwa ukuthi azisasimangazi ngoba seziyaqondakala. Kodwa akunjalo. Uma zingasasimangazi, akusikho ukuthi siyaziqonda, kodwa ngoba sezijwayelene. Uma sizomangazwa yikho konke okungaqondakali, khona-ke kufanele simangazwe yikho konke: itshe eliphonswa emoyeni, i-acorn ekhula ibe umuthi omkhulu we-oki, i-mercury ekhula lapho ishiswa, kanye nensimbi edonswa yimagnethi."

"Isayensi namuhla ayiseyona inkimbinkimbi Amaqiniso amangalisayo nangalindelekile inzalo yethu ezowathola manje aseseduze nathi futhi asibhekile, ngomqondo ongokomfanekiso, yize singawaboni Kodwa akwanele ukusho ukuthi asiwaboni: asifuni ukuwabona, ngoba ngokushesha nje lapho kuvela iqiniso elingalindelekile nelingajwayelekile, sizama ukulifaka ohlakeni olujwayelekile lolwazi olwamukelekayo, futhi siyathukuthela uma umuntu enesibindi sokuzama ngemva kwalokho!"

Umthombo: Idayari kaYogi: I-Autobiography

Ngikubonile ucashile

Ngabuka imbali ngathandaza, futhi ngokushesha ngakubona, Moya oNgcwele, ufihliwe ngaphakathi kuyo. Yakhipha iphunga lobukhona bakho, amacembe ayo ayenongwe ubumsulwa bakho obubomvu, futhi inhliziyo yayo yakhanya ngegolide lokuhlakanipha kwakho.

Futhi ngabona amandla akho aphelele esekela isiqu sawo esincane namaqabunga aluhlaza okwesibhakabhaka Ngokuphathelene nezimfihlakalo zokuphila naphakade, ngibabonile belele othulini lwempova, futhi ukuthinta kwakho okungenamkhawulo kwaphefumulela inyosi futhi kwavutha isifuba sayo, ngakho yaqala ukuphuza ubumnandi bakho

Nginike ulwazi ngezimangaliso zendalo yakho futhi ungembulele izimfihlo zakho ezingapheli, ezifihliwe ngisho nasotshanini oluncane olukhula eceleni komgwaqo.

Ukuhleba okuvela ephakadeni

Ukulawula imvelo yomuntu noma ukunqoba izici eziyingozi

Akulula ukuchaza isimo sengqondo, kodwa siyazi ukuthi siyini Uma usesimweni sokukhungatheka nentukuthelo, ukuziphatha kwakho akuvamile, futhi awuyena umuntu okufanele ube nguye Ngenxa yalokho, uzizwa ucindezelekile futhi ugenabani Futhi yini engaba ubuwula ngaphezu kokuba umuntu azibangele ukungajabuli ngezenzo zakhe kanye nokusabela kwakhe?

Akekho othanda usizi Akufanele yini umuntu azihlaziye ngesikhathi esizayo lapho esesimweni sosizi? Uma enza kanjalo, uzobona ukuthi uzenza ngokuzithandela abe lusizi Lapho esesimweni sosizi kangaka, abanye abamzungezile bayakuzwa ukucindezeleka kwakhe futhi bagweme ukuba naye

Nomaphi lapho umuntu eya khona, ukhuluma kakhulu ngaphandle kwamazwi, ngoba isimo sakhe sengqondo sibonakala emehlweni akhe, futhi noma ubani ombhekayo uzwa ububi obuvela kuye. Ebona imizwa emnyama, enonya ebonakala emehlweni akhe,

abanye bayacasulwa, bekhetha ukuziqhelelanisa nalokho kudlidliza okukhathazayo. Intukuthelo kumele iqale isuswe esibukweni sengqondo ngaphambi kokuba ukubonakaliswa kwayo emehlweni kusulwe.

Kuleli zwe, umuntu uhlala endlini yengilazi, evezwe kwabanye, engakwazi ukuzenzisa noma ukuzenzisa Ngakho-ke, kumelwe aphile impilo yemvelo Kungani engenzi ngendlela emtholela inhlonipho nokunconywa? Kungani engaboni izikhulu emehlweni akhe kanye nenjabulo ebusweni bakhe? Zonke izimfanelo ezinhle zomuntu kanye nezimfanelo zakhe zifihliwe ngaphakathi, ngaphansi kongqimba lobumnyama nosizi

Akukhona nje kuphela ukuthi abanye bayaqaphela ukuziphatha kwakhe, kodwa futhi uyaqaphela nokwabo Ngoba uvame ukuziqhathanisa nabanye ngenxa yokubuka njalo labo abamzungezile, uba yisisulu sokungajabuli ngokwengqondo Noma angase akhathazeke futhi akhathazeke ngobunzima obuqhubekayo abhekene nabo kuleli zwe Isimo sengqondo sivame ukuba umphumela wamathonya emvelo Ngamunye wethu uthintwa yizwe elisizungezile ngezindlela ezahlukene Kodwa akufanele sizivumele ukuba sinqotshwe ukucindezeleka ngenxa yezimo zangaphandle Futhi kungani kufanele sithwale umthwalo wamathonya akhathazayo endawo esikuzungezile?

Abanye abantu basebenzisa ukubonisa imizwa engemihle ukuze bagweme ukubhekana nenkinga noma isimo. Kodwa-ke, lokhu kuziphatha okungemihle akuyona indlela yokuphunyuka noma yokuphepha ngokomzwelo. Kungokwemvelo ukunqotshwa usizi nokudabuka okwesikhashana ngezikhathi ezithile,

kodwa le mizwa akufanele ivunyelwe ukuthi ikulawule.

Isici ngasinye sobuntu sinembangela ethile eyisisekelo Ukuze kuqedwe isici, imbangela yaso kumele ixazululwe Kubalulekile ukuma kancane futhi uzindle nsuku zonke, uhlole imicabango yakho nezisusa zakho ukuze uqonde ubuntu bakho futhi ufunde indlela efanele yokubhekana nabo nokuyilungisa uma kuyingozi Ungase uzithole usesimweni sokunganaki, ungathandi ukucabangela noma yiziphi iziphakamiso ezivela kwabanye Kulesi simo, kubalulekile ukwenza umzamo oqondile wokuhlakulela okuhlangenwe nakho okuhle nokuhehayo Qaphela ukunganaki, okuvimbela intuthuko futhi kukhubaze amandla okuzimisela

Noma umuntu angase adikibale futhi adangale ngenxa yokugula, ekholelwa ukuthi akakwazi ukubuyisa impilo yakhe. Kulesi simo, izimiso zokuphila okunempilo kufanele zisetshenziswe ukudala impilo enempi nekhizayo esekelwe ezisekelweni zokuziphatha nezokuziphatha. Ngaphezu kwalokho, umuntu kufanele aphendukele kuNkulunkulu uSomandla ngomthandazo ukuze ahlakulele ukholo olukhulu emandleni aKhe okuphulukisa.

Uma umuntu ezikholisele ukuthi uyisehluleki futhi akanakuphumelela kunoma yini, khona-ke inkinga kufanele ihlaziye futhi kucace ukuthi ngabe wenze yonke imizamo edingekayo yini.

UNKulunkulu uphatha yonke indawo, kuze kufike eminingwaneni emincane kakhulu nencane kakhulu, futhi isintu sidalwe ngomfanekiso Wakhe Ngakho-ke, asinakwenza izaba noma izizathu zokwehluleka. Ungesabi umsebenzi, kungakhathaliseki ukuthi unzima kangakanani, ngoba umsebenzi "uyaqinisa"

umzimba futhi awulimazi muntu. Nokho, umuntu kumelwe afunde ukusebenza nokucabanga ngokuthula. Uma nobabili ninamandla futhi nizolile, ningafeza lokho okufunayo, ngoba ingqondo yenu icacile.

Ngaphezu kokungafaki umzamo odingekayo ukuze uphumelele, abantu abaningi abasasebenzi ngokwengqondo Bachitha isikhathi esiningi bengacabangi Abanye bacabanga ngalokhu kuphumula nokuphumula Kodwa ekuphumuleni kwangempela, ingqondo iyasebenza futhi izolile Ngalezo zikhathi zokuthula, umuntu angacabanga ngoNkulunkulu, umbono omuhle, noma okuhlangenwe nakho okujabulisayo Umsebenzi wengqondo omuhle nozolile uyaqabula futhi uyavuselela Kodwa, abantu abaningi badidanisa umzamo wokudala nokucindezeleka kanye nomsebenzi esimweni esishubile, sokwethuka

Ukucabanga kokudala kuyindlela engcono kakhulu yokwelapha izimo ezingezinhle. Lezi zimo zibamba ingqondo lapho umuntu esesimweni esibi noma esiphazamisekile. Lapho ingqondo ingenayo imicabango emihle, umniniyo uyacindezeleka futhi athwale ukukhathazeka. Kanye nokucindezeleka nokukhathazeka kuza udeveli, ohlala emicabangweni yalowo muntu futhi alawule ngokuphelele umninikhaya!

Ngakho-ke, mngane wami, sebenzela ekuthuthukiseni imibono yokudala Uma ungenzi umsebenzi ongokomzimba, yenza okuthile okudala engqondweni yakho. Gcina umatasa ukuze kungabi nesikhathi sokuhlala ucabanga ngokucindezeleka nokukhathazeka.

Ukucabanga ngokudala kuyamangaza futhi kuyamangalisa, njengokuphila kwelinye izwe Wonke

umuntu kufanele ahlakulele leli khono Angicabangi kakhulu ngegama elilodwa lezinkulumo zami—futhi leli lingenye yazo—ngaphambi kokuba ngizinikeze Kodwa ngokushesha nje lapho ngigxila endabeni, umphefumulo wami uqala ukukhuluma nami ngezinto ezimangalisayo Uma ucabanga ngokudala, awuzizwa umzimba noma imizwa ekhathazekile, ngoba kulezo zikhathi uvumelana nomoya waphezulu

Ubuhlakani bethu bubunjwa umfanekiso wobuhlakani obungcwele, obudala lapho zonke izinto zingenzeka khona Uma singaphili kulokho kuqaphela, siba yinqwaba yezimpawu eziyinkimbinkimbi Ngokucabanga okuhle nokudala, siyanqoba lezo zimpawu Ngaphezu kwalokho, ngokucabanga okudala, sithola izimpendulo nezixazululo zayo yonke imibuzo yethu kanye nemibuzo nezinkinga zabanye

Intukuthelo embi ifana nomdlavuza, iqeda ukuthula kwangaphakathi. Yingakho labo abanentukuthelo enamandla bengakwazi ukubalekela ubunzima nezinkinga zabo.

Kungakhathaliseki ukuthi izimo zomuntu zimbi kangakanani, akufanele anqotshwe ukuphelelwa yithemba. Banganqoba emicabangweni yabo. Lapho umuntu onentukuthelo eguquguqukayo ehluleka, uphonsa izandla zakhe phezulu futhi avume ukunqotshwa. Kodwa lowo ogcina ingqondo yakhe ingaphukile ungumnqobi wangempela empini yokuphila, noma ngabe izwe elimzungezile livutha njengentaba-mlilo.

Ingabe umuntu ufuna ukuboshwa noma ukukhululwa? Uma ezibamba kakhulu ngesimo sakhe sengqondo, akakwazi ukuqhubeka nokubhekana nezinselele zokuphila Uma esevumele imizwa emibi ifiphaze ingqondo yakhe, amandla akhe okuzimisela ayaba buthaka futhi ukuzimisela kwakhe kuyawa.

Ukuthambekela kwesimo sengqondo kufihla ubuchopho enkungwini yokudideka nokudideka, kuphazamise ukwahlulela okuhle futhi kwenze yonke imizamo ibe yize.

Umuntu angayingqoba intukuthelo yakhe, noma ngabe ingase ibonakale ilukhuni futhi ingajabulisi kangakanani. Okokuqala, kumele anqume ukuthi ngeke esacasuka futhi ekhononda. Futhi uma kwenzeka ushintsho lwemizwa naphezu kokuzimisela kwakhe, kufanele akuhlaziye ukuze aqonde ukuthi lungene kanjani futhi enze okuthile okwakhayo ngakho.

Ngaphezu kwalokho, akufanele kwenziwe lutho ngokunganaki, kodwa kunalokho ngokugxila kwengqondo ngokucophelela nangokujulile. Kumelwe sihlanganyele emisebenzini yokudala ngoba uNkulunkulu usinike amandla angenamkhawulo. Yisiphi isizathu esikhona sokuzinikela ekuhlulekeni kwengqondo ngokuzitika ngemicabango elimazayo nengaphilile? Umuntu kumelwe azikhulule ezimweni zengqondo ezibhubhisayo ezisebenza njengamabhuleki emasondweni entuthuko yangempela. Ngaphandle kokuthi amasondo akhululwe emabhulekini abambekile, ukunyakaza kanye nentuthuko akunakwenzeka. Zikhumbuze njalo ekuseni ukuthi uNkulunkulu unawe, futhi noma ngabe ubunzima bakho kunjani, unamandla okubunqoba. Uyindlalifa efanele yamandla oMoya oPhakeme, ngakho-ke, unamandla kunezimo futhi ungaphezu kwezehlakalo.

Umfana ohlakaniphile nohlakaniphile akakujabuleli ukubhekana nezinkinga ezilula; ujabulela ezinzima Kodwa abantu abaningi besatshiswa yizinselele zokuphila Angikaze ngibesabe, ngoba bengilokhu ngithandaza ngithi,

"Nkulunkulu wami, wandise amandla akho ngaphakathi kimi Ngigcine engqondweni enhle ukuze, ngosizo lwakho, ngikwazi njalo ukunqoba ubunzima bami"

Cabanga ngokwakhayo ngenkinga uze ungabe usacabanga. Lapho ngibhekene nenkinga, ngiya kude kakhulu ukuze ngihlanganise zonke izinyathelo ezingase zithathwe ukuze ngiyixazulule, kuze kube yilapho ngikwazi ukusho ngobuqotho nangobuqotho ukuthi: "Ngenze konke okusemandleni ami futhi yilokhu kuphela engingakwenza" Bese ngikhohlwa ngenkinga

Umuntu ohlala ecabanga ngezinkinga uyacasuka futhi asheshe acasuke Gwema lokhu Uma kuvela inkinga, esikhundleni sokugxila kuyo, cabanga ngazo zonke izindlela zokuyixazulula Uma uzithola ungakwazi ukucabanga kahle, qhathanisa ukukhathazeka kwakho nezinkinga ezifanayo abanye ababhekene nazo bese ufunda kokuhlangenwe nakho kwabo ukuze uthole izindlela eziya ekuhlulekeni kanye nalezo eziya empumelelweni Khetha izinyathelo ezibonakala zinengqondo kakhulu futhi zingokoqobo, bese uzibophezela ekuzisebenziseni. Umtapo wolwazi wonke wendawo yonke ugcinwe ngaphakathi kuwe Konke ofuna ukukwazi sekuvele kukhona Ukuze wembule lokhu, udinga nje ukucabanga ngobuhlakani nangobusha

Intukuthelo enamandla ithuntubeza ukuqonda futhi iqinise imizwa, okwenza kube nzima ngomuntu ukuhlangana nabanye. Impilo yasekhaya kufanele ibe yindawo yokuphephela, kodwa intukuthelo enamandla iyiguqula ibe yisihogo esibuhlungu. Indoda ibuya ekhaya ithole umkayo ecindezelekile, okwenza kube nzima ukuxhumana naye. Noma ingase ibuye ithukuthele, okwenza kube nzima ukubonisana naye.

Izinkinga eziningi zehlela abantu ngenxa yentukuthelo enamandla. Lapho ilungu lomndeni lithukuthele noma lingenandaba, uthinteka ngokushesha yintukuthelo yalo. Noma mhlawumbe uvakashela othile ogcwele injabulo, bese ubathola bephikisana futhi belimaza, bephendula injabulo yakho ngokushesha ibe izinyembezi futhi bekwenza ufune ukuziphindiselela. Ungavumeli intukuthelo yabanye ikulimaze.

Kulula ukufuna impindiselo, kodwa ukunikeza uthando kuyindlela engcono kakhulu yokudambisa intukuthelo yabanye nokugwema ukulimala kwabo. Lolo thando kumele lube msulwa, ngoba uma luvela enhliziyweni, luba nomphumela omangalisayo.

Akumelwe sigxile emiphumeleni, noma ngabe uthando lwethu luhlangabezana nokunganaki. Uthando lunamandla kunenzondo, futhi umphumela walo unamandla futhi uyamangalisa.

Uyazi ukuthi ingadi enhle kakhulu ingaphakathi komphefumulo wakho? Ingadi emangalisayo yemicabango, enuka ngothando, umusa, ukuqonda, nokuthula—ingadi enobuhle nenjabulo edlula zonke izimbali zomhlaba nemifino enuka kamnandi. Udala imbali enuka kamnandi noma nini lapho umuntu ekuzwisisa kabi ngentukuthelo, futhi unikeza uthando njalo. Ingabe iphunga lalolo thando nokuqonda alihlali isikhathi eside futhi limsulwa kunanoma iyiphi i-rose yemvelo? Ngakho-ke, khumbula njalo ukuthi ingqondo yakho iyingadi, futhi uyigcine inhle futhi inephunga kamnandi ngemicabango emsulwa, engcwele. Ungavumeli ukuthi ibe yixhaphozi elinodaka eligcwele izici ezimbi zenzondo. Uma uhlakulela izimbali zokuthula nothando, ezigcwele iphunga lasezulwini, inyosi yokuqwashisa ngokomoya izodonseleka engadini yakho. Njengoba nje inyosi ifuna izimbali

**ezikhipha uju olumnandi kakhulu, kanjalo
noNkulunkulu uzokuvakasha lapho impilo yakho
igcwele imicabango emnandi, ebolile. Zimisele ukuthi
ngeke uvumele ukhula olubi nolubolile lobubi
nentukuthelo lukhule engadini yezimfanelo zakho
ezinhle ezingokomoya. Lapho uhlakulela izimfanelo
ezingcwele ezifana nezimbali eziqhakazayo, kulapho
uNkulunkulu ezokwembula khona ubukhona Bakhe
obungcwele ngaphakathi kwakho.**

**Imibhalo yokuhlakanipha kwaseMpumalanga ithi
umuntu ozolile futhi ozolile lapho ebhekene
nomngane nesitha, ongathinteki ubunye
bokufudumala nokubanda, injabulo nobuhlungu,
uyigugu kakhulu kuNkulunkulu Ngokunikeza uthando
njalo kulabo abanesimo esinonya nesinonya, ukuthula
kulabo abahlushwa ukwesaba nabasindwa
yizinkathazo, ubumnandi kulabo abanentukuthelo
ebabayo, injabulo kulabo abasindwa usizi nosizi,
nangokubeka isibonelo kulabo abaphambuka
ezindleleni zephutha nesono, unqoba izici ezimbi
ngokugcina ingqondo yakho imatasa emisebenzini
ezuzisayo neyokudala.**

**Ngivame ukuthi, "Uma ufunda ihora elilodwa,
bhala amahora amabili; uma ubhala amahora amabili,
cabanga amahora amathathu; uma ucabanga
amahora amathathu, cabanga ngaso sonke isikhathi"**

**UNkulunkulu ungumthombo wayo yonke injabulo,
futhi kungenzeka ukufinyelela kuYe ekuphileni
kwethu kwansuku zonke Kodwa umuntu uvame
ukuzixakekisa ngezinto eziholela ekungajabulini
Ukuzindla kuyindlela engcono kakhulu yokususa
imikhuba emibi nokuphila ezweni elimangalisayo—
izwe elifana nalelo isazi esikhulu esaliqaphela lapho
sithi, "O Nkosi, bengihlabelela igama lakho
elibusisiwe futhi ngazilahla kuWe Lapho ngibuyela**

kulokhu kuqaphela, ngathola ukuthi ngishiye umzimba wami omdala ukuze ngizithole ngisemzimbeni omusha onginike wona!"

Kunendaba efanayo eNdiya ngomunye osanta. Insizwa yayisanda kushona futhi isidumbu sayo siyiswa emlilweni. Njengoba abalilayo base bezobasa umlilo, kwavela indoda endala ngokuzumayo, igijima imemeza ithi, "Yekani! Ningabasa umlilo! Ngizosebenzisa lowo mzimba!" Lapho nje ikhuluma la mazwi, isidumbu sendoda endala sawela phansi safa, kwathi insizwa yavuka enqwabeni yezikhuni zamanzi yaphuthuma yaya ehlathini. Indoda endala yayingcwele kakhulu futhi yayingafuni ukuphazamisa ukukhulekela kwayo ngokubuyela ekuphileni emzimbeni wengane esanda kuzalwa, ngakho yanquma ukusebenzisa isidumbu sendoda encane ukuze iqhubeke nemikhuba yayo yokomoya.

Kunezinto eziningi ezimangalisayo ngokuphila nokufa okulindele ukutholakala Ukuzindla yindlela okumele siphile ngayo ngokuvumelana nesimo sethu saphezulu nangokuvumelana noNkulunkulu Ukufa kwesabisa isintu ngoba kuvimbele uNkulunkulu ekuphileni kwethu

Zonke izinto ezibuhlungu zisigcwalisa ngokwesaba nokwesaba ngoba sithanda umhlaba ngaphandle kokuqonda incazelo yawo kanye nenhloso yawo. Kodwa uma sibona uNkulunkulu kukho konke, ukwesaba kuyanyamalala. Sihlala "sizalwa" ekuphileni nasekufeni. Eqinisweni, ukufa kuyigama elingalungile ngoba ayikho into efana nokufa. Lapho impilo ikhathala, silahla ingubo ende yenyama bese sibuyela ezweni elimnene nelingenamsebenzi.

Ukufa kusho ukuphela Inqola enezingxenye eziphukile iyingqola efile ngoba isifike ekugcineni kwayo Kodwa umphefumulo ongafi awukwazi

**ukubhubha Njalo ebusuku, ngesikhathi silele,
umphefumulo uhlala emzimbeni we-etheric,
ungaqapheli ngomzimba wenyama Uma
ukulahlekelwa ukwazi ngokomzimba kusho ukufa,
umphefumulo uzokufa lapho silele Kodwa asifi lapho
silele, futhi asilahlekelwa ukwazi ngokuphelele,
ngoba lapho sivuka, siyakhumbula ukuthi ukulala
kwethu bekunokuthula noma kungakhululekile
Ngokufanayo, asifi ngemva kokufa**

**Labo abavumela izingqondo zabo ukuba ziqine
bafile ngempela Ukuze uxazulule imfihlakalo
yokuphila, kumelwe uzalwe kabusha nsuku zonke
Lokhu kusho ukuzama nsuku zonke ukuzithuthukisa
ngandlela thile Ngaphezu kwakho konke, kumelwe
sithandaze kuNkulunkulu ukuba asiphe
ukuhlakanipha, ngoba ukuhlakanipha kuza konke**

**Ukuqonda, ukucabanga okusungula izinto
ezintsha, kanye nezenzo ezakhayo nezizuzisayo
kumele kuhlakulelwe ukuze sizithuthukise futhi sizuze
abanye Wonke umuntu ofisa ukungena eMbusweni
kaNkulunkulu kumele asize abanye nsuku zonke
ngangokunokwenzeka Ngokulandela le ndlela,
umuntu uzothola injabulo ephilayo esusa izici
ezingathandeki Le njabulo futhi iyisibonakaliso
esingenaphutha sentuthuko yengqondo, yomzimba,
nengokomoya Amazinga aphezulu
ngokungangabazeki azofinyelelwa, ngoba lena
yindlela eholela eMbusweni kaNkulunkulu**

**Kumelwe kwenziwe yonke imizamo yokunqoba
isimo sengqondo, ngoba ngokushesha nje lapho
umuntu ezizwa ecindezelekile futhi ekhononda,
uhlwanyela imbewu yamaphutha emhlabathini wakhe.**

**Ukuzitika emikhubeni emibi kuwukufa kancane
kancane Kodwa ukuzama ukuzizwa ujabule futhi
unethemba nsuku zonke, naphezu kwazo zonke**

**izilingo ezikhathazayo nezicindezelayo, kusho
ukuzalwa kabusha okukhazimulayo Ngaphandle
kokuthi lokhu kuzalwa kabusha komuntu kuguquke
kuba ukuzalwa kabusha okungokomoya
okumangalisayo, akunakwenzeka ngomuntu ukuba
avuselelwe; uzohlala engashintshi.**

**Isimo sengqondo siyathelelana Futhi ngezikhathi
zokukhathazeka nokucindezeleka, singathinta kabi
izingxenye ezinkulu zabantu Umuntu akufanele
athathe izehlakalo ezimbi zempilo njengezibaluleke
kakhulu Kungcono ukuhleka kancane kunokulila
nokulila ngazo zonke izinhlekelele ezingase zivele
kuwe**

**Kuhle ukuba nethemba futhi uzama njalo
ukumamatheka**

**Uma umuntu ebonisa isibindi, injabulo, noma
yiziphi izimfanelo ezinhle, uzalwa kabusha, okusho
ukuthi ukuqonda kwakhe kuvuselelwa ngokubonisa
isimo sakhe sangempela esingokomoya**

**Futhi lokho ukuzalwa okusha ngokomoya
okusenza sifanelekele ukubona nokungena
eMbusweni weZulu.**

Ukuthula makube phezu kwakho

Ubungane: Izisekelo Nokukhuthazela
Ubungane buyindlela ephakeme kakhulu
yokubonakaliswa komuntu kwesifiso sikaNkulunkulu
sokukhombisa uthando lwakhe ngesintu
UNkulunkulu unika ububele nobubele kosana olusanda
kuzalwa ngobaba nonina Imizwa yabo ngosana
ingokwemvelo futhi ingokwemvelo, ngoba uNkulunkulu
unqume ukuthi abazali bethu abanakuzibamba ngaphandle
kokusithanda. Ubungane-ke, buza kithi njengokubonakaliswa
okumsulwa kothando lukaNkulunkulu olungenamibandela
.ngathi

Abantu ababili abangabazi bayahlangana, futhi ngesifiso
esisheshayo nesisuka enhliziyweni, bafuna ukusizana Wake
wahlaziya lesi simo? Lesi sifiso esizenzakalelayo sobungani
sivela ngqo emthethweni ongcwele wokukhangana Izenzo
zobungane obuhlangene nobuqinisiwe phakathi
kwemiphefumulo emibili evela ekuphileni kwangaphambilini
kancane kancane zakha isibopho esingokomoya
esibadonsela ndawonye ngokungenakuvinjelwa kulokhu
kuphila—noma ngabe bakuphi
Ngaphandle kokuthi lo mfutho ungcoliswe ubugovu
nokukhangwa abobulili obuhlukile, umsulwa futhi awunabala.
Kodwa ngeshwa, uvame ukungcoliswa yimicabango
.engcolile
Ubungane buyaqhakaza futhi buqhakaze njengembali
enamazolo emthini wemizwa yethu engokomzwelo, futhi
bungcoliswa yizifiso ezonakele nezinenzondo kanye
nokuziphatha kobugovu, okubusa abanye
Uma ufaka uhlobo oluhlukile lomanyolo ezimpandeni
zomuthi, izithelo zizoba zincane futhi zingakhuli.
Ngokufanayo, lapho umuntu ondla umuthi wobungane
ngemizwa yobugovu, izisusa zakhe ezingafanele
zihlanekezela futhi zonakalisa izithelo zalobo bungane.
Ukuba nesithakazelo kothile ngoba nje ecebile noma
enethonya futhi angasenzela okuthile akunakubizwa
ngokuthi ubungane. Ngokufanayo, ukukhangwa othile
ngenxa yobuso bakhe obuhle akusibo ubungane. Lapho lobo
buso bulahlekelwa ubuhle balo bobusha nobukhangayo,
."ubungane" buzonyamalala bube yinto yesikhathi esidlule
Kuyiqiniso ukuthi ubungane kunzima ukubuthola yonke
indawo Abanye abantu obabona nsuku zonke futhi abakaze
babazi ngempela Abanye uzizwa sengathi uyabazi
ngokuseduze yize ungakaze ubabone Umuntu kumele
afunde futhi ahlakulele lowo muzwa wangaphakathi
onembile

Gcina amehlo akho evulekile noma ngabe ukuphi, futhi
uma uzizwa ukhangwa ngokomzwelo ngumuntu othile,
kufanele uqinise ubungane nalowo muntu ngoba
.wayengumngane wakho empilweni yangaphambilini
Kunabangane abaningi esibaziyo empilweni
yangaphambilini, kodwa labo bungane abuzange bukhule
noma bufinyelele amandla abo aphelele Kungcono ukwakha
phezu kwezisekelo ezikhona kunokumba esihlabathini
sabantu obajwayele ngokushesha Kulula ukucabanga ukuthi
unabangane abaningi baze bakubangele ubuhlungu noma
ukulimala, bakushiye udumale kakhulu
Hlanganyela nabantu abahlukile ngokuhlakanipha)
bese ukhetha umngane wakho phakathi kwalabo kwabo,
(abanesimilo esihle
Abantu abaningi benza iphutha lokukhetha abangane
ngoba bakhohliswa ukubukeka okungabonakali.
Okuwukuphela kwendlela yokuhlukanisa abangane beqiniso
ukuzindla nokucela uNkulunkulu ukuba akuhlanganise nabo.
Kumelwe uzame ukuthola abangane ngendlela emsulwa
nengcwele. Lokhu kusho ukuhlanza ukuqonda kwakho yonke
imicabango ngobuhle bomzimba noma ezinye izimo
ozibheka njengezici ezibalulekile ezinguma imizwa yakho
ngabanye. Uma wenza lokhu, ngolunye usuku, ngomusa
kaNkulunkulu, uzokwazi ukuthola abangane abaqotho
abakuzungezile noma ngabe ukuphi, futhi uNkulunkulu
uzophinde akuhlanganise, noma ngabe ngokomoya kuphela,
nabangani abakude, ngoba imizwa emsulwa ayithobeli
imithetho yezinto futhi ayiboshiwe yisikhathi nendawo.
Uzozwa uthando lukaNkulunkulu ngalezo zindlela zabantu
ezithobekile ezingamelani Naye kodwa ezivumela uthando
Lwakhe ukuba lugeleze kuzo luhlanzekile futhi lucacile.
Kusukela enhliziyweni emsulwa kuza izibusiso zobungane
.obungcwele kuwe futhi zikhanyise phezu kwakho
Akunakwenzeka ukuheha abangane beqiniso
ngaphandle kokuba ubuntu bomuntu buhlanzwe ubugovu

nezici ezingathandeki. Ubuciko obukhulu bobungane
nobungane ukwenza izinto ngokuhlonipha nangokuhlonipha.

Kusho ukuba ngokomoya, umsulwa ezinhlosweni
nasezinhlosweni, ukungabi nabugovu, ukungabi
namicabango ekhohlisayo, nokuqala ukwakha isakhiwo
.esikhulu sobungane phezu kwezisekelo ezabekwa kudala
Ngempilo yakho, akukho lutho empilweni yakho olufana
nolwakho

Amehlo ami ajabule ngomngane ovumayo
Futhi wonke umngane onothando lwakhe alukho ngenxa
kaNkulunkulu

Angiqiniseki ngothando lwakhe
Ubungane nothando kufanele kube khona kuzo zonke
izihlobo zabantu: phakathi kwabazali nezingane, phakathi
kwamadoda nabafazi, phakathi kwamadoda nabesilisa,
phakathi kwabesifazane nabesifazane, naphakathi
kwamadoda nabesifazane njengabafowethu nodadewethu.
Kuhlanzekile futhi akunamingcele nezimo. Uma uzizwa
unesifiso sokuba nabanye, lokho okuzwayo ubukhona
.bukaNkulunkulu

Ubungane buyisisusa saphezulu uNkulunkulu akagcini
nje ngokunakekela izingane Zakhe ezingabantu ngabazali
nezihlobo ezimbalwa; Uphinde anikeze abangane ukuze
basinike amathuba okubonisa uthando olumsulwa noluqotho
.oluvela ekujuleni kwezinhliziyiyo zethu

Uma amaphutha omuntu encipha futhi umuntu
enezimfanelo ezinhle kakhulu, kulapho aba khona abangane
abangingi abaProfethi nabantu abavelele babengabangane
babo bonke, futhi ukuze sifane nabo, kumelwe sihlanze
.uthando lwethu esicini sobugovu

Lapho singaqinisekisa abanye ngothando lwethu
Futhi lapho siqiniseka ngezilingo zesikhathi nezinye
izivivinyo

Othile usithanda ngempela ngokusuka enhliziyweni
yakhe

Futhi sizizwa ngendlela efanayo ngalowo muntu
Hhayi ngenxa yenzuzo yomuntu siqu, kodwa nje ukuzwa
ukushaya kobungane
Sibona ukubonakaliswa kukaNkulunkulu futhi sizwa
ubukhona bukaNkulunkulu

Futhi sizwa izwi likaNkulunkulu kulolo bungane
obubusisiwe
Akufanele sivumele uthando lwethu luhlale luyimfihlo
kumuntu oyedwa, kodwa kunalokho kufanele siqinise
izisekelo zalolu thando olungcwele kwabanye abanemibono
.emihle

Uma uzama – kwangathi uNkulunkulu angakuvikela –
ukwakha ubungane nomuntu onenhloso embi, uzodumala
Yiba umngane nabantu abalungile kuqala, bese uqhubeka
nokusabalalisa imizwa yobungane kwabanye uze uzizwe
uthanda wonke umuntu futhi ukwazi ukuthi, “Ngingumngane
”wawo wonke umuntu

Abaprofethi abakhulu babebathanda abanye, ngakho
bathethelela kahle futhi banxusa abantu ukuba bathethelele
iziphambeko futhi bagweme ukuziphindiselela ngendlela
.efanayo

Ubungane beqiniso luthando olungcwele ngoba luqotho,
lumsulwa, luqotho, futhi luhlala njalo
Esinye isazi sefilosofi esingokomoya sichaze ubungane
:kahle lapho sithi

Isivumelwano esihle kakhulu esingasenza nabangani"
bethu ukuthi: Iqiniso malibe phakathi kwethu kuze kube
phakade Yeka ukuthi kuhle kangakanani ukusho ngothile:
Akudingeki ukuba ngihlangane naye, ngikhulume naye,
noma ngimbhalele ukuze ngifakazele ubungane bami kuye
futhi akudingeki sithumele izipho ukuze siqinisekise
ubungane bethu futhi sikhumbule omunye nomunye ngoba
ngiyamethemba futhi ngithembele kuye njengoba
".ngithembele kimi noma ngabe ukuphi nokuthi unjani

Singakhuluma ngokukhululeka nangokukhululekile
nabangani bethu ngaphandle kokuba basiqonde kahle.
Kodwa ubungani abukwazi ukukhula nokuchuma uma nje
kukhona noma yikuphi ukusikisela, isitatimende, noma
.isidingo esivela komunye nomunye

Ubungane bungakhiwa kuphela ezisekelweni
zenkululeko nokulingana ngokomoya. Ngakho-ke, kumelwe
siphathe wonke umuntu ngokwalokho kukhanya
okubusisiwe, siqaphela ukuthi wonke umuntu wenziwe
ngomfanekiso kaNkulunkulu. Uma uphatha kabi othile,
.awusoze wabubona ubumnandi bobungane bakhe

Baningi abahamba ezindleleni zokuphila ngaphandle
kwabangane angikwazi ukucabanga ukuthi bangaqhubeka
kanjani nohambo lwabo

Abangane beqiniso abavamile ukusiqonda kabi Futhi
uma bekwenza, kungokwesikhashana nje Uma othile
ekhaphela ukwethemba kwakho nokwethembeka kwakho,
qhubeka umnike uthando lwakho nokuqonda njengokungathi
akwenzekanga lutho, njengoba nje unethemba lokuthola
ukuqonda nothando kwabanye

Kodwa uma lowo muntu eqhubeka nokuziphatha
ngendlela ebonisa ukukudelela nokukuzonda, futhi eqhubeka
nokumshaya ngesandla sobungane, kungcono ukuhoxisa
isandla sakho aze alungise ukuziphatha kwakhe futhi
.afanelekele udumo lobungane

Ubungane kufanele buqale ekhaya Uma uthola othile
emndenini wakho ofanelana nawe ngokukhethekile,
sebenzela ukuhlakulela lobo buhlobo kuqala. Bese kuthi uma
uzizwa ukhangwa othile phakathi kwabantu obajwayele
.abanezindinganiso ezifanayo, zama ukuqinisa lobo bungane
Zonke izifiso zobugovu kanye nemizwa yokukhanuka
phakathi kwabangane kumele ziqedwe Ubuhlobo obuhle
nabantu abalungile kufanele buqiniseke Uma uzindla kakhulu,
uzobabona kakhulu abangani bakho esikhathini esidlule

Ukuzindla kuvusa izinkumbulo ezingenalutho zabangane
obabazi futhi obathanda esikhathini esidlule sakho esidlule
Kunabantu abaningi engababona okokuqala embonweni
ongokomoya ngabe sengihlangana nabo kamuva
Ubungane buyimandla amakhulu emvelo Uma isifiso
sakho sobungane sinamandla, futhi noma ngabe kukhona
umuntu ongamazi ovumelana nawe ngokomoya, ngisho
naseSouth Pole, amandla adonsela phansi obungane
ngandlela thile azokusondeza ndawonye
Ubugovu bubodwa obunamandla okubhubhisa ugesi
wobunye ngaphakathi kithi
Lowo ozicabangela yena kuphela uchitha izisekelo
zobungane futhi uphazamisa izindinganiso zabo ezingcwele
Laba bantu abakwazi ukuheha abangani ngoba
abakwazi ukwandisa umbono wabo nokwamukela izibusiso
zempilo. UNkulunkulu ukubusisile ngomndeni, mngane
wami, ukuze uqale ufunde ukuthanda abanye bese udlulisela
.lolo thando olufanayo kubo bonke
Abathandekayo bethu basuswa kithi ngokufa
nangezinye izimo, ukuze sifunde hhayi nje ukuthanda abantu
ebuhlotsheni babantu, kodwa nokuthanda uthando uqobo—
lolo thando olunguNkulunkulu, olukhona ngemuva kwazo
zonke izifihla-buso zabantu. Futhi ngothando lwaphezulu,
sizokwazi ukuthanda wonke umuntu njengezibonakaliso
.ezahlukene zeNkosi Yendawo Yonke
Ubungane busho ukutshala uthando lwethu ngaphandle
kokuzikhathalela. Emshadweni, kunesibopho socansi, futhi
empilweni yomndeni, kunezimo ezizuzwe njengefa. Kodwa
ebunganeni, akukho sibopho noma ukuphoqeletwa, akukho
ndawo yokuphoqeletwa noma yokucindezelwa kwanoma
yiluphi uhlobo. Kunalokho, luwuthando oluzenzakalelayo
oluvela enhliziyweni futhi olungaboshiwe yizimo ngaphandle
kwesimo sokwethembeka, lapho kungekho bungane
obungahlala khona. Lesi simo singumthwalo wemfanelo

wabo bobabili abangani, ngoba kudinga ababili ukuze
!bazenzele i-tango

Masibonise uthando lwethu kubo bonke. Masithandazele
ukuthi sihlangane nabangane bethu basendulo, futhi siqinise
ubungane bethu nabo ukuze ekugcineni siqonde futhi
.sifanelekele ubungane bukaNkulunkulu

Ngaphandle kokuba sibathande abantwana
bakaNkulunkulu ngomoya wothando nokuzwana, ngeke
.sikwazi ukuzwa uthando lweNkosi yesintu

Angimazi umuntu engingamazi Futhi yeka injabulo
!enkulu nenjabulo

Ngisho nomuntu ozibheka njengesitha sami
akanakungenza ngizizwe sengathi ngiyamzonda
Uma lokho kuvuka kufika, uzwa uthando lwawo wonke
umuntu

Uthando oluzwayo ngezidalwa zikaNkulunkulu alusoze
lwafa phakade kodwa luyakhula futhi lukhule uze uzizwe
othandweni lwabangane uthando lwaphezulu oluvela
.enhliziyweni kaNkulunkulu osezulwini

Ukuthula makube kini bangane bethu abathandekayo
Ukuthuthukiswa kwenkumbulo

**Abantu bangabantu abahlukile ngenxa yekhono
lokukhumbula, elibahlukanisa nazo zonke ezinye
izidalwa Wonke umphefumulo ulangazelela ukufuna
imvelaphi yawo yaphezulu ngokuzenzakalelayo
ngokukhumbula ngokungazi umthombo wawo
ongcwele Lokhu kuchaza ukuvela kancane kancane
kwakho konke okusendaweni yonke Ngokuvumelana
necebo laphezulu, wonke umphefumulo, lapho uthola
umzimba womuntu—kufaka phakathi ubuchopho
obuthuthukisiwe kanye nesimiso sezinzwa—
ekugcineni unezindlela zokukhumbula ngobunono
ubunye bawo obubalulekile noNkulunkulu.**

Inkumbulo yikhono esikhumbula ngalo okuhlangenwe nakho kwethu ngengqondo; ngaphandle kwayo, besizokhohlwa ukuqonda kwethu impilo futhi bekufanele siqale kabusha usuku ngalunye, njengezingane ezincane. Umuntu olahlekelwe yingqondo futhi ngenxa yalokho inkumbulo yakhe iziphatha njengengane.

Akukho nzuzo noma ukubaluleka ekubhaleni izivivinyo uma singenakuzikhumbula nokuziphinda sizikhumbule. Sifunda ngokuhlola imicabango yethu, imizwa, kanye nezisusa zethu, nangokuhlaziya izenzo zethu zesikhathi esidlule. Ukubaluleka komuntu kulele enkumbulweni ephilile.

Isibonelo, “uSami,” ukhumbula ukuthi ungumSami njalo ekuseni lapho evuka, futhi ngokukhumbula, uxhumanisa okuhlangenwe nakho kwakhe empilweni negama elithi Sami.

Uma sifuna ukukhumbula okuhlangenwe nakho kwangaphambilini, noma uma sikudinga futhi, singakuthola ngengqondo yethu engaphansi kokuqonda Ngokukhumbula lokho esikwenzile noma okwenzeka kithi ngaphambilini, singafeza noma yimuphi umsebenzi odinga ikhono esilifundile noma esilijwayele ngaphambili. Singakwazi futhi ukuhlukanisa phakathi kwalokho okufanele sikwenze nalokho okufanele sikugweme, kuye ngesimo

Ingqondo engaphansi komhlaba ihlala iqaphile, iqopha konke okuhlangenwe nakho komuntu emini futhi iqhubeke nomsebenzi wayo ngisho nalapho elele, iqapha umzimba njengomlindi wasebusuku Lapho evuka, umuntu uhlala azi ukuthi ubuthongo bakhe bunokuthula futhi buphumulile noma cha.

Amandla enkumbulo yengqondo engaphansi komhlaba ingenye yamakhono okuqonda kwaphezulu okuhlala kuqaphile futhi kubusisiwe.

Imbewu yalolo lwazi itshalwe kuwo wonke umphefumulo, ngoba umphefumulo, ngokwemvelo yawo, uyaqonda ukuthi uhlala phakade kuNkulunkulu. Inkumbulo iyimbewu yaphakade; uma siyinakekela futhi siyithuthukisa, singakhumbula zonke izehlakalo zalokhu kuphila kanye nempilo yethu yangaphambilini.

Njengabantu, singakhumbula zonke izilingo esibhekane nazo kulokhu kuphila Pho kungani singazikhumbuli zonke izilingo ezingokomoya imiphefumulo yethu ebhekane nazo?

Inkumbulo inezinhlobo ezimbili: inkumbulo yomuntu, ekhumbuza konke okuhlangenwe nakho kwalokhu kuphila, kanye nenkumbulo engcwele, ekhumbuza okuhlangenwe nakho komphefumulo kuyo yonke imizimba yawo. Abantu abaningi bajwayelene nenkumbulo yomuntu kuphela.

Kodwa kungani inkumbulo yethu engcwele ilele futhi imile, ilahlekile ebuthongweni obukhulu?

Abanye abantu banekhono lokukhumbula izinto eziningi abahlangabezane nazo: ezomuntu nezomoya Abanye abakwazi ukukhumbula kahle ngisho nezinto abahlangabezane nazo muva nje

Inkumbulo inamazinga namazinga ngokwekhono lengqondo lokuqonda Imfundo, ukugxila kwengqondo, ukuzindla, kanye nakho konke okukhumbulekayo kubalulekile ekwakheni inkumbulo enhle Ngaphandle kokuthuthukisa inkumbulo, umuntu akanakuthola ukuqonda okucebile nokuphelele Uma umuntu ebhala isivivinyo bese esikhohlwa, ulahlekelwa yinani nokubaluleka kwalolo vivinyo

Ngokuthuthukisa ikhwalithi yenkumbulo yethu, singayiqinisa kuze kube yilapho singakhumbula konke, okuhlanganisa nemvelaphi yethu yasezulwini. Ngokuvusa inkumbulo yethu engcwele—ukuze sikwazi

ukukhumbula konke okuhlangenwe nakho kokuzalwa kwethu kwasenyameni kwangaphambilini, kanye nesimo sethu esingokomoya esingafi—sithola ukungafi.

Ukuma okufanele kanye nokuzivocavoca umzimba okufanele kuyazuzisa ekuthuthukiseni amandla okukhumbula Kule nkathi, lapho umsebenzi wezandla usuthathelwe indawo yimishini emisebenzini nasezicini ezahlukene zokuphila, abantu sebehlala phansi futhi badinga kakhulu ukuzivocavoca njalo. Ngakho-ke, izindlela zokuzivocavoca ezizenzakalelayo zenzelwe ukusetshenziswa emakhaya nasezindlini.

Uma uzivocavoca, kubalulekile ukugxila ingqondo yakho emandleni abalulekile ukuze uthole izinzuzo ezinkulu. Akwanele nje ukwelula nokuqinisa imisipha yakho; kumelwe uvuse futhi uqondise amandla okuphila anikeza umzimba wakho amandla namandla.

Kukhona ukudla okuthile okuzuzisa ubuchopho, okunye okuzuzisa imisipha nezinzwa, kanti okunye okuzuzisa ukukhula ngokomzimba kanye nokugcinwa kwezitho ezahlukene kanye nezingxenye zomzimba. Ukuze uthuthukise inkumbulo, umuntu kufanele adle ukudla okukhulisa amandla obuchopho. Isibonelo, ukudla ama-walnuts agayiwe nama-alimondi axutshwe namaconsi ambalwa ejusi likalamula noma le-orange ngaphambi kokulala kungathuthukisa inkumbulo.

Ama-yogi athi ubisi noshizi ukudla okuqinisa ubuchopho. Aphakamisa ukuthi ngezikhathi zokukhathala nokukhathazeka, umuntu kufanele aphuze ingxube yejusi likalamula owodwa noma emibili engilazini yamanzi, ageze ikhanda lakhe ngamanzi abandayo, bese ewathela emathempelini akhe, phakathi kwamashiya akhe, emakhaleni akhe, nasezindlebeni zakhe. Ngenxa yalokho, imizwa

iyaphumula, ingqondo izolile, futhi inkumbulo enhle iyavuka.

Ukudla ukudla okunamafutha ngokweqile kufanele kugwenywe, ngoba lokhu kungabangela ukuthi ama-fat deposit akheke futhi ahlangane emithanjeni yegazi ebusweni bobuchopho.

Abantu abakholelwa emimoyeni baseNdiya bathi ingulube nenyama yenkomo kuyingozi empilweni yabantu. Lezi zinhlobo ezimbili zenyama ziqukethe amazinga aphezulu e-uric acid. Ngaphezu kwalokho, kuthiwa ingulube nenyama yenkomo azikhumbuli kahle. Ukudla inyama yazo, bathi, empeleni kungathuthukisa amakhono omuntu ngokomzimba nangokwengqondo.

Inkumbulo ingathuthukiswa ngokuzijwayeza Akulungile ukusho ukuthi indoda ebuthakathaka ngokomzimba kusukela ekuzalweni ayikwazi ukuba namandla Kuhlale kukhona amathuba kanye namathuba okufeza izinto ezinkulu kuzo zonke izici zokuphila

Kumelwe sazi ukuthi singayifuna kanjani indlela efanele kanye nendlela efanele

Abanye odokotela bathi umuntu onesifo sengqondo esizuzwe njengefa uzohlala enjalo impilo yakhe yonke. Kodwa-ke, kuye kwabonakala ukuthi ukukhubazeka okuningi kwengqondo kunganqotshwa ngokuzivocavoca kokugxila kwengqondo. Ucwangingo kule ndawo lulinganiselwe eNtshonalanga, ngakho-ke izazi zengqondo eziningi azizazi kahle izindlela zokugxila okujulile ezifundiswa yi-yogi enkulu yaseNdiya emakhulwini eminyaka edlule.

Izindlela ezifanele zokuthuthukisa ukugxilisa ingqondo azaziwa kubantu abaningi Amakhono engqondo asevele ekhona kodwa awathuthuki kahle Ukwehluleka ukuthuthukisa amakhono engqondo

**yomuntu kanye nokwamukela kuholela ezinkingeni
ezinkulu Njengomzimba, ubuchopho budinga
ukuzivocavoca okufanele ukuze bube nempilo,
umsebenzi, kanye namandla.**

**Ngakho-ke, ukuthuthukisa inkumbulo enhle
kudinga ukuvivinya umzimba, ukudla ukudla
okunempilo, kanye nokucabanga okuhle
okunengqondo**

**Zama ukukhumbula izinto ezithile bese
uhlanganyela ekubukeni ngeso lengqondo Buka
okuthile, isigcawu, noma umbono omuhle, bese
uzama ukuphinda udale leso sithombe engqondweni
yakho Ukuzama ukukhumbula izingoma zezingoma
namaculo, nokuzihlabelela ngengqondo, nakho
kuyasiza ekuthuthukiseni inkumbulo**

**Noma yini eyenziwa ngokuqaphela okujulile
nokuqaphelayo izothuthukisa inkumbulo**

**Izinkondlo nomculo kunesimo sengqondo
esiyinqayizivele Sonke sikhumbula kalula usizi
olujulile kanye nenjabulo enkulu kakhulu empilweni
yethu Kungani? Ngoba umuzwa ongemuva kwalezo
zenzakalo wawunamandla Noma yini eyayizwakala
iqinisa inkumbulo Ngaphezu kwalokho, ukubhala
izinkondlo kanye nokuzivocavoca kwengqondo
njengokuhlenganisa nokususa nakho kuyizindlela
ezinhle kakhulu zokuthuthukisa inkumbulo nokugxila
kwengqondo**

**Ukuze kuthuthukiswe amandla okukhumbula,
konke kumele kwenziwe ngokugxila okujulile
kwengqondo Abantu abaningi benza imisebenzi yabo
ngengqondo ezulazulayo, okuholela ekuhlukaneni
okukhulu phakathi kwezenzo zabo nemicabango
Yingakho bengakhumbuli lutho kahle Uma umuntu
efuna ukukhumbula okuthile, kumele akwenze
ngokuqonda okugcwele nangokuqonda**

Kulabo abathanda uNkulunkulu, ukucabanga ngemisebenzi yabo ngenkathi beyenza akubavimbeli ekucabangeni ngoNkulunkulu ngesikhathi esifanayo. Nokho, ngesikhathi sokuzindla, umuntu kufanele acabange ngoNkulunkulu kuphela. Kufanele kuqashelwe ukuthi inkumbulo iyaqiniswa futhi ikhono layo lokuqonda liyandiswa ngokuzindla.

Kuyini ukuzindla? Kuwukuhlangana nomoya wendawo yonke, odlula yonke imikhawulo yabantu, nokulwela ukukhumbula ukuthi umuntu ungumoya, hhayi umzimba Lapho umuntu ocabangayo eqala umzamo wengqondo oqondayo wokuzixhumanisa nomphefumulo ongafi esikhundleni somzimba ahlala kuwo impilo eyodwa kuphela, uzokhumbula okuhlangenwe nakho kwakhe okuningi empilweni edlule futhi ekugcineni uzokhumbula ukuthi wavela enhliziyweni kaNkulunkulu

KuNkulunkulu kulele inkumbulo yokuphila komuntu kanye nokuphila komuntu ngamunye Uma umuntu evumelana nobuntu bakhe obungokomoya, izikhathi ezidlule kanye namandla akhohliwe obuNkulunkulu obungonakali azophinde avele engqondweni yakhe. Ukuzindla kusho ukukhumbula ukuthi umuntu akayena umzimba ofayo kodwa ungumphefumulo ongafi: munye noNkulunkulu.

Emini sivame ukuzibona njengabantu abalinganiselwe, kodwa ebusuku, ngesikhathi sokulala ubuthongo obujulile, obungenamaphupho siyakhohlwa isimo sethu sobuntu

Ngokuzindla, ngomzamo wethu, singaphunyuka, noma ngabe okwesikhashana nje, ezinhlinzekweni zasemhlabeni. Singayeka ukuqaphela ngokomzimba futhi sikhumbule ukuthi singumoya waphezulu. Labo abaphikelela kulo mkhuba baba ngamakhosi abo kanye nabaqondisi beqiniso.

**UNkulunkulu wasinika inkumbulo ukuze sikwazi
ukudala nokukhumbula konke okuhle
nokuhloniphekile Ukusebenzisa kabi inkumbulo
kubangela umonakalo omkhulu esintwini**

**Umuntu ofukamela inzondo nomunye umuntu
ngenxa yokulimala kwesikhathi esidlule usebenzisa
kabi inkumbulo yakhe. Kodwa-ke, akukho okubi
ngokukhumbula okuhlangenwe nakho
okungathandeki ukuze ufunde kuye. Ngale ndlela,
umuntu uhlaziya izenzo zakhe zesikhathi esidlule
futhi agweme ukuphinda amaphutha afanayo aholele
emiphumeleni ebuhlungu nebuhlungu.**

**Imicabango engamanga akufanele ibuyekezwe,
njengoba izohlala engqondweni isikhathi eside
uNkulunkulu asinike inkumbulo ukuze sigcine izifundo
zokuphila kanye nokuhlangenwe nakho okuhle
kuphila Imicabango engamanga yangaphambilini
kufanele isuswe ngokugwema ukuyikhumbula Uma
iphoqa ukungena kwayo engqondweni, kumelwe
senqabe ukuyingenisa noma ukuyamukela**

**Siyaphinda: ukugxila nokuvuselela okuhlangenwe
nakho okubi kuwukusebenzisa kabi inkumbulo
uNkulunkulu asinike yona. Kunalokho, umuntu
kufanele anqume ukusebenzisa inkumbulo yakhe
kuphela ngemicabango emihle kanye nokuhlangenwe
nakho okuhle, nokususa zonke izinkumbulo
ezingathandeki nezinenzondo engqondweni yakhe.**

**Kumelwe sibone, sizwe, sinambithe, sithinte,
sizwe, futhi sifise konke okuhle, okunempilo,
okuzwakalayo, nokuzuzisayo. Futhi kumelwe
silondoloze okuhlangenwe nakho okujabulisayo kanye
novivinyo endaweni egciniwe yenkumbulo yethu.**

**Umuntu ozizwa enemizwa emihle, ecabanga
ngemicabango emihle, futhi ebona okuhle kuphela**

emvelweni futhi abantu bazokhumbula izinto ezinhle kuphela

Sinikezwe inkumbulo njengesipho esingcwele ukuze sikwazi ukuzijwayeza ukukhumbula izinto ezinhle size sikwazi ukukhumbula okuhle kakhulu: uNkulunkulu

Njengoba sibona ubuhle nokulunga kukho konke, ngolunye usuku sizothola ukuthi amandla aphezulu afihliwe azophula futhi ahlakaze yonke iminyango emincane yemicabango, imizwa, nemizwa lapho sibone khona ukukhanya kobuhle nobumbano lwaphezulu endalweni, futhi ngefasitela lokuqonda okungokomoya sizobona ubuhle obuphelele nokuphelela okuphelele.

Sicela uNkulunkulu asisize sivuse futhi sivuselele ilangabi elihlala njalo lenkumbulo engcwele kuze kube yilapho lishisa ubumnyama bokukhohlwa nokunganaki, ukuze sikhumbule ukuthi sasimunye futhi sisamunye nomoya kaNkulunkulu nothando lwakhe lwendawo yonke.

**Uma ukhumbula uNkulunkulu ekuseni
Emini nakusihlwa
Uzozizwa unamandla futhi ujabule
Khuphuka njengokhozi
esibhakabhakeni
Uzochitha isikhathi sakho
ukhululekile
Futhi ithwalwa njengephunga
emoyeni
Ukuthembela kwakho kuMdali
kuyisikhali esibukhali kakhulu
Zihlomise ngokuqiniseka
nethemba**

**Uma ufuna uNkulunkulu, umthombo
wokulunga**

**Uba yisicebi, cha, uba yisicebi
kunabo bonke abacebile
Iqiniso elifakazelwe**

I-Master Paramhansa Yogananda

Ukuhumusha: Mahmoud Abbas Masoud

**Ningawachili amazwi ami ngokungabaza
ngaphambi kokuzama indlela kini. Ningase nikhathele
ukuzwa imibono eminingi engenamthelela empilweni
yenu. Engikushoyo akuyona inkolelo-mbono, kodwa
iqiniso eliqinisekisiwe, futhi ngizozama ukuninika
umbono walokho okungahlolwa ngempela.**

**Nginenhlanhla yokufunda leli qiniso lesayensi
komunye wezazi ezinkulu zaseNdiya eminyakeni
eminingi edlule. Ungase uzibuze ukuthi kungani
ngikukhuthaza futhi ngidonsela ukunaka kwakho kula
maqiniso. Ingabe nginezisusa zobugovu? Impendulo
yami ayiyona into engiyifunayo nje ukwethula la
maqiniso kuwe, nginethemba lokuthola injabulo
yangempela ngokukusiza ukuthi uthole injabulo
yakho ngokuwasebenzisa nokuzwa injabulo yawo.**

**Manje kumele ngisebenzise ezinye izici ze-
physiology ukuze okungenani ngithole ukuqonda
okujwayelekile kwenqubo Ngizobhekisela
ekusebenzeni kwezikhungo noma ama-axes amakhulu
kanye nogesi ogeleza usuka ebuchosheni—ngalezi
zikhungo—kuya ezithweni zezinzwa zangaphandle
nezangaphakathi, ngizigcine ziphila futhi ziphilile.**

**Kunezikhungo eziyisithupha eziyinhloko lapho
ugesi obalulekile, noma ugesi wokuphila, udluliselwa**

khona ohlelweni lonke lwezinzwa. Lezi zikhungo yilezi:

Isikhungo seMedulla esingu -1

2 Isikhungo Sentamo Yesibeletho

Isikhungo Sezitho Zasezimbotsheni Ezi-3

Isikhungo Sezinhlungu Ezine -4

Isikhungo seSacral esingu -5

Isikhungo se-Coccygeal esingu- 6

Ubuchopho buyisabalalisi sikagesi esiphezulu (isikhungo esiphezulu), futhi zonke izikhungo zixhumene futhi zisebenza ngaphansi kwethonya lesikhungo esiphezulu (amangqamuzana obuchopho). Amangqamuzana obuchopho athumela ugesi obalulekile (noma ugesi) ngalezi zikhungo noma ama-vertebral axons, wona akhipha ishaja yawo kagesi ezinzwaneni ezihambisanayo nezidluliselayo ezithatha imisebenzi yemizwa yokuzwa kanye nemizwa yokuthinta nokubona, njll.

Lo mshini kagesi okhishwa ubuchopho uwukuphila komzimba wenyama (kufaka phakathi izitho zawo zangaphakathi nezangaphandle) Ngale ndlela kagesi, ulwazi lwezinzwa ludluliselwa ebuchosheni, okubangela ukucutshungulwa kwemicabango

Uma umphefumulo ufisa ukuvimba ukugeleza kwemibiko ephazamisayo yemizwa yomzimba (esiza ekuveleni kwezihibe zokucabanga ezixhumene), kumele ulawule ugesi futhi uguqule ukugeleza kwawo kusuka ohlelweni lonke lwezinzwa kuya ezikhungweni eziyisikhombisa eziyinhloko (kufaka phakathi ubuchopho), ukuze ngale ndlela ukwazi ukunikeza

izitho zangaphandle nezangaphakathi ukuphumula okuphelele.

Ngesikhathi sokulala, ukuxhumana kukagesi phakathi kobuchopho nezitho zokuzwa kuyaphazamiseka kancane, okuvimbela imizwa evamile njengokuzwa nokuthinta ukuthi ingafiki ebuchosheni Ngenxa yokuthi lokhu kuphazamiseka akuphelele, noma yisiphi isikhuthazo sangaphandle esinamandla ngokwanele singavuselela lokhu kuxhumana kukagesi, okuvumela isikhuthazo ukuthi sifinyelele ebuchosheni futhi sivuse umuntu. Kodwa-ke, ngesikhathi sokulala, ugesi oqhubekayo ugeleza uye ezithweni zangaphakathi—inhliziyo, amaphaphu, nezinye—uzigcina ziphila futhi zisebenza.

Ngenxa yokuthi umsebenzi kagesi womzimba ngesikhathi sokulala awulawulwa ngokugcwele, imizwa yomzimba efana nokungakhululeki, ukugula, kanye nezinto ezishukumisayo zangaphandle ezinamandla zingaphazamisa umuntu olele. Kodwa-ke, ngokusebenzisa indlela enengqondo ngokwesayensi, singalawula kanyekanye imisebenzi yomzimba yangaphakathi neyangaphandle ngokuphelele—lokhu kuyingqophamlando yokuzijwayeza. Kodwa ukufinyelela ukulawula okuphelele kungadinga iminyaka eminingi yokuzijwayeza okuzinikele.

Njengoba nje izitho zangaphandle zivuselelwa ngemva kokulala, okuwukuphumula komzimba, nezitho zangaphakathi zivuselelwa kakhulu ngenxa yokusebenzisa le ndlela yesayensi, futhi amandla azo ayanda, okusiza ukwandisa impilo.

Njengoba nje singabesabi ubuthongo funa izinzwa zethu zihlale zilele futhi zingakwazi ukusebenza, nathi

akufanele singabaze ukwenza ukufa okuqaphelayo, okungukuthi, ukunikeza izitho zethu zangaphakathi ukuphumula. Khona-ke ukufa kuzoba ngaphansi kokulawula kwethu, ukuze kuthi lapho sithola ukuthi le ndlu yangempela isiwohlokile futhi ingahlalwa muntu, singayishiya ngokuzithandela nangokuqaphela okugcwele "Isitha sokugcina esizonqotshwa ukufa"

Singabonisa le ndlela ngesibonelo esilandelayo:

Uma indawo yokushintshana ngocingo eyinhloko edolobheni ixhunywe ezingxenye ezahlukene zedolobha, abashayela ucingo kulezo zingxenyebangaxhuma njalo endaweni yokushintshana ephakathi ngogesi ogeleza ngezintambo, kungakhathaliseki ukuphathwa noma ukulawulwa kwendawo yokushintshana. Kodwa-ke, uma indawo yokushintshana ngocingo eyinhloko ifisa ukunqamula izindawo zokushintshana ezahlukene, ingavala iswishi kagesi eyinhloko, ngaleyo ndlela imise ukugeleza kukagesi ezingxenye ezahlukene zedolobha.

Ngokufanayo, indlela yesayensi isinikeza inqubo edingekayo yokudonsa ugesi obalulekile—osakazeka emizimbeni yethu yonke—ezindaweni zethu eziphakathi, okungumgogodla nobuchopho. Indlela isebenza ngokudonsa umgogodla nobuchopho, okuqukethe izikhungo zamandla eziyisikhombisa eziyinhloko. Ngenxa yalokho, amandla okuphila asatshalaliswa kuwo wonke umzimba ayadonswa futhi adluliselwe ngomgogodla ebuchosheni. Lapho sifika ebuchosheni, siyawazwa futhi siwazwe njengokukhanya. Kulesi simo, umuntu ongokomoya uyakwazi ukuzikhulula ekuphazamisekeni ngokomzimba nangokwengqondo.

Umuntu ongokomoya uphazanyiswa yimibiko yocingo engenayo—ngokuphambene nentando yakhe —evela ezigabeni ezimbili “zabantu”: isigaba esiphakeme (imicabango) kanye nesigaba esiphansi (imizwa yomzimba) Ukuze ahlukane ubudlelwano nalezi zigaba ezimbili, kumele adonsele ugesi ogeleza ngezintambo zocingo uye ebhethrini eliphakathi ngokucisha iswishi kagesi (okungukuthi, ngokuzijwayeza ukuzindla) ukuze akwazi ukujabulela ukuthula nenkululeko.

Ukunaka kungumqondisi oyinhloko kanye nomsabalalisi wamandla, onesibopho sokudlulisa ugesi obalulekile usuka ebuchosheni uye ezinzwa kanye nasezinzwa. Isibonelo, uma sixosha impukane ecasulayo, sisebenzisa amandla okunaka ukuthumela ugesi ezinzwa, okuholela ekunyakazeni kwesandla okufiswayo. Ngikhuluma ngalokhu ukunikeza umbono wamandla okunaka, lapho ugesi emzimbeni ungalawulwa futhi uqondiswe khona ezikhungweni ezishiwo ngenhla.

Lapha ngingathanda ukuchaza izimo ezilandela ukulawula okuphelele komsinga we-bioelectric Ekuqaleni, umuntu uzwa umuzwa okhangayo kakhulu ngenxa yokudonswa komgogodla. Kodwa-ke, ukuzijwayeza okuqhubekayo nokuqhubekayo kuzoletha isimo senjabulo eqondayo esichitha ukuvuka kwengqondo yomzimba.

Sichaze lesi simo senjabulo njengomgomo wethu wokugcina kanye nesidingo sethu sonke, ngoba kuso sizwa ukuqaphela kwangempela uNkulunkulu noma injabulo futhi sizwa ukwanda kokuqonda kwethu. Lapho sizwa kakhulu lesi simo, ubuntu bethu (ubuncane bethu noma ubugovu) buyancipha futhi

buncibilike, futhi lapho sisondela ngokushesha ekuqondeni kwendawo yonke futhi sixhumane ngokuseduze nangokuqondile noNkulunkulu.

Inkolo, empeleni, ayilutho ngaphandle kokubhujiswa kwethu ngabanye ngaphakathi kokuqonda kwethu kwendawo yonke. Ngakho-ke, kulesi simo senjabulo, sikhuphuka isitebhisi sokholo, sishiya ngemuva isimo esicindezelayo sezinzwa kanye nokuxokozela komcabango, bese singena ezindaweni zenjabulo yaphezulu.

Ngale ndlela siqaphela amaqiniso asemhlabeni, futhi lapho lesi simo esibusisiwe siba ngokoqobo - ngokuzijwayeza okuqhubekayo - sizithola sisebukhoneni beNkosi ebusisiwe ngaphakathi kithi njalo, futhi senza imisebenzi yethu ngendlela engcono ngaphandle kokubheka izithelo zomsebenzi, ngakho-ke sikhathalela kakhulu imisebenzi kunokuzikhathalela thina (i-ego) kanye nemizwa yenjabulo nobuhlungu evezwa yileyo ego.

Ezimfundisweni zazo zonke izinkolo—ubuKrestu, ubuSulumane, nobuHindu—kukhona iqiniso eliyisisekelo: ngaphandle kokuba umuntu eqaphela ubunjalo bakhe njengomoya—umthombo wenjabulo—uzohlala eboshwe ukucabanga okulinganisewe futhi athobele imithetho yemvelo engaguquki nengathetheleli Ukwazi ubunjalo babo bangempela kuletha inkululeko yaphakade Asikwazi ukwazi uNkulunkulu ngaphandle kokuzazi thina, ngoba ubunjalo bemvelo yethu bufana nobakhe Abantu badalwa ngomfanekiso kaNkulunkulu Ngomkhuba wokuzijwayeza ngenkuthalo nangobuqotho wokuzindla kwesayensi kweqiniso, uzozazi wena—

**okungukuthi, uzoqaphela ukuthi ungumoya obusisiwe
—futhi uzomazi uNkulunkulu**

**Izindlela zokuzindla ngokomoya zihlanganisa
zonke izindlela ezidingekayo zokwazi uNkulunkulu.
Azigxili ekwehlukeni kwezinkolo nezinkolelo ngoba
okunye kwalokhu kwehluka kudala ukudideka
ekucabangeni kwabantu.**

**Ukuphakama kokuzindla kwesayensi kunezinye
izindlela kusekuxhumaneni kwayo okuseduze kanye
nesenzo esiqondile nento esibophayo kumuntu wethu
olinganiselwe: amandla okuphila Esikhundleni
sokuqondisa la mandla, okungukuthi, ukuwadlulisela
ngaphakathi nokuwahlanganisa emandleni omoya
akhulayo nabanzi, ageleza ngaphandle, agcina
umzimba nengqondo kuqhubeka njalo, ebangela
ukuphazamiseka komphefumulo ngendlela yemizwa
engokwenyama kanye nemicabango edlulayo.**

**Ngenxa yokuthi amandla okuphila ageleza
ngaphandle, imizwa nemicabango kuhlanekezela
isithombe somphefumulo omsulwa nozolile. Le ndlela
isifundisa ukuthi singaqondisa kanjani amandla
okuphila ngaphakathi. Ngakho-ke, iyindlela eqondile
nesheshayo, esiyisa ngqo ekuqondeni komphefumulo:
ekuqondeni okubusisiwe kukaNkulunkulu, ngaphandle
kwesidingo sanoma yimuphi omunye umzila.**

**Le ndlela iwukulungisa nokuqondisa ukugeleza
kwamandla okuphila ngokulungisa nokulawula enye
yezibonakaliso ezaziwayo ezihlobene ngqo namandla
okuphila uqobo.**

**Kuyafaneleka ukuqaphela ukuthi zonke izindlela
zenkolo emhlabeni zincoma ukusebenzisa indlela
eqondile noma engaqondile, isibonelo noma ecacile,**

ukulawula ukugeleza kwamandla okuphila nokuguqula indlela yawo ukuze sidlule umzimba nengqondo futhi sazi umphefumulo ngokwazi ingqikithi yemvelo yawo kanye nohlobo lwengqikithi yawo.

Ukuba khona kokuphila kumuntu kuwukusinda, kanti ukungabikho kwako kuwukubhujiswa. Ngakho-ke, indlela eqondisa umuntu ukulawula impilo ngqo iyindlela engcono kakhulu.

Amadoda ahlakaniphile ezizukulwane ezahlukene kanye namazwe ahlukenene ancome izindlela ezifanela izingqondo nezimo zabantu ababehlala phakathi kwabo. Amanye agcizelela umthandazo, amanye imizwa, amanye izenzo, amanye uthando, kanti amanye ukucabanga noma ukucabanga nokuzindla. Kodwa izisusa zabo zazifana.

Bonke baqinisekisa isidingo sokudlula ukuqonda ngokomzimba ngokuguqula ukugeleza kwamandla okuphila ukuze kugeleze ngaphakathi. Baphinde bagcizelela isidingo sokuzazi nokuvela kwawo ngemuva kwezimbozo, njengoba nje isithombe selanga sibonakala ngokucacile nangokucacile emanzini athule, azolile. Bonke bagcizelela ukufaneleka nokusebenza kahle kwendlela yokuzindla, ngaphandle kwesidingo sanoma yimuphi omunye umlamuleli.

Kufanele futhi kuqashelwe ukuthi ukusebenzisa le ndlela akuvimbeli ukuthuthukiswa kwamandla engqondo noma omzimba, njengoba nje ingeyona isithiyo emisebenzini yomphakathi ezuzisayo eqondiswa imizwa ebucayi kakhulu necwengekile kanye nezisusa ezinhle kakhulu ezizinikele ekukhonzeni isintu.

**Eqinisweni, sisekela futhi sincoma intuthuko
ephelele yomuntu ngamunye, ngoba le ntuthuko
yenza kube lula umkhuba wale ndlela kunokuba
iyivimbele. Okuwukuphela kwesidingo ukuqonda
nokuzijwayeza ngenkuthalo le ndlela, bese zonke
izenzo nezifiso zizoba wusizo kakhulu kumuntu
ofunayo.**

**Iphuzu elibalulekile kule ndlela ukuqonda
okufanele amandla okuphila asekela umzimba
womuntu futhi awugcine uphila futhi unamandla**

Iziqinisekiso ezimfushane zokuphulukiswa

**Nkosi, ukukhanya kwakho okubusisiwe kukhanya
kubaprofethi, abangcwele, kanye nezihlakaniphi zazo
zonke izinkolo, nakimi futhi Lokhu kukhanya
okungcwele kukhona kuwo wonke amangqamuzana
nezicubu zomzimba wami, futhi ngomusa wakho
ngiphilile futhi ngiphilile.**

Umsebenzi we-cosmic oqaphile

Uyaphila ngaphakathi kimi!

**Ukudla okuqinile, okuwuketshezi, nokunegesi
kuguqulwa ngamandla kaNkulunkulu kube amandla
aphilayo**

Ukusekela umzimba wami

**Nkosi, amangqamuzana omzimba wami enziwe
ngokukhanya**

**Kuyingqikithi yakho, ngoba ungumoya
wokuphelela**

**Uphephile-ke, ngoba ungumthombo
wokuphulukiswa**

**Ingqikithi yayo umoya, futhi wena ungumoya
endaweni yonke enkulu**

**Futhi kungunaphakade ngoba ungumthombo
wokuphila**

Ngoba wena uyincazelo yephakade

**Ngizizwa ngivuselelwe, nginamandla, futhi
nginamandla**

Umsebenzi wakho ugcwele impilo

Futhi umzimba wami ugeleza kuwo

Amandla okuphulukisa omoya

Ngadalwa isibani

Kusukela engqikithini emsulwa kaNkulunkulu

Ngihlala ngizizwa ngiphilile

Ngoba kungaphakathi kimi

Amandla akhe akhona lapho

Kuzo zonke izingxenye zomzimba

**Isisu sinamandla ngoba siqukethe ukukhanya
Kwakhe**

Umelaphi wazo zonke izifo!

**Ngiyazi ngokuqinisekile ukuthi zonke izifo,
ngezindlela zazo ezahlukene, zibangelwa**

**Ngokuphathelene nokunganakwa
kwemithethonqubo yezempilo ngizoqeda lesi sifo
ngokudla okunempilo**

**Ukuvivinya umzimba okufanele, ukucabanga
okuhluzekile, kanye nezinhlalo ezinhle**

**Nkosi, ukukhanya kwakho kukhona kuwo wonke
ama-athomu omzimba wami**

Kuwo wonke amaseli ami

Kuwo wonke amangqamuzana egazi,

Futhi yonke imizwa emzimbeni wami

Ebuchosheni bami nasezicutshini

Ngakho-ke, nginempilo enhle futhi ngiphilile

**Ngoba uhlala kimi, futhi ungamandla
okuphulukisa**

**Ukukhanya kukaNkulunkulu kanye nenhlalakahle
yakhe kugcwele emagumbini amnyama ezinhlupheko
zami zomzimba**

**Ukukhanya kwakhe okuphulukisayo kukhanya
kuwo wonke amangqamuzana omzimba wami**

**Ngakho-ke kuzwakala ngoba kuqukethe
ukukhanya Kwakhe**

Ngokufanayo, ukuphelela Kwakhe

**Ukugcizelela okukhethekile emandleni
okucabanga**

**Ngicabanga futhi ngiyazi ukuthi umsebenzi wami
uyaqala**

Kusukela ebuchosheni kuya emzimbeni

Isifutho sokukhanya siyaphuma ngokushesha

Kusukela ezimpandeni zezicubu zami

Futhi kugeleza kusuka ebuchosheni bami
Kumaseli kanye nemizwa
Futhi ezigabeni uqala ngazo
Ukugeleza kwamandla okuphulukisa
Kusukela emgogodleni
Njenge-foam noma njengezifutho
Ukondla amangqamuzana omzimba
Impilo enhle!
O Nkosi, ngiyakukhonza
Kukho konke okuhle
Futhi ngiyabona ukulunga kwakho
Kuyo yonke imibono ecacile
Amandla akho aphelele yikhambi lazo zonke izifo
Ikhona ngaphakathi kimi, ngakho angizizwa
ngikhathele
Kwangathi ukukhanya kwakho okuphulukisayo
kungakhanya
Ebumnyameni bokungazi okujulile
Nomaphi lapho kukhona ukukhanya, kukhona
ukuphelela nobumsulwa
Ngomuzwa, intando, kanye nomcabango
Qondisa imizwa yami, bese kuthi, kanye nentando
nemicabango yami

**Ukuze ngilandele isiqondiso ngokuhlakanipha
nangokwahlulela okuhle**

**Nsuku zonke ngizofuna injabulo yomphefumulo
ngaphakathi kimi**

Hhayi ngenxa yokuzijabulisa

**uNkulunkulu uqapha imicabango yami futhi
uyiqondisa**

Izwe lokulondeka kanye namathuba okuthula

**Ngizohlaza ingqondo yami kukho konke
ukwesaba**

**Ukwazi ukuthi uNkulunkulu uyangisekela futhi
uyangiqondisa**

Wenza indlela yami ibe lula

Futhi wenza izinto zibe lula kimi

Kuzo zonke izimo kanye nensimu

**Ukuthembela kwami ngokuphelele kuNkulunkulu
kuyikhambi**

Futhi nginenzuzo nokuphulukiswa kukho

Ukuthula makube phezu kwakho

Ukuhlakanipha nokuqonda okungokomoya

Umuntu kumelwe abe yinkosi yakhe futhi enze
ngokufanele, engaqhutshwa yinqubo evamile nezifiso kodwa
.yintando yakhe nokuhlakanipha kwakhe

Kuyilungelo nekhono lomuntu ukudala ipharadesi lakhe
futhi alijabulele ngoba unazo zonke izindlela zokufeza lokhu,
ngoba uNkulunkulu umnike ikhono lokuqondisa ingqondo
.yakhe kuYe nokumazi

Into enkulu kakhulu empilweni ukuhlala endaweni
eqinile kanembeza wakho ohlanzekile nonokuthula

Ngokugxilisa ingqondo yakho kuNkulunkulu
nokuthandaza ngokusuka enhliziyweni, umuntu angabubona
ubukhona Bakhe obubusisiwe

* * *

:ukugcizelela

Ukukhanya kukaNkulunkulu kuyangigcwalisa futhi
kukhanye ngami, kuqede konke ukugula futhi kunginike
impilo nenhlalakahle. Ukukhanya kwakhe kwaphezulu
kukhanya kuwo wonke amangqamuzana omzimba wami,
.ngakho-ke umzimba wami uphilile futhi ngiphilile

* * *

Ngalolo suku lapho ukhumbula imvelaphi yakho
yasezulwini, ukuqonda kwakho kuzozalwa kabusha endlini
.enkulu yaphezulu yoMoya

Kubonakala sengathi ingqondo yomuntu kanye
nentando yakhe kungcwatshwe ngaphansi kwenhlabathi
yokungazi Ngaphandle kokuba igolide lokuhlakanipha
likhishwe [emgodini womphefumulo], lincibilikiswe, futhi
libunjwe libe amathuluzi abukhali engqondo, akunakwenzeka

ukugawula nokuqeda isitshalo sobubi esikhula ensimini
.yokuqonda komuntu

Izintaba ezinhle nezimangalisayo, imishini emangalisayo
yomzimba womuntu, ama-rose nezimbali ezintsha
neziqhakazile, ikhaphethi eluhlaza yotshani, ubukhulu
bemiphefumulo emihle, kanye nobukhulu bemicabango
.ecwengekile

Futhi ukujula kothando, konke lokhu kusikhumbuza
uNkulunkulu, ongumthombo wazo zonke izikhulu, ubukhulu,
.nobuhle
* * *

Ukugxila engqondweni kuyisihluthulelo sokuvuka
nokusebenzisa amandla afihliwe ngaphakathi komuntu
Ukugxila kusho ukugxila embonweni owodwa Imbanga
eyinhloko yokwehluleka okuningi ukuntuleka kokugxila
Ukunaka kungafaniswa nethoshi; lapho umsebe walo
usabalala endaweni ebanzi, ukuqina kwawo kuyancipha
Kodwa lowo msebe uba namandla futhi ucace uma ugxile
embonweni othile Labo abanezingqondo ezivelele bagxile
kakhulu, banekhono lokugxila wonke amandla abo engqondo
entweni eyodwa ngesikhathi
* * *

Uthando lweqiniso—uthando lwenhliziyo nomphefumulo
—luwuthando lwaphezulu Lolu thando lwaphezulu lufuna
ukuzibonakalisa ngezinhliziyiyo nemiphefumulo yesintu

Kukhona amagagasi akude kakhulu ebusweni bolwandle
kangangokuthi awalokothi aqhume ogwini. Futhi
kunemicabango endaweni yokuthula ejulile kakhulu ukuba
.inhliziyiyo ingakhuluma ngayo

Ukuqonda kuyibhalansi phakathi kwengqondo ezolile
nonembeza ohlanzekile

Ubuciko bokusebenza kahle bulele ekukwazini
ukusebenza kancane noma ngokushesha ngaphandle
kokulahlekelwa ukuthula kwangaphakathi

Asikwazi ukufunda into esingayazi ngaphandle kokuthi
sinento esingayiqhathanisa nayo. Ngakho-ke, uNkulunkulu
ufundisa isintu uthando lwaphezulu ngendlela ephelele
.yothando lomuntu

Njalo bhekisa inaliti yekhampasi yakho enyakatho
yamagnetic yenjabulo engokomoya, bese kungabikho muntu
.oyokuphazamisa ibhalansi yakho

Qinisa ukholo lwakho kuNkulunkulu futhi uthembele
ukuthi Lowo owakudala uzokunakekela futhi akuvikele

Lowo ohamba ngobuqotho uthanda uNkulunkulu futhi
uthandwa nguNkulunkulu, kungakhathaliseki ukuthi
usebenza ehlathini lemvelo noma ehlathini lempucuko
yanamuhla, ngoba izinkinga, ubunzima, izilingo, kanye nosizi
zikhona kokubili. Okokuqala kuqukethe izilwane ezinolaka,
kanti okwesibili kuveza ukwesaba okungekubi kangako,
okubonakaliswa empini enobudlova nezifiso ezingalawuleki
kanye nezinkanuko ezivuthayo. Kuphela lapho umuntu
ethoba izinkanuko zakhe entandweni yakhe lapho enambitha
.khona injabulo yangempela

Ngezinye izikhathi ungase ube nomuzwa wokuthi
umngane uzovakasha, yize kungekho okubonisa ukuthi
bavakashile. Abakakutsheli ukuthi bayeza, kodwa unomuzwa
onamandla wokuthi uzombona, bese kuthi, njengoba kuhlwa,
angqongqoze emnyango wakho! Noma ngezinye izikhathi
uzizwa usuku lonke ukuthi kukhona okuhle noma okubi
okuzokwenzeka, futhi uma kwenzeka, uyamangala ukuthola
ukuthi ukuqonda kwakho bekunembile. Lezi ezinye
zezibonelo zokuqonda (umqondo wangaphakathi) nendlela
.okusebenza ngayo ngaphandle kobufakazi nezinkomba

UNkulunkulu usinike umphefumulo, ingqondo,
nomzimba, futhi kumelwe sihlakulele lezi zipho ngendlela
evumelanayo nelinganiselayo Akufanele sizivumele sibe
yizigqila zendawo esikuyo noma iziboshwa zomkhuba
Abazali abakhule ngokomoya bangasiza umhlaba
ngokukhulisa izingane ezinezimo ezingokomoya
nangokuphila impilo elinganiselayo ebonakala ngokuzindla
nokuzithiba

Yonke imicabango emihle evuselela ngaphakathi kuwe
isondeza kuNkulunkulu. Le micabango ifana nomfula ogeleza
.olwandle lomoya waphezulu

Usuku ngalunye kufanele lube usuku lokubonga
nokubonga ngezibusiso zokuphila ezivela elangeni,
emanzini, kanye nemifino nezithelo ezinhle, okuyizipho
.ezingaqondile ezivela kuMuphi Omkhulu Kunabo Bonke

Uthando olumsulwa, uthando olungcwele, lususa izithiyo
phakathi komuntu noMdali wakhe

Ubungane buyayonakala futhi uthando phakathi
kwabantu luyaphela ngenxa yezinto ezinobuthi zokuba
nomona, ubugovu, ubudlelwano bomndeni obusebenza
ngomshini, ukuthanda ucansi ngokweqile, ukunamathela
ezintweni ezibonakalayo, ukuqhuma kwemizwelo, kanye
nokushintshana ngezinto eziwusizo, ngoba izibopho
ezidlulayo zilandelwa inzondo engazelelwe, okuholela
ekufeni kothando lomuntu Kodwa ngaphakathi kwenhliziyo
yawo wonke umuntu kukhona uthando lwaphakade,
olungcwele olungahlala lungasebenzi isikhathi esithile,
.kodwa alufi ngempela

Enhlabathini yenhliziyo yakho, imbewu yothando
iyakhula. Khulisa leyo mbewu bese uyinisela ngozwela
.nangothando oluphelele

UNkulunkulu uluthando, futhi uthando lusihlanganisa
noNkulunkulu Uma sifuna ukuthanda uNkulunkulu,
akumelwe sihlukanise noma sinciphise uthando lwethu,
.kodwa kufanele siluxhumanise nothando lwaphezulu

Amandla onke nakho konke okusemkhathini
kungumkhiqizo wengqondo yaphezulu, njengoba nje izinto
.ozibonayo ephusheni zenziwe yingqondo yakho

Okuwukuphela kwendlela yokugwema ukwenza okubi
ukuthuthukisa ukwahlulela okunengqondo ukuze uqaphele
ukwenza okubi bese unquma ukungakwenzi
Ukulwa nomuntu okungalungile akuvezi ilungelo.
Ukungazi kuyisitha sangempela sabantu futhi kumele
.kuxoshwe kuleli zwe

Sinakho konke esikudingayo kuleli zwe ukuze singenise
inkathi yokuchuma, injabulo, kanye nobulungiswa
obuphelele. Isithiyo kuphela ubugovu bomuntu, okwenza
lokhu kungenzeki. Ukuhlupheka okubi nokungafaneleki
kubangelwa ubugovu bomuntu kanye nokuzikhathalela
kwakhe, ngaphandle kokunaka abanye. Imali
engasetshenziswa ukondla nokugqoka abaswele
.isetshenziselwa ukubhubhisa nokubhubhisa
Imbangela eyinhloko yezinkinga zomhlaba wonke yilobu
bugovu obuzalwa ukungazi. Wonke umuntu ucabanga ukuthi
wenza into efanele, kodwa uma ephishekela imigomo yakhe
siqu kuphela, ubeka umthetho we-karmic wesizathu
nomphumela, ozobhubhisa ngokungenakugwenywa injabulo
.yakhe kanye nenjabulo yabanye
Lapho ngibona kakhulu izinhlekelele zomhlaba
ezibangelwa ukungazi kwabantu, kulapho ngiqaphela khona
ukuthi injabulo iyadlula, noma ngabe imigwaqo
yayigandaywe ngegolide Injabulo yangempela itholakala
ekwenzeni abanye bajabule Uma wonke umuntu enza lokhu,
wonke umuntu ubezocabula, futhi wonke umuntu ubezozuza
.isabelo sakhe senzuzo yomhlaba

Ukuqaphela kwaphezulu injabulo yasezulwini kanye
nokuthokoza okungenamkhawulo kufana nenduku yomlingo
egugula ngokushesha insimbi eshibhile yokuphila kwezinto
ezibonakalayo okuvamile ibe yigolide elikhazimulayo
.lenjabulo engokomoya ehlala njalo

Ubungane buyindlela yokukhanga engokomoya
yomhlaba wonke ehlanganisa imiphefumulo nesibopho
sothando lwaphezulu

isambulela somphefumulo noma ukuthula

komphefumulo

Uma ukukhathazeka okushisayo kulahlekelwa ukushisa

Ukuthula kuyavela, kuletha ukuthula nokuthula

Kuyinsika emhlophe yesikebhe sokuphila

Kugcwele umoya wenjabulo ehlala njalo, ongenayo

injabulo

Ngakho-ke usunduza isikebhe ngobumnene phezu

kolwandle i-Al-Rida

Ukuthula kungumfula wokwaneliseka

Igeleza kancane iya olwandle lokuthula

Ukuhlukaniswa namagagasi okukhathazeka

Kuyisambulela somphefumulo

Ukusabalala ngaphezu kwengqondo nenhliziyo yomuntu

Ukuvikela injabulo yempilo yakhe, encane nenkulu

Kusukela emvuleni yokwesaba nokukhathazeka

Kuyithoni yasezulwini

Okuvela engoma yokuphila

Usawoti ongcwele

Etafuleni lokuphila

Futhi i-spray indiza isuka emanzini empumelelo

Kuyisimo sengqondo esihle nesinokuthula

Okubuswa ngayo umbuso womphefumulo

Ngokuvumelana nangokuvumelana

Ukuthula akugcini nje ngokuba semakhaya angasese

Futhi akukho ukuphunyuka esiphithiphithini nomsindo

Kunalokho, kuza lapho izinhliziyi ziyamukela khona

Futhi uhlala lapho imiphefumulo ithola khona induduzo

kuye

Kungakhathaliseki isikhathi nendawo

Iyimbali ethambile, ebuthakathaka

Ayikwazi ukubekezelela ukuthintwa okunokhahlo

Kunalokho, iyaphila, iyaqhakaza, futhi ichume

Uma iniselwa ngamanzi amasha, ahlanzekile
Ukuthula kuyichibi elithule lemizwa
Ukukhululeka emibimbi yosizi
Okhala izinyembezi zokwesaba
Ukuze uthole isici esincane sokukhathazeka
nokucindezeleka
Lapho ikhasi lomphefumulo onokuthula limboziwe
Ingqimba yeqhwa elimhlophe elicwebezelayo
:nelicwebezelayo
Iqhwa lokuthula nokuthula kwengqondo
Iziphepho zokwesaba kanye neziphepho
zokukhathazeka ngeke zinqobe
Ukuthula nokuthula okuphazamisayo
Ngaphansi kwalesi sigaba esiqinile nesicwebezelayo
Ngenxa yalokhu kukhanya okubusisiwe
nokukhazimulayo
* * *

Inqaba Yothando Lwaphezulu
Lapho amagobolondo enzondo ehla ezungeze wena
Thola isiphephelo enqabeni yothando
Futhi uma ukuqhunyiswa kwamabhomu okungaqondani
kuqhubeka
Hlala uqinile emihumeni yothando
Ngaphansi kwamakamelo esihawu nozwela
Futhi uma umusi onobuthi wokukhohlisa uzama
Ukuvimbela impilo yokuhlakanipha kwakho
Zimboze ngemaski yothando olumsulwa
Inqaba yothando lwaphezulu iyindawo ephephile
Kusukela ekuhlaselweni kwamabutho okuzidela
nezilingo
Bamba umsele wokwethembeka nokuqina
Gcwalisa ngamanzi othando
Ngakho-ke ubugovu abukwazi ukuwela kubo

Ukubhubhisa ukuhlakanipha komphefumulo wakho

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Labo abazindlayo bathola umuzwa omuhle wokuthula
kwangaphakathi Lokho esikufundayo ekuzindleni kufanele
kusetshenziswe emisebenzini yethu yansuku zonke
nasezingxoxweni zethu, futhi akufanele sivumele noma
ubani ukuba antshontshe ukuthula kwethu noma
.aphazamise ukuthula kwethu

Ukucabanga okungenabandlululo kufana nesibuko
esicacile, esicwebezelayo, esizinzile futhi esingashukunyiswa
yizahlulelo ezisheshayo

Uthando lwaphezulu luyinsimu yama-roses asezulwini
kanye ne-basil, kanye nemicabango ekhanyayo, emisha.
Luwumthombo wothando olumsulwa olushaya ezinhliziyweni
.eziqotho

Yiba lula ngangokunokwenzeka futhi uzomangala ukuthi
impilo yakho izoba mnandi futhi ilula kangakanani

Injabulo yomndeni yangempela isekelwe ekuqondeni
nasemazwini anomusa

Ngokucwiliswa okujulile kokuzindla, kuzovela ukusa
okusha kokuvuka. Inkungu yokuthula kanye nemfihlakalo
elenga phezu kwakho konke izonyamalala futhi inyamalale
phambi kokukhanya kokuvuka okungokomoya kanye
.nokulangazelela okukhulayo ngoNkulunkulu
Ekusebenzelaneni kwethu nabanye, kubaluleke kakhulu
ukuqaphela izici ezihlukile kanye nezimfanelo ezinhle
abazitholile kokuhlangenwe nakho kwabo futhi bazibumba
.kusukela ekubeni ngumuntu, nokwazisa lezo zimfanelo
Uma sifunda ngabantu abanezingqondo ezivulekile,
sizokwazi ukubaqonda futhi sibhekane nabo

ngokunethezeka, futhi sizokwazi ngokushesha ukwazi uhlobo
 .lomuntu esisebenzisana naye
 Ungakhulumi nesazi sefilosofi ngokugijima
 kwamahhashi, noma uphikisane nososayensi ngokunakekela
 indlu Thola ukuthi yini ethakazelisayo kumuntu futhi
 edonsela ukunaka kwakhe, bese ukhuluma naye ngalokho,
 hhayi ngezinto ezikuthakazelisayo ngempela

Uma sifisa ukuqonda abanye, kumelwe sigweme
ukubagxeka nokubalahla Kunalokho, kufanele sibheke
esibukweni sokuqonda kwethu ukuze sibone ukuthi yini
edinga ukulungiswa nokuthuthukiswa Lesi sibuko
sangaphakathi sihluke kakhulu kuleso esijwayelekile
esisibheka kuso njalo ekuseni. Nsuku zonke, ngibheka kulesi
sibuko sangaphakathi, futhi uma ngithola okuthile
engingakuthandi, ngiyazisola futhi ngilwele ukukulungisa.
Ngale ndlela, umuntu ubona ukubonakaliswa kwakhe
kwangempela esibukweni somphefumulo wakhe futhi
uqhubeka usuku nosuku endleleni eya enjabulweni
.nasekuthuleni kwangaphakathi

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Nkosi, useduze nami kunokushaya kwenhliziyo yami,
futhi ngiyakuzwa ukuba khona kwakho eduze kwengqondo
yami

Uma umuntu egxila emagagasini olwandle isikhathi
eside kakhulu, uyakhohlwa ukugxila olwandle uqobo.
Ngokufanayo, uma umuntu egxila emagagasini amancane
okuphila kwakhe futhi enamathela ngokuphelele kulo,
uyakhohlwa ulwandle olukhulu lomphfumulo, lapho
ukuphila kwakhe kufana nje nokugeleza okukhulu
.kwenhliziyo yakhe

Njengoba nje izibani zikagesi ezibekwe ezindaweni
ezahlukene zikhanyiswa yijeneretha eyodwa kagesi, kanjalo
nezibani zabantu zikhanyiswa yijeneretha eyodwa yendawo
yonke efaka ubuhlakani ezingqondweni futhi inikeze
.imizimba amandla aphilayo

Ithonsi ngalinye lamanzi lifaka isandla ekubeni khona
kolwandle. Nakuba impilo yomuntu ngamunye ingase
ibonakale njengethonsi elincane olwandle lwesintu,
umthelela walokho kuphila ungabaluleka kakhulu futhi
.akufanele uthathwe kancane

amagagasi olwandle anamandla
Ama-vortice esistimu yelanga
kanye nemisinga yamandla e-cosmic
namaplanethi antanta esikhaleni
Njengezimfunda zeqhwa phakathi kolwandle
Bonke badansa esifubeni sokunyakaza okuphakade
Umama ogcwele isisa nothando uwuphawu lobubele
baphezulu

UNkulunkulu ubonisa ububele bakhe ezimbalini
Yakha ngaphakathi kwakho ithempeli lobuhle nokuthula
lapho ungathola khona uNkulunkulu endaweni engcwele
yomphefumulo wakho
Kuzo zonke izihlobo zethu ezivumelanayo, kumelwe
sikhumbule ukuthi uthando lukaNkulunkulu lusemuva kwayo
.yonke inhliziyo enomusa eshaya ngothando nokuzwana

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Impilo ilele emhlabathini onzima, iphupha ngobuhle
ezimbalini, ivuka ngamandla ezilwaneni, futhi engqondweni
.yomuntu iqaphela amandla ayo angenamkhawulo
Akungabazeki ukuthi kungangena engqondweni
mayelana nokuba khona kukaNkulunkulu nokuba seduze
kwakhe lapho umfuni ebona ukuthi yonke indawo

iyisibonakaliso sendalo yaphezulu Konke kuvela
kokungabonakali, kuhlala kulo mhlaba isikhashana, bese
kubuyela esimweni sokungabonakali ekupheleni kokuphila
.kwakho kwasemhlabeni

Kuyo yonke i-athomu yale ndawo yonke emangalisayo,
uNkulunkulu uhlala edala izimangaliso nezimangaliso
Ukunqoba kuyohlala kungokweqiniso nobuhle
ekugcineni, kungakhathaliseki ukuthi kuthatha isikhathi
esingakanani

Ungavumeli ukuhlupheka nokulahlekelwa kunciphise
ukuzimisela kwakho futhi kudambise umoya wakho
Ngolunye usuku uzongena endaweni yomoya futhi ujabule
ngendlela engenakuchazeka kanye nakho konke
okulindelwe. Ngobuhlungu, kumelwe sifunde ukuzwelana
nabanye, siqonde imizwa yabo, futhi senze konke
.okusemandleni ethu ukubasiza

Konke okusemhlabeni obonakalayo kubonisa
ukunyakaza, ushintsho, kanye nokungazinzi, kodwa isimo
sikaNkulunkulu ukuzola, ukuthula, kanye nokuthula
Ubuqotho obujulile buyimfuneko edingekayo endleleni
engokomoya, ngoba ebumsulweni benhliziyo kanye
.nokucaca kwenhloso kuzalwa ukusa komphefumulo
Ezingadini zokuphila, ngihamba ngenjabulo ngisuka
esihlahleni ngiye kwesinye, futhi ekugcineni ngizofika, Nkosi,
esandleni sakho eseluliwe esingamukelayo

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:Ukuzithuthukisa

Umuntu kufanele ahlele impilo yakhe futhi afunde
izincwadi ezinhle kakhulu ezikhiqizwe yizingqondo zabantu
esikhundleni sokuchitha isikhathi sakhe ekufundeni
okungahleliwe, okungenamsebenzi, futhi athole umsebenzi
ofanelana naye empilweni futhi alwele ukwenza umsebenzi
.wakhe ngempumelelo nangendlela ephumelelayo
Abantu abaningi bazama kakhulu emikhakheni eminingi
kodwa abaphumeleli kangako Labo abafisa ukuzithuthukisa

abakwazi ukuqonda konke ngezinto eziningi, kodwa bangazi
.okuncane ngakho konke, futhi bazi konke ngento eyodwa
Ulwazi luwulwandle olukhulu, futhi ukuhlakanipha
okungokomoya akunamkhawulo Nakuba uMhlaba uyindawo
encane endaweni yonke, mkhulu kakhulu emehlweni ethu
Noma kunjalo, ngenxa yentuthuko yabantu, umhlaba
wethu uya ngokuya uba mncane ngenxa yezindlela
zesimanje zokuhamba kanye [nokuxhumana], futhi maduze
!nje sizogala ukucabanga ngokuya kwamanye amaplanethi
Umuntu kumelwe alondoloze ibhalansi Labo abanganaki
impilo yezinto ezibonakalayo ngokugxila kuphela esicini
esingokomoya bajeziswa ngokulahlekelwa ukulinganisela
kwengqondo yabo
Imisebenzi yezinto ezibonakalayo ibaluleke kakhulu futhi
ihlobene nezibopho zomphakathi, zesizwe, nezamazwe
ngamazwe Umsebenzi wobuhlakani ungcono kunemisebenzi
yezinto ezibonakalayo, futhi imisebenzi engokomoya
neyokuziphatha kufanele inikezwe kuqala Inggqondo kumele
ikhululwe emikhubeni emincane eyenza umuntu
akhathazeke kakhulu ngezinto ezibonakalayo
Khulula imithombo yobuhlakani bakho namandla akho
afihliwe, bese umomotheka ngokumomotheka
kokwaneliseka kwangaphakathi okungekho muntu
.ongakuthatha kuwe
Lomhlaba uqhutshwa amandla amabili: amandla okuhle
namandla okubi Noma ubani othatha okuhle njengomqondisi
nomeluleki wakhe uzoba nezinsuku ezinhle nokuphila
okujabulisayo, futhi noma ubani ovumela ububi buqondise
inkambo yakhe futhi alawule izifiso zakhe uyoba
.nokuhlupheka nosizi njengesabelo sakhe
Igama eliyinhloko kubantu abaningi lithi “mina,” kodwa
abantu abangokomoya bacabanga ngabanye ngendlela
.abazicabanga ngayo
Labo abazicabangela bona kuphela bazilethela ubutha
nobutha babanye, kuyilapho labo abacabanga ngabanye

futhi bezwa imizwa yabo bathola ukuthi nabanye
.bathambekele ekucabangeni ngabo nasekuzwelaneni nabo
Kuyihlazo kuwe ukuzalwa, ukuphila nokufa ngaphandle
kokwazi isizathu sokulethwa kuleli zwe njengomuntu
.kwasekuqaleni

Ukukhohlwa uMdali kusho ukungaqapheli injongo
yokuphila, kuyilapho ukucabanga ngaYe nokufuna
ngobuqotho ukuzwa ubukhona baKhe kuletha izinzuzo
.eziningi nezibusiso ezingokomoya ngokuhamba kwesikhathi
Ukuthola izinto ezibonakalayo kanye nengcebo
akuqinisekisi ukucindezeleka nosizi. Kuyofika usuku lapho
umuntu ezizwa engenamandla futhi engenamandla, into
yokudlala ezandleni zekusasa; khona-ke bayoqaphela ukuthi
uNkulunkulu kuphela oyisivikelo sabo, isivikelo sabo, kanye
.nendawo yabo ephephile

Njalo uma uzizwa umangazwe umbono omangalisayo
noma isidalwa esingajwayelekile, vala amehlo akho,
uphendukele ngaphakathi, bese ucabanga ngomthombo
waso ongcwele

Umuntu ubona kuphela imikhiqizo eningi ephuma efektri
yaphezulu efihliwe ngemuva kwendalo, futhi uma
engangena efektri uqobo, ubezobona ukuthi konke okukuleli
.zwe kwenzeka kanjani ngendlela emangalisayo

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Ngifake isicelo kuwe
Njalo ekuseni nginikela ngomzimba wami, ingqondo
yami, kanye nawo wonke amandla enginawo ngawe, Mdali
Ongenamkhawulo, ukuze uwasebenzise nganoma iyiphi
.indlela oyikhethayo, ukuze ukwazi ukuziveza ngami
Izingoma zami ezithule zokukulangazelela zizohlabelela
ngokuvumelana nesigqi sokushaya kwenhliziyo yami

Ngiyaqaphela ukuthi wonke umsebenzi uwumsebenzi
wakho nokuthi awukho umsebenzi onzima noma ophansi
uma nje unikezwa ngensizakalo enobungane

Ngokomoya, ngicela ukwazi ubukhona bakho Wena
ungumsuka nengqikithi yazo zonke izidalwa Ake ngikubone
kuzo zonke i-athomu zobukhona bami futhi ngikuzwe kuyo
yonke imicabango enginayo

O Nkosi, qondisa imifudlana yenjabulo yethu ukuze
ingazilahli esihlabathini sezinjabulo zesikhashana zemizwa
Kwangathi imifudlana emincane yesihawu sethu ingeke
yome ezindaweni ezingenalutho zobugovu
Vumela imigudu yodwa, ehlukanisiwe yemizwa yethu
ihlangane nechibi elingenamkhawulo lothando lwakho
Kwangathi imifula emincane yezimpilo zethu ingandiswa
yimvula enkulu yezibusiso Zakho, ukuze bawele amathafa
abanzi, abanzi okuthobeka, ukuzidela, kanye nokucabangela
imizwa yabanye, ukuze ekugcineni bangene, ngobumsulwa
.bonke, olwandle Lwakho olukhulu

Ukuqonda kwaphezulu, kanye nenjabulo yasezulwini,
kuyi-alchemy yemilingo eguqula ngokushesha ukuhola
okuxineneyo kokuphila kwasemhlabeni okungathandeki
kube yigolide elikhazimulayo lenjabulo evuselelwa njalo
Lapho udaka lwemicabango ekhathazekile luqala
ukuzola, amandla kaNkulunkulu aqala ukubonakala emanzini
acwebile, amsulwa okuqonda

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Izwi laphakade langikhuluma ngezwi eliphansi

:nelithambile, lithi

Ngikuhlebele endlebeni yakho yonke iminyaka yakho"

yokulala: 'Vuka!' Manje usuphumile ebuthongweni bakho;
ngithi kuwe: Vusa abafowenu Sebenzani nami, ukuze bonke

"bezwe izwi lami

:Ngakho ngathembisa, ngithi

Ngizokwenza konke okusemandleni ami ukusabalalisa"

ubizo lwakho nokusabalalisa umyalezo wakho, futhi lapho

ngishiya isimo sami sasemhlabeni, ngizoboleka izwi lakho
:elikhona ukuze ngihlebele izinhliziyi ezivumelanayo
Lalela izingoma zakhe zaphezulu zenduduzo
engokomoya, ngoba uhlala ekubiza
Ngizolinda bonke abafowethu nodadewethu
abangenakubalwa; njengoba behamba kancane odwendweni
olude nolude oluya emgomweni obusisiwe wokuzazi, futhi
ngokusebenzisa (Ukuhleka Okuvela Ephakadeni)
:ngizobahlebelela
Vukani, bafowethu, masilandele izwi laKhe elisibiza"
ngokungaphezi, futhi masibuyele ndawonye ekhaya
"lasezulwini
Kumelwe sihlebele igama likaNkulunkulu ezinhliziyweni
zethu ngerosari yokulangazelela nothando lwaphezulu, futhi
lokho kuwukukhulekela kweqiniso okuthinta inhliziyi
.kaNkulunkulu
Ukubiza igama likaNkulunkulu ngenhliziyi ebandayo
nengqondo ezulazulayo kuwukuhlambalaza nokungahloniphi.
Uma umuntu ethandaza, inhliziyi nengqondo yakhe kufanele
.igcwale uthando lukaNkulunkulu

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Ukufulathela ukukhanga kwezwe nokulahla izifiso zezwe
akusona isimo esibi, kodwa esihle. Akulutho ngaphandle
kokulahla injabulo, futhi akukho lutho ngaphandle
.kokuzinikela kosizi
Ukuzidela akufanele kucatshangelwe njengendlela
yokuzidela. Ngokuphambene nalokho, kuyitshalomali
elibusisiwe, kangangokuthi imali encane esiyichitha
ekuzithibeni izoletha izigidi zamaRandi angokomoya.
Akuhlakaniphile yini ukusebenzisa izinhlamvu zemali
zegolide zezinsuku zethu ezidlulayo ukuze sithenge umbuso
?wenjabulo yaphakade
Kumelwe sizicwilise kulowo muzwa omsulwa nojulile
oshukumisayo futhi ovunguzayo ngaphakathi kithi lapho

sibheka izimangaliso zendalo kaNkulunkulu. Lena yindlela
.yokwazi uNkulunkulu ngeso lobuhle
Lowo owenza imisebenzi emihle, noma ngabe
ngokulingisa kuphela, unethuba lokuphefumula iphunga
elimnandi nelikhangayo lobuhle , elimshukumisela ukuba
enze okwengeziwe. Kodwa lowo owenza ngamabomu izenzo
ezimbi ngokulingisa abanye nakanjani uzohlotschaniswa
.nephunga elibi elingathandeki nelinyanyekayo

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Akekho onobuntu obufana nobakho Akekho onobuso
obufana nobakho Akekho onomoya ofana nowakho
UNkulunkulu wakudala ngendlela ehlukile, futhi akekho
ofana nawe
Umuntu kufanele akhiphe umongo wendaba ayifundayo
.futhi athole inzuzo ebonakalayo kuleyo ndaba
Umkhiqizo we-Peace ungakhinqizwa emafektri esipiliyoni
.sempilo ukuze usetshenziswe empilweni yansuku zonke
Ukuthula kuyikhambi lazo zonke izifo zengqondo Labo
abanokuzithiba, kungaba ekudleni, ekuziphatheni, noma
ebudlelwaneni bomshado, futhi abathembekile,
abathembekile, futhi abalondoloza imali, yibo abajabulela
.ukuthula kweqiniso
Ukuthula kungatholakala ngokuvumelana nemithetho
kaNkulunkulu kanye nemithetho yendawo yonke Labo
abathanda uNkulunkulu, abajabulela ukuthula, abajabula
ngokwenza okuhle, nabacabanga futhi bazindla Ngaye yibo
abathola ukuthula
Umama ogcwele imizwa yobufazi ethambile uwuphawu
lwesihe saphezulu
Ukuqhakaza kokuthula kwaphezulu kanye nempumelelo
yangaphakathi engokomoya kuyisithelo semvelo sokuzindla
kwansuku zonke futhi kuyinjabulo ejulile nejulile kunengcebo
.nengcebo yomhlaba
Akukho okumnandi noma okujabulisa kakhulu ukwedlula
ukuba khona kukaNkulunkulu Uma uqaphela leli qiniso,

uzoba ojabule kakhulu kunabo bonke abajabule futhi ocebile
kakhulu kunabo bonke. Ingcebo yezinto ezibonakalayo
ingasetshenziswa lapha emhlabeni kuphela; ayikwazi
ukusetshenziswa ezweni elizayo. Kodwa igolide lenjabulo
yaphezulu, elikhishwe ezimayini zokuzindla, liyinsimbi
ebusisiwe nevuselelwa njalo, enenzuzo kuwo womabili
.amazwe futhi engaboli kuze kube phakade

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Ekuvukeni komphefumulo, imibala iyakhanya, umsindo
uzwakala kamnandi, umuzwa uba mnene kakhulu,
umphefumulo uzwa ububanzi bawo esikhaleni, ingqondo
ityaqaphela ukudlidliza okuvela kwabanye, futhi ikhono
.lokujabulela impilo liyakhula

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Abantu bakhononda ngomqondo wokuyeka izinto
ezithile empilweni, kodwa empeleni, badela izinto eziningi
eziyigugu, okubaluleke kakhulu ukuthula kwengqondo.
Ngezinye izikhathi baze bazidele ngenxa yemali, edlulayo
futhi ebhubhayo. Ingcebo ingathathwa kumuntu, noma
ingathathwa kuyo, lapho behamba kuleli zwe futhi
bengenakuyithatha nayo. Inani langempela lemali
lisekuyisebenziseni emisebenzini ezuzisayo nasekuletheni
injabulo kuwe nakwabanye ngendlela ejabulisa uNkulunkulu
.nonembeza wakho

Umhlaba ugcwele iziphepho zemvelo nezomuntu, futhi
uNkulunkulu uyisihlangu esinamandla nendawo ephephile
.eziphephweni, ezivunguvungwini, nasebubini balo mhlaba
Noma ngabe uNkulunkulu ukuphi, akukho ukwesaba
noma usizi. Umkholwa weqiniso uyama eqinile futhi
eziqhenya empini yokuphila kanye nokulwa kwezenzakalo,
eqiniseka ukuthi uNkulunkulu unaye, emvikela ekulimaleni
futhi akalokothi amlahle ngisho nomzuzwana. Ngakho-ke,
ukwesaba kuyanyamalala enhliziyweni yakhe futhi
.ukuqiniseka kuyamthatha, isivikelo esingenakubekwa

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:Uma ufuna impendulo yakhe
Kungakhathaliseki ukuthi uphendule noma cha
Qhubeka ummemeza
Qhubeka nokunxusa kwakho endaweni engcwele
yemithandazo eqhubekayo
,Kungakhathaliseki ukuthi uyafika noma cha
Kholwa ukuthi usondela kakhulu kuwe
Ngazo zonke izifiso zenhliziyo yakho
Kungakhathaliseki ukuthi uyasigcwalisa isicelo sakho
,noma cha
Qhubeka ubonisa uthando kuye
Noma engaphenduli
,Ngendlela obungalindela ngayo
Methembe ukuthi uzophendula ngobuhlakani
Futhi ebumnyameni obukhulu, imithandazo yakho
Phakathi komdanso wokuphila, ukufa, nobuhlungu
Uma uqhubeka nokumbiza
Ngaphandle kokuthula kwakhe okukudabukisayo
Uzothola impendulo yakhe

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Masisebenzele ukwakha umhlaba onobunye, lapho
zonke izizwe ziyilungu eliwusizo, ziqondiswa uNkulunkulu
.ngonembeza womuntu oqaphile
Ezinhliziyweni zethu, sonke singazijwayeza ukuzikhulula
ebugovini nasenzondweni
Masithandazele ukuzwana phakathi kwezizwe zonke,
ukuze zihambe ngokubambisana ngamasango empucuko
.entsha nenhle kakhulu
Amazwi aqotho, asuka enhliziyweni, namnandi afana
nompe oqabulayo emiphefumulweni eyomile Amazwi anjalo
ayadingeka futhi afiswa yonke indawo nangazo zonke
izikhathi
Ngokuphathelene namazwi aqatha, acasulayo,
nalimazayo, ayabulala imiphefumulo yabanye futhi
abhubhisa ukuthula kwabo kwangaphakathi.

Ayisiyimbumbulu ebhidlizayo ekwakheni ubungane nomlilo
.oshisa amakhaya aphephile futhi avikelekile

Umuntu kufanele agcine amazwi ahlabayo kude
nezindebe zakhe unomphela futhi enze impilo yakhe ibe
sekhaya iphephile ezinkingeni nasekuhlukaneni
okungazelelwe

Amazwi anomusa adala injabulo ezinhliziyweni
zabangane nezitha, emiphakathini, ezindaweni
zokukhulekela, emahhovisi, ezindaweni zokusebenza,
nakwezinye izindawo Abantu bazizwa bejabule ngaphakathi
lapho umuntu onzima, othukuthele ebashiya futhi bajabule
ukubona umngane oqotho, okhuluma kahle, onenhliziyo
.enhle, nomnene

Uma wenza umzamo wokuthola okudingayo futhi
waneliseka ngalokho uNkulunkulu akwenzela khona lula,
uzoceba emoyeni futhi waneliseke kakhulu kunalabo
.abalangazelela izwe futhi abahahayo ngempango yalo
UNkulunkulu usebenza ukuthuthukisa ubuciko bokuphila
ngendlela efanele ngokwembula iqiniso Lakhe ngengxube
yemiphakathi ehlukeni, imiqondo, kanye nobuzwe
Asikho isizwe esiphelele ngokwaso, futhi inhlanganisela
yezimfanelo ezinhle kakhulu zazo zonke izizwe izosinika
ukuqonda okungcono kakhulu ngobuciko bokuphila
okulinganiselayo kanye nempilo ephumelelayo. Kubalulekile
ukuqaphela ukuthi bonke abantu abakhulu bafinyelele
esicongweni sempumelelo yempucuko futhi babonisa izimiso
.nezimiso zabantu eziphakeme kakhulu ekuphileni kwabo
Ithempeli likaNkulunkulu lingaphakathi komphefumulo
Ngena ekuthuleni kwalelo thempeli uhlale uzindla lapho
ukukhanya kokuqonda kukhanya khona phezu kwe-altare
lomoya Ngena kulelo thempeli elingathintwanga izandla
zabantu, lapho kungekho ukukhathazeka noma ukwesaba
Woza ekuthuleni kokuba wedwa ngokomoya futhi
uzozwa izwi likaNkulunkulu likhuluma nawe ngolimi
lokuthula, futhi uzobona ukuthi okungabonakali

sekuyabonakala nokuthi lokho okubonakala kungeyona into
.yangempela sekuyinto yangempela
Ukulinganisela kuhle futhi kufanele kube yisisekelo
semizwa yethu, imicabango, nezenzo, kanye ne-axis lapho
izimpilo zethu zizungeza khona
Imiphefumulo emikhulu igcina ukuthula nokuthula
kwayo, okubasiza ukuba badlule ezinhlophekweni
nasezinhlophekweni zokuphila ngaphandle kokulahlekelwa
ingqondo noma ibhalansi yabo
UNkulunkulu ukhona yonke indawo, ephethe imihlaba
futhi eqondisa imithala emizuliswaneni engenamkhawulo.
Isintu, esidalwe ngomfanekiso Wakhe, sinekhono lokuphatha
impilo yaso nokuhlanganisa imisebenzi yaso ngaphandle
.kokukhathazeka noma ukuphazamiseka
Kufanele sithumele njalo abanye imibono yothando,
isifiso esihle, nokuthula
Esakhiweni sokuzindla, lapho ukukhanya kokuqonda
kukhanya khona njalo e-altare lomphefumulo, akukho
ukukhathazeka, akukho ukucindezeleka, akukho ukwethuka,
kodwa kunalokho ukuthula, ukuthula, ukuzethemba, kanye
.nenjabulo yangempela
Nkosi, sisize siqobe amademoni obugovu adala
ukwahlukana nokungezwani phakathi kwabantu futhi
avimbele imiphefumulo ukuba ihlangane ndawonye
ngothando lobuhle nokuzwana
Zonke izenzo ezinhle ziyamukeleka kuNkulunkulu uma
nje zenziwa ngokuqaphela okungokomoya Izenzo zezinto
ezibonakalayo yilezo ezishukunyiswa ukucabangela
kobugovu kuphela. Isithiyo phakathi komsebenzi wezinto
ezibonakalayo nowokomoya kumele sibhidlizwe. Zonke
izenzo ezenziwa ngezisusa ezinhle zimsulwa futhi zisiza
.ekuhlanzeni umphefumulo ekungcoleni nasekungcoleni
Khetha abangane bakho ngokucophelela
nangokucabanga. Yiba umngane oqotho kubo, kodwa hlala
uqhelelene, futhi vumela inhlonipho ibe yisixhumanisi

phakathi kwakho nabo. Ungadluli imingcele yokufaneleka
.kubo

Kulula ukuhlalisana kahle nabanye, kodwa uma ufuna
ukugcina uthando lwabo nenhlonipho yabo kuwe, kufanele
.wenze ngokuvumelana nalesi seluleko

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Ngomthandazo, ukuzindla, kanye nokholo, umuntu
uthola isiqondiso esingokomoya, futhi akekho ongaphila
ngokuthula nangokuthula ngaphandle kwalokhu kuvumelana
kwangaphakathi. Nokho, ukuthola isiqondiso esivela
kuNkulunkulu ngokuqondile, kunokuthembela ezizathwini
ezivela ezifisweni, emikhubeni, noma emikhubeni, kudinga
.ulwazi oluqondakala kalula nokuqonda okujulile
Yazi ukuthi konke ofuna ukukuthola, nokuningi kakhulu
.kunalokho, kukulindele kuNkulunkulu
Ngobunye ubusuku, uthisha uParamahansa wathi
:kubafundi

Ukuba nempahla akusho lutho kimi, kodwa ubungani"
buyigugu kakhulu Ebuzalwaneni beqiniso, umuntu ubona
"ukukhanya kweqiniso komngane wabangane: uNkulunkulu
Wabe esenezela: "Qaphela ukukhohlisa umngane noma
ukukhaphela umuntu, ngoba lokho kungenye yezono
".ezinkulu ngokomthetho wobulungisa baphezulu
* * *

Yakha amandla engqondo amakhulu Yakha lawo mandla
ukuze, kungakhathaliseki ukuthi kwenzekani, ukwazi ukuma
uqine njengabanesibindi empini yokuphila futhi ubhekane
nazo zonke izinselele
Uma uthanda uNkulunkulu, kumelwe ube nokholo futhi
ulungele ukukhuthazela nokubekezela lapho kufika
izinhlekelele, amashwa, kanye nezilingo
Ungaphelelwa yithemba noma wesabe ubuhlungu,
kodwa sebenzela ukugcina ingqondo yakho inethemba futhi
inamandla

Uma unambitha umthamo wangempela wenjabulo
engokomoya, uzothola ukuthi akukho okunye okuhlangenwe
.nakho okungaqhathaniswa nakho

Abazali kufanele balwele njalo ukufaka ulwazi
olungokomoya ezinganeni zabo ngokubafundisa ukuzindla
nokuqonda okunengqondo ukuze banganqotshwa isilingo
sokudlala ngemililo yezinjabulo ezikhohlisayo nezingelona
.iqiniso

Lapho injabulo yaphezulu yehla, ukuphefumula kwami
kuyazola, nomoya wami uyaphakama, ngithola injabulo
yokulala kwenkulungwane ngesikhathi esisodwa, kodwa
angilahlekelwa yimizwa yami evamile Lokhu okuhlangenwe
nakho kwendawo yonke kugcinelwe labo abajula
ekufinyeleleni isimo esiphakeme kakhulu sokuqonda

* * *

:Iso lenhliziyo

Wonke umuntu ubonisa, ngamazinga ahlukahlukene,
amandla eso langaphakathi noma ukuqonda. Lively
endaweni yokuthula nokuthula, linikeza ulwazi olunembile
noluthembekile ngezinto nabantu ngaphandle kwesidingo
sobufakazi bokuphetha noma ubufakazi bokuzizwa; lokhu
.sikwazi ngokuhlangenwe nakho kwethu

Ukuqonda kweqiniso kuza njengomzwelo ozolile
noqotho, ohlukile ekukhathazekeni ngokomzwelo kanye
nokusola okuxakayo. Lokhu kuqonda kubonakala njengezwi
langaphakathi noma ukunyenyeza kwenhliziyo, futhi
kubalulekile ukuhlukanisa phakathi kwesiqondiso
sangaphakathi sangempela kanye namazwi adukisayo
.omuntu ongaphansi kwengqondo

Ukuqonda kweqiniso (ukuqonda) akuyona inkolelo
eqinile kodwa ukuqonda okuqondile iqiniso kanye
nokucabanga okusungula izinto kuyindlela engcono kakhulu
.yokwelapha izimo ezingavamile

Ukuthambekela kwesimo sengqondo kuyabamba
ingqondo lapho umuntu esesimweni esibi noma

esiphazamisekile Lapho ingqondo ingenayo imicabango
emihle, umniniyo uyacindezeleka futhi athwale
ukukhathazeka. Futhi ngokucindezeleka nokukhathazeka,
udeveli uba yisimenywa emicabangweni yalowo muntu,
!esebenzisa ukulawula okuphelele phezu komninikhaya
Ngakho-ke, mngane wami, sebenzela ekuthuthukiseni
imibono yokudala Uma ungenzi umsebenzi wezandla, yenza
okuthile okudala engqondweni yakho. Yigcine imatasa ukuze
kungabikho sikhathi esisele sokuzilibazisa ngokucindezeleka
.nokukhathazeka

Ubungane abuwanelisi imiphefumulo yethu ngaphandle
kokuthi busekelwe othandweni oluhlanganyelwe
ngoNkulunkulu. Ukulangazelela kwethu ukuqonda kanye
nobungane kwabanye, empeleni, ukulangazelela
komphefumulo ukuhlanguka nomthombo wawo:
UNkulunkulu

Lapho sizama kakhulu ukwanelisa leso sifiso ngezinto
zangaphandle, kulapho amathuba okuthola umngane
.ophakeme encipha khona
Uma unengqondo eqinile futhi uhlakulela ukuzimisela
okungantengantengi, ungakwazi ukulawula ikusasa lakho.
Zama ukuhlola amandla akho engqondo ezintweni ezincane
kuqala, bese usebenza ekuqiniseni ukuze ufeze izinto
eziningi ezinkulu. Ngikubonile lokhu empilweni yami, futhi
.ngikhuluma ngokuqiniseka

Okuwukuphela kwendlela yokugwema ukwenza okubi
ukuthuthukisa ukwahlulela okunengqondo ukuze uqaphele
ukwenza okubi bese unquma ukungakwenzi
Ukulwa nomuntu okungalungile akuvezi ilungelo.
Ukungazi kuyisitha sangempela sabantu futhi kumele
.kuxoshwe kuleli zwe

Sinakho konke esikudingayo kuleli zwe ukuze singenise
inkathi yokuchuma, injabulo, kanye nobulungiswa
obuphelele. Isithiyo kuphela ubugovu bomuntu, okwenza

lokhu kungenzeki. Ukuhlupheka okubi kakhulu
nokungafaneleki kubangelwa ubugovu bomuntu kanye
nokuphishekela intshisekelo yakhe ngaphandle kokunaka
.abanye

* * *

Kusukela ezingobo zomlando: Isivuno senzondo
UNasi noZakir bazondana Impi phakathi kwabo yaqala
besengabafundi abasebancane esikoleni, kwathi lapho
bekhula, inzondo yakhula nabo baba yizimbangi ebhizinisini
.lokuthengisa izicathulo

Ngesinye isikhathi, bancintisana ngokushada
nentombazane, futhi njengoba uNasi ayenamandla kancane
kunoZakir, wamshaya kakhulu wamshiya engazi lutho. Lapho
uZakir ebuya engqondweni, wanqotshwa amahloni,
.ukuzisola, kanye nokunengeka ngalokho okwamehlela
Eminyakeni eminingi kamuva, uZakir wanquma
.ukuthuthela edolobheni ukuze asebenze futhi ahlale kulo
UNasi wayesekhohliwe okwenzekile, kodwa uZakir
wayengenakukwazi ukususa enkumbulweni yakhe ihlazo
namahloni uNasi ayembangele wona. Noma kunjalo,
wayelokhu ephinda futhi eqinisekisa kuye,
"Ngizomthethelela uNasi futhi ngeke ngikhumbule icala
"lakhe kimi

Kodwa ngemva kwezinyanga eziningana, uZakir
waqaphela ukuthi ngesikhathi eqinisekisa intethelelo yakhe
yansuku zonke, ekujuleni kwenhliziyo yakhe wayefisa
ukuziphindiselela, futhi wayelinde amathuba okushaya
ngendlela efanayo ukuze anelise ukomela kwakhe
.impindiselo

Ngemva kwesikhashana, uNasi wezwa ukudonswa
okungajwayelekile kumdonsela edolobheni lapho imbangi
yakhe endala, uZakir, yayithuthele khona. Wayengangabazi
ukuthi kukhona okwakuzokwenzeka. UZakir, nokho, wayazi
ngokuba khona kukaNasi edolobheni futhi waqala ukuqapha
.ngokucophelela ukunyakaza kwakhe

Ngobunye ubusuku, uNasi wahambahamba futhi
"wahogela umoya omusha," yize isimo sezulu sasimnyama
.futhi sina

Njengoba ehamba yedwa emgwaqweni ongasese,
wadlula phambi kwendlu yokugcina impahla evulekile, kanti
uZakir wayemlandela ngokunyenya nangokucophelela,
kwathi lapho kuvela ithuba, wanquma ukukhokha i-
.akhawunti ngenzalo ehlanganisiwe

Ejabule kakhulu, wathola ukuthi ithayela eliqinile liwile
kolunye lwezindonga zesitolo, ngakho walibamba washaya
ikhanda lembangi yakhe yangaphambili ngamandla,
wamlahla phansi, wabuyela emuva ngendlela ayeze ngayo
.ngaphandle kokuba uNasi azi ukuthi ukhona

Ngemva kwamahora, imvula yaphela, amafu
acwebezela, kwavela ukukhanya kwenyanga ngembobo
phezulu odongeni. UNasi wavuka wazithola elele phansi,
.ezizwa ebuthakathaka kakhulu

Wazama ukuthola ukuthi kwenzekeni, kwathi lapho
ebona ithayela eceleni kwakhe kanye nembobo odongeni
ngaphezu kwalo, waphetha ngokuthi ngesikhathi ehamba
eceleni kwendlu yokugcina impahla, ishwa lakhe laliholele
ekutheni lelo thayela liwe lisuka phezulu odongeni futhi
.liwele ekhanda lakhe

Imfundiso yale ndaba ukuthi abantu bavame
ukukhohlwa ukulimala abakwenzile kwabanye, yize
imiphumela yezenzo zabo ingalibaleki, futhi imiphumela
yalezo zenzo izilandela buthule ebumnyameni bokungazi
Njengoba nje inkomo ingathola ithole layo phakathi
kwezinkulungwane zezinye, nemiphumela yezenzo zethu
inamandla okusilandela njalo futhi ithole indawo yethu,
.ngisho nangemva kwesikhathi eside

Ukube uNasi wayenokuhlakanipha futhi wazama
ukuxazulula ingxabano phakathi kwakhe nombangi wakhe
uZakir futhi axolise kuye ngemva kwaleso sigameko,

mhlawumbe ngabe wehlise intukuthelo yomphikisi wakhe
.futhi izinto ngabe azizange zidlule lapho

Kodwa izinto azizange zishintshe, futhi imbewu
yemiphumela emibi yakhula futhi yachuma esibeledweni
sekusasa elimnyama, yaphetha ngokuzalwa okubi Ukuze
kugwenywe izimanga ezingathandeki, imbewu
yokuthambekela okubi ecashe emhlabathini wengqondo
kumele ishiswe, futhi ukubona kusengaphambili kumele
kwandulele isenzo, ngoba umthetho wendawo yonke uthi
umuntu uvuna izithelo zezenzo zakhe, kungakhathaliseki
.ukuthi zinhle noma zimbi, zimnandi noma zibaba
Masikhumbule ukuthi isenzo ngasinye sishiya imikhondo
egcinwe njengemikhuba nokuthambekela engqondweni.
Ngaphandle kokuthi lokhu kusingathwa ngokuhlakanipha
nangokuqonda, kuzoholela emiphumeleni engaba yingozi.
Kodwa-ke, lapho imbewu yezenzo ezimbi ishiswa ngumlilo
.wokuhlakanipha, ngeke ikwazi ukukhula futhi

Imephu yakusasa, noma: Isidingo esisodwa esifanele
umzamo

Kusukela ezimfundisweni zothisha

I-Paramhansa Yogananda

**Uma uzulazula ungenanjongo empilweni ulinde
amathuba okuphumelela, lawo mathuba cishe ngeke
afike engqongqoza, futhi ngeke uthole impumelelo.
Kodwa uma ungulowo oklama ikusasa lakho futhi
udweba imephu yekusasa lakho ngezandla zakho,
jabula ngokufeza umgomo wakho, ngoba ususondele
kakhulu ekufinyeleleni umgomo wakho owufisayo.**

**Ukuze uklame imephu ephumelelayo, kufanele
uqale uchaze umgomo wakho. Kusho ukuthini
impumelelo kuwe? Ufunani empumelelweni? Uma**

impendulo yakho iwudumo, ingcebo, noma ukugcwaliseka kwezifiso zezinto ezibonakalayo zobugovu, khona-ke uphokophele ekukhungathekeni okubi kakhulu kanye nokwehluleka ngokuphelele.

Abantu abangaphumeleli kakhulu yilabo amagama abo asemilonyeni yawo wonke umuntu, labo abanekhono lokuthenga noma yini abayithandayo futhi abanayo - ngokwezindinganiso zezinto ezibonakalayo - konke okufiswa yimiphefumulo yabo, kodwa noma kunjalo abanayo injabulo! Pho kungani niqhubeka ngendlela efanayo engapheli?

Udumo kanye nenhlanhla kungaba yizithelo zempumelelo yangempela, kodwa akuzona izisusa zempumelelo, futhi akuzona izimfanelo ezibaluleke kakhulu. Eqinisweni, azidingeki nhlobo ukuze kufezwe impumelelo.

Ngakho-ke iyini inhloso? Yini okufanele umuntu ayifune empilweni? Kukhona umgomo owodwa okufanele awulandele futhi awulwele: injabulo Lokhu kudinga ukukhipha ingcebo efihliwe yokuphila kuyo yonke imizuzu, kulabo abanekhono lokusesha futhi abaziyo ukuthi leyo ngcebo ikuphi

Futhi yazi, O mfuni wenjabulo, ukuthi uma ukhawulela ukunaka kwakho osukwini lwakho

Futhi uma ucebisa usuku lwakho ngamazwi akho anomusa, izenzo ezizuzisayo, nemicabango emihle

Usuku lwakho luzoba umngane wakho othembekile kanye nethuba lakho legolide

**Ipasipoti yakho kanye ne-visa kuzoba ukungena
kwakho ekusaseni elithembisayo neliqhakazile
eligcwele impumelelo**

**Ngakho-ke, isinyathelo esilandelayo ekuhleleni
ikusasa lakho ukuqaphela ngokucophelela
okuqukethwe usuku ngalunye lwempilo yakho bese
ugcina lokho okuzuzisayo nokuhle. Uma wehluleka
ukwenza lokhu, khona-ke kumelwe ume kancane bese
uhlola.**

**Ukuze kufezwe impumelelo, kufanele
kucatshangelwe izinto ezilandelayo ezibalulekile,
okungeke kufezwe impumelelo ngaphandle kwazo:**

**Uma uvuka ekuseni, ungasuki embhedeni
ngokushesha bese uqala imisebenzi yosuku**

**Khululeka umzimba wakho wonke izikhathi
eziningana ukuze ubuye kancane kancane ube
namandla Ngaphambi kokuqala isimiso sakho sansuku
zonke, zinike isikhathi sokuziqinisekisa ukuthi lolu
kuzoba usuku oluhle kakhulu empilweni yakho
Ziqinisekise ukuthi kungakhathaliseki ukuthi
kwenzekani, usuku lwakho luzoba ngale ndlela
Ukuqala ngomthandazo nokuzindla kuzoqinisa
ukuqiniseka kwakho futhi kukunike amandla
owadingayo**

Yenza impilo yakho ibe lula

**Ungathembeli ezintweni ezisungulwe abantu
ukuze ujabulele impilo Uma uzigcina umatasa
ngezinto ezidlulayo, uzoba nolaka, udideke, futhi ube
nemizwa eguquguqukayo Asikho isidingo
sokunamathela njalo kuthelevishini, imibuthano
yasebusuku, kanye namadili—lokhu sekuphenduke**

**amasiko omphakathi agxilile Njengoba othile ake
asho—futhi yeka ukuthi amazwi akhe ayiqiniso
kangakanani—akuwona umsebenzi wethu osibulalayo,
kodwa indlela esichitha ngayo isikhathi sethu
samahhala! Uzophila isikhathi eside futhi ujabulele
impilo kakhulu uma uyenza ibe lula futhi
ungazibophezeli emphakathini Funa injabulo
etholakala ezintweni ezincane**

**Yenza konke okusemandleni akho ukuqeda
umsebenzi owuphethe ngangokusemandleni akho**

**Uma unganelisekile ngomsebenzi wakho
wamanje, ukukhathazeka nokusebenza
ngokungahlelekile ngeke kushintshe lutho Zama
ukubhekana nesimo ngesimo sengqondo esihle, noma
ngabe siyini, futhi kuzokwenzeka enye yezinto
ezimbili: noma ngabe uzothola ukuthi uphuthelwe
ithuba elibalulekile, noma umnyango omusha
uzovuleka ngokuzumayo, okukuvumela ukuthi ungene
futhi uthole umsebenzi ofanela kangcono izidingo
zakho futhi ogcwalisa izifiso zakho**

**Impilo iyingqubo eqhubekayo yokupha
nokwamukela**

**Yiba nokulinganisela ukuze ungathathi
okungaphezu kwalokho okunikezayo, noma uzigcinele
ekunikeleni ngaphandle kokuthatha**

Yandisa umbono wakho

**Bonisa isithakazelo ekuphileni nasemisebenzini
yabanye Bheka ngale kwakho—emndenini wakho,
nangaphandle komndenini wakho uye kubangani bakho,
nangaphandle kwabangani bakho uye kubo bonke
abantu Isayensi iqinisekisa ukuthi uyingxenye**

**yalokho okugcwele, ngakho ungakhohlwa ukuthi
ungumuntu omkhulu**

Linganisa impilo yakho

**Usuku ngalunye kufanele luhlanganise
umsebenzi, ukuphumula, ukuphumula, ukutadisha,
kanye nokuzindla Uyisidalwa esinomzimba, ingqondo
nomoya Khulisa lezi zinto ezibalulekile ngendlela
elinganiselayo nevumelanayo ukuze ufinyelele impilo,
amandla, nolwazi**

**Shesha ukumamatheka, wephuze ukububula,
uzimisele ukusiza, uzimisele ukulinda nokushintsha,
futhi uqaphele amathuba**

Hlola i-akhawunti ekupheleni kosuku

**Zibongele ngentuthuko oyenzile Izinto ngeke
zishintshe ngobusuku obubodwa, ngakho ungesabi
ukubhekana namaphutha ngokuzimisela ukwenza
kangcono kusasa. Futhi ngaphambi kokuba ulale,
beka izindaba zakho kuNkulunkulu, wazi ukuthi ngeke
akushiye wedwa, kodwa uzokunikeza amathuba futhi
akuvulele iminyango uma nje uzama kanzima futhi
ufuna usizo nesiqondiso Sakhe.**

**Uma unqotshwa ukozela futhi ngaphambi kokuba
ulale, ziqinisekise ukuthi ikusasa lizoba ngcono
kunanamuhla, ngosizo lukaNkulunkulu.**

**Uma ungumhleli ocophelelayo futhi ungumakhi
onekhono**

Uma ulandela imininingwane yemephu yakho

Akunakwenzeka ukwehluleka!

Phambili nokuthula makube phezu kwakho!

Umthombo: Umagazini i-Self-Knowledge

Ukuthuthumela okujulile

Ukuhumusha: Mahmoud Abbas Masoud

Nkosi, Wena ungugesi wasezulwini oyimfihlakalo ogeleza emithanjeni yethu futhi unike amandla izindlela eziyinkimbinkimbi neziyinkimbinkimbi zemizimba yethu, ngayo yonke inyama yayo, amathambo, imizwa, nemisipha.

Amandla akho akhona kithi, kukho konke ukuphefumula esikuthathayo nakukho konke ukushaya kwezinhliziyi zethu Masiqaphele ukuthi wonke amandla, ubuhle, nezibusiso zivela kuwe, O Mthombo Wokuphana kanye nomsuka wazo zonke ubuhle, amandla, nezibusiso ezikhona

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*** Kusukela ensimini yokusa, ngikhethe izimbali zokukhanya ukuze ngizibeke njengomnikelo othobekile ezinyaweni zakho**

Kwangathi inkanyezi ehlabayo yothando lwami ngawe ingadlula emoyeni womphefumulo wami, isuse inkungu yokunganaki nobumnyama bokunganaki. Ungangikhohlwa, Nkosi, noma ngabe ngikukhohlwa.

Ngikhumbule noma ngingakukhumbuli

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Nkosi, sibusise ukuze siphile ngenjabulo nangokuqiniseka

Masijabulele imisebenzi yethu yasemhlabeni kanye nobuhle obungenamkhawulo nobungapheli bendalo

Sisize sithuthukise izinzwa zethu ukuze sikwazi ukunambitha nokujabulela imvelo emangalisayo

Futhi ake sinonge ngokunambitheka kwakho okubusisiwe zonke izinjabulo zokuphila ezingenacala

**Sisuse umbono ongemuhle nowokungathembi
obulala ngokungafanele injabulo yokuphila kanye
nezinjabulo zokuphila**

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**Sekuyisikhathi eside ngihlushwa yimibono
edabukisayo yezinto zomhlaba Esikhundleni
sokukubona, O moya wendawo yonke, amehlo ami
abona isidumbu sezinto ezingaphili, ezimpunga**

**Ngibusise ukuze ngokuqonda kokuhlakanipha
ngibone kuzo zonke izinto ubukhona bakho
obubusisiwe**

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**Hlanza insimbi yethu, O Alchemist Wasezulwini!
Guqula ubuthakathaka bethu bube amandla kanye
nemicabango yethu ephambene ibe ukuqonda
kweqiniso kweqiniso Guqula amademoni amabi ezifiso
zethu zobugovu abe yizifiso eziphakeme,
ezinamaphiko, ukungazi kwethu okubuhlungu kube
ukuhlakanipha okungcwele, kanye nezinto
eziyisisekelo zobuvila bethu zibe yigolide
elicwengekile lempumelelo engokomoya
emangalisayo**

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**Nkosi, ngezandla ezithobekile ngisondela kuwe
ukuze ngikunike konke engiyikho, ngigcwalise
ukunxusa kwami ngephunga lothando lwaphezulu!**

**Nginike ukwethembana kwezingane ezingenacala
kuwe nokuzinikela okuphelele kuwe**

**Ngibusise ukuze ngizwe ubukhona bakho
ngemuva kwamazwi emithandazo yami**

**Ngikhuthaze ukuba ngizwe ubukhona bakho kuyo
yonke imizwa yami**

**Futhi ukuze ngiqaphele ukuthi ukuhlakanipha
kwakho okukhanyiselwe kuthuthukisa ukuqonda
kwami futhi kungcwelisa ulwazi lwami**

**Futhi yazi ngokuqinisekile ukuthi impilo yami
iyisibonakaliso esisodwa sempilo yakho
eyingqayizivele neyingqayizivele**

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**Nkosi, uthando lwami ngawe alunakufihlwa
ngamazwi akhulunywayo noma izimfihlo
ezihletshwayo Ngoba ngolimi olungcwele,
olungakhulunywa, ngizokukhombisa uthando lwami
oluchichimayo kanye nesifiso sami esikhulu
sokuhlangana nawe**

**Izwi lakho liwukuthula, futhi ekuthuleni
komphefumulo wami ngizolizwa izwi lakho elimnene**

**Ake ngizizwe sengathi ubulokhu ungithanda, yize
bengingakaze ngikuqaphele lokho ngaphambili.**

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**Sifundise, Nkosi, ukuthanda izinyoni, izilwane,
izimbali ezincane, notshani obuthule obuvame
ukuchotshozwa ngaphansi kwezinyawo zethu
ezinganaki.**

**Izinhlobo eziningi zemvelo ziyizibonakaliso
zobuhlakani bakho obunezinhlangothi eziningi:
imisebenzi yobuciko yangempela evela esandleni
sakho, ehlala inyakaza futhi idlidliza**

**Ake sibone kuyo yonke indalo umsebenzi wakho
oyingqayizivele ongenakulingiswa!**

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**Nkosi, ngibusise ukuze ngingaboni lutho
ngaphandle kobuhle nobumsulwa**

**Ukuze ngizwe amazwi aphefumulelayo kanye
nezingoma zothando lwaphezulu kuphela**

**Ngiphe umusa wakho, Moya onephunga elimnandi
nelinuka ezulwini, ukuze ngikwazi ukuphefumula
amaphunga amnandi kuphela angikhumbuza wena.**

**Ake nginambithe ukudla okulula nokunomsoco
kuphela**

**Futhi kwangathi konke engikuthintayo
kungangikhumbuza ukuthinta kwakho okumsulwa
nokubusisiwe**

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**Uhla lwemithandazo yami luza kuwe naphezu
kweziphepho zesihlabathi zokuphelelwa yithemba
ezivunguza phezu kwalo ngezikhathi ezithile, luzama
ukuvimbela intuthuko yalo**

**Njengoba ngiqhubekela phambili emcimbini
ongcwele, ngibona kude indawo yokungikhuthaza
kwakho buthule, futhi amandla ami ayavuselelwa
futhi umoya wami uyavuselelwa, ngakho-ke ngiphinda
kabili imizamo yami yokufinyelela kuwe.**

**Uma ngifika endaweni yobuhle, ngizocwilisa
izindebe zami zokholo ezomile emthonjeni wenjabulo
yakho bese ngiphuza ngize ngicime.**

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**Amagagasi amakhulu ezwi lakho elingcwele
adlula e-ether**

**Izindlebe ezivalwe yiziphazamiso zenjabulo
yenyama azikwazi ukuzwa izintshumayelo zakho
zezingelosi**

**O Msakazi Ongcwele, ake izinsimbi zengqondo
zethu, ezingavumelani nawe manje, zivumelane
nokugxilisa okugcwele kwesibonakaliso esiqondile
sokuqonda okungokomoya.**

**Sifundise ukuthi singathwebula kanjani izingoma
zasezulwini nomculo ongokomoya ogeleza
emphefumulweni womphefumulo**

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**Nkosi, vula ukuqonda kwami okungokomoya
ukuze kuhlale kuqondisa izinyathelo zami futhi
kungivikele ezindleleni ezingapheli zobugovu**

**Njengoba ngihamba ezindleleni eziguquguqukayo
zokuqonda kanye nezindlela zazo ezigobile,**

**ngizobona futhi ngibalekele izigebengu eziluhlaza:
ukuhaha, ubugovu, kanye nokungahloniphi imithetho
yokuziphatha.**

**O Ukukhanya Kwangaphakathi Okwazi Konke,
ngibonise izixazululo zazo zonke izinkinga zokuphila**

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**Ngizifungela lesi sifungo esingcwele:
Ilanga lothando lwami alisoze lashona
esibhakabhakeni semicabango yami engapheli ngawe,
Nkosi**

**Ngeke ngifulathele amehlo ami ngiwabhekise
kunoma yini enye ngaphandle kwakho**

**Ngeke ngenze lutho olungangikhumbuli
Izenzo ezivela ekungazini nasebuphukuphukwini
ziholela emaphusheni amabi namaphupho asabekayo
Ake ngiphuphe amaphupho amnandi kuphela
empumelelo enhle, ngoba avela ekuphefumulelweni
nasekuqondisweni Kwakho, Nkosi!**

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**Nkosi, uma izindwangu zezinto zikufihla kimi,
kuyoze kube nini ucashile ngemuva kwezindwangu
ezikhangayo zeminduze, ama-rose, amafu akhanya
ngombala wegolide, nobusuku obuthule obugcwele
izibani nezinkanyezi?**

**Nakuba ikufihle, ngiyayithanda ngoba ikhombisa
ngobunono ukuthi ukhona**

**Nokho, ngilangazelela ukukubona njengoba
unjalo, ngaphandle kwezifihla-buso zendalo!**

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**O Obona Konke, onganqotshwa ubuthongo noma
ubuthongo!**

**Ungibona ngeso eliqinile nelingaguquki lelanga
nenyanga eshintsha njalo. Futhi ngokubuka
okuphelele, ungibheka ngezikhala ezingenakubalwa**

**zesikhala kanye nokukhanya okukhanyayo
kwezinkanyezi eziqaphile.**

**Ngokuthinta komoya, uyangithinta, futhi
ngemicabango yami enobungane ngawe nezinceku
zakho, ungithululela imvula ebusisiwe yesihe sakho**

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**O izwi lendawo yonke O izwi elingenasiphelo!
Ngivumele ngithole ukuqonda okungokomoya
ngelizwi lakho elingcwele**

**Kwazwakala kimi, kwandisa ukuqonda kwami
kusukela emzimbeni kuya endaweni yonke
engenamkhawulo**

**Futhi ungikhuthaze ukuba ngizwe ukushaya
kwaphakade kwendalo ngawe**

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**Unyakazisa izinyawo zami Usebenza ezandleni
zami Ushaya enhliziyweni yami Ugeleza nomoya wami
Futhi uluke imicabango engqondweni yami**

**Intando yakho engena igijima nsuku zonke
njenge-meteor esibhakabhakeni sentando yami
yomuntu**

**Ake ngixube ithonsi lempilo yami nolwandle
lwakho lwendalo yonke, ukuze ngibone igwebu
lomuntu wami omncane lintanta esifubeni sakho
esikhulu.**

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**Izintandane kanye nabalimele sebezile ngomusa
wakho nesihawu sakho, futhi nansi emnyango wakho.
Uzobaxosha bedumele futhi bengenanduduzo?**

**O, ukube nje isandla sakho esingabonakali
besingasula izinyembezi ezivuthayo emehlweni alabo
abanezinhliziyu eziphukile nemiphefumulo
ehluphekayo**

**Labo abalahlekile ezindleleni zokukhohlisa
nokukhohlisa, bazophendukela kubani futhi bazofuna
bani ngaphandle komnyango Wakho ophanayo?**

**Ngokusa kokuba khona kwakho, izinkinga zabo
zizonyamalala nobunzima babo buzonyamalala**

**Nkosi, susa isihenqo ukuze sibone ubuso bakho
obunomusa nobumnene**

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**O izwi elingcwele kakhulu likaNkulunkulu, bhonga
ogwini lomphefumulo wami futhi uphule imigoqo
yokucabanga ngezinto ezibonakalayo, ukuze
ngikhululwe ejele lomzimba**

**Ake ngizwe ngokuzindla kwakho okuthambile
kolwandle emzimbeni wami, engqondweni,
nasemoyeni kanye nasezindaweni ezingizungezile,
futhi ngikuzwe kusakazeka kuwo wonke amadolobha
amancane namakhulu, nasemhlabeni, ohlelweni
lwelanga kanye nendawo yonke.**

**Futhi ukuqaphela ngokugcwele ubukhona bami
obukhulu emzimbeni omkhulu wemvelo!**

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**O ilangabi laphakade laphezulu, uphonsa
izinhlansi ezincane zokukhanya kwakho kwaphezulu
emiphefumulweni nasezingqondweni zesintu,
ubonakala ulinganiselwe, umncane, futhi uqhekekile
Kodwa usalokhu ungumthombo owodwa,
ongenamkhawulo walo lonke ilangabi nokukhanya
okukhona.**

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**O Wena Onqobayo Waphakade! Ngisize
ngihlakulele izimfanelo ezinhle ngaphakathi kimi:
amasosha okuzola nokuzithiba ukuze nginqobe impi
ngokumelene nezitha ezesabekayo kakhulu:
intukuthelo, amanga, nokungabongi**

**Ngakho-ke ngizophakamisa ngaphezu
kwezingxenye zempilo yami ibhanela lesokudla
sakho, eliphakeme futhi elingenakudlula**

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**Moya Ongcwele, masingabheki umsebenzi
obaluleke kakhulu kunomsebenzi ongcwele
wokukwazi. Ngoba yonke into, kungakhathaliseki
ukuthi injani, ingafezwa kuphela ngamandla okufeza
esiwanike nguwe.**

**Ngakho-ke, masithande wena ngaphezu kwakho
konke okunye, ngoba ngaphandle komusa wokuphila
kwakho nothando lwakho asinakuphila noma
ukuthanda nhlobo.**

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**O Nkanyezi yaseNyakatho yaphakade! Nomaphi
lapho ngizulazula futhi ngiphenduka khona, inaliti
yekhampasi yamagnetic engqondweni yami ihlala
iqondiswe kuwe**

**Noma ngabe ngihlushwa yimimoya yezehlakalo
ezingazelelwe noma ngimanziswe yimvula yobunzima
nenhlekelele, noma kunjalo, qondisa ingqondo yami
ukuba iphendukele kuwe unomphela.**

**Uthando lwami, njengenyoni eshaya amaphiko
ayo phakathi kwamafu okudideka neziphepho
zokudideka, ngokuqinisekile luzofika kuwe**

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**O Mdlali Omkhulu Kakhulu KaNkulunkulu,
phefumula emculweni wazo zonke izinkolo izingoma
zobunye Bakho obumangalisayo, futhi vumela umculo
ongcwele uthwale izingoma zangempela zomoya
Wakho, ezicebile ngokusungula izinto ezintsha kanye
nobuciko.**

**Masivumelane nawe futhi sihlanganise izingoma
zezinhliziyo zethu engomeni eyodwa esiyihlabelela**

**kuwe. Akekho unkulunkulu ngaphandle
kukaNkulunkulu!**

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Nkosi, ngiphakamisa lo mthandazo kuwe:

**Kungakhathaliseki ukuthi izimpahla zami ziningi
noma zimbawwa, nginike amandla okuthola konke
engikudingayo usuku nosuku.**

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**Ngiphinda ukunxusa kwami okusuka enhliziyweni
ngerosari yothando, ubuhlalu bayo buhlanganiswe
ngentambo yokulangazelela Amagama abusisiwe:
Nkulunkulu, uMoya Wendawo Yonke, Brahma, Baba
Osezulwini, Mama Ongcwele—wonke amagama Akho
angcwele**

**Ekumemezelweni kwakho kwendawo yonke
ezigabeni zeminyaka, uthathile izigidi zezithombe
nezithombe, njengoba nje uthathile amagama
amaningi, kodwa imvelo yakho ihlala iyinye futhi
ingashintshi, okuyinjabulo yaphakade!**

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**O Nkulunkulu womthetho wendawo yonke, ngisize
ngigqoke amanxeba nezibazi zami, ezizalwa
yizinhlekelele nezivivinyo, njengemiklomelo
nezibhengezo zesiyo enginikezwe sona ngesandla
sobulungiswa bakho baphezulu, obungazi ukukhetha.**

**Kwangathi ubunzima bami bansuku zonke
bungasebenza njengekhambi lokukhohlisa
nokukhohlisa, futhi bungisuse emathembeni
angamanga enjabulo yezwe**

**Ngifisa sengathi izinyembezi engizikhahlela
ngenxa yokungabi nanhlonipho kwabanye zingasusa
amabala nezibazi ezifihliwe engqondweni yami**

**Futhi kwangathi konke ukushaywa okubukhali
okuvela ekuphazamisekeni kungavula ukujula okusha
kokuhlakanipha nokuqonda ngaphakathi kimi**

**Ngifisa sengathi ubumnyama obungengcwele
bokuphila okuvamile bungangethusa ukuze ngigijime
ngifuna indawo yobumsulwa bakho nokukhanya
kwakho okuphulukisayo.**

**Ubuhlungu bokuphila kanye nokushaywa
okungazelelwe kungiphoqa ukuba ngikhale, ngifuna
usizo lwakho**

**Futhi ake ukumba kwezimo ezibuhlungu
emhlabathini wempilo yami kwembule imithombo
eminingi, egeleza njalo yenduduzo yakho**

**Ngifisa sengathi ububi bokuhlubuka kwabanye
bungangiphoqa ukuthi ngizihlobise ngobumnene
nangomusa, nokuthi amazwi abuhlungu abangane
bami angikhumbuze ukuthi ngisebenzise amagama
amnandi kuphela.**

**Uma izingqondo ezimbi zingijikijela ngamatshe,
ngizohlangana nazo ngezikhali ezinobungane
nezinjongo ezinhle**

**Njengomuthi we-jasmine ohlakaza izimbali zawo
ezinuka kamnandi esandleni ophonsa izembe phansi
esiqwini sawo, ngakho-ke mangihlakaze amacembe e-
rose okuthethelela kubo bonke abangiphatha
ngokubanda nangobutha**

Imicabango engokomoya

Okwesazi uParamhansa Yogananda

**Umuzwa wokuba khona kukaNkulunkulu
ekuzindleni ugcwalisa ingqondo ngokuthula futhi
unikeza umzimba amandla abalulekile.**

**Ngokuxhumana okungokomoya okujulile,
okuthule nangokuqondisa imicabango nemizwa
kuNkulunkulu, umuntu ofunayo uzizwa ejabule
kakhulu, futhi le njabulo iwubufakazi obuphathekayo**

**bokuxhumana noNkulunkulu nokuthinta ubukhona
baKhe obubusisiwe.**

**Ngikubonile ulima inhlabathi yomphefumulo wami
ngegeja lezinhlupheko, usakaze imbewu
yokuhlakanipha kwakho emiseleni yayo ngaqhubeka
nginisela leyo mbewu, kwathi lapho ilanga lesihe
sakho likhanya phezu kwayo, yakhula futhi yachuma,
ithela isivuno esibusisekile sokwaneliseka
nokwaneliseka.**

**Uma umuntu emazi uNkulunkulu, akabe esazizwa
sengathi abanye bahlukile kuye**

**Abantu abahlakaniphile balondoloza ibhalansi
yabo nokuzola naphezu kwezimo nezimo
ezishintshayo, kungakhathaliseki ukuthi
zingahlukahluka kangakanani**

**UNkulunkulu ungumklomelo omkhulu kunayo
yonke futhi unenzuzo enkulu kakhulu ekuphileni**

**Nkosi, kusukela namuhla kuqhubeke ngizokwenza
konke okusemandleni ami ukukwazi futhi ngenze
konke okusemandleni ami ukusondela kuwe nokuzwa
uthando lwaKho ngaphandle kokunganaki noma
ukunganaki imisebenzi yami yasemhlabeni, futhi
ngizofeza yonke imisebenzi yami njengomnikelo
omsulwa kuwe, ngaleyo ndlela ngizothola umusa
waKho.**

**UNkulunkulu ungumthombo wokuhlakanipha
kanye nokuphefumulelwa okukhazimulayo. Uyiphunga
elibusisiwe elivela kuzo zonke izinhliziyi ezinhle.
Uyinsimu yama-rose asezulwini nezimbali**

**zomcabango ezinamanzi. Uwuthando olukhulu
kakhulu oluphefumulela futhi londle uthando lwethu.**

**UNkulunkulu uzembule kimi endaweni yokuthula,
futhi ngiyinambithile injabulo Yakhe emithonjeni
yobukhona bami, futhi ngizwa izwi Lakhe kunembeza
wami ovukile, futhi ngokuqaphela okugcwele ngithola
ukukhanya Kwakhe okungizungezile njalo.**

**Umcabango ungamandla aguquguqukayo kakhulu
ngoba uwukudlidliza okucashile nokusobala
kokuqonda. Ungahlukanisa imicabango ibe
amayunithi amancane kakhulu, kodwa awusoze
wafika ekugcineni.**

**Umuntu akufanele azibophezele ejele elincane
lobugovu, kodwa kunalokho afake abanye
ezifinyelelweni zakhe nasenjabulweni, abe yithuluzi
lomsebenzi wentando kaNkulunkulu. Uma
sizicabanga, masicabange ngabanye; uma sifuna
ukuthula, masikufunele nabanye. Labo abasebenzela
ukuletha injabulo kwabanye bazobusiswa futhi
bavuzwe nguNkulunkulu.**

**Ake ngikucabange uze ube yimcabango yami
kuphela**

**Indawo yonke esiyibonayo iyiphupho ngaphakathi
kwephupho. Okubalulekile akusiwo nje amandla
"aqandisiwe", kodwa futhi kuwukuqonda kwendawo
yonke "okuqandisiwe".**

**Nkosi, ngisize futhi uqondise ukuqonda kwami
namandla ami ukuze ngilethe ukukhanya kwakho
ezingqondweni ezimnyama, ukuze zikhanyiselwe futhi
zikhanye ngemisebe yokuhlakanipha kwakho.**

Ngamandla okuthethelela ngesihawu, mangize kuwe kanye nabo bonke abafowethu nodadewethu abakhubeka ezindleleni zosizi.

Noma ubani ofisa ukwazi uNkulunkulu kumele abe nothando oluphakeme kakhulu enhliziyweni yakhe, njengomuntu othanda imali, umthandi olangazelela isithandwa sakhe, nomuntu ocwilayo olangazelela umoya.

Injabulo yezinto ezibonakalayo iyaphela futhi iphele, kodwa injabulo yaphezulu, engachazeki, ayinciphi noma inyamalale.

Vumela umoya wothando lwaphezulu usakaze ukumamatheka kwakho okukhanyayo, ukuze ukukhanya kwabo kuxoshe futhi kuxoshe ubumnyama ezinhliziyweni zabanye.

Ngokuvamile, uthando ludinga amandla amakhulu kakhulu ngokwengqondo kunenzondo, kodwa abahlakaniphile bathola uthando lulula kunenzondo ngoba babona zonke izidalwa njengengxenye yomuntu ophakeme futhi zihlobene eduze nokuqonda kwendawo yonke.

Ukuthula kuyikhambi lazo zonke izifo, futhi abantu abanezinhliziyi ezigcwele uthando, abajabulela ukuthula, futhi abajabula ngokwenza izenzo ezinhle bayazi ukunambitheka kokuthula, okuyisimo esidingekayo kanye nensika eyisisekelo yayo yonke impilo ejabulisayo.

Nikeza uthando kulabo abanezinhliziyi ezilukhuni, ukuthula kulabo abahlushwa

**ukukhathazeka nokudangala, ubumnandi kulabo
abahlushwa ulaka olubuhlungu, injabulo kulabo
abasindwa usizi nobuhlungu, futhi ube yisibonelo
esihle kulabo abahamba ezindleleni zokuphambuka.**

**Akukho lutho olukhulu kunokwethembeka
nobuqotho ekusebenzelaneni nabanye. Kulula
ukwakha abangane ngaphandle kobuqotho, kodwa
akunakwenzeka ukugcina abangane ngaphandle
kobuqotho.**

**Kunezimo ezinhle kakhulu zokugxila, futhi lapho
umuntu ozindla efika kulezo zimo, uzwa izimo
ezingavamile zenjabulo engokomoya nemibono
ekhazimulayo, bese ememeza:**

**"Lokho engikufunayo yonke indawo, ngikutholile
kimi nangaphakathi kimi, futhi ngiyabona ukukhanya
kwakho ngemuva kwezindonga zobumnyama futhi
ngizwe ukuba khona kwakho ekujuleni kokuthula"**

**Uthando lwaphezulu luyinsimu yezimbali
zasezulwini nemicabango ekhazimulayo neqhakazayo.
Luyasondla uthando lwethu, luphefumulele imizwa
yethu, futhi lugcwalise amaphupho ethu ajabulisayo.**

**Nkosi, noma ngabe ngibhekene naziphi izimo,
ngiyaqaphela ukuthi zimelela isinyathelo esilandelayo
ekukhuleni kwami ngokomoya. Ngizokwamukela
zonke izilingo ngoba ngiyazi ukuthi nginengqondo,
ukuqonda, namandla okunqoba [izithiyo nobunzima
obungifikela]**

**Nakuba ososayensi bemvelo sebeqaphela ukuthi
izinto azilutho ngaphandle kwamandla abambekile,
othisha abanolwazi baye bashintsha ngempumelelo**

**besuka olwazini lwemfundiso baya ekusebenziseni
okungokoqobo emkhakheni wokulawula izinto.**

**Uma uzimisele ukujabula empilweni yakho,
akukho lutho oluzokuthatha injabulo yakho**

**Uthando olungcwele olumsulwa lugcwalisa
umphefumulo womthandi ngobuhle, ludonsela
ukunaka kweNkosi yeNdalo Yonke, futhi ludonsela
uthando lwakhe lwaphakade.**

**Ngiyazi osomabhizinisi abaningi abavelele
nabahlakaniphile, abafisa ukwazi uNkulunkulu
nokuzuza ukuhlakanipha, kodwa noma kunjalo
baboshwe umsebenzi wabo kanye nezibopho eziningi
zomphakathi, futhi ngokwenza kanjalo, badela
imisebenzi ebaluleke kakhulu—umsebenzi wabo
kuNkulunkulu, izifundo zabo ze-postgraduate, kanye
nempilo yasekhaya—e-altare lemali kanye nezibopho
ezingabalulekile nezingenamsebenzi.**

**Lowo owasidala ufuna simthande ngothando
oluhlanzekile noluzenzakalelayo futhi ngeke sikwazi
ukunambitheka kwenjabulo ngaphandle kokuba sinike
uNkulunkulu uthando lwethu.**

**Ngizonqoba ukuqhosha ngokuthobeka,
intukuthelo ngothando, injabulo ngokuzola, ubugovu
ngokupha abanye, ububi ngokuhle, ukungazi
ngokuhlakanipha, kanye nokukhathazeka ngokuthula
nokuthula.**

**Ezinhliziyweni zethu kumelwe kuvele inhliziyo
enesihawu eduduza amanxeba abanye futhi isuse
usizi nobuhlungu ezinhliziyweni zabo.**

Uthisha uParamahansa wathi komunye wabafundi:

"Imikhuba yakho emihle iyakusiza ezimweni ezivamile nezijwayelekile, kodwa ingase inganele ukuqondisa inkambo yokuphila kwakho lapho kuvela izinkinga nalapho kuvela isidingo sokuqonda okungokwemvelo. Ngokuzindla okujulile, ungahlala uhlukanisa phakathi kokulungile nokungalungile futhi wenze isinqumo esifanele kukho konke, noma ngabe ubhekene nezimo ezingavamile."

Asikwazi ukuphila ngaphandle kukaNkulunkulu ngisho nomzuzwana nje. Usithinta emoyeni opholile, asinike amandla avela emisebeni yelanga, futhi asinike ukudla esikudlayo. Usezinhliziyweni zabanye abasizungezile, futhi ungukuphela komuntu esingambheka njengothandekayo wethu nowethu.

Ukuthobeka kunephunga elimnandi nelikhangayo elenza umuntu othobekile athandwe yiwo wonke umuntu

Kumelwe siziqeqeshe ukucabanga ngezinto ezinkulu njengokuphakade nokungapheli

UNkulunkulu wembula imisebenzi Yakhe ephakeme ebuhleni bendalo, kodwa akavezi ukuthi ufihliwe futhi ucashile kulezo buhle obuhle kakhulu.

Uma unengqondo eqinile futhi uyitshala emhlabathini wokuzimisela okuqinile, futhi uma ukholo lwakho lujulile, ungabonisa imibono yakho futhi ufeze impumelelo enkulu phansi.

**Impilo kufanele ibe lula, futhi izinto ziphathwe
kalula futhi zithokomele Injabulo itholakala ekubeni
nesikhathi sokuzindla nokuzihlola Zama ukuchitha
isikhathi wedwa ngezikhathi ezithile, ujabulela
ukuthula kwangaphakathi okuvela ekuthuleni
nasekuzoleni**

**Ububi bunamandla abo; uma ulandela izindlela
zabo, buzokuhlula. Uma ushelela, kufanele ubuyele
ngokushesha ezindleleni zokwethembeka nokulunga.**

**Yamukela, Nkosi, ukulangazelela komphefumulo
wami nothando lwakudala engilufihlele wena
engcebweni yenhliziyi yami**

**Endaweni engcwele yokuthula kwami,
ngikutshalele ingadi futhi ngayihlobisa ngezimbali
zothando lwami.**

**Ngenhliziyi elangazelelayo, ingqondo
elangazelelayo, nomphefumulo olangazelelayo,
ngibeka ezinyaweni zobuntu bakho obuphelele zonke
izimbali zezifiso zami ezingokomoya nothando
lwaphezulu.**

**Ngizobingelela nsuku zonke ngokucabanga
ngoNkulunkulu nokuzindla ngaye**

**Yonke inkanyezi ekhazimulayo esibhakabhakeni,
yonke imicabango emsulwa, yonke imisebenzi emihle
iyifasitela engibheka ngalo kuwe, Nkulunkulu wami.**

**Ngivumele ngizwe izwi lakho, Nkosi, emhumeni
wokuzindla ngizothola injabulo yasezulwini
yaphakade ngaphakathi kwami; khona-ke ukuthula
kuzogcwalisa inhliziyi yami kanye nomphefumulo
wami kokubili ekuthuleni nasemsebenzini.**

Gcizelela ukuzola nokuthula bese uthumela imicabango yothando kanye nenhliziyo enhle uma ufisa ukuphila ngokuthula nangokuzwana kuleli zwe.

Iningi labantu liyikhophi yabanye, belingisa lokho abanye abakushoyo nabakwenzayo. Umuntu kufanele abe ngohlukile futhi abonise okuhle kakhulu ngesimo sakhe esiyinqayizivele.

Uma uphelelwe yithemba lokuthola injabulo, jabula futhi ungalahli ithemba Ngoba umphefumulo wakho uwukubonakaliswa koMoya Omkhulu ohlala ujabula, futhi empeleni, ungumthombo wenjabulo

Uma uvala amehlo okugxila kwakho kwengqondo, ngeke ukwazi ukubona ilanga elikhanyayo lenjabulo ekugcineni kwempilo yakho. Kodwa kungakhathaliseki ukuthi uvala amehlo engqondo yakho ngokuqinile kangakanani, ilanga lenjabulo lizozama ukungena emakamelweni avaliwe engqondo yakho.

Vula amafasitela okuthula uzobona ukukhanya kwenjabulo okungazelelwe ngaphakathi kuwe, ngoba imisebe yomoya ojabulayo ingabonakala uma uphendukela imicabango yakho ngaphakathi.

Ukuzindla kususa inkungu yendawo yonke lapho ukuzazi kuqala ukukhuphukela emazingeni aphezulu kanye namathuba okuphila

Wonke umsunguli uqhutshwa yisidingo sezinto ezibonakalayo; isidingo singunina wokusungula izinto Ngokufanayo, abahlakaniphile baba—ngenxa yesidingo—abafuna izinto ezingokomoya abakhuthele Bathola ukuthi ngaphandle kokwaneliseka kwangaphakathi, akukho nhlanhla yangaphandle engaletha injabulo ehlala njalo

**Inyanga eyodwa ixosha ubumnyama bobusuku
Ngokufanayo, umphefumulo okhanyiswa ukukhanya
nolwazi lukaNkulunkulu, umphefumulo ogxile
othandweni lwaphezulu, uxosha ubumnyama
bemiphefumulo yabanye noma ngabe uya kuphi,
usakaza ukukhanya kothando, ukuqonda, nokuthula**

**Ukuze sibe nabangane, kumelwe sibonise uthando
lwangempela kwabanye. Labo abavula umnyango
okhangayo wobungane bazodonsela imiphefumulo
enemizwa efanayo [izifiso nesimo sengqondo]**

**Injabulo itholakala ekugcineni ukucaca
kwengqondo kuzo zonke izivivinyo zasemhlabeni
kanye nokuhlangenwe nakho okumbaxambili**

**Uma inhliziyo inomuntu othile, idonsela kuyo
zonke izimfanelo zalowo muntu. Noma ubani
ocabanga ngabantu abalungile, ubuhle babo
budluliselwa kuye, futhi noma ubani ogxila ngothando
ekuphefumuleleni abantu, ugqozi luza kuye, futhi
noma ubani ohlanganisa, ngisho nasemicabangweni,
nalabo abanembeza abaphilayo, izimiso zokuziphatha
ezinhle, nezinhloso ezihloniphekile uhlanganyela
ebuhlotsheeni babo nezimiso zokuziphatha, ngoba
ingqondo idonsela njengomagnet [futhi idonsela
okufanayo]**

**Lapho uthando olukhulu ngoNkulunkulu
lugubuzela inhliziyo yomphefumulo olangazelelayo,
amazwi awakwazi ukuchaza lokho okwenzekayo. Lolu
thando luyimfihlo yomphefumulo, ukuxhumana
okujulile noNkulunkulu, njengomlilo ongcwele odla
ubumnyama bomuntu siqu, ovumela umfuni ukubona**

ukukhanya kukaNkulunkulu nokuzwa ukusondela kwaKhe.

Inkomishi encane ayikwazi ukuthwala ulwandle ngaphakathi kwayo Ngokufanayo, ukuqonda komuntu, okulinganiselwe yimingcele engokwenyama nengokwengqondo yokuqonda izinto ezibonakalayo, akunakuqukatha ukuqonda kwendawo yonke, kungakhathaliseki ukuthi isifiso sinamandla kangakanani. Kodwa-ke, ngokuzindla okujulile nokuqhubekayo, ukuqonda komuntu kungaphakanyiswa futhi ukuqonda kwakhe kwandiswe kuze kube sezingeni lokuthinta ukuqonda kwendawo yonke.

Ngesinye isikhathi, indoda yaseNew York yeza kimi [ngokushesha ngemva kokuqeda enye yezinkulumo zami] yaphikelela ngokuthi ingashiya umzimba wayo wenyama ihambe ngomzimba wayo we-astral. Ngayitshela, "Angikholwa ukuthi ucabanga ukuthi unalelo khono." Kodwa yaphikelela ekungivivinyeni, ngakho ngavuma, ngathi, "Kulungile, yehla ngomzimba wakho we-astral ungitshele ukuthi kukhonani endaweni yokudlela." Yahlala ithule isikhashana, yabe isithi, "Kukhona upiyano olukhulu ekhoneni elingakwesokudla." Ngangazi ukuthi wayelucabanga ngoba ukuphefumula kwakhe nokushaya kwenhliziyo kwakujwayelekile, ngakho ngathi, "Ngokuphambene nalokho, ngicabanga ukuthi uma ungaya lapho, uzothola abesifazane ababili behleli etafuleni." Yahleka usulu isiphakamiso sami, ngakho ngathi, "Masiye endaweni yokudlela ndawonye manje." Lapho sifika, saya ekhoneni alishilo, kodwa kwakungekho upiyano; esikhundleni salokho, sathola abesifazane ababili behleli etafuleni

Ekugcineni, umngane wethu waqaphela ukuthi wayekhohlisiwe yimicabango yakhe yokukhohlisa.

Ukholo kuNkulunkulu kanye nokuzwana kwangaphakathi kuyisizo esikhulu kakhulu nokusekelwa komuntu ukuze athwale imithwalo yempilo

Kumelwe silalele izwi likaNkulunkulu lizwakala ngemicabango emihle. Imicabango emihle ifana nokukhuthazwa okuvela kuNkulunkulu nemimoya yezingelosi ukuze isiqondise futhi isisize. USathane naye uzama ukuthobisa isintu ngamazwi akhe angcolile kaSathane, abonakala njengemicabango emibi, izinhloso ezimbi, kanye nezisusa ezingcolile okungamelwe zivunyelwe ukuthi zithathe indawo yemicabango futhi zingcolise isikhala sokuqonda.

Uma umthandazo womuntu ofunayo uvela ekujuleni kwenhliziyo yakhe, amazwi akhe agcwala uthando ngoNkulunkulu, futhi abanye bezwa umthelela walo ongokomoya futhi bezwe uthando lwaphezulu phambi kwakhe. Kodwa-ke, uma lowo muntu ongenamandla, labo abamzungezile bangase bantshontshe lolo thando kuye. Lokhu kwenzeka lapho eqala ukudumisa nokuncoma ingokomoya lakhe. Uma edliwa umuzwa wokuthi bakhulu ngoba bangakhuthaza abanye, ubuthakathaka buyangena, ukuqhosha kubambe izinhliziyi zakhe, futhi alahlekelwe uthando lwakhe ngoNkulunkulu ngenxa yalokho.

Ingqondo yomuntu iqiniswa ngokulwa nokugula nokunqoba ubunzima Noma yini eyenza ingqondo ibe buthaka iyisitha, futhi noma yini eyiqinisayo iyisiphephelo sokuthula Bhekana nezenzakalo

**zokuphila ngesibindi namandla UNkulunkulu
ungibonisile ukuthi lokhu kuphila kuyiphupho
lendawo yonke Lapho ukuqonda kwethu
okungokomoya kuphaphama, sikhumbula
okuhlangenwe nakho kokuphila njengephupho
elifushane lenjabulo nosizi, futhi siyaqaphela ukuthi
asifi kuNkulunkulu**

**Indoda ehlakaniphileyo uParamahansa yathi
komunye wabafundi bayo:**

**Yandisa imingcele yombuso wakho wothando
ukuze kancane kancane uhlanganise umndeneni wakho,
omakhelwane bakho, umphakathi wakho, izwe lakho,
wonke amazwe, nazo zonke izidalwa eziphilayo Yiba
ngumngane wendawo yonke onenhliziyi egcwele
ububele nomusa ezidalweni zikaNkulunkulu, futhi
usakaze uthando yonke indawo**

**Umhloli wezinhliziyi akafuni lutho kithi
ngaphandle kwezinhliziyi zethu**

**UNkulunkulu akufanele afunwe ngenxa yenzuzo
yomuntu siqu, kodwa ngenxa yokumlangazelela,
isifiso sakhe, kanye nokumnxusa ngothando
olumsulwa, olungenakunyakaziswa, nolugxile kuye.**

**Uma uthando lomuntu ngoNkulunkulu lulingana
nokunamathela kwakhe emzimbeni wakhe ofayo,
khona-ke uNkulunkulu uzoza kuye**

**Lowo ongabambe iparele ekucwileni okukodwa
noma okubili akufanele asole ulwandle, kodwa
kunalokho asole indlela yakhe yokucwila kanye
nokuntuleka kwakhe kokujula.**

**Noma ubani ohlola ngokujulile olwandle
lokuqonda uzothola iparele lobukhona
bukaNkulunkulu**

**Ukuthula kuyisiphuzo sasezulwini esithululwa
ezitsheni zokuthula**

**Ngemuva kwamafu ampunga okudumazeka
kwesikhashana nokukhungatheka, imisebe
yempumelelo ikhanya kakhulu**

**Injabulo, impumelelo, nokuthula kwengqondo
kuvela ngokwenza umzamo wokuvumelanisa
ngokuzindla nokunxusa nentando kaNkulunkulu,
okungamandla aluke indwangu yokuphila
ngokuvumelana namandla asezulwini.**

**Isisusa empilweni kufanele kube ukwenza
imisebenzi emihle nokusabalalisa umoya wothando
nokuthula**

**Imvelo yakho ayiphelelwa yisikhathi, ngakho
ungazithwesi umthwalo ngemingcele yezinto
ezibonakalayo kanye nemingcele yezwe Guqula konke
ukuzisola ngamathuba aphuthelwe kube yithemba
lempumelelo entsha ezokulethela ukwaneliseka
nenjabulo**

**Yenza impilo yakho ibe lula ukuze ube nesikhathi
esanele sokujabulela izinjabulo ezincane zempilo**

**Kuyo yonke i-athomu yale ndawo yonke
emangalisayo nemangalisayo, uNkulunkulu wenza
izimangaliso ngokungaphezi**

**UNkulunkulu ungukukhanya okususa ubumnyama
bokungazi njalo. Ungumfula wokuphila owondla
inhlabathi yemiphefumulo yethu.**

**Ukucabanga okuvumelanayo kuveza ukuvumelana
nokuzwana kuleli zwe elibonakala ligcwele zonke
izinhlobo zokungezwani nokungezwani**

**Isifiso sokwenza imisebenzi emihle neyinhle
ngaphakathi kwamandla ethu amandla okudala
angemuva kwayo yonke impumelelo efanelekile
Silwela ukuphelela ngoba imiphefumulo yethu
ilangazelela ukuphinda ixhumane nesimo sayo
esingokomoya kanye nobunye obubalulekile
nomthombo wayo ongcwele**

**Silapha namuhla futhi kusasa sizohamba,
izithunzi nje ephusheni elibonakalayo. Kodwa
ngemuva kokungabonakali kwalezi zithombe
ezidlulayo kulele iqiniso laphakade lomphefumulo.**

**Abantu abahlakaniphile abafuni ubalalele, kodwa
uma uzinikela ngokuzithandela ekwamukeleni
isiqondiso sabo, ngokuqinisekile bazokutshela iqiniso
nokuthi yini engcono kakhulu kuwe, ngokwethembeka
okuphelele nokungakhethi.**

**Yiba umuthi ophilayo okhula futhi ukhiphe iziqu
namagatsha amasha Labo abanezinhliziyo eziqinile
bathi:**

**"Kunemisebe yelanga ezimpilweni zethu, futhi
sinamathuba okusebenza nokukhulula amathemba
namagatsha empumelelo"**

**Akukho lutho olukhulu kunokwethembeka
nobuqotho ekusebenzelaneni nabanye**

**Yenza konke okusemandleni akho, bese uphumula
futhi uphumule bese uvumela izinto zihambe**

**ngendlela yazo yemvelo esikhundleni sokuzama
ukuzishintsha ngenkani**

**UMfundisi uParamahansa wathi, ekhuthaza
omunye wabafundi bakhe:**

**Uma imithandazo yakho ifika kuNkulunkulu,
akunandaba ukuthi izono zakho zijule kunolwandle
lobumnyama futhi ziphakeme kunezintaba
zaseHimalaya; uNkulunkulu uzozithethelela futhi
azisule sengathi azikaze zenzeke, uma nje uzimisele
ukungaziphindi Ungase ucwile isikhathi esithile
ngaphansi kwezingqimba zobumnyama, kodwa
uyinhlansi yomlilo waphezulu—ilangabi elivela
esibanini saphakade, esingapheli noma esingapheli
Ungasibekela ilangabi, kodwa awukwazi ukulicima**

**Ukusebenzisa intando yomuntu ngokungaguquki,
ngokuthula, nangokunamandla kuzoqala amandla
omkhathi futhi kulethe impendulo evela eNkosini
yeNdawo Zonke.**

**Abantu abaningi abakholelwa ukuthi kuyadingeka
ukuhlaziya uhlobo lothando. Baluchaza njengomuzwa
abanawo ngezihlobo zabo, abangane, kanye nabanye
abazizwa bekhanga kakhulu kubo. Kodwa uthando
lungaphezu kwalokho. Okuwukuphela kwendlela
engingachaza ngayo uthando lweqiniso kuwe
ukuchaza umphumela olunawo emphefumulweni.
Ukuzwa ngisho nenhlansi encane yothando
lwaphezulu kugcwalisa umuntu ngenjabulo enkulu
kangangokuthi kunzima ukuyigcina. Ukwaneliseka
okulethwa uthando akusikho emzweni wothando
ngokwalo, kodwa enjabulweni oluyilethayo. Uthando
lweqiniso lusinika injabulo engaphezu kwencazelo.**

Amandla okuphila omzimba kumele alondolozwe ngokudla okunempilo, ukuba nethemba, kanye nokumomotheka Labo abathola injabulo ngaphakathi kubo bathola ukuthi imizimba yabo igcwele ugesi ovela emandleni okuphila, axhumene kakhulu nentando kaNkulunkulu kanye nengqondo yendawo yonke. Ukumomotheka kuzuzisa kakhulu empilweni. Kudonsela ukudlidliza okuhle, kuvula amathuba okuba nethemba, futhi kuletha ukuthula kwangaphakathi nenduduzo yengqondo.

Umhlaba wonke ukhohliwe incazelo yangempela yegama elithi "uthando," futhi ngeshwa liye laqondwa kabi futhi lasetshenziswa kabi Njengoba amafutha etholakala kuzo zonke izingxenye zomnqumo, kanjalo nothando lungena kuyo yonke indalo. Kodwa ukuchaza uthando kunzima kakhulu, njengokuzama ukuchaza ukunambitheka nokunambitheka kwe-orange. Umuntu kumelwe azinambithe i-orange ukuze aqonde ngempela ukunambitheka kwayo, futhi okufanayo kusebenza othandweni.

Wonke umuntu uke waluzwa uthando ngandlela thile enhliziyweni yakhe, ngakho-ke unokuqonda okuthile ngesimo salo, kodwa abazi ukuthi baluhlakulela kanjani, baluhlanze, futhi balukhulise kanjani lube uthando olungcwele. Inhlansi yothando olungcwele ikhona ezinhliziyweni eziningi kusukela esemncane, kodwa ivame ukulahleka ngoba abantu abazi ukuthi balukhulise kanjani futhi baluthuthukise kanjani.

Impilo iyisikole sokuhlangenwe nakho, futhi konke kukhomba ohlangothini olulodwa: UNkulunkulu

Izigcawu zokuphila ezishintshayo zifihla impilo yangempela Ngemuva kwezithombe ezinyakazayo zezinto ezibonakalayo ezingabonakali kulele impilo yangempela yasemkhathini efihliwe emehlweni.

Izinkinga nobunzima buvela ekuntuleni komuntu ukuqaphela izenzo zakhe zangaphambilini, ezenziwe ngesikhathi esithile nendawo ethile Ukuhlupheka kwabo kwamanje kuvela emicabangweni nasezenzweni abazishoyo, ezagxila emhlabathini wokuqonda kwabo, zahluma zaba isitshalo futhi zathela izithelo ezibonisa izici zalezo micabango nezenzo.

Izilingo nezinsizi azizi ukuzophula umuntu nokukhubaza intando yakhe, kodwa zizokwenza amazise uNkulunkulu njengoba kufanele aziswe futhi ahloniphe imithetho yaKhe angathola ngayo injabulo yangempela.

Uthisha uParamahansa wathi eqenjini labafundi: Zijwayeze ubuciko bokuphila kuleli zwe ngaphandle kokulahlekelwa ukuthula kwangaphakathi, bese uhamba ngendlela yokulinganisela ukuze ufinyelele engadini emangalisayo nemangalisayo yokuzazi.

Ngokuthobeka sithola isigodi samaphupho esigcwele izimbali ezinuka kamnandi neziqhakazayo zokuzazi

Ubuhle bukaNkulunkulu abunamkhawulo Kuhle ukujabulela ama-rose nezimbali, kodwa okukhulu kunokujabulela ubuhle bazo ukubona ubuso bukaNkulunkulu ngemuva kobumsulwa nobuhle bazo. Injabulo etholakala emculweni, uthando lomculo

**ngokwawo, ayinakuqhathaniswa nezwi lokudala
likaNkulunkulu eligeleza ngezingoma zawo**

**Imiphefumulo ethanda ukuthula iqoqa amanzi
okuhlakanipha ageleza emithonjeni yabantu
neyaphezulu**

**Nkosi, ngiyazi ukuthi uyalalela amazwi athule
omphefumulo wami kanye nezicelo zenhliziyoyami
kuwe**

**Masilwele njalo ukuhlobisa izimpilo zethu ngazo
zonke izindlela ngokwamukela uthando,
ukwethembeka, nobuqotho, nangokuzibuka nsuku
zonke esibukweni sokuzicabangela nokuhlola ukujula
komphefumulo.**

**Ukungazi [ngemikhuba ecasulayo] kufana
nokulunywa noma ukuklwebha Uma uvumela
isikhumba sakho ukuba siklwebhe ukuze ususe
umuzwa ocasulayo, kulapho isifiso sokuklwebha
sikhula khona, futhi lapho ungawunaki lowo muzwa
futhi ungawuvumeli, kulapho ungakukhathazi khona
kakhulu.**

**Umuntu akumelwe aphule amalungelo abanye,
noma abaphuce umhlaba wabo, ukuthula, uthando,
isithunzi, noma yiziphi izinto zabo ezibonakalayo
noma ezingabonakali Uma ungenaso isifiso
sokuthatha okungekona okwakho, lokho okudingayo
noma okufisayo kuzokuza kuwe Ubusela buqala
engqondweni lapho umuntu eqala ukuba nomona
ngabanye Imbewu yesifiso esibi kumele isuswe
engqondweni**

**Ngokuqala kokulangazelela okungokomoya,
umuntu ukhetha insimbi yokuhlakanipha ukuze
alolonge impilo yakhe kahle**

**Uma sibheka konke okuhle emvelweni, sizwa
umuzwa wobubele nozwela ngaphakathi kithi.**

**Noma yisiphi isinyathelo esibalulekile empilweni
sifanelwe ukucatshangelwa ngokucophelela
nangokuningiliziwe, futhi sihlolwe emlilweni
wokuhlangenwe nakho kwansuku zonke ngaphansi
kwezimo ezahlukahlukene.**

**Labo abazimele yibo abaphila ngobuqotho
Injabulo ivela kuphela ekucabangeni okumsulwa
nasezenzweni ezilungileyo Uma ujabule manje,
uzojabula esikhathini esizayo, kokubili lapha
nakwelizayo Kumelwe siqoqe inhlanhla ngokuqoqa
izithelo zokuhlakanipha kuyilapho ilanga lamathuba
likhanya Ngamanye amazwi, kumelwe sibambe
amathuba ngaphambi kokuba sekwephuze kakhulu**

**Hamba ezindleleni zokuphila ngokuqina nokuzola,
wazi ukuthi amandla okudala angenamkhawulo
anawe, ahambisana nawe futhi akusekelayo.**

**Wonke umuntu udinga isikhathi sokuba yedwa
nokuphumula ukuze abhekane nezingcindezi
zokuphila ezikhulayo, futhi abantu ngabanye kufanele
bahloniphe ukuzimela komunye nomunye.**

**Ngemuva kwesithunzi ngasinye sokuphila
kukhona ukukhanya okukhulu kukaNkulunkulu**

**Bamba ngokuqinile esikhondweni sokholo futhi
ungesabi izimo zangaphandle ezingathandeki**

ezihlasela umkhumbi wempilo yakho. Themba ukuthi "izinto ezingenakwenzeka" onethemba lokuzifeza, uzozifeza ngosizo lukaNkulunkulu, ngamandla okholo olumelana nazo zonke izinselele.

Uma ungakwazi ukufeza ukuvumelana, khona-ke ungaba nokuzwana nabo bonke abanye

Leli zwe akulona ikhaya lethu; ikhaya lethu lingakolunye uhlangothi, engqondweni kaNkulunkulu yendawo yonke

Ingabe kukhona okujabulisayo ngaphezu kokuphila impilo ethelayo egcwele ukuthula, uthando, nokupha?

Phefumula umoya omusha wemibono ebalulekile yabanye abantu futhi uzuze emibonweni yabo ecacile neyakhayo

Inhliziyo yami igcwala injabulo lapho ngibona idlanzana labazinikele ngobuqotho belangazelela uthando lukaNkulunkulu. Size kuleli zwe ukuze sivune izithelo zokuthanda uNkulunkulu nokumkhonza ngokwethembeka nangokuthobeka.

Phila okwamanje kuphela, hhayi esikhathini esizayo. Yenza konke okusemandleni akho namuhla futhi ungabheki kusasa.

Emhumeni wokuthula kwangaphakathi uzothola umthombo wokuhlakanipha

Ebunzini, phakathi kwamashiya, kukhona isango eliya ezulwini. Lesi sikhungo ebuchosheni [indawo

yeso elingokomoya noma ukuqonda okungokomoya] siyi-axis yentando. Uma ugxilisa amandla akho engqondo kulesi sikhungo futhi ukhuthaza ngobumnene intando yakho, lokho okufisayo kuzofezwa (Sivame ukubona ukuthi umuntu ozama ukukhumbula okuthile ngokungazi uthinta leli phuzu ebunzini lakhe)

Ngakho-ke, umuntu akumelwe asebenzise intando yakhe ngezinjongo ezimbi Ukufisela abanye okubi ngamabomu kuwukusebenzisa kabi amandla uNkulunkulu asinike wona. Uma uthola ukuthi intando yakho ikudukisa, yeka, ngoba ukuqhubeka kuleyo ndlela akugcini nje ngokuchitha amandla angokomoya, kodwa futhi kuzokubangela ukuba ulahlekelwe yilawo mandla, okukwenza ungakwazi ukuwasebenzisa ngisho noma unomphela.

Thina bantu sinikezwe ikhono lokuzithiba Nakuba singenalo inkululeko ngokuphelele, sinesihluthulelo senkululeko Kodwa-ke, abaningi baphila ngokunganaki, behluleka ukusebenzisa ukuhlakanipha kwabo abakunikwe uNkulunkulu kanye nenkululeko yokuzikhethela ukuze bafinyelele ukuzibusa.

Ingwe ibuswa umuzwa wokubulala futhi ayinakho ukukhetha kule ndaba. Kodwa abantu banenkululeko yokuzikhethela nokuhlakanipha, okubenza bakwazi ukuthuthukisa isimo sabo njalo futhi baphakamise amazinga abo esikhundleni sokuhlala beyiziboshwa zemizwelo nemikhuba eyingozi.

Ngesinye isikhathi ngangihamba ngesitimela futhi isimo sezulu sasishisa kakhulu, nomoya wawuzwakala sengathi uvela kuhhavini. Wonke umuntu owayengizungezile wayehlushwa ukushisa okukhulu,

**kodwa ngangimomotheka ngaphakathi ngoba
ingqondo yami yayingasaboni kahle ngomqondo
wokushisa, njengoba ngangizikhohle ukuthi ugesi
ofanayo odala ukushisa kuhhavini udala iqhwa
esiqandisini futhi ngaleso sikhathi ngazizwa sengathi
ungqimba lweqhwa lumboze umzimba wami.**

**Uma ngithumela amagagasi othando lwami
nezifiso ezinhle kwabanye, ngivula isango lokuba
uthando lwaphezulu luze kimi.**

**Zama ukususa izinto ezikucasulayo empilweni
yakho, noma uzibekezelele uma kudingeka,
ngaphandle kokuzivumela ukuthi zikuphazamise
ngokwengqondo**

**Uma umuntu engaba ohlanzekile, asikho isidingo
sokuba ahlale engcolile**

**Umuntu angase athande ukuhlala endlini encane
njengoba ethanda ukuhlala esigodlweni.**

**Isici esibaluleke kakhulu ekufinyeleleni
impumelelo engokomoya ukwenza umzamo**

**Abantu bezwe bafuna izipho zikaNkulunkulu,
kodwa abahlakaniphileyo bafuna uMniki uqobo
lwakhe**

**Ebusuku, ngizikhipha ngokuphelele ezidingweni
zomhlaba futhi ngizihlukanise ngokuphelele nawo,
ngedwa ngentando yami ngiqondisa imicabango yami,
ngiyiqondisa ezindleleni engizifunayo ngize
ngifinyelele esinqumweni esifanele nokuthi
ngingasisebenzisa kanjani. Bese ngishukumisa
intando yami ukuba ithathe isinyathelo esifanele,
futhi ngosizo lukaNkulunkulu, ngithola impumelelo.
Ngale ndlela, ngisebenzise intando yami**

**ngempumelelo izikhathi eziningi, kodwa lokhu
kungenzeka kuphela ngokuyisebenzisa njalo
nangokuqhubekayo.**

**Isithombe sezintaba ezidwetshwe emkhathizwe
oluhlaza okwesibhakabhaka, indlela emangalisayo
umzimba womuntu osebenza ngayo, ama-roses kanye
nekhaphethi eluhlaza okwesibhakabhaka,
ubukhazikhazi bemiphefumulo, ubukhulu
bezingqondo, kanye nokujula kothando konke lokhu
kusikhumbuza uNkulunkulu omuhle kanye
nomthombo wazo zonke ubukhazikhazi kanye
nobukhazikhazi.**

**Ngaphandle kokuba umuntu asebenzele
ukuthuthukisa imvelo yakhe ngendlela elinganiselayo
—ngokwengqondo, ngokwezinto ezibonakalayo,
nangokomoya—ngeke ayinambithe injabulo
yangempela Ukuqonda okungokomoya
kusiphefumulela ekuhlakanipheni, futhi
akuhlakaniphile ukuvumela ubugovu bubuse
ukuhlakanipha, ukwahlulela okuhle, nokuqonda;
kunalokho, isinqumo sokugcina kufanele sibe
nokuqonda nonembeza.**

**Uma ugcwalisa inhliziyo yakho ngothando
nokulangazelela umbono ngoNkulunkulu futhi
uwugcine ujulile ngaphakathi kuwe, khona-ke iNkosi
Yomhlaba Wonke izokuza kuwe futhi yamukele lowo
mbono kuwe ngoba ukulangazelela kwaphezulu
kuthinta inhliziyo kaNkulunkulu.**

**Uma uvikelekile kuNkulunkulu, ungajabulela
konke ngaphandle kokunamathela. Ngakho-ke,
kubaluleke kakhulu ukwenza umzamo wokwazi
uNkulunkulu, ngaphandle kwalokho impilo ingase**

ikudumaze futhi ichithe amathemba akho ngendlela embi kakhulu.

Isikhathi sethu sizodlula, futhi lokho esikubonayo manje kuzonyamalala ngolunye usuku Ushintsho luhle uma nje ungaluvumeli ukuba lukulimaze, futhi uma lubuhlungu, luyisixwayiso sokuyeka izifiso ezizokubangela ukuhlupheka uma ungakwazi ukuzigcwalisa

Konke okusemkhathini kuxhumene futhi kuxhumene eduze. Ngokusebenzisa kahle ingqondo yomuntu esiyinikwe nguNkulunkulu, siyaqaphela ukuthi konke okuphilayo kuxhumene noMoya Ophakeme.

Yonke indalo ebonakalayo ekhazimulisa ingqondo yomuntu inikeza kuphela izinkomba ezijabulisayo zezimangalisayo ezimangalisayo zendawo yonke

Akukho msebenzi okufanele uzanywe ngengqondo edidekile nephazamisekile, njengophaphe emoyeni. Kunalokho, yonke imisebenzi kumele ifezwe ngokuthula kwangaphakathi nangaphandle, ngokuthula nokuzithiba, ngokuhlakanipha nokugxila okukhulu.

Uma unikela isikhathi esithile usuku ngalunye ukuze uzindle ngokujulile nguNkulunkulu futhi unxuse kuYe, uzothola induduzo enkulu nenjabulo yangempela.

Usuku ngalunye kufanele lube usuku lokubonga ngeziphopho zokuphila: ukukhanya kwelanga, amanzi,

**izithelo nemifino emnandi, okuyizipho ezingaqondile
ezivela kumuntu opha kakhulu: uNkulunkulu**

**Ngiyinkosi phezu kwami, angisiye inkosi yezinto
enginazo, kodwa ngibusa umbuso wokuthula kwami,
futhi ngibekwe esihlalweni sobukhosi sokwaneliseka
okuphakade.**

**Uma uzolile, uzizwa izwe lenjabulo lishaya
ngaphakathi kuwe**

**Uthando lwabantu alusho lutho ngaphandle
kokuthi lusekelwe othandweni lukaNkulunkulu
olungenamibandela. Insizwa nentombi bangase
bathandane, kodwa ngemva kwesikhashana,
ukungezwani nenzondo kuyakuthatha indawo yalo.
Uthando lwabantu aluphelele, kanti uthando
lwaphezulu luphelele futhi luhlala njalo.**

**Ukuphela kwendlela yokuzwa uthando
lukaNkulunkulu ukwenza konke ukuze ujabulise
uNkulunkulu futhi uzothola ukuthi uNkulunkulu uza
kuwe ngezindlela ongazilindele, futhi injabulo Yakhe
izokugubuzela futhi ukukhanya Kwakhe kuzokhanya
phezu kwakho.**

**Isifiso sami ukusungula amathempeli
kaNkulunkulu emiphefumulweni yabantu nokubona
ukumamatheka Kwakhe okubusisiwe kukhanya
ebusweni babo. Impumelelo enkulu empilweni ukuthi
umuntu anikele ithempeli kuNkulunkulu
emphefumulweni wakhe, futhi lokhu kufinyeleleka
kalula.**

**Abantu abaningi beza kimi ukuzokhuluma
ngezinto ezibakhathazayo, futhi ngibacela ukuba**

**behlise umoya, bacabange, futhi bangacabangi
ngezinye izixazululo baze bazizwe benokuthula
nokuzola ngokomoya. Lapho ingqondo izolile futhi
ukholo kuNkulunkulu luqinile, izixazululo zezinkinga
zizovela ngokungenakugwenywa. Ukungazinaki
izinkinga akuqinisekisi ukunyamalala kwazo, futhi
ukukhathazeka ngazo akuvezi imiphumela emihle.
Zindla uze uzizwe uzolile, bese ucabanga ngenkinga
yakho bese uthandaza ngobuqotho kuNkulunkulu
ucele usizo Lwakhe. Gxila enkingeni, futhi uzothola
ikhambi ngaphandle kokukhathazeka noma umzamo
onzima.**

**O Nkosi, dlala izingoma zakho ezingafi
emtshingweni wokuphila kwami, ukuze ngibusiwe
ngokudlidliza kwezingoma zakho ezingcwele**

**Kubaluleke kakhulu ukulawula imizwa ukuze
uthole injabulo nokuthula kwengqondo Khona-ke
akekho ozokwazi ukukucasula noma ukuvusa umona
kuwe, futhi uzohlala uqinile futhi uziqhenya ekujuleni
kwenhliziyo, futhi akekho ozokwazi ukukuphonsela
inselelo noma ukuphazamisa ukuthula kwakho.**

**Ukuthobeka kuyindlela eqinisekile yokuthola
imvula yesihe saphezulu**

**Ngezinye izikhathi abantu bacabanga ukuthi
uNkulunkulu ukude nabo, endaweni ekude endaweni
yonke, ngakho-ke abambizi. Kodwa useduze kakhulu
futhi uthandeka kakhulu kunothandekayo kulabo
abamcabangayo futhi abambheka eseduze nabo.**

ngokomoya



Umphefumulo kumele uvuswe

Kusukela ebuthongweni bobuthakathaka kanye
nasezibophweni zokukhungatheka

Futhi ukuphuma kwayo endaweni yokuhlakanipha,
ukukhanya, nokuthula

Kunezindlela eziningana zokwenza lokhu

Phakathi kwazo kukhona ukuzithiba

Ukudla okunempilo

Isibindi nokuqina ezimisweni

Isimo sengqondo esizinzile

Futhi isibindi ekubhekaneni nezinselele

Futhi ukukhulula ingqondo ekuphazamisekeni
kwezinzwa

Ukugxila ngokwengqondo ezintweni ezinhle

Wenqaba ukunqotshwa emizabalazweni yokuphila

Ngoba ukuvuma ukunqotshwa kunciphisa ukuzimisela

Ukuvuselela amandla angokomoya angenamkhawulo

Lokho uMdali akunike isintu

Futhi ucabanga ngoNkulunkulu kuze kube yilapho
umuntu ethinta ubukhona Bakhe

Izinkomba ezinembile kakhulu zokuba khona
kukaNkulunkulu

Yinjabulo ekhula ngesikhathi sokucabanga ngayo

Uma ingqondo ikhululekile

Kusukela ekubandlululweni, ekubandlululeni,
nasekungalungini

Futhi lapho ingqondo encane iphela

Uma sizwelana nabanye

Sinomuzwa wokuthi izindlu zokukhulekela, kuzo zonke
izinhlobo zazo

Ziyizindlu zikaNkulunkulu

Uma siqaphela ukuthi impilo iwumzabalazo futhi
iyisibopho okufanele senziwe

Futhi ngesikhathi esifanayo, iphupho elidlulayo

Uma sicabanga ngoNkulunkulu ngothando

Sisebenzela ukwenza abanye bajabule

Ngamazwi anomusa kanye nenkonzo yokuzidela

Khona-ke sizoqaphela ukuthi uNkulunkulu unathi

Futhi sisondelene naye kakhulu

Inqubo Yendawo Yonke: Phakathi Kwamandla
Nobuhlakani

O Ukukhanya Okungcwele
!Ama-athomu ezinto angena ngaphakathi
Ufihliwe futhi awubonakali
Izinzwa azikwazi ukukubona
Kungakhathaliseki ukuthi kusekukhanyeni kwelanga
igolide elifudumele
Noma ezintanjeni zesiliva ezibandayo zenyanga
Izibani zasezulwini zembula imvelo
Kodwa akubonisi
Umhlaba obonakalayo wezinto
Ngenxa yokukhanya okukhulu
Kumnyama nje emehlweni ami
Qeqesha ukuqonda kwami ukubona ubukhazikhazi
bakho obufihliwe
Kuyabonakala kuyo yonke indalo
Esifundeni sobuchopho
Ubuchopho bomuntu, okuhlanganisa
Kusukela endaweni kanye nokugoqwa kwezindawo
Iqukethe iziteshi zemithambo yegazi
Nemifula emnyama yemithambo yegazi
Kuyinguqulo encane yezwe elikhulu
?Ingabe le ndawo iyindawo ekhangayo
?Akukho yini umuntu ohlala ezulwini
Ingabe kungaba khona inkondlo ngaphandle
?kwembongi
?Noma iwashi elingenawo umenzi
?Noma i-rose engenamklami
Cha akunjalo neze
Ngokufanayo, indawo yobuchopho
Ubuhle obufihliwe
Yadalwa ngendlela
Ukuhlakanipha okumangalisayo nokungavamile
Ngiyazibuza ukuthi ubani ohlala kuleli hholo elihle
kangaka
-Izindonga zayo zenziwe nge

izicubu zamathambo ezinamathelayo
Futhi izithako zayo ezimangalisayo
?Yikuphi okungenakulingisa
Ngoba ngaphansi kogebezi kunendawo
Igcwele izigidigidi zamaseli
Unamandla futhi uhlakaniphile
Futhi ngimatasa ubusuku nemini
Ngemisebenzi enzima kakhulu futhi eyinkimbinkimbi
izinhlayiya ezincane zobuchopho
Isebenza ngaphandle kokuphazamiseka
Ngemisebenzi ehluahlukene
Ukulungiselela amadili
Ukuhlolwa kwe-Microscopic
Ukwamukela izivakashi ezingenayo
Ngeminyango yezinzwa
Kukhona into efana nokuthenga nokuthengisa
Imisebenzi eqhubekayo
Kusukela ekumuncweni nasekuphumeni kwamanzi
Futhi njengezikebhe ezincane
Amaseli egazi ayahamba
Phakathi kwemigudu yemithambo yegazi
Igcwele izinto ezibalulekile
Izinhlobo nezinhlobo ezahlukene
Kuphefumulelwe nguMdali woMusa
Ukuziqhenya kubangela ubumpumputhe obungokomoya
Ngoba kuyakhipha emphefumulweni
Umbono wendawo enkulu
Lowo ohlala emphefumulweni emikhulu
Abantu abakhulu bayaqonda
Amandla abo abolekiwe
Kuvela kuNkulunkulu uSomandla
Lowo othanda abathobekile
Futhi uyabandisa ngolwazi, isiqondiso, namandla
Kungakhathaliseki ukuthi umuntu
usomabhizinisi ophumelelayo

Noma usopolitiki ohlakaniphile
Noma umashiqela ononya
noma umguquli omkhulu
Amandla akhe awalutho
Uma kuqhathaniswa namandla kaNkulunkulu
angenamkhawulo
Ukuthobeka kuyindlela evulekile
Okuvela kukho ubuningi besihe
Uthando nokuqinisekiswa
Kubantu abanomusa
Umthandi wokuhle
Futhi bamukela izibani
Nezibusiso ezivela ezulwini
Njengoba nje ubumnyama bungenakuhlala
Nomaphi lapho ukukhanya kukhanya khona
Yile ndlela ubumnyama bokugula okufanele buphele
ngayo
Lapho ukukhanya kukaNkulunkulu kukhanya
emangqamuzaneni omzimba
Bambalwa abaqaphela leli qiniso
Lapho abantu bezizwa benesifiso esinamandla
sokuphulukiswa
Bathandaza ngezinhliziyo ezikhathazekile
Noma ngomuzwa wokuphelelwa yithemba
Ukucabanga ukuthi uNkulunkulu ngeke ayilalele
imithandazo yabo
Noma bayathandaza kodwa abalindi
Ukuze bazi ukuthi imithandazo yabo ifinyelele
kuNkulunkulu yini
Njengoba nje kungenakwenzeka ukulalela
Kumculo osakazwa emoyeni
Ukusebenzisa isamukeli esinephutha
Ngakho-ke, ukudlidliza akukwazi ukutholakala
Impilo, amandla, nokuhlakanipha okuvela kuNkulunkulu

Ngokuphazamiseka kwengqondo ngenxa yokwesaba
nokukhathazeka
Zonke izinhlobo zokukhathazeka, ukungabaza,
nokungaqiniseki
Masikukhumbule futhi sikubonge, Nkosi
Ebuphofwini nasekuchumeni
Ekuguleni nasekululameni
Ebumnyameni nasekukhanyeni
Kuzo zonke izimo
Masikhumbule ngokubonga izinsuku zempilo enhle
Osinike sona
Sisize ukuvula amehlo okholo
Ake sibone ukukhanya kwakho okubusisiwe
Umelaphi wazo zonke izifo nezifo
Bazophinde banambithe injabulo yangaphakathi
Umthetho wokunyakaza usekelwe emthethweni
wembangela nomphumela, noma isenzo nokusabela
Umuntu ozelwe emuhle kulokhu kuphila wayenjalo
enyameni yangaphambili {ngenxa yalokho izandla zakhe
ezikwenzile} Futhi uma belwela ukwenza okuhle, isilinganiso
sokuhle sizoncipha kakhulu kuye - "Lowo onakho,
"uzonikezwa okwengeziwe, futhi uzakuba nenala
Labo abanezimfanelo ezimbalwa ezinhle bangase
balahlekelwe ngisho nalokho okuncane, ngoba "okungekho,
kuzosuswa kubo," ngenxa yokuthambekela okubi
.okunamandla okubahlaselayo nokubangoba
Umuntu othambekele ebubini kumelwe ukuba wayenalo
mkhuba omubi empilweni yakhe yangaphambilini, futhi
lokhu kuthambekela okubi kungase kukhule futhi kumlawule.
Labo abanemikhuba ethile yokwenza okubi babenjalo
ngaphambili, futhi uma okuhle kudlula okubi, khona-ke
izimfanelo ezinhle zizoxosha imikhuba yokwenza okubi
.emiphefumulweni yabo
Lokhu kungukusebenza kwemvelo komthetho wesizathu
nomphumela (karma). Kodwa-ke, umuntu akufanele azizwe

engenamandla futhi ebhajwe uma kwenzeka enemikhuba
engathandeki afisa ukuyilahla. Manje yisikhathi esifanele
sokunqoba leyo mikhuba ngokuhlakulela ukuzimisela
.kwangaphambilini nokucabanga okuhluzekile
Umuntu angazikhulula ekubanjweni yimikhuba emibi
futhi adale imikhuba emihle ngokucabanga nangezenzo,
okuzomlethela imiphumela efiselekayo
Kungakhathaliseki ukuthi imikhuba emibi ingase igxile
kangakanani kumuntu, kumelwe akhumbule ukuthi bona
ngokwabo badale leyo mikhuba ngokuphindaphinda
imicabango nezenzo ezithile, nokuthi bangayishintsha leyo
.mikhuba emibi ngemihle ngokucabanga okuhle nokwakhayo
Imicabango emihle nemibi iyizimo eziphikisanayo
zokuqonda komuntu Ngokwemvelo, kungcono ukuba
namaphupho amnandi kunokubhekana namaphupho amabi
asabekayo. Ukwazi kuyaguquguquka futhi kuyazwela;
kungacabanga ngesimo esisifisayo noma kuphuphe
.amaphupho akhangayo
Kodwa inkinga ngabantu ukuthi bavumela indawo yabo
yokuqaphela—ngentando yabo yokuzikhethela kanye
nokukhetha kwabo—ukulawulwa ukuthambekela
okuphambene kanye nokuqondiswa okungalungile
okubangelwa imikhuba yangaphambilini. Ngakho-ke,
amandla abo okuqonda ahlala ebaleka futhi ezulazula,
njengoba kunjalo nangobuqaphi obungokwemvelo
.obusekelwe ngemuva kwezingaba zokuqonda nokuqonda
Lapho labo abadakwe yimikhuba elimazayo bezwa
ubuhlungu obunzima bokuphila okungavamile,
bazophendukela ekukhanyeni kokuqonda nokuphila
okulungile befuna insindiso, kungakhathaliseki ukuthi
.imikhuba yabo emibi igxile futhi igxile kangakanani
Uma-ke, besebenza ekuthuthukiseni nasekukhuliseni
imikhuba emihle ngokusebenzisa izindlela zokuphila
ezivumelanayo, bazophinde bathole injabulo yangaphakathi

futhi bajabulele ukuthula njengomphumela wemvelo
.wokuzithiba nokuhlakulela imikhuba emihle

Ubungane beqiniso
Izindlela zokushintshanisa ezinhle
ukuzibandakanya ngokomzwelo
Kusho ukwenza abangane bazizwe bengcono
Ngezikhathi zokucindezeleka
Futhi ngibazwela
Ezinhlophekweni zabo nasezinhlophekweni zabo
Futhi ubeluleka
Ezimweni ezibucayi
kanye nosizo lwezezimali
Ngezikhathi zesidingo sangempela
Uma umuntu ethembekile kuye ngokwakhe
kanye nomngane othembekile kwabanye
Uzofaneleka
Ukunambitha umpe wobungane baphezulu
Lapho abanye bezwa uthando lwethu
Lolo thando luzokhula lube uthando oluhlanganisa konke
Kugeleza kuyo yonke inhliziyo
Ngokuvumelana nokushaya kwenhliziyo okubusisiwe
kwempilo
Ukwehluleka ukuveza imizwa yobungane
Lokhu kusho ukungawunaki umthetho wokuzikhulisa
Ngalokho imibono yomphefumulo ikhula khona
Ukuthinta ubukhona bukaNkulunkulu
Uma sakha ukwethembana
Ezinhliziyweni zabanye abamukelayo
Futhi siyakwazi ukwandisa imingcele yothando lwethu
Ukufaka izingxenye ezinkulu zabantu
Sizokwazi-ke ukwandisa ububanzi bolwazi lwethu
Futhi ukuqaliswa kwayo kuya emngceleni wokwazi
kwendawo yonke

Izinto ezimbili wonke umuntu azifisayo ngaphandle

kokukhetha

Abantu bahluke ngaphandle komunye nomunye

ngesimo sabo sengqondo nesemizwa, ezindimeni

abazidlalayo empilweni, emsebenzini abawenzayo,

nasezifisweni ezivuselela ngaphakathi kubo. Kodwa

ngaphansi kwakho konke lokhu kwehluka kunezinto ezimbili

bonke abantu—ngaphandle kokukhetha—abazifisayo futhi

.abazizwa bezidinga

Lezi zinto ezimbili ukukhululeka kuzo zonke izinhlobo

zokuhlupheka nokuswela, kanye nokufinyelela injabulo

ehlala njalo ngaphandle kwemibandela; noma ukwaneliseka

okuphelele okuhlanganisa ukuthula, uthando,

ukuhlakanipha, kanye nenjabulo

Abantu ngeke bakuthole ukuthula baze bafinyelele lokho

kwaneliseka okufiswa yizinhliziyi zabo futhi abakulwela

ngazo zonke izindlela kanye nezindlela. Leli iphuzu

.elibalulekile ekuqondeni isimo somuntu

Ngeshwa, abantu bafuna ukwaneliseka ezindaweni

ezingafanele futhi bayahluleka ukukuthola

Bakufuna emhlabeni nasezintweni zomhlaba ezintweni

abanazo nasezimweni zangaphandle, nasebuhlotsheni

obungasekelwe ekuqondeni okuqinile nasezisekelweni

eziqinile

Ngenxa yalokho, akunakwenzeka ukuthi umuntu athole

injabulo emsulwa kunoma yisiphi isimo noma kunoma

.yimuphi umuntu kuleli zwe, uma kubhekwa uhlobo lwendalo

Indalo isekelwe esimisweni sobubili Isibonelo, awukwazi

ukuba nesithombe esinombala owodwa kuphela; udinga

ukungafani noma umehluko Ngokufanayo, akunakwenzeka

ukuthi ububili bungabi khona kuleli zwe

Njengoba sibheka izifiso zabantu, ngamunye wethu

ufuna izinto ezinhle kuphela - izinto ezimnandi, ezinhle,

nezinhle - ngaphandle kokubhekana nokuchitha, ukucasula,

nezinye izinto ezingathandeki Kodwa lokho akunakwenzeka

Kuleli zwe elinobunye, akukho injabulo ngaphandle
kobuhlungu, akukho ukukhanya ngaphandle kobumnyama,
akukho okuhle ngaphandle kobubi, akukho ukuphila
ngaphandle kokufa Olunye uhlangothi lwemali
alunakutholakala ngaphandle kolunye Lokho
esikulangazelelayo ngaphakathi akutholakali kunoma yini
umhlaba ongasinika yona

Ukukhetha kuncike kumuntu ngamunye. Ingabe
bazoqhubeka nokufuna lokho abakufunayo endaweni
engafanele futhi babhekane nokukhungatheka ngemva
?kokukhungatheka

Abantu bafuna ngamandla abo onke kanye nesifiso
sabo, kodwa abakutholi abakufunayo, okuholela
ekukhungathekeni nasekuphelelweni yithemba Ngaphezu
kwalokho, kuholela ekuthukutheleni okwandayo,
okuphenduka kube yintukuthelo enamandla futhi ekugcineni
kube yizenzo zobudlova. Ngakho-ke, indlela engalungile
.yokufuna ayiholeli enjabulweni oyifunayo

UMdali Ophakeme usifisela injabulo ephelele nephelele
engatholakala kuphela ekujuleni komphefumulo. Ngakho-ke,
uNkulunkulu wadala le ndawo yonke ngendlela yokuthi
akukho lutho kuyo olwanelisa inhliziyo yomuntu futhi
lugcwalise izifiso zayo ngaphandle kwalapho iphendukela
emthonjeni wenjabulo, injabulo, nokwaneliseka,
.okuwumthombo wayo futhi

Ngempela, umbuso wezulu ungaphakathi komuntu
Ibhalansi ezikalini

Ibhalansi iyindlela efanelekile ehlanganisa izinto
okufanele uzicabangele

Izinto ezibonakalayo, ezingokwengqondo,

ezingokomzwelo nezingokomoya

Ebunyeni obuvumelanayo, kuyasebenza ngokwemvelo

Kuvuselela ukucabanga okunemibono futhi kukhuthaza

umsebenzi okhiqizayo

Ngamunye wethu ufuna ukuba nomzimba ophilile

Uphilile futhi ukhululekile kuzo zonke izithiyo nezinhlalo
zobuthakathaka
Sifuna futhi ukuba izingqondo zethu ziqaphele
Futhi ukuthi imizwa nemizwa yethu iyasebenza kithi,
hhayi ngokumelene nathi
Sifuna ukuthi kube negalelo ekwenzeni ubudlelwano
bethu nalabo abasizungezile bube ngcono
Ukuvumelana nokwanelisa, njengoba nje nathi sifuna
ukuba njalo
Ngokuphathelene nohlangothi olungokomoya lomuntu
wethu
Izikhathi zingaba nzima
Kunezingcindezi eziningi
Ukungezwani kuyanda
Ukufinyelela ibhalansi ezimweni ezinjalo
Kudingeka ukutshalwa kwezimali kwamandla, isikhathi,
kanye nokunaka
Ukulinganisela akufinyelelwa ngokucabanga okufiswayo
Kunalokho, kumelwe kufezwe ngokuhlela kwangempela
kanye nomzamo oqotho
Kunezinto eziningi ekuphileni kwethu ezidinga
ukulinganisela
Eziningi zazo zibonakala zingavumelani
Isibonelo, umthwalo wemfanelo emndenini
Ukuziphilisa nokulondoloza impilo
Nokugcina izimiso zokubhala nezokuziphatha
Futhi ukubhekana nenani elikhulu lolwazi oludingekayo
Isibopho emphakathini
Ngaphezu kwezinye izibopho eziningi ezidinga isikhathi
sethu namandla ethu
Isikhathi sifushane kithi sonke
Kodwa sidinga ukwenza ukuphila kwethu kube lula
ukuze sinciphise izinkinga zethu
Singakanani isikhathi esiyigugu esichithwayo sifuna
?izinto ezibonakalayo

Siyibheka njengengcono kakhulu ngoba intsha futhi
ayibalulekile
Kodwa lokhu kuthanda izinto eziningi kunentengo,
okwavezwa uBuddha ngokuthi
Noma ubani ofuna ukuba nezinkomo kumele"
"azinakekele
Uma sihlaziya izimpilo zethu, sizothola ukuthi
sikhathalela "onodoli" abaningi
Lokho abezindaba kanye nezikhangiso ezisiqinisekile
ngakho
Kubalulekile ukuze sithole induduzo nenjabulo
Ngokumangalisayo, lokho okubizwa ngokuthi izinto
ezintsha ezonga isikhathi
Umuntu wanamuhla uphangiwe
Lokho ayekujabulela ngokwesikhathi sakhe
sokuphumula
Ukuze silinganisele izinto eziphikisanayo ezimpilweni
zethu
Sidinga iphuzu eliqinile lokubhekisela kulo
Akushintshi ngesikhathi, indawo, noma izimo
Uma impilo iba nzima kakhulu, kulapho sidinga khona
ukuqonda okwengeziwe
Ukuthi isisekelo kuphela esingabanjwa futhi sithenjwe
kuso
UnguNkulunkulu uSomandla, Lowo ohlala ngemuva
kokuphila kuzo zonke izimo nokubonakaliswa kwako
Kuyisikebhe sokusindisa impilo phakathi kolwandle
oluyaluzayo nolunesiphithiphithi lokuphila
Indawo ephephile ekushayweni kwempilo
nasezinkingeni ezibuhlungu

Abantu bayazethemba
Ngaphezu kokuthembela kwabo kuNkulunkulu
Nakuba bazi ngokuqinisekile
Ekugcineni

Abakwazi ukuphefumula
Noma ukuhamba noma ukunyakaza
Ngaphandle kwamandla kaNkulunkulu okushayela
kanye namandla aqondile
Igcinwe ebuchosheni, enhliziyweni, nasemaseli omzimba
Ngoba babejwayele ukuthembela ekudleni
umoya nokukhanya kwelanga
Sebekholelwa ukuthi lezi zinto zangaphandle
Uyabasekela futhi ubanika impilo
Kodwa kuyinkohliso ukucabanga ngale ndlela
Ngoba umuntu uthembele ngqo emandleni owodwa
Lawo mandla nguNkulunkulu
Ngoba uNkulunkulu ungoPhezukonke futhi Omkhulu
Kunabo Bonke
Futhi okuphakeme kakhulu okukhona
Abantu babebanjwe ukumesaba
Nakuba kungumoya wothando, isisa, isihe, nokuthula
Angifuni ukufaka ezingqondweni zabantu umlilo
wesihogo ovuthayo
Ngoba uNkulunkulu ungothandekayo kakhulu
enhliziyweni nasemphefumulweni
Ungulo muhle obuhle bakhe abunakuqhathaniswa
nanoma yini enye
Uma sicabanga ngakho ngale ndlela
Sizozizwa siseduze Naye futhi Yena useduze nathi
Futhi uma silwela ngobuqotho kukho
Uzosivulela izingalo zakhe ngesihawu nobubele
Futhi uma sikucela ngezinhliziyiyo zethu zonke
Sazizwa simlangazelela kakhulu
Uzofika kithi
Impela
-
Ngezindlela eziningi kakhulu
I-logic isibonisa

UNkulunkulu uyimbangela nesizathu salokhu kuba
khona

Kodwa ubufakazi bangempela bokuba khona
kukaNkulunkulu

Akufinyeleleki

Ngokuthola okunengqondo kuphela

Uma sifisa ukuthola uNkulunkulu

- Okuwukuphela kwenhloso yokuba khona kwethu -

Kumelwe sidlulele ngale kwalokho

Inqubo evamile yokucabanga

Ngoba uNkulunkulu ungaphezu kokuqonda kwengqondo

yomqondo

Inggikithi yayo ayikwazi ukuqondwa

Ngihlala ngimatasa ngemicabango yami

Ngezifiso zezinto ezibonakalayo

Lapho ephonswa khona amagagasi enjabulo nobuhlungu

Uhlushwa imizwa ephazamisayo

Uma sifuna ukufinyelela esimweni esimangalisayo

Kusukela ekuqondeni okuphezulu kanye nemibono

Kuyadingeka ukuhoxisa umcabango

Kusukela emsebenzini wakhe othukuthele nothukuthele

Ngokugxilisa ingqondo nokuzindla ngoNkulunkulu

Uma isiphepho semicabango sesiphelile

Ukuze ukuthula okumnandi nokubusisiwe kwehlele

emphefumulweni

Umfundi ube esezizwa enokuthula nokuqiniseka

Ngaphandle kolwazi olujwayelekile

Njengoba ukuqonda kwakhe kuvulwa futhi amandla

akhe angokomoya evuka

Ukubona ngqo

Ngaphandle kwezinzwa

Ubukhona obungcwele obubusisiwe

Sivame ukwehluleka ukubona izinto eziseduze nathi

Sidlula eduze kwengcebo eyigugu ngaphandle kokuma

Futhi siyaqhubeka nokuphishekela kwethu umcabango

Noma sizama ukubamba uthingo
Sifuna ukuphepha ebumnyameni
Nakuba imiphefumulo yethu ilangazelela ngempela
ukukhanya

Siphuza amaphupho angaqedi ukoma kwethu
Ngenkathi imiphefumulo yethu ilangazelela iqiniso
eliphelele

Sixosha i-mirage engekho nhlobo
Emzamweni wokuthola ukuphumula emthunzini wawo
Kusukela ekushiseni kokuphila kanye nehlobo layo
elishisayo

Uma silangazelela ngempela
Indawo yokuthula nokuzwana
okufihliwe emiphefumulweni yethu
Ukwehlukahlukana okungahambisani
Leyo umhlaba ogcwele ngayo
Okusihehayo nokusihehayo
Ukugxila ezintweni ezibonakalayo
Kumane nje kuyisithunzi esikhanyayo
Ngamagugu angavamile amanga
Ezimayini ezingaphansi komhlaba
Kumelwe sisebenzele ukuzola ingqondo ekhathazekile
Ukuhlala uphishekela izimpahla zomhlaba
Futhi iqondisa indlela yayo ngaphakathi
Kumelwe sivumelanise imicabango nezifiso zethu
Ngamaqiniso anele okuphulukisa
Kutholakale ngaphakathi ngaphakathi
Khona-ke sizobona ukuvumelana
Ezimpilweni zethu nasemvelweni
Uma sivumelanisa amathemba ethu kanye nokulindela
kwethu

Ngokuvumelana okungokwemvelo ngaphakathi kithi
Sizohamba ngomkhumbi ngokuphepha olwandle
lokuphila

Ngaphandle kokwesaba ukuminza

Ngoba ukuvumelana kwethu
Kuzoba yijazi lokuphila
Futhi ngamaphiko okuthembela kuNkulunkulu
Sizokhuphuka phezulu emoyeni wokuthula
Abanye bangase bazibuze
Uma nje sinenkululeko yokuzikhethela"
?Pho kungani imiphumela iphikisana nokulindela kwethu
:Impendulo yilena elandelayo
Umuntu ubuthakathaka intando yakhe
Walahlekelwa ulwazi ngamandla angokomoya
ekhona engqondweni yakhe
Kodwa uma esebenza ekuqiniseni intando yakhe
Ngokuzithiba
Futhi ecabanga ngokukhanya kwaphezulu
okungaphakathi kuye
Intando yakhe ikhululiwe
Futhi lapho intando yakhe ikhululiwe
Uba yinkosi yekusasa lakhe
Kodwa uma ethola ukuthi uyaphila
Ngendlela unembeza wakhe ongavumelani ngayo
Ngeke akhululwe futhi ngeke akwazi ukukhuphuka
Esitebhisini sokuthuthuka
Kumelwe sichithe isikhathi
Ukwenza lezo zinto
Okubangela injabulo yethu
Futhi kusilethela izinzuzo nokuhle
Akekho ongamisa imashi yethu
Uma nje isinqumo sethu sihlala siqinile
Ukuqhubekela phambili
Umuntu uyazibamba
Ngaphakathi kweseli elincane
Kusukela endaweni elinganiselwe
imibono emincane
ukushintshashintsha kwemizwelo
imikhuba engemihle

Yingakho kufanele aziqeqeshe
Ukuze ube nezimo, ukhululeke, futhi wamukele
Kumelwe sisebenzele ukugcina izinkanuko zethu
zilawulwa

Futhi siqeqesha intando yethu ngendlela efanele
Ngokwenza izinto ezinhle kakhulu empilweni
Nokuthi kufanele sicabange kakhulu ngoNkulunkulu
Sisakaza umoya wothando, ukuthula, nobuzalwane
Kuzo zonke izingxenye zalo mhlaba
Labo abanezingqondo ezihlakaniphile

I-Master Paramhansa Yogananda

Ukuhumusha: Mahmoud Abbas Masoud

**Njengoba safika kuleli zwe sivela emthonjeni
ongaziwa, kungokwemvelo ngathi ukuzibuza
ngemvelaphi nenjongo yokuphila Sizwa futhi sifunda
ngoMdali waleli zwe, kodwa asazi ukuthi
singamfinyelela kanjani. Esikwaziyo nje ukuthi yonke
indawo imemezela ukuba khona kobuhlakani Bakhe
obuphezulu. Njengoba nje izingxenye ezincane
nezinembile zewashi zisenza simangale umenzi
wamawashi, futhi njengoba nje imishini emikhulu,
eyinkimbinkimbi yefektri imangaza futhi iphefumulela
ukunconywa ngomsunguli wayo, kanjalo nalapho
sibona izimangaliso zemvelo, simangala ngobuhlakani
obufihliwe ngemuva kwazo, futhi sibuza:**

**"Ubani onike imbali isimo sayo esikhanyayo,
esibheke elangeni?"**

Iphunga layo nobuhle bayo kuvelaphi?

**Futhi amacembe ayo akheka kanjani ngokunemba
okukhulu kangaka futhi adayiwe ngemibala emihle
kangaka nejabulisayo?**

**Ebusuku, izinkanyezi nenyanga, zisakaza
ukukhanya kwesiliva nxazonke zethu, zisikhuthaza
ukuba sicabange ngokuqonda okuqondisa lezi zidalwa
zasezulwini esikhaleni esijulile.**

**Ukukhanya okuthambile kwenyanga egcwele
akwanele ukwenza imisebenzi yansuku zonke,
ngakho-ke ingqondo ehlakaniphile nebekezelayo
isikhuthaza ukuba siphumule ebusuku. Bese ilanga
liphuma, futhi ukukhanya kwalo okukhanyayo
kusivumela ukuba sibone umhlaba osizungezile
ngokucaca nangokuzola, okusenza sikwazi ukwenza
imisebenzi eziveza kithi.**

**Kunezindlela ezimbili zokugcwalisa izidingo zethu:
ezingokwenyama nezingokomoya Lapho impilo yethu
iwohloka, isibonelo, singaya kudokotela ukuze sithole
ukwelashwa Kodwa kufika isikhathi lapho kungekho
dokotela noma omunye umuntu ongasiza, bese
siphendukela endleleni yesibili: emandleni
angokomoya adale imizimba yethu, ingqondo,
nomphefumulo Amandla angokwenyama anqunyelwe,
futhi uma ehluleka, siphendukela emandleni aphezulu
angenamkhawulo Lokhu kusebenza nasezidingweni
zethu zezimali Uma senza konke okusemandleni ethu
futhi singatholi okwanele, siphendukela kulawo
mandla**

**Wonke umuntu ucabanga ukuthi izinkinga zakhe
zimbi kakhulu Abanye bazizwa becindezelekile
kakhulu kunabanye ngoba ukumelana kwabo
kubuthakathaka Ngenxa yokwehluka kwamandla
engqondo abantu abawasebenzisayo, basebenzisa
amandla ahlukene Uma umuntu ebhekene nenkinga
enzima kakhulu futhi ingqondo yakhe ibuthakathaka,
ngeke akwazi ukuyinqoba Labo abanengqondo eqinile**

**bangangoba ubunzima babo ngokudiliza izithiyo
nokunyakazisa izisekelo zabo Kodwa-ke, ngisho
nabantu abanamandla kakhulu ngezinye izikhathi
baye babhekana nokwehluleka Lapho sibhekene
nezinkinga eziningi nezinzima zezinto ezibonakalayo,
ezingokwengqondo nezingokomoya, siyaqaphela
ukuthi amandla okuphila alinganiselwe kangakanani
kuleli zwe lezinto ezibonakalayo**

**Imizamo yethu akufanele inikelwe kuphela
ekufinyeleleni impilo enhle kanye nokuvikeleka
ngokwezimali, kodwa futhi nasekufuneni injongo
yokuphila lyini injongo yokuphila? Lapho ubunzima
businqoba, siqala ngokuphendukela endaweni
esizungezile, sizame konke ukulungisa izinto
esikholelwa ukuthi kuzosisiza. Kodwa lapho sifika
ekugcineni bese sithi, "Yonke imizamo yami
yehlulekile; yini enye engingayenza?" siqala
ukucabanga ngokungathi sína ngokuthola ikhambi
eliphumelelayo enkingeni yethu. Futhi lapho
ukucabanga kwethu kujula ngokwanele, sithola
impendulo ngaphakathi kithi. Lokhu, ngokwako,
kuyindlela yomthandazo ophenduliwe.**

Umthandazo: Isidingo esingokomoya

**Umthandazo uyisidingo esingokomoya
UNkulunkulu akasidalanga njengabanxibi, ngoba
wasidala ngomfanekiso waKhe. ImiBhalo eNgcwele
isho lokhu. Umnxibi oya endlini yomuntu ocebile
ayocela izipho uthola isabelo somnxibi. Kodwa
indodana ingathola noma yini kuyise ocebile. Ngakho-
ke, akufanele siziphathe njengabanxibi.**

**Abanye abantu babonakala benakho konke futhi
bazalelwa ebukhazikhazini nasentuthuzelweni,
kuyilapho abanye bebonakala bekhanga izinkinga**

**nokwehluleka Uphi umfanekiso kaNkulunkulu kubo?
Amandla omoya waphezulu ahlala ngaphakathi kithi
sonke Kodwa singawahlakulela kanjani lawo mandla?
Mhlawumbe uke wazizwa udangele esikhathini
esidlule ngoba imithandazo yakho yayingabonakali
iphendulwa, kodwa ungalahli ithemba nokholo Ukuze
wazi ukuthi imithandazo yakho iyasebenza noma cha,
kumele ube nokukholelwa okuyisisekelo emandleni
omthandazo ngaphakathi kuwe**

**Mhlawumbe imithandazo yabanye abantu
ayiphendulwa ngoba bekhetha ukucela Ngokufanayo,
umuntu kumelwe azi ukuthi yini okufanele ayicele
kuNkulunkulu Ungathandaza ngenhliziyo yakho yonke
nangamandla akho onke ukuze udle umhlaba nakho
konke okukuwo, kodwa imithandazo yakho ngeke
yamukelwe ngoba yonke imithandazo ehlobene
nokuphila okubonakalayo inqunyelwe ngokwemvelo,
futhi empeleni, kufanele inqunyelwe Kodwa kukhona
indlela efanele yokuthandaza Kuthiwa ikati
linokuphila okuyisishiyagalolunye Kodwa ubunzima
bunokuphila okungamashumi ayisishiyagalolunye
nesishiyagalolunye! Kufanele uthole indlela
ephumelelayo yokususa "ikati lobunzima" Imfihlo
yomthandazo ophumelelayo itholakala ekushintsheni
isikhundla somuntu kusuka kwesomuntu ocelayo uye
kwesomuntu onelungelo Uma ucela kuNkulunkulu
okuthile okunjalo okungokomoya, umthandazo wakho
uzoba namandla nokuhlakanipha**

Imbewu yempumelelo ilele emandleni okuzimisela

**Iningi labantu liyakhathazeka kakhulu lapho
lizama ukufeza into ebaluleke kakhulu kubo Ukwenza
ngokukhathazeka nokwesaba akudonseli amandla
aphezulu, kodwa ukusetshenziswa okuzolile**

**nokuqhubekayo kwamandla okuzimisela
kuyanyakazisa amandla endalo yonke futhi kuletha
impendulo evela ku-Absolute engapheli. Imbewu
yempumelelo yakho konke ohlose ukukufeza
ingaphakathi kwentando yakho. Intando ephukile
futhi ichotshozwe ubunzima iba yisilima
okwesikhashana. Kodwa umuntu oqinile nozimisele
othi, "Umzimba wami ungase udwengulwe ube
yizicucu, kodwa ikhanda lentando yami liyohlala
liphakeme futhi liqhutshwa ukuzimisela," ubonisa
izinga eliphakeme kakhulu lamandla okuzimisela.**

**Amandla okuzimisela kanye nesiqondiso sawo
esifanele yikona okuphakamisa futhi kuphakamise
isikhundla somuntu Uma umuntu eyeka ukusebenzisa
amandla okuzimisela, uba ngumuntu ovamile,
ongasebenzi kahle ezimweni eziningi Abaningi bathi
akufanele sisebenzise amandla ethu okuzimisela
ukushintsha izimo, ngenxa yokwesaba ukuphazamisa
uhlelo lukaNkulunkulu Kodwa kungani uNkulunkulu
asinike amandla okuzimisela uma engafuni
siwasebenzise? Ngake ngahlangana nendoda eqinile
eyathi ayikholelwa ekusebenziseni amandla
okuzimisela ngoba ondlalokazi ukuzigqaja Ngaphendula
ngathi, "Usebenzisa amandla akho okuzimisela
njengamanje, futhi ngamandla amakhulu, ukumelana
nami Usebenzisa wona ukukhuluma, ukuma,
ukuhamba, ukudla, ukuya kuma-movie, ngisho
nokulala Ufuna konke okwenzayo Ngaphandle
kwamandla okuzimisela, uba irobhothi"
Kungumsebenzi womuntu ukuvumelanisa intando
yakhe, elawulwa yizifiso, nentando kaNkulunkulu
Ngakho-ke, lapho umthandazo ofanele wenziwa njalo,
uba amandla okuzimisela ngokwawo**

Kumelwe ukholelwe ekutheni kungenzeka uthole lokho okuthandazelayo Uma uthandazela ukuba nendlu, futhi ngesikhathi esifanayo ingqondo yakho ithi, "Ungayithenga kanjani indlu, siwula?" unciphisa intando yakho ngokucabanga okunjalo Uma ususa inkulumo ethi "Angikwazi" engqondweni yakho, uthola amandla aphezulu Yiqiniso, izindlu aziwi esibhakabhakeni, futhi ukuze uthole indlu, kufanele usebenzise amandla okuzimisela futhi uthathe izinyathelo ezakhayo ukuze ufeze umgomo wakho Uma uphikelela futhi wenqaba ukuvuma ukwehluleka, uzokwazi ukubonakalisa lokho okufisayo Futhi uma usebenzisa lawo mandla okuzimisela njalo ngemicabango nezenzo zakho, izifiso zakho zizogcwaliseka, futhi konke okulangazelelayo nokulangazelelayo kuzokuza kuwe Uma uqhubeka nokulwela ngokuzimisela nokuphikelela, umphumela oyifunayo uzovela ngandlela thile, noma ngabe lokho okufisayo akukhona ngempela kuleli zwe. Kulawo mandla okuzimisela kukhona impendulo yaphezulu, ngoba intando enhle ivela kuNkulunkulu. Intando ephikelelayo iyintando yaphezulu.

Shisa imbewu yemicabango emibi

Intando ebuthakathaka iyintando yomuntu ebuthakathaka Lapho izilingo nokwehluleka kuyihlaba futhi kuyidabula, ilahlekelwa ukuxhumana kwayo noMenzi ongenamkhawulo Kodwa ngemuva kwentando yomuntu kulele intando kaNkulunkulu, engazi ukudumazeka noma ukunqoba Ngisho nokufa, ngamandla akho onke, akukwazi ukuphula noma ukuvimbela intando kaNkulunkulu uNkulunkulu ngokuqinisekile uzowuphendula lowo mthandazo oqhutshwa yintando yokuzimisela nokuphikelela okungantengantengi

Iningi labantu livilapha futhi libuthakathaka, kungaba ngokomzimba, ngokwengqondo, noma kokubili. Bafisa ukuzindla kodwa bacabanga ngokulala kuphela. Lapho nje ubuthongo bubafikela, balala ubuthongo obukhulu, futhi lokho kuphetha ngomthandazo! Kulesi simo, amandla okuzimisela ayafihlwa. Ubuchopho bomuntu ojwayelelele bugcwele imbewu ethi "Angikwazi" Wazalelwa emndenini onezimpawu nemikhuba ethile, bathonywa yilezi zinto, beqiniseka ukuthi abakwazi ukwenza lokhu noma ukuthi Lezi zimbewu eziyingozi kumele zishiswe futhi ithonya lazo lisuswe ekuqondeni. Unamandla okufeza noma yini oyifunayo. Lawo mandla angaphakathi kwentando yakho.

Labo abafisa ukuhlakulela amandla okuzimisela badinga inkampani enhle Uma ufisa ukuba yisazi sezibalo esihle futhi ofunda nabo bengathandi izibalo, intshiseko yakho ngokungangabazeki izonciphisa. Kodwa uma uzihlanganisa nososayensi bezibalo abanekhono, amandla akho okuzimisela azoqina, futhi uzokwazi ukuthi, "Uma abanye bengaphumelela, nami ngingaphumelela."

Ungasheshi ukwenza izinto ezinkulu ukuze nje wakhe amandla akho okuzimisela Ukuze uphumelele, kufanele uqale uvivinye amandla akho okuzimisela ngezinto ezincane obucabanga ukuthi awukwazi ukuzenza. Uma wenza umzamo, impumelelo izolandela.

Ngisakhumbula yonke imigomo abangane bami nabanye abangitshele ukuthi angisoze ngayifinyelela, kodwa ngayenza Laba bantu abanezinhloso ezinhle bangadala umonakalo omkhulu ngemibono yabo Kwangathi uNkulunkulu angasivikela kubo kanye

**neseluleko sabo Ubungane bunethonya elikhulu
emandleni okuzimisela Ukuya emidansweni
enotshwala nomculo ophakeme, esikhundleni
sokuzindla endaweni yokuthula, kungcolisa ingqondo
ngothuli lokudlidliza kwezwe okujiyile kangangokuthi
kunjima ukukususa Amandla okuzimisela komuntu
aqiniswa noma abuthakathaka
ngokungenakugwenywa yithonya labangane bakhe
Ukuthuthukisa amandla okuzimisela ngokuzikhandla
kuphela kunjima kakhulu Udinga isibonelo esihle
ongasilingisa Uma ufuna ukuba ngumdwebi, uphile
uzungezwe imidwebi emihle futhi uhlale uxhumene
nabadwebi Uma ufuna ukuba ngumuntu ongokomoya,
hlala uxhumene nabantu abangokomoya abanesimo
esihle**

**Kukhona umehluko omkhulu phakathi kokukholwa
nokuhlangenwe nakho Ukukholwa kuvela ezintweni
ozizwile noma ozifundile futhi wazamukela
njengamaqiniso ayisisekelo Okuhlangenwe nakho,
ngakolunye uhlangothi, yilokho okubonile mathupha
futhi okuqonde ngempela Ukuqiniseka kwalabo abake
babhekana noNkulunkulu akuguquki Uma ungakaze
unambithe i-orange, ungakhohliswa ngezakhiwo zalo
Kodwa uma uke wadla i-orange ngaphambili,
awukwazi ukudukiswa, ngoba uke wanambitha
isithelo futhi usazi kahle**

Funa abangane abaqinisa ukholo lwakho

**Imibono ngoNkulunkulu, impumelelo,
ukuphulukiswa, njalo njalo, konke kuhlala
engqondweni yakho njengezinto ezingokwengqondo.
Zama. Ukuze uvivinye imibono yakho, kumelwe
usebenzise amandla akho okuzimisela ukuze uyiphile.
Ukuze uhlakulele amandla okuzimisela adingekayo,**

**kumelwe uhlangane nabantu abanesifiso
esinamandla. Uma ufisa ukuphulukiswa ngentando
kaNkulunkulu, funa abangane balabo abaqinisa
ukholo lwakho futhi banike amandla intando yakho.**

**Ngadabula lonke elaseNdiya ngifuna umuntu
omaziyo uNkulunkulu ngempela, kodwa
babengavamile Bonke othisha engangihlangana nabo
babehlanganyela izinkolelo zabo siqu Kodwa
ezindabeni ezingokomoya, ngangizimisele
ukunganeliseki ngamazwi nje ngoNkulunkulu
Ngangifuna ukuzwa Yena futhi ngizwe ngempela
ukuba khona Kwakhe Lokho engangikutshelwe
kwakungenamsebenzi ngaphandle kokuthi
ngikuqonde ngokuhlangenwe nakho kwami**

**Ngesinye isikhathi, ngangikhuluma nomngane
wami ngabangcwele baseNdiya. Umngane wami
wayengumdayisi, futhi wayengathandi njengami.
Kunalokho, wathi, "Bonke labo obabiza ngabangcwele
empeleni bangamaqili angamazi uNkulunkulu."
Angizange ngiphikisane naye, kodwa ngashintsha
indaba, saqala ukukhuluma ngomsebenzi
wokuthengisa impahla. Ngemva kokungitshela
okuningi ngakho, ngathi ngobumnene, "Uyazi ukuthi
akekho noyedwa umdayisi othembekile eCalcutta,
nokuthi bonke bangabaqambimanga?" Wathukuthela
waphendula ngolaka, "Futhi yini oyaziyo
ngabadayisi?" Ngaphendula, "Yilokho kanye
ebengikusho Futhi yini oyaziyo ngabangcwele?"
Wayengakhulumi Ngaqhubeka ngokuthula
nangomusa, "Angazi lutho ngokuthengisa impahla,
futhi awazi lutho ngabangcwele"**

**Umkhuba wenkolo usufinyelele eqophelweni lapho
abantu abaningi bengasakwazi ukuhumusha imibono**

**yabo engokomoya ibe yinto abayiphile Ngikhuluma
lapha ngokubona kwami Angifisi ukukhuluma
ngezinto engizaziyo ngokwengqondo kuphela Abantu
abaningi bafunda izincwadi ezimbalwa mayelana
neqiniso bese bezenelisa ngaphandle kokwenza
umzamo odingekayo wokuqonda iqiniso elingemuva
kwamagama Izimemezelo ezingenalutho kanye
nezimemezelo ezingenalutho zamaqiniso angokomoya
azisizi ngalutho futhi azishiyi mbono omuhle Kumelwe
sihlukanise phakathi kwezintshumayelo zomuntu
kanye nendaba yakhe yokuphila Noma ubani ofisa
ukufundisa abanye kumele aqale abonise ukuthi
usekubonile ngempela lokho akufundayo futhi uqonde
ngokuhlangenwe nakho lokho akushoyo**

**(Futhi ngithole umuntu engelutho ngaphandle
komkhiqizo wemizamo yakhe)**

**Noma ngubani olwela kanzima ufanelekela
kakhulu udumo**

Ngesifiso esikhulu, ukhuphukela phezulu

**Lowo owayenezifiso eziphakeme kakhulu nguyena
owayebonakala kakhulu**

Labo abafuna intuthuko abalibali

**Futhi lowo owayefuna ukufika sekwephuzile
akazange eze ngaphambili**

Ukuthula makube phezu kwakho

Ukuziqalela kanye nomoya wokudala

**Uma sibheka izigcawu ezingenakubalwa
nezingapheli zaleli zwe, lapho isixuku sabantu
sigijima ngejubane ezigabeni zokuphila, sigcwala**

ukumangala futhi sizibuze ngemfihlo engemuva kwalesi simo esingavamile Uyini umgomo wokugcina wohambo lwethu? Futhi iyiphi indlela engcono kakhulu yokuwufinyelela?

Iningi lethu lizulazula ngokungenanjongo, ngaphandle kwenhloso noma isiqondiso, njengezimoto ezigijimela ebumnyameni Njengoba sihamba ngezindlela zokuphila ngokunganaki nangokunganaki, asikwazi ukuqonda injongo yohambo lwethu. Asiqapheli ukuthi sihamba emigwaqweni egobile engasiholeli ndawo, noma indlela eqondile eholela ngqo endaweni esiyifisayo. Futhi singayithola kanjani injongo yethu uma singakaze siyicabangele?

Iningi labantu—naphezu kokungazi injongo yokuphila—linokuthatha isinyathelo esanele sokuchaza nokuphishekela imigomo yalo nokubhekana ngokufanele nendawo elikuyo kanye nezimo zalo. Futhi kuyini ukuthatha isinyathelo? Kuyikhono lokudala, inhlansi yoMdali ongenamkhawulo ekhona ngaphakathi kwethu sonke.

Izingqondo zabantu abaningi zinjengezinjini zamandla ehhashi elilodwa! Naphezu kwamandla amakhulu engqondweni yomuntu ngamunye, bambalwa kakhulu abasebenzisa lawo mandla angakasetshenziswa Izintshisekelo zabantu zivame ukukhawulelwa futhi zilinganiselwe ezidingweni zokuphila ezifana nokudla, ukusebenza, ukuzijabulisa, ukulala, nokunye okunjalo

Izazi zengqondo zithi kunomehluko owodwa oyinhloko phakathi kwabantu nezilwane: kuzo zonke izidalwa, abantu yibona kuphela abahlekayo (mhlawumbe ngaphandle kwezinkawu nezimpisi

ezikhalayo) Ukuhleka kuyazuzisa, futhi uma umuntu engasebenzisi lesi siphos, uphuthelwa esinye sezici ezibaluleke kakhulu zentuthuko yomuntu Akufanele sifane nalabo ababheka impilo ngombono oqinile, ongathi sína, abangahleki noma abamomothekayo, futhi ngenxa yalokho, abakaze bayijabulele ngempela impilo

Ngaphezu kwekhono lomuntu eliyinqayizivele lokuhleka, abantu banelinye ikhono elingavamile: elinye elikhulu kunawo wonke, ikhono lokudala noma lokusungula izinto ezintsha. Iyini leli khono eliyimfihlakalo neliyimfihlakalo? INTshonalanga iyizwe lokusungula izinto ezintsha zesayensi okusebenzayo, kwezimboni, nokusetshenziselwe ukusetshenziswa. IMpumalanga iyizwe lokukhanyiselwa nokudala okungokomoya. Ngakho-ke, umoya wokuziqalela yikhono lokudala—ukwenza into okungekho muntu owake wayenza ngaphambili, ngezindlela ezintsha.

Umoya wokudala yikhono lokudala elivela kuMdali

Yini abantu abenze ngayo ngalesi siphos esingcwele? Bangaki abazama ngempela ukusebenzisa amandla abo okudala? Amasonto, izinyanga, neminyaka idlulile futhi iyaqhubeka idlula, futhi ayishintshi, ishintshwa kuphela ubudala. Umuntu odala ukhanya njengenkanyezi ekhazimulayo egijima emkhathini, edala okuthile kusukela ezeni futhi enza okungenakwenzeka kwenzeke ngamandla okudala omoya ophakeme.

Kunezinhlobo ezintathu zabadali:

Kunezigaba ezivelele, ezivelele, nezingavamile; izigaba eziwayelele; kanye nezigaba eziwayelele

Bese kuba namakhulu nezinkulungwane ezingabhekwa njengezingelutho

Zibuze lo mbuzo: "Ngake ngazama ukwenza into okungekho muntu owake wayenza ngaphambili?"

Leso yisiqalo sokuvuselela umoya wokuziqalela nokwenza izinto ngendlela engabonakali.

Ungafani nalabo abakholelwa ukuthi abakwazi ukwenza ngendlela ehlukile kwevamile nejwayelekile. Bafana nabantu abalalayo. Iziphakamiso abazithola engqondweni yabo ziye zabaqinisekisa ukuthi bonke bafana.

Sekuyisikhathi sokuba umuntu azivuse esimweni sakhe sokungazi nokumangala futhi aziqinisekise ukuthi uneziphiwo ezinkulu kakhulu zobuntu: umoya wokudala.

Wonke umuntu unenhansi yamandla angavamile, okumenza akwazi ukudala into engakaze ibonwe ngaphambili. Ngeshwa, abantu bavame ukuba ngaphansi kwethonya elinamandla lendawo abakuyo futhi abenzi mzamo wokugqashula ekudonseleni kwayo okunamandla. Uma umuntu ethi, "Akunamsebenzi ukuzama, sekuvele kwenziwe," bavumela ukuba babe yisisulu sokuqonda kwezwe okungenawo amandla okuzimisela futhi okuqeda isifiso. Yingakho abantu abaningi behluleka empilweni.

Lokhu kusebenza nasesicini esingokomoya. Bangingi abahlala bengashintshi kukho konke ukuphila kwabo. Naphezu kokunganeliseki kwabo ngenxa yokucabanga kwabo okulinganiselwe kanye nokuhlangenwe nakho okulinganiselwe, besaba

ukucabanga ngendlela ehlukile kunendlela abakhuliswe ngayo. Umuntu kumelwe azivumelanise nezivivinyo zokuphila ngokuvumelana neziqondiso zikanembeza wakhe kanye nezikhuthazo zenhliziyo yakhe, futhi angenzi ngokungacabangi ngaphandle kokuqonda.

Uthisha wami ohlonishwayo, uSri Yuktswarji, wangitshela:

"Uma ukholelwa ngempela kuNkulunkulu futhi ufisa noma yini, uNkulunkulu uzokunika leyo nto noma ngabe ayikho endaweni yonke."

Nganginokholo oluqinile kuNkulunkulu nasentandweni yami, futhi ngangihlala ngithola ukuthi amathuba amasha ayedalwa ukuze ngithole izinto engangizifuna

Amandla okudala ngaphakathi kwesintu ahlala ethule, engathuthukiswanga futhi engasetshenziswa. La mandla angokwemvelo futhi angokwemvelo, akhona kuwo wonke umuntu ngaphandle kokukhetha, kodwa abantu bayahluleka ukuwasebenzisa. Ngakho-ke, lo moya wokudala ungavuswa kanjani?

Uma ungakathuthukisi amakhono okucabanga okudala ukuze wakhe indlela yakho, ungazama ukuthuthukisa into eyenziwe ngomunye umuntu ngaphambili. Umzamo wokuthuthukisa izinto ezintsha zabanye yindlela evame kakhulu

Uhlobo lwesibili noma oluphakathi lomoya wokudala lubonakala kulabo abaqamba noma abasungula izinto ezintsha, kodwa ngaphandle kokubaluleka okubalulekile.

Ikhwalithi engavamile yomoya wokudala yiyo evumela umniniyo ukuba ame phambi komhlaba ngokukhanya okukhazimulayo, njengabantu abakhulu abaletha izinto ezintsha nezizuzisayo emhlabeni, izinto okungekho muntu owake wazenza ngaphambili. Laba bantu abahlakaniphile abavelele babenomoya wokudala ongenakunqotshwa, osekelwa yintando engaguquki yokufeza imigomo yabo. Ingabe uNkulunkulu wabathanda laba bantu abakhulu, wabanika ubukhulu obuhlukile kangaka? Ingabe uNkulunkulu wayezobakhetha ukuba bathole inkazimulo enjalo ngaphezu kwabo bonke abanye? Ngokuqinisekile akunjalo. Bamane basebenzisa izipho zabo zokudala ukubonakalisa ubukhulu nenkazimulo eyifa lawo wonke umuntu, ngoba benziwe ngomfanekiso kaNkulunkulu, umthombo wakho konke ubuciko kanye nokusungula izinto ezintsha.

Labo abafisa ukuzidumisa ababona abakhulu ngempela. Begcwele ukuqhosha, ukuzidla, nokuzigqaja, abatholi ukwesekwa okuvela kuNkulunkulu. Labo abathanda ukupha, abakhuthaza abanye ukuba baveze amakhono abo, bathuthukise amakhono abo, futhi bahlakulele ukuzethemba bangabantu abakhulu ngempela.

Iningi lalabo ababa bakhulu laliqondiswa ngokungazi: babenokuthinta kobukhulu okwasebenza njengesisekelo abakha phezu kwaso isakhiwo sezimpilo zabo, baba ngabavelele futhi abavelele ngendlela emangalisayo emkhakheni wabo wokudala.

Uma unekhwalithi yobukhulu, kusho ukuthi uqondiswe ngokungazi amandla engqondo, amandla awo akwenze wakwazi ukuthuthukisa amandla akho okudala ngokuvula iziteshi ezifihliwe

**emphefumulweni wakho futhi uzixhumanise
nokuqonda okuphelele, umthombo wazo zonke izinto
zokuqala kanye nobuciko.**

**Ubukhulu bungenziwa futhi, okusho ukuthi
bungakhuliswa ngokuthuthukisa amakhono akho
nokusheshisa ukukhula kwakho. Kukhona indlela
yokuba umuntu abe mkhulu ngokuthola la mandla
angavamile, amangalisayo. Ngokwenza
ngokuhlakanipha nangokuqeqeshwa okufanele,
umuntu angakhulisa umoya wokudala futhi akhulule
amandla awo. Labo abenze umzamo omkhulu isikhathi
eside yibo manje abajabulela ukugcwaliseka
kwamathemba abo kanye nokugcwaliseka
kwamaphupho abo. Amandla angaphakathi alele
kumele avulwe, futhi umsebenzi onzima kumele
usetshenziswe ukuze kunqotshwe lokho okubonakala
kunjima futhi kungenakunqotshwa.**

**Umuntu onesifiso sokuvelela kumele alungele
ukubekezelela imibono enzima yezwe kanye
nokugxekwa okulimazayo ukuze aphumelele kunoma
yimuphi umkhakha, kungakhathaliseki ukuthi
ungowezinto ezibonakalayo noma ongokwengqondo.
Umuntu kumelwe futhi aqaphele imibono edumazayo
yalabo abanombono olinganiselwe uma efisa ukuba
ngumuntu wokuqala, onekhono lokudala, nokuqamba
izinto ezintsha, futhi uma efisa ukucabanga
nokukhuluma ngendlela ehlukile, ngisho nakancane
nje intshiseko yomuntu kumele ingaguquki,
ingavumeli isithukuthezi noma ukunganaki kungene
endaweni yayo.**

**Labo abanomoya omuhle wokudala bagwinya
zonke izinkinga, izinkinga kanye nezithiyo,
bekholelwa ekujuleni kwenhliziyo ukuthi balungile**

Ngobuqotho obungantengantengi kanye nokuqina okumelana nokuntengantenga nokuhlehla, qhubeka nesibusiso sikaNkulunkulu, wazi ukuthi amandla okudala angenamkhawulo azobamba isandla sakho futhi akusekele endleleni.

Okokuqala, umuntu kumelwe athinte ngamandla angenamkhawulo ngamabomu. La mandla abusisiwe angumthombo wakho konke ubuciko kanye nokusungula izinto ezintsha. Uma lokhu sekwenzekile, kokubili ingqondo eqondayo kanye neqondayo igcwala amandla kanye nentando.

Kwase kuyiminyaka ngesaba ukulahlekelwa umoya wokudala engangiwhlakulele ngaphakathi kwami ngaphansi kwezimo ezinzima kanye nezilingo ezinzima Kodwa manje sengiyabona ukuthi umthetho wokugcina, ongenamkhawulo uhlala ngaphakathi komphefumulo wami Lowo mthetho ongcwele uyisisekelo sayo yonke isayensi, ubuciko, nolwazi Futhi uma ngisekelwa yilokho kusekelwa kwaphezulu, akunakwenzeka ukuba ngehluleke

Uma ufisa ukudala into emangalisayo nemangalisayo, hlala buthule uzindle ngokujulile uze uzizwe amandla angenamkhawulo okudala ahlala ngaphakathi kuwe. Zama ukwenza into entsha. Kodwa qiniseka njalo ukuthi imizamo yakho isekelwa yisici esikhulu sokudala esikhona, ukuthi lesi sici esibusisiwe singemuva kwakho konke okwenzayo, nokuthi sizogcwalisa amathemba akho futhi siqhakambise imizamo yakho ngempumelelo.

UNkulunkulu uSomandla ufuna siqondiswe amandla okudala angenamkhawulo omoya waphezulu Abantu bavimbe umthombo wamandla okudala emiphefumulweni yabo ngokunganaki nokuvilapha,

futhi kumele basuse zonke izithiyo kanye nemfucumfucu evimbela amanzi angcwele ukuthi ageleze ngokukhululeka kuzo zonke izinhlangothi. Kumelwe babe nesinqumo esingaguquki kanye nentando esebenzayo yokwenza okuhle, bese amaphupho egcwaliseka futhi izifiso ezinhle zifezeke.

Iningi labantu liyaneliswa ukumane liphinde lisho imibono yabanye futhi alivamile ukuvela nomcabango owodwa wokuqala. Kuhle ukuzuza emibonweni emihle yabanye, kodwa kungumsebenzi wawo wonke umuntu ukwengeza okuthile okusha, kungaba ukuhlakanipha noma izinto ezibonakalayo, efeni lomhlaba futhi kucebise ingcebo yolwazi lwabantu. Umuntu ngamunye unezimfanelo ezihlukile namakhono ajulile alinde ukutholakala nokusebenza.

Ekuqaleni, ngangingabaza ukuba uthisha. Ukuzibophezela kuyinto ebalulekile futhi imithwalo yemfanelo mikhulu. Uthisha kumele abe ngumuntu okwaziyo ukwamukela ukushaqeka ngoba lapho eqala ukukhathazeka nokudideka, akakwazi ukusiza labo abafuna usizo lwakhe.

Uthisha weqiniso kumelwe athande futhi akhonze wonke umuntu, aqonde isintu, futhi azi uNkulunkulu Lapho umeluleki wami, uSeri Yokstuargi, engitshela ukuthi indima yami kulokhu kuphila kwakuwukuba umfundisi ongokomoya, ngaphendukela kuNkulunkulu, ngabeka ithemba lami kuYe, futhi ngathandazela usizo nesiqondiso saKhe.

Ngesikhathi ngiqala ukunikeza izinkulumo, ngenza inhloso yami ukuthi izinkulumo zami zingatholakali ezincwadini naselwazini lwethiyori, kodwa zivela ekuphefumulelweni kwangaphakathi kanye nokuhlangenwe nakho komuntu siqu, ngazi

kahle ukuthi amandla okudala anomthombo ongapheli futhi ukugeleza kwawo akupheli kusemuva kwemicabango namazwi ami.

Lawo mandla asetshenziswe nasezindaweni eziningi ukusiza abanye emsebenzini wabo nangezinye izindlela ezahlukene.

Angishongo ukuthi, "Nkosi, ngenzele mina"

Kunalokho, ngathi: "O Nkosi, ngifuna ukwenza lokhu, kodwa kuphela ngesiqondiso sakho nezibusiso zakho ngiyakuncenga ukuba ungikhuthaze futhi ungibambe ngesandla"

Ungenza izinto ezincane ngendlela eyingqayizivele Ungaba ngcono kakhulu ensimini yakho Akufanele silandele njalo izindlela ezinyathelwe kahle; kufanele sizakhele ezintsha thina nabanye Umuntu angenza into okungekho muntu owake wayenza ngaphambili—into ebamba izingqondo futhi ijabulise umhlaba

Ungafakazela ukuthi umoya wobuNkulunkulu odala uhlala ngaphakathi kuwe futhi usebenza ngawe. Isikhathi esidlule sesidlulile futhi manje sesingumlando. Ngisho noma amaphutha akho ayejule njengolwandle, ingqikithi yomphefumulo inamandla kakhulu ukuba ingagwinywa yiwo. Kodwa leli qiniso alisho lutho uma umuntu ephikelela ekucabangeni kwakhe okunephutha nasezenzweni ezingalungile ngaphandle kokwenza umzamo oqotho wokulungisa inkambo yakhe nokuzilungisa.

Kodwa sinxusa abantu abafisayo abaqotho nabaqotho ukuba babe nesinqumo esiqinile kanye nokuzimisela okuqinile ukuqhubeka endleleni

ngaphandle kokuvumela amaphutha esikhathi esidlule ukuthi avimbele intuthuko noma imibono elinganiselwe ukuthi ibophe intando.

Impilo ingaba lusizi futhi isimo sibe lusizi; ubunzima bungavela futhi amathuba anganyamalala engabonakali. Kodwa qaphela ukuthi ungavumi ukwehluleka noma uthi kuwe, "Konke sekuphelile kimi, uNkulunkulu ungilahlele" Ngoba uma wenza kanjalo, uzozibhubhisa, futhi akekho ozokwazi ukukusiza ngaleso sikhathi.

Umndeni wakho ungase ukulahle, inhlanhla ingakushiya, abangane bangakushiya, futhi amandla obuntu kanye nemvelo angakuceba. Kodwa uma nje unokholo kuNkulunkulu kanye nentando enamandla, ungaxosha ukuhlaselwa kwekusasa futhi umelane nobunzima njengedwala eliqinile lapho amagagasi anamandla eqhuma khona, futhi uhambe ngesinyathelo esiqinile nekhanda liphakanyisiwe, njengoba kufanele amadoda nabesifazane abahloniphekile.

Ngisho noma unqotshwa izikhathi eziyikhulu, zama futhi uzimisele ukuthi uzonqoba ubunzima futhi uwine umqhele wenkazimulo. Ukudumala akuhlali njalo, futhi ukukhungatheka kuyisilingo sesikhashana. UNkulunkulu ufuna ukuthi unqobe futhi unganqotshwa, nokuthi amandla aphelele angaphakathi kwakho avele, ukuze ukwazi ukufeza indima yakho enhle esiteji sokuphila. Yiba nethemba, futhi uzothola okuhle, futhi ukhumbule, "Ngempela, ubunzima buza nokululama."

Yiba nokholo kuNkulunkulu futhi uthembele ezibisisweni Zakhe

Ngoba ngemva kobusuku obumnyama kakhulu kufika ukusa nokukhanya

Kodwa uzoyithola kanjani indima ekufanele empilweni? Uma wonke umuntu efuna ukuba ngamakhosi nomongameli, obani ababazoba yizinceku nezinceku? Indima yenkosi kanye nendima yenceku kubaluleke ngokulinganayo kulo mdlalo uma nje abadlali befeza izindima zabo ngempumelelo.

Futhi ngenxa yalesi sizathu, sifike kuleli zwe sinomehluko ohlukile, izifiso, kanye nokuthambekela ezintweni ezihlukahlukene nezinto esizithandayo. UNkulunkulu wayehlose ukuthi leli zwe libe yindawo yokuzijabulisa yethu ngenkathi singekho ekhaya lethu lasezulwini. Kodwa siyakhohlwa uhlelo lomqondisi waphezulu kanye nomqondisi walesi sigaba futhi sifisa ukudlala izindima zethu ngokwalokho esikubona kufanele, hhayi njengoba uNkulunkulu ethanda. Yingakho kuvela lesi siphithiphithi, lapho isiphithiphithi kanye nokuxokozela kusakazeka emhlabeni wonke.

Abantu bayahluleka esiteji sokuphila ngoba bazama ukudlala izindima ezihlukile kulezo ezazihloselwe bona ekuqaleni Ngezinye izikhathi, umuntu ohlekisayo udonsela ukunaka nokunconywa okukhulu kunenkosi Ngakho-ke, kungakhathaliseki ukuthi indima yakho ingase ibonakale incane kangakanani, yenze ngokusemandleni akho nangonembeza ohlanzekile, futhi emehlweni kaNkulunkulu, uzoba phakathi kwabaphumelelayo

UNkulunkulu usifisela okuhle Uma izindima esizidlalayo zibuhlungu noma zibuhlungu, akufanele sihlubuke empilweni kodwa kufanele siqinise ukholo

**Iwethu kuNkulunkulu (Futhi kulokhu, uMprofethi,
ukuthula makube kuye, uthe :)**

**"UNkulunkulu akasithumeli isifo ngaphandle
kokwehlisa ikhambi laso. Ngakho-ke hlangabezana
nokuhlupheka ngokunxusa."**

**(O mphefumulo, ungalahli ithemba ngenxa
yobunzima obukhulu)**

**Futhi ngiyaqiniseka ngokukhululeka kuMdali,
uNkulunkulu wendalo yonke**

Zingaki izinkinga ezifikile zadlula, zabe sezidlula?

Ngemva komthelela wayo emalini nasezimpilweni)

Ama-Symphony Angokomoya
Amazwi, izinkondlo, izeluleko kanye nokuqinisekiswa
Ingcweti



Kumelwe sifunde ukuzidela, ngoba ukuthola injabulo
ngokwenza abanye bajabule kuwumgomo wangempela wabo
.bonke abathandi bakaNkulunkulu, abakholwa kuYe
Ukuletha injabulo kwabanye kuyinto emangalisayo futhi
ebaluleke kakhulu ekufezeni injabulo yethu, futhi ngokwayo
kuyisenzo esivuzayo

Abanye abantu bazicabangela bona kuphela, bethi,
"Konke okubalulekile kimi ukujabula" Kodwa ngeshwa, yibo
abantu abanjalo abangasoze bathole injabulo
Akunconywa ukufuna injabulo yomuntu siqu kuyilapho
.ungazinaki injabulo nenhlalakahle yabanye

Lowo oweba imali yokuziphilisa yabanye ngokunganaki
angase acebe, kodwa ngeke ajabule, ngoba inzondo
.yabanye kuye iyoba yingozi kakhulu kunobuthi obubulalayo
:Umthetho kaNkulunkulu ubeka okulandelayo
Uma othile ezama ukuphila ngokunethezeka
ngokulimaza abanye, labo abanye bazozama ukwenza impilo
yakhe ibe nzima Kodwa uma bezama ukujabulisa abanye,
ngisho noma belimaza eyabo, abanye bazocabanga
ngenhlahlakahle yabo kanye nenjabulo yabo Uma sicabanga
ngezidingo zethu ezibalulekile, kufanele sicabange
nangezidingo zabanye Futhi uma sibonisa ukubakhathalela,
sizobafisela okuhle nenjabulo
Umuntu onozwela uphila ngokuthula nomndeni wakhe
kanye nomhlaba omzungezile. Ngakolunye uhlangothi,
umuntu onobugovu uhlala ebhekana nezinkinga, akhubeke,
.futhi alahlekelwe ukuthula kwengqondo
Uma uqaphela ukuthi uNkulunkulu ungukuthula
ngaphakathi kuwe, uzobona ukuthi ungukuthula nokuzwana
kuzo zonke izinto ezinhle endalweni, futhi uzombona
ebuhleni bemvelo, uzizwe useduze kwakhe ebunganeni
obuqotho, futhi uzwe izibusiso zakhe ezifisweni ezinhle
nezinjongo ezihloniphekile ezingenazo izinhloso zobugovu.
Uzozwa ukuba khona kwakhe ngemuva kwezimbozo
.zokuthula nakuzo zonke izinto ezinhle
Nqonqotha ngobuqotho emnyango bese isihengo
sizosuswa bese ubona ubuso obukhazimulayo kakhulu
ngobuhle baso bonke nobuhle baso
Uma uthanda uNkulunkulu, uzozwa uthando Lwakhe
futhi akukho okunye okuzokukhohlisa
Ukhangwa yizinto ezibonakalayo ngoba
awukayinambithi injabulo engokomoya, futhi uma
.uyinambitha uzowazi umehluko
Khululeka ukukhetha. Ungavumeli lutho lukuvimbele,
futhi ungavumeli muntu akulawule noma aphazamise
.injabulo yakho

Wena uqobo lwakho uyingxenye ehlukile yendawo
yonke futhi kufanele uthole leyo ndawo ephelele ukuze
uzizwe unenjabulo futhi unambithe injabulo yothando
.Iwaphezulu

Iningi labantu alikwazi ukudala ibhalansi edingekayo
phakathi kokuphila kwabo okungokoqobo nokomoya
Umuntu ongokomoya udinga imali, futhi umuntu wezwe
akanakuphila ngenjabulo ngaphandle kukaNkulunkulu
Umuntu ongokomoya uyasebenza, futhi amazwi akhe
angakhulunywa athi: UNkulunkulu unginika amandla futhi
unginika ukuzimisela, ngakho uyandisa amandla futhi
.uNkulunkulu uyayibusisa imizamo yakhe
Umuntu wezwe naye uyasebenza, kodwa uthi: Nginguye
owenza konke lokhu ngedwa, futhi akekho onomusa kimi,
ngakho uletha imiphumela engalindelekile kuye futhi awele
.ezingozini

Yonke imisebenzi engokoqobo, kungakhathaliseki ukuthi
ingeyezinjongo ezibonakalayo noma ezingokomoya, kumele
isekelwe ezimisweni ezinengqondo futhi ilawulwe unembeza
.kanye nokulinganisela kokucabanga

Phendukela kuNkulunkulu, mkhumbule, futhi umenze
abe yisizinda sempilo yakho Mbize futhi uthandaze aze
akuqondise futhi akubonise ukuthi imithetho Yakhe isebenza
kanjani Khumbula ukuthi ukuzindla ngoNkulunkulu nokuzwa
ubukhona Bakhe kungcono kunokuhlaziya nezincazelo
eziyisigidi Mtshale ukuthi awukwazi ukuxazulula izinkinga
zakho wedwa, noma ngabe ucabanga ngemibono
eyizigidigidi, kodwa ukuthi izixazululo zingenzeka uma
uzibeka ezandleni Zakhe Cela isiqondiso kuqala, bese
usicabangela ngezindlela eziningi ukuze uthole ikhambi
elifanele UNkulunkulu usiza labo abazisizayo Lapho ingqondo
yakho izolile futhi igcwele ukholo ngemva kokuthandaza
kuNkulunkulu ngokuzindla , uzokwazi ukubona ikhambi
elifanele lenkinga yakho ngosizo nesiqondiso sikaNkulunkulu

Uma inkolelo yomuntu emaqinisweni nasemathubeni
angokomoya iguquka ibe ulwazi lwangempela, lowo muntu
uba nempumelelo nolwazi olwengeziwe kunabo bonke
abafundi emhlabeni. Abantu abakhulu abaye bamazi
uNkulunkulu abadideki noma bahlushwa ukungabaza ngoba
.bahlangabezana neQiniso, elinguNkulunkulu
Nkosi, ngesikhathi ngiseyimpumputhe, angikwazanga
ukuthola umnyango oya kuwe. Uphulukise amehlo ami, futhi
manje sengithola iminyango ivulekile yonke indawo—
ezinhliziyweni zezimbali, emazwini abangani,
nasezinkumbulweni zezilingo ezinhle nezithandekayo.
Ukuphefumula komthandazo wami kuvula indlela entsha eya
.ethempelini lobukhona bakho obuphelele
Ukuqonda kwami akusekho ebhodleleni elincane
elibonakalayo elivalwe ngesikhonkwane sokungazi
Angisahambi phakathi kolwandle lwakho lwendalo yonke
ngaphandle kokuthinta amanzi olwandle Angisahlali ngilele
kuwe, O Nkosi, ngaphandle kokukubona noma ukuzwa
ubukhona bakho Ubukhona bami bonke manje bucwiliswe
ebukhoneni bakho obuphelele
Uma uvumelanisa zonke izenzo zakho noNkulunkulu
futhi ulandela imithetho yobuhle, ngeke wehluleke noma
uphambuke Khumbula ukuthi uthando lukaNkulunkulu lusiza
ekuthetheleleni izono eziningi Uma uzizwa umthanda
ngempela uNkulunkulu—hhayi nje imizwa, kodwa nothando
lwangempela—uzokhululwa
Akumelwe sinxuse uNkulunkulu ngezinhliziyi ezomile
nemicabango ezulazulayo, ngoba ukunxusa okufudumele
akwanele ukuthola impendulo yaphezulu. Impendulo
itholakala ngomthandazo oqotho nosuka enhliziyweni ovela
.ekujuleni kwenhliziyi
Ngaphandle kokuba umuntu engenise uNkulunkulu
empilweni yakhe futhi adale ibhalansi ephumelelayo,
izinkinga zizomfikela kungakhathaliseki ukuthi indlela yakhe
.yokuphila iyini

Nkosi, uma ngiphumelela ekuvivinyweni
nasekuvivinyweni kwempilo, ngizoqaphela ukuthi ngiyinyoni
yasepharadesi edumisa futhi ihlabelele izimangaliso zakho
ezingenamkhawulo nokuthi ubukhona bami obungokomoya
.bugcwele yonke i-athomu yokuphila

Ngivuse futhi ngandisa uthando lwami oluncane ukuze
luhlangane nomoya wothando lwendawo yonke lapho konke
okukhona kuphila futhi kuhamba khona
Ngokusiza abanye baphumelele, ngizizuzela ukukhula
nokuchuma, futhi ekuchumeni nasekuphileni kahle
.kwabanye ngithola injabulo yami

Ososayensi bake bacabanga ukuthi amanzi ayisici
esisodwa, kodwa izivivinyo zafakazela ukuthi izinto ezimbili
ezingabonakali, i-hydrogen ne-oxygen, ziyahlangana ukuze
zakhe amanzi ahlanganisiwe Ngokufanayo, kuneqiniso
elimangalisayo elingaqondwa ngokuhlangenwe nakho
okungokomoya Uma sihlala buthule sicabanga futhi
imicabango yethu iphendukela ngaphakathi, sibona ngqo
ubukhona bukaNkulunkulu, futhi lokhu kuyamangalisa ngoba
.imiphumela ayiyona eyangaphandle kodwa eyangaphakathi
Njengoba imisebe yelanga isakazeka, ngizosakaza
imisebe yethemba ezinhliziyweni zabampofu nabashiywe
dengwane, futhi ngikhanyise izibani zokuzimisela
nokuzethemba ezinhliziyweni zalabo abacabanga ukuthi
.bahlulekile

Ebusuku obuthule kanye nasekujuleni kokuthula,
ezindaweni ezijulile zokuqonda futhi kude nokubanjwa
yizinza, xhumana noThandekayo Ongcwele
ngokulangazelela okukhulu. Cabanga Ngaye njalo futhi
ukhulume Naye ngolimi lwenhliziyo nomphefumulo. Futhi
uma unikela inhliziyo yakho Kuye, zonke izimbozo
ezimfihlelayo zizosuswa, futhi ukwesaba nokukhohlisa
kuzonyamalala, kusale ukukhanya Kwakhe kanye nenjabulo
.Yakhe enkulu kuphela

Abaningi bakholelwa ukuthi umbuso kaNkulunkulu
usekhoneni elithile lesikhala, kude kakhulu nomhwamuko
woMhlaba ongcolile, ogcwele ukudlidliza kwesono nokweqa
umthetho. Bayakhohlwa ukuthi izindawo ezinkulu zomoya
ziseduze kakhulu. Lapho labo abathuthukile ngokomoya
bevala amehlo abo, uMhlaba olinganiselwe kanye nezinto
zawo ezibonakalayo nezibonakalayo ziyanyamalala,
kuyilapho ubukhulu bobuphakade bubonakala emibonweni
engenamkhawulo ngaphambi kokubona kwabo
.kwangaphakathi

Isikhathi esilondolozwa ubuchwepheshe kufanele
sisetshenziswe ekutadisheni impilo ngokujulile. Imisebenzi
esebenzayo kanye nemali kuyindlela yokuthola inhlalakahle,
kodwa umuntu akufanele akhohliswe yizinto ezibonakalayo
noma avumele ubugovu obungacabangi bumphuce injabulo
.yokuphila

Ngasebenzisa i-pickaxe yentando kanye negeja
lokuzimisela, ngimba emhlabathini wokuqonda, futhi
ngathola umthombo wamandla okuphila Ngaqaphela ukuthi
ngingomunye onamandla e-cosmic Angisiye umzimba,
kodwa ngiyi-skyrical charge kagesi egeleza emzimbeni
Nkosi, ngiyaqaphela ukuthi nginethuba eliyigugu
lokuthola ingcebo yomphefumulo efihliwe ekujuleni
kolwandle lokuqonda. Ngizoshintsha izinamathiselo
zasemhlabeni ngezimiso ezingokomoya, futhi ngizovuselela
intando yami namandla ami ukuze ngifeze injongo yokuphila,
ngiqiniseka ukuthi uzongisiza njalo futhi ungikhuthaze ukuba
.ngenze okulungile

Akufanele sivumele leli zwe lisilawule noma lisilawule,
futhi akumelwe sikhohlwe ukuthi akukho lutho olungokoqobo
noluhlala njalo ngaphandle kukaNkulunkulu, nokuthi injabulo
.yangempela itholakala kokuhlangenwe nakho kwethu Naye
Endaweni engcwele yokuzindla, ngikhanyisa
amakhandlela amabili: ikhandlela lokusa kanye nekhandlela
lokuvuka kwami

Imihlobiso emihle yokulangazelela kwami okufudumele
izungeza izinyawo zobukhona bakho obuphelele
Iphunga lakho, elivela ezimbalini zothando ebhodweni
lenhliziyo yami, ligcwele yonke indawo yokuphila kwami
Izithunzi zokwesaba kwami nemicabango yami
ekhohlisayo zinyamalale ngenxa nje yokukhanya
kokukhanya Kwakho, O Nkulunkulu, okungivuse phakade
.emaphusheni okuphila okufayo
Ngokuhlala ngiqaphile nangamehlo abuthakathaka,
ngizobuka ubuso bakho obungenamkhawulo ngaphandle
kokuyeka, ngicabanga ngezici zabo kanye nezinkulumo
!ezimnandi ezingaphindeki
Umdanso wokuphila nokufa uhlala ukhona, kodwa
ngizozikhulula phakade ngokubuyisa ingqikithi yami
engokomoya. Lapho iziphepho zingizungezile futhi
ngibhekene nezilingo, ngizohamba ngesikebhe sami ngiwele
.umfula wokuphila ngiye ogwini oluphezulu
Uma kufika ubunzima nezinhlekelele, ngizoqinisa
ukuzimisela kwami futhi ngilole intando yami yokuzinqoba
Futhi uma nje ngiphatha abanye ngomusa, uNkulunkulu
uzonginika amandla, ukuhlakanipha, nokwahlulela
okunengqondo
Ukwazi uNkulunkulu kuyisidingo sokuqala nesibaluleke
kakhulu empilweni ngoba kuletha ukuthula emphefumulweni
kanye nokuthula enhliziyweni. UNkulunkulu ungumuthi
wokuphulukisa wabo bonke ubuhlungu nezinkinga zethu,
ikhambi lazo zonke izinkinga zethu, kanye nokugcwaliseka
kwazo zonke izidingo zethu. Izinto izinhliziyiyo zethu
ezizilangazelelayo—uthando, udumo, ukuhlakanipha, kanye
nobuningi—sizithola zonke lezi zinto kuNkulunkulu,
.umthombo wazo zonke ubuhle nezibusiso
Zonke izinto engizibonayo zilinganiswa ngekhono
lokwamukela nokuqonda, ngakho-ke ngizosheshisa intuthuko
yami ngokuqinisa ngamabomu konke engikubonayo
.ngamandla okugxila

Ngikuzwa ekujuleni kwemicabango yami, ngiyakuzwa
ukuba khona kwakho emizweni yami ejulile, futhi
ngiyakubona uqhakaza ensimini yothando lwami
Ngigcwalise ngephunga lobukhona bakho, ukuze
ngijabulele iphunga lakho elibusisiwe
Woza kimi uvela ngale kwamazulu, izinkanyezi,
imicabango, nemizwa Ngibonise ubuso bakho obungcwele
kakhulu futhi ungivumele ngibone ubukhona bakho
emphefumulweni wami, nxazonke zami, nakuyo yonke
.indawo

Bengikufuna phakathi neminyaka nezikhathi, ezindleleni
zezifiso nezifiso, futhi manje sengiyabona ukuthi uhlala
emphefumulweni wami futhi uphefumulela imizwa yami
.engcwele kakhulu

Ungabe usangifihlela ngemuva kwezimbali zemizwa,
imicabango, kanye nokushaya komphefumulo
Hlobisa umphefumulo wami ngamatshe ayigugu
okuhlakanipha Kwakho, ungiphefumulele umoya wenjabulo
Yakho, futhi ususe kimi ubumnyama obukusibekele
.emehlweni ami nasekuqondeni kwami

Wena ongaphezu kwezinkanyezi nesibhakabhaka
esiluhlaza okwesibhakabhaka, nangale kwezingqimba
zomkhathi nazo zonke izidalwa nokuphila wamukele
ukunyenyeza kothando lwami futhi ucwilise ubukhona bami
.ngothando Lwakho, ukukhanya Kwakho nokuthula Kwakho
Indlela yokuphila yile: ngakolunye uhlangothi kukhona
isigodi esimnyama sokungazi, kanti ngakolunye uhlangothi
.kukhona ukukhanya okuphakade kokuhlakanipha
Izithiyo zokukhula ngokomoya ubugovu, ukuqhosha,
ubugovu, intukuthelo, njalo njalo. Lezi zimfanelo ezimnyama
ziholela noma zisunduzela umuntu ekungazini okujulile
.kunalokho asenakho kakade

Nokho, ukuvumelana nentando kaNkulunkulu kuholela
enkululekweni futhi kunikeza injabulo umuntu ayifuna
.ngaphandle kwakhe, yize ikhona ngaphakathi kuye

Ilanga lamathuba amahle lingase lingakhanyi endleleni
yami, futhi indlela ingase ibe yihlane, ibe lusizi, futhi igcwele
izilingo nezinsizi, kodwa ngizokwenza konke okusemandleni
ami ukuze ngibhekane nezinselele futhi ngiphume
ebumnyameni bezinkinga, ngazi enhliziyweni yami ukuthi
ukukhanya kwaphezulu kuzongiqondisa futhi kukhanye
.kakhulu endleleni yami

Onke amandla ami abolekwe kuwe, Nkosi, futhi impilo
yami ayinalo inani noma ukuphila ngaphandle
kokuhlakanipha namandla akho Yeka ukuthi umkhulu
!kangakanani, futhi ngimncane kangakanani
Asinaso njalo isizathu sokuziqhenya ngathi njengabantu,
kodwa akufanele sivumele amaphutha ethu asidikibalise
Kufanele sibheke ngaso sonke isikhathi ohlangothini oluhle
lwezilingo zethu, sifunde emaphutheni ethu, futhi
siphendukele kuNkulunkulu kungakhathaliseki ukuthi
kwenzekani kithi

Njengoba uNkulunkulu ewukuphela kokuphelela
okukhona, ngizozama ukuhlola ukuhlakanipha kokungazi,
ukuthola impilo phakathi kobuthakathaka, nokuzizwa
.nginokuthula phakathi kokudideka

UNkulunkulu usemphefumulweni wami futhi
ungizungezile, engiqaphile futhi engiqaphile, ngakho-ke
ngizosusa amafu okwesaba afihla ukukhanya kokukhanya
.Kwakhe okuqondisayo emkhathizwe wempilo yami
Nkosi, mangingabagxeki kabi abangani bami Kodwa
uma befuna iseluleko sami ukuze bazithuthukise,
manginikeze iziphakamiso ezithobekile ezisekelwe
esiqondisweni sakho kanye nokuphefumulelwa.

Ngobumnene nothando, ngaphandle kokuphoqeletwa
nokucindezelwa, ngisize ngihole labo abakhubekayo kuwe.
Qondisa ukuqonda kwami namandla ukuze ngiguqule imvelo
emnyama ibe abafundi abakhanyiselwe ababonakalisa
.ukukhanya kokuhlakanipha kwakho

Namuhla ngizotshala imbewu yokuhlakanipha, impilo,
ukuchuma kanye nenjabulo ensimini yempilo yami futhi
ngizombonga uNkulunkulu lapho isifiso senhliziyo yami
sigcwaliseka

Ngizohlanza ingqondo yami ngokucabanga ukuthi
uNkulunkulu uqondisa yonke imisebenzi yami
Namuhla ngizosebenza ukuze ngibonise ukuthula
nokulinganisela empilweni yami ngemicabango yami,
amazwi, nezenzo, futhi ngizogxila wonke amandla ami
nentando yami ukuze ngifinyelele ukuvumelana nentando
.kaNkulunkulu

Wena obusa esihlalweni sobukhosi sezinhliziyo zethu,
uhlangene othandweni lwakho, yamukela izifiso zethu kanye
nokulangazelela kwemiphefumulo yethu Sibusise sonke,
ususe izithiyo endleleni yethu, futhi ususe ubumnyama
.bokungazi ngaphakathi kithi

Kwangathi ukukhanya kwakho okuqondisayo
kungakhanyisa ezindleleni zethu. Vusa izingqondo zethu
futhi usijabulise ngokuba seduze kwakho, futhi usenze
.sizizwe sengathi uhlala unathi

Thembeka kuwe uqobo Izwe alithembekile kuwe ngoba
lithanda ubuzenzisi Uma uthembekile kuwe uqobo, uzothola
indlela eya ekuthuleni kwangaphakathi
Phila okwamanje kuphela, hhayi esikhathini esizayo.

Yenza konke okusemandleni akho namuhla futhi
.ungakhathazeki ngekusasa

Nkosi, yonke imigomo yezinto ezibonakalayo umuntu
alwela ukuyifinyelela imlethela injabulo engaphelele, noma
ngabe yonke ithweswe umqhele wempumelelo. Kodwa
ngokukuthola, Nkosi, ngizothola umthombo wenjabulo
.ephelele nehlala njalo

Izinto ezibonakalayo eziletha injabulo zihlala
zingaphandle komcabango; zona, kanye nezinjabulo
ezizinikezayo, zithola ukungena emcabangweni
.ngokukhohlisa kanye nomcabango

Ngokuqondene nenjabulo emsulwa, okuyingqikithi
yemphefumulo yethu, ingatholakala ngokucabanga
.okuvumelanayo, futhi iseduze nathi futhi iseduze nathi
Lapho izimbangela zangaphandle zenjabulo yezinzwa
zinyamalala, injabulo yesikhashana evela kuzo iyanyamalala
nazo, kodwa injabulo yangaphakathi yomphefumulo
ayinyamalali uma umuntu azi ukuthi angavumelana kanjani
nayo, noma uma umuntu engagcini ngamabomu imicabango
yakhe ezintweni ezibonakalayo ezishintshashintshayo bese
.eba ongajabule

Injabulo yomphefumulo, okuyinjabulo kaNkulunkulu,
ihlala ivuselelwa futhi ihlala njalo
Namuhla ngizocela ukuthula nenjabulo ngaphakathi
kimi, futhi ngizogcina inqaba yokuhlakanipha kwami ivikelwe
yintando, ukuthula, nothando, futhi ngizombonga
uNkulunkulu futhi ngiphakamisele kuye ukubonga
komphefumulo wami kanye nezifiso ezivuselelwe zenhliziyo
.yami

Lokho engikulahlekelwayo emhlabeni ngeke kube
ukulahlekelwa umphefumulo wami
Ngizohlala ngibheka ngokwethembeka nangokholo
enkanyezini yaphezulu yesiqondiso engasoze yahlala
esibhakabhakeni sempilo yami
Nkosi, busisa imicabango yethu ukuze isikhumbuze
injabulo yakho, busisa imizwa yethu ukuze iluzwe uthando
lwakho, busisa izifiso zethu ukuze zilangazelele
okukuthokozisayo, busisa izifiso zethu ukuze zisishukumisele
ukuba siphishekele konke okuhle nokuhloniphekile , futhi
masiqaphele ukuthi wena uyinjabulo yokugcina izinhliziyo
.zethu eziyilangazelelayo nemiphefumulo yethu eyifuna
Ngiyazi ukuthi imicabango yami izongilethela
ukwehluleka noma impumelelo, kuye ngokuthi yimuphi
umbono onamandla engqondweni yami. Ngakho-ke,
ngizokwenza konke okusemandleni ami ukukhumbula ukuthi

uNkulunkulu unami, uyangisiza futhi ungiphefumulela ukuba
.ngicabange kahle

Nkosi, esibukweni sokuthula ngibona nsuku zonke ubuso
bokuthula, ubuso bakho futhi nsuku zonke ngizosebenza
ukuvusa uthando lwakho nokuthula ezinhliziyweni ezithile
Mama wezulu, ngizokhipha izinkanyezi ezivandeni
zasebusuku ngizinike njengesipho sothando kuwe. Noma nini
lapho ngibheka ubuso bakho obukhazimulayo enyangeni
egcwele, ukumamatheka kwakho okunomusa kususa
.ukukhathazeka kwami futhi kugeze usizi lwami
:ukuqinisekisa

Ngizosusa ukungazi futhi ngisuse imiqondo
enamaphutha, futhi ngizovuka ngisuka endaweni engaphansi
kwemiphetho emincane kanye nemibono elinganiselwe
.ngiye enkululekweni yothando nobubele bomuntu
Ukuba khona kukaNkulunkulu kubonakala kakhulu
kulabo abanezinhliziyi ezinhle kanye nokuthambekela
okungokomoya abamthandayo futhi abangalokothi
bamkhohlwe Lapho iziphepho zivutha futhi amagagasi
obunzima ekhuphuka, bangaqondisa isikebhe sokuphila
kwabo baye ogwini oluphephile lwesivikelo saphezulu
Nginamandla omoya wokudala futhi ngixhumana
nengqondo yendawo yonke, futhi ngiyazi ukuthi uNkulunkulu
uyangiqondisa futhi uyangisiza ukuxazulula zonke izindaba
.nezinkinga

O Nkulunkulu wami othandekayo, ngamehlo avulekile
nangeso lengqondo yami ngizokubona, futhi ngizokukhonza
ngokulangazelela nokuzinikela konke, futhi ngizokucabanga
ngenkathi ngenza imisebenzi yami, futhi ngizokubiza ngolimi
lwenhliziyo kanye nokuhleba komphefumulo
Kungaba ngokwemvelo yomuntu ukwesaba ukugula
noma ukukholelwa ukuthi ngeke aphinde alulame. Kulesi
simo, kufanele bamukele imikhuba yokuphila enempilo
ehlela enhlalakahleni engokomzimba neyokuziphatha, futhi
kufanele bathandazele nokholo olukhulu emandleni

kaNkulunkulu okuphulukisa. Uma bekholelwa ukuthi
bayisehluleki futhi abakwazi ukuphumelela kunoma yimuphi
umkhakha, kufanele baqinisekise ukuthi benza yonke
.imizamo ukuze bafinyelele impumelelo abayifisayo
Ukuxhumana nokuxhumana nalabo abathanda
uNkulunkulu kuyondla izifiso zethu, kududuze izinhliziyo
zethu, futhi kuphakamise izinga lethu lokuqwashisa
Ukuzinqumela

Namuhla ngizocabanga ngoNkulunkulu owanginika
ukuphila, ngoba ukugxila ezintweni ezibonakalayo kuyilapho
ungamnaki nhlobo uNkulunkulu kuzoletha usizi lwezinto
.ezibonakalayo kanye nokungabi nanjabulo ngokomoya
:ukuqinisekisa

Namuhla ngizosisiza ukuze ngikwazi ukusebenzisa kahle
amandla uNkulunkulu anginike wona, futhi ngizocela
uNkulunkulu angisize, abusise imizamo yami, futhi ayinike
.impumelelo

Uma intando yomuntu iqondiswa yiphutha, iyasikohlisa
futhi isidukise; kodwa uma iqondiswa ukuhlakanipha,
isivumelanisa nentando kaNkulunkulu Ngokuvamile, intando
yomuntu izongqubuzana nezinjongo zaphezulu, okusenza
silahlekelwe yisiqondiso esingokomoya esisisiza sigweme
ukuwela egodini lokuhlupheka kanye nezingibe zosizi
Ngizosebenzisa wonke amakhono enginawo noma
ithalente enginalo ekwenzeni konke okujabulisa uNkulunkulu
nokukhonza isintu

Ulwazi olungaphelele luyingozi, ngoba lungabangela
umfuni ukuba azikhukhumeze futhi aneliseke, kumise
ukufuna okujulile kanye nokucwila okujulile emphefumulweni
Yilabo kuphela abangenayo imizwa yokuzibona bebalulekile
abanda emseni nasemoyeni baze bafinyelele eduze
noNkulunkulu Ngempela, abakhulekeli abaqotho
bakhululekile ekuzikhukhumezeni futhi bakude kakhulu
nokuqhosha nokuzenzisa

Uma umuntu ezazi futhi ethinta ingqikithi yakhe
engokomoya, uzizwa injabulo yangaphakathi ehambisana
naye kuzo zonke izinto ezenzeka empilweni nangaphansi
.kwazo zonke izimo

Namuhla ngizovusa umoya wokuziqalela izinto futhi
ngivuselele ikhono lokufeza, ngazi ukuthi umthombo wawo
wonke amandla okudala kanye nomthombo wolwazi lonke
.uhlala unami

Ngityaqaphela ukuthi amandla kaNkulunkulu
awanamkhawulo nokuthi unginike amandla okunqoba
ubunzima bempilo engibhekene nabo nokudlula kuzo zonke
izithiyo ezingivimbelayo

Sekuyisikhathi sokuba siphendulele izinhliziyi
nezingqondo zethu kuNkulunkulu ukuze ekugcineni
sifinyelele ekhaya lethu lasezulwini lapho sithola khona
.ukuphumula ezinkingeni nasekukhululekeni ebuhlungwini
Sifinyelela ukuze samukele izipho zikaNkulunkulu
zokuphila, ukukhanya kwelanga, ukudla, nazo zonke ezinye
izibusiso Zakhe, kodwa naphezu komusa Wakhe omningi
asipha wona, yeka ukuthi bambalwa kangakanani
!abamkhumbulayo

O Nkulunkulu womthetho wendawo yonke, ake ngigqoke
amanxeba ami, azalwa yizinhlekelele, njengezimpawu
ezifanele ezivela ezandleni ezibusisiwe zobulungiswa bakho
Kwangathi ubunzima bami bansuku zonke
bungasebenza njengekhambi lemicabango ekhohlisayo futhi
bungisuse ethembeni lokuthola injabulo ehlala njalo
.emhlabeni

Ngifisa sengathi izinyembezi engizikhalisa ngenxa yonya
lwabanye zingahlanza ezinye zezinto ezifihliwe engqondweni
yami

Ngifisa sengathi yonke ingxabano ebukhali evela
ezinkingeni zokuphazamiseka ingavula ukujula okusha
ngaphakathi kimi

Ukulangazelela kwaphezulu kufanele kufane nokuhlola
okujulile okungena olwandle lokuqonda okungokomoya.
Labo abanombono wangaphakathi ovulwe ngokuzindla
.bazizwa ubukhona bukaNkulunkulu ezinhliziyweni zabo
Nkosi, ngisize ngiguqule ukuqonda kwami kusuke
ekulinganiselweni nasemicabangweni ebuthakathaka ngiye
olwazini oluqinisekile lokuthi uhlala unami, ungisekela futhi
ungiphefumulele ngemicabango emihle nemibono emihle
.kakhulu

Nkosi, ngisize ngiguqule ukuqonda kwami kusuke
ekulinganiselweni nasemicabangweni ebuthakathaka ngiye
olwazini oluqinisekile lokuthi uhlala unami, ungisekela futhi
ungiphefumulele ngemicabango emihle nemibono emihle
.kakhulu

Ake ngikukhumbule, Nkosi - ngokulinganayo -
ebunzimeni nasekukhululekeni, ekuguleni nasempilweni,
ekungazini nasekuhlakanipheni
Ngizogcina inkumbulo yothando lwami ngoNkulunkulu
kanye nokulangazelela kwami Yena kuvutha kuze kube
phakade, ukuze kulokho kukhanya ngibone ubuso Bakhe
.obuhle kakhulu

Uma ukumamatheka ebusweni kuvumelana
ngokuphelele nokumamatheka enhliziyweni, ukumamatheka
komphefumulo kuyakhanya

O Nkulunkulu wami othandekayo, ngizokukhonza
ekuseni ngiphapheme, ntambama yomsebenzi, ekuhlweleni
.kokuguga, nangobusuku bokuvalelisa kokugcina
Ngokuthinta kwezinzwa zami zangaphakathi, namuhla
ngizolungisa umsakazo wami ongokomoya ukuze
uhambisane nemvamisa yokusakaza kwendalo yonke ukuze
ngisuse umsindo wokukhathazeka futhi ngilalele iculo
.lothando lwaphezulu

Ngisho nabantu abazinikele kakhulu ngezinye izikhathi
bacabanga ukuthi uNkulunkulu akayiphenduli imithandazo
yabo, kodwa uyayiphendula buthule futhi ngokomthetho

ongokomoya Umthandazo kumelwe ube gotho, ube nenhloso
emsulwa, futhi ube nenhloso ukuze uthole impendulo
.ebusisiwe

Nkosi, ake nginike umuthi wokuthula ezinhliziyweni
ezibuhlungu, ukuze zithole induduzo emnandi kuwe. Ngenze
ngibe ukukhanya kwelanga okungazelelwe kuyo yonke
imiphefumulo edabukile, imvula ephilisayo ezingqondweni
.ezomile, kanye nesipho somusa kulabo abahlukunyezwayo
Ukuqala kahle injabulo kudinga indlela efanele
yokuphila, ukucabanga okunengqondo, ukuqondiswa
.ngokomoya, kanye nokholo olujulile kuNkulunkulu
Impilo engenanjabulo engokomoya iyimpilo
engenamsebenzi, engenakho ukukhazimula, futhi imithwalo
yayo iyakhathaza futhi iyasinda
Suka emsindweni nasekuxokozeleni komhlaba noma nini
lapho kungenzeka khona, bese ufuna izindawo ezithule lapho
.ungaba wedwa khona ucabange ngoNkulunkulu
Nomaphi lapho ubumnyama bokungezwani
nokungezwani buhlala khona, lapho ngizosakaza khona
.ukukhanya kothando lwami nokuthula
Lomhlaba uyingqaba, njengoba konke okukuwo
kungashintsha futhi kuguquke, futhi ngenxa yalesi sizathu,
umuntu akufanele aqinise isikebhe senjabulo yakhe ogwini
.lwalo mhlaba

Siphila ezweni elimangalisayo Labo abanenjongo
eyodwa kuphela ekuphileni ukudla, ukuphuza, ukuzijabulisa,
nokulala abanawo umbono wangempela ngezimangaliso
zokuphila komuntu

O Nkosi, qondisa imifudlana yenjabulo yethu ukuze
ingazilahli esihlabathini sezinjabulo zesikhashana zemizwa
Ungavumeli imifudlana yethu yesihawu yome futhi
inyamalale ezihlane ezingenalutho zobugovu
Vumela iziteshi zemizwa yethu zihlangane nechibi
elingenamkhawulo lothando lwakho

Kwangathi imifula yezimpilo zethu inganwebeka futhi
amanzi ayo akhuphuke ngezimvula eziningi zezibusiso
Zakho, futhi kwangathi bangawela amathafa amakhulu
ozwela, umhlatshelo, kanye nokucabangela imizwa yabanye,
ukuze ekugcineni bageleze - bemsulwa futhi becacile -
.olwandle Lwakho olubusisiwe

Noma ubani othandazela impumelelo bese ngesikhathi
esifanayo ezitshela ukuthi, “Angicabangi ukuthi
ngizophumelela,” ngeke aphumelele

Umthandazo kumelwe wenziwe ngokholo oluqotho
nenhliziyo ethobekile ukuze ukukhanya kwaphezulu
kukhanye futhi izibusiso zasezulwini zehle
Njengoba nje kungenakwenzeka ukukhuluma ngocingo
oluphukile, akunakwenzeka nangomuntu ukusakaza
imithandazo yakhe ngempumelelo ngethuluzi lengqondo
eliye lakhutshazwa yizixuku zokukhathazeka,
ukukhathazeka, ukunganeliseki, kanye nokunamathela
.ezintweni ezidlulayo

Ngokuthula okujulile kanye nokuvumelana okuthule
nokudlidliza okucwengekile nokwakhayo, ithuluzi lengqondo
lingalungiswa futhi lilinganiswe ukuze amandla alo
okwamukela ngokomoya ande, ngaleyo ndlela kube
nokwenzeka ukudlulisa imiyalezo esuka enhliziyweni
kuNkulunkulu ngempumelelo nangendlela ephumelelayo
futhi kutholakale impendulo ebusisiwe evela ku-All-Hearing,
.uMphenduli

Bhukuda futhi untante olwandle olungenamkhawulo
lokuthula nenjabulo ngale kwamaphupho angaphakathi
kuwe

O Mdali Ophakeme

Izinkanyezi ezikhanyayo esibhakabhakeni, izintaba,
kanye nesithando selanga esivutha amalangabi kungenye
.yezindlela zokubonakalisa ubukhona bakho obuphelele
Kulula ukuthola uNkulunkulu ngokumcabanga njalo,
isifiso esiqotho sokumazi, kanye nokumnxusa ngokusuka

enhliziyweni. Uyingcebo enkulu kunazo zonke efanele
.ukufunwa nokuhlolisiswa emayini yomphefumulo
Uma induku yomentshisi yokulangazelela ishaywa
odongeni lomphefumulo olangazelelayo, ilangabi lothando
.lwaphezulu liyazalwa enhliziyweni yomuntu ofunayo
Nkosi, izinto ezinhle zinhle ngoba ziboleke ubuhle
ebuhleni Bakho, obuhle kakhulu kunabo bonke ubuhle
obubonakalayo, kungaba semvelweni noma phakathi
.kwabantu

Kuhle ukuthanda uNkulunkulu nokuthanda izinceku
zaKhe Uma simthola, sizwa uthando lwaKhe kuwo wonke
umuntu. Akukho mandla amakhulu kunamandla othando
.endaweni yonke

Uma abantu ababili noma ngaphezulu beba abangane
bokuphila kwabo konke, kuwukubonakaliswa kothando
olumsulwa noma ubungane bomphefumulo
Nkosi, ngiphe injabulo yokuba seduze nawe ukuze
ngihlanganyele nabo bonke leyo njabulo enkulu, futhi
ungenze ngibone ukukhanya kwakho, okubonakala ngakho
kuphulukisa inhliziyo futhi kususe isithunzi sezinkathazo
Inyoni yami ethandekayo mayiphunyuke esibayeni
semingcele engizibekele yona futhi ikhuphukele endaweni
yenkululeko, ihlabelela iculo lomphefumulo, elizwakala
ngezinhliziyo zonke ezinothando nezingqondo
.ezivumelanayo

Kwangathi umoya wokuqonda kwethu okungokomoya
ungathwala iphunga lemithandazo yethu kanye nephunga
.lokulangazelela kwethu okukhulayo Wena, Nkosi
Uma ngifuna okuthile, ngangijabula lapho ngikutholile,
futhi ngangijabula futhi lapho ngikupha omunye umuntu
UNkulunkulu akaphenduli emithandazweni efudumele,
kodwa ngokuqinisekile uyafika kulabo abamnxusa
ngokujulile nangobuqotho futhi abambiza ngezinhliziyo
.ezigcwele ukholo

Imithetho emihle okufanele ilandelwe umusa, ubuqotho,
ukwethembeka, uthando ngabanye, ukuhlola izinhloso,
.kanye nokuzithiba

Nkosi, vula amahlumela ezinhliziyiyo zethu futhi uvumele
iphunga lothando eligcinwe ezinhliziyweni zethu
likhuphukele emaphikweni okulangazelela ukuhlangana
.nawe

Thumela, Nkosi, imisebe yelanga lokuhlakanipha
Kwakho ukungiqondisa ezinsukwini zempumelelo yami
ejabulisayo, kanye nokukhanya kwenyanga yesihe Sakho
noma nini lapho ngihamba phakathi kobusuku obumnyama
.bosizi

Imibono enuka kamnandi neqhakazayo iyakhula futhi
ivele embewini yokunxusa okusuka enhliziyweni futhi
iniselwa ngamazolo emizwa yokuzindla eqabulayo
Uma sikhohlwa ubuntu obuncane ngokushintshana
ngezinsizakalo ezinobungane, ukuqonda kwethu kuzokhula
.futhi sizobona ubuntu obukhulu busebenza ngathi
Ubungane beqiniso buwukukhanya esingasizana ngakho
ezindleleni zokuphila

Ngibona unya olukhulu, ukhahlo, kanye nokunganaki
imizwa kuleli zwe, futhi angitholi sizathu sokwengeza kulezo
.zimo zokuziphatha. Ukube bengikwenza, bengizozilimaza
Shayela isikebhe sakho sokuzindla phezu kwamanzi
aphithizelayo okudideka kwengqondo nokuphazamiseka
kwezinzwa

Usizi luyandisa usizi, futhi ikhambi eliphumelela kakhulu
lokudabuka ukuthinta ubukhona bukaNkulunkulu obududuza
.umphefumulo futhi bujabulise ingqondo

O Dokotela Ongcwele, susa ukugula emizimbeni yethu,
wandise imiqondo yethu futhi uyikhulule ebuthakathakeni
nasebuthakathakeni, futhi uxoshe ubumnyama
emiphefumulweni yethu ngokukhanya okukhazimulayo
.kobukhona bakho

Indlela eya kuNkulunkulu ivulwe ngeqiniso, ubuqotho,
ukuqina, ukuphikelela, ukugxila, uthando, ukulangazelela,
ukuzimisela, kanye nokholo

Uma izindlela zabantu zingaphumeleli futhi
zingaphumeleli, kumelwe siphendukele kuNkulunkulu
.uSomandla futhi sicele usizo lwaKhe

Ngingedwa kuphela obhekene nezenzo zami
nokuziphatha kwami ngoba akekho omunye ozobuzwa noma
abekwe icala ngazo

Uma ilanga lomusa waphezulu likhanya emkhathini
wezimpilo zethu, izibusiso ziyanda futhi imikhawulo
iyanyamalala

Emthonjeni wokuthula, ngizokhipha amanzi ahlanzekile,
acwebile okuhlakanipha kwaphezulu ukuze ngiqede ukoma
kwami okungokomoya

Nganqamula izintambo zengqondo yami endaweni
encane, encane yezinzwa futhi ngazixhumanisa nezwe
lokuqonda okungokomoya okungenamkhawulo, futhi
ngaqaphela ukuthi ngiphila ngokukhanya kukaNkulunkulu
okungimboze futhi kwangena kuwo wonke ama-athomu
okuphila kwami, futhi umphefumulo wami ugcwele uthando
.nokuthula kukaNkulunkulu

Esibukweni sokuthula okungokomoya, ngizobona ubuso
bukaNkulunkulu

Nkosi, ngembulele imfihlo yokuphila kwami, futhi
ungisize ngizizwele ubukhona bakho obuhlala bukhona
ngaphakathi kimi nangaphakathi kwami

Kusukela namuhla ngizolwela ukwazi uNkulunkulu
ngaphandle kokudebeselela imisebenzi yami yasemhlabeni,
.engivele ngiyenza ukuze ngimjabulise

Nsuku zonke nganginisela imbewu uNkulunkulu
ayitshala emhlabathini womphefumulo wami, kwathi lapho
ilanga lesihe sakhe likhanya phezu kwayo, imbewu yahluma,
yakhula, yathela isivuno esibusisiwe sokwaneliseka
.nokwaneliseka

Ngesinye isikhathi, omunye wamadoda kaNkulunkulu
wayegeza emfuleni lapho kufika omunye umuntu waqala
ukugeza ihhashi lakhe eduze kwalowo muntu olungileyo,
emthela ngamanzi ngamabomu nangokunganaki. Abafundi
bosanta bacasuka futhi bafuna ukushaya umhlaseli
bamxoshe, kodwa uthisha wabo wabatshela ukuthi
.bangakwenzi lokho, kodwa bamshiye yedwa
Kungazelelwe, ihhashi lakhahlela umninilo, laphula futhi
lakhipha amazinyo amaningana. Indoda enhle yasondela
kuye ngothando yaqala ukumnakekela nokumphulukisa.
Kwakuwumthetho oqinile wemvelo, hhayi ongcwele,
.owajezisa isoni
UNkulunkulu nemithetho Yakhe yendawo yonke
basebenza ngokuzikhandla nangokuqhubekayo ukususa
ukungabi nabulungisa kubo bonke labo abathembela
kuNkulunkulu, abafuna usizo Lwakhe, futhi abasizanayo futhi
.bakhuthazane ezindleleni zokuphila
Ngiyaqaphela ukuthi umsebenzi wami kuleli zwe uholela
ekukhuleni kwami uma nje ngilwela ukuhlola wonke
amathuba atholakalayo futhi ngizuze kuwo
Ukuthula kuwuphawu lokomoya Ngakho-ke,
ngizolinganisa ukomoya wami ngenani lokuthula engikuzwa
ngaphakathi kimi
Nkosi, ake ngiqaphele ukuthi ukuhlakanipha kwakho
kusekela ukuqonda kwami, nokuthi ubukhona bakho
bugcwele impilo yami
:ukuqinisekisa
Ngokugcina impilo yami namandla ami,
nangokunamathela ezindinganisweni zokuziphatha, ngisiza
isintu ngendlela yami yokuphila
Ngesikhathi ngiyimpumputhe, angikwazanga ukuthola
ngisho nomnyango owodwa ongiholela kuwe, kodwa manje
njengoba usuvule amehlo ami, ngithola iminyango yonke
.indawo

Ngokuqala kokubonakala kwakho okukhazimulayo, ama-
rose engiwalangazelelayo azoqhakaza ensimini yenhliziyiyo
yami, futhi ngizoluka umqhele walawo ma-rose ngiwubeke
.emnyango wakho obusisiwe

Nkosi, njengoba imisebe yothando lwakho ikhanya
endaweni yami engokomoya, inkungu yokungazi
iyanyamalala futhi amafu okungaqiniseki ayanyamalala
O mthombo wokukhanya, ufihliwe ngemuva
kwezindonga zemisebe ye-cosmic Vula ifasitela lombono
wami ukuze ngikubone ubonakala yonke indawo
Ngizocela ukuphepha nokuvikeleka kuqala futhi ngazo
zonke izikhathi ngokuhlala ngicabanga ukuthi ngihlala
ngingaphansi kwesivikelo saphezulu

Nkulunkulu wami othandekayo, uma ngiphambuka
endleleni efanele, bamba isandla sami ungiqondise emuva
kuyo Uma ngehluleka, ngisize ngifinyelele impumelelo Futhi
ngaphezu kwakho konke, uma ngingenalwazi, ngisize
ngithole ukuhlakanipha

Ukwenza isinqumo esiqinile sokujabula kuzokusiza
Ungalindi izimo zishintshe, ucabange ukuthi izinkinga zakho
zikhona Futhi ungavumeli ukungajabuli kube yingxenye
evamile yokuphila kwakho, funa kuthinte kabi wena nalabo
abakuzungezile Uma ujabule, kuyisibusiso kuwe
nakwabanye; uma unenjabulo, unakho konke, futhi injabulo
yakho isho ukuthi uvumelana noNkulunkulu
Lokho esikwenzile izolo kwanquma uhlobo lwezinsuku
zethu zamanje, futhi izenzo zamanje zizonquma ukuthi
.ikusasa lethu lizoba njani

Ukungazi kumele kuqale kususwe ngaphakathi kithi,
bese ukuba khona kwakho kuzonyamalala ngaphandle
.kwethu

Zonke izinjabulo ezidlulayo kanye nezifiso zesikhashana
ngizisebenzisa njengenqwaba yezinti zokushisa ilangabi
laphakade lolwazi lwaphezulu

UNkulunkulu uzoziveza kimi uma ukucabanga kwami
ngaye kunamandla kunemicabango ephazamisayo nazo
zonke iziphazamiso zengqondo
Ngizogcwalisa inhliziyo yami ngamagagasi ahlebayo
omphefumulo, futhi ngizothela amanzi aqabulayo,
acwebezelayo okulangazelela ezinkomishini zemiphefumulo
.eyomile

Igagasi kumele lizwe ukuthinta kolwandle olukhulu
olulisekelayo Ngizwa ulwandle oluphelele lomoya okujula
okungenamkhawulo kolwazi lwami
Ngizokwenza umzamo wokuthola iqiniso elifihliwe
ngemuva kwezifihla-buso ezilifihlayo, khona-ke ngeke ngibe
ngaphansi kwamandla angaphandle
Ngikholwa ukuthi usizo luzofika lapho ludingeka
kakhulu, ngoba umthetho kaNkulunkulu usebenza kahle
lyini incazelo yokuphila uma ingenazo izinkinga
?esibhekene nazo kanye nezinselele esibhekene nazo
Ngomzuzwana nje ogcwele usizi futhi ugcwele
:ukuphelelwa yithemba, ngezwa izwi lakho lihleba
Ilanga lami elivikelayo likhanya ngokulinganayo
emahoreni akhanya kakhulu namnyama kakhulu empilweni
yakho. Kholwa, mamatheka, futhi uvumele ukukhanya
kwami okuphulukisayo kukhanye ngokusobala
.kokumamatheka kwakho

Nkosi, hlanganisa izinhliziyo zethu ethempelini lothando
lwaphezulu lapho ubukhona bakho obuphakeme bukhanya
khona kuyo yonke inkazimulo nobukhazikhazi balo
Masiqaphele ukuthi wena uwukuphela komgomo
esilwela ukuwufinyelela. Ungasikhohlwa noma ngabe
sikukhohlwa, futhi usikhumbule noma ngabe
.singakukhumbuli

Ukulangazelela kwethu kungafika kudlule, kukhanye
kuphele, kodwa uhlala uthembekile esivumelwaneni kuze
kube phakade, O wena onomusa nothando

Yamukela ukulangazelela kwemiphefumulo yethu
nothando lwezinhliziyi zethu, Nkosi
Ngiphonse inetha lami lothando olwandle lokuqonda
futhi ngabamba inhlanzi eyigugu
Ngiyakucela, Nkosi, ukuthi ukukhanya komphefumulo
wami kuhlange nokukhanya kwakho okukhulu nokuthi
inhliziyi yami ishayo ngothando lwakho olungcwele, ukuze
ngisakaze ukukhanya kwakho nothando lwakho kuyo yonke
.imiphefumulo evumelanayo
Namuhla ngizonikela isikhathi sokuba noNkulunkulu,
nginganaki imicabango eyize futhi ngilahle imibono
engamanga
Imisebe yenjabulo egcwalisa isibhakabhaka sokuthula
kwami imemezela ukufika kwakho okubusisiwe Noma ngabe
uzembula manje noma kamuva, ngiyaqiniseka ukuthi
ngizokuhlange naye ngelinye ilanga, wena othandwa
yinhliziyi yami nomphefumulo wami owulangazelelayo
Kunezinhlobo ezimbili zezindawo: indawo yangaphakathi
nendawo yangaphandle Ngizozivikela emathonyeni amabi
futhi ngilwele iqiniso nokulunga
Ngiyaqaphela ukuthi kukhona okuhle kakhulu kunobubi
kulomhlaba ngoba uNkulunkulu unamandla amakhulu
kunawo wonke akhona
:umklamo
Nsuku zonke ngizoba matasa kokubili emazingeni
engqondo nangokwenyama, ngoba ukungasebenzi
kwengqondo kanye nokungawuvivinyi umzimba kokubili
.kuyingozi entuthukweni engokomoya
O Nkulunkulu wami othandekayo, ngivulele lelo liso
elingaboni lutho olukhona ngaphandle kwakho, futhi
elingaboni lutho ngobuhle bonke ngaphandle kobuhle bakho
.obukhazimulayo kakhulu
Sakhohliswa ngumzingeli osheshayo wokuphila
kwasemhlabeni, njengoba sasintanta emanzini angajulile,

angajulile okuphepha kwamanga, inetha lokungazi
.okubulalayo elisivalele

O Wena Onesihe, sikhulule ebunzini obuyingozi bezifiso
nezifiso zomhlaba, futhi usisize singene ekujuleni

okunokuthula kobudlelwano baphezulu ukuze sisindiswe
.phakade emagodini okukhohlisa nasezingibeni zokukhohlisa

Ngizizwa ngizungezwe yi-aura yokukhanya
kukaNkulunkulu, lapho kukhona khona ukuthula, ukuthula,
nenjabulo engokomoya

Ngizogeza udaka lokungazi ukuze ukukhanya
okumsulwa komoya kukhanye ngami

Umuntu angase ahluleke ngokwezinto ezibonakalayo,
ngokokuziphatha nangokomoya, kodwa uma ephinda kabili

imizamo yakhe futhi eqinisekisa ukuthi ukukhanya
kwaphezulu kuyakhanya kuye, uzozizwa esondelene
noNkulunkulu futhi izimo zakhe zizothuthuka uNkulunkulu
uphendula imithandazo eqotho nokucabanga okuhle, futhi
lena yindlela ephumelelayo yokunqoba izithiyo zempumelelo
Ngaphambi kokuba umuntu enze okuthile, unenkululeko

yokuzikhethela, kodwa ngemva kwesenzo, imiphumela
izolandela, kungakhathaliseki ukuthi uyathanda noma cha; lo
ngumthetho we-karma Ngakho-ke, kuwukuhlakanipha
ukucabanga ngaphambi kokwenza okuthile

Labo abafisa ukuthula nokunambitha ubumnandi
baphezulu kumele bakhokhe inani, futhi lelo nani
liwukunikela isikhathi esidingekayo ekuhlakuleleni ukuthula
nokudala ukuthula. Indlela ephumelela kakhulu yokunqoba
ukucindezeleka ukuvumelana nokuthula kwangaphakathi,
.injabulo, nokuthula

Nkosi, izandla zami zisebenzela wena. Unginike indima
okufanele ngiyidlale kuleli zwe, futhi konke engikwenzayo
.ngikwenzela udumo lwakho

Uma sinikela izimpilo zethu kuNkulunkulu, sithola ukuthi
impilo iguquka ibe yi-symphony enhle. Futhi uma sizama
ukuzwa ubukhona bukaNkulunkulu ngenkathi senza yonke

imisebenzi yethu, sizothola ukuthi usikhethela imisebenzi
.ethile nsuku zonke futhi uyasisiza ukuyifeza
Ekuboniseni izinzuzo zomoya kulele okuwukuphela
kwendlela yokuphila ngokuthula Ngaphakathi kithi kukhona
amandla okuguqula ikhaya libe yipharadesi
Ngizonqoba ukuqhosha ngokuthobeka, inzondo
ngothando, injabulo ngokuzola, ubugovu ngokupha abanye,
ububi ngokuhle, ukungazi ngolwazi, kanye nokukhathazeka
.ngokuthula kokucabanga nokuzindla ngoNkulunkulu
Zonke izenzo zethu kufanele ziqondiswe yizwi
langaphakathi lokuqonda okungokomoya
Kungcono ukwenza izimpilo zethu zibe lula Ngibone
abantu abakhanyiselwe, abadla ukudla okwanele, bephila
ezimweni ezibucayi, kodwa benemizimba egcwele
imisebenzi namandla, ngoba baqeqeshe izingqondo zabo
ukuba zingathembeli ngokuphelele emithonjeni
.yangaphandle yempilo nokwaneliseka
Ndiza endizeni yokuthula phezu kweziqongo
eziphakeme kakhulu zokuhlakanipha, futhi uzulazule ezweni
lobuhle baphakade nenjabulo evuselelwe
Ngigcine kude nokubi, Nkosi, ungibusise ukuze
ngingakuzwa okubi, ngingakuboni okubi, ngingakhulumi
okubi, ngingaphefumuli okubi, ngingathinti okubi,
.ngingagcini okubi, ngingacabangi okubi
Yiba nathi nsuku zonke, Nkosi, ukuze sikwazi ukufeza
imisebenzi yethu ngemiphefumulo enelisekile nezinhliziyo
.ezigcotshwe ubukhona bakho obungcwele
Siphendukela ezimfundisweni ezingokomoya ngoba
sifuna ukukhululeka ekuhluphekeni kwethu Izindlela
nezindlela zezwe akuzona izixazululo UNkulunkulu
uyisisombululo Sekuyisikhathi sokuba isintu sivuke futhi
sisuse ubumnyama bokungazi ngokukhanya kokuhlakanipha
Into enkulu empilweni ukuhlala endaweni engcwele
kanembeza ohlanzekile

Cishe wonke umuntu unomuzwa wokuthi akathuthuki
ngokomoya, okungukuthi, akashintshi noma akathuthuki
naphezu kwemizamo yakhe. Izinto eziningi zingaphazamisa
intuthuko yethu, futhi kungumsebenzi wethu ukubheka
impilo ngobuqotho, ngokuhlolisisa, nangokuhlaziya ukuze
sithole lezi zinto futhi sifunde ukuthi singazibhekana kanjani
.futhi sizingobe kanjani

Noma ubani onikeza usizo lwengqondo nolwezinto
ezibonakalayo kwabanye futhi onehliziyo egcwele umusa
.nobubele uzothola ukuthi lokho akunikezayo kubuyela kuye
?Umuthi Ofiselekayo Yini Eseye Yafezwa



Kudala, umuntu ozinikele wayehlala ezweni elithile futhi
wachitha iminyaka eminingi ehamba phakathi kwezintaba
.efuna umuthi ongavamile obizwa ngokuthi i-Wishing Tree
Inganekwane ithi lezi zihlahla ezimangalisayo zatshalwa
yizinsikazi zasePharadesi futhi zitholakala kuphela ngabantu
abazinikele njengomvuzo wokuzijwayeza kwabo okuqinile
kwezifundo ezingokomoya eziqinile. Kuthiwa lezi zihlahla
zinamandla okunikeza izifiso nezifiso zanoma ubani ohlala
.ngaphansi kwamagatsha azo

Lo wesifazane ohlala yedwa wazizwa ejulile ukuthi
wayefanelwe ukuthola lowo muthi ngenxa yemizamo yakhe
engakhathali, ukwamukela kwakhe ubunzima
ngokuzithandela, kanye nokunamathela kwakhe
ekuziphatheni okuqinile ayezibekele kona. Kodwa naphezu
kwayo yonke le misebenzi nokuzivocavoca, kwakukhona

izifundo okwakusamelwe azifunde. Nakuba ayefisa
ukukhanyiselwa, wayenezinye izifiso ezingabalulekile
.kangako

Phakathi kwalezo zifiso kwakukhona ukulangazelela
ukuthola Umuthi Ofisayo. Izindlela zezintaba
ezimagebhugebhu zase zimgugile ezinyaweni zakhe
ezingenalutho ekufuneni kwakhe okungapheli into ayeyifisa
enhliziyweni yakhe kanye nokugcwaliseka kwezifiso zakhe
ezijulile. Umuzwa wakhe wangaphakathi wawumqinisekisa
njalo ukuthi isifiso sakhe sizofezeka, nokuthi umuthi
umlindele njengomvuzo wemvelo wemizamo yakhe
engokomoya, odlula ikhono nokukhuthazela komuntu
.ovamile

Umngane wethu wayenembile embonweni wakhe.

Kwenye yezigodi ezintabeni eziphakeme, wathola umuthi
onamaqabunga abanzi, futhi ngokushesha wazi ngokuqonda
kwakhe ukuthi kwakuyingcebo ayelokhu eyifuna futhi
.eyilangazelela ukuyithola

Ngokulangazela nangokushesha, wasondela
emagatsheni amukelayo esihlahla wahlala ngaphansi kwaso.

Ukuze azizwele amandla angavamile alesi sihlahla
esiyinqayizivele, wavala amehlo akhe wathi enhliziyweni
yakhe, "Uma lesi kuyisihlahla esifiselekayo ngempela,
"!masibe yinqaba eqinile kimi

Ngokushesha nje ngemva kokuba lo mcabango udlule
engqondweni yakhe, kwavela isigodlo esihle kakhulu eceleni
komuthi, sizungezwe izingadi eziluhlaza ezigcwele ama-rose
.amasha, i-basil enephunga elimnandi, nezihlahla ezinde
Wajabula ngalesi simangaliso futhi wanqotshwa injabulo
yokufeza isifiso sakhe esithandekayo, ngoba ekugcineni
wayesethole umuthi ayewufuna njalo. Akazange alinde
isikhathi eside ngaphambi kokuveza isifiso sakhe
esilandelayo, ethi: "Ngifuna ukubona ikwaya
yamantombazane ingizungezile inginika ukudla okuhle
kakhulu nokumnandi kakhulu emapuletini egolide futhi

ingipha iziphuzo ezimnandi kakhulu kunezimbiza zesiliva
ezisemabhodleleni acwebezelayo njengegolide
".elikhazimulayo

Ngokuphazima kweso, isifiso sakhe sagcwaliseka,
njengoba ethola phambi kwakhe itafula eligcwele zonke
izinhlobo zezinto ezimnandi ezikhonzwa emapuletini egolide,
nezintombi ezinhle zimnika ukudla neziphuzo
.ezihlukahlukene ezifanele amakhosi nezikhulu

Eqaphela ukuthi inqaba entsha kanye nezingadi
nezihlahla zezithelo ezizungezile kwakudinga ukuvikeleka
nokuvikelwa, wacela umuthi ukuba uphenduke ibutho
elinamandla ukuze livikele yena kanye nengcebo yakhe
entsha. Ngokushesha, kwavela ibutho elikhulu lakanisa
eduze kwenqaba, kuyilapho onogada abahlome
ngokugcwele bemi emasangweni esigodlo ukuze banikeze
.ukuvikeleka okudingekayo

Ngemva kokujabulela idili elibizayo nelibiza kakhulu,
waqala ukuhlola isigodlo sakhe esisha. Wakhuphuka
izitebhisi zemabula ezicwebezeliwe futhi wahambahamba
emakamelweni ahlotshiswe ngamatshe ayigugu
.anokukhanya okukhazimulayo

Ekugcineni, u-hemit wethu onenhlanhla wakhathala
ukuhamba futhi wafuna ukuthula nokuphumula kwelinye
lamakamelo aphansi. Amafasitela aphansi alelo gumbi
ayembozwe amagatsha amade esihlahla esihle se-Wishing
Tree

Njengoba elele embhedeni eduze kwefasitela,
waphawula ukuthi amagatsha aminyene esihlahla esifisayo
ayevimba ukukhanya, futhi wazizwa enesizungu, ukwesaba
okuhambayo enhliziyweni yakhe. Ukuthula kwaphazanyiswa
yimisindo embalwa kuphela, futhi wazibuza ukuthi ngabe
zivela engadini noma ezilwaneni zasendle zehlathi
.ezazizulazula ngokukhululeka ngale kwezindonga zesigodlo
Njengoba ukukhathazeka kwakhe kwanda, umcabango
onamandla wangena engqondweni yakhe, wabe esezitshela

ukuthi: "Kuyiqiniso ukuthi kukhona ibutho elinamandla lapha elizongivikela, kodwa angiboni nelilodwa isosha elimi eduze kwaleli fasitela, futhi ifasitela alivikelwe inetha lezinsimbi Kuthiwani uma ingwe evela ehlathini ikwazi ukungena ngefasitela? Uma kunjalo, izongidla, futhi lokho kuyoba ".ukuphela kwami

Ngokushesha nje lapho lowo mcabango wokwesaba ufika engqondweni yakhe, ingwe enolaka yagxuma isuka efasiteleni, yabamba i-hermit eyayithukile, yahamba (ukuyoyishwabadela)

Ngeshwa, i-hermit ayizange iqaphele ukuthi i-Wishing Tree yayingahlukanisi phakathi kwemicabango emihle nemibi. Inhloso yayo kwakuwukugcwalisa imicabango evuselela ezinhliziyweni zalabo ababeyifukamele. Ngempela, i-Wishing Tree yayifanekisela isithombe sengqondo esinamandla se-hermit, futhi leso kwakuyisifiso sayo .sokugcina

Wonke umuntu uhlala ngaphansi komuthi wezifiso omangalisayo ogcwalisa zonke izifiso zakhe. Lowo muthi .unamandla okuzimisela

Noma ubani ongakakwazi ukulawula izifiso zakhe, izifiso zakhe, nemicabango yakhe kufanele abonge iNkosi yakhe, ngoba imicabango yakhe engaqondiswanga ayifezeki ngokushesha, ngaphandle kwalokho lezo zifiso zasendle zingabangela ukubonakaliswa okuzenzakalelayo kwezingwe .ezineshwa ezingahlasela umnikazi wazo nabanye Imfundiso yendaba iwukubaluleka kokugxila emicabangweni yakho ezintweni ezinhle nezinhle ngenkathi uhleli ngaphansi kwamagatsha eSihlahla Esifisayo, okungelutho ngaphandle kwentando nokuhlakanipha .okukhulu komuntu

Ukugxila emicabangweni yomuntu ekwesabeni, ekuhlulekeni, ekuguleni nasekungazini kungabangela ukuvela kwezilo ezweni elingabonakali lemicabango, kudale

izinkinga ezingapheli futhi kumangaze umuntu ngalokho
.angakufisi
Izingcaphuno ezivela ekuhlakanipheni kwamaBaramhani

Abantu abakhulu bayizibonelo ezinhle
Nakuba imizimba yabo yayilinganiselwe
Kodwa baqaphela ukuthi bayingxenye yolwandle
olungenamkhawulo
Futhi ukuthi zonke izinhlobo ngazinye
Zingamagagasi esifubeni solwandle lwendawo yonke
Kuleli zwe sizibekela imingcele futhi sizibekela imingcele
Ngaphakathi kwemingcele yomndeni omncane
Kodwa uma sibathanda omakhelwane bethu, siyakhula
Uma sithanda izwe lethu, siba sikhulu
Uma sithanda bonke abantu nezizwe, siba sikhulu
kakhulu
Futhi lapho ukuqonda kwethu kugxila kuNkulunkulu
ekuphileni kwangemva kokufa
Noma kuleli zwe ngokuzindla okujulile
Ngisho noma sisesemzimbeni wenyama
Siyaqonda ngempela iqiniso
Ulwandle luyizaga
Nokuthi amagagasi aphuma olwandle
Kusuka kulabhulali yethu egciniwe: Izincwadi
Bangani abathandekayo, umtapo wethu wezincwadi
uqukethe
Kusekelwe ezingcezu ezivela ezinkulungwaneni
zezincwadi ezithunyelwe ngabafundi
Bavela emazweni ahlukene, baveze ulwazi lwabo
Ngezimfundiso zikaMaster Paramhansa Yogananda
Lapha ngihumushe isampula yalezo zinhlamvu
Ngoba ihambisana nemibono nemiyalezo yakho
eminingi
Lokhu kuwubufakazi bokuthi ulwazi lomuntu luyinto
eyodwa

Futhi lezo zinhliziyi ezivulekile nemicabango

evumelanayo

Bahlangana, noma ngabe bakuphi

Ngothando, ubuhle, nokuthula

Uma ungathanda eminye yale miyalezo

Ngingajabula ukunikeza okwengeziwe

Ngothando oluqotho kanye nezifiso ezinhle

UMahmoud Abbas Masoud

Manje sicela ufunde eminye yemiyalezo

Lezi zimfundiso zangisiza ukuba ngihlole kabusha

Ukuthula okungenamkhawulo okusezinhliziyweni zethu

zonke

Kwanginika ukuzethemba okujulile ngekusasa

Futhi ngakhulisa uthando lwami ngoNkulunkulu nalabo

abamaziyo

Iqukethe ngempela ukukhanya nesibusiso

* * *

Ngizizwa ngibonga kakhulu uNkulunkulu

Ngubani ongiqondise kulezi zimfundiso ezingokomoya

Ngigcwele umuzwa wokubonga nokwazisa

Ngosizo engilutholile ngibonga uNkulunkulu

Futhi izinkulumo zeParamahansa ehlakaniphile

Ngizizwa sengathi ngiqale uhambo oluhle kakhulu

Ukuthola ingcebo efihliwe yomphefumulo emayini

yempilo yami

* * *

Ezimfundisweni zikaMaster Paramahansa

Ngithole umthombo wokuthula, amandla, kanye

nobungqabavu obuhlala bugeleza

Kunzima ukubala zonke izinzuzo ezitholakalayo

Empilweni yami yansuku zonke ngisuka emicabangweni

yakhe ephakeme

* * *

Ngizifunda lezi zinkulumo ngokuphindaphindiwe

Isikhathi ngasinye lapho ngithola izinto ezintsha,
njengokungathi
Angikaze ngikufunde ngaphambili
Kimi, kuwumthombo wamandla okhulayo noningi
Kusukela olwazini oluvela kuNkulunkulu, ugqozi,
nothando
* * *

Lapho ngifunda lezi zimfundiso ngokugxila
nangokucabanga kakhulu
Noma nini lapho ngizizwa ngithuthuka kakhulu
empilweni yami
Emazingeni ezinto ezibonakalayo, ezengqondo, kanye
nezingokomoya
Inezakhiwo zamagnetic
Ukuheha ubuhle nazo zonke izinto ezinhle
* * *

Njengoba ngifunda lezi zinkulumo
Ngaqala ukuzizwa sengathi ngisendleleni eya phezulu
Ngikhuphuka izinga eliphezulu ngokwengqondo
nangokomoya
Bengingazazi ngaphambili
Nginomuzwa wokuthi kungilethele intuthuko eminingi
empilweni yami
Futhi kwenze kwaba okucebile nokuhlukahlukene
Esikhathini esidlule ngangingasavuki
Futhi manje ngizizwa nginolwazi oluphakeme
Nokuzwela emizweni
Isifiso sami ukusiza ekusakazeni le mibono
Ukuze abanye bazuze kukho njengoba nami ngizuze
kukho
* * *

Ngisanda kuqeda ukufunda "Izihlebezi ezivela
" Ephakadeni
Kuthisha uParamhansa, futhi ngizizwa nginokuthula
okukhulu

Uthando lwaphezulu lugcwalisa wonke umzimba wami

-

Ukuqhathaniswa phakathi kokuthobeka

nokuzikhukhumeza

Ukuthobeka kuyisigodi esivundile sokuqwashisa

Lapho imvula yaphezulu ithululeka khona ngobuningi

futhi iqoqana khona

Futhi akunakwenzeka ukuthi imvula iqoqeke

esiqongweni sentaba

Ngakho-ke, amanzi olwazi awakwazi ukuqoqana

ekhanda lokuziqhenya okuqhoshayo

Ukuzidla kuvala umnyango wokwamukelwa

nokuvuleleka, lapho ulwazi lungena khona

Ukuthobeka kuvula iminyango ebanzi

Ubiza ukuhlakanipha ukuba kufike futhi kumise

Ukuzidla kuwububi obubonakalayo obubhalwe ebusweni

bomuntu oqhoshayo

Abantu bayamzonda futhi bayamdedela

Ukuthobeka kuyiphunga elimnandi elenza umniniyo

athandwe futhi afiswe yibo bonke

Ukuzikhukhumeza kuvela ekuziboneni uphansi

Okubonakala njengalokho okubizwa ngokuthi i-

supremeional complex

Nakuba ukuthobeka kuzalwa ukuhlakanipha

noma ukuzazi

Ukuzikhukhumeza kwenqaba ukufuna iqiniso

Ngokuphathelene nokuthobeka, kuyathandeka futhi

kuyamukela iqiniso

Uyamncenga ukuba angene eNgcwelengcwele

yomphefumulo wakhe

Ukuzikhukhumeza kwembula ukwehluleka kwayo

ngemizamo yayo ehlulekile

Ukudelela abanye nokubenza babukeke bebancane

Nokho, ukuthobeka kuyisibonakaliso esihle sokuqonda

izinhliziyoy

Isibonelo esikhanyayo sobukhulu nobukhosi
Ize liyingubo esobala egqokwa yize
Ukuthobeka kuyingubo yesithunzi nesizotha
Ukuzikhukhumeza kuxosha abangani neqiniso

empilweni yakhe

Ukuthobeka kudonsela abangane nokuqonda
Umuntu oqhoshayo ufana nethini elingenalutho elibanga
umsindo uma lishaywa

Umuntu othobekile ufana nesitsha esigcwele isiphuzo
esibusisiwe sokuhlakanipha

Ukuthobeka kuyakhanga; kusakaza injabulo nxazonke
Kudonsela abangane abaqotho nemiphefumulo

enomusa

Umuntu othobekile uletha ubuhle nezibusiso empilweni
yakhe

Ngokuthobeka kwakhe, njengembali entsha nephunga
elimnandi

Kwangathi uNkulunkulu angagcwalisa impilo yakho
ngenjabulo nenjabulo

Isifiso sokuvelela kanye nokungalaleli
Isifiso sokuba yisigidigidi

Uthando lwengcebo kanye nobugovu bokuthopha
Kuyindinganiso engamanga yenjabulo yangempela
?Futhi ubani ofuna ukuba yisigidigidi ngale ndlela

Akagcini nje ngokuzilimaza

Kulimaza nabanye futhi

Ngoba kubaholela ezindleleni eziholela osizini

nasebuhlungwini

Isibonelo, isisebenzi esilula ehhotela
Lowo obona isicebi sigqoke izingubo ezibizayo
Uphuma emotweni kanokusho ngokuziqhenya

nangokuzikhukhumeza

Iqhutshwa umshayeli ozimele

Umona ngaye ngezibusiso zakhe ezibonakalayo

Uzama ukulingisa indlela yakhe yokuphila

Uboleka imali athenge imoto, mhlawumbe
esetshenzisiwe
Kudinga ukulungiswa okubizayo
Futhi uthenga ezinye izinto zokunethezeka
Lokho akukholelwa ngephutha
Kuzomnika ukubukeka okuthile
Kusukela ekubukhazikhazini okungenalutho kanye
nengcebo ekhohlisayo
Ungumuntu ompofu ogembula ngezinto zakhe ezincane
Uzibeka ezinkingeni angazigwema kalula
Bambalwa labo abaqaphelayo
Umuntu odela impilo yakhe nenjabulo yakhe
E-altare lokwesaba nomsebenzi onzima
Ukuphazamiseka kwemizwa nezinkinga zenhliziyo
Ukuze ube yisigidigidi
Empeleni udukisa abantu abangenangqondo
nabangenangqondo
Ukuhamba ezindleleni ezishelelayo
Lapho impilo ilinganiswa ngokubonakala okukhohlisayo
Ukuzenza sengathi ujabule
Ngokuphathelene nendinganiso engamanga ukuthi
Ingcebo iwumgomo oyinhloko empilweni, okungekho
omunye umgomo ngaphandle kwawo
Lokhu kwenza abantu basebenzise ubuqili nokukhohlisa
Ukukhohlisa abantu abangenalwazi nokubaphuca indlela
yabo yokuphila
Imikhuba yokuphila eyeqisayo
Kungakhathaliseki ukuthi imali yenziwa kanjani
Ukujabulela ukudunyiswa nokuthopha kuwuphawu
lokungazi lutho
Ngenxa yokuziqhayisa okunyanyekayo kanye
nokubukisa okunyanyekayo
Konke lokhu kuholela umuntu ofuna ingcebo ekubeni
nobugovu obukhulu
Futhi ukwakha izindlela zobuqili

Noma ukusebenzisa imikhuba yokusongela kanye
nemikhuba engafanele yokuziphatha
Ukuze uthole izinto zokunethezeka ezengeziwe
Okufana nomhlanga ophukile
Okulimaza isandla esibambe
Futhi unganciki kuyo
ukuphila okunethezekile
Isifiso sokuba nemali nganoma iyiphi indlela
Nokukhathazeka ngokuhlala endlini encane
Nokwesaba ukulahlekelwa ukuma kwezezimali
Emehlweni omndeni nomphakathi
Ngaphezu kobugovu
Konke lokhu kuyizibonakaliso zobubi
Izinto ezenzekayo ezingabalwanga
Ukulahlekelwa uzwela kulabo abaswele
Ukube wonke umuntu wayephila impilo elula futhi
egqoke ngendlela elula
Imfashini yokuphila ngokunethezeka isiphelile
Yikuphi okuholela kakhulu
Usizi olukhulu nokukhungatheka
Futhi abantu bazama ukuhlakulela izimfanelo
ezingokomoya
Futhi esikhundleni salokho uviniga omuhle
Ubugovu kumele buqedwe
Wadala ukuphila okulula kanye nokucabanga
okucwengekile
Inqubo ejwayelekile kanye neyokuhlola
Akukho ukusebenzelana noma ukubambisana
okudingekayo
Nalabo abanengcebo egciniwe
Labo abangazizwa ngendlela abanye abazizwa ngayo
Izinhliziyi zabo azithambeki kubafowabo ababi
Ngisho noma babebabona begqoke ama-dress agugile
futhi belambile
Ingcebo ngokwayo ayisona isono

Kunalokho, kungaba yisibusiso ezandleni zabantu
abalungile nabaphanayo
Labo uNkulunkulu abacebile ngomusa wakhe omkhulu
Labo abajabulela ukusiza abanye
Futhi wasusa iphupho elibi lobumpofu nokungabi
nabulungisa emahlombe abo
Amazwi anamandla amakhulu okwakha noma
okubhidliza
Ukuze uthole induduzo nokududuzeka
Noma ukuchoboza imimoya nokuphula imizwa
Kukhona amagama adala ukudideka nokudideka
Amagama aqeda ukukhathazeka futhi aduduze
izinhliziyi
Kufaka ukuzethemba nenduduzo
Amagama avusa izimpi ezinamandla
Amagama okuthambisa umoya
Futhi kunciphisa amashwa kanye nemithwalo
UNkulunkulu unike umuntu izipho eziningi
Lokhu kuhlenganisa ikhono lokuziveza
Ezwini elikhulunywayo, elibhaliwe, nelizwiwe
Ngenxa yokuxhumana okunenjongo nokuseduze
phakathi kwabantu
Isintu singumndeni owodwa
Naphezu kwemibono ebonakala ingafani
Amazwi mawabe ithuluzi lokusondeza abantu, hhayi
ukwesabisa
Ukufaka isiqinisekiso, hhayi ukusabalalisa ukwesaba
nokungezwani
Ukwakha ukuvumelana, hhayi ukutshala ukungezwani
Ukususa izithiyo nezithiyo
Cha ukugcwalisa izindlela ngameva nezithiyo
Indaba yomsebenzisi owafundisa inkosi
Kudala, inkosi yatshela omunye wabantu bayo ukuthi
ngaphandle kokuba iphendule umbuzo othize, ukulengiswa
.kwakumlindle

" ?Indoda yaphendula yathi, "Uthini umbuzo, Nkosi
Inkosi yabuza, "Ngitshele, ukuphi ukuqonda

" ?kwaphezulu

Indoda yacela inkosi isikhathi somusa samasonto
amabili ukuze imlethele impendulo, futhi inkosi yasamukela
.isicelo sayo

Wabe esebuyela emsebenzini wakhe edangele, watshela
umqashi wakhe ukuthi ngaphandle kokuba aphendule
umbuzo wenkosi zingakapheli amasonto amabili,
.uzowukhokhela ngokuphila kwakhe
Umsebenzisi, owayaziwa ngesibindi sakhe
nokuhlakanipha, wathi kuye
Ngivumele ngihambe egameni lakho ngizophendula "

" umbuzo wami

Umsebenzisi waya enkosini wathi kuyo
Okokuqala, ake ngihlale esihlalweni sakho sobukhosi, "
ngoba ngenkathi ngikutshela into ongayazi, ngiyinkosi yakho
"

Inkosi yanikeza umsebenzisi isihlalo sayo sobukhosi,
yathi

" ?Ngitshele, ukuphi ukuqonda kwaphezulu "

Umsebenzisi ohlezi esihlalweni sobukhosi waphendula

" wathi: "Ngiletheleni inkomo

" ?Inkomo yalethwa, umsebenzisi wabuza, "Luphi ubisi

" Inkosi yaphendula yathi: "Ebeleni

Umsebenzisi uphendule wathi: "Akunjalo, ubisi alukho

nje kuphela esibeledweni, kodwa lukhona kuzo zonke
izingxenye zomzimba wenkomo, ngoba ubisi luyingqikithi
" yenkomo

Wabe esecela isitsha sobisi, kwathi lapho isitsha

" ?silethwa kuye, wabuza inkosi: "Liphi ibhotela

" Inkosi yaphendula yathi, "Angiboni bhotela

Umsebenzisi uthe: "Ibhotela likhona, kodwa lisabalala
kulo lonke ubisi. Hlikihla ubisi bese ibhotela lizohlukana bese
".lintanta phezu kwalo

Njengoba ubisi lukhona kuzo zonke izingxenye
zomzimba wenkomo, nebhotele lisakazeka kuwo wonke
ama-molecule obisi, kanjalo nokuqonda kukaNkulunkulu
.kukhona kuwo wonke ama-athomu okuphila
Ngakho-ke, ukuhlakanipha komsebenzisi kwasindisa
impilo yomqashi wakhe, njengoba inkosi yathola impendulo
.efanele yombuzo wayo

Ukuqonda kukaNkulunkulu akugcini nje
kwabakhanyiselwe; kukhona emiphefumulweni
nasezinhliziyweni zabo bonke. Noma ubani ogxila
ekuzindleni uzovula umnyango wenhliziyo yakhe, ezwe
ukuba khona kokuqonda kukaNkulunkulu, futhi afunde
incwadi yokuphila. Ngaphandle kwalomuzwa wangempela,
.umbuzo uzohlala ungaphendulwa

Amadoda ahlakaniphile athi
Ukuze umuntu abe usizo empilweni
Kumelwe azikhulule kuzo zonke izinhloso ezimbi
imizwa ebuhlungu kanye nesifiso sokuziphindiselela
Ngisho nokunganeliseki okufanele
Uthando akumelwe lususwe esihlalweni sobukhosi
Uthando kufanele lunqobe imizwa
Kwakha isisekelo sokusebenzisana phakathi kwabantu
Kunezinto nezinto ozithandayo empilweni ezingcono
kakhulu

Kusukela ekuvuseleleni imizwa yenzondo nentukuthelo
Ukuhlela ukulimaza nokubamba abanye
Futhi imvula phansi komlilo wesihogo
Ngisho nalabo abaziphatha ngendlela ethile
Akufanelani nesimo sobuntu esihle
Ukube nje isintu besingayeka ukuvutha nokukhulisa
ububi

Kunalokho, usebenzisa iso lokwaneliseka
Lokho uMdali uMninimandla onke amnika khona
Ukugxila ekwenzeni okuhle kuwe nakwabanye
Ngoba imicabango nemizwa ilinganiselwe enzondweni

Ukukhubaza amathuluzi okuhle
UNkulunkulu awunike isintu ukuze basisebenzise
Ngesikhathi sohambo lwakhe olufushane oluya kuleli

zwe

Ukugxila okungalungile kuholela ezinhliziyweni
ezilukhuni

Futhi ukuvusa izinsolo ezimbi kanye nemizwa yobutha
Uma kugxilile enhliziyweni, kunzima ukukususa
Leso yisimo esidabukisayo lapho umbono wokuphelelwa
yithemba usuphenduke waba yiphunga elibi
Konke okuhle kuba kubi, futhi konke okuhle kuba
yisisekelo

Ngisho namathuluzi ezempilo aba amathuluzi okukhiqiza
Ubuthi kanye nesifo esibi
Lokho kuyisihogo

Kwangathi uNkulunkulu angasigcina thina nawe kude
nakho

Futhi mayelana nobubi bakhe nobubi bakhe
Ukuthula makube phezu kwakho
Kwangathi ungahlala uzungezwe uthando

Ilanga lokuqonda kwendawo yonke

Lesi sihloko savela kumagazini wokuqala we-East and
West ngo-1925. Lo magazini, kamuva owaziwa ngokuthi
umagazini i-Self-Knowledge, wasungulwa ngenhloso eyodwa:
ukuhlanganisa abantu ndawonye nokukhombisa izici ezinhle
kakhulu eziyingqayizivele kanye nezici izizwe ezinazo, eziye
zanikela futhi zaqhubeka nokufaka isandla ekwakheni
.isakhiwo esikhulu sabantu kule planethi enguMhlaba
Uthisha omkhulu wasebenza iminyaka eminingi ukuze
akhuthaze umoya wothando nobuzalwane phakathi
kwabantu, ekhuthaza ukushintshana ngolwazi ukuze impilo
ibe mnandi, ibe ntle futhi ibe nenjongo. Kulokhu, wathi:
"Ukulamba kwethu ulwazi kufanele kusenze sikhohlwe

umehluko wethu omncane futhi kusinxuse ukuba samukele
ngenjabulo amaqiniso abanye. Masilungiselele
ukushintshana ngokuhle kakhulu abantu babo abanakho,
ngoba bonke abantu bangabafowethu nodadewethu, futhi
sonke singabantwana bezwe elilodwa eliyizwe eliyizwe
".lonke

Ngahlala egqumeni elincane ngivale amehlo futhi
ngabuka ubumnyama obumnyama obabungimboze
Ekuqaleni, ngangingaboni lutho ngaphandle kobumnyama,
kodwa ngangifuna into engaziwa kodwa ejwayelekile futhi
eyaziwayo ngesikhathi esifanayo
Ngavula amehlo ami ngabuka umhlaba omuhle kakhulu,
ojabulisayo, ohlotshiswe ngokukhanya kwenyanga
okungapheli nezinkanyezi ezikhazimulayo endaweni enkulu,
amasimu namagquma amomothekayo anotshani obuluhlaza
njenge-emerald obuthambile njenge-velvet, izintaba
ezikhazimulayo, amagagasi ashaya olwandle oluyaluzayo,
namadolobha azigqaja ngezinto eziningi ezifezwe kanye
nezinto ezisunguliwe ngabantu. Kodwa-ke, konke
engangikubona kwabonakala kungisola ngokuchitha isikhathi
sami ngizindla, ngingisola ngokuba yiphupho, ngilahlekile
.ezweni lamaphupho
Izwe lathi kimi, "Kungani uvala amehlo akho futhi ususa
ubuhle bami emehlweni akho, bese uhlala ebumnyameni
"?obungenalutho nasebumnyameni obungenalutho
Ngahlebelala futhi: "O sigebengu esinesibindi, ukube
bekungengenxa yobuhle bangaphakathi, ubuhle bakho
"!Ngabe abunabo ubukhazikhazi noma ukukhanya
Lapho nje lo mcabango ufika engqondweni yami,
ngezwa ucingo olufihliwe oluvela ekhoneni elijulile
ngaphakathi komphefumulo wami, futhi izinzwa zami
.zathuthumela futhi amangqamuzana omzimba wami avuka
Ngavala amehlo ami futhi ukuze ngibone ulwandle
lobumnyama Ngabuka ngokucophelela enhliziyweni
yobumnyama obumnyama, ngifuna ukukhanya okuncane—

ukukhanya engangikwazi ukuthi kukhona, okwakudinga
ukusesha kuphela kwaze kwaba yilapho ngikuthola.
Ngokungazelelwe, ngabona umcabango omncane, ocishe
ukhanye uphuma kwelinye lamagumbi alelo gumbi elijulile,
eliyimfihlo Ngagxilisa ukunaka kwami kulowo mbono
omncane, futhi wakhanya kakhulu kwaze kwaba yilapho
.wembula inkazimulo yawo efihliwe

Futhi ngathola ukuthi ngangibona lapho ngaphandle
kwamehlo futhi ngibone yonke imicabango ikhanya
njengombani okhanya bese inyamalala, noma ikhanya
njengomhlambi wezinkanyamba eziningi ezikhanyayo
ezikhipha isifutho sokukhanya esivele ngokuzumayo bese
inyamalala esibhakabhakeni sengqondo yami Ngakwazi
ukubala yonke i-flash, yonke inhlansi, nokuqaphela isikhathi
namandla enani ngalinye. Yeka umbono omuhle kakhulu we-
!metaphysical

Futhi ngakwazi nokuzwa ngaphandle kwezindlebe zami,
futhi ngalalela ngokusobala izwi elincane kodwa
elizwakalayo lemicabango yami Yebo, ngalalela
ukunyenyeza okuphansi konembeza kanye nezwi
lokuhlakanipha elithule Ngezwa konke lawo mazwi akusho
ngokusobala okukhulu, njengokungathi angikaze ngikuzwe
ngaphambili. Okokuqala, ngezwa ukuba khona kwalezi
zihlobo ezingabonakali, zangaphakathi Ngazizwa uzwela
lwazo kanye nokunganginaki kwazo Lezi zihlobo ezaziphila
kudala ekujuleni kobuntu bami, emakamelweni amnyama,
ziceba, zihlela, futhi zakha ikusasa lami Kodwa zahlala
zifihliwe, zithobekile, futhi zifihliwe, njengokungathi azikho
ubukhona noma ubukhona

Yeka umsebenzi omkhulu eniwenzayo, zihlobo
nabangani abayimfihlo! Kungani ningabonakali ngokucacile
?nangokusobala kangaka

Ingabe uyesaba ukubuka okungcolile nokungahlelekile
kwezingqondo zabantu? Noma mhlawumbe wesaba ukuvela
ekukhanyeni okukhanyayo kwezingqondo ezingenakukwazi

ukucabanga okucwengekile nokubucayi! Noma mhlawumbe
wesaba ukuminyana ngenxa yokudlidliza okunamandla
!kwezinto eziqinile

Kodwa yeka ukuthi unekhono kangakanani ekuphumeni
emakamelweni amnyama ukuze wakhe izakhiwo
eziphakeme, amabhuloho amakhulu, nazo zonke izinhlobo
zempumelelo yezinto ezibonakalayo, bese ubuya
!ngaphandle kokukubona noma ukukuhlalalisela
Isitimela esigijima ebumnyameni bobusuku, izindiza
ezidumayo, imikhumbi enamandla entanta njengemizana
ebusweni bolwandle, imisebenzi yobuciko yobuciko,
ithempeli leNkosazana u-Athena, iParthenon, kanye neTaj
Mahal konke kuyizimangaliso ezenziwe ngumuntu, futhi
konke kungikhumbuza wena kanye namandla akho
!aphefumulelwe ukucabanga okunamandla

Kodwa lapho ngibona ichibi elinamanzi alo
acwebezelayo lingibiza ukuba ngiqede ukoma kwami,
namafu amnyama ekhulula imifula nezimpophoma zemvula
ukuze zondle amasimu nezihlahla ezigcwele izithelo
ezimnandi nezimnandi; futhi lapho ngibona ukukhanya
kwenyanga egcwele kukhanya ebusuku, futhi ngibona
umjikelezo wezinkathi zonyaka, nomhlaba umbozwe
ukhaphethi obanzi wotshani, namafu abomvu aqoshwe abe
yizimo ngemisebe esesihengo somkhathi wonke lawa mafoto
amahle, angenakulingiswa ngiyawabona, futhi ngicabanga
ngalowo mkhathi osebenza ngamandla nokuhlakanipha
!yonke indawo

Futhi ngicabanga ngokumangala ngalelo zwi lendawo
yonke eliyala ilanga, inyanga, amaplanethi, umhlaba,
imvelo, izinkathi, wonke amandla ayizimpumputhe, ulwandle
namagagasi awo, umuntu, ukuphila, nokufa, futhi bezwa izwi
.lalo futhi balilalele

Ingabe ikhona indawo efihliwe, engenamingcele noma
isiphetho, lapho imibono ekhanyiselwe ifihlwe khona futhi

isebenza endaweni yonke ngaphandle kokuba othile
?ayiqaphele

Ngabheka ngamafasitela enkumbulo futhi ngakhumbula
ukuqala kobuntwana bami, lapho ilanga lokuqonda kwami
liphuma esibhakabhakeni sempilo yami. Futhi lapho liphuma
kancane bese lisuka ebumnyameni bengqondo engaphansi,
lakhanyisa ingxenye encane kuphela yomkhathi wengqondo
yami, ngakho angibonanga lutho ngaphandle kukamama,
amathoyizi ami, kanye nezingcezu zamaswidi ezinemibala
.ehlukene

Kamuva, njengoba ukuqonda kwami kwakhula, ngabona
ingxenye enkulu yombono wami; kwakhanya, futhi ngabona
izinto eziningi engangingakaze ngizibone ngaphambi kokuba
ngibone abangani bami, izihlobo zami, omakhelwane bami,
izwe lakithi—konke kwavela futhi kwafakwa emkhakheni
.wami wombono

Esibhakabhakeni sengqondo yami, ilanga lokuqonda
kwami lakhanya ngokukhanya okungapheli nokunamandla,
kukhanyisa konke okwakufihliwe ngaphambili Ngabona
bonke abantu, zonke izizwe, zonke izidalwa, imvelo,
amaplanethi, izinkanyezi, nawo wonke ama-electron
akhazimulayo Ngaze ngabona nomkhathi nendawo yonke
!engenamkhawulo

Futhi bengingazi ngaphambili ukuthi ngizoyithola
ebumnyameni bengqondo yami ilanga lokuqonda kwendawo
!yonke

Ukulawula ukuthambekela okubi

**Umuntu ophuza utshwala ngokweqile uba
umlutha, futhi lokhu kulutha kuholela emkhubeni
olimazayo nongacacile Uma bengenzi mzamo
wokuyeka ukuphuza, bangase babe umlutha
wotshwala, bahlushwa ukunxanela utshwala
okungalawuleki Laba bantu abahluphekayo bavame
ukuchitha imali yabo otshwaleni. Badla okuncane**

futhi babonakala bethola ukudla okuthile esiphuzweni esidakayo uqobo. Njengoba lo mkhuba obhubhisayo ugxila, balahlekelwa umuzwa wabo womthwalo wemfanelo ngempilo yabo kanye nokuma kwabo emakhaya abo, emiphakathini, nasemhlabeni jikelele.

Incazelo eyandulele yabantu abadakwa utshwala imane nje iyisibonelo salokho engikubiza ngokuthi “abantu abadakwa ngokwengqondo”. Laba bantu abadakwa ngokwengqondo noma ngokwengqondo bangahlukaniswa ngokwezimo zabo ezithile zengqondo, ezingaba ezingapheli futhi ezingalawuleki, njengentukuthelo, ukwesaba, isifiso sobulili esingalawuleki, ukujabulela ukulimaza abanye, ukugembula, ukweba, umona, inzondo, ukuhaha, intukuthelo embi, ubuqambi, ubuwula, kanye nokuhlanya.

Uma umuntu ebonisa ukuqhuma kwentukuthelo okungavamile, ukwesaba, umona, noma ezinye zezici ezishiwo ngenhla kusukela ebuntwaneni, kuwubufakazi bokuthi wathola le mikhuba yengqondo engavamile empilweni yangaphambilini. Abazali abaqaphela noma yikuphi kwalokhu kuthambekela kwengqondo okuyingozi ezinganeni zabo, ngisho noma zisencane, kufanele bathathe le ndaba ngokungathi sína futhi bathathe izinyathelo zokuvimbela ingane ekubeni nomlutha wengqondo, okungcono ngokuyibeka endaweni ehlukile ngaphansi kokunakekelwa kwabeluleki abangokomoya.

Njengoba enobungane obuhle nendawo yokusekela iminyaka eminingana, umuntu ophuza utshwala ngengqondo angase akhululwe ekubanjweni okuklinyayo yimikhuba yakhe emibi ayitholile. Ngenkathi ethola ukunakekelwa okufanele kwezokwelapha endaweni yokusekela, umuntu ophuza utshwala ngengqondo kumele aziswe

**ngemiphumela emibi yemikhuba yakhe emibi futhi
akhuthazwe ukuba azindle ngayo futhi enze umzamo
wangempela wokugwema ukubonisa lezi zenzo
ezinyanyekayo nezibhubhisayo ngaphansi kwanoma
yiziphi izimo. Isikhathi ngasinye sokuzitika
ngomkhuba onesifo sengqondo otholwe emzimbeni
wangaphambilini siyawuqinisa futhi siwugxilise
engqondweni kuze kube yilapho umuntu eba yisigqila
sawo ngazo zonke izindlela.**

**Umuntu othukuthele, onenkanuko, noma ohahayo
ukhohlwa indawo yakhe futhi anganaki ubuhlobo
bakhe nomphakathi, enze amaphutha amakhulu
abhubhisa impilo yakhe kanye neyabanye. Abaningi
balaba bantu abagula ngengqondo bakholelwa ukuthi
ngokuveza imikhuba yabo yengqondo, bayayikhipha
futhi bathola impumuzo. Kodwa-ke, ukuzitika
ngezifiso ezilimazayo kuwumkhuba onemiphumela
emibi, ngoba ngokuveza ngokuphindaphindiwe
ukuziphatha okunjalo okubi, umuntu uba umlutha
ngokwengqondo, azenze inhlekisa emehlweni abanye,
yonke indawo nangazo zonke izikhathi.**

**Uma izingane zivezwa endaweni enobuthi
ngenkathi izingqondo zazo zisakhula futhi
ziguquguquka, zizoba nemikhuba emibi, okuthi uma
ingalawulwa, iholele ekuguleni kwengqondo okukhulu
Abazali ababona ushintsho oluzumayo enganeni yabo
—njengomntwana owayezolile ngaphambili ehlala
ekhungathekile—kumele banake kakhulu, bathole
futhi babhekane nezimbangela zokukhungatheka
nokuphelelwa yithemba kwabo, futhi bathole izindlela
ezintsha nezakhayo zokusebenzisa amandla abo
ngendlela ezuzisayo nephumelelayo**

**Labo ababonisa noma yiziphi izici ezibalwe
ngenhla bangabantu abadakwa ngokwengqondo.
Bagibela imifudlana yemikhuba emibi ngokunganaki**

**nangokungakhathali, bechitha injabulo yabo
ngokuzinikela kwabo ngokuzithandela emifuleni
yezinkanuko zabo nangokubonisa izimfanelo zabo
ezimbi kakhulu.**

**Akusizi ngalutho ukusola, ukululeka, noma
ukusola abantu abanesifo sengqondo abanenkinga
yokuthambekela kobudlova Isimo sabo sengqondo
siwumphumela wemikhuba yabo emibi
ephindaphindayo Kufanele baphathwe njengeziguli
ezinesifo sengqondo ezihlushwa izifo zengqondo
ezingalawuleki**

**Ukushintsha abangane kuyindlela yokwelapha
ephumelela kakhulu yanoma yiluphi uhlobo
lokudakwa kwengqondo okukhulu, ngoba intando
yomuntu odakwe ngengqondo igqilazwa umkhuba
ngakho-ke abanakho ukumelana nobubi. Ukwelashwa
okufanele kakhulu ukubadlulisela ngqo endaweni
esebenza njengekhambi lesimo sakhe sengqondo
esinobuthi. Umuntu ocasukile kufanele abekwe—uma
kungenzeka—nomuntu oyedwa noma ngaphezulu
abangathukutheli ngisho nangaphansi kwezimo
ezivusa inkanuko nezicasulayo. Umuntu onenkanuko
kufanele azungezwe abantu abazithibayo. Isela
elichwepheshile lidinga inkampani yabantu
abathembekile. Umuntu onamahloni nowesabayo
angasizwa ngokubakhuthaza ukuba bahlangane
nabantu abanesibindi futhi bafunde imilando
yamaqhawe. Labo abanesimo sengqondo esibi kanye
nemizwa ebuhlungu kufanele bahlale bekanye nalabo
abajabule futhi abanobungane ngokwemvelo.**

**Umuntu onesifo sengqondo sokuphuza utshwala
kumele akhumbule ukuthi ukuqunjelwa noma
ukusebenza kabi kwamathumbu, kanye nokudla
inyama, ikakhulukazi inyama yenkomo nengulube,
kuzokhulisa ukugula kwakhe kwengqondo futhi**

kukwenze ugxile ebuchosheni bakhe. Ukufaka izithelo nemifino eminingi ekudleni kwakhe kwansuku zonke, ukuzila ukudla ijusi yezithelo usuku olulodwa ngesonto, kanye nokufaka ukudla isikhathi eside ngezikhathi ezithile, kuzosiza kakhulu ekuguquleni izindawo zobuchopho lapho kugxilwe khona imikhuba eyingozi.

Ucansi oluningi lulimaza isimiso sezinzwa kanye namangqamuzana obuchopho, okubangela intukuthelo kumuntu onesifo sengqondo sotshwala Ngaphezu kwalokho, ukuzitika ngokweqile ngokocansi kwenza buthaka amandla okuzimisela Ngakho-ke, bonke abantu abanesifo sengqondo sotshwala kumele bafunde ukulawula izifiso zabo zobulili ukuze bazijwayeze ukulinganisela ebudlelwaneni babo bomshado, njengoba kushiwo yimvelo.

Sivame ukuthola ukuthi abondli noma abahlinzeki emndenini—kungaba ubaba noma indodana, kanye nakweminye imiphakathi, umama noma indodakazi—babonisa ukuthambekela ekudakweni ngenxa yomuzwa wokuthi isikhundla sabo sibanika ilungelo lokulawula nokuphoqelesa intando yabo. Laba babusi abancane akufanele bakhipe intukuthelo yabo emalungwini omndeni abawadingayo futhi abathembele kuwo. Ngoba uma benza kanjalo, bazolahlekelwa yinhlonipho nokuhlonishwa kwabathandekayo babo.

Uma undlovukayiphikiswa womndeni ekholelwa ukuthi angenza akuthandayo ekhaya, uqala ukubonisa izimfanelo zakhe ezingathandeki kanye nezimfanelo ezisolekayo ngisho nangaphandle komndeni. Ekugcineni, uyajwayela lokhu kuziphatha okuhlazisayo futhi enze ngokufanele, noma kuphi nanoma nini Ngaphandle kokuthi laba bandlovukayiphikiswa balawule isifiso sabo sokubusa

**abathandekayo babo, kancane kancane baba
nokungazinzi kwengqondo, benze ngaphandle
kokuvuthwa ngokomzwelo futhi babangele izinkinga
ezinkulu kulabo abaseduze nabo, labo abaxhumana
nabo ngezikhathi ezithile, kanye nabo ngokwabo.**

**Noma ubani okholelwa ukuthi ugula ngengqondo
kufanele afune ukwelashwa Okungenani, kufanele
ayeke ukuzama ukuthelela abanye. Cabanga ukuthi
uhleli buthule ekhaya, mhlawumbe ufunda incwadi
eduze kwesithando somlilo, lapho ngokuzumayo
kuvela i-skunk enuka kabi endlini yakho!**

**Ngokwemvelo, kuzoba nesiphithiphithi, futhi wena
nalabo abaseduze nawe ngokungangabazeki
nizozama ukuxosha i-skunk, nizicwilise
kumakhemikhali angathandeki. Ngenxa yalokho,
kokubili umndeni kanye ne-skunk kuzolimala.**

**Ngokufanayo, akulungile ukuthi i-skunk yomuntu
ingene endaweni engafuni ukuba khona kwayo, ngoba
ingabangela ukucasuka kubo bonke abayizungezile,
futhi ekugcineni iphathwe ngonya.**

**Khumbulani, bangani bami, ukuthi i-skunk
yomuntu, ethwele ukuthuthumela kwengqondo
kwemvelo enonya ebonakala ebusweni bayo futhi
ebonakala emehlweni ayo, idala umonakalo omkhulu
ezindaweni ezizolile, ezinokuthula, nezokuthula. Lo
muntu akamukelekile noma kuphi.**

**Ukufihla isimo sengqondo somuntu kungcono
kunokunqotshwa yithonya laso phakathi kwabantu
Ukuzitika okuhlazisayo, noma ukuvumela izifiso
nezinkanuko zakho zilawuleke, kuyindawo evundile
lapho izifiso zangaphambi nangemva kokuzalwa
zikhula futhi zichume khona. Ngakho-ke, noma ubani
ohlushwa yilesi sifo kumele aqaphele kakhulu
ukuhlala endaweni ekhulisa imbewu yengqondo**

yemvelo yemikhuba emibi noma ukuthambekela kobudlova.

Vele, uma uhlangana nomuntu okuphatha ngokuthopha okuzenzisayo futhi ekhuluma nawe ngokumomotheka okwenziwayo, "Isikhathi eside asisoze sabonana!" ngenkathi ezitshela ukuthi, "Kwangathi uNkulunkulu angaliqalekisa ihora elisihlanganise ndawonye," uzwa imizwa yakhe, uzizwa umzonda, futhi uyanengwa ukuthopha kwakhe okungamanga.

Mina ngokwami, ngifuna ukwazi ukuthi ngimi kuphi nabantu. Ngithanda ukwethembeka, noma ngabe kubuhlungu noma kulukhuni kangakanani, kunokuzenzisa okungamanga. Akekho ofuna ukuba inyoka yobuzenzisi ikhonjwe kuye ngaphansi kweqoqo lokumamatheka okubomvu noma ngemuva kwamagama amnandi nathophayo.

Naphezu kwakho konke lokho, kungcono ukuthi umuntu onesifo sengqondo sokuphuza utshwala abe nobungane kwabanye, noma ngabe kungenxa yokubukisa nokuzenzisa, kunokubathelela ngobuthi bobuntu bakhe obubi.

Umkhuba wansuku zonke wokuzithiba, ngisho nasezindabeni ezincane, uzosiza umuntu onesifo sengqondo onesifo sotshwala ukuba aphunyuke kancane kancane ekuzitikeneni kwakhe okubi emikhubeni emibi.

Ukuthula makube phezu kwakho

Amandla okugxilisa ingqondo

Ukuze umuntu ofunayo abe nokwamukela, kumelwe ahlale buthule futhi agxilise imicabango yakhe esifisweni esifanele ukugxilisa ingqondo yakhe nemicabango yakhe kuze kube yilapho ingqondo

yakhe nemicabango yakhe imuncwa ngokuphelele yilowo mbono. Lapho intando yomuntu ivumelana nentando kaNkulunkulu eyazi konke nenamandla onke, ingasetshenziswa ngempumelelo ukufeza umgomo owufunayo. Umuntu akanakuhlala nje alinde impumelelo iwele emathangeni akhe. Uma uhlela inkambo yakho futhi uzimisele ukuqhubekela phambili, kumelwe usebenzise intando yakho futhi usebenzise umzamo osebenzayo, futhi uzothola ukuthi zonke izakhi zempumelelo zizovela kuwe lapho ungalindele khona. Entandweni yakho, egcwele amandla aphezulu, kulapho impendulo yemithandazo yakho ikhona. Uma usebenzisa leyo ntando, uvula ifasitela lapho uthola khona impendulo yemithandazo yakho. Lokhu kungokuhlangenwe nakho kwami. Esikhathini esidlule, ngazama ukwenza izinto ezithile ukuze nje ngivivinye intando yami, kodwa manje angikwenzi lokho ngoba sengivele ngiyazi umphumela: konke engikufisayo kuyagcwaliseka.

Ngesinye isikhathi, eminyakeni eminingi edlule, ngabona omunye wabafundi bami eduka Ngibona kusengaphambili imiphumela engenakugwenywa nebuhlungu yezenzo zakhe, ngazama ukumncenga ngazo zonke izindlela ezinengqondo ukuba aphenduke endleleni yakhe Kodwa ngathola ukuthi angikwazi ukumsiza, ngoba wayezimisele ukuqhubeka endleleni yobubi Ekugcineni, ngazitshela ukuthi, "Njengoba efuna ukwenza lokhu, ngizomshiya" Kodwa uthando lwami nokumkhathalela kwami kwabuya ngokushesha, futhi ngahlala ngaphansi komuthi webanyan futhi ngambona ngentshiseko enkulu, ngangimthumelela njalo umyalezo olandelayo engqondweni: "Ngiyakuncenga ukuba ubuye" Kusihlwa, umuzwa onamandla, oqondakalayo wavuka

**ngaphakathi kimi, kokubili emzimbeni
nasengqondweni, ukuthi ubuya ngempela
Ngokungazelelwe, "indodana yolahleko" yavela,
isifikile ekhaya Yangibingelela ngokukhothama yathi,
"Usuku lonke, noma ngabe ngiya kuphi nanoma yini
engiyenzayo, ngibone ubuso bakho Kusho ukuthini
lokhu?" Ngathi, "UNkulunkulu wayekubiza ngami
Kwakuyibizo Lakhe, hhayi elami Isifiso sami
kwakungesona esobugovu, kodwa ngangizimisele
ukungaphumi kule ndawo uze ubuye" Lolu hlobo
lokuzimisela lungaletha izinguquko ezinkulu
emhlabeni Ngempela kungamandla amangalisayo
namangalisayo!**

**Ngakho-ke, umthandazo ojulile unethonya
elinamandla nelijulile. Isikhathi esingcono kakhulu
somthandazo kusebusuku lapho iziphazamiso zincane.
Uma uthola ukuthi kudingeka ulale kusihlwa, yenza
kanjalo ukuze ugcine ingqondo yakho iphapheme
futhi igxile emithandazweni yasebusuku, futhi ube
noNkulunkulu. Lokhu kungase kubonakale kunzima
ekuqaleni, kodwa kuzoba lula ngokuqhubeka
nomzamo, futhi uzomangala ngemiphumela emihle
ozoyithola. Uma unentando ehlukile, enamandla,
uNkulunkulu uqala ukuphendula. Futhi lapho i-
Absolute engapheli iphula ukuthula kwayo, uzogcwala
injabulo. Kodwa uma nje umuntu ephethe ngisho
nesifiso esisodwa sobugovu sokufakazela amandla
emithandazo yakhe kwabanye, noma uma beyiguqula
ibe yimpahla yokuzuza kuyo, bazolahlekelwa yilawo
mandla, futhi uNkulunkulu ngeke esaphendula, ngoba
bazobe bemise isithiyo phakathi kwabo noNkulunkulu,
beziqhelelanisa naye. UNkulunkulu uzoza kumfuni
kuphela uma eqotho futhi eqinisile, futhi lapho
emthanda ngenxa Yakhe. Lapho umuntu ezicabangela**

futhi ephendukela ekuziqhenyeni nasekuziqhayiseni, uNkulunkulu uyazi ukuthi abamfuni kodwa kunalokho bafuna ukudumisa ukuziqhenya kwabo, futhi ngeke asamukele isimemo sabo.

Ubani ozoqhubeka ngokuzimisela nangokuphikelela kuze kube yilapho uNkulunkulu ephendula?

UNkulunkulu uyisisekelo sothando kanye nomthombo wothando Uma wazi ukuzindla ngenhloso yokuxhumana Naye, uzophendula izicelo zakho zothando. Asikho isidingo sokuncenga ukuze umfinyelele. Kodwa ubani ozonikela ngesikhathi esidingekayo? Futhi ubani ozophikelela aze abe yisihogo esivuthayo sokugxila kwengqondo ukuze athole impendulo Yakhe.

Uma unezikweletu ongakwazi ukuzikhokha, noma uma ufisa umsebenzi, qala uzindle Ngokuthula okulandela ukuzindla okujulile, gxilisa ingqondo yakho ngesinqumo esiqinile esidingweni sakho, kodwa ungaqapheli njalo umphumela Uma utshala imbewu emhlabathini bese uyimba ukuze ubone ukuthi iyakhula yini, ngeke ihlume Ngokufanayo, uma ubheka—njalo uma uthandaza—isibonakaliso sokuthi uNkulunkulu unikeze isifiso sakho, ngeke ukuthole okufunayo Qhubeka uthandaza ngaphandle kokuphazamiseka bese ushiya okunye kuNkulunkulu Indima yakho ukudonsela ukunaka kukaNkulunkulu esidingweni sakho nokwenza ingxenye yakho ekumsizeni agcwalise ithemba lakho Uma kwenzeka ukugula okukhulu, isibonelo, yenza konke ongakwenza ukukhuthaza ukuphulukiswa Kodwa yazi ngokuqiniseka ukuthi ikhambi lokugcina lisezandleni zikaNkulunkulu Vumela lo mcabango uhambe nawe

**ekuzindleni kwakho njalo ebusuku Thandaza
ngokuzimisela okukhulu nokwethemba okuphelele,
futhi ngolunye usuku uzothola ukuthi ukugula
sekunyamalele ngokuzumayo**

**Inggondo iqala ithole iziphakamiso, bese
uNkulunkulu enikeza inggondo amandla Akhe
Ekugcineni, ubuchopho bukhupha amandla okuphila
ukuze kulethe ukuphulukiswa Awazi ubukhulu
bamandla aphezulu agcinwe engqondweni yakho
Alawula yonke imisebenzi yomzimba Ungelapha noma
yisiphi isimo somzimba usebenzisa la mandla
engqondo Kubalulekile kuqala ukwazi indlela efanele
yokuzindla, bese uzokwazi ukusebenzisa amandla
okugxila, athuthukiswe ngamandla aphezulu,
ukuphulukisa umzimba noma ukubhekana nanoma
yisiphi esinye isifo**

**Zama ukwenza into enzima nsuku zonke Qhubeka
uzama, noma ngabe wehluleka kahlanu Uma
uphumelela, sebenzisa amandla akho okuzimisela
agxile ekufezeni okunye. Ngale ndlela, uzokwazi
ukufeza izinto ezinkulu ngesivini esikhulu. Amandla
okuzimisela ayindlela ephilayo yokubonakaliswa
komfanekiso kaNkulunkulu ngaphakathi kuwe.
Emandleni okuzimisela kulele amandla
angenamkhawulo: amandla afanayo alawula wonke
amandla emvelo. Futhi njengoba udalwe
ngomfanekiso kaNkulunkulu, lawo mandla
asezandleni zakho ukufeza noma yini oyifisayo:
ungadala ukuchuma nobuningi futhi uguqule inzondo
ibe uthando. Cela uNkulunkulu akusize ulawule
kokubili umzimba nengqondo, bese uthola impendulo
kaNkulunkulu. Ngihlala ngibona ukuthi izifiso zami
eziphakeme sezigcwalisekile.**

Isidingo sethu esikhulu sikaNkulunkulu

Ebunzini, phakathi kwamashiya, kukhona isango eliya ezulwini. Lesi sikhungo sobuchopho siyisihlalo sentando. Uma ugxilisa ingqondo yakho kulesi sikhungo nentando ngokuthula, noma yini oyifisayo izogcwaliseka. Ngakho-ke, akumelwe neze usebenzise intando yakho ngezinjongo ezimbi. Ukufisa ukulimaza omunye umuntu, noma ukufisela lowo muntu okubi, kuwukusebenzisa kabi kabi amandla uNkulunkulu akunike wona. Uma uthola intando yakho ikuphambukisa, kufanele uyeke ngokushesha. Ngoba ukuqhubeka ngaleyo ndlela akugcini nje ngokuchitha amandla angcwele, kodwa futhi kuzokubangela ukuba ulahlekelwe yilawo mandla, futhi ngeke usakwazi ukuwasebenzisa ngisho nangezinhloso ezinhle.

Okokuqala nokubaluleke kakhulu, imithandazo kumele ibe nengqondo futhi ibe semthethweni Akufanele sicele uNkulunkulu izinto ezingenakwenzeka noma ezingenangqondo ngaphakathi kohlelo lwemvelo lokuphila Kufanele sicele kuphela izidingo zethu ezibalulekile Umehluko kumele wenziwe phakathi "kwezidingo ezibalulekile" kanye "nezidingo ezingabalulekile" Indlela engcono kakhulu yokuzelapha "ezidingweni ezingabalulekile" ukuhlola nokuhlolisisa lezo zidingo ngokukhanya kokuqonda nokucabanga Ukuphupha ngezakhiwo ezinkulu kwakungenye yezinto engizithandayo, kodwa leso sifiso sesiphelile Sengivele nginazo izakhiwo eziningi ezinjalo, nazo zonke izinkinga ezihilelekile maqondana nokulungiswa nokugcinwa Ubunikazi buyisibopho esinzima Isifiso sokuba nezinto ezihlanzekile kumele silahlwe, futhi umuntu kumele agxile kuphela ezidingweni zangempela

Isidingo esikhulu somuntu sikaNkulunkulu Lapho emazi, ngeke amnike “izidingo zakhe ezidingekayo” kuphela, kodwa futhi “nezidingo zakhe ezingadingekile”! Uzogcwalisa zonke izifiso zenhliziyo yakhe, njengoba nje ezogcwalisa amathemba namaphupho akhe athandekayo.

Njengomfana eNdiya, nganginesifiso esinamandla sokuba neponi, kodwa umama wayengafuni ukungivumela Eminyakeni eminingi kamuva, lapho ngisungula isikole sami sabafana eRanchi, ngilethele ihhashi lensikazi ukuze silisebenzise Ngolunye usuku ekuseni, ngathola ukuthi libelethe ithole, njengoba nje ngangifisa ebuntwaneni bami! Izilingo ezinjalo ziye zangifikela izikhathi eziningi Esikhathini eside esidlule, ngesikhathi ngiseluhambeni oluya eKashmir, ngabona lesi sakhiwo (indlunkulu yokuzazi) embonweni Eminyakeni eminingi kamuva, ngabona le ndawo futhi ngayibona ngokushesha njengesakhiwo esifanayo engangisibonile embonweni, ngiqaphela ukuthi uNkulunkulu wayehlase ukuba sibe ngesami

Uma uthandaza ngokujulile nangokuphikelela, uzozwa injabulo enkulu igcwalisa inhliziyo yakho kanye nokuba kwakho

Unganeliseki noma uqiniseke kuze kube yilapho uzwa leyo njabulo, ngoba uma uzwa leyo njabulo enkulu enhliziyweni yakho, uzokwazi ukuthi umthandazo wakho ufikile kuNkulunkulu nokuthi usengqondweni Yakhe futhi iNkosi yakho izokunika futhi uzoneliseka.

Kwangathi uNkulunkulu angakupha impumelelo Ukuthula makube phezu kwakho

Izindlela ezine ezibalulekile



Ukuxhumana phakathi komuntu ongokomoya nomzimba
nengqondo kuyimbangela eyinhloko yazo zonke izinhlungu
zethu, ukulinganiselwa, imikhawulo, ukushiyeke, kanye
nokushiyeke Ngenxa yalokhu kuxhumana, sizwa injabulo
kanye nobuhlungu kanye nenjabulo, kangangokuthi asikwazi
ukuzwa injabulo noma ukuqonda kwaphezulu. Inkolo,
empeleni, ihlela ukugwema njalo ubuhlungu kanye
.nokufinyelela injabulo emsulwa, noma uNkulunkulu
Njengoba nje isithombe sangempela selanga
singabonakali ngokucacile ebusweni bamanzi aphithizelayo,
kanjalo nesimo sangempela, esijabulisayo somphefumulo
ongokomoya (ukubonakaliswa komoya wonke)
asinakuqondwa noma sibanjwe amagagasi okuphazamiseka
nokukhathazeka okuvela ekuzibonakaliseni komphefumulo
nezimo ezishintshashintshayo nezishintshayo zomzimba
nengqondo. Futhi njengoba nje amanzi aphithizelayo
ehlanekezela isithombe sangempela selanga, kanjalo
nengqondo ekhathazekile ihlanekezela isimo esiphakade
senjabulo yomphefumulo ongaphakathi ngalokhu kuhlonda
.noma ukunamathela
Inhloso yalesi sahluko ukuhlola izindlela ezilula,
ezinembile kakhulu, nezisebenza kahle kakhulu wonke
umuntu angazisebenzisa, ezingakhulula umuntu
ongokomoya ojabulayo phakade ekunamatheleni kwakhe
okubuhlungu engqondweni nasemzimbeni, ngaleyo ndlela
zimsindise unomphela ebuhlungwini nasekuhluphekeni futhi

zimphakamisele enjabulweni engokomoya eyisisekelo
.senkolo

:Izincwadi zokuhlakanipha zaseMpumalanga zithi

Uma ubungaphakama ngaphezu komzimba futhi"

uqaphele ukuthi ungumphefumulo, ubungaba nenjabulo

"yaphakade futhi ukhululeke kuzo zonke izinhlungu

Kunezindlela ezine zenkolo eziyisisekelo, ezivamile,

lapho umkhuba wazo wansuku zonke usiza ekukhululeni

ubuwna obungokomoya ezithiyweni zomzimba nengqondo.

Lezi zindlela ezine zihlanganisa yonke imikhuba yenkolo

enengqondo efundiswa noma enconywe ngabaprofethi,

.abangcwele, kanye nezihlakaniphi ezikhanyiselwe

Imikhuba yenkolo yileyo eyasungulwa futhi yafundiswa

ngabaprofethi ngesimo sezimfundiso ezahlukahlukene Labo

abanokuqonda okulinganiselwe bayehluleka ukuqonda

ukubaluleka kwangempela kwalezi zimfundiso, bamukela

izincazelo zazo ezingasho lutho futhi behla kancane kancane

baye ezingeni lemikhuba, imikhosi, amafomu, amasiko,

amasiko, kanye nemikhuba eqinile. Lokhu kungumthombo

.wokushisekela amaqembu namahlelo

Kumelwe siqaphele ukuthi asidalelwanga imithetho

nemithetho, kodwa ikhona ngenxa yethu. Iyashintsha

njengoba sishintsha futhi sithuthuka njengoba sithuthuka,

futhi kungumsebenzi wethu ukunamathela emnyombweni

womthetho, hhayi ekubukekeni kwawo kwangaphandle,

.ngenxa yokungazi nokushisekela ngokweqile

Amasiko nezinhlobo zokukhulekela ziyahlukahluka

ngokwezikole ezahlukene zokucabanga, kodwa ingqikithi

emsulwa yezikole ezahlukene zokucabanga zabaprofethi

iyinto eyodwa eyinhloko yayo, kodwa abantu abaningi

!abakuqondi lokho

Abacabangi abakhulu bazama ukuthola iqiniso eliphelele

besebenzisa amandla abo engqondo, kodwa bayahluleka

emizamweni yabo ngoba iqiniso eliphelele alinakuqondwa

.ngolwazi lwengqondo kuphela

Ulwazi luhlukile ekuqondeni nje Akunangqondo
ukuqonda ngokunengqondo ubumnandi boju uma umuntu
engakaze abunambithe. Ngokufanayo, ulwazi lwenkolo
luvela ekujuleni kokuhlangenwe nakho komuntu. Lokhu
kuvame ukuba yilokho esikwenzayo lapho sizama ukuqonda
uNkulunkulu, izimfundiso zenkolo, kanye nokuziphatha;
asivamile ukufuna ukwazi lezi zinto ngokuhlangenwe nakho
.kwangaphakathi, okungokomoya

Kuyadabukisa ukuthi labo abanamakhono obuhlakani
abakwazi ukusebenzisa izingqondo zabo ukwembula
amaqiniso esayensi yemvelo kanye neminye imikhakha
yolwazi bavame ukukholelwa ukuthi bangakwazi ukuqonda
amaqiniso aphakeme kakhulu enkolo nawokuziphatha
ngokusebenzisa ukucabanga okunengqondo kuphela.
Ngokudabukisayo, esikhundleni sokuba umthombo wosizo,
izingqondo zabo namakhono obuhlakani bavame
ukusebenza njengezithiyo, ezivimbela ukuqonda kwabo
.ingqikithi yeqiniso

Manje ake sibheke izindlela ezine zenkolo ezichaza
:ukukhula ngokomoya

Okokuqala: Indlela yengqondo - indlela evamile,
yemvelo, kodwa engasebenzi kahle maqondana nokuqonda
okusheshayo kakhulu Ukukhula kwengqondo nokukhula
kungokwemvelo futhi kuvamile kubo bonke abantu
abaqaphelayo Ukuzazi kwethu yikho okusihlukanisa
nezilwane eziphansi, ezinezinga elihlukahlukene lokuzazi
.kodwa hhayi ukuziqaphela

Ezigabeni nasezinqubweni zentuthuko kanye
nokuziphendukela kwemvelo, sithola ukuthi lokhu kuqaphela
kancane kancane kuba ukuzazi. Kusukela ekuqondeni
kwezilwane kuvela umuzwa wokuzicabangela, futhi kancane
kancane ukwazi kuzama ukuzikhulula nokuzazi ngokwako.

Ngakho-ke, kuguqukela ekuzazini ngokwako; lokhu
kuguqukela ekuhlelekeni kwemvelo kwentuthuko. Inggqondo
yomuntu, exhunywe ezimweni eziningi zomzimba

nezengqondo, kancane kancane futhi ngokwemvelo izama
.ukubuyela ebuntwini bayo bangempela ngayo
Ukuthuthukisa ukucabanga okunengqondo kungenye
yezindlela umuntu ongokomoya aziphakamisa ngayo futhi
azikhulule kuzo izithiyo zomzimba nezengqondo Umzamo
womuntu ongokomoya wokubuyela ebuntwini bakhe
bangempela ngokuthuthukiswa komcabango nokuzindla
ungokwemvelo Lena indlela yomhlaba
Umoya wendawo yonke uziveza ngezigaba ezahlukene
zokukhula: kusukela phansi kuya phezulu Etsheni
nasenhlabathini, akukho ukuqonda noma ukuphila njengoba
sikubona, kuyilapho ezihlahleni kukhona ukukhula
kwezitshalo, okungukuthi, indlela yokuphila Nokho, akukho
ukuphila okukhululekile, okungaphazanyiswa noma inqubo
yokucabanga eqondayo noma yini Ezilwaneni, kukhona
ukuphila nokuqaphela ukuphila Esintwini—into evelele—
kukhona ukuphila okuqaphela ngakho, ngaphezu kokuzazi
ngaphakathi komphefumulo Ngakho-ke, kungokwemvelo
ngesintu ukuzithuthukisa ngokucabanga, ukuhlaziya,
nokuzindla, ngokutadisha ngokujulile izincwadi,
nangocwaningo, ukuhlola, ukuhlola, kanye nokuzama
ukufinyelela imvelaphi yezimbangela nemiphumela
emhlabeni wemvelo
Lapho umuntu ecabanga ngokujulile, kulapho
esebenzisa khona indlela afinyelele ngayo izinga lakhe
lamanje enkambisweni yokukhuphuka kwendawo yonke,
.futhi kulapho esondela khona kuMoya oPhakeme
Njengoba siziphakamisa ngengqondo ngaphezu
komzimba nezidingo zawo, ukusetshenziswa ngendlela
efanele nangokuqondile kwale ndlela yengqondo kuzoveza
imiphumela ethile neqondile Ukuqeqesha ingqondo
ngokutadisha okujulile nokuqondayo ukuze ithole ulwazi
emkhakheni othile kusiza ekuthuthukiseni ukuzazi ngezinga
elithile, kodwa akuyona—ngokubaluleka—ebalulekile

njengenqubo yokucabanga ehlose ukudlula umzimba
nokubona iqiniso

ENdiya, indlela ephakeme kakhulu yokucabanga ibizwa
ngokuthi i-Jnana Yoga, okusho ukuthola ukuhlakanipha
kweqiniso ngokukhumbula nokuqonda; njengalapho umuntu
ezikhumbuza njalo: "Angisiye umzimba, futhi izithombe
ezimfushane zokuphila kwasemhlabeni azikwazi ukungithinta
"ngingumoya

Nokho, inkinga yale ndlela ukuthi iyingqubo ehamba
kancane yokuzibona, futhi ingadinga isikhathi esiningi.

Ngenkathi umuntu ongokomoya eqala ukuzazi, uhlala
ematasa ngochungechunge lwemicabango yengqondo
edlulayo, engaxhumene. Ukuthula komphefumulo,
ngakolunye uhlangothi, kudlula ukucabanga futhi
kukhuphuke ngaphezu kwemizwa yomzimba, yize—lapho
.kuqashelwa—kugcwele futhi kunqobe leyo mizwa

Okwesibili: Indlela yokukhulekela - ehlela ukuzama
ukugxila ingqondo yethu embonweni owodwa esikhundleni
sokuyigxila emibonweni eyahlukahlukene nasezintweni
ezahlukene (njengasendleleni yengqondo)

Indlela yokukhulekela ihlanganisa zonke izinhlobo
zokukhulekela, njengomthandazo (okumelwe ukhululwe kuyo
yonke imicabango yezwe) Kule ndlela, umuntu ongokomoya
kumelwe agxilise ingqondo yakhe ngokujulile
nangenhlonipho kunoma yini akhetha ukugxila kuyo:
kungakhathaliseki ukuthi usemqondweni othize
wobuNkulunkulu noma ubukhona obuphelele, obuhlanganisa
.konke

Iphuzu elibalulekile ukuthi umuntu ofunayo agxilise
ingqondo yakhe embonweni owodwa wokukhulekela
ngentshiseko enkulu kanye nomdlandla Ngale nqubo,
umuntu ongokomoya uyakhululeka kancane kancane
eziphazamiso eziningi zengqondo futhi athole isikhathi
nethuba elidingekayo lokuzindla ngengqikithi yawo. Uma
sithandaza ngobuqotho obuphelele kusukela ekujuleni

kwezinhliziyiyo zethu, sikhohlwa yonke imizwa engokwenyama
futhi silahla yonke imicabango ephazamisayo ezama
.ukuthumba ukunaka kwethu nokuhlala ezingqondweni zethu
Uma imithandazo yethu ijula, kulapho ukwaneliseka
kwethu kukhulu khona. Lokhu kuba yisilinganiso esilinganisa
ngaso ukusondela kwethu kuNkulunkulu, oyinjabulo enkulu.
Ngokubeka eceleni izifiso zomzimba nokulawula imicabango
ephazamisayo nengavumelani, ukuphakama kwale ndlela
.kuneyangaphambilini kuyacaca
Nokho, le ndlela inezinkinga kanye nokushiyeka okuvela
ekunamatheleni okude nokuqhubekayo komzimba kanye
nokugqilazwa kwawo yiwo, futhi izama ngempulelo
ukudedisela ingqondo yayo endaweni yemizwa yomzimba
.neyengqondo
Naphezu kwesifiso somuntu esiqotho sokuthandaza
noma ukuzicwilisa ngokuphelele ohlotsheni oluthile
lokukhulekela, ingqondo yakhe ihlala isengozini
yokuhlaselwa yimizwa engokomzimba engalawuleki kanye
nemicabango yesikhashana evezwa futhi ibukezwe
yinkumbulo. Emthandazweni, sivame ukukhathazeka
ngokweqile ngokudala izimo ezifanele zomthandazo noma
ukulindela ngentshiseko ukususwa kokukhathazeka
.ngokomzimba
Naphezu kwayo yonke imizamo yethu yokucabanga,
imikhuba yethu engemihle, eseye yaba yinto yesibili kithi,
ibusa izifiso zomphefumulo futhi inciphise amandla awo
Naphezu kokulangazelela kwethu okuqotho, ingqondo ihlala
ikhathazekile futhi ididekile, kangangokuthi isisho esithi
"lapho ingqondo yakho ikhona, yilapho nenhliziyiyo yakho
ikhona" siyasebenza. Sicelwa ukuba sithandaze
kuNkulunkulu ngazo zonke izinhliziyiyo zethu, kodwa sivame
ukuthandaza ngezinhliziyiyo zethu zishukunyiswa yiziphepho
.zemicabango kanye nemibono yezinzwa
Okwesithathu: Indlela Yokuzindla – Le ndlela kanye
nelandelayo iyasebenza kuphela futhi ihilela ukuqeqeshwa

okusebenzayo. Inconywa yizazi ezinkulu eziye zathola iqiniso
empilweni yazo. Mina ngokwami ngifunde lezi zindlela
.ezimbili komunye walaba baphathi abakhulu abangokomoya
Ngokuzijwayeza ukuzindla kuze kube yilapho kuba
umkhuba oqinile, singadala isimo sokulala okuqaphile Lesi
simo sokuthula nesijabulisayo sivame ukubonwa lapho silele
kakhulu futhi sisondela ekungazini, noma lapho sivuka kukho
.futhi sisondela esimweni sokuqwashisa
Kulesi simo sokulala okunengqondo, sikhululiwe kuyo
yonke imicabango yangaphandle kanye nemizwa
engokwenyama, futhi umphefumulo uyakwazi
ukuzicabangela wona futhi usondele esimweni esijabulisayo
ngezikhathi ezithile, ngokuya ngokujula kokuzindla kanye
.nesivinini sokuzijwayeza
Kulesi simo, asiqapheli futhi asikhululekile ezinkingeni
zomzimba nezengqondo ezihlala engqondweni. Ngale nqubo
yokuzindla, izitho zangaphandle nezemizwa zilawulwa
ngokuthulisa imizwa yokuzithandela, njengasesimweni
.sokulala
Lesi simo sokuzindla yisigaba sokuqala, kodwa hhayi
sokugcina, sokuzindla kwangempela. (Ukulala ngokuqonda),
sifunda ukulawula izinzwa zangaphandle kuphela. Umehluko
kuphela ukuthi ebuthongweni obujwayelekile, izinzwa
zilawulwa ngokuzenzakalelayo, kuyilapho ekuzindleni,
zilawulwa ngomzamo oqondayo. Kodwa-ke, kulesi sigaba
sokuqala sokuzindla, umuntu ongokomoya uhlala esengozini
yokuphazamiseka emisebenzini yomzimba yangaphakathi
engahlosiwe njengamaphaphu, inhliziyo, nezinye izitho
.esikholelwa ngephutha ukuthi zingaphezu kwamandla ethu
Ngakho-ke, kufanele sifune indlela engcono kunale,
ngoba ngaphandle kokuthi umuntu ongokomoya
angakhubaza imizwa yomzimba ngentando, kanye nemizwa
yangaphakathi evumela imicabango ukuba ivele, uhlala
esengozini yalezi ziphazamiso ngaphandle kwethemba
.lokuzilawula nokuzicindezela, noma ukuthola ithuba lokuzazi

Okwesine: Indlela Yesayensi Ye-Yoga – USanta uPawulu

wathi, “Ngiyafa nsuku zonke” Ngalokhu, wayesho ukuthi wayekwazi ukulawula izitho zakhe zangaphakathi nokukhulula ubuyena bakhe obungokomoya ngamandla okuzimisela kokubili emzimbeni nasengqondweni Abantu abavamile, abangaqeqeshiwe babhekana nesimo esifanayo sokufa, lapho ubuyena obungokomoya bukhululwa .emzimbeni obolayo

Ngokuqeqeshwa okufanele kanye nokuzijwayeza indlela esebenzayo nejwayelekile, uchwepheshe angazizwa ehlukenene ngokomoya nomzimba ngaphandle kokubona .ukufa kokugcina

Lapha ngizokwethula umbono jikelele wendlela kanye nombono wesayensi ozwakalayo osekelwe kuwo. Lokho engikunikezayo kuvela kokuhlangenwe nakho kwami siqu futhi kungathiwa kusebenza emhlabeni wonke. Ngingasho futhi ngiqinisekise ukuthi injabulo, okuyinhloso yethu yokugcina—njengoba ngichazile—ibonakala kakhulu ekusebenzeni kwale ndlela. Ngempela, umkhuba ngokwawo ujabulisa kakhulu. Ngingaqinisekisa ukuthi ujabulisa kakhulu kunenjabulo enkulu kakhulu yemizwa etholakala ngezinzwa ezinhlanu noma ubuhlakani. Angifisi ukunikeza noma yibuphi ubufakazi bokusebenza kwale ndlela ngaphandle kwalokho umuntu oyisebenzisayo azokuzwa. Lapho umuntu oyisebenzisayo ekwenza ngesineke futhi njalo, kulapho .ezizwa eqinile khona ukuthi uzinzile ekwazini injabulo Ngenxa yokuthi imikhuba emibi inenkani futhi igxilile kakhulu, ukuqwashisa ngokomzimba kuyavuka ngezikhathi ezithile, kulasela lesi simo sokuthula nazo zonke izinkumbulo zaso zemizwa. Kodwa-ke, ngokuzijwayeza okuvamile nokude, singaqinisekisa uchwepheshe ukuthi kuzofika isikhathi lapho ezothola khona esesimweni senjabulo engokomoya enhle kakhulu. Kodwa akumelwe sizame ukucabanga ngemiphumela ezoletswa yindlela bese sishiya umkhuba ngemva kwesilingo esifushane. Impumelelo

yangempela kanye nentuthuko eqinisekile kudinga
.ukuqaphela amaphuzu alandelayo abalulekile
Okokuqala: Nakisisa isihloko ofisa ukusifunda
Okwesibili: Isifiso sangempela sokufunda ngomoya
ojulile wokuhlola

Okwesithathu: Ukubekezela kuze kube yilapho umgomo
ofiselekayo usufeziwe
Uma sihamba phakathi bese singayinaki indlela ngemva
kokuzijwayeza okulula, ngeke sithole umphumela
.esiwulindele

Kuyadabukisa ngempela ukuthi abantu bachitha
isikhathi sabo esiningi bethola izidingo zezinto ezibonakalayo
noma behlanganyela ezingxoxweni zemfundiso kanye
nezingxoxo zobuhlakani, kodwa abavamile ukuzama
ukuzitholela nokuzizwela amaqiniso angokomoya acebisa
futhi avuselele impilo, futhi empeleni anikeze incazelo.
Izingqondo zabo zimatasa ngezinto ezincane, izinto
ezingabalulekile, kanye nezifiso eziqotho, kunokuba
.ziqondiswe kahle kulo mgomo

Sekuyiminyaka eminingi ngizijwayeza indlela eshiwo
ngenhla, futhi njalo uma ngiyijwayeza ngizizwa ngijabule
kakhulu noma ngijabule njalo, amandla ayo anganciphi futhi
.ukugeleza kwayo kungayeki

Kumelwe sikhumbule ukuthi umphefumulo ongokomoya
uboshwe ngumzimba iminyaka eminingi nezikhathi ezinde,
futhi ungase ungakhululwa ngosuku olulodwa. Imikhuba
emifushane, ephindaphindayo ayikwazi ukunika
uchwepheshe injabulo engokomoya noma isiqinisekiso
sokulawula izitho zangaphakathi. Lokhu kudinga
.ukuzijwayeza okungathi sína nokuhlosiwe isikhathi eside
Kodwa-ke, ukusetshenziswa ngokucophelela kwalezi
zindlela kungenza umuntu abe nomuzwa wenjabulo
emsulwa. Uma umuntu esondela kule njabulo, kulapho
eqhubeka nokuyisebenzisa. Lesi simo asidalwanga noma

asisungulwa yinoma yimuphi umuntu; sikhona
.ngokwemvelo, futhi sidinga ukusiveza ngaphakathi kithi
Ukuthula makube phezu kwakho

**Amandla okuzimisela kanye nethonya lemvelo
Izinkinga kanye nokucasuka kuvela ekuntuleni
komuntu ukuqaphela izenzo zakhe zangaphambilini,
ezenziwe ngesikhathi esithile nendawo ethile
Ukuhlupheka kwabo kwamanje kuvela emicabangweni
nasezenzweni abazishoyo, ezagxila emhlabathini
wokuqonda, zahluma zaba isitshalo futhi zathela
izithelo ezibonisa imicabango kanye nezenzo azenzile.**

**Izilingo nezinsizi azizi ukuzophula umuntu
nokukhubaza intando yakhe, kodwa zizokwenza
amazise uNkulunkulu njengoba emfanele ngempela
futhi ahloniphe imithetho Yakhe abangayithola ngayo
injabulo yangempela.**

**UNkulunkulu akathumeli izilingo ezinzima
kangaka ngoba ngokuyinhloko zenziwe ngabantu.
Kusezandleni zesintu ukuvusa ukuqonda kwaso
ebuthongweni baso bokungazi nokuvuka
ebumnyameni bokungazi siye ekukhanyeni kolwazi.**

Emkhakheni wolwazi olungokomoya

**Uthisha wathi kumfundi owayefuna isiqondiso
sakhe endleleni engokomoya:**

**Ungafisi ukuthi abantu bakuqaphele wena kanye
nempumelelo yakho engokomoya, kodwa funa
uNkulunkulu kuphela**

**Uma uqaphela ukuthi ukuthula kungaphakathi
kuwe, uzobona ukuthi ukuthula nokuzwana kukhona
kuzo zonke izinto ezinhle endalweni, futhi uzokubona
ebuhleni bemvelo, uzizwe useduze kwayo ebunganeni
obuqotho, futhi uthinte izibusiso zayo ezifisweni
ezinhle nezinjongo ezihloniphekile ezingenayo
imigomo yobugovu Uzoza ukuba khona kwayo**

ngemuva kwezimbozo zokuthula nakuzo zonke izinto ezinhle

**Nqonqotha ngobuqotho emnyango bese isihenqo
sizosuswa bese ubona ubuso obukhazimulayo kakhulu
ngobuhle baso bonke nobuhle baso**

**Uma uthanda uNkulunkulu, uzozwa uthando
Lwakhe, futhi akukho okunye okuzokukhohlisa
Okuhlangenwe nakho kwezinto ezibonakalayo
kuyakukhanga ngoba awukayinambithi injabulo
engokomoya Uma wenza kanjalo, uzowazi umehluko**

**Khululeka ukukhetha. Ungavumeli lutho
lukuvimbele, futhi ungavumeli muntu akulawule noma
aphazamise injabulo yakho.**

**Wena uqobo lwakho uyingxenye ehlukile yendawo
yonke futhi kufanele uthole leyo ndawo ephelele
ukuze uzizwe unenjabulo futhi unambithe injabulo
yothando lwaphezulu.**

**Ukukhipha uthando emigodini yenzondo
nentukuthelo**

**Siyakucela, Nkosi, ukuba ukhanyise ukukhanya
kwakho phezu kwemiphefumulo yethu**

**Futhi thela izithandwa zakho nalabo abafuna
usizo lwakho ngezibusiso zakho eziningi**

**Futhi kwangathi angasigcina kude nezinsongo
zempi, ubudlova nokufa.**

**Futhi usikhuthaze ukuba senze ukuthula kube
umgomo wethu**

**Futhi uthando luyilungiselelo lethu
Umgomo wethu ukukhululeka emikhawulweni
enemingcele**

*** * ***

**Uma umuntu elwela ukuqongelela imali
nokugcwalisa izifiso zomzimba kuphela
Inzuzo ayitholayo incane futhi ayibalulekile**

**Ngoba usuku luzofika lapho ezoshiya khona yonke
inzuzo yezwe ngemuva**

**Kodwa uma eceba ngoNkulunkulu
Uyoceba kunawo wonke amakhosi nabantu
abacebile emhlabeni**

**Lezo ngcebo ezibusisiwe zisezandleni zalabo
abathanda uNkulunkulu**

**Labo abanganeliseki nganoma yini ngaphandle
kokuceba komphefumulo**

**Njengoba besebenzela ukuthuthukisa
ukuthambekela kwabo okungokomoya**

**Nokondla isifiso sabo somthombo wokuphila
kwabo**

**Nokuvuswa kothando ekujuleni kwenzondo
nobubi**

**Baphakamisa ukuqonda kwabo ngaphezu
kwemicabango yezwe emincane**

**Emikhawulweni yenkululeko, ukuthula,
ukukhanya, nenjabulo**

**Bayaqaphela ububanzi babo obungenamkhawulo
Bathola imibono nolwazi olusha**

**Futhi njengoba behlwanyela imbewu yemicabango
nezenzo ezinhle**

**Ezindaweni zokuqonda kwabo
Ukuqonda kwabo kuyavuleka
Futhi amandla abo okuqonda ayavuselelwa
UPhilamson, ingqikithi yabo yangempela
Bathola umbuso kaNkulunkulu ngaphakathi
kwabo**

**Sicela uNkulunkulu uSomandla ukuba asiqondise
ukuze sikwazi ukuzivuselela**

**Futhi sikhipha ubuthina bethu obungokomoya
emigodini yobumnyama**

**Ezindaweni zenkululeko, ukuthula, kanye
nokukhanya kolwazi**

**Izithelo nemifino emisha kuyizakhamzimba
ezibalulekile**

**Kusukela enkulumweni yokudla okunempilo
Kuthunyelwe e-Encinitas, eCalifornia - ngoJuni
1940**

**Iphrotheni yenyama akuyona yodwa umthombo
obalulekile wamandla**

**Amanye ama-mineral salts atholakala emifinweni
nasezithelo ezingaphekiwe nawo ayimithombo
ebalulekile**

**Nakuba ingxenye enkulu yenyama inikeza inani
elikhulu lamandla, uma inyama ibusa ukudla isikhathi
eside, izoyeka ukunikeza lawo mandla Ngaphezu
kwalokho, ukudla amaprotheni amaningi kungaholela
ebuthi bamaprotheni, umthombo wokukhathala
nokugula. Ngamafuphi, amaprotheni amaningi
ayingozi njengoba nje engabi maningi kakhulu.**

**Uma ufuna ukususa ukukhathala, ikhambi
elilodwa lisekudleni okufanele Inyama ingakunikeza
amandla esikhashana, kodwa ifaka ubuthi obuningi
emzimbeni Ukudla ukudla okuluhlaza okungaphekiwe
kuzonciphisa imizwa yokukhathala futhi kukushiye
uzizwa unamandla**

**Amajusi anikeza amandla abalulekile, kodwa
izithelo nemifino ephelele inikeza inani elikhulu
lokudla okunomsoco. Kodwa-ke, abanye abantu
abafuni ukuchitha isikhathi bewadla ngale ndlela.**

**Uhlelo lokugaya ukudla lukhipha izinto
zama khemikhali bese luzisabalalisa ezinhlotsheni
zamaseli ezifanele kuwo wonke umzimba**

**Umzimba wakhiwe yizakhi eziningi
zama khemikhali, futhi ukudla kumele kugcwalise
ukushoda kwalezo zakhi nsuku zonke.**

**Ukudla kwansuku zonke kufanele kube
namaprotheni anele, amavithamini, amaminerali,**

amafutha athile namafutha, kanye nenani elifanele lama-carbohydrate emvelo, kuyilapho kunciphisa izitashi ezicolisisiwe kanye noshukela ocolisisiwe ngangokunokwenzeka.

Umthombo omkhulu wamandla yingxube yejusi lewolintshi nama-alimondi agayiwe, njengoba ama-alimondi agaywa kangcono uma exutshwe nejusi lewolintshi.

Kubalulekile futhi ukuphuza uketshezi oluningi Uma amanzi asezingeni elihle engekho, ijusi yezithelo ezintsha, amanzi kakhukhunathi, kanye nekhabe kuyizithako ezinhle kakhulu futhi kuyizithako ezingasetshenziswa esikhundleni samanzi ahlanzekile.

Esikhathini esizayo, abantu bazodla ijusi yezithelo kanye nejusi yemifino kaningi ngenxa yezinzuzo zezempilo ezinikezwa yilezi jusi.

Zombili izinhlobo ze-inferiority complexes kanye ne-superiority complexes zimbi

Ukuzikhukhumeza kubi njengokuzikhukhumeza ngoba umuntu ozizwa ephansi ngeke akwazi ukukhombisa ukukhukhumeza okungaphakathi kuye.

Umuntu, njengoba engumuntu ongokomoya, unikezwe inhlansi engcwele, futhi akulungile futhi kuyiphutha ukucabanga ukuthi uphansi noma ukucabanga ukuthi ungaphezu kwawo wonke umuntu nokwenza njengomuntu ongenasithunzi noma imvelaphi.

Uma umuntu ebonisa ukuqhosha, ithunzi elimnyama lokuziqhenya lifihla ukukhanya kukaNkulunkulu ngaphakathi komphefumulo

Ngakho-ke, womabili amafindo kufanele agwenywe ndawonye ngoba womabili ayizithiyo entuthukweni engokomoya.

Masizizwe sengathi uNkulunkulu unathi, uyasikhuthaza futhi uyasiqondisa, nokuthi uluthando olukhulu kakhulu ekuphileni kwethu.

Labo abamaziyo uNkulunkulu bazizwa sengathi bayizinceku zawo wonke umuntu futhi abacabangi ukuthi bangcono kunabanye.

Inkinga yokuzenyeza ihlotshaniswa nalabo abanemibono ebuthakathaka kanye nokungazi okubuthakathaka, kuyilapho inkimbinkimbi yokuzenyeza izalwa ukuqhosha okunenzondo kanye nokuzikhukhumeza kwamanga.

Womabili la mafindo ayalimaza ukukhula ngokomoya futhi asekelwe ekukhohlisweni nasekunganaki iqiniso, kunokuba asekelwe ekuqondeni okunempilo kanye nokwahlulela okulungile.

Ukuzethemba kumelwe kuhlakulelwe ngokunqoba ubuthakathaka bobuntu obuzuzwe njengefa Labo abakufisayo kufanele balwele ukuzwa ubumnandi bako ngokusebenzisa impumelelo ebonakalayo ekuphileni kwabo, ngaleyo ndlela bazikhulule ezinkingeni zokuzenyeza nokuzikhukhumeza, ngosizo lukaNkulunkulu

Imfihlo nomthombo wamandla

Umzimba udinga amahora amaningana ukuguqula ukudla kube amandla Kodwa noma yini evuselela futhi ivuselele intando ikhiqiza amandla asheshayo

Amandla okuzimisela adonsa amandla avela emangqamuzaneni omzimba kanye nasemgodini wamandla wobuchopho lapho kugcinwa khona amandla akhishwa ekudleni.

Intando iphinde idonse umsebenzi omusha ovela emthonjeni we-cosmic uye emzimbeni ngomgogodla.

Ngakho-ke, imfihlo yamandla itholakala ekulondolozeni amandla umuntu anawo nokuletha amandla amasha emzimbeni ngamandla okuzimisela.

Kwenziwa kanjani lokho?

Okokuqala, umuntu kumele enze ngokuzithandela nangokuzithandela. Uma kukhona okuthile okuwusizo okufanele kwenziwe, kufanele kwenziwe ngokuzithandela nangokuthanda kwakhe.

Uma usebenza ngokuzithandela, unamandla amaningi ngoba awugcini nje ngokudonsa amandla emizweni ebuchosheni, kodwa futhi udonsela ukugeleza okukhulu kwamandla e-cosmic emzimbeni.

Owesifazane ophekela isithandwa sakhe ukudla okumnandi ugcwele injabulo namandla, kodwa uma ephoqelesa ukupheka ngenkani, uzizwa ekhathele kusukela ekuqaleni.

Ngakho-ke, amandla okuzimisela aletha amandla indaba emfushane:

Ngesinye isikhathi, ngangikhuluma nomngane wami ngabangcwele Umngane wami wayengumbolekisi, futhi wayengathandi njengami. Kunalokho, wathi, "Bonke labo obabiza ngabangcwele empeleni bangamaqili angamazi uNkulunkulu" Angizange ngiphikisane naye, kodwa ngashintsha indaba, saqala ukukhuluma ngomsebenzi wokuhweba. Ngemva kokungitshela okuningi ngakho, ngathi ngobumnene, "Uyazi ukuthi akekho noyedwa umbolekisi othembekile ukuthi bonke bangabaqambimanga?" Wathukuthela waphendula ngolaka, "Futhi yini oyaziyo ngababolekisi?" Ngaphendula, "Yilokho kanye ebengikusho Futhi yini oyaziyo ngabangcwele?" Wayengakhulumi Ngaqhubeka ngokuthula nangomusa, "Angazi lutho ngokuhweba, futhi awazi lutho ngabangcwele"

Izingelosi zamandla

**UNkulunkulu wasidala njengezingelosi zamandla
Futhi sabeka emizimbeni yenyama
Sagxila konke ukunaka kwethu emizimbeni
ebuthakathaka**

**Futhi sikhohlwe umphefumulo ongokomoya
ogcwele amandla okuphila kwasezulwini**

**Manje kumelwe senze umzamo wangempela
wokugxila**

**Ukuze ngiphinde ngibe nomuzwa wokuqwashisa
okuphelele**

**Impande yempumelelo ikhula ekuqondeni
okungokomoya**

**Ngaleyo ndlela siqaphela imvelo yethu
engabonakali**

**Nokuthi umfanekiso kaNkulunkulu uhlala
ngaphakathi kithi**

**Imbali yokuqala ensimini yokomoya yimbali
yokholo nethemba**

**Nokho, isithelo siwulwazi lwangempela
olutholakala ngokuzihlola.**

**Yiba nethemba futhi wazi ukuthi izinto ezinhle
nezibusiso zokuphila zikulindile**

Uma nje usebenza ngobuqotho nangokuzinikela

Ukubuyisela ifa laphezulu elalahlekile

**Umuntu ongokomoya ngempela ungumuntu
olinganiselayo**

**Umuntu ozizwa anelisekile, ojabulela impilo enhle,
futhi onokuqonda okukhulayo**

**Unengcebo yomphefumulo kanye nengcebo
yokuhlakanipha**

Uyaqiniseka ukuthi usizo lukaNkulunkulu luyeza

**Kungakhathaliseki ukuthi impilo ingase ibonakale
inzima kangakanani nokuthi izimo zimbi kangakanani**

**Ubuso bukaNkulunkulu buvezwa kithi ngobuhle
bemvelo**

**Futhi izwi lakhe likhuluma nathi ngezingoma
ezithambile nezicwengekile**

**Futhi kusukela emazwini amnandi, amnene
abathandi**

**Futhi ngezwi elizwakalayo lomsebenzi
Isikhuthazo esisishukumisela ebuhleni
nasekuthuleni**

**Injabulo nolwazi kuyizwi likaNkulunkulu
Okusibiza ukuba sibuyele endlini ebusisiwe
Indlu yokuthula nokuthula kwengqondo
Futhi ukujabulela ukuba khona kwakhe
okumnandi**

**Futhi ubuhle bayo obungenakuqhathaniswa,
obuphakeme kakhulu**

**Izwe liyakhohlisa kakhulu, futhi kumelwe
silisondele njengoba linjalo. Uma singazinqobi
izinkohliso zalo kanye nokukhohlisa kwalo kuqala,
ngeke sikwazi ukusiza omunye umuntu.**

**Kumelwe sikhumbule ukuthi ekusithekeni
kwengqondo egxile kukhona ifektri yazo zonke
izimpumelelo ezinkulu. Futhi kule fektri
emangalisayo, kumelwe siqhubeke siluka amaphethini
entando yethu ukuze sinqobe noma sibhekane
ngempumelelo nazo zonke izimo ezimbi.**

**Intando kumele iqeqeshwe futhi isetshenziswe
njalo**

**Umuntu unamathuba amaningi okusebenza kule
fektri yasemhlabeni uma nje engachithi isikhathi
sakhe futhi angachithi amandla akhe ngeze.**

**Ebusuku ngiyazihoxisa ezidingweni zomhlaba
zokuba nami**

**Kude kakhulu, kude kakhulu nomhlaba
Ngedwa ngentando yami ngingedwa ngokomoya
Lapho ngiqondisa khona imicabango yami
endleleni engiyifunayo**

Ngithathe isinqumo ngaphakathi

Uma ngikhuthaza intando yami ukuba yenze imisebenzi enempilo nezuzisayo, kungidalela impumelelo. Ngale ndlela, ngisebenzise intando yami ngempumelelo izikhathi eziningi. Kodwa-ke, lokhu kufezwa kuphela ngokusebenzisa intando njalo.

Yeka umuzwa omuhle oyoba nawo lapho usukwazi ukusho nokuqinisekisa ukuthi, "Intando yami, enikezwe intando yaphezulu, izongifezela lokho engikufisayo!"

Uma umuntu eba nomuzwa wokuzethemba futhi ebeka konke entandweni kaNkulunkulu ngaphandle kokusebenzisa intando yakhe ayinikwe nguNkulunkulu, ngeke athole umphumela awufunayo.

Amandla aphezulu afuna ukukusiza ngokwawo

Kumelwe sisuse ezingqondweni zethu umcabango wokuthi uNkulunkulu, ngamandla Akhe nangamandla angaphezu kwawemvelo, ukude nathi futhi ucashe ezindaweni ezikude zamazulu, futhi akumelwe sikhohlwe ukuthi intando yaphezulu ingemuva kwentando yethu yobuntu, kodwa lawo mandla amakhulu, njengolwandle olugcwele amagagasi alo kanye nokwandiswa, ngeke eze ngaphandle kokuba ingqondo ivulekile futhi inhliziyo isabela.

Ukunxusa

Umama Wendawo Yonke

Ukuba yilangabi kuphela ezinhliziyweni zethu

Futhi ukususa ubumnyama bemiphefumulo yethu

Futhi ngezinyembezi zethu zothando ngawe

Hlanza uthando lwethu ngezinto zomhlaba

Futhi siyajabula ukuvumelana nawe

Susa usizi nosizi lwethu kube kanye

Yenza izinhliziyiyo zethu ezincane zibe yinhliziyiyo enkulu

Ifanela bonke ubukhona bakho

**Futhi esibukweni semvelo yakho yaphezulu
Masizibone njengabaphelele nabamsulwa
Kwangathi ilangabi lothando lwethu ngawe
lingaphakama**

**Ngaphezu kwamalangabi ezifiso zasemhlabeni
Izigidi zezilingo zizenza sengathi ungubani
Futhi kusikhohlisa njalo**

*** * ***

**Woza, O injabulo engcwele nephelele!
Ngena emathempelini esikulangazelelayo
Iplanethi mayibe nokuthula
Ezintabeni zethu, ebusuku obumnyama bokungazi
Kwangathi angasiqondisa futhi asibuyisele
ngokuphepha
Kuyo indawo yakho ephephile nephephile!**

**Ukuhleba okuvela ePhakadeni
I-quatrains yokuqala yeKhayyam
Kuhunyushwe ngu-Edward Fitzgerald futhi
kwachazwa yi-Master Paramahansa**

**Udumo luka-Omar Khayyam eNtshonalanga
lusekelwe enguqulweni kaFitzgerald yama-quatrains
akhe yaphakathi nekhulu le-19, ebhekwa
njengenguqulo engcono kakhulu yesiNgisi.**

**Uthisha uParamhansa wayebheka u-Omar
Khayyam njengomunye wabantu abadumile kakhulu
futhi onolwazi oluphakeme, nokuthi wayesebenzisa
izimpawu ukuveza ulwazi lwakhe olungokomoya
nolwesipiliyoni, nokuthi wayengaqondwa kahle,
nokuthi abacwaningi abazange bahlolisise
ngokwanele ukuqonda ifilosofi yakhe engokomoya
ayibeka kuma-quatrains.**

**Vuka! ukuze uthole ukusa ebhodweni lasebusuku
Uphonse itshe elibangela ukuba izinkanyezi
zindize**

**Futhi bheka, uMzingeli waseMpumalanga ubambe
I-Turret yeSultan Enokukhanya Okuncane
Ukuhumusha kwesi-Arabhu:
Vuka, ngoba ekuseni kuphonse itshe esitsheni
sasebusuku**

**Ukuhlakaza izinkanyezi ngokuphelele
Futhi nangu umzingeli waseMpumalanga
Wathatha umbhoshongo weSultan
Ngokukhanya okukhanyayo
Incazelo kanye nencazelo:
Incazelo yezincazelo:**

**Ukusa: Kuwukuvuka kokuvuka empilweni
yasemhlabeni ekhohlisayo**

**Isitsha sobusuku: ubumnyama bokungazi
obubopha umphefumulo ongafi engqondweni
yomuntu encane nelinganiselwe**

**Itshe: Ukucwengwa ngokomoya
Izinkanyezi: Ukukhanya okukhanga kwezifiso
zezinto ezibonakalayo**

**Umzingeli WaseMpumalanga: Ukuhlakanipha
okunamandla kwaseMpumalanga okubhubhisa
izinsalela zezinkolelo-ze**

**Isihibe sokukhanya: ukukhanya kokuhlakanipha
okubusisiwe, okubhubhisa ubumnyama
obucindezelayo obubopha futhi bubophe
umphefumulo**

**Incazelo:
Ukuthula kwangaphakathi kuyahlebeza:
"Phaphama! Lahla ubuthongo bokungazi, ngoba
ukusa kokuhlakanipha kuphukile. Phonsa isitsha
esimnyama sezinto ezingaziwa ngetshe
lokucwengisiswa ngokomoya ukuze usiphule futhi
usakaze izinkanyezi ezifiphele, ezikhanyayo zezifiso
zezinto ezibonakalayo ezifiphele."**

**"Bheka ukukhanya kokuhlakanipha
kwaseMpumalanga, umzingeli nombhubhisi
wemicabango ekhohlisayo, ngoba ibambe
umbhoshongo ophakeme womoya ngesihibe
sokukhanya, futhi yaxosha ubumnyama bayo
obuvimbelayo, yabuxosha ngokuphelele."**

**"O nina bantu basemzini wezinto ezikhohlisayo,
yekani ubuthongo! Ngoba ukukhanya kwelanga
komyalezo ongokomoya wokuhlakanipha
kwangaphakathi sekuvele"**

**Funda ukuthi ungalisebenzisa kanjani itshe
elinqinile lokucwengwa ngokomoya ukuze uphule
isitsha esimnyama sokungazi futhi uxoshe isifiso
senjabulo yezinto ezibonakalayo zesikhashana kuso**

**"Thatha isifundo kumzingeli wokuhlakanipha,
ohlala efuna imiphfumulo elangazelela ukukhanya
futhi efuna iqiniso, ukuze ayizungeze nge-aura
yobuhle obukhazimulayo, ubuhle benkululeko
yaphakade."**

Ukubuya KweNdodana Yolahleko

**Ngesinye isikhathi, eminyakeni eminingi edlule,
ngabona omunye wabafundi bami ehamba
ngakolunye uhlangothi**

**Ngiqaphela imiphumela engenakugwenywa
yezenzo zakhe, ngazama ukumncenga, ngisebenzisa
zonke izindlela ezinengqondo, ukuba ayeke inkambo
yakhe yesenzo, kodwa ngathola ukuthi angikwazi
ukumsize.**

**Ngoba wayehlose ukuqhubeka endleleni yobubi
Ekugcineni, ngazitshela ukuthi:**

"Njengoba efuna lokho, ngizomshiya yedwa"

**Kodwa uthando lwami nokumkhathalela kwami
kwabuya ngokushesha, ngakho ngahlala phansi
komkhiwane ngaqala ukumcabanga**

Ngentshiseko enkulu, ngangimthumelela njalo umyalezo olandelayo wengqondo:

"UNkulunkulu ungicele ukuthi ngikucele ukuthi ushintshe umqondo wakho ngalokho ohlose ukukwenza"

Kusihlwa, umuzwa onamandla wokuqonda engangiwuzwa emzimbeni nasengqondweni yami wangenza ngakholwa ukuthi ngempela uyabuya

Kungazelelwe, kwavela "indodana yolahleko," isibuyile ekhaya. Wababingelela ngokukhothama wathi:

"Usuku lonke, noma ngabe ngiyaphi nanoma yini engiyenzayo, ngibone ubuso bakho Kusho ukuthini lokho?"

Ngaphendula ngathi: "UNkulunkulu wayekubiza ngami. Lokho kwakuyibizo Lakhe, hhayi elami."

Isifiso sami sasingashukunyiswa ubugovu, kodwa ngangizimisele ukungashiyi

Le ndawo izohlala ivuliwe kuze kube yilapho ubuyela

Lolu hlobo lomklamo lungaletha izinguquko ezinkulu. Ngempela kungamandla amangalisayo!

Uma uhlela indlela yakho futhi unquma ukuqhubeka nendlela yakho, kufanele usebenzise intando yakho futhi wenze umzamo osebenzayo, bese uthola ukuthi zonke izici zempumelelo zizokuza kuwe lapho wazi khona nalapho ungazi khona.

Entandweni yakho, egcwele amandla aphezulu, kulapho impendulo yemithandazo yakho ikhona

Uma usebenzisa leyo ntando, uvula ifasitela lapho uthola khona impendulo yemithandazo yakho

Lokho kungokuhlangenwe nakho kwami. Esikhathini esidlule ngangizama ukwenza izinto ezithile ukuze ngivivinye intando yami, kodwa manje angikwenzi lokho ngoba ngiyazi umphumela

kusenesikhathi: konke engikufunayo kufezwa ngenxa kaNkulunkulu uSomandla.

Kusukela encwadini ethi "Umgomo Wokugcina Womuntu"

Masenze uNkulunkulu abe ngumalusi wemiphefumulo yethu

Futhi ukukhanya kwaphezulu kuyi-scout

Ezindleleni zobumnyama zokuphila

Ungukukhanya okuqondisayo ebusuku bokudideka

Futhi ilanga lokuqiniseka emahoreni okuvuka

Futhi inkanyezi eqondisayo olwandle lobumnyama bokuphila kwasemhlabeni

Masicele usizo lwakhe futhi sifune ugqozi lwakhe

Ngoba umhlaba uzoqhubeka nokwehla nokwehla kwawo

Imicimbi yayo iyaphithizela njengamagagasi anamandla

Sizositholaphi isiqondiso?

Akukho emikhubeni yethu eguquguqukayo nebandlululayo

Noma kusuka endaweni esizungezile kuyathonywa yizinto ezisithintayo

Noma emazweni ethu noma emhlabeni wethu

Kunalokho, yizwi leqiniso eliqondisayo

Okucela ekujuleni komphefumulo

Ngaso sonke isikhathi ngicabanga ngoNkulunkulu yedwa

Nganikela umphefumulo wami kuye

Nganikela inhliziyo yami kuye

Ngaqondisa uthando lwami kanye nokulangazelela kwami kuye

Akufanele sithembele lutho olungaphezu kukaNkulunkulu

**Futhi ukuthi kufanele sithembele kulabo
abazokwembula ukukhanya Kwakhe
Lokho kukhanya kuyisiqondiso sami
Kungukuhlakanipha kwami nothando lwami
Amandla angenakunqotshwa
Futhi iqiniso elingenakudlula
Manje naphakade
Kunabantu abacabanga ngokweqile
kangangokuthi bakholelwa ukuthi ukuze baphumelele
empilweni kufanele basebenze njengomshini
ngaphandle kokuyeka**

**Ngakolunye uhlangothi, kunabantu abanjalo
abaqine kakhulu njengabo, njengoba uma
sebenesithakazelo ezindabeni ezingokomoya
balahlekelwa yisifiso sazo zonke ezinye izinto, futhi
lokho kuyisimo esingalungile.**

**Ngokwesibonelo, bakholelwa ukuthi asikho
isidingo sokwenza noma yini edinga ukugxila
okukhulu kanye nomzamo womzimba, futhi beluleka
ukuzidela nokulahla zonke izinto ezibonakalayo.
Kodwa lesi simo sengqondo sifihla ukungasebenzi
kahle kwengqondo.**

**Ngaphansi kwengubo yomoya wamanga
Ngithole ukuthi othisha abakhulu banesithakazelo
esikhulu emhlabeni kodwa abanaso isibopho kuwo.
Lapho uthisha wami enikwa into enhle,
wayeyinakekela futhi ayivikele, kodwa uma kwenzeka
iphuka noma yonakala, wayehleka athi, "Isithakazelo
sami kuyo siphelile ngoba ithathe ukunaka kwami
okukhulu." Wayehlukanisiwe ngoba
wayengasondelene naye.**

**Ngizizwa ngendlela efanayo engikwazisa ngayo
lokho uNkulunkulu anginika khona, kodwa
angikuphuthelwa uma ngikulahlekelwa yikho**

Ngesinye isikhathi, othile wanginika ijazi elihle elinesigqoko, futhi kwakuyisethi ebizayo engangikujabulela ukuyinakekela nokuyivikela ekudabukeni nasekungcoleni kwaze kwaba yilapho sengikhathele yiyo futhi ngathi: "O Nkulunkulu, angidingi le nkinga!"

Ngolunye usuku, ngaya ehholo eLos Angeles ukuyonikeza inkulumo, kwathi lapho ngifika futhi ngiqala ukukhumula ijazi lami, ngezwa izwi likaNkulunkulu lithi, "Thatha zonke izinto ezisezikhukhwini zejazi." Ngakho ngenza kanjalo.

Ngemva kwenkulumo, ngabuyela ekamelweni lokugcina amajazi ngathola ukuthi ijazi - sengathi uNkulunkulu angakuvikela - selinyamalele.

Ngangiphatheke kabi kakhulu ngalokho, ngakho othile wathi, "Ungaphatheki kabi, sizokuthengela elinye ijazi" Ngathi, "Angiphatheki kabi ngoba ngilahlekelwe yijazi, kodwa ngoba umuntu othathe ijazi akazange athathe nesigqoko esihambisana kahle nejazi"

Akufanele sivumele imizwa yethu isilawule Umuntu angajabula kanjani uma konke akukhathalelayo kuyizingubo zakhe nezinye izinto zakhe?

Lokhu akusho ukungagqoki izingubo ezihlanzekile nezihlelekile noma ukuhlanza nokuhlanza indlu, kodwa kunalokho ukungagxili kakhulu kulezi zindaba.

Ngesinye isikhathi ngimenywe ephathini yesidlo sakusihlwa futhi konke kwakukuhle kakhulu futhi kuhlelwe kahle, ngajabulela isidlo sakusihlwa, kodwa ababungazi bethu babekhathazekile kakhulu, besaba ukuthi konke kungase kungahambi njengoba bekuhleliwe, futhi ngenxa yalokho, bonakalisa isimo ngokukhathazeka kwabo.

**Labo abazwela ngokweqile bavame ukuzwa
ukukhathazeka nokungakhululeki kwabanye Kungani
ukwesaba nokukhathazeka? Kufanele senze konke
okusemandleni ethu, bese siphumula futhi sivumele
abanye baphumule Kufanele sivumele izinto zihambe
ngendlela yazo yemvelo ngaphandle kokuziphoka,
bese labo abasizungezile nabo bethola ukuthula**

Ukuvunwa kweParmenidean

**Ngemuva kwentando yomuntu kukhona intando
yaphezulu kanye nenjongo yokugeleza
okungenamkhawulo kwamandla emkhathini**

**Kuwukukhombisa konke okuhle nokuzuzisayo
empilweni**

**Ngenxa yalesi sizathu, noma ngubani ohlala
eqinile futhi ehambisana nentando ephakeme
uzonikezwa impumelelo ngosizo lukaNkulunkulu.**

**Amandla okuzimisela amandla nesifiso
esiqondiswe ekufezeni umgomo othile**

**Akukho lutho olungenziwa ngaphandle
kwamandla okuzimisela; empeleni, ngisho
nokunyakaza okulula kungadalwa empilweni yansuku
zonke ngaphandle kokusebenzisa amandla
okuzimisela.**

**Iningi labantu lenza izinto ezingabalulekile futhi
aligxilisi imizamo yalo ngendlela eyakhayo**

**Isifiso sihlukile kwentando, yize isifiso
singasebenza njengesisusa sentando**

**Ekuthuthukiseni amandla okuzimisela, umuntu
kumelwe abe nokuzimisela kuqala futhi asebenzise
ukuqonda, ukuqonda, nokuhlakanipha.**

**Lokhu kulandelwa ukuqeqeshwa nokusebenzisa
intando ngamabomu ukufeza umgomo ofiselekayo**

**Uhambo nomzamo kumele kuqhubeke kuze kube
yilapho umgomo usufeziwe**

**Uma umuntu enquma ukufeza umgomo omuhle,
kuba okungafanele ukuyeka ukuzama**

Noma angase avume izimo ezimbi

**Uma ukwazi kuhambisana nentando ephakeme
kanye nomcabango kanye nentando kugxile
emcabangweni othile ngaphandle kokuphazamiseka,
amandla entando azogcwala umsebenzi we-cosmic
ongenamkhawulo nongapheli**

**Intando yomuntu elawulwa ukungazi nezifiso
iletha ubuhlungu nezinkinga kumniniyo**

**Ukuze kunambitheke injabulo yangempela, izifiso
ezinhle kumelwe zinqobe ezimbi, futhi intando kumele
iqondiswe endleleni efanele eya emthonjeni weqiniso
kanye nomsuka wakho konke okuhle okukhona.**

**Kungani umuntu kufanele agweme ukufakaza
amanga? Ngoba amanga akhuthaza ubuzenzisi
nokukhohlisa**

**Ukukhaphela kungenye yezono ezinkulu
emehlweni kaNkulunkulu Ukumangalela umuntu
ngamanga ukuze uzuze noma ngesifiso
sokuziphindiselela kuyindlela yokufunga amanga
Ukube wonke umuntu wayelandela lo mkhuba,
isiphithiphithi kanye nobudlova bekuyobusa phakathi
kwabantu**

**Ukulalela ubufakazi obungamanga obumelene
nomunye umuntu kuwukuvumelana nofakazi
wamanga nokuhlanganyela ekuziphatheni kwakhe
okuhlazisayo, nokuthi ukulalela nokusekela
kuzophenduka ngokungenakugwenywa kube
yingxabano yangaphakathi yemizwa edabula ukuthula
komphefumulo futhi iphazamise ukuthula kwempilo.**

**Ngisho noma ngabe kufaneleke okwesikhashana,
isenzo sizogcina siphumelele kakhulu futhi sidale
ukucindezeleka kanye nobuhlungu bengqondo
obuphazamisa ingqondo futhi bushaye unembeza.**

Umona unemiphumela elimazayo nebuhlungu, njengoba uletha ukuhlupheka komuntu siqu kumuntu onomona ngoba imicabango nemizwa umuntu ayikhiphayo izobuyela kuye.

Lowo onikeza uthando nozwela uzothola uthando nokuphathwa ngendlela yozwela, kuyilapho lowo othumela imicabango yobugovu, ubugovu nomona ezozilethela lezi zinto ngokulinganayo.

Kungani umuntu kungafanele entshontshe?

Umhlaba ubuyoba njani ukube wonke umuntu ubephila ngokweba, ukuphanga, nokuphanga? Uma kunjalo, ubugebengu obubi kakhulu nobunyantisayo buzokwenziwa. Kuzoba nokulwa okunamandla ukuvikela impahla nokubuyisa izimpahla ezebiwe.

Ukweba kuyisenzo esiphambene nezindinganiso zomphakathi futhi esiphuca abanye amalungelo abo, ngakho-ke kuphambene nemithetho yokuphila, futhi imiphakathi ayinazo izinsiza ezifanele nezindlela ezisebenzayo zokubhekana nabenzi bobubi.

Uma amasela eboshwa, imikhuba yawo emidala ingase igxile kakhulu, futhi angase athole imikhuba emibi emisha ngenkathi ehlangana nezinye izigebengu Uma lokhu kwenzeka, isimo sawo sizoba sibi kakhulu lapho ekhululwa kunangaphambi kokungena ejele.

Siyakucela, Nkosi, ukuba usibusise ukuze singakuzwa okubi, singakuboni okubi, singakhulumi okubi, noma singaphefumuli okubi.

Asithinti okubi, asizwa okubi, asicabangi okubi, futhi asiphuphi okubi

Amandla esiwasebenzisa nsuku zonke:

Imibono yethu yezinzwa

- kanye nemizwa yethu

- kanye nobuhlakani bethu

Konke lokhu kubolekelwe kuNkulunkulu, futhi asinakuphila ngisho nomzuzwana owodwa ngaphandle Kwakhe.

Nokho, ngenkathi sisebenzisa iziphiwo Zakhe, asicabangi Ngaye ngendlela okufanele sicabange ngayo, futhi asimniki ukunakwa okufanele.

Kunalokho, siphishekela izinjabulo zenyama kanye nezifiso zezwe ngokuvumelana ngokuphelele kanye nokuxhumana okuphelele nomhlaba wezinto ezibonakalayo.

Lokhu kuyimbangela eyinhloko yazo zonke izinhlungu nokuhlupheka kwethu

UNkulunkulu wasidala ngomfanekiso waKhe, ngakho-ke asinakukwazi ukunambitheka kwenjabulo yangempela ngaphandle kokuthi sithole ubukhona baKhe ngaphakathi kithi futhi sinambithe umpe wenjabulo yaKhe emiphefumulweni yethu.

Futhi asinakuba namandla abusisiwe adingekayo ukuze sithole, ngentando, lokho esikudingayo nsuku zonke

Ngaphandle kokuba siqaphele ukuthi uNkulunkulu ungumthombo walawo mandla, kumelwe sithembele kuYe futhi siphendukele kuYe.

Ngezinhliziyi ezibonga ngazo zonke izibusiso azithululela phezu kwethu ngomfudlana oqhubekayo

Uma ubonga, ngizokwandisa [ekuthandeni]

Lapho izinhliziyi zethu zichichima ukubonga kuMuphi Ophanayo Kakhulu, ziba amathempeli angcwele okuba khona kwaKhe okukhazimulayo, futhi lokho kuyimpumelelo enkulu kakhulu umuntu angayithola, ngoba injongo yokuphila iwukuba umuntu avumelane noMdali wakhe, asondele kuYe, futhi amazi.

{Funani kuqala umbuso kaNkulunkulu nokulunga kwakhe, khona konke lokhu kuyakwenezelwa kini}

Ngokukhumbula uNkulunkulu njalo nokucabanga kahle ngaye, sizobona ukuthi ungothandekayo wethu, ukuthi singabakhethiweyo bakhe, nokuthi sinesabelo ekuphaneni kwakhe.

Umbuso wenjabulo, uthando, ukukhanya, nobuhle

Uma sicabanga ngezibusiso zikaNkulunkulu eziningi, okukhulu kunakho konke okungenzeka ukuthi sisebenzise inkululeko yokuzikhethela ekulandeleni indlela efanele eholela ekuhambisaneni nezinjongo eziphakeme nokufinyelela injabulo engokomoya, usuku ngalunye lugcwala injabulo yangaphakathi evuselelwe, futhi sizwa umsinga obusisiwe ugeleza ezimpilweni zethu, ngakho ukubonga kugcwalisa izinhliziyi zethu, futhi impilo inokunambitheka nencazelo.

Umuntu, ngokucabanga okujulile, ongabona umthetho waphezulu osebenza ngendlela engaqondakali, akayeki ukudumisa, ukubonga, nokuzithoba phambi kwaLowo okufanele athande, adunyiswe, nokubonga.

Masikhumbule uNkulunkulu, umthombo wakho konke okuhle okukhona, futhi masihlanganise inkumbulo yethu nothando oluqotho oluvela ekujuleni kwezinhliziyi zethu.

KuNkulunkulu, okuphuma kuye ukuphila, uthando luphuma kuye, nezibusiso zithulula ngaphandle kokuma

Masikhumbule ngenjabulo bonke labo abakhanyisa ikhandlela lesintu, noma abahlwanyela imbewu enhle emhlabathini wezwe, noma abasakaza imibono ekhanyiselwe, noma abakhuthaza izenzo ezinhle nokuziphatha okuhle.

Masivule izinhliziyi zethu othandweni, masivumele izingqondo zethu zamukele

ukuphefumulelwa okukhanyiselayo, futhi masicele usizo nesiqondiso kuNkulunkulu.

Kulokho esikucabangayo nesikwenzayo

Ukwesaba kulimaza inhliziyo

Ingqondo yomuntu iyingqolobane enkulu yamandla noma imisebenzi ebalulekile

Lo msebenzi usetshenziswa njalo ekunyakazeni kwemisipha, ekusebenzeni kwenhliziyo, emaphashini, kanye nase-diaphragm, ekusebenzeni kweseli, ekuphenduleni kwamakhemikhali egazini, kanye nasekusebenzeni kwezitho zomzimba ezizwayo (izinzwa)

Ngaphezu kwalokho, inani elikhulu lamandla abalulekile lichithwa ekucabangeni, emizweni, kanye nasekuzimiseleni

Ukwesaba kunciphisa umsebenzi obalulekile futhi kungenye yezitha eziqine kakhulu zentando esebenzayo

Ukwesaba kuyacindezela futhi kuvimbele umsebenzi wokuphila ovame ukugeleza njalo uye emithanjeni, ukuze kubonakale sengathi ikhubazekile, futhi umzimba uba buthaka futhi amandla awo ancipha ngokuphawulekayo nangokuphawulekayo (ukwesaba kuvimbela imizwa!)

Ukwesaba akusizi ukuqeda imbangela yokwesaba Kuyenza buthaka intando futhi kushukumisele ubuchopho ukuba buthumele isignali yokuvimbela ezithweni zomzimba Ukwesaba kuyonakalisa inhliziyo, kuphazamise ukugaya ukudla, futhi kubangele izifo eziningi zomzimba

Uma ukuqaphela kuhlala kugxile kuNkulunkulu, ngeke wesabe lutho futhi uzokwazi ukunqoba zonke izithiyo nezithiyo

Ngesibindi nokholo "Isifiso" yisifiso esingenawo amandla, kanti "inhloso" yisinqumo sokwenza

okuthile: ukugcwalisa isifiso noma isifiso. Kodwa "intando" ingavezwa ngokuthi: "Ngisebenza ngokuzikhandla ngize ngifinyelele engikufunayo"

Uma uqeqesha amandla akho okuzimisela, ungakhulula futhi uqondise amandla omsebenzi obalulekile, kunokuba ufise okuthile ngaphandle kokwenza okudingekayo ukuze ukuthole.

Akumelwe silahle ithemba, kodwa kufanele siqaphele ukuthi uNkulunkulu usinika ithuba eliningi lokuthuthukisa izimo zethu, aphakamise imibono yethu, futhi adale izinto ezintsha neziwusizo kithi nakwabanye empilweni.

Uma singajabuli ngendlela yethu yokuphila, kufanele sihlole izindlela ezintsha nezindlela ezizosinika izinga lokwaneliseka kanye nenduduzo yengqondo.

Kufanele sicabange ngokwenza okuthile okuzothuthukisa izimo zethu futhi kwenze izimpilo zethu zibe nenjongo futhi zibe nenzuzo, bese sikusebenzisa lokho.

Okudingeka ngokushesha ukushintsha ingqondo noma ukushintsha indlela yayo

Kumelwe sinqume ukuthi ngeke sivumele izinkinga zisithinte futhi zisilahle ibhalansi, nokuthi ngeke sivumele izinto ezikhathazayo zonakalise izimpilo zethu, zithathe imizwa yethu, futhi zonakalise umoya wethu.

Futhi ngeke sibe yizisulu zemikhuba elimazayo kanye nezici ezilimazayo, nokuthi sizokhululeka futhi singazithibi njengezinyoni esibhakabhakeni.

Asikho isidingo sokuba abantu bahlale bemi ndawonye futhi bengaguquki. Izindwangu zokukhohlisa kumele zisuswe engqikithini yomphefumulo ukuze zikhanye ngobumsulwa

**namandla azo, zembule ubuhle obuhle uNkulunkulu
abunike isintu.**

**UNkulunkulu ubusisa imizamo emihle, izifiso
ezifanele, kanye nokuzimisela ukuphumelela**

**Ngemuva kwempilo yethu kulele amandla oMoya
oPhakeme, futhi ngemuva kwentando yethu kulele
ulwandle oluphelele lweNtando Yaphezulu.**

**Siyingxenye ebalulekile yalolo lwandle
olungenamkhawulo. Uma sifika kulo futhi sibhukuda
kulo, ukuqonda kwethu kuyakhula futhi sizizwe
ubukhulu bethu.**

**Ukucabanga ngakho kusisondeza kukho, futhi
ukucabanga ngakho kusiholela kukho**

**Umzamo oqhubekayo wokuvumelanisa nakho
usinika ulwazi, ukuzimisela, namandla**

**Ukulungiselela kwansuku zonke ukuqonda kuletha
uthando lwaphezulu nezibusiso zasezulwini**

**Igeleza kithi ngaphandle kokuphazamiseka futhi
isinika isabelo esikhulu sengcebo yolwandle**

**Kukhona ukuqonda kwaphezulu okufihliwe
ngaphakathi komuntu wonke, ukuqonda okulindele
ithuba lokuziveza.**

**Futhi ukuphuma endaweni encane nenemingcele
ye-ego**

**Njengoba nje umuntu evuka ebumnyameni
obuphazamisayo ukuze aqaphele ukuthi lokho
akubonayo kwakuyiphupho nje, kanjalo nokuqonda
kwaphezulu kuyamkhuthaza umuntu ukuba avuke
ebumnyameni obubi bokulala nokudideka aye
ekuqondeni okusha nokuqonda okunengqondo
kwencazelo nenjongo yokuphila.**

**Uma sifisa ukuzwa ukuvuka ngokomoya nokubona
ukukhanya kokuqiniseka, kumelwe silalele izwi
langaphakathi.**

Sisabela ekushukunyisweni yiso. Kumelwe sisuse endleleni amatshe okukhohlisa kanye namatshe okungazi avimbela intuthuko yomphefumulo futhi avimbele ukunyakaza kwawo.

Futhi masingqongqoze ngesandla sokulangazelela emnyango wokuvuka ebuthongweni bokunganaki, ukuze siphefumule emoyeni wenjabulo futhi silethe ugesi wasezulwini kuyo yonke imicabango yethu nayo yonke imizwa yethu.

Futhi yonke imisebenzi yethu

Sicela uNkulunkulu uSomandla ukuba avule amafasitela okuqwashisa engqondweni yethu, asigcwalise ngokukhanya kokuhlakanipha, asizungeze ngothando lwaKhe, futhi asimboze ngesihawu saKhe saphakade.

Phakathi kwalabo abeza kimi, kwakukhona abantu engangibatshela kusukela ekuqaleni, ngokusobala, ukuthi izisusa zabo azilungile, futhi ngabacela ukuba bashintshe lezo zisusa.

Abambalwa kubo abazange bakuthande engakushoyo, kodwa abanye basabela futhi bashintsha baba ngcono

Ubuzenzisi abuholeli emphumeleni omuhle, futhi ngisho nabahlakaniphile kakhulu abakwazi ukufihla lokho okuvezwa ngamehlo abo

Umlando wonke womuntu ubhalwe emehlweni akhe

Uma ufisa ukwazi ubuntu bangempela bomuntu, cela uNkulunkulu ukuba akwembulele ubuntu bangempela balowo muntu.

Ngenxa yokuthi awufuni ukukhohliswa, uzozizwa ujule enhliziyweni yakho ukuthi kuyiqiniso futhi umuzwa wakho ngeke ube nephutha

Uma sikhuluma nomngane wethu, kufanele simbheke ngqo emehlweni futhi sikhulume ngokuzethemba, ngokuqiniseka, nangeqiniso.

Uma sixhawulana nothile, kufanele simbonise amandla adonsela phansi othando lwethu nobuqotho bethu, futhi sizame ukumsiza ngangokunokwenzeka.

Umuntu ofuna ulwazi kumele abe nombono omuhle futhi asebenzele ukuthuthukisa amandla akhe okuthonya ngokomoya; khona-ke uNkulunkulu uzomnika amandla okusiza abanye nokudlulisela ukudlidliza okubusisiwe kubo.

Ngingahamba ngale kwamaplanethi nezinkanyezi ezikude kakhulu, kodwa ngizohlala ngingowakho Abalandeli bakho bangase bafike bahambe, kodwa ngizohamba nawe futhi ngibe ngowakho kuze kube phakade Ngingase ngijikijelwe amagagasi okuzalwa kabusha okungenakubalwa futhi ngizizwe nginesizungu futhi ngingedwa, kodwa ngizohlala ngingowakho

Umhlaba, omatasa ngemidlalo yakho, ungase ukukhohlwe, kodwa ngizohlala ngikukhumbula Izwi lami lingase liphele futhi ngingase ngihluleke

Kodwa ngamazwi omphefumulo wami ngizohlebelala ngithi: "Ngiyohlala ngingowakho"

Izilingo, ukugula, nokufa kungangidabula futhi kungishise umzimba wami, kodwa uma nje kusekhona ukukhanya kwethemba enkumbulweni yami

Bheka emehlweni ami afayo ngoba ngawo ngizokutshela: "Ngizokuthanda kuze kube phakade futhi ngizohlala ngithembekile kuwe!"

Nginitshela iqiniso ukuthi ngithole izimpendulo zayo yonke imibuzo yami hhayi kubantu, kodwa kuNkulunkulu, umthombo wakho konke ukuphana.

Futhi umthombo wolwazi lonke endaweni yonke

**Ungukuphela kokuphefumulelwa kwami
empilweni, futhi uma ngikhuluma, ngiyamcela ukuthi
agcwalise amazwi ami ngamandla akhe, iqiniso lakhe,
uthando lwakhe, nokukhanya kwakhe, ngizwa
amagagasi enjabulo engigubuzela ngoba uthando
lwakhe olukhulu luthululela emphefumulweni
njengemimoya epholile ezinsukwini ezishisayo, futhi
ukuthululwa kwalo kuqhubeka ngamandla imini
nobusuku, isonto nesonto, unyaka nonyaka, ngakho
awazi ukuthi ukuphela kukuphi.**

**Abantu bacabanga ukuthi badinga uthando
nengcebo evela kubantu, kodwa bacabanga ukuthi
badinga uthando kanye nengcebo evela kubantu,
kodwa bacabanga ukuthi badinga uthando kanye
nengcebo evela kubantu.**

**Uthando lwaphezulu olungashintshi nengcebo
engokomoya engenakulinganiswa ngengcebo
yasemhlabeni Noma ubani oqaphela ukuthi
uNkulunkulu ungumthombo wothando lonke, injabulo
nomusa uzokuthola futhi ajabule kakhulu ngakho**

Izimfundiso ezengeziwe kanye nokuzindla kweNkosi

uParamhansa Yogananda

Ubuqotho buyisisekelo sendlela engokomoya

Kunalokho, yinsika lapho kusekelwe khona ukuxhumana

komphefumulo noMdali wawo

Lokhu kusho ukuphendukela kuNkulunkulu

ngokuqiniseka okuphelele

Sikhuluma naye ngobuqotho nangokusondelana

Ngolimi olulula ulimi lwenhliziyo

Simcela ukuba asisize

Ukuze silwele kuye futhi sithembele kuye

Ukuze siduduze izinhliziyi zethu

Futhi kusikhulula ekucindezelekeni nasekucasukeni

Futhi kukho konke okungase kume endleleni yethu

Uzama ukusisusa enjongweni yethu engokomoya

Ekugcineni
Kukhona umgomo owodwa kuzo zonke izivivinyo zethu
kanye nokuhlolwa
Kusishukumisela ukuba senze konke okusemandleni
ethu
Sibeka izindaba kuNkulunkulu
Futhi yeka inhlanhla lowo onalokhu kuqonda
Ngaphandle kwakho siphila ezingxabanweni
nasezingxabanweni
Ngaphandle kokwazi isizathu
Kodwa endleleni engokomoya
Siyazi ukuthi ubunzima esibhekene nabo
Inhloso yayo ukusenza sizithobe phambi
kukaNkulunkulu
Sithulula imicabango nemizwa yethu
Kusukela ekuziqhenyeni kwamanga kanye nobukhulu
obukhohlisayo
Ukuze uNkulunkulu asigcwalise ngokukhanya Kwakhe,
ukuhlakanipha, nothando
Kulokho kuzithoba kuNkulunkulu
Ukuxhumana okumnandi kulele kukho
Masikhumbule ukuthi uma nje umuzwa "wobuwena"
ubusa
Kukhona ukuthambekela kokuziqhelelanisa
noNkulunkulu
Ukukholelwa ukuthi sinamandla nokuhlakanipha
okwanele
Ukuze sikwazi ukuzimela ngezinyawo zethu ngaphandle
kokusekelwa
Sixazulula izinkinga zethu ngokwethu
Sesaba ukuthi uma sizithoba entandweni kaNkulunkulu
Ukuthi ngeke sijabule ngalokho uNkulunkulu
asithumelela khona
Lokhu kuwubufakazi bokuntuleka kokholo kuNkulunkulu
Kodwa ngokushesha noma kamuva

Kuzodingeka siphendukele kuNkulunkulu
Wonke umuntu uzothola leli qiniso empilweni yakhe
Ngaphandle kokuthi usekutholile kakade
Lokhu akuyona into edumazayo noma engemihle
Injabulo emnandi kakhulu ekhona
Umuzwa wokuthi siphambi kwakhe
Ngiphephile futhi ngivikelekile ezimangalisweni zempilo
kanye nobunzima besikhathi
Yilokho uhlobo lokuthobeka kanye nesici sabantu
abathobekile
Futhi lapho kulele khona amandla angokomoya eqiniso
Futhi ubukhulu bobuqotho
Futhi ukujula kothando
Futhi ubuhle bokwaneliseka nokuzithoba
Akuyona eyami, Nkosi, kodwa mayenziwe intando]
[yakho

(Sibeka ithemba lethu kuNkulunkulu)
Ukuze sithinte imvelo yethu engokomoya
Kumelwe silwele ukubonisa ukuqonda okuphakeme
ezimpilweni zethu
Uma kufika ubunzima, kumelwe sizikhumbuze
Ukuthi asibuthakathaka nokuthi sinamathuluzi afanele
okubhekana nakho
Akufanele sivumele imithwalo yemfanelo nezinkinga
ziphazamise ukuthula kwethu
Kususa ukuthula kwethu
Size kuleli zwe ukuze sizithuthukise
Ukuhlola amandla ethu angokomoya
Ukungangeni olwandle olumnyama lokukhohlisa
Okuhilela izingozi ezingenakubalwa
Uma sifuna ukwazi ukuthi singobani ngokomoya
Kumelwe sithembeke kuNkulunkulu nakithi ngokwethu
Futhi siqotho ekusebenzelaneni kwethu nabantu
Futhi ukuthi kube yisifiso esinamandla kakhulu
ekuphileni kwethu

Kumayelana nokuqaphela umthombo wethu waphezulu
Savela kuYe futhi kumelwe sibuyele kuYe
Kungakhathaliseki ukuthi isikhathi esingakanani
sokungabikho kwethu ezweni lokuhlukaniswa
Noma ngabe isimo sibonakala sidangele futhi sidabukile
Kumelwe sigcine ukholo lwethu
Ukuthi ilanga lizophinde liphume
Futhi lokho okuhle empilweni kudlula okubi
Uthando lunamandla kunenzondo
Futhi labo abasendleleni efanele
Zizofika kungakhathaliseki ukuthi ibanga libonakala lide
kangakanani nokuthi indawo oya kuyo ikude kangakanani
Futhi uma izinkathazo ziphindaphindeka
Kumelwe kuqedwe ngokuthanda uNkulunkulu
nokuxhumana naye
Ngomthandazo oqotho osuka enhliziyweni
Futhi simcele ukuba aqinise ukuzimisela kwethu
Kusisiza ukulungisa inkambo yokuphila kwethu
Umthandazo uzophendulwa ngokukhanya
okukhuthazayo
Amafu azocaca futhi umkhathi uzobonakala ucacile futhi
Ukubhekana nezingcindezi zokuphila
Enye yezinzuzo zokucwaninga ngokujulile
ngoNkulunkulu
Kuyikhono lokuphumula
Lapho ukucindezeleka kuncipha, ukwesaba kuncipha,
futhi ukukhathazeka kuyancipha
Uma silahlekelwa ikhono lokujabulela impilo
Ukuhlanganyela emisebenzini yokuzijabulisa enemphilo
Siba nesibindi kakhulu futhi sikhathazekile kunalokho
okufanele sibe yikho
Umphefumulo, ngokobunjalo bawo obumsulwa,
awuzizwa ucindezekile noma uvalo
Kunalokho, " ubugovu " obubhekana nalezo zimo
Akufanele sithathe izinto ngokungathi sína kakhulu

Ukuze ukuqina "kwe-ego" kunciphe futhi ukubamba
kwayo kukhululeke
Abantu bavame ukukhuluma ngokucindezeleka
abakuzwayo
Futhi ukucindezeleka kwengqondo ababhekana nakho
ngaphansi kwesisindo sezidingo eziningi
Kodwa akumelwe sizivumele sibe yizisulu
Nganoma yiluphi uhlobo lobunzima
Masikhumbule njalo ukuthi uNkulunkulu usinike amandla
Kwanele ukubhekana nazo zonke izinselele esibhekene
nazo
Akunakwenzeka ukuthi umphefumulo uzizwe ukhathele
futhi ukhathele
Umzimba ungase uzizwe ukhathele
Kodwa uma sizibiza ngobuthakathaka bomzimba
Sihlala sivalelwe ngaphakathi kobubanzi obuncane
bomuntu siqu
Uma sibhekene nezingqinamba
Kumelwe sifune usizo lukaNkulunkulu
Ukuziqinisekisa ukuthi siyakwazi – ngosizo
lukaNkulunkulu – ukukunqoba
Futhi ukuthi kuza njengesikhuthazo sokuvusa amandla
.ethu alele, okuthi, uma evusiwe, akwazi ukukwenza
Ngokubhekana nobunzima nezinkinga zazo zonke
izinhlobo
Futhi ukuthi imvelo yethu yangempela ingumoya
Okuyinhloko yayo ukuthula, ukuthula, ukuthula, kanye
nokuzola
Futhi ukuthi lezi zinto ezibusisiwe zingaphakathi kwethu
Kuyingxenye ebalulekile yobuntu bethu obungokomoya
Umuntu ungumoya, futhi umoya wakhe
awunakunqotshwa
Ngoba kuyinto engabonakali
Uma sinalo lolu lwazi
Sizwa lawo mandla esebenza ngaphakathi kithi

Sinomuzwa wokuthi siya phambili futhi senza intuthuko
Ukuthembela kwethu kuNkulunkulu nakithi ngokwethu
kuyaqina

Ubunzima bobunzima buyancipha
Ukuze sikwazi ukubhekana nakho
Indlela eyakhayo esekelwe ekuzethembeni, enduduzo,
kanye nokulinganisela
Ngayo yonke into eyenzeka esibhakabhakeni sezimpilo
zethu

Phakathi nalolu hambo lwethu lwasemhlabeni
Kumelwe sazi ukuthi singalwandisa kanjani ulwazi
lwethu kanye nokuqwashisa kwethu
Futhi singaziqonda kanjani kangcono izimo
ezisizungezile noma esidlula kuzo
Sizokwazi ukuphila ngokuvumelana okungcono
Futhi ukusebenzelana kahle nangokuphephile nabantu
kanye nokuphila

Uma sibheka ngokujulile imiphakathi yomhlaba
Sihlola izimfihlo ezifihliwe zemiphakathi yasendulo
;Kuvela isithombe esikhulu, esinemigqa ephithene
Kuhlukahluka ngezinkathi zonyaka, kucophelela kakhulu
Sithola ukuthi umuntu ungumuntu ngamunye futhi
ungumuntu ohlala nabantu ngesikhathi esisodwa
Wonke umuntu unesifiso sokuphila komuntu siqu kanye
nokuphila komphakathi

Unemikhuba yokuzimela yedwa kanye nesifiso sokuba
yingxenye yamaqembu nemindeni

Ngisho nasezikhathini zasendulo
Kukhona ubufakazi bokuthi abantu bokuqala
Wayenomqondo wobumbano phakathi kwamaqembu
Empilweni yansuku zonke, sithola ukuthi ukuxhumana
ngokweqile nabanye

Akulethi injabulo enkulu
Futhi ukuzihlukanisa ngokweqile akulethi injabulo
UNKulunkulu ufuna sizijwayeze ukulinganisela

Futhi ukudala ibhalansi phakathi kwezimpilo zethu
ngabanye kanye nezimpilo zethu zomphakathi
Izimiso zomuntu ngamunye nezeqembu kubantu zivela
emthonjeni ophakeme
UNkulunkulu nguyena yedwa, isiphephelo saphakade
Ngale kwezinkanyezi, indawo yonke, kanye nomcabango
womuntu
Ngale kwemizwa namaphupho
Kudlula yonke imibono yezinzwa
UnguMunye, Uyingqayizivele, Uyisidalwa Kuye
Iphelele ngobunjalo bayo kanye nezimfanelo zayo
Lapho ilanga lingakhanyi khona
Akukho ukuvela kwenyanga
Akukho mlilo okhanyayo
Kunalokho, ukukhanya Kwakhe kwaphezulu,
okungenakuqhathaniswa
Lapho, ngale kobumnyama, akukho bumnyama
Futhi ukuthula okungenamsindo
Futhi akukho okunye ngaphandle kokudalwa
Kukhona ingqikithi yaphakade
Yikuphi umsuka wokuba khona
Futhi umthombo wawo wonke amandla nezidalwa
Kokubili okubonakalayo nokungabonakali
UNkulunkulu wadala le ndawo yonke ukuze
Isebenza ngokomthetho oqinile nongaguquki
Uma sephula noma yimiphi imithetho yendawo yonke,
siyazijezisa thina
Noma ubani ogxuma esuka ophahleni lwesakhiwo eside
uzophulwa amathambo akhe
Ngakho-ke, asinakuyishaya indiva imithetho yamandla
adonsela phansi
Ngaphandle kokubhekana nemiphumela
Kuleli zwe
Abantu bangenza ngokukhululeka
Kodwa kuphela ngaphakathi kobubanzi obulinganiselwe

Futhi uma ephula imithetho yaphezulu
Uzozijezisa noma azibhubhise
UNkulunkulu usemise leyo mithetho engenakuguqulwa
Wayefuna ukuthi isebenzele thina
Ngoba ngaphandle kwayo asikwazi ukuthola indlela
yethu kulempilo
UNkulunkulu wasinika nenkululeko yokuzikhethela futhi
wabeka unembeza kithi
Ukuhlukanisa phakathi kokuhle nokubi, okuzuzisayo
nokulimazayo
Lapho abantu bekhetha izindlela ezimbi
Baphula imithetho kaNkulunkulu yomhlaba wonke
Baqala amandla asezulwini asebenzayo
Imiphumela engagwemeki
Ngenxa yokwephulwa kwaleyo mithetho
Ngokwenza kanjalo, bazijezisa bona
Ngempela, u-Allah akabaphangi nhlobo abantu, kodwa}
{ngabantu abaziphanga bona
Kodwa labo abagcina imithetho yalo
Futhi bayalandela iziphakamiso zakhe
Bahlala ngokuthula
Futhi ngabo, iso lokuqonda liyavulwa
Bahamba ngezinyathelo eziqinisekile neziqinisekile
Bazizwa sengathi bahamba ngokuphepha
Ezindleleni zokuphila
Umcabango ungamandla amakhulu empilweni yakho
Ukuba ubukwazi ukuthi ungawahlakulela kanjani lawo
mandla
Futhi uyisebenzise kahle
Ungavumeli ubuthakathaka bungene ekucabangeni
kwakho
Qaphela lapho uhlangana nabantu abanemibono emibi
Nombono wokuphelelwa yithemba, funa imibono yabo
ebuthakathaka ingene engqondweni yakho

Ngaphandle kokuthi ingqondo yakho isifinyelele ezingeni
elithile lamandla
Ukuze imibono yabanye ingakwazi ukumqeda amandla
Ngokuphambene nalokho
Uyakwazi ukuqinisa imibono yabanye
Nokukhulisa ukuzethemba kwabo
Labo abahlulekayo kufanele bazihlanganise nalabo
abaphumelelayo
Ababuthakathaka kufanele bazihlanganise nalabo
abanamandla kunabo
Ngokuqondene nalabo abangenakho ukuzithiba
Kufanele bahambisane nalabo abanesimilo esihle
nokuzithiba
Umuntu odlayo kufanele adle
Nomuntu okwazi ukulawula kangcono isifiso sakhe
sokudla
:Khona-ke uzokwazi ukuthi
"Nami ngiyakwazi ukulawula isifiso sami sokudla"
Uma wenza isinqumo bese uzithembisa ukuthi
uzosinamathela
Ungavumeli ukuzimisela kwakho kuntengantenge uma
kwenzeka okuthile okuphikisana nesinqumo sakho
Qhubeka nokuzethemba futhi ukholelwe ukuthi unawo
wonke amandla owadingayo
Ukufeza lokho okufisayo, kungakhathaliseki ukuthi
kubonakala kungenakwenzeka kangakanani
"Uma uthi ngaphandle "Ngikulungele yena
"Futhi uzitshele ukuthi, "Angikwazi
Ngokwenza kanjalo, unciphisa amandla okucabanga
Kunciphisa amandla okuzimisela
Uzodinga intando enamandla kuneyakho
Ukumnika amandla nokumkhuthaza ngokuzimisela
nangokuzibophezela
:Iseluleko sami yilesi
Thuthukisa amandla okuzimisela

Cabanga ngendlela eyakhayo
Uzothola ukuthi amandla akho omzimba, engqondo,
nangokomoya
Ukusebenza ndawonye ukuklama nokubumba zonke izici
zempilo yakho
Nganoma iyiphi indlela oyifunayo
Intuthwane izwa umzimba wayo
Amehlo akhe abukhali abona insimu elinganiselwe
emzungezile
Umuntu uyazi umzimba wakhe, indawo akuyo, kanye
nomndeni wakhe
Nezinye izinto azijwayele
Ngokuqondene nomuntu wendawo yonke
Uyaqaphela ukuthi umzimba wakhe uyingxenye
yomndeni wesintu
Umcabango wakhe uhlanganisa indawo yonke
ngobukhulu bayo obungokomzimba nobengqondo
Uyaqaphela ukuthi konke ukuphila kusengqondweni
yakhe
Uma umuntu engashintsha ukuqonda kwakhe kube
yinto ejabulisayo ngokomoya
Indalo yonke izonyamalala engqondweni yakhe
Ngoba imicabango yomuntu enikeza indawo yonke
ukubukeka kweqiniso
Ngaphandle komcabango, indawo yonke ibingeke ibe
neqiniso
Abantu sebejwayele ukuhlala beqaphile futhi bematasa
ngezinkinga zokuphila
Noma angase alale akhohlwe umhlaba
Kodwa isintu sinamandla amakhulu
esingakawasebenzisi
Futhi uma ufunda ngenjabulo engokomoya
Indlela yokususa ingqondo yomzimba kanye nengqondo
yokulala ngokungazikhetheli
Uzovuka ekwazini okuphezulu nokubusisiwe

Uma umuntu ekwazi ukuhlala ephapheme
Noma kusukela ekulaleni ngokushesha ngentando
Uzokwazi ukufinyelela esimweni esiphakeme sokuqonda
Akukho mkhawulo ekujabuleni kwayo
Uzozwa injabulo yokulala ngokuzithandela
nangokuqonda

Noma nini, noma kuphi
Uvemvane Wokungafi uthe
Mina ngokwami omkhulu
Uhlala kuyo yonke inhliziyo
Kuwo wonke amazwe
kanye nentando yami enamandla
Ishaya yonke indawo
Futhi kuvusa abalele
Ngeziphakamiso ezingapheli ze-ethereal
Ngokuqondene nomuntu wami ongaphansi
Uboshwe emzimbeni ohleliwe
Uvemvane lusesesikhwameni salo sasemhlabeni
inhlaka yomhlabathi
Iminyango ikhiyiwe
Kuboshwe ngezintambo zensimbi eziyinkulungwane
O mphefumulo wami othunjiwe
O nina enigeza elangeni
Futhi uphefumula umuthi wokuphila
Futhi uphuza amanzi ahlanzekile
Uyaphupha ngokuba nazo zonke izinto ezinhle
?ezikhona

Futhi usayizi wakho mncane
?!Futhi inhliziyo yakho ibuthakathaka
!Vuka ebuthongweni bakho
Nweba
Yelula
Zivuselele
Hlangana nomuntu wakho ophakeme
Futhi uzoba

Uvemvane Ongunaphakade
Iyamelana nemikhawulo kanye nemikhawulo
Ukuzibona
Inguqulo eguquliwe ngu: Mahmoud Abbas Masoud
Ukucaca kokuzwa nokubona
Akusilo iso elibonayo
Kunalokho, ingqondo namandla okwakha izinto
Umuntu angaba nendlebe elalelayo kanye neso
elibonayo
Eqinisweni, umhlaba uhluke ngokuphelele kulokho
umuntu akubonayo
Imisindo ayizwayo yileyo ewela ngaphakathi kobubanzi
bayo
Ukudlidliza ekwazi ukukubona
I-Clairvoyance ibizwa nangokuthi ukuzwa okunembile
Noma ukuzwa ngokuqonda
Ngoba indlebe evamile ayikwazi ukuyiqonda
Imisindo engezwakali
Amandla okubona nokuzwa akhona emphefumulweni
Kungenzeka ukuvusa amandla afihliwe kuzo zonke
izinzwa
Ngokuqeqesha ingqondo nokuthuthukisa amakhono ayo
okuqonda
Amandla asemahlweni ethu afana nama-X-ray
Kodwa-ke, asikwazi ukubona izinto ezifakwa yi-X-ray
Ngoba asikakathuthukisi ukuvumelana nalelo zinga
lokudlidliza
Izinzwa zethu eziphakeme ziphazamiseka ngenxa
yokulinganiselwa kwamandla engqondo
I-Clairvoyance yenzeka lapho amandla okuphila
ehambisana nezinto ezithile
Ukudlidliza okubonakalayo Njengoba nje ama-X-ray
engena ezindongeni
Iso lomuntu linekhono elifanayo, kanye nalolo hlobo
lokubona

"Kubizwa ngokuthi "ukucaca okubonakalayo
Kungenzeka ukuhlola amandla okucaca okubonakalayo
Lapho amandla okubona eliso ephindwe kabili
Noma phakamisa izinga lokudlidliza kwamandla
okuphila agcwele yonke into
Ukuzindla kwangempela akulimazi intuthuko
engokomoya
Ngokuphambene nalokho, kuyasiza ukudlulisa noma
ukuguqula ukuqonda
Kusukela ezingeni lomzimba kuya ezingeni
elingokomoya
Kodwa izithombe ezivela engqondweni engaphansi
kokuqonda
Kuvela ekukhohlisweni nasekucabangeni, futhi kumelwe
kugwenywe
Umfuni kumele aphumelele ezivivinyweni zamaphupho
ukuze afinyelele esimweni sokuvuka ngokomoya
Lapho azi khona ngokugcwele ukuthi uvumelana
kakhulu nezinga eliphezulu
Ukhona futhi uzwa ukuthululwa kwenjabulo eqabulayo
egeleza engqondweni yakhe, emphefumulweni
nasemzimbeni wakhe
Lonke udaba luwumsebenzi onzima ngendlela ehlukile
yokudlidliza
Umbuso kaNkulunkulu ungaphakathi komuntu
Kodwa kumele akubonise ngomsebenzi owakhayo kanye
nokuzindla okufanele
Akufanele sivumele noma yini ukuthi iphazamise
intuthuko yethu
Ubumina kumele bubonakaliswe ngokuhlanza ingqondo,
ukuthuthukisa ukuziphatha, nokuzindla ngokujulile
UNKulunkulu uhlala elalela izingcingo zomphefumulo
Kodwa impendulo yakhe icacile futhi icacile
kangangokuthi ngezinye izikhathi kunzima ukuyiqonda
?Ubani oqhubeka nokusesha

Uhlala enentshiseko engokomoya
UNkulunkulu uzotholakala
Isabelo sakhe sizoba siningi
Inhlanhla yakhe inkulu kuleli zwe nakwelizayo

Sicela uvakashele iwebhusayithi ye-Suida Yoga kanye
nekhasi le-Facebook le-Master Paramhansa Yogananda
/ <http://wwwswaidayogacom>
<https://wwwfacebookcom/masteryogananda?ref=hl>
Isivakashi ezweni lakini

Ungumthombo wenjabulo nenjabulo
Ungumthombo wothando kanye namagugu
okuhlakanipha ahlakazekile emasimini aphakade
Uyinkululeko nokukhululwa kuzo zonke izinkolelo-ze
Niyibunye obuphelele obungahlukaniswa
Ungumqondo wendawo yonke
Uyisiqalo nesiphetho

Futhi umgomo wokugcina, okungekho omunye umgomo
ngaphandle kwawo
Ngingumhambi ezweni lakini futhi ngingumhambi
ezindleleni zakho

Thatha isandla sami uqondise izinyathelo zami
ezindleleni eziseduze eziholela kuwe
Ngiyajabula ukukwazi

Izithelo zakho zezithelo ezibusisiwe, ezigcwele izithelo
ezimnandi, ngibize

Ukuyivakashela nokujabulela izithelo zayo eziningi
Yeka ukuthi izithelo zolwazi zimnandi kangakanani, futhi
!yeka ukuthi umpe walo ongaqondakali umnandi kanjani
Ngifisa sengathi ngingahlala ngilangazelela isithelo
somphefumulo esinomsoco nesiqabulayo

Futhi ngiphuza emanzini okuthula ageleza emifuleni
yothando olungcwele

Ngiphe ubumsulwa benhliziyo nokuthula komphefumulo

Geza umzimba wami ngamanzi akho acwebezelayo,
uwuhlanze kukho konke ukungcola nokungcola
Ngilangazelela ukuzwa ubukhona bakho nokubona
ubuso bakho obuhle
Bengilokhu ngicabanga ngobuhle bakhe obuhle kakhulu,
futhi umphefumulo wami ubulokhu ulangazelela ukumbona
Gcwalisa ubukhona bami ngokubonga nokwazisa
ngesandla sakho esivulekile kanye nomusa wakho omningi
Kwangathi inhliziyo yami ingashaya ngothando ngawe
uma nje kusekhona inkanyezi ekhazimulayo nenhliziyo
eshayayo
Busisa imicabango yami ukuze iphendukele kuwe
ngokuzenzakalelayo, ukuze ibusiswe ubuhle bokukubona
.nokubona ubuhle bakho
Nginike ikhono lokuthwebula izingoma zakho
ezinyakazayo ngobukhulu be-ether
Ngidakwe yizingoma zayo zasezulwini izingelosi
ezilangazelela ukuzizwa
O, ngifisa sengathi ngingawuzwa umoya wakho
obusisiwe kuwo wonke ama-athomu okuphila kwami
Futhi wondle izinzwa zami ngokudla Kwakho
okungcwele, okuyisinkwa sokuphila
Kuyo kukhona umuthi wokuphila kanye nomthombo
waphakade
O, ngifisa sengathi ngingaphefumula umoya omnandi
wobukhona bakho
Ezindaweni zokulangazelela kanye nentshisekelo
Futhi ngibone izibani zothando lwakho zikhanya kakhulu
Esibhakabhakeni somphefumulo wami,
okulangazelelayo
Uma umoya uthule, umphefumulo uthola ukuthula
Amazinga okuqwashisa ayakhuphuka
Lokhu kungafezwa ngokuzindla
Futhi ngizama ukugcina imiphumela yokuzola

Ukuze uthole amagagasi emicabango kanye nomuzwa
wokuthula kwangaphakathi
Ukuzindla ngoNkulunkulu nokuba nethemba ngezinto
ezinhle
Zanele ukugcina umphefumulo ugcwele amandla omoya
waphezulu
Amagama angenawo amandla angokomoya
Kufana notshani obungenambewu
Ngakho-ke, uma sifunda, kumelwe sicabange ngomoya
wezincazelo
Futhi ukugxila kulokho okusikiselayo
Ukufinyelela umthombo wemibono ngemuva
kwezincazelo
UNkulunkulu ungumthombo omsulwa wakho konke
okumangalisayo nokuzuzisayo
UyiNkosi yokuthula, obusa esihlalweni sobukhosi
semicabango enokuthula
Uqondisa izenzo zomuntu ohlanzekile nohloniphekile
Futhi ufeza izifiso zakhe ezisemthethweni
Masivule umnyango wokuthula okungokomoya
Izingelosi zokuthula mazingene ngobumnene
Ekwakhekeni kwebhizinisi lethu nemisebenzi yethu
Masifeze imisebenzi yethu ngokuthula
Ngigcwele umoya wokuthula nokuthula kwengqondo
Futhi ngemuva kokushaya kwezinhliziyi zethu, sizozwa
ukushaya kokuthula kwaphezulu
Ake singene sijule emiqondweni yokuhlolwa nokuhlolwa
Kungakhathaliseki ukuthi ngemibono sifunda
ezincwadini eziwusizo
Noma izinkinga okudingeka sibhekane nazo
Noma amafilosofi, imibono, nezinkolelo
Noma injabulo engokomoya
Masingene endaweni engcwele yemicabango yethu
ejulile
Futhi sijabulela ukuthula okugelezayo

Kusukela emithonjeni yokuthula

Qaphela: Kunezibonelo eziningi ezinganikezwa*

ezibonisa ubudlelwano obuseduze phakathi kwesilinganiso
sokuphefumula komuntu kanye noshintsho ezimweni
zokuqwashisa Umuntu ogxile engxoxweni yengqondo
eyinkimbinkimbi noma ozama umzamo womzimba oqondile
nonzima uzophefumula kancane kakhulu ngokuzenzakalela
Ukugxilisa ukunaka kuncike ekuphefumuleni kancane,
kuyilapho ukuphefumula okusheshayo noma
okungajwayelekile kuhambisana nezimo ezingokomzwelo
ezilimazayo njengokwesaba, isifiso sobulili esingalawulwa,
kanye nentukuthelo Inkawu iphefumula ngesivini
sezikhathi ezingu-32 ngomzuzu uma kuqhathaniswa
nezikhathi ezingu-18 ngomzuzu kumuntu Izindlovu, izimfudu,
izinyoka, nezinye izilwane ezaziwa ngokuphila kwazo
isikhathi eside zinezinga lokuphefumula eliphansi kakhulu
kunabantu Isibonelo, ufudu olukhulu oluphila iminyaka
engamakhulu amathathu luphefumula ngesivini sezikhathi
ezingu-4 kuphela ngomzuzu

Kusukela encwadini: Ifilosofi yaseNdiya empilweni ye-

Yogi

NguParamhansa Yogananda: I-autobiography ye-Yogi

Njengoba kungenakwenzeka ukufeza noma yikuphi

ukufeza izinto ezibonakalayo

Noma ukwenza noma iyiphi intuthuko kunoma yimuphi

umkhakha

Ngaphandle kwenkululeko engokomoya

Noma isiqondiso nokuhlakanipha okuvela kuNkulunkulu

Masiphakamise, kuqala futhi ekugcineni futhi njalo

Amavesi okubonga nokubonga uNkulunkulu

Ukuze sifeze umsebenzi wethu

Futhi ukuze sikuqedele konke okusemandleni ethu

Futhi ukuze sizizwe injabulo yokufeza okuthile

Ngokukhuphuka kwamandla okusha kanye nomdlandla

Ngayo yonke indumiso yami nokwazisa kwami

Emthonjeni wakho konke okuhle
Ngezibusiso Zakhe ezingenakubalwa
Okusithinta nsuku zonke zokuphila kwethu
Sivame ukubheka lezo zibusiso njengelungelo lethu
Nakuba izigidi kuleli zwe ziphucwa yona
Njalo lapho sibonga uNkulunkulu ngezibusiso Zakhe
Uma sithola ubuhle nezibusiso eziningi
Uma ubonga, ngizokwandisa [ekuthandeni]
{Siphe namuhla isinkwa sethu semihla ngemihla}
Masikhumbule ukuthi lowo othatha konke empilweni
Nokho, kuyiqiniso ukuthi nguyena ophuthelwa yithageathi
Ukubonga okusuka enhliziyweni kuletha ukuthula
kwangaphakathi
Kuletha injabulo nokuthula kwengqondo
Sizwa ukusondela kukaNkulunkulu kithi
Ukusikhathalela kwakhe kanye nozwela lwakhe ngathi
Uma siphila kanje
Futhi samukela le ndlela
Sizofika esimweni esimangalisayo
Kusukela ekucabangeni okukhanyayo nokuhle
Futhi umuzwa wokuba seduze noNkulunkulu
Lelo icala elihle kakhulu
Iqukethe ukuthula, injabulo, kanye nokuqabuleka
Uma umphefumulo uzwa lokho kuxhumana
okungokomoya
Imifudlana yenjabulo igeleza kuye
Okuvela ebukhoneni bukaNkulunkulu
UNkulunkulu ube eseba yiqiniso elivelele kakhulu
empilweni yethu
Siba nekhono lokubhekana nezimo kanye nentuthuko
entsha
Uma kunjalo, uthando luba ngokoqobo
Inzondo iyinkohliso nje
Ngoba uNkulunkulu uluthando
Akukho ukuphila okubalulekile

Ngaphandle kwakhe yedwa kulokhu kuphila
 Amaphupho kanye nemibono ekhohlisayo
 Ngaphansi kwengubo yamathemba asemhlabeni
 engangiwa beke isikhathi eside
 Ngiphuphe ngihlezi esihlalweni sobukhosi esihle kakhulu
 nesinobukhazikhazi
 Ubuso bami babuhlotshiswe ngezimbali zokumamatheka
 Kodwa izikhathi zokuhleka nenjabulo azizange zihlale
 isikhathi eside
 Kunalokho, zabuna futhi zahlakazeka enye emva
 kwenye
 Ngabe sengizibona ngigqoke ama-rag agugile
 Futhi welula emadwaleni anzima obumpofu
 Ebunzimeni bobunzima obukhulu nosizi
 Ngakhala kabuhlungu
 Kodwa izinyembezi zami zageleza
 Futhi akekho ozombheka noma ozomduduza
 Izwe lahamba phambi kwami langibheka ngokuthula
 okuhlekisayo
 !Inhliziyo yami yakhala, ifuna usizo lwakho, Nkulunkulu
 Futhi njengoba ukunxusa kwami okungapheli kufinyelela
 ekujuleni kwakho
 Ekugcineni wangivusa
 Futhi ngenjabulo enkulu, ngazithola ngiphephile futhi
 ngivikelekile phambi kwakho
 Kude nobunzima bokwahlukana okudidayo nokuxakile
 O Nkosi, ngifisa sengathi ungavusa sonke isintu
 Kusukela ezweni lamaphupho amomothekayo engcebo
 !kanye nobumpofu obukhalayo
 Bakhulule, O Menzi Wamaphupho, emaphupho amabi
 okufa
 Futhi uvuselele nabo ukuqaphela ubuphakade
 Futhi ubabusise ukuze baqaphele - ngokuthula okuhlala
 - njalo
 Ukwesaba kokukhohlisa kwasemhlabeni

**!Akulutho ngaphandle kwamaphupho nokukhohlisa
Izikhuthazo eziphakeme kakhulu**

O Mdali Ongcwele

Nkosi Yomhlaba Wonke

**Wena olawula futhi osungula amaplanethi,
izinkanyezi, kanye nemithala**

**Umthetho wakho olungile uqondisa ukunikeza
izakhamuzi zakho inkululeko yokuzikhethela kanye
nenkululeko yokuzikhethela, okuzosisiza ukuba
zizithuthukise futhi zisondele ezimisweni
nasezimisweni zakho ezingcwele.**

**Usinike inkululeko yaphakade futhi watshala
ngaphakathi kithi imbewu yokuqonda okubanzi.
Kodwa ngeshwa, sibophe ukuqonda kwethu okubanzi
ngemuva kwemigoqo yobugovu, inzondo, ukucabanga
okulinganisewe, kanye nokushisekela okungaboni.**

**Nkosi, sisize sincibilikise - ngothando lwethu
olufudumele nokuqonda kobuzalwane - zonke izithiyo
zokwenziwa nezibandayo phakathi kwethu nabanye.**

**Sisize ukuba sisebenzise unembeza oqaphile
kanye nokwahlulela okuhle ekuzithibeni futhi sihambe
ngobuqotho ezindleleni zokuphila**

**Futhi usibusise ukuze sandise ingcebo yethu
engokomoya kanye nozwela lwethu ngokwandisa
umbuthano wothando lwethu lwesizwe ukuze
luhlanganise bonke abantu emhlabeni,
kungakhathaliseki ukuthi bangobani, bangabaluphi
uhlobo, bangobani, bangobani, futhi bakholelwani.**

**Nkosi Yomhlaba Wonke, masihloniphe futhi
sihloniphe ukuzimela kwabo bonke abantu abazalwa
bekhululekile**

**Futhi usibusise ukuze sakhe umhlaba onobunye
futhi sikukhethe njengomholi wethu ongokomoya
wokuphila konke**

Kusukela ekujuleni komphefumulo

**O Nkosi, vumela amalahle okulangazelela kwami
akhanye**

Ubukhona bakho obungcwele bukhona njalo

Ngakhe ithempeli lezifiso zami

Kuyo yonke imibono yami

Ngicela ungivakashele?

**Futhi wahlala esihlalweni sobukhosi sothando
lwami ngawe?!**

**Kwangathi imicabango yami ingalandela
isiqondiso sakho esihlakaniphile**

**Kwangathi ungaba injabulo enkulu empilweni
yami**

**Kusukela esangweni lokucabanga ngoNkulunkulu
nokuzindla Ngaye**

**Ngizongena eThempelini Lokuthula
Okuqhubekayo**

**Namuhla ngizokhanyisa inqwaba yezinti ukumela
ukukhathazeka nokwesaba**

**Ukukhanyisa ithempeli likaNkulunkulu
emphefumulweni wami**

**Ngizofuna uNkulunkulu ngedwa emphefumulweni
wami**

**Futhi ngizothandaza ngobuqotho kuze kube
yilapho inhliziyo yami ishaya ngothando ngaye**

**Futhi ngiyayizwa impendulo Yakhe
emithandazweni yami**

**O, ukube nje inhlansi yempilo yami
ibingahlangana nelanga likaNkulunkulu**

**Futhi kukhanya kubo bonke abantu abathanda
ubuhle**

Ngizofafaza umhlaba ohlukaniswe yizimpi

Ngemicabango yokuthula nothando

Ngizongena endlini engcwele yaphezulu

Futhi ngithinta ukuqonda kwendawo yonke

Ngenjabulo yokuzindla nothando lwaphezulu

**Isivikelo saphezulu singizungezile njalo
naphakade**

**Futhi ukukhanya kukaNkulunkulu
kuyangiphelezela futhi kuxosha ubumnyama
obungizungezile**

**Uma nje ngihamba ekukhanyeni Kwakhe
okuqondisayo, angizukukhubeka**

**Ngeke ngiphambuke endleleni efanele
Imizwa ephilayo**

**O Moya Wokuphila kanye noMphathi Wezindawo
Zonke**

**Ungemuva kwamehlo ami, lapho ngibona khona
ubuhle bakho obubonakalayo**

**Futhi ngemuva kwendlebe yami, engilalela ngayo
ingxube yemisindo yasemhlabeni**

**Ungisekela ngokuthinta kwami, engikuzwa
ngakho izinto emhlabeni wakho wasemhlabeni**

**Futhi ngale kwesihenqo semvelo esifihla ubuso
bakho obuhle**

Ngikubona emehlweni aduduzayo ezimbali

**Futhi ngikunambitha ukunambitheka kokudla
okunomsoco**

**Ngiyawuzwa umongo wakho waphezulu kanye
nobumnandi bakho baphakade**

**Kuzo zonke izinto ezinhle nezimangaliso ezikhona
Ngiyakhuleka kuwe, Nkosi, futhi usemva kwezwi
lami elithuthumelayo**

**Futhi ngemuva kwengqondo yami, engithandaza
ngayo**

Ungaphezu kwemizwa yami ejulile

**Ngale kwemicabango yami engcwele nezifiso zami
kanye nokulangazelela kwami ngawe**

**Ungaphezu kokuzindla kwami futhi ungaphezu
kothando lwami olufudumele!**

O, ukube nje ubungaphuma ngemuva kwezimbozo zemizwa yabantu

Futhi indawo yemvelo emangalisayo

Vula amehlo ami angokomoya ukuze ngikubone njengoba unjalo!

Ukuphila ngaphandle kukaNkulunkulu akuphelele

Uma sixhumana noNkulunkulu, ukuqonda okunembile kuzosikhuthaza futhi kusiqondise kukho konke esikwenzayo

Kumelwe sibe nalawo mandla abusisiwe ngamabomu. Lawo mandla angaphakathi kithi; sidinga nje ukuwambula.

Uzothola ukuthi la mandla asebenza kukho konke ukuthuthukisa izimo zakho nokwenza izinto zibe lula kuwe. Uma uxhumana nala mandla, inhlalakahle yakho izogcwala ngamandla endalo yonke, futhi imicabango yakho iyoba ngcono, igxile, ibukhali, futhi ifinyelele Uzoqaphela ukuthi imiphefumulo yakho iyizitsha zeqiniso likaNkulunkulu eliphilayo kanye nokuhlakanipha Kwakhe okungapheli.

UNkulunkulu ungumthombo wempilo, ukuchuma, ukuhlakanipha, kanye nenjabulo yaphakade Uma sixhumana naye, izimpilo zethu ziyaphelela futhi ziyanelisa

Ukuphila ngaphandle kukaNkulunkulu akuphelele Kumelwe sicabange ngalawo mandla aphezulu asinika ukuphila, amandla, nokuhlakanipha

Kumelwe sithandaze ukuthi leli qiniso ligeleze ezingqondweni zethu, la mandla angene emizimbeni yethu, kanye nale njabulo engapheli emiphefumulweni yethu.

Ngemuva kobumnyama bamehlo avalawe kulele amandla amangalisayo endawo yonke, kanye nayo yonke imiphefumulo emihle nemimoya emihle

**Futhi ububanzi obungenamkhawulo bezingxenywe
zomphefumulo**

**Uma uzindla, uzobona iqiniso eliphelele futhi
uzobona umsebenzi walo omangalisayo empilweni
yakho nakukho konke okumangalisayo
nokukhazimulayo endalweni.**

**Ezindleleni zokulangazelela
UNkulunkulu uyangibiza
Ngemphefumulo evulekile
Nezinhliziyi ezinomusa zishaya ngothando
Futhi kugcwele ukholo
Zonke izenzo ezinhle ezenziwa ngumfundi
Ukwazi kwakhe kusondele kakhulu
Kusukela emngceleni wokwazi kwendawo yonke
Ake ngingene ngaphakathi, Nkosi
Ukubona ubuhle bakho baphezulu
Futhi ngibusisiwe ukubona izibani zakho
ezikhazimulayo**

**Uma impilo yami iqondiswa ukuhlakanipha
kwakho kwaphezulu
Ngakho-ke, imizamo yami nakanjani izophumelela
Ngeke ngiphambuke
Ngibusise, Nkosi, ukuze umbono wami ucace
Umphefumulo wami uhlanziwe
Wabe esebona ilanga lokuqiniseka
Futhi ngiyajabula ukwazi iqiniso
Namuhla ngizokhohlwa ubunzima bami besikhathi
esidlule**

**Ngizobhekana nesikhathi samanje nesesikhathi
esizayo
Ngesibindi nokuzethemba, ngosizo lukaSomandla
Ngizogcwalisa umzimba wami ngamandla
angaphandle**

**Futhi ngigeza ubumi bami ngokukhanya
okuphulukisayo kokwazi kwaphezulu**

**Njenge-nebula ye-cosmic
Ukuthula kugcwalisa ingqondo yami
Futhi wezwa ubukhona bukaNkulunkulu
obungenamkhawulo**

**Nkosi, khanyisa ukuqonda kwami
Gcwalisa isitsha sami sengqondo
Ngokuqonda nolwazi
Kwangathi ukukhanya kothando lwakho
kungakhanya**

**Ezindleleni zokuphila kwami
Eziqhingini zaseBlue Islands
Kusukela ebalcony yami, ngabheka
ngasentshonalanga, futhi ngandiza ngamaphiko
okucabanga ngaya ogwini lomkhathizwe olude.
Ngakwesokudla nangakwesobunxele sami, ngabona
izintaba ezimbili ezasheshe zaphenduka umbala
onsomi ongaqondakali.**

**Lapho ngibheka futhi, isandla esingabonakali
sasibamboze ngesembozo esiluhlaza
okwesibhakabhaka. Ngemva kwami kwakulele
idolobha laseGuadalajara, ligcwele ukushona
kwelanga. Isibhakabhaka sasempumalanga manje
sase sinombala opinki othambile. Ngibheka phambili,
amehlo ami abona idolobha elimangalisayo leziqhingi
eziluhlaza okwesibhakabhaka lintanta echibini
legolide.**

**Kulesi siqhingi seziqhingi eziluhlaza
okwesibhakabhaka esimangalisayo, igquma elikhulu
le-limestone eluhlaza okwesibhakabhaka liqhakazile,
lizungezwe amafu entaba-mlilo ampunga amhlophe
akhipha ama-geysers e-lava ebomvu-golide evuthayo,
egeleza njengothingo olubheke echibini elithule.
Amalangabi amakhulu egolide amboze iziqhingi
eziluhlaza okwesibhakabhaka ngama-halos akhanyayo
okukhanya.**

Isiqongo esiluhlaza okwesibhakabhaka kanye nomqhele waso ovuthayo kwakubonakala njengamawele ebusweni bechibi legolide elithule. Ngakwesokudla kakhulu, ichibi elincane, elizolile lalikhazimula, libekwe esifubeni sesinye seziqhingi eziluhlaza okwesibhakabhaka njengenyanga egcwele ibhukuda phakathi kwamagagasi amafu.

Ngazulazula isikhathi eside edolobheni lokushona kwelanga namafu afana ne-tarage, ngintanta phezu kwechibi ngokukhanya kwalo okuthambile kwegolide. Yeka ukuthi lawo manzi egolide ayemangalisa kangakanani egcwele amaqoqo eqhwa abomvu asakazeke kuzo zonke izinhlangothi kuze kube semkhawulweni wephakade

Bengicabanga ukuthi izidalwa zokukhanya ziyimiphefumulo emihle kulo mhlaba, futhi ngemva kokuphumelela kuzo zonke izivivinyo zokuphila, zavunyelwa ukuzijabulisa nokufeza amaphupho azo ngendlela ezazifisa ngayo.

Nsuku zonke ekushoneni kwelanga, lezo zidalwa zaziqinisa amaphupho azo asezulwini emadolobheni angokoqobo azungezwe ulwandle namachibi egolide.

Lapho nangemuva kokubanjwa kosizi nangale kwezingibe zalo mhlaba nazo zonke izinhlekelele nobuhlungu bawo

Lapho, ngale kwezinkathazo, lezo zidalwa zaphefumula izibani ezibomvu, zaphuza imisebe e-orenji, zahamba, zasondela, zazulazula, futhi zabhukuda phakathi kwezibani ezinemibala eminingi.

Lapha, lezo zidalwa zazizofeza amaphupho azo ngokushesha futhi zibonise amaphupho azo njengoba zifisa, bese zincibilika futhi zinyamalale ngentando yazo.

Lapha wajabulela ingcebo yokwaneliseka, futhi wanikeza ngesihle amaphupho abo bonke

**abamvakashele ezweni lakhe elimangalisayo
nelinomlingo.**

**Lapha, wayengaphoqelekile ukulinda nokufisa
njengabantu ukuze amaphupho akhe agcwaliseke
futhi izifiso zakhe zifezeke, kodwa waphupha
njengoba ayefisa futhi wafeza wonke lawo maphupho
nezifiso ngentando yakhe.**

**Lelo dolobha elishona eZiqhingini Zamaphupho
lalingenye yamaphupho ami ahlala emphethweni
wengqondo engaphansi kokuqonda, futhi namuhla
ligcwaliseke ngazo zonke izindlela!**

**Ngempela, ngibonile ingcebo efihliweyo kanye
nengcebo yomphefumulo wami, futhi ukukhanya
kwazo kungigqishile futhi ukukhanya kwazo
kungimangazile!**

**I-Paramehansiat: Izinhlobo Zokuzijabulisa
Okungcwele**

**Ukuthobeka, Nkosi, kuyindlela eqinisekile
Ukwamukela imvula yesihe sakho saphezulu
Ngizobeka ithemba lami ebulungiseni bakho
baphezulu nasezimisweni zeqiniso**

**Ukuqonda ukuthi uyasabela obizweni lothando
kanye nokulangazelela kwenhliziyo**

**Ngokubambisana eduze nentando yakho iyonke
Futhi nginokholo oluphelele kuwe
Ngizoluthola usizo lwakho futhi ngizizwe
ngiseduze nawe**

**Namuhla ngizokwenza umsebenzi wami kuwe
Njengoba nje ngigcwalisa izibopho zami
emhlabeni**

**O Othandekayo Omkhulu Kunabo Bonke
Ungumsindo ozwakalayo ozwakala ezindaweni
ezingcwele zezinhliziyiyo**

**Futhi uyizwi lemizwa izindlebe ezingenakuyizwa
Ukubusiswa ngothando lwakho kukhulu kakhulu**

**Kuzo zonke izinto ezicatshangelwayo zomhlaba
Futhi zonke izinkazimulo zasemhlabeni
Nginokholo oluphelele kuwe
Ngibona izithunzi zokugula ziphela futhi zihamba
zingabuyi**

**Ngizokubona, Nkosi, ngisemafasiteleni emvelo
naseminyango yokuthula**

**Sithululele izibusiso zakho
Futhi usicwilise emagagasini amandla akho
asezulwini**

**Gcina ubugovu bukude nathi
Okuvimbela imiphefumulo ukuthi ingasondeli
eduze**

**Futhi umhlangano wabo wawusekelwe
othandweni lobuhle nokukhanya**

**Ake nginisele izimbali zemithandazo yami
Ngamanzi okucabanga ngawe nokuzindla ngawe,
Nkulunkulu wami**

**Ukuze kuhlume izimbali ezintsha neziqhakazile
Kusukela ekuphefumulelweni, ekuthuleni,
nasenjabulweni**

**Okuwukuphela kwendlela yokugwema ukwenza
okubi ukuthuthukisa ukwahlulela okunengqondo
ukuze uqaphele ukwenza okubi bese unquma
ukungakwenzi**

**Ukulwa nomuntu okungalungile akuvezi
okulungile Ukungazi kuyisitha sangempela sabantu
futhi kumele kuxoshwe kuleli zwe Sinakho konke
esikudingayo kuleli zwe ukuze singenise inkathi
yokuchuma, injabulo, kanye nobulungiswa obuphelele**

**Okuwukuphela kwesithiyo ubugovu bomuntu,
okwenza lokhu kungenzeki. Ukuhlupheka okubi
kakhulu nokungafaneleki kubangelwa ubugovu
bomuntu kanye nokuphishekela intshisekelo yakhe
ngaphandle kokunaka abanye.**

**Imali engasetshenziwa ukondla nokwembathisa
abaswele isetshenziselwa ukubhubhisa nokubhubhisa
Lobu bugovu, obuzalwa ukungazi, buyimbangela
eyinhloko yezinkinga zomhlaba wonke**

**Wonke umuntu ucabanga ukuthi wenza into
efanele, kodwa uma ephishekela imigomo yakhe siqu
kuphela, ubeka umthetho we-karmic wesizathu
nomphumela, ozobhubhisa ngokungenakugwenywa
injabulo yakhe kanye nenjabulo yabanye.**

**Lapho ngibona kakhulu izinhlekelele zomhlaba
ezibangelwa ukungazi kwabantu, kulapho ngiqaphela
khona ukuthi injabulo ngeke ihlale isikhathi eside
ngisho noma imigwaqo igandaywe ngegolide**

**Injabulo itholakala ekwenzeni abanye bajabule,
futhi uma wonke umuntu enza lokho, wonke umuntu
ubezocabula**

**Futhi wonke umuntu wayezothola isabelo sakhe
senala yomhlaba**

**Njengoba safika kuleli zwe lapho singazi khona,
kungokwemvelo ngathi ukuzibuza ngemvelaphi
nenjongo yokuphila.**

**Sizwa futhi sifunda ngomdali waleli zwe, kodwa
asazi ukuthi singamfinyelela kanjani. Esikwaziyo nje
ukuthi yonke indawo imemezela ukuba khona
kwengqondo yakhe yaphezulu.**

**Njengoba nje izingxenye ezincane nezinembile
zewashi elincane zisenza simangale umenzi
wamawashi, futhi njengoba nje imishini emikhulu
neyinkimbinkimbi yefektri isimangaza futhi isihlaba
umxhwele ngomsunguli wayo, kanjalo uma sibona
izimangaliso zemvelo, simangazwa ukuhlakanipha
okufihliwe ngemuva kwazo, bese sibuzisa: “Ubani
owenze imbali yaba nesimo esikhanyayo ibheke
elangeni? Iphunga layo nobuhle bayo kwavelaphi?
Futhi amacembe ayo akhiwa kanjani ngokunemba**

okukhulu kangaka futhi adayiwe ngemibala emihle kangaka nejabulisayo?”

Ebusuku, izinkanyezi nenyanga, zisakaza ukukhanya kwazo okunjengesiliva nxazonke zethu, zisikhuthaza ukuba sicabange ngokuqonda okuqondisa lezi zidalwa zasezulwini endaweni enkulu. Ukukhanya okumnene kwenyanga akwanele ukwenza imisebenzi yansuku zonke, ngakho-ke ingqondo ehlakaniphile nemnene isikisela ukuphumula ebusuku. Bese ilanga liphuma, ukukhanya kwalo okukhanyayo okusivumela ukuba sibone umhlaba osizungezile ngokucaca nangokuzola, bese sizithathela umthwalo wokugcwalisa izidingo zethu.

Kunezindlela ezimbili zokugcwalisa izidingo zethu: indlela engokwenyama kanye nendlela engokomoya. Uma impilo yethu iwohloka, isibonelo, singaya kudokotela ukuze sithole ukwelashwa. Kodwa kufika isikhathi lapho kungekho dokotela noma omunye umuntu ongasiza, bese siphendukela endleleni yesibili; emandleni angokomoya adala imizimba yethu, ingqondo nomoya.

Amandla ezinto ezibonakalayo anqunyelwe, futhi uma sehluleka, siphendukela emandleni kaNkulunkulu angenamkhawulo Lokhu kusebenza nasezidingweni zethu zezimali Uma senza konke okusemandleni ethu kodwa singatholi okwanele, siphendukela kulawo mandla

Wonke umuntu ucabanga ukuthi izinkinga zakhe zimbi kakhulu Abanye abantu bazizwa becindezelekile kakhulu kunabanye ngoba ukuqina kwabo kubuthakathaka Ngenxa yokungafani kwamandla engqondo abantu abawasebenzisayo, basebenzisa amandla ahlukenene Uma umuntu ebhekene nobunzima obukhulu futhi ingqondo yakhe ibuthakathaka, ngeke akwazi ukubunqoba Labo abanezingqondo

**ezinamandla bangaqoba ubunzima babo ngokudiliza
izithiyo nokunyakazisa izisekelo zabo Kodwa-ke,
ngisho nabantu abanamandla kakhulu ngezinye
izikhathi babhekana nokwehluleka Lapho sibhekana
nezinkinga nobunzima obukhulu ngokomzimba,
ngokwengqondo, nangokomoya, siyaqaphela ukuthi
amandla okuphila alinganiselwe kangakanani kuleli
zwe lezinto ezibonakalayo**

**Imizamo yethu akufanele inikelwe nje
ekufinyeleleni impilo enhle nokuvikeleka kwezinto
ezibonakalayo, kodwa futhi nasekufuneni injongo
yokuphila.**

**Iyini injongo yokuphila? Lapho ubunzima
businqoba, siqala ngokuphendukela endaweni
esizungezile, sizame konke ukulungisa izinto
ezibonakalayo esikholelwa ukuthi kuzosisiza. Kodwa
lapho sifika ekugcineni futhi sithi, "Yonke imizamo
yami yehlulekile, yini enye engingayenza?" siqala
ukucabanga ngokungathi sína ngokuthola ikhambi
eliphumelelayo enkingeni yethu. Futhi lapho
ukucabanga kwethu sekujule ngokwanele, sithola
impendulo ngaphakathi kithi. Lolu uhlobo
lomthandazo ophenduliwe.**

**Ekuthuleni komphefumulo wami
Ake ngihlangane nawe, Nkosi!
Ngiphathe, futhi ungenze ngizwe ubukhona bakho
baphakade**

**Ngaphakathi kwami nangaphakathi kwami
Ngingedwa emicabangweni yami, ngilangazelela
ukuzwa izwi lakho**

**Gcina umsindo omkhulu womhlaba kude nami
Kufihliwe enkumbulweni yami
Ngingathanda ukulalela izwi lakho elizolile
neliduduzayo**

**Futhi umculi uhlala enokuthula komphefumulo
wami**

**Nkulunkulu wami, lapho ukhona khona konke
Kumelwe ube khona**

Ekujuleni komphefumulo wami nonembeza wami

Ngisize ngibonise ngisho nengxenye encane

Engcebweni efihliwe emayini yami engokomoya!

O ukukhanya okukhazimulayo

Inhliziyo yami ivukile

Impilo yami yengqondo

Gcwalisa ithempeli lami elingokomoya

ngenkazimulo yakho

O Nkanyezi yaseNyakatho yaphakade!

Noma ngabe ngizulazula kuphi nokuthi

ngiphendukela kuphi

**Inaliti yekhampasi yamagnetic engqondweni yami
ilokhu ikhomba kuwe**

**Kungakhathaliseki ukuthi ushaywe yimimoya
yeshwa**

**Noma bamanziswe yimvula yobunzima
nenhlekelele**

Nokho, ingqondo yami yayiqondiswa

Ukuhlala uphendukela kuwe

Inyoni yami engiyithandayo, ishaya amaphiko ayo

Phakathi kwamafu okudideka

kanye neziphepho zokudideka

Uzoyithola nakanjani indlela yakhe eya kuwe

Ezikhathini zasendulo

Enhliziyweni ye-ether

Lapho siqala ukuba khona njengemimoya

Sonke besilala ubuthongo

Ngaphansi kwengubo yothando lwaphezulu

Futhi lapho uNkulunkulu esivusa

Sahamba ngemoto sasuka kuye

Njengasendabeni yendodana yolahleko

**Sikhohliwe isibopho saphezulu sobuhlobo
phakathi kwethu**

**Saba ngabantu abangazani komunye nomunye
Futhi njengoba sishiye ikhaya lethu lasezulwini
Sesibe kuleli zwe**

**Abahambi abahambahamba emagumbini omhlaba
Sihamba ezindleleni zekusasa**

Sesihambe ibanga elide kakhulu

Sithuthele kude nekhaya lethu lokuqala

Kodwa-ke ngezikhathi ezithile

**Ezinye izindawo, okuhlangenwe nakho, kanye
nobuso kuyasivusa**

**Izinkumbulo ezingcwatshwe kanye nemizwa
ejulile yangaphakathi**

Uyasihlebelela

**Sizizwa sengathi sibhekana nakho konke kabusha
Izinto ebesivele sizazi**

Sihlangana futhi sixhumane nabantu

esibathandayo

Sasiseduze nabo

Esikhathini esidlule esikude

O Mdali wezindawo zonke

Ukukhanya kwakho kukhanya kwabakhulu

Kwangathi ulwazi lwabo oluvela kuNkulunkulu

lungasikhuthaza ukuqonda kwethu

Masiqaphele ukuthi wena umgomo oyinhloko

Lokho esilwela ukukufeza

Isifiso esikhulu kunazo zonke

Esifisa ukukufeza

Sivuselele ngomoya omnandi wobukhona bakho

Sigcwalise ngokulangazelela ubukhona bakho

obukhazimulayo

**Kwangathi umphefumulo wethu ungadliwa
ukuhlakanipha kwakho kwaphezulu**

Ake sizwe ukukhanya kwakho okungcwele

**Kugcwele kuzo zonke izici zokuphila kwethu
Futhi kuqinisa ukuzimisela kwethu
Futhi ususa ubumnyama bethu
Futhi kwangathi ukuthula kungasimboza
kanye nethemba
Futhi isifiso sokwenza imisebenzi emihle
Phakathi kweNkosana kanye neHermit
Ekhanyisiwe**

**Ngesinye isikhathi, inkosana enonya yahamba
ohambweni lokuzingela nezinceku zayo kanye
nezinceku zayo, zihlomile futhi zihlomile. Bangena shí
ehlathini, beshaya amacilongo futhi beshaya
izigubhu.**

**Ngemva kokuzingela izinyoni, izinyamazane,
kanye namahlosi anolaka, inkosana kanye neqembu
layo baqaphela ukuthi babelahlekile.**

**Babenokudla okwanele kodwa bengenamanzi
Naphezu kokufuna kwabo amanzi ngokuzikhandla
ehlathini, abakutholanga. Babengenandawo
yokukhosela ekuhlaselweni yizilwane ezinolaka
zasebusuku, njengoba ubumnyama busondela
ngokushesha.**

**Ilanga lanyamalala emehlweni, kwathi inkosana,
eyayihola ikharavani, yafika endlini endala, egugile.
Ngemva kokwehla ehhashini, yavula umnyango
ongavaliwe yangena endlini. Konke
okwakungaphakathi kwakumnyama ngaphandle
kokukhanya okuncane kwelinye lamakhona ayo,
yacabanga ngokuphelelwa yithemba, "Ngisho nendlu
ayisekho."**

**Kodwa eqhutshwa yithemba, wamemeza wathi,
"Ukuthula Ingabe ukhona lapha?"**

**Wamangala kakhulu, wezwa izwi elizolile
limphendula ngokuthula, lithi: "Yebo, ngilapha Ufuna
amanzi?"**

Inkosana yabuka umzuzwana ebumnyameni yaze yabona umoya womuntu, futhi yamangala ukuthi le ndoda yayazi imicabango yayo ngisho nangaphambi kokuba ihlangane nayo noma imazi.

Inkosana yabuza umninindlu wayo, "Ungubani wena?" Umninindlu waphendula wathi, "Ungumuntu ohluphekayo ozinikele kuNkulunkulu"

I-hemit yakhanyisa isibani futhi inkosana yabiza iqembu layo, futhi bazizwa bejabule kakhulu ngokuthola amanzi nezithelo kulelo hlathi elikude.

Inkosana yabuza i-hemit, "Auwesabi yini amahlosi nezinyoka?"

USheikh ohlala yedwa waphendula wathi: "Cha, amahlosi ayizinja zami ezifuywayo, futhi izinyoka zinokuthula kimi. Singabangane abahlala bejabulela ilanga lothando lukaNkulunkulu olukhanyisa konke okukhona kulokhu."

Njengoba inkosana ibhekisisa kakhulu i-hemit, yashaywa uvalo lapho ibona ama-cobra amabili elenga entanyeni ye-hemit. Lapho esondela ukuze aqinisekise lokho ayekubonile, izinyoka zakhala futhi zaqhuma, zishaya amakhanda azo, ngoba zizwa ukuthuthumela kokwesaba kanye nokuziphindiselela okucashe enhliziyweni yenkosana.

Ngaphezu kwalokho, ngaleso sikhathi enye yezingwe zasehlathini yangena endlini yalala buthule ezinyaweni zomhlali. Ngemva kokuba umuntu kaNkulunkulu eyiduduzile futhi eyishaya ikhanda, ingwe yahamba buthule, iya enhliziyweni yehlathi.

Inkosana ezikhukhumezayo yazitshela, "Le ndoda endala kumelwe ukuba ilungile futhi inenhliziyohle, ngoba isivikele ezilwaneni zasendle nasekomeni okubulalayo Njengomvuzo wesenzo sayo, ngizoyicebisa" Yabe isikhuluma nomuntu ohlala yedwa, ithi:

"O Sheikh, ubuso bakho bukhanya ngomusa nangobuqotho, futhi ngiyakwazisa konke okwenzele mina kanye neqembu lami. Ngakho-ke, ngifuna ukukuphathisa imfihlo oyoceba ngayo futhi ucebe. Le mfihlo ngiyayembula okokuqala, futhi kuwe kuphela."

Ngokushesha nje ngemva kokukhuluma la mazwi, inkosana yathatha itshe ngaphansi kwengubo yayo yaqhubeka nokukhuluma, ithi:

"Ngifuna ukukuphathisa leli gugu lomndeni. Liyitshe Lesazi Sefilosofi, futhi mhlawumbe uzoceba ngokulisebenzisa. Leli tshe lenza igolide, futhi lanikwa ubaba ngomunye wososayensi abakhulu be-alchemy. Linamandla okuguqula konke elikuthintayo kube yigolide elihlanzekile. Ungasebenzisa leli tshe unyaka wonke bese uguqula amatshe abe yigolide, bese uwathengisa ukuze uzithengele isigodlo segolide. Ngizobuya kuwe ngemva konyaka ngizokuvakashela futhi ngithathe itshe lami, engilibheka njengeliyigugu ngaphezu kokuphila kwami."

Isihlobo sasingafuni ukwamukela lowo mthwalo wemfanelo, kodwa ngenxa yokuncenga okuqhubekayo kwenkosana, savuma ukugcina itshe lesazi sefilosofi. Isikhulu sabona isihlobo sibeka itshe ngaphansi kwebhande laso ngokunganaki (lapho abantu babevame ukufaka khona imali yabo ngenxa yokwesaba izigebengu!), bese isikhulu saqhubeka nendlela yaso.

Ngemva konyaka, inkosana yabuya neqembu layo, ilindele ukubona isigodlo esihle kakhulu esikhundleni sendlu egugile. Kodwa yadumala lapho ibona ukuthi indlu yayisamile futhi isesimweni esibi kakhulu kunangaphambili. Ngakho yehla ehhashini layo yavula umnyango, yamemeza ngezwi elikhulu yathi:

"Usaphila, mfokazi?"

**I-hemit yaphendula ngezwi elinamandla nelijulile:
"Yebo, makadunyiswe uNkulunkulu, O Nkosana
Siyakwamukela ekhaya lami eliphansi"**

**Ngokushesha futhi ngaphandle kwesandulelo,
inkosana yamemeza: "Kwenzenjani ngawe, ndoda?
Wenzeni ngetshe lesazi sefilosofi engangikushiyele
lona? Kungani ungalisebenzisanga ukuze ucebe?"**

**I-hemit yacabanga isikhashana yabe isiphendula:
"Liyini leli tshe lesazi sefilosofi okhuluma ngalo, futhi
usho ukuthini uma uthi kufanele ngicebe? Eqinisweni,
angifuni ukuceba kunami."**

**Uvalo lwahlasela inkosana, icabanga ukuthi i-
hemit endala yayilahlekelwe yitshe layo ngenxa
yokunganaki kwayo ngalo, yathi ngezwi elinokukhala:
"Ngisho itshe lesazi sefilosofi esingenakuqhathaniswa
owalifaka ngaphansi kwebhande lakho ngonyaka
odlule? [Eddie, ephethe ibhande lakho], ngitshele
ukuthi wenzeni ngalo?"**

**I-hemit yaphendula: "Kulungile lokho kumanje
ngiyalikhumbula itshe lakho eliyigugu. Ngolunye
usuku ngangicabanga kakhulu ngoNkulunkulu lapho
ngiya kogeza emfuleni, futhi ngicabanga ukuthi itshe
laphuma ezingutsheni zami lagwinywa amanzi.
Ungaphepha."**

**Inkosana yamemeza ngezwi elikhulu, "O,
ukulahlekelwa kwami okungenakuphindwa!
Ngilahlekelwe yikho konke!" futhi yacishe yaquleka
ngenxa yokumangala okukhulu. I-hermit yamthela
ngamanzi abandayo ebusweni futhi yamvuselela,
kuyilapho izinceku zenkosana zisondela ku-sheikh,
amehlo azo evutha ulaka, zizama ukumlimaza. Kodwa
i-hermit yahleka yathi, "O, Nkosi, ophakeme kangaka,
bengingazi ukuthi uzovusa umsindo omkhulu ngetshe.
Woza nami siye emfuleni, ngizofuna itshe lakho futhi
ngizame ukulithola."**

Inkosana yaphendula yathi, "Usuphambene ingqondo? Ufuna manje ukufuna itshe elawa kuwe lasuswa umsinga ngonyaka odlule?"

Kodwa u-hemit akazange alalele amazwi akhe, wammemeza, ethi: "Nkosana encane, asikho isidingo salo lonke lolu daba Linda size sifune itshe emfuleni. Wozani nami, nonke."

Njengokungathi ungaphansi kwesiphonso, inkosana kanye neqembu layo basabela kumandla adonsela phansi asobala ale ndlu encane futhi bamlandela buthule baya emfuleni. Lapho, indlu encane yacela inkosana ukuba ikhiphe iduku layo ephaketheni layo, ilibambe ngamakhona alo amane, bese ilicwilisa emfuleni, ithandaza kanje:

"O Nkosi yamaKhosi, Nkosi yamaKhosi, noMenzi wawo wonke amatshe ezazi zefilosofi, buyisela itshe lami kimi"

Ngokushesha nje lapho inkosana isenza kanjalo futhi iphakamisa iduku layo emanzini, yamangala ukubona ngamehlo ayo angakholwa amatshe efilosofi angaphezu kwamashumi amabili, afana nelakuqala elalilahlekile. Lapho ihlola ngalinye, yathola ukuthi ngalinye lingaguqula amatshe avamile asebhishi abe yigolide. Inkosana yabe isibopha amatshe eduku yaphonsa inqwaba emfuleni.

I-housing kanye neqembu layo bamemeza bathi kuye, "Kungani wenze lokho?" Kodwa inkosana yabheka umuntu kaNkulunkulu, yakhothama phambi kwakhe ngenhlonipho, yathi:

"Ngifuna, mnumzane, ukuba nalokho onakho, lowo obheka amatshe enza igolide njengamatshe angenamsebenzi."

Ngakho-ke inkosana yashiya umbuso wayo wasemhlabeni ukuze ifunde endodeni endala

ehlakaniphile ukuthi ingawuthola kanjani umbuso womoya , ongaphethwe yisikhala futhi ongabhujiswa.

Imfundiso yendaba iwukuthi ingcebo yasemhlabeni, noma ngabe ingase ibonakale iyigugu kangakanani, iyadlula futhi kumele ishiywe kuleli zwe eliphansi lapho umzimba uba isidumbu esibandayo nesingenampilo.

Esikhundleni sokusebenzisa itshe lesazi sefilosofi, elifanekisela ikhono lokuqongelela ingcebo edlulayo kuphela, kufanele sibe njengomuntu ozidelayo onikele ngesikhathi sakhe nekhono lakhe ekutholeni ingcebo yaphezulu engapheli nengabhubhi.

Noma ubani othola ulwazi ngoNkulunkulu uzoba nengcebo engaphezu kwamaphupho, futhi uma kudingeka, uzodela ingcebo yezinto ezibonakalayo njengokungathi ngamatshe, ngethemba lokuthola ingcebo engokomoya nokujabulela ingcebo yangempela.

**Ekusebenzelaneni kwethu nabanye
Kubaluleke kakhulu ukuqaphela nokwazisa
Izici ezihlukile nezimfanelo ezinhle
Abakutholile kokuhlangenwe nakho kwabo
Futhi bakubumba ngobuntu babo
Uma sifunda ngabantu abanezingqondo
ezivulekile**

**Sizokwazi ukuziqonda futhi sibhekane nazo
ngokukhululeka**

**Sizokwazi futhi ngokushesha
Ukwazi uhlobo lomuntu esisebenzisana naye
Ungakhulumi nesazi sefilosofi ngomjaho
wamahhashi**

**Ungaphikisani nososayensi mayelana nokuhlela
ikhaya**

**Ngiyazi ukuthi yini ethakazelisayo kumuntu
nokuthi yini edonsela ukunaka kwakhe**

**Futhi wamtshela ngaleyo ndaba
Akudingeki ngempela ngezinto ezikuthakazelisayo
Uma sifuna ukuqonda abanye
Kufanele sigweme ukubagxeka nokubasola
Kunalokho, kufanele sizibuke esibukweni
sokuqonda kwethu**

**Ukuthola ukuthi yini edinga ukulungiswa
nokuthuthukiswa?**

**Leso sibuko sengqondo sihluke kakhulu
Mayelana nesibuko esijwayelekile esisibheka kuso
njalo ekuseni**

**Nsuku zonke ngibheka lesa sibuko sami
Uma ngithola into engingayithandi
Ngiyazisola futhi ngisebenza kanzima ukulungisa
lokho**

**Ngale ndlela, umuntu ubona isithombe sakhe
Kubonakaliswa ngesimo sako sangempela
esibukweni somphefumulo wakhe**

**Futhi kuyaqhubeka usuku nosuku
Endleleni eya enjabulweni nasekuthuleni
kwengqondo**

**Kwangathi uNkulunkulu angakubusisa
Ukuthula makube phezu kwakho**

**Inethiwekhi ye-Longings
Nangu mina, ngiphonsa inetha lezifiso zami
Olwandle olukhulu lwemicabango yami
Ungiphunyakile kaningi, O silwane esiyigugu
saphezulu!**

**Nokho, ngiyaqhubeka nokuphenya ekujuleni
kokuthula**

**Futhi ngaphandle kokuyeka, ngiphonsa amanetha
othando lwami kini, elinye emva kwelinye**

**Kumelwe ngelinye ilanga ngikubambe enetheni
lokulangazelela kwami okungapheli ngawe**

Ngiphonsa lolu thango lothando lwami yonke indawo

**Ngaphezu kwamagagasi okuphila aphithizelayo
Futhi mayelana nezinkanyezi ezikhazimulayo
Futhi ekujuleni kwemiphefumulo emihle
Engikwaziyo nje ukuthi ngingumzingeli
Futhi ngizoqhubeka nokuzama ukukubamba
O isifiso esithandekayo nengcebo enkulu kunazo zonke ekhona!**

Ngimcela ukuba adilize izimbozo zokungazi futhi asuse ubumnyama bokukhohlisa, futhi abe yisifiso esikhulu empilweni yakho kanye nokulangazelela okukhulu esihlalweni sezifiso zakho, futhi akusize uguqule ukudinwa kanye nokuhlehlisa izinto kube umsebenzi ongokomoya ogcwele injabulo, ukuvuselelwa, kanye nomdlandla. Ngimcela ukuba akunike ukuphuza ewayinini lothando lwaphezulu uze udakwe, futhi akuvakashele ngokuvakasha okungcwele lapho kukhona induduzo, futhi ageze inhliziyo yakho ngamanzi othando nokubonga, futhi akhanyise ekubeni kwakho izibani zokuqiniseka, futhi ancibilikise amaphupho akho eqinisweni lolwandle lwakhe olubusisiwe, nokuthi uthole kuye ukwaneliseka nokwaneliseka, ukuze ukuthula kuhlale emphefumulweni wakho futhi izibusiso zasezulwini zehlele phezu kwakho.

**Ukuthula kusho imicabango ezolile
Ukuzola umzimba nokulawula izidingo zawo
Noma ubani okwaziyo ukwenza lokho uzothola ukuthula okuqabulayo**

Uzozwa amagagasi amahle kakhulu kanye nemibono evela emazweni acwengekile

Futhi noma ngubani ojula ekuthuleni, khona-ke Uzothola umbuso kaNkulunkulu ngaphakathi kwakhe

**Uma nje umuntu ehamba endleleni
Yonke imizuzu yesikhathi sakhe iyigugu kakhulu
Silapha kule ndawo (indlu yokuhamba)
isikhashana esifushane**

**Konke kuyadlula, kodwa umuzwa kaNkulunkulu
uhlala isikhathi eside**

**Akukho okungakususa enhliziyweni
nasemphefumulweni**

**Akumelwe sivumele izilingo zaleli zwe zisithonye
Ngokusisusa enjongweni yethu enkulu kanye
nomgomo wethu ophakeme: uNkulunkulu**

**Ukwazi uNkulunkulu kungenzeka
Kumelwe sithole inkosi yamazwe omhlaba
Kusukela ekukhanyeni kwakhe izinkanyezi
zikhanya**

**Futhi ngamandla Akhe izinhliziyo ziyashaya
Kumelwe simfune eThempelini Lokuthula
Uma sibiza uNkulunkulu ngokulangazelela
nangokulangazelela**

**Futhi uma sicabanga ngaye ngokulangazelela
okukhulu**

**Sizomthola
Angikhulumi ngonkulunkulu ongaziwa
Kunalokho, kumayelana neNkosi engiyaziyo
Futhi kuyiqiniso kimi
Kungokoqobo kakhulu kunezinye izinto
ezibonakalayo**

**Ulwandle olungcwele olusekela futhi lusekela
amagagasi ezimpilo zethu zobuntu
Singakwazi ukuphila ngaphandle kwakho konke
Ngaphandle kukaNkulunkulu
{Uphakeme kakhulu uNkulunkulu, uMbusi,
iQiniso}**

**(Babusisiwe abahlanzekile enhliziyweni, ngoba
bayobona uNkulunkulu)**

Kungokwemvelo ngomuntu ukuzwa isidingo sokuthanda nokuthandwa. Kodwa lokhu kulangazelela kwenhliziyo ekugcineni kuwumthombo walolo thando, olunguNkulunkulu.

Uthando lomuntu lusekelwe ezintweni eziningi ezilindelwe, izibalo, kanye nokucatshangelwa komuntu siqu, ngakho-ke akukho siqinisekiso sokuthi luhlala njalo ngoba luboshwe yizimo.

Nokho, uthando lwaphezulu alunamibandela, alupheli, futhi luhlala njalo. Uma luthinta inhliziyo yakho, uzoluthola lukuwe njalo.

Kuzo zonke izimo, uzozizwa njengomthombo wesivikelo nesiqinisekiso, ngisho naphakathi kobunzima nosizi.

Phakathi kokuhlupheka nokuvivinywa okunzima Wonke umuntu angakushiya, kodwa lolo thando olungcwele ngeke lukushiye, ngeke lukudumaze, futhi ngeke lukushiye uyisisulu sezinkathazo nokukhohlisa, ngoba lungamandla avikelayo nokukhanya okuqondisayo okuvela ezulwini phakathi kokuguquka nokuphila.

Uma uthando lomuntu lugcwele uthando lwaphezulu, luba msulwa futhi lucacile. Kodwa uma uhlukanisa umfudlana, oluwuthando lomuntu, nomthombo, oluwuthando lwaphezulu, uyayeka ukugeleza futhi uzilahlekele esihlabathini somhlaba.

Uma nje uthando lomuntu luxhumene nothando lwaphezulu, luyathambisa inhliziyo, luvuselele unembeza, futhi lunisele izingadi zomphefumulo ngamanzi okuphila.

Uthando: Isikhuthazi sentando Konke engikwenzayo, ngikwenza ngothando olusenhliziyweni yami

Uma uzama, uzothola ukuthi awuzizwa ukhathele nhlobo

**Ngoba uthando luyisikhuthazo esikhulu sentando,
futhi intando engaphansi kwethonya lothando
inamandla angavamile okwenza izinto ezingase
zibonakale zingenakwenzeka kwabanye.**

**Ezindleleni zokuqwashisa ngokomoya
Ukukhanga kanye nobulili obuhlukile
Ukubukeka komuntu siqu kufanele kuhlanzeke,
kuceke futhi kuceke**

**Akukubi ukuthi umuntu abukeke emuhle
Uma nje lokho kukhanga kuncike
ekunambithekeni okuhle**

**Kodwa akulungile ngomuntu ukusebenzisa
ngamabomu ukukhangwa ngokocansi**

**Ukuheha abobulili obuhlukile
Ukukhangana phakathi kwendoda nowesifazane
kufanele kusuke emphefumulweni**

**Labo abanokuzithiba
Abazigqaji ngokuba yizimpawu zobulili
Banethuba elingcono lokuheha umlingani
wokuphila ofanele**

**Ebudlelwaneni bomshado obuphumelelayo
Uthando luza kuqala, hhayi ucansi
Lokhu kufanele kube yinto efanelekile futhi
ejwayelekile**

**Kwamanye amazwe, ukuqabulana noma
ukuthintana okuseduze akwenzeki
Phakathi kwabesilisa nabesifazane abasebasha
ngaphambi komshado**

**Lapho abantu ababili bezizwa bekhangana
ngaphandle kwemibandela
komunye nomunye**

**Babezovuma ukudelana
Uthando lweqiniso luyiqiniso
Kulapho-ke kuphela lapho befanelekela khona
ubudlelwano obuseduze emshadweni**

**Ukubusa akusizi ngalutho
Uma omunye umlingani ezama ukulawula omunye
Lokhu kuwubufakazi bokuntuleka kothando
Kodwa uma beveza uthando lwabo
Ngesithakazelo esiqotho nesinobungane
Nokucabangela ngokucophelela imizwa
Nesifiso esiqotho sokwenza abanye bajabule
Uthando luthola ikhwalithi enhle kakhulu
Futhi ebudlelwaneni obunjalo
Sithola umbono wothando oluvela kuNkulunkulu
Ukuphila ngaphandle kokuqonda kuwukuzibulala
ngokomoya nangokwenyama
Babusisiwe labo abanokuqonda
Yisidingo esikhulu kunazo zonke endleleni
engokomoya
Futhi ezindleleni zokuphila
Ukuqonda kuyithoshi
Kukhanyisa indlela yomuntu futhi kumlethela
impumelelo
Ngaphambi kokuba umuntu afinyelele umgomo
wokugcina wokuphila
Kumelwe abe nalelo khono elibalulekile
nelibalulekile
Ngakho-ke, umuntu akumelwe avumele
ukungaqondi kahle kumphuphuthekise
Ngoba kuwukuzibulala ngokomoya
nangokomzimba
Ukuqonda kufanele kube yisiqondiso kuzo zonke
izimo
Kungakhathaliseki ukuthi okuhlangenwe nakho
esidlula kukho kunzima kangakanani
Kumelwe sibe nokuqonda okulungile
UNKulunkulu akasibangela ubuhlungu noma
ukulimala
Yithina esizisizayo noma esizilimazayo**

**Ngokuqonda kwethu nokuqonda kwethu
Noma ukungaqondi kwethu kanye nokungaqondi
kwethu**

**Kumelwe sithandaze kuNkulunkulu ukuze sithole
ukuqonda**

**Kungakhathaliseki ukuthi yiziphi izinto
esizitholayo**

**Noma izimo esidlula kuzo
Ukuqonda kuphela okuzovikela isintu
Lapho okuhlangenwe nakho kwami kuba nzima
futhi kube nzima kakhulu**

**Umzamo wami wokuqala ukuthola ukuqonda
ngaphakathi kimi**

**Angizisoli izimo futhi angizami ukulungisa abanye
Kodwa ngingena ngaphakathi kuqala
Ngizama ukuhlanza inqaba yami engokomoya
Futhi kususa noma yini engase ivimbele lokho
kukhanya kwangaphakathi**

**Noma kuvimbela amandla omphefumulo ukuthi
abonakale**

**Noma kumvimbela ukuthi aveze imizwa yakhe
Yileyo ndlela yokuphila ngempumelelo
Ukubalekela izinkinga kungase kubonakale
kuyisisombululo esilula kakhulu**

**Kodwa umuntu uthola amandla uma elwa
nomphikisi onamandla**

**Labo abangenazo izinkinga abakhuli futhi
ukuzimisela kwabo akuqini**

**Ukwesaba kuyaphela uma sinokuqonda
Ukuqonda kunikeza ukuphepha nokuvikelwa
Ngibhekane nokuhlangenwe nakho okuningi
empilweni**

**Futhi okunzima kakhulu kulokho okuhlangenwe
nakho kwakungabantu**

Bangihlulele kabi

**Ngibonile abantu engibathandayo
Abantu engibanike inhliziyo yami
Bayangiqonda kabi futhi bangiphendukela
Kodwa lokho akuzange kudale ulaka kimi
Ngoba ukufutheka kufiphaza ukuqonda
Ngeke ngivumele ukulimala
Ngenxa yokuthi abanye abangiqondi kahle
Kunalokho, ngiyazama
Basize uma besabela kahle
Bathumelele izinhloso ezinhle
Futhi izifiso ezinhle
Uma uhleli buthule
Ingqondo yakho izokhululeka kunoma yiziphi
izingcindezi
Yiba wedwa nemicabango yakho futhi ubalekele
umhlaba kanye nezidingo zawo
Sebenzisa ingqondo yakho ngendlela eyakhayo
umzuzu ngamunye
Izinto ezinkulu ziqala ukwenziwa engqondweni
Yingakho ngigcina ingqondo yami isebenza ngaso
sonke isikhathi
Lapho nje ithuba livela
Ngisebenzisa amandla akhe okudala ngokushesha
bese imiphumela ifika
Zama ukwenza okuthile okunendalo nsuku zonke
Ukuze uthuthukise izimo zakho futhi ulawule
ikusasa lakho
Esikhundleni sokumvumela akulawule
Impilo ingathuthukiswa
Noma ukwakha imikhuba emihle
Noma ukufeza impumelelo yezinto ezibonakalayo
nezingokomoya
Ngokugxila ngokucophelela kulowo nalowo
Ngesinye isikhathi
Konke engangikufuna ukukufeza kule mpilo**

**Ngikwazile ukukufeza lokho
Izinto ziwumkhiqizo wengqondo
Ngakho-ke, azikho imikhawulo yengqondo
yengqondo**

**Uma ungakwazi ukulawula ingqondo yakho
Umhlaba wonke uzodonseleka kuwe
Ngithole konke engangikufuna
Kwakuyisifiso sami esikhulu futhi kuseyiso
namanje**

**Injabulo engokomoya ikuNkulunkulu
Isifiso sami sifezekile futhi ngizizwa ngijabule
ngendlela engachazeki**

**Umuntu akufanele azizwe eyisihluleki,
engenathemba, edabukile**

**Angakwazi ukulawula ikusasa lakhe ngokulawula
imicabango yakhe**

**Yenza izinto eziwusizo nezinhle ohlose ukuzenza
Wayenomklamo wangaphakathi owawubalulekile
ekukhuthazeni ushintsho oluhle**

**Uzokwazi ukushintsha ikusasa lakho
Futhi uthuthukise izimo zakho empilweni
Kwangathi angaphakanyiswa ngosizo lwaKhe
Ngivela njengomoya ovunguzayo epharadesi
Umfundi kumele azihlaziye nsuku zonke
Ukuthola ukuthi uyathuthuka yini ngendlela afisa
ngayo**

**Uma sifunda ukuzihlaziya ngaphandle kokukhetha
Sizokwazi ukuzazi thina nabanye
Lowo ohlala kuleli zwe ngokuqonda futhi alishiye
nokuqonda**

**Uzothola ukungafi
Ngilwela ukwakha izimpilo zabafundi bami
Futhi baqondise imicabango yabo emthonjeni
wenjabulo kanye nomthombo wokukhanya**

**Yingakho ngigxila kakhulu ezintweni
ezingokomoya kuqala**

**Ngaphandle kokunganaki isici sezinto
ezibonakalayo zokuphila**

**Futhi ngifisa labo abafisa ukwazi uNkulunkulu
ngenhliziyi nangomphefumulo**

**Ngoba uNkulunkulu akanakwaziwa ngezingxoxo
zobuhlakani**

**Noma ngokulalela izintshumayelo ezizwakalayo
nezithinta imizwa**

**Okudala ukuphazamiseka kwangaphakathi
emphefumulweni**

**Lokho engikuphethe emphefumulweni wami
kungcwele kakhulu kimi**

**Angikwazi ukukhuluma ngokungahleliwe
Ngikhuluma kuphela ngalokho engikuhlolile futhi
ngakuqinisekisa**

**Ngokwazi wena kanye nokuhlangenwe nakho
empilweni**

**Ngenxa yalesi sizathu, lezi zimfundiso ziyiqiniso
kimi**

**Angizami ukushumayela, kodwa ukwethula lawo
maqiniso**

**Engikuqoqe engadini yokuhlangenwe nakho
kwami siqu**

**Ngivela njengomoya ovunguzayo epharadesi
Ukuthwala iphunga leqiniso**

Kusukela Ezingadini Zaphakade

Angiceli lutho mina

Isifiso sami kuphela ukukunika

Lelo phunga lasezulwini

Ngemva kwalokho ngiyashiya ogwini lomhlaba

Ukubuyela futhi enhliziyweni yendawo yonke

**Futhi lokho engikunika khona ngifuna nikuzwele
nina ngokwenu**

**Ngokuvumelana kwakho noNkulunkulu
Yilokho kuphela engikufisayo
Izihluthulelo Zokuchichima
Noma ngubani ofisa ukuvumelanisa imicabango
yakhe nobuningi baphezulu**

**Kumelwe asiphule lonke ukhula lokuswela
nobumpofu emhlabathini wengqondo yakhe
Ingqondo yendawo yonke iphelele futhi ayazi
isidingo noma ukuncishana**

**Futhi noma ngubani ofisa ukuvumelana naleso
sigcini sezinto zasezulwini**

**Kumelwe adale ukuqwashisa ngokuchichima
nokuchuma**

**Ngisho noma engazi ukuthi ukudla okulandelayo
kuzovelaphi**

**Kufanele sicabange ngobuningi baphezulu
njengemvula eqabulayo neningi**

**Kuwela ngokulinganayo kuwo wonke umuntu
Uma umuntu ephakamisa indebe, indebe yakhe
izogcwala**

**Futhi uma ubeka imbiza enkulu (noma isitsha)
ngaphansi kwemvula**

**Ithola ukugcwala kwayo njengemvula emsulwa
nebusisiwe**

**Yisiphi isitsha esisisebenzisayo ukuze sithole
inala yezulu?**

**Isitsha ofuna ukusigcwalisa singase sibe
neziphambeko kanye nemigodi**

**Ngakho-ke, kumele kulungiselelwe futhi
kulungiselelwe ukwamukela ukugeleza okubusisiwe**

Lokhu kusebenza nakubantu

**Uma isitsha sokucabanga esimphakamisela
engcebweni yasezulwini sihlushwa ukungcola**

**Kumelwe kulungiswe futhi kwamukeleke ukuze
kukwazi ukumunca izibusiso eziningi**

**Lokho kuqaphela kudinga ukulungiswa
nokulungiswa**

**Ngokumkhulula kukho konke ukwesaba
nokungabaza**

**Umona nenzondo bese uyihlanza ngamanzi
ahlanzayo**

**Amanzi okuthula, ukuthula, ubuqotho, nothando
oluvela kuNkulunkulu**

**Umhlaba wonke uyaphuma eceleni ukuze kuvele
indlela**

**Kulowo muntu owaziyo indawo yakhe
Uqala ukuya kuyo ngokuzimisela komuntu
ofunayo**

**Izihluthulelo Zokuchichima
Isiko Langaphakathi LaseMpumalanga-
Ntshonalanga**

**Uma unengqondo eqinile
Futhi wafaka kuye isinqumo esiqinile
Ungakwazi ukulawula ikusasa lakho
Zama ukuhlola amandla akho engqondo ezintweni
ezincane kuqala**

**Sebenza ekuqiniseni ukuze ikwazi ukukufeza
izinto eziningi ezinhle kuwe**

**Ngikubonile lokhu empilweni yami futhi
ngikhuluma ngokuqiniseka**

**Amandla okufeza impumelelo asemqondweni
Uzoliqaphela leli qiniso uma ubambelela
ngokuqinile ekukholweni kwakho**

**Naphezu kokungabaza kwezwe kanye
nokudumazeka kwabadikibalisayo**

**Khetha into oyithandayo noma iphrojekthi abanye
abangayicabangi**

**Ukuthi ungakwenza ngempumelelo
Phikelela kukho uze ukufeze
Qala ngemigomo ephansi**

**Amandla akho engqondo azokhula kancane
kancane**

**Kuze kube yilapho usukwazi ukufeza umgomo
wakho**

**Umhlaba nomndeni wakho bakubeka esigabeni
esithile**

**Kodwa sebenza ngokwengqondo
nangokuphikelela**

Ngoshintsho olusebenzayo

Akukho mingcele emandleni engqondo

Gxila kulo mbono

Gcwalisa ingqondo yakho ngesifiso sokufeza

Nokuzimisela ukwenza umsebenzi omuhle

Ukufinyelela imigomo yakho

**Qhubeka uphusha ukucabanga kwakho
ekufinyeleleni okuphezulu**

Ingcebo engokomoya yatholakala

Futhi konke kuzoba yingcebo nokuchuma

Ngomyalo wakho kanye nenkonzo yakho

Impilo yami iyakufakazela lokho

Obani abantu abajabule ngempela?

Abantu kumele bafunde ukuba nozwelo

Ukuthola injabulo ngokwenza abanye bajabule

**Kungumgomo weqiniso nohloniphekile kulabo
abathanda uNkulunkulu**

**Ukunikeza abanye injabulo kubalulekile
enjabulweni yethu siqu**

Kuyisivivinyo esigcwele ukwaneliseka

**Abanye abantu bacabanga ngemindeni yabo
kuphela futhi abanandaba nabanye**

**Abanye bazicabangela bona kuphela hhayi
omunye umuntu**

Kodwa laba yibo abangakunambithi injabulo

Akulungile ukufuna injabulo yomuntu siqu

Futhi ungayinaki injabulo yabanye

**Umuntu othatha imali yabanye abantu
ngaphandle kokuhlushwa unembeza**

**Angase acebe, kodwa ngokuqinisekile ngeke
ajabule ngokuphila kwakhe**

**Ngoba imicabango yabo yokucasuka
nokunganeliseki izomzungeza futhi imphuce ukuthula
kwengqondo**

**Uma umuntu ezama ukuzenza ajabule
ngokulimaza abanye**

**Wonke umuntu uzozama ukumenza angajabuli
Kodwa uma ezama ukujabulisa abanye**

**Ngisho noma elahlekelwa yinduduzo yakhe
Wonke umuntu uzomkhumbula kakhulu futhi
amfisele impumelelo**

**Uma sicabanga ngezidingo zethu
Kumelwe futhi sicabangele izidingo zabanye
Uma sikhathalela izindaba zabo, sifuna ukubasiza
futhi sibenze bajabule**

**Umuntu onobubele uphila ngokuvumelana
nangokwaneliseka naye ngokwakhe**

**Nomndeni wakhe kanye nomhlaba omzungezile
Ngenkathi umuntu onobugovu ehlala engena
enkingeni**

**Ulahlekelwa ukuthula kwengqondo
Indaba yomfana oyisiwula owaguquka ngokomoya
Ngesikhathi ngiphethe isikole sami eRanchi,
eNdiya, umfana owayemdala kunobudala
obujwayelekile babafundi walethwa kimi. Ngatshela
abazali bakhe abamlethile ukuthi ngiyabamukela
abafana abangaphansi kweminyaka eyishumi nambili,
kodwa ngingamamukela uma elungile.**

**Ngakhuluma nomfana ngendlela eqotho, ngithi
kuye:**

**"Uyabhema, kodwa abazali bakho abafuni ukuthi
ubheme. Uphumelele ekwephuleni intando yabazali**

**bakho, kodwa awuphumelelanga ekususeni
ukungajabuli kwakho, futhi ukungajabuli kwakho
kuzokwanda uma uqhubeka nalo mkhuba olimazayo."**

**Amazwi ami ashaya igoli, waqala ukukhala, ethi,
"Bahlala bengishaya"**

**Ngakho ngathi kuye: "Cabanga ngalokho okwenze
kuwe! Noma kunjalo, ngizokwamukela njengomfundi
ngombandela owodwa: ukuthi ngibe umngane wakho,
hhayi umqaphi ngokumelene nawe Uma nje
uthembekile ekulungiseni amaphutha akho, ngizoba
usizo kuwe, kodwa uma ungiqambela amanga, ngeke
ngikwenzele lutho ngoba ukuqamba amanga
kubhubhisa ubungane Ungafihla iqiniso, kodwa
qaphela ukuqamba amanga"**

**Ngamamukela njengomfundi futhi ngathi kuye,
"Njalo uma uzizwa sengathi ufuna ukubhema,
ngizokulethela ugwayi"**

**Weza kimi kanye wathi: Ngizizwa ngifisa kakhulu
ukubhema (ngifisa kuze kube sekufeni)**

**Ngamnika imali, futhi akakhohlwanga emehlweni
akhe. Wathi, "Gcina imali," futhi washintsha umqondo
wakhe.**

**Ngamncenga ngobumnene ukuba ayothenga
ugwayi, kodwa akathenganga. Esikhundleni salokho,
wathi:**

**"Ungase ungangikholwa, kodwa sengilahlekelwe
yisifiso sokubhema ngokuphelele"**

**Ngenxa yalokho, nangemfundo eyengeziwe kanye
nokuthuthuka, waba ngumuntu omuhle futhi
ingokomoya lakhe lacaca kakhulu.**

**Ekugcineni, ngakwazi ukuvusa ingqondo yakhe
engokomoya**

**Izimpawu zokuqwashisa ngokomoya
zingabonakala futhi zizwakale ngomzamo wokulwa**

**nomsinga wemikhuba yakudala, ephambene
nenjabulo yangempela nehlala njalo.**

**Ungase ufunde noma uzwe ngomuntu ophishekela
okuthile futhi aqhubeke ezama kuze kube
sekupheleni, kodwa bambalwa abenza umzamo
oqhubekayo kangaka.**

**Nokho, umuntu angenza umzamo kuze kube
yilapho isimo sakhe sishintsha sibe ngcono, noma
ngabe amaphutha akhe ajule njengolwandle.**

**Ngedwa ngadlula ogwini lolwandle
Ngabona amagagasi eshaya ngamandla ekhala
ngomsindo omkhulu**

**Ukuveza impilo yakho enezivunguvungu emanzini
ashisayo**

**Ukwanda okwesabekayo nobudlova
Kwangenza ngathuthumela futhi ngasuka
entukuthelweni embi yemvelo**

**Njengoba ngibheka nxazonke, ngabona umuthi
onomthunzi ungiphakamisela izingalo ezinobungane
Iduduza ngokubukeka okunomusa nokuhle
kakhulu**

**Amaqabunga ayo ashukunyiswa yisivinini somoya
Umyalezo omnene wadluliselwa kimi, engangazi
ukuthi uvela kuwe**

**Ngaphendulela amehlo ami esibhakabhakeni
esingenamkhawulo**

**Futhi enhliziyweni yayo emnyama, ngazama
njengengane ukweba ukukubheka**

**Ngifune umzimba wakho ofihliwe ngemuva
kwezindunduma zamafu kodwa angizange ngiwuthole**

**Futhi isifutho segwebu namaqabunga aluhlaza,
ngoba sithambile kakhulu emehlweni ami ukuba
singabonwa**

**Izwi lakho lihlanzekile kakhulu ukuba izindlebe
zami zingalizwa**

**Kodwa-ke, bengazi ukuthi nisondelene kakhulu
Kodwa wena, mphefumulo othandekayo,
wawusuka - njengasemdlalweni wokucashela -
Njalo uma ngisondela kuwe, ngizama
ukukubamba**

**Ngikufunile futhi ngafuna indlela eya kuwe
Ngokufihla ukungazi okudala njengesikhathi
uqobo**

**Ekugcineni, ngayeka ukukufuna ngokuphelelwa
yithemba nokuphelelwa yithemba**

**O nina eninekhono lokubalekela abanixoshayo!
Ngizilahlekele ezinkingeni zesikhala
Lapho kungekho themba lokukubamba noma
ukukubuka ebusweni**

**Ngakufulathela ngokushesha, kwaze kwaba khona
impendulo evela olwandle olunesiphepho!**

**Kuhlebeza nje okuvela emthini omuhle
Futhi ukuthula okuvela esikhaleni
esingenamkhawulo**

**Kusukela ezigodini ezijulile naseziqongweni
zezintaba**

**Konke lokhu kungizwise ubuhlungu obukhulu
kakhulu**

**Njengomntwana oye wahlukunyezwa imizwa,
nganyamalala futhi ngayeka ukukufuna**

**Kodwa ngokuzumayo nangokungalindelekile
Isandla esingabonakali selula isandla sasusa iveli
elijiyile**

**Ngubani okufihle kimi iminyaka eminingi
Ngenjabulo enkulu kakhulu
Ngaphenduka ngabona ulwandle oluhlekayo,
hhayi ukubhonga kwentukuthelo**

**Futhi umhlaba ojabulisayo
Futhi iminyango engokoqobo iyavuleka, lapho
inkungu yamaphupho idlula khona**

**Futhi eceleni kwami kwakumi isidalwa
esithandekayo, esingabonakali**

**Wangihlebele uhlebe olumnandi kakhulu
nobumsulwa:**

**"Siyakwamukela, siyakwamukela! Ubufuna ngize,
ngakho-ke ngilapha!"**

**Ukuhleba Okuvela Ephakadeni
Ngoba ukubonga uNkulunkulu kusho ukumthanda
Sifuna ukusondela kuye futhi simazi
Ngoba ungumphi ophakeme kunabo bonke izipho
nezipho ezivela kuNkulunkulu**

**Kusho ukuphila ngokuvumelana
nangokuvumelana njengomndeni womhlaba wonke
onothando**

**Sishukunyiswa imibono yokusebenzelana kanye
nokukhathalelana ngobungane ngabanye**

**Futhi ukuqaphela ukuthi uNkulunkulu ungumbusi
ophakeme waleli zwe**

**Futhi ukuthi sisebenza ukukhulisa ulwazi
kusukela kokujulile kuya kokucashile**

**Futhi kusukela ekubekeni imicabango
ezithakazelweni ezincane nezinobugovu**

**Ukwandisa umbuthano wobubele bomuntu
Futhi ukusebenza ekwakheni umhlaba obuswa
uthando lobuhle nomoya wobunye**

**Ngale ndlela singabonisa ukubonga kwethu
kuNkulunkulu**

**Ngenxa yalokhu kuphila asinike khona
Futhi ngethuba asinike lona
Ukuhlola ubuhle beqiniso
Futhi ukuthula kwangempela
uthando olungokomoya
Futhi injabulo emsulwa
Uma simthanda uNkulunkulu ngezinhliziyi zethu,
izingqondo zethu, kanye nemiphefumulo yethu**

**Ngaleyo ndlela sizibekela ingcebo engokomoya
engonakali**

**Siyaqinisekisa ukuthi sinakho konke esikudingayo
kulokhu kuphila**

**Abaningi bakhulume ngoNkulunkulu
Abaningi bamangazwa yimisebenzi yakhe
yobuciko**

**Abaningi bafunde ngaye
Kodwa labo ababona ubukhona bakhe
Futhi labo abakunambithile ubumnandi balo
bambalwa**

**Laba yibo abamaziyo
Uma sazi uNkulunkulu, impilo imnandi
Impilo igcwele injabulo nethemba eliqhakazile
Kwangathi izinhliziyi zingagcwala ukubonga
uNkulunkulu**

**Naphezu kwezipho zakhe ezinkulu
Futhi izibusiso Zakhe ezingenakubalwa
Wonke umuntu angaba ngumlamuleli
Ngayo kugeleza amandla kazibuthe angokomoya
Kodwa izifiso zobugovu
Futhi uthando lokuziphindiselela
kanye nenzondo
Izinhlanguanisela zokuntuleka
Konke lokhu kunciphisa ukugeleza kwalowo
mandla adonsela phansi noma amandla
Kuyiphutha ukuvimba noma ukuvimbela
ukugeleza kwayo**

**Ibhalansi yengqondo iyasiza ekwembuleni
amandla okubukisa**

**Uma umuntu emnene futhi enomusa
Ibonisa amandla okubutha
Ukuzindla yilabhorethri lapho
Singathola amandla abusisiwe ngaphakathi kithi
Uma inhliziyi igcwele uthando lukaNkulunkulu**

**Futhi amehlo agcwele ukukhanya kwawo
Uzibuthe uba ngokwemvelo ngokomoya
Kunomehluko omkhulu phakathi kwamandla
kazibuthe angokomoya**

**Yethonya elihle kakhulu
Uzibuthe wezilwane
Kuqhutshwa yizinkanuko kanye nemizwa
Kubalulekile ukuhlukanisa phakathi kwalezi
zinhlobo ezimbili zemagnetism**

**Amandla okuzikhandla angokomoya asekelwe
ekuzinikeleni nasekuzuziseni abanye**

**Amandla okudonsela phansi ezilwane aqhutshwa
ubugovu nokuxhashazwa kwabanye**

**Umuntu akufanele esabe
Ngaphandle kokwesaba uqobo
Ngoba kuyisitha esikhulu sempumelelo nempilo
Kufaka ubuthi engqondweni
Futhi kuletha izinto umuntu azesabayo
Kuqinisa ubuhlungu
Futhi kuyabhubhisa inhliziyo
Kubangela umonakalo ohlelweni lwezinzwa kanye
nobuchopho**

**Ngakho-ke, kufanele kususwe
Ngokukholwa kuNkulunkulu
Ukucabanga okuhle nokudala
Ukulindela okuhle nethemba
Thembela ekuvikelweni kwaphezulu
Futhi ukuthi noma ngubani othanda uNkulunkulu
Futhi uhamba ekukhanyeni Kwakhe
Ubumnyama bokwesaba abunakumehlula
Ngoba uNkulunkulu unaye
Noma ubani onoNkulunkulu naye usezandleni
ezinhle**

**impilo elinganiselayo
Kusekelwe ekubeni nokuhlakanipha**

**kanye nokuthuthukisa amandla angaphakathi
Ngokuthuthukisa amakhono okugxilisa ingqondo
Futhi unenkululeko yengqondo
Futhi ikhono lokunqoba amathonya amabi
Futhi ukungavumeli ukuthi kungene ezingqimbeni
zokuqonda**

**Ukuze isibhakabhaka somphefumulo nokukhanya
kokuqonda kungafihlwa**

**Ukuphila ngokwezimiso zokuziphatha
nezokuziphatha**

**Ukuqonda okulungile komthetho wembangela
nomphumela**

**Futhi ushise imbewu yezenzo ezimbi
Ngomlilo wokuzindla okujulile nokunxusa
Futhi ukubeka isisekelo sekusasa elingokomoya
elijabulisayo**

**Ngezinhloso ezinhle
Izenzo ezinhle**

**Ukucabanga okunengqondo okunengqondo
nokuhlanzekile**

**Umthandazo wabafundi
Eminyakeni engamashumi ayisikhombisa edlule,
uthisha uParamahansa wabhala lo mthandazo phansi**

**Kuyo, ucela umusa waphezulu, usizo, kanye
nesiqondiso kubo bonke abafunayo**

**Ezindleleni zokuvuka ngokomoya
Nkosi, ngisize ngikukhumbule ngaphezu kwalokho
engikukhumbulayo mina**

**Futhi kwangathi ungaba yinkosi enkulu kunazo
zonke, ebekwe esihlalweni sobukhosi enhliziyweni
yami**

**Busisa bonke abeza kimi
Isifiso sami kuphela ngabo ukuthi bazizwele
isibusiso sakho futhi bazizwele uthando lwakho.
Ungukuphila kwami**

**Futhi uyisithandwa sami
Uyingcebo yami nesiphephelo sami sokuphila
Futhi ngithembisa kuwe ukwethembeka kwami
okungaguquki**

**Kwangathi ukukhanya kothando lwakho
kungakhanya phezu kwe-altare lezifiso zami
Futhi ukuvusa uthando ngawe kuzo zonke
izinhliziyi ezilalelayo**

**Unginike intando, ukuzimisela, namandla
Ukuze ngilethe imiphefumulo ekulangazelelayo
Imiphefumulo yabafowethu nodadewethu,
naphezu kwezizinda zabo ezihlukene**

**Ngenze ngibe ngumlamuleli osobala
Kwangathi ukukhanya kolwazi lwakho
kungageleza ezinhliziyweni zabo**

**Futhi kususa kuye izithunzi zosizi, ukwesaba,
nokukhathazeka**

**Nginibonga kakhulu futhi nginibonga ngokusuka
enhliziyweni yami**

**Ngoba ubusise impilo yami ngokuba khona
kwakho okuphelele**

**Ngisize ngisakaze umlayezo wakho
Umlayezo wothando, ukuthula, nobuhle
Angifuni ukuzidumisa mina, kodwa ngifisa
ukukudumisa wena**

**Vumela ugqozi lube ngemuva kwamazwi ami
nemibhalo yami**

**Ukuze ukudlidliza kwezwi lami namazwi ami
kuveze ugqozi lwakho**

**Futhi ukuze amandla akho ageleze ngentando
yami nokuzimisela kwami**

**Isifiso sami esikhulu ukubusiswa ngomusa wakho
nokuba intando yakho yenziwe**

Bonke abacwaningi abeza kimi

Ngibanikeza njengeqembu lemiphefumulo emihle

**Bathululele ngomusa wakho
Futhi ubagcwalise ngokuthula kwakho
Futhi kulesi sahluko sokugcina sempilo yami
Ngicela ukuthi ube nguwe wedwa oqondisa
izinyathelo zami
Futhi ugqozi olungcwele kakhulu lwemicabango
yami
Isifiso sami esikhulu masibe
Ukuqondisa izingqondo nezinhliziyi zabantu kuwe
Ngiyakucela ukuthi uvikele abafundi kuzo zonke
izingozi
Futhi ubanike ukuphuza emithonjeni yamanzi
akho aphilayo
Futhi uyabanakekela futhi abavikele
Ekuphaphameni, ebuthongweni, namaphuphoni
Futhi kwangathi ukunakekelwa kwakho
kungabaphelezela noma ngabe bakuphi
manje
Kuzo zonke izikhathi nendawo
Kusukela emazwini esihlakaniphi uParamhansa**

Yogananda

**Abantu bakhononda ngomqondo wokuyeka izinto
ezithile empilweni
Nakuba empeleni belahla izinto eziningi eziyigugu
Okubaluleke kakhulu phakathi kwezinto
ezibakhathazayo ukuthula kwengqondo; ngezinye
izikhathi baze bazidele bona ngokwabo
Ngemali ebolayo neyesikhashana
Ingcebo ingathathwa kumuntu noma ithathwe
kuye ngokushiya umhlaba
Akakwazi ukuyithatha ahambe nayo
Inani langempela lemali liwukuyisebenzisa
ezintweni ezizuzisayo
Futhi ekuletheni injabulo kuwe nakwabanye
ngendlela ejabulisa uNkulunkulu nonembeza wakho**

**Labo abacabanga ngokuphepha kwabo kanye
nenduduzo yabo kuphela**

**Ukukhohlwa noma ukunganaki izidingo zabanye
Eqinisweni badlala ngobumpofu**

Okuzoba yikho okwabo ngelinye ilanga

**Labo ababambeleva engcebweni yabo
esikhundleni sokuyisebenzisela imisebenzi emihle**

Abazilethi ukuchuma empilweni yabo elandelayo

**Kunalokho, bazalwa bempofu, benezifiso nezifiso
zabacebile**

**Ngokuqondene nalabo ababelana ngengcebo yabo
kanye nokuchuma nabanye**

**Zidonsela inhlanhla kanye nenala nomaphi lapho
ziya khona**

**Uma upha labo abakufanelekelayo
ngokuzithandela**

Uzothola ukuthi uNkulunkulu uhlala enawe

Akasoze akushiye

**Ngosizo lwakhe nokunakekela kwakhe, ngeke
udinge lutho**

**Beka ithemba lakho kuNkulunkulu, usizo lwakhe
luzokuza kuwe futhi ukunakekelwa kwakhe
kuzokumboza**

**Akufanele sikhohlwe ukuthi izimpilo zethu zivela
kuNkulunkulu ngqo**

**Uma siqaphela ukuthi izingqondo zethu, intando
yethu, kanye nemisebenzi yethu**

**Bonke bathembele kuNkulunkulu futhi bathola
amandla abo kuYe**

Sizobe sesithola isiqondiso esiqondile kuye

**Sizoqaphela ukuthi impilo yethu ifana nokuphila
kwakhe okungenamkhawulo**

**Umhlaba ugcwele iziphepho zemvelo nezenziwe
ngabantu, futhi uNkulunkulu uyisihlangu
esingenakunqotshwa nendawo ephephile**

eziphephweni, ezivunguvungwini, nasebubini balo mhlaba.

Noma ngabe uNkulunkulu ukuphi, akukho ukwesaba noma usizi. Umkholwa weqiniso uyama eqinile futhi eqinile ezimpini zokuphila nasezinhluphekweni zezehlakalo, eqiniseka ukuthi uNkulunkulu unaye, emvikela ekulimaleni futhi akalokothi amlahle ngisho nomzuzwana. Ngakho-ke, ukwesaba kuyanyamalala enhliziyweni yakhe, futhi ukuqiniseka okungenakunyakaziswa kokuvikelwa kuyaqala.

Ukungesabi kusho ukuba nokholo kuNkulunkulu nasesivikeloni Sakhe, nokukholelwa ebulungiseni Bakhe, ekuhlakanipheni, esiheni, othandweni, kanye nokuba khona Kwakhe kuyo yonke indawo.

Ukwesaba kususa amandla omuntu ngokwengqondo, kufiphaze ingqondo, futhi kuphazamise imigqi yemvelo yenhliziyo. Ngaphezu kwalokho, ukwesaba kudala ukuphazamiseka ngokomzimba futhi kungabangela izifo zengqondo.

Esikhundleni sokunqotshwa ukukhathazeka nokuvalelwa ngokwengqondo, umuntu kufanele aziqinisekise ukuthi uphephile ngaphansi kwesivikelo sikaNkulunkulu, obona konke, ozwa konke, ophephile enqabeni yaKhe engenakuphikiswa, futhi ozungezwe isihe nokunakekela kwaKhe.

Kungakhathaliseki ukuthi umuntu usemahlathini ase-Afrika, enkundleni yempi, ehlushwa ukugula noma ubumpofu, kumelwe azikholise ngokuthi isandla sikaNkulunkulu sinamandla kunengozi futhi siyakwazi ukuvikela labo abafuna isiphephelo kuYe.

Ayikho indlela ephumelela kakhulu yokuzivikela. Yiqiniso, umuntu kumelwe asebenzise ingqondo lapho ebhekana nezenzakalo ngesikhathi esifanayo ebeka ithemba eliphelele osizweni lukaNkulunkulu. Ukholo

**alusho neze ukuba budedengu noma ukwenza
ngokungahlakaniphi lapho ebhekene nezimo.
Kunalokho, kungakhathaliseki ukuthi kwenzekani,
umuntu kumelwe aziqinisekise ukuthi uNkulunkulu
kuphela okwazi ukusiza ezikhathini ezinzima
nezinzima uma ephendukela kuYe ngenhliziyo yakhe
yonke, umphefumulo wakhe, kanye nezinzwa zakhe.**

**Ukuphila kugubuzelwe ubumnyama, futhi
ngezinye izikhathi izinyawo ziyantengantenga futhi
ziyanqikaza ukuqhubekela phambili Kumelwe
sivumele ukukhanya kukaNkulunkulu kube isibani
sethu esisiqondiso njengoba sihamba ezindleleni
zobumnyama zokuphila Uyinyanga egcwele ebusuku
bokungazi nobumnyama, ilanga lokukhanya
emahoreni okuvuka, isibani sesiqondiso, kanye
neNkanyezi yaseNyakatho yalabo abadabula olwandle
lobumnyama basemhlabeni, obudlulayo**

**Izinkinga zizoqhubeka emhlabeni, ngakho-ke
umuntu angaphendukela kuphi ukuze athole
isiqondiso? Imicabango yakhe, ethonywe yimikhuba,
ubandlululo, imibono ecatsangelwe
kusengaphambili, kanye nokucwasa, ayisizi ngalutho,
futhi amathonya endawo ahlala kuyo, umndeni, izwe,
noma umhlaba awakwazi ukunikeza isiqondiso
esifanele.**

**Ngakho-ke, umuntu kumelwe aphendukele
kuNkulunkulu futhi alalele izwi elizolile nelinokuthula
elivela ekujuleni komphefumulo, ngokuvumelana
neqiniso**

**Umehluko phakathi kokuzindla ngengqondo
nokuzihlola ngokomoya**

**Uma umuntu ezihlela ngolwazi lwethiyori
Izoba yidivayisi yokurekhoda ephathekayo
Uphinda izaga futhi usho imisho ephakeme
Abanye bambheka njengesazi esifundile**

**Kodwa ulwazi olunjalo
Akuqiniswa umbono oqondile weqiniso
Futhi akukho ukufinyelela okungokomoya
okungaqhathaniswa nakho**

**Lolu hlobo lwemfundo noma ubuhlakani
"Ubugovu" buhlala buxhumene nengqondo
yezinzwa**

**Okuyinto ngokwayo enqunyelwe yizinzwa
zomzimba**

**Ulwazi lwemfundiso alukwazi ukuthola ulwazi
oluvela kuNkulunkulu**

**Kunconywa ukuthi ungachithi isikhathi sakho
esiyigugu**

**Kusekelwe emibonweni engasetshenziswa
empeleni**

**Ngaphandle kwalokho, uzozithola ephakathi
kwehlathi eliminyene lobuhlakani**

**Angikwazi ukudlula ububanzi bemibono
Le nqubo ngeke iholele ekwazini iqiniso
Ngoba iqiniso lingaphezu kwemibono nemibono
Abaningi abasebenzisa le ndlela
Baboshwa yiziphetho zabo ezizimele
Uma umuntu esebenzisa amandla akhe engqondo
Ukuze uthole imali nezinto ezibonakalayo, akukho
okunye**

**Ukuqonda kwakhe kuzodonseleka ezweni
elibonakalayo**

**Iba sengozini yezinkinga ezingapheli
Ngakho-ke, abahlakaniphileyo bathi
Umuntu akufanele anikele wonke amakhono akhe
engqondo**

**uNkulunkulu amnika kona ukuba afune izinto
ezidlulayo**

**Ngaphandle kwalokho, uzozilahla enkingeni
yezinto eziyinkimbinkimbi**

**Uzenzela imingcele nemingcele angayidingi
Ngakho-ke, kufanele asebenzise amandla akhe
engqondo esikhundleni salokho**

**Ekutholeni izidingo zokuphila
Futhi ezama ukuthuthukisa izimfanelo zakhe
zokuziphatha**

**Ukuze kuhlukaniswe phakathi kokulungile
nokungalungile, okulimazayo nokuzuzisayo**

**Futhi lapho ethuthukisa ukuqonda kwakhe
okungokomoya**

**Uzokwazi ukuzwa uNkulunkulu ngaphakathi kuye
Nokuqiniseka kwamaqiniso angokomoya
Kufihliwe ngemuva kwezindwangu zezinto**

ezixineneyo

**Lesi simo sibizwa ngokuthi ukuzihlola ngokomoya
Esinye sezici ezibaluleke kakhulu zokukhula
ngokomoya**

**Kungumkhuba wokuhlebelela uNkulunkulu
imicabango**

**Uzobona wena mathupha ushintsho oluhle oluhle
Uzoyithanda ngokuphelele**

**Kungakhathaliseki ukuthi ukukhathazeka kwethu
kungaba yini**

**UNkulunkulu kufanele athathe indawo yokuqala
ekuphileni kwethu**

**Uma umuntu efuna ukubuka umbukiso
Noma ukuthenga izingubo ezintsha noma imoto
entsha**

**Akulona yini iqiniso ukuthi ingqondo yakhe ihlala
imatasa ngaso sonke isikhathi?**

**Ngokuphathelene nalezo zindaba nokuthi
ungazithola kanjani noma uzifinyelele kanjani?**

**Ngeke aphumule kuze kube yilapho izifiso zakhe
sezigcwalisekile**

**Kunalokho, uyaqhubeka nokusebenza
ngokuzikhandla ukuze agcwalise lezo zifiso**

**Ngakho-ke, ingqondo yomuntu kufanele igxile
ekucabangeni ngoNkulunkulu**

**Bese kuthi zonke izifiso ezincane nezincane
ziguqulwe**

**Esifisweni esinamandla sokuzwa uNkulunkulu
nokuxhumana Naye**

**Lapho ingqondo ihlebelu uNkulunkulu ukuhlebelu
okusuka enhliziyweni nokuqotho**

**Okuvela ekujuleni komphefumulo olangazelelayo
Ubizo lomphefumulo luzothinta inhliziyo yendawo
yonke**

**Futhi impendulo izofika, futhi kanye nayo injabulo
enkulu**

**Ukuhleba kwengqondo kukhulisa amandla
okuzimisela**

**Kuze kube yilapho usunamandla anele okufeza
umgomo owufunayo**

**Uma ingqondo yomuntu nentando yakhe
kuhambisana noNkulunkulu**

**Banikwe amandla angenamkhawulo
Ngakho ukucabanga nje ngento ethile kwanele
ukuyifeza**

**Ngoba umthetho waphezulu usebenza
ngokuthanda labo abavumelana nentando ephakeme
kakhulu**

**Zonke izimpumelelo ezinhle kakhulu empilweni
yami**

**Kufezwa ngamandla engqondo ngokuvumelana
noNkulunkulu**

**Uma ijeneretha yaphezulu isebenza
Konke engikufisayo kuyenzeka, ngaphandle
kokukhetha**

**Kuqala ukubonakala njengomklamo ongabonakali,
ongabonakali**

**Bese kuvela ngamandla angenakuphikiswa phansi
Imfihlo yokukhula**

**Sikhula kukho konke esikubonayo, uma nje
siqaphela ukuthi singafunda izifundo ezibalulekile
kubo. Ngoba bonke ubuhlungu nokuhlupheka
esikuzwayo kunencazelo nenjongo.**

**Naphezu kobunzima bezilingo, zifana nomlilo
oncibilikisa insimbi, uyiguqule ibe yinsimbi enhle,
eqinile, neguquguqukayo**

**Futhi insimbi yokuhlakanipha esiyikhipha
ngomlilo ovuthayo wezilingo iyinto emangalisayo
Ngoba impilo iyasihlanza ngokuguqula izinsimbi zethu
eziyisisekelo zibe yizinto eziyigugu ukuze sikwazi
ukuphila kulempilo njengemiphefumulo emsulwa
njengamatshe ayigugu, eqinile njengensimbi, futhi
ngesikhathi esifanayo iguquguquka futhi igobeka
ngaphandle kokuchayeka ekucindezelweni kobunzima
nezilingo ezinzima.**

**Uma sibona ubuso obuphambukile yintukuthelo,
obunezibazi ngenxa yobudlova, ukubona kwabo
kusenza sifise ukususa ububi emiphefumulweni yethu
—umphefumulo ongathintekile yinoma yini
ngaphandle kwezinhloso ezimbi kanye namagqubu
ajulile afihla isithombe saphezulu esibusisiwe
ngaphakathi kithi, njengoba nje ukungcola komoya
kungcolisa isibuko. Izenzo ezibuhlungu zabanye
kufanele zivuse kithi isifiso sokuthuthukisa
ukuziphatha kwethu nokuzilawula, ukuze sibe
ngamakhosi ezinkanuko zethu ezingalawuleki, hhayi
izigqila zazo.**

**Amazwi anomusa ayikhambi elimangalisayo lezifo
eziningi, anamandla anamandla, acishe abe yimilingo,
anamandla kazibuthe aletha izibusiso eziningi kanye**

**nokuchuma kubantu abakhulumayo Labo
abasebenzisa amazwi aduduzayo, amnene bazizwa
umsinga omncane ugeleza kuwo ngaphandle
kokuphazamiseka, ukugcwala kwawo ngokuthula
okukhulu Lokhu kungenxa yokuthi lowo msinga
uxhumene nomthombo wawo ophakeme, ogeleza
njalo futhi ofinyelela njalo imiphefumulo
ngokuvumelana nawo. Bazobe sebekwazi ukudlulisela
lokhu kugeleza kwenjabulo emiphefumulweni
elangazelela ukuthula.**

**Nsuku zonke, umuntu ubheka esibukweni ukuze
abone ubuso bakhe ngoba efuna ukubonakala
engcono kakhulu kwabanye. Kubaluleke kangakanani-
ke ukuba ame nsuku zonke naye futhi abuke
esibukweni sokuhlaziya kwangaphakathi ukuze athole
ukuthi yini engemuva kokubonakala kobuso
obukhazimulayo? Ngoba konke okukhangayo
ngaphandle kuthola ukukhanga kwakho kusuka
kumuntu wangaphakathi Futhi akukho lutho
olungangcolisa isibuko somphefumulo. Ubumsulwa
bufana nokuhlanekezelwa kwengqondo okufana
nentukuthelo, inzondo, umona, nenzondo Noma ubani
ozama ukuzikhulula kulezi zinto ezingahlobene
nemvelo yomphefumulo uzokhipha ukukhanya
kobuhle bangaphakathi ngaphakathi futhi
uzonambitha lokho umuntu onomphefumulo
onokuthula akuzwayo**

**Ngokuhlaziya sithola ukuthi izinkinga zabantu
ziphindwe kathathu: kunezinkinga nezinkinga
ezihlasela umzimba womuntu, ezinye ezihlasela
ingqondo, kanye nesigaba sesithathu esivimba
izindlela zomphefumulo.**

**Ukugula, ukuguga, nokufa kuyizinto ezinzima
nezithiyo umzimba obhekene nazo. Izifo zengqondo
zihlasela ingqondo ngokudabuka, ukwesaba,**

**intukuthelo, izifiso ezicindezelwe, inzondo, ukucasuka
ngokomzwelo, ukukhathazeka okukhulu kwemizwa,
kanye nomdlavuza wengqondo okhubaza amandla
engqondo. Nokho, isifo esiyingozi kakhulu ukugula
komphefumulo, okubonakala ngokungazi, lapho zonke
ezinye izifo zivela khona futhi zisakazeke khona.**

Umuntu ojwayelekile

Kuphefumulelwe yizimfundiso zikaMaster

Paramhansa

Ngaphesheya kwezilwandle ezihlukanisayo

Ekhoneni elikude lokuphila

Umuntu wasemkhathini wabonakala kimi

Ngokukhanya okukhulu

Lingisa ukuphuma kwelanga nokukhanya kwalo

**Ikhaya lakhe laliphakathi kwenhliziyo yamahlathi
acwebile**

Ngimbonile ehamba emadlelweni egolide

okuhlakanipha

Ngobungqabavu bobusha

Futhi injabulo yabantwana

Uphupha ngokukhanya okumangalisayo

kwenyanga entsha

Uhamba phakathi kwezindlu ezingenakubalwa

Uvela ngokukhanya nangokushesha

Kusukela emasangweni eminyaka eminingi

Okwesikhashana isimo esingavamile savela

Wabe esenyamalala

Kwabe sekuvela futhi

Ukumelana nokunyamalala nokushabalala

Ihlotshiswe njenge-ether yamazulu

angenamkhawulo

Futhi izibani eziningi zakhanya ebusweni bakhe

Kulandiswa izindaba zokulangazelela okushisayo

Nemizwa evuthayo

Nobuhle bobusha

**Futhi uthando olumsulwa lobusha
Izinhlansi zokholo olukhazimulayo zaphuma
emehlweni akhe**

**Futhi ukukhanya okukhanyayo kwethemba
eliqinisekile**

**Nombani okhanyisa amehlo
Ngokuqina kanye nekhono
Ikhanyisa amakhona omkhathi
Ububanzi bayo bufinyelela ezinkanyezini ezikude
kakhulu**

**Yeka inkazimulo engenakuqondwa!
Okuvela enhliziyweni yakho yolwandle, O muntu
wemvelo**

**Ngibuke isikhathi eside isimo sakho
esikhazimulayo nesikhanyayo
Ngibone izandiso nezimfihlo ezingapheli
Kwakungathi ngibone umoya womuntu
ubonakaliswa**

**Ngabo bonke ubuhle bayo nobuhle bayo
Umagazini waseMpumalanga-Ntshonalanga**

Kukhona okuhle kakhulu kunobubi emhlabeni

**Uma ukungabaza kungena, kufanele sikhumbule
izimpilo zabantu abakhulu. Kuyiqiniso ukuthi
singabantu, kodwa uNkulunkulu usiphe amandla
angavamile esingawasebenzisi kakhulu, ngakho
kungani sithuthumela ngokwesaba ukuguga, ukugula,
nosizi?**

**Kumelwe senze konke okusemandleni ethu
ukunakekela umzimba, kodwa akumelwe singotshwe
ukwesaba noma sizifihle ngaphansi kwezingqwaba
zokungazi. Umzimba awusiye umuntu ophelele**

**Ubuhle budlula ububi kulo mhlaba ngoba
uNkulunkulu ungamandla amakhulu. Kodwa uma**

ububi busehlela, sicabanga ukuthi asinawo amandla okubulawula noma okuphunyuka kubo.

Iziphepho zobubi nakanjani zizovunguza, kodwa singayinqoba imiphumela yazo futhi siphakame ngaphezu kwazo

Asizange sinikezwe ukuphila ukuze sibhujiswe yiyo, kodwa ukuze sigxilise kithi ukuqonda ubuphakade, futhi kumelwe sikhumbule leli qiniso.

Ngaphandle kwenkululeko yokucabanga, umuntu akanakukwazi ukuziveza ngendlela emsulwa, ezenzakalelayo, nengokwemvelo. Khumbula ukuthi ukhululekile ngokuphelele. Amandla entando ahlala ekhululekile.

Uma usebenzisa amandla akho okuzimisela ngendlela efanele, kuzokwakha i-karma entsha kuwe, kodwa abantu abaningi abafuni ukushintsha noma ukwenza umzamo, ngakho bayawa lapho bebhakene nobunzima futhi abakwazi ukubhekana nezinselele.

Umuntu owenza noma yini ayifunayo akuyona inkululeko ngoba uboshwe yizifiso zakhe, ngakho-ke izenzo zakhe azikwazi ukubizwa ngokuthi inkululeko nhlobo.

Inkululeko yangempela isho ukwenza konke ngentando eqondiswa ukuhlakanipha. Umuntu angakwazi ukulawula imiphumela yezenzo zakhe zangaphambilini, ezizolandela nakanjani, uma esebenzisa intando yakhe futhi ayisebenzisele izenzo ezinhle nezizuzisayo.

Uma uphatha izindaba zakho ngokucabanga nangokuzimisela, amandla ezenzo zakho ezimbi

zangaphambilini azobuthakathaka futhi imikhuba yakho emihle izoqina.

Imikhuba ejulile iyasigqilaza ngandlela thile, ngakho-ke asiphili enkululekweni yangempela

Sihlala sifisa lokho esikuntulayo futhi sinamathela ezintweni ezingabalulekile Uma into ethile isiphethe, silahlekelwa okwesikhashana inkululeko yethu yokuzikhethela Njengoba abaseMpumalanga begqilazwa amasiko asendulo, kanjalo nabaseNtshonalanga nabo bagqilazwa amasiko anamuhla. Sidala ikusasa lethu futhi sibe yizigqila zalo.

Kungani ingane eyodwa izalelwa emndenini omubi kanti enye izalelwa emndenini omuhle? Ngamunye wabo wasebenzisa inkululeko yakhe ukuphila ngandlela ethile esikhathini esidlule (empilweni yangaphambilini) ngaleyo ndlela wazilethela lezo zimo kulokhu kuphila.

Akukho nkululeko yangempela ngaphandle kukaNkulunkulu Kumelwe sicabange ngaye njalo Kungakhathaliseki ukuthi ukukhathazeka nemicabango yethu kuyini, uNkulunkulu kumelwe abe sendaweni yokuqala ezinhliziyweni zethu

Futhi uma sivumelana ngempela Naye, sizonikezwa ikhono lokufeza lokho okumele sikufeze, nganoma yisiphi isikhathi, ngosizo Lwakhe oluvela kuNkulunkulu.

Iseluleko somfundi

Omunye wabafundi ubuze uthisha uParamhansa

Ukuze amnike iseluleko sokuzithuthukisa, uthe

Uma ufuna ukuthandwa

**Qala ngokuthanda abanye abadinga uthando
lwakho**

Futhi uma ulindele kwabanye

Ukwethembeka nokwethembeka kuwe

Yiba qotho futhi uthembeke kubo

**Futhi uma ufisa sengathi abanye bangenzi ngonya
nangobuqili**

**Ungavumeli inkohliso ingene emicabangweni
yakho**

Ungenzi ngendlela elimaza abanye

Uma ufuna abanye bakuzwele

Qala ngokubabonisa uzwela

Ikakhulukazi kulabo abaseduze nawe

Uma ufuna abanye bakuhloniphe

**Kumelwe ubonise inhlonipho kokubili kwabancane
nabadala phakathi kwabo**

Uma ufuna ukuthula kwabanye

Kumelwe uphile impilo yokuzwana

Uma ufuna abantu babe nenkolo

Yiba nomoya futhi uvumele abanye bazizwe

**Uyisibonelo esihle futhi bangathembela kuwe
futhi bakuthembe**

Ngamafuphi, konke ofuna abanye bakubonise

Enye yezinzuzo zokuhle

Kubonise empilweni yakho kuqala

Uzothola ukuthi abantu basabela ngendlela efanayo kuwe

Uma ungakwazi ukuhlonza izindawo ezidinga

Ukuthuthukisa nokuthuthukisa impilo yakho

Ngaphandle kokuzizwa udikibele noma uzizwa uphansi

Futhi uma usebenza njalo ukuthuthukisa ubuntu bakho

Khona-ke isikhathi osichithayo sizoba usizo kakhulu futhi sizuzise

Kuthiwani uma uchithe imali ekufiseni

Ukuthi abantu bazithuthukise

Isibonelo sakho esihle kanye nendlela yakho enengqondo

Ikhono elikhulu lokushintsha abanye

Kusukela ezifisweni zakho nje, intukuthelo yakho, namazwi akho

I-Kashmus ayinakubalwa

Ungumthombo wazo zonke izinto ezinhle

Futhi umthombo wawo wonke amandla

Sibusise, Nkosi

Ukuze sibonise izibusiso zakho phezu kwethu

Empilweni yethu

**kanye nezifiso zethu zobuhlakani
Ezenzweni zethu ezingokomoya
Ungukukhanya kwezinkanyezi
Amandla kuma-athomu
Nomusa ezinhliziyweni
Ubuhle busekuthembekeni
Ubukhulu busekuthembekeni
Sisize ukuthi sizivuselele
Ngamandla akho aphezulu
Ngokuhlakanipha kwakho okungenamkhawulo
Futhi ngobuqiniso bakho obungenamkhawulo
Masiqaphele ukuthi ungumthombo wempilo
kanye nemvelo yokuphila
Futhi umthombo wakho konke ukuqonda nolwazi
Sikhulule ekungazini nasemiphumeleni yako
Ngokwesaba nokukhathazeka
Kwangathi isikhukhula sokuhlakanipha kwakho
singakhukhula
Zonke izingcezu kanye nomonakalo wezimpilo
zethu
Dabula izimbozo ezisifihlela ubuso bakho
Ake sikubone ngokukhanya okukhulu kakhulu
Ilanga elingenakubalwa elisemkhathini wezimpilo
zethu**

Ake sikuzwe njengamandla avuselela njalo

Imibono yethu iyakhuthaza

Futhi sondle imiphefumulo yethu

Imizimba yethu iyondla

Futhi amaphupho ethu ayagcwaliseka

Amen

Iningi labantu alazi ukuthi kungani

Kusukela ebukhoneni babo kulo mhlaba

Bakholelwa ukuthi injongo yokuphila

Kungukugcwaliseka kwezifiso

Ukuthola izidingo zokuphila

Ukufuna injabulo nothando lomuntu

Futhi uzinikele kumuntu wokugcina ekugcineni

Abantu baqala impilo yabo

Abahleli bezinhlelo abanezifiso ezithile

Nezifiso ezingagcwalisekanga esikhathini esidlule

**Futhi bazama - nganoma yini encane abasele
nayo ngenkululeko yokuzikhethela -**

Ukulingisa izifiso nezenzo zomunye umuntu

Uma behlangana nosomabhizinisi

Bafuna ukuba njengabo

Futhi uma behlangana nabaculi

Ubuciko buba yikho konke kubo

**UNkulunkulu ufuna sibe ngokoqobo kuleli zwe
Usiphe indlala edinga ukuba sisebenzele
ukwanelisa yona**

**Kodwa ukufuna ukudla nendawo yokuhlala
Imali nempahla, akukho okunye
Kusho ukuthi umuntu ukhohlwa umthombo
wenjabulo yakhe**

**Kuyiqiniso ukuthi kufanele sisebenze
Ukuze sithole izidingo zethu
Futhi ukuthi silwela ukufeza imigomo yethu
esemthethweni**

**Kodwa okokuqala nokubaluleke kakhulu
Ukuvula izinhliziyi zethu kuNkulunkulu
Sicela isiqondiso nemvume Yakhe kukho konke
esikwenzayo**

**Khona-ke kumelwe siphumelele esikoleni
sokuphila**

**Ngoba sizokwamukela imiyalelo yethu
Kusuka kuMphathi Omkhulu noMlahli
Lowo owaziyo ukuthi sidingani
Yini engcono kakhulu kithi?
Ngakho-ke, kumelwe sibeke ithemba lethu kuye
Sithobela intando yaKhe ehlakaniphile
Izincwadi eziya kuthisha uParamahansa ezivela
kubafundi bakhe**

**Inkumbulo yokuvakashela kwami kini isalokhu
ikhona**

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**Izincwadi ezithunyelwe ngababhali bazo abavela
emazweni ahlukene**

Sicaphuna okulandelayo kuyo:

**Ngithanda ukukwazisa ukuthi ngokufunda kwami
izimfundiso zakho ngokucophelela**

Ngithole ukukhanyiselwa okungokomoya

Leyo ebengilokhu ngiyifuna

**Izimfundiso zakho zingivulele iminyango
yenjabulo**

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**Ngizijwayeza iziqinisekiso zakho ezingokomoya
nsuku zonke**

**Ngithola ukuthi imicabango emibi iyancipha
kancane kancane**

Ukwesaba sekuphelile

Ngijabulela yonke imizuzu yokuphila kwami

Ngiyabonga ngosizo lwakho

*** * ***

Ngithola izibusiso eziningi

Ezimfundisweni zakho ezingokomoya

Ngilangazelela ukufunda imicabango yakho

**Ngenza konke okusemandleni ami
ukukusebenzisa empilweni yami**

Izimfundiso zakho zinhle futhi ziyazuzisa

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Ngithola kufilosofi yakho emangalisayo

Yini ekhuthaza ukunconywa nokuphefumulelwa

Ngibonga kakhulu ngakho konke ongiphe khona

Kusukela osizweni kanye nenduduzo yengqondo

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Nginomuzwa omkhulu wokuyithola masonto onke

Esifundweni esisha esivela ezimfundisweni zakho

**Ngithola injabulo nokukhanyiselwa kuzo zonke
izifundo**

*** * ***

Ngiyabonga ngokusuka enhliziyweni yami

Ukuze ngiqonde umuntu enginguye ngaphakathi

**Futhi ukungenza ngiqaphele amandla afihliwe
ngaphakathi kimi**

**Futhi ukukhombisa ukukhanya kukaNkulunkulu
ekugqondeni kwami**

Ngezimfundiso engizithole kuwe

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Ngisakhumbula ukuvakashela kwami kini

**Ubelokhu ehlala emicabangweni yami iminyaka
emine**

**Ngisakhumbula ukholo lwakho oluphelele
kuNkulunkulu**

Futhi uthando lwakho ngesintu

Kwangisiza ukuba ngizazi mina

Ngesikhathi ngicabanga ukuthi ngingedwa

Anginabangane futhi akekho ozwelana nami

**Kwanguinika ukuzethemba futhi kwakhulisa isimilo
sami**

**Kwangikhuthaza ukuba ngibe nesibindi lapho
ngibhekene nezimo zokuphila**

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Iminyaka engamashumi amane

**Ngifunde amagatsha ahlukahlukene esayensi
nolwazi**

**Kodwa angitholanga lutho kukho konke lokho
kufunda**

**Entweni efana nalokho engikufundile
ezimfundisweni zakho**

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Ngizuza kakhulu ngokufunda izimfundiso zakho

Uma inani elikhulu labantu

Bayafunda futhi basebenzise imibono yakho

Umhlaba esiphila kuwo ubuyoba

Kungcono kunalokho okuyikho

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**Ngithanda ukukubonga ngokusuka enhliziyweni
yami**

Ngezibusiso ezifikile empilweni yami

**Selokhu ngaqala ukufunda izimfundiso zakho
ngokugxila nangokunaka**

**Ngiyabonga, futhi sengathi uNkulunkulu
angabusisa imizamo yakho emihle**

**Futhi umsebenzi wakho ozinikele ekukhonzeni
isintu**

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**Njengoba ngikucele ukuthi ungithandazele
impumelelo yami**

Isimo sami sithuthuke kakhulu

**Ukubonga kwami okujulile kanye nethemba lami
lokuthi uzoqhubeka nokuthandaza**

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Ngesikhathi ngithola umlayezo wakho wokugcina

Bengisazulazula ehlathini elimnyama lokungabaza

**Futhi wayengakwazi ukubona indlela ephuma
kulelo hlathi**

**Kodwa ngiyabonga kuNkulunkulu, kanye
nemithandazo yakho ekhethekile**

**Indlela yacaca kakhulu futhi ukholo lwami
kuNkulunkulu lwaqina**

Isimo sami sathuthuka ngazo zonke izindlela

Futhi ngicela ungikhumbule njalo emithandazweni yakho ephenduliwe

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Izimfundiso zakho zingisize kakhulu

Futhi ngithole izinzuzo ezinkulu kukho

Futhi kwafakazelwa kimi ngobufakazi obuqinisekile

Ukusebenza kahle kweziqinisekiso zakho ezingokomoya kanye nokucabanga okuhle

Ngigcwele ukubonga

Ngenxa yempilo, injabulo, nokuthula engikuzwayo

Nginomuzwa wokuthi ngiyathuthuka nsuku zonke ekuzindleni

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Ukuba bekungengenxa yezimfundiso zakho ezinhle neziphefumulelayo

Impilo yami kuleli zinga lasemhlabeni ngabe ilinganiselwe kakhulu

Ngithanda ukukubonga ngokunaka kwakho okukhethekile

Lokho anginike khona eminyakeni emithathu edlule

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Ngiyabonga ngomagazini i-Spiritual Culture

**Lapho ngithola khona isibusiso nokondliwa
komphefumulo nsuku zonke**

**Ngibonga uNkulunkulu owangitshela ngawe kanye
nezimfundiso zakho**

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**Ngithanda ukunibonga ngezincwadi zenu
zanyanga zonke**

Ngithole umyalezo wokugcina ugcwele ugqozi

**Ukuze ngiyifunde abafundi bami ekilasini
lezincwadi**

Basabela kahle kokuqukethwe kwayo

Kwakuyisenzakalo esijabulisayo kithi sonke

Ngithinteke kakhulu yimibono oyifakile encwadini

**Kangangokuthi ngangifuna ukwabelana ngakho
nabafundi bami**

Lo mlayezo ubangele isimo sokuzindla okujulile

Nokuzihlolisisa izimfihlo zomphefumulo

**Nginomuzwa wokuthi kuzongisiza ukuxazulula
izinkinga**

**Futhi ukubhekana ngokuhlakanipha nangendlela
enhle nokuhlangenwe nakho kwempilo**

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Izimfundiso zakho ziyigugu

Angifuni ukuphuthelwa yisifundo sakho esisodwa

**Kusukela ezinkulumweni zikathisha
uParamahansa**

**Lapho injabulo yomphefumulo iphakama
Kufihliwe ekujuleni kobuntu
Ungqimba olukhulu lwezinyabulo zemizwa
ezidlulayo**

**Ukukhanya kwegolide kumphefumulo kuyaphela
Futhi amakhono omphefumulo osobala afihliwe
Ngemuva kobuningi bezinto ezibonakalayo
Uma ingqondo yomuntu ikhangwa
Umona nomona
Futhi umbozwe amafu okwesaba nokukhathazeka
Uba lusizi futhi abe lusizi
Futhi wayengenamandla
Kodwa uma eqondisa ukunaka okufanayo
Kubheke othandweni, ukuthula, kanye nokuzwana
Uzizwa ejabule kakhulu
Umphefumulo uzizwa ujabule
Uma ufulathela izifiso zomzimba
Kuxubene nokuhlupheka nosizi
Ezinzuzweni zomphefumulo osobala
Kugcwele injabulo ecwengekile
Uma umphefumulo ucwiliswe ngokuphelele
Ngezinjabulo ezinzima zaleli zwe
Uba nesithakazelo ocwaningweni
Mayelana nezinyabulo eziphakeme kakhulu
Futhi abakwazi ukunambitha injabulo**

yomphefumulo

**Abaningi bangase baphikise
ukuthi ukuyeka injabulo yezinto ezibonakalayo
Cishe akunakwenzeka kuleli zwe
Noma ngenkathi uhlala nabantu
Imibono yabo igxile ezintweni ezibonakalayo**

kuphela

Kodwa akudingeki kumuntu ojwayelekile

Ukushiya umhlaba uye ezintabeni nasemahlathini
Ukuze uthole ukuthula nokuthula
Kunalokho, kumele ukuthi ukuleli zwe
Ngaphandle kokuvumela imisinga yayo
enamandla ukuba imkhukhule
Ukuze amagagasi omhlaba aphithizelayo
angamnqobi
Akufanele abe nombono ophambene ngezinto
ezimzungezile
Ngesikhathi esifanayo
Akumelwe avumele izinto ezibonakalayo
zimphuphuthekise
Ukuze angalahlekelwa yimvelo yakhe
engokomoya
Akakwazi ukunambitha injabulo yenjabulo
Futhi ngibona izibani zaphezulu

Amagugu Omphefumulo
Kusukela ezimfundisweni zomhlakaniphi uParamhansa
Yogananda
Lomhlaba uyiphupho nje
Njengoba nje kungekho mehluko omkhulu ekwethulweni
kwefilimu
Phakathi kolwandle nesibhakabhaka, okuyizinga ezimbili
ezahlukene zokudlidliza kokukhanya
Kunjalo-ke kuleli zwe
Usizi, injabulo, ubuhlungu, injabulo, ukushisa nokubanda
kuyiphupho lalo mhlaba
Silapha namuhla futhi kusasa sizokwehla njengamafu
njengezithunzi nje ephusheni lendawo yonke
Kodwa ngemuva kwalesi sithombe esidlulayo
nesingapheli kukhona umoya waphakade
Imiphefumulo yethu iyingxenye ebalulekile yayo
UNKulunkulu uyiqiniso elilodwa. Kumelwe sithandaze
.njalo ukuthi izilingo zinganqobi

Ukuphila kuwukukhubazeka okuphazamisa ikhono lethu
lokumkhumbula
Uma ngithandaza ngale ndlela, ngithola imiphumela
eminingi kunanoma yisiphi esinye isikhathi
Khona-ke, noma ngabe kwenzeka into engathi sína,
ngeke ikwazi ukungivimba
Ukucabanga Ngaye kungenza ngizizwe ngiphephile futhi
ngivikelekile ebukhoneni Bakhe obungcwele
Impilo lapha ibonakala ingenalutho futhi ididekile kuze
kube yilapho sifika ogwini lokuphepha
Yingakho ngihlala ngithi ngilapha ukuzofakaza
ngokubaluleka nenkazimulo yeqiniso eliphakeme kakhulu
Akufanele sibeke amathemba ethu emigomweni yezwe
edlulayo kanye nokunamathela ezintweni ezibonakalayo
ezibuthakathaka
Ukunamathelana okunjalo okubuthakathaka
kusihlukanisa ngokungazi nomgomo wethu wokugcina
Njengoba nje kusihlukanisa nobuntu bethu bangempela
Indawo ezungezile idala ukukhohlisa kubantu futhi
ibenze bazibone bebahle kakhulu
Umuntu onesifiso sangempela kumele akhuphuke
ngaphezu kwalokho kuqaphela kwemvelo okudlulayo
nokwesikhashana
Uyalibona iqiniso ngaphakathi kuye, ukuze leli qiniso
libe yindawo yakhe yokuhlala
Imvelo kanye nethonya elilodwa kuphela empilweni
yakhe
Sicela uNkulunkulu asiphefumulele ngesiqondiso futhi
asiqondise kuYe
Futhi ukumthola ngaphambi kokushiya leli zwe
Kungakhathaliseki ukuthi luhlobo luni lokuhlangenwe
nakho esidlula kukho kanye nobuhlungu esibubekezelelayo
Akumelwe silahle ithemba lokuthi usizo lukaNkulunkulu
luseduze

Futhi uphendula yonke imithandazo ephuma
enhliziyweni, egcwele ukulangazelela
Ngeke abalahle abathandekayo bakhe noma abashiye
ngenxa yekusasa labo

Kuyigugu kakhulu kunegolide
Ngolunye usuku, ngesikhathi umuntu ohlala yedwa
ezulazula ezintabeni, wema ukuze aphuze emfudlaneni
omncane, amehlo akhe awela esigaxeni segolide
elicwebezelayo elicwebezelayo ngaphansi kwamanzi
acwebezelayo omfula. Wagcwalisa isitsha sakhe ngamanzi,
wafaka ucezu lwegolide esikhwameni sakhe, wabe esehlala
.eceleni komgwaqo ukuze aphumule

Ngaleso sikhathi, kwavela insizwa endleleni, ihefuzela
ngenxa yokukhathala. Yasondela e-hemit yathi kuye,
"Angikadli namuhla futhi nginohambo olude oluphambi
kwami. Ingabe unesinkwa sokudla umngane wakho
"?ohambweni lwakho

I-hemit yaphendula, "Ngenjabulo nodumo, futhi
ngiyajabula ukwabelana nawe ngezinkwa enginazo." Yabe
isikhomba esikhwameni yathi kuye, "Ngicela uthathe lokho
"okutholakalayo

Njengoba le nsizwa yayikhipha isinkwa esikhwameni,
itshe legolide lawa, ngakho u-hemit walibamba walibeka
.eceleni

Ngesikhathi besadla, le nsizwa yayilokhu ibheke igolide,
ikhuluma ngayo ngokuyincoma, futhi ihalalisela u-hemit
ngenhlanhla yakhe kanye nokuvikeleka, ukuphepha,
.nokuthula kwengqondo okwanikezwa yitshe lakhe eliphuzi
Lapho le nsizwa isukuma ukuze iqhubeke nendlela yayo,
u-hermit wamomotheka wabeka itshe esandleni sayo

Le nsizwa yamangala kakhulu ngale ngcebo
engazelelwe eyayiwele ezandleni zayo, yahamba ngenjabulo
.enkulu, inganaki lutho

Kodwa naphezu kwalokhu, imicabango engavamile
yaqhubeka, imkhathaza futhi imhlupha, futhi akakwazanga

ukuyithulisa noma ukuyisusa. Ngokungazelelwe, washintsha
indlela wabuyela endlini yokuphumula, wabeka ingcebo
yakhe phambi komsizi wakhe, futhi ngemva kokumbingelela
:ngokukhothama okugcwele ukwazisa nenhlonipho, wathi
Ngiyazi kahle ukuthi leli tshe onginike lona liyigugu"

kangakanani, kodwa nginomuzwa wokuthi unokuthile
okuyigugu ngaphezu kwaleli golide, futhi ngiyakuncenga
ngoNkulunkulu ukuba ungiphe lokho okuphethe
emphefumulweni wakho ocebile okwakwenza wakwazi
"!ukunginika leli golide

Ngezikhathi zokuchuma, abantu bayambonga

uNkulunkulu

Ngezibusiso zakhe eziningi neziningi

Kodwa lapho isimo siba sibi

Inhlanhla ifika

Kuzolandela ukukhononda kanye nentukuthelo

Futhi iningi lethu lilahlekelwa ukholo lwethu oluphilayo

Ngaye iso lakhe elingalali

Senza izinhlekelele nezimo ezinzima

Ukugxila kwethu kanye nendawo esigxile kuyo

Uma sifuna indlela enhle yokuphuma

Besiyobona ukukhanya kwethemba

Kumelwe sithembele osizweni lukaNkulunkulu

Futhi ukuthi Lowo owasidala ngeke asishiye

Naphezu kwezimo ezinzima

Umzabalazo wempilo

Futhi isimo sibi kakhulu

Uma sifuna isiqondiso saphezulu ngokuqiniseka

okuphelele, sizosithola

Noma ubani onokholo nokwethenjwa yizingane uzothola

usizo

Zonke izinto zokuphila zizohlangana

Ukufeza lokho akudingayo

Kumelwe sizizwe sijulile ukuthi siyabonakala

Futhi lolo sizo lwaphezulu alukude

Siyaqonda ukuthi ukuba nethemba kudonsela inhlanhla
njengomagnethi
Ukugcizelela uhlangothi oluhle lokuphila
Kusinika ithemba lokuthi okuhle kukhona futhi kuseduze
Futhi ukuthi ukunqoba kungokukhanya, hhayi
ubumnyama nokungahleliwe
UNkulunkulu ungumngane waphezulu
Lowo ongabayekisi labo abathembela kuYe
Futhi njengoba sicabanga ngokusondelana Kwakhe
nathi, isivikelo Sakhe, kanye nosizo Lwakhe kithi
Impilo izoshintsha ibe ngcono
Inhliziyo izochichima ngokubonga nokubonga
Kuye ophethe ingcebo yezibusiso ezandleni zakhe
Futhi izihluthulelo zePharadesi
Siyazijezisa ngezenzo zethu ezingenangqondo
Siyazivuza ngokuziphatha kwethu okufanele
Ukusetshenziswa kabi kwengqondo uNkulunkulu ayinike
umuntu
Kuholela esonweni, okuyimbangela yobuhlungu
nokuhlupheka
Ngokuphathelene nokusetshenziswa kwengqondo
ngendlela efanele
Lokhu kuholela ebuntwini obuhle, okuholela enjabulweni
UNkulunkulu unike umuntu ingqondo
nonembeza
inkululeko yokuzikhethela
Imiyalelo yasezulwini
Uma ekhetha indlela efanele, uzovuzwa; ngaphandle
.kwalokho, uzothwala imiphumela yezenzo zakhe
Kumelwe alandise ngokuziphatha kwakhe ngesikhathi
sokuhlala kwakhe isikhashana
Kuleli zwe likaNkulunkulu
Umuntu usebenzise kabi lokhu kuzimela uNkulunkulu
akunike kona

Ngenxa yalokho, wazilethela ukungazi kanye
 .nobuhlungu obungokomzimba nobomqondo
 Ukufa ngaphambi kwesikhathi kanye nezinye izifo
 Uvuna lokho akuhlwanyelayo, futhi umthetho wesizathu
 nomphumela usebenza kuwo wonke umuntu
 Izinsuku zamanje zomuntu zincike ezinsukwini zakhe
 ezedlule
 Ikusasa lakhe lincike endleleni aphila ngayo
 Futhi uchitha izinsuku zakhe zamanje nazo
 Futhi ngekhwalithi yembewu ayitshalayo emhlabathini
 wokuqonda kwakhe
 Ngakho-ke, umuntu, nakuba edalwe ngomfanekiso
 kaNkulunkulu
 Unamandla angcwele afihliwe emphefumulweni wakhe
 Ulahlekelwa ilungelo lokusebenzisa lawo mandla ngenxa
 yamaphutha akhe
 Nemingcele azibekela yona
 Ukwephula imithetho yokucabanga
 Ukuxhumana komphefumulo nomzimba wesikhashana,
 ongase ubole
 Futhi ukunqotshwa yithonya lemvelo, izakhi zofuzo,
 noma lomhlaba wonke
 Kungenye yezimbangela zokuphelelwa yithemba,
 ukukhungatheka, usizi, kanye nokwehluleka kwabantu
 Ngakho-ke, kumele alungise inkambo yakhe
 Ulungisa kabusha ikhampasi yokuqonda kwakhe
 Uma efuna ukuzazi
 Futhi uxhumana kabusha nomthombo wakhe wokugcina
 Ugcwalisa isitsha sempilo yakhe ngobuhle, ukukhanya,
 nolwazi
 Ulwandle alukwazi ukugoqwa ngaphakathi kokuqhuma
 okukodwa
 Ngokufanayo, ukuqonda komuntu okulinganiselwe
 akukwazi ukuqukatha ukuqonda kwendawo yonke

Kodwa lokhu kungenzeka kulabo abazimisele
nabasebenza kanzima ukuze bakhululeke emikhawulweni
Futhi ukufinyelela umkhawulo wokuqonda okuphelele
okungenamkhawulo

Futhi uyabandisa ngomusa wakhe futhi u-Allah
unakekela lowo amfunayo ngaphandle kwesilinganiso
Celani futhi niyophiwa
Nqonqotha uzovulelwa

Uma ubonga, ngizokwandisa [ekuthandeni]
Ukusetshenziswa kabi kwamagama kungenye yezikhali
ezibulalayo nezibhubhisa kakhulu
Imbangela enkulu yokwesaba inkulumo enokhahlo
nelimazayo

Umuntu kufanele agweme ukuhleba noma
ukuhlanganyela engxoxweni engenamsebenzi
Gwema izingxabano nezingxabano, futhi ulahle
imikhuba yobudlova

Uma indoda noma umfazi ethukuthela futhi omunye
wabo ecasula omunye
Indlela engcono kakhulu ukuthi omunye umuntu
ahambe

Nokuzibamba ekuphenduleni kuze kube yilapho
isiphepho siphela

Futhi uma omunye wabo ekhuluma amazwi abuhlungu
Kungcono ukuthi omunye umuntu angaphenduli
ngamazwi afanayo

Kunalokho, hlala uzolile kuze kube yilapho imicabango
iphela futhi isimo sengqondo sipholile

Uma inkosikazi imemeza umyeni wayo bese yena
:ephendula ngokukhala okukhulu, indoda izohlupheka kabili
Okokuqala kwakungenxa yamazwi akhe ahlabayo, kanti
okwesibili kwakungenxa yamazwi akhe anqumayo
Ngakho-ke, uzilimaza kakhulu
Lokhu kungaholela esahlukanweni noma eminye
imiphumela engathandeki

Ukuba nenkani noma ukuphatha abanye ngendlela
yokuzehlisa kufanele futhi kugwenywe
Ngesikhathi esifanayo, umuntu akufanele ahileleke
ekuxabaneni nasekulweni
Kunalokho, umuntu kufanele alinde kuze kube yilapho
.ukuzola nokuthula kwengqondo sekubuyiselwe
Ungavumeli muntu antshontshe ukuthula kwakho
Ungaphazamisi ukuthula kwabanye ngokuthuka
ngamazwi (noma ngokubhala)
Ukusetshenziswa kabi kwamagama kungenye yezikhali
ezibulalayo nezibhubhisa kakhulu
Umuntu angase asho izinto ezinjalo ethukuthele noma
lapho imizwa yakhe iphezulu
Usebenzisa ulimi olungafanele, angafuni ukulukhuluma,
bese ezisola ngalo
Ngenkathi omunye umuntu ezokhumbula lawo mazwi
iminyaka engamashumi amabili
(Usizi alukhohlakali kalula)
Kusukela kulo mbono, inkumbulo iyinto embi
Amandla enkumbulo ayisibusiso uma esetshenziswa
kahle
Kodwa kuyingozi uma kusetshenziswa njengendawo
yokugcina izinto ezimbi
Ezenziwe ngokumelene nathi
Ukulungiselela ukungena epharadesi lokuhlakanipha
Yonke inqubo yokuziphendukela kwemvelo komuntu
ihlose ukuthulisa izivunguvungu zokungazi
Ukuze igagasi likwazi ukubuyela olwandle futhi
lihlangane nalo futhi
Okusho ukuthi, ukuze amandla okuphila omuntu
ahlangane nomhlaba omkhulu ongokomoya
Ososayensi, osomabhizinisi, kanye nabaguquli
bezenhlalo bahlala bezama, ngokungaqondile, ukuvula
indlela yokwakha ubunye bomhlaba wonke

Zonke izikole zesayensi, zefilosofi nezokuziphatha
zilwela ngenkuthalo ukuqoqa isixha seqiniso ezivandeni
zokuhlakanipha nokuhlobisa imiphefumulo yabantu ngakho
konke okucwengekile, okumangalisayo, nokuwusizo
ekulungiseleleni ukungena kwabo epharadesi lokuhlakanipha
.laphakade

Ngokuthola okuyigugu, isayensi imsize ngqo umuntu
ngokumnikeza izidingo nezinto ezibonakalayo, futhi imsize
ngokungaqondile ukulungisa eminye yemibono yakhe
“ngezimangalisano” eziningi kanye nezenzakalo eziyimfihlakalo
Isayensi isitshela ukuthi uma amanzi eshintsha indlela
yawo yokudlidliza ngenxa yokubanda, aphenduka iqhwa
elintanta phezu kwamanzi esikhundleni sokuxubana nawo
.noma lihlale phansi njengezinye izinto eziqinile
Lesi simo sibonisa ososayensi ukuthi lapho uJesu Kristu
ehamba phezu kwamanzi, kumelwe ukuba washintsha
ukudlidliza komzimba wakhe ngokusebenzisa izindlela
.zengqondo ezaziwa ngosanta, abaprofethi, kanye nezazi
Ukuze kulethwe isintu endlini yobunye nenjabulo
yendawo yonke, yonke imisebenzi yezinto ezibonakalayo,
yokuziphatha, yenkolo, yezimboni, yezehlalo neyezepolitiki
kumele ihlangane futhi ihlanganise imizamo yayo ngale
.njongo

Kungenzeka ukuvumelana ngezindinganiso eziqinile
zemithetho yomhlaba wonke ephathelene nempilo, ukuthula,
inhlalakahle, imfundo kanye nokuziphatha okuhle kanye
nezindinganiso zemithetho engokomoya, engokwengqondo
nesebenzayo enganikeza izigidigidi zabantu kule planethi
yoMhlaba ukukhula okuhlanganisiwe nokulinganiselayo
okufanele umuntu ophucukile futhi kumnike injabulo
.nokuthula kwengqondo

Isakhamuzi somhlaba wonke akufanele sihlale
sibophekele empilweni encane nasemzimbeni omncane
Kunalokho, uzibheka njengelungu lomndeni omkhulu
wesintu, oqondiswa impilo yasemkhathini, futhi ucabanga

ngeqiniso lokuthi "uyingxenye ebalulekile yolwandle
"lokuphila

Ukwazi akunamkhawulo futhi akupheli
Ifinyelela ngisho nasezinkanyezini ezikude kakhulu
Ingena kuwo wonke ama-athomu endaweni yonke
Ngisho nama-electron amancane kakhulu
Umuntu kumele azizwe sengathi munye nolwandle
lolwazi lwendalo yonke
Futhi ukudlula umndeni nobuzwe
Uyaqaphela ukuthi uyilungu lomndeni omkhulu wesintu
Injabulo phakathi kokuzidela nokuhlukahluka
Awuthandi injabulo efana kakhulu futhi engenazo
izinhlobo ezahlukene
Kunalokho, ufuna injabulo enamandla nephilayo
Idonsela ukunaka ngenxa yokuhlukile kwayo
Ithinta ingqondo ngobuhle bayo
Futhi kugcwalisa inhliziyo ngobumnandi bayo
Kukugcina wanelisekile futhi uhlabeke umxhwele
ngemvelo yayo emnandi kakhulu
Injabulo eza ngezikhathi ezithile
Kuyashukumisa ingqondo kodwa akufezi izifiso
Futhi injabulo engcoliswe yi-monotony izala
isithukuthezi
Nenjabulo ehlala isikhashana nje
Bese iyanyamalala, ishiye ukuzisola okuyinjabulo
engafuneki
Futhi injabulo ekhanya futhi inyamalale
Ukukushiya usesimweni sokudideka nokunganaki
kuyinjabulo edlulayo nebuhlungu
Ngokuphathelene nenjabulo eshintsha njalo ngesigqi
Noma kunjalo, umongo wayo awushintshile
Njengomlingisi onekhono ojabulisa izilaleli zakhe
ngezindima nezinyathelo ezahlukene
Yilokho okufunayo futhi ofuna ukuba yikho

Leyo njabulo ingatholakala ngokucabanga
ngezimangaliso zikaNkulunkulu
Futhi ngokuzindla njalo nangokujulile
Umthombo wangaphakathi wenjabulo ehlala njalo
nevuselelwe
Nguye kuphela okwazi ukuqeda ukoma kwakho
kwenjabulo
Injabulo engokomoya iyona kuphela injabulo
yangempela
Okungakwenzi ukhathazeke ngakho noma uthambekele
kunoma yini enye
- Konke umuntu akwenzayo - okuhle noma okubi
Kungumzamo oqhubekayo noqhubekayo wokufuna
injabulo
Ububi buthembisa injabulo kodwa buletha usizi nosizi
Ngokuqondene nobuhle, kungase kubonakale kuletha
ukudabuka
Ngenxa yesidingo sokuzithiba kanye nokusebenza
kwamandla okuzimisela
Kodwa ngokuqinisekile kuletha injabulo ehlala njalo
ekugcineni
UNkulunkulu uyinjabulo ehlala njalo futhi evuselelwa
kuze kube phakade
Futhi uma ukutholile, uzozizwa sengathi uthole into
eyigugu kakhulu ekhona
"Ngeke usadinga ukuxosha i-target "yaleyo nto enye
Lokho okubonakala kuwe ngaphandle kokuthi ukwazi
ukukufinyelela noma ukukuthola
"Injabulo engokomoya "yileyo enye into
Futhi noma nini lapho uyithola ngaphakathi kuwe
Ngeke usadinga ukufuna injabulo
Futhi kuleyo njabulo evuselelwe, izifiso zakho
zizogcwaliseka
Unakho konke ayekulangazelela
Futhi yazini, bangani bami, ukuthi izinto ezibonakalayo

Okunikeza injabulo ehlala ingaphezu kokucatshangwa
Futhi lezo zinto, kanye nezinjabulo ezizinikezayo
Ingena engqondweni ngezithombe zengqondo
Nokho, injabulo engokomoya ukuqaphela umphefumulo
Imvelo kabani injabulo enkulu
Iseduze kakhulu nomcabango
Kuzalwa ngisho nasemcabangweni lapho umcabango
uqondiswa ngaphakathi ngesikhathi sokuzindla
Uma izinto zangaphandle zonakele
Ukuthi umcabango uncike enjabulweni kuncike kuphi
Injabulo enikezwa yilezo zinto nayo iyabhujiswa
Kodwa injabulo engokomoya ihlala ivuselelwa
Ikhona ngaphakathi komphefumulo futhi imelana
nokubhujiswa
Futhi ukuveza ukuthi injabulo ayinakususwa
Ngaphandle kokuthi umuntu akhethe ngamabomu
ukushintsha isimo sakhe sengqondo
Uzitika ngokucindezeleka ngokondla isimo sengqondo
sokucindezeleka
Leyo enye into
?"Wake wazama ukuqonda lokho "okunye
Njengesimanga esibonakala kuwe futhi sidansa
ngemuva kwemizwa yakho
Futhi kuthiwani ngokuphela kwazo zonke izifiso zakho
?ezigcwalisekile
:Hlaziya udaba
Ulangazelela okuthile uma nje ungakwazi ukukuthola
Kodwa uma isitholakala kuwe, uzokhathala ngayo -
ngokushesha noma kamuva
?Futhi ufuna okunye, akunjalo
Noma ngabe impilo ikunike konke obekukufuna
:ngasikhathi sinye
Ingcebo, amandla, kanye nabangani ngemva
kwesikhashana, uzozizwa ungelisekile

Futhi ufuna okunye Kodwa into eyodwa ayisoze
yalahlekelwa ubusha bayo
Ukukhanya kwayo ngeke kuphele kuwe, kuyinjabulo
uqobo lwayo
Kuzo zonke izinto ozifunayo
Futhi ifuna ukuyifinyelela nokuyithola
Ngokuqondile noma ngokungaqondile
Empeleni ufuna injabulo
Ngokugcwalisa izifiso zakho
Awufuni lezo zinto ezikulethela usizi
Futhi awufuni lezo zinto ezikunika injabulo encane
ekuqaleni
Kodwa ekugcineni, kukuphonsa ekujuleni kokuzisola
nokuzisola
Noma ngabe yini oyifunayo
Ukufuna ngobuqotho ngokulangazelela, ukulangazelela,
ukulangazela, kanye nentshiseko
Nginethemba lokuthola ukwaneliseka lapho ngikuthola
Kufanele ujabule uma sekuyinto yakho ngempela
Ngakho kungani ungafuni injabulo ngokuqondile bese
?uyikhipha emithonjeni yayo
Kungani ukufuna ngezindlela ezingokwenyama
?ezingenakukwazi
Ukukunika yona emsulwa, engangcolisiwe, futhi
!?engenasiphene
Uma umuntu ecela isihawu sezinto ezibonakalayo
zesikhashana
Injabulo yakhe incike enjabulweni yesikhashana
Izinto ezibonakalayo kanye nokwaneliseka okutholakala
ngokugcwalisa izifiso zezinto ezibonakalayo
Kungokwesikhashana, ngakho-ke injabulo etholakala
ngakho iyadlula ngokushesha
Futhi kungokwesikhashana
Ukudla, ukuhogela amakha, nokulalela umculo
Ukubona izinto ezinhle nokuthinta izinto ezijabulisayo

Zonke izinjabulo ezidlulayo
Ubude bayo buhlotshaniswa nobude bomuzwa
wokunambitha nokuhogela
Ukuzwa, ukubona kanye nokuthinta
Noma kuze kube yilapho ingqondo ikhathele yiyo
Ukhangwa ezinye izinto ezikhuthazayo
Akafuni injabulo edlulayo
Kushiya umuzwa wokudabuka lapho kuqedwa
Kunalokho, ulangazelela injabulo engapheli isikhashana
bese inyamalala
Futhi ngilangazelela injabulo ekhazimulayo engapheli
I-radium ehlanzekile, ehlala njalo enemisebe
Leyo njabulo ikhona kuNkulunkulu kuphela
Umthombo wayo yonke injabulo nentokozo
Ilanga liphuma kanye ngosuku
Kodwa ubukhona bakhe buhlala bukhanya
Indawo yonke iyawohloka, kodwa
Ukuphila okuphakade okuhlala njalo
Kwangathi injabulo ingavuselelwa njalo empilweni yakho
Leli zwe elibusisiwe uNkulunkulu asinike lona
Ufuna sijabulele ubuhle bayo
Futhi siyayilondoloza
Sikubheka njengesibusiso okungafanele sisetshenziswe
kabi noma sisetshenziswe kabi
!Iqukethe izimangaliso eziningi nezimangaliso eziningi
Iziqongo ngeziqongo
Futhi izendlalelo phezu kwezingqimba
amathafa nama-steppes
Izilwandle nemifula
amahlathi namahlathi
Futhi izingwadule ezinwebeka ngokungapheli kuzo
zonke izinhlangothi
Kuyinkundla yemidlalo yasemkhathini
Lapho amagquma elele khona
Futhi amawa ambozwe yiqhwa alele

Izihlahla ezinde zigoqa izintamo zazo
Izindawo eziphakeme ezingenalutho ziphinde ziphinde
zithole uhlaza lwazo kanye nokuchuma kwazo
Izimpawu zesikhathi zibhalwe emadwaleni amakhulu
?Ubani onekhono lokunikeza imibono emangalisayo
Futhi kuthiwani ngemibono ekhazimulayo yaleli zwe
!?likaNkulunkulu, ingabe ifanelwe ukuchazwa
Kugcwalisa inhliziyo ngenjabulo
Futhi ikhanyisa ingqondo ngemicabango
eyinkulungwane
!Ukuveza lokho okungenakuchazwa
Ukuzindla ngobuhle bomhlaba kuqinisa ukholo lomuntu
ocabangayo
Kudlula imithetho yemvelo kuze kufike emngceleni
wokwazi okuphakeme
Lapho ubuciko bungapheli khona
Futhi akumi ngomkhawulo
Akupheli
:Ngesinye isikhathi, ingane yathi
Angazi ukuthi kusho ukuthini ngomuntu ukuzizwa"
"engelutho
Yilokhu umuntu akuzwayo lapho ecabanga
ngezimangalisiso zikaNkulunkulu
Okungalingani nalutho, ezingxenyeni ezahlukene
zomhlaba
Kodwa umuntu ucabanga ukuthi uyikho konke
U-Alif no-Ya
Isiqalo nesiphetho
Futhi ubude obungenaso isiqongo esiphakeme
Kukhona ukuphakama okumangalisayo
Futhi ukujula okuphefumulela ukwesaba
emphefumulweni
Futhi ubukhulu lapho inhlangothi incibilika khona
Futhi kuningi njengokukhanya kwelanga
Futhi izibani ezikhuthaza umuntu ukuba abheke phezulu

Ukube nje isintu besinombono ophelele
Ubona kuzo zonke izinhlangothi
Ukubona izimangaliso zokudala ezimzungezile
Sabalalisa njengamaparele ahlakazekile
Ezweni elikhulu likaNkulunkulu, kunabantu abacabanga
Ngempela, konke uMdali akwenzile kusenza simangale
Kuyakhuthaza
Amagugu aseMpumalanga - Umagazini
waseMpumalanga-Ntshonalanga
Siyamcela, oPhezukonke
Ukuqeda ngezinhlansi zolwazi
ubumnyama bezinkohliso
Futhi ukugcwalisa izinhliziyi nezingqondo
Ngezibusiso eziningi kanye nokuqonda
Futhi ukuthi ubukhona bakhe obukhazimulayo kakhulu
bubonakaliswe emiphefumulweni
Futhi umnika isiqiniseko sakhe
Kuyindawo ephephile
Futhi isusa amafu okudideka esibhakabhakeni
somphefumulo
Futhi kusigcina kude nemizwa yokuphelelwa yithemba
Futhi kusikhuthaza ngokuqiniseka ukuthi ukusa
kwenjabulo kuzoqala
Futhi imiphefumulo izojabula
Futhi ukuthi izinyoni zokuthula nenjabulo
Uzohlabelela ezindaweni zokuphila
Uthando luzonqoba inzondo
Futhi ithemba elikhanyayo lizosusa ubumnyama
bokuphelelwa yithemba
Futhi ukuthi uhambo lobuhle luzoqhubeka
Ibhanela leqiniso liyohlala lindiza phezulu
Ngaphezulu kwezikhumbuzo zokuqondana
okunobungane
Nemizwa yabantu emihle
O Dokotela wezinhliziyi, kuvela kuwe ukuphulukiswa

Imiphefumulo yayihlushwa izifo
Ukuthinta okuvela kuwe kususa ubuthi nokugula
Kwangathi ukufa nenhlekelele kungagwenywa
Igama lakho liyisipho esimelana nobubi nokulimala
Nomthandazo amazulu awulalelayo
Ukulungiselela kanye
Ukukhuliswa okufanele: izindlela ezisebenzayo kanye
nemikhuba
Izindlela ezifanele zokukhulisa izingane zihlanganisa
ukuthuthukisa ukuqonda
Futhi uzama ukufinyelela enqolobaneni yolwazi
olunembile
Okufihliwe ngaphakathi komphefumulo kanye
nokuxhumana kokuqonda komuntu kuwo
Impilo eyodwa ayanele
Ukwazi zonke izindaba ezingokomoya
nezingokwenyama
Ukusebenzisa izindlela zolwazi lwendabuko
Ukuthembela kuphela ezinzwa
Ukuzijwayeza ukuqaphela nokuzindla
Zisiza ekuthuthukiseni nasekuthuthukiseni ikhono
lokuzwa
Ngokubona okuqondile, okuthile
Ukuthuthukisa ukuqonda kufanele kuqale ebuntwaneni
uma kungenzeka
Uma lokho kungenzeki, kungaqalwa nganoma yisiphi
isikhathi
Ngaphezu kwalokho
Izingane kanye nabantu abasha kumele basizwe
ngangokunokwenzeka
Ngokubafundisa izindlela zokukhulisa izingane
ezinengqondo, ngokusebenzisa
Ukuqondisa imicabango yabo emibonweni
Futhi ukondla imizwa yabo ngemizwa emihle
Futhi ubafundise ukuhlonipha umsebenzi

Nokusebenzelana ngokwethembeka, ngesithunzi
nangobuqotho kubo kanye nakwabanye
:Phakathi kwezici ezibalulekile zokuzithiba yilezi
Ukuhamba nokuhlala umgogodla uqonde ngqo
Ukwenza kube lula ukugeleza okungenamkhawulo
komsebenzi obalulekile emzimbeni
Funda futhi usebenzise ukugxila kwengqondo
ukuthuthukisa ukuhlakanipha
Ukuzijwayeza ukucabanga ngokudala
Ukwenza imisebenzi ngesifiso esiqotho
Ukuhlukanisa phakathi kokunengqondo
nokungenangqondo
Iqiniso kanye nokukhohlisa
Futhi ukwandisa ububanzi bothando
Kusukela ekuzithandeni kuya othandweni lomndeni
Kusukela othandweni lomndeni kuya othandweni
lomphakathi
Kusukela othandweni lomphakathi kuya othandweni
lwezwe lakubo
Kusukela othandweni lwezwe kuya othandweni lomhlaba
Kusukela othandweni lwezwe kuya othandweni
lukaNkulunkulu
Futhi ngokukhula kwabo ngokomoya
Bazokwazi ukusabalalisa ubuhle neqiniso yonke indawo
Futhi ukukhanya kobuhle okukhanya ngaphakathi kubo
kuzosuswa
Ubumnyama bobubi bubazungezile
Kwangathi angaphakanyiswa ngosizo lwaKhe
Ukuxhumana ngokomoya nabathandekayo abashonile
kuleli zwe
Uma ufisa ukuthumela imicabango yakho
kubathandekayo bakho abashiye leli zwe
Hlala buthule ekamelweni lakho uzindle ngoNkulunkulu
Futhi uma uzizwa unokuthula emphefumulweni wakho

Gxila ngokujulile enkabeni yokuqwashisa ngokomoya
phambili

Okuyisikhungo sentando endaweni ephakathi
kwamashiya

Thumela uthando lwakho kulabo abathandekayo
abahambile

Cabanga nje kuleyo ndawo lapho umuntu ofisa
ukuxhumana naye khona

Futhi thumela emphefumulweni wakhe ukudlidliza
kothando, izifiso ezinhle, kanye nesikhuthazo

Uma wenza lokho njalo

Futhi awukalahlekelwa yisithakazelo kulowo muntu
othandekayo

Ngokuqinisekile uzothola ukudlidliza okuvela
emicabangweni yakho

Labo abahlukanisiwe nabathandekayo babo kulo mhlaba
ababakhohlwa

Njengoba nje abathandekayo babo bengabakhohlwa

Futhi ingqondo yabo ihlala injalo, igcina inkumbulo
yabathandekayo babo

Labo ababashiya kulo mhlaba

Futhi uma ufuna ukuthola impendulo kulabo
abathandekayo

Gxila enhliziyweni, futhi lapho ukugxila kwakho
kufinyelela ekujuleni okwanele

Bangase baqale bavele kuwe emaphusheni, futhi lokhu
kungenzeka kubo

Ngezinye izikhathi ungase ube nephupho elifanayo
ngokuphindaphindiwe

Akuwona wonke amaphupho angenamsebenzi

Uma imicabango yakho izolile futhi ivumelana

Uzokwazi ukuthi othile uzama ukuxhumana nawe

ngephupho

Ngokuthuthuka ngokomoya, abathandekayo bakho
bangase babonakale kuwe emibonweni ngesikhathi
sokuzindla
Uma umuntu efinyelela izinga eliphezulu lokuthuthuka
ngokomoya
Uzokwazi ukubona leyo miphefumulo ehambile phambi
kwakhe
Kunezibonelo eziningi zamacala anjalo
Kodwa intuthuko yangempela engokomoya kumele
yenzeke kuqala
Lowo ocabanga ngokujulile ngoNkulunkulu
UNkulunkulu uzombonisa zonke lezi zinto
Esikhundleni sokudabuka, ukukhala, nokuzizwa
ulahlekelwe ngemva kokufa kwabathandekayo
Kumelwe sibathumelele uthando abazoluzwa
Baphendula umuzwa ofanayo
Kodwa akumelwe sidonsele umoya wabangasekho kithi
Ngemizwa yethu engenangqondo
Ukuzihlanganisa nobugovu nokudabuka okujulile
Kwanele ukutshela lowo ohambayo ukuthi,
""Ngiyakuthanda
Thumela imicabango yothando kanye nezifiso ezinhle
kulabo abahlukene
Noma nini lapho ngizizwa sengathi ngifuna ukwenza
lokho
Kodwa okungenani kanye ngonyaka - ngosuku oluthile
lokugubha usuku
:Batshele, ngokwengqondo
UNkulunkulu uzosihlanganisa futhi
Sizoqhubeka nokukhulisa uthando lwethu nokuqinisa
izibopho zothando phakathi kwethu
Uma ubathumelela imicabango yakho enobungane
manje, qhubeka wenza kanjalo
Ngokuqinisekile uzohlangana nabo ngelinye ilanga,
uNkulunkulu ethanda

Uzoqaphela ukuthi lokhu kuphila kwasemhlabeni
akusikho konke okukhona
Kuyisixhumanisi esisodwa nje ochungechungeni
lobuhlobo bakho baphakade
Nabathandekayo bakho abashonile
Kwangathi uNkulunkulu angaba nesihawu kubo futhi
abathululele ngokukhanya Kwakhe nenjabulo Yakhe
Qaphela: Le ndlela ayihlangene nhlobo nemihlangano
yokubonisana, esingayincomi, yingakho lokhu kucaciswa
Ukuqeda ukukhathala
Qaphela: Lolu lwazi kanye neseluleko akulona indawo
yeseluleko sezokwelapha, yingakho lokhu kucaciswa
Ibhotela nobisi kufanele kufakwe ekudleni
Ubisi kufanele ludliwe ngokwehlukana nokudla
Kungcono ukungaphuzi kanye nokudla
Ubisi lunezakhiwo ezizuzisayo zokuhlanya isisu
Kodwa ubisi lubangela ukukhiqizwa kwe-mucus
Okungafanele labo abahlushwa izinkinga ze-sinus
Noma kusuka ekhaleni eligobhozayo kanye
nomkhuhlane
Lokhu kusebenza futhi kujusi wewolintshi
Kulabo abahlushwa yilezi zimo
Abaningi abahlushwa yiso bathole impumuzo - besabela
- esicelweni sami
Intuthuko enkulu ngokususa ujusi wewolintshi ekudleni
kwabo
(Ngesikhathi behlushwa yilesi simo)
Nakuba ijusi likalamula linezakhiwo ezinhle kakhulu
zokubulala amagciwane
Kodwa futhi kwenza i-sinusitis ibe yimbi kakhulu
Akukho okwanelisa kakhulu (okwanelisa indlala)
kunesinkwa esenziwe
Kwenziwe ngofulawa kakolweni ophelele osanda
kugaywa

Kodwa-ke, abantu abane-phlegm kufanele bagweme
ama-starch

Isinkwa sikakolweni esiphelele singadliwa ngemva
kokuba sesithosiwe kahle

Ukuqunjelwa kungenye imbangela yokukhathala, futhi
kuhlobene nokuqongelela ubuthi emzimbeni

Kuthinta ukukhishwa kwamandla ekudleni

Uma uhlushwa ukuqunjelwa, sebenzisa umuthi

wokuhlanza wemvelo uma kungenzeka

Uma ugcina umzimba wakho ungenazo izinto ezinobuthi

(imfucuza), ngeke uzizwe ukhathele

Ubuthi obuqongeleleka emzimbeni yibo obenza umuntu

azizwe ekhathele

Izidakamizwa nezidakamizwa nazo zibangela imizwa

yobuthakathaka

Isibonelo, i-opium iphuca abasebenzisi bayo isinyathelo

sabo

Abafuni ukwenza lutho ngaphandle kokukhuluma kabi,

ukulala, nokuphupha

Enye yezindlela eziphumelela kakhulu zokuqeda imizwa

yokukhathala

Kungukugcina amandla ocansi ngangokunokwenzeka

Ngoba ukwenza lokho ngokweqile kuwukuchitha

amandla okudala

Lokhu kubangela ukulahlekelwa okukhulu kwabo,

.kokubili emazingeni omzimba nangokwengqondo

:Umfundi wabuza umqondisi wakhe

Uyini incazelo yakho ngesimo esingokomoya nolwazi

?Iwakho ngaso, mnumzane

:Umhlahlandlela uphendule wathi

Isiqu esingokomoya ulwazi oluqondayo lwemibono

namandla angokomoya

Njengoba nje izidalwa zasolwandle zizizwa lapho

zicwiliswe emanzini

Futhi izinyoni zezulu zizungezwe isikhala

Kungukukhishwa kwamandla abalulekile ku-ether
yomphefumulo
Futhi umuzwa wenhlalakahle namandla ageleza
emzimbeni
Ivuselela amangqamuzana nge-elixir yokuphila futhi
iwavuselele ngokuphelele
:Wabe esebuza umfundi
?Futhi iyiphi indlela yokuthola leso sivivinyo
:Umhlahlandlela uphendule wathi
Ngokuziqinisekisa ukuthi ungumuntu ongokomoya
Futhi ukuthi into engokwenyama, naphezu kweqiniso
layo elihlobene
Nokho, kuyigobolondo langaphandle lengqikithi
yomphefumulo
Futhi amanzi okuphila, okungumthombo wenjabulo
Kugeleza ngemizwa yakho, kukwenze uzizwe ujabule,
unamandla, futhi uqaphile
:Umfundi uyaqhubeka, ethi
?Yiziphi izithiyo zokufinyelela kuleso simo
:Umhlahlandlela uyachaza
Lezo zithiyo zisemicabangweni ehlukeni kanye nemizwa
ebuhlungu
Futhi imiphumela emibi esebenza njengokhula
oluyingozi oluyizinambuzane
Mayelana nesitshalo somoya
Ngakho-ke, insimu yokuqonda kumele ihlanzwe futhi
ihlanzwe kukho konke ukungcola
Futhi ukusiphula ameva okungabaza emhlabathini
wawo, futhi awuvundise ngokholo oluphilayo
Ukulangazelela okujulile, ubumsulwa benhloso, kanye
nentando enhle
Kunezitshalo ezinobuthi ezingezona ezingokoqobo
okufanele zisuswe
Njengenzondo, ububi, umona, umona, ukwesaba,
neminye imizwa

Umbhubhisi, futhi otshala imbewu yothando,
ukwethembana, ukuqonda, ubukhosi kanye nokwethembeka
endaweni yakho

:Khona-ke umfundi uyabuza
Iyiphi indlela engcono kakhulu yokubhekana nezinkinga
?zokuphila

:Umhlahlandlela uphendula athi
Yonke ingidi inokhiye, futhi yonke inkinga inesixazululo
Futhi noma ngubani ohlakaniphile, ukuqonda, isibindi,
kanye nokubekezela

Ukuthembela osizweni lukaNkulunkulu kuzoholela
ekutholeni ikhambi lanoma iyiphi inkinga
Futhi ungakhohlwa ukuthi yonke inkinga enzima
obhekana nayo iwuvivinyo lwamandla akho
Futhi ukuze uphakamise imimoya yakho futhi njengoba
inkinga ngayinye inqotshwa, uthatha isinyathelo esiya
phambili

Esitebhisini sempilo, impumelelo enkulu ikulindele
Wabhekana nezimo ezinzima ngale ndlela
Uzothola ukuthi uthola ukuqonda, amandla, nenjabulo
Ngokunqoba izithiyo nokuqeda izigaba ezintsha
endleleni

Futhi yazi, sengathi uNkulunkulu angakwandisa ulwazi
lwakho, ukuthi konke okudingayo kungaphakathi kwakho
Uma ucela usizo lukaNkulunkulu ngokuthobeka
nangobuqotho, uzoluthola
Iminyango yobuhle kanye nengcebo yokukhanya
izovulelwa wena

Amagugu aseMpumalanga - Ukuzindla kanye
Nesiqondiso

Isiko Langaphakathi LaseMpumalanga-Ntshonalanga

Umthombo wokuthula nokukhanya

Uthisha wathi, ekhuluma ngomuzwa wokuba khona

:kukaNkulunkulu

Uma umuntu ephila ngokungazi uNkulunkulu

Ngaphandle kokuthinta ubukhona bakhe
Impilo yakhe izoba yingozi kakhulu
Futhi bathambekele ezinkingeni nasezinkingeni
ezingalungiseki
Kuze kube yilapho ubuhlungu buzala isifiso nokuzimisela
Ukuthola imfihlo yezimfihlo kanye nomthombo
wokuthula nokukhanya
Ngokuthola imfihlo enkulu kunazo zonke
Uyazi ukuthi kusho ukuthini inkululeko, injabulo,
nobuhle
Umuntu kumele ashintshe indlela agxile ngayo
empilweni yakhe kanye nesikhungo sokuqonda kwakhe
Kusukela ezintweni kuya emoyeni
Futhi kusukela "kumuntu" kanye nemikhawulo yakhe
Kuye ngobukhulu obungenamkhawulo bemizwa
Uzoqaphela-ke ukuthi wayekhona futhi usekhona
Ekwamukeleni okufudumele, kothando kwaphakade
Udinga futhi ukusebenza ekusheshiseni ukuqonda
Ngokuhlola ngokujulile umcabango
Futhi phinda kabili umzamo
Futhi lapho ubukhona bukaNkulunkulu buthinta
Uzonqoba zonke izithiyo nezithiyo
Okumvimbela indlela futhi kumvimbele ekuthuthukeni
Ngeke kube khona muntu ngemva kokufa
Useduze noNkulunkulu kunamanje
Izinga lokuqaphela kwakhe lokhu ngemva kokufa
Kuya ngokuthi useyazi kangakanani ngakho manje
!Asikho isidingo sokuhlehlisa noma sokuhlehlisa
Ukucabanga ngoNkulunkulu kungumthombo wayo
yonke injabulo, uthando, nobuhle
Kusiletha ekuxhumaneni ngqo nalezo zinto ezibusisiwe
Futhi usithululela izibusiso zoMuntu Onomusa Kakhulu
Kumelwe sifake isici esingokomoya emsebenzini wethu
Futhi ukwenza umsebenzi ohlinzeka ngenkonzo engcono
kakhulu kwabanye

Umuntu okwenzela umgomo wakhe ukukhonza
kunikuba enze imali
Uzothola ukuthi impilo yakhe yonke isishintshe yaba
ngcono
Ngeke ashiywe yedwa, kodwa usizo luzovela lapho
engalindele khona
Iningi labantu alikwazi ukufeza ibhalansi edingekayo
Phakathi kwempilo yabo engokoqobo nengokomoya
Umuntu ongokomoya udinga imali
Umuntu wezwe akanakuphila ngenjabulo ngaphandle
kukaNkulunkulu
Umuntu okholelwa ezintweni zemimoya uyasebenza,
:futhi izenzo zakhe zikhuluma lukhulu
UNkulunkulu unginika amandla futhi unginika"
"ukuzimisela
Uyaqina futhi uNkulunkulu uyayibusisa imizamo yakhe
:Umuntu wezwe naye uyasebenza, kodwa uthi
Nginguye owenza konke lokhu ngedwa, futhi akekho"
"ongidumisayo
Lokhu kuletha imiphumela engalindelekile kuye
Itholakala eMahadhir
Yonke imisebenzi esebenzayo
Kungakhathaliseki ukuthi kungokwezinjongo zezinto
ezibonakalayo noma ezingokomoya
Kumelwe kusekelwe ezimisweni ezinengqondo
Kungaphansi kokulawulwa unembeza kanye
nokulinganisela kokucabanga
Ukulinganisela kuyadingeka kukho konke esikwenzayo
Ngoba ukungabikho kwayo kusho usizi, ubuhlungu
benhliziyo, kanye nobuhlungu bekhandla
Uma othile emema iqembu labantu abampofu
Ngaphandle kwemali eyanele yokuthenga izinto
ezidingekayo edilini
Lokhu kusho ukuntuleka kobandlululo
Nokungakwazi ukuhlela kahle

Kumelwe siqonde uhlobo lohlelo olujwayelekile
olulawula izenzo zethu
Akulungile ukusebenzisa kabi ingokomoya ukuze
uthuthukise izithakazelo zomuntu siqu
Nakuba kunconywa ukusebenzisa izindlela zesayensi
Ukusabalalisa nokukhuthaza izimfundiso ezingokomoya
ezinengqondo
Kukhona umthetho wendawo yonke wokufeza injabulo
Lo mthetho uhlala njalo futhi awushintshi
Ihlala isebenza futhi iletha imiphumela eqinisekisiwe
nokulandela noma ukugcina lowo mthetho
Kusho ukuthini ngempela ukuba nenjabulo
Encazelweni yakhe yenjabulo, uMfundisi uParamahansa
:wathi
Injabulo yangempela isekelwe kakhulu esimweni
sengqondo somuntu
Ukwaneliseka, ukwaneliseka, ukuthula, nokuthula
kuyizimpawu zenjabulo
Umuntu kufanele alwele ukuba nempilo enhle
Ingqondo esebenzayo
kanye nezidingo zokuphila
Umsebenzi ofanele
Futhi ukwahlulela okuqaphelayo
Nokuqonda okulungile
Akufanele azivumele
Ngokuvumela indawo noma izimo ezingafanele
Abantu bavame ukuluka ama-cocoon ababophayo
Futhi uyakuthanda ngezintambo ezimbophayo
Kumelwe aqonde izizathu zaleyo mikhawulo
Mhlawumbe kuzoqeda ukutheleleka okuhamba kancane
Kusukela engqondweni yakhe nasemzimbeni wakhe
Lokhu kuzoletha ukuvuselelwa kwengqondo
Kuvula indlela yenjabulo kanye nokuvela kokuqwashisa
ngokomoya ekugcineni kwempilo yakhe
Futhi ukuvusa amandla angaphakathi kuye

Ukuqwashisa kumele kuphakanyiswe ekujuleni
kokungazi
Kuze kube sekuqondeni nasekuqondeni okuphezulu
Naphezu kokukholelwa komuntu emandleni akhe
engqondo

Kodwa indawo embi inomphumela osobala
Uyakwazi ukwehlisa amandla akhe okuzivikela
Futhi ukumncisha injabulo ayifunayo
Ngakho-ke, kumele enze yonke imizamo
Ukudala indawo enemphilo nefanelekile yenjabulo
Futhi ukufuna injabulo engokomoya ehlala njalo
Esikhundleni sezinjabulo zesikhashana zenyama
Uma efisa ukulahla umkhuba omubi omphuca injabulo
yakhe

Kumelwe agweme konke okungase kumenze
Ukuxwayisa noma ukuvusa lowo mkhuba
Ngemuva kwalokho uhlakulela umkhuba omuhle
esikhundleni sawo

Uzibophezela ngomzamo omkhulu wengqondo
Kuze kube yingxenye ebalulekile yempilo yakhe

Uma isizinzile futhi isiqine
Umkhuba omubi uzobuthakathaka
Futhi ukhulula ukubamba kwakhe
Uzozizwa ejabule angakaze ayazi ngaphambili
Ukukhanya nokuqiniseka

Izimfundiso ze-Master Paramhansa Yogananda
Ukuphila ngokomongo wako, izingxenye zakhona,
kanye nemigomo yakho

Kuyiphazili enzima ukuyiqonda, kodwa
akunakwenzeka ukuyixazulula

Ngokucabanga kwethu okuqhubekayo, sixazulula
ezinye zezimfihlakalo zayo nsuku zonke

Amadivayisi asekelwe ezimisweni zesayensi
eziqondile kulesi sikhathi

Impela kuyakhuthaza ukunconywa

**Izinto ezitholwe yisayensi zisinika umbono ocacile
Mayelana nezindlela zokuthuthukisa izimo
zokuphila**

**Kodwa naphezu kwayo yonke imishini, izinto
ezintsha, namasu esinawo**

**Kubonakala sengathi sisafana nonodoli ezandleni
zekusasa**

**Futhi ukuthi indlela engaphambili iseyinde
Ngaphambi kokuba sikhululwe ekulawulweni
kwemvelo**

**Ukuphila ngomusa wemvelo ngokuqinisekile
akuyona inkululeko**

**Izingqondo zethu ezishisekayo zigcwele futhi
ziboshwe umuzwa wokungabi namandla**

**Uma sizizwa njengezisulu zezikhukhula,
iziphepho, noma ukuzamazama komhlaba**

**Noma lapho izenzakalo zisiphuca - ngaphandle
kwesizathu esinengqondo**

**Abathandekayo bethu abaseduze nezinhliziyi
zethu**

**Bese siqaphela ukuthi asikakafinyeleli ukunqoba
okuningi**

Asikwazanga ukunqoba izimo ezimbi

**Naphezu kwayo yonke imizamo yethu yokwenza
ukuphila kube ngendlela esifuna kube ngayo**

**Izimo ezithile zizohlala zivela kulesi sigaba
sasemhlabeni**

**Nemicimbi eqondiswa ingqondo enamandla
esingazi lutho ngayo**

**Isebenza ngokuzimela ngokuphelele
ngokwemibono yethu kanye nentando yethu**

**Into engcono kakhulu esingayenza ukusebenza
nokwenza intuthuko ethile**

Sitshala ukolweni futhi senze ufulawa

Kodwa ubani owadala imbewu yokuqala?

**Sidla isinkwa noma ilayisi elenziwe ngofulawa
Kodwa ubani onike imizimba yethu ikhono
lokugaya ukudla?**

**Futhi ungaguqula kanjani ukudla kube ukudla
okunomsoco?**

**Kuzo zonke izingxenye zokuphila
Kubonakala sengathi kukhona isandla saphezulu
esibalulekile**

**Asikwazi ukuphatha izindaba zethu ngaphandle
kwayo**

**Ngazo zonke iziqiniseko esinazo
Asazi ukuthi inhliziyo izoyeka nini ukusebenza
Ngakho-ke isidingo sokuthembela ngesibindi
Ngamandla aphezulu aphezulu
Futhi sithembele kokwethu okuphezulu
Kuvela kulawo mandla aphelele
Esilingiselwa sona
Kumelwe sibe nokholo olungenakho ukuqhosha
Futhi ukuhamba ngokuzethemba ezindleleni
zokuphila**

**Ngaphandle kokwethuka noma ukuthuthumela
Ngaphandle kokuqina nokuvalelwa
Ukubhekana nokungezwani komzimba
Ukungoba ukuzwela kuyikhono elibucayi, futhi
ukulawula ukushesha komuntu ukusabela
kubalulekile ekwakheni ubuntu obulinganiselayo
nobuphelele**

**Ukuzwela kuvela ekungaqondini kahle,
ukungaziboni njengento eyinkimbinkimbi, ukuqhosha
okukhulu, kanye nokuzikhukhumeza ngokweqile**

**Uma umuntu ecabanga ukuthi imizwa yakhe
ilimele, lowo mcabango uyagxila engqondweni yakhe,
uvuse imizwa yakhe, bese iba nzima futhi intukuthelo
ivukele enhliziyweni yakhe ngenxa yemizwa elimele.
Kodwa-ke, abanye abantu banekhono lokulawula**

**imizwa yabo, ngakho izimpawu zabo zangaphandle
azibonakali naphezu kolaka olukhulu olungaphakathi
kubo. Abanye baveza intukuthelo yabo
ngokuphendula okusheshayo, okubonakala
emisipheni yamehlo abo kanye nobuso babo, kanye
nangezimpendulo ezibukhali, eziqondile.**

**Imizwa ejulile inemiphumela emibi kakhulu; yenza
isimo sibe nzima futhi idale ukungazinzi
okungathandeki okuthinta kabi abanye**

**Kumelwe kwenziwe imizamo yokuzithiba
nokuzola, kukhuthazwe isimo sokuqondana
nokuzwana esikhuthaza ukuthula esikhundleni
sokucindezeleka futhi sixoshe intuthu
yokucindezeleka Labo abenza kanjalo bazoba
ngabaphathi bekusasa labo futhi bayovuzwa
ngokwazisa nenhlonipho yilabo ababazungezile.**

**Ukuzwela ngokweqile kuyisici esihlanganyelwa
abantu abaningi, futhi lapho lo muzwa
ongenangqondo uvutha, uphuphuthekisa ukuqonda
futhi ufiphaze amehlo okuhlakanipha. Okubi
nakakhulu, umuntu ozwela ngokweqile ukholelwa
ukuthi ucabanga, uzizwa, futhi wenza kahle, kanti
empeleni ukuziphatha kwakhe kungase kube
okungalungile ngokuphelele!**

**Abantu abaningi bakholelwa ukuthi kufanele
bazidabukele lapho begxekwa, nokuthi ukuzidabukela
kubanikeza impumuzo ethile. Kodwa njengabalutha
bezidakamizwa, lapho beqhubeka bethatha
izidakamizwa, kulapho umlutha wabo uba namandla
khona.**

**Umuntu ozwelayo uvame ukuhlupheka
ngokungadingekile Ngokuvamile, akekho owaziyo
imbangela yokuhlupheka kwakhe noma uhlobo
lwesikhalazo sakhe, okuholela ekuhluphekeni
okukhulu ekuzihlukaniseni kwakhe Akukho**

**okungafezwa ngokuhlala buthule kulokho akubona
njengokuhlambalaza noma ukugxekwa**

**Kungcono ukuqeda izimbangela zokucindezeleka
okunjalo ngokuhlaziya okuqondile nangokusebenzisa
ukuzithiba.**

**Lolu hlobo lokungezwani komzimba
okungenampilo lunemiphumela emibi kakhulu; ludla
inhliziyi njengomlilo futhi lubhubhisa izicubu
zokuthula. Ngakho-ke, kumele kubhekanwe nalo
ngokuhlakanipha, ngokunengqondo, nangentando
eqinile.**

Inkululeko ebuthakathakeni

Indlela engcono kakhulu yokususa ubuthakathaka

Akukucabangi ngakho

**Ngaphandle kwalokho, umqondo wobuthakathaka
uzodlula ekuqondeni futhi ulawule amandla
omphefumulo.**

Uma siletha ukukhanya ngaphakathi kithi

**Ubumnyama buzonyamalala sengathi abukaze
bube khona**

Lowo mbono ungilethela ugqozi oluhle kakhulu

Uma kungeniswa ukukhanya

**Emhumeni ohlala ubumnyama iminyaka
eyizinkulungwane**

Ubumnyama buzonyamalala ngokushesha

**Ngokufanayo, ubuthakathaka buyanyamalala,
futhi kanye nabo, amaphutha**

**Uma sivumela ukukhanya kukaNkulunkulu ukuthi
kungene ekuqondeni kwethu**

**Ubumnyama bokungazi ngeke buhlale
Leyo yifilosofi okufanele siphile ngayo
Ukuhlehlisa izinto akusizi ngalutho
Isondo lempilo alipheli
Futhi izinsuku zokuphila zidlula ngokushesha
Njalo ngomzuzu esiwuchitha sicabanga kahle futhi
senza ngokuhlakanipha
Kuwukutshalwa kwezimali okuphumelelayo
nokunenzuzo emkhakheni wenjabulo yethu
Abaningi bachitha impilo yabo yonke
Ukucabanga ngemali, ubulili, nodumo
Abavamile ukugxila ezintweni ezibalulekile
Okubaletshela ukuthula kwengqondo
Futhi baphakamise ukuqwashisa kwabo
emazingeni aphezulu
Kungakhathaliseki ukuthi indima yomuntu iphansi
kangakanani
Ubhekwa njengophumelele emehlweni
kaNkulunkulu
Ukube wayazi ukuthi angasisebenzisa kanjani
isikhathi sakhe ngokuhlakanipha
Uqondisa imicabango yakhe ezindleleni ezifanele
Lapho ukukhanya kukaNkulunkulu kukhanya
kumuntu
Akazizwa sengathi udinga lutho**

Ngenxa yenjabulo emqobayo
Ufeza wonke amaphupho akhe
Futhi kumenza azizwe ejulile
Ungocebile kunabo bonke abacebile futhi ujabule
kunabo bonke abajabule
Kule mpilo
Umhubhe Wokukhanya
Lowo ovusa ingqondo engokomoya
Ngemibono ekhanyiselwe
Imisebenzi yokusiza abantu abaswele
Imizwa emihle
Ukuzindla okujulile
Uyakwazi ukukuzwa uphuma emzimbeni
Isikhathi sokuhamba kokugcina
Ngeso elingokomoya
I-yogi iyajwayela ngesikhathi sokuhlala kwayo
emhlabeni
Umbono We-Spiritual Eye Tunnel
Emgqeni wokuhlukanisa
Phakathi kwezinto kanye nomoya
Angashiya uMhlaba ngaleso sikhathi
Ukungena kulo mhubhe okhanyayo
Futhi ukuguquka kusuka kuleli zwe

Esikhaleni sikaNkulunkulu esingenamkhawulo

Lapho ukukhanya

Futhi injabulo

Ukuthula

inkululeko ephelele

Isibani somzimba yiso (elingokomoya)

Uma iso lakho lilodwa

**Khona-ke umzimba wakho wonke uzogcwala
ukukhanya**

**{ Ukukhanya kukhanya ebumnyameni, kepha
ubumnyama abukwazanga }**

ububele

Ukuzinikela kuwukuzwa usizi lwabanye abantu

Nokusondela kubo nokuxhumana nabo

Sizama ngobuqotho ukubaduduza

ngokulahlekelwa kwabo

Futhi ukuthi sijabule enjabulweni yabo

Sisebenza ngokusemandleni ethu onke

**Ukususa ukwesaba, isidingo, nokukhathazeka
kubo**

Labo abasebenzela ukujabulisa abanye

Kwangathi uNkulunkulu angamnika umuzwa

wangaphakathi wenduduzo yengqondo

**Futhi uma elahlekelwa okuthile ekufuneni labo
azama ukubasiza**

**Akakubheki njengokulahlekelwa ngoba uthola
okuthile ngokubuyisela**

Injabulo kaNkulunkulu nokuthula kwengqondo

Uphilela ukuthanda, ukusebenza, nokupha

**Uhlwanyela imbewu yobuhle nokuthula emasimini
esintu**

**Imicabango nemizwa yakhe idlula umhlaba wakhe
siqu**

**Ukuqonda kwakhe kuyanda futhi uzwela lwakhe
luyanda**

**Unomuzwa wokuthi umhlaba uyikhaya lakhe futhi
isintu singumndeni wakhe**

**Uyaqonda ukuthi injongo yokuba khona kwakhe
kulo mhlaba**

**Kumelwe aziguqule ngaphambi kokuzama
ukuguqula abanye**

**Ngoba labo abazithuthukisayo basiza abanye
Ukuze baziguqule ngesibonelo sempilo yakhe
Izenzo zinomthelela ojulile kanye nomphumela
ojulile kakhulu**

**Engqondweni zabanye, kusukela emazwini
Ubani onomoya wokusiza abanye?
Ayisebenzi ngokwezibalo ezilinganiselwe kanye
nokulindela**

**Kunalokho, usebenzisa ukuqonda kwakhe
nokwahlulela okunengqondo**

**Uyaqhubeka nokuzisiza yena nabanye
Ngibonga uNkulunkulu ngempumelelo ayitholile
Futhi uma ehluleka kanye noma kaningana
Akazizwa edangele, kodwa kunalokho uzimisele
kakhulu**

**Uphinda kabili imizamo yakhe bese ezama futhi
Ukuhlola imibono emisha kanye neziteshi
Kuqondiswa ukukhanya kwesizathu
Ngosizo lukaNkulunkulu
Kuze kube yilapho efinyelela umgomo wakhe
Ufeza umgomo wakhe omuhle
Ukukhanya KwaseMpumalanga-Ntshonalanga**

**Kusukela ezimfundisweni zomhlakaniphi
uParamhansa Yogananda
Ukulungiselela kanye
Umcabango ungamandla, njengogesi
izimo zengqondo
Kubuyela emuva ekucabangeni nasendleleni
yokucabanga
Ugesi uwusizo futhi uyingozi
Ngakho-ke ubani owaziyo ukuthi angabhekana
kanjani nakho?
Uyibeka enkonzweni yakhe
Ngaphandle kwalokho, kungase kumbulale
ngogesi
Futhi wacabanga kanjalo
Uma kuqondiswa ezindleleni ezifanele
Kuletha injabulo kumnikazi wayo
Ngaphandle kwalokho, kuzomlethela inkinga
Umcabango ufana nehhashi lasendle
Noma kunjalo, ukuyilawula akunakwenzeka
Ukucabanga okuhle kuyindlela eyodwa
yokulawula imicabango yakho
Ukucabanga okunengqondo kungumngane
oseduze
Futhi ingqondo egulayo iyisitha esihlala njalo
Ukucabanga okuhluzekile kudonsela ukuthula
nokulondeka
Futhi ingqondo egulayo ikhipha imicibisholo
ebulalayo
Ibuyela emuva kumnikazi wayo kabili
Ngakho-ke isisho sithi, umvuzo ufana nesenzo
Uma nje umuntu ethumela izinhloso ezinhle
Imibono yakhe izophenduka izibani
Khanyisa amakamelo omphefumulo
Futhi uxoshe izinqwaba zobumnyama
Ube esezwa umuzwa ojulile wokukhululeka**

**Amehlo akhe akhanya ngokumamatheka
kokwaneliseka!**

**Impilo ifana nesigayo esigayayo
Amaphilisi okuhlola kanye nokuhlolwa
okunezithelo**

**Ukwenza isinkwa ngayo
Kufana nomgwaqo ogobile
Ezinhlangothini zalo kunezimbali eziluhlaza
izimvemvane ezikhanyayo
Nezihlahla ezinezithelo ezimnandi emagatsheni
azo**

**Nokho, asivamile ukuyeka
Ake sijabulele umbono wayo futhi sinambithe
ubumnandi bayo**

**Eqinisweni, sivame ukuba nezikhonkwane
nezinaliti**

**Ukufinyelela ezindaweni ezibanzi
Sicabanga ukuthi inemibono emihle kakhulu
kunalokho esikubonile**

**Kodwa njengoba sihamba kancane kancane
Mayelana nezindlela ezinezimbali nezithelayo
Sithola imithi lapho kukhona ubumnyama khona
Ngaphezu nje kokusha
Ngemuva kwalokho izimbali ziyanyamalala
Futhi kanye nayo, izimvemvane nezithelo
Sizithola sisehlane elingenalutho
Ukuphila komuntu kufana namanzi olwandle
Okuhlanzwa futhi kube mnandi
Kuphela uma ukhuphukela emkhathini
ongaphezulu**

**Kufana nephupho lasekuseni
Kuya ngokuya kugqama njengoba iminyaka ikhula
Isizathu ukuthi izinto zibonakala zicacile futhi
zicacile**

**Kufana nohambo lapho indawo ishintsha khona
njengoba amabanga ehlanganiswa**

**Bese kuthi indawo efanayo ishintshe njengoba
sisondelela kuyo, njalo njalo**

**Impilo ayibadumazi abahlakaniphileyo
Ngoba bakuphatha ngobuchule futhi
bayakujabulela**

**Ngaphandle kokuyivumela ukuthi ibalawule futhi
ibaphuce inkululeko yabo**

**Isibonelo, bayawajabulela amanzi
Bayayiphuza futhi bageze kuyo, kodwa
abazivumeli ukuthi bacwile kuyo**

**Bayakujabulela izingubo abazithandayo
Ngaphandle kokunamathela ngokweqile
emithethweni nasemisebenzini ethathwa
njengengabalulekile**

**Bayakujabulela ukudla ngaphandle kokuvumela
ukuminza ukuba kubaqede**

**Ngoba ukudla ngokweqile kunciphisa amandla
Futhi kuyayiqeda imibono
Futhi uzoyibhubhisa ngokuphelele
Ngakho-ke, umuntu kufanele ajabulele impilo
Kodwa ngaphandle kokuqeda amandla izinzwa
ngokucwiliswa**

**ukuzwana nabanye
Isivumelwano sabo asisho konke
Noma ukudela imibono emihle ngenxa yayo
Ngoba le ndlela yokuvumelana ayifiseleki
Akuhambelani neqiniso
Abaguquli kanye namadoda amakhulu abazange
bavumelane**

**Njengoba benabantu abaningi ababazungezile
Kodwa-ke, bagcina umbono wabo ofanele
Ngoba baqaphela ukuthi lokho ababekwenza
Bekulungile impela lokho**

**Isimiso akufanele sibekwe eceleni
Futhi hhayi ukusebenzisa izisusa ezicashile ukuze
kufezwe umgomo othile**

**Ngoba lokho akufanele abantu abanezimiso
Ubani ongaphila ngendlela ejabulisa uNkulunkulu?
Ungalimazi abanye, ngoba abanakho okufanele
bakwesabe**

**Okokuqala nokubaluleke kakhulu, umuntu kumele
abe nokuvumelana noNkulunkulu**

**Bese kuba nonembeza, bese kuba nabantu
Kodwa uma le ndlela ingabanelisi abanye
Kwanele ngomuntu ukuba nokuthula ngaphakathi
kuye**

**Uzizwa enokuthula kwangaphakathi okumenza
azimele ngaphandle kokwamukelwa ngabantu
amandla kazibuthe angokomoya**

**Amandla omphefumulo kanye nesifiso sawo
sokuphendukela kuNkulunkulu kubizwa ngokuthi i-
spiritual magnetism, futhi ngalobu magnetism
umphefumulo uzidonsela izibusiso, ukudlidliza
okumangalisayo, kanye nakho konke okuhle
kwabantu okuwukhumbuza ngobuhle nokulunga.**

**Amandla okuzidonsela ngokomoya amandla
umuntu adonsela futhi alethe ngawo abangane
abahle, izinto ezidingekayo nezibalulekile, kanye
nolwazi olunembile lwezinto**

**La mandla atholakala emandleni kaNkulunkulu
anamandla kazibuthe, akhangayo**

**Ikhandlela Lokuthula
Thatha imbiza yengqondo
Gcwalisa ngokuthula kwakho
Thatha ibhodlela lemizwa yami
Yigcwalise ngesihe sakho
Thatha ibhasikidi lami lomphefumulo
elingenalutho**

**Yigcwalise ngezithelo zokuhlakanipha kwakho
Thela amanzi othando lwakho emphefumulweni
wami**

**Ngizokuthululela ezinkomishini zomphefumulo
owomileyo**

**Diliza izindonga zobugovu
Ngicwilise ebukhoneni bakho bonke
Umsebe wokusa kothando
Makabuke esuka ekuvulekeni kwenhliziyo yami
Kungikhumbuza ukukhanya kwelanga kothando
lwakho**

**Ukusabalala esibhakabhakeni sempilo yami
Ukukhanya okukhazimulayo kothando lwakho
kukhanyisile**

**Phezu kwami, futhi kwakhanyiselwa
Ukukhanya kwakho kugcwalise isikhala sami
esingokomoya**

**Ungukuphila okusekela umzimba wami
Futhi ingqondo ephefumulela imicabango yami
Nokuhlakanipha okususa ukungazi kwami
Ngikhanyisa ikhandlela elincane lothando lwami
Ukufunda incwadi yegolide
Kugcinwe ngaphakathi kimi kusukela ezikhathini
zasendulo**

**Uthando lwakho lwalukhona futhi lusekhona
Ikhandlela elingabonakali lokuthula
Okuxosha ubumnyama futhi kungibonise**

imiyalezo yakho

Ibhulogi isemakhasini ezinhliziyi

Umhlaba Omusha: #Paramhansa Yogananda

Ukuhumusha: Mahmoud Abbas Masoud

**Uma uhlola izinkolelo zakho ezingokomoya,
umhlaba omusha uyavuleka Ukuzikhandla
kubalulekile ekwazini uNkulunkulu Ungase uzizwe**

unokholo olujulile, futhi ingqondo yakho ingase yaneliseke ngalokho Kodwa ngaphandle kokuthi wena uqobo lwakho uqiniseka ukuthi imithandazo yakho iyaphendulwa ngokuqondile, akukho nqubo yenkolo engakusindisa Nakuba ukuthola impendulo kaNkulunkulu kungaba nzima, kungenzeka Ukuqinisekisa ukuthi ufinyelela ngempela eZulwini, kumelwe uvivinye amandla emithandazo yakho ukuze ukwazi ukuyenza isebenze Ngisengumfana, nganquma ukuthi imithandazo yami izophendulwa noma nini lapho ngiphendukela kuNkulunkulu ngokunxusa Leso sinqumo esingaguquki yindlela Khona-ke zonke izilingo zizofika zizokwenza buthaka ukuzimisela kwakho futhi zikhubaze intando yakho, kodwa amandla kaNkulunkulu okuphendula angenamkhawulo Umzamo oqhubekayo kanye nokusetshenziswa okuqhubekayo kwamandla okuzimisela kuzoletha impendulo kaNkulunkulu

Kubalulekile ukufunda indlela efanele yokugxilisa ingqondo Kubalulekile nokuba nesikhathi esanele sokuba wedwa nokuzindla ngasese Ukuxhumana njalo nabanye kuvimbela ukukhula ngokomoya Abantu abaningi banjengeziponji; bamunca konke kuwe, futhi awutholi lutho ngembuyiselo Yiqiniso, kuyazuzisa ukuba nabanye abaqotho nabanamandla ngokomoya Uma umuntu ngamunye eqaphela amandla, ubuqotho, kanye nentando yomunye, izimfanelo ezinhle ezingokomoya zingabelwana ngazo phakathi kwabo

Akufanele kuchithwe isikhathi ezintweni ezingabalulekile Abantu abaningi bazixakekisa ngezinto ezingakhiqizi lutho, futhi uma ubuza omunye wabo ukuthi wenzani, uzophendula athi, "Bengimatasa ngaso sonke isikhathi!" Kodwa abakwazi ukukhumbula lutho ngalowo "msebenzi"!

Ngaphezu kwalokho, ukuzilibazisa ngokweqile nokuzijabulisa kwenza ingqondo ibe buthaka. Uma ubuka ama-movie nsuku zonke, azolahlekelwa ukukhanga kwawo futhi uzoba nesithukuthezi. Ama-movie afana, anezindima ezahlukene: abathandi, izigigaba, amaqhawe, ababi, njll. Singase sikujabulele ukubuka indaba ye-movie, kodwa impilo ayivamile ukuba njalo. Ngakolunye uhlangothi, ukube impilo ibingokoqobo kakhulu, ubani obengafuna ukubona izenzakalo zempilo eziningi njengoba zinjalo lapho beya kophumula?

Ukuphila kuyakhohlisa kakhulu, futhi kumelwe sikusondele kanjalo Uma singakunqobi ukukhohlisa kwakho kanye nokukhohlisa kwakho kuqala, ngeke sikwazi ukusiza omunye umuntu Ebumnyameni bengqondo egxile kukhona ifektri yazo zonke izimpumelelo ezinkulu Khumbula lokhu Kule fektri emangalisayo, qhubeka uluka amaphethini entando yakho ukuze unqobe zonke izithiyo eziphikisanayo Qeqesha futhi uthuthukise intando yakho njalo Unamathuba amaningi okusebenza kule fektri imini nobusuku, uma nje ungachithi isikhathi sakho namandla akho

Ebusuku, ngiyazihoxisa ezidingweni zomhlaba zokuba ngedwa nami, ngikude kakhulu nezwe, ngingedwa ngokomoya ngentando yami Lapho, ngiqondisa imicabango yami endleleni engiyifisayo futhi ngenze izinqumo ngaphakathi kimi. Bese, nginxusa intando yami ukuba ihlanganyele emisebenzini enengqondo nezuzisayo engilethela impumelelo. Ngale ndlela, ngisebenzise intando yami ngempumelelo izikhathi eziningi. Kodwa lokhu kufezwa kuphela ngokusebenzisa intando njalo.

Yeka umuzwa omuhle okuyoba yiwo ukukwazi ukusho nokuqinisekisa, "Intando yami, egcwele intando yendawo yonke, izofeza engikufisayo!" Uma uzizwa ukhululekile futhi ubeka konke entandweni yaphezulu ngaphandle kokusebenzisa intando yakho, oyinikwe nguNkulunkulu, ngeke uthole umphumela owufunayo Amandla angcwele afisa ukukusiza ngokuzithandela kwawo. Asikho isidingo sokunxusa noma sokuncenga; kunalokho, kumelwe usebenzise intando yakho ukucela nokufuna—njengendlalifa efanele—nokwenza ngokufanele. Kufanele ususe engqondweni yakho umcabango wokuthi uNkulunkulu, ngamandla Akhe nangamandla akhe angaphezu kwawemvelo, ukude futhi ucashile ezindaweni ezikude zezulu, nokuthi uwedwa phakathi kwezinkathazo nobunzima balo mhlaba. Khumbula ukuthi intando yaphezulu ingemuva kwentando yakho yomuntu, kodwa lawo mandla amakhulu, njengolwandle olungenamkhawulo, ngeke eze kuwe ngaphandle kokuba ingqondo yakho ivulekile futhi inhliziyo yakho iyamukela.

Uvalo: izimbangela zalo kanye nokwelashwa kwalo

Uvalo luyisifo esinganqotshwa ngekhambi elithile elibizwa ngokuthi ukuthula. Ukungalingani engqondweni yethu okuholela ezinkingeni zemizwa kubangelwa izimo zokuvuka okuqhubekayo noma ukukhuthazwa ngokweqile kwezinzwa. Ukuzicwilisa ezinkingeni, ekwesabeni, entukuthelweni, emizweni yokudabuka, ekuzisoleni, emoneni, osizini, enzondweni, enzondweni, enzondweni, enkathazweni, kanye nokuntuleka kwezidingo zokuphila okuvamile nokujabulisayo—njengokudla okunempilo, ukuvivinya umzimba okufanele, umoya omusha, ukukhanya

kwelanga, umsebenzi ofanele, kanye nenjongo ecacile empilweni—konke kuyizinto ezibangela izinkinga zemizwa.

Noma yikuphi ukukhuthazwa kwengqondo, ngokomzwelo, noma ngokomzimba okunamandla noma okuqhubekayo kubangela ukucindezeleka okukhulu futhi kuphazamise ukugeleza okulinganiselayo kwamandla okuphila ngezinzwa ezinhlanu kanye nekhono lazo. Uma uxhuma isibani sokukhanya esingu-50-watt emthonjeni wamandla angu-2,000-volt, isibani sizosha. Ngokufanayo, isimiso sezinzwa sasingaklanyelwe ukumelana namandla abhubhisayo emizwelweni enamandla noma imicabango nemizwa emibi eqhubekayo.

Uvalo aluyona inkinga elula Luyisitha esinamandla, esinezinkinga ezinkulu nemiphumela efinyelela kude. Ngokomzimba, kunzima ukwelapha noma yisiphi isifo esibhebhethekiswa uvalo. Ngokomoya, ukungalingani kwamandla abalulekile emzimbeni kwenza ukugxila noma ukuzindla okujulile ukuze uthole ukuthula nokuhlakanipha kube nzima kakhulu.

Ngenhlanhla, uvalo lungelapheka Umuntu ohlushwa yilesi simo kumele alungele ukuhlaziya isimo sakhe futhi aqede imizwa ebhubhisayo nemicabango emibi emudla kancane kancane Ukuzihlola izinkinga zakho nokugcina ukuthula ngaphansi kwazo zonke izimo kungelapha iningi lamacala ovalo

Uma siqaphela ukuthi amakhono esiwadingayo—kungakhathaliseki ukuthi ukucabanga, ukukhuluma, ukuzwa, noma ukwenza—wonke avela kuNkulunkulu, nokuthi uhlala enathi , esiphefumulela futhi esiqondisa, sithola inkululeko ngokushesha ekucindezelekeni kwengqondo. Ngalesi siqaphelo

kufika ukukhanya kwenjabulo engcwele, futhi ngezinye izikhathi ukukhanyiselwa okujulile kugcwala ubuthi bethu, kususe ngokushesha imicabango yokwesaba.

Amandla kaNkulunkulu afana nolwandle, olukhukhulekayo nolukhukhulekayo, oludabula inhliziyo ngenqubo yokuhlansa, lususa zonke izithiyo ezikhohlisayo zokungabaza, ukwesaba, nokwesaba

Abantu bavame ukukholelwa ukuthi bamane nje bayimizimba yenyama, kodwa lokhu kuyinkohliso enganqotshwa ngokuxhumana nobuntu babo obungokomoya ngokuzindla. Khona-ke, bazoqaphela ukuthi umzimba awulutho ngaphandle kwebhamuza lomsebenzi ontanta olwandle olukhulu lwendawo yonke.

Umuntu ohlushwa ukukhathazeka kumele aqonde isimo sakhe futhi ahlaziye amaphutha okuqonda aqhubekayo abangela ukuntuleka kwakhe kokuzwana nokuhambisana nokuphila okumzungezile. Lapho umuntu okhathazekile evuma, ngisho kanye nje, ukuthi ukugula kwakhe akuyona imfihlakalo kodwa kunalokho kuwumphumela onengqondo wemikhuba yakhe, usevele ethole ingxenye yokwelapha!

Injabulo iphazamisa ibhalansi yesimiso sezinzwa ngokuthumela amandla amaningi engxenyeni eyodwa yomzimba bese iphuca ezinye izingxenye isabelo sazo esivamile.

Lokhu kungalingani ekusatshalalisweni kwamandla ezinzwa kuyimbangela nesizathu sokwethuka. Umuntu ozolile ugwema injabulo ngoba uyazi ukuthi uNkulunkulu ulawula futhi uqondisa impilo nezinto zayo, futhi azi ukuthi (ukwesaba kuyayiqeda imizwa), uzama ukuhlala ekhululekile ngokwengqondo, ngaleyo ndlela akwazi ukubhekana

nezimo zempilo ngokuthula ngoba amandla akhe okwethuka ayalinganisela.

Ngesikhathi egcina ingqondo ekhaliphile futhi engaphazamisekile, uyazikhulula ezinkolelweni zokuphila futhi aphakame ngaphezu kwenjabulo ebangelwa okuhlangenwe nakho okujabulisayo Ngokuphathelene nezilingo ezingathandeki, uzama ukungazivumeli ukuba ziphazamise ukuthula kwengqondo yakhe noma zimphuce ukuthula kwangaphakathi. Lona umgomo okumele sizame futhi silwele ukuwufinyelela.

Uhlelo lwezinzwa lunikeza amandla abalulekile ebuchosheni, enhliziyweni, nakuzo zonke ezinye izitho zomzimba. Luphinde lusabalalise amandla ezinzwa ezinhlanu: ukubona, ukuzwa, ukuthinta, ukunambitha, nokuhogela. Imizwa iyindlela esixhumana ngayo nomhlaba osizungezile futhi ingumthombo wazo zonke izimpendulo zethu zezinzwa. Ngakho-ke, kubalulekile ukugcina isimo sokulinganisela okuphelele ezinhlelweni zethu zezinzwa, sigweme ukucindezelwa ingxenye eyodwa yomzimba ngamandla amaningi ngenkathi sincisha ezinye izindawo isabelo sazo salokhu kudla okubalulekile. Ukulinganisela empilweni kanye nokufezwa kwemigomo efanele akufinyelelwa ngokukhathazeka noma ukuqhuma ngokomzwelo, kodwa ngokuthula nokholo olujulile kuNkulunkulu.

Ama-yogi anezindlela ezikhethekile angavuselela ngazo izicubu ezishisiwe ngokuthumela amandla abalulekile emithanjeni eyonakele kancane. Wonke amaseli nezicubu ohlelweni lwezinzwa kuyisakhiwo esiphilayo nesihlakaniphile. La mandla okuphila noma amandla anamandla okuvuselela leso sakhiwo njalo, njengokushaja ibhethri eliphelile.

**Kunezinhlobo ezimbili zokwethuka:
ngokwengqondo nangokomshini, noma okungasho
lutho kanye nokungokwemvelo**

**Ukucasuka ngokwengqondo uhlobo oluvame
kakhulu, olubangelwa ukujabula noma ukukhathazeka
kwengqondo Ukucwila okuqhubekayo kulesi simo,
okuhlanganisa ukuzihlanganisa nabantu
abangalawuleki abangazuzi ebunganeni babo noma
abanganikeli lutho oluhle, kanye nemikhuba
engemihle maqondana nokudla okunempilo nendlela
yokuphila, konke kumelela izimo zokucasuka
ezingapheli**

**Ukudla kufanele kube lula, kulinganisele, futhi
kungadliwa ngokweqile Ukuzivocavoca umzimba
kufanele kube njalo Ukulala kakhulu kuyathulisa
imizwa, kuyilapho ukulala okuncane kakhulu
kuyingozi Kodwa okubaluleke kakhulu ukukhetha
abangane ngokucophelela nangokuhlakanipha
Ngitshele ngabangane bomuntu, futhi ngizokutshela
ngalowo muntu Abathophayo nabasikhuthazayo
abasizi ngalutho Kufanele sifune umphakathi
wokuzithuthukisa—abantu abasitshela iqiniso futhi
basisize sikhule Abangane abangcono kakhulu yilabo
abasikisela ngokuthobeka izindlela esingazisebenzisa
nezinto okufanele sizenze ukuze sishintshe izimpilo
zethu zibe ngcono**

**Ukugxeka ngokhahlo, okulethwa ngonya
nangokungabi nazwelo, kufana nokushaya umuntu
ngesando phezu kwekhanda, kuyilapho uthando
lunamandla kakhulu futhi luzuzisa. Iziphakamiso
zomusa ezinikezwa ngothando nokuqonda zinamandla
okwenza izimangaliso, kuyilapho ukugxeka
okulimazayo kungafezi lutho olubalulekile.**

**Umuntu uba ngofanelekela ukwahlulela abanye
kuphela uma esehlanze imvelo yakhe futhi exoshe**

**ubumnyama bokungazi kwakhe ngokukhanya kolwazi.
Kuze kube yilapho efika kuleso sigaba, kungcono
ukuthi azihlaziye futhi alungise imibono yakhe
kunokugxeka nokuthuka abanye.**

**Ukuhlangana nabantu abahlakaniphile
abanomoya ozolile kungenye yezindlela ezisheshayo
neziphumelelayo zokuqeda ukwesaba nokuthola
ubuwna bethu obungokomoya**

**Abantu abakhathazekile akufanele bahlangane
kakhulu nabanye abantu abakhathazekile njengabo**

**Ukuthula kwangaphakathi kumelwe kuhlakulelwe
ukuze kunqotshwe ukwesaba Umuntu ozolile
ngokwemvelo ugcina ukuthula kwakhe futhi ahlale
ekhululekile ngaphansi kwazo zonke izimo Akavumeli
imizwa ukuba imlawule futhi imholele ekwenzeni
izinqumo ezimbi Akakhohliswa ngamazwi
abushelelezi, anaju asetshenziswa abantu
abasebenzisa amathuba ukuze bathole izinzuzo
ezingafanele Ngenxa yokuzola kwabo ngokwemvelo,
abavamile ukuba yizisulu zolwazi olungalungile
nokukhohliswa Ngempela, izinhliziyi zabo zembula
ubunjalo bangempela balabo abasebenzelana nabo
futhi zidalula izinhloso zabo ngokunemba
okuphawulekayo Abayifaki ubuthi emizimbeni yabo
ngentukuthelo nokwesaba, okuthinta kabi ukujikeleza
kwegazi labo Kuyiqiniso eliqinisekisiwe lokuthi ubisi
lukamama othukuthele lungaba nomthelela omubi
enganeni yakhe Futhi kunobufakazi obanele bokuthi
imizwa enamandla inamandla okulimaza
nokubhubhisa umzimba**

**Ukulinganisela kuhle futhi kufanele kube
yisisekelo semizwa yethu, imicabango, nezenzo,
kanye ne-axis lapho izimpilo zethu zizungeza khona**

**Imiphefumulo emikhulu igcina ukuthula nokuthula
kwayo, okubasiza ukuba badlule ezinhlophekweni**

**nasezinhlophekweni zokuphila ngaphandle
kokulahlekelwa ingqondo noma ibhalansi yabo**

**UNkulunkulu ukhona yonke indawo, ephethe
imihlaba futhi eqondisa imithala emizuliswaneni
engenamkhawulo. Isintu, esidalwe ngomfanekiso
Wakhe, sinekhono lokuphatha impilo yaso
nokuhlanganisa imisebenzi yaso ngaphandle
kokukhathazeka noma ukuphazamiseka.**

**Kufanele sithumele njalo abanye imibono
yothando, isifiso esihle, nokuthula**

**Esakhiweni sokuzindla, lapho ukukhanya
kokuqonda kukhanya khona njalo e-altare
lomphfumulo, akukho ukukhathazeka, akukho
ukucindezeleka, akukho ukwethuka, kodwa kunalokho
ukuthula, ukuthula, ukuzethemba, kanye nenjabulo
yangempela.**

Ukuthula makube phezu kwakho

Lapho ukuthula kuxwayisa

Lapho ukuthula kuxwayisa

Uma ngenza isithembiso sokuhlala ngithule

Ukuze ngihlale ngivumelana nesithandwa sami

Ngiphumule ezingalweni zakhe, ezihlanganisa indawo
yonke enkulu

Ngizoqhubeka nokulalela izingoma zakhe

Nezingoma zokuthula nenjabulo

Ukubona izibuko ezifihliwe kanye nezibonakaliso
ezingcwele kanye nemibono yoMninimandla Onke

Kodwa ngeke ngikukhohlwe

Ngizokubuka buthule nangokucophelela

Uhamba phezu kwami otshanini, ezitshalweni zomhlaba

Noma ungangibona ngichuma egatsheni, ngiluhlaza
okwesibhakabhaka ngamahlamvu omvini

Ngizokunakekela ngobumnene benhliziyo enothando
kanye nomama onesihawu

Ngokugqama kwembali ebomvu, egcwele ukuvumelana

Lokhu kukulethela injabulo, injabulo, kanye nomuzwa
wokuthula

Ngizokugona futhi ngikuphulule ngomoya opholile

Ukuze ngikusindise ekwesabeni nasethunzini
lokukhathazeka

Futhi ngikumboza ngokukhanya kwelanga, ngivusa
umuzwa ofudumele nosondelene

Lapho isizungu singena ngokuthuthumela okuya
enkabeni

Uma ubheka ulwandle, uzongibona ekujuleni kwalo

Oyedwa oneNkosi yami emkhathizwe kanye neNayile
yamatende

Iqukethe i-gene ekhanyayo kanye ne-lapis lazuli eyigugu

Ngeke ngikhulume ngaphandle kwengqondo eqondayo

Futhi kusukela ekujuleni kwenhliziyo yami, uma ngifisa
kanjalo, ngizosola noma ngisole

Ngenxa yothando ngawe, ngizokukholisa, futhi
ngenhliziy o egcwele intshisekelo

Mhlawumbe ulangazelela umuntu okhulekelwayo
ngokulangazelela okufana nowesifazane okhulelweyo

Ngizokulinga, kodwa ngesilingo esizwakalayo

Ukujabulela uthando lweNkosi, umthombo wentshiseko

Ngikhohlwe uma uthanda, kodwa ungamkhohlwa
onesihe

Uma ngichitha ubusuku ngicabanga ngawe,
uzongikhumbula

Ngaso sonke isikhathi!

Umgomo wokugcina wabantu

I-Master Paramhansa Yogananda

Ukuhumusha: Mahmoud Abbas Masoud

Izimbali nama-roses zinhle futhi ziqhakazile, kodwa
ngemuva kwazo kukhona ingadi enobuhle obukhulu kakhulu
nobukhazikhazi Nakuba le ngadi isobala ngokuphelele futhi
kunzima ukuyibona ekuqaleni, uma ungangena endaweni
engokomoya ngesango leso elingokomoya, uzokwazi
ukuhlola leyo ndawo engokoqobo futhi ujabulele
izimangaliso zayo.

Ngihlala kuleyo ndawo emnene lapho izimfanelo ezinhle
nemicabango ethambile, ethambile imnandi futhi inephunga
elimnandi kakhulu kunanoma iyiphi imbali yasemhlabeni
noma i-rose Lapho, inyosi engqondweni yami iphuza njalo
umpe wobukhona bukaNkulunkulu

Uma siqondisa ukugxila kwethu ngaphakathi, futhi
siphila ngokwengeziwe kulowo mhlaba ofihliwe ngaphakathi
kithi, sithola ukuthi izimfanelo zethu ezingokomoya zithatha
izinhlobo ezikhethekile ezisebenza njengamafasitela lapho
sibona khona ubumnandi bukaNkulunkulu obudlula incazelo
nomcabango.

Ukufuna uNkulunkulu akugcini nje ekuzindleni. Zonke izimfanelo ezinhle kanye nezici ezinhle esizibonisayo emicabangweni nasezenzweni zethu ziba umpe ofihliwe wokuba khona kukaNkulunkulu ngaphakathi kithi, uma ukuqonda kwethu kujule ngokwanele.

Uma sidlula esangweni leso elingokomoya, sibona ngaphakathi kwethu ifektri yomsebenzi obalulekile nohlakaniphile, ofihliwe ngemuva kwendawo yonke. Ngenxa yokuthi asiqondisi ukugxila kwethu ngaphakathi, sima simangele futhi simangale phambi kwezimpawu zomoya waphezulu emvelweni. Sibona imikhiqizo kaNkulunkulu; igama lakhe elingcwele liqoshwe ezimbalini, emazulwini, nakukho konke, kodwa uhlala ethule.

Njengabantu, sinenhlanhla enkulu ngoba, phakathi kwazo zonke izidalwa zikaNkulunkulu, umuntu kuphela onamathalente angokomzimba, angokwengqondo, nangokomoya kanye namakhono adingekayo ukuze amfune, amthole, amazi, futhi aqonde ulimi lwaKhe... ulimi lokuthula

Kuzuzisa kakhulu umuntu ukufunda izincwadi nezihloko eziwusizo kunokuchitha isikhathi emisebenzini engakhiqizi lutho Okukhulu kunokufunda ukuzindla ngoNkulunkulu, ukuzindla ngobukhulu baKhe, nokulwela ukuqonda izimfihlakalo zokuphila ezingenamkhawulo nezingapheli

Inhloso yokuphila ukuthi umuntu azi yena, ezwe indawo yonke ishaya enhliziyweni yakhe, igeleza emithanjeni yakhe, futhi igcwalise ubukhona bakhe ngokuthula, uthando, injabulo, nokuthula futhi lokho kuyimpumelelo enkulu!

Njengabantu, senza intuthuko enkulu kakhulu ngamandla okucabanga

Isikhathi esithile kufanele sibekelwe eceleni usuku ngalunye ukuze kuthuthukiswe amakhono engqondo

Ukufunda okuzuzisayo kubaluleke kakhulu kunokuzibandakanya njalo emisebenzini engasho lutho nengenamsebenzi. Kufanele futhi kusungulwe isimiso sansuku zonke esinengqondo ukuqinisekisa ukuhleleka nokuhleleka. Kodwa-ke, ukuphatha isikhathi ngokweqile kuyindlela yokuqina futhi kufanele kugwenywe

Ukulinganisela kubalulekile kuzo zonke izici zokuphila. Kunconywa ukugcina izinto zokufunda eziwusizo zitholakala kalula futhi uzifunde ngesikhathi sokuphumula. Izinto ezibaluleke kakhulu kulezi zincwadi yizincwadi ezingokomoya, kulandelwe imisebenzi yesayensi, umlando othile, ifilosofi, izincwadi ezingathi sína, imilando yabantu abadumile, izincwadi zohambo, nanoma yini enye engandisa umbono womuntu futhi inikeze ugqozi olujulile.

Izincwadi zingaba abangane abathembekile, futhi ukukhetha izinto ezisezingeni eliphezulu kuzoletha izinzuzo ezinkulu nakakhulu Ekuqaleni, ukuqonda ingqikithi yezimfundiso ezingokomoya kanye nemibono yabacabangi abakhulu kungase kubonakale kunzima, kodwa ngemva kwesikhathi esithile, uzozithola uzindla ngemibhalo yabo futhi uhlanganyela nemicabango yabo Uzozizwa sengathi uzuze okuthile okuyigugu, ngoba bonke labo bantu abahlakaniphile bathola ukuhlakanipha nolwazi lwabo engcebweni engapheli yokuhlakanipha kukaNkulunkulu—imibono okungenzeka ukuthi awukaze uyicabangele empilweni yakho

Nokho, baningi abafunda njalo kodwa abakwazi ukukunikeza lutho oluwusizo. Indlela engcono kakhulu yokufunda incwadi ukuzindla ngalokho ekuqukethe bese ubona ukuthi kungasebenza kanjani empilweni yakho. Ngokuqonda, akufanele wamukele konke okufundayo ngokungacabangi. Lokho okufundayo kufanele kondle ingqondo yakho futhi kwanelise ukucabanga kwakho. Ukuze

izincwadi zifaneleke ngempela ukufundwa, kufanele zivuselele ukucabanga kwakho, bese uzizwa ingqondo yakho ithuthuka futhi ikhula.

ulwazi oluqondile

Labo abangafundi futhi abangacabangi, kodwa abaphila impilo ekha phezulu engenanjongo nencazelo, abangahlakuleli ukuqonda okujulile futhi abangatholi ulwazi oluqinisekile Ukuvumelana kusiletha ekuvumelaneni namandla aphezulu aphefumulela ukucabanga kwethu futhi akhanyise izingqondo zethu ngokukhanya kokuphefumulelwa okuphezulu Ukuzindla kuyindlela yokufinyelela umuntu ophakeme Abantu baziphatha kabi uma bengafundi, kodwa ukuzindla kungcono kakhulu kunokufunda

Ngiyakuthanda ukufunda, kodwa angikwazi ukufunda amakhasi amabili ngaphambi kokuba ngibizelwe ukuba nginakekele okunye. Ngakho-ke, ngithathe indawo yokufunda ngokuzindla. Njengoba ngingena ekujuleni komphefumulo wami, kuvela izibani ezikhanyayo, futhi injabulo enkulu iyavela—injabulo engihamba nayo usuku lonke. Yilokhu engikubonile empilweni yami, nalokho bonke labo abakhuluma neNkosi Ebusisiwe ngokuhlebeza komphefumulo kanye nokulangazelela kwenhliziyo abakuzwayo.

Isikhathi siyigugu kakhulu ukuba singachithwa UNkulunkulu ufuna sibe nokulinganisela Noma ubani ovumela impilo yakhe ukuba ingalingani uzojenziswa umthetho wendawo yonke Uma uphila kalula, uzivocavoca nsuku zonke, ufunda izincwadi ezizuzisayo neziwusizo, futhi uhlakulela umkhuba wokuzindla ngoNkulunkulu nsuku zonke, izinzwa zakho zizogcwala injabulo, imisinga ebalulekile izogeleza egazini lakho, futhi amangqamuzana omzimba wakho azogcwala ukukhanya namandla ongakaze

uwabone ngaphambili Futhi uzothola lonke ulwazi
olulangazelelayo oluvela emoyeni ongaphakathi kuwe

Lokhu bekulokhu kuyimpilo yami Angikaze ngifunde
izincwadi ezingamashumi amabili eminyakeni engamashumi
amabili Angiziqhenyi ngakho, futhi ukube bekungengenxa
yokuqonda okungokomoya kwaphezulu engakuthola
ngokuzindla, bengiyoba ngongazi lutho nhlobo Uma
ngibheka incwadi, ngithola ukuthi amaqiniso equkethwe
kuyo asevele embulwe kimi nguNkulunkulu Yonke imibono
namaqiniso amahle avela kuNkulunkulu, Owazi Konke Uma
uzindla ngayo, uzothola ukuhlakanipha Kwakhe ngqo
Ngakho-ke, ukufunda izincwadi ezinhle kungcono
kunokuchitha isikhathi ezintweni ezingenamsebenzi, futhi
kungcono kakhulu kunokufunda ukuzindla nokukhulisa
ukuqaphela iQiniso Eliphelele, elinguNkulunkulu

Umthetho Wendawo Yonke kanye Nokuvela
Kokuqaphela

Ezikhathini nasezindaweni ezahlukene, isintu sithole
ngengqondo imibono eminingi ngokuphila nomphefumulo.
Isibonelo, lapho ilungu lesizwe esinonya liphathwa yikhanda
elibuhlungu, umndeni walo ukholelwa ukuthi umphefumulo
walo uphumile emzimbeni walo, ngakho babiza isangoma
ukuba sibuyisele umphefumulo kuso. Udokotela uya
ehlathini eyofuna umphefumulo, awuthole, awubuyisele
ebhokisini, awubuyisele ekhanda lesiguli, bese ikhanda
liyanyamalala ngokwenkolelo evamile.

Kwelinye isiko, "ukuthimula" komuntu ogulayo kwenziwa
ngokubeka izingwegwe (izinsimbi ezigobile
ezinamachashaza abukhali) emzimbeni wakhe ukuze
umphefumulo wakhe ungaphumi lapho ethimula, kodwa
ubanjwe yizingwegwe!

Njengoba nje abanye abantu befinyelele iziphetho eziyiphutha mayelana nomqondo womuntu ngenxa yokucabanga okunephutha, abanye—ngokuqonda kwangempela—bafinyelele ukuqonda okuhlukile, okujulile, nokuzwakalayo. Siyazi ukuthi umphefumulo awuwona umoya ngoba abanye abantu baye bahlala e-coma isikhathi eside ngaphandle kokuphefumula, okubonisa ukuthi umphefumulo awukwazi ukuvalelwa emoyeni. Umphefumulo udlula umoya nanoma yisiphi esinye isimo somzimba.

Kungakhathaliseki ukuthi umuntu ukholelwa noma cha ukuthi ungumoya, umthetho wendawo yonke usamphoqelela ukuba embule isimo sakhe esingokomoya Kungakhathaliseki umsebenzi noma isikhundla sakhe empilweni, ukuqonda kwakhe kuyathuthuka futhi kwande noma nini lapho esebenzisa ubuhlakani bakhe ngobuhlakani nangendlela ezuzisayo. Isenzo ngasinye esakhayo sinikeza intuthuko yomuntu futhi sandisa ukuqonda kwakhe.

Kodwa abantu bavame ukucabanga ngenye into ngenkathi benza okuthile, futhi abazi indlela efanele yokugxila izingqondo zabo kulokho abakwenzayo Kumelwe sifunde ukucabanga ngento eyodwa ngesikhathi ngamandla ethu onke engqondo Ukunaka kwethu okuphelele kumelwe kugxile kuphela kuleyo nto eyodwa Umuntu akufanele abe ovilaphayo, ongenomdlandla, noma ongaphenduli Ukwenza izinto ngobuvila nangokunganaki kuholela ekulahlekelweni amandla, futhi ngenxa yalokho, ekuhlulekeni nasekungajabulini

Umuntu akufanele abe nje umshini wengqondo oziqhubekisela phambili, njengesilwane esisebenza ngokwemvelo Kuyiphutha elikhulu ukungazivusi futhi kusebenze amakhono akho engqondo. UNkulunkulu usinike la makhono futhi ufuna siwasebenzise ngokuhlakanipha futhi siqaphele ngokugcwele futhi siqaphele konke esikwenzayo.

Kumelwe futhi sicabange ngokucophelela ngaphambi kokwenza noma yisiphi isenzo futhi sisebenzise izingqondo zethu ngezindlela ezisisiza sikhule futhi siqaphele ubunye bethu obubalulekile noMdali uMninimandla Onke. Konke esikwenzayo kufanele kusekelwe ekucabangeni okunengqondo nasekuhleleni okuhlakaniphile.

Kungumsebenzi wesintu ukulwela imigomo emihle Ukunaka izinto ezincane nezingenamsebenzi kuwukuchitha amandla engqondo okungenamsebenzi Ukhula ensimini yengqondo kumele lusishulwe futhi luhlotshe ngezimbali zothando lwaphezulu, ukuze ludonsele uNkulunkulu omuhle othanda ubuhle Uma ufisa ukuthi le nsimu yengqondo ihlale iqhakaza futhi ichuma emhlabathini wokuhlakanipha, kumele wenze impilo ibe lula futhi uyikhulule ebunzimeni. Ngokufeza konke ngokucophelela nangengqondo egxile, engaphazanyiswa, ungahlaziya imisebenzi yakho, ukhethe okubalulekile nokubalulekile bese ulahla okungaphezulu nokungadingekile. Uma umsebenzi usuqediwe, ingqondo ingasuswa kuyo bese isetshenziselwa ukuphishekela ezinye izifiso zokudala.

Abantu kumele bafunde ukuhlakulela ukuqonda kwabo ngoNkulunkulu, ngoba kungenxa yale njongo kanye ukuthi badalelwe bona. Badalwa ngokwemithetho yokuziphendukela kwemvelo ukuze basebenzise amandla abo angcwele ukuthola uNkulunkulu. Izilwane azinalo leli khono. Uthisha uLahiri Mahasaya wayesebenza kwisayensi ukusiza izilwane ziguquke ngokushesha, kodwa akazange aphile ukuze ayiqede. Nami nginolwazi lwezindlela ezithile zokusheshisa ukuguquka kwezinhlobo zokuphila eziphansi. Kodwa kuthiwani ngezigidi zabantu abaphila futhi baziphathe njengezilwane? Baphila kuleli zwe bese behamba bengakafezi injongo yabo. Bangafeza leyo njongo manje uma begxila amandla abo engqondo futhi bewasebenzisa kahle.

Inhloso yokuphila kuphela ukuthola uNkulunkulu onothando nomusa Kumelwe simthole Abantu bamfuna njalo futhi ngokungakhathali

"Enye into" abathemba ukuthi izobalethela injabulo ephelele nehlala njalo

Ngokuqondene nalabo abafuna uNkulunkulu futhi bamthola, ukufuna sekuphelile ngoba uNkulunkulu uyinto enkulu!

Imvelo ifihla ubukhona bukaNkulunkulu

Kungani isilingo sanikwa isintu? Mhlawumbe ukuze sifisele lowo muntu ophakeme, okhanga kakhulu futhi okhanga kunanoma yisiphi isilingo sasemhlabeni. Izingibe nezingibe zasemhlabeni ezizungeze isintu nxazonke azihloselwe ukubabamba, kodwa kunalokho ukubakhuthaza nokubakhuthaza ukuba bafune okungaphezu kwalokho, nokubenza babuze: "Ngubani owadala zonke lezi zinto? Ngubani owangidala? Ngingubani? Ukuphi, Nkosi yami? Kungani ufihlekile kimi? Khuluma nami!"

Uma uphendukela kuNkulunkulu ngqo ngale mibuzo, uyaphendula. Iningi labantu aligxili ngokujulile ekunxuseni kwabo kuYe, ngakho-ke abalitholi noma abalitholi.

Kumelwe sikhulume noNkulunkulu ngokusuka enhliziyweni, ethempelini lomphefumulo. Umfundi olangazelelayo uyambiza, ethi:

"Nkulunkulu wami, angisakwazi ukubekezelela ukubona ubuhle obudalile futhi obabusemvelweni, kodwa ngifuna ukubona ubuso Bakho, obuthambile kakhulu kunazo zonke izimbali emvelweni futhi obuhle kakhulu kunabo bonke ubuso emhlabeni. Ngifuna ukuqonda ukuthi yini engemuva kwemvelo."

Uma umuntu ebengamboza ubuso bakhe ngemaski, ubungazi ukuthi umuntu ukhona. Ngokufanayo, imvelo ifana nesembozo esikhulu, esivuvukele ubukhona bukaNkulunkulu. UNkulunkulu ukhona ngemuva kwezimbozo nemaski yemvelo, kodwa isintu sibheka ngokushesha, ngaphandle kokuqonda futhi sehluleke ukubona ubukhona besidalwa esifihliwe ngemuva kwezindwangu zemvelo.

Uma ngihlala ngizindla ngokuthula, ngithule, nginake kakhulu, ngizwa ukuthuthumela kwenjabulo ngaphakathi kimi futhi ngizwa uNkulunkulu ehlebelathi, "Ngilapha"

Ukuhlakanipha uNkulunkulu asinike kona kuyisango eliya ezulwini: isango langaphandle lombuso waKhe Kodwa abantu abakusebenzisi ngendlela efanele Asidingi ukulinda size sishiye umhlaba ukuze sisebenzise ukuhlakanipha kwethu ukufuna uNkulunkulu Isikhathi sesifikile, futhi indawo isilapha Labo abangasebenzisi ukuhlakanipha kwabo ukufuna izimfihlakalo zokuphila kanye nezimfihlo zokuphila ngesikhathi besesemhlabeni ngeke bazithole kwenye indawo

Ukuthola UbuNkulunkulu Bakho

Kunezindlela eziningana zokuthola umoya wendawo yonke noma ubuNkulunkulu. Ukuthula kungenye yazo. Ukuqaphela ukuthula kusho ukuthulisa zonke izifiso ezizama ukungena engqondweni zisuka ngaphandle, okusiza umfuni ukuba angene ngaphakathi kwakhe futhi athinte ingqikithi yomphefumulo wakhe.

Enye indlela iwuthando lukaNkulunkulu, noma ukukhuluma noNkulunkulu ngokusuka enhliziyweni ngokulangazelela nangobuqotho Ukukhuluma kafushane bese ukhohlwa kuyize futhi akulethi mpendulo yaphezulu. Kunzima ukuthola uNkulunkulu ngoba abantu abaningi abakuthathi ngokungathi sína okungokomoya, futhi ngisho nezindlela zokunxusa aziphumeleli kakhulu ngoba azinawo

ukujula okwanele nobuqotho. Imithandazo kumelwe iphindwe ngokujula nangomdlandla kuze kube yilapho ifinyelela ekuqondeni okuphezulu. Umthandazo lapho umphefumulo uvutha khona ngokulangazelela uNkulunkulu umthandazo ophumelelayo nophumelelayo. Kumelwe ukuba wake wathandaza ngale ndlela kanye, mhlawumbe lapho wawufuna kakhulu okuthile, noma wawudinga kakhulu imali futhi wavutha umoya ngesifiso sakho. Lena yindlela okufanele sizizwe ngayo ngoNkulunkulu. Kumelwe sikhulume naye, bese simthola esilalele futhi ephendula, ngoba unguMuzwi Ozwayo Konke, ophendulayo.

I-Yoga ingenye yezindlela eziphumelela kakhulu zokufinyelela nokuxhumana noNkulunkulu. Ihlanganisa imikhuba eminingana yokuzindla engokwesayensi nesebenzayo. Izazi ezinkulu zaseNdiya zaziqonda ukuthi ukucabanga kunquma ukuthi kunemithetho eqondile nezindlela ezithile zokusondela kuNkulunkulu, njengoba nje kunemithetho eqondile uNkulunkulu abusa futhi aphaathe ngayo izindaba zendawo yonke.

Othisha baseNdiya bathole imithetho yesayensi ye-yoga ngokubekezela kwabo kanye nokusebenzisa amandla abo engqondo anamandla. I-Yoga izoba ngomunye wesayensi yokuhlola ebaluleke kakhulu emkhakheni wocwaningo olungokomoya.

Ukuzwana okungcwele noNkulunkulu kufanele kwenziwe yiwo wonke umuntu. Yilokhu ababusi abakwenzayo nabafundi babo kuyo yonke iminyaka. Angikho lapha ukukhuluma nje ngobumnandi bokuba khona kukaNkulunkulu; umgomo wami oyinhloko ukuqinisekisa ukuthi abanye bayakubona. Angichithi isikhathi sami. Konke engikwenzayo kungenxa kaNkulunkulu kuphela futhi ngenxa yodumo lwakhe. Ngigxile kakhulu emicabangweni Yakhe kangangokuthi anginaki ukuhamba kwesikhathi kanye

nokukhathala kwemisebenzi yami yansuku zonke. Ngisho nalapho ngisebenza, ngiyazizwa ukuba khona Kwakhe.

Angihlukanisiwe noNkulunkulu, ngisho nangomzuzwana owodwa

Yilesi simo engangisifuna futhi ngasisebenzela kanzima

Ukuthula makube phezu kwakho

Emaphetheleleni Okuzazi

Ithempeli uNkulunkulu alithanda kakhulu yithempeli lokuthula kwangaphakathi nokuthula kwabazinikele kuYe, lapho bangena khona ukuze bazindle futhi baxoxe, beshiya umhlaba kanye neziphazamiso zawo ezingapheli Lapho umuntu esungula ithempeli lobuhle nokuthula okungokomoya ngaphakathi kuye, uzokwazi ukuzwa ubukhona bukaNkulunkulu futhi ezwe ukusondelana kwaKhe Ngaphandle kwalokho, izinkolelo-ze zomhlaba ziningi futhi zikhona njalo, futhi izinkathazo zawo zigcwalisa inhliziyo

Ngezinye izikhathi umuntu uzizwa edangele, ecabanga ukuthi sekwephuze kakhulu ukufuna uNkulunkulu. Kodwa imibhalo isitshela ukuthi uma umuntu eqaphela ukuthi leli zwe liyakhohlisa futhi liyadukisa, nokuthi umphefumulo kuphela ongunaphakade futhi ohlala njalo, khona-ke uzongena ezweni elingcono ngemva kokuhamba kwakhe kokugcina kulo mhlaba, noma ngabe lokho kuqaphela kuza umzuzwana nje ngaphambi kokufa.

Ngamunye wethu uzosuswa kulo mhlaba maduze noma kamuva, ngakho-ke manje kumelwe siqonde injongo yokuphila Inhloso eyisisekelo yokuhlangenwe nakho kwabantu kulo mhlaba ukusikhuthaza ukuba sifune injongo yokuphila Akufanele simangazwe yilolu dwendwe oluhlala

lushintsha noluhamba njalo lwesintu Njengoba udwendwe lwesikhathi luqhubeka nohambo lwalo, ekugcineni uzobona ukuthi uyingxenywe ebalulekile yoMunye, uMninimandla Onke. Yenza ukwazi uNkulunkulu kube umgomo wakho, futhi wazi ukuthi ukufuna okujulile nokuqotho imfihlo yokuphila kuzokuvikela ezinkingeni eziningi futhi kukusindise ekwesabeni okuhlukahlukeni. Ukwesaba ukufa, ukwehluleka, izinkinga, nosizi kuvusa ukwesaba okukhulu ngaphakathi komuntu. Lapho umuntu engakwazi ukuzisiza, futhi umndeni wakhe nabangane bengenakumnika lutho, ukuphelelwa yithemba kuyamngoba, futhi umhlaba uba mnyama emehlweni abo. Kodwa asikho isidingo sokufinyelela kuleso simo. Uma becabanga ngoNkulunkulu kukho konke ukuphila kwabo futhi bexhumana naye, bazomthola eseduze ngezikhathi zobunzima nezinsuku ezinzima.

Ngaphambi kokuba noma yimuphi omunye umuntu abe nathi, ubani owayenathi? UNkulunkulu Futhi lapho sishiya lo mhlaba, ubani ozoba nathi? UNkulunkulu hhayi omunye Kodwa kuzoba nzima ukumbona uma singalweli ukumbona manje Uma umfuna uNkulunkulu ngobuqotho nangokujulile, uzomthola, futhi ukuqiniseka kwakho ukuthi uhlala enawe kuzoqina Ukukhathazeka nokukhohlisa kuzokushiya, futhi ngeke uphinde ukhohliswe

Konke okukhona kuyisilingo sokudonsela isintu kude noNkulunkulu Kodwa uNkulunkulu ukhanga kakhulu kunanoma yisiphi isilingo sasemhlabeni Uma ubungambheka ngamehlo, ubuzoqonda leli qiniso futhi ukwazi ukumthola ngomthandazo, ukuzindla ngokomoya, kanye nesinqumo esingaguquki Isinqumo sokuthola uNkulunkulu kumelwe siqine Kunzima ngomuntu ukwazi uNkulunkulu uma nje imicabango yakhe ishintshashintsha kusuka kwenye into iye kwenye njengophaphe emoyeni uNkulunkulu afisa ukuza kithi, kodwa asibambisani Naye futhi asimvumeli Isintu

sikuthola kulula ukufuna injabulo yesikhashana yemizwa nokuchitha isikhathi kwezokuzijabulisa, amaphathi, kanye nemibuthano yomphakathi Ngempela, "Impilo yaleli zwe imane iyinjabulo nokuzilibazisa, ukuhloba nokuziqhayisa, kanye nokuncintisana ekwandeni kwengcebo nezingane"

Uma uNkulunkulu ecela into eyodwa, uthando lwabantu lungqongqoza buthule eminyango yezinhliziyi zethu, esibiza ukuba sibuyele kuYe, kodwa abantu abaningi abafuni ukubuya Kodwa, lapho umhlaba uba mnyama phambi kwamehlo abo, futhi bebanjwa yizinkinga noma beba yizisulu zokugula, bashesha ukuthandaza kuYe futhi bafune usizo lwaKhe Noma ngubani oqinisa izibopho zokuzwana nokuvumelana phakathi kwabo noNkulunkulu ngezikhathi zenjabulo nokuchuma uzothola uNkulunkulu eceleni kwabo lapho bemdinga. Kodwa noma ubani ohlehlisa ukuqinisa lobo buhlobo uzilahla ukuba abhekane nobunzima bakhe futhi alwe nezilingo zakhe eyedwa aze akwazi—ngokuhlakanipha nangokuzinikezela okuphelele—ukuphendukela kumngane wakhe waphakade futhi angqongqoze emnyango waKhe womusa.

Kubantu abaningi kakhulu, bambalwa kakhulu abafuna uNkulunkulu ngeqiniso nangobuqotho Bakuphi labo ababecabanga ukuthi lomhlaba ungowabo eminyakeni engamakhulu amabili edlule? Bonke sebehambile, futhi mhlawumbe bambalwa kuphela, labo abaphendukela kuNkulunkulu futhi bazazi, baqonda ngempela iqiniso lokuphila Kodwa isizukulwane ngasinye esilandelayo sibheka lokhu kuphila njengokungokoqobo!

Kodwa bakhohliswa yinkohliso njengabo

(Futhi isizukulwane ngesizukulwane besilokhu sixoxa ngakho!)

Ngesikhathi sokuhlala kwethu kwesikhashana lapha, isintu sibheka ukubaluleka okukhulu kulo mbukwane. Kodwa-ke, akumelwe sigxile kakhulu kuwo kanye nezenzakalo zawo ezingapheli, ngoba uma senza kanjalo, sizosuka kuNkulunkulu, ohlala ezama, ngezindlela eziningi nezindlela, ukusidonsela kuye ngenxa yokusikhathalela kwakhe okukhulu kanye nothando lwakhe olukhulu ngathi. Usinikeza zonke izimangaliso esilangazelela ukuzibona: izimangaliso zezinto ezikhulayo kanye nokuhleleka okunembile kwemvelo. Ungemuva kwezimbali nama-rose, futhi noma ngubani omfuna ngobuqotho uzomthola ngokungangabazeki. Ososayensi bemvelo abazange bafinyelele ekutholeni kwabo ngomthandazo ongaboni, kodwa ngokulandela imithetho yesayensi yobufakazi. Ngokufanayo, noma ngubani osebenzisa imithetho yesayensi engokomoya ngobuqotho uzothola uNkulunkulu eceleni kwabo ngokuzenzakalelayo. Sekuyisikhathi sokuba isintu sivule amehlo aso angokomoya futhi siqaphele ukuthi ukuthola uNkulunkulu kudinga intshiseko engaguquki kanye nokugcina ngokucophelela imithetho yaKhe.

Izizwe ezahlukene zigxile kwezobuciko nesayensi ezahlukene. I-India iye yazi ubuciko besayensi bokwazi uNkulunkulu, kodwa naphezu kwaleli qiniso, kunezikhohlisi eziningi ngisho naseNdiya, ngakho-ke kubalulekile ukuhlukanisa phakathi kwezinto mbumbulu nezingokoqobo.

Kumelwe kulinganiswe ulwazi olungokomoya kanye nesayensi yemvelo Ngaphandle kwalokhu kulinganisela, abantu ngabanye kanye nezizwe bazokhubeka phakathi kosizi nokubhujiswa Uma abaholi bezwe lanamuhla bebhanyiselwe ngokomoya futhi besebenzisana, bebengaqeda impi nobumpofu emhlabeni phakathi neminyaka embalwa Ukuqaphela okungokomoya kusho ukuqaphela ubukhona bukaNkulunkulu ngaphakathi kithi nakuzo zonke ezinye izidalwa eziphilayo Lokhu kuqaphela

kuphela kungasindisa umhlaba, futhi ngaphandle kwakho, angiboni themba lokuthula Masiqale isintu ngokwaso Isikhathi siyigugu kakhulu ukuba singachithwa Umsebenzi usiphokelela ukuba senze ingxenye yethu ekuletheni umbuso kaNkulunkulu emhlabeni

Abaningi bayanqikaza ukufuna uNkulunkulu, besaba ukuthi impilo izoba mnyama futhi ibe buhlungu, ingabi nobuhle nenjabulo Kodwa okuphambene nalokho kuyiqiniso! Injabulo emsulwa labo abamazi ngempela uNkulunkulu abayithola ngokuvumelana okuphelele naYe ingaphezu kwamazwi Ngisesimweni senjabulo engokomoya imini nobusuku Leyo njabulo inguNkulunkulu, futhi ukumazi kusho ukufihla zonke izinsizi nokuzingcwaba ngaphandle kokuzisola

UNkulunkulu akaceli umuntu ukuba abe lusizi, athukuthele, angabi nalutho, noma afige ubuso. Lokhu akusikho ukuqonda okufanele ngoNkulunkulu, futhi akuyona indlela efanele yokuthola umusa Wakhe. Uma umuntu ezwa ukuthula okwengeziwe, kulapho ezwa khona ubukhona bukaNkulunkulu. Uma umuntu ejabula kakhulu, yilapho evumelana noNkulunkulu. Labo abamaziyo uNkulunkulu bayajabula ngoba uNkulunkulu ungumthombo wenjabulo enkulu.

Abantu bazama ukuthola injabulo ngotshwala, ucansi, kanye nemali, kodwa amakhasi omlando agcwele izindaba zamathemba abo aphelile kanye namaphupho angagcwaliseki.

Isikhathi engisichithe ngizindla senze impilo yami yathela kakhulu Amabhodlela ayinkulungwane ewayini awakwazanga ukudala injabulo engayithola ngokuzindla Kuleyo njabulo kukhona isiqondiso nokuhlakanipha kwaphezulu Lapho umuntu evumelana noNkulunkulu, noma ngabe ephambuka ngokungahlosile, uzokwazi ukulungisa

iphutha lakhe, futhi uma eveza umbono ongalungile,
uNkulunkulu uzomqondisa futhi amlungise ngothando

Sekwanele ukulinda! Wonke umuntu ozwa noma ofunda
la mazwi uyazi ukuthi ngikhuluma iqiniso Uma bengizobonisa
wonke amandla uNkulunkulu anginike wona, abantu
bebezongithuthelekela hhayi ngenxa yothando
ngoNkulunkulu, kodwa ngenxa yezimangaliso Kodwa
anginaso isifiso salolo hlobo lomfundi ongabonakali
Akufanele badonswe ngamandla, kodwa uthando
lukaNkulunkulu, futhi yileyo injongo yami empilweni

Ukube bengingazange ngimazi uNkulunkulu, bengingeke
ngikhulume ngale ndlela Wonke umuntu angamazi uma efisa
kanjalo Angizami ukuzuza abantu ngokudonsela imizwa
yabo, kodwa kunalokho ngikhuluma nezingqondo zabo,
ngibhekana nokucabanga kwabo nokuqonda Ukholo
oluyimpumputhe alunamsebenzi Umuntu kumele asebenzise
amandla okuqonda uNkulunkulu amnike wona futhi
angazamukeli izinto ngokubukeka. Kunalokho, kumele
aqonde izimbangela, imiphumela, kanye nokucabanga
okungemuva kokuthambekela kwakhe okungokomoya kanye
nemikhuba yakhe Ukube benginemilomo eyinkulungwane,
bengizoyisebenzisa yonke ukukhuluma ngoNkulunkulu
nokubaluleka kokuphendukela kuYe nokumazi

Umuntu akazi ukuthi ulahlekelwa yini ngokulahlekelwa
ulwazi ngoNkulunkulu, ngoba akakaze amazi ngempela!
Futhi uma esexhumene Naye, akukho mandla asemhlabeni
angamxosha Isifiso sami kuphela ukunikeza abafuna
ngobuqotho umbono kaNkulunkulu, ngoba ukubona
ukukhanya Kwakhe nokuzwa injabulo Yakhe kubaluleke
kakhulu kunayo yonke ingcebo nenkazimulo yomhlaba
Ukwazi uNkulunkulu kudlula noma iyiphi injabulo
yasemhlabeni Futhi lapho umuntu ethola ingcebo yengcebo,
zonke izifiso zenhliziyo yakhe zizogcwaliseka Ngempela,

uNkulunkulu ugcwalise zonke izifiso zami, amaphupho, nezifiso zami

Angizikhandleli izinto manje ngoba zihlala ziza kimi Uma uNkulunkulu ezinikela kuwe, uzogcwalisa zonke izifiso zakho Ngeke kudingeke ucele lutho ngaleso sikhathi ngoba konke okufunayo kuzoba sezandleni zakho. Kodwa okokuqala, kumelwe sibonise uNkulunkulu ukuthi simfuna ngaphezu kwazo zonke izipho asipha zona.

UNKulunkulu usibiza futhi ufuna siphendukele kuye. Othisha abakhulu bangamaphayona, uma belandela izinyathelo zabo, ezizosivumela ukuba sizuze olwazini lwabo kanye nokuhlangenwe nakho kwabo, okwenza kube lula ngathi ukuchaza injongo yethu nokufinyelela ukuphepha. Njengoba nje umuntu engaba isazi esikhulu ngokufunda kusazi esikhulu, nomuntu ofunayo angaba ngomunye wezidalwa ezingokomoya ezinkulu ngokuthola ulwazi nokuhlakanipha kumfundisi onolwazi lwaphezulu.

Ingcezu yelahle ayitholi futhi ayibonisi ukukhanya kwelanga, kodwa idayimane liyakwenza Ngokufanayo, izingqondo ezilukhuni ukungabaza, ukungabi nandaba, kanye nokunganaki okungokomoya azikwazi ukuthola ukukhanya kwaphezulu Izingqondo ezifana nedayimane, nokho, ezigcwele ubuqotho, ukholo, ukuphikelela, kanye nokuzimisela kwangempela, zingathola ukukhanya kokuqonda kwaphezulu futhi zibonise ukuhlakanipha okungcwele

Kwabaningi, inkolo imane nje iyisiko lomndeni, inzuzo yomphakathi, noma isiko elihlobene nokuziphatha. Abanalo ukuqonda kwangempela ngokubaluleka kwenkolo.

Labo abangafuni uNkulunkulu njengesidingo esiyinhloko sokuphila abaqondi incazelo yenkolo Kungani bonke abantu belwela imali? Ngoba bayibheka njengebalulekile ukuze

bathole induduzo nenhlalakahle Abadingi muntu ukubafundisa leli qiniso elisobala ngoba bayayazi kahle Kungani-ke abantu abaningi bengaqondi isidingo sokwazi uNkulunkulu? Ngoba abanalo ukuqonda okufanele engikubonile empilweni yami yokuqala ukuthi izimpendulo zemfundiso yenkolo emibuzweni ethile azikwazi ukuletha ukwaneliseka okuphelele emphefumulweni ngaphandle kokuthi amaqiniso abo ahlolwe ngolwazi oluqondile kanye nokuhlangenwe nakho

Isibonelo, lapho ngilahlekelwa ngumama ngisemncane futhi abanye abathandekayo bami beshona belandelana, ukuhlubuka buthule empilweni kwazalwa ngaphakathi kimi, futhi akekho owayengangiduduza noma angichazele amaqiniso okuphila nokufa Ekugcineni, nganquma ukuthi ngizozitholela impendulo ngemizamo yami. Futhi ngenza isifungo esilandelayo kimi: "Ngeke ngamukele lutho ngokungaboni, kodwa ngizothola impendulo kuMdali noMphathi wale ndawo yonke"

Ngacela uNkulunkulu ngokuqondile ukuba angichazele izimfihlakalo zokuphila okungekho omunye umuntu ongangichazela zona

Ngazibuza ukuthi kungani abanye abantu bezalwa bempofu kanti abanye bacebile, abanye beyizimpumputhe kanti abanye bephilile, kanti abanye babengenakukwazi ukuxazulula le mfihlakalo eyayibonakala iphikisana nobulungisa nesihe sikaNkulunkulu Ekugcineni, uNkulunkulu wangiqondisa kwabanye amakhosi angokomoya akhanyiselwe ayefinyelele isimo sobunye baphezulu futhi athola izimpendulo ezanelisayo zezimfihlakalo zokuphila ngolwazi lwawo lwangaphakathi Lapho, ngathola izimpendulo ezanelisayo kuyo yonke imibuzo yami kanye nezincazelo ezikholisayo zayo yonke imibuzo yami

Kunabaningi abashisekeli benkolo kuleli zwe Abanye banokuqonda okungokomzwelo kuphela ngenkolo, futhi lapho imizwa yabo isetshenziswa, baba nolaka ngokwenkolo. Kodwa isifiso esingokomzwelo siqamula ukuxhumana komuntu noNkulunkulu futhi sifihle ukuqonda kwakhe okungokomoya.

Abantu abanemizwa badinga njalo okuthile okuzovuselela imizwa yabo nokuvuselela izinkanuko zabo ezingokomoya Uma ukhuluma ngokunengqondo nangokunengqondo, balahlekelwa yisifiso sokuqhubeka nengxoxo futhi bathole amazwi akho eyisicefe futhi eyisicefe. Kodwa ukulawula imizwa yabanye kuyindlela yokukhohlisa, ukuhlambalaza ukuhlakanipha kwabantu, kanye nokufihlwa kwamaqiniso angokomoya kubo.

Ngesikhathi esifanayo, kukhona futhi abantu abashiseka ngokwenkolo abanomqondo ophansi abajabulela ukufunda izifundo ezahlukeni zemfundiso yenkolo noma zefilosofi, bezikhohlisa ngokuthi banolwazi olungcwele oluphakeme kunolo oluqhutshwa ngokomzwelo. Kodwa ukukhuthazwa kwengqondo kungenye indlela "yokuba ndikindiki," noma olunye uhlobo lobuqili bengqondo olunganikezi ngempela umfuni lokho akufunayo, kodwa olumane luphumelele ekuvuthiseni imizwa yabo nasekuvuseleleni imizwa yabo.

Abashisekeli benkolo abanalo ukuqonda okujulile ngenkolo; bavame ukuphinda izinto abangakaziqondi ngempela futhi abangazange babhekane nazo ezimpilweni zabo Uma ubabuza umbuzo ongokomoya, bashesha ukucaphuna izaga noma imibhalo, belindele ukuthi ume lapho ngoba abanalo ikhono lokuxoxa ngokuthula, okunenjongo, nokunengqondo Akukhona ukweqisa ukusho ukuthi bamane nje bayizikhulumi ezingokomoya ezingenalutho, futhi ukuhlanganyela nabo akusizi ngalutho

ngoba bayaqiniseka ukuthi bazi konke kusukela ekuqaleni kuze kube sekupheleni, kusukela ku-A kuya ku-Z

Abantu abathanda inkolo bayaqiniseka ukuthi ngaphandle kokuthi ukholelwe ngandlela thile, isiphetho sakho ukubhujiswa

Uthisha onolwazi akafundisi ngale ndlela Uveza umbono wakhe futhi asekele izimpikiswano zakhe ngobufakazi Inkolo kufanele yanelise izifiso zethu ezingokomoya futhi igcwalise izifiso zethu hhayi ngamazwi kodwa ngobufakazi obungenakuphikiswa Angikaze ngifune ukuba lukhuni kangangokuthi angikwazi ukusebenzisa ingqondo yami futhi ngisebenzise ukuqonda kwami Lapho ngihlangana nothisha wami, uSri Yukteswar, wangitshela :

"Kunabafundisi abaningi abazokucela ukuthi ukholwe ngemva kokuba sebephuphuthekisile ingqondo yakho futhi bakuyala ukuba ulandele ukucabanga kwabo hhayi okunye. Kodwa ngifuna ukuthi ugcine amehlo engqondo yakho evulekile, futhi ngaphezu kwalokho, ngizokuvulela elinye iso, iso lokuhlakanipha."

USri Yuktsuwar unginike imfundiso engingayibona iqiniso layo mathupha. Yingakho ngiqale le ndlela, lapho kungekho muntu ongangisusa khona noma angidukise.

Esinye isimo esibi kakhulu yilowo othanda inkululeko olandela yonke into futhi onganamatheli lutho!

Ngenxa yokuthi uzibheka njengomuntu ovulekile nonengqondo ebanzi, uthi, "Zonke izindlela zokomoya zinhle, ngakho-ke ngeke ngiboshwe yinoma iyiphi yazo" Kodwa ngenhlonipho efanele kuzo zonke izindlela zokomoya nezinkolelo zenkolo, umuntu akufanele abe uvemvane olungokomoya oluhlala luhamba futhi lundiza kuzo zonke izindlela.

Ukukhululeka kwamanga kanye nokushisekela okungaboni kufanele kugwenywe, futhi ukuhlakanipha kumele kwamukelwe esikhundleni salokho ukuze uphumelele emisebenzini engokomoya futhi uthole injongo yokuphila.

Yonke imizamo umuntu ayenzela uNkulunkulu iyobonwa Nguye. Kodwa ngaphandle kokuba umuntu alandele indlela eya kuNkulunkulu esekelwe ekucabangeni okunengqondo, intuthuko yakhe engokomoya iyohamba kancane. Abafuni abaqotho bazothola ulwazi oluthile, kodwa labo abakholelwa ngokungaboni futhi bathandaze ngendlela engavamile bangase bachithe isikhathi esiningi bezelwe ngaphambi kokufinyelela kuNkulunkulu.

Sesha uze uthole indlela evumelana nokuthambekela kwakho ngokomzwelo nangokwengqondo, bese uphikelela kuleyo ndlela Hlola konke okufundayo nokufundayo ngokucophelela, futhi ungamukeli noma yimuphi umfundisi noma imfundiso ngaphandle kokuyivivinya

Umenzi wezinto zokuhloba angahlukanisa phakathi kwamatshe ayigugu angempela nawamanga Ngokufanayo, umfundisi weqiniso engokomoya angahlukanisa phakathi kwabafuna ngobuqotho nabantu abanelukuluku nje Abanye bathola izimfundiso ezingokomoya kodwa bahluleke ukuzisebenzisa ekuphileni kwabo. Nokho, inzuzo yangempela yanoma iyiphi imfundo engokomoya itholakala ekumunceni umoya wayo nokusebenzisa izici zayo eziwusizo ekuphileni kwansuku zonke. Ukukhuluma ngokudla noma ukukubona nje akukwanelisi indlala. Umuntu olambile kumelwe adle aze aneliseke. Njengoba isisho sithi, "Lowo odla ngamazinyo akhe uyazuza yena"

Abafuna izinto ezingokomoya kumele baqale bafundiswe ukwazi uNkulunkulu Ukugxila emalini noma empilweni kuqala kuyisiphazamiso emgomweni. Kuyiqiniso ukuthi

konke kuvela kuNkulunkulu, kodwa labo abaphishekela ezinye izinto kuqala bazozwa ukulinganiselwa kwalezo zinto, noma ngabe bacebile futhi banempilo kakhulu. Uthisha ongokomoya onolwazi nonekhono uyazi futhi uyamthanda uNkulunkulu, futhi isifiso sabo ngoNkulunkulu sidlula zonke ezinye izifiso.

Umshumayeli wazama ukungincenga ukuba ngamukele isiqondiso sakhe esingokomoya, engithembisa abalandeli abaningi ngenxa yalokho Kodwa isiphakamiso sakhe asizange singithande ngoba umgomo wami kuphela uNkulunkulu, hhayi ukuqoqa abalandeli Abafundisi beqiniso bazohlala bezama ukugxilisa kuwe isifiso sokwazi uNkulunkulu; ngeke bakuholele ekufeni.

Insika eyisisekelo yenkolo ukuvumelana noNkulunkulu Izindawo zokukhulekela akufanele zibe izindawo zokuzijabulisa, ukudansa, ukubukwa kwamafilimu, noma ukuhlanguka kwabantu njalo Le misebenzi yokuzijabulisa iphazamisa abantu kuNkulunkulu Ezokuzijabulisa kufanele zigcinwe ngaphandle kwezindawo zokukhulekela, okufanele abantu bazivakashele ngenhloso eyodwa kuphela: ukuxhumana noNkulunkulu Ukuzwa ubukhona bukaNkulunkulu ezindaweni zokukhulekela kuwumgomo oyinhloko wokuvakashela lezi zindawo ezingcwele nezindawo ezingcwele Yilokhu engikukholelwayo ngenhliziyo yonke nalokho engiphile ngakho

Uma bengizokutshela ngesithelo esimangalisayo engisitholile futhi ngikuchazele sona ngokucophelela nsuku zonke unyaka wonke ngaphandle kokukuvumela ukuba usinambithe, ubungeke uqiniseke ngokwanele ngokubaluleka kwaso Ngokufanayo, ukuzwa nje izintshumayelo nezinkulumo ngeqiniso akukwazi ukwanelisa indlala yomphefumulo Labo abaneliswa ukuzwa ngaphandle kokulwela ukwazi uNkulunkulu bathola ukwaneliseka

okungamanga kuphela Umuntu kumelwe abe nendlala ejulile ngoNkulunkulu, emfuna ngobuqotho nangobuqotho. Inhloso yezinkulumo zenkolo, izintshumayelo, nezinkulumo ukuvusa isifiso esingokomoya esikhulayo ngoNkulunkulu ngaphakathi komphefumulo

Ngezikhathi ezithile, ngihlangana nomuntu engizizwa ngilangazelela uNkulunkulu kuye. Kodwa ukwazi uNkulunkulu kukhulu kakhulu kunalokho! Umuntu ofuna uNkulunkulu ngempela ngezinye izikhathi ubona yonke indawo igcwele ukukhanya Kwakhe—yeka okuhlangenwe nakho okumangalisayo nokumangalisayo! Kodwa lokhu akunakwenzeka ngobusuku obubodwa Ukwazi uNkulunkulu kudinga ukuzijwayeza isikhathi eside nokuqhubekayo kwalezo zindlela nezindlela ezingokomoya eziholela olwazini lweZiqu-zintathu.

Isifiso senjabulo sinamandla kunawo wonke. Injabulo yangempela nehlala njalo itholakala kuNkulunkulu kuphela. Uma uthola ubukhona Bakhe, ugcwala injabulo enkulu, injabulo ongeke uyithole ndawo noma kunoma yini enye. Uthisha wami, uSri Yuktiswar, ungitshele ukuthi:

Uma injabulo yakho yokuzindla nokuzwana ngokomoya idlula zonke ezinye izinjabulo, usumtholile uNkulunkulu Uma ubunikezwe umhlaba wonke, ubungeke wazi ukuthi uzowusingatha kanjani; ubungazizwa uthwele umthwalo futhi ukhathazekile njalo ngakho konke Uma ubuwazi izimpilo zamakhosi, omongameli, izikhulu, nosaziwayo bomhlaba, ubungathola ukuthi babengenakuphumula futhi becasukile, bejikijelwa amagagasi ezinkinga futhi behlushwa imimoya yokukhathazeka evela nxazonke Bachitha izinsuku zabo njengezipopi ezandleni zekusasa Kodwa lowo ohlangene nokukhanya kwezwe ungumuntu ojabulayo ngempela Ngisho noma bengenalutho, banakho konke ngoba banenjabulo Lowo ohlangene noNkulunkulu akesabi

lutho ngoba uNkulunkulu uhlala ezinhliziyweni zabo, futhi inhliziyo uNkulunkulu ahlala kuyo ayinakho ukwesaba nokukhathazeka

Zonke izindawo zokukhulekela zifeza injongo ethile, yingakho ngizithanda zonke Lapho ziba izindawo zokuhlangana kwangempela noNkulunkulu, zifeza umsebenzi wazo ophakeme. Lezi zindawo kufanele zibe njengezidleke zezinyosi ezigcwele uju lolwazi lukaNkulunkulu, futhi lapho kukhona ukubaluleka kwazo kanye nenani lazo. UNkulunkulu uthanda izinhliziyi eziqotho ezizinikele ngokuphelele kuYe, futhi uzozivakashela lezo zinhliziyi ngisho noma abanikazi bazo bekhulekela ngaphandle ngaphansi kwesibhakabhaka esivulekile. Lapho abantu bebuthana ukuzokhulekela, kufanele benze kanjalo ngenxa yothando ngoNkulunkulu kanye nesifiso sokuzwa ubukhona baKhe. Abafuni abaqotho abanelisekile ngokuzibusa, ukuqina, kanye nokuzikhukhumeza kwezenkolo. Okubalulekile kubo yindlela ephumelelayo yokuxhumana nokufinyelela uNkulunkulu.

Uma umuntu ethanda uNkulunkulu ngayo yonke impilo yakhe, zonke izenzo zakhe zizosekelwe eqinisweni, futhi uthando lwakhe ngoNkulunkulu ngeke lumvumele ukuba axhaphaze noma adukise abantu ngenxa yezintshisekelo zakhe zobugovu.

Kungakhathaliseki ukuthi ubumnyama bujule kangakanani, ukukhanya kuyabuxosha uma bukhanya. Uma sikhanyisa isibani sothando lwaphezulu ngaphakathi kwethu, ubumnyama bokungazi buzonyamalala. Isayensi ye-yoga engokomoya isiza umfuni ukugxila ingqondo yakhe kuNkulunkulu futhi aqondise uthando lwenhliziyo yakhe kuYe. Iphinde inikeze indlela eqinisekisiwe, yesayensi yokwenza umfuni afinyelele ukuvumelana okungcwele okudingekayo ukuze athande uNkulunkulu ngokuphelele.

UNkulunkulu usinike ikhono lokuthanda imindeni yethu nabangane, futhi kufanele sisebenzise lelo khono ukumthanda njengoba sithanda abantu bethu esibathandayo kakhulu emhlabeni Umuntu kufanele akwazi ukuthi, "Ngiyakuthanda, Nkosi, njengoba ubaba ethanda indodana yakhe, njengoba umthandi ethanda othandekayo wakhe, njengoba umngane ethanda umngane wakhe, ngiyakuthanda ngoba ungumthombo wothando lonke nakho konke okuhle okukhona, futhi ngoba ungubaba, umama, umngane, inkosi yami, othandekayo wami, nakho konke okukhona kimi"

Uma umuntu emthanda ngempela uNkulunkulu ngokusuka enhliziyweni, uzizwa emthanda imini nobusuku.

Abantu abaningi bakubiza ngokuthi "othandekayo wami" noma "umngane wami oseduze" namuhla, bese bekushiya kusasa ngesizathu esithile Lolu akulona uthando Labo abanezinhliziyi ezigcwele uNkulunkulu abakwazi ukulimaza muntu Uma uthanda uNkulunkulu ngaphandle kwemibandela, ugcwalisa inhliziyi yakho ngothando lwakhe olumsulwa lwabo bonke Lolo thando lungaphezu kwamandla anoma yiluphi ulimi lomuntu ukuluchaza

Umuntu akanakumthanda uNkulunkulu ngenhliziyi yonke ngaphandle kokuba ezazi yena ngokwakhe Lokhu kuzazi ngezinye izikhathi kwenzeka ngokungazi ngesikhathi sokulala okujulile lapho umuntu eqaphela ubukhona bakhe njengomoya Kodwa kungatholakala nangokuzindla Lapho umuntu ezazi yena njengomoya, usethole ukuba khona kukaNkulunkulu ngaphakathi Ukubonakaliswa kwenyanga akubonakali kahle emanzini amnyama noma ashukunyiswayo, kodwa lapho ubuso bamanzi buzolile futhi bucacile, isithombe senyanga sivela ngokuphelele Lokhu kuyiqiniso nangengqondo: lapho ingqondo inokuthula, ubona ngokucacile ubuso bomphefumulo wakho obufana nenyanga,

ngoba imiphefumulo iyizibonakaliso zikaNkulunkulu Lapho sidonsa—ngokuzindla—imicabango ephazamisayo echibini lengqondo, sizibona njengokubonakaliswa okumsulwa komoya waphezulu, futhi siyaqaphela ukuthi umphefumulo noNkulunkulu bamunye

I-Yoga isifundisa futhi ukudonsa amandla nokuqonda emzimbeni bese sikuqondisa emthonjeni wawo, okunguNkulunkulu. Isifundisa futhi ukulawula nokuguqula amandla okuphila kusuka ekuqondeni ngokomzimba kuya ekuqondeni kwaphezulu.

Uma umuntu ethandaza kuNkulunkulu, ingqondo yakhe nokugxila kwakhe kufanele kube kuYe ngokuphelele, ngaphandle kokucabanga nganoma yini enye phakathi nalezo zikhathi uNkulunkulu uyazi imicabango yethu, futhi kufanele sigcine izingqondo zethu kuYe ngesikhathi sokuzindla nokuthandaza Uma imicabango yethu iqala ukuzulazula—okuyimvelo yayo—kufanele siyibuyisele ekugxileni nasekuzindleni ngokuphindaphindiwe Uma ngithandaza kuNkulunkulu, ingqondo yami iba kuYe Uma uhlakulela la mandla okugxila athule, uzothola ukuthi ngolunye usuku, kungakhathaliseki ukuthi umatasa kangakanani, izinsuku nobusuku kuzodlula ingqondo yakho igxile kuNkulunkulu

Kumelwe futhi sibathande ngobuqotho abanye. Umuntu ovamile akanalo lolu hlobo lothando ngoba uvinjelwe ebugovini bakhe obuncane ngakho-ke akakaqapheli ukuthi uNkulunkulu uhlala ngaphakathi kwabo nakuzo zonke ezinye izidalwa. Ngiyabathanda abantu futhi ngibaphatha ngokulinganayo ngoba bonke bayizibonakaliso zikaNkulunkulu ezingokomoya. Angikwazi ukubheka noma ubani njengesihambi kimi ngoba ngiyazi ukuthi sonke siyingxenye yomoya owodwa waphezulu. Uma uqonda incazelo yangempela yenkolo, okuwukwazi uNkulunkulu,

uzobona ukuthi ungumuntu ophakeme nokuthi ukhona ngokulinganayo futhi akanabandlululo kuyo yonke indalo Yakhe. Khona-ke uzokwazi ukuthanda wonke umuntu njengomuntu ophakeme.

Angifuni ukuheha abalandeli, ngoba lokho akuyona injongo yami empilweni. Akwenzi mehluko kimi ukuthi amakhulu noma izinkulungwane ziyaya ezinkulumweni zami noma izihlalo zihlala zingenalutho. Eginisweni, ngithanda idlanzana lamakhola aqotho kunamakhulu abantu abanelukuluku kodwa abangeqotho. Umgomo wami kuphela ukusiza abantu bazi ukuthi bona. Lapho abantu beqaphela ukuthi ukwazi uNkulunkulu kuwumsebenzi ongcwele kanye nelungelo elingokomoya, sizobona ukukhanya okusha emhlabeni. Izincwadi, izintshumayelo, nezinkulumo ngeke kusanele ukwanelisa umfuni olangazelela ngempela ukuzwa ubukhona bukaNkulunkulu. Kodwa lapho beqonda iqiniso, bazokwazi ukuphila ngalokho okuyikho ngempela.

Kumelwe sisebenzise amaqiniso esiwazwayo nesiwafundayo ukuze angahlali nje eyimibono kodwa abe yizinkolelo eziqinile Ukufunda imiBhalo Engcwele kufanele kuvuse kumuntu ofuna izinto ezingokomoya isifiso sokwazi uNkulunkulu Kodwa akukho okunye okuthatha indawo yokuzindla okujulile ukuze kufinyelelwe lowo mgomo omuhle

Okudingeka ngempela ulwazi olungokomoya Ukuvumelana kwaphezulu kuphela okungasusa isithukuthezi esijulile esivela ekuntuleni injongo empilweni Ulwazi olungokomoya luyiqiniso eliqinisekile futhi lungatholakala ngokuzindla kwansuku zonke. Kungenzeka ukwazi uNkulunkulu ngokuzindla. Futhi uma uzwa ubukhona Bakhe, ukungabaza kuzonyamalala, ifu lokungazi lizonyamalala, futhi uzozwa ukuthula ongakaze ukubone ngaphambili, ngoba ukuthula kwaphezulu akunakuqhathaniswa.

Sekuyisikhathi sokuba abantu bazitholele iqiniso ngokwabo Engikutshela kona, nawe ungazithola uma ufisa. Lezi zimfundiso zingase zibonakale zinengqondo kwabanye, kodwa labo abazisebenzisayo bayazi ukubaluleka kwazo futhi bavuna imivuzo yazo.

Uthisha wami wayevame ukungitshela kuzo zonke izimfundiso ezintsha ezingokomoya engangizithola kuye: "Kumelwe ulazi leli qiniso" Futhi ngakwenza lokho!

Lapho ngithola uthisha wami futhi ngithola le ndlela, ngaqiniseka ngokuhlangenwe nakho kwami ukuthi iyindlela ephilile eholela olwazini lukaNkulunkulu neqiniso, ngakho-ke nganikela impilo yami yonke kuye nasekukhonzeni isintu.

Ukuthula makube phezu kwakho noma ngabe ukuphi ezweni elikhulu likaNkulunkulu

Imibono yolwazi olungokomoya

Uthisha wathi kumfundi owayefuna isiqondiso sakhe
:endleleni engokomoya

Ungafisi ukuthi abantu bakuqaphele wena kanye
nempumelelo yakho engokomoya, kodwa funa uNkulunkulu
kuphela

Uma uqaphela ukuthi kukhona ukuthula ngaphakathi
kuwe, uzoqaphela ukuthi kukhona ukuthula nokuzwana
.kukho konke okuhle endalweni

Uzombona ebuhleni bemvelo, uzizwele ubukhona Bakhe
ebunganini beqiniso, futhi uzwe izibusiso Zakhe ezifisweni
ezinhle nasezinhlosweni ezihloniphekile, ungenazo izinhloso

zobugovu Uzoza ubukhona Bakhe ngemuva kwezimbozo
zokuthula

Futhi kuzo zonke izinto ezinhle

Nqonqotha ngobuqotho emnyango bese isihengo
sizosuswa bese ubona ubuso obukhazimulayo kakhulu
ngobuhle baso bonke nobuhle baso

Uma uthanda uNkulunkulu, uzoza uthando Lwakhe,
futhi akukho okunye okuzokukhohlisa Okuhlangenwe nakho
kwezinto ezibonakalayo kuzokulinga

Ngoba awukayinambithi injabulo engokomoya Uma
wenza kanjalo, uzowazi umehluko

Khululeka ukukhetha. Ungavumeli lutho lukuvimbele,
futhi ungavumeli muntu akulawule noma aphazamise
.injabulo yakho

Wena uqobo lwakho uyingxenywe ehlukile yendawo
yonke futhi kufanele uthole leyo ndawo ephelele ukuze
uzizwe unenjabulo futhi unambithe injabulo yothando
.lwaphezulu

Ukukhipha uthando emigodini yenzondo nentukuthelo
Siyakucela, Nkosi, ukuba ukhanyise ukukhanya kwakho
phezu kwemiphefumulo yethu

Futhi thela izithandwa zakho nalabo abafuna usizo
lwakho ngezibusiso zakho eziningi

Futhi kwangathi angasigcina kude nezinsongo zempi,
.ubudlova nokufa

Futhi usikhuthaze ukuba senze ukuthula kube umgomo
wethu

Futhi uthando luyilungiselelo lethu

Umgomo wethu ukukhululeka emikhawulweni
enemingcele

* * *

Uma umuntu elwela ukuqongelela imali nokugcwalisa
izifiso zomzimba kuphela

Inzuzo ayitholayo incane futhi ayibalulekile

Ngoba usuku luzofika lapho ezoshiya khona yonke
inzuzo yezwe ngemuva

Kodwa uma eceba ngoNkulunkulu

Uyoceba kunawo wonke amakhosi nabantu abacebile
emhlabeni

Lezo ngcebo ezibusisiwe zisezandleni zalabo abathanda
uNkulunkulu

Labo abanganeliseki nganoma yini ngaphandle
kokeceba komphefumulo

Njengoba besebenzela ukuthuthukisa ukuthambekela
kwabo okungokomoya

Nokondla isifiso sabo somthombo wokuphila kwabo

Nokuvuswa kothando ekujuleni kwenzondo nobubi

Baphakamisa ukuqonda kwabo ngaphezu
kwemicabango yezwe emincane

Emikhawulweni yenkululeko, ukuthula, ukukhanya,
nenjabulo

Bayaqaphela ububanzi babo obungenamkhawulo

Bathola imibono nolwazi olusha

Futhi njengoba behlwanyela imbewu yemicabango
nezenzo ezinhle

Ezindaweni zokuqonda kwabo

Ukuqonda kwabo kuyavuleka

Futhi amandla abo okuqonda ayavuselelwa

UPhilamson, ingqikithi yabo yangempela

Bathola umbuso kaNkulunkulu ngaphakathi kwabo

Sicela uNkulunkulu uSomandla ukuba asiqondise ukuze
sikwazi ukuzivuselela

Futhi sikhapha ubuthina bethu obungokomoya emigodini
yobumnyama

Ezindaweni zenkululeko, ukuthula, kanye nokukhanya
kolwazi

Izithelo nemifino emisha kuyizakhamzimba ezibalulekile

Kusukela enkulumweni yokudla okunempilo

Kuthunyelwe e-Encinitas, eCalifornia - ngoJuni 1940

Iphrotheni yenyama akuyona yodwa umthombo
obalulekile wamandla

Amanye ama-mineral salts atholakala emifinweni
nasezithelo ezingaphekiwe nawo ayimithombo ebalulekile

Nakuba ingxenye enkulu yenyama inikeza inani elikhulu
lamandla, uma inyama ibusa ukudla isikhathi eside, izoyeka
ukunikeza lawo mandla Ngaphezu kwalokho, ukudla
amaprotheni amaningi kungaholela ebuthi bamaprotheni,
umthombo wokukhathala nokugula. Ngamafuphi,
amaprotheni amaningi ayingozi njengoba nje engabi maningi
.kakhulu

Uma ufuna ukususa ukukhathala, ikhambi elilodwa
lisekudleni okufanele Inyama ingakunikeza amandla
esikhashana, kodwa ifaka ubuthi obuningi emzimbeni Ukudla
ukudla okuluhlaza okungaphekiwe kuzonciphisa imizwa
yokukhathala futhi kukushiye uzizwa unamandla

Amajusi anikeza amandla abalulekile, kodwa izithelo
nemifino ephелеle inikeza inani elikhulu lokudla okunomsoco.
Kodwa-ke, abanye abantu abafuni ukuchitha isikhathi
.bewadla ngale ndlela

Uhlelo lokugaya ukudla lukhipha izinto zamakhemikhali
bese luzisabalalisa ezinhlotsheni zamaseli ezifanele kuwo
wonke umzimba

Umzimba wakhiwe yizakhi eziningi zamakhemikhali,
futhi ukudla kumele kugcwalise ukushoda kwalezo zakhi
.nsuku zonke

Ukudla kwansuku zonke kufanele kube namaprotheni
anele, amavithamini, amaminerali, amafutha athile
namafutha, kanye nenani elifanele lama-carbohydrate
emvelo, kuyilapho kunciphisa izitashi ezicolisisiwe kanye
.noshukela ocolisisiwe ngangokunokwenzeka

Umthombo omkhulu wamandla yingxube yejusi
lewolintshi nama-alimondi agayiwe, njengoba ama-alimondi
.agaywa kangcono uma exutshwe nejusi lewolintshi

Kubalulekile futhi ukuphuza uketshezi oluningi Uma
amanzi asezingeni elihle engekho, ijusi yezithelo ezintsha,
amanzi kakhukhunathi, kanye nekhabe kuyizithako ezinhle
kakhulu futhi kuyizithako ezingasetshenziwa esikhundleni
.samanzi ahlanzekile

Esikhathini esizayo, abantu bazodla ijusi yezithelo kanye
nejusi yemifino kaningi ngenxa yezinzuzo zezempilo
.ezinikezwa yilezi jusi

Zombili izinhlobo ze-inferiority complexes kanye ne-
superiority complexes zimbi

Ukuzikhukhumeza kubi njengokuzikhukhumeza ngoba
umuntu ozizwa ephansi ngeke akwazi ukukhombisa
.ukukhukhumeza okungaphakathi kuye

Umuntu, njengoba engumuntu ongokomoya, unikezwe
inhlansi engcwele, futhi akulungile futhi kuyiphutha
ukucabanga ukuthi uphansi noma ukucabanga ukuthi
ungaphezu kwawo wonke umuntu nokwenza njengomuntu
.ongenasithunzi noma imvelaphi

Uma umuntu ebonisa ukuqhosha, ithunzi elimnyama
lokuziqhenya lifihla ukukhanya kukaNkulunkulu ngaphakathi
komphefumulo

Ngakho-ke, womabili amafindo kufanele agwenywe
ndawonye ngoba womabili ayizithiyo entuthukweni
.engokomoya

Masizizwe sengathi uNkulunkulu unathi, uyasikhuthaza
futhi uyasiqondisa, nokuthi uluthando olukhulu kakhulu
.ekuphileni kwethu

Labo abamaziyo uNkulunkulu bazizwa sengathi
bayizinceku zawo wonke umuntu futhi abacabangi ukuthi
.bangcono kunabanye

Inkinga yokuzenyeza ihlotshaniswa nalabo abanemibono
ebuthakathaka kanye nokungazi okubuthakathaka,
kuyilapho inkimbinkimbi yokuzenyeza izalwa ukuqhosha
.okunenzondo kanye nokuzikhukhumeza kwamanga

Womabili la mafindo ayalimaza ukukhula ngokomoya
futhi asekelwe ekukhohlisweni nasekunganaki iqiniso,
kunokuba asekelwe ekuqondeni okunempilo kanye
.nokwahlulela okulungile

Ukuzethemba kumelwe kuhlakulelwe ngokungoba
ubuthakathaka bobuntu obuzuzwe njengefa Labo
abakufisayo kufanele balwele ukuzwa ubumnandi bako
ngokusebenzisa impumelelo ebonakalayo ekuphileni kwabo,
ngaleyo ndlela bazikhulule ezinkingeni zokuzenyeza
nokuzikhukhumeza, ngosizo lukaNkulunkulu

Imfihlo nomthombo wamandla

Umzimba udinga amahora amaningana ukuguqula
ukudla kube amandla Kodwa noma yini evuselela futhi
ivuselele intando ikhiqiza amandla asheshayo

Amandla okuzimisela adonsa amandla avela
emangqamuzaneni omzimba kanye nasemgodini wamandla
wobuchopho lapho kugcinwa khona amandla akhishwa
.ekudleni

Intando iphinde idonse umsebenzi omusha ovela
.emthonjeni we-cosmic uye emzimbeni ngomgogodla
Ngakho-ke, imfihlo yamandla itholakala ekulondolozeni
amandla umuntu anawo nokuletha amandla amasha
.emzimbeni ngamandla okuzimisela

?Kwenziwa kanjani lokho

Okokuqala, umuntu kumele enze ngokuzithandela
nangokuzithandela. Uma kukhona okuthile okuwusizo
okufanele kwenziwe, kufanele kwenziwe ngokuzithandela
.nangokuthanda kwakhe

Uma usebenza ngokuzithandela, unamandla amaningi
ngoba awugcini nje ngokudonsa amandla emizweni
ebuchosheni, kodwa futhi udonsela ukugeleza okukhulu
.kwamandla e-cosmic emzimbeni

Owesifazane ophekela isithandwa sakhe ukudla
okumnandi ugcwele injabulo namandla

Kodwa uma ephoqelesa ukupheka ngenkani, uzizwa
ekhathele kusukela ekuqaleni

Ngakho-ke, amandla okuzimisela aletha amandla
:indaba emfushane

Ngesinye isikhathi, ngangikhuluma nomngane wami
ngabangcwele Umngane wami wayengumbolekisi, futhi
wayengathandi njengami. Kunalokho, wathi, "Bonke labo
obabiza ngabangcwele empeleni bangamaqili angamazi
uNkulunkulu" Angizange ngiphikisane naye, kodwa
ngashintsha indaba, saqala ukukhuluma ngomsebenzi
wokuweba. Ngemva kokungitshela okuningi ngakho, ngathi
ngobumnene, "Uyazi ukuthi akekho noyedwa umbolekisi
othembekile ukuthi bonke bangabaqambimanga?"
Wathukuthela waphendula ngolaka, "Futhi yini oyaziyo
ngababolekisi?" Ngaphendula, "Yilokho kanye ebengikusho
Futhi yini oyaziyo ngabangcwele?" Wayengakhulumi
Ngaqhubeka ngokuthula nangomusa, "Angazi lutho
"ngokuhweba, futhi awazi lutho ngabangcwele

Izingelosi zamandla

UNkulunkulu wasidala njengezingelosi zamandla

Futhi sabeka emizimbeni yenyama

Sagxila konke ukunaka kwethu emizimbeni
ebuthakathaka

Futhi sikhohlwe umphefumulo ongokomoya ogcwele
amandla okuphila kwasezulwini

Manje kumelwe senze umzamo wangempela wokugxila

Ukuze ngiphinde ngibe nomuzwa wokuqwashisa
okuphelele

Impande yempumelelo ikhula ekuqondeni
okungokomoya

Ngaleyo ndlela siqaphela imvelo yethu engabonakali
Nokuthi umfanekiso kaNkulunkulu uhlala ngaphakathi
kithi

Imbali yokuqala ensimini yokomoya yimbali yokholo
nethemba

Nokho, isithelo siwulwazi lwangempela olutholakala
.ngokuzihlola

Yiba nethemba futhi wazi ukuthi izinto ezinhle
nezibusiso zokuphila zikulindile

Uma nje usebenza ngobuqotho nangokuzinikela

Ukubuyisela ifa laphezulu elalahlekile

Umuntu ongokomoya ngempela ungumuntu
olinganiselayo

Umuntu ozizwa anelisekile, ojabulela impilo enhle, futhi
onokuqonda okukhulayo

Unengcebo yomphefumulo kanye nengcebo
yokuhlakanipha

Uyaqiniseka ukuthi usizo lukaNkulunkulu luyeza

Kungakhathaliseki ukuthi impilo ingase ibonakale inzima
kangakanani nokuthi izimo zimbi kangakanani

Ubuso bukaNkulunkulu buvezwa kithi ngobuhle bemvelo

Futhi izwi lakhe likhuluma nathi ngezingoma ezithambile
nezicwengekile

Futhi kusukela emazwini amnandi, amnene abathandi

Futhi ngezwi elizwakalayo lomsebenzi
Isikhuthazo esisishukumisela ebuhleni nasekuthuleni

Injabulo nolwazi kuyizwi likaNkulunkulu
Okusibiza ukuba sibuyele endlini ebusisiwe

Indlu yokuthula nokuthula kwengqondo
Futhi ukujabulela ukuba khona kwakhe okumnandi

Futhi ubuhle bayo obungenakuqhathaniswa,
obuphakeme kakhulu

Izwe liyakhohlisa kakhulu, futhi kumelwe silisondele
njengoba linjalo. Uma singazingobi izinkohliso zalo kanye
nokukhohlisa kwalo kuqala, ngeke sikwazi ukusiza omunye
.umuntu

Kumelwe sikhumbule ukuthi ekusithekeni kwengqondo
egxile kukhona ifektri yazo zonke izimpumelelo ezinkulu.
Futhi kule fektri emangalisayo, kumelwe siqhubeke siluka
amaphethini entando yethu ukuze siqobe noma sibhekane
.ngempumelelo nazo zonke izimo ezimbi

Intando kumele iqeqeshwe futhi isetshenziswe njalo
Umuntu unamathuba amaningi okusebenza kule fektri
yasemhlabeni uma nje engachithi isikhathi sakhe futhi
.angachithi amandla akhe ngeze

Ebusuku ngiyazihoxisa ezidingweni zomhlaba zokuba
nami

Kude kakhulu, kude kakhulu nomhlaba
Ngedwa ngentando yami ngingedwa ngokomoya
Lapho ngiqondisa khona imicabango yami endleleni
engiyifunayo

Ngithathe isinqumo ngaphakathi

Uma ngikhuthaza intando yami ukuba yenze imisebenzi
enempilo nezuzisayo, kungidalela impumelelo. Ngale ndlela,
ngisebenzise intando yami ngempumelelo izikhathi eziningi.
Kodwa-ke, lokhu kufezwa kuphela ngokusebenzisa intando
.njalo

Yeka umuzwa omuhle oyoba nawo lapho usukwazi
ukusho nokuqinisekisa ukuthi, "Intando yami, enikezwe
"!intando yaphezulu, izongifezela lokho engikufisayo

Uma umuntu eba nomuzwa wokuzethemba futhi ebeka
konke entandweni kaNkulunkulu ngaphandle kokusebenzisa
intando yakhe ayinikwe nguNkulunkulu, ngeke athole
.umphumela awufunayo

Amandla aphezulu afuna ukukusiza ngokwawo

Kumelwe sisuse ezingqondweni zethu umcabango
wokuthi uNkulunkulu, ngamandla Akhe nangamandla
angaphezu kwawemvelo, ukude nathi futhi ucashe
ezindaweni ezikude zamazulu, futhi akumelwe sikhohlwe
ukuthi intando yaphezulu ingemuva kwentando yethu
yobuntu, kodwa lawo mandla amakhulu, njengolwandle
olugcwele amagagasi alo kanye nokwandiswa, ngeke eze
.ngaphandle kokuba ingqondo ivulekile futhi inhliziyo isabela

Ukunxusa

Umama Wendawo Yonke

Ukuba yilangabi kuphela ezinhliziyweni zethu

Futhi ukususa ubumnyama bemiphefumulo yethu

Futhi ngezinyembezi zethu zothando ngawe

Hlanza uthando lwethu ngezinto zomhlaba

Futhi siyajabula ukuvumelana nawe
Susa usizi nosizi lwethu kube kanye
Yenza izinhliziyi zethu ezincane zibe yinhliziyi enkulu
Ifanela bonke ubukhona bakho
Futhi esibukweni semvelo yakho yaphezulu
Masizibone njengabaphelele nabamsulwa
Kwangathi ilangabi lothando lwethu ngawe
lingaphakama
Ngaphezu kwamalangabi ezifiso zasemhlabeni
Izigidi zezilingo zizenza sengathi ungubani
Futhi kusikhohlisa njalo

* * *

!Woza, O injabulo engcwele nephelele
Ngena emathempelini esikulangazelelayo
Iplanethi mayibe nokuthula
Ezintabeni zethu, ebusuku obumnyama bokungazi
Kwangathi angasiqondisa futhi asibuyisele ngokuphepha
!Kuyo indawo yakho ephephile nephephile
Ukuhleba okuvela ePhakadeni
I-quatrain yokuqala yeKhayyam
Kuhunyushwe ngu-Edward Fitzgerald futhi kwachazwa
yi-Master Paramahansa

Udumo luka-Omar Khayyam eNtshonalanga lusekelwe
enguqulweni kaFitzgerald yama-quaetrains akhe yaphakathi

nekhulu le-19, ebhekwa njengenguqulo engcono kakhulu
.yesiNgisi

Uthisha uParamhansa wayebheka u-Omar Khayyam
njengomunye wabantu abadumile kakhulu futhi onolwazi
oluphakeme, nokuthi wayesebenzisa izimpawu ukuveza
ulwazi lwakhe olungokomoya nolwesipiliyoni, nokuthi
wayengaqondwa kahle, nokuthi abacwaningi abazange
bahlolisise ngokwanele ukuqonda ifilosofi yakhe
.engokomoya ayibeka kuma-quatrains

Vuka! ukuze uthole ukusa ebhodweni lasebusuku
Uphonse itshe elibangela ukuba izinkanyezi zindize
Futhi bheka, uMzingeli waseMpumalanga ubambe
I-Turret yeSultan Enokukhanya Okuncane
:Ukuhumusha kwesi-Arabhu

Vuka, ngoba ekuseni kuphonse itshe esitsheni
sasebusuku

Ukuhlakaza izinkanyezi ngokuphelele
Futhi nangu umzingeli waseMpumalanga
Wathatha umbhoshongo weSultan
Ngokukhanya okukhanyayo
:Incazelo kanye nencazelo
:Incazelo yezincazelo

Ukusa: Kuwukuvuka kokuvuka empilweni yasemhlabeni
ekhohlisayo

Isitsha sobusuku: ubumnyama bokungazi obubopha
umphefumulo ongafi engqondweni yomuntu encane
nelinganiselwe

Itshe: Ukucwengwa ngokomoya

Izinkanyezi: Ukukhanya okukhanga kwezifiso zezinto
ezibonakalayo

Umzingeli WaseMpumalanga: Ukuhlakanipha
okunamandla kwaseMpumalanga okubhubhisa izinsalela
zezinkolelo-ze

Isihibe sokukhanya: ukukhanya kokuhlakanipha
okubusisiwe, okubhubhisa ubumnyama obucindezelayo
obubopha futhi bubophe umphefumulo

:Incazelo

:Ukuthula kwangaphakathi kuyahlebeza

Phaphama! Lahla ubuthongo bokungazi, ngoba ukusa"
kokuhlakanipha kuphukile. Phonsa isitsha esimnyama
sezinto ezingaziwa ngetshe lokucwengisiswa ngokomoya
ukuze usiphule futhi usakaze izinkanyezi ezifiphele,
".ezikhanyayo zezifiso zezinto ezibonakalayo ezifiphele

Bheka ukukhanya kokuhlakanipha kwaseMpumalanga,"
umzingeli nombhubhisi wemicabango ekhohlisayo, ngoba
ibambe umbhoshongo ophakeme womoya ngesihibe
sokukhanya, futhi yaxosha ubumnyama bayo obuvimbelayo,
".yabuxosha ngokuphelele

O nina bantu basemzini wezinto ezikhohlisayo, yekani"
ubuthongo! Ngoba ukukhanya kwelanga komyalezo
"ongokomoya wokuhlakanipha kwangaphakathi sekuvele

Funda ukuthi ungalisebenzisa kanjani itshe eliqinile
lokucwengwa ngokomoya ukuze uphule isitsha esimnyama

sokungazi futhi uxoshe isifiso senjabulo yezinto
ezibonakalayo zesikhashana kuso

Thatha isifundo kumzingeli wokuhlakanipha, ohlala"
efuna imiphefumulo elangazelela ukukhanya futhi efuna
iqiniso, ukuze ayizungeze nge-aura yobuhle obukhazimulayo,
".ubuhle benkululeko yaphakade

Ukubuya KweNdodana Yolahleko

Ngesinye isikhathi, eminyakeni eminingi edlule,
ngabona omunye wabafundi bami ehamba ngakolunye
uhlangothi

Ngiqaphela imiphumela engenakugwenywa yezenzo
zakhe, ngazama ukumncenga, ngisebenzisa zonke izindlela
ezinengqondo, ukuba ayeke inkambo yakhe yesenzo, kodwa
.ngathola ukuthi angikwazi ukumsiza

Ngoba wayehlose ukuqhubeka endleleni yobubi

:Ekugcineni, ngazitshela ukuthi

"Njengoba efuna lokho, ngizomshiya yedwa"

Kodwa uthando lwami nokumkhathalela kwami kwabuya
ngokushesha, ngakho ngahlala phansi komkhiwane ngaqala
ukumcabanga

Ngentshiseko enkulu, ngangimthumelela njalo umyalezo
:olandelayo wengqondo

UNkulunkulu ungicele ukuthi ngikucele ukuthi"
"ushintshe umqondo wakho ngalokho ohlose ukukwenza

Kusihlwa, umuzwa onamandla wokuqonda
engangiwezwa emzimbeni nasengqondweni yami wangenza
ngakholwa ukuthi ngempela uyabuya

Kungazelelwe, kwavela “indodana yolahleko,” isibuyile
:ekhaya. Wababingelela ngokukhothama wathi

Usuku lonke, noma ngabe ngiyaphi nanoma yini"
"?engiyenzayo, ngibone ubuso bakho Kusho ukuthini lokho

Ngaphendula ngathi: "UNkulunkulu wayekubiza ngami.
".Lokho kwakuyibizo Lakhe, hhayi elami

Isifiso sami sasingashukunyiswa ubugovu, kodwa
ngangizimisele ukungashiya

Le ndawo izohlala ivuliwe kuze kube yilapho ubuyela

Lolu hlobo lomklamo lungaletha izinguquko ezinkulu.
!Ngempela kungamandla amangalisayo

Uma uhlela indlela yakho futhi unquma ukuqhubeka
nendlela yakho, kufanele usebenzise intando yakho futhi
wenze umzamo osebenzayo, bese uthola ukuthi zonke izici
zempumelelo zizokuza kuwe lapho wazi khona nalapho
.ungazi khona

Entandweni yakho, egcwele amandla aphezulu, kulapho
impendulo yemithandazo yakho ikhona

Uma usebenzisa leyo ntando, uvula ifasitela lapho
uthola khona impendulo yemithandazo yakho

Lokho kungokuhlangenwe nakho kwami. Esikhathini
esidlule ngangizama ukwenza izinto ezithile ukuze ngivivinye
intando yami, kodwa manje angikwenzi lokho ngoba ngiyazi
umphumela kusenesikhathi: konke engikufunayo kufezwa
.ngenxa kaNkulunkulu uSomandla

Kusukela encwadini ethi "Umgomo Wokugcina
"Womuntu

Masenze uNkulunkulu abe ngumalusi wemiphefumulo
yethu

Futhi ukukhanya kwaphezulu kuyi-scout
Ezindleleni zobumnyama zokuphila
Ungukukhanya okuqondisayo ebusuku bokudideka
Futhi ilanga lokuqiniseka emahoreni okuvuka
Futhi inkanyezi eqondisayo olwandle lobumnyama
bokuphila kwasemhlabeni

Masicele usizo lwakhe futhi sifune ugqozi lwakhe
Ngoba umhlaba uzoqhubeka nokwehla nokwehla kwawo
Imicimbi yayo iyaphithizela njengamagagasi anamandla
?Sizositholaphi isiqondiso

Akukho emikhubeni yethu eguquguqukayo
nebandlululayo
Noma kusuka endaweni esizungezile kuyathonywa
yizinto ezisithintayo

Noma emazweni ethu noma emhlabeni wethu
Kunalokho, yizwi leqiniso eliqondisayo
Okuvela ekujuleni komphefumulo
Ngaso sonke isikhathi ngicabanga ngoNkulunkulu yedwa
Nganikela umphefumulo wami kuye
Nganikela inhliziyo yami kuye
Ngaqondisa uthando lwami kanye nokulangazelela
kwami kuye
Akufanele sithembele lutho olungaphezu
kukaNkulunkulu

Futhi ukuthi kufanele sithembele kulabo
abazokwembula ukukhanya Kwakhe

Lokho kukhanya kuyisiqondiso sami
Kungukuhlakanipha kwami nothando lwami

Amandla angenakunqotshwa
Futhi iqiniso elingenakudlula

Manje naphakade

Kunabantu abacabanga ngokweqile kangangokuthi
bakholelwa ukuthi ukuze baphumelele empilweni kufanele
basebenze njengomshini ngaphandle kokuyeka

Ngakolunye uhlangothi, kunabantu abanjalo abaqine
kakhulu njengabo, njengoba uma sebenesithakazelo
ezindabeni ezingokomoya balahlekelwa yisifiso sazo zonke
.ezinye izinto, futhi lokho kuyisimo esingalungile

Ngokwesibonelo, bakholelwa ukuthi asikho isidingo
sokwenza noma yini edinga ukugxila okukhulu kanye
nomzamo womzimba, futhi beluleka ukuzidela nokulahla
zonke izinto ezibonakalayo. Kodwa lesi simo sengqondo
.sifihla ukungasebenzi kahle kwengqondo

Ngaphansi kwengubo yomoya wamanga

Ngithole ukuthi othisha abakhulu banesithakazelo
esikhulu emhlabeni kodwa abanaso isibopho kuwo. Lapho
uthisha wami enikwa into enhle, wayeyinakekela futhi
ayivikele, kodwa uma kwenzeka iphuka noma yonakala,
wayehleka athi, "Isithakazelo sami kuyo siphelile ngoba
ithathe ukunaka kwami okukhulu." Wayehlukanisiwe ngoba
.wayengasondelene naye

Ngizizwa ngendlela efanayo engikwazisa ngayo lokho
uNkulunkulu anginika khona, kodwa angikuphuthelwa uma
ngikulahlekelwa yikho

Ngesinye isikhathi, othile wanginika ijazi elihle
elinesigqoko, futhi kwakuyisethi ebizayo engangikujabulela
ukuyinakekela nokuyivikela ekudabukeni nasekungcoleni
kwaze kwaba yilapho sengikhathele yiyo futhi ngathi: "O
"!Nkulunkulu, angidingi le nkinga

Ngolunye usuku, ngaya ehholo eLos Angeles
ukuyonikeza inkulumo, kwathi lapho ngifika futhi ngiqala
ukukhumula ijazi lami, ngezwa izwi likaNkulunkulu lithi,
"Thatha zonke izinto ezisezikhukhwini zejazi." Ngakho
.ngenza kanjalo

Ngemva kwenkulumo, ngabuyela ekamelweni lokugcina
amajazi ngathola ukuthi ijazi - sengathi uNkulunkulu
.angakuvikela - selinyamalele

Ngangiphatheke kabi kakhulu ngalokho, ngakho othile
wathi, "Ungaphatheki kabi, sizokuthengela elinye ijazi"
Ngathi, "Angiphatheki kabi ngoba ngilahlekelwe yijazi, kodwa
ngoba umuntu othathe ijazi akazange athathe nesigqoko
"esihambisana kahle nejazi

Akufanele sivumele imizwa yethu isilawule Umuntu
angajabula kanjani uma konke akukhathalelayo kuyizingubo
?zakhe nezinye izinto zakhe

Lokhu akusho ukungagqoki izingubo ezihlanzekile
nezihlelekile noma ukuhlanza nokuhlanza indlu, kodwa
.kunalokho ukungagxili kakhulu kulezi zindaba

Ngesinye isikhathi ngimenywe ephathini yesidlo
sakusihlwa futhi konke kwakukuhle kakhulu futhi kuhlelwe
kahle, ngajabulela isidlo sakusihlwa, kodwa ababungazi
bethu babekhathazekile kakhulu, besaba ukuthi konke

kungase kungahambi njengoba bekuhleliwe, futhi ngenxa
.yalokho, bonakalisa isimo ngokukhathazeka kwabo

Labo abazwela ngokweqile bavame ukuzwa
ukukhathazeka nokungakhululeki kwabanye Kungani
ukwesaba nokukhathazeka? Kufanele senze konke
okusemandleni ethu, bese siphumula futhi sivumele abanye
baphumule Kufanele sivumele izinto zihambe ngendlela yazo
yemvelo ngaphandle kokuziphoka, bese labo abasizungezile
nabo bethola ukuthula

Ukuvunwa kweParmenidean

Ngemuva kwentando yomuntu kukhona intando
yaphezulu kanye nenjongo yokugeleza okungenamkhawulo
kwamandla emkhathini

Kuwukukhombisa konke okuhle nokuzuzisayo empilweni

Ngenxa yalesi sizathu, noma ngubani ohlala eqinile futhi
ehambisana nentando ephakeme uzonikezwa impumelelo
.ngosizo lukaNkulunkulu

Amandla okuzimisela amandla nesifiso esiqondiswe
ekufezeni umgomo othile

Akukho lutho olungenziwa ngaphandle kwamandla
okuzimisela; empeleni, ngisho nokunyakaza okulula
kungadalwa empilweni yansuku zonke ngaphandle
.kokusebenzisa amandla okuzimisela

Iningi labantu lenza izinto ezingabalulekile futhi aligxilisi
imizamo yalo ngendlela eyakhayo

Isifiso sihlukile kwentando, yize isifiso singasebenza
njengesisusa sentando

Ekuthuthukiseni amandla okuzimisela, umuntu kumelwe
abe nokuzimisela kuqala futhi asebenzise ukuqonda,
.ukuqonda, nokuhlakanipha

Lokhu kulandelwa ukuqeqeshwa nokusebenzisa intando
ngamabomu ukufeza umgomo ofiselekayo

Uhambo nomzamo kumele kuqhubeke kuze kube
yilapho umgomo usufeziwe

Uma umuntu enquma ukufeza umgomo omuhle, kuba
okungafanele ukuyeka ukuzama

Noma angase avume izimo ezimbi

Uma ukwazi kuhambisana nentando ephakeme kanye
nomcabango kanye nentando kugxile emcabangweni othile
ngaphandle kokuphazamiseka, amandla entando azogcwala
umsebenzi we-cosmic ongenamkhawulo nongapheli

Intando yomuntu elawulwa ukungazi nezifiso iletha
ubuhlungu nezinkinga kumniniyo

Ukuze kunambitheke injabulo yangempela, izifiso
ezinhle kumelwe zinqobe ezimbi, futhi intando kumele
iqondiswe endleleni efanele eya emthonjeni weqiniso kanye
.nomsuka wakho konke okuhle okukhona

Kungani umuntu kufanele agweme ukufakaza amanga?
Ngoba amanga akhuthaza ubuzenzisi nokukhohlisa

Ukukhaphela kungenye yezono ezinkulu emehlweni
kaNkulunkulu Ukumangalela umuntu ngamanga ukuze uzuze
noma ngesifiso sokuziphindiselela kuyindlela yokufunga
amanga Ukube wonke umuntu wayelandela lo mkhuba,
isiphithiphithi kanye nobudlova bekuyobusa phakathi
kwabantu

Ukulalela ubufakazi obungamanga obumelene nomunye
umuntu kuwukuvumelana nofakazi wamanga
nokuhlanganyela ekuziphatheni kwakhe okuhlazisayo,
nokuthi ukulalela nokusekela kuzophenduka
ngokungenakugwenywa kube yingxabano yangaphakathi
yemizwa edabula ukuthula komphefumulo futhi iphazamise
.ukuthula kwempilo

Ngisho noma ngabe kufaneleke okwesikhashana, isenzo
sizogcina siphumelele kakhulu futhi sidale ukucindezeleka
kanye nobuhlungu bengqondo obuphazamisa ingqondo futhi
.bushaye unembeza

Umona unemiphumela elimazayo nobuhlungu, njengoba
uletha ukuhlupheka komuntu siqu kumuntu onomona ngoba
.imicabango nemizwa umuntu ayikhiphayo izobuyela kuye

Lowo onikeza uthando nozwela uzothola uthando
nokuphathwa ngendlela yozwela, kuyilapho lowo othumela
imicabango yobugovu, ubugovu nomona ezozilethela lezi
.zinto ngokulinganayo

?Kungani umuntu kungafanele entshontshe

Umhlaba ubuyoba njani ukube wonke umuntu ubephila
ngokweba, ukuphanga, nokuphanga? Uma kunjalo,
ubugebengu obubi kakhulu nobunyantisayo buzokwenziwa.
Kuzoba nokulwa okunamandla ukuvikela impahla nokubuyisa
.izimpahla ezebiwe

Ukweba kuyisenzo esiphambene nezindinganiso
zomphakathi futhi esiphuca abanye amalungelo abo,
ngakho-ke kuphambene nemithetho yokuphila, futhi
imiphakathi ayinazo izinsiza ezifanele nezindlela
.ezisebenzayo zokubhekana nabenzi bobubi

Uma amasela eboshwa, imikhuba yawo emidala ingase
igxile kakhulu, futhi angase athole imikhuba emibi emisha

ngenkathi ehlangana nezinye izigebengu Uma lokhu
kwenzeka, isimo sawo sizoba sibi kakhulu lapho ekhululwa
.kunangaphambi kokungena ejele

Siyakucela, Nkosi, ukuba usibusise ukuze singakuzwa
okubi, singakuboni okubi, singakhulumi okubi, noma
.singaphefumuli okubi

Asithinti okubi, asizwa okubi, asicabangi okubi, futhi
asiphuphi okubi

:Amandla esiwasebenzisa nsuku zonke

Imibono yethu yezinzwa

kanye nemizwa yethu -

kanye nobuhlakani bethu -

Konke lokhu kubolekelwe kuNkulunkulu, futhi
asinakuphila ngisho nomzuzwana owodwa ngaphandle
.Kwakhe

Nokho, ngenkathi sisebenzisa iziphiwo Zakhe,
asicabangi Ngaye ngendlela okufanele sicabange ngayo,
.futhi asimniki ukunakwa okufanele

Kunalokho, siphishekela izinjabulo zenyama kanye
nezifiso zezwe ngokuvumelana ngokuphelele kanye
.nokuxhumana okuphelele nomhlaba wezinto ezibonakalayo

Lokhu kuyimbangela eyinhloko yazo zonke izinhlungu
nokuhlupheka kwethu

UNkulunkulu wasidala ngomfanekiso waKhe, ngakho-ke
asinakukwazi ukunambitheka kwenjabulo yangempela
ngaphandle kokuthi sithole ubukhona baKhe ngaphakathi
kithi futhi sinambithe umpe wenjabulo yaKhe
.emiphefumulweni yethu

Futhi asinakuba namandla abusisiwe adingekayo ukuze
sithole, ngentando, lokho esikudingayo nsuku zonke

Ngaphandle kokuba siqaphele ukuthi uNkulunkulu
ungumthombo walawo mandla, kumelwe sithembeke kuYe
.futhi siphendukele kuYe

Ngezinhliziyo ezibonga ngazo zonke izibusiso
azithululela phezu kwethu ngomfudlana oqhubekayo

Uma ubonga, ngizokwandisa [ekuthandeni]

Lapho izinhliziyi zethu zichichima ukubonga kuMuphi
Ophanayo Kakhulu, ziba amathempeli angcwele okuba
khona kwaKhe okukhazimulayo, futhi lokho kuyimpumelelo
enkulu kakhulu umuntu angayithola, ngoba injongo
yokuphila iwukuba umuntu avumelane noMdali wakhe,
.asondele kuYe, futhi amazi

Funani kuqala umbuso kaNkulunkulu nokulunga}
{kwakhe, khona konke lokhu kuyakwenezelwa kini

Ngokukhumbula uNkulunkulu njalo nokucabanga kahle
ngaye, sizobona ukuthi ungothandekayo wethu, ukuthi
singabakhethiweyo bakhe, nokuthi sinesabelo ekuphaneni
.kwakhe

Umbuso wenjabulo, uthando, ukukhanya, nobuhle

Uma sicabanga ngezibusiso zikaNkulunkulu eziningi,
okukhulu kunakho konke okungenzeka ukuthi sisebenzise
inkululeko yokuzikhethela ekulandeleni indlela efanele
eholela ekuhambisaneni nezinjongo eziphakeme
nokufinyelela injabulo engokomoya, usuku ngalunye
lugcwala injabulo yangaphakathi evuselelwe, futhi sizwa
umsinga obusisiwe ugeleza ezimpilweni zethu, ngakho
ukubonga kugcwalisa izinhliziyi zethu, futhi impilo
.inokunambitheka nencazelo

Umuntu, ngokucabanga okujulile, ongabona umthetho
waphezulu osebenza ngendlela engaqondakali, akayeki
ukudumisa, ukubonga, nokuzithoba phambi kwaLowo
.okufanele athande, adunyiswe, nokubonga

Masikhumbule uNkulunkulu, umthombo wakho konke
okuhle okukhona, futhi masihlanganise inkumbulo yethu
.nothando oluqotho oluvela ekujuleni kwezinhliziyi zethu

KuNkulunkulu, okuphuma kuye ukuphila, uthando
luphuma kuye, nezibusiso zithulula ngaphandle kokuma

Masikhumbule ngenjabulo bonke labo abakhanyisa
ikhandlela lesintu, noma abahlwanyela imbewu enhle
emhlabathini wezwe, noma abasakaza imibono
ekhanyiselwe, noma abakhuthaza izenzo ezinhle
.nokuziphatha okuhle

Masivule izinhliziyi zethu othandweni, masivumele
izingqondo zethu zamukele ukuphefumulelwa
okukhanyiselayo, futhi masicele usizo nesiqondiso
.kuNkulunkulu

Kulokho esikucabangayo nesikwenzayo

Ukwesaba kulimaza inhliziyo

Inggondo yomuntu iyingqolobane enkulu yamandla noma
imisebenzi ebalulekile

Lo msebenzi usetshenziswa njalo ekunyakazeni
kwemisipha, ekusebenzeni kwenhliziyo, emaphashini, kanye
nase-diaphragm, ekusebenzeni kweseli, ekuphenduleni
kwamakhemikhali egazini, kanye nasekusebenzeni kwezitho
zomzimba ezizwayo (izinzwa)

Ngaphezu kwalokho, inani elikhulu lamandla abalulekile
lichithwa ekucabangeni, emizweni, kanye nasekuzimiseleni

Ukwesaba kunciphisa umsebenzi obalulekile futhi
kungenye yezitha eziqine kakhulu zentando esebenzayo

Ukwesaba kuyacindezela futhi kuvimbele umsebenzi
wokuphila ovame ukugeleza njalo uye emithanjeni, ukuze
kubonakale sengathi ikhubazekile, futhi umzimba uba
buthaka futhi amandla awo ancipha ngokuphawulekayo
nangokuphawulekayo (ukwesaba kuvimbela imizwa!)

Ukwesaba akusizi ukuqeda imbanga yokwesaba
Kuyenza buthaka intando futhi kushukumisele ubuchopho
ukuba buthumele isignali yokuvimbela ezithweni zomzimba
Ukwesaba kuyonakalisa inhliziyo, kuphazamise ukugaya
ukudla, futhi kubangele izifo eziningi zomzimba

Uma ukuqaphela kuhlala kugxile kuNkulunkulu, ngeke
wesabe lutho futhi uzokwazi ukunqoba zonke izithiyo
nezithiyo

Ngesibindi nokholo "Isifiso" yisifiso esingenawo
amandla, kanti "inhloso" yisinqumo sokwenza okuthile:
ukugcwalisa isifiso noma isifiso. Kodwa "intando" ingavezwa
ngokuthi: "Ngisebenza ngokuzikhandla ngize ngifinyelele
"engikufunayo

Uma uqeqesha amandla akho okuzimisela, ungakhulula
futhi uqondise amandla omsebenzi obalulekile, kunokuba
ufise okuthile ngaphandle kokwenza okudingekayo ukuze
.ukuthole

Akumelwe silahle ithemba, kodwa kufanele siqaphele
ukuthi uNkulunkulu usinika ithuba eliningi lokuthuthukisa
izimo zethu, aphakamise imibono yethu, futhi adale izinto
.ezintsha neziwusizo kithi nakwabanye empilweni

Uma singajabuli ngendlela yethu yokuphila, kufanele
sihlale izindlela ezintsha nezindlela ezizosinika izinga
.lokwaneliseka kanye nenduduzo yengqondo

Kufanele sicabange ngokwenza okuthile
okuzothuthukisa izimo zethu futhi kwenze izimpilo zethu zibe
.nenjongo futhi zibe nenzuzo, bese sikusebenzisa lokho
Okudingeka ngokushesha ukushintsha ingqondo noma
ukushintsha indlela yayo

Kumelwe sinqume ukuthi ngeke sivumele izinkinga
zisithinte futhi zisilahle ibhalansi, nokuthi ngeke sivumele
izinto ezikhathazayo zonakalise izimpilo zethu, zithathe
.imizwa yethu, futhi zonakalise umoya wethu

Futhi ngeke sibe yizisulu zemikhuba elimazayo kanye
nezici ezilimazayo, nokuthi sizokhululeka futhi singazithibi
.njengezinyoni esibhakabhakeni

Asikho isidingo sokuba abantu bahlale bemi ndawonye
futhi bengaguquki. Izindwangu zokukhohlisa kumele zisuswe
engqikithini yomphefumulo ukuze zikhanye ngobumsulwa
namandla azo, zembule ubuhle obuhle uNkulunkulu abunike
.isintu

UNkulunkulu ubusisa imizamo emihle, izifiso ezifanele,
kanye nokuzimisela ukuphumelela

Ngemuva kwempilo yethu kulele amandla oMoya
oPhakeme, futhi ngemuva kwentando yethu kulele ulwandle
.oluphelele lweNtando Yaphezulu

Siyingxenye ebalulekile yalolo lwandle
olungenamkhawulo. Uma sifika kulo futhi sibhukuda kulo,
.ukuqonda kwethu kuyakhula futhi sizizwe ubukhulu bethu

Ukucabanga ngakho kusisondeza kukho, futhi
ukucabanga ngakho kusiholela kukho

Umzamo oqhubekayo wokuvumelanisa nakho usinika
ulwazi, ukuzimisela, namandla

Ukulungiselela kwansuku zonke ukuqonda kuletha
uthando lwaphezulu nezibusiso zasezulwini

Igeleza kithi ngaphandle kokuphazamiseka futhi isinika
isabelo esikhulu sengcebo yolwandle

Kukhona ukuqonda kwaphezulu okufihliwe ngaphakathi
.komuntu wonke, ukuqonda okulindele ithuba lokuziveza

Futhi ukuphuma endaweni encane nenemingcele ye-ego

Njengoba nje umuntu evuka ebumnyameni
obuphazamisayo ukuze aqaphele ukuthi lokho akubonayo
kwakuyiphupho nje, kanjalo nokuqonda kwaphezulu
kuyamkhuthaza umuntu ukuba avuke ebumnyameni obubi
bokulala nokudideka aye ekuqondeni okusha nokuqonda
.okunengqondo kwencazelo nenjongo yokuphila

Uma sifisa ukuzwa ukuvuka ngokomoya nokubona
ukukhanya kokuqiniseka, kumelwe silalele izwi
.langaphakathi

Sisabela ekushukunyisweni yiso. Kumelwe sisuse
endleleni amatshe okukhohlisa kanye namatshe okungazi
avimbela intuthuko yomphefumulo futhi avimbele
.ukunyakaza kwawo

Futhi masingqongqoze ngesandla sokulangazelela
emnyango wokuvuka ebuthongweni bokunganaki, ukuze
siphefumule emoyeni wenjabulo futhi silethe ugesi
wasezulwini kuyo yonke imicabango yethu nayo yonke
.imizwa yethu

Futhi yonke imisebenzi yethu

Sicela uNkulunkulu uSomandla ukuba avule amafasitela
okuqwashisa engqondweni yethu, asigcwalise ngokukhanya
kokuhlakanipha, asizungeze ngothando lwaKhe, futhi
.asimboze ngesihawu saKhe saphakade

Phakathi kwalabo abeza kimi, kwakukhona abantu
engangibatshela kusukela ekuqaleni, ngokusobala, ukuthi
izisusa zabo azilungile, futhi ngabacela ukuba bashintshe
.lezo zisusa

Abambalwa kubo abazange bakuthande engakushoyo,
kodwa abanye basabela futhi bashintsha baba ngcono

Ubuzenzisi abuholeli emphumeleni omuhle, futhi ngisho
nabahlakaniphile kakhulu abakwazi ukufihla lokho okuvezwa
ngamehlo abo

Umlando wonke womuntu ubhalwe emehlweni akhe

Uma ufisa ukwazi ubuntu bangempela bomuntu, cela
uNkulunkulu ukuba akwembulele ubuntu bangempela
.balowo muntu

Ngenxa yokuthi awufuni ukukhohliswa, uzozizwa ujule
enhliziyweni yakho ukuthi kuyiqiniso futhi umuzwa wakho
ngeke ube nephutha

Uma sikhuluma nomngane wethu, kufanele simbheke
ngqo emehlweni futhi sikhulume ngokuzethemba,
.ngokuqiniseka, nangeqiniso

Uma sixhawulana nothile, kufanele simbonise amandla
adonsela phansi othando lwethu nobuqotho bethu, futhi
.sizame ukumsiza ngangokunokwenzeka

Umntu ofuna ulwazi kumele abe nombono omuhle futhi
asebenzele ukuthuthukisa amandla akhe okuthonya
ngokomoya; khona-ke uNkulunkulu uzomnika amandla
.okusiza abanye nokudlulisela ukudlidliza okubusisiwe kubo

Ngingahamba ngale kwamaplanethi nezinkanyezi
ezikude kakhulu, kodwa ngizohlala ngingowakho Abalandeli
bakho bangase bafike bahambe, kodwa ngizohamba nawe
futhi ngibe ngowakho kuze kube phakade Ngingase

ngijikijelwe amagagasi okuzalwa kabusha okungenakubalwa
futhi ngizizwe nginesizungu futhi ngingedwa, kodwa
ngizohlala ngingowakho

Umhlaba, omatasa ngemidlalo yakho, ungase
ukukhohlwe, kodwa ngizohlala ngikukhumbula Izwi lami
lingase liphele futhi ngingase ngihluleke

Kodwa ngamazwi omphefumulo wami ngizohlebelala
"ngithi: "Ngiyohlala ngingowakho

Izilingo, ukugula, nokufa kungangidabula futhi
kungishise umzimba wami, kodwa uma nje kusekhona
ukukhanya kwethemba enkumbulweni yami

Bheka emehlweni ami afayo ngoba ngawo
ngizokutshela: "Ngizokuthanda kuze kube phakade futhi
"!ngizohlala ngithembekile kuwe

Nginitshela iqiniso ukuthi ngithole izimpendulo zayo
yonke imibuzo yami hhayi kubantu, kodwa kuNkulunkulu,
.umthombo wakho konke ukuphana

Futhi umthombo wolwazi lonke endaweni yonke

Ungukuphela kokuphefumulelwa kwami empilweni, futhi
uma ngikhuluma, ngiyamcela ukuthi agcwalise amazwi ami
ngamandla akhe, iqiniso lakhe, uthando lwakhe, nokukhanya
kwakhe, ngizwa amagagasi enjabulo engigubuzela ngoba
uthando lwakhe olukhulu luthululela emphefumulweni
njengemimoya epholile ezinsukwini ezishisayo, futhi
ukuthululwa kwalo kuqhubeka ngamandla imini nobusuku,
isonto nesonto, unyaka nonyaka, ngakho awazi ukuthi
.ukuphela kukuphi

Abantu bacabanga ukuthi badinga uthando nengcebo
evela kubantu, kodwa bacabanga ukuthi badinga uthando

kanye nengcebo evela kubantu, kodwa bacabanga ukuthi
.badinga uthando kanye nengcebo evela kubantu

Uthando lwaphezulu olungashintshi nengcebo
engokomoya engenakulinganiswa ngengcebo yasemhlabeni
Noma ubani oqaphela ukuthi uNkulunkulu ungumthombo
wothando lonke, injabulo nomusa uzokuthola futhi ajabule
kakhulu ngakho

UNkulunkulu uyabapha labo abathemba kuye, nalabo
abathembela kuye

Uyambheka, hhayi isidalwa

Uyamkhulula ezinhlekeleleni nasezinkingeni

Futhi ugcina ububi bukude nendlela

Enhliziyweni yakhe siphila impilo enokuthula

Futhi imiphefumulo enokuthula iyakuzwa lokho

Futhi uma simdinga, uyasisiza

Ngokuthinta okuletha induduzo nenjabulo

Futhi ubuhle buza kithi njengemvula enkulu

Ukutholakala kwayo akupheli impilo yonke

Ubusisiwe onesihe kakhulu, yeka ukuthi mkhulu

!kangakanani

Ungowethu njalo, njengoba nje nathi singabakhe

Izikhuthazo eziphakeme kakhulu

O Mdali Ongcwele

Nkosi Yomhlaba Wonke

Wena olawula futhi osungula amaplanethi, izinkanyezi,
kanye nemithala

Umthetho wakho olungile uqondisa ukunikeza
izakhamuzi zakho inkululeko yokuzikhethela kanye
nenkululeko yokuzikhethela, okuzosisiza ukuba
zizithuthukise futhi zisondele ezimisweni nasezimisweni
.zakho ezingcwele

Usinike inkululeko yaphakade futhi watshala
ngaphakathi kithi imbewu yokuqonda okubanzi. Kodwa
ngeshwa, sibophe ukuqonda kwethu okubanzi ngemuva
kwemigoqo yobugovu, inzondo, ukucabanga
.okulinganiselwe, kanye nokushisekela okungaboni

Nkosi, sisize sincibilikise – ngothando lwethu
olufudumele nokuqonda kobuzalwane – zonke izithiyo
.zokwenziwa nezibandayo phakathi kwethu nabanye

Sisize ukuba sisebenzise unembeza oqaphile kanye
nokwahlulela okuhle ekuzithibeni futhi sihambe ngobuqotho
ezindleleni zokuphila

Futhi usibusise ukuze sandise ingcebo yethu
engokomoya kanye nozwela lwethu ngokwandisa
umbuthano wothando lwethu lwesizwe ukuze luhlanganise
bonke abantu emhlabeni, kungakhathaliseki ukuthi
bangobani, bangabaluphi uhlobo, bangobani, bangobani,
.futhi bakholelwani

Nkosi Yomhlaba Wonke, masihloniphe futhi sihloniphe
ukuzimela kwabo bonke abantu abazalwa bekhululekile

Futhi usibusise ukuze sakhe umhlaba onobunye futhi
sikukhethe njengomholi wethu ongokomoya wokuphila
konke

Kusukela ekujuleni komphefumulo

O Nkosi, vumela amalahle okulangazelela kwami
akhanye

Ubukhona bakho obungcwele bukhona njalo

Ngakhe ithempeli lezifiso zami

Kuyo yonke imibono yami

?Ngicela ungivakashele

Futhi wahlala esihlalweni sobukhosi sothando lwami

!Ngawe

Kwangathi imicabango yami ingalandela isiqondiso

sakho esihlakaniphile

Kwangathi ungaba injabulo enkulu empilweni yami

Kusukela esangweni lokucabanga ngoNkulunkulu

nokuzindla Ngaye

Ngizongena eThempelini Lokuthula Okuqhubekayo

Namuhla ngizokhanyisa inqwaba yezinti ukumela

ukukhathazeka nokwesaba

Ukukhanyisa ithempeli likaNkulunkulu emphefumulweni

wami

Ngizofuna uNkulunkulu ngedwa emphefumulweni wami

Futhi ngizothandaza ngobuqotho kuze kube yilapho

inhliziyo yami ishaya ngothando ngaye

Futhi ngiyayizwa impendulo Yakhe emithandazweni

yami

O, ukube nje inhlansi yempilo yami ibingahlangana

nelanga likaNkulunkulu

Futhi kukhanya kubo bonke abantu abathanda ubuhle

Ngizofafaza umhlaba ohlukaniswe yizimpi

Ngemicabango yokuthula nothando

Ngizongena endlini engcwele yaphezulu

Futhi ngithinta ukuqonda kwendawo yonke

Ngenjabulo yokuzindla nothando lwaphezulu

Isivikelo saphezulu singizungezile njalo naphakade

Futhi ukukhanya kukaNkulunkulu kuyangiphelezela futhi

kuxosha ubumnyama obungizungezile

Uma nje ngihamba ekukhanyeni Kwakhe okuqondisayo,

angizukukhubeka

Ngeke ngiphambuke endleleni efanele

Imizwa ephilayo

O Moya Wokuphila kanye noMphathi Wezindawo Zonke

Ungemuva kwamehlo ami, lapho ngibona khona ubuhle

bakho obubonakalayo

Futhi ngemuva kwendlebe yami, engilalela ngayo

ingxube yemisindo yasemhlabeni

Ungisekela ngokuthinta kwami, engikuzwa ngakho izinto

emhlabeni wakho wasemhlabeni

Futhi ngale kwesihengo semvelo esifihla ubuso bakho

obuhle

Ngikubona emehlweni aduduzayo ezimbali

Futhi ngikunambitha ukunambitheka kokudla

okunomsoco

Ngiyawuzwa umongo wakho waphezulu kanye
nobumnandi bakho baphakade

Kuzo zonke izinto ezinhle nezimangaliso ezikhona

Ngiyakhuleka kuwe, Nkosi, futhi usemva kwezwi lami
elithuthumelayo

Futhi ngemuva kwengqondo yami, engithandaza ngayo

Ungaphezu kwemizwa yami ejulile

Ngale kwemicabango yami engcwele nezifiso zami
kanye nokulangazelela kwami ngawe

Ungaphezu kokuzindla kwami futhi ungaphezu kothando
!lwami olufudumele

O, ukube nje ubungaphuma ngemuva kwezimbozo
zemizwa yabantu

Futhi indawo yemvelo emangalisayo

Vula amehlo ami angokomoya ukuze ngikubone
!njengoba unjalo

Ukuphila ngaphandle kukaNkulunkulu akuphelele

Uma sixhumana noNkulunkulu, ukuqonda okunembile
kuzosikhuthaza futhi kusiqondise kukho konke esikwenzayo

Kumelwe sibe nalawo mandla abusisiwe ngamabomu.
.Lawo mandla angaphakathi kithi; sidinga nje ukuwambula

Uzothola ukuthi la mandla asebenza kukho konke
ukuthuthukisa izimo zakho nokwenza izinto zibe lula kuwe.
Uma uxhumana nala mandla, inhlalakahle yakho izogcwala
ngamandla endalo yonke, futhi imicabango yakho iyoba
ngcono, igxile, ibukhali, futhi ifinyelele Uzoqaphela ukuthi
imiphefumulo yakho iyizitsha zeqiniso likaNkulunkulu
.eliphilayo kanye nokuhlakanipha Kwakhe okungapheli

UNkulunkulu ungumthombo wempilo, ukuchuma,
ukuhlakanipha, kanye nenjabulo yaphakade Uma sixhumana
naye, izimpilo zethu ziyaphelela futhi ziyanelisa

Ukuphila ngaphandle kukaNkulunkulu akuphelele
Kumelwe sicabange ngalawo mandla aphezulu asinika
ukuphila, amandla, nokuhlakanipha

Kumelwe sithandaze ukuthi leli qiniso ligeleze
ezingqondweni zethu, la mandla angene emizimbeni yethu,
.kanye nale njabulo engapheli emiphefumulweni yethu

Ngemuva kobumnyama bamehlo avaliwe kulele
amandla amangalisayo endawo yonke, kanye nayo yonke
imiphefumulo emihle nemimoya emihle

Futhi ububanzi obungenamkhawulo bezingxenye
zomphefumulo

Uma uzindla, uzobona iqiniso eliphelele futhi uzobona
umsebenzi walo omangalisayo empilweni yakho nakukho
.konke okumangalisayo nokukhazimulayo endalweni

Ezindleleni zokulangazelela

UNkulunkulu uyangibiza

Ngemiphefumulo evulekile

Nezinhliziyi ezinomusa zishaya ngothando

Futhi kugcwele ukholo

Zonke izenzo ezinhle ezenziwa ngumfundi

Ukwazi kwakhe kusondele kakhulu

Kusukela emngceleni wokwazi kwendawo yonke

Ake ngingene ngaphakathi, Nkosi

Ukubona ubuhle bakho baphezulu
Futhi ngibusisiwe ukubona izibani zakho ezikhazimulayo
Uma impilo yami iqondiswa ukuhlakanipha kwakho
kwaphezulu
Ngakho-ke, imizamo yami nakanjani izophumelela
Ngeke ngiphambuke
Ngibusise, Nkosi, ukuze umbono wami ucace
Umphefumulo wami uhlanziwe
Wabe esebona ilanga lokuqiniseka
Futhi ngiyajabula ukwazi iqiniso
Namuhla ngizokhohlwa ubunzima bami besikhathi
esidlule
Ngizobhekana nesikhathi samanje nesesikhathi esizayo
Ngesibindi nokuzethemba, ngosizo lukaSomandla
Ngizogcwalisa umzimba wami ngamandla angaphandle
Futhi ngigeza ubumi bami ngokukhanya okuphulukisayo
kokwazi kwaphezulu
Njenge-nebula ye-cosmic
Ukuthula kugcwalisa ingqondo yami
Futhi wezwa ubukhona bukaNkulunkulu
obungenamkhawulo
Nkosi, khanyisa ukuqonda kwami
Gcwalisa isitsha sami sengqondo
Ngokuqonda nolwazi

Kwangathi ukukhanya kothando lwakho kungakhanya

Ezindleleni zokuphila kwami

Eziqhingini zaseBlue Islands

Kusukela ebalcony yami, ngabheka ngasentshonalanga,
futhi ngandiza ngamaphiko okucabanga ngaya ogwini
lomkhathizwe olude. Ngakwesokudla nangakwesobunxele
sami, ngabona izintaba ezimbili ezasheshe zaphenduka
.umbala onsomi ongaqondakali

Lapho ngibheka futhi, isandla esingabonakali
sasibamboze ngesembozo esiluhlaza okwesibhakabhaka.
Ngemva kwami kwakulele idolobha laseGuadalajara, ligcwele
ukushona kwelanga. Isibhakabhaka sasempumalanga manje
sase sinombala opinki othambile. Ngibheka phambili, amehlo
ami abona idolobha elimangalisayo leziqhingi eziluhlaza
.okwesibhakabhaka lintanta echibini legolide

Kulesi siqhingi seziqhingi eziluhlaza okwesibhakabhaka
esimangalisayo, igquma elikhulu le-limestone eluhlaza
okwesibhakabhaka liqhakazile, lizungezwe amafu entaba-
mlilo ampunga amhlophe akhipha ama-geysers e-lava
ebomvu-golide evuthayo, egeleza njengothingo olubheke
echibini elithule. Amalangabi amakhulu egolide amboze
iziqhingi eziluhlaza okwesibhakabhaka ngama-halos
.akhanyayo okukhanya

Isiqongo esiluhlaza okwesibhakabhaka kanye nomqhele
waso ovuthayo kwakubonakala njengamawele ebusweni
bechibi legolide elithule. Ngakwesokudla kakhulu, ichibi
elincane, elizolile lalikhazimula, libekwe esifubeni sesinye
seziqhingi eziluhlaza okwesibhakabhaka njengenyanga
.egcwele ibhukuda phakathi kwamagagasi amafu

Ngazulazula isikhathi eside edolobheni lokushona
kwelanga namafu afana ne-tarage, ngintanta phezu kwechibi

ngokukhanya kwalo okuthambile kwegolide. Yeka ukuthi
lawo manzi egolide ayemangalisa kangakanani egcwele
amaqoqo eqhwa abomvu asakazeke kuzo zonke
izinhlangothi kuze kube semkhawulweni wephakade

Bengicabanga ukuthi izidalwa zokukhanya
ziyimiphefumulo emihle kulo mhlaba, futhi ngemva
kokuphumelela kuzo zonke izivivinyo zokuphila, zavunyelwa
ukuzijabulisa nokufeza amaphupho azo ngendlela ezazifisa
.ngayo

Nsuku zonke ekushoneni kwelanga, lezo zidalwa
zaziqinisa amaphupho azo asezulwini emadolobheni
.angokoqobo azungezwe ulwandle namachibi egolide

Lapho nangemuva kokubanjwa kosizi nangale
kwezingibe zalo mhlaba nazo zonke izinhlekelele nobuhlungu
bawo

Lapho, ngale kwezinkathazo, lezo zidalwa zaphefumula
izibani ezibomvu, zaphuza imisebe e-orenji, zahamba,
zasondela, zazulazula, futhi zabhukuda phakathi kwezibani
.ezinemibala eminingi

Lapha, lezo zidalwa zazizofeza amaphupho azo
ngokushesha futhi zibonise amaphupho azo njengoba zifisa,
.bese zincibilika futhi zinyamalale ngentando yazo

Lapha wajabulela ingcebo yokwaneliseka, futhi
wanikeza ngesihle amaphupho abo bonke abamvakashele
.ezweni lakhe elimangalisayo nelinomlingo

Lapha, wayengaphoqelekile ukulinda nokufisa
njengabantu ukuze amaphupho akhe agcwaliseke futhi
izifiso zakhe zifezeke, kodwa waphupha njengoba ayefisa
futhi wafeza wonke lawo maphupho nezifiso ngentando
.yakhe

Lelo dolobha elishona eZiqhingini Zamaphupho
lalingenye yamaphupho ami ahlala emphethweni
wengqondo engaphansi kokuqonda, futhi namuhla
!ligcwaliseke ngazo zonke izindlela

Ngempela, ngibonile ingcebo efihliweyo kanye
nengcebo yomphefumulo wami, futhi ukukhanya kwazo
!kungigqishile futhi ukukhanya kwazo kungimangazile

I-Paramehansiat: Izinhlobo Zokuzijabulisa Okungcwele

Ukuthobeka, Nkosi, kuyindlela eqinisekile

Ukwamukela imvula yesihe sakho saphezulu

Ngizobeka ithemba lami ebulungiseni bakho baphezulu
nasezimisweni zeqiniso

Ukuqonda ukuthi uyasabela obizweni lothando kanye
nokulangazelela kwenhliziyo

Ngokubambisana eduze nentando yakho iyonke

Futhi nginokholo oluphelele kuwe

Ngizoluthola usizo lwakho futhi ngizizwe ngiseduze
nawe

Namuhla ngizokwenza umsebenzi wami kuwe

Njengoba nje ngigcwalisa izibopho zami emhlabeni

O Othandekayo Omkhulu Kunabo Bonke

Ungumsindo ozwakalayo ozwakala ezindaweni
ezingcwele zezinhliziyiyo

Futhi uyizwi lemizwa izindlebe ezingenakuyizwa

Ukubusiswa ngothando lwakho kukhulu kakhulu

Kuzo zonke izinto ezicatshangelwayo zomhlaba

Futhi zonke izinkazimulo zasemhlabeni

Nginokholo oluphelele kuwe

Ngibona izithunzi zokugula ziphela futhi zihamba
zingabuyi

Ngizokubona, Nkosi, ngisemafasiteleni emvelo
naseminyango yokuthula

Sithululele izibusiso zakho

Futhi usicwilise emagagasini amandla akho asezulwini

Gcina ubugovu bukude nathi

Okuvimbela imiphefumulo ukuthi ingasondeli eduze

Futhi umhlangano wabo wawusekelwe othandweni
lobuhle nokukhanya

Ake nginisele izimbali zemithandazo yami

Ngamanzi okucabanga ngawe nokuzindla ngawe,
Nkulunkulu wami

Ukuze kuhlume izimbali ezintsha neziqhakazile

Kusukela ekuphefumulelweni, ekuthuleni,
nasenjabulweni

Okuwukuphela kwendlela yokugwema ukwenza okubi
ukuthuthukisa ukwahlulela okunengqondo ukuze uqaphele
ukwenza okubi bese unquma ukungakwenzi

Ukulwa nomuntu okungalungile akuvezi okulungile

Ukungazi kuyisitha sangempela sabantu futhi kumele
kuxoshwe kuleli zwe Sinakho konke esikudingayo kuleli zwe
ukuze singenise inkathi yokuchuma, injabulo, kanye
nobulungiswa obuphelele

Okuwukuphela kwesithiyo ubugovu bomuntu, okwenza
lokhu kungenzeki. Ukuhlupheka okubi kakhulu
nokungafaneleki kubangelwa ubugovu bomuntu kanye
nokuphishekela intshisekelo yakhe ngaphandle kokunaka
.abanye

Imali engasetshenziswa ukondla nokwembathisa
abaswele isetshenziselwa ukubhubhisa nokubhubhisa Lobu
bugovu, obuzalwa ukungazi, buyimbangela eyinhloko
yezinkinga zomhlaba wonke

Wonke umuntu ucabanga ukuthi wenza into efanele,
kodwa uma ephishekela imigomo yakhe siqu kuphela, ubeka
umthetho we-karmic wesizathu nomphumela, ozobhubhisa
ngokungenakugwenywa injabulo yakhe kanye nenjabulo
.yabanye

Lapho ngibona kakhulu izinhlekelele zomhlaba
ezibangelwa ukungazi kwabantu, kulapho ngiqaphela khona
ukuthi injabulo ngeke ihlale isikhathi eside ngisho noma
imigwaqo igandaywe ngegolide

Injabulo itholakala ekwenzeni abanye bajabule, futhi
uma wonke umuntu enza lokho, wonke umuntu ubezocabula
Futhi wonke umuntu wayezothola isabelo sakhe senala
yomhlaba

Njengoba safika kuleli zwe lapho singazi khona,
kungokwemvelo ngathi ukuzibuza ngemvelaphi nenjongo
.yokuphila

Sizwa futhi sifunda ngomdali waleli zwe, kodwa asazi
ukuthi singamfinyelela kanjani. Esikwaziyo nje ukuthi yonke
indawo imemezela ukuba khona kwengqondo yakhe
.yaphezulu

Njengoba nje izingxenye ezincane nezinembile zewashi
elincane zisenza simangale umenzi wamawashi, futhi
njengoba nje imishini emikhulu neyinkimbinkimbi yefektri
isimangaza futhi isihlaba umxhwele ngomsunguli wayo,
kanjalo uma sibona izimangaliso zemvelo, simangazwa
ukuhlakanipha okufihliwe ngemuva kwazo, bese sibuzwa:
“Ubani owenze imbali yaba nesimo esikhanyayo ibheke
elangeni? Iphunga layo nobuhle bayo kwavelaphi? Futhi
amacembe ayo akhiwa kanjani ngokunemba okukhulu
kangaka futhi adayiwe ngemibala emihle kangaka
”?nejabulisayo

Ebusuku, izinkanyezi nenyanga, zisakaza ukukhanya
kwazo okunjengesiliva nxazonke zethu, zisikhuthaza ukuba
sicabange ngokuqonda okuqondisa lezi zidalwa zasezulwini
endaweni enkulu. Ukukhanya okumnene kwenyanga
akwanele ukwenza imisebenzi yansuku zonke, ngakho-ke
ingqondo ehlakaniphile nemnene isikisela ukuphumula
ebusuku. Bese ilanga liphuma, ukukhanya kwalo
okukhanyayo okusivumela ukuba sibone umhlaba
osizungezile ngokucaca nangokuzola, bese sizithathela
.umthwalo wokugcwalisa izidingo zethu

Kunezindlela ezimbili zokugcwalisa izidingo zethu:
indlela engokwenyama kanye nendlela engokomoya. Uma
impilo yethu iwohloka, isibonelo, singaya kudokotela ukuze
sithole ukwelashwa. Kodwa kufika isikhathi lapho kungekho
dokotela noma omunye umuntu ongasiza, bese siphendukela
endleleni yesibili; emandleni angokomoya adala imizimba
.yethu, ingqondo nomoya

Amandla ezinto ezibonakalayo anqunyelwe, futhi uma
sehluleka, siphendukela emandleni kaNkulunkulu
angenamkhawulo Lokhu kusebenza nasezidingweni zethu
zezimali Uma senza konke okusemandleni ethu kodwa
singatholi okwanele, siphendukela kulawo mandla

Wonke umuntu ucabanga ukuthi izinkinga zakhe zimbi
kakhulu Abanye abantu bazizwa becindezelekile kakhulu
kunabanye ngoba ukuqina kwabo kubuthakathaka Ngenxa
yokungafani kwamandla engqondo abantu
abawasebenzisayo, basebenzisa amandla ahlukene Uma
umuntu ebhekene nobunzima obukhulu futhi ingqondo
yakhe ibuthakathaka, ngeke akwazi ukubunqoba Labo
abanezingqondo ezinamandla bangaqoba ubunzima babo
ngokudiliza izithiyo nokunyakazisa izisekelo zabo Kodwa-ke,
ngisho nabantu abanamandla kakhulu ngezinye izikhathi
babhekana nokwehluleka Lapho sibhekana nezinkinga
nobunzima obukhulu ngokomzimba, ngokwengqondo,
nangokomoya, siyaqaphela ukuthi amandla okuphila
alinganiselwe kangakanani kuleli zwe lezinto ezibonakalayo

Imizamo yethu akufanele inikelwe nje ekufinyeleleni
impilo enhle nokuvikeleka kwezinto ezibonakalayo, kodwa
.futhi nasekufuneni injongo yokuphila

Iyini injongo yokuphila? Lapho ubunzima businqoba,
siqala ngokuphendukela endaweni esizungezile, sizame
konke ukulungisa izinto ezibonakalayo esikholelwa ukuthi
kuzosisiza. Kodwa lapho sifika ekugcineni futhi sithi, "Yonke
imizamo yami yehlulekile, yini enye engingayenza?" siqala
ukucabanga ngokungathi sína ngokuthola ikhambi
eliphumelelayo enkingeni yethu. Futhi lapho ukucabanga
kwethu sekujule ngokwanele, sithola impendulo ngaphakathi
.kithi. Lolu uhlobo lomthandazo ophenduliwe

Ekuthuleni komphefumulo wami

!Ake ngihlangane nawe, Nkosi

Ngiphathe, futhi ungenze ngizwe ubukhona bakho
baphakade

Ngaphakathi kwami nangaphakathi kwami

Ngingedwa emicabangweni yami, ngilangazelela ukuzwa
izwi lakho

Gcina umsindo omkhulu womhlaba kude nami

Kufihliwe enkumbulweni yami

Ngingathanda ukulalela izwi lakho elizolile neliduduzayo

Futhi umculi uhlala enokuthula komphefumulo wami

Nkulunkulu wami, lapho ukhona khona konke

Kumelwe ube khona

Ekujuleni komphefumulo wami nonembeza wami

Ngisize ngibonise ngisho nengxenye encane

!Engcebweni efihliwe emayini yami engokomoya

O ukukhanya okukhazimulayo

Inhliziyo yami ivukile

Impilo yami yengqondo

Gcwalisa ithempeli lami elingokomoya ngenkazimulo
yakho

!O Nkanyezi yaseNyakatho yaphakade

Noma ngabe ngizulazula kuphi nokuthi ngiphendukela
kuphi

Inaliti yekhampasi yamagnetic engqondweni yami ilokhu
ikhomba kuwe

Kungakhathaliseki ukuthi ushaywe yimimoya yeshwa

Noma bamanziswe yimvula yobunzima nenhlekelele

Nokho, ingqondo yami yayiqondiswa

Ukuhlala uphendukela kuwe
Inyoni yami engiyithandayo, ishaya amaphiko ayo
Phakathi kwamafu okudideka
kanye neziphepho zokudideka
Uzoyithola nakanjani indlela yakhe eya kuwe
Ezikhathini zasendulo
Enhliziyweni ye-ether
Lapho siqala ukuba khona njengemimoya
Sonke besilala ubuthongo
Ngaphansi kwengubo yothando lwaphezulu
Futhi lapho uNkulunkulu esivusa
Sahamba ngemoto sasuka kuye
Njengasendabeni yendodana yolahleko
Sikhohliwe isibopho saphezulu sobuhlobo phakathi
kwethu
Saba ngabantu abangazani komunye nomunye
Futhi njengoba sishiye ikhaya lethu lasezulwini
Sesibe kuleli zwe
Abahambi abahambahamba emagumbini omhlaba
Sihamba ezindleleni zekusasa
Sesihambe ibanga elide kakhulu
Sithuthele kude nekhaya lethu lokuqala
Kodwa-ke ngezikhathi ezithile

Ezinye izindawo, okuhlangenwe nakho, kanye nobuso
kuyasivusa

Izinkumbulo ezingcwatshwe kanye nemizwa ejulile
yangaphakathi

Uyasihlebelela

Sizizwa sengathi sibhekana nakho konke kabusha

Izinto ebesivele sizazi

Sihlangana futhi sixhumane nabantu esibathandayo

Sasiseduze nabo

Esikhathini esidlule esikude

O Mdali wezindawo zonke

Ukukhanya kwakho kukhanya kwabakhulu

Kwangathi ulwazi lwabo oluvela kuNkulunkulu
lungasikhuthaza ukuqonda kwethu

Masiqaphele ukuthi wena umgomo oyinhloko

Lokho esilwela ukukufeza

Isifiso esikhulu kunazo zonke

Esifisa ukukufeza

Sivuselele ngomoya omnandi wobukhona bakho

Sigcwalise ngokulangazelela ubukhona bakho
obukhazimulayo

Kwangathi umphefumulo wethu ungadliwa
ukuhlakanipha kwakho kwaphezulu

Ake sizwe ukukhanya kwakho okungcwele

Kugcwele kuzo zonke izici zokuphila kwethu

Futhi kuqinisa ukuzimisela kwethu

Futhi ususa ubumnyama bethu

Futhi kwangathi ukuthula kungasimboza

kanye nethemba

Futhi isifiso sokwenza imisebenzi emihle

Phakathi kweNkosana kanye neHermit Ekhanyisiwe

Ngesinye isikhathi, inkosana enonya yahamba
ohambweni lokuzingela nezinceku zayo kanye nezinceku
zayo, zihlomile futhi zihlomile. Bangena shí ehlathini,
.beshaya amacilongo futhi beshaya izigubhu

Ngemva kokuzingela izinyoni, izinyamazane, kanye
namahlosi anolaka, inkosana kanye neqembu layo
.baqaphela ukuthi babelahlekile

Babenokudla okwanele kodwa bengenamanzi Naphezu
kokufuna kwabo amanzi ngokuzikhandla ehlathini,
abakutholanga. Babengenandawo yokukhosela
ekuhlaselweni yizilwane ezinolaka zasebusuku, njengoba
.ubumnyama busondela ngokushesha

Ilanga lanyamalala emehlweni, kwathi inkosana,
eyayihola ikharavani, yafika endlini endala, egugile. Ngemva
kokwehla ehhashini, yavula umnyango ongavaliwe yangena
endlini. Konke okwakungaphakathi kwakumnyama
ngaphandle kokukhanya okuncane kwelinye lamakhona ayo,
yacabanga ngokuphelelwa yithemba, "Ngisho nendlu
".ayisekho

Kodwa eqhutshwa yithemba, wamemeza wathi,
"? "Ukuthula Ingabe ukhona lapha

Wamangala kakhulu, wezwa izwi elizolile limphendula
"?ngokuthula, lithi: "Yebo, ngilapha Ufuna amanzi

Inkosana yabuka umzuzwana ebumnyameni yaze
yabona umoya womuntu, futhi yamangala ukuthi le ndoda
yayazi imicabango yayo ngisho nangaphambi kokuba
.ihlangane nayo noma imazi

Inkosana yabuza umninindlu wayo, "Ungubani wena?"
Umninindlu waphendula wathi, "Ungumuntu ohluphekayo
"ozinikele kuNkulunkulu

I-hemit yakhanyisa isibani futhi inkosana yabiza iqembu
layo, futhi bazizwa bejabule kakhulu ngokuthola amanzi
.nezithelo kulelo hlathi elikude

Inkosana yabuza i-hemit, "Auwesabi yini amahlosi
"?nezinyoka

USheikh ohlala yedwa waphendula wathi: "Cha,
amahlosi ayizinja zami ezifuywayo, futhi izinyoka zinokuthula
kimi. Singabangane abahlala bejabulela ilanga lothando
".lukaNkulunkulu olukhanyisa konke okukhona kulokhu

Njengoba inkosana ibhekisisa kakhulu i-hemit, yashaywa
uvalo lapho ibona ama-cobra amabili elenga entanyeni ye-
hemit. Lapho esondela ukuze aqinisekise lokho ayekubonile,
izinyoka zakhala futhi zaqhuma, zishaya amakhanda azo,
ngoba zizwa ukuthuthumela kokwesaba kanye
.nokuziphindiselela okucashe enhliziyweni yenkosana

Ngaphezu kwalokho, ngaleso sikhathi enye yezingwe
zasehlathini yangena endlini yalala buthule ezinyaweni
zomhlali. Ngemva kokuba umuntu kaNkulunkulu eyiduduzile
futhi eyishaya ikhanda, ingwe yahamba buthule, iya
.enhliziyweni yehlathi

Inkosana ezikhukhumezayo yazitshela, "Le ndoda
endala kumelwe ukuba ilungile futhi inehliziyo enhle, ngoba
isivikele ezilwaneni zasendle nasekomeni okubulalayo
Njengomvuzo wesenzo sayo, ngizoyicebisa" Yabe isikhuluma
:nomuntu ohlala yedwa, ithi

O Sheikh, ubuso bakho bukhanya ngomusa"
nangobuqotho, futhi ngiyakwazisa konke okwenzele mina
kanye neqembu lami. Ngakho-ke, ngifuna ukukuphathisa
imfihlo oyoceba ngayo futhi ucebe. Le mfihlo ngiyayembula
".okokuqala, futhi kuwe kuphela

Ngokushesha nje ngemva kokukhuluma la mazwi,
inkosana yathatha itshe ngaphansi kwengubo yayo
:yaqhubeka nokukhuluma, ithi

Ngifuna ukukuphathisa leli gugu lomndeni. Liyitshe"

Lesazi Sefilosofi, futhi mhlawumbe uzoceba
ngokulisebenzisa. Leli tshe lenza igolide, futhi lanikwa ubaba
ngomunye wososayensi abakhulu be-alchemy. Linamandla
okuguqula konke elikuthintayo kube yigolide elihlanzekile.

Ungasebenzisa leli tshe unyaka wonke bese uguqula
amatshe abe yigolide, bese uwathengisa ukuze uzithengele
isigodlo segolide. Ngizobuya kuwe ngemva konyaka
ngizokuvakashela futhi ngithathe itshe lami, engilibheka
".njengeliyigugu ngaphezu kokuphila kwami

Isihlobo sasingafuni ukwamukela lowo mthwalo
wemfanelo, kodwa ngenxa yokuncenga okuqhubekayo
kwenkosana, savuma ukugcina itshe lesazi sefilosofi. Isikhulu
sabona isihlobo sibeka itshe ngaphansi kwebhande laso
ngokunganaki (lapho abantu babevame ukufaka khona imali
yabo ngenxa yokwesaba izigebengu!), bese isikhulu
.saqhubeka nendlela yaso

Ngemva konyaka, inkosana yabuya neqembu layo,
ilindele ukubona isigodlo esihle kakhulu esikhundleni sendlu

egugile. Kodwa yadumala lapho ibona ukuthi indlu yayisamile futhi isesimweni esibi kakhulu kunangaphambili. Ngakho yehla ehhashini layo yavula umnyango, yamemeza
"?ngezwi elikhulu yathi: "Usaphila, mfokazi

I-hemit yaphendula ngezwi elinamandla nelijulile: "Yebo, makadunyiswe uNkulunkulu, O Nkosana Siyakwamukela
"ekhaya lami eliphansi

Ngokushesha futhi ngaphandle kwesandulelo, inkosana yamemeza: "Kwenzenjani ngawe, ndoda? Wenzeni ngetshe lesazi sefilosofi engangikushiyele lona? Kungani
"?ungalisebenzisanga ukuze ucebe

I-hemit yacabanga isikhashana yabe isiphendula: "Liyini leli tshe lesazi sefilosofi okhuluma ngalo, futhi usho ukuthini uma uthi kufanele ngicebe? Eqinisweni, angifuni ukuceba
".kunami

Uvalo lwahlasela inkosana, icabanga ukuthi i-hemit endala yayilahlekelwe yitshe layo ngenxa yokunganaki kwayo ngalo, yathi ngezwi elinokukhala: "Ngisho itshe lesazi sefilosofi esingenakuqhathaniswa owalifaka ngaphansi kwebhande lakho ngonyaka odlule? [Eddie, ephethe ibhande
"?lakho], ngitshele ukuthi wenzeni ngalo

I-hemit yaphendula: "Kulungile lokho kumanje ngiyalikhumbula itshe lakho eliyigugu. Ngolunye usuku ngangicabanga kakhulu ngoNkulunkulu lapho ngiya kogeza emfuleni, futhi ngicabanga ukuthi itshe laphuma
".ezingutsheni zami lagwinywa amanzi. Ungaphepha

Inkosana yamemeza ngezwi elikhulu, "O, ukulahlekelwa kwami okungenakuphindwa! Ngilahlekelwe yikho konke!" futhi yacishe yaquleka ngenxa yokumangala okukhulu. I-hermit yamthela ngamanzi abandayo ebusweni futhi yamvuselela, kuyilapho izinceku zenkosana zisondela ku-

sheikh, amehlo azo evutha ulaka, zizama ukumlimaza.
Kodwa i-hermit yahleka yathi, "O, Nkosi, ophakeme kangaka,
bengingazi ukuthi uzovusa umsindo omkhulu ngetshe. Woza
nami siye emfuleni, ngizofuna itshe lakho futhi ngizame
".ukulithola

Inkosana yaphendula yathi, "Usuphambene ingqondo?
Ufuna manje ukufuna itshe elawa kuwe lasuswa umsinga
"?ngonyaka odlule

Kodwa u-hermit akazange alalele amazwi akhe,
wammemeza, ethi: "Nkosana encane, asikho isidingo salo
lonke lolu daba Linda size sifune itshe emfuleni. Wozani
".nami, nonke

Njengokungathi ungaphansi kwesiphonso, inkosana
kanye neqembu layo basabela kumandla adonsela phansi
asobala ale ndlu encane futhi bamlandela buthule baya
emfuleni. Lapho, indlu encane yacela inkosana ukuba
ikhiphe iduku layo ephaketheni layo, ilibambe ngamakhona
:alo amane, bese ilicwilisa emfuleni, ithandaza kanje

O Nkosi yamaKhosi, Nkosi yamaKhosi, noMenzi wawo"
"wonke amatshe ezazi zefilosofi, buyisela itshe lami kimi

Ngokushesha nje lapho inkosana isenza kanjalo futhi
iphakamisa iduku layo emanzini, yamangala ukubona
ngamehlo ayo angakholwa amatshe efilosofi angaphezu
kwamashumi amabili, afana nelakuqala elalilahlekile. Lapho
ihlola ngalinye, yathola ukuthi ngalinye lingaguqula amatshe
avamile asebhishi abe yigolide. Inkosana yabe isibopha
.amatshe eduku yaphonsa inqwaba emfuleni

I-housing kanye neqembu layo bamemeza bathi kuye,
"Kungani wenze lokho?" Kodwa inkosana yabheka umuntu
kaNkulunkulu, yakhothama phambi kwakhe ngenhlonipho,
:yathi

Ngifuna, mnumzane, ukuba nalokho onakho, lowo"
obheka amatshe enza igolide njengamatshe
".angenamsebenzi

Ngakho-ke inkosana yashiya umbuso wayo
wasemhlabeni ukuze ifunde endodeni endala ehlakaniphile
ukuthi ingawuthola kanjani umbuso womoya, ongaphethwe
.yisikhala futhi ongabhujiswa

Imfundiso yendaba iwukuthi ingcebo yasemhlabeni,
noma ngabe ingase ibonakale iyigugu kangakanani, iyadlula
futhi kumele ishiywe kuleli zwe eliphansi lapho umzimba uba
.isidumbu esibandayo nesingenampilo

Esikhundleni sokusebenzisa itshe lesazi sefilosofi,
elifanekisela ikhono lokuqongelela ingcebo edlulayo kuphela,
kufanele sibe njengomuntu ozidelayo onikele ngesikhathi
sakhe nekhono lakhe ekutholeni ingcebo yaphezulu
.engapheli nengabhubhi

Noma ubani othola ulwazi ngoNkulunkulu uzoba
nengcebo engaphezu kwamaphupho, futhi uma kudingeka,
uzodela ingcebo yezinto ezibonakalayo njengokungathi
ngamatshe, ngethemba lokuthola ingcebo engokomoya
.nokujabulela ingcebo yangempela

Ekusebenzelaneni kwethu nabanye
Kubaluleke kakhulu ukuqaphela nokwazisa
Izici ezihlukile nezimfanelo ezinhle
Abakutholile kokuhlangenwe nakho kwabo
Futhi bakubumba ngobuntu babo
Uma sifunda ngabantu abanezingqondo ezivulekile
Sizokwazi ukuziqonda futhi sibhekane nazo
ngokukhululeka

Sizokwazi futhi ngokushesha

Ukwazi uhlobo lomuntu esisebenzisana naye

Ungakhulumi nesazi sefilosofi ngomjaho wamahhashi

Ungaphikisani nososayensi mayelana nokuhlela ikhaya

Ngiyazi ukuthi yini ethakazelisayo kumuntu nokuthi yini
edonsela ukunaka kwakhe

Futhi wamtshela ngaleyo ndaba

Akudingeki ngempela ngezinto ezikuthakazelisayo

Uma sifuna ukuqonda abanye

Kufanele sigweme ukubagxeka nokubasola

Kunalokho, kufanele sizibuke esibukweni sokuqonda
kwethu

Ukuthola ukuthi yini edinga ukulungiswa
?nokuthuthukiswa

Leso sibuko sengqondo sihluke kakhulu

Mayelana nesibuko esijwayelekile esisibheka kuso njalo
ekuseni

Nsuku zonke ngibheka lesa sibuko sami

Uma ngithola into engingayithandi

Ngiyazisola futhi ngisebenza kanzima ukulungisa lokho

Ngale ndlela, umuntu ubona isithombe sakhe

Kubonakaliswa ngesimo sako sangempela esibukweni
somphefumulo wakhe

Futhi kuyaqhubeka usuku nosuku

Endleleni eya enjabulweni nasekuthuleni kwengqondo

Kwangathi uNkulunkulu angakubusisa nokuthula
makube phezu kwakho

Inethiwekhi ye-Longings

Nangu mina, ngiphonsa inetha lezifiso zami

Olwandle olukhulu lwemicabango yami

!Ungiphunyukile kaningi, O silwane esiyigugu saphezulu

Nokho, ngiyaqhubeka nokuphenya ekujuleni kokuthula

Futhi ngaphandle kokuyeka, ngiphonsa amanetha
othando lwami kini, elinye emva kwelinye

Kumelwe ngelinye ilanga ngikubambe enetheni
lokulangazelela kwami okungapheli ngawe

Ngiphonsa lolu thango lothando lwami yonke indawo

Ngaphezu kwamagagasi okuphila aphithizelayo

Futhi mayelana nezinkanyezi ezikhazimulayo

Futhi ekujuleni kwemiphefumulo emihle

Engikwaziyo nje ukuthi ngingumzingeli

Futhi ngizoqhubeka nokuzama ukukubamba

O isifiso esithandekayo nengcebo enkulu kunazo zonke
!ekhona

Ngimcela ukuba adilize izimbozo zokungazi futhi asuse
ubumnyama bokukhohlisa, futhi abe yisifiso esikhulu
empilweni yakho kanye nokulangazelela okukhulu
esihlalweni sezifiso zakho, futhi akusize uguqule ukudinwa

kanye nokuhlehlisa izinto kube umsebenzi ongokomoya
ogcwele injabulo, ukuvuselelwa, kanye nomdlandla.
Ngimcela ukuba akunike ukuphuza ewayinini lothando
lwaphezulu uze udakwe, futhi akuvakashele ngokuvakasha
okungcwele lapho kukhona induduzo, futhi ageze inhliziyo
yakho ngamanzi othando nokubonga, futhi akhanyise
ekubeni kwakho izibani zokuqiniseka , futhi ancibilikise
amaphupho akho eqinisweni lolwandle lwakhe olubusisiwe,
nokuthi uthole kuye ukwaneliseka nokwaneliseka, ukuze
ukuthula kuhlale emphefumulweni wakho futhi izibusiso
.zasezulwini zehlele phezu kwakho

Ukuthula kusho imicabango ezolile

Ukuzola umzimba nokulawula izidingo zawo

Noma ubani okwaziyo ukwenza lokho uzothola ukuthula
okuqabulayo

Uzozwa amagagasi amahle kakhulu kanye nemibono
evela emazweni acwengekile

Futhi noma ngubani ojula ekuthuleni, khona-ke

Uzothola umbuso kaNkulunkulu ngaphakathi kwakhe

Uma nje umuntu ehamba endleleni

Yonke imizuzu yesikhathi sakhe iyigugu kakhulu

Silapha kule ndawo (indlu yokuhamba) isikhashana
esifushane

Konke kuyadlula, kodwa umuzwa kaNkulunkulu uhlala
isikhathi eside

Akukho okungakususa enhliziyweni nasemphefumulweni

Akumelwe sivumele izilingo zaleli zwe zisithonye

Ngokusisusa enjongweni yethu enkulu kanye nomgomo
wethu ophakeme: uNkulunkulu

Ukwazi uNkulunkulu kungenzeka

Kumelwe sithole inkosi yamazwe omhlaba

Kusukela ekukhanyeni kwakhe izinkanyezi zikhanya

Futhi ngamandla Akhe izinhliziyi ziyashaya

Kumelwe simfune eThempelini Lokuthula

Uma sibiza uNkulunkulu ngokulangazelela
nangokulangazelela

Futhi uma sicabanga ngaye ngokulangazelela okukhulu

Sizomthola

Angikhulumi ngonkulunkulu ongaziwa

Kunalokho, kumayelana neNkosi engiyaziyo

Futhi kuyiqiniso kimi

Kungokoqobo kakhulu kunezinye izinto ezibonakalayo

Ulwandle olungcwele olusekela futhi lusekela amagagasi
ezimpilo zethu zobuntu

Singakwazi ukuphila ngaphandle kwakho konke

Ngaphandle kukaNkulunkulu

{Uphakeme kakhulu uNkulunkulu, uMbusi, iQiniso}

Babusisiwe abahlanzekile enhliziyweni, ngoba)

(bayobona uNkulunkulu

Kungokwemvelo ngomuntu ukuzwa isidingo sokuthanda

nokuthandwa. Kodwa lokhu kulangazelela kwenhliziyo
.ekugcineni kuwumthombo walolo thando, olunguNkulunkulu

Uthando lomuntu lusekelwe ezintweni eziningi
ezilindelwe, izibalo, kanye nokucatshangelwa komuntu siqu,
ngakho-ke akukho siqinisekiso sokuthi luhlala njalo ngoba
.luboshwe yizimo

Nokho, uthando lwaphezulu alunamibandela, alupheli,
futhi luhlala njalo. Uma luthinta inhliziyo yakho, uzoluthola
.lukuwe njalo

Kuzo zonke izimo, uzozizwa njengomthombo wesivikelo
.nesiqinisekiso, ngisho naphakathi kobunzima nosizi

Phakathi kokuhlupheka nokuvivinywa okunzima

Wonke umuntu angakushiya, kodwa lolo thando
olungcwele ngeke lukushiye, ngeke lukudumaze, futhi ngeke
lukushiye uyisisulu sezinkathazo nokukhohlisa , ngoba
lungamandla avikelayo nokukhanya okuqondisayo okuvela
.ezulwini phakathi kokuguquka nokuphila

Uma uthando lomuntu lugcwele uthando lwaphezulu,
luba msulwa futhi lucacile. Kodwa uma uhlukanisa
umfudlana, oluwuthando lomuntu, nomthombo, oluwuthando
lwaphezulu, uyayeka ukugeleza futhi uzilahlekele
.esihlabathini somhlaba

Uma nje uthando lomuntu luxhumene nothando
lwaphezulu, luyathambisa inhliziyo, luvuselele unembeza,
.futhi lunisele izingadi zomphefumulo ngamanzi okuphila

Uthando: Isikhuthazi sentando

Konke engikwenzayo, ngikwenza ngothando
olusenhliziyweni yami

Uma uzama, uzothola ukuthi awuzizwa ukhathele nhlobo

Ngoba uthando luyisikhuthazo esikhulu sentando, futhi
intando engaphansi kwethonya lothando inamandla

angavamile okwenza izinto ezingase zibonakale
.zingenakwenzeka kwabanye

Ukuqonda Okungokomoya

**Kusukela ezimfundisweni zikaMaster Paramhansa
Yogananda**

**Ubugovu obuzifunela injabulo ngaphandle
kokunaka injabulo yabanye, noma obunyathela futhi
bubhubhise izintshisekelo zabanye ezisemthethweni
ukuze kufezwe imigomo yabo yobugovu, bukhulisa
ukungajabuli futhi bubangele usizi nosizi.**

**Nkosi, ungumthombo wokupha
okungenamkhawulo nomthombo ochichimayo
wezibusiso nobuhle Masifunde nenjabulo yokupha,
futhi masinikele ngokukhululeka ukuze
sihlangabezane nezidingo zabanye njengokungathi
ezethu.**

**Uma umuntu engabalahli abanye kodwa ezama
ukubasiza ngokuqonda nangothando, khona-ke
imithetho kaNkulunkulu—njengamandla aqaphile—
izophatha lowo muntu onesihawu ngendlela efanayo.**

**Noma ubani onikeza usizo lwengqondo nolwezinto
ezibonakalayo kwabanye ngenhliziyo egcwele umusa
nokupha uzothola ukuthi lokho akunikezayo kubuyela
kuye, futhi lo ngumthetho wesenzo osebenza
ezinhliziyweni.**

**Lokho umuntu akuzwayo ngabanye kudala
ukudlidliza okuqhubekayo e-ether, okuheha inani
elifanayo lozwela nomusa. Lowo othethelela labo
abamonile uzozidonsela intethelelo
nokubekezelelana.**

**Ukuhlala nabantu abahle nabahlakaniphile
abanezingqondo eziqinile, ukufunda izincwadi ezinhle,
ukuhlola ubuntu bakho bangaphakathi,
ukuzibandakanya emisebenzini yobuciko yokudala,**

**isayensi, izincwadi, kanye nemisebenzi enenzuzo
ethelayo konke kunegalelo ekuthuthukiseni
nasekuqiniseni ingqondo, okwenza yamukele ulwazi
oluphakeme Ngaphezu kwalokho, ukuzindla kwansuku
zonke kugcwalisa umphefumulo ngokuhlakanipha
kwaphezulu**

**Akukho kuqhathaniswa phakathi kwabacebile
bomhlaba nabacebile bomoya, ngoba abacebile
bomoya bangabacebile kakhulu kunabacebile
emehlweni kaNkulunkulu.**

**Sivuselele ngomoya omnandi wobukhona bakho
Sigcwalise ngokulangazelela ubukhona bakho
obukhazimulayo**

**Kwangathi umphefumulo wethu ungadliwa
ukuhlakanipha kwakho kwaphezulu**

**Ake sizwe ukukhanya kwakho okungcwele
Kugcwele kuzo zonke izici zokuphila kwethu
Futhi kuqinisa ukuzimisela kwethu
Futhi ususa ubumnyama bethu
Futhi kwangathi ukuthula kungasimboza
kanye nethemba**

Kusinika isisusa sokwenza imisebenzi emihle

**Imbangela eyinhloko yezinkinga zomhlaba wonke
ubugovu, obuzalwa ukungazi**

**Wonke umuntu ucabanga ukuthi wenza into
efanele, kodwa uma ephishekela imigomo yakhe siqu
kuphela, ubeka umthetho we-karmic wesizathu
nomphumela, ozobhubhisa ngokungenakugwenywa
injabulo yakhe kanye nenjabulo yabanye.**

**Lapho ngibona kakhulu izinhlekelele zomhlaba
ezibangelwa ukungazi kwabantu, kulapho ngiqaphela**

**khona ukuthi injabulo ngeke ihlale isikhathi eside
ngisho noma imigwaqo igandaywe ngegolide**

**Injabulo itholakala ekwenzeni abanye bajabule
Ukube wonke umuntu wenza lokho, wonke umuntu
ubezobjabula futhi wonke umuntu ubezozuza isabelo
sakhe senala yomhlaba.**

**Umuntu kumele akwazi ukulawula impilo yakhe
ngokuqeda imbewu nezimpande zokwehluleka
ngokuqeqesha intando yakhe endleleni efanele ukuze
ikwazi ukushintsha nokuzamazama izinkolelo
zabantu.**

**Le ntando ayinakuphulwa ngoba iyisibonakaliso
sentando kaNkulunkulu, futhi isivele ikhona
ngaphakathi kumuntu, futhi konke okudingeka
akwenze ukuyembula ekujuleni kwakhe.**

**Uma abalandeli bakho bethandaza
Ngiqoqa imisebe yenjabulo engcwele emehlweni
abo**

**Futhi ngiyihlanganisa nentshiseko yami
engokomoya**

**Ukukunikeza njengesiphuzo esiqabulayo
semicabango yami eyomile**

**Uyaphuza aze aneliseke, futhi izinhlungu
nokwesaba kwakhe kuyanyamalala**

Kulabo abafuna induduzo nozwelo

Ngethula le cocktail yomlingo

**Ezinkomishini ezisobala zenhliziyo eqotho
nezinhloso ezinhle**

**Kwangathi wonke umuntu ophuza lesi sithako
esibusisiwe**

**Uba nesimo senjabulo esingapheli futhi akhohlwe
izinkinga zakhe nobuhlungu bakhe!**

**Siphe amanzi okuqonda
Izigidi zabantu zazikhathele futhi zikhathele
ukoma okungokomoya
Ngakho baqala ukuxokozela phakathi kwezixuku
zokungazi okukhulu**

**Abaningi bathuthumela ngenxa yokuzamazama
okukhulu**

**Bawela endleleni
Ukungazi kuyabachoboza ngezinselo zabo
Nkosi, sifisa amanzi okuthula
kanye nesiphuzo sokuhlakanipha
Futhi umuthi wokuqonda
Ukuqeda ukoma kwethu okuvuthayo
Ngoba ngaphandle kokucinywa ngamanzi
okuqonda**

**Siyaphikisana, siyaxabana, futhi siyalwa
Siyabulalana**

**Esikhundleni sokuzama ukuthola
Esigodini sezintaba eziphakeme
Echibini Lokuqonda**

**Amanzi akhe aqeda ukoma komphefumulo
Ilandisa ngezinkambu zemizwa**

**Njalo uma ngithumela amagagasi ozwelo kanye
nentando enhle kwabanye, ngivula indlela eya
othandweni lukaNkulunkulu**

**Ukuze uze kimi
Uthando lwaphezulu luyimagnethi edonsela
okuhle kakhulu**

**Ngena, Nkosi, endaweni engcwele yomphefumulo
wami ngefasitela lokulangazelela enhliziyweni yami,
nangemithandazo yami eqotho**

**Ngizoshisa bonke ubuthakathaka bami
bokucabanga nobokuziphatha ngomlilo wokuzimisela,
ngoba ngaphandle kokuthi ngizisuse kulolo**

**buthakathaka, ngeke ngikwazi ukubona ilangabi
laphezulu, elibusisiwe.**

O, Nkosi

**Namuhla ngizozibophezela ekufezeni izinto
ezithile bese ngizokwenza engikuhlelile**

**Ngizoqala ngiqinisekise ukuthi inhloso yami
ilungile, bese ngizizwa amandla akho, futhi ngosizo
lwakho nesibusiso sakho, ngizokufeza engihlose
ukukwenza.**

**Ukugula kunhlobo ezintathu: ngokomzimba,
ngokwengqondo, nangokomoya**

**Ukugula ngokomzimba kubangelwa izinhlobo
eziningi zobuthi, izifo ezithelelanayo, kanye nezingozi**

**Isifo sengqondo sibangelwa ukwesaba,
ukukhathazeka, intukuthelo, nokunye
ukuphazamiseka ngokomzwelo**

**Nokho, ukugula ngokomoya kuvela ekungazini
komuntu ubuhlobo bakhe noNkulunkulu.**

**Ukungazi kuyisifo esikhulu kunazo zonke Uma
umuntu esusa ukungazi, ususa nezimbangela zazo
zonke izifo zomzimba, zengqondo, nezingokomoya.**

**Uthisha wami, uSri Yuktsuwar, wayevame ukuthi:
Ukuhlakanipha kuyikhambi lazo zonke izifo**

**Njengoba imisebe yelanga isakazeka, ngizofaka
imisebe yethemba ezinhliziyweni zabampofu
nabadabukile, futhi ngikhanyise izibani zokuzimisela
nokuzethemba ezinhliziyweni zalabo abacabanga
ukuthi bahlulekile.**

**Uma siqaphela ukuthi impilo iyisikole sokufunda
nokwenza imisebenzi, futhi ngesikhathi esifanayo
kuyiphupho elifushane, sizokwazi-ke ukuthi
uNkulunkulu unathi**

Ukuphila kumelwe kusekelwe ekukhonzeni, ngoba ngaphandle kwalowo mgomo omuhle, ingqondo uNkulunkulu ayinika umuntu ngeke ifeze injongo adalwa ngayo.

Ngobunye ubusuku ngaya kogeza olwandle ekukhanyeni kwenyanga. Amanzi ayebanda kakhulu, kodwa ngazikhumbuza ukuthi konke kwenziwa ngogesi, ukuthi ugesi ofanayo odala ukubanda nawo udala ukushisa, nokuthi amanzi ngokwawo awalutho ngaphandle kokubonakaliswa kwamandla kagesi.

Phakathi nalokhu kucabanga, ukukhanya kukaNkulunkulu kwangimboza, futhi umuzwa wokubanda wangishiya ngoba ngenqaba ukuwamukela. Kunalokho, ngaqinisekisa iqiniso lokuthi konke kwenziwe ngogesi waphezulu.

Eminyakeni edlule, isimo sezulu sasishisa kakhulu, futhi wonke umuntu wayephefumula kanzima. Ngenxa yokuxhumana kwengqondo, ukungakhululeki kwabo kwadluliselwa kimi, okwangivimbela ukuba ngigxile futhi ngibhale izihloko. Ngabe sengizisola, ngithi, "Kungani konke lokhu?" futhi ngathandaza kuNkulunkulu.

"O Nkosi, ugesi ofanayo udala ukushisa kuhhavini kanye neqhwa esiqandisini. Isimo sezulu sithambile!" Ngokushesha isimo sezulu saba mnandi kimi njengokungathi ungqimba lweqhwa luzungeze umzimba wami, futhi ngaqala ukuzizwa ngiphefumulelwe kakhulu futhi ngabhala ngaphandle kobunzima.

Ngesinye isikhathi, ngangihamba ngaphesheya kwezifundazwe ngemoto evulekile yokuvakasha neqembu labafundi abasebasha abazitholela izinto [izinkomba zithi omunye wabo kwakunguRashid]

Omunye wabo kwakungunobhala wami Mina naye sasilala emotweni futhi sabelana ngengubo encane.

Ubusuku babubanda kakhulu Lapho ngilala ubuthongo obukhulu, wangikhumula ingubo, kwathi lapho ngivuka phakathi, ngakhumula ingubo ngokungazi! Lokhu kwaqhubeka isikhathi esithile. Inggondo yami yabe isithi, "Kungani wenza kanje? Konke kulungile Ufudumele!"

Ngabe sengilahla ingubo, ngahlala phansi, ngaqala ukuzindla kwaze kwaba yilapho umzimba wami uzizwa njengesinkwa esishisayo. Lapho abafundi bevuka emahoreni amabili kamuva, bethuthumela ngenxa yokubanda, bangithola nginganyakazi. Ngangigcwele injabulo engcwele, futhi babecabanga ukuthi ngifile. Bangivusa ekujabuleni kwami okungokomoya ngokumemeza kwabo, kodwa ngamomotheka ngathi, "Kungani umsindo wonke, zinsizwa? Masiqhubeke nohambo lwethu"

Baphikisa, bathi, "Bengihleli emakhazeni abandayo ngingagqokile ijazi noma ingubo! Kodwa angizange ngibanjwe umkhuhlane, ngingumuntu kuphela owahlala efudumele!"

Qaphela: Asikukhuthazi ukuveza umzimba ezimweni zezulu ezinzima. Isazi uParamahansa sikhulume ngalezi zenzakalo ukuze sibonise amandla omuntu kanye namakhono akhe angokwemvelo, kodwa wasaluleka ngokuqapha nokulinganisela ekubhekaneni nezimo ezinjalo.

Ngiyaqaphela ukuthi imicabango yami izongilethela ukwehluleka noma impumelelo, kuye ngokuthi yimuphi umbono onamandla kakhulu empilweni yami. Ngakho-ke, ngizozama ukukhumbula ukuthi Wena, Nkosi, welula isandla sakho sokusiza futhi uvula indlela yempumelelo yami.

**Ngizothatha ubuqotho nokwethembeka
ekusebenzelaneni kwami nokuxhumana nabo bonke
abantu, futhi ngizosakaza imicabango yothando
nezifiso ezinhle, bese uNkulunkulu engisekela
ngamandla akhe nokuhlakanipha kwakhe.**

**Uma ingqondo ivumelana noNkulunkulu,
umthombo wabo bonke ubuhle kanye nomsuka wawo
wonke amandla abusisiwe, iyaqaphela ubukhona
bukaNkulunkulu futhi ibe nazo zonke izici
zempumelelo.**

**Lezi zinto zihlobene eduze namandla amakhulu
kaNkulunkulu, okwazi ukudala izizathu ezintsha
namathuba empumelelo kunoma yimuphi umkhakha.**

**Kufanele sifune umphakathi wabantu
abathuthukayo abasitshela iqiniso futhi basisize
sizithuthukise.**

**Abangane abangcono kakhulu yilowo osikisela
ngokuthobeka izindlela esingazisebenzisa nezinto
okufanele sizenze ukuze sishintshe izimpilo zethu zibe
ngcono**

**Ukugxekwa ngokhahlo, okulethwa ngobubi
nemizwa eqinile, kufana nokushaya umuntu ekhanda
ngesando, kanti uthando lunamandla kakhulu futhi
luzuzisa kakhulu.**

**Iziphakamiso zomusa ezenziwe ngothando
nokuqonda zinamandla okudala izimangaliso,
kuyilapho ukugxeka abanye okulimazayo kungafezi
lutho oluwusizo.**

**Ngisho nosizi olujulile luyaphulukiswa
ngokuhamba kwesikhathi, ngakho-ke akunasizathu
sokuletha usizi nsuku zonke zokuphila kwethu.**

Usizi oluhlala isikhathi eside ngomuntu othandekayo oshonile alusizi yena noma thina, futhi alushintshi lutho empeleni

Ukuzibheka njengomuntu ophansi noma ukuzijezisa ngamaphutha noma ukwehluleka kwesikhathi esidlule akusizi ngalutho; kunalokho, kwenza impilo ibe lusizi futhi kukhubaze amakhono engqondo.

Akufanele sizivumele ukuba siwele emgodini wesimiso esiyisicefe, ngoba leso yisimo sengqondo esingakhululekile neze , njengoba siphazamisa ingqondo futhi sishisa amakhono afihliwe esithandweni sokunganaki.

Intando yomuntu iyisiphehli samandla esinamandla Ngokusebenzisa amandla okuzimisela kanye nesifiso sokufinyelela imithombo yamandla yangempela, umuntu angaxhumana ngokushesha nomsabalalisi ongenamkhawulo wamandla angaphakathi.

Wonke amagama, amahle noma amabi, ashiya ukudlidliza kwawo (okungukuthi, imiphumela yawo) emzimbeni noma ebuchosheni, kanye nasekuphileni kwamandla nomcabango ngesimo sokuthambekela nezifiso. Ngakho-ke, ukudlidliza kwayo yonke inkulumo kushiya ukuthambekela okuhle noma okubi engqondweni.

Lowo olahla izisusa zokuhlanekezela iqiniso uzakhela amandla amakhulu ngaphakathi kwakhe ukuze angafakazi amanga futhi wonke amazwi akhe abe yiqiniso.

Nkosi, ngiphe amandla okusebenzisa izwi lami ukukhonzisa iqiniso ngokukhuluma amazwi amnandi,

**azuzisayo, naqabulayo. Dlala izingoma zakho ezingafi
emtshingweni wempilo yami ukuze ngibusiswe
ngokudlidliza kwezingoma zakho ezingcwele.**

**Siyingxenye ebalulekile yolwandle
olungenamkhawulo. Uma sifika kulo futhi sibhukuda
kulo, ukuqonda kwethu kuyakhula futhi sizizwe
ubukhulu bethu.**

**Ukucabanga ngakho kusisondeza kukho,
ukucabanga ngakho kusiholela kukho, kanye
nomzamo oqhubekayo wokuvumelanisa nakho
kusinika ulwazi, ukuzimisela, namandla.**

**Okubonakala kunzima empeleni kuyisimemo
sokukhulula amandla agcinwe ngaphakathi kithi, futhi
ngokukhishwa ngakunye kwamandla afihliwe okuhle
ngaphakathi kithi, siyaqina futhi sihlakaniphe.**

**UNkulunkulu welula isandla sokusiza ngezindlela
ezifihliwe Ukuthula kwengqondo okwehlela kumuntu
ofunayo ngesikhathi sokuzindla kuwubufakazi bokuba
khona Kwakhe, futhi injabulo engokomoya umuntu
ozindla ayizwayo iyimpendulo Yakhe ezifisweni zakhe
nothando lwakhe**

**Umuntu udinga isikhathi esanele sokujabulela
ubuhle bemvelo, ukuhlaziya impilo yakhe, nokuhlola
izinto azibheka njengezibalulekile noma acabanga
ukuthi zibalulekile futhi angeke akwazi ukuziphila
ngaphandle kwazo, ukuze akwazi ukujabulela lokho
anakho futhi achithe isikhathi esidingekayo
namalungu omndeni wakhe nabangane ukuze azi
kangcono, futhi okubaluleke kakhulu, ukuze azi yena
ngokwakhe.**

**Labo abamaziyo uNkulunkulu bayaqonda ukuthi
umphefumulo wangaphakathi uqukethe injabulo**

yaphakade ngaphakathi kwawo. Noma ngubani onambitha leyo njabulo futhi aneliseke ngayo unokuhlakanipha okuhlala njalo.

Kungani ukugula kubonakala kusabisa? Ngoba kuletha ubuhlungu nokufa

Lesi sifo kumele sisuswe emzimbeni nasengqondweni nasemphefumulweni ogcwele ukungazi.

Ubuhlungu abugcini nje emzimbeni wenyama; kukhona nokuhlupheka kwengqondo, kwengqondo, kanye nokomoya. Sihlushwa ukudabuka, ezinye izimo zengqondo ezingaphilile kanye nezimo zengqondo, kanye nokwesaba okucatshangwa kakhulu. Ngokomoya, sihlushwa ukungazi ngesimo sokungafi kwemphefumulo yethu.

Amandla aphezulu asebenza ngokunemba okukhulu, ngakho-ke umuntu kumele abe nokuthula futhi avumelane nawo

Kumelwe sivumele ukudlidliza kukaNkulunkulu kwendawo yonke kugeleze kithi futhi ngathi

Futhi ukuletha ubukhona Bakhe obuphilayo ezimpilweni zethu futhi sinikeze imizimba yethu amandla Akhe abusisiwe naphilisayo

Ngokushintsha izinzuzo ezimbi ngezinhle, ukudideka kuyanyamalala futhi ukuthula kwengqondo kuyabuyiselwa.

Uma umfundi enza isinqumo esiqinile sokuqhubeka endleleni, akukho lutho oluzomvimba futhi akukho sithiyo esizomvimbela

Umzimba wakhiwe ngamaseli ayizigidigidi, futhi iseli ngalinye lifana nesidalwa esihlakaniphile. Ukuhlakanipha okufihliwe kuseli ngalinye kumele

kuvuswe futhi kuqeqeshwe ukuze kwaziwe konke okungaziwa, kodwa umuntu akakaqeqeshi lawo maseli, ngakho-ke uhlala esimweni sokucindezeleka, ukuqonda kwengqondo okudlulayo, futhi uhlushwa ukuntuleka kolwazi.

Qaphela: Lesi sitatimende esingenhla senziwa ngesikhathi senkulumo kaMaster Paramahansa ngo-1927. Eminyakeni eminingi kamuva, izazi zezinto eziphilayo zakwazi ukuhlonza i-DNA ekhona kuyi-nucleus yawo wonke amaseli. Ukuhlolwa kuye kwafakazela ukuthi i-DNA eseli ngalinye iqukethe ulwazi olunembile kakhulu kanye nobuhlakani.

Ubuqotho nokwethembeka kuphakathi kwezimfanelo ezinhle kakhulu engizithanda kakhulu kumuntu

Ubungane bukhula ngokwethembeka futhi buqhakaze futhi buchume emhlabathini wobuqotho Kungakhathaliseki ukuthi sisondelene kangakanani nothile, kumelwe sithuthukise lobo buhlobo ngenhlonipho nangokuziphatha okufanele, khona-ke ubungane buyoba buhle futhi buhlale isikhathi eside.

Nokho, ukujwayelana okuholela ekunganaki nasekunganaki imizwa yabanye kuyalimaza ubungane.

Umuntu udinga abangane beqiniso asebenyukile ezingeni lokuphila ukuze bamsize athuthuke njalo. Kufanele futhi asize abanye ukuba basukume futhi babelane nabo ngezibusiso zikaNkulunkulu azijabulelayo.

Ubungane beqiniso buyindlela yokukhanga ngokomoya ehlanganisa imiphefumulo ndawonye futhi iyibophe ngesibopho sothando lwaphezulu

Lolu thando noma ubungani bungenzeka phakathi kwabantu ababili noma ngaphezulu

Uma ubungane obungokomoya buhlala enhliziyweni, umphefumulo untanta olwandle oluzungezile lomoya we-cosmic, ushiya imingcele nemingcele eyayiwuhlukanisa nendalo kaNkulunkulu.

Ngizizwa ngixhumene nabo bonke abantu, njengoba nje umuntu ezizwa eseduze nomndeni wakhe. Lo muzwa awuchazeki, futhi uma ufika, uletha ukuqonda okujulile kwencazelo nobuhle bempilo.

Kuwukuhlakanipha ukuzama ukwenza intando kaNkulunkulu kukho konke esikwenzayo, ngoba lena yindlela eya ekuthuleni kwangaphakathi nenjabulo. Le ndawo yonke enkulu nengenamkhawulo, enamandla ayo emvelo ahlukahlukene, ilawulwa yintando kaNkulunkulu eqondisayo. Konke kusebenza ngokuvumelana necebo laphezulu, futhi siyingxenye ebalulekile yalelo cebo lendawo yonke.

Kumelwe senze umsebenzi wethu, futhi kumelwe sidlale indima uNkulunkulu asinike yona, hhayi indima esiyithandayo.

Kusukela ezingobo zomlando: Sesike sahlangana ngaphambili?

Ezikhathini zakudala, enhliziyweni ye-ether, lapho siqala ukuba khona njengemimoya, sonke sasilala

Ngaphansi kwengubo yothando lwaphezulu. Lapho uNkulunkulu esivusa, saya kude naye, njengasendabeni yendodana yolahleko, sakhohlwa isibopho saphezulu phakathi kwethu futhi saba izihambi komunye nomunye.

**Njengoba sesishiye ikhaya lethu lasezulwini,
sesibe ngabahambi kuleli zwe, sihamba emagumbini
omhlaba futhi sihamba ezindleleni zekusasa.**

**Sihambe kude kakhulu nekhaya lethu lokuqala.
Kodwa-ke, ngezikhathi ezithile, izindawo ezithile,
okuhlangenwe nakho, nobuso kuvusa izinkumbulo
ezifihliwe kanye nemizwa ejulile, yangaphakathi
esihlebelayo.**

**Sinomuzwa wokuthi siphinde sibhekane nezinto
esasizazi ngaphambili, futhi sihlangana futhi
sixhumane nabantu esibathandayo esasisondelene
nabo esikhathini esidlule.**

**Nkosi, sibusise ngomusa wothando lwaphezulu
Izinhliziyi zethu mazincibilike ngokulangazelela
wena**

**Futhi imililo yokulangazelela iyavutha
ngaphakathi kwakhe**

**Mhlawumbe imiphefumulo yethu iboshwe
ezindlini ezingokoqobo**

**Uyakhululeka ezinkingeni zakhe
Futhi uyahamba, eqhutshwa ukulangazelela
kwaphezulu**

**Kuze kube semaphethelweni akho aphakade
O sithandwa sethu saphakade**

**Siyakucela, Nkosi
Kwangathi uthando lwakho lungakhanya phezu
kwemiphefumulo yethu**

**Futhi kwangathi ubukhazikhazi benkazimulo
yakho bungakhanya phezu kwethu**

**Futhi kwangathi ukuhlakanipha Kwakho
kungasiqondisa kuzo zonke izigaba zokuphila kwethu
Futhi kwangathi angamukela uthando
Iwezinhliziyi zethu kanye nezifiso zethu**

**Futhi usibusise ngokuthinta kobukhona bakho
Futhi ukujabulela ukuba seduze nawe**

**Uma siqala ukuqonda isintu sonke, siyaqaphela
ukuthi asisona nje isidalwa esingokwenyama.
Ngaphakathi kwaso kulele amandla amaningi,
amandla aso asebenzisa amazinga ahlukahlukene
ukuze sizivumelanise nezimo zaleli zwe. Futhi
amandla ala mandla makhulu kakhulu kunalokho
umuntu ovamile akucabangayo.**

**Ukukhangwa kothando lwaphezulu kusebenza
ngokuheha okumsulwa kanye nokukholisa okumnene
Lapho inhliziyo izwa ubizo lothando lwaphezulu,
igcwala isifiso sokwandisa umbuthano wothando
lwayo oluthunjiwe ukuze lufake ukuba khona nakho
konke okukuwo. Ngakho-ke, uthando oluthunjiwe
luyakhululwa futhi luba ngaphandle kwemigoqo
yobugovu nokuqina.**

**Ngakho-ke uthando luzithola lusha enhliziyweni
kaNkulunkulu, futhi konke kuhlenganiswe kulolo
bunye obubusisiwe**

**Sikhula kukho konke esikubonayo, uma nje
siqaphela ukuthi singafunda izifundo ezibalulekile
kubo. Ngoba bonke ubuhlungu nokuhlupheka
esikuzwayo kunencazelo nenjongo.**

**Naphezu kobunzima bokuhlolwa, kufana nomlilo
oncibilikisa i-iron ore ukuze uyiguqule ibe yinsimbi
enhle, eqinile, neguquguqukayo.**

**Ukuthobeka kungumnyango ovulekile lapho
ubuningi bomusa, uthando, nokuthula kungena khona
emiphefumulweni emihle ethanda ubuhle futhi
emukela ukukhanya nezibusiso zasezulwini.**

Kungakhathaliseki ukuthi umuntu ungusomabhizinisi ophumelelayo, usopolitiki ohlakaniphile, umashiqela ononya, noma umguquli omkhulu, amandla akhe awalutho uma eqhathaniswa namandla kaNkulunkulu angenamkhawulo.

Ukuzidla kubangela ubumpumputhe obungokomoya ngoba kuxosha emphefumulweni umbono wendawo enkulu ehlala emiphefumulweni emikhulu

Abantu abakhulu bayaqaphela ukuthi amandla abo abolekwe kuNkulunkulu uMninimandla onke othanda abathobekile futhi abandise ulwazi, isiqondiso, namandla.

Ubungane beqiniso buwukukhanya okusikhuthaza ukuba sisizane ukuze sibone isango lezulu futhi sidlule kulo siye endaweni yothando lwaphezulu.

Intukuthelo embi ifana nomdlavuza, idla ukuthula kwangaphakathi. Lokhu kuchaza ukuthi kungani umuntu onolaka engakwazi ukunqoba ubunzima nezinkinga zakhe.

Uma umuntu ezibamba ngemikhuba eyingozi, akakwazi ukuqhubeka nokulwa nokuphila, futhi ngokushesha nje lapho evumela isimo sengqondo esingesihle ukuba silawule ingqondo yakhe, intando yakhe iyaphela amandla.

Lezo zici zimboza ubuchopho enkungwini yokudideka nokudideka, futhi zibhubhise ukwahlulela okuhle

Umuntu anganqoba ngengqondo yakhe kanye nentando yakhe, kungakhathaliseki ukuthi izimo zokuphila zimbi futhi zinzima kangakanani

**Umphefumulo womuntu uboshwe emzimbeni
yizinkanuko, izilingo, izinkinga, ukukhathazeka,
nokwesaba, futhi uzama ukuzikhulula.**

**Uma uqhubeka nokudonsa lelo ketanga
elikubopha engqondweni yakho engokwenyama
kanzima kangaka, ngolunye usuku isandla saphezulu
sizongenelela futhi sisike iketanga, futhi
uzokhululeka.**

**Iyini inzuzo yokuphila ngaphandle kwabangane
abahle nabathembekile? Inhliziyo inomlingo odonsela
abangane beqiniso. Iwumlingo wothando, ukuzidela,
kanye nokukhathazeka okunobungane.**

**Uma sixhawulana nothile, kufanele simbonise
amandla adonsela phansi othando lwethu nobuqotho
bethu futhi sizame ukumsiza ngangokunokwenzeka.**

**Asikho isidingo sokuba abantu bahlale bemi
ndawonye futhi bengaguquki. Izindwangu
zokukhohlisa kumele zisuswe engqikithini
yomphefumulo ukuze zikhanye ngobumsulwa
namandla azo, zembule ubuhle obuhle uNkulunkulu
abunike isintu.**

**UNkulunkulu ubusisa imizamo emihle, izifiso
ezifanele, kanye nokuzimisela ukufeza impumelelo**

O, Nkosi

**Kungakhathaliseki ukuthi ngibhekene nobunzima
nobunzima obunjani**

**Ngiyazi ukuthi kumelela isigaba esilandelayo
sokuthuthuka kwami ngokomoya**

**Ngiyazi kahle ukuthi nginolwazi namandla
Lezo zinto ezimbili onginika zona**

**Ukuqonda okuthile kanye nokunqoba
okuqinisekile**

**Izulu liyisimo senjabulo enkulu lapho kungekho
khona izinkinga noma usizi**

**Ngokuqhubeka nemizamo emihle kanye nezenzo
ezinhle, imiphefumulo ekugcineni ifinyelela esimweni
senjabulo ehlala njalo nevuselelwe.**

**Izenzo ezinhle zisho ukuzindla kanye nemisebenzi
eyakhayo nezuzisayo**

**Uma usukwazi ukuguqula ukungazi kube
ukuhlakanipha**

**Kusukela ebuthakathakeni nasekubuthakatheni
kuya empilweni nasebungqabavuni**

**Hamba ngokuqiniseka nangesibindi - noma ngabe
uwedwa - ezindleleni zokuphila**

**Nenjabulo yangaphakathi yokuba nonembeza
ophilayo noqaphile**

**Futhi ukholo olungenakunyakaziswa ebulungiseni
bukaNkulunkulu kanye nasekunqobeni kweqiniso
phezu kwamanga kanye neqiniso phezu kokukhohlisa**

**Futhi uma uzama nsuku zonke ukukhulula
imicabango yakho emazingeni aphezulu futhi
acwengekile**

Unenhliziyo enothando nebongayo

Nezinhloso ezinhle ngabanye

**Ukondleka kwakho kwengqondo kunamandla
kamagnetic**

**Bese kuzokudonsela konke okuhle nokuzuzisayo
kuwe**

**Kusukela ezintweni, kubantu, nasezimweni
ezidingekayo**

**Ukuqhubeka nohambo oluya ogwini lokuphepha
nokuphepha**

**Ukunamathela ekuthuleni nasekuthuleni okuhle,
ngisho noma kungakapheli isigamu sehora ngaphambi
kokulala ebusuku nokuvuka ekuseni, kuzothuthukisa
umuzwa wenduduzo yengqondo, okusiza
ekubhekaneni nazo zonke izimo ezinzima zempi
yansuku zonke yokuphila. Ngaleyo muzwa
wangaphakathi, kuba nokwenzeka ukufeza izidingo
zansuku zonke nezidingo.**

**Ukufinyelela isimo sokuqonda okuphakeme
kusheshisa intuthuko engokomoya futhi kusiza
ukucwila ngobuchule olwandle lomoya**

**Umuntu uthola injabulo ngokwezinga lembewu
yemicabango nezenzo azitshalile futhi aqhubeka
nokuzihlwanyela emhlabathini wempilo yakhe.**

**Ingqondo yomuntu iyingqolobane enkulu yamandla
noma imisebenzi ebalulekile**

**Lo msebenzi usetshenziswa njalo ekunyakazeni
kwemisipha, ekusebenzeni kwenhliziyo, emaphashini,
kanye nase-diaphragm, ekusebenzeni kweseli,
ekuphenduleni kwamakhemikhali egazini, kanye
nasekusebenzeni kwezitho zomzimba ezizwayo
(izinzwa)**

**Ngaphezu kwalokho, inani elikhulu lamandla
abalulekile lichithwa ekucabangeni, emizweni, kanye
nasekuzimiseleni**

**Ukwesaba kunciphisa umsebenzi obalulekile futhi
kungenye yezitha eziqine kakhulu zentando
esebenzayo**

**Ubuzenzisi abuholeli emiphumeleni emihle.
Umuntu ohlakaniphe kakhulu kunabo bonke akakwazi**

ukufihla lokho okwembulwa amehlo akhe, ngoba wonke umlando womuntu ubhalwe emehlweni akhe.

Uma ufisa ukwazi uhlobo lomuntu, cela uNkulunkulu ukuba akwembulele iqiniso ngalowo muntu, ngoba awufuni ukukhohliswa, futhi uzozwa ekujuleni kwenhliziyo yakho uhlobo lwakhe lwangempela, futhi umuzwa wakho ngeke ube nephutha.

Isifiso, inhloso, kanye nentando:

"Isifiso" yisifiso esingenawo amandla kanti "inhloso" yisinqumo sokwenza okuthile: ukugcwalisa isifiso noma isifiso esithile Ngokuqondene "nentando," ingavezwa ngokuthi: "Ngizosebenza ngokuzikhandla ngize ngifeze engikufunayo"

Uma uqeqesha intando yakho, ungakhulula futhi uqondise amandla omsebenzi obalulekile, kunokuba ufise okuthile ngaphandle kokwenza okudingekayo ukuze ukuthole.

Akumelwe silahle ithemba, kodwa kufanele siqaphele ukuthi uNkulunkulu usinika ithuba eliningi lokuthuthukisa izimo zethu, aphakamise imibono yethu, futhi adale izinto ezintsha neziwusizo kithi nakwabanye empilweni.

Uma singajabule ngendlela esiphila ngayo njengamanje, kufanele sihlole izindlela ezintsha nezindlela ezisilethela ukwaneliseka nokuthula kwengqondo. Kufanele sicabangele izenzo ezizothuthukisa izimo zethu futhi zenze izimpilo zethu zibe nenjongo futhi zibe nenjongo, bese siyisebenzisa leyo mibono.

Nkosi, masingabheki umsebenzi obaluleke kakhulu kunomthwalo ongcwele wokukwazi. Ngoba

**yonke into, kungakhathaliseki ukuthi injani,
ingafezwa kuphela ngamandla okufeza osinike wona.
Ngakho-ke masithande Wena ngaphezu kwakho konke
okunye, ngoba ngaphandle komusa wokuphila
kwakho nothando lwakho, asinakuphila noma
ukuthanda nhlobo. Sivela kuNkulunkulu, futhi
ingqikithi Yakhe ihlala kithi ngobumsulwa Bakhe
bonke, inkazimulo, kanye nenjabulo enkulu.**

Ukuqwashisa ngenjabulo:

**Akukho ukuphikisana ngokuba khona okuphelele
kokwazi okujabulisayo, ngoba uma sinalo lolo lwazi
sinomuzwa wokuthi ubuntu bethu noma ubuntu bethu
obuncane bushintshiwe futhi bushintshiwe, nokuthi
sesikhuphuke ngaphezu kothando nenzondo, injabulo
nobuhlungu, futhi sesifinyelele ezingeni lapho izimo
zokwazi okulinganisewe ezivamile zibonakala zicacile
futhi zisobala.**

**Siphinde sizizwe ukwanda kwangaphakathi
nokwanda, kanye nozwela olujwayelekile kukho konke**

**Kulesi simo, umsindo womhlaba uyanyamalala,
injabulo iyanyamalala, futhi ngaphakathi kithi kuvela
umuzwa wobunye bokuba khona futhi umbono ocacile
wokukhanya kwendawo yonke uvela.**

**Konke ukungcola nokuphambuka kuyancibilika
kube yize, futhi sizizwa sengathi sithuthele kwelinye
izwe: emthonjeni wenjabulo yaphakade nokuhlala
unomphela okujabulisayo.**

**Ukwesaba kuyacindezela futhi kuvimbele
umsebenzi wokuphila ovame ukugeleza njalo uye
emithanjeni, ukuze kubonakale sengathi ikhubazekile,
futhi umzimba uba buthaka futhi amandla awo
ancipha ngokuphawulekayo nangokuphawulekayo
(ukwesaba kuvimbela imizwa!)**

**Ukwesaba akusizi ukuqeda imbangela yokwesaba
Kuyenza buthaka intando futhi kushukumisele
ubuchopho ukuba buthumele isignali ebuthakathaka
ezithweni zomzimba Ngaphezu kwalokho, ukwesaba
kuyonakalisa inhliziyo, kuphazamise ukugaya ukudla,
futhi kubangele izifo eziningi zomzimba**

**Uma ukuqaphela kuhlala kugxile kuNkulunkulu,
ngeke wesabe lutho futhi uzokwazi ukunqoba zonke
izithiyo nezithiyo ngesibindi nangokholo.**

**Amandla okufeza impumelelo alele engqondweni
Uzoliqaphela leli qiniso uma ubambeleva ngokuqinile
ezinkolelweni zakho naphezu kokungabaza kwezwe
nokudumazeka kwalabo abazama ukukuwisa Akukho
mingcele emandleni engqondo Gxila kulo mbono bese
ugcwalisa ingqondo yakho ngesifiso sokufeza kanye
nokuzimisela ukusebenza kahle emigomweni yakho**

**Qhubeka uphusha ingqondo yakho ekufinyeleleni
okuphezulu Finyelela ingcebo engokomoya, futhi
zonke ezinye izinhlobo zengcebo nokuchuma zizoba
ngaphansi kokulawula kwakho.**

**Ukuqonda akunamkhawulo futhi akunamkhawulo;
kufinyelela ezinkanyezini ezikude kakhulu futhi
kungene kuwo wonke ama-athomu endaweni yonke,
kuze kufike kuma-electron amancane kakhulu Abantu
kumele bazizwe bemunye nalolu lwandle lokwazi
indawo yonke, bedlula imingcele yomndeni neyesizwe
ukuze bazibone njengamalungu omndeni omkhulu
wesintu.**

**Akekho ongathonya umuntu ngaphandle
kokusebenzisa noma ukusebenzisa kabi intando
yakhe. Umuntu kumelwe asebenzise inkululeko**

yokuzikhethela uNkulunkulu ayinike yona ukuze amfune, khona-ke ngokuqinisekile uzomthola.

Umfundi kufanele akhumbule ukuthi kubaluleke kakhulu ukuhlangana nabantu abalungile abanethonya elihle futhi abasiza ukumkhuthaza, ukuqinisa intando yakhe, nokuthuthukisa ikhono lakhe lokuqonda.

Uthisha uParamahansa wathi eqenjini labafundi: Ngikunike uthando lwami ngaphandle kwemibandela nangaphandle kokuzigodla, futhi ngiyaqiniseka ukuthi ngilutholile uthando lwakho.

Abanye babantu engibaziyo empilweni yami babenazo zonke izinto engangicabanga ukuthi ngizozifuna, kodwa abazange bathole injabulo ekugcwaliseni lezo zifiso.

Ngafuna uNkulunkulu kuqala futhi ngathola ukuthi injabulo Yakhe evuselelayo igcwalisa zonke izifiso futhi igcwalisa umphefumulo ngenjabulo nokwaneliseka, nokuthi ukhanga kakhulu kunanoma yikuphi ukujabula noma isilingo esikhona.

Umuntu akufanele aphazamise inhliziyo yomunye umuntu noma aphazamise imizwa yakhe, ngoba inhliziyo iyisikhungo semizwa, futhi ngoba izinkinga zemizwa zibangela inhliziyo ukuba ikhathazeke futhi iphazamiseke.

Umuntu kumele azibheke ngaphakathi ukuze abone izici ezihlukile zobuntu bakhe

Abanye abantu bayakuthanda ukubhala, abanye bakhangwa ukuqamba umculo noma ukudansa nokucula, kanti abanye bavame ukusebenza

emkhakheni wezezimali kanye nowezomnotho, njalo njalo.

Ngeshwa, kukhona labo abathanda ukusakaza amahemuhemu nokuhlanganyela ekuhlebeni, noma ukuxabana nokulwa

Umuntu akufanele azame ukushintsha izimfanelo zakhe ezinhle, kodwa kufanele alahle lezo zinto azenza ngenkani ezimlethela usizi nokuzisola ngenxa yalokho.

Ukunamathela kwengqondo okungavamile:

Izisulu zalesi sifo ziba nohlangothi olulodwa ekuphishekeleni kwazo injabulo. Zikholelwa ukuthi injabulo itholakala ekuqongeleleni ingcebo, ekuzuzeni udumo, noma ekubeni nempilo noma amandla, zidela konke—impilo, idumela elihle, ukuthula kwengqondo, udumo, nesithunzi—e-altare lesifiso sazo esivuthayo. Sekwephuzile, ziyaqaphela ukuthi impilo elinganiselayo kuphela, ehlonipha imithetho yemvelo kanye nezimiso zikaNkulunkulu, futhi evumelanisa umsebenzi nokuthula, engaletha injabulo yangempela futhi ifeze injongo yokuphila okuhle.

Labo abahlushwa izinkinga zokunamathela ezingaphilile bagcwele imicabango yokulangazelela okungalawuleki, okuholela embonweni ophambene nosontekile ngempilo. Isibonelo, usomabhizinisi waphumelela kakhulu futhi waqoqa ingcebo, kodwa ngaphambi kokuba ajabulele ingcebo yakhe, wahlushwa ukuphazamiseka kwemizwa ngenxa yokukhathazeka okukhulu nokwesaba, washona edabukile enhliziyweni [Kwangathi uNkulunkulu angakududuza]

Abanye bakholelwa ukuthi konke kuvunyelwe ukuze kufezwe umgomo. Ngenxa yalokhu kudideka, bayaphuthelwa umgomo wabo wangempela futhi

**abakwazi ukuthola ngisho nokwaneliseka okuncane,
noma ngabe banazo lezo zinto abebezifisa, ngoba
imvelo yomuntu inkulu futhi inezici eziningi futhi
idinga intuthuko elinganiselayo kuwo wonke
amazinga.**

umkhuhlane wengqondo

**Lesi sifo sinelinye igama: ukuphelelwa yithemba
Umuntu akakaze azi ukuthi sizofika nini futhi
sibhekane nezimpawu zaso ezicindezelayo,
njengokuphelelwa yithemba, ukungabekezeleli,
ukukhathazeka, kanye nokungabekezeleli Okubi
nakakhulu, kuvame ukuqhubeka isikhathi eside, futhi
izisulu zaso zivame ukubuyela emuva kalula, ngisho
noma zikholelwa ukuthi seziluleme.**

I-catarrh yengqondo

**Lesi sifo sibangelwa ukuhlala ucabanga ngezinto
ezikhathazayo ezingapheli. Labo abahlushwa yiso
bavame ukungakunaki ukusebenzisa amandla abo
okuzimisela futhi ngaleyo ndlela bazithobe
ngokuzithandela ekwesabeni kwabo okuqhubekayo
esikhundleni sokubhekana nabo ngesibindi
nokukuqeda ekuqaleni.**

**Into enkulu kakhulu amadoda nabafazi
abangafisana ngayo ukuqondana okungokomoya
okukhuthaza ukuvuleleka ngokomzwelo futhi okuveza
izimfanelo ezinhle njengokuqonda, ukucabangela
imizwa nothando.**

**Nokho, kumelwe kucatshangelwe ukuthi ukukhula
ngokomoya akunakuphoqeelwa kwabanye**

**Uma umuntu ebathanda abanye, umusa wakhe
uzokhuthaza abathandekayo bakhe abamzungezile
futhi ubathonye kahle**

**UNkulunkulu uvakashela izinhliziyi ezihlanziwe
izinyembezi zokulangazelela futhi ezikhanyiswe
ngamakhandlela othando**

**Uthisha uParamhansa wathi eqenjini labafundi:
Ungalindeli imbali engokomoya nsuku zonke evela
engadini yempilo yakho**

**Themba ukuthi uNkulunkulu, omphathise izindaba
zakho, uzokuvuza futhi agcwalise amathemba akho
ngesikhathi esifanele Manje njengoba senihlwanyele
imbewu yothando lwaphezulu emhlabathini
wemiphefumulo yenu, yikhuliseni ngokunxusa
nangezenzo ezinhle, futhi nisuse ukhula oluyingozi
noluyizinambuzane oluzungezile: ukhula lokungabaza,
isithukuthezi, kanye nokudinwa**

**Uma imibono engcwele ihluma, yikhulise futhi
uyinisele ngamanzi okulangazelela nokholo, futhi
ngolunye usuku ekuseni uzojabula ukubona imbali
ebusisiwe yokuzazi.**

**Akufanele neze sikhohlwe othandekayo omkhulu
kunabo bonke ocashe ngemuva kwabo bonke
abathandekayo nabangane, futhi akumelwe sivumele
uthando lwezinto zezwe ezidlulayo lunqobe izinhliziyi
zethu, okufanele zishaye ngothando lwaphezulu
oluhlala njalo, oluhlala njalo olungenakulinganiswa
nolungenalo uthando oludlula lona Ngoba lapho
uthando lwaphezulu luphethe inhliziyi, ukuthula
kuhlala kuyo futhi injabulo yomphefumulo
iyayigcwalisa**

**Imibhalo iluleka isintu ukuba sicabange
ngoNkulunkulu, sicwilise izingqondo zaso kuYe,
sinikele zonke izinto kuYe, futhi simkhulekele
ngobuqotho, ngaphandle kokuzenzisa noma
ukuzenzisa Ukwazi uNkulunkulu kufanele kube**

**umgomo oyinhloko wokuphila Imisebenzi yezwe
ayinakufezwa ngaphandle kosizo lwamandla
uNkulunkulu awanike isintu**

**Akukho lutho empilweni yomuntu okufanele
lubhekwe njengolubaluleke kakhulu kunoNkulunkulu
Uma umuntu ekhathalela uNkulunkulu ngobuqotho
futhi efeza isibopho sakhe esingokomoya kuYe, izimo
zakhe zizothuthuka ngazo zonke izindlela, futhi
uzozizwa ephephile futhi evikelekile naphezu kwazo
zonke izimo ezimzungezile.**

**Umuntu akumelwe aphule amalungelo abanye,
noma athathe umhlaba wakhe, ukuthula, uthando,
isithunzi, noma yiziphi izinto zakhe ezibonakalayo
nezokuziphatha.**

**Uma ungenaso isifiso sokuthatha okungekona
okwakho, lokho okudingayo noma okufisayo kuzokuza
kuwe Ukweba kuqala kuqala kugxile engqondweni
lapho umuntu eqala ukuba nomona ngabanye Imbewu
yesifiso esibi kumele isuswe engqondweni**

**Ububele obungokomoya yindlela umuntu
azodonsela kuyo insada ngokwemvelo, futhi izibusiso
zizogeleza kuye zivela emithonjeni ayaziyo kanye
nemithombo angaziyo Kungumthetho waphezulu
ongenaphutha Ngokuphathelene namasela nabantu
abanobugovu, bachitha izimpilo zabo bephishekela
izimpahla ezibonakalayo, amehlo abo ahlale ekulokho
abanye abanakho, ngisho noma imali yabo igcwele
igolide**

**Ngaphandle kokuba ubugovu bezinto
ezibonakalayo bungashiywa, umhlaba awukwazi
ukujabula**

**Ngemva kweminyaka embalwa beshadile,
izinkulungwane zamadoda nabafazi ziyazibuza:**

"Uthando lwethu luye kuphi?"

Impendulo yalaba bantu ithi: Wadliwa ngumlilo wokuzitika ngokweqile futhi wanqotshwa ubugovu nokungahloniphi.

Uma lezi zimfanelo ezimnyama zingena enhliziyweni, uthando luphenduka umlotha

Uma indoda nowesifazane bephathana kabi, bachitha injabulo yabo ndawonye unomphela

Indoda kufanele isize owesifazane ukuthi abonise izimfanelo zakhe ezinhle futhi imenze azizwe sengathi akayena nje ukuze agcwalise izifiso zakhe, kodwa njengomngane endleleni, amhlonipha futhi amazise, futhi ambheka njengokubonakaliswa kwezici eziphakeme kakhulu zokuphila.

Abesifazane kufanele babheke amadoda ngendlela efanayo

Uma ufaka uhlobo olungalungile lomanyolo ezimpandeni zomuthi, izithelo zizoba zincane futhi zingakhuli. Ngokufanayo, lapho umuntu ondla umuthi wobungane ngemizwa yobugovu, izisusa zakhe ezingafanele ziyaphambukisa futhi zonakalisa izithelo zalobo bungane.

Ukuba nesithakazelo kothile ngoba nje ecebile noma enethonya futhi angasenzela okuthile akunakubizwa ngokuthi ubungani Ngokufanayo, ukukhangwa othile ngenxa yobuso bakhe obuhle akulona ubungani futhi Lapho lobo buso bulahlekelwa ubuhle balo bobusha nobukhangayo, "ubungani" buzonyamalala bube yinto yesikhathi esidlule

Izenzo ezinhle ezenziwa abantu abahloniphekile ukusiza abanye akufanele zenzelwe udumo noma ukwanelisa ubugovu, kodwa kunalokho zonke izenzo

kufanele zenziwe ngothando ngoNkulunkulu nokufuna injabulo Yakhe.

Labo abajabulela ukuhleba, ukunyundela, nokuhleba ngabanye abasoze bayazi injabulo yokusiza abanye ngamazwi akhuthazayo neseluleko esihlakaniphile Ukusola ngokhahlo kuyamdumaza umenzi wobubi futhi kumcasule

Iningi labantu liyazazi ezinhliziyweni zabo ubuthakathaka babo kanye namanxeba abuhlungu abazalwa nawo, futhi lokhu akunakwelashwa ngokuhlukunyezwa okubuhlungu kanye nokuhlanjalezwa okubuhlungu, kodwa kunalokho ngebalm yothando eduduzayo neduduzayo.

Nkosi, ngivumele ngenze lokho ofuna ngikwenze, futhi mangingavumeli izifiso zami noma izifiso zami zingilawule. Ngisize ngifeze imisebenzi ezokwenza leli zwe libe yindawo engcono ngazo zonke izindlela, ukuze imicabango nezenzo zami zimemezele inkazimulo yakho futhi zikhumbuze abanye ngawe.

Ukulala kuyisibusiso, ngoba noma ngabe izinkinga zakho ziyini, uyakhululeka kuzo uma ukhubeka Kodwa kumelwe ufunde ukuthi ungazikhulula kanjani ezinkingeni ngamabomu ngesikhathi sokuvuka kwakho Uma ungakaze unambithe ushukela, ngeke wazi ubumnandi bawo Ngokufanayo, ngaphandle kokuthi usebenzise ngokugcwele amandla engqondo, ngeke ukwazi ukwazisa amandla ayo amangalisayo

Ngesikhathi uMhlonishwa uMahluleli ekhipha isinqumo sakhe sokugcina mayelana nodaba olubucayi olwalusho ukuphila noma ukufa komunye umuntu, ngaleso sikhathi wayecabanga ngezinkinga

**zasekhaya ezamehlela ngalolo suku futhi
wayecasukile ngoba umthetho wakhe ekhaya
wawungaphoqelelwa!**

**Uma ijaji elinjalo likhipha isinqumo esingalungile
esingaholela ekufeni komuntu ongenacala ngenxa
yokungagxili kahle engqondweni, khona-ke naye
uzomangalelwa futhi agwetshwe phambi kweJaji
Eliphakeme, uMahluleli wazo zonke izono: umthetho
wendawo yonke ongakhethi futhi ongenandawo
yokukhetha izihlobo.**

**Ngisakhumbula lapho ngiba nesipiliyoni
esingalindelekile; ngemuva kwamafu okuzindla,
ukuvela kwenjabulo engokomoya kwavela
ngokuzumayo futhi kwangigubuzela.**

**Lokho okuhlangenwe nakho okubusisiwe kwadlula
konke okwakulindelwe, njengoba ngangizwa injabulo
engachazeki, futhi ukukhanya kwenjabulo
kwakhanyisa wonke amakhona amnyama okuqonda,
kwasusa izithunzi zokudideka nemibuzo.**

**Lokho kukhanya—njenge-X-ray—kwabhoboza
izinto ezimagebhugebhu kwangibonisa izinto
ezazingaphesheya komkhathi ojwayelekile wokubona,
empumalanga nasentshonalanga, enyakatho
naseningizimu, phambi kwami nangemuva kwami,
ngaphezu kwami nangaphansi kwami, ngaphakathi
kimi naseduze kwami, nakuyo yonke indawo.**

**Ukungabaza okubhubhisayo kufana
nokukhubazeka emphumeleni wako. Kuvimbela
ukucabanga okwakhayo futhi kuvimbele amandla
okuzimisela.**

**Kusebenza njengesithiyo emisebenzini emihle
yamandla aphezulu kanye nemithetho yendawo
yonke, kuvimbela izibusiso zikaNkulunkulu ukuba**

zingafinyeleli emphefumulweni. Kuletha nomuzwa wokukhathazeka nokungabi namandla

Umelana nempumelelo futhi wenqaba imibono ngenxa yokungazi, ubandlululo, ukucwasa okungafanele, noma imizwa nezinkanuko ezingalawulwayo

Ukuzalwa kabusha ngokomoya kusho ukuzikhulula esibayeni sokungazi nokuphunyuka ezinkingeni zokuqonda okulinganiselwe

Ukuphila komuntu kungaba kuhle kakhulu ngezinye izikhathi, kodwa ukunamathela kukho kufana nokufaka inyoni yasepharadesi ekhejini elincane Uma uvula umnyango wekheji, inyoni ingase ingabaze ukuphuma ngoba isijwayele

Le nyoni enhle iyesaba futhi ayifuni ukushiya ikheji ibuyele enkululekweni engenamkhawulo eyavela kuyo, kunalokho ikhetha ukuhlala endaweni encane nelinganiselwe engahambisani nemvelo yayo.

Ngakho-ke, umphefumulo womuntu uyajwayelana nomzimba futhi uba yisiboshwa sawo, ungazi ukuthi uyingxenye yendawo yonke engenamkhawulo nokuthi ukuba khona kwawo emhlabeni kungokwesikhashana futhi kumelwe ubuyele ekhaya lawo lasezulwini.

Futhi ukukhulula ukuhlakanipha okungokwemvelo ezinkingeni nasekulinganiselweni komzimba yilokho engikubiza ngokuthi ukuzalwa kabusha ngokomoya

Akukho mingcele emandleni engqondo Gxila kulo mbono bese ugcwalisa ingqondo yakho ngesifiso sokufeza kanye nokuzimisela ukusebenza kahle emigomweni yakho Qhubeka uphusha imicabango yakho ekufinyeleleni okuphezulu Uma uthola ingcebo engokomoya, zonke ezinye izinhlobo zengcebo nokuchuma zizoba ngaphansi kwakho

Uma umuntu engakwazi ukufeza isifiso ngemizamo yakhe, uphendukela kuNkulunkulu ngomthandazo Ngakho-ke, yonke inkuthazo eshiwoyo yembula isifiso esifihliwe ngaphakathi. Kodwa ngokuthola uNkulunkulu, zonke izifiso ziyanyamalala futhi zonke izifiso ziyagcwaliseka.

Umuntu kumele enze konke okusemandleni akhe futhi abe nombono oqondile, angakhethi, futhi angabi nemingcele

Kufanele futhi anake kakhulu izifundo (izenzakalo nezimo) impilo ezibeka phambi kwakhe ngoba ziqukethe izifundo okufanele azifunde.

Imigomo emihle yomhlaba wonke kumele ingeniswe kuleli zwe, futhi kumele kwamukelwe imigomo ephakamisa isintu emazingeni aphezulu, icwenge imicabango yaso, inciphise izifiso zaso, futhi ithuthukise amakhono aso amahle.

Lokhu kungenziwa ngesibonelo esingokomoya kanye nezifundo ezinhle, hhayi ngamandla amakhulu kanye nezimpi ezibhubhisayo Amandla ezombusazwe ayingozi ngaphandle kwezimiso ezingokomoya zokuwalawula nokuwaqondisa

Uma ngibhekisela ezimisweni ezingokomoya, angisho izimfundiso ezithile, amahlelo, noma ukuhlanganiswa kwezinkolelo, kodwa kunalokho imithetho yendawo yonke: imithetho yokulunga nobuhle esebenza kuwo wonke umuntu futhi ibalethele ubuhle, inhlalakahle, nokuthula.

Wonke umuntu uhlala ngaphansi komuthi wezifiso zakhe, ogcwalisa zonke izifiso zakhe. Lowo muthi ungamandla entando. Amandla entando yomuntu,

okuyisibonakaliso sentando kaNkulunkulu, empeleni anamandla okufeza amathemba nezifiso zomuntu.

Kodwa noma ubani ongazi ukuthi angazilawula kanjani izifiso zakhe, izifiso zakhe, nemicabango yakhe kufanele abonge iNkosi yakhe izikhathi eziyinkulungwane ngoba imicabango yakhe engaqondiswanga ayigcwaliseki ngokushesha, ngaphandle kwalokho izifiso zasendle zingabangela ukubonakaliswa okuzenzakalelayo kwezingwe ezidla inyama, ezidla inyama ezidabula ukuthula komphefumulo, zichoboze ithambo lenjabulo, futhi ziguqule indawo yokuthula okungokomoya ibe yihlane elingenalutho.

Umuntu kufanele aqaphele ukuhlala ecabanga ngokwesaba, ukwehluleka, ukugula, kanye nokungazi, funa le micabango emibi iphume njengezilo ebumnyameni bokungaziwa futhi idale izinkinga ezinkulu okunzima ukubhekana nazo noma ukuzilawula Imicabango emibi iletha umonakalo kumuntu; ngakho-ke, kufanele ithathelwe indawo yimicabango emihle uma umuntu efisa okuhle kuye nakwabanye.

Uma siqaphela ukuthi amakhono esiwadingayo ukuze sicabange, sikhulume, sizizwe, noma senze konke avela kuNkulunkulu nokuthi uhlala enathi, esiphefumulela futhi esiqondisa, sikhululwa ngokushesha ezinkingeni.

Ngalokhu kuqaphela kufika ukukhanya kwenjabulo emsulwa, futhi ngezinye izikhathi umuntu ucwiliswa ekukhanyiselweni okujulile okususa ngokushesha imicabango yokwesaba.

Wonke amazwi, amahle noma amabi, ashiya ukudlidliza kwawo—imikhondo yawo—emzimbeni,

**ebuchosheni, nasekuphileni amandla okucabanga
ngesimo sokuthambekela nezifiso Ngakho-ke,
ukudlidliza kwawo wonke amazwi kushiya
ukuthambekela okuhle noma okubi engqondweni.
Lowo ozikhulule ezifisweni zokuhlanekezela iqiniso
usungula ngaphakathi kuye amandla amakhulu,
kangangokuthi ngeke afakaze amanga futhi wonke
amazwi akhe ayoba yiqiniso.**

**Nkosi, ngiphe amandla okusebenzisa izwi lami
ukukhonzisa iqiniso ngokukhuluma amazwi amnandi,
awusizo, naqabulayo**

**Dlala izingoma zakho ezingafi emculweni
wokuphila kwami ukuze ngibusiswe ngokudlidliza
kwezingoma zakho ezingcwele**

**O othandekayo we-cosmic
Ngibona ubuso bakho bukhanya ematsheni
acwebezelayo**

**Futhi ngibone ukufiphala kwakho emacembeni e-
rose**

**Futhi ngizwa izwi lakho ekukhaleni kwezinyoni,
futhi ngiyajabula kakhulu**

**Futhi ngiphupha ukuthi ngizohlangana nawe kuyo
yonke inhliziyo**

Ngigcwele injabulo

Incazelo ye-Transcends

Inkululeko ekwesabeni

I-Master Paramhansa Yogananda

**Konke endaweni yonke kwakhiwe ngamandla
noma ukudlidliza Ukudlidliza kwenkulumo
kuwukubonakaliswa noma ukubonakaliswa**

**okunamandla kakhulu kunokudlidliza komcabango
Imicabango yabo bonke abantu igeleza nge-ether
Ngenxa yokuthi imicabango inesikhundla esiphakeme
sokudlidliza, ayikadalulwa Ngenhlanhla, asiyazi
imicabango yabo bonke abantu!**

**Ngokucindezela noma ukuvula izinkinobho
zomsakazo (nangezinye izindlela kulezi zinsuku),
ungazwa izingoma nemisindo ehlukene. Ukube
bekungengenxa yokuqwashisa okungokwemvelo
ngaphakathi kwezingqimba ze-ether lapho amaza
omsakazo ahamba khona aye kumamukeli wakho,
ubuyozwa yonke imisindo yokusakaza ngesikhathi
esisodwa.**

**UNkulunkulu wadala i-ether futhi waphefumulela
ingqondo yomuntu ukuba isungule izindlela
zokudlulisa nokwamukela ukudlidliza ngale ndlela.
Amaza omsakazo athembele ku-ether ukuze
asakazeke kanye nakugesi ukuze adlulisele futhi
amukele Lawa maza omsakazo adlidlizayo ayimibono
edluliselwa esikhaleni kunoma yimuphi umamukeli
ophendulayo.**

**Uma useduze nomuntu omthandayo, uyayizwa
imicabango yakhe, kodwa ungase ungakwazi ukuzwa
imicabango yomuntu okude ngaphandle kokuthi
unombono othuthukisiwe wezinzwa Labo abavame
ukuzijwayeza amasu okugxila nokuzindla bathola
ukuthula okukhulu futhi imicabango yabo iba ngcono
kakhulu ngenxa yalo mkhuba, okwenza bakwazi
ukuzwa imicabango nezinhloso zabanye ngisho noma
bekude!**

**Sonke singabathumeli nabamukeli abangabantu:
wamukela imicabango yabanye ngenhliziyo yakho,
isikhungo semizwa, futhi udlulisela imicabango yakho
ngeso lakho elingokomoya, isikhungo sokugxila kanye
nentando l-antenna yakho isebuchosheni, isikhungo**

sokuqonda okuphezulu, okunembile Zicabange ukude nekhaya futhi ufuna ukwazi ukuthi kwenzekani lapho Uma izinzwa zakho zizolile kakhulu futhi ingqondo yakho ithule, uzokwazi ukuzwa imizwa nemicabango yomndeni wakho ekhaya Uma unamandla amakhulu okugxila, imicabango yakho ingangena noma kuphi, futhi izinzwa zakho zigcwaliswe ngamandla abalulekile

Ibanga lilinganiselwe ngoba amandla acindezela isikhala Ibanga liyancipha ngokuthuthukiswa kobuchwepheshe bokuxhumana. Cabanga ukuthi ulele futhi uphupha ukundiza uye kwelinye izwe, bese ugibela isitimela uye edolobheni, bese uhamba ngomkhumbi uye esiqhingini, ume emachwebeni amaningana endleleni. Konke lokhu kwenzeka ngemizuzu embalwa ephusheni ngoba awekho amabanga endaweni yokucabanga.

Umhlaba wonke kanye nomkhathi kukhona njengombono, futhi lapho kulele amandla engqondo Ngingavala amehlo ami futhi ngicabange ngezinto eziqhele ngamakhilomitha amaningi Isikhala nesikhathi kumane kuyizinto ezakhelwe engqondweni Uyini umehluko phakathi kwekhofi elishisayo ne-ayisikhilimu ebandayo ephusheni? Uma uvuka, uyaqaphela ukuthi i-ayisikhilimu ezweni lamaphupho kwakuwumbono nje, kanti nekhofi elishisayo nalo laliwumbono—kokubili kwakumane kuyimibono ehlukenene Ingqondo inamandla onke namandla okwazi konke Ingqondo engikhuluma ngayo ingumqondo kaNkulunkulu Futhi njengoba nje ekhona yonke indawo ngokucabanga, nathi sinjalo

Uma uzama ukulalela umsakazo, ngezinye izikhathi uzwa ukunyakaza okuhambisana nomsakazo. Ngokufanayo, uma uzama ukufeza okuthile okubalulekile empilweni yakho, uhlangabezana

**nolunye uhlobo lokuphazamiseka oluzama
ukuphazamisa nokuphazamisa intuthuko yakho.
Lokho kuphazamiseka kuyimikhuba emibi.**

**Ukwesaba olunye uhlobo lokuphazamiseka
oluthinta ingqondo yakho Njengemikhuba emihle
noma emibi, ukwesaba kungaba okwakhayo
nokubhubhisayo Isibonelo, lapho umfazi ethi, "Umyeni
wami uzothukuthela uma ngiphuma namuhla
ebusuku, ngakho ngeke ngiphume," ushukunyiswa
ukwesaba okwakhayo nobungane Kukhona umehluko
phakathi kokwesaba okunobungane nokwesaba
okunobugwala Ngikhuluma lapha ngokwesaba
okunobungane okwenza umuntu aqaphele ukuthi
angalimazi abanye ngokungadingekile Ukwesaba
okunobugwala kuyakhubaza intando Amalungu
omndeni kufanele azizwe enobungane kuphela futhi
akufanele esabe ukutshelana iqiniso Ukwenza
ngomuzwa wesibopho, noma ukudela izifiso zomuntu
siqu ekukhonzeni nasekuthandeni omunye umuntu,
kungcono kakhulu kunokukwenza ngokwesaba Ngisho
nalapho umuntu egwema ukweqa imithetho
yaphezulu, kufanele kube ngenxa yothando
ngoNkulunkulu, hhayi ukwesaba isijeziso**

**Ukwesaba kuvela enhliziyweni Uma uzizwa
ukhathazekile ngesifo noma ingozi, kufanele
uphefumule kakhulu, kancane kancane, nangejubane
elijwayelekile izikhathi eziningana, uphumule
ngokuphefumula ngakunye Lokhu kuzosiza
ukujikeleza kwegazi lakho kubuyele esimweni
esijwayelekile Uma inhliziyo yakho izolile ngempela,
ngeke uzizwe ukwesaba nhlobo**

**Ukukhathazeka kuyavuka enhliziyweni ngenxa
yokuzwa ubuhlungu Ngakho-ke, siyabona ukuthi
ukwesaba kusekelwe kokuhlangenwe nakho
kwangaphambilini Mhlawumbe umuntu uwile**

waphuka umlenze wakhe esikhathini esidlule,
ngakho-ke wesaba ukuphinda okuhlangenwe nakho
okufanayo. Ukuhlala ucabanga ngokuhlangenwe
nakho okunjalo okubuhlungu kukhubaza intando
nemizwa, okungenzeka kuholele ekuweni okunye
nomlenze ophukile! Ngaphezu kwalokho, lapho
inhliziyo ikhutshaziwe ukwesaba, amandla omzimba
ehla aye ezingeni lawo eliphansi kakhulu, okuvumela
amagciwane ezifo ukuba ahlasele futhi alimaze
umzimba.

Akukho muntu ongasabi ukugula Ukwesaba
kwanikezwa abantu njengethuluzi lokuqapha ukuze
bagweme ubuhlungu, hhayi ukukhuliswa noma
ukugxiliswa kukho njalo Ukukhathazeka njalo
ngokwesaba kuvimbela imizamo yethu yokugwema
ubunzima nokuxazulula izinkinga esibhekene nazo
Ukwesaba okuqaphile kusekelwe ekuhlakanipheni,
njengokucabanga, isibonelo, ukuthi ukudla okuthile
akunempilo naphezu kwesifiso sokukudla Ukwesaba
ukugula kuhlenganisa ukugula Abantu bazilethela
ukugula ngokucabanga ngakho Uma uhlala wesaba
ukuba nomkhuhlane, uzoba sengozini enkulu
yokukuthola kungakhathaliseki ukuthi wenzani ukuze
ukugweme Ungayikhubazi intando yakho nezinzwa
ngokwesaba Lapho ukukhathazeka kukunamathela
ngokumelene nentando yakho, usiza ekudaleni
okuhlangenwe nakho okwesabayo Akuhlakaniphile
futhi ukuzihlenganisa—ngokweqile—nalabo
abakhuluma njalo ngezifo zabo nobuthakathaka babo
Ukugxila kulezi zindaba kungasiza ekutshaleni
imbewu yokwesaba engqondweni yakho Labo
abesaba isifo sofuba, umdlavuza, noma isifo
senhliziyo kufanele basuse lokhu kwesaba
emicabangweni yabo funa bazilethele lezi zimo
ezingathandeki Ngokuphathelene nabagulayo

**nasebekhulile, badinga indawo ejabulisayo
nesekelayo, ezungezwe abantu abanesimo sengqondo
esiqinile, esihle, ukuze babakhuthaze futhi
babakhuthaze ngemicabango nemizwa emihle
Ukucabanga kunamandla amakhulu Abasebenzi
basesibhedlela abavamile ukugula ngenxa
yokuzethemba kwabo; empeleni, imicabango yabo
eqinile iyabavuselela futhi ibanikeze umthombo
ohlala njalo wamandla**

**Ngenxa yalesi sizathu, kungcono ukungatsheli
abanye iminyaka yakho njengoba ukhula
Ngokushesha nje lapho wenza kanjalo, babona
iminyaka yakho ibonakala ekubukekeni kwakho futhi
bayihlanganise nokuncipha kwempilo namandla.
Umqondo wokuguga udala ukukhathazeka futhi
uphuca umuntu impilo namandla Ngakho-ke, gcina
iminyaka yakho iyimfihlo kuwe. Kufanele
sizikhumbuze ukuthi singabantu abangafi, ukuthi
sibusiswe ngempilo enhle, nokuthi umhlaba ugcwele
ubuhle.**

**Ngakho-ke, kufanele kuqashelwe ukwesaba
Kufanele kuthathwe izinyathelo zokuzivikela, futhi
kufanele kwenziwe yonke imizamo yokuqeda
izimbangela zokugula nokuzikhulula ekwesabeni
Amagciwane agcwele yonke indawo kangangokuthi
uma abantu bebengawesaba, bebengeke bakwazi
ukujabulela impilo Ngisho noma benazo zonke
izinyathelo zokuphepha ezidingekayo, uma umuntu
engahlola ikhaya lakhe ngaphansi kwesibonakhulu,
ubengalahlekelwa yisifiso sokudla kanye nesifiso
sokudla.**

**Noma yini oyisabayo, susa imicabango yakho
kuyo Shiya kuNkulunkulu futhi uqinise ukwethemba
kwakho Kuye Ukuhlupheka okuningi kuvame
ukubangelwa ukukhathazeka Kungani uhlupheka**

kanti ukugula akukafiki? Njengoba izifo zabantu abaningi zivela ekwesabeni, ukuyeka ukwesaba kuzobakhulula ngokushesha, futhi ukuphulukiswa kuzoba khona ngokushesha Njalo ebusuku, ngaphambi kokuba ulale, ziqinisekise: "UNkulunkulu unami, futhi noma ubani onaNkulunkulu akanalutho lokwesaba" Zizungeze ngengqondo ngoMoya kaNkulunkulu namandla akhe asezulwini, ukholelwa ukuthi noma yiliphi igciwane elikuhlaselayo lizoshaywa phansi Ukuphinda "O Nkulunkulu, Mninimandla Onke" noma "O Nkosi, Msizi" ngokuzethemba okuphelele kuzokuvikela, kukuqinise, futhi kukwenze uzizwe ukhululekile futhi uphilile Uma uvumelana noNkulunkulu, iqiniso Lakhe lizogeleza kuwe, futhi uzokwazi ukuthi enhliziyweni yakho, ungumoya ongathinteki ubunzima nokungonakali

Noma nini lapho uzizwa wesaba, beka isandla sakho enhliziyweni yakho, usihlikihle kusukela kwesobunxele kuya kwesokudla ngenkathi uthi: "O Nkosi, susa lokhu kwesaba kimi futhi ukhulule ingqondo nemicabango yami kunoma yikuphi ukuphazamiseka" Njengoba nje kunezindlela zokususa ukuphazamiseka komsakazo, kanjalo futhi, uma uhlikihla inhliziyo yakho njalo kusukela kwesobunxele kuya kwesokudla, futhi uma ugxila njalo emcabangweni wokususa ukwesaba enhliziyweni yakho, ukwesaba kuzonyamalala ngosizo lukaNkulunkulu, futhi uzozwa injabulo yaphezulu igcwalisa umzimba wakho wonke.

Ukwesaba kuhlala kumuntu, futhi ukukuqeda kungenzeka ngokucabanga ngoNkulunkulu nokuzwa ubukhona Bakhe

Thembela kuNkulunkulu futhi ube qotho kukho konke okwenzayo. Kunabalingisi abaningi; ungafaki igama lakho ohlwini lwabo olude. Yazi lokho

okwenzayo futhi ukwenze ngendlela ehlukile okungekho muntu owake wakwenza ngaphambili. Insimu ivulekile yokudala inqobo nje uma isifiso siqotho futhi intando ikhona. Yonke imvelo iyaphendula kuwe uma uvumelana noNkulunkulu.

Abantu bavame ukuzibeka kuqala, kodwa kufanele sicabange ngabanye futhi sibasize ngokusemandleni ethu, sibafisela okuhle njengoba nathi sizifisela. Uma senza lokhu ngokuzithandela nangenhliziyo yonke, sizwa umbuthano wethu wozwela ukhula futhi izibopho zothando phakathi kwethu nabanye ziyajula futhi ziqina.

Endaweni enabantu abayi-1,000, uma wonke umuntu eziphatha kahle, umuntu ngamunye ubezoba nabangani abangu-999. Kodwa uma wonke umuntu kuleyo ndawo eziphatha njengesitha kwabanye, umuntu ngamunye ubezoba nezitha ezingu-999.

Ukunqoba izinhliziyi zabantu ngamandla othando kuwukunqoba okukhulu kakhulu umuntu angakufeza empilweni. Hlala uzama ukucabanga ngokuhle kwabanye, futhi uzothola umhlaba wonke usezinyaweni zakho. Lokhu kwakuwukuphumelela okuhle kakhulu kwabantu abakhulu abaphilela abanye futhi bafela bona. Labo abanamandla amakhulu aphilayo abaphilela bona kuphela basheshe bagubuzelwe ukukhohlwa. Kodwa labo abaphilela abanye bahlala bekhunjulwa phakade. Abaprofethi babengenazo izihlalo zobukhosi zegolide ngesikhathi sokuhlala kwabo emhlabeni, kodwa bahlala esihlalweni sobukhosi sothando ezinhliziyweni zezigidi. Leso sihlalo sobukhosi esingcono kakhulu umuntu angasihlala.

Umuntu ufika kuleli zwe ekhala kuyilapho wonke umuntu ejabula ngokufika kwakhe. Kumelwe asebenze futhi akhonze ngesikhathi sokuphila kwakhe.

okwabelwe ukuze kuthi lapho kufika isikhathi sokuhamba kuleli zwe, ahambe emomotheka kuyilapho izwe limlilela.

UNkulunkulu wadala leli zwe ukuze isintu sisebenzise ukuhlakanipha kwaso ukuze sithole ulwazi olungokomoya futhi siqonde ukuthi uMcabango waphezulu ungamandla amakhulu, futhi la mandla kufanele aqondiswe ngendlela efanele ukuze kuzuze thina nabanye.

Ukuba uNkulunkulu akazange asinike uthando ngokutshala uthando lwaKhe ezinhliziyweni zethu, besingeke silwazi nhlobo uthando lwabantu Njengoba uNkulunkulu enomusa futhi esithanda kangaka, kufanele abe yinjongo yethu kanye nomgomo wokufuna kwethu. Akafuni ukuzibophezela kithi, kodwa akukho njabulo engatholakala ngaphandle kokucabanga ngaYe nokuxhumana naye.

Indlela engaqondakali umzimba nengqondo esebenza ngayo, uNkulunkulu asihlukanise kuzo zonke ezinye izidalwa

Zonke ezinye izimangaliso kanye nesimangaliso empilweni kufanele zibe yisisusa esanele sokusenza sihlose ukukufuna nokukuthola.

Noma ubani ozama lokhu ngobuqotho nangokwethembeka uzophumelela emzamweni wakhe futhi uzofeza umgomo wakhe

Ngesikhathi ngiqala le ndlela, impilo yami ekuqaleni yayididekile futhi ingahlelekile, kodwa ngemizamo ephindaphindwayo kanye nomzamo oqhubekayo, amafu aqala ukunyamalala, futhi izinto zacaca ngendlela emangalisayo Konke okwenzeke kimi kwakuwubufakazi obungenakuphikiswa bokuba khona kukaNkulunkulu kanye nethuba lokuxhumana nokwazi Yena kule mpilo O, ukuthula, ukuthula kwengqondo, kanye nokuthula kwangaphakathi

**okutholwa ngumfuni lapho ethola uNkulunkulu!
Umhlaba ube usukhanya futhi umomotheka, konke
kuzolunga, futhi akukho lutho oluzokwazi ukufaka
ukwesaba enhliziyweni**

**Yile ndlela okumele sibhekane ngayo nezinselele
futhi silwe impi yokuphila ngesibindi nesibindi
esifanele abantwana bokuphila nokukhanya.**

Ukuthola ingcebo

Uthisha: uParamhansa Yogananda

Ukuhumusha: Mahmoud Abbas Masoud

Ingabe kukhona amandla endaweni yonke akwazi
ukwembula izimayini zengcebo nengcebo, futhi embule
ingcebo engazange icatshangelwe futhi esingakaze
siyiphuphe ngaphambili?

Ingabe akhona amandla endaweni yonke
esingaphendukela kuwo futhi sithembele kuwo ukuze sithole
impilo, injabulo, kanye nokukhanyiselwa okungokomoya?

Othisha abakhanyiselwe baqinisekisa ukuthi la mandla
akhona futhi babonise ukusebenza kahle kwemithetho
nezimiso zeqiniso ezizosebenzela isintu uma zibavivinya
ngengqondo evulekile.

Impumelelo emhlabeni ayixhomekile ngokuphelele
ekuqeqeshweni nasekuzijabuliseni, kodwa futhi
nasekuzimiseleni ukusebenzisa amathuba atholakalayo
ngokugcwele.

Amathuba okuphila awaveli ngengozi; adalwe futhi
akhiqizwa Abantu badale wonke amathuba abe khona futhi
atholakala kubo (kungakhathaliseki ukuthi kule mpilo noma
esikhathini esidlule esidlule, kufaka phakathi izimpilo
zangaphambilini noma ukuzalwa kabusha) Njengoba bedale

la mathuba, kumele bawasebenzise futhi bazuze kuwo ngokugcwele nangendlela engcono kakhulu.

Uma sisebenzisa zonke izindlela zangaphandle ezitholakalayo kanye nezinsizakusebenza, ngaphezu kwamakhono ethu emvelo, ukuze sinqobe noma yiziphi izithiyo ezingase zisivimbe, sizohlakulela amandla uNkulunkulu asinike wona: lawo mandla angenamkhawulo avela ekujuleni kobuntu bethu. Sinamandla amabili amakhulu: amandla okuqonda kanye namandla entando, futhi kumelwe sisebenzise lezi zipho ezimbili ezingcwele ngokugcwele.

Impumelelo noma ukwehluleka komuntu kuncike ohlotsheni kanye nephethini yokucabanga kwakhe okuvamile Yikuphi okunamandla kakhulu empilweni yomuntu: imicabango yempumelelo noma imicabango yokwehluleka? Uma ukucabanga kuyinto embi isikhathi esiningi, imicabango emihle ngezikhathi ezithile ngeke yanele ukuheha impumelelo Kodwa uma umuntu ecabanga ngobuqotho, uzothola lokho akufunayo futhi afeze umgomo wakhe, noma ngabe uzizwa ezungezwe ubumnyama

Wonke umuntu unesibopho ngaye. Akekho omunye ozophendula noma akhokhele yena ngosuku lokugcina.

Umsebenzi wethu emhlabeni, lapho izenzo zethu zesikhathi esidlule zisibeke khona, uyinto okungekho omunye umuntu ongayifeza. Futhi umsebenzi wethu ubhekwa njengophumelelayo kuphela uma ukhonza abanye abantu ngandlela thile.

Akukho nkinga okufanele kugxilwe kuyo noma kubuyekezwe njalo. Vumela izinto ziphumule isikhashana, futhi zingase zixazululwe zona. Kodwa-ke, umuntu akufanele ahlale elele isikhathi eside aze alahlekelwe ikhono lokuqonda. Izinkathi zokuphumula kufanele zisetshenziselwe

ukuzindla okujulile nokufinyelela emikhawulweni ethule emphefumulweni.

Uma uvumelana nawe, uzokwazi ukucabanga kahle ngakho konke okwenzayo Ngisho noma imicabango yakho ihlakazeka, uzokwazi ukuyiqoqa bese uyigxilisa kabusha. Ikhono lokufeza lokhu kuvumelana okungcwele lingatholakala ngomzamo nokuzijwayeza

Ngaphezu kokucabanga okuhle, amandla okuzimisela, ukusebenza kanzima, kanye nokuphikelela kubalulekile ekufinyeleleni impumelelo. Zonke izibonakaliso zangaphandle kanye nezenzakalo ziwumphumela wamandla okuzimisela, kodwa la mandla avame ukusetshenziswa ngokuqonda nangokunengqondo.

Kukhona intando ezenzakalelayo njengoba nje kukhona intando eqondayo, futhi amandla ashukumisayo ngemuva kwazo zonke izenzo ukuzimisela okungaguquki noma amandla entando, ngaphandle kwawo umuntu angeke akwazi ukuhamba, ukukhuluma, ukusebenza, ukucabanga, noma ukuzizwa. Ngakho-ke, amandla entando angamandla ashukumisayo ngemuva kwazo zonke izenzo, futhi ukwehluleka ukusebenzisa lo msebenzi kusho ukungasebenzi ngokuphelele kanye nokudinwa, kokubili ngokomzimba nangokwengqondo Abantu basebenzisa amandla entando ngisho nokunyakaza izandla zabo, futhi akunakwenzeka ukuphila ngaphandle kokusebenzisa la mandla.

Amandla okuzenzela angokuzenzakalelayo ukusetshenziswa kwamandla okuzenzela ngokungazi Amandla okuzenzela angamandla abalulekile ahambisana nokuzimisela nomzamo; ayindlela yokukhiqiza amandla okumele iqondiswe ngokuhlakanipha nangokucabanga. Uma umuntu eziqeqesha ukusebenzisa amandla okuzenzela ahlakaniphile, acabangayo, kunokuba asebenzise amandla

okuzenzela angaqondi, kumelwe futhi aqinisekise ukuthi amandla akhe okuzenzela asetshenziswa ngendlela ezuzisayo neyakhayo, hhayi ngezinjongo ezilimazayo noma ukuthola izinto ezingabalulekile nezingenamsebenzi.

Ukuze umuntu ahlakulele intando eqinile nephumelelayo, kumelwe ahlose futhi azimisele ukwenza izinto ayecabanga ukuthi azinakwenzeka. Qala ngemisebenzi elula, futhi njengoba ukuzethemba kwakho, amandla, kanye namandla akho okuzimisela kukhula, kancane kancane zama eyinselele futhi enzima kakhulu.

Okokuqala, umuntu kumelwe aqinisekise ukuthi umgomo omuhle nohloniphekile uyabekwa, futhi alwele ukuwufinyelela ngawo wonke amandla namakhono, ngokwenqaba ngokuphelele ukuyeka noma ukuvuma ukwehluleka, kungakhathaliseki ukuthi yiziphi izithiyo ezima endleleni.

Umuntu kumele asebenzise intando yakhe ephelele ukuze afunde umsebenzi ngesikhathi esisodwa futhi angachithi amandla noma ashiye izinto zingaqediwe ngaphambi kokuqala uhambo olusha.

Ukuthula makube phezu kwakho

**Indlela yokufunda ukuziphatha kwabanye abantu
Ukufunda ukuziphatha kwabanye kwenza umuntu
aqaphele izinto ezingamsiza athuthukise ubuntu
bakhe. Kodwa-ke, ukufunda ukuziphatha ngendlela
engalungile kuphambene neqiniso nonembeza, futhi
kunemiphumela emibi.**

**Wonke umuntu ugwema "amaphoyisa
okuziphatha ayimfihlo" anhloso yawo iwukudalula
nokuhlambalaza abanye. Abaningi balabo abajabulela**

ukugxeka abanye abakwazi ukubekezelela ukugxekwa ngokwabo, yize bengase babe namaphutha kanye nokushiyeke abakhala ngakho ngokukubona kwabanye, ngokusho konembeza babo "abamsulwa".

Ukufunda ngobuntu kubaluleke kakhulu ngesizathu esisodwa esiyisisekelo: sidinga njalo ukuqaphela izimfanelo ezinhle kwabanye futhi sihlakulele lezo zimfanelo ezinhle ngaphakathi kithi. Ngifunda ngobuntu lapho kufanele ngibhekane nabantu abathile. Kodwa ukukhetha kwami kuvela embonweni ohluke ngokuphelele. Ngezinye izikhathi ngivumela umuntu engimaziyo ukuthi akanamusa ukuba abe nami, nginethemba lokuthi uzozuza. Uma esabela esiqondisweni sami esingokomoya ukuze azuze, uzoshintsha abe ngcono; uma kungenjalo, ngizobe ngenze konke okusemandleni ami.

Ngifana nodokotela ozibeka engozini yokugula ukuze asize isiguli. Bonke odokotela bathatha le ngozi ngoba befisa ukukhonza nokusiza. Kunjalo nangodokotela ongokomoya. Uzibophezela ukuhlola abanye futhi aveze ubuthakathaka babo nobuhlungu babo ukuze abasize bathuthukise imiphefumulo yabo.

UJesu wathi, "Ungahluleli, funa nawe uzokwahlulelwa" (futhi ku-Quran sifunda ukuthi, "Ngempela, ukusola okuthile kuyisono") Lokhu kuwukulahlwa okucacile kokugxekwa okushukunyiswa yinhloso embi kanye nesifiso sokulimaza abanye Ukuziphatha okunjalo kulukhuni futhi konakalisa isimo sobungane nothando phakathi kwabantu Ukugxekwa akusizi ngalutho ngaphandle kokuthi kunikezwa ngothando lwangempela nalapho omunye umuntu ekufisa Kufanele kunikezwe kuphela ngenhloso yokusiza lowo muntu Labo abafunde ukuzithiba banelungelo lokusiza abanye Kusukela

**kulo mbono, ukufunda ngezimiso zokuziphatha
kuyasebenza futhi kuyazuzisa**

Igatsha elilodwa lokutadisha ubuntu lisekelwe ku-physiognomy Kuthiwa zonke izici ezivelele kumuntu zibonakala ngokucacile emzimbeni wakhe. Lesi sitatimende asinakubizwa ngokuthi sijwayelekile ngoba akuzona zonke izici noma izibonakaliso zomzimba ezibikezela ngokunembile impilo yengqondo.

U-Aristotle wafunda i-physiognomy njengesiqondiso sokuqonda umlingiswa. Amakhosi aseNdiya aya phambili nangokwengeziwe. Bathi imibono eyisisekelo yokuphila komuntu yembulwa emehlweni. Nakuba amehlo embula izimfihlo ezijulile zomphefumulo—hhayi zalokhu kuphila kuphela kodwa nezezinto ezenzeka esikhathini esidlule—ingqondo yenkosi ekhanyiselwe kuphela engafunda futhi ihlaziye lokhu kuqonda.

Ngezinye izikhathi uhamba emgwaqweni bese ngokuzumayo ubona okuthile emehlweni odlulayo, bese uzitshela ukuthi, "Angizizwa ngikhululekile ngalowo muntu" noma "Ngiyamthanda lowo muntu," kuye ngesimo.

Amehlo alandisa yonke indaba Ukwesaba, intukuthelo, umona, ubugovu, ukuphana, uthando, isibindi, ingokomoya, nazo zonke izimfanelo ezinhle nezimbi kubonakala emehlweni Izisebenzi eziyimfihlo zingalawula imisipha yazo yobuso ukuze ukubukeka kwazo kungadaluli izinhloso zazo Kodwa azikwazi ukufihla noma ukususa izinsolo emehlweni azo (yingakho abanye begqoka izibuko ezimnyama!) Nokho, amehlo e-yogi athule ngoba ecabanga ngomoya waphezulu onokuthula nozolile

Zonke izici zobuso nezomzimba ziye zafundwa Ngisho namaqhubu avelele ekhanda ahlaziyiwe

Kodwa ukubukeka komzimba akuhlali kutshela yonke indaba, futhi amasiko ahlukene afinyelela iziphetho ezahlukene ngokubona kwabo kanye nezifundo zabo Abanye bathi abantu abakhuluphele ngokweqile bathanda ukuzijabulisa futhi bayakwenyanya ukusebenza, kuyilapho abantu abancane benomoya ophansi

UCaesar wayemxwaya uCassius, ayembona njengosongo emandleni akhe Abanye ababhali babecabanga ukuthi abantu abancane bacabanga kakhulu, yingakho bentula inyama. Kodwa-ke, umlando ubonisa ukuthi abantu abancane nabakhuluphele bebe ngababusi abahle.

Uma ukhuluphele njalo manje, ubulokhu ukhuluphele izikhathi eziningi ngaphambili (ekukhuleni komzimba kwangaphambilini) Noma uma ulokhu unciphile njalo, ubulokhu unjalo ekwakhiweni komzimba okuningana kwangaphambilini Uzuze njengefa ukuthambekela (ukuba nesisindo esikhulu noma esincane) esikhathini esidlule Futhi kungakhathaliseki ukuthi udlani, leyo ndlela yokucabanga ihlala ibusa futhi ikwazi ukuzibonakalisa

I-Physiognomy, njengesayensi ehlose ukuhumusha imvelo yomuntu, iyisayensi yangempela uma sicabanga ukuthi yonke imicabango edlulile engqondweni yomuntu kuyo yonke imizimba yakhe eminingi ibonakala emzimbeni wakhe. Kodwa-ke, lokhu kudinga umuzwa ojulile womfundisi ongokomoya okhanyiselwe ukuze aqonde ngokugcwele nangokunembile izici ze-physiognomy kulowo muntu.

Ngokwesibonelo, uSocrates wayemubi kakhulu. Wahlangana nesazi sezinkanyezi esikhulu esathi kuye: "Socrates, ungumuntu omubi kakhulu futhi omubi kakhulu engake ngambona." Abafundi

bakaSocrates bamthukuthelela kakhulu isazi sezinkanyezi, kodwa uthisha wabo waphendula wathi: "Uqinisile ukuthi ngangiyikho konke lokho esikhathini esidlule, kodwa yize manje sengizinqobile lezo zimfanelo ezimbi ngokuhlakanipha, izinto engazenza zisagxiviziwe kulo mzimba, okwenza ubukeke unyanyeka."

(Lokhu kusikhumbuza ngokuvela komunye wababhali abavelele kakhulu abangama-Arabhu eminyakeni eminingi: u-Abu Bahr al-Jahiz, okwathiwa ngaye :)

Uma ingulube ingaguqulwa okwesibili, ibizobe isalokhu ingabi mbi kakhulu kuneka-Al-Jahiz

Umuntu osebenza esikhundleni sesihogo uqobo lwakhe; uyisicucu sothuli kuzo zonke izingosi (qaphela)

Azikho ubuso obufana ncamashi. Ubuso ngabunye buhlukile ngenxa yezimfanelo nezici eziye zazibonakalisa kulokhu kuphila nasezimpilweni zangaphambilini. Akuyona nje indaba yokwahlulela abantu njengabahle noma ababi ngokusekelwe ekubukekeni kwabo kwamanje, kungakhathaliseki ukuthi uSanta Francis wase-Assisi wayemuhle noma akahle, kuyilapho umfundi wakhe, uMfoweth' uMacedonius, wayeyindoda ebukekayo. Kodwa uMacedonius wayengenabo ubuhle obukhulu obungokomoya uSanta Francis ayenabo.

Elinye igatsha locwaningo oluhlobene ne-physiognomy yi-pathognomy: ukuchazwa kwemizwa yomuntu noma indlela aveza ngayo imizwa yakhe ngokusebenzisa ukushukuma komzimba, ukubonakaliswa kobuso, kanye nokunyakaza komzimba, kanye nokutadisha ukusabela kwakhe ezenzakalweni ezithile.

Imizwa nemikhuba kubonisa izici zomuntu ezizimele, kodwa abantu abaningi bathuthukise ikhono lokufihla imizwa yabo yangempela ngoba abafuni ukuziveza kwabanye.

Amadoda amabili ezwe izindaba zokuthi omkawo baminze ndawonye Omunye wabonisa usizi olukhulu, kanti omunye wahlala ethule Kodwa-ke, lowo owayebonisa usizi ngaphandle wayemthanda kancane umkakhe kunomyeni owayengabonisi ukucindezeleka nhlobo ngesimo sobuso bakhe Ngakho-ke, i-pathogenesis—ukuqonda imizwa yangempela kanye nokusabela—kuwumkhakha ojulile wokutadisha

Abantu bangahlaziywa ngokunembe nangokuthembekile ngokusekelwe emizweni yabo nasekubukekeni kwabo ngokomzimba Ngihlanganisa zombili izindlela zokuhlaziya okunembe kakhulu nokuthembekile Bonke labo abeza kimi bezoqeqeshwa babekwa ezimweni ezithile ukuze babone ukuthi izingqondo nemizwa yabo isabela kanjani Uma besabela kabi, ngizama ukubalungisa Kodwa lokhu ngikwenza kuphela uma umuntu ecela iseluleko sami futhi enginika igunya nemvume yokubaqondisa

Abanye abantu bahileleka ngokomzwelo ngesizathu esincane nje sokuthi abaculi baseNtshonalanga ngokuvamile bavame ukuba ngokomzwelo kakhulu, futhi umculo omningi waseNtshonalanga ungokomzwelo ngoba ugxile ezindabeni zothando lwabantu ENdiya, umculo ugxile emcabangweni kaNkulunkulu, futhi lokhu kuyimfihlo yekhono lawo lokudambisa izivunguvungu zemizwa nokuletha ukuthula okujulile ngokomoya Lokhu akusho ukuthi bonke abaculi baseNtshonalanga bangokomzwelo noma bonke abaculi baseNdiya bangokomoya, yize kungenzeka ukuthi banjalo. Igama

**lesiSanskrit elisho umculi lisho "umdumisi
kaNkulunkulu"**

**Uma usebenzelana nabantu abanomzwelo,
awukwazi ukuthembela kubo noma ukuthembela
ekuqineni kwabo Namuhla banani, futhi kusasa
banishiya noma baniphendukele Ngibonile abantu
befika endaweni yokuhlala futhi ezinsukwini
ezimbalwa bazama ukukukholisa ngokuzinikela kwabo
okuyisibonelo, kodwa ngemva kwesikhashana basuke
sebehambile futhi awusoze ubabone futhi**

**Akukho okungizwisa ubuhlungu ngaphezu
kokuqedwa kobungane nokwephulwa kobungcwele
babo Uma nginika umuntu ubungane bami,
angilokothi ngibubuyisele emuva**

**Kulula ukuhlukanisa phakathi kwezinhlobo
zabantu abacabangayo nabacabangayo. Okokuqala
bafuna ukwenza, kanti okwesibili bafuna ukucabanga
nokuzindla. Bobabili bayadingeka. Izinhlobo zabantu
abacabangayo zifuna ukwenza ngokushesha ngakho-
ke zidinga umuntu ozoziqondisa ekusebenziseni
amandla azo emisebenzini ecebisa ngokomoya. Ukuze
ngisize zombili izinhlobo zifinyelele ibhalansi
evumelanayo, ngeluleka uhlobo lwabantu
abacabangayo ukuba bazindle futhi bacabange
kakhudlwana, futhi ngeluleka uhlobo lwabantu
abacabangayo ukuba bazindle futhi benze
kakhudlwana.**

**Labo abalutha imikhuba emibi njengokudla
ngokweqile, ukubhema nokuphuza utshwala kufanele
baphathwe ngokucophelela, ngoba ukubavimbela
ekugcwaliseni izifiso zabo kudala intukuthelo Uma
ususa ukudla kumuntu odlayo, uzoba nentukuthelo.
Akusizi ngalutho ukuzama ukusiza lezi zigqila ukuba
ziqonde ngaphandle kokuthi zibonise isifiso
sangempela sokuthuthuka.**

**Labo abanokulinganisela kwengqondo
bazoqaphela uNkulunkulu iNkosi Yomhlaba Wonke
ihlezi esihlalweni sobukhosi sokulinganisela
kwengqondo Futhi ngaleli bhalansi, isintu sijabulela
ukuthula okuphelele**

**Ngokwefilosofi yaseNdiya, wonke umuntu ubuswa
yinye yezimfanelo ezintathu eziyisisekelo:**

**I-Satwa: Kuyisici sabantu abangokomoya abadla
ukudla okufanele ngokuhlakanipha, bahlakulele
imikhuba emihle, futhi bathande uNkulunkulu**

**AmaRaja: Lokhu kuyisici salabo abahlala
bekhuthela, abaqhubeka nokusebenza kuze kube
sekufeni**

**I-Tamas: Kuyisici salabo abagcwalisa izimpilo
zabo ngezingxabano, intukuthelo, umona, ukuzitika
ngezinjabulo zenyama, ukuzola, nokudala ukudideka
kanye nesiphithiphithi phakathi kwabantu.**

**Noma yimuphi umkhuba ovimbela intuthuko
engokomoya kumelwe unqotshwe, futhi umuntu
ofunayo kumelwe abe yinkosi yemicabango nezenzo
zakhe. Bambalwa abaziyo ngempela ukuthi okuhle
kwakhe kukuphi.**

**Usebenzisa indlela elandelayo, ungahlulela noma
yimuphi umuntu Amaphesenti angamashumi
ayisishiyagalolunye nesishiyagalolunye abo bonke
abantu bayahluleka kulolu vivinyo: cela noma ubani
ukuba enze okuthile—ukuze kuzuze yena—futhi
bazokwenza okuphambene nalokho. Kungani? Ngoba
abanawo amandla okumelana nezifiso zabo Imikhuba
yabo yezwe igxilile futhi inamandla Ngokuvamile,
abantu abakwenzi lokho okusikiselayo—ngisho noma
bazi ukuthi kuzuzisa bona—ukufakazela ukuthi
awukwazi ukubathonya Labo abafisa ukuzithuthukisa
kufanele bazihlanganise nalabo abazithibayo
nabazolile Zama ukuxhumana nalabo abanesimo**

**esiphakeme ngokomoya, futhi uzozuza kakhulu
Ababuthakathaka kufanele bazihlanganise
nabanamandla, ngisho nabanamandla kakhulu! Umlwi
ukhula kuphela ngokubambana nomuntu onamandla
kunaye**

**Abanye bathi owesifazane unobuqili njengekati
Kodwa indoda ingaba nobuqili njengempungushe.
Ikati lidla isilwane esifuywayo i-canary bese lihlala
lithule njenge-yogi ezindlayo noma umuntu omdala
ohloniphekile, lizenza sengathi limsulwa kuleso senzo
esibi.**

**Abanye abantu bayakujabulela ukubhubhisa
ukuthula nenjabulo yabanye Umgomo wabo
ukuhlukumeza nokucasula, futhi baziphatha
njengezimpisi ezidla ezinye, bezulazula emphakathini
befuna izingxabano nokulwa, bengatholi ukuthula
baze baphazamise ukuthula futhi badale isimo
esishubile**

**Ezinye izinhlobo zabantu zazifaniswa nama-jay,
zikhuluma njalo. Kwathiwa umuntu wadalwa kuqala,
bese unkulunkulu uTuashtari ethatha ubumnene
benyanga, ubumnene behla esifubeni sehansi, ubusha
bezimbali, kanye nokukhuluma kwama-jay,
wakuhlanganisa lokhu ndawonye ukuze adale
owesifazane. Injabulo yendoda yayingachazeki.
Kodwa ngemva kwesikhashana, yaya kuTuashtari
yathi, "Yeka isidalwa esihle! Ngiyamhlonipha
ngempela, kodwa ukhuluma njalo futhi wenze impilo
yami yaba lusizi. Ngiyacela, nkosi yami, mbuyisele
emuva." Ngemva kwezinyanga ezimbili, indoda
yabuyela kuTuashtari yathi, "Ngidabukile kakhulu.
Ngicela ungibuyisele lona wesifazane." Ngemva
kwesikhashana, yabuya yathi, "Ngicela umthathe
kimi." Kodwa kulokhu, uTuashtari waphendula wathi,
"Ngeke! Kumelwe umgcine!"**

Mhlupheki! Wayengenakukwazi ukuhlala naye, kodwa wayengenakukwazi nokuphila ngaphandle kwakhe!

Abesifazane nabo bangakhononda ngamadoda Ngaphandle kokuba amadoda nabesifazane beqonda imvelo yomunye nomunye, bazohluphana ngokungazi nangobuwula. Bayalingana emehlweni kaNkulunkulu. Akukho ndoda ezalwa ingenaye owesifazane, noma owesifazane ingenaye indoda. Kungumsebenzi wabo bobabili ukudala ibhalansi phakathi kwezimfanelo zabo zangaphandle nezangaphakathi. Amadoda aqondiswa kakhulu yingqondo kunemizwa, kuyilapho abesifazane beqhutshwa kakhulu yimizwa kunemicabango. Bobabili kumele balwele ukufeza ibhalansi yengqondo phakathi kwengqondo nemizwa ukuze babe ngabantu abaphelele nabaphelele.

Abanye abantu—kwangathi uNkulunkulu angangithethelela ngokusho lokhu—baziphethe njengezimbongolo Naphezu kokuhlupheka kwabo okukhulu nokuqhubekayo ngenxa yemiphumela yokugqilazwa ngokomzwelo, baqhubeka ngenkani nangokuphikelela bedla imikhuba yabo emibi Kubonakala sengathi banezinkumbulo ezimbi kakhulu Basheshe bakhohlwe imiphumela ebuhlungu yokuzitika kwabo ngokukhanuka futhi abafundi lutho kokuhlangenwe nakho kwabo. Kulesi sici, banjengezinkomo, noma okubi nakakhulu!

Emvelweni, izilwane zazo zonke izinhlobo zimelela yonke imizwa kanye nezici Kodwa isintu sinazo zonke ngaphakathi kwaso Umuntu angenza njengenyoka, impisi, impungushe, noma ingonyama Ngaphakathi kwethu kukhona umthombo wesihogo noma umthombo wezulu Kumelwe sifunde ukubonakalisa ngokwengeziwe izimfanelo zezingelosi kanye nezici

**ezinhle emicabangweni yethu, emazwini
nasezenzweni zethu**

**Nakuba kungenzeka ukutadisha ubuntu
ngokuhlaziya amehlo, imizwa, kanye nezici zomzimba,
njengoba sesichazile, indlela enkulu kunazo zonke,
enhle kakhulu, futhi enembile kakhulu ukutadisha
ubuntu ngosizo lombono wangaphakathi noma
umuzwa oqondakalayo. Uma imizwa nengqondo yakho
ihlala izolile, uzokwazi ukuzwa ubunjalo bomuntu
ngamunye ohlangana naye noma oxhumana naye
ngandlela thile, futhi umuzwa wakho uzoba
nengqondo futhi ube neqiniso, futhi akekho ozokwazi
ukukukhohlisa noma ukukudukisa.**

**Indima yami ukwamukela zonke izinhlobo zabantu
ukuze baqeqeshwe futhi basizwe Akulungile
ukukhawulela amandla omuntu endaweni eyodwa
bese ubahlaziya ngombono owodwa kuphela Kodwa
kungakhathaliseki ukuthi lowo muntu uyashintsha
noma uhlala efana, ukuqonda kuzokutshela
okungaphezu kokubuka nje amehlo akhe, imizwa,
noma ukubukeka kobuso, kungakhathaliseki ukuthi
ungumuntu onjani Ukuqonda kungamandla amakhulu
okuhlaziya Njengoba nje isibuko sibonisa lokho
okubekwe phambi kwaso, kanjalo futhi, lapho
ingqondo yakho ithola impahla yesibuko, uzobona
izimfanelo zangempela zabanye ezibonakala
esibukweni somphefumulo wakho**

**Uma usebenza ukusiza abanye, ukuzindla,
nokuhlala uzolile, ubuntu bangempela bawo wonke
umuntu oza kuwe noma oxhumana nawe buzocaca
futhi bungabi nalutho Ukuthula makube phezu
kwakho**

**Amaparele avela olwandle lokuhlakanipha
kwendawo yonke**

Ukuzola kwangaphakathi kumelwe kuhlakulelwe ukuze
kuqedwe ukwesaba

Umuntu onomoya wokuzola ngokwemvelo ugcina
ibhalansi yakhe futhi uhlala enokuthula ngaphansi kwazo
zonke izimo. Akavumeli nemizwa ukuba imlawule futhi
.imholele ekwenzeni izinqumo ezingalungile

Akakhohliswa yinkulumo emnandi nemnandi
esetshenziswa abantu abasebenzisa amathuba ukuze
bathole izinzuzo ezingafanele

Ngenxa yokuzola kwakhe ngokwemvelo, akavamile
ukukhohliswa noma ukudukiswa. Ngempela, inhliziyo yakhe
yembula ubunjalo bangempela balabo asebenzelana nabo
.futhi idalula izinhloso zabo ngokunemba okuphawulekayo
Akayifaki intukuthelo nokwesaba ezicutshini zomzimba
.wakhe, okunomthelela omubi ekujikelezeni kwegazi lakhe

Kuyiqiniso eliqinisekisiwe ukuthi ubisi lukamama
olukhiqizwa ngumama othukuthele lungaba nomthelela
omubi enganeni yakhe. Kunobufakazi obuningi bokuthi
imizwa enamandla inamandla okulimaza nokubhubhisa
.umzimba

Ukulinganisela kuhle futhi kufanele kube yisisekelo
semizwa yethu, imicabango, nezenzo, kanye ne-axis lapho
izimpilo zethu zizungeza khona

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Njengoba ingqondo ingubuchopho, izinzwa, kanye
nokuqonda kwawo wonke amangqamuzana aphilayo,
ingagcina umzimba womuntu usebenza futhi uphapheme
.noma ukhathele futhi ucindezelekile

Inggondo iyinkosi, futhi zonke izihloko zeselula
ziziphatha ngokuhambisana nesimo sengqondo senkosi
ebusayo

Njengoba nje sikhathalela inani lokudla okunomsoco
lokudla kwethu kwansuku zonke, kufanele futhi sinake
izakhamzimba ezingokwengqondo esizinikeza izingqondo
.zethu nsuku zonke

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Ubhubhane, izinhlekelele, kanye nezinguquko zobudlova
ezenzeka emvelweni futhi eziletha incithakalo, imbubhiso,
kanye nokulimala kwabantu abaningi akuzona “isinqumo
”saphezulu

Lezi zinhlekelele zibangelwa imicabango nezenzo
zabantu Nomaphi lapho ibhalansi yokudlidliza komhlaba
yobuhle nokubi iphazanyiswa khona ukunqwabelana
kwamagagasi ayingozi nokudlidliza ngenxa yezinhloso
ezimbi zabantu nezenzo ezingalungile, kuba nesiphithiphithi
.futhi kwenzeka imbubhiso ebanzi

Umhlaba uzoqhubeka nokuhlupheka ngezimpi,
izinhlekelele, kanye nezinhlekelele kuze kube yilapho isintu
silungisa ukucabanga kwaso okunephutha kanye nezenzo
Izimpi aziveli njengesinqumo saphezulu, kodwa ngenxa
yobugovu obusakazekile bezinto ezibonakalayo Uma abantu
bebengasusa ubugovu bomuntu ngamunye, bezimboni,
bezepolitiki, obungokomoya, kanye nobuzwe, izimpi
.bezizophela

Uma umoya wezinto ezibonakalayo uthatha ingqondo
yomuntu futhi ubusa imicabango, ukhipha imisebe
engabonakali engemihle. Amandla anqwabelanayo alokhu
kudlidliza okungemihle alimaza kakhulu ibhalansi kagesi
yemvelo, okubangela ukuzamazama komhlaba, izikhukhula,
.nezinye izinhlekelele

UNkulunkulu akanacala ngakho Imibono yabantu
kumele ilawulwe ngaphambi kokuba ukulawula imvelo kube
nokwenzeka

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Imicabango namazwi angokomoya ayigugu eliyigugu
eliveza ukuhlakanipha okungenamkhawulo nothando
lwaphezulu

Yonke indlela ecwengekile yokubonakaliswa
komphefumulo ifana netshe lesazi sefilosofi eliguqula insimbi

eshibhile yokwazi okuvamile ibe yigolide lokusondela
.kuNkulunkulu kanye nomuzwa wokuba khona Kwakhe
Sekuyisikhathi sokuba umuntu avuse ingqondo yakhe
.ebuthongweni bokukhohlwa avuke emoyeni
Siyakucela, Nkosi, ukuba uphakamise ukuqonda kwethu
ekujuleni kokungazi kanye nemicabango emincane,
elinganiselwe siye emikhawulweni yokuthula, ukukhanya,
.uthando, kanye nobubele bomuntu wonke

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:Ukuze uphumelele
Okokuqala, chaza umgomo wakho bese ucela
uNkulunkulu ukuba akukhuthaze ukuthi uthathe indlela
efanele eholela ekufinyeleleni lowo mgomo, bese uzindla
Bese wenza ngokwesiqondiso sangaphakathi ositholayo
futhi uzofinyelela umgomo wakho
Uma ingqondo izolile, izinto zizocaca futhi zibushelelezi,
futhi impumelelo izotholakala ngokushesha ngoba
ukusebenza kwamandla e-cosmic kungabonakala
.ngokusebenzisa umthetho ofanele

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Umuntu kufanele asebenzise inhlonipho kanye
nobuhlakani lapho esebenzelana nabantu Lokhu akusikho
ukuzenzisa, kodwa kunalokho ukuhlonipha imizwa yabanye
Umuntu akalona itshe, kodwa ungumuntu ocabangayo
noqondayo, futhi abantu akufanele baphathwe sengathi
bangamatshe angaphili
Umuntu ohlala ematasa ngezindaba zabanye abantu
uba umthombo wezinkinga
Uma lokho ozokusho kuzoba nomphumela omuhle, futhi
uma omunye umuntu ekwamukela, kusho ngokuqondile.
Kodwa-ke, ngezinye izikhathi umuntu ozokusho akafuni
ukukuzwa futhi uzokwenza okuphambene nalokho ofuna
.akwenze
Uma umuntu ekwazi ukuhlalisana kahle nabanye, uba
njenge-rose enuka kamnandi

kokudala izifiso ezingadingekile, ngoba izifiso eziningi zidala
.izinkinga eziningi

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Amaketanga okuzibamba kanye nezihluthulelo
zenkululeko konke kulele emathuneni engqondo

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Nkosi, ngizongena epharadesi lobukhona bakho
ngenhliziyi egcwele uthando futhi egcwele ukulangazelela
Nazi izifiso zami ezivuthayo ezivula iminyango
yomphefumulo wami futhi zingigcwalise ngenjabulo enkulu
yokubona ukukhanya kwakho okungcwele okukhazimulayo

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Ngokuvamile, angithandi ukunikeza imiyalelo, ngoba
uma nje ucela othile ukuba angenzi okuthile, lowo muntu
.uphikelela ekwenzeni lokho

Ngakho-ke, ngiphakamisa ukuthi umuntu kufanele
azitshale noma azivimbele kuphela. Isithelo esinqatshelwe
simnandi ekuqaleni, kodwa ukunambitheka kwaso kuyababa
ekugcineni. Ngakho-ke, umuntu kumelwe aqaphele futhi
angavumeli muntu ukuba antshontshe inkululeko nenjabulo
.yakhe

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UNkulunkulu uyasikhumbula ngisho noma
singamkhumbuli. Uma ebengakhohlwa indalo ngisho
.nangomzuzwana owodwa, konke bekuzosuswa ebukhoneni
Ubani ngaphandle kukaNkulunkulu ongagcina lo Mhlaba
untanta emkhathini? Futhi ubani omunye ongabangela
?ukuba izihlahla zikhule futhi izimbali ziqhakaze
Yebo, nguNkulunkulu ogcina izinhliziyi zethu zishaya.

Nguye ogaya ukudla kwethu futhi avuselele
amangqamuzana emizimba yethu nsuku zonke. Kodwa yeka
ukuthi bambalwa kangakanani abamkhumbulayo futhi
!abambonga ngendlela efanele

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Ngemuva komkhathi ophezulu

Ngemuva kwemisebe yelanga kanye nokushaya
kwamaseli
Ngemuva kokushaya kwenhliziyo kanye nemicabango
ehlebezayo
Ngemuva kwemicabango engithandaza ngayo
Ngemuva kwamagagasi okulangazelela kwami
Futhi ngemuva kokugodla izinto
Ukhona, O Ongenamkhawulo Ophelele
Umphefumulo wami uyakulangazelela
Awukho nje ezindaweni ezikude kakhulu zezinkanyezi
Kunalokho, kusekushayweni kwemizwa yami
Uyakhanya emicabangweni yami
Kulola intando yami ngokuzimisela kanye namandla
Ngizwa ukuthinta kwakho okubusisiwe
Futhi ngiyajabula ngokuba khona kwakho ngaphakathi
emphefumulweni wami

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Izithombe zasezintabeni ezidwetshwe ekhethinini
eliluhlaza okwesibhakabhaka
Indlela umzimba womuntu osebenza ngayo ngendlela
exakile

Nezimbali ezinhle kakhulu
Futhi izikhulu zemiphefumulo emihle
Futhi ubukhulu bemibono ephakeme
Futhi ukujula kothando
Konke kusikhumbuza ngoMdali omangalisayo
Futhi muhle kakhulu

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Uthando luyisakhiwo segolide
Yakhiwe yiNkosi yaphakade
Kuwo wonke umndeni we-cosmic
Uthando luwumlilo ofihliwe
Kuncibilikiswe ngomyalo kaNkulunkulu
Ubukhali obuvela endaweni yonke
Futhi iguquka ibe yinto engabonakali

Kusukela othandweni oluphakade
Uthando lufana nomfula ogeleza ngaphandle kokuma
noma ukuphazamiseka

Emazweni emiphefumulo ethobekile nethembekile
Kodwa izisonga emadwaleni asabekayo emiphefumulo
Ngokuzikhukhumeza, ubugovu, nokuziqhenya
Ngoba akakwazi ukudlula kukho
Futhi ukuwela kuyo

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Labo abamaziyo uNkulunkulu abanaso isifiso
Ukuze bazibeke ezinhliziyweni zabanye
Noma zibonakala zinhle kakhulu
Ngoba isifiso sabo kuphela ukuvusa ingqondo
engokomoya

Emiphefumulweni yalabo abafisayo
Futhi ugqozi lwabo ukuthanda uNkulunkulu
nokuphendukela kuYe

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Kwake kwaba nesikhathi lapho indoda eyisimungulu
.yayidla uju, futhi othile wayibuza ngokunambitheka koju
Nakuba indoda eyisimungulu yayingakwazi ukukhuluma,
yenza ukunyakaza okwenza umuntu obuzayo aqonde ukuthi
.uju lumnandi

Ngokufanayo, lapho ingqondo ingena esimweni
sokuqonda okuphezulu futhi ithinta ubukhona
obungenamkhawulo, iyazi ukuthi ixhumana noNkulunkulu
nokuthi okuhlangenwe nakho kumnandi, kodwa
akunakwenzeka ukuveza ngamazwi isimo salolo xhumano
.olungaphezu kwencazelo

Nakuba ubuhlungu bungokoqobo kumuntu, akakwazi
ukudlulisela umuzwa wobuhlungu kwabanye ukuze bazizwe
.ngendlela azizwa ngayo

Lokhu kusebenza emibonweni ephakeme engokomoya.

.Ziyinto okungekho muntu ongayiveza ngamazwi

Ulwazi ngoNkulunkulu lungatholakala kuphela
ngokuhlangenwe nakho komuntu siqu okuqondile

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Kusukela enhliziyweni yokusa, ngikha izimbali
zokukhanya njengomnikelo kuwe
Futhi wakhanyisa izibani zokuqapha endaweni engcwele
yokusa

Lowo ogcwele ukuthula okungokomoya
Futhi ngibubonile ubuso bakho obubusisiwe
Ibonakala ngemuva kwezithunzi
Lobo buso obuthandekayo obabuvame ukungibheka
futhi obusangibheka
Ngomusa nobubele phakathi neminyaka
Ngeke ngisasola isiphetho
Ubumnyama obukuvimbe kimi bungobami uqobo lwami
Manje esibukweni senjabulo yakho emsulwa
Ngiyazibona futhi ngiyazi ukuthi ingqikithi yami injabulo
engapheli

Ngithulula uthando lwami endaweni engcwele
yaphakade lakho
Futhi ngiphakamisa kuwe izingoma zomphefumulo wami
ezilangazelela wena
Futhi ngikutshela imizwa ejulile yenhliziyoyami
Ngothando olukhulu nokulangazelela okuqhubekayo
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Babusisiwe labo abagxekwa abanye ngokwenza
imisebenzi emihle, ngoba ipharadesi lenjabulo yaphakade
.lilindele labo abaphila futhi bafe benobukhosi nesithunzi
Maye kulabo, abaqhutshwa ubugovu, amathuba, umona,
kanye nobutha, abazama ukulimaza labo abakhuthele
ekwenzeni okuhle
Ukuhleka usulu, ukuhleka usulu, inhlebo, impindiselo,
ubandlululo, kanye nokuqamba amanga kuyimikhonto
yobubi enobuthi ebuyela kumnikazi wayo futhi imbangela
.umonakalo omkhulu

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Izinzwa, ezithola ubukhona bazo ekuqondeni
nasemandleni avela kuNkulunkulu, zisibonisa umhlaba futhi
ziveza umphefumulo njengento ehlukile emthonjeni wawo
.kanye nakwenye indalo

Umzimba wenyama ubophe umphefumulo,
okuwukubonakaliswa komoya wendawo yonke. Ugcwele
ukukhohlwa, umphefumulo awusakhumbuli ingqikithi yawo
yaphezulu kodwa kunalokho ubheka umzimba wawo
wenyama njengomuntu wawo wangempela. Ngakho-ke,
wamukela wonke amaphutha awo futhi uwafaka kulokho
okulinganiselwe kanye nokushiyeka kwawo. Umphefumulo
osesimweni esinjalo ubizwa ngokuthi "ukuzazisa" noma
""ukuzazi

Kodwa uma lo "ubugovu" noma lo muntu omncane,
onqunyelwe, eqaphela ukuthi ukuxhumana kwawo
nomzimba kungokwesikhashana nokuthi unobuntu obungafi,
obungapheli, khona-ke kungabizwa ngokuthi umphefumulo
Lapho ulwazi lwakhe ngemvelo yakhe ebalulekile
luqiniswa kakhulu, futhi lapho ulwazi lwakhe lukhula futhi
lukhula, kulapho ezwa khona ukuthi uxhumene kakhulu
nokuqonda kwendawo yonke nokuthi sonke isintu
.singumndeni wakhe womhlaba wonke

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Akumelwe simkhohlwe uMniki Wezipho ngenkathi
sijabulela izipho Zakhe
Inhliziyo ebongayo ivula indlela engqondweni yokukhula
ngokomoya kanye nezinto ezinhle zokuphila ukuze zigeleze,
ngoba ngokushesha nje lapho umzila uvulekile, amandla
.angokomoya ayadlula kuwo
Kufanele sizizwe sibonga ngazo zonke izibusiso
zokuphila futhi siqaphele ukuthi wonke amandla
okucabanga, okukhuluma, kanye nezenzo avela
kuNkulunkulu, nokuthi unathi manje, esiqondisa futhi
.esiphefumulela

Uma lokhu kuqaphela sekuqine engqondweni yomfundi,
ukukhanya kokukhanyiselwa kukhanya ngaphakathi kuye
Ngezinye izikhathi amandla aphezulu eza njengegagasi
lolwandle elinamandla eliqhubekela phambili ngamandla
amakhulu, lisusa izithiyo futhi lisuse udoti engqondweni
.nasemphefumulweni

Umhlaba wonke awuthambekele kuNkulunkulu, kodwa
lapha nalaphaya kunemiphefumulo enxanela Yena futhi
.elangazelela Yena

Nakuba uNkulunkulu engase abonakale engaphenduli
emithandazweni yethu, umuntu ofuna ngobuqotho akayeki
ukuzama kodwa uyaqhubeka nokunxusa kwakhe kusukela
.ekujuleni konembeza wakhe aze athole impendulo

Ngaphambi kokuthola uNkulunkulu, abantu
bakhathazeka ngokugcwalisa izifiso zezinto ezibonakalayo,
kodwa ngemva kokumthola, lezo zifiso zilahlekelwa
ukunambitheka kwazo nokukhazimula, hhayi ngenxa
yokunganaki, kodwa ngoba umfuni uzwa injabulo
yomphefumulo igcwalisa inhliziyo yakhe futhi yanelisa zonke
.izifiso zakhe

Abantu bachitha impilo yabo yonke bezama ukufeza
izinto ezibonakalayo, bengazi ukuthi uma bechitha ingxenye
yesine yomzamo baphendukela kuNkulunkulu kuqala, hhayi
nje ezinye, kodwa zonke izifiso zenhliziyo yabo
.zizogcwaliseka

Kwangathi izinhliziyi zethu zingagcwala ukubonga futhi
izimpilo zethu zichichime ngokubonga

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Akunakwenzeka ukuheha abangane ngaphandle
kokususa amabala obugovu kanye nezici ezingathandeki
.ebuntwini bomuntu

Ukuziphatha okufanele kuyisisekelo sobungane beqiniso

Uma umuntu enezisusa ezimsulwa futhi engenabo
ubugovu, ubuntu bakhe obubalulekile buzovela futhi inani
.labangane bakhe beqiniso lizokhula

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Ukuzola yisimo esifanele lapho kufanele sibhekane
khona nokuhlangenwe nakho kwempilo
Ukuphazamiseka kuphambene nokuzola, futhi
ukusabalala kwako kwenza kube yinkinga yomhlaba wonke
edlangile

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Ukukhanya kwendawo yonke, okuwumthombo wawo
wonke amandla, kufihliwe ngemuva kobumnyama futhi
kuvela ekujuleni kokuthula lapho imicabango ithuliswa khona
.futhi izibani zihlolwa

Kunezimo eziphakeme zokugxila engqondweni, futhi
lapho umuntu ofunayo ekhuphukela kulezo zimo, kulapho
ezwa khona izimo ezinhle zenjabulo engokomoya
:ezingenakuchazwa ngamazwi, bese eqaphela ngenjabulo

Engikufunayo yonke indawo"

Usenami manje uhlala ngaphakathi kimi
Usenhliziyweni yami nasemphefumulweni wami
Ekuthuleni kokuthula, ngiyakuzwa ukuba khona kwakhe
Futhi ngemuva kwezindonga zobumnyama, ngiyambona

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Usizi oludalwa inzondo kanye nezimpi lufakazela ukuthi
ingokomoya langempela, ububele, nomusa kungamandla
.aphezulu futhi aphakeme kakhulu

Inzondo iyabhubhisa, kanti uthando lungamandla

amakhulu akhayo akhona

Ngakho-ke, bangane bami abathandekayo, umuntu
kumele afunde isifundo ebumnyameni benzondo kanye
nezinhlekelele zezimpi futhi athande uNkulunkulu, ngoba
ukumthanda kunikeza impumelelo, inhlanhla, nokwaneliseka
.okuphelele okungekho okunye okungakunikeza

Uthando kuphela oluzoletha impumelelo yangempela

emhlabeni Ukube wonke amazwe abethandana futhi
ezimisele ukusizana, hhayi ngokusebenzisa amandla
nezindlela ezingalungile, kodwa ngothando nomusa, khona-

ke ubuhle, impumelelo kanye nokuchuma bekuyobusa kuwo
.wonke amagumbi omhlaba

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Umuntu uhlala ngaphansi kwemingcele
Wazi kanjani ukuthi ngeke alimale ngomzuzu
?olandelayo, noma ukuthi othile ngeke amphule inhliziyo
Ukuphepha kweqiniso kuphela ukuphepha okufinyelelwa
ngumuntu omkhulu. Ukuba nokuphepha okunjalo
nokukunikeza abanye yinkululeko yangempela kuphela
.nokuhlakanipha okuphezulu kakhulu

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UNkulunkulu uyinto emnandi kunazo zonke ezikhona
Noma yini inhliziyo yakho eyifisayo, uzothola
kuNkulunkulu ukuthi angikaze ngichithe ngisho nomzuzu
owodwa empilweni yami, futhi ngidele konke
okungiphazamisayo kuNkulunkulu, futhi ngithole injabulo
.engingayitholi kunoma yini enye
Ngiphila esimweni sokwazi okungcwele futhi ngifuna
labo abafisa ukuzwa isimo esifanayo nesami
Ngifuna futhi ukubuyisela bonke labo abanginike
uthando lwabo, ngokwabelana nabo uthando lukaNkulunkulu
.nomusa wokuba khona kwaKhe

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Ngiyigwebu lolwandle oluyi-cosmic
Okuvela ekujuleni kwenjabulo
Ngingumfula wenjabulo yokudansa
Ngaphezu kwamagagasi enjabulo engapheli
Ngizama konke okusemandleni ami
Ukuze ngibe ulwandle olukhulu kakhulu lwenjabulo
Kwangathi amagagasi enjabulo yami angakhula abe
phakade

Futhi ukusabalala kuzo zonke izinhlangothi
Ekugcineni ukuze ngiphumule enhliziyweni yenjabulo
!yendawo yonke

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Abantu babona kuphela indawo ephakathi kwempilo;
ukuqala nokuphela kwempilo kufihliwe kubo
Akunangqondo ukucabanga ukuthi ukufa kuwukuphela
Ingabe kungenzeka ukuthi thina, esiphiwe
ukuhlakanipha, ukuhlakanipha, nokuphila okugcwele,
!sizophela ngokushesha nje lapho silala ngesikhathi sokufa
Umuntu wonke uyingqaba yemibono yokudala kanye
nokuqonda okungokomoya, futhi ukufa akunamandla
okubhubhisa leso sixuku esingabonakali kanye nokuqonda
.okumnene

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Uma uthanda uNkulunkulu ngothando olumsulwa
nolungenamibandela, uzobeka imicabango ezingqondweni
zabanye, futhi lezo zingqondo ziyoba yindlela yokufeza izifiso
.zakho, ngisho nalezo ongazange uzembule kunoma ubani
Ngakho-ke, amandla okudonsela angokomoya
ongadonsela ngawo noma yini kuwe uhlobo lokukhanga
.ofuna ukulithuthukisa
Uma ufisa izinto ezinhle, ezinhle nezihlanzekile, uzobe
usuheha amandla adonsela phezulu azokulethela izinto
.ezinhle nezibusiso lapho wazi khona nalapho ungazi khona

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Uma amasela, imilutha yezidakamizwa, kanye nabantu
abaphuza utshwala bebuzwa ukuthi bayayithanda yini
indlela yabo yokuphila, cishe impendulo yabo ibiyoba "Cha
"impela

Babecabanga ukuthi uma beqala imikhuba yabo
engalungile, bazojabula Kodwa abazange baqaphele ukuthi
imiphumela yezenzo zabo izobalimaza futhi ibalimaze
Yingakho inhliziyo yami ibuhlungu futhi ngikhala
izinyembezi ngenxa yalabo abenza amaphutha ngoba,
ngoNkulunkulu, bangimi ngempela futhi ukube
bekungengenxa yomusa kaNkulunkulu kimi, bengiyoba
.njengabo

Ububi ngokwabo buwuhlobo lwe-opiate Yingakho
kumelwe sibe nezindawo zokukhosela ezikhethekile lapho
abenzi bobubi befunda khona ukuphila ngobuqotho
nokucabanga ngendlela efanele
Ijele aliyona indawo efanele yokuvuselelwa Abantu
abanjengalaba badinga ukuba nabantu abanethonya
nabahle abangabasiza
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Kusukela enjabulweni yakho yesiteshi
Ngilalela izingoma zakho ezimnandi nezimnandi nsuku
zonke
Okubonakala kujwayelekile futhi kuthandeka
enhliziyweni yami
Esikhathini esidlule, ngazama ukulalela isiteshi sakho
esibusisiwe

Kodwa uhlelo lwakho lubonakala lukude kakhulu
Ngale kwemicabango yami emincane
Kodwa ngemva kokuthinta kaningana ukhiye wokuzindla
Ngikwazile ukuzwana nawe
Uze kimi ngamaphiko e-ether
Ubudlala izingoma zomusa
Futhi ukuthula kwengqondo
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Imibono imifula egeleza ivela emithonjeni
yomphefumulo
Ukuvumelana noNkulunkulu kungomunye wemisebenzi
emikhulu nebaluleke kakhulu
UNkulunkulu ulalela ulimi lwenhliziyo oluvela ekujuleni
komphefumulo
Abantu bacabanga ukuthi uNkulunkulu akayiphenduli
imithandazo yabo ngoba abaqapheli ukuthi ngezinye
izikhathi uNkulunkulu uphendula ngendlela ehlukile kulokho
.abakulindele nalokho abakucelayo kuYe
Akaphenduli njalo ngokwezifiso zabo kuze kube yilapho
.bevumelana nentando Yakhe iyonke

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Ngizophuza umpe enhliziyweni yezimbali
Futhi ngizokwelula phezu kwekhaphethi elithambile
lesilika

Noma ugijimele izimvemvane zegolide
Ngingathanda ukuzulazula phakathi kwamagquma
kanye namajika ezintaba
Kuhambisana nomoya opholile noqabulayo wasebusuku
Phakathi kwama-daisies nama-anemones
Ithweswe umqhele ngamaconsi amazolo
Ngizoma isikhashana ukuze ngibonge iphunga
elihlakaniphile
Iphunga elivela ezihlahleni ezinamagatsha anyakazayo
Futhi ngamaphiko ezinyoni, umphefumulo wami
uzokhuphuka
Ngaphesheya kombuso womcabango yonke indawo
Futhi ngokucula ama-nightingale, ngizohlabelela
izingoma zami ezithule
Futhi ngizokhula ngesibhakabhaka esingenamkhawulo
Kusukela emicu yokukhanya kwelanga, ngizodala
injabulo yami
Futhi ngemisebe yenyanga ngizogeza izinsizi zami
Futhi ebumnyameni bobusuku, ngizosula okuhlangenwe
nakho kwami kobumnyama
Futhi ngokusa, ngizodala umhlaba omusha
Yenjabulo engenamkhawulo

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Siyiziteshi ezihlukile, njengoba singazandisa noma
sizinciphise
Sinikezwe inkululeko yokuzikhethela kanye namandla
okukhetha Abanye abantu bavimba umzila wezimpilo zabo
ngodaka lokungazi oluqongelelwe futhi abavumeli ukugeleza
kolwazi ukuba kuluhlanze
Ulwandle lweqiniso luzama ukugeleza kulezo zimbobo
.ezincane ngamandla amakhulu, kodwa aluphumeleli

Futhi kukhona abanye abaqhubeka nokumba,
ukwandisa nokujulisa imigudu yokuphila kwabo ngokuzithiba
kanye nesiko elingokomoya, ngaleyo ndlela bevumela
ukuhlakanipha kwaphezulu ukuba kugeleze kubo futhi
.kugcwalise imiphefumulo yabo ngokukhanya nesibusiso

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Ukulala ngomhlane embhedeni wezipikili kuyinto
engavamile ukufiswa muntu, kodwa kufanele sibe
nesithakazelo emandleni engqondo enza isenzo esinjalo
.sokuzikhandla nesijabulisayo sibe nokwenzeka
Sonke siyazazi izinhlungu zomzimba kanye
nokungakhululeki okubangelwa izingozi, izifo, kanye
nemikhuba engemihle Futhi ubani ongaphika ukuthi ikhono
lokulala ngezinzipho zobuhlungu benyama ngaphandle
?kokuthintwa yibo lingenye yezibusiso zokuphila
Noma ubani ofinyelela esimweni sokuqonda esimenza
aqaphele ukuthi akasiwo umzimba ngeke ezwe ubuhlungu
Lowo okwazi ukulawula ingqondo yakhe ukhululekile
ebuhlungwini futhi uthola ukubusa okuphelele phezu
.komzimba

Ngokwemvelo, lokhu ngeke kwenzeke ngobusuku
obubodwa, kodwa umzamo oqhubekayo usebenza
izimangaliso

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Kumelwe samukele ukuphila nokufa ngaphandle
kokwesaba, futhi sizisebenzise ngokugcwele izifundo zalokhu
.kuphila ukuze sazi impilo elandelayo
Ngale kwaleli zwe kukhona imiphetho engenamkhawulo
lapho sizohlangana khona futhi nabathandekayo bethu
.esasicabanga ukuthi sibalahlekele unomphela
Yiqiniso, akufanele sicele ukufa noma sikufune, kodwa
uma kufika, kumelwe siqaphele ukuthi yisivivinyo sokugcina
.esisenza sifanelekele ukuthola umklomelo omkhulu

* * *

Uma umuntu ofunayo eqaphela ukubaluleka kokufuna
uNkulunkulu, akanqikazi, kunalokho ulola ukuzimisela
kwakhe futhi agcine ingqondo yakhe igxile emgomweni
.wakhe obusisiwe

Uma isifiso sivuka ngaphakathi kuye, uyasondla
ngokuzindla nangokulangazelela okungokomoya aze ezwe
.ubukhona bukaNkulunkulu enhliziyweni yakhe
Leyo yindlela ephephile nethembekile yokuqondisa
umkhumbi wokuphila olwandle lokuphila

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Ngaphakathi kwakho kulele ingadi enhle nemangalisayo
yemicabango ecwengekile, enuka ngothando, umusa,
ukuqonda, nokuthula. Izimbali zayo zinhle kakhulu
kunezimbali zasemhlabeni kanye namakhambi anuka
.kamnandi

Uma unikeza uthando lwakho olumsulwa, utshale i-rose
enuka kamnandi, futhi iphunga lalolo thando kanye
nephunga lalolo lwazi lihlala isikhathi eside kunanoma iyiphi
!imbali yasemhlabeni futhi lelo yiqiniso

* * *

Ukucabanga ngokudala, ukufunda ngokucophelela,
nokuphinda amazwi ayiqiniso kuyindlela ewusizo yokususa
izinto ezimbi nokwakha isimo sengqondo esihle
Ukuphindaphinda iziqinisekiso kanye nokunxusa
ngokugxila okujulile kuzosiza ekwakheni indlela efanele
yokucabanga ukuze ukucabanga okuhle kube ngokwemvelo
.njengokucabanga okubi okwakunjalo ngaphambili

* * *

Kumelwe silondoloze ingcebo yenjabulo engokomoya
futhi sifake leyo njabulo ezinhliziyweni zabanye, futhi
singavumeli lutho ukuba lusiphuce injabulo yethu
.yangaphakathi

Ngisho noma izinsuku zifiphale futhi ingqondo
ingabonakali kahle, kufanele siqede ukuxokozela nokuthula
.okungenakunqotshwa kwenjabulo

Zibekeni umqhele, bangane benjabulo, esihlalweni
sobukhosi sezifiso zenu eziphakeme nemigomo yenu, izenzo
zenu ezinhle nemicabango ephakeme, futhi nizozwa
uNkulunkulu njengenjabulo esakhiweni sayo yonke
.imicabango nayo yonke imizwa
Kumelwe futhi sitshale umuthi wothando lwaphezulu
emhlabathini wabantu abangazi lutho. Uma sizwa lolo
thando, ukwesaba kuzonyamalala futhi ukukhathazeka
.kuzonyamalala ngosizo lukaNkulunkulu

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Ukuthi umuntu ubuthakathaka kusukela ekuzalweni
futhi akanakuba namandla akulungile, njengoba kungenzeka
ukuthi lo muntu angaba mkhulu futhi afeze izinto ezinhle
.kuzo zonke izici zokuphila

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Kuze kube phakade
?Ingabe lolo suku luyoke luphume, O Phakade
Lapho ngizokubuza khona ngaphandle
kokuphazamiseka
Futhi ngikuthumelela imibuzo engapheli
!?Futhi ngizothola impendulo kuwe
Indlela yokutshala ukhula olubuthakathaka noluncane
Amakhanda abo aphakanyisiwe ngaphandle
kokukhothama
Futhi ngaphandle kokunyakaziswa yiziphepho
ezinamandla
Okusiphula izihlahla ezinde
Futhi izakhiwo ezinkulu ziyabhujiswa
!Futhi izilwandle ezinkulu ziyanyakaziswa
?Inhlansi yokuqala yakhanya kanjani amehlo akhe
Futhi kwavela umuthi wokuqala
Futhi inhlanzi yokuqala
Futhi inyoni yokuqala
?Futhi izibulo
?Kwakunini ukuvakasha kwabo kokuqala

Le ndlu ephansi
!Indlu Yezimangaliso
Ngilangazelela kangakanani ukubamba isandla sakho
Lowo owabumba ulwandle nomhlaba
!O Iphakade

* * *

Izwe limnyama kakhulu, kodwa uma sibona labo ubuso
babu bukhanya ngokukhanya kwenjabulo
Ukumamatheka kwabo kususa usizi lwethu futhi
kusakaze ukukhathazeka kwethu njengesibani esikhanya
ebumnyameni
Ubumnyama buyanyamalala phambi kokukhanya
Kwakhe
Ukumamatheka komphefumulo makukhanye ebusweni
bethu. Umoya wothando lwaphezulu mawuthwale
ukumamatheka kwethu futhi ukusakaze ezinhliziyweni
ezidabukile, ukuze ukukhanya kwalezo zimomotheka kususe
.ubumnyama ezinhliziyweni zabanye

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Ukucabangela imizwa yabanye kungenye yezimfanelo
ezinhle kakhulu, futhi kunikeza umuntu ukukhanga okukhulu
kakhulu
Isibonelo, uma umuntu omile, umuntu ocabanga
ngabanye uzobona isidingo sakhe bese emnikeza amanzi
.okuphuza
Ukucabangela imizwa kusho ukuqaphela abanye
nokucabanga ngabo
Labo abahlonipha abanye futhi bayazi imizwa yabo bazi
ngokwemvelo ukuthi yini abayidingayo

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Omunye wabafundi wayengabaza ikhono lakhe
lokuqhubeka endleleni yakhe yokomoya. Ukuze amkhuthaze,
:uthisha uParamhansa wathi kuye
UNKulunkulu akakude, kodwa useduze, futhi"
"ngiyambona ekhona yonke indawo

Umfundi waphikisa, ethi, "Kodwa ungumfundisi omaziyo
"!uNkulunkulu, mnumzane
:Uthisha waphendula
Yonke imiphefumulo iyalingana, futhi umehluko"
kuphela phakathi kwami nawe ukuthi ngenze umzamo
ngabonisa uNkulunkulu ukuthi ngiyamthanda, ngakho
"wazembula kimi

* * *

Uma umuntu egxila ekubukeni i-movie ejabulisayo
kakhulu, ukhohlwa konke okunye futhi ugxila kuphela ku-
.movie
Futhi kunjalo nangalowo othanda uNkulunkulu,
.okhohlwa konke ngaphandle kothandekayo wakhe
Umuntu ojwayelekile akanaso isifiso esanele sokuzwa
ubukhona bukaNkulunkulu ngoba ingqondo ijwayele ukugxila
ezintweni ezibonakalayo esikhundleni sokugxila ezintweni
.zaphezulu
Uma amabhayisikobho, ucansi, kanye nezinjabulo zezwe
kungadonsela ukunaka komuntu, pho kuthiwani
ngoNkulunkulu, ongumthombo wenjabulo nento ejabulisa
!kakhulu ekhona
Kodwa inkinga ukuthi abantu abaningi abafuni ukwazi
uNkulunkulu, futhi uma ukwazi ukumazi, uzothola ukuthi
amahora ayadlula ngenkathi ucwiliswe enjabulweni enkulu
.yokomoya
Kungakhathaliseki ukuthi ngenzani, angizizwa ngijabule
ngaphandle kokuba uNkulunkulu enami

* * *

Uma abantu bezogwema ubumpofu bezinto
ezibonakalayo, kufanele bakwenyanye ubumpofu
obungokomoya ngoba buyimbangela eyinhloko yazo zonke
.izinkinga zabantu
Umuntu ongokomoya futhi osebenzayo ungumuntu
ojabulayo, futhi umuntu ojabulayo kuphela umuntu
ophumelelayo

Ngisho noma izakhamuzi zomuzi zijabulela konke
ukunethezeka kwenhlalakahle yezinto ezibonakalayo, lokhu
.ngeke kuvimbele ukubulala nobugebengu kulowo muzi
Ukusetshenziswa kwezimiso zomhlaba wonke
zokukhonzana, ukubambisana okuzenzakalelayo phakathi
kwabantu, uthando lwempilo engokomoya, kanye
nokulawula izifiso zomphefumulo konke kuyadingeka ukuze
noma yimuphi umphakathi ujabulele impilo evumelanayo,
.enempilo, ejabulisayo, nechumayo

* * *

Ungacabangi ukuthi uNkulunkulu akayiphenduli
imithandazo yakho Wonke amazwi owahlebelayo kuYe
aqoshwe enhliziyweni yaKhe yendawo yonke. Futhi uma
ubona izindlela eziningi uNkulunkulu aphenhula ngazo,
.uzothola ukuthi ngempela uhlala ephenhula kuwe
Uma isifiso sakho sikhulu futhi isifiso sakho siqina,
.impendulo izoba ngokushesha futhi imangalisa kakhulu

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Kukhona abantu abangaboni njongo ephakeme
ekuphileni kunokugcwalisa izidingo zomzimba nokwanelisa
izifiso zawo, akukho okunye. Lesi yisimo sokuphila
.esivinjelwe yizinzwa

Futhi abantu abakhonza ngemisebenzi yobuhlakani
neyezandla, ezolimo, ezohwebo, ukuthenga nokuthengisa,
nakho konke okuhlobene nokuphila okusebenzayo
ngokujwayelekile

Bahlala bematasa besenza izinto, futhi okuwukuphela
kwento abakhathazeke ngayo empilweni ukwenza imali,
abavame ukuyichitha ezinjabulweni zenyama
Phakathi kwalaba kukhona abantu abathuthukile
abanesimo sengqondo sokudala

Kukhona abantu abanamakhono okuphatha kanye
nawokuphatha abasebenza ukuze baqonde izimfihlo
zokuphila ngemva kokuthola imali nokufeza impumelelo
.empilweni yobungcweti

Bathembele ekuzithibeni ukuze bangobe iziqondiso
zezinzwa, bathathe impilo ngokungathi sína kakhulu, futhi
bakholelwa ekulweni nokuthambekela okulimazayo,
.ukuzibusa, nokubeka ikhampasi yokuphila endleleni efanele
Kukhona abantu abanemvelo yokuzindla,
abangokomoya ngokwemvelo futhi abakwazi ukudlulisela
imibono ephakeme ephefumulelayo kwabanye

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UNkulunkulu kuphela okwazi ukulungisa ububi
obuhlupha umhlaba nesintu, kodwa isintu kumelwe senze
umzamo wokuqaphela ubukhona bukaNkulunkulu
nokukhombisa ubuhle bukaNkulunkulu obungenamkhawulo
.ngaphakathi kwaso
:ukuqinisekisa

Njalo ekuseni nginikela ngomzimba wami, ingqondo
yami, kanye nawo wonke amandla enginawo ngawe, Mdali
Ongenamkhawulo, ukuze uwasebenzise nganoma iyiphi
.indlela oyikhethayo, ukuze ukwazi ukuziveza ngami

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Ukuze umuntu akwazi ukuzamukela, kumele alawule
imicabango yakhe
Kumelwe uzijwayeze ukucabanga okujulile futhi ugxilise
ingqondo yakho ukuze uma ugxilisa ingqondo yakho
embonweni othile, ukunaka kwakho kungazulazuli noma
kugxume kusuka komunye umqondo uye komunye
Iningi labantu liphila ngaphezu kokuphila, kodwa
ukuthola amagugu olwazi kudinga ukucwila ngokujulile
.olwandle lwemicabango
Abantu abacabanga ngokujulile bangabantu abajabule
ngoba bangazihlukanisa ngokwengqondo nezimbangela
zokukhathazeka endaweni abakuyo
Umuntu ovamile akanayo indlela yokuphunyuka,
njengoba ehlala ephila phezu kwamanzi njengenhlanzi
.okulula ukuthi umdobi ayibambe

* * *

Yikhwalithi engavamile yomoya wokudala eyenza
umniniyo ame phambi komhlaba ngokukhanya okukhanyayo
njengabakhulu abalethe izinto ezintsha eziwusizo emhlabeni
.okungekho muntu owake wazenza ngaphambili
Labo ngqondongqondo abahlakaniphile babenomoya
wokudala ongenakunqotshwa, osekelwa yintando
eyayingayeki kuze kube yilapho umgomo ofiselekayo
.ufezwa

Ingabe uNkulunkulu wayebathanda labo bantu abakhulu
ukuze babe nalobo bukhulu obukhethekile? Futhi ingabe
intando kaNkulunkulu yabakhetha ukuba bathole lolo dumo
?olukhulu kunabanye

Lutho neze. Kumane nje basebenzise amakhono abo
okudala ukukhombisa ubukhulu nenkazimulo eyifa lawo
wonke umuntu ngoba wadalwa ngomfanekiso kaNkulunkulu,
umthombo wazo zonke izinto zokudala kanye nokusungula
.izinto ezintsha

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Abantu baphishekela injabulo njenge-mercury, kodwa
kukhona indlela yokuthola injabulo, futhi lokho kuwukubonga
uNkulunkulu ngezibusiso Zakhe nokuzizwa bebonga
.ngezibusiso esizitholayo empilweni
Ukubonga kwethu uNkulunkulu ngezibusiso ezimpilweni
zethu kuyimfuneko eyisisekelo yokumazi, ongumthombo
wokuthula okuphakade, impilo ekhululekile, nenjabulo
.evuselelwe

Uma sinika uNkulunkulu uthando lwethu, siyamukela
izipho Zakhe ezibusisiwe zokuthula, ukwaneliseka,
.nokwaneliseka

Abantu abajabule kakhulu kuleli zwe yilabo abaye
bafunda ukucabanga ngendlela eyakhayo, benza umsebenzi
owakhayo, futhi banikela ngomusa nangalokho abakwaziyo.
.Yibo abaphumelelayo empilweni

Uma umuntu eba nomqondo omuhle, inhliziyo
ebongayo, nomphefumulo onothando, kulapho ezwa khona
.uNkulunkulu ngaphakathi kuye
Futhi noma nini lapho umfundi ehlebelala uNkulunkulu
ethi, “Yeka ukuthi unomusa kangakanani, Nkosi!”,
uyaqaphela ukuthi ukuthula nenjabulo akuzwayo
kuyisibusiso esivela kuNkulunkulu, futhi ufisa ukuqondisa
imicabango nezenzo zakhe ngendlela emgcina eseduze
.noBukhona bukaNkulunkulu njalo
Lokhu kusondelana kungatholakala ngokuzindla,
ukucabanga okuhle, kanye nokwahlulela okuhluzekile.
Lokhu, ngokwemvelo, kuvela ngenxa yokubonga nomoya
.wokupha

Uma sizindla ngezibusiso esinazo nazo zonke izinto
ezinhle ezifanelwe ukubonga nokubonga, esikhundleni
sokucabanga ngezinhlekelele, ubunzima, izifo, ukugula,
ukukhathazeka, kanye nokwesaba okusizungezile noma
okusibangela ukucindezeleka, khona-ke sizogala ukwazi
uNkulunkulu, futhi sizovuzwa ngalokho ngokuqwashisa
.okungokomoya esikubiza ngokuthi ukuthula noma injabulo
Izinhliziyo zethu zizoshaya ngothando nenjabulo, futhi
izingqondo zethu zizokhanya ngemibono ekhanyayo
* * *

Izingqondo zabantu abaningi zifana nezinjini
!ezinamandla alinganayo
Naphezu kwamandla amakhulu engqondweni yomuntu
ngamunye, bambalwa kakhulu abantu abasebenzisa lawo
.mandla alindele ukusebenza
Izintshisekelo zabantu zivame ukukhawulelwa futhi
zikhawulelwe ezidingweni zokuphila ezifana nokudla,
.ukusebenza, ukuzijabulisa, ukulala, nokunye okunjalo
Kodwa abantu banesinye sezimfanelo ezinhle kunazo
zonke, okuyikhono lokudala noma lokusungula izinto
ezintsha

Iyini le mandla angaqondakali, ayimfihlakalo?

INTshonalanga iyizwe lokusungula izinto ezintsha
okusebenzayo nokwezimboni kanye nesayensi
esetshenziswayo IMPumalanga iyizwe lokukhanyiselwa
nokudala okungokomoya

Umoya wokuziqalela izinto ezintsha yikhono lokudala
ukwenza into engakaze yenziwe muntu ngaphambili,
ngezindlela ezintsha

Amandla okudala avela kuMdali

* * *

Ukube bekungenokwenzeka ushintsho lwangaphakathi,
lapho imbewu yalokho esizoba yikho ikhona, besingeke
sikwazi ukwenza ushintsho engxenyeni engaziwa yemvelo
.yethu

Kodwa sinethuba lokuthonya ukuthi sizoba bani
esikhathini esizayo. Ukuqeqeshwa kwasekuqaleni
kwamandla ethu kudlala indima ebalulekile ekusebenzeni le
ngxenye yethu engaziwa noma ukuyishiya ikhubazekile uma
.inganakwa

Njengoba nje izitshalo zandisa izimpande zazo
enhlabathini, nathi kumelwe sikhulise izimfanelo ezinhle
ngaphakathi kithi ngokufaka umanyolo, ukhula, ukukhulula
.inhlabathi, ukunisela, kanye nokubiyela

Kumelwe futhi sinqume futhi sisiphule ukhula
emhlabathini womphefumulo

Izithelo zokuphila kwethu, kungakhathaliseki ukuthi
zikhulu, zincane, ziphakathi nendawo, ziphilile, noma zigula,
zizoncika kakhulu ekutheni sinakekela kahle kangakanani
.imithi yezithelo zethu

Sinenkululeko yokwenza kanjalo, futhi uma sisebenzisa
ukukhetha kwethu ngokukhululeka ngangokunokwenzeka,
umphumela wangaphandle uzoba muhle, futhi ngenxa
yalokho, imbewu entsha nenhle izokwakheka engxenyeni
engaziwa yemvelo yethu, futhi lokhu kuzonquma ukuthi
.izimpilo zethu zizoba njani esikhathini esizayo

Imiphumela emibi nemihle yokucabanga
Umcabango uyakhohlisa kakhulu, njengoba ungaveza
imiphumela emibi nemihle

Ngisakhumbula ngesinye isikhathi lapho omunye
wodadewethu ehlushwa umphimbo obuhlungu, futhi
ngangingakaze ngibone umphimbo obuhlungu kangaka
ngaphambili; wayengakwazi ukudla noma ukugwinya noma
.yini

Wangibiza wathi, ekhala, "Ngicela wenze noma yini
"ukuze ungisize

Ngimlethele ukudla ngamcela ukuba adle. Wayengazi
ukuthi isandla sami sithinta umphimbo wakhe, lapho
.ngagxila khona amandla ami engqondo

Ngokungazelelwe wazithola edla ngaphandle kokuzwa
ubuhlungu, futhi wagcwala injabulo ngokuphulukiswa
.komphimbo wakhe

Ngemva kokuba ngimshiyile, wavuka wabuka umphimbo
wakhe esibukweni, kwathi lapho ebona ukuthi izilonda
.zisekhona, ubuhlungu babuya waqala ukumemeza

Lapho ngifika ekhaya futhi ngimbona esezinhlungwini,
"?ngambuza, "Wenzeni

"Waphendula wathi, "Ngibheke emphinjeni wami
Ngamtshela: "Ngibonile ukuthi umphimbo wakho uphilile
ekukhanyeni kukaNkulunkulu, yingakho isimo sakho
sithuthukile, kodwa wena usibonile lesi sifo, yingakho uzwa
"ubuhlungu

"Ngabe sengithi kuye, "Phuza la manzi
Njengoba ingqondo yakhe yayisabela kahle, wakwazi
ukugwinya amanzi waphinde walulama, futhi akaphindanga
.wabheka umphimbo wakhe esibukweni

Ngakho-ke, ukucabanga kudlala indima ebalulekile
Ngokuphathelene nezinkinga zezinzwa—ezivame
ukubangelwa imibono eyiphutha—ingqondo ingakhuthaza

ukululama okusheshayo uma amandla ayo esetshenziswa
ngendlela efanele

Qaphela: Le ndaba ayisho ukuthi akufanele ubonane
nodokotela noma ufune ukwelashwa, yingakho kudingeka
ukucaciselwa

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:Kufanele sikwazi ukusho ukuthi
Ngemuva kwalomzimba olinganiselwe, ngizizwa"
"ngiphelele futhi ngingenamkhawulo
Angifundisi ngaphandle kokuthi nginomuzwa wokuthi
uNkulunkulu unami, futhi angifundisi ngaphandle kokuthi
ngivumelana ngokuphelele Naye. Futhi uma ngikhuluma
kusukela kulelo zinga, ngiyazi ukuthi labo abangilalelayo
.ngeke bakukhohlwe abakuzwile
Labo abaphikelelayo bazomazi uNkulunkulu, futhi
ngithemba ukuthi labo abafisa ukuqhubeka nokuphishekela
.kwabo bazothinta ubukhona Bakhe obubusisiwe

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Isifiso senjabulo sinamandla kakhulu kuzo zonke izifiso
Injabulo yangempela nehlala njalo itholakala
kuNkulunkulu kuphela, futhi uma uthola ubukhona Bakhe,
ugcwala injabulo enkulu—injabulo engatholakali kunoma yini
.enye

Ukuba ubunikezwe umhlaba wonke, ubungeke wazi
ukuthi uzowusingatha kanjani, futhi ubuzozizwa uthwele
umthwalo osindayo nokukhathazeka ngakho konke
Bheka izimpilo zabantu abadumile nabesilisa abakhulu
emhlabeni uzothola ukuthi babecasukile, bephonswa
ukuhlukunyezwa okuvela kuzo zonke izinhlangothi
njengonodoli abashukunyiswa futhi badlalwa yisandla
.sekusasa

Kodwa lowo ohlangene nokukhanya kwezwe ungumuntu
.ojabulayo ngoba uxhumene noMdali wakhe

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Kumelwe kwenziwe umzamo njalo ukuze kunqotshwe
imikhuba emibi, ngoba ngokushesha nje lapho umuntu
ezizwa ephelelwe ithemba futhi edabukile, uhlwanyela
.imbewu engaphili kahle emhlabathini womphefumulo wakhe
Ukuqhubeka nokuzitika ngemikhuba elimazayo
kuyindlela yokuzibhubhisa. Kodwa-ke, ukuzama ukuzizwa
ujabule futhi unethemba nsuku zonke, naphezu kwazo zonke
izilingo ezingathandeki nezicindezelayo, kuwuphawu
.lokuvuselelwa nokuvuka ngokomoya

* * *

Labo abavumela izingqondo zabo ukuba ziqine futhi
zithuse yibo ngempela abafayo
Labo abafisa ukuxazulula imfihlakalo yokuphila kumele
bavuselele izimpilo zabo nsuku zonke, basebenzele
ukuzithuthukisa ngandlela thile, bathuthukise ukucabanga
.okudala, futhi bahlanganyele emisebenzini eyakhayo
Ngaphezu kwakho konke, kufanele bacele
ukuhlakanipha kuNkulunkulu, ngoba ukuhlakanipha kuza
.zonke izinto ezinhle nezimangalisayo

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UNkulunkulu usinike umndeneni ukuze sandise umbuthano
wothando lwethu sisuka kithi siye kwabanye esihlobene
nabo, bese sandisa imingcele yalolo thando ukuze
.ihlanganise wonke umuntu
Abathandekayo bethu basuswa kithi, kungaba ngokufa
noma kwezinye izimo, ukuze sifunde ukungagcini uthando
lwethu kubantu bodwa, kodwa ukuthanda uthando uqobo,
olunguNkulunkulu, umakhelwane wethu oseduze kakhulu,
.olufihliwe ngemuva kwazo zonke izifihla-buso zabantu

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Noma nini lapho ngithola abantu abasabelayo, ngizama
ukubhekana nengqondo yalabo bantu, kuyilapho
ngingavamile ukukhuluma nalabo abangenasithakazelo
.ngoba abafuni nhlobo ukulalela

Ngokuqondene nalabo abaqotho ekufuneni kwabo
uNkulunkulu, ngizama ukuxhumana nabo ngengqondo yabo
evulekile futhi ngitshale imbewu yothando lwaphezulu
.ezinhliziyweni zabo

* * *

Uma ubukela i-movie noma umdlalo, uma ababukeli
bebazi indaba ngayo yonke imininingwane yayo ngaphambi
kokubukela umbukiso, umbukiso ubungalahlekelwa injabulo
.yawo

Ngokufanayo, kuyalulekwa ukungazazi zonke izimfihlo
zalokhu kuphila ngoba kukhona idrama yendawo yonke
edlula ezahlukweni zokuphila kwethu, futhi akumnandi
ukwazi ukuthi kuzokwenzekani ngaphambi kokuba
.kwenzeke

Akufanele sikhathazeke ngomphumela wokugcina,
kodwa kunalokho sicele uNkulunkulu ukuba asiqondise
ukuthi sidlale izindima zethu emdlalweni wokuphila ngezinga
eligcwele ngangokunokwenzeka, kungakhathaliseki ukuthi
lezo zindima zihilela ubuthakathaka noma amandla, ukugula
noma impilo, ukuqhosha noma ukuthobeka, ingcebo noma
ubumpofu, futhi ukuze sazi incazelo yale ndaba
.eyinkimbinkimbi ekugcineni

* * *

Wonke umuntu ufuna ukuba nemali eningi kunomunye
umuntu, futhi uma eyithola, akaneliseki ngoba uthola ukuthi
.kukhona abacebile kunabo

Abantu baphila odakeni losizi abalwenzile ngokudala
izifiso zabo nezifiso zabo esikhundleni sokwaneliseka
.ngalokho abanakho

Kunabantu abanokuningi kakhulu kunabanye, kodwa
abajabule, kodwa kunalokho bashiswa yisifiso sokuthola
okwengeziwe futhi bagcwele ukukhathazeka
.nokukhathazeka

Indlela kaNkulunkulu, bangane bami, iyindlela elula
kakhulu, futhi kungcono ukuthi siphendukele kuNkulunkulu

kuqala simcele ukuthi asiphe okungcono kakhulu kithi, futhi
sizothola esandleni sakhe esinomusa lokho esikudingayo
ngoba uphendula imithandazo eqotho futhi ugcwalisa izifiso
.zabathandi bakhe

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Kuwubuwula ukulindela injabulo yangempela ezintweni
ezihambisanayo nezinto zasemhlabeni ngoba azikwazi
.ukusiletha kithi kwasekuqaleni

Kodwa izigidi zabantu ziyafa zidabukile futhi
zichotshoziwe ngenxa yemizamo yazo eyize yokuthola
injabulo ekuphileni kwasemhlabeni ekhona kuNkulunkulu
.kuphela, umthombo wayo yonke injabulo nentokozo

* * *

Kungokwemvelo ukuthi abantu babonge uNkulunkulu
ngemva kokuthola izipho ezivela kuYe, kodwa abavamile
ukumbonga noma ngisho nokucabanga ngokumbonga
ngesipho sokuphila abanike sona kanye nezimfanelo
.ezingokomoya azifake emiphefumulweni yabo
Kulula ukuphakamisa izinhliziyi zethu kuNkulunkulu
uma sizwa ubukhona Bakhe noma sithola impendulo evela
Kuye emithandazweni yethu, kodwa yeka ukuthi kuhle
kangakanani ukumbonga ngesiqondiso Sakhe esifihliwe kithi
kanye nokuba khona Kwakhe okubusisiwe nathi naphezu
kokungazi kwethu Lokhu kuwuphawu lokuthembela
kuNkulunkulu, ukuthobeka phambi Kwakhe, nokwaneliseka
ngokuhlakanipha Kwakhe
UNkulunkulu uphendula ngendlela yakhe othandweni
lwethu nasekulangazeleleni kwethu, futhi yilabo
abathobekile izinhliziyi zabo zigcwele ukubonga nokwazisa
ngezibusiso eziningi nobuhle obuvela emthonjeni waphezulu
.ohlala unikeza

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somuntu yisisu sakhe (isisu somuntu siyisitha sakhe)
Isisu siyingxenye yomzimba esengozini kakhulu futhi
sivame ukuhlukunyezwa kabi kakhulu. Uma uhlelo lokugaya

ukudla luphazanyiswa ukudla ngokweqile noma ukudla
ukudla okungenampilo, kungabangela zonke izinhlobo
.zezinkinga zempilo

Uma umuntu ebheka ubuso bakhe esibukweni,
ucabanga ukuthi uphilile, kodwa akaqapheli ukuthi uphethe
ubuthi obuningi obufakwe emzimbeni wakhe Ngaphandle
kokuthi azi indlela efanele yokususa lawo ma-toxin, futhi
uma umzimba ungakwazi ukuwasusa ngempumelelo,
.kuzovela izifo

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Omunye wabafundi abasebasha wacela iseluleko,
:uthisha uParamahansa wathi kuye
Izwe lifaka imikhuba emibi kanye nemikhuba
ephambene kuwe, kodwa izwe ngeke libe necala, futhi ngeke
linikeze impendulo noma linikeze i-akhawunti ngamaphutha
.akho avela kuleyo mikhuba kanye nemikhuba
Ngakho kungani unikela sonke isikhathi sakho
kumngane okhohlisayo? Beka eceleni ihora elilodwa ngosuku
ukuze uthole izinto ezingokomoya nezesayensi
UNkulunkulu - umniki wokuphila, umndeni, imali, nakho
konke okunye - akafanele yini ingxenye eyodwa yesikhathi
?sakho esingamashumi amabili nane

* * *

:Umfundi ubuze
Mnumzane, kungani abanye abantu behleka usulu futhi"
"?behlekisa ngabangcwele namadoda angcwele
:Uthisha uParamahansa waphendula
Abenzi bobubi bayalizonda iqiniso, futhi izwe"
liyaneliswa ukuhamba kanye nesikhathi samanje. Alikho
iqembu elithanda ushintsho. Ngakho-ke, ukucabanga nje
ngabantu abalungile bakaNkulunkulu kuyabaphazamisa futhi
".kuphazamise ukuthula kwabo
Laba bantu bangafaniswa nendoda esihlale iminyaka
eminingi ekamelweni elimnyama. Uma othile evula isibani,

ukukhanya okungazelelwe kuyamphazamisa umuntu
.ongaboni kahle futhi kuye kubonakala kuyinto engavamile

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Isando esinzima somkhandi wensimbi asinaso intando
yaso ngaphandle kokuthi asiphakamise ngesandla sakhe
bese esiwisa, sihlala endaweni yaso, singasetshenziswa
Kodwa umuntu unenkululeko yokuzikhethela ukuze
akhethe ukuba yindlela enhle kanye nethuluzi elilungile
ezandleni zikaNkulunkulu

UNKulunkulu akafuni abantu babe yizingodo eziqinile
nezingaphili, kodwa ufuna basebenzise inkululeko
.yokuzikhethela ukuze bafeze izinjongo zaphezulu emhlabeni

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Imali akuyona ngempela inkomba yokunambitheka
okuhle Abantu abaningi abacebile bathenga izinto
abangazidingi, bese zinqwabelana emakhaya abo zibe
yinqwaba engathandeki futhi engenamsebenzi
Awudingi imali eningi ukuze wenze indlu ibe yinhle;

ukunambitheka kuyinto ebalulekile
Kodwa umqondo wokuhlobisa indlu uyabakhanga
abanye abantu, ngakho-ke bagxila kakhulu kuyo futhi
.bazincisha izinto ezibonakalayo

Noma ubani okumele akhokhe izikweletu
eziqongelelekile neziphuthumayo kumele afise impilo elula
.kanye nokukhululeka ezingcindezini zezimali

Kodwa leyo nkululeko ngeke ize ngokuvuma ubuvila
nokungenzi lutho, noma ngokushiya konke ngaphandle
.kwesizathu noma ukucabanga okunengqondo
Kwenzeke ukuthi indoda ethile yalahlekelwa kakhulu

:yathi

Maye kimi! Ngilahlekelwe yingcebo yami kanti umkami"
ungishiyile, ngakho-ke nginqume ukushiya konke ngibe
"yikhaya elihlala yedwa
Lo muntu, bangane bami, akashiyanga konke ngemuva,
!kodwa kunalokho konke kwamshiya

Indawo engokwengqondo kanye nomuzwa
wokwaneliseka yizinto ezimbili ezibalulekile zokufeza
injabulo

Ngemva kokuhlola nokuhlunga zonke izifiso,
:kungenzeka ukuthi
Akukho bunzima ekutholeni izidingo ezidingekayo"
zezinto ezibonakalayo, futhi ukungakwazi ukuba nazo
"akunakuthethelelwa

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:Omunye wabafundi wabuza
Mnumzane, yini okufanele ngiyenze ukuze ngimazi"
"?uNkulunkulu

:Uthisha uParamahansa waphendula
Ngaso sonke isikhathi sesikhathi samahhala, gxila
emicabangweni ejulile ngaye Khuluma naye inhliziyo
nenhliziyo, umphefumulo nomphefumulo
Useduze kakhulu kunokusondelana futhi uthandeka
kakhulu kunomthandi. Ngimthanda njengoba umuntu
ohluphekile ethanda imali, futhi ngimthanda ngothando
lomuntu othanda kakhulu isithandwa sakhe, njengomuntu
.ominzayo efuna umoya
Uma uveza isifiso sakho esikhulu kanye nokulangazelela
"okukhulu, uzokuza kuwe

* * *

Yonke imizamo yethu akufanele inikelwe ekufinyeleleni
impilo enhle kanye nokuvikeleka kwezinto ezibonakalayo
.kuphela, kodwa futhi nasekufuneni injongo yokuphila
Uma ubunzima businqoba, siphendukela endaweni
esizungezile kuqala, sizama ukwenza zonke izinguquko
.ezibonakalayo esicabanga ukuthi usizo lukhona kuzo
Kodwa uma sifika ekugcineni bese sithi, "Yonke imizamo
yami yehlulekile, yini enye engingayenza?" siqala
ukucabanga ngokungathi sína ngokuthola ikhambi
.eliphumelelayo lenkinga yethu

Uma sijula ngokwanele emicabangweni yethu, sithola,
ngosizo lukaNkulunkulu, impendulo evela ngaphakathi kithi.
Lokhu, ngokwako, kuyindlela yomthandazo ophendulwayo

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:Uthisha uParamahansa wathi kwabanye babafundi
Qaphela umbono ongemuhle ngempilo Kungani ugxila"
kakhulu ezinqwabeni zodoti kuyilapho kunobuhle obuningi
"?obukuzungezile

Umuntu angase asole izibonelo ezinhle kakhulu"
zobuciko, umculo, nezincwadi. Kodwa akungcono yini futhi
"?akuzuzisi ukujabulela ubuhle nobuhle bazo

Impilo inohlangothi oluhle nohlangothi olumnyama"
ngoba izwe lokuhlobana lisekelwe ekukhanyeni
"nasezithunzini

Uma nivumela imicabango yenu ukuthi izondle"
"ngokubi, nizoletsha ububi nokonakala phezu kwenu
Funa okuhle kuphela kukho konke, ukuze ukwazi"
"ukumunca umoya wobuhle

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:Uthisha uParamahansa wathi eqenjini labafundi
UNkulunkulu wasihlelela lokhu kuvakashela eMhlabeni,"
kodwa iningi lethu liba yizivakashi ezingamukelekile,
"sithatha ezinye izinto lapha njengezethu
Ngokukhohlwa ukuthi indawo yethu yokuhlala
yasemhlabeni ingeyesikhashana, sakha ubudlelwane
nobudlelwano obuningi, njengokuthi: "ikhaya lami,"
"umsebenzi wami," "imali yami," "umndenani wami," njalo
.njalo

Kodwa lapho i-visa yethu yasemhlabeni iphela, zonke
izibopho zabantu zizophela futhi zinyamalale, bese
siphokeleka ukushiya zonke izinto esasicabanga ukuthi
sinazo. Lowo kuphela ohamba nathi ngaso sonke isikhathi
nakuzo zonke izindawo ungumakhelwane wethu waphakade
.nohlala njalo, uNkulunkulu

Yazi manje ukuthi ungumoya, hhayi umzimba. Kungani
ulinde ukufa ukuthi kukufundise ngendlela yako enonya
?nengazelelwe

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Uma umuntu egula, kumele enze konke okusemandleni
akhe ukuze angobe ukugula kwakhe Ngisho noma odokotela
bemtshela ukuthi alikho ithemba lokululama, kumele ahlale
ezolile ngoba ukwesaba kufihla umuzwa wokuba khona
.kukaNkulunkulu, okunamandla onke
Esikhundleni sokuzitika ngokukhathazeka
nokucindezeleka kwengqondo, umuntu ohluphekile kufanele
aziqinisekise ukuthi uphephile futhi uvikelekile ngaphansi
kwesivikelo sikaNkulunkulu nokunakekelwa kwakhe
.okunobungane

* * *

Ukukhathazeka kusho ukuthi kukhona ukuphazamiseka
ohlelweni lwengqondo olungenantambo
Ihubo laphezulu lihubo lokuzola nokuthula, kanti
ukuphazamiseka kuwukudideka
Ukuthula yizwi laphezulu elikhuluma ngentambo
yomphefumulo

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Labo abafisa ukuvuselela izimpilo zabo kufanele baqale
ngokubona izinto ezinhle abafuna ukuzethula ezimpilweni
zabo, bese besungula uhlelo abalulandela nsuku zonke, futhi
bazozizwa bejabule kakhulu ngenxa yokugcina izinqumo
.zabo

Ukwehluleka ukunamathela esimisweni sokuzithuthukisa
kwenza intando ibe buthaka futhi kubeka izithiyo endleleni
yentuthuko

Umngane weqiniso womuntu kanye nesitha sakhe
esikhulu kunazo zonke nguye uqobo lwakhe

Labo abazivumelanisa nohlelo lwemvelo lokuphila
bazofeza impumelelo ethelayo Ayikho imithetho evimbela
umuntu ukuba ashintshe abe ngcono futhi afeze izifiso zakhe

ezinhle Azikho izithiyo ezingavimba umuntu ekufinyeleleni
imigomo yakhe ephakeme ngaphandle kokuthi azivume
ngokungaqondile lezo zithiyo futhi azikholise ukuthi ngeke
azingqobe

Kusukela emithonjeni yokuphefumulelwa

Akukho mehluko phakathi kwemithetho yemvelo
nemithetho engokomoya, noma izimangaliso ezenzeka
ngenxa yokuqonda izindlela zengqondo yomuntu Ososayensi
benza izimangaliso besebenzisa imithetho yemvelo, kanti
labo abathuthukile ngokomoya benza izimangaliso
zengqondo Kule nkathi yezimangaliso zesayensi, ebonakala
ngobuningi bezinto ezintsha nezintsha
ezingenakucatshangwa, ososayensi kumele bangene bajule
ekutadisheni imithetho engokomoya esetshenziswa yilabo
abanokuqonda okungokomoya
Izimangaliso ezingokomoya noma umusa waphezulu
kumane nje kuwukusetshenziswa kwemithetho yemvelo
engaphezu kwemvelo. Kumuntu ovamile, lezi zenzo
zibonakala zimangalisa, kodwa empeleni,
.ziwukusetshenziswa komthetho othile ofihliwe, ophakeme

Ngiye ngajabulela ubuhle bezinkanyezi eziyizigidigidi
Kuhlakazeke endaweni enkulu
Futhi enjabulweni engenacala ngamunca umpe
Futhi ngenza isitofu lapho ngashisa khona zonke izinsizi
zami
Futhi ngiphethe izibani zokukhanya
Futhi uthando olumsulwa lwalufakwe ezinhliziyweni
zonke
Kwahlanganisa uthando lukababa, lukamama,
nolwabazalwane
Ngiyiphuzile ngaze ngadakwa
Izincwadi ezingokomoya zazicindezelwa ukuze
kutholakale ithonsi lokuthula

Izinkondlo zaqanjwa ziphefumulelwe yimvelo
Futhi ngintshontshe ubumnandi esidlekeni senjabulo
Ngikhiphe izincazelo ezibalulekile emayini yemicabango
Futhi ngifundile
Ngamomotheka
Futhi ngisebenzile
Futhi ngihlelile
Futhi ngashaya ngamandla
Bengilangazelela
Futhi konke lokho kwakunganele
Njengoba eqaphela ukuthi kwakuyiphupho elivame
ukuphela
Ngaphambi kokuba izifiso zenhliziyo elangazelelayo
zigcwaliseke
Kodwa ngokushesha nje lapho ngisusa amaphupho kimi
Ngahlala endlini engcwele yokuthula
Ukulangazelela kwami kwaqina
Futhi ngezwa umphefumulo wami uhlabelela
!UNkulunkulu yedwa osele

Wonke umuntu umele amandla angenamkhawulo, futhi
kumelwe sibonise lawo mandla kukho konke esikwenzayo.
Uma sifisa ukudala okuthile, akumelwe sithembele kuphela
emithonjeni yangaphandle, kodwa kunalokho kumelwe
singene ekujuleni kwethu kwangaphakathi futhi sifune
.umthombo ongenamkhawulo
Zonke izindlela zomsebenzi eziphumelelayo, zonke
izinto ezisunguliwe, konke ukudlidliza komculo, imibono
ephefumulelayo, kanye nezingoma ezinhle nezimangalisayo
.zilotshwe kumarekhodi kaNkulunkulu
Kumelwe siqale sichaze umgomo, bese sicela usizo
luNkulunkulu ukuze lusiqondise esenzweni esifanele
esingabonisa ngaso amandla ethu, futhi sizindle kuze kube
yilapho ingqondo ithule futhi ibona ngokucacile isinyathelo
.esilandelayo okudingeka sithathwe

Khona-ke kumelwe senze ngokuvumelana nesiqondiso
sangaphakathi esisitholayo, futhi lokho esikufisayo
kuzofezwa Lapho ingqondo izolile, izinto zizocaca
ngokushesha nangokulula—yeka ukuthi lokho
!kuyamangalisa kanjani

Uzofeza izifiso zakho futhi impumelelo kuzo zonke izinto
izoba ngeyakho ngesikhathi esifushane, ngoba amandla
emvelo ayakwazi ukuqondisa umthetho ofanele
nokukhombisa ukusebenza kwawo Uma sizihlola, sizobona
.iqiniso lalokhu, ngosizo lukaNkulunkulu

Omunye wabafundi wabuza uthisha uParamahansa
ngezindlela eziphumelela kakhulu zokunqoba isilingo
:sikaSathane esinqatshelwe, wathi kuye
Ngaphandle kokuba usuzinzile ekuhlakanipheni,
kufanele uqale – lapho isilingo sifika – uyeke ngokushesha
isenzo noma isifiso esinamandla bese ucabanga ngezinto
.kamuva

Uma uzama ukucabanga kuqala, isilingo sizokunqoba
ngenkani futhi uzozithola wenza into ongafuni ukuyenza,
.ngoba kulokhu isilingo sizonqoba ingqondo
Okumele ukwenze nje ukusho ngokuqinile ukuthi,
"Ngeke ngikwenze lokho," bese usukuma uhambe. Leyo
.yindlela eqinisekile yokubalekela izingibe zikadeveli
Uma uhlakulela amandla okuthi "Angifuni" ngesikhathi
sokuhlaselwa ngokweqile, uyaqina futhi injabulo yakho iyoba
nkulu, ngoba injabulo incike ekwenzeni lokho unembeza
.wakho okukutshela ukuthi ukwenze
Uma uthi "cha" ekuyengeni, kufanele usho ukuthi usho
ukuthini nokuthi usho ukuthini
Ungayeki futhi ukhumbule ukuthi labo abanezintando
ezibuthakathaka bahlala bethi "yebo," kuyilapho
.imiphefumulo emikhulu igcwele "cha" zokubhala

Ekuqeqeshweni okungokomoya, safunda ukulawula
imizwa yethu kanye nezifiso zethu, singavumeli izinto
esizithandayo zilawule ukuphila kwethu. Sabonga ngakho
konke uNkulunkulu asinike kona. Abantu banezinto eziningi
kangaka, kodwa abaningi bahlala benganeliseki futhi
bekhononda, bezizwa benganelisekile naphezu kokungabi
nalutho, njengokungathi abanalutho nhlobo, futhi izifiso zabo
.zibonakala zingapheli

Ekuseni, ngemva kokuba indoda isigunde intshebe yayo
—mhlawumbe amadevu ayo—igeze ubuso bayo, futhi
igqoke, into elandelayo eyidingayo ukudla kwasekuseni
Lapho nje idla ukudla okumbalwa, ifisa sengathi umkakhe
wayelungiselele okuthile okufanele ukunambitheka kwayo,
kuyilapho umfazi naye efisa sengathi wayenezitsha zesiliva,
.amapuleti nezitsha ezingcono

Ngakho-ke, usuku nosuku, balangazelela lokhu nalokho
kuze kube yilapho kungekho lutho olungabanelisa, futhi
ubudlelwano babo bulahlekelwa ukusondelana kwabo, futhi
baze balahlekelwe nenjabulo uqobo Ngenxa yenzondo
abayizwayo, baphendukela kulabo abaseduze nabo. Umfazi
uyakhononda futhi uphikisana nomyeni, indoda iyamemeza
izingane, futhi izingane ziyahlubuka futhi ziwela enkingeni
nabantu ababi. Iphuzu yileli: akukubi ukuba nezinto, kodwa
akulungile ukuvumela izinto ukuba zisingobe Labo abafuna
injabulo akufanele banamathele ngokweqile noma babe
.nobugovu

Ipharadesi lami lingaphakathi kwami, futhi lapho
ngijabula ngombono omuhle noma ngokuhlangana
nabangane abathandekayo, ipharadesi lami langaphakathi
liyandisa injabulo yami ngalowo mbono noma ukubona labo
bangane Ngaphandle kwalokho kwaneliseka
kwangaphakathi, ngisho nepharadesi lasemhlabeni
liphenduka isihogo esingabekezeleleki

Ukuqaphela ukuthi wonke amandla okucabanga,
okukhuluma, okuzwayo, kanye nesenzo avela kuNkulunkulu,

nokuthi uhlala enathi, esiphefumulela futhi esiqondisa,
kuletha ukukhululeka okusheshayo ekukhathazekeni,
ekudidekeni, nasekukhungathekeni. Ngalesi siqaphela,
.kuvela ukukhanya kwenjabulo yaphezulu
Ngezinye izikhathi ukukhanya okungokomoya okujulile
kufinyelela kuwo wonke umuntu, kuqede futhi kuqede
umqondo wokwesaba
Njengamagagasi olwandle, amandla aphezulu eza
ngamandla amakhulu, edlula enhliziyweni futhi eyigeza
ngesifufula esinamandla esibusisiwe, esusa kuzo zonke
.izithiyo nezithiyo zokungabaza, ukwesaba, nokwesaba
Uma sithinta ubukhona bukaNkulunkulu, inkolelo
yokuthi simane siyimizimba yenyama iyasuswa Lokhu
kungafezwa ngokucabanga okujulile nokugxile ngokomoya,
ukuzindla ngoNkulunkulu, nokufuna usizo lwaKhe ukuze
.sivule izingqondo zethu
Bese siqaphela ukuthi umzimba umane uyibhamuza
elincane lamandla olwandle lukaNkulunkulu oluyindalo
yonke

Uma umuntu ehlushwa okuhlangenwe nakho okukhulu
kwengqondo noma enqotshwe ukwesaba okukhulu, kufanele
azame ukulala
Uma engakwenza lokho, uzothola lapho evuka ukuthi
ukucindezeleka kwengqondo sekuphelile, nokuthi ukwesaba
sekukhulule amandla akho, ngoba lapho umphefumulo
ungena esimweni sokulala, uphakama okwesikhashana
ngaphezu kwezinkinga ezihlotshaniswa nokunamathela
.emzimbeni kanye nokuhlangenwe nakho kwawo
Isimo esikhulu yilesi sokuthinta ukuqonda okuphakeme
ngokuzindla okujulile nokuqaphelayo. Kumelwe sinqume
ukuthi akukho lutho oluzophazamisa ukuthula kwethu noma
.lusiphuce ukuthula kwethu
Uma ingqondo igxila ngokuphelele ezimweni zokuphila,
ayikwazi ukubona ubunjalo bangempela bomphefumulo

ongokomoya ojabulayo. Kodwa uma senza izinto ngesikhathi
esifanayo sikhumbula ukuxhumana kwethu okuseduze
noNkulunkulu, ukuthi ukukhanya Kwakhe kusizungezile
nokuthula Kwakhe kuhlala ngaphakathi kithi, khona-ke
izenzakalo ngeke zisithinte, futhi izimo ezimbi ngeke
.ziphazamise ukuthula kwethu

Umuntu kumelwe aqaphe izifiso zakhe. Umuntu odlayo
uyadla, njengoba kwenza umuntu ongokomoya onemikhuba
yokuziphatha ehlelekile. Ingabe-ke kuvumelekile ukusho
ukuthi ukudla kuyisono ngoba nje kuvame ukuhlotshaniswa
?nokuminza

Isono sisemicabangweni, ezinhlosweni. Umuntu odlayo
uyadla ukuze anelise indlala yakhe, kanti umuntu
ongokomoya uyadla ukuze agcine umzimba wakhe uphilile,
.futhi kunomehluko omkhulu phakathi kwalokhu okubili
Ukuze umuntu ahlukane phakathi kokulungile
nokungalungile, kumelwe azihlole futhi azibuze ukuthi lokho
azokwenza kulungile noma akulungile. Kumelwe sithembeke
.ngokuphelele kithi ngokwethu

Uma umuntu ethembekile kuye ngokwakhe, cishe ngeke
enze iphutha, futhi noma enza kanjalo, uzokwazi ukulungisa
inkambo yakhe ngokushesha. Kufanele siqondiswe
unembeza wethu kulokho esikwenzayo ngoba unembeza
.ungamandla okuqonda angaphakathi kithi

Kungakhathaliseki ukuthi sinemisebenzi eminingi
kangakanani kanye nezibopho, akumelwe sikhohlwe
ukukhulula izingqondo zethu ngokuphelele ngezikhathi
ezithile ezinkingeni kanye nazo zonke ezinye izinto
.ezisikhathazayo kanye nezinto esizikhathazayo
Zama ukungacabangi imicabango emibi umzuzu
owodwa ngesikhathi, ugxile ekuthuleni kwangaphakathi,
ikakhulukazi uma ukhathazekile futhi uzizwa ucindezelwe
ukukhathazeka

Wabe esenweba isikhathi imizuzu embalwa, ekhumbula
izenzakalo ezithile ezijabulisayo kanye nezikhathi
Khumbula izinkumbulo ezimnandi ezakushiya ubambe
ongezansi bese uzama ukuziphinda kuzo zonke
imininingwane yazo, futhi kancane kancane uzothola ukuthi
usukhohliwe ukukhathazeka kwakho nokuthi ukwesaba
.kwakho sekuphelile

Ukwakha imvelo yangaphakathi
Uma umuntu efuna ukwakha indawo yangaphakathi
enempilo, kumelwe azijwayeze izikhathi zokuthula hhayi
ukuhlekisa ngaso sonke isikhathi, futhi ajabule, ajabule, futhi
.amamatheke

Inkulumo engenalutho ichitha imizwa emihle, futhi ifana
nenhlamvu eqeda amandla ayo ngokukhuluma ngezinto
ezingabalulekile nezingenamsebenzi, ngaleyo ndlela
ibangele ukulahlekelwa yinsiza yengqondo ebalulekile
.nebalulekile

Ukuqaphela kufana nesitsha sobisi; uma kugcwele
ukuthula kokuzindla, imicabango ecwengekile, nemizwa,
kufanele kugcinwe kugcwele Ukungacabangi kanye
nokukhuluma okufana nopholi kuyizinto zokuzijabulisa
ezingamanga ezidala imigodi ezinhlangothini zesitsha
sokuqonda, okubangela ubisi lokuthula kwangaphakathi
.ukuba luphume futhi lulahleke

Lokhu akusho ukuthi umuntu kufanele abe nolaka
ngokweqile, athathe izinto ngokungathi sína, futhi abe
mnene, kodwa kunalokho kusho ukugwema ukugcona,
ukugcona, ukuhleka usulu, kanye nenkulumo
.engenangqondo nengacabangeli

Ngisakhumbula ukuqeqeshwa okuhle engakuthola
kubantu abakhulu. Lapho sikhuluma futhi sixoxa,
:babesitshela

Buyelani ezinqabeni zenu zangaphakathi futhi"
ningazibulali ngokuzithandela, ukuze nilahlekelwe ukuqonda

kwenu okungokomoya futhi ukuthula kwenu kubaleke kini
".ningabuyi

Kwakungelula ukuthi siqonde ngaleso sikhathi, kodwa
manje sengiyaqonda indlela yokuthula abasifundisa yona

Amadiphozithi okuthula

Uma umuntu eqhubeka nokubhala amasheke
ngaphandle kokufaka imali kwi-akhawunti yakhe
yasebhange, imali yakhe izophela futhi ibhalansi yakhe
.izophela

Ngokufanayo, uma umuntu engafaki ukuthula njalo
empilweni yakhe, amandla akhe, ukuthula, kanye nenjabulo
kuzoncipha futhi ekugcineni kunyamalale, okuholela ekuweni
ngokomzwelo, ngokwengqondo, ngokomzimba,
nangokomoya. Ukuzindla ngoNkulunkulu nokuzwa ubukhona
Bakhe obubusisiwe kugcwalisa amandla ethu angaphakathi
futhi kusigcwalise ngazo zonke izinto ezibalulekile
.ezidingekayo

Esikhundleni sokuphila esikhathini samanje kuphela,
sizama ukuphila esikhathini esidlule kanye nesesikhathi
esizayo ngasikhathi sinye, okubeka umthwalo osindayo
engqondweni, kuyikhathaze futhi kunciphise ikhono layo
lokubhekana nezinto ngempumelelo Yingakho kufanele
sinciphise umthwalo wethu wengqondo. Isikhathi esidlule
sihambile unomphela, ngakho kungani siwugcina
?engqondweni yethu

Vumela ingqondo ibhekane nemithwalo yayo ngayinye
ngesikhathi, hhayi konke ngesikhathi esisodwa. I-swan idla
kuphela okuqukethwe okuqinile koketshezi eluqoqa
ngomlomo walo; ngokufanayo, kufanele sigcine
ezingqondweni zethu izifundo esizifundile esikhathini esidlule
.futhi sikhohlwe imininingwane engadingekile
Lokhu kuzoduduza kakhulu ingqondo. Injabulo yomuntu
wanamuhla ilele ekwandiseni lokho anakho nokuthola

okwengeziwe, kungakhathaliseki ukuthi abanye baswele
.noma bahlupheka kangakanani

Kodwa akungcono yini ngomuntu ukuphila impilo elula,
engenazo izinto zokunethezeka ngokweqile futhi engenaso
isifiso nokukhathazeka okuncane? Akukho injabulo yokujaha
ngokuxhamazela kuze kube seqophelweni lokungajabuli
.ngalokho anakho

Kuyofika usuku lapho abantu bevuka ebuthongweni
babo obungokomoya futhi baqale ukugqama ngaphezu
kwesidingo sabo sezinto ezibonakalayo Kuyofika usuku lapho
bethola ukuthi impilo elula iletha ukulondeka okukhulu,
ukuthula, nokuthula

Ukunqoba izinhliziyi zabantu ngamandla othando
kuwukunqoba okukhulu kakhulu umuntu angakufeza
empilweni

Lezi kwakuyizimpumelelo eziphawuleka kakhulu zabantu
abakhulu abaphilela abanye futhi bafela abanye Labo
abanamandla amakhulu aphilayo abaphilela bona kuphela
basheshe bagubuzelwe yizinto ezingasoze zabonwa. Kodwa
.labo abaphilela abanye bahlala bekhunjulwa phakade
Abaprofethi babengenazo izihlalo zobukhosi zegolide
ngesikhathi belapha emhlabeni, kodwa bahlala esihlalweni
sobukhosi sothando ezinhliziyweni zezigidi. Leso sihlalo
.sobukhosi esingcono kakhulu umuntu angasihlala

Umuntu ufika kuleli zwe ekhala kuyilapho wonke
umuntu ejabula ngokufika kwakhe. Kumelwe asebenze futhi
akhonze ngesikhathi sokuphila kwakhe okwabelwe ukuze
kuthi lapho kufika isikhathi sokuhamba kuleli zwe, ahambe
.emomotheka kuyilapho izwe limlilela

UNkulunkulu wadala leli zwe ukuze isintu sisebenzise
ukuhlakanipha kwaso ukuze sithole ulwazi olungokomoya
futhi siqonde ukuthi uMcabango waphezulu ungamandla
amakhulu, futhi la mandla kufanele aqondiswe ngendlela
.efanele ukuze kuzuze thina nabanye

Ukube uNkulunkulu akasinikanga uthando ngokutshala
uthando Lwakhe ezinhliziyweni zethu, besingeke sikwazi
.nhlobo ukwazi uthando lwabantu
Njengoba uNkulunkulu enomusa futhi esithanda
kangaka, kufanele abe yinhloso yethu kanye nomgomo
wokufuna kwethu. Akafuni ukuzibophezela kithi, kodwa
akukho njabulo engatholakala ngaphandle kokucabanga
.Ngaye nokuxhumana Naye

Indlela engaqondakali umzimba nengqondo esebenza
ngayo, esihlukanisa kuzo zonke ezinye izidalwa, kanye nazo
zonke ezinye izimangaliso empilweni, kufanele yanele
ukusishukumisela ukuba siyifune futhi siyithole Labo
abazama ngobuqotho nangobuqotho bazophumelela
.emzamweni wabo futhi bafinyelele umgomo wabo
Ngesikhathi ngiqala le ndlela, impilo yami ekuqaleni
yayinesiphithiphithi futhi ingahlelekile, kodwa ngemizamo
ephindaphindwayo kanye nomzamo oqhubekayo, amafu
aqala ukucaca futhi izinto zaba sobala ngendlela
emangalisayo. Konke okwenzeka kimi kwakuwubufakazi
obuqand' ikhanda bokuthi uNkulunkulu ukhona kanye
.nethuba lokuxhumana naye nokumazi kule mpilo

O, ukuthula nokuthula okutholwa ngumfuni lapho ethola
uNkulunkulu! Umhlaba uzokhanya futhi umomothoke, konke
kuzolunga, futhi akukho lutho oluyokwazi ukufaka ukwesaba
.enhliziyweni

Yile ndlela okumele sibhekane ngayo nezinselele futhi
silwe impi yokuphila ngesibindi nesibindi esifanele
.abantwana bokuphila nokukhanya

Uma sinomuzwa wokuthi kufanele senze izinto eziningi
kakhulu ngesikhathi esisodwa, siyacasuka kakhulu
Esikhundleni sokukhathazeka ngokuthi yini okufanele
:yenziwe, kungcono ukuthi

Lesi sikhathi ngedwa, futhi ngizokwenza konke"
engingakwenza ngaso ngaphandle kokuvumela ingcindezi
"inginqobe

Iwashi alikwazi ukushaya amahora angama-24
ngomzuzu owodwa, futhi ngokufanayo, awukwazi ukwenza
ngehora elilodwa lokho okudinga amahora angama-24
ukukwenza

Kumelwe senze umzamo owanele wokwenza lokho
okudingeka sikwenze esikhathini samanje futhi sikwenze
ngokuthula nangaphandle kokucindezeleka, futhi ikusasa
.lizozinakekela lona

Jabulela umzuzu wamanje bese uzama ukuvumelana
nokudlidliza kokuthula

Uma wenza lokhu kaningi, kulapho uzozizwa khona
amandla abusisiwe ngaphakathi kuwe asebenzela inzuzo
.yakho, acebisa impilo yakho futhi akwenze ujabule
Ukubhekana nokwesaba nokukhathazeka

Ukukhathazeka kuvela enhliziyweni ngenxa yokuzwa
ubuhlungu Ngakho-ke, siyabona ukuthi ukwesaba kusekelwe
kokuhlangenwe nakho kwesikhathi esidlule Mhlawumbe
umuntu uwile esikhathini esidlule waphuka umlenze,
ngakho-ke wesaba ukuphinda okuhlangenwe nakho
okufanayo

Ukugxila njalo ezivivinyweni ezinjalo ezibuhlungu
kukhubaza intando kanye nemizwa, okungase kuholele
ekuweni nasekuphukeni komlenze futhi! Ngaphezu
kwalokho, lapho inhliziyo ikhutshazwa ukwesaba, amandla
omzimba ehla aye ezingeni eliphansi kakhulu, okuvumela
amagciwane ezifo ukuba ahlasele umzimba futhi abangele
.umonakalo

Akukho muntu ongakwesabi ukugula. Ukwesaba
kwanikezwa umuntu njengethuluzi lokuqapha ukuze
amvikele ebuhlungwini, futhi injongo yako kwakungekona
.ukukukhulisa nokuhlala kukho njalo

Ukuhlala ukhathazekile ngokwesaba kuvimbela imizamo
yethu yokugwema ubunzima nokuxazulula izinkinga
esibhekene nazo. Ukwesaba okulinganisewe kusekelwe
ekuhlakanipheni, njengokucabanga ukuthi ukudla okuthile
akunampilo naphezu kokufuna ukukudla. Ukwesaba ukugula
kumelela ukugula. Abantu bazilethela ukugula
ngokucabanga ngakho. Uma uhlala wesaba ukubanjwa
umkhuhlane, uzoba sengozeni enkulu yokukuthola,
.kungakhathaliseki ukuthi wenzani ukuze uwugweme
Ungavumeli ukwesaba kukhubaze intando yakho kanye
nemizwa Lapho ukukhathazeka kukuhlula ngokumelene
nentando yakho, usiza ekwakheni okuhlangenwe nakho
okwesabayo Akuhlakaniphile futhi ukuchitha isikhathi
esiningi nabantu abakhuluma njalo ngezifo zabo kanye
nobuthakathaka Ukugxila kulezi zinto kungatshala imbewu
yokwesaba engqondweni yakho
Labo abesaba ukuthola isifo sofuba samaphaphu,
umdlavuza, noma isifo senhliziyo kufanele basuse lokhu
kwesaba emicabangweni yabo, funa kubalethele lezo zimo
.ezingathandeki
Ngokuphathelene nabagulayo nasebekhulile, badinga
indawo emnandi nejabulisayo ngangokunokwenzeka,
phakathi kwabantu abanesimo sengqondo esiqinile
nesiqondile, ukuze babakhuthaze futhi baphakamise
.imimoya yabo ngemicabango nemizwa emihle
Imicabango inamandla amakhulu Izisebenzi
zasesibhedlela azivamile ukugula ngenxa yokuzethemba
kwazo; empeleni, imicabango yazo enamandla ivuselela
amandla azo futhi ibanikeze amandla aqhubekayo
Ingoma Yokulangazelela
Ngikufisela inhlanhla enkulu, ngiphakamisa izingoma
zenhliziyo yami kuwe
Ngibeka phambi kwakho yonke ingcebo yami
engokomoya

Ngikuoqele uju lothando olungenamkhawulo
nokwethembeka okungantengantengi
Emaseli kanembeza wami; konke okwami kungokwakho
futhi

O Nkosi, ngomile ehlane lamathemba amanga nezifiso
ezingenamsebenzi

Futhi manje sengiphuzile futhi ngaqeda ukoma kwami
emithonjeni yothando lwakho nokuthula

Angisenawo nhlobo ukomela izifiso zasemhlabeni

Ngizwa umoya wakho ovunguzayo, onephunga
elimnandi ugeleza kimi, futhi ngiyaqabuleka

Futhi amakhandlela enjabulo yami akhanya
ngokukhanya kwenjabulo yakho

Ngacishe ngafa ngenxa yokoma nokukhathala

Phakathi komlingo wezindawo ezikhohlisayo zomhlaba

Futhi manje ngicwiliswe emagagasini ajabulisayo omoya
wakho obusisiwe

Ngifuna ukuminza olwandle lwakho olungcwele ngiphile
!phakade kuwe

Ulimi lwezimbali

UNkulunkulu ungumculi omkhulu kunabo bonke

Ubuhle bayo obuphelele bubonakala ebuhleni bezimbali

Yeka ukuthi kuhle kanjani ukucabanga ngaye noma nini

!lapho sibona izimbali nama-rose

UNkulunkulu akabonakali

Nokho, ukhuluma nathi

Ngezimbali

Nezinkulungwane zezinye izidalwa ezinhle

nezithandekayo

Futhi kusenza sigcwale iphunga laso elimangalisayo

Uqinisekisa ubukhona Bakhe kithi nsuku zonke

ngezidalwa Zakhe

Izimbali zadalwa ngenhloso ethile

Ukhonza wonke umuntu ngobuhle bakhe, inkonzo

ethobekile

Sakhuluma ngezimangaliso zikaNkulunkulu ngaphezu
kwanoma yini enye
Imbali ngayinye ilandisa indaba yayo ejabulisayo yokuba
khona kukaNkulunkulu
Izimbali bezilokhu zisetshenziswa amakhulu eminyaka
Hhayi nje ukuhlobisa, kodwa ukwembula iphunga
nobuhle bukaNkulunkulu
Singakuzwa ukuba khona kukaNkulunkulu ngezimbali
nama-rose
Ngoba yonke imbali iyisakhiwo saphezulu lapho sibona
khona ukubonakaliswa kukaNkulunkulu
Umuhle othanda ubuhle
Cabangani ngezimbali zasendle, ngisho noSolomoni
.enkazimulweni yakhe yonke
Wayegqoke njengomunye wabo
Ukukhathazeka: Uhlobo lwabo nendlela yokubhekana
nabo
Ukukhathazeka akusizi ngalutho, kumane nje kuthwalisa
izinhliziyi zethu ukukhathazeka okwengeziwe
Uma uhamba noma uqeda usuku lwakho lomsebenzi,
khohlwa ngakho. Ungakugcini engqondweni yakho bese
.uthatha uhambe nakho ekhaya
Ukukhathazeka kwakha ungqimba olukhulu lwamafu
amnyama, amnyama azungeze ingqondo, okwenza umuntu
akhubeke ngoba indlela yawo ayicacile futhi ayilula Kumelwe
sifunde ukuthembela kakhulu kuNkulunkulu Lona isayensi
ngokwayo kanye nomthetho waphezulu ohlala njalo
ongashintshi noma oshintshayo Noma ubani owenza konke
angakwenza futhi ngesikhathi esifanayo efuna usizo
lwaphezulu uzosuswa izithiyo endleleni yakhe, ubunzima
bobunzima buncishiswe, futhi uNkulunkulu uzobavulela
iminyango {Noma ubani obeka ithemba lakhe kuNkulunkulu,
uzokwanelisa} {Phonsa ukukhathazeka kwakho eNkosini,
futhi izokuphatha}

Yazi—kwangathi uNkulunkulu angandisa ulwazi lwakho

—ukuthi kuhlale kukhona indlela yokuphuma ebunzimeni
nasezinkingeni zokuphila Uma sima kancane futhi sizindle,
futhi sicabange ngokucophelela ngokuqeda imbangela
yokukhathazeka kwethu esikhundleni sokucabanga ngakho,
uNkulunkulu uzosivulela iminyango futhi asiqondise
.ezindleleni esingakaze sizicabange

Abantu abaningi beza kimi ukuzokhuluma ngezinto
ezibakhathazayo, ngakho-ke ngiyabacela ukuthi behlise
umoya futhi bazindle, bafune usizo lwaphezulu, futhi
bangacabangi ngezinye izindlela zokuxazulula izinkinga zabo
.baze bazizwe beqiniseka futhi benokuthula okungokomoya
Uma ingqondo izolile, ukuthula kwaphezulu kwehlela
emphefumulweni, futhi ukholo luqiniswa, izixazululo
zezinkinga zizovela njengelanga eliphuma ngemuva
.kwezintaba

Ukungazinaki izinkinga akuqinisekisi ukuthi zizoqedwa,
.futhi ukukhathazeka ngazo akulethi imiphumela emihle
Zindla uze uzizwe uzolile, bese ucabanga ngenkinga
yakho bese uthandaza kuNkulunkulu ngobuqotho ucele
usizo. Gxila enkingeni, futhi uzothola ikhambi ngaphandle
.kokukhathazeka noma umzamo onzima
Umthandazo osuka enhliziyweni noqotho uyohlala
uphendulwa nguNkulunkulu. Kodwa uma umthandazo
ungenziwa ngentshiseko nangobuqotho, kusobala ukuthi
.ngeke uphendulwe

Wonke umuntu uyaqaphela ukuthi ngesinye isikhathi
esinye sezifiso zakhe sagcwaliseka ngenxa yomthandazo
Uma isifiso siphenduka isifiso, sithinta inhliziyo
kaNkulunkulu futhi unikeza lokho okufiswayo
Uma uNkulunkulu ethanda okuthile, yonke imvelo
iyasabela entandweni Yakhe

UNkulunkulu uyaphendula uma siphendukela kuye
ngenhliziyu yonke, ngokholo olujulile nokuzimisela
okungantengantengi

Ngezinye izikhathi uphendula ngokufaka umqondo othile
ekhanda lothile ozosebenza ukufeza isifiso sakho noma
.ukwanelisa isidingo sakho
Umuntu onjalo usebenza njengendlela esezandleni
zikaNkulunkulu yokufeza umphumela ofiselekayo
Abantu abazi ukuthi la mandla amakhulu asebenza
kanjani
Isebenza ngokubala okunembe kakhulu, ingashiyi
"ndawo yokuthi "uma" noma "uma kungenjalo
Yilokhu okushiwo "ukukholelwa ezintweni
"ezingabonwayo
Futhi uzomnakekela lapho engalindele khona
Kusukela ezingomeni zomphefumulo
Izihlahla ziyabubula
Futhi umoya uyaqhuma
Futhi ilanga liyamamatheka
Futhi umfula ugeleza
Futhi amazulu aphakama phezulu
amabala abomvu apinki
Futhi umhlaba ushintsha ingubo yawo emnyama
Amadayimane agcwele izinkanyezi
Ukugqoka emini
Isudi yegolide ekhazimulayo
Imvelo iyahlobisa futhi iyahlobisa
Ngemibala ejabulisayo yezinkathi ezilandelanayo
Futhi umfudlana ogelezayo
Awukaze uzame ukukhuluma
Ngamazwi anomsindo wokungakhulumi
Ngomcabango ofihliwe
Futhi kuvela ekujuleni komphefumulo
Futhi izinyoni ziyahlabelela
Futhi uzama ukuvuma
Ngezindaba ezingaziwa
Kuyanyakaza ngaphakathi kuye
Kodwa umuntu

Uyakwazi ukukhuluma nokuchaza
Ngamagama acacile nacacile
Mayelana nalokho wonke umuntu ahlulekile ukukwenza
Mayelana nokukudalula
Mayelana neNkosi Yendawo Yonke
Yethula yonke indawo
Ukukhulisa ulwazi
Indawo yethu yangaphakathi yengqondo yakhiwe
ukuxhumana kwethu nendawo yethu yangaphandle kusukela
.ezigabeni zokuqala zokuphila
Lesi simo sangaphakathi kanye nemikhuba yengqondo,
ngaphezu kwezifiso kanye nokuthambekela okubunjwe
yizimpilo zangaphambilini, kuvame ukuqondisa izenzo zethu
.kanye nokuziphatha kwethu ngendlela ezenzakalelayo
Ngokuphathelene nokuvuselelwa kwengqondo, noma
ukuphakanyiswa kokuqonda kusuka emzimbeni kuya
emoyeni nasemaqinisweni angokomoya, ekuqaleni kokuphila
umphefumulo uyakujabulela ukuzibonakalisa nokuveza
izifiso zawo ngomzimba, futhi ngenxa yalokho uba
.yisiboshwa somzimba
Kumelwe siziqeqeshele ukuphila ezingeni eliphakeme
kunezinga lomzimba. Ukuthuthukiswa kwengqondo
kuhlobene kakhulu nokukhula ngokomzimba noma
ngokwezinto ezibonakalayo. Ngakho-ke, ngokusho
kokuziphendukela kwemvelo, umphefumulo udlula ezigabeni
eziningi ukuze ufinyelele ezingeni lokuqwashisa ngokomoya,
okuchaza ukuthi kungani impumelelo yezinto ezibonakalayo
.ifinyelelwa kuqala, kulandelwe impumelelo yengqondo
Impumelelo yengqondo ngokungangabazeki iyazuzisa,
njengoba ngayo sifunda ukuguqula izidingo zomzimba zibe
ukulondaka okungokomoya
ukujika okuyingozi
Izinkinga ezibhekene nomhlaba namuhla azidalwanga
nguNkulunkulu Kunalokho, ziwumphumela weminyaka
eminingi yokucabanga okunephutha kanye nezenzo

ezingalungile zesintu sisonke. Lokho abantu
.abakuhlwanyelayo, kumele bakuvune
Umuntu usefinyelele endaweni eyingozi yokuguquka
futhi umi endaweni lapho kungahlangana khona izindlela.
Angazibhubhisa ngezindlela zempi azisungulile noma
aphendukele endleleni yokuphila ephakeme futhi alethe
uNkulunkulu empilweni yakhe ngokulandela izindinganiso
zokuziphatha, zokuziphatha nezingokomoya ezikhuthazwa
.abaprofethi nezazi. Ukukhetha kungokwethu
Sekuyisikhathi sokuba isintu sichaze isikhundla saso
futhi siqume ukuthi iyiphi indlela okumele siyithathe:
kungaba ukuya esiphithiphithini nasekubhujisweni noma
ukuya emibonweni ephakeme yomhlaba wonke efunwa
yizinkolo zasezulwini ukuze kusindiswe imiphefumulo
.nomhlaba ekuhluphekeni nasezinhlekeleleni
Uma umuntu edlala indima yakhe ngendlela okufanele
ayidlale ngayo, futhi ephefumulelwe yimithetho yobuhle,
uthando kanye nokuziphatha okuhle, khona-ke ubumnyama
buzonyamalala ngokuqinisekile futhi ubumnyama
.buzonyamalala
Akukho sizathu noma isizathu sezehlakalo ezibuhlungu
ezibonwa yizwe, noma ubudlova obungenangqondo
obenzeka kuwo wonke amazwe. Isizathu salokhu konke
ukuthi isintu siphambukele kude noMdali waso futhi
.salahlekelwa ukuxhumana kwaso kwangempela naYe
Abantu ababoni sizathu esinengqondo sokungakhiphi
imizwa yabo emibi ebuhlungu nokukhulula intukuthelo yabo
kwabanye, futhi bacabanga ukuthi okuwukuphela kwendlela
.yokuxazulula izinkinga ukusebenzisa izikhali nokubulala
Kodwa uNkulunkulu, abaprofethi baKhe, kanye
namadoda akhe amakhulu bafuna abantu baphile
ngokuvumelana futhi babambisane ekulungeni
nasebungcweleni

Ubuwena bakho bangempela bunezimpende ze-cosmic.

Lezi zimpende zithola amandla azo emthonjeni we-cosmic,
okunguNkulunkulu, umsuka wawo wonke amandla akhona.

Ubuwena obuncane, obulinganiselwe, noma "ubugovu,"
buyingxenye encane kakhulu yalokho okungakhishwa
.ngaphakathi futhi kubonakaliswe ngokoqobo

Ubuwena bakho obubalulekile buqukethe amandla
angenamkhawulo alinde ukusebenza, ukusetshenziswa,
nokuzuza kuwo

Bonke othisha abakhulu bathi ngaphakathi komzimba
kukhona umphefumulo ongafi, okuyinhansi yokukhanya
kukaNkulunkulu egcwalisa ukuba khona futhi isekele yonke
.indalo

Uyazi ukuthi abantu bachitha kanjani izimpilo zabo?

Bambalwa kithi abaziyo indlela efanele yokuphila, nokuthi
singazuza kanjani empilweni uma siyitshala
.ngokuhlakanipha nangokwezimali

Okokuqala nokubaluleke kakhulu, kumelwe siqaphele
isikhathi sethu Isikhathi siyadlula futhi sinyamalale
singakaqapheli, yingakho sivame ukwehluleka ukwazisa
ukubaluleka kwesikhathi uNkulunkulu asinike sona

Yeka isikhathi esichithwayo ezeni! Futhi yeka ukuthi
bambalwa kangakanani abamayo ukuze bacabange futhi
bacabange ngalokho impilo engasinika kona Abantu
abaningi abacabangi ngokujulile nhlobo; bachitha izimpilo
zabo bedla, belele, futhi bezitika ngokuzijabulisa, bese
.beshiya leli zwe bengenalutho abangalubonisa

Kubalulekile ukuhlukanisa phakathi kwezidingo nezinto
ozifunayo Izidingo zangempela zimbaleka kakhulu, kodwa
izinto ozifunayo azinakubaleka Ukuze sithole inkululeko
nokuthula kwangaphakathi, kumelwe sibhekane nezidingo
zethu futhi siyeke ukuphishekela izifiso ezingapheli
nokuphishekela injabulo yezwe edlulayo, njengesimanga

sasehlane esingamniki ukudla owomileyo futhi singamnelisi
.owomileyo

Uma umuntu ethembela kakhulu ezimweni
zangaphandle ukuze athole injabulo, kulapho ephambuka
khona kakhulu ekubhekaneni nayo. Ukuhlakulela
nokukhulisa isifiso sokunethezeka kuyindlela eqinisekile
yokwanda kokungajabuli nokugqilazwa yizinto
.ezibonakalayo

Kumelwe sinciphise izidingo zethu futhi sichithe isikhathi
sethu sifuna injabulo yangempela noma injabulo
engokomoya

Umphefumulo awushintshi; uyisidalwa saphakade
esifihliwe ngemuva kwesihengo sokuqonda komuntu
okulinganiselwe, esigcwele zonke izinhlobo zobuhlungu,
.ukwehluleka, nokufa

Kumelwe siphakamise isihengo esikhohlisayo
sokungaguquki noshintsho bese siphumula esimweni sethu
saphakade Kumelwe sakhe ukuqonda kwethu edwaleni
lokuqina nokuthula kwangaphakathi, okuyisihlalo sobukhosi
sokuthula kwaphezulu esidlula ukuqonda, bese sinambitha
umthombo wenjabulo omnandi ogeleza emithonjeni yoMoya
ebusisiwe, imini nobusuku

Injabulo ingatholakala ngokuzithiba, ukuhlakulela
imikhuba yokuphila elula kanye nokucabanga
okucwengekile, kanye nokonga imali, noma ngabe sithola
imali engaphezu kwalokho esikudingayo ukuze
sihlangabezane nezidingo zethu eziyisisekelo. Kufanele futhi
.selulele isandla kwabanye futhi sibasize ekuzisizeni bona
Kukhona umthetho ongabhalwanga othi noma ubani
osiza abanye ukuba bathole ukuchuma nenjabulo uzothola
usizo emithonjeni engalindelekile, futhi ukuchuma nenjabulo
yabo kuzokwanda Lona umthetho ohlala njalo futhi
ongaguquki, futhi babusisiwe labo abaphila ngawo, ngoba
bayoba phakathi kwabantu abajabulayo. Akungcono yini
?ukuphila kalula nokucebisa emoyeni

Ukukhanya phezu kokukhanya uNkulunkulu uqondisa}

{ekukhanyeni Kwakhe amthandayo

{Futhi ukukhanya kukhanya ebumnyameni}

Ngemuva kokukhanya ngakunye esibanini esincane
sikagesi kukhona ugesi onamandla, futhi ngaphansi kwawo
wonke amagagasi amancane kulele ulwandle olukhulu oluye
.lwaba amagagasi amaningi

Lokhu kusebenza nakubantu UNkulunkulu wadala
abantu wabanika inkululeko yokuzikhethela kanye
nokukhetha Kodwa abantu bayakhohlwa umthombo kanye
namandla uNkulunkulu awabeke ngaphakathi kwabo
Akukho mkhawulo wamathuba akhona kuleli zwe, noma
intuthuko umuntu angayifinyelela kanye nemingcele
.angafinyelela kuyo

Uma siqala ukuqonda umuntu ngokuphelele
nangobukhona bakhe, siyaqaphela ukuthi akayena umuntu
ongokwenyama
Ngaphakathi kwakhe kulele amandla amaningi, amandla
awo awasebenzisayo ngamazinga ahlukahlukene ukuze
azivumelanise nezimo zaleli zwe. Futhi amandla ala mandla
makhulu kakhulu kunalokho umuntu ojwayelekile
.akubonayo

I-Springs and Sips: I-Oasis Yothando Olungcwele

Ngizodonsa amandla

Kusukela emthonjeni wokukhanya kwelanga okugolide

Ngizophuza ukuthula

Kusukela emithonjeni yobusuku besiliva obukhanyiswe

yinyanga

Ngizophuza amandla akho

Kusukela endebeni yomoya onamandla

Ngizophuza ulwazi lwakho ngenjabulo nenjabulo

Kusukela ezinkomishini zemicabango yami ejulile

necashile

Ekukhanyeni kwakho okubusisiwe
Ngizohlala ngiphapheme kuze kube phakade
Ukubuka ubuso bakho obubusisiwe nobukhona kukho
konke

Ngamehlo aqaphile phakathi neminyaka emide
yaphakade

Ngifune uthando lukaNkulunkulu
Enhlabathini engenalutho yemizwa yabantu

Kwaze kwaba yilapho ekugcineni ngithola

Esigodini sothando olungcwele

Umthombo wakhe awusoze wome

Nkosi, ngisize ngithole ifa lami lasezulwini

Futhi ukuze ngiphile impilo yabangafi

!O Wena Onothando Nongcwele Kakhulu

Noma ubumnyama bokungazi kwami budala

njengesikhathi uqobo

Nokho, ake ngiqaphele

Lokho ngokusa kokukhanya kwakho

Ubumnyama buzonyamalala ngokuphazima kweso

Sengathi akuzange kwenzeke

Intukuthelo kanye nomphumela wayo empilweni

Nakuba umuntu ovamile engenalo inkumbulo eqondile

yokuhlangenwe nakho komphefumulo wakhe, uyingxenye

yendawo yonke futhi kumele avuselele impilo yakhe

ngezikhathi ezithile ngemisinga yokuphila eqabulayo evela

kuYena Oyedwa, umthombo wokuphila, uthando, neqiniso

.elingashintshi noma elihlukanisayo

Uma umfuni ehlonipha isimiso seQiniso ngomcabango,

ngezwi, nangesenzo, uzivumelanisa nendalo noMdali. Wonke

umuntu ohlangana nalo muntu oguquke ngokomoya

ucebiswa ngokomoya ngokudlidliza kwakhe okungokomoya

.okuvumelanayo, yize lokhu kucebiswa kushintsha ngezinga

Lowo mfundi ukhululekile ezintweni ezimbili ezibuhlungu

kanye nokuhlobana okungqubuzanayo, futhi ekugcineni

uyafaneleka ukungena esiphephelweni sokugcina: iqiniso
.eliphelele

Ukungabikho kwentukuthelo kuyindlela esheshayo eya
ekuthuleni kwangaphakathi Intukuthelo ivela
ekukhungathekeni kwezifiso, futhi umuntu ongenazo izifiso
akanayo intukuthelo

Lowo ongalindeli lutho kwabanye futhi aphendukele
kuNkulunkulu ukuze afeze imigomo yakhe futhi agcwalise
izifiso zakhe ngeke abe nenzondo noma intukuthelo
ngabantu aphila nabo, futhi ngeke alimaze imizwa yabo
(Ukumamatheka kumfowenu kuyisipho) kanye (Hamba
kuqala uyobuyisana nomfowenu)

Indoda ehlakaniphile yanelisekile ngolwazi lwayo
oluqinisekile lokuthi uNkulunkulu ungumphathi nomphathi
wazo zonke izindawo, futhi ayicabangi ukuthi izinto zenzeka
ngengozi, ngakho-ke ayinalo intukuthelo, inzondo egxilile
.kanye nemizwa yobutha

Leli zwe liyizwe lokuhlobana, futhi abahlakaniphile
bazivumelanisa nentando kaNkulunkulu futhi bavumelanise
izenzo zabo nezimo. Ngezinye izikhathi bangase babonise
ukungajabuli okunesibindi noma ngisho nobudlova uma
kuvimbela abenzi bobubi ekulimazeni abangenacala. Kodwa
abahlakaniphile abanalo inzondo nganoma yimuphi umuntu,
kungakhathaliseki ukuthi ukungazi kwabo kukhulu
kangakanani noma ukuthi iziphambeko zabo ziningi
.kangakanani

Umuntu ozaziyo angase athukuthele isikhathi eside
noma esifushane, kodwa ngokushesha ubuyela
ekukhululekeni nasekuzoleni kwakhe okuvamile
Intukuthelo yomuntu ovamile ayinakususwa ngamandla
okuzimisela futhi ngokushesha, kodwa inhliziyo emsulwa
yomuntu ongenazo izifiso zezwe ayizizwa intukuthelo futhi
.ayibonisi

Intukuthelo iyiphutha elivame kakhulu kubantu, futhi
iphazamisa ukuthula emindenini naphakathi kwezizwe

Labo abavame ukuqhuma intukuthelo abathandwa
yimindeni yabo, futhi lokhu kuqubuka kwentukuthelo
okuqhubekayo kunomthelela omubi empilweni yabantu futhi
kuvame ukuholela ebudloveni Lapho abantu bevumela
intukuthelo ngokungazi, inani elikhulu labo lenza
ubugebengu, liya ejele, noma ligwetshwe ukufa
Ngokuvumelana nesimiso sokuzivikela, bonke abantu
kumele bafunde ukuhlakanipha, ukucabangela imiphumela,
nokulawula intukuthelo yabo

Labo ababamba intukuthelo yabo futhi bathethelele
abantu - futhi uNkulunkulu uyabathanda labo abenza okuhle

Ukufinyelela ibhalansi yengqondo
Ukuhlobana kokuphila (ukuzalwa, ukufa, injabulo,]
nobuhlungu) kunqotshwa yilabo ababuka leli zwe
ngengqondo elinganiselayo. Ngempela, lokhu kusekelwe
Bhagavad- [emoyeni ongcwele olinganiselayo ngokuphelele
Gita 4:9

Ukuhunyushwa kanye nokuphawula
Ukulinganisela kwengqondo kungatholakala
ngokuzijwayeza izivivinyo ezingokomoya ezisiza
ekuphenduleni ingqondo ngaphakathi, lapho i-yogi ithola
khona isimo esilinganiselwe senjabulo engaguquki Lapho
ikwazi ukubonakalisa lesi simo sangaphakathi ngesikhathi
sokuvuka, iba msulwa futhi isekelwe emoyeni wendawo
.yonke

Abahlakaniphile bathi umuntu ojwayelekile unephutha
ngenxa yokusebenzisana kwakhe nezinzwa nobudlelwano
bokuphila, njengobuhlungu nenjabulo, ukushisa nokubanda,
ukuphila nokufa Yilabo kuphela abangahlukanisa
ngokuzithandela ukuqonda kwabo nemizwa yezwe
abakhululekile ngempela ebubini obuphazamisayo bezinzwa,
futhi yibo abathola ukuphumula emoyeni waphezulu, bethola
.ukuthula okuphakade

Ama-yogi athola injabulo engcwele ezimweni
zokuqwashisa kwangaphakathi, okuqaphelayo,
nokuphakeme amsulwa futhi axhumene nomoya we-cosmic
Umuntu ongaqeqeshiwe ubuka izithombe ezinyakazayo
zaleli zwe futhi ugibela amagagasi enjabulo nokudabuka,
ukuphelelwa yithemba, intukuthelo, ukungabi nandaba,
noma ukunganaki olwandle lokwazi kwakhe ngaphandle
.kokubona inyanga yomphefumulo ibonakala kulolo lwandle
Lapho amagagasi anomsindo okuqonda ehla, indoda
ehlakaniphile olwandle oluzolile olungaphakathi ibona
isithombe senyanga engcwele ngaphandle kokuphazamiseka
Ukucabanga okungekuhle kuyisitha
Uma kufanele unqobe okuthile, kufanele uqonde ukuthi
kungani kufanele ukunqobe. Akumelwe nje ukulahle futhi
uziqhelelanise nakho, kodwa futhi kufanele uqede
ukucabanga ngakho futhi ukuxoshe emicabangweni yakho.
Ukucabanga okungekuhle kuyisitha esinamandla okumele
.sinqotshwe
Uma ushintsha ukugxila kwakho kusuka ekuqapheleni
izinzwa kuya ekuqapheleni okungokomoya, uzothola
ukunqoba futhi uzilethele injabulo. Impumelelo
isemqondweni
Umuntu akufanele abe yisisulu sokweqisa Jabulela
izinto, kodwa ungazivumeli zikugqilaze. Khululeka. Yiba
nomusa, ubungane, ujabule, futhi ujabule, futhi ube yinkosi
.yakho ngaphansi kwazo zonke izimo
Ukwenza noma yini umuntu athanda ukuyenza akuyona
inkululeko, kodwa kuwukusebenzisa kabi inkululeko
Inkululeko ivela ekulandeleni umthetho wokuzibusa,
okungukuthi, ukuzithiba
Inkululeko yangempela isho ukwenza konke
ngokuhlakanipha
Inkululeko incane futhi ayijulile ngaphandle
kokuhambisana noNkulunkulu nemithetho Yakhe

Ukuphila kwabantu abaningi kulawulwa yizifiso,
izinkanuko, isimo sengqondo, imikhuba, kanye nethonya
lemvelo nezenhlalo

Uma imikhuba engokwenyama iqala ukulawula
ingqondo, kuba nzima ngomzimba ukulalela imiyalo
yentando. Umkhuba omuhle ungumngane wakho omkhulu,
kanti umkhuba omubi uyisitha esifihliwe. Ngakho-ke, umuntu
kufanele aqaphele ukuphinda umkhuba noma isenzo, ngoba
ukuphindaphinda kuguqula isenzo sibe umkhuba ngaphambi
kokuba umuntu asiqaphele, futhi umkhuba uba yinto yesibili.
Kodwa-ke, ungashintshwa ngezenzo ezinhle eziqhubekayo

.kanye nokucabanga okuhle, okudala
Sikhulule ekungazini nasemiphumeleni yako
Ungumthombo wazo zonke izinto ezinhle kanye
nomsuka wawo wonke amandla

Nkosi, sibusise ukuze sibonise izibusiso zakho kithi
Empilweni yethu

Ezifisweni zethu zobuhlakani
Futhi ezifisweni zethu ezingokomoya
Ungukukhanya kwezinkanyezi
Amandla kuma-athomu

Nokuqaphela ukujula kobuntu bakho
Sisize ukuthi sizivuselele
Ngamandla akho aphezulu

Ngokuhlakanipha kwakho okungenamkhawulo
Futhi ngobuqiniso bakho obungenamkhawulo
Masiqaphele ukuthi ungumthombo wempilo
kanye nemvelo yokuphila

Futhi umthombo wakho konke ukuqonda
Sikhulule ekungazini nasemiphumeleni yako
Kusukela ebuhlungwini nasekuhluphekeni
Kwangathi isikhukhula sokuhlakanipha kwakho

singakhukhula
Zonke izingcezu kanye nomonakalo wezimpilo zethu
Dabula izimbozo ezisifihlela ubuso bakho

Ake sikubone ngokukhanya okukhulu kakhulu
Kukhona ilanga elingenakubalwa emkhathizwe wethu
Ake sizizwele ubukhona bakho njengamandla avuselela
njalo

Khuthaza ukucabanga kwethu
Futhi sondle imiphefumulo yethu
Futhi kuyawusekela umzimba wethu
Akukho lutho ngaphandle kwakho ongasanelisa futhi
ugcwalise amathemba ethu
Sicela isiqondiso sakho kukho konke esikwenzayo
Futhi uma sinemibono engalungile
Ake sizwe ukunyenyeza kwakho okubusisiwe
okusibuyisela emuva
Endleleni efanele
Busisa izimpilo zethu ngamandla akho okudala
Futhi injabulo yakho yaphakade
O Ophanayo Kunabo Bonke Abaphanayo
Futhi umthombo wakho konke ukupha

Labo abafisa ukuthola ukuqonda okungokomoya kumele
basebenzele ukufinyelela lezo zimo, hhayi ngenxa yezinzuzo
zobugovu kodwa ukuphefumulela abanye ngesibonelo
.sempilo yabo

Labo abafeza imisebenzi yabo ngendlela esiza
ekuthuthukiseni izimpilo zabo ngendlela elinganiselayo
basebenza njengeminyango ebusisiwe nevulekile lapho
abalahlekile nabakhungathekile bangena futhi badlule khona
.baye endaweni yokuthula, injabulo nempumelelo

Laba bantu bayavumelana nesimo sabo esiphakeme
futhi abasebenzeli ukwanelisa izifiso zabo kodwa ukufeza
izidingo zeqiniso, intuthuko kanye nokuhambisana nentando
.yaphezulu

Bangabantu abazidelayo ngempela noma ngabe bahlala
ezigodlweni futhi banezigidi ngoba bashiya izifiso zabo siqu
.ukuze bajabulise uNkulunkulu futhi basize abanye

Umuntu kumele asebenze futhi enze konke
okusemandleni akhe ukuze aphumelele ezivivinyweni
zokuphila futhi anqobe ubunzima bokuphila, kungaba
sezingeni eliphansi lamahlathi noma phakathi kwamahlathi
.empucuko yanamuhla

Amahlathi ayikhaya lezilwane ezidla ezinye izilwane,
futhi amahlathi empucuko agcwele izilo zokwesaba
Izilingo nezifiso ezikhungathekiso, futhi umuntu
kumele azivikele kuzo zonke izitha ezibonakalayo
nezokuziphatha ukuze akwazi ukuhamba ezindleleni
zokuphila okuhloniphekile ngenkululeko, injabulo kanye
nokukhululwa ekwesabeni

Uma umuntu ethola umbuso wenjabulo engokomoya
ehlala njalo ngaphakathi kuye, uzowuthola yonke indawo,
kungakhathaliseki ukuthi usekujuleni kokuthula noma
umsindo womsebenzi, futhi uzozwa izwi likaNkulunkulu
limhlebeli emhumeni wokuzindla kanye nasemasimini
.omsebenzi ngokufanayo

Indaba Yesazi Sefilosofi Nomatilosi

Kuthiwa isazi sefilosofi esasinolwazi oluhle ngefilosofi
kanye ne-logic sasihlose ukusuka kolunye usebe lomfula siye
kolunye usebe, ngakho sabiza umshayeli wesikebhe
owayenesikebhe esincane ayesisebenzisa ukuthutha abantu
.ngaphesheya komfula

Isazi sefilosofi sagibela isikebhe futhi itilosi lasigwedla,
limelana nomsinga onamandla Ngemva kwebanga
elifushane, isazi sefilosofi sabuza itilosi: "Tilosi, ingabe
"?usuyibambile ingxenye yokuqala yeMigomo yeFilosofi
Itilosi laphendula: Cha, mnumzane, angizange
ngikubambe ngekhandla

Isazi sefilosofi sabe sithi kuye: Ngiyadabuka ukukwazisa
ukuthi uchithe amaphesenti angama-25 empilo yakho
.ngaphandle kwenzuzo ebalulekile

Itilosilagwinya inhlamba laqhubeka nokugwedla lapho
befika phakathi nomfula, isazi sefilosofi savula umlomo waso
:ohlabayo futhi sathi

Sawubona Naughty: Usuyibambile ingxenye yesibili
?yeMigomo Yefilosofi

Itilosilaphendula: Mnumzane, angazi lutho ngale
ncwadi, ethi Izimiso Zefilosofi
Isazi sefilosofi sabe sesenza isimemezelo esisha: "Yeka
ishwa! Ngiyadabuka ukukwazisa ukuthi uchithe u-50%
wempilo yakho ungenalutho" Utilosi wacasuka yilobu
budedengu kodwa akashongo lutho, eqhubeka nokugwedla
ngezindlela ezingaphezu kweyodwa, eqalekisa ihora
ahlangane ngalo nesazi sefilosofi esifuna ukwazi. Lapho
isikebhe sesifike endaweni yesithathu yendlela eya phansi
:emfuleni, isazi sefilosofi sabuza umbuzo wesithathu
Sawubona Naughty: Usuyibambile ingxenye yesithathu
?yeMigomo Yefilosofi

Itilosilimpofu laphendula ngesineke esinciphayo:
Ngikutshelile, mnumzane, ukuthi angazi lutho ngefilosofi
Lapha isazi sefilosofi samomotheka ngokumamatheka
(ukukhathazeka nenduduzo), sithi: Ngeshwa, uchithe u-75%
wempilo yakho ngalokho, futhi lokho ukulahlekelwa
.okungenakuphindwa

Umatilosilakazange aphenidule kulokhu kuphawula
kodwa washeshisa ukugwedla kwakhe, enethemba
lokufinyelela osebeni olungaphesheya futhi asuse leyo nto
enukayo nenamathelayo. Ngokungazelelwe, isibhakabhaka
sakhanya ngombani, kwaqala ukuduma, kwana imvula
enkulu eyayinemvula enamandla yasezindaweni ezishisayo,
yadala isiphepho esinamandla esaphonsa isikebhe kuzo
.zonke izindlela

Kwabe sekuyithuba lomatilosilukubuza isazi sefilosofi
:umbuzo, ngakho wathi kuye

Isazi sami sefilosofi esithandekayo, selokhu saqala lolu
hambo, ubulokhu ungibuza imibuzo eminingi, eyodwa emva
?kwenye Ngingakubuza umbuzo owodwa nje
:Isazi sefilosofi saphendula: Yebo, ungakwazi. Itilosi lathi
O, wena sazi sefilosofi esihlonishwayo, onolwazi oluhle
ngefilosofi futhi oye wazibamba ngekhandla izincwadi zayo,
?ingabe uyakwazi ukubhukuda
Isazi sefilosofi saphendula ngezwi elithuthumelayo: Cha,
mnumzane, angazi ukuthi ngibhukuda kanjani
Utilosi wamomotheka wathi kuye: Ngakho-ke ingozi
yethu inawe kanti okunye kusezimpilweni zethu, futhi
kuyangizwisa ubuhlungu ukukutshela ukuthi emizuzwini
embalwa kusukela manje impilo yakho izoba umlando
!ophelele

Ngaleso sikhathi, igagasi elikhulu lashaya isikebhe
lasiphendula, lathumela isazi sefilosofi saleso sikhathi phansi
komfula, kuyilapho umngane wethu wetilosi esebenzisa
izingalo zakhe ezinamandla kanye nokuhlangenwe nakho
kwakhe kwesikhathi eside ekubhukudeni futhi wamelana
negagasi ngokuzethemba nangokuzola waze wafika kolunye
.usebe ngokuphepha

Njengegolide eligqitshwe phansi kodaka
Kusukela ekuqaleni kwendalo, amandla okuhle abelokhu
elwa namandla obubi Kumelwe sikhumbule ukuthi umona,
intukuthelo, ubugovu, nokunye akuveli kithi, kodwa sanikwa
kusukela ekuqaleni. Kungokuhlupheka lobu bubi lapho
ukuhlakanipha kuvuka khona futhi kuzama ukuthola indlela
.phakathi kwalezi zinhlungu

Ukuphela kwendlela yokuthola ukuhlakanipha
kungokuhlangenwe nakho, ngoba ngokuhlangenwe nakho
komuntu siqu siyaqaphela ukuthi ububi yibo obuphazamisa
ukuthula kwethu futhi busibangele ukucindezeleka,
ukuhlupheka, nobuhlungu, futhi ngenxa yalesi sizathu
.kumelwe sisebenzele ukugwema nokukususa

Njalo uma uthola ukuthula ngemva kokucasuka futhi
unquma ukuhlala unomusa futhi uzolile, udeveli uyafika athi:
"Uyahletshwa, pho kungani ungasho into embi noma
"?ebuhlungu njengokubuyisela
Ungavumeli udeveli abe ngumnqobi empini phakathi
kokuhle nokubi

Izwi Elingcwele lihlala lisihlebelela, kodwa ukuze sithole
usizo oluvela kuNkulunkulu kumelwe silalele ngokucophelela
.izwi laseZulwini

Njalo uma uSathane ezama ukusidonsela kuye,
uNkulunkulu uzama ukusidonsela kuye. Umbuzo uwukuthi:
?sizolalela bani, futhi sizozithoba kubani
Akekho ongasilawula noma asithonye ngaphandle
kwemvume yethu, ngoba sinesinqumo nenkululeko
yokuzikhethela uNkulunkulu asinike yona, kodwa inkohliso
.kaSathane ihlala ikhona futhi kumelwe simelane nayo
Amandla okuhle aletha izixazululo ezinkingeni zethu,
kuyilapho amandla obubi ezama ukudala izinkinga
nezinkinga. Ubuhle busho ukukhululwa kuzo zonke izifiso
.zobugovu ezikhipha abanye esikhundleni somuntu siqu
Amandla kaNkulunkulu makhulu kakhulu, futhi amandla
Akhe adlula wonke amandla Ngothando Lwakhe, uzama
ukusidonsela Kuye futhi asikhulule ezandleni zobubi Isintu
simi phakathi: izingelosi ngakwesokudla Sakhe kanye
namandla obubi ngakwesokunxele Sakhe
Njalo lapho umuntu enza isenzo esihle, uNkulunkulu
uyamsondeza; njalo lapho enza isenzo esibi, uSathane
uyamsondeza Kodwa uSathane akanakubambelela kumuntu
kuze kube phakade ngoba wadalwa ngomfanekiso
kaNkulunkulu
Noma nini lapho umuntu ezwa inzondo enhliziyweni
yakhe, makakhumbule ukuthi uSathane uzama
ukumhubhisa, futhi uma ezwa uthando, mazise ukuthi
.uNkulunkulu umbiza kuye

Kunezibonelo ezimbi nezibonelo ezinhle uNkulunkulu
ubonisa izibonelo Zakhe noma amaphethini ukuze
asidonsele Kuye, noSathane ubonisa nezimpahla zakhe
ngenhloso efanayo. Futhi yeka ukuthi umangalisa kanjani
umuntu kaNkulunkulu owaqala ukucula lapho ecabanga
:ngaleyo mibukiso

Ukuphila kumnandi, nokufa kuyiphupho Impilo imnandi,"
nokugula kuyiphupho, lapho ingoma yakho engcwele
"izwakala ekujuleni komphefumulo wami, Nkulunkulu
Ububi nesono akusikho emvelweni yethu, kodwa
kungeniswa kwamanye amazwe futhi kutshalwe
emphefumulweni

Ubuhle bufana negolide eligqitshwe ngaphansi kodaka;
alulahlekelwa yingqikithi yalo, kodwa lukhanya
ngobumsulwa balo bemvelo uma udaka selususiwe
Ngokufanayo, ubuhle ngaphakathi komphefumulo womuntu
buhlala njalo Kungakhathaliseki ukuthi igolide lomphefumulo
lingcoliswe kangakanani udaka oluqinile noluqinile lokungazi,
sidinga nje ukukhuhla lolo daka ngommese wokuhlakanipha
noma silugeze ngamanzi olwazi ukuze sembule ukukhanya
okuhle kwegolide langempela

Ukuvuselela amandla angokomoya
Umphefumulo kumele uvuswe
Kusukela emaphusheni obuthakathaka nobuthakathaka
Futhi ukuthumela ingqondo ezindaweni zokuhlakanipha
Ngokuzindla, ukuzivocavoca, nokuphumula
Ukuzithiba nokudla okufanele

Futhi amandla angokwengqondo angenakunqotshwa,
angenakunqotshwa

Ungavumi ukunqotshwa
Ngoba ukuvuma ukuthi kuwukunqotshwa okukhulu
Unamandla angenamkhawulo
Lawo mandla kufanele asebenze
!Yilokho kuphela okukhona
Ukucabanga okujulile nokujulile

Kuyindlela yokugqashula ezinkingeni
Futhi izinkinga eziningi
Ukuqaphela uNkulunkulu kumele kugxiliswe
Futhi ngemibono ephakeme yokomoya
Ubunzima bungaba buningi
Imithwalo inzima
Kodwa isitha somuntu uqobo
Okusho ukuthi, ubuyena bakhe obuncane noma
""ubugovu

Umphefumulo wangempela awufi
Nakuba okuhlangenwe nakho nezinkinga
kungokwesikhashana futhi kuyashintshashintsha
Umuntu empeleni ungumoya
Ingqikithi engokomoya ihlala njalo futhi ayishintshi
Ungakhipha amandla amakhulu namandla
Ukunqoba ubunzima nezinhlekelele
Futhi zonke izithiyo nezithiyo ezikuvimbe endleleni
yakho

Umcabango ungamandla afana nogesi
izimo zengqondo
Kubuyela emuva ekucabangeni nasendleleni
yokucabanga
Ugesi uwusizo futhi uyingozi
Ngakho-ke ubani owaziyo ukuthi angabhekana kanjani
?nakho

Uyibeka enkonzweni yakhe
Ngaphandle kwalokho, kungase kumbulale ngogesi
Futhi wacabanga kanjalo
Uma kuqondiswa ezindleleni ezifanele
Kuletha injabulo kumnikazi wayo
Ngaphandle kwalokho, kuzomlethela inkinga
Umcabango ufana nehhashi lasendle
Noma kunjalo, ukuyilawula akunakwenzeka

Ukucabanga okuhle kuyindlela eyodwa yokulawula
imicabango yakho

Ukucabanga okunengqondo kungumngane oseduze
Futhi ingqondo egulayo iyisitha esihlala njalo

Ukucabanga okuhluzekile kudonsela ukuthula
nokulondeka

Futhi ingqondo egulayo ikhipha imicibisholo ebulalayo
Ibuyela emuva kumnikazi wayo kabili

Ngakho-ke isisho sithi, umvuzo ufana nesenzo

Uma nje umuntu ethumela izinhloso ezinhle

Imibono yakhe izophenduka izibani

Khanyisa amakamelo omphefumulo

Futhi uxoshe izingqwaba zobumnyama

Ube esezwa umuzwa ojulile wokukhululeka

Amehlo akhe akhanya ngokumamatheka

!kokwaneliseka

ukuzwana nabanye

Isivumelwano sabo asisho konke

Noma ukudela imibono emihle ngenxa yayo

Ngoba le ndlela yokuvumelana ayifiseleki

Akuhambelani neqiniso

Abaguquli kanye namadoda amakhulu abazange

bavumelane

Njengoba benabantu abaningi ababazungezile

Kodwa-ke, bagcina umbono wabo ofanele

Ngoba baqaphela ukuthi lokho ababekwenza

Bekulungile impela lokho

Isimiso akufanele sibekwe eceleni

Futhi hhayi ukusebenzisa izisusa ezicashile ukuze

kufezwe umgomo othile

Ngoba lokho akufanele abantu abanezimiso

?Ubani ongaphila ngendlela ejabulisa uNkulunkulu

Ungalimazi abanye, ngoba abanakho okufanele

bakwesabe

Okokuqala nokubaluleke kakhulu, umuntu kumele abe
nokuvumelana noNkulunkulu
Bese kuba nonembeza, bese kuba nabantu
Kodwa uma le ndlela ingabanelisi abanye
Kwanele ngomuntu ukuba nokuthula ngaphakathi kuye
Uzizwa enokuthula kwangaphakathi okumenza azimele
ngaphandle kokwamukelwa ngabantu
Amandla nesifiso somphefumulo
Ekuphendukeleni kuNkulunkulu
Kubizwa ngokuthi i-spiritual magnetism
Futhi lokhu kukhanga
Umphefumulo udonsela izibusiso kuwo
kanye nokudlidliza okuhle
Futhi konke okuhlangenwe nakho okuhle kwabantu
Okumkhumbuza ngobuhle nokulunga
amandla kazibuthe angokomoya
Yiwo amandla asetshenziswa ngawo
Kudonsela futhi kudonsele umuntu kuye
Abangane abahle
Nezinto ezibalulekile nezibalulekile
Nokuqonda izinto ngendlela eqondakala kalula
Lawa mandla atholakala
Kusukela emandleni akhangayo kazibuthe kaNkulunkulu
Ikhandlela Lokuthula
Thatha isitsha sengqondo usigcwalise ngokuthula
kwakho
Thatha ibhodlela lemizwa yami uligcwalise ngesihe
sakho
Thatha ibhasikidi lami elingenalutho lomphefumulo
uligcwalise ngezithelo zokuhlakanipha kwakho
Thela amanzi othando lwakho emphefumulweni wami,
ukuze ngiwathulule ezinkomishini zomphefumulo owomileyo
Diliza izindonga zobugovu bami futhi ungicwilise
ebukhoneni bakho obuphelele

Ukukhanya kothando kukhanya ngokuvuleka
kwenhliziyo yami, kungikhumbuza ukukhanya kwelanga
kothando lwakho

Ukusabalala esibhakabhakeni sempilo yami
Ukukhanya okukhazimulayo kothando lwakho
kukhanyise umphefumulo wami, kuwukhanyisela, futhi
ukukhanya kwakho kugcwalise isikhala somoya wami
Ungukuphila okusekela umzimba wami, ingqondo
ephefumulela imicabango yami, kanye nokuhlakanipha
okususa ukungazi kwami

Ngikhanyisa ikhandlela elincane lothando lwami ukuze
ngifunde incwadi yegolide ebilokhu igcinwe ngaphakathi
kwami kusukela ezikhathini zasendulo

Uthando lwakho lwaluyikhandlela lokuthula
elingabonakali futhi lisalokhu liyikhandlela lokuthula elixosha
ubumnyama futhi lingibonise imiyalezo yakho
Ibhulogi isemakhasini ezinhliziyiyo

Umkhawulo wokungapheli
Ngemva kokukufuna ngokuphindaphindiwe
Nokuzulazula okuqhubekayo emahlathini ezimfihlo
zakho ezimangalisayo

Ekugcineni sengifinyelele onqenqemeni lokungapheli
Ngokuzethemba nangokubekezela, ngabiza igama lakho
elingcwele

Futhi kungazelelwe umnyango wokuba khona kwakho
wavuleka

Lapho phakathi nendawo
Futhi esihlalweni sobukhosi semibono ekhazimulayo
ngakubona

Ukuzwa kwami kwakungavumelani
Ngezwi lakho lokudala nelisungula izinto ezintsha
Bengikulangazelela ukuzwa izwi lakho
Khona-ke umlingo wokuthula kwakho wangena kimi
Futhi ngokuhleba okunengqondo
Wangifundisa ulimi lwezingelosi

Futhi umhlango omusha wahluleka
Ngikuhlasele ngemibuzo yami kanye nemibuzo yami
:Isikhathi sasendulo njengesikhathi uqobo
"?Kungani, O Nkulunkulu, isono nokuhlupheka"
?Kungani kukhona ukukhohlisa nokukhohlisa
Ngakho-ke ngathatha imisebe yendawo yakho engcwele
Uhlobo lwezinhlamvu ezikhanyayo
Ngithumela izimpendulo zakho eziyiqiniso
nezithembekile kimi
Umniki wenduduzo nenduduzo
Manje, ethempelini laseSalami eliyinqayizivele
Ngiyakujabulela ukuba khona kwakho enhliziyweni
yokuthula
Sixoxa ngamazwi angaqondakali, athule
O Nkulunkulu wezimfihlakalo ezingaqondakaliyo
Ngizokhuluma nawe kuze kube phakade
Ngalo lonke ikhono lokukhuluma nokukhuluma kahle
!enhliziyweni yami
Lapho ukukhanya kwakho kukhanya emphefumulweni
wami
Inkazimulo yakho mayibonakaliswe, Nkosi
Kwangathi ukukhanya kokuhlakanipha kwakho
kungasusa
Ukungazi, ukungezwani, nomona
Kusukela ogwini lomhlaba kuze kube phakade
Guqula ubuthakathaka bethu bube amandla
Futhi sabuthakathaka ekuzimiseleni
Shaja imizimba yethu ngogesi obalulekile
Futhi ugcwalise ingqondo nomphefumulo ngokukhanya
kwakho okuphulukisayo
Bamba isandla sethu ukuze singaminzi emanzini
okunganaki kwakho
Gcwalisa ubukhona bethu ngothando lwakho
nokuhlakanipha kwakho
Masizizwe sengathi siseduze kakhulu nawe

Futhi ilanga lesihe sakho
Kukhanya phezu kwethu njalo

Ngibeka izimbali zemicabango yami ehlekisayo
nephilayo

Esakhiweni sokuthula
Iphunga lakhe elithule liyacula
Futhi uhlabelela ngenkazimulo yakho
Futhi ngokukhanya kokukhanya kwakho okungcwele
Ngiyabona ubuhle bokuba khona kwakho
Amaphupho ami ajabulisayo ayagcwaliseka
Lapho ukukhanya kwakho kukhanya emphefumulweni
wami

Izindwangu zivutha umlilo wokuhlakanipha
Ngakho-ke bheka inkazimulo yakho
Injabulo yami iyakhula
ULwandle Lwezibusiso Zaphezulu
O ukukhanya kwendawo yonke
Nsuku zonke ngikubona uhlobisa isibhakabhaka
ngemibala ekhanyayo
Ngiyakubuka ugqokisa inhlabathi engenalutho ngesilika
ye-emerald

Usekufudumaleni kokukhanya kwelanga
!Futhi ubonakala yonke indawo
Nkosi, ngisize ngibone ubuso bakho esibukweni
sokuthula kwami
Khombisa umbuso omkhulu wobukhona bakho,
!zibonakalise

Fundisa inhliziyo yami ukuthandaza, nomphefumulo
wami ukuzwa
Ukuthi yonke iminyango izovuleka ukuze avele ngayo
Ukuba khona kwakho kuyisibusiso
O Ongcwele Othandekayo
Ngivumele ngiqaphele manje naphakade, ukuthi
wawungowami futhi usengowami kuze kube phakade

Nanka amaphupho amaphutha ami, asenyamalele futhi
angcwatshwe emathuneni okukhohlwa
Ngivukile, ngijabulele ukukhanya kwelanga lokuphila
ngaphansi kwamaphiko akho
Ulwandle lwezibusiso zaphezulu lugeleza kimi
Futhi nginomuzwa wokuthi ngiyindlela okugeleza ngayo
Onke amandla okudala angcwele
Ngibusise, Nkosi, ukuze ngikwazi ukukufuna
Ngikukhathalela ngaphezu kwanoma yini enye
Njengoba nje abaluki bakho benza

Kunezidingo eziningi kanye nezidingo
Umhlaba usibeka phezu kwethu
Futhi kuyasiqinisekisa ngokubaluleka kwayo okukhulu
Futhi ngoba akunakwenzeka ukuphila ngaphandle
kwayo

Noma ukwenza ngaphandle kwazo
Kodwa imfuneko eyisisekelo kumele ibe
Ukuthola ukuthula kukaNkulunkulu
Imithombo yayo ayisoze yome
Umthombo wayo awupheli
Okunikeza konke okusempilweni ukunambitheka kanye
nencazelo

Masikhumbule ukuthi uNkulunkulu uyisisekelo sobuntu
bethu

Futhi lolo thando luyifasitela esibheka ngalo
Ebusweni bakhe obuhle
?Ubani ofisa ukuzwa ubukhona bukaNkulunkulu
Futhi leso sifiso esihle sikhuthazwa emcabangweni
nasezenzweni

UNkulunkulu uzophendula isicelo sakhe
Futhi kuyamsiza ukudiliza izindwangu
Okuvimbela ukubukwa kwezibani ezibusisiwe
Labo abazimisele ukuqhubekela phambili endleleni
Akukho okuzomvimba

Akukho okuzomvimba
Kuze kube yilapho efinyelela umgomo wakhe
Uthola lokho okufiswa yinhliziyi yakhe
Ungavumeli intukuthelo ikulawule

Lo muzwa ujule kakhulu kunalokho obonakala ngaphandle. Umuntu angase akwazi ukulawula ngokufanele ukubonakaliswa kwangaphandle kokuqhuma kobudlova, kodwa abe nentukuthelo ecindezelwe kanye nentukuthelo evuthayo. Lo muzwa ubonakala ngezindlela ezahlukene, njengolaka, ukungahlaliseki, ukubekezela, ukunganeliseki, umona, ukucasuka, ukungajabuli, kanye nokuguquguquka kwemizwa. Eginisweni, cishe wonke umuntu ubhekana nentukuthelo ngezinga elithile.

Intukuthelo, kungakhathaliseki ukuthi injani, ivela ekukhungathekeni ekugcwaliseni izifiso. Uma kungekho injabulo engokomoya, abantu baphendukela enjabulweni ngezifiso zenyama—izifiso ezithwala ngaphakathi kubo imbewu yokukhungatheka nokunganeliseki, futhi ngenxa yalokho, intukuthelo, ebhubhisa imizwa yothando kanye nokugonda okuphakeme.

Ngakho-ke, indlela eqinisekile yokuqeda intukuthelo ukususa imbangela yayo: isifiso Uma umuntu enezifiso eziningi, kulapho ukukhungatheka kwakhe kuzoba kukhulu khona, ngoba akunakwenzeka ukwanelisa zonke lezo zifiso, njengoba izifiso zemizwa zinganeliseki futhi azipheli. Lapho sizama kakhulu ukugcwalisa izifiso noma ukuzwa injabulo yemizwa, kulapho sinamathela khona kakhulu kuzo. Futhi lapho ukunamathela kwethu kuqina, kulapho ubuhlungu bethu bokuncishwa lezo zinto ezibonakala zanelisa izifiso zethu.

Isibonelo, imvelo isifake umuzwa wendlala ukuze sazi ukuthi imizimba yethu idinga ukudla nini. Kodwa ukunamathela noma ukunxanela kwandisa lo muzwa futhi

kuwuguqule ube ukucindezeleka kwengqondo. Uma ulambile njalo futhi uzila ukudla izinsuku ezintathu— kungakhathaliseki ukuthi kungenxa yezizathu zempilo noma ngenye indlela—cishe uzozizwa uthukuthele. Ngakolunye uhlangothi, i-yogi ingahlala ingadli ukudla izinsuku eziningana ngaphandle kokukhathazeka ngokungabikho kwayo ngoba iziqhelise ekuziphatheni komzimba.

Uma siqaphela ukuthi izifiso ziwumthombo wentukuthelo, sifuna ukwazi ukuthi singabhekana kanjani nalezo zifiso ngendlela eyakhayo. Kunezindlela eziningana zokwenza lokhu:

Okokuqala, gcwalisa lezo zifiso

Uma lezo zifiso zingenangozi, akukho lutho olungalungile ngokuzigcwalisa, bese zidlula. Inkinga iwukuthi ukugcwalisa lezo zifiso kungadala ezintsha, noma zingase zibe imikhuba egxilile nelimazayo. Uma uzondla kakhulu lezo zifiso, ziqina kakhulu. Ngakho-ke, umuntu kufanele abe nokuqonda nokugxeka, ngisho nalapho egcwalisa izifiso ezibonakala zingenacala.

Okwesibili, lahla lezo zifiso

Enye yezindlela eziphumelela kakhulu zokunqoba izifiso ukuzilahla engqondweni yakho, futhi lokhu kuba yinto yemvelo njengoba siqaphela ngokwengeziwe ngokomoya Labo abahileleke ezifundweni nasemikhuba engokomoya, isibonelo, balahlekelwa isifiso sokubhema Izifiso zokuzidela ziza lapho umphefumulo uvuka ngokwanele ukuze uphishekele isifiso sokugcina: injabulo ehlala njalo Lapho sithola injabulo engokomoya ngaphakathi kithi, isifiso sezinto ezithinta imizwa siyabuthakathaka futhi sikhulule ukubamba kwaso intando

Singashintsha izifiso ezinamandla zibe amandla anamandla nawokudala azuzisa kakhulu Ngokuvamile, isifiso ngokwaso asisibi; inkinga isekutheni abantu basiphishekela kanjani Uma ubuwazi ukuthi ungayithola kanjani injabulo ngaphakathi kuwe, ubuzothola ukuthi zonke izifiso zakho zizogcwaliseka ngaphandle kokudinga ukugijima uzama izinto ezahlukene ukuze uzifeze.

Lokhu akufanele kuthathwe njengokusho ukuthi akufanele sibe nezifiso Njengabantu, asinakuzibamba kodwa sibe nezifiso Uma nje sisesemhlabeni, imvelo isinxusa ukuba senze okuthile Inselele iwukuthi asivumeli intukuthelo isilawule lapho imiphumela yezenzo zethu ingahlangabezani nokulindela kwethu

Ukuzindla kuyikhambi eliphumelelayo lentukuthelo noma enye inkinga Lokhu kungenxa yokuthi ukuzindla kusenza sivumelane ngokuphelele nemvelo yethu yangempela, sikhululekile kuzo zonke izinhlobo zobubi, okuhlanganisa nentukuthelo injabulo nokuthula kukaNkulunkulu kuhlala ngaphakathi kithi, futhi uma sizindla ngendlela efanele, sithola leyo njabulo nokuthula, futhi intukuthelo iyanyamalala ngokwemvelo ngenxa yalokho Njengoba nje inqwaba yesihlabathi ingenakumelana namagagasi anamandla, nomuntu ontula ukuthula kwangaphakathi akanakumelana neziphepho ezinamandla zobuhlakani

Kodwa idayimane ligcina imvelo yalo ebalulekile kungakhathaliseki ukuthi amagagasi alishaya kangakanani nxazonke. Ngokufanayo, umuntu onomphefumulo omsulwa, njengekristalu ecacile, uhlala ekhanya ngisho noma ubunzima bumzungezile futhi imimoya yokuhlangenwe nakho imnyakazisa ngamandla.

Kungani enqaba izikhundla eziphakeme kakhulu?

Indaba enenjongo

Njengoba kulandiswa nguthisha I-Paramhansa

Ukuhumusha: Mahmoud Abbas Masoud

Ezikhathini ezidlule, amanye amadoda alungile ayehlala endaweni ethule ehlombe lesigodi esiseceleni kwehlathi, lapho umoya wokuthula wawuhlala ukhona khona futhi uthando lobuzalwane lwaluwuphawu lwaleyo ndawo yokubalekela ebusisiwe.

Labo Bazalwane basePurity babephila ngezithelo ezintsha ezazinikezwa yizihlahla futhi basebenzisa izandla zabo ezibambene ukukha nokuphuza amanzi aphilayo, acwebezelayo, agelezayo emithonjeni eminingi yasezintabeni ecacile.

Amehlo abo ayekhanya futhi ecwebezela njengamadayimane ngokumamatheka kwasezulwini okugcwele ukwaneliseka nokwaneliseka, futhi injabulo yayihlezi ezinhliziyweni zabo, ibagcwalisa ngenduduzo ehlala njalo

Naphezu kwakho konke lokhu, omunye walaba bantu ababusiwe wazizwa ejabule kakhulu ngokomoya futhi elangazelela ukunambitha inkazimulo yezwe, noma ngabe okwesikhashana nje kuphela, wabanjwa yisifiso sokuba yinkosi usuku olulodwa, ngakho wavalelisa abafowabo wazulazula waya emnyango kaNkulunkulu efuna injabulo yobukhosi.

Endleleni yakhe, wathandaza kuNkulunkulu ngenhliziyo yakhe yonke, ethi: “O Nkosi, O Wena ophanayo O Wena ozwa imithandazo futhi ugcwalise amathemba, ngicela ukuba uqondise izinyathelo zami esigodlweni lapho ngingajabulela khona injabulo ejatshulelwa amakhosi ngolunye usuku”

Lapho nje eqeda ukuthandaza kwakhe, amehlo akhe awela esakhiweni esihle kakhulu, wabe esezitshela ukuthi: "O, ihora loMuntu Onomusa! UNkulunkulu ugcwalise iphupho lami, futhi injabulo engiyifisayo isiseduze nokubamba kwami" Washesha izinyathelo zakhe waya kuleso sakhiwo esihle kakhulu.

Akukho nogada abamvimbayo, ngakho wangena ngesango elikhulu ngaphandle kwesithiyo, wazulazula emasimini aluhlaza agcwele ama-roses amasha futhi amnandi kakhulu kanye ne-basil ngaphandle kokubona noyedwa umuntu.

Wabe eseya endlini yokudlela yasebukhosini wathola amatafula egcwele ukudla okumnandi kakhulu, elinde ukufika kwakhe Kodwa akabonanga ngisho nenceku eyodwa lapho. Wazitshela ukuthi, "Yeka ukuthi unomusa kangakanani, Nkosi! Unginike lesi sigodlo esihle kakhulu kanye nokudla okuhle okufanele amakhosi. Yilokhu engikucelile kuwe, futhi ungiphile isifiso sami, O Muhle Kakhulu kunabo bonke abanomusa."

Eqiniseka ukuthi uSomandla wayemnike isifiso senhliziyo yakhe, waqala ukucabanga ngezinto ezimjabulisayo, eqiniseka enhliziyweni yakhe ukuthi uNkulunkulu uSomandla ekugcineni wayemnike injabulo yobukhosi ayeyilindele isikhathi eside. Ngaphambi kokudla kwasemini, waya endlini yokugezela yasebukhosini, wageza, wagqoka izingubo zikasilika zikanokusho. Wabe esehlala etafuleni elibizayo waqala ukudla iminikelo yalo emihle nejabulisayo.

Ngaleso sikhathi, izinceku ezazigembula ekhoneni elilodwa lesigodlo zangena, futhi ngentukuthelo enkulu nokukhungatheka, zambuza , zathi: "Ungubani wena ukuba udle ukudla kwenkosi yethu inkosi eye ohambweni lokuzingela futhi silindele ukuthi ibuye noma nini?"

Lapha umngane wethu wayecabanga ukuthi uNkulunkulu uSomandla uyamvivinya, ngakho wathi kubo ngezwi elimnandi: “Ngingumngane weNkosi Enkulu, futhi ngize lapha ngesicelo sakhe somusa ukuze ngijabulele injabulo yobukhosi usuku olulodwa”

Zibona ukuzola kwakhe okungavamile nokuzethemba, izinceku zamthatha njengesivakashi senkosi futhi zamvumela ukuba aqedele isidlo sakhe sasemini sasebukhosini. Ngemva kwalokho, zamyisa ekamelweni lokulala ukuze aphumule, zingazi ukuthi "iNkosi Enkulu" ayeyikhulumile kwakungeyona inkosi yabo yasemhlabeni eyayizingela, kodwa iNkosi uNkulunkulu

Ngemva kwamahora amabili, ummemezeli wafika ngokushesha ukuzotshela izinceku ukuthi uBukhosi buphuzile kancane futhi buzofika ngehora, wabe eseziyala ukuba zidle ukudla okusha nokumnandi okumlindile.

Izinceku zabuza, "iNkosi ayizange yini ithumele isivakashi ukuba sizojabulela ukudla kwayo futhi silale embhedeni wayo?"

Isithunywa senkosi saqaphela ngokushesha ukuthi omunye wama-dervish azulazulayo wayeze esigodlweni engamenywanga, wadla ukudla kwenkosi, futhi manje wayesekhonkotha embhedeni wakhe. Ethukuthele ngenxa yalokhu kuhlambalaza okungakaze kubonwe, wayala izinceku ukuba zilethe izinduku ukuze zikwazi ukuziphula phezu kwale dervish empofu.

Akudingeki ukusho ukuthi, umngane wethu othandekayo wavuka emaphusheni akhe asebukhosini ezwa umsindo wezinduku zimthela phezu kwakhe ngonya zivela nxazonke. Kodwa njengoba izinceku zimshaya futhi zimthuka ngokungaphezi, wayevele ahleke, okwabathukuthelisa kakhulu, ngakho baqhubeka nokuhlasela kwabo waze

walahlekelwa ingqondo. Base bemhudula, equlekile, bemkhipha emasangweni esigodlo.

Umngane wethu ongumDervish wephuzile ukubuyela kubaqowabo, ngakho bamfuna baze bamthola engazi lutho futhi elele ngaphandle kwenkundla yesigodlo. Bamthatha bambuyisela endaweni yabo yokuhlala ethule. Njengoba omunye wabaqowethu efaka ubisi emlonyeni wakhe, wambuza ukuthi usephinde waphaphama yini: "Uyazi ukuthi ubani okupha lolu bisi?" Waphendula wathi: "Yebo, ngiyazi. UNkulunkulu ofanayo owangijezisa kanzima ngokufuna ukujabulela injabulo yasebukhosini usuku olulodwa nguyena ongipha lolu bisi manje."

Abanye abazalwane babonga uNkulunkulu ngokuphepha komqowabo futhi bancoma ukholo lwakhe oluqinile nolungantengantengi kuNkulunkulu, ngokungafani nalabo abakhonza uNkulunkulu ngezikhathi zenkazimulo nokuchuma futhi bamphika ngezikhathi zokucindezeleka nokuhlupheka.

Phakathi naleso sikhathi, iNkosi yabuyela esigodlweni sayo esihle kakhulu yayala ukuba kulungiswe ukudla. Wathukuthela okwesikhashana lapho ezwa indaba yompofu owayenesibindi sokudla ukudla kwakhe futhi engayekanga ukuhleka ngenkathi izinceku zimshaya ngonya ngezinduku.

Ngesizathu esithile, inkosi yathinteka kakhulu yile ndaba, eyayihlupha imicabango yayo. Yayala izinceku zayo ukuba zithole lo mpofu onesibindi futhi zimlethe kuye. Bahamba bayomfuna kuzo zonke izindlela, kodwa kwaba nhlanga zimuka nomoya. Lapho bebuya esigodlweni ngokuphelelwa yithemba, badlula eduze kwendawo yokuhlala yamaDevish bezwa ukuhleka okukhulu. Bashesho bakubona ukuthi ukuhleka kwakhe, ngakho behla ehhashini, bangena ngenkani endlini yokuhlala, babamba indoda enomusa, bayiyisa phambi kombusi wabo.

Lapho inkosi nomDerwish bebhene, umDerwish wahleka kakhulu kunenkosi, njengokungathi wayengenakukwazi ukuvimba injabulo yakhe ngaphakathi kwezindonga zenhliziyo yakhe. Naphezu kwezicelo eziqhubekayo zenkosi zokuthi ichaze ukuhleka kwayo, umDerwish wenqaba ukuphendula, ngisho nangaphansi kokusongelwa ngesijeziso esinzima.

Ngenxa yelukuluku, inkosi yabe isiphendukela ekumthopheni nasekumduduzeni, yamnika isihlalo sayo sobukhosi uma ingamtshela ukuthi kungani ehleka kuyilapho izinceku zimshaya.

Khona-ke i-dervish yakhuluma, yathi:

"Lalela engizokutshela khona futhi ukuqonde kahle uNkulunkulu ungijezisile kakhulu ngokufisa injabulo yasebukhosini ekhohlisayo ngosuku olulodwa nje kuphela. Ngahleka futhi ngiyahleka ngoba ngiphunyukile ngempilo yami futhi ngabona ukuthi uma ngifanelwe yilo lonke leli jeziso ngokujabulela injabulo yasebukhosini amahora ambalwa, kuthiwani ngalabo abangenandaba nomhlaba ngaphandle kwezinyabulo nezinyabulo, ikakhulukazi ezasebukhosini! Mhlawumbe kulokhu kunesifundo nesixwayiso kuwe, Nkosi Yesikhathi, ngoba umthetho we-karma ulindile futhi ikusasa lakho lisendleleni."

Ngokuphathelene nesihlalo sakho sobukhosi onginike sona, impendulo yami ithi: Ngiyabonga kakhulu Zigcinele wena, ngoba angisidingi ngoba ngiyajabula kuNkulunkulu futhi ngiyaneliseka ngempilo yami, futhi angidingi lutho olungaphazamisa injabulo yami futhi luphazamise ukuthula kwami.

Ukuthula makube phezu kwakho

Amazwi nemizwa engokomoya

La mazwi alandelayo avela kuShri Dayamata mayelana
: nothisha uB Ramhansa Yogananda
Ngisakhumbula ukuhlangana kwami kokuqala nothisha
wami engimthandayo Wayenenhliziyo enomusa nenothando
kangangokuthi wonke umuntu ayehlangana naye wayezizwa
njengomngane oseduze, njengokungathi sebejwayelene
isikhathi eside Kwakungelula ukumvulela inhliziyo yakho
kusukela ngomzuzu wokuqala Uthisha ongafi wayenekhono
lokwembula ingqikithi yakhe yangempela yokomoya
Wayeyisibonelo sothando, ubungane, izinhloso ezinhle,
nezifiso ezinhle

:Manje bheka izaga nemizwa
Izimpi zizophela lapho imbewu yothando lobuzalwane
igxila ezinhliziyweni zabantu
*

Izenzo zomuntu zamanje zizonquma ukuthula nenjabulo
yakhe yesikhathi esizayo noma usizi nokungajabuli kwakhe
esikhathini esizayo, njengoba umthetho wesizathu
nomphumela ungenakukhohliswa naphezu kokunganakwa
.noma ukukhohlwa
*

Induduzo yezinto ezibonakalayo iyingxenye encane nje
yempumelelo yangempela, okungafanele itholakale
ngokulimaza abanye
*

Umuntu omkhulu kunabo bonke yilowo othobekile
ozibheka njengongaphansi kwabo bonke abanye. Umholi
weqiniso ulalela abanye, uzizwa sengathi uyinceku yabo
.bonke, futhi akabukeli phansi muntu
*

Uma umuntu ebonakala emomotheka kakhulu,
ubumnyama buyanyamalala Abantu abanjalo basakaza
imisebe yenjabulo ekhanyisa inhliziyo futhi ijabulise
umphefumulo

Zama ukukhumbula nokugxila kuzo zonke izinto ezinhle
empilweni yakho

Ukuphila kuyalala emhlabeni onamafu, kuphupha
ngobuhle ezimbalini, kuvuselelwe ngamandla ezilwaneni,
.futhi kunolwazi lwamandla angenamkhawulo kumuntu

Uthando luyingoma yomphefumulo ezwakala futhi
ihlabelela uNkulunkulu

Usuku ngalunye, umzuzu ngamunye, ihora ngalinye
liyifasitela lapho ungabona khona ubuphakade Ukuphila
kufushane, kodwa kuyaqhubeka futhi akupheli.
Umphefumulo awufi, futhi kulesi sahluko esifushane
sokuphila komuntu, kumelwe uvune lokho ongakuvuna
.esivunweni saphakade

Namuhla, ngizimisele ukungalokothi ngizivumele
ngibuyele odakeni lokuphelelwa yithemba, noma ngigxile
emathembeni angagcwaliseki noma emaphusheni angewona
angokoqobo Esikhundleni sokuzivumela ukuba ngihlale
ngivalelwe futhi ngilinganiselwe, ngizokwenza
ngokuhlakanipha, ngazi ukuthi le ndlela enengqondo
izongiholela ngokwemvelo enjabulweni engiyifunayo

*

Nkosi, ekugubungeni kwelanga okufudumele
ngiyakuzwa ukuba khona Kwakho, futhi emoyeni opholile
ngizwa umoya oqabulayo wokuphila Kwakho ngiyakubonga,
Nkosi, ngokungikhumbula ngisho nalapho ngikukhohlwa,
futhi ngibonga kakhulu ngezibusiso Zakho ezingapheli
Ngibusise ukuba ngiphile ngokukhumbula Kwakho njalo

*

Ngiyazi, Nkosi, ukuthi kunezinto eziningi kuleli zwe
ezibonakala zingcolile, zimbi, futhi zimbi, kodwa olunye
uhlangothi lwendalo oluvezwa yiso langaphakathi
lokuhlakanipha luhle kakhulu, luhle, futhi luhle. Ngakho-ke,
ngizohlala ngizama ukubheka ngeso lokuhlakanipha ukuze
ngibone ngemuva kokushiyeke namaphutha aleli zwe.
Ubuhle bakho obuphakeme obubusa phezu kwabo bonke
.ubuhle

:Isimo esivumelanayo ngamazwi

Ukuzithiba Uthando kwabanye Umusa ezilwaneni
Uthando lwezimfanelo ezinhle Uthando lokuthula nokuthula
Uthando lwabantu abakhulu Uzwela abampofu nabaswele
nokubasiza Ukwethembeka Ukwenza umsebenzi wakho
ngothando nangokuwuhlonipha Uthando lokulunga
nokuguqulwa Ukuba nomuzwa wokuziphatha kahle
nokwenza okulungile Ukuzihlonipha Isizotha Ubumnene
Ukwethembeka Ubukhosi Ukubekezela Ukuthethelela
Ukulandela ezinyathelweni zemiphefumulo emikhulu
nezingqondo ezikhanyisiwe Ubuqotho Imikhuba emihle
Umusa Ubulula nokucaca Ibhalansi Imizwa engokomoya
Ukwaneliseka Uthando lokuhlanzeka ngokomzimba kanye
nokuhlanzeka kwengqondo Ukuthobeka nokugwema
ukuzikhukhumeza Uthando lobuhle Ubulungiswa Ukubonga
Ukuhlonipha izinto ezingcwele 623 MAM

*

Ngemuva kwezithunzi zalokhu kuphila kukhona
ukukhanya okumangalisayo nokumangalisayo
kukaNkulunkulu, futhi yonke indawo iyithempeli elikhulu
.lokuba khona kwaKhe okubusisiwe

*

Uma sicabanga ngokujulile nangobuqotho
ngoNkulunkulu, simthande ngokujulile, futhi simthemba
ngokuphelele, iminyango eminingi iyavuleka phambi kwethu.
Futhi lapho sibona ukukhanya Kwakhe futhi sizwa ubukhona
Bakhe, kungakhathaliseki ukuthi izehlakalo zempilo zimbi
noma zesabeka kangakanani, zingase zintshontshe ukuthula
.nokuthula esikuzwayo phambi Kwakhe

*

Ekuphileni nasekufeni, ekuguleni nasendlaleni, noma
ebumpofwini nasekuhluphekeni, nasezinxushunxushwini,
ezinxushunxushwini nasekuphazamisekeni komhlaba,
.ngizohlala ngiphephela kuwe, Nkosi

*

Ikhwalithi evelele yomoya wokuba ngusomabhizinisi
yiyo ehlukana umuntu emhlabeni futhi imenze akhanye
njengesibani esivuthayo. Abantu abakhulu yilabo abathanda
.ukupha, ukukhuthaza abanye, nokufaka ukuzethemba kubo

*

Izimangaliso ezimangalisayo esizibonayo kule ndawo
yonke zisitshela ukuthi uNkulunkulu ukhona; ubukhona
Bakhe bubonakala kuzo zonke izingxenye zendalo yonke,
.okuwumkhiqizo wengqondo Yakhe yendawo yonke

*

Umuntu owehla entabeni akahlangabezani nokumelana,
kodwa lapho nje efisa ukukhuphukela phezulu, ubhekana
nokumelana okukhulu Ngokufanayo, umuntu oshelela
egodini lobubi akahlangabezani nokumelana kuze kube
yilapho ezama ukubuyela emuva futhi akhuphuke intaba
yobuhle

*

Injabulo yomuntu iyanda ngokuqhubeka enza umzamo
wokuzithuthukisa, futhi njengoba injabulo yakhe ikhula,
.nenjabulo yalabo abamzungezile iyanda

*

Khumbula ukuthi ukungabaza, ubuthakathaka
bengqondo, ukukhathazeka, ukunganaki, isithukuthezi,
ukwesaba, ukukhathazeka, amahloni, ubuvila bomzimba
kanye nokudinwa kwengqondo, ukweqisa kunoma yini,
ukuphila okungazithibi, ukungabi nentshisekelo, kanye
nokuntuleka kwamandla okudala kuyizinto ezimbi
ezivimbelayo ezenza kube nzima ukuthi amandla e-cosmic
adonseleke kumuntu ukuze anikeze umzimba nengqondo
yakhe amandla okuphila; kanti isifiso somsebenzi owakhayo,
ukusiza abanye, isifiso sokudala ngokomoya, ukuzola,
isibindi, isimo sengqondo esingenakunqotshwa nesiqinile,
ukubekezelelana, ukubekezela, nokuthula konke kuyizindlela
lapho amandla e-cosmic angageleza khona futhi akusize
.ubhekane nezimo zokuphila

*

Esinye sezivakashi sacabanga ukuthi ukucabanga
ngoNkulunkulu akunangqondo, ngakho uthisha
:uParamahansa waphendula
Umhlaba uyavumelana nawe, kodwa ingabe leli zwe"
liyipharadesi? Injabulo yangempela ayifanele labo abashiya
uNkulunkulu, ngoba uNkulunkulu uyinjabulo enkulu kunazo
zonke, futhi abakhulekeli bakhe bahlala endaweni yokuthula
kwangaphakathi kulo mhlaba, kuyilapho labo
abamkhohlwayo bechitha izinsuku zabo nobusuku
esihogweni abazenzele sona, beshiswa umlilo wokwesaba
nokudumazeka Ngakho-ke, ukucabanga ngoNkulunkulu
nokusondela kuYe kuyingqikithi yokulunga nomoya
"wokucabanga

*

Abantu bayizidalwa zikaNkulunkulu ezinhle kakhulu,
banikwe ingqondo kanye nekhono lokucabanga; ngakho-ke,
akufanele bachithe isikhathi sabo. UNkulunkulu unike isintu
inkululeko yokuzikhethela kanye nenkululeko

yokuzikhethela, ukuze balahle zonke izifiso zezwe futhi
.bathande uNkulunkulu, obanike lezi zipho

*

Enhliziyweni kukhona imagnethi edonsela abangane
abahle nabathembekile. Imagnethi yobubele nokuphana

*

Izinhliziyiyo zethu ziyizinhlayiya, futhi uthando lwaphezulu
luyintambo ezibambisanayo futhi ezigcina ziseduze komunye
nomunye emqheleni wobunye nokuzwana

*

Masimbonge uNkulunkulu owasibeka kulo mhlaba,
okuyikhaya lethu elikhulu, futhi masiphile ngenjabulo,
ngokuzwana, nangokuvumelana nentando Yakhe ukuze
.ikhaya lethu libe njengoba efisa libe njalo kithi

*

Suka ezixukwini uthole amandla akho kanye nekhono
lakho. Ungavumeli imimoya yakho inciphe, futhi ungayinaki
imibono emibi yezwe. Qhubeka kancane kancane endleleni
yakho, uqiniseka ukuthi amandla kaNkulunkulu
angenamkhawulo anawe, asekela futhi aqondisa izinyathelo
.zakho

Labo abanokuqonda okukhanyiselwe baqoqa ama-rose
nezimbali zeqiniso ezivandeni zolwazi futhi basebenza
ukukhanyisela nokuhlobisa imiphefumulo ngezimfanelo
ezinhle nezicwengekile ezibenza bafanelekele ukungena
.epharadesi lokuhlakanipha kwendawo yonke

*

Akufanele sizonde abanye ngoba behlukile kithi, noma
ngoba imibono yabo ihlukile kweyethu. Futhi akufanele
siphikelele ngokuthi izinkolelo zethu yizo zodwa ezifanele.
Kungcono ukuhlala ndawonye sixoxe ngemibono yethu
ngezingqondo ezivulekile nenhlonipho, sikhumbula ukuthi

abantu abahlakaniphile abaxabani kodwa kunalokho bahlola
.izinto ngokuthula nangokuhluzeka

*

Izinhloso ezinhle zifana nedayimane elikhanyayo lapho
ukukhanya kukaNkulunkulu kukhanya futhi kukhanye khona
empilweni yethu kuphela

*

Siyakucela, Nkosi, ukuba uvuse ilangabi lothando
lwaphezulu ezinhliziyweni zethu futhi wenze imiphefumulo
yethu ikulangazelele futhi ikuthande imini nobusuku. Siphe
uthando lwakho ukuze ngomzuzu esicabanga ngawo,
injabulo igcwalise izinhliziyo zethu futhi imiphefumulo yethu
.ijabule ngokuba khona kwakho

Ngashisa isikhathi esidlule esibuhlungu, ngashaya indiva
imbewu yokukhathazeka nokukhathazeka ngekusasa,
ngahamba phezu komlotha osakazekile wokwesaba
nokukhathazeka

Ibhangela lakho lenjabulo

Yima isikhashana ucabange! Akungcono yini ukuphila
?kalula futhi ucebe ngempela
Imali osebenze kanzima kangaka ukuze uyithole
ingalahleka uma ibhangela lakho liwa kodwa injabulo
engokomoya oyiqongele ebhangela lesinqumo sakho
esingaguquki nokuzimisela okuqinile ayisoze yalahleka; inani
layo lizokhula futhi liphindaphindeke kuphela
Ungumphathi kanye nomtshali-zimali ebhangela lakho
lenjabulo Uma wazi ukuthi ungazifeza kanjani lezi zindima
ezimbili kahle, nokuthi ungaqhubeka kanjani nokwengeza
imali yakho yenjabulo, khona-ke ukwehluleka
.akunakwenzeka kuwe, uNkulunkulu evuma

*

Ekuthuleni kokuthula, iqiniso likhanya phezu kokuqonda
njengelanga elikhanya enkungwini

*

Uma umuntu elahlekelwa yingcebo kuphela,
akalahlekelwa yilutho ngempela, ngoba uma enempilo,
amakhono, kanye nokuphatha okuhle, usengakwazi ukuhlala
ejabule futhi athole imali eyengeziwe Uma elahlekelwa
yimpilo, ulahlekelwa yiningi lenjabulo yakhe Kodwa uma
elahlekelwa injongo yakhe ekuphileni, ulahlekelwa yikho
konke okubalulekile

*

Angibheki muntu njengesihambi kimi, futhi ngiyajabula
ukuthanda wonke umuntu ngalo lonke uthando uNkulunkulu
alubeke enhliziyweni yami, futhi angikwazi ukuhlukanisa
noma ubani esixukwini sami sothando

*

Uma usukwazi ukugxilisa ingqondo yakho ngokuphelele,
izinzwa zakho ziyakwazi ukungena noma kuphi futhi
ukuqonda kwakho kugcwele amandla

*

Umuntu kufanele aziqeqeshe yena kanye namalungu
omndeni wakhe ukuba angahlebi ngabanye noma akhulume
ngamaphutha abo, kodwa kunalokho agxile
.ekuzithuthukiseni nasekulungiseni amaphutha akhe

*

Ukuthuthukiswa kothando olumsulwa
nolungenamibandela phakathi kwendoda nomkayo, abazali
nezingane zabo, umngane nomngane, thina kanye nawo
.wonke umuntu, yisifundo esize ukuzosifunda kulo mhlaba

*

Kukhona labo abahluleka ukufunda ezifundweni
zobuhlungu nenjabulo, bephila impilo egcwele ukuzisola

nokukhungatheka ngoba abazigwemi izenzo eziletha
ukuhlupheka noma ukulandela izindlela eziya enjabulweni.
Bambalwa kakhulu, ngemva kokushiswa yimililo yokungazi,
abagwema ukuphinda ukuziphatha okubangela ukungajabuli
nosizi. Bese kuba nalabo abashukunyiswa kalula yinjabulo
futhi baboshwe ukudabuka, abadinga isimo sengqondo
.esizinzile esibonakala ngokuqonda nokulinganisela

*

Ngaphandle kwenjabulo yangaphakathi, umuntu
uzithola eyisiboshwa sezinkathazo nokukhathazeka. Injabulo
- bangani bami - ayigcini empumelelweni nasengcebweni
kuphela, ngoba injabulo yangempela isekelwe ekubhekaneni
nazo zonke izinhlobo zokwehluleka, ubunzima nezinkinga
.zokuphila ngokukhuthala kanye nethemba lokuhle

*

Impilo enhle, ukusebenza kahle kwengqondo,
umsebenzi owanelisayo, nokuhlakanipha konke kuyizinto
ezibalulekile ekuhlakuleleni injabulo. Umfula wangaphakathi
wenjabulo kumelwe ugcinwe ugeleza ngaphansi kwamatshe
.aqinile ezinhlupheko zokuphila

*

Ukuphila nokufa kuyizigaba ezimbili ezihlukene
zokuphila, futhi isintu siyingxenye yokuphila okuphakade
Lapho umuntu ethola ukuthula nokucaca kwengqondo,
uthinta ingqikithi yakhe engokomoya engenamingcele

*

Uma usebenzisa zonke izindlela zangaphandle
ezitholakalayo kuwe ngaphezu kwamakhono akho emvelo
ukunqoba zonke izithiyo endleleni yakho, uzokwenza lokho
ngokuthuthukisa nokuthuthukisa amandla uNkulunkulu
.akunike wona

*

O Mvikelu Waphezulu, Okhona Konke, lapho amafu empi
ehlisa imvula yegesi nomlilo, yiba yisiphephelo sami
nendawo yami yokuphephela

Ekufeni nasekuphileni, ekuguleni nasendlaleni, ezifweni
eziwumshayabhuqe nasezinhlekeleleni, ekuhluphekeni
.nasebunzimeni, ngizohlala ngifuna isiphephelo kuwe
Ake ngiqaphele ukuthi ngingumoya ongafi, ongathintwa
yizimo zobuntwana, ubusha, ukuguga, kanye nokuqhuma
.okungazelelwe komhlaba

*

Yenza indima yakho ekwakheni ubungane obuhlala njalo
ngokuba umngane weqiniso

*

Ezweni lamaphupho, sikhohlwa amagama ethu,
imizimba yethu, ubuzwe bethu, izimpahla zethu, kanye
nobuthakathaka bethu, futhi ngokungazi sijabulela
inkululeko enkulu, okuyinkululeko yomphefumulo. Kumelwe
sihlakulele ukuqonda okufanayo kodwa okuqaphelayo
.ngaleyo nkululeko yangaphakathi

*

Imisebenzi engokomoya kumele yenziwe ngomcabango
ogxile, kanye nemisebenzi yezwe ngokunakekela
ngokucophelela Umuntu kumelwe agcine izinyawo zakhe
ziqinile phansi futhi ikhanda lakhe liphakanyiswe ngaphezu
kwamafu okungazi, ezindaweni ezikhazimulayo
zokuhlakanipha

*

Ukukhanya kukaNkulunkulu namandla okuvikela kuhlala
kukhanya ngaphakathi kimi futhi kugeleza kimi, futhi
ukuthinta kokuthula Kwakhe kuvule iso lokuhlakanipha
emphefumulweni wami

Ukuphila okungenamithetho kuholela umninikho
enjabulweni nasekungazinzini kwengqondo. Umuntu ophila
impilo engenazo izimiso zokuziphatha ungumuntu ogcwele
ukukhathazeka kwengqondo, kuyilapho lowo ofunda

ukuzithiba nokulawula izinkanuko ezingalawuleki eyazi
.indlela eya enjabulweni yangempela

*

Ngingedwa ngokomoya, izifiso zami ziyaqina, futhi
inhliziyi yami ilangazelela ukuzwa izwi loThandekayo
Ongcwele. Ngizosusa wonke amazwi aqinile ezwe afihliwe
ezinkundleni zenkumbulo yami ukuze ngilalele izwi
elingcwele kakhulu lihlabelela phakade ekuthuleni
.komphefumulo wami

*

Ilanga lothando lwami alisoze lashona ngaphansi
komkhathi wemicabango yami ngawe, futhi angiyikwehlisa
amehlo ami kunoma yini ngaphandle kwakho, futhi
angiyikwenza noma yini engangikhumbuzi ngawe lizenzo
ezizalwa ukungazi nobuwula ziholela emaphusheni amabi
namaphupho amabi asabekayo, ngakho ake ngiluke
amaphupho amnandi kuphela empumelelo enhle, ngoba
.azalwa ngokuphefumulelwa kwakho nesiqondiso sakho

*

Ukuphila ngaphandle kokuqonda kuwukuzibulala
ngokomoya nangokomzimba Babusisiwe labo
abanokuqonda, ngoba ukuqonda kuyisidingo esikhulu
endleleni engokomoya nasemigwaqweni yokuphila
Ukuqonda kuwukukhanya okuqondisayo okukhanyisa indlela
yomuntu futhi kulethe impumelelo Ngaphambi kokuba
umuntu afinyelele injongo ephakeme kakhulu yokuphila,
kumelwe abe nale mfanelo ebalulekile nebalulekile
Ukuqonda kufanele kube amandla aqondisayo kuzo zonke
izimo Kungakhathaliseki ukuthi sibhekene novivinyo
olunzima kangakanani, kumelwe sibe nokuqonda kweqiniso

*

UNkulunkulu akasibangeli ukulimala nobuhlungu;
kunalokho, yithi esizisizayo noma esizilimazayo ngokuqonda
kwethu nokuqonda kwethu, noma ngokungaqondi kwethu
.nokungaqondi kwethu

*

Kumelwe sithandaze kuNkulunkulu ukuba asinike
ukuqonda, kungakhathaliseki ukuthi sibhekene novivinyo
noma izimo esibhekana nazo, ukuqonda kuphela
.okuzosivikela

*

Lapho okuhlangenwe nakho kwami kuba nzima futhi
kube nzima, umzamo wami wokuqala ukuthola ukuqonda
ngaphakathi kimi. Angizisoli izimo noma ngizame ukulungisa
abanye; kunalokho, ngiya ngaphakathi futhi ngizame
ukuhlanza inqaba yami engokomoya, ngisusa noma yini
engase ifihle lokho kukhanya kwangaphakathi, ivimbele
amandla omphefumulo ekubonakaleni, noma iwavimbele
.ekuzivezeni. Leyo yindlela yokuphila ngempumelelo

*

Ukubalekela izinkinga kungase kubonakale
kuyisisombululo esilula kakhulu, kodwa umuntu uthola
amandla lapho ebhekene nomphikisi onamandla Labo
abangabhekene nobunzima abakhuli, futhi ukuzimisela
kwabo akuqini

*

Ukwesaba kuyanyamalala uma sinokuqonda;
ekuqondeni kukhona ukulondeka nokuvikelwa

*

Ngibhekane nezimo eziningi empilweni, futhi ezinzima
kunazo zonke kwakungabantu abangangiqondanga kahle
Ngibone abantu engibathandayo—abantu engibanike
inhliziyi yami—abangiqondi kabi futhi bangiphendukela
Kodwa lokho akuzange kudale ulaka kimi ngoba ulaka
lufiphaza ukuqonda Angizivumeli ukuba ngilinyazwe
ukungaqondani kwabanye Kunalokho, ngizama ukubasiza

uma besabela futhi ngibathumelela izinhloso ezinhle nezifiso
ezinhle

*

Injabulo yami enkulu isekukhulumeni ngezimangaliso
zikaNkulunkulu kulabo abavumelana nami futhi
abangethembayo, kanye nokukhulisa ukulangazelela kwabo
lokho kukhanya kwaphezulu okunginike induduzo,
.inkululeko, kanye nokuvikeleka okungenakuchazwa

*

Zonke izinkinga obhekene nazo kule mpilo zenzelwe
ukukukhuthaza nokukukhuthaza ukuthi wenze umzamo
omkhulu ukuze ufinyelele amazinga aphezulu Thuthukisa
amandla akho okuzimisela ukuze ukwazi ukulawula izimo
zakho esikhundleni sokuzivumela ukuthi zikulawule Yenza
izinhlelo ezinengqondo zempilo yakho ukuze ukwazi ukufeza
zonke izinto ezinhle ofuna ukuzenza nokwazi ukuthi kufanele
uzenze

*

Labo abanamathele kakhulu kuleli zwe bayamkhohlwa
uNkulunkulu, yingakho silahlekelwa yikho konke esikubheka
njengokubalulekile. Umthetho wendawo yonke uyasisusa
noma usisuse ezimpilweni zethu hhayi ukuze usijezise,
kodwa njengesivivinyo sokubona ukuthi siyayithanda yini
.indalo ngaphezu koMdali

*

Labo abanezintando ezibuthakathaka bahlala bethi
"yebo," kuyilapho imiphefumulo emikhulu igcwele "cha"
zokubhala

*

Namuhla ngizovuselela ikhono lami lokucabanga
ngobuhlakani ukuze ngiphumelele kuyo yonke imisebenzi
engihlose ukuyenza, futhi ngokwenza kanjalo ngizobe
ngisebenzise kahle wonke amandla engiwanikwe
.nguNkulunkulu

*

Injabulo yangempela isekelwe ngokuyisisekelo esimweni
sengqondo somuntu. Ukwaneliseka, ukwaneliseka, ukuthula,
.kanye nokuthula konke kuyizimpawu zenjabulo
*

Umuntu kumelwe alwele ukuba nempilo enhle, ingqondo
esebenza kahle, izidingo zokuphila nomsebenzi ofanele,
ukwahlulela okuhle, nokuqonda okufanele, futhi akufanele
azivumele ukuba anqotshwe yindawo noma izimo
.ezingafanele
*

Abantu bavame ukuluka ama-cocoon ababophayo futhi
babophe izintambo ezibabophayo. Kumelwe baqonde
izimbangela zalezi zithiyo ukuze kuqedwe ukutheleleka
okuhamba kancane ezingqondweni nasemizimbeni yabo.
Lokhu kuzoletha ukuvuselelwa kwengqondo, kuvuleke
indlela yenjabulo, ukuvela kokuqwashisa ngokomoya
ekugcineni kwezimpilo zabo, kanye nokuvuka kwamandla
abalulekile ngaphakathi koKuqaphela kumele
kuphakanyiswe ekujuleni kokungazi kuye ekuqondeni
.nasekuqondeni okuphezulu

*

Umuntu okhulisa ukwesaba okukhulu udonsela lokho
azama ukukugwema, futhi ukwesaba okuqhubekayo
kulimaza imizwa futhi kulethe ukugula emzimbeni. Uma
ugcwele amandla, amandla, kanye nobungqabavu, ukugula
.kuyabaleka emzimbeni
*

Umphefumulo ojabulela ingoma yokuba nethemba
awuthandi ukuzwa amazwi aqatha okuphelelwa yithemba,
futhi ingqondo ehlala iqondiswe enkanyezini yokuvuka
ngokomoya iba yingqondo eqinile, egxilile engazi
.ukuntengantenga noma ukungabaza
*

Ngabuka imbali ngokucabangela, futhi ngokushesha
ngakubona, O moya wezindawo zonke. Yayigcwele iphunga
lokuba khona kwakho, amacembe ayo ayecwebezela
ukukhanya kobumsulwa, futhi ukukhanya kwegolide
kokuhlakanipha kwakho kwakhanya enhliziyweni yayo. Isiqu
esincane kanye nehlumela eliluhlaza kwasekelwa ngamandla
akho, futhi izimfihlo zokuphila nokuhlala njalo zalala othulini
lwempova. Ukuthinta kwakho okungenamkhawulo
kwaphefumulela inyosi, yaqala ukuphuza umpe wobumnandi
.bakho
*

Ngibonise izimangaliso zokudala izimfihlo zakho
ezingapheli, ezifihliwe otshanini obuhle kakhulu eceleni
.komgwaqo
*

Bonke ubaba nomama kumele babe nokuhlakanipha
nokuzola kokuba ngubaba kanye nobumnene nobubele
bokuba ngumama, futhi lezi zimfanelo ezimbili kumele
.zilinganisele futhi zihambisane kuzo zonke
*

Ngizosakaza izinkanyezi zenjabulo nethemba ukuze
ngisuse ubumnyama emiphefumulweni, futhi ngizosakaza
imisebe yokubamba iqhaza ngozwela ukuze ngiduduze
.abalilayo
*

Silapha namuhla, futhi kusasa sizokwehla njengamafu—
izithunzi nje ephusheni lendawo yonke. Kodwa ngemuva
kwalesi sithombe esidlulayo nesingapheli kukhona umoya
waphakade, futhi imiphefumulo yethu iyingxenye
.engenakuhlukaniswa nayo
*

UNkulunkulu uyiqiniso elilodwa Kumelwe sithandaze
njalo ukuthi izivivinyo zokuphila zingasithinti ukumkhumbula
kwethu. Uma ngithandaza ngale ndlela, ngithola imiphumela
emikhulu kunanoma yisiphi esinye isikhathi. Khona-ke, noma

ngabe kwenzeka into engathi sína, ayikwazi ukungivimbela
ekucabangeni ngaye; kunalokho, ngizizwa ngiphephile futhi
.ngivikelekile ebukhoneni bakhe obungcwele

*

Impilo lapha ibonakala ingenalutho futhi inesiphithiphithi
kuze kube yilapho sifika ogwini lokuphepha Yingakho
ngihlala ngithi ngilapha ukuzofakaza ngokubaluleka
nenkazimulo yeqiniso eliphelele Akufanele sibeke
amathemba ethu emigomweni yezwe edlulayo kanye nezinto
ezibonakalayo ezibuthakathaka Ukuxhumana okunjalo
okubuthakathaka kusihlukanisa ngokungazi nenhloso yethu
ephakeme, njengoba nje kusihlukanisa nobuntu bethu
bangempela

*

Indawo ezungezile idala ukukhohlisa kubantu futhi
ibenze babe bakhulu emehlweni abo. Umuntu ofisayo
ngempela kumele akhuphuke ngaphezu kwalokho kuqaphela
kwemvelo okwesikhashana nokudlulayo futhi aqaphele
iqiniso elingaphakathi kuye ukuze leli qiniso libe yindawo
.yakhe yemvelo kanye nethonya elilodwa empilweni yakhe

Sicela uNkulunkulu asiphefumulele ngesiqondiso futhi
asiholele kuYe, futhi asisize simthole ngaphambi kokuba
sihambe kuleli zwe Kungakhathaliseki ukuthi sibhekene
nobunzima obunjani kanye nobunzima esibubekezelelayo,
akumelwe siphelelwe yithemba lokuthi usizo lukaNkulunkulu
luseduze, ukuthi uphendula yonke imithandazo esuka
enhliziyweni, egcwele ukulangazelela, nokuthi ngeke
abashiye abathandekayo bakhe noma abashiye ngenxa
.yekusasa

*

Ingcebo ayiqinisekisi impilo, ukuthula kwengqondo,
noma ukukhiqiza. Kodwa-ke, uma sifinyelela ukusebenza

kahle nokuthula, nakanjani sizofinyelela impumelelo
.yezezimali elinganiselayo ngenxa yalokho

*

Ngaphakathi kwakho kukhona ingadi emangalisayo
nemangalisayo yemicabango ecwengekile, enuka iphunga
lothando, umusa, ukuqonda, nokuthula. Izimbali zayo zinhle
kakhulu kunezimbali zasemhlabeni kanye namakhambi
.abonakalayo

*

Uma unikeza uthando lwakho olumsulwa, utshale i-rose
enuka kamnandi, futhi iphunga lalolo thando kanye
nephunga lalolo lwazi lihlala isikhathi eside kunanoma iyiphi
!imbali yasemhlabeni futhi lelo yiqiniso

*

Umuntu akufanele esabe lutho ngaphandle kokwesaba
yena uqobo, ngoba kuyisitha esikhulu sempumelelo nempilo.
Kufaka ubuthi engqondweni, kuveza izinto umuntu
azesabayayo, kwandisa ubuhlungu, kulimaze inhliziyo, futhi
kulimaze uhlelo lwezinzwa nobuchopho. Ngakho-ke,
kumelwe kunqotshwe ngokukholwa kuNkulunkulu,
ukucabanga okuhle nokudala, ukuba nethemba, ithemba,
nokuthembela ekuvikelweni kwaphezulu. Labo abathanda
uNkulunkulu futhi abahamba ekukhanyeni Kwakhe abakwazi
ukunqotshwa ubumnyama bokwesaba, ngoba uNkulunkulu
.unabo, futhi noma ubani onoNkulunkulu unabo uphephile

*

Amaholide aba mahle kakhulu futhi angokomoya
ngokushintshana ngezipho ezingokomoya zothando,
ukuthula, injabulo, ukubekezelelana, kanye nezifiso ezinhle

*

Uma siphendulela izinhliziyi zethu kuNkulunkulu futhi
simnxusa ngothando olukhulu nangokulangazelela okukhulu,
sizomthola eseduze futhi eshesha ukuthethelela nokupha,
ngoba ngokwenza kanjalo sithinta inhliziyo yakhe enesihawu

yomhlaba wonke kanye nothando lwakhe
.olungenamibandela lwaphezulu

*

Impilo yangempela ingaphezu kokudla, ukusebenza,
nokulala nje, ngakho-ke ngizosebenzisa isipho sokucabanga
ukufuna nokuthola uNkulunkulu, futhi ngizosebenzela
insindiso yami ngokukhonza abafowethu nodadewethu
.esintwini

*

Abantu abaningi beze kulo mhlaba bawushiya, kodwa
sisabheka ukuhlala lapha njengento yangempela
njengokungathi sizohlala lapha phakade. Umuntu
ohlakaniphile yilowo ohlala ekhumbula uNkulunkulu, ngoba
ukuzindla ngaYe njalo kuyindlela yokukhululwa kuleli phupho
.lasemhlabeni lokuzalwa nokufa

*

UNkulunkulu ubeke ngaphakathi kithi amandla amahle
namandla okunqoba zonke izithiyo ezisivimbelayo kanye
nezilingo esibhekene nazo, futhi kumelwe sisebenzele
ukuveza lawo mandla angenakunqotshwa namandla
.angapheli

*

Kukhona abantu abangalokothi bashintshe; bayaguga
bebambelele emikhubeni nasezindleleni ezifanayo
zokucabanga. Lokhu kungabizwa ngokuthi izinsalela
zengqondo. Ezinye zalezi zinsalela zingokomoya
ngokwemvelo. Abantu abanjalo baphila impilo efanelekile
nenokuthula kodwa abasebenzeli ekuthuthukiseni ukuqonda
kwabo noma ukwandisa umbono wabo, bahlala bemile.
Abanalo ikhono lokuqonda izidingo, intshiseko, kanye
nezintshisekelo zesizukulwane esisha. Lokhu kungase
kwamukeleke ngandlela thile, kodwa lapho belahla futhi
begxeka isizukulwane esisha ngaphandle kokuqonda, baba
lukhuni ngokwengqondo. Ngakolunye uhlangothi, intsha
eningi iba yizisulu zamaphutha ngoba ayihloniphi imibono

yabadala bayo noma ilalele iseluleko sabo. Bacabanga ukuthi abantu abadala baphelelwe yisikhathi ngakho-ke asikho isidingo sokubalalela noma ukulandela iseluleko sabo ngoba imibono yabo isidala futhi isiphelelwe yisikhathi. Esifiso sabo sobusha sokuba sesimanje, baphula imithetho eminingi emidala ngangokunokwenzeka. Kodwa kumele bakhumbule ukuthi abadala banesisindo nenani; baphile iminyaka eminingi futhi babone futhi bafunde lukhulu. Amalungu esizukulwane esidala nesisha kufanele enze umzamo wokufunda komunye nomunye, ngoba kokubili .izinto zakudala nezintsha zinezinzuzo nezinzuzo zazo

*

Akukho sivivinyo esikhulu ukwedlula ukwazi ukuthi uMdali wethu unathi. Kufanele silindele ukuba khona kwaKhe futhi simlangazelele, ngoba usiqapha ngazo zonke izindlela.

Kungakhathaliseki ukuthi izinkinga zingakanani, kungakhathaliseki ukuthi usizi, izinhlungu, noma izifo zingakanani, masifune induduzo nenduduzo kuNkulunkulu, futhi masicele ukuhlakanipha nesiqondiso kuYe. Uzosiphendula uma nje sithembele kuYe, simthanda, futhi .sifuna usizo lwaKhe

*

Uthando luyiphunga lezimballi eziqhakazayo kanye nengoma ethule yama-roses egubha ubuhle bemvelo Uthando luyingoma yomphefumulo, ihubo lokuphila, kanye nomdanso olinganiselayo wamaplanethi ohambweni lwawo oluhlala njalo endaweni enkulu. Ukomela izimballi ukuphuza imisebe yelanga, ukuqhakaza nokucinywa yi-elixir yokuphila. Ukulangazelela komhlaba ukondla izimpande ezomile ngobisi lwazo nokunakekela konke okuphilayo ngokumunca kwalo. Kuyintando enamandla yelanga yokugcina zonke izidalwa ziphila futhi ziphilile, kanye nesifiso sokuphila sokuvikela nokunakekela abasengozini. Ukumamatheka kobumsulwa okuvusa ububele babazali ngosana kanye nokuzithoba okuzenzakalelayo ezinhliziyweni zabathandi ukunikeza

inkonzo nenduduzo ngaphandle kokulindela ukubuya.
Kungumoya wobungane olungisa izinhliziyi eziphukile futhi
uphulukise amanxeba. Kungukukhala kwenhliziyo
okungenakuchazwa. Yimbongi egcwele uthando ngesintu,
ehlushwa ukuhlupheka kwayo. Yindilinga ekhula njalo
yokusondelana phakathi kwamalungu omndeni owodwa,
ekhula njalo ibe yizindawo ezibanzi kanye nezindawo
ezibanzi. Kungukuhleba kokuphila ezindaweni zezingqondo
ezivulekile kanye isibhakabhaka sezinhliziyi esigcwele
izinkanyezi zemizwa emihle Uthando luyinjabulo
yomphefumulo, imiphefumulo enothando elangazelela
ukuyifinyelela nokuxhumana nayo

*

Yiba nathi, Nkosi, futhi usisize sifeze imisebenzi yethu
futhi sizizwele ubukhona bakho obubusisiwe obuqabula
.inhliziyi futhi bufaka ukuthula nethemba emphefumulweni

Ngaphandle kokuthi usebenzise amabhuleki okuzithiba
ngenkathi ushayela imoto yakho, uzoba ngaphansi
kwemizwa engalawuleki nezifiso ezingalungile ezivela ku-
ego. Kumelwe ukwazi ukusebenzisa amabhuleki uma
kudingeka ukuze uzivimbele ekwenzeni ngokunganaki,
uphambuke endleleni efanele, futhi uwele emgodini
wobuhlungu nokuhlupheka. Sup24

Ukusetshenziswa kabi kwamagama kungenye yezikhali
ezibulalayo nezibhubhisayo kakhulu Imbangela enkulu
yentukuthelo inkulumo enokhahlo nelimazayo Umuntu
kumelwe agweme inhlebo nezingxoxo ezingenamsebenzi,
agweme izingxabano nezingxabano, futhi ahlukane
nokuthambekela kolaka

*

Uma indoda noma umfazi ethukuthela futhi ecasula
omunye, indlela engcono kakhulu yokwenza iwukuba

omunye ahambe futhi agweme ukuphendula kuze kube yilapho isimo sidamba. Uma omunye wabo ekhuluma amazwi abuhlungu, kungcono ukuthi omunye angaphenduli ngendlela efanayo, kodwa ahlale ezolile kuze kube yilapho intukuthelo iphola. Uma umfazi ememeza umyeni wakhe futhi yena ephendula ngokumemeza okukhulu, umyeni uzohlupheka kabili: okokuqala ngamazwi akhe ahlabaya bese kuba yimpendulo yakhe enokhahlo, ekugcineni azilimaze yena kuqala. Lokhu kungaholela esahlukanweni noma eminye imiphumela engathandeki. Kubalulekile futhi ukugwema inkani noma ukuphatha omunye ngokuzehlisa.

Ngesikhathi esifanayo, umuntu kufanele agweme ukubandakanyeka ezingxabanweni nasezingxabanweni, futhi esikhundleni salokho alinde kuze kube yilapho ukuthula .nokuthula kwangaphakathi kubuyiselwe

*

Ungavumeli muntu antshontshe ukuthula kwakho, futhi ungantshontshi ukuthula kwabanye ngokuthuka ngamazwi (noma ngokubhala) Ethukuthele noma ngokushisa kwaleso sikhathi, umuntu angase asho into engafanele, into angazange ayihlose, bese ezisola, kuyilapho omunye umuntu ezokhumbula lawo mazwi iminyaka engamashumi amabili. Ngalo mqondo, inkumbulo iyinto embi. Amandla enkumbulo ayisibusiso uma esetshenziswa kahle, kodwa ayalimaza uma esetshenziswa njengendawo yokugcina izinto .ezimbi ezenziwe kithi

Uma sivuka kuNkulunkulu, sizoqaphela ukuthi impilo yomuntu imane nje iwuchungechunge lwezithunzi nokukhanya okubonakala esikrinini sebhayisikobho ye-cosmic

Sijwayele ukubona izinto izinzwa zethu ezingazibona futhi ziqonde, futhi isikhathi esiningi asiqapheli amandla

angabonakali asizungezile Kodwa yonke imicabango esinayo
idala ukudlidliza okuthile okungabonakali Yingakho umuntu
engakwazi ukufihla ubunjalo bakhe bangempela kwabanye
Uma enze iphutha, uyazi ekujuleni kwenhliziyo yakhe, noma
ngabe ecabanga ukuthi uyalifihla, ngoba umuzwa wokwenza
okubi uhlala emicabangweni, futhi abanye bazolazi ngoba
ukudlidliza kwaleyo micabango kuzozibonakalisa ngandlela
thile ngezenzo zabo Lokhu kusebenza nasezenzweni ezinhle
nasemicabangweni Lapho sicabanga ngoNkulunkulu futhi
siphimisela igama Lakhe—ngokuzwakalayo, ngokuhleba,
noma ngokuthula—sikhipha ukudlidliza okungokomoya ku-
ether, okubiza ubukhona Bakhe obubusisiwe

*

Nkosi, imisebe yothando lwakho ikhanya
ngokulinganayo kuwo wonke amalungu omndeni wakho we-
cosmic. Isintu sinecala ngokuba sobala, singangenwa
ukukhanya, ngenxa yokucabanga kwaso okunephutha.
Kwangathi amandla akho angangena emzimbeni wami futhi
asuse umhwamuko omnyama waleli zwe, ukuze ngibe
yisibuko esicacile, esicwebazelayo esibonakalisa isithombe
.sakho esimsulwa nesikhazimulayo

*

Uthando kumele lube ngokoqobo, futhi uma luvela
enhliziyweni, luba ngokoqobo

*

Uma uphendukela ekukhanyeni kwaphezulu, uzothola
amandla angcwele akwazi ukukhanyisa nokwenza lula
indlela yakho futhi akunike impilo, injabulo, ukuthula,
.inkululeko kanye nempumelelo

*

Uma ukuthola imali kunzima, ukulinganisela
kwengqondo kubaluleke nakakhulu. Umuntu kufanele abe
nomusa futhi azole enkulumweni yakhe, emicabangweni
.nasezenzweni zomzimba

Abantu banezimo ezimbili: uhlobo lwekhaya kanye
nohlobo lwe-salon Ekhaya siyakhululeka futhi sizizwele
ubunjalo bethu bangempela, kodwa sivame ukufisa sengathi
ngabe sigweme ukuziphatha ngendlela yemvelo ngoba
ngokuziphatha siveza izinto ezimbi okungafanele zichazwe,
.ikakhulukazi uma zilimaza labo abasizungezile

Sithatha isimo sengqondo se-salon lapho siphuma
sigqoke kahle, simamatheka kakhulu, kuyilapho imicabango
nemizwa yethu ijikeleza ngaphakathi Ekhaya, sithi,
"Ngicasukile ngothile futhi angikwazi ukubekezelela
ukumbona," kodwa lapho sihlangana nomuntu ofanayo,
siyambingelela ngokuthi, "Sawubona! Unjani?" Le mizila
ephikisanayo yokungavumelani kanye nemizwa engemihle
.ithinta isimiso sezinza nezinye izingxenye zomzimba

*

O Nkulunkulu wami othandekayo
Ngibone ububanzi bakho obungenamkhawulo
ezindaweni zokuthula
Futhi nginambithe injabulo yakho eqabulayo
ngaphakathi kwami
Futhi ngezwa izwi lakho kunembeza wami ovukile
Futhi ngilalele ukuhlebeza kwakho ngemibono yami
engokomoya

*

O Nkosi, guqula amademoni obugovu obubi nobugovu
abe yizingelosi zezifiso eziphakeme, ukungazi okubuhlungu
kuba ukuhlakanipha okubusisiwe, futhi uguqule ubuvila bube
yigolide elicwengekile lempumelelo engokomoya
.ekhazimulayo

*

Nkosi, sihlanze, uguqule ubuthakathaka bethu
nokungenzi lutho kube intshiseko nokuzimisela,
.nemicabango yethu engalungile ibe ukuqonda iqiniso
Luyini uthando?

Uthando luyiphunga lama-lilies aqhakazayo

Futhi ikwaya yama-roses athule

Ukugubha ubuhle bemvelo

Uthando luyingoma yomphefumulo ehlabelela impilo

Futhi umdanso olinganiselayo onesigqi wamaplanethi

Ohambweni lwayo oluhlala njalo oluya esikhaleni
esijulile

Kungukunxanela kwezimbali ukuphuza ilanga

Futhi iyachuma futhi yondliwe yi-elixir yokuphila

Kuyisifiso somhlaba

Ukondla izimpande ezomile ngobisi lwazo

Futhi ukukhulisa zonke izinhlobo zokuphila ngengqikithi
yokuphila

Kuyintando enamandla yelanga

Ukugcina zonke izinto eziphilayo ziphila futhi zisebenza

Kungamandla aqhuba impilo

Ukuvikela nokunakekela izingane ezincane

Ukumamatheka kobumsulwa okuvusa uthando lukababa
enganeni

Futhi ukuzithoba okuzenzakalelayo ezinhliziyweni
zabathandi

Ukunikeza isevisi kanye nenduduzo mahhala

Kungumphumela wobungane

Lowo ophulukisa izinhliziyi eziphukile futhi elapha amanxeba

Kuyibizo enhliziyweni elingachazeki

Uyimbongi egcwele uthando ngesintu

Lowo ohlushwa usizi lwakhe

Kuyisiyingi sokusondelana phakathi kwamalungu omndeni ofanayo

Ukwanda njalo nokwanda kuya ezindaweni ezinkulu

Futhi amasimu abanzi

Kungukuhleba kokuphila

Emiqondweni yezingqondo ezivulekile

Futhi isibhakabhaka sezinhliziyi esigcwele izinkanyezi zemizwa emihle

Uthando luyinjabulo yomphefumulo

Lokho imiphefumulo enothando efisa ukukuthola

Futhi ulangazelela ukumfinyelela nokuxhumana naye

Ngibone impilo

Njengoba ngangihamba phakathi kwamagquma aluhlaza nezigodi ezinotshani

Ukuhamba phakathi kwezihlahla nezimbali

Ngibone impilo idlala futhi ijabulisa

Ngibone imisebe yalo yegolide kudiski yelanga

Ngambona enyamalala emafu

Ngimuzwile ehleka emifuleni ejabulisayo

Futhi ukhala kakhulu ngenxa yamaconsi emvula

Ngimbonile enyakazisa amagatsha emithi

Futhi ama-daisy adansa ngenjabulo

Ngikuzwile kuzwakala ngokukhala kwezinyoni kanye
nokuxokozela kwama-nightingale

Ngibone izithunzi zakhe zigubuzela imithambeka

Amazolo alo amanzisa izinhliziyi zama-roses futhi
aqabule izihlathi zawo

Ngibone utshani obunamazolo bunamathele ezinyaweni
zakhe

Njengoba nje ngimbonile efafaza ukhula lwasensimini

Ngamaconsi othando, kwandisa ubusha nobuhle bayo

Ngizwile umoya wakhe onephunga elimnandi uqhutshwa
umoya wasekuseni

Ngamuzwa ukuthula futhi ngabona izandla zakhe
zisakaza izibusiso

Kuzo zonke izigodi namakhona

Yeka ukuthi impilo imnandi kanjani!

Futhi yeka ukuthi kumnandi kanjani ukuhamba naye

Bambane ngezandla

Emikhondweni yayo ebusisiwe!

Ukuthula makube phezu kwakho

Isiqu esingaziwa noma i-subconscious genie

Njengoba sithuthuka endleleni futhi ukuqonda kwethu okungokomoya kujula, sizizwa sengathi sibhekene nokuphikiswa okunamandla kwangaphakathi. Kodwa lo muzwa umane uyinkohliso; okuphambene nalokho kuyiqiniso. Isimo esingavamile, esididayo, nesingenasisekelo salowo "muntu ongaziwa" ongaphakathi kithi sibonakala sondla ngezinto ezingachazeki ezithathwe ezindaweni ezingaphezu kokuqonda kwethu komuntu.

Lesi sidalwa sibonakala sihlala endaweni engabonakali, futhi singafaniswa nomuntu ovela kwenye iplanethi, oyisimenywa sethu yize singenalo uxhumano naye ngokwezinto esizithandayo, imibono, imikhuba, izifiso kanye nezifiso ezikude.

Lesi sidalwa esingaziwa sibonakala sinemibono mayelana nokuphila kwangemva kokufa okukhulu kakhulu futhi okunembile kakhulu kunokwethu. Kithina kubonakala sengathi sinokuqonda okuncane nje kwezidingo eziphuthumayo nezidingo ezingokoqobo zokuphila kwethu kwasemhlabeni.

Umngane wethu ongaziwa ubonakala engasinaki, ngokungangabazeki ugxile ezimfihlakalo zendawo yonke. Futhi lapho esikhumbula futhi efuna ukusijabulisa, udala ukunyakaza okungavamile, okubonakala kungenangqondo

okusilahlekisela ibhalansi, kuphazamise ukulingana kwethu, futhi kusishiye sididekile.

Sivame ukukholelwa ukuthi lesi sidalwa esingaziwa siyasihleka usulu futhi sihlekisa ngamakhono ethu, njengokungathi sidlala ngezingqondo zethu ngaphandle kokunaka imizwa yethu noma uzwela ngezimo zethu Ngezinye izikhathi kubonakala sengathi kuyasicasula futhi kuyasithukuthelisa, akusinikezi umusa ofanele ukubonga noma izinzuzo ezibonakalayo

Lesi sidalwa sibonakala sinamandla okwenza izimangaliso nezimangaliso zazo zonke izinhlobo, kodwa naphezu kokuba khona kwaso ngaphakathi kithi, kunzima ngathi ukuxhumana naso futhi sizuze emakhonweni aso angenamkhawulo kanye namandla angaphezu kwawemvelo.

Lesi sidalwa esifihliwe singafaniswa nengane eyonakele enikwe ukufinyelela ezimfihlweni zezulu nomhlaba. Sisebenzisa lezo zimfihlo futhi silawula lawo mandla ngendlela ethanda ngayo, ngaphandle kokuvinjelwa noma ukulandisa

Kubonakala sengathi wazi konke, kodwa akazi ukuthi angalusebenzisa kanjani lolo lwazi ngendlela efanele. Izandla zakhe zigcwele ingcebo, ayichithayo futhi ayichithe ngendlela engafanele nangesikhathi esingafanele.

Simbona enika isinkwa kwabomileyo namanzi kwabalambile (futhi epha abangenamazinyo amaswidi)

Uthela abangabongiyo ngezipho futhi uphuca abacelayo izipho

Uyabaxosha labo abambalekelayo futhi abaleke kulabo abalangazelela ukumhlangabeza.

Yimaphi lawo mandla afihliwe ngezinye izikhathi
ahlasela umuntu ngamandla angavamile namangalisayo
agijimisa imimoya nezipoki?

Yimaphi amandla aphakamisa futhi ehlisa izinga
lokudlidliza namandla ngendlela yokuthi asize umuntu
alinganise izinga lokushisa lakhe lapho ephuma ekamelweni
elifudumele ekuseni okubandayo kanye nokuphikisana
nalokho?

Leyo nto engaziwa isebenza ngekhono elingavamile
kangangokuthi ngeke icabangeke kusosayensi
wezokwelapha ohlakaniphile noma kunjiniyela ohlakaniphile.

Kungenzeka yini ukuthi amandla anjalo angaqoqwa
phakathi nalesikhathi esifushane sokuphila kulo mhlaba?

Cha, bangani bami, kwathatha izigidi zeminyaka ukuthi
lowo "muntu ongaziwa" athuthukise lokhu kusebenza
komzimba esikufaka ezinzwa ezinhlanu. Isibonelo,
akunakwenzeka ukuthi ingqondo ephapheme yazi inani
eliqondile likashukela okufanele lifakwe egazini. Uma lelo
nani beliphansi kakhulu noma liphezulu kakhulu, imiphumela
ibingaba yinhlekelele.

Sibhekene ubuso nobuso namandla esiwazi kancane
kakhulu ngawo, futhi kufanele siwazi. Indlela engcono
kakhulu yokwenza lokhu ukuphonsela inselelo lokho
esikufundile kuze kube manje futhi sizilungiselele ngendlela
yomfundisi omkhulu lapho ethi: "Ngaphandle kokuba nibe
njengabantwana abancane, ngeke ningene embusweni
kaNkulunkulu"

Ngamanye amazwi, ngaphandle kokuba umuntu
amukele ubulula bomntwana, ubumsulwa, nokholo lwakhe,
ngeke akwazi ukwenza noma iyiphi intuthuko ebalulekile
ngokomoya.

Ukuzindla ngokwesayensi mhlawumbe kuyindlela elula yokubona lawo mandla angaphakathi afihliwe, kodwa abantu abaningi abanaso isisusa sokuzindla futhi bakhetha ukuthola lolo lwazi ngendlela yabo, noma ngokumane bahlale buthule —noma ngabe imicabango yabo ivunguza njengesivunguvungu kuzo zonke izinhlangothi Abanye bangase bathi, "Kumelwe ngithole lolo lwazi emizimbeni yesikhathi esizayo, futhi angijahi ingqondo yami engaphansi kwengqondo ingangivusa ngolunye usuku, kodwa asikho isidingo sokwenza umzamo oqondile wokukufeza"

Akunandaba ukuthi sineminyaka emingaki, ukuthi sehluleke kangaki empilweni, noma ukuthi abanye bacabangani ngathi Akunandaba ukuthi sithwele ziphi izakhi zofuzo noma ukuthi siphila kuzo izimo ezinjani Akukho kulokhu okubalulekile esivakashini esifihliwe esihlala ngaphakathi kithi Okufunayo nje ukuthi sisivumele sisebenzise imizimba yethu, amandla ethu, izingqondo zethu, kanye nokuqaphela kwethu, futhi sinikele ukulawula zonke izici zokuphila kwethu kukho Yilokhu okumele sikwenze uma sifisa ukufinyelela eziqongweni ezisilindele

Uma sicabanga ngezenzakalo zempilo yethu, akulona yini iqiniso ukuthi siyaqaphela ukuthi amandla afihliwe asiqondisile futhi asisindise ezingozini eziningi? Kodwa ngokushesha nje lapho ingozi idlula ngokuthula, yeka ukuthi sisheshe sikhohlwe lawo mandla!

Lawo mandla awakaze asishiye futhi awasoze asishiya. Njalo uma siwadinga, ahlala ekhona ukusisiza, njengoba nje uthisha omkhulu asho: "Nginani kuze kube sekupheleni komhlaba"

Uma sifunda umlando wamadoda nabesifazane abakhulu kuzo zonke izizukulwane, siyaqaphela ukuthi kuzo zonke izehlakalo, kungakhathaliseki ukuthi zincane kangakanani, futhi kungakhathaliseki ukuthi

kwasetshenziswa yiphi indlela, kungakhathaliseki ukuthi ngomthandazo oqotho noma ukuvuma okujulile, umphumela wawuhlala ufana.

Lesi siqhwaga esiboshiwe ngaphakathi kithi siqhubeka sihamba, silwela ukugqashula unomphela nini futhi sizosikhulula ngamabomu nini futhi silandele inkululeko nokunqoba?

Ake siqale manje futhi sinike ithuba i-giant yangaphakathi, futhi sizobona ukuthi impilo izoba mnandi kangakanani nokuthi izokhanya kanjani ngezibani zenjabulo nokunqoba, ngosizo lukaNkulunkulu.

Ukuthula makube phezu kwakho

Izigcawu ezivela eNdiya kanye nombono

I-India iyizwe elincane kakhulu emhlabeni ngazo zonke izindlela. Liyizwe elinazo zonke izinhlobo zemimoya, izimo zezulu, izinkolo, amabhizinisi, ubuciko, abantu, izindawo, izilimi namasiko.

Impucuko yaseNdiya iqala emuva ezinkulungwaneni zeminyaka, futhi ababusi bayo, izihlakaniphi, kanye nabaqondisi bayo bashiye amarekhodi afakazela ukuba khona kanye nobuqiniso bempucuko yama-Aryan eNdiya naseSindh.

Izivakashi eziningi zaseYurophu zivakashela iNdiya futhi zibona izazi zemilingo, abaphethe izinkemba, kanye nabathakathi bezinyoka emigwaqweni yayo, bekholelwa ukuthi lokhu kungcono kakhulu eNdiya, bengazi ukuthi lezi

zibalo azimeli ingqikithi yangempela yeNdiya Ukuphila kwangempela kanye namandla eNdiya kusesikweni sayo esingokomoya, esiye senza ingxubevange yezinkolo nezinkolelo kusukela ezikhathini zasendulo

Kuyiqiniso ukuthi iNtshonalanga ingafundisa iNdiya imikhuba eminingi emihle, izindlela kanye nezimiso zokuhweba, kanye nentuthuko yemithombo yemvelo kanye neyabantu. Futhi kuyiqiniso ukuthi iNdiya idinga abaholi abanombono njengoHenry Ford noThomas Edison. Kodwa umhlaba waseNtshonalanga nawo ngokwazi noma ngokungazi womele izifundo ezingokoqobo nezingokomoya iNdiya eye yazikhethela zona kulo lonke umlando.

Isayensi ithuthuke kakhulu emadolobheni aseNtshonalanga, yenza intuthuko esheshayo kangangokuthi izidingo zabantu zezinto ezibonakalayo—indawo yokuhlala, ukudla, nezingubo—zitholakala kalula. Kodwa-ke, induduzo engokwenyama nengokwenyama ayanele ngaphandle kwenduduzo yengqondo, ukuthula, nenduduzo engokomoya.

Ifa elikhulu nelicebe kakhulu eNdiya lisezindleleni nasezindleleni ezingokomoya ezitholwe yizazi ezingokomoya zaseNdiya ezinolwazi nezikhanyiselwe phakathi namakhulu eminyaka Leli fa liye laba negalelo futhi liyaqhubeka nokufaka isandla emasikweni angokomoya nawesayensi esintu.

I-India iyizwe lezimfihlo, kodwa lezi yizimfihlo ezivula izinhliziyi zazo kuphela kulabo abazwelana nazo, labo abafuna iqiniso ngobuqotho nangobuqotho.

I-India izigqaja ngezintaba eziphakeme kakhulu nezinhle kakhulu emhlabeni: i-Himalayas Darjeeling enyakatho ye-India ivame ukubizwa ngokuthi iSwitzerland yaseNdiya ngobuhle bemvelo obumangalisayo. Iphinde ibe namanxiwa

asendulo ezingaba eziyingqayizivele, izingaba, nezigodlo zezikhulu eDelhi, kanye noMfula iGanges obanzi kanye nezintaba zaseHimalaya, kanye nemihume yazo kanye nezindawo zokukhosela zokuzindla nokuzindla ngokukhanya nokuhlakanipha kwaphezulu.

Idolobha lase-Agra eNdiya liziqhenya ngesinye sezimangaliso zomhlaba, iTaj Mahal, isiqongo sobuciko bokwakha kanye namaphupho amahle kakhulu esintu, ahlanganiswe ngemabula ecwebezelayo kanye ne-alabaster enhle kakhulu, egcina uthando lwabantu lungapheli.

I-India futhi inamahlathi amnyama namahlathi aminyene lapho izingwe namabhubesi zihamba khona. I-India nayo inesibhakabhaka esiluhlaza esiba sihle kakhulu ekushoneni kwelanga lapho imisebe yelanga iphenduka inqwaba yamalangabi avuthayo e-orange.

I-India futhi inezinhlobo eziningi nemibala yezithelo nemifino yasempumalanga kanye nezinhlanga eziningi zabantu, konke okuhlanganayo ukwenza i-India ibe yindawo emangalisayo, emangalisayo, futhi engasoze yalibaleka.

I-India iyizwe elinomehluko omkhulu, lapho ingcebo engcolile ikhona kanye nobumpofu obukhulu, nalapho isiqongo sobumsulwa bokucabanga sihambisana khona nokuphila okunzima, kwansuku zonke. E-India, uzothola amaRolls-Royces nezingola zezinkabi, njengoba nje uzothola izindlovu ezigqoke amabhentshi ahlotshisiwe nezingola ezinhle ezidonswa amahhashi.

Enyakatho yeNdiya sithola abantu abanamehlo aluhlaza okwesibhakabhaka nezinwele ezimhlophe, kanti eningizimu eshisayo sibona isikhumba esimnyama sishiswe ukushisa kwelanga elishisayo.

Kusukela ekuqaleni kuze kube sekupheleni, i-India ngempela iyizwe lezimanga nokuphikisana. Impilo iba yinto eyisicefe uma ilandela indlela eyodwa. Kodwa e-India, umuntu uzizwa sengathi impilo iyisenzakalo esikhulu esigcwele izimanga nezimfihlo ongakaze uzicabange.

I-India kungenzeka ingabi nezakhiwo eziphakeme ezibonakalayo noma izinto zokunethezeka zesimanje kanye nokuzijabulisa okucindezela imizwa engokomoya.

Kuyiqiniso ukuthi i-India inamaphutha ayo, njengoba nje zonke izizwe zinamaphutha azo

Kodwa iNdiya inezakhiwo ezinde ezingokomoya: iziqhwaga ezingokomoya ezithobekile nezingokoqobo ezingafundisa abanye abantu indlela yokuthola injabulo ephelele engokomoya kunoma yisiphi isimo sempilo.

La maSufi anezisekelo zesayensi, asebekwazi iqiniso neqiniso ngemizamo yabo kanye nokuhlangenwe nakho kwabo, angasiza abanye ukuba bathuthukise ukuqonda kwabo futhi bakhiphe amanzi aqabulayo okuthula nokwaneliseka emhlabathini wempilo yabo yansuku zonke.

Umbono ongokoqobo ekushoneni kwelanga

Uthisha ohlakaniphile uParamhansa uchaza umbono wakhe kanje:

Kusukela ebalcony yami, ngabheka ngasentshonalanga, futhi ngamaphiko okucabanga, ngakhuphukela ogwini lomkhathizwe okude Ngakwesokudla nangakwesobunxele sami, ngabona izintaba ezimbili ezasheshe zaphenduka umbala onsomi ongaqondakali Lapho ngibheka futhi, isandla esingabonakali sasizimboze ngesembozo esiluhlaza okwesibhakabhaka Ngemuva kwami kwakulele idolobha laseGuadalajara, ligcwele ukushona kwelanga Isibhakabhaka sasempumalanga manje sase sihlotshiswe ngemibala epinki

ethambile Ngibheka phambili, amehlo ami abona idolobha elimangalisayo leziqhingi eziluhlaza okwesibhakabhaka lintanta echibini legolide

Kulesi siqhingi seziqhingi eziluhlaza okwesibhakabhaka esimangalisayo, igquma elikhulu le-limestone eluhlaza okwesibhakabhaka liqhakazile, lizungezwe amafu entabamlilo ampunga amhlophe akhipha ama-geysers e-lava ebomvu-golide evuthayo, egeleza njengothingo olubheke echibini elithule. Amalangabi amakhulu egolide amboze iziqhingi eziluhlaza okwesibhakabhaka ngama-halos akhanyayo okukhanya.

Isiqongo esiluhlaza okwesibhakabhaka kanye nomqhele waso ovuthayo kwakubonakala njengamawele ebusweni bechibi legolide elithule. Ngakwesokudla kakhulu, ichibi elincane, elizolile lalikhazimula, libekwe esifubeni sesinye seziqhingi eziluhlaza okwesibhakabhaka njengenyanga egcwele ibhukuda phakathi kwamagagasi amafu.

Ngazulazula isikhathi eside edolobheni lokushona kwelanga namafu afana ne-tarage, ngintanta phezu kwechibi ngokukhanya kwalo okuthambile kwegolide. Yeka ukuthi lawo manzi egolide ayemangalisa kangakanani egcwele amaqoqo eqhwa abomvu asakazeke kuzo zonke izinhlangothi kuze kube semkhawulweni wephakade

Bengicabanga ukuthi ama-nymph amancane okukhanya ayeyimimoya enomusa kulo mhlaba, futhi ngemva kokudlula ngempumelelo kuzo zonke izilingo zokuphila, ayevunyelwe ukuzulazula futhi aveze amaphupho awo ngendlela athanda ngayo. Nsuku zonke lapho kushona ilanga, la ma-nymph ayezofingqa amaphupho awo asezulwini emadolobheni azungezile azungezwe ulwandle namachibi egolide. Lapho, ngale kokubanjwa kosizi nangale kwezingibe zalo mhlaba nazo zonke izinhlekelele nobuhlungu bawo, ngale kwazo zonke izinhlopheko, lawa ma-nymph aphefumula ukukhanya

okubomvu, aphuza imisebe ye-orenji, futhi akhukhuleka futhi asondela, ezulazula futhi ebhukuda phakathi kolwandle lwezibani ezinemibala eminingi.

Lapha, lawo ma-mermaid ayezogcwalisa amaphupho awo futhi abonise amaphupho awo ngokushesha njengoba efisa, bese encibilika futhi anyamalale ngokuthanda kwawo.

Lapha, lezo zidalwa zajabulela ingcebo yokwaneliseka, futhi zanikeza ngesihle amaphupho abo bonke abazivakashele ezweni labo elimangalisayo nelinomlingo.

Lapha, wayengaphoqelekile ukulinda nokufisa njengabantu ukuze amaphupho akhe agcwaliseke futhi izifiso zakhe zifezeke, kodwa waphupha njengoba ayefisa futhi wafeza wonke lawo maphupho nezifiso ngentando yakhe.

Lelo dolobha lasekushoneni kwelanga eziQhingini Zamaphupho laliyiphupho elicashe ekujuleni kwengqondo yami engaphansi kokuqonda, futhi namuhla seligcwaliseke ngempela Ngempela, ngibone ingcebo efihliwe yomphefumulo wami, futhi ukukhanya kwalo kungimbozile, ukukhanya kwalo kungikhazimulise!

Ukuthula makube phezu kwakho

Izibani ezikhanyisayo

Sidumisa futhi sibonga uNkulunkulu ngesipho sonyaka
omusha ngamunye kanye namathemba nezithembiso
zokugcwaliseka okusilethela kona
Akukho mandla amakhulu kunokunxusa okuqotho
nokusuka enhliziyweni kokuxhumana noNkulunkulu,
ukuletha izinguquko ezinhle kakhulu ekuphileni kwabantu
ngabanye nasezimweni zomhlaba, nokufeza ukuthula
.nobudlelwano babantu

Sithandaza kuNkulunkulu ukuthi imithandazo yomuntu
ngamunye eqotho, ukuqonda okuphezulu, nolwazi
olukhulayo kuzoguquka kube amandla angokomoya
.abusisiwe aletha ushintsho lwangempela emhlabeni

Sibusise, Nkosi, ukuze siqondiswe ukukhanya kwakho
nezibani ezikhanyisayo ezindleleni, futhi ukuze sivuse
uthando lwakho ezinhliziyweni zethu nasezinhliziyweni
zabanye, futhi siphathe izibani zokukhanya okuphilayo futhi
sisebenzise amakhono ethu kulokho okukujabulisayo futhi
.kuzuze abantu

Sisize ukuba sizenzele imisele lapho amandla akho
emkhathini kanye nokukhanya okuqondisayo kungageleza
khona ukusiza abanye nokunciphisa usizi lwabo
nokuhlupheka, ngoba ngenxa yakho sinamandla okusiza
.isintu kanye nathi ngokwethu

Sibusisiwe ukuze sikwazi ukuzwelana nalabo
abahluphekayo
Sisakaza imibono nezinhloso ezinhle emhlabeni wonke
Kwangathi ukuthula nobuzalwane kungaba yinto
ephilayo
"Njengoba kwenzeka ezulwini, kanjalo nasemhlabeni"

Ukuthula kungenye yamagama kaNkulunkulu}
uSomandla, awabeka eMhlabeni, ngakho-ke sabelaneni
{ngakho phakathi kwenu

* * *

Omunye wabafundi utshele uthisha uParamhansa ukuthi
ukuthola kunzima ukushintsha imikhuba yakhe eyingozi
ngemikhuba ezuzisayo futhi wacela iseluleko kuye, ngakho
:wathi

Akufanele ulahle ithemba lokuzithuthukisa

Umuntu ukhula kuphela uma enqaba ukwenza umzamo
wokushintsha ngendlela eyakhayo

Leso simo sokungami ndawonye, ngokulinganisa kwami,
siyisimo "sephiramidi" yangempela

Uma umuntu ethi "Angikwazi ukushintsha" bese ephinda
lokho kaninginingi
Ngithi kuye: "Njengoba usunqume ukuba njalo, hlala
"lapho ukhona

Kungakhathaliseki ukuthi isimo somuntu samanje
sinjani, angashintsha abe ngcono ngokuzithiba, ukudla
.okunempilo, nokulandela iziqondiso zezempilo

Kungani ucabanga ukuthi awukwazi ukushintsha?

Ukungaguquki kwengqondo kuyimbangela efihliwe
yobuthakathaka Wonke umuntu unezici ezikhawulela
intuthuko yakhe Lezi zimpawu azibekwanga emvelweni
yomuntu nguNkulunkulu, kodwa zenziwe ngabantu. Lezi
yiziphambeko okumele uzisuse, futhi ungakwazi

Khumbula ukuthi imikhuba yomuntu ayilutho
ngaphandle kokubonakaliswa kwangaphandle
kwemicabango yakhe yangaphakathi

Uma unquma ukushintsha, amandla amaningi
azohlangana ukuze akusekele futhi aqinise izinqumo zakho
ezinhle

Futhi ngosizo lukaNkulunkulu

Ingadi Yonyaka Omusha

Imisindo yonyaka odlule, kanye nosizi nokuhleka kwayo,
isiphelile

Futhi nansi i-encourt yengoma yoNyaka oMusha
ihlabelela ngokukhuthazayo, imemezela ithemba, futhi
:ihlebel

"Phinda udale impilo yakho ngokuphelele"

Lahla ukhula lokwesaba okudala

Ensimini elahliwe yesikhathi esidlule, waqoqa futhi
wasindisa kuphela imbewu yenjabulo, impumelelo,
amathemba, imicabango nezenzo ezinhle, kanye nezifiso
.ezinhle neziphakeme

Enhlabathini enamazolo yosuku ngalunye olusha, tshala
lezo mbewu ezinamandla, uzinisele, futhi uzinakekele zize
zikhule futhi ugcwalise impilo yakho ngezinzuzo
.ezingavamile zokuqhakaza

:Unyaka omusha uyahlebeza

Vusa umoya, othunjiwe yimikhuba, bese uwukhuthaza"
ukuba wenze imizamo emisha nezuzisayo. Ungayeki
ukuzama, futhi ungaphumuli kuze kube yilapho uthola
inkululeko yaphakade futhi unqobe i-karma (imiphumela
yokuphishekela nokuphishekela njalo yezenzo
"zangaphambilini)

Ngengqondo evuselelwe futhi sidakwe yinjabulo
evuselelwa njalo, masijabule ndawonye futhi sihambe
sibambene ngezandla siya endlini yasezulwini lapho
.singasayi kuphuma khona futhi

Indaba yempumelelo

Ngisakhumbula isikhathi sokuqala ngasebenzisa
amandla okuzimisela ukusiza abanye

Mina nomunye wabangane bami sasingabafana
:abancane ngaleso sikhathi Ngolunye usuku ngathi kuye

Sizopha abantu abangamakhulu amahlanu (abampofu)"
"ukudla

Waphendula ngokumangala: "Kodwa asinayo nesenti
"!elilodwa

Ngamqinisekisa, ngathi, "Lo msebenzi uzoqhubeka
naphezu kwalokho, futhi ngikholwa ukuthi imali izovela
"kuwe

Waphendula ngokuhleka usulu, "Yeka umsebenzi! Lokhu
"!akunakwenzeka

Umuzwa wami wokuqiniseka wangenza ngathi:
"Ungamcasuli umama wakho nganoma iyiphi indlela, kodwa
"yenza konke akucelayo kuwe

:Ngemva kosuku weza kimi egijima wathi

Ngangigeza lapho umama engibiza, ngase"
ngizomphendula ngokuthi, 'Ungangihluphi manje ngisageza,'
kodwa esikhundleni salokho ngambuza ukuthi ufunani, wabe
esengicela ukuthi ngiyobona umalumekazazi wami ohlala
eduze kwendlu yethu, ngakho ngathi kuye: 'Ngiyakuzwa
"'futhi ngiyalalela

Ngesikhathi ngiya kobona umalumekezi, into yokuqala"

ayisho kimi kwaba ukuthi: 'Ubani lo mfana ohlanyayo
ohamba naye? Usuphambene ingqondo? Iyini le phrojekthi
engiyizwile lapho nina nobabili nizokondla khona abantu
"!abangamakhulu amahlanu

Ngamthukuthelela ngathi, "Kumelwe ngihambe manje,"
nqaqala ukuphuma endlini yakhe. Kodwa wangimisa, wathi,
"Umngane wakho kungenzeka ukuthi uyahlanya, kodwa
umbono wakhe muhle. Thatha leli nothi lama-rupee angama-
20" (leso kwakuyisamba esikhulu ekuqaleni kwekhulu lama-
20)

Umfana wamangala kakhulu waze wacishe waquleka.
Weza kimi egijima ngokushesha wangitshela izindaba. Lapho
siyothenga ilayisi nezinye izinto ezidingekayo edilini,
omakhelwane base bezwile ngecebo lethu futhi banikeza
ukudla okwengeziwe. Ekugcineni, sondla abantu
!abayizinkulungwane ezimbili (2000)

Ifa elifanayo elinomthombo ongcwele ladala umtapo
wokuqala owasungulwa, iSaraswati Library eCalcutta

Uma uzimisele ukwenza imisebenzi emihle, uzoyifeza
uma usebenzisa intando enamandla nephumelelayo
Kungakhathaliseki ukuthi izimo zinjani, uma uphikelela,
uNkulunkulu uzodala indlela ozoyifeza ngayo lokho okufisayo

Yilelo qiniso uJesu Kristu abhekisela kulo lapho ethi:
"Uma ninokholo futhi ningangabazi... ningathi kule ntaba,
". 'Suka uziphosele olwandle,' futhi kuzokwenzeka

Futhi ku-hadith ehloniphekile: Uma ubiza uNkulunkulu,]
[qina ekunxuseni kwakho

Uma usebenzisa amandla akho okuzimisela njalo,
kungakhathaliseki ukuthi izithiyo ziyini, usazokwazi ukufeza
impumelelo, impilo, kanye namandla okusiza abanye, futhi
ngaphezu kwakho konke, uzofinyelela ukuvumelana
noNkulunkulu. Yiwo amandla okuzimisela okumele
ahlakulelwe: amandla okuzimisela omisa ulwandle
lokungabaza nokwehluleka ukwenza okuhle nokufeza lokho
.okulindelwe

* * *

Bheka ekujuleni okukhazimulayo kobuntu bakho, lapho
uzothola khona amandla angenamkhawulo obuhle,
ukuhlakanipha, kanye nobumsulwa

Sicela uNkulunkulu uSomandla ukuthi wamukele unyaka
omusha ngokuqiniseka okuqinile kokuthi unamandla
.okubonakalisa imvelo ephakeme ngaphakathi kuwe

Indawo kanye nemiphumela yezenzo zesikhathi esidlule
ikumboze ngezimpawu ezithile, izici, kanye nemikhuba,
kodwa lokhu kumane kuyizinto zesikhashana, futhi
ngaphansi kwazo kulele imvelo yakho yangempela -
umphefumulo ohloniphekile - onenkululeko ephelele
yokukhetha izinzuzo nezici ofisa ukuba nazo futhi uzibonise
.ngenkathi wenza izindima zakho esiteji saleli zwe

Ingabe kukhona izifiso ezingokomoya ezikushukumisayo
ngaphakathi, ezithinta inhliziyo yakho, ezikunxusa ukuba
uzibeke ohlelweni lwakho lonyaka ozayo? Uma impendulo
inguyebo, khohlwa okwedlule, gcina izifundo ozifundile
kukho, bese uqhubeka nesibusiso sikaNkulunkulu ukuze
.ufeze lokho ofuna ukukufeza

Babebheka usuku ngalunye njengethuba elisha
lokulawula imikhuba nezinkanuko ezingathandeki, ukuhlala
ngokuthula, ukunikeza uthando, nokusabalalisa ithemba
.nenjabulo kuleli zwe

Ngesikhathi uvusa intando yakho yokwenza izinguquko
ezinhle futhi uyisekele ngezenzo zakho, amandla
angabonakali avela eNkosini Enesihawu aqala ukuqinisa
imizamo yakho. Uma uqhubeka uphikelela ezinqumweni
zakho, kulapho amandla okuhle eba namandla khona
.empilweni yakho—lo ngumthetho waphezulu ongaguquki

Usuku lokuqala lungaba nzima, kodwa usuku lwesibili
lungaba lula kancane, kanti usuku lwesithathu lube lula
nakakhulu Ngemva kwezinsuku ezimbalwa, uzothola ukuthi
impumelelo iyatholakala Futhi labo abaphikelela futhi
baqhubeke nemizamo yabo unyaka wonke bazozithola
beguqukile

Kulabo abanezifiso ezingokomoya, sithi: Isifiso
sokuxhumana noNkulunkulu masibe yinto enkulu kunazo
zonke ekuphileni kwenu. Ngokucabanga ngoNkulunkulu
nokuzindla ngaye sithola isiqinisekiso esingenakuphikwa
sokuthi uyasithanda phakade ngoba singabaKhe,

kungakhathaliseki ukuthi sithathe izinyathelo ezingalungile
.ezingakanani endleleni engafanele

Uma sizizwa sengathi siyathandwa ngaphandle
kwemibandela, lokho akusishukumisi yini ukuba senze konke
okusemandleni ethu futhi kusize ukuba sikhohlwe
okwedlule nakho konke ukwehluleka nokukhungatheka
kwako? Uma sizizwa sengathi siyathandwa nokuthi kukhona
osithandayo, sizizwa siduduzekile futhi izinhliziyi zethu
.ziyabula

Naphezu kwayo yonke imisebenzi nemisebenzi,
kumelwe sibeke eceleni isikhathi sokuhlola ukujula kwethu,
sizihlole, futhi sivuselele imiphefumulo yethu ngothando
.lukaNkulunkulu nokuthula

Uma simthanda uNkulunkulu futhi sisebenza
ngobuqotho ukuze simjabulise nsuku zonke, akukho lutho
oluyophazamisa intuthuko yethu engokomoya

Khumbulani lokho, bangani bami, nangosizo
lukaNkulunkulu, nizojabulela onyakeni omusha injabulo
.okungenzeka ukuthi anikaze niyiphuphe ngaphambili

* * *

Ngencwadi yefa ephethe isinqumo
Ngokuqiniseka okuphelele emandleni omphefumulo
womuntu
Ngokholo oluqinile kuNkulunkulu

Ake sithi sawubona lo nyaka futhi samukele unyaka
omusha

Naphezu kwezinguquko umhlaba odlula kuzo, kanye
nomthelela walezo zinguquko ezinawo empilweni yethu, uma
sibheka ngale kwezehlakalo zansuku zonke ezenzeka
ngokushesha ngokuhlakanipha nokuqonda, sizothola
.ukuqonda futhi sifunde izifundo

Ngamunye wethu unendima okufanele ayidlale esiteji
sesikhathi, lapho izenzakalo zanamuhla ziguquka zibe
.amaphupho esikhathi esizayo

Izehlakalo ezimangalisayo nezimo ezihambisana nazo
zifeza injongo eyodwa: ukuvusa, ngayinye ngayinye,
izimfanelo eziningi ezingaphakathi kithi. Konke
okuhlangenwe nakho esidlula kukho kwembula amandla
afihliwe ngaphakathi kithi okubhekana nakho
.ngokuhlakanipha nangokuphumelelayo

Sinamakhono amakhulu uNkulunkulu awabeke
ngaphakathi kwethu, futhi uma esetshenziwa, aba
.umthombo obalulekile wesibusiso ezimpilweni zethu

Ngisho noma izimo zangaphandle zingalawulwa yithi
ngaso sonke isikhathi, singakhetha njalo lokho esifuna ukuba
yikho ngaphakathi kwethu, lapho kulele khona isihluthulelo
.sentuthuko yethu kanye nentuthuko yesintu

Wonke umphefumulo ofisa ukukhululwa kumele
uzibophezele ngobuqotho ekushintsheni kube ngcono, futhi

isikhathi esifanele kakhulu yimanje, lapho izinhloso zigxile
.ekwenzeni izinqumo nasekuzibophezeleni ekushintsheni

Abantu akufanele babe yizinsalela ezinganyakazi,
abangakwazi ukuvuselelwa ngokwengqondo nangokomoya.
Izimfanelo zobuqhawe ezingaphakathi kithi kumele zivuswe,
.futhi imithwalo yokwesaba nokungaqiniseki ilahlwe

Uma umuntu ezikholisa ukuthi uNkulunkulu uyamthanda
nokuthi uhlala enaye, okwedlule ngeke kukwazi ukumvimba
.noma ikusasa ukuze limesabise

Ngale kwenhlansi yokuphila komuntu kukhona ilangabi
laphezulu

Ngale komsebe wemicabango yabantu kukhanya
ukukhanya okukhulu kukaNkulunkulu
Ngale kwegagasi lokucabanga okunengqondo kulele
ulwandle olukhulu lolwazi lwendawo yonke
Ngale kothando lomuntu kudlula uthando olungcwele
olugcwalisa inhliziyo futhi lwanelise izifiso zayo

Okungaguquki ezweni elilawulwa ukushintshashintsha
noshintsho ubuhlobo bethu noNkulunkulu

Isinqumo sokugcina masibe ukuqinisa leso sibopho
esibusisiwe nokuphila ngokuvumelana okuqondile nomniki
.wokuphila ophanayo kakhulu, amandla, uthando, nenjabulo

Ukuze umuntu azi uMdali wakhe eyedwa
emphefumulweni wakhe nasekuzindleni kwakhe okujulile

Kufanele azibuze nsuku zonke ukuthi uvumelanisa
impilo yakhe nemithetho yeqiniso nothando, okuyimithetho
.yaphezulu yendawo yonke

Masibambebele ngokuqinile ekuthuleni kukaNkulunkulu
okungaphakathi kithi
Masilalele izwi likanembeza
Masikhulise uzwela lwethu ukuze sifake nabanye

Ngemicabango yethu emihle kanye nezenzo zethu
ezivumelanayo, singaqinisa amandla okuhle, ngomusa
.kaNkulunkulu, angaletha izinguquko eziyisisekelo kuleli zwe

* * *

Namuhla umuntu angaziqinisekisa ukuthi uzolandela
indlela eqondile, kodwa kusasa angase aphambuke kuyo
futhi azithole ethambekele ekulahleni izinqumo zakhe
ezinhle

Ubuthakathaka ezimpilweni zethu akufanele bamukelwe
Noma ubani ongahlala eqinile ezimisweni zakhe naphezu
kwazo zonke izilingo namathonya angaphandle usendleleni
eya enkululekweni, futhi noma ubani othatha ukuhlakanipha
njengokukhanya kwakhe okuqondisayo uzongoba izinkolelo-
.mbono zokuphila, ukulinganisela, kanye nezithiyo

Abantu abahlakaniphile bagcina ukuhlakanipha kwabo
kuze kube sekupheleni futhi babhekane nokuphila ngesibindi

nangokholo oluqinile, kungakhathaliseki ukuthi yiziphi izimo
.okumele babhekane nazo

Noma ubani odela intando yakhe, ozinikele ezimweni
zakhe, futhi ayeke ukwenza umzamo, uzilahla futhi uzodlula
.isikhathi

Umuntu yilowo okhulisa imikhuba yakhe efanele
nengalungile, futhi uma ethi, "Angikwazi ukushintsha,"
.uzilahla ngokwehluleka

Uma umuntu eziqinisekisa ukuthi unamandla futhi
ukhululekile naphezu kokuhlaselwa yimikhuba emibi
nemicabango emibi, nokuthi ngeke ayeke ukuzama ukwenza
kangcono, uvula indlela yokuba amandla okuhle
.angaphakathi kuye amsize futhi amsekele

Kungakhathaliseki ukuthi izenzo zomuntu zingaba zimbi
kangakanani, kumelwe ahlole impilo yakhe futhi azame
ukuzisiza nokwenza okulungile, futhi zonke izenzo
ezingalungile zizoguqulwa zibe yizenzo ezinhle ngosizo
.lukaNkulunkulu

Kusukela ezingobo zomlando: Intukuthelo kanye
neNkumbulo Yendlovu

Labo abafisa ukuthula kwangaphakathi kumele baqonde
ukuthi intukuthelo idalwa kanjani futhi ivame ukubangela
imiphumela emibi

Ngenxa yokulahlekelwa yibhalansi yangaphakathi
okubangelwa yintukuthelo, abantu abaningi baphendukele
ngokungemthetho baba yizigebengu nababulali abomele
igazi

Ukuvimbela izifiso kuphuphuthekisa ingqondo Lapho
inkungu yezifiso ibamba ingqondo yomuntu, ulahlekelwa
yimizwa yakhe futhi aziphathe ngendlela engafanele umuntu
.ohloniphekile

Ukulahlekelwa yingqondo kudida ukuqonda
okungokwemvelo okuyiwona mandla ashukumisayo
ngemuva kwazo zonke izenzo ezizwakalayo kanye nenhloso
enhle

Uma isiteringi semoto yengqondo yomuntu singasebenzi
kahle, nakanjani uzoba nengozi futhi angase azithole
.esemgodini wobuhlungu nosizi

Isibonelo: Indoda ishayela ngenjabulo, futhi endleleni
eya epaki, umkakhe uyicela ukuba ishintshe indlela iye
endlini yabazali bayo esikhundleni sokuya epaki, futhi lapha
.injabulo yayo iphenduka intukuthelo

Ngikhethe lesi sibonelo ngoba kuyinto evamile Ezimweni
ezivamile, umphumela uba ukuthi indoda yenqabe isicelo
somkayo noma ivumelane ngentukuthelo nokungajabuli,
futhi yilokhu okwenzekayo ngokuvamile Kuzo zombili izimo,
intukuthelo iyathatha indawo, isimo siba sibi, futhi ukuthula
kuyaphazamiseka

Kwezinye izimo, intukuthelo ingaba yinhlekelele kulabo
abanolaka olunobudlova Intukuthelo ingathinta inkumbulo,
noma umshayeli angakhohlwa ukushayela ngokucophelela
nangokucophelela, noma angadebeselela ukuqaphela
izimpawu zomgwaqo, okuholela engozini noma, uNkulunkulu
angavumi, ukufa

Ekuphetheni, intukuthelo ibopha isiteringi sentando
enqoleni yokuphila futhi iyivimbele ekufinyeleleni imigomo
.yayo yezinto ezibonakalayo nezingokomoya

inkumbulo yendlovu

Ikhono elibizwa ngokuthi "inkumbulo" liyisipho esivela
kuNkulunkulu esintwini, futhi yeka isibusiso esikhulu!
Inkumbulo inikezwa nezilwane; ngaphandle kwayo,
bezingeke zikwazi ukubona amaphuphu azo Ezinye izilwane
zinezinkumbulo ezinhle kakhulu, njengoba indaba elandelayo
ngendlovu ibonisa

Ngesikhathi indlovu enkulu ithutha izingodo, njengoba
kwenza izindlovueziningi eziqeqeshwe eMpumalanga,
umfana othile wasondela kuyo, wayihlaba ngenaliti esiqwini
.sayo, wabaleka

Kwadlula unyaka ngemva kwaleso sigameko, futhi
indlovu efanayo yahlangana nomfana ofanayo endleleni.
Kwakuyisikhathi esifanele sokuba indlovu iziphindiselele.
Ngakho-ke, yambopha umfana ngomboko wayo yamphonsa
ngobudlova ngakolunye uhlangothi lomgwaqo. Ngakho-ke,
.izilwane zinezinkumbulo

Ngiphuphe amaphupho amaningi, manje sengivukile
futhi e-altare lomphefumulo wami ngikhanyisa amakhandlela
.okukhumbula kwami njalo, Nkulunkulu wami

Ngamehlo ami, anezivalo ezishiye ubuthongo, ngibheka
ubuso bakho obuhle futhi ngijabulele ukubona izibani zabo
ezingcwele

Futhi ngomusa wakho sengiyaqonda ukuthi impilo
nokugula

Ukuphila nokufa

Zonke ziyizinhlobo zamaphupho

Ngiqedile ukufunda inoveli ethi "Amaphupho Apendwe
"Ngemibala Eggamile
Ekhethini lemibono ekhazimulayo

Futhi manje sengikubona njengowukuphela kweqiniso
elikhona

Ukugcina iziteshi zivulekile

Iningi labantu alicabangi ngokungathi sína
ngoNkulunkulu kuze kube yilapho bebhakene nezinkinga
ezinkulu, bese belindela ukuthi angenelele futhi abasindise
.osizini lwabo

Omunye walabo abakhanyiselwe wathi: “Uma
ungammemi uNkulunkulu ukuba abe yisivakashi sakho
ehlobo lokuphila kwakho, ngeke eze kuwe ebusika bempilo
”.yakho

Lokhu akusho ukuthi uNkulunkulu akafuni ukusisiza
Ufuna ukwelula isandla sakhe asisize ekuhluphekeni kwethu.
Kodwa-ke, uma siphila iminyaka eminingi ngendlela
ephikisana nemithetho Yakhe, futhi singakhulumi Naye
ngokuzindla, ingqondo iba nesithwalo senqwaba yezinkolelo-
ze, futhi imigudu yokuxhumana noNkulunkulu ivinjwe
ukwesaba, izifiso zobugovu, ukushintshashintsha kwemizwa,
ukuthukuthela, inkani engaboni, imikhuba emibi, kanye
nokungalungi. Ngakho-ke, akusekho umzila ovulekile lapho
.usizo lwaphezulu lungageleza khona kithi

Uma sihluleka ukulungisa imicabango yethu nokugcina
iziteshi zivulekile, ngeke sikwazi ukubhekana - futhi siqobe
- izinkinga ezizodlula kuzo zonke izindlela zethu phakathi
.nohambo lwethu lokuphila

Kuthiwa indoda eyayithanda uNkulunkulu yamthola
ngokubiza igama laKhe elibusisiwe ngokugxila okujulile
nothando olujulile, kungakhathaliseki ukuthi wayenzani.
Waqala lo mkhuba eseyingane futhi wawugcina ngenkuthalo
kangangokuthi wayeze abize igama likaNkulunkulu
.ebuthongweni bakhe

Njengoba ekhula, wayehamba emahlathini aminyene
agcwele izingwe ezinolaka, ama-cobra, ofezela,
nezinambuzane ezinobuthi, egqoke indwangu nezimbadada
.kuphela

Abantu babemangala ngesibindi sakhe futhi babembuza
ngokumangala: "Awukaze ulinyazwe yilezo zilwane ezinolaka
:nezinambuzane eziyingozi?" Wayephendula

Impela, angikaze ngilinyazwe, ngoba ngihlala"
ngiphethe igama likaNkulunkulu futhi lokho kuyisivikelo
"sami

Singaqaphela futhi ukuthi isivikelo sikaNkulunkulu
sihlanganisa nathi. Ukhona njalo ukuze anciphise
izinhlopheko zethu futhi asisize sinqobe izinkinga zethu,
kodwa kumelwe sizigcine samukela izibusiso Zakhe,
ngokucabanga Ngaye, ngokuthandaza Kuye,
nangokuxhumana Naye ezinhliziyweni zethu ngenkathi
.senza imisebenzi yethu

Uma senza lokho, singamelana neziphepho, futhi
izinkinga ezingalungiseki kanye nezimo ezibucayi ngeke
.zikwazi ukusinqoba noma ukuphula ukuzimisela kwethu

ukuziqhenya ngokomoya

Ukuthobeka kuyinzuzo enkulu endleleni engokomoya,
futhi ukuhlakulela ukuthobeka kuyasheshisa futhi kuvikele
ukukhula komuntu siqu

Ukuthobeka kufanele kube yisisekelo lapho umfuni akha
khona impilo yakhe engokomoya uma efisa ukufinyelela
umgomo wakhe, okuwukuba avumelane noNkulunkulu futhi
.azizwele ubukhona baKhe

Izwe likhuthaza ukuziqhayisa ngezinto ezifeziwe, izinto
onazo, nezikhundla, nokulwela ukuthola ukuvunyelwa
nokunconywa abanye, kodwa umuntu ofunayo kumele asuse
ukunaka kwakhe ebuntwini obuncane, "ubugovu," aye
.ebuntwini obuphakeme

Ukuthobeka kweqiniso kusho ukwazi ngokuqiniseka
ukuthi uNkulunkulu uyikho konke kukho konke, nokususa
isifiso sokwanelisa ubugovu ngokuthuthukisa isifiso esikhulu
sokuthola umusa kaNkulunkulu

Kumayelana nokuyeka ubugovu ngokuhlakulela uthando
lwaphezulu nokuphendukela kuNkulunkulu, ongumthombo
wakho konke esikufunayo nesilwela ukukufinyelela noma
.ukukuthola

Ukuziqhenya ngokomoya kuyisilingo esisobala, futhi
ofunayo kumelwe aqaphele lesi simo ngoba sifihla noma
yikuphi ukuqonda uNkulunkulu noma ithuba lokuxhumana
.naye

Ngaphandle kokuba umfundi ezama ngobuqotho
ukuthola ukuthobeka, uzoba sengozini yokuwela ezingibeni
.zokukhohlisa kanye nasezingibeni zokuziqhenya

Eqinisweni, umuntu anganqoba ubuthakathaka obuningi
futhi enze intuthuko enkulu endleleni, kodwa angawa
.ngenxa yesilingo sokuqhosha

INkosi Yomhlaba Wonke noMhloli Wezinzwa uyazi
okungaphakathi ezinhliziyweni, futhi labo abaziqhayisa
.ngengokomoya labo bazolahlekelwa yilo

Labo abaziqhenya ngokuhlangenwe nakho kwabo
okungokomoya bangcoliswa ukuzibona bebalulekile, noma
ngamanye amazwi, baqala ukuzibona bekhethekile, futhi
.bangase balahlekelwe izibusiso abazitholile

Lowo ozigqajayo onqoba izibusiso zaphezulu
ezingaphakathi kuye usebenzisa kabi izipho ezingokomoya,
bese uNkulunkulu enikeza lowo mfundi isifundo sokuthobeka
ngokumsusa izibusiso zaKhe aze athole ukuqonda
okungokomoya futhi alungise inkambo yakhe. Kodwa lokhu
ukwenza ngothando, ngoba lapho inhliziyo yomfundi
ivulekela uNkulunkulu ngokuthobeka konke, eqaphela ukuthi
uthembele ngokuphelele kuNkulunkulu, khona-ke uthola
.isilinganiso esigcwele somusa waphezulu

Lapho impilo yomfundi igcwala ukuthobeka, iphunga
lokuthobeka lidonsela ukunakekelwa kwaphezulu, izibusiso
zehlela phezu komfundi, futhi impilo yakhe igcwala ukuthula
.nothando

Imvelo yomuntu

Umcabango awunamkhawulo, njengoba kungakhathaliseki ukuthi umkhakha wakho wokufunda noma ukukhethekile, uma usubeke ingqondo yakho kulokho okuqukethwe, kuzohamba unomphela kuleyo ndlela. Akukho ukuphela kokuhlakanipha noma ulwazi ongalusebenzisa futhi .uzuze kulo

Niyazi yini, bangani bami, ukuthi ngamunye wenu uchaza la magama ngendlela ehlukile kancane kuneyabanye? Isizathu ukuthi inqubo yokucabanga iyahluka .kumuntu ngamunye

Ngenxa yokuthi umuntu ngamunye uhlukile ngesimo sakhe nangendlela yakhe yokucabanga, ukusabela kwakhe kanye nezimpendulo zakhe kunoma yisiphi isimo kuhlukile kunokwanoma ubani omunye. Isimo sakhe sangaphakathi siyingqikithi yemicabango yakhe, imizwa, izimpendulo, kanye nezisusa—futhi lokhu, kunquma uhlobo lomoya wakhe onamandla okudonsela phansi, noma amandla okukhanga .anawo

Amandla okuzikhandla angamandla amakhulu ongadonsela ngawo abangane, uzwela olunobungane, kanye nenhliziyo enhle

Sonke sifuna ukuqashelwa nokucatshangelwa; akekho
ofuna ukunganakwa noma ukukhohlwa Ngisho nezingane
zenza ngamabomu ngezindlela ezithile ukuze zizame
ukuheha ukunakwa

Sifuna nokuthandwa nokwaziswa ngabanye. Kodwa
bangaki kithi abanikeza abanye ukuqonda nokucabangela
?okufanayo esicabanga ukuthi kufanele sibabone

Siyazwelana kakhulu nathi futhi siyathethelela
amaphutha ethu, kuyilapho sikulungele ngokugcwele
.ukugxeka nokulahla ububi babanye

Singama yini phambi kwabanye sibatshele konke
ngamaphutha ethu kusukela sisebancane? Impendulo
ingucha

Kodwa ngaphandle kokuba sifunde ukuziphatha okuhle,
asinakukwazi ukubonisa abanye ukuthi baziphathe kanjani
.kahle

Asinalo ilungelo lokungabekezeleli ubuthakathaka
.babanye uma thina ngokwethu sihlupheka ngenxa yabo

Umhlaba ugcwele abantu abafuna ukulungisa abanye
kodwa hhayi bona ngokwabo Ngaphandle kokuthi sizihlole
ngendlela eyakhayo, izinsuku neminyaka kuzodlula
.ngaphandle kokuthi sishintshe

Esikudingayo ukuziguqula, ngoba uma siziguqula
sizokwazi ukuguqula izinkulungwane ngesibonelo sethu
.esihle

Ngempela, izenzo zikhuluma kakhulu kunamazwi

* * *

Ukuphefumulelwa ngokomoya kuvuselelwa njalo futhi
kuletha ukuthula nenjabulo

Ukuqwashisa ngokomoya kuqala njengomoya opholile
bese kukhula ngamandla kuze kube yilapho kuba umoya
obusisiwe osusa imfucumfucu yokungazi, imfucumfucu
.yobubi, kanye nezinqwaba zobugovu

Kunezibonakaliso ezikhuthazayo ezivelayo esifisweni
senani elikhulayo labathandi bokuKhanyiselwa
sokukhuphukela ezingeni lomhlaba wonke lokuzwana
.nokuqonda okungokomoya

Ngezinga esivumelana ngalo namagagasi okuthula,
siyaqaphela kakhulu isimo sethu esingokomoya kanye
.nokuxhumana kwethu nomthombo wethu waphezulu

Uthando lwaphezulu luhlaza imicabango
Kuhlaza imizwa
Futhi zivusa ingqondo

Ukuhlakanipha kwaphezulu kujulile, kulula, futhi
kuphakeme, futhi noma ubani ovumelana nakho
unekhampasi yangaphakathi emkhombisa indlela efanele
.ukuze angaduki

Ukuhlakanipha kwaphezulu nothando lwaphezulu
kuseduze kakhulu njengoba imicabango yethu ivumela
.ukuba kube njalo kithi

Njengoba nje ijeneretha kagesi eyodwa inika izibani
zedolobha amandla kagesi, nalabo abavumelana
noNkulunkulu bathola amandla akhanyayo abasiza
ekususeni ubumnyama emiphefumulweni yabo
.nasezindaweni ezibazungezile

Labo abathanda uNkulunkulu ngempela futhi
abavumelanisa izimpilo zabo nemithetho yendawo yonke
.bathola amandla amaningi, ukuthula, kanye nesibusiso

Sicela uNkulunkulu uSomandla ukuba asithululele
izibusiso kanye nokuphefumulelwa okuphezulu
Futhi kwangathi angagcwalisa isinqumo sethu
ngamandla nekhono lokusebenza ngokukhiqizayo
nokukhonza ngokungenabugovu
Futhi ukuthi siphila ngokumkhumbula njalo Yena
ongumthombo wabo bonke ubuhle, umusa, kanye nokuba
khona

Kusukela ezingobo zomlando: Indaba yesihlahla
esifiselekayo

Kudala, umuntu owayehlala yedwa ogama lakhe
linguHarry wayehlala eHindustan futhi wachitha iminyaka
eminingi ezulazula eHimalaya efuna umuthi ongavamile
.obizwa ngokuthi iWish Tree

Inganekwane ithi lezi zihlahla ezimangalisayo
zitholakala kuphela ngabantu abahlala ezindaweni zokuhlala
njengomvuzo wokuzila ukudla kwabo kanye nokuzijwayeza
kwabo okuqinile kwezenkolo. Kuthiwa lezi zihlahla
zinamandla okunikeza izifiso nezifiso zanoma ubani ohlala
.ngaphansi kwamagatsha azo

UHarry owayehlala yedwa wazizwa ejulile ukuthi
wayefanelwe ukuthola lowo muthi ngenxa yokuzijwayeza
kwakhe isikhathi eside kokunciphisa izindleko, ukunambitha
kwakhe ubunzima ngokuzithandela, kanye nokuzibophezela
.kwakhe ekuqondisweni okuqinile ayezibekele kona

Kodwa naphezu kwazo zonke lezi zinto ezingokomoya,
kwakukhona izifundo okwakusamelwe azifunde. Nakuba
.ayefisa ulwazi lwaphezulu, wayenezinye izifiso ezincane

Phakathi kwalezo zifiso kwakukhona ukulangazelela
ukuthola Umuthi Ofisayo. Izindlela zezintaba
ezimagebhugebhu zase zimgugile ezinyaweni zakhe
ezingenalutho ekufuneni kwakhe okungapheli into ayeyifisa
enhliziyweni yakhe kanye nokugcwaliseka kwezifiso zakhe
ezijulile. Umuzwa wakhe wangaphakathi wawumqinisekisa
njalo ukuthi isifiso sakhe sizofezeka, nokuthi umuthi
umlindele njengomvuzo wemvelo wemizamo yakhe

engokomoya, odlula ikhono nokukhuthazela komuntu
.ovamile

Umngane wethu wayeqinisile embonweni wakhe.

Kwesinye sezigodi zaseHimalaya, wathola umuthi
onamaqabunga abanzi, ngenxa yokuqonda kwakhe
okungokomoya, awubona ngokushesha njengengcebo
.ayekade eyifuna futhi efisa ukuyithola

Ngokushesha nangokulangazela okukhulu, wasondela
emagatsheni okwamukela alesi sihlahla wahlala ngaphansi
kwaso. Ukuze azizwele amandla angavamile alesi sihlahla
esiyinqayizivele, uHarry wavala amehlo akhe wathi
enhliziyweni yakhe, "Uma lesi kuyiSihlahla Sezifiso, masibe
"!yinqaba enamandla kimi

Ngokushesha nje ngemva kokuba lo mcabango udlule
engqondweni yakhe, kwavela isigodlo esihle kakhulu eceleni
komuthi, sizungezwe izingadi eziluhlaza ezigcwele ama-rose
.amasha, i-basil enephunga elimnandi, nezihlahla ezinde

UHarry wajabula ngalesi simangaliso futhi wagcwala
injabulo yokufeza isifiso sakhe esithandekayo, ngoba
ekugcineni wayesesitholile iSihlahla Sokufisa ayesifuna
isikhathi eside. Akazange alinde isikhathi eside ngaphambi
kokuveza isifiso sakhe esilandelayo, ethi: "Ngifisa ukubona
ikwaya yamantombazane amahle ingizungezile ingipha
ukudla okuhle kakhulu nokumnandi kakhulu emapuletini
egolide futhi ingithululela iziphuzo ezimnandi kunanoma
yiziphi izimbiza zesiliva ezitsheni ezicwebezelayo
".njengegolide elikhazimulayo

Ngokuphazima kweso, isifiso sakhe sagcwaliseka, ngoba
wathola phambi kwakhe itafula eligcwele zonke izinhlobo
zezinto ezimnandi ezikhonzwa emapuletini egolide,
nezintombi ezinhle zimnika ukudla neziphuzo
.ezihlukahlukene ezifanele amakhosi nezikhulu

Ngemva kokujabulela idili elibizayo nelibiza kakhulu,
umngane wethu waqala ukuhlola ikhaya lakhe elisha.
Wakhuphuka izitebhisi zemabula ezicwebezeliwe futhi
wahambahamba emakamelweni ahlotshiswe ngamatshe
.ayigugu anokukhanya okukhazimulayo

Ekugcineni, u-hemit wethu onenhlanhla wakhathala
ukuhamba futhi wafuna ukuthula nokuphumula kwelinye
lamakamelo aphansi. Amafasitela aphansi alelo gumbi
ayembozwe amagatsha amade esihlahla esihle se-Wishing
Tree

Njengoba elele embhedeni eduze kwefasitela,
waphawula ukuthi amagatsha aminyene esihlahla esifisayo
ayevimba ukukhanya, wazizwa enesizungu futhi ukwesaba
kwangena enhliziyweni yakhe. Ukuthula kwaphazanyiswa
yimisindo embalwa kuphela, ayezibuza ukuthi ivela engadini
noma ezilwaneni zasendle zehlathi ezazizulazula
.ngokukhululeka ngale kwezindonga zesigodlo

Wazitshela: Kuthiwani uma enye yezingwe zasehlathini
ikwazi ukungena ngefasitela? Uma kunjalo, izongigwinya
.futhi kuyoba ukuphela kwami

Ngokushesha nje lapho lowo mcabango wokwesaba
ufika engqondweni yakhe, ingwe enolaka yagxuma isuka

efasiteleni, yabamba unkom' idla yodwa owayethukile,
yamthatha ukuze imshwabadele—isiphetho esibi ngempela

Ngeshwa, uHarry wayengaqapheli ukuthi iSihlahla
Esifisayo sasingakwazi ukuhlukanisa phakathi
kwemicabango emihle neyimbi. Inhloso yaso kwakuwukufeza
izifiso zalabo ababezifukamele. Ngempela, iSihlahla Esifisayo
sasifanekisela kahle isithombe sengqondo esinamandla
.sikaHarry, futhi lokho kwakuwumcabango wakhe wokugcina

Wonke umuntu uhlala ngaphansi komuthi wezifiso
zakhe, ogcwalisa zonke izifiso zakhe. Lowo muthi
ungamandla entando. Amandla entando yomuntu,
okuyisibonakaliso sentando kaNkulunkulu, empeleni
.anamandla okufeza amathemba nezifiso zomuntu

Kodwa noma ubani ongazi ukuthi angazilawula kanjani
izifiso zakhe, izifiso zakhe, nemicabango yakhe kufanele
abonge iNkosi yakhe izikhathi eziyinkulungwane ngoba
imicabango yakhe engaqondiswanga ayigcwaliseki
ngokushesha, ngaphandle kwalokho izifiso zasendle
zingabangela ukubonakaliswa okuzenzakalelayo kwezingwe
ezidla inyama, ezidla inyama ezidabula ukuthula
komphefumulo, zichoboze ithambo lenjabulo, futhi ziguqule
.indawo yokuthula okungokomoya ibe yihlane elingenalutho

Lesi yisifundo esihle sokugxila emicabangweni yakho
ezintweni ezinhle nezinhle ngenkathi uhleli ngaphansi
kwamagatsha eSihlahla Esifisayo, esingelutho ngaphandle
.kwentando enamandla nokuhlakanipha okukhulu komuntu

Umuntu kufanele aqaphele ukugxila, futhi ahlale
ecabanga ngokwesaba, ukwehluleka, ukugula, kanye
nokungazi, funa lezi zinto ezimbi ziphume njengezilo
ebumnyameni bokungaziwa futhi zidale izinkinga ezinkulu
.okunzima ukubhekana nazo noma ukuzilawula

Imicabango emibi iletha umonakalo kumuntu onayo;
mayithathelwe indawo yimicabango emihle uma umuntu
efisa okuhle kuye nakwabanye. Impumelelo ivela
.kuNkulunkulu

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Ngaphezu kwezipho ezibonakalayo, uNkulunkulu usinika
ukholo nokuqonda okungokomoya

Futhi kulabo abaphendukela kuYe futhi bathembele
.kuYe, ubapha ukuqonda okuphezulu kakhulu kwaphezulu

Izipho ezibusisiwe yilezo ezithinta izinhliziyi, ezishintsha
izimo ezilukhuni, ezivusa imiphefumulo ekunganaki
okungokomoya, futhi ezikhuthaza ukwazana nokuzwana
.phakathi kwamalungu omndeni owodwa wesintu

Labo abamaziyo uNkulunkulu abafundisi nje ngamazwi
abo ahlakaniphile nangesibonelo esiphelele, kodwa futhi
basinika uthando olungcwele olumsulwa
nolungenamibandela. Ekukhanyeni kwalolo thando, sithola
.umbono omusha wamandla ethu aphezulu

Abakhethiweyo bakaNkulunkulu beza kuleli zwe
ukuzosinika ulwazi ngomusa waKhe, nokuzosibonisa
ukukhanya kwangaphakathi okusibamba ngesandla
kusiholele ekhaya lasezulwini, ukuze izinhliziyiyo zethu
zikhululwe kuzo zonke izinhlobo zokuphelelwa yithemba
nobumnyama bezwe, futhi basikhuthaze, besiqinisekisa
ukuthi sinesabelo efeni laphezulu nokuthi singaxhumana
.nokuqonda kwendawo yonke

Njengoba umuntu eba sesimweni sokuzwana noMdali
wakhe, izono zakhe ziyawohloka, ubuthakathaka bakhe
buguqulwa bube amandla, futhi uyaqaphela ukuthi
.umphefumulo wakhe umsulwa futhi useduze noNkulunkulu

Lapho ukukhanya kwaphezulu okuhlala kukhanya
kukhanya kulowo okufisayo, uyaqaphela ukuthi ingqikithi
yaphezulu ikhona kuye nakwabanye, naphezu kwezimbozo
ezijiyile ezivimbela ukukhanya kwayo emiphefumulweni
.engaphansi kokubanjwa yinkohliso

Sicela uNkulunkulu uSomandla ukuba asiphe isipho
sezipho: umuzwa ongaphakathi kokuqonda kwethu ukuthula
.okuphezulu, uthando oluphakeme, nenjabulo engachazeki

Okumele sikwenze nje ukuphendukela enhliziyweni
yomhlaba wonke ngothando nangokuzethemba enothando
.olungenasiphelo futhi ephayo elingenamkhawulo

UNkulunkulu ufuna ukusibusisa nokusinika esiphanweni
Sakhe, kodwa kumelwe sivule izinhliziyiyo zethu, sikhulule
.izifiso zethu, futhi sizenze samukele umusa Wakhe omningi

Uma sibiza uNkulunkulu ngezinhliziyi zethu zonke,
zonke izithiyo ezifana nokukhathazeka, ukungabaza,
nokwesaba ziyasuswa, futhi sizizwa siseduze noNkulunkulu
.kanye nokusondelana kwaKhe nathi

Sifisela wonke umuntu okuhle nezibusiso

Ukuthula makube kini bangani bethu

Yiba yisivakashi sami saphakade

Nkosi, qondisa izinyathelo zami ezindleleni eziqondile
Futhi nginyakazise izandla zami ngezenzo zomusa

Busisa amehlo ami, ukuze abone lokho okufanele
ngikubone

Vumela ugqozi lwakho lugeleze emazwini ami
Futhi thela umusa wakho kwabanye ngamazwi ami
amnandi namnene

Kwangathi iphunga lakho lingaphuma embalini
yomphefumulo wami
Futhi ukudonsa imiphefumulo ethempelini lobukhona
bakho

Kwangathi ukuthinta kwakho kungabusisa inhliziyi yami
Mhlawumbe uzohluleka ukuzwana futhi avumelane
nawo wonke umuntu

Sebenza ngemibono yami
Ngingaletha abanye emthonjeni wokuthula kwakho

Yiba yisivakashi sami saphakade
Futhi ngihlale ethempelini lokuthula kwami nenjabulo

Angisoze ngakukhohlwa, Nkosi
Ngeke ngihambe ezindleleni zokuphila ngaphandle
kwakho

Bengilahlekile ezindleleni zesikhathi
Ungikhombisile indlela wangibuyisela kuwe

Nginike izifiso ezingokomzwelo ezingapheli
Futhi ekuzwakaleni kokuzinikela okuphilayo kuwe
Ake ngizwe izwi lakho elibusisiwe

* * *

:Uthisha wathi, ekhuthaza omunye wabafundi

Ukukhubeka nokuwela ezingibeni ezingalungile kumane
nje kuwubuthakathaka besikhashana

Ungacabangi ukuthi ulahlekile ezinkingeni zokuphila
futhi ngeke ukwazi ukuthola indlela futhi. Indawo efanayo
owela kuyo ingasetshenziswa njengesisekelo nesisekelo
.sokuvuka futhi, uma ufunda kokuhlangenwe nakho kwakho

Uma ubona amaphutha athile empilweni yakho bese
unquma ukungawaphindi, noma ngabe uphinde wawa,
umthelela walokho kuwa uzoba muncane kakhulu kunokuba
.ungazami nhlobo

Akufanele silindele ukuphumelela kuyo yonke imizamo
yethu

Eminye yemizamo yethu ingase yehluleke, kodwa
eminye imizamo izophumelela

Yazi ukuthi impumelelo nokwehluleka kuxhumene;
akukho okukhona ngaphandle komunye. Ngakho-ke,
akufanele sizikhukhumeze noma sizikhukhumeze uma
siphumelela kakhulu, futhi akufanele sidumazeke noma
.siphelelwe yithemba uma sibhekana nokwehluleka

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Kuthiwa uprofesa odumile waphila impilo yakhe yonke
engaphilile kahle Ngaphambi kokuba afinyelele eminyakeni
engamashumi amane, wayesehlushwe yizinzwa kabili futhi
.waba nesifo senhliziyo esibi kakhulu

Kwakunzima kakhulu ngaye ukuqhubeka nomsebenzi
wakhe, futhi isimo sakhe saba sibi kakhulu njengoba izinsuku
zidlula waze waba nobunzima obukhulu bokuhamba
nokunikeza izifundo, njengoba ukunyakaza okuncane
ngokomzimba kwakumbangela ubuhlungu obukhulu kanye
.nomuzwa wokuminyana

Ekugcineni – sengathi impilo yakho ingaba yinde –
odokotela bakhe bamtshela ukuthi izinsuku zakhe
sezibaliwe, futhi ukuxilongwa kodokotela kwandisa umuzwa
.wakhe wokungabi namandla nokuphelelwa yithemba

Ngemva nje kwalokho, waya emcimbini wokuphumula
ongokomoya ophefumulelayo owamenza wabona izinto
.ngombono omusha, futhi wazizwa eseduze noNkulunkulu

Ntambama wahamba ngezinyawo wangena ehlathini
lephayini wahlala esihlahleni somuthi ukuze aphumule,
wazithola ethandaza ngayo yonke inhliziyo yakhe, ecela
uNkulunkulu ngokusuka ekujuleni kwenhliziyo yakhe ukuba
amphilise futhi amkhulule ekukhubazekeni kwakhe
.ngokomzimba

Wabe esecela uNkulunkulu ukuba eze kuye, athathe
.impilo yakhe, futhi alungise isimo sakhe somzimba

Uthe ngalokhu: “Lapho ehlathini, nganginokuxhumana
noNkulunkulu, futhi ngangizwa sengathi wonke amaseli
emzimbeni wami ayethuthumela ngokuba khona
”kukaNkulunkulu

Ezinsukwini ezimbalwa kamuva, wakwazi ukukhuphuka
intaba, umsebenzi ayengakaze akwazi ukuwenza
ngaphambili. Wathi ngalokhu: "Lapho ngifika esiqongweni
sentaba, imizwa yokwesaba nobuthakathaka yangishiya
futhi angikaze ngiyizwe futhi. Kusukela ngaleso sikhathi,
".ngizizwe sengathi inhliziyo entsha ishaya esifubeni sami

Futhi yilokho okwenzeka ngempela, njengoba aziwa
ngamandla akhe, amandla, kanye nokukhiqiza izincwadi
eziningi, futhi waphila iminyaka ecishe ibe ngamashumi
.amane ngemva kwalokho kuxilongwa odokotela bakhe

Ngokuvamile, lapho sizithola siphokelekile ukushintsha
izindlela zethu zokucabanga nokwenza—kungakhathaliseki
ukuthi ngenxa yesidingo noma ubuhlungu—siphokelekile
ukuzinikela kuNkulunkulu futhi siqale kabusha. Inqubo
yokudala iyaqala, bese amandla okuphila egeleza
ngaphandle kokuphazanyiswa emicabangweni
nasemizimbeni yethu. Ngenxa yalesi sizathu, ukuguqulwa
kwangempela ngokomoya kwenzeka ngesikhathi
.sokuhlupheka okukhulu kwengqondo noma ngokomzimba

Kukhona isicelo esibizwa ngokuthi "Umthandazo
:Wokulahlwa" lapho umnxusi ethi khona

O Nkosi, okwamanje ngibhekene nale nkinga, kodwa"
umphumela usezandleni zakho, Nkulunkulu wami
othandekayo. Kungumyalo wakho, futhi ngizokwamukela
".intando yakho futhi nganeliseke ngalokho okufunayo kimi

Ngokwemvelo, kunzima ngabangingi ukuthandaza
ngobuqotho ngale ndlela, njengoba kusho ukuyeka intando
yabo kanye nezifiso "zobugovu," futhi lokhu kungenye
yezinto ezinzima kakhulu kumuntu. Noma ubani okwazi
ukwenza lokhu ubonisa ukwethemba okuphelele
.kuNkulunkulu

Kodwa lokhu akusho ukuthi kufanele sibe ngabanganaki
futhi sithembele, silindele ukuthi uNkulunkulu axazulule
zonke izinkinga zethu ngaphandle komzamo wethu "Futhi
sithi, 'Sebenza!'" ngoba ukholo olungenasenzo alunampilo

Uma umuntu ehleli ekamelweni, ekhiya umnyango, futhi
eqhubeka eqinisekisa ukuthi uNkulunkulu uzomenza acebe
ngaphandle kokuba enze okunye, uNkulunkulu ngeke
awuphendule umthandazo wakhe, ngoba kufanele asebenze
.ukuze acebe noma yini enye

Ukholo olungaboni olungenawo "umsebenzi" noma
umzamo ongokomoya lucima ukukhanya kwengqondo,
kodwa uma umuntu esebenzisa ingqondo yakhe, ethatha
izinyathelo ezinengqondo, futhi ehlanganyela emisebenzini
eyakhayo, uzothola ukunakekelwa kwaphezulu futhi athole
.impendulo yaphezulu

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Ubungane beqiniso bukhulu kunanoma iyiphi ingcebo
kuleli zwe
Labo abanothando ezinhliziyweni zabo bazobazi
ngempela abanye
Kufana ncamashi nokuthi ubheka ngebhodlela lengilazi
elicwebezelayo futhi ubona okungaphakathi

Ukwazi abanye ngale ndlela kuvela ekuthandeni
uNkulunkulu nasekuthandeni abanye ngalolo thando

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Esithombeni: UMfundisi uParamhansa nabanye
babangane bakhe baseMelika abangamaNdiya ababebazisa
ubungane bakhe, befuna ukuxhumana naye, futhi bejabulela
ukuhlangana naye

Sivame ukuzithola sibhajwe ezimweni esibonakala
singenamandla okushintsha. Sizama konke
esingakucabanga, okuhlanganisa nokuthandaza ngobuqotho
kuNkulunkulu ukuba ashintshe isimo sethu ngendlela
esikholelwa ukuthi ingcono kakhulu kithi. Naphezu kwalokhu,
lokho esikulangazelelayo—kungaba usizo lwezezimali,
impilo, noma yini enye—kungase kungenzeki, kusishiye
.sizizwa siphelelwe yithemba futhi sidumele

Kodwa uma singakwazi ukuxhumana namandla
aphezulu angaphakathi kithi, kungenxa yokuthi asiqondi
.ukuthi kusho ukuthini ukuzinikela

Indoda ehlakaniphile yake yeluleka ngokuthi zonke
izinkinga zingaxazululwa ngokuzindla, kodwa abantu
abaningi abaqapheli ukuthi ukuzindla akukhona ukuzama
ukuqonda uNkulunkulu noma ukuthola noma yini enye kuYe.
Okokuqala kumelwe siqaphele ukuxhumana kwethu
noNkulunkulu futhi silahle ubugovu obuncane noma
"ubugovu" obumi njengesikhubekiso ezimpilweni zethu futhi
.bukhawulele ukugeleza kwamandla aphezulu kithi

Kukhona indaba ngowesifazane owahlala ekhubazekile
futhi egula iminyaka eyisishiyagalombili, ethandaza njalo
kuNkulunkulu ukuba amphilise ukuze akwazi ukuqhubeka

nomsebenzi wakhe. Ekugcineni, ekhungathekile yilokho
okwakubonakala kuyimizamo yakhe engenamsebenzi,
:wazinikela entandweni kaNkulunkulu, ethandaza kanje

Ngibeka impilo yami ezandleni zakho, Nkosi, uma ufuna"
ngihlale ngikhubazekile futhi ngikhubazekile, lokho
kuyindaba yakho, kodwa ngifuna okungaphezu kwempilo,
".futhi indaba ingeyakho kulokho okufunayo nokwenzayo

Phakathi namasonto amabili wayeseluleme
ngokuphelele futhi eshiye umbhede wakhe wokugula

Lokhu kungase kubonakale kuyindida, kodwa umqondo
oyinhloko ukuthi sivame ukuzama ukucela uNkulunkulu
ukuba enze intando yethu esikhundleni sokuzithoba
ekunxuseni Kwakhe okucela ezifisweni zobugovu kanye
nobugovu kuvimbela imigudu yomthandazo Ngokuqinisekile,
uNkulunkulu uyabasiza labo abazisizayo, futhi lapho
siqeqesha intando yethu ukuba ivumelane nentando
yaphezulu, kulapho siletha khona amandla abusisiwe
.ezimpilweni zethu

Kodwa ngezinye izikhathi intando yethu ayiqondiswa
ukuhlakanipha, kodwa siphikelela ekutholeni into engeyona
inzuzo yethu, futhi uNkulunkulu akangeneleli ukushintsha
.izimo zethu

Izinsiza zethu ngezinye izikhathi zingase zanele
ukubhekana nezimo zethu, kodwa kamuva sibhekana
nezinselele ezinkulu ezingaphezu kwamandla ethu,
okusishiya sisesimweni esinzima. Kodwa-ke, uma singabeka
eceleni ubugovu bethu futhi sithandaze ngobuqotho

nangobuqotho, “Mayenziwe intando yakho, Nkosi, hhayi
eyami,” sivula izinhliziyi zethu ekugelezeni kwesiqondiso,
futhi amandla aphezulu nezibusiso eziningi zithululelwa
.phezu kwethu

Naphezu kokwenza konke okusemandleni ethu
ukuxazulula izinkinga zethu, kumelwe siqaphele ukuthi
amandla omuntu alinganiselwe nokuthi kumelwe sizivulele
amandla angenamkhawulo kaNkulunkulu, kodwa kubonakala
sengathi abaningi kumelwe bahlupheke ngokuphelele
.ngaphambi kokuba baqaphele leli qiniso

Kukhona iculo elithi: "Uma ngibhajwa, uza
"ukuzongikhulula

Futhi leyo yindlela kaNkulunkulu yokusifundisa ukuthi
ekugcineni Nguye kuphela okwazi ukushintsha izimo
.ezinzima nokuxazulula izinkinga ezingalungiseki

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Nakuba uNkulunkulu elalela yonke imithandazo yethu
(ukuze asivakashele)
Kodwa akaphenduli njalo

Isimo sethu sifana nesomntwana omncane obiza unina
Kodwa umama akasiboni isidingo sokuza kuye
Ngakho-ke umthumelela ithoyizi ukuze amgcine
ematasa futhi ethule

Kodwa uma ingane yenqaba ukududuzwa yinoma yini
enye
Ngumama kuphela oza kuye

Ngokufanayo, noma ubani ofuna ukwazi uNkulunkulu
Kufanele kube njengomntwana
Lowo onganelisekile ngokuba khona kukamama
esikhundleni sakhe

ukuthuthukiswa kwamandla kazibuthe

Umuntu angathuthukisa amandla adonsela phansi
akhetha wona, kungaba ukuheha amandla aphezulu
kaNkulunkulu, ukuthola amandla engqondo, noma ukuheha
.izidingo zokuphila kwansuku zonke

UNkulunkulu unike isintu umzimba, futhi kumelwe
siwunakekele Labo abahlakulela futhi basebenzise amandla
abo okuzikhandla ngokomzimba kuphela ngenxa yezinto
ezibonakalayo namandla engqondo ekugcineni
bazokhohliswa. Kodwa-ke, labo abahlakulela amandla abo
okuzikhandla ngokomoya bazothola lawo mandla abusisiwe
anakekela izidingo zabo futhi agcwalise zonke izifiso zabo
.ezibonakalayo

Kukhona umthetho osebenza emhlabeni wonke
osebenza ngempumelelo, futhi ngiwubonile empilweni yami
futhi ngaqinisekisa ukuthi uyasebenza

Kubalulekile ukuthi umuntu abe nomzimba oqinile,
ophilile ophendula imiyalo yengqondo. Cabanga ngomuntu

ovilaphayo, ongenaso isikhuthazo eya emsebenzini
engenaso isifiso noma amandla bese ucabanga ngehashi
elilungele ukugibela emzileni womjaho ngokushesha nje
lapho lithola isignali yokuqala. Yileyo ndlela umzimba
.okufanele ube ngayo

Ngezinye izikhathi sibona abantu asebekhulile
abanempilo enhle futhi abanamandla obusha
Imizimba yabo ibukeka intsha futhi igcwele amandla
okubukisa, futhi naphezu kobudala babo, banobuntu obuhle

Ukuzila nokulala kancane kuqeda amandla Bheka indlela
abantu abahlala ngayo ezihlalweni zabo; abanye babonakala
belele futhi bekhathele, kangangokuthi lapho ubabona,
uzizwa ukhathele Abanye bahlala beqonde phezulu, futhi
uyazi ukuthi banamandla; lapho ubabheka, uxhumana nabo

Noma ngubani ozivumela ukuhlala egobile futhi
ngokunganaki unegalelo ekugobeni nasekugobeni
komgogodla wakhe ngokuma okungalungile Lolu hlobo
lokuhlala luthinta nesimo sengqondo futhi lwenza
ukucabanga kube kubi

Labo abahlala beqonde futhi bemi kahle banethemba
elikhulu futhi banethemba. Labo, ngenxa yezimo
ezikhethekile, abangakwazi ukuhlala beqonde bangakwazi
ukuvala lokhu ngokuba nethemba, umbono omuhle, kanye
.nokuba khona kwengqondo okuqinile

Hlala ugxilisa ingqondo yakho kunoma yini oyenzayo,
kungakhathaliseki ukuthi ingase ibonakale incane noma
incane kangakanani, ngesikhathi esifanayo ugcine ingqondo

yakho iguquguquka ukuze ukwazi ukushintshela kwenye
intshisekelo uma kudingeka Kodwa ngaphezu kwakho konke,
yenza konke ngokugxila okuphelele, njengoba lokhu
kuzothuthukisa kakhulu ikhono lakho lokuthonya

Iningi labantu abaphumelelayo kwezamabhizinisi
kunoma yimuphi umkhakha bayazi kahle indlela
yokusebenzisa amandla kazibuthe

Ukuzithiba kunikeza umuntu ithuba elimangalisayo,
kanye nekhono lokuba nengqondo elinganiselayo
.engathinteki yimizwa nezinkanuko

Intshiseko yemizwa kumele iguqulwe ibe amandla, ibe
umsebenzi wengqondo, futhi ukuhlakanipha kumele
.kulawule imizwa ukuze kuvele amandla okuzikhandla

Ubuhlakani obuhlanganiswe nemizwa kudala amandla
okuzibutha Umuntu onamandla okuzibutha ukhuluma
ngokuzethemba

Ukhuluma ngokunengqondo, kodwa amazwi akhe
agcwele imizwa Kumelwe sibe qotho kukho konke
esikushoyo nesikwenzayo, kodwa ubuqotho akusho
ukucasula noma ukuhlazisa abanye

Imifino nezithelo zinezakhiwo ezibangela ugesi,
ikakhulukazi izithelo, njengoba zingaphazamisi noma
zivimbele inqubo yokugaya ukudla, kuyilapho ukudla
amaprotheni kanye nesitashi ngokweqile kusiza ekubekeni
.ubuthi emzimbeni

Noma yisiphi isitho esigulayo sizodala ukungalingani
emzimbeni. Isisu, ikakhulukazi, kumele sigcinwe siphilile
futhi siphilile; isibonelo, igesi esiswini ibangela
ukungakhululeki futhi ngaleyo ndlela ithinta kabi amandla
.okubutha

Ukudla ukudla okuningi kunemiphumela engathandeki,
kuyilapho ukuzila ukudla kusiza ekwembuleni amandla
okudonsela phansi komuntu, njengoba kunjalo
nangokungadli ukudla ngezikhathi ezithile, kodwa lokhu
akusho ukuzilambisa kuze kube seqophelweni lokulimaza
.impilo yakho

Labo abadla inyama kathathu ngosuku banenkinga
yokubona futhi amandla okudonsela phansi amancane.
Kodwa-ke, ukudla okunempilo kuphela akwanele; isidingo
ukucabanga okuhluzekile, ukuziphatha okuhle, nokuhamba
.ngobuqotho ezindleleni zokuphila

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Uma uhlala uthemba

Ukwethembana okuphelele, ngaphandle kokungabaza

Ukuthi amandla kaNkulunkulu asebenza ngaphakathi
kuwe

Ngemuva kwemicabango yakho, imithandazo, kanye
nezinkolelo zakho

Ukukunika amandla angenamkhawulo

Ukubhekana nazo zonke izimo zempilo

Futhi uma ukholwa ukuthi uNkulunkulu unawe

Ukunakekela kwakhe kuhambisana nesinyathelo sakho
ngasinye

Uzohlala uzizwa izibusiso zalo

Futhi uzwe ubukhona bakhe

Kuzo zonke izici zokuphila kwakho

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UNkulunkulu uluthando, futhi icebo Lakhe lokudala
lalingenakuba livela, noma lisekelwe, kunoma yini enye
ngaphandle kothando. Ingabe lowo mbono olula awuniki
inhliziyo yomuntu induduzo nethemba elingaphezu kwanoma
?yikuphi okunye ukucabanga
Bonke abantu abanolwazi abaye bafinyelela enkabeni
yeqiniso bafakazile ngokuba khona kohlelo lwaphezulu
olukhona emhlabeni wonke, nokuthi luhle futhi lugcwele
.injabulo

UNkulunkulu wasidala njengezingelosi zamandla,
ezimbozwe yimisinga yokuphila, egeleza ezibanini
ezibonakalayo

Kodwa ngenxa yokugxila kwethu ebuthakathakeni
kanye nobuthakathaka besibani esibonakalayo, sesikhohliwe
ukuthi singazizwa kanjani izakhiwo zaphakade nezingonakali
zamandla okuphila okuphakade akhona ngaphakathi
.kwesibani, esingashintshashintsha futhi sishintshe
,Uma udlula ukuqonda kwaleli zwe
Ukuqonda ukuthi awusiwo umzimba noma ingqondo
Noma kunjalo, uhlala wazi ukuthi ukhona
Imvelo yakho yangempela yileyo ngqondo emsulwa,
engenamingcele

Lowo oqukethe konke okusemkhathini
Uthando lwaphezulu luhlanza zonke izifiso zezinto
ezibonakalayo futhi luziguqula zibe yizifiso ezinhle nezifiso
eziphakeme, futhi luphulukisa inhliziyo ebuhlungwini
obuvame ukubangelwa ubudlelwano obungasekelwe
ezisekelweni eziqinile zothando olungaguquki, ukuqondana
okuthile kanye nenhlonipho, noma okubangelwa ukufa
.kothandekayo

Uma simthanda ngokuphelele uNkulunkulu,
asinakwaneliswa yinoma yiluphi olunye uthando ngaphandle
kokuba luyingxenye yalolo thando olukhulu, futhi kulolo
thando lwaphezulu sizothola uthando lwezinhliziyi zonke
ngoba uNkulunkulu ungumthombo wothando endaweni
.yonke

Konke umhlaba okupha khona bese ukuphuca,
okukushiya udabukile, ubuhlungu, noma ukukhungatheka,
uzothola kuNkulunkulu ngesilinganiso esikhulu kakhulu futhi
.ngaphandle kwemiphumela yokudumazeka nosizi
Ngiphonsa inetha lezifiso zami
Olwandle olukhulu lwemicabango yami

Kwakungiphunyuka engqondweni njalo
O Uthando Olungcwele
!O, inyamazane eyigugu
Nokho, ngiyaqhubeka nokuntywila
Ekujuleni kokuthula

Futhi ngaphandle kokuyeka, ngiphonsa inetha lothando
lwami kuwe
Omunye emva komunye
Kumelwe ngikubambe ngolunye usuku
Ukulangazelela kwami okungapheli ngawe
kuyinethiwekhi

Ngiphonsa lolu thango lothando lwami yonke indawo
Ngaphezu kwamagagasi okuphila aphithizelayo
Futhi mayelana nezinkanyezi ezikhazimulayo
Futhi ekujuleni kwemiphefumulo emihle

Engikwaziyo nje ukuthi ngingumzingeli
Futhi ngizoqhubeka nokuzama ukukubamba
O isifiso esithandekayo nengcebo enkulu kunazo zonke
!ekhona

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Abaphilisi noma abapristi abavamile abanawo amandla
okuthethelela izono noma ukukhulula izoni eziza kubo zifuna
iseluleko; konke abangakwenza ukubanika imithi
engokomoya, akukho okunye

Labo abamaziyo uNkulunkulu sebefinyelele ezigabeni
ezingokomoya ezithuthukile kakhulu, kangangokuthi
abaneliseki ngokunikeza izoni iseluleko esingokomoya
kuphela, kodwa bangakwazi – ngomusa nangosizo
lukaNkulunkulu – ukubanika amandla angokomoya
.abakhulula emiphumeleni yezenzo zabo zesono

Zonke izenzo ezinhle nezimbi zifihlakele
emangqamuzaneni obuchopho futhi zibonakala
njengemikhuba emihle noma emibi noma ukuthambekela
emcabangweni

Umntu ohlushwa imikhuba engaphilile ngenxa yokuthi
amangqamuzana akhe obuchopho agcwele amandla aleyo
mikhuba angazikhulula ngamandla okuzimisela, ukuzindla,
umthandazo oqotho, kanye nokuqinisekisa okuqhubekayo
kuze kube yilapho yonke imikhuba yakhe engathandeki
.iguqulwa ibe imikhuba emihle yokuthula nokuthula

Lokhu kwenzeka lapho amandla okuphila aqondiswe
kahle esebenza ukushintsha isimo esingavamile
samangqamuzana obuchopho ukuze lawo mangqamuzana
.agcwale konke okuhle, okulungile, nokuhle

Lokhu kusho ukuthi amangqamuzana obuchopho
agcwele imibono engamanga ashiswa umsebenzi obalulekile
lapho eqoqwe kakhulu ebuchosheni futhi esetshenziselwa
.izinjongo ezinhle nezizuzisayo

Umuntu onamathele kakhulu emzimbeni wakhe
wenyama ugcina umsebenzi wakhe obalulekile uhilelekile
emisipheni nasezinzweni zakhe, kodwa umuntu onezimo
ezingokomoya ezijulile ugcina imisipha yakhe nomzimba
wakhe esimweni sokuphumula okusebenzayo, futhi ingqondo
yakhe ikude nezinzwa, ukuze amandla okuphila ayeke
.ukuhlala ohlelweni lwezinzwa futhi aqoqeke ebuchosheni

Ngenxa yalesi sizathu, ukuzindla kuyindlela ephumelela
kakhulu yokwenza amangqamuzana obuchopho abe
ngokomoya futhi kususwe izimpande zanoma yimuphi
.umkhuba ongafuneki engqondweni

Umkhuba ungamandla, futhi abantu bawasebenzisa kabi
lawo mandla ngokwenza izenzo ezimbi esikhundleni
sokuwasebenzisa ezenzweni ezinhle

Ukungazi, ukuntuleka kokucabanga, ukwehluleka
ukukhetha abantu abahle, kanye nokunganaki izenzo ezinhle
kuvame ukuholela umuntu ezingibeni nasezingibeni
zemikhuba emibi, efana nesihlabathi esimanzi esigwinya
.umuntu ohamba kuso ngenkani

Ithonya lobungani linamandla kunamandla okuzimisela
:kanye nokwahlulela okunengqondo

Ungabi umngane nomuntu omubi, ngoba umuntu)
(omubi angonakalisa ubuntu bakho

Abantu abahlakaniphile benza izinto ngokuhlakanipha
ngaphandle komzamo, kuyilapho labo abathanda okubi

bebonakala bephoqelekele ukwenza izenzo ezilimazayo
nezenzondayo ngamandla omkhuba obaphoqa ukuba benze
.isono nobubi

Sicela uNkulunkulu uSomandla ukuba asiphefumulele
ngemicabango emihle
Ukuze sibone ubuhle nobuhle
Sihlukanisa phakathi kwalokho okuzuzisayo nalokho
okulimazayo
Futhi ukuze siphendukele kuye
Futhi sinethemba ngakho
Umthombo wakho konke okuhle
Futhi umthombo wakho konke okuhle

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Ngemuva kwezithunzi zale mpilo kulele ukukhanya
okumangalisayo nokumangalisayo kukaNkulunkulu

Indawo yonke iyithempeli elikhulu lokuba khona kwaKhe
okubusisiwe

Uma sicabanga ngoNkulunkulu ngendlela ejulile nejulile
Futhi simthanda ngothando olukhulu kakhulu
Simthemba ngokuphelele
Iminyango eminingi iyavuleka phambi kwethu

Futhi lapho sibona ukukhanya Kwakhe
Futhi sizwa ubukhona bakhe
Akuzona zonke izehlakalo ezimbi nezisabekayo
empilweni ezingenza

Ukusiphuca ukuthula nokuthula
Lezo zinto ezisenza sizizwe siseduze noNkulunkulu

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Ekuphileni nasekufeni
Ezifweni nasendlaleni
Noma ubumpofu nokuhlupheka
Futhi ezinkingeni, ezinxushunxushwini,
nasezinxushunxushwini zomhlaba
Ngiphephela kuwe, Nkosi, njalo

?Luyini uthando
Uthando luyiphunga lama-lilies aqhakazayo
Futhi ikwaya yama-roses athule
Ukugubha ubuhle bemvelo

Uthando luyingoma yomphefumulo ehlabelela impilo
Futhi umdanso olinganiselayo onesigqi wamaplanethi
Ohambweni lwayo oluhlala njalo oluya esikhaleni
esijulile

Kungukunxanela kwezimbali ukuphuza ilanga
Futhi iyachuma futhi yondliwe yi-elixir yokuphila

Kuyisifiso somhlaba
Ukondla izimpande ezomile ngobisi lwazo
Nokondla izidalwa eziphilayo ngengqikithi yokuphila

Kuyintando enamandla yelanga

Ukugcina zonke izidalwa zisebenza
Kungamandla aqhuba impilo
Ukuvikela nokunakekela izingane ezincane

Ukumamatheka kobumsulwa okuvusa uthando lwabazali
ngosana
Kungukuzithoba okuzenzakalelayo ezinhliziyweni
zabathandi
Ukunikeza isevisi kanye nenduduzo mahhala

Kungumphumela wobungane
Lowo ophulukisa izinhliziyi eziphukile futhi elapha
amanxeba
Kuyibizo lenhliziyo elingachazeki

Uyimbongi echichima uthando ngesintu
Lowo ohlushwa usizi lwakhe

Kuyisiyingi sokusondelana phakathi kwamalungu
omndeni ofanayo
Ukwanda njalo nokwanda kuya ezindaweni ezinkulu
Futhi amasimu abanzi

Kungukuhleba kokuphila
Emiqondweni yezingqondo ezivulekile
Futhi isibhakabhaka sezinhliziyi esigcwele izinkanyezi
zemizwa emihle

Uthando luyinjabulo yomphefumulo
Lokho imiphefumulo enothando efisa ukukuthola
Futhi ulangazelela ukumfinyelela nokuxhumana naye

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Ukufa – kwangathi impilo yakho ingaba yinde – akusona
isiphetho, kodwa ukukhululwa kwesikhashana okunikezwa
umuntu lapho umthetho wobulungiswa wendawo yonke
unquma ukuthi umzimba wakhe wamanje nendawo akuyo
kuye kwafeza injongo yawo, noma lapho ecindezeleka
kakhulu, ekhathele, noma ehlupheka kangangokuthi
.akasakwazi ukuthwala imithwalo yokuphila kwasemhlabeni

Kulabo abahluphekayo, ukufa kuwukuvuka noma
ukukhululwa ekuhluphekeni okubuhlungu komzimba kuya
.ekuvukeni kokuthula, ukuthula, nokuphumula

Kwasebekhulile, kuwumhlalaphansi abawuthole
eminyakeni eminingi yomzabalazo kanye nokusebenza
.kanzima empilweni yabo yonke

Kubo bonke abantu abalungile, kuyikhefu elihle

Sekuyisikhathi sokuba isintu sisebenzise amandla
angaphakathi kwaso embula amaqiniso Injabulo
ixhunyaniswe nalesi sambulo, futhi labo abafisa ukufinyelela
lawo ma-horizons angaphakathi kumele basebenzise
umzamo onenjongo futhi bondle izingqondo zabo ngemibono
yokudala ukuze bathinte amaqiniso uNkulunkulu awabeke
ngaphakathi kwabo futhi bazuze emandleni abusisiwe
.agcwele ebuntwini babo

Ubani ofisa ukwanelisa izinzwa zomzimba ngaphandle
?kokunambitha umpe wenjabulo engokomoya
Utshala imali entwasahlobo yaphezulu, umthombo
wakho konke ukwaneliseka nenjabulo, ngendlela elahlekile,
ngakho ukuhweba kwakhe kuyahluleka futhi umphumela
.wakhe wokuhlakanipha uphansi

Labo abafisa ukwazi uNkulunkulu bazonikezwa isifiso
sabo nguNkulunkulu ngoba unomusa futhi uyaphana. Nokho,
abantu abaningi bagijimela izifiso zezwe, beziduduza
ngenjabulo yezinto ezibonakalayo engapheli, futhi
bahlupheka ngenxa yokungafinyeleli noma ngenxa
!yokuyifinyelela

Ngisho nalabo abaphumelelayo ngokwezimali
ekugcineni bazozizwa bengenalutho ekuphileni kwabo
okunzima ukukugcwalisa Labo abaxhumanisa ukuphila
kwabo noNkulunkulu, nokho, bacebile, banamandla, futhi
bajabulela ukwaneliseka nokuchuma

Ukungazinaki iziqondiso zokuhlakanipha nokungazinaki
izwi likanembeza kuholela ezindleleni ezigobile, ezishelelayo,
eziyingozi, nezidabukisayo, kuyilapho ukulandela indlela
yokulunga kuholela ekukhululweni ezibophweni
nasekutholeni amandla okwenza okulungile, hhayi lokho
.okulawulwa yimizwa engalungile nemikhuba edukisayo

Labo abafuna injabulo bangazuza kokuhlangenwe nakho
kwabantu abahlakaniphile abaye babhekana nezinkinga
.zokuphila futhi bathola izixazululo zazo

Ngempela, noma ngubani ovumelana nezinjongo
zikaNkulunkulu ubhukuda olwandle lokwaneliseka nokuthula,
.futhi unenhlanhla yangempela

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Yonke imicabango esinayo idala ukudlidliza okuthile

Uma ucabanga ngoNkulunkulu ngayo yonke impilo
yakho, ingqondo yakho, kanye nemilenze yakho - futhi
uhlebelala ngokuthi "O Nkosi" ngokuphindaphindiwe
ngaphakathi kuwe, udala ukudlidliza okunamandla okuletha
.ubukhona bukaNkulunkulu empilweni yakho

Uma siqaphela ukuthi uNkulunkulu uyisithandwa sethu
saphakade nomngane wethu ohlala njalo, nokuthi uthando
Lwakhe ngathi lukhulu kunanoma yiluphi olunye uthando,
khona-ke sizwa ukusondela Kwakhe futhi sithinte ubukhona
Bakhe, futhi izinhliziyi zethu ziyaqinisekiswa futhi sizwa
.ukuthula okungokomoya okuphezulu

Uma uzindla ngoNkulunkulu futhi uzwa ukuqhuma
kwenjabulo okwandayo enhliziyweni yakho nasemzimbeni
wakho wonke, futhi ukuqhuma kwaleyo njabulo kuza kuwe
ngezikhathi ezithile, yazi ukuthi uNkulunkulu uphendulile
izifiso zenhliziyo yakho nokuthi imizwa yenjabulo oyizwayo
.iwubufakazi baleyo mpendulo ebusisiwe

Imikhuba iyithuluzi lengqondo elizenzakalelayo kanye
nezindlela ezisiza ekufezeni imisebenzi edingekayo kalula
nangokungakhathali

Abaningi bavumela imikhuba yobuthakathaka
nokwehluleka ukubagqilaza, futhi umuntu angazivikela uma
ephila ngendlela ehlukile, uma nje ezimisele ngokulwa
nemikhuba eyingozi aze afinyelele ekuphepheni nasogwini
.lokunqoba

Izifiso ezingalawulwa zikhuthaza imikhuba engemihle
ngokuyondla nokuyithethelela ngamathemba angamanga
nezithembiso zenjabulo ekhohlisayo nokwaneliseka
okudlulayo

Kulezo zikhathi zobuthakathaka nokudideka umuntu
ofisa ukunqoba imikhuba engalawuleki kumele abize
amandla akhe okuqonda ukuze aqonde ubunjalo bawo
.bangempela futhi abhekane nawo ngempumelelo

Imikhuba emibi inemiphumela emibi kakhulu futhi
inezithelo ezibabayo nezinobuthi

Le mikhuba ebhubhisayo, uma ingalawulwa, izokhula ibe
namandla, igcine umuntu ebambelele ngokuqinile futhi
.ithonye kakhulu

Uma ingqondo isiqiniseka ngobuze nokulimala kwaleyo
mikhuba, ithonya layo liyancipha futhi ekugcineni
.iyanyamalala empilweni yomuntu

Yileyo ndlela esicabanga ngayo, yilokho esiyikho

Ukuthambekela okujwayelekile kwemicabango yethu
kunquma uhlobo lwamakhono ethu, amakhono, kanye
nobuntu bethu

Abanye abantu bacabanga ukuthi bangababhali,
abaculi, abantu abasebenza kanzima, noma abantu
abavilaphayo, abangenzi lutho, njalo njalo. Kodwa kuthiwani
uma ufuna ukuba ngomunye umuntu ongeyena lowo onguye
?manje

Ungase uphikise ngokuthi abanye abantu bazalwa
benamakhono akhethekile ongenawo kodwa ufisa sengathi
ubunawo. Lokho kuyiqiniso. Kodwa baye basebenza
ekuthuthukiseni lawo makhono noma isifiso sokuba nawo
kusengaphambili. Uma kungenjalo empilweni yamanje,
.khona-ke empilweni yangaphambilini

Ngakho-ke, kufanele uqale manje ukusebenza
ekuchazeni lokho ofuna ukuba yikho

Ungagxilisa futhi usungule noma yikuphi ukuqondiswa
engqondweni yakho njengamanje, uma nje ufaka umqondo
oqinile engqondweni yakho, bese izenzo zakho
zizohambisana futhi wonke umzimba wakho uzosabela
.kulowo mbono futhi wenze ngokufanele

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Ukuqonda okungokomoya kuzalwa ebuntwaneni
bothando, olukhulu kakhulu kunamandla okubhubhisa
enzondo

Noma yini esiyishoyo noma esiyenzela abanye kufanele
ishukunyiswe uthando

Akumelwe silimaze noma sigxeke abanye, kodwa
kunalokho sibathande futhi sabelane nabo ngezibusiso
uNkulunkulu asipha zona

Izinto esinazo akuzona ezethu ngempela; sinikezwe
zona ukuze sizisebenzise okwesikhashana, futhi zizothathwa
.kithi lapho sishiya leli zwe

Kumelwe singobe ukuba nobugovu futhi sinikele
ngalokho esingakwenza; khona-ke sizoletha
.ngokuzenzakalelayo ubuhle nezibusiso kithi

Izikhathi eziningi ngangingenalo ngisho nesenti elilodwa,
kodwa ngangithembele ebhange laphezulu, futhi ukuchuma
okungcwele kwakuhambisana nami futhi amandla aphezulu
.angisekela

Ukholo lwami oluphelele kuNkulunkulu nosizo lwaKhe
luyisiqinisekiso sami esiphelele empilweni, ngoba akakaze
.angidumaze noma angidumaze

Uma unolwazi olungokomoya, noma ngabe uya kuphi,
nanoma yisiphi isidingo sakho, umthetho wendawo yonke
.uzosebenza ukuze ugqwalise lokho kuwe

Ukubuka indalo ngamehlo abonayo

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Yeka ukuthi le ndawo yonke imangalisa kangakanani! Kuyo, uNkulunkulu ubonisa futhi abonise izimangaliso zendalo Yakhe Abantu akufanele bahambe njengabafuleyo kuleli zwe, kodwa kunalokho bacabange, bahlaziye lokho abakubonayo, futhi bazise lokho uNkulunkulu kanye nePhini lakhe, isintu, abakwenzile kulo mhlaba Yeka indlela isakhiwo sendawo yonke esinembile ngayo! Indlela esadalwa ngayo kanye nesimiso esihlelekile lapho imishini yokudala isebenza khona, ngokomthetho wendawo yonke, kuyisibonelo sokunemba nokuphelela (umsebenzi kaNkulunkulu, owaphelelisa zonke izinto)

Sonke sibona izimbali futhi sijabulela ubuhle bazo kanye nokunambitheka kwazo, kodwa ubani onekhono lokwazi imfihlo yokuba khona kwezimbali? Umuntu kumele acabange futhi acabange ngezindlela nezinto ezakha konke akubonayo nsuku zonke, kungaba incwadi, insimbi yomculo, indlu, noma umuthi.

Izimoto, isibonelo, zivame ukuthathwa kalula Kodwa uma ubungavakashela amafektri lapho zihlanganiswa futhi zikhiqizwa khona, ubungaqaphela ukuthi umklamo wazo uyinkimbinkimbi futhi uyinkimbinkimbi kangakanani Cabanga futhi ngalokho okufakwayo ekwenzeni amaphephandaba ansuku zonke kanye nemishini ewanyathelisayo Akukho sandla somuntu esingasebenza ngesivini esingaka

Uma izinto ezenziwe ngabantu ziyinkimbinkimbi futhi zixhumene kangaka, kuthiwani ngobunzima obungenamkhawulo bokwakheka kwezitshalo, izilwane, kanye nabantu!

Kudingeka iminyaka eyishumi ukuze kufundwe isayensi yezokwelapha ukuze kuqondwe ukwakheka kanye nezidingo zomzimba, okubonakala kuyinto evamile.

Uma isitshalo sisesigabeni sokuqala sokukhula emanzini ngaphakathi kwesitsha sengilazi, izimpande zaso zifana nezinwele ezinhle. Kodwa-ke, uma sitshalwe, amandla agcwele ubuhlakani obuphezulu futhi akhona ezimpandeni avumela isitshalo ukuthi simunce izakhamzimba ezidingekayo ukuze sikhule enhlabathini nasemanzini.

Akumangazi ngempela ukuthi ijusi elondla amaqabunga esitshalo ligeleza phezulu ngokumelene namandla adonsela phansi? Ngokususa igxolo esiqwini sesitshalo noma esiqwini somuthi, umuntu angabona ukusebenza okuyinkimbinkimbi kwamapayipi alawula ukugeleza kwalelo jusi Amandla ashukumisayo ngemuva kwale nqubo yokondla nokukhula iyimfihlakalo ebizwa ngokuthi impilo uqobo

Uma ngisengqondweni yaphezulu, ngibona impilo ngisho nasezintanjeni zotshani engingakaze ngiphuphe ukuthi ngizokwazi ukubona izimangaliso ezifihliwe zendalo. Ukuzindla ngalezi zimangaliso kuwukuma ngokwesaba nangokuhlonipha phambi kobukhosi nenkazimulo kaNkulunkulu.

(Futhi ngangihamba ngendlela yomuntu othobekile nozithobayo)

(UNkulunkulu akaqhoshi futhi akaqhoshi)

Ngokunemba okukhulu, intando kaNkulunkulu imise isimo sazo zonke izinto eziphilayo, kanye nazo zonke izidingo ezidingekayo zokondliwa kwazo, ukugcinwa kwazo, kanye nokulondolozwa kwazo zisesimweni esihle futhi zikwazi ukwenza imisebenzi yazo. Uma kungaba khona ukuntuleka

kwalezi zidingo zokudla okunempilo, isibonelo, izitshalo, izilwane, kanye nabantu bazohlupheka ngenxa yalokho.

Umuntu ojwayelekile uthola zonke izakhi zamakhemikhali ezahlukahlukeni ezidingwa ngumzimba ekudleni kwakhe Kodwa-ke, abantu abaningi abawunaki umkhombandlela wokudla okunempilo, ukudla ukudla okungenazo zonke izakhi ezidingekayo noma ibhalansi yokudla okunempilo ebalulekile ukuze kube nempilo enhle Ukungondleki kahle kuyimbangela enkulu yezifo eziningi zabantu Ukushoda kokudla okunempilo kunomthelela obonakalayo cishe ngokushesha esitshalweni esinokudla okuncishisiwe ezinye izakhi zamakhemikhali ezibalulekile.

Kukhona ukushintshana okubalulekile phakathi kwabantu nazo zonke izinto eziphilayo. Ukushintshana phakathi kwabantu nezilwane kwaziwa kahle. Abantu baphefumula umoya-mpilo futhi bakhuphe umoya-mpilo, kuyilapho izihlahla zimunca futhi zigcine i-carbon dioxide namanzi, okuhlukaniswa yi-photosynthesis ukuze kwakheke ama-carbohydrate (izinhlanganisela ze-carbon, umoya-mpilo, ne-hydrogen, njengezintshi noshukela)

Kule nqubo, izihlahla zikhipha umoya-mpilo obalulekile kubantu. I-Photosynthesis iyaphela ebusuku ngoba incike ekukhanyeni kwelanga. Kodwa-ke, ngenye inqubo ebizwa ngokuthi ukuphefumula, izihlahla zikhipha njalo i-carbon dioxide emkhathini, ikakhulukazi ebusuku lapho kungekho mphumela wokulwa ne-photosynthesis, emunca i-carbon futhi ikhiqize umoya-mpilo.

Ebusuku umoya uvame ukuzola, futhi i-carbon dioxide esindayo ihlala eduze komhlabathi. Lokhu kungenxa yokuthi umkhuba wokulala emibhedeni, okungukuthi, ngaphezu komhlabathi, wakhula.

Isayensi isivezele izindlela eziningi eziyinkimbinkimbi
zale ndawo yonke—izakhi esakhiwe ngazo sonke Kodwa
kusenolwazi oluningi olungakadalulwa Uma singahlakulela
amandla afihliwe ezinzwa zethu, singazuza ukuqonda
okujulile nokucebile Kukhona izinto okufanele sizibone
ngamehlo ethu, kodwa asizenzi Izinto okufanele sizizwe
ngezindlebe zethu, kodwa asizenzi ngoba ezinzwa zethu
zijwayele futhi zincike kokuhlangenwe nakho komhlaba
oqinile, olinganiselwe

Ukukhululwa kulokho kunamathela akukhona
ukwenqaba injabulo yemizwa, kodwa kunalokho ukwandiswa
kobubanzi bamakhono ethu emizwa—esinikezwe
nguNkulunkulu—aze afinyelele amandla awo angokomoya
aphelele.

Ezingeni elibonakalayo, isintu sithole izindlela
ezahlukene zokuthuthukisa amakhono aso okubona. Iso
elinqunu lithola imibono embalwa yombala; nokho, amanye
amatshe ansundu akhanyayo abonisa imibala ekhazimulayo
ngaphansi kokukhanya kwe-ultraviolet. Lapho lokhu
kukhanya kuvinjiwe, amatshe abuyela embala wawo
omnyama wokuqala. Imibala eminingi emhlabeni
obonakalayo, njengoluhlaza okwesibhakabhaka
esibhakabhakeni, iyimibono yokukhanya edalwe
ukubonakaliswa kokukhanya ezinhlotsheni ezahlukene
zezinhlayiya zento. Njengoba iso likwazi ukubona kuphela
ububanzi obulinganiselwe bokudlidliza okwakha konke
endaweni yonke, abantu abakwazi ukubona ama-spectra
angabonakali, angabonakali afihliwe kukho konke
okubazungezile. Uma singawabona, besizomangala
ngobuhle bawo kanye nobuhle bawo. Ngisho nemibala
yasemhlabeni ekhanya kakhulu ibonakala ingabonakali futhi
ingabonakali uma iqhathaniswa nemibala emihle yendawo
yamaplanethi noma ye-ethereal.

Ngakho-ke, iso noma indlebe azikwazi ukubona konke okungabonwa Abantu abakwazi ukuphefumula amaphunga amnandi noma ukubona izimo eziningi ezingabonakali, izithombe, kanye nemibono ebucayi egeleza phakathi kobukhulu be-ether.

Abantu bavame ukungakwazi ukubona ngisho nezinto ngaphakathi kwemizwa yabo Abantu ababonayo bayazisa ubuhle yonke indawo Abanye benza sengathi abanamehlo; ababoni futhi abaqondi—"izithulu, izimpumpithe, nezimungulu, ngakho abaqondi"—ngoba abakwazi ukubona noma yini, ngisho nasezindaweni ezinhle

Ngesikhathi ngivakashela iMexico futhi ngibona "izingadi ezintantayo" zeLake Zuquemilco, ubuhle bazo bagcwalisa inhliziyo yami, futhi ngezwa ubuhle nobukhulu bomdwebi ongcwele. Kwakukhona omunye umuntu owayebonakala egxile kulezo zimangaliso zemvelo, kodwa umuzwa wangaphakathi wangitshela ukuthi wayengakuboni engangikubona. Ngambuza ngombono wakhe ngalezo zindawo ezinhle, waphendula wathi, "Bengicabanga ngendlela ephumelelayo yokukhipha amanzi ukuze kulinywe umhlabathi owengeziwe."

Njengonjiniyela, wayebuka ichibi ngombono wakhe. Ngakho-ke, sonke sibona izinto ngokwemibono yethu kanye nokubandlulula kwethu.

Wonke umphefumulo ugcwele ukudlidliza okuhlukene kwemizwa, imicabango, nemizwa—zonke izici ezifaka isandla ekwakhekeni kobuntu noma ukuqonda komuntu Umuntu ngamunye unokwakheka okuhlukile, ukudlidliza okuhlukile Konke umuntu akwenzile kusukela ebuntwaneni kuhlala kugcinwe ebuchosheni njengama-capsule acindezelwe okuthambekela nokuthambekela Njengoba singenakuzibona lezi capsule ezingabonakali, simangazwa yizenzo zabantu, ngamunye ngokwezifiso zakhe. Abanye bashukunyiswa

kalula yinjabulo ngaphandle kwesizathu, noma bathukuthele futhi babe nemizwa ngezindlela ezingachazeki, ngisho nakubo ngokwabo Abanye bahlala bematasa ngokugxeka, bedala ukungezwani, besakaza amahemuhemu, futhi bedalula abanye, kuyilapho bona uqobo lwabo ludinga kakhulu ukuhlanzwa nokuhlanzwa. Lokhu kuthambekela kwengqondo kungcwaba umphefumulo futhi kuvimbele umuntu ekudaluleni amandla akhe aphezulu. Yeka ukuthi abantu bayinkimbinkimbi futhi bazibekela imingcele kangakanani! Umuntu ngamunye, ngokwakhe, uyindaba enezahluko eziningi, enezehlakalo ezixhumene nezigcawu ezahlukahlukene

Ngaphezu kokudla, ukulala, nokusebenza, abantu kulindeleke ukuthi bathole okuthile okunenjongo empilweni Abacabangi bacabanga ngendawo ebazungezile futhi bavame ukumangala ngalokho abakubonayo Babukela eduze futhi babuze ukuthi kungani izinto zenzeka noma zingenzeki ngendlela ethile Isibonelo, sithola isethi eyodwa yamazinyo, bese kuba isethi yesibili, ngakho kungani singatholi nesethi yesithathu? Kungani uhlelo lusebenza ngale ndlela?

Abantu bayamukela kalula imibono eminingi ekhohlisayo yokulinganiselwa kwemvelo ngaphandle kokungabaza okukhulu, ngaleyo ndlela bavumela leyo mibono ukuthi ilawule izimpilo zabo kanye nekusasa labo. Abacabangi abasamukeli kalula isimo esikhona; kunalokho, balwela ukusishintsha, futhi yilokhu kanye okwenza intuthuko ibe nokwenzeka.

Ngiyajabula lapho ngibona impumelelo yabantu engavamile kanye nezinto ezintsha ezisiza isintu ngandlela thile. Zingaki izimangaliso ezivele engqondweni yomuntu! Kodwa ingqondo ngokwayo ihlala iyinkimbinkimbi kakhulu kunayo yonke into eyikhiqizile.

Kukhona indaba ngenkosi eyabonisa umusa nothando olukhulu kundunankulu wayo, okwavusa umona nomona ezinhliziyweni zabanye abaphathi bendlu abaqaphela ubandlululo olusobala lwenkosi Lapho inkosi iqaphela lokhu, yafuna ukubachazela ukuthi kungani undunankulu ayeyintandokazi yayo.

Ngolunye usuku inkosi kanye neqembu layo bezwa umculo uvela kude, ngakho yaphendukela komunye wabaphathi bayo yathi: "Sitholele izindaba"

Ngemva kwesikhashana indoda yabuya yathi bekuwumcimbi womshado. Inkosi yabuza, "Umshado kabani?" kodwa umphathi wendlu akaphendulanga.

Wabe esethumela omunye umphathi wendlu owabuya nempendulo yombuzo wokugcina wenkosi, kodwa akakwazanga ukuphendula noma yimuphi komunye. Kwenzeka into efanayo nakwabanye abantu.

Ekugcineni, inkosi yabiza undunankulu wayo omkhulu yamyala ukuba ayophenya ngalolu daba. Undunankulu wahamba ngokushesha, kwathi lapho ebuya, inkosi yamphonsa imibuzo eminingi, yonke leyo ndunankulu ehlakaniphile nethembekile yakwazi ukuyiphendula ngemininingwane eyanelisayo.

Abantu abaningi abahlakaniphile nabangenangqondo bafana nabalindi bomnyango abangenalwazi. Ababona ngempela iziphukuphuku, kodwa babilapha kakhulu ngokomqondo kangangokuthi abawenzi umzamo ongaphezu kwesidingo esiphelele. Ngingathethelela ubuvila bomzimba, njengoba kungase kube nesizathu esizwakalayo somzimba, kodwa asikho isizathu sokungenzi lutho ngokomqondo! Labo abangasebenzi ngokwengqondo abafisi ukucabanga ngoba ngisho nokucabanga kubonakala kubo kuwumsebenzi onzima.

Umcabango uyinto emangalisayo futhi emangalisayo
Akekho ongahlukanisa imikhuba nemibono yengqondo
ngezigaba. Amandla ayo angenamkhawulo. Ngakho-ke, uma
ubhekisisa futhi ucabanga ngokujulile nganoma yisiphi
isihloko, uzothola impendulo yanoma yimuphi umbuzo
ohlobene naleso sihloko.

Imizwa yakho kumele ivumelane nemicabango yakho
Uma ungavumelanisi imizwa yakho nemicabango yakho,
iziphetho zakho ngeke zihlale zilungile Ukuzizwa kuwuhlobo
lokuqonda, indawo yokugcina lonke ulwazi Ukuzizwa kumele
kulinganise ingqondo, ngoba yilapho kuphela lapho
isithombe esingcwele sikaNkulunkulu esingaphakathi kuwe
sivela khona ngokuphelele Ngakho-ke, i-yoga ifundisa
umuntu indlela yokulinganisela amandla engqondo nemizwa
Labo abangenazo zombili ngokulinganayo abavuthiwe

Lapho umuntu ofunayo ethuthuka ngokomoya futhi
esondela kuNkulunkulu, kulapho uNkulunkulu embonisa
khona izimangaliso zokuphila Ngemuva kwayo yonke into
ebonakalayo kukhona iphethini engokoqobo yokukhanya
okunemibala Embusweni ongokoqobo noma wamaplanethi,
konke kugcwele impilo Akukho okufana nokungabi nokuphila
lapho

Ifektri efihliwe yendawo yonke ingaphezu komcabango.
Indawo yonke ingumqondo owodwa engqondweni
kaNkulunkulu! Ngisho nemithala isebenza futhi ilawulwa
yimithetho yezibalo engaphezu kokuqonda komuntu. Konke
kusebenza ngokwesimiso sokunemba okukhulu nokuphelela.
Yeka ingqondo enamandla leyo ngqondo yendawo yonke!
Uqobo olungenamkhawulo lusebenza kukho konke, futhi
zonke izivunguvungu ezahlukahlukene zokunyakaza esizibiza
ngokuthi ukuphila zingaphansi kwaleyo ngqondo yendawo
yonke.

Njalo eminyakeni eyikhulu, izigidigidi zabantu ziyashiya lomhlaba, futhi abaningi bayazalwa Kukhona ukutholakala kanye nesidingo, nazo zonke izinkinga zabo ezingokwemvelo. Kodwa-ke, uNkulunkulu uhlinzeke ngokudla okuningi ukuze kuhlangelelwe nezidingo zesintu. Isintu sodwa esibangela ubumpofu kanye nokuhlupheka emhlabeni. Isikhathi sesifikile sokuba siphile enkathini yokuchuma kanye nenala, lapho wonke umuntu ejabulela impilo futhi ephila ngenjabulo nangokuthula. Lokhu kungenzeka ukube bekungengenxa yobugovu bomuntu kanye nokuphathwa kabi kweziphetho zezizwe yiqembu elincane, elizikhonzayo.

Iningi labantu lihlala ebuthongweni obukhulu kulo lonke leli mpilo lamaphupho. Onolwazi kuphela ovukile. Akanandaba nezinto ezihlala engqondweni yomuntu ovamile, okuwukuphela kokukhathalela kwakhe ukuphishekela ingcebo nezinjabulo zenyama, kanye nokuchitha isikhathi emisebenzini nasezithakazelweni ezingabalulekile.

Abantu bayazikhandla ngokuphishekela izilingo ezidlulayo kuleli zwe lesikhashana, yize injabulo yangempela, engachazeki ingaphakathi kubo. Ngokuqinisekile bazoyithola uma beyifuna ngenkuthalo futhi befisa ngempela ukuyithola.

Inggondo kumele isetshenziswe ngokuhlakanipha nangokufanele ukuthola ilabhorethri yaphezulu efihliwe ngale kwaleli zwe Ngesinye isikhathi, ngomusa kaNkulunkulu, ngabona izimangaliso ezingenamkhawulo zendalo usuku lonke, futhi ngathi kuNkulunkulu: “O Nkosi, ngesikhathi ngiyimpumputhe, angikwazanga ukuthola ngisho nomnyango owodwa oholela Kuwe. Kodwa ngoba uvule ukubona kwami nokuqonda kwami, manje sengibona iminyango ivulekile yonke indawo... enhliziyweni yezimbali,

emazwini abangani abathembekile, nasezinkumbulweni zokuhlangenwe nakho okuhle okuyigugu Ngempela, yonke inhlebezi yokunxusa kwami ivula indlela entsha eya ethempelini elikhulu lobukhona Bakho obungcwele”

Umfuni kumele abe namandla futhi aqine, angantengantengi futhi aqine ekuzimiseleni kwakhe ukuthola uMuntu Ongcwele Kakhulu ofihliwe ngemuva kwesihengo sendalo Umuntu kumelwe azihlukanise nezidingo ezingapheli zomhlaba futhi angalali ebusuku ngaphambi kokukhuluma noNkulunkulu ngenhliziyo nangomphefumulo. Izimfuneko zokuphila azipheli, ngakho-ke kumelwe sinikele isikhathi nsuku zonke ukuze sibe nathi kanye noNkulunkulu, kude nomsindo nomsindo wezwe kanye nomsindo wokuphila. Khona-ke sizobona impilo ngeso elisha ngoba sizoba nombono omusha wayo.

Njengoba nje ososayensi bakwazile ukuthola izinto abazitholile ngokulandela imithetho yemvelo kanye nezimiso zesayensi ezithile, nomuntu ofuna ngobuqotho uzokwazi ukuthola uNkulunkulu ngokulandela imithetho engokomoya nokwenza ulwazi ngoNkulunkulu lube umgomo wakhe oyinhloko empilweni. Ngenxa yale njongo, isintu seza kulo mhlaba, yize usube umgomo oncishisiwe kubantu abaningi. Kodwa isintu siyazikhohlisa ngokukhohlwa injongo yokuphila futhi sikhathazeke ngezinto ezingabalulekile kanye nezinto ezingabalulekile.

Futhi khumbula, mngane wami, ukuthi kungakhathaliseki ukuthi izimo zakho zingase zibe zimbi kangakanani kuleli zwe, uma uphendukela kuNkulunkulu, uzombona esebenza nawe futhi uzizwe ubukhona Bakhe naphezu kwazo zonke izilingo obhekene nazo. Uzombona futhi ebonakala kukho konke okukuzungezile futhi ugcwale uthando Lwakhe nenjabulo Yakhe.

Impilo, ukuchuma, impumelelo yezinto ezibonakalayo,
noma izimpahla azihlali phakade Ngakho kungani
uzikhathaza kuphela ngezinto ezizoshabalala futhi ziphele?

Ngicela uNkulunkulu uSomandla ukuba asikhiphe
ebumnyameni asiyise ekukhanyeni

Kusukela enzondweni kuya othandweni

Kusukela emikhawulweni kuya enkululekweni

Kusukela ekungazini kuya ekuhlakanipheni

Ukusuka ebuhlungwini nasekufeni kuya ekuphileni
okuphakade nokuphumula okuphakade

Futhi kwangathi angasibamba ngesandla asiqondise
olwazini lwakhe

Futhi Usigcina siphapheme ekuqapheleni Kwakhe

Futhi ukuvula yonke iminyango eholela ezulwini
lokuhlakanipha Kwakhe

Masiphile ngokuqiniseka, injabulo, ukuthula
kwengqondo nokwaneliseka

Zonke izinsuku zokuphila kwethu

Ukuthula makube phezu kwakho

Ukufuna injongo yokuphila

Njengoba safika kuleli zwe lapho singazi khona,
kungokwemvelo ngathi ukuzibuza ngemvelaphi nenjongo
yokuphila. Sizwa ngomdali waleli zwe futhi sifunda ngaye,
kodwa asazi ukuthi singamfinyelela kanjani. Esikwaziyo nje
ukuthi yonke indawo imemezela ukuba khona kwengqondo
yakhe yaphezulu. Njengoba nje izingxenye ezincane
nezinembile zewashi elincane zisenza simangale ngomenzi

wamawashi, futhi njengoba nje imishini emikhulu
neyinkimbinkimbi yefektri imangaza futhi iphefumulela
ukumangala kwethu ngomsunguli wawo, ngakho-ke lapho
sibona izimangaliso zemvelo, simangazwa ukuhlakanipha
okufihliwe ngemuva kwazo, bese sibuzisa: “Ngubani onike
imbali isimo sayo esikhanyayo nobuso bayo bubheke
elangeni? Iphunga layo nobuhle bayo buvelaphi? Futhi
amacembe ayo akhiwa kanjani ngokunemba
okungenamkhawulo futhi adaywe ngemibala emangalisayo
nejabulisayo kangaka?”

Ebusuku, izinkanyezi nenyanga, zisakaza ukukhanya
kwazo okunjengesiliva nxazonke zethu, zisikhuthaza ukuba
sicabange ngokuqonda okuqondisa lezi zidalwa zasezulwini
endaweni enkulu. Ukukhanya okuthambile kwenyanga
egcwele akwanele emisebenzini yansuku zonke, ngakho-ke
ingqondo ehlakaniphile nemnene iphakamisa ukuphumula
ebusuku. Bese ilanga liphuma, futhi ukukhanya kwalo
okukhanyayo kusenza sibone umhlaba osizungezile
ngokucaca nangokuzola, okusenza sikwazi ukwenza
imisebenzi eziveza kithi.

Kunezindlela ezimbili zokugcwalisa izidingo zethu:
ezingokwenyama nezingokomoya Lapho impilo yethu
iwohloka, isibonelo, singaya kudokotela ukuze sithole
ukwelashwa Kodwa kufika isikhathi lapho kungekho dokotela
noma omunye umuntu ongasiza, bese siphendukela
endleleni yesibili: emandleni angokomoya adale imizimba
yethu, ingqondo, nomphefumulo Amandla angokwenyama
anqunyelwe, futhi uma ehluleka, siphendukela emandleni
aphezulu angenamkhawulo Lokhu kusebenza nasezidingweni
zethu zezimali Uma senza konke okusemandleni ethu futhi
singatholi okwanele, siphendukela kulawo mandla

Wonke umuntu ucabanga ukuthi izinkinga zakhe zimbi
kakhulu Abanye bazizwa becindezelekile kakhulu kunabanye

ngoba ukumelana kwabo kubuthakathaka Futhi ngenxa yokwehluka kwamandla engqondo abantu, basebenzisa amandla ahlukene Uma umuntu ebhekene nenkinga enzima kakhulu futhi ingqondo yakhe ibuthakathaka, ngeke akwazi ukuyinqoba Labo abanezingqondo ezinamandla bangaqoba ubunzima babo ngokudiliza izithiyo nokunyakazisa izisekelo zezithiyo zabo Kodwa ngisho nabantu abanamandla kakhulu ngezinye izikhathi baye babhekana nokwehluleka Lapho sibhekene nezinkinga eziningi nezinzima zezinto ezibonakalayo, ezingokwengqondo nezingokomoya, siyaqaphela ukuthi amandla okuphila alinganiselwe kangakanani kuleli zwe lezinto ezibonakalayo

Imizamo yethu akufanele inikelwe kuphela ekufinyeleleni impilo enhle kanye nokuvikeleka ngokwezimali, kodwa futhi nasekufuneni injongo yokuphila lyini injongo yokuphila? Lapho ubunzima businqoba, siqala ngokuphendukela endaweni esizungezile, sizame konke ukulungisa izinto esikholelwa ukuthi kuzosisiza. Kodwa lapho sifika esiphethweni bese sithi, "Yonke imizamo yami yehlulekile; yini enye engingayenza?" siqala ukucabanga ngokungathi sína ngokuthola ikhambi eliphumelelayo enkingeni yethu. Futhi lapho ukucabanga kwethu kujula ngokwanele, sithola impendulo ngaphakathi kithi. Lokhu, ngokwako, kuyindlela yomthandazo ophenduliwe.

Umthandazo: Isidingo esingokomoya

Umthandazo uyisidingo esingokomoya UNkulunkulu akasidalanga njengabanxibi, ngoba wasidala ngomfanekiso waKhe. ImiBhalo eNgcwele isho lokhu. Umnxibi oya endlini yomuntu ocebile ayocela izipho uthola isabelo somnxibi. Kodwa indodana ingathola noma yini kuyise ocebile. Ngakho-ke, akufanele siziphathe njengabanxibi.

Abanye abantu babonakala benakho konke futhi bazalelwa ebukhazikhazini nasentuthuzelweni, kuyilapho

abanye bebonakala bekhanga izinkinga nokwehluleka Uphi umfanekiso kaNkulunkulu kubo? Amandla omoya waphezulu ahlala ngaphakathi kithi sonke Kodwa singawahlakulela kanjani lawo mandla? Mhlawumbe uke wazizwa udangele esikhathini esidlule ngoba imithandazo yakho yayingabonakali iphendulwa, kodwa ungalahli ithemba nokholo Ukuze wazi ukuthi imithandazo yakho iyasebenza noma cha, kumele ube nokukholelwa okuyisisekelo emandleni omthandazo ngaphakathi kuwe

Mhlawumbe imithandazo yabanye abantu ayiphendulwa ngoba bekhetha ukucela Ngokufanayo, umuntu kumelwe azi ukuthi yini okufanele ayicele kuNkulunkulu Ungathandaza ngenhliziyo yakho yonke nangamandla akho onke ukuze udle umhlaba nakho konke okukuwo, kodwa imithandazo yakho ngeke yamukelwe ngoba yonke imithandazo ehlobene nokuphila okubonakalayo inqunyelwe ngokwemvelo, futhi empeleni, kufanele inqunyelwe Kodwa kukhona indlela efanele yokuthandaza Kuthiwa ikati linokuphila okuyisishiyagalolunye Kodwa ubunzima bunokuphila okungamashumi ayisishiyagalolunye nesishiyagalolunye! Kufanele uthole indlela ephumelelayo yokususa "ikati lobunzima" Imfihlo yomthandazo ophumelelayo itholakala ekushintsheni isikhundla somuntu kusuka kwesomuntu ocelayo uye kwesomuntu onelungelo Uma ucela kuNkulunkulu okuthile okunjalo okungokomoya, umthandazo wakho uzoba namandla nokuhlakanipha

Imbewu yempumelelo ilele emandleni okuzimisela

Iningi labantu liyakhathazeka kakhulu lapho lizama ukufeza into ebaluleke kakhulu kubo Ukwenza ngokukhathazeka nokwesaba akudonseli amandla aphezulu, kodwa ukusetshenziswa okuzolile nokuqhubekayo kwamandla okuzimisela kuyanyakazisa amandla endalo yonke futhi kuletha impendulo evela ku-Absolute engapheli.

Imbewu yempumelelo yakho konke ohlose ukukufeza ingaphakathi kwentando yakho. Intando ephukile futhi ichotshozwe ubunzima iba yisilima okwesikhashana. Kodwa umuntu oqinile nozimisele othi, "Umzimba wami ungase udwengulwe ube yizicucu, kodwa ikhanda lentando yami liyohlala liphakeme futhi liqhutshwa ukuzimisela," ubonisa izinga eliphakeme kakhulu lamandla okuzimisela.

Amandla okuzimisela kanye nesiqondiso sawo esifanele yikona okuphakamisa futhi kuphakamise isikhundla somuntu Uma umuntu eyeka ukusebenzisa amandla okuzimisela, uba ngumuntu ovamile, ongasebenzi kahle ezimweni eziningi Abaningi bathi akufanele sisebenzise amandla ethu okuzimisela ukushintsha izimo, ngenxa yokwesaba ukuphazamisa uhlelo lukaNkulunkulu Kodwa kungani uNkulunkulu asinike amandla okuzimisela uma engafuni siwasebenzise? Ngake ngahlangana nendoda eqinile eyathi ayikholelwa ekusebenziseni amandla okuzimisela ngoba ondla ukuziggaja Ngaphendula ngathi, "Usebenzisa amandla akho okuzimisela njengamanje, futhi ngamandla amakhulu, ukumelana nami Usebenzisa wona ukukhuluma, ukuma, ukuhamba, ukudla, ukuya kuma-movie, ngisho nokulala Ufuna konke okwenzayo Ngaphandle kwamandla okuzimisela, uba irobhothi" Kungumsebenzi womuntu ukuvumelanisa intando yakhe, elawulwa yizifiso, nentando kaNkulunkulu Ngakho-ke, lapho umthandazo ofanele wenziwa njalo, uba amandla okuzimisela ngokwawo

Kumelwe ukholelwe ekutheni kungenzeka uthole lokho okuthandazelayo Uma uthandazela ukuba nendlu, futhi ngesikhathi esifanayo ingqondo yakho ithi, "Ungayithenga kanjani indlu, siwula?" unciphisa intando yakho ngokucabanga okunjalo Uma ususa inkulumo ethi "Angikwazi" engqondweni yakho, uthola amandla aphezulu Yiqiniso, izindlu aziwi esibhakabhakeni, futhi ukuze uthole indlu, kufanele usebenzise amandla okuzimisela futhi

uthathe izinyathelo ezakhayo ukuze ufeze umgomo wakho
Uma uphikelela futhi wenqaba ukuvuma ukwehluleka,
uzokwazi ukubonakalisa lokho okufisayo Futhi uma
usebenzisa lawo mandla okuzimisela njalo ngemicabango
nezenzo zakho, izifiso zakho zizogcwaliseka, futhi konke
okulangazelelayo nokulangazelelayo kuzokuza kuwe Uma
uqhubeka nokulwela ngokuzimisela nokuphikelela,
umphumela oyifunayo uzovela ngandlela thile, noma ngabe
lokho okufisayo akukhona ngempela kuleli zwe. Kulawo
mandla okuzimisela kukhona impendulo yaphezulu, ngoba
intando enhle ivela kuNkulunkulu. Intando ephikelelayo
iyintando yaphezulu.

Shisa imbewu ethi "Angikwazi" ebuchosheni bakho

Intando ebuthakathaka iyintando yomuntu
ebuthakathaka Lapho izilingo nokwehluleka kuyihlaba futhi
kuyidabula, ilahlekelwa ukuxhumana kwayo noMenzi
ongenamkhawulo Kodwa ngemuva kwentando yomuntu
kulele intando kaNkulunkulu, engazi ukudumazeka noma
ukunqoba Ngisho nokufa, ngamandla akho onke, akukwazi
ukuphula noma ukuvimbela intando kaNkulunkulu
uNkulunkulu ngokuqinisekile uzowuphendula lowo
mthandazo oqhutshwa yintando yokuzimisela nokuphikelela
okungantengantengi

Iningi labantu livilapha futhi libuthakathaka, kungaba
ngokomzimba, ngokwengqondo, noma kokubili. Bafisa
ukuzindla kodwa bacabanga ngokulala kuphela. Lapho nje
ubuthongo bubafikela, balala ubuthongo obukhulu, futhi
lokho kuphetha ngomthandazo wabo! Kulesi simo, amandla
okuzimisela ayafihlwa. Ubuchopho bomuntu ojwayelekile
bugcwele imbewu ethi "Angikwazi" Wazalelwa emndenini
onezimpawu nemikhuba ethile, bathonywa yilezi zinto,
beqiniseka ukuthi abakwazi ukwenza lokhu noma ukuthi.
Lezi zimbewu eziyingozi kumele zishiswe futhi ithonya lazo

lisuswe ekuqondeni. Unamandla okufeza noma yini oyifunayo. Lawo mandla angaphakathi kwentando yakho.

Labo abafisa ukuhlakulela amandla okuzimisela badinga inkampani enhle Uma ufisa ukuba yisazi sezibalo esihle futhi ofunda nabo bengathandi izibalo, intshiseko yakho ngokungangabazeki izoncipha. Kodwa uma uzihlanganisa nososayensi bezibalo abanekhono, amandla akho okuzimisela azoqina, futhi uzokwazi ukuthi, "Uma abanye bengaphumelela, nami ngingaphumelela."

Ungasheshi ukwenza izinto ezinkulu ukuze nje wakhe amandla akho okuzimisela Ukuze uphumelele, kufanele uqale uvivinye amandla akho okuzimisela ngezinto ezincane obucabanga ukuthi awukwazi ukuzenza. Uma wenza umzamo, impumelelo izolandela.

Ngisakhumbula yonke imigomo abangane bami nabanye abangitshela ukuthi angisoze ngayifinyelela, kodwa ngayenza Laba bantu abanezinhloso ezinhle bangadala umonakalo omkhulu ngemibono yabo Kwangathi uNkulunkulu angasivikela kubo kanye neseluleko sabo Ubungane bunethonya elikhulu emandleni okuzimisela Ukuya emidansweni enotshwala nomculo ophakeme, esikhundleni sokuzindla endaweni yokuthula, kungcolisa ingqondo ngothuli olujiyile lokudlidliza kwezwe , okwenza kube nzima ukuyeka Amandla okuzimisela komuntu aqiniswa noma ancishiswe yithonya labangane bakhe Ukuthuthukisa amandla okuzimisela ngokuzikhandla kuphela kunzima kakhulu Udinga isibonelo esihle ongasilingisa Uma ufuna ukuba ngumdwebi, uphile uzungezwe imidwebi emihle futhi uhlangane nabadwebi Uma ufuna ukuba ngumuntu ongokomoya, yiba umngane wabantu abangokomoya abanezimfanelo ezinhle

Kukhona umehluko omkhulu phakathi kokukholwa nokuhlangenwe nakho Ukukholwa kuvela ezintweni ozizwile

noma ozifundile futhi wazamukela njengamaqiniso
ayisisekelo Okuhlangenwe nakho, ngakolunye uhlangothi,
yilokho okubonile mathupha futhi okuqonde ngempela
Ukuqiniseka kwalabo abake babhekana noNkulunkulu
akuguquki Uma ungakaze unambithe i-orange,
ungakhohliswa ngezakhiwo zalo Kodwa uma uke wadla i-
orange ngaphambili, awukwazi ukudukiswa, ngoba uke
wanambitha isithelo futhi usazi kahle

Funa abangane abaqinisa ukholo lwakho

Imicabango ngoNkulunkulu, impumelelo,
ukuphulukiswa, njalo njalo, konke kuhlala engqondweni
yakho njengezinto ezingokwengqondo. Zama ukuze uvivinye
imicabango yakho, kumele usebenzise amandla akho
okuzimisela ukuze uyibonakalise. Ukuze uhlakulele amandla
okuzimisela adingekayo, kumele uhlangane nabantu
abanesifiso esinamandla. Uma ufisa ukuphulukiswa
ngentando kaNkulunkulu, funa abangane balabo abaqinisa
ukholo lwakho futhi banike amandla intando yakho.

Ngadabula lonke elaseNdiya ngifuna umuntu omaziyo
uNkulunkulu ngempela, kodwa babengavamile Bonke
othisha engangihlangana nabo babehlanganyela izinkolelo
zabo siqu Kodwa ezindabeni ezingokomoya, ngangizimisele
ukunganeliseki ngamazwi nje ngoNkulunkulu Ngangifuna
ukuzwa Yena futhi ngizwe ngempela ukuba khona Kwakhe
Lokho engangikutshelwe kwakungenamsebenzi ngaphandle
kokuthi ngikuqonde ngokuhlangenwe nakho kwami

Ngesinye isikhathi, ngangikhuluma nomngane wami
ngabangcwele baseNdiya. Umngane wami wayengumdayisi,
futhi wayengathandi njengami. Kunalokho, wathi, "Bonke
labo obabiza ngabangcwele empeleni bangamaqili angamazi
uNkulunkulu." Angizange ngiphikisane naye, kodwa
ngashintsha indaba, saqala ukukhuluma ngomsebenzi
wokuthengisa impahla. Ngemva kokungitshela okuningi

ngakho, ngathi ngobumnene, "Uyazi ukuthi akekho noyedwa umdayisi othembekile eCalcutta, nokuthi bonke bangabaqambimanga?" Wathukuthela waphendula ngolaka, "Futhi yini oyaziyo ngabadayisi?" Ngaphendula, "Yilokho kanye ebengikusho Futhi yini oyaziyo ngabangcwele?" Wayengakhulumi Ngaqhubeka ngokuthula nangomusa, "Angazi lutho ngokuthengisa impahla, futhi awazi lutho ngabangcwele"

Umkhuba wenkolo usufinyelele eqophelweni lapho abantu abaningi bengasakwazi ukuhumusha imibono yabo engokomoya ibe yinto abayiphile Ngikhuluma lapha ngokuzibonela mathupha Angifuni ukukhuluma ngezinto engizaziyo ngokwengqondo kuphela Abantu abaningi bafunda izincwadi ezimbalwa mayelana neqiniso bese bezenelisa ngaphandle kokwenza umzamo wokuqonda iqiniso elingemuva kwamagama Izimemezelolo ezingenalutho zamaqiniso angokomoya azisizi ngalutho kithi futhi azishiyi mbono omuhle Kumelwe sihlukanise phakathi kwezintshumayelo zomuntu nendaba yakhe yokuphila Noma ubani ofisa ukufundisa abanye kumele aqale abonise ukuthi usekubonile ngempela lokho akufundayo futhi uqonde ngokuhlangenwe nakho lokho akushoyo

Uhambo Lokuphila: Lokho Oluyikho

I-Master Paramhansa Yogananda

Ukuhumusha: uMahmoud Masoud

Impilo iyisimangalisayo esikhulu kunazo zonke ongasicabanga Nakuba ezinye izimpilo zingase zingabi nenjabulo kanye nokujabula, ezinye zigcwele izilingo ezimangalisayo Engikuzwile ngendoda eyazama ukuzibulala izikhathi ezingaphezu kwamashumi amathathu, futhi isikhathi ngasinye kukhona okwayivimbela ekuqedeni impilo yayo Cabanga ukuthi kungaba kuhle kanjani ukwazi ngempilo yabo bonke abantu abake baphila eMhlabeni, labo

asebashona, kanye nalabo abasazofika! Zonke izinto ezenzeka kubantu zilotshwe enkumbulweni yendawo yonke: inkumbulo kaNkulunkulu, futhi yeka inkumbulo emangalisayo! Kunzima ukuqonda ukuqonda konke, kodwa ukwazi uMoya Owazi Konke kuyisimangaliso esikhulu kunazo zonke esikhona

Amaqiniso angokoqobo, azinzile, futhi abalulekile kunomcabango, nokho umthombo wawo yonke imibono engqondweni kaNkulunkulu Zonke izinto ze-athomu nazo ziqukethe imibono yaphezulu engancibilikiswa ibe yimibono bese iphinda ifakwe ezintweni Abantu nabo banamandla okuqonda imibono, kodwa umcabango wabo awunamandla okwanele ukuyihlanganisa Uma umcabango wabo unamandla okwanele, bangadala izintokulo mhlaba Abantu banamandla okudala afanayo uNkulunkulu awasebenzisa ngawo indalo yakhe yengqondo emhlabeni Kodwa sekuyinto engenakwenzeka ngabantu ukufaka imibono yabo ezintweni ngoba abazange basebenzise amandla engqondo abanikezwe yona nguNkulunkulu njengoba kufanele

Uma sizama ukucabanga ngokuqonda kukaNkulunkulu, sizibuza ukuthi angakhumbula futhi aqonde kanjani konke, ngoba silinganisa konke ngezindinganiso zamakhono ethu engqondo futhi siqonda izinto ngokwezinto esizibonile. Labo abanezinkumbulo ezibuthakathaka bavame ukucabanga ukuthi inkumbulo yabo bonke abanye ibuthakathaka njengeyabo. Kodwa-ke, kunabantu abanezinkumbulo ezibukhali kakhulu abangakhumbula incwadi yonke kalula njengoba ungakhumbula imigqa embalwa. Labo abakhohlwayo bavame ukuthola kunzima ukukholelwa ukuthi othile unenkumbulo yokwamukela ekwazi ukugcina nokubuyisa ulwazi kalula ngendlela emangalisayo.

Umthengisi wezinto zokuhloba ukhumbula izinto zakhe zokuhloba, kanti umgcini wezincwadi ukhumbula izinombolo

ezincwadini zakhe. Ngokufanayo, uNkulunkulu ukhumbula konke akudalile kule ndawo yonke. Njengoba enamandla onke, ukhumbula ngokushesha konke okwenzekile kule ndawo yonke ngoba ukuqonda Kwakhe okuphelele nokungenamkhawulo kukwazi konke.

Inkumbulo ngokwayo iyikhono elimangalisayo Futhi inkumbulo yomuntu ihlobene eduze nenkumbulo kaNkulunkulu enamandla Isibonelo, awukwazi ukukhumbula imininingwane yawo wonke amamuvi owake wawabona Kodwa uma bengizokukhombisa enye yalawo mamuvi futhi, ubuzoyikhumbula ngokushesha Leyo nkumbulo engcwele engaphakathi kwakho ihlala iqaphela okuhlangenwe nakho kwesikhathi esidlule Ngokushesha nje lapho ubona izigcawu zokuqala, ukhumbula yonke indaba bese uthi, "O, ngike ngayibona le movie ngaphambili, futhi ngiyakhumbula ukuthi yaphela kanjani"

Sikhumbula kanjani izithombe ezihambayo ngemininingwane enjalo yize sazibona eminyakeni edlule? Ngoba zonke izehlakalo ziqoshwa ebuchosheni Ngokushesha nje lapho ubeka inaliti yengqondo kudiski yokuhlola (noma udlala isikhombikubona sengqondo nekhompyutha), inkumbulo yakho iqala ukubuyisa lesi sivivinyo futhi

Amandla enkumbulo yangaphakathi avela kuNkulunkulu futhi awapheli. Ayikhohlwa. Inkumbulo yomuntu ojwayelekile ayikwazi ukugcina konke okuhlangenwe nakho ngesikhathi esisodwa. Kodwa inkumbulo engcwele yangaphakathi igcina konke ngasikhathi sinye naphakade. Ngakho-ke, umqondo wenkumbulo enhle noma ebuthakathaka umane uwumbono womuntu siqu. Umuntu uyazikholisa ukuthi inkumbulo yakhe ibuthakathaka, ngakho-ke unenkumbulo ebuthakathaka. Nokho, akulula ukushintsha kusuka kule nkolelo uye kokuphambene nayo. Kudinga umzamo omkhulu ukuzikholisa ukuthi inkumbulo yomuntu ngempela

iwukubonakaliswa kwenkumbulo kaNkulunkulu engcwele, ekhumbula konke.

Inkumbulo enkulu kunazo zonke yomuntu ayilutho ngaphandle kokukhanya kokwazi kukaNkulunkulu okuphelele, lapho zonke izigigaba zabantu nazo zonke ezinye izinhlobo kanye nokubonakaliswa kokuphila kubhalwa khona.

Indaba yokudalwa kwaphezulu iyindaba emangalisayo nemangalisayo! UNkulunkulu wadala kanjani zonke izidalwa ezikhona kulo mhlaba? Futhi usebenza kanjani ngemuva kwezindwangu namakhethini ukuze asibuyisele ekuphileni kwethu kwangempela kanye Naye? Akunakwenzeka ukuthi ulimi lwabantu lusisize ekunikezeni incazelo ephelele yohambo lwendalo kaNkulunkulu kanye nokuhlangana kwayo okunembile nezigigaba ngazinye zabantu abaningi abangenakubalwa.

Sithola ukuthi isilinganiso sokuphila komuntu singaba yiminyaka engamashumi ayisikhombisa, kanti isilinganiso sokuphila kwengwenya siphakathi kweminyaka engamashumi ayisithupha nekhulu. Umuthi we-redwood ungaphila iminyaka eyizinkulungwane ezimbili. Isikhathi sokuphila sekamela siphakathi kweminyaka engamashumi amahlanu namashumi ayisithupha, kanti ihhashi lingaba yiminyaka engamashumi amathathu nesithupha okungenani. Ngakho-ke, kusobala ukuthi isidalwa esithile sinqume lezi zikhathi zokuphila ezihlukahlukene. Kodwa sizwa ngamanye ama-yoga amakhulu aphile amakhulu eminyaka. Omunye walaba nguBabaji omkhulu, owaziwayo ukuthi uphile amakhulu eminyaka esaphila emzimbeni wakhe futhi ejabulela ubusha obuphelele. UTrilanga Swami naye waphila cishe amakhulu amathathu eminyaka: wazalwa ngo-1601 washona ngo-1881 (abanye bathi waphila amakhulu angaphezu kwamakhulu amathathu!) Ngaphezu kokuphila

kwakhe okungavamile, wayedumile ngezimangaliso zakhe. Wayenesisindo esingaba amakhilogremu angu-130, yize ayengadli njalo. Wayevame ukuzindla izinsuku eziningi, ehleli ephambanise imilenze emanzini aseGanges, noma ngezinye izikhathi ehlala efihliwe isikhathi eside ngaphansi kwamagagasi. Wayevame ukubonwa elele enqunu futhi enganyakazi elangeni elishisayo emadwaleni avuthayo. Ukunganaki kwakhe imithetho yemvelo kwakuyisikhumbuzo esiqhubekayo kubo bonke. owambona ukuthi ukuhlangana nokuqonda kwaphezulu kuyimithetho ephakeme kunayo yonke

Njengoba kulotshwe encwadini *kaYogi ethi Autobiography*, ongcwele abakhulu abavuka ephusheni lokukhohliswa kwendawo yonke noma inkohliso futhi baqaphela ukuthi indawo yonke imane ingumqondo osengqondweni yaphezulu bangenza noma yini abayifunayo ngomzimba, bazi ukuthi awulutho olunye ngaphandle kohlobo lwamandla agxilile noma aqandisiwe Nakuba ososayensi bemvelo manje beqonda ukuthi izinto azilutho olunye ngaphandle komsebenzi ovalelwe, ochwepheshe abakhanyiselwe ngokugcwele base benze intuthuko ebalulekile ekulawuleni izinto, besuka embonweni baye ekusebenzeni.

Ngempela, iqiniso limangalisa kakhulu kunokucabanga. Singacabanga ukuthi ngaphansi kwezimo ezifanele, uma kungekho ukuchitha amandla abalulekile noma uketshezi lwesidoda, futhi ngokudla okufanele nokucabanga okunengqondo, umzimba womuntu ungaqhubeka unomphela. Uketshezi lwesidoda luqukethe amandla abalulekile agxilile; uma lungachithwa, la mandla ahlala engasebenzi futhi angasetshenziswa ukuthuthukisa impilo yomzimba, yengqondo, nengokomzwelo, kanye nobuhlakani bokusungula izinto kanye nokukhula ngokomoya.

Inothi kumhumushi: Kulesi sigaba, uMongameli u-Abu Ali Ibn Sina uthi:

Yidla ukudla okukodwa ngosuku, futhi ugweme ukudla ngaphambi kokuba ukudla kwakho kwangaphambilini kugaywe

Gcina isidoda sakho ngangokunokwenzeka, ngoba singamanzi okuphila athululelwa ezibelethweni

Izingcindezi emzimbeni zinkulu kakhulu Uma igundane libanjwe ogibeni, inhliziyo yalo ishaya ngokushesha kakhulu kunokujwayelekile Ngokufanayo, lapho umuntu engakwazi ukukhokha izikweletu zakhe, inhliziyo yakhe yenza okufanayo! Ngakho-ke, ukucindezeleka kwengqondo kuyalimaza! Kunezinye izinhlobo zokucindezeleka futhi Ukuhlolwa kwelabhorethri kubikwa ukuthi kubonise ukuthi ukususa umsindo emadolobheni kunganezela isilinganiso seminyaka eyishumi empilweni yezakhamuzi Kodwa-ke, siphila ezweni elimangalisayo Labo abanenjongo eyodwa empilweni ukudla, ukuphuza, ukulala, nokujabulela izinto ezinhle abanalo ithuba lokuqonda izimangaliso zokuphila kwabantu

I-adventure iqala ngomzabalazo umphefumulo obhekene nawo wokungena esibelethweni ngesikhathi sokukhulelwa Embusweni weplanethi noma we-ethereal, izigidi zemiphefumulo zilwela ukubuyela eMhlabeni ngokungena emangqamuzaneni avundisiwe lapho isidoda neqanda kuhlangukhona ngesikhathi sokukhulelwa Kungakhathaliseki ukuthi umphefumulo ungcwele noma unesono, futhi ngaphandle kokuthi ufinyelele inkululeko yokugcina, kunesifiso esinamandla sokuphindukuzalwa eMhlabeni Ngesikhathi sokukhulelwa, ukukhanya kukhanya ku-ether, futhi umphefumulo ungena kuwo ngenxa yokuhlangukhona kwesidoda neqanda Isintu siye salwela ukungena esibelethweni ngoba imiphefumulo eminingi ilwela

ukungena Labo abaphumelele nguwe, mina, nathi sonke
Futhi akubanga ukunqoba okulula!

Ngempela, kunezindawo eziningi zokuhlala
noNkulunkulu. Izindawo eziphakeme neziphansi ze-ethereal,
ezakhiwe ngokukhanya okusobala namandla abalulekile,
yizulu (noma isihogo) lapho imiphefumulo iya khona ngemva
kokufa komzimba wenyama. Isikhathi sokuhlala kwabo lapho
sinqunyiwe ngokwe-karma yabo. Uma nje umuntu enezifiso
zezinto ezibonakalayo ezingagcwalisekanga noma i-karma
yasemhlabeni (imiphumela yezenzo zangaphambilini
ezingakapheli), kumele abuyele ekwakhiweni komzimba
wasemhlabeni ukuze aqhubeke nokukhula kwakhe endleleni
eya kuNkulunkulu.

Ngemva kokungena esibelethweni, umphefumulo
uyazibuza: "Ngenzeni? Bengikhululekile isikhathi eside,
ngikhululiwe emzimbeni womuntu oboshiwe futhi ovinjelwe,
ngihamba kalula futhi ngaphandle komzamo endizeni ye-
etheric emzimbeni okhanyayo, futhi manje sengibambeke
futhi esimweni somzimba"

Noma kunjalo, kancane kancane uyajwayela lezi zimo
ezintsha phakathi nezinyanga eziyisishiyagalolunye
esibelethweni. Lesi yisijeziso: izinyanga eziyisishiyagalolunye
zokuhlala esitokisini esimnyama lapho kufanele aphefumule
khona ngomunye umuntu futhi athole ukudla negazi
ngokuthembela ohlelweni lokujikeleza kwegazi lomunye
umuntu. Umoya wakhe nesimo sakhe kuncike kwabanye,
futhi ukhala kuNkulunkulu: "Ngikhulule kuleli jele! Angiboni,
angikuzwa, ngiboshiwe"

Uma kukhona isihogo noma i-purgatory, yilezo zinyanga
eziyisishiyagalolunye emzimbeni kamama: ukungabi
namandla nhlobo phakathi kobumnyama, ukuvalelwa
endaweni eyodwa njengomuthi, nezinkumbulo zesikhathi
esidlule ezidlulayo, kulandelwa yizikhathi zokulala. Futhi

lapho lezo zinkumbulo zibuya, umbungu uyadansa, wenza umzamo omkhulu emzimbeni kamama, ngishintshele ingqondo yami kulezi zimo zokubeletha, futhi ngiyazi ukuthi ngithini.

Ukulala kwengane nokuvuka kwayo emzimbeni kamama akuxhomekile ekulaleni nasekuvukeni kwayo Ukunyakaza komntwana ngokuzithandela kuvela ekukhumbuleni komphefumulo isikhathi sayo esidlule Ngakho-ke, ihamba ngokungaphumuli esibeledweni kuze kube yilapho ukukhathala kuyinqoba, bese ilala Ngemva kwalokho, ivuka isikhashana bese iphinda ihambe. Izwa indlala futhi iyanelisa ngokudla okudluliselwa ngegazi likamama.

Usana olusanda kuzalwa lungezwa, ngezinga elithile, ukudlidliza kokushaya kwenhliziyo kukamama kanye nokujikeleza kwegazi, futhi le misindo imenza aqaphele umzimba wakhe, ivuselele isifiso sakhe sokukhululwa. Ngakho-ke, uhambo lokuqala lomphefumulo luwukulwa phakathi kwemibono emibili: isifiso sokubuyela eMhlabeni ngesimo somuntu kanye nesifiso sokugqashula esimweni somuntu esivalela umphefumulo.

Igobolondo lomphefumulo womuntu (umzimba) liqala njengenhlanzi enomsila othambile Lesi sithombe sibe sesikhula sibe yisilwane esigoqekile ngaphakathi kwesibeletho Njengoba kushiwo ngaphambili, ezinye izinkumbulo zokuphila kwangaphambilini ziyavela, okwenza umbungu wenze ukunyakaza okuncane. Umzabalazo uyaqina njengoba umbungu ukhula ube yisimo somuntu ngaphakathi komzimba kamama, futhi umphefumulo ukhala uthi, "Ngidedele!" Lapho intando iba namandla kakhulu, umntwana uyazalwa. Izingane ezingakafiki isikhathi (ezazalwa ngemva kokukhulelwa okungaphansi kwamasondo angu-37) ziyimiphefumulo enezifiso ezinamandla kanye nenkani enkulu. Abafuni ukuhlala emzimbeni kamama

izinyanga eziyisishiyagalolunye, ngakho-ke bazalwa ngaphambi kwesikhathi esijwayelekile.

Usana luza kuleli zwe lukhala ngoba, njengoba abahlakaniphile nabanolwazi besho, umphefumulo ukhumbula ukuzalwa kwawo kwangaphambilini futhi awufisi ukubuyela eMhlabeni futhi ukuze uhlupheke ngezindlela ezahlukene zomzabalazo wabantu futhi.

Umsindo onzima othi "thaa" wanamathela kuwo, ngakho waba yindawo ephakathi kwezimpawu zomhlaba kanye namanxiwa athobekileyo

Uyakhala lapho ekhumbula izithembiso ezenziwe endaweni engcwele, izinyembezi ezigeleza futhi ezingayeki

Ngokuphathelene nalezi zinkumbulo, kukhona nesimo sokunxusa lapho ingane esanda kuzalwa ibamba khona izandla zayo ngaphambi kokuba ize emhlabeni njengokungathi iyancenga: "Ngiyakuncenga, Nkosi, ukuba unganginiki ukuzalwa kwesibili emhlabeni"

Incazelo yomzimba yokukhala kosana olusanda kuzalwa ukuthi amaphaphu kumele avuleke ukuze aqale ukuphefumula, kanti ukukhala kokuqala komntwana kuwumzamo wokuvuselela amaphaphu nokuqalisa umoya wokuphila. Lapho umntwana ezalwa, ukuphefumula kuqala, futhi umphefumulo, owawusesimweni sokungalali kahle, uba yisidalwa esiphilayo esinokuphila okuzimele. Abaningi bakholelwa ngephutha ukuthi umphefumulo ungena emzimbeni ngesikhathi sokuzalwa, kodwa ukube umphefumulo ubungekho kakade, umzimba ubungeke wakheke ngamaseli amancane okuqala. Uma umphefumulo ubungashiya umbungu ngaphambi kokuzalwa, umntwana ubezozalwa efile.

Umzimba womuntu wakhiwe ngezinto eziyisisekelo eziyishumi nesithupha, ezisekelwa futhi zisekelwa yizinto zamandla ezicacile eziyishumi nesishiyagalolunye ezimele ingqikithi yomzimba we-etheric ohlala ngaphakathi kwesimo somuntu esingokwenyama Lo mzimba we-etheric ungumthombo wokunyakaza nomsebenzi emzimbeni wenyama Izinto eziyishumi nesishiyagalolunye zamaplanethi ziyingqondo, imizwa, futhi zibalulekile. Izingxenye eziyishumi nesishiyagalolunye ziyi-intelligence, i-self (ego), imizwa, ingqondo ebonakalayo (ukuqwashisa ngezinzwa), izinsimbi ezinhlanu zolwazi ezihambisana nezinzwa zokubona, ukuzwa, ukuhogela, ukunambitha, kanye nokuthinta, izinsimbi ezinhlanu zesenzo ezihambisana namandla obuhlakani okuzala, ukukhipha, ukukhuluma, ukuhamba, kanye nekhono lokwenza ngesandla, kanye nezinsimbi ezinhlanu zamandla okuphila ezinikezwe ikhono lokwenza imisebenzi yomzimba yokwenza i-crystallization, ukumunca (ukungenisa ukudla ngemva kokugaya), ukususa imfucuza, i-metabolism (ukuguqula ukudla kube yinto ephilayo noma ukuyisebenzisela ukunikeza amandla), kanye nokujikeleza kwegazi. Leli gobolondo leplanethi elibonakalayo lezinto eziyishumi nesishiyagalolunye lihlala ngemva kokuba umzimba wenyama, owakhiwe ngezinto eziyishumi nesithupha eziqinile, ubhubhe. Zonke lezi zinto zingaguqulwa zibe ukuqwashisa okumsulwa ngokusebenzisa umkhuba wamasu e-yoga athuthukile.

Uma umntwana ezalwa, amehlo akhe ayacwayiza lapho ebona ukukhanya, ezwa imisindo, ehogela, enambitha, futhi ephefumula. Imisindo ibonakala ijwayelekile kuye, futhi uyaqaphela ukuthi uphila emzimbeni wenyama futhi. Ukumelana kwakhe nokuzalwa kwangaphambili kuyaphela ngokuphefumula kwakhe kokuqala. Njengoba inkohliso ithatha ukuthi "ukuba khona" kuncike emzimbeni

nasekuphefumuleni, udonseleka ezweni lenyama futhi kancane kancane uyajwayela.

Njengoba isikhathi sihamba, ingane yenza umzamo omkhulu wokulawula imizimba yayo Ubabona kangaki beshaya izingalo nemilenze emoyeni, bezama ukuzivumelanisa nesimo sabo somzimba? Lokhu kuqondiswa yi-subconscious, ngokukhumbula komphefumulo isikhathi esidlule Inkumbulo ikhona njalo Abantu besaba ukufa ngokwemvelo ngoba bakhumbula izikhathi eziningi abake babhekana nakho, njengoba nje besaba ubuhlungu ngoba beke bahlupheka kakhulu ngaphambili

Njengoba ingane ikhula iba ingane encane, ithonywa abazali bayo nezihlobo Wonke umuntu ufuna ihluke, kuhlangukise nontanga bayo abanonya nabo abafuna ukuba ifane nayo futhi ivumelane nokuziphatha nezenzo zayo! Phakathi kwale ngxabano, ingane izwa ingcindezi enkulu Kodwa-ke, izingane ezincane ezijabulela inkululeko enkulu kamuva zithi ngokuzisola, "Ngifisa sengathi abazali bami bangitshale ngemiphumela elimazayo yokuziphatha kwami; ukube bebengitshelile, ngabe sengingcono manje"

Ziningi izinselelo zengqondo nezingokomzwelo umuntu okumelwe azibekezelele ngaphambi kokuba afinyelele ebudaleni Phakathi nalesi sigaba, izinzwa ziyaba zisebenza kakhulu, bese insizwa noma intombi ilwa impi ebalulekile yangaphakathi. Lo mzabalazo nezinzwa ukhulu, futhi ukunqoba okuphelele kwentsha ukunqoba kwabo imizwa yabo kanye nokuvimbela izifiso zabo ezingalawuleki.

Kuhle ukuba ngumuntu ophilayo, kodwa amandla amaningi alindele ukusibhubhisa. I-adventure enezilwane ezidla ezinye e-Afrika ayilutho uma iqhathaniswa ne-adventure yokuphila uqobo. Futhi akukho adventure emlandweni eyidlula ngenjabulo nangenjabulo. Ngenxa yesizathu, abantu bayazi ukuthi bangazivikela kanjani

ezilwaneni zasendle, kodwa abazi ukuthi bangazivikela kanjani emikhubeni yabo emibi nemiphumela yayo elimazayo. Isitha somuntu esibi kakhulu yibo uqobo. Ngaphezu kwanoma yisiphi isitha, ngaphezu kwamagciwane abulalayo, amabhomu abhubhisayo, noma olunye usongo, umuntu kufanele azesabe uma engalungile. Uma umuntu ephila ngokungazi ngokuphelele imvelo yakhe engokomoya futhi evumela imikhuba yakhe emibi ukuba iyilawule, uba yisitha sakhe. Indlela engcono kakhulu yokunqoba le mpi yokuphila ukuba ngumngane wakhe. Umuntu okhule ngokomoya ungumngane womuntu, kuyilapho umuntu ongakathuthuki eyisitha sakhe.

Kulula ukuzicabanga sizohlola izwe lasendle, elingaziwa Uma besihamba ngomkhumbi, kufanele sithathe isikebhe sokusindisa ukuze uma umkhumbi ucwila, sikwazi ukusebenzisa isikebhe ukuze sizisindise. Kodwa ezimweni eziningi zokuphila, izikebhe zethu zokusindisa ziyavuzana naphezu kokuthatha zonke izinyathelo zokuphepha.

Ehlathini eligcwele izilwane ezidla ezinye, ungathatha izinyathelo zokuzivikela kulezo zilwane, kodwa ukunqoba izingozi ezicashile nezicashile kunzima kakhulu Umuntu angazivikela kanjani ezigidini zamagciwane asizungezile njalo? Sicabanga ukuthi siphephile uma sithatha izinyathelo zokuzivikela ezingozini esingazibona futhi sizizwe, kodwa ukuzivikela kwethu akwanele ukusivikela kumagciwane Egazini, amangqamuzana amhlophe egazi alwa njalo nala magciwane Izidakamizwa ziyawabulala kuphela Amangqamuzana amhlophe egazi angamasosha abhekana nawo futhi awabhubhise Uma igazi lakho libuthakathaka, lawa "masosha" ngeke akwazi ukukusiza Emaphashini abantu abaningi ababonakala bephephile futhi bevikelekile, ama-bacilli anesifo sofuba anonya aqamekele, alungele ukugadla kumnikazi wawo futhi awubhubhise Imvelo yakha isithiyo sokuvikela ukuze ixoshe lokhu kuhlaselwa

kwamagciwane, kodwa umphumela walowo mgoqo ngeke uhlale isikhathi eside uma umzimba ungakwazi ukumelana Lo mlo uyaqhubeka ehlathini elingabonakali lokuphila ngaphakathi kithi Uma uhlola ukudla kwakho ngaphansi kwe-microscope, ubungeke ukunambithe Amagciwane ayakudla, bese ukugwinya konke! Ngisho namanzi owaphuzayo agcwele lezi zinto eziphilayo Akukho noyedwa umuntu odla imifino emhlabeni ngoba wonke umuntu udla izigidi zamagciwane nsuku zonke Ngakho-ke, abantu bazoyeka ukudla?

Ukuze umuntu ahambe ehlathini lokuphila ngokuphepha, kumelwe azihlomise ngezikhali ezifanele futhi abe yisosha eliqeqeshwe kahle. Labo abangayazi indlela efanele yokuzivikela balahlekelwa ngokushesha yizimpilo zabo. Kodwa umuntu ohlakaniphile, olungele zonke izimo—ukugula, imicabango ephikisanayo, imikhuba emibi, isiphetho esinzima, kanye ne-karma engathandeki—uzonqoba kulolu hambo, oludinga ukuqapha, ukuqapha, kanye nezindlela ezithile namasu asisiza ukuba sibhekane futhi singobe izitha zethu zangaphakathi, ezinamandla kakhulu futhi ezizimisele kunanoma yisiphi isitha sangaphandle.

Njengoba siqhubeka nohambo lwethu empilweni, sifunda izindlela ezingcono zokunqoba izifo nezimbangela zezifo zethu zomzimba, zengqondo, zokuziphatha, nezingokomoya. Lapho sesinqobe ngokuthula izifo zomzimba kanye nokulwa kwengqondo, singasho-ke ukuthi impilo ibilokhu iyindaba emangalisayo ngempela. Kodwa akuhlakaniphile ukusho ukuthi impilo imnandi ngaphambi kokufinyelela ukunqoba kwangempela. Ngaphandle kokuthi umuntu afinyelele ezigabeni zokugcina futhi umphefumulo wakhe ukhululiwe kuNkulunkulu, impilo ayikapheli. Kumelwe bakhuphuke emoyeni, bese isahluko sokugcina sendaba sizoqedwa.

Uma umuntu ebona omunye umuntu ehlupheka, ubonga uNkulunkulu ukuthi akadluli kulolo lwazi oluthile. Kodwa ubani owaziyo, kungaba ithuba lakhe elilandelayo. Amathuba okulimaza umzimba maningi kakhulu, ngakho-ke umuntu kumelwe aqaphele futhi alungele zonke izimo ezingenzeka kanye nezimanga.

Usosayensi uthi: "Yidla ukudla okunempilo nokunomsoco bese ulandela iziqondiso zezempilo ukuze uzivikele emagciwaneni" Usopolitiki uthi: "Yibani amasosha anesibindi ukuze nizivikele nina kanye nezwe lenu ezitheni zenu"

Ngempela siphila ezweni elingajwayelekile Ngisho nomama, abantu abanothando, isisa, kanye nomhlatshe, baqeqeshwa ukubulala izingane zabanye abantu Yeka indlela okubi ngayo! Kodwa ngezinye izikhathi, impi iletha okuhle; isiphuca ubugwala bethu kanye nobuthakathaka bentando yethu

Amahlathi nehlathi lokuphila ligcwele izitha: izifo, ubumpofu, ukuhlupheka, imikhuba emibi, nezifiso ezidukile Kukhona nezinye izinto eziningi okufanele uzicabangele nemithetho okufanele uyigcine, kangangokuthi impilo ayibekezeleleki uma sizama ukuzigcina zonke ezingqondweni zethu. Ubunzima sebube bukhulu kuzo zonke izici zokuphila, futhi abantu babonakala bengaphansi kohlobo lomlingo okhohlisayo. Ngakho-ke, sekuyisikhathi sokuba isintu sizame izindlela ezahlukeneyo futhi sisebenzise amandla angenamkhawulo kanye namandla engqondo.

UNkulunkulu usinike indlela emangalisayo yokuvikela: ingqondo Inamandla kakhulu kunezibhamu zomshini, ugesi, igesi enobuthi, noma yimuphi umuthi Le ngqondo kumele inakekelwe futhi iqiniswe Ingxenye ebalulekile yempilo itholakala ekulawuleni ingqondo nokuyigcina ihlelekile futhi ivumelana noNkulunkulu ngaso sonke isikhathi Lokhu

kukodwa kungenye yezimfihlo zokuphila okuphumelelayo nokujabulisayo

Nakuba abantu besebenzisa izindlela nezindlela zokwelapha ezingokwenyama, akufanele bathembele kulezi zindlela kodwa bathembele emandleni kaNkulunkulu azisekelayo. Kumelwe sicele uNkulunkulu ukuba asinike ukuqonda namandla okuzimisela ukuze singathembeli emithini kodwa sithembele kuYe, futhi okokuqala, emandleni ezingqondo zethu.

Abantu abafundiswanga ukuthi bangasifinyelela kanjani leso simo sengqondo esifinyelelwa ngokuqeqesha ingqondo nokuyivumelanisa noNkulunkulu ngokuzindla. Kodwa-ke, ingqondo kumele ibe ngaphansi kokulawula kwakho okuphelele ngaphambi kokuba uzame ukuphika umhlaba wezinto ezibonakalayo kanye nezindlela zayo zokwelapha. Kuze kube yilapho ufinyelela lokhu, kungcono ukuthatha izinyathelo ezinengqondo ukusiza umzimba. Uma umuntu ekwazi ukubamba ilangabi elivuthayo ngaphandle kokusha, khona-ke angaphika umhlaba wezinto ezibonakalayo futhi athi ingqondo iyikho konke. Ngaphandle kwalokho, izinto zikhona futhi kumele ziphathwe ngokwemithetho yazo ngezindlela ezinengqondo nezisebenzayo.

UNkulunkulu usinike nesikhali esingenakunqotshwa esinganqoba ngaso zonke izinsizi nobuhlungu: isikhali sokuhlakanipha, esisithola ngokuvumelana noNkulunkulu. Indlela elula yokunqoba ukugula, ukudumala, kanye neshwa ukuba sesimweni sokuzwana njalo noMdali wethu.

Abantu bafana nezingane ezincane ehlathini lempilo, abaphoqelekile ukufunda ezivivinyweni nasezinhlophekweni zabo, bekhubeka ezingibeni zokugula nemikhuba emibi. Kumelwe sifune usizo ngokuphindaphindiwe futhi silwele ukuvumelanisa imicabango nezenzo zethu noNkulunkulu nemithetho Yakhe engaguquki

Lapho umhlaba uba mnyama phambi kwamehlo akho futhi ubunzima bempilo bukudlula, khumbula ukuthi uNkulunkulu useduze futhi uzizwe uphephile futhi uvikelekile enqabeni yobukhona Bakhe Naphezu kokuzabalaza kwakho ezindleleni zokuphila kanye nokuvezwa kwakho kuzo zonke izinhlobo zamathonya abhubhisayo, khumbula ukuthi awahloselwe ukukubhubhisa, kodwa ukuvivinya ukholo lwakho nokuvusa amandla akho alele. Kumelwe sikhuthazele empini yokuphila futhi sibhekane nazo zonke izinto ezimbi ezisizungezile, sizibhidlize futhi sizingobe ngamandla aphelele obukhona baphezulu ngaphakathi kithi. Futhi ekupheleni kohambo lwempilo, sizothi: O Nkosi, kwakunzima ukubambelela ngokuqinile esibindini nokuqhubeka nomzabalazo kuze kube sekupheleni, kodwa amandla owasinika wona ayengaphezu kokwesaba kwethu, futhi ngenxa yalawo mandla amakhulu, sanqoba futhi saqaphela ukuthi sidalwe ngomfanekiso Wakho waphezulu. UyiNkosi yendawo yonke futhi ukhona yonke indawo, ngakho-ke yini esesabayo, futhi simesaba bani, uma nje Unathi?

Uma umuntu eqaphela ukuthi usengumuntu, ukwesaba kwakhe kuyakhula, futhi kubonakala sengathi akukho ukuphunyuka Kungakhathaliseki ukuthi yiziphi izinyathelo zokuphepha azithathayo, kusasele izikhala lapho amaphutha angangena khona Akukho ukuthula kwangempela ngaphandle kukaNkulunkulu, futhi akukho ukuthula ngaphandle kwakhe Kungakhathaliseki ukuthi sisemahlathini ase-Afrika, ezinkundleni zempi, noma sisezintanjeni zobumpofu nobumpofu, kumelwe sihlebele kuNkulunkulu: Ngingaphansi kwesivikelo sobukhona Bakho obungenakunqotshwa, Nkosi! Ngiqhubekela phambili emigqeni engaphambili yokuphila, futhi ngizizwa sengathi ngingaphansi kwesivikelo nokunakekelwa Kwakho!

Ayikho enye indlela eya ekuphepheni nasekuvikelekeni Sebenzisa ukucabanga nokucabanga kukho konke

okwenzayo, futhi ubeke ithemba lakho eliphelele kuNkulunkulu. UNkulunkulu uyabanakekela bonke abamnakekelayo futhi abahlonipha imithetho yaKhe, futhi uyabamukela bonke abaphendukela kuYe ngezinhliziy o nemiphefumulo yabo, ebathululela izibusiso zaKhe futhi eqinisekisa ukuthi ukudla kwabo kuyaqhubeka futhi akuphazamiseki.

Abanengi baye baba yizisulu zokugula futhi baba yizisulu zemikhuba emibi, abakwazi ukuzikhipha Akufanele kushiwo ukuthi ayikho indlela yokuphunyuka ezingibeni impilo ekhona kuzo zonke izinhlangothi Izilingo nezinsizi umuntu abhekene nazo zingezesikhashana futhi zincike esinqumweni sakhe kanye nokusebenza kwentando yakhe yokuzinqoba ngayinye ngayinye Ukwehluleka isikhathi esithile akusho ukunqotshwa empini yokuphila Umuntu ophumelelayo nonqobayo uhlala eziqinisekisa ukuthi unamandla kunezimo futhi akesabi lutho uma nje esenoNkulunkulu futhi uNkulunkulu enaye, eqonda ngokujulile ukuthi ukuphila nokufa kuyizimo ezimbili ezihlukene zokuqaphela

UNkulunkulu wadala konke ukuze asivivinye futhi embule ukungafi komphefumulo ngaphakathi kithi. Lokhu kuyi-adventure yokuphila kanye nenhloso yayo kuphela. I-adventure yomuntu ngamunye ihlukile, futhi kumele balungele ukubhekana nazo zonke izinselele zempilo, ingqondo, nomoya ngokuqonda, amandla okuzimisela, kanye nokholo kuNkulunkulu, bazi ukuthi umphefumulo wabo awufi kungakhathaliseki ukuthi kwenzekani emzimbeni. Ngempela, akukho sikhali—akukho sikhali nhlobo—esingabhubhisa lowo mphefumulo. Umlilo namanzi ngeke kuwushise, ngoba ungumfanekiso kaNkulunkulu Oyedwa Noyedwa.

Kuhle ukuqaphela ukuthi ukufa akusona isiphetho, ngoba ngalolu lwazi sithola amandla engqondo kanye nenkululeko ekukhohlisweni Lapho ukugula kulasela futhi

umzimba uyeka ukusebenza, umphefumulo ukholelwa ukuthi ufile, kodwa uNkulunkulu uyawuthinta futhi awuqinisekise ukuthi usaphila Isosha elisempini, elishaywe yibhomu noma izingcezu, liyakhala, "Ngifile, Nkulunkulu wami!" Kodwa uNkulunkulu uyaphendula, "Cha! Awukhulumi naMi? Akukho okungakubhubhisa Ungumphefumulo ongafi, futhi umane uphupha ukuthi ufile" Khona-ke umphefumulo uyaqaphela ukuthi okuhlangenwe nakho kokudlula emzimbeni ngokufa akwesabisi njengoba kuvame ukuvezwa Ukuqaphela okulinganiselwe kokuba khona kumphefumulo emzimbeni kuyimbangela yenkolelo yokuthi ukulahlekelwa umzimba yisiphetho sakho konke, kuyilapho empeleni, umphefumulo uyaphila futhi awufi ngoba ungumfanekiso kaNkulunkulu ophilayo nongunaphakade

Ama-yoga eqiniso ayakwazi ukulawula izingqondo zawo ngaphansi kwazo zonke izimo Lapho umuntu ofunayo efika kulesi sigaba, uyakhululeka futhi aqaphele ukuthi impilo iyisenzakalo esingcwele Abaprofethi nabantu abakhulu babonise leli qiniso, ngoba akukho lutho olungalimaza imiphefumulo yabo emikhulu nemsulwa. Baluzwe ngokugcwele uthando lwaphezulu, futhi lolo thando luyinto ejabulisa kakhulu futhi ehlala njalo ohambweni lokuphila.

Uthando lwabantu alusho lutho ngaphandle kokuthi lusekelwe othandweni lukaNkulunkulu olungenamibandela Insizwa nentombi bangase bathandane, bese bezondana Ukuthatheka kwabantu akuphelele futhi kuboshwe yizimo eziningi, kuyilapho uthando lwaphezulu luphelele futhi lungapheli

Lolu hambo lokuphila luzophela kuphela uma umuntu enqoba izingozi namaphutha ngamandla okuzimisela nokuhlakanipha, njengoba nje kwenza abakhulu. Bese bebheka emuva bathi, "Lezo zilingo zazinzima futhi ziyingozi, futhi ngacishe ngawa, kodwa manje sengiyazethemba

ngemva kokuba uNkulunkulu evule amehlo ami futhi wanginika ulwazi olungcwele."

Singasho ukuthi impilo iyisimangalisayo esimangalisayo lapho uNkulunkulu ekugcineni esitshela: "Zonke lezo zilingo ezimbi nezibuhlungu seziphelile, nginawe kuze kube phakade, futhi akukho lutho olungakulimaza."

Inggondo yomuntu iqiniswa ngokubhekana nezifo nobunzima, ukunqoba ubunzima ngokulandelana Noma yini eyenza inggondo ibe buthakathaka iyisitha sayo esikhulu, futhi noma yini eyiqinisa iyindawo yayo ephephile. Yeyisa ubunzima nosizi oluza kuwe.

(Ngamazwi ka-Abu al-Qasim al-Shabbi):

Ngizophila naphezu kokugula nezitha, njengokhozi oluphezulu esiqongweni esiphakeme

Ngibheka ilanga elikhanyayo, ngihleka usulu amafu, imvula, neziphepho

UNkulunkulu ungibonisile ukuthi le mpilo iyiphupho nje. Uma uvuka kuNkulunkulu, uzoyikhumbula njengephupho elifushane lenjabulo nosizi, akukho okunye.

Bese-ke uzokwazi ukuthi awufi kuze kube phakade kuNkulunkulu oyedwa noyedwa

Ukuthula makube phezu kwakho

Ukondleka okungokomoya

Konke kuzodlula futhi kunyamalale, futhi uNkulunkulu kuphela oyisiphephelo esihlala njalo nesiphephile kuzo zonke iziphepho ezinamandla neziphepho ezivunguza emhlabeni .wonke

Ubungane obudlulayo babantu abunamibandela futhi
buvame ukungcoliswa ubugovu, ngoba lapho
ukuzikhathalela kuphela, nokho, ubungane obungokomoya
nothando lwangempela, olusuka enhliziyweni, buyasifaka
umuzwa wokuba nomthwalo wemfanelo ohlanganyelwe
wokukhulisa lobo bungane nokugcina ubumsulwa balolo
thando Uma sizama ukuqonda othile, asikwazi ukwenza
okumcasulayo, futhi uma singazami ukumqonda,
.ukuhambisana akukho nhlobo

Usuku luzofika lapho ngizovalelisa khona kuleli zwe,
kodwa uma nje ngisaphila kulo mhlaba, injabulo yami enkulu
isekukhulumeni nalabo abangethembayo ngezimangaliso
zikaNkulunkulu nokwandisa ukulangazelela kwabo lokho
kukhanya kwaphezulu okunginike induduzo, inkululeko,
.nokulondeka

:Ukuziqinisekisa

Ngingafeza yonke imisebenzi yami ngokuboleka
amandla ami kuNkulunkulu kuphela. Ngakho-ke, isifiso sami
sokuqala ukumjabulisa. UNkulunkulu uluthando lokuqala
enhliziyweni yami, isifiso esikhulu somphefumulo wami,
.kanye nomgomo wokugcina wentando nengqondo yami

Ubuthina bethu bangempela—umphefumulo—abufi.
Sikhona, futhi ubukhona bethu bungunaphakade. Igagasi

lifika ogwini bese libuyela olwandle ngaphandle
kokulahlekelwa yilo; kunalokho, liba munye nolwandle noma
.lingaphinde libuye [ogwini] ngesimo segagasi elinye

Uma izintambo zedivayisi kagesi ziphuka, uchwepheshe
angazishintsha. Kodwa uma izicubu zemizwa zonakaliswa
ukucasuka okukhulu, imizwa ilahlekelwa umsebenzi wazo,
futhi ubani ongazishintsha? Ngakho-ke, kufanele kuqashelwe
kakhulu futhi kuqashelwe lapho kubhekene nesimiso
sezinzwa esiyigugu, ngoba siyavuseleleka ngaphakathi, futhi
uma sonakele, asinakulungiswa noma sishintshwe ngesinye
.idivayisi

Abafundi babejabulela ipikiniki nothisha wabo,
:uParamhansa, ngokwemvelo, wathi kubo
Yeka ukuthi kumnandi kanjani ukuzizwa unokuthula
futhi ucebile ngenjabulo! UNkulunkulu ufuna siphile impilo
elula futhi sijabule ngokomoya

Njengoba nje umuntu evuka ebumnyameni
obuphazamisayo ukuze aqaphele ukuthi lokho akubonayo
kwakuyiphupho nje, kanjalo nokuqonda kwaphezulu kunxusa
umuntu ukuba avuke ebumnyameni obubi bokulala
nokudideka aye ekuqondeni okusha kanye nokuqonda
.okunengqondo kwencazelo nenjongo yokuphila
Uma sifuna ukuzwa ukuvuka ngokomoya futhi sibone
ukukhanya kokuqiniseka, kumelwe silalele izwi
.langaphakathi futhi siphendule ekushukunyisweni kwalo
Kumelwe sisuse endleleni amatshe okukhohlisa kanye
namatshe okungazi avimbela uhambo lomphefumulo futhi
avimbele ukunyakaza kwawo Kumelwe singqongqoze
ngesandla sokulangazelela emnyango wokuvuka
ebuthongweni bokunganaki, ukuze siphefumule umoya
wenjabulo futhi silethe ugesi wasezulwini kuyo yonke

imicabango yethu, yonke imizwa yethu, kanye nayo yonke
isenzo sethu

Injabulo yangempela ayinakunambitheka ngaphandle
kokuba izifiso ezinhle zinqobe ezimbi, futhi ngaphandle
kokuthi intando iqondiswe ngendlela efanele emthonjeni
.weqiniso kanye nomthombo wakho konke okuhle okukhona

Ubungane beqiniso bukhulu kunayo yonke ingcebo Uma
ungaba umngane weqiniso kubantu, uzothola uNkulunkulu

UNkulunkulu ungumthombo wokuhlakanipha kanye
nokuphefumulelwa okukhazimulayo okugeleza
emiphefumulweni emihle Uyiphunga lasezulwini eliphuma
ezitsheni zezinhliziyo ezinothando Uyinjabulo enkulu kunazo
zonke egcwalisa umphefumulo ngenjabulo engcwele

Nkosi, ngicela ungikhanyisele umphefumulo wami ukuze
ngiqonde iqiniso eliphelele lokuthi ngizokubona, Nkosi,
wembulwa ekubonakalisweni kwemvelo—ezimbalini,
emithini, nakuzo zonke izinto ezinhle Ngokucabanga
okujulile ngokomoya, ngizovula amasango okuthula futhi
ngilwele kanzima ukuthuthukisa impilo yami ukuze ngiqonde
.kangcono incazelo yayo yangempela

Uma nginabanye, ngiba khona ngokugcwele futhi
ngizizwa ngijabule kakhulu ekusebenzelaneni nabo, futhi
uma ngingedwa, ngijabulela leyo njabulo efanayo. Futhi uma
ngisebenza, ngisebenza ngamandla ami onke nentando
.yami, futhi ngizizwa ngijabule kakhulu

Kumelwe sisebenze ngesifiso sangempela nenjabulo
yangaphakathi, ngaphandle kwalokho sizolahlekelwa
amandla ethu futhi singakwazi ukuvuselela amandla ethu.
Kumelwe futhi sihlale siqotho futhi sihlakulele ubuqotho

kanye namandla ethu okuzimisela, ngoba ngobuqotho
.singasebenza ngokuvumelana okukhulu nabanye

Ungakhali ngothando olulahlekile kuwe, kungaba
ngokufa noma ngenxa yemvelo yesintu eguquguqukayo
nehlala ishintsha Uthando ngokwalo alukaze lulahleke noma
lufe ngempela, kodwa lufihliwe okwesikhashana kuwe, ukuze
mhlawumbe ekufuneni kwakho njalo uthole ingqikithi yalo
yangempela Futhi uthando luzoqhubeka nokufihlwa kwalo
okwesikhashana uze ekugcineni uluthole ngesimo
soThandekayo waphezulu ohlala ezinhliziyweni
.zomphefumulo wakho

Umuntu akufanele aphile usuku nosuku esimweni
sengqondo esifanayo esingakhululekile. Uma umuntu
ethandaza ngobuqotho futhi ethemba ukuthi uNkulunkulu
uzomnika lokho akuthandazelayo, uzothola izibusiso nosizo
.lukaNkulunkulu

Uma kukhona umkhuba omubi ojulile, kungenzeka
ukuwuphazamisa nokuwususa ngokwakha umkhuba
wengqondo ophikisanayo nophikisanayo bese uwuvuselela
.kuze kube yilapho umkhuba onobuthi usuphelile
Umuntu kumele aziqinisekise ukuthi uzoshintsha abe
ngcono, nokuthi uzoba namandla naphezu kobuthakathaka
.obuthile abhekene nabo njengamanje
Ngesikhathi umuntu enquma ukwenza ushintsho oluhle,
uzozizwa sengathi usengumuntu ohlukile, futhi lowo muzwa
uzomlethela amandla amaningi abalulekile kanye nenjabulo
.yangaphakathi

Ngezinye izikhathi uNkulunkulu uzembula kubathandi
bakhe njengokukhanya okukhulu, izwi lendawo yonke,
injabulo engenamkhawulo, noma uthando lobumnandi
obukhulu kakhulu
Noma njengokuqonda, ukuhlakanipha, nolwazi

Ukukhanya kwayo kuyanwebeka futhi kusabalale
njengamaphiko e-cosmic phezu kwephakade, futhi ngezinye
izikhathi ngibona lo mhlaba njengephupho enhliziyweni
yalowo kukhanya
Ngakho-ke ngaqaphela ukuthi umhlaba uyiphupho

Kungakhathaliseki ukuthi wena nabangane bakho
beqiniso ningavumelani kangakanani, kuhlale kukhona
ukuqondana nokuxhumana phakathi kwenu. Ubungane
obunjalo busekelwe ekuhloniphaneni futhi busho lukhulu
kuwe. Ubungane obusekelwe othandweni lukaNkulunkulu
buwukuphela kobuhlobo obumiselwe ukuhlala isikhathi
.eside

Ukukhanya okujabulisayo komoya kungabonakala
ngokuphendula ukunaka komuntu ngaphakathi. Lokhu
kungafezwa ngokusebenzisa ingqondo ukujabulela imibono
emihle yemicabango endaweni efihliwe yomoya, ehlala
.ekujuleni komuntu siqu

Ngemva kwakho konke lokho umuntu akwenzayo kulo
mhlaba, impilo ibonakala ingenalutho, ngoba ekugcineni,
kuzodingeka ashiye konke ngemuva. Kuyofika usuku lapho
umuntu eyohlukaniswa khona nazo zonke izinto zakhe
ezibonakalayo. Abantu banomona ngabacebile ngengcebo
namandla abo, kodwa nabo bazoshiya konke ngemuva, futhi
yizenzo zabo kuphela ezizohambisana nabo besuka kulo
.mhlaba

Omunye wabafundi wehluleka kokuhlangenwe nakho
okungokomoya waqala ukuzisola ngokuzisola
:nangokucasuka. Uthisha, uParamhansa, wathi kuye

Ungazibheki njengesoni, ngoba uma wenza kanjalo,
ungcolisa ukuqonda kwaphezulu okukuwe. Kungani
uzihlanganisa nobuthakathaka bakho? Kunalokho, qinisekisa
leli qiniso kuwe: "Ngiseduze noNkulunkulu, futhi
:uyangithanda" Thandaza kuYe
Nkulunkulu wami, noma ngingabongi noma ngimuhle,"
ngingowakho. Vusa inkumbulo yami nokulangazelela kwami,
".Nkosi

Indoda ehlakaniphile uParamahansa yathi, ngemva
kokukhuluma nesivakashi esiqhoshayo esasikhuluma
:ngokweqile ngaye
Imvula yesihe saphezulu ayibutheli eziqongweni"
eziphakeme zokuziqhenya, kodwa igeleza kalula iye
"ezigodini zokuthobeka

Lo Mhlaba ufana nendlu enkulu evikela umndeni
owodwa womhlaba wonke, ukufudumala kwawo okuphakathi
okuhlinzekwa yilanga, kukhanyiswa yinyanga efanayo, futhi
kuhlotshiswe yizinkanyezi ezifanayo Amalungu awo
aphefumula umoya ofanayo, adla ukudla okufanayo, futhi
aphuza amanzi afanayo Yonke imizimba yabantu iyazwela
ubuhlungu nokulimala Kukhona umcabango owodwa
ngemuva kwazo zonke izilimi, kanye nesimo somuntu
esisodwa ngemuva kwazo zonke izici zesizwe kanye nezici
zabo bonke abantu

Nkosi, ake ngizwe ubukhona bakho kuzo zonke izenzo
engizenzayo Ngisize ngisuse isithunzi sokwesaba esifihla
ukukhanya kwesiqondiso sakho Futhi vumela izimbali
zokulangazelela kwami ziqhakaze ensimini yenhliziyo yami
njengoba ngilinde ukusa kokufika kwakho

Ngiphinda imithandazo yami ngerosari yokulangazelela
kwami, ubuhlalu bayo buboshwe ngentambo yothando
lwaphezulu

Nkulunkulu wami othandekayo, ngenze ngibe yi-
nightingale yokuphila ehlabelela Wena izingoma ezimnandi
kakhulu Ake ngidale ngamaphupho ami ngawe kanye
nokulangazelela kwami Wena
Isitebhisi engisikhuphukayo ukuze ngifinyelele kuwe
Echibini lokuphila eligeleza ngamandla, ngibona impilo
yakho yasemkhathini. Ngiyakuncenga ukuba uqondise
imifula yezifiso zami, egeleza ogwadule lobunzima, ukuze
.ihlangane nolwandle lwakho kwasemkhathini

Isono yinoma yini egcina umuntu engazi uNkulunkulu
futhi engakhathazeki ngaye

Ngiyithonsi elithuthumelayo lamazolo akho eqabungeni
lokuphila nokufa, eligeleza olwandle lwakho olungcwele
olungenalo ugu

Ngiyithonsi elizulazulayo lamazolo akho, ekugcineni
ngibuyela ekhaya lasezulwini

Ngiyithonsi lamazolo akho aphakade edansa
emacembeni esikhathi esidlule, samanje, nesesikhathi
esizayo

Ngiyiconsisi lamazolo akho, ngidakwe uthando, ngishelela
ngokuphephile phezu kweqabunga lezilingo zasemhlabeni
ukuze ngihlangane namanzi ahlanzekile, ahlanzekile
okuhlakanipha kwakho. Angifisi ukulahlekelwa yimi, kodwa
kunalokho ngikhule ngokungenamkhawulo ngokuhlangana
nolwandle lwakho olukhulu. Yebo, ngifisa ukuba yiconsisi
lamazolo akho, ngimuncwe yizindebe zonke ezomele
.uNkulunkulu

UNkulunkulu uyakuqonda lapho bonke abanye
bengakuqondi kahle Ungumuntu onothando okunakekela
ngomusa futhi ohlala enesihawu kuwe Abanye bakunikeza
uthando lwabo isikhashana bese bekushiya Kodwa
uNkulunkulu akakushiyi futhi akakushiyi

Amandla okuzimisela aguqula ukucabanga kube
amandla, futhi labo abaphumelela ngendlela emangalisayo
bangabantu abanentando engaguquki. Uma umuntu
ehlakulela amandla akhe okuzimisela, akanqotshwa yizimo
ezimbi, kungakhathaliseki ukuthi ubunzima abhekene nabo
bukhulu kangakanani, kodwa kunalokho uhlala eziqinisekisa
.ukuthi ngeke anqotshwe empini yokuphila

Omunye wabacabangi abaqhoshayo wazama ukudida
inkosi uParamahansa ngenkathi exoxa ngezindaba zefilosofi
eziyinkimbinkimbi, ngakho inkosi yathi ngokumomotheka:

""Iqiniso alilokothi lesabe imibuzo

Uthisha wathi, "Akunakwenzeka ukuthi uNkulunkulu
asilahle noma asishiye. Usebenza ngasese ngazo zonke
izindlela ukusisiza nokusheshisa intuthuko yethu

".engokomoya

Abantu abakhulu bafeza konke ngamandla okugxila
anikezwe nguNkulunkulu, amandla angakhuliswa
ngokuzindla Uma sisebenzisa la mandla aphezulu agxile,
singaphumelela futhi sithuthukise imizimba yethu, ingqondo
.nomoya wethu

Abantu baseMpumalanga, ngokuvamile, bathanda izinto
ezingokomoya. Babheka impilo ngokwefilosofi futhi
bahlakulela ukuthambekela kwabo kwemvelo kokuzindla.

Kodwa-ke, abantu abaningi baseMpumalanga bachitha
isikhathi sabo sokuphumula bengenzi lutho futhi bevilapha

esikhundleni sokuphishekela ulwazi olungokomoya, kodwa
.basenolwazi oluphakeme olungokomoya

Uma umuntu evala amehlo akhe, ucabanga ukuthi
wonke lo mhlaba awulutho ngaphandle kwezinkinga nosizi,
kodwa uma evula iso lokuhlakanipha futhi egcina ukuthula
nokulinganisela kwakhe, uzowujabulela lo mhlaba
.njengokungathi ubukele i-movie ejabulisayo

:Ukuqala ukuzindla

Hlala uthule, umgogodla wakho uqonde, bese umboza
amehlo akho angaphumuli ngamaso akho. Wagcine
enganyakazi. Khulula ingqondo yakho ekuzizweni komzimba
wakho, bese uphumuza imizwa enamathele emisipheni
nasemathanjeni akho asindayo. Khohlwa umqondo
wokuthwala nokuhambisa inqwaba yamathambo aboshwe
.ngenyama eqinile

Phumula, khulula ingqondo yakho ekuqapheleni
umthwalo ongokomzimba Ungacabangi ngesisindo sakho
somzimba, kodwa uzizwe sengathi umphefumulo wakho
ukhululiwe esimisweni esihlala njalo sokuba nzima. Vumela
imicabango yakho ikhuphukele phezulu, phansi,
kwesobunxele, nakwesokudla, iye endaweni engapheli noma
.kunoma iyiphi indawo oyifisayo

Zizwe futhi ucabange ngokukhululeka kwakho
kwengqondo emzimbeni. Phupha, phila, futhi uzizwe lokhu
kuphakama. Njengoba uhlala uhleli endaweni eqinile, le
.nkululeko izokhula kancane kancane futhi njalo
Vala iminyango yamehlo akho bese umisa imidanso
yesilingo semizwa Vumela ingqondo yakho yehlele
emthonjeni wenhliziyo yakho ongenamkhawulo futhi
ongapheli Gcina ingqondo yakho igxile enhliziyweni yakho,
egeleza igazi elibalulekile, futhi ugcine ukunaka kwakho

kuqinile ezintanjeni zayo uze uzwe ukushaya kwayo
okunesigqi. Ngokushaya ngakunye, zwa ukushaya okukhulu
kokuphila

Cabanga ngokuphila okufanayo kwendawo yonke
kungqongqoza ezinhliziyweni zezigidi zabantu kanye
nezigidigidi zezinye izidalwa

Ukushaya okungapheli kwenhliziyo yakho kumemezela
ngobumnene ukuba khona kwamandla angenamkhawulo
ngale kwamasango olwazi lwakho. Ukushaya okumnene
:kokuphila okuzungezile konke kukuhlebelela
Ungamane nje uthole umfudlana omncane wempilo"

yami, kodwa wandise ububanzi bezinzwa zakho bese
ungivumela ngicwilise igazi lakho, umzimba, ingqondo,
izinzwa, kanye nomphefumulo wakho ekushayweni kwempilo
"yami yasemkhathini

Kufanele sihlale sicabanga ngalokho esizokwenza
nokuthi kuzosithinta kanjani
Ukwenza ngokushukuma kanye nemvelo akuyona
inkululeko, ngoba imiphumela engagculisi yezenzo
ezingalungile iyizibopho. Izinto esitshelwa ukuthi zinhle futhi
zinemiphumela emihle kufanele zenziwe, ngoba ziletha
umuzwa wokwaneliseka nenkululeko. Le ndlela eqondiswa
.ngokuhlakanipha iletha inhlanhla nezibusiso

Lapho umfundi eqaphela ukuthi uvumelana
noNkulunkulu, ujabula emoyeni futhi amemeze ngenjabulo
athi: "O Nkosi, angikaze ngithole lutho emhlabeni
"olumangalisayo nolumnandi kunawe

Umoya uyadlala
Futhi umuthi uyabubula
Futhi ilanga liyamamatheka
Futhi umfula uyanyakaza

Futhi umhlaba ushintshana ngengubo yawo emnyama
enezinkanyezi

Engutsheni yegolide ekhazimulayo yokukhanya
Futhi imvelo ithanda ukukhombisa ubuhle bayo
Ukushintsha imibala yezinkathi zenjabulo
Futhi umfudlana ogelezayo uhlala uzama
Ukungingiza ngomcabango ojulile ophefumulelwe
umphefumulo

Futhi izinyoni zilangazelela ukucula nokucula
Izinto ezingaziwa ziqala enhliziyweni yakhe
Kodwa umuntu unekhono
Ukukhuluma kahle nangokucacile, nangenzazelo entsha
Mayelana neNkosi Yendawo Yonke
ukukhona yonke indawo
Lokho ezinye izidalwa ezazingakwazi ukukwenza
Mayelana nokudalula lokhu nokumemezela ukuba khona
kwakhe

Uthisha uParamhansa wakuthola kudingekile ukujezisa
omunye wabafundi ngephutha elikhulu, futhi kamuva wathi
:ephefumula

Yeka ukuthi ngifisa kanjani ukuthonya abanye"
ngothando kuphela, ngoba inhliziyo yami iyaphuka futhi
ibuhlungu lapho ngithola ukuthi ayikho indlela yokugwema
"ukubaqeqesha nganoma iyiphi enye indlela

Endaweni engcwele yokuzindla, ngikhanyisa
amakhandlela amabili: ikhandlela lokusa kanye nekhandlela
lokuvuka kwami. Imihlobiso emihle yokulangazelela kwami
okujulile izungeza izinyawo zobukhona Bakho obuphelele.
Iphunga lothando Lwakho, eliqhakaza ebhodweni lenhliziyo
yami, ligcwele yonke indawo yokuphila kwami. Izithunzi
zokwesaba kwami nezinkolelo-ze zinyamalale ngenxa
yokukhanya nje kokukhanya Kwakho, O Nkulunkulu,
ongivuse phakade emaphusheni alokhu kuphila okufushane.

Ngokuqapha okungapheli namehlo aqinile, ngizobuka ubuso
Bakho obungenamkhawulo ngokungapheli, ngicabanga
!ngezibonakaliso zabo eziyingqayizivele nezihlala zikhona

Uma intukuthelo noma inzondo ibamba umuntu, uba
nesimo esingenampilo. Umuntu ogcwele intukuthelo
ulahlekelwa ukulawula imizwa yakhe futhi angalimaza
abanye. Ngakho-ke, kuyiphutha ukuvumela imizwa
enobudlova ukuthi ilawule futhi ilawule izenzo zakho, ngoba
ukwenza kanjalo kukuzibopha esitokisini sentukuthelo
enokhahlo kanye nemikhuba elimazayo, okuyimbangela
yakho konke ukucindezeleka nokucindezeleka kwengqondo.
Ukuze ubalekele lezi zimo zengqondo ezingakhululekile,
umuntu kumelwe aqede le mizwa nemizwa ehlobene
kakhulu nokwazi ngokomzimba. Ukuzindla [okungukuthi,
ukuphendukela kuNkulunkulu ngenhliziyo, umphefumulo,
nengqondo] kuyindlela

:Ukuqinisekiswa

Ngizoqapha imicabango namazwi ami ukuze kuphume
okuhle nokuyiqiniso kuphela kuzo. Ngizoqhubeka nginokholo
oluphelele kuNkulunkulu, ngazi ukuthi amandla Akhe
ageleza kimi, ukuthi ukuba khona Kwakhe kuyo yonke
indawo kuyangizungezile, nokuthi ukunakekelwa Kwakhe
.kuyangiqapha

Nkosi, ngibhoboze izimbozo zezinto futhi ngithole
uthando lwaKho, futhi manje sengiyabona ukuthi ngiyindlela
yokuveza ingqondo yendawo yonke nobuhle obungokomoya.
Ngizonikela wonke amandla ami namakhono ami
.ekwembuleni intando yaKho yaphezulu
Noma nini lapho ngicabanga ngawe, kukhuphuka isifiso
esivuthayo ngaphakathi kimi, sivuselela imizwa yami futhi
sisuka enhliziyweni yami siye kuwo wonke amaseli obuntu
bami, siwugcwalise ngothando lwaphezulu Isifiso sami
esijulile ukufinyelela enhliziyweni yobuntu bakho futhi

ngijabulele ubukhona bakho Ngokungazelelwe, umnyango
womphefumulo wami uyavuleka, futhi o, injabulo
enginqobayo lapho ngibona ukukhanya kwakho
!okukhazimulayo

Ngokuhlangana nawe, O Moya Ohlanganisa Konke,
ngizoba yinhliziyi yempilo yasemkhathini. Ngizobhukuda
olwandle lwemphefumulo futhi ngidanse phezu
kwamagagasi emizwa engcwele yabantu, ngithululele bonke
injabulo ebusisiwe. Ngizokhipha isifufula sezwe lonke sezifiso
.ezinhle kakhulu

Ngizoba yizo zonke izinyembezi ezichithwa ngenxa
yozwelo kwabanye Ngizoba khona ekuthuleni kwegolide
kwabangcwele kanye nethemba eliqhakazayo lezingqondo
ezibomvu O mnikezeli wezifiso othembekile! Lapho inhansi
yami yaphakade ihlangana nokukhanya kwakho
okungenamkhawulo, ngizokhanya emehlweni wonke

Ezinsukwini zasehlobo zokuphila, ngiqoqa umpe
wemizwa ezimbalini ezimnandi zobuhle eziqhakaza
ezingadini zemiphefumulo enomusa, futhi ngigcina
enhliziyweni yami ingqikithi ehlutshiwe ye-basil ephakeme
yokuthethelela, amahlumela amnandi okuthobeka, kanye
nezimbali ze-lotus ezingavamile, ezithambile zomcabango.
Futhi lapho iqhwa elibandayo lezivivinyo zasebusika kanye
nobuhlungu obubuhlungu bokuhlukana kwasemhlabeni
kungishaya nxazonke, ngifuna ukufudumala nenduduzo
kumpe ogcinwe esitokisini senhliziyi yami. Kulelo seli,
ngibusiswe ubukhona bakho, ngivame ukuthola inyosi
yaphezulu iphuza ubumnandi bezifiso zami ezindala, futhi
.ngizizwa nginokuthula, injabulo, nenduduzo

Ukuba nengcebo yezinto ezibonakalayo ngaphandle
kokuthula kwangaphakathi kufana nokufa ukoma ngenkathi
ubhukuda echibini. Uma ukuswela izinto ezibonakalayo

kumelwe kugwenywe, khona-ke ubumpofu obungokomoya
kumelwe budelelwe, ngoba buyimpande yazo zonke
izinhlungu nokuhlupheka kwabantu. Abazali abacebile
abashiya imali eningi ezinganeni zabo bavame ukuvimbela
ukukhula kwazo kwengqondo futhi bavimbele intuthuko
.nenjabulo yazo, okuncike emizamweni yabo

:Ngesikhathi soSuku Lokumamatheka

Ngesikhathi esinzima, ngezwa izwi lakho, umama wami
wendawo yonke, lihlebela: "Ilanga lokuvikela kwami likhanya
ngokulinganayo emahoreni akho akhanya kakhulu
namnyama kakhulu. Ungakhathazeki, mntanami, kodwa
kholwa futhi umomothেকে! Vumela ukukhanya kwami
okuphulukisayo kukhanye ngokumomothেকে kwakho
okusobala. Ngokujabula, mntanami, ungenza ngijabule futhi
"!unganelise

,O, Nkosi

Imimoya yokuphefumulelwa kwakho isuse wonke amafu
engqondweni yami, manje ebonakala ihlanzekile futhi icacile.
Ngamehlo ahlanzekile, ngikubona wedwa yonke indawo.
Imisebe yelanga lakho elibusisiwe ingena ezingxeni ezijulile
zobuntu bami, futhi ngendlala yeminyaka eminingi,
.ngondliwa ukukhanya kwakho okubusisiwe

:Uthisha uParamahansa wathi eqenjini labafundi

Uma ujula ekuqondeni kwaphezulu ngeso"

elingokomoya, uzobona ubukhulu besine bukhanya
ngezimangaliso zomhlaba wangaphakathi. Kunzima
ukufinyelela leso simo, kodwa yeka isimo esimangalisayo
nesijabulisayo! Unganeliswa ukuthola ukuthula ekuzindleni
kwakho, kodwa langazelela ngazo zonke izinhliziyi zakho
".ukuthula kukaNkulunkulu futhi womele injabulo yaKhe

Okudingwa yizwe uthando lobuzalwane, ubunye,
ukulingana, nenhliziyo egcwele uthando ngoNkulunkulu

nokugcina imithetho Yakhe yokuziphatha Izinkinga
nobunzima kuvela ekuntuleni komuntu ukuqaphela izenzo
zakhe zangaphambilini, ezenziwe endaweni ethile nesikhathi
esithile Ukuhlupheka kwabo kwamanje kuvela
emicabangweni nasezenzweni abazikhulumile, ezimile
enhlabathini yokuqonda, zahluma zaba isitshalo futhi zathela
.izithelo ezibonisa uhlobo lwalezo micabango nezenzo

Ithempeli uNkulunkulu alithandayo liyithempeli
lokuthula, ukuthula, uthando nobuhle, futhi noma ubani
ongena kulelo thempeli uzogubuzelwa ukuthula
.okungokomoya futhi uzothinta ubukhona bukaNkulunkulu

Umuntu kufanele ahlanganyele emisebenzini eyakhayo
ukuze azithuthukise futhi azuze abanye, futhi noma ubani
ofisa ukwazi uNkulunkulu kufanele azame ukwenza okuhle
.futhi asize abanye ngangokunokwenzeka nsuku zonke

Ukuziphatha kwangaphandle kubonisa impilo yomuntu
yangaphakathi Ukunethezeka kwangaphandle akukwazi
ukuletha injabulo, ngoba injabulo incike ekutheni umuntu
uzilawula kahle kangakanani kanye nendlela yokuphila
kwakhe

Uma ngivuka njalo ekuseni, ngenza izinqumo ezinhle
futhi ngizithembise ukuthi ngizozifeza. Bese ngibukeza lezo
zigqibo usuku lonke futhi ngizikhuthaze ukuba ngizifeze.
Uma ngithola ukuthi sengikufezile lokho engizithembise
kona, ngizizwa ngingqobile. Izibopho ezinjalo ezizibophezele
zona ziqinisa ukuzimisela futhi ziqinise amandla okuzimisela;
ngaphandle kwalokho, umuntu angase azithole ekhukhulwa
.yimizwa ephazamisayo futhi ebuswa yimizwa engemihle

Ubungane kufanele buqale ekhaya Uma uthola othile
emndenini wakho ofanelana nawe ngokukhethekile, khulisa

lobo bungane kuqala. Bese kuthi uma uzizwa ukhangwa
umuntu omaziyo onezindinganiso ezifanayo, hlakulela lobo
bungane. Zonke izifiso zobugovu kanye nokubala komuntu
siqu kufanele kuqedwe, futhi ubudlelwano obunobungane
.nabantu abalungile kufanele buqiniseke

Labo abathanda uNkulunkulu bangabafowethu
nodadewethu beqiniso Ngiyabazwela abangazi lutho futhi
ngiyagwema ukuba nabantu abazidlayo, kodwa ngizizwa
ngiseduze nalabo abathanda uNkulunkulu futhi ngiyajabula
.ukuxhumana nabo

Uthando olungcwele alunakuchazwa, kodwa
lungabonakala lapho inhliziyo ihlanzwa futhi ukulangazelela
okusezulwini kuyakhula Lapho ingqondo nezinzwa
ziqondiswa kuNkulunkulu, injabulo engokomoya igeleza
kakhulu emthonjeni wenhliziyo

Ekujuleni kwenhliziyo yami, ngikwakhele isihlalo
sobukhosi esiyimfihlo. Amakhandlela enjabulo yami akhanya
kancane ngokulindela ukufika kwakho, futhi azokhanya
.kakhulu lapho uvela

Ukuzitika ngemizwa yokudabuka kuwukufa kancane
kancane, kuyilapho ukuzama ukuzizwa ujabule futhi
unethemba nsuku zonke naphezu kwazo zonke izilingo
ezicindezelayo nezicindezelayo kuwukuzalwa okusha
.ngokomoya

Uma uthola uNkulunkulu, uzothola ukwaneliseka
kweqiniso nokuhlala njalo Ubungane babantu bungaqhekeka
futhi buqhekeke, kodwa uNkulunkulu akasoze akulahle
Ngisho noma bonke abanye bekushiya, uma uNkulunkulu
enawe, unakho konke kulokhu kuphila futhi uzuze isabelo
.esigcwele nesiningi kakhulu

UMfundisi uParamahansa wathi komunye walabo
ababengabaza ukuthi kungenzeka babone ukukhanya
:kwaphezulu

Uma ungabaza, ngeke ubone; uma ubona, ngeke"

"ungabaze

:Wathi eqenjini labafundi ababehlehlisa izinto
Kumelwe nihlele izimpilo zenu futhi niphathe isikhathi"
senu uNkulunkulu adala ukuhleleka; ilanga liphuma kuze
kubekushoneni kwelanga nezinkanyezi zikhanya kuze
"kubekusaka

Esikhathini esiningi, abantu bakhuluma futhi benze
ngokombono wabo, abavamile ukubona noma ukuzama
ukubona izinto ngombono womunye umuntu Uma abantu
ababili bephikisana kakhulu, bese kuba yimpi, icala likubo
bobabili, kungakhathaliseki ukuthi ubani oqale impikiswano.
Labo abanokuqonda nokuhlakanipha babhekana nezinto
.ngendlela enengqondo, enengqondo, nangokuqonda

Ngizovuka ekuseni ngivuse uthando lwami olulele,
ukuze luvuselele ukukhanya kokuzinikela kweqiniso
kuNkulunkulu wokuthula ngaphakathi komphefumulo wami
Nkosi, ethempelini elingabonakali elakhiwe ngetshe
lokuzinikela, yamukela iminikelo yokuthobeka yenhliziyo
yami, evuselelwa nsuku zonke ekunxuseni

Zivikele esiphephelweni sokuhlakanipha, indawo
engcwele kakhulu Ukuqonda okuphelele kuzokusa endaweni
lapho kungekho lutho olungakulimaza khona

:Uthisha uParamahansa wathi eqenjini labafundi
Ukuphenduka akusho nje ukuzisola ngephutha, kodwa"
ukugwema ukuliphinda. Uma uphenduka ngempela, unquma
ukushiya ububi ngaphandle kokubuyela kukho. Inhliziyo

ilukhuni futhi ayithambi kalula. Yithambise ngomthandazo
nangokunxusa, futhi izibusiso zaphezulu zizokwehlela phezu
".kwakho

Sivame ukuthola abantu abanakekelayo noma
abanakekeli emndenini, kungaba obaba noma amadodana,
kanye nakwamanye amazwe omama noma amadodakazi,
ababonisa ukuthambekela kobushiqela ngenxa yomuzwa
wokuthi basesimweni esibanika ilungelo lokulawula
.nokuphoqeleta imibono yabo

Laba babusi abangondlovukayiphikiswa akumelwe
bakhiphe intukuthelo yabo emalungwini emindeni yabo,
abadinga futhi abathembele kubo Ngoba uma benza kanjalo,
bazolahlekelwa yinhlonipho nokuhlonishwa
kwabathandekayo babo

Ukuthi umuntu ubuthakathaka kusukela ekuzalweni
futhi akanakuba namandla kuyinkulumo engamanga,
njengoba kungenzeka ukuthi umuntu onjalo angaba mkhulu
.futhi afeze izinto ezinhle kuzo zonke izici zokuphila

Uma umuntu ekwazi ukwenza abanye bazizwe uthando
lwakhe kanye nezinhliso zakhe ezinhle, uthando lwakhe
luzokhula futhi luhlangane nothando olugcwele yonke
.indawo olugeleza ezinhliziyweni zabo bonke

Ekuthuleni komphefumulo, nasesigangeni sokugxila
kwengqondo kanye nokulangazelela okukhula, uthando
lwaphezulu alupheli, futhi ubusisiwe lowo ozwa ubukhona
.obubusisiwe futhi enambitha umpe wobunye

:umthandazo

Nkosi, nginike ukwethembana kwabantwana
abangenacala kuwe nokuzinikela okuphelele kuwe.

Ngibusise ukuze ngizwe ukusondela kwakho ngemva
kwemithandazo yami, ngizwe ubukhona bakho kuyo yonke
imizwa yami, futhi ngiqaphele ukuthi ukuhlakanipha kwakho
.okukhanyiselwe kusekela ukuqonda kwami nolwazi lwami

Ngemva kokuba uthisha uParamhansa encome omunye
:wabafundi, wanezela

Uma utshelwa ukuthi ulungile, akufanele uyeke"
ukuzama ukuba ngcono kakhulu kunalokho oyikho
Ukuthuthuka kwakho okuqhubekayo kuzokulethela injabulo
"wena nabathandekayo bakho ngokufanayo

Ukube abaholi bomhlaba banamuhla bebekhanyiselwe
futhi besebenzisana, bebengaqeda impi nobumpofu phakathi
neminyaka embalwa Ukuqwashisa ngokomoya kuphela
(umuzwa wokuba khona kukaNkulunkulu) okungasindisa
umhlaba, futhi ngaphandle kwakho, ukuthula akukwazi
ukutholakala Isintu kumele siqale ngokwaso, ngoba isikhathi
siyigugu kakhulu ukuba singachithwa, futhi kungumsebenzi
wesintu ukudlala indima yaso ekuletheni umbuso
kaNkulunkulu eMhlabeni

Ubungane buyindlela yokukhanga engokomoya
yomhlaba wonke ehlanganisa imiphefumulo ngesibopho
sothando lwaphezulu futhi ibasondeze komunye nomunye,
ukuze izinhliziyi ziqede ukoma kwazo futhi imiphefumulo
ijabule ngokunambitha uthando lwasezulwini olugeleza
.ngemigudu yabantu

Lowo okhulisa uthando lwakhe ngoNkulunkulu futhi
aqinise ubuhlobo bakhe naYe ngezikhathi zenjabulo
nokuchuma uzothola uNkulunkulu eduze kwakhe lapho

emdinga, kodwa lowo ohlehlisa izinto futhi ongenandaba
nokuqinisa lobo buhlobo kuzodingeka abhekane nezilingo
zakhe eyedwa aze akwazi - ngokuhlakanipha
nangokuzithoba okuphelele - ukuthola uMngane Ophakeme

Umhlaba wonke ucwila olwandle lokudideka
nokulahlekelwa ngenxa yobugovu obungapheli
nobungenakucinywa Ubugovu nokuhaha kuzala izimpi
Iqhawe langempela yilowo ozingobayo empini yokuphila
Imali, udumo, inkanuko, nakho konke okuphikisana nalesi
simiso kulimaza ukuthula nenjabulo yethu

UNkulunkulu ubonakala ekuthuleni komphefumulo, futhi
sizwa ubukhona Bakhe ngomuzwa ochichimayo wenjabulo,
ukuze izifiso zethu ezingokomoya zigcwaliseke futhi izifiso
.zethu nothando lwethu lufinyelele umgomo wazo

Ngaphandle kokuba ulwazi olungokomoya luthuthukiswe
ngendlela ehambisana nentuthuko yesayensi yemvelo kanye
nokusungula izinto ezintsha kwezobuchwepheshe, abantu
ngabanye kanye nezizwe bazolahleka ezinkingeni zosizi
.nokubhujiswa

UNkulunkulu ufuna size kuYe futhi simazi, kodwa abantu
abaningi abafuni. Kodwa-ke, lapho izwe liba mnyama
emehlweni abo futhi bewela ezingibeni zezinkinga noma
beba yizisulu zokugula, bayashesha ukumncenga futhi
.bacele usizo lwaKhe

Abanengi bayanqikaza ukufuna uNkulunkulu, bekholelwa
ukuthi uma bekwenza, impilo izoba mnyama, ingabi
nanjabulo nobuhle Kodwa okuphambene nalokho kuyiqiniso
Injabulo emsulwa engiyitholayo ngokuvumelana okuphelele

noNkulunkulu ayichazeki; Ngiphila esimweni senjabulo
engokomoya imini nobusuku Le njabulo iyisibusiso
sikaNkulunkulu, futhi ukwazi uNkulunkulu kusho ukukhululwa
osizini kanye nomuzwa wokuthula nokwaneliseka

Igama eliyinhloko kubantu abaningi kule mpilo lithi
“mina” Labo abanesimo sengqondo esingokomoya kanye
nokuthambekela bacabanga ngabanye njengoba becabanga
ngabo. Labo abazicabangela bona kuphela bazilethela
ubutha kanye nentukuthelo yalabo ababazungezile. Kodwa
labo abacabangela imizwa kanye nezithakazelo zabanye
bathola ukuthi abanye bayabacabanga futhi bacabangela
.imizwa yabo

Uma kunabantu abayikhulu edolobheni, futhi ngamunye
ezama ukuthatha kwabanye, khona-ke ngamunye uzoba
nezitha ezingamashumi ayisishiyagalolunye
nesishiyagalolunye. Kodwa uma ngamunye ezama ukusiza
abanye, khona-ke ngamunye uzoba nabangani
.abangamashumi ayisishiyagalolunye nesishiyagalolunye
Ngaphila ngaleyo ndlela futhi angilahlekelwanga lutho
ngokupha abanye Eqinisweni, konke engangikupha
kwabuyela kimi kwanda ngomusa kaNkulunkulu Manje
angifisi lutho ngoba lokho enginakho ngaphakathi kimi
kukhulu futhi kuyigugu ngaphezu kwanoma yini umhlaba
ongayinikeza Lokho umuntu akufunayo ngempela injabulo,
futhi uma injabulo isifinyelelwe, isidingo sezimo eziholela
kuyo siyanyamalala

Uma uthumela izinhloso ezinhle kwabanye, ukuqonda
kwakho kuyakhula Uma ucabanga ngomakhelwane wakho,
ingxenye yomuntu wakho iyavuselelwa kanye nalowo
mcabango. Kodwa ukucabanga kuphela akwanele; kumelwe
silungele ukusebenzisa imicabango yethu. Ukuzinikela
kuletha uchwepheshe wakho izibusiso eziningi nenjabulo
enkulu, ngoba ngokuzidela, umuntu ulondoloza injabulo

yakhe. Umgomo wami ukwenza abanye bajabule ngoba
.injabulo yami itholakala enjabulweni yabo

Umcabango ungumthombo wazo zonke izinkinga kanye
nomthombo wenjabulo Umuntu unamandla kunabo bonke
okuhlangenwe nakho kwakhe ngoba uNkulunkulu umnike
amandla okulawula ingqondo nomzimba wakhe, futhi
ingqondo yakhe akufanele ihlushwe yimicabango emibi

Labo abavumelana noNkulunkulu bangangoba izinselele
ezinkulu nezinzima kakhulu empilweni. Nakuba leli phupho
elibanzi ngezinye izikhathi lingase libonakale njengephupho
elibi, uma sivumelana noNkulunkulu, sizithola sikhululekile
kulelo phupho elibi

Kukhona uhlobo lwebhaktheriya oluzalwa,
luphindaphindeke, futhi lufe emahoreni amabili nje. Lolu
hlobo lwebhaktheriya lufeza ngosuku olulodwa, noma
ngaphansi kwalokho, lokho abantu abangakudinga
ukukufeza esikhathini eside, mhlawumbe iminyaka
.engamashumi ayisishiyagalombili
Iminyaka engamashumi ayisikhombisa noma amashumi
ayisishiyagalombili esiyiphilayo iyisikhathi esifushane nje
ephakadeni. Ngokombono ohlobene, konke okwenzeka kithi
kwenzeka cishe ngesivini esifanayo nalokho okwenzeka
.kumagciwane okukhulunywe ngawo ngenhla
Ngakho-ke, akumelwe sichithe isikhathi, futhi
singavumeli izifiso nezifiso ukuba zisilawule, futhi kumelwe
sigweme ukwenza lokho unembeza wethu ongakuvumeli.
Lapho umuntu eba yinkosi phezu kwakhe, imicabango
yakhe, imizwa yakhe, nezenzo zakhe, akekho noma lutho
.oluzokwazi ukumthonya

Impilo ilele emhlabathini onamafu, iphupha ngobuhle
ezimbalini, futhi ivuka ngamandla ezilwaneni
nasengqondweni yomuntu, iqaphela amandla ayo
.angenamkhawulo

:Abahlakaniphileyo bathi
Isithelo sezenzo ezinhle ezishukunyiswa uthando
lukaNkulunkulu nobuhle buwukuzwana nobumsulwa Isithelo
sezenzo ezishukunyiswa izifiso zobugovu kanye nezifiso
siwubuhlungu nokuhlupheka Isithelo sezenzo ezimbi
ukungazi nobuwula
Izenzo ezinhle ziletha injabulo, kanti izenzo zezwe
eziqhutshwa uthando ziholela ekuhluphekeni
nasebuhlungwini. Izenzo ezimbi eziqhubekayo, ngakolunye
uhlangothi, zibhubhisa ikhono lomuntu lokuqonda
.nokuqonda

Abanye babhala igama lesihlakaniphi kanje: I-
Paramahansa noma i-Paramahansa Yogananda

Kusukela phansi kuya phezulu: Indaba yempumelelo

Izinkulumo ezengeziwe nguMaster Paramahansa
Yogananda

:Kusixhumanisi esilandelayo

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Lena indaba eyiqiniso ehunyushwe ngomuntu)
owayehlala ehluleka, kodwa ngokwenza ukucabanga
okudaliwe kanye nokuqinisekisa okuhle, ekugcineni wakwazi
ukunqoba izizathu zokwehluleka kwakhe futhi wakwazi
(ukusebenzisa impumelelo ngokwentando yakhe

Njengoba nje kukhona abantu abaphumelelayo
ngokwemvelo, kukhona nabantu abahlulekayo ngenxa
.yemikhuba yabo

Umngane wami nomfundi (S) wayeyisihluleki kusukela
ekuzalweni. Kuyiqiniso ukuthi wayengumfana ohlakaniphile,
okhuthele futhi ozimisele ukuthola imali, kodwa
ngokushesha nje lapho ecabanga ngomsebenzi noma
ngomsebenzi, izici zokwehluleka zamzungeza kusukela
.ekuqaleni

Ngolunye usuku weza kimi engenalutho, exoshwa
ngababolekisi, eshiywe ngabangane, engicela iseluleko

:Ngambuza ngesizathu sezinkinga zakhe, wathi

Mnumzane, ngiyisihluleki Ngesizathu esithile angazi,"
ngokushesha nje lapho ngiqala umsebenzi, ngiyalahlekelwa
yiwo, futhi indawo engisebenzela kuyo nayo iyalimala.

Umqashi ulahlekelwa yibhizinisi lakhe ngemuva nje
kokungiqasha. Ngakho-ke, ngiyesaba ukufuna umsebenzi
ngokwesaba ukuphazamisa izintshisekelo zabaqashi
abazongiqasha, ngenxa yokungazinzi kwami okuhlulekayo
ngiyaqiniseka ukuthi ngizolahlekelwa umsebenzi wami
nakanjani ngoba inkampani ezongiqasha izomemezela
ukuqothuka futhi ivale iminyango yayo, futhi ingixoshe
ngenxa yalokho. Ngakho-ke, anginalo ilungelo lokubangela
ukubhujiswa kwamabhizinisi abanye abantu ngenxa nje
".yokuxhumana kwami nabo

Ngakwazi ukumtholela umsebenzi enkampanini encane
futhi ngamcela ukuba aphinde asho lokhu kuqinisekiswa
kwakhe njalo kusihlwa, ngaphambi kokulala kanye nalapho
:evuka

Usuku nosuku ngiya ngiphumelela kakhulu emkhakheni"
"wami womsebenzi

Kwadlula inyanga, futhi (S) wangixwayisa: "Mnumzane,
inkampani oyiqashile iya ngokuya ingazinzi futhi isimo sayo
asithembisi ngicela ungikhiphe kuyo ngaphambi kokuba iwe
ngokuphelele, ngoba ngizolahlekelwa umsebenzi wami noma
kunjalo lapho inkampani yehluleka Kodwa ukuyeka kwami
manje kungase kusindise inkampani esiphethweni
esingenakugwenywa nesisabekayo ngenxa yokuguquguquka
"kwami okungekuhle

Ngahleka, angizange nginake lokho okushiwo (u-S), futhi
esikhundleni salokho ngamcela ukuba aqhubeke
nokugcizelela iphuzu lakhe futhi aqhubeke nomsebenzi
wakhe Ngemva kwamasonto, weza kimi ngolunye usuku
:kusihlwa wathi ephefumula

"Engangikwesaba ukuthi kwenzeke kanye kanye"

"?Wambuza, "Kwenzekeni

Wathi, "Inkampani yawa njengoba nje nginitshelile futhi
"njengoba bengibikezele

Ngathi kuye, ngikhononda: "Akulona yini iqiniso ukuthi
ngesikhathi uziqinisekisa ukuthi, 'Usuku nosuku ngiya
ngiphumelela kakhulu emsebenzini wami' empeleni
wawuphinda lawo mazwi njengepholi? Futhi ukuthi ingwane
yokungabaza yayilokhu ibambe imiphetho yobuchopho
bakho kangangokuthi wawuzitshela ukuthi: 'Siwula, isimo
sakho siya siba sibi kungakhathaliseki ukuthi uzama
"!kangakanani ukuziqinisekisa ngempumelelo

Waphendula wathi: "Yebo, ngempela yilokho

"okwenzekayo ngempela

weluleka ukususa ukudlidliza nemicabango emibi (S)
esindayo ngokushesha nje lapho kuvela engqondweni yakhe,
ikakhulukazi ngesikhathi sokuphindaphinda ukuqinisekiswa
okuhle, ngoba ingqondo eqondayo enokuqiniseka okuqinile

ingathonya ingqondo engazi lutho noma engazi lutho, okuthi,
ngomthetho we-magnetic resonance, ithinte ingqondo
.eqondayo ngamandla omkhuba

Nganezela: "Ukuqinisekiswa njalo kwemicabango
nemikhuba emihle kuze kube yilapho ingena futhi igxile
engqondweni engaphansi komhlaba kwanele ukususa
izithiyo zengqondo ezingaphansi komhlaba ezizuzwe
njengefa noma ezitholwe ngaphakathi komhlaba. Ayikho
indlela yokuphumelela uma nje imicabango nemizwa
yokudumazeka nokukhungatheka igxilile engqondweni
engaphansi komhlaba noma ngaphakathi komhlaba.
Phakathi kwezimo zempumelelo kubalwa ukuba nekhono
lokudala, izimo ezinhle, kanye nokuthambekela kwemvelo.
Uma ukwazi ukuthinta ukuqonda okuphezulu ngamakhono
alo angenamkhawulo, khona-ke ungakha amathuba amasha
aleyo mpumelelo esakuphunyuka futhi ongakwazi
".ukuwaqonda

Futhi ngakwazi ukusiza (S) ukuthola omunye umsebenzi,
omkhulu kunowokuqala. Kodwa ngemva kwezinyanga
eziyisithupha (okwakuyisikhathi eside kakhulu umngane
wethu asichitha esebenza), wathi kimi ngolunye usuku
ntambama: "Isimo senkampani siyawohloka ngokushesha,
"ngakho ngicela ungisuse ngokushesha

Angizange ngizinake izinkinga zakhe, kodwa ngamcela
ukuba aqhubeke nomsebenzi wakhe Ngemva kwamasono
ambalwa, (S) wathi kimi emomotheka: "Umsebenzi wesibili
"!ongihlelele wona, mnumzane, uhambile nomoya

Ngathi ngokuthula, "Ungakhathazeki, ngizokutholela
"omunye umsebenzi

Waphendula wathi: "Kulungile, mnumzane, uma nje
uzibekela umthwalo wokwehlisa enye inkampani ngenxa
".yobudlelwano bami nabanikazi bayo, anginankinga

Ngomzamo oqhubekayo, ngathola umsebenzi omuhle
kakhulu ku-(S) enkampanini enkulu. Kwadlula unyaka kodwa
akwenzekanga lutho, yize (S) wayezama njalo ngesonto
ukushiya inkampani ngokwesaba ukuthi izobhujiswa
.njengalezo zangaphambilini

Ekugcineni, ngamcela ukuba atshale imali yakhe
ebhizinisini lakhe, wesaba wangibheka ngokumangala, ethi:
"Ingabe yilokhu ongicebisa ukuba ngikwenze? Awucabangi
ukuthi ngizolahlekelwa yimali engiyiqongelele kanzima uma
"?ngiyitshala

Wamqinisekisa ngokuqiniseka: "Kumelwe utshale imali
yakho namandla akho kuphrojekthi enhle, njengesikhungo
sokupheka sendawo esingadingi utshalomali olukhulu, futhi
"ngiyaqiniseka ngempumelelo yakho

Eminyakeni embalwa nje, u-(S) waba ngumnikazi
wezindawo eziningi kanye nezindawo zokugcina impahla
.ezinkulu

Lapho eseqiniseka ngempumelelo yakhe, wazithola
ephumelela kukho konke ayekwenza. Ngolunye usuku wathi
kimi, ehleka: "Ngibonga uNkulunkulu nosizo lwakho,
sengishintshe ekubeni ngumuntu ohlulekile ngaba ngumuntu
ophumelelayo. Nganqoba ukwehluleka futhi ngaqaphela
ukuthi ukwehluleka kwami okuqhubekayo kwakubangelwa
ukungaqondi umsebenzi wami. Kodwa angazi ukuthi
ngakwazi kanjani ukuphumelela ngemva kokubhubhisa
".umsebenzi wabanye ngenxa yokwehluleka kwami

Ngakho ngamchazela: "Awuzange ubangele
ukubhujiswa kwezintshisekelo obuzisebenzela. Umthetho
wokukhanga olawula abantu, ngokusekelwe ekudlidlizeni
okufanayo, osebenza kabi noma ngendlela enhle
(njengokukhanga okufana)

Isimo sakho esinamaphutha ngokwemvelo sakudonsela
ezinkampanini ezazisezowela phansi, futhi okuphambene
nalokho, wawuyisehluleki, kanti nezinkampani nazo
zazisezowela phansi. Ngokomthetho wokukhangana, wena
nalezo zinkampani nawela phansi egqumeni lokwehluleka
.futhi nawa emadwaleni ngesikhathi esifanayo

Imfundiso yale ndaba ukuthi impumelelo yangempela
itholakala ekudaleni lokho umuntu akudingayo ngamandla
okuzimisela ngokuvusa amandla angenamkhawulo okuqonda
okuphakeme. La mandla angavuswa ngokufunda indlela
efanele yokuzindla nokucabanga ngendlela eyakhayo
nangobuhlakani ukuze uthole impilo, impumelelo,
.ukuhlakanipha, nenjabulo

Ukuthula makube phezu kwakho

Kusukela ezibuya zomphefumulo

Uyazi ukuthi kungani abanye abantu bengakwazi
ukuthola

Yini abayifunayo empilweni ngezindlela
ezisemthethweni, kungakhathaliseki ukuthi bazama
?kangakanani

Okokuqala, ngoba abantu abaningi basebenza
ngentshiseko engaguquki

Basebenzisa ingxenye yeshumi kuphela yokunaka
kwabo

Ngakho-ke, abanawo amandla okufeza impumelelo
Ngaphezu kwalokho, imbangela ingase ibe ngenxa
yezenzo ezingalungile

Bakwenza esikhathini esidlule, futhi kwabalimaza
Ngezimo ezingapheli zokukhungatheka nokwehluleka
Kodwa akudingeki uvume

Imingcele kanye nemikhawulo yeKarma
Akufanele ukholelwe ekujuleni kwenhliziyo ukuthi wena
Awukwazi ukufeza imigomo yakho

Uma wehluleka ukufeza umgomo wakho
Isizathu sivame ukuba sekuzikholiseni
Ukuthi awukwazi ukufeza lokho okufisayo
Kodwa uma uzikholisa
Ukuthi unamandla angenamkhawulo
Ungafeza izinto eziningi ezinhle
Ukuxhumana noNkulunkulu kushintsha ukudlidliza
kokuqonda
Kuvula izindlela zengqondo ezivinjwe ukukhathazeka
Ukuzixakekisa ngokweqile ngezinto ezibonakalayo
Kwenezela isici esingokomoya emcabangweni
nasemzweni
Ngenxa yalokho, izibopho eziku-intando ziyaphuka
Futhi kuvela umkhathi wenkululeko nombono ophilile
ngaphakathi komphefumulo
Lona umthetho ongokomoya osebenza kahle ukuze
kuzuze bonke abawusebenzisayo
Lapho imisebe yemicabango igxile ngaphandle
kokuhlakazeka
Amandla amakhulu kaNkulunkulu ayafika
Futhi ngenxa yalawo mandla
Ungaphumelela ngokomoya, ngokwengqondo,
nangokwezinto ezibonakalayo
Ngisebenzise lawo mandla abusisiwe
Isikhathi nesikhathi empilweni yami
Futhi ngiyazi ngokuqinisekile ukuthi amandla
kaNkulunkulu awapheli
Ungenza into efanayo uma ufisa
Amanye amandla angase alethe impumelelo ethile
Kuyimpumelelo engapheli
Kodwa lapho ingqondo igcwele amandla kazibuthe
aphezulu
Ukukhanya okukhulu kuzophuma kukho
Ubukhona bukaNkulunkulu buyaboniswa
Lowo ongenakulinganiswa

Labo abaziyo bathi
Ulwazi oluvela kuNkulunkulu alunakutholakala
ngokufunda imibhalo engcwele
Noma ngokuhlakanipha nangokuhlakanipha
Ngisho nangokuhlola amafilosofi
Kunalokho, kungomusa kaNkulunkulu ukuthi ubumnandi
balolo lwazi bunganambitheka
Abahlanzekile enhliziyweni kuphela abakhetha
uNkulunkulu, futhi Yena uyabakhetha
Futhi ngomusa wakhe bangabona ukukhanya kwakhe
Izazi zefilosofi nezazi zemfundiso yenkolo kumele zazi
futhi zivume
Ukuthi imvelo kaNkulunkulu ayinamkhawulo
Akunakuqondwa noma kuhlolwe
Ngombono olinganiselwe wokucabanga okunomqondo
omncane
Ukuze sazi uNkulunkulu, kumelwe sizizwele ubukhona
Bakhe ngokwethu
UNkulunkulu uziveza kulabo abamthandayo
Njengomuzwa wenjabulo enkulu ngokomoya
Ukuqonda komuntu kuyakhungathekiswa
Futhi kuletha isiqinisekiso esingenakuphikwa sokuba
khona kweqiniso eliphakeme
Okuhlangenwe nakho okungaphezu kokuvamile
kwabantu
Akukho mqondo noma imfundiso yenkolo engakwazi
Ukuthi lolu vivinyo olumangalisayo
Ngoba ulwazi olungokomoya lusekelwe emuzweni
wangaphakathi
Futhi umbono oqondakalayo wobukhulu obumnene
kanye nokukhanya okukhazimulayo, okukhazimulayo
Ukuze uthole lolo lwazi oluyimfihlakalo
Uthando olungcwele lubalulekile
Ukuzindla okujulile ngoNkulunkulu
Ebumnyameni bomphefumulo obusisiwe

Ulwandle lomphefumulo seluphenduke igagasi elincane
lengqondo yami
Ayibhubhi
Futhi ukuthi uvele yini kulesi sigaba sasemhlabeni
Noma yafihlwa ngemva kokufa endaweni yokuqonda
kwendawo yonke
Ngoba ngingumuntu ohlala njalo, ongenakufa
Kuvikelwe ekufukameleni kwaphakade kanye nenqaba
yoMoya oPhakeme
Namuhla ngizokwenza okuthile okuwusizo kwabanye
Ngizokwenza konke engingakwenza ukuze ngisize
abalambile
Ngiphephile futhi ngivikelekile ngemuva kwezindonga
zonembeza wami onokuthula
Ubumnyama obudala bushisiwe
Nginesithakazelo kuphela namuhla
Ngiyinhansi yokukhanya kokuhle kakhulu
Futhi ngifuna ukuba yinkanyezi
Ngemiphefumulo eyacwila futhi yaphuka imikhumbi
yayo
Olwandle losizi
Namuhla ngizizwa uNkulunkulu ethuthumela ngokuthula
Okuthinta izintambo zenhliziyo yami, ngokuvumelana
nothando lwendawo yonke
Futhi esihlalweni sobukhosi semicabango ezolile
nenokuthula
Kwangathi uNkulunkulu wokuthula angawubusisa
umsebenzi wami futhi enze izinto zami zibe lula
Namuhla ngizoqondisa abafowethu nodadewethu
Esangweni Lokuthula
Ukuholela eThempelini likaNkulunkulu
Ngizosebenza ukuze ngiduduze abalilayo
Futhi imiphefumulo yabo iyaneliseka
Futhi ngizophuthuma ngiye emaphethelweni enkululeko
Ngokuyeka zonke izifiso ezivimbelayo

Futhi sibambelele esifisweni sokusondela kuNkulunkulu
Okuletha ukuzindla ngemisebenzi yayo yobuciko
Futhi embusweni wothando lwami
Ngizomema abantu bazo zonke izinhlanga nezinhlangothi
Ukuze beze bahlale nami
Ekukhanyeni kothando lwaphezulu
Amagugu aseMpumalanga
Umagazini waseMpumalanga-Ntshonalanga
Amathuba egolide
Ukuphila kufanele ukuphila
Inikeza amathuba amahle kakhulu okuzazi
Ukuvuselela ukuqonda kwakhe nokuchaza indawo yakhe
ebalazweni lokuphila
Futhi sisebenzela ukufeza injongo yokuba khona kwaso
Lolu lwazi lunika amandla ingqondo nomzimba
Futhi igcwalisa inhliziyo ngamandla amakhulu
Uyachichima injabulo futhi ugxuma ngenjabulo
Yilokhu uMdali wesintu akufunayo esintwini
Abanye bakholelwa ukuthi impilo igcwele isithukuthezi
nokukhathala
Abantu abaningi bakhathele futhi bakhathele
Kodwa isithukuthezi sisho ukulahlekelwa nguwe
Ukuxhumana nokuxhumana negumbi lokusebenza
lokuphila
Ukuze impilo ibe mnandi
Umuntu kumele asuse futhi asuse izithiyo
Okuma phakathi kwakhe nobunye bakhe bezinto
eziphilayo nokuphila
Uma ubungabuyisela imicabango yakho enkathini
yobuntwana
Mhlawumbe ukhumbule ukuthi wawunjalo ngaleso
sikhathi
Kugcwele amandla avuselelwe kanye nenjabulo
Ubunesifiso esinamandla sokufuduka
Ukugxuma, ukudlala, nokwenza ezinye izinto eziningi

Wawungukufika kwakamuva nje ezweni elingokoqobo

Futhi kuhlobene ngqo nenhliziyo yokuphila

Futhi izintambo zokuxhumana phakathi kwakho

nokuphila

Izinga eliphezulu lokusebenza okubushelelezi

nokusebenza kahle

Ngoba ulethe ukuqonda okulula

Injabulo, injabulo, kanye nokusha okungokomoya

Lapho efika ebudaleni

Ulahlekelwe inani elikhulu

Kusukela kulawo mandla nemizwa

Kodwa ngezikhathi ezithile

Imicabango ejwayelekile iza kuwe

Futhi imimoya yokulangazelela ivunguza phezu kwakho

Kubuyisa ukukhanya kwenkumbulo

Kusukela esikhathini esidlule esikude

Uma uvuka ekuseni ubuthongo obunokuthula nobujulile

Uzizwa ukhululekile futhi ujabule

Kuze kube yilapho iziphazamiso zokuphila kwansuku

zonke zikuhlasela

Kuthatha ingxenye enkulu yokuqonda kwakho

Futhi kuba ngokoqobo futhi kuyaphuthuma kakhulu

kunezinye

Naphezu kwazo zonke izinkinga, ukuphikisana, kanye

nokukhungatheka

Umuntu kumele asebenzele ukuxhumana naye

Ucebile ngengcebo engenakubalwa

Yilokhu okwenza impilo ibe mnandi futhi ikhazimule

Imibono nezenzo ezishibhile kufanele zigwenywe

Futhi ungabanjwa yizinto ezincane zokuphila

kwasemhlabeni

Ngoba uma sekuzinzile engqondweni

Inamathela emangqamuzaneni obuchopho

Kuze kube yilapho ukuthula nokuzwana sekususiwe

emphefumulweni

Futhi kanye nabo, imibono ecwengekile nemibono
emsulwa

Ngakho-ke, kubalulekile ukususa lawo mandla
angahambisani

Kusukela emicabangweni nasekukhipheni imizwa
engemihle enhliziyweni

Ukuze imisebe yokukhanya ifinyelele kubo
Imithombo yezempilo, izindleko zamandla, kanye
nezibusiso

Inhlama emangalisayo
Kuphefumulelwe yizimfundiso zikaMaster Paramhansa
Imibono ifana nezingcezu zobumba ezingabunjwa zibe
amadayisi noma izinyoka zasolwandle, kodwa ngokuqina
kwetshe eliqinile

Wonke umuntu unamandla okuba ngumqophi wempilo
yakhe kanye nomqophi wekusasa lakhe
Makathathe inqwaba yale paste emangalisayo enze
umsebenzi wobuciko omuhle ngayo, futhi uzothola injabulo
.eningi

Ukukhanya kombani esikhaleni kunzima ukugxilisa futhi
kuqondiswe ezintanjeni ukuze kukhanyise imizi nemigwaqo,
.kodwa lokhu sekufeziwe

Akulula ukubiza nokugxila amandla angabonakali
endawo yonke ohlelweni Kuvikela isintu ezingibeni futhi
kusivikele ebubini, uma lokho kungenzeka. Naphezu kokuba
khona namandla obubi, ukukhanya nakho kukhona, futhi
okuhle kunamandla futhi kuhlala isikhathi eside kunobubi
ngoba kusekelwa iqiniso elingunaphakade nelihlala njalo,
elingamandla amakhulu endaweni yonke futhi ekugcineni
.lizonqoba

Ukugxila emicabangweni emihle nenomusa kusho
ukudala uxhumano olusebenzayo, noma ukwakha umzila
ocacile, phakathi kwengqondo nomthombo wezinto ezinhle
ezikhona emhlabeni wonke, okungubuhle uqobo. Uma
umuntu ecabanga kakhulu ngobuhle, kulapho ukudlidliza

kwabo kudonselwa khona engqondweni nasemzimbeni.

Lokhu kudlidliza kunamandla okuguqula izimo eziningi
zengqondo nezomzimba, futhi kunamandla kangangokuthi
kususa ngokuzenzakalelayo ukudlidliza okungavumelani
.nokwakheka kwengqondo nokomzimba komuntu

Uma umuntu ethi, "Ngikhathale," umuzwa wokukhathala
uba namandla ngoba uyaqashelwa, ngaleyo ndlela unciphise
umsebenzi futhi uvimbele ukugeleza kwamandla. Kodwa-ke,
uma ethi, "Ngidinga ukuphumula," bayazivulela imisinga
ebalulekile evuselela ingqondo nomzimba, futhi bangase
.bazizwe benamandla ngesikhathi esifushane sokuphumula
Ukukhungatheka, okubangela isimo sengqondo
esicindezelayo, kungagwenywa ngokungagxili kukho,
ukukhumbula okuhlangenwe nakho okujabulisayo, noma
ukucabanga ngabantu obathandayo, obathembayo, futhi
ozizwa ukhululekile nabo, ngenkathi uqiniseka ukuthi
ukukhungatheka kuyifu lasehlobo elidlulayo,
kungakhathaliseki ukuthi kungase kubonakale kukhulu futhi
.kubi kangakanani

Izimo ezinzima umuntu adlula kuzo akufanele
zinganakwa noma zithathwe kalula Kunalokho, lezi zimo
kumele zisingathwe ngendlela engokoqobo
nangokuhlakanipha ngokufuna indlela ephumelelayo
.yokukhulula amandla azo nokunciphisa imiphumela yazo
Lokhu akusho ukulahla izinsizakalo zabelaphi
abahlinzeka ngezinsizakalo eziningi nezibalulekile
ngobuchwepheshe babo kanye nezindlela zesayensi
ezithuthukisiwe; kunalokho, ukucabanga okuhle kusiza
ekutshaleni imbewu yokuphulukisa emzimbeni futhi ngaleyo
.ndlela kube enye yezindlela zokwelapha
Ngokufanayo, esikhundleni sokuthi "Ngiyagula,"
kufanele kugxilwe esidingweni sokuphulukiswa. Lesi simo
sengqondo senza ingqondo nomzimba kwamukeleke
kakhudlwana ezindleleni zokwelapha namandla, kuvula
izikhala noma iziteshi ezidingwa yila mandla ukuze zigeleze

emaseli nasezicutshini, ukulungisa izimo ezingenempilo
nezingalungile, nokulungisa kabusha imishini yomzimba
ebucayi. Ngakho-ke, umuntu ojwayele ukuphelelwa amandla
nokukhathala njalo uzothola, ngokuhamba kwesikhathi,
ukuthi ukucabanga okuhle kusiza ukunciphisa inani lalezi
zigameko, okuholela ekuzizweni kwamandla avuselelwe
kanye nenhlalakahle eningi, ngosizo lukaNkulunkulu,
.uMphilisi wazo zonke izifo nezifo

Isivuno senzondo

UNasi noZakir babezondana, futhi ukulwa kwabo
kwaqala besesebancane esikoleni, kwathi lapho bekhula
inzondo yabo yakhula , baba yizimbangi ebhizinisini
lokuthengisa izicathulo

Ngesinye isikhathi, bancintisana ngokushada
nentombazane, futhi njengoba uNasi ayenamandla kancane
kunoZakir, wamshaya kakhulu wamshiya engazi lutho. Lapho
uZakir ebuya engqondweni, wanqotshwa amahloni,
.ukuzisola, kanye nokunengeka ngalokho okwamehlela
Eminyakeni eminingi kamuva, uZakir wanquma
.ukuthuthela edolobheni ukuze asebenze futhi ahlale kulo
UNasi wayesekhohliwe okwenzekile, kodwa uZakir
wayengenakukwazi ukususa enkumbulweni yakhe ihlazo
nehlazo uNasi ayemfake lona Noma kunjalo, wayelokhu
ephinda futhi eziqinisekisa: Ngizomthethelela uNasi futhi
ngeke ngikhumbule icala lakhe kimi

Kodwa ngemva kwezinyanga eziningana, uZakir
waqaphela ukuthi phakathi nesimemezelo sakhe sansuku
zonke sokuthethelela, ekujuleni kwenhliziyo yakhe wayefisa
ukuziphindiselela futhi wayelinde ithuba lokuziphindiselela
.nokuqeda ukoma kwakhe kokuziphindiselela

Ngemva kwesikhashana, uNasi wezwa ukudonswa
okungajwayelekile kumdonsela edolobheni lapho imbangi
yakhe endala, uZakir, yayithuthele khona. Wayengangabazi
ukuthi kukhona okwakuzokwenzeka. UZakir, nokho, wayazi

ngokuba khona kukaNasi edolobheni futhi waqala ukuqapha
.ngokucophelela ukunyakaza kwakhe
Ngobunye ubusuku, uNasi wahambahamba futhi
"wahogela umoya omusha," yize isimo sezulu sasimnyama
.futhi sina

Njengoba ehamba yedwa emgwaqweni ongasese,
wadlula eduze kwendlu yokugcina impahla evulekile, kanti
uZakir wayemlandela ngokunyenya nangokucophelela.
Lapho ithuba livela, wanquma ukukhokha i-akhawunti
.ngenzalo ehlanganisiwe
Ejabule kakhulu, wathola ithayela eliqinile elaliwile
kolunye lwezindonga zegumbi lokugcina impahla.
Walibamba washaya imbangi yakhe yangaphambili kanzima
ekhanda, wayiwisa phansi, wabe esebuyela emuva
.ngendlela ayeze ngayo, engazi ukuthi ukhona
Ngemva kwamahora, imvula yaphela, amafu ahlukana,
kwavela ukukhanya kwenyanga ngembobo phezulu
kodonga. UNasi wavuka wazithola elele phansi,
.ebuthakathaka kakhulu

Wazama ukuthola ukuthi kwenzekeni, futhi ebona
ithayela eceleni kwakhe kanye nembobo odongeni ngaphezu
kwalo, waphetha ngokuthi ngenkathi ehamba eceleni
kwendlu yokugcina impahla, inhlanhla yakhe yayiholele
ekutheni lelo thayela liwe lisuka phezulu odongeni futhi
.liwele ekhanda lakhe

Imfundiso yale ndaba ukuthi abantu bavame
ukukhohlwa ububi ababenze kwabanye, yize imiphumela
yezenzo ingalibaleki, futhi imiphumela yazo ibalandela
buthule ebumnyameni bokungazi Njengoba nje inkomo
ingathola ithole layo phakathi kwezinkulungwane zezinye,
nemiphumela yezenzo zethu inamandla okusilandela njalo
futhi ithole indawo yethu, ngisho nangemva kwesikhathi
.eside

Ukube uNasi wayenokuhlakanipha futhi wazama
ukuxazulula ingxabano nombangi wakhe uZakir futhi axolise

kuye ngemva kwaleso sigameko, ngabe wehlisa intukuthelo
yomphikisi wakhe futhi izinto ngabe azizange ziqhubeke
.zikhula

Kodwa izinto azizange zishintshe, futhi imbewu
yemiphumela emibi yakhula futhi yachuma esibeledweni
sekusasa elimnyama, yaphetha ngokuzalwa okubi Ukuze
kugwenywe izimanga ezingathandeki, imbewu yengxabano
embi ecashe emhlabathini wengqondo kumele ishiswe, futhi
ukubona kusengaphambili kumele kwandulele isenzo, ngoba
umthetho wendawo yonke uthi umuntu uvuna izithelo
zezenzo zakhe, kungakhathaliseki ukuthi zinhle noma zimbi,
zimnandi noma zibaba

Masikhumbule ukuthi isenzo ngasinye sishiya imikhondo
egcinwe njengemikhuba nokuthambekela engqondweni.
Ngaphandle kokuthi lokhu kusingathwa ngokuhlakanipha
nangokuqonda, kuzoholela emiphumeleni engaba yingozi.
Kodwa-ke, lapho imbewu yezenzo ezimbi ishiswa ngumlilo
.wokuhlakanipha, ngeke ikwazi ukukhula futhi

Incazelo yokukhulisa ulwazi

Isiqalo sokuphila

Umphefumulo uyaphazamisa umshini ongokoqobo

Kuze kube yilapho eboshelwe ngokuphelele kukho

Yingakho kufanele siphile

Ukuze izidingo zomzimba zingasigqizi amandla

Asizizwa sivinjelwe yizindinganiso zezinto ezibonakalayo

Ukukhula kwengqondo kungumkhiqizo

Ukukhula noma intuthuko ngokomzimba

Ngokusho kokuziphendukela kwemvelo

Umphefumulo ofanayo uyaphuma

Ngokukhuphukela ezingeni lengqondo

Noma izinga lokudala kanye nobuningi

Ngakho-ke kukhombisa amakhono ayingqayizivele

Okuhlukanisa abantu

Mayelana nazo zonke ezinye izidalwa

Bese ikhuphuka

Kuze kube sezingeni lolwazi olungokomoya
Okunikeza incazelo kanye nenani
Ukuze kube nokuchuma kwezinto ezibonakalayo
impumelelo yengqondo
Akungabazeki ukuthi impumelelo yobuhlakani iyazuzisa
Ngoba zonke izinto ezinhle ziyigugu
Futhi kancane kancane siyaqaphela ukuthi isigaba
esilandelayo
Kukhulisa ukuqwashisa ngomzimba
Ukuqwashisa ngokomoya
Ngokuthuthukisa umzimba nengqondo
Ngokungachithi amandla omzimba abalulekile
Futhi ukugxila ekukhanyeni kwengqondo, i-scout
Ngezindaba ezibalulekile
Kuze kube yilapho beba
Indlela ephumelelayo nevumelanayo
Umphefumulo ungadlula kukho
ukuziveza
Futhi ekhombisa amakhono akhe
Futhi kusebenze amandla ayo angokomoya
Ukukhululwa ngokomoya kusho ukukhulula
umphefumulo
Kusukela esibayeni sokungazi
Futhi uyiphakamisele ezingeni elifanele
Futhi ukuyikhulula emikhawulweni yokwazi
okulinganiselwe
Ukuphila komuntu kuvame ukuba kuhle kakhulu
Kodwa ukunamathela kukho
Kufana nenyoni yasepharadesi ebambelele esibayeni
sayo
Ukuze uma uvula umnyango wekheji
Inyoni iyanqikaza ukuhamba
Ngenxa yomkhuba kanye nobude besikhathi esichithwa
ngaphakathi kwekheji
?Akumangazi lokho

Inyoni ayifuni ukushiya indawo yayo encane
Enkululekweni yesikhala esingenamkhawulo

?Uvela kubani

Lokhu kusebenza nakithi

Ngoba siphile isikhathi eside

Ekhejini elingokoqobo

Sesaba ukuhamba kwakhe aye ezindaweni ezibanzi

Kodwa ukuhlakanipha kusho ukuthi

Ukukhulula Inyoni Yomphefumulo

Kusukela ekhejini lemikhawulo

Futhi ukuyikhulula endaweni engenamkhawulo

yokuqonda

Bazophinde banambithe injabulo yangaphakathi

Umthetho wokunyakaza usekelwe emthethweni

wembangela nomphumela, noma isenzo nokusabela

Umuntu ozelwe emuhle kulokhu kuphila wayenjalo

enyameni yangaphambili {ngenxa yalokho izandla zakhe
ezikwenzile} futhi uma elwela ukwenza okuhle, khona-ke

isilinganiso sobuhle sizoncipha kakhulu kuye (kulowo
onakho, uzonikezwa okwengeziwe nokuningi)

Labo abanezimfanelo ezimbalwa ezinhle bangase

balahlekelwe ngisho nayilokho okuncane ngenxa

.yokuthambekela okubi okubahlaselayo nokubanqoba

Umuntu othambekele ebubini kumelwe ukuba wayenalo

mkhuba omubi empilweni yakhe yangaphambilini, futhi

lokhu kuthambekela okubi kungase kukhule futhi kumlawule.

Labo abanemikhuba ethile yokwenza okubi babenjalo

ngaphambili, futhi uma okuhle kudlula okubi, khona-ke

izimfanelo ezinhle zizoxosha imikhuba yokwenza okubi

.emiphefumulweni yabo

Lokhu kungukusebenza kwemvelo komthetho wesizathu

nomphumela (karma). Kodwa-ke, umuntu akufanele azizwe

engenamandla futhi ebhajwe uma kwenzeka enemikhuba

engathandeki afisa ukuyilahla. Manje yisikhathi esifanele

sokunqoba leyo mikhuba ngokuhlakulela ukuzimisela
 .kwangaphambilini nokucabanga okuhluzekile
Umuntu angazikhulula ekubanjweni yimikhuba emibi
 futhi adale imikhuba emihle ngokucabanga nangezenzo,
 okuzomlethela imiphumela efiselekayo
Kungakhathaliseki ukuthi imikhuba emibi ingase igxile
 kanganani kumuntu, kumelwe akhumbule ukuthi bona
 ngokwabo badale leyo mikhuba ngokuphindaphinda
 imicabango nezenzo ezithile, nokuthi bangayishintsha leyo
.mikhuba emibi ngemihle ngokucabanga okuhle nokwakhayo
 Imicabango emihle nemibi iyizimo eziphikisanayo
 zokuqonda komuntu Ngokwemvelo, kungcono ukuba
namaphupho amnandi kunokubhekana namaphupho amabi
 asabekayo. Ukwazi kuyaguquguquka futhi kuyazwela;
kungacabanga ukuthi noma yisiphi isimo esisifisayo noma
 siphuphe amaphupho asithandayo. Kodwa-ke, inkinga
 ngabantu ukuthi bavumela indawo yabo yokwazi—
 ngentando yabo kanye nokukhetha kwabo—ibuswe
 ukuthambekela okuphambene kanye nokuqondiswa
 okungalungile okubangelwa imikhuba yangaphambilini.
Ngakho-ke, amandla abo okuqonda ahlala ebaleka futhi
ezulazula, njengoba kunjalo nangobuqaphi obungokoqobo
 .obugxilile ngemuva kwezingaba zokuqonda nokuqonda
 Lapho labo abadakwe yimikhuba elimazayo bezwa
 ubuhlungu bobuhlungu obubangelwa ukuphila
 okungavamile, bazophendukela ekukhanyeni kokuqonda
 nokuphila okulungile befuna insindiso, kungakhathaliseki
 ukuthi imikhuba yabo emibi igxile futhi yonakalise
 .kanganani
Uma-ke, besebenza ekuthuthukiseni nasekukhuliseni
 imikhuba emihle ngokusebenzisa izindlela zokuphila
ezivumelanayo, bazophinde bathole injabulo yangaphakathi
 futhi bajabulele ukuthula njengomphumela wemvelo
 .wokuzithiba nokuhlakulela imikhuba emihle

Sicela uNkulunkulu uSomandla asinike usizo
lokuzikhulula kuzo zonke izithiyo futhi siqondise imicabango
.yethu ezindleleni ezifanele nezizuzisayo

Ukuqonda ngokomoya
Abanye abantu bachitha izimpilo zabo
Ngengqondo ebuthakathaka nokuqonda okuncane

Bayadla futhi balale
Futhi bajabulela ubumnandi obuthile
Abavamile ukucabanga ngokujulile
Eqinisweni, iningi labantu
Abafinyeleli ekujuleni okwanele
Olwandle lwemibono engokomoya
Ngoba bayaqiniseka ukuthi umhlaba obonakalayo

Konke okukhona
Kodwa lokhu kuphila
Kuyiphupho nje elidlulayo
?Pho kungani kuphuthuma futhi kuphefuzela
?Futhi uzama ukuzuza ukuthandwa yizwe
?Akungcono yini

?Uzama ukujabulisa uNkulunkulu kuqala
Izilwane azinawo inkululeko yokuzikhethela
Ngoba uNkulunkulu wamhlanganisa ngokwemvelo
yakhe

Kodwa wafaka ukuhlakanipha kumuntu
Abantu banenkululeko
Ukuvuka noma ukuwa
Ukukhetha okuhle noma okubi
Uma ingqondo igxilile
Ezinjabulweni ezingathandeki zemizwa
Ibuswa imiqondo enzima nemnyama
Uwela epharadesi lenjabulo
Ulahlekelwa umuzwa wenjabulo engokomoya
Futhi ukuqonda komphefumulo kuphuphuthekisiwe
Akakwazi ukuthola indlela yakhe eya kuNkulunkulu
Kodwa kungenzeka ukwenza ingqondo ibe ngokomoya

Ngokucabanga ngoNkulunkulu
Futhi ukunxusa okuqotho nokujulile kuYe
Ukuze umnyango obusisiwe uvuleke
Ukuholela eMbusweni Wokukhanya Nenjabulo
okucashile ekujuleni kwengqondo
Kusuka engcebweni yomfundisi uParamahansa
Imizwa kanye nesiqondiso



Izimfundiso ze-Master Paramhansa Yogananda

Uma inhliziyo inomuntu

Kumdonsele kuyo

Zonke izimfanelo zalowo muntu

Ubani ocabanga ngabantu abalungile

Umusa wabo udluliselwa kuye

Futhi labo abagxila ngothando kubantu

abaphefumulelayo

Izikhuthazo ziyamfikela

Futhi noma ubani ohambisana naye, ngisho

nasemicabangweni

Abantu abanonembeza

ukuziphatha okuhle

Futhi inhloso enhle

Uhlanganyela ubukhosi babo kanye nokuziphatha kwabo

okuhle

Ngoba umcabango uyahlukana njengomagnet

Ukukhanga okufana nokukhanga

Ube nosuku oluhle nokuthula makube phezu kwakho

Wonke umuntu ufuna injabulo ehlala njalo
Ungaphendukeli emlotheni esandleni sakho
Lolu cwaningo luholela kokuningi
Kusukela ezinkolelweni, ezinkingeni, nasekudumazekeni
Abantu bafuna injabulo evuselelwe
Ayibuni, ayinciphi, noma inyamalale
Futhi umuntu ufunda kokuhlangenwe nakho kwakhe
Injabulo yasemhlabeni injabulo
Yesikhashana futhi hhayi ehlala njalo
Uvame ukuthola ukuthi ngemva kokuthola lokho
akufunayo
Akakaneliseki ngalokho akufezile
Ube esefuna ukugcwalisa esinye isifiso
Ngaphandle kokuthola injabulo oyifunayo
Nokho, uyazama futhi
!Buyela esikweleni sokuqala njalo njalo
Injabulo yangempela injabulo yokuqaphela
okungokomoya
Injabulo yokuzindla ngoNkulunkulu nokuxhumana naye
Injabulo yokuthula nokuthula kwenhliziyo
Injabulo yothando lwaphezulu
Nokuthanda abanye ngalolo thando
Futhi injabulo yomuzwa oqinile nongaguquki
wokuqiniseka
Ukuthi umphefumulo awufi
Futhi ukuthi injabulo yakhe iyamphelezela
Ngisho nangemva kokuhamba
Lokhu kuphila kwasemhlabeni kwesikhashana

Nkosi, ngisize
Ukuze ngithole injabulo yami kuwe
Ngithemba ukujabulela umhlaba
Futhi ngokwenza imisebenzi yami yasemhlabeni
Futhi ngifundise indlela yokucwenga izinzwa zami

Ukuze ukwazi ukuhlukanisa phakathi kokuhle nokubi
Ngakho-ke jabulela kuphela okuzuzisayo nokuhle
Ake ngijabulele injabulo yasemhlabeni
Injabulo engokomoya eyondliwa yinjabulo yakho
emsulwa

Futhi ngisize ngikwenze
Ingxenye ebalulekile yempilo yami
Futhi isici esibalulekile sokwenza imisebenzi yami
yansuku zonke
Nginomuzwa wokuthi unami
Njalo
Futhi kuzo zonke izinga

intando yomuntu
Kuwukubonakaliswa kwentando kaNkulunkulu
Futhi uma iqondiswa ukuhlakanipha
Amandla akhe aba angenamkhawulo
Intando kaNkulunkulu ibusa amandla emkhathini
Ukuze uzuze emandleni e-cosmic
Isitoko sakhe asikaze sinciphe
Ukunikezwa kwayo akupheli
Kufanele idluliselwe emzimbeni
Ngokusebenzisa izintambo zokucabanga okuhle
kanye nokuzwana kwangempela
Ngentando kaNkulunkulu

Othisha abahle abacebisi ubuvila nokunganaki;
kunalokho, bafundisa indlela yokulinganisela
Kungokwemvelo ngomuntu ukusebenza ukuze asekele
umzimba wakhe futhi anakekele izingubo zakhe nokudla.
Kodwa-ke, uma imisebenzi yomuntu ivunyelwe ukuphikisana
noma ukungqubuzana nabanye, khona-ke lokho akulona
.isibopho sangempela
Kunezinkulungwane zosomabhizinisi abamatasa
ngokuqongelela ingcebo, kodwa abaqapheli ubuhlungu

nezinkinga zenhliziyo abazibangela zona. Uma
ukuphishekela ubukhazikhazi kubangela umuntu ukuba
angawunaki umsebenzi wakhe wokulondoloza impilo yakhe,
.khona-ke akusona isibopho nhlobo

Umuntu kufanele akhule ngendlela evumelanayo
nelinganiselayo. Akunangqondo ukugxila kakhulu ekwakheni
umzimba oqinile uma ubuchopho obungaphakathi kulowo
mzimba bubuthakathaka. Inggondo nayo kumele
.ithuthukiswe

Noma ubani onempilo enhle, impilo ekhululekile,
namandla amakhulu engqondo, kodwa nokho entula
.injabulo, akakaphumeleli empilweni

Noma ubani ongathi, "Ngiyajabula futhi akekho
ongangiphuca injabulo," usefinyelele esicongweni
sempumelelo futhi uthole isithombe esibusisiwe ngaphakathi
.kuye

Umuntu kufanele aziqhenye ngokuthi uNkulunkulu
wamdala ngomfanekiso waKhe. Kodwa uma eziqhayisa,
ethukuthela, noma ecasuka kalula, futhi ebukela phansi
abanye, futhi uma eshiya umzimba kuleso simo sengqondo,
.ngeke azizwe eseduze noNkulunkulu

Ngesinye isikhathi, omunye wamadoda kaNkulunkulu
wayegeza emfuleni lapho kufika omunye umuntu waqala
ukugeza ihhashi lakhe eduze kwalowo muntu olungileyo,
emthela ngamanzi ngamabomu nangokunganaki. Abafundi
bosanta bacasuka futhi bafuna ukushaya umhlaseli
bamxoshe, kodwa uthisha wabo wathi kubo, "Ningakwenzi
".lokho, kodwa myekeni

Kungazelelwe, ihhashi lakhahlela umninilo, laphula futhi
lakhapha amazinyo amaningana. Indoda enhle yasondela
kuye ngothando yaqala ukumnakekela nokumphulukisa.
Kwakuwumthetho oqinile wemvelo, hhayi ongcwele,
.owajezisa isoni

UNkulunkulu nemithetho yakhe yendawo yonke
isebenza ngokungakhathali nangokuqhubekayo ukuze

kuncishiswe ukuhlupheka kwabo bonke abathembela kuYe,
abafuna usizo lwaKhe, futhi basekelane futhi bakhuthazane
ohambweni lokuphila {Futhi uNkulunkulu uhlala ekulungele
ukusiza inceku yaKhe uma nje inceku isiza umfowabo}

Ezinye izinto zingalinda

Konke kukhona ngoba uNkulunkulu ukhona Futhi ngoba
ukhona, nathi sikhona, futhi ngenxa yobuhle bakhe nokuba
khona kwakhe, sinokuphumelela kanye nenjabulo yokuphila.
Ngakho-ke, ukubonga kwethu kuNkulunkulu kufanele kube
julile futhi ukubonga kwethu kube kukhulu, ngoba uthi, “Uma
nibonga, ngizonandisa ngokuqinisekile [ekusizeni],” futhi
.kufanele simbonge uNkulunkulu ngokungaphezi

Ukubaluleka kukaNkulunkulu esintwini

akunakuqhathaniswa, kodwa abantu abaningi babeka
ukubaluleka okukhulu ekuphileni kwezinto ezibonakalayo
.ngakho-ke abamazi ngempela uNkulunkulu
Imisebenzi yezinto ezibonakalayo kanye nezibopho
zomphakathi kumele kufezwe ngenkathi ucabanga
ngoNkulunkulu, ngoba iNgelosi Yokufa – kwangathi impilo
yakho ingaba yinde – ihlwatha izakhamuzi zomhlaba nsuku
zonke, enye ilandela enye, futhi kungadingeka siphume kule
.ndlu efayo nganoma yisiphi isikhathi

Kumelwe siphathe izindaba zethu kuleli zwe

ngonembeza ohlanzekile ngenkathi sigcina imicabango
yethu ixhumene noNkulunkulu Ngilwela ukukhonza wonke
umuntu, kodwa uma ngingedwa ngizindla, angivumeli muntu
ukuthi aphazamise ukucabanga kwami Ezinye izinto
zingalinda, kodwa kumelwe sigcine isikhathi sokuhlangana
noNkulunkulu nsuku zonke, osinike konke esikudingayo kulo
mhlaba

Ngesikhathi uMhlonishwa uMahluleli ekhipha isinqumo

sakhe sokugcina mayelana nodaba olubucayi olwalusho
ukuphila noma ukufa komunye umuntu, ngaleso sikhathi
wayecabanga ngezinkinga zasekhaya ezamehlela ngalolo

suku futhi wayecasukile ngoba umthetho wakhe ekhaya
!wawungaphoqelelwa

Uma ijaji elinjalo likhipha isinqumo esingalungile
esingaholela ekufeni komuntu ongenacala ngenxa
yokungagxili kahle engqondweni, khona-ke naye
uzomangalelwa futhi agwetshwe phambi kweJaji Eliphakeme,
uMahluleli wazo zonke izono: umthetho wendawo yonke
.ongakhethi futhi ongenandawo yokukhetha izihlobo
Inani elikhulu labantu aliphumeleli ekwenzeni imali futhi
aliphumeleli ekuphathweni kwebhizinisi
Abanalo ukuhlakanipha kokuqonda izinto ngoba lapho
besemsebenzini bacabanga ngezinkinga zabo zasekhaya,
kanti lapho besekhaya izingqondo zabo zimatasa
.ngezinkinga zomsebenzi
Ngakho-ke, umuntu akufanele agxile ezintweni
ezingaphezu kweyodwa ngesikhathi

Kwake kwaba nesikhathi, emini
Ngafika ekamelweni lokucabanga
Futhi amafasitela ezingoma avuleka
Izinto ezikhangayo, iphunga, ukunambitheka, ukuthinta
Futhi ngacela izingoma ezithambile kakhulu nemibala
emihle kakhulu
Ukuze eze azonyakazisa phambi kwami adanse
Ngezinye izikhathi ngangihleka futhi ngezinye izikhathi
ngangikhala
Lapho amehlo ami ekhala
Amanxeba okuhlangenwe nakho angizwisa ubuhlungu
Vala umnyango wezinzwa
Futhi faka isikhala esingenamkhawulo
Ezweni lokulala namaphupho
Lapho ngilala phansi ngokuthula nangokuphumula
Ngaphansi kwengubo yobumnyama
Ngemva kokuphumula okwanele
Ngilele, ngivula omunye umnyango

Futhi ungene ekamelweni lamaphupho
Ngakho-ke ngibukela amafilimu okuhlola nawocwaningo
Ebhayisikobho yabantu abangazi lutho
Lapho ngisebenza khona ngendlela engithanda ngayo
Futhi ngiluka amaphupho e-velvet ezikhumbuzo
ezimnandi

Kumakhethini esilika
Kuyo, bhala igama le-cosmic ethandekayo
Kodwa uma ngingaphandle kwala makamelo amabili
Ngezinye izikhathi ngizibeka ngamabomu ekujuleni
okungaziwa kwendawo yonke
Ukunqoba ubumnyama obumnyama kakhulu
nobucindezelayo

Ukuwela izigodi ezijulile
Ukufinyelela ogwini lwesikhala esingunaphakade
Lapho ezweni lobunye
Awekho ama-duo, awekho amaphupho
Akukho ukucasuka, akukho ubuhlungu
Kunalokho, umbono ophelele
Futhi injabulo evuselelwa njalo
Futhi ukukhanya kwamazulu nomhlaba

Lapho sihlala ngokuthula noNkulunkulu
Noma nini lapho singakwazi khona
ukuhlala ngokuthula
Nathi kanye nomhlaba
Masihlale sizama ukuqondisa imicabango yethu
Kubheke kokuphelele nokungenamkhawulo
Akukho injabulo engaqhathaniswa
Ngenjabulo, ngifuna uNkulunkulu
Futhi xhumana naye
Zizungeze ngemicabango emihle
Le mibono izokusiza
Ukusondela kakhulu
KuNkulunkulu kuvela konke okuhle nenjabulo

Ukuthula nothando kubo bonke

Iyunithi ekubalweni kwabantu
Kusukela ekuqondeni kwakhe okuyingqayizivele:

ingqikithi yomuntu ngamunye

UNkulunkulu wadala ukubalwa kwabantu

Uzama ukuthola inani

Sibuyela ebunyeni bendawo yonke futhi

Lapho isiphepho sivunguza phezu kolwandle

Kudala amagagasi angenakubalwa

Lapho isiphepho siphela

Amagagasi abuyela enhliziyweni yolwandle

Ekwahlukeni nasekuhlukeni kwendalo

Kukhona iyunithi efihliwe engokwemvelo

Njengoba nje ulwandle luwumgogodla wamagagasi

Ukuqwashisa ngomndeni kwenza abantu basondelane

Amazwe anabaholi abawahlanganisayo futhi abaqondise

inkambo yawo

Kukhona amaqembu omphakathi abelana ngezinkinga

ezifanayo

Lapho umuntu ethola uNkulunkulu

Uthola ukuthi wonke amandla ahlangene ngaphakathi

kwakhe

Uyakhanyisa ingqondo yakhe

Umbono omusha wokuphila uvela engqondweni yakhe

Impilo iba mnandi

Futhi ukuthula kugcwalise umphefumulo

Futhi izinkathazo zokuphila ziyashintsha

Entweni efana nephupho

Lapho umuntu ofunayo ephothula esikoleni sokuphila
futhi kufika isikhathi sokuba afinyelele emazingeni aphezulu,
ugcwala injabulo, eqaphela ukuthi wenze kahle empini
yokuphila futhi uthole umusa kaNkulunkulu, futhi eqiniseka
.ngokuhlangana naye okuzayo

Ngomuntu othandekayo wendawo yonke, izifiso zakhe
ziyakhula, futhi lezo zifiso ziguqulwa zibe amandla
angokomoya amhambisa kalula ezindaweni zokuthula,
ukukhanya, kanye nenjabulo ehlala ivuselelwa
.engenakuphela

* * *

Imvula yesihe sikaNkulunkulu ayihlangani eziqongweni
eziphakeme zokuziqhenya, kodwa kunalokho igeleza kalula
!iye ezigodini zokuthobeka

Uthisha uParamahansa wakhuluma ngendlela
esheshayo, ngomusa kaNkulunkulu, esikhululwa ngayo
:ekukhohlisweni kokukhohlisa kwendawo yonke. Wathi
Kule ndawo yonke kubonakala sengathi sicwila"
olwandle lwezinkinga nezinhlungu, ngakho uNkulunkulu
uyasishukumisa ukuze asivuse kule phupho elibi
"elisabekayo

:Wathi, ekhuthaza omunye wabafundi
Yazi ukuthi konke okufunayo nokunye okuningi"
"kukulindele kuNkulunkulu
Wathi kumfundi owayebonakala egxile kakhulu
:emikhubeni emibi
Uma ungenawo amandla okuzimisela, zama"
ukuthuthukisa amandla esenzo esingenanhloso
"(okungukuthi, isenzo esingenanhloso sokungenzi iphutha)

Ukuziqinisekisa
Namuhla ngizophula isithombe sokungazi
Lokho kungcolisa indawo engcwele yomphefumulo
ngaphakathi kwami
Futhi ngizokhumbula ukuthi ukukhanya okungcwele
kukaNkulunkulu

Kuhlala kukhanya kimi
Futhi kususa ubumnyama bokukhohlisa engqondweni
nasemphefumulweni wami
Futhi ukuthi Lowo owangidala ngeke angishiye

* * *

Ngaphansi kwawo wonke amagagasi okuphila
Ulwandle olukhulu lobukhona bukaNkulunkulu lulele
Ngemuva kwenhliziyo yonke
Ulwandle olungenamkhawulo lothando lwendalo yonke
lungaphakathi
* * *

Njalo ebusuku ngizoziqinisekisa ukuthi angisiye
umzimba
Kunalokho, umoya ohlala emzimbeni
Futhi ukuthi ubumina bami obungokomoya abunakufa
phakade
Uma ngivuka, ngizokhumbula ukukuqinisekisa futhi
* * *

Esakhiweni sokulala, ngizolulama futhi ngivuselele
amandla ami
Kodwa lokho akwanele
Ngidinga indawo yokuthula nokuzindla
Lapho ngingabaleka khona nsuku zonke
Ukuhlola imiphetho yokwazi kwami
Futhi ngihlola izimfihlo zomphefumulo wami
Incazelo yokuzola
Ukuthula kusho imicabango ezolile
Ukuzola umzimba nokulawula izidingo zawo
Noma ubani okwaziyo ukwenza lokho uzothola ukuthula
okuqabulayo
Uzozwa amagagasi amahle kakhulu kanye nemibono
evela emazweni acwengekile
Futhi noma ngubani ojula ekuthuleni, khona-ke
Uzothola umbuso kaNkulunkulu ngaphakathi kwakhe
Uma nje umuntu ehamba endleleni
Yonke imizuzu yesikhathi sakhe iyigugu kakhulu
Silapha kule ndawo (indlu yokuhamba) isikhashana
esifushane
Konke kuyadlula, kodwa umuzwa kaNkulunkulu
ungunaphakade

Akukho okungakususa enhliziyweni nasemphefumulweni
Akumelwe sivumele izilingo zaleli zwe zisithonye
Ngokusisusa enjongweni yethu enkulu kanye nomgomo
wethu ophakeme: uNkulunkulu
Ukwazi uNkulunkulu kungenzeka
Kumelwe sithole inkosi yamazwe omhlaba
Kusukela ekukhanyeni kwakhe izinkanyezi zikhanya
Futhi ngamandla Akhe izinhliziyi ziyashaya
Kumelwe simfune eThempelini Lokuthula
Uma sibiza uNkulunkulu ngokulangazelela
nangokulangazelela
Futhi uma sicabanga ngaye ngokulangazelela okukhulu
Sizomthola
Angikhulumi ngonkulunkulu ongaziwa
Kunalokho, kumayelana neNkosi engiyaziyo
Futhi kuyiqiniso kimi
Kungokoqobo kakhulu kunezinye izinto ezibonakalayo
Ulwandle olungcwele olusekela futhi lusekela amagagasi
ezimpilo zethu zobuntu
Singakwazi ukuphila ngaphandle kwakho konke
ngaphandle kukaNkulunkulu
UNkulunkulu ufuna siphane
Kumelwe sikhumbule ukuthi ekuphishekeleni kwethu
ukwanelisa izidingo zethu, kufanele futhi sise abanye
ngalokho abakudingayo futhi sabelane ngalokho
.esikutholayo nabantu abaswele
Masikhumbule ukuthi siyingxeny ebalulekile yomndeni
womhlaba wonke futhi asinakuphila ngaphandle kwawo.
Impilo ibiyoba njani ngaphandle kombazi, umsunguli, noma
umlimi? Ngokushintshana ngezinsizakalo kanye
nobuchwepheshe, uNkulunkulu ufuna sicabange ngabanye,
.ngoba kuyiphutha elikhulu ukuphilela wena wedwa
Uma sicabanga ngenjabulo yethu, kufanele sicabange
nokwenza abanye bajabule Akudingeki ukudela konke

Ngenxa yomndeni womhlaba wonke, ngoba lokho
akunakwenzeka Kodwa kumelwe sizwelane nabanye futhi
sibheke izidingo zabo njengezethu
UNkulunkulu ufuna siphane okuningi njengoba sithatha
komunye nomunye, ngoba abanye bangabantu abakhulu
.kithi

Phendula futhi uxoshe ukuhlaselwa okunamandla
kokukhohlisa

Uma nje umuntu eyisisulu sentukuthelo, umona,
nomona, akakhululekile. Kumelwe abe ngabalawuli bemizwa
nezenzo zakhe, futhi azikhulule ezifisweni ezibhubhisayo,
.ezifisweni ezingalawulwa, nasezifisweni ezingalungile
Uma uqotho ngokuphelele kuwe, ukuhlakanipha
kuzosekela ukucabanga kwakho, ukulunga kuzoqondisa
isinqumo sakho, futhi ukuqonda kuzokhanyisa ingqondo
.yakho

Imbewu yezenzo zesikhathi esidlule eziqhutshwa
ukungazi kumele "ibhakwe" emlilweni wokuzindla
nokuhlakanipha ukuze ingakwazi ukuhluma futhi ikhule futhi.
Lena yindlela yokuxosha nokuvimbela ukuhlaselwa
.okunamandla kokukhohlisa

Inkohliso yasezulwini - noma uSathane - ikhohlisa
umuntu ngezithembiso zamanga nezilingo ezikhanga ukuze
aphishekele umlingo wezinjabulo zenyama futhi ilawula
amakhono akhe ngoba umthembisa injabulo yezwe engenalo
iqiniso, ngaleyo ndlela esebenza kanzima ukumvimbela
ekunambitheni izithelo zenjabulo yeqiniso ezikhona
.ngobuningi ezingadini zomphefumulo

Abahlakaniphile bayazi umehluko phakathi kweqiniso
nokukhohlisa futhi banekhono lokuqonda Njengoba bejula
ekucabangeni, baqaphela ngokujulile ukubaluleka
kwenkululeko yokuzikhethela kanye nesidingo
sokusebenzisa inkululeko yokuzikhethela ukuze benze
okulungile futhi bagweme izenzo ezinemiphumela elimazayo
nemiphumela engathandeki

Omunye wabafundi wabuza uthisha uParamahansa
ngombono wakhe ngokunqunyelwa kusengaphambili,
:isiphetho, ukuhlupheka, nobuhlungu, wathi
Abantu bakha isiphetho sabo ngentando yabo futhi
banqume isiphetho sabo ngezinhloso nezenzo zabo
Ungazikhulula ekuhluphekeni uma ukhetha ukwenza kanjalo
UNkulunkulu, oqobo lwakhe luthando, akafuni ukuthi
othandekayo wakhe ahlupheke ubuhlungu ngenxa yezenzo
ezingalungile kanye nokucabanga okunephutha Unikeze
isintu amandla okuqonda kanye nenkululeko yokuzikhethela
Kodwa-ke, ngenxa yezinqumo ezingalungile kanye
nokukhetha okungahlakaniphile, abantu baletha
ukuhlupheka kanye nobuhlungu kubo nakwabanye
Kumelwe ukhululeke futhi ungavumeli muntu ukuthi
akuthathele isinqumo sakho noma akubuse, futhi
ungavumeli indawo, amasiko, namasiko angalungile
kukuvimbele futhi kulawule indlela yakho yokuphila
Yenza ngokuhlakanipha, lalela izwi likanembeza,
cabanga ngemiphumela yezenzo ngaphambi kokuqhubeka
nalokho ohlose ukukwenza, gwema ukulimaza abanye
ngenxa yokuziphatha kwakho okungafanele, bese ucela
.usizo nesiqondiso kuNkulunkulu
Ukusebenza ngokweziqondiso zangaphakathi
Kumelwe siqale sichaze umgomo wethu, bese sifuna
isiqondiso saphezulu ukuze sisiqondise esenzweni esifanele
esingaveza ngaso amandla ethu. Kufanele sicabange kuze
kube yilapho izingqondo zethu zizolile futhi sesikwazi
ukubona isinyathelo esilandelayo ngokucacile. Ngemva
kwalokho, kumelwe senze ngokuvumelana nesiqondiso
sangaphakathi esisitholayo, futhi umphumela esiwufisayo
.uzofezwa
Uma ingqondo isizolile, uzoqonda izinto ngokushesha
nangokulula, futhi yeka ukuthi lokho kuyamangalisa kanjani!
Uzofinyelela lokho okufisayo, futhi impumelelo izobhalwa
kuwe kukho konke ngesikhathi esifushane ngoba amandla

asezulwini ayakwazi ukuphatha umthetho ofanele futhi
.afakazele ukusebenza kwawo

Abanye abantu bathi amangqamuzana ethu obuchopho
abunjwa yimikhuba ethile engenakuthuthukiswa noma
engenakushintshwa Lokhu akulungile Njengoba uNkulunkulu
esidale ngomfanekiso waKhe, akukho okungasikhawulela
noma kuphazamise intuthuko yethu Uma sizihlola, sizobona
iqiniso lalokhu, ngosizo lukaNkulunkulu

Wonke umuntu umele amandla angenamkhawulo
Kumelwe sibonise lawo mandla kukho konke
esikwenzayo

Uma sifuna ukudala okuthile
Akufanele sithembele kuphela emithonjeni
yangaphandle

Kunalokho, kumelwe singene ekujuleni kwangaphakathi

Sifuna umthombo ongenamkhawulo
Zonke izindlela zokusebenza eziphumelelayo
Zonke izinto ezisunguliwe

Futhi konke ukudlidliza komculo okucwengekile
Imibono ekhuthazayo

Futhi imisebenzi emihle kakhulu nemangalisayo
Kugoshwe kumarekhodi kaNkulunkulu
Bengikufuna phakathi neminyaka nezikhathi
Ezindleleni zezifiso nezifiso

Futhi manje sengiyabona ukuthi uhlala ngaphakathi
kwami

Futhi kuphefumulela imizwa yami engcwele kakhulu
Ungabe usangifihlela

Ngemuva kwezimbali zemizwa
Imicabango kanye nokushaya kwenhliziyo
komphefumulo

Hlobisa umphefumulo wami ngamatshe ayigugu
okuhlakanipha kwakho

Futhi ungiphe umoya wenjabulo yakho
Susa kimi ubumnyama obukusibekele

Abaprofethi namadoda amakhulu babazi imfihlo
yempumelelo, futhi umlando wawenza amagama abo angafi
ngaphezu kwamagama amakhosi nemibuso, futhi isikhathi
ngeke sikwazi ukusula amagama abo emlandweni wokuba
.khona

Amakhosi aseMpumalanga azame yonke imithetho
eyaziwayo nevivinyiwe ukuze athole ukuchuma kwezinto
ezibonakalayo kanye nengcebo engokomoya Uma abanye
befunde futhi bazuza kule filosofi yokuguqula izimpilo zabo
zibe ngcono futhi balawule izimo zabo, nawe ungenza
okufanayo

Noma ubani ongcolisa ingqondo yakhe ngemicabango
yokwehluleka noma isidingo uzodonsela abangane
abanemicabango egcwele isidingo nokwehluleka, futhi
bazokwakha indawo enezinzwa ezifanayo kanye nekhwalithi
.efanayo

Imicabango enjalo igcwalisa umniniyo
ngokukhungatheka, ukudabuka, ukucindezeleka,
nokuphelelwa yithemba, kangangokuthi isimo sakhe siba sibi
kakhulu futhi isimo sakhe siba sibi kancane kancane, bese
enikela kulokho akubheka njengesiphetho sakhe nesiphetho
.sakhe

Akekho ohlulwa ngaphandle kokuba amukele
ukunqotshwa njengento eqinisekile, futhi uma ehluleka,
iphutha alikho endleleni noma emthethweni, kodwa kumuntu
.osebenzise kabi umthetho

Uma sizimisele ukwenza okuthile futhi siqiniseka
ngobumsulwa bezisusa zethu kanye nokunemba
kwesinqumo sethu, siyayeka ukwesaba futhi asizesabi izimo
.noma sinake imikhawulo nemingcele ezungeze lezo zimo

Yini oyidingayo? Ingabe udumo? Noma amandla
okuzikhandla? Noma amandla? Noma ukulondeka? Noma
?impilo? Noma injabulo? Noma ukuthula

Uma wazi ukuthi ufunani, futhi uma wazi ukuthi
ungakuthola kanjani okufunayo, futhi uma usukulungele

ukusebenzisa zonke izindlela ezifanele nezisemthethweni
ngaphakathi kuwe nasezindaweni ezikuzungezile, futhi uma
uzithembisa mahhala futhi wenza isinqumo esiqinile sokuthi
ngeke wamukele ukunqotshwa, khona-ke lokho okufunayo
.kungokwakho, futhi ujabule ngokufeza lokho okufisayo
Lapho uthisha uParamhansa ecelwa ukuthi achaze

:ulwazi lomuntu siqu, wathi

Ukuzazi kungukuqaphela, ngomzimba, ngengqondo"
nangomoya, ukuthi simunye nokuba khona kukaNkulunkulu
okuphelele. Asisondele nje kuphela kulokho kuba khona,
kodwa ukuphelela kukaNkulunkulu nakho kungukuphelela
kwethu, futhi siseduze kuYe manje njengoba sizoba njalo
nganoma yisiphi isikhathi. Okudingeka sikwenze

".ukuthuthukisa ulwazi lwethu ngaYe

Uthe: "Ukwethembeka ekuqedeni imisebenzi emincane
kuyasiqinisa ukuze sibambelele ezinqumweni ezinzima
"impilo ezosiphoka ukuba sizenze ngelinye ilanga

Uthe: "Kunezinhlobo ezintathu zabafundi

abangokomoya: amakholwa aya ezindlini zokukhulekela futhi
aneliseke yilokho kuphela... amakholwa athanda impilo
yobuqotho nobuqotho kodwa angenzi mzamo odingekayo
wokwazi uNkulunkulu... namakholwa azimisele ukuzitholela
"ubuyena bangempela kuNkulunkulu

Uthe: "UNkulunkulu ugcwalisa ngokushesha noma
yisiphi isidingo sabakhulekeli bakhe ngoba bazikhulule
ezinhlosweni zobugovu ezikhungathekisa imizamo futhi
"zidumaze amathemba

Ekujuleni kwezintaba nasezibhakabhakeni ezithule,
ekujuleni komphefumulo wami kanye nasemgodini
wokuthula, ngizizwa ngikhona uNkulunkulu futhi ngizizwa
.injabulo Yakhe yaphakade

Futhi ngizophuza emithonjeni yayo ehlanzekile
engapheli futhi eyomile kuze kube phakade Ngizocwila
ngijule olwandle lokuzindla nokuzindla ngoNkulunkulu

Ngize ngithole amaparele okuhlakanipha nenjabulo
yaphezulu

Nkosi, ngiphe umoya wokuphana
Ukwabelana ngalokho enginakho nabanye
Futhi ngisize ngibone echibini elithule lengqondo yami
Ukukhanya kwenyanga okungokomoya, okukhanya
ngokukhanya kobukhona bakho
Namuhla ngizongena shí olwandle lokuzindla nokuzindla
ngoNkulunkulu

Ngize ngithole amaparele okuhlakanipha nenjabulo
yaphezulu

Ngizokuthanda, Nkosi, ngaphezu kwanoma yini enye
Ngoba ngaphandle kwakho angikwazi ukuthanda noma
yimuphi umuntu noma yini
Ngizokukhonza, Nkosi, othando lwakho
alunakuqhathaniswa
Esihlalweni sobukhosi sazo zonke izinhlobo nenhliziyo
enothando

Ekuphileni nasekufeni
Ngezikhathi zosizi nobunzima
Ukholo lwami kuwe, Nkosi, luhlala lukhona
Uqinile futhi akaguquki
Iqinile futhi ayinyakaziswa
Yonke imizwa yokulangazelela kwami nokunxusa kwami
Iminyango namafasitela avulekile emphefumulweni
wami

Kusukela kulo ngiya enjabulweni kaNkulunkulu
Njengoba nje ilanga likhanya
Emigwaqweni ematasa kakhulu
Ngakho-ke ngizobona imisebe yothando lwaphezulu
Kuzo zonke izindawo ezinabantu abaningi
Ngemisebenzi yami yansuku zonke
Nkosi, ngibusise
Ukuvusa umphefumulo wami ngokusa
Futhi ngikuletha emnyango wakho obusisiwe

UNkulunkulu uthule endaweni yonke
Lapho zonke izinto zibonakaliswa khona
Kuvela kuyo yonke imibono ekhanyiselwe
Ngakho-ke ngizozama ukuzijwayeza ukuthula
Ukuze ngizwe ukuba khona kwakhe okujabulisayo
Ngiyazi ukuthi uNkulunkulu ulalele
Ngayo yonke inhlebezelo yokulangazelela kwami
Luthando oluphelele
Ngothando lwaphezulu
Ngingayithola
Ngothando, umfuni usondela kuNkulunkulu
Uphuza emithonjeni engcwele yenjabulo
Nkosi, ngisize
Ukushaja umzimba wami
Ikhadi lakho le-cosmic
Futhi ukuphulukisa ingqondo
Ngokugxila kanye nethemba
Futhi uphulukise umphefumulo
Ngokubona okungokomoya okuzelwe ukuzindla
Masiqaphele, Nkosi
Ukuthi injabulo yezinzwa ayiyona into ekha phezulu futhi
imfushane
Ngenkathi injabulo yomphefumulo
Kungokoqobo futhi kuvuselelwa njalo
UNkulunkulu akalona nje izwi esilikhulumayo
Kunalokho, kuyingqikithi yokuphila kanye nemfihlo
yokuphila
Singase singazi ubukhulu bayo obungenamkhawulo
Kodwa singakuzwa ukuba khona kwayo
Futhi sizwa ubukhona bakhe
Namuhla ngizohlobisa indawo engcwele yokuthula
Nezimbali zokulangazelela kwaphezulu
Futhi ngiyambiza, uNkulunkulu wothando nenjabulo
Ngicela uNkulunkulu ukuba aziveze kimi

Ngamehlo ami angokomoya
Ngingakubona ukukhanya kwayo kusakazeka
Kuzo zonke izingxenye zomhlaba
Ngizocabanga ngezinto ezibalulekile engizidingayo
Ngizovuselela amandla ami okuzimisela kanye
namakhono okudala
Ngiyabekezela futhi ngiyabekezela
Ukuze ngifinyelele umgomo wami ngomusa nosizo
lukaNkulunkulu
Ngiyaqaphela ukuthi ukungajabuli kubangelwa
ukwehluleka
Ngakho-ke, ngizokwenza konke okusemandleni ami
Ukuthola injabulo ehlala njalo
Ngokungavumeli lutho
Ngokungihlukumeza nokuphazamisa uhambo lwami
oluya empumelelweni
Ngizodweba amamephu engqondo ezinto ezincane
Futhi ngisebenza ekuyibonakaliseni
Kuze kube yilapho ngikwazi ukufeza amaphupho ami
amakhulu
Kwangathi angaphakanyiswa ngosizo lwaKhe
Siyimisebe yokukhanya koMdali
Siphila isikhathi esilinganiselwe emizimbeni yenyama
Imisebe kumele ibuyele emthonjeni wayo
Lokhu akusho ukuthi umzimba awunalo inani
Kunalokho, akufanele sicabange
Singaphansi kwayo kanye nemikhawulo yayo
UNKulunkulu akakhethi muntu
Kunalokho, isabela ngomthetho oqinile nongaguquki
Noma ubani oweqa umthetho kaNkulunkulu
Uletha isijeziso nokuhlushwa phezu kwakhe
Futhi noma ngubani ophila ngokuvumelana nalowo
mthetho
UNKulunkulu uzomvuza futhi aphendule imithandazo
yakhe

Ngokuthula kwangaphakathi nenjabulo
Ngizothandaza ngokusuka enhliziyweni
Ngihlala ngisebenzisa intando yami
Ngize ngithole izimpendulo ezanele nezanelisayo
emithandazweni yami
Isikhungo Sokuqwashisa Ngokomoya Ngaphambili
Uma ngizama ngobuqotho ukuthola iqiniso, uNkulunkulu
uzokwenza kube lula kimi ukulazi, futhi ngizothola
ukwaneliseka
Futhi izimpendulo ezanelisayo kuyo yonke imibuzo
nemibuzo engase ifike engqondweni yami
Isikhungo sokuqwashisa ngokomoya sisebunzini,
phakathi kwamashiya, lapho iso elingokomoya likhona,
okuyisango lokungena embusweni womoya. Ngakho-ke,
ngizogxila kuleli phuzu
Ngiyaqaphela ukuthi ukuqonda kwami kuyashintsha
ngokushintsha kwendawo engikuyo, ngakho-ke lapho indawo
engikuyo ingifaka ubuthi ngokukhohlisa nokukhohlisa,
.ngizoyishintsha ibe yindawo engcono
Imfihlo yokugcina ubungane
Omunye wabafundi wathi kuthisha uParamhansa:
"Mfundisi, ngikuthola kunzima ukugcina ubungane
"engibenzayo
:Uthisha waphendula
Khetha abangane bakho ngokucophelela Yiba
nobungane futhi uthembeke kubo, kodwa hlala uqhelelene
nabo
Inhlonipho ehambisanayo mayibe yisixhumanisi
phakathi kwakho nabo, futhi ungadluli imingcele
.yokufaneleka nabo
Kulula ukuhlalisana kahle nabanye, kodwa uma ufuna
ukugcina uthando lwabo nenhlonipho yabo, kufanele
ulandele lesi seluleko
Noma ngubani ohlikihla ugesi womphefumulo wakhe
kumagnet we-cosmic ngokugxila okujulile uba yingxenye

yalowo magnet, athole izakhiwo zawo, futhi alethe kuye
.konke okuhle nokulungile

Ukuziqinisekisa

Ngizothuthukisa amakhono ami okugxila nokuzindla,
ngifunde izincwadi eziwusizo nezinto ezinhle, futhi
.ngicabangele kakhudlwana imizwa yabanye abantu
Ngizokwazisa konke okuhle uNkulunkulu angiphe khona
futhi ngeke ngilinde izimo ezimbi ukuba zingenze
ngikhumbule izibusiso eziningi engizininikwe nguMuntu
.Ophanayo

Namuhla ngizozama ukuba yisibuko esingokomoya
lapho ngizoletha khona okuhle ngokwamandla okukhanga
enginawo

Konke okungokomzimba kuyabola, futhi konke
okungokomphefumulo akufi futhi akuboli. Ngakho-ke, ngeke
.ngicabangele izinto ezibonakalayo kuqala empilweni yami
Uma ngifuna uNkulunkulu kuqala, zonke izifiso zami
zizogcwaliseka, futhi ngeke kube nandaba ukuthi ngihlala
esigodlweni esihle noma endlini encane ethobekile
Ukuqonda kwami kuzokhula futhi ukuqonda kwami
okungokomoya kuzoqhakaza uma ngiphila
ngokwethembeka, ubuqotho, nobuqotho, futhi uma
ngiduduza abanye futhi ngibanikeza uzwela, umusa,
uthando, kanye nesikhuthazo ohambweni lwempilo

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Omunye wabafundi wabuza: "Mfundisi, ingabe
"?umphefumulo ungalahleka unomphela
:UMnu. Paramhansa uphendule wathi
Akunakwenzeka! Ngoba yonke imiphefumulo"
iyingxenye kaNkulunkulu engahlukaniseki ngakho-ke
"ingunaphakade, ayifi, ayithintwa ukubola

Omunye wabafundi wenza konke okusemandleni akhe
ekufuneni izimpawu zentuthuko engokomoya, ngakho
:uthisha wathi kuye

Uma utshala imbewu bese uyimba nsuku zonke ukuze"
uhlale ukukhula kwayo, izimpande zayo ngeke zibambebele
"enhlabathini futhi ngeke zikhule
Mnakekele kahle, kodwa ungabi nelukuluku lokwazi
ngokweqile

Imibono Yolwazi Olungokomoya

Kumfundisi ohlakaniphile

I-Paramhansa Yogananda

**Lonke ulwazi isintu esifisa ukuluthola, kuzo zonke
izigaba zesayensi nobuciko, okuhlanganisa nezimfihlo
ze-athomu**

**Umlando wendawo yonke kanye nohlanga
lwesintu, konke kukhona ku-ether ngesimo
sokudlidliza**

**Lokhu kudlidliza kusizungezile, futhi kukhona
indlela yokukufinyelela ngqo. Lokhu kungokuqonda
komphefumulo.**

**Lesi yisikhathi sokucabanga. Konke
okuhlangenwe nakho kumele kuhlolwe
ngokucophelela nangokuqonda ukuze kuqondwe.**

**Futhi ngokuqonda okuqukethwe kwayo, isithiyo
sokukhohlisa singanqotshwa. Kukhona isizathu sako
konke, futhi kulesi sikhathi sokuhlaziya,**

**Kumelwe sisebenzele ukufeza lokho kuqonda
Ngingangena esimweni sokuthokoza ngokomoya
ngokuhlabelela:**

"Nkulunkulu, Nkulunkulu, Nkulunkulu"

Ngingangena kuleso simo ngokuzindla

Noma ngokubona indawo enhle yemvelo

**Noma ngokubuka ubuso obukhanya ngokukhanya
nothando lukaNkulunkulu**

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**Sidla okwaziwayo ngokuqonda
nangokukujabulela. Bese siphendukela ekuhloleni
okungaziwa ngoba okwaziwayo akwenzi.**

**Kusinika ukwaneliseka okuhlala njalo Ukube
bekusinika lokho kwaneliseka, besingeke sihlale kule
planethi enguMhlaba isikhathi eside kangaka.**

**Ukwaneliseka njalo ngalokho okwaziwayo
ngaphandle kombono wesikhathi esizayo, ngaphandle
kokwenza umzamo wokuthuthukisa, futhi ngaphandle
komoya wokuzikhandla wokuhlola**

**Ngaphandle kwesisusa sokucabanga nokuchaza,
bekuyoba khona ukungasebenzi kahle kanye
nokungahlaliseki kohlanga lwesintu, futhi ngenxa
yalokho, ukushabalala**

Futhi kuyanyamalala

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**Impilo lapha ibonakala ingenalutho futhi ididekile
kuze kube yilapho sifika ogwini lokuphepha**

**Akufanele sibeke amathemba ethu emigomweni
yezwe edlulayo kanye nokunamathela ezintweni
ezibonakalayo ezibuthakathaka**

**Ukunamathelana okunjalo okubuthakathaka
kusihlukanisa ngokungazi nomgomo wethu wokugcina**

**Njengoba nje kusihlukanisa nobuntu bethu
bangempela**

**Inyosi isebenza kanzima futhi ilungiselela
izikhathi ezinzima futhi lapho kufika ubusika, ijabulela
lokho ekugcinile kusukela ekuvunweni
kwentwasahlobo.**

Futhi ihlobo

**Ngakho-ke, kumelwe sifunde indlela yokuqoqa uju
lokuthula kwaphezulu kanye nekhono lokubhekana
nezimo ezinzima.**

Sihlangana nabo empilweni

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Kuleli zwe eliguquguqukayo

Kugcwele izingozi nokungaqiniseki

**Uzizwa uwedwa kakhulu UNkulunkulu kuphela
ngeke akushiye**

Amathemba akho ngeke adumazeke

Nkosi, ngibusise

**Ukukhulisa imbewu yamandla angokomoya kanye
nempumelelo**

Kufihliwe ngaphakathi kimi

**Futhi ukuze ngikwazi ukukusebenzisa ngendlela
ethokozisayo**

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**Ngezikhathi ezithile, umuntu kumele ashiye konke
ukuze abe yedwa, ukuze akwazi ukucabanga
ngenhloso**

impilo

**Iningi labantu linamathele emasikweni
nasezindleleni; empeleni, abakaze baphile izimpilo
zabo ngempela.**

**Baphila impilo yasemhlabeni. Ngakho-ke yini
abayifezile, futhi bagcine kuphi?**

**Ngakho-ke, kuwukuhlakanipha ngomuntu ukuba
azisuse emisebenzini yansuku zonke kanye
"nemisebenzi" ukuze athole ukuthula.**

**Inggondo yakhe iphazamisekile, futhi uzama
ukuziqonda nokunquma umgomo afuna
ukuwufinyelela**

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**Noma ubani othanda uNkulunkulu, ngakho-ke
othanda wonke umuntu, akusho ukuthi uyawathanda
amaphutha namaphutha abanye.**

**Lowo othanda uNkulunkulu uqina emithethweni
yaKhe Lapho ngiqaphela ukuthi izenzo zami
zazininikele kuNkulunkulu, umuzwa wokuthi izinkolelo
zami zingase zibe yiphutha wanyamalala.**

**Ngizimisele ukulungiswa uma nginephutha,
kodwa uma nginephutha, ngeke ngikuyeke lokho**

Umuzwa wangaphakathi

**Lowo muzwa awuzalwanga ngemizwa kodwa
uvela eqinisweni, ngakho-ke uqinisa ukuqiniseka
kwami futhi ungenza ngiqine esinqumweni sami**

**Ngaphandle kokuba umuntu efaka inhlalakahle
yabanye ekuchumeni kwabo, ngeke azi ukuthi kusho
ukuthini ukuphila okunethezekile.**

**Engikushoyo yisifiso sangempela sokusiza abanye
ukuze bakwazi ukuzisiza. Khona-ke uzothola
umthombo ongapheli.**

**Izenzo ezinhle ziyasebenza empilweni yakho
Kungakhathaliseki ukuthi ubhekene naziphi izimo,
lowo mthetho uzohlala usebenza kuwe futhi
ukunikeze konke okudingayo**

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**Ubuqotho obujulile bubalulekile endleleni
yokomoya Ngoba ngobumsulwa nangeqiniso kuphuma
ukukhanya komphefumulo**

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**Uma useduze nomuntu omthandayo, ungayizwa
imicabango yakhe, kodwa ungase ungakwazi ukuzwa
imicabango yomuntu okude**

**Kungaphezu kwakho ngaphandle kokuthi
unensimu yezinzwa eyinkimbinkimbi**

**Labo abavame ukuzijwayeza amasu okugxila
nokuzindla bazizwa bezolile kakhulu futhi imicabango
yabo iba ngcono ngenxa yalokho**

**Ngenxa yokusebenza kwabo kwesayensi,
bayakwazi ukuzwa imicabango nezinhloso zabanye
ngisho noma bekude kakhulu**

!

**Wabuya engenalutho
Indaba esekelwe ezimfundisweni zeNkosi
uParamhansa**

Lapho indodakazi yenye yamakhosi isifinyelele eminyakeni yokushada, uyise, inkosi, wabeka umbandela wokuthi noma ubani ofuna isandla sayo somshado kumelwe ahlangabezane nawo.

Impumelelo yayo Umbandela wawuwukuthi wonke umuntu ongase abe yisithandwa sakhe wayezontshontsha okuthile ngaphandle kokuthi othile azi.

Ngosuku olubekiwe, izikhulumi zabuthana zivela kuzo zonke izinhlangothi, ziletha impango yazo ehlukahlukene, ngamunye ehlabelela

Phakathi kwazo kukhona ithemba lokufeza umgomo ngokugcwalisa isimo

Kwabe sekufika insizwa eyayingenalo igama layo yathi enkosini:

"Nkosi, lokho okucelile akunakwenzeka ukukufeza. Ngoba uma bengingeba okuthile futhi kungekho muntu emhlabeni owazi ngesenzo sami, kodwa

Kodwa-ke, ngizokwazi ngakho, futhi lokho kuyinto engingenakukwazi ukuyenza."

Inkosi yajabula kakhulu ngalokho okwashiwo yile nsizwa yabe isiphendula:

"Nguwe ofanele indodakazi yami, ngoba usuwufezile umbandela futhi ufanele ukuba ngumkhwenyana wami nendlalifa yami"

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Ukuba nomona akusizi ngalutho Uma omunye womlingani ezama ukulawula omunye, kuwuphawu lokuntuleka kokuzithiba

uthando

Kodwa lapho bebonisa uthando lwabo ngokunakekela kwangempela, kobungane, ngokucabangela ngokucophelela imizwa, kanye nesifiso esiqotho sokwenza omunye ajabule

**Uthando luthola imfanelo enhle kakhulu, futhi
ebuhlotsheeni obunjalo sithola umbono wothando
lwaphezulu**

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**Indlela eya kuNkulunkulu iyindlela elula nelula,
kodwa bambalwa abahamba ngayo naphezu
kwemikhuba**

**Futhi imisebenzi eminingi ehlelekile
Kungcono ukuphendulela izinhliziyi zethu
kuNkulunkulu futhi simcele ukuthi asinike okungcono
kakhulu nokuhlala njalo.**

**Eqinisweni, uNkulunkulu usilindele ngoba ufuna
ukusigcina kude nezindawo ezimbi nezingibe
eziyingozi.**

**Ufuna sibe naye ezinhliziyweni nasezingqondweni
zethu ngoba izimpahla ezishibhile zaleli zwe azikwazi
ukwanelisa isifiso somuntu noma ukugcwalisa isikhala
esingokomoya.**

**Lokho akuzwayo ngaphakathi
UNkulunkulu ukhuluma nathi njalo, kodwa
bambalwa abezwa izwi Lakhe**

**Lelo zwi elithule livame ukuminywa yimisindo
yemicabango enomsindo nezifiso ezisobala**

**Kodwa lapho imicabango iphela futhi izifiso
zithula, sizwa izwi likaNkulunkulu ngokucacile, noma
lithule futhi libuthakathaka.**

**Ngempela, uNkulunkulu wenza konke ukusiza
isintu; Uvula iminyango futhi akhanyise izindlela
ukuze sibone ukuthi kufanele sinyathele kuphi**

**Uyakhubeka, kodwa unyawo lwakhe alusheleli;
nokho, abantu abaningi abaliqapheli leli qiniso**

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**Usuku olulahlekile luwusuku oludlula ngaphandle
kokucabanga ngoNkulunkulu nokufuna
okumthokozisayo**

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**Uthando luwumthombo ogeleza njalo ovela
emithonjeni eminingi futhi lapho izimbobo zenhliziyi
zivinjwa ukuziphatha okubi**

**Sikubona kuphuma kakhulu kusuka kwenye
inhliziyi Kodwa umcabango wokuthi uthando luyafa
kunoma iyiphi inhliziyi**

**Kuwukungazi ukuthi uthando lukhona emhlabeni
wonke**

**Iziteshi zothando akufanele zivinjwe yizenzo
ezingalungile**

**Bese umuntu ephuza amanzi ahlanzekile othando
lwaphezulu**

Ukugeleza okuvela kuzo zonke izinhliziyi ezinhle

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**Abantu abanqunyiwe umunwe bavame ukuzizwa
sengathi usekhona Futhi wonke umuntu olahlekelwe
yilungu**

Lo muzwa uyaziwa

**Kukhona umlingani ofihliwe, ongokoqobo noma
umlingani wazo zonke izitho emzimbeni. Ngemuva
kwenhliziyi yangempela kukhona inhliziyi efihliwe.**

**Ngaphandle kwayo, inhliziyi ebonakalayo
ibingeke ikwazi ukushaya**

**Abantu banezitho ezingabonakali njengokubona,
ukuzwa, ubuchopho, amathambo, kanye nemizwa ye-
ethereal. Lezi zitho, okuyi**

**Njengezicubu zokukhanya nomsebenzi, zakha
umzimba weplanethi womuntu ongabonakali**

**Umzimba weplanethi noma we-etheric ufana
kakhulu nomzimba obonakalayo. Umehluko ukuthi
usesimweni sawo esikhanyayo nesibalulekile.**

Kuhle kakhulu

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**Uma umuntu eqiniseka ukuthi unegunya
lokuzibusa, ukunqoba kwakhe kukhulu kunokunqoba
kombusi ophelele, ngoba kuwukunqoba**

**Umi eqondile phambi kwenkantolo kanembeza
Imibono iyijaji kanti indoda ngummangalelwa
Umuntu kufanele azibophezele nsuku zonke, futhi
uzothola ukuthi lapho unembeza wakhe umjezisa futhi
emjezisa kakhulu, kulapho eyolwela khona
ukuzithuthukisa.**

**Uma indlela yomuntu iqondile, ithembekile futhi
iqotho, kulapho umuntu ephumelela futhi enqoba
khona empilweni.**

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**Labo abahlola ngokujulile ukuqonda indawo yonke
ngokuzenzakalelayo bathuthukisa amakhono
angokomoya aphezulu kanye nokulawula amandla.**

**Kungokwemvelo Kodwa akekho umuntu oye
waqaphela uNkulunkulu ngeqiniso osebenzisa
amandla akhe ukuze aziqhayise futhi azibonise,
ngaphandle kokuhlakanipha noma**

Yiba ocabangelayo

**Abahlakaniphileyo bayaqonda ukuthi uNkulunkulu
ungukuphela komuntu okhona Futhi ngokuthobeka,
bamnikeza izipho ezingavamile abamnike zona.**

Kumelwe bakwenze lokho

**Ingabe konke okukhona akusimangaliso? Futhi
umuntu, ngenxa yokuba khona kwakhe,
akasimangaliso yini futhi?**

**Uma abantu benganelisekile yizo zonke
izimangaliso uNkulunkulu azidalile, kungani
abangcwele kufanele benze okwengeziwe?**

Izimangaliso?

**Abangcwele bakaNkulunkulu abalungile abenzi
lutho ngaphandle kokuba uNkulunkulu ebacela ukuba**

**benze kanjalo, futhi ngezizathu eziyimfihlakalo
neziyinkimbinkimbi**

Ngezinye izikhathi ukuqonda kubalulekile

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**Uma siqaphela ukuthi amakhono esiwadingayo,
kungaba okucabanga, ukukhuluma, ukuzwa, noma
ukwenza, wonke avela kuNkulunkulu, nokuthi**

**Uhlala enathi, esikhuthaza futhi esiqondisa, futhi
sithola inkululeko ngokushesha ekucindezelekeni
kwengqondo.**

**Ngalokhu kuqaphela kufika ukukhanya
kwenjabulo, futhi ngezinye izikhathi ukukhanyiselwa
okujulile, okususa ngokushesha kugcwala umuntu.**

Imicabango yokwesaba

**Amandla kaNkulunkulu afana nolwandle,
olugubhayo nolukhukhulekayo, oludabula inhliziyo
ngenqubo yokuhlanza, lususa zonke izithiyo
ezikhohlisayo**

Ngokungabaza, ukwesaba, nokwesaba

**Umuntu ucabanga ukuthi ungumzimba wenyama
nje kuphela, kodwa lokhu kuyinkohliso enganqotshwa
ngokuthinta umuntu uqobo lwakhe lwangempela.**

**Ingokomoya ngokuzindla Khona-ke uzobona
ukuthi umzimba awulutho ngaphandle kwebhamuza
lomsebenzi ontanta phezu kolwandle**

Indawo yonke

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**Ngaphandle kolwandle lapho amaza avela khona,
amaza abengeke abe khona**

**Ngakho-ke, kumelwe siqaphele futhi sithinte
ulwandle olungcwele olusekela amagagasi ezimpilo
zethu avela kulo.**

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Umcabango ungamandla afana nogesi, futhi izimo zengqondo zihlobene nomcabango nendlela yokucabanga

Ugesi uyasiza futhi uyingozi Noma ubani owaziyo ukuwusebenzisa kahle uwubeka enkonzweni yakhe, ngaphandle kwalokho ungamlimaza

Ngokufanayo, uma imicabango yomuntu iqondiswa ngezindlela ezifanele, iletha injabulo kumnikazi wayo; ngaphandle kwalokho, imlethela umonakalo.

Inkinga

Umcabango ufana nehhashi lasendle, kodwa ukuwulawula akuyona into engenakwenzeka, futhi ukucabanga okuhle kuyindlela eyodwa yokukulawula

Ngomcabango

Ukucabanga okuhluzekile kungumngane oseduze, futhi ukucabanga okuhluzekile kuyisitha esihlala njalo

Ukucabanga okuhluzekile kudonsela ukuthula nokulondeka, kuyilapho ukucabanga okuhluzekile kukhulula imicibisholo ebulalayo ebuyela kumnikazi wayo kabili

Kuthiwa umvuzo uhambisana nesenzo

Uma nje umuntu ethumela izinhloso ezinhle, imicabango yakhe izoguquka ibe izibani ezikhanyisa amakamelo omphefumulo futhi zixoshe ubumnyama.

Ube esezwa umuzwa ojulile wokukhululeka

Amehlo akhe akhanya ngokumamatheka kokwaneliseka!

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Sibusise, Nkosi

Ukuze sivulelane izinhliziyi zethu

Ake sicacise izinhloso zethu

Mhlawumbe sifanelwe ukuvikelwa nokunakekelwa nguwe Ziveze, ngaphakathi nangaphandle Masihlabelele igama lakho elibusisiweyo Susa

**ubumnyama bokungazi ngokukhanya kwakho
okungcwele Susa ubumnyama ezingqondweni zethu
Ngokukhanya okukhazimulayo nokubanzi
kobukhona bakho**

**Ngezinhliziyi eziqotho zihlangene
Futhi ukulangazelela kwemiphefumulo yethu
evumelanayo**

**Siyakhothama phambi kwakho, sicela usizo
lwakho nesiqondiso sakho**

**Futhi ukuqaphela njalo ukuba khona kwakho
emiphefumulweni yethu Sikunikeza lonke uthando
lwethu, udumo, kanye nokulangazelela kwethu.**

**Ngoba uyisithandwa sethu nakho konke esinakho
kule ndawo yonke**

**UNKulunkulu usinike imithetho engokomoya
ebizwa ngokuthi "imiyalelo" Kodwa le mithetho
iyaphulwa futhi yephulwa nsuku zonke futhi kuzo
zonke**

indawo

**Ngaphandle kokuba abantu baqonde incazelo yalo
engokomoya, bazohlala bekhononda ngayo futhi
bayifulathele**

**Le miyalo iyimithetho yokuziphatha engaphelelwa
yisikhathi evunyelwe yizo zonke izinkolo zika-
Abrahama. Kodwa-ke, imibhalo ayivame
ukuhunyushwa**

**Isici sengqondo sale miyalo kanye nezinzuzo
ezihambisana nokuyisebenzisa**

**Abantu bayakwamukela ezindaweni
zokukhulekela kodwa abenzi ngendlela efanele
ngaphandle kwalezo zindawo, bethethelela lokhu
ngokuthi labo**

**Izinqumo azinamsebenzi, azinangqondo, futhi
azihambisani nomoya wesikhathi samanje.**

**Nokho, ukwephulwa kwaleyo miyalo
kuyimbangela eyinhloko yazo zonke izinhlopheko
emhlabeni.**

**Umuntu akumelwe aphule amalungelo abanye,
noma athathe umhlaba wakhe, ukuthula, uthando,
noma isithunzi sakhe**

**Noma yiziphi izimpahla zabo eziphathekayo
nezingabonakali**

**Uma ungazizwa unesifiso sokuthatha okungekona
okwakho, khona-ke lokho okudingayo noma okufisayo
kuzokuza kuwe.**

**Ukweba kuqala engqondweni lapho umuntu eqala
ukuba nomona ngabanye abantu**

**Imbewu yezifiso ezimbi kumele isuswe
engqondweni**

**Ukuzinikela ngokomoya yindlela umuntu
azodonsela ngayo inala ngokuzenzakalelayo futhi
izibusiso zizogeleza kuye zivela kuzo zonke
izinhlangothi.**

Uyazi futhi akazi

**Kungumthetho waphezulu ongenaphutha. Kodwa
amasela nabantu abanobugovu bachitha izimpilo zabo
bexosha izinto ezibonakalayo, amehlo abo ehlala
ebheke**

**Lokho abanye abanakho, noma ngabe amabhokisi
abo agcwele igolide**

**Ngaphandle kokuba ubugovu bezinto
ezibonakalayo bungashiywa, umhlaba awukwazi
ukujabula**

**Uma ungumthandi kaNkulunkulu futhi
ulangazelela ukuzwa ubukhona bakhe, kumelwe
ucwilise ingqondo nomzimba wakho ekuthuleni
kwaKhe, futhi uzomomotheka ngawe.**

Impilo iyathuthuka kuwe ngezindlela eziningi

Umuntu ozolile akavamile ukwenza iphutha, futhi uphumelela lapho izinkulungwane zabanye zihluleka khona

Labo abangacabangi ngoNkulunkulu noma abangamkhathaleli bacindezeleka futhi babe lusizi; bacasuka futhi baphenduke into efana nemishini.

Opopayi

Ilanga lokuhlakanipha nokuthula lizophuma esibhakabhakeni sokuthula futhi lizogeza impilo yakho emisebeni yalo yokuphulukisa uma nje wenza umzamo.

Ngokomoya, futhi unike uNkulunkulu indawo yokuqala enhliziyweni yakho

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Umuntu akumelwe aphule amalungelo abanye, noma athathe umhlaba wabo, ukuthula, uthando, noma isithunzi sabo

Noma yiziphi izimpahla zabo eziphathekayo nezingabonakali

Uma ungazizwa unesifiso sokuthatha okungekona okwakho, khona-ke lokho okudingayo noma okufisayo kuzokuza kuwe.

Ukweba kuqala engqondweni lapho umuntu eqala ukuba nomona ngabanye abantu

Imbewu yezifiso ezimbi kumele isuswe engqondweni

Ukuzinikela ngokomoya yindlela umuntu azodonsela ngayo inala ngokuzenzakalelayo futhi izibusiso zizogeleza kuye zivela kuzo zonke izinhlangothi.

Uyazi futhi akazi

Kungumthetho waphezulu ongenaphutha. Kodwa amasela nabantu abanobugovu bachitha izimpilo zabo bexosha izinto ezibonakalayo, amehlo abo ehlala ebheke

**Lokho abanye abanakho, noma ngabe amabhokisi
abo agcwele igolide**

**Ngaphandle kokuba ubugovu bezinto
ezibonakalayo bungashiywa, umhlaba awukwazi
ukujabula**

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**O, Nkosi
Ngokukhanya kwekhandlela elincane lesithandwa
sami**

**Funda incwadi yakho yegolide
Umgcini egumbini lomphefumulo wami
Kuyo yonke iminyaka kanye nezikhathi
Uthando lwakho olungcwele lwalukhona,
Nkulunkulu, futhi luyohlala lukhona
Ikhandlela elingabonakali lokuthula
Okuxosha ubumnyama bami
Futhi ungikhombisa imigqa eyimfihlo
Kubhalwe emakhasini enhliziyo yami**

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**Gcwalisa isitsha sengqondo yami
ngokuhlakanipha kwakho kwaphezulu
Gcwalisa ibhodlela lemizwa yami ngesihe sakho
Gcwalisa ibhasikidi lomphefumulo wami
ngezithelo zolwazi lwakho olubusisiwe
Sebenzisa isitsha sempilo yami ukuze usigcwalise
ngothondo lwakho**

**Futhi uthululele emiphefumulweni yabanye
Vumela ukuqwashisa kwami kugeleze yonke indawo
Ukuncibilika empilweni yakho enkulu
Nazi imisebe yokusa kothando lwami
Ukulangazelela kwakho kuvela emifantwini
yenhliziyoyami ephukile**

**Ukuhlangana nelanga lothondo lwakho likhanya
lapho ukhona**

Futhi ngenxa yothando lwakho olukhanyayo

**Ubumnyama bami buguqulwe baba ukukhanya
nokuthula**

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**O nkanyezi ekhazimulayo
Futhi umhlebi wemibono evumelanayo
Futhi isithandwa sivela enhliziyweni enomusa
Angiceli lutho ngaphandle kothando lwakho
Ngoba kuyilungelo lami nomsebenzi wami
ukukuthanda**

**Uyinto eza kuqala empilweni yami
Futhi isifiso sokuqala enhliziyweni yami
elangazelelayo ngawe
Ngithole injabulo yami ngawe
Futhi ukujabulisa wena yimpumelelo enkulu
kunazo zonke empilweni yami
Kusukela engomeni yothando lwaphezulu**

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**Uma umuntu elungisa idivayisi yakhe
engenantambo yengqondo, angathumela futhi
amukele imiyalezo yemicabango**

**Ukuphazamiseka kwengqondo, imizwa
enamandla, kanye nokuvumela ukulawulwa
kwezinzwa kanye nezidingo zazo zonke lezi zinto
ziyingozi**

**Kuphazamisa ingqondo ngaphandle kwentambo,
kuyilapho ukuthula okujulile, ukuthula, ukugxila
kwengqondo, kanye nokuzivocavoca umzimba
kuyizinto ezibalulekile ukuze kufezwe ukuvumelana
okuphelele.**

**Njengoba nje amazwi edlula ku-ether,
nemicabango yethu ihamba ku-ether yokwazi
kwendawo yonke okusizungezile nakho konke
okukuyo.**

**Ukuba khona Okokuqala nokubaluleke kakhulu,
umuntu kumelwe avumelane noNkulunkulu, futhi
umyalezo wokuqala okufanele udluliselwe kumele ube
yilo:**

**"Ngiyakuthanda, Nkosi yami, ngothando
olungenakulinganiswa"**

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**O mbumbi ongcwele
Esondweni lokuphila, izigidigidi zemizimba
yabantu ehlukile nengafani ziyakhiwa: izakhiwo
zomzimba ezibuthakathaka**

**Ngomphefumulo womuntu ongafi
Ifektri yakho yokudala efihliwe ikhiqiza konke:
yonke ifenisha kanye nefenisha izingane zakho
ezingabantu eziyidingayo emakhaya azo**

**Ezomzimba, ezengqondo, nezingokomoya
Ungumqambi, umkhiqizi, kanye nombukiso
wemikhiqizo yemvelo ngezikhathi zayo zonyaka!**

**UyiNkosi yaseZulwini eyazisa kakhulu imizamo
eyenziwa ekutholeni izimpahla ezingokomoya
eziyigugu**

**Futhi kubalulekile empilweni enhle
Uhlelo lwakho lokubambisana lusho ukuthi
umuntu kumele asebenze ukuze afanele futhi
ajabulele izibusiso Zakho; kumele anikeze**

**Imali noma umsebenzi emhlabathini ukuze uthole
ukudla okunomsoco futhi uqaphele futhi ulinganisele
ukuze ulondoloze impilo**

**Njengoba nje kumele akhokhe imali yokufunda
nokuzithiba ukuze athole ukukhanya namandla anele
ekhaya lakhe**

**Induduzo engokomoya
Kumelwe futhi ahlolisise ngenkuthalo
nangokuzimisela ingaphakathi lakhe ukuze athole**

**imithombo yothando lwaphezulu eqeda ukoma
kwakhe futhi imhlanze.**

**Uthuli nokungcola komhlaba
Izinto ezibonakalayo zingathengwa futhi
zithengiswe, kodwa izibusiso zakho
azinakuqhathaniswa**

**Akuyona eyokuthengiswa noma ukuthengwa!
Ngamunye wethu ngelinye ilanga uzobuyela
ezingqondweni zakhe futhi abuyele ebukhoneni bakhe
bobuNkulunkulu, eqaphela indawo yakhe engcwele
lapho ezombozwa khona yinjabulo yakho.**

**Lowo onikwa kona ngokuphana okuphakade!
Kusukela ku-"Whispers from Eternity" ngu-sage
uParamhansa Yogananda**

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**Lapho singaqinisekisa abanye ngothando lwethu
Futhi lapho siqiniseka ngezilingo zesikhathi
nezinye izivivinyo**

**Umuntu othile usithanda ngempela ngenhliziyo
yakhe yonke**

**Futhi sizizwa ngendlela efanayo ngalowo muntu
Hhayi ngenxa yenzuzo yomuntu siqu, kodwa nje
ukuzwa ukushaya kobungane**

**Sibona ukubonakaliswa kukaNkulunkulu futhi
sizwa ubukhona bukaNkulunkulu**

**Futhi sizwa izwi likaNkulunkulu kulolo bungane
obubusisiwe**

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**Ngezinye izikhathi konke kubonakala kuhamba
kahle, ngakho-ke sicabanga ukuthi umhlaba ulungile
nokuthi izindaba zethu zihlelekile**

**Kodwa-ke, kufika isikhathi lapho sinomuzwa
wokuthi konke kuphambene nathi, futhi lokhu
kuyisifundo sokuqinisa ukuzimisela kwethu
nokukhulula amandla ethu alele.**

**Kusukela ezindaweni zayo ezifihliwe
Kodwa kunalokho, sizizwa sicasukile ngoba
kukhona okuphazamise izifiso zethu. Sizizwa
sicasukile ngoba asikazifezi.**

**Izifiso zethu zisenza sibe yizisulu zokuthukuthela,
futhi izingqondo zethu ziyadideka. Sikhohlwa indawo
yethu futhi silahlekelwe ukuqonda kwethu, futhi uma
senza okuthile**

**Ngaphandle kokubandlulula, umphumela uba
amaphutha nosizi**

**Uma singanqotshwa intukuthelo ngenxa yezithiyo
zempilo noma labo abazibangelayo, singabona izinto
ngokucacile futhi sibhekane nazo ngempumelelo
enkulu.**

Kungcono

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**UNkulunkulu, ngesihawu sakhe
esingenamkhawulo, usinika injabulo yakhe kanye
nokuphefumulelwa kwakhe**

Futhi kusinika impilo yangempela

Ukuhlakanipha kweqiniso

Injabulo yangempela

Ukuqonda kweqiniso

**Kodwa inkazimulo kaNkulunkulu yembulwa
kuphela ekuthuleni okungokomoya okuzwakalayo
umphefumulo kanye nasemizamweni eqotho
yengqondo yokuvumelana Naye.**

**Lapho sibhekene neqiniso. Ngaphandle, imibono
ekhohlisayo inamandla kakhulu, futhi bambalwa
kakhulu abakwazi ukuyidlula.**

Ukususa ithonya lendawo yangaphandle

**Umhlaba uyaqhubeka nobunzima bawo
obungenamkhawulo kanye nokuhlangenwe nakho
okungenakubalwa**

**Izwi likaNkulunkulu lisemuva kokubonakala
kokuphila, lihlala lisibiza futhi likhuluma nathi livela
ezimbalini nasezincwadini ezingcwele futhi livela
Onembeza bethu, nakuzo zonke izinto ezinhle
ezenza ukuphila kube nenjongo**

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**Hlanza insimbi yethu, wena sosayensi
wasezulwini! Guqula ubuthakathaka bethu bube
amandla**

**Futhi siguqule imibono yethu eyiphutha ibe
yimibono yangempela yeqiniso. Siguqule amademoni
amabi ezifiso zethu zobugovu.**

**Ezifisweni eziphakeme nezinamaphiko kanye
nokungazi kwethu okubuhlungu, ekuhlakanipheni
okungcwele kanye nezinto eziyisisekelo zobuvila
bethu**

**Kuye egolide elicwengekile kusukela ekufezeni
okungokomoya okuhle kakhulu**

Kusukela lapha nalaphaya
Ingoma Yokujabula

Njengoba kulandiswa uthisha uParamhansa Yogananda

Ezikhathini zasendulo, kwakuhlala umuntu ohlala yedwa
emnyango kaNkulunkulu. Wayengashumayeli noma
aqondise muntu, futhi wayengakhulumi nganoma yini
ngaphandle kothando lwaphezulu, okwakuwukuphela kwento
ayeyikhathalela kakhulu.

Nomaphi lapho ayeya khona, wayememezela ukuthi
uthando lwaphezulu luvutha ngaphakathi kuye.
Wayekhuluma kuphela lapho kudingeka, futhi amazwi akhe
ayengavamile ukudlula amabili noma amathathu, kodwa
izinkulungwane zamlandela ukuze zimuzwe ehlabelela
ngokulangazelela, elangazelela okwengeziwe.

Nkosi yami, Wena ungumgomo wami, futhi uthando lwami ngawe luyibhanela lami

Umphefumulo wami nenhliziyo yami kukulangazelela, O injabulo yami yokugcina

Ngesinye isikhathi, ngesikhathi ehamba emadolobheni ehlabelela ingoma yakhe elula, amadoda nabesifazane bashiya umsebenzi wabo bamlandela, kodwa omunye nomunye wasala ngemuva waze akabange esakwazi ukubabona.

Wabe esefika ensimini enkulu lapho abona khona indoda ivuna okusanhlamvu, wayibingelela, wathi, "O mvuni, O mvuni." Umvuni waphendula wathi, "Ngiyeke, ndoda, ungangikhulumisi, ngoba ngimatasa njengoba ungibona Suka kimi, wena hlanya"

Kodwa wathi kuye: "Angikuceli ukuthi ukhulume nami, engikucelayo nje ukuthi ungijabulise futhi uhlanganyele nami ekuculeni. Ungangijabulisa ngokuphindaphinda nami igama lesithandwa sami saphezulu, bese ngihamba?!"

Umvuni waqala ukuhlabelela naye, "O Nkosi, Wena ungumgomo wami... futhi uthando lwami ngawe luyibhanela lami..." Wajabula kakhulu, isikela lawa esandleni sakhe, wahamba ngemuva kohlanya, ehlabelela ngenjabulo nangentshiseko... ngisho nezinyoni zezwa injabulo zaqala ukumemeza nokuhlabelela iculo lothando ngoNkulunkulu.

Njengoba beqhubeka behamba, umkamvuni weza waqala ukusola umyeni wakhe, ethi: "Kwenzenjani ngawe? Yini ekuhluphayo ukuthi ulandele lo mhlanya?" Kodwa waphendula wathi: "Khuluma noma yini oyifunayo ngami, kodwa cula nami, ngisho kanye nje" Ngakho waqala ukucula, futhi bobathathu bahlabelela ndawonye ngentshiseko nangenjabulo.

Ngesikhathi becula, abanye abantu basemakhaya badlula bahlekisa ngalesi sigameko, bethi, "Kunabantu abaningi abahlanyayo kulezi zinsuku!" I-hemit yathi kubo, "Bekezelani bantu, ekusihluleleni kuze kube yilapho nizwa lokho esikuzwayo ngiyanincenga, nihlanganyele nathi ekuculeni, bese nikhipha isahlulelo."

Laba bantu bahlanganyela nabo ekuhlabeleleni, futhi batheleleka ngothando lwaphezulu, futhi baqala ekuhlabelela iculo elibusisiwe kusukela ekujuleni kwezinhliziyi zabo nangokulangazelela okukhulu.

Izindaba ngabo zasakazeka kulo lonke isifunda, futhi abantu abayikhulu, amakhulu amabili, amakhulu amathathu, namakhulu amahlanu babalandela, bezama ukubamisa nokubaxosha, kodwa izinhliziyi zabo bonke zagcwala injabulo enkulu kanye nokulangazelela okukhula:

Nkosi yami, Wena ungumgomo wami, futhi uthando lwami ngawe luyibhanela lami

Umphefumulo wami nenhliziyo yami kukulangazelela, O injabulo yami yokugcina

Kwangathi uNkulunkulu angakubusisa futhi akujabulise izinhliziyi zakho

Ukuthula makube phezu kwakho

Inkulumo Yabafilosofi Abayisikhombisa Ngomuntu

Isazi sefilosofi sokuqala sathi:

Umuntu uyisiqongo somlando, umgomo wokugcina wezinkondlo, kanye nesibopho esiphilayo nesikhululekile esixhumanisa imvelo noNkulunkulu

Isazi sefilosofi sesibili sathi:

Masingamlulazi umuntu noma simlulaze isithunzi sakhe, ngoba nakuba ehle esuka ezindaweni eziphakeme zokuqonda waya ekujuleni okuphansi, usaphethe emphefumulweni wakhe imikhondo yaleyo nkazimulo yokuqala kanye nobuhle obukhulu – ngoba nakuba efana nezinsika eziphukile zethempeli lasendulo, ubuhle bethempeli buyabonakala ngisho nasemanxiweni alo asele.

Isazi sefilosofi sesithathu sathi:

Yeka ukuthi umuntu umpofu kangakanani futhi ucebe kangakanani!

Yeka ukuthi ulusizi kangakanani futhi ukhazimula kangakanani!

Yeka ukuthi kuyinkimbinkimbi kangakanani, futhi kulula kangakanani!

Isazi sefilosofi sesine sathi:

Abantu bayisixuku sesiphithiphithi, ukuphikisana, namandla aphikisanayo Nakuba beyizindawo zokugcina iqiniso nabaqaphi bokuhlakanipha okuphakade, bagubuzelwe ukungabaza futhi umbono wabo ugcwele ukudideka Ngaphezu kwalokho, bahlala besaba okungaziwa. Bayiqholo kanye nehlazo lendawo yonke.

Isazi sefilosofi sesihlanu sathi:

Izifiso zomuntu azinamingcele, futhi akukho ngcebo, noma ngabe inkulu kangakanani, engazigcwalisa. Umuntu ngeke athole ukuzinza noma ukuthula kwengqondo aze afeze umgomo wakhe, okuwukuvumelana noMdali wakhe futhi ajabulele ukusondelana naye kuyo yonke imizuzu yokuphila kwakhe.

Isazi sefilosofi sesithupha sathi:

Umuntu akachazwa ngezifiso zakhe, kodwa ngomsebenzi wakhe wenkuthalo ukuze afinyelele okuhle kakhulu kubo. Hhayi ngezifiso zakhe eziningi, kodwa ngokuhlukanisa okuhle kokubi nokufeza okuhle nokuzuzisa yena nomphakathi wakhe.

Isazi sefilosofi sesikhombisa sathi:

Umuntu uyibhamuza elintantayo phezu komfula ogeleza njalo emhlabeni kaNkulunkulu Amanye amabhamuza akhanya kunamanye, kodwa ekugcineni azoqhuma futhi ancibilike emfuleni ohlala ubheke olwandle olungenalo ugu.

Ukuthula makube phezu kwakho

Isipho sami kuwe soNyaka Omusha

Ingabe unesifiso ngaphakathi kuwe onethemba lokusifinyelela?

Uma ubunganikwa ithuba lokuqala impilo kabusha namuhla, ubungenzani?

Impilo ikunikeza lokhu kukhetha, futhi inhlama yesikhathi esithambile yobumba isezandleni zakho ukuze ibumbeke ngendlela othanda ngayo

Impumelelo ebonakala inzima ivame ukufana nokuba nengqondo futhi ibe ngokoqobo Lokho obucabanga ukuthi awukwazi ukukwenza qala ukukwenza manje! Lahla imikhawulo yemikhuba ozibeke yona, bese ulalela ukunyenyeza kwezwi lakho langaphakathi

Impilo inezinto ezimangalisayo ezijabulisayo kulabo abamba bajule emthonjeni wobuntu babo

Akukho mgomo ongafinyelelwa ngosuku olulodwa. Isihluthulelo ukuqala manje, hhayi kusasa.

Qala ngesibusiso sikaNkulunkulu! Lesi sikhathi
esimangalisayo siyisihluthulelo somhume wamathuba
agcwele ingcebo

Vula umthombo wobuciko bakho, ohlala njalo futhi
ungondliwa yimithombo engenamkhawulo emithombo yayo
engapheli futhi engapheli amandla ayo.

Ikhono lisho umthwalo wemfanelo, kanti ithalente
elicashile liyimbewu ethelayo impilo eyiphathise
ukunakekela kwakho. Ungavumeli ibune ife emhlabathini
ongenalutho wokuhlehlisa izinto.

Impilo ikucela ukuthi uvune ngobuqotho lokho
ekutshalile ensimini yakho. Wonke amathuluzi owadingayo
ayatholakala kuwe. Ngakho-ke, kwangathi uNkulunkulu
angakuqondisa, qonda lawo mathuluzi ngeso eliqondayo.

Ungasebenzi ngomzamo onzima ohambisana nesifiso
sokufeza okuthile, kodwa kunalokho sebenza ngokuthula,
ngokunethezeka, nangenjabulo

Awufisi umgomo ngaphezu kokufisa ukusebenzela
ukuwufinyelela

Ngengqondo eshukunyiswayo nezandla ezishukunyiswa
uthando, hlanganisa amaphethini empumelelo ngemicu
yegolide yamanje

Kodwa uma wehluleka emzamweni wakho, ungazizwa
udumele futhi ungavumeli ukukhungatheka kukungene

Kodwa ngenhliziyo ecebile ekuqondeni

Nesandla esithambile nesiguquguqukayo

Neso elicacile elinombono ocacile

Qala kabusha futhi ube nokholo

Imbali iphakathi kwembewu, kodwa ingabe imbewu iyazi isiqalo sayo noma isiphetho sayo?

Kodwa njengoba iqoqa ukufudumala nomswakama okuningi ngangokunokwenzeka

Inhliziyo yakhe iyakhula ukuze yembule imbali ephilayo

Momotheka elangeni bese ulibingelela ngenjabulo yokuphila kanye nenjabulo yokufeza okuthile

Futhi nansi impilo ekubiza ukuthi ube ngumngane wakho ikunxusa ukuthi usebenze

Uzolalela yini ubizo lwakhe futhi usabele esikhuthazweni sakhe?

Futhi manje uphendulela ubuso bakho ekukhanyeni

Kwangathi uNkulunkulu angakhanyisa ubuso bakho ngokukhanya Kwakhe

Yenza amaphupho akho agcwaliseke onyakeni omusha
Jabulela unyaka omusha!

Umagazini waseMpumalanga-Ntshonalanga

Ukuhumusha: Mahmoud Abbas Masoud

Ngubani owasho lokho?

Ukulangazelela kuyanyakaza enhliziyweni yami, kodwa ngiyakufihla

Futhi uma ngikude, ngixhumana naye ngenkumbulo

Inhliziyo iyashaya, futhi izifiso ziyayilawula

Ngithole la mavesi kwenye yezincwadi zami zamabhuku

Angikhumbuli ukuthi ubani owakushoyo, ngifune ku-
inthanethi ukuthola ukuthi ngubani

Bengifuna ukumtshela ukuthi ungubani, kodwa
angikwazanga ngisho nokukuthola ku-inthanethi

Kwangidonsela ukunaka ngenxa yothando lwangempela
olwaluqukethwe

Futhi ukulangazelela okuthile nokwethembeka okucacile

Umuzwa ojulile kumelwe ukuba wavutha inhliziyo
yembongi yethu

Ukukhanya kwalo kwakhanyisa ukujula komphefumulo
wakhe

Umsinga wawo wawugeleza kancane futhi ushukuma

Ezindleleni ezibucayi zomphefumulo wakhe

Wamshukumisa, wamjabulisa, futhi wamdabukisa

Wabe eseziqinisa futhi wathulula umfudlana omsulwa
nocacile wemizwa ecwengekile

Futhi yaguquka yaba amagama athambile njengomoya
ovunguzayo wasendle

Futhi ingoma emnandi, engavamile eshukumisa ukujula
kwemizwa

Lapha sibona imibala ekhangayo yemicabango egxile
kakhulu

Futhi sibona izibani ezikhanyayo ebuntwini bakhe
obujabulisayo nobulangazelelayo

Futhi akufanele sihluleke ukunambitha usizi olubabayo
kanye naye

Kodwa-ke, kubonakala sengathi uyakujabulela lokho kudabukisa

Lokho ayekugubha futhi wakwenza kusukela engqikithini yemizwa yakhe

Futhi lapha sikhuluma ngokuhlangenwe nakho kwembongi yethu engaziwa

Amavesi akhe asidonsela ukunaka ngoba wawabeka kuwo

Kusukela enhliziyweni yakhe, ingqikithi

Futhi washiya umkhondo wakhe emazwini akhe

Kwangathi izinhliziyo zingahlala zigcwele uthando futhi zigcwele ukwethembeka

Ukuthula makube phezu kwakho

Ingxoxo phakathi kwendodana noyise

Indodana yabuza uyise: "Ngibona ukumamatheka emehlweni akho, Baba, iyini imfihlo yakho?"

Waphendula: Ngoba ngizizwa ngikhululekile kakhulu

Wathi: Khuluma! Kwenzekani ngempela?

Waphendula: Umuzwa wokuthula ungena enhliziyweni yami, futhi ukumamatheka kubonakala emehlweni ami ngaphambi kokuba kubonakale ebusweni bami.

Wathi: Yilokho kuphela?

Waphendula wathi: Izinkumbulo ziyavuka

Wabuza: Hlobo luni lwezinkumbulo lezo?

Waphendula wathi: Kumnandi futhi kuyavuselela amangqamuzana

Wathi: Kwenzeka kanjani lokho?

Waphendula wathi: Umcabango, ndodana yami, ungamandla afana nogesi, futhi izimo zengqondo zibangelwa umcabango nendlela yokucabanga.

Wathi: Usho ukuthini uma uthi "amandla anjengogesi"?

Waphendula wathi: Ugesi uwusizo futhi uyingozi Noma ngubani owusebenzisa kahle uzowuthola uwusizo, ngaphandle kwalokho ungamlimaza ngogesi.

Wathi: Siyini isisekelo sokuqhathanisa?

Waphendula wathi: Wacabanga futhi ukuthi uma uyiqondisa ngezindlela ezifanele, izokujabulisa, kungenjalo izokulethela usizi.

Wathi: Ngingamqondisa kanjani uma efana nehhashi lasendle?

Waphendula wathi: Lokhu akuyona into engenakwenzeka, ngoba uma uthola ulwazi ngesimo samahhashi, uzothuthukisa ukuphathwa kwawo noma ngabe asendle futhi angalawuleki.

Wathi: Bathi umngane ungomunye wabantu abaseduze kakhulu nomuntu, ingabe lokhu kuyiqiniso?

Waphendula wathi: Impela

Wathi: Ngakho-ke umcabango ungumngane ngoba useduze kakhulu nomuntu

Waphendula: Yebo futhi cha

Wathi: Kunjani lokho?

Waphendula wathi: Ukucabanga okuhluzekile kungumngane oseduze, futhi ukucabanga okuhluzekile kuyisitha esihlala njalo

Wathi: Kunjani lokho?

Waphendula wathi: Ukucabanga okuhluzekile kudonsela ukuthula nokuphepha, kuyilapho ukucabanga okungenampilo kudubula imicibisholo ebulalayo ephindela kumnikazi wayo kabili - sengathi uNkulunkulu angandisa izenzo zakho ezinhle - yingakho kuthiwa umvuzo ungowohlobo olufanayo nesenzo.

Wathi: Futhi lokho kungagwenywa kanjani?

Waphendula wathi: Uma nje ubafisela okuhle abanye futhi ucela usizo nesiqondiso kuNkulunkulu, imicabango yakho izophenduka izibani ezikhanyisa amakamelo omphefumulo futhi zixoshe izinqwaba zobumnyama.

Wathi: Kuyokwenzekani-ke?

Waphendula: Uzozizwa ududuzekile kakhulu futhi amehlo akho azomomotheka!

Kwangathi ukumamatheka emehlweni enu nasebusweni benu kungahlala phakade, bangani bami

Ukuthula makube phezu kwakho

Siyakwamukela isivakashi

Lesi sivakashi esihle

Iso alikwazi ukukubona, kodwa inhliziyo iyakuzwa

Njengenjabulo noma impumuzo eqeda ukudideka

Futhi ududuza izinhliziyi eziphukile

Inikeza ukuqonda kokubhekana nezimo ezibucayi
ngendlela efanele

Umuzwa walowo mvakashi uhlobene nokumvulela
umnyango nokummema ukuba angene

Isimemo kumele sibe gotho futhi sisuke esifisweni
sangempela sokuthola

Iqukethe isifiso esihambisana nesifiso esinamandla

Lokho umculi wezintaba noma "uQassad" akuzwa lapho
ekusho ngentshiseko:

(Wangidumisa ngokungivakashela futhi waphula isiko
inhliziyi yami ikuvulele umnyango wayo ngaphakathi)

Injabulo yangempela ayiveli engqondweni noma
emcabangweni

Kuyisici esibonakalayo, esingokoqobo esinomthombo

Lowo mthombo ozivuselelayo awunakuncishiswa

Akekho ongakaze azwe okungenani idosi encane yayo

Izinga lokuzwakala kwalo lincike emandleni okwamukela
kanye nekhono lokuqonda.

Lulwandle okungezona zonke izidalwa ezingaludla

Ngoba umthombo wawo awukho ngaphansi komkhawulo
kodwa uxhumene nophelele nongenamkhawulo

Bafanisa ukuphana kanye nabantu abaphanayo nakho

Lokhu kungikhumbuza indaba yalowo muntu ompofu
owalandela ezinye izimbongi

Babesendleleni eya kuKhalifa eGibhithe, owayebabize ukuba abaphe izipho. Indoda empofu yayiphethe imbiza. Ngokushesha nje lapho bengena esigodlweni sikaKhalifa bema phambi kwakhe, waqala ukubapha izipho eziningi. Wabe esebheka indoda empofu egqoke izingubo zayo ezidabukile wayibuza:

Yini eyakulethela kithi, futhi usidingani?

Waphendula:

Ngesikhathi ngibona abantu bepakisha izimpahla zabo

Ngifike olwandle lwakho oluchichimayo nembiza yami

UKhalifa wathi: Gcwalisa imbiza ngegolide nesiliva

Lowo caliph wayengelona ulwandle uma kuqhathaniswa nolwandle lomusa wendawo yonke, kodwa wayeyithonsi lalo

Uma ivesi elilodwa lenkondlo lamshukumisa ukupha kwakhe futhi lamshukumisa kakhulu, futhi engumuntu nje, khona-ke ngokuqinisekile noma yikuphi ukukhanga okuqotho emthonjeni wokupha kanye nolwandle lwenala yaphezulu kuzokwamukelwa futhi kugcwaliswe futhi ukupha kuzophindwa kuze kube yilapho kufinyelelwa ukwaneliseka.

{Futhi iNkosi yakho izokunika, futhi uzokwaneliseka}

{Futhi uma ungabala iminikelo ka-Allah, awukwazi ukuyibala}

Kwangathi uNkulunkulu angajabulisa izinhliziyi zenu

Ukuthula makube phezu kwakho

Isicabucabu esithule nesibekezelayo

Umngane wami othandekayo, uSolwazi ohlakaniphile
uFahmi Al-Mashaykhi, umethuli wohlelo oluthi "Self-
Leadership," ungicele ukuthi ngihumushe izinkondlo ezithile
zembongi enkulu yaseMelika uWalt Whitman. Ngenxa
yesicelo sakhe somusa, ngikhethe le nkondlo futhi
ngingathanda ukuyinikezela kuye nakubo bonke abathandi
bezincwadi ezicwengekile kanye nokuphefumulelwa okuhle
kakhulu.

Edwaleni lolwandle elineqhubu elincane eliphumayo

Lapho isicabucabu simi sodwa

Ngibeke umaka ukuze ngiphawule indawo yayo

Inhloso yalolo phawu

Ukwazi indlela ezotholakala ngayo

Indawo ezungezile enkulu phakathi kokungabi nalutho
okukhulu kwendawo

Wabe esekhipha ucingo oluncane kuye, walandelwa
olunye ucingo, wabe esekhipha olunye ucingo.

Waqhubeka nokukhulula inqwaba yakhe yentambo
ngesivinini esimangalisayo

Ngaphandle kokukhathala

Futhi wena, mphefumulo wami, wena omi uzungezwe
umgodi ongenamkhawulo

Kusukela endaweni enkulu, engenamkhawulo,
nengenamkhawulo

Futhi ucwiliswe ngaphandle kokuphazamiseka
emcabangweni nasekuqondeni

Ngiyakubona uqala uhambo olujabulisayo

Ukhulula imibono namandla

Ufuna imihlaba nezidalwa zasezulwini

Kwangathi ungaboshwa naye ngesibopho esiqinile

Ukuze ukwazi ukwakha ibhuloho olidingayo

Umkhumbi wakho uvikelwe yi-anchor

Kuze kube yintambo yakho encane oyikhululayo kuwe

Kusukela ekubambeni okuthile

ndawana thile

Hawu mphefumulo wami!

UWalt Whitman

Ukuhumusha: Mahmoud Abbas Masoud

izinkanyezi

Liyiqembu lezinkanyezi ezinezinhlaka ezinhle kakhulu

Ngokwesayensi yezinkanyezi yaziwa ngamagama
ahlukahlukene njengeGhoul's Head

Ukhozi Olundizayo, Ukhozi Oluwayo, kanye ne-
Betelgeuse

Isundu elidaywe nge-henna kanye nenkanyezi yase-
Yemen

Umlomo womkhomo kanye nendoda enamandla kanye
nabanye

Iqoqo lezinkanyezi lidonsela ukunaka

Mhlawumbe ngenxa yebanga layo ukusuka eMhlabeni

Mhlawumbe ngenxa yezimfihlo nezimfihlakalo
ezizungezile

Mhlawumbe ngenxa yokuthula kwakhe okuphakade
Ukukhanya kwayo okungajwayelekile

Futhi mhlawumbe

Ngoba kwenza umuntu aphakamise amehlo akhe esuka
phansi

Makalangazelele okuphakeme nokumnandi!

Igama elithi "umlaza" liyigama elihle eliveza ubumnandi
balo

Kusukela kuleso simo sezinkanyezi

Ngobukhona obukhazimulayo nobuhle obukhazimulayo

Futhi yileyo ndlela eniyiyo, bangani bami

Iqoqo lezinkanyezi ezikhanyayo

Esibhakabhakeni sempilo yami

Ngiyabingelela noma ngabe ukuphi

Futhi uthando oluvela ekujuleni kuya emaphethelweni

Ukunyakaza kungaba yisibusiso noma inhlekelele

Ngifake igama elithi “ukubhujiswa” esageni esidumile,
njengoba kwakubonakala kimi ukuthi akuzona zonke izenzo
ezibusisiwe, futhi ezinye zazo ziveza imiphumela engagcini
nje ngokungabusiswa kodwa futhi enomthelela omubi
ezingeni elingaphezu kwelilodwa.

Ukunyakaza komuntu akuveli ngokuzenzakalelayo,
ngaphandle kwezinye izinyathelo ezingase zenzeke
ngesikhathi sokulala noma ukuhamba ulele, kuqondiswa

umuntu ongazi lutho. Ngaphandle kwalokho, kuqhutshwa inhloso nentando yokufeza umgomo othile.

Lokhu kuhamba akuthathi hlangothi ngokwako ngoba kumane kuyithuluzi elingazi lutho elisebenza ngokuphendula imiyalo yesistimu yemoto yomuntu, yona ethola imiyalo engqondweni bese iyifeza.

Uma ukunyakaza kusetshenziswa ukusiza abanye

Futhi ubakhulule emithwalweni yabo

Ukusebenzisa amathuluzi okuzwa ukuze kuthuthukiswe izimo

Kokubili emazingeni ezinto ezibonakalayo kanye nezindinganiso zokuziphatha

Futhi ukuletha konke okuzoletha induduzo emiphefumulweni

Nokuthula ezinhliziyweni

Ihlinzeka ngezidingo zokuphila, hhayi ngempela izinto zokunethezeka

Kuyisibusiso esivela kuNkulunkulu, ezingelosini, nakubaprofethi

Kodwa uma ukunyakaza kusetshenziselwa ukuzwisa ubuhlungu

Futhi ukulimala kanye nobuhlungu benhliziyo

Ukusebenzisa kabi amakhono abanye abantu ngokwengqondo noma ngokwezinto ezibonakalayo

Ngaphandle kwemvume noma imvume yakhe

Umpfumela ngeke ube yisibusiso

Futhi singasho-ke ukuthi

"Ukunyakaza kuholela ekubhujisweni"

Ubusisiwe lowo osebenzisa izenzo zakhe ngenxa yobuhle nenjabulo yoMdali wakhe:

Ngakho iNkosi yabo yabaphendula yathi, "Angisoze ngavumela ukuba umsebenzi wanoma yimuphi phakathi kwenu ulahleke, kungaba owesilisa noma owesifazane" (Al Imran)

Futhi ku-hadith ehloniphekile:

"Izinto ezintathu zilandela umuntu ofile; ezimbili ziyabuya, enye ihlala naye Umndeni wakhe, impahla yakhe, nezenzo zakhe ziyamlandela; umndeni wakhe nempahla yakhe ziyabuya, nezenzo zakhe ziyahlala"

U-Imam Ali, sengathi uNkulunkulu angadumisa ubuso bakhe, angabelana nathi ngokuhlakanipha okuvela enqolobaneni yolwazi lwakhe, ethi:

(*Kunomehluko omkhulu phakathi kwezinhlobo ezimbili zomsebenzi* : umsebenzi onenjabulo edlulayo kodwa imiphumela yawo isala, nomsebenzi onezindleko ezihambile kodwa umvuzo wawo usasala)

Sengathi uNkulunkulu angamukela imisebenzi yethu emihle, bangane bami

Ukuthula, isihawu nezibusiso zikaNkulunkulu makube phezu kwenu

Ibha kanye nendlu yencithakalo

Uthe: Kukhona udaba olungikhathazayo futhi ngifuna incazelo yalo

Waphendula wathi: Kuyini lokho?

Wathi: Ngibona abantu behamba ezindleleni ezingalungile “abathanda kakhulu” futhi abajabulayo, kanye nabantu abalungile abangatholi sabelo sempumelelo.

Waphendula wathi: Abantu bavame ukwenza iphutha ekwahluleleni abalungile nababi, ngoba bahlulela ngokubonakala, abakwazi ukubona ezinhliziyweni zabanye ukuze bazi ubunjalo bangempela bomuntu ngamunye nokuqaphela izinhloso nezenzo zabo ezifihliwe. Kodwa uNkulunkulu ungumhloli wezinhloso nomembuli wezimfihlo; Nguye kuphela owahlulela futhi ahlukane okuhle nokubi. Ngakho-ke, akunakwenzeka ukuthi umuntu abantu abambheka njengomubi angaba olungile, futhi umuntu abambheka njengolungile angaba omubi.

Wathi: Ingabe ikhona indlela yokwenza umehluko ofanele kulezi zindaba?

Waphendula wathi: Lapho sihlulela injabulo nosizi, uma singenzi ngendlela efanele, sicabanga ukuthi umuntu ojabulayo yilowo ojabulela ingcebo nokuchuma, othola udumo, othola inhlonipho yabantu, futhi ozitika ngezinjabulo nezinjabulo zokuphila. Asikwazi ukucabanga ngokuphazamiseka kwangaphakathi okungenzeka ukuthi babhekene nakho ngenxa yezono zabo, izenzo zabo ezimbi, kanye nokungalungi kwabanye. Lokhu kungajabuli kwangaphakathi kanye nezifo ezingelapheki kungenza impilo yabo ibe muncu futhi amehlo abo angaphumuli ngenxa yezifiso zabo ezimbi kanye nobugovu obuchotshozayo. Bangase futhi bahlaselwe yizinhlekelele ezibhubhisayo kanye nezinhlekelele ezichotshozayo ezingathandeki ngempela.

Wathi: Futhi ikuphi injabulo yabalungileyo?

Waphendula: Okokuqala, umuntu olungileyo akajahi izinto zasemhlabeni. Uyaneliseka ngomuzwa wakhe wokwaneliseka, ukuphatha kwakhe abantu ngendlela efanele, ukuthula kukanembeza wakhe, kanye nenjabulo yakhe engokomoya ephuma ngaphakathi futhi evuselelwa njalo, ikakhulukazi lapho ecabanga ukuthi uNkulunkulu uzomvuza ekuphileni kwangemva kokufa futhi amnike ukukhanya okuphakade esikhundleni salokho akuphuthelwe endaweni yokubhujiswa.

Wathi: Kungani abalungile, noma abanye babo, behlupheka futhi bebhekana nobunzima kuleli zwe?

Waphendula wathi: Ngezinye izikhathi uNkulunkulu uvivinya abathandekayo bakhe ngezinhlobo ezahlukene zobuhlungu nokuhlupheka, hhayi njengesijeziso, kodwa ukuze abacwenge emlilweni wezilingo njengegolide. Izinhlupheko ezibehlelayo ziyabaqinisa, zembule ukufaneleka kwabo kokuziphatha, futhi zenze uthando lwabo ngeNkosi yabo nakubantu lube msulwa, lucace, futhi luqine.

Sengathi uNkulunkulu angandisa inani labantu abalungile nabalungile kuleli zwe

Ukuthula makube kini bangani bami

Iparele Elihlelekile

Ukungadebeseli izimiso ukuze ujabulise abanye

Uthe: Ngizwile ukuthi ukuhlalisana kahle nabanye kuyinto efiselekayo, ingabe kukhona okuhlukile?

Waphendula wathi: Ukuvumelana nabanye akusho ukuvumelana nabo kukho konke, noma ukudela izimiso zakho ngenxa yabo, ngoba lolu hlobo lokuvumelana alufiseleki futhi aluhambisani nokulungile.

Wathi: Ingabe ukhetha ukuxabana kunokuvumelana?

Waphendula wathi: Asikho isidingo salokho Ungazwana nabo ngaphandle kokubangela noma iyiphi inkinga noma ukuphazamiseka Abaguquli kanye nabantu abakhulu abazange bazwane nabantu abaningi ababazungezile, kodwa bagcina imibono yabo ngoba babazi ukuthi lokho ababekwenza kwakulungile ngokuphelele.

Uthe: Ucabangani ngokugoba izimiso ngezinye izikhathi ukuze zivumelane nesimo?

Waphendula wathi: Umuntu akufanele ayekethise ezimisweni, noma asebenzise izisusa ezicashile ukuze afinyelele umgomo, ngoba ukuziphatha okunjalo akufanele kulabo abasekela izimiso. Uma ungaphila ngendlela ejabulisa uNkulunkulu futhi engalimazi abanye, khona-ke awunalutho okufanele ulwesabe.

Wathi: Kusho ukuthini ukuhlalisana kahle nabanye noma kunjalo?

Waphendula wathi: Okokuqala nokubaluleke kakhulu ukuvumelana noNkulunkulu, bese kuba nonembeza wakho, bese kuba nabantu

Wathi: Kuthiwani uma indlela yami ingabanelisi abanye?

Waphendula: Kwanele ukuthi uzoba nokuthula ngaphakathi kuwe futhi uzozizwa unokuthula kwangaphakathi okukwenza uzimele ekuvunyelweni abanye, uma nje lokho kwamukelwa kungahambisani nalokho okukholelwayo ezinqumweni zakho.

Wathi: Ningicebisa ukuthi ngicele abanye ukuba bashintshe indlela yabo yokuphila engalungile?

Waphendula wathi: Asikho isidingo sokuphoqa abantu ukuba bamukele umbono wakho ofanele Uma bengafuni

ukwamukela indlela yakho, bashiye kanjalo futhi ubafisele okuhle Uma bekukhathaza ngamazwi abuhlangu namazwana ahlabaya, kulungile ukuzihlukanisa nabo, okungenani okwesikhashana. Kodwa hlala ulungele ukwabelana nabo ngokuqonda kwakho nokuhlangenwe nakho kwakho. Futhi uma unolwazi oluningi, lunike labo abalunxanele, ukuze baluphuze ngenjabulo nangokwaneliseka, ngomusa kaNkulunkulu uSomandla, futhi umvuzo wakho ukuYe.

Ukuthula makube phezu kwakho

Ngiyakubona usola izinsuku

Sengicishe ngikubone, mngani wami

Ulangazelela indawo eyojabulisa amehlo akho

Futhi ekuphumuleni okuzokhulisa inhliziyo yakho ekhathele ezihlahleni zayo

Ngiyakubona ubheke umkhathizwe okude, othule

Ukuzama ukubalekela usizi nokukhathazeka okujulile

Esibhakabhakeni esicacile

Kufaneleka kakhulu umphefumulo wakho osobala

Futhi ngiyakwazi kakhulu ukuthwala izifiso zomphefumulo wakho oshisekayo

Futhi ngeso lomcabango, ngiyakubona usola izinsuku

Wabuza ngeplanethi yenhlanhla ebelindelwe isikhathi eside

Kunjengokungathi ngizwa ukulangazelela okukhulu
kunyakaza ngaphakathi kuwe

Ngizwa ukuzwakala kwezinsimbi zayo nge-ether
yomphefumulo

Ngibone umkhumbi wezifiso zakho oboshwe ogwini
olukude

Izinyoni zasolwandle zezinkumbulo zizulazula eduze
kwakhe

Futhi amaplanethi ambheka ngokuthambekela
kobungane

Ngiyasizwa isifiso sakho, mngane wami, sokuphunyuka
okulangazelelayo

Kwangathi ungabhoboza amafu

Futhi ingena ezweni elibizwa ngokuthi

Igcwele izincazelo ezithambile nezifiso ezimnandi

Impilo igcwalise izifiso zakho

Futhi incithakalo yesizungu isusiwe emphefumulweni
wakho obuthakathaka

Futhi wayicebisa ngezivivinyo ezinhle kakhulu

Futhi imibono emnandi kakhulu

Ukuthula makube kuwe, mngane wami!

UMahmoud Abbas Masoud

Ifilosofi yokuthenga kanye nendaba yempungushe
negwababa

Wabuza, ethi: Ingabe ikhona ifilosofi yokuthenga engingayisebenzisa empilweni yami?

Waphendula wathi: Abanye abantu bathanda ukuthenga izinto abangazidingi, ngakho-ke bachitha imali yabo ezintweni zokunethezeka ezingadingekile.

Wathi: Uthini iseluleko sakho?

Waphendula wathi: Qaphela futhi uhlakaniphe lapho uthenga Uma unemali, yigcine futhi ungazinaki izikhangiso ezihlala zizama ukukuyenga ukuthi uthenge izinto ongazidingi ukuze ulahle imali yakho oyisebenzele kanzima ukuze uthole izinto ezintsha noma ukutshalwa kwezimali "okuqinisekisa inzuzo" Noma nini lapho umuntu ezama ukukukholisa ngenkulumo emnandi nezipesheli ezikhangayo, khumbula indaba yempungushe negwababa

Wathi: "Ngicela ungiphindele?"

Waphendula: Kwake kwaba nesikhathi lapho igwababa laliphethe ucezu lukashizi emlonyeni walo lapho amathe egwababa econsa kulo, futhi lazifisela lona. Njengoba yayiyingcweti yobuqili nokukhohlisa, impungushe yathi egwababa, "Ngifisa sengathi ungangiculela ingoma, Mnu. Crow, ngoba ngizwile ukuthi izwi lakho limnandi futhi lidumile ngobumnandi balo." Igwababa, lithokoziwe yindumiso, lavula umlomo walo ukuze licule, kodwa ngokushesha nje lapho likwenza, ucezu lukashizi lwaphuma emlonyeni walo lwawela phansi. Impungushe yaluthatha ngokushesha yazibongela ngomklomelo wayo olula. Ngakho-ke, qaphela labo abazama ukukuthonya ngokwengqondo, ngoba bafuna okuthile kuwe. Ungavumeli muntu akuxhaphaze ngokukuncoma noma ngokukukhohlisa ukuze akwenze ufise into engadingekile empumelelweni yakho nenjabulo yangempela.

Wathi: Ingabe ikhona indlela yokuzimela?

Waphendula wathi: Yenza impilo yakho ibe lula ukuze ungathembeli ezintweni eziningi ngokweqile Ukuzitika ngezifiso ngokuzenzakalela nangokuhlala njalo kuxosha ukwaneliseka futhi kudala ukungajabuli nosizi Uma wenza impilo yakho ibe nzima ngezinto eziningi kakhulu, ngeke ukwazi ukujabulela noma iyiphi yazo Kodwa uma uhlola impilo yakho ngokucophelela, uzothola izindlela eziningi zokunciphisa ukunethezeka kwakho ngaphandle kokuzizwa uncishwe

Uthe: Uthini umbono wakho ngokuthenga ngezitolimende?

Waphendula wathi: Okokuqala, gcina imali oyidingayo bese uthenga imali oyidingayo ngemali, ngaphandle kokuhlupheka ngezitolimende, amazinga enzalo aphezulu, kanye nezinkinga zekhanda. Yiqiniso, kunenzuzo ekusebenzelaneni nalabo abafuna ukuthengisa izimpahla zabo ukuze baziphilise, kodwa ungazivumeli ukuba uphile ngaphezu kwamandla akho, ngoba uma wenza kanjalo, uzolahlekelwa yikho konke, uNkulunkulu akakuvumeli, lapho ubhekene nenkinga enkulu noma ukujika okukhulu endleleni, futhi "ukuyenga okuhehayo" kuzokulinda.

Wabuza: Uyini incazelo yakho yokonga?

Waphendula wathi: Ukonga kuyikhono futhi kudinga ukuzidela Kodwa uma wonga imali ngokuthenga futhi uphila impilo elula, uzokwazi ukonga imali ethile njalo, futhi ukhumbule isisho esidumile esithi, "Ukuconsa ngethonsi, umfudlana uzoba yichibi," ngosizo lukaSomandla.

Kwangathi uNkulunkulu anganicebisa ngomusa wakhe omkhulu, bangane bami

Ukuthula makube phezu kwakho

Ukuzicabangela kanye nempumelelo

Uthe: Kuyiqiniso yini ukuthi umuntu ozibuza imibuzo uhlobo lwenqubo yokuzihlola?

Waphendula wathi: Kulungile lokho

Wathi: Uma bengifuna ukusebenzisa ukuzihlola okunjalo, ubungangicebisa ukuthi ngizibuze ini?

Waphendula: Zibuze ngenhloso yokuphila kwakho Uyizidalwa ezithuthuke kakhulu, futhi uNkulunkulu ubeke ngaphakathi kuwe umphefumulo ohloniphekile oyingqikithi yakho

Wathi: Yini ezoshintsha uma ngiqaphela leli qiniso?

Waphendula wathi: Uzothola impumelelo engenamkhawulo, uzonambitha injabulo ejabulisayo, zonke izifiso zakho ezinhle zizogcwaliseka, uzonqoba zonke izinkinga zakho, futhi umhlaba ngeke ukwazi ukukubamba ngezingibe zawo noma ukukudukisa ngamacebo awo.

Uthe: Kodwa impilo igcwele izinkinga futhi igcwele izehlakalo ezibuhlungu

Waphendula wathi: Yebo, impilo yomuntu iwukubhekana nezinkinga okuvulekile nokuqhubekayo, futhi wonke umuntu unezinkinga zakhe. Kunezigidigidi zabantu kanye nezigidigidi zezinkinga okumele zixazululwe nsuku zonke. Abanye bahlushwa izinkinga zenhliziyo, abanye bakhononda ngomkhuhlane, abanye bagcwele imali, abanye bayakwenyanya ubumpofu ngokuphelele, kanti abanye abazikhathazi ngokucabanga ngakho-ke abazi kangako ngezinkinga, njengoba nje izisu zabo zigcwele, umhlaba uphelele kubo. Kodwa obani abantu abajabule ngempela empilweni, futhi obani abaphumelelayo?

Wathi: Okokuqala, iyini indinganiso yempumelelo?

Waphendula wathi: Injabulo iyisilinganiso sangempela sempumelelo, kungakhathaliseki ukuthi ungubani umsebenzi noma isikhundla emphakathini. Umqondo ovamile wempumelelo ukuba nengcebo, abangane, nezinto ezinhle nezinobukhazikhazi—lokho abanye abakubiza ngokuthi impilo yobukhazikhazi Kodwa impumelelo yezinto ezibonakalayo ayisho ukuthi uphumelele ngempela.

Wabuza: Iyini imbangela?

Waphendula wathi: Ngoba izinto nezimo zingashintsha Namuhla umuntu angase abe nezinto, futhi kusasa zingase ziphele Ngakho-ke, ungacabangi ukuthi ukuba yisigidigidi kuqinisekisa impumelelo Umuntu angase azame futhi asebenze kanzima ukuze athole imivuzo yempumelelo ensimini yakhe, kodwa angamangala ukuthola ukuthi impilo yakhe ayinayo ibhalansi futhi akanayo inkululeko yokujabulela izinto afuna ukuzenza. Kunalokho, ukukhathazeka kunganqwabelana, futhi angase acindezeleke futhi akhathazeke kakhulu aze abe sezingeni lokuthi impilo yakhe iyonakala futhi abe yisisulu sokucindezeleka. Ngakho-ke, impumelelo ekhohlisayo iyanyamalala, futhi azizwe sengathi uchithe impilo yakhe futhi wonke amaphupho akhe anyamalale.

Uthe: Ingabe impilo isho impumelelo?

Waphendula wathi: Umuntu angase abe nomzimba oqinile (njengehashi) kodwa angabi nengcebo eyanele yokuziphilisa, ngaleyo ndlela azizwe enenzondo futhi ethukuthele ngenxa yokungabi nazo izidingo nezisekelo zokuphila Noma angase abe nempilo nengcebo kodwa angabi nakwaneliseka Ukondla umzimba nokwanelisa ukuzikhukhumeza akumjabulisi umphefumulo omnene Futhi

angase abe nakho konke kodwa azizwe empofu
ngokuphelele

Wathi: Futhi isiphetho?

Waphendula wathi: Ngaphandle kokuba umuntu
enenjabulo enhliziyweni yakhe, akanakubhekwa
njengophumelele.

Wathi: Ingabe kukhona okunye?

Waphendula wathi: Lokhu kwanele namuhla Kwangathi
uNkulunkulu angakwandisa ulwazi lwakho futhi akwenze
ujabule kuzo zombili izindawo.

Ukuthula makube phezu kwakho

Usizi lwabanye

Ingabe kuvumelekile kimi ukubona izinyembezi zabanye
abantu?

Ngaphandle kokuzizwa udabukile futhi?

Futhi ngingaluzwa yini usizi ababhekene nalo?

Ngaphandle kokuzama ukunciphisa?

Ingabe ngiyakwazi ukubona izinyembezi ziwa?

Ngaphandle kokwabelana ngomuzwa nomnikazi wawo?

Ingabe ubaba uyayizwa indodana yakhe ikhala?

Ngaphandle kokuzwelana naye?

Ingabe umama angakuzwa ukukhala komntwana wakhe?

Nomuzwa wokwesaba omkhathazayo

Ngaphandle kokuthinteka?

Cha Cha Lokhu akunakwenzeka!

Ungalokothi neze lokho akunakwenzeka!

Ungacabangi ukuthi uNkulunkulu akazi

Cishe ukububula okukodwa siyabubula

Ungacabangi ukuthi sikhale ngisho nakanye

Ngaphandle kokuba uMdali wethu ekubone lokho

UNkulunkulu usinika injabulo

Mhlawumbe ngokwenza kanjalo, usizi lwethu luzophela

Usiphelezela ngesihawu sakhe nobubele bakhe

Kuze kube yilapho usizi lwethu luphela

Usizi lwethu luzophela

Izinkomba ezingokomoya

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Ngibonise umyalezo wakho, Nkosi, obhalwe
ngezinhlamvu zokukhanya emakhasini enhliziyo yami, futhi
ungenze ngizwe amazwi akho ethempelini likanembeza

wami, futhi ugcwalise isitsha sengqondo yami ngolwazi
.lwakho, isihe sakho, nokuthula kwakho

Umsebenzi ubalulekile futhi uyisisusa esinamandla
sobuhlakani bomuntu kanye nobuciko. Kodwa-ke, uma
umgomo womsebenzi uwukuqongelela ingcebo nje,
ulahlekelwa yinani nokubaluleka kwawo. Umsebenzi
kufanele unikezelwe kakhulu ekuhlinzekeni ngenkonzo, futhi
umkhiqizo othengiswayo kufanele ube sezingeni eliphezulu
.futhi ube nenzuzo kwabanye

* * *

UNkulunkulu unginika ukukhanya, impilo, amandla,
ukuhlakanipha, ingqondo, kanye nenjabulo engokomoya
Ngizozicwilisa olwandle lothando lwaphezulu ngenjabulo
yokuzindla Futhi ngizoletha ubukhona baphezulu
engqondweni yami ukuxazulula izinkinga zempilo (2)

O Nkosi, ngokukhanya kwekhandlela lami elincane
lothando, ngizofunda incwadi yakho yegolide ebilokhu
ingaphakathi kimi kusukela phakade Uthando lwakho, O
Nkosi, luwukukhanya kokuthula okususa ubumnyama bami
futhi kukhanyise indlela yami (2)

* * *

Isikhukhula esikhulu sokuthula okungokomoya sisusa
emphefumulweni ukwesaba okuqongelelekile kanye
nezinqwaba zokukhathazeka
Ngizofuna uNkulunkulu ngisedwa emphefumulweni
wami futhi ngizothandaza ngokujulile kuze kube yilapho
inhliziyi yami ishaya ngothando Lwakhe futhi ngithole
impendulo Yakhe
Nkosi, ngicela ukuthi uhlanganise ukukhanya
komphefumulo wami nokukhanya kwakho kwendawo yonke
Ngitshele ukuthi ukuhlakanipha kwakho kukhanyisa

ingqondo yami, amandla akho ayangisekela, futhi ageleza
emithanjeni yami

* * *

Ngizogcwalisa ingqondo yami ngamandla okholo
nokwethemba ukuthi akukho lutho olungangilimaza ngoba
ngihlala ngizungezwe yisivikelo saphezulu
Nkosi, makuthi amalahle okulangazelela kwami ahlale
evutha ngokukhanya ngokuba khona kwakho okubusisiwe
Kwangathi ukuhlakanipha kwakho kungangiqondisa futhi
ukuba khona kwakho kube injabulo enkulu empilweni yami

* * *

Usosayensi wangempela uhlukaniswa yikhwalithi
emangalisayo: ukuvuleka kwengqondo kanye nombono
obanzi Uqala ngolwazi olulula noluyisisekelo, kancane
kancane esebenza indlela yakhe yokwembula imithetho
yemvelo nokuthi isebenza kanjani. Ube esethula imiphumela
yocwaningo lwakhe emhlabeni, ehlala ekulungele
ukuqhubeka nokuhlola imvelo kanye nengqikithi yezinto.

Yimizamo yalaba ososayensi eholele ekutholakaleni
kwemithetho yemvelo, eye yandisa izinzuzo ezijatshulelwa
yisintu. Kancane kancane, sifunda indlela yokusebenzisa le
mithetho ngezindlela ezahlukahlukene nezibanzi, njengoba
kubonakala ezintweni esizisebenzisayo ekuphileni kwansuku
.zonke

* * *

Injabulo uNkulunkulu ayinikezayo ayinakuqhathaniswa
nanoma iyiphi injabulo yasemhlabeni Injabulo engokomoya
ayinamkhawulo, futhi lapho konke okunye kunyamalala futhi
kunyamalala, leyo njabulo ihlala injalo Noma ubani ofisa
ukuthola leyo njabulo kumelwe anikele isikhathi ekuzindleni,
ekuzindleni ngoNkulunkulu, nasekuzivumelaniseni Naye,
ngoba ukuzivumelanisa ngokomoya noNkulunkulu kunikeza
injabulo yangempela

Ingadi Yonyaka Omusha

Imisindo yonyaka odlule, kanye nosizi nokuhleka kwayo,
isiphelile futhi manje imisindo yengoma yoNyaka Omusha
ihlabelela ngokukhuthazayo, imemezela ithemba, futhi
:ihlebelala

Buyekeza impilo yakho ngokuphelele, lahla ukhula"
"lokwesaba okudala
Kusukela engadini elahliwe yesikhathi esidlule, qoqa
futhi ugcine kuphela imbewu yenjabulo, impumelelo,
amathemba, imicabango emihle nezenzo, kanye nezifiso
ezinhle Enhlabathini entsha yosuku ngalunye olusha,
hlwanyela lezo mbewu ezinamandla, uzinisele, futhi
uzinakekele zize zikhule futhi impilo yakho iqhakaze
.ngezimfanelo ezingavamile zokuqhakaza

:Unyaka omusha uyahlebeza

Vusa umoya, othunjiwe yimikhuba, bese uwukhuthaza"
ukuba wenze imizamo emisha nezuzisayo. Ungayeki
ukuzama futhi ungaphumuli kuze kube yilapho uthola
inkululeko yaphakade futhi unqobe i-karma (imiphumela
yokuphishekela nokuphishekela njalo yezenzo
"zangaphambilini)
Ngengqondo evuselelwe futhi sidakwe yinjabulo
evuselelwa njalo, masijabule ndawonye futhi sihambe
sibambene ngezandla siya endlini yasezulwini lapho
.singasayi kuphuma khona futhi

* * *

Uma ukhumbula uNkulunkulu futhi umenze isikhungo
sempilo yakho, futhi uma uthandaza kuye ngentshiseko
nangokujulile, ngokuqinisekile uzothola impendulo evela

kuYe, ngoba imithandazo eqotho neqotho ithinta inhliziyo
kaNkulunkulu RE-123

Kungumthombo okhanyayo wokuhlakanipha
nokuphefumulelwa, iphunga elimnandi eliphuma ezivandeni
zezinhliziyi ezinothando nezinomusa, iphunga lama-rose
asezulwini nemicabango eqhakazayo, uthando
oluphefumulela uthando lwethu futhi lugeleze ezinhliziyweni
.zethu

* * *

Umngane wakho omkhulu yilowo osikisela
ngokuthobeka ukuthi ungazithuthukisa kanjani, ngoba
ukuhlala uzizungezile nabantu abakuncomayo
nabakuncomayo kuvimbela ukukhula kwakho ngokomoya.
Kufanele sibonge abantu abakhuluma iqiniso futhi basisize
.ngendlela engcono kakhulu

* * *

Abazali bavame ukungawanaki amaphutha ezingane
zabo bese bekhetha ukuwashaya indiva Uma bengakwazi
ukubona amaphutha ezingane zabo, akungabazeki ukuthi
kukhona okungahambi kahle ngothando lwabo Abazali
kumele bafunde uthando olungenamibandela ukuze babone
amaphutha ezingane zabo futhi basisize ziwalungise futhi
zingene endleleni efanele

* * *

Uma ufuna ukujabula ngaso sonke isikhathi,
ungazivumeli ukuba uzizwe ukhululekile noma uvilapha, futhi
ungazinaki izithiyo ezibonakalayo ezivimbela injabulo yakho
Yenza konke okusemandleni akho ukunqoba lezo zithiyo
futhi ufeze yonke imisebenzi okudingeka uyenze ngenhliziyo
evumayo nengqondo egxile kuyo

* * *

Nkosi, masibheke ubuhle hhayi ngokwesaba
nangokwesaba, kodwa ngothando nangenhlonipho

Masiqonde ukuthi ukugcina imithetho yakho yokuziphatha
kuzosithwesa umqhele womusa wakho. Uyale imithetho
yokuzinikela ukuze uvikele injabulo yethu. Masilahle izindlela
zesono, ezihlala ziholela ebuhlungwini nasekhluphekeni,
futhi masiqaphele ukuthi ubuhle buyamangalisa kakhulu
kunobubi. Sise siqonde ukuthi ububi, obubonakala buhle
futhi bujabulisa ekuqaleni, kancane kancane buguquka bube
ubuthi obubulalayo, nokuthi okuhle, okuqale kunambitheke
!kubabayo, ekugcineni kuba umpe omnandi

* * *

Ukukhathazeka akusizi ngalutho; kumane kuthwalisa
inhliziyo ukukhathazeka okwengeziwe Lapho usuqedile
imisebenzi yakho yansuku zonke, gwema ukucabanga
ngakho noma ukukuthwala uye ekhaya Ukukhathazeka
kwakha ungqimba olukhulu lwamafu amnyama, anamafu
azungeze ingqondo yakho, okuvimbela ikhono lakho
lokubona indlela ngokucacile nangokulula Kumelwe sifunde
ukuthembela kuNkulunkulu kakhulu
Ukuphila kufanele kugxile ekukhonzeni, ngoba
ngaphandle kwalo mbono womuntu, ukuqonda uNkulunkulu
akunike isintu ngeke kufinyelele amandla aso aphelele. Uma
sikhonza abanye futhi sikhohlwa ubugovu bethu obuncane,
.sizozwa ubukhona bukaNkulunkulu

* * *

Ubuhle budlula ububi kuleli zwe ngoba uNkulunkulu
ungamandla amakhulu Kodwa lapho ububi busehlela, sivame
ukuzizwa singenamandla okulawula noma okunqoba.
Izivunguvungu zobubi azinakugwenywa, kodwa singanqoba
.imiphumela yazo futhi siphakame ngaphezu kwazo

Lapho umfundi enambitha ubumnandi bothando
lwaphezulu, uzwa amagagasi angenamkhawulo enjabulo
emgubuzela, futhi uzizwa elangazelela uNkulunkulu kakhulu
futhi evutha, ngakho uthandaza ngokugxila okujulile futhi

anxuse uNkulunkulu ngokusuka ekujuleni kwenhliziyo yakhe
.aze amphendule

* * *

Uma isimiso esiyisicefe, ukuthanda ucansi ngokweqile,
ukunamathela ezintweni ezibonakalayo, ukukhathazeka
ngokomzwelo, ukuxhashazwa, kanye nokushintsha
okungazelelwe kusuka ekusondeleni kuya ekuzondeni
kuthatha indawo yothando, khona-ke uthando luyanyamalala
.ezinhliziyweni futhi lube yinto yesikhathi esidlule

* * *

Esililweni se-violin kanye nesililo somtshingo, umculo
we-organ kanye nokushaywa kwe-oud, ngizwa izwi
likaNkulunkulu Enhliziyweni yomphefumulo kukhona injabulo
umphefumulo wami oyifunayo Ngizizwele ngokuzumayo
injabulo Yakhe, igcinwe esidlekeni sokuthula kwami
Ngizocindezela isidleke futhi nginambithe umpe wenjabulo
yaphakade

Ukulangazelela uNkulunkulu kusho ukumthanda
Ukulangazelela uNkulunkulu kumelwe kube qotho, kube
msulwa, kujule, futhi kukhanye Uma sifuna ukuthola
impendulo evela kuYe, kumelwe sinikele izinhliziyiyo zethu
kuYe futhi simnxuse ngokusuka ekujuleni kwezinhliziyiyo zethu
size sithole leyo mpendulo ebusisiwe
Uthando lwaphezulu lunamandla kunokufa futhi luhlala
isikhathi eside kunanoma yikuphi ukubonakaliswa kokuphila
kwesikhashana

* * *

Hamba ezindleleni zokuphila ngokuqina
okungenakunyakaziswa okungazi ukuhoxa noma ukubuyela
emuva, nangokholo oluqinile lokuthi amandla kaNkulunkulu
okudala nangenamkhawulo ahambisana nawe futhi
.akusekela njalo

UNkulunkulu uphendula izicelo ezisuka enhliziyweni
zalowo mfundi oqotho oveza ukulangazelela kwakhe
nokulangazelela kwakhe futhi acele usizo lwakhe

ngokuzethemba nethemba, futhi ngokuqinisekile uzoza kuye
.ukuze amsindise futhi amkhulule ebunzimeni bakhe
Ingubo entantayo, njengoba ilandiswa yisazi
:uParamahansa

Ngesinye isikhathi, abangani ababili babehamba eceleni
komfula lapho bebona okwakubonakala sengathi ingubo
entantayo Omunye wabo waziphonsa emfuleni wabhukuda
waya "enguboni". Kodwa-ke, wayethatha isikhathi eside
ukubuyela ebhange. Umngane wakhe waphawula ukuthi
wayenenkinga "ngengubo" nokuthi kwakuyisizathu
:sokulibala kwakhe, ngakho wambiza wathi
"?Kungani ungamshiyi bese ubuyela emuva"
:Umngane wakhe waphendula
Yilokho engizama ukukwenza, kodwa ingubo"
"inginamathele futhi ayingivumeli ngihambe ngibuye
Wamangala kakhulu lapho eqaphela sekwephuzile
ukuthi lokho ayecabanga ukuthi ingubo kwakungeyona into
.ngaphandle kwebhere lokubhukuda
Cabanga ngesimo sonyawo lwakho ngaphambi kokuba]
[!uthathe isinyathelo

Iningi labantu lenza izinqumo kodwa lihluleka
ukuzisebenzisa, futhi ngenxa yalokho, liyawa esicongweni
sempumelelo ngisho noma liphupha ngokukhuphukela
esicongweni Labo abachitha amandla abo okuzimisela
bathola ukuthi lapho belwela kakhulu impumelelo, kulapho
becwila khona odakeni lokwehluleka Labo abanamandla
okuzimisela, nokho, abayeki ukuzama, kungakhathaliseki
ukuthi imizamo yabo yehluleka kangaki, kuze kube yilapho
.befinyelela imigomo yabo esemthethweni

* * *

O Dokotela Wendawo Yonke, ake ngiphuze ngize
ngiphuze amanzi amnandi, aphilisayo okuthula kwakho,

ukuze ngizwe injabulo yakho eqabulayo kanye namandla
.akho angathinteki ubuthakathaka nokukhathala

* * *

Izwi likaNkulunkulu likhuluma nazo zonke izinhliziyi
eziqotho ezizwakala ngokudlidliza okuphezulu. Izwi
lokuhlakanipha lidabula i-ether lifuna imicabango
.evumelanayo efuna ukuthula, injabulo, nolwazi olungcwele

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Umuntu usinika iseluleko sakhe bese esishiya ukuba
sivune izithelo zezenzo zethu [okungaba umphumela
weseluleko sakhe esingalungile] Kodwa uNkulunkulu usinika
isiqondiso futhi indlela Yakhe ihlala iholela enjabulweni
nasebuhleni

Masiphile ekukhanyeni kukaNkulunkulu futhi siqaphele
ukuthi ngemuva kwaleli phupho elibi lasemhlabeni kukhona
ukuvuka kwaphakade Masizizwele ubukhona
bukaNkulunkulu ngemuva kwethunzi elimnyama ngalinye

* * *

Njengoba nje inyosi ihlala ifuna izimbali ezimnandi,
nothando oluvela kuNkulunkulu luzofika ezimpilweni zethu
.uma zigcwele imicabango emihle nezinhloso ezinhle

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Uma ugcwele injabulo ngokwenza abanye bajabule,
ubaphathe kahle futhi ubenze bazizwe bephephile futhi
benokuthula, ujabulisa uNkulunkulu futhi ubhekwa
.njengophumelele empilweni

* * *

Uma sibhekene nezinkinga nabangani bethu noma
abantu esibathandayo, kufanele sizame ukuxazulula isimo
ngokushesha okukhulu. Akusizi ngalutho futhi
akuhlakaniphile ukukhulisa isimo ngokusola, ukuphikisana,
nokuklabalasa, noma ngabe omunye umuntu unephutha.
Singasiza abantu esibathandayo ukuba bathuthukise

ukuziphatha kwabo futhi balungise amaphutha abo
ngesibonelo sethu esihle, kunokuba sisebenzise ukusola
.okunzima namazwi abuhlungu

* * *

Nkosi, ngicela ukuthi umphefumulo wami uthole
ukuthula futhi ubone imisebe yethemba ngemuva kwamafu
okunganaki Kwangathi inyanga yokuqiniseka ingaphakama
esibhakabhakeni senhliziyo yami, ukuze ngizizwe
nginokuthula kwengqondo

Manje sengikuzwa ukhanya engqondweni yami, futhi
amafu okungazi ayanyamalala ngenxa yokukhanya kwakho
okubusisiwe kanye nokuba khona kwakho okududuzayo
.nokubusisiwe

* * *

:Inhliziyo yomuntu ofuna ngobuqotho ihlala inanela
Nkulunkulu wami noThandekayo wami, angifuni"
ukubhajwa yizingibe nemicabango yaleli zwe, futhi ngifuna
ukuvusa uthando lwakho emiphefumulweni yabantu Inhliziyo
yami, umphefumulo wami, umzimba wami, ingqondo yami,
nakho konke enginakho kungokwakho" Uthando olunjalo
luthola indlela eya kuNkulunkulu, futhi umfuni onjalo
uyamazi uNkulunkulu
Nkulunkulu wami othandekayo, ngiyazi ukuthi Ukhona
yonke indawo Njengoba nje amafutha ayigugu efihliwe
eminqumweni engacindezelwanga, kanjalo namafutha
obukhona Bakho obubusisiwe athululelwa ekucindezelweni
kokuzindla Ngawe kanye nokulangazelela kwakho
.okwandayo

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Isilingo siwumqondo okhohlisayo, ophikisanayo, futhi
obikezelwayo wenjabulo. Amandla akhiqizwa yilo mbono
kufanele asetshenziswe ekufuneni iqiniso eliletha injabulo,

kunokuba asetshenziswe ezenzweni ezingalungile ezibangela
.ukukhathazeka nokuhlupheka
Ngokuhlangenwe nakho, ukuzithiba, nokuhlakanipha,
sifunda ukuhlukanisa phakathi kwezinto ezingathandeki
zaleli zwe kanye nobuhle obukhulu nobungenamkhawulo
.kanye nenjabulo kaNkulunkulu

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Ukholo olusenhliziyweni yami luzalwa ukuqonda *
okunengqondo. Lungikhuthaza futhi lungihlebelala ukuthi
.ngimbe ingcebo yothando lwaphezulu ngaphakathi kimi

Ukucabanga ngoNkulunkulu kuyindlela engcono kakhulu
yokwelapha izinkathazo zaleli zwe, ngakho-ke
ngizokusebenzisa ngobuqotho, ngokujulile
nangokungaguquguquki

O Nkosi, thinta iso lokuzindla kwami ukuze *
liphendukele ngaphakathi libone ilanga lenjabulo
engokomoya likhanya enhliziyweni yami

Futhi ngisize ngivule iminyango yokuthula ukuze
ngithole imisebe yokuphulukisa yokukhanya kwakho
okubusisiwe
Ngizosusa ukuphelelwa yithemba futhi ngenze konke
okusemandleni ami ukuzwa ubukhona Bakho, Nkosi,
ngokuzindla, futhi ngizokufuna ngayo yonke inhliziyo yami
.namalungu ami uze uzembule kimi
Ukugcina imicabango yakho ezimweni nasezimweni
ezidlulayo nezishintshayo kuzonciphisa ukuqaphela izinto
zangaphandle. Kunalokho, umuntu kufanele agxile
kokuphakade, okungaguquki, futhi akwenze kube yindawo
yokunaka nokucabanga. Labo abenza kanjalo

bazogubuzelwa amandla kazibuthe angokomoya futhi
.bakhanyiswe ukukhanya kwaphezulu

* * *

Kwangathi iphunga lakho, Nkosi, lingaphuma embalini
yomphefumulo wami futhi lidonsele imiphefumulo
ethempelini lobukhona bakho
Kwangathi uthando lwakho lungangena enhliziyweni
yami, ukuze lushaye ngokuvumelana nangokuvumelana
nawo wonke umuntu

Busisa imicabango yami, Nkosi, ukuze ngilethe abomile
bomphefumulo wami emthonjeni wokuthula Kwakho. Yiba
yisimenywa sami saphakade futhi uhlale ethempelini
.lokuthula nenjabulo yami

Angisoze ngakukhohlwa, futhi angisoze ngahamba
ezindleleni zokuphila ngaphandle kwakho
Ngiphe ukulangazelela okujulileyo, futhi ekuzwakaleni
okuphilayo kokuzinikela kuwe, ake ngizwe izwi lakho
.elibusisiwe

Nsuku zonke ngizofuna injabulo kakhulu engqondweni
yami futhi kancane kancane ngezifiso zezinto ezibonakalayo
Ngiyakhothama kuwe, Nkosi, ngokubonga
nangokubonga, ngoba ngomusa wakho, ukuthambekela
kwami okungokomoya kanye nokuthambekela okuhle
kuzonqoba izinto ezimbi kanye nobubi empilweni. Ngisize
ngiqinise ukuzimisela kwami kokuyeka imikhuba elimazayo
eletha imiphumela emibi futhi ngihlakulele imikhuba emihle
futhi ungisize ngigcine ilangabi lethemba livutha
.enhliziyweni yami njengoba ngihamba ngiya kuwe

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Intando yomuntu akufanele igqilazwe yizifiso, izifiso,
nemikhuba elimazayo. Lokhu akusho ukuyeka ukusebenzisa
intando, kodwa kunalokho ukusebenzisa ukuqonda

ekusetshenzisweni kwayo ukuze ivumelane nentando
.kaNkulunkulu

Noma ubani ofisa injabulo nempumelelo kumelwe abe
nokholo oluqinile kuNkulunkulu, aphakamise ukuqaphela
kwakhe ezingeni lokuthula kwangaphakathi nokuthula,
agxile esibindini nesibindi, abe namandla okuzimisela
nokuzimisela, futhi enze imisebenzi yakhe ngokuthula
.nangokuzethemba

* * *

Ngikulungele ukunikela impilo yami yonke kumuntu
oyedwa oqotho, kodwa ngiyabagwema abazenzisi nabantu
abangeqotho. Angibathophi noma ngibakhohlise, futhi yile
.ndlela okufanele siphile ngayo kuleli zwe

* * *

Kumelwe sibe nesibindi, sibe qotho, futhi sizizungeze
hhayi nje kuphela ngalabo esingabakhuthaza, kodwa nalabo
abangasikhuthaza

* * *

Ngingafeza yonke imisebenzi yami ngokuboleka
amandla ami kuNkulunkulu kuphela. Ngakho-ke, isifiso sami
sokuqala ukumjabulisa. UNkulunkulu uluthando lokuqala
enhliziyweni yami, isifiso esikhulu kunazo zonke ngaphakathi
kimi, kanye nomgomo wokugcina wentando nengqondo
.yami

Ukulinganisela kuhle futhi kufanele kube yisisekelo
nesisekelo semizwa nemicabango yethu

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Umuntu onozwela, othanda ukungabi nabugovu,
akavumeli ubugovu bumlawule, ngoba akunakwenzeka
ukuthola injabulo emsulwa ngaphandle kokuba umuntu
enomqondo ovulekile nenhliziyo enhle, efuna futhi efisela
abanye injabulo kanye naye ngokwakhe. Lesi isimiso
.esijwayelekile nesingenakuguquka

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Ngisakhumbula lapho ngiba nesipiliyoni
esingalindelekile; ngemuva kwamafu okuzindla, ukuvela
kwenjabulo engokomoya kwavela ngokuzumayo futhi
.kwangigubuzela

Lokho okuhlangenwe nakho okubusisiwe kwadlula konke
obekulindelwe ngazizwa ngijabule kakhulu, futhi ukukhanya
kwenjabulo kwakhanyisa yonke indawo emnyama
yokuqonda kwami, kwasusa izithunzi zokudideka nemibuzo
Lokho kukhanya—njenge-X-ray—kwahlaba ezindaweni
ezimagebhugebhu futhi kwembula izinto ezazingale
kombono ojwayelekile

* * *

Ukushaya okungapheli kwenhliziyo yakho kumemezela
ngobumnene ukuba khona kwamandla angenamkhawulo
ngale kwamasango olwazi lwakho. Ukushaya okumnene
:kokuphila okuzungezile konke kukuhlebelela
Ungamane nje uthole umfudlana omncane wempilo"
yami, kodwa wandise ububanzi bezinzwa zakho bese
ungivumela ngicwilise igazi lakho, umzimba, ingqondo,
izinzwa, kanye nomphefumulo wakho ekushayweni kwempilo
"yami yasemkhathini

* * *

Nkosi, ake ngizwe ubukhona bakho kuzo zonke izenzo
engizenzayo Ngisize ngisuse isithunzi sokwesaba esifihla
ukukhanya kwesiqondiso sakho Futhi vumela izimbali
zokulangazelela kwami ziqhakaze ensimini yenhliziyo yami
njengoba ngilinde ukusa kokufika kwakho

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Susa imicabango yokwehluleka ngemicabango emihle
yempumelelo futhi ube nethemba, futhi ususe ukwesaba
ngokungacabangi ngakho
Susa usizi ngokukhanya kwenjabulo, bese ushintsha
inkulumo engenamsebenzi ngothando nenhlonipho
Susa imicabango engemihle esihlalweni sempilo bese
uyishintsha ngemicabango ephilile nemizwa enempilo

Khulula inhliziyo yakho yokukhathazeka
nokukhathazeka, futhi ususe amafu okungazi emkhawulweni
wempilo yakho
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Umuntu onqoba empini yokuphila uphethe ukuhlupheka
kwakhe njengesibonakaliso sodumo esifubeni sakhe
* * *

Ngibusise, Nkosi, ukuze ngibone okuhle kuphela,
ngicabange okuhle kuphela, futhi ngizihlanganise nabantu
abalungile nabahle kuphela. Mangicabange ngawe, Wena
.ongumthombo wakho konke okuhle nokulunga

Susa imimoya yobumnyama kimi, ungibheke
usenhliziyweni yesibhakabhaka nasemasangweni enhliziyu
yami nemizwa yami, bese ubonakala kimi ethempelini
.lothando lwami ngawe
* * *

Kumelwe senze konke okusemandleni ethu ukugcina
imizwa yethu ilawulwa ngaso sonke isikhathi, ukuze sikwazi
ukulawula imizwa yethu futhi sizithibe noma nini lapho
sihlangana nabantu abanobuntu obubi abathanda
ukuphazamisa ukuthula kwabanye futhi bonakalise isimo
.esibazungezile

Into yokuqala okufanele icatshangelwe ekuziphatheni
komuntu ukuzithuthukisa. Umuntu omuhle, ngokuziphatha
kwakhe okuhle, angasiza labo abamzungezile ukuba
.bashintshe babe ngcono
* * *

Ukuzikhandla ngezifiso kuyayiphuphuthekisa ingqondo,
futhi lapho inkungu yezifiso igubuzela ingqondo yomuntu,
ulahlekelwa ibhalansi yakhe yangaphakathi futhi enze
ngaphandle kokuqonda, azi ukuthi ukuqonda
okungokwemvelo kungamandla ashukumisayo ngemuva

kwesenzo ngasinye esizwakalayo kanye nokuziphatha
okuqondile Lapho isiteringi samandla engqondo yomuntu
.siphuka, nakanjani uzophelela egodini lobuhlungu nosizi

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Ngokushesha noma kamuva, imicabango yokuphila
izonyamalala, futhi injongo yayo izocaca Lapho imicabango
yobuntwana nobusha ishabalala, yini esele? Singathola
injabulo yangempela kuphela ngokusondela kuNkulunkulu
nangokuzwa ubukhona Bakhe, okugcwalisa umphefumulo
.ngokuthula nokuthula

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Kumelwe sibe nengqondo kulokho esikulindele futhi
sicele uNkulunkulu ukuba agcwalise izidingo zethu
ezibalulekile kuphela, futhi sazi umehluko phakathi
kwezidingo zangempela nezifiso ezingadingekile. Indlela
engcono kakhulu yokuhlukanisa phakathi kwalokho
okudingekayo nokungadingeki ukusebenzisa ingqondo
nokucabanga hhayi ukufisa ukuthola izinto ezingenamsoco
.ezingasisizi futhi ezingcono ngaphandle kwazo

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Ngingahamba ngale kwamaplanethi nezinkanyezi
ezikude kakhulu
Kodwa ngizohlala ngikuthanda
Abalandeli bakho bangase beze, noma bangase
bahambe ngendlela yabo
Kodwa ngizohlala nginawe futhi ngiyakuthanda
Ngingase ngiphonswe amagagasi okuzalwa kabusha
okuningi
Ngizizwa nginesizungu futhi nginesizungu
Noma kunjalo, ngizohlala ngikuthanda
Izwe eliphazamisekile lingase likukhohlwe
Kodwa ngizohlala ngikukhumbula
Izwi lami lingase liphele futhi lingilahlekise
Kodwa ngamazwi omphefumulo wami ngizohlebelala
:ngithi

"Ngizokuthanda njalo"
Izilingo, ukugula, nokufa kungangidabula
Umzimba wami wahlungwa, kodwa uma nje usalokhu
usenkumbulo yami
Kusala ukukhanya kwethemba; bheka emehlweni ami
afayo

:Ngizokutshela ngabo
ngizokuthanda kuze kube phakathi
!Futhi ngizohlala ngithembekile kuwe

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Uma uthi "uNkulunkulu unami," okuhle kuphela
okuzokuza kuwe kusuka emicabangweni yabanye. Zizungeze
noNkulunkulu, ngoba igama lakhe elingcwele kakhulu
lingamandla aphezulu, isihlangu esingenakunqotshwa lapho
konke ukudlidliza okubi nemicabango kuzogoba futhi
.kuphambukise khona

Injabulo engokomoya itholakala ekuzindleni njalo
ngoNkulunkulu kanye nokulangazelela Yena okwandayo,
futhi kuzofika isikhathi lapho ingqondo ingeke isanyakaziswa
noma inyakaziswa ukukhathazeka. Khona-ke, akukho
ukuhlupheka ngokomzimba noma inkinga yengqondo
eyokwazi ukuphambukisa ingqondo ebukhoneni
.bukaNkulunkulu ophilayo

Yeka ukuthi kumnandi kanjani ukuzizwa useduze
noNkulunkulu, ukucabanga ngaYe, nokuzwa ubukhona
!baKhe njalo

* * *

Kufanele ulwele ukufeza umgomo wakho
osemthethweni ngethemba nenjabulo, futhi ukulindela nje
ukuwufinyelela kufanele kulethe injabulo emphefumulweni
wakho. Kufanele futhi ujabule lapho ufinyelela lowo mgomo
.ngoba uyimpumelelo efanele ukukujabulisa

* * *

Kuthiwa inyosi ithanda kakhulu iphunga le-lotus
kangangokuthi ihlala enhliziyweni yembali isikhathi eside,
imunca umpe. Ngokwenza kanjalo, amacembe e-lotus
ayasondela kuyo, futhi ihlangana nokufa kwayo ngaphakathi
kwe-lotus. Bese kuba khona inyamazane yezifunda
ezisenyakatho, idakwe yizingoma zomtshingo. Lapho
umzingeli edlala umtshingo, inyamazane iza kuye futhi
ihlangana nesiphetho sayo esibulalayo. Kukhona nezindlovu
ezithile ezifuywayo; indlovu yesifazane isetshenziselwa
ukuheha nokubamba ezinye izindlovu. Kulesi simo, isazi
:sefilosofi esikhulu sasho okuthile okuphathelene nalokhu

Inyosi ithakaselwe yiphunga layo
Futhi inyamazane yenza umsindo wokushaya ikhwela
Indlovu eboshiwe iyawa
Ngenxa yokuthinta okuvusa inkanuko

Kodwa kuthiwani ngomuntu onazo zonke lezo zinzwa?
Iseluleko sesazi sefilosofi kuye sithi: "Ungabi yisigqila
sezinzwa zakho, futhi ungavumeli lutho noma ubani
"akulawule

Mina ngithi: "Khumbula ukuthi zonke izinzwa zakho
zibekwe ekukhonzeni kwakho futhi kufanele ulalele imiyalo
"yakho futhi uhambisane nentando yakho eqondile

* * *

Amanzi neqhwa kuyizibonakaliso zezinto ezimbili
ezingabonakali, umoya-mpilo ne-hydrogen, futhi ukuba
khona kwazo kumane nje kuyinto engenasimo futhi
yesikhashana. Ngokufanayo, ingqondo yomuntu nezinto
ezidaliwe kuyizibonakaliso zengqondo yendawo yonke,
enezinto ezilinganiselwe kuphela, ngoba empeleni, ingqondo
.yendawo yonke kuphela ekhona ngempela

* * *

Kukhona abantu abangathembi muntu futhi abangabaza
ukuthi kungenzeka bathole abangane beqiniso; abanye baze
baziqhayise ngekhono labo lokuphila ngaphandle
kwabangane. Kodwa labo abangakwazi ukubonisa uthando
nobungane kwabanye bayawushaya indiva umthetho
wokwanda ngokomoya, lapho umphefumulo unweba khona
imiphetho yawo futhi ubuyela ekwamukelweni ngumoya
.waphezulu

* * *

Uma umuntu ezihlaziya, kumelwe abe nesifiso
esinamandla sokususa ubuthakathaka bakhe futhi azenze
lokho okufanele abe yikho, futhi angavumeli ukudumazeka
kunciphise ukuzimisela kwakhe lapho eqaphela amaphutha
.okukhanyiselwa ukuzihlola ngobuqotho

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Izimo ezimbili zenjabulo: ukuphila kalula nokucabanga
kakhulu

Ngesikhathi ngiseyingane, ngangibhalela uNkulunkulu
incwadi. Ngangisemncane futhi ngingazi kahle ukuthi
ngiyibhala kanjani, kodwa ngangimtshela izinto eziningi
engangizicelelanga lutho, kodwa ngangimcela ukuba
angifundise okuthile ngaye, futhi nsuku zonke ngangilinda
umuntu othumela iposi ukuba angilethele impendulo
.yencwadi yami

Angikaze ngingabaze enhliziyweni yami. Ngelinye ilanga
ngathola impendulo embonweni, lapho ngibona izinhlamvu
zomyalezo obusisiwe zikhanya ngokukhanya kwegolide
ngangingakwazi ukukufunda kahle, kodwa ngawuqonda
umyalezo kanje : "Ngingukuphila futhi nginguThando, futhi
ngiyakunakekela ngabazali bakho!" Ngabe sengiqonda futhi
.ngazizwa ubukhona bukaNkulunkulu

* * *

Ngizosebenza ekukhohlweni ubunzima bami besikhathi
esidlule, ngizobhekana nesikhathi samanje ngesibindi, futhi
ngizolinda ikusasa ngithembeke ngokuphelele kuNkulunkulu

Ngiyazi ukuthi zonke izifiso ezinhle engizizwayo
enhliziyweni yami zizogcwaliseka ngosizo lukaNkulunkulu
Ngizokwenza konke okusemandleni ami ukuzithuthukisa
ukuze ngithole ukuqonda okukhulu ngencazelo yokuphila,
futhi ngizozama konke okusemandleni ami ukuthola
ukuhlakanipha, ngivuse ukuqonda komphefumulo, futhi
.ngihlangane neqiniso eliphelele

* * *

Nkosi, ngizojabula ekukhanyeni nothando oluvela
emseni wakho omkhulu, futhi ngizophakamisa amavesi
.okubonga nokubonga kuwe ngokuqaphela umusa wakho
Ngizoba qotho emcabangweni, ezwini nasezenzweni,
futhi ngizozama ukwenza abanye bajabule ngoba injabulo
yami ivela enjabulweni yabo, futhi ngizozihlukanisa mina
.ngibe ngumuntu ophelele

Uthando luyinhliziyi yazo zonke izidalwa
Uthando luyingxoxo ethule phakathi kwezinhliziyi

ezimbili

Uthando luyisimemo sikaNkulunkulu kuyo yonke indalo

Ukuze ibuyele ekhaya layo lasezulwini ikhaya lobunye

bendawo yonke

Uthando luzalwa ezingadini zemiphefumulo eqhakazayo.

Luyi-nectar endala futhi emnandi kakhulu, egcinwe ezitsheni

.zezinhliziyi eziqotho neziqotho

Labo abaziyo bayaqonda ukuthi wonke amandla
adingekayo ukuze kufezwe imisebenzi avela kuNkulunkulu

Labo abathola ukuthula okungokomoya (ukuthula
kwengqondo) bathola injabulo yangaphakathi evuselelwe,
kungakhathaliseki ukuthi badlala yiphi indima emhlabeni.

Umuntu onjalo uphila futhi aphile impilo yakhe

.ngokwentando kaNkulunkulu

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Ukuphazamiseka kwengqondo kuyaphazamisa futhi
kuphazamise ingqondo, isimo sengqondo esiguquguqukayo
sifihla umbono ocacile, futhi ukuqhuma kwemizwa
kubangela ukungaqondani. Iningi labantu alikwenzi
ngokuqonda nangokucabangisisa, kodwa ngokwemizwa
yabo. Ngaphezu kwalokho, ukucwasa kanye nokubandlulula
kufiphaza ilensi yokuqonda, kuhlanekezela ukuqonda, futhi
kuvimbele umbono ocacile nongacacile. Ngakho-ke,
ukuqonda kumele kuhlanzwe kuzo zonke izinsiza
zokudideka, ukuphazamiseka, kanye nokubandlulula
okuvimbela ukwahlulela okunengqondo kanye nokuqonda
.okunembile

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Kukhona iNkosi yale ndawo yonke enikeze isintu
ukuzimela, ikhono, kanye nokuhlakanipha Abantu
bangamthola uNkulunkulu ngesipho sokucabanga, kodwa
uma bechitha isikhathi sabo ngokunganaki ngaphandle
kokwenza umzamo odingekayo wokuthola injongo yokuphila
nokwazi uMdali wabo, bachitha amandla ayigugu
abawanikwe nguNkulunkulu futhi abasoze bathole injabulo
.yangempela

Nakuba ngenza izinto eziningi, angizizwa ngivinjelwe
yilokho engikwenzayo, ngoba ngiyaqaphela ukuthi leli zwe
alilona ikhaya lami

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Ukufuna uNkulunkulu akusixoleli ekunganaki imisebenzi
yethu yezinto ezibonakalayo, engqondo, kanye
neyomphakathi ezinkingeni zokuphila. Ngakolunye
uhlangothi, umuntu ofuna izinto ezingokomoya ngempela
ufunda ukuzithiba nokulawula imizwa yakhe, imikhuba,
kanye nezifiso zakhe ukuze akhulule ithempeli lokuphila
ebumnyameni bokungazi ukuze abone ubukhona

bukaNkulunkulu Njengoba nje amatshe ayigugu endlini
emnyama engabonakali, kanjalo nokuqwashisa
okungokomoya akunakubonwa uma nje amandla okungazi
.kanye nokungezwani kwengqondo kumbusa umuntu

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Ulwandle lungase lufise ukuzithela enkomishini, kodwa
indebe ingakwazi ukuzibamba. Ngokufanayo, iqiniso
lingelawo wonke umuntu, kodwa labo abanokuqonda
okulinganiselwe abahlolisisi ngokwanele ukuze bafune futhi
bahlole, futhi abazikhathazi ngokucwila ngaphansi
kwamanzi; ngakho-ke, abakwazi ukuthola iqiniso. Kumelwe
senze konke okusemandleni ethu ukwenza ucwaningo
.olujulile nokuthola ingcebo

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Uthanda ukwenqaba noma yimuphi umcabango omubi
ozama ukungena engqondweni yakhe ngenkathi egxile
endabeni engathi sína noma endabeni ebalulekile. Abantu
abaningi bacabanga ngezinye izinto lapho benza izinto
ezibalulekile. Isibonelo, ngesikhathi ijaji likhipha isinqumo
salo sokugcina endabeni ebucayi yokuphila noma ukufa
komunye umuntu, ngesikhathi esifanayo wayecabanga
ngokuphathwa kabi ayekuthole kumkakhe ngalolo suku,
futhi wayecasukile ukuthi isinqumo sakhe ekhaya
.sasingaphoqelelwa

Uma lo mahluleli enza isinqumo esingalungile futhi
egweba umuntu ongenacala ukufa ngenxa yokungagxili
kahle engqondweni, naye uzoma esolwa futhi agwetshwe
phambi komahluleli omkhulu kunabo bonke, okuwumthetho
.ojwayelekile ongakhethi noma othanda izihlobo

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Umoya wokuphefumulelwa kwakho uxoshe wonke
amafu, futhi isibhakabhaka semicabango yami sesicacile
futhi simsulwa, futhi ngamehlo ahlanzekile ngikubona yonke

indawo. Imisebe yelanga lakho elibusisiwe ingena ekujuleni
komphefumulo wami, futhi ngendlala yezizukulwane
.ngiyondliwa ukukhanya kwakho okubusisiwe

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Kuleli zwe eliguquguqukayo, eliyingozi,
nelingaqinisekile, uzizwa uwedwa ngokuphelele UNkulunkulu
kuphela ongeke akulahle noma akudumaze amathemba
akho

Ngibusise, Nkosi, ukuze ngihlakulele imbewu yamandla
angokomoya nempumelelo ngaphakathi kimi, futhi ukuze
.ngisebenzise lawo mandla ngezindlela ezikujabulisayo

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Nkosi, lapho ngingedwa emicabangweni yami,
ngilangazelela ukuzwa izwi Lakho Susa kimi amazwi
omhlaba ahlala enkumbulweni yami Ngilangazelela ukuzwa
izwi Lakho elizolile likhala ngaphakathi emphefumulweni
wami. Bamba ubukhona bami futhi ungenze ngizwe
ubukhona Bakho obubusisekile ngaphakathi kwami nakuzo
.zonke izindawo ezingizungezile

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Kulula ukubona ukuthi umuntu wondliwa yini
ngokwengqondo yindawo enokuthula noma exabene

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Ukwesaba kwangaphakathi, ukucindezeleka
kwengqondo, noma ukukhathazeka okuvela
ekuzihlanganiseni nabangane nezihlobo abangalungile konke
kunomthelela ekudambiseni ingqondo kanye nesimo
sengqondo esikhathazekile Labo abanesimo sengqondo
esizolile nokuthula, ngakolunye uhlangothi, basiza
.ekwakheni isimo sengqondo esinempilo nesinamandla

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UNkulunkulu uyasivivinya ukuze aqinise ukuzimisela
kwethu, angasiphuli Ukungazi kuyasibhubhisa uma sibeka

lonke ithemba lethu enyameni Labo abaphikelela ekufuneni
kwabo iqiniso bathola ukuphila okuphakade Leli zwe
liyisithando esivuthayo lapho imiphefumulo yethu ibunjwa
khona, ivela njengensimbi yokuhlakanipha namandla
angokomoya

Abantu banamandla angasetshenziswa—wonke amandla
abawadingayo uNkulunkulu ubaphe amandla okucabanga
ukuze bazikhulule ezithiyweni zomhlaba ezibabophayo futhi
zibagcine beboshiwe yimikhuba nezifiso Labo abazimisele
namuhla ukungavumeli izinselele zokuphila ziphule intando
yabo futhi zivimbele intuthuko yabo bazonikezwa amandla
okuzinqoba

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Ungavezi zonke izimfihlo zakho kwabanye ngegama
lokwethembeka Uma uveza ubuthakathaka bakho kulabo
abanganaki, bazosebenzisa ithuba lokukuhleka uma befuna
ukukulimaza Kungani ubanika okuthile abangakusebenzisa
?ngokumelene nawe futhi bakuzwise ubuhlungu

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O isiphuzo esiqabulayo senhliziyo yami, ngiphuza wena
njalo, kodwa ibhodlela lomqondo wami lihlala lichichima.
Angazi igama lalesi siphuzo esibusisiwe, kodwa ngiyazi
ukuthi umpe wothando lwaphezulu onginika injabulo
.evuselelwe ngokomoya

Injabulo engokomoya ivuselelwa njalo ngoba ayizalwa
yizifiso ezidlulayo. Ibonakala emphefumulweni
olangazelelayo ngalezo zikhathi lapho izinkathazo
zengqondo ziphela khona futhi imikhuba elimazayo kanye
nokuthambekela okukhathazayo kuyanyamalala ngaphansi
kokuthula kwangaphakathi okuvela ekujuleni kokuqonda
.komphefumulo

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Akukho kuqhathaniswa phakathi kwabacebile bomhlaba
nabacebile bomoya, ngoba abacebile bomoya bangabacebile
.kakhulu kunabacebile emehlweni kaNkulunkulu

Namuhla, ngizimisele ukunganqotshwa ukuphelelwa
yithemba, ukukhungatheka, nokuzisola ngamathemba
alahlekile namaphupho angagcwaliseki Esikhundleni
sokuzivumela ukuba ngihlale ngivalelwe futhi
ngilinganiselwe, ngizophila ngokuvumelana nezisusa
zokuhlakanipha, ngazi ukuthi ngokwenza kanjalo, ngizothola
.injabulo engiyifunayo

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Ngiyabonga, Nkosi, ngokungikhumbula njalo, ngisho
noma ngingakukhumbuli, nangokungigcwalisa ngokubonga
ngezibusiso ongiphe zona. Ngibusise ukuze ngiphile
.ngokukukhumbula njalo

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Uma ingqondo ihlanzwa ekubandlululweni futhi
ikhululiwe ezinkolelweni, sizoba nokuqonda okusikhuthazayo
hhayi ngezikhathi ezithile kuphela kodwa nsuku zonke
zokuphila kwethu ngokuvuselela amandla nobusha
bemizimba yethu, ukuqinisa imicabango yethu, nokushaja
.imiphefumulo yethu ngemisinga yokuhlakanipha nenjabulo

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Yakha umkhuba wokukhuluma iqiniso ngaphandle
kokusho okungadingekile, futhi ugweme ukusho noma yini
.engase ilimaze abanye noma engalikhonzi iqiniso

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Iningi lamabhizinisi alikwazi ukwenza imali kahle, futhi
aliphumeleli ekuphatheni amabhizinisi alo, futhi alibona
abayeni abahlakaniphile, ngoba uma besemahhovisi abo
bamatasa ngezinkinga zabo zasekhaya namakhosikazi abo,
futhi uma besekhaya izingqondo zabo zigxile ezinkingeni
zabo zomsebenzi. Umuntu akufanele azame ukugxila
.ezintweni ezingaphezu kweyodwa ngesikhathi

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Uma umuntu onephutha enquma ukuzilungisa futhi
athuthukise isimo sakhe sibe ngcono ngokuhlangana
nabantu abalungile, uzoshintsha abe ngcono, kuyilapho

umuntu ongokomoya elahlekelwa ingokomoya lakhe futhi
ebuyela emuva ekanye nalabo abanezisusa ezimbi kanye
.nokuthambekela okubi

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Khumbula ukuthi isifiso sokusondela kuNkulunkulu
yindlela engcono kakhulu nehloniphekile yokusebenzisa
amandla okuzimisela, ngoba uNkulunkulu kuphela
ongunaphakade futhi ongunaphakade, futhi kuvela kuYe
konke okuhle Hlakulela amandla akho okuzimisela futhi
ugweme izifiso ezilimazayo; ungasebenzisi amandla akho
okuzimisela ukuze uzigcwalise, ngoba kuwumzamo
ongenamsebenzi kanye nokuchitha amandla. Feza
imisebenzi yakho kulokhu kuphila ngangokunokwenzeka,
ngesikhathi esifanayo ubheka impilo njengephupho
elidlulayo. Lola ukuzimisela kwakho futhi usekele intando
.yakho olwazini lukaNkulunkulu

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Uma umuntu ephila impilo yakhe ngokuhlakanipha
nangokuqonda, uzothola ukuthi ukufa kuwumvuzo kanye
.nokuguqukela esimweni esingcono ezweni elingcono

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UMfundisi uParamahansa wanikeza omunye wabafundi
:bakhe iseluleko esilandelayo
Ungabi ngohlangothi olulodwa; kunalokho, phila impilo
yokuhleleka nokulinganisela, ubeke imisebenzi yakho
phambili Umsebenzi uwumsebenzi owenziwa
ngokuzithandela nangesifiso sangempela, hhayi ngenzondo
noma umuzwa wesibopho Nakuba ukuqaphela
okungokomoya nokuziphatha kufanele kube yinto ebaluleke
kakhulu, umsebenzi wezinto ezibonakalayo akufanele
udebeselelwe, njengoba ubaluleke kakhulu futhi kufanele
uqiniswe yizibopho zomphakathi, zesizwe, nezamazwe
ngamazwe

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"Futhi ngaphezu kwakho konke, thembeka kuwe"

Lesi sisho siqokomisa uhlu lwezeluleko ezidumile
ezanikezwa uPolonius encwadini kaShakespeare ethi Hamlet,
futhi sisho ukuthi, phakathi kwezinye izinto, ukwethembeka
kuwe nokungenzi lokho umuntu azizwa ejulile akulungile.
Ngempela, unembeza ocacile nophilayo unikeza umniniwo
injabulo namandla adlula ngokubaluleka kwayo yonke
.ingcebo yendawo yonke

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Amandla okugxila okuphezulu athulisa izivunguvungu
zokukhathazeka, anciphise umfutho wokukhathazeka,
anciphise izifiso ezingalawuleki, futhi adonsele
ukuhlakanipha kwaphezulu okungashintshi noma
.okushintshayo

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Impumelelo ayixhomekile esiphethweni noma
enhlanhleni, kodwa ekuzivumelaniseni, ngokuzindla,
.nemithetho yendawo yonke

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Akukho lutho futhi akekho okufanele avunyelwe
ukuhlala esihlalweni sobukhosi senhliziyo, okufanele
sinikezelwe kuNkulunkulu kuphela

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Isimo sengqondo somuntu senza imizwa yakhe ibande
futhi ukuqonda kwakhe kungabi sezingeni elifanele, okwenza
.kuba nzima ngaye ukuzwana nabanye abantu

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Impilo yasekhaya kufanele ibe yipharadesi, kodwa
intukuthelo embi ingakuguqula ibe yisihogo Indoda ingase
ibuye ekhaya ithole umkayo ecindezelekile futhi ecasukile,
okwenza kube nzima ukuthi axhumane naye Noma ingase
ibuyele ekhaya isesimweni esibi, okwenza kube nzima ukuthi
axhumane naye Ngakho-ke, izinkinga eziningi zehlela
abanye ngenxa yentukuthelo engaphili kahle

Uma ilungu lomndeni lithukuthele noma lingenandaba,
uthinteka ngokushesha yisimo salo sengqondo Noma ungase
uye kothile othukuthele kakhulu, bese umthola enesimo
sengqondo esibi futhi ephikisana, bese ekhuluma amazwi
abuhlungu aqeda injabulo yakho ngokushesha, akwenze
.ufune ukuziqhelelanisa nawe
Unganaki ubuntu babanye abantu futhi ungabavumeli
bakuthonye

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Ngibhekane nezilingo eziningi empilweni, futhi ezinzima
kakhulu kulezi kwakungabantu abangihlulela kabi Ngibonile
abantu engibathandayo futhi nganikela inhliziyo yami ukuba
ingangiqondi kahle futhi ingiphendukele Kodwa lokhu
akuzange kudale ulaka emphefumulweni wami ngoba ulaka
lufiphaza ukuqonda
Angizivumeli ukuba ngilinyazwe ukungaqondi kahle
kwabanye ngami, kodwa kunalokho ngizama ukubasiza uma
besabela futhi ngibathumelela izinhloso ezinhle nezifiso
.ezinhle

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Izenzo zokulunga zifana nokuphuza umpe omuhle
nomnandi wobuhle, kuyilapho izenzo ezimbi ziwubutha,
njengokudla uju olunobuthi Izenzo nokuziphatha okulimaza
impilo futhi kuholele ekucindezelekeni kwengqondo
nasekungazini kufanele kugwenywe ngokuphelele Ukuzitika
ngezinto eziyingozi zazo zonke izinhlobo ngokungafanele
kuyindlela yokungena kwezinkinga zengqondo, izifo, kanye
nobuhlungu bomzimba

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O sithandwa sami saphezulu
Ungumthombo wothando olugeleza enhliziyweni
yobungane, kanye nemisebe efihliwe yokufudumala evula
.imivimbo yemizwa ezinhliziyweni zabangane
Nezinkondlo ezithinta inhliziyo ezidumisa ubukhosi,
ukwethembeka, nokuzinikela

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Lapho ngithumela uzwela lwami kanye nentando yami
kwabanye, kulapho ngivula khona imigudu engokomoya
lapho uthando lukaNkulunkulu lugeleza khona kimi. Uthando
lwaphezulu luyimagnethi edonsela futhi ilethe okuhle
.kakhulu

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Kubalulekile ukuthi umuntu azimisele ukulondoloza
ukuthula kwakhe kwangaphakathi nokuthula, noma ngabe
uhlala nezihlobo ezikhathazayo, usebenzela umqashi
onokhahlo, usebenzelana nalabo ababheka njengabaphikisi,
noma ubhekene nanoma yiziphi izilingo zokuphila. Uma
ephikelela nalesi sinqumo ekuphileni kwakhe kwansuku
zonke futhi engadikibali ngemva kwezinsuku ezimbalwa
zokuhlangenwe nakho okunjalo, uzothola ibhalansi
.yangaphakathi futhi athole injabulo yengqondo

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Ububi nesono akuzona izinto ezingokwemvelo kumuntu,
.kodwa zivela ngaphandle futhi zitshalwe ngaphakathi kuye

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Igolide eligqitshwe ngaphansi kodaka alilahlekelwa
yimvelo yalo; likhanya ngobumsulwa balo bemvelo uma
udaka selususiwe Ngokufanayo, ubuhle bukhona
ngaphakathi komphefumulo womuntu naphezu
kwezingqimba zokungazi eziwumboza futhi ziwufihle
Kungakhathaliseki ukuthi igolide lomphefumulo lingcoliswe
kangakanani udaka olukhulu noluqinile lokungazi, sidinga nje
ukugeza lolo daka ngamanzi okuhlakanipha ukuze sembule
ukukhanya okuhle kwegolide langempela lomphefumulo

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Abantu bavame ukugxila ekugxekeni omunye nomunye,
yingakho bengaziboni izimfanelo ezinhle zomunye umuntu

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Ukungazi kukhona ngokulinganayo eMpumalanga
naseNtshonalanga. Lapho abantu abangazi abavela

eMpumalanga naseNtshonalanga behlangana, bayaxabana
futhi abakwazi ukuvumelana, bebonisa ukukhazimula kwabo
kokuziqhenya nokuzilungisa ngaphandle kokulalela noma
ukuhlonipha eminye imibono, noma ngabe ilungile. Kodwa-
ke, lapho abantu abahlakaniphile abavela eMpumalanga
naseNtshonalanga behlangana, bahlola izinto ngobuqotho
.futhi basebenzele ukubambisana okuzuzisa wonke umuntu

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UNkulunkulu usinike umphefumulo, ingqondo
nomzimba, futhi kumelwe sihlakulele lezi zipho ngendlela
evumelanayo nelinganiselayo Akufanele sizivumele sibe
yizigqila zendawo esikuyo noma iziboshwa zomkhuba

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Abazali abakhule ngokomoya bangasiza umhlaba
ngokukhulisa izingane ezinezimo ezingokomoya
nangokuthatha indlela yokuphila elinganiselayo ebonakala
.ngokuzindla nokuzithiba

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Isifiso yisifiso esingenalo ikhono lokugcwaliseka,
kuyilapho inhloso inamandla kunesifiso Ngakolunye
uhlangothi, amandla okuzimisela angamandla ashukumisayo
ngemuva kwaleso sifiso, kanye namandla asebenzayo
okusifeza Lokhu kuhilela umzamo ogxile futhi oqhubekayo
kuze kube yilapho isifiso sigcwaliseka Bambalwa kakhulu
abantu abafisa ngempela futhi bafeze lokho abafisa
ukukufeza! Yiqiniso, umuntu akufanele asebenzise amandla
okuzimisela ukwenza izenzo ezihlazisayo nezinecala,
njengoba lokhu kweqa injongo yangempela yamandla
okuzimisela futhi kuletha imiphumela emibi nelimazayo
Amandla okuzimisela komuntu kufanele aqondiswe
ukuhlakanipha nokuqonda, okuholela ekukhanyiselweni
nasekusondeleni kuNkulunkulu

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Konke okuhle nokubalulekile empilweni kuvame
ukufihlwa ezimayini ezimbozwe yimfihlakalo Amagugu

angavamile kunzima ukuwathola kalula, futhi amagugu
angokomoya ayigugu kumelwe avunjululwe futhi akhishwe
ngamathuluzi okuqonda nokuhlakanipha

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Ukuletha injabulo kwabanye ngamazwi anomusa
neseluleko esiqotho kuyizimpawu zobukhulu bangempela.

Ngakolunye uhlangothi, ukulimaza abanye ngamazwi
okugcona, ukubuka okubi, kanye neziphakamiso zobugovu
kuyisibonakaliso sobubi. Ukubukeka okubuhlungu kanye
nokuphefumula ngentukuthelo kuthinta kakhulu
kunesibhakela noma ukushaya okubuhlungu. Ukuhleka
nokuhleka usulu kwembula umoya wokungalaleli
nentukuthelo kubenzi bobubi, kuyilapho iziphakamiso
.ezinobungane zikhuthaza ukuzisola nokumangala

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Ngezinye izikhathi uNkulunkulu uzembula
kubathandekayo bakhe njengokukhanya okukhulu, noma
njengezwi lendawo yonke, noma njengenjabulo
engenamkhawulo, noma njengothando lobumnandi
obukhulu, noma njengokuqonda, ukuhlakanipha, nolwazi
Ukukhanya kwakhe kudlulisa futhi kusakazeke
njengamaphiko endawo yonke phezu kwephakade, futhi
ngezinye izikhathi ngibona lo mhlaba njengephupho
enhliziyweni yalowo kukhanya, ngakho-ke ngaqaphela ukuthi
umhlaba uyiphupho

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Kumelwe senze konke okusemandleni ethu ukuhlanza
izinhliziyi zethu ngokuhlakanipha nokuzihlanza ngothando
lukaNkulunkulu, nokuqaphela ukuthi sonke singabafowethu
nodadewethu, sihamba ndawonye siya ekhaya lethu
.lasezulwini

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Injabulo yakho enkulu itholakala ekuzimiseleni kwakho
njalo ukufunda nokwenza ngendlela efanele. Uma
uzithuthukisa ngokwengeziwe, kulapho usiza kakhulu

ekuthuthukiseni abanye abakuzungezile. Umuntu
ozithuthukisayo uhlala ejabule, futhi lapho ujabula kakhulu,
.kulapho wenza abanye abakuzungezile bajabule khona

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Masibambisane ukuze sondle abalambile, sihlizwe
ngezingubo nemithi kulabo abaswele, siduduze abalilayo,
sisule izinyembezi zabaswele, silethe injabulo
emiphefumulweni yabo, futhi sibeke ukumamatheka
.ebusweni babo

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Ukuba uNkulunkulu ubengalufakanga uthando Lwakhe
ezinhliziyweni zomama, bebengeke bakwazi ukuthanda
abantwana babo Uthando lwaphezulu lugeleza ezinhliziyweni
zomama Ikhaya ligcwele umusa ngenxa yokuba khona
kukaMama womhlaba wonke ngesimo sikamama
ongumuntu, futhi kumelwe sigcine ilangabi lothando
.lukamama liphila ezinhliziyweni zethu

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Ukuphila lapha kubonakala kungenalutho futhi
kuyisiphithiphithi kuze kube yilapho sifika ogwini lokuphepha
Akufanele sibeke amathemba ethu emigomweni yezwe
edlulayo kanye nezinto ezibonakalayo ezibuthakathaka
Ukuxhumana okunjalo okubuthakathaka kusihlukanisa
ngokungazi nenhloso yethu yokugcina, njengoba nje
kusihlukanisa nobuntu bethu bangempela

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Izwi likaNkulunkulu lisemuva kokubonakala kokuphila,
lisibiza njalo futhi likhuluma nathi ngezimbali, izincwadi
ezingcwele, nonembeza bethu, futhi kuzo zonke izinto
ezinhle ezenza ukuphila kube yigugu ukuphila inkazimulo
yakhe yembulwa ekuthuleni okungokomoya okuzwakalayo
umphefumulo kanye nomzamo oqotho wengqondo
.wokuvumelanisa Naye

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Nkosi, ngenze ngibe ukhozi oluthuthuka ngokomoya
oluphakama ngaphezu kwezindlela ezinothuli zomqondo
omfushane kanye nokweqisa kwemibono nezinkolelo
Ngibizele ezingqimbeni eziphakeme neziphezulu, ngale
kokuzamazama komhlaba namafu avimba ukukhanya
kwelanga

Ake ngigibele amaphiko okulinganisela ngiye kulezo zulu
eziphakeme zokuqonda okuphezulu
Ngaphezu kwazo zonke iziphepho neziphepho,
ngizohamba ngiyofuna isidleke sasezulwini
Nkosi, ngenze ngibe ukhozi oluthuthuka ngokomoya,
ngihlale ngikufuna ngokulangazelela nangokulangazela
Nkosi, sivuselele ngomoya omnandi wobukhona bakho,
sigcwalise ngokulangazelela ubukhona bakho
obukhazimulayo, futhi masicebise izidalwa zethu
ngokuhlakanipha kwakho kwaphezulu Masizizwe ukukhanya
kwakho okungcwele kungena kuzo zonke izici zokuphila
kwethu, kuqinise ukuzimisela kwethu, kuxoshe ubumnyama
bethu, kusigcwalise ngokuthula nethemba, futhi kusinika
.amandla okwenza imisebenzi emihle

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Noma ubani onikeza usizo lwengqondo nolwezinto
ezibonakalayo kwabanye ngenhliziyo egcwele umusa
nokupha uzothola ukuthi lokho akunikezayo kubuyela kuye,
.futhi lo ngumthetho wesenzo osebenza ezinhliziyweni

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Lokho umuntu akuzwayo ngabanye kudala ukudlidliza
okuqhubekayo e-ether, okuheha inani elifanayo lozwela
nomusa. Lowo othethelela labo abamonile uzozidonsela
.intethelelo nokubekezelelana

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Njengoba nje umuntu engenakukhuluma ngocingo
oluphukile, kanjalo nomuntu akanakusakaza imithandazo

ngempumelelo ngengqondo ekhutshazwe ukukhathazeka,
ukukhathazeka, ukunganeliseki, kanye nokunamathela
ezinkazimulweni zezwe ezidlulayo. Kunalokho, leyo ngqondo
ingalungiswa ngokuthula okukhulu nokuthula, ngaleyo ndlela
ithuthukise ikhono layo lokudlulisa izingcingo ezingokomoya
.nokuthola izibusiso nokuqonda okuhle kakhulu

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Kuleli zwe eliguquguqukayo, elyingozi,
nelingaqinisekile, uzizwa uwedwa ngokuphelele UNkulunkulu
kuphela ongeke akulahle noma akudumaze amathemba
akho

* * *

O Nkosi, ngenze ngibe sobala ngobumsulwa ukuze
ngikwazi ukubonakalisa ukukhanya kwakho okuphilisayo
ngaphakathi kimi
Thulisa isibuko sengqondo yami, esithuthumela ngenxa
yokukhathazeka, ukuze sibonise ubuso bakho
obungenamkhawulo
Vula amafasitela okholo emphefumulweni wami ukuze
ngiphefumule iphunga lokuthula kwakho
Wena Okhazimulayo Kuwe! Wena Onobukhosi
obungenakuchazwa! Bheka emehlweni ami alangazelelayo,
!ukuze ngingaboni lutho emhlabeni ngaphandle Kwakho

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Imisindo ehlukenene inemiphumela ehlukenene ohlelweni
lwezinzwa Imisindo ehlukenene inemiphumela ecasulayo
ezinzwa, kuyilapho imisindo ehambisanayo ivuselela izicubu
ezikhululekile neziphelelwe amandla zesimiso sezinzwa
.ngokuvusa amandla aso abalulekile
Ngakho-ke, izwi elinomusa nelimnene, ingoma
ekhuthazayo, kanye nezwi lokuhlakanipha elihleba endaweni
engcwele yomphefumulo konke kunomthelela ojulile
.nongacabangeki emphefumulweni womuntu
Impilo ifana nohambo olufushane [eya ehlathini]
Ngokushesha nje lapho isidlo sasemini silungisiwe futhi

sibekwe etafuleni, isilo singena ngokuzumayo, siphoka
wonke umuntu ukuba ahambe Abantu abaningi baphila
kanje Basebenza kanzima ukuze baqoqe imali ethile futhi
bathole injabulo nokulondeka, kodwa bashaywe yisilo
sokugula nezinye izinhlekelele, izinhliziyi zabo ziyama, futhi
baphoqeuka ukuba bahambe Abantu akudingeki baphile
kanje, bevumela imisebenzi engapheli ukuba intshontshe
isikhathi sabo futhi ibagqilaze Iminyaka eminingi idlulile
ngale ndlela Labo abanquma ukungavumeli ubunzima
bubavimbele bazonikezwa amandla okubungoba

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Njengomthetho ojwayelekile, igama elithi "ukudla"
lisetshenziswa kuphela maqondana nokondla ngokomzimba,
kodwa kunezinye izinhlobo zokudla, njengomsebenzi
wobuhlakani, ukugxila kwengqondo, kanye nokuhlakanipha
okungokomoya. Uhlobo lokuqala (ukudla) londla umzimba,
uhlobo lwesibili (ukugxila kwengqondo) londla ingqondo,
kanti uhlobo lwesithathu (ukuhlakanipha okungokomoya)
.londla umphefumulo

* * *

Wake wazama ukuqonda "enye into" engaqondakali,
leyo nkohliso ehlala ishintsha futhi inyamalala ehlane,
osayibona ngisho nangemva kokugcwalisa zonke izifiso
zakho? Abantu balangazelela okuthile baze babe nakho,
kodwa uma sekuseduze kwabo, bayakhathala ngakho futhi
bafise okunye Ngisho noma impilo inika umuntu konke
okufiswa yinhliziyi yakhe—ingcebo, amandla, abangane—
ekugcineni bazozizwa benganelisekile futhi baqale ukufuna
okwengeziwe Kodwa kukhona into eyodwa umuntu
angayikhathali ngayo, futhi uma eseyitholile, ngeke ayifise
enye futhi ngeke ayishintshe nganoma yini enye: injabulo
emsulwa yomphefumulo, ehlala ezinhliziyweni zabo

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Umhlaba uye wanyakaziswa futhi waphazamiseka kuwo
wonke umlando Empini, umhlaba uba yindawo yokuhlupheka

nobuhlungu kwezigidi zabantu Injabulo yangempela nehlala
njalo itholakala ekuboneni ubukhona bukaNkulunkulu, futhi
ayikho injabulo noma inzuzo enkulu kunokuthola leyo
njabulo

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Kungani abantu benza izinto ezingabajabulisi kangako

?nezingabakhathazi

Impendulo ithi "umkhuba," okuyisici esibalulekile
esiphethweni somuntu Abantu abaningi bayaqhubeka
nemikhuba elimazayo naphezu kokwazi ubuhlungu
nomonakalo abawubangelayo, ngenxa yokubamba
kwensimbi komkhuba. Ikamela lidla izihlahla ezinameva
ngisho noma likhipha igazi emlonyeni walo. Umfuni
wenjabulo uzitika ngezinjabulo zakhe naphezu komonakalo
eziwubangela empilweni yakhe. Iziphuzo ezidakayo zize zife,
engazi injabulo engokomoya engaphakathi,
engenakuqhathaniswa nanoma iyiphi enye injabulo. Umuntu
ohahayo ubhubhisa injabulo yakhe ngokuxosha izinto
ezibonakalayo ngokungaphezi, engazi ukuthi uma
engacabanga isikhashana, uzothola injabulo engeke
.ithengiwe ngegolide

* * *

Ekukhanyeni kwakho okungcwele ngizohlala
ngiphapheme kuze kube phakade, ngijabulela ukubona
ubuso bakho obubusisiwe kuze kube phakade
Ngafuna uthando ngemizwa edlulayo, futhi ngemva
kokuzulazula ogwadule lothando lwabantu olulinganiselwe,
.ekugcineni ngathola indawo yothando lwaphezulu
Imicabango Engokomoya
Kuthisha ohlakaniphile uParamhansa Yogananda

UNkulunkulu ungumthombo wokuhlakanipha
kwaphezulu, ububanzi bakhe bungenamkhawulo futhi
okuqukethwe kwakhe akupheli, futhi imiphefumulo yabantu
.iyimizila lapho lokho kuhlakanipha kugeleza khona

Kunemisele ebanzi, evulekile kanye nemincane,
egqwalile. Uma imisele inkulu, umusa waphezulu uyageleza
.kakhulu

* * *

Ubuhlungu bunezifundo eziwusizo kwabahlakaniphile
nabazimisele ukufunda, kodwa ubuhlungu buphenduka
umcindezeli ononya kulabo abakhonondayo nabangenakho
.ukuthula

Ubuhlungu bungasifundisa cishe noma yini Izifundo zayo
zisikhuthaza ukuba sithuthukise ukuqonda, ukuzithiba,
ukuzihlukanisa, ukuziphatha okuhle, kanye nokuqwashisa
okukhulu

Isibonelo, ubuhlungu besisu busitshela ukuthi singadli
kakhulu futhi siqaphele lokho esikudlayo

Ubuhlungu obubangelwa ukulahlekelwa yimpahla noma
abathandekayo busikhumbuza ngesimo sesikhashana sazo
zonke izinto kuleli zwe lama-illusion

Imiphumela yezenzo ezingalungile isishukumisela ukuba
sihlukanise phakathi kokulungile nokungalungile

Kodwa kungani abantu bengafundi ekuhlakanipheni?

Khona-ke ngeke bazithobe esijeziweni esibuhlungu
!nesingenasidingo esivela kumbusi wobuhlungu

* * *

O sithandwa sami saphezulu
Ukhona kuzo zonke izingxenye zomhlaba
Ucashu enhliziyweni yezimbali nama-roses
Ungibheka efasiteleni lenyanga
Kusukela ngemuva kwesihenqo semvelo
Futhi inkohliso yayifihliwe kimi
Unganginaki ngisho nangokuphazima kweso

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Abantu bacabanga ukuthi ukuzincisha ukudla kusho
ukuzincisha ukudla, kodwa lokho akulona iqiniso
ngokuphelele. Ngayeka izifiso ezincane zengcebo enkulu
.kunazo zonke ekhona

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Ekufuneni kwakhe njalo injabulo – ngezindlela
ezisolekayo noma ezilungileyo – empeleni umuntu ufuna
injabulo engokomoya
Kunezinhlobo ezimbili zenjabulo: injabulo engamanga
kanye nenjabulo yangempela
Injabulo engamanga ilandelwa usizi nobuhlungu, kanti
ukuphela kwenjabulo yangempela kuhlala kujabulisa, noma
.ngabe ukuqala kwayo kwakudabukisa noma kudumaza
UNkulunkulu uyinjabulo ehlala njalo, futhi lapho umfuni
emthola, uzothola enye into abeyifuna futhi eyifuna
ngaphandle kokuyeka, ngisho nangemva kokufeza lezo zifiso
.ayecabanga ukuthi zizomlethela injabulo
Kule njabulo ehlala ivuselelwa, umfuni uzothola yonke
.injabulo ayeyifuna kuzo zonke ezinye izinto

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Ikusasa linqunywa yinamuhla, ngakho-ke ngizohlaziya
impilo yami futhi ngiqonde ukuthi iyini, bese ngihlela
.izindlela zokwenza kube yilokho okufanele kube yikho
Namuhla ngizohlakulela umoya wokuzithathela
isinyathelo, ngoba lowo othatha isinyathelo ufana ne-meteor
.ehlabayo, edala okuthile engenalutho
Kwenza okungenakwenzeka kubonakale kungenzeka
ngamandla omoya omkhulu wokudala

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Amandla kaNkulunkulu akhona kuwo wonke ama-
athomu ami, kuwo wonke amaseli aphilayo, kuwo wonke
.umthambo, nasebuchosheni nasezicutshini
Ngiphilile ngoba lawo mandla abusisiwe agcwele yonke
ingxenye yomzimba wami

* * *

Noma ubani okwazi ukugcina ukuthula kwakhe
nokwenza imisebenzi yakhe ngokuthula uzixhumanise
nomoya wendawo yonke okuthula kwawo kugcwalisa
.ubukhona

Kungakhathaliseki ukuthi izenzakalo zokuphila zingaba
nzima kangakanani, futhi kungakhathaliseki ukuthi
okuhlengenwe nakho kungase kubonakale kunzima
kangakanani, isimo sengqondo kufanele sibonise ukuzola
.futhi ingqondo kufanele ilondoloze ibhalansi yayo
Ukwehluleka okubi akufanele kushukumise izisekelo
zomphefumulo, futhi impumelelo enhle akufanele iwenze
.ujabule kakhulu

Noma ubani obonisa ukuzola nokuzola – ngempela,
hhayi ukuzenzisa – usefinyelele ogwini lokuthula
kwangempela nokuthula okungaphazanyiswa yithonya
.langaphandle

Noma ngubani ofuna ukushintsha abe ngcono kumele
ahlakulele intando eqinile, ethule, ezolile futhi angayeki
izingqumo ezinhle

Kuhle ukucabanga ngoNkulunkulu ngesikhathi
somsebenzi nokwenza lo mkhuba ube yingxenye yokuphila
kwansuku zonke

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Abanye balabo abalangazelela ukufunda bahamba
indlela ibanga elifushane, bese belahlekelwa intshiseko
.yabo, bashintshe indlela, futhi bakhohlwe izingqumo zabo
Abanye benza konke okusemandleni abo ukuze
baqhubeke nohambo, naphezu kokunqotshwa imikhuba
yakudala ngezikhathi ezithile, kodwa noma kunjalo
bayaqhubeka nokuhamba futhi bazama, ngakho-ke
ukuthambekela kwabo kuyathuthuka, futhi baba namandla,
.baphile kahle, futhi banamandla njengoba izinsuku zihamba

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Ukucabanga okuhle kuholela ekuboneni amandla
aphezulu angabonakali angandisa izikhala ezincane
zobuhlakani kanye nokuqonda okulinganiselwe kwezinzwa,
futhi abone ukukhanya kobuhle obukhulu kakhulu, futhi
avule ifasitela elikhulu lobubanzi obungenamkhawulo lapho

ubukhona bukaNkulunkulu bungabonakala khona ngobuhle
.bawo bonke kanye nobuningi bukaNkulunkulu yonke indawo
Ukuthula yilokho okudingwa yizwe lonke, ikakhulukazi
labo abahamba ngendlela yokuzindla futhi abafisa
.ukufinyelela ezindaweni eziphakeme ezingokomoya
Imizamo engokomoya eyenziwa buthule nangokuthula
ivame ukusebenza kahle futhi inezithelo, ngoba lapho
ukunyakaza okungokwenyama kuphela, imicabango iba
esebenzayo futhi amandla angokomoya angasebenzi
.ayavuswa
* * *

Akufanele sizizwe sidumazekile noma sicasukile
ngamaphutha ethu, kodwa kufanele sihlale sibheka
uhlangothi oluhle lwezinto esizibonile futhi sifunde kuzo.
Noma ngabe kwenzekani, kufanele siphendukele
.kuNkulunkulu ukuze sithole usizo nesiqondiso
* * *

Umfundi omusha wayecabanga ukuthi angaziqonda
izimfundiso ezingokomoya ngokufunda ngomqondo kuphela,
futhi ngaphezu kwalokho, wayefisa nokufundisa abanye,
:ngakho uthisha uParamhansa wathi kuye
Ukuqwashisa ngokomoya akuyona into eyenzeka"
ngaphandle (njengesitshalo) kodwa ukukhula nokuthuthuka
"okuvela ngaphakathi
* * *

Umyalezo olandelayo wathunyelwa yiNkosi
uParamhansa Yogananda kubafundi bakhe ngoJanuwari
1944 ngesikhathi ebhala incwadi yakhe ethi, Autobiography
of a Yogi , ehunyushwe ngezilimi ezingu-35 futhi eqhubeka
nokunyatheliswa futhi ithandwa kusukela yakhululwa
.eminyakeni engaba ngu-70 eyedlule
:Bangani bami abathandekayo
Inkululeko yokuzikhethela ihlanganisa kakhulu zonke
izinhlobo zezifiso, izifiso, izinhloso, kanye nentando. Kodwa-
ke, kufanele kwenziwe umehluko phakathi kwenkululeko

yangempela yokuzikhethela kanye nokubonakaliswa kwayo
.okuncane

Imizamo yethu, amandla ethu, nazo zonke izenzo zethu
zomzimba, zokuziphatha, nezingokomoya ziqala futhi
zisebenze ngokuqhubekayo ngamandla okuzimisela
Amandla okuzimisela aqukethe imijikelezo eqhubekayo
yokuzimisela okungantengantengi kanye nemisebenzi egxile
esifisweni, kuze kube yilapho ifinyelela izinga elanele
.lamandla ukufeza umphumela ofiselekayo

Ngifunde isifundo esikhulu encwadini engiyibhalayo,
njengoba ngangivame ukubhala ngaphandle kokubukeza
engikubhalile, kodwa kwadingeka ngibukeze zonke izigaba
zomlando wami futhi ngajabulela ukubuyela kulezo zivivinyo
.ezinhle ngenkathi ngiphequlula incwadi futhi
Ngibe nezigigaba eziningi empilweni yami, ngifundise,
ngakha izakhiwo, futhi ngapenda, futhi imfihlo yempumelelo
.yami ibilokhu iyintando yamandla

Konke engazama ukukwenza ngamandla entando
sekufeziwe, futhi ngiyakuqinisekisa ukuthi uma uzimisele
.ukwenza okuthile, kuzofezwa ngosizo lukaNkulunkulu
Kufanele sabelane ngenjabulo yaphezulu nabanye
Akukho lutho oluhle ngaphezu kokukhuluma ngokusuka
enhliziyweni ngoNkulunkulu

Uma ungamqinisekisa umuntu ukuthi indlela yesono
iholela esigodini sokufa nokuthi indlela yokuzindla
nokulandela imithetho yaphezulu iholela ekuphileni
okuphakade, uzobe ucebise impilo yakhe kakhulu kunokuba
.ubumnike isigidi samaRandi

Imali iyadlula, kodwa ulwazi ngoNkulunkulu luhlala nathi
futhi luhamba nathi siye ezweni elilandelayo. Ngakho-ke,
ngizizwa ngijabula kakhulu noma nini lapho ngibona umuntu
elwela futhi enza konke okusemandleni akhe ukwazi
.uNkulunkulu

Nakuba ngihlela futhi ngenza izinto eziningi emhlabeni,
ngikwenza ukuze ngijabulise uNkulunkulu Ngisho naphakathi

komsebenzi kanye nokuxinana kwezidingo, ngiyahlebelala
ngithi, "Ukuphi, Nkosi?" bese umhlaba wonke uyashintsha
bese ngibona ukukhanya okukhulu
Ngiyibhamuza elincane kulolo lwandle olukhanyayo,
!futhi yeka injabulo enkulu

* * *

Akufanele sigcine imicabango yethu igxile ezintweni
ezidabukisayo nezesabekayo empilweni. Ukuhlakanipha
kudinga ukuba siqondise imicabango nemizwa yethu
emandleni aphezulu angunaphakade angaguquki noma
.ashintshe

Ungaziboni ubuthakathaka futhi ubuthakathaka, ngoba
ubuchopho bakho bugcina amandla amaningi anele ukunika
amandla idolobha elikhulu izinsuku ezimbili ezigcwele,
!kodwa uthi ukhathele

Uma wenza umzamo wokufinyelela impumelelo,
sebenzisa wonke amathuba atholakalayo ngaphandle
kokucindezela abanye

Ngesinye isikhathi ngangihamba emgwaqweni eBoston
kanti uhlangothi lomgwaqo olwalubekelwe abahamba
ngezinyawo engangihamba kulo lwalugcwele abahamba
ngezinyawo futhi cishe bonke babephambi kwami,
kangangokuthi kwakunzima ukudlula noma ubani. Noma
kunjalo, nganquma phakathi kwami ukuthi ngizoba phambili
.kwesixuku ngaphandle kokusunduza muntu

Ngaqala ukufuna amathuba nokufuna izikhala phakathi
kwabahamba ngezinyawo, engangizisebenzisa kwaze kwaba
yilapho ngifinyelela engangikufuna futhi ngaba ngowokuqala
phakathi kwezixuku ngaphandle kokuminyana kwanoma
.ubani

Ngabe sengithi, "Kulungile, manje sebengahamba
phambili kunami ngemva kokuba sengikufezile
"engangikuhlosile

* * *

UNkulunkulu ungumthombo wempilo, ukuchuma,
ukuhlakanipha, kanye nenjabulo yaphakade
Uma sixhumana naye, izimpilo zethu ziyaphelela, futhi
ngaphandle kwakhe, impilo ihlala ingaphelele
Masiqaphele lawo mandla aphezulu asinika ukuphila,
.ikhono, nokuhlakanipha
Masithandazele ukuthi leli qiniso elikhulu ligeleze
ezimpilweni zethu
Futhi ukuze la mandla aphakade ageleze emizimbeni
yethu
Futhi ukuze injabulo engaphazanyiswa ifike
ezinhliziyweni zethu

* * *

Ngemuva kobumnyama bamehlo avalawe kukhona
amandla amangalisayo endawo yonke, yonke imiphefumulo
emihle ebusisiwe, kanye nokuba khona kwaphakade
.okungenamkhawulo noma ukuphela
Ngokuzindla sithola ukwazi iqiniso eliphelele futhi sibone
imisebenzi yalo efihliwe ezimpilweni zethu nakuzo zonke
.izimangaliso zendalo
Uma umfundi ethola ukuthi akathuthuki ngendlela afisa
ngayo, kufanele azimele, ahlole imicabango yakhe, futhi
.abone izithiyo ezima endleleni yakhe
Ngokuvamile, isizathu ukuntuleka komzamo
wangempela kanye nengqondo ephazamisekile
Ngokuvamile, izithiyo zivela emikhubeni ejulile okumele
isuswe ensimini yokuphila ukuze izimpande zenjabulo
zikhule futhi zichume emhlabathini womphefumulo
Ungasheshi ukwenza izinto ezinkulu ngoba nje ufuna
ukuthuthukisa amandla akho okuzimisela
Ukuze uphumelele, kufanele uqale uvivinye amandla
akho okuzimisela ngezinto ezincane obucabanga ukuthi
awukwazi ukuzenza. Uma wenza umzamo, impumelelo izoba
.ngeyakho

Ngisakhumbula yonke imigomo abangane bami nabanye
abangitshele ukuthi ngeke ngikwazi ukuyifinyelela, kodwa
.ngayifinyelela

Laba bantu “abanezinhloso ezinhle” bangabangela
umonakalo omkhulu ngemibono yabo; sengathi uNkulunkulu
.angasivikela kubo nasezelulekweni zabo
Ubungane bunomthelela omkhulu ekuzimiseleni. Ukuya
emaphathini anomsindo esikhundleni sokuzindla endaweni
yokuthula kungcolisa ingqondo ngothuli lokudlidliza
.komhlaba okuminyene kangangokuthi kunzima ukukuqeda
Intando yomuntu iqiniswa noma ibuthakathaka
ngokungenakugwenywa yithonya labangane bakhe
Ukuthuthukisa amandla okuzimisela ngokuzikhandla
kuphela kunzima kakhulu Udinga isibonelo esihle
ongasilingisa Uma ufuna ukuba umdwebi, uphile uzungezwe
imidwebi emihle futhi uhlangane nabadwebi Uma ufuna
ukuba umuntu ongokomoya, yiba umngane wabantu
abangokomoya abanezimfanelo ezinhle

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Umuntu ophakeme owayazi ukuthi angandisa kanjani
ukuqonda kwakhe futhi akuguqule kube yinto engapheli
angabona indalo njengephupho lendawo yonke, njengoba
.nje engasho ngolwazi oluthile ukuthi izinto azikho
Ngezigaba ezinde zokuzithiba nangokulandela indlela
yokuzindla noma ezinye izindlela zokuqaphela
okungokomoya njengothando, ukukhonza, ububele,
nokusuka ebugovu, umfuni oqotho kaNkulunkulu uqeda
.izinto ezimbili futhi aqaphele ubunye baphakade bokuphila

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Uthando aluyona nje imizwa; luyingqikithi yangempela.
Futhi uma luqondiswa ngamabomu, luthola indlela yalo—
.ngaphandle kwephutha—ekufinyeleleni umgomo walo
Uthando luphinde lube namandla amakhulu. Umuntu
ofunayo angazama izindlela eziningi zokuthola uNkulunkulu,

kodwa ngeke amthole ngaphandle kokuba eveze isifiso
.sakhe esikhulu nesifiso sakhe esijulile

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Umuntu uba yilokho ingqondo yakhe emqinisekisa
ukuba yikho Uma intando yakho inamandla, uzonqoba
empini yokuphila

Lapho ingqondo igxila kakhulu ezintweni zesikhashana,
amandla ayo aba buthakathaka, futhi lapho iqinisekisa
kakhulu isimo esingokomoya somphefumulo, iba ngokomoya
.futhi amandla ayo avuselelwa

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Izwe lizoqhubeka nokwehla nokwenyuka kwalo, ngakho-
ke sizophendukela kuphi ukuze sithole isiqondiso? Hhayi
emibonweni yethu enobandlululo nebandlululayo, kodwa
.ezwini leqiniso nesiqondiso esingaphakathi kithi

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Izinto kanye nengqondo, indawo yonke nezinkanyezi
namaplanethi ayo, amaza aminyene omhlaba, imigudu
engabonakali engabonakali yokudalwa kwezinto
ezibonakalayo, amandla omuntu okuzwa, intando kanye
nokuqonda, ukuphila nokufa, imini nobusuku, impilo kanye
nokugula, impumelelo kanye nokwehluleka, kungamaqiniso
ngokomthetho wokuhlobana olawula leli phupho lendawo
.yonke

Zonke izinto ezimbili ezibonwa ngumthetho
wokuhlobana zingokoqobo kumuntu ophuphayo odlala
.indima yakhe encane ephusheni elikhulu lendawo yonke
Ukuze umuntu aphunyuke ekubanjweni yizinkolelo-ze -
umthetho wokuhlobana kwezinto - kumele avuke ephusheni
aye ekuphaphameni kwaphakade

Asikwazi ukushintsha iphupho ngomcabango noma
ngokuphika ukuthi likhona, noma ngokwamukela "ukuphila"
kodwa senqabe "ukufa," noma ngokuvuma impilo kodwa
.singanaki ukugula

Ikesi ngalinye liyingxenye ebalulekile yokuphikisana
kwalo, njengezinhlangothi ezimbili zendwangu eyodwa
Izinto ezimbili ziyizinhlangothi ezimbili zohlamvu lwemali
olufanayo, futhi umuntu ofuna iqiniso akazami
ukuzihlukanisa engqondweni yakhe, kodwa kunalokho
uphakama ngaphezu kwazo ngokuhlakanipha nolwazi
.oluthile

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Uthando lukaNkulunkulu luyasiphakamisa futhi lwandisa
ukuqonda kwethu. Angikwazi ukucabanga ukuthi ngivalelwe
kulo mzimba ngedwa, ngoba nginomuzwa wokuthi ngikhona
.kuyo yonke imizimba

Njengoba nje ngizwa ukwazi kwami kuzo zonke
izingxenye zomzimba wami, ngizwa ukuthi nonke
niyingxenye yami, futhi ngizwa ukuthi zonke izidalwa
eziphilayo zingaphakathi komzimba wami wendawo yonke,
.futhi ngizwa imizwa yawo wonke umuntu

Lokhu akusikho ukuqonda noma umcabango, kodwa
ukuzazi. Lokhu kuqaphela kungaphezu kokushintshana
kokufunda ingqondo; kuwukuqaphela imizwa yawo wonke
umuntu, futhi leso simo sibizwa ngokuthi ukuqonda
.kwendawo yonke

Uma lokho kuqaphela kuvela ngaphakathi kuwe,
ukuqaphela "uqobo" kuyanyamalala, bese uzizwa sengathi
.zonke izidalwa zigcwele impilo eyodwa yaphezulu

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Lomhlaba uyingqaba, njengoba konke okukuwo
kungashintsha futhi kuguquke, futhi ngenxa yalesi sizathu,
umuntu akufanele aqinise isikebhe senjabulo yakhe ogwini
.lwalo mhlaba

Kungakhathaliseki ukuthi uyahlupheka kulokhu kuphila
noma ujabulela ukuchuma namandla, ukuqonda kwakho
kumele kuhlale kungashintshi Uma ungakwazi ukulinganisela
ngokwengqondo, akukho lutho oluzokulimaza

Ukuphila kwabo bonke abantu abakhulu kubonisa ukuthi
bafinyelele leso simo esibusisiwe Labo ababeka amathemba
abo ekufinyeleleni injabulo yezwe bazothola izinkinga
eziningi zibalindele, ngoba amaphupho amabi avame
.ukuhambisana namaphupho amahle

Uma ubheka iphupho njengephupho nje, akusekho,
kungakhathaliseki ukuthi limnandi noma lesabisa, uzozizwa
unokuthula, futhi uma uqaphela ukuthi lokhu kuphila nakho
.kuyiphupho, uzokhululeka emaphupho amabi alo

* * *

Umuntu kufanele ajabule ngoba anganqoba izinto
ezincane nezimbi zokuphila, futhi ngoba angakwazi –
ngemicabango emihle – ukudala izimo ezifanele ezidonsela
.izakhi zempumelelo

Isimo sengqondo esinzima nesiguquguqukayo sifana
nomdlavuza odla ukuthula komphefumulo, futhi labo
abahlushwa isimo sengqondo esidabukisayo abakwazi
.ukuxazulula izinkinga zabo

Kodwa imikhuba emibi nezinkinga zinganqotshwa
ngokucabanga okuzolile nokunengqondo. Uma umuntu
onomkhuba olimazayo ewuveza, uyavuma ukuthi
.wehlulekile

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O Nkosi, ngiqhathanise izilingo zomhlaba nothando
lwakho olungcwele futhi ngithole uthando lwakho
lunamandla kunanoma yisiphi isilingo noma ukuyenga

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Njengoba nje uwoyela wenza umlilo ukhanye kakhulu,
kanjalo nentukuthelo iyondla intukuthelo futhi iyikhulise,
futhi ukuphathwa kabi kukhuthaza abanye ukuba baqhubeke
nokuziphatha kwabo okunonya futhi kubenze babe nenkani
futhi baqine kakhulu

Umuntu ozolile nomnene unqoba intukuthelo
ngokuthula, uthulisa isiphepho sokungezwani
ngokusebenzisa ukuthula, futhi uxosha ukungezwani

nokungezwani ngamazwi amnandi, amnene nokucabangela
.imizwa yabanye

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:Uthisha uParamahansa uthe ngeqiniso
Ikhona noma kungekho muntu okholelwa kuyo, kanti"
"imibono idinga ukusekelwa yimibono namazwi

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Uthando kufanele lube yinkosi yomhlaba

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Ngiza kuwe nezingoma zenjabulo yami
Futhi ngikulethele ingcebo engcebweni yomphefumulo

wami

Futhi ekujuleni kwenhliziyo yami, ngiqoqa umpe wesifiso
saphezulu ngenxa yakho

Ngiye ngoma ngenxa yokoma ehlane lamathemba

amanga

Kodwa manje izifiso zami seziphelile unomphela

Ngoba ikhipha emithonjeni yakho eningi

Amaphunga akho angcwele ayageleza kimi

Ikhandlela lami lenjabulo likhanya ngokukhanya

kwenjabulo yakho

Ngacishe ngafa phakathi komlingo we-oasis

yasemhlabeni

Futhi manje ngigcwele amagagasi omoya wakho

O, ukube nje bengingacwila olwandle lwakho olungcwele

futhi ngiphile phakade

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Imisebe yengqondo enelanga iqukethe imisebe ye-
ultraviolet eqeda wonke amabhaktheriya angokwengqondo.

Ungavimbi leyo misebe ngesithiyo sengilazi esinemibono

.emincane nelinganiselwe

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Akufanele kube nokwahlukana endlini kaNkulunkulu

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Uthando lwethu ngabanye lwenziwa lube khona
ngamandla okuzwa uthando esiluthola esandleni sakho
.esiphanayo, O Nkosi
Ngakho-ke, sikhuthaze ukuba sikunikeze uthando lwethu
!olukhulu kanye nokulangazelela okukhulu
Usiphe obaba nomama, abafowethu nodadewethu,
amadodana namadodakazi, abazala, kanye nomlingani
.wokuphila kwethu
Bantwana nabangani, mhlawumbe singafunda ukuthi
singanithanda kanjani ngezindlela ezahlukene kanye
nokwehluka kwemvelo okucashile kuzo zonke izinhlobo
.zobudlelwano babantu
O wena onothando lwaphakade, O wena oPhezukonke
oseduze! Ngifundise ukuluka isixha sezimbali zothando
lwabantu bese ngisibeka njengomnikelo ethempelini lakho
.elibusisiwe
Kodwa uma, ngenxa yokwethembeka kwami okuningi,
ngingenakukwazi ukukunikeza lonke ihlumela, ngizokhetha
imbali eyodwa, enhle kakhulu nentsha kunazo zonke,
ngiyibeke ezinyaweni zakho, nginethemba lokuthi
!uzoyamukela kimi

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Ukubukeka ngokomzimba, ikakhulukazi amehlo,
kwembula cishe ukuthi umuntu wayenjani esikhathini
esidlule. Umuntu wangaphakathi unethonya elikhulu
.esimweni sangaphandle
Amehlo omuntu ayisici sakhe somzimba esibaluleke
kakhulu, futhi umuntu kufanele alwele ukwenza amehlo akhe
?abe mahle. Lokhu kungenziwa kanjani
Amehlo ethu aveza ngokucacile imvelo yethu
yangaphakathi, futhi enye indlela yokuhlobisa ukubukeka
nokubonakaliswa kwamehlo ukuhlakulela imicabango
.nemizwa emihle yangaphakathi
Amanye amehlo anonya kakhulu, kanti amanye abonisa
ububi noma ubugovu

Kungakhathaliseki ukuthi amazwi omuntu angase
abonakale emnandi kangakanani nokuthi izenzo zakhe zinhle
kangakanani, ungazi kahle ukuthi ziyini ngempela izimfanelo
zakhe zangempela ngokubonakala kwamehlo akhe,
njengoba engenakukwazi ukufihla ngemuva kwalawo
.mafasitela amabili avulekile

Ngakho-ke, umuntu kufanele acabange imicabango
emihle neyokudala. Futhi ngenxa yokuthi badalwa
ngomfanekiso kaNkulunkulu, abanalo ilungelo lokonakalisa
.impilo yabo yangaphakathi
Amehlo amahle abonisa ukuthula, ukuthula, nothando
oluqotho kufanele ahlakulelwe ngokuthuthukiswa kokuthula,
.uthando, nokuthula

Kungale ndlela kuphela lapho kungakhuliswa khona
amandla adonsela phansi angokomoya anamandla kunayo
yonke imingcele kanye nemikhawulo yokubukeka
.ngokomzimba

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Uma senza isinqumo esiqinile, ngemva kokutadisha
kahle inkinga ethile nokubona izinzuzo nezingozi ezihlobene
naleyo nkinga, futhi uma senza intando yethu isebenze,
singenza izinguquko eziningi ekuphileni kwethu ezingase
.zibonakale zingenakwenzeka ukuzishintsha
Inkululeko yokuzikhethela ikhona, futhi uma ingazange
ibe khona, akekho obezokwazi ukubalekela amathonya
endawo yangaphakathi neyangaphandle, ukukhula
bekuzovinjelwa, ububanzi bemisebenzi yokudala
buzoncishiswa, futhi bekungeke kwenzeke ngomuntu ukuba
.athuthuke futhi akhuphuke ngaphezu kwezinga lasendulo

Umqondo wezinhlelo ezintsha zomphakathi kanye
nemibono eqhubekayo ehlobene nomsebenzi wezikhungo
ezizimele, izindlela ezisetshenziswa ekutholakaleni
kwesayensi okuthuthukile, imikhakha eyahlukene
yocwaningo nezifundo, kanye nemisebenzi yobuciko

yokubhala, konke kuqinisekisa ikhono lomuntu
lokusebenzisa inkululeko yokuzikhethela kuzo zonke izinsimu
.ngosizo lukaNkulunkulu namandla entando

* * *

Inkulumo eqondisiwe kanye nokukhululeka
entukuthelweni nasenzondweni kwenza umuntu azithibe
futhi ahlonishwe ekhaya lakhe. Lokhu kuhlangukisa
ukusingatha ngokuhlakanipha nangokunengqondo
izingxabano zomndeni noma ukuthulisa abanye ngamazwi
.anomusa

Kuwuphawu lokunqoba ngisho nobuqhawe, ngisho
.nangokusho kwabaphikisi ngokwabo

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Ukuqonda kuyingcebo yokuphila eyigugu kakhulu.
Kungumbono wangaphakathi, umbono oqondakalayo
esingazi ngawo iqiniso ngathi nangabanye nokuthi
singabhekana kanjani nazo zonke izimo ezisifikelayo ,
njengoba nje kususiza ukulungisa isimo sethu sengqondo
.nezenzo njengoba kudingeka

Kuleli zwe, ukuqonda kwethu kuvame ukulinganiselwa,
futhi lapho umbono wethu wengqondo ufiphele, kuba nzima
.ukubona izinto kusengaphambili nokwazi imiphumela yazo
Ngenxa yokuthi asikwazi ukubona kusengaphambili
imiphumela engaba khona yezenzo zethu, sivame ukwenza
izingqumo ezingalungile

Ukuze siphile ngokuthula kuleli zwe, kumelwe siqaphele
ngokugcwele indawo esikuyo kanye nendawo esizungezile,
.futhi sazi ukuthi siyaphi

Kumelwe sibe nalowo muzwa wangaphakathi ositshela
ukuthi impilo yethu yesikhathi esizayo izoba njani
ngokusekelwe ezenzweni zethu zamanje

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Inggqondo kumele ilinywe ngegeja lokuqonda okufanele
ngoba inhlabathi yayo yomile futhi ilukhuni, futhi inhlabathi
yayo kumele imanziswe ngethemba nokuvuleka, futhi

imbewu yokholo kumele itshalwe kuyo futhi imbewu iniselwe
ngamanzi entando enhle ngokuvumelana nentando
.yaphezulu

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Omunye wabafundi wabuza uthisha uParamahansa
ngomthandazo owawuzoletha isithandwa saphezulu kuye
:ngesivinini esikhulu, uthisha wathi
UNkulunkulu ufuna kuphela amagugu omthandazo"
"afihliwe ajulile emayini yenhliziyo yakho

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Ubani owasinika ikhono lokuthanda? UNkulunkulu
Ngakho-ke ubani ofanelwe uthando lwethu ngaphezu
?kwanoma yini enye
Akukho uthando lweqiniso ngaphandle kukaNkulunkulu
ngoba uNkulunkulu uluthando

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Akufanele sikhohlwe ukuthi uNkulunkulu ungumnakekeli
wethu nokuthi ukuchuma kweqiniso akukalwa ngalokho
esinakho kodwa ngalokho esingakufeza ngamandla ethu
.okuzimisela

Injabulo idinga ukwenza umzamo wokunciphisa izifiso
nokuthuthukisa ikhono lokugcwalisa izidingo ezibalulekile,
nokuba nethemba lokuthi izimo zizothuthuka ngosizo
lukaNkulunkulu naphezu kwazo zonke izithiyo nezithiyo,
kungakhathaliseki ukuthi zingabonakala zinzima
.kangakanani

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Izwi lokuhlakanipha likhuluma nazo zonke izinhliziyo
ezinhle ezivumelana nokudlidliza okungokomoya
okuphezulu, futhi lizulazula emoyeni lifuna imibono
.evumelanayo efuna ukuthula, uthando, nolwazi oluphakeme

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Izinhliziyo zethu ziyizinhlayiya, futhi uthando luyintambo
yerosari yaphezulu ehlanganisa izinhliziyo zethu ndawonye

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Ungavumeli impahla yakho ikunqobe

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Ngisakhumbula abafundi abaningi abeza kuthisha wami
base bemshiya kamuva ngoba babengenalo ukuqonda
.okufanele

Ngazitshela ukuthi, "Baningi abangafika futhi abaningi
bangahamba, kodwa mina ngizohlala ngiqinile kuze kube
"sekupheleni

Uthisha wami wayeyindoda eqinile nenenhlonipho, futhi
abaningi babengenakubekezelela ukukhanya
kokuhlakanipha kwakhe okumangalisayo bashiya i-
:monastery, kodwa ngathi kuye ngolunye usuku
Kukhona umuntu ongasoze akushiye, futhi lowo muntu"
"yimi

Ngiyajabula ukuthi ngigcinile isithembiso sami ngoba
isiqondiso sakhe esingokomoya savula amehlo ami futhi
.sakhanyisa ingqondo yami ngokukhanya kukaNkulunkulu
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Khumbula ukuthi injabulo kaNkulunkulu iyinto enkulu
kunazo zonke Uma umhlaba wonke ujabula ngawe, kodwa
ungenalo umusa kaNkulunkulu, ufana nomuntu obamba
umoya noma ovunguza umlotha. Kodwa uma umhlaba
wonke uthukuthele ngawe noma uthukuthelele wena, kodwa
unomusa kaNkulunkulu, khona-ke ulawula futhi ungumnikazi
.wakho konke ojabulayo ngempela
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Ukuphila kwethu kuncike ngokuphelele kuNkulunkulu,
futhi uma siphendukela kuye futhi sithembele osizweni
lwakhe, uzosibonisa indlela futhi asiqondise endleleni
efanele yokubhekana nezinkinga zethu nokuqeda ubunzima
.bethu
* * *

Umqophi Waphezulu
Konke ukushaya kwenhliziyo yami makube

Igama elisha enkondlweni ethi "Uthando Lwami
"Oluphakade Ngawe
Futhi wonke umsindo okhulunywa yizindebe zami
mawudluliselwe
Ukudlidliza okubusisiwe okuvela ezwini lakho elingcwele
Kwangathi yonke imicabango yami ingagcwala injabulo
yokuba khona kwakho
Kwangathi intando yami ingagcwaliswa ngamandla akho
aphezulu
Hlobisa yonke imicabango yami, izinkulumo zami, kanye
nezifiso zami ngomusa wakho
O mqophi wezithombe ongcwele kakhulu
Lungisa impilo yami ngendlela obona kufanele ngayo
Ngokusho komklamo wakho oyingqayizivele

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UNkulunkulu uyasiphendula lapho senza umzamo, bese
siqaphela ukuthi ukhona ngempela, uyayizwa imithandazo
yethu, futhi uyayifeza izifiso zethu Labo abacabanga njalo
ngaye futhi bazindla ngaye bazozwa ubukhona bakhe
.obungcwele futhi babone ukukhanya kwakhe okubusisiwe
Noma ubani onesifiso esiqotho kanye nokuzimisela
okuqinile uzofinyelela umgomo wakhe kungakhathaliseki
amaphutha esikhathi esidlule, kodwa ukuqhubeka nalawo
maphutha kuyisono esikhulu kuye, ngoba noma ubani
.owenza iphutha uziphuca injabulo yangempela
Umuntu unamandla okuzilimaza noma okuzizuzisa yena,
futhi ukukhetha kungokwakhe ukugcina izintuthwane
.zokungazi kude naye ukuze zingamlumi futhi zimcasule
Uma umuntu engafuni ukujabula, akekho ongamenza
ajabule, futhi akufanele asole uNkulunkulu ngokungajabuli
kwakhe
Ukube uNkulunkulu wayengasinikanga inkululeko
yokusebenzisa intando yethu, ngabe nguye obangela usizi
lwethu, kodwa wasinika leyo nkululeko, futhi yithina
.esibumba izimpilo zethu njengoba sikhetha

* * *

:Incazelo ejulile yokuzola

Lapho umfundi exoshwa yizilo zokwesaba, ukugula,
.nezinye izinkinga, ufuna indawo yokuzola ngaphakathi kuye
Umuntu ovukile ngokomoya uphila imini nobusuku
engqabeni yokuthula engangenwa ukukhathazeka nosizi, futhi
.izinto ezesabekayo zomhlaba azikwazi ukuyiphula
Labo abangena endaweni yokuthula bangaxhumana
neminye imiphefumulo ethanda uNkulunkulu, njengoba nje
bengaqonda ulimi lwama-roses nazo zonke izidalwa
.eziphilayo

Lapho ukuthula komfundi kujula, kulapho injabulo yakhe
iba nkulu khona
Injabulo efihliwe ngemuva kwamafasitela omcabango,
edinga ukuhlolwa nokwembulwa ekujuleni kokuthula,
.iyinjabulo enkulu engenakuchazeka

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Ngibheka impucuko njengengadi lapho ngibona khona
zonke izinhlobo zezimfanelo zabantu zihluma futhi ziqhakaza
Njengenyosi, ingqondo yami ifuna izimbali zezimfanelo
ezinhle

Inyosi iya ezimbalini kuphela lapho ingavuna khona
izinhlobo ezinhle kakhulu zoju
Ngokufanayo, kufanele silingise inyosi, ephuza kuphela
umpe omnandi kakhulu. Lokhu kusho ukuthi kufanele sizame
ukumunca izimfanelo ezinhle kanye nobuhle esibubona
.kwabanye

UNkulunkulu uluju olubusisiwe olugeleza
emiphefumulweni eyamukelayo futhi luyigcwalise ngobuhle
nobumnandi

* * *

Noma ubani ofisa ukwandisa umbono wakhe kumele
akhuphuke ngaphezu kokuqaphela ihlelo, umbala, uhlanga,
kanye nokushisekela ngokweqile okungaboni, futhi azithibe,

abe nomusa futhi abe nobungane, futhi abe nokulinganisela
.ekudleni, eziphuzweni, nakwezinye izinjabulo
Kufanele enze izinto ezivunyelwa unembeza wakhe futhi
ezimlethela ukuthula kwengqondo, akhulume iqiniso, angebi,
angakhohlisi abanye, angazitika ngezinjabulo ezilimaza
impilo futhi ziqede amandla, futhi agweme ukwesaba,
intukuthelo, ubugovu, umona, kanye nokushisekela
okuphazamisayo

Futhi ukuthi kufanele aziqeqeshe ukubekezelela
ukushisa, amakhaza, nezinye izinkinga ngaphandle
kokucasuka nokuthi kufanele aqinise ukwethemba kwakhe
kuNkulunkulu, isiphephelo esikhulu kunazo zonke kuzo
.zonke izinto ezimesabayo nezimbi

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Ubuhlobo phakathi kwami nothisha wami babuphelele
futhi bumangalisa. Ubuhlobo phakathi komqondisi
ongokomoya nomfundi uthando ngomqondo walo
.ophakeme

Ngake ngashiya impilo yezindela ngicabanga ukuthi
ngizokwazi ukufuna uNkulunkulu ngempumelelo eHimalaya,
kodwa nganginephutha futhi ngazizwa lokho ngokushesha
.nje lapho ngihamba

Lapho ngibuya ezinsukwini ezimbalwa kamuva, uthisha
wami wangiphatha sengathi angikaze ngimshiye.
Esikhundleni sokungithethisa, wangibingelela
njengenjwayelo wathi ngomoya ophansi, "Ake sibone ukuthi
yini esingayilungiselela isidlo sethu sasekuseni namhlanje
"ekuseni

Ngakho ngathi kuye, "Kodwa awungithukutheleli yini,
"?mnumzane, ngenxa yokuhamba kwami
Waphendula wathi: "Cha, angilindeli lutho kwabanye,
ngakho-ke izifiso zabo azikwazi ukungqubuzana nezami
ngeke ngikuxhaphaze ukuze ngizuze mina, futhi akukho
".okungijabulisa ngaphezu kwenjabulo yakho

Okokuqala ngqa, ngezwa ukuthi othile ungithanda

!Ngempela

Ukube bengiphethe izindaba zebhizinisi likababa futhi

ngashiya umsebenzi wami, ngabe wangithukuthelela
kakhulu. Isibonelo, lapho ngenqaba umsebenzi onenzuzo
(enkampanini lapho ubaba ayeyisikhulu khona), akazange
.akhulume nami izinsuku eziyisikhombisa

Ubaba wayengithanda ngothando oluqotho lukababa,
kodwa kwakuwuthando olungaboni, njengoba ayecabanga
ukuthi imali izongenza ngijabule, kodwa imali izobhubhisa
.injabulo yami

Ngemva kwesikhathi esithile, lapho ngisungula isikole
sami semfundo ehlanganisiwe, ubaba washintsha umqondo
wathi, "Ngiyajabula ukuthi awuzange uwamukele lowo
"msebenzi

Ngokuphambene nalokho, isimo sengqondo sikathisha
wami sasihluke ngokuphelele, njengoba naphezu kokushiya
kwami indlu yezindela, uthando lwakhe ngami aluzange
.lushintshe, futhi akazange angisole

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Ngihlale isikhathi eside kakhulu embhedeni wesikhathi
esidlule, samanje, kanye nekusasa lendalo yakho, Nkosi,
futhi mina - umntwana waphakade - ngizizwe
.ngikhathazekile

Ngazabalaza kaninginingi, kodwa kwaba nhlanga zimuka
nomoya. Nokho, ekugcineni ngaphumelela ngokugxuma
embhedeni ngizungezwe yizithiyo zokuhlobana
okukhohlisayo, futhi wangibamba ngezandla zakho
.wangishukumisa ngezingoma zokuthula kwaphakade

Ngingumntwana waphakade - ubuphakade bakho, Nkosi
Ngibeka ikhanda lami esifubeni sokuphila kwakho konke

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Ngiyinyoni yasepharadesi: inyoni yezulu eyenziwe

ngezandla zakho ezibusisiwe

Wangihlobisa ngobuhle nemibala emihle: ngobubele
obuphansi kanye nezimpaphe zegolide eziqhakaza
ngokomoya

Ngandiza phezulu esimweni sokuphila esibuhlungu,
esifiphele ngifuna ipharadesi lenjabulo, futhi izimpaphe zami
ezikhanyayo zazigcwele izindawo ezimnyama zokuphelelwa
yithemba

Woza, Nkulunkulu wami, ugeze inyoni yasepharadesi
lakho ngemisebe yokuhlakanipha namanzi ahlanzekile,
amnandi okuthula

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Kukhona uhlobo lwebhaktheriya oluzalwa,
luphindaphindeke, bese lufa emahoreni amabili nje kuphela
Lolu hlobo lokuhlolwa lungenziwa ngesigamu sosuku
noma ngaphansi kwalokho umuntu akudingayo ukuze
akuhlale isikhathi eside esingafinyelela eminyakeni
.engamashumi ayisishiyagalombili
Iminyaka engamashumi ayisikhombisa noma amashumi
ayisishiyagalombili esiyiphilayo iyisikhathi esidlulayo
ephakadeni. Ngokombono ohlobene, konke okwenzeka kithi
kwenzeka ngesivini esifanayo njengoba kwenzeka
kumagciwane okukhulunywe ngawo ngenhla. Kuwo wonke
umzuzu odlulayo wephakade, kudlula iminyaka eminingi
ngokwezibalo zabantu. Ngakho-ke, isikhathi siyigugu kakhulu
.ukuba singachithwa

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Umuntu akufanele enze into engavunyelwe unembeza
wakhe, futhi kufanele abe yinkosi yakhe Uma eseqaphela
ukuthi angamakhosi emicabango yakhe, imizwa yakhe,
nezenzo zakhe, akukho lutho oluzokwazi ukumlawula noma
ukumthonya

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Nakuba ingqondo inethonya elikhulu emzimbeni,
akuhlakaniphile ukungawunaki umzimba

Umuntu kufanele adle ukudla okunempilo okufanele,
akhethe ukudla okungenampilo
Uma izimo zakho zidinga ukuthi uhlale nabantu
abakwenza ukhathazeke, kungcono ukushintsha indawo
okuyo ngezikhathi ezithile. Kodwa okungcono kakhulu
kunalokho ukushintsha isimo sakho sengqondo ukuze
ungakhathazwa yizenzo zabanye. Zishintshe, bese uzokwazi
.ukuhlala ngokuthula nenjabulo noma kuphi

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Umhlaba wonke ufana nendawo yokukhosela
yengqondo Abanye abantu bahlushwa umona nomona,
abanye intukuthelo, inzondo, kanye nenkanuko Bayizisulu
zemikhuba nemizwa yabo Kodwa ungadala ukuthula
endaweni okuyo

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Imizwa inemiphumela eqondile engqondweni
nasemzimbeni Umona nokwesaba kwenza ubuso bubonakale
buphaphathekile, kanti uthando lubenza bukhanye

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Uma ukwazi ukuzola, uzohlala ujabule
Uma unquma ukushintsha ube ngcono, khumbula ukuthi
inkampani enhle kanye nethonya elihle kubaluleke kakhulu
.futhi kubalulekile ekufezeni umgomo wakho
Ithonya lendawo ezungezile - elihle noma elibi -
linamandla kunentando, ngakho-ke cabanga ngalokho
ekusebenzelaneni kwakho nasekusebenzisaneni kwakho
.nabanye

Ukuzihlaziya nakho kuyadingeka ukuze uzithuthukise
Uma ukwazi ukuzihlaziya ngesibindi nangaphandle
kokwesaba, uzokwazi ukumelana nokuhlaziywa kwabanye
.futhi ukugxekwa kwabo ngeke kukuthinte

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Omunye umuntu angase athi: "Anginandaba nenjabulo
noma injabulo, ngiphilela ukufeza okuthile ukuze
"ngiphumelele, isibonelo

Omunye angase athi: "Ngifuna ukwenza okuhle kuleli
"zwe, noma ngabe ngisebuhlungwini nasekuhluphekeni
Kodwa uma sihlola imibono yabo, sithola ukuthi bobabili
balwela injabulo. Ingabe owokuqala ufisa impumelelo
engenanjabulo? Ingabe omunye ufisa okuhle emhlabeni
ngaphandle kokuzwa injabulo yena ngokwakhe?
.Ngokuqinisekile akunjalo

Bangase bangabi nandaba nobuhlungu
obungokomzimba kanye nokuhlupheka kwengqondo
okubangelwa abanye noma okungase kuvele ngenxa yezimo
ezihambisana nokufeza impumelelo noma ukunikeza usizo
kwabanye, ngoba owokuqala uthola injabulo enkulu
empumelelweni kanti omunye ujabulela ngokugcwele
.ukusiza abanye naphezu kwazo zonke izimo ezimbi
Ngisho nezisusa eziningi zokuzidela kanye
nokuthambekela okuqotho kobuntu kuye kwavela ekufuneni
komuntu siqu ukusondela enjabulweni
Kodwa leyo njabulo akuyona eyabantu abasebenzisa
amathuba kanye nabantu abanomqondo omfushane, kodwa
kunalokho iynjabulo yomuntu ophanayo nohloniphekile
onengqondo ebanzi kanye nomphefumulo ophanayo
.nomkhulu

Ngakho-ke, umuntu ozinikele ekusizeni abanye
akavumeli ubugovu bumlawule, ngoba akunakwenzeka
ukuthola leyo njabulo emsulwa ngaphandle kokuba umuntu
enomqondo ovulekile futhi enehliziyo enhle, ukuze afune
.futhi afisele injabulo kwabanye kanye nakuye
Leso yisimiso esijwayelekile esingashintshi noma
esingashintshi

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Akudingeki ukuthi wazi bonke abantu mathupha futhi
ubathande ngokujulile ukuze ubonise isithakazelo kubo futhi
.ubenzele inkonzo ethile

Okudingekayo ukuhlala ukulungele ukunikeza insizakalo
enobungane kubo bonke abantu obavakashelayo futhi
.abayidinga ngempela leyo nsizakalo
Lokhu kudinga umzamo wengqondo kanye nokuzimisela
okuqotho ukukwenza ngaphandle kokukhononda. Ngamanye
amazwi, kudinga ukuzidela
Ilanga likhanya ngokulinganayo phezu kwedayimane
kanye nocezu lwamalahle, kodwa idayimane liye lakha futhi
lakhulisa izakhiwo ezithile eziyenza ikwazi ukuthola
ukukhanya kwelanga futhi ilubonakalise ngokukhanya
nangokukhazimula, kuyilapho ilahle lingakwazi ukukhombisa
.ukukhanya okufanayo
Kufanele sibe njengedayimane ekusebenzelaneni
kwethu nabantu futhi sibonakalise ukukhanya kothando
lwaphezulu ngobuhle nobumsulwa

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Enkulumweni yakhe kubafundi bakhe, uMfundisi
:uParamahansa wathi
Angikwazi ukuveza ngamazwi ukujula kokwazisa kwami
ngamazwi akho aveza imizwa yakho ngami
Ngibonga kakhulu ngobuqotho benu, amandla enu
omoya, namazwi aphuma ezinhliziyweni zenu
Ngizizwa ngihloniphekile ukuba phakathi kwenu, futhi
kuyintokozo ukukhumbula njalo umsebenzi wami omkhulu
.kubafowethu nodadewethu kuleli zwe

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Indoda eyayivame ukushaya abaphathi bayo
Uma ufisa ukusungula umkhuba omusha bese ususa
omubi, gxila ingqondo yakho, ngokuthula nangaphandle
kokucindezeleka, enkabeni yamandla okuzimisela
nokuqwashisa ngokomoya okusebunzini eliphakathi
kwamashiya, bese uqinisekisa ngokuqinile umkhuba omuhle
ofisa ukuwusungula Ngokufanayo, uma ufisa ukuhlukana
nomkhuba omubi, gxila kulelo phuzu elifanayo bese

uqinisekisa ngokuqinile ukuthi yonke imizila yezinzwa
ebuchosheni lapho umkhuba omubi ugxile khona ususuliwe
Ngizokutshela indaba eyiqiniso ngendoda eyayinekhono
lokushaya abaphathi bayo emsebenzini lapho ithukuthele.

Ngenxa yalokho, yalahlekelwa umsebenzi ngemva
komsebenzi ngoba yahluleka ngokuphelele ukuzibamba
lapho ithukuthele, futhi yayishaya noma ubani
.owayeyiphikisa nganoma yini eyayingayithola

Weza kimi ecela usizo, ngakho ngamtshela:

"Ngesikhathi esizayo uma uzizwa uthukuthele, bala kusukela
kokukodwa kuya kwekhulu ngaphambi kokuba wenze noma
".yini

Wazama le ndlela kodwa wabuya kimi wathi:

"Intukuthelo yami iyakhula uma ngenza lokho, futhi
ngiphuphuthekiswa yintukuthelo ngenkathi ngibala ngenxa
yokulinda isikhathi eside engibe nakho." Isimo sakhe
.sasibonakala singenathemba

Wabe esecela ukuba azindle futhi ezwe ukuthi
ukukhanya kukaNkulunkulu kwakugcwala ubuchopho bakhe,
kuthulisa intukuthelo yakhe, kuthulisa imizwa yakhe,
kuthambisa imizwa yakhe, futhi kususe yonke iminonjana
yentukuthelo kuye, nokuthi ngenxa yalokho ngelinye ilanga
.uzosusa isifuthefuthe sakhe sentukuthelo

Akubanga isikhathi eside ngaphambi kokuba abuyele

kimi futhi, futhi kulokhu wathi kimi: "Ngizikhululile

"emkhubeni wokuthukuthela, futhi ngiyabonga ngalokho
Nganquma ukumhlola, ngakho ngacela abanye abafana
ukuba bazame ukumgcona, futhi ngacasha endaweni lapho
ngangingambona khona kodwa yena wayengangiboni.
Abafana bazama ngokuphindaphindiwe ukumcasula, kodwa
.wahlala ezolile futhi akaphendulanga

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Kwangathi isithembiso saphakade singagcwalisa

izinhliziyi nezingqondo zethu

Futhi izahluko nezenzakalo zokuphila mazisikhumbuze
ukuthi ithunzi lokufa alibesabisi abantwana bokukhanya
abaqaphela ukuhlala njalo komphefumulo kanye
.nokuxhumana kwawo eduze noMdali wawo

Masiqaphele ukuthi ukuphila nokufa kungamagagasi
amabili olwandle lukaNkulunkulu, nokuthi umphefumulo,
oyiconsi elivela olwandle olusemkhathini, uthatha la
magagasi amabili ngaphandle kokushintsha kwesimo sawo
esibalulekile futhi ngaphandle kokwehlukana nomthombo
.wawo waphakade

Masisebenzele ukukhipha imvelo yethu yangempela
.emigodini yokungazi siyise eziqongweni zokukhanya nolwazi
Uma sikhulula ukuqonda kwethu ezithiyweni zomzimba,
imicabango emibi, kanye namathonya angempilo, sizothinta
isimo sethu esingokomoya futhi siqaphele ukuthi siyimisebe
.yaphakade yelanga laphezulu elingashoni

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Labo abafinyelela esimweni se-samadha noma i-cosmic
ecstasy bathola ukuthi izinto eziqinile ziphenduka uketshezi
Uketshezi lube amagesi, amagesi abe amandla, kanye
namandla abe ukuqonda kwendawo yonke, futhi uzizwa
injabulo enkulu kakhulu engachazeki futhi ezwa izimo
ezahlukene zokuqaphela kusukela enjabulweni evuselelwe
noma ukuhlakanipha okungenamkhawulo noma ukuthula
okuphezulu noma umuzwa wokuba khona okuphelele noma
ukuncibilika komuntu siqu phakathi komoya wendawo
.yonke

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Ukuvuselelwa kwemizwa
Ekuzindleni okujulile nokuthule, amandla okuphila
ageleza esuka ebuchosheni aye kuzo zonke izitho zomzimba,
izinhlansi zokukhanya ziphuma ezicutshini, kanti ugesi
obalulekile ugeleza ngomgogodla futhi usatshalaliswa ukuze
ugwinye wonke amangqamuzana omzimba, egcwele

ukugeleza kwamandla okuphulukisa, futhi imizwa ivuselelwa
.ngenxa yalokho

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:Izinhlobo zama-magnet

Kusukela kuma-magnet avamile singabona ukuthi
amandla okukhanga kwe-magnet ancike ekhwalithini ye-
.magnet uqobo

Imagnethi encane idonsela izinto ezincane, kanti
imagnethi enamandla idonsela izinto ezinkulu
Ngakho-ke, imagnethi yomuntu idonsela ngokwamandla
ayo akhangayo

Kukhona nezinhlobo eziningi zomoya odonsayo
womuntu; ezinye ziheha izinto ezibonakalayo, ezinye
amandla engqondo, kanti ezinye ziheha izinzuzo
ezingokomoya—izinzuzo ezivame ukufihlwa noma
.ukukhohlakala

Thola amagugu ayigugu ezimayini zomphefumulo, futhi
uzoba ngumnqobi. Phishekela umgomo wakho owufisayo,
futhi qiniseka ukuthi amandla okubukisa angcwele
azodonsela uNkulunkulu kuwe—umthombo wawo wonke
amandla nobuhle, kanye nenzuzo enkulu empilweni
Isiqinisekiso: Ngizosebenzisa amandla adonsela phansi
angokomoya ukuze ngizidonsele zonke izinto ezinhle kanye
.nemisebe yolwazi lonke

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UNkulunkulu uyimpilo yami Uluthando lwami
Uyithempeli lapho inhliziyo yami ibizela khona ukukhulekela
UNkulunkulu ungumgomo wami, ngoba angikwazi
ukufeza imisebenzi yami ngaphandle kosizo lwaKhe
Yingakho ngimfunile ngenhliziyo nangomphefumulo
ngaze ngamthola

Ngaphandle kothando oluvela kuNkulunkulu
noluvuthayo kanye nokuzimisela okuphelele, kunzima
ukuthola othandekayo we-cosmic

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Kuyofika usuku lapho umuntu eshiya leli zwe Abanye
bayomkhumbula ngothando futhi bamkhalele, kanti abanye
bayomkhumbula kabi, kodwa yonke imicabango yakhe emibi
.neyimihle iyomphelezela

Ngakho-ke, kungumsebenzi womuntu ukuqapha
imicabango yakhe, ahlolisise izenzo zakhe, alungise
amaphutha akhe, azihlole, futhi enze konke okusemandleni
.akhe

Unganaki lokho abantu abakushoyo ngawe uma nje
uzama ukwenza into efanele
Ngenza konke okusemandleni ami ukungacasuli muntu,
futhi ngaphakathi enhliziyweni yami ngiyazi kahle ukuthi
ngenze konke okusemandleni ami ukuba nomusa nobuqotho
kubo bonke abantu
Kodwa anginandaba nemibono yabantu ngami, kungaba
udumo noma ukulahlwa, ngoba uNkulunkulu unami futhi
nami nginaye, futhi yilokho okubaluleke kakhulu

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Uma kuvela ubungane phakathi kwabantu ababili noma
iqembu labantu ngezizathu ezingokomoya kuphela,
ezingenazo izinjongo nemigomo yomuntu siqu, lobo bungane
.obumsulwa buhlanza umphefumulo womngane ngamunye
Inhliziyo ehlanzwa ubungane iba umnyango ovulekile
wobunye nokusondelana

Ngale nhliziyo, kuba nokwenzeka ukuheha imiphefumulo
eminingi emihle ukuba ingene esakhiweni sothando
.lobuzalwane futhi ijabulele ukuthula nokuthula

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Ngikhathalela kakhulu izindaba zabanye kunezami,
ngoba ngenza konke engikwenzayo ngenxa kaNkulunkulu,
futhi ngikwenza ngesifiso nentshiseko enkulu kunokuba lezo
.zenzo bekungezami

Uma imiphumela iphikisana noma ingagculisi,
angikhathali noma ngicasuke ngoba nginomuzwa wokuthi
ngenze umsebenzi wami kuNkulunkulu, oyinhloso yami

nalowo ophethe inhloso, futhi ngoba ngenze konke
okusemandleni ami futhi ngizophinda umzamo ngenjabulo
enkulu nokuzimisela, kodwa ngaphandle kokunamathela
.emzamweni noma emphumeleni

Ukube bengizisebenzela mina kuphela, bengiyohlala
ngiyisisulu sokukhathazeka nokukhathazeka Kodwa uma nje
umgomo wami uwukujabulisa uNkulunkulu, imiphumela
iqondene Naye hhayi mina Lena indlela yami yokuphila, futhi
kuyo ngithola induduzo nenkululeko yami
:Izinyathelo eziya esitebhisini sempumelelo

Umsebenzi onzima -

Ikhono lokudala -

Isinqumo esifanele

Ukonga nokugwema imfucuza

Ukwenza umzamo bese uzama futhi ngemva -

kokwehluleka

Ukuzithiba nokuzithuthukisa

Ukuvuselela amandla okudala -

Ukusiza abanye

Ngaphezu kwalokho, kufanele sicabange -

ngoNkulunkulu, umthombo wabo bonke ubuhle kanye

.nomsuka wayo yonke impumelelo nezibusiso

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Ngikuhlabelelela ingoma engakaze iculwe ngaphambili,
futhi nginikela kuwe ingoma yami yangempela edlalwa
.yinhliziyi yami ngaphakathi nangaphakathi kwayo
Ngiqambe leli culo lami lokuqala futhi lapha nginikela

Iona njengomnikelo omsulwa

Ngeke ngikunike izingoma ezomile, ezihlakaniphile

noma izingoma ezihlotshisiwe eziqanjwe abanye

Ngeke ngikunike lutho ngaphandle kwezingoma ezilula

nezingenalwazi zenhliziyi yami

Ngeke ngikunike ama-rose atshalwe ezindaweni

zokugcina izithombo futhi agcwele imizwa nezinkanuko,

kodwa ngizokunikeza izimbali zasendle ezisanda kuhluma

emasimini engiwalangazelelayo nasemadlelweni empilo
.yami

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Kulula ngomuntu ukuhlaziya nokuhlukanisa abanye
ngokwezici ezithile

Kodwa kunzima ngomuntu ukuzigqamisa ngobuqotho
nangeqiniso. Kodwa yilokhu kanye okumele akwenze ukuze
.aqonde intuthuko kanye nezinguquko azidingayo

Inhloso yokwazi izici zethu zomuntu siqu ukuqonda
ukuthi sibathonya kanjani abanye

Abantu bakha imibono yemvelo yomuntu, ngokuqaphela
noma ngokungazi, futhi ukusabela kwabo ekudlidlizeni
okuvela kuye kuyisibonakaliso esicashile kulabo
abathintekayo, futhi abahlakaniphile bayaqonda
.isibonakaliso

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:Izithiyo zokuthuthukiswa kwengqondo yilezi

Ukuzithanda (ubugovu), ukuzikhukhumeza, ukuhaha,
intukuthelo, inzondo, umona, nezinye izimfanelo ezimnyama
eziholela noma eziqhubela umuntu ekungazini okujulile
kunalokho ayikho

Okudingekayo ukulandela indlela eholela enkululekweni,
ngoba izifiso zabantu ziqhutshwa yimikhuba evuselelwa njalo
.futhi engapheli noma ime ngomkhawulo

Le mikhuba iyawubopha umphefumulo futhi iwugcine
uboshiwe, okwenza kube nzima ngomnikazi wawo ukuhamba
.indlela yokukhululwa nokukhululwa

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:Indlela yokuphila imi kanje

Ngakolunye uhlangothi kukhona isigodi esimnyama
sokungazi, kanti ngakolunye uhlangothi kukhona ukukhanya
okukhanyayo kokuhlakanipha

Uma senza ngokuhlakanipha, sihamba ngokuphepha
endleleni yenkululeko futhi sithole lokho esikudingayo

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Indawo yonke iyindalo yentando kaNkulunkulu, futhi
uma sizivumelanisa naleyo ntando ebusisiwe, lokho
.esikudingayo kuza kithi kalula

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Uma abantu bezama ukubhekana nemishini
eyinkimbinkimbi yemizwa yabantu, ngaphandle
kokuqeqeshwa kwangaphambilini, umphumela uvame ukuba
buhlungu

Bambalwa abaqaphelayo ukuthi injabulo itholakala
ekuqondeni umthetho wokuziphatha kwabantu
Yingakho abanye abantu bevame ukuxabana nabangani
babo kanye namalungu omndeni; ababaqondi abanye futhi
.ababoni amaphutha abo siqu
Kubalulekile ukungabambisani nezenzo ezingalungile
zabathandekayo bethu, kodwa kunalokho ukumelana
buthule nalezo zenzo ngezenzo ezakhayo ezingokomoya
Kubalulekile futhi ukuthi singasebenzisi izindlela
eziqinile ekubhekaneni nokuziphatha okungavamile
.kwabathandekayo bethu

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Sakhohliswa ngumzingeli ohlakaniphile. Sintanta
emanzini angajulile ukuze sizizwe siphephile kuyilapho
.inetha elibulalayo lokungazi lisivalela
Ekuphonsweni kwamanetha okudoba nsuku zonke,
abaningi bayabanjwa kanti bambalwa kuphela abasindayo
O sihawu esingenamkhawulo, sisindise ezingibeni
ezibulalayo zezinkanuko, izifiso ezingalawuleki, kanye
!nokunamathela kwezwe okucinanisayo
Masingene ekujuleni kolwandle oluzolile lomphefumulo
lapho kuhlala khona ubunye baphezulu, futhi masikhulule
!ezibophweni zokuthunjwa kanye nasezibophweni zobugqila

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UMfundisi uParamahansa wathi, ekhuthaza omunye
:wabafundi bakhe

Uma ukwazi, ngokwethembeka kwakho, ubuqotho
bakho, nothando lwakho ngoNkulunkulu, ukudlulisela
imithandazo yakho kuYe, akunandaba ukuthi amaphutha
akho ajule kunolwandle futhi aphezulu kunezintaba
.zaseHimalaya

UNkulunkulu uzosusa lezo zithiyo endleleni yakho,
akukhulule emithwalweni esindayo yesikhathi esidlule, futhi
isifiso sakho sokuphinda amaphutha esikhathi esidlule
.sizonyamalala

Ngezinye izikhathi ungazithola ungaphansi
kobumnyama obukhulu, kodwa usalokhu uyisibani selangabi
laphakade

Ungayifihla inhlansi, kodwa awukwazi ukuyisusa
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Ukwenza abanye bajabule ngamazwi anomusa
ashukunyiswa yizinhloso ezinhle nangeseluleko esiqotho
kuyinto emangalisayo futhi isibonakaliso sobukhosi esichaza
.imiphefumulo emikhulu

Ngokuphathelene nokulimaza omunye umuntu
ngamazwi abuhlungu, abuhlungu, ukubukeka okubhuqayo,
noma iziphakamiso ezicasulayo, lezi yizindlela ezihlazisayo
.nezicasulayo abantu abanenhliziyi enhle abangazisebenzisi
Ukubhuqa kusiza ekwembuleni umoya wokuvukela
nentukuthelo kumenzi wobubi, kuyilapho amazwi
anobungane edala ukuzisola kuye, okusho ukuthi umuntu
.uyawaqaphela amaphutha akhe futhi akawaphindi futhi
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Omunye wabafundi wathi, "Mfundisi, angikaze
"?ngikholelwe ezulwini. Ingabe leyo ndawo ikhona ngempela
:Uthisha uParamahansa waphendula
Yebo labo abathanda futhi abathemba uNkulunkulu"
baya kulelo pharadesi lapho ukufa kufika kubo. Kulelo zwe
elingokoqobo, umuntu unekhono lokwenza noma yini
".ayifunayo ngokushesha, ngamandla okucabanga

Umzimba we-ethereal wakhiwe ukukhanya
okukhazimulayo Kulezo zindawo ezimangalisayo
.kunemisindo nezibani ezingaziwa ngabantu baseMhlabeni
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Injabulo kufanele ifunwe kakhulu ngaphakathi kithi, futhi
ifunwe kancane kancane ezintweni ezibonakalayo
Jabula engqondweni yakho ukuze izinto zangaphandle
zingakuphazamisi ukuthula kwakho futhi zikulahlekisele
ibhalansi

Injabulo yangaphakathi iyona kuphela isifiso okufanele
silwelwe kulokhu kuphila, futhi ukuphikelela nokuzimisela
kwanele ukukufeza lokho

Injabulo iyisihlalo sobukhosi sikaNkulunkulu ngaphakathi
kumuntu
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Abantu abaningi bacabanga ukuthi baphapheme, kodwa
abavukile

Iningi labo lingazi lutho Kumelwe ukuthi uke wezwa
ngabantu abahamba belele futhi bememeza bethi “Umlilo!
Umlilo!” noma bekhuluma futhi befundisa

Iningi labantu linjalo. Yebo, angisho labo abafisa
ngobuqotho ukuvusa ingqondo yabo ebuthongweni
.bokungazi ngokomoya

Kumelwe sisebenzele ukuvusa labo abazingcwabile
ngaphansi kwemfucumfucu yokuziphatha okungalungile
nokuphila okuphambene

Ukuze senze lokho, kumelwe siqale sibuyisele ulwazi
lwethu luphila emathuneni okungazi siluyise ekukhanyeni
.kolwazi lwaphezulu
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Ubungane uthando lukaNkulunkulu olukhanya
emehlweni abathandi bethu, futhi kuyisimemo Sakhe ukuba
sibuyele ekhaya lasezulwini ukuze sinambithe ubumnandi
.bobunye baphakade nothando lwendawo yonke

Ubungane buyizwi elingcwele elibiza imiphefumulo
ukuba ikhululeke ekuziboneni kwayo kanye nobugovu
.obusihlukanisa noNkulunkulu kanye nobuntu

Ubungane beqiniso buyisibopho esibusisiwe phakathi
kwemiphefumulo eqondayo, ekhombisa uthando olumsulwa
lukaNkulunkulu kanye nezimfanelo ezingcwele zomoya
.wezulu

Ubungane beqiniso bubanzi futhi buhlanganisa bonke
abantu

Ukuthandana nomuntu othile ngokuzithandela kube
.yinto evimbela ubungane nabanye abantu

Imingcele yothando kufanele yandiswe ukuze
ihlanganise umndeni, omakhelwane, kanye nomhlaba wonke
Umngane wendawo yonke unengqondo ebanzi, uthanda
izidalwa zikaNkulunkulu, futhi usakaza uthando lwakhe
ngokukhululekile nomaphi lapho eya khona nomaphi lapho
ephendukela khona

Lezi zimiso ezinhle zaziphilwa futhi zikhuthazwa yibo
bonke abantu abakhulu

Uthando lomndeni luwuqeqesho lokuqala lokubeka
izisekelo zobungane obungokomoya
Igazi elifanayo ligijima emithanjeni yabo bonke abantu
bazo zonke izinhlanga

Nakuba singabezizwe nezinhlanga ezahlukene,
sihlanganiswe yizibopho zomhlaba wonke ngenxa yokuba
.yingxenye yomthombo ofanayo waphezulu

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Umphefumulo awukwazi ukuboshwa ejele ngenxa
yemigoqo eyenziwe ngumuntu ngoba uvela kuwo wonke
.umuntu futhi ungowawo wonke umuntu

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Uma sizoke sijabulele impilo nhlobo, isikhathi simanje,
.hhayi kusasa noma ngonyaka ozayo

Ukulungiselela okungcono kakhulu impilo engcono
ngonyaka ozayo impilo evumelanayo, elinganiselayo
nejabulisayo kulo nyaka
Impilo yesikhathi esizayo (empilweni yangemva kokufa)
egcwele injabulo nezinjabulo incike endleleni yethu
yokuphila, indlela esicabanga ngayo, kanye nendlela esenza
.ngayo futhi esiziphatha ngayo kule mpilo
Namuhla kufanele kube usuku olubaluleke kakhulu
nolunenjongo empilweni yethu

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Ukuzindla kuyithuluzi lapho izendlalelo ezimboza futhi
zifihle ubuso bokuqonda zisuswa khona, futhi
ngokuyisebenzisa umthombo ogeleza njalo wenjabulo
.yaphezulu uyaqhuma
Ukuzindla nokuphumula okuphelele, noma ukukhipha
umcabango ngokuqonda emizweni edidekile, kuyindlela
yangempela nephumelelayo yokwazi uNkulunkulu Uma
besingenza konke ngaphandle kokuzindla, besingeke sithole
injabulo elingana nenjabulo eza lapho imicabango isekhona
(kukhona ukuthula okuvela eNkosini yakho) futhi ivumelana
nokuthula kwaphezulu (Ukuthula engikushiya kuwe)
Lokhu kujabula kwaphezulu kungatholakala
ngokusebenzisa indlela efanele yokugxila nokuzindla

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Uma usesha umnyango ophahleni lwekamelol lakho,
ngeke uwuthole ngisho noma usesha iminyaka eminingi
ngaphandle kokuthi usebenzise indlela efanele yokusesha
.futhi ubheke odongeni

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Usuku luzofika lapho ngizovalelisa khona kuleli zwe,
kodwa uma nje ngisaphila kulo mhlaba, injabulo yami enkulu
isekukhulumeni ngezimangaliso zikaNkulunkulu kulabo
abangethembayo, futhi isifiso sami sisekukhuliseni
ukulangazelela kwabo lokho kukhanya kwaphezulu

okunginike induduzo, inkululeko, kanye nokuvikeleka
.okungachazeki

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Umlando wendawo yonke, kuyo yonke imininingwane
yayo emincane, ugcinwe ezindaweni ezingaphansi
zephakade—lokho kungenye indlela Lapha kuleli zwe
elilinganiselwe, sibona ubude, ububanzi, ukujiya,
nokuphakama, kodwa kukhona elinye izinga lapho lezi
zilinganiso zingekho khona Konke kusobala kuleyo ndawo
engokoqobo; konke kuwukuqaphela nokuqaphela Umuzwa
wokunambitha umuzwa, njengoba kunjalo nomuzwa
wokuhogela Imizwa yethu, imicabango, kanye nemizimba
yethu konke kuwukuqaphela Futhi njengoba nje singabona,
sizwe, sihogele, sinambithe, futhi sithinte emaphusheni,
nathi singabhekana nayo yonke le mizwa ngokuqonda
okumsulwa, okusobala noma umuzwa ezindaweni
eziphakeme

Yilokhu kanye engikubonayo njengamanje njengoba
ngikhuluma. Angikho kulo mzimba, kodwa ngiyingxenye
yakho konke okukhona. Izinto engizibonayo zingokoqobo
.kimi njengoba nawe unjalo kimi

Umuntu kumele avuke ukuze abone uNkulunkulu yonke
indawo futhi azi umehluko phakathi kwephupho neqiniso
Ngivame ukubona okungapheli endaweni engikuyo, futhi
ngibona leyo ndawo okungapheli Konke kuboleka ukuphila
kulowo mthombo waphakade
Ngesikhathi ngiseyingane, ngangihlala ngithandaza
imini nobusuku, kodwa kwakungekho mpendulo noma
impendulo

Ngakolunye uhlangothi ngabona isintu, kanti
ngakolunye uhlangothi ngabona iphakade elingakhulumi
nami

Nakuba ngangicabanga ukuthi ngingedwa nokuthi
wonke umuntu ungilahlele, uNkulunkulu akangilahlanga

ngoba wayehlala enami ngasese, ngemuva kwemicabango
.nemizwa yami

Futhi lapho ngiqala ukubona ukukhanya ngaphakathi
kimi, umphefumulo wami wagcwala ngokungaqondakali
iphunga laphezulu elibusisiwe

Ngangibona izimpande zezihlahla kanye nojusi kuzo,
futhi ngazizwa ngiseduze noNkulunkulu owanginika induduzo
.futhi waduduzela inhliziyo yami

Ngathandaza futhi ngamemeza kaninginingi, imini
nobusuku, kwathi lapho izinto zilahlekelwa ukukhanya kwazo
kanye nencazelo kimi, ngalahla umhlaba nakho konke
okukuwo, okuhlanganisa nenjabulo, ngesaba ukuthi kungaba
injabulo yezinto ezibonakalayo, futhi ngathola uNkulunkulu
.onami manje njalo

Umhlaba ungangishiya, kodwa uNkulunkulu akasoze
angishiya ngisho nomzuzwana owodwa
UNkulunkulu uyikho konke Leli hholo nendawo yonke
elizungezile kuntanta njengezithombe ezihambayo esihenqo
somqondo wami

Ngiyabuka futhi angiboni lutho ngaphandle komoya
omsulwa, ukukhanya okusobala, kanye nokuqonda
okumnene

Umzimba wami, imizimba yenu, nazo zonke izinto
emhlabeni kuvela kulokho kukhanya okukodwa kwaphezulu.

.Uma ngibona lokho kukhanya, angiboni lutho olunye
Uma ubheka isikrini, ubona izithombe ezihambayo,
kodwa uma ubheka emuva (ebhayisikobho yendabuko),
ubona kuphela ukukhanya okukhanya esikrinini. Kuzwakala
.kungakholeki, kodwa kuyiqiniso

Bengivame ukukhuluma ngalezi zinto, kodwa manje
angisakhulumi nalabo abangenandaba noma
abangenandaba Kodwa uNkulunkulu ungivumele ukuba
ngikhulume nani kulokhu Konke kuyadlula Thandazela lokho
okuphakade

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Njengoba safika kuleli zwe lapho singazi khona,
kungokwemvelo ngathi ukuzibuza ngemvelaphi nenjongo
.yokuphila

Sizwa ngomdali waleli zwe, sifunda ngaye, futhi yonke
indawo imemezela ukuba khona kwengqondo yakhe
.yaphezulu

Njengoba nje izingxenye ezincane nezinembile zewashi
elincane zisenza simangale ngomenzi wamawashi
Njengoba nje imishini emikhulu neyinkimbinkimbi
yasefektri isimangaza futhi ikhuthaza ukuhlonishwa
komsunguli wayo, kanjalo nalapho sibona izimangaliso
zemvelo, simangazwa ukuhlakanipha okufihliwe ngemuva
:kwayo, futhi sizibuze

Ubani onike imbali isimo sayo esikhanyayo, esibheke"
"?elangeni

Iphunga layo nobuhle bayo kwavelaphi? Futhi
amacembe ayo akheka kanjani ngokunemba okukhulu
kangaka futhi adayiwe ngemibala emihle kangaka
?nejabulisayo

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Ngikuzwa ekujuleni kwemicabango yami, ngiyakuzwa
ukuba khona kwakho emizweni yami ejulile, futhi
ngiyakubona uqhakaza ensimini yothando lwami
Ngigcwalise ngephunga lobukhona bakho, ukuze
ngijabulele iphunga lakho elibusisiwe
Woza kimi uvela ngale kwamazulu, izinkanyezi,
imicabango, nemizwa Ngibonise ubuso bakho obungcwele
kakhulu futhi ungivumele ngibone ubukhona bakho
emphefumulweni wami, nxazonke zami, nakuyo yonke
.indawo

Bengikufuna phakathi neminyaka nezikhathi, ezindleleni
zezifiso nezifiso, futhi manje sengiyabona ukuthi uhlala
emphefumulweni wami futhi uphefumulela imizwa yami
.engcwele kakhulu

Ungabe usangifihlela ngemuva kwezimbali zemizwa,
imicabango, kanye nokushaya komphefumulo
Hlobisa umphefumulo wami ngamatshe ayigugu
okuhlakanipha Kwakho, ungiphefumulele umoya wenjabulo
Yakho, futhi ususe kimi ubumnyama obukusibekele
.emehlweni ami nasekuqondeni kwami
Wena ongaphezu kwezinkanyezi nesibhakabhaka
esiluhlaza okwesibhakabhaka, nangale kwezingqimba
zomkhathi nazo zonke izidalwa nokuphila wamukele
ukunyenyeza kothando lwami futhi ucwilise ubukhona bami
.ngothando Lwakho, ukukhanya Kwakho nokuthula Kwakho

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Uma ubuzizwa ngisho nencanyana yothando oluvela
kuNkulunkulu, ubuyothola injabulo engachazeki nengaphezu
.kwamandla engenakuvinjelwa
Ukuze kube nzima ngawe ukuyilawula
Uma sivumelana noNkulunkulu, ukuqonda kwethu kuba
okungenamkhawulo futhi kuhlanguka nokujula kolwandle
kokuphila okuphelele
Sithola injabulo enkulu nothando oluphezulu oluphezulu

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Abanye abantu bathanda ukufunda amanoveli
abuhlungu futhi bawabheka njengezincwadi abazithandayo
zokufunda, futhi banomuzwa wokuthi bazoqhubeka
.bezijabulela kuze kube sekupheleni kokuphila kwabo
Kodwa uma bezihlaziya, bazothola ukuthi bavame
ukucindezeleka nokucasuka ngokufunda njalo lolo hlobo
.lwezincwadi
Ngenxa yalokhu kucindezeleka, bangase bafise ukuyeka
lowo mkhuba futhi esikhundleni salokho bakhe umkhuba
wokufunda izincwadi nezinto ezingokomoya eziphefumulela
imicabango yabo futhi zondle imizwa yabo ngemibono
.ezwakalayo nenhle

Uma benza lolo shintsho, bazothola ukuthi izimpilo zabo
zithathe ithuba elisha elimangalisayo ngenxa yokuqonda
.okunengqondo nokuzimisela okuqinile
Kuyiqiniso ukuthi singazishintsha ngokushesha kakhulu
uma sifuna, kodwa ukushintsha amaphethini nemikhuba
yeminyaka kudinga umzamo wangempela kanye nentando
.enamandla

Ukuze kuqedwe umkhuba omdala nogxilile, wonke
amandla okuzimisela kumele asebenze ngendlela ehlukile
kuze kube yilapho umkhuba omubi uqedwa futhi amandla
.awo engasebenzi

Iningi labantu alinaso isineke nokubekezela
okudingekayo kulokhu Kodwa umuntu kumelwe aqaphele
ukuthi lokho akudalile noma akwenzile kungasulwa noma
kulungiswe

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Masilahle imingcele yobugovu futhi sizulazule
emadlelweni amakhulu, anabile entuthuko engokomoya
Futhi njengeqembu lesikhathi, elihlala lihamba
ezindleleni zokuphila, kanjalo neqembu lomphedumulo
kufanele lihambe ezindleleni zokwanda okukhulu kakhulu
.eziya emaphethelweni omoya waphezulu

Umoya wokuzibophezela ekwenzeni imisebenzi
ebaluleke kakhulu empilweni uvame ukuhlala ungcwatshwe
ngaphansi kwemfucumfucu kanye nemfucumfucu
.yemikhuba yabantu

Umuntu kumelwe azikhulule ethonyeni elidumazayo
laleyo mikhuba futhi aqale ukuhlwanyela imbewu
.yempumelelo ayilangazelelayo emhlabathini wempilo yakhe
Ukuphila kuthola inani nokubaluleka lapho sifeza
umsebenzi ophuthumayo nobaluleke kakhulu: ukuthola
incazelo yangempela kanye nenani lokuphila kwethu
Abantu kumele baqaphele ukuthi lezi zithombe
zokuphila ezinyakazayo aziboniswa ngaphandle kwesizathu

Nsuku zonke sibona izinto ezintsha, futhi nsuku zonke
kuletha izifundo ezintsha okufanele sizifunde ngokugxila
enjongweni ephakeme yokuphila komuntu: ukuqaphela
isidalwa esiphakeme esifihliwe ngemuva kwesihengo
sokuphila

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KuNkulunkulu uzothola uthando lwezinhliziyi zonke,
ukugcwaliseka kokulangazelela, kanye nokugcwaliseka
kwezifiso Konke umhlaba okukunika kona bese kuthatha,
kukushiye udabukile, ubuhlungu, noma ukukhungatheka,
uzothola kuNkulunkulu ngesilinganiso esikhulu kakhulu futhi
.ngaphandle kokudumala nosizi okuhambisana nakho

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Abanye abantu bathi kufanele sithembele kuphela
esizathwini Abanye bakholelwa ukuthi kufanele sanelise
izinzwa zethu Zombili lezi zikhundla ziqisa kakhulu
Ngokusho komunye umbono, kuyalulekwa ukuthi
uhlolwe njalo ukuze uqinisekise impilo yomzimba kanye
nenhlalakahle, njengoba nje imoto yakho ihlolwa ngezikhathi
ezithile Lokhu kunengqondo Kodwa abantu abawona imishini
Uma impilo yakho yengqondo incike esimweni sakho
somzimba, ngokushesha noma kamuva ingqondo
izogqilazwa yizidingo zomzimba, okwenza zonke izinhlobo
nenani lemithi kanye nokunye ukwelashwa ngokomzimba
kungasebenzi Lokhu kuchaza ukuthi kungani sihlushwa izifo
ezingelapheki Ubuthakathaka bomzimba sebugxilile ngoba
ingqondo yenqabile ukuba yinkosi yomzimba
Kungcono ukuqala ngokulinganisela Uma uncipha
kancane, faka i-iodine encane, kodwa ungathembeli kuphela
emithini Thatha izinyathelo ezifanele kuze kube yilapho
usukwazi ukuthembela kancane kancane ekuhlakanipheni
okuvamile

Othisha abakhulu ngokwabo basebenzisa imithi
eyenziwe ngamakhambi namakhemikhali adalwa
.nguNkulunkulu

Imithi nezidakamizwa azidingeki kumfundisi
ongokomoya, kodwa ukuze abonise ukuthi amandla
kaNkulunkulu asebenza ngezindlela eziningi, ngezinye
izikhathi angakhetha ukusebenzisa amalungiselelo
.ezokwelapha

Kunoma ikuphi, ukunqoba kulele emandleni engqondo.

Uma ufinyelela ekukholweni okuqinile ukuthi ungaphili
ngaphandle kwemithi yonke ngaphandle kwemiphumela
.emibi, uyanqoba futhi unqobe umzimba wakho

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Ubungane esibupha abanye kufanele busuke
enhliziyweni, futhi uthando nokubambisana akufanele
kuboniswe ngaphandle kuyilapho ingaphakathi lisho
.okuhlukile

Umthetho ongokomoya uqondile kakhulu futhi
unamandla, futhi izimiso ezingokomoya akumelwe
ziphikiswe

Ngakho-ke, kubalulekile ukungabakhohlisi noma
ukukhaphela abangane futhi ungadluli imingcele yobungane
Umngane kufanele azi nokuthi nini lapho kufanele
abambisane nomngane wakhe nokuthi nini lapho kufanele
asebenzise intando yakhe futhi agweme ukubambisana naye

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Ubuso besikhumba abuzwa imizwa yokuthinta; leyo
mizwa empeleni iyenzeka ebuchosheni, futhi umuntu
akanakunambitha, athinte, ahoge, ezwe, noma abone
.ngaphandle kwengqondo

Singase sibone ukunambitheka ebusweni bolimi lwethu,
kodwa empeleni, ubuchopho obubhalisa lokho kunambitheka
Ngokufanayo, lapho ingxenye yomzimba ilimele, ubuhlungu
buzwakala kakhulu engqondweni, hhayi esithweni
esithintekile

Sinezindlela ezimbili zokuzwa ubuhlungu: inzwa kanye
nesiqu sobuchopho Ukuzwa kwenzeka lapho ubuchopho
buvumela ukuxhumana phakathi kwenzwa kanye nesiqu

sobuchopho Ngaphandle kokuthi ubuchopho buqaphele
.ubuhlungu, ubuhlungu abukho
Uma umuntu engaphansi kwethonya le-chloroform
noma i-anesthesia, akazizwa ubuhlungu ngoba imizwa
ayifinyeleli ebuchosheni. Eziphethweni zezinzwa,
kunezinwele ezinhle lapho izimpawu zobuhlungu zidluliselwa
khona ebuchosheni. I-anesthetic ivimbela ukudluliselwa
.kwalezi zimpawu zobuhlungu
Ubuchopho buyisitho sokuzwa kwengqondo, futhi yonke
imizwa yomzimba idluliselwa engqondweni ngemizwa kanye
nobuchopho uqobo. Njengoba ingqondo ixhunywe
.ebuchosheni, iyamukela futhi ichaze le mizwa
Ingqondo eqiniswe ukucabanga okuhle ayithinteki
kakhulu yimizwa yenjabulo nobuhlungu. Iyazazi lezi mizwa
.kodwa ayiboshiwe yiyo

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:Izingobo zomlando - Kusukela e-Abyss kuya e-Peak
Indaba yempumelelo njengoba ilandiswa yisazi
uParamhansa Yogananda
(Lena indaba eyiqiniso ehunyushwe ngomuntu)
owayehlala ehluleka, kodwa ngokwenza ukucabanga
okudaliwe kanye nokuqinisekisa okuhle, ekugcineni wakwazi
ukunqoba izizathu zokwehluleka kwakhe futhi wakwazi
(ukusebenzisa impumelelo ngokwentando yakhe
Njengoba nje kukhona abantu abaphumelelayo
ngokwemvelo, kukhona nabantu abahlulekayo ngenxa
.yemikhuba yabo
Umngane wami nomfundi (S) wayeyisihluleki kusukela
ekuzalweni. Kuyiqiniso ukuthi wayengumfana ohlakaniphile,
okhuthale futhi ozimisele ukuthola imali, kodwa
ngokushesha nje lapho ecabanga ngomsebenzi noma
ngomsebenzi, izici zokwehluleka zamzungeza kusukela
.ekuqaleni
Ngolunye usuku weza kimi engenalutho, exoshwa
ngababolekisi, eshiywe ngabangane, engicela iseluleko

:Ngambuza ngesizathu sezinkinga zakhe, wathi
Mnumzane, ngiyisihluleki Ngesizathu esithile angazi,"
ngokushesha nje lapho ngiqala umsebenzi, ngiyalahlekelwa
yiwo, futhi indawo engisebenzela kuyo nayo iyalimala.

Umqashi ulahlekelwa yibhizinisi lakhe ngemuva nje
kokungiqasha. Ngakho-ke, ngiyesaba ukufuna umsebenzi
ngokwesaba ukuphazamisa izintshisekelo zabaqashi
abazongiqasha, ngenxa yokungazinzi kwami okuhlulekayo
ngiyaqiniseka ukuthi ngizolahlekelwa umsebenzi wami
nakanjani ngoba inkampani ezongiqasha izomemezela
ukuqothuka futhi ivale iminyango yayo, futhi ingixoshe
ngenxa yalokho. Ngakho-ke, anginalo ilungelo lokubangela
ukubhujiswa kwamabhizinisi abanye abantu ngenxa nje
".yokuxhumana kwami nabo

Ngakwazi ukumtholela umsebenzi enkampanini encane
futhi ngamcela ukuba aphinde asho lokhu kuqinisekiswa
kwakhe njalo kusihlwa, ngaphambi kokulala kanye nalapho
:evuka

Usuku nosuku ngiya ngiphumelela kakhulu emkhakheni"

"wami womsebenzi

Kwadolula inyanga, futhi (S) wangixwayisa: "Mnumzane,
inkampani oyiqashile iya ngokuya ingazinzi futhi isimo sayo
asithembisi ngicela ungikhiphe kuyo ngaphambi kokuba iwe
ngokuphelele, ngoba ngizolahlekelwa umsebenzi wami noma
kunjalo lapho inkampani yehluleka Kodwa ukuyeka kwami
manje kungase kusindise inkampani esiphethweni
esingenakugwenywa nesisabekayo ngenxa yokuguquguquka
"kwami okungekuhle

Ngahleka, angizange nginake lokho okushiwo (u-S), futhi
esikhundleni salokho ngamcela ukuba aqhubeke
nokugcizelela iphuzu lakhe futhi aqhubeke nomsebenzi
wakhe Ngemva kwamasonto, weza kimi ngolunye usuku
:kusihlwa wathi ephefumula

"Engangikwesaba ukuthi kwenzeke kanye kanye"

"?Wambuza, "Kwenzekeni

Wathi, "Inkampani yawa njengoba nje nginitshelile futhi
"njengoba bengibikezele

Ngathi kuye, ngikhononda: "Akulona yini iqiniso ukuthi
ngesikhathi uziqinisekisa ukuthi, 'Usuku nosuku ngiya
ngiphumelela kakhulu emsebenzini wami' empeleni
wawuphinda lawo mazwi njengepholi? Futhi ukuthi ingwane
yokungabaza yayilokhu ibambe imiphetho yobuchopho
bakho kangangokuthi wawuzitshela ukuthi: 'Siwula, isimo
sakho siya siba sibi kungakhathaliseki ukuthi uzama
"!kangakanani ukuziqinisekisa ngempumelelo
Waphendula wathi: "Yebo, ngempela yilokho

"okwenzekayo ngempela
weluleka ukususa ukudlidliza nemicabango emibi (S)
esindayo ngokushesha nje lapho kuvela engqondweni yakhe,
ikakhulukazi ngesikhathi sokuphindaphinda ukuqinisekiswa
okuhle, ngoba ingqondo eqondayo enokuqiniseka okuqinile
ingathonya ingqondo engazi lutho noma engazi lutho, okuthi,
ngomthetho we-magnetic resonance, ithinte ingqondo
.eqondayo ngamandla omkhuba

Nganezela: "Ukuqinisekiswa njalo kwemicabango
nemikhuba emihle kuze kube yilapho ingena futhi igxile
engqondweni engaphansi komhlaba kwanele ukususa
izithiyo zengqondo ezingaphansi komhlaba ezizuzwe
njengefa noma ezitholwe ngaphakathi komhlaba. Ayikho
indlela yokuphumelela uma nje imicabango nemizwa
yokudumazeka nokukhungatheka igxilile engqondweni
engaphansi komhlaba noma ngaphakathi komhlaba.

Phakathi kwezimo zempumelelo kubalwa ukuba nekhono
lokudala, izimo ezinhle, kanye nokuthambekela kwemvelo.
Uma ukwazi ukuthinta ukuqonda okuphezulu ngamakhono
alo angenamkhawulo, khona-ke ungakha amathuba amasha
aleyo mpumelelo esakuphunyuka futhi ongakwazi
".ukuwaqonda

Futhi ngakwazi ukusiza (S) ukuthola omunye umsebenzi,
omkhulu kunowokuqala. Kodwa ngemva kwezinyanga

eziyisithupha (okwakuyisikhathi eside kakhulu umngane wethu asichitha esebenza), wathi kimi ngolunye usuku ntambama: "Isimo senkampani siyawohloka ngokushesha, "ngakho ngicela ungisuse ngokushesha

Angizange ngizinake izinkinga zakhe, kodwa ngamcela ukuba aqhubeke nomsebenzi wakhe Ngemva kwamasonto ambalwa, (S) wathi kimi emomotheka: "Umsebenzi wesibili "longihlelele wona, mnumzane, uhambile nomoya Ngathi ngokuthula, "Ungakhathazeki, ngizokutholela "omunye umsebenzi

Waphendula wathi: "Kulungile, mnumzane, uma nje uzibekela umthwalo wokwehlisa enye inkampani ngenxa ".yobudlelwano bami nabanikazi bayo, anginankinga Ngomzamo oqhubekayo, ngathola umsebenzi omuhle kakhulu ku-(S) enkampanini enkulu. Kwadlula unyaka kodwa akwenzekanga lutho, yize (S) wayezama njalo ngesonto ukushiya inkampani ngokwesaba ukuthi izobhujiswa .njengalezo zangaphambilini

Ekugcineni, ngamcela ukuba atshale imali yakhe ebhizinisini lakhe, wesaba wangibheka ngokumangala, ethi: "Ingabe yilokhu ongicebisa ukuba ngikwenze? Awucabangi ukuthi ngizolahlekelwa yimali engiyiqongelele kanzima uma "?ngiyitshala

Wamqinisekisa ngokuqiniseka: "Kumelwe utshale imali yakho namandla akho kuphrojekthi enhle, njengesikhungo sokupheka sendawo esingadingi utshalomali olukhulu, futhi "ngiyaqiniseka ngempumelelo yakho

Eminyakeni embalwa nje, u-(S) waba ngumnikazi wezindawo eziningi kanye nezindawo zokugcina impahla .ezinkulu

Lapho eseqiniseka ngempumelelo yakhe, wazithola ephumelela kukho konke ayekwenza. Ngolunye usuku wathi kimi, ehleka: "Ngibonga uNkulunkulu nosizo lwakho, sengishintshe ekubeni ngumuntu ohlulekile ngaba ngumuntu ophumelelayo. Nganqoba ukwehluleka futhi ngaqaphela

ukuthi ukwehluleka kwami okuqhubekayo kwakubangelwa
ukungaqondi umsebenzi wami. Kodwa angazi ukuthi
ngakwazi kanjani ukuphumelela ngemva kokubhubhisa
".umsebenzi wabanye ngenxa yokwehluleka kwami

Ngakho ngamchazela: "Awuzange ubangele
ukubhujiswa kwezintshisekelo obuzisebenzela. Umthetho
wokukhanga olawula abantu, ngokusekelwe ekudlidlizeni
okufanayo, osebenza kabi noma ngendlela enhle
(njengokukhanga okufana)

Isimo sakho esinamaphutha ngokwemvelo sakudonsela
ezinkampanini ezazisezowela phansi, futhi okuphambene
nalokho, wawuyisehluleki, kanti nezinkampani nazo
zazisezowela phansi. Ngokomthetho wokukhangana, wena
nalezo zinkampani nawela phansi egqumeni lokwehluleka
.futhi nawa emadwaleni ngesikhathi esifanayo
Imfundiso yale ndaba ukuthi impumelelo yangempela
itholakala ekudaleni lokho umuntu akudingayo ngamandla
okuzimisela ngokuvusa amandla angenamkhawulo okuqonda
okuphakeme. La mandla angavuswa ngokufunda indlela
efanele yokuzindla nokucabanga ngendlela eyakhayo
nangobuhlakani ukuze uthole impilo, impumelelo,
.ukuhlakanipha, nenjabulo

* * *

Ifasitela lokukhanya
Esikhathini esidlule, nganginethoshi eliyimfihlo futhi
ngangihamba ngokucophelela ekuthuleni kobumnyama
bangaphakathi
Futhi lapho ngithumela ukukhanya okufihliwe
ebumnyameni, ngabona izinhlanzi ezincane zemibono
ephefumulelayo yembulwa ukukhanya okukhanyayo
Ngasebenzisa lezo zinhlanzi njengesicupho sokubamba
izinhlanzi engiziqondayo kakhulu, kodwa eziningi zazo
zabaleka zanyamalala ngemuva kwesiyingi esincane
.sokukhanya

Futhi kubalandeli bakho abaqotho nabaqotho, abacebile
ngezingoma zesiliva namaphupho egolide, ngithenge
ngohlobo lothando inetha elikhanyayo lemiswa
yomphefumulo futhi ngayixhumanisa ndawonye Ngashanela
ulwandle lokuhlakanipha kwakho futhi ngabamba izinhlanzi
ezincane nemihlambi yemizwa ejabulisayo kanye namagugu
ayigugu ezinkumbulo ezingcwele engangizilahlekele isikhathi
eside futhi ngiziphuthelwe, futhi ngathola nalokho ingcebo
yomhlaba engenakulinganiswa nakho

* * *

Kuleli zwe kubonakala sengathi sicwile olwandle
lobunzima
UNkulunkulu uyasivivinya ngezindlela eziningi Usibonisa
ubuthakathaka bethu ukuze sikwazi ukububona futhi
sibuguqule bube amandla
Ngezinye izikhathi usithumelela izilingo ezinkulu
ezibonakala zingaphezu kwamandla ethu ukuzibekezelela,
:kodwa umfundi ohlakaniphile uthi
Ngiyakufuna, Nkosi, futhi akukho okuzongivimbela"
:ekufuneni kwami. Imithandazo yami yenhliziyo yile
Ungangivivinyi ngokungenza ngikhohlwe ubukhona"
"bakho nokungakunaki ukukhuluma ngawe
Khona-ke uNkulunkulu uyafika asivuse kuleli phupho
eliphazamisayo, futhi wonke umuntu ofunayo uzosheshe
.athole lolo vivinyo oluhle kakhulu

* * *

Umuntu angazinikeza iziphakamiso ezinhle ezizothinta
kahle ingqondo engaphansi kokuqonda, okuzothinta
ingqondo engaphansi kokuqonda
Iziphakamiso ezingezinhle, kungakhathaliseki ukuthi
zenziwe nguwe noma zivela komunye umuntu, ziyingozi
ebuchosheni futhi kufanele zigwenywe
Kukhona imimoya emnyama (izipoki) ezizulazula
esikhaleni zifuna izingqondo nemizimba ezingayisebenzisa
.ukufeza izifiso nemigomo yazo

Ngakho-ke, umuntu kumelwe aqaphele ukubuswa
yimimoya enjalo ngokugcina ingqondo imatasa ngezinto
.ezinhle nemicabango emihle
Ingqondo akufanele ishiywe ingenalutho. Lokhu, vele,
kuhlukile ekulungiseleleni ingqondo ukuthola ugqozi
.nokudlidliza okuphezulu ngesikhathi sokuzindla

* * *

Uma imali ibhekwa njengesilinganiso senjabulo,
empeleni iletha ukungajabuli, ngoba idala umona, ubugovu,
kanye nokungezwani phakathi kwamalungu omndeni
.ofanayo
Impilo ngabe ingcono kuwo wonke umuntu ukube ibilula
Yingakho othisha bekhuthaza impilo elula
Uma kungenzeka, kuyalulekwa ukuhlala kude
namadolobha amakhulu, ngoba izakhamuzi
zasemadolobheni zivame ukuzungezwa umsindo, kuyilapho
umuntu ezizwa ekhululekile futhi enamandla emiphakathini
.emincane

Ngeshwa, abantu abaningi abahlala emadolobheni
abazikhandla ukuze bahlakulele futhi bathuthukise
ukuthambekela kwabo okungokomoya, kanti abanye baba
nomqondo omfushane futhi baphile impilo efana
neyesikhashana. Kodwa-ke, bakhona labo abangavumelanisa
.impilo yasedolobheni nengokomoya uma bekhetha kanjalo
Ngaphandle kokuba umuntu engenise uNkulunkulu
empilweni yakhe futhi adale ibhalansi ephumelelayo,
izinkinga zizomfikela kungakhathaliseki ukuthi indlela yakhe
.yokuphila iyini

* * *

Umuntu angaba nenjabulo endlini encane, futhi angase
abe yisisulu sokukhathazeka nosizi ngisho nasesigodlweni
.esinobukhazikhazi

Ukunethezeka ngokweqile kanye nokuzitika ngezinto
zokunethezeka zezinto ezibonakalayo kuvame ukuxosha
injabulo emphefumulweni esikhundleni sokuyiletha
Noma ubani othembele ekwaneliseni izifiso zakhe
zenjabulo yakhe akanakuyithola leyo njabulo, ngoba injabulo
kulokhu incike kokuthile akulindele ukukuthola esikhathini
.esizayo

Udlala ngenjabulo futhi uzama ukuyinqoba kodwa
.angaze ayithole, njengomuntu oxosha ulwandle olungcolile
* * *

Ukulala ngokwanele kusiza ekunikezeni umzimba
amandla, kuyilapho ukulala ngokweqile kukhathaza
umzimba kangangokuthi umuntu akafuni ukusebenza usuku
.lonke, kodwa kunalokho uzithola ezihudula
Enye indlela yokuqeda ukukhathala ukufaka umoya-
mpilo emzimbeni, okungukuthi, ngokuwunikeza umoya-mpilo
Uma uzizwa ukhathele, esikhundleni sokuya ekhishini
ukuyodla ukudla okulula, phuma ngaphandle imizuzu
eyishumi noma eyishumi nanhlanu bese uphefumula
.kakhulu, ukhipha umoya futhi uphefumule
Phinda lokhu izikhathi eziningana Ungaphefumuli
ngokushesha noma ngamandla, kodwa ngendlela
ekhululekile, ehamba kancane, nejulile. Ngemva kwalesi
sikhathi osichitha emoyeni ovulekile, uzozizwa unamandla
.futhi uthole ukuthi ukukhathala sekuphelile
* * *

Insimu Yokuphila

Ngizosebenzisa wonke amandla engiwanikwe
nguNkulunkulu ngendlela efanele nezuzisayo
UNkulunkulu uzongisiza uma ngizisiza, ngithandaza
.kuYe ukuba agcwalise imizamo yami ngempumelelo
Ngimboze futhi ngangcwaba ukwehluleka emathuneni
izolo Namuhla ngizolima ingadi yokuphila kwami ngomzamo
wami omusha wokudala, futhi ngizohlwanyela emhlabathini
wayo imbewu yokuhlakanipha, impilo, ukuchuma, nenjabulo

Ngizonisela imbewu ngamanzi okholo kuNkulunkulu
nokuzethemba, futhi ngizolinda Lowo Ophanayo ukuba
angiphe isivuno esiningi

Ngisho noma ngingavuni isivuno, ngizoqhubeka
ngibonga ukwaneliseka engikuthole ngokuzama konke
okusemandleni ami

Ngizombonga uNkulunkulu ngokuthi ngiyakwazi
ukuzama ngokuphindaphindiwe ngize ngiphumelele ngosizo
lwaKhe, futhi ngizombonga ngokugcwalisa izifiso zami
.ezinhle kakhulu nezifiso zami ezinhle

* * *

Ngaphandle kokuba amadoda nabesifazane baqonde
imvelo yomunye nomunye, bazohluphana ngobuhlungu
obukhulu bengqondo

Ngamunye wabo kumele enze konke okusemandleni
akhe ukudala ibhalansi phakathi kokucabanga kanye
nemizwa ukuze abe ngumuntu ophelele

* * *

Abantu banikwa imizwa ukuze bavikele umzimba.

Ngaphandle kwemizwa, umuntu wayengalimala kakhulu
.noma ashise engazi

Izilwane azikathuthukisi leli khono abantu abanalo,
ngakho-ke umuzwa wazo wobuhlungu uphansi; ngaphandle
kwalokho, unya oluqhutshwa kuzo ngezindlela ezithile
zokubulala nokubulala belungeke lubekezeleleke.

!Inkalankala iphonswa emanzini abilayo, iphila

Ngenxa yokuthi kokubili ubuhlungu kanye nenjabulo
kuyizinto ezidalwe ingqondo, ubuhlungu obungokomzimba
bungancishiswa ngokuzijwayeza ukulawula ingqondo.
Umuntu angazizwa enomuzwa njengesibonakaliso sesimo
.esingavamile, ngaphandle kokuzwa ubuhlungu

Ukuzwela ngokweqile enjabulweni noma ebuhlungwini
kuqinisa umphumela wazo, kuyilapho ukuzwela
okuncishisiwe kwenza umuntu angathinteki kakhulu

ebuhlungwini futhi angathobeli futhi abe yisigqila sezinjabulo
zemizwa

Ngaqeqesha umzimba wami nengqondo yami ukuba
ingazweli kakhulu ezintweni ezishukumisayo, futhi ngazithola
ngikhululekile eziphazanyisweni zezinzwa. Lokhu
kuqeqeshwa kuyindlela eya ekukhululweni ekubanjweni
.yizinza kanye nezidingo zazo ezingapheli
Omunye wokokotela wayenamandla engqondo
!kangangokuthi wakwazi ukwenza ukuhlinzwa okuyingozi
Yiqiniso, lokhu akunakwenzeka ngengqondo egqilazwe
ukunamathela ngokomzimba. Kodwa ngokuqeqeshwa,
ingqondo ingaba namandla futhi ibe namandla. Lapho
umuntu eqeqesha futhi elungisa ingqondo yakhe, kulapho
.ekwazi ukuyilawula khona

Ingane ekhubazekile noma enakekelwa kahle
icindezeleka kakhulu ngisho noma ngabe ilimaza
kangakanani, kuyilapho ingane eqeqeshwe ukukhuthazela
nokuqina ingavamile ukuhlela noma ukuhlela ngenxa
.yobuhlungu lapho ibhekene nokulimala okukhulu

**Ukushaya kwenhliziyo okuvela ekujuleni
komphefumulo**

Uthisha: uParamhansa Yogananda

Ukuhumusha: Mahmoud Abbas Masoud

O ukuthula okuphakade

Ngivikele ekuthukutheleni okukhulu okunyakazisa
izinza zami futhi kushise amangqamuzana obuchopho bami

Ake ngilahle umkhuba wokuthukuthela, oletha
ukungajabuli kimi nakubangane bami

Nkosi, mangingangeni ekucasukeni kobugovu
okungihlukanisa nothando lwabathandekayo bami

Mangingandisi intukuthelo yami kanye nentukuthelo
ngokubanikeza ngamabomu konke okwandisa ukuqina
kwabo

Nkosi yokuthula okungcwele, lapho ngidliwa
yintukuthelo nentukuthelo, beka phambi kwami isibuko
sokusola, lapho ngingabona khona ububi bami, obuvela
emizwa yokuminyana nentukuthelo!

Angifuni ukubukeka kabi phambi kwabanye, ubuso bami
buphambukile ngenxa yentukuthelo enkulu

Ngizoxazulula ubunzima bempilo ngemicabango
nezenzo zothando, hhayi ngenzondo nentukuthelo

Ngibusise ukuze ngikwazi ukuphulukisa amanxeba
entukuthelo ngaphakathi kimi nge-balm yokuzihlonipha,
futhi ngiphulukise izilonda zentukuthelo kwabanye nge-balm
yobumnene, umusa, nokuthula.

Ukubuyisela Ukucaca

Kwangathi imisebe yothando lwakho, Nkosi, ingakhanya
ngokulinganayo phezu kwawo wonke amalungu omndeni
wakho wasezulwini ngaphandle kokukhetha.

Isintu silahlekelwe ukucaca kwaso, sephuza ukuqonda,
asikwazi ukwamukela ukukhanya kwakho, futhi kuyiphutha
laso. Sisize sisule inkungu yamaphutha esibukweni
sokuqonda kwethu kweqiniso.

Ukumelana kwethu okungokomoya kubuthakathaka
futhi kubuthakathaka, ngakho-ke, Nkosi, thumela amandla
akho emalungwini ethu ukuze sikwazi ukususa umusi
omnyama obanzi, osimboze ukukhanya kwethu futhi
wavimbela ukugeleza kokukhanya kwakho okuphulukisayo.

O, ukube nje besingaba yizibuko ezicacile nezikhanyayo
ezibonisa isithombe sakho esimsulwa nesikhanyayo!

Ake ngizitholele kuwo wonke umuntu

Ngivumele ngiqaphele ukuthi ngaphandle komusa nokuhlakanipha Kwakho, ngabe ngikhubazekile, nginochoko, noma ngiyimpumputhe. Nakuba lokho bekuyoba yilokho engangikufanele, bengiyolangazelela ukuphulukiswa futhi ngikufune ngentshiseko.

Mama oNgcwele, uma ngibona abantu abanezitho zomzimba ezikhubazekile noma abathwele usizi, ake ngizwe ukuthi umoya wakho okhona wonke uhlupheka emizimbeni yabo nasemiphefumulweni yabo.

Ngibusise ukuze ngizwe imizwa yabo bonke abafowethu, futhi ukuze ngilwele ukubakhulula osizini lwabo njengoba nje nami ngizama ukuzikhulula.

Njengoba ngilangazelela, ngilwela, ngikhala, futhi ngimomotheka ngabanye, kumelwe ngizithole ngiphakathi kwabo bonke abantu

Yiba isibani sokuhlakanipha kwami

Uma isikebhe sengqondo yami sisondele emadwaleni ayingozi ezifiso zobugovu, siqhutshwa yiziphepho zokungazi, khona-ke ngixwayise, O wena oyisibani sokuhlakanipha kwaphezulu

Ngihlala ngifuna ogwini lokulunga kwakho kanye nendawo ephephile yokulondeka kwakho!

izingoma zezingelosi

Intonga yomlingo yokuzindla yathinta yonke imisindo futhi yayiguqula yaba umsindo wokuqala ka-Om ogijima ezindleleni zezinkanyezi, emhlabeni wonke naphakathi kwamanzi.

O Moya, zembule kimi ngezwi lika-Om: ubizo lomhlaba wonke lokukhulekela nokuzindla

Zonke izicubu zomzimba wami nazo zonke izintambo zezinzwa zami zihlabelela ngokuvumelana izingoma zezingelosi zika-Om

Umthandazo wansuku zonke wokucela isiqondiso esingcwele

Nkosi, ngizosebenzisa intando yami futhi ngisebenze ngokwethembeka nangobuqotho, kodwa ngiqondise ukuqonda kwami, intando, nezenzo zami endleleni efanele ukuze ngenze konke okufanele ngikwenze.

Iphunga lenhlonipho

Ngisondela kuwe ngibambene ngezandla, ngikhothame ikhanda, nenhliziyo egcwele iphunga lenhlonipho

Ezinhliziyweni zabakhulekeli bakho ngikhiphe ingqikithi yokulangazelela okunephunga elimnandi futhi ngayixuba namaconsi anomso emehlweni ami.

Ngalawo manzi angcwele ngizokugeza izinyawo zakho ezipinki

Ungubaba nomama wami, mina ngingumntwana wakho

Ungumeluleki oqondisayo engilalela amazwi akhe futhi ngilalela imiyalo yakhe ngokuzithandela

Woza, O injabulo yaphezulu

Mama Wendawo Yonke, yiba yilangabi elilodwa kuphela ezinhliziyweni zethu futhi uxoshe ubumnyama bemiphefumulo yethu

Futhi ngezinyembezi zothando lwethu ngawe, geza uthando lwethu lwezinto zomhlaba

Futhi ngenjabulo yesivumelwano sethu nawe, susa usizi nosizi lwethu kube kanye.

Yenza izinhliziyi zethu ezincane zibe yinhliziyi enkulu engamelana nokuba khona kwakho konke

Futhi esibukweni semvelo yakho ebusisiwe, masizibone siphatelele futhi simsulwa

Kwangathi amalangabi othando lwethu ngawe angaphakama ngaphezu komlilo wezifiso zasemhlabeni

Izigidi zezilingo zizenza sengathi ungubani futhi zisikhohlisa njalo

Woza, O njabulo emsulwa! Vumela konke ukulangazelela kwami okushisekelayo ngawe

Yiba yiplanethi ezolile ebusuku bami obumnyama bokungazi, futhi ubambe isandla sami ungibuyisele ngokuphephile endaweni yakho ephephile nephephile!

Isifungo somfundi

Ngizonqoba ukuqhosha ngokuthobeka

Futhi inzondo ngothando

Injabulo ngokuthula

Ubugovu buthathelwa indawo ukupha

Nobubi nobuhle

Ukungazi kolwazi,

Futhi ngikhathazeke, ngokuthula kokuzindla, ngawe, Nkulunkulu wami

Ngigcine kude nobubi

Ngivikele, Nkosi, ukuze ngingakuzwa okubi,
ngingakuboni okubi, ngingakhulumi okubi, ngingaphefumuli
okubi, ngingathinti okubi, ngingakuzwa okubi.

Angicabangi okubi, futhi angiphuphi okubi

Umthandazo Wokukhanya Okukhulu

Nkosi yoBukhosi, O Inggikithi yobukhona noMoya
weNdalo yonke, O Mngane wabangane! Ngembulele izimfihlo
zobukhona bami Ngifundise ukuthi ngingakukhonza kanjani
ngokuthula, ngokuthula nangokuphaphama.

Ngicwilise ekuthuleni komphefumulo wami ukuze
ngibone ubukhona bakho baphakade ngaphakathi kwami
nangaphakathi kwami

Nginesifiso esikhulu sokukwazi, O wena
ongenakulinganiswa, O wena ongenakuqhathaniswa, O wena
oyingqayizivele nokhazimulayo ofanelwe yinhlonipho
nokwaziswa okuphelele!

Amahlumela okukhumbula isikhathi esidlule

Ngokufika kwakho, amahlumela engikulangazelelayo
azoqhakaza abe izimbali ezintsha

Nkosi, shesha usuku lapho ngizoluka khona isixha
esiluhlaza salezo zimbali bese ngisibeka ezinyaweni zakho

Umthandazo ngaphambi kokudla

O Nkosi, yamukela lokhu kudla, ukungcwelise, futhi
ungavumeli ukuminza kukungcolise

Ukudla kuvela kuwe futhi kuhloselwe ukusekela
umzimba wakho wenyama. Busisa ngomoya wakho ukuze
ube umoya osisekelayo nosiqiniso.

Uyimbali engcwele ephelele, egcwele impilo, umusa, nobuhle, futhi thina singamacembe ayo. Gcwalisa imiphefumulo yethu ngephunga elimnandi lokuba khona kwakho okukhulu.

Umoya wethu olangazelelayo

Vula amahlumela ezinhliziyi zethu bese ukhulula iphunga lawo eliboshwe ngemuva kwemigoqo yamaqabunga apinki ukuze imimoya yokuqonda kwethu okungokomoya ithwale iphunga elimnandi futhi iliyise ethempelini lakho elingcwele.

O Wena ofanelwe yiyo yonke inkolo nokuhlonishwa!

Sifuna umoya wethu olangazelelayo uvunguze ezinyaweni zakho ezibusisiwe

Ukuhleba okuvela ephakadeni

Izwi laphakade langikhuluma ngezwi eliphansi nelithambile, lithi:

"Ngikuhlebele endlebeni yakho yonke iminyaka yakho yokulala: 'Vuka!' Manje usuphumile ebuthongweni bakho; ngithi kuwe: Vusa abafowenu Sebenzani nami, ukuze bonke bezwe izwi lami"

Ngakho ngathembisa, ngithi:

"Ngizokwenza konke okusemandleni ami ukusabalalisa ubizo lwakho nokusabalalisa umyalezo wakho, futhi lapho ngishiya isimo sami sasemhlabeni ngizoboleka izwi lakho elikhona ukuze ngihlebele ezinhliziyi ezivumelanayo: Lalela izingoma zakhe zaphezulu zenduduzo engokomoya, ngoba uhlala ekubiza"

Ngizolinda bonke abafowethu nodadewethu abangenakubalwa njengoba behamba kancane kancane

ohambweni olude nolude beya emgomweni obusisiwe
wokuzazi, futhi 'ngokuhleba okuvela ePhakadeni'
ngizobahlebel: 'Vukani, bafowethu nodadewethu,
masilandele izwi laKhe elisibiza ngokungaphezi, futhi
masibuyele ndawonye ekhaya lasezulwini'

Ungumthombo wothando

Ungumthombo wothando lwasezulwini nolwasemhlabeni

Ungubaba ovikela izingane zakhe kanye nonina ozinika
isisa esingapheli

Ungumntwana omncane okhuluma amazwi othando
kubazali bakhe

Ungukuzwana okuphelele nokuzinikela phakathi
kwabathandi

Uhlanza inceku ngokubonisa inhlonipho enkosini yayo
futhi uqinise izibopho zothando phakathi kwabangane.

Ungigezile ngamanzi othando ngazo zonke izinhlobo
zawo, ngakho sengikuthandile ngayo yonke imizwa
emphefumulweni wami nangayo yonke uthando
nokulangazelela enhliziyweni yami, O wena ofanelwe yilo
lonke uthando, ukukhulekelwa kanye nenhlonipho!

Ingoma Yothando Oluphakade

Ngilungisa izintambo zehabhu yenhliziyo yami ukuze
ngiphinde ngidlale ingoma endala: Indaba Yothando Lwami
Lokuqala

O Moya Ongcwele, ngikunikeza izingoma ezintsha
ezivela kuMphefumulo WeNkosazana: izingxube zangempela
zezingoma zothando lwami lwaphakade ngawe

Amagagasi ezingoma zami adansa ngesigqi sendawo
yonke solwandle lwakho olungenamkhawulo, futhi

angiqhubenzele phezu kwamagagasi enjabulo enkulu eya
ogwini lwakho olukude kakhulu

O mculo wolwandle, onokuthula nokuzola, ngihlabelele
ngezwi eliphansi ingoma yokulangazelela umama
waphakade waphezulu

O ingoma yothando lwaphakade! Ngithuthumele
embhedeni womculo futhi ubuthongo buhlobise amehlo ami
njengoba ngijabulela ukuthula esifubeni sikamama wami
onothando waphezulu

Endlini yokugcina yenkumbulo, ngithathe ingcebo
engcwele, kuhlangukise nemibhalo nezithembiso onginike
zona, ngazishintshanisa ngegolide lothando. Ngakha, phezu
kobubanzi obukhulu bomphefumulo wami, isigodlo esihle
kakhulu esifanele isihlalo sakho sobukhosi esikhazimulayo.
Manje ngilindele ukufika kwakho.

O sivakashi esingcwele esimangalisayo
nesikhazimulayo, manje sengiyakuzwa ukusondela kwakho
esihlalweni sobukhosi senhliziyo yami, egcwele injabulo
enkulu

Izingcezu zamaphupho ami edayimane aphukile,
agqitshwe ngaphansi kwezindunduma zobumnyama
basendulo, ziyakhazimula ngenxa yokukhanya kokuvakasha
kwakho

Kusukela ebuntwini bami obujabule kakhulu, izingoma
zokubonga ezithule zigeleza emsakazweni oqhubekayo

Ngicela wamukele imiqhele yokwamukela
engikuthungele yona ngokukhethekile ngezimbali nama-rose
okuzinikela kwami kwaphakade!

Ensimini yenhliziyo yami

Inyosi yengqondo yami indiza iye ensimini eyimfihlo
yehliziyo yami, indiza ngomoya wothando lwami futhi
ihlotshiswe ngamaparele amazolo akho amnandi

Nginitshalele iminduze emihle yokuqonda
okungokomoya kanye nama-daffodil aphuzi ukuze ngilawule
izinyembezi zami zokuphenduka, ama-violet athambile
aphupha ngokuthobeka, kanye nama-daisies abanzi ukuze
nibone umphefumulo.

Kuwe, imithi yemicabango yami inikeza izithelo
ezimnandi zemithandazo emnandi, ngezandla ezithobekile
zamatsha athambile, anamazolo

Futhi ensimini yehliziyo yami, inyosi yemicabango yami
iyazulazula, idakiwe, phakathi kweminikelo ye-nectar
emsulwa kuwe

Iminyango evulekile

Nkosi, ngesikhathi ngiseyimpumputhe angikwazanga
ukuthola umnyango owodwa oholela kuWe

Ungiphilisile amehlo, futhi manje sengithola iminyango
evulekile yonke indawo:

Enhliziyweni yezimbali, phakathi kwemisindo
yobungane, kanye nenkumbulo yezilingo ezithandekayo
nezihloniphekile, yonke imithandazo yami ivula indlela
entsha eya ethempelini lobukhona bakho
obungenamkhawulo!

Ingoma yomphefumulo wami

Ekukhaleni kwe-violin, ekukhaleni kwehabhu,
nasekulebeni kwemicabango yami ehlumayo, ngezwa
ukuzwakala kwezingoma zakho Ngakho ngadonsa ikhethini
lemisindo ejulile yasemhlabeni futhi ngalalela, ngidakiwe,
izwi lakho elingokoqobo, O mculi waphezulu

O, ingoma yomphefumulo wami omangalisayo,
ekugcineni ngikulalele

Ungivusile ebuthongweni bami bakudala

Futhi nansi ngibeka izimbali ze-altare lakho elingcwele
zezingoma zami ezilangazelelayo nezingoma
ezikulangazelelayo

Ukuthula makube phezu kwakho

Impumelelo engokomoya ngobuhle obuphezulu

"Uyazishaya indiva izifundo zefilosofi ezisezincwadini zakho zokufunda. Kubonakala sengathi uthembele 'ekuqondeni' ukuze kukusize uphumelele izivivinyo ngaphandle kokwenza umzamo odingekayo. Kodwa ngaphandle kokuthi ufunde ngendlela ewusizo nephumelelayo, mina ngokwami ngizoqinisekisa ukuthi uyahluleka kulesi sifundo."

UProfesa Joshal, uprofesa eSerampur College (eNdiya), wangiphendula ngala mazwi aqatha Ukwehluleka kwami esivivinyweni sakhe sokugcina esibhaliwe kwasho ukuthi angikwazanga ukuya ezivivinyweni zokugcina eCalcutta University, eyayifake iSerampur College njengenyeye yamagatsha ayo. Umthetho omisiwe emanyuvesi aseNdiya uthi umfundi ohluleka noma yisiphi isifundo ezivivinyweni zokugcina zezifundo zobuntu kumele aphinde unyaka olandelayo kuzo zonke izifundo.

Oprofesa bami eSerampur babevame ukungiphatha ngomusa nangokuhleka, bethi, "UMukanda (Paramhansa) udakwe kakhulu ngokomoya" Lokhu kwangivikela ehlazweni lokuphendula imibuzo ekilasini, njengoba babeqiniseka ukuthi izivivinyo zokugcina ezibhaliwe zizokwanela ukususa igama lami ohlwini lwabafakizicelo be-undergraduate.

Ngakolunye uhlangothi, abanye abafundi bangibiza ngokuthi "i-hemmit ejabule kakhulu"

Ngithathe isinyathelo esihlakaniphile sokuvimbela usongo lukaSolwazi uJoshail Lee lokungiphoxa ngefilosofi Ngaphambi nje kokuba kumenyezwe imiphumela yokugcina, ngacela omunye wozakwethu ukuba angiphelezele siye ehhovisi likasolwazi, ethi:

"Woza nami, ngoba ngifuna ufakazi, futhi ngizodumala uma ngingamqobanga ngempela uprofesa"

Uprofesa wanikina ikhanda ngemuva kokuba ngimbuze ukuthi unginike liphi ibanga izimpendulo, washo ngezwi elinokuzethemba nelokunqoba njengoba ehlola inqwaba yamaphepha etafuleni lakhe: "Awuyena phakathi kwabaphumelele, njengoba iphepha lakho lingekho phakathi kwamaphepha Kunoma ikuphi, wehlulekile ngoba awuzange uye ezivivinyweni"

Ngamomotheka ngathi:

"Mnumzane, sengibhale izivivinyo, ungangivumela ukuthi ngizifunele iphepha lami mina?"

Uprofesa, edidekile, wanginika imvume, futhi ngasheshe ngakhipha iphepha lami, engangisuse kulo ngokucophelela konke okwakungase kwembule ubuwena bami ngaphandle kwephasiwedi Njengoba uprofesa ayengalibonanga igama lami, wanikeza izimpendulo zami amamaki aphezulu, yize zazingenakho okuqukethwe yincwadi!

Lapho nje eqaphela iqhinga lami, wamemeza, "Maye, le nhlanhla embi!" Wabe esenezela ngethemba, "Nakanjani uzohluleka izivivinyo zakho zokugcina"

Ngokuphathelene nezivivinyo kwezinye izifundo, ngithole usizo oluthile, ikakhulukazi kumzala wami

nomngane wami othandekayo uPrabhas. Ngazabalaza, nakuba kwaba nzima, ezivivinyweni zokugcina ezisele futhi ngaphumelela ibanga eliphansi kakhulu.

Manje, ngemva kweminyaka emine ngisekolishi, ngase ngifanelekela ukubhala izivivinyo zami ze-bachelor's degree, ilungelo engangingalindele neze. Izivivinyo zokugcina eSerampur College zazilula kakhulu uma ziqhathaniswa nezivivinyo zokungena eCalcutta University ezinzima ezazidingeka ukuze uthole iziqu. Eqinisweni, ukuvakashela kwami uthisha wami nsuku zonke, uSri Yuktiswar, kwangishiya nesikhathi esincane sokuvela emahholo enyuvesi Ukuba khona kwami kwakumangaza kakhulu ozakwethu ekilasini kunokungabikho kwami!

Umkhuba wami wansuku zonke cishe kwakuwukugibela ibhayisikili lami cishe ngo-9:30 ekuseni ngiya endlini kathisha wami, ngiphethe umnikelo weSri Yuktiswar: izimbali ezimbalwa ezivela engadini yehostela Uthisha wami wayengibingelela ngemfudumalo futhi angimeme esidlweni sasemini, engangikwamukela ngenjabulo, ngilangazelela ukubalekela imicabango yaseyunivesithi kanye nomsebenzi wami wesikole Ngemva kwamahora amaningana noSri Yuktiswar, ngilalele ukuhlakanipha kwakhe okungajwayelekile noma ngenza imisebenzi yendlu kathisha, ngangihamba ngingathandi cishe phakathi kwamabili, ngibuyele endaweni yami yokuhlala Ngezinye izikhathi ngangichitha ubusuku bonke nothisha wami, ngijabule kakhulu ngezingxoxo zakhe ezikhanyisayo, ngingavamile ukuqaphela ushintsho oluvela ebumnyameni luye ekuntweleni kokusa

Cishe ngehora leshumi nanye ebusuku, njengoba ngangizophuma esitokisini, uthisha wangibuza ngokungathi sína:

"Ziqala nini izivivinyo ze-bachelor?"

Ngaphendula ngathi: "Ezinsukwini ezinhlanu kusukela manje, mnumzane"

Wathi, "Ngithemba ukuthi usukulungele lokho"

Ngazizwa ngikhathazekile kakhulu futhi nginovalo, ngakho ngaphikisa:

"Mnumzane, uyazi kahle ukuthi ngichithe izinsuku zami nawe, hhayi noprofesa baseyunivesithi, ngakho-ke ngingazibeka kanjani ehlaya lokuya ezivivinyweni zokugcina ezinzima?"

USri Yuktiswar wangibheka ngokujulile wathi ngokungakhathali kodwa ngokuqinile: "Kumelwe uye ezivivinyweni ukuze singaniki ubaba wakho nabanye ithuba lokukugxeka ngokukhetha impilo yobumonasti kuneyunivesithi. Ngithembise ukuthi uzoya ezivivinyweni futhi wenze konke okusemandleni akho ukuphendula imibuzo."

Izinyembezi engangingakwazi ukuzibamba zageleza ebusweni bami, futhi ngaba nomuzwa wokuthi isicelo sikathisha sasingenangqondo futhi ukukhathazeka kwakhe kwafika sekwephuzile Phakathi kokububula nokukhala, ngathi:

"Ngizoya uma lokho kuyisifiso sakho, kodwa asikho isikhathi esanele sokulungiselela kahle" Nganezela kimi: "Ngizogcwalisa amakhasi ngezimfundiso zakho ukuphendula imibuzo!"

Ngesikhathi ngingena endaweni engcwele njengenjwayelo ngosuku olulandelayo, ngilethe isixha samaroses ngesizotha nangokudabuka, uSri Yuktiswar wahleka ngesimo sami esidabukisayo wathi:

"Ingabe uNkulunkulu wake wakudumaza esivivinyweni noma kunoma yini enye?"

Ngaphendula ngentshiseko, njengoba izinkumbulo ezimnandi zosizo lwaphezulu zazikhanya engqondweni yami: "Cha, ngoNkulunkulu, mnumzane"

Uthisha waqhubeka wathi: "Kwakungebona ubuvila, kodwa kwakuwukulangazelela okukhulu kwaphezulu okwakuvimbela ekufuneni udumo lwaseyunivesithi"

Ngemva kokuthula isikhashana, wacaphuna: "Noma ubani obeka ithemba lakhe kuNkulunkulu, uzokwanelisa" "Funani kuqala umbuso kaNkulunkulu nentando Yakhe, khona-ke uNkulunkulu uzokwandisa izibusiso Zakhe phezu kwenu futhi aninike konke enikudingayo"

Ngazizwa ngikhathazekile kakhulu emahlombe ami phambi kothisha. Lapho siqeda isidlo sasemini ekuseni, uthisha wasikisela ukuthi sibuyele endlini yezihambi, ethi:

"Ingabe umngane wakho uRomeshe usahlala ehostela?"

Ngathi, "Yebo, mnumzane"

Uthe, "Xhumana naye futhi uNkulunkulu uzomphefumulela ukuthi akusize ngezivivinyo"

Ngaphendula ngathi, "Ngizokwenza njalo mnumzane, kodwa uRomeshe umatasa ngendlela engavamile. Ungumfundi ohlonishwayo eqenjini lethu futhi unemithwalo yezemfundo enzima kunabanye abafundi."

Uthisha akazange akunake ukuphikisa kwami wathi, "Romeshe uzokuthola isikhathi sakho Manje hamba, ngesibusiso sikaNkulunkulu"

Ngagibela ibhayisikili lami ngagibela ngibuya. Umuntu wokuqala engahlangana naye egcekeni lehostela kwakungu-

Romesh, umfundi oyinhloko, Njengokungathi wayenesikhathi sokungisiza, wasamukela ngokushesha isicelo sami, ethi:

"Qiniseka, Mukanda, ngizokusiza"

Wachitha amahora amaningi ngaleyo ntambama futhi ezinsukwini ezilandelayo wangiqeqesha ngezihloko ezahlukahlukene, wabe esengiluleka, ethi:

"Ngicabanga ukuthi imibuzo eminingi ezincwadini zesiNgisi kulo nyaka izoba ngoChilde Harold, futhi kufanele sithole i-atlas ngokushesha"

Ngaphuthuma ngaya endlini kamalume wami ngableka i-atlas lapho uRomesh ayephawule khona ebalazweni laseYurophu izindawo ezivakashelwe ngumhambi othandana noByron.

Iqembu lozakwethu lahlangana lasizungeza ukuze lilalele isifundo, futhi omunye wabo ekugcineni waphawula:

"URomesh ukunika iseluleko esingalungile, ngoba imibuzo engu-50% kuphela ivame ukuba ngeyamabhuku, kanti enye ingxenye imayelana nokuphila kwababhali"

Kodwa lapho ngihlala phansi ngosuku olulandelayo ngiyohlolwa izincwadi zesiNgisi futhi ngibheka iphepha lemibuzo okokuqala, izinyembezi zokubonga zagcwala emehlweni ami futhi zamanzisa iphepha. Umhloli wasondela kimi wangibuza ngozwela ngesizathu, ngakho ngachaza:

"Uthisha wami omkhulu wabikezela ukuthi uRomesh uzokwazi ukungisiza Bheka, imibuzo uRomesh angiphakamisele yona iyafana neyasephepheni lokuhlolwa. Ngenhlanhla kimi, mibalwa imibuzo kulo nyaka mayelana nababhali besiNgisi abampilo yabo iyimfihlo kimi!"

Lapho ngibuya, ihostela laligcwele umsindo, futhi abafana abafanayo ababehlekisa ngezindlela zikaRomesh

manje base bengihalalisela kakhulu. Ngesonto lokuhlolwa, ngachitha amahora amaningi noRomes, owayebhala imibuzo okungenzeka ukuthi oprofesa babezoyifaka. Usuku nosuku, imibuzo kaRomes yayivela emaphepheni okuhlolwa, isebenzisa amagama afanayo ncamashi.

Izwi lasakazeka kulo lonke eyunivesithi ukuthi kwenzeka okuthile okufana nesimangaliso, nokuthi impumelelo "yesiboshwa esijabule" esingekho engqondweni manje yayiyinto engenzeka ngempela. Angizange ngizame ukufihla iqiniso, futhi oprofesa bendawo babengenamandla okushintsha imibuzo eyayibekwe yiNyuvesi yaseCalcutta.

Lapho ngizindla ngokujulile ngokuhlolwa kwami kwezincwadi zesiNgisi, ngaqaphela ngolunye usuku ekuseni ukuthi ngangenze iphutha elikhulu. Omunye wemibuzo wawunezingxenywe ezimbili: (a) noma (b) kanye (c) noma (d) Esikhundleni sokuphendula umbuzo owodwa engxenyeni ngayinye, ngangiphendule yomibili imibuzo engxenyeni yokuqala, ngingalinaki nhlobo elesibili. Njengoba amamaki aphezulu engangiathola kulelo phepha kwakungu-33, okwakungamamaki amathathu ngaphansi kwebanga eliphansi lokupasa elingu-36, ngagijimela kuthisha, ngikhala ngenhlanhla yami embi, ngithi:

"Nkosi yami, ngenze isono esingenakuthethelelwa, futhi angifanelekeli izibusiso zaphezulu ezafika kimi ngoRomes"

Uthisha wangiphendula wathi: "Qiniseka, Mukanda, futhi ukhululeke"

Iphimbo likaSri Yuktiswar lalijabulisa futhi lingenankinga. Wabe esephakamisa isandla sakhe esibhakabhakeni wathi, "Ilanga nenyanga zishintshana ngezindlela zazo emkhathini kungenzeka kakhulu kunokuba wena ungatholi iziqu zakho zaseyunivesithi."

Ngaphuma esigodlweni sezindela ngizizwa ngikhululekile, yize impumelelo yayibonakala ingenakwenzeka ngokwezibalo. Ngaphezu kwesisodwa, ngabheka isibhakabhaka ngokukhathazeka futhi ngabona iNkosazana yoSuku igxilile kahle emjikelezweni wayo ojwayelekile!

Lapho ngifika ehostela, ngezwa omunye wozakwethu ethi, "Ngatshelwa ngokushesha ukuthi izinga lokuphasa ezincwadini zesiNgisi lehlisiwe okokuqala kulo nyaka"

Ngaphuthuma ngaya ekamelweni lale nsizwa ngisesimweni sokukhungatheka futhi ngafuna ukwazi iqiniso lale ndaba ngemizwa emikhulu. Wangihlola wangiphendula, ehleka:

"Hawu, sthandwa esinezinwele ezinde, kungani unesithakazelo esikhulu kangaka ezindabeni zemfundo? Futhi kungani ujabule kangaka ngomzuzu wokugcina? Kodwa izinga lokuphasa selivele lehlisiwe laba ngu-33 kuphela"

Amandla kaSarah angenamkhawulo angibuyisela ekamelweni lami, lapho ngaguqa khona ngabonga uNkulunkulu ngokulandisa kwakhe okuphelele nomusa wakhe ongenamkhawulo Ngazizwa amandla angokomoya engiqondisa ngokucacile ngoRomesh Kwenzeka isenzakalo esiphawulekayo mayelana nokuhlolwa kwami kwesiBengali uRomesh, owayengangisizanga ngaleso sihloko, wangucela ukuba ngibuye ngolunye usuku ekuseni njengoba ngangizophuma ehostela ngiya ehholo lokuhlolwa

Omunye wozakwethu wangimemeza wathi: "URomesh uyakufonela, ungabuyi ngoba sizofika sekwephuzile"

Angizange ngisinake iseluleko salowo osebenza naye ngaphuthuma ngabuyela lapho uRomesh ayekhona, owangitshela:

"Ukuhlolwa kwesiBengali kuvame ukuphasiswa kalula ngabafundi besiBengali, kodwa kwangifikela engqondweni ukuthi kulo nyaka oprofesa bahlose 'ukubulala' abafundi ngemibuzo evela ezincwadini ezibekiwe" Umngane wami wabe esengichazela kafushane izehlakalo ezimbili empilweni kaBahrul Uloom Vidya Sagar, isazi esikhulu nesidumile sezenhlalakahle sekhulu le-19.

Ngambonga uRomesh ngagibela ibhayisikili lami ngaya egcekeni lasekolishi. Iphepha lokuhlolwa laseBengali lalinjengoba nje ayechazile, liqukethe izingxenye ezimbili. Ingxenye yokuqala yabuza: "Bhala izenzo ezimbili zomusa ezenziwe kuBahrul Uloom Vidya Sagar" Ngemva kokudlulisela lolu lwazi olusha (oluvela kuRomesh) ephepheni, ngabonga uNkulunkulu ngokumlalela ngomzuzu wokugcina. Ukube bengilokhu ngingazi ngomusa kaBahrul Uloom esintwini (futhi manje sengiphakathi kwabo, vele!), beningeke ngikwazi ukuphumelela ukuhlolwa kwesiBengali.

Umbuzo wesibili ephepheni wawuthi: "Bhala indatshana ngesiBengali mayelana nokuphila komuntu okuphefumulele kakhulu" Akudingeki ngikutshele, mfundi othandekayo, ukuthi ngikhethe bani esihlokweni sami Njengoba ngangigcwalisa ikhasi nekhasi ngokuncoma uthisha wami, ngamomotheka, ngiqaphela iqiniso lamazwi ami: "Ngizogcwalisa amakhasi ngezimfundiso zakho!"

Angizange ngizizwe ngidinga ukucela usizo kuRomesh ngefilosofi Ngiqiniseka ngokuqeqeshwa kwami okubanzi ngaphansi kweSri Yuktiswar, ngizishaye indiva ngokuzethemba izincazelo zencwadi, futhi ifilosofi yayiyibanga eliphakeme kakhulu engilitholile Amamaki ami ahlanganisiwe kwezinye izifundo anele ukuphasa

Kuyajabulisa ukusho lapha ukuthi umngane wami othandekayo uRomesh uphumelele kahle kakhulu esivivinyweni

Ubuso bukababa bagcwala ukumamatheka lapho ngiphothula izifundo zami, wavuma, "Bengingacabangi ukuthi uzophumelela, ndodana yami Uchitha isikhathi esiningi nothisha wakho" Ngempela, uthisha wami wayeqaphela ukugxekwa kukababa ngaphandle kokusho.

Iminyaka eminingi ngangingabaza ukuthi kuzofika usuku lapho ngizofaka khona isihloko se-Bachelor egameni lami. Ngangivame ukusebenzisa leso sihloko ngaphandle kokucabanga ukuthi kwakuyisipho esingcwele engisiphiwe ngezizathu ezingaqondakali. Ngezinye izikhathi ngizwa abaphothule eyunivesithi bethi ingxenye encane yolwazi abalutholile yasala nabo ngemva kokuphothula. Lokhu kungivuma kwabo kungiduduza nangokushiyeka kwami kwezemfundo okungenakuphikwa.

Ngalolo suku ngoJuni 1914, lapho ngithola iziqu zami eNyuvesi yaseCalcutta, ngakhothama phambi kothisha wami ukuze ngimbonge ngezibusiso ezageleza empilweni yakhe futhi zamboza umphefumulo wami. Wangiphakamisa ngokudlala wathi:

"Vuka, Mukanda uNkulunkulu ukuthole kulula ukukwenza ube ngumfundi ophothule ekolishi kunokuhlela kabusha indlela yelanga nenyanga!"

- 's : I-Autobiography

IzAga, izinkondlo kanye nezindaba zothisha

I-Paramhansa Yogananda



Lawo mandla aphezulu
Kuzokusekela futhi kukuqinise
Njengoba nje ayengisekela njalo futhi enginika amandla
Ngikhuluma la maqiniso ngokuhlangenwe nakho kwami
siqu
Ukuba angizange ngibhekane nalezi zinto empilweni
yami
Lapho ngikwazi ukukhuluma ngakho
Ngiphila ngokukholwa kuNkulunkulu
UNkulunkulu ungamandla ami
Angikholelwa emandleni ngaphandle kwamandla
kaNkulunkulu
Futhi uma ngigxila kulawo mandla abusisiwe
Uyangihlangana futhi usebenze ngami

I-Nightingale yesibhakabhaka
uNkulunkulu
Ngingu-nightingale wakho, okhuphukela emazulwini
obukhona bakho bendawo yonke
Ukufuna njalo amaconsi eqiniso lakho
Ngithandaze kuwe ngethemba elijulile
Ukuze uthumele izihlambi zesihe sakho emafwini
okuthula anzima
Futhi njengoba nganginomile kakhulu
Ngamukela ngentshiseko yonke into engcwele
yokuqaphela kwami
O, yeka ukuthi bengilangazelela kanjani ukuzwa
!ubukhona bakho ngaphakathi kimi nangaphakathi kwami
Ukoma kwami okungapheli kwaphela kuphela uma
ukuthinta kwakho kukupholisa
Umphefumulo wami ongaphumuli kanye nomphefumulo
wami uvutha ngentshiseko
Isikhathi sokuphelelwa yithemba nokuphelelwa
yithemba sesidlulile
Ukoma kwezinkinga kwaphela ngemvula yokuthula
kwakho
Manje sengizulazula buthule futhi ngikhuphuka,
ngihlabelela izingoma zokwaneliseka nokwaneliseka
Ngingu-nightingale wakho ophuza amanzi enduduzo
yakho kuphela
Ukwehla okungaphazanyiswa okuvela ezindaweni
eziphakeme zokuphila kwakho
* * *

Igama eliyisihluthulelo kubantu abaningi kule mpilo lithi
""mina

Umuntu onesimo sengqondo esingokomoya kanye
nokuthambekela kwakhe ezintweni ezingokomoya ucabanga
ngabanye ngendlela azicabanga ngayo yena
Labo abazicabangela bona bodwa bazilethela ubutha
.nenzondo yabanye

Labo ababazungezile Kodwa labo abacabangela imizwa
nezithakazelo zabanye bathola ukuthi
Abanye bayacabanga ngabo futhi bayayicabangela
imizwa yabo
Uma kunabantu abayikhulu edolobheni, futhi ngamunye
efuna ukuthatha
Omunye uzoba nabaphikisi abangamashumi
ayisishiyagalolunye nesishiyagalolunye. Kodwa uma
ngamunye
Uma othile ezama ukusiza omunye, khona-ke ngamunye
uzoba nabangani abangamashumi ayisishiyagalolunye
nesishiyagalolunye
Ngiphile ngaleyo ndlela futhi angilahlekelwanga lutho
ngokwabelana ngalokho enginakho nabanye
Ngempela, konke engikunikele kungibuyisele kabili,
ngomusa kaNkulunkulu Futhi manje angisafisi
Akukho lutho, ngoba lokho enginakho ngaphakathi kimi
kukhulu futhi kuyigugu ngaphezu kwanoma yini
engingayicabanga
Umhlaba unginika wona. Lokho umuntu akulwelayo
ukufeza injabulo
Uma injabulo isifikile, isidingo sezimo eziholela kuyo
siyanyamalala
Isiqinisekiso sami kuphela kuleli zwe imizwa emihle
abantu abanayo ngami Ingcebo yangempela itholakala
ekuhlaleni ezinhliziyweni zabathandekayo nabangane
Kumelwe sizame ukuxhumana noNkulunkulu kulokhu
kuphila. Sinikezwe ukuphila komuntu, ingqondo, kanye
nenkululeko yokuzikhethela, ngakho-ke kumelwe sisebenzise
.lezi ziphiwo ukuthola uNkulunkulu
Uma sinomoya wokupha, siyajabula Futhi uma silandela
le ndlela, abanye bazothinteka
Abanye abasizungezile baziphatha njengathi futhi
bazama ukusilingisa Lokhu kumele kuqedwe

Ubugovu buyimbangela eyinhloko yazo zonke izinto
ezimbi zomuntu ngamunye kanye nezenhlalo
?Izinkinga ziqala kanjani futhi kungani
Wonke umuntu ulwela – ngokwazi noma ngokungazi –
ukufinyelela ekukholweni kwakhe siqu ukuthi
akanakunqotshwa futhi akanakufa Kuzo zonke izifiso zakhe
zangaphandle, kungaba ngesayensi, ezentengiselwano,
ezokwelapha, noma nganoma yisiphi esinye isici sokuphila,
bafuna ukuthola ukuthula nokulondeka, inkululeko
ekuhluphekeni, kanye nenjabulo ehlala njalo
Kulungile lokho, empeleni kuyilungelo lakhe kanye nefa
lakhe lemvelo uMdali wakhe alifunayo kuye, uma nje naye
ezifunela lezo zibusiso kwabanye njengoba naye ezifunela
.zona

Ngakolunye uhlangothi, abantu abaningi bazama
ukuthola lelo fa elingenamkhawulo nelingenamkhawulo
ngezindlela ezilinganiselwe nezilinganiselwe
Impumelelo yomuntu ingathuthukiswa futhi ifaneleke
kakhulu uma, ngaphezu kokuthola umhlaba, umuntu enza
nomzamo odingekayo wokuhlola amandla angokomoya
!kanye namandla angaphakathi kuye
Akungabazeki ukuthi intuthuko yezinto ezibonakalayo
iyathandeka, kodwa akukho mpumelelo yangaphandle
iyodwa ezonika umuntu ukwaneliseka kwangaphakathi
.nokulondeka akufuna ngobuqotho kangaka
Isayensi isize ekuqedeni izifo eziningi eziwubhubhane
ezazisongela izizukulwane zangaphambilini futhi isize
ekuthuthukiseni izindlela zokukhiqiza ezithuthukisiwe
ezikwazi ukuqeda indlala nobumpofu. Kodwa-ke, ukugcina
ibhalansi enemphilo kuleli zwe ngokusekelwe kuphela
.ezintweni ezibonakalayo kunzima
Umuntu uthuthuka emkhakheni othile, kodwa amangale
ngokuvela kwezinkinga ezingalindelekile eziphazamisa
.impumelelo yakhe

Lokhu akusho ukuthi umuntu akufanele azame ukuthola
izixazululo zezinkinga zakhe ngezindlela zangaphandle,
kodwa kunalokho okushiwoyo ukulinganisela
nokungathambekeli ohlangothini olulodwa ngokulimaza
.olunye

UNkulunkulu unike umuntu ukucabanga kanye
namandla okuzimisela, futhi lokhu kumele kusetshenziswe
ukuthuthukisa izimo zakhe emhlabeni. Ngenkathi kwenziwa
imizamo emihle, umthombo wangaphakathi wamandla
kanye nobuhlakani kumele uqashelwe futhi uvumelane
nalowo mthombo, ngoba ukwehluleka ukuvumelana
.yimbangela yezinkinga namaphutha omuntu
Awukwazi ukuhlala nje ulindele ukuthi impumelelo iwele
emathangeni akho Ngemva kokuthi usuhlele inkambo yakho
futhi wasebenzisa intando yakho, kufanele wenze umzamo
osebenzayo, futhi uzothola ukuthi konke okudingayo ukuze
uphumelele kuzokuza kancane kancane, futhi konke
kuzokuqhubekisela endleleni efanele Intando yakho, egcwele
intando yaphezulu, izophendula imithandazo yakho, ngoba
uma usebenzisa leyo ntando, uvula umnyango lapho izicelo
zakho zizokwamukelwa khona
Isintu sithole ubuchwepheshe kwezesayensi,
ubuchwepheshe, ezokwelapha, nakweminye imikhakha,
okwenza sikwazi ukunikeza induduzo kanye nokulula Kodwa-
ke, lokhu akusho ukuthi singayeka uMdali waso Ngaphandle
kwalokho, lezi mpumelelo zizolahlekelwa yinani lazo, futhi
izinkinga zomphakathi, zomndeni, zezombusazwe, kanye
nezemvelo zizoqala ukuvela nokusabalala Lokhu kungenxa
yokuthi, ngokuthembela ngokuphelele ezintweni
zangaphandle, isintu silahlekelwa ukuhlakanipha kokuphatha
amandla amakhulu esiwakhiphe ngezindlela nezindlela
zesayensi. Ngenxa yalokho, impilo iba yinkimbinkimbi
kangangokuthi kuba nzima ukubhekana nayo, futhi kube
.umthombo wokukhathazeka nokungaqiniseki

* * *

Umuntu kumele aphilile ngayo yonke imicabango yakhe,
imizwa yakhe, kanye nokuqonda kwakhe, futhi aqaphele
futhi anake konke okumzungezile, njengomthwebuli
wezithombe onekhono obamba amathuba afanele kakhulu
okuthwebula izithombe ezinhle kakhulu zezindawo ezinhle
.kakhulu

Injabulo yangempela yomuntu itholakala ekuzimiseleni
komuntu njalo ukufunda nokwenza ngendlela efanele
nenenhlonipho. Uma umuntu ezithuthukisa, kulapho efaka
isandla khona ekuthuthukisweni nasenjabulweni yalabo
.abamzungezile

Bambalwa labo abahlaziya isimo sabo bese benquma
.ukuthi baya phambili noma baya emuva

Njengabantu abanikwe ukuqonda, ukuhlakanipha,
nokuqonda, umsebenzi wethu omkhulu ukusebenzisa lezi
zimfanelo ngendlela efanele ukuze sazi ukuthi siya phambili
noma siya emuva. Ngisho noma sibhekana nokwehluleka
ngokuphindaphindiwe, akumelwe siphelelwe yithemba noma
siphelelwe ithemba. Ukwehluleka kufanele kube yisizathu,
hhayi isithiyo, ekukhuleni kwethu ngokomzimba
.nangokomoya

* * *

Izinkinga nobunzima zivela ekuntuleni komuntu
ukuqaphela izenzo zakhe zangaphambilini, ezenziwe
ngesikhathi esithile nendawo ethile Ukuhlupheka kwabo
kwamanje kuvela emicabangweni nasezenzweni
abazikhulumile, ezimile enhlabathini yokwazi kwabo,
zahluma zaba isitshalo futhi zathela izithelo zohlobo
.olufanayo nalezo micabango nezenzo

* * *

Ukulungiselela okungcono kakhulu kwempilo engcono
Uma sifuna ukujabulela impilo ngempela, isikhathi
sesifikile—hhayi kusasa, hhayi ngonyaka ozayo, ngisho
nakweminye impilo yangemva kokufa Ukulungiselela
okungcono kakhulu kwempilo engcono ngonyaka ozayo

ukuphila impilo ekhiqizayo, evumelanayo, nenenjongo kulo
nyaka Inkolelo yethu empilweni yesikhathi esizayo
yempumelelo enkulu nenjabulo enkulu ayisizi ngalutho
ngaphandle kokuthi siyiguqulele esenzweni manje Namuhla
kufanele kube usuku olubaluleke kakhulu nolunenjongo
empilweni yethu

* * *

Labo abafisa ukushada kumele bafunde ukulawula
imizwa yabo kanye nezifiso zabo, futhi izikole kufanele
zifundise leli khono, kanye nokuhlakulela ukuzola nokugxila.
Imindeni eminingi engajabuli kanye nemindeni ephukile
ikhona ngoba lesi sici esibalulekile asinakwa, kokubili ekhaya
nasezikoleni. Abantu ababili abanezifiso nezifiso
ezingalawuleki bangahlala kanjani ndawonye ngokuthula
?nangokuthula

Ekuqaleni komshado, abasanda kushada baqhutshwa
yimizwa nenjabulo. Kodwa ngemva kwesikhashana,
njengoba le mizwa iqala ukuphela, isimo sangempela
sombhangqwana siqala ukuvela, kanye nezingxabano,
ukungavumelani, ukuxabana, nokudumazeka. Inhliziyo
idinga uthando lwangempela nobungane, futhi ngaphezu
kwakho konke, idinga ukuthula nokuthula. Lapho ukuthula
kuphazanyiswa yimizwa enamandla, insika ebalulekile
.yomshado iyabuthaka

* * *

Izitho zomzimba kanye nemizwa zidinga uhlelo
lwezinzwa olunempilo ukuze zilondoloze impilo yazo,
amandla, kanye nokuzwela Ukuze kugcinwe uhlelo
lwezinzwa lusesimweni esihle, kubalulekile ukuzikhulula
emizweni ebhubhisayo njengokwesaba, intukuthelo,
ubugovu kanye nomona

* * *

Injabulo yakho yimpumelelo yakho, ngakho ungavumeli
muntu akuphuce injabulo yakho

Zivikele kulabo abazama ukukuhlupha Ngesikhathi
ngisemncane, ngangicasulwa kakhulu yilabo abasakaza
amahemuhemu angamanga ngami, kodwa kamuva
ngaqaphela ukuthi unembeza wami ubaluleke kakhulu
kunokwamukelwa ngabantu
Unembeza uwukuqaphela okunengqondo okuqopha
ngokwethembeka nangokunembile imicabango nezisusa
zomuntu. Lapho unembeza ucacile futhi umuntu azi ukuthi
wenza okulungile, akukho lutho olungamethusa. Unembeza
ocacile uwubufakazi bomusa kaNkulunkulu. Labo
abanonembeza ohlanzekile bathola injabulo ekuphileni
.kwabo futhi bathola izibusiso nomusa kaNkulunkulu

* * *

Wonke amazwi umuntu awashoyo ashiya umthelela
ohlala njalo ebuchosheni nasengqondweni yakhe Lapho
umphefumulo womuntu uphuma emzimbeni wakhe ekufeni,
ukungena kwakhe kwenye indawo kuzoncika esahlulelweni
esinikezwa yi-karma yakhe (imiphumela yezenzo zakhe)
.ephuma emazwini amahle noma amabi
Amazwi amahle avela engqondweni enhle azoletha
imiphumela emihle emphefumulweni, kanti amazwi amabi
aqhutshwa imikhuba emibi azoqoqa i-karma embi noma
.imiphumela emibi emphefumulweni
Leli gama lakhiwe ngokudlidliza okuthathu: ukudlidliza
okuyimbangela noma okungokwengqondo, ukudlidliza kwe-
kinetic noma kweplanethi, kanye nokudlidliza okubonakalayo
.noma okubonakalayo
Igama elithi "ukuthula" linezinhlobo ezintathu ezihlukile
:zokudlidliza
Ukuntengantenga komcabango noma intando lapho 1
"kushiwo igama elithi "ukuthula
Ukudlidliza kwamandla ebuchosheni, ezinhlungwini 2
zezwi, nasolimini, okuqhutshwa yintando, lapho liphinyiselwa
"igama elithi "ukuthula

Ukudlidliza kwemisipha yezwi kanye nomphumela 3

"ongokomzimba wokubiza igama elithi "ukuthula
Ngakho-ke, wonke amagama, amahle noma amabi,
ashiya ukudlidliza kwawo—okungukuthi, imiphumela yawo—
emzimbeni noma ebuchosheni, kanye nasekuphileni
kwamandla kanye nengqondo ngesimo sokuthambekela
nezifiso. Ngalesi sisekelo, ukudlidliza kwawo wonke amazwi
.kushiya ukuthambekela okuhle noma okubi engqondweni
Lowo olahla izisusa zokuhlanekezela iqiniso uzakhela
amandla amakhulu ngaphakathi kwakhe ukuze angafakazi
.amanga futhi wonke amazwi akhe ayiqiniso
Nkosi, ngiphe amandla okusebenzisa izwi lami
ukukhonza iqiniso ngokukhuluma amazwi amnandi,
azuzisayo, naqabulayo. Dlala izingoma zakho ezingafi
emtshingweni wempilo yami ukuze ngibusiwe ngokudlidliza
.kwezingoma zakho ezingcwele

* * *

ingubo entantayo

Ngesinye isikhathi, abangani ababili babehamba eceleni
komfula lapho bebona okwakubonakala sengathi ingubo
yokulala entantayo. Omunye wabo waziphonsa emfuleni
"wabhukuda waze wafika "enguboni
Kodwa wephuza ukubuyela ebhange, futhi umngane
wakhe waphawula ukuthi wayenenkinga yokusingatha
"ingubo" nokuthi kwakuyimbangela yokubuya kwakhe
:okulibazisekile, ngakho wamthethisa, ethi
?Kungani ungamshiya bese ubuyela emuva
Umngane wakhe waphendula wathi: Yilokho engizama
ukukwenza, kodwa ingubo inginamathele futhi ayingivumeli
.ukuba ngihambe futhi ngibuye
Wamangala kakhulu lapho eqaphela sekwephuzile
ukuthi lokho ayecabanga ukuthi ingubo kwakungeyona into
.ngaphandle kwebhere lokubhukuda
Ngithola le ndaba inencazelo futhi isebenza ezicini
eziningi zokuphila komuntu. Ngikholwa ukuthi umyalezo

wayo ungowokuhlakanipha kanye nokuqapha ekugijimeleni
.ezenzweni ezingase zibe nemiphumela engathandeki
Le ngubo ingaba umqondo nje ontanta emfuleni
womcabango, okuthi uma usuqediwe, uphenduke umkhuba
.onzima kakhulu okunzima ukuwulawula

Noma kungaba umkhuba olimazayo, lapho usugxilile
ebuchosheni, ushaye izisekelo zawo futhi wandise izimpande
zawo, ube yingxenye ebalulekile yomuntu, aze abe
.yisiboshwa esibanjwe yiwo

Noma kungaba uhlobo oluhlukile lwesilingo - ukutshalwa
kwezimali okungafaneleki noma okufika ngesikhathi futhi
okuholela ekulahlekelweni okukhulu, kokubili ngokwezinto
ezibonakalayo nangokokuziphatha

Noma kungaba yimfundiso ebonakala inengqondo futhi
isebenziseka, ngakho umuntu uyayamukela futhi aqaphele,
ngemva kokuba isingene emzimbeni wakhe, ukuthi iqiniso
.layo lihluke kakhulu ekubukekeni kwayo

Noma kungaba umkhuba noma ukuzulazula
okunemiphumela engalindelekile
Noma ukugxuma ebumnyameni

Ngakho-ke, kwathiwa: Cabanga ngesimo sonyawo
lwakho ngaphambi kokuba uthathe isinyathelo

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Ukuphela Kohambo

Isikhathi eside ngithole izindlela ezigobile zokungabaza
Ngiwele izigodi ezicatshangwayo ezangihlukanisa nawe
isikhathi eside

Ngidabule amahlane angenakubalwa
Ngilandele izifiso eziningi
Ekugcineni, ngazikhulula

Kusukela ezindizeni zosizi nenjabulo
Ngakho ngaqeda uhambo lwami futhi ngafika
ekugcineni kwendlela yami

Futhi manje ngibheka ngenjabulo izinhlungu zami
zangaphambilini

Kuwo wonke amadwala ezinhlopheko zami zasendulo
Iso liqhuma izinyembezi zenjabulo
Futhi kulawo manzi angcwele
Ngezinyembezi zothando lwami ngawe, ngizihlanza

nsuku zonke

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Bengivame ukuba nesibani esiyimfihlo
Futhi ngentshiseko ngangithumela umsebe odlulayo
nxazonke zami
Ekuthuleni kobumnyama bangaphakathi
Ngangivame ukubona izinhlanzi ezincane njengemibono
yokudala
Kwabanjwa ukukhanya okungazelelwe
Ngisebenzise lokhu njengesiheho
Ukuthumba izidalwa ezinkulu ekujuleni kwengqondo
yami

Kodwa abaningi babo babaleka
Ngemuva kwesiyingi esincane sokukhanya
Kubalandeli bakho abazinikele
Icebile ngezingoma zesiliva namaphupho egolide
Ngemali yothando, ngithenge amanetha akhazimulayo,
akhanyayo ukuze ngibone umphefumulo
Futhi ngakho wakha inethiwekhi enamandla yendwangu
ekhanyayo
Ngikhukhule ulwandle lokuhlakanipha kwakho ngikufuna
!Izinhlanzi zaziningi futhi ziwusizo
Ngithole imizwa emihle nejabulisayo eminingi
Futhi ingcebo yezinkumbulo ezingcwele ezilahlekile
,Ngaphezu kwalokho
ngikutholile
!Futhi ngikuthumbile, wena ngcebo yengcebo

* * *

Ezinsukwini zasehlobo zokuphila
Ngiqoqa umpe wemizwa
Kusukela ezimbalini zobuhle obuhle

Okumila ezingadini zemiphefumulo emihle
Futhi ngikugcinile enhliziyweni yami
ijusi elicwengekile
Kusukela ezimbalini eziphakeme zokubekezelelana
Futhi amahlumela okuthobeka anephunga lawo
elithambile
Futhi izimbali ezingavamile zemibono ye-lotus ethambile
Futhi lapho ithululela phezu kwami
Iqhwa, okuhlangenwe nakho kwasebusika obubandayo
Futhi ukuhlukana okubuhlungu emhlabeni
Ngifuna ukufudumala nenduduzo
Emanzini agcinwe esitokisini senhliziyo yami
Kulelo seli elibusisiwe, phambi kwakho
Ngivame ukuthola inyosi yaphezulu
Phuza ubumnandi bezifiso zami ezindala
Ngizizwa ngiqinisekile, ngijabule futhi ngiduduzekile
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Ngikholelwa ebuzalwaneni besintu, othandweni
oluphelele, ukuqonda, kanye nokubambisana phakathi
kwabantu ukuze kuncishiswe imithwalo yokuphila komunye
nomunye
Imigomo emihle yomhlaba wonke kumele ingeniswe
kuleli zwe, futhi kumele kwamukelwe imigomo ephakamisa
isintu emazingeni aphezulu, icwenge imicabango yaso,
inciphise izifiso zaso, futhi ithuthukise amakhono aso
.amahle
Lokhu kungafezwa ngesibonelo esingokomoya nezimiso
eziqinile, hhayi ngamandla amakhulu nezimpi ezibhubhisayo
Amandla ezombusazwe ayingozi ngaphandle kwezimiso
ezingokomoya zokuwaqondisa nokuwabusa
Uma ngibhekisela ezimisweni ezingokomoya, angisho
izimfundiso ezithile, amahlelo, noma ukuhlanganiswa
kwezinkolelo, kodwa kunalokho imithetho yendawo yonke:
imithetho yokulunga nobuhle esebenza kuwo wonke umuntu
.futhi ibalethele ubuhle, inhlalakahle, nokuthula

Kungani umuntu echitha isikhathi sakhe efuna
 imvuthuluka yothando lomuntu kanye nemali encane kanye
 nale nto noma leya, kuyilapho engathola konke
 ?kuNkulunkulu ongumthombo wothando namandla onke
 Akufanele sifune uNkulunkulu ngenxa yokuhaha
 amandla, kodwa ngenxa yesifiso sothando. Khona-ke
 sizothola ingcebo enkulu. Uma sithanda uNkulunkulu
 ngothando olujulile nolutuka enhliziyweni, uyasiphendula,
 .futhi sizwa uthando lwakhe lushaya ezinhliziyweni zethu
 Impilo imnandi uma umuntu ecabanga ngoNkulunkulu
 Uma umuntu ecabanga futhi ehlala egxile esimweni
 esingokomoya ngesikhathi somsebenzi, kulapho ikhono
 lomuntu lokumamatheka likhula khona. Ngikulowo mbuso
 manje naso sonke isikhathi—nginombono ojabulisayo
 waphezulu. Akukho okungithintayo. Kungakhathaliseki
 ukuthi ngedwa noma nginabanye, injabulo kaNkulunkulu
 .ihlala ikhona ngaphakathi kwami
 Ngikwazile ukugcina ukumamatheka kwami futhi lokho
 kumamatheka okufanayo kukhona nakuwe injabulo
 nenjabulo efanayo yomphefumulo ihlala ngaphakathi kuwe
 Awudingi ukukuthola, kodwa ukuze ukuthole kabusha.
 Ulahlekelwe okwesikhashana ngokuzazi ngemizwa, futhi
 .ungakuthola futhi
 Noma ubani okholelwa ukuthi izinto ezibonakalayo,
 ezingajatshulelwa ngokubona, ukuzwa, ukunambitha,
 ukuhogela, kanye nokuthinta, ziletha injabulo emsulwa
 uphambukile kakhulu. Izinzwa azinikezi injabulo; kunalokho,
 ziyasiphuca yona. Uma ubeka izimo zenjabulo yakho,
 njengokuthi, "Angikwazi ukujabula ngaphandle kokuba
 ngibone lobo buso," awusoze wajabulela injabulo emsulwa,
 .engangcoliswanga, ngoba injabulo yezinzwa iyadlula
 Izinsuku neminyaka kuyalimaza ubuhle bomzimba
 Konke okusemhlabeni kungaphansi komthetho woshintsho
 Ngakho-ke, noma ngabe umuntu angabona bonke ubuso

obuhle emhlabeni, ezwe yonke imisindo, futhi athinte konke
akufisayo, ngeke athole injabulo yangempela. Kodwa-ke,
.angase azikhohlise ngokuthi ajabule
Ngezinye izikhathi, ngemva kokwenza umzamo omkhulu
wokuthola okuthile, umuntu akatholi injabulo entweni
ngokwayo. Noma kunjalo, umuntu uthola ukwaneliseka
okuthile emzamweni owenziwe, ngakho-ke ukholelwa ukuthi
ujabule. Kodwa lolu hlobo lokwaneliseka
.lungokwesikhashana futhi luyadlula
Ngakho-ke akusizi ngalutho ukufuna injabulo ngemizwa.

Injabulo engokomoya kumelwe itholakale futhi ivezwe
ngamazwi kanye nesimo sobuso. Uma umuntu enza lokhu,
ngisho nokumamatheka okuncane kuzomboza wonke
umuntu oseduze kwakhe ngamandla ayo adonsela phansi
.abusisiwe, futhi abanye bazozizwa bejabule
Kodwa uNkulunkulu kuphela ongaguqula izinhliziyi
Akufanele sizinike amandla okwenza okuhle Ukuphela
komuntu owenza okuhle okhona nguNkulunkulu Leli zwe
lingelakhe Uma uzizwa ubukhona Bakhe futhi uqaphela
ukuthi ulawula konke, futhi uma ubeka konke Kuye—izenzo
ezinhle ngisho nezimbi—uzomangala ukuthola ukuthi zonke
izenzo zakho zizoguqulwa zibe izenzo ezinhle

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Uma sicabanga ngomusa ngomunye umuntu, ukuqonda
kwethu kuyakhula futhi umbono wethu uyakhula. Uma
sicabanga ngomakhelwane wethu futhi simbonisa uzwela,
ingxenye yethu iyamzwela kanye nalowo mcabango, futhi
akuyona nje umcabango uqobo odingekayo, kodwa futhi
.nokulungela ukusebenzisa lowo mcabango esenzweni
Akufanele sikiphe muntu esixukwini sethu sothando
{futhi umakhelwane wakho ufana nawe} {umakhelwane
wakho bese kuba umakhelwane wakho}
Umshado uyisifundo sokuzinikela Abantu ababili
babelana ngokuphila, bese kufika izingane bese abazali
babelana ngokuphila nazo. Kodwa kuwubugovu ukucabanga

ngomndeni oseduze kuphela ngoba abathandekayo
bazosishiya ngelinye ilanga, futhi lokhu kuyisikhumbuzo
sokuthi inhloso yobudlelwano babantu ukwandisa ulwazi
lokuzidela ngenxa yabanye nokwabelana nabo ngezinto
.ezibonakalayo kanye nemizwa enobungane

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Uma ulele, uthulisa imicabango nemizwa ngokuthula,
kodwa uma uthulisa imicabango nemizwa ngokuzindla, into
yokuqala oyitholayo isimo sokuthula, kanti imisipha yobuso
ngokwayo yakha ukumamatheka okubonisa ukuthula
.kwenhliziyo

Kodwa kumelwe ubheke ngale kwesimo sokuthula ukuze
ubone ubumsulwa bomphefumulo wakho
Lokho kuhlanzeka, okungenasici futhi okungaphambuki
yizisusa zemizwa noma ukusabela okuzenzakalelayo
Umphumela uba imicabango ehlotshaniswa nezinzwa
kanye nesimo osizwayo ngaleso sikhathi sibe injabulo
evuselelwe njalo

Abaprofethi nabangcwele banale njabulo ezinhliziyweni
zabo njalo bezizwa bephephile futhi benokuthula
okubusisiwe, abashukunyiswa futhi abanqotshwa yiziphepho
zentukuthelo, futhi ukukhathazeka nokwesaba akubathinti
Besebenzisa i-scalpel yokucabanga noma ukuqonda,
bangahlaziya imicabango yabo noma imicabango yabanye
etafuleni lokusebenza kwengqondo ngenkathi begcina
ukuthula kwabo nokuthula

Enjabulweni yomphefumulo, ukucindezeleka
kuyanyamalala ngokuphelele, futhi ukuqonda
okungokomoya kuvela ekubeni ngumfundi ojabulayo,
.okwandisa ukuqina kwakhe ekuziphatheni okuphezulu

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Ukumamatheka kweqiniso kuwukumamatheka
kwenjabulo engokomoya okutholakala ngokuzindla
nokucabanga ngoNkulunkulu nokuzwa ubukhona Bakhe

Ukumamatheka kwami kuvela enjabulweni ejulile
ngaphakathi kimi—injabulo efinyeleleka kubo bonke. Kufana
nephunga eliphuma enhliziyweni yembali eqhakazayo . Le
njabulo enkulu imema abanye ukuba bazicwilise emanzini
.angcwele enjabulo

:Kunezimo ezine umuntu ojwayelekile ajwayelene nazo

Uzizwa ejabule lapho isifiso sigcwaliseka

Uzizwa engajabule uma evinjelwa ukukufeza lokho

Kodwa uma engajabule futhi engacindezelekile, uzizwa

enesithukuthezi

Ngokunqoba le mizwa noma izimo zengqondo zenjabulo,

ubuhlungu, kanye nesithukuthezi, umuntu uzizwa

enokuthula

Ukuthula kuyisimo esifiseleka kakhulu esibangelwa

ukungabi khona kokudabuka, injabulo, kanye nesithukuthezi.

Lezi zimo zihlala zishintshashintsha ngaphakathi

.komphefumulo

Ngemva kokugibela igagasi elinomsindo nelinomsindo

lobuhlungu nenjabulo, okuhlanganisa nokucwila

okuphindaphindiwe ekujuleni kwesithukuthezi

Kukhona injabulo ekuntanteni esifubeni solwandle

oluzolile lokuthula

Kodwa okukhulu kunokuthula injabulo engokomoya

injabulo yomphefumulo injabulo yokugcina Kuyinjabulo

evuselelwe engapheli kodwa ehambisana nomphefumulo

kuze kube phakade

Leyo njabulo enkulu ingatholakala kuphela

ngokuqaphela ubukhona bukaNkulunkulu

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Wonke umuntu unamandla angakasetshenziwa. Unawo

wonke amandla adingekayo. Inggondo ngokwayo

ingamandla aphezulu, futhi kumelwe ikhululwe emikhubeni

.nasemicabangweni esiphelelwe yisikhathi nenemingcele

Ithonya lamaplanethi nezinkanyezi empilweni yomuntu
libangelwa amandla angenelelayo okukhanga nokuxosha
.phakathi kwamaplanethi nemizimba yabantu
Imicabango emibi iholela umniniyo endaweni embi lapho
engaziveza khona ngendlela afisa ngayo. Kodwa umuntu
angashintsha imicabango yakhe kanye nokuqonda kwakhe
ngamandla okuzimisela, ngaleyo ndlela angashintsha indawo
.yakhe

Uma umuntu ehlala endaweni eyingozi isikhathi eside,
leyo ndawo iqala ukumthonya ngokungazi Ngokuhamba
kwesikhathi, ulahlekelwa ngokuphelele inkululeko yakhe
yokukhetha indawo enempilo nenempilo futhi abe ngaphansi
.kwamathonya amabi aleyo ndawo eyingozi
Ngokuqondene nomuntu onentando eqinile, uvumelana
noNkulunkulu futhi akalindi amaplanethi nezinkanyezi ukuthi
zimnike ukumamatheka kwazo. Kunalokho, uqhubeka
nohambo lwakhe njengenkanyezi ehlabayo, engathinteki
ngaphandle kwenkanyezi eqondisayo kaNkulunkulu, oyilanga
.lelanga neNkosi yomthetho nemiphefumulo

Enye yezinketho ezimbili

Kwake kwaba khona umuntu owayezidela
ngokuzithandela ozinikele osebeni lomfula obusisiwe.
Wachitha iminyaka eminingi yokuphila kwakhe ecabanga
ngokujulile, kodwa ngeshwa, imizamo yakhe ayizange ithele
izithelo, futhi akazange ajabule ngokuvuna isivuno esikhulu
sokuthula, naphezu kwemizamo yakhe yokufuna
nokuphenya izimfihlo zokuphila kanye nemithombo
.yenjabulo

Nakuba umngane wethu wayezungezwe sonke isikhathi
isimo sasezulwini ngokwezindawo ezinhle, imiphefumulo
enomusa, izincwadi eziyigugu, kanye nezindilinga
ezibusisiwe zezikhumbuzo, ingqondo yakhe yaqhubeka
nokucabanga ngezindlela ezifanele kakhulu zokuphanga
.abantu nokubalimaza

Lokho kucabanga kwakungaphezu kwamandla akhe
futhi kwakubonakala sengathi kuvela ezinhlosweni zasendulo
ze-karmic. Lapho ezama kakhulu ukususa leyo micabango
engathandeki, yilapho yayihlasela khona ingqondo yakhe,
.iphazamisa ukuthula kwakhe futhi impuca ukuthula
Ekugcineni, wazithembisa, ethi: "Ngizoqhubeka
nokuthandaza nokunxusa, futhi ngeke ngiyeke ngize
ngikhululeke kule micabango ephazamisayo engihlaba
"eceleni kokuthula kwami ngesikhathi ngizindla
Kwadlula ihora, kwabe sekudlula amabili, kwafika
imicabango emibi engqondweni yakhe njengesiphepho,
yashaya isakhiwo sokuzindla kwakhe futhi yasinyakazisa
.ngamandla

Ekugcineni, ngemva kwamahora amathathu omzamo
onzima, imicabango ephazamisayo yanyamalala
ngokuzumayo engqondweni yakhe, futhi esikhundleni sayo,
wabona embonweni omuhle ongcwele kaNkulunkulu emi
.enyameni nasegazini phambi kwakhe

Lo santa okhanyayo akabonakalanga nje kuphela ephila
:kodwa futhi wakhuluma ngesisa esikhulu, ethi
Ndodana yami, ekwakhiweni kwakho kwasekuqaleni"

wawuyisela lochwepheshe ngaphandle kokukhathalela
abanye nokubaphuca izimpahla zabo. Kodwa ngaphambi nje
kokufa kwakho unembeza wakho wavuka futhi wazimisela
ukuzilungisa futhi wazithembisa ukuthi uzoshintsha
ukuziphatha kwakho okuhlazisayo futhi ulandele indlela
yobuhle. Ngenxa yalesi sizathu wazalelwa kulo mpilo
uzimisele kakhulu ngokomoya ukuba ngumuntu omuhle,
kodwa noma kunjalo waletha nemicabango emibi eyayigxile
empilweni yakho ekwakhiweni kwakho kwangaphambilini
".kwasekuqaleni

Kuyishwa, ndodana yami, ukuthi uphila kulezi zikhathi"

ezibusisiwe, uzungezwe abangane abahle, imibuthano
yokukhumbula nokuzindla, kodwa naphezu kwakho konke

lokho, uphila esihogweni sokukhathazeka kwengqondo
".kanye nemicabango ebhubhisayo nephazamisayo
Ngemva kokuthula isikhashana, umqaphi waqhubeka
:nenkulumo yakhe

Ngakho-ke, ngokomthetho wendawo yonke, futhi"
ngenxa yokuthi awuzange wenze konke okusemandleni akho
ukusizakala ngamathuba angokomoya atholakalayo kulo
mzimba, ngaphandle kokuthi uphinde kabili imizamo yakho
yokuzindla manje, ngesikhathi sokufa kuzodingeka ukhethe
:phakathi kwezinto ezimbili
Ungaphila ezulwini neziwula eziyishumi noma uphile"
esihogweni nendoda eyodwa ehlakaniphile, iyiphi
"?ongathanda ukuyenza

:Umfundi waphendula ngaphandle kokungabaza
O mngane kaNkulunkulu, ngithanda ukuhlala"
esihogweni nendoda eyodwa ehlakaniphile ngoba ngiyazi
ngokuhlangenwe nakho kwami ukuthi iziwula eziyishumi ziya
esihogweni ziphuma epharadesi, kuyilapho ngikholelwa
enhliziyweni yami futhi ngiyazi ngokuqinisekile ukuthi uma
nginomuntu oyedwa ehlakaniphile, ngisho noma
ngingaphansi komhlaba ongaphansi komhlaba uzongisiza
".ngiguqule isihogo sibe yipharadesi

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Abantu abaningi bafana nezimvemvane, bayandiza futhi
bahambe lapha nalaphaya ngaphandle kokufeza noma
yimuphi umgomo noma ukufinyelela noma yimuphi
umgomo. Uma bema, kuba okwesikhashana nje, ngemva
kwalokho badonseleka kwenye indlela yokuzilibazisa befuna
ukuzijabulisa nokuchitha isikhathi. Ngokuqondene nenyosi,
isebenza kanzima futhi ilungiselela izikhathi ezinzima,
.kuyilapho uvemvane luphila usuku lwalo kuphela
Lapho kufika ubusika, uvemvane luyafa, kuyilapho
inyosi ijabulela isivuno esisiqoqile entwasahlobo nasehlobo.
Ngokufanayo, kumelwe sifunde ukuhlakulela ukuthula

kwangaphakathi namandla okubhekana nezinsalele
.zokuphila

amacala engqondo

Umuntu akanakuhlala ethwele amagagasi enjabulo

phakade, ecwiliswe ngaphansi kwamanzi agcwele usizi,

noma ecwiliswe ekujuleni kwesithukuthezi

Kuleli zwe elibonakala ngezinto ezimbili eziphikisanayo,

umuntu ojwayelekile ubhekene nokuphakama nokwehla

okukhuphuka ngamagagasi enjabulo futhi acwila ekujuleni

kokunganaki, futhi aphonswa ngapha nangapha amagagasi

anamandla okudabuka futhi angavamile ukubhekana

.nesinye isimo sokuqaphela

Ukuvumela izimo ukuthi zishintshe imicabango yakho

ngale ndlela kusho ukunikela intando yakho esiphethweni

esingenasisekelo nesihlala sishintsha. Lokho umuntu

akudingayo ukuze aphile impilo ephumelelayo neyanelisayo

ukulinganisela kwengqondo, futhi lokhu kungafezwa kuphela

ngokucabanga okugxile kanye nokulawula amandla akhe

.emizwa

Ngisho nosizi olujulile luyaphola ngokuhamba

kwesikhathi, ngakho-ke akusizi ukuhlala ucabanga ngosizi

nsuku zonke zokuphila kwethu. Ukuhlala ulila ngenxa

yothandekayo wakho oshonile akusizi bona noma thina, futhi

.akushintshi lutho

Ukuzibheka njengomuntu ophansi noma ukuzijezisa

ngamaphutha noma ukwehluleka kwesikhathi esidlule

akusizi ngalutho; kunalokho, kwenza impilo ibe lusizi futhi

.kukhubaze amakhono engqondo

Akufanele sizivumele ukuba siwele emgodini wesimiso

esiyisicefe, ngoba leso yisimo sengqondo esingakhululekile

neze, njengoba siphazamisa ingqondo futhi sishisa

.amakhono afihliwe esithandweni sokunganaki

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UNkulunkulu usithumelela izifundo esizidingayo

empilweni ukuze sifunde kuzo futhi sithole ukuqonda kanye

nokuhlangenwe nakho Labo abagwema lezi zifundo
bazophoqeleka ukuthi bazifunde, kungakhathaliseki ukuthi
kuthatha isikhathi esingakanani
Isivivinyo ngasinye siba umngane uma sifunda kuso,
futhi singumbusi ononya uma sichitha ithuba futhi
silisebenzisa kabi ngokukhononda, inzondo, kanye
.nokwahlulela okubi

Uma sinokuqonda okunengqondo kanye nesimo
sengqondo esifanele ngokuphila, kuba kuhle futhi kungabi
nezinkinga
* * *

Akekho ongangilawula noma athathe intando yami
ngaphandle kokuthi ngivumele imicabango nezenzo zabanye
zingithonye

Nkosi, ngiyaqaphela ukuthi nginethuba elingapheli
lokuhlola amakhono ami nokuthola amandla ami
angokomoya. Ngizoshintsha izinto ezibonakalayo ngifake
izifiso eziphakeme, futhi ngizokwazi ukuthi uMoya
.othembekile uhlala unami

Namuhla ngizogcwalisa imicabango yami ngomthamo
wethemba, ngizihlukanise nokuhlangenwe nakho
okungathandeki, futhi ngizijwayeze lokho okuzothuthukisa
umzimba, ingqondo, nomoya ngendlela elinganiselayo
.nengaguquguquki

Umdanso wokuphila nokufa uhlala ukhona, kodwa
ngizozikhulula phakade ngokubuyisa ubuwena bami
obungokomoya, futhi lapho ngibhekene nezivunguvungu
zezilingo nosizi, ngizohamba ngesikebhe sami esingokomoya
ngiwele ulwandle lokuphila ngiye ogwini oluphephile
.nolungcwele

Uma ngisebenza futhi ngidala, ngizokhumbula ukuthi
uNkulunkulu usebenza ngami. UyiNkosi yendawo yonke,
.futhi ngingaxhumana naye ngokuzindla okujulile
Nkulunkulu wami othandekayo, ngiyaqaphela ukuthi
imicabango yami izongilethela ukwehluleka noma

impumelelo, kuye ngokuthi yimuphi umbono onamandla
kakhulu empilweni yami. Ngakho-ke, ngizozama
ukukhumbula ukuthi welula isandla sakho sokusiza futhi
uvula indlela yempumelelo yami. Lapho izinhlekelele
nezinhlekelele zingehlela, ngizobiza amandla ami futhi
.ngiqinise ukuzimisela kwami ukuzinqoba
Ngizothatha ubuqotho nokwethembeka
ekusebenzelaneni kwami nokuxhumana nabo bonke abantu,
futhi ngizosakaza imicabango yothando nezifiso ezinhle.
Khona-ke uNkulunkulu uzongisekela ngamandla akhe
.nokuhlakanipha kwakhe
Nkosi, ngizosebenzisa amandla ami okuzimisela kanye
nokuhlakanipha kwami ukufeza izinto ezincane kuqala, bese
ngiqhubekela phambili empumelelweni emikhulu
Ngisho noma zonke izifiso zezinto ezibonakalayo
zigcwaliseka, zisaletha injabulo engaphelele kuphela
Ngokuthola uNkulunkulu, ngizothola amachibi angapheli
enjabulo angapheli ukugeleza futhi ageleze ezingadini
.eziluhlaza nasemadlelweni omphefumulo

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UNkulunkulu uyinto eyigugu kakhulu empilweni yami;
Uhlala esihlalweni sobukhosi sonembeza wami futhi
ungiphefumulela ngamazwi okuhlakanipha
Ungiqondisa endleleni okufanele ngiyithathe
Impilo elinganiselayo
Okubheka yonke imithetho yaphezulu neyemvelo
Kuhlanganisa umsebenzi nokuthula
Kuletha injabulo futhi kufeza ikusasa lomuntu
Indlu egcwele amagugu ayibonakali ebumnyameni,
ngakho-ke ubukhona bukaNkulunkulu abunakuzwakala uma
.nje ubusuku bokungazi bukhona
Uma ukuqonda kwethu uNkulunkulu kungelona iqiniso
kangangokuthi asikwazi ukufeza imisebenzi yethu yansuku
zonke ngaphandle Kwakhe, khona-ke kusobala ukuthi

asikaze sizizwe sixhumene phakathi kukaNkulunkulu
.nokuphila

Uma sinesifiso sokuvelela futhi siwuhlobisa ngombono
wokukhonza abanye, sizisiza thina ngokusiza abanye
O, Nkosi

Ngokusabalala kokukhanya kwelanga okubalulekile
Ngizosakaza imisebe yethemba ezinhliziyweni
zabampofu kanye nabaxoshiwe

Khanyisa izibani zokuzimisela nokuzethemba
Ezinhliziyweni zalabo abacabanga ukuthi bayizihluleki
Uma siqaphela ukuthi impilo iyisikole sokufunda
nokugcwalisa imisebenzi, futhi ngesikhathi esifanayo
iphupho elidlulayo

Khona-ke sizokwazi ukuthi uNkulunkulu unathi
Ukuphila kumelwe kusekelwe ekukhonzeni, ngoba
ngaphandle kwalowo mgomo omuhle, ingqondo uNkulunkulu
.ayinika umuntu ngeke ifeze injongo adalwa ngayo
Ukuzithoba kuNkulunkulu kwenza umuntu akwazi
ukufeza yonke imisebenzi yakhe ngomuzwa wenjabulo
nokubonga uNkulunkulu, ngoba ukuzithoba kuphela lapho
.sizizwa khona ukuthula

Ngizoshisa bonke ubuthakathaka bami bokucabanga
nobokuziphatha emlilweni wokuzimisela, ngoba ngaphandle
kokuthi ngisuse lobo buthakathaka, ngeke ngikwazi ukubona
.ilangabi laphezulu
O, Nkosi

Namuhla ngizozimisela ukufeza izinto ezithile, bese
ngizokwenza engikuhlelile. Ngizoqala ngiqinisekise ukulunga
kwenhloso yami, bese ngizizwa amandla akho, futhi ngosizo
.lwakho nesibusiso sakho, ngifeze engikuhlosile ukukwenza

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Ukuqinisekiswa okwengeziwe kwezobunjiniyela
Ngiyazi ngokuqinisekile ukuthi amandla kaNkulunkulu
angenamkhawulo, futhi njengoba ebeke ngaphakathi kwami

inhlansi yokukhanya Kwakhe, nami nginamandla okungoba
.zonke izithiyo nezithiyo ezingivimbelayo
Ngiyindlela yokuveza ukuhlakanipha nobuhle, ngakho-
ke ngizonikela imicabango yami kanye nezisusa zami
ekwenzeni okuhle nasekukhonzeni isintu
Namuhla ngizoqapha imicabango namazwi ami
Ukuze idonsele kuphela okuhle nokuhloniphekile
Ngizobeka ubuhle phambili emisebenzini yami
Ngisebenzisa ukucabanga kwami kokudala ukuze
ngiphumelele
Kuyo yonke imizamo emihle kanye nomsebenzi
ozuzisayo engiwenzayo
Ukuqaphela ukuthi uNkulunkulu uyangisiza uma
ngizisiza
Namuhla ngizolima insimu yokuphila
Futhi utshale kuyo imbewu yokuhlakanipha, impilo
kanye nenjabulo
Ngizombonga uNkulunkulu lapho imizamo yami ithola
impumelelo
Futhi ngithola lokho okufiswa yinhliziyi yami
Namuhla ngizosiza abangiphazamisayo ngemizwa yami
emihle, futhi ngizosusa ubumnyama bokungezwani
nokungezwani ngokukhanya kwezifiso zami ezinhle, ukuthula
nokuqhubekayo. Ngizokwenza konke okusemandleni ami
futhi ngisebenzise amandla uNkulunkulu anginike wona
.ngendlela ezuzisa mina nabanye
Ngizohamba nginokholo oluphelele emandleni oMuhle
Kakhulu ukuze ngithole engikudingayo, ngiqiniseka ukuthi
.uNkulunkulu uzongisiza futhi angiphe umusa Wakhe
Lapho nje amandla obumnyama ehlangana ukuze
ahlasele ukuthula kwami kwangaphakathi, ngizovusa
ngaphakathi kimi amandla okukhanya, iqiniso, nokuzithiba
ukuze ngibhekane namandla obumnyama futhi
.ngiwahlakaze ngokuphelele

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Uma ugxilisa ukukhanya kwelanga ngengilazi ekhulisayo
endaweni encane, kukhiqiza ukushisa, futhi lokho kushisa
kungavuthisa ukhuni, indwangu, iphepha, nezinye izinto
Ngokufanayo, uma ugxilisa ingqondo ngokunembile,
amandla ayo agxilile angashisa ububi nezimpande
zokungabaza ngemuva kokuhluleka ngakunye futhi enze
ukukhanya kokuhlakanipha kukhanye ngokukhazimula
.nangokukhazimulayo

Uma ingqondo ivumelana noNkulunkulu, umthombo
wabo bonke ubuhle kanye nomsuka wawo wonke amandla
abusisiwe, iyaqaphela ubukhona bukaNkulunkulu futhi ibe
nazo zonke izici zempumelelo. Lezi zinto zihlobene eduze
namandla amakhulu kaNkulunkulu, ezikwazi ukudala
.amathuba amasha empumelelo kunoma yimuphi umkhakha
Ukudla okune-magnetic

Uma abantu bekhuluma ngokudla noma ngokudla
okunempilo, bavame ukusho ukudla okungokwenyama
okudliwayo ukuze kusekelwe umzimba. Kodwa-ke, kunezinye
izinhlobo zokudla okunempilo ezingabalulekile njengokudla
okungokwenyama, futhi ngokuvamile zibaluleke nakakhulu.
Phakathi kwalezi kukhona ukudla okungokwengqondo noma
.okungokomoya

Umsebenzi wengqondo noma ukugxilisa ingqondo,
ukuhlakanipha kanye nokuqonda okungokomoya
Ukondliwa ngokomzimba kusekela amangqamuzana
omzimba, kuyilapho ukondliwa kwengqondo kugcwalisa
ingqondo ngemibono enempilo, kanti ukondliwa
kokuhlakanipha kuvuselela umphefumulo futhi kuthuthukise
amakhono awo Ukondliwa kwengqondo ngokuvamile
kuqukethe imibono umuntu ayicabangayo naleyo ayithola
.kwabanye ngokuxhumana nokuxhumana

Abantu abanesimo sengqondo esizolile kanye
nezimfanelo ezinhle basiza ekwenzeni imicabango yethu ibe
namandla futhi iphile kahle

Akunzima ukunquma ukuthi umuntu uthola yini ukudla
kwakhe kwengqondo endaweni enokuthula noma
ephazamisayo Ukukhathazeka, ukucindezeleka, nokudideka
konke kuvela ekuzihlanganiseni nabantu abangalungile,
kungaba abangane noma izihlobo, okuholela emicabangweni
yokukhathazeka kanye nesimo sengqondo esikhathazekile
Umzimba uthola amandla kanye nobungqabavu ekudleni
okungokwenyama, kuyilapho ukudla okune-magnetic
kunikeza umzimba nengqondo amandla alula ukugayeka
kunokudla okuqinile nokuwuketshezi, okungenakushintsha
kalula kube amandla aphilayo

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Uma usukwazi ukuguqula ukungazi kube ukuhlakanipha
Kusukela ebuthakathakeni nasekubuthakatheni kuya
empilweni nasebungqabavuni
Hamba ngokuqiniseka nangesibindi – noma ngabe
uwedwa – ezindleleni zokuphila
Nenjabulo yangaphakathi yokuba nonembeza ophilayo
noqaphile
Futhi ukholo olungenakunyakaziswa ebulungiseni
bukaNkulunkulu kanye nasekunqobeni kweqiniso phezu
kwamanga kanye neqiniso phezu kokukhohlisa
Futhi uma uzama nsuku zonke ukukhulula imicabango
yakho emazingeni aphezulu futhi acwengekile
Unenhliziyi enothando nebongayo
Nezinhloso ezinhle ngabanye
Ukondleka kwakho kwengqondo kunamandla
kamagnetic
Bese kuzokudonsela konke okuhle nokuzuzisayo kuwe
Kusukela ezintweni, kubantu, nasezimweni
Udinga kakhulu ukuqhubeka nohambo oluya ogwini
.lokuphepha nokuphepha
Futhi okokugcina kodwa okungabalulekile
Uma wenza umzamo wokuthola okudingayo

Yaneliswa yilokho uNkulunkulu akwenzela lula, khona-ke
uzoceba emoyeni futhi waneliseke kakhulu
Labo abagxile kakhulu kuleli zwe futhi abahahayo
ngempango yalo
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Uma umuntu efuna uNkulunkulu, okuwukuphela
komngane kunabo bonke abangane, kuba nokwenzeka
ukwakha ubungane beqiniso kuzo zonke izihlobo zabantu:
umndeni, ubuzalwane, umshado, kanye nobuhlobo
.obungokomoya

Ubungane buyisici esibalulekile ebudlelwaneni
bomshado, futhi ukuhambisana kwengqondo ngokomzwelo,
umuzwa wokukhangana ngokokuziphatha, kanye nothando
lwangempela nobungane kufanele kubekwe phambili Labo
abahluleka ukuhlukanisa phakathi kothando lweqiniso
nokukhangana ngokomzimba bayadumala
.ngokuphindaphindiwe

Uma umshado usekelwe emibonweni ephakeme kanye
nenhlonipho ehambisanayo, uba yinyunyana ejabulisayo
nephumelelayo phakathi kwemiphefumulo emibili enothando
nebambisanayo ekhulula imithwalo yempilo yomunye
nomunye futhi isuse izinkathazo zokuphila ngozwela
.oluhambisanayo nokuqondana okunobungane
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Uma ubumba ucezu lobumba lube ngesimo sevazi bese
ulubhaka luze luqine, bese ufuna ukubumba kabusha
ubumba lube yithreyi, ngeke ukwazi. Kodwa-ke, ungayigaya
ivazi bese ufaka ufulawa edakeni elisha, bese usebenzisa
.lokho ukubumba ithreyi

Ngokufanayo, uma kukhona umkhuba omubi ogxilile
ebuchosheni futhi sifuna ukuwushintsha, kuzodingeka siqale
sisebenzise amandla okuzimisela ukuze siwugaye lowo
mkhuba futhi siwuguqule ube yizenzo ezithambile nezinhle
.ezingashintshwa njengoba kufiswa

Intando enamandla isho ukuqiniseka okuqinile. Lapho
umuntu ezitshela ukuthi, "Angiboshiwe yilowo mkhuba,"
futhi esho lokho akushoyo, lowo mkhuba uzobhidlika futhi
unyamalale sengathi awukaze ube khona

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Angiphogi muntu umbono wami, futhi angivumeli muntu
ukuba angiphoqele umbono wakhe noma angenze ngenze
.into engaziyo ukuthi akufanele ngiyenze ngaphakathi kimi
Ngicabanga ngokucophelela ngalokho engihlose
ukukwenza, ngiqondiswa ukuhlakanipha kulokho
engikwenzayo, ngithatha umthwalo wemfanelo ngezenzo
zami, futhi angisoli muntu ngemiphumela yezenzo zami
Lokhu kuzithiba engikufunde kuthisha wami, bengilokhu
ngikukhathalela, futhi angisoze ngakudela

Amandla amakhulu kazibuthe

UJesu wathi: "Funani kuqala umbuso kaNkulunkulu,

".khona konke okunye niyokuphiwa

UNkulunkulu ungamandla amakhulu kazibuthe ngemuva

kwawo wonke amandla omkhathi Uwuthando ngemuva

kwawo wonke uthando Ungumdali wemkhathini kanye

nomdwebi waphezulu ngemuva kwawo wonke ubuciko

nokudalwa

Uma ugxila imicabango yakho kuNkulunkulu: amandla

amakhulu kazibuthe akhona, uzinika amandla kazibuthe

.abusisiwe futhi ungadonsela kuwe konke okudingayo

Uma ucabanga ngoNkulunkulu ngokuzindla okujulile,

umthande ngenhliziyo yakho yonke, futhi uzizwa unokuthula

okuphelele phambi kwaKhe ngaphandle kokufisa noma yini

enye, khona-ke amandla adonsela phansi kaNkulunkulu

abusisiwe azokulethela konke okuphuphile nokunye

.okuningi

"KuNkulunkulu Ezulwini"

Impumelelo, impilo ekhululekile, ukuphulukiswa ezifweni

ezingelapheki, kanye nemikhuba yokulawula—konke lokhu

kungatholakala Uma usuqede zonke izindlela zomzimba

kanye nemizamo futhi wazithola zingasebenzi, vula
umnyango wakho wangaphakathi, futhi amandla
angokomoya azogeleza, asuse bonke ubuthakathaka,
.ukwehluleka, kanye nokukhungatheka

Uma ufuna usizo lukaNkulunkulu ngokuzindla okujulile,
okuthule kanye nokugxila, uzothola umthombo ongapheli
wamandla angokomoya. UNkulunkulu akakhethi futhi
.uphendula bonke abafuna usizo lwaKhe ngobuqotho
Lapho ngithola uNkulunkulu ngaphakathi kimi,
ngamthola yonke indawo
Bengilokhu ngimlangazelela kakhulu kusukela
ngiseyingane, futhi ngesinye isikhathi ngisengumfana
omncane ngabhala incwadi. Yebo, ngabhala incwadi eya
:kuNkulunkulu ngayibiza kanje
KuNkulunkulu Ezulwini" futhi ngayibeka ebhokisini"

leposi

Uma sibhalela othile, silindele impendulo Lapho
ngingayitholi impendulo, ngakhala izinyembezi eziningi
Kodwa impendulo ekugcineni yafika kimi, hhayi ngamazwi
abhalwe ephepheni, kodwa ngombono omangalisayo
okhanyayo

Wonke umuntu angathola impendulo evela
kuNkulunkulu uma umzamo ungowokungathi sína futhi
umzamo uqhubeka njalo

Uma uqondisa imibuzo yakho kuNkulunkulu,
uyihlanganise ngemizwa ejulile, bese uyithumela ngeposi
yokuzindla, khona-ke ngokwethembeka nangokuqinisekile
.uzothola impendulo

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Kukhona i-physiology engokomoya engaphansi
kwesimiso sezinza esivumela abantu ngokukhethekile
ukufinyelela ezigabeni eziphakeme kakhulu zokukhula
okunengqondo. Ubuchopho bomuntu, obukhulu
kunobuchopho bezilwane eziningi ngaphandle kwemikhomo
nezindlovu, buyinkimbinkimbi kakhulu futhi bunamandla

amakhulu okucabanga. Lokhu kwenza ubuchopho bomuntu
bube ithuluzi elifanele abantu, abanokuqonda okuthuthukile
kunezinye izidalwa. Ukuhlanguana kobuchopho
okuyinkimbinkimbi nokuyinkimbinkimbi kwenza abantu
bakwazi ukucabanga ngokujulile nangokujulile. Ngakho-ke,
abantu bodwa abakwazi ukufinyelela amazanga aphezulu
okuqonda, futhi ngenxa yalokho, ukwazi uMdali wabo.
Umuntu ohlakaniphile yilowo osebenzisa amakhono akhe
engqondo ekukhonzeni nasekuzuzeni isintu emazingeni
.ezinto ezibonakalayo, engqondo, nangokomoya

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Ngikuhlabele ingoma
Akukaze kukhulunywe ngumuntu ngaphambili
Futhi nginikela kuwe ingoma yami yangempela
Leyo inhliziyo yami edlala ngayo ngaphakathi
Futhi ezintanjeni zayo
Ngidale le ngoma yokuqala
Futhi lapha ngiyinikela kini njengomnikelo omsulwa
Ngeke ngikunike izingoma ezomile nezihlakaniphile
Noma izingoma ezihlotshisiwe eziqanjwe abanye
Futhi angizukukunika lutho ngaphandle
Izingoma ezilula nezingenalwazi zenhliziyo yami
Ngeke ngibeke ama-rose akhuliswe kahle phambi
kwakho

Ezindlini zeglasi
Futhi egcwele imizwa nezinkanuko
Kunalokho, ngininika izimbali zasendle ezisanda
kuhluma

Emasimini okulangazelela kwami
Futhi umgqugquzeli wempilo yami

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Ukuze ngikulalele
Ingelosi Eqaphayo
Umbono wami wangaphakathi uvunyelaniswe
nomsakazo

Ngokuthinta okumnene, kothando
Ngangivame ukulalela lapho ngizindla
Ngezingoma ezimnandi kakhulu zabangcwele bakho
:abaseduze nawe
Ukuze uthole ama-symphony angokomoya
amangalisayo
Futhi ngezingcezu ezivela ezintweni ezidaliwe yinhliziyi
yami
Futhi umculo omnandi ovela ekukufiseleni kwami
okudala
Ngokubekezela nokuzola, ngalungisa inkomba yemizwa
yami ejulile
Futhi lapho ubuthongo bungisinda amehlo
Ngacishe ngalala
Ingoma yakho yangempela yageleza kimi
Futhi manje sengisakaza ama-echoes ajabulisayo
Kusukela emiculweni yenjabulo yakho
Futhi ngifaka izwi lami ekwayeni yabakhulekeli bakho
Amaculo akhula kakhulu
Ukulangazelela nokulangazelela kuyaqina
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Noma ubani othatha indlela yobugovu obubi, abanye
bazozama ukumphuca konke anakho, kodwa uma engenjalo,
.abanye bazombonisa umusa nozwela
Lokho umuntu akuhlelayo noma akuthumelela abanye—
ngezwi, ngesenzo, nangomcabango—okuzobadonsela emuva
kubo ngohlobo olufanayo nangezinga elifanayo. Isimo sabo
sangempela sizokwembulwa ngobuso babo kanye nezenzo
zabo. Abanye bazozwa ukudlidliza noma amagagasi abo
ngokwengqondo, futhi ukusabela kwabo kukho
kuzohambisana nesimo salokho kudlidliza—okungekuhle
.noma okuhle
Asikwazi ukuba nakho konke esinakho uNkulunkulu
asinike khona ukuze sikusebenzise okwesikhashana
sisesemhlabeni, futhi ngokushesha noma kamuva

kuzodingeka sinikele ngempahla yethu, kungaba ngenxa
.yezingozi, ukweba, ukuguga, noma ukufa
Ngakho-ke, uma sizama ukubamba noma ukugcina
.noma yini ukuze nje sibe nayo, siyazikhohlisa
Ngisho nale mizimba esihlale kuyo iminyaka eminingi
kangaka izolahlwa ngelinye ilanga. Ngakho-ke, kuyiphutha
ukuziphoba ukuthi sikholelwe ukuthi sinezinto, empeleni,
.ezingenakuba nazo nhlobo
Uma sinikezwa okuthile, kufanele sazi ukuthi
kungokwethu kuphela isikhathi esithile, futhi kufanele
.sizimisele ukwabelana ngakho nabanye
Uma umuntu efisa okungaphezu kwalokho akudingayo,
izinkinga ezinkulu ziyamlindele Akungabazeki ukuthi
kumelwe sibe nezidingo eziyisisekelo njengokudla, indawo
yokuhlala, izingubo, kanye nokulondeka okuthile
ngokwezimali, kodwa ekufuneni kwethu lezi zinto, kumelwe
sisuse izidingo ezingadingekile, engisho izifiso
ezingalawuleki kanye nesifiso esivuthayo sokuba nokuningi
.kunalokho okudingekayo

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Asikwazi ukuphila emhlabeni njengabantu ngabanye
okudingeka sithembele kwabanye abantu ukuze siphile futhi
sijabulele impilo
Lokhu kuyiqiniso kokubili ngokomoya nangokwenyama.
Asikwazi ukugcina izinga lokuphila elihle ngaphandle
.kokushintshana ngezimpahla nezinsizakalo
Singasheshisa intuthuko yethu yobuhlakani
nengokomoya ngokwabelana ngolwazi lwethu kanye
nokutholakele kwethu
Uma sihlanganisa imibono yethu yaseMpumalanga,
eNtshonalanga, eNyakatho, kanye naseNingizimu,
singathuthukisa amakhono ethu futhi sithuthukise amakhono
.ethu njengomndeni owodwa wesintu

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Ensimini yamaphupho ami asebusuku

:Izimbali eziningi ziyaqhakaza
Izimbali ezingavamile ezicatshangwayo
Lapho ukukhanya okufudumele kweplanethi kukhanya
khona

Amahlumela amathemba asemhlabeni ayaqhakaza
Ukusakaza amacembe akhanyayo
Kusukela ophenyweni nasekunelisekeni
Ekukhanyeni kwalawo maphupho
Ngibona ubuso bomuntu othandekayo okhohliwe
Futhi imizwa ethandekayo, engcwatshwe
Bengilokhu ngilele isikhathi eside
Inhlabathi yabantu abangazi lutho
Bonke bavuka begqoke izingubo ezikhazimulayo
Ukuphendula ubizo lwezingelosi zamaphupho
Wabona ukuvuswa kwazo zonke izilingo ezedlule
Nkosi, usinike inkululeko
Ukukhohlwa izinkinga zethu zansuku zonke
Ngokuvakashela izwe lamaphupho ebusuku
Sisize sivuke nawe
Futhi siphunyuka unomphela ezinsizini nasezinhlungwini
zabantu

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!O isiphephelo saphezulu
Ngibhukuda olwandle lokuphila
Ngijikijelwa yiziphepho ezinamandla zobunzima
Kungakhathaliseki ukuthi untanta phezu kwamagagasi
enjabulo
Noma, ngezikhathi ezithile, ngicwila ekujuleni
kobuhlungu
Ngilangazelela ukubalekela ubunye
Ngokufinyelela ogwini lwakho oluphakeme
nolungokoqobo
Futhi ngegagasi ngalinye lokunxusa kwami
Ngisondela kuwe, okuwukuphela kwesiphephelo sami
Ngeke ngiyeke ukuzama

Ngoba ngiyazi ukuthi ulangazelela ukufika kwami
!Ulindele ngabomvu ukubuya kwami
Ngiyinyoni yasepharadesi: inyoni yasezulwini
Okwakhiwe ngezandla zakho ezibusisiwe
Ungihlobisile ngobuhle bakho
Futhi imibala emihle
Ngokuthamba kobubele kanye nezimpaphe zegolide
zokuqhakaza ngokomoya
Ngikhuphukele phezulu
Esimweni sokuphila esimnyama nesidabukisayo
Ngifuna ipharadesi
Izimpaphe zami ezikhanyayo zazinamabala
Ngamabala amnyama okuphelelwa yithemba
Woza, Nkulunkulu wami
Geza inyoni yakho eyipharadesi
Ngemisebe yokuhlakanipha
Futhi amanzi ahlanzekile, amnandi okuthula
I-axis yokuthula kwami kanye ne-anchor yenjabulo yami
Nakuba ngisebenza kanzima futhi ngenkuthalo ukuze
ngikwazi ngokulandela imithetho nemithetho yakho, kumele
ngiqaphele, Nkosi, ukuthi ungaphezu kwayo yonke imithetho
.nemithetho
Mama Wendawo Yonke, uhlala enhliziyweni yabo bonke
omama abangabantu. Gcwalisa bonke omama
ngokuhlakanipha kwakho nobubele bakho ukuze babonise
.uthando lwakho olungenamkhawulo
Nkulunkulu wami othandekayo, ngiyazi ukuthi ubukhona
bakho obungcwele bukhona yonke indawo Njengoba nje
amafutha ahlanzekile efihliwe eminqumweni
engacindezelwanga, kanjalo nobukhona bakho obuhle
bukhona endaweni yonke. Babusisiwe labo abasebenzisa
ukucindezela kokucabanga ngawe nokuzindla ngawe ukuze
.bakhiphe amafutha abusisiwe obukhona bakho obungcwele
Ngezenzo ezinhle kanye nemicabango emihle yokudala,
ngizokhulisa imbewu yokuzazi futhi ngiyinisele ngamanzi

okuzindla nokulangazelela kuze kube yilapho imbali
.yothando lwaphezulu iqhakaza ensimini yempilo yami
Umhlaba uzama ukuvimba ukuqonda kwami
ngezintambo eziqinile zezifiso ezijulile, kodwa ngizosebenza
ukuze ngingume lezo zintambo ngommese wokuqonda
nokuqonda ukuze ukuqonda kwami kukhululwe futhi
.kuqondiswe emuseni waphezulu
Amandla okucabanga, okukhuluma, kanye nezenzo
avela kuwe, Mdali wami Ngisize ngisebenzise la mandla
kuphela ngemicabango emihle, amazwi anomusa, kanye
nezenzo ezizuzisayo Ngokuzindla, uthando lwami ngawe
luyakhula luze lugcwalise wonke umzimba wami futhi lususe
zonke izithiyo kanye nezithiyo endleleni yami yokuphila Futhi
njengoba unguMdali walo mhlaba wamaphupho, umsebenzi
wami wokuqala ukuWe, hhayi kulo mhlaba okhohlisayo
Izingxabano nezinxushunxushu zizama ukungidedisela
kude futhi zingivimbele ekuqapheleni ubukhona bakho
obubusisiwe, kodwa wena, Nkosi, uzohlala uyindawo
.yokuthula kwami kanye nensika yenjabulo yami

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Kunezimayini zolwazi kanye nengcebo yokuhlakanipha
elele ngaphakathi kumuntu, elinde ukutholwa nokwembulwa
ngokuzindla okujulile kanye nokuhlola okujulile
Abantu basebenzisa amandla abo afihliwe ngokungazi,
noma ngokungazi, kukho konke abakwenzayo futhi bathole
imiphumela ethile, kodwa uma bazi ukuthi
bangawasebenzisa kanjani lawo mandla futhi bawalawule
.ngamabomu, bazofeza izinto eziningi ezinhle
Uma umphefumulo ugcwele ukuhlakanipha kwemvelo,
amandla emvelo, uthando lobuhle, kanye nentando enhle,
khona-ke, njengoba nje inyosi ifuna izimbali, impumelelo,
ukuchuma, ulwazi, nazo zonke ezinye izibusiso zokuphila
.kuzokufuna, ngomusa kaNkulunkulu

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Kulo mhlaba, uNkulunkulu usebenza ukuthola
nokuthuthukisa ubuciko bendawo yonke bokuphila
ngenjabulo ngokufaka imizwa yobuzalwane ezinhliziyweni
zabantu kanye nokuhlakulela inhlonipho nokwazisa abanye
.emiphefumulweni yomunye nomunye
Ngakho-ke, Yena – kwangathi angadunyiswa –
akavumelanga noma yisiphi isizwe ukuba siphatelele
ngokwaso Kunalokho, wanika abantu ngabanye ngamakhono
abo akhethekile namathalente, futhi wabahlukanisa
ngobuhlakani obuhlukile ukuze bakwazi ukufaka isandla
.esivelele ekuthuthukisweni kwempucuko yomhlaba
Ukuthula emhlabeni kuzoqhakaza futhi kuthele izithelo
phakathi kwezizwe ngokushintshana kwazo okwakhayo
ngezimfanelo ezinhle kakhulu nezinzuzo zomuntu ngamunye
Nakuba singase singawanaki amaphutha ezinye izizwe,
kumelwe sibone ngokucacile izimfanelo zazo futhi sizilingise.
Kubalulekile ukuqaphela ukuthi le mibono ibilokhu iboniswa
kubaprofethi, abaphostoli, kanye nabangcwele kuwo wonke
umlando, ababeyizibonelo eziphilayo—futhi abasalokhu—
zezimfundiso ezingcwele eziphakeme kakhulu
"Incazelo yegama elithi "mina
Izinzwa, ezithola ubukhona bazo ekuqondeni
nasemandleni avela kuNkulunkulu, zisibonisa umhlaba futhi
ziveza umphefumulo njengento ehlukile emthonjeni wawo
.kanye nakwenye indalo
Ikheji elingokoqobo libophe umphefumulo,
okuwukubonakaliswa komoya wendawo yonke, futhi
lingqotshwe ukukhohlwa, ngakho alisayikhumbuli ingqikithi
yalo yaphezulu, kodwa kunalokho libheka ikheji lalo
elingokwenyama njengomuntu wangempela. Ngakho-ke,
lithatha futhi lizibeke zonke izingcola kanye nemikhawulo
.yomzimba
Esimweni esinjalo, umphefumulo ubizwa ngokuthi "i-
ego," kodwa lapho lo mbono noma lo mbono omncane,
onqunyelwe uqaphela ukuthi ukuxhumana kwawo nomzimba

kungokwesikhashana nokuthi unobuntu obungafi,
obungapheli, khona-ke ungabizwa ngokuthi umphefumulo.

Futhi lapho ukwazi kwawo imvelo yawo ebalulekile
kusungulwa, futhi lapho ukwazi kwawo kukhula futhi
kwanda, kulapho uzizwa khona ukuthi uxhumene kakhulu
nokuqonda kwendawo yonke nokuthi sonke isintu
.singumndeni waso womhlaba wonke

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Masibeke izipho ezingabhubhi
Akuthinteki ukubola
Kusukela ezinhlosweni ezinhle
izinsizakalo zokuzinikela
Uthando olungenamibandela
Ngaphansi komuthi wesintu
Ngamagatsha amade
kanye namagatsha amaningi
Okumele izinhlanga
Ubuzwe babantu

Naphezu kokwehluka kwabo kanye nokwehlukahlukana
kwabo

Kwangathi uNkulunkulu angamukela imisebenzi yakho
emihle

Kuqhutshwa yizinhloso ezinhle
Ukuvuka kwesibili

Nani, ngizizwa sengathi ngisekuvukeni kwesibili
kwelinye izwe Ngezikhathi ezithile, ngiphupha ngalo mhlaba
nokuthi umzimba wami ukuwo, kodwa ngiphapheme
ngenjabulo engaphazanyiswa, futhi iphupho lami lasemini
lalo mpilo wasemhlabeni linuka iphunga lezinkumbulo
.ezihlakazekile njengamacembe ezimbali zezimbali
Ngizibona ngizulazula phakathi kwemibono yokuphila,
ngihlotshiswe ngamaphupho futhi ngihlotshiswe ngezigcawu
eziningi ezivela kokuhlangenwe nakho okuhlukahlukene
okumangalisayo, ngiphethe izinkumbulo ezithuthumelayo

zamaphupho ami asemhlabeni ngiye ekuvukeni kwaphakade
.kwamazulu

Ngisiphule ameva amaphupho amabi engadini yokuphila
kwami futhi ngatshala ama-roses okuphefumulelwa kuyo,
lapho isithandwa sami sendawo yonke sizokwamukela
isimemo sami, sinongwe nge-musk yokulangazelela, futhi
singiyise ekhaya lasezulwini elichichima injabulo entsha
.nezibusiso ezingapheli

* * *

Uthando lukaNkulunkulu lungokoqobo futhi lumnene,
futhi ngokuqinisekile uphendula wonke umuntu oveza
ukulangazelela kwakhe okujulile kanye nokulangazelela
.kwakhe okuqotho

Abantu bakholelwa ngephutha ukuthi baphila ngokudla,
hhayi ngamandla kaNkulunkulu Abaningi bambiza
ngemicabango edlulayo, njengophaphe emoyeni, bekholelwa
ngokungalingile ukuthi Akaphenduli imithandazo yabo.
Kodwa, uyabasiza labo abakholelwa kuYe, ngisho noma
bengaqapheli. Kodwa-ke, abaningi basalokhu bengamazi,
becabanga ukuthi ukude nabo. Lapho isinqumo
singaphenduki, ukuzimisela akuphenduki, futhi isicelo
esisuka enhliziyweni siqhubeka buthule nangokuzethemba,
futhi usizo lwaphezulu lufunwa ngobuqotho nangethemba,
ngisho nalapho bebhekene nezithiyo zobuthakathaka,
ukukhathazeka, imikhuba engemihle, noma imicabango
edidekile, khona-ke usizo luzofika, futhi kanye nalo,
.impumuzo

UNkulunkulu uphendula ngendlela ejulile nethule kuzo
zonke izicelo eziqotho ezivela ekujuleni kwenhliziyo
Inani langempela lomuntu

Amandla okuzimisela kanye nokuhlela okunengqondo
kubalulekile kulokho ohlose ukukwenza Uma uzimisele futhi
uqhubeka ngendlela yakho njengomcibisholo ovuthayo noma
isibani esivuthayo, zonke izithiyo endleleni yakho zizosha
.futhi zibe umlotha

Khetha umsebenzi ocabanga ukuthi awukwazi
ukuwenza, bese uzama konke okusemandleni akho
ukuwufeza Uma uphumelela, qhubekela entweni enkulu
nebaluleke kakhulu Qhubeka uqeqesha amandla akho
okuzimisela ngale ndlela, futhi uzobona imiphumela
mathupha Uma ubunzima bukhulu kakhulu, thandaza
ngentshiseko nangokholo kuNkulunkulu ukuba akunike
amandla okubungoba

Amandla okuzimisela kumele asetshenziswe uma ufisa
ukususa ukwehluleka, futhi okuzimisela kumele kube
namandla njengesiphepho esinamandla - isiphepho esihle -
esingenazithiyo endleleni yaso futhi esibhubhisa ububi
.kuphela

Akunandaba ukuthi umuntu ungubani noma ukuthi
unesikhundla esingakanani emphakathini. Ukubaluleka
kwabo kwangempela kuncike entandweni enhle abanayo
nokuthi bayisebenzisa kanjani leyo ntando ukwenza izenzo
.ezinhle nokusiza labo abaswele

Amandla okuzimisela angaphakathi kuwe, futhi uma
uwasebenzisa kahle, uzokwazi ukufeza noma yini
Yintando eholela umuntu esifisweni kuye esifisweni aze
ekugcineni amenze azame ngamandla onke ukufeza
impumelelo ekugcwaliseni isifiso esikhulu kunazo zonke:
.ukuzazi yena noNkulunkulu

Amandla okuzimisela akhula kumuntu ngendlela
evamile, kancane kancane, kodwa ukukhula kwawo
kungasheshiswa ukucabanga okunengqondo kanye nesenzo
esifanele

Ukubambelela embonweni ngentando yensimbi kusho
ukufeza lowo mbono ngokushesha noma kamuva, ngenxa
yokuzimisela okungantengantengi kanye nesinqumo
esingenabo ubuthakathaka noma ukudumazeka
Intando yomuntu ilawulwa futhi iqondiswa ukungazi
futhi ivame ukuholela emaphutheni nasekungajabulini.
Kodwa uma intando iqondiswa ukuhlakanipha nesenzo

esilungile, futhi uma ihambisana nentando yaphezulu,
.khona-ke isebenza ukuze kuzuze isintu futhi sijabule
Ukuqeqesha intando kubalulekile ukuze ivumelane
nentando kaNkulunkulu. Lapho intando ijikeleza njalo
emgomweni othize, iba intando enamandla futhi
ephumelelayo. Lena intando yabaprofethi, abantu abakhulu,
.kanye nalabo asebefeze izinto ezinkulu emhlabeni
Ngaphambi kokuqala noma yisiphi isenzo, cabanga
ngokucophelela ngalokho ozokwenza. Qiniseka ukuthi
uzosebenzisa amandla akho okuzimisela ukuze ufeze izinto
ezizuzisa wena nabanye. Uma usebenzisa kabi amandla
akho okuzimisela, imiphumela ngokuqinisekile izoba yingozi
.kuwe

Ungabi nombono ophambene; uNkulunkulu ukunike
intando yokuyisebenzisa futhi unqobe impi yokuphila.
.Khumbula ukuthi intando kaNkulunkulu ingemuva kwakho
Amandla okuzimisela angaletha izinguquko zomzimba
emzimbeni Awudingi isikhathi sokuphula umkhuba ojulile
uma nje unamandla okuzimisela anele
Lapho iNkosi uBuddha ifuna ukukhanyiselwa
okungokomoya, yahlala ngaphansi komuthi we-banyan
:(umkhiwane waseNdiya) yasho okuthile okufana nokuthi
Ngilapha ngihleli ngaphansi kwesihlahla se-banyan
Futhi ngiphinda lesi sifungo ngeqiniso
Uma ngingayiqondi imfihlo yokuba khona
Futhi ngizothola ocwaningweni lwami ingcebo eyigugu
Ngeke ngishiye isikhundla sami noma ngabe
kwenzekani

Noma amathambo nomzimba wami kuncibilika
!Ngizohlala phansi kuze kube phakade
Ekugcineni, uGautama Buddha okhanyiselwe
waphumelela esicelweni sakhe saphezulu
Wakuthola ayekufuna
Ngempela, intando enjalo iyintando
Sihlangene nentando yomhlaba wonke

Ngaphakathi kwakho kulele umsinga wamandla e-cosmic asekela umzimba wakho unomphela. Kodwa-ke, uma kwenzeka okuthile emzimbeni, uyakhohlwa lawo mandla.

Ukusebenzisa intando yakho ngezinjongo ezingalungile kusho ukulahlekelwa ukuxhumana kwakho nala mandla e-cosmic. Ukuqeqeshwa kwamandla e-cosmic kusho .ukuxhumana nalawo mandla amakhulu okuphila

Amandla okuzimisela kumele agcinwe ephila futhi ekhuthela ezenzweni ezinhle kanye nempumelelo ezuzisayo nehloniphekile empilweni

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Imikhuba iyithuluzi lengqondo elizenzakalelayo kanye nezindlela ezisiza ekufezeni imisebenzi edingekayo kalula nangokungakhathali

Abaningi bavumela imikhuba yobuthakathaka nokwehluleka ukubagqilaza, futhi umuntu angazivikela uma ephila ngendlela ehlukile, uma nje ezimisele ngokulwa nemikhuba eyingozi aze afinyelele ekuphepheni nasogwini .lokunqoba

Izifiso ezingalawulwa zikhuthaza imikhuba engemihle ngokuyivuselela nokuyithethelela ngamathemba angamanga nezithembiso zenjabulo nokwaneliseka okufushane. Ngalezo zikhathi zobuthakathaka nokudideka, labo abafisa ukunqoba

le mikhuba engalawulwa kumele babize isahlulelo sabo sokuqonda ukuze baqonde ubunjalo bayo bangempela futhi .bafunde ukuthi bangabhekana kanjani nayo ngempumelelo Imikhuba emibi inemiphumela emibi kakhulu nezithelo

ezibabayo nezinobuthi Uma ingalawuliwe, le mikhuba ebhubhisayo iyokhula ibe namandla, ibambe umuntu ekubambeni kwayo okunamandla kanye nethonya elinamandla. Kodwa uma ingqondo isiqaphela ubuze kanye nokulimala kwale mikhuba, umthelela wayo uyancipha futhi .ekugcineni inyamalale empilweni yomuntu

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Imibhalo iqinisekisa ukuthi uNkulunkulu udlula
ukuqonda kwengqondo. Ngoba naphezu kwamandla azo,
amandla azo awakanele ukuqonda noma ukumhlanganisa.
Ngakho-ke, ingqondo yomuntu ayikwazi ukwakha umqondo
wangempela ngoNkulunkulu, futhi ayikwazi ukuqonda lokho
.okungenasiqalo nasiphelo

Uma ubheka iLanga usuka ezigidini zamakhilomitha
emkhathini, leyo nkanyezi enkulu ibonakala incane kakhulu
kunoMhlaba wethu. Kodwa-ke, ububanzi boMhlaba
bungamakhilomitha angaba ngu-7,900, kanti ububanzi
beLanga bukhulu ngokuphindwe kayikhulu. Uma ungabeka
iplanethi yethu uMhlaba ngqo phambi kweLanga,
ingabonakala incane uma iqhathaniswa. Futhi uma
sicabanga ukuthi insimu enkulu yeLanga iyanda kuze kube
yilapho ubukhulu bayo obukhulu bugubha sonke
isibhakabhaka esiluhlaza okwesibhakabhaka, isibhakabhaka
esisibonayo siwucezu oluncane, ucezu oluncane, lwesikhala
esingenamkhawulo esigcwala indawo yonke. Ngisho noma
iLanga lingaqhubeka nokukhula ngokungenamkhawulo,
.alikwazi ukuhlanganisa okungenamkhawulo

Inkohliso yendawo yonke yobuncane nokungapheli
inciphisa futhi ivimbele ingqondo ekubambeni ubukhulu
bendawo yonke. Lokhu kungabi nalutho okuphelele
?kuvelaphi, futhi imingcele yakhona ikuphi
Lowo ongekho ngaphansi kobukhulu noma izilinganiso,
ongenamkhawulo noma imvelaphi, nguNkulunkulu, okhona
yonke indawo futhi okhona ezindaweni ezikude kakhulu
zesikhala. Usezinkanyezini ezikude, ezikude, futhi uyazi
kahle yonke indawo ayihlala kuyo, kungakhathaliseki ukuthi
.incane noma inkulu kangakanani

UNkulunkulu akayona ingqondo ngoba ungumdali
wengqondo futhi udlula amandla ayo; ngaphandle kwalokho,
besingamqonda ngengqondo. Kodwa-ke, singambiza
ngokunembile nangokunembile ngokuthi ukuqonda

kwaphezulu, injabulo yaphezulu, noma ukuba khona
.kwaphezulu; kodwa hhayi ingqondo
Nakuba ingqondo ingakwazi ukuqonda konke ukuphila,
noma kunjalo iyakwazi ukuzwa ubukhona bukaNkulunkulu.
Ukuzwa ubukhona Bakhe nokubulinganisa kuyizinto ezimbili
.ezihluke ngokuphelele
Igagasi alikwazi ukulinganisa indawo elizungezile, kodwa
kukhona indawo yokuxhumana phakathi kwawo
Ngokufanayo, leli phuzu liwukuqonda okuphakeme. Lo
kuqonda kungamuzwa uNkulunkulu, okungukuthi, ukuzwa
ubukhona Bakhe. Uma sandisa indawo yokucabanga
okuvamile kuze kube yilapho ixhumana eduze nokuqonda
.okuphakeme, singabe sesizwa ubukhona bukaNkulunkulu
Sehle kusukela kokuphelele okungenamkhawulo saya
ku-Yoga elinganiselwe nenqunyiwe ukudonswa kwengqondo
kude nezinto zangaphandle ukuze siyigxilise emthonjeni
wangaphakathi weqiniso. Ngale ndlela kuphela lapho
singathola khona indlela uNkulunkulu ayisebenzisa
ukuhlanganisa ukuqonda kwendawo yonke ibe yimifanekiso
enqunyiwe yendalo Yakhe kanye nomhlaba wonke ohlala
.kuwo
Umzimba womuntu uyinkimbinkimbi kakhulu futhi
uyinkimbinkimbi kakhulu endalweni kaNkulunkulu. Iseli
elilodwa lokuqala, elakhiwe ngokuhlanganiswa kwesidoda
neqanda, liyahlukana, futhi ngokuphindaphinda kwale nqubo
yokuhlukanisa, izigidigidi zamaseli zakhiwa nxazonke ukuze
zakhe isakhiwo esingokomzimba esigcina ukuqonda kwethu
.okungokomoya
Awukwazi ukwazi inani lamandla agcinwe ngisho
nasegremu elilodwa lenyama Uma lawo mandla
ebengakhishwa, ama-electron angenakubalwa
abengasakazeka esikhaleni esingenamkhawulo Amandla
kanye nensimu yokwazi okuhlala emzimbeni kudlula
ukuqonda komuntu Nakuba isakhiwo sethu esibonakalayo
sakhiwe yinyama, igazi, kanye namathambo, ngemuva

kwamangqamuzana awo aminyene kulele imisinga kagesi
nebalulekile Futhi ngemuva kwala mandla acashile,
ayinkimbinkimbi kulele imicabango kanye nokuqonda
Umcabango awupheli futhi awunasiphelo Kusukela
ekuqaleni kwesikhathi, imibono engaphezu komcabango iye
yazulazula emoyeni Imicabango eminingi ayinakubalwa,
kodwa uma ubungacabanga ngenani lemicabango nemizwa
eye yadlula engqondweni yakho futhi yavezwa empilweni
yakho yonke, ubungathola umbono wezigidi zemibono
.ekhona

Zama, uma ukwazi, ukukhumbula yonke imicabango
owawunayo ngonyaka owodwa, noma ngisho nosuku
olulodwa nje, bese ucabanga ngenani elikhulu lemicabango
eqoqwe yibo bonke abantu kuwo wonke umlando, kuze kube
.namuhla uNkulunkulu uyazazi zonke

Ingqondo ayikwazi ukuqonda ngisho nezenzakalo
zemvelo ezicashile kakhulu Cabanga ngenani elikhulu lama-
electron ajikeleza kugesi ogeleza ngamabhalbhu okukhanya!

Ama-trillion awo ayadansa ndawonye, edala ukukhanya
esikubonayo Lezi zinhlayiya, ezingabonakali ngisho nakuma-
microscope, zihamba ukusuka endaweni eyodwa kuya
kwenye endaweni yonke ngemizuzwana nje Ukuhlolwa
kwesayensi kuqinisekisa lokhu

Uma uzama ukubala inani lama-proton nama-electron
agcwele eplanethi yethu yoMhlaba, ingqondo ingaqhubeka
nokubala isikhashana bese ima. Izinto ezibonakala
.engqondweni yomcwaningi zibonakala zingenamkhawulo

Kodwa kufika isikhathi lapho imibono iba yinkimbinkimbi
kakhulu ukuba ingaqondwa. Kusukela kulelo zinga,
okungangeneki engqondweni, uNkulunkulu uthulula
ukukhanya Kwakhe okubalulekile: ukudlidliza
okuhlakaniphile kwendawo yonke okwakha futhi okusekela
.indalo elinganiselwe
ubungane

Ingabe ubungane buyingubo ebusisiwe elukiwe ngemicu
?yehliziyo
Noma ingabe ukuhlenganiswa kwezingqondo ezimbili
?zibe yingqondo eyodwa enkulu nebanzi
Umama nendodakazi, imithombo emibili yothando
ephuma emthonjeni owodwa
Ukuthuthukisa ukugeleza kothando nokuqeda ukoma
?kwemiphefumulo eyomile
Noma ingabe iyi-rose eyodwa phakathi kwamagatsha
?amabili akhula esihlahleni sokuqondana okunobungane
?Noma ingabe umcabango owodwa emizimbeni emibili
?Ingabe ubungane bungafaniswa namahhashi amabili
Naphezu kwemibala yazo ehlukene, zihlanganisa imoto
yokuphila ndawonye
Ukufinyelela emgomweni ophakeme onombono
?ohlangene
Ingabe ubungani busekelwe ekungalinganini noma
?ekulinganeni
Ingabe izindonga zayo zakhiwe ngamatshe ahlukile
?nahlukile
?Ingabe uvumelana ngokungaboni nokuhle nokubi
Futhi ukuhamba ngentshiseko nangenjabulo ezindleleni
zokunganaki nobuwula
Ukuya enzonzobileni yokudumazeka kanye nokuxoshwa
?kwezinkolelo-ze
!Ubungane buyisitshalo esihle, esithelayo, nesingcwele
Lapho abantu ababili bethembisa ukwethembeka
okuhlala njalo
Bahamba ezindleleni zokuphila naphezu kokungafani
kwemibono yabo
Uma bengavumelani futhi bevumelana, kuba ngothando
nangenhlonipho
Bayasekelana futhi bafiselana okuhle, njengoba nje
befisa bona

Ujabulela impumelelo yomngane wakhe njengoba nje
naye ejabulela eyakhe
Lapho isithandwa singafuni injabulo noma induduzo
ngokulimaza othandekayo
Bese kuthi kuleyo nsimu yothando
Ubungane buyaqhakaza futhi buqhakaze, futhi bugcwele
iphunga lothando nokwethembeka
Ngoba ubungane buyisitshalo esihlanganisiwe, esizalwa
yimiphefumulo emibili
Iphunga layo livela kuma-rose amabili ahlukene
Futhi ngiqhutshwa umoya wothando olungaguquki
Lowo ongashukunyiswa ubunzima futhi ongenasici
Ubungane buzalwa enhliziyweni yothando
olungenakuchazeka
Futhi inqwaba yemizwa emsulwa iyageleza
Ikhula emhlabathini wokuzwana nokungezwani
Kodwa iyalala iqine futhi ichitha isikhathi sayo
ekwazaneni ngokweqile kanye nokuntuleka kwenhlonipho
Iyacina futhi iphefumula okokugcina ngaphansi
kwezinqwaba zezifiso zobugovu
Kodwa inhliziyo yakhe emnene inganqotshwa kuphela
ngokulindelwe kanye nezidingo
Ukukhohlisa nokukhohlisa
Yebo, lezi zinambuzane zenza umsebenzi wazo
esitshalweni sobungane futhi zidla inhliziyo yaso epinki
O mngane, O sitshalo esiqhakazayo nesinamazolo
sesibhakabhaka, indawo yakho ekahle iwumhlabathi ocebile
ngothando olungenanjongo nesifiso, lapho abangani belwela
ukwakhana nokusekelana futhi bavule indlela yomunye
.nomunye endleleni
Akukho lutho olungaqeda ukoma kwakho, O mngane
Ukunganaki imizwa nokuhlonipha labo abanayo
Akukho okumanzisa amaqabunga akho njengesifutho
esicacile nesicwebezelayo sobumnandi
Kusukela emazulwini ezinhliziyiyo eziqotho, ezinothando

O, ubungani beqiniso
Nomaphi lapho amacembe akho e-rose ehlakazeka
khona
Leyo ndawo ingcwele
Iba yithempeli elibusisiwe
Ivakashelwa yiwo wonke umuntu okholwa kuNkulunkulu
kanye nobungcwele bokuphila
* * *

Ngizokhanyisa ukumamatheka ubumnyama
bokuhlupheka kwami buzonyamalala, futhi ngizobona
umphefumulo wami ekukhanyeni kokumamatheka kwami
kufihliwe ngemuva kobumnyama obukhulu beminyaka
eqongelelwe
Uma ngizithola, ngizongena kuzo zonke izinhliziyiyo,
ngiphethe isibani sokumamatheka komphefumulo wami
Inhliziyo yami izoqala ngokumamatheka, bese kuba
amehlo ami nobuso bami. Wonke ama-athomu ami
.azokhanya ngokukhanya kokumamatheka
Ngizongena ekujuleni kwezinhliziyiyo ezidabukile bese
ngiphemba umlilo onamandla ozoqeda zonke izinsizi
Ngingumlilo wokumamatheka ongenakunqotshwa.
Ngizozivuselela ngomoya wenjabulo yaphezulu, futhi
ngizovutha ebumnyameni bezingqondo. Bonke
.abangihlangana nabo bazojabulela injabulo yami engcwele
Ngizophatha izibani zokuphulukisa zokumamatheka
kwami kuzo zonke izinhliziyiyo. Ngizoqala ngokumamatheka,
noma ngabe kunzima, futhi ngizokhuthaza abadabukile
.nabakhalayo ukuba bamamatheke
Enjabulweni yezinhliziyiyo zonke, ngizwa ukuzwakala
kwenjabulo Yakho, O Nkulunkulu Ebunganini babo bonke
abathembekile, ngithola uthando Lwakho Ngiyajabula futhi
inhliziyiyo yami iyajabula ngempumelelo nokuchuma
kwabafowethu nodadewethu, njengoba nje nami ngijabula
futhi ngijabule ngokukhululeka kwami kanye nenhlalakahle
Njengoba ngiphefumulela ukuhlakanipha nokuqonda

kwabanye, ngandisa ingcebo yokuhlakanipha nolwazi lwami
Enjabulweni yabo bonke, ngithola injabulo yami
Akukho okuzosusa ukumamatheka kwami Ukwahluleka,
ukugula, nokufa akukwazi ukungesabisa noma ukungiqeda
amandla

Eqinisweni, izinhlekelele nezinhlekelele azikwazi
ukungilimaza ngoba nginayo emphefumulweni wami injabulo
engunaphakade nevuselelwe kaNkulunkulu engaguquki futhi
.engenakunqotshwa

O ukumamatheka okungcwele, okuthule, beka ubuso
bami esicongweni futhi ukumamatheka emphefumulweni
wami

Ngizozama ukuba yisigidigidi senjabulo, ngoba ingcebo
yami yangempela isemabhokisini obukhona bakho
obubusisiwe, Nkosi, futhi ngaleyo ndlela ngizokwanelisa
isidingo sami sempumelelo engokomoya kanye
.nenhlalakahle yezinto ezibonakalayo ngesikhathi esifanayo

* * *

Ukuthula kuphuma enhliziyweni yami
Kungivunguza njengomoya opholile
Ukuthula kungimboza njengephunga elimnandi
Ukuthula kugeleza kimi njengamaza okukhanya
Ukuthula kuyaphulukisa inhliziyo yokukhathazeka, futhi
kushise ameva okwesaba nokungalali
Ukuthula kukhula kakhulu - njengenqwaba yomlilo -
futhi kugcwalisa impilo yami yonke
Ukuthula kufana nolwandle, kugcwalisa isikhala nomoya
Ukuthula kufana negazi elibomvu; kuphefumulela impilo
emithanjeni yemicabango yami
Ukuthula, njengokuhlwa okukhulu, kuzungeze umzimba
wami ongapheli
Ilangabi lokuthula liphuma ezimbotsheni zomzimba
wami, nasendaweni yonke
Iphunga lokuthula ligcwele izingadi zama-rose

Iwayini lokuthula lihlala liconsa ezicindezelweni zazo
zonke izinhliziyiyo
Ukuthula kuyimpilo yamatshe nezinyanga, abangcwele
nabaprofethi

Ukuthula kungamanzi omthombo womphefumulo
Uketshezi oluvela ebhodweni lokuthula
Engikuhlunga ngemifantu eminingi yama-athomu ami
* * *

Ngizothandaza ngenhliziyo eqotho kuze kube yilapho
ubumnyama bokuzindla buvutha ngenxa yokuba khona
kwakho okukhazimulayo, Nkosi Namuhla ngizosakaza
ingoma yomphefumulo wami emoyeni ngokugxila okujulile
nokusuka enhliziyweni, nginethemba lokuthi uzophendula
.ngomuntu onginika ukuthula

!O Wena ohlala ukhona, injabulo evuselela njalo
Khulula ingqondo yami emithwalweni yokunganaki
nokukhohlwa

Ake nginambithe umpe oluhlala lubusisiwe lokuba khona
kwakho

Njengoba ukuthula kwami kwangaphakathi
nokwangaphandle kukhula, ukuthula kwakho kuza kimi
Ngizohlala ngizama ukulalela ukuzwakala kwezinyathelo
zakho ezingokoqobo

Uma bengizokwamukela njengenjabulo ejulile
yokuzindla okujulile

Ngiyazi-ke ukuthi zonke izinto
Impumelelo, impilo, nokuhlakanipha kuzonikwa mina
Ngisize ngikuthole

Ekujuleni kwamanzi omphefumulo wami, nginxanele
wena
uthando

Uthando luyiphunga lama-lilies aqhakazayo
Futhi ikwaya yama-roses athule
Ukugubha ubuhle bemvelo
Uthando luyingoma yomphefumulo ehlabelela impilo

Futhi umdanso olinganiselayo onesigqi wamaplanethi
Ohambweni lwayo oluhlala njalo oluya esikhaleni
esijulile

Kungukunxanela kwezimbali ukuphuza ilanga
Futhi iyachuma futhi yondliwe yi-elixir yokuphila
Kuyisifiso somhlaba

Ukondla izimpande ezomile ngobisi lwazo
Futhi ukukhulisa zonke izinhlobo zokuphila ngengqikithi
yokuphila

Kuyintando enamandla yelanga
Ukugcina zonke izinto eziphilayo ziphila futhi zisebenza
Kungamandla aqhuba impilo
Ukuvikela nokunakekela izingane ezincane
Ukumamatheka kobumsulwa okuvusa uthando lukababa
enganeni

Futhi ukuzithoba okuzenzakalelayo ezinhliziyweni
zabathandi

Ukunikeza isevisi kanye nenduduzo mahhala
Kungumphumela wobungane
Lowo ophulukisa izinhliziyo eziphukile futhi elapha
amanxeba

Kuyibizo enhliziyweni elingachazeki
Uyimbongi echichima uthando ngesintu
Lowo ohlushwa usizi lwakhe
Kuyisiyingi sokusondelana phakathi kwamalungu
omndeni ofanayo

Ukwanda njalo nokwanda kuya ezindaweni ezinkulu
Futhi amasimu abanzi
Kungukuhleba kokuphila
Emiqondweni yezingqondo ezivulekile
Futhi isibhakabhaka sezinhliziyo esigcwele izinkanyezi
zemizwa emihle

Uthando luyinjabulo yomphefumulo
Lokho imiphefumulo enothando efisa ukukuthola
Futhi ulangazelela ukumfinyelela nokuxhumana naye

Ezingobo zomlando: Izingcaphuno mayelana
nempumelelo nabantu abaphumelelayo
Ingane ingase ibone impumelelo njengokuba
namathoyizi amaningi nonodoli, futhi mhlawumbe ngisho
nemoto encane yokugibela. Ingane empofu ingase ibone
impumelelo njengokuba nemali yokuthenga noma yini
eyithandayo, kuyilapho ingane ecebile ingase inganeliseki
ngamathoyizi ayo futhi intule ukwaneliseka. Ingane enjalo,
ekhunganathekiswe yinani elikhulu lezinto enazo, ingase ibe
.nzima ukuyijabulisa

Njengoba sikhula, siyahleka izifiso zethu
zasebuntwaneni. Ngisho nezinto eziningi abantu abadala
abazilwelayo namuhla zilahlekelwa ukukhanga kwazo kusasa
.noma ngakusasa, zithathelwe indawo yizifiso ezintsha
Kunconywa ukuthi umuntu asebenzise umehluko
.phakathi kwalokho okudingekayo nalokho okungadingekile
Impumelelo ibalulekile ukuze umuntu abe nezidingo
zokuphila: ukudla, indawo yokuhlala, impilo, nezingubo Uma
entula ngisho nengxenye encane yalezi zinto, usesimweni
.esibi kakhulu

Umuntu kumele akwazi ukuthola izinga eliphansi
lenduduzo nenjabulo Kungakhathaliseki ukuthi ungumuntu
ongokomoya noma othanda izinto ezibonakalayo, akukho
ukuphikisana ngokuthi kunezidingo ezithile eziyisisekelo
okumele zihlangatshezwane nazo ukuze kulondolozwe impilo
nenhlalakahle engokomzimba Ngaphandle kokuba nempilo
enhle (okungenani ngokwengqondo), umuntu
akanakuphumelela

Kodwa iyini impumelelo yangempela? Uma umuntu
ethola konke akufunayo empilweni, usazozizwa engenalutho
ngoba ungumphefumulo, futhi izinto ezibonakalayo azikwazi
ukumnika injabulo, okuwukuqala nokubaluleke kakhulu isimo
.sengqondo

Sinamandla okuzenza sijabule, njengoba nje sinamandla
okuzenza sibe lusizi Imfihlo yempumelelo nenjabulo

ingaphakathi kuwe Ungase ujabule ekhaya lakho eliphansi
kunenkosi esigodlweni sayo esihle Labo abathola
impumelelo nenhlalakahle ngaphandle kwabo abaphumeleli
ngempela futhi abajabuli Lokhu akusho ukuthi izigidi zabantu
azijabuli; kunalokho, kusho ukuthi uma ungakwazi ukukhipha
injabulo empilweni, kungakhathaliseki ukuthi umpofu noma
ucebile, uyaphumelela nganoma yisiphi isilinganiso
Injabulo yesikhashana eshiya ukuzisola nokuzisola
kuphela akuyona injabulo yangempela Empumelelweni
yangempela, inkumbulo yokuyifinyelela ihlala iphila ngisho
nangemva kokuba injabulo yokuqala yokufeza iphelile Zonke
izinto ezinhle umuntu azenzile futhi aqhubeka ezenza
empilweni yakhe zihlala phakade enkumbulweni yakhe
njengenjabulo ehlala njalo. Leyo impumelelo yangempela
.umuntu ayifinyelelayo empilweni
Impumelelo ayilula; ayinakulinganiswa ngengcebo noma
impahla yomuntu. Incazelo yempumelelo ijule kakhulu
kunalokho. Impumelelo yangempela ingalinganiswa
.ngekhono lomuntu lokujabula ngaphansi kwazo zonke izimo
Uma unembeza wakho uhlanzekile futhi ukhululekile,
futhi ungakhethi muntu noma ungamfanele umuntu, futhi
lapho intando yakho iqinile futhi iguquguquka ngesikhathi
esifanayo, futhi unomuzwa obucayi nokuqonda okulungile,
futhi uma ukwazi ukuthola okudingayo ngezindlela
ezihloniphekile nezisemthethweni, khona-ke uphakathi
.kwabaphumelelayo
Ingane ivame ukwaneliseka ngezinto ezimbalwa
ezincane, kodwa lapho ikhula ifuna ukuba nezinto eziningi,
njengezindlu ezinkulu nezimoto, yize yazi ukuthi abanikazi
.balezo zinto abajabuli ngempela
Ukwaneliseka kulele empilweni elula kanye
nemicabango ephakeme Labo abagcina izingqondo zabo
zisebusweni bemibono—umbuso wemibono emihle—bathola
injabulo enkulu kunalabo abagcina imicabango yabo
ezintweni ezibonakalayo zodwa Labo abamatasa ngezinto

ezibonakalayo futhi akukho okunye, labo abathanda
ukuqongelela izinto zokunethezeka (ngenxa yokusaphaza
.nokubukisa), abacwengekile ngempela
Kuzuzisa kakhulu umuntu ukufunda izincwadi nezihloko
eziwusizo kunokuchitha isikhathi emisebenzini engakhiqizi
lutho Okukhulu kunokufunda ukuzindla ngoNkulunkulu,
ukuzindla ngobukhulu baKhe, nokulwela ukuqonda
izimfihlakalo zokuphila ezingenamkhawulo nezingapheli
Inhloso yokuphila ukuthi umuntu azi yena, ezwe indawo
yonke ishaya enhliziyweni yakhe, igeleza emithanjeni yakhe,
futhi igcwalise ubukhona bakhe ngokuthula, uthando,
!injabulo, nokuthula futhi lokho kuyinqobo enkulu
Ubuhle

Abantu ababonayo bayazisa ubuhle yonke indawo
Abanye benza sengathi abanamehlo; ababoni futhi abaqondi
ngoba abakwazi ukubona lutho, ngisho nasezindaweni
ezinhle

Imibala emihle kakhulu yasemhlabeni ibukeka imbi futhi
iminyene uma iqhathaniswa nemibala emihle kakhulu
yeplanethi noma yezwe eliyi-ethereal
Ezingeni elingokomzimba, abantu bathole izindlela
ezahlukene zokuthuthukisa umbono wabo. Iso elinqunu
lithola imibala elinganiselwe; nokho, amanye amatshe
ansundu akhanyayo abonisa imibala ecwebezelayo
ngaphansi kokukhanya kwe-ultraviolet Uma lokhu kukhanya
kuvinjiwe, amatshe abuyela embala wawo omnyama
.wokuqala

Imibala eminingi emhlabeni obonakalayo, njengoluhlaza
okwesibhakabhaka esibhakabhakeni, iyimibono yokukhanya
edalwe ukubonakaliswa kokukhanya ezinhlotsheni
ezahlukene zezinhlayiya Njengoba iso likwazi ukubona
kuphela ububanzi obulinganiselwe bokudlidliza okwakha
yonke into endaweni yonke, abantu abakwazi ukubona ama-
spectra angabonakali, angabonakali afihliwe kukho konke

okubazungezile Uma ubungawabona, ubungamangala
ngobuhle bawo nobuhle bawo

Ngakho-ke, iso noma indlebe azikwazi ukubona konke
okungabonwa Abantu abakwazi ukuphefumula amaphunga
amnandi noma ukubona izimo eziningi ezingabonakali,
izithombe, kanye nemibono ebucayi egeleza phakathi
.kobukhulu be-ether

Abantu bavame ukungakwazi ukubona ngisho nezinto
eziwela emkhakheni wabo wokuqonda imizwa
Ngesikhathi ngivakashela iMexico futhi ngibona "izingadi
ezintantayo" zeLake Zuquemilco, ubuhle bazo bagcwalisa
inhliziyo yami futhi ngezwa ubuhle nobukhulu bomculi
ongcwele

Kwakukhona omunye umuntu owayebonakala egxile
kulezo zindawo ezinhle zemvelo, kodwa umuzwa
wangaphakathi wangitshela ukuthi wayengakuboni lokho
engangikubona. Ngambuza ngombono wakhe ngalezo
zindawo ezinhle, waphendula wathi: "Bengicabanga indlela
ephumelelayo yokukhipha amanzi ukuze kulinywe
".umhlabathi owengeziwe

Wayebuka ichibi ngombono wakhe. Ngakho-ke sonke
sibheka izinto ngokwemibono yethu kanye nokubandlulula
.kwethu

Wonke umphefumulo umbozwe ukudlidliza okuhlukene
noma ukunyakaza kwemizwa, imicabango, nemizwa, zonke
.izici ezisiza ekwakheni ubuntu noma ukuqonda komuntu
Umuntu ngamunye unesimo sakhe esihlukile, ukudlidliza
okuhlukile Konke umuntu akwenzile kusukela ebuntwaneni
kusagcinwe ebuchosheni njengama-capsule acindezelwe
okuthambekela nokuthambekela Futhi njengoba
singenakuzibona lezi capsule ezingabonakali, simangazwa
yizenzo zabantu, ngamunye ngokwezifiso zakhe
Abanye abantu bathambekiswa kalula yinjabulo
ngaphandle kwesizathu esibonakalayo, noma imizwa yabo
ibuhlungu ngezindlela ezingachazeki, ngisho nakubo

ngokwabo Abanye bahlala bematasa ngokugxeka, besakaza
amahemuhemu, futhi bedalula abanye, kuyilapho bona
uqobo lwabo ludinga kakhulu ukunakwa nokuhlanzwa
Lezi zindlela zengqondo ziyawungcwaba umphefumulo
futhi zivimbele umuntu ekuboniseni izinzuzo zobuntu bakhe
.obuphakeme

Yeka ukuthi abantu bayinkimbinkimbi futhi bayazibekela
imingcele kangakanani! Wonke umuntu uyindaba
enezahluko eziningi, enezehlakalo ezixhumene nezigcawu
ezahlukahlukene

* * *

Imicabango yokwehluleka kumele isuswe ngemicabango
emihle yempumelelo kanye nethemba Ukwesaba kumele
kuncishiswe ngokungaziphathi ngokweqile Usizi kumele
lususwe ngokukhanya kwenjabulo Ubuwula kumele
bunqotshwe ngomusa nangokucabangela Ubuwula kumele
bususwe ngothando nangenhlonipho Imicabango egulayo
kumele isuswe esihlalweni sempilo ngemicabango emihle
nemizwa efanele Ukuphazamiseka nokukhathazeka kumele
kususwe ngokholo nangokusebenzisa amandla engqondo
Umbuso wokuthula kumele umiswe emphefumulweni ukuze
uthinte ubukhona obubusisiwe futhi uzizwe ukuvikelwa
kwaphezulu

Nikeza umoya wokupha

Nkosi, ake ngiqaphele ukuthi injabulo yezinzwa ayiyona
into engokoqobo futhi ihlala isikhathi esifushane
Nakuba injabulo yomphefumulo ingokoqobo futhi
ivuselelwa njalo

UNkulunkulu ulapha Akayona nje izwi esilikhulumayo,
kodwa uyingqikithi yokuphila kanye nemfihlo yokuphila.
Singase singazi ukuthi ukufinyelela Kwakhe kungakanani,
kodwa singakuzwa ukuba khona Kwakhe futhi sizizwele
.ukuthi ungubani

UNkulunkulu ungukuthula kwendawo yonke lapho zonke
izinto zibonakaliswa khona futhi lapho yonke imicabango

ekhanyisiwe ivela khona. Ngakho-ke, ngizozama
ukuzijwayeza ukuthula ukuze ngizwe ubukhona Bakhe
.obujabulisayo

Namuhla ngizohlobisa indawo engcwele yokuthula
ngezimbali zokulangazelela kwaphezulu futhi ngibize
uNkulunkulu wothando nenjabulo
Ngicela uNkulunkulu ukuba azembule kimi ngamehlo
ami angokomoya ukuze ngibone ukukhanya Kwakhe
kusakazeka kuzo zonke izingxenywe zomhlaba
Ngiyazi ukuthi uNkulunkulu ulalela yonke inhlebezelo
yesifiso sami. Uluthando oluphelele, futhi ngothando
lwaphezulu ngingamthola, ngoba ngothando umfuni
usondela kuNkulunkulu futhi aphuze emithonjeni yenjabulo
.engcwele

Nkosi, ngisize ngigcwalise umzimba wami ngamandla
akho asezulwini, ngiphilise ingqondo yami ngokugxila kanye
nethemba, futhi ngiphilise umphefumulo wami ngemibono
engokomoya ezalwa ukuzindla
Ekuphileni nasekufeni, ezinsizini nasezinhlekeleleni,
ukholo lwami kuwe, Nkosi, luhlala luqinile futhi
lungenakunyakaziswa, luqinile futhi alunakunyakaziswa
Yonke imimoya yokulangazelela kwami nokunxusa ivula
iminyango namafasitela emphefumulweni wami engidlula
kuwo ngiye enjabulweni kaNkulunkulu
Njengoba nje ilanga likhanya emigwaqweni ematasa
kakhulu, nami ngizobona imisebe yothando lwaphezulu
Kuzo zonke izindawo ezimatasa zemisebenzi yami
yansuku zonke, ngibusise, Nkosi, ukuze ngivuse
umphefumulo wami ngokusa ngiwulethe embundwini wakho
.obusisiwe

Nkosi, ngiphe umoya wokuphana ukuze ngihlanganye
nabanye lokho enginakho, futhi ungisize ngibone echibini
elithule lengqondo yami ukukhanya kwenyanga
yomphefumulo wami kukhanya ngokukhanya kobukhona
.bakho

Namuhla ngizocwila ngijule olwandle lokuzindla
nokuzindla ngoNkulunkulu ngize ngithole amaparele
okuhlakanipha nenjabulo yaphezulu
Ngizokuthanda, Nkosi, ngaphezu kwanoma yini enye,
ngoba ngaphandle kwakho angikwazi ukuthanda noma
yimuphi umuntu noma yini enye
Ekujuleni kwezintaba nasezibhakabhakeni ezithule,
nasekujuleni komphefumulo wami kanye nasemgodini
wokuthula, ngizizwa ngikhona kuNkulunkulu futhi ngizwa
injabulo Yakhe engapheli, futhi ngiphuza emithonjeni Yakhe
.ehlankile engapheli futhi eyomile kuze kube phakade
Ngizokukhonzisa, Nkosi
O wena othando lwakho lulingana
Esihlalweni sobukhosi sazo zonke izinhlobo nenhliziyo
enothando

* * *

Imali akuyona ngempela inkomba yokunambitheka
okuhle Abantu abaningi abacebile bathenga izinto
abangazidingi, bese ziqongelela emakhaya abo zibe
yizingqwaba ezingathandeki nezingathandeki Awudingi imali
eningi ukuze wenze indlu ikhange; ukunambitheka kuyinto
ebalulekile Kodwa-ke, umqondo wokuhlobisa ikhaya
uyabakhathaza abanye abantu, ubaholela ekugxileni
ezintweni ezibonakalayo futhi unciphise ukuzethemba kwabo
Noma ubani othwele umthwalo wezikweletu ezikhulayo
nezicindezelayo nakanjani uzolangazelela impilo elula kanye
nenkululeko ezingcindezini zezimali Kodwa leyo nkululeko
ngeke ivele ekunqotshweni ubuvila nokungenzi lutho, noma
ukushiya konke ngaphandle kwesizathu noma ukucabanga
.okunengqondo

Kwenzeke ukuthi indoda ethile yalahlekelwa kakhulu

:yathi

Maye kimi! Ngilahlekelwe yingcebo yami kanti umkami"

ungishiyile, ngakho-ke nginqume ukushiya konke ngibe

"yikhaya elihlala yedwa

Lo muntu, bangane bami, akashiyanga konke ngemuva,
!kodwa kunalokho washiya konke ngemuva
Inhlalakahle yengqondo kanye nomuzwa wokwaneliseka
kuyizinto ezimbili ezibalulekile zokufeza injabulo Ngemva
kokuhlola nokuhlunga zonke izifiso, kungashiwo ukuthi:
"Akukho bunzima ekutholeni izidingo ezidingekayo zezinto
"ezibonakalayo, futhi ukungakwazi ukuba nazo akufanelekile

* * *

Ubukhona bukaNkulunkulu bukhona ezinkanyezini,
emhlabeni omuhle, ekushayeni kwenhliziyo, nasekushayeni
kwemizwa Noma ubani oqhubeka endleleni eya emgomweni
obusisiwe futhi ecabanga ngoNkulunkulu nezimangaliso
Zakhe uzombona esembathweni segolide sendawo yonke—
ingubo yokukhanya esakazeka ephakadeni elingapheli—futhi
uzozwa ubukhona Bakhe obuqhakazile kuyo yonke
.imicabango emihle nephakeme nakuzo zonke izinhliziyi
Abaningi bakhulume ngoNkulunkulu, abaningi
bamfunile, futhi abaningi bafunde ngaye, kodwa bambalwa
abathinte ubukhona bakhe Labo abaye banambitha injabulo
.yakhe yilabo abamaziyo

Ukuthosa" imbewu yamabhizinisi aqhutshwa ukungazi"
Abantu bakha isiphetho sabo ngentando yabo, benquma
isiphetho sabo ngezinhloso nezenzo zabo Ungazikhulula
ekuhluphekeni uma ukhetha ukwenza kanjalo UNkulunkulu,
oqobo lwakhe luthando, akafuni ukuthi othandekayo wakhe
ahlupheke ubuhlungu ngenxa yezenzo ezingalungile
nokucabanga okunephutha Unikeze isintu amandla
okuqonda kanye nenkululeko yokuzikhethela Kodwa-ke,
ngenxa yezinqumo ezingalungile kanye nokukhetha
okungahlakaniphile, abantu baletha ukuhlupheka kanye
nobuhlungu kubo nakwabanye
Kumelwe ukhululeke futhi ungavumeli muntu ukuba
akuqondise izinqumo zakho noma akubuse. Ungavumeli
indawo okuyo, amasiko, noma amasiko alimazayo
akuvimbele futhi alawule indlela yakho yokuphila. Yenza

ngokuhlakanipha, lalela unembeza wakho, futhi ucabangele
imiphumela yezenzo zakho ngaphambi kokuqala noma
yimuphi umzamo. Gwema ukulimaza abanye ngokuziphatha
kwakho okungafanele, futhi ufune usizo nesiqondiso
.sikaNkulunkulu

Uma nje umuntu eyisisulu sentukuthelo, umona,
nomona, akakhululekile. Kumelwe abe ngabalawuli bemizwa
nezenzo zakhe, futhi azikhulule ezifisweni ezibhubhisayo,
.ezifisweni ezingalawulwa, nasezifisweni ezingalungile
Uma uqotho ngokuphelele kuwe, ukuhlakanipha
kuzosekela ukucabanga kwakho, ukulunga kuzoqondisa
isinqumo sakho, futhi ukuqonda kuzokhanyisa ingqondo
.yakho

Imbewu yezenzo zesikhathi esidlule eziqhutshwa
ukungazi kumele "ibhakwe" emlilweni wokuzindla
nokuhlakanipha ukuze ingakwazi ukuhluma futhi ikhule futhi.
Lena yindlela yokuxosha nokuvimbela ukuhlaselwa
.okunamandla kokukhohlisa

Inkohliso yasezulwini - noma uSathane - ikhohlisa
umuntu ngezithembiso zamanga nezilingo ezikhanga ukuze
aphishekele umlingo wezinjabulo zenyama, futhi ilawula
amakhono akhe ngoba umthembisa injabulo yezwe engenalo
iqiniso, ngaleyo ndlela isebenza kanzima ukumvimbela
ekunambitheni izithelo zenjabulo yangempela ezikhona
.ngobuningi ezingadini zomphefumulo

Abahlakaniphile bayazi umehluko phakathi kweqiniso
nokukhohlisa futhi banekhono lokuqonda Njengoba bejula
ekucabangeni, baqaphela ngokujulile ukubaluleka
kwenkululeko yokuzikhethela kanye nesidingo
sokusebenzisa inkululeko yokuzikhethela ukuze benze
okulungile futhi bagweme izenzo ezinemiphumela elimazayo
nemiphumela engathandeki

Ukuzindla kwansuku zonke
Namuhla ngizophula isithombe sokungazi esingcolisa
indawo engcwele yomphefumulo ngaphakathi kwami, futhi

ngizokhumbula ukuthi ukukhanya kukaNkulunkulu
okungcwele kakhulu kukhanya njalo phezu kwami futhi
kususa ubumnyama bokukhohlisa engqondweni
nasemphefumulweni wami, nokuthi Lowo owangidala
.akangishiyi

Ngaphansi kwawo wonke amagagasi okuphila kukhona
ulwandle oluningi lobukhona bukaNkulunkulu, futhi ngemuva
kwakho konke ukushaya kwenhliziyo kukhona ulwandle
.olungenamkhawulo lwemizwa yendawo yonke
Njalo ebusuku ngizoziqinisekisa ukuthi angisiye
umzimba

Kunalokho, umoya ohlala emzimbeni
Futhi ukuthi ubumina bami obungokomoya abunakufa
phakade

Uma ngivuka, ngizokhumbula ukukuqinisekisa futhi
Esakhiweni sokulala ngizolulama futhi ngivuselele
amandla ami, kodwa lokho akwanele ngidinga indawo
yokuthula nokuzindla lapho ngingaphumula khona usuku
ngalunye ukuze ngihlole imiphetho yokwazi kwami futhi
.ngithole izimfihlo zomphefumulo wami

Ngiyazi ngokuqinisekile ukuthi uNkulunkulu akangishiyi
nakancane, futhi kungakhathaliseki ukuthi izimo zami
zezinto ezibonakalayo zinjani, ngihlala ngicebile
.kuNkulunkulu ngoba umusa waKhe ugeleza kimi njalo
Uthando luwubizo lukaNkulunkulu oluthule kuzo zonke
izidalwa eziphilayo nezingaphili ukuba zibuyele endlini
yobunye Bakhe

Uthando luzalwa ezivandeni zentuthuko nokuvuselelwa,
ngakho-ke ngizohlala ngisebenza ekuzivuseleleni futhi
ngikhuthaze umoya wami ukuba uqhubekele phambili
.endleleni yempumelelo

Namuhla ngizogwema izinto ezimbili eziwubuwa:
ukuzidla nokungacabangi kahle, futhi ngizokhumbula ukuthi
uNkulunkulu usebenza ngami nokuthi uma ngithinta
.ubukhona Bakhe ngizophepha kuzo zonke izinto ezimbi

Ngiyaqaphela ukuthi umgomo wokuphila injabulo, hhayi
injabulo yobugovu ehlukanisa abanye, kodwa injabulo
ebahlanganisayo futhi ekhula ngamandla ngokubenza
bajabule

Ngemuva kwenyanga kukhona inyanga egcwele enkulu
kunazo zonke, ngemuva kwelanga kukhona amandla
namandla kaNkulunkulu, futhi ngemuva kwengqondo
yomuntu kukhona ingqondo yendawo yonke. Ngakho-ke,
"ngeke ngizibophezele ebuntwini obuncane: "ubugovu
Nkosi, uma sifuna Wena ngezinhliziyi zethu zonke,
Uzosivulela iminyango futhi usithumelele konke
.esikudingayo ukuze sisondele kuwe futhi sikwazi
Ngizogcina ingqondo yami ivulekile futhi iyamukela,
bese ngibona uNkulunkulu kukho konke okuhle
nokuphakeme, futhi ngiziqaphela ukuthi ngixhumene
.kakhulu nobukhona Bakhe obubusisiwe
Uma ngivula amehlo ami ukuze ngibone injabulo
yokuzindla, ubumnyama buzonyamalala futhi ukukhanya
kokholo kuzongiye embusweni wokukhanya lapho
.uNkulunkulu elinde khona

Ngizokhumbula ukuthi ukungazi kungumthombo wazo
zonke izifo zomzimba, zengqondo, nezingokomoya. Ngakho-
ke, ngizosusa ubumnyama bokungazi ngokubona ukukhanya
.kukaNkulunkulu

Namuhla ngizoxhumana nabangani bokuhlakanipha
ngezincwadi zabo nezimfundiso zabo. Ngizongena
.ngeminyango yokufunda okujulile nokuzindla
Emhlabeni wemicabango emangalisayo nemangalisayo
ngizofunda izincwadi nezinto eziphefumulelayo
ngoNkulunkulu, umthombo wazo zonke izigqoko nemibono
.emihle

UNkulunkulu unikeze ngamunye wethu amandla ahlukile
okudala into engavamile okungekho omunye umuntu anayo.
Amandla okudala, ngakho-ke ngizokwenza konke
.okusemandleni ami ukuhlakulela lawo mandla

O Nkulunkulu wami othandekayo, ngiyazi ukuthi
nginenhlansi yobuNkulunkulu ngaphakathi kimi, ngakho-ke
ngizokwenza imisebenzi yami ngokungakhathali, futhi
udwendwe lwempilo yami luzoqhubeka nohambo lwalo,
ngazi ukuthi amandla akho okudala angenamkhawulo
angisiza, aphakamise isifiso sami, futhi aqinise ukuzimisela
.kwami

Namuhla ngizocabanga ngokucophelela ngaphambi
kokwenza isenzo. Umkhuba uwumphumela wezenzo
ezahlukahlukene, futhi izenzo zingahlulelwa ngomphumela
wazo engqondweni, ngakho-ke ngizokwenza konke
.okusemandleni ami ukuzikhulula emikhubeni emibi
Nkosi, ngisize ngiqinise intando yami futhi ngingavumeli
imikhuba ingigqilaze Ngiqondise ukuze ngizithuthukise
ngokomoya ngokuzithiba kwangaphakathi nangaphandle
Akukho ukuphepha ngaphandle kukaNkulunkulu Akukho
injabulo ngaphandle kwakhe Akukho uthando ngaphandle
kwakhe Akukho ukuthula ngaphandle kwakhe Akukho
ukuphila ngaphandle kukaNkulunkulu

Ngiyakubingelela

Ngithathe izingoma ezingomeni

Futhi imizwa yothando yavezwa ezinkondlweni

nasemavesini

I-elixir ikhishwe ku-nectar

Futhi waqoqa iphunga lezimbali nama-roses

Ngithathe imibono kuzo zonke izingqondo

Futhi ngilethe umoya othandweni lwami

Futhi i-symphony yezindikimba zasezulwini yamukelwa

Futhi ngathola amandla kukho konke ukuphila

Ngilahlekelwe umusa wakho kuzo zonke imithandazo

yami

Futhi ngipheke uthando lwakho enhliziyweni yami

Futhi ngibambe umongo wokuthula

Futhi ngathatha ukulangazelela nokulangazelela

ebhodweni lokuzinikela kwami

Futhi ngibalethe bonke kuwe
?Kungani ungaphumi endaweni yakho yokucasha
?Futhi wamukele iminikelo yami ethobekile kimi
I-Master Paramhansa Yogananda
Indaba yegilebhisi elimnyama
Njengoba kulandiswa uthisha uParamhansa
Ubufakazi obukhulu ngezinye izikhathi buvela ezifisweni
ezincane

Ngesinye isikhathi, ngesikhathi ngiseBoston nomngane
wami, ngabona inqwaba yamagilebhisi amnyama futhi
ngafuna ukuwathenga, kodwa abiza u-\$3 [eminyakeni
engaphezu kwamashumi ayisikhombisa edlule], futhi ngezwa
"!othile ethi, "Akayena yini umuntu ochitha imali
Nganquma ukungawathengi amagilebhisi, futhi ngemva
kokuthola isiqinisekiso sangaphakathi, ngazitshela ukuthi:
"UNkulunkulu uyazi ukuthi ngiyawafuna lawo magilebhisi
"futhi uzonginika amagilebhisi futhi
Ngemva kwezinyanga eziyisithupha, ngolunye usuku
kusihlwa ngaya esitolo sezithelo ngathenga amagilebhisi
afana nalawo engangiwabonile ngaphambili, sengikhohliwe
isithembiso engangizenzele sona sokuthi ngizolinda aze
uNkulunkulu anginike amagilebhisi. Ngase ngizwa izwi
likaNkulunkulu ngaphakathi kimi lithi, "Buyisela lawo
."magilebhisi

Ngaphenduka ngathi kumninisitolo, "Ngiphe i-honeydew
melon esikhundleni samagilebhisi" Indoda yayibonakala
ididekile, kodwa yenza njengoba ngicelile, ngabe
.sengihamba ne-melon

Lapho ngifika ekhaya, ngamangala ukuthola ibhokisi
elinezinqwaba ezimbili zamagilebhisi amnyama angenalo
ilebula elinamathiselwe, okwavusa ilukuluku lami lokwazi
ukuthi ubani onginike wona. Kwaphela inyanga yonke,
ngazama ukuthola ukuthi ubani, kwathi ngolunye usuku
ngezwa izwi likaNkulunkulu futhi, lingiqinisekisa ukuthi
ngizotshelwa. Ngolunye usuku kusihlwa, ngesikhathi

nginikeza inkulumo, omunye wabafundi ababesezilalelini
wangidonsela ukunaka, ngathi kuye, "UNkulunkulu
"ungitshela ukuthi nguwe onginike amagilebhisi
Waphendula ngokuphika, kodwa kamuva wangitshela
ukuthi kwenzekeni, njengoba ngesikhathi ezindla wabona
ukukhanya okukhulu nesandla siphethe amagilebhisi
amnyama, futhi umcabango onamandla kakhulu
engqondweni yakhe kwakuwukuthi kufanele ayothengela
.uYogananda lawo magilebhisi

Wathi uthenge inqwaba eyodwa wabe esethenga enye,
yize ayesakholelwa ukuthi umbono kumelwe ukuthi
wawuyiphupho nje. Wabe esethandaza [ukuze azi iqiniso]
kwacaca kuye ukuthi umbono wawuyiqiniso nokuthi
wawuvela kuNkulunkulu owayefuna athenge lawo
.magilebhisi anginike wona

Isikhala okunzima ukusigcwalisa
Sekuyisikhathi sokuba umuntu asebenzise amandla
embula amaqiniso angaphakathi kuye, ngoba injabulo
ihlotshaniswa naleso sambulo Labo abafisa ukufinyelela lawo
mathemba abo siqu kumele benze imizamo enenjongo futhi
bondle ingqondo ngemibono yokudala ukuze bathinte
amaqiniso uNkulunkulu awabeke ngaphakathi kwabo futhi
.bazuze emandleni abusisiwe agcwele ebuntwini babo
Noma ubani ofisa ukwanelisa izinzwa zomzimba
ngaphandle kokunambitha umpe wenjabulo engokomoya
evela emthonjeni waphezulu, umthombo wakho konke
ukwaneliseka nenjabulo, utshala imali elahlekile futhi isivuno
.sakhe sobuhlakani sizoba sincane

Labo abafisa ukwazi uNkulunkulu bazonikezwa isifiso
sabo nguNkulunkulu ngoba unomusa futhi uyaphana. Nokho,
abantu abaningi bagijimela izifiso zezwe, beziduduza
ngenjabulo yezinto ezibonakalayo engapheli, futhi
bahlupheka ngenxa yokungafinyeleli noma ngenxa
!yokuyifinyelela

Ngisho nalabo abaphumelelayo ngokwezimali
ekugcineni bazozizwa bengenalutho ekuphileni kwabo
okunzima ukuligcwalisa, kuyilapho labo abaxhumanisa
ukuphila kwabo noNkulunkulu becebile, benamandla, futhi
.bejabulela ukwaneliseka nokuchuma
Ukungazinaki iziqondiso zokuhlakanipha nokungazinaki
izwi likanembeza kuholela ezindleleni ezigobile, ezishelelayo,
eziyingozi, nezidabukisayo, kuyilapho ukulandela indlela
yokulunga kuholela ekukhululweni ezibophweni
nasekutholeni amandla okwenza okulungile, hhayi lokho
.okulawulwa yimizwa engalungile nemikhuba edukisayo
Labo abafuna injabulo bangazuza kokuhlangenwe nakho
kwabantu abahlakaniphile abaye babhekana nezinkinga
.zokuphila futhi bathola izixazululo zazo
Ngempela, noma ngubani ovumelana nezinjongo
zikaNkulunkulu ubhukuda olwandle lokwaneliseka nokuthula,
.futhi unenhlanhla yangempela
Noma ubani ocabanga ngoNkulunkulu, uNkulunkulu
ucabanga ngaye, egcwalisa impilo yakhe ngezibusiso futhi
emnika ukunambitheka kwe-nectar yenjabulo
Masithandaze kuNkulunkulu ukuthi angene
emiphefumulweni yethu
Kuvusa izifiso ezingokomoya ezinhliziyweni zethu
Ngempela, ukuhlangukwa kwaphezulu kuyinjabulo edlula
zonke ezinye izinjabulo
Ubusisiwe lowo okwazi ukuthinta inhliziyo yendawo
yonke
Lapho umfundi enqotshwe yisifiso sokuhlanganisa impilo
yakhe
Ngokwazi okuphezulu
Uzizwa ukubaluleka kokubalekela imingcele yezinto
ezibonakalayo
Ukuxhumanisa nokudlidliza okusobala nokuphulukisayo
Futhi lapho isifiso sakhe siba siphuthumayo kakhulu
UNkulunkulu uvula indlela emphefumulweni wakhe

Uphefumula iphunga elimangalisayo
Futhi ngayo, ubona ukukhanya kwaphezulu
Izilingo ezishibhile zilahlekelwa ukukhanga kwazo
Umphefumulo wakhe wondla ngemibono yobumnandi
obukhulu

Futhi njengoba eqondisa imizwa yakhe emthonjeni
wezithelo ezimnandi kakhulu ze-gnosis
Futhi umbono ocacile wokuba khona okukhazimulayo
kakhulu

Uhlala kuleli zwe ngaphandle kokuboshwa yilo
Injabulo yakhe idlula eyomuntu othole inqolobane
yamagugu ayigugu

Ngakho-ke ubani ozimisele ukuthola ulwazi
?ngokuxhumana kwakhe

Leyo ntwasahlobo ephilayo

Kuvumelana ngokuphelele nenjongo yokuphila
Yonke imizamo ayenzayo ihlangabezana nezibusiso
ezingenakubalwa kanye nokusekelwa okuvela kuNkulunkulu
Lowo ohlala ecabanga futhi efuna imfihlo yezimfihlo
Akalokothi akhohlwe umgomo afisa ukuwufinyelela
Kwangathi uNkulunkulu angavuza imizamo yakhe
Uyamvuza ngemizamo yakhe
Futhi uzonikezwa ukunqoba okucacile

I-Magnetism: Intuthuko yayo, izithiyo, kanye nezinzuzo
Umuntu angathuthukisa amandla adonsela phansi
akhetha wona, kungaba ukuheha amandla aphezulu
kaNkulunkulu, ukuthola amandla engqondo, noma ukuheha
.izidingo zokuphila kwansuku zonke

UNkulunkulu unike isintu umzimba, futhi kumelwe
siwunakekele Labo abahlakulela futhi basebenzise amandla
abo okuzikhandla ngokomzimba kuphela ngenxa yezinto
ezibonakalayo namandla engqondo ekugcineni
bazokhohliswa. Kodwa-ke, labo abahlakulela amandla abo
okuzikhandla ngokomoya bazothola lawo mandla abusisiwe

anakekela izidingo zabo futhi agcwalise zonke izifiso zabo
.ezibonakalayo

Kukhona umthetho osebenza emhlabeni wonke
osebenza ngempumelelo, futhi ngiwubonile empilweni yami
futhi ngaqinisekisa ukuthi uyasebenza

Kubalulekile ukuthi umuntu abe nomzimba oqinile,
ophilile ophendula imiyalo yengqondo. Cabanga ngomuntu
ovilaphayo, ongenaso isikhuthazo eya emsebenzini
engenaso isifiso noma amandla bese ucabanga ngehashi
elilungele ukugibela emzileni womjaho ngokushesha nje
lapho lithola isignali yokuqala. Yileyo ndlela umzimba
.okufanele ube ngayo

Ngezinye izikhathi sibona abantu asebekhulile
abanempilo enhle futhi abanamandla obusha Imizimba yabo
ibukeka intsha futhi igcwele amandla okubukisa, futhi
naphezu kweminyaka yabo, banobuntu obuhle
Ukuzila nokulala kancane kuqeda amandla Bheka indlela
abantu abahlala ngayo ezihlalweni zabo; abanye babonakala
belele futhi bekhathele, kangangokuthi lapho ubabona,
uzizwa ukhathele Abanye bahlala beqonde phezulu, futhi
uyazi ukuthi banamandla; lapho ubabheka, uxhumana nabo
Labo abazivumela ukuhlala belele futhi ngokunganaki
banegalelo ekugobeni nasekugobeni komgogodla ngenxa
yokuma kabi. Lolu hlobo lokuhlala luthinta nesimo
sengqondo futhi lukhuthaza ukucabanga okungekuhle. Labo
.abahlala beqonde futhi bemi kahle banethemba elikhulu
Labo abangakwazi – ngenxa yezimo ezikhethekile –
ukuhlala beqonde bangasivala lesi simo ngokuba nethemba,
umbono omuhle, kanye nokuba khona kwengqondo
.okuqinile

Hlala ugxilisa ingqondo yakho kunoma yini oyenzayo,
kungakhathaliseki ukuthi ingase ibonakale incane noma
incane kangakanani, ngesikhathi esifanayo ugcine ingqondo
yakho iguquguquka ukuze ukwazi ukushintshela kwenye
intshisekelo uma kudingeka Kodwa ngaphezu kwakho konke,

yenza konke ngokugxila okuphelele, njengoba lokhu
kuzothuthukisa kakhulu ikhono lakho lokuthonya
Iningi labamabhizinisi abaphumelelayo kunoma yimuphi
umkhakha bayazi ukuthi bangawasebenzisa kanjani amandla
kazibuthe Ukuzithiba kunikeza ithonya lamagnetic, njengoba
kunjalo nokuba nengqondo elinganiselayo engathinteki
yimizwa nemizwa Imizwa yemizwa kumele iguqulwe ibe
amandla—ibe umsebenzi wengqondo—futhi ukuhlakanipha
kumele kulawule imizwa ukuze la mandla kazibuthe
abonakale

Ukuhlakanipha okuhlangene nomzwelo kudala amandla
okuzibutha Umuntu onomandla okuzibutha ukhuluma
ngokuzethemba Bakhuluma ngokunengqondo, kodwa bafaka
amazwi abo ngemizwa Kufanele sithembeke kukho konke
esikushoyo nesikwenzayo, kodwa ukwethembeka akusho
ukucasula noma ukuphoxa abanye
Imifino nezithelo zinezakhiwo ezisebenzisa amandla
kazibuthe, ikakhulukazi izithelo, ezingaphazamisi noma
zivimbele ukugaya ukudla. Ngokuphambene nalokho, ukudla
amaprotheni kanye nesitashi ngokweqile kunegalelo
ekuqongeleleni ubuthi emzimbeni. Noma yisiphi isitho
esigulayo sizodala ukungalingani emzimbeni. Isisu,
ikakhulukazi, kumele sigcinwe siphilile futhi sisebenza kahle;
isibonelo, igesi esiswini ibangela ukungakhululeki futhi
ngaleyo ndlela ithinta kabi izakhiwo zaso ezisebenzisa
.amandla kazibuthe

Ukudla ukudla okuningi kunemiphumela engathandeki,
kuyilapho ukuzila ukudla kungathuthukisa ikhono lomuntu
lokuthonya, njengoba kungenza ngezinye izikhathi weqe
ukudla. Nokho, lokhu akusho ukuzilambisa kuze kube
sezingeni lokulimaza impilo yakho. Labo abadla inyama
kathathu ngosuku banenkinga yokubona kahle kanye
nekhono elincane lokuthonya. Noma kunjalo, ukudla
okunempilo kuphela akwanele; ukucabanga okuhluzekile,

ukuziphatha okuhle, nokuziphatha okuqotho empilweni
.nakho kubalulekile

Ngithemba ukukhuluma nawe esikhathini esizayo
mayelana nomphumela we-magnetism kwabanye kanye
nezinye izimfihlo zayo

Futhi ngikubona uqhakaza ensimini yothando lwami
Ngikuzwa ujulile emicabangweni yami
Ngizwa ubukhona bakho emizweni yami ejulile
Futhi ngikubona uqhakaza ensimini yothando lwami
Ngigcwalise ngephunga lobukhona bakho
Ngingajabulela iphunga lakho elibusisiwe
Woza kimi uvela ngale kwesibhakabhaka nezinkanyezi
Nemicabango nemizwa
Ngibonise ubuso bakho obungcwele kakhulu
Ngivumele ngibone ubukhona bakho emphefumulweni
wami

Nalabo abangizungezile
Yonke indawo
Bengikufuna phakathi neminyaka nezikhathi
Ezindleleni zezifiso nezifiso
Futhi manje sengiyabona ukuthi uhlala ngaphakathi
kwami

Futhi kuphefumulela imizwa yami engcwele kakhulu
Ungabe usangifihlela
Ngemuva kwezimbali zemizwa
Imicabango kanye nokushaya kwenhliziyo
komphefumulo
Hlobisa umphefumulo wami ngamatshe ayigugu
okuhlakanipha kwakho
Futhi ungiphe umoya wenjabulo yakho
Susa kimi ubumnyama obukusibekele
Ngokuphathelene nokubona kwami nokuqonda kwami
O nina eningaphesheya kwezinkanyezi nesibhakabhaka
esiluhlaza okwesibhakabhaka

Futhi ngale kwezendlalelo zomkhathi nazo zonke

izidalwa nezidalwa

Yamukela ukunyenyeza kwami kothando

Gxilisa ubukhona bami othandweni lwakho, ekukhanyeni

kwakho, nasekuthuleni kwakho

Lokho kukhanya kanye nengcebo yaphakade

Usuku luzofika lapho ngizovalelisa khona kuleli zwe,

kodwa uma nje ngisaphila kulo mhlaba, injabulo yami enkulu

isekukhulumeni ngezimangaliso zikaNkulunkulu kulabo

abangethembayo, futhi isifiso sami sisekukhuliseni

ukulangazelela kwabo lokho kukhanya kwaphezulu

okunginike induduzo, inkululeko, kanye nokuvikeleka

.okungachazeki

Umlando wendawo yonke, kuyo yonke imininingwane

yayo emincane, ugcinwe ezindaweni ezingaphansi

zaphakade. Lokho kungenye indlela Lapha kuleli zwe

elilinganiselwe, sibona ubude, ububanzi, ukujiya,

nokuphakama, kodwa kukhona elinye izinga lapho lezi

zilinganiso zingekho khona. Konke kusobala kuleyo ndawo

engokoqobo—konke kuwukuqonda nokuqaphela. Umuzwa

wokunambitha umuzwa, njengoba kunjalo umuzwa

wokuhogela. Imizwa yethu, imicabango, nemizimba yethu

konke kuwukuqonda. Futhi njengoba nje singabona, sizwe,

sihogeke, sinambithe, futhi sithinte emaphusheni, nathi

singabhekana nayo yonke le mizwa ngokuqonda okumsulwa,

okusobala noma umuzwa ezindaweni eziphakeme. Yilokho

kanye engikubonayo njengamanje njengoba ngikhuluma

ngalesi sikhathi. Angikho kulo mzimba; kunalokho,

ngiyingxenye yakho konke okukhona. Futhi izinto

.engizibonayo zingokoqobo kimi njengoba nawe unjalo kimi

Umuntu kumele avuke ukuze abone uNkulunkulu yonke

indawo futhi azi umehluko phakathi kwephupho neqiniso.

Ngivame ukubona okungapheli endaweni engikuyo, futhi

ngibona leyo ndawo engapheli. Konke kuboleka ukuphila

.kulowo mthombo waphakade

Ngiseyingane, ngangihlala ngithandaza imini nobusuku,
kodwa kwakungekho mpendulo Ngakolunye uhlangothi,
ngangibona isintu, kanti ngakolunye uhlangothi, iphakade,
elalingakhulumi nami Nakuba ngangicabanga ukuthi ngedwa
nokuthi wonke umuntu ungilahlile, uNkulunkulu
wayengangilahlile, ngoba wayehlala ekhona nami ngasese—
ngemuva kwemicabango nemizwa yami Futhi lapho ngiqala
ukubona ukukhanya ngaphakathi kimi, umphefumulo wami
wagcwala ngokungaqondakali iphunga laphezulu elibusisiwe
Ngangibona izimpande zemithi kanye nojusi lugeleza
kuzo, futhi ngazizwa ngiseduze noNkulunkulu, owangiduduza
futhi wakhulula inhliziyo yami. Ngathandaza futhi ngambiza
ngokuphindaphindiwe, imini nobusuku, futhi lapho izinto
zilahlekelwa ukukhanya kwazo kanye nencazelo yazo kimi,
ngalahla umhlaba nakho konke okukuwo, okuhlanganisa
nenjabulo, ngesaba ukuthi kungaba yinto ebonakalayo nje.
.Ngabe sengimthola uNkulunkulu, onami manje, njalo
Umhlaba ungangishiya, kodwa uNkulunkulu akasoze
angishiya ngisho nomzuzwana. UNkulunkulu uyikho konke.
Leli hholo nendawo yonke elizungezile iyantanta
njengezithombe ezihambayo esikrinini sokuqonda kwami.
Ngiyabheka futhi angiboni lutho ngaphandle komoya
omsulwa, ukukhanya okusobala, kanye nokuqwashisa
okumnene. Isithombe somzimba wami, izithombe zemizimba
yenu, nazo zonke izinto emhlabeni zivela kulokho kukhanya
okukodwa kwaphezulu. Futhi lapho ngibona lokho kukhanya,
.angiboni lutho olunye
Uma ubheka isikrini, ubona izithombe ezihambayo,
kodwa uma ubheka emuva (ebhayisikobho yendabuko),
ubona kuphela ukukhanya okukhanya esikrinini. Kuzwakala
.kungakholeki, kodwa kuyiqiniso
Bengivame ukukhuluma ngalezi zinto, kodwa manje
angisakhulumi nalabo abangenandaba noma
abangenandaba. Kodwa uNkulunkulu ungivumele ukuba

ngikhulume nani kulokhu ukuze nazi ukuthi akukho lutho
.olufanele ukuphilelwa ngaphandle kukaNkulunkulu
Konke kuyadlula Thandazela lokho okuhlalayo
nokungadluli

Nasi isixha sezimbali zothando
Uthando lwethu ngabanye luyatholakala
Ngibonga isandla sakho esivulekile
Ngamandla omuzwa wothando
Ngakho-ke, sikhuthaze ukuthi sikwethule kuwe
Uthando lwethu olukhulu kanye nokulangazelela kwethu
!okuvuthayo

Usiphe obaba nomama
Abaflowethu nodadewethu
abazala
umlingani
Izingane nabangani
Mhlawumbe sizofunda ukuthi singakuthanda kanjani
Ngezinkulumo ezahlukene kanye nomehluko wemvelo
ocashile

Kuzo zonke izinhlobo zobudlelwano babantu
,O wena onothando lwaphakade
!O Makhelwane Ophakeme Kakhulu
Ngifundise ukuthi ngiluka kanjani isixha sezimbali
Kuzo zonke izimbali zothando lomuntu
Futhi ngikubeka njengomnikelo ethempelini lakho
elibusisiwe

Kodwa uma ngingakwazi
Kusukela ekuletheni lonke iphakheji kuwe
Ngenxa yobuningi kanye nokuhlangana kokwethembeka
Ngizokhetha imbali eyodwa
Enye yezimbali ezinhle kakhulu nezintsha kakhulu
Futhi ngiyibeka emnyango wakho obusisiwe
!Ngiyethemba ukuthi uzokwamukela kimi
Ubuhlungu bempilo kanye nokushaywa okungazelelwe
Nkosi yomthetho wendawo yonke

Ngisize ngithwale amanxeba nezibazi zami
Wazalwa yizinhlekelele nobunzima
Imihlobiso kanye nezindondo zokuqeqesha
Nginikwe ngesandla sobulungiswa bakho baphezulu
Lowo ongawaziyo ukukhetha
Ubunzima bami bansuku zonke mabusebenze
njengekhambi lokukhohlisa nokukhohlisa
Futhi ukungisusa emathembeni angamanga enjabulo
yamanga yezwe
Ukube nje izinyembezi engizikhiphayo ngenxa
yokungabi nanhlonipho kwabanye
Susa amabala nezibazi ezifihliwe engqondweni yami
Futhi vumela konke ukushaywa okubukhali kwe-pickaxe
yokuphazamiseka kuvuleke
Ukujula okusha kokuhlakanipha nokuqonda ngaphakathi
kimi
Ngifisa sengathi ubumnyama balobu bomi obuningi
bezinto ezibonakalayo bungangethusa
Ukuze ngisheshe ngifune indawo yobumsulwa bakho
nokukhanya kwakho okuphulukisayo
Ubuhlungu bempilo kanye nokushaywa okungazelelwe
kuyangiphoqa
Ukuze ngikhale, ngincenge usizo lwakho
Futhi ukwembula izimo ezibuhlungu eziqoshwe
emhlabathini wempilo yami
Mayelana nemithombo egeleza njalo, eningi yenduduzo
yakho
Ukube nje ububi bokuhlubuka bukhona kwabanye
Kungiphoqa ukuthi ngizihlobise ngobumnene
nangomusa
Futhi amazwi abuhlungu abangane bami
mawangikhumbuze ukuthi ngisebenzise amagama amnandi
kuphela
Noma ngabe izingqondo ezimbi zingijikijela ngamatshe

Ngakho ake ngiphendule ngemicibisholo enobungane
enezinhlalo ezinhle
Njengomuthi we-jasmine osakaze izimbali zawo ezinuka
kamnandi

Esandleni esiwisa izembe esiqwini salo
Ngakho-ke, ake ngisakaze amacembe e-rose
okubekezelelana

Kubo bonke abangiphatha kabi futhi benobutha
Indlela yokuphila ngokuthula nokuthula kuleli zwe
Le mpilo yasemhlabeni ayikho njengoba ibonakala.
Ungabeki ithemba lakho kuyo, ngoba iyashintshashintsha,
iyakhohlisa, futhi igcwele ukudumazeka namathemba
aphukile. Ukuphelela akutholakali lapha. Angifisi
ukukunikeza isithombe esingokoqobo sempilo. Le mhlaba
awusilo ipharadesi. Yilabhorethri yaphezulu lapho
uNkulunkulu ehlola khona imiphefumulo ukuze abone ukuthi
izonqoba yini izifiso ezimbi ngobuhle futhi imenze Yena—
okungukuthi, enze uNkulunkulu—isifiso sayo esikhulu, ukuze
.ibuyele embusweni Wakhe

Impilo igcwele zonke izinhlobo zezinhlekelele
namahlaya, izinhlekelele kanye namahlaya. Kungumbukiso
omkhulu, oshintsha njalo, futhi onezinhlangothi eziningi
wezinhlobo ezingenakubalwa. Azikho izinto ezimbili
ezifanayo ncamashi. Impilo yomuntu ngamunye ihlukile.
Ngamunye unezici ezahlukene, umqondo ohlukile, kanye
.nezifiso ezahlukene

Ukuba besibhekene nezivivinyo ezifanayo nsuku zonke,
besizokhathala futhi sikhathale ukuphila Ngisho nePharadesi,
ukuba bekuhlala kufana, besingeke silifise Sithanda
ukuhlukahluka nokuhlukahluka Ukuba iPharadesi
beliyisicefe, abangcwele bakaNkulunkulu namadoda
angcwele ngabe bathandazele ukubuyela eMhlabeni
ukuzozijabulisa! IPharadesi lihlala livuselelwa ngendlela
ejabulisa kakhulu, kuyilapho uMhlaba uvame ukuvuselelwa
njalo, kodwa ngendlela eyisicefe nengathandeki

Nokho, naphezu kokuthi impilo iyakhathaza futhi inzima,
abantu abaningi bayayijwayela, bekholelwa ukuthi ayikho
enye indlela yokuphila. Abakwazi ukuqhathanisa lokhu
kuphila nokuphila okungokomoya, bayahluleka ukuqaphela
ubukhulu bobuhlungu nokukhathala okufihliwe ngaphakathi
.kwaleli zwe

Eqinisweni, impilo ayiyona into yangempela Njengoba
nje ama-movie amadala ekhishwa ngokuphindaphindiwe,
kanjalo nemicimbi efanayo emidala iyaziphinda ngezindlela
.ezahlukene

Naphezu kokuphila okuqhubekayo unomphela,
izindikimba ezifanayo ezivezwe kumafilimu adlule ziphinde
zibukezwe ngokulandelana. Ngempela, umlando
uyaziphinda, futhi abantu bamane nje bayizingcweti
.eminyuziyamu yesikhathi

Ukuze wamukele ngokugcwele izimangaliso zokuphila,
uzamukele ngobuqotho nangokungakhethi Umuntu kumelwe
alondoloze ibhalansi enjabulweni nasezinsizini, ezinzuzweni
nasekulahlekelweni, ekunqobeni nasekuhlulekeni ukuze
abhekane nezinselele zokuphila ngesibindi
.nangokuzethemba

Ukulondoloza ukuthula kwangaphakathi naphezu kwazo
zonke izehlakalo kuyindlela engcono kakhulu yokunqoba
izifiso ezikhohlisayo Lokhu yilokho engikufundile kubantu
abakhulu abahlala bengathintwa ukushintshashintsha
kwesikhathi, beqinile futhi bengaguquki kuze kube
sekupheleni Ngisho nabaprofethi, lapho beshushiswa,
abazange balahlekelwe ukuqonda kwabo okungcwele, futhi
abazange bavumele muntu ukuba antshontshe uthando
lukaNkulunkulu kubo

Injabulo engokomoya ngokwayo iyisivikelo esibusisiwe
kanye nenqaba enkulu kunazo zonke Phakathi kwezilingo
nokuhlupheka, khumbula izibusiso uNkulunkulu akunike zona
Umphefumulo wakho uyithempeli elingcwele
likaNkulunkulu Ubumnyama bokungazi akumelwe

buvunyelwe ukuthi bungcolise leyo ndawo emsulwa Yeka
ukuthi kuhle kangakanani ukuba semqondweni
womphefumulo, uhlonishwe, uhlonipheke, uphephile, futhi
unokuthula! Ungesabi lutho futhi ungazizondi muntu
Nika wonke umuntu uthando lwakho Zizwe uthando
lukaNkulunkulu futhi ubone ubukhona Bakhe kubo bonke
abantu, futhi vumela isifiso sakho esikhulu sibe ubukhona
Bakhe obuhlala njalo enhliziyweni yakho Lena yindlela
yokuphila ngokuthula nangokuthula kuleli zwe Kodwa
kunzima ukunambitha lokhu kwaneliseka kwangaphakathi
uma nje imimoya enamandla yesifiso ivunguza endaweni
evulekile yenhliziyo futhi inyakazisa imithi yayo ngamandla
Izifiso zakhiwa yindawo umuntu aphila kuyo Zizalwa
ngemibono yethu yezinzwa futhi zinqunyelwe yimingcele
yaleyo mibono Ukuya embukisweni wasemakhaya
kugcwalisa isifiso sokujabula okuthile, kodwa ngemva
kokuvakashela umbukiso wezinga lomhlaba nokubona yonke
imibukiso ehlukeneyo, umbukiso omncane ulahlekelwa ubuhle
nokukhanga kwawo Ngakho-ke, kumelwe siqale sizizwele
injabulo yokuxhumana noNkulunkulu ukuze sikwazi
ukuqhathanisa leyo njabulo nezinyabulo zasemhlabeni
ezincane Khona-ke, izifiso ziyoba ngokwemvelo ephakeme
Isifiso asipheli; ngokushesha nje lapho esinye sigcwaliseka
kunesinye sithatha indawo yaso Kodwa uma uthola
uNkulunkulu, zonke izifiso zakho ziyagcwaliseka Ngakho
kungani ungaqali ukufuna ukugcwaliseka kwaleso sifiso
esikhulu futhi uthole esandleni sikaNkulunkulu esinomusa
?umvuzo omuhle kakhulu nohlala njalo
Uma uNkulunkulu ephendula umthandazo womfuni
wokumazi, zonke ezinye izifiso zakhe zizogcwaliseka
.ngokushesha naphakade
Igolide lokuhlakanipha kanye nensimbi yamandla
Leli zwe aliphelele neze. Liyisikole sezivivinyo nezinsizi,
futhi ngalezi zivivinyo sifunda izifundo zokuphila. Inhloso
yezivivinyo akukhona ukusicindezela, kodwa ukuthuthukisa

amandla ethu. Ziwumphumela womthetho wemvelo
wokuziphendukela kwemvelo kanye nenqubekela phambili;

kubalulekile ngathi ukuthuthuka nokukhuphuka sisuka
.ezingeni eliphansi kakhulu siye ezingeni eliphezulu kakhulu
UNkulunkulu uyasivivinya ngazo zonke izindlela ukuze

aqinise ukuzimisela kwethu, angasiphuli Ukungazi
kuyasibhubhisa uma sibeka lonke ithemba lethu enyameni
Labo abaphikelela ekufuneni kwabo iqiniso bathola ukuphila
okuphakade

Iyini injongo yokuhlupheka? Ukuze singaphinde
sihlupheke. Leli zwe liyisithando somlilo lapho imiphefumulo
yethu incibilikiswa khona kuze kuvele igolide lokuhlakanipha
.nensimbi yamandla nokuqina

Impilo ivame ukubonakala njengomdlalo onzima futhi
okuwukuphela kwesizathu salokho ukuthi kuyiphupho nje
elihlala njalo elingenaso isikhathi eside

Yingakho umhlaba ugcwele ukungalingani kanye
nokungalingani Abanye abantu bampofu kanti abanye
bacebile

Abanye babo baphilile, abanye babo bayagula njalo
njalo

Umuntu uhlangabezane nokuningi esikhathini esidlule
futhi uzobhekana nokuningi kakhulu esikhathini esizayo,
kodwa leli qiniso akufanele limethuse

Ukuphila kuwumdlalo wendalo yonke, futhi uNkulunkulu
usinike izindima okumelwe sizifeze kahle, siqiniseka ukuthi
uma nje senza ngokwaneliseka futhi sicabanga ngokucacile,
siyavumelana noMdali wethu futhi asinalutho lokwesaba

Lena induduzo enkulu ukuhlakanipha okusinika yona
Ngezinye izikhathi kulula ukusho ukuthi le ndawo yonke
iyiphupho, kodwa uma ubhekene namaqiniso anzima, kuba
nzima ukucabanga ukuthi le mpilo iyiphupho Kubalulekile
ukuhlakulela amandla okucabanga kwethu ukuze siqaphele
ukuthi le ndawo yonke yavela engqondweni nasentandweni
kaNkulunkulu

Ubudlelwano phakathi kwengqondo nezinto
ezibonakalayo busobala kakhulu, futhi ukuze siphumelele
ekubhekaneni nezivivinyo zokuphila, kumelwe sizivuselele
ngokomzimba nangokwengqondo. Kumele sihlakulele
ukuqina kwengqondo futhi sandise ikhono lethu
lokwamukela Labo abangakwazi ukumelana nezinselele
zokuphila bayoba yize lapho izivunguvungu zobunzima
.zidlangile kanye nezivunguvungu zobudlova obudlangile
Isihluthulelo senjabulo, amandla, kanye nempilo
singaphakathi kithi Kodwa okuvame ukwenzeka yilokhu:
umuntu obejabulele impilo enhle iminyaka eminingi bese
egula izinyanga eziyisithupha angase akholelwe ukuthi
ngeke aphinde alulame Umzimba akumelwe ukwazi
ukukholisa ingqondo ngalokhu Inggqondo kumele iqinisekise
umzimba Inggqondo akufanele ishukunyiswe isimo somzimba,
futhi kumelwe siqonde ukuthi umzimba uyindawo yokuhlala
yomphefumulo, futhi umphefumulo akufanele uthintwe yiwo
UNkulunkulu usinike amandla okulawula imicabango
nemizimba yethu futhi sikhululeke ebuhlungwini
nasekudabukeni Inggqondo ingumthombo wazo zonke
izinginga kanye nomthombo wenjabulo Eqinisweni, isintu
sinamandla kunabo bonke okuhlangenwe nakho kwaso, futhi
noma singakuqapheli manje, sizobona kamuva
Ungalokothi uthi “Sengiqedile ngakho,” ngoba lokhu
kuwumcabango ongemuhle ofaka ubuthi engqondweni
Abanye abantu bacabanga ukuthi uma behamba kancane
bazokhathala, noma uma bengakwazi ukudla ukudla okuthile
.bazoba nobuhlungu njalo njalo
Akufanele sivumele izingqondo zethu zigxile ekuguleni
noma ekulinganiselweni, bese sithola ukuthi imizimba yethu
iyashintsha ibe ngcono. Khumbula ukuthi ingqondo
ingamandla ashukumisa umzimba. Uma ingqondo
ibuthakathaka, umzimba uzoba buthakathaka. Akufanele
siphelelwe yithemba noma sililele ngoba umhlaba muhle,
.futhi uNkulunkulu uhlala enathi

Indaba yami ngamaswidi kanye nokusebenzisa amandla
okuzimisela
Ngizokutshela ngesipiliyoni esenzeka kimi ngiseyingane
encane

Okokuqala, intando yengane ibizwa ngokuthi i-
physiological, noma i-physical; lapho ingane ikhala,
kuyisibonakaliso sokuthi ifuna okuthile. Ikhala ngenxa
yesimo somzimba, ngakho-ke uhlobo lokuqala lwentando
.lungokomzimba

Khona-ke, lapho ingane ikhula futhi izithoba entandweni
kanina, kuthiwa ingane "inentando ezenzakalelayo" ngoba
.intando yengane kulesi sigaba iqondiswa yintando kamama
Ngikhumbula ukuthi ngesikhathi ngisesigabeni
sokuzibophezela okuzenzakalelayo, ngangivame ukwenza
konke umama ayengicela kona, futhi isidlaliso sami ngaleso
sikhathi kwakungu-"ingelosi". Kodwa ngolunye usuku
umzanyana wami wangithatha wangiya enqoleni esitolo,
futhi lapho ngabona izingcezu zamaswidi anombala we-
orange, futhi adonsa ukunaka kwami futhi angidonsela
.ngendlela engavamile

Ngacela umzanyana wami ukuba angithengele, kodwa
.wenqaba, ngakho angizange ngithi vu futhi sabuyela ekhaya
Ngadla isidlo sami sakusihlwa, ngabe sengicabanga nge-
dessert futhi, ngakho ngatshela umama ukuthi ngifuna
amaswidi anombala we-orange, wathi, "Cha hamba uyolala
"embhedeni wakho

Ngemva kwesikhashana, ngaphinda isicelo, ngathi,
"Mama, ngifuna izingcezu zikaswidi eziwolintshi" Umama
waphendula ngezwi eliqinile neliqondile, "Ngeke uzithathe,
"futhi kumelwe ulale

Ngabe sengimemeza ngezwi elikhulu, "Ngifuna uswidi
wami o-orenji!" futhi ngaqhubeka nesicelo sami futhi
ngaqhubeka ngiphikelela kwaze kwaba yilapho umama
ehamba eyovusa umninisitolo ukuba angilethele izingcezu
.zoswidi

Futhi ngazizwa ngijabule kakhulu Kungani? Ngoba
ngisebenzise intando yami futhi ngaphumelela! Yebo,
ngazizwa ngimangalisa ngoba ngisebenzise intando yami
okokuqala Kodwa ngosuku olulandelayo, igama lami
lesiteketiso lashintsha kusukela ekubeni "ingelosi" laba
"yinkani" ngoba ngasebenzisa inkululeko yami futhi
.ngakhetha indlela yami kanye

Noma nini lapho ngifuna into engenangozi, umndeni
wami wawulalela, kodwa ngangihlala ngilalela isizathu, futhi
lapho nginephutha, ngangihlala ngikulungele ukuzilungisa.
Kodwa lapho nginephutha, ngangingaguquki, ngisho noma
.wonke umndeni ungavumelani

Omama kufanele baqeqeshe amandla entando
yezingane zabo futhi bangawacindezeli ngokuziphika izifiso
zabo ngoba nje bengabantwana Uma izingane zifuna
ukusebenzisa amandla azo ngendlela enemphilo nefanele,
akufanele zibizwe ngokuthi zingabantu ababi Inkululeko yazo
akufanele ivinjelwe, futhi kufanele zithole iziphakamiso
zothando nokuqonda ezivela kubazali bazo maqondana
nezifiso zazo ezincane Uma abazali becabanga ukuthi
bangonga isikhathi ngokushaya izingane zabo, bazochitha
isikhathi kuphela Kufanele baxoxe ngezinto nengane bese
bengenzi lutho olunye Izingane zidinga ukuzwa ukushaywa
okuncane, okuqinile; lokhu kuzobasiza bafunde ngokushesha
Abazali bavame ukuphoqelesa intando yabo ezinganeni
zabo. Amandla okuzimisela kwengane kufanele akhuliswe,
futhi kufanele iphathwe ngothando, ukuqonda, kanye
.nesineke

Ukulandela amandla okuzenzela engane kuza "intando
engaboni" yobusha. Le ntando ifana nesibhamu esidubula
izinhlamvu emoyeni, sikhiqize ama-pop acasulayo. Intsha
.ichitha i-dynamite yentando yayo kodwa ayisizi ngalutho
Bese kufika "intando eqhumayo," njengoba lapho ingane
ifinyelela ebusheni, ikhulula intando yayo ngezifiso
ezingazelelwe kanye nokuziphatha okungenangqondo.

Ivame ukufunda isifundo sayo kuphela ngemva kokubhekana
.nokushaqeka okubuhlungu kanye nokushaywa
Kuthiwa inyosi ithanda kakhulu iphunga le-lotus
kangangokuthi ihlala enhliziyweni yembali isikhathi eside,
imunca umpe. Ngesikhathi yenza kanjalo, amacembe e-lotus
ayasondela kuyo, futhi ihlangana nokufa kwayo ngaphakathi
.kwe-lotus
Bese kuba khona inyamazane yezifunda ezisenyakatho,
idakwe yimiculo yomtshingo. Lapho umzingeli edlala
umtshingo, inyamazane iza kuye futhi ihlangabezane
.nesiphetho sayo esibulalayo
Kukhona nezinye izindlovu ezifuywayo (izindlovu
zesifazane) ezisetshenziselwa ukuheha nokuzingela ezinye
izindlovu
Kulesi simo, isazi sefilosofi esikhulu sasho okuthile
:okufana nokuthi
Inyosi ithakaselwe yiphunga layo
Futhi inyamazane yenza umsindo wokushaya ikhwela
Indlovu eboshiwe iyawa
Ngenxa yokuthinta okuvusa inkanuko
Kodwa kuthiwani ngomuntu onazo zonke lezo zinzwa?
:Iseluleko sesazi sefilosofi kuye sithi
Ungabi yisigqila sezinzwa zakho, futhi ungavumeli lutho"
"noma ubani akulawule
:Mina ngithi
Khumbula ukuthi zonke izinzwa zakho zibekwe
ekukhonzeni kwakho futhi kufanele ulalele imiyalo yakho
futhi uhambisane nentando yakho eqondile
Intukuthelo kanye nenkumbulo yendlovu
Labo abafuna ukuthula kwangaphakathi kumele
baqonde ukuthi intukuthelo idalwa kanjani nokuthi ivame
ukuholela kanjani emiphumeleni emibi Ngenxa
yokungalingani kwangaphakathi okubangelwa intukuthelo,
abantu abaningi baguqulwe ngenkani baba yizigebengu
nababulali

Ukuvimbela izifiso kuphuphuthekisa ingqondo Lapho
inkungu yezifiso ibamba ingqondo yomuntu, ulahlekelwa
yimizwa yakhe futhi aziphathe ngendlela engafanele umuntu
.ohloniphekile

Ukulahlekelwa yingqondo kudida ukuqonda
okungokwemvelo okuyiwona mandla ashukumisayo
ngemuva kwazo zonke izenzo ezizwakalayo kanye nenhloso
enhle

Lapho isiteringi semoto yengqondo yokuphila komuntu
siphuka, nakanjani uzoba nengozi futhi angase azithole
.esemgodini wobuhlungu nosizi

Isibonelo: Indoda ishayela ngenjabulo, futhi endleleni
eya epaki, umkakhe uyicela ukuba ishintshe indlela iye
endlini yabazali bayo esikhundleni sokuya epaki, futhi lapha
.injabulo yayo iphenduka intukuthelo

Ngikhethe lesi sibonelo ngoba kuyinto evamile Ezimweni
ezivamile, umphumela uba ukuthi indoda yenqabe isicelo
somkayo noma ivumelane ngentukuthelo nokungajabuli,
futhi yilokhu okwenzekayo ngokuvamile Kuzo zombili izimo,
intukuthelo iyathatha indawo, isimo siba sibi, futhi ukuthula
kuyaphazamiseka

Kwezinye izimo, intukuthelo ingaba yinhlekelele kulabo
abanolaka olunobudlova Intukuthelo ingathinta inkumbulo,
noma umshayeli angakhohlwa ukushayela ngokucophelela
nangokucophelela, noma angadebeselela ukuqaphela
izimpawu zomgwaqo, okuholela engozini noma, uNkulunkulu
angavumi, ukufa

Ekuphetheni, intukuthelo ibopha isiteringi sentando
enqoleni yokuphila futhi iyivimbele ekufinyeleleni imigomo
.yayo yezinto ezibonakalayo nezingokomoya
inkumbulo yendlovu

Ikhono elibizwa ngokuthi "inkumbulo" liyisipho esivela
kuNkulunkulu esintwini, futhi yeka isibusiso esikhulu!
Inkumbulo inikezwa nezilwane; ngaphandle kwayo,
bezingeke zikwazi ukubona amaphuphu azo Ezinye izilwane

zinezinkumbulo ezinhle kakhulu, njengoba indaba elandelayo
ngendlovu ibonisa

Ngesikhathi indlovu enkulu ithutha izingodo, njengoba
kwenza izindlovu eziningi eziqeqeshwe eMpumalanga,
umfana othile wasondela kuyo, wayihlaba ngenaliti esiqwini
.sayo, wabaleka

Kwadlula unyaka kusukela kuleso sigameko, futhi
indlovu efanayo yahlangana nomfana ofanayo Lokhu
kwanikeza indlovu isikhathi esifanele sokuziphindiselela.

Yamane yamboza umboko wayo phezu komfana futhi
yamphonsa ngobudlova kolunye uhlangothi lomgwaqo.
.Ngakho-ke, izilwane zinezinkumbulo

* * *

Ngiphuphe amaphupho amaningi, futhi manje
sengivukile E-altare lomphefumulo wami, Ngivuthela umlilo
wokukhumbula kwami njalo Wena, Nkulunkulu wami
Ngamehlo ayeke ubuthongo bokulala, Ngibheka ubuso
Bakho obuhle futhi ngijabule ngokubona ukukhanya kwabo
okungcwele

Futhi ngomusa wakho sengibonile ukuthi impilo,
ukugula, ukuphila, nokufa kuyizinhlobo zonke zamaphupho
Ngiqedile inoveli yamaphupho ependwe ngemibala
eggamile esihenqoni esicwebezelayo semibono ekhohlisayo
Futhi manje sengikubona njengowukuphela kweqiniso
elikhona

UNkulunkulu wangibonisa kulowo mbono
Yonke imvelo ayilona iqiniso Okungaphezu kwemvelo
kuyingqikithi yangempela

Ngangihamba ngelinye ilanga endaweni engcwele
ngibuka ukukhanya kwelanga okungizungezile Njengoba
ngehla izitebhisi eziya ogwini lolwandle, ngama ngabheka
izibani zikagesi zezitebhisi, ezazisakhanya, kodwa
angikwazanga ukuzihlukanisa ngoba ukukhanya
kukaNkulunkulu kwafika kimi kwanginqoba kangangokuthi

angikwazanga ukuhlukanisa phakathi kwakho nezinye izibani
.ezingakhanyi kakhulu
{UAllah ungukukhanya kwamazulu nomhlaba}
Futhi ukukhanya kukhanya ebumnyameni, kodwa}
{ubumnyama abuzange bukuqonde
Angikaze ngibone ilanga ngabe sengiyazi ukuthi
ukukhanya kwelanga nezibani zikagesi akuzona neze izinto
zangempela, kuyilapho ukukhanya kweqiniso
.kungukukhanya kukaNkulunkulu
Kulowo mbono omkhulu, uNkulunkulu wangibonisa
imihlaba phezu kwemihlaba—ukubonakaliswa
okungenamkhawulo kokukhanya Kwakhe kwaphezulu—futhi
ngaqaphela ukuthi izinto engazibona zazimane nje
ziyizibonakaliso zokuqonda Kwakhe kwendawo yonke. Uma
sizivumelanisa Naye, sizohamba ekukhanyeni Kwakhe noma
ngabe siyaphi futhi sizwe ubukhona Bakhe noma ngabe
.siphendukelaphi
Uma sazi umoya wendawo yonke futhi siqaphela ukuthi,
empeleni, siyimimoya, khona-ke umhlaba, uthuli, izintaba,
ulwandle, nesibhakabhaka kuyancibilika, futhi akukho lutho
.olusele ngaphandle kukaNkulunkulu
Futhi ubona izintaba, ucabanga ukuthi azinyakazi,
kuyilapho zidlula njengokudlula kwamafu
Ukuhlanganiswa kwakho konke nobuntu obungcwele
kuyisimo esingenakuvezwa ngamazwi, injabulo enkulu
enambithaka ngokwaneliseka okuphelele kothando, injabulo
nolwazi (injabulo yokholwayo ekuhlanganeni neNkosi yakhe)
Ukuthokoza okunjalo okungokomoya kungafinyelelwa
ngokudala ibhalansi efanele phakathi kokuphila
.okungokoqobo kanye nokuzindla ngoNkulunkulu
Ukuhlanza i-storage yezengqondo
Ukuzihlaziya kubalulekile endleleni Umuntu angaba
nenzondo, athukuthela, noma asheshe ukuthukuthela Uma
kunjalo, lezi zici ezigcinwe engqondweni yakhe
ziwumphumela wezenzo zakhe zangaphambilini

Ukuze sisuse indawo yokugcina engqondweni yaleyo
fenisha echithekile, egugile, kumelwe siqale ngezenzo
ezinhle nezakhayo futhi sihlakulele umuzwa wothando
kwabanye. Uma sithanda abantu kakhulu, kulapho nabo
bezosithanda kakhulu, futhi sizoluzwa uthando lwabo. Kodwa
uma sibagxeka, ngisho nakithi ngokwethu, bazokuzwa lokho
!kugxekwa futhi bakubuyisele kithi kukhulisiwe
Ake sithi isitha sakho esidala sesifile, kodwa
usamthukuthelele futhi usamzonda. Uzohlupheka ngenxa
yalobu buhlungu, futhi imiphumela yalo elimazayo
izobonakala emzimbeni nasengqondweni yakho. Kungcono
ukumthethelela ngenxa kaNkulunkulu, ngoba ngokwenza
kanjalo uzozikhulula ezifisweni ezimbi zokuziphindiselela
ezibhubhisa ukuthula kwengqondo yakho futhi zichithe
ukuthula kwakho. Ukunqwabelanisa inzondo phezu
kwenzondo, noma ukuphendula ebutha ngenzondo, akugcini
nje ngokukhulisa ubutha besitha sakho kuwe kodwa futhi
kungcolisa umzimba wakho nemizwa yakho ngenxa yalokho
[Ngakho thethelela ngokuthethelela okuhle]
(Lapho ngithethelela futhi ngingabambeli muntu igqubu)

Ngazikhulula ekukhathazekeni kobutha
Ngezikhathi ezithile, umuntu kumelwe ashiye konke
ukuze abe yedwa, ukuze azindle ngenjongo yokuphila
Abantu abaningi banamathele emasikweni nasezimfashinini.
Eqinisweni, abakaze baphile izimpilo zabo, kodwa kunalokho
baphile izimpilo zomhlaba. Yini abayifezile, futhi
?baphelelephi

Ngakho-ke, kuwukuhlakanipha ngomuntu ukuthi
ngezinye izikhathi azisuse emisebenzini yansuku zonke
kanye "nemisebenzi" ukuze azole ukukhathazeka
kwengqondo yakhe futhi azame ukuqonda umongo wayo
.futhi anqume umgomo afuna ukuwufinyelela
Khumbula ukuthi ubufakazi obukhulu kakhulu
ongabuthola yilobo bonembeza wakho: izwi lomphefumulo
wakho elingenaphutha nelingenaphutha Lokho unembeza

wakho okukutshelayo ukuthi ungubani ngempela,
ngaphandle kokuhlobisa noma ukufihla
Cabanga ngamandla kaJesu Kristu owathi, "Baba,
bathethelele, ngokuba abazi ukuthi bangakwenza kanjani
"lokho abangakwaziyo

Ukulalela izwi likanembeza wakho okhanyiselwe
kuzoletha ukukhanya endleleni yakho kanye nesibusiso
empilweni yakho Uma uzizwa unesifiso esinamandla
enhliziyweni yakho sokugcwalisa isifiso, sebenzisa ukuqonda
kwakho bese uzibuza: "Ingabe yisifiso esihle noma esibi
"?engifuna ukusigcwalisa

Ziningi izinto ezikhuthaza izifiso zabantu Uma umuntu
ebona imoto entsha, ufuna ukuba nemoto efana nayo Uma
ebona indlu entsha yesitayela, ufuna ukuba nemoto efana
nayo Umkhuba omusha wemfashini uyathandwa, futhi
!abantu bafisa ukuthenga nokugqoka leso sitayela
Zivelaphi izifiso? Ngichithe amahora amaningi
ngicabanga ngalokhu Ungakwazi yini ukuhlukanisa zonke
izifiso zakho ngezigaba? Ngikwazile ukuhlunga zonke izifiso
zami futhi ngagcina ezinhle kuphela. Futhi lapho ngifinyelela
ubunye obungcwele, ngathola ukuthi zonke izifiso zami
ezinhle zagcwaliseka ngesikhathi esisodwa Namuhla umuntu
ufisa into eyodwa, futhi kusasa umphefumulo wakhe
.ulangazelela enye into

Ingqondo evela kuNkulunkulu uMninimandla onke
ayinakwaneliswa yizinto zaleli zwe. UNkulunkulu uyigugu
eliyigugu kakhulu neliyigugu kakhulu lomphefumulo, futhi
Yena kuphela okwazi ukwanelisa ukulangazelela kwenhliziyo
.nokugcwalisa izifiso zomphefumulo

Ukufinyelela enqolobaneni yesikhala egcwele ubuhle
UNkulunkulu ungumthombo nomthombo wawo wonke
amandla okuqonda, umenzi wokuthula, kanye nenqolobane
yayo yonke ingcebo kanye nenala Ukuze sivumelane nenala
yaphezulu ehlala ichichima ngobuhle, kumelwe sisuse

emiphefumulweni yethu, unomphela, imicabango yokuswela
.nesidingo

Inggondo yendawo yonke iphelele futhi iphelele, ayintuli

lutho Ukuze umuntu afinyelele kule nqolobane yezwe
egcwele izibusiso zazo zonke izinhlobo, kumelwe ahlakulele
ngaphakathi kuye ukuqaphela inala futhi ahlale enethemba,
noma ngabe akawazi umthombo we-lira elandelayo, i-pound,
!i-dinar, noma idola

Cabanga ngokuphana kwaphezulu njengemvula
eqabulayo neningi, ongayithola kunoma yisiphi isitsha
osiphethe! Uma uphethe indebe, uzoyigcwalisa; uma isitsha
sikhulu, uzosigcwalisa naso. Hlobo luni lwesitsha
osisebenzisayo ukuthola lesi siphosasezulwini? Isitsha sakho
singase sibe namaphutha—mhlawumbe sigcwele izikhala
zengqondo nezobuhlakani. Uma kunjalo, kumelwe usilungise
ngokususa ukwesaba, inzondo, ukungabaza, nomona,
nangokusigeza nokusihlanza ngamanzi okuthula, ukuthula,
ubuqotho, nothando oluhlanzekile, ukulungiselela ukuthola
.umusa omkhulu ovela kuLowo Ophanayo

Inala kaNkulunkulu isebenza ngokwemithetho
yokukhonza nokupha Nika kuqala, bese wamukela Nika
abantu okungcono kakhulu, nawe uzothola okungcono
kakhulu. Ungalindeli impumelelo kuyo yonke imizamo
yokuqala. Eminye imizamo ingase yehluleke, kodwa eminye
.izophumelela

Impumelelo nokwehluleka kuyahambisana. Umuntu
akanakuba khona ngaphandle komunye, futhi izinkinga
noma imisebenzi ebaluleke kakhulu kumele ibhekane
nomsebenzi ogxile futhi kwenziwe yonke imizamo ukuze
.kufezwe lokho okudingeka kufezwe

Zikhandle ngamandla nangentshiseko uze ufinyelele
esigabeni sokugcina. Asikho isidingo sokuyekethisa noma
.sokuhoxa

Uma ungayitholi indlela, akusho ukuthi kufanele uyeke
ukuzama Uma uphuthelwa umgomo, buza ukuthi ungafika

kanjani lapho, kodwa ungayeki ukuzama Abantu abaningi
bayavuma ukuthi wehlulekile ngokushesha nje lapho
behlangabezana nobunzima Labo abahlulekayo kufanele
babonisane nabantu abaphumelelayo, hhayi nabanye abaye
bahluleka njengabo Masizimisele ukufeza impumelelo futhi
sivumele lesi simiso sibe yifilosofi yethu yokuphila

Iculo Lenjabulo

Uma isikhathi sami sifika

Ukufa kungivala izindlebe

Ngizolalela izwi lothandekayo wami waphezulu

Futhi lapho umuntu wokugcina engishayela ucingo

eqeda umoya wami

Ngizophefumula iphunga lobukhona Bakhe obungcwele

Futhi lapho ukufa kuthulisa ulimi lwami

Ngizonambitha umpe wothando lwakhe

Futhi lapho ukufa kungiphuphuthekisa amehlo

Ngizobona ukukhanya Kwakhe okukhona konke

Kuthweswe umqhele yonke indawo

Futhi lapho ukufa kuqandisa igazi lami kanye nokuthinta

kwami

Ngizofuna ukufudumala esifubeni sesithandwa sami

sendawo yonke

Futhi lapho amehlo ami eyeka ukubona phansi

Ukukhanya kwami kombono kuzongena ngaphakathi

Uphendula konke phansi futhi wembula izimfihlo zakho

ezifihliwe

Futhi lapho izindlebe zami zingasakwazi ukuzwa

Ngizolalela ukunyenyeza kwazo zonke izinto ezedlule

nezamanje

Futhi lokho okuzokwenzeka ezinsukwini ezizayo

Futhi lapho ikhala lami lingakwazi ukujabulela iphunga

lomhlaba

Ngizolandela izimfihlo zomphefumulo kuzo zonke

izinhlangothi

Uma ulimi lungakwazi ukunambitha

Ngizokhumbula zonke izinto ezinhle nezibusisiwe
engizinambithile

Futhi lapho umuzwa wami walo mzimba uphela
Umzimba wami we-cosmic uzozwa
Ukuthinta okuyimfihlo, okumangalisayo kukho konke
lapha nalaphaya

Ngizozwa amagagasi edansa ebusweni bolwandle
Futhi ngamabhamuza e-cosmic agijimela esikhaleni
esingenamkhawulo

Amaseli omzimba azobhubha
Imikhawulo yayo yesikhashana izoxazululwa
Kodwa uzovuswa ephila elangabini laphakade
Uzobona injabulo futhi uzozwa injabulo
Uzoyinambitha injabulo futhi uphefumule iphunga
lenjabulo

Futhi uzozizwa injabulo ehlala njalo, evuselelwe
Futhi udansa ngezingoma zenjabulo yaphezulu
Vumela izinzwa zishiye umdanso wezipoki ngenxa
yobuhlungu nokufa

Futhi ukuguqula kube imizwa yokuthokoza kwaphakade
Embusweni wokukhanya, injabulo, kanye nenjabulo
:Indlela yokuphila imi kanje

Izithiyo zokukhula kwengqondo zihlanganisa
ukuzithanda, ukuqhosha, ubugovu, intukuthelo, inzondo,
umona, nezinye izici ezimnyama eziholela noma
ezisunduzela umuntu esimweni esijulile sokungazi
Okudingeka ngokushesha ukulandela indlela eholela
enkululekweni, ngoba izifiso zomuntu zibuswa yimikhuba
evuselelwa njalo futhi ebonakala ingapheli Le mikhuba
ibopha umphefumulo futhi iwubambe, okwenza kube nzima
ngomnikazi wayo ukuhamba endleleni yokukhululwa
nokukhululwa

Indlela yokuphila inje: ngakolunye uhlangothi kukhona
isigodi esimnyama sokungazi, kanti ngakolunye, ukukhanya
okukhanyayo kokuhlakanipha Uma senza ngokuvumelana

nokuhlakanipha, sihamba ngokuphepha endleleni
yokukhululwa futhi sithole lokho esikudingayo
Indawo yonke iyindalo yentando kaNkulunkulu, futhi
uma sizivumelanisa naleyo ntando ebusisiwe, lokho
.esikudingayo kuza kithi kalula
Angisafisi lutho mina ngoba ngiyazi ukuthi
engikucabangayo kuzogcwaliseka nakanjani
Ukuba nokuhlakanipha kwaphezulu nothando
lwaphezulu kugcwalisa zonke izifiso zenhliziyo, futhi yeka
isimo esimangalisayo nesimangalisayo amazwi
angenakusichaza Uma uqaphela ukuthi ungumnikazi wakho
kanye nesiphetho sakho inkosi yokuthula nokuthula, awusabi
lutho Kunalokho, umhlaba wonke usebenza ukufeza lokho
okufunayo ngentando nosizo lukaNkulunkulu
Njengoba uNkulunkulu edale isintu ngomfanekiso
waKhe, labo abamtholayo bazothola ukuthi uyabanika zonke
izicelo futhi ubanika lokho abakufisayo. Kodwa uma nje
isintu sinesifiso esincane sokubusa abanye noma
ukukhombisa amandla aso, ngeke sithole inkululeko
.kuNkulunkulu
Ukwazi uNkulunkulu kuqala ngokuthobeka, uthando,
kanye nenjabulo engokomoya Amandla eqiniso afika
ngokwazi uNkulunkulu
Ukuba igagasi elincane belazi ukuthi ulwandle olukhulu
olungemuva kwalo luyalisekela, belingathi, "Ngingomunye
wolwandle." Kumelwe siqaphele ngokuqiniseka ukuthi
ulwandle lukaNkulunkulu lungaphezu kokuqaphela kwethu
futhi luseduze nathi, ngakho-ke asikho isidingo sokwesaba
noma ukukhathazeka
Isimo saphezulu siwukuthula, ukuthobeka, uthando,
ukwanda kokuqonda, kanye nolwazi oluphelele Noma
ngubani ovumelana noNkulunkulu ngeke kudingeke
azibonakalise kuye noma kwabanye amandla anawo, ngoba
umphefumulo wakhe uyazi ukuthi uSomandla uyamsekela

nokuthi uNkulunkulu uyamqapha futhi amvikele noma kuphi
.nanoma nini lapho ekhona

Labo abamaziyo uNkulunkulu baphapheme
ngokwemvelo yabo engokomoya futhi balele ngokwemvelo
yabo engokwenyama. Bayazi ukuthi bangathola noma yini
.emseni waKhe

Ngakho-ke, kumelwe sithembeke kithi ngokwethu futhi
silwele lokho kuzibusa, sizama ukubalekela izingibe zezwe
nezilingo zalo ezikhohlisayo, futhi sitshale isikhathi sethu
ekucabangeni ngendlela eyakhayo newusizo futhi sitshale
imbewu yobuhle emhlabathini waleli zwe, ukuze silishiye
.kangcono kunalokho esikutholile

Iminyango izovuleka kithi futhi izindlela zizobekwa
phambi kwethu

Ukuphila kufanele kugxile enkonzweni yokuzinikela,
ngoba ngaphandle kwalo mqondo, ukuqonda uNkulunkulu
akunike isintu ngeke kufinyelele amandla aso aphelele. Uma
sikhonza abanye futhi sikhohlwa ubugovu bethu, sizozizwa
.singumuntu omkhulu—umoya waphezulu

Umsebenzi ubalulekile futhi uyisikhuthazo esinamandla
sobuhlakani bomuntu kanye nobuciko. Kodwa-ke, uma
inhloso yomsebenzi iwukuqongelela ingcebo, ilahlekelwa
.yinani layo futhi ibe yize

Umsebenzi uyisevisi, futhi umkhiqizo ofanele
ukuthengiswa kumele ube sezingeni eliphezulu futhi ube
nenzuzo yangempela kwabanye. Uma sikhonza abanye,
sizisiza thina ngezinga elifanayo, ngoba nabo bayisandiso
.sethu njengoba nje nathi siyisandiso sabo

Umuntu ovuthiwe akenzi lutho ngaphandle
kokucabangisisa kahle. Uma sinikeza insizakalo, sithola
.nensizakalo, noma ngabe ingeyona into ebonakalayo
Ngakho-ke, ukukhonza abanye ngokubanika usizo
lwezezimali, olungokwengqondo, noma olungokwesimilo
kusho ukuthola ukwaneliseka ngokwengqondo
ngokubuyisela

Yonke insizakalo esiyinikeza abanye abantu isisondeza
ekuqondeni okujwayelekile. Uma umuntu ebonisa
ukukhathalela kwangempela abanye, ukuqonda kwakhe
kuhlangana nokwakhe, kuyilapho uthando
olungenamibandela lwandisa imingcele yokuqonda luye
.emngceleni wokuqaphela okungokwemvelo

Uma sicabanga ngenjabulo yabafowethu, isabelo sethu
senjabulo sizoba siningi, futhi uma sinikeza uthando lwethu
kwabanye, bazozwa amandla alo futhi bazoshintsha babe
.ngcono

Ukunamathelana okungaboni kanye nenzondo
engenangqondo kokubili kuyizithiyo ezilimazayo
ekufinyeleleni izigaba ezithuthukile zokuqwashisa Kumelwe
sifunde ukuthanda wonke umuntu ngoba sonke
singabantwana bakaNkulunkulu

Konke esikwenzayo kufanele kwenziwe
ngokuzithandela, futhi kufanele sibe nesifiso esikhulu
emizamweni yethu. Uma umuntu enesifiso esiqotho nomoya
ophakeme wokwenza imisebenzi ngothando
nangokwaneliseka, ngaphandle kokukhathala noma
isithukuthezi, amandla e-cosmic ageleza njalo emzimbeni
.wakhe, engqondweni, nasentandweni yakhe

Lowo ongavumeli umqondo wobuthakathaka
nokukhathala ungene engqondweni yakhe wenza isikhala
samandla athambile kanye nemisinga yomsebenzi
obalulekile ukuze ashaje izinzwa zakhe futhi avuselele
.amangqamuzana nezicubu zomzimba wakhe

Uma umuntu engenaso isifiso sokwenza okuthile, uzizwa
ekhathele kusukela ekuqaleni, kodwa uma enesifiso, ubuntu
bakhe bugcwala amandla namandla Labo abenza imisebenzi
yabo ngentshiseko nokwaneliseka bathola ukuthi amandla
.angcwele angapheli ayamsekela futhi amsekele

Abanye abantu bamatasa kakhulu ngomsebenzi
kangangokuthi abanaso isikhathi sokuzihlola noma
sokujabulela impilo. Uma sisebenza ngesikhathi esifanayo

sigcina izingqondo zethu zimatasa ngezinto ezinhle, sizwa
amandla afihliwe asisekelayo futhi esinika amandla
.engeziwe

Uma inhliziyo iqotho futhi ithembekile ekwenzeni
imisebenzi, iminyango izosivulekela futhi izindlela zizovulwa
phambi kwethu

Sicela uNkulunkulu uMninimandla onke ukuba asibusise
ukuze sikwazi ukufeza umsebenzi wethu ngenjabulo
nokwaneliseka embonini yokuphila

Futhi kwangathi ukuhlakanipha kwaKhe
kungaphefumulela ukucabanga kwethu
Futhi amagagasi amandla akhe adansa phezu kwemifula
yemisebenzi yethu yansuku zonke

!Angikwazi ukubona kahle njengeqhude elihlatshiwe
Ukuze sazi ukuthi singenza kanjani ukukhetha okufanele
kunoma yisiphi isimo, kumelwe siqondise ukwahlulela
kwethu ngamandla okuqonda

Sonke sinikezwe lo muzwa wesithupha, kodwa abantu
abaningi abawusebenzisi. Kunalokho, bathembeke
emibikweni evela ezinzwa ezinhlanu eziphansi
nezingathembeki kangako, ngoba lezo zinzwa ezinhlanu
azisiniki njalo ulwazi oluqondile esingaluthembela kulo ukuze
.senze izinqumo ezifanele

Ngaphezu kobubanzi namandla azo alinganiselwe,
izinzwa - kanye nazo, ingqondo eboshwe yi-ego - zichaza
izinto ngokwalokho ezikuthandayo nezingakuthandi, hhayi
ngokwalokho okuyiqiniso futhi ekugcineni zikhonza
.izithakazelo ezinhle zomuntu

Ngenxa yokuthi umuntu usekela izinqumo zakhe
emibikweni enikezwa yizinzwa zakhe naseziphethweni
azitshelwa yingqondo yakhe, ezixhumene nezinzwa, uvame
.ukuzithola ehileleke ezimweni ezingathandeki

Ngiyethemba ukuthi luzofika usuku lapho umhlaba
wonke uzoqaphela ukubaluleka kokuphendukela
ngaphakathi isikhashana usuku ngalunye, ufune isiqondiso

futhi ucele usizo lukaNkulunkulu. Uma umuntu enza lokhu,
uba nokulinganisela, ozolile, futhi oqondayo kakhudlwana,
njengoba ukuqonda kwakhe kuvula, okumvumela ukuba
abone izinto ngokucacile futhi enze izinqumo ezifanele.

Baphinde bakhululwe emikhubeni evimbelayo, ezifisweni
ezingalawuleki, emizweni ebuhlungu, nasezintweni zomuntu
siqu ezibashukumisela ukuba benze izinto ngokuphamazela
.nangaphandle kokuzindla

Ukuqonda, njengokuqonda, kuyimfanelo yomphefumulo
esiza umuntu ukuthi enzeni lapho kudingeka. Izimfanelo
ezinjalo ezingokomoya zingahlakulelwa ngokucabanga
.okunengqondo nokuzindla ngoNkulunkulu

Lapho izifiso nemizwa kufiphaza ukwahlulela komuntu,
ukuqonda kuba yimpumputhe, kokubili ngokwengqondo
nangokomoya Lapho imizwa inqoba abantu, babhekana
nokudideka nokudideka, behluleka ukubona kahle,
!njengeqhude elihlatshiwe

Imizwa yenza umuntu abe nobandlululo emibonweni
yakhe nasemibonweni yakhe ngabanye, futhi ikhubaza
ikhono lokucabanga ngokucacile nokubhekana nesimo
.ngokuhlakanipha nangokunengqondo

Uma sifunda ukuhlukanisa amaqiniso nemibono yethu,
ukwahlulela kwethu ngeke kusathonywa kakhulu yizifiso
zethu ezizimele Ukube wonke umuntu ubekwazi lokhu,
umhlaba ubuyoba indawo eqondayo nenokuthula kakhulu
.kunamanje

Ukuqonda kuvame ukuvela enhliziyweni Uma inhliziyo
izizwa ingakhululekile, ishukumisela umuntu ukuba
acabange ukuthi kukhona okungahambi kahle futhi aqaphele
lapho esebenzelana nabantu nezimo ezithile Uma uzizwa
ukhathazekile ngento ethile, noma ufuna ukwazi ukuthi
iyiphi indlela okufanele uyithathe, gxila enhliziyweni yakho
Noma nini lapho ukukhathazeka kukukhungathekisa
futhi izinkinga zikuzungezile, gxila imicabango yakho
enhliziyweni yakho bese uzama ukuqaphela imizwa ephuma

kuyo Hlala uzolile, futhi ngokuzumayo umuzwa ojulile
uzokhukhuleka phezu kwakho, futhi uNkulunkulu
uzokukhombisa, ngombono wakho wangaphakathi,
isinyathelo esilandelayo okufanele usithathe ngaleso
.sikhathi

Ukushintsha isimo esingavamile samaseli obuchopho
Abaphilisi noma abapristi abavamile abanamandla
okuthethelela izono noma ukukhulula izoni eziza kubo zifuna
iseluleko, njengoba konke abangakwenza ukubanika imithi
kadokotela engokomoya, akukho okunye. Kodwa labo
abaziyo uNkulunkulu sebefinyelele ezigabeni ezingokomoya
ezithuthukile kakhulu, kangangokuthi abaneliseki
ngokunikeza izoni iseluleko esingokomoya, kodwa
bangakwazi - ngomusa nangosizo lukaNkulunkulu -
ukuzigcwalisa ngamandla angokomoya abakhulula
.emiphumeleni yezenzo zabo zesono
Zonke izenzo ezinhle nezimbi zifihlakele
emangqamuzaneni obuchopho futhi zibonakala
njengemikhuba emihle noma emibi noma ukuthambekela
emcabangweni

Umuntu ohlushwa imikhuba engaphilile ngenxa yokuthi
amangqamuzana akhe obuchopho agcwele amandla aleyo
mikhuba angazikhulula ngamandla okuzimisela, ukuzindla,
umthandazo oqotho, kanye nokuqinisekisa okuqhubekayo
kuze kube yilapho yonke imikhuba yakhe engathandeki
.iguqulwa ibe imikhuba emihle yokuthula nokuthula
Lokhu kwenzeka lapho amandla okuphila aqondiswe
kahle esebenza ukushintsha isimo esingavamile
samangqamuzana obuchopho ukuze lawo mangqamuzana
.agcwale konke okuhle, okulungile, nokuhle
Lokhu kusho ukuthi amangqamuzana obuchopho
agcwele imibono engamanga ashiswa umsebenzi obalulekile
lapho eqoqwe kakhulu ebuchosheni futhi esetshenziselwa
.izinjongo ezinhle nezizuzisayo

Umuntu onamathele kakhulu emzimbeni wakhe
wenyama ugcina umsebenzi wakhe obalulekile uhilelekile
emisipheni nasezinzweni zakhe, kuyilapho umuntu ocabanga
kakhulu ngezinto ezingokomoya egcina imisipha yakhe
nomzimba wakhe esimweni sokuphumula okusebenzayo,
nengqondo yakhe ihlukanisiwe nezinzwa, ukuze amandla
okuphila ayeke ukuhlala ohlelweni lwezinzwa futhi agxile
ebuchosheni. Ngenxa yalesi sizathu, ukuzindla kuyindlela
ephumelela kakhulu yokwenza amangqamuzana obuchopho
abe ngokomoya futhi asuse izimpande zanoma yimuphi
.umkhuba ongathandeki engqondweni
Umkhuba ungamandla, futhi abantu bawasebenzisa kabi
lawo mandla ngokwenza izenzo ezimbi esikhundleni
sokuwasebenzisa ezenzweni ezinhle
Ukungazi, ukuntuleka kokucabanga, ukwehluleka
ukukhetha abantu abahle, kanye nokunganaki izenzo ezinhle
kuvame ukuholela umuntu ezingibeni nasezingibeni
zemikhuba emibi, efana nesihlabathi esimanzi esigwinya
.umuntu ohamba kuso ngenkani
Ithonya lobungani linamandla kunamandla okuzimisela
:kanye nokwahlulela okunengqondo
Ungabi umngane nomuntu ononya, ngoba umuntu]
[ononya angonakalisa ubuntu bomuntu
Abantu abahlakaniphile benza izinto ngokuhlakanipha
ngaphandle komzamo, kuyilapho labo abathanda okubi
bebonakala bephoqelekile ukwenza izenzo ezilimazayo
nezenzondayo ngamandla omkhuba obaphoqa ukuba benze
.isono nobubi
Sicela uNkulunkulu uSomandla ukuba asiphefumulele
ngemicabango emihle
Ukuze sibone ubuhle nobuhle
Sihlukanisa phakathi kwalokho okuzuzisayo nalokho
okulimazayo
Futhi ukuze siphendukele kuye
Futhi sinethemba ngakho

Umthombo wakho konke okuhle
Futhi umthombo wakho konke okuhle
"O ntaba, akukho moya ongakunyakazisa"

Umuntu olinganiselayo uhlala ezolile futhi ezolile
ngenkathi enza imisebenzi yakhe, kungakhathaliseki ukuthi
uyaphumelela noma uyahluleka Impumelelo nokwehluleka
kuzokwenzeka ngezikhathi ezahlukene, ngokuya ngobuningi
bomzimba, ingqondo, kanye nomhlaba. Umuntu
ozikhumbuza njalo ngemvelo yakhe akathinteki kalula
.ezingxabanweni futhi akathonywa kakhulu yimibono yezwe
Labo abafisa ukufeza ibhalansi yangaphakathi
akumelwe bazivumele ukuba bangcoliswe ukuqaphela
okubili okukhona emzimbeni. Umkhuba onjalo
ngokungangabazeki unzima ngoba umphefumulo, lapho
uzwelana nomzimba ozwelayo, wamukela izimfanelo zawo
ezinhle nezimbi. Ukuze umuntu akhululwe ekunamatheleni
ezimweni ezishintshashintshayo zomzimba, kumelwe adlule
ukuqaphela komzimba, okuwumthombo wazo zonke
.izinhlupheko

Labo abaphila ngaphansi kwezimo bayajabula
ngezinjabulo nezinjabulo futhi bakhale ngenxa yobuhlungu
nobunzima. Kodwa labo abanokuqonda okukhulayo bahlala
bezolile futhi bezolile, bengashukunyiswa yiziphazamiso
nezinxushunxushu eziyizinto ezivamile zokuphila
[njengentaba engashukunyiswa umoya]

Umuntu olinganiselayo, ngisho nasezikhathini zosizi
nobuhlungu, ugcina ukuthula kwangaphakathi ngaphansi
kwezimo ezinhle nezimbi Ngaphezu kwalokho, banekhono
lokuzwelana nabanye, baqonde imizwa yabo, futhi babasize
ngaphandle kokunqotshwa izinkathazo zabo. Ngakho-ke,
ngamandla abo angaphakathi, bangaduduza abanye futhi
banciphise usizi lwabo. Futhi ngokuzola nokulinganisela
kwabo, bafundisa abanye isifundo esibalulekile
.sokunganqotshwa ukuqhuma kwemizwelo okubhubhisayo

Umuntu ohlakaniphile ubona umoya waphezulu kuwo
wonke umuntu, futhi njengoba ekhululiwe ezifisweni
zobugovu, wamukela ngokuqiniseka nangokwaneliseka
konke okuza kuye okuvela kuNkulunkulu ukugcwalisa
izidingo zomzimba, ingqondo, nomphefumulo. Ukhululiwe
emikhawulweni yobugovu futhi akazizwa enobutha
kwabanye, futhi akathwali ukubukeka kwakhe namazwi akhe
ngokudlidliza okulimazayo okuphazamisa ukuthula nokuthula
kwabantu, ngoba ubona umoya waphezulu awufunayo
.ocashile kuwo wonke umuntu

Uma efinyelela umgomo wokugcina, impumelelo
nokwehluleka kuba okufanayo kuye, njengoba umuzwa
wakhe wokuba nobuntu obubili unyamalala njengoba ethola
.ingqikithi yobunye bendawo yonke
Nakuba enza umsebenzi wakhe ngenxa yothando
ngoNkulunkulu nangokukhonza isintu, uhlala
engenakunamathelana phakade

Ukufeza injabulo

Ukuze umuntu athole injabulo, kumelwe aphile impilo
elawulwa ukuzithiba Labo abazimisele ukulawula izimo zabo
ngokwemithetho ephakeme yokuphila bazothola ukuthi
izimo zabo zivumelana ngokuzenzakalelayo ngokufanele.
Ubunzima esibhekene nabo kulokhu kuphila buyasikhuthaza
futhi busishukumisele ukuba senze umzamo omkhulu ukuze
.sifinyelele emazingeni aphezulu

Uma yilokho okufunayo, landela izindlela eziholela
kukho, futhi akekho ozokwazi ukukuvimba noma
.ukukuphuca khona

UNkulunkulu usinike isizathu, futhi kumelwe sivuthele
ngaphakathi kuso izibani zokholo, ithemba, nenjabulo, futhi
sikukhulule ngangokunokwenzeka kuzo zonke izilingo
ezicindezelayo. Kumelwe futhi sihlakulele amandla
okuzimisela ukuze silawule izimo zethu esikhundleni
.sokulawulwa yizo

Kubalulekile ukuthuthukisa izinhlelo ezinengqondo
nezinengqondo zokuphila kwethu ukuze sikwazi ukufeza
zonke izinto ezinhle esifuna ukuzifeza nokuthi siyazi ukuthi
kumelwe sizenze Njengoba sihlela, silwela, futhi sisebenza,
masikhumbule ukuthi nguNkulunkulu, oPhanayo, osinikeza
usizo futhi asiqondise kokulungile Ngokwenza kanjalo, sizoba
nokuzimisela, isineke, ukuqina, kanye nokucaca kombono
Sikufisela impumelelo nenjabulo noma ngabe ukuphi
emhlabeni omkhulu kaNkulunkulu
Zonke ziyizibuko nezithombe ezilandelanayo
Izingadi zezimbali
Izigodi Zezinyembezi
Namaconsi amazolo anamathele emaqabunga
athambile
Futhi injabulo yobuntwana
kanye nezinkanuko ezingalawuleki
Futhi injabulo enkulu ekuwohlokeni nasekugelezeni
kwayo
Futhi usizi olunzima ezinhliziyweni
Futhi amakhandlela esibhakabhakeni ayakhanya futhi
anyamalale
Futhi i-taurus yokuthatheka iyasiheha
Kusukela ekukhohlisweni kuya ekukhohlisweni
Nezifiso ngentshiseko
Futhi ukubamba okunjenge-octopus okunenkani
Futhi ukukhala kosana olusanda kuzalwa
Umsindo wokufa
Futhi injabulo yempilo ephuphumayo
Nezikhathi ezidlulayo
Zonke ziyizigcawu ezilandelanayo nezithombe
Esibukweni sokuqonda
Nkosi, ngisize
Ukuze ngihlakulele izimfanelo ezinhle kanye nobuhle
ngaphakathi kwami

Futhi ukuze ngiqeqeshe amasosha ukuthula nokuzithiba
ngaphakathi kimi
Yiba ngumholi wayo oqondiswa nguNkulunkulu
Empini ewumnqamula-juqu
Ngokumelene nokungazi nokuphika
Futhi ukuphakamisa ibhanela lakho elibusisiwe kanye
nezinto
Ibhanela leqiniso kanye nezimiso zokulunga nobuhle
Ukundiza ngaphezu kwezikhumbuzo zomphefumulo
wami
Nezindawo zempilo yami
* * *

Ukuqapha kufanele kunqobe ukwesaba Kufanele
kuthathwe izinyathelo zokuzivikela, futhi kufanele kwenziwe
yonke imizamo yokuqeda izimbangela zokugula
nokuzikhulula ekwesabeni Amagciwane agcwele yonke
indawo kangangokuthi uma abantu bebengawesaba,
bebengeke bakwazi ukujabulela impilo Ngisho noma benazo
zonke izinyathelo zokuphepha ezidingekayo, uma umuntu
engahlola ikhaya lakhe ngaphansi kwesibonakhulu,
.ubengalahlekelwa yisifiso sokudla kanye nesifiso sokudla
Noma yini oyisabayo, susa imicabango yakho kuyo
Shiya kuNkulunkulu futhi uqinise ukwethemba kwakho Kuye
Ukuhlupheka okuningi kuvame ukubangelwa ukukhathazeka
Kungani uhlupheka kanti ukugula akukafiki? Njengoba izifo
zabantu abaningi zivela ekwesabeni, ukuyeka ukwesaba
kuzobakhulula ngokushesha, futhi ukuphulukiswa kuzoba
khona ngokushesha Njalo ebusuku, ngaphambi kokuba ulale,
ziqinisekise: "UNkulunkulu unami, futhi noma ubani
onoNkulunkulu akanalutho lokwesaba" Zizungeze
ngengqondo ngoMoya kaNkulunkulu namandla akhe
asezulwini, ukholelwa ukuthi noma yiliphi igciwane
elikuhlaselayo lizoshaywa phansi Ukuphinda "O Nkulunkulu,
Mnimandla Onke" noma "O Nkosi, Msizi" ngokuzethemba
okuphelele kuzokuvikela, kukuqinise, futhi kukwenze uzizwe

ukhululekile futhi uphilile Uma uvumelana noNkulunkulu,
iqiniso Lakhe lizogeleza kuwe, futhi uzokwazi ukuthi
enhliziyweni yakho, ungumoya ongathinteki ubunzima
nokungonakali

Noma nini lapho uzizwa wesaba, beka isandla sakho
enhliziyweni yakho, usihlikihle kusukela kwesobunxele kuya
kwesokudla ngenkathi uthi: "O Nkosi, susa lokhu kwesaba
kimi futhi ukhulule ingqondo nemicabango yami kunoma
yikuphi ukuphazamiseka" Njengoba nje kunezindlela
zokususa ukuphazamiseka komsakazo, kanjalo futhi, uma
uhlikihla inhliziyo yakho njalo kusukela kwesobunxele kuya
kwesokudla, futhi uma ugxila njalo emcabangweni wokususa
ukwesaba enhliziyweni yakho, ukwesaba kuzonyamalala
ngosizo lukaNkulunkulu, futhi uzozwa injabulo yaphezulu
.igcwalisa umzimba wakho wonke

Ukwesaba kuhlala kumuntu, futhi ukukuqeda
kungenzeka ngokucabanga ngoNkulunkulu nokuzwa
ubukhona Bakhe

Thembela kuNkulunkulu futhi ube gotho kukho konke
okwenzayo. Kunabalingisi abaningi; ungafaki igama lakho
ohlwini lwabo olude. Yazi lokho okwenzayo futhi ukwenze
ngendlela ehlukile okungekho muntu owake wakwenza
ngaphambili. Insimu ivulekile yokudala inqobo nje uma isifiso
siqotho futhi intando ikhona. Yonke imvelo iyaphendula
.kuwe uma uvumelana noNkulunkulu

Abantu bavame ukuzibeka kuqala, kodwa kufanele
sicabange ngabanye futhi sibasize ngokusemandleni ethu,
sibafisela okuhle njengoba nathi sizifisela. Uma senza lokhu
ngokuzithandela nangenhliziyo yonke, sizwa umbuthano
wethu wozwela ukhula futhi izibopho zothando phakathi
.kwethu nabanye ziyajula futhi ziqina

Endaweni enabantu abayi-1,000, uma wonke umuntu
eziphatha kahle, umuntu ngamunye ubezoba nabangani
abangu-999. Kodwa uma wonke umuntu kuleyo ndawo

eziphatha njengesitha kwabanye, umuntu ngamunye
.ubezoba nezitha ezingu-999

Ukukhanya kwenyanga kanye namazwe akude ajabule
Uma kuhlwa, hlanganisa imicabango yakho nokukhanya
kwenyanga

Hlanza izinsizi zakho ngemisebe yazo
Ngizwa ukukhanya okumangalisayo kusabalala kancane
emzimbeni wakho

Futhi ngaphezu kwezihlahla nezindawo ezikude
Yima endaweni ebanzi bese ubheka ngamehlo azolile
Kukhanya kwenyanga kanye nemibono emihle
eyivezayo

Bheka imiphetho embozwe umkhathizwe okhazimulayo
Vumela imicabango yakho yokuzindla idlule imingcele
yombono

Ezweni lamaphupho egolide
Shintsha ukugxila kwakho kusuka ezimweni eziboniswa
yimisebe yenyanga

Ezinkanyezini ezikude nasesibhakabhakeni esikude

Ukuthula okuphakade ngale kwe-ether ephilayo

Lapho konke kuqhuma khona uthando nokuphila

Bukela imisebe yenyanga ikhula

Akukhona eMhlabeni kuphela

Kunalokho, kuzo zonke izingxenye zezindawo

ezingenamkhawulo zengqondo yakho ephakeme

Zindla ngokujulile ukuze ufinyelele emazweni akude,

ajabulisayo

Ubukhulu bokuqwashisa okujulile ngokomoya

Futhi indawo yonke ibonwa njengokukhanya kwesiliva

Ayinamkhawulo futhi ayinasiphelo

* * *

Abantu baboshwe yimikhuba engemihle, futhi le
mikhuba ihlala ikhuliswa kuyilapho imikhuba emihle ifa futhi
ishabalala

Izivakashi ezingamukelekile zithathe indawo yokugala
empilweni yomuntu, kuyilapho izivakashi ezihloniphekile
zithola ukunganakwa nokunganakwa kuye, futhi
.ziyafulathela umnyango wakhe zihlazeke futhi zidabukile
Imikhuba emihle idinga ukukhuliswa ngezenzo ezinhle,
futhi lokhu kuqinisekiswa ngokuba nobudlelwane obuhle
kanye nemibhalo ekhuthazayo, ngoba ithonya lendawo
.ezungezile linamandla kunentando

Abantu baqhutshwa ukuthanda izinto ezibonakalayo,
futhi ukukhanya kwengqondo kuhlala kuqondiswa
ngaphandle kunokuba kuqondiswe ngaphakathi. Abantu
bagijima lapha nalaphaya, kodwa akukho ndawo emhlabeni
engabavikela kubo kanye nonembeza babo; umzuzu
.wokuzicabangela ubalulekile

Uma umuntu ethandazela impumelelo kuyilapho
imicabango yakhe igcwele imicabango yokwehluleka,
isiphithiphithi, kanye nokunganaki, ufana nomuntu othumela
umuntu emsebenzini ukuze ahlaselwe abaphangi endleleni.

Abaphangi abeba impumelelo yomuntu yimikhuba yabo
emibi. Umuntu uthumela imithandazo yakhe kuNkulunkulu
engavikelekile, kanti abaphangi bokukhathazeka
nokukhathazeka bayamhlasela ngaphambi kokuba bafike
kuNkulunkulu. Yiqiniso, uNkulunkulu ulalela imithandazo
ngoba ukuyo yonke indawo futhi wazi konke, kodwa
ngaphansi kwezimo ezithile, imithandazo ayiphendulwa.

Kungani ngezinye izikhathi ingaphendulwa? Impendulo
itholakala ezimbewini ezimbi ezicashe emhlabathini
wengqondo engaphansi. Leyo mikhuba emibi, eyakheka
esikhathini esidlule esikude nesamuva, imi njengesithiyo
phakathi komuntu noNkulunkulu. Imicabango emihle kumele
itshalwe emhlabathini womphefumulo ukuze ihlume futhi
ikhule ngaphansi kwezimo ezifanele futhi ithele izithelo.
Umuntu akanakuthembela kuphela empilweni, ekuchumeni,
nasezimweni ezinhle, njengoba lokhu kungokwesikhashana

futhi kungokwesikhashana. Kuwukuhlakanipha ukutshala
.imali endaweni yomoya

Kukhona amandla abhubhisayo asebenza njalo
empilweni nasemphefumulweni womuntu, avela
emaphutheni adlule. Ngakho-ke, umuntu kumelwe ahlale
eqaphile futhi eqaphile lapho ebhekene futhi ebhekana nala
.mandla anamandla

Noma ubani othandazela impumelelo ngesikhathi
esifanayo ezitshela ukuthi, “Angicabangi ukuthi
ngizophumelela,” ngeke aphumelele Umthandazo kumele
wenziwe ngokholo oluqotho nenhliziyo ethobekile ukuze
ukukhanya kwaphezulu kukhanye futhi izibusiso zasezulwini
.zehle

Njengoba nje kungenakwenzeka ukukhuluma ngocingo
oluphukile, kuyafana futhi nokusakaza imithandazo
ngempumelelo ngengqondo ethwele ukukhathazeka,
ukukhathazeka, ukunganeliseki, kanye nokunamathela
ezintweni ezidlulayo. Ngokuthula okukhulu kanye nokuzwana
okunokuthula nokudlidliza okucwengekile nokwakhayo,
ingqondo ingalungiswa futhi ilinganiswe, ukwamukela kwayo
ngokomoya kwandiswe, okwenza kube lula ukudlulisela
imiyalezo esuka enhliziyweni kuNkulunkulu ngempumelelo
nangokuphumelelayo kanye nokuthola impendulo Yakhe
.ebusisiwe

Nkosi, izandla zami zibambene esifubeni sami, nginikela
Wena wonke umzimba wami, futhi ngigcwalisa imithandazo
yami ngothando olujulile Ngiphe uthando olungenacala
lwabantwana ngawe, futhi ungisize ngizizwele ukusondela
kwakho ngemuva kwamazwi okunxusa kwami. Mangizwe
ubukhona bakho kuyo yonke imizwa yami, futhi
mangiqaphele ukuthi ukuhlakanipha kwakho kusekela
ukuqonda kwami nokuthi impilo yami iyinhlanga yokukhanya
kwakho kanye nokubonakaliswa kokuphila kwakho
.kwendawo yonke

Ngokuvamile bangabantu abajabule kakhulu

Injabulo yangempela yomuntu itholakala ekuzimiseleni
komuntu njalo ukufunda nokwenza ngendlela efanele
nenenhlonipho. Uma umuntu ezithuthukisa, kulapho efaka
isandla khona ekuthuthukisweni nasenjabulweni yalabo
.abamzungezile

Imbangela eyinhloko yobuhlungu
Ukuxhumana komuntu ongokomoya nomzimba
nengqondo, kanye nokufezeka kwawo ngazo, kuyimbangela
eyinhloko yazo zonke izinhlungu zethu, ukulinganisela,
imikhawulo, ukushiyeke, kanye nokushiyeke. Ngenxa
yalokhu kuxhumana, sithola injabulo kanye nobuhlungu
kanye nenjabulo, kangangokuthi asikwazi ukuzwa injabulo
.noma ukuqaphela kwaphezulu

Inkolo, empeleni, ihlela ukugwema ubuhlungu
unomphela kanye nokufinyelela injabulo emsulwa, noma
.uNkulunkulu

Njengoba nje isithombe sangempela selanga
singabonakali ngokucacile ebusweni bamanzi
aguquguqukayo, kanjalo nesimo sangempela nesibusisiwe
somphefumulo ongokomoya (ukubonakaliswa komoya
wonke) asinakuqondwa futhi ingqikithi yawo ibanjwe
amagagasi okuphazamiseka nokukhathazeka okuvela
ekuhlotschanisweni kumphefumulo nezimo zomzimba
.nengqondo ezishintshashintshayo nezishintshayo

Njengoba nje amanzi avunguziwe ehlanekezela
isithombe sangempela selanga, kanjalo nengqondo
ekhathazekile ihlanekezela isimo sangaphakathi
somphefumulo esihlala sijabule ngalolo hlobo
.lokuzibonakalisa noma ukuhlanguka

Kushiwo ezincwadini zokuhlakanipha
:kwaseMpumalanga

Uma ubungaphakama ngaphezu komzimba futhi"
uqaphele ukuthi ungumphefumulo, ubungaba nenjabulo
yaphakade futhi ukhululwe kuzo zonke izinhlungu" {Futhi
uthi, "Nkosi yami, ngandise ulwazi"}

{Niyolazi iqiniso, futhi iqiniso liyonikhulula}
Inkululeko ivela ekuzibuseni umkhuba omuhle

ungumngane omkhulu

Amazwi kathisha wami, uSri Yuktswarji, ayenethonya
elikhulu kwakungamagama amathathu ayewaphindaphinda
kimi njalo: “ Funda ukuziphatha kahle ” Angikwazi ngempela
ukubonga ngalokho, ngazi ukuthi kwakungelula ngaso sonke
.isikhathi ukuziphatha kahle

Uma kufanele unqobe okuthile, kufanele uqonde ukuthi
kungani kufanele ukunqobe. Akumelwe nje ukulahle futhi
uziqhelelanise nakho, kodwa futhi kufanele uqede
ukucabanga ngakho futhi ukuxoshe emicabangweni yakho.
Ukucabanga okungekuhle kuyisitha esinamandla okumele
.sinqotshwe

Uma ushintsha ukugxila kwakho ekuqapheleni imizwa
kuya ekuqapheleni okungokomoya, uzothola ukunqoba futhi
uzilethele injabulo. Impumelelo isemqondweni. Umuntu
kumelwe azibuze: "Ingabe ngiyisigqila sezinzwa zami noma
senkosi yazo? Ingabe ngicebile ngokuthula noma ngimpofu
"?ngokomoya

Umuntu akufanele abe yisisulu sokweqisa. Jabulela
izinto, kodwa ungazivumeli zikugqilaze. Khululeka. Yiba
nomusa, ubungane, ujabule, futhi ujabule, futhi ube yinkosi
yakho kuzo zonke izimo. Umuntu akufanele abe yisigqila
sezinzwa zodwa, kodwa kufanele enze ngokuvumelana
nezinkolelo ezinengqondo. Noma ubani ofisa ukudlula izinto
ezimbili futhi afinyelele ukuqonda kwendawo yonke kumele
abe nokuzithiba futhi aziqeqeshe ukubekezelela zonke izinto
nazo zonke izimo ngaphandle kokucindezeleka kwengqondo
.noma ukungakhululeki

Ukwenza noma yini umuntu ayithandayo akuyona
inkululeko, kodwa ukusebenzisa kabi inkululeko Inkululeko
ivela ekulandeleni umthetho wokuzithiba, okungukuthi,
ukuzithiba Inkululeko yangempela isho ukwenza konke

okuqondiswa ukuhlakanipha Inkululeko incane futhi ayijulile
ngaphandle kokulandela uNkulunkulu nemithetho Yakhe
Ukuphila kwabantu abaningi kulawulwa yizifiso,
izinkanuko, isimo sengqondo, imikhuba, kanye nethonya
lemvelo nezenhlalo

Uma imikhuba yomzimba iqala ukulawula ingqondo,
kuba nzima ngomzimba ukulalela imiyalo yentando Yingakho
abantu abakhuluphele belwela ukunciphisa isisindo, ngisho
nalapho belandela ukudla. Amaseli aqaphelayo azenzele
imikhuba yawo futhi awaphenduli ngokushesha emiyalweni
yengqondo. Kodwa-ke, uma eqeqeshwe kahle, azolandela
ngokuzithandela imiyalelo yengqondo ngaphandle
kokuphikisana okuncane kwamandla engqondo aphezulu—
amandla akwazi ukulawula umzimba uma eqeqeshwe kahle
.futhi esetshenziswa kahle

Umkhuba omuhle ungumngane wakho omkhulu, kanti
umkhuba omubi uyisitha esifihliwe. Ngakho-ke, umuntu
kufanele aqaphele ukuphinda umkhuba noma isenzo, ngoba
ukuphindaphinda kuguqula isenzo sibe umkhuba ngaphambi
kokuba umuntu aqaphele, futhi umkhuba uba yinto yesibili.
Kodwa-ke, ungashintshwa ngezenzo ezinhle eziqhubekayo
.kanye nokucabanga okuhle nokudala

Izimpawu zokuhleleka nokuvumelana yonke indawo
Abacabangi bokuqala bacabanga ngokubona kwabo
ukuthi wonke umuntu uyinhlanganisela yezinto nengqondo,
futhi ngenxa yalokhu kuhlola babekholelwa ekubeni khona
.kwamandla amabili azimele: imvelo nengqondo

Base beqala ukuzibuza: "Kungani konke okusemvelweni
kuhlelwe ngendlela ethile? Kungani enye yezingalo zomuntu
ingekho mide kunenye? Futhi kungani izinkanyezi
namaplanethi kungashayisani emkhathini? Sibona izimpawu
zokuhleleka nokuvumelana endaweni yonke noma ngabe
"sibheka kuphi

Kusukela kulesi sizathu, baphetha ngokuthi ingqondo
nezinto azikwazi ukwahlukana futhi ngesikhathi esifanayo

zibe nobukhosi obuphelele phezu kwazo zonke, njengoba
kumelwe kube nengqondo eyodwa elawula konke
Lesi siphetho ngokwemvelo siholela emcabangweni
kaNkulunkulu oyedwa oyimbangela nomsuka wezinto kanye
nengqondo, okhona ngazo nangale kwazo. Lowo othola
ukuhlakanipha okuphelele uyaqonda ukuthi konke,
empeleni, kungumoya, yize lowo moya umbozwe
.ngokubukeka futhi ufihliwe emehlweni
Labo abanolwazi olungokomoya babona ukukhanya
kukaNkulunkulu kubonakaliswa yonke indawo
Umbuzo uwukuthi: abacwaningi bakwazi kanjani
?ukuyithola kwasekuqaleni
Njengesinyathelo sokuqala, bavala amehlo abo ukuze
basuse ukuxhumana okuqondile nomhlaba nezinto ezidaliwe,
ukuze bakwazi ukugxila ngokuphelele ekwazini ingqondo
.yendawo yonke engemuva komhlaba nezinto ezidaliwe
Baqonda ngokwemvelo ukuthi babengenakukwazi
ukubona ubukhona bukaNkulunkulu emvelweni ngemibono
evamile yezinzwa ezinhlanu. Ngakho-ke, bafuna indlela
yokuzwa ubukhona bayo ngaphakathi kwabo ngokugxila
.ngokujulile nangokuqondile kuyo
Ekugcineni, bakwazi ukuvala nokuvala yonke iminyango
nezindlela zezinzwa ezinhlanu, okwesikhashana bezimele
ngokuphelele ekuqondeni izinto ezibonakalayo. Khona-ke
izwe langaphakathi lomoya laqala ukuziveza kubo futhi
lavuleka phambi kwabo. Kulabo bantu abakhulu
abaphishekela ucwaningo lwabo oluyimfihlo
.ngokungakhathali, uNkulunkulu wagcina ezivezile
Beka amandla kaNkulunkulu ngemuva kwemizamo
yakho
Khulula amandla akho angaphakathi ukuze uthole
izinjongo ezakhayo nezizuzisayo, futhi uzothola
okwengeziwe Qhubeka ngokuzimisela okungantengantengi,
usebenzisa zonke izici zempumelelo Zivumelanise namandla
omoya wakho wokudala, futhi uzoxhumana nengqondo

engenamkhawulo ekwazi ukukukhuthaza nokuxazulula
zonke izinkinga zakho Amandla azogeleza kuwe njalo evela
emthonjeni onamandla wobuntu bakho obungokomoya,
okukuvumela ukuthi ufeze impumelelo emangalisayo kanye
nokusungula izinto ezintsha kuzo zonke izindawo zokuphila

Ngaphambi kokwenza noma yisiphi isinqumo

esibalulekile, hlala uthule ufune usizo nesibusiso
sikaNkulunkulu. Khona-ke uzoqaphela ukuthi ngemuva
kwamandla akho kulele amandla kaNkulunkulu, ngemuva
kwengqondo yakho kulele ingqondo kaNkulunkulu, futhi
ngemuva kwentando yakho kulele intando kaNkulunkulu.
Uma nje uNkulunkulu esebenza nawe, imizamo yakho ngeke
ibe yize, futhi ngeke wehluleke; kunalokho, amandla akho
azokwanda futhi amakhono akho azokwanda. Futhi uma
ufeza imisebenzi yakho ekukhonzeni uNkulunkulu, uzothola
.izibusiso zaKhe

Uma umsebenzi wakho empilweni uphansi, ungaxolisi
ngawo Ziqhenye ngokuthi uyafeza imisebenzi uNkulunkulu
akuphathise yona Ufuna udlale indima yakho
ngokusemandleni akho Akuwona wonke umuntu ongenza
indima efanayo naleyo oyenzayo Uma nje usebenza
ukujabulisa uNkulunkulu, wonke amandla endalo yonke
azosebenza ngokuvumelana ukuze ujabule futhi ube
nenhlalakahle

Uma uqinisekisa kuNkulunkulu ukuthi uyamfisa
ngaphezu kwakho konke, uzovumelana nentando Yakhe.
Uma umfuna ngokungaphezi, kungakhathaliseki ukuthi
yiziphi izithiyo ezikuvimbile, usebenzisa intando yakho
yomuntu kangcono, futhi usebenzisa nomthetho
wempumelelo owaziwa yizazi zasendulo kanye nabo bonke
.abaye bathola impumelelo yangempela

Amandla angcwele asezulwini angakusiza uma nje
wenza umzamo wangempela wokusebenzisa lawo mandla
abusisiwe ukuze uthole impilo, injabulo, nokuthula.

Ngokufeza le migomo emihle, uzohamba indlela yokuzazi
.eya ekhaya lakho langempela kuNkulunkulu
Injabulo iyisilinganiso sempumelelo

Okokuqala, kufanele uqinisekise ukuthi umgomo ofisa
ukuwufinyelela uyakufanelekela ukuphishekela nokuthi
ukuwufinyelela kufanele kubhekwe njengempumelelo
yangempela

Iyini impumelelo? Uma unempilo nengcebo kodwa
unezinkinga nawo wonke umuntu (kanye nawe ngokwakho),
impilo yakho ayiphumeleli Umhlaba uba lusizi futhi impilo
ayiphumeleli uma ungayitholi injabulo Uma ulahlekelwa
yimali, ulahlekelwa yinto encane Uma ulahlekelwa yimpilo,
ulahlekelwa yinto ebaluleke kakhulu Kodwa uma ulahlekelwa
ukuthula nokuthula, ulahlekelwa yingcebo eyigugu kakhulu
empilweni

Ngakho-ke, impumelelo kufanele ilinganiswe ngezinga
lenjabulo, ngekhono lokuvumelanisa nokuvumelanisa
nemithetho yendawo yonke. Impumelelo ayilinganiswe
ngezindinganiso zomhlaba ezifana nempilo, isimo,
namandla. Lezi zinto ngokwazo azilethi injabulo ngaphandle
kokuthi zisetshenziswe kahle. Ukuze lokhu kwenzeke,
umuntu kumelwe abe nokuhlakanipha nothando
.ngoNkulunkulu nobuntu

UNkulunkulu ukunike amandla okuzivuzisa noma
okuzijezisa ngokusebenzisa noma ukusebenzisa kabi
ingqondo yakho nentando yakho. Uma weqa imithetho
yempilo, ukuchuma, nokuhlakanipha, nakanjani uzohlushwa
ukugula, ubumpofu, nokungazi. Ngakho-ke, kumelwe uqinise
ingqondo yakho futhi wenqabe ukuthwala imithwalo eqoqwe
ngokwengqondo nangokokuziphatha yeminyaka edlule.
Shisa lezo zinqwaba ezigugile emlilweni wezinqumo zakho
zamanje ezibusisiwe nemisebenzi eyakhayo, futhi
.uzofinyelela emkhawulweni wenkululeko
Injabulo incike - ngezinga elithile - ezimweni
zangaphandle, kodwa ngokuyinhloko incike esimweni

sengqondo somuntu Ukuze umuntu ajabule, kumelwe abe
nempilo enhle, ingqondo elinganiselayo, impilo
ephumelelayo, umsebenzi ofanele, inhliziyo ebongayo, futhi
ngaphezu kwakho konke, ukuhlakanipha nolwazi
ngoNkulunkulu

Ukuzimisela okuqinile kokujabula kuzokusiza kakhulu
Ungalindeli ukuthi izimo zakho zishintshe, ukholelwe
ngephutha ukuthi izinkinga zakho zikwenye indawo
Ungavumeli ukungajabuli kube umkhuba ojulile okunzima
ukuwuyeka, okubangela ubuhlungu bengqondo kuwe
nakulabo abakuzungezile

Esinye sezibusiso ezinkulu kuwe nakwabanye ukuba
nenjabulo nokuba nethemba. Uma unenjabulo, usufinyelele
konke. Injabulo isho ukuvumelana noNkulunkulu, futhi
.ukuzindla kunikeza ikhono lokuthola injabulo
Imikhuba yengqondo: Ukusheshisa noma ukulibazisa
impumelelo

Imikhuba yomuntu inamandla okusheshisa noma
okubambezela impumelelo yakhe Akusikho
ukuphefumulelwa okudlulayo noma imibono ehlakaniphile,
kodwa kunalokho imikhuba yengqondo yomuntu yansuku
zonke enquma inkambo yokuphila kwakhe
Imikhuba yengqondo ifana nodoti wengqondo, idonsela
izinto ezithile, abantu, nezimo Imikhuba emihle yengqondo
ikunika amandla okudonsa amathuba amahle nazuzisayo,
kuyilapho imikhuba emibi yengqondo ikudonsa eduze nalabo
.abanemikhuba yezwe nezimo ezingathandeki
Ungayiqeda imikhuba emibi futhi unciphise amandla ayo
ngokugwema noma yini engase iyivuse noma iyivuselele,
ngaphandle kokugxila kuyo njalo. Bese uqondisa imicabango
yakho emkhubeni omuhle bese usebenza ekuwuthuthukiseni
njalo kuze kube yilapho uba yingxenye ebalulekile yempilo
.yakho ongayethemba futhi uthembele kuyo
Ngaphakathi kithi, amandla amabili aphikisanayo ahlala
ephikisana: elinye elisishukumisela ukuba senze lokho

okungafanele sikwenze, kanti elinye elisishukumisela ukuba
senze lokho okumele sikwenze, noma ngabe kubonakala
kunzima kakhulu. Izwi lokuqala liyizwi lobubi, elesibili liyizwi
.lobuhle, noma likaNkulunkulu

Ngezifundo ezinzima zansuku zonke uzobona
ngokucacile ukuthi imikhuba emibi yondla umuthi wezifiso
zezinto ezibonakalayo ezingapheli, kuyilapho imikhuba
emihle yondla umuthi wamathemba aphezulu angokomoya
.kanye nezifiso

Kumelwe ugxile kakhulu ekwakhiweni okufanele
kwesihlahla esingokomoya esibusisiwe ukuze ngolunye
usuku ukwazi ukuvuna izithelo ezimnandi nezivuthiwe
.zokuzazi

Uma ungazikhulula kuzo zonke izinhlobo zemikhuba
emibi, futhi uma ungenza konke okuhle nokuhloniphekile
ngothando lobukhosi nomusa hhayi ngoba ububi buletha
usizi nokuzisola, khona-ke uzokhula emoyeni futhi
.uqhubekele phambili endleleni

Uzokhululeka uma ushiya imikhuba yakho emibi
ngokuzithandela nangenjongo Uzokhululeka kuphela uma
usuba ngamakhosi, ukwazi ukulawula imizwa yakho,
imicabango, kanye nentando yokwenza okumele kwenziwe,
noma ngabe kuphambene nezifiso zakho Kulawo mandla
okuzithiba nokuzibusa kukhona imbewu yenkululeko
yaphakade

Sengikhulume ngezici eziningana ezibalulekile
zempumelelo kuze kube manje: ukucabanga okuhle,
amandla okuzimisela, ukuhlaziywa kwengqondo, ukuthatha
isinyathelo, kanye nokuzithiba Izincwadi eziningi zigcizelela
eyodwa noma ngaphezulu yalezi zici kodwa zehluleka
ukuvuma amandla aphezulu angaphansi kwalezi zici
Ukuhambisana nentando yaphezulu kuyisici esibaluleke
kakhulu ekufinyeleleni impumelelo

Intando kaNkulunkulu ingamandla ashukumisa umhlaba
nakho konke okukuwo, kanye nendawo yonke nakho konke

okukuwo. Intando kaNkulunkulu eqhuba izinkanyezi
emkhathini, futhi yintando Yakhe egcina amaplanethi
emijikelezweni yawo futhi elawula imijikelezo yokuzalwa,
.ukukhula, kanye nokubola kwazo zonke izinhlobo zokuphila
Amalahle okulangazelela

O, Nkosi

Kwangathi amalahle okulangazelela kwami angavutha
phakade ebukhoneni bakho obubusisiwe
Susa, Nkulunkulu wami othandekayo, i-lotus yothando
lwami odakeni lokukhohlwa kwasemhlabeni, bese uhlobisa
.ngayo isifuba senkumbulo yakho ehlala iqaphile
Endlini engcwele yamazulu, ngiyakhothama phambi
kwakho, Nkulunkulu wami

Ngizwile izwi lakho ngephunga lama-roses
Futhi ngizwe ububele bakho ebuhleni bezimbali
Futhi ekuthuleni kwezifiso zami, uthando lwakho lwaba
yimpendulo

Ngiyazi ukuthi uNkulunkulu angaziwa ngokuzindla
nangokuqonda okuthile, kodwa hhayi ngengqondo edidekile
nekhathazekile

Ngizovula amehlo ami ukuze ngibone injabulo
yokuzindla futhi ngibone ukuthi ubumnyama bonke
sebunyamalele. Ngizozicwilisa echibini lokuthula kwaphezulu
okufihliwe ngemuva kwezindonga zokuzindla, futhi
ngizohlanza ubuntu bami bangaphakathi ngokuzindla ukuze
bungonakaliswa amathonya angaphandle aphikisayo. Futhi
ngizobingelela usuku ngalunye ngokuzindla ngoMninimandla
.onke

Endaweni engcwele yokuthula, ngithola i-altare
lokuthula kwakho
Futhi e-altare lokuthula ngithola injabulo yakho ehlala
ivuselelwa

Ngivumele ngizwe izwi lakho, Nkosi, emhumeni
wokuzindla, bese ngithola injabulo yasezulwini yaphakade
ngaphakathi kwami. Ukuthula kuzogcwalisa inhliziyo yami

futhi kugcwale umphefumulo wami, kungakhathaliseki ukuthi
.ngithule noma ngesikhathi somsebenzi
Yonke inkanyezi ekhanyayo, ekhazimulayo
esibhakabhakeni, nayo yonke imicabango emsulwa,
,ehlangezile
Zonke izenzo ezinhle kanye nezenzo ezinhle ziyoba
ifasitela engikubuka ngalo, Nkulunkulu wami othandekayo
Ngokugxila kwengqondo okuphelele kanye
nokulangazelela okungapheli, ngizothumela ukuqonda
kwami ngeso elingokomoya (phakathi kwamashiya)
.embusweni waphakade
Ngizokhulula umphefumulo wami ekuthunjweni
komzimba futhi ngiwuhlanganise nolwandle olukhulu lomoya
Isidingo sokuhlaziywa kwengqondo
Enye imfihlo yempumelelo ukuhlaziywa kwengqondo
Ukuzihlola kuyisibuko lapho ungabona khona ukujula
kwengqondo yakho okufihliwe obekungahlala kufihliwe
.kuwe
Thola amaphuzu akho okwehluleka bese ulungisa
ukuthambekela kwakho okuhle nokubi kanye
nokuthambekela kwakho
Sebenzisa ukuzihlaziya ukuze uqonde ukuthi ukuphi
manje, ukuthi yini ofuna ukuyifeza, nokuthi yiziphi izithiyo
ezikuvimbe endleleni yakho. Chaza umsebenzi wakho
.wangempela futhi uqonde injongo yakho empilweni
Lwela ukuhlakulela zonke izimfanelo zobuntu obuqotho
nobuhloniphekile, obungasindwa yizifiso nezifiso Ngokugcina
ingqondo yakho iqondile futhi ivumelana noNkulunkulu,
uzothuthuka ngokushesha, ngokuphephile,
nangokuzethemba endleleni eya emgomweni wakho
owufisayo. Umgomo wakho omkhulu ukuthola indlela eya
kuNkulunkulu Kodwa kukhona nemisebenzi nezibopho
.okufanele uzifeze kuleli zwe

Kulomhlaba sibonakala njengabafokazi, futhi kuphela
uma simthanda uNkulunkulu lapho siba abafowethu
nodadewethu khona

Amandla okuzimisela kanye nokuthatha isinyathelo
kuzokusiza ukuthi uchaze izibopho zakho futhi uzigcwalise
ngokugcwele Kuyini ukuthambekela? Kuyikhono lokudala
elingaphakathi kuwe: inhlansi evela kuMdali
ongenamkhawulo engakunika amandla okudala into
okungekho omunye umuntu owake wayidala ngaphambili
Ikushukumisela ukuba wenze izinto ngezindlela ezintsha
nezinobuciko Impumelelo yomuntu othanda ukuthatha
isinyathelo ingaba mnandi futhi imangalise njengenkanyezi
edutshulwayo Ngokudala into ebonakala sengathi ayiveli
ndawo, zibonisa ukuthi okubonakala kungenakwenzeka
kungenzeka ngempela lapho isintu sisebenzisa amandla
omoya wokudala ophakeme Ukuthambekela kanye
nokusungula izinto ezintsha kukuvumela ukuthi ume
ngezinyawo zakho , ukhululekile futhi uzimele, futhi
kuphakathi kwezimpawu zempumelelo
Isexwayiso Semibono Yempumelelo

Ake sithi usuhlulekile kuze kube manje, kuwubuwula
.ukuyeka ukulwa bese ubheka ukwehluleka njengesiphetho
Kungcono ukufa ulwa kunokuyeka ukwenza umzamo
ingobo nje uma umuntu engakwazi ukufeza okwengeziwe,
ngoba imizamo yakhe izoqhubeka nokuphila okusha ngisho
.nangemva kokufa

Impumelelo nokwehluleka kuyimiphumela efanele
yalokho okwenzile esikhathini esidlule, kanye nalokho
okwenzayo manje. Ngakho-ke, kufanele ukhulise imicabango
yempumelelo evela kokuhlangenwe nakho kwesikhathi
esidlule futhi uyinike amandla ukuze ukwazi ukulawula
.imicabango yokwehluleka empilweni yakho yamanje
Ubunzima nezinkinga umuntu ophumelelayo abhekene
nazo zingaba zinkulu kunezo umuntu ongaphumelelanga
abhekene nazo. Kodwa-ke, lowo owayengowokuqala

waziqeqesha ukuba enqabe ngokuphelele
.nangokuqhubekayo umqondo wokwehluleka
Kumelwe uguqule ingqondo yakho isuke
ekukhungathekeni nasekuphelelweni yithemba iye
ekunqobeni nasekunqobeni; isuke ekukhathazekeni iye
ekuthuleni; isuke ekudidekeni kwengqondo nokukhathazeka
iye ekugxileni kwengqondo; isuke esiphithiphithini
nasesiyaluyalwini iye ekuthuleni; futhi isuke ekuthuleni iye
enjabulweni engcwele engokomoya. Uma unalo lolu lwazi,
injongo yokuphila kwakho iyobe ibekwe umqhele
wempumelelo futhi ifezeke ngokukhazimulayo, ngosizo
.lukaNkulunkulu

Amandla okucabanga

Ubonisa impumelelo noma ukwehluleka
ngokwekhwalithi kanye nohlobo lokucabanga kwakho
okuvamile

Yikuphi okunamandla kakhulu empilweni yakho:
?imicabango yempumelelo noma imicabango yokwehluleka
Uma ukucabanga kwakho kungokuphambene kakhulu,
imicabango emihle ngezikhathi ezithile ngeke yanele
ukuheha impumelelo Kodwa uma ucabanga ngobuqotho,
uzothola lokho okufunayo futhi ufinyelele umgomo wakho,
noma ngabe uzizwa uzungezwe ubumnyama

Wena wedwa unesibopho ngawe Akekho omunye
ozokuphendula noma akuxazululele ngoSuku Lokwahlulela
Umsebenzi wakho emhlabeni, lapho izenzo zakho zikubeke
khona (imiphumela yezenzo zakho zangaphambilini),
ungenziwa ngumuntu oyedwa kuphela: wena Futhi
umsebenzi wakho ubhekwa njengophumelelayo kuphela
uma ukhonza umuntu wakini ngandlela thile
Ungagxili kunoma iyiphi inkinga noma uqhubeke
ucabanga ngayo Vumela izinto ziphumule isikhashana, futhi
zingase zizixazulule zona Kodwa ungazivumeli ziphumule
isikhathi eside uze ulahlekelwe ikhono lakho lokuqonda
Kunalokho, sebenzisa lezi zikhathi zokuphumula ukuze

ujulise ukucabanga kwakho futhi ufinyelele emaphethelweni
athule ngaphakathi kuwe Uma uvumelana nawe, uzokwazi
ukucabanga ngokucacile ngakho konke okwenzayo Ngisho
noma imicabango yakho izulazula, uzokwazi ukuyiqoqa futhi
uyihlele kabusha Leli khono elibusisiwe lokuba vumelana
lingatholakala ngomzamo nokuzijwayeza
Umama, ngokusho kothisha uParamhansa
Inkulumo ayinikeza ngoSuku Lomama
Masiphathe lolu suku njengomqondo omuhle kubo
bonke omama abahle abakhulise izingane zabo ngomusa
.nangothando

Uthando lukamama asilunikwanga ukuze lusiphuce
isihawu nokunganaki, kodwa ukuze siphefumulele ububele
ezinhliziyweni zethu ukuze sithambise ezinhliziyo zabanye
ngomusa futhi sikhulule imiphefumulo ekhathele ezinkingeni
nasezinkingeni zomhlaba. Labo abacwila ezinhlekeleleni
nasezinhlophekweni eziningi, abahlushwa yizinhlopheko
eziningi nobunzima, badinga ukuqonda kwethu okumnene
.kanye nozwela olunesihawu

Ngathola ukukhanyiselwa kwami okungokomoya
ngothono lwami olukhulu ngomama; uthando lwami
oluqotho ngomama kwakuyisona sizathu esiyinhloko
sothono lwami olukhulayo ngoNkulunkulu, njengoba lolo
thono lwangishukumisela ukuba ngifune umthombo walo
omsulwa, futhi ngawuthola kuNkulunkulu, umthombo wabo
.bonke ubuhle nobuhle

Umama unomusa futhi uthethelela kakhulu kunobaba

Umama uyisibonelo esimsulwa sothono lukaNkulunkulu
olungenamibandela UNkulunkulu wadala omama ukuze
babonise uthando lwaKhe kithi, kungakhathaliseki ukuthi
unesizathu noma cha

Ngibheka owesifazane njengokubonakaliswa komuntu

kobumama bomhlaba wonke, futhi engikuthanda kakhulu
ngaye uthando lwakhe lwangempela lomama Labo ababona
ubuhle obungokomoya kanye nencazelo ephakeme

kowesifazane bavuswa yimizwa emihle futhi bazithole
bevulekele ezindaweni ezinkulu zokuphefumulelwa Uthando
Iwendawo yonke lugcwele enhliziyweni yanoma ubani
ohlonipha owesifazane futhi amphathe ngomusa
.nangenhlonipho

Ukube uNkulunkulu wayengafakanga uthando Lwakhe
ezinhliziyweni zomama, bebengeke bakwazi ukuthanda
izingane zabo. Kodwa-ke, udumo lubangelwa nayindlela
olugeleza ngayo lolo thando. Bonke abantu abakhulu
.babonise omama babo uthando olukhulu
Ikhaya ligcwele ukukhanya, injabulo, nezibusiso ngenxa
yokuba khona komama Masihlale sigcina ilangabi lothando
lukamama livutha ezinhliziyweni zethu
Futhi ngibingelela bonke omama abahle emhlabeni
Nakubo bonke ababaphatha ngomusa
Ukuze sibahloniphe futhi siqaphele ukufaneleka kwabo

Ukuhleka Kokujula

I-Master Paramhansa Yogananda

Ukuhumusha: uMahmoud Masoud

Ngihlale isikhathi eside embhedeni wendalo Yakho,
esikhathini esidlule, samanje, kanye nesesikhathi esizayo,
futhi mina—ingane yaphakade—ngizizwa ngikhathazekile
futhi ngiphazamisekile. Ngazabalaza kaninginingi, kodwa
kwaba yize, kwaze kwaba yilapho ekugcineni ngiphumelela
ukugxuma embhedeni ngizungezwe yizithiyo zokuhlobana
okukhohlisayo. Wangithatha ezandleni Zakho wangibeka
ngezingoma zokuthula kwaphakade. Ngingumntwana
waphakade—iphakade Lakho—futhi ngibeka ikhanda lami
esifubeni sobuntu Bakho obuphelele.

Ungakhathazeki, ndodana yami

Ngesikhathi esinzima, ngezwa izwi lakho lithi: "Ilanga lokuvikela kwami likhanya ngokulinganayo emahoreni akho akhanya kakhulu namnyama kakhulu"

Ungakhathazeki, ndodana yami, kodwa yiba nokholo futhi umomothেকে! Ngoba ukudabuka kuwukungalungi kwemvelo ebusisiwe yomphefumulo Vumela ukukhanya kwami okuphulukisayo kukhanye ngokumomothেকে kwakho okukhazimulayo Injabulo yakho, ndodana yami, ingilethela injabulo nokwaneliseka

Zijabulise nawe

Ezikhathini eziningi zokuphila, ngidlale nawe futhi ngacula izingoma ezingenakubalwa. Ngisakhumbula ukwanga kwakho okufudumele noma nini lapho ngibuya ekhaya—kuwe—ngemva kwamakhulu eminyaka ngingekho, ukuthuthumela kokuhlukana kungigubuzela. Futhi ngilapha futhi, ebukhoneni bakho baphakade, ngidlala futhi ngihleka nawe, ngikuhlabelelela izingoma zothando lwami lwaphakade.

Hhayi ngokumelene nentando yami, O Kufa

Ngeke ngidonswe ngenkani emhlabeni ngenkani ngenkani njengengane ebalekile edonswa kontanga bayo. Ngiyamthanda uNkulunkulu, futhi Uyangithanda; futhi lapho ngihamba okokugcina, ngizobe sengiqedile le ndima esiteji sesikhathi—lesi senzo uNkulunkulu ayehlose ukuba ngisidlale njengokuqhubeka kwedrama Yakhe yasemkhathini. Ekwenzeni ingxenye yami edrameni yokuphila, ngizomomothেকে futhi ngizokhala: ngijabule ngokugcwaliseka kwezifiso futhi ngiphatheke kabi ngokushabalala kwamathemba. Kodwa lapho ngiqeda indima yami, noma ngabe inzima futhi ikhathaza kangakanani, ngizoshiya isigaba sasemhlabeni ngenhliziyo emomothekayo. Ngizophumula isikhashana ekugonweni

ngumama wasemkhathini, ngijabulele injabulo yakhe, bese ngibuyela emhlabeni, ngingasadonswa yizifiso ezindala ezitshalwe ngokunganaki ensimini yenkohliso, kodwa kunalokho ngiphendula isicelo sakhe somusa nesomusa.

ULotus Othandayo

Inyosi yengqondo yami igxile ku-lotus yenhliziyi yakho enothando, Nkosi, lapho ngiphuza khona umpe wothando lwakho olufudumele. Le nyosi yami engokomoya iqoqa kuphela izimbali ezikhipha iphunga lakho eliminandi. Ngazincisha uju lwezinyabulo zemizwa futhi ngandiza kakhulu ngaphezu kwengadi engenalutho yomcabango kwaze kwaba yilapho ekugcineni ngithola i-lotus yokukhanya kwakho okungcwele. Ngangiyinyosi yakho ehambahamba emasimini okuzalwa kabusha, ngidonswa yiphunga lezimbali ezifundweni ezingenakubalwa. Kodwa manje sengiyekile ukuzulazula kwami, ngoba iphunga lakho elibusisiwe licime ukoma komphefumulo wami futhi lanelisa ukulangazelela kwami okuvuthayo kwanoma yiliphi iphunga noma iphunga eliminandi.

Ihlathi lokukhohlisa liyavutha

Ngazizwa nginesizungu futhi ngicindezelekile ehlathini lokukhohlisa nokukhohlisa, ngakho ngakhanyisa izinqwaba zokuzithiba, kodwa umlilo wavutha kancane futhi ngaphandle kwelangabi Ngathandaza kusukela ekujuleni kwenhliziyo yami, futhi Wena weza kimi, Nkosi, wavutha obunye bobuthakathaka bami, futhi ilangabi lasakazeka ngokushesha emahlathini omile nasemahlahleni amaphutha Base befika ezihlahleni ezinamameva zezifiso futhi bathinta imithi emide yokuziqhenya nokuzikhukhumeza Izilimi zokukhanya Kwakho zadla amahlathi amakhulu okungazi kwami futhi zawenza aba umlotha Ngiyakubonga, O Mshisi Ongcwele! Futhi kwangathi izinceku Zakho zingaphendukela

Kuwe ngokunxusa nangomthandazo ukuze zisize
ngokushesha futhi ziphiliswe ngokushesha

Ingoma yakho yangempela

Ukuze ngikuzwe, Guardian Angel, ngilungise umsakazo wombono wami wangaphakathi ngokuthinta okuthambile kothando. Ngokuvamile ekuzindleni, ngilalele izingoma ezimnandi kakhulu zabangcwele bakho abaseduze nawe: kuma-symphony angokomoya amangalisayo, izingoma ezithathwe enhliziyweni yami, kanye nengoma emnandi yokulangazelela kwami kwakudala. Ngokubekezela nangokuzola, ngilungise insimbi yemizwa yami ejulile, futhi lapho ukozela kungisinda amehlo futhi sengizolala, ingoma yakho yangempela yageleza kimi. Manje sengisakaza amazwi ajabulisayo ezingoma zakho ezijabulisayo futhi ngengeza izwi lami ekwayeni yabazinikele bakho, ukuze izingoma zikhule kakhulu futhi ukulangazelela nokulangazelela kukhule.

Ngizobhukuda olwandle lwemiphefumulo

Nginobunye nawe, Moya Ohlanganisa Konke, ngizoba yinhliziyi yempilo yasemkhathini. Ngizontanta olwandle lwemiphefumulo. Ngizodansa phezu kwamagagasi emizwa engcwele yabantu futhi ngithulule yonke into ngenjabulo ebusisiwe. Kusukela eHimalaya yasezulwini, ngizodedela isifufula sendawo yonke sezifiso eziphakeme. Ngizoba yizo zonke izinyembezi ezichithwa ngesihawu kwabanye. Ngizoba khona ekuthuleni kwegolide kwabangcwele kanye nethemba eliqhakazayo lezingqondo ezibomvu. O Mgcwalisi Wezifiso othembekile!

Lapho inhlansi yami yaphakade ihlangana nokukhanya kwakho okungenamkhawulo, ngizokhanya kuwo wonke amehlo

Ukuthula makube phezu kwakho

Izingxoxo ezintsha kanye nokuqonda

Ezinsukwini zasehlobo zokuphila

Ngiqoqa umpe wemizwa

Kusukela ezimbalini zobuhle obuhle

Ukukhula ezivandeni zemiphefumulo emihle

Futhi ngigcine enhliziyweni yami i-essence ehlutshiwe

Kusukela ezimbalini eziphakeme zokubekezelelana

Futhi amahlumela okuthobeka anephunga lawo

elithambile

Futhi izimbali ezingavamile zemibono ye-lotus ethambile

Futhi lapho iqhwa lokuhlangenwe nakho okubandayo

kwasebusika liwela nxazonke zami

Futhi ukuhlukana okubuhlungu emhlabeni

Ngifuna ukufudumala nenduduzo

Emanzini agcinwe esitokisini senhliziyo yami

Kulelo seli elibusisiwe, phambi kwakho

Ngivame ukuthola inyosi yaphezulu

Phuza ubumnandi bezifiso zami ezindala

Ngizizwa ngiqinisekile, ngijabule futhi ngiduduzekile

Ngizoba yizimpophoma zenjabulo

Injabulo yami izwakala ngokugeleza okuqhubekayo

Lapho isifufula esinamandla sikhukhula khona

Imithwalo esindayo yosizi nokukhathazeka kwabanye

Ngizogijima ngesivinini esimangalisayo

Ngaphezulu kwezikhala ezingenamkhawulo

Emiphefumulweni ehluphekayo

Ukususa ukwesaba kwakhe

Futhi ngizoqeda izinkinga zakhe

Ngizoba ukukhanya kombani

Ebusuku obumnyama kakhulu

Ukubukeka kahle

Ubuhle bakho, obufihliwe kusukela ezikhathini

zasendulo

Ngemuva kobumnyama bamehlo angaboni
Ngizoba imisebe yenyanga ekhanyayo
Ukususa ubumnyama ebusweni bomhlaba
Ngizoba imisebe yokukhanya
Umxoshi wobumnyama obufihliwe
Emakhoneni emicabango yabantu
Ngomusa wakho, Nkosi
USilashy, ukuhlakanipha okumangalisayo
Amaphutha aqongelela iminyaka eminingi kanye
nezikhathi
Ukwaneliseka okwenziwa uthando emphefumulweni
akusikho emzwelweni ngokwawo
Kodwa kunalokho enjabulweni elethwa yilowo muzwa
Ngoba uthando luletha injabulo
Siyaluthanda uthando ngoba lusinika injabulo enkulu
Uthando aluyona inhloso; injabulo iyinhloso
UNkulunkulu uyintokozo yaphakade futhi evuselela njalo
Futhi kunjalo nangohlobo lomphefumulo, ngenxa yalesi
sizathu izimfihlakalo zahlabelela
Labo abaye babhekana naleli qiniso futhi banambitha
:leyo njabulo engokomoya
Sivela enjabulweni, siphila enjabulweni futhi ubukhona"
"bethu buyantanta
Futhi sizobuyela enjabulweni yendawo yonke, ukuze
"sincibilike kulolo njabulo ngolunye usuku
Yonke imizwa emihle njengothando nozwela
Isibindi, ukuzidela, nokuthobeka akunamsebenzi
ngaphandle kwenjabulo
Injabulo isho injabulo, futhi iyisibonakaliso senjabulo
ephakeme kakhulu
Noma ukwaneliseka okukhulu kakhulu
Futhi iNkosi yakho izokunika ngokuqinisekile, futhi}
{Jabula futhi ujabule} {uzokwaneliseka
Nakuba injabulo ingavela ngenxa yezimo ezithile
zangaphandle

Kodwa ngokwesimo sayo esimsulwa, ayiboshiwe yizimo
Ngokuvamile kuvela ngaphandle kwezimo
ezibonakalayo
Ngezinye izikhathi ungavuka ekuseni
Uzizwa sengathi usuzondiza ngenjabulo
Futhi uma uhleli ekuthuleni kokuzindla, injabulo
iyagxuma ngaphakathi kuwe
Ngaphandle kwe-alamu yangaphandle emvusa
Kuyinjabulo yomphefumulo engenakuqhathaniswa
Kodwa uma injabulo ixhunyaniswe nezimo ezithile
Akuveli kulezo zimo ezifanayo
Eqinisweni, lezo zimo zaziwindlela yokuzwa injabulo
Lokho okwakufihliwe emphefumulweni ekuqaleni,
ngakumba njengepiki emhlabathini womphefumulo
Futhi umthombo wenjabulo wakhululwa echibini
lenjabulo elalifihliwe ngaphakathi kumuntu
Ngakho-ke, kokuhlangenwe nakho komuntu, isidingo
sivame ukuvela
Kweminye imicimbi ukuveza leyo njabulo efihliwe
ngaphakathi
Uthando luyimvelo yomphefumulo, kodwa luncike
enjabulweni
Akukho uthando ngaphandle kwenjabulo
Ingabe umuntu angacabanga ngothando ngaphandle
kwenjabulo? Akunjalo neze
Uma sikhuluma ngobuhlungu obulethwa uthando
olungabuyiselwanga
Sikhuluma ngesifiso esingakagcwaliseki
Kodwa ulwazi lwangempela lothando luhlala
luhambisana nenjabulo
Inggondo yami iyinyosi, iyandiza
Ensimini eyimfihlo yenhliziyo yami
Lowo oshukunyiswa umoya wothando lwami
Uhlotshiswe ngamaparele amazolo, ubumnandi bakho
Ngikutshalele iminduze emihle kakhulu

Ukubandlululwa ngokomoya
kanye nama-daffodil aphuzi
Ukuze ngimunce izinyembezi zokuphenduka kwami
Nama-violets athambile, aphupha ngokuthobeka
Futhi inhliziyo yami ivulekele kakhulu imibono
yomphefumulo
Nginikela kuwe imithi yemicabango yami
Izithelo ezimnandi zemithandazo emnandi
Ngezandla ezithobekile ezenziwe ngamagatsha
athambile, anamazolo
Futhi ensimini yenhliziyo yami
Imicabango yami injengenyosi ebhuza nxazonke kwami
Ngidakiwe phakathi kweminikelo ye-nectar emsulwa
ngawe
Umhlaba wonke ukhohliwe incazelo yangempela
"yegama elithi "uthando
Uthando lusetshenziswe kabi futhi inhliziyo yalo
yahlukaniswa abantu abaningi kangangokuthi bambalwa
.abantu abasaziyo incazelo yothando manje
Njengoba nje amafutha etholakala kuzo zonke
izingxenye zomnqumo, kanjalo nothando lugcwele yonke
indawo yendalo. Kodwa uthando kunzima kakhulu
ukuluchaza, ngesizathu esifanayo sokuthi amagama
awakwazi ukuchaza ukunambitheka kwewolintshi; umuntu
kumelwe anambithe isithelo ukuze azi ukunambitheka
.kwalo. Kunjalo nangothando
Nonke niye naluzwa uthando ngandlela thile
ezinhliziyweni zenu, ngakho-ke ninombono wemvelo yalo.
Kodwa abantu bebonke abazi ukuthi bangaluhlakulela
kanjani, baluhlanze futhi balukhulise kanjani uthando ukuze
.bafinyelele othandweni lwaphezulu
Kukhona inhlansi yothando lwaphezulu ezinhliziyweni
eziningi ekuqaleni kokuphila, kodwa ngokuvamile iyalahleka
.ngoba umuntu akazi ukuthi angalukhulisa kanjani

Abantu abaningi bakholelwa ukuthi asikho isidingo
sokuhlaziya uhlobo lothando. Bayazi uthando njengomzwelo
abawuzwayo ngezihlobo zabo, abangane, kanye nabanye
ababathanda kakhulu. Kodwa uthando lungaphezu
.kwalokho

Ukuphela kwendlela engingachaza ngayo uthando
Iweqiniso ukuchaza umphumela walo Ukube nje umuntu
ubengazizwa ngisho nechashaza lothando lwaphezulu
Wagajwa yisikhukhula senjabulo esasidlula ikhono lakhe
lokusilawula

Kumelwe sibe namandla ekwenzeni okuhle
nasekuzameni ukusiza abanye. Umuntu ozikhathalela yena
nomndeni wakhe kuphela ngeke athole injabulo enkulu, futhi
uma engacabangi ngomunye umuntu ongase abe
nokuhlupheka, uziphuca injabulo ekhiqizwa emphefumulweni
ngokwelula isandla sokusiza labo abaswele. Ngenxa yalokho,
isitsha sakhe senjabulo sizohlala sincane futhi okuqukethwe
.kuso kungaphelele

Imali, kimi, isho into eyodwa: ukuyisebenzisa ukwenza
okuhle nokusiza abanye

Labo abaqotho, abathembekile, nabazimisele ukwenza
ubungane nawe ngenxa yenhlonipho ngawe hhayi ngenye
.injongo bambalwa kuleli zwe

Laba bangane abathembekile bayinjabulo yomhlaba,
futhi ubungane beqiniso bukhulu kunanoma iyiphi ingcebo
kuleli zwe

Lowo oqotho ekusebenzelaneni kwakhe nabantu
uzothola uNkulunkulu Futhi lowo onothando enhliziyweni
yakhe uzobazi ngempela abanye, njengoba nje umuntu
ebona ngengilazi ecacile futhi ebona okungaphakathi Lolu
hlobo lolwazi ngabanye luvela ekuthandeni uNkulunkulu
.nasekuthandeni abanye ngalolo thando olufanayo

Izigidi zabantu zithunjwa yizimangaliso zengqondo
engaphansi kolwazi ezenzeka ngesikhathi sokulala Kodwa

esimweni esiphakeme, ungabona noma wazi ukuthi yini
.oyifisayo hhayi ngomcabango, kodwa ngokoqobo
Ngingahlala kulesi sihlalo ngiphendule ingqondo yami
noma kuphi ngibone kahle ukuthi kwenzekani kuleyo ndawo
Ngezinye izikhathi abafundi bahlala engqondweni
engaphansi, futhi ngezinye izikhathi bakhuphukela
ekuqondeni okuphezulu. Futhi kukhona abambalwa
abakhethiwe abakwaziyo ukudlula ekuqondeni okuphezulu
futhi bathole ukuqonda kwendawo yonke: indawo yomoya
.waphezulu, ongenamsuka noma imbangela
Esimweni sokuqwashisa okungokomoya okumsulwa,
umfuni akadingi ukucabanga ngezinto kusengaphambili
ukuze azibone. Lapho zihlangana nokuqwashisa kwendawo
yonke, ukuqwashisa kwazo kuyakhula futhi kuhlangane nazo
zonke izinto eziphilayo, futhi ziyaqaphela indawo yonke nazo
zonke izidalwa. Lokhu okuhlangenwe nakho
.kuwukunwetshwa kokuqwashisa okungapheli
Noma ubani ozwa lokho kuqaphela uzizwa ukuthi
kukhona emicu yotshani naseziqongweni zezintaba, futhi
uzwa yonke iseli yomzimba wakhe kanye nayo yonke i-
.athomu yesikhala
Ucabanga ukuthi ungumzimba omncane, kanti
!?ngaphakathi kuwe umhlaba omkhulu ugcwele
Kodwa ukuqonda kwendawo yonke kungaphezu
kwalokho futhi. Lapho umfuni ekwazi ukuzwa ubukhona
bakhe kukho konke ukuphila, uthola injabulo engapheli
.nothando olukhulu kakhulu lwaphezulu
Futhi izinzwa zami zihilelekile ngothando lwakho,}
{njengoba nje zonke izidalwa zami zigcwele ubuhle bakho
Kuhlangana nokuba khona kuyo yonke indawo
kokuqonda kwaphezulu
Ngakho-ke yiba nokulindela okuhle kuNkulunkulu futhi
uthembele emuseni wakhe. Ungaphelelwa yithemba
!lokufinyelela umgomo wakho

Umuntu akanakuba noNkulunkulu ngokumane acabange
ukuthi usethole ukukhanyiselwa okungokomoya
Ukuzithuthukisa kanye nokuhluzwa kokuziphatha
kuyizidingo ezibalulekile zokufinyelela amazinga aphezulu
Kunomehluko omkhulu phakathi kokwazi uNkulunkulu
ngendlela engenzeka nokwazi uNkulunkulu ngendlela
yeqiniso. Kungenzeka kuphela ukumazi ngokuthobeka,
ukuhlakanipha, ubuqotho, ubuntu obuhle, kanye
.nokulangazelela okusuka enhliziyweni

Umuntu othobekile yilowo oqaphela uNkulunkulu futhi
oqashelwa uNkulunkulu
Labo abahlola ngokujulile ukuqonda kwendawo yonke
ngokwemvelo bathuthukisa amakhono angokomoya
angavamile kanye nokulawula amandla emvelo. Kodwa-ke,
akekho othola ukuqonda kwangempela kwaphezulu
osebenzisa amandla akhe ukuze aziqhayise futhi azibonise,
.ngaphandle kokuhlakanipha noma ukuhlakanipha
Abantu abahlakaniphile bayaqaphela ukuthi
uNkulunkulu ungukuphela kwento ekhona futhi
ngokuthobeka babuyisela kuYe izipho ezingavamile abaphe
.zona umusa

Ingabe konke okukhona akusimangaliso? Futhi umuntu,
?ngenxa yokuba khona kwakhe, akasimangaliso yini futhi
Uma abantu benganelisekile yizo zonke izimangaliso
uNkulunkulu azidalile, kungani abangcwele kufanele benze
?izimangaliso ezengeziwe
Abangcwele bakaNkulunkulu abalungile abenzi lutho
ngaphandle kokuba uNkulunkulu ebacela ukuba bakwenze,
futhi ngezinye izikhathi ngezizathu ezingaqondakali futhi
.ezinzima ukuziqonda
Ngizobonisa ngesibonelo ukuthi ukuqonda okuphezulu
kuhluke kanjani ekuqondeni okungaphansi kokuqonda
Ukuqonda okuphezulu yisimo lapho ungakwazi khona -
ngenkathi uvukile futhi ulele futhi uqaphela ngokugcwele -

ukudala noma yimuphi umuzwa emzimbeni ngentando futhi
ngaphandle kwethonya langaphandle
Ezweni lokucabanga okungazi lutho (ezweni
lamaphupho), ungaphuza inkomishi yobisi olushisayo
Kodwa lolu vivinyo lubekwe phezu kwakho. Nokho,
ekuqondeni okuphakeme, ungahlangabezana nento efanayo
.noma yini enye ngamabomu nangamabomu
Umgwaqo ungase ubonakale umude, kodwa uhambo
lwamamayela ayinkulungwane luqala ngesinyathelo
esisodwa. Uma nje umuntu ehlala enethemba, akukho
.sithiyo esingavimbela umgomo ofiselekayo ukuthi ufezwe
Ngisakhumbula izimpilo zangaphambilini
Yilapho engikufune khona
Futhi ngikhumbula ubusuku obuningi
Ihlotshiswe ngezinkanyezi ezikhazimulayo
Futhi imibono yokusa
Lowo onobumsulwa obunamazolo
Futhi amahora okuhlwa avumelanayo
Ngomsindo wezinsimbi zomhlambi
Futhi iminyaka eminingi eyigugu
Nezimbali nezimbali zasentwasahlobo
umoya wasehlobo
amajazi emvula asobala
Amaqoqo eqhwa ledayimane
Ebusika
Ah, kangaki ngilinde ukufika kwakho
Ngenhliziyo edansa ngenjabulo
!Umphefumulo wami ucishe uqhume ukukulangazelela
Njalo ebusuku, ngesikhathi sokulala kwethu
okunokuthula nokuphumula, sijabulela ukunambitha
ukuthula nenjabulo
Uma silala ubuthongo obukhulu, uNkulunkulu usenza
siphile ngokuqonda okumangalisayo nokuzolile, lapho
sikhohlwa khona konke ukwesaba nokukhathazeka kwalokhu
kuphila

Ekuzindleni singaba nalesi simo sengqondo esibusisekile
ngisho noma singakavuki, futhi sinambithe ukuthula okuvela
.kwamanye amazanga

Lapho injabulo yaphezulu yehla, ukuphefumula kwami
kuyazola, nomoya wami uyaphakama, ngithola injabulo
yokulala kwenkulungwane ngesikhathi esisodwa, kodwa
angilahlekelwa yimizwa yami evamile Lokhu okuhlangenwe
nakho kwendawo yonke kugcinelwe labo abajula
ekufinyeleleni isimo esiphakeme kakhulu sokuqonda
Uma umuntu egcwele injabulo enkulu kaNkulunkulu,
umzimba uyathula ngokuphelele, ukuphefumula kuyayeka
ukugeleza, imicabango iyazola, futhi iyanyamalala kancane
kancane. Ukuzindla uzwa iqiniso lomphfumulo wakhe kanye
nokusondelana kwakhe noMdali, ngakho uphuza injabulo
yaphezulu futhi unambitha injabulo yenjabulo
.engenakuhlinzekwa yiwayini eliyinkulungwane
Umuntu ojwayelekile uzizwa elele emngceleni ophakathi
kokuvuka nokulala, ezwa umuzwa wenhlalakahle
yesikhashana, kodwa lo muzwa uyaphela ngokushesha
njengoba elala ubuthongo obukhulu. Ukulala akusikho
ukulahlekelwa ngokuphelele kwengqondo ngoba, ngenkathi
uphapheme, uyazi ukuthi ubuthongo bakho bebuphumulile
.noma cha

Kunezimo eziningi zokulala—ezinye zilula, ezinye zijulile.
Kodwa okuhlangenwe nakho okungokomoya umuntu anakho
noNkulunkulu esimweni sokuqaphela kuyajabulisa futhi
kuyaqabula kakhulu kunenjabulo enkulu yokulala noma
yokulala (ukozela noma ukulala ngaphambi kokulala)
(Noma ungelutho kimi njengokuzwa nokubona kwami)
Amehlo ami awabonanga lutho, nezindlebe zami
azizwanga lutho
Ngoba umnandi emehlweni ami kunobuthongo
Futhi kumnandi enhliziyweni yami kunokuphepha
Ngale kwezimfihlakalo nezimfihlakalo zokulala kulele lezi
zinjabulo ezingcwele

Asikwazi ukujabulisa wonke umuntu ngoba lokho
akunakwenzeka Ngizama ukungacasuli muntu ngenza konke
okusemandleni ami

Yilokho kuphela engingakwenza
Kumelwe sifune injabulo kaNkulunkulu kuqala Umgomo
wami owukuphela kwawo ukujabulisa uNkulunkulu
Ngisebenzisa izandla zami ukuthandaza ngokuthobeka
phambi Kwakhe, izinyawo zami ukumfuna yonke indawo,
kanye nengqondo yami ukucabanga Ngaye nokuzindla
ngezimangaliso Zakhe

UNkulunkulu kumele abe sendaweni yokuqala
ezinhliziyweni zethu ukuze simzwe njengokuthula, uthando,
.ukuqonda, umusa, ububele, nokuhlakanipha
Lokhu, hhayi okunye, yilokho engikubonile futhi
engikukhuluma ngakho. Ngaphezu kokuzindla, umuntu
.kufanele abe nobudlelwano obuhle
Akufanele sigijimele abantu, kodwa sigijimele

uNkulunkulu
Uma uthola le mibono inenzuzo, yibheke njengesibusiso
.esivela kuNkulunkulu, ngoba lonke udumo luya kuYe
Tshela abanye ngakho; mhlawumbe bazothola kukho
lokho okutholayo Akufanele sikhohlwe ukunikeza usizo
kulabo abaswele nsuku zonke, ngokusemandleni ethu Uma
nje ngisenayo imali ephaketheni lami, ngeke ngiyeke
ukupha, ngoba umthombo wami ongapheli nongahluleki
unguNkulunkulu

Kumelwe simazi uNkulunkulu njengoba abakhulu benza.
.Lokhu kungenzeka ngokuzindla nangomzamo womuntu siqu
Ngesinye isikhathi ngangihamba ngaphandle kwendlu
yokukhosela ngicabanga ngothisha wami omkhulu, uSri
.Yuktiswar, owayeshone eminyakeni embalwa edlule
Ngazizwa ngimlangazelela kakhulu futhi ngadabuka
ngokuthi wayengekho nami ukuze ngijabulele ubuhle nesimo
sendlu yokuhlala, futhi ngokuzumayo wabonakala kimi evela
:esibhakabhakeni wathi

Ucabanga ukuthi nguwe wedwa ojabulela le ndawo"

"!enhle? Nami ngiyayijabulela njengawe

Umfuni ofisa ukuhlangana noNkulunkulu kumele azame

ukuzindla nothando ngaYe nsuku zonke

Futhi thanda wonke umuntu ngalolo thando

Lena yindlela kuphela yokugwema izimpi Ukubambisana

ngokomoya kubalulekile, ngoba ngaphandle kwengokomoya

langempela akukho injabulo yomuntu ngamunye noma

yonke indawo Ukuzwana okungcwele kuyisixazululo kuphela

sazo zonke izinkinga zomzimba, zezimali, zomshado,

zokuziphatha nezingokomoya

Injabulo ivela ekuzizweni useduze noNkulunkulu Isintu

sizibophe ngemigoqo yokungazi, futhi sekuyisikhathi

sokuphuma kuleli jele elihlazisayo Inggondo kumele

iqondiswe kuNkulunkulu njalo, kungakhathaliseki ukuthi

izimo zinjani

Khona-ke uzozizwa ukuthula okukhulu nenjabulo

Labo abalangazelela uNkulunkulu, abanikela ubukhona

babo kuYe, bakhuthazane futhi bakhanyiselane, futhi

bakhumbule uNkulunkulu njalo yibo abajabulayo kuleli zwe

.futhi bangabanqobi benjabulo yaphakade

Konke okukhona kuwukudlidliza okufana namagagasi

okuqondiswa yingqondo kaNkulunkulu. Lokhu kudlidliza

okuhlakaniphile uMoya oNgcwele, noma uMoya othembekile,

.umuntu angaxhumana naye ngomthandazo nokuzindla

Ekuthuleni komphefumulo wakho nasesigxotsheni

sokugxila kwengqondo yakho, akukho ukuphela kwendaba

yothando oluphelele olungenamkhawulo

Kodwa kunzima ukuthola uNkulunkulu uma siphishekela

imali kuqala

Kumelwe senze uNkulunkulu abe yingxenye ebalulekile

yezimpilo zethu, bese sithola konke esikudingayo kulokhu

kuphila

Noma ubani owenzela uNkulunkulu indawo ehlala njalo

enhliziyweni yakhe, uNkulunkulu uyokwenza isabelo sakhe

sibe siningi sezinto ezinhle zomhlaba nezasezulwini, futhi
avule phambi kwakhe izindawo ezibanzi lapho ilanga
lokuhlakanipha likhanya khona, likhanyise izindlela zakhe
.futhi lixoshe ubumnyama obumzungezile
UNkulunkulu ungumthandi waphakade, futhi akukho
injabulo kumuntu ngaphandle kwalapho ethanda
uNkulunkulu njengoba ethanda - okungenani - abantu bakhe
abathandekayo, ngoba ngaphandle kukaNkulunkulu
besingeke sazi uhlobo lothando noma sinambithe
.ukunambitheka kwalo
Kumelwe sifunde ukusebenzisa intando yethu futhi
sigxilise izingqondo zethu ukuze sifune uNkulunkulu
ngezinhliziyi zethu zonke
Izenzo zomuntu zilawulwa yizifiso, futhi leyo mikhuba
ihlala imphoqelela ukuba enze lokho angafuni ukukwenza
Ngempela, umuntu uyisitha sakhe esikhulu kunazo
zonke, yize engaqapheli. Akazi ukuthi angahlala kanjani
athule noma anikele isikhathi kuNkulunkulu, kodwa ulindele
ukuthola injabulo nokuqinisekisa ukuthi uzongena
!ngokushesha ePharadesi
Ulwazi olungcwele alunakutholakala ngokufunda
.izincwadi noma ukulalela izintshumayelo nje kuphela
Noma ukwenza nje izenzo ezinhle Lokhu konke kuyasiza,
akungabazeki, kodwa akwanele Ukuxhumana noNkulunkulu
kudinga ukugxila ngokucophelela nokuzindla okujulile
Impilo iyiphupho elikhulu
Cabanga nje! Emashumini eminyaka kusukela manje,
ukuba khona kwethu kuzoba yiphupho, futhi konke
esikwenzayo manje kuzoba yingxenye yalelo phupho
Ngisho nabantu abakhulu kunabo bonke besintu
sebeyizinto nje zobuntu ezibonisa ukuqonda komuntu.
Kodwa labo bantu abakhulu bafinyelele umgomo wabo
wokugcina ngoba bafinyelele ezingeni eliphezulu futhi
bahlala bephila emoyeni, benokuqonda okucacile

nokuqaphelayo ngakho konke okwenzekayo, ngoba
.bamunye ekuqondeni kwaphezulu

Noma ubani ozama ukuvumelana nazo ngemibono
nezimfundiso zazo nakanjani uzozizwa zikhona, adonsele
izibusiso zazo, futhi azi ngokujulile ukuthi zixhumana nazo
.ngempela

Ukuphila kuyiphupho elikhulu Kodwa-ke, uma umuntu
ebheka umzimba wakhe futhi ewuthola ugcwele impilo, uba
nokuqiniseka okuqinile ngeqiniso laleli phupho. Bakholelwa
.ukuthi kumele bathole lokhu noma lokho ukuze bajabule
Kodwa kungakhathaliseki ukuthi ugcwalisa izifiso
ezingaki, ngeke athole injabulo ngazo. Uma umuntu ethola
okwengeziwe, kulapho efisa khona. Izifiso kumele zihlanzwe,
futhi impilo ibe lula uma efisa ukuphila ngokunethezeka,
.ukuthula, nokwaneliseka kwangaphakathi

Imibhalo ithi umuntu onezifiso ezihlala zigeleza
ngaphakathi (eya emphefumulweni wakhe) ungumuntu
onokuthula kwangaphakathi okuphezulu. Kulokhu, bafana
nolwandle, olungashintshi noma lunciphe, kodwa luhlala
lucwele amanzi ageleza kulo ngokungapheli. Kodwa
umuntu odala imigodi yesifiso echibini lokuthula kwakhe
futhi avumele amanzi abalulekile ukuba avuza futhi
achitheke akazi lutho ngokuthula okungokomoya nenjabulo
.yangaphakathi

Sidinga isiqondiso kulabo abamaziyo uNkulunkulu,
abanekhono lokukhulumisana naye futhi abanomuzwa
.wokuba khona kwakhe ngamabomu

Abaprofethi basicela ukuba sifune uNkulunkulu
ngokuthula kwangaphakathi

Ebumnyameni bomphefumulo, lapho kuhlala khona
umoya othembekile nenjabulo enkulu yokomoya

Abakhanyiselwe nabo bayayisekela le mibono

Zigcizelela ukubaluleka kokuzindla ngokujulile

Ukuqaphela ubuwena obuphakeme ekujuleni

komphefumulo

Angifuni abantu bacabange ukuthi bangathola ulwazi
ngokulalela abanye noma ngokufunda izincwadi. Kumelwe
.basebenzise lokho abakufundayo nabakuzwayo
Ukuya ezindaweni zokukhulekela kungcono kunokuxoxa
ngezinto ezingenamsebenzi
Kodwa ngisho nasezindaweni zokukhulekela, umuntu
kumelwe athinte futhi azizwele ubukhona bukaNkulunkulu
.enhliziyweni yakhe
Ukuqhuma kwemizwelo kanye nokuhlaziywa
okunengqondo akukwazi ukusinika ulwazi oluvela
.kuNkulunkulu imiphefumulo yethu elangazelela ukuluthola
Uma sizinikela kuNkulunkulu futhi sivalelisa ezifisweni
zobugovu futhi lapho siqiniseka ukuthi uNkulunkulu uhlala
enathi
Kuhlala emiphefumulweni yethu futhi kusiphefumulela
ngemicabango nemizwa emihle nehloniphekile. Sizoba
nenjabulo nenkululeko, futhi sizobona ukuphuma
.kokuhlakanipha emkhathizwe womphefumulo
Igundane elaba yingwe
Njengoba kulandiswa yisazi uParamhansa Yogananda
Kudala, ekujuleni kwehlathi, kwakuhlala indawo
yokuhlala eyayihlalwa yindoda engcwele eyayimazi
uNkulunkulu. Le ndoda ebusisiwe yayinokuhlakanipha
okukhulu namandla angaphezu kwawemvelo, futhi akekho
owayehlala eduze kwayo ngaphandle kwegundane elincane,
.elithambile
Abafundi abaningi nabanye ababefisa ukubona
ungcwele babenesibindi sokumvakashela, naphezu kokuba
khona kwezingwe ezinolaka nezinye izilwane zasendle,
ezidonswa uthando lwazo ngaye. Babeletha izimbali
nezithelo njengeminikelo. Bonke ababevakashela ungcwele
bamangala ngobuhlobo obuseduze phakathi kwakhe
negundane, futhi babephonsa imvuthuluka egundwini
.elithambile likangcwele

Ngolunye usuku, ngesikhathi iqembu labafundi
livakashela uthisha wabo endaweni yakhe yokucasha
eyimfihlo, ikati laxosha igundane elalimemeza ezinyaweni
zendoda ehlakaniphileyo, lifuna isivikelo Ngaleso sikhathi,
phambi kwamehlo abafundi abamangala, ungcwele
waguqula igundane elalithukile laba ikati elikhulu nelinolaka!
Ngesimangaliso esithile, igundane manje lahambahamba
ngokukhululeka phakathi kwamakati, lingalimalanga.
Wajabula kakhulu ngalolu shintsho, futhi okuwukuphela
kwento eyaphazamisa ukuthula kwakhe kwakuwukuhleba
kwabafundi, abamqhweba amehlo bamkhomba, bembiza
.ngokuthi ikati elivela egundwini

Ngemva kwesikhathi esithile, abafundi abafanayo
baphinde bavakashela uthisha wabo, futhi isixuku sezimpisi
sasijaha igundane lekati, elalikhala kakhulu, licela isivikelo
ezinyaweni zongcwele. Ungcwele wathi kuye, "Yiba yimpisi."
Ngokushesha, abafundi abamangala babona igundane lekati
liguqulwa laba yimpisi phambi kwamehlo abo. Izimpisi nazo
zamangala ngalokhu kuguqulwa okusheshayo kwenyama
yazo, kodwa zadumala futhi zabuyela emuva zilambile.
Ekugcineni, igundane lempisi lazulazula ngokukhululeka
nezinye izimpisi, lidla nazo futhi libheka phansi izilwane
.ezincane

Ngesinye isikhathi, abafundi abafanayo ababebone
izimangaliso ezimbili zangaphambilini babefunda nothisha
wabo Phakathi nesifundo, bashaqeka ukubona ingwe enkulu
yaseBengal ijaha igundane lempisi, elaligijima ngesivinini
esikhulu lize lifike ezinyaweni zothisha lifuna isivikelo.
Uthisha, esebenzisa amandla akhe amangalisayo futhi,
wamisa ingwe endleleni yalo wakhuluma nempisi yakhe
ethambile, wathi, "Igundane lami elithandekayo,
kuwubuwula kimi ukuqhubeka nokukuvikela ezitheni zakho
Kusukela manje kuqhubeke, ngifuna ube yingwe." Lapho nje
abafundi sebethule, baqala ukuhleka futhi bathi komunye

nomunye, "Makabongwe! Bhekani ingwe enolaka yosanta!
"!Yigundane nje losanta aliguqule laba yingwe
Njengoba isikhathi sihamba, izivakashi ezazivakashela i-
hermitage zaqaphela ukuthi ingwe eyesabekayo eyayiqaphe
indawo empeleni yayiyigundane elincane uthisha
ayeliphakamise laba yi-tiger. Abafundi abadala
babeqinisekisa abasanda kufika kule-hermitage, bebatshela
ukuthi: "Ningesabi ingwe, akuyona ngempela i-tiger, kodwa
".igundane uthisha alinike isithombe se-tiger
Leli gundane elihlukumezayo ekugcineni lakhathala
ukuhlaziswa esidlangalaleni futhi lacabanga ngaphakathi
kwalo: "Ah, uma ngingambulala lo santa uqobo, ngabe
"sengisusiwe imbangela yosizi lwami
Lapho nje lowo mbono ufika engqondweni yakhe,
wahlasela indoda ehlakaniphile, ehlose ukumbulala. Kodwa
indoda ehlakaniphile yayimqamekele, njengoba yayilandela
inqubo yayo yokucabanga futhi yayazi izinhloso zayo,
ngakho yasheshe yazi ukuthi yini eyayingena engqondweni
yengwe yayo engalaleli, yayisimemeza, ithi: "Buyela
".njengoba wawunjalo
Futhi yilokho okwenzeka, njengoba ngokuphazima
kweso ingwe eqhoshayo yaphinde yaguqulwa yaba
!yigundane elithukile
Wonke umuntu ufuna imali eningi kunomunye umuntu
Futhi uma beyithola, bahlala benganelisekile ngoba bathola
ukuthi omunye umuntu ucebile kunabo
Abantu baphila enkingeni yokuhlupheka abazenzele
.kona kanye nokudalwa kwezifiso zabo
Kumelwe saneliseke ngalokho esinakho ngoba izinto
ezibonakalayo azilethi injabulo, kodwa zivame ukwandisa
ukukhathazeka komuntu futhi zandise ukukhathazeka
.nokwesaba kwakhe
Indlela eya kuNkulunkulu iyindlela elula nelula, kodwa
bambalwa abahamba ngayo naphezu kwemikhuba eminingi
yenkolo kanye nemikhuba

Kungcono ukuphendulela izinhliziyi zethu kuNkulunkulu
futhi simcele ukuthi asinike okungcono kakhulu nokuhlala
.njalo

Eqinisweni, uNkulunkulu usilindele ngoba ufuna
ukusigcina kude nobubi nengozi Ufuna sibe Naye
ezinhliziyweni nasezingqondweni zethu ngoba izimpahla
ezishibhile zaleli zwe azikwazi ukwanelisa isifiso somuntu
.noma ukugcwalisa isikhala esingokomoya

Lokho akuzwayo ekujuleni kwenhliziyo yakhe
UNkulunkulu ukhuluma nathi njalo, kodwa bambalwa
abezwa izwi Lakhe

Lelo zwi elithule livame ukuminywa yimisindo
yemicabango enomsindo nezifiso ezisobala
Kodwa lapho imicabango iphela futhi izifiso zithula,
sizwa izwi likaNkulunkulu ngokucacile, noma lithule futhi
.libuthakathaka

Ngempela, uNkulunkulu wenza konke ukusiza isintu;
Uvula iminyango yabo futhi ukhanyisela izindlela zabo
Ukuze abone izindawo zezinyathelo zakhe, ukuze
angakhubeki noma unyawo lwakhe lushelele, kodwa abantu
abangingi abaliqapheli leli qiniso

Umhlaba wonke ugcwele ukudideka kanye
nesiphithiphithi ngenxa yezifiso zobugovu, zobugovu ezidala
izimpi Akukho okunye okudala izimpi
Iqhawe elikhulu kunawo wonke empini yokuphila yilowo
ozinqobayo futhi onqoba izinkanuko zakhe
Imali, udumo, izifiso, nakho konke okuphambene nalesi
simiso kuyingozi ekuthuleni nasenjabulweni yethu
Ukube abantu bebefunda ukucabanga njalo
ngezindinganiso zangempela zokuphila, bebezothola injabulo
abayifunayo

Kodwa bayaphambuka enhlosweni yabo futhi
bakhukhulwa umsinga wezifiso zasemhlabeni
Ngithole ukuthi akukho silingo esingangiholela kude
.nendlela engiyikhethile kanye nendlela engizikhethile yona

Ngingakhanga izinkulungwane ngamandla uNkulunkulu
anginike wona, kodwa leyo nkambo ingaba yingozi kimi
Noma kunjalo, angifisi ukukhanga izinkulungwane
zabantu nokuthumba izingqondo zabo
Ngithanda ukubona abafundi abaqotho abagxile
kuNkulunkulu

Labo abathanda uNkulunkulu bazoyijabulela le
micabango, futhi labo abanomdlandla ohlala njalo bazozwa
izibusiso zikaNkulunkulu

Ukuba khona kwakhe kubonakala ngalezi zimfundiso
Akunakwenzeka ukuthi umuntu akhohlise uNkulunkulu
ngoba Yena ungemuva kwemicabango yakhe futhi uyazi
ukuthi kwenzekani engqondweni yakhe nokuthi yini
.ayifisayo

Uma elahla izwe futhi efisa ukuzwana ngokomoya,
uNkulunkulu uzofika kuye

Uma lesa sifiso sigxila enhliziyweni yalowo ofisayo,
uNkulunkulu ufika kuleyo nhliziyo ayigcwalise ngobuhle
.nezibusiso

Izinto ezibonakalayo zinikeza umuzwa wamanga
wokuthula nokwaneliseka okudlulayo. Inhloso yangempela
yomuntu yokuphila iwukuba avumelane noMdali wakhe futhi
.athole umusa waKhe

Leso sivumelwano kumelwe sibe yisivumelwano
esiphakade nesivumelwano esingenakuphulwa
O Nkosi, ngenze ngibe sobala ngobumsulwa ukuze
ngikwazi ukubonakalisa ukukhanya kwakho okuphilisayo
ngaphakathi kimi

Thulisa isibuko sengqondo yami, esithuthumela ngenxa
yokukhathazeka, ukuze sibonise ubuso bakho
obungenamkhawulo

Vula amafasitela okholo emphefumulweni wami ukuze
ngiphefumule iphunga lokuthula kwakho
Sengiqaphele ukuthi injongo yokuphila kuphela ukwazi
uNkulunkulu

Kukhona abantu abangase bangakholwa ukuthi ukwazi
uNkulunkulu kuwumgomo oyinhloko wokuphila Kodwa
akekho ongaphika ukuthi umgomo wokuphila ukuthola
injabulo Futhi ngithi ngokuqiniseka okuphelele nokuqiniseka
ukuthi uNkulunkulu uyinjabulo yokugcina
Kuyinjabulo enkulu kunazo zonke
Luthando oluphelele oluphelele. Luyinjabulo yaphakade
engashiyi imiphefumulo yalabo abavumelana nayo. Pho
?kungani singazami ukuthola leyo njabulo yokugcina
Akekho omunye ongasinika kona. Kumelwe
.sikunakekele futhi sikuhlakulele ngaphakathi kithi njalo
Izwe lihlala lilwela ukunikeza abantu injabulo yalo,
kodwa injabulo enjalo yesikhashana ekugcineni iholela
ekuzisoleni, ebuhlungu nasekuzisoleni. Ngisho nabantu
abanenhlanhla enkulu, labo ababonakala benakho konke,
bangase bangajabuli ngempela futhi banganeliseki ngezinto
zasemhlabeni isikhathi eside, ngoba aziqedi ukoma kwabo
.kwangempela futhi azigcwalisi indlala yabo engokomoya
Uma sigxila kakhulu ezintweni zangaphandle, kulapho
.singazizwa khona inkazimulo yangaphakathi
Esingakuzwa ngokunambitha injabulo yaphakade
yomoya waphezulu
Lapho siqhubeka siphendukela ngaphakathi, kulapho
sibhekana nobunzima obuncane bangaphandle.
Kuyisilinganiso esiqhubekayo, kodwa abantu abaningi
abaliqapheli leli qiniso ngenxa yethonya lobungani bezwe,
.umphakathi abahlala kuwo, kanye nemikhuba engemihle
Umphakathi ugcina umuntu egxile futhi ematasa
ngezinto ezingabalulekile ngaphandle kokumvumela ukuba
acabange ngamaqiniso ajulile
Ngisho nezindawo ezingokomoya ziyavakashelwa
abanye ngaphandle kwesifiso sangempela sokuzuza
.esimweni sazo esibusisiwe
Abazuzi lutho kulokho kuvakasha

Labo abafisa ukubona uNkulunkulu bazomthola yonke
indawo Imikhuba yabantu iyabhubhisa futhi iyingozi
Isitha esinonya esibhubhisa, esilimaza, esibhubhisayo,
nesibhubhisayo

Sekuyisikhathi sokuba abantu bafunde ukuthi
bangajabula kanjani futhi baneliseke ngalokho abanakho
Akufanele sifise okungaphezu kwalokho esikudingayo
UNkulunkulu uyaphana; Uyazi esikudingayo futhi
ukuhlinzeka ngesikhathi esifanele Lokhu akusho ukuthi
kufanele sithembele kuNkulunkulu ngaphandle kokwenza
noma yimuphi umzamo—cha nhlobo Kusho ukuthi kufanele
senze ingxenye yethu ngokusemandleni ethu futhi sishiye
okunye kuNkulunkulu, ongeke asiphuce lokho esikudingayo
nesikufanele

Indlela engcono kakhulu yokujabula phakade ukuzwa
ubukhona bukaNkulunkulu. Isifiso sethu esikhulu kufanele
.kuba ukwazi uNkulunkulu nokuzimisela ukuba naye
UNkulunkulu kufanele abe nendawo yokuqala
nephakeme kakhulu emicabangweni nasemizwani yethu,
futhi kufanele simbheke njengensika enamandla neqinile
.kakhulu ekuphileni kwethu

UNkulunkulu, ngesihe sakhe esiphelele
Usinika injabulo kanye nogqozi
Futhi kusinika impilo yangempela
Ukuhlakanipha kweqiniso
Nenjabulo yangempela
Ukuqonda kweqiniso ngokusebenzisa
Zonke izinto ezahlukahlukeni zokuphila kwethu
Kodwa inkazimulo kaNkulunkulu ayibonakali
Ngaphandle kokuthula okungokomoya okuzwakalayo
umphefumulo
Futhi ngomzamo oqinile wokuvumelanisa nakho
Lapho simi sibhekene neqiniso
Kwamanye amazwe, imibono ekhohlisayo inamandla
kakhulu

Bambalwa kakhulu abakwaziyo ukuqeda
Ithonya lemvelo yangaphandle
Umhlaba uyaqhubeka nobunzima bawo obungapheli
Futhi okuhlangenwe nakho kwakhe okungenakubalwa
Izwi likaNkulunkulu lingemuva kokubonakala kokuphila
Uhlala esibiza futhi ekhuluma nathi
Ngezimbali nezincwadi ezingcwele
Kusukela konembeza bethu
Futhi kuzo zonke izinto ezinhle
Okwenza impilo ibe yigugu
I-Nightingale yesibhakabhaka
Ngingu-nightingale wakho, okhuphukela emazulwini
obukhona bakho bendawo yonke, ngifuna njalo amaconsi
emvula yeqiniso lakho
Ngithandaze kuwe ngokuzethemba okujulile ukuthi
wehlise izihlambi zesihe sakho emafwini okuthula anzima
Futhi njengoba ngomile kakhulu, ngamukela
ngentshiseko yonke into engcwele yokukwazi kwami
O, yeka ukuthi bengilangazelela kanjani ukuzwa
!ubukhona bakho ngaphakathi kimi nangaphakathi kwami
Ukoma kwami okungapheli kwaphela kuphela lapho
ukuthinta kwakho kupholisa umphefumulo wami ovuthayo
kanye nomphefumulo wami uvutha ngokulangazelela
nokulangazelela. Isikhathi sokuphelelwa yithemba
nokuphelelwa yithemba sesidlulile, futhi ukoma kwezinkinga
.zami sekunyamalele ngemvula yokuthula kwakho
Manje sengizulazula buthule futhi ngikhuphuka,
ngihlabelela izingoma zokwaneliseka nokwaneliseka
Ngingu-nightingale wakho ophuza amanzi enduduzo
yakho kuphela ageleza ngokungapheli evela ezindaweni
eziphakeme zokuphila kwakho
Ubugovu bomuntu ngamunye, bezimboni, kanye
nobezombusazwe, imizwa evuthayo ebangelwa yimibono
yokuthi uhlanga oluthile luphakeme kunolunye, kanye
nokuhweba ngezinkolelo nezimfundiso konke kudale

ukwahlukana nokuhlukana phakathi kwabantu nezinhlangothi,
futhi kudabule umhlaba ngezimpi Ngenxa yalokho,
ukubhujiswa komnotho, ukungazi ngokomoya, kanye nosizi
oluhlangene kuyenzeka

Ukuthuthukisa inhlanganisela yezimfanelo
ezingokomoya, ukusebenza kahle kwezinto ezibonakalayo,
kanye nezici ezinhle zobuntu—uhlobo esilubona lubonakala
ekuphileni kwabantu abaphumelelayo—kuyisisekelo sempilo
.ejabulisayo futhi kuzokhiqiza abantu abahle kakhulu

Noma nini, noma kuphi
Kumelwe samukele izimiso zokucabanga okuhluzekile,
ukuziphatha okuhle, kanye nozwela lwangempela
.ngokomzwelo ngabanye

Ngempela, isintu siphakanyiswa ngokulunga, uzwela,
kanye nokuthuthukiswa okulinganayo nokulinganayo kwezici
ezibonakalayo

Izici zobuntu bakhe ezingokwengqondo, ezingokomoya,
nezokuziphatha

Umgomo oyinhloko wabo bonke abantu ukuthola
ukuthula, ukwaneliseka, ukuphepha, ulwazi, kanye nokungafi
Futhi kulokhu kulangazelela ukuphelela okufihliwe
ngaphakathi kithi kulele umfanekiso kaNkulunkulu
Lesi sithombe esibusisiwe sizama ukuziveza ngabantu
.abavumelana nesimo sabo esiphakeme

Ubuningi bungumthetho wemvelo, futhi ubunye
buholela ekupheleleni
Ngokuhlukana nokuhlukana, umhlaba uba yimbiza ebila
futhi echichima ubuhlungu nokuhlupheka ngenxa yomlilo
.wezimpi nokufa

Impilo efanelekile ehlanganisa izinhliziyi, isondeza
imiphefumulo ndawonye, futhi iyihlanganise neqiniso
Kuyindlela eya enjabulweni, ekuthuleni, naphakade
Akukho okungasinika ukwaneliseka futhi kusule
izinyembezi zosizi emehlweni ethu ngaphandle
kukaNkulunkulu yedwa

Umphefumulo womuntu uyingxenywe ehlukile kumuntu
wonke futhi kumele ubuyele kumuntu wonke ukuze uphelele.
Ukufuna kwethu injabulo kufanele kusiholele kuNkulunkulu,
.umthombo wayo yonke injabulo
Ukomela kwethu ulwazi kumelwe kuqedwe emithonjeni
yokuhlakanipha kwaphezulu Ukuthula kwethu kuzophelela
kuphela uma kuhlanganiswe nokuthula kukaNkulunkulu
okungachazeki

Ukuba khona kwethu kudinga ukuba khona
kukaNkulunkulu ukuze kube phakade, futhi ukuqonda
kwethu kuzokhula njalo futhi kukhule lapho kuthinta futhi
kuhlangana nokuqonda kwendawo yonke. Injabulo yethu
izoba engenamkhawulo futhi izokwanda izikhathi eziyizigidi
.uma ihlanganiswa nenjabulo yaphezulu
Isisu esabulawa ubugovu

Ngesinye isikhathi, indoda ehlakaniphileyo yadla
nomuntu oyisiminzi, indoda ehlakaniphileyo yathi:
""Ngiyakuthanda lokhu kudla okuhle
Kodwa akadlanga kakhulu Ngokuphathelene nendoda
eyisiminzi, wayengakaze akunambithe ukudla okumnandi
kangaka empilweni yakhe

Waqhubeka nokudla waze wagcwala waze wafa ngenxa
yokudla ngokweqile Kwangathi impilo yakho ingaba yinde
Umuntu ohlakaniphile, onenhloso wayekujabulela
ukudla, kodwa engenakho ukunamathela kwemizwa
okwabhubhisa umuntu odlayo. Umuntu ohlakaniphile
wayevumelana namandla angokomoya asobala awondla
umphefumulo wakhe futhi avuselele amangqamuzana
omzimba wakhe, futhi lapho edla, wayekwenza
ngokulinganisela ukuze angaphazamisi noma avimbele
ukugeleza kwamandla endalo yonke ayeqaphela ukuthi
.ayefinyelela kuye

Akudingeki ukuyeka konke bese uphila impilo
yokuzikhandla ukuze uphile impilo engokomoya, kodwa

kubalulekile ukukhumbula ukuthi umuntu akaphili ngesinkwa
.sodwa

IPharadesi lothando kanye nezulu lenjabulo
Ekukhanyeni kokukhanya Kwakho okubusisiwe,
nginikela ngemithandazo yomphefumulo wami
Futhi ngicela ukuthi wamukele umnikelo wokuthobeka
wenhliziyo yami

Gcina imimoya yobumnyama kude nami
Ngibheke ngamehlo asezulwini
Kusukela ekuphumeni kwenhliziyo yami nemizwa yami
Ngibonise ethempelini uthando lwami ngawe
Ngibusise ukuze ngibone okuhle
Ngicabanga ngezinto ezinhle
Futhi yenza ubungane nabantu abalungile nabalungile
Futhi ukuze ngicabange ngawe
Wena ongumthombo wakho konke okuhle nokulunga
Ngomusa wakho, ngizoxoshwa endlini engcwele
yomphefumulo wami

Yonke imibono ephikisanayo
Futhi ngizizwa nginobukhona bakho obubusisiwe
ngaphakathi kimi
Kwangathi ngingaphila epharadesi lenjabulo
Imicabango emihle nephakeme iyangifikela
Ngifafaze ngephunga lenjabulo yakho
Kwangathi uthando lwakho olungcwele lungangimboza
njalo

Ngibusise ukuze ngiphile epharadesi lothando
Ukujabulela ubukhona bakho obungcwele
Futhi ukuthula kwakho kwasezulwini
Futhi ukuze ngiqaphele ukuthi ngingumphefumulo
ongafi

Futhi ngiphila ngokukhanya kwakho
Futhi ngiphila ngesibusiso sakho
Nkulunkulu wami othandekayo
Kusukela Ensimini Yokusa

Ngizokukhethela izimbali zokukhanya
Ukukunikela njengomnikelo othobekile
Ngezinyawo zakho
Vumela inkanyezi ehlabayo yothando lwami kuwe
Iqhubekela phambili ngamandla akhulayo
Ngokudlula esimweni sokumangala
Futhi ukukhohlwa kwami ngawe
Futhi isusa ubumnyama bayo
Ungangikhohlwa
Noma ngingakukhohlwa
Ngikhumbule
Noma ngingakhulumi ngawe
UNkulunkulu uyinto eyigugu kakhulu empilweni yami
Ubusa kakhulu kunembeza wami
Futhi amazwi okuhlakanipha angiphefumulela
Ungiqondisa endleleni efanele
Okufanele ngikwamukele
Impilo elinganiselayo
Okubheka yonke imithetho yaphezulu neyemvelo
Kuhlanganisa umsebenzi nokuthula
Kuletha injabulo futhi kufeza ikusasa lomuntu
Indlu egcwele amagugu ayibonakali ebumnyameni
Ngakho-ke, ubukhona bukaNkulunkulu abunakuzwakala
Uma nje ubusuku bokungazi buqhubeka nokubusa
Uma ukuqonda kwethu uNkulunkulu kungelona iqiniso
Ukuze singakwazi ukufeza imisebenzi yethu yansuku
zonke ngaphandle kwayo
Ngokusobala, asizange sizizwe sixhumene phakathi
kukaNkulunkulu nokuphila
Uma sinesifiso sokuvelela futhi sisigqokisa ngomqondo
wokukhonza abanye
Siyazisiza ngokusiza abanye
O, Nkosi
Ngokusabalala kokukhanya kwelanga okubalulekile

Ngizosakaza imisebe yethemba ezinhliziyweni
zabampofu kanye nabaxoshiwe
Khanyisa izibani zokuzimisela nokuzethemba
Ezinhliziyweni zalabo abacabanga ukuthi bayizihluleki
Uma siqaphela ukuthi impilo iyisikole sokufunda
nokugcwalisa imisebenzi
Ngesikhathi esifanayo, kuyiphupho elidlulayo
Khona-ke sizokwazi ukuthi uNkulunkulu unathi
Ukuphila kufanele kusekelwe enkonzweni
Ngaphandle kwalowo mgomo omuhle
Ingqondo uNkulunkulu ayinike umuntu ngeke iyifeze
Inhloso yokudalelwa kwayo
Ukuzithoba kuNkulunkulu kwenza umuntu akwazi
ukufeza yonke imisebenzi yakhe
Ngomuzwa wenjabulo nokubonga uNkulunkulu
Kuphela ngokuzinikela lapho singathola khona ukuthula
Ngizoshisa bonke ubuthakathaka bokucabanga
nobokuziphatha
Emlilweni womklamo
Ngoba ngaphandle kokuthi ngisuse lobo buthakathaka
Ngeke ngikwazi ukubona ilangabi laphezulu
O, Nkosi
Namuhla ngizozimisela ukufeza izinto ezithile
Bese ngenza lokho engikuhlelile
Ngizoqala ngiqinisekise ukuthi inhloso yami ilungile
Bese ngizozwa amandla akho
Futhi ngosizo lwakho nesibusiso sakho, ngizokufeza
engihlose ukukwenza

Ukuhleba kanye nokuphefumula

I-Master Paramhansa Yogananda

Ukuhumusha: Mahmoud Abbas Masoud

**Ubugovu obuncane bungase buzulazule, buthi
ngokuziqhenya nangokuzikhukhumeza: Nginguwe!**

**Kodwa ngizofuna ukwazi mina uqobo lwami,
olunephunga elimnandi ngazo zonke izinhlobo
zezimbali zomusa nokuthobeka**

**O Nkulunkulu, ngembulele ubuwena bami
bangempela, futhi mangikuzwe uhleba ekujuleni
kwami, uthi: Ngiyisibonelo sakho futhi wena
ungumfanekiso wami!**

Ensimini yamaphupho asebusuku

**Ensimini yamaphupho ami asebusuku, izimbali
eziningi ziyaqhakaza: izimbali ezingavamile
zomcabango wami Lapho, lapho ukukhanya
okufudumele kweplanethi kukhanya khona,
amahlumela amathemba asemhlabeni avuleka
khona, esakaza amacembe akhanyayo
okugcwaliseka nokwaneliseka**

**Ekukhanyeni kwalawo maphupho, ngibona
izithunzi zobuso obuthandekayo obukhohliwe,
kanye nemizwa ethandekayo efihliwe kudala
emhlabathini wabantu abangazi lutho—bonke
bevuka begqoke izingubo ezikhazimulayo. Futhi
ngokuphendula ubizo lwezingelosi zamaphupho,
ngibona ukuvuswa kwazo zonke izilingo zesikhathi
esidlule.**

**Nkosi, usinike inkululeko yokukhohlwa izinkinga
zethu zansuku zonke ngokuvakashela izwe
lamaphupho ebusuku. Sise sivuke kuwe futhi
sibalekele usizi lwabantu kuze kube phakade.**

Ulinde ukubuya kwami

**O Siphephelo Saphezulu! Ngizulazula olwandle
lokuphila, ngijikijelwa yiziphepho ezinamandla
zobunzima Noma ngabe ngintanta phezu
kwamagagasi enjabulo noma ngezinye izikhathi
ngicwila ekujuleni kosizi, ngilangazelela
ukuphunyuka kulokhu okubili ngokufinyelela ogwini
lwakho oluphakeme nolungenakuqhathaniswa.**

**Ngayo yonke imithandazo yami yokuncenga,
ngisondela kakhulu kuwe, okuwukuphela
kwesiphephelo sami.**

**Ngeke ngiyeke ukuzama ngoba ngiyazi ukuthi
nilangazelela ukufika kwami futhi nilangazelela
ukubuya kwami!**

inyoni yepharadesi

**Ngiyinyoni yasepharadesi: inyoni yezulu
eyenziwe ngezandla zakho ezibusisiwe**

**Wangihlobisa ngobuhle nemibala emihle:
ngobubele obuphansi kanye nezimpaphe zegolide
eziqhakaza ngokomoya**

**Ngandiza phezulu esimweni sokuphila
esibuhlungu, esifiphele ngifuna ipharadesi
lenjabulo, futhi izimpaphe zami ezikhanyayo
zazigcwele izindawo ezimnyama zokuphelelwa
yithemba**

**Woza, Nkulunkulu wami, ugeze inyoni
yasepharadesi lakho ngemisebe yokuhlakanipha
namanzi ahlanzekile, amnandi okuthula**

Umqophi Waphezulu

**Konke ukushaya kwenhliziyo yami makube
yigama elisha enkondlweni yothando lwami
lwaphakade ngawe**

**Kwangathi wonke umsindo okhulunywa
yizindebe zami ungaba nomphumela wokudlidliza
okubusisiwe okuvela ezwini lakho elingcwele**

**Kwangathi yonke imicabango yami ingagcwala
injabulo yokuba khona kwakho**

**Kwangathi intando yami ingagcwaliswa
ngamandla akho aphezulu**

**Hlobisa yonke imicabango yami, izinkulumo
zami, kanye nezifiso zami ngomusa wakho**

**O mqophi wezithombe ongcwele kakhulu,
bumba impilo yami njengoba ubona kufanele,
ngokomklamo wakho oyingqayizivele**

Ungumvikeli wami

**Nkosi, ngisize ngingavusi izilwane zentukuthelo
nentukuthelo emiphefumulweni engacwengekile.
Kodwa uma zingihlasela, ngizophephela emhumeni
onamadwala wesivikelo sakho emphefumulweni
wami.**

**O Mvikeli Waphezulu! Ngaphandle Kwakho,
angisoze ngakuthola ukuphepha noma ukulondeka,
ngisho nasezingabeni zabantu ezinganqobeki. Yiba
yisivikelo sami nesihlangu sami esiqinile ezingqoleni
eziqhumayo zobunzima. Ungibusise, ukuze
ngiphilise—ngokuhlinzwa okungcwele—bonke labo
abahlushwa amanxeba okuphila kanye nezingcezu
zesikhumba.**

injabulo engcwele

**Uma abalandeli bakho besemthandazweni,
ngiqoqa imisebe yenjabulo engcwele emehlweni
abo bese ngiyixuba nentshiseko yami engokomoya
ukuze ngiyinike isiphuzo esiqabulayo
emicabangweni yami eyomile; ukuze baphuze baze
baqede, futhi izinhlungu zabo nokwesaba kuphele.**

**Futhi kulabo abafuna induduzo nenduduzo,
nginikeza lesi siphuzo somlingo ezinkomishini
ezisobala zobuqotho obusuka enhliziyweni kanye
nezinhloso ezinhle.**

**Kwangathi wonke umuntu ophuza lesi sithako
esibusisiwe angajabula kakhulu, akhohlwe izinkinga
zakhe futhi anyamalale izinhlungu zakhe!**

Ngihlanze esithandweni sezinhlekelele

**Insimbi engaphekiwe yempilo yami incibilikiswa
esithandweni sezinhlekelele nezilingo, futhi wonke**

**amanga acwengisiswa emlilweni wokuhlangenwe
nakho okungcwele kanye nezifiso.**

**Mdali Ongcwele, ngikhulule ebuthakathakeni
bomuntu futhi unginike intando eqinile
njengensimbi kanye nesinqumo esingokomoya
njengensimbi eqinile Ngisize ngiguqule isimo sami
esicwengekile sibe amathuluzi asebenzayo
okuzithiba nokuzimisela kwangempela**

**Futhi ngenkemba yokulinganisela kwengqondo,
ngizobhubhisa izitha zami zangaphakathi -
imikhuba yami enamandla - engilindele futhi ezama
ukungivimbela ukuthi ngihlale ngicabanga ngawe
wedwa**

**Yiba yilanga lami nenyanga yami
O Nkosi, thumela imisebe yokuhlakanipha
Kwakho ukungiqondisa ezinsukwini zami
ezijabulisayo zokufeza, kanye nokukhanya
kwenyanga Yakho enomusa ukukhanyisela izindlela
zami phakathi nobusuku bami obumnyama bosizi
Woza kimi**

**Ingabe ukusa kwalolo suku kuzophuma, lapho
ngibiza igama lakho elibusisiwe kuzoletha
ukhukhula lwezinyembezi oluzogubuzela ulwandle
lokungazi kwami futhi lumanzise inhliziyo yami?**

**Khona-ke, echibini lezinyembezi zami
eziqoqiwe, iminduze yokuhlakanipha okungcwele
izohluma, futhi ukukhanya kwayo kuzosusa
ubumnyama bami kuze kube phakade.**

**Mama wezwe lonke ogcwele konke ukuphila,
woza kimi, ngoba akukho lutho olungasusa usizi
lwami futhi lususe usizi lwami ngaphandle kobuso
bomusa wakho ophelele kanye nobubele bakho
obungenamkhawulo.**

Izibopho ezingenakugqashuka

**Ngifundise, Nkosi, ukuthola ubunye bami nawe
ngokuthula kwangaphakathi nasemsindweni
womhlaba Akunandaba ukuthi ngizungezwe
ukuthula noma umsindo, uma nje ngingakuzwa
ubukhona bakho obuphelele yonke indawo nangazo
zonke izikhathi**

**Ngakho-ke ake ngenze umsebenzi wami
ngenjabulo**

**Usebenza ngokuzikhandla futhi uletha
ukumamatheka ezigidini zezinhliziyi ezijabule.
Ngibusise ukuze ngibe nokumamatheka
okungapheli - njengawe - njengoba ngisebenza
embonini yokuphila.**

**Kwangathi amagagasi amandla akho angahlala
edansa emfuleni wemisebenzi yami yansuku zonke**

**Umama Ongcwele, njengoba nje ujabulela
ukuklama ama-athomu, izimbali, kanye nomhlaba
wonke, ngifundise imfihlo yokusebenza nokudala
ngengqondo elinganiselayo kanye nomphefumulo
owanelisekile.**

**Ukwelashwa kwengqondo, kwengqondo, kanye
nokwenyama**

**Sisize, O moya we-cosmic, ukuphulukisa
umzimba ngokuwugcwalisa ngamandla akho e-
cosmic, ukuphulukisa ingqondo ngenjabulo
nokugxila kwengqondo, nokuphulukisa
umphefumulo embangeni yazo zonke izimbangela -
ukungazi - ngokusebenzisa umuthi ophumelela
kakhulu: ukuzindla okungcwele kwansuku zonke
ngoNkulunkulu**

Ukuqinisekiswa kokuphulukiswa

**O Moya Ongcwele, Wadala umzimba wami,
ngakho-ke uphilile futhi uphilile ngoba ukhona
kuwo. Uphelele, futhi ngidalwe ngomfanekiso**

Wakho; ngakho-ke, ngiphilile futhi ngisesimweni esihle kakhulu!

**Isiqinisekiso sokuphulukiswa kwabanye
Ungumfanekiso kaNkulunkulu, futhi amandla
Akhe aphakade agcwele kuwo wonke amaseli
nezicubu zomzimba wakho. Uqobo lwakho lugcwele
ubukhona Bakhe obungcwele; uphilile ngomusa
Wakhe.**

**Yiba ngukaputeni womkhumbi wami
O Nkosi, yiba ngukaputeni womkhumbi
wemisebenzi yami yansuku zonke, futhi uwuqondise
ogwini lwakho olungcwele, oluyindawo ephephile
nokuphumula kwabakhathaleyo**

**Imililo yobuwula obudukisiwe
Ngobusuku bamaphutha, salandela umlingo
wenjabulo ekhohlisayo yemizwa; futhi njengoba
sasiphambuka endleleni yentuthuko engokomoya,
sawela emaxhaphozini okudumazeka
nokulahlekelwa.**

**Nkosi, Wena ohlala uqaphile futhi uqaphile,
ungavumeli ilangabi lobuwula libonakale ngaphezu
kwamanzi angajulile ezinkanuko namacebo ukuba
lisidonsele odakeni nasezingibeni zezinjabulo
eziphansi.**

**Singabantwana bakho, silangazelela ukufika
ekhaya lethu lasezulwini. Sibusise ukuze sifinyelele
umgomo wethu ngokulandela ukukhanya
kwangaphakathi kokuqonda kukaMoya, okuyisibani
sakho esingcwele, osiqondisayo futhi osibiza ukuba
sihambe siye ogwini lwakho olubusisiwe!**

**Ngizwile izwi lakho
Ezimpilweni eziningi ngizwile ukuhlebeza
kwakho okumnene kuthi: Woza ekhaya!**

**Kodwa yanyamalala futhi yanyamalala phakathi
komsindo wezifiso ezingabusisiwe**

**Ngilahlile imigqa eminingi yezifiso futhi
ngizokumema ezindaweni zokukhosela zenhliziyo
yami ezingowesifazane**

**Uma ngihlala phansi ngizindla ngawe, ingabe
uzosisusa izilingo zasemhlabeni ezisacashe
emagumbini enkumbulweni yami?**

**Ekuthuleni komphefumulo wami, ngilangazelela
ngenhliziyi yami yonke ukuzwa izwi lakho
elibusisiwe**

Ikhandlela lesikhumbuzo

**Ngingahle ngilahleke indlela yami futhi
ngizulazule ezindleleni ezimnyama kanye
nasezindaweni ezimnyama, kodwa mama wezulu,
qapha ikhandlela elincane lokukhumbula ukuze
imimoya yokungabaza nokungaqiniseki ingalicimi.**

**Ngicele zonke izinto zasemhlabeni kodwa
ekugcineni ngathola ukuthi ngikulangazelela wena
wedwa, Mama! Woza ungangishiyi!**

**Ubumnyama buyanyamalala ngaphambi
kokukhanya kwakho**

**O Mfundisi Ongcwele, ake ngiqaphele ukuthi
noma ubumnyama bokungazi kwami budala
njengesikhathi uqobo, ngokusa kokukhanya
Kwakho ubumnyama buzonyamalala sengathi
abukaze bube khona!**

Dlala umtshingo wempilo yami

**Nkosi enothando, ngezingalo zami siza
abantwana bakho**

**Khuluma ngezwi lami, futhi ngisebenzise
ingqondo yami ukukhuthaza abanye**

**Phefumula ngomoya wami, ngoba nguwe
wedwa okwazi ukudlala izingoma zakho zaphakade
emculweni wokuphila kwami**

**Ngiyinhlansi evela emlilweni wakho wendawo
yonke**

Ekuqaleni kwendalo, lapho izinhlansi zendalo ziphuma esifubeni sakho esivuthayo, ngahlabelela nekwaya yezibani zamaplanethi ezazimemezela izindaba ezinhle zokuvela kwezwe lakho.

Ngiyinhlansi yaphakade evela emlilweni wakho weplanethi

O Nhliziyo Engcwele enothando nebekezelayo! Ngisize ngivuselele—ngokuzindla—isivumelwano sothando nobudlelwano phakathi kwethu Ake ngiqaphele ukuthi ohambweni lwami olubusisiwe oluya ekwandeni okungcwele—impilo ngemva kokuphila—wena nomqondisi wami ongokomoya nibe, futhi niyohlala ninjalo, abangane bami baphakade nabaphakade.

Ukuqwashisa ngenjabulo

Vele, uma ngithi uNkulunkulu uyinjabulo, ngisho nokuthi ukhona phakade futhi uyazi kahle ukuthi ukhona. Futhi uma silangazelela ukuzwa injabulo yaphakade noma ubukhona bukaNkulunkulu, ngokuqinisekile sifisa ukuba khona kwaphakade, okungaguquki kanye nokuqaphela noma umuzwa oqhubekayo waleyo njabulo.

Sibonise ezinkulumweni zangaphambilini, ngempikiswano enengqondo, ukuthi sonke - kusukela kwabaphezulu kuya kwabaphansi - sifuna injabulo, futhi le ndaba isibe yiqiniso elamukelekayo uma kucatshangelwa izenzo nezisusa zabantu.

Ake siphinde sichaze le mpikiswano kancane: Ake sithi isidalwa esiphakeme sizofika kithi sithi kubo bonke abantu bomhlaba, "O bantu, ngizoninika usizi lwaphakade kanye nobuhlungu obungapheli ngokuba khona kwaphakade. Nizozamukela?" Vele, akekho ongamukela isipho esinjalo, ngoba wonke umuntu

ufisa injabulo yaphakade ngokuba khona kwaphakade. Uma sibheka izisusa zabantu, sibonisa ukuthi wonke umuntu ufisa ukuba nenjabulo.

Ngokufanayo, akekho ofisa ukubhujiswa noma ukuzibhubhisa, njengoba ngisho nokusikisela nje kwabo kuvusa ukwesaba nokwesaba Wonke umuntu ufisa ukuhlala unomphela, kodwa uma kunikezwa ukuphila okuphakade ngaphandle kokwazi noma ukuqaphela lokho kuphila, besizokwenqaba Akekho ofisa ukuphila okungenalutho Sonke sifisa ukuphila okunengqondo okungenasiphelo

Manje, uyini uNkulunkulu? Ukube uNkulunkulu ubeyinto ehlukile kunenjabulo noma injabulo enkulu, ukube ukuhlanguana Naye bekungasiletheli injabulo, noma ukube bekunganciphisi ubuhlungu bethu, besingeke simfise, futhi besingeke siphendukele Kuye Ukube uNkulunkulu ubeyinto engenamsebenzi kithi, besingeke sikhathalele ukusondela Kuye Uyini umbono weNkosi esingaziwa kithi, esingenakukuzwa ukuba khona kwayo ngaphakathi kithi noma okungenani kwezinye izici zokuphila kwethu?

Kungakhathaliseki ukuthi umbono wethu ngoNkulunkulu ungaba yini engqondweni, njengokuthi: (Uphakeme noma ukhona ngaphakathi kithi futhi useduze nathi), lowo mqondo uhlala uzungezwe futhi umbozwe ukungacaci kanye nemfihlakalo ngaphandle kokuthi sizizwele ukuthi ukhona.

Ngenxa yalokhu kudideka nokungacaci ekuqondeni kwethu uNkulunkulu kanye nokuhlangenwe nakho kwethu ngaYe, sizithola singakwazi ukuqonda ukubaluleka kwaKhe kithi kanye nokubaluleka kwaKhe okusebenzayo enkolweni. Lo mbono ongacacile uyehluleka ukukhiqiza ukuqiniseka okwanele ngaphakathi kwethu, ngakho-ke

awushintshi izimpilo zethu noma awuthonyi ngokubonakalayo ukuziphatha kwethu, futhi awusishukumisi ukuba senze umzamo odingekayo wokwazi uNkulunkulu.

Futhi inkolo yomhlaba ithini ngoNkulunkulu? Ithi ubufakazi bokuba khona kukaNkulunkulu bungaphakathi kithi. Kuyisipiliyoni sangaphakathi. Kumelwe ukhumbule okungenani umzuzu owodwa empilweni yakho, emthandazweni noma ekunxuseni, lapho uzizwa khona ukuthi ukulinganiselwa ngokomzimba nezithiyo sekuphelile noma cishe sekuphelile, nokuthi uthando oluncane nenzondo, injabulo nobuhlungu konke kunciphile engqondweni yakho, futhi injabulo nokuthula okumsulwa kwavela enhliziyweni yakho, futhi wajabulela ukuthula okungaphazanyiswa yinoma yini injabulo nokwaneliseka.

Nakuba okuhlangenwe nakho okunjalo okuhle kakhulu kuvame ukunikezwa wonke umuntu, akungabazeki ukuthi ngamunye wethu, ngesikhathi esithile, kungakhathaliseki ukuthi sithandaza, sikhulekela, noma sizindla, uke wabhekana nezikhathi ezimbalwa zokuthokoza ngokomoya nokuthula okumsulwa. Ingabe lokhu akubona ubufakazi bokuthi uNkulunkulu ukhona? Yibuphi obunye ubufakazi obuqondile esingabunikeza bokuba khona kukaNkulunkulu kanye nemvelo yakhe kunenjabulo emsulwa esiyizwayo ngaphakathi kithi ngesikhathi somthandazo oqotho noma ukukhulekela okusuka enhliziyweni?

Naphezu kokuba khona kobufakazi bendawo yonke bokuba khona kukaNkulunkulu—kusukela emphumeleni kuya esizathwini, kusukela emhlabeni kuya kuMdali womhlaba—kukhona futhi impikiswano ye-teleological (ehlobene nokufuna injongo yemvelo),

**kusukela ezinhlelweni zendawo yonke kanye
nokuzivumelanisa nalezo zinhlelo kuya ku-Universal
Intellect, umdali wazo zonke izinhlelo kanye
nokuzivumelanisa Kukhona futhi impikiswano
yokuziphatha: kusukela kunembeza kanye nomuzwa
wokuphelela kuya kuMuntu ongenaphutha esimi
phambi kwakhe, ophendula ngemisebenzi kanye
nemithwalo yethu yemfanelo. Kodwa-ke, kumelwe
kuvunywe ukuthi lezi zimpikiswano ziyimikhiqizo
yokucabanga kwengqondo, ehlukahluka ngezinga,
njengoba singenakuba nolwazi oluphelele noma
oluqondile ngoNkulunkulu ngamandla alinganiselwe
engqondo.**

**Ikhono lokucabanga, noma ingqondo, linikeza
umbono ohlukene nongaqondile wezinto. Ukubona
into ngokwengqondo kusho ukungakuboni ngenkathi
uhlangene nayo, kodwa kunalokho ukuyibona
ngenkathi uhlukile kuyo. Nokho, ukuqonda kuyindlela
eqondile yokubona iqiniso. Ngale ndlela yokubona,
umuntu angathola ukuqonda okujabulisayo noma
ukuqonda kwaphezulu.**

**Akukho ukuphikisana ngokuba khona okuphelele
kokwazi okujabulisayo kanye nokwazi
kukaNkulunkulu, ngoba uma sinokwazi okujabulisayo,
sinomuzwa wokuthi ubuntu bethu noma ubuntu bethu
obulinganiselwe bushintshiwe futhi bashintshwa,
nokuthi sesidlule ububili bothando nenzondo, injabulo
nobuhlungu, sifinyelela ezingeni lapho izimo
ezilinganiselwe zokwazi okuvamile zibonakala khona
ngokucacile. Siphinde sibhekane nokwanda
kwangaphakathi kanye nozwela oluphelele ngazo
zonke izinto. Kulesi simo, umsindo womhlaba
uyanyamalala, injabulo iyanyamalala, futhi
ngaphakathi kithi kuvela umuzwa wobunye bokuba
khona kanye nombono ocacile wokukhanya kwendawo**

yonke. Konke ukungcola kanye nokuphambuka kuyancibilika kube yize, futhi sizizwa sengathi sithuthele kwenye indawo: emthonjeni wenjabulo engapheli kanye nephakade elijabulisayo elingapheli. Ingabe-ke, ukuqonda okujabulisayo akuyona yini ukuqonda kukaNkulunkulu okubonakala ngayo zonke izimo zolwazi ezishiwo ngenhla?

Kusobala-ke ukuthi uNkulunkulu angacatshangwa njengenjabulo kuphela uma simletha endaweni yokuhlangenwe nakho kwabantu okunokuthula nokujabulisayo. Khona-ke uNkulunkulu ngeke esaba yingcinga nje engaphansi kwemibono yobuhlakani. Ingabe lo mbono kaNkulunkulu awudluli konke okunye? Uzembula ezinhliziyweni zethu njengenjabulo yokuzindla, emthandazweni ojulile kanye nokukhulekela okuqotho Ubusisiwe onomphefumulo onokuthula!

Uma siqonda uNkulunkulu ngale ndlela— okungukuthi, njengokubonakaliswa kwenjabulo— khona-ke singenza inkolo ibe yinto edingekayo emhlabeni wonke, ngoba akekho ophika ukuthi ufisa ukuthola injabulo. Futhi uma umuntu efisa ukuyithola ngezindlela ezifanele, ubhekwa njengomuntu okholwayo ngenxa yokusondela kwakhe kuNkulunkulu nokumazi kwakhe, njengoba sichaze uNkulunkulu njengoseduze nenhliziyo ekubonakalisweni kwenjabulo.

Lo muzwa wenjabulo, noma ukuqaphela kwaphezulu, ungangena kuzo zonke izenzo zethu kanye nobuntu bethu uma sikuvumela. Futhi uma sikwazi ukuwugcina, singahlulela inani elingokwenkolo lezenzo nezisusa zawo wonke umuntu emhlabeni.

Uma besingaqaphela, ngisho kanye nje, ukuthi ukuthola ukuqonda okujabulisayo yinkolo yethu,

umgomo wethu, kanye nenjongo yethu yokugcina, khona-ke konke ukungabaza mayelana nencazelo yezimfundiso ezahlukahlukene, izincomo, kanye nokuvinjelwa kwezinkolo ezahlukahlukene zomhlaba bekuzonyamalala Konke bekuzohunyushwa ngokukhanya kwesigaba sentuthuko lapho lezo zimfundiso zabekwa futhi zanqunywa khona. Ukukhanya kweqiniso bekuzokhanya, izimfihlakalo zokuphila bezizokwembulwa, futhi imininingwane yokuphila kwethu, ngezenzo zazo ezahlukahlukene kanye nezisusa, ibizokhanyiswa. Besizokwazi ukuhlukanisa phakathi kweqiniso nokukhohlisa, ukuphaphama namaphupho. Besizobona futhi ubuze bamasiko namasiko avame ukudukisa isintu futhi abeke imingcele phakathi kwabantu. Ngaphezu kwalokho, uma inkolo ibingaqondwa ngale ndlela, akekho kuleli zwe—omncane noma omdala—obengeke akwazi ukuyenza, kungakhathaliseki ukuthi ungumfundi, isisebenzi, ummeli, udokotela, unjiniyela, umbazi, uthisha, isisebenzi, umuntu osiza abanye, noma ngabe yisiphi isikhundla sakhe empilweni.

Uma inkolo imayelana nokususa umuzwa wokuswela nokuthola injabulo, khona-ke ubani ongafuni ukuba nokholo, noma ubani ongeke azame ukuba nokholo ngezinga elikhulu uma efundiswa izindlela nezindlela ezifanele?

Futhi akufanele kugxilwe lapha ekuphindaphindeneni kwezinkolo Wonke umuntu emhlabeni angaba nenkolo ngendlela yakhe, futhi angakwenza lokho ngempumelelo ngokusebenzisa izindlela ezisebenzayo Lapha, akukho ukubandlulula okusekelwe esigabeni noma enkolelweni, eqenjini noma enhlanganweni, ekugqokeni noma esimweni sezulu, eminyakeni noma ubulili, emsebenzini noma

**esimweni, ngoba lokhu kuyinkolo yomhlaba wonke
Njengoba uNkulunkulu eyinsika eyisisekelo yazo
zonke izinkolo nezinkolelo, ukuMqaphela ngenjabulo
kuyintambo efanayo engqondweni yabaprofethi bazo
zonke izinkolo Akufanele kucatshangwe ukuthi lo
mbono kaNkulunkulu awuqondakali noma awuhlobene
namathemba ethu angokomoya nezifiso zethu**

**UNkulunkulu akayena umuntu onjengathi,
onemibono yethu elinganiselwe kanye nombono
womuntu olinganiselwe Ukuba khona kwethu,
ukuqonda, imizwa, kanye namakhono okudala
kumane kuyizithunzi zokuqonda Kwakhe kanye
nenjabulo Yakhe. Ungubukhona obuphelele
nobungaphezu kwamandla, kuyilapho ukuba khona
kwethu, ukuqonda, kanye nemizwa kulinganiselwe
futhi kuvamile. Lezi zinto azinamkhawulo ekubeni
nguNkulunkulu; ngempela, zingaphezu kwamandla
futhi azinamkhawulo.**

**Sizwa uNkulunkulu enokuthula okuphelele, futhi
siyambona ngokuqaphela okujabulisayo Yibuphi
ubufakazi obengeziwe bokuba khona Kwakhe? Kulesi
simo senjabulo, amathemba ethu angokomoya kanye
nezifiso zethu zithola ukugcwaliseka nokugcwaliseka
kuNkulunkulu, njengoba nje izifiso zethu zithola into
noma into yokukhulekelwa**

**Ngokwazi injabulo siphakama ngaphezu
kwenjabulo nosizi lwezwe, kodwa asidluli isidingo
sokufeza imisebenzi nezibopho zethu.**

**Umuntu onolwazi ngokwakhe uyazi ngokuqiniseka
ukuthi uNkulunkulu ungukuphela komuntu okhona,
ngoba wonke amandla okufeza afika kithi evela kuYe
Ngokukhula kokuhlukana, ubugovu obuncane
buyaphela futhi bunciphe, futhi sinomuzwa wokuthi
senza imisebenzi yethu esinikezwe yona esiteji
somhlaba ngaphandle kokuthinteka ngokwengqondo**

**yizimo ezinhle noma ezimbi, ngothando noma inzondo
ehambisana nalezi zindima Lo mdlalo wokuphila
awunasiqalo noma isiphetho Ngamunye wethu kumele
adlale indima esinikezwe yona nguMqondisi Omkhulu
weSiteji ngaphandle kokukhononda noma ukucasuka,
ngenxa yothando lomdlalo kanye nenhlonipho
kuMqondisi Labo abafinyelela ukuqaphela injabulo
bazozwa ukuthi umhlaba uyisiteji futhi bazofeza
indima yabo ngokusemandleni abo kanye namakhono
obuciko, bekhumbula njalo ukuthi basebenza
ngaphansi kwesiqondiso kanye nesiqondiso
soMqondisi Omkhulu weSiteji: uNkulunkulu
uSomandla, umthombo wabo bonke ubuhle nenjabulo
ekhona**

Ukuthula makube phezu kwakho

Imibono yokuqonda kwendawo yonke

Umuntu ubonakala njengesihambi esihamba sodwa

kuleli zwe

Abantu acabanga ukuthi bangabakhe ababona

ngempela

Iziphetho zethu zinquma izindlela zomuntu ngamunye

wethu, futhi akekho ongalawula noma abe ngumnikazi

.womunye umuntu

Noma kunjalo, asisodwa kuleli zwe, njengoba kukhona

ubudlelwano obuseduze obunezimpende ezijulile nezihlala

njalo, lapho sithola khona ukwesekwa nenjabulo

?Bangobani laba bantu abaseduze nathi

Akuzona njalo amalungu omndeni wethu, kodwa

.kunalokho yilabo esizizwa sinobuhlobo obuqinile nabo

Isibonelo, kunabantu lapho izimiso engikholelwa kuzo

zikhuliswe futhi zakhula. Bayangithanda, futhi

ngiyabathanda futhi ngiyabahlonipha, futhi nginomuzwa

Indoda nowesifazane abahlanganisa izimpilo zabo ukuze
basizane futhi bakhuthazane ngezindinganiso nemibono
emihle bakha umshado wabo ezisekelweni zothando
olungenamibandela

Ukuhlakulela uthando olumsulwa nolungenamibandela
phakathi kwendoda nomkayo, abazali nezingane, umngane
nomngane, mina kanye nabo bonke abanye kuyisifundo
.esize ukuzosifunda kuleli zwe

Umshado weqiniso uyilabhorethri lapho ubuthi
bobugovu, intukuthelo embi, nokuziphatha okubi kuthululwa
khona epayipini lokuvivinya lokubekezela ukuze kuncishiswe
futhi kushintshwe lezo zinhlopheko ngamandla
ashukumisayo othando kanye nomzamo oqhubekayo
.wokwenza ngobuhle nangesithunzi

Uma kukhona isici esithile kumlingani (A) esivusa isici esingathandeki kumlingani (B), khona-ke umlingani (B) kufanele aqaphele ukuthi kukhona isizathu salokhu, okuwukudalula ubuthi obufihliwe ngaphakathi kuye ukuze abubone futhi abususe, ngaleyo ndlela ahlanze ubuntu .bakhe kanye nemvelo yakhe

Into enkulu kakhulu indoda nomfazi abangafisana ngayo
ukuvuleleka ngokomoya, okuletha izimfanelo ezinhle
.zokuqonda, ukubekezela, ukukhathalela nothando
Kodwa kumelwe bakhumbule ukuthi ukukhula

ngokomoya akunakuphoqe lewa ngenkani komunye umuntu
Uma umuntu ezwa uthando ngaphakathi kuye futhi
eluhumusha ngolimi lwezenzo zakhe, abathandekayo bakhe
bazozwa ithonya lakhe elihle futhi babuyisele ngothando
.nangenhlonipho ngendlela efanayo

Ngaphandle kokuba imibhangqwana eshadile iqonde
injongo ephakeme yomshado, ingase ingajabuli impilo
.yomshado ejabulisayo

Ubulili obedlulele, ukujwayelana ngokweqile,
ukuhlukumeza okulimazayo, izinsolo ezimbi, amazwi
nezenzo ezihlambalazayo, ukuxabana phambi kwezingane,
ukuveza intukuthelo, nokusola omunye umlingani
ngezinkinga lezi yizinto okungafanele zivunyelwe ukuthi
.zibhidlize izisekelo zomshado

Indoda nomfazi kumelwe bathembeke komunye
nomunye futhi ngamunye kumelwe enze konke
okusemandleni akhe ukuze enze omunye ajabule ngazo
zonke izindlela angakwazi ngazo

Abalingani bokuphila akufanele bahlukane ngoba
omunye umlingani engenazo izifiso ezingokomoya, kodwa
kunalokho ngamunye kufanele abe nethonya elihle komunye
.isikhathi eside ngangokunokwenzeka

Umshado uyilabhorethri enhle yokuthuthukisa imizwa
yothando kanye nenhlonipho ehlangene

Futhi kuyisikole sokuthuthukisa intando enhle,
ukuhlanza uthando ekungcoleni, kanye nokudela izinto
zobugovu ukuze kusebenzelwe futhi kwenziwe abanye
.bajabule

Empilweni yomshado, kubalulekile ukuhlonipha umbono
womunye umuntu nokugwema ukuxabana nokuxabana
ngezinto ezingasho lutho. Ukuhloniphana kudala injabulo,
kuyilapho ukululaza umbono womunye umuntu kuholela
ekucindezelekeni ngokomzwelo, inzondo, kanye
.nokonakalisa umoya

Umshado ophumelelayo usekelwe ezimfanelweni
eziphakeme ezingokomoya nezingokwengqondo
njengothando olukhanyayo, umusa, ukubekezelelana,
uzwela, ukuqondana okunobungane, ukuvuleka
kwengqondo, kanye nemizwa ebucayi

Amadoda nabafazi kumele bazizwe bethandana futhi
bangagcini lowo muzwa ezikhathini ezithile, kungenjalo
bazozithola beya emathafeni okudinwa, inzondo, noma
.ngisho nenzondo efanayo mhlawumbe nesehlukaniso

Uthando lunamandla kunobuthakathaka bomzimba
noma bengqondo, ngakho-ke akufanele luboshwe yizimo
Uthando alunakuphucwa omunye umuntu ngenkani,
kodwa lungamukelwa kuphela njengesipho esizenzakalelayo
kusuka enhliziyweni kuya enhliziyweni
Uthando luyakhula futhi luchume endaweni
yokubekezelelana nokwethembana, futhi luyafa endaweni
yomona nomona
Uthando luhlala eduze - ukude futhi lufa ekwazaneni
okudukile

Futhi phakathi kwezibonakaliso zaKhe ukuthi wanidalela
abangani benu ukuze nithole ukuthula kubo; futhi wabeka
phakathi kwenu uthando nomusa. Ngempela kulokho
.kunezibonakaliso kubantu abacabangayo
{futhi laba ababili bayakuba nyamanye}

Imfuneko yokuqala nebaluleke kakhulu yomshado
ojabulisayo ubunye bomoya - ukufana ekuthambekeleni
nasezinhlosweni ezingokomoya, kanye nesifiso sangempela
.sokufeza leyo migomo ngokutadisha, umzamo, nokuzithiba
Imibhangqwana ehlanganyela ubunye bomoya izokwazi
ukwenza umshado wayo uphumelele ngisho noma ezinye
.izici zingatholakali

Imfuneko yesibili yomshado ophumelelayo ukufana
kwezintshisekelo zengqondo, ezenhlalo, ezemvelo kanye
nezinye

Imfuneko yesithathu nengabalulekile kangako, nakuba
ivame ukuba yinto eza kuqala phakathi kwabantu
abangakakhanyiselwa, ukukhanga ngokomzimba
Ukukhanga ngokomzimba kulahlekelwa ngokushesha
ukukhanga namandla uma imfuneko yokuqala noma yesibili
ingahlangatshezwanga

* * *

Kumelwe sikhuthale kuleli zwe, futhi senze umsebenzi
owusizo nowakhayo

Kodwa uma sesiqedile imisebenzi yethu, kufanele
.siziphumule futhi sifune ukuthula ngaphakathi kwethu
Kumelwe futhi sikhumbule ukuthi izinzwa zethu zidinga
ukuphumula nokuthula ukuze zibuyisele amandla futhi
.zivuselele amandla
Uma sinesimiso sezinzwa esizolile, sizophumelela kukho
konke esikwenzayo, futhi ngaphezu kwalokho, sizovumelana
.nathi futhi sivumelane noNkulunkulu

* * *

:Wathi eqenjini labalandeli
Indebe yokuphila kwakho iyachichima futhi igcwele
ubukhona bukaNkulunkulu, kodwa ngenxa yokunganaki
.kwakho awuzizwa lobo bukhona obubusisiwe
Uma uvumelana nomsakazo, uzizwa sengathi
usondelene noNkulunkulu
Uma ugcwalisa ibhoddlela ngamanzi olwandle, ulivale
ngokuqinile nge-cork, bese uliphonsa olwandle, amanzi
angaphakathi kwebhoddlela namanzi olwandle ngeke
ahlangane. Kodwa-ke, uma ususa i-cork, izohlangana
.ngokushesha
Ngakho-ke, kumelwe sisuse ipulaki lokunganaki
nokunganaki ebhoddleleni lokuqonda kwethu ngaphambi
.kokuba sithinte ubukhona bukaNkulunkulu
Isihluthulelo Sepharadesi Nenjabulo
Ngenhlanhla, singaqala noma nini nanoma kuphi sigxile
ekuthuthukiseni izimfanelo ezinhle esingenazo
Uma singenawo amandla okuzimisela, masigxile
ekubhekaneni naleso sici, futhi ngomzamo oqondile,
.sizokwazi ukuqinisa intando yethu ngosizo lukaNkulunkulu
Uma sifuna ukuzikhulula ekwesabeni, kumelwe
sicabange ngesibindi, futhi isikhathi sizofika lapho
.sizokhululwa khona ekubanjweni ukwesaba
Kalula nje, okudingeka sikwenze nje ukufaka
esikhundleni semicabango ekhathazayo esifuna ukuyisusa
ngemicabango emihle neyakhayo. Lesi yisihluthulelo

sepharadesi lenjabulo nempumelelo, futhi siyatholakala
.kunoma ubani ofuna ukusisebenzisa

* * *

Abanye bangase bacabange ukuthi akunakwenzeka
ukuzama ukunqoba inzondo nokuphefumulela isintu
ngothando olungcwele oluye lwabonwa futhi lwamenyezelwa
ngabahlakaniphileyo, kodwa kunesidingo esikhulu
sokushintsha inkambo bese kufakwa uthando esikhundleni
.senzondo

Imibono yokungakholelwa kuNkulunkulu ilwa
nemithetho yasezulwini futhi izama ukukhipha imiqondo
engokomoya emiphefumulweni yabantu, futhi umhlaba
.ugijimela endaweni engaziwa ngokushesha nangokushesha
Lapho sizama ukuvimba isiphepho esinamandla,
ngezinye izikhathi singase sibukeke njengezintuthwane
ezincane ezibhukuda olwandle, kodwa akumelwe siwabukele
phansi amandla okuhle uNkulunkulu awabeke kumuntu, futhi
.akufanele sibukele phansi lokho esingakwenza
Okuwukuphela kwento ezoqeda ukuhlupheka komhlaba
—ngaphezu kwemali noma ezinye izindlela ezibonakalayo—
ukuzindla nokuthumela amagagasi okuqwashisa ngokomoya
.azwakala ngabazindlayo

Kumelwe sisakaze imiyalezo yentando enhle nentando
enhle emhlabeni, sizame ukuqonda uhlelo lukaNkulunkulu
ngesintu, futhi sisebenze ngokuvumelana nentando Yakhe
.ehlakaniphile yendawo yonke
"Ngathi kuye: "Vuka

Uma udlula kuzo zonke izinto ozibonayo, umamatheka
futhi uthembele kuNkulunkulu, ngaphandle kokungabaza
okufika engqondweni yakho, uzobona ukuthi umthetho
.kaNkulunkulu usebenza kanjani
ngesikhathi ngihlela uhambo lokufundisa ,[Ngawo-1920]

eSan Francisco, ngangine-\$200 kuphela ebhange,
okwakunganele ngisho nokuqala uhambo, futhi

kwakunezikweletu ezinkulu okwakufanele ngizikhokhe,
:ngakho ngathi

UNkulunkulu unami. Ungiphathise lo msebenzi futhi"

uzongisiza ukuwufeza, ngoba umsebenzi engiwenzayo
ungowakhe futhi ngokuqinisekile uzongisiza futhi enze izinto
".zibe lula kimi

Ngisho noma umhlaba wonke ungakushiya, futhi wazi
ngokuqinisekile ukuthi uNkulunkulu unawe, imithetho Yakhe
izokusebenzela izimangaliso

Lapho unobhala wami efika kimi futhi ngimtshela
ngenani lemali enganginayo ebhange, washaqeka futhi
.wawa phansi ngempela

"Ngathi kuye: "Vuka

Waphendula ethuthumela: "Sizoya ejele ngoba asikwazi

"!ukukhokha izikweletu esizikweletayo

Ngathi, "Ngeke siye ejele Ezinsukwini eziyisikhombisa

sizoba nayo yonke imali esiyidingayo kulolu hambo

"lokufundisa

Ukungabaza kwakudlangile ngaphakathi kwakhe, kanti

ukholo lwami lwaluqinile

Ngangingadingi mali ukuze ngizuze noma ngibe

nenhloso, kodwa kunalokho ukuze ngisakaze umyalezo
ongcwele. Ukwesaba akuzange kungene enhliziyweni yami
naphezu kobunzima bami obuningi, futhi ngingasho ukuthi

.ukwesaba kuyangesaba

Yini oyisabayo? Akukho okufanele kukwesabise Bhekana

nazo zonke izinkinga ngokholo oluqinile kuNkulunkulu, futhi

ukunqoba kuzoba ngokwakho

Uma inhliziyo igxile kuNkulunkulu, umuntu anganqoba

.zonke izithiyo nezithiyo ngosizo nezibusiso zikaNkulunkulu

Phakathi nalelo sonto, njengoba ngangihamba phambi

kwePalace Hotel, owesifazane osekhulile weza kimi wathi,

"?"Ngingakhuluma nawe

Saxoxa ngamazwi ambalwa, futhi ngaphandle kwesiqalo

"?wathi, "Nginemali eningi, ngingakusiza

Ngaphendula ngathi, "Angiyidingi imali yakho, futhi
"?kungani unginika imali uma ungangazi nokungazi
Waphendula wathi, "Kodwa ngiyazi wena, sengizwile
"okuningi ngawe
Ngabhala isheke ngokushesha lama-\$27,000 (isamba
esikhulu ngalezo zinsuku), futhi ngabona isandla
sikaNkulunkulu ngemuva kwalo
* * *

Ngaphandle kokuba umuntu ethuthukisa ukuqonda
noma ikhono lokuqonda, uzokwenza izinqumo ezingalungile,
akhethe abalingani bebhizinisi abangafanele, futhi ahileleke
.ebuhlotsheeni bomuntu siqu obungalungile
Njengoba ukwahlulela kokuqonda kwezinzwa kusekelwe
kakhulu olwazini olutholwa yingqondo ngezinzwa, uma
izinzwa zikhohliswa ukubukeka, umuntu angakholelwa ukuthi
othile ungumuntu omuhle ngaphandle kokwazi
.okungaphakathi kuzo
Noma angase acabange ukuthi usethole umlingani -
noma umlingani wokuphila - bese engena ebudlelwaneni
bomshado obungaholela empilweni engajabulisi noma
.buphele ngesehlukaniso
Kodwa umuzwa awukaze wenze amaphutha anjalo;
awubheki amandla kazibuthe emehlweni noma ebusweni
obuhle bomuntu, kodwa kunalokho uzwa ngokunembile futhi
ubona ekujuleni kwenhliziyo isimo sangempela salowo
.muntu

Ukuthuthukisa isifiso sokuphila ngokomoya
Angisoze ngawakhohlwa amazwi ashiwo kimi
ngumthengisi esitolo esikhulu lapho ngaya khona
.ukuyozithengela ijazi
Wathi, "Mnumzane, angifuni ukukuthengisela lutho,
"ngizama nje ukuthola ukuthi yini ngempela oyidingayo
Leyo ndoda enomusa ayizange izame ukungithengisela
ijazi layo elibiza kakhulu, kodwa yangibonisa ijazi elingabizi
.kakhulu elalingifanela ngazo zonke izindlela

Ngakhululeka ngokuthola engangikudinga ngentengo
efanelekile

Ngokwenza kanjalo, wangiqlinisekisa ukuthi
.ngiyikhasimende elijwayelekile lenkampani yakhe
Abantu kufanele bangenise isici esingokomoya
ezifisweni zabo ezisebenzayo futhi bacabangele ukunikeza
.insizakalo efanele ezidingweni zabanye abantu
Akwanele ukuthi umuntu athole imali ngokuhlinzeka
ngezinsizakalo futhi athole imali ngokubuyisela, kodwa
kunalokho kufanele asebenzele ukuthola imali futhi
ayisebenzisele ukusungula izikhungo nezikhungo ezikhonza
.izidingo zomphakathi

Uma umuntu eholala imali eningi futhi ngesikhathi
esifanayo esiza abalingani bakhe kanye nabasebenzi,
ingcebo yakhe kanye nokuchuma kwakhe kuyakhula,
ngaleyo ndlela usebenzisa ingcebo yakhe ukusiza abanye
ukuze bakwazi ukuzisiza. Lokhu yilokho engikubiza ngokuthi
""ukuvuselelwa ngokomoya kwesifiso sokuvelela
Abazali abacebile abashiya imali eningi ezinganeni zabo
bavimbela ukukhula kwazo okusekelwe empumelelweni
ezizenzele yona futhi babaphuce ukuzethemba kanye
.nenjabulo yokufeza okuthile

* * *

UNkulunkulu wembule iqiniso lakhe ngezindlela
ezahlukene ngaphakathi kwemiphakathi ezimele, ubuzwe,
.kanye nemicabango yomuntu ngamunye
Ngalobu buningi obukhulu, uNkulunkulu ubeke phambi
kwethu isithombe esishintshayo nesihlukahlukene samandla
afihliwe omuntu, futhi kungumsebenzi womuntu ukukhipha
kulezi zinhlobo eziningi izimfanelo eziphakeme nezinhle
kakhulu futhi azifake kuye, ezweni lakubo, nasemhlabeni
.wakhe

Yilokho abantu abakhanyiselwe abakwenzayo kuzo
zonke izikhathi nendawo

Bangaphambi kweminyaka engamakhulu kunesikhathi
sabo, futhi ngemibono yabo evulekile kanye nokuqonda
okukhulayo, babonisa izisekelo zeqiniso ezihlala njalo,
.ezingunaphakade futhi ezingaphelelwa yisikhathi
Lezi zimiso ziwumgogodla wobuciko beqiniso bempilo
ejabulisayo. Ziyizimiso ezibalulekile, ezisebenzayo, futhi
ezibalulekile empumelelweni nasenjabulweni yawo wonke
.umuntu

Umehluko phakathi kwabantu, izizwe, ubuzwe kanye
nezimfundiso ezahlukene akufanele uqhubekisele phambili
ukuhlukana phakathi kwabantu, kodwa kunalokho usebenze
njengesibonelo esiyisisekelo sokuqhathanisa nokukhetha
izici nezindlela ezinhle kakhulu ezifaka isandla
.ekuthuthukisweni komuntu kanye nomphakathi ofanele
Ubuciko bokuzethemba

Bambalwa labo abangajabula bengenazo izinto abanazo,
noma okungenani bengenayo imali eyanele kanye nempilo
enhle

Iningi labantu lidinga izinto ezithile ukuze lizizwe
lijabule, futhi injabulo yabo incike ezimweni zangaphandle
ngoba ingqondo ayiqeqeshwanga ukujabulela injabulo
yangaphakathi engenamingcele

Umuntu angase acabange ukuthi uzojabula—kwangathi
uNkulunkulu angakubusisa—uma ethola konke akholelwa
ukuthi uyakudinga. Kodwa isifiso sizala isifiso, futhi noma
ubani oqhubeka nokwandisa izifiso zakhe uzothola
.ukwaneliseka njengoba nje amaPleiade engekho emhlabeni
Ngaphambi kokuthi uthenge okuthile, uzizwa sengathi
awukwazi ukuphila ngaphandle kwako nokuthi kumelwe
nakanjani ube nakho, kungakhathaliseki ukuthi intengo
ingakanani. Kodwa uma usunakho, isifiso sakho sako
siyancipha kancane kancane, bese uqala ukucabanga
.ngokuthile okungcono, njalo njalo

Impumelelo ubuciko bokuzanelisa: Thola lokho
okudingayo ngempela bese waneliswa yilokho onakho

Izisebenzi eziningi kanye nezisebenzi zisebenzisa imali
yazo ezintweni ezingadingekile futhi ngenxa yalokho zicwila
.ezikweletini

Bengimazi indoda nomkayo ababehlala endlini enhle
edolobheni. Noma nini lapho bebona into abayifisayo,
babeyithenga ngokushesha, ngisho nangezikhathi ezithile.
Kodwa ekugcineni, indlu yabo enhle yaba umthombo
.wokwesaba kubo

Babengakwazi ukukhokha izitolimende zezinto
ezazingwabelene endlini yabo, ngakho ngake ngathi kubo:
"Lezi zinto akuzona ezakho futhi aninazo, niziboleke
ngezitolimende Pho kungani ningenzi ukuphila kwenu kube
lula ngaphandle kwalezi zinkathazo eziqhubekayo
"?ezibhubhisa konke ukuthula nenjabulo eninayo
Ngenxa yezikweletu ababezifake kuzo, bagcina
belahlekelwe yikho konke, okwabaphoqa ukuthi babuyele
.empilweni elula baqale kabusha

Kunezifiso ezinempilo nezifiso ezingenazithelo Izifiso
ezinempilo nezibalulekile zifana nehhashi elinohlobo
oluphelele, esikhundleni sokukuholela esigodini
sobumnyama, elikuyisa endaweni ekhanyayo yenjabulo
nokwaneliseka. Kungumsebenzi womuntu ukuhlaziya izifiso
ukuze anqume ukuthi zizofaka isandla enjabulweni noma
.zizomdedisela kude nazo

Noma yini ekukhulula ekuthandeni izinto ezibonakalayo
futhi ikusondeze enjabulweni yangempela iyisifiso
esinempilo Yazi ukuthi impumelelo yangempela incike
ekubeni nezifiso ezinempilo, hhayi ekutholeni izinto
.ngokulimaza abanye

Ingcebo etholakala ngezindlela ezisolekayo ingase
ibonakale iphumelela ngaphandle, kodwa ingcebo enjalo
eningi iyawuhlupha umphefumulo futhi iyiphuce ukuthula.
Unembeza okhathazekile—ngiyaxolisa—ufana nesicathulo
esiqinile esingase sibukeke sihle kodwa sibambe unyawo
ngaso sonke isinyathelo

Umuntu ononembeza ohlanzekile unokuthula naye
ngokwakhe, nabanye, kanye noNkulunkulu Uma unembeza
wakho uhlanzekile, ungamelana wedwa nombono
womphakathi womhlaba wonke, futhi kungakhathaliseki
ukuthi ubumnyama obukhulu kangakanani obukuzungezile,
ngosizo lukaNkulunkulu, uzokwazi ukubhoboza ubumnyama
.ngokukhanya konembeza wakho okhanyiselwe

* * *

Asidingi ukudunyiswa nokudunyiswa ngabantu ngoba
imvelo yomuntu ayiguquki futhi inkumbulo yomuntu
yesikhashana

Ukwazisa nokwamukelwa nguNkulunkulu yilokho
okufanele sikulwele futhi sikufune ngenkuthalo, ngoba
ukubaluleka komuntu kuncike ekwamukelweni akutholayo
.kumhloli wezinhliziyo kanye nowazi izimfihlo

Uma simsulwa futhi singcwele emehlweni kaNkulunkulu,
khona-ke yilokho okubaluleke kakhulu

Uma senza imisebenzi emihle, ngezinye izikhathi
kumelwe sihlupheke, kodwa ukukhathala, ukungakhululeki,
ukuzithiba, nokuqeqeshwa kwengqondo akulutho uma
kuqhathaniswa nenjabulo engokomoya okungekho
.nkazimulo yasemhlabeni engalinganiswa nayo

Injabulo yalabo abafikayo inkulu futhi ivuselelwe, futhi
umgomo wokuphila ukufinyelela kuleyo njabulo yaphakade
futhi yonke imibono emihle isisondeza eduze nomgomo
.wethu wokugcina

Imicabango enjalo ifana nomfula oholela olwandle
lomphefumulo, lapho kukhona ukuthula, ukwaneliseka,
.nenjabulo yangaphakathi
impumelelo

Ngidabule ihlathi eliminyene lokungazi
Futhi ngakha indlela yokukhanya ngaphakathi kwayo

Ngiqale ngagqamisa ubuthakathaka kanye
nobuthakathaka obuthile

Ngayilandela ngezihlahla zomshanelo wesifiso onameva

Umlilo wakhula kakhulu
Amalangabi aphakama
Futhi kwanwebeka ukuze kuqedwe ukuqhosha
okuqhoshayo
Nokungazi okusobala
Futhi izilwane ezinesihluku, ezinolaka zenkanuko
zashiswa
Njengoba ngihamba indlela yami
Phakathi komlotha wamaphutha abantu asebephelelwe
yisikhathi
Ngizovula indlela yabo bonke abafisa ukuwela ihlathi
lokungazi
* * *

Ebuhlotsheeni bethu nabanye, kubaluleke kakhulu
ukuqaphela nokwazisa izimfanelo zangaphakathi abazitholile
.empilweni yabo

Uma ufunda abanye ngengqondo evulekile, uzokwazi
ukubaqonda futhi uzwane nabo kangcono, futhi uzokwazi
ukwazi ukuthi ungubani umuntu osebenzelana naye nokuthi
.ungamphatha kanjani

Ungakhulumi nesazi sefilosofi ngokugijima
kwamahhashi, noma nososayensi ngokunakekela indlu
Kufanele sithole ukuthi yini ebalulekile komunye umuntu
bese sikhuluma naye ngalokho, hhayi ngathi ngempela
Ukuncintisana phakathi kwabesilisa nabesifazane
Kubonakala sengathi ukuncintisana bekulokhu kukhona
phakathi kwabesilisa nabesifazane, kodwa bayalingana
.ngomqondo, futhi akekho kubo ongcono kunomunye
Umuntu kufanele aziqhenye ngokubaluleka kwakhe
kwangaphakathi kanye namandla okuziphatha kanye
nezimfanelo ezibalulekile uNkulunkulu azibeke ngaphakathi
.kuye

Indoda ithi abesifazane banomzwelo futhi banamawala
futhi abakwazi ukusingatha izinto ngengqondo
nangokuhlakanipha

Owesifazane ukhononda ngokuthi indoda ayikwazi
ukumqonda nokwazisa imizwa yakhe
Kodwa abesifazane bayakwazi ukucabanga
okunengqondo, yize imizwa ingamandla amakhulu kakhulu
ngokwemvelo yabo
Futhi indoda iyakwazi ukuzwa noma ngabe ukucabanga
kubusa empilweni yayo
Umgomo ukudala ibhalansi phakathi kokucabanga
kanye nemizwa ukuze kungabikho muntu onqoba omunye
noma ochitha indima yakhe
Lokhu kulinganisela kungafinyelelwa ngokuthi bobabili
abesilisa nabesifazane bafunde komunye nomunye
ngobungani nokuqondana
Kwabakhanyiselwe, sithola inhlanganisela emangalisayo
yezimfanelo zobudoda nezesifazane. Futhi lapho sifinyelela
esimweni sokulinganisela okuphelele phakathi kokucabanga
nemizwa, sifunde izifundo ezinkulu esazela zona kulo
.mhlaba

* * *

Ukushaya kwenhliziyo okungokomoya
Ngiyinhansi yokukhanya kwendawo yonke
Ubumina bami obubalulekile abuyona igazi nethambo
Kunalokho, kuwumsebe ovela elangeni laphezulu
Ngizothuthukisa ikhono lokugxila engqondweni
Ngizofunda izincwadi ezinhle nezinto zokwakha
Futhi ngizogxila kakhulu emcabangweni
Futhi ngaphezu kwakho konke
Ngizocwila olwandle lomphefumulo wami
Futhi ngicabanga ngezimfihlo uNkulunkulu azibeke
ngaphakathi kuyo
Ngiyakubuza, Nkosi
Ukuthola ukuzindla emsebenzini wami
Futhi umsebenzi ekucabangeni kwami
Ngakho-ke impilo yami yonke
Isipho sothando nokwethembeka kuwe

?Ngingakuthola
?Ngaphandle kwendawo engcwele yenhliziyoyami
Ngizotshala ama-rose othando lobuzalwane
Enhlabathini yobungani nokwethembeka
Nkosi, sivuse ebuthongweni bethu obungapheli
Masiqaphele ukuba khona kwakho okubonakala
ngokukhanya kwengqondo
Futhi kukhanya ezibani zokuhlakanipha
Ngizophola echibini lothando lwaphezulu
Kufihliwe ngemuva kwezindonga zokuzindla
?Iyini le mpilo egeleza emithanjeni yami
Ingabe kuvumelekile ukuthi ingabi nomthombo
?waphezulu
Umqondo wokukhishwa kwegesi
!Umcabango awunamingcele noma ukuphela
Igama ngalinye elinomusa limelela umqondo wemvelo
yonke, ngoba amazwi anomusa nemicabango emsulwa
inomthombo waphezulu
Kunemibono eminingi emihle edansa esifubeni
solwandle lweqiniso
Ukubonakaliswa kwethu kokuqonda kokuvumelana
kungamagagasi olwandle lokuqonda nolwazi
?Kusho ukuthini ukukhululwa
Kungukuvuselelwa kwempilo kanye nokukhuphukela
emazingeni aphezulu
?Kuyini okuphakanyisiwe futhi kuphakanyiswa kanjani
Kumelwe siqonde incazelo yokuvuselelwa kokuphila
Konke okukhona kudlula enkambisweni yokuguquka
nokuguquka
Lezi zinguquko ziyingozi noma zizuzisa into
eshintshwayo
Isibonelo, uma ngithatha ingilazi engcolile bese
?ngiyishaya phansi kanzima, izoshintsha, akunjalo
Kodwa ushintsho olunjalo aluzuzisi; kunalokho, luhilela
.ukulimaza into ebhujisiwe

Kodwa uma ugeza ingilazi bese uyenza icace futhi
ikhazimule, khona-ke ushintsho luzoba usizo
Ngakho-ke, ukukhululwa kusho noma yiluphi ushintsho
oluzuzisayo, kungaba ezintweni ezibonakalayo noma
kubantu

umsebenzi wokudala
:Kunezinhlobo ezintathu zabantu abanomoya wokudala
Isigaba esiyinqayizivele - esingavamile
isigaba esiphakathi
kanye nesigaba esivamile
Baningi abangaweli kunoma yisiphi salezi zigaba
:Umuntu uthanda ukuzibuza
Ngizamile yini ukudala into entsha neyinqayizivele,"
"?into ezongizuzisa mina nabanye
Leso yisikhathi sokuqala ukuzibandakanya emisebenzini
yokudala

Uma engakakucabangi lokho, ungomunye walabo
abakholelwa ukuthi abanalo ikhono lokudala yize benazo
izingxenye zalo, kodwa iziphakamiso ezingene kubo zivela
ekucabangeni kwabo zibaqinisekile ukuthi kunebanga
.elikhulu phakathi kwabo nokudala
Lowo odlula empilweni njengomhambi olele kumele
:avuke, aziqinisele

Ngineziphiwo ezinhle kakhulu zabantu, umoya"

"wokudala

Wonke umuntu unenhlansi yekhono kanye nesibindi,
okumenza akwazi ukudala into eyinqayizivele. Kodwa-ke,
ithonya lendawo ezungezile lifana ne-hypnosis, futhi
ukuqonda komuntu okulinganiselwe kungakhohliswa kalula
uma umuntu engaqaphile futhi engamelani namathonya
.amabi emvelo

Noma ubani othi kuye, "Yonke imigwaqo igcwele futhi
igcwele, ngakho-ke kuyini ukuzama?" uzivumela ukuba
aweke ngaphansi kwethonya lokukhohlisa lokuqonda kwezwe
okuvimbela ukuzimisela, futhi lokhu kuchaza ukuthi kungani

abantu abaningi bengaphumeleli kuzo zonke izici zokuphila
 .ngoba abanawo umoya wokudala
Umuntu kumele azivumelanise nokuhlangenwe nakho
kokuphila ngokuvumelana nalokho okuqondiswa unembeza
 wakhe nalokho okusikiselwa yinhliziyi yakhe kuye, futhi
 .angenzi ngaphandle kokucabangisisa kahle
Noma ubani onokholo oluqinile ngaphakathi kuye,
uNkulunkulu uzokwandisa ukholo lwakhe, amandla, kanye
 .nokuzimisela ukufeza lokho akufunayo empilweni
 Ngithembele kuNkulunkulu ngokuqinile futhi
 ngikholelwa kakhulu osizweni lwaKhe, ngakho-ke
ungibusisile ngamandla angokomoya abusisiwe, amandla
 angenakunqotshwa ayelokhu engidalela amathuba,
engivulela iminyango, futhi evula izindlela eziningi phambi
 .kwami, ngomusa waKhe
Injabulo yangempela nehlala njalo itholakala
 kuNkulunkulu kuphela
Ulwazi oluvela kuNkulunkulu luyigugu; noma ubani
 olutholayo akafisi lutho olunye
KuNkulunkulu, futhi akukho okunye, kukhona
ukulondeka; Uyisiphephelo kuphela kanye nokuphunyuka
 .kukho konke ukwesaba nokukhathazeka
Ngaphandle kwalokho, akukho ukuphepha
 kwangempela kuleli zwe
Ngakho-ke, kufanele kwenziwe yonke imizamo yokumazi
 nokuxhumana naye ekuseni nasebusuku, nakuwo wonke
 .umsebenzi esiwenzayo kanye nemisebenzi esiyifezayo
Nomaphi lapho uNkulunkulu ekhona, akukho ukwesaba
 noma ukudabuka
Labo abamaziyo abanyakaziswa yizenzakalo zomhlaba
noma izinhlekelele ezahlukahlukene, ngoba baphephile futhi
 bavikelekile ngenxa yokuba khona kukaNkulunkulu nabo
 .kanye nokuvikelwa Kwakhe kubo
Ukunxusa
O, Nkosi

Nakuba ukukhanya kothando lwakho ngezinye izikhathi
kufiphazwa ububi bomhlaba
Kodwa sisebenza kanzima ukukhombisa ukukhanya
kwakho
Kwangathi ukukhanya kokukhanya kwakho okubusisiwe
kungaqhubeka nokugeleza
Iyakhanya phakathi kobumnyama futhi iyixoshe
ngokuphelele
Ngizwa amandla akho amangalisayo egcwala
emzimbeni wami
Ngosizo lwakho nezibusiso zakho, labo abathanda
ubuhle bangakwazi
Ukunqoba ububi bomhlaba
Futhi uthando lwakho luhlala luyimandla amakhulu
Okumelwe kugxilise ezingqondweni nasezinhliziyweni
Ukuqeda izimpi
Ukuphazamiseka kanye nokungahlaliseki
Ngizwa ubuhlungu besintu
Ngifuna ukwenza konke okusemandleni ami ukunciphisa
ukuhlupheka kwabantu
Sibusise, Nkosi, ukuze sikwazi ukuphakamisa izibani
zothando lwakho nokukhanya kwakho
Noma ngabe siphendukela kuphi futhi noma ngabe
siyaphi
Ngifuna ukuba nalabo abakuthandayo
Futhi ngifuna ukujabula ukuzwa igama lakho elingcwele
kakhulu
Uwuthando lokuqala nolokugcina enhliziyweni yami
Busisa wonke umuntu ukuze bazizwele uthando lwakho
nenkazimulo yakho
Masilahle izifiso eziyize namaphupho angenangqondo
Sigcwele uthando lwakho olumangalisayo
Ngifuna ukutshela abanye ngothando lwakho
nezimangaliso zakho
Sifake ulwazi oluqhubekayo ngothando lwakho

Nesifiso esiphuthumayo sokuthinta ubukhona bakho
baphezulu

Masilahle konke okusixoshayo nokusigcina kude nawe

Wena wedwa uyiqiniso laphakade, elingunaphakade,
neliphelele

Akukho ukuphila ngaphandle kwakho

Khulula wonke umuntu njengoba nje ungikhululile

Futhi ngiyabonga ngokusuka ekujuleni komphefumulo

wami

Ukunginika le njabulo ebusisiwe

Okungiphelezela imini nobusuku

Umsebenzi othule kanye nokuthula okusebenzayo

Umuntu akufanele achithe isikhathi sakhe ekutholeni

imali kuphela, kodwa futhi nasekuzivocavoceni, ekufundeni,

ekuzindleni, ekuthandeni uNkulunkulu, nasekuziphatheni

.ngendlela ezolile nengaphazamiseki

Kumelwe sifunde ukuthi singaba kanjani matasa buthule

futhi simatasa buthule, futhi sinikeze imisebenzi yethu

yansuku zonke ukuthula okutholakala ngokucabanga

.ngoNkulunkulu nokubheka izinto kusengaphambili

Kumelwe sifeze umsebenzi wethu ngothando

lomsebenzi, futhi samukele imiphumela ngokulinganisela

kwengqondo, ngaphandle kokwenziwa silulaze impumelelo

.noma sicasuke ngenxa yokwehluleka

Siyakucela, Nkosi, ukuba usisize siphile ngokuthula

ezweni lapho iqiniso lakho lingumqondisi wethu, umholi,

nomeluleki, ukuze siphile ngothando lobuzalwane futhi

sithuthukise imizimba yethu, izingqondo, nemiphefumulo

ngendlela elinganiselayo, ukuze ukuthula kwakho

kwasezulwini kwembulwe ngezimpilo zethu nemisebenzi

.yethu yansuku zonke

Sibusiswe ngempilo, ikhono, ukusebenza kahle, kanye

nokuhlakanipha, kwangathi singakhuthaza abanye abantu

ukuba baveze ubuntu babo obucwengekile kanye

.nezimfanelo zabo ezinhle

Kwangathi ukukhanya kothando lwakho kungakhanya
phezu kwe-altare lokulangazelela kwethu wena
Futhi masibe nekhono lokuvusa uthando lwakho kuzo
zonke izinhliziyiyo

* * *

Omunye wabafundi wabuza ngendlela engcono kakhulu
:yokuthola ukuthula kwangaphakathi, uthisha wathi
Sebenza ekuthuliseni imicabango ekhathazayo ephuma
ngokushesha bese uqondisa umcabango ngaphakathi
Sebenza ekuvumelaniseni imicabango nezifiso zakho
namaqiniso anele futhi aphelele asevele ekhona ngaphakathi
kuwe

Khona-ke uzozwa ukuzwana okumnandi kugcwala
ubuweni bakho futhi kuzungeze impilo yakho nayo yonke
imvelo

Uma amathemba akho kanye nokulindela kwakho
kuhambisana nalokhu kuvumelana okungokwemvelo,
uzohamba kahle futhi kalula ezindleleni zokuphila futhi
.ukhuphukele emaphikweni okuthula
Futhi kulokhu kulele ukujula nobuhle bokuphila
komphefumulo

* * *

Ngezinye izikhathi imibono iphumelela kakhulu
kunamagama

Ingqondo yomuntu ingumthumeli nomemukeli
onamandla kunabo bonke

Uma uqhubeka usakaza imicabango emihle futhi uyinika
amandla othando, leyo micabango izoshiya umbono omuhle
.kwabanye

Ngokufanayo, uma ukhulula imicabango egcwaliswe
umona noma inzondo, abanye bazoyithola leyo micabango
.futhi bayiphendule ngemicabango efanayo
Ngicela uNkulunkulu ukuba asekele imizamo yakho
ngamandla nezibusiso Zakhe

Isibonelo, uma indoda iphambuka endleleni efanele,
umfazi kufanele acele uNkulunkulu ukuba asize umyeni
wakhe futhi asuse imizwa yomhawu nenzondo enhliziyweni
yakhe, futhi enze umyeni wakhe aqaphele iphutha lakhe
.futhi abuyele endleleni efanele
Uma umthandazo uqotho futhi izinhloso zimsulwa,
ushintsho olufiselekayo luzokwenzeka ngosizo
.lukaNkulunkulu

* * *

Ngivame ukusebenzisa amandla okuzimisela ukunqoba
umkhuba owawuzama ukungibamba
Ngesikhathi ngidla izinhlobo ezithile zokudla futhi
ngizithola ngivinjelwe yisifiso salezo zinhlobo zokudla,
ngazigwema lezo zinhlobo zokudla kwaze kwaba yilapho
.isifiso sazo siphela

Ngesikhathi ngiya eSingapore, ngathola isithelo
esimnandi lapho, kodwa ngaziqaphela ukuze ngingadali
isifiso saso, njengoba ngaqaphela ukuthi ngaphandle kokuthi
nginake futhi ngithathe izinyathelo zokuphepha, ngizozithola
ngisifuna ekuseni, emini, nasebusuku, futhi ngale ndlela
.sizibamba

Nakuba ngijabulele kakhulu isithelo ngalolo suku,
angizange ngisiphuthe futhi angizisolanga ngokungabikho
.kwaso ngosuku olulandelayo

Uma sigxila ezintweni esizijabulelayo, asinakho
ukwesaba. Kumelwe sigcine inkululeko yethu ingaphezu
.kwakho konke okunye

Uma ngithi ngeke ngenze okuthile, isinqumo singujuqu
?futhi asinakuguqulwa. Akuyona yini leyo nkululeko
Yeka ukuthi kühle kanjani ukwenza izinto hhayi
ngomkhuba noma ngokuphendula abanye abazama
!ukusinqoba, kodwa ngoba ukuhlakanipha kuyasilawula
Uma ukuhlakanipha kusenza sikholelwe ukuthi senze
okuthile, akukho okufanele kusivimbele ekwenzeni lokho,
.uma nje siqondiswa ukuhlakanipha

Umkhuba ozuzisayo ungasungulwa ngamandla
okuzimisela nokuhlakanipha Nginekhono lokukhetha noma
yikuphi ukuhlakanipha okuphakamisayo
Amaphethini okuqala noma izinhlobo zabantu abaningi
sezizinzile kangangokuthi azikwazi ukuzishintsha, kodwa
labo abagcina imibono yabo iguquguquka ngokuzithoba
.nokuzithiba bangashintsha kalula babe ngcono
Ingqondo kumele ithambeke njengobumba.
Ukuhlakanipha kunikeza lokho kuguquguquka, futhi yileyo
.nkululeko engifuna abanye bayijabulele
Uma umuntu ekhululiwe ebugqilini bomkhuba, uzothola
ukuthi ayikho injabulo enkulu kunokuziphatha
.ngokuzikhethela nangokuzikholelwa
Umuntu akufanele avumele izimo zimshaye futhi
zimshaye futhi zimnqobe, kodwa kunalokho kufanele enze
.konke okusemandleni akhe ukunqoba izimo
Noma ubani onentando eqinile uzonqoba zonke
izinkinga ngosizo lukaNkulunkulu

* * *

Isenzo ngasinye somzimba sinomlingani wengqondo
Sisebenzisa amandla ethu angokomzimba ukwenza
izenzo ezithile, kodwa isenzo sinomthombo emcabangweni,
.futhi siqondiswa umqondisi wengqondo
Ukweba kubi; kodwa ububi obukhulu kakhulu isenzo
sengqondo sokweba, esivula indlela yokweba ngokomzimba,
ngoba ingqondo ingungqondo yangempela
Noma yisiphi isenzo esingalungile umuntu afisa
ukusigwema kumele siqale sisuswe engqondweni yakhe
Uma ugxila esenzweni somzimba kuphela, kunzima
kakhulu ukulawula
Ukugxila kufanele kube sengqondweni nasekulungiseni
imibono eyiphutha, bese isenzo sizosingathwa
.ngokuzenzakalelayo nangokushelelayo nangempumelelo

* * *

Uma uzizwa unokuthula

Kuzo zonke izinyathelo
Kusukela ekunyakazeni komzimba wakho
Futhi uzizwa unokuthula emicabangweni yakho
Futhi entandweni yakho
Futhi othandweni lwakho
Futhi uzizwa enokuthula
Futhi ebukhoneni bukaNkulunkulu
Ezifisweni zakho
Khumbula ukuthi wena
Impilo yakho ifinyelele kuNkulunkulu
Ukudumisa, ukugxekwa, kanye nokuthopha
Ukuthopha kungaba kuhle uma kukhuthaza umuntu
ukuba enze okuhle, kodwa kuyalimaza uma
kusetshenziselwa ukufihla amanxeba angokomoya,
okubangela ukuba akhule futhi ngaleyo ndlela kufake ubuthi
.emphefumulweni ngesifo sokungazi
Iningi labantu lithanda ukuthopha, njengoba nje
abaningi bejabulela ukudla uju ngaphandle kokuqaphela
ukuthi olunye lwalo lungaba yingozi
Ngaphezu kwamazwi athophayo abanye, imicabango
yethu ivame ukuthethelela amaphutha ethu alimazayo futhi
ifihle amathumba amakhulu angokwengqondo angaqhuma
.futhi afake ubuthi empilweni yomuntu yonke engokomoya
Ngakho-ke, ukuthopha kwabanye kithi kanye nokuhleba
kwemicabango yethu ekhululekile kuyajabulisa ekuzweni,
futhi ukuhlakanipha kwethu kuwela ezandleni zamazwi
.anobuthi okuthopha
Kunabaningi abachitha imali, isikhathi, impilo, ngisho
nokuziphatha ngokuzithandela nangamaqhinga ngenxa
.yamazwi akhohlisayo avela kubangani mbumbulu
Imiphefumulo eminingi yonakele ngoba ayizange ilalele
iseluleko esihlakaniphile nangenxa yokuthi yanqotshwa
.isilingo senkulumo emnandi eyayiqukethe ubuqili nobubi
Ukuhlala esihogweni nomuntu oyedwa oqotho noqondile
kungcono kunokuhlala epharadesi nabantu abayishumi

abakhuluma kahle nabangenanhloso embi Abathophayo
baguqula izulu libe isihogo, kuyilapho abangane abalungile
nabathembekile beguqula isihogo sibe izulu
Kumelwe sikhulume iqiniso ngaso sonke isikhathi, futhi
ngesikhathi esifanayo kumelwe sigweme ukulimaza abanye
ngamazwi angaba yiqiniso kodwa anokhahlo futhi angaholeli
.emphumeleni omuhle

Isibonelo, uma ubiza indoda eyimpumputhe ngokuthi
“Wena mpumputhe,” lokho okushoyo kungase kube yiqiniso,
kodwa lolu hlobo lwenkulumo alufiseleki futhi lubangela
imizwa elimele, ngakho-ke isitayela esinjalo esibuhlungu
.kufanele sigwenywe

Akukuhle ukugxeka umuntu ongafuni ukugxekwa,
kodwa kuyasiza ukulalela ukugxekwa okunomusa, futhi
kuhle ukwamukela ukugxekwa okunokhahlo kodwa
.okulungile ngokumomotheka nokwazisa okunobungane
Indoda ehlakaniphileyo yayinomngane owayeyigxeka
kakhulu, futhi abalandeli bendoda ehlakaniphileyo
bacasulwa yilokhu kugxekwa. Ngolunye usuku, omunye
wabafundi weza kumfundisi wakhe ngenjabulo wathi kuye:
".Jabula, mfundisi, ngoba isitha sakho, umgxeki, sesifile
Indoda ehlakaniphile yakhala kakhulu yathi, "O, yeka
ukulahlekelwa okukhulu! Umgxeki wami ongokomoya
omkhulu ushonile, futhi ngizizwa sengathi inhliziyo yami
"iphukile

Iningi labantu alikuthandi ukugxekwa okwakhayo
nokuqondayo, kunalokho likhetha ukudela konke ngenxa
yokuthopha futhi lifulathele amazwi aqotho abantu
abahlakaniphile kanye nokubona kwabo kusengaphambili
.okunembile

:Umuntu kufanele azibuze ngezikhathi ezithile
Ingabe ngikhohlisiwe ngamazwi amnandi futhi"
ngavumela izandla zokuzincoma ukuba zivimbele
ukuhlakanipha kwami futhi ziphuphuthekise ukuqonda
"!kwami

Indaba yoSanta kanye neGhost of Smallpox
Ngesikhathi omunye wabangcwele bakaNkulunkulu
abalungile ezindla ebusuku kakhulu, kwabonakala kuye
isipoki esesabekayo se-smallpox singena edolobhaneni lapho
:ayehlala khona, ngakho wamemeza
Hlala lapho ukhona, sipoki, bese ubuyela lapho uvela"
khona. Ungabalimazi abantu bomuzi lapho ngikhonza khona
".uNkulunkulu

Isipoki saphendula sathi, "Ngizothatha abantu abathathu
kuphela, hhayi abanye, ngokuvumelana nomthetho we-
".karma kanye nokufeza umsebenzi wami womhlaba wonke
Umqaphi wamukela incazelo ngokungathandi
Ngosuku olulandelayo abantu abathathu babulawa yi-
smallpox, kwathi ngosuku lwesithathu kwafa abanye
abaningana, kwathi nsuku zonke ngemva kwalokho abanye
.abantu bendawo baba yizisulu zalesi sifo esibi
Ekholelwa ukuthi wayeyisisulu sokukhohliswa okukhulu,
ungcwele wacabanga ngokujulile wabiza umoya. Lapho
:ubonakala, ungcwele wawukhuza, wathi
Ungikhohlisile, Ghost, futhi awuzange ukhulume iqiniso"
lapho ungitshela ukuthi uzothatha abantu abathathu
"kuphela

Isipoki saphendula, "Ngifunga ngoMoya oPhakeme
"ukuthi ngikhulume iqiniso
Umqaphi wathi, "Ungithembise ukuthi uzothatha abantu
"abathathu, kodwa lesi sifo sesibulale abantu abaningi
Isipoki saphendula sathi: "O mngane kaNkulunkulu,
ngithathe ezintathu kuphela, ezinye zafa ngenxa
".yokwesaba

Yazini, bangani bami – sengathi uNkulunkulu angandisa
ulwazi lwenu – ukuthi ukwesaba kudala ukudlidliza
okungekuhle ngaphakathi komuntu, kumzungezile ngandlela
thile, kumgoqa ngezintambo ezingabonakali okunzima
ukuzisusa, futhi kumenze abe sengozeni yokuthola konke

okubi kwabanye abamzungezile, ngakho-ke uzungezwe
.amagagasi angenampilo
Esimweni esinjalo, uzilethela ukugula, ukukhungatheka,
ukuphelelwa yithemba, ukungabaza, ukuhlupheka, usizi,
.mhlawumbe ngisho nokufa
Amandla Okuzimisela: Isishukumisi Sendawo Yonke
Yonke intshukumo emzimbeni isho ukunyakaza
kwentando
Ngohlelo lwamandla okuzenzela, amandla athunyelwa
ngaphandle kwentambo emzimbeni kusetshenziswa
amandla agciniwe ebuchosheni kanye namandla
.ahlakaniphile azungeze umzimba
Uma ukhathele, unganikeza umzimba amandla
ngokudla, ukuphefumula umoya-mpilo, ukuphuza amanzi
noma ezinye izinto eziwuketshezi
Kodwa uma uqinisa izingalo nomzimba wakho ukuze
uphakamise imithwalo esindayo, uletha amandla emzimbeni
.wakho ngamandla angabonakali okuzimisela
Uma uqinisa umzimba ngokugxila okuqaphelayo (kuze
kube yilapho udlidliza ngaphandle kokucindezeleka), uthinta
amandla asezulwini kaNkulunkulu anikezwe ubuhlakani
Lena yindlela esingakhiqiza ngayo amandla noma
umsebenzi emzimbeni, hhayi emithonjeni yezinto
ezibonakalayo ngaphandle komzimba, kodwa emthonjeni
waphezulu ofihliwe futhi okhona ngaphakathi nangaphandle
.komzimba
Ukuze umuntu afinyelele futhi azuze emandleni e-
cosmic, kumelwe aqale athole isixhumanisi esingekho
phakathi kokuqaphela nezinto ezikhona, phakathi komzimba
nomphefumulo. Lesi sixhumanisi singatholakala ngokugxila,
ukuzindla, nokuqaphela ubunjalo beqiniso bomuntu kanye
.nokuxhumana kwakhe nokuqaphela kwaphezulu
Impilo iyikharavani

Abaningi balabo ababenathi ngonyaka odlule abasekho
nathi manje, futhi ubani owaziyo ukuthi obani abazoba lapha
?ngonyaka ozayo
Yilokho ukuphila, futhi uhambo lwayo luyaqhubeka.

.Yikharavani esihamba nayo isikhashana
Abanye babangane bethu bawele emgodini
wokulahlekelwa, kodwa lapho izinhlungu ababhekene nazo
zibanqoba, bazoqala ukufuna isiqondiso nesiqondiso
eNkosini yenqola, eyiNkosi yalo mhlaba: uNkulunkulu
.uSomandla

Nakuba sihlukene kule kharavani, futhi imfihlakalo
izungeze isiqalo nesiphetho, impilo isenencazelo ejulile:
isikhumbuza ukubaluleka kokufuna uNkulunkulu ngobuqotho
:Leli zwe lingafaniswa nomdlalo

Lokhu kuphila kuyindaba elandiswa ngumlingiswa,"
"ubusuku buyisivikelo kanti usuku luyindawo yokudlala
Abadlali abaveli ezeni Kukhona indawo engemuva
kwesiteji, futhi ngemva kokuba izindima zabo seziphelile,
abadlali abayeki ukuphila, kodwa kunalokho banyamalala
ngemuva kwekhethini le-ether befuna ukuphumula
Silapha ngokuvumelana nohlelo loMqondisi weDivine
Theatre lokudlala izindima zethu isikhashana kulesi sigaba
.sokuphila bese sishiya indawo

Asifi ngomqondo wendabuko wokufa, kodwa kunalokho
siyanyamalala ngemuva kwesihenqo sesikhathi,
.ngokwesiqondiso somqondisi weshashalazi lendawo yonke
Sizovela esiteji sokuphila isikhathi ngasinye kuze kube
yilapho sesikwazi kahle ukusebenza futhi sidlale izindima
.zethu ngendlela efanele ngokwentando kaNkulunkulu
Uma sithuthukisa ukusebenza kwethu futhi silandela

intando yoMphathi Omkhulu noMhleli ngaphandle
kokulahlekelwa isibindi noma ukuphazamisa imininingwane
yohlelo olubekwe nguNkulunkulu, ngeke sisadinga ukuzama
futhi, kodwa sizoba yizinsika ezingafi esakhiweni sokuba

khona kwaphakade, izakhamuzi zaphakade eMbusweni
.weZulu

Bazohlala khona kuze kube phakade
Lowo onqobayo, ngiyakumenza insika ethempelini lami}
{laphezulu, futhi akasoze aphinde aphume
* * *

Ekuqaleni ngangingabaza ukuba uthisha, njengoba
izidingo nemiphumela kukhulu futhi kuyesabisa, njengoba
uthisha kumele abe ngumuntu okwaziyo ukumunca
ukwethuka, futhi lapho ephazamiseka futhi edidekile,
.akakwazi ukusiza labo abacela usizo lwakhe
Umfundisi weqiniso kumele athande wonke umuntu,
aqonde isintu, futhi azi uNkulunkulu
Lapho uthisha wami (uSri Yuktiswar) engitshela ukuthi
indima yami kule mpilo yayiwumfundisi ongokomoya,
ngacela amandla angenamkhawulo kaNkulunkulu ukuba
.angisekele

Lapho ngiqala ukunikeza izinkulumo, ngenza inhloso
yokuthi angizukukhuluma ngolwazi lwezincwadi ezithathwe
esifundweni semfundiso, kodwa ngokuphefumulelwa
kwangaphakathi, ngiqaphela ngokugcwele ukuthi amandla
okudala angomi njalo futhi umthombo wawo awupheli
.ungemuva kwawo wonke amazwi ami
Lawo mandla asetshenziswe nakwezinye izindawo
ukusiza abanye emsebenzini wabo nangezindlela eziningi
.ezahlukene

Ngisebenzise ingqondo yomuntu ukugqamisa ukungafi
Angishongo ukuthi, "Yenzela mina, Nkosi," kodwa
kunalokho, "Ngifuna ukukwenza, Nkosi, futhi ngicela
"ungiqondise, ungikhuthaze, futhi ungibambe ngesandla
Umuntu angenza izinto ezincane ngendlela
eyingqayizivele kakhulu
Kufanele abe ngcono kakhulu emkhakheni wakhe
womsebenzi, futhi angavumeli impilo yakhe iqhubeke
ngendlela evamile

Futhi ukufeza into ewusizo okungekho muntu owake
wayenza ngaphambili into ezomangaza umhlaba
Futhi ukukhombisa ukuthi isici saphezulu esidala
nesisha sisebenza ngaye futhi sisebenza ngaye
Umuntu kumelwe abe nokuzimisela
okungantengantengi kanye nesinqumo sokuhamba
ezindleleni zokuphila ngaphandle kokuvumela imicabango
yokwehluleka namaphutha esikhathi esidlule ukuthi ime
.njengezithiyo endleleni
Impilo ingaba mnyama, ubunzima bungafika futhi
amathuba angalahleka ngaphandle kokubanjwa, kodwa
umfundi akufanele azitshele ukuthi, "UNkulunkulu ungilahlele
"futhi isiphetho sami sivaliwe
?Ubani onganikeza usizo kumuntu onjengalona
Umndeni womuntu ungase umlahle, inhlanhla
ingamshiya - ngokombono wakhe - futhi amandla abantu
nawemvelo angamceba, kodwa angakwazi, ngomusa
kaNkulunkulu nomoya wokudala ngaphakathi kuye,
ukuxosha konke ukuhlasela okuphikisayo futhi ahambe
.ngokunqoba aye epharadesi lempumelelo yangempela
Ngisho noma unqotshwa izikhathi eziyikhulu, nquma
ukuthi uzonqoba ubunzima futhi uwine umqhele
.wenkazimulo
Ukudumazeka akuhlali phakade, futhi ukukhungatheka
kuyisivivinyo sesikhashana
UNkulunkulu ufuna sinqobe empilweni futhi sibonise
amandla aphelele ngaphakathi kithi, ukuze sikwazi ukufeza
.indima yethu ephakeme esiteji sempilo ngempumelelo
Esihogweni noSage
Kwake kwaba khona umuntu owayezidela
ngokuzithandela ozinikele osebeni lomfula obusisiwe.
Wachitha iminyaka eminingi yokuphila kwakhe ecabanga
ngokujulile, kodwa ngeshwa, imizamo yakhe ayizange ithele
izithelo, futhi akazange ajabule ngokuvuna isivuno esikhulu
sokuthula, naphezu kwemizamo yakhe yokufuna

nokuphenya izimfihlo zokuphila kanye nemithombo
.yenjabulo

Nakuba umngane wethu wayezungezwe sonke isikhathi
isimo sasezulwini ngokwezindawo ezinhle, imiphefumulo
enomusa, izincwadi eziyigugu, kanye nezindilinga
ezibusisiwe zezikhumbuzo, ingqondo yakhe yaqhubeka
nokucabanga ngezindlela ezifanele kakhulu zokuphanga
.abantu nokubalimaza

Lokho kucabanga kwakungaphezu kwamandla akhe
futhi kwakubonakala sengathi kuvela ezinhlosweni zasendulo
ze-karmic. Lapho ezama kakhulu ukususa leyo micabango
engathandeki, yilapho yayihlasela khona ingqondo yakhe,
.iphazamisa ukuthula kwakhe futhi imphuca ukuthula
Ekugcineni, wazithembisa, ethi: "Ngizoqhubeka
nokuthandaza nokunxusa, futhi ngeke ngiyeke ngize
ngikhululeke kule micabango ephazamisayo engihlaba
"eceleni kokuthula kwami ngesikhathi ngizindla
Kwadlula ihora, kwabe sekudlula amabili, kwafika
imicabango emibi engqondweni yakhe njengesiphepho,
yashaya isakhiwo sokuzindla kwakhe futhi yasinyakazisa
.ngamandla

Ekugcineni, ngemva kwamahora amathathu omzamo
onzima, imicabango ephazamisayo yanyamalala
ngokuzumayo engqondweni yakhe, futhi esikhundleni sayo,
wabona embonweni omuhle ongcwele kaNkulunkulu emi
.enyameni nasegazini phambi kwakhe

Lo santa okhanyayo akabonakalanga nje kuphela ephila
:kodwa futhi wakhuluma ngesisa esikhulu, ethi
Ndodana yami, ekwakhiweni kwakho kwasekuqaleni"

wawuyisela lochwepheshe ngaphandle kokukhathalela
abanye nokubaphuca izimpahla zabo. Kodwa ngaphambi nje
kokufa kwakho unembeza wakho wavuka futhi wazimisela
ukuzilungisa futhi wazithembisa ukuthi uzoshintsha
ukuziphatha kwakho okuhlazisayo futhi ulandele indlela
yobuhle. Ngenxa yalesi sizathu wazalelwa kulo mpilo

uzimisele kakhulu ngokomoya ukuba ngumuntu omuhle,
kodwa noma kunjalo waletha nemicabango emibi eyayigxile
empilweni yakho ekwakhiweni kwakho kwangaphambilini
".kwasekuqaleni

Kuyishwa, ndodana yami, ukuthi uphila kulezi zikhathi"

ezibusisiwe, uzungezwe abangane abahle, imibuthano
yokukhumbula nokuzindla, kodwa naphezu kwakho konke
lokho, uphila esihogweni sokukhathazeka kwengqondo

".kanye nemicabango ebhubhisayo nephazamisayo
Ngemva kokuthula isikhashana, umqaphi waqhubeka
:nenkulumo yakhe

Ngakho-ke, ngokomthetho wendawo yonke, futhi"
ngenxa yokuthi awuzange wenze konke okusemandleni akho
ukusizakala ngamathuba angokomoya atholakalayo kulo
mzimba, ngaphandle kokuthi uphinde kabili imizamo yakho
yokuzindla manje, ngesikhathi sokufa kuzodingeka ukhethe
:phakathi kwezinto ezimbili

Ungaphila ezulwini neziwula eziyishumi noma uphile"

esihogweni nendoda eyodwa ehlakaniphile, iyiphi
"?ongathanda ukuyenza

:Umfundi waphendula ngaphandle kokungabaza

O mngane kaNkulunkulu, ngithanda ukuhlala"

esihogweni nendoda eyodwa ehlakaniphile ngoba ngiyazi
ngokuhlangenwe nakho kwami ukuthi iziwula eziyishumi ziya
esihogweni ziphuma epharadesi, kuyilapho ngikholelwa
enhliziyweni yami futhi ngiyazi ngokuqinisekile ukuthi uma
nginomuntu oyedwa ohlakaniphile, ngisho noma
ngingaphansi komhlaba ongaphansi komhlaba uzongisiza
".ngiguqule isihogo sibe yipharadesi

Inkululeko yokufisa

Abaningi banomuzwa wokuthi kufanele badle inyama
kathathu ngosuku, kanti abanye bakholelwa ukuthi kufanele
badle imifino namantongomane kuphela nokuthi bazogula
!uma beshintshashintsha ukudla kwabo kancane

Izinkolelo ezinjalo ziwuhlobo lobugqila. Umuntu
akufanele avumele noma yimiphi imikhuba yokuphila
imvimbele, kodwa kunalokho kufanele abe nekhono
lokushintsha imikhuba yakhe ngokuya ngalokho
.ukuhlakanipha okusikiselayo nalokho okulungile okukushoyo
Kumelwe sifunde ukuphila ngobugqotho, sisebenzisa
amandla okuzikhethela ngokukhululeka, siqhutshwa futhi
siqondiswa ulwazi olunembile
Umuntu kufanele akwazi ukulala kumatilasi othambile
ngobusuku obunye, futhi alale phansi ngobusuku obunye,
.ngenduduzo efanayo
Lokho kuphunyuka okumangalisayo emikhawulweni
yomkhuba kuyinkululeko efunwa abahlakaniphileyo
Abanye abantu bakholelwa ukuthi inkululeko iwukwenza
noma yini umuntu athanda ukuyenza, futhi yilokhu
.engikubiza ngokuthi inkululeko yokufisa nokufisa
Ngenxa yokungaqondi kahle ngesimo sangempela
senkululeko, abanye abazali benza izingane zabo zibe
yizigqila zemikhuba ngokulalela izifiso zabo ngaphandle
.kokuqonda
Ngalesi sisekelo, umntwana ukhula ekholelwa ukuthi
uma nje izifiso zakhe zigcwaliseka, uzohlala ejabule nokuthi
.injongo yokuphila ukwanelisa izifiso
Kodwa kamuva uyaqaphela ukuthi ukhohlisiwe. Izwe
elingaphandle kwekhaya lihluke ngokuphelele kulokho
.akubona futhi wajwayela ngaphakathi kwekhaya
Akulula ukwanelisa yonke into efunwayo empilweni!
Abanye bangamcindezela eceleni ekufuneni kwabo ukuthola
lokho akufunayo, naye abe novalo, abe nenhliziyo elukhuni
ukuze agcwalise izifiso zakhe futhi afeze izifiso zakhe,
ekholelwa ukuthi ukugcwalisa izifiso zenyama kuwumgomo
.oyinhloko womuntu, eqiniseka ukuthi leli zwe liyikho konke
Abazali kumele bahlomise izingane zabo ngentando
eqinile kanye nokwahlulela okunengqondo ukuze zikwazi

ukuphila ezweni ngaphandle kokuthonywa yimikhuba yalo
.emibi

* * *

Sidumisa futhi sibonga uNkulunkulu ngesipho sonyaka
omusha ngamunye kanye namathemba nezithembiso
zokugcwaliseka okusilethela kona
Akukho mandla amakhulu kunokunxusa okuqotho
nokusuka enhliziyweni kokuxhumana noNkulunkulu,
ukuletha izinguquko ezinhle kakhulu ekuphileni kwabantu
ngabanye nasezimweni zomhlaba, nokufeza ukuthula
.nobudlelwano babantu

Sithandaza kuNkulunkulu ukuthi imithandazo yomuntu
ngamunye eqotho, ukuqonda okuphezulu, nolwazi
olukhulayo kuzoguquka kube amandla angokomoya
.abusisiwe aletha ushintsho lwangempela emhlabeni
Sibusise, Nkosi, ukuze siqondiswe ukukhanya kwakho
nezibani ezikhanyisayo ezindleleni, futhi ukuze sivuse
uthando lwakho ezinhliziyweni zethu nasezinhliziyweni
zabanye, futhi siphathe izibani zokukhanya okuphilayo futhi
sisebenzise amakhono ethu kulokho okukujabulisayo futhi
.kuzuze abantu

Sisize ukuba sizenzele imisele lapho amandla akho
emkhathini kanye nokukhanya okuqondisayo kungageleza
khona ukusiza abanye nokunciphisa usizi lwabo
nokuhlupheka, ngoba ngenxa yakho sinamandla okusiza
.isintu kanye nathi ngokwethu
Sibusisiwe ukuze sikwazi ukuzwelana nalabo
abahluphekayo

Sisakaza imibono nezinhloso ezinhle emhlabeni wonke
Kwangathi ukuthula nobuzalwane kungaba yinto
ephilayo

Kusukela emazwini kathisha uParamhansa

Yogananda

Abantu bakhononda ngomqondo wokuyeka izinto
ezithile empilweni, yize empeleni bedela izinto eziningi
eziyigugu, okubaluleke kakhulu ukuthula kwengqondo, futhi
ngezinye izikhathi baze bazidele ngenxa yemali, engase
.yonakale futhi ilahlekelwe

Zinikeleni kuNkulunkulu futhi nizothola ukuthi impilo
yenu isifana nomculo omuhle onesigqi

Phendulela ukunaka kwakho ngaphakathi kusuka kuleli
zwe uye embusweni omkhulu kaNkulunkulu ongaphakathi
kwakho

Emkhunjini wokuthula ungahamba ngomkhumbi uye
kulelo zwe elingaphezu kwamaphupho ethu lapho
umthombo waphezulu ugeleza khona ungaphezi ekujuleni
.kwenhliziyo nomphefumulo

Nkosi, ngisize ngidlale indima yami emdlalweni
wokuphila ngendlela ejabulisa Wena, kungakhathaliseki
ukuthi ngibuthakathaka noma nginamandla, ngiyagula noma
ngiphilile, ngidumile noma angazi, ngicebile noma ngimpofu,
.ngazi ukuthi uyangithanda futhi awusoze wangishiya

Ingcebo ingathathwa kumuntu, noma ingathathwa kuyo,
lapho ehamba kuleli zwe, futhi abakwazi ukuyithatha
bahambe nayo Inani layo langempela lisekuyisebenziseleni
imisebenzi ezuzisayo nasekuletheni injabulo kuwe
nakwabanye ngendlela ejabulisa uNkulunkulu nonembeza
wakho

Labo abacabanga ngokulondeka kwabo nenduduzo yabo
kuphela, bekhohlwa noma bengazinaki izidingo zabanye,
empeleni bathanda ubumpofu obuzoba yisabelo sabo

ngolunye usuku Labo abanamathela engcebweni yabo
esikhundleni sokuyisebenzisela imisebenzi emihle abazilethi
ukuchuma ekuphileni kwabo kwangemva kokufa kodwa
bazalwa bempofu, benezifiso nezifiso zabacebile. Kodwa labo
ababelana nabanye ngokuchichima kwabo nokuchuma
.kwabo badonsela ubuhle nenala nomaphi lapho beya khona

Uma upha labo abakufanelekelayo ngokuzithandela,
uzothola ukuthi uNkulunkulu uhlala enawe futhi akasoze
akushiye futhi ngeke udinge lutho. Akumelwe sikhohlwe
ukuthi izimpilo zethu zisekelwa nguNkulunkulu ngokuqondile
futhi uma siqaphela ukuthi izingqondo zethu, izintando zethu
kanye nemisebenzi yethu konke kuncike kuNkulunkulu futhi
kuthola amandla akho kuYe, khona-ke sizothola isiqondiso
esiqondile kuYe futhi sizoqaphela ukuthi impilo yethu iyafana
.nokuphila kwaKhe okungenamkhawulo

Ukuzindla kunikeza ubufakazi bokuthi uNkulunkulu
ukhona Uma amagagasi emizwa esesusiwe echibini
lengqondo, injabulo yaphezulu iyavela emphefumulweni. Le
.njabulo isivele ikhona emphefumulweni, kodwa imboziwe
O, Nkosi Ngizosebenzisa amandla ami okuzimisela
kanye nokuhlakanipha kwami Ukufeza izinto ezincane kuqala
Bese ngiqhubekela phambili empumelelweni emikhulu
Noma ngabe zonke izifiso zezinto ezibonakalayo
ziyafezwa, kodwa kunikeza injabulo engaphelele - futhi
ngokuthola uNkulunkulu ngizothola imithombo yenjabulo
engapheli Futhi ayiyeki ukugeleza nokugeleza Ezingadini
nasemadlelweni aluhlaza okomphefumulo

Indlu: Isikwele Sokunqoba

Uma umuntu echitha impilo yakhe ephishekela injabulo
ethile ngemva kwenye, ngeke akwazi ukunambitheka
kwenjabulo yangempela. Kufanele aphile kalula futhi
abhekane nokuphila kalula. Kunconywa ukuthi umuntu
achithe isikhathi eyedwa, ezindla ngezenzo zakhe
ngezikhathi ezithile, futhi ezijwayeza ukuthula

kwangaphakathi, okuletha ukuphulukiswa, ukuvuselelwa,
.kanye namandla avuselelwe

Uma iziphazamiso zikhona njalo futhi ezinye izinto
zihlasela izinzwa, imizwa izohlupheka ngenxa yalokho,
amandla amaningi abalulekile azochithwa, futhi
umphefumulo uzozizwa ucindezelekile futhi ucindezelekile.

Ngaphezu kwalokho, umuntu akufanele akhathazeke
ngokweqile ngokulungisa abanye; kunalokho, umuntu
kufanele azilungise ngaphambi kokuzama ukulungisa
.abanye

Kwaziswe ukuthi ikhaya liyindawo yokulwa enkulu
kunazo zonke. Umuntu oyingelosi ekhaya lakhe uzoba
.yingelosi noma kuphi

Ubumnandi bezwi kanye nokuthula okusikiselwa
ukuziphatha okuhle kuyadingeka kakhulu ekhaya kunanoma
.yikuphi okunye

Njengoba nje ubumnyama bungenakuhlala lapho
ukukhanya kukhanya khona, nobumnyama besifo kumelwe
bunyamalale lapho ukukhanya kukaNkulunkulu kukhanya
emangqamuzaneni omzimba, futhi bambalwa abaqaphela
.leli qiniso

Uma abantu bezizwa benesifiso esinamandla
sokuphulukiswa, bathandaza ngezinhliziyi ezikhathazekile
Noma benomuzwa wokuphelelwa yithemba, becabanga
ukuthi uNkulunkulu ngeke ayilalele imithandazo yabo Noma
bayathandaza kodwa abalindi Ukuze bazi ukuthi imithandazo
.yabo ifinyelele kuNkulunkulu yini

Njengoba nje umuntu engenakulalela umculo osakazwa
emoyeni esebenzisa i-receiver enephutha, kanjalo umuntu
akanakukwazi ukuzwa ukudlidliza kwempilo, amandla,
nokuhlakanipha okuvela kuNkulunkulu ngethuluzi lengqondo
elingasebenzi kahle ngenxa yokwesaba, ukukhathazeka,
nazo zonke izinhlobo zokukhathazeka, ukungabaza,
.nokungaqiniseki

Masikhumbule futhi sikubonge, Nkosi, ngezikhathi
zokuswela nokuchuma, ekuguleni nasekuphileni kahle,
ebumnyameni nasekukhanyeni, nakuzo zonke izimo
Masikhumbule ngokubonga izinsuku zempilo enhle osiphe
zona Sisize ukuvula amehlo okhola ukuze sibone ukukhanya
kwakho okubusisekile, okuphilisa zonke izifo nokugula
Ngingukaputeni womkhumbi wami wemicabango
emihle, intando yami enhle, kanye nomsebenzi wami othela
izithelo nozuzisayo. Ngizoqondisa umkhumbi wempilo yami,
ngihlale ngigcina amehlo ami egxile eplanethini ekhanyayo
.yokuthula esibhakabhakeni sokuzindla kwami okujulile
Ngizosebenzisa amakhono ami okucabanga okudala
ukuze ngiphumelele kukho konke engikwenzayo
uNkulunkulu uzongisiza uma nami ngizama ukuzisiza
Namuhla ngizolima insimu yokuphila ngomzamo
omusha futhi ngiyihlwanyele ngembewu yokuhlakanipha,
impilo, ukwaneliseka, nenjabulo. Ngizonisela imbewu
ngokhola nokuzethemba, futhi ngizolinda isibusiso
sikaSomandla sokunginika isivuno esilungile. Ngisho noma
ngingavuni isivuno esilindelwe, ngizohlala ngibonga futhi
ngibonga ngokuthula kwengqondo okuvela ekuzameni
.ukwenza konke okusemandleni ami
Ngizombonga uNkulunkulu ngokuthi ngiyakwazi
ukuqhubeka ngizama ngize ngiphumelele, ngomusa wakhe
Futhi ngizombonga lapho ngifinyelela isifiso esikhulu
senhliziyo yami Ngizolwela ukwenza imisebenzi emihle
nefanele kuphela, ngifuna injabulo kaNkulunkulu
Umhlaba ugcwele iziphepho zemvelo nezomuntu, futhi
uNkulunkulu uyisihlangu esinamandla nendawo ephephile
eziphephweni, ezivunguvungwini, nasebubini balo mhlaba.
Noma ngabe uNkulunkulu ukuphi, akukho ukwesaba noma
usizi. Umkholwa weqiniso uyama eqinile futhi eziqhenya
empini yokuphila kanye nokulwa kwezenzakalo, eqiniseka
ukuthi uNkulunkulu unaye, emvikela ekulimaleni futhi
akalokothi amlahle ngisho nomzuzwana. Ngakho-ke,

ukwesaba kuyanyamalala enhliziyweni yakhe futhi
.ukuqiniseka kuyamthatha, isivikelo esingenakubekwa

Ukungesabi kusho ukuba nokholo kuNkulunkulu
nasesivikeloni Sakhe, kanye nokuba nokholo ebulungiseni
Bakhe, ekuhlakanipheni, esiheni, othandweni, kanye nokuba
.khona kuyo yonke indawo

Ukwesaba kuphuca umuntu amandla akhe engqondo,
kufiphaze ingqondo yakhe, futhi kuphazamise imigqi
yemvelo yenhliziyo. Ngaphezu kwalokho, ukwesaba
kungabangela ukuphazamiseka ngokomzimba kanye nezifo
zengqondo. Esikhundleni sokunqotshwa ukukhathazeka
nokuvalelwa ngokwengqondo, umuntu kufanele aziqinisekise
ukuthi uphephile ekuvikelweni nguNkulunkulu, obona konke,
ozwa konke, ophephile enqabeni yaKhe engenakuphikiswa,
.futhi ozungezwe isihe nokunakekela kwaKhe

Kungakhathaliseki ukuthi usehlathini lase-Afrika,
enkundleni yempi, uhlupheka ngenxa yokugula noma
ubumpofu, umuntu kumelwe azikholise ngokuthi isandla
sikaNkulunkulu sinamandla kunanoma iyiphi ingozi futhi
siyakwazi ukuvikela labo abafuna isiphephelo kuYe. Ayikho
indlela ephumelela kakhulu yokuvikela. Yiqiniso, umuntu
kumelwe asebenzise ingqondo lapho ebhekana nezenzakalo
ngesikhathi esifanayo enokholo oluphelele osizweni
lukaNkulunkulu. Ukholo alusho neze ukuba budedengu noma
ukwenza ngokungahlakaniphi lapho ebhekene nobunzima.
Kunalokho, kungakhathaliseki ukuthi kwenzekani, umuntu
kumelwe aziqinisekise ukuthi uNkulunkulu kuphela okwazi
ukusiza ezimweni ezinzima nezivivinyayo uma ephendukela
kuYe ngenhliziyo yakhe yonke, umphefumulo wakhe wonke,
.kanye nezinzwa zakhe zonke

Lapho ubunzima bufika njengeqhwa, akumelwe
sibuvumele bukhubaze intando yethu noma bufihle umbono
wethu ocacile kanye nendlela yethu ehlakaniphile

nenengqondo Kunalokho, kumelwe silondoloze ukholo lwethu kuNkulunkulu kanye nomuzwa wethu wangaphakathi wokulungile nokungalungile, futhi silwele ukuthola indlela yokuphuma Ngosizo lukaNkulunkulu, sizoyithola Ekugcineni, izinto zizothuthuka ngoba amandla nezimangaliso zikaNkulunkulu zifihliwe ngemuva kokuphikisana kokuphila komuntu Labo abangakwamukeli ukugwemeka kwezimo futhi esikhundleni salokho bazama ukungena ngale kweveli ngokuhlakanipha kwabo nokholo lwabo bazothola umnyango uvulelwe bona—umnyango wonke okholwe kuwo

Ukuphila kugubuzelwe ubumnyama, futhi ngezinye izikhathi siyakhubeka futhi singabaze ukuqhubekela phambili Kumelwe sivumele ukukhanya kukaNkulunkulu kube isibani sethu esisiqondisayo njengoba sihamba ezindleleni zobumnyama zokuphila. UNkulunkulu uyinyanga egcwele ebusuku bokungazi nobumnyama, ilanga lokukhanya emahoreni okuvuka, isibani sesiqondiso, nenkanyezi eqondisayo kulabo abadabula olwandle lokuphila .kwasemhlabeni, okufushane

Izinkinga zizoqhubeka emhlabeni, ngakho-ke umuntu angaphendukela kuphi ukuze athole isiqondiso? Imicabango yomuntu, ethonywe yimikhuba, ubandlululo, ukucwasa, kanye nokushisekela ngokweqile, ayisizi ngalutho, futhi amathonya endawo ahlala kuyo, umndeni, izwe, noma umhlaba awakwazi ukunikeza isiqondiso seqiniso Ngakho-ke, umuntu kumelwe aphendukele kuNkulunkulu futhi alalele izwi elizolile nelizolile elivela ekujuleni komphefumulo, izwi elivumelana neqiniso

Umehluko phakathi kokuzindla ngengqondo nokuzihlola ngokomoya

Uma umuntu ezihlela ngolwazi lwethiyori, uba njengombhali ohambayo, ephinda izaga nemisho ephakeme, kanti abanye bazibona njengezifundile futhi zinolwazi. Kodwa

ulwazi olunjalo aluqiniswa ukuqonda iqiniso ngqo, futhi aluhambisani nokufinyelela okungokomoya. Lolu hlobo lokuqonda noma ukuqonda lugcina "uqobo" luboshelwe engqondweni yezinzwa, yona ngokwayo enqunyelwe yizinzwa zomzimba. Ulwazi lwethiyori alukwazi ukuthola ulwazi lwaphezulu, futhi kuyalulekwa ukuthi ungachithi isikhathi sakho esiyigugu emibonweni engasetshenziswa ngokoqobo, funa umuntu azithole elahlekile ehlathini .eliminyene lokuqonda, engakwazi ukudlula indawo yethiyori

Le nqubo ngeke iholele ekwazini iqiniso ngoba iqiniso lingaphezu kwemibono nemibono, futhi abaningi abalandela .le ndlela baboshwa yiziphetho zabo ezizimele

Uma umuntu esebenzisa amandla akhe engqondo ukuze athole imali nezinto ezibonakalayo kuphela, ukuqonda kwakhe kuzodonseleka ezweni lezinto ezibonakalayo futhi kuhileleke ezinkingeni ezingapheli. Ngakho-ke, abantu abahlakaniphile bathi umuntu akufanele anikele wonke amakhono engqondo uNkulunkulu awanike wona ekuphishekeleni izinto ezidlulayo, funa azilahlekele enkingeni yezinto ezibonakalayo futhi adale imikhawulo nemingcele engadingekile. Kunalokho, kufanele asebenzise amandla akhe engqondo ukuze athole izidingo zokuphila futhi alwele ukuthuthukisa amakhono akhe okuziphatha ukuze ahlukanise phakathi kokulungile nokungalungile, naphakathi kwalokho okulimazayo nokuzuzisayo. Lapho behlakulela ukuqonda kwabo okungokomoya, bazokwazi ukuzwa uNkulunkulu ngaphakathi kubo futhi baqinisekise amaqiniso angokomoya afihliwe ngemuva kwezimbozo ezinde zezinto ezibonakalayo. Lesi simo sibizwa ngokuthi .ukuzihlola okungokomoya

Kungakhathaliseki ukuthi yini esiyikhathazayo, uNkulunkulu kumelwe ahlale ezakuqala ekuphileni kwethu Esinye sezici ezibaluleke kakhulu zokukhula ngokomoya

ukuxhumana okuhlala njalo noNkulunkulu okusuka
enhliziyweni, lapho uzobona khona mathupha ushintsho
.oluhle noluhle oluzokuhlaba umxhwele ngokujulile

Uma umuntu efuna ukubuka umbukiso, noma
ukuthenga izingubo ezintsha noma imoto entsha, akulona
yini iqiniso ukuthi ingqondo yakhe ihlala imatasa ngaso
sonke isikhathi? Ngokuphathelene nalezo zindaba nokuthi
angazithola kanjani noma azithole kanjani? Ngeke aphumule
aze afeze izifiso zakhe, futhi uzoqhubeka nokusebenza
.ngokuzikhandla ukuze afeze lezo zifiso

Ngakho-ke, ingqondo yomuntu kufanele igxile
ekucabangeni ngoNkulunkulu. Khona-ke zonke izifiso
ezincane nezincane zizoguqulwa zibe yisifiso esinamandla
.sokuzwa uNkulunkulu nokuxhumana naye

Lapho ingqondo ihlebelala uNkulunkulu ukuhlebelala
okusuka enhliziyweni nokushisekayo Okuvela ekujuleni
komphefumulo olangazelelayo

Ubizo lomphefumulo luzothinta inhliziyo yendawo yonke,
futhi impendulo izofika, ilethe injabulo enkulu

Ukuhleba okuhlakaniphile kukhulisa amandla
okuzimisela, uze ube namandla anele okufeza umgomo
owufunayo

Uma ingqondo yomuntu nentando yakhe kuhambisana
noNkulunkulu, unikezwa amandla angenamkhawulo,
kangangokuthi ukucabanga nje ngento ethile kwanele
ukuyifeza, ngoba umthetho waphezulu usebenza
.ngokuthanda labo abavumelana nentando ephakeme

Zonke izimpumelelo eziphawulekayo empilweni yami
zifezwe ngamandla engqondo evumelana noNkulunkulu
Lapho umkhiqizi waphezulu esebenza, konke engikufisayo
kufezeka ngaphandle kokukhetha, kuqala kwakheka

njengomklamo ongabonakali, ongokoqobo bese
kubonakaliswa ngamandla angenakuphikiswa empeleni

Imfihlo yokukhula

Sikhula kukho konke esikubonayo, uma nje siqaphela
ukuthi singafunda izifundo ezibalulekile kubo. Ngoba bonke
.ubuhlungu nokuhlupheka esikuzwayo kunencazelo nenjongo

Naphezu kobunzima bezilingo, zifana nomlilo oncibilikisa
insimbi, uyiguqule ibe yinsimbi enhle, eqinile, futhi
eguquguqukayo. Ukuhlakanipha esikwakhayo phakathi
kwamalangabi ashisayo okuhlangenwe nakho
kuyamangalisa ngempela. Ukuphila kuyasihlanza, kuguqula
imvelo yethu eyisisekelo ibe yizinto eziyigugu, kusivumela
ukuba siphile nemiphefumulo emsulwa njengamatshe
ayigugu, eqinile njengensimbi, kodwa eguquguqukayo futhi
eqinile, egoba ngaphandle kokuphuka ngaphansi
.kwezingcindezi zobunzima nobunzima

Uma sibona ubuso obuphambukile yintukuthelo,
obunezibazi ngenxa yobudlova, ukubona kwabo kusenza
sifise ukususa ububi emiphefumulweni yethu—umphefumulo
ongathintekile yinoma yini ngaphandle kwezinhloso ezimbi
kanye namagqubu ajulile afihla isithombe saphezulu
esibusisiwe ngaphakathi kithi, njengoba nje ukungcola
komoya kungcolisa isibuko. Izenzo ezibuhlungu zabanye
kufanele zivuse kithi isifiso sokuthuthukisa ukuziphatha
kwethu nokuzilawula, ukuze sibe ngamakhosi ezinkanuko
.zethu ezingalawuleki, hhayi izigqila zazo

Amazwi anomusa ayikhambi elimangalisayo lezifo
eziningi, anamandla anamandla, acishe abe yimilingo,
anamandla kazibuthe aletha izibusiso eziningi kanye
nokuchuma kubantu abakhulumayo Labo abasebenzisa
amazwi aduduzayo, amnene bazizwa umsinga omncane
ugeleza kuwo ngaphandle kokuphazamiseka, ukugcwala

kwawo ngokuthula okukhulu Lokhu kungenxa yokuthi lowo msinga uxhumene nomthombo wawo ophakeme, ogeleza njalo futhi ofinyelela njalo imiphefumulo ngokuvumelana nawo. Bazobe sebekwazi ukudlulisela lokhu kugeleza .kwenjabulo emiphefumulweni elangazelela ukuthula

Nsuku zonke, umuntu ubheka esibukweni ukuze abone ubuso bakhe ngoba efuna ukubonakala esezingeni eliphezulu kwabanye. Ngakho-ke, kubaluleke kangakanani-ke ukuba ame nsuku zonke naye futhi abuke esibukweni sokuhlaziya kwangaphakathi ukuze athole ukuthi yini engaphansi kobuso obukhazimulayo! Ngoba konke okukhangayo ngaphandle kuthola ukukhanga kwakho kungaphakathi komuntu. Futhi akukho lutho olungcolisa isibuko esimsulwa somphefumulo njengokuphambuka kwengqondo okufana nentukuthelo, inzondo, umona, nenzondo Noma ubani ozama ukuzikhulula kulezi zinto ezixubile, ezingafani nemvelo yomoya, uzovumela .ukukhanya kobuhle bangaphakathi kukhanye ngaphakathi

Ngokuhlaziya, sithola ukuthi izinkinga zabantu ziphindwe kathathu: kunezinkinga nezinkinga ezihlasela umzimba womuntu, ezinye ezihlasela ingqondo, kanye .nesigaba sesithathu esivimba izindlela zomphefumulo

Ukugula, ukuguga, nokufa kuyizinto ezinzima nezithiyo umzimba obhekene nazo. Izifo zengqondo zihlasela ingqondo ngokudabuka, ukwesaba, intukuthelo, izifiso ezicindezelwe, inzondo, ukucasuka ngokomzwelo, ukukhathazeka okukhulu kwemizwa, kanye nomdlavuza wengqondo okhubaza amandla engqondo. Nokho, isifo esiyingozi kakhulu ukugula komphefumulo, okubonakala ngokungazi, lapho zonke .ezinye izifo zivela khona futhi zisakazeke khona

Kukhona okuhle kakhulu kunobubi emhlabeni

Uma ukungabaza kungena, kufanele sikhumbule
izimpilo zabantu abakhulu. Kuyiqiniso ukuthi singabantu,
kodwa uNkulunkulu usiphe amandla angavamile
esingawasebenzisi kakhulu. Ngakho kungani sithuthumela
ngokwesaba ukuguga, ukugula, nosizi? Kufanele senze
konke okusemandleni ethu ukunakekela imizimba yethu,
kodwa akufanele singotshwe ukwesaba noma sizifihle
.ngaphansi kwezinqwaba zokungazi

Umzimba awuyena umuntu ophelele

Ubuhle budlula ububi kulo mhlaba ngoba uNkulunkulu
ungamandla amakhulu. Kodwa uma ububi busehlela,
sicabanga ukuthi asinawo amandla okubulawula noma
.okuphunyuka kubo

Iziphepho zobubi nakanjani zizovunguza, kodwa
singayingoba imiphumela yazo futhi siphakame ngaphezu
kwazo

Asizange sinikezwe ukuphila ukuze sibhujiswe yiyo,
kodwa ukuze sigxilise kithi ukuqonda ubuphakade, futhi
.kumelwe sikhumbule leli qiniso

Ngaphandle kwenkululeko yokucabanga, umuntu
akanakukwazi ukuziveza ngendlela emsulwa,
ezenzakalelayo, nengokwemvelo. Khumbula ukuthi
ukhululekile ngokuphelele. Amandla entando ahlala
.ekhululekile

Uma usebenzisa amandla akho okuzimisela ngendlela
efanele, kuzokwakha i-karma enhle kuwe, kodwa abantu
abaningi abafuni ukushintsha futhi abafuni ukwenza
umzamo, ngakho bayawa lapho bebhokene nobunzima futhi
.abakwazi ukubhekana nezinselele

Ukwenza noma yini umuntu ayithandayo akuyona
inkululeko, ngoba abantu baboshwe yizifiso zabo, ngakho-ke

izenzo zabo azikwazi ukubizwa ngokuthi inkululeko nhlobo.

Inkululeko yangempela isho ukwenza konke ngentando eqondiswa ukuhlakanipha. Umuntu angalawula imiphumela yezenzo zakhe zangaphambilini, ezizolandela nakanjani, uma evuselela intando yakhe futhi ayisebenzisele izenzo ezinhle nezizuzisayo. Uma uqhuba izenzo zakho ngesizathu namandla okuzimisela, amandla ezenzo zakho ezingalungile zangaphambilini azobuthakathaka futhi imikhuba evela .ezenzweni zakho ezinhle izoqiniswa

Sihlala sifisa lokho esikuntulayo futhi sinamathela ezintweni ezingabalulekile Uma into ethile isiphethe, silahlekelwa okwesikhashana inkululeko yethu yokuzikhethele Njengoba nje abantu baseMpumalanga begqilazwa amasiko asendulo, kanjalo nabantu baseNtshonalanga nabo bagqilazwa amasiko anamuhla. .Sidala ikusasa lethu futhi siboshwe yilo

Kungani ingane eyodwa izalelwa emndenini omubi kanti enye izalelwa emndenini omuhle? Ngamunye wabo wasebenzisa inkululeko yakhe ukuphila ngendlela ethile esikhathini esidlule (empilweni yangaphambilini) ngaleyo .ndlela wazilethela lezo zimo kulokhu kuphila

Akukho nkululeko yangempela ngaphandle kukaNkulunkulu Kumelwe sicabange ngaye njalo Kungakhathaliseki ukuthi ukukhathazeka kwethu nemicabango yethu kuyini, uNkulunkulu kumelwe abe sendaweni yokuqala ezinhliziyweni zethu, futhi uma sivumelana ngempela naye, sizonikezwa ikhono lokufeza lokho okumele sikwenze, nganoma yisiphi isikhathi, ngosizo .IwaKhe oluvela kuNkulunkulu

Iseluleko somfundi

Omunye wabafundi wacela uthisha uParamhansa ukuthi amnike iseluleko sokuzithuthukisa, wathi: Uma ufuna

ukuthandwa Qala ngokuthanda abanye abadinga uthando
.lwakho

Futhi uma ulindele kwabanye Yiba gotho futhi
uthembeke kubo ukuze babe gotho kuwe

Uma ufisa ukuvimbela abanye ukuba bangenzi
ngendlela embi neyobuqili, ungavumeli inkohliso ingene
emicabangweni yakho, futhi ungenzi ngendlela elimaza
.abanye

Uma ufuna abanye bakuzwele Qala ngokubabonisa
uzwela, ikakhulukazi kulabo abakuzungezile

Uma ufuna abanye bakuhloniphe, kufanele uhloniphe
kokubili abancane nabadala

Uma ufuna ukuthula kwabanye, kumele uphile impilo
yokuzwana

Uma ufuna abantu babe nenkolo, yiba nomoya
ongokomoya futhi uvumele abanye bazizwe sengathi
uyisibonelo esihle nokuthi bangathembela kuwe futhi
.bakuthembe

Ngamafuphi, konke ofuna abanye bakubonise Enye
yezimfanelo ezinhle ukuyibonisa empilweni yakho kuqala,
futhi uzothola ukuthi abantu bazosabela ngendlela efanayo
kuwe

Uma ukwazi ukubona izindawo empilweni yakho
ezidinga ukuthuthukiswa ngaphandle kokudumazeka noma
ukuzizwa ungelutho, futhi uma uhlala usebenza
ekuthuthukiseni ubuntu bakho, isikhathi osichitha kulokhu
sizoba ngcono kakhulu kunokuba ubungachitha ufisa
sengathi abanye bangazithuthukisa. Isibonelo sakho esihle
nokuziphatha okuhle kunamandla amakhulu okushintsha
.abanye kunezifiso zakho, intukuthelo, namazwi kuphela

Nkosi, ungumthombo wakho konke okuhle nomsuka
wawo wonke amandla. Sibusise ukuze sikwazi ukubonakalisa
izibusiso zakho phezu kwethu empilweni yethu, ezifisweni
zethu zokuhlakanipha, nasekubonakalisweni kwethu
okungokomoya. Ungukukhanya kwezinkanyezi, amandla
kuma-athomu, umusa ezinhliziyweni, nobuhle beginiso.
Sisize sizigcwalise ngamandla akho aphezulu, ukuhlakanipha
kwakho okungenamkhawulo, kanye nobuqotho bakho
.obungenamkhawulo

Nkosi, masiqaphele ukuthi ungumthombo wempilo,
ulwandle lokuphila, nomthombo wakho konke ukuqonda
nolwazi. Sikhulule ekungazini nemiphumela yako,
ekwesabeni nasekukhathazekeni, futhi vumela isikhukhula
sokuhlakanipha kwakho sisuse yonke imfucumfucu
.nezinsalela ezimpilweni zethu

Dabula, Nkosi, izimbozo ezisibekela ubuso bakho
Masikubone njengokukhanya okukhanyayo, njengelanga
elingenakubalwa emkhathizwe wezimpilo zethu Masizizwe
njengamandla avuselela njalo aphefumulela imicabango
yethu, ondla imiphefumulo yethu, asekele imizimba yethu,
.futhi agcwalise amaphupho ethu

Amen

Abantu abaningi abazi ukuthi kungani Kusukela ekubeni
khona kwabo kulo mhlaba, bakholelwa ukuthi injongo
yokuphila Kuwukugcwaliseka kwezifiso Ukuthola izidingo
zokuphila Ukufuna injabulo nothando lwabantu, bese
ekugcineni ukuzinikela kumuntu wokugcina

Abantu baqala izimpilo zabo Abahleli bezinhlelo
benokuthambekela nezifiso ezithile ezingagcwalisekanga
esikhathini esidlule Futhi bazama – ngalokho okuncane
abakushiyile – Ngokulingisa izifiso nezenzo zabanye, uma

behlanguana nosomabhizinisi, bafuna ukuba njengabo, futhi
uma behlanguana nabaculi, ubuciko buba yikho konke kubo

UNkulunkulu ufuna sibe ngokoqobo kuleli zwe. Usinike
indlala edinga ukuba sisebenzele ukusanelisa, kodwa
ukufuna ukudla, indawo yokuhlala, imali kanye nempahla
kuphela kusho ukuthi umuntu ukhohlwa umthombo
.wenjabulo yakhe

Kuyiqiniso ukuthi kumelwe sisebenzele ukuthola izidingo
zethu futhi silwele ukufeza imigomo yethu esemthethweni,
kodwa okokuqala nokubaluleke kakhulu, kumelwe sivule
izinhliziyi zethu kuNkulunkulu futhi sifune isiqondiso saKhe
kanye nokwamukelwa kukho konke esikwenzayo. Khona-ke
ngokuqinisekile sizophumelela esikoleni sokuphila, ngoba
sizothola isiqondiso sethu kuMphathi Ophakeme noMhlinzeki
owaziyo ukuthi yini esiyidingayo nokuthi yini engcono
kakhulu kithi. Ngakho-ke, kumelwe sithembele kuYe futhi
.sizithobe entandweni yaKhe ehlakaniphile

Kusukela ezinkulumweni zikathisha

uParamahansa

Lapho injabulo yangaphakathi yomphefumulo ifihlwe
ungqimba olukhulu lwezinyabulo zesikhashana, ukukhanya
kwegolide komoya kuyafiphala, futhi amandla omphefumulo
acacile afihliwe ngemuva kobuningi bezinto Lapho ingqondo
yomuntu idonseleka emhawini nasemoneni, futhi imbozwe
amafu okwesaba nokukhathazeka, uba lusizi, usizi, futhi
unqotshwe Kodwa lapho umuntu eqondisa ukunaka
okufanayo othandweni, ukuthula, nokuzwana, uthola injabulo
enkulu

Umphefumulo uzizwa injabulo lapho uphenduka
ezifisweni zomzimba ezixubene nokuhlupheka nosizi uye
.ezicini zomoya ezisobala, ezigcwele injabulo enkulu

Uma umphefumulo ucwila ngokuphelele ezinjabulweni
zomhlaba ezixakile, uba ngumuntu ongenandaba
nokuphishekela injabulo ephakeme futhi ongenakho ukuzwa
injabulo engokomoya. Abaningi bangase baphikise ngokuthi
ukulahla injabulo yezinto ezibonakalayo cishe
akunakwenzeka kuleli zwe noma ngenkathi bephila phakathi
kwabantu abamicabango yabo igxile kuphela ezintweni
ezibonakalayo. Kodwa-ke, akudingekile kumuntu ovamile
ukuba ashiye umhlaba futhi abuyele ezintabeni
nasemahlathini ukuze athole ukuthula nokuthula. Kunalokho,
kufanele ahlale kuleli zwe ngaphandle kokuvumela imisinga
yalo enamandla ukuba iwakhukhule, funa anqotshwe
.amagagasi alo kuphila

Umuntu akufanele abe nombono ophambene ngezinto
ezimzungezile, futhi ngesikhathi esifanayo akufanele
avumele izinto ezibonakalayo zimphuphuthekise umbono
wakhe, funa alahlekelwe yimvelo yakhe engokomoya futhi
angakwazi ukunambitha injabulo yenjabulo futhi abone
.ukukhanya kwaphezulu

Impilo, ngomongo wayo, izingxenye zayo, kanye
nemigomo yayo, iyinkimbinkimbi enzima ukuyiqonda kodwa
ayinzima ukuyixazulula, futhi ngokucabanga kwethu
okuqhubekayo, sixazulula ezinye zezimfihlo zayo nsuku
.zonke

Amadivayisi asekelwe ezimisweni zesayensi eziqondile
kulesi sikhathi ngokuqinisekile ayamangalisa, futhi
okutholwe yisayensi kusinika umbono ocacile wezindlela
impilo engathuthukiswa ngazo. Kodwa naphezu kwayo yonke
imishini, izinto ezintsha, namasu esinawo, sisabonakala
sinjengezimpopi ezandleni zekusasa, futhi indlela
engaphambili iseyinde Ngaphambi kokuba sikhululwe
.ekulawulweni kwemvelo

Ngokuqinisekile, ukuphila ngomusa wemvelo akuyona
inkululeko Izingqondo zethu ezishisekayo ziyacindezelwa
futhi ziboshwe umuzwa wokungabi namandla lapho sizizwa
sengathi siyizisulu zezikhukhula, iziphepho, noma
ukuzamazama komhlaba, noma lapho izenzakalo zisiphuca -
ngaphandle kwesizathu esinengqondo - abathandekayo
bethu abaseduze nezinhliziyiyo zethu. Bese siqaphela ukuthi
asikakafinyeleli ukunqoba okuningi, futhi asikakwazanga
ukunqoba izimo ezimbi. Naphezu kwayo yonke imizamo
yethu yokwenza impilo ibe njengoba sifuna, izimo ezithile
zizohlala zivela kulesi sigaba sasemhlabeni, kanye
nezenzakalo eziqondiswa ingqondo enamandla esingazi
lutho ngayo, isebenza ngokuzimela ngokuphelele
emibonweni yethu kanye nentando yethu. Okungcono
kakhulu esingakwenza ukusebenza nokwenza ezinye
.intuthuko

Sitshala ukolweni bese senza ufulawa, kodwa ubani
owadala imbewu yokuqala? Sidla isinkwa esenziwe
ngofulawa, kodwa ubani owanika imizimba yethu ikhono
lokuwugaya? Futhi singawuguqula kanjani ukudla kube
?ukudla okunomsoco

Kuzo zonke izingxenye zokuphila Kubonakala sengathi
kukhona isandla saphezulu esibalulekile. Asikwazi ukuphatha
izindaba zethu ngaphandle kwaso, futhi ngazo zonke
iziqiniseko esinazo. Asazi ukuthi inhliziyiyo izoyeka nini
ukusebenza. Yingakho kudingeka ukuthembela ngesibindi
emandleni aphezulu aphezulu. Nokuthembela kumuntu
wethu ophakeme, okuvela kulowo mandla onke esilingiselwa
.wona

Kumelwe sibe nokholo olungenakho ukuqhosha, futhi
sihambe ngokuzethemba ezindleleni zokuphila

Ngaphandle kokwethuka nokuthuthumela, futhi
ngaphandle kokucindezeleka nokuvalelwa

Ukubhekana nokungezwani komzimba

Ukungoba ukuzwela kuyikhono elibucayi, futhi
ukulawula ukushesha komuntu ukusabela kubalulekile
ekwakheni ubuntu obulinganiselayo nobuphelele

Ukuzwela kuvela ekungaqondini kahle, ukungaziboni
njengento eyinkimbinkimbi, ukuqhosha okukhulu, kanye
nokuzikhukhumeza ngokweqile

Uma umuntu ecabanga ukuthi imizwa yakhe ilimele,
lowo mcabango uyagxila engqondweni yakhe, uvuse imizwa
yakhe, bese iba nzima futhi intukuthelo ivukele enhliziyweni
yakhe ngenxa yemizwa elimele. Kodwa-ke, abanye abantu
banekhono lokulawula imizwa yabo, ngakho izimpawu zabo
zangaphandle azibonakali naphezu kolaka olukhulu
olungaphakathi kubo. Abanye baveza intukuthelo yabo
ngokuphendula okusheshayo, okubonakala emisipheni
yamehlo abo kanye nobuso babo, kanye nangezimpendulo
.ezibukhali, eziqondile

Imizwa ejulile inemiphumela emibi kakhulu; yenza isimo
sibe nzima futhi idale ukungazinzi okungathandeki okuthinta
kabi abanye

Kumelwe kwenziwe imizamo yokuzithiba nokuzola,
kukhuthazwe isimo sokuqondana nokuzwana esikhuthaza
ukuthula esikhundleni sokucindezeleka futhi sixoshe intuthu
yokucindezeleka Labo abenza kanjalo bazoba ngabaphathi
bekusasa labo futhi bayovuzwa ngokwazisa nenhlonipho
.yilabo ababazungezile

Ukuzwela ngokweqile kuyisici esihlanganyelwa abantu
abaningi, futhi lapho lo muzwa ongenangqondo uvutha,
uphuphuthekisa ukuqonda futhi ufiphaze amehlo
okuhlakanipha. Okubi nakakhulu, umuntu ozwela ngokweqile
ukholelwa ukuthi ucabanga, uzizwa, futhi wenza kahle, kanti

empeleni ukuziphatha kwakhe kungase kube okungalungile
!ngokuphelele

Abantu abaningi bakholelwa ukuthi kufanele
bazidabukele lapho begxekwa, nokuthi ukuzidabukela
kubanikeza impumuzo ethile. Kodwa njengabalutha
bezidakamizwa, lapho beqhubeka bethatha izidakamizwa,
.kulapho umlutha wabo uba namandla khona

Umuntu ozwela kakhulu uvame ukuhlupheka
ngokungadingekile Ngokuvamile, akekho owaziyo imbangela
yokucindezeleka kwakhe noma uhlobo lwesikhalazo sakhe,
okuholela ekuhluphekeni okukhulu ekuzihlukaniseni kwakhe.
Akukho okungafezwa ngokuhlala buthule ekuthukweni noma
ekugxekweni okubonwayo. Kungcono kakhulu ukubhekana
nezimbangela eziyinhloko zalokhu kuzwela ngokuhlaziya
.okuqondile nokuzithiba

Lolu hlobo lokungezwani komzimba okungenampilo
lunemiphumela emibi kakhulu; ludla inhliziyo njengomlilo
futhi lubhubhisa izicubu zokuthula. Ngakho-ke, kumele
kubhekanwe nalo ngokuhlakanipha, ngokunengqondo,
.nangentando eqinile

Ngisebenza kanzima ukukhonza wonke umuntu, kodwa
uma ngibuyela ngedwa ukuze ngizindle, angivumeli muntu
ukuthi aphazamise ukucabanga kwami Ezinye izinto
zingalinda, kodwa i-aphoyintimenti yami yansuku zonke
noNkulunkulu akumelwe inganakwa noma inganakwa

Ngaphambi kokwenza noma yisiphi isenzo, yima
kancane bese ucabangela ngokucophelela imiphumela
kanye nomthelela wazo engqondweni yakho, emzimbeni,
nasemphefumulweni Izenzo eziqhutshwa ukuphoqeelwa
azizona inkululeko, njengoba izenzo eziphikisana nemithetho

yokuzwana kanye nentuthuko zizomvimbela umuntu.
Ngakolunye uhlangothi, izenzo ezivunyelwe ukuqonda kanye
nokuvumelana nonembeza womuntu zinhle futhi ziletha
.inkululeko

Uma unquma ukwenza into enhle, noma ukuyeka
ukwenza into embi, futhi unamathela kuleso sinqumo futhi
wenze ngokufanele, yazi ukuthi isabelo sakho senkululeko
.siningi

UNkulunkulu ufuna sisebenzise inkululeko
yokuzikhethela esinikezwe yona ukuze simfune futhi
.simthole, kodwa akafuni ukuzibeka phezu kwethu

Isifiso sokusondela kuNkulunkulu nokumazi asizifikeli
sodwa, kodwa kumelwe sivuselelwe futhi sinakekelwe
Ngaphandle kwaleso sifiso, impilo ayinanzuzo noma
.ukunambitheka

Vumela ukuqonda kwakho okungokomoya kuqondise
ukucabanga kwakho futhi impumelelo izokulandela noma
ngabe uya kuphi

KuNkulunkulu nginikela izwi lami, izandla zami, izinyawo
zami, inhliziyo yami, umzimba wami, imizwa yami, intando
yami nakho konke

Uthando luyisikhali esingokomoya esiqeda zonke izimpi

Ngale kwalomhlaba kunemihlaba engenamkhawulo
lapho sizophinde sihlangane khona nalabo esasicabanga
.ukuthi basishiyile unomphele

Lokhu kuphila kwezwe kushintsha njalo usizi lulandela
usizi, imicabango ekhohlisayo, imicabango ekhohlisayo, Lo
mlingo obonakala ehlane lokuqonda kwethu kumele
unyamalale, futhi kumelwe sivuse ubuthina bethu
.bangempela ngaphansi kwezimbozo ezinde zezinto

Ungazami ukusekela amathemba akho kulokhu kuphila.

Ikuphi isiqinisekiso sakho? Uphephile kuphela uma
.uphephela olwazini lukaNkulunkulu

Ingqikithi yomphefumulo ifana negolide lasendulo
eligqitshwe ngaphansi komhlabathi Lapho umhlabathi
ususwa egolideni bese ugezwa ngamanzi okuzindla, ukhanya
.kabusha ngobumsulwa obuphelele nokucaca

Nkosi, ake sibone okuhle, sicabange imicabango emihle,
futhi sihlangane nalabo abanesimilo esihle. Size sicabange
ngawe futhi sizindle ngawe, wena ongumthombo wakho
.konke ukulunga kanye nomsuka wakho konke okuhle

Inkululeko ebuthakathakeni

Indlela engcono kakhulu yokunqoba ubuthakathaka
ukuyeka ukucabanga ngakho; ngaphandle kwalokho,
umqondo wobuthakathaka uzokweqa ukuqonda kwakho futhi
ubuse umuntu wakho wangaphakathi. Uma sizilethela
ukukhanya, ubumnyama buzonyamalala sengathi abukaze
.bube khona

Lowo mbono ungilethela ugqozi oluhle kakhulu

Uma ukukhanya kungeniswa emhumeni obumbozwe
ubumnyama iminyaka eyizinkulungwane, ubumnyama
buyanyamalala ngokushesha Ngokufanayo, ubuthakathaka
namaphutha ayanyamalala lapho sivumela ukukhanya
kukaNkulunkulu ukuthi kungene ekuqondeni kwethu, futhi
ubumnyama bokungazi abukwazi ukuhlala. Lena ifilosofi
.okufanele siphile ngayo

Ukuhlehlisa izinto akusizi ngalutho Isondo lempilo
alipheli ukujika, futhi izinsuku zokuphila kwethu zidlula
ngokushesha Njalo ngomzuzu esiwuchitha sicabanga
ngokucacile futhi senza ngokuhlakanipha kuwukutshalwa
kwezimali okuphumelelayo nokunenzuzo enjabulweni yethu

Abantu abaningi bachitha impilo yabo yonke becabanga
ngemali, ubulili, nodumo, futhi abavamile ukugxila ezintweni
ezibalulekile ezibalethela ukuthula kwengqondo futhi
.ziphakamise ukuqwashisa kwabo emazingeni aphezulu

Kungakhathaliseki ukuthi indima yomuntu iphansi
kangakanani, ubhekwa njengophumelelayo emehlweni
kaNkulunkulu uma azi ukuthi angasisebenzisa kanjani
isikhathi sakhe ngokuhlakanipha futhi aqondise imicabango
.yakhe ezindleleni ezifanele

Uma ukukhanya kukaNkulunkulu kukhanya kumuntu,
akazizwa sengathi udinga lutho ngoba injabulo emqobayo
igcwalisa wonke amaphupho akhe futhi imenza azizwe ejulile
ukuthi ungocebile kunabo bonke abacebile futhi ujabule
.kunabo bonke abajabule kakhulu kulokhu kuphila

Umhubhe Wokukhanya

Labo abanolwazi olungokomoya oluvuswa yimicabango
ekhanyiselwe, izenzo ezinhle, imizwa yomusa, kanye
nokuzindla okujulile bangezwa ukuhamba kwabo emzimbeni
ngesikhathi sokugcina sokuhamba ngeso elingokomoya.
Ngesikhathi sokuhamba kwabo emhlabeni, i-yogi ijwayela
ukubona umhubhe weso elingokomoya emngceleni
ophakathi kwezinto nomoya, futhi ngesikhathi sokushiya
uMhlaba, bangangena kulo mhubhe okhanyayo futhi badlule
kulo mhlaba baye endaweni kaNkulunkulu engenamkhawulo
.yokukhanya, injabulo, ukuthula, kanye nenkululeko ephelele

{Ukukhanya phezu kokukhanya}

Isibani somzimba yiso [elingokomoya]

Uma iso lakho lilodwa

Khona-ke umzimba wakho wonke uzogcwala ukukhanya

Futhi ukukhanya kukhanya ebumnyameni, kepha}
{ubumnyama abukwazanga

Ukuzinikela kuwukuzwa usizi lwabanye, ukusondela
kubo, ukuxhumana nabo, ukuzama ngobuqotho
ukubaduduza ebunzimeni babo, ukujabulela injabulo yabo,
nokwenza konke okusemandleni ethu ukugwema ukwesaba,
.isidingo, nokukhathazeka kubo

Umuntu onomoya wobubele akenzi ngokwezibalo
nokulindela okulinganiselwe, kodwa usebenzisa ukuqonda
kwakhe nokwahlulela okunengqondo futhi aqhubeke
nokuzisiza yena nabanye, ebonga uNkulunkulu
ngempumelelo ayifinyelelayo. Uma ehluleka kanye noma
kaningana, akazizwa edangele, kodwa kunalokho uba
nokuzimisela okwengeziwe, ephinda kabili imizamo yakhe
futhi ephinda umzamo, ehlola imibono nezindlela ezintsha,
eqondiswa ukukhanya kwesizathu, futhi efuna usizo
lukaNkulunkulu aze afinyelele umgomo wakhe futhi
.afinyelele injongo yakhe enhle

Lowo osebenzela ukwenza abanye bajabule uthokozi swa
nguNkulunkulu ngomuzwa wangaphakathi wenduduzo
yengqondo. Futhi uma elahlekelwa okuthile ngenxa yalabo
azama ukubasiza, akakubheki njengokulahlekelwa ngoba
ngenxa yalokho uthola injabulo nokuthula kwengqondo
kukaNkulunkulu. Uphilela ukuthanda, ukusebenza, ukupha,
.nokuhlwanyela imbewu yobuhle nokuthula emasimini esintu

Noma ubani odlula umhlaba wakhe siqu ngemicabango
yakhe nemizwa yakhe wandisa ukuqonda kwakhe, wandisa
uzwela lwakhe, futhi uzizwa sengathi umhlaba uyikhaya
lakhe futhi ubuntu ngumndeni wakhe. Uyaqaphela ukuthi
inhloso yokuba khona kwakhe kulo mhlaba ukuziguqula
ngaphambi kokuzama ukuguqula abanye, ngoba noma ubani
oziguqulayo usiza abanye ukuziguqula ngesibonelo sempilo

yakhe. Izenzo zinomthelela ojulile kanye nomthelela ojulile
.emiphefumulweni yabanye kunamazwi

Izindawo zokuma ezimfushane

:Ubuhle bobuqotho

Abanye abantu bazama ukubalekela izinkinga zabo
ngokumomotheka, kodwa lolu hlobo lokuphunyuka ludinga
unembeza ohlanzekile, ongenabuzenzisi nokukhohlisa. Uma
umuntu eziphatha ngokwethembeka yena nabanye, futhi
enza ngobuqotho nangobuqotho, amehlo akhe ayacaca,
futhi ukukhanya okuyingqayizivele kuvela kuwo—ukukhanya
okungenakuphikwa kobuqotho

:Ukwethembeka

Abanye abantu basho izinto eziningi bethi bathembekile,
kodwa awukwazi ukukhuluma nabo bonke abantu ngakho
konke Uma unikeza iseluleko nesiqondiso, abanye abantu
abawaqondi kahle amazwi akho futhi abazuzi lutho kulokho
okushoyo; lokhu kuwumzamo olahlekile kanye nomzamo
ongaziswa Ukuthula ezimweni ezinjalo kuyinto enhle, kodwa
lokhu akusho neze ukuthula ngokwenza okubi

:Ukuzwana

Ukuzwana kuyamangalisa ngempela Abantu abaningi
bayazi ukuthi kunzima kangakanani ukuzwana nabanye,
kodwa wake wacabanga ngokuzwana nawe? Kunzima
kakhulu, kodwa kungenzeka Uma uzihlaziya, uzothola ukuthi
uhlala ungezwani nawe Uma ungazithandi, ngeke uthande
omunye umuntu Futhi uma umuntu engazwani naye, angaba
?kanjani nokuzwana nabanye

Ukuzwana kubalulekile ukuze kube nokuzwana
nomhlaba. Ngakho-ke, kubalulekile ukuzihlonipha
nokuzithanda, ngoba ufanelwe yilolo thando. Umuntu

kumelwe azithande ngoba uNkulunkulu wasidala futhi wasinika amandla amahle. Ukuthanda lo muntu wangaphakathi, lo buntu obugcwele izimfanelo ezinhle, kuphefumulela ukuziphatha okuhle futhi kuhlanze ingqondo .ekungcoleni kanye nenhliziyo ebubini nasenzondweni

:Ukulinganisa ikhampasi yezincwadi

Umuntu akanakukhohlisa unembeza wakhe, athethelele ukwenza okubi, noma abalekele imiphumela yokuziphatha okungalungile, noma ngabe umuntu angahamba aye kwenye iplanethi. Imiphumela yezenzo zakhe iyamphelezela, futhi umuntu kumelwe alungise inkambo yakhe futhi alungise ikhampasi yakhe yokuziphatha ukuze inaliti yayo ihlale .ikhomba endleleni efanele

Abanye abantu baphila ezimweni ezimbi kakhulu kodwa bavumelana kakhulu nabo, kuyilapho abanye benawo wonke amathuba nakho konke abakudingayo kodwa bephikisana njalo nabo. Ngakho-ke, akufanele ulinde izimo zishintshe. Ziqinisekise ukuthi uphilile naphezu kwendawo okuyo, .okungase kuhluke kulokho okufisayo

Noma ubani ozibeka ngaphansi kwezimo, ulinda izinto .zishintshe, futhi ukulinda kwakhe kuzothatha isikhathi eside

Kuthiwa indoda yayikhuluma kahle izilimi eziyishumi nesishiyagalombili, kodwa yayimpofu kakhulu kangangokuthi yayingenakukwazi ukukhokhela isibani sokufunda. Ngakho-ke yayiya ekhoneni ihlale ngaphansi kwesibani somgwaqo ukuze ifunde. Ngempela, amandla okuzimisela adala izindlela, akha amathuba, avuselela ithemba, afeze .imisebenzi, futhi agcwalise izifiso namaphupho

Ukuxhumana kwangempela nalabo abamaziyo uNkulunkulu kungenziwa ngokuxhumana nabo mathupha, ukufunda okucatshangelwe emibhalweni yabo, noma

ukuzindla ngokujulile nangobungane ngabo lphuzu
elibalulekile okufanele ulikhumbule Livumelana nokugonda
kwabo, okuvumelana noNkulunkulu

Uma sivumelanisa ukuqonda kwethu nemiphefumulo
emikhulu ethanda uNkulunkulu, lokhu kuvumelana
kushintsha kancane kancane izimpilo zethu ngendlela
emangalisayo kakhulu. Lokhu kuvumelana akugqilazi
intando kodwa kunalokho kwandisa ububanzi bayo futhi
kuqinise amandla ayo. Lona umehluko phakathi
kokuvumelana nabantu abagcwele ubugovu futhi abamatasa
ngalokho abangakuzuza, kanye nokuvumelana nabathandi
bakaNkulunkulu nesintu abanhloso yabo ukunikeza
nokuvusa uthando lwaphezulu emiphefumulweni yalabo
abavumelana nabo. Ukuzikhandla kwalaba bantu
ababusisiwe kusenza sisondelane kakhulu nokuzikhandla
.kwaphezulu

Kumelwe sikhumbule ukuthi nakuba silwela
ukuhlangabezana nezidingo zethu, kumelwe futhi sise
abanye bathole lokho abakudingayo futhi babelane ngezinto
ezinhle ekuphileni eziza kithi. Masikhumbule ukuthi
siyingxenye ebalulekile yomndeni womhlaba wonke nokuthi
.asinakuphila ngaphandle kwalo mndeni omkhulu

Impilo ibiyoba njani ngaphandle kwababazi, abasunguli
bezinto ezintsha, abalimi, nabanye? Ngokupha
nokwamukela, nokushintshana ngezinsizakalo, uNkulunkulu
ufuna sicabange futhi sizwelane nabanye Kuyiphutha
elikhulu ukuphilela wena wedwa ngaphandle kokucabangela
abanye Uma sicabanga ngenjabulo yethu, kumelwe futhi
sicabange ngenjabulo yabanye Asidingeki ukuba sinikele
ngakho konke esinakho ngenxa yenhlalakahle yomndeni
womhlaba wonke, njengoba lokho kungenakwenzeka
Kunalokho, kufanele sizwelane nabanye futhi senze konke
esingakwenza ukuze sibasize futhi sinciphise imithwalo yabo

Kukhona ubudlelwano phakathi kwempumelelo kanye
nokwaneliseka komphefumulo, ngaphakathi komongo
.wendawo umuntu aphila kuyo

Impumelelo yangempela iwumphumela wokuziphatha
okuhambisana nezimiso zokulunga, futhi ihlanganisa injabulo
kanye nenhlalakahle yabanye njengengxenye ebalulekile
yokwaneliseka komuntu siqu Noma ubani osebenzisa lesi
simiso empilweni yakhe yezinto ezibonakalayo, yengqondo,
yokuziphatha, nengokomoya uzothola ukuthi le ncazelo
yempumelelo iphelele futhi iphelele

Abantu bacabanga ngempumelelo ngezindlela
ezahlukene kuye ngemigomo yabo empilweni. Ngezinye
izikhathi, abanye abantu bayifanisa nokweba, bethi izinto
ezinjengokuthi, "Uyisela eliphumelelayo!" Lokhu kubonisa
ukuthi akuyona yonke impumelelo efiselekayo; impumelelo
.yethu akufanele ilimaze abanye

Esinye isici sempumelelo ukuletha ukuthula
nemiphumela emihle, hhayi kithina kuphela, kodwa futhi
.kumelwe sabelane ngalezo zinzuzo nabanye

Ukufeza impumelelo yezezimali akusho nje ukujabulela
lokho esikufanele; kusho nokuba nomthwalo wemfanelo
wokusiza abanye ukuba bakhe impilo engcono. Noma ubani
ohlakaniphile angathola imali, kodwa uma enothando
enhliziyweni yakhe, ngeke akwazi ukuyisebenzisa
ngobugovu leyo mali; kunalokho, bazokwabelana nabanye
.ngalokho abanakho

Imali iba yisiqalekiso ezandleni zabantu abahluphekile
nabathanda ukuphana, kodwa iyisibusiso nesipho kulabo
.abanezandla eziphanayo nezinhliziyi ezinhle

Imiphefumulo emihle idonsela imiphefumulo emihle
futhi idonseleka kuyo

Kumelwe sifunde ukuthanda omakhelwane bethu
njengoba sizithanda futhi sikhumbule ukuthi silapha kule
mpilo isikhashana, ngemva kwalokho siya kwelinye izwe
elisezingeni lalo lincike ezingeni lokucabanga kwethu kanye
nekhwalithi yezenzo zethu phakathi nalokhu kuhlala
.emhlabeni

Obani izihlobo zethu zangempela? Kumuntu
ohlakaniphile, wonke umuntu uyisihlobo, futhi ngamunye
"ungumakhelwane" Yiqiniso, umuntu ohlakaniphile uyakwazi
ukuqonda futhi uyaqonda ukuthi nakuba ilanga likhanyisa
ucezu lwamalahle nedayimane, idayimane, ngokungafani
nelahle, linekhono eliyinqayizivele lokwamukela
nokubonakalisa ukukhanya ngokugqamile. Umuntu kufanele
afune ubudlelwane nalabo abanemicabango nemizwa
emsulwa njengedayimane futhi kufanele anikele isikhathi
ekutholeni abangane abaqotho. Labo abaphila impilo
ehlanzekile nethembekile bazodonsela abangane
ababonakala ngokuhlanzeka nokwethembeka, kuyilapho
labo abaphila ngemvelo ephansi ngaphandle kokuqonda
.bazodonsela abangane abafana nabo

Uma ubheka imigomo ephakeme nezimiso eziphakeme,
kuyalulekwa ukuthi ugweme ukuzihlanganisa nabantu
abangakholelwa kulezo zimiso futhi abadida imicabango
futhi baphazamise isimo sengqondo, ukuze ukudlidliza
kwabo kunganciphisi izinga lakho lokudlidliza. Ngesikhathi
.esifanayo, ungakhiphi muntu esixukwini sakho sothando

Ngaphezu kwalokho Umuntu akufanele anikeze uthando
kuphela, kodwa futhi enze ukuthula, ukuze noma ngabe
uyaphi, adale ukuthula nokuthula, aqabule labo
abamzungezile ngokuba khona kwakhe komusa Akekho
ofuna ukusondela enkanini enuka kabi—ngiyaxolisa ngale
nkulumo—wonke umuntu uyayigwema Ngokufanayo,
umuntu okhathazekile, osheshayo, nothanda impikiswano

uyacasula futhi axoshe abanye. Sifuna ukuba njengezimballi
eziqhakazayo ezikhipha iphunga elimnandi elijabulisa
inhliziyo. Masilwele ukusakaza iphunga lokuthula nomoya
.omuhle noma ngabe siyaphi noma ngabe sihlala kuphi

Umbuso kaNkulunkulu awukho phakathi kwamafu noma
endaweni ethile esibhakabhakeni. Ungale kobumnyama
esibubonayo lapho sivala amehlo ethu, futhi lapho sizindla
futhi sithandaza, iso lomoya elisebunzini liyavuleka
ngaphakathi kithi, bese sibona ukukhanya okubusisiwe futhi
sizizwe injabulo ingena kuwo wonke amangqamuzana
omzimba, futhi sizwa ukuthi isihengo sisusiwe futhi
.umnyango oyimfihlo uvulekele umbuso kaNkulunkulu

UNkulunkulu uyinjabulo ehlala ivuselelwa, injabulo
ehlenganisa konke. Kumelwe sizizwe simunye ngaleyo
njabulo ehlala ngaphakathi kithi futhi ezungeze
.okungenamkhawulo

Ngaphesheya kwemingcele yokudlidliza kwezinto
eziqinile kukhona ukuqonda okungenamkhawulo, okubanzi,
okungaphezu kwencazelo kuyo yonke inkazimulo yayo,
ubukhulu, kanye nokungenamkhawulo Lona umbuso wezulu,
.injabulo engapheli, engenamkhawulo, nengapheli

Lapho ukuqonda komphefumulo kukhula, futhi uzizwa
ubukhona bawo yonke indawo, ube usuhlangana nomoya
.waphezulu

Inkazimulo ku-Ongenamkhawulo Ophelele, ohlezi
esihlalweni sobukhosi, lapho izulu lihlangana khona
nolwandle. Inkazimulo ku-Ophakeme Ongenamkhawulo,
ohlezi esihlalweni sobukhosi ekuthuleni okungaphakathi
kithi; ngokugxila ku-Ongenamkhawulo okungaphakathi,
.singathola amandla ayo angenamkhawulo

Ulwazi olutholakala ngokufunda izincwadi noma kubantu
luwulwazi olulinganiselwe, kanti ulwazi olutholakala ngqo
kuNkulunkulu lunikeza amandla okuhlakanipha, ubuhle
bokuqiniseka, ukuthula kwenhliziyo, kanye nokuthula
.komphefumulo

Nkosi, ngifundise ukuthandaza ngokugxila okujulile
nokuhlanganisa ukuzindla nokulangazelela okusuka
enhliziyweni futhi inhliziyo yami mayihlanzwe nsuku zonke
.ngothando lwami olumsulwa ngawe

Ukugqashula emikhawulweni ye-karma

kungakhathaliseki ukuthi ingqondo noma umzimba, ,
ukuqonda noma ukungazi, kunomthelela othize empilweni
yomuntu lizenzo zangaphambilini akuzona nje lezo ezenziwa
ezinsukwini, ezinyangeni, noma eminyakeni edlule, kodwa
futhi nezenzo ezivela ekuphileni kwangaphambilini

Ubufile, futhi wakunika impilo; khona-ke uzokubangela
ukuba ufe, khona-ke uzokuphinde akuphilise; khona-ke
.uzobuyiselwa kuYe

Imiphumela emihle nemibi yezenzo zomuntu Empilweni
yakhe yamanje, le mikhondo ihlala igcinwe entweni engazi
lutho noma engaphansi kokuqonda, futhi imiphumela
umuntu ayithwalayo (noma ethwalwa ngumphefumulo
wakhe) evela emizimbeni yangaphambilini ilele
njengembewu engaphansi kokuqonda, ilinde izimo ezifanele.
Ukuhluma nokukhula ngesikhathi esithile se-karmic.
Umthetho we-karma, olinganisela izinto, uhlela isenzo
nokusabela, imbangela nomphumela, ukuhlwanyela
.nokuvuna

Wonke umuntu ubumba isiphetho sakhe ngemicabango
nezenzo zakhe, futhi amandla awakhiphayo,
kungakhathaliseki ukuthi ngokuhlakanipha noma ngobuwula,

ngokungenakugwenywa abuyele kuwo njengendawo yakhe
yokuqala, njengoba nje indilinga iziqedela ngokunemba
okuphelele [Umbuzo uwukuthi] umuntu ofuna
ngokuzithandela kumelwe abhekane—ngokuphambene
nentando yakhe—nemiphumela engenakugwenywa yezenzo
zakhe zangaphambilini, noma yini ebizwa ngokuthi
ukunqunyelwa kusengaphambili? Impendulo ithi cha
UNkulunkulu ungumthetho nothando, futhi umuntu ofunayo
ophendukela kuYe ngokulangazelela okuqotho nokholo
oluphelele, avumelanise izenzo zakhe nomthetho waphezulu,
futhi afune uthando lukaNkulunkulu olungenamibandela
ngokungangabazeki uzothola isibusiso saphezulu esilula
.imithwalo esindayo futhi sithuthukise izimo

UNkulunkulu wasibeka kuleli zwe eligcwele izinkolelo-ze,
futhi Uyazi ukuhlupheka kwethu kanye nezinhlupheko
esizibekezelelayo Abantu bajulisa ubumnyama
bangaphakathi bokungazi okungokomoya lapho bezibheka
becwila esonweni futhi bengenamandla okuphunyuka
ekujuleni kwaso. Kungcono ngabo ukuba balwele
ukuzilungisa, befuna usizo nobubele obuvela enhliziyweni
yesihe saphezulu, benethemba lokuthethelelwa
.kuNkulunkulu onothando, onesihawu, nothethelelayo

Uma siqaphela ukuxhumana kwethu okuseduze
noNkulunkulu, iyiphi i-karma engasibopha? Ungavumeli
muntu akuqinisekise ukuthi ubuhlungu nobunzima bakho
buwumphumela we-karma yakho Njengomoya ongaphakathi
kwakho, awunayo i-karma Kunalokho, kumelwe uqaphele leli
qiniso ngokuziqinisekisa ukuthi umunye nengqikithi
yokuphila, ukukhanya, namandla e-cosmic. Uma uqaphela
leli qiniso, awunalutho lokwesaba, futhi uNkulunkulu
uzokuvula iminyango eminingi futhi akunike amathuba
.amaningi

Uma ungakhululekile ngendlela impilo yakho ehamba
ngayo, shintsha indlela ocabanga ngayo bese unikeza
izinzwa zakho amandla amahle futhi uzozizwa umehluko
.wena ngokwakho

Akunasidingo sokuba abantu bakhale futhi bakhale
ngalokho abakuphuthelwe, noma bathi izimo zabo
ezingemnandi zibangelwa amaphutha abawenza kulokhu
kuphila noma esikhathini esidlule, ngoba lokhu kuyindlela
yokunganaki ngokomoya. Kumelwe benze futhi basiphule
ukhula ensimini yokuphila, bese izimbali ezimnandi
neziqhakazile kakhulu ziqhakaza futhi zithele izithelo
ezimnandi nezifiselekayo kakhulu. Ngomusa waKhe,
.oPhezukonke

Ukuzithoba kuNkulunkulu akusho ukungasebenzisi
intando yethu ukuthuthukisa izindaba zethu nokulinda
uNkulunkulu ukuba alungise izimo zethu ngaphandle
.komzamo wethu, ngoba uNkulunkulu usiza labo abazisizayo

Iphuzu liwukuthi sifunda indlela yokuya kuNkulunkulu
ukuze aqondise intando yethu futhi abusise futhi aqinise
imizamo yethu efanele Lapho sinqoba isithiyo sokungafuni
ukuzinikela, sithola kuNkulunkulu isivikelo esinganikezwa
muntu kuleli zwe, futhi sithola namandla okungekho vivinyo
olungawanqoba

Wonke umuntu angakha ubuhlobo obukhethekile
noNkulunkulu uma azi ukuthi angavula kanjani izinhliziyo
zakhe kuNkulunkulu futhi alangazelele ukuba khona kwaKhe
kwaphezulu, okuletha injabulo nokuqiniseka

Uma umuntu ezwa isidingo esijulile sikaNkulunkulu, azi
ukuthi akanakukwazi ukuphila ngaphandle kwaKhe, uzothola
ukuthi uNkulunkulu uphendula ngandlela thile. Kodwa
kumelwe aqale ahlakulele lowo muzwa onamandla, ngoba
.impendulo ngeke ize ngokuzenzakalelayo

Uma singamniki uNkulunkulu indawo yokugala
ekuphileni kwethu, isimo sethu sengqondo sizoba
nokukhathazeka nokudideka, futhi ngeke sikwazi
ukubhekana nezidingo zokuphila ezingapheli ngendlela
.enengqondo nefanele

Futhi iyiphi indlela yokuthuthukisa lesi sifiso? Njalo
lapho sibhekene nobunzima noma ubunzima, futhi njalo
lapho sizwa ubunzima ezinhliziyweni zethu, kumelwe
siphendukele kuNkulunkulu sicele usizo Lwakhe, sazi ukuthi
noma ubani othanda uNkulunkulu futhi uyalugcina
engqondweni nasenziziyweni yakhe. Isimo Sakhe
.sizothuthuka. Isimo Sakhe siyashintsha sibe ngcono

Uma sivuselela futhi siphehla i-ether Ngemithandazo
yethu esuka enhliziyweni kanye nezicelo eziqotho Sizokhipha
umongo wempendulo yaphezulu Eukethe ukudla,
ukuphulukiswa, kanye nenjabulo

Kulabo abafisa ukondliwa ngokomoya, ukukhungatheka
nokwehluleka kwangaphambilini akubalulekile Izifundo
zingafundwa kuzo, futhi umuntu angazama futhi, ephinda
umzamo kusukela ekuqaleni. Impumelelo izoqinisekiswa,
ngosizo lukaNkulunkulu, kubo bonke abangadunyazwa
ukwehluleka, abazimisele ngokungancishiswa yizinhlekelele,
futhi abakholelwa ngokholo oluqinile Ukuthi uNkulunkulu
uyabasekela labo abaphikelela Labo abasemgwaqweni
ofanele, futhi ubanikeza ithemba, amandla, kanye
nethemba, baze bafinyelele umgomo wabo wokugcina
.Nokufeza injongo yokuphila

Umcabango ungamandla afana nogesi, kanye nezimo
zengqondo. Ubuyela emuva ekucabangeni nasendleleni
yokucabanga

Ugesi uwusizo futhi uyingozi; noma ubani owusebenzisa
ngokuhlakanipha uwubeka enkonzweni yakhe. Ngaphandle

kwalokho, ungase umbulale ngogesi. Ngakho-ke wacabanga
kanjalo. Uma uqondiswa ezindleleni ezifanele. Uletha
injabulo kumnikazi wawo, ngaphandle kwalokho umlethela
.inkinga

Umcabango ufana nehhashi lasendle, kodwa
ukuwulawula akuyona into engenakwenzeka, futhi
ukucabanga okuhle kuyindlela eyodwa yokulawula
umcabango

Ukucabanga okuhluzekile kungumngane oseduze Futhi
ingqondo egulayo iyisitha esihlala njalo

Ukucabanga okuhluzekile kudonsela ukuthula
nokuphepha, kuyilapho ukucabanga okungenampilo
kudubula imicibisholo ebulalayo ephindela kumnikazi wayo
kabili. Ngakho-ke isisho esithi, "Umvuzo ufana nesenzo."
Uma nje umuntu ethumela izinhloso ezinhle, imicabango
yakhe izophenduka izibani, ikhanyise amakamelo
omphefumulo futhi ixoshe izinqwaba zobumnyama, ukuze
azizwe eduduzekile kakhulu, namehlo akhe akhanye
ngokumamatheka kokwaneliseka! Kwangathi
ukumamatheka kungahlala emehlweni akho. Ukuthula
.makube phezu kwakho

Impilo ifana nesigayo esigaya imbewu yokuhlolwa
okunezithelo kanye nokuhlola, ukwenza isinkwa sokuphila
Kufana nomgwaqo ogobile, onezimbali eziluhlaza kuzo
zombili izinhlangothi zezimvemvane ezikhanyayo Nezihlahla
ezinezithelo ezimnandi emagatsheni azo, kodwa asivamile
ukuyeka Masijabulele ukukubona futhi sinambithe
ubumnandi bako; ngempela, sivame ukuba sematheni Ukuze
sifinyelele ezindaweni ezibanzi, sicabanga ukuthi
kunemibono emihle kakhulu kunalokho esikubonile Kodwa
njengoba sihamba kancane kancane Ezindleleni
ezinezimbali, ezithela izithelo, sithola imithi emnyama
kakhulu kunemisha, bese izimbali ziyanyamalala. Kanye

nakho, izimvemvane kanye nezithelo, bese sizithola
.sesisehlane elingenalutho

Ukuphila komuntu kufana namanzi olwandle, ahlanzwa
futhi abe masha Kuphela uma ukhuphukela emkhathini
ophezulu Kufana nephupho lasekuseni, elikhula
ngokukhanya njengoba ukhula, ngoba izinto zibonakala
zicacile futhi zicacile Kufana nohambo lapho indawo
iyashintsha njengoba sihamba amabanga Bese indawo
efanayo iyashintsha njengoba sisondela kuyo, njalo njalo

Ukuphila akudumazi abahlakaniphile, ngoba babhekana
nakho ngobuhlakani futhi bayakujabulela Ngaphandle
kokukuvumela ukuthi kubalawule futhi kubaphuce inkululeko
yabo. Isibonelo, bayawajabulela amanzi. Bayawaphuza futhi
bawageze, kodwa abazivumeli ukuthi bacwile kuwo.
Bajabulela izingubo abazithandayo. Ngaphandle
kokunamathela ngokweqile emithethweni nasemisebenzini
ebhekwa njengento engabonakali. Bajabulela ukudla
ngaphandle kokuvumela ukuminza ukuba kuwadle, ngoba
ukudla ngokweqile kwenza umzimba ube buthaka. Futhi
kugwinya ukuqonda. Futhi uzowubhubhisa ngokuphelele.
Ngakho-ke, umuntu kufanele ajabulele impilo. Kodwa
.ngaphandle kokuqeda amandla ezinzwa ngokucwiliswa

Ukuzwana nabanye Akusho ukuvumelana nabo kukho
konke, noma ukudela imibono ngenxa yabo, ngoba le ndlela
yokuzivumelanisa ayifiseleki futhi ayihambisani neqiniso
Abaguquli kanye namadoda amakhulu abazange
bavumelane nabantu abaningi ababazungezile, noma
kunjalo babambelela ngokuqinile emibonweni yabo, ngoba
.baqaphela ukuthi lokho ababekwenza kwakulungile impela

Okokuqala nokubaluleke kakhulu, umuntu kumelwe
avumelane noNkulunkulu, bese kuba nonembeza wakhe,
bese kuba nabantu

Isimiso akufanele sibekwe eceleni futhi singasebenzisi
izisusa ezicashile ukuze sifeze injongo ethile, ngoba lokho
.akufanele abantu abalandela izimiso

Ubani ongaphila ngendlela ejabulisa uNkulunkulu?
Ungalimazi abanye, ngoba abanakho okufanele bakwesabe
Uma le ndlela ingabanelisi abanye, kwanele ngomuntu
ukuba azizwe ekhululekile ngaphakathi futhi enokuthula
kwangaphakathi okumenza azimele ngaphandle
.kokwamukelwa ngabantu

Amandla nesifiso somphefumulo Ekuphendukeleni
kuNkulunkulu Kubizwa ngokuthi i-magnetism engokomoya
Futhi ngale magnetism umphefumulo udonsela izibusiso
kuwo kanye nokudlidliza okuhle kanye nakho konke okuhle
kwabantu Okumkhumbuza ngobuhle nokulunga
amandla okuzidonsela angokomoya. Amandla adonsela
futhi adonsele umuntu kuye. Abangane abahle nezinto
ezibalulekile kanye nokuqonda izinto ngendlela
eqondakalayo. La mandla atholakala emandleni akhangayo
.kaNkulunkulu

Ikhandlela Lokuthula

Thatha imbiza yengqondo uyigcwalise ngokuthula
kwakho

Thatha ibhodlela lemizwa yami, Ligcwalise ngesihe
sakho

Thatha ibhasikidi lami lomphefumulo elingenalutho,
Ligcwalise ngezithelo zokuhlakanipha kwakho

Thela amanzi othando lwakho emphefumulweni wami
Ngizowathela ezinkomishini zomphefumulo owomileyo

Diliza izindonga zobugovu Ngicwilise ebukhoneni bakho
bonke

Umsebe wokusa kothando

Makabuke esuka ekuvulekeni kwenhliziyo yami

Kungikhumbuza ukukhanya kwelanga kothando lwakho

Ukusabalala esibhakabhakeni sempilo yami

Ukukhanya okukhazimulayo kothando lwakho

kukhanyisile

Phezu kwami, futhi kwakhanyiselwa

Ukukhanya kwakho kugcwalise isikhala sami

esingokomoya

Ungukuphila okusekela umzimba wami

Futhi ingqondo ephefumulela imicabango yami

Nokuhlakanipha okususa ukungazi kwami

Ngikhanyisa ikhandlela elincane lothando lwami

Ukufunda incwadi yegolide

Kugcinwe ngaphakathi kimi kusukela ezikhathini

zasendulo

Uthando lwakho lwalukhona futhi lusekhona

Ikhandlela elingabonakali lokuthula

Okuxosha ubumnyama futhi kungibonise imiyalezo

yakho

Ibhulogi isemakhasini ezinhliziyiyo

Inkazimulo yakho mayibonakaliswe, Nkosi

Kwangathi ukukhanya kokuhlakanipha kwakho

kungasusa

Ukungazi, ukungezwani, nomona
Kusukela ogwini lomhlaba kuze kube phakade
Guqula ubuthakathaka bethu bube amandla
Futhi sabuthakathaka ekuzimiseleni
Shaja imizimba yethu ngogesi obalulekile
Futhi ugcwalise ingqondo nomphefumulo ngokukhanya
kwakho okuphulukisayo

Bamba isandla sethu ukuze singaminzi emanzini
okunganaki kwakho, futhi ugcwalise ubukhona bethu
ngothando lwakho nokuhlakanipha kwakho Masizizwe
siseduze kakhulu nawe nokuthi ilanga lesihawu sakho
.lisikhanyisela njalo

Ngibeka izimbali zemicabango yami ehlekisayo
nephilayo

Esakhiweni sokuthula

Iphunga lakhe elithule liyacula

Futhi uhlabelela ngenkazimulo yakho

Futhi ngokukhanya kokukhanya kwakho okungcwele

Ngiyabona ubuhle bokuba khona kwakho

Amaphupho ami ajabulisayo ayagcwaliseka

Lapho ukukhanya kwakho kukhanya emphefumulweni
wami

Izindwangu zivutha umlilo wokuhlakanipha

Ngibona inkazimulo yakho, futhi injabulo yami iyanda

Kwangathi uNkulunkulu angakukhanyisela ngokukhanya
kwakhe

Futhi imikhonzo evela emphefumulweni eya kuwe

Kunezidingo eziningi izwe elisibekela zona futhi
lisiqinisekisa ngokubaluleka kwazo okukhulu kanye
nokungenzeki kokuphila ngaphandle kwazo noma ukukwazi
ukuphila ngaphandle kwazo. Kodwa imfuneko eyisisekelo
kumelwe kube ukuthola ukuthula kukaNkulunkulu,
omithombo yakhe ayisoze yome futhi umthombo wakhe
awusoze wome, futhi okwenza konke empilweni kube
.nokunambitheka kanye nencazelo

Masikhumbule ukuthi uNkulunkulu uyisisekelo
sobukhona bethu, nokuthi uthando luyifasitela esibuka ngalo
ubuso Bakhe obukhazimulayo. Noma ngubani ofisa ukuzwa
ubukhona bukaNkulunkulu futhi akhulise lesi sifiso esikhulu
emcabangweni nasezenzweni, uNkulunkulu uzophendula
isicelo sakhe futhi amsize adilize izindwangu ezibavimbela
.ukuba babone izibani ezibusisiwe

Noma ubani ozimisele ukuqhubekela phambili endleleni
ngeke avinjwe yilutho, futhi akukho sithiyo esizomvimba aze
afinyelele umgomo wakhe futhi afinyelele isifiso senhliziyo
.yakhe

Amaparele Namatshe Ayigugu Angokomoya

Labo abadalula ubuthakathaka babanye futhi
bababangele amahloni nentukuthelo bakude kakhulu
nokuhlakanipha nokwahlulela okunengqondo. Kufanele
sidelele isono, hhayi isoni, ngoba singumzalwane wethu
emoyeni, naphezu kobumnyama bokungazi obusimbozayo
futhi obusizungezile. Inhloso yokusola kufanele kube
ukuphulukisa, hhayi ukujabula nokulimaza. Kufanele
siphathe umfowethu onesono ngendlela ebesingathanda

ukuphathwa ngayo ukube besisesimweni sakhe nesimo
.sakhe

Noma ngubani ofihla amaphutha omfowabo kuleli zwe,
.uNkulunkulu uzofihla amaphutha akhe kwelizayo

Njengoba nje sahlulela abanye, umthetho ongokomoya
uyasahlulela ngezinga elifanayo. Akufanele silindele okuningi
kakhulu kwabanye, futhi akufanele silindele njalo
imiphumela emihle kunoma ubani, noma ngabe benza konke
.okusemandleni abo

Umntu angawa futhi akhubeke, kodwa uzohlala
ephephile uma nje enza konke okusemandleni akhe
ukukhuphuka isitebhisi sokulunga nokulunga futhi

Nsuku zonke kufanele sizame ukuphakamisa umoya
wesiguli ngokomzimba, ngokwengqondo, noma ngokomoya
endaweni esikuyo, njengoba nje sizisiza thina noma
.amalungu omndeni wethu

Noma ubani ozama kusukela namuhla ukuphila
ngokwemithetho yaphezulu - esikhundleni sempilo yakudala
yobugovu eletha ubunzima nosizi - uzothola ukuthi
kungakhathaliseki ukuthi indima ayidlalayo iphansi
kangakanani empilweni, ihlala iyindima ebalulekile uma nje
enza umsebenzi wakhe ngokugcwele ngokwesiqondiso
somqondisi womdlalo we-cosmic kanye nomphathi wazo
zonke iziphetho zethu: uNkulunkulu uSomandla

Uma sisebenzisana nabanye ngobuqotho bangempela,
uthando lweqiniso, kanye nokucabangela imizwa, sizoletha
abangane abahle ekuphileni kwethu ngaphandle
kwezintshisekelo zomuntu siqu noma izibalo zobugovu
ezicabangela okuncane; ngaphandle kwalokho, ngeke
.sikwazi ukubona abangane bethu beqiniso

Kuyadingeka ukususa ubuzenzisi nokuzenzisa,
nokwenza ngendlela engabalimazi ngamabomu abanye

Abangane akufanele bathukuthele, badelelwe, noma
baphikiswe, futhi akufanele banikezwe noma yisiphi isizathu
sokuba nemizwa engemihle ngathi Abangane akufanele
baphathwe kabi, baxhashazwe, noma banikezwe iseluleko
esingacelwanga ngaphandle kokuba siceliwe Uma iseluleko
siceliwe, kufanele sinikezwe ngobuqotho nangomusa,
ngaphandle kokwesaba imiphumela Abangane bayasizana
ngokugxeka okwakhayo nokwabazalwane

Okuhlangenwe nakho okunzima empilweni akuzi
ukuzosiqeda amandla futhi kusingqobe, kodwa kuzoqinisa
ukuzimisela kwethu futhi kuqinise ukholo lwethu
kuNkulunkulu kanye nokuzethemba kwethu Abanye abantu
bakholelwa ngephutha ukuthi lokhu okuhlangenwe nakho
nezinselele kuyizimpi ezibhubhisayo
ezingenakuqhathaniswa, ngakho-ke bayayeka. Inggondo
enempilo ibalulekile ekuvuseleleni amandla ethu
angaphakathi ukuze sibhekane ngokuphumelelayo nokuphila
.kanye nezilingo zako

Uma umuntu engancintisani nomuntu onamandla
kunaye, ngeke abe namandla Ngokufanayo, lapho sibhekene
nobunzima bethungesibindi namandla engqondo, siba
namandla futhi sibe namandla ngokwengeziwe

Izingqondo zethu ziyingxenye ebalulekile yokwazi
kukaNkulunkulu okubanzi Ngaphansi kwegagasi lokwazi
kwethu kulele ulwandle lokwazi Kwakhe okungenamkhawulo
Lapho igagasi likhohlwa ukuthi liyingxenye yolwandle
olukhulu, lizihlukanisa nalawo mandla olwandle Ngenxa
yalokho, izingqondo zabantu ziba buthakathaka ngenxa
yokulinganiselwa kwezinto ezibonakalayo futhi azisakwazi
ukusebenza kahle nokukhiqiza okuningi Lapho izingqondo
zithuntutha uthuli lokungazi futhi ziphula izibopha ezibopha

amandla azo, zizoba nekhono lokudala nokuxhumana okuhle
nokuphila

Uma ubambelela ngokuqinile embonweni othile futhi
uwugcwalisa ngentando enamandla, lowo mbono uguquka
ube amandla aguqukayo. Lapho umcabango uba namandla
aguqukayo, ungadala indawo efanele yempumelelo,
ngokusho kwemephu engabonakali edwetshe
.engqondweni

Abantu bayahluleka ngoba bavumela izimo ezinzima
zokuphila ngaphandle kokumelana nazo, esikhundleni
sokumelana nazo ngaphandle kokuzinikela

Kuyadingeka ukuzivocavoca nokwenza kusebenze
amandla okuzimisela

Labo abangena endaweni yokuthula bangaxhumana
ngokomoya neminye imiphefumulo ethanda uNkulunkulu,
futhi bangaqonda ulimi lwama-rose nazo zonke izidalwa
.eziphilayo

O Nkosi, yiba yiNkosi yodwa ebekwe esihlalweni
sobukhosi othandweni lwami nasekulangazeleni kwami

Labo abazindlayo bathola umuzwa ojulile wokuthula,
futhi lokhu kuthula kwangaphakathi kufanele kugcinwe
ngisho nalapho benabanye. Lokho umuntu akufundayo
ekuzindleni kufanele kwenziwe emisebenzini yansuku zonke
kanye nokuxhumana nabanye, ngaphandle kokuvumela
noma ubani ukuba aphazamise ukuthula noma ukuthula
.kwakhe

Uma ufuna ukwakha umkhuba omuhle noma ukuqeda
umkhuba omubi, gxila emangqamuzaneni obuchopho lapho
.kutholakala khona izindlela zemikhuba ehlukene

Ukuze wakhe umkhuba omuhle, qala uhlale buthule
uzindle, ufune usizo oluvela kuNkulunkulu. Gxilisa ingqondo
yakho enkabeni yamandla okuzimisela, etholakala ebunzini
phakathi kwamashiya akho, bese uqinisekisa ngokuqinile
umkhuba ofisa ukuwufaka ebuchosheni bakho. Uma ufuna
ukususa imikhuba emibi, gxila futhi ukunaka kwakho kulesi
sikhungo samandla okuzimisela futhi uqiniseke ngokuqinile
ukuthi yonke imigogo lapho leyo mikhuba igxilile khona
iyasulwa. Ngokugxila kanye namandla okuzimisela, ungasula
ngisho nemigogo ejulile yemikhuba emidala egxilile.
Ziqinisekise ngokuphindaphindiwe ukuthi unamandla
okuzimisela anele okususa imikhuba engaphilile endaweni
.yobuchopho

Isikhathi esifanele kakhulu sokuqinisekiswa okunjalo
kusesekuseni kakhulu lapho intando nokunaka kugaphile

Qhubeka uziqinisekisa ukuthi ukhululekile kuzo zonke
izithiyo futhi ngolunye usuku uzothola ukuthi - Ngosizo
lukaNkulunkulu - usuzikhululile kakade emkhubeni obufuna
.ukuwulahla

Noma yini oyisabayo, susa imicabango yakho kuyo bese
uyishiya kuNkulunkulu. Qinisa ukholo lwakho kuNkulunkulu
.futhi uthembele ukuthi uyakwazi ukukusiza

Ukuhlupheka okuningi kuvela ekukhathazekeni
nasekukhathazekeni Kungani kufanele uhlupheke kuyilapho
lokho okwesabayo kungakakenzeki? Cabanga ngokukhanya
kukaNkulunkulu okukuvikelayo okukuzungezile nxazonke,
futhi uzozwa isivikelo Sakhe esimangalisayo

Njengoba iningi lezinkathazo zethu livela ekwesabeni,
uma sisusa ukwesaba ezimpilweni zethu, sizozizwa
sikhululekile futhi ukuphulukiswa kuzoba khona
ngokushesha Njalo ebusuku, ngaphambi nje kokulala,

ziqinisekise ukuthi uNkulunkulu unawe, uyakuvikela futhi
.uyakuqapha

Kule drama yasemkhathini, abantu bazo zonke
izinhlanga badlala indaba yokuphila esiteji sesikhathi.

Kumelwe siqonde incazelo yokuphila ngaphandle
kokuzikhathaza ngokwegile noma ukugxila kakhulu
.ngezindima zethu ezidlulayo

Umbono wethu ngempilo uvame ukuhlanekizelwa futhi
uphambukile ngoba sibheka ngamehlo obugovu kanye
nombono olinganiselwe Ukube besibheka ngeso
lomphefumulo, besizobona izinto ngombono ohluke
ngokuphelele

Uma sivula iso lokuhlakanipha, sibona ukukhanya
kukaNkulunkulu okubanzi, futhi kulokho kukhanya sibona
isimo sethu esingokomoya, okuwukubonakaliswa kwemvelo
yokuqonda kwendawo yonke egcwala zonke izinhlayiya
.nezingxenye zendawo yonke

Amaqiniso angokomoya asizungezile, angqongqoza
eminyango yamehlo ethu avaluwe, esikhuthaza ukuba sibone
ukukhanya esikhundleni sobumnyama, senze
ngokuhlakanipha esikhundleni sokungazi, sigcwalise
izinhliziyi zethu ngothando esikhundleni senzondo, futhi
sibambisane ekumiseni ukuthula nokuletha inala
nokulondeka emhlabeni wethu Uma senza lokho, ukungazi
kuzonyamalala, ukungezwani kwezimo kuzonyamalala,
sizobona ubunye ekubalweni kwabantu, futhi sizovumelana
kakhulu nentando yaphezulu

Ubuhlobo bethu noNkulunkulu abuyona into ebandayo
noma engenaluthando, njengaleyo ephakathi komqashi
nesisebenzi. Singumndeni waKhe, ukusinakekela kwaKhe
kuhlala njalo, futhi uyasilalela njalo. Siyingxenye ebalulekile

yobuntu baKhe, futhi ubuhlobo bethu naYe buyaphila futhi
.bunamandla

UMdali wethu usiphe ingcebo engapheli yothando,
ukuqonda, ukuqonda, isifiso esihle, namandla angokomoya,
kodwa iningi lethu alichithanga le ngcebo ezintweni
uNkulunkulu afisa ukuba siphile kuzo ngokuphepha,
ngokuthula, nangokubambisana okunobungane, njengoba
kufanele umndeni ohloniphekile nonothando, kodwa
ubugovu kanye nokubala kobugovu kuye kwagxila
ezinhliziyweni zethu futhi kwahlwanyela ukungezwani
.phakathi kwethu

UNkulunkulu ufuna sibe ngamakhosi, kodwa sikhethe
ukuba yizigqila

Umuntu usuke ehambile kude nekhaya lakhe lasezulwini
futhi walahlekelwa yipharadesi langaphakathi lokuzizwa
eseduze noNkulunkulu noNkulunkulu eseduze naye, futhi
ngeke akwazi ukuphinda alithole lelo pharadesi ngaphandle
.komzamo womuntu siqu

UNkulunkulu wasidala ngomfanekiso waKhe, kodwa leli
qiniso seliphumile ezingqondweni zethu. Sinqotshwe
yinkolelo yokuthi isiphetho sethu siwubunzima kanti
isiphetho sethu siwukubhujiswa. Kumelwe sidabule isihenqo
sokukhohlisa ngommese wokuhlakanipha ukuze sibone
.iqiniso elikhanyayo ngemuva kwaso

?Singobani futhi siyini imvelo yethu yangempela

Abantu banomehluko osobala, kungaba ngesimo sabo
sengqondo noma ngokomzwelo, izindima abazidlalayo
empilweni, umsebenzi nemisebenzi abayiphishekelayo,
noma izifiso abazizwayo. Kodwa ngaphansi kwakho konke
lokhu mehluko kunezinto ezimbili wonke umuntu azifunayo
futhi azidingayo ngaphandle kokukhetha. Esinye inkululeko

kuzo zonke izinhlobo zobuhlungu kanye nokuswela. Esinye injabulo ephelele nehlala njalo—ukwaneliseka okuphelele, lapho kuhlala khona ukuthula, uthando, ukuhlakanipha, .kanye nenjabulo

Eqinisweni, lokho abantu abalwela ukukufinyelela nguNkulunkulu, kungakhathaliseki ukuthi bayalisebenzisa lelo gama noma cha. Abahlakaniphile bathi uNkulunkulu uyingqikithi yenjabulo nomoya wenjabulo. Futhi umuntu ngeke athole ukwaneliseka okuphelele ngaphandle kokuthi athathe ngqo emthonjeni wendawo yonke. Leli iphuzu .elibalulekile lokuqonda isimo somuntu

?Kodwa abantu bakufunaphi lokho abakufunayo

Bakufuna kuphela ezintweni zomhlaba: ezintweni abanazo, ezimweni zangaphandle, kanye nasebudlelwani nabanye abantu Kodwa akunakwenzeka ukukuthola kunoma yini, kunoma ubani, noma kunoma yisiphi isimo kuleli zwe, .uma ubheka uhlobo lwendalo

Indalo isekelwe esimisweni sobubili. Akunakwenzeka ukuba nesithombe ngombala owodwa kuphela, njengoba kungekho ndlela yokwenza ngaphandle kokuphikisana nawo.

Ngokufanayo, akunakwenzeka ukuthi noma yisiphi isici sokuphila sibe khona sihlukaniwe nobubili. Kodwa-ke, lapho sihlola izifiso ezishukumisa abantu, sithola ukuthi ngamunye wethu ufisa izinto ezinhle kuphela, ezimnandi, ezinhle, nezinhle, ngaphandle kwesifiso esincane sokubhekana nanoma yini engathandeki noma engathandeki. Kodwa lokho .akunakwenzeka

Kuleli zwe elinobunye, akukho injabulo ngaphandle kobuhlungu, akukho ukukhanya ngaphandle kobumnyama, akukho okuhle ngaphandle kobubi, akukho ukuphila ngaphandle kokufa Izinhlangothi ezimbili zohlamvu lwemali

azihlukaniseki Lokhu kusho ukuthi lokho esikulangazelelayo
ngaphakathi kithi akunakutholakala kuleli zwe

Abantu bayasesha—yebo, bafuna ngamandla abo onke
—kodwa abakwazi ukuthola abakufunayo, okudala
ukuphelelwa yithemba nokuphelelwa yithemba Lokhu
akugcini nje ngokuholela ekuphelelweni yithemba kodwa
futhi nasekucasukeni okukhulu nasentukuthelweni
enamandla, futhi ngenxa yalokho ezenzweni zobudlova
Konke lokhu kwenzeka ngoba abafuni abakufunayo
endaweni efanele, futhi ngenxa yalokho, abakutholi okufiswa
yizinhliziyo zabo

Abantu esikhathini sethu abazi okuningi ngencazelo
nenjongo yokuphila, ngakho-ke bahlushwa ukudideka
.nokudideka

Ngokwemvelo, abantu bangabantu abaqhutshwa
yinjongo Uma bengenalo injongo ekuphileni, futhi uma
izingqondo zabo, amandla, intando, kanye nemizwa yabo
kungaqondiswa ngendlela eyakhayo neyakhayo,
bazophendukela ezindleleni ezibhubhisayo
njengokusebenzisa kabi utshwala nezidakamizwa,
ukusebenzisa ubudlova, njalo njalo. Umgomo wokugcina
wokuphila ukwazi uNkulunkulu futhi kuwumthwalo wabantu
ngabanye ukuvumelanisa izindima zabo nemisebenzi
yangaphandle ngezenzo ezilungileyo, imibono emihle, izimo
zengqondo ezinhle, kanye nokudluliselwa kwemizwa yabo
ngendlela ezuzisayo

Lezi zici ezimbili zemvelo yethu—isici sangaphakathi
noma esingokomoya kanye nesici sangaphandle—
aziphikisani uma ziqondwa kahle Kunalokho, ziyasekelana
futhi zisisiza ukuthuthukisa nokuthuthukisa amakhono ethu
angokomzimba, angokwengqondo, angokomzwelo,
.nangokomoya

Abantu baphila endaweni engenalutho, engenakho
ukukhuthazwa kwengqondo noma ukukhuthazwa
kwengqondo Bazizwa benesithukuthezi ngenxa yokuntuleka
kwenjongo kanye nokungabikho kwanoma yini engenza
ukuphila kwabo kube yigugu futhi kube nencazelo Umuntu
ojwayelekile angase akwazi ukusebenza futhi aziphathe
sengathi uphilile ngokwengqondo nangokwengqondo, kodwa
?ingabe uyajabula

Inhloso eyinhloko yokuphila ukwazi ukuthi singobani
nokuthi siyini ngempela imvelo yethu. Uma sinikeza izici
ezijulile zokuphila ukunakwa okufanele, nakanjani sizozizwa
sijabule, ngoba injabulo yomuntu ihlotshaniswa
nokuxhumana nomuntu ongokomoya, ngaphandle kwalokho
.umuntu angabi khona noma abe khona

Ukwesaba ukwehluleka noma ukugula kukhuliswa
ukucabanga ngakho njalo kuze kube yilapho umqondo
wokwehluleka uphuma engqondweni eqondayo uye
engqondweni eqondayo futhi ekugcineni ufinyelele
ekugqondweni okuphezulu. Khona-ke, ukwesaba, okugxile
engqondweni eqondayo nakweqondayo ephakeme, kuqala
ukwanda nokukhula kuze kube yilapho kugcwalisa ingqondo
eqondayo ngokhula lokwesaba olungasuswa kalula
njengomcabango wokuqala lapho luhluma. Lezi zitshalo
eziyingozi ekugcineni zithela izithelo ezinobuthi nezibulalayo.
Ngenhlanhla, izimpande zalo zingasuswa ngaphakathi
ngokugxila kakhulu esibindini nokufaka ekuqapheleni ukholo
oluphelele kuNkulunkulu nokuthi uyakwazi ukusiza labo
.abafisa ukuzisiza nokubavikela ekulimaleni

Kwake kwaba nesikhathi lapho igwebu elincane
lalintanta phezu kolwandle, liqaphela iziphepho nombani,
lapho ezwa izwi limhlebeli: "Igwebu elincane lokuphila,
"?unenkingani

Awazi yini ukuthi uyingxenywe yolwandle lokuphila?
Ibhamuza elincane labheka nxazonke laqaphela lelo qiniso

Ukuqonda komuntu kuntanta njengebhamuza elincane
Ebusweni bolwandle lokwazi kwendawo yonke, ucabanga
ukuthi libhamuza lesikhashana, uthuthumela ngokwesaba
ukugula, ubumpofu, nokufa Awu bhamuza, uyalwesaba
ulwandle? Bheka nxazonke ubheke ngokucophelela Shintsha
umbono wakho usuka endaweni okuzungezile uye endaweni
kaNkulunkulu engenamkhawulo Hlola ngokujulile, wandise
ukuqonda kwakho, ukuze wazi futhi uqiniseke ukuthi
umunye nolwandle lwakhe olukhulu, nokuthi uNkulunkulu
unawe Uyakuvikela, uyakusekela, manje naphakade

Ukugwema izingibe nezingibe

Noma nini lapho uzwa isifiso esinamandla enhliziyweni
yakho sikunxusa ukuba usigcwalise, sebenzisa ukuqonda
bese uzibuza, "Ingabe lesi yisifiso esihle esingagcwaliseka,
noma isifiso esibi okungafanele sihlonishwe?" Izifiso zezinto
ezibonakalayo ezingaphili zikhuthaza imikhuba yethu emibi
ngokusinika amathemba angamanga kanye nenjabulo
ekhohlisayo Ezimweni ezinjalo, amandla okuqonda kumele
asetshenziswe ukuze kwembulwe iqiniso Imikhuba emibi
ekugcineni iholela ekungajabulini Lapho isimo sayo
sangempela sembulwa, ayibe namandla okubamba umuntu
ezingibeni zokuhlupheka nasezingibeni zosizi

Ukuzindla nezindaba

Ekuphileni nasekufeni, ezinsizini nasezinhlekeleleni,
ukholo lwami kuwe, Nkosi, luhlala luqinile futhi
.lungenakunyakaziswa, luqinile futhi alunyakaziswa

Yonke imimoya yokulangazelela kwami nokunxusa ivula
iminyango namafasitela emphefumulweni wami engidlula
kuwo ngiye enjabulweni kaNkulunkulu

Njengoba nje ilanga likhanya ezindaweni ezinabantu
abaningi, nami ngizobona imisebe yothando lwaphezulu
kuzo zonke izici zempilo yami nemisebenzi yami yansuku
.zonke

Ngibusise, Nkosi, ukuze ngivuse umphefumulo wami
ngokusa ngiwulethe emnyango wakho obusisiwe

Indaba yenyamazane ye-musk

I-musk iyinto eyigugu enephunga elinamandla,
etholakala enkabeni yenyamazane ye-musk ehlala
.ezintabeni eziphakeme zaseHimalaya

Uma inyamazane isifinyelele eminyakeni ethile, i-musk
ekhangayo iqala ukuvuza ngasese enkabeni yayo, bese
inyamazane ishukunyiswa yilelo phunga elimnandi bese
iqala ukudansa nokufuna umthombo walelo phunga
.elimnandi

Ihamba ukusuka endaweni ethile kuya kwenye, ihogela
phakathi kwamatshe nangaphansi kwezihlahla, ifuna yonke
indawo umthombo walelo phunga elijabulisayo

Ekugcineni, uthukuthela futhi akhathazeke kakhulu
lapho engakwazi ukukhuluma futhi engakwazi ukuthola
.lokho akufunayo ngokulangazelela nangomdlandla

Emzamweni wokugcina wokufinyelela emthonjeni we-
musk, igxuma isuka emaweni amade amatshe iye esigodini
esijulile ukuze ibhekane nesiphetho sayo futhi ibhekane
nokufa kwayo, lapho abazingeli bekwazi ukuyibamba futhi
.bakhiphe khona isikhwama noma i-gland ye-musk kuyo

Kulokhu, omunye wezimbongi ezikhanyiselwe washo
:okuthile okufana nokuthi

!O nyamazane ye-musk, wena siwula

?Kungani uhlupheka? Kungani ungalali

Le musk iyatholakala

!Ngesikhwama sakho sesisu, siwula

Noma ngabe uthinte ngekhala lakho

Kuwe kuvela iphunga eliyimfihlo

Ubuyobe uwine lokho obekufisa

Futhi uphile ngaphandle kokusebenzisa imali

Anicabangi yini, bangani bami, ukuthi abantu abaningi

baziphatha njengenyamazane ye-musk? Bahlala befuna

.injabulo yonke indawo ngaphandle kwabo

Yebo, bafuna injabulo ngokudlala, futhi bazitika

ngokukhathala ezifisweni nasezifisweni. Bakhuphuka

ezindleleni ezishelelayo zengcebo baze bagxume emaweni

amathemba aphezulu baye emadwaleni okukhungatheka

nokwehluleka lapho bengakwazi ukuthola injabulo

.yangempela egcinwe ezinhliziyweni zabo ezijulile

Uma siguqula imicabango yethu, futhi sizindle

ngokujulile, sizothola ekuthuleni komphefumulo umthombo

.wenjabulo yangempela nehlala njalo esiyifunayo

Akufanele sifane nenyamazane ye-musk, ebhubha ifuna

injabulo ezindaweni ezingafanele Kunalokho, kumelwe

siqaphele futhi sizame ukuthola injabulo ngaphakathi kithi,

.hhayi ngaphandle kwethu

Indaba Yenkinobho

Indoda ethile yafika kimi yathi inesifo senhliziyo

:esingamahlalakhona, yabe isinezela

Ngizame izinto eziningi, kodwa angikwazi ukususa"

"ubuhlungu benhliziyo

Ngemva kokucabanga ngokuthula, ngamcela ukuba
:angilethele isikele. Wangibheka ethuthumela wathi

"?Uhlose ukungivula inhliziyo, mnumzane"

Ngahleka ngaphendula ngathi, "Angisiye udokotela
Wake wezwa ngomuntu osebenzisa isikele ukuze enze
"!?ukuhlinzwa

Ekugcineni, waletha isikele ngokungathandi, ngakho
ngasika enye yezinkinobho ejazini lakhe ngamtshela ukuthi
angathungi enye inkinobho endaweni yayo, futhi angabeki
isandla sakhe endaweni lapho inkinobho ingekho khona.
Ngamtshela nokuthi abuye kimi ngemva kwamasonto
amabili, futhi ngangilindele ukuthi uzolulama ngaleso
.sikhathi

Indoda yahleka yathi, "Ngizokwenza njengoba ucelile
ngoba ngiyakwethemba, kodwa ngicabanga ukuthi umuthi
"!ongavamile kakhulu engake ngawunikwa

Ngemva kwamasonto amabili weza kimi egijima wathi,
:emangele

Ochwepheshe bangiqinisekisiwe ukuthi ngiphulukisiwe"
ezifweni zenhliziyo. Ngakho-ke, ngenxa kaNkulunkulu,
"?wenzeni? Ingabe ukhiphe i-genie ngenkinobho

Ngaphendula ngokumomotheka: "Yebo! Isandla sakho
besilokhu sidlala ngenkinobho, futhi inkinobho
"yayihambisana nenhliziyo

Leyo nkinobho kwakuyiyona genie eyayibangela
ubuhlungu enhliziyweni yakho Ngakho ngasika inkinobho
ngakutshela ukuthi ungayishintshi noma ubeke isandla
sakho enhliziyweni yakho. Ngaleyo ndlela, inhliziyo yakho
!yakhululeka ekucindezelekeni futhi yayeka ukukulimaza

Konke kuhamba ngokushesha, futhi abantu bamatasa
ngezinto eziningi Ngokwemvelo, kungcono ukuvuna inala
yomhlaba kunokuchitha isikhathi, uvumele isizini ikudlule
bese ugcina ungenalutho Kodwa lokho umuntu okufanele
akuvune isivuno esicebile kakhulu empilweni: ukusondela
kuNkulunkulu nokumazi Ukuphela kwendlela yokuthola
injabulo yangempela ukufeza okuthile kuleli zwe kanye
nokufeza impumelelo engokomoya

Labo abamaziyo uNkulunkulu abaqali imisebenzi yabo
yansuku zonke ngaphambi kokuba baqale ngokuzindla
ngoNkulunkulu futhi bagcwalise izingqondo nemizimba yabo
.ngamandla aphezulu abusisiwe

Izimfuno eziningi zomhlaba zingabavimba labo abafuna
imigomo yabo engokomoya futhi zibaphambukise endleleni
abayikhethile. Kodwa labo abanesinqumo esingaguquki
abavumeli lutho ukuba lubaphambukise endleleni;
baphikelela ngokuzimisela kungakhathaliseki ukuthi izimo
.zinzima noma zimbi kangakanani

Kungakhathaliseki ukuthi izwe lisinikani, ngeke linelise
ukulangazelela kwezinhliziyi zethu, ezilangazelela okuthile
okuzinzile, okubaluleke kakhulu, nokuyigugu ngaphezu
.kwakho konke okuqukethwe yingcebo nengcebo yomhlaba

Uma umuntu efa—kwangathi ungaphila isikhathi eside—
akukho mandla emhlabeni angamenzela lutho Ubani
ongasisiza ngemva kokushiya leli zwe? Ngakho-ke, kumelwe
sikhumbule njalo ukuthi leli zwe liyindawo yesikhashana nje
ohambweni lwethu oluya ekhaya lethu lasezulwini, lapho
.sizohlala khona phakade phambi koMuntu Onesihawu

Ingcebo eningi ayiqinisekisi impilo, ukuthula, kanye
nokusebenza kahle, kodwa ukuthula ukuthula kanye
nokusebenza kahle kuzoholela empumelelweni

elinganiselayo kokubili emazingeni angokomoya
.nangokwenyama

Iningi labantu lithuthukisa ukusebenza kahle
kwengqondo ukuze liphumelele ezintweni ezibonakalayo.
Kodwa uma umuntu ezibusa futhi elawula amandla akhe
engqondo futhi enza ngokuvumelana nohlelo
lukaNkulunkulu, impilo yakhe iyobusiswa, futhi uzonambitha
umpe womoya ngenkathi esemhlabeni. Ngeke esaba
yisiboshwa semikhuba nezifiso, kodwa ukuqonda kwakhe
kuzoguqulwa kube yinhliziyi yobukhona bukaNkulunkulu,
futhi uzohlala lapho ejabulela injabulo evuselelwe
.engenakuchazeka

Umzimba uyikhemisi elikhulu kunawo wonke

Abacwaningi bezokwelapha bathole ukuthi lapho sizwa
injabulo enkulu, umzimba ukhiqiza imithi yokucindezeleka
nezinye izinto ezinciphisa ukucindezeleka ezinamandla futhi
eziphumelelayo njengalezo ezinqunywe odokotela. Umzimba
uyikhemisi elikhulu kunawo wonke eMhlabeni, elikwazi
ukukhiqiza into efanele ngesikhathi esifanele uma
sivumelana nebhalansi engokomoya uNkulunkulu ayibeke
.ngaphakathi kithi

Akuzona zonke izingcindezi eziyingozi; ukucindezeleka
kuvusa amandla abalulekile ageleza emizimbeni yethu futhi
kuvuselele umsebenzi nokunyakaza Izifundo zikhombisile
ukuthi inani elifanele lokucindezeleka liyazuzisa

Kodwa inkinga iphakama lapho ukucindezeleka kudlula
izinga elifanele

Ngamunye wethu unomkhawulo wokucindezeleka, futhi
uma lowo mkhawulo usudluliwe, siba nokucindezeleka
okukhulu kunalokho okufanele, futhi singase singakuqapheli

kuze kube yilapho izinkinga ziqala ukuvela emzimbeni,
.emizweni nasengqondweni

Ukuphila noNkulunkulu kuyinjabulo nenjabulo, kuyilapho
ngaphandle kukaNkulunkulu kukhona ukukhathazeka,
isiyaluyalu, ubunzima, ngisho nenhlekelele Ngakho-ke
singakuthola kanjani ukuthula nokuthula empilweni ebuswa
yizinhlekelele nezinhlekelele, futhi silethe injabulo ethile kulo
?mhlaba

Imfuneko yokuqala ukuqaphela izingcindezi zokuphila
lapho singaphansi kwethonya lazo

UNkulunkulu Uhlakaniphe Kakhulu Futhi Uwazi Konke,
futhi unikeze imizimba yethu izimpawu ezifana nenduduzo,
ukungakhululeki, ukuthula, nokukhathazeka, futhi kumelwe
sinake lezi zimpawu Kukhona ukuhlakanipha kwaphezulu
emizimbeni yethu okuzama ukusitshela okuthile, futhi
kumelwe silalele le miyalezo ngezikhathi zokucindezeleka
noma ukuphumula Uma uzizwa ucindezelekile, gxilisa
ingqondo yakho engxenyeni yomzimba wakho ebhekene
nokucindezeleka, bese uthatha umoya ojulile, futhi
ngesikhathi esifanayo, uqinise kancane leyo ngxenye ize
idlidlize Bese uphumula futhi ukhulule ukucindezeleka Lokhu
kuzosiza ukugcina ibhalansi enamandla nephilayo
emizimbeni futhi kuwuvikele emiphumeleni elimazayo
yokucindezeleka

Singakwazi futhi ukulawula ukucindezeleka
ngokomzwelo ngokuphefumula Uma uzizwa ukwesaba noma
yimuphi omunye umuzwa olimazayo, phefumula kancane,
ngokujulile, nangokuhambisana nesigqi izikhathi eziningana,
uvumele umzimba wakho uphumule ngokuphefumula
ngakunye Lokhu kuzosiza ekunciphiseni ukushaya
kwenhliziyo yakho okugijimayo, kubuyisele ukujikeleza
kwegazi okuvamile, kube lula ukugeleza kwamandla

abalulekile ngemizwa yakho, futhi kusize ukuzola ingqondo
.yakho nokucacisa imicabango yakho

Ukuphila akuyona isimo esiphuthumayo; kuyisimo esihle
saphezulu, futhi kufanele sikujabulele. Masikhumbule ukuthi
ukumamatheka kungamandla; uma singakusebenzisi,
.silahlekelwa yisici esibalulekile sempilo

Abantu bayimiphefumulo enemizwa nemizwa, futhi
banomzimba abawugqoka njengengubo noma ijazi
langaphandle. Kodwa uma nje siphila kuphela ezingeni
lomzimba nemizwa, sizowela ngaphansi kwethonya elibi
.lokucindezeleka nokucindezeleka

Uma sivumelana nemvelo yethu ebalulekile,
okungumoya, injabulo yomoya igeleza enhliziyweni futhi
iguquke ibe uthando Ukuzwa lolu thando, oluxhunywe
ekuthuleni nasekuthuleni komphefumulo, kanye nokwenza
nokusebenzisana ngaphansi kwethonya lalo elivumelanayo,
kuyindlela efanele kakhulu yokuphila ngokwemvelo ezweni
eligcwele ukungezwani nokuphikisana Ukuvumelanisa nale
njabulo kuyisisombululo sezinkinga zokuphila

Qaphela: Ngokuphathelene nesitatimende esithi:
"Umzimba ukhiqiza umuthi wokucindezeleka nezinye izinto
ezinciphisa ukucindezeleka, ezingenamandla futhi
ezisebenza kahle njengalezo ezinikezwe odokotela," lesi
akusona iseluleko okufanele sishiywe ngaphandle
kweseluleko sezokwelapha kanye nemithi kadokotela,
.yingakho kunesidingo sokucaciswa

Izibalo zamagnetic

Umuntu okhona kakhulu futhi onemikhuba emibi +
umuntu onenhliziyi enhle kodwa onenhliziyi ebuthakathaka
= amandla okubuthaka anqoba umusa

Umuntu onenkani ebuthakathaka onenkani embi +
umuntu onenkani eqinile onenkani enhle = amandla
adonsela phansi amahle angoba omubi

Uzibuthe obuthakathaka ngokomoya + i-biomagnetism
embi = uzibuthe oqinile wobubi

Amandla aqinile okuziphatha + amandla abuthakathaka
okuziphatha = amandla amakhulu okuziphatha

Umuntu othukuthele futhi onobudlova + umuntu
omnene futhi onomusa = amandla adonsela phansi
entukuthelo angoba ubumnene

Isimo sengqondo esinamandla, esilinganiselayo,
nesizolile + isimo sengqondo esivame ukuholela
ekunganelisekini = amandla okuzola abusayo

Ukwehluleka okungapheli okugxilile + ukwehluleka
okuncane okugxilile = amandla okuzibamba okwehlulekayo

Impumelelo enamandla enhle + impumelelo encane
enhle = impumelelo ethuthukisiwe

Ukudlidliza kokwehluleka okunamandla + ukudlidliza
kwempumelelo okunamandla = kungaba amandla
okuzibutha okunamandla noma amandla okuzibutha
okunamandla, kuye ngendawo kanye nezimo

Inggondo eqinile, ehluzekile + ukungazi okuphelele =
ukuhlakanipha kanye nekhono noma ukungazi kanye
nobuwula

Amandla angokomoya avelele + amandla asebenzayo
avelele = Amandla adonsela phansi angokomoya - amandla
asebenzayo avelele ngempela

Ukube abantu bebengabona izidalwa eziningi
zamazplanethi ku-ether ezibazungezile, mhlawumbe abanye

bebengazama ukuthola abathandekayo babo abashonile.
UNkulunkulu uvule amehlo ami angokomoya, futhi ngibona
imiphefumulo eminingi eshiye umhlaba. Ngokugxila kakhulu
esweni elingokomoya (phakathi nebunzi), umuntu angabona
ngombono wangaphakathi umhlaba okhazimulayo ohlalwe
yiyo yonke imiphefumulo emihle eye yakhuphukela
.endaweni ethambile yaba khona koMuntu Onomusa

Kubantu, inhliziyo isebenza njengomamukeli
ongenantambo kanye neso elingokomoya njengomthumeli
Ngisho noma ungababoni abathandekayo bakho abashonile,
uma ugxilisa imizwa yakho enhliziyweni ngokuthula,
ungazizwa ukuba khona kwalabo abathandekayo bakho
manje abahlala emizimbeni engokoqobo, bejabulela
ukuthula nokulondeka kukaNkulunkulu futhi bejabula
ngokukhululeka kwabo ezinkingeni zomzimba, ukuze uthole
induduzo ekuthuleni kwabo futhi inhliziyo yakho iqiniseke
ngabo

Uma ngibiza igama likaNkulunkulu, wonke umzimba
wami uyancibilika ube yinjabulo enkulu. Kodwa lesi simo
sangifikela ngemva komzamo omkhulu. Ekuqaleni,
ngangingeyena umuntu olangazelelayo, ngoba ingqondo
yami yayisihamba. Kodwa manje, lapho nje ngigxilisa
imicabango yami nokuqaphela kwami esikhungweni
esingokomoya—isikhala esiphakathi kwamashiya—yonke
imicabango iyanyamalala, ukuphefumula kuyaphela
ngokwako, inhliziyo iyayeka ukushaya, ukuphazamiseka
kwengqondo kuyaphela, kanye nezimo zokwehla
emphefumulweni, ukuze ngithole injabulo engokomoya futhi
.ngimbozwe injabulo yaphezulu

Izaga zegolide

Injabulo iyilungelo lami, ifa lami, kanye nengcebo yami
yaphezulu efihliwe Ngiqondise ukuze ngithole ngaphakathi
kimi ingcebo edlula amaphupho amakhosi

* * *

Impilo iyintshukumo ehlakaniphile enesigqi
esijwayelekile. Izakhela ezintweni ezingaphili, noma ithatha
isimo esiphilayo nesinyakazayo. Impilo ihlanganisa konke
.futhi ingena kukho konke

* * *

O Mthandi Omkhulu, Ungukuphila Ungumgomo wami
nesifiso sami

* * *

Ngenzele i-rose eqhakaza engadini yakho yasezulwini,
noma ubuhlalu obukhazimulayo entanyeni yakho yothando
ekhazimulayo, noma unginike udumo olukhulu: indawo
encane kunazo zonke enhliziyweni yakho

* * *

Nomaphi lapho abanye beyazisa khona imizamo yami
yokwenza okuhle, yilapho engingakwazi khona ukunikeza
isevisi engcono kakhulu

* * *

Ake siluke ikhaphethi yegolide yamaphupho ngemicu
yesilika yezinkumbulo ezimnandi nemicabango ecwengekile

* * *

Uthando lufana nephepha lokusanti elipholisha ingqondo
futhi lisuse ubulukhuni ebuntwini

* * *

Ubhubhane, izinhlekelele, kanye nezinguquko zobudlova
emvelweni eziletha incithakalo, incithakalo, kanye
nomonakalo osabalele akuzona " izimiso zaphezulu" Lezi
zinhlekelele zivela emicabangweni nasezenzweni zabantu
Nomaphi lapho ibhalansi yomhlaba ebucayi yobuhle nobubi
iphazanyiswa khona ukuqongelela kwamagagasi ayingozi
kanye nokudlidliza okubangelwa yizinhloso ezimbi zabantu
kanye nobubi, kubusa isiphithiphithi futhi kulandele
incithakalo esabalele

* * *

Ngizothatha okuhle kakhulu kubo bonke abantu, futhi
ngizokwazisa izimfanelo ezinhle zazo zonke izizwe
.ngaphandle kokugxila emaphutheni azo

* * *

Njengoba nje sikhathalela inani lokudla okunomsoco
lokudla kwethu kwansuku zonke, kufanele futhi sinake
izakhamzimba ezingokwengqondo esizinikeza izingqondo
.zethu nsuku zonke

* * *

Amazwi anomusa ayikhambi elimangalisayo lezifo
eziningi, anamandla anamandla, acishe abe yimilingo,
anamandla kazibuthe aletha izibusiso eziningi kanye
nokuchuma kubantu abakhulumayo Labo abasebenzisa
amazwi aduduzayo, amnene bazizwa umsinga omncane
ugeleza kuwo ngaphandle kokuphazamiseka, ukugcwala
kwabo umuzwa ojulile wokuthula. Lokhu kungenxa yokuthi lo
msinga uxhumene nomthombo wawo ophakeme, ukugeleza
okuqhubekayo okufinyelela imiphefumulo ngokuvumelana
nalowo mthombo, okubenza bakwazi ukudlulisela injabulo
.kulabo abalangazelela ukuthula

* * *

Mangaki amazwi anomusa avela enhliziyweni asuse usizi
oluningi futhi mangaki amazwi ahlakaniphile akhanyise
!izindlela ezimnyama ngezibani zenjabulo nokuthula

* * *

Sikhula kukho konke esikubonayo, uma nje siqaphela
ukuthi singafunda izifundo ezibalulekile kubo. Ngoba bonke
.ubuhlungu nokuhlupheka esikuzwayo kunencazelo nenjongo

* * *

Naphezu kobunzima bokuhlolwa, kufana nomlilo
oncibilikisa i-iron ore ukuze uyiguqule ibe yinsimbi enhle,
.eqinile, neguquguqukayo

* * *

Zonke izimpumelelo eziphawulekayo empilweni yami
zifezwe ngamandla engqondo evumelana noNkulunkulu

Lapho umkhiqizi waphezulu esebenza, konke engikufisayo
kufezeka ngaphandle kokukhetha, kuqala kwakheka
njengomklamo ongabonakali, ongokoqobo bese
kubonakaliswa ngamandla angenakuphikiswa empeleni

* * *

Lapho ingqondo ihlebela uNkulunkulu ukuhlebelala
okusuka enhliziyweni, okushisayo okuvela ekujuleni
komphefumulo olangazelelayo, ubizo lomoya luzothinta
inhliziyho yendawo yonke, futhi impendulo izofika, ilethe
injabulo enkulu. Lokhu kuhlebela okuhlakaniphile kukhulisa
intando kuze kube yilapho inamandla adingekayo ukuze
.ifinyelele umgomo oyifunayo

* * *

Uma ingqondo yomuntu nentando yakhe kuhambisana
noNkulunkulu, unikezwa amandla angenamkhawulo,
kangangokuthi ukucabanga nje ngento ethile kwanele
ukuyifeza, ngoba umthetho waphezulu usebenza
.ngokuthanda labo abavumelana nentando ephakeme

* * *

Umuntu akufanele anikele wonke amandla okuqonda
uNkulunkulu amnike wona ekuphishekeleni izinto ezidlulayo,
funa azilahlekele enkingeni yokuthanda izinto ezibonakalayo
futhi azidalele imingcele nemingcele engadingekile.
Kunalokho, kufanele asebenzise amandla akhe okuqonda
ukuthola izidingo zokuphila futhi alwele ukuthuthukisa
amakhono akhe okuziphatha ukuze ahlukhanise phakathi
kokulungile nokungalungile, kanye naphakathi kwalokho
.okulimazayo nokuzuzisayo

* * *

Iqiniso lingaphezu kwemibono nemibono, futhi abaningi
abasebenzisa le ndlela baboshwa yiziphetho zabo ezizimele

* * *

Vula, Nkosi, amasango okuthula futhi uvikele indawo
engcwele yemicabango yami engokomoya ekuhlaselweni
yizinhlebezi ezimbi. Vumela izimbali zezifiso zami ziqhakaze

ensimini yenhliziyo yami njengoba ngilinde ukusa kokufika
.kwakho

* * *

Ulwazi lwemfundiso alukwazi ukuthola ulwazi oluvela
kuNkulunkulu, futhi kuyalulekwa ukuthi ungachithi isikhathi
sakho esiyigugu emibonweni engasetshenziswa ngokoqobo,
kungenjalo uzozithola usezindaweni ezinabantu abaningi
abahlakaniphile futhi ungakwazi ukudlula umbuso
.wemibono

* * *

Injabulo iyisithelo sokunqoba ngokwengqondo phezu
kwezimo zokuphila eziguquguqukayo

* * *

Lowo uNkulunkulu amaziyo angase angaziwa emhlabeni

* * *

Uma umuntu ezihlela ngolwazi lwethiyori [ngaphandle
kokuhlolwa kwangempela], uzoba njengethuluzi lokuqopha
eliphathwayo eliphinda izaga futhi liphinde imisho
ephakeme, kanti abanye bazombheka njengesazi esifundile,
kodwa ulwazi olunjalo aluqiniswa ukuqonda iqiniso ngqo,
.futhi aluhambisani nokufinyelela okungokomoya

* * *

Izinkinga zizoqhubeka emhlabeni, ngakho-ke umuntu
angaphendukela kuphi ukuze athole isiqondiso? Imicabango
yomuntu, ethonywe yimikhuba, ubandlululo, ukucwasa,
kanye nokushisekela ngokweqile, ayisizi ngalutho, futhi
amathonya endawo ahlala kuyo, umndeni, izwe, noma
umhlaba awakwazi ukunikeza isiqondiso seqiniso Ngakho-ke,
umuntu kumelwe aphendukele kuNkulunkulu futhi alalele
izwi elizolile nelizolile elivela ekujuleni komphefumulo, izwi
elivumelana neqiniso

* * *

Vulani izinhliziyu zenu ekuthululweni kwaphezulu ukuze
kugeleze kini futhi kugcwalise izimpilo zenu ngezibusiso
ezingokomoya nobuhle

* * *

Noma ngabe yimuphi umsebenzi owenzayo nanoma
yiziphi izinto ongazifeza, khumbula njalo ukuthi uNkulunkulu
ungumthombo okunikeza wonke amandla owadingayo ukuze
.usebenze futhi ufeze

* * *

Ngicela ukukukhumbula, Nkosi, ebumpofwini
nasekuchumeni, ekuguleni nasekuphileni kahle, ekungazini
nasekuhlakanipheni, futhi ngivumele ngibone ukukhanya
kwakho okubusisiwe okunikeza impilo enhle nokuphulukiswa
.ngokushesha

* * *

Ngisemicabangweni yami yodwa, ngilangazelela ukuzwa
izwi lakho elibusisiwe. Susa kimi amazwi aqinile,
asemhlabeni afihliwe enkumbulweni yami. Ngifuna ukulalela
izwi lakho elinokuthula nelimnandi kuze kube phakade
.ekuthuleni komphefumulo wami

* * *

Ukuphila kugubuzelwe ubumnyama, futhi ngezinye
izikhathi siyakhubeka futhi singabaze ukuqhubekela
phambili Kumelwe sivumele ukukhanya kukaNkulunkulu
kuba isibani sethu esisiqondisayo njengoba sihamba
ezindleleni zobumnyama zokuphila. Uyinyanga egcwele
ebusuku bokungazi nobumnyama, ilanga lokukhanya
emahoreni okuvuka, isibani sesiqondiso, nenkanyezi
eqondisayo kulabo abadabula olwandle lokuphila
.kwasemhlabeni, okufushane

* * *

Sekuyisikhathi sokuba umuntu avuse ingqondo yakhe
.ebuthongweni bokukhohlwa avuke emoyeni

* * *

Siyakucela, Nkosi, ukuba uphakamise ukuqonda kwethu
ekujuleni kokungazi kanye nemicabango emincane,
elinganiselwe siye emikhawulweni yokuthula, ukukhanya,
.uthando, kanye nobubele bomuntu wonke

* * *

Izinto zizogcina zingcono ngoba amandla nezimangaliso
zikaNkulunkulu zifihliwe ngemuva kokuphikisana kokuphila
komuntu, futhi noma ngubani ongaqiniseki
ngokungenakugwenywa kwalesi simo futhi ezama ukungena
ngengqondo yakhe nokholo kulokho okungaphezu
kwesihenqo uyovulelwa umnyango lowo [ongqongqozwa
yiwo wonke umuntu okholwayo]

* * *

Ukholo alusho neze ukuba budedengu noma
ukungabhekani ngokuhlakanipha nezimo Kunalokho,
kungakhathaliseki ukuthi kwenzekani, umuntu kumelwe
aziqinisekise ukuthi uNkulunkulu kuphela okwazi ukumsekela
ezimweni ezinzima nezicindezelayo uma ephendukela kuYe
.ngayo yonke inhliziyo yakhe, umphefumulo nemizwa yakhe

* * *

Uma izinzwa zethu bezisitshela lonke iqiniso, besizobona
uMhlaba njengemifula yama-electron, futhi besizobona
yonke inhlayiya yothuli njengenqwaba yokukhanya
.ejikelezayo

* * *

Labo abangena ngokuqonda kwabo kusukela ezintweni
kuya emoyeni bayaqonda uhlobo lokukhohlisa futhi bazi
.umongo weqiniso

* * *

Kungakhathaliseki ukuthi umuntu usemahlathini ase-
Afrika, enkundleni yempi, ehlushwa ukugula noma
ubumpofu, kumelwe azikholise ngokuthi isandla
sikaNkulunkulu sinamandla kunengozi futhi siyakwazi
.ukuvikela labo abaphephela kuYe

Ayikho enye indlela ephumelela kakhulu yokuzivikela.
Yiqiniso, umuntu kumelwe asebenzise ingqondo lapho

ebhekana nezenzakalo futhi ngesikhathi esifanayo abe
.nokholo oluphelele osizweni lwaphezulu

* * *

Uthando oluhlala ezinhliziyweni zazo zonke izidalwa—
uthando lwabo bonke omama, obaba, abangane,
nabathandekayo—luvela othandweni lukaNkulunkulu

* * *

Kumelwe kwenziwe umehluko phakathi kwemisebenzi
emikhulu nemincane, kubekwe phambili okubaluleke
kakhulu kunokubaluleka nje. Ngaphezu kwalokho, akukho
msebenzi okufanele uphikisane nomunye. Imibhalo isitshela
ukuthi lapho omunye umsebenzi ungqubuzana nomunye,
.kuwubufakazi bokuthi awuwona umsebenzi weqiniso

* * *

Njengoba imisebe yelanga ebalulekile isakazeka,
ngizosakaza imisebe yethemba ezinhliziyweni zabampofu
kanye nabashiywe dengwane [labo umphakathi obashiyile],
futhi ngizofaka ukuzimisela okusha ezinhliziyweni zalabo
.abacabanga ukuthi bayizihluleki

* * *

Uthisha uParamahansa wathi komunye wabafundi
bakhe: "Ungakhiphi muntu esixukwini sakho sothando. Gcina
wonke umuntu enhliziyweni yakho, naye uzokugcina
".kweyakhe

* * *

Nkosi, ngisize ngisebenzise intando yami njalo ukufeza
imisebenzi emihle nezuzisayo
Ngisize ngivumelane nentando Yakho ukuze yonke
imicabango yami iphendule ezinhlosweni Zakho futhi
ivumelane nentando Yakho

Wangisiza ukuba ngivuse amandla afihliwe, abusisiwe
ngaphakathi kimi ukuze ngikwazi ukunqoba zonke izinkinga
kanye nezilingo

* * *

Vuka kulowo buntu obungokomoya obunesibindi
nokuthobeka – obuhlanganisa amandla ezingonyama
nobumnene bamajuba

* * *

Ngeke ngikhathazwe ukugxekwa okubuhlungu
nokungamanga, noma ukudunyiswa nokuthopha okukhulu
Isifiso sami kuphela ukwenza intando Yakho, Nkosi,
nokuthola umusa Wakho

* * *

Awunakucabanga ngenjabulo enkulu ezokugcwalisa uma
uzwa ubukhona bukaNkulunkulu Umphefumulo wakho
uzodakwa uthando lukaNkulunkulu olungenamkhawulo
Luwuthando oludlula noma yiluphi uthando lomuntu izikhathi
eziyizigidi—uthando olugcwalisa zonke izifiso zakho futhi
lugcwalise inhliziyo yakho ngenjabulo nokwaneliseka

* * *

Ngokugxila kwangaphakathi, ungathola injabulo
engokomoya ngqo ngaphakathi kuwe nangaphakathi
kwakho. Uma uhlakulela lokhu kuqaphela, ubuntu bakho
buzokhula ngokuvumelana, futhi uzothola amandla
.okukhanga abantu nezinye izidalwa

* * *

O Mvikeli Omkhulu, angikhathali ukuthi ngilahlekelwa
yikho konke ngenxa yekusasa lami, elenziwe yimi, kodwa
ngicela wena, okuwukuphela kwesiphephelo sami, ukuthi
uvikele ikhandlela lothando lwami ngawe emimoyeni
.yokunganaki nokukhohlwa

* * *

Masiphuze amanzi okuthula ahlanzekile, aqabulayo
ageleza emithonjeni yezimo ezinhle, athuthukiswe yisinqumo
sethu esiqinile sokucabanga ngendlela enhle nokuba
.nombono omuhle

* * *

Unembeza umuzwa oqondakala kalula owembula imvelo
yomuntu yangempela kanye nezisusa zakhe. Uma unembeza

wakho uhlanzekile, futhi wazi ukuthi wenza okulungile,
awunalutho lokwesaba. Unembeza ohlanzekile uwubufakazi
bokuziphatha okuhle okuvela kuNkulunkulu. Ukukhululwa
enkantolo kanembeza kusho ukuba nenjabulo nokuthola
.izibusiso zikaNkulunkulu

* * *

Zama ukwenza izinto ezinesibindi nezijabulisayo abantu
abangingi abangazenzi, futhi unikeze uthando nokuthula
.kulabo abanye abangabanaki

* * *

Uthisha uParamahansa wathi komunye wabafundi

:bakhe

Uma ungachithi isikhathi uhlakulela ingqondo, akukho"
ukuchuma kwezinto ezibonakalayo okuzokwanelisa. Lokhu
kukhulisa akukhona ukuhlushwa kodwa kunalokho
ukuqeqeshwa kokuqonda ukuze kondle imicabango nezenzo
".eziholela enjabulweni

Injabulo yakho yimpumelelo yakho, ngakho ungavumeli
muntu akuntshontshele yona Zivikele kulabo abazama
ukukuhlupha Ngesikhathi ngisengumfana, ngangivame
ukulahlekelwa isineke sami noma nini lapho abanye abantu
besakaza amahemuhemu angamanga ngami Kamuva,
ngaqaphela ukuthi ukuthula kwami kwengqondo kubaluleke
kakhulu kunokwamukelwa noma ukunconywa ngabantu

* * *

Ukube nje ubuwazi indaba yothando lwaphezulu abanye
abazinikele abaluzwayo noNkulunkulu! Akukho okunye
okuhlangenwe nakho empilweni okungaqhathaniswa naleyo
njabulo bengimazi ungcwele owayehlala egxile othandweni
lukaNkulunkulu, futhi ubuso bakhe bukhanya uthando
olungcwele Iso likaNkulunkulu lihlala liphezu kwalabo
.abamthandayo, futhi akabashiyi ngisho nomzuzwana

* * *

Bambalwa labo abanesifiso sokuthuthukisa amandla abo
engqondo nangokomoya

* * *

Ungazivumeli ukuthi ucwile phansi ekuzindeleni Sukuma
ebuthongweni beqiniso elivamile eliyisicefe bese uqonda
empilweni ehlanzekile lapho kukhona impumelelo, injabulo,
.nokuthula

* * *

Ngaphakathi kwakho kulele amandla amakhulu alindele
ukutshalwa, futhi nguwe wedwa okwaziyo ukuwavuselela
.nokuzuza kuwo

* * *

Ukukhululeka ekulawulweni yimikhuba emibi kanye
nezinkanuko ezingenempilo kuletha injabulo enkulu kakhulu
kunempumelelo yezinto ezibonakalayo
Impumelelo yezincwadi iletha injabulo yengqondo izimo
zangaphandle ezingenakuyithatha kuwe

* * *

Ungachitha sonke isikhathi sakho uqoqa imali, kodwa
leyo mali ngeke ikunike ukuthula nokulondeka okuhlala njalo
okufunayo. Ngokuphambene nalokho, izokulethela
ukungajabuli okwengeziwe ngoba injabulo nokuthula kuhlala
.engqondweni, hhayi ezintweni ngokwazo

* * *

Ungavumeli ubuthakathaka bungene engqondweni
yakho, futhi qaphela lapho uhlangana nabantu
abanemicabango emibi kanye nombono wokuphelelwa
yithemba, funa imicabango yabo ebuthakathaka ingene
engqondweni yakho, ngaphandle kokuthi ingqondo yakho
isifinyelele ezingeni elithile lamandla kangangokuthi
imicabango yabanye ayikwazi ukuyibuthakathaka, kodwa
kunalokho, ngokuphambene nalokho, iyakwazi ukuqinisa
.imicabango yabanye futhi ithuthukise ukuzethemba kwabo

* * *

UNkulunkulu uza kugala, futhi akufanele siqale noma
siqede usuku lwethu ngaphandle kokucabanga Ngaye.
Kumelwe sikhumbule ukuthi ngaphandle kwamandla
esiwathola kuNkulunkulu, besingeke sikwazi ukufeza noma
yimiphi yemisebenzi yethu. Lona umsebenzi wethu omkhulu
.kuYe

* * *

Kukhona indlela yokuhlola nokwahlulela amasiko
namasiko Ekuqaleni, yonke imikhuba yayinesizathu Uma
sithola ukuthi isizathu sisasebenza, khona-ke isiko
linencazelo futhi lincenzuzo. Kodwa-ke, akuhlakaniphile
ukulandela amasiko ngokungaboni. Kumelwe sazi ukuthi yini
elungile futhi siyilandele, siqonde ukuthi yini engasilethela
.injabulo bese siyisebenzisa

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Uma ubona abantu abaningi kangaka bentula injabulo
noma impumelelo, ungacabangi ukuthi yilokho
okuzokwenzeka. Ungazenzela noma yini oyifunayo.
Impumelelo yakho yangaphakathi yiyo ekwenza uphumelele
.ngempela

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Uma ungenalutho ngaphakathi kuwe, ngeke ujabule
Kodwa uma ungenalutho olukuzungezile futhi ujabule
ngaphakathi kuwe, ngokungangabazeki uyaphumelela
Ngakho-ke, akunakwenzeka ukwahlulela abantu
.ngokusekelwe ezimweni zabo zangaphandle

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Phakathi kwezixuku ezinkulu, kungase kube nomuntu
ofinyelele isimo sokuphakanyiswa ngokomoya futhi ojabulela
.ukuthula kwangaphakathi nenjabulo enkulu ngokomoya

* * *

Ngiyazi ngokuqinisekile ukuthi konke engikudingayo
kuzoza kimi, ngakho-ke angikhathazeki ngokuthi ikusasa
liphetheni. Lokhu akusikho ukuziqhayisa noma ukuzenzisa,
ngoba ngibone umsebenzi kanye nokusebenza kahle

kwalawo mandla abusisiwe empilweni yami izikhathi
.eziningi

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Kungakhathaliseki ukuthi ngintanta phezu kobuso
bokuphila noma ngiminza ekujuleni kolwandle, ngiyazi ukuthi
nginoNkulunkulu futhi unami, nokuthi akukho lutho
olungangilimaza. Ulwazi lunginike injabulo engachazeki
.nejulile

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Akungabazeki ukuthi ukuthenga into entsha kuyinto
ejabulisayo Kodwa ngemva kwesikhathi esithile, lowo muzwa
wenjabulo uyaphela kancane kancane, futhi ungase
ulahlekelwe yisithakazelo kuyo ngokuphelele, ukhohlwe
ngayo futhi ufise okunye. Kodwa-ke, ibhili yaleyo nto ngeke
!ikhohlakale, ikakhulukazi uma uyithenge ngezitolimende

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Umuntu kufanele alawule impilo yakhe futhi ayenze ibe
lula ngangokunokwenzeka. Kufanele alondoloze imali ethile
yezinto ezidingekayo nezimo eziphuthumayo, abeke
phambili ukonga kunokusebenzisa ezintweni zokunethezeka,
futhi asize abanye ngangokunokwenzeka. Uma usiza
abanye, usizo luzokuza kuwe ngandlela thile, futhi ngeke
.uswele lutho futhi ungalahlekelwa lutho

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Enjabulweni yezinhliziyi zonke, ngizwa ukuzwakala
kwenjabulo Yakho, Nkosi, nasebunganini babo bonke
abathembekile, ngizwa uthando Lwakho ngiyathokoza futhi
inhliziyi yami iyathokoza ngempumelelo nokuchuma
kwabangane bami, njengoba nje nami ngijabula
enhlalakahleni yami kanye nokulula Njengoba
ngiphefumulela ukuhlakanipha kwabanye, ngandisa ingcebo
yokuhlakanipha kwami, futhi enjabulweni yabo bonke,
ngithola okwami

* * *

Isitha esikhulu senjabulo ukuboleka imali ukuze uthenge
izinto zokunethezeka Abantu bakholelwa ngephutha ukuthi
ngeke bajabule ngaphandle kokuthi bathole okuthile
okuqondile Kodwa ngisho nangemva kokuthola leyo nto,
ngeke bayithole injabulo yangempela, naphezu kwenjabulo
yesikhashana eyilethayo lyini injongo yokuphishekela
umlingo wenjabulo yasemhlabeni othembisa ukuphuka
kuphela? Abantu kufanele baphile kalula, ngaphandle
kokudinga izimpahla eziningi ezidinga ukunakekelwa njalo

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Ipharadesi lami lingaphakathi kwami Njengoba
ngijabulela izibusiso zikaNkulunkulu, ngiyambonga, futhi
injabulo yami yangaphakathi ikhula Ngaphandle kwalokho
kwaneliseka kwangaphakathi, ngisho nezinjabulo
zasemhlabeni nezinjabulo ziba isihogo Sengiqaphele ukuthi
ngaphandle kwaleyo njabulo yangaphakathi, umthwalo
wemithwalo yemfanelo engibekwe phezu kwayo
ubungangiphuca ukuthula kwami futhi ungiphuce injabulo
yami

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Uma ingcebo ihambisana nokugula nezinkinga,
imiphumela izoba miningi Inhlanzeko kanye nokunakekelwa
kwempilo kuphakathi kwamandla aseNtshonalanga
Izinambuzane eziyingozi namagciwane abulalayo kulawulwa
ngempumelelo emazweni athuthukile, kuyilapho ziningi
kwamanye Kodwa ukuqeda lezi zinambuzane akuyona into
evelele, ngoba kunezinye izinhlobo zezinkinga emazweni
athuthukile, njengezikweletu okunzima ukuzikhokhela kanye
nezinkinga zezimali ezicindezelayo ngenxa yezinhlelo
zokuthenga ngezigaba—izinhlopheko eziphazamisa
ubuthongo futhi zinciphise ukuthula kwengqondo

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Siyingxenye ebalulekile yolwazi olufanayo lapho le
ndawo yonke enkulu yavela khona

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Wake wawubona umhlambi wezimvu? Uma omunye
wazo egxuma, wonke umhlambi uyalingisa ngaphandle
kokungabaza Iningi labantu linjalo. Othile angase aqhamuke
nomqondo noma angenise umkhuba omusha, kanti abanye
bazongena ngokushesha ebhendini bese bewukopisha. Le
ndlela ibilokhu ikhona izizukulwane ngezizukulwane. Zonke
izizwe zinamasiko namasiko azo, futhi asikwazi ukuthi zonke
zilungile noma zizwakala. Kodwa ubani owaziyo? Mhlawumbe
ezinye zalezo mikhuba namasiko azisho lutho futhi
.azinamsebenzi

* * *

Lapho isiphepho semicabango esiphazamisayo siphela,
singena embusweni wokuthula futhi sithinte ubukhona
bukaNkulunkulu

* * *

Cabanga ngoNkulunkulu, noma indawo enhle ekhuthaza
ukuthula, noma okuhlangenwe nakho okujabulisayo
nokusebenza kwengqondo okuhle nokuzolile kuyavuselela
futhi kuyaqabula

* * *

Siphila ezweni elixakekile nelinokuphazamiseka. Ungase
ucabange ukuthi imali isho injabulo, kodwa uma uyithola,
uthola ukuthi awukajabuli. Ungase uthole ingcebo futhi—
uNkulunkulu makangavumi—ulahlekelwe yimpilo yakho.
Noma ungase ube nempilo enhle futhi ulahlekelwe yimali
yakho. Noma ungase ube nengcebo nempilo kodwa
ubhekane nezinkinga eziningi nabanye, unikeza umusa
kodwa uhlangane nenzondo nenzondo. Ngaphandle
kukaNkulunkulu, akukho lutho kulokhu kuphila
.olungakwanelisa ngempela

* * *

Umhlaba uba yigumbi lokuhlushwa kulabo abaphila
ngokungazi uhlelo lukaNkulunkulu. Kodwa uma ubheka
okuhlangenwe nakho kokuphila njengabafundisi bakho futhi

ufunda kubo ubunjalo bangempela baleli zwe kanye nendima
oyinikezwe emdlalweni wendalo yonke, lokho okuhlangenwe
nakho kuba ukukhanya okubalulekile endleleni eya
.ekwanelisekeni okuhlala njalo nenjabulo

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Lapho, ngale kobumnyama obungenabumnyama,
ukuthula okungenakuzwakala, kanye nokungabi nalutho
okungadalwanga, kukhona ingqikithi yaphakade, eyisiqalo
sokuba khona kanye nomthombo wawo wonke amandla
.nezidalwa, ezibonakalayo nezingabonakali

* * *

UNkulunkulu akasidalelanga lo mhlaba ukuze sidle,
silale, futhi sife nje kuphela, kodwa ukuze sazi intando Yakhe
futhi siqonde injongo yokuba khona kwethu. Idlanzana
labantu abahlakaniphile liye laqonda incazelo yohlelo
lwendalo yonke, kodwa abantu abaningi abayizimpumputhe
.futhi abaqapheli leyo njongo

* * *

Imali yayingeyona umgomo wami empilweni; umgomo
wami kwakuwukukhonza abafowethu nodadewethu
esintwini. Ngakho-ke, uNkulunkulu wangivulela amathuba
.amaningi okuzisekela nokufeza umsebenzi wami

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UNkulunkulu wadala le ndawo yonke ukuze isebenze
ngokomthetho oqinile nongaguquki Uma sephula noma
yimuphi wale mithetho yendawo yonke, sizijezisa thina
Umuntu ogxuma esuka ophahleni lwesakhiwo eside
uzophula amathambo akhe Ngakho-ke, asinakuyishaya
indiva imithetho yamandla adonsela phansi ngaphandle
kokuthola imiphumela

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Uma sibheka ngokujulile imiphakathi yomhlaba futhi
sihlola izimfihlo ezifihliwe zemiphakathi yasendulo, kuvela
isithombe esikhulu, esinemigqa ehlangene, izahluko
ezahlukahlukene, kanye neminingwane eqondile, futhi

sithola ukuthi umuntu ungumuntu ngamunye futhi
.ungumuntu ohlala nabantu ngesikhathi esisodwa

* * *

Ukube uNkulunkulu wayefuna siphile ngokuqonda izinto
ezibonakalayo kuphela, besizokwaneliseka ngokuphelele
.ngezinto ezibonakalayo futhi saneliseke ngezindlela zezwe

* * *

Imisebe yobumsulwa, ukuthula, nenjabulo ngale
kwamaphupho iyakhanya futhi idansa ekujuleni kwethu
okubalulekile

* * *

Ngokuhlangenwe nakho ngakunye okuvela
esibhakabhakeni sezimpilo zethu phakathi nalolu hambo
lwethu lwasemhlabeni, kumelwe sifunde ukuthi
singalwandisa kanjani ulwazi lwethu nokuthi singaziqonda
kanjani izimo ezisizungezile noma esidlula kuzo, bese
sizokwazi ukuphila ngokuvumelana kangcono futhi
sisebenzelane kahle nangokuphephile nabantu kanye
.nokuphila

* * *

Abantu abaningi balingisa abanye. Umuntu kufanele abe
ngumuntu wokuqala nonobuhlakani, futhi abe yingcweti
.kukho konke akwenzayo

EMpumalanga, ukugxila okuyinhloko kube
ekuhlakuleleni injabulo engokomoya, kuyilapho izici
zokuphila ezibonakalayo zivame ukunganakwa
ENTshonalanga, kunezinye izinto eziduduzayo ezibonakalayo
kodwa injabulo yengqondo encane kakhulu Okudingekayo
ukulinganisela phakathi kwalokhu okubili, ngoba ukugxila
esicini esisodwa kuphela sokuphila kuholela ekungalinganini
nasekungakwazi ukubhekana nezidingo zokuphila
.ngokunengqondo

* * *

Injabulo enkulu kakhulu - ngemva kwenjabulo yaphezulu
- ukuthi umuntu abe nokuthula nezihlobo zakhe eziseduze
.okumele ahlale nazo nsuku zonke zonyaka
* * *

Abantu bachitha isikhathi esiningi beshesha futhi beziphatha
ngokuphamazela ngaphandle kokufeza okuningi Bambalwa
abama kancane ukuze bacabange futhi bazame ukuqonda
ukuthi impilo inikezani
* * *

Kumelwe sisebenzele ukwakha izakhiwo zangaphakathi
zokuhlakanipha ezingadini zokuthula eziqhakaza futhi
zikhanye ngezimbali ezingenakubalwa zezimfanelo ezinhle
ezingokomoya
* * *

Ukuzwana kwangaphakathi kuwumthombo ocebile
wamandla futhi kukhiqiza amandla avuselelekayo
* * *

Uma ubheka impilo, umuntu uthola ukuthi impumelelo
ayilula Impilo ivame ukuba nzima futhi ayithetheleli, futhi
kumelwe sizabalaze ukuze siziphilise Cabanga ngomzamo
odingekayo ukuze usekele umzimba wakho futhi uwugcine
uphilile futhi ungenazo izifo! Ngisho noma uphumelela
kulokhu, leyo mpumelelo ingeyesikhashana Umzimba—
kwangathi ungaphila isikhathi eside—ekugcineni uzobekwa
phansi Isidingo sidinga ukulwa namandla amaningi, kokubili
angaphakathi nangaphandle, ukuze ufinyelele impumelelo
oyifunayo La mandla asebenza ngokungakhathali
ukukuphuca noma yiziphi izimpumelelo ezibalulekile
ngempela
* * *

Zama ukuhlala uzolile ngaphansi kwazo zonke izimo,
futhi uvumele imbewu yokuthula kwakho iqhakaze
ngenjabulo nokumamatheka kokwaneliseka
* * *

Ngisho nabangcwele abakhulu kakhulu abafinyeleli
insindiso ephelele ngaphandle kokuba babelane
ngempumelelo yabo nabanye, okungukuthi, okuhlangenwe
nakho kwabo okungokomoya nolwazi oluphakeme,
.ngokubasiza ukuba bathole ulwazi olungcwele

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Ngenxa yalesi sizathu, labo abafinyelela kulezo zigaba
futhi bafinyelele kulezo zimo bazimisele ukunikeza ukuqonda
kulabo abakudingayo. Uma ufisa ukufeza impumelelo
yangempela, ngeke nje uqinisekise injabulo yakho siqu
.kodwa neyabanye

* * *

Noma ubani ohlakaniphile angenza imali Kodwa uma
enothando enhliziyweni yakhe, ngeke ayisebenzise leyo mali
ngezinjongo zobugovu; kunalokho, bazoyabelana ngayo
nabanye Imali iyisiqalekiso neshwa ezandleni zobugovu
nabampofu, futhi iyisibusiso nesipho ezandleni zalabo
.abanezinhliziyi ezinhle nemiphefumulo ephanayo

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Othile angakhetha ukuthula isikhathi eside, engabe
ukukhuluma namalungu omndeni wakhe phakathi naleso
sikhathi Nakuba lo muntu engase athole ukuthula
kwangaphakathi ngenxa yalokho, ukuziphatha kwakhe
kuwubugovu futhi kulimaza injabulo yomndeni wakhe.
Abanakubhekwa njengabaphumelele ngempela ngaphandle
kokuthi abathandekayo babo nabo bazuze empumelelweni
.yabo

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Ngokufanayo, ukufeza impumelelo yezinto
ezibonakalayo akulona nje ilungelo lethu lokujabulela
inhlalakahle ngokwethu, kodwa futhi kuyisibopho sethu
sokuziphatha kwabanye mayelana nokubasiza bathuthukise
.izimo zabo zezinto ezibonakalayo nezimo zokuphila

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Ngivikelekile ngemuva kwezindonga zonembeza wami
ohlanzekile. Ngishise isikhathi esidlule esimnyama futhi
.ngikhathalela namuhla kuphela
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Namuhla ngiyaqaphela ukuthi ngingomunye
onokukhanya kokuhle kakhulu nokuthi ngiyisibani kulabo
abalwa namagagasi olwandle losizi
* * *

Abantu banemibono nemibono ehlukeneyo mayelana
nempumelelo, kuye ngezifiso zabo empilweni Akuvamile
ukuzwa abanye abantu befanisa impumelelo nokweba, bethi
izinto ezinjengokuthi, "Wayeyisela eliphumelelayo!" Lokhu
kugcizelela ukuthi impumelelo kuzo zonke izinhlobo zayo
nezinhlobonhlobo zayo iyafiseleka futhi iyafunwa. Kodwa-ke,
.impumelelo yethu akufanele ilimaze abanye
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Kukhona futhi enye indlela yokuphumelela: uma sikwazi
ukuletha imiphumela evumelanayo nezuzisayo kithi,
kufanele futhi sifake nabanye empumelelweni yethu futhi
.sabelane nabo ngezithelo zayo
* * *

Impumelelo isho ukwaneliseka komuntu kanye
nokwaneliseka endaweni yakhe Impumelelo yangempela
iwumphumela wezenzo ezisekelwe ezimisweni zokulunga,
futhi ihlanganisa injabulo kanye nenhlalakahle yabanye
njengengxenye ebalulekile yenjabulo yomuntu. Uma
sisebenzisa lesi simiso ekuphileni kwethu okungokwenyama,
kwengqondo, kokuziphatha, kanye nokungokomoya, sizoba
.nencazelo ephelele nephelele yempumelelo
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Lapha kuleli zwe elilinganiselwe, sibona ubude,
ububanzi, kanye nobuningi, kodwa kukhona elinye izinga
lapho ubukhulu bungekho khona; konke kucacile futhi
kusobala—konke kuwukuqonda nokuqonda Umuzwa
wokunambitha uwukuqonda, njengoba kunjalo nomuzwa

wokuhogela Imizwa yethu, imicabango, kanye nemizimba
kuyizimo zokuqaphela Njengoba nje singabona, sizwe,
sihoge, sinambithe, futhi sithinte emaphusheni, kanjalo,
kulelo zinga eliphakeme, ingabe sizwa yonke le mizwa
?ngokwazi okumsulwa

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Nkosi, sijabulise ngokuzwa ukusondela kwakho,
usikhulule ezibophweni zezifiso, futhi usiphe injabulo
yangaphakathi engathinteki yizinto ezenzeka empilweni
.kanye nezenzakalo zayo ezishintshayo

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Uma izingqondo zethu zihambisana nokuqonda
okuphezulu, ukuqonda okungokomoya kuyavuka
ngaphakathi kithi futhi sizwa izimangaliso ezimangalisayo
.zokuhlakanipha nothando lwaphezulu

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Uma simthanda ngokuphelele uNkulunkulu futhi
siphendukela kuye ngayo yonke imicabango nezinhliziyo
zethu, sizozizwa siseduze naye futhi sizothola ukuthi
.uyisiphephelo esikhulu kunazo zonke sokuphepha empilweni

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Esikhaleni esibonakala singenalutho nesingenalutho,
kukhona ukuxhumana kwendawo yonke kanye nokuphila
okuphakade okusihlanganisa nazo zonke izinto eziphilayo
nezingaphili endaweni yonke igagasi lokuphila okukhulu
.ligeleza kukho konke okukhona

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Iphakade liyikhaya lethu langempela kanye nendawo
yokuhlala yaphakade, futhi ukuba khona kwethu kulezi
zidumbu kungokwesikhashana, njengokuphumula
.okufushane kwekharavani ehamba ogwadule

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Uma sizivumelanisa namandla okudala omoya,
sizoxhumana nengqondo yendawo yonke nengenamkhawulo
ekwazi ukusiqondisa nokuxazulula izinkinga zethu. Amandla

okudala azogeleza kithi ngaphandle kokuphazamiseka evela
emthonjeni omkhulu wobukhona bethu, okusenza sikwazi
ukufeza impumelelo yokudala kunoma iyiphi indawo
.yomsebenzi wethu

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Uthando luyakhula futhi luqhakaze endaweni
yokwethembana, ukubekezelelana, kanye nokuhloniphana

* * *

Sibusise, Nkosi, ngokukhanya kwemicabango emsulwa
nemikhuba emihle, ukuze kuthi uma ubumnyama bemikhuba
emibi nemicabango ephambene busondela kithi, bususwe
ngokushesha. Futhi usisize sikuthande ngothando olujulile
kangangokuthi akukho ukukhohlisa kwezinto ezibonakalayo
noma izilingo zezwe ezingasibamba noma zibambe
.izingqondo nezinhliziyi zethu

* * *

Izinto ezitholakala kalula azivamile ukuba yigugu
Sikwazi lokhu ngokufunda izimpilo zamadoda nabesifazane
abakhulu nokuthi baba kanjani bakhulu ngokuthuthukisa
amakhono abo, ukufeza imisebenzi yabo, ukwakha
izindinganiso zabo zokuziphatha, ukuzibandakanya
ekufundeni okujulile, nokugwema ubugovu Kodwa
imiphumela abayifezile kanye nempumelelo abayifezile
yayinkulu kakhulu kunomzamo abawusebenzisile

* * *

Inkululeko yangempela ilele enkululekweni
yokuzikhethela eqondiswa ukuhlakanipha futhi isekelwa
ukuqonda, ukulunga, kanye nentando eqinile

* * *

Uma uvusa intando yakho, ukuzimisela, kanye
nokuqonda okunengqondo, amandla angabonakali akhululwa
ekuqondeni okuphakeme—ngokuqonda komphefumulo—
ukuze akusize futhi akhanyise izindlela eziholela enduduzo
.yengqondo kanye nenjabulo, ngosizo lukaNkulunkulu

* * *

Umuntu kumele avule imigudu yomphefumulo
ngomzamo wakhe Akekho okhetha ngokuzithandela
ukuhlupheka nosizi kunokuthula nenjabulo Ukungazi
kuyimpande yokuhlupheka kanye nesithiyo okumele sisuswe
futhi siqedwe Ukungazi kuyikhula eliyingozi, eligxilile,
elikhula ensimini yesintu futhi liminyanise izitshalo ezinhle
nezizuzisayo

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Ukungazi kumele kunqotshwe yintando engaguquki
kanye nokuzimisela okuqinile Inhlabathi yengqondo kumele
ihlakulelwe ngokunaka okugxile [kokuhle], kanye nembewu
enhle eniselwa ngamanzi okholo Lapho imisebe yothando
ephilayo nefudumele ikhanya, imbewu yobuhle izokhula futhi
inqobe ukhula nezitshalo ezidla izimila, ngoba ubumnyama
abukwazi ukuba khona lapho kukhona ukukhanya

* * *

Izinjabulo zezinto ezibonakalayo ziyanyamalala futhi
zinyamalale, kodwa injabulo yaphezulu ayifiphali. Yinjabulo
.yaphezulu engapheli futhi engenakuchazeka

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Akufanele neze sisebenzise izindlela ezingalungile ukuze
sithole injabulo, futhi akufanele silahle ukuthula nengcebo
engokomoya esinayo ngaphakathi kithi siphishekela
induduzo ekhohlisayo kanye nokuphila okukhazimulayo
okungase kuboshwe phambi kwethu yizenzo zokuziphatha
.okubi nemiphumela ebhubhisayo

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Ukuthula kuyikhamera engcono kakhulu yokuthwebula
ubukhona bukaNkulunkulu. Ngelensi yokuthula okumsulwa
nokugxile ngqo, isithombe esibusisiwe sizovela ngokucaca
.okuphelele

* * *

Eqinisweni, konke ukuhlakanipha kungaphakathi kuwe
futhi okudingayo nje ukuqaphela lokho

* * *

Ukwaneliseka kweqiniso kulele ekuzithuthukiseni, ukuze
abanye bakufune kunokuba wena ubafune. Uthando
nobungane kufanele kunikezwe ngokukhululeka, ngaphandle
kokulindela noma isidingo. Ukulindela kudala usizi
nokungajabuli. Ngisho nalapho elwela ukuzithuthukisa,
umuntu kufanele ame yedwa, avikeleke futhi abe nokuthula
ngaphakathi kwenqaba yezimfanelo zakhe kanye
.nokuzihlonipha

* * *

Kwangathi izimpophoma zenjabulo nethemba zingahlala
zigeleza zisuka enhliziyweni yami, futhi kwangathi isifutho
.sazo esiqabulayo singathinta bonke engihlangana nabo

* * *

Injabulo engokomoya idala emphefumulweni isifiso
sokusiza abanye ngazo zonke izindlela, futhi ithuthukise
ikhono lokwazisa injabulo yokuziphatha ecwengekile eholela
enjabulweni, ngaleyo ndlela inciphise ukuthambekela
.ezinjabulweni ezingavuthiwe

* * *

Kungakhathaliseki ukuthi indima yakho incane
kangakanani, isabalulekile njengezindima ezinkulu kakhulu
maqondana nokufaka isandla empumelelweni yomdlalo we-
.cosmic owenziwa imiphefumulo esiteji sokuphila

* * *

Ukuqonda okuphelele kuwukuqonda okuphelele,
okungenamkhawulo, okuzivuselela njalo futhi ubuhlakani
bawo abupheli, futhi ngawe uzama ukuveza isici
.esiyingqayizivele sawo

* * *

Uma unambitha uthando lwaphezulu ngisho noma
kanye, awusoze waluyeka ngoba akukho okunye okufana
.nalo endaweni yonke

* * *

Labo abamaziyo uNkulunkulu sebefinyelele ezigabeni
ezingokomoya ezithuthukile kakhulu, kangangokuthi
abaneliseki ngokunikeza izoni iseluleko esingokomoya
kuphela, kodwa bangakwazi - ngomusa nangosizo
lukaNkulunkulu - ukubanika amandla angokomoya
.abakhulula emiphumeleni yezenzo zabo zesono

* * *

Zonke izenzo ezinhle nezimbi zifihlakele
emangqamuzaneni obuchopho futhi zibonakala
njengemikhuba emihle noma emibi noma ukuthambekela
emcabangweni

* * *

Umuntu ohlushwa imikhuba engaphilile ngenxa yokuthi
amangqamuzana obuchopho bakhe anikezwe amandla aleyo
mikhuba angazikhulula ngamandla okuzimisela, ukuzindla,
umthandazo oqotho, kanye nokuqinisekisa okuqhubekayo
okuhle kuze kube yilapho yonke imikhuba yakhe
engathandeki iguqulwa ibe imikhuba emihle yokuthula
nokuthula. Lokhu kwenzeka lapho amandla okuphila
aqondiswe kahle esebenza ukushintsha isimo esingavamile
samangqamuzana obuchopho, ukuze lawo maseli agcwale
.konke okuhle, okuhle, nokuhle

* * *

Ukuqonda yiso langaphakathi, umbono womphefumulo,
kanye netheskopu yenhliziyo. Kuyibhalansi phakathi
.kokuzola kwengqondo kanye nobumsulwa bonembeza

* * *

Nsuku zonke sibona izigcawu ezahlukene, futhi nsuku
zonke kuletha isifundo esisha okufanele sifundwe.
Kulindeleke ukuthi umuntu afunde isifundo ngokugxila
enjongweni yokugcina yokuba khona kwakhe: ukuqaphela
umthombo wobukhona bakhe kanye nesisekelo sokuphila
.kwakhe

* * *

Masisebenzele ukukhohlwa izinsizi zesikhathi esidlule
futhi sizimisele ukungagxili kuzo. Ngokuzimisela
okungantengantengi kanye nentando esebenzayo,
masivuselele izimpilo zethu, sithuthukise impumelelo yethu,
futhi sikhulise ngaphakathi kithi imikhuba emihle
.nezimfanelo ezinhle

* * *

Noma ubani odalula ubuthakathaka babanye futhi
ababangele amahloni nentukuthelo akayena neze
ukuhlakanipha nokwahlulela okuhle

* * *

Amazwi azo zonke izikhathi nezindawo

Labo abavumelana noNkulunkulu babona ubuhle
obumangalisayo futhi banambitha ubumnandi obukhulu
.obungenakubonwa nganoma iyiphi enye indlela
Lapho umphefumulo wami ubiza Wena, amafu okuthula
Kwakho aqhuma, Nkulunkulu, nemvula yesihawu Sakho
yathululeka ngezikhukhula kwaze kwaba yisikhukhula
esikhulu somusa Wakho. Umfula wakho obusisiwe
wagubuzela ulwandle lwami, nomphefumulo wami wangena
emanzini aphakade, futhi i-bubble yokuphila kwami
.okuncane yancibilika olwandle lobukhona Bakho obuphelele
Umeluleki wami wangifundisa indlela yokusebenzisa i-
chisel yokuhlakanipha ukuze ngizenzele ithempeli elifanele
.ubukhona bukaNkulunkulu

Uma ufuna ukufeza umgomo omuhle, qala ngokudala
imodeli yengqondo yawo. Manje usungakwazi ukusungula
noma yiluphi uhlangothi engqondweni yakho uma utshala
umqondo oqinile engqondweni yakho; khona-ke wonke
umzimba wakho uzovumelana nalowo mbono, futhi izenzo
.zakho zizohambisana nawo

Uma uthinta inhliziyo kaNkulunkulu, izinkinga zakho
zizonyamalala, uthando luzogcwalisa inhliziyo yakho, futhi
okuhlangenwe nakho okumangalisayo okungokomoya

kuzodansa njengemithombo ehlanzekile engadini yengqondo
.yakho

Amafu amaningi azama ukukufihla futhi akufihle kimi,
kodwa ngenxa yamazolo ezinyembezi zokulangazelela,
igama lakho elibusisiwe libonakala kimi likhazimula
ngezinhlamvu zegolide ezikhanyayo ngemuva kwawo wonke
.amakhethini namaveyili

Ubumsulwa bukanembeza busho ukubhekana neqiniso
ngokusobala

Kunezidingo ezibalulekile nalokho abanye abakubheka
“njengezidingo” okungadingeki ngempela futhi
okungadingekile Impilo kufanele yenziwe lula ngokugxila
ezidingweni eziyisisekelo nokuqeda ukunethezeka
okungadingekile

Yeka ukuphakama kwakho, O mngane, nokuthi
umhlabathi wakho uvundile futhi ungcwele kangakanani!
Uthando luwukudla kwakho nokwethembeka kwakho
isiphuzo sakho

Lapho abantu ababili behamba ngokuvumelana naphezu
kokungafani kwabo, bahlanganiswa umgomo owodwa:
ukuthola ukuthula komphefumulo othandweni oluhlanzekile
nokwethembeka komunye nomunye futhi lapho othandayo
engafuni injabulongokulimaza othandekayo khona-ke,
ensimini yobubele, izimbali ezinuka kamnandi zobungane
.ziyaqhakaza futhi zisakaze iphunga lazo elimnandi
Izwe liqeqesha izingqondo zethu ngendlela ehlukile,
lisenza sijwayele izinto eziningi kangangokuthi siqala
ukucabanga ukuthi injabulo ayinakutholakala ngaphandle
kwazo. Kodwa impilo, kanye nezimpilo zabantwana
ikakhulukazi, kumele zenziwe lula; ngaphandle kwalokho,
.impilo izozifundisa ngokudumazeka okubuhlungu
Iqiniso linembile futhi lingokoqobo kakhulu
kunokucabanga noma ukucabanga nje, kodwa lokho

esikucabangayo noma esikucabangayo kungase
.kugcwaliseke ngezinye izikhathi

Ukucabanga kuyisici esibalulekile enkambisweni
yokucabanga ngokudala. Kodwa-ke, ukucabanga kufanele
kukhule futhi kuguquke kube ukuqiniseka okuqinile, futhi
lokhu akunakwenzeka ngaphandle kwamandla aqinile
.okuzimisela

Uma ubona into ngeso lengqondo ngamandla akho onke
okuzimisela, umcabango wakho uzoguquka ube ukuqiniseka
komuntu siqu, futhi lapho ungakwazi ukulondoloza lokho
kuqiniseka

Naphezu kwayo yonke imibono ephikisanayo,
ukuqiniseka kwakho kuzobonakala empeleni

Umuntu kumele afunde ukuzimela, esekelwa
yizimfanelo zakhe kanye nokubaluleka kwakhe
Injabulo engokomoya iyinjabulo evuselelwe futhi
ibonakala ngokwandayo kulabo abacabanga ngokujulile
ngoNkulunkulu. Iyinjabulo esiza ekwenzeni izinqumo
ezifanele nasekwenzeni izinto ezifanele, futhi uma itholakala,
izifiso nezifiso ezingenempilo ziyanyamalala ngoba
zilahlekelwa ukukhanga kwazo uma kuqhathaniswa
.nenjabulo engokomoya

UMdali wethu uMninimandla onke usinike ukuphila,
amandla, nokuhlakanipha, futhi kungumsebenzi wethu
ukumnika ukunaka kwethu nokuphakamisela izinhliziyiyo
zethu kuYe ngothando, ukubonga, nokuqaphela umusa
.nomusa waKhe

Ngisize, Nkulunkulu, ukuba ngingavuthi umlilo
wentukuthelo, funa ngivuthe ngamalangabi entukuthelo,
izindawo eziluhlaza zokuthula ngaphakathi kimi nakwabanye
Ngisize ngicime umlilo wentukuthelo ngemvula egeleza njalo
yothando lwami

Kwangathi ichibi lobumnene bami nokuthula kwami
lingahlala lizolile futhi lithule, lingaphazanyiswa yiziphepho
zokunganeliseki eziletha usizi kuphela

Ukwenza izenzo ezishukunyiswa umuzwa wesibopho,
noma ukudela izifiso zomuntu siqu ekukhonzeni
nasekuthandeni omunye umuntu, kungcono kakhulu
kunokukwenza ngenxa yokwesaba

Ngisho noma umuntu eyeka ukweqa imithetho
kaNkulunkulu, kufanele akwenze lokho ngenxa yothando
.ngoNkulunkulu, hhayi ngenxa yokwesaba isijeziso saKhe
Noma yini oyisabayo, susa imicabango yakho kuyo.
Yishiyele kuNkulunkulu futhi uqinise ukwethemba kwakho
.kuYe

Ukwesaba kuhlala kumuntu, futhi ukukuqeda
kungenzeka ngokucabanga ngoNkulunkulu nokuzwa
ubukhona Bakhe

Kungaba nzima ekuqaleni ukuhamba ezindleleni
zobuhle, kodwa ziyizindlela ezibusisiwe eziholela ekuthuleni
.kwengqondo nasenjabulweni yangempela
Kwangathi inkazimulo kaNkulunkulu ingakhanya kuzo
zonke izingxenye zokuphila kwethu, kwangathi uthando
lwakhe lungahlala ezinhliziyweni zethu, futhi kwangathi
.ukukhanya kwakhe kungagcwalisa ingqondo yethu
O sithandwa sami esingcwele, izimbali ziyaqhakaza
nezinkathi ziyashintsha, futhi konke kukhuluma ngawe.
Inyanga egcwele yembula izici zokumamatheka kwakho,
futhi ilanga liphethe isibani sakho sasezulwini. Ngibhukuda
olwandle lwezinyembezi, luchichima ukukulangazelela.
Emaqabungeni ezihlahla nasemithanjeni yabantu kugeleza
impilo yakho namandla akho, futhi ngizwa ukushaya
kwenhliziyo yakho yendawo yonke kushaya ngaphakathi
.kwami

Uma ngizwa ubukhona bakho, ngizizwa sengathi
ngiphapheme kwelinye izwe, futhi ngezikhathi ezithile
ngiphupha ngalo mhlaba kanye nalomzimba omncane—
owami ngiphapheme enjabulweni engapheli, futhi iphupho
lami lokuphila kwasemhlabeni linuka izinkumbulo
ezijabulisayo zezikhathi zami zokuvuka nawe Ngisiphule

ukhula lwamaphupho amabi ensimini yamaphupho ami futhi
ngatshala esikhundleni salo ama-roses okuphefumulelwa
kwami, lapho iphunga lokulangazelela kwami lizokudonsa
khona, futhi uzoza uzongithatha nawe uye emikhawulweni
yenjabulo yaphakade

O Nkulunkulu, ngenze ngibe sobala ngobumsulwa
nokuhlanzeka ukuze ngiveze ukukhanya kwakho
okuphilisayo ngaphakathi kimi

Thulisa isibuko sengqondo yami esithuthumelayo ukuze
sibonise ubuso bakho obungenamkhawulo
Vula amafasitela okholo kakhulu ukuze ngiphefumule
iphunga lokuthula kwakho

Wena okhazimulayo kuwe, wena Mbuso ongachazeki,
ngibheke ngamehlo ami alangazelela Wena, ukuze
.ngingaboni lutho olukhona ngaphandle kwakho

Ngemuva kwazo zonke izenzakalo nokubonakala
kokuphila kukhona izwi likaNkulunkulu elithule, osibiza njalo
ngezimbali, izincwadi ezingcwele, onembeza bethu, nazo
.zonke izinto ezinhle ezenza ukuphila kube nenjongo

Yonke imizamo eyenziwa ngumfuni yokufinyelela
eziqongweni ezingokomoya ibalwa nguNkulunkulu ngenxa
.yakhe futhi ivuzwa kahle ngayo

Siyakucela, Nkosi, ukuba ukhanyise izingqondo zethu
ngokukhanya kweqiniso lakho, wenze izinhliziyiyo zethu
zishaye ngothando lwakho, futhi ugcwalise imiphefumulo
.yethu ngenjabulo yakho kanye nobuningi bomusa wakho
Kusukela kulowo mkhathi ocacile lapho ingqondo
ingenakukwazi ukungena khona, uNkulunkulu uthulula
ukukhanya Kwakhe okuphakade. Futhi engqondweni
yendawo yonke kuvela ugqozi oluphakeme namandla
abusisiwe, futhi umsebenzi wokudala ugeleza ezingqondweni
.ezivulekile nezivumelanayo

Uma uthola ukuthi umphefumulo wakho, inhliziyo yakho,
yonke inhlansi yokuphefumulelwa, isibhakabhaka esiluhlaza
okwesibhakabhaka, izinkanyezi ezikhanyayo, izintaba,

umhlaba, izinyoni, nezimbali konke kuhlangukane
ngentambo eyodwa yesigqi sendawo yonke, injabulo
engokomoya, kanye nobunye bendawo yonke khona-ke
uzobona ukuthi konke kungamagagasi esifubeni solwandle
.olungcwele olungenalo ugu

Uma sikhohlwa uMdali wethu, sifanelwe ukuhlupheka.

Kumelwe siqaphele ukuthi uNkulunkulu uyisithandwa sethu
futhi uyasithanda, futhi lolu lwazi luzosikhulula ezinkingeni
.zethu nasekuhluphekeni

Umthandi weqiniso kaNkulunkulu akayeki ukumfuna,
ngisho noma ehluleka ukumthola ngemva kwemizamo
eminingi Njengoba nje igagasi kumelwe libuyele enhliziyweni
yolwandle ngemva kokuba isiphepho siphelile, nomfuni
oqotho unjalo; unokholo olucacile lokuthi izithiyo zizobhidlika
nokuthi uzohlangana nolwandle olusemkhathini
ngokushesha noma kamuva—lolo lwandle
olungenamkhawulo aphuma kulo futhi abuya kulo
Uma ingqondo icabanga njalo ngothandekayo
waphezulu, inhliziyo ihlabelela izingoma zenjabulo nenjabulo
Ukuphuma ngokomoya ukuvela komuntu kulokho ayikho
.manje kuya kulokho ayoba yikho esikhathini esizayo
Umuntu akanakufihla ubunjalo bakhe bangempela
kwabanye, ukudlidliza kwemicabango yakhe kuzobonakala
ngandlela thile ekuziphatheni kwakhe futhi kuzobonakala
.ngezenzo zakhe

Banengi abanombono ongalungile ngenkululeko;
babheka inkululeko njengokwenza noma yini umuntu
athanda ukuyenza, futhi lokhu ngikubiza ngokuthi inkululeko
.yezifiso

Ngenxa yokungaqondi kahle uhlobo lweqiniso
lwenkululeko, abanye abazali bagqilaza izingane zabo
emasikweni ngokugcwalisa izifiso zabo ngokushesha. Ingane
ikhula ikholelwa ukuthi uma nje izifiso zayo zigcwaliseka,
iyajabula, nokuthi injongo yokuphila iwukugcwalisa zonke
izifiso. Kodwa-ke, kamuva ithola ukuthi yayinephutha ,

njengoba umhlaba wangaphandle uhlukile ngokuphelele
empilweni yasekhaya, futhi ifunda ukuthi ukugcwalisa zonke
izifiso akulula! Abanye bangase babacindezele eceleni futhi
bangabanaki bephishekela izifiso zabo. Ngenxa yalokho,
ingane iba lukhuni futhi indikindiki ngokomzwelo ngenxa
yesifiso esikhulu sokwanelisa izifiso zayo. Ngakho-ke, abazali
kumele basize izingane zabo ukuthuthukisa intando yazo
nokuqonda ukuze zikwazi ukuhlala emhlabeni ngaphandle
.kokuwela ezingibeni nasezingibeni zayo

Umama uthi, "Mfundise ngothando" Yiqiniso, ukuphatha
izingane ngothando ngokuvamile kuhle, kodwa ubumnandi
obuningi bonakalisa amazinyo, futhi ngokufanayo, ukutotosa
kakhulu kubonakalisa izingane. Kudingeka izinga elithile
lokuqina nokuzimisela, kodwa uma ingane iphathwa futhi
ijeziswa kanzima ngephutha, imiphumela izoba mibi kakhulu.
Kufanele kube nokulinganisela endleleni izingane eziphathwa
futhi ziphathwe ngayo ; wonke ubaba kufanele alinganisele
ubuntu bakhe ngothando nobubele, futhi wonke umama
kufanele anikeze uthando lwakhe ukuhlakanipha
.nokucabanga

Umuntu kumelwe alondoloze isimo sengqondo esizinzile
sothando nokulangazelela uNkulunkulu. Sengizame
imisebenzi eminingi, kodwa kungakhathaliseki ukuthi
umsebenzi wami unjani, imicabango yami ihlala
.inoNkulunkulu

Kufanele sikujabulele lokhu kudalwa, kodwa ngaphandle
kokukuvumela ukuthi kusigqilaze. Futhi okuhlangenwe
nakho kungifundise ukuthi injabulo yokuthola uNkulunkulu
.ayinakuqhathaniswa

Ngaphambi kokuqala imisebenzi emikhulu, umuntu
kufanele ahlale buthule, athule izinzwa nemicabango,
azindle ngokujulile, futhi afune usizo lukaNkulunkulu ukuze
.athole isiqondiso esingokomoya nesiqondiso esinengqondo

Ake ngiqaphele ukuthi ukumamatheka ebusweni
bokusa, ezindebeni zezimbali, nasebusweni bamadoda
.nabesifazane abahloniphekile kuwukumamatheka kwakho
Ngeke ngithinteki yizithombe ezilandelanayo
zezinhlekelele, inhlanhla embi, ukugula, noma yiziphi izithiyo
ezingalindelekile ngoba ngiyaqaphela ukuthi ukuqonda
okuqondisiwe okuhlobene kakhulu nokwazi kwendawo yonke
.akuhlushwa ngokungaqondile ukwehluleka nokucasulwa
Inkululeko isho ikhono lokwenza ngokuvumelana
nokuhlakanipha, hhayi ngokuvumelana nezinkanuko,
imikhuba, kanye nezifiso Ukulalela ubugovu kuholela
ebugqilini, kuyilapho ukuthobela izisusa zomoya kuholela
ekukhululweni ezithiyweni
Akunandaba kimi ukuthi ngihlala esigodlweni
esinobukhazikhazi noma endlini encane, uma nje
uNkulunkulu enami
Ngizosebenzisa imali yami engiyisebenzele
ngokwethembeka ukuze ngiphile impilo elula, ngaphambi
kokuphila impilo ebiza kakhulu
Ngokukholwa kuNkulunkulu nokusebenzisa amandla
entando, umuntu anganqoba ukugula, ukwehluleka, kanye
nokungazi, uma nje ukudlidliza kwentando kunamandla
kunokudlidliza kwezifo zomzimba noma zengqondo. Uma
ukugula kungapheli, kulapho intando kumelwe ibe namandla
futhi izimisele khona, futhi ukholo lujule futhi luqine, ukuze
.kufezwe umphumela ofiselekayo
Ngikhuthaze, Nkosi, ukuba ngibeke ithemba lami kuwe
wedwa, hhayi ezindleleni zokuvikela zabantu.
Mangingavumeli ukwesaba nokukhathazeka kuqede
amandla ami angenamkhawulo okubhekana nanoma yiziphi
izilingo zokuphila. Mangingacabangi ngezingozi,
izinhlekelele, nezinhlekelele ngenxa yokwesaba
ukubonakaliswa kwazo kwangempela ngomcabango
nangomcabango. Mangiqaphele, Nkosi, ukuthi
kungakhathaliseki ukuthi ngivukile noma ngilele, ngivukile

noma ngilahlekile emaphusheni asemini, ngiphila noma
ngiyafa, ubukhona bakho obuvikelayo busangizungezile futhi
.bungiqapha

Abahlakaniphileyo bathi: Isithelo sezenzo ezinhle
ezishukunyiswa uthando lukaNkulunkulu nobuhle
buwukuzwana nobumsulwa Isithelo sezenzo ezishukunyiswa
izifiso zobugovu kanye nezifiso siwubuhlungu nokuhlupheka
Isithelo sezenzo ezimbi ukungazi nobuwula
Izenzo ezinhle ziletha injabulo, kuyilapho izenzo zezwe
eziqhutshwa uthando ziholela ekuhluphekeni
nasebuhlungwini. Izenzo ezimbi eziqhubekayo, nokho,
.zibhubhisa ikhono lomuntu lokuqonda nokuqonda

Uma ufisa ukuphila ngokuthula nangokuzwana, izinhloso
zakho kumele zibe zinhle, futhi kumele usakaze imicabango
yomusa nemizwa yothando. Uma uphila impilo enhle,
.uzosiza abanye ngesibonelo sakho nokuziphatha okuhle
Uma nje ngizizwa ngikhathazekile futhi ngididekile
engqondweni, ngizobuyela ekuthuleni nasekuzindleni ngize
ngiphinde ngibe nokuthula, futhi ngizoqala usuku ngalunye
ngokucabanga ngoNkulunkulu nokucela usizo nesiqondiso
.Sakhe

Zimisele ukungavumeli ukhula olucindezelayo
lwenzondo lukhule futhi lungene engadini yokuphila kwakho,
ingadi egcwele izimfanelo zomoya omuhle. Futhi lapho
uhlakulela lezi zimfanelo ezinuka njengezimballi, uNkulunkulu
uzokwembulela imfihlo enkulu yokuphila ngaphakathi
.kwakho

Inhloso yokuphila ukuthola ukuthula, ukwaneliseka,
ukungafi, ukuphepha, nolwazi lweqiniso, futhi enhliziyweni
yalezi zifiso ezivuselela ngaphakathi kithi kukhona ingqikithi
.yaphezulu ejulile kithi

Kwangathi ngingathola inkululeko yami kuwe, Nkosi,
futhi ngiqaphele ukuthi ikhaya lami langempela liwukuphila
kwakho okuphelele nokuthi ngiyingxenye ebalulekile
.yokuqonda kwakho kwendawo yonke

O lwandle olukhulu nolungcwele, vumela imifula yezifiso
zami, egeleza ogwadule lwezithiyo nezithiyo, ekugcineni
ihlangane ekujuleni kwakho okukhulu
Kusenqabeni yaphezulu kuphela lapho sithola khona
isivikelo nokuvikeleka, futhi akukho siphephelo esiphephile
kunokuzizwa siseduze noNkulunkulu nokuthinta ubukhona
.baKhe

Njengoba abantu bebuswa yimikhuba ebumba
ukuthambekela kwabo, ukuthambekela kwabo, ubuntu babo,
kanye nezifiso zabo, uma leyo mikhuba mibi, ubuntu babo
buba yingozi futhi izenzo zabo zibe zimbi. Ngakho-ke,
kuyalulekwa ukuthi sibeke phambili imikhuba emihle,
njengoba iqondisa izenzo zethu nemicabango yethu
.emigomweni emihle futhi isilethele impilo nenjabulo
Nomaphi lapho kunemiphefumulo edabukile
nehluphekayo, ngithola induduzo yami ekukhonzeni
nasekududuzeni. Ngizokwenza konke okusemandleni ami
ukuletha injabulo kwabanye futhi ngizozwelana nemizwa
.yabo njengokungathi ingeyami

Amakhono engqondo akhona kubantu, kodwa abantu
abaningi basalokhu bengathuthuki kahle, futhi ukwehluleka
ukuhlakulela la makhono kuholela emiphumeleni emibi
Njengomzimba, ingqondo idinga ukondliwa okufanele kanye
.nokuzivocavoca ukuze ibe nempilo namandla
Idayimane liyamukela futhi libonise ukukhanya, kanjalo
nemiphefumulo emsulwa, esobala eyazi uNkulunkulu futhi
ekhanya ngokuba khona Kwakhe iyakwamukela futhi ibonise
ukukhanya, kanjalo nemiphefumulo emsulwa necacile eyazi
.uNkulunkulu futhi ekhanya ngokuba khona Kwakhe
O Nkosi, wena uyingcebo yangempela empilweni, futhi
ngokukuthola Wena kuqala ngizothola kuWe konke
engikudingayo

Abantu bavame ukugxila ekudleni, emoyeni,
naselangeni kuphela ukuze balondoloze impilo enhle, kodwa
kungase kufike isikhathi lapho impilo iyonakala naphezu

kobuningi bale mithombo yokuphila yangaphandle. Yilapho-
ke lapho kuphakama khona isidingo sokuvuselela amandla
.omzimba avela ngaphakathi

Uma isikebhe sengqondo yami sisondele emadwaleni
ezifiso zobugovu ezihilela izingozi nezingozi, eziqhutshwa
yiziphepho ezinamandla zokungazi, khona-ke yiba,
Nkulunkulu wami, isibani sami futhi ungiqondise njalo ogwini
.lokulunga kwakho nobuhle bakho

Umcabango ufana nelangabi elinamandla alo agxilile
okufanele asetshenziswe ukushisa izithiyo ezivimbela
impumelelo

UNkulunkulu angatholakala ngothando oluhlala njalo
oluvela kuNkulunkulu Uma sithanda uNkulunkulu ngaphezu
kwezipho Zakhe, uzoza kithi. Usinike inkululeko
yokuzikhethela kanye namandla okukhetha ukuze sikwazi
ukuhlukanisa phakathi kwezipho zezwe ezidlulayo
nezingenamsebenzi kanye nesipho sokusondelana Naye
.kanye nenjabulo yokuba khona Kwakhe okubusisiwe
Sanikwa inkumbulo ukuze sikwazi ukuzijwayeza
ukukhumbula izinto ezinhle kuze kube yilapho ekugcineni
sikhumbula okuhle kakhulu: uNkulunkulu

Umoya wothando lwakho ugeleza kimi, Nkosi! Futhi
amaqabunga okuphila kwami adansa ngenjabulo ekufikeni
kwakho Ukugquma kwawo okujabulisayo kudlula emoyeni,
kumema abakhathele ukuba baphumule emthunzini
wokuthula kwami okungokomoya

Ubunzima bokuphila abuhloselwe ukusilimaza;
kunalokho, izinkinga nokugula kusinika izifundo
Okuhlangenwe nakho kwethu okubuhlungu akuhloselwe
ukusibhubhisa, kodwa ukusihlanza nokusheshisa ukubuyela
kwethu emthonjeni wethu omsulwa—uNkulunkulu—
osebenza ngazo zonke izindlela ukusisiza nokusibuyisela
.ekhaya lethu lasezulwini

I-Infinity iyikhaya lethu langempela, futhi uhambo lwethu oluya kulo mhlaba nakulezi mizimba yenyama lufana .nohambo lwe-visa yesikhashana Nkosi, ngiyazi ukuthi ukudunyiswa akungiphakamisi, futhi ukugxekwa akunginciphisi. Nginjengoba nginjalo phambi konembeza wami futhi phambi Kwakho ngizoqhubeka nale ndlela, ngenza konke okusemandleni ami ukukhonza wonke umuntu futhi ngilwela ukuthola umusa .Wakho—kulapho-ke kulapho injabulo yami ikhona Uyisidalwa esiyinqayizivele futhi ingqikithi yakho iyamangalisa, ngakho-ke yazi ukuthi ungubani ngempela Ngokufika kwakho, amahlumela engikulangazelelayo azoqhakaza abe izimbali ezimnandi nezikhazimulayo Nkosi, shesha ukufika kwalolo suku lapho ngizoluka khona umgexo walezo zimbali ezinamanzi bese ngiwubeka .emnyango wakho obusisiwe

Esikhundleni sokuhlala ezama ukuzijabulisa yena yedwa, kufanele futhi azame ukuletha injabulo kwabanye. Uma ezama ukunikeza abanye ukwesekwa ngokomoya, ngokwengqondo, noma ngokwezinto ezibonakalayo, uzothola ukuthi izidingo zakhe ziyahlangatshezwa nokuthi .indebe yokuphila kwakhe ichichima injabulo

Labo abazuza ukunqoba okukhulu phezu kobumnyama emhlabeni bayoba nokukhanya kwenkazimulo njengesabelo sabo futhi bazojabulela ukuthula kwangaphakathi nenjabulo Nkosi, hlala usakaza imbewu yezibusiso zakho emhlabathini wenhliziyo yami, ulinywe ngokunxusa, ukuze zikhule zibe izihlahla ezinomthunzi ezimagatsha azo athela .izithelo ezimnandi kakhulu nezimnandi kakhulu zokuzazi

Sivame ukuhlala sisezinhlungwini ngaphandle kokwenza umzamo wokushintsha, yingakho singakutholi ukuthula nokwaneliseka okuhlala njalo Uma sikhuthazela futhi senza umzamo, singanqoba zonke izinkinga ngokuqinisekile Kumelwe sizame ukusuka osizini siye enjabulweni, futhi sisuke ekuphelelweni yithemba siye esibindini

O Uthando Lwaphezulu, hlanganisa uthando lwami
nothando Lwakho, hlanganisa impilo yami nenjabulo Yakho,
ingqondo yami nokuqonda Kwakho kwendawo yonke, futhi
uqede ukoma kwami emthonjeni wenjabulo Yakho
.yaphakade

Inhliziyo yomuntu ofuna ngobuqotho ihlala ihlebeli ithi:

"Nkulunkulu wami noThandekayo wami, angifuni ukucwila
ezinkingeni zaleli zwe elikhohlisayo, futhi engikufunayo nje
ukuvusa uthando Lwakho ezinhliziyweni zabantu Inhliziyo
yami, umphefumulo wami, umzimba wami, ingqondo yami,
nakho konke enginakho kungokwakho, Nkosi." Lowo muntu
.ofunayo ufinyelela kuNkulunkulu futhi uyamazi
Nkosi, siphe ukuqonda okusha nokuyiqiniso

kobuzalwane Masiyeke izimpi futhi sipholise amanxeba
ezizwe nge-balm yothando kanye nenduduzo ehlala njalo
yokuqonda okunesihawu

Sibusise ukuze sikhululeke ethonyeni lokuhaha,
ekubuseni kokukhohlisa, nasekulawulweni kwemicabango
ekhohlisayo, futhi usisize sakhe umhlaba omusha lapho
ukugula, ukungazi, nendlala kungamaphupha nje esikhathi
.esidlule esimnyama nesibi

Masixazulule zonke izinkinga hhayi ngokucabanga
kwehlathi, kodwa ngokuqonda, iqiniso, kanye nokholo
olungenakunyakaziswa Kuwe kanye nobulungisa bakho
.baphezulu

Ukuphila kusihlanganise lapha isikhashana, ngemva
kwalokho sizohamba ngezindlela zethu ezihlukene. Kodwa
uma uthando lukaNkulunkulu luhlala ngaphakathi kithi,
akunandaba ukuthi siyaphi, ngoba kungakhathaliseki ukuthi
siduka kangakanani, sizohlala ngaphakathi kwesiyingi
.sothando lwaphezulu futhi asisoze sahlukaniswa ngempela
Nkosi, ngenze ngibe ukhozi oluthuthuka ngokomoya
oluphakama ngaphezu kwezindlela zomqondo omfushane
kanye nokweqisa

Ngibizele ezindaweni eziphakeme kakhulu, ngale
kokuzamazama komhlaba okukhulu namafu avimba
ukukhanya kwelanga
Ake ngithathe amaphiko okulinganisela ukuze ngiphile
kahle, futhi ake ngikhuphukele kulezo zulu eziphakeme
ngaphezu kwazo zonke iziphepho neziphepho, lapho
kukhona khona imiphetho ebanzi kanye nemibono emihle
.kakhulu

Ukuthula kuza lapho sivula izinhliziyi zethu ukuze
sithande futhi sibe nomusa Labo abanezinhliziyi
ezinothando futhi abakhuthele emisebenzini emihle bathola
ukuthula ngoba kuhlala ngaphakathi kwabo Ukuthula
kuyindawo engcwele yasezulwini futhi kuyisisekelo sempilo
ejabulisayo

Kufanele sicabange njalo ngobuhle baphezulu
obungemuva kwezimbali, ukukhanya kwendawo yonke
ngemuva kwelanga, kanye nokuphila okukhulu
.okukhazimula emehlweni wonke

Uma umuntu enomusa ngempela futhi ebonisa
inhlonipho kwabanye, futhi ephindela ukunconywa ngendlela
.efanayo, uyohlala ephathwa ngokwazisa nenhlonipho
Ngizosabalalisa uthando lwami kwabanye ukuze ngivule
isango lokuba uthando lukaNkulunkulu luze kimi luhlale
.enhliziyweni yami

Nkosi, mangibe yisibani kulabo abacwila ekujuleni kosizi.

Ngisize ngilethe injabulo kwabanye ngokubonga ngenjabulo
.engokomoya ongiphe yona

Ngizoncibilikisa inzondo emlilweni wothando lwami, futhi
ngizothethelela abanye futhi nginike uthando kuzo zonke
izinhliziyi ezomile

Uthando lweqiniso luwuthando olujabula ngenduduzo
yothandekayo

Kwangathi ukukhanya kwakho kungasikhanyisela, Nkosi,
futhi kwangathi uthando lwakho lungagcwalisa izinhliziyi
.zethu kuze kube phakade

Ukuba nomoya wokuziqalela izinto kusho ukuba
namandla okucabanga okudala okwenza umuntu akwazi
ukusungula into engakaze yenziwe muntu ngaphambili.
.Wonke umuntu uzalwa nalesi siphosinikwe nguNkulunkulu

Uthando olukhulu kunawo wonke uthando
lukaNkulunkulu, olwenza impilo ibe ntle ngendlela
engachazeki Uma uzizwa uNkulunkulu enawe, eza kuwe
noma ngabe ukuphi futhi eqondisa izinyathelo zakho,
uthando lukaNkulunkulu seluqalile

Amandla eqiniso ayaphikisana nomoya
Nkosi, uma ngibhekene nobunzima besikhashana,
mangikhumbule izibusiso zakho eziningi phezu kwami
esikhathini esidlule, ngazi ukuthi usizo lwakho alusoze
lwangishiya futhi ukunakekelwa kwakho kuhlala kunami
Kuwe Ngibonga ngokusuka enhliziyweni ngazo zonke
izibusiso eziza kimi zivela esandleni sakho esiphanayo
Amaconsi othando akhanya emiphefumulweni emihle,
futhi uNkulunkulu angatholakala kuphela olwandle lothando
Ukuqonda kuyisibani esikhanyisa indlela yomuntu futhi
simlethele impumelelo

Entwasahlobo, uNkulunkulu uhlobisa imvelo ngama-
roses nezimbali ezinhle kakhulu ngezingubo ezinhle kakhulu
nemibala egqamile

Ukuthula kuyisithunywa sokuqala esimemezela
ukusondela ebukhoneni bukaNkulunkulu Ngemva kwalokho,
ukuthula kuguquka kube ukukhanya okukhanyayo
kunenjabulo engapheli

Uma ngingena shí olwandle lokuzindla, ngizwa ukundiza
okubusisekile ngaphakathi kimi futhi ngizwa izwi elihlebayo
"lithi, "Ngiseduze

Umuntu kumele aphendukele ngaphakathi, lapho
umphefumulo uziveza khona. Kusukela ekujuleni
komphefumulo kuvela konke okuhlangenwe nakho kokuphila
.kwangaphakathi

Uma umphefumulo uziqaphela ngokwawo ngokwazi
kwaphezulu, uzizwa ujabule kakhulu futhi wanda endaweni
engenamkhawulo

Uma usebenzisa zonke izindlela zangaphandle nezinsiza
ezitholakalayo kuwe, ngaphezu kwamakhono akho emvelo,
ukuze unqobe zonke izithiyo ezingase zikuvimbele,
uzothuthukisa amandla uNkulunkulu akunike wona: lawo
mandla angenamkhawulo avela ekujuleni okujulile kobuntu
.bakho

Uthando luhamba endleleni yegolide eholela
kuNkulunkulu

Ngizosakaza ilanga lezilokotho ezinhle nezinhloso
ezinhle nomaphi lapho ubumnyama bokungaqondi bungene
khona

Uma ubunzima bukuhlasela, kodwa wenqaba ukuyeka
ukuzama nokwenza umzamo, naphezu kwazo zonke izithiyo
nezithiyo, khona-ke uNkulunkulu uzokuphendula futhi
.agcwalise imizamo yakho ngempumelelo

O Nkosi, ngizokhipha imbali yokulangazelela ensimini
yenhliziyi yami ngiyibeke njengomnikelo wothando
emnyango wakho ongcwele

Njengoba imicabango namazwi ethu kuyimbewu
ezosilethela isivuno sesikhathi esizayo, ngizoqala namuhla
ukugcwalisa ingqondo yami ngemicabango emihle
neyakhayo

Ngiyandiza futhi ngikhuphukela phezulu naphansi,
enyakatho nakwesokudla, ngaphakathi nangaphandle
nakuzo zonke izindawo ukuze ngithole ukuthi kuzo zonke
izingqimba zesikhala ngangikhona futhi ngisekhona phambi
.kukaNkulunkulu

Phila umzuzu ngamunye uqaphela ubuhlobo bakho
noNkulunkulu ongenamkhawulo. Akukho ukuphela
kokuqonda kwakho, futhi zonke izinto ziyakhanya futhi
.zikhanye njengezinkanyezi esibhakabhakeni sobuntu bakho

Ukuzihlukanisa, noma ukungazihlanganisi, kuyindlela
ehlakaniphile umfuni ayihambayo, ngokuzithandela
ephakama ngaphezu kwezinto ezingabalulekile ngenxa
yezinto ezinkulu. Akazibophezeli ezinjabulweni zenyama
zesikhashana ephishekela injabulo yangaphakathi
evuselelwe. Ukuzihlukanisa akusona isiphetho ngokwako,
kodwa kuvula indlela yokuvela kwezimfanelo zomphefumulo
.namandla angokomoya
Umnqobi ongokomoya uthuthuka ngezinyathelo
ezinesibindi ezindleleni zokuphila
Umuntu kufanele asebenzise ngokugcwele impilo yakhe
yamanje, avule amafasitela enhliziyi yakhe avuse futhi
.avuselele amandla omphefumulo wakhe alele
Ngemuva kwezifihla-buso zoshintsho nokuguquka
kukhona ubukhona bukaNkulunkulu. Noma ngubani
ongaqinisa isibuko sengqondo yakhe futhi asivimbele ukuthi
singanyakaziswa, uzobona kuleso sibuko esicacile ubuso
.bomuntu othandekayo wasemkhathini
Uthando lunamandla kunokufa kanye nomonakalo
wesikhathi
Ukuzihlaziya kuyisihluthulelo sempumelelo, futhi
ukuzindla kuyisibuko lapho sibona khona amakhona
angaphakathi abengahlala efihliwe embonweni wethu.
Kumelwe sihlole amaphutha ethu, sihlukanise phakathi
kokuthambekela okuhle nokubi, futhi sihole izithiyo
.zentuthuko kanye nempumelelo
Yeka ukuthi umuhle kangakanani, O mngane! Wena
okhipha amanzi okukhathazeka okuqotho nobungane, futhi
omaqabunga akho athambile ngamazolo obumnandi
bangaphakathi nobangaphandle obuvela ekujuleni
kwezinhliziyi eziqotho neziqotho
Ngake ngabona intuthwane encane izama ukukhwela
inqwaba yesihlabathi, futhi ngacabanga: intuthwane
kumelwe ukuthi icabanga ukuthi ikhuphuka iHimalaya!
Inqwaba yesihlabathi kungenzeka ukuthi yayibonakala inkulu

kakhulu entuthwaneni, kodwa hhayi emehlweni ami
Ngokufanayo, izigidi zeminyaka yethu yelanga zingase zibe
ngaphansi komzuzu engqondweni kaNkulunkulu
Kumelwe siziqeqeshe ukucabanga ngezinto ezinkulu
njengokuphakade nokungapheli

Ngazulazula ezweni elingenamkhawulo futhi ngabona
inkungu ekhanyayo ezweni lokukhanya, futhi kulokho
kukhanya okuphilayo ngafunda izincazelo zezimfihlo
.ezibhalwe emakhasini esikhathi

Uma ulele, ucabanga imicabango nemizwa ethulile
kodwa uthule. Kodwa uma uthula imicabango nemizwa
ngokuzindla, into yokuqala oyitholayo isimo sokuthula, futhi
imisipha yobuso bakho yakha ukumamatheka ngokwemvelo
okubonisa ukuthula kwangaphakathi. Kodwa kumelwe
ubheke ngale kwalesi simo sokuthula ukuze ubone
ubumsulwa bomphefumulo wakho—ubumsulwa
obungangcoliswanga yizisusa zemizwa noma ukusabela
okuzenzakalelayo emicabangweni ehlotshaniswa nezinzwa.
Isimo ositholayo ngaleso sikhathi singesenjabulo ehlala njalo,
.evuselelwa njalo

Uma ubeka isitsha samanzi ngaphansi kokukhanya
kwenyanga bese usivuselela, uzodala isithombe
esiphambene senyanga. Lapho amanzi ehlala esitsheni,
ukubonakaliswa kuyacaca. Izikhathi lapho amanzi esitsheni
ethule futhi ebonakalisa ubuso benyanga ngokucaca
okuphelele zingafaniswa nesimo sokuthula kokuzindla kanye
nesimo sokuthula okujulile. Ekuthuleni kokuzindla, wonke
amagagasi emizwa nemicabango ayayeka ukugeleza
engqondweni. Futhi kulesi simo sokuthula esijulile, umuntu
ocabangayo, kulokho kuthula, ubona inyanga egcwele
yobukhona bukaNkulunkulu ibonakaliswa echibini
.lomphefumulo

Kunezimo ezine umuntu ovamile azijwayele: injabulo
lapho egcwalisa isifiso, ukungajabuli lapho enqatshelwa,
isithukuthezi lapho engajabuli noma engacindezelekile,

kanye nokuthula lapho engoba le mizwa noma izimo
.zengqondo zenjabulo, ubuhlungu, kanye nesithukuthezi

Ukuthula kuyisimo esifiseleka kakhulu, esivela
ekungabikho kokudabuka nenjabulo, kanye nokungabikho
kwesithukuthezi Lezi zimo zihlala zishintshashintsha futhi
zigcwala ebusweni bomphefumulo Ngemva kokugibela
amagagasi ashubile obuhlungu nenjabulo, okuhlanganisa
nokucwila okuphindaphindiwe ekujuleni kokukhathala,
kukhona injabulo ekuntanteni olwandle oluzolile lokuthula
Kodwa okukhulu kunokuthula injabulo engokomoya—injabulo
yomphefumulo—injabulo yokugcina Kuyinjabulo engapheli
engapheli kodwa ehlala nomphefumulo kuze kube phakade
Le njabulo ephakeme ingatholakala kuphela ngokuqaphela
ubukhona bukaNkulunkulu

Ukumamatheka kweqiniso kuwukumamatheka
kwenjabulo engokomoya okutholakala ngokuzindla
nokucabanga ngoNkulunkulu nokuzwa ubukhona Bakhe
Ukumamatheka kwami kuvela enjabulweni ejulile
ngaphakathi kimi—injabulo efinyeleleka kubo bonke. Kufana
nephunga eliphuma enhliziyweni yembali eqhakazayo. Le
njabulo enkulu imema abanye ukuba bazicwilise emanzini
.angcwele enjabulo

Ekukhanyeni kwentethelelo ebusisiwe, ubumnyama
benzondo obuqongelelwe iminyaka eminingi buyanyamalala
UNkulunkulu ugcwalisa ngokushesha noma yisiphi
isidingo sabakhulekeli baKhe ngoba bazikhulule ezinhlosweni
zobugovu ezikhungathekisa imizamo futhi zidumaze
.amathemba

Lowo uNkulunkulu amvikelayo, akukho lutho
olungambhubhisa
Asisodwa kuleli zwe, ngoba uNkulunkulu unathi, futhi
kukhona ubudlelwano obuhlala njalo, obuseduze,
.nobunobungane esithola kubo ukwesekwa nenjabulo
O nkanyezi ekhanyayo yesiqondiso emazulwini
okuhlakanipha, ukukhanya kwakho okukhazimulayo

kungimema ukuba ngihlole izindawo zakho ezibusisiwe, futhi
inyoni yami elangazelelayo igijima ngesivini esikhulu,
ihlaba umoya onzima, odabukisayo, iqhutshwa
ukukulangazelela nokuthokozela ukukhanya kwakho
.okungcwele kakhulu

Ubuntu bomuntu buqala ukukhula nokuqhakaza lapho
ekwazi ukuzwa - ngokusebenzisa umuzwa wangaphakathi,
oqondakala kalula - ukuthi akuyona umzimba oqinile kodwa
.ugesigongomoya waphakade emzimbeni
Lapho inhliziyo yomfundi ichichima uthando
ngoNkulunkulu, ubuso bakhe buzokhanya ngokumamatheka
kokuthula nokuhlakanipha, futhi izendlalelo zokungazi
ezimboze umphefumulo wakhe zizobhidlika futhi zinyamalale
.ngokuphelele

Uma ubheka imbali noma umuthi, uyazi ukuthi lezi
zinhlobo ezinhle zokuphila azizange zibe khona ngokwazo.
UNkulunkulu nguyena owazibumba futhi wazinika iphunga
.nobuhle obukhulu

Njalo yenza imisebenzi yakho, emincane nemikhulu,
ngokunakekela okujulile, ukhumbula ukuthi uNkulunkulu
uqondisa izinyathelo zakho futhi uqinisa imizamo yakho
.yokufeza izifiso zakho ezinhle

Uma umuntu exhumana nesimo sakhe esingokomoya,
izikhathi ezidlule nezikhohliwe kudala kanye namandla
angafi omphefumulo abuyela ekuqondeni kwakhe.
Ekuzindleni, umuntu ukhumbula ukuthi ungumphefumulo
.ongafi, hhayi umzimba ofayo

Nomaphi lapho sithola khona abantu, abahle nababi,
abafuna injabulo ngendlela yabo Akekho ofuna ukuzilimaza
Ngakho kungani abanye abantu benza ngezindlela
ezibabangela ubuhlungu nosizi ngokungenakugwenywa?
Ngoba lezo zenzo ziqhutshwa ukungazi nokukhohlisa
Siyakucela, Nkosi, ukuba usikhanyisele ngokukhanya
kokuhlakanipha kwakho futhi ususe kithi ubumnyama
.bokungazi nokukhohlisa

Umuntu oqaphelayo kufanele aqaphele kunokuba
esaba, futhi kufanele ahlakulele ngaphakathi kuye umuzwa
wokuba nesibindi ngaphandle kobudedengu nokuxhamazela
ukuze angazivezi ezimweni ezingase zivuse ukwesaba
.nokukhathazeka

Ukuhlakanipha akuxhomekile ekufakweni kolwazi
oluvela ngaphandle, kodwa emandleni okwamukelwa
kwangaphakathi, okunquma inani lolwazi lweqiniso
olungatholakala kanye nesivinini lolo lwazi olungatholakala
.ngaso

Leli zwe limane nje liyisiteji lapho senza khona
imisebenzi yethu ngaphansi kokuqondiswa koMqondisi
Ongcwele. Kumelwe senze kahle kungakhathaliseki ukuthi
imisebenzi esinikezwe yona injani, sikhumbula njalo ukuthi
.imvelo yethu ebalulekile iyingabulo engapheli
Ohlakaniphe kakhulu kwabahlakaniphileyo yilowo ofuna
ukwazi uNkulunkulu, futhi ophumelele kakhulu
kwabaphumelelayo yilowo othole uNkulunkulu
O Sithandwa Saphezulu, kwangathi ungathatha indawo
yokuqala ezimpilweni zethu, kwangathi uthando lwakho
oluphilisayo lungagcwalisa izinhliziyiyo zethu, futhi kwangathi
ukukhanya kwakho okubusisiwe kungasusa ubumnyama
.bokukhathazeka emiphefumulweni yethu
Inkululeko isho ukwenza ngokuvumelana nonembeza,
hhayi ngokuvumelana neziqondiso zomkhuba nesifiso.
Ukulalela ubugovu kanye nezifiso zakho kudala imingcele,
kuyilapho ukulalela izikhuthazo zokuhlakanipha kunikeza
.inkululeko kulezo mingcele
Ukuthula kwengqondo kungatholakala
ngokuthuthukiswa okunengqondo nokuhlosiwe kwezimfanelo
ezinhle, okuthi, uma sezikhulile ngokugcwele,
zingenakuphucwa umninizo ngaphandle kokuba ekhetha
.ukuzidela ngentando yakhe
Iningi labantu lifuna injabulo besebenzisa izindlela
ezingalungile Abanye bakholelwa ukuthi bangayiphinda

kabili injabulo yabo ngokwamukela ukuziphatha
okungalungile nezenzo ezingenempilo ezibonakala zinikeza
izithembiso ezikhazimulayo zenjabulo engapheli, futhi
bakhohliswa yilezo zithembiso ezingamanga, njengoba
ukunambitheka kwenjabulo yangempela
kungenakunambitheka esihogweni semicabango yamanga
.nezenzo ezingalungile

Umzuzu ngamunye uyiphakade ngoba ubuphakade
bungabonakala kulowo mzuzu Izinsuku, imizuzu, namahora
kuyifasitela lapho singabona khona ubuphakade Impilo
imfushane, kodwa ngasikhathi sinye ayinamkhawulo futhi
ayinamkhawulo Umphefumulo awufi, futhi phakathi nalesi
sahluko esifushane sokuphila komuntu, kumelwe sisebenzise
.wonke amathuba atholakalayo

Amazwi angokomoya afana nembewu edinga inhlabathi
evundile ukuze ihlume, ikhule, iqhakaze futhi ithele izithelo
Ukukhula ngokomoya kudinga ukuzicabangela, ukuhlela
kabusha izinto eziza kuqala ekuphileni, ukuhlonza nokususa
imikhuba eyingozi, nokugcina imithetho nemithetho
yezempilo ngokuvumelana nokuqonda okungokomoya
.okuthuthukayo kanye nokukhula kwamandla engqondo
Uma umfundi enambitha injabulo yaphezulu, uzothola
ukuthi uNkulunkulu useye waba ngokoqobo kakhulu kuye
kunanoma yini enye, futhi uzoqaphela ukuthi ukuthinta
ubukhona baphezulu kuyinjabulo okungekho injabulo
.yemizwa engalinganiswa nayo

UNkulunkulu usebenza ukuvusa ukuqonda komuntu
ngokomoya nokuqondisa intando yakhe endleleni efanele
ngobuhle bobuhle, ubukhulu bokubekezelelana, ubukhulu
bokuhlakanipha, kanye nobuhle benjabulo engokomoya
Ngeke ngibabheke abanye njengabangazani ngoba
nginomuzwa wokuthi wonke umuntu ungumfowethu noma
udadewethu. Ngizokwenza impilo yami iphumelele futhi
yanelise ukuze ngikwazi ukusiza abanye baphumelele futhi
bafeze. Ngizozwelana nabanye futhi ngibabonise uzwela

njengoba ngizibonisa. Ngizothanda uNkulunkulu njengoba
abaprofethi nabangcwele bamthanda, futhi ngizophonsa
.ubugovu emthonjeni wothando lwami ngabanye
Ngale kwalokhu kuphila okufushane, kwasemhlabeni,
okufayo, kukhona ukuphila okuphakade, okungaguquki.
Umzimba wakhiwe yizinto zamakhemikhali ezibola futhi
zibhubhe, kodwa ngale kwalokhu kuphila okufushane
kukhona ukuphila okuphakade, kwasezulwini phambi
kukaNkulunkulu. Ngakho-ke, akufanele sigcine ukunaka
kwethu konke kulo mzimba ongapheli, futhi labo
abawufisayo kumele babekezelele izilingo zawo futhi babe
.ngabaphathi bawo

Namuhla ngizozama ukusiza abaswele futhi nginike
lokho engingakwenza kwabalambile
Ngiphephile futhi ngivikelekile ekuvikelweni
nguNkulunkulu futhi ngemuva kwezindonga zonembeza
wami ohlanzekile ngingomunye onokukhanya kobuhle
okuqondisa imikhumbi yemiphefumulo ephonswa ngapha
nangapha amagagasi osizi olwandle lokudideka
nokukhathazeka

Namuhla ngizizwa uNkulunkulu ethukuthele
ngaphakathi kimi futhi eshukumisa izintambo zenhliziyo
yami

Ngizokwenza konke okusemandleni ami ukwenza
abanye bajabule, njengoba nje nami ngilwela ukuzenza
ngijabule, futhi ngenjabulo yami engokomoya ngizokhonza
wonke umuntu endlini yothando lwaphezulu futhi ngeke
ngesabe lutho ngaphandle kwami uma ngizama ukukhohlisa
.unembeza wami

Kusukela ezivandeni zomphefumulo

Uhlose ukuya ndawana thize, bese uziphuthuma ukuze
ufike lapho ngokushesha. Uma ufika, uthola ukuthi
awuyijabuleli indawo ngenxa yesifiso, ukukhathazeka,
mhlawumbe ngisho nokuphazamiseka okuzwayo. Kunalokho,

zama ukuzola, ukuzola kakhudlwana, nokulinganisela
kakhudlwana. Uma imicabango yakho ithambekele
ekukhathazekeni nasekuphazamisekeni, yicindezele
.ngamandla kuze kube yilapho ithola ukuthula kwayo
Injabulo ithinta kabi ibhalansi yesimiso sezinzwa ngoba
ithumela amandla amaningi kwezinye izingxenye zomzimba
kuyilapho iphuca ezinye isabelo sazo semvelo Lokhu
kungalingani ekusatshalalisweni kwamandla kuyimbangela
yokwesaba Umzimba ozolile nokhululekile ududuza izinzwa
futhi ukhuthaza inhlalakahle yengqondo
Ngokuvumelana noNkulunkulu, umbono wangaphakathi
uqala ukuvela kancane kancane Umuntu kumelwe abe
nokholo oluphelele lokuthi uNkulunkulu uzophendula yonke
imithandazo esuka enhliziyweni Noma ubani ophendukela
kuYe ofuna ukukhanyiselwa uzobona umbono wakhe
.uvulekile futhi ingqondo nenhliziyo yakhe ikhanyiselwe
Uma ukuqonda kuvula, kubonakala njengomzwelo
obonakala uphuma enhliziyweni, umuzwa wokucaca okujulile
nokunemba. Ngale muzwa, umfuni uthola ukuqiniseka
okungantengantengi kanye nesiqondiso esiqinile sokulandela
indlela efanele, futhi kancane kancane uqala ukuqaphela
.nokuthemba lo muzwa
Lokhu akusho ukuyeka ukucabanga ngokuphelele;
ukucabanga okuzolile nokungakhethi kuholela ekuqondeni
Ukucabanga ngokomzwelo, okuqhutshwa ukuzidla
nokuzigqaja, kuholela ekungaqondani naseziphethweni
eziyiphutha
Yenqaba ukungabaza okubhubhisayo nezinkolelo
zamanga ngenhliziyo yonke, bese uphendulela inhliziyo
nomphefumulo wakho endaweni yokholo nokuthembela
okuphelele kuNkulunkulu Ekuthuleni kokuzindla, ukuqonda
kwakho kuzokwazi ukugxila eqinisweni nokuqonda
okulungile. Kulokhu okuhlangenwe nakho, ukholo
luyaqhakaza futhi luvuleke, futhi ngokuqonda, uzobona

lokho iso elingakubonanga, indlebe engakuzwanga, futhi
.ingqondo yomuntu engacabanganga
Yonke imimoya yokulangazelela kwami nokunxusa ivula
iminyango namafasitela emphefumulweni wami engidlula
kuwo ngiye enjabulweni kaNkulunkulu
Njengoba nje ilanga likhanya emigwaqweni ematasa
kakhulu, nami ngizobona imisebe yothando lwaphezulu kuzo
zonke izindawo ezinabantu abaningi emisebenzini yami
.yansuku zonke
Ngibusise, Nkosi, ukuze ngivuse umphefumulo wami
ngokusa ngiwulethe emnyango wakho obusisiwe
Nkosi, ngiphe umoya wokuphana ukuze ngihlanganyele
nabanye lokho enginakho, futhi ungisize ngibone echibini
elithule lengqondo yami ukukhanya kwenyanga
yomphefumulo wami kukhanya ngokukhanya kobukhona
.bakho
Namuhla ngizocwila ngijule olwandle lokuzindla
nokuzindla ngoNkulunkulu ngize ngithole amaparele
okuhlakanipha nenjabulo yaphezulu
Ngizokuthanda, Nkosi, ngaphezu kwanoma yini enye,
ngoba ngaphandle kwakho angikwazi ukuthanda noma
yimuphi umuntu noma yini enye
Ekujuleni kwezintaba nasezibhakabhakeni ezithule,
nasekujuleni kumphefumulo wami kanye nasemgodini
wokuthula, ngizizwa ngikhona kuNkulunkulu futhi ngizwa
injabulo Yakhe engapheli, futhi ngiphuza emithonjeni Yakhe
.ehlanzekile engapheli futhi eyomile kuze kube phakade
Ngiyakuthanda futhi ngiyakudumisa, Nkosi, othando
lwakho lubusa kuzo zonke izinhlobo nenhliziyo enothando
Othile wacela uthisha uParamahansa ukuba ambonise
indlela yokuthuthukisa ubuntu obukhangayo nobukhangayo,
wathi: Kumelwe ube khona engqondweni yakho lapho
uxhumana nabanye ngoba ukungabi khona engqondweni
kulimaza kakhulu ubuntu bomuntu kunanoma yini enye.
Yiqiniso, angibhekiseli ekungabikhoni engqondweni

kwabantu abakhulu, abamicabango yabo ivame ukucwiliswa
.ezindabeni ezijulile

Hlala uqaphile futhi uqaphele, futhi uzoba udonsa
okhangayo

Akekho othanda ukunganakwa Sonke sifuna imizwa
yethu icatshangelwe futhi icatshangelwe, futhi ngokufanayo,
kumelwe sicabangele imizwa yabanye futhi sibabonise
ukucabangela ukuze sifinyelele ukuvumelana nokuqonda
Ukuze wenze lokhu, kumelwe uqaphele, uqaphele, futhi
unake wonke umuntu okuzungezile
Abafileyo abanawo amandla okuthuka abanye, kodwa
lowo ongabanaki unawo amandla okuthuka
Uma uphakathi kwabanye, xhumana nabo
ngokucophelela, ngamandla, nangesithakazelo, kodwa
gwema ukukhuluma ngawe

Wonke umuntu ufuna ukukhuluma ngaye, kodwa
kuyindlela ebuthakathaka Vumela abanye bakhulume ngaye
uma befisa; lalela lokho abakushoyo. Vumela bakhulume
ngezinkinga zabo, impumelelo yabo, kanye nemibono yabo,
kodwa vumela amandla akho okudonsela phansi
akukhulumele. Ukukhanya kwesibani kuzikhulumela
ngokucacile; vumela ukudlidliza kwakho okuthule
.kukukhulumele ngokucaca okufanayo

UNKulunkulu wangibonisa embonweni ukuthi labo abafa
empini baphupha ukufa okubi kakhulu, kodwa ngokushesha
nje lapho abalungile bevuka emzimbeni bavuka
njengokungathi baphuphe kabi futhi bayajabula ukuthi
.bakhululekile kukho

Konke okuhlangenwe nakho kwethu empilweni
kuyingxenye yephupho lendawo yonke. Isintu sadala
iphupho elibi lempi, kodwa ngemva kokuba izisulu zaleli
phupho elibi zishiye imizimba yazo, ziyaqaphela ukuthi
kwakuyiphupho elibi ezivukile kulo, futhi ziyaqonda ukuthi
.azifile Leli iqiniso elijulile elingokoqobo

Ukube umuntu ubekwazi ukuthi uyaphupha, ubengeke
ahlupheke ngenxa yokuhlangenwe nakho kwamaphupho
okuphazamisayo. Kodwa uma efinyelela ekuzigcwaliseni
ngaphakathi kwephupho futhi othile eletha isibhaxu
esibulalayo, lelo phupho lokufa libonakala liwuvivinyo
lwangempela nolwesabekayo aze avuke futhi aqaphele
.ukuthi kwakungelona iqiniso

Lokhu kusebenza futhi esimweni ngemva kokufa. Lapho
nje sishiya imizimba yethu, siyaqaphela ukuthi ukuqonda
kwethu akukafi, kodwa kunalokho sikhululiwe emzimbeni
kanye nemingcele yawo yezinto ezibonakalayo kanye
nemikhawulo, futhi kulokho kukhululwa kulele inkululeko
.enkulu

Akufanele neze sicele ukufa, kodwa kunalokho
silungiselele ukuqonda kwethu ngokuhambisana
noNkulunkulu nokuzindla ngaYe, ukuze lapho ukufa kufika
ngesikhathi sako sikubheke njengento engelutho ngaphandle
.kwephupho

Ngingabona imvelo yokuphupha yokuphila nokufa noma
nini lapho ngifuna Ngakho-ke, anginaki ukubaluleka
okukhulu kulo mzimba

Kukhona i-physiology engokomoya engaphansi
kwesimiso sezinzwa esivumela abantu ngokukhethekile
ukufinyelela ezigabeni eziphakeme kakhulu zokuthuthukiswa
.kokwazi

Ubuchopho bomuntu, obukhulu kunobuchopho
bezilwane eziningi ngaphandle kwemikhomo nezindlovu,
buyinkimbinkimbi kakhulu futhi bunamandla amakhulu
okucabanga Lokhu kwenza ubuchopho bomuntu bube
ithuluzi elifanele abantu, abanokuqonda okuthuthukile
kunezinye izidalwa Ukuhlangana kobuchopho
okuyinkimbinkimbi nokuyinkimbinkimbi kwenza abantu
bakwazi ukucabanga ngokujulile nangokujulile Ngakho-ke,
isintu kuphela esikwazi ukufinyelela amazinga aphezulu
okuqonda, futhi ngenxa yalokho, ukwazi uMdali waso.

Umuntu ohlakaniphile yilowo osebenzisa amakhono akhe
okuqonda ekukhonzeni nasekuzuzeni isintu emazingeni
.ezinto ezibonakalayo, engqondo, nangokomoya
Ubusika bufike ngengubo yabo ebandayo, emhlophe,
efana ne-lily

Izifiso zami zenjabulo zasehlobo seziphelile
Ngatshelwa ukuthi ngifune ukufudumala kwenhliziyo
yakho enomusa

Njengoba kwavela intwasahlobo, idansa, ihlotshiswe
ngazo zonke izinhlobo zezimbali

Nginuka iphunga lamasimu namagquma, ngatshelwa
ukuthi ngikuthande, Nkulunkulu wami

Kwafika ihlobo, lihlabelela izingoma zalo eziluhlaza
emaqabungeni athambile, ukushoshozela kwezihlahla
zombhoxo, kanye nokushoshozela kwezihlahla zikaphayini

Waphikelela ukuthi ngikutshele
Ngisho nomhlabathi othambile nothambile wangithinta
izinyawo zami ezisheshayo

Futhi wabacela ukuba basondele endaweni yakho
engcwele ekhona yonke indawo

Iphunga elithambile langitshela ukuthi ngilande indlela
yalo

Ethempelini lakho elingcwele enhliziyweni yama-roses
anyakazayo ne-basil

Futhi izinyoni zingitshela ukuthi ngikuculele njengazo
Futhi umoya ovunguzayo phezu kwemifudlana
nemifudlana

Ngavusa amabhamuza othando lwami ngawe, futhi
aqala ukuhleka ngaphezu kwesifuba sakho esikhulu

Futhi ngemicu egobile yotshani, ngafunda ukugoba

Ngiyakhothama kuwe, Nkosi

Futhi impepho yangitshela nangephunga elimnandi
lamakha akho

Futhi ngingayigcina kanjani inhliziyo yami igcwele
iphunga lakho elingcwele phambi kwesihlalo sakho
?sobukhosi esingenamkhawulo
Futhi amatshe amancane, athule, anesineke angitshela
ukuze ngikubone ngisho nakulabo abazama ukweba injabulo
yami
Iminyaka ekhohliwe yangicela ukuba ngithumele
kwabanye abantu umlayezo wothando nothando olufingqiwe
.njalo ngomzuzu nomzuzwana
Futhi yonke imicabango yangitshela ukuthi ngikufune
enhliziyweni yakhe
Uthando lwami lwangikhuthaza ukuba ngithande konke
okukhona ngawe
Futhi uthando lwami lwangihlebelela, "Ngithande ngawo
"wonke amandla enginawo, O Nkulunkulu wami
Ngesinye isikhathi ngalala embhedeni wotshani
nezimbali futhi ngaphupha ukuthi konke okukhona
kwakukuhle futhi kujabulisa
Ikhandla lami lalilele otshanini obude, obuluhlaza,
nobuqinile, obabungiphefumulisa ngomoya ophethe iphunga
elimnandi
Ngabe sengiphoqeleka ukuthi ngithinte isandla sami
nomzimba wami, futhi ngamangala ngobukhulu boMdali
wawo. Yebo, ngamangala ukuthi mina, engiqiniseka
ngeqiniso lomzimba wami, ngolunye usuku ngizowushiya
uphumule emhlabeni lo mzimba ozobanda, uphaphatheke,
futhi unganyakazi ngesikhathi sokufa, kuyilapho manje
ubonakala ugcwele impilo futhi uphethe amakhulu emizwa,
izigidi zemicabango, kanye nezigidigidi zemicabango
.nemibono
Lo mzimba uyisigaba lapho izahluko zokuphila zivuleka
khona, lapho imiqumbe yokumamatheka iqhakaza khona,
bese kulandelwa ukufika okungenakugwenywa kokufa.
Lapha, phakathi kwenyama, amathambo, negazi,
nangemuva kwesifihla-buso esihle sesikhumba, kucashe

izimpisi zezifo nezilwane zesifiso. Futhi lapha, ngaphansi
kwenyama, kukhona indlela eyimfihlo eya embusweni
wokukhanya. Lo mzimba uzobuna futhi unyamalale lapho
inkosi yawo—umphefumulo—uhamba
ngokungenakuguqulwa. Kungani kungenjalo? Ngoba lapho
inkosi ekhanyisiwe yendawo yokuhlala engokwenyama
ikhathala ukuhlala endlini yento enodaka, edilikayo,
eboshwe yizintambo zemizwa ezifuna ukunakekelwa
okuqhubekayo, uthola induduzo kwenye indlu ekhoneni
elithile lomhlaba kaNkulunkulu—kwenye indawo yokuphila
okuphelele lapho iphunga lenjabulo ligcwele yonke indawo
.futhi lingapheli

Umphefumulo ongafi udlala indima yokuphila nokufa
ngokumomotheka okungapheli, bese uya ekhaya lawo
.laphakade

Ingabe ababukeli bamabhayisikobho baphoqelekile
ukuhlala ebhayisikobho unomphela ngemva kokuphela
kombukiso? Ngokuqinisekile hhayi Abantu kumele babuyele
emakhaya Ngokufanayo, imiphefumulo iza lapha
ukuzojabulela umbukiso we-cinema wokuphila, bese ihamba
iphinde ibuye. Bathanda ukubukela amafilimu nemidlalo,
futhi lapho bekhathale yimidlalo ababeyiphupha, futhi
sebezifundile izifundo uNkulunkulu afuna bazifunde,
babuyela unomphela endaweni yokuhlala yenjabulo
.yaphakade

Uma izindinganiso zingasekelwe ebulungiseni, kuvuleka
izikhala lapho usizi nokuhlupheka kungena khona Uma
izinganiso zisekelwe ebugovu, izingxabano ezibulalayo,
kanye nokuncintisana okukhulu, imiphumela izongcoliswa
ngoba izisusa zingcolile, futhi imali ngeke ibusiswe esimweni
esinjalo

Umuntu kumelwe ahlanze unembeza wakhe ebugovu
futhi angazami ukuzicebisa ngokulimaza abanye.
Ukwaneliseka kwangempela kungokomoya, hhayi
ngokwezinto ezibonakalayo, futhi inzuzo yangempela

ekuphileni iwukuba nengcebo yokuhlakanipha, ulwazi,
.nothando lukaNkulunkulu

Kufanele siphile kalula futhi sikhale silwela ukusiza
abanye futhi sithuthukise izimo zabo ngangokunokwenzeka
Kodwa lo mgomo omuhle awuhambisani nobugovu
nobugovu ngaphandle kokubheka abanye

Labo abaphila emhlabeni abanakulinganisela futhi
ngenxa yalokho ababhekwa njengabaphumelelayo. Ukuphila
okulula nokulinganiselayo kuyikhono elihle kakhulu kanye
nophawu lwempumelelo. Labo abahlose ukuthola imali
.kuphela ngeke bathole umusa kuNkulunkulu

Kuyiqiniso ukuthi uNkulunkulu wafaka kithi umuzwa
wendlala ukuze sikwazi ukusebenza futhi sondle imizimba
yethu, kodwa ukondla imizimba akuyona ukuphela
kwenjongo yokuphila. Injongo inkulu kakhulu kunanoma
yikuphi ukucatshangelwa kwezinto ezibonakalayo noma
okwesikhathi, noma ngabe kungabonakala kumangalisa
.kangakanani, kukhazimula futhi kukhazimula kangakanani

Omunye wabafundi wabuza iNkosi uParamahansa ukuthi
ungabubona kanjani ubukhona bukaNkulunkulu. Waphendula

wathi, "Njalo ebusuku, ngaphambi kokuzinikela
ebuthongweni, zindla uze uzizwe ukuthi ingqondo yakho
idabukile ezweni lemicabango futhi yangena kolunye
uhlangothi. Kodwa-ke, lokhu akupheleli lapho. Ngemva
kokuguqula ingqondo ibheke ngaphakathi, ukulangazelela
kumele kukhuphuke, futhi izifiso kumele zigijime
njengesikhukhula kuNkulunkulu. Lapho umfundi ezinikela
ngokuphelele kuNkulunkulu, ngokuzumayo uzizwa sengathi
uthinte ubukhona Bakhe obubusisiwe futhi wambona.

Uzobona ukukhanya okukhulu kokukhanya okukhulu, futhi
angabona izingelosi nemiphefumulo enomusa. Noma angase
azwe iphunga elidakayo lasezulwini, futhi uzokwazi ukuthi
uNkulunkulu umphendulile, futhi ukuqonda kwakhe
kuzovuleka, futhi uNkulunkulu uzomembulela izimfihlo
zokuphila. Noma angase ambozwe ukuthula okukhulu

ngesikhathi sokuzindla. Uma eqhubeka nokuzindla futhi
uNkulunkulu emnikeza uthando Lwakhe olukhulu, uzozwa
injabulo yaphezulu engenakuchazeka. Ubusisiwe lowo
".onikezwe lesi sipiliyoni esijabulisayo

Uthando lwaphezulu luvula isango lezulu, lapho umfuni
engena khona ebukhoneni bukaNkulunkulu

Uma umuntu ecela uNkulunkulu, onomusa
nohlakaniphile, isinkwa sokuphila okuphakade, ngeke
amnike itshe lokungazi okubonakalayo Uma umkhulekeli
efuna ukudla kokuhlakanipha, uNkulunkulu ngeke amnike
inyoka yokukhohlisa Uma umkhulekeli ecela uNkulunkulu
ingqikithi yenjabulo yaphezulu eqeda konke ukoma, ngeke
amnike ufezela wokukhathazeka nokucindezeleka

kwengqondo Uma abantu abakhohlisiwe bekwazi ukunikeza
izingane zabo izipho ezinhle, kangakanani-ke iNkosi—
umthombo wabo bonke ubuhle nenjabulo—izobanika ulwazi
!olungokomoya nokukhanya kulabo abamthandayo

UNkulunkulu unikeza ukuhlakanipha okuphezulu nolwazi
olukhulu kulabo abakufunayo, futhi uzinikela kumuntu ofuna
ngobuqotho ongamukeli lutho oluzomthatha indawo yakhe.

Lowo ofuna uNkulunkulu ngenhliziyo yakhe yonke
nomphefumulo wakhe ungumuntu ohlakaniphe kakhulu
kunabo bonke, futhi ungumuntu othandekayo kuNkulunkulu.

Lapho ukulangazelela komkhulekeli kukhula, uthola
impendulo engavamile nethandekayo evela kuNkulunkulu
futhi athole injabulo eyingqayizivele yothando olutholwa
.yilabo abathanda oThandekayo

Umuntu ohlakaniphile odlala indima yakhe kuleli phupho
lendawo yonke ngokuqonda okungokomoya kanye
nokulangazelela okukhulayo kwaphezulu useduze
noNkulunkulu futhi uyamthanda. Unothando olumsulwa futhi
uthanda uNkulunkulu ngaphandle kwezisusa zobugovu futhi
ngaphandle kwemibandela, njengokuthi, isibonelo, "O Nkosi,
ngizokukhonza ngombandela wokuthi ungiphe impilo, imali,
".nokuphila okunethezekile

Phakathi kwabahlakaniphileyo noNkulunkulu kukhona
uthando olujulile, oluhlangene olungenamkhawulo
nolungapheli. Uma umuntu ecela uNkulunkulu okuthile
okuqondile, uNkulunkulu uyazi kahle ukuthi lowo muntu
.unesithakazelo esikhulu eziphiweni Zakhe kunakuYe
Akukubi ngomuntu ukuthandazela ukuba izidingo zakhe
zaneliswe, kodwa uma enxusa ukwazi uNkulunkulu futhi
ebona ukukhanya kobuso Bakhe obukhazimulayo, akufanele
afise inzuzo yomuntu siqu kukho, futhi imicabango yakhe
akufanele ilinganiselwe eziphweni ngokwazo, kodwa
kunalokho kuMuphi uqobo Lwakhe. Lapho umfuni ekwazi
ukwenza lokhu ngobuqotho, uzothola ngokuzenzakalelayo
zonke ezinye izipho ezivela emthonjeni wokupha kanye
.nolwandle lwezibusiso

Omunye wabafundi wacela iseluleko kuthisha
uParamahansa mayelana nendlela yokuziphatha ezimweni
:ezithile kanye nokusebenzelana nabanye, wathi
Landela iqiniso futhi ungaphambuki kulo, futhi ugweme
ukusho noma yini engase ilimaze wena noma abanye, noma
ngabe iyiqiniso, uma nje ungaphambuki emoyeni weqiniso.
Ngesikhathi esifanayo, akumelwe uye kokweqisa futhi
uqambe amanga ukuze ugweme ukusho amaqiniso
.abuhlungu

Thembeka kuwe nakwabanye ngaphandle kokugxila
ezintweni ezingadingekile Khuluma iqiniso futhi ugweme
ukusho izinto ezilimaza noma ezilimaza noma ubani.
Ungazivezi zonke izimfihlo zakho egameni lokwethembeka
nokungafihli lutho, ngoba uma uveza ubuthakathaka bakho,
bazozama ukukulimaza noma ukukuhleka noma nini lapho
bezipha befuna. Kungani ubanike isikhali abangasisebenzisa
?kuwe

Khuluma futhi wenze ngendlela eletha injabulo
nokuthula kuwe nakwabanye

Kuyadingeka ukuthuthukisa ukuqonda okungokomoya
ukuze wazi umehluko phakathi kweqiniso eliletha okuhle

nokulandisa amaqiniso ngaphandle kokucabangela
imiphumela engaba khona ngenxa yawo, ngoba izinto
zahlulelwa ngokuphela kwazo. Akukuhle ukusho konke
okwaziyo, futhi akukuhle ukugwema nokufihla izinto
.okufanele abanye bazazi ukuze bazuze

Uma ungenakho ukuqonda okugcwele, kungcono
ukuzibamba enkulumweni uze ube nokuqonda okuqondile
.kweqiniso okunemiphumela efanele kubo bonke
Qhubeka ucabanga ngoNkulunkulu futhi ucele usizo
nesiqondiso Sakhe, futhi ukuqonda kwakho kuzovuleka
ukuze ubone izinto ngokucacile bese uzokwazi ukuhlukanisa
.kangcono

Ukushaja amangqamuzana omzimba ngamandla

obusha

Amandla asendaweni yonke ageleza emzimbeni njalo
futhi ngaphandle kokuphazamiseka, kodwa abantu abaningi
abazi ngalobu bunzima obuningi Labo ababuzwayo bathola
amandla amaningi emaseli abo kanye nomsinga ovuselelayo
.obanikeza amandla avuselelwe

Yonke imvelo ikhothama ngenhlonipho eNkosini
Yomhlaba Wonke, futhi amandla Akhe ageleza phakathi
kwabantu Inkinga isekuhlulekeni ukuhlakulela ukuxhumana
okuqinile phakathi kwesintu nomthombo wawo wonke
amandla Siphila ngqo ngamandla aphezulu, futhi wonke
amanye amandla awasizi ngalutho ngaphandle kwamandla
kaNkulunkulu asekelayo

Ukudla, umoya-mpilo, kanye nokukhanya kwelanga—lezi
zinto zingasika izinga elithile lempilo, kodwa sidinga
ukuqonda ukuthi singayithola kanjani impilo ephelele
emithonjeni ye-Infinite Source Material ifana namabhethri
amancane agcina ephelelwe amandla, kuyilapho i-Infinite
Source ingumkhiqizi onamandla onamandla angalokothi
anciphe, eqhubeka nokunikeza umphefumulo amandla,
injabulo, kanye namandla. Ngakho-ke, kubaluleke kakhulu
.ukuthembela ku-Infinite Source ngangokunokwenzeka

Umuntu ofisayo kumele afunde indlela efanele yokuzuza
kulokho okubalulekile okuvela ngqo emthonjeni wawo, futhi
kumele aqaphele ukuthi umcabango ungokoqobo, ngoba
zonke izenzakalo zemvelo ziyisibonelo somcabango
waphezulu ngoba uNkulunkulu wacabanga ngalo mhlaba
.ngaphambi kokuwudala

Abaningi bakholelwa ukuthi umcabango uwumkhiqizo
womzimba, kodwa ukwakheka komzimba okunembile
kakhulu, kanye nokuxhumana okumangalisayo phakathi
kwezingxenye zawo nezitho, kubonisa ngokusobala ukuthi
umzimba uwukudalwa kwengqondo ephakeme kakhulu
.yendawo yonke

Ingqondo iyisici esiyinhloko esilawula umzimba, futhi
kubaluleke kakhulu ukuthi umuntu agweme iziphakamiso
zengqondo zokushiyeke kwabantu njengokugula,
ubuthakathaka, ukuguga, nokukhungatheka, futhi
aziqinisekise ukuthi umsebenzi ongapheli ugeleza kuye, futhi
lo msebenzi unikezwe ubuhlakani futhi uyakwazi ukushaja
amangqamuzana omzimba ngenhlalakahle kanye namandla
.obusha

Umcabango ubuchopho, imizwa, kanye nemizwa yawo
wonke amaseli aphilayo; unamandla okugcina umzimba
usebenza futhi uphapheme noma ukhathele futhi uvilapha
Umcabango ungumphathi, futhi amaseli omzimba
ayizikhonzi zawo, elalela imiyalo kanye nemikhawulo yenkosi
yawo ephakeme: umcabango

Sinaka kakhulu ikhwalithi yokudla esikudlayo nsuku
zonke, futhi ngokufanayo kufanele sinake ikhwalithi yokudla
kwengqondo nokwengqondo esikunikeza izingqondo zethu
.nsuku zonke

Usosayensi wezinto eziphilayo uthi umzimba awusiwo
amagagasi kagesi kodwa igagasi lokwazi elintanta olwandle
.lokwazi kwaphezulu

Nsuku zonke kumelwe siqinise amandla ethu omzimba,
sandise amandla ethu engqondo, futhi sazi ukuthi singobani

ngempela ngokuzindla, ukucabanga okunengqondo, kanye
nomsebenzi omuhle nokhiqizayo ozuzisa umzimba, ingqondo
.nomoya ndawonye

UNkulunkulu ungibusise ngenjabulo kuyo yonke le
minyaka emide yokuphila kwami Kungakhathaliseki ukuthi
abantu babona ukumamatheka kokwaneliseka ebusweni
bami noma cha, injabulo yaphezulu ihlala inami futhi
ayingishiyi. Umfula omkhulu wenjabulo ugeleza njalo
ngaphansi kwesihlabathi sokuqonda kwami futhi uqhuma
.njengemithombo ebusisiwe enisela izingadi zempilo yami

Ukuphazamiseka okuzumayo kokuphila akukwazi
ukuphazamisa ukuthula kwami, futhi iphupho lokufa alikwazi
.ukungiphuca injabulo engokomoya engiyizwayo
Kwakunzima ukwenza lesi simo sibe esihlala njalo futhi
esingaguquki, kodwa izithelo zomoya engizijabulelayo futhi
engizabelana ngazo nabanye manje zazifanele wonke
.umzamo engangiwenza kuso

Ngicabanga futhi ngenza ngiqondiswa umoya waphezulu

Imali ayikaze ibe umgomo wami empilweni, kodwa
kunalokho ukukhonza abafowethu nodadewethu esintwini.

Ngakho-ke, uNkulunkulu ungivulele iminyango eminingi
yobuhle ukuze ngizisekele futhi ngifeze umsebenzi wami.

Noma nini lapho ngidinga usizo, uNkulunkulu ulunikeza
.ngokushesha

Isifiso sami kuphela ukukukhonza, yingakho ngilapha

Amandla kaNkulunkulu ayasebenza empilweni yakho
futhi. Uzozibonela leli qiniso lapho ukholo lwakho luqiniswa
futhi uqaphela ukuthi ingcebo yangempela ayiveli
empumelelweni yezinto ezibonakalayo kodwa ivela
.kuSomandla

Nakuba impilo ibonakala ingalindelekile, ingenasisekelo,
futhi iyimfihlakalo, igcwele ukungabaza nazo zonke izinhlobo
zezinkinga kanye nezinxushunxushu, sihlala singaphansi
kwesivikelo sikaNkulunkulu esiqhubekayo. Akufanele
sidlulisele izinto ngokweqile noma silahlekelwe ukuzibamba

lapho sibhekene nezenzakalo, ngoba uma sivumela
ukwesaba kusinqobe, sinikeza amandla ebubini futhi sijulise
izimpande zabo, ezikhula futhi zichume emhlabathini
.wokwesaba nokukhathazeka

Akufanele silindele ukuthola injabulo nokuthula okuhlala
njalo ezinhluphekweni zokuphila; kunalokho, kumelwe
sizifune futhi sizithole ngaphakathi kithi. Khona-ke, noma
ngabe yikuphi okuhlangenwe nakho esidlula kukho,
sizobhekana nakho ngendlela efanayo esibukela ngayo
okuhlangenwe nakho komunye umuntu ku-movie, kungaba
.okujabulisayo noma okubuhlungu

Umuntu angashintsha konke okuhlangenwe nakho
kwakhe kube yizilingo ezibuhlungu nezingenanjabulo uma
evumela ingqondo yakhe ukuba yenze kanjalo. Bangase
bajabulele impilo enhle kodwa bahluleke ukwazisa
ukubaluleka kwayo. Kodwa uma begula, bazozithoba futhi
bazise isibusiso senhlalakahle. Kufanele siqaphele umusa
kaNkulunkulu futhi simbonge ngezibusiso asipha zona
ngaphandle kokulinda izimo ezimbi ukuba zisenze sibonge
.futhi siqaphele umusa wakhe

Impilo kufanele ibe yinhlanganisela yokuzindla kanye
nesenzo Lapho umuntu elahlekelwa ibhalansi yakhe
yengqondo, uba sengozini yokuhlaselwa ukukhathazeka,
amafu osizi, kanye nobuhlungu. Futhi uma ezama ukwephula
imithetho yempilo, ukuchuma, nokuhlakanipha, nakanjani
.uzohlushwa ukugula, ubumpofu, kanye nokungazi
Kumelwe sigcine izinhloso zethu zimsulwa, izisusa zethu
zihlanzekile, futhi senze ngendlela esilethela ukuthula
kwengqondo, futhi singavumeli izimo zokuphila ziphazamise
.ukuthula kwethu futhi zibhubhise injabulo yethu
futhi siqinise ingqondo yethu futhi sengabe umthwalo
wobuthakathaka bokucabanga nokuziphatha obuzuzwe
eminyakeni nezizukulwane. Lokhu kungcola kumele
kushiswe emlilweni wokuzimisela okusha kanye nesenzo
esikhiqizayo. Ngale ndlela eyakhayo, umuntu ozinikele

ngempela angafinyelela emkhawulweni wenkululeko
.nenkululeko

Imithetho yaphakade yenjabulo

Kuthiwa ngesikhathi segolide lomunye wababusi
abalungile baseNdiya, akukho sigameko, ukufa ngaphambi
kwesikhathi, noma izinhlekelele zemvelo ezenzeka
ezaphazamisa ukuthula nokuzwana okuphelele kombuso
.wakhe

Uma amalungu omndeni ephila ngobuqotho obukhulu,
wonke amakhaya azozwa ukuzwana, impilo, kanye nothando
olwengeziwe. Kodwa uma amalungu omndeni ephathana
ngobugovu obubi, ikhaya lizogcwala ngokuzenzakalela
ukungezwani nenzondo. Lokhu kusebenza nasezizweni. Uma
abantu bephila ngokwethembeka nangobuqotho, bazobona
.uMbuso kaNkulunkulu Emhlabeni

Isikhathi sifushane Namuhla silapha, kusasa sizohamba
Ukufuna uNkulunkulu kuyilungelo eliphakeme kakhulu
lesintu Kumelwe siyisebenzise ngokugcwele inkululeko
uNkulunkulu asinike yona kulokhu kuphila futhi siyisebenzise
ngokuhlakanipha ukuze sikwazi ukuzwa amaqiniso
angokomoya aphakade mathupha

Isono yikho konke okubangela ubuhlungu nokuhlupheka
kumuntu Ubuhle yibo obumenza ajabule kuze kube phakade

Uma umuntu engenakho ukuvumelana ngokomoya
emicabangweni yakhe nasekuthuleni ngaphakathi kuye,
indlu entsha, imoto entsha, noma yini entsha ngeke ikwazi
ukuletha injabulo nokuthula emphefumulweni wakhe;
kunalokho, ukuhlupheka kwakhe kwangaphakathi kuzohlala
.ngisho nalapho ethola lezo zinto ezintsha nokuningi

Injabulo yangempela itholakala ekhonweni lokulwa
nezimo nokubekezelela zonke izilingo zangaphandle.

Itholakala lapho ungakwazi ukubekezelela ubuhlungu
obukhulu nobunzima obunzima obubangelwa ubandlululo
nemizamo yonya yabanye yokukulimaza nokukubamba, futhi
uphendula eziphambekweni zabo ngothando nokuthethelela.

Uma ukwazi ukugcina ukuthula kwengqondo naphezu
kobuhlungu bezimo zangaphandle, khona-ke uzonambitha
.injabulo

ImiBhalo Engcwele ithi labo abanganaki imiyalo
yaphezulu futhi balandele izifiso zabo zobuwula kanye
nezifiso zabo ngeke bathole injabulo noma bafinyelele
umgomo wabo wokugcina. Inxusa umfuni weqiniso ukuba
enze imiBhalo Engcwele ibe ukukhanya kwabo okuqondisayo
kanye nokwahlulela ekunqumeni ukuthi yini okufanele
yenziwe nokuthi yini okufanele igwenywe, futhi baqonde
.izindaba futhi benze ngokuhlakanipha

Labo abazethembayo yilabo abenza ngobuqotho
Injabulo ivela kuphela emicabangweni emsulwa
nasezenzweni eziqondile Uma ujabule manje, uzojabula
esikhathini esizayo, kokubili lapha nakwesilandelayo
Kumelwe siqoqe isivuno senhlanhla ngokuqoqa izithelo
zokuhlakanipha kuyilapho ilanga lamathuba atholakalayo
likhanya Ngamanye amazwi, kumelwe sibambe amathuba
ngaphambi kokuba sekwephuze kakhulu
uma ungalisebenzisi Sebenzisa ithuba, ngoba)

(ithuba, lizoba umthombo wokuzisola
UNKulunkulu usinike imithetho engokomoya ebizwa
ngokuthi imiyalo Kodwa le miyalo ayinakwa futhi yephulwa
nsuku zonke nakuzo zonke izindawo Ngaphandle kokuba
abantu baqonde incazelo yayo engokomoya, bazohlala
bekhononda ngayo futhi bayifulathele Le miyalo iyimithetho
yokuziphatha engaphelelwa yisikhathi evunyelwe yizo zonke
izinkolo zika-Abrahama. Kodwa-ke, imibhalo ivame
ukwehluleka ukuchaza izici zengqondo zale miyalo kanye
nezinzuzo ezihambisana nokuyilandela. Abantu
bayayamukela le miyalo ezindaweni zokukhulekela kodwa
bayahluleka ukuyilandela ngaphandle kwayo, bethethelela
lokhu ngokuthi le mithetho ayisebenzi, ayinangqondo, futhi
ayihambisani nesikhathi. Kodwa-ke, ukwephulwa kwale

miyalo kuyimbangela eyinhloko yazo zonke izinhlopheko
.emhlabeni

Kodwa iyini inzuzo yaleyo miyalo futhi izinzuzo zayo
?zikuphi

Izincwadi ezingcwele zeluleka umuntu ukuba acabange
ngoNkulunkulu, acwilise ingqondo yakhe kuYe, anikele zonke
izinto kuYe, futhi amkhulekele ngokukhulekela okuqotho,
okungaxutshwe nobuzenzisi futhi okungangcoliswanga
.ngokuzenzisa

Ukwazi uNkulunkulu kufanele kube umgomo oyinhloko
wokuphila Imisebenzi yezwe ayinakufezwa ngaphandle
kwamandla uNkulunkulu awanike isintu Ukwenza imisebenzi
evamile ngenkathi ukhohlwa uNkulunkulu kuyiphutha
nesono

Isono sisho ukungazi: ukwenza ngendlela ephambene
nobuhle obukhulu bomuntu

Kungani abantu bezizwa bedabuka futhi bezisola?

Ngoba abazange benze ngobuqotho ngoba uNkulunkulu
.wayengekho kuqala ezinhliziyweni zabo

Akukho lutho empilweni yomuntu okufanele lubhekwe
njengolubaluleke kakhulu kunoNkulunkulu Uma umuntu
ekhathalela uNkulunkulu ngempela futhi efeza isibopho
sakhe esingokomoya kuYe, izimo zakhe zizothuthuka ngazo
zonke izindlela, futhi uzozizwa ephephile futhi evikelekile
.naphezu kwazo zonke izimo ezimzungezile

Lapho nje umuntu eqala ukukhulekela izimpahla, imali,
udumo, noma yini enye ngaphandle kukaNkulunkulu,
ukungajabuli kuba yinto yakhe Labo abagxila konke ukunaka
kwabo kulezi zinto empeleni bayazikhulekela, ngakho-ke
abasondeli kuNkulunkulu kodwa kunalokho bayasuka kuYe.

Kodwa labo abacabanga ngoNkulunkulu, bazindla ngaYe,
futhi baxhumana naye ezinhliziyweni zabo basondela kuYe
futhi bathole injabulo yangaphakathi ekuxhumaneni kwabo
.buthule naYe

UNkulunkulu kuphela okwazi ukugcwalisa amaphupho
abantu kanye nethemba lenjabulo ehlala njalo. Ngakho-ke,
akukho lutho okufanele luvunyelwe ukuthatha indawo
.kaNkulunkulu enhliziyweni

Kunezimpawu ezingcwele ezingasiza umfuni
ukukhumbula uNkulunkulu nokusondela kuYe. Kodwa-ke,
uma umuntu eqala ukukhulekela lezi zimpawu, ukulimala
kwakhe kuzodlula inzuzo yakhe. Ukukhulekela kufanele
kuqondiswe kuNkulunkulu kuphela, ngoba akukho okunye
.okufanele ukukhulekelwa

Kungakhathaliseki ukuthi ukukhulekela okungokwesiko
kuyini, kuyamukeleka kuNkulunkulu uma nje umkhulekeli
ekwenza ngokuqonda okungokomoya nokulangazelela Yena.

Kodwa-ke, abantu abaningi abaqondi ingqikithi
yokukhulekela , futhi imicabango nezinhliziyi zabo
ziphambukile kuNkulunkulu ziye emikhosini, ngaleyo ndlela
.zingazuzisi kakhulu ekukhulekeleni kwabo

Abakhulekeli beqiniso abavumeli ukuqonda kwabo
kuvinjelwe kunoma yisiphi isithombe noma isimo, kodwa
bagxila ngothando olujulile kanye nokunaka okugcwele
emoyeni waphezulu ongemuva kwazo zonke izithombe
.nezinhlobo

UNkulunkulu uphelele futhi akanamkhawulo, futhi
akukho sithombe noma isithombe esingamthwala
Kungashiwo ukuthi uNkulunkulu uzibonakalisa kuwo
wonke umuntu omthanda ngobuqotho futhi ovumelana
Naye, ngoba ukhona yonke indawo ngakho-ke ukhona kuwo
wonke umuntu. Nokho, akuwona wonke umuntu onekhono
lokubonakalisa ubukhona bukaNkulunkulu. Ilanga likhanya
ngokulinganayo kokubili kumalahle nasedayimaneni, kodwa
idayimane liyamukela futhi libonise ukukhanya kwelanga,
kuyilapho ilahle lingenakukwazi. Ngokufanayo, bonke abantu
bacwiliswa ekukhanyeni kukaNkulunkulu, kodwa bambalwa
kuphela abakwazi ukuthola lokho kukhanya futhi bakubonise
emicabangweni nasezenzweni zabo. Ukuze benze kanjalo,

kumelwe bazihlanze ngokuzindla nangokulandela
.izimfundiso nemiyalelo yaphezulu

Uma sibiza igama likaNkulunkulu, kumelwe siqaphele

ngokujulile nangobuqotho lokho esikushoyo Uma
ubungabona imicabango yabantu ngesikhathi somthandazo,
ubungathola ukuthi iningi labo licabanga ngakho konke
ngaphandle kukaNkulunkulu, yize bebiza igama Lakhe!
.Umthandazo onjalo awunazithelo futhi awunamsebenzi

Uma sithandaza, kufanele silwele ukugxila izingqondo
zethu zonke kuNkulunkulu, kunokuba simane siphindaphinde
igama Lakhe elibusisiwe ngenkathi sivumela imicabango
yethu ukuba izulazule. Omunye womalume bami wayevame
ukusho imithandazo yakhe phezu kwamabhere omthandazo,
okwakungavamile ukuba aphume esandleni sakhe. Kodwa
wavuma kimi ngolunye usuku ukuthi naphezu kokwenza lo
mkhuba wokuthandaza iminyaka engamashumi amane,
uNkulunkulu wayengakayiphenduli imithandazo yakhe.
Akumangalisi! "Imithandazo" yakhe yayiyinto nje yomkhuba
.wokukhathazeka

Uma sithandaza, akufanele sicabange lutho ngaphandle

kukaNkulunkulu. Kufanele silwele ukuba qotho
ekukhulekeleni kwethu futhi sizinikele ekunxuseni kwethu.

Ukusebenzisa ubuhlalu bomthandazo nokubiza igama
likaNkulunkulu njalo kuyamukeleka ngokuphelele uma
umkhuba usuka enhliziyweni futhi usekelwa ubuqotho
nengqondo egxile. Kodwa-ke, lo mkhuba ungaba
.ngokuzenzakalelayo ngokuhamba kwesikhathi

Kumelwe sihlebele igama likaNkulunkulu ezinhliziyweni
zethu, kurosari yokulangazelela nothando lwaphezulu; lokhu
kungukukhulekela kweqiniso okuthinta inhliziyo
kaNkulunkulu Ukubiza igama likaNkulunkulu ngokubandayo
nengqondo ezulazulayo kuwukuhlambalaza nokungahloniphi

Lapho umuntu ethandaza, inhliziyo nengqondo yakhe
kumele igcwale uthando lukaNkulunkulu Ukuzijwayeza
ukugxila kwengqondo ngokusebenzisa izivivinyo ze-yoga

eziphakeme kususiza ukuba sisondele kuNkulunkulu,
umthombo ophakeme wenkazimulo nobukhazikhazi, futhi
kususiza nokuba sicabange futhi sixhumane Naye
Kubalulekile ukunikela usuku olulodwa ngesonto
ekuphumuleni ngokomoya (uma kungenzeka) ukuze
ucabange ngoNkulunkulu futhi uzizwele ukuthula, ukuthula,
nokuthula kwangaphakathi Isikhathi esichithwa ngale ndlela
sizoba umuthi oduduzayo ezinkingeni nasezinkingeni
.ohlangabezana nazo phakathi nesonto lonke
Wonke umuntu udinga ukuchitha usuku olulodwa isonto
ngalinye eyedwa noma "ekuphumuleni ngokomoya" ukuze
aphulukise amanxeba nezinhlungu zakhe ezingokomzwelo
Lapho lolo suku luba lokuthula, injabulo, nokwaneliseka,
.uzolulinda ngokulangazela isonto nesonto
Ukuba wedwa kuyintengo yobukhulu Uzomangala
ngemiphumela emihle ezotholakala engqondweni yakho,
emzimbeni, nasemphefumulweni wakho ngalokhu kuhoxa
ngokomoya kanye nokuxhumana nomoya wakho kanye
noNkulunkulu. Uma ufisa injabulo yangempela, kumelwe
uzicwilise olwandle lokuthula kwaphezulu ekuseni kakhulu
.lapho uvuka, futhi nangaphambi kokulala ebusuku
Izihlakaniphi zaseNdiya azicebisi usuku olulodwa
lokuzihlukanisa, kodwa zigcizelela isidingo sokuzindla
buthule ngezikhathi ezine eziqondile nsuku zonke Ekuseni,
ngaphambi kokuvuka nokubona noma ubani, umuntu
kufanele ajabulele ukuthula nomuzwa wokuthula Emini,
umuntu kufanele athulise ingqondo ngaphambi kwesidlo
sasemini, futhi aphinde ajabulele isikhathi sokuthula
ngaphambi kwesidlo sakusihlwa Ekugcineni, ngaphambi
kokulala ebusuku, umuntu kufanele angene esimweni
sokuthula futhi
Labo abaqaphela ukuthula ngokucophelela ngesikhathi
bebodwa futhi phakathi nalezi zikhathi ezine zansuku zonke
nakanjani bazozizwa bevumelana noNkulunkulu Labo
abangakwazi ukugcina zonke lezi zikhathi kufanele banikele

okungenani amahora asekuseni nakusihlwa Ngokwenza
kanjalo, izimpilo zabo zizoguqulwa zibe ngcono, futhi
bazozwa injabulo; okuhlangenwe nakho kuwubufakazi
obuhle kakhulu

Uma uqhubeka nokubhala nokusayina amasheke
ngaphandle kokufaka imali eyanele ukumboza i-akhawunti
yakho yasebhange, uzophelelwa yimali. Kunjalo
nasempilweni yakho. Ngaphandle kokufaka njalo ukuthula
ku-akhawunti yakho yokuphila, amandla akho azophela,
ukuthula kwakho kuzophela, futhi injabulo yakho izophela.

Ngamafuphi, ekugcineni uzohlupheka ngokomzwelo,
ngokwengqondo, ngokomzimba, nangokomoya. Kodwa
ukuzindla okujulile nsuku zonke ngoNkulunkulu kuzovala
.ukuntuleka komphefumulo wakho

Umuntu ofuna izinto ezingcwele uyazindla nsuku zonke,
exhumana noNkulunkulu ngalo lonke uthando
nokulangazelela enhliziyweni yakhe, emncenga ukuba
aziveze. Uma ungumthandi kaNkulunkulu futhi ulangazelela
ukuzwa ubukhona bakhe, kumelwe ucwilise ingqondo
nomzimba wakho ekuthuleni kwaKhe, futhi impilo
izokumomotheka, futhi izindaba zakho zizothuthuka
ngezindlela eziningi. Umuntu ozolile akavamile ukwenza
amaphutha futhi aphumelele lapho izinkulungwane zehluleka
.khona

Labo abangacabangi ngoNkulunkulu noma
abangamkhathaleli bayacindezeleka futhi babe lusizi.
.Bayacasuka futhi baphenduke imishini yokuhamba
llanga lokuhlakanipha nokuthula lizophuma
esibhakabhakeni sokuthula futhi lizogubuzela ubukhona
bakho ngemisebe yalo yokuphulukisa uma nje wenza
umzamo ongokomoya futhi unika uNkulunkulu indawo
.yokuqala enhliziyweni yakho

Usuku lokuzindla kufanele futhi lube usuku lokuphumula
kwengqondo nokwenyama kanye nokuhlakulela ukuthula
kwangaphakathi Noma yimuphi umsebenzi oveza

ukuhlakanipha nokuthula uwumsebenzi obusisiwe ngalolo
suku

Ngokuphathelene nokuhlonipha abazali, izincwadi
ezingcwele zitusa ukubaphatha kahle: “Hlonipha uyihlo
”nonyoko” kanye nokuthi “Yiba nomusa kubazali
Obaba nomama abangabantu kufanele bahlonishwe
njengabameleli bakaNkulunkulu, owabapha isipho sokudala
isintu. Umama uyisibonelo sothando lukaNkulunkulu
olumsulwa, ngoba umama onothando uyathethelela lapho
kungekho omunye umuntu ozothethelela khona. Ubaba
uwukubonakaliswa kokuhlakanipha kukaNkulunkulu
.nesivikelo sakhe kubantwana bakhe
Umuntu akufanele athande uyise nonina ngaphandle
kukaNkulunkulu, kodwa njengokubonakaliswa kothando.
Umvikeli nohlakaniphile. Umoya ophakeme waphezulu uba
ngubaba nomama ukusiza ingane, ngakho-ke kumelwe
.uhlonishwe kubazali

Imibhalo isiyala futhi ukuba singabulali ngenxa
yokubulala, ngoba umuntu uba ngumbulali. Umuntu
akufanele abulale omunye ngesikhathi somzwelo ojulile.
Kodwa-ke, uma abathandekayo besongelwa, umuntu
kumelwe alwe ukuze avikele labo uNkulunkulu abaphathise
bona, ngoba kungumsebenzi ongcwele ukuvikela umndenini
.nezwe lakho

Ngokuphathelene nokuvinjelwa kokuphinga, inhloso
enhle yokuhlangana ngokocansi kufanele kube ukuzala
abantwana abadale ngomfanekiso kaNkulunkulu kanye
nokubonakaliswa kothando oluhlanzekile oluzwa
ngabalingani ababona uNkulunkulu komunye nomunye Labo
abaphila kuphela ezingeni elingokwenyama, ngaphandle
kokunaka uthando lweqiniso noma injongo ephakeme
okwadalelwa yona isifiso sobulili, bayaphinga ngokwalo
myalo. Kulokhu, abahlukile ezilwaneni ezanelisa izifiso zazo
.zobulili bese ziqhubeka nendlela yazo

UNkulunkulu wadala lo mdlandla wokudala kwabesilisa
nabesifazane wokuzala nokubonisa uthando lweqiniso
emshadweni, futhi akufanele lusetshenziswe kabi ngenye
indlela, kodwa kunalokho luguqulwe lube umsebenzi
.ongcwele nolwazi

Uma ungakwazi ukulawula nokusabalalisa amandla
ocansi ngaphakathi kwakho, uzokwazi ukuthuthukisa
amakhono amakhulu engqondo okubhala, ukudweba, noma
.okwembula amakhono afihliwe ngezinye izindlela eziningi
Futhi lapho ekugcineni usukwazi ukulawula nokuguqula
ngokomoya umsebenzi wokudala, uzothola ukuthula
okukhulu, uthando olukhulu, kanye nenjabulo engokomoya
.ekhulayo

Osanta nabaholi abangokomoya abashintshe ubulili
babo ngokomoya bayiziqhwaga ezikwazi ukwenza imisebenzi
emangalisayo nemangalisayo emhlabeni nasekufuneni
.iqiniso ngendlela engavamile

Ngakho-ke, ukusetshenziswa okuphezulu kwesifiso
sobulili ukuphakamisa amandla aso, okungukuthi,
ukuhambisa amandla aso enjongweni ephakeme ukuze
kubonakaliswe ukuhlakanipha, imibono ephakeme, kanye
nemibono engokomoya Umuntu akufanele athole injabulo
emicabangweni yobulili noma afise lokho okwenqatshelwe
Lapho lolu hlobo lokuzithiba selufeziwe, umuntu uzoba
nombono oqinile ngocansi kanye nenjongo yalo ephakeme

Ukuba yisigqila sezindaba zocansi kusho ukulahlekelwa
yimpilo, ukuzithiba, nokuthula kwengqondo, futhi
.ngamafuphi, zonke izinto zenjabulo umuntu azidingayo
Izincwadi ezingcwele zisikhuthaza futhi ukuba singabi

Uma iqembu labantu abayinkulungwane lingantshontshana,
ngamunye uzoba nezitha ezingu-999 Ngakho-ke, umuntu
akumelwe aphule amalungelo abanye, noma athathe izwe
lakhe, ukuthula, uthando, isithunzi, noma noma yiziphi izinto
zakhe ezibonakalayo noma ezingokomoya Uma ungazizwa
unesifiso sokuthatha okungekona okwakho, okudingayo

noma okufisayo kuzokuza kuwe Ubusela buqala
engqondweni lapho umuntu eqala ukuba nomona nabanye
Imbewu yezifiso ezimbi kumele isuswe engqondweni
Ububele obungokomoya yindlela Khona-ke, umuntu
uzodonsela inala ngokwemvelo, futhi izibusiso zizogeleza
kuye zivela emithonjeni ayaziyo kanye nemithombo
angayazi Kungumthetho waphezulu ongenaphutha
Ngokuphathelene namasela nabantu abanobugovu, bachitha
izimpilo zabo bexosha izinto ezibonakalayo, amehlo abo
ahlala ebheke kulokho abanye abanakho, noma ngabe imali
yabo igcwele igolide
Ngaphandle kokuba ubugovu bezinto ezibonakalayo
bungashiywa, umhlaba awukwazi ukujabula
Injabulo itholakala kuphela ngokubambisana
ngokomoya. Ifika lapho umuntu ezwa izidingo zabanye
njengokungathi zezakhe futhi esebenzela abanye njengoba
.ezisebenzela yena
Omunye umyalo obalulekile ukugwema ukufakaza
amanga Ukulimaza noma ubani ngokuhlanekezela iqiniso
kungenye indlela yokuphazamisa ukuthula komphakathi
Uma umuntu efisa ukuphathwa kahle, kufanele aphaathe
abanye ngendlela efanele
Iqiniso kufanele lihlale likhulunywa, kodwa kufanele
kuhlukaniswe phakathi kokusho iqiniso nokusho amaqiniso
nje. Ukubiza umuntu ngokuthi uyisilima noma
uyimpumputhe kuyalimaza futhi akusizi; umuntu kufanele
acabangele imizwa yabanye futhi agweme ukubaphoxa.
Ngokufanayo, ukwembula iqiniso elingakhaphela umuntu
ngaphandle kwenhloso enhle nakho akulungile. Ngakolunye
uhlangothi, umuntu akufanele aqambe amanga ukuze
agweme ukukhuluma iqiniso; kunalokho, umuntu angathula
ezimweni ezithile ukuze agweme ukuhlazisa noma ukulimaza
.abanye
Umuntu kumelwe aqaphele umona, isifo esibhubhisayo
esidla ukuthula komphefumulo. Uma umuntu efisa kakhulu

okwabanye, kulapho injabulo nosizi lwakhe luba lukhulu khona. Umuntu onomona uphila impilo enezinkinga, engazi ukuthi ukuthula kunjani. Kungcono kakhulu ukuba azihloniphe, athembele kuye, futhi afune ingcebo .engokomoya yangaphakathi

Isithunzi somuntu kanye nokubaluleka kwangaphakathi

kukhulu kakhulu kunanoma yini angase ayifise noma ayifisele ukuba nayo. UNkulunkulu ubonakala kuwo wonke umuntu ngendlela engabonakali kunoma yimuphi omunye umuntu. Ubuso babo abufani nobanoma yimuphi omunye umuntu, futhi umphefumulo wabo awufani nowanoma yimuphi omunye umuntu, ngoba ngaphakathi kubo kukhona ingcebo enkulu kunazo zonke izidalwa—futhi leyo ngcebo enkulu kakhulu uNkulunkulu
Asiboshiwe yizinto ezidlule

Uma umuntu enokholo olufanele futhi enza ngokufanele, ujabula kakhulu kunalabo abangenalo ukholo futhi .abangawenzi imisebenzi yabo empini yokuphila Ukholo oluqinile kanye nesenzo sokulunga (okusekelwa yizisusa ezinhle kanye nezinhloso ezinhle) kuhlala kukhona noma kuphi lapho kukhona khona injabulo, futhi kulahleka lapho injabulo ingekho. Kulokhu, singaphetha ngokuthi kuyimibandela emibili ebalulekile yenjabulo, engenakufinyelelwa ngaphandle kwayo. Labo abafisa injabulo kudingeka babe nalezi zinto ezimbili eziyisisekelo, .eziyisisekelo zayo nezinsika zayo

Abantu abakwazi ukulawula—ngokuthanda kwabo—

izingxenye ezingenamkhawulo zendawo yonke, futhi abakwazi ukuzishintsha noma ukuzisula Lezi zingxenye zihlanganiswe ngendlela eyinkimbinkimbi nesakhiwo sokuphila komuntu, futhi abantu abakwazi ukusebenza bodwa kuzo Kodwa-ke, bangakwazi ukulawula izingqondo zabo ukuze bazivumelanise nalezi zingxenye
Ungamlimazi

Okhokho bethu babejabule kunathi hhayi ngoba
babenezinto eziningi zezwe nezinjabulo kunathi manje, noma
ngoba babengaziboni izinkinga zokuphila, kodwa ngoba
babenebhalansi yengqondo eyayibanika induduzo, ukuthula,
.ukwaneliseka, kanye nenjabulo emfushane
Abazange bathembele ezimweni zangaphandle ukuze
bathole injabulo yabo, futhi abazange banqotshwe yizimo
zangaphandle ezazizobaphuca yona Imizwa yabo
yenduduzo, ukuthula, injabulo, nokwaneliseka
yayingokwemvelo , ijwayelekile, inempilo, futhi ihlala njalo
Nathi, kufanele sihlakulele le mizwa uma sifisa ukuba
?nenjabulo Futhi ubani phakathi kwethu ongenayo
Isiphetho siwumphumela wokusebenzisa inkululeko
yokuzikhethela esikhathini esidlule. Ngemikhuba yethu
yenkululeko yokuzikhethela esikhathini esidlule, sizilethele
futhi siyaqhubeka nokuzilethela isiphetho nesiphetho.
Kodwa-ke, asiboshiwe yisikhathi esidlule, futhi
asivinjelwanga yimiphumela yezenzo zethu.
Singakuhlanekezela lokho esikuhlwaneyile futhi sisule lokho
esikubhalile uma sifisa futhi silwela ukulungisa inkambo
yethu futhi sithuthukise ikhwalithi yesivuno sethu. Uma
sisusa imbewu yezenzo ngemiphumela ebuhlungu futhi
sitshala esikhundleni sayo imbewu efaneleka kakhulu
ngokwemvelo yomphefumulo, ngokuqinisekile sizovuna
izithelo zenjabulo kulezo zimbewu ezinhle ezihlwanyelwe
emhlabathini womphefumulo. Kumelwe sisebenzise
inkululeko yokuzikhethela manje, manje hhayi kusasa, uma
sifisa ukuthola injabulo enkulu noma ukunciphisa
.ukuhlupheka nobuhlungu
Ngakho-ke, izimo zenjabulo zingaphakathi kumuntu,
futhi okumelwe akwenze nje ukubhekana ngokungathi sína
naleyo ndlela engaphambuki, futhi imiphumela izoba wusizo
kuye uma enza ukuhlolwa okungcono kakhulu futhi
ebhekana nakho. Kodwa umuntu onentando eqinile
uvumelana noNkulunkulu

Amandla engqondo agxilile

Uma ugxilisa ukukhanya kwelanga Ngokugxilisa ilensi
yokukhulisa endaweni encane, kukhiqiza ukushisa, futhi
lokho kushisa kungavuthisa ukhuni Indwangu, iphepha, njalo
njalo Ngokufanayo, uma ugxilisa ingqondo yakho
ngokucophelela Amandla ayo agxilile Ukushisa ububi
nezimpande zokungabaza, imbangela yokwehluleka konke,
nokwenza ukukhanya kokuhlakanipha kukhanye
ngokukhanya nokukhanya

Uma umcabango uvumelana noNkulunkulu Umthombo
wabo bonke ubuhle kanye nomsuka wawo wonke amandla
abusisiwe, uyaqaphela ubukhona bukaNkulunkulu futhi abe
nazo zonke izici zempumelelo. Lezi zinto zihlobene eduze
namandla amakhulu kaNkulunkulu, zikwazi ukudala izizathu
.ezintsha zempumelelo kunoma yimuphi umkhakha
Kwangathi uNkulunkulu angawugcoba umzamo omuhle
kanye nemizamo emihle ngempumelelo
Izinkinga nobunzima buvela ekuntuleni komuntu
ukuqaphela izenzo zakhe zangaphambilini, ezenziwe
ngesikhathi esithile nendawo ethile Ukuhlupheka kwabo
kwamanje kuvela emicabangweni nasezenzweni abazishoyo,
ezagxila emhlabathini wokuqonda kwabo, zahluma zaba
isitshalo futhi zathela izithelo ezibonisa izici zalezo
.micabango nezenzo

Uma ubheka ilanga eliqhele ngezigididi zamakhilomitha
emkhathini, lelo nkanyezi elikhulu libonakala lincane kakhulu
kunoMhlaba wethu. Kodwa-ke, ububanzi boMhlaba
bungamakhilomitha angaba ngu-7,900, kanti ububanzi
belanga bukhulu ngokuphindwe kayikhulu. Uma ungabeka
iplanethi yethu uMhlaba ngqo phambi kwelanga,
ingabonakala njengechashazi elincane uma liqhathaniswa
nalo. Cabanga ngobubanzi belanga obubanzi bukhulu kuze
kube yilapho ubukhulu balo obukhulu bugubha sonke
isibhakabhaka esiluhlaza okwesibhakabhaka. Isibhakabhaka
esisibonayo siyisicucu esincane nje, ingcosana nje, yesikhala

esingenamkhawulo esigcwala yonke indawo. Ngisho noma
ilanga lingaqhubeka nokukhula libe yi-infinity, alikwazanga
ukuhlanganisa okungenamkhawulo. Lo mbono we-cosmic
wobuncane kanye ne-finitude unciphisa ikhono lengqondo
lokuqonda ubukhulu bendawo yonke, imvelaphi yayo, kanye
.nemingcele yayo

Lowo ongekho ngaphansi kobukhulu nezilinganiso,
ongenamkhawulo futhi ongenamvelaphi, nguNkulunkulu,
okhona yonke indawo futhi okhona ezindaweni ezikude
kakhulu zesikhala. Usezinkanyezini ezikude, ezikude,
njengoba nje engaphakathi kwakho nangaphakathi kwami,
futhi uyazi kahle yonke indawo ayithathayo
Kungakhathaliseki ukuthi incane noma inkulu kangakanani
"Kusukela encwadini ethi "Umgomo Wokugcina Womuntu

Izicelo

O, Nkosi

Thatha isandla sami ebumnyameni siye ekukhanyeni

O ukuthula kwasemkhathini

Ngizwa izwi lakho ekukhaleni kwemifudlana

nasekukhaleni kwama-nightingale

Ekukhaleni komoya, ekudumeni kwamagagasi, kanye

nasekudumeni kokudlidliza

Nkosi ethandekayo

Angikukhonzi ngamazwi, kodwa ngokulangazelela

kwenhliziyo evuthayo ngokulangazelela

Ake ngibone ububanzi bakho obukhulu

Ukuba khona kwakho njalo ngemuva kwakho konke

Mhlawumbe ngizoqaphela ukuthi ngiyingxenye

yobukhona bakho obungaguquki kuze kube phakade

O ulwandle oluchichimayo

Ukube nje imifula egobhozayo yezifiso zami

ibingageleza ogwadule lwezithiyo nezithiyo

Ekugcineni, isiphithiphithi sakho esikhulu sihlangene

Ngisize ngilalele izwi lakho, Nkosi

Umsindo we-cosmic lapho ukudlidliza kwendawo yonke
kwavela khona
Ake ngibone ubukhona bakho ngomsindo obusisiwe (Om
- Amen)

ingoma ethi Ngcwele kuwo wonke amazwi abusisiwe
Yandisa ukuqonda kwami njengoba ngilalele i-symphony
yokuphila

Ake ngizizwe njengolwandle olusemkhathini
Futhi ukunyakaza komzimba okunamandla kudansa
esifubeni sakhe
Vumela izwi elingcwele kakhulu lizwakale ngaphakathi
kimi

Ukwandisa ukuqonda kwami kusukela emzimbeni kuya
endaweni yonke
Sengathi ngingazizwa ngijabule njalo, ngigcwele yonke
into

Kuqhuma olwandle lokukhanya okuchichimayo
O amandla angenamkhawulo
O ukuhlakanipha okuphakade
Shaja umphefumulo wami ngokudlidliza kwakho
okungokomoya
O izwi lezwi elibusisiwe le-cosmic
Lungisa amaphutha ami
Ngidinga

Thatha isandla sami ebumnyameni siye ekukhanyeni
Noma nini lapho ngicabanga ngawe, Nkosi, kuzalwa
isikhukhula sokulangazelela okukhulu ngaphakathi kimi,
okunyakazisa imizwa yami futhi kugeleza kusuka
enhliziyweni yami kuye kuwo wonke amangqamuzana
.emzimbeni wami, ngiwagcwalisa ngothando lwaphezulu
Isifiso sami esikhulu ukufinyelela enhliziyweni yakho
futhi ngijabulele ukuba khona kwakho
Futhi ngokuzumayo umnyango womphefumulo
uyavuleka, futhi ngigcwele injabulo lapho ngibona
!ukukhanya kwakho okukhazimulayo

Isikhathi esidlule asikaziwa iningi lesintu, ngaphandle
kwabantu abambalwa abakhethiwe abakhanyiselwe Kodwa-
ke, ukungazi kwethu ngesikhathi esidlule nakho kuyasizuzisa
Ngoba ukube besazi konke esikwenzile kulokhu kuphila
nakwezimpilo zangaphambilini, besizokhungathekiswa
yizenzo zethu eziningi futhi sidideke ngokuphelele.
Ngempela, intando yethu ingase ikhutshazwe ngisho
nokushaqeka, okusenza singakwazi ukuqhubeka
nemisebenzi yethu futhi kusishiye siyisisulu sokuphelelwa
yithemba Ngisho nakule mpilo yasemhlabeni, ukukhohlwa
kuyisibusiso esivela kuNkulunkulu, okuvimbela izinkumbulo
zesikhathi esidlule, ikakhulukazi ezibuhlungu nezibuhlungu,
.ukuthi zingasindisi imicabango nemizwa yethu
Kodwa ngenhlanhla, inhlansi yaphezulu engaphakathi
kithi ihlala ikhanya ngethemba kanye nesifiso sokuqhubeka
nohambo olungapheli lokuphila. Kumelwe simbonge
uNkulunkulu ngalezi zibusiso ezimbili: ukukhohlwa okwedlule
.kanye nethemba lekusasa
Akufanele siphethe ngokuthi isiphetho sibeka izithiyo
endleleni yenkululeko yokuzikhethela. Kodwa-ke, kumelwe
senze konke okusemandleni ethu ukuze simelane
namathonya amabi abantu abaningi abawabiza ngokuthi
isiphetho nesiphetho, futhi sisebenzise inkululeko yethu
yokuzikhethela ngokuvumelana nezinkolelo zethu
zangaphakathi, uma nje lezi zinkolelo zisekelwe okholweni
oluqinile futhi zisekelwe emithethweni yaphezulu,
ngaphandle kwayo umuntu angeke akwazi ukunambitha
.injabulo yangempela
Uma siqala umsebenzi, akufanele sesabe izimo ezimbi,
kodwa kufanele sibe nethemba ngezinga eliphezulu,
sinokholo oluphelele lokuthi akukho lutho olungavimba
ukusebenzisa intando yethu nokusebenzisa inkululeko yethu
.yokuzikhethela
Uma sehluleka ukufeza umgomo wethu, kuyamukeleka
ukuvuma ngokungaqondile ukuthi kwakukhona izithiyo

esazenzela zona ezasivimbela ekufinyeleleni kuwo. Kumelwe sikhuthazele futhi siphinde imizamo yethu yokufeza umgomo wethu. Kumelwe futhi siziqinisekise ukuthi kungakhathaliseki ukuthi izithiyo nezinselele zingaba ziqine futhi ziqine kangakanani, sisenamandla anele okuzisusa nokuzinqoba.

Ngisho noma sehluleka naphezu kwayo yonke imizamo yethu, asikho isidingo sokuphelelwa yithemba nokukhungatheka, uma nje siqonda ukuthi intando yomuntu inamandla kunesiphetho, esizenzele sona. Ngakho-ke, akumelwe siyeke ukuzama, kungakhathaliseki ukuthi sehluleka kangaki, ngoba kuhlale kuneminyango evulekile.

Kudingeka nje siqhubeke nokulwela nokuphinda umzamo kuze kube yilapho sithola impumelelo. UNkulunkulu uzosinika usizo uma nje sithembele kuYe futhi sisebenzisa umzamo wethu. Ohamba endleleni uzofika lapho eya khona, .futhi othembele kuNkulunkulu ngeke adumazeke Uma umuntu efisa okuthile, futhi leso sifiso sinamandla

futhi siphuthumayo, leso sifiso asilokothi siphume engqondweni yakhe, noma ngabe uya kuphi noma ngabe uphendukela kuphi, futhi noma ngabe ukukhathazeka kwakhe kungaba yini. Ngomsebenzi waso oqhubekayo noqhubekayo, leso sifiso sinamandla amakhulu. Lokhu kuhleba kwengqondo kunamandla futhi kusebenza kangcono kunokuncenga okwenziwe ngomshini, okungadluli ekunyakazeni izindebe. Yilokhu abathandi bakaNkulunkulu abakwenzayo; bahleba uthando lwabo ngoNkulunkulu ngokungaphezi, futhi okuhleba kwabo kuyasuka enhliziyweni futhi akuzwakali, kuyo yonke imisebenzi yabo yansuku zonke. Lokhu kuhleba okusuka enhliziyweni akubaphazamisi, futhi akungqubuzani neminye imisebenzi yabo. Njengoba isifiso sabo ngoNkulunkulu sikhula, uthando lwabo ngaYe luyaqina futhi lujule, baze bathinte ubukhona baKhe futhi babone ukukhanya kwaKhe ngeso lomphefumulo, benambitha injabulo enkulu futhi bezwa ukuthula .okungaphezu kokuchazwa

UNkulunkulu usithumelela izifundo esizidingayo
empilweni ukuze sizuze kuzo futhi sithole ukuqonda
nokuhlangenwe nakho Noma ubani ogwema lezo zifundo
uzophoqeleka ukuba azifunde Kungakhathaliseki ukuthi
kuthatha isikhathi esingakanani
Isivivinyo ngasinye siba umngane uma sifunda kuso,
futhi siba yisishosho esinonya uma sichitha ithuba futhi
silisebenzisa kabi ngokukhononda, inzondo, kanye
.nokwahlulela okubi

Uma sinokuqonda okunempilo kanye nesimo sengqondo
esifanele ngokuphila, kuba kuhle Futhi ayinazo izinkinga

amacala engqondo

Umuntu akanakuhlala ethwele igagasi lenjabulo kuze
kuba phakade, noma acwiliswe ngaphansi kwamanzi
agcwele usizi, noma acwiliswe ekujuleni kwesithukuthezi.
Kuleli zwe elibonakala ngezinto ezimbili eziphikisanayo,
Umuntu ojwayelekile ubhekene nokuphakama nokwehla.
Uvuka ngegagasi lenjabulo futhi angene ekujuleni
kokunganaki, futhi uphonswa ngapha nangapha amagagasi
anamandla okudabuka. Futhi akavamile ukwazi nganoma
yisiphi esinye isimo sokuqonda. Ukuvumela izimo ukuba
ziphonse imicabango ngale ndlela. Kusho ukunikela intando
.yakho esiphethweni esingenasisekelo nesiguquguqukayo
Lokho umuntu akudingayo ukuze aphile impilo
ephumelelayo neyanelisayo ukulinganisela kwengqondo
Lokhu kungafezwa kuphela ngokugxila engqondweni
Ukulawula amakhono engqondo
Ngisho nosizi olujulile luyaphola ngokuhamba
kwesikhathi, ngakho-ke akunasizathu sokuhlala ucabanga
ngosizi Zonke izinsuku zokuphila kwethu Usizi oluhlala
isikhathi eside ngomuntu othandekayo oshonile alusizi yena
noma thina, futhi alushintshi lutho empeleni Ukuthuthukisa
ukungaziboni njengento eyinkimbinkimbi noma ukuzijezisa
Ukugxila emaphutheni noma ekuhlulekeni kwesikhathi

esidlule akusizi ngalutho Kwenza impilo ibe lusizi futhi
kuvimbele amakhono engqondo
Akufanele sizivumele ukuba siwele emgodini wesimiso
esiyisicefe, ngoba leso yisimo sengqondo esingakhululekile
neze, njengoba sikhathaza ingqondo futhi sishisa amakhono
.afihliwe esithandweni sokunganaki
Ukwehluleka kumele kususwe ezimpandeni zako, futhi
amasimu okuphila kumele alinywe ngenkuthalo
nangokuzimisela futhi ahlwanyelwe imbewu yobuhle ukuze
.kuvunwe isivuno esikhulu ngosizo lukaNkulunkulu
Insimbi ejubilini Lesiliva
Ngake ngamenywa emcimbini wejubili yesiliva
wombhangqwana owawubonakala ungomunye
wemibhangqwana ejabule kakhulu, kodwa ngesikhathi
ngingena ekhaya labo ngezwa ukuthi kukhona okungahambi
kahle ngacela abafundi bami ababili ukuba babheke indlela
abaphathana ngayo kusihlwa, futhi kamuva bangitshela
ukuthi indoda nomfazi bayamomotheka phambi kwabanye
futhi babizana ngamagama amnandi kakhulu afana nokuthi
“Yebo, sithandwa sami” kanye nokuthi “Yebo, sithandwa
sami,” kanye neminye imishwana enobungane. Kodwa lapho
nje becabanga ukuthi bodwa, bayaxabana futhi baqondise
.amazwi abuhlungu komunye nomunye
Ngakhuluma nabo ngathi: Ningimemile ukuba ngiye
ephathini lenu, kodwa isimo sishubile futhi nginomuzwa
wokuthi kunokungezwani okukhulu kule ndlu, futhi
.kubonakala kimi ukuthi kunensimbi eningi kule jubili yesiliva
Ekuqaleni, bacasuka, kodwa kamuva bavuma ukuthi
ngangiqinisile futhi baxolisa. Waqhubeka, ethi: Yini
?oyitholayo ngokuxabana nokuxabana ngaso sonke isikhathi
Kubonakala sengathi nihlala ndawonye ukuze
nilondoloze idumela lenu njengombhangqwana ophelele,
kodwa kudingeka nibe njalo komunye nomunye futhi niphile
ngokuthula nangokuzwana ukuze nijabule futhi nibe
.nokuthula kwengqondo

Ukudla okune-magnetic

Uma abantu bekhuluma ngokudla noma ngokudla
okunempilo, bavame ukusho ukudla okungokwenyama
okudliwayo ukuze kusekelwe umzimba. Kodwa-ke, kunezinye
izinhlobo zokudla okunempilo ezingabalulekile njengokudla
okungokwenyama, futhi ngokuvamile zibaluleke nakakhulu,
njengokudla kwengqondo noma ngokomoya. Umsebenzi
wengqondo noma ukugxilisa ingqondo, ukuhlakanipha
.nokuqonda okungokomoya

Ukudla okungokwenyama kusekela amangqamuzana
omzimba, kuyilapho ukudla kwengqondo kugcwalisa
ingqondo ngemibono enempilo, kanti ukudla kokuhlakanipha
.kuvuselela umphefumulo futhi kuthuthukise amakhono awo
Ukondliwa kwengqondo ngokuvamile kuqukethe
imibono umuntu ayicabangayo kanye naleyo ayithola
.kwabanye ngokuxhumana nokuxhumana nabo
Abantu abanesimo sengqondo esizolile kanye
nezimfanelo ezinhle basiza ekwenzeni imicabango yethu ibe
namandla futhi iphile kahle

Akunzima ukunquma ukuthi umuntu uthola yini ukudla
kwakhe kwengqondo endaweni enokuthula noma
ephazamisayo Ukukhathazeka, ukucindezeleka, nokudideka
konke kuvela ekuzihlanganiseni nabantu abangalungile,
kungaba abangane noma izihlobo Lokhu kubangela
imicabango yokukhathazeka kanye nesimo sengqondo esibi
Umzimba uthola amandla namandla ekudleni
okungokwenyama, kuyilapho ukudla okune-magnetic
kunikeza umzimba nengqondo amandla alula ukugayeka
kunokudla okuqinile nokuwuketshezi, okungenakuguqulwa
.kalula kube amandla aphilayo

Uma ungakwazi ukuguqula ukungazi kube
ukuhlakanipha, ubuthakathaka kanye nobuthakathaka kube
impilo namandla, futhi uhambe ngokuzethemba nangesibindi
- ngisho wedwa - ezindleleni zokuphila, futhi ujabule
ngaphakathi ngokuba nonembeza ophilayo noqaphile, kanye

nokholo olungenakunyakaziswa ebulungiseni
 bukaNkulunkulu kanye nokunqoba kokulungile phezu
 .kokungalungile kanye neqiniso phezu kokukhohlisa
Futhi uma uzama nsuku zonke ukukhulula imicabango
yakho emazingeni aphezulu nacwengekile, futhi unenhliziyo
enothando nebongayo, kanye nezinhliso ezinhle ngabanye,
 ukondleka kwakho kwengqondo kuzoba namandla, bese
 udonsela kuwe konke okuhle nokuwusizo, kusukela
 ezintweni, kubantu nasezimweni, okudingekayo ukuze
 .uqhubeke nohambo oluya ogwini lokuphepha nokuphepha
Uma uzama ukuthola okudingayo, futhi wanelisekile
ngalokho uNkulunkulu akunikezayo, uzoceba emoyeni futhi
waneliseke kakhulu kunalabo abathanda kakhulu izimpahla
 .zomhlaba futhi abafisa injabulo yawo yesikhashana
Uma umuntu efuna uNkulunkulu, okuwukuphela
 komngane weqiniso, ngaphezu kwabo bonke abangane,
kuba nokwenzeka ukwakha ubungane beqiniso kuzo zonke
 izihlobo zabantu: umndeni, ubuzalwane, umshado, kanye
 .nobuhlobo obungokomoya
Ubungane buyinto ebalulekile ebudlelwaneni bomshado,
 futhi kufanele kuqalwe ukusondelana ngokwengqondo
nangokomzwelo, umuzwa wokukhangana ngokokuziphatha,
 .nothando lwangempela nobungane
Labo abangakwazi ukuhlukanisa phakathi kothando
lweqiniso nokukhanga okungokomzwelo bayadumala njalo
Uma umshado usekelwe emibonweni ephakeme kanye
 nenhlonipho ehlangene, uba yinyunyana ejabulisayo
 nephumelelayo phakathi kwemiphefumulo emibili
ethandanayo. Futhi bayabambisana ukuze banciphise
imithwalo yokuphila komunye nomunye, futhi basuse
 izinkathazo zokuphila ngozwela kanye nokuqondana
 .okunobungane
Akekho ongangilawula noma athathe intando yami,
ngaphandle kokuthi ngivumele imicabango nezenzo zabanye
 .zingithonye

Nkosi, ngiyaqaphela ukuthi nginethuba elingapheli
phambi kwami. Ukuze ngihlole amakhono ami futhi ngithole
amandla ami angokomoya, ngizofaka izifiso eziphakeme
esikhundleni sezinto ezibonakalayo. Futhi ngizoqaphela
ukuthi umoya wokwethembeka uhlala unami
Namuhla ngizogcwalisa imicabango yami ngomthamo
wethemba, ngizoziqhelelanisa nokuhlangenwe nakho
okungathandeki, futhi ngizozijwayeza lokho okuzokhulisa
umzimba, ingqondo nomoya ngendlela elinganiselayo
.nengaguquguquki

Umdanso wokuphila nokufa uhlala ukhona, kodwa
ngizozikhulula kuze kube phakade ngokuvikela ubuwena
bami obungokomoya Futhi lapho izivunguvungu zezilingo
nezinsizi zingihlasela, ngizohamba ngomkhumbi
womphefumulo wami ngaphesheya kolwandle lokuphila
Ngiye ogwini oluphephile nolungcwele
Uma ngisebenza futhi ngidala ngizokhumbula ukuthi
uNkulunkulu usebenza ngami; UyiNkosi yendawo yonke Futhi
ningingaxhumana naye ngokuzindla ngokujulile ngaye
Nkulunkulu wami othandekayo, ngiyaqaphela ukuthi
imicabango yami izongilethela ukwehluleka noma
impumelelo, kuye ngokuthi yimuphi umcabango onamandla
kakhulu empilweni yami. Ngakho-ke, ngizozama
ukukhumbula ukuthi welula isandla sami futhi
.singilungiselela izizathu zempumelelo

Lapho izinhlekelele nezinhlekelele zingehlela,
ngizophakamisa umoya wami futhi ngiqinise ukuzimisela
kwami ukuzinqoba. Ngizothatha ubuqotho nokwethembeka
ekusebenzelaneni kwami nokuxhumana kwami nawo wonke
umuntu, futhi ngizokhulula imicabango yothando nezifiso
ezinhle. Khona-ke uNkulunkulu uzongisekela ngamandla
.akhe nokuhlakanipha kwakhe

Nkosi, ngizosebenzisa amandla ami okuzimisela kanye
nokuhlakanipha kwami ukufeza izinto ezincane kuqala, bese
.ngidlulela ezifinyelelweni ezinkulu

Ngisho noma zonke izifiso zezinto ezibonakalayo
zigcwaliseka, zisaletha injabulo engaphelele, futhi ukuthola
uNkulunkulu ukuphela kwenjabulo yangempela ngizothola
imithombo yenjabulo engapheli Futhi ayipheli ukugeleza
nokugeleza, ezingadini zomphefumulo nasemadlelweni awo
.aluhlaza

Izaga zegolide

Injabulo iyilungelo lami, ifa lami, kanye nengcebo yami
yaphezulu efihliwe Ngiqondise, Nkosi, ukuze ngithole
ngaphakathi kimi ingcebo edlula amaphupho amakhosi
* * *

Indlu engcwele yezinhliziyi ikhanyisa kubafundi bayo -
ngesihe sakhe nesihawu - izibani ezikhanyayo
zokuhlakanipha ezisusa ubumnyama bokungazi
* * *

Impilo iyintshukumo ehlakaniphile enesigqi
esijwayelekile. Izakhela ezintweni ezingaphili, noma ithatha
isimo esiphilayo nesinyakazayo. Impilo ihlanganisa konke
.futhi ingena kukho konke
* * *

O Mthandi Omkhulu, Ungukuphila uqobo lwakho
Ungumgomo wami kanye nesifiso sami Ngenze ngibe yimbali
eqhakazayo engadini yakho yasezulwini, noma ubuhlalu
obukhazimulayo emgexo wothando lwakho olukhazimulayo,
noma unginike udumo olukhulu: indawo encane kunazo
zonke enhliziyweni yakho
* * *

Nomaphi lapho abanye beyazisa khona imizamo yami
yokwenza okuhle, yilapho engingakwazi khona ukunikeza
isevisi engcono kakhulu
* * *

Ake siluke ikhaphethi yegolide yamaphupho ngemicu
yesilika yezinkumbulo ezimnandi nemicabango ecwengekile
* * *

Inggondo engenalutho [engenazo imicabango emihle
neyakhayo] iyifektri yezinkinga, ukukhathazeka,
ukuphelelwa yithemba, nokuphelelwa yithemba

Uma uthando lwendawo yonke luhlala enhliziyweni
yakho, luzokulethela injabulo ehlala njalo nevuselelwe
okungekho okunye okungakunika khona

Izimbali zokuphila eziqhakaza ensimini yokuphila
kwasemhlabeni zinhle kakhulu futhi kuyajabulisa ukuzibona.
Kodwa okumangalisayo nakakhulu futhi kukhazimulayo
umthombo wobuhle nokuhlakanipha okhona ndawana thize,
lapho savela khona futhi lapho sizobuya khona futhi
.sihlangane khona futhi

Lapho umfundi evuka ekuseni, uziqinisekisa: "Angisiye
umzimba, ngingumoya ongabonakali... ngiyinjabulo...
ngingukukhanya... ngingukuhlakanipha... ngiluthando Futhi
nakuba ngihlala kulo mzimba, umoya wami awufi futhi
"awuthintwa ukubola

Njengoba nje amaconsi amazolo esiza izimbali ukuba
ziqhakaze futhi zikhule, kanjalo nomusa uyondla ubungane
futhi ukhuthaze ukukhula kwabo
* * *

Kukhona amagagasi avela ebusweni bolwandle kanye
namagagasi anyamalala ekujuleni kwalo; kuzo zombili izimo,
angaphakathi kolwandle futhi akanye nalo. Ngokufanayo,
abantu abantantayo ngesikhathi "sokuphila" ebusweni
bolwandle olusemkhathini noma abanyamalala kulo
"ekufeni" bangaphakathi kolwandle olungunaphakade
.ngokulinganayo
* * *

Ukukhanya kwenyanga akubonakali kahle emanzini
agcwele isiyaluyalu, kodwa uma ubuso bamanzi buthule,
ukukhanya kwenyanga kuba sobala ngokuphelele. Kunjalo
nangengqondo: uma kuzolile, ungabona ubuso
bomphefumulo wakho ngokucaca okuphelele
.nangokucophelela

Thumela, Nkosi, imisebe yelanga lokuhlakanipha
Kwakho ukungiqondisa ezinsukwini zami ezijabulisayo
zokufeza, kanye nokukhanya kwenyanga egcwele yesihe
Sakho lapho ngihamba phakathi kobusuku obumnyama
bosizi

Ukuzindla kuyindlela oxhumana ngayo nengqondo
yendawo yonke, futhi uma uvumelana nalokho kuqonda
okungenamkhawulo uzokwazi ukwazi zonke izimfihlo
.zendalo

Isifiso sokusondela kuNkulunkulu nokumazi asizifikeli
sodwa, kodwa kumelwe sihlakulelwe, futhi ukuphila
.akunanzuzo ngaphandle kwaleso sifiso

Ukuphila kwasemhlabeni kuyisimo sesikhashana, futhi
umsebenzi oyinhloko wesintu ukuqonda inhloso nomgomo
walolu hambo. Leyo nhloso iwukwazi uNkulunkulu, futhi
.ayikwazi ukuba yinoma yini enye

Ukuthula kwakho kuyingcebo yakho eyigugu, ngakho
ungavumeli muntu ukuthi akuthathele leyo ngcebo

* * *

Funda ukuzimela wedwa, uphephile futhi uvikelekile
engabeni yezimfanelo zakho kanye nokubaluleka kwakho

* * *

Konke kukhona ngoba uNkulunkulu ukhona Futhi ngoba
ukhona, nawe ukhona Ngenxa yokuba khona Kwakhe,
ujabulela induduzo nenjabulo yokuphila Ngakho-ke,
ukubonga kwakho uNkulunkulu kufanele kube ngokujulile

Izincwadi ezinhle zingaba abangane abathule,
abanenhlonipho nabahloniphayo. Ungazishiyi lezi zincwadi
ezikhathini zakho ezinzima, ngoba azisoze zakushiya,
ngokungafani nabangane abangokwenyama abangase
.bakushiye

Noma ubani onempilo enhle, impilo ekhululekile, kanye
nekhono elikhulu lengqondo, kodwa engenalo injabulo,
akakaphumeleli empilweni. Uma ungasho ngeqiniso ukuthi,
"Ngiyajabula, futhi akekho ongangiphuca injabulo," usuthole
.isithombe sikaNkulunkulu ngaphakathi kuwe

Gcizelela ukuzola nokuthula, bese uthumela imicabango
yothando nezinhloso ezinhle kuphela uma ufisa ukuphila
ngokuthula nangokuzwana Phila impilo esekelwe ekulungeni
nasebungcweleni, futhi bonke labo abampilo yabo ixhumene
.neyakho bazozuza ngokuba nawe

Uma ungenabo abangane, noma uma abangane bakho
bechitha isikhathi sakho, noma uma ungazwani nabo,
vumela izincwadi [nezinto] eziphethe ukuhlakanipha kube
abangane bakho, njengoba ungadlula emakhasini abo
.ungene ezweni lemibono emangalisayo nejabulisayo

Ukuthola uNkulunkulu kusho ukuthola konke okufiswa
yinhliziyi, kanti ukuba ngokomoya kusho ukuvula iminyango
yempilo, injabulo kanye nempumelelo

Ngaphakathi kwethu kukhona inhlansi yamandla
aphezulu adala futhi asekela konke ukuphila futhi ilindele
ukuvuthelwa

Ukufunda kuwumsebenzi wengqondo ozuzisa kakhulu;
kuqeqesha ingqondo futhi kuyigcina iguquguquka. Ukufunda
ihora noma amabili nsuku zonke kuzonikeza noma ubani
isisekelo solwazi oluhlukahlukeni phakathi neminyaka
embalwa, uma nje ekhetha izincwadi eziwusizo. Ungachithi
isikhathi noma ulimaze amakhono akho engqondo
ngokufunda amanoveli ashibhile noma izincwadi ezincane
.ezingenanjongo noma incazelo

Labo abanokuthambekela komphakathi bazothola
ezincwadini eziwusizo amandla amasha okusiza isintu
ngezifundo eziqukethwe ezincwadini ezibhalwe amadoda
.nabesifazane abahloniphekile nabanekhono

* * *

Ukufunda kuwumsebenzi wengqondo ozuzisa kakhulu;
kuqeqesha ingqondo futhi kuyigcina iguquguquka. Ukufunda
ihora noma amabili nsuku zonke kuzonikeza noma ubani
isisekelo solwazi oluhlukahlukeni phakathi neminyaka
embalwa, uma nje ekhetha izincwadi eziwusizo. Ungachithi
isikhathi noma ulimaze amakhono akho engqondo
ngokufunda amanoveli ashibhile noma izincwadi ezincane
.ezingenanjongo noma incazelo

* * *

Ubugovu nokuqhosha kumele kususwe ngoba kuyizinto
ezivimbela ulwazi olungokomoya

* * *

Ngaphandle komuzwa kaNkulunkulu, leli zwe libonakala
ligcwele izingxabano, ubudlova, nokudumazeka
okubuhlungu. Injabulo itholakala ekuzizweni useduze
noNkulunkulu

* * *

Labo abazi uNkulunkulu banenjabulo nenjabulo
engapheli ezinhliziyweni zabo Ngoba bezizwa bephephile
futhi benokuthula okubusisiwe, iziphepho zentukuthelo
azikwazi ukubanyakazisa, futhi ukwesaba akukwazi
.ukungena ezinhliziyweni zabo

* * *

Izincwadi ezinhle zingabangane bakho abakhulu; ngazo,
ungezwa izingqondo ezinhle zikhuluma nawe ngobumnene,
zikududuza futhi zikunikeza iseluleko esihle kakhulu.
Ukwehluleka ukuhlakulela isifiso sangempela sokufunda
.izincwadi ezinhle kusho ukulahlekelwa yifa lezizukulwane

* * *

Ngaphandle kosizo lukaNkulunkulu, abantu bazohluleka
nakanjani, ngoba amandla nokuhlakanipha okudingekayo
ukuze baphumelele empini yokuphila kuvela emthonjeni
ongenamkhawulo Uma umuntu engamnaki uNkulunkulu,
unqamula umugqa wokuphila omnikeza usizo nokusekelwa
okudingekayo ukuze aphumelele
Abafuna usizo abangqongqoza emnyango wamathuba
angokomoya bazothola ukuthi umnyango uvulekile kubo
.ngoba uNkulunkulu usiza labo abazisizayo
Uma uvumelana noNkulunkulu, yonke imvelo ivumelana
nawe

* * *

Uthando lufana nephepha lokusanti elipholisha ingqondo
futhi lisuse ubulukhuni ebuntwini

* * *

Uma ngokuzumayo uthola uNkulunkulu yonke indawo,
futhi lapho eza kuwe, ekuphefumulela, futhi ekuqondisa,
indaba yothando lwaphezulu isiqalile

* * *

Kwangathi uthando lungase lukhanye ezinhliziyweni
futhi luthumele imisebe yokuphulukisa kwabanye

* * *

Funa ukwazi uNkulunkulu usemusha futhi unamandla,
ngoba ekugugeni nasekuguleni ungase ungasakwazi
ukumfuna. Lapho abantu beqala ukuqonda incazelo
yangempela yokuphila, umzimba uba buthakathaka, futhi
bachitha impilo yabo yonke benakekela amandla abo
.omzimba abuthakathaka esikhundleni sokufuna iqiniso

* * *

Ngizothatha okuhle kakhulu kubo bonke abantu, futhi
ngizokwazisa izimfanelo ezinhle zazo zonke izizwe
.ngaphandle kokugxila emaphutheni azo

* * *

Njengoba nje sikhathalela inani lokudla okunomsoco
lokudla kwethu kwansuku zonke, kufanele futhi sinake
izakhamzimba ezingokwengqondo esizinikeza izingqondo
.zethu nsuku zonke

* * *

Amazwi anomusa ayikhambi elimangalisayo lezifo
eziningi, anamandla anamandla, acishe abe yimilingo,
anamandla kazibuthe aletha izibusiso eziningi kanye
nokuchuma kubantu abakhulumayo Labo abasebenzisa
amazwi aduduzayo, amnene bazizwa umsinga omncane
ugeleza kuwo ngaphandle kokuphazamiseka, ukugcwala
kwabo umuzwa ojulile wokuthula. Lokhu kungenxa yokuthi lo
msinga uxhumene nomthombo wawo ophakeme, ukugeleza
okuqhubekayo okufinyelela imiphefumulo ngokuvumelana
nalowo mthombo, okubenza bakwazi ukudlulisela injabulo
.kulabo abalangazelela ukuthula

* * *

Mangaki amazwi anomusa avela enhliziyweni asuse usizi
oluningi futhi mangaki amazwi ahlakaniphile akhanyise
!izindlela ezimnyama ngezibani zenjabulo nokuthula

* * *

Siyakhula kukho konke esikubonayo, uma nje siqaphela
ukuthi singafunda izifundo ezibalulekile kukho konke
ubuhlungu nokuhlupheka esikubonayo kunencazelo

nenjongo Naphezu kobunzima balokhu okuhlangenwe nakho,
kufana nomlilo oncibilikisa insimbi, uyiguqule ibe yinsimbi
enhle, eqinile, neguquguqukayo

* * *

Zonke izimpumelelo eziphawulekayo empilweni yami
zifezwe ngamandla engqondo evumelana noNkulunkulu
Lapho umkhiqizi waphezulu esebenza, konke engikufisayo
kufezeka ngaphandle kokukhetha, kuqala kwakheka
njengomklamo ongabonakali, ongokoqobo bese
kubonakaliswa ngamandla angenakuphikiswa empeleni

* * *

Lapho ingqondo ihlebelala uNkulunkulu ukuhlebelala
okusuka enhliziyweni, okushisayo okuvela ekujuleni
komphefumulo olangazelelayo, ubizo lomoya luzothinta
inhliziyi yendawo yonke, futhi impendulo izofika, ilethe
injabulo enkulu. Lokhu kuhlebelala okuhlakaniphile kukhulisa
intando kuze kube yilapho inamandla adingekayo ukuze
.ifinyelele umgomo oyifunayo

* * *

Uma ingqondo yomuntu nentando yakhe kuhambisana
noNkulunkulu, unikezwa amandla angenamkhawulo,
kangangokuthi ukucabanga nje ngento ethile kwanele
ukuyifeza, ngoba umthetho waphezulu usebenza
.ngokuthanda labo abavumelana nentando ephakeme

* * *

Kungakhathaliseki ukuthi ukukhathazeka kwethu kuyini,
uNkulunkulu kufanele abe sendaweni yokuqala ezimpilweni
zethu Esinye sezici ezibaluleke kakhulu zokukhula
ngokomoya ukukhononda njalo kuNkulunkulu ngokusuka
enhliziyweni, lapho uzobona khona ushintsho oluhle
.oluzokuhlaba umxhwele kakhulu

* * *

Umuntu akufanele anikele wonke amakhono engqondo
uNkulunkulu amnike wona ekufuneni izinto ezidlulayo,
ngaphandle kwalokho uzozilahla ezinkingeni zokuthanda

izinto ezibonakalayo futhi azakhele imingcele nemingcele
angayidingi. Kunalokho, kufanele asebenzise amandla akhe
engqondo ukuthola izidingo zokuphila futhi alwele
ukuthuthukisa amakhono akhe angokomoya ukuze
ahlukanise phakathi kokulungile nokungalungile, kanye
.naphakathi kokulimazayo nokuzuzisayo

* * *

Iqiniso lingaphezu kwemibono nemibono, futhi abaningi
abasebenzisa le ndlela baboshwa yiziphetho zabo ezizimele

* * *

Vula, Nkosi, amasango okuthula futhi uvikele indawo
engcwele yemicabango yami engokomoya ekuhlaselweni
yizinhlebezi ezimbi. Vumela izimbali zezifiso zami ziqhakaze
ensimini yenhliziyo yami njengoba ngilinde ukusa kokufika
.kwakho

* * *

Ulwazi lwemfundiso alukwazi ukuthola ulwazi oluvela *
kuNkulunkulu, futhi kuyalulekwa ukuthi ungachithi isikhathi
sakho esiyigugu emibonweni engasetshenziswa ngokoqobo,
kungenjalo uzozithola usezindaweni ezinabantu abaningi
abahlakaniphile futhi ungakwazi ukudlula umbuso
.wemibono

* * *

Injabulo iyisithelo sokunqoba ngokwengqondo phezu
kwezimo zokuphila eziguquguqukayo

* * *

Lowo uNkulunkulu amaziyo angase angaziwa emhlabeni

* * *

Uma umuntu ezihlela ngolwazi lwethiyori [ngaphandle
kokuhlolwa kwangempela], uzoba njengethuluzi lokuqopha
eliphathwayo eliphinda izaga futhi liphinde imisho
ephakeme, kanti abanye bazombheka njengesazi esifundile,
kodwa ulwazi olunjalo aluqiniswa ukuqonda iqiniso ngqo,
.futhi aluhambisani nokufinyelela okungokomoya

* * *

Izinkinga zizoqhubeka emhlabeni, ngakho-ke umuntu
angaphendukela kuphi ukuze athole isiqondiso? Imicabango
yomuntu, ethonywe yimikhuba, ubandlululo, ukucwasa,
kanye nokushisekela ngokweqile, ayisizi ngalutho, futhi
amathonya endawo ahlala kuyo, umndeni, izwe, noma
umhlaba awakwazi ukunikeza isiqondiso seqiniso Ngakho-ke,
umuntu kumelwe aphendukele kuNkulunkulu futhi alalele
izwi elizolile nelizolile elivela ekujuleni komphefumulo, izwi
elivumelana neqiniso

* * *

Vulani izinhliziyi zenu ekuthululweni kwaphezulu ukuze
kugeleze kini futhi kugcwalise izimpilo zenu ngezibusiso
ezingokomoya nobuhle

* * *

Noma ngabe yimuphi umsebenzi owenzayo nanoma
yiziphi izinto ongazifeza, khumbula njalo ukuthi uNkulunkulu
ungumthombo okunikeza wonke amandla owadingayo ukuze
.usebenze futhi ufeze

* * *

Ngicela ukukukhumbula, Nkosi, ebumpofwini *
nasekuchumeni, ekuguleni nasekuphileni kahle, ekungazini
nasekuhlakanipheni, futhi ngivumele ngibone ukukhanya
kwakho okubusisiwe okunikeza impilo enhle nokuphulukiswa
.okwamanje

* * *

Ngisemicabangweni yami yodwa, ngilangazelela ukuzwa
izwi lakho elibusisiwe. Susa kimi amazwi aqinile,
asemhlabeni afihliwe enkumbulweni yami. Ngifuna ukulalela
izwi lakho elizolile nelimnandi kuze kube phakade ekuthuleni
.komphefumulo wami

* * *

Ukuphila kugubuzelwe ubumnyama, futhi kumelwe
sivumele ukukhanya kukaNkulunkulu kube isibani sethu
esisiqondisayo njengoba sihamba ezindleleni zaso
ezimnyama. Uyinyanga egcwele ebusuku bokungazi

nobumnyama, ilanga lokukhanya emahoreni okuvuka, isibani
sesiqondiso, kanye neNkanyezi yaseNyakatho yalabo
.abadabula olwandle lokuphila okufushane emhlabeni

* * *

Sekuyisikhathi sokuba isintu sivuke ebuthongweni baso
bokukhohlwa siye ekuvukeni ngokomoya. Sicela Wena,
Nkosi, ukuba uphakamise ukuqonda kwethu ekujuleni
kokungalaleli nokucabanga okuncishisiwe, okulinganiselwe
siye emikhawulweni yokuthula, ukukhanya, uthando, kanye
.nobubele bomuntu wonke

* * *

Izinto zizogcina zingcono ngoba amandla nezimangaliso
zikaNkulunkulu zifihliwe ngemuva kokuphikisana kokuphila
komuntu, futhi noma ngubani ongaqiniseki
ngokungenakugwenywa kwalesi simo futhi ezama ukungena
ngengqondo yakhe nokholo kulokho okungaphezu
.kwesihengo uzovulelwa umnyango

* * *

Ukholo alusho neze ukuba budedengu noma
ukungabhekani ngokuhlakanipha nezimo Kunalokho,
kungakhathaliseki ukuthi kwenzekani, umuntu kumelwe
aziqinisekise ukuthi uNkulunkulu kuphela okwazi ukumsekela
ezimweni ezinzima nezivivinyayo uma ephendukela kuYe
.ngayo yonke inhliziyo yakhe, umphefumulo nemizwa yakhe

* * *

Uma izinzwa zethu zingasitshela lonke iqiniso,
besizobona umhlaba njengemifula yama-electron, kanye
nothuli lonke njengokukhanya okugobhozayo Labo abangena
endaweni yezinto ezibonakalayo baye komoya bayaqonda
.uhlobo lokukhohlisa futhi bazi umongo weqiniso

* * *

Kungakhathaliseki ukuthi usehlathini lase-Afrika,
enkundleni yempi, uhlupheka ngenxa yokugula noma
ubumpofu, umuntu kumelwe azikholise ngokuthi isandla
sikaNkulunkulu sinamandla kunanoma iyiphi ingozi futhi

siyakwazi ukuvikela labo abafuna isiphephelo kuYe. Ayikho
indlela ephumelela kakhulu yokuvikela. Yiqiniso, umuntu
kumelwe asebenzise ingqondo lapho ebhekana nezenzakalo
ngesikhathi esifanayo ebeka ithemba eliphelele osizweni
.lukaNkulunkulu

* * *

Uthando oluhlala ezinhliziyweni zazo zonke izidalwa—
uthando lwabo bonke omama, obaba, abangane,
nabathandekayo—luvela othandweni lukaNkulunkulu

* * *

Kumelwe kwenziwe umehluko phakathi kwemisebenzi
emikhulu nemincane, kubekwe phambili okubaluleke
kakhulu kunokubaluleka nje. Ngaphezu kwalokho, akukho
msebenzi okufanele uphikisane nomunye. Imibhalo isitshela
ukuthi lapho omunye umsebenzi ungqubuzana nomunye,
.kuwubufakazi bokuthi awuwona umsebenzi weqiniso

* * *

Njengoba imisebe yelanga ebalulekile isakazeka,
ngizosakaza imisebe yethemba ezinhliziyweni zabampofu
kanye nabashiywe dengwane [labo umphakathi obashiyile],
futhi ngizofaka ukuzimisela okusha ezinhliziyweni zalabo
.abacabanga ukuthi bayizihluleki

* * *

Uthisha uParamahansa wathi komunye wabafundi
:bakhe

Ungakhiphi muntu esixukwini sakho sothando. Gcina"
wonke umuntu enhliziyweni yakho futhi uzokugcina
".kweyakhe

* * *

Nkosi, ngisize ngisebenzise intando yami njalo ukufeza
imisebenzi emihle nezuzisayo
Ngisize ngivumelane nentando Yakho ukuze yonke
imicabango yami iphendule ezinhlosweni Zakho futhi
ivumelane nentando Yakho

Wangisiza ukuba ngivuse amandla afihliwe, abusisiwe
ngaphakathi kimi ukuze ngikwazi ukunqoba zonke izinkinga
kanye nezilingo
* * *

Vuka kulowo buntu obungokomoya obunesibindi
nokuthobeka – obuhlanganisa amandla ezingonyama
nobumnene bamajuba
* * *

Ngeke ngikhathazeke ngokugxekwa okubuhlungu,
okungamanga, noma ngokudunyiswa okukhulu nokuthopha
Isifiso sami kuphela ukwenza intando Yakho, Nkosi,
nokuthola umusa Wakho
* * *

Awunakucabanga ngenjabulo enkulu ezokugcwalisa uma
uzwa ubukhona bukaNkulunkulu Umphefumulo wakho
uzodakwa uthando lukaNkulunkulu olungenamkhawulo
Luwuthando olukhulu izikhathi eziyizigidi kunanoma yiluphi
uthando lomuntu—uthando olugcwalisa zonke izifiso zakho
futhi lugcwalise inhliziyo yakho ngenjabulo nokwaneliseka
* * *

Ngokugxila kwangaphakathi, ungathola injabulo
engokomoya ngqo ngaphakathi kuwe nangaphakathi
kwakho. Uma uhlakulela lokhu kuqaphela, ubuntu bakho
buzokhula ngokuvumelana, futhi uzothola amandla
.okukhanga abantu nezinye izidalwa
* * *

O Mvikeli Omkhulu, angikhathali ukuthi ngilahlekelwa
yikho konke ngenxa yekusasa lami, elenziwe yimi, kodwa
ngicela wena, okuwukuphela kwesiphephelo sami, ukuthi
uvikele ikhandlela lothando lwami ngawe emimoyeni
.yokunganaki nokukhohlwa
* * *

Masiphuze amanzi okuthula ahlanzekile, aqabulayo
ageleza emithonjeni yezimo ezinhle, athuthukiswe yisinqumo

sethu esiqinile sokucabanga ngendlela enhle nokuba
.nombono omuhle

* * *

Unembeza umuzwa oqondakala kalula owembula imvelo
yomuntu yangempela kanye nezisusa zakhe. Uma unembeza
wakho uhlanzekile, futhi wazi ukuthi wenza okulungile,
awunalutho lokwesaba. Unembeza ohlanzekile uwubufakazi
bokuziphatha okuhle okuvela kuNkulunkulu. Ukukhululwa
enkantolo kanembeza kusho ukuba nenjabulo nokuthola
.izibusiso zikaNkulunkulu

* * *

Zama ukwenza izinto ezinesibindi nezijabulisayo abantu
abangingi abangazenzi, futhi unikeze uthando nokuthula
.kulabo abanye abangabanaki

* * *

Uthisha uParamahansa wathi komunye wabafundi

:bakhe

Uma ungachithi isikhathi uhlakulela ingqondo, akukho"
ukuchuma kwezinto ezibonakalayo okuzokwanelisa. Lokhu
kukhulisa akukhona ukuhlushwa kodwa kunalokho
ukuqeqeshwa kokuqonda ukuze kondle imicabango nezenzo
".eziholela enjabulweni

Injabulo yakho yimpumelelo yakho, ngakho ungavumeli
muntu akuntshontshele yona Zivikele kulabo abazama
ukukuhlupha Ngesikhathi ngisengumfana, ngangivame
ukulahlekelwa isineke sami noma nini lapho abanye abantu
besakaza amahemuhemu angamanga ngami Kamuva,
ngaqaphela ukuthi ukuthula kwami kwengqondo kubaluleke
kakhulu kunokwamukelwa noma ukunconywa ngabantu

* * *

Ukube nje ubuwazi indaba yothando lwaphezulu abanye
abazinikele abaluzwayo noNkulunkulu! Akukho okunye
okuhlangenwe nakho empilweni okungaqhathaniswa naleyo
njabulo bengimazi ungcwele owayehlala egxile othandweni

lukaNkulunkulu, futhi ubuso bakhe bukhanya uthando
olungcwele Iso likaNkulunkulu lihlala liphezu kwalabo
.abamthandayo, futhi akabashiya ngisho nomzuzwana

* * *

Bambalwa labo abanesifiso sokuthuthukisa amandla abo
engqondo nangokomoya

* * *

Ungazivumeli ukuthi ucwile phansi ekuzindeleni Sukuma
ebuthongweni beqiniso elivamile eliyisicefe bese uqonda
empilweni ehlanzekile lapho kukhona impumelelo, injabulo,
.nokuthula

* * *

Ngaphakathi kwakho kulele amandla amakhulu alindele
ukutshalwa, futhi nguwe wedwa okwaziyo ukuwavuselela
.nokuzuza kuwo

* * *

Ukukhululeka emikhubeni emibi nasezifisweni
ezingenempilo kuletha injabulo enkulu kakhulu
kunempumelelo yezinto ezibonakalayo Empumelelweni
yengqondo kukhona inhlalakahle yengqondo
engenakunqotshwa izimo zangaphandle Ungachitha sonke
isikhathi sakho uqoqa ingcebo, kodwa leyo ngcebo ngeke
ikunike ukuthula okuhlala njalo nokulondeka okufunayo.
Ngokuphambene nalokho, izokulethela ukungajabuli
okwengeziwe ngoba injabulo yangempela nokuthula kuhlala
.engqondweni, hhayi ezintweni ezibonakalayo
Uma usuzinzile ebuntwini bakho bangempela, ufeza
yonke imisebenzi futhi ujabulele zonke izinto ezinhle
.ngenjabulo yaphezulu

* * *

Ungavumeli ubuthakathaka bungene engqondweni
yakho, futhi qaphela lapho uhlangana nabantu
abanemicabango emibi kanye nombono wokuphelelwa
yithemba, funa imicabango yabo ebuthakathaka ingene
engqondweni yakho, ngaphandle kokuthi ingqondo yakho

isifinyelele ezingeni elithile lamandla kangangokuthi
imicabango yabanye ayikwazi ukuyibuthakathaka, kodwa
kunalokho, ngokuphambene nalokho, iyakwazi ukuqinisa
.imicabango yabanye futhi ithuthukise ukuzethemba kwabo

* * *

UNkulunkulu uza kuqala, futhi akufanele siqale noma
siqede usuku lwethu ngaphandle kokucabanga Ngaye.
Kumelwe sikhumbule ukuthi ngaphandle kwamandla
esiwathola kuNkulunkulu, besingeke sikwazi ukufeza lutho.
.Ngakho-ke, umsebenzi wethu omkhulu kakhulu ungowaKhe

* * *

Kukhona indlela yokuhlola nokwahlulela amasiko
namasiko Ekuqaleni, wonke amasiko ayenesizathu Uma
sithola ukuthi isizathu sisekhona, khona-ke isiko linencazelo
nenzuzo Nokho, akuhlakaniphile ukulandela amasiko
ngokungaboni Kumelwe sazi iqiniso futhi sililandele, siqonde
ukuthi yini engasilethela injabulo bese silisebenzisa

* * *

Uma ubona abantu abaningi kangaka bentula injabulo
noma impumelelo, ungacabangi ukuthi yilokho
okuzokwenzeka. Ungazenzela noma yini oyifunayo.
Impumelelo yakho yangaphakathi yiyo ekwenza uphumelele
.ngempela

* * *

Uma ungenalutho ngaphakathi kuwe, ngeke ujabule
Kodwa uma ungenalutho olukuzungezile futhi ujabule
ngaphakathi kuwe, ngokungangabazeki uyaphumelela
Ngakho-ke, akunakwenzeka ukwahlulela abantu
.ngokusekelwe ezimweni zabo zangaphandle

* * *

Phakathi kwezixuku ezinkulu, kungase kube nomuntu
ofinyelele isimo sokuphakanyiswa ngokomoya futhi ojabulela
.ukuthula kwangaphakathi nenjabulo enkulu ngokomoya

* * *

Ngiyazi ngokuqinisekile ukuthi konke engikudingayo
kuzoza kimi, ngakho-ke angikhathazeki ngokuthi ikusasa
liphetheni. Lokhu akusikho ukuziqhayisa noma ukuzenzisa,
ngoba ngibone umsebenzi kanye nokusebenza kahle
kwalawo mandla abusisiwe empilweni yami izikhathi
.eziningi

* * *

Kungakhathaliseki ukuthi ngintanta phezu kobuso
bokuphila noma ngiminza ekujuleni kolwandle, ngiyazi ukuthi
nginoNkulunkulu futhi unami, nokuthi akukho lutho
olungangilimaza. Ulwazi lunginike injabulo engachazeki
.nejulile

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Akungabazeki ukuthi ukuthenga into entsha kuyinto
ejabulisayo Kodwa ngemva kwesikhathi esithile, lowo muzwa
wenjabulo uyaphela kancane kancane, futhi ungase
ulahlekelwe yisithakazelo kuyo ngokuphelele, ukhohlwe
ngayo futhi ufise okunye. Kodwa-ke, ibhili yaleyo nto ngeke
!ikhohlakale, ikakhulukazi uma uyithenge ngezitolimende

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Umuntu kufanele alawule impilo yakhe futhi ayenze ibe
lula ngangokunokwenzeka. Kufanele alondoloze imali ethile
yezinto ezidingekayo nezimo eziphuthumayo, abeke
phambili ukonga kunokusebenzisa ezintweni zokunethezeka,
futhi asize abanye ngangokunokwenzeka. Uma usiza
abanye, usizo luzokuza kuwe ngandlela thile, futhi ngeke
.uswele lutho futhi ungalahlekelwa lutho

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Enjabulweni yezinhliziyi zonke, ngizwa ukuzwakala
kwenjabulo Yakho, Nkosi, nasebunganini babo bonke
abathembekile, ngizwa uthando Lwakho ngiyathokoza futhi
inhliziyi yami iyathokoza ngempumelelo nokuchuma
kwabangane bami, njengoba nje nami ngijabula
enhlalakahleni yami kanye nokulula Njengoba
ngiphefumulela ukuhlakanipha kwabanye, ngandisa ingcebo

yokuhlakanipha kwami, futhi enjabulweni yabo bonke,
ngithola okwami

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Isitha esikhulu senjabulo ukuboleka imali ukuze uthenge
izinto zokunethezeka Abantu bakholelwa ngephutha ukuthi
ngeke bajabule ngaphandle kokuthi bathole okuthile
okuqondile Kodwa ngisho nangemva kokuthola leyo nto,
ngeke bayithole injabulo yangempela, naphezu kwenjabulo
yesikhashana eyilethayo lyini injongo yokuphishekela
umlingo wenjabulo yasemhlabeni othembisa ukuphuka
kuphela? Abantu kufanele baphile kalula, ngaphandle
kokudinga izimpahla eziningi ezidinga ukunakekelwa njalo

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Ipharadesi lami lingaphakathi kwami Njengoba
ngijabulela izibusiso zikaNkulunkulu, ngiyambonga, futhi
injabulo yami yangaphakathi ikhula Ngaphandle kwalokho
kwaneliseka kwangaphakathi, ngisho nezinjabulo
zasemhlabeni kanye nokuzijabulisa kuba isihogo
Sengiqaphele ukuthi ngaphandle kwaleyo njabulo
yangaphakathi, umthwalo wemithwalo yemfanelo engibekwe
phezu kwayo ubungangiphuca ukuthula kwami futhi
ungiphuce injabulo yami

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Uma ingcebo ihambisana nokugula nezinkinga,
imiphumela izoba miningi Inhlanzeko kanye nokunakekelwa
kwempilo kuphakathi kwamandla aseNtshonalanga
Izinambuzane eziyingozi namagciwane abulalayo kulawulwa
ngempumelelo emazweni athuthukile, kuyilapho ziningi
kwamanye Kodwa ukuqeda lezi zinambuzane akuyona into
evelele, ngoba kunezinye izinhlobo zezinkinga emazweni
athuthukile, njengezikweletu okunzima ukuzikhokhela kanye
nezinkinga zezimali ezicindezelayo ngenxa yezinhlelo
zokuthenga ngezigaba—izinhlopheko eziphazamisa
ubuthongo futhi zinciphise ukuthula kwengqondo

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Siyingxenye ebalulekile yolwazi olufanayo lapho le
ndawo yonke enkulu yavela khona

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Wake wawubona umhlambi wezimvu? Uma omunye
wazo egxuma, wonke umhlambi uyalingisa ngaphandle
kokungabaza Iningi labantu linjalo. Othile angase aqhamuke
nomqondo noma angenise umkhuba omusha, kanti abanye
bazongena ngokushesha ebhendini bese bewukopisha. Le
ndlela ibilokhu ikhona izizukulwane ngezizukulwane. Zonke
izizwe zinamasiko namasiko azo, futhi asikwazi ukuthi zonke
zilungile noma zizwakala. Kodwa ubani owaziyo? Mhlawumbe
ezinye zalezo mikhuba namasiko azisho lutho futhi
.azinamsebenzi

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Lapho isiphepho semicabango esiphazamisayo siphela,
singena embusweni wokuthula futhi sithinte ubukhona
bukaNkulunkulu

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Cabanga ngoNkulunkulu, noma indawo enhle ekhuthaza
ukuthula, noma okuhlangenwe nakho okujabulisayo
nokusebenza kwengqondo okuhle nokuzolile kuyavuselela
futhi kuyaqabula

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Siphila ezweni elixakekile nelinokuphazamiseka. Ungase
ucabange ukuthi imali isho injabulo, kodwa uma uyithola,
uthola ukuthi awukajabuli. Ungase uthole ingcebo futhi
ulahlekelwe yimpilo yakho (Nkulunkulu maye) Noma ungase
ube nempilo enhle futhi ulahlekelwe yimali yakho. Noma
ungase ube nengcebo nempilo kodwa ubhekane nezinkinga
eziningi nabanye, unikeza umusa kodwa uhlangane
nenzondo nentukuthelo. Ngaphandle kukaNkulunkulu,
.akukho lutho kulokhu kuphila olungakwanelisa ngempela

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Umhlaba uba yigumbi lokuhlushwa kulabo abaphila
ngokungazi uhlelo lukaNkulunkulu. Kodwa uma ubheka

okuhlangenwe nakho kokuphila njengabafundisi bakho futhi
ufunda kubo ubunjalo bangempela baleli zwe kanye nendima
oyinikezwe emdlalweni wendalo yonke, lokho okuhlangenwe
nakho kuba ukukhanya okubalulekile endleleni eya
.ekwanelisekeni okuhlala njalo nenjabulo

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Lapho, ngale kobumnyama obungenabumnyama,
ukuthula okungenakuzwakala, kanye nokungabi nalutho
okungadalwanga, kukhona ingqikithi yaphakade, eyisiqalo
sokuba khona kanye nomthombo wawo wonke amandla
.nezidalwa, ezibonakalayo nezingabonakali

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UNkulunkulu akasidalelanga lo mhlaba ukuze sidle,
silale, futhi sife nje kuphela, kodwa ukuze sazi intando Yakhe
futhi siqonde injongo yokuba khona kwethu. Idlanzana
labantu abahlakaniphile liye laqonda incazelo yohlelo
lwendalo yonke, kodwa abantu abaningi abayizimpumputhe
.futhi abaqapheli leyo njongo

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Imali yayingeyona umgomo wami empilweni; umgomo
wami kwakuwukukhonza abafowethu nodadewethu
esintwini. Ngakho-ke, uNkulunkulu wangivulela amathuba
.amaningi okuzisekela nokufeza umsebenzi wami

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UNkulunkulu wadala le ndawo yonke ukuze isebenze
ngokomthetho oqinile nongaguquki Uma sephula noma
yimuphi wale mithetho yendawo yonke, sizijezisa thina
Umuntu ogxuma esuka ophahleni lwesakhiwo eside
uzophula amathambo akhe Ngakho-ke, asinakuyishaya
indiva imithetho yamandla adonsela phansi ngaphandle
kokuthola imiphumela

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Uma sibheka ngokujulile imiphakathi yomhlaba futhi
sihlola izimfihlo ezifihliwe zemiphakathi yasendulo, kuvela
isithombe esikhulu, esinemigqa ehlangene, izahluko

ezahlukahlukene, kanye neminingwane eqondile, futhi
sithola ukuthi umuntu ungumuntu ngamunye futhi
.ungumuntu ohlala nabantu ngesikhathi esisodwa

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Ukube uNkulunkulu wayefuna siphile ngokuqonda izinto
ezibonakalayo kuphela, besizokwaneliseka ngokuphelele
.ngezinto ezibonakalayo futhi saneliseke ngezindlela zezwe

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Imisebe yobumsulwa, ukuthula, nenjabulo ngale
kwamaphupho iyakhanya futhi idansa ekujuleni kwethu
okubalulekile

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Ngokuhlangenwe nakho ngakunye okuvela
esibhakabhakeni sezimpilo zethu phakathi nalolu hambo
lwethu lwasemhlabeni, kumelwe sifunde ukuthi
singalwandisa kanjani ulwazi lwethu nokuthi singaziqonda
kanjani izimo ezisizungezile noma esidlula kuzo, bese
sizokwazi ukuphila ngokuvumelana kangcono futhi
.sibhekane kahle nabantu nokuphila

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Abantu abaningi balingisa abanye. Umuntu kufanele abe
ngumuntu wokuqala nonobuhlakani, futhi abe yingcweti
.kukho konke akwenzayo

EMpumalanga, ukugxila okuyinhloko kube
ekuhlakuleleni injabulo engokomoya, kuyilapho izici
zokuphila ezibonakalayo zivame ukunganakwa
ENTshonalanga, kunezinye izinto eziduduzayo ezibonakalayo
kodwa injabulo yengqondo encane kakhulu Okudingekayo
ukulinganisela phakathi kwalokhu okubili, ngoba ukugxila
esicini esisodwa kuphela sokuphila kuholela ekungalinganini
nasekungakwazi ukubhekana nezidingo zokuphila
.ngokunengqondo

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Injabulo enkulu kakhulu - ngemva kwenjabulo yaphezulu
- ukuthi umuntu abe nokuthula nezihlobo zakhe eziseduze
.okumele ahlale nazo nsuku zonke zonyaka
Abantu bachitha isikhathi esiningi beshesha futhi
beziphatha ngokuphamazela ngaphandle kokufeza okuningi
Bambalwa abama kancane ukuze bacabange futhi bazame
ukuqonda ukuthi impilo inikezani

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Kumelwe sisebenzele ukwakha izakhiwo zangaphakathi
zokuhlakanipha ezingadini zokuthula eziqhakaza futhi
zikhanye ngezimbali ezingenakubalwa zezimfanelo ezinhle
ezingokomoya

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Ukuzwana kwangaphakathi kuwumthombo ocebile
wamandla futhi kukhiqiza amandla avuselelekayo

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Uma ubheka impilo, umuntu uthola ukuthi impumelelo
ayilula Impilo ivame ukuba nzima futhi ayithetheleli, futhi
kumelwe sizabalaze ukuze siziphilise Cabanga ngomzamo
odingekayo ukuze usekele umzimba wakho futhi uwugcine
uphilile futhi ungenazo izifo! Ngisho noma uphumelela
kulokhu, leyo mpumelelo ingeyesikhashana Umzimba—
kwangathi ungaphila isikhathi eside—ekugcineni uzobekwa
phansi Isidingo sidinga ukulwa namandla amaningi, kokubili
angaphakathi nangaphandle, ukuze ufinyelele impumelelo
oyifunayo La mandla asebenza ngokungakhathali
ukukuphuca noma yiziphi izimpumelelo ezibalulekile
ngempela

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Zama ukuhlala uzolile ngaphansi kwazo zonke izimo,
futhi uvumele imbewu yokuthula kwakho iqhakaze
ngenjabulo nokumamatheka kokwaneliseka

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Ngisho nabangcwele abakhulu kakhulu abafinyeleli
insindiso ephelele ngaphandle kokuba babelane

ngempumelelo yabo—okuhlangenwe nakho kwabo
okungokomoya nolwazi oluphakeme—nabanye ngokubasiza
ukuba bafinyelele ukuqonda okungokomoya Yingakho labo
abafinyelele izigaba ezinjalo futhi bafinyelele izimo ezinjalo
belangazelela ukudlulisela ukuqonda kulabo abakudingayo
Uma ufisa impumelelo yangempela, ngeke nje uvikele
.injabulo yakho kodwa nenjabulo yabanye

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Noma ubani ohlakaniphile angenza imali Kodwa uma
enothando enhliziyweni yakhe, ngeke ayisebenzise leyo mali
ngezinjongo zobugovu; kunalokho, bazoyabelana ngayo
nabanye Imali iyisiqalekiso neshwa ezandleni zobugovu
nabampofu, futhi iyisibusiso nesipho ezandleni zalabo
.abanezinhliziyi ezinhle nemiphefumulo ephanayo

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Othile angakhetha ukuthula isikhathi eside, enqabe
ukukhuluma nomndeni wakhe Nakuba lo muntu engase
athole ukuthula kwangaphakathi, ukuziphatha kwakhe
kuwubugovu futhi kulimaza injabulo yomndeni wakhe. Ngeke
kubhekwe njengophumelele ngempela ngaphandle kokuthi
abathandekayo bakhe nabo bazuze kulokho akufezile.
Ngokufanayo, ukufeza impumelelo yezinto ezibonakalayo
akukhona nje ilungelo lethu lokujabulela ukuchuma kuphela;
futhi kuhilela umthwalo wethu wemfanelo kwabanye
.wokubasiza bathuthukise izimo zabo zezimali nezokuphila

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Ngivikelekile ngemuva kwezindonga zonembeza wami
ohlangezile. Ngishise isikhathi esidlule esimnyama futhi
.ngikhathalela namuhla kuphela

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Namuhla ngiyaqaphela ukuthi ngingomunye
onokukhanya kokuhle kakhulu nokuthi ngiyisibani kulabo
abalwa namagagasi olwandle losizi

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Abantu banemibono nemibono ehlukeni mayelana
nempumelelo, kuye ngezifiso zabo empilweni Akuvamile
ukuzwa abanye abantu befanisa impumelelo nokweba, bethi
izinto ezinjengokuthi, "Wayeyisela eliphumelelayo!" Lokhu
kugcizelela ukuthi impumelelo kuzo zonke izinhlobo zayo
nezinhlobonhlobo zayo iyafiseleka futhi iyafunwa. Kodwa-ke,
.impumelelo yethu akufanele ilimaze abanye
Kukhona futhi enye indlela yokuphumelela: uma sikwazi
ukuletha imiphumela evumelanayo nezuzisayo kithi,
kufanele futhi sifake nabanye empumelelweni yethu futhi
.sabelane nabo ngezithelo zayo
Impumelelo isho ukwaneliseka komuntu kanye
nokwaneliseka endaweni yakhe Impumelelo yangempela
iwumphumela wezenzo ezisekelwe ezimisweni zokulunga,
futhi ihlanganisa injabulo kanye nenhlalakahle yabanye
njengengxenye ebalulekile yenjabulo yomuntu. Uma
sisebenzisa lesi simiso ekuphileni kwethu okungokwenyama,
kwengqondo, kokuziphatha, kanye nokungokomoya, sizoba
.nencazelo ephelele nephelele yempumelelo

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Lapha kuleli zwe elilinganiselwe, sibona ubude,
ububanzi, kanye nobuningi, kodwa kukhona elinye izinga
lapho ubukhulu bungekho khona; konke kucacile futhi
kusobala—konke kuwukuqonda nokuqonda Umuzwa
wokunambitha uwukuqonda, njengoba kunjalo nomuzwa
wokuhogela Imizwa yethu, imicabango, kanye nemizimba
kuyizimo zokuqaphela Njengoba nje singabona, sizwe,
sihogeke, sinambithe, futhi sithinte emaphusheni, kunjalo,
kulelo zinga eliphakeme, ingabe sizwa yonke le mizwa
?ngokwazi okumsulwa

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Nkosi, sijabulise ngokuzwa ukusondela kwakho,
usikhulule ezibophweni zezifiso, futhi usiphe injabulo
yangaphakathi engathinteki yizinto ezenzeka empilweni
.kanye nezenzakalo zayo ezishintshayo

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Uma izingqondo zethu zihambisana nokuqonda
okuphezulu, ukuqonda okungokomoya kuyavuka
ngaphakathi kithi futhi sizwa izimangalisayo
.zokuhlakanipha nothando lwaphezulu

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Uma simthanda ngokuphelele uNkulunkulu futhi
siphendukela kuye ngayo yonke imicabango nezinhliziyo
zethu, sizozizwa siseduze naye futhi sizothola ukuthi
.uyisiphephelo esikhulu kunazo zonke sokuphepha empilweni

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Esikhaleni esibonakala singenalutho, esikhulu, kukhona
ukuxhumana kwendawo yonke kanye nokuphila okuphakade
okusihlanganisa nazo zonke izinto eziphilayo nezingaphili
endaweni yonke—igagasi lokuphila okuphezulu eligeleza
kukho konke ukuphila. Iphakade liyikhaya lethu langempela
kanye nendawo yokuhlala yaphakade, futhi ukuba khona
kwethu kule mizimba kungokwesikhashana,
njengokuphumula okufushane kwekharavani ehamba
.ogwadule

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Uma sizivumelanisa namandla okudala omoya,
sizoxhumana nengqondo yendawo yonke nengenamkhawulo
ekwazi ukusiqondisa nokuxazulula izinkinga zethu. Amandla
okudala azogeleza kithi ngaphandle kokuphazamiseka evela
emthonjeni omkhulu wobukhona bethu, okusenza sikwazi
ukufeza impumelelo yokudala kunoma iyiphi indawo
.yomsebenzi wethu

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Uthando luyakhula futhi luqhakaze endaweni
yokwethembana, ukubekezelelana, kanye nokuhloniphana

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Sibusise, Nkosi, ngokukhanya kwemicabango emsulwa
nemikhuba emihle, ukuze kuthi uma ubumnyama bemikhuba
emibi nemicabango ephambene busondela kithi, bususwe

ngokushesha. Futhi usisize sikuthande ngothando olujulile
kangangokuthi akukho ukukhohlisa kwezinto ezibonakalayo
noma izilingo zezwe ezingasibamba noma zibambe
.izingqondo nezinhliziyi zethu

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Izinto ezitholakala kalula azivamile ukuba yigugu
Sikwazi lokhu ngokufunda izimpilo zamadoda nabesifazane
abakhulu nokuthi baba kanjani bakhulu ngokuthuthukisa
amakhono abo, ukufeza imisebenzi yabo, ukwakha
izindinganiso zabo zokuziphatha, izifundo zabo ezijulile,
kanye nokugwema kwabo ubugovu Imiphumela abayitholile
kanye nempumelelo abayifinyelele yayinkulu kakhulu
kunemizamo abayenzile

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Inkululeko yangempela ilele enkululekweni
yokuzikhethela eqondiswa ukuhlakanipha futhi isekelwa
ukuqonda, ukulunga, kanye nentando eqinile

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Uma uvusa intando yakho, ukuzimisela, kanye
nokuqonda okunengqondo, amandla angabonakali akhululwa
ekuqondeni okuphakeme—ngokuqonda komphefumulo—
ukuze akusize futhi akhanyise izindlela eziholela enduduzo
.yengqondo kanye nenjabulo, ngosizo lukaNkulunkulu

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Umuntu kumele avule imigudu yomphefumulo
ngomzamo wakhe Akekho okhetha ngokuzithandela
ukuhlupheka nosizi kunokuthula nenjabulo Ukungazi
kuyimpande yokuhlupheka kanye nesithiyi okumele sisuswe
futhi siqedwe Ukungazi kuyisitshalo esiyingozi,
esinezimpande ezijulile, esikhula ensimini yesintu,
siminyanisa izitshalo ezinhle nezizuzisayo Ukungazi kumele
kunqotshwe ngentando engaguquki kanye nokuzimisela
okuqinile Inhlabathi yengqondo kumele ilinywe ngokugxila
kwengqondo okuqondile [kokuhle] kanye nembewu enhle
iniselwe ngamanzi okholo Lapho imisebe yothando ephilayo

nefudumele ikhanya, imbewu yobuhle izokhula futhi ingobe
ukhula notshani obudla izimila, ngoba ubumnyama abukwazi
ukuba khona lapho kukhona ukukhanya

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Izinjabulo zezinto ezibonakalayo ziyanyamalala futhi
zinyamalale, kodwa injabulo yaphezulu ayifiphali. Yinjabulo
.yaphezulu engapheli futhi engenakuchazeka

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Akufanele neze sisebenzise izindlela ezingalungile ukuze
sithole injabulo, futhi akufanele silahle ukuthula nengcebo
engokomoya esinayo ngaphakathi kithi siphishekela
induduzo ekhohlisayo kanye nokuphila okukhazimulayo
okungase kuboshwe phambi kwethu yizenzo zokuziphatha
.okubi nemiphumela ebhubhisayo

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Ukuthula kuyikhamera engcono kakhulu yokuthwebula
ubukhona bukaNkulunkulu. Ngelensi yokuthula okumsulwa
nokugxile ngqo, isithombe esibusisiwe sizovela ngokucaca
.okuphelele

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Eqinisweni, konke ukuhlakanipha kungaphakathi kuwe
futhi okudingayo nje ukuqaphela lokho

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Ukwaneliseka kulele ekuzithuthukiseni, ukuze abanye
bakufune kunokuba wena ubafune. Uthando nobungane
kufanele kunikezwe ngaphandle kokulindela noma isidingo,
ngoba ukulindela kudala inzondo nolaka Ngisho nalapho
elwela ukuzithuthukisa, umuntu kufanele ame yedwa,
avikeleke futhi abe nokuthula ngaphakathi kwenqaba
.yezimfanelo zakhe kanye nokuzihlonipha

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Kwangathi izimpophoma zenjabulo nethemba zingahlala
zigeleza zisuka enhliziyweni yami, futhi kwangathi isifutho
.sazo esiqabulayo singathinta bonke engihlangana nabo

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Injabulo engokomoya idala emphefumulweni isifiso
sokusiza abanye ngazo zonke izindlela, futhi ithuthukise
ikhono lokwazisa injabulo yokuziphatha ecwengekile eholela
enjabulweni, ngaleyo ndlela inciphise ukuthambekela
.ezinjabulweni ezingavuthiwe

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Kungakhathaliseki ukuthi indima yakho incane
kangakanani, isabalulekile njengezindima ezinkulu kakhulu
maqondana nokufaka isandla empumelelweni yomdlalo we-
.cosmic owenziwa imiphefumulo esiteji sokuphila

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Ukuqonda kwendawo yonke kuwukuqonda okuphelele,
okungenamkhawulo, okuzivuselela njalo futhi okungapheli
ekudaleni kwakho, futhi ngawe kuzama ukuveza isici
esiyinqayizivele sako

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Uma unambitha uthando lwaphezulu ngisho noma
kanye, awusoze waluyeka ngoba akukho okunye okufana
.nalo endaweni yonke

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Labo abamaziyo uNkulunkulu sebefinyelele ezigabeni
ezingokomoya ezithuthukile kakhulu, kangangokuthi
abaneliseki ngokunikeza izoni iseluleko esingokomoya
kuphela, kodwa bangakwazi – ngomusa nangosizo
lukaNkulunkulu – ukubanika amandla angokomoya
.abakhulula emiphumeleni yezenzo zabo zesono

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Zonke izenzo ezinhle nezimbi zihlala ngaphakathi
kwamangqamuzana obuchopho futhi zibonakala
njengemikhuba emihle noma emibi noma ukuthambekela
emcabangweni. Umuntu ohlushwa imikhuba engemihle
ngenxa yokuthi amangqamuzana obuchopho bakhe
anikezwe amandla aleyo mikhuba angazikhulula ngamandla
okuzimisela, ukuzindla, umthandazo oqotho, kanye
nokuqinisekisa okuqhubekayo okuhle kuze kube yilapho

yonke imikhuba yakhe engathandeki iguqulwa ibe yimikhuba
emihle yokuthula nokuthula. Lokhu kwenzeka lapho amandla
okuphila aqondiswa kahle esebenza ukushintsha isimo
esingavamile samangqamuzana obuchopho, ukuze lawo
.maseli agcwale konke okuhle, okuhle, nokuhle

* * *

Ukuqonda yiso langaphakathi, umbono womphefumulo,
kanye netheskopu yenhliziyo. Kuyibhalansi phakathi
.kokuzola kwengqondo kanye nobumsulwa bonembeza

* * *

Nsuku zonke sibona izigcawu ezahlukene, futhi nsuku
zonke kuletha isifundo esisha okufanele sifundwe.
Kulindleke ukuthi umuntu afunde isifundo ngokugxila
enjongweni yokugcina yokuphila kwakhe: ukuqaphela
umthombo wobukhona bakhe kanye nesisekelo sokuphila
.kwakhe

Masisebenzele ukukhohlwa izinsizi zesikhathi esidlule
futhi sizimisele ukungagxili kuzo. Ngokuzimisela
okungantengantengi kanye nentando esebenzayo,
masivuselele izimpilo zethu, sithuthukise impumelelo yethu,
futhi sikhulise ngaphakathi kithi imikhuba emihle
.nezimfanelo ezinhle

UNkulunkulu ungamandla ami futhi angikholelwa

kwamanye amandla

Yilwa izimpi zempilo futhi uphikelele kuze kube
sekupheleni, ungayeki Ungalokothi uthi, "Angiyitholi indlela,
ngakho ngizoyeka ukuzama" Cela isiqondiso uma wenze
amaphutha, kodwa ungayeki ukuzama Abaningi bamukela
ukunqotshwa lapho bebhekene nezithiyo Labo abahlulekayo
kufanele bazihlanganise nabantu abaphumelelayo, hhayi
ukwehluleka Zimisele ukuphumelela; lokho makube yifilosofi
yakho empilweni

Nsuku zonke kumelwe siqinise amandla ethu omzimba,
sandise amandla ethu engqondo, futhi sazi ukuthi singobani
ngempela ngokuzindla, ukucabanga okunengqondo, kanye

nomsebenzi omuhle nokhiqizayo ozuzisa umzimba, ingqondo
.nomoya ndawonye

Uma ufuna ukusungula umkhuba omuhle noma ukuyeka
omubi, gxila emangqamuzaneni obuchopho lapho kuhlala
khona izindlela zemikhuba ehlukenene. Ukuze wakhe umkhuba
omuhle, qala uhlale buthule uzindle, ufuna isiqondiso
.saphezulu

Gxilisa ingqondo yakho esikhungweni samandla
okuzimisela ebunzini lakho, phakathi kwamashiya akho, bese
uqinisekisa ngokuqinile umkhuba ofuna ukuwufaka
ebuchosheni bakho. Uma ufuna ukuqeda imikhuba emibi,
gxila futhi ekugxileni kwamandla okuzimisela futhi
uqinisekise ngokuqinile ukuthi yonke imigqa lapho leyo
.mikhuba igxilile khona iyasulwa
Ngokugxila kanye namandla okuzimisela, ungasula
ngisho nemisele ejulile yemikhuba emidala egxilile

Ziqinisekise ngokuphindaphindiwe ukuthi unamandla
okususa imikhuba engemihle ebuchosheni bakho. Isikhathi
esingcono kakhulu salokhu kuqinisekiswa kusesekuseni
kakhulu lapho amandla akho okuzimisela nokugxila kwakho
sekusezingeni eliphezulu. Qhubeka uziqinisekisa ukuthi
ukhululekile kuzo zonke izithiyo, futhi ngolunye usuku
uzothola—ngosizo lukaNkulunkulu—ukuthi uzikhulule
.ngempela emkhubeni ofisa ukuwuyeka

Noma yini oyisabayo, yisuse emicabangweni yakho bese
uyishiya kuNkulunkulu. Qinisa ukholo lwakho kuNkulunkulu
futhi uthembele ukuthi uyakwazi ukukusiza, futhi wazi ukuthi
ukuhlupheka okuningi kuvela ekukhathazekeni
.nasekukhathazekeni

Kungani kufanele uhlupheke manje uma into oyesabayo
ingakenzeki? Njengoba iningi lokuphazamiseka kwethu livela
ekwesabeni, uma sisusa ukwesaba ezimpilweni zethu

sizozizwa sikhululekile futhi ukuphulukiswa kuzokwenzeka
.ngokushesha

Njalo ebusuku, ngaphambi nje kokuba ulale, ziqinisekise
ukuthi uNkulunkulu unawe, ekuvikela futhi ekuqaphile.
Zibone ngeso lengqondo ukukhanya Kwakhe okukuvikelayo
okuzungezile kuzo zonke izinhlangothi, futhi uzozwa isivikelo
.Sakhe esimangalisayo

Kulo mdlalo we-cosmic, abantu bazo zonke izinhlanga
.badlala idrama yokuphila esiteji sesikhathi
Kumelwe siqonde incazelo yokuphila ngaphandle
kokuzixakekisa ngokweqile noma ukugxila kakhulu
ezindimeni zethu zesikhashana Ukuqonda kwethu impilo
kuvame ukuhlanekizelwa futhi kuphambukiswe ngoba
sikubuka ngamehlo obugovu kanye nombono olinganiselwe;
uma sibheka ngamehlo omoya, besizobona izinto ngombono
ohluka ngokuphelele

Uma sivula iso lokuhlakanipha, sibona ukukhanya
kukaNkulunkulu okubanzi, futhi kulokho kukhanya sibona
isimo sethu esingokomoya, okuwukubonakaliswa kwemvelo
yokuqonda kwendawo yonke egcwala zonke izinhlayiya
.nezingxenywe zendawo yonke

Amaqiniso angokomoya asizungezile, angqongqoza
eminyango yamehlo ethu avaliwe, esikhuthaza ukuba sibone
ukukhanya esikhundleni sobumnyama, senze
ngokuhlakanipha esikhundleni sokungazi, sigcwalise
izinhliziyi zethu ngothando esikhundleni senzondo, futhi
sibambisane ekumiseni ukuthula nokuletha inala
nokulondeka emhlabeni wethu Uma senza lokhu, ukungazi
kuzonyamalala, ukungezwani komhlaba kuzonyamalala,
sizobona ubunye ekuhlukeni, futhi sizovumelana kakhulu
nentando kaNkulunkulu

Ubuhlobo bethu noNkulunkulu abuyona into ebandayo
noma engenaluthando, njengaleyo ephakathi komqashi

nesisebenzi. Singabantwana Bakhe, futhi ukusinakekela
Kwakhe kuhlala njalo; Uyasilalela njalo. Siyingxenye
ebalulekile yobuntu Bakhe, futhi ubuhlobo bethu Naye
buyaphila futhi bunamandla. Usinike ingcebo engapheli
yothando, ukuqonda, ukuqonda, intando enhle, namandla
angokomoya, kodwa iningi lethu lichithe le ngcebo
.lingenalutho

UNkulunkulu ufuna siphile ngokuphepha, ngokuthula,
nangokubambisana okunobungane, njengoba kufanele
amalungu omndeni ohloniphekile nonothando, kodwa
ubugovu kanye nokubala kobugovu kuye kwahluma futhi
kwagxila emiphefumulweni yabantu futhi kwabangela
.ukwahlukana phakathi komndeni

UNkulunkulu ufuna sibe ngamakhosi, kodwa sikhetha
ukuba yizigqila Isintu sidukile kude nekhaya laso lasezulwini
futhi salahlekelwa yipharadesi langaphakathi lokuzizwa
siseduze noNkulunkulu noNkulunkulu eduze nathi, futhi
ngeke sikwazi ukuphinda silithole lelo pharadesi ngaphandle
komzamo womuntu siqu UNkulunkulu wasidala
ngomfanekiso waKhe, kodwa leli qiniso lisiphunyukile
.ezingqondweni zethu

Sizinikele ekukhohlisweni kokuthi isiphetho sethu
siwubunzima nokuthi isiphetho sethu siwukubhujiswa, futhi
kumelwe sidabule isihengo sokukhohlisa ngommese
wokuhlakanipha ukuze sibone iqiniso elikhanyayo ngemuva
kwesihengo

UNkulunkulu ungibusise ngenjabulo kuyo yonke le
minyaka emide yokuphila kwami Kungakhathaliseki ukuthi
abantu babona ukumamatheka kokwaneliseka ebusweni
bami noma cha, injabulo yaphezulu ihlala inami futhi
ayingishiyi. Umfula omkhulu wenjabulo ugeleza njalo
ngaphansi kwesihlabathi sokuqonda kwami futhi uqhuma
.njengemithombo ebusisiwe enisela izingadi zempilo yami

Ukuphazamiseka okuzumayo kokuphila akukwazi
ukuphazamisa ukuthula kwami, futhi iphupho lokufa alikwazi
.ukungiphuca injabulo engokomoya engiyizwayo
Kwakunzima ukwenza lesi simo sibe esihlala njalo futhi
esingaguquki, kodwa izithelo zomoya engizijabulelayo futhi
engizabelana ngazo nabanye manje zazifanele wonke
.umzamo engangiwenza kuso
Ngicabanga futhi ngenza ngiqondiswa umoya waphezulu
Imali ayikaze ibe umgomo wami empilweni, kodwa
kunalokho ukukhonzisa abafowethu nodadewethu esintwini.
Ngakho-ke, uNkulunkulu ungivulele iminyango eminingi
yobuhle ukuze ngizisekele futhi ngifeze umsebenzi wami.
Noma nini lapho ngidinga usizo, uNkulunkulu ulunikeza
.ngokushesha
Isifiso sami kuphela ukukukhonzisa, yingakho ngilapha
Amandla kaNkulunkulu ayasebenza empilweni yakho
futhi. Uzoqinisekisa leli qiniso lapho ukholo lwakho luqiniswa
futhi uqaphela ukuthi ingcebo yangempela ayiveli
empumelelweni yezinto ezibonakalayo kodwa ivela
.kuSomandla
Yonke imizuzu oyichitha noNkulunkulu izoba
ngeyokuzuzisa kakhulu, futhi konke okufezayo ngothando
.nokujabulisa uNkulunkulu kuzobhalwa phansi kwakho
Phumula uye emicabangweni yakho ejulile futhi
ujabulele ukuthula okugeleza emthonjeni wokuthula
Uma sihlwanyela izenzo ezinhle, sivuna injabulo
nezibusiso, futhi uma sihlwanyela izenzo ezimbi, sivuna
.izinhlobo ezahlukene zezinkinga nezinkinga
Zonke izenzo ezinhle zifana ne-pickaxe esimba ngayo
emhlabathini wokwazi ukuze sithole umthombo wenjabulo
yaphezulu
Funda ukungena olwandle lokuzihlola nokuhlola,
kungakhathaliseki ukuthi kuhlobene nezincwadi ezinhle,
inkolelo, izinkinga, ifilosofi, noma injabulo yangaphakathi,

uqaphela ukuthi ukuba wedwa okuvamile [kokuzindla]
.kuyintengo yenjabulo yangempela
Nakuba impilo ibonakala ingalindelekile, ingenasisekelo,
futhi iyimfihlakalo, igcwele ukungabaza nazo zonke izinhlobo
zezinkinga kanye nezinxushunxushu, sihlala singaphansi
kwesivikelo sikaNkulunkulu esiqhubekayo. Akufanele
sidlulisele izinto ngokweqile noma silahlekelwe ukuzibamba
lapho sibhekene nezenzakalo, ngoba uma sivumela
ukwesaba kusinqobe, sinikeza amandla ebubini futhi sijulise
izimpande zabo, ezikhula futhi zichume emhlabathini
.wokwesaba nokukhathazeka
Zibuze njalo ebusuku: Singakanani isikhathi osichithe
noNkulunkulu, kungakanani osukucabangile ngakho,
kungakanani osukufezile, kungakanani osukufezile
kwabanye, nokuthi kungakanani osukufezile ukulawula izifiso
?zakho
Akufanele silindele ukuthola injabulo nokuthula okuhlala
njalo ezinhluphekweni zokuphila; kunalokho, kumelwe
sizifune futhi sizithole ngaphakathi kithi. Khona-ke, noma
ngabe yikuphi okuhlangenwe nakho esidlula kukho,
sizobhekana nakho ngendlela efanayo esibukela ngayo
okuhlangenwe nakho komunye umuntu ku-movie, kungaba
.okujabulisayo noma okubuhlungu
Umuntu angaguqula konke okuhlangenwe nakho
kwakhe kube yizilingo ezibuhlungu nezidabukisayo uma
evumela ingqondo yakhe ukuba yenze kanjalo. Bangase
bajabulele impilo enhle kodwa bahluleke ukwazisa
ukubaluleka kwayo. Kodwa uma begula, bazozithoba futhi
bazise isibusiso senhlalakahle. Kufanele siqaphele umusa
kaNkulunkulu futhi simbonge ngezibusiso asipha zona
ngaphandle kokulinda izimo ezimbi ukuba zisenze sibonge
.futhi siqaphele umusa wakhe
Impilo kufanele ibe yinhlanganisela yokuzindla kanye
nesenzo Lapho umuntu elahlekelwa ibhalansi yakhe
yengqondo, uba sengozi yokuhlaselwa ukukhathazeka,

amafu osizi, kanye nobuhlungu. Futhi uma ezama ukwephula
imithetho yempilo, ukuchuma, nokuhlakanipha, nakanjani
.uzohlushwa ukugula, ubumpofu, kanye nokungazi
Kumelwe sigcine izinhloso zethu zimsulwa, izisusa zethu
zihlanzekile, futhi senze ngendlela esilethela ukuthula
kwengqondo, futhi singavumeli izimo zokuphila ziphazamise
.ukuthula kwethu futhi zibhubhise injabulo yethu

Izinhliziyi ezidabukile nemicabango ephukile
iyangidonsela, kungakhathaliseki ukuthi ikude kangakanani
Yandisa imingcele yombuso wakho wothando
olukhazimulayo ukuze kancane kancane uhlanganise
umndeni wakho, omakhelwane bakho, umphakathi wakho,
izwe lakho, nawo wonke amazwe nezidalwa eziqaphelayo
Kumelwe futhi siqinise ingqondo yethu futhi senqabe
umthwalo wobuthakathaka bokucabanga nokuziphatha
obuzuzwe eminyakeni nezizukulwane. Lokhu kungcola
kumele kushiswe emlilweni wokuzimisela okusha kanye
nesenzo esikhiqizayo. Ngale ndlela eyakhayo, umuntu
ozinikele ngempela angafinyelela emkhawulweni
.wenkululeko nenkululeko

Sebenzisa amandla angenamkhawulo angaphakathi
kuwe ukuze ukwazi ukudlala indima yakho ehlonishwayo
esiteji sempilo

Lapho nje umuntu eqala ukukhulekela izimpahla, imali,
udumo, noma yini enye ngaphandle kukaNkulunkulu,
ukungajabuli kuba yinto yakhe Labo abagxila konke ukunaka
kwabo kulezi zinto empeleni bayazikhulekela, ngakho-ke
abasondeli kuNkulunkulu kodwa kunalokho bayasuka kuYe.
Kodwa labo abacabanga ngoNkulunkulu, bazindla ngaYe,
futhi baxhumana naye ezinhliziyweni zabo basondela kuYe
futhi bathole injabulo yangaphakathi ekuxhumaneni kwabo
.buthule naYe

UNkulunkulu kuphela okwazi ukugcwalisa amaphupho
abantu kanye nethemba lenjabulo ehlala njalo. Ngakho-ke,
akukho lutho okufanele luvunyelwe ukuthatha indawo
.kaNkulunkulu enhliziyweni

Kunezimpawu ezingcwele ezingasiza umfuni
ukukhumbula uNkulunkulu nokusondela kuYe. Kodwa-ke,
uma umuntu eqala ukukhulekela lezi zimpawu, ukulimala
kwakhe kuzodlula inzuzo yakhe. Ukukhulekela kufanele
kuqondiswe kuNkulunkulu kuphela, ngoba akukho okunye
.okufanele ukukhulekelwa

Kungakhathaliseki ukuthi ukukhulekela okungokwesiko
kuyini, kuyamukeleka kuNkulunkulu uma nje umkhulekeli
ekwenza ngokuqonda okungokomoya nokulangazelela Yena.

Kodwa-ke, abantu abaningi abaqondi ingqikithi
yokukhulekela, futhi imicabango nezinhliziyi zabo
ziphambukile kuNkulunkulu ziye emikhosini, ngaleyo ndlela
.zingazuzisi kakhulu ekukhulekeleni kwabo

Abakhulekeli beqiniso abavumeli ukuqonda kwabo
kuvinjelwe kunoma yisiphi isithombe noma isimo, kodwa
bagxila ngothando olujulile kanye nokunaka okugcwele
emoyeni waphezulu ongemuva kwazo zonke izithombe
.nezinhlalo

UNkulunkulu uphelele futhi akanamkhawulo, futhi
akukho sithombe noma isithombe esingamthwala
Kungashiwo ukuthi uNkulunkulu uzibonakalisa kuwo
wonke umuntu omthanda ngobuqotho futhi ovumelana
Naye, ngoba ukhona yonke indawo ngakho-ke ukhona kuwo
wonke umuntu. Nokho, akuwona wonke umuntu onekhono
lokubonakalisa ubukhona bukaNkulunkulu. Ilanga likhanya
ngokulinganayo kokubili kumalahle kanye nedayimane,
kodwa idayimane liyamukela futhi libonise ukukhanya
.kwelanga, kuyilapho ilahle lingenakukwazi
Ngokufanayo, bonke abantu bacwiliswe ekukhanyeni
kukaNkulunkulu, kodwa bambalwa kuphela abakwaziyo
ukwamukela lokho kukhanya futhi bakubonakalise

emicabangweni nasezenzweni zabo. Ukuze benze kanjalo,
kumelwe bazihlanze ngokuzindla nangokulandela
.izimfundiso nemiyalelo yaphezulu

Uma sibiza igama likaNkulunkulu, kumelwe siqaphele
ngokujulile nangobuqotho lokho esikushoyo Uma
ubungabona imicabango yabantu ngesikhathi somthandazo,
ubungathola ukuthi iningi labo licabanga ngakho konke
ngaphandle kukaNkulunkulu, yize bebiza igama Lakhe!
.Umthandazo onjalo awunazithelo futhi awunamsebenzi
Uma sithandaza, kufanele silwele ukugxila izingqondo
zethu zonke kuNkulunkulu, kunokuba simane siphindaphinde
igama Lakhe elibusisiwe ngenkathi sivumela imicabango
yethu ukuba izulazule. Omunye womalume bami wayevame
ukusho imithandazo yakhe phezu kwamabhere omthandazo,
okwakungavamile ukuba aphume esandleni sakhe. Kodwa
wavuma kimi ngolunye usuku ukuthi naphezu kokwenza lo
mkhuba wokuthandaza iminyaka engamashumi amane,
uNkulunkulu wayengakayiphenduli imithandazo yakhe.
Akumangalisi! "Imithandazo" yakhe yayiyinto nje yomkhuba
.wokukhathazeka

Uma sithandaza, akufanele sicabange lutho ngaphandle
kukaNkulunkulu. Kufanele silwele ukuba qotho
ekukhulekeleni kwethu futhi sizinikele ekunxuseni kwethu.
Ukusebenzisa ubuhlalu bomthandazo nokubiza igama
likaNkulunkulu njalo kuyamukeleka ngokuphelele uma
umkhuba usuka enhliziyweni futhi usekelwa ubuqotho
nengqondo egxile. Kodwa-ke, lo mkhuba ungaba
.ngokuzenzakalelayo ngokuhamba kwesikhathi
Kumelwe sihlebele igama likaNkulunkulu ezinhliziyweni
zethu, ngokulangazelela nangothando lwaphezulu; lokhu
kuwukukhulekela kweqiniso okuthinta inhliziyo kaNkulunkulu
Ukubiza igama likaNkulunkulu ngokubandayo nangengqondo
ezulazulayo kuwukuhlambalaza nokungahloniphi Lapho
umuntu ethandaza, inhliziyo nengqondo yakhe kumelwe
igcwale uthando lukaNkulunkulu

O Nkosi, Wena uyiNkanyezi yaseNyakatho yaphezulu
lapho imicabango yami yokuzulazula iqondiswa khona
olwandle oluyaluzayo lwezilingo nezinsizi
Ukuzijwayeza ukugxila engqondweni ngokusebenzisa
izivivinyo ze-yoga eziphakeme kusiza ukusondela
kuNkulunkulu, umthombo ophakeme wobukhazikhazi
nenkazimulo, njengoba nje kusiza ukucabanga
ngoNkulunkulu nokuxhumana naye
Kubalulekile ukunikela usuku olulodwa ngesonto
ekuphumuleni ngokomoya (uma kungenzeka) ukuze
ucabange ngoNkulunkulu futhi uzizwele ukuthula, ukuthula,
nokuthula kwangaphakathi Isikhathi esichithwa ngale ndlela
sizoba umuthi oduduzayo ezinkingeni nasezinkingeni
.ohlangabezana nazo phakathi nesonto lonke
Wonke umuntu udinga ukuchitha usuku olulodwa isonto
ngalinye eyedwa noma "ekuphumuleni ngokomoya" ukuze
aphulukise amanxeba nezinhlungu zakhe ezingokomzwelo
Lapho lolo suku luba lokuthula, injabulo, nokwaneliseka,
.uzolulinda ngokulangazela isonto nesonto
Ukuba wedwa kuyintengo yobukhulu Uzomangala
ngemiphumela emihle ezotholakala engqondweni yakho,
emzimbeni, nasemphefumulweni wakho ngalokhu kuhoxa
ngokomoya kanye nokuxhumana nomoya wakho kanye
noNkulunkulu. Uma ufisa injabulo yangempela, kumelwe
uzicwilise olwandle lokuthula kwaphezulu ekuseni kakhulu
.lapho uvuka, futhi nangaphambi kokulala ebusuku
Izihlakaniphi zaseNdiya azicebisi usuku olulodwa
lokuzihlukanisa, kodwa zigcizelela isidingo sokuzindla
buthule ngezikhathi ezine eziqondile nsuku zonke Ekuseni,
ngaphambi kokuvuka nokubona noma ubani, umuntu
kufanele ajabulele ukuthula nomuzwa wokuthula Emini,
umuntu kufanele athulise ingqondo ngaphambi kwesidlo
sasemini, futhi aphinde ajabulele isikhathi sokuthula
ngaphambi kwesidlo sakusihlwa Ekugcineni, ngaphambi

kokulala ebusuku, umuntu kufanele angene esimweni
sokuthula futhi

Labo abagcina ukuthula ngenkuthalo ngesikhathi
bebodwa futhi phakathi nalezi zikhathi ezine zansuku zonke
nakanjani bazozwana noNkulunkulu Labo abangakwazi
ukugcina zonke lezi zikhathi kufanele banikele okungenani
amahora asekuseni nakusihlwa kulokhu. Ngokwenza kanjalo,
izimpilo zabo zizoguqulwa zibe ngcono, futhi bazozwa
injabulo yangempela; okuhlangenwe nakho kuwubufakazi
.obuhle kakhulu

Uma uqhubeka nokubhala nokusayina amasheke
ngaphandle kokufaka imali eyanele ukumboza i-akhawunti
yakho yasebhange, imali yakho izophela. Kunjalo
nasempilweni yakho. Ngaphandle kokufaka njalo ukuthula
ku-akhawunti yakho yokuphila, amandla akho azophela,
ukuthula kwakho kuzophela, futhi injabulo yakho izophela.
Ngamafuphi, ekugcineni uzohlupheka ngokomzwelo,
ngokwengqondo, ngokomzimba nangokomoya. Kodwa
ukuzindla okujulile nsuku zonke ngoNkulunkulu kuzogcwalisa
.i-akhawunti yakho yemizwa

Umuntu ofuna uNkulunkulu ngobuqotho uzindla nsuku
zonke, ekhuluma noNkulunkulu ngothando lonke kanye
nokulangazelela enhliziyweni yakhe, emncenga ukuba
aziveze. Uma ungumthandi kaNkulunkulu futhi ulangazelela
ukuzwa ubukhona bakhe, kumelwe ucwilise ingqondo
nomzimba wakho ekuthuleni kwaKhe, futhi impilo
izokumomotheka, futhi izindaba zakho zizothuthuka
.ngezindlela eziningi

Umuntu ozolile akavamile ukwenza iphutha, futhi
uphumelela lapho izinkulungwane zabanye zihluleka khona
Labo abangacabangi ngoNkulunkulu noma
abangamkhathaleli bayacindezeleka futhi babe lusizi.
.Bayacasuka futhi baphenduke imishini yokuhamba
Ilanga lokuhlakanipha nokuthula lizophuma
esibhakabhakeni sokuthula futhi lizogeza impilo yakho

emisebeni yalo yokuphulukisa uma nje wenza umzamo
ongokomoya futhi unikeza uNkulunkulu indawo yokuqala
.enhliziyweni yakho

Inyanga eyodwa ikhanya kakhulu kunezinkanyezi zonke
zihlangene llanga, elibonakala lincane, lixosha ubumnyama
endaweni enkulu ngokuphindwe izigidi kunalo. Ngokufanayo,
umuntu omuhle, ngokuba khona nje emhlabeni, ukhipha
ukudlidliza okuphikisana nokuthulisa okuningi kokudlidliza
.okukhishwa abantu ababi

Usuku lokuzindla kufanele futhi lube usuku lokuphumula
kwengqondo nokwenyama kanye nokuhlakulela ukuthula
kwangaphakathi Noma yimuphi umsebenzi oveza
ukuhlakanipha nokuthula uwumsebenzi obusisiwe ngalolo
suku

Ngokuphathelene nokuhlonipha abazali, izincwadi
ezingcwele zitusa ukubaphatha kahle: “Hlonipha uyihlo
”nonyoko” kanye nokuthi “Yiba nomusa kubazali
Abazali abangabantu kufanele bahlonishwe
njengabameleli bakaNkulunkulu, owabapha isipho sokudala
isintu. Umama uysisibonelo sothando lukaNkulunkulu
olumsulwa, ngoba umama onothando uyathethelela lapho
kungekho omunye umuntu ozothethelela khona. Ubaba
ungukubonakaliswa kokuhlakanipha kukaNkulunkulu
.nomvikeli wabantwana Bakhe

Umuntu akufanele athande uyise nonina ngaphandle
kukaNkulunkulu, kodwa njengokubonakaliswa kothando
Lwakhe oluvikelayo noluhlakaniphile. Umoya ophakeme
waphezulu uba ngubaba nonina ukusiza ingane; ngakho-ke,
.kufanele uhlonishwe kubazali

Imibhalo isiyala futhi ukuba singabulali ngenxa
yokubulala, ngoba umuntu uba ngumbulali. Umuntu
akufanele abulale omunye ngesikhathi somzwelo ojulile.

Kodwa-ke, uma abathandekayo besongelwa, umuntu
kumelwe alwe ukuze avikele labo uNkulunkulu abaphathise

bona, ngoba kungumsebenzi ongcwele ukuvikela umndeni
.nezwe lakho

Ngokuphathelene nokuvinjelwa kokuphinga, inhloso
enhle yokuhlangana ngokocansi kufanele kube ukuzala
abantwana abadalwe ngomfanekiso kaNkulunkulu kanye
nokubonakaliswa kothando oluhlanzekile oluzwa
ngabalingani ababona uNkulunkulu komunye nomunye Labo
abaphila kuphela ezingeni elingokwenyama, ngaphandle
kokunaka uthando lweqiniso noma injongo ephakeme
okwadalelwa yona isifiso sobulili, bayaphinga ngokwalo
myalo. Kulokhu, abahlukile ezilwaneni ezanelisa izifiso zazo
.zobulili bese ziqhubeka nendlela yazo
UNkulunkulu wadala lo mdlandla wokudala kwabesilisa
nabesifazane wokuzala nokubonisa uthando lweqiniso
emshadweni, futhi akufanele lusetshenziswe kabi ngenye
indlela, kodwa kunalokho luguqulwe lube umsebenzi
.ongcwele nolwazi

Uma ungakwazi ukulawula nokusabalalisa amandla
ocansi ngaphakathi kwakho, uzokwazi ukuthuthukisa
amakhono amakhulu engqondo okubhala, ukudweba, noma
.okwembula amakhono afihliwe ngezinye izindlela eziningi
Futhi lapho ekugcineni usukwazi ukulawula nokuguqula
ngokomoya umsebenzi wokudala, uzothola ukuthula
okukhulu, uthando olukhulu, kanye nenjabulo engokomoya
.ekhulayo

Osanta nabaholi abangokomoya abashintshe ubulili
babo ngokomoya bayiziqhwaga ezikwazi ukwenza imisebenzi
emangalisayo nemangalisayo emhlabeni nasekufuneni
.iqiniso ngendlela engavamile

Ngakho-ke, ukusetshenziswa okuphezulu kwesifiso
sobulili ukuphakamisa amandla aso, okungukuthi,
ukuhambisa amandla aso enjongweni ephakeme ukuze
kubonakaliswe ukuhlakanipha, izimiso eziphakeme, kanye
nezimiso ezingokomoya Umuntu akufanele athole injabulo
emicabangweni yobulili noma afise lokho okwenqatshelwe.

Lapho lolu hlobo lokuzithiba selufeziwe, umuntu uzoba
.nombono oqinile ngocansi kanye nenjongo yalo ephakeme
Ukuba yisigqila sezindaba zocansi kusho ukulahlekelwa
yimpilo, ukuzithiba, nokuthula kwengqondo, futhi
.ngamafuphi, zonke izinto zenjabulo umuntu azidingayo
Izincwadi ezingcwele zisikhuthaza futhi ukuba singabi
Uma iqembu labantu abayinkulungwane lingantshontshana,
ngamunye uzoba nezitha ezingu-999 Ngakho-ke, umuntu
akumelwe aphule amalungelo abanye, noma athathe izwe
lakhe, ukuthula, uthando, isithunzi, noma noma yiziphi izinto
zakhe ezibonakalayo noma ezingokomoya Uma ungazizwa
unesifiso sokuthatha okungekona okwakho, okudingayo
noma okufisayo kuzokuza kuwe Ubusela buqala
engqondweni lapho umuntu eqala ukuba nomona nabanye
Imbewu yezifiso ezimbi kumele isuswe engqondweni
Ububele obungokomoya yindlela Khona-ke, umuntu
uzodonsela inala ngokwemvelo, futhi izibusiso zizogeleza
kuye zivela emithonjeni ayaziyo kanye nemithombo
angayazi Lona umthetho waphezulu ongenaphutha
Ngokuphathelene namasela nabantu abanobugovu, bachitha
izimpilo zabo bexosha izinto ezibonakalayo, amehlo abo
ahlala ebheke kulokho abanye abanakho, noma ngabe imali
yabo igcwele igolide
Ngaphandle kokuba ubugovu bezinto ezibonakalayo
bungashiywa, umhlaba awukwazi ukujabula
Injabulo itholakala kuphela ngokubambisana
ngokomoya. Ifika lapho umuntu ezwa izidingo zabanye
njengokungathi zezakhe futhi esebenzela abanye njengoba
.ezisebenzela yena
Omunye umyalo obalulekile ukugwema ukufakaza
amanga Ukulimaza umuntu ngokuhlanekezela iqiniso
kungenye indlela yokuphazamisa ukuvumelana komphakathi
Uma umuntu efisa ukuphathwa kahle, kufanele aphaathe
abanye ngendlela efanele Iqiniso kufanele lishiwo njalo,
kodwa kufanele kwenziwe umehluko phakathi kokusho

iqiniso nokusho amaqiniso nje Ukubiza umuntu
njengoyisilima noma oyimpumputhe kuyalimaza futhi
kuyalimaza; umuntu kufanele aqaphele imizwa yabanye
futhi agweme ukubaphoxa Ngokufanayo, ukwembula iqiniso
elingakhaphela umuntu ngaphandle kwenhloso enhle nakho
akulungile Ngakolunye uhlangothi, umuntu akufanele
aqambe amanga ukuze agweme ukukhuluma iqiniso;
kunalokho, umuntu angathula ezimweni ezithile ukuze
agweme ukuhlazisa noma ukulimaza abanye
Umuntu kumelwe aqaphele umona, isifo esibhubhisayo
esidla ukuthula komphefumulo. Uma umuntu efisa kakhulu
okwabanye, kulapho injabulo nosizi lwakhe luba lukhulu
khona. Umuntu onomona uphila impilo enezinkinga, engazi
ukuthi ukuthula kunjani. Kungcono kakhulu ukuba
azihloniphe, athembele kuye, futhi afune ingcebo
.engokomoya yangaphakathi
Isithunzi somuntu kanye nokubaluleka kwakhe
kwangaphakathi kukhulu kakhulu kunanoma yini angase
ayifise noma ayifisele ukuba nayo. UNkulunkulu ubonakala
kuwo wonke umuntu ngendlela engabonakali kunoma
yimuphi omunye umuntu. Ubuso bakhe abufani nobanoma
ubani omunye, futhi umphefumulo wakhe awufani
nowanoma ubani omunye, ngoba ngaphakathi kubo kukhona
ingcebo enkulu kunazo zonke izidalwa—futhi leyo ngcebo
enkulu kakhulu uNkulunkulu
Sifuna izimpilo zethu zikhanye futhi zichume ngezenzo
ezinhle, zibe nephunga elimnandi lenjabulo, futhi ziphile
phakade enkumbulweni yalabo abasazisayo
Uma umuntu enokholo olufanele futhi enza ngokufanele,
ujabula kakhulu kunalabo abangenalo ukholo futhi
.abangawenzi imisebenzi yabo empini yokuphila
Ukholo oluqinile kanye nesenzo sokulunga (okusekelwa
yizisusa ezinhle kanye nezinhloso ezinhle) kuhlala kukhona
noma kuphi lapho kukhona khona injabulo, futhi kulahleka

lapho injabulo ingekho. Kulokhu, singaphetha ngokuthi
kuyimibandela emibili ebalulekile yenjabulo,
engenakufinyelelwa ngaphandle kwayo. Labo abafisa
injabulo kudingeka babe nalezi zinto ezimbili eziyisisekelo,
.eziyisisekelo zayo nezinsika zayo

Abantu abakwazi ukulawula, ukushintsha, noma ukusula
izingxenye ezingenamkhawulo zendawo yonke ngokuthanda
kwabo. Lezi zingxenye zihlanganiswe ngendlela
eyinkimbinkimbi nesakhiwo sokuphila komuntu, futhi abantu
abakwazi ukusebenza bodwa kuzo. Kodwa-ke, abantu
bangakwazi ukulawula izingqondo zabo ukuze
bazivumelanise nalezi zingxenye futhi bagweme ukulimala
.yizo

Okhokho bethu babejabule kunathi hhayi ngoba
babenezinto eziningi zezwe nezinjabulo kunathi manje, noma
ngoba babengaziboni izinkinga zokuphila, kodwa ngoba
babenebhalansi yengqondo eyayibanika induduzo, ukuthula,
.ukwaneliseka, kanye nenjabulo emfushane

Abazange bathembele ezimweni zangaphandle ukuze
bathole injabulo yabo, futhi abazange banqotshwe yizimo
zangaphandle ezazizobaphuca yona Imizwa yabo
yenduduzo, ukuthula, injabulo, nokwaneliseka
yayingokwemvelo, ijwayelekile, inempilo, futhi ihlala njalo
Nathi, kufanele sihlakulele le mizwa uma sifisa ukuba
?nenjabulo Futhi ubani phakathi kwethu ongenayo

Isiphetho siwumphumela wokusebenzisa inkululeko
yokuzikhethela esikhathini esidlule. Ngemikhuba yethu
yenkululeko yokuzikhethela esikhathini esidlule, sizilethele
futhi siyaqhubeka nokuzilethela isiphetho nesiphetho.
Kodwa-ke, asiboshiwe yisikhathi esidlule, futhi
asivinjelwanga yimiphumela yezenzo zethu.
Singakuhlanekezela lokho esikuhlwanyele futhi sisule lokho

esikubhalile uma sifisa futhi silwela ukulungisa inkambo
.yethu futhi sithuthukise ikhwalithi yesivuno sethu
Uma sisusa imbewu yezenzo nemiphumela ebuhlungu
futhi sitshala endaweni yazo imbewu efaneleka kakhulu
ngokwemvelo yomphefumulo, ngokuqinisekile sizovuna
izithelo zenjabulo kulezo zimbewu ezinhle ezihlwanyelwe
emhlabathini womphefumulo. Kumelwe sisebenzise
inkululeko yokuzikhethela manje, manje hhayi kusasa, uma
sifisa ukuthola injabulo enkulu noma ukunciphisa
.ukuhlupheka nobuhlungu

Ngakho-ke, izimo zenjabulo zingaphakathi kumuntu,
futhi okumelwe akwenze nje ukubhekana ngokungathi sína
naleyo ndlela engaphambuki, futhi imiphumela izoba wusizo
kuye uma enza ukuhlolwa okungcono kakhulu futhi
.ebhekana nakho

Nkosi, sengathi umphefumulo wami ungagcwala
amandla akho, inhliziyo yami ngokuba khona kwakho
okududuzayo nokunesihawu, ingqondo yami
ngokuhlakanipha kwakho, nomphefumulo wami ungagcwala
.ukuqonda kwakho kwaphezulu

Enhlabathini yezinhliziyo zenu, imbewu yothando
iyakhula. Nisela leyo mbewu ngamanzi othando oluphelele
.kanye nozwelo oluphelele

Amandla engqondo awanamkhawulo futhi ngenxa
yalokho, uma ucabanga ngokujulile nganoma yisiphi isihloko,
uzothola impendulo yanoma yimuphi umbuzo ohlobene
.nalesi sihloko

Uma umuntu enikela wonke umsebenzi wakhe
nemisebenzi yakhe ekukhonzeni abanye futhi ekufeza
ngendlela egculisayo, khona-ke kufanele ngempela
.acabangelwe futhi abongwe

Akufanele sibe nohlangothi olulodwa. Kunalokho,
kufanele silinganisele imisebenzi yethu futhi sibeke phambili
umsebenzi wethu kanye nemisebenzi yethu, kuye
.ngokubaluleka kwento ngayinye

Umsebenzi yilowo msebenzi umuntu awenza ngenjabulo
hhayi ngenxa yenzuzo yezinto ezibonakalayo, futhi
umsebenzi ongokomoya nowokuziphatha kufanele uze
kuqala ekuphileni
Wonke umuntu unamandla angakasetshenziswa. Unawo
wonke amandla adingekayo. Inggondo ngokwayo
ingamandla aphezulu, futhi kumelwe ikhululwe emikhubeni
.nasemicabangweni esiphelelwe yisikhathi nenemingcele
Ithonya lamaplanethi nezinkanyezi empilweni yomuntu
libangelwa amandla angenelelayo okukhanga nokuxosha
.phakathi kwamaplanethi nemizimba yabantu
Imicabango emibi iholela umuntu endaweni eyingozi
lapho engaziveza khona ngokwezifiso zakhe. Kodwa-ke,
umuntu angashintsha imicabango yakhe kanye nokuqonda
kwakhe ngamandla okuzimisela, futhi ngenxa yalokho,
indawo yakhe. Uma umuntu ehlala endaweni eyingozi
isikhathi eside, leyo ndawo iqala ukumthonya ngokungazi.
Ngokuhamba kwesikhathi, ulahlekelwa ngokuphelele
inkululeko yakhe yokukhetha indawo enemphilo nenempilo
futhi abe ngaphansi kwamathonya amabi aleyo ndawo
eyingozi. Labo abanamandla okuzimisela, ngakolunye
.uhlangothi, bavumelana noNkulunkulu

Amandla engqondo agxilile

Uma ugxilisa ukukhanya kwelanga ngengilazi ekhulisayo
endaweni encane, kukhiqiza ukushisa, futhi lokho kushisa
kungavuthisa ukhuni, indwangu, iphepha, nokuningi.
Ngokufanayo, uma ugxilisa ingqondo yakho ngokunembile,
amandla ayo agxilile angashisa izimpande zokungabaza
ngemuva kokuhluleka ngakunye futhi avumele ukukhanya
.kokuhlakanipha kukhanye ngokukhanyayo
Uma ingqondo ivumelana noNkulunkulu, umthombo
wabo bonke ubuhle kanye nomsuka wawo wonke amandla

abusisiwe, iyaqaphela ubukhona bukaNkulunkulu futhi ibe
nazo zonke izici zempumelelo. Lezi zinto zihlobene eduze
namandla amakhulu kaNkulunkulu, ezikwazi ukudala
.amathuba amasha empumelelo kunoma yimuphi umkhakha
Izinkinga nobunzima buvela ekuntuleni komuntu
ukuqaphela izenzo zakhe zangaphambilini, ezenziwe
ngesikhathi esithile nendawo ethile Ukuhlupheka kwabo
kwamanje kuvela emicabangweni nasezenzweni abazishoyo,
ezagxila emhlabathini wokuqonda kwabo, zahluma zaba
isitshalo futhi zathela izithelo ezibonisa izici zalezo
.micabango nezenzo

Izilingo nezinsizi azizi ukuzophula umuntu noma
ukukhubaza intando yakhe, kodwa ukumenza aqonde
ubukhulu bukaNkulunkulu futhi ahloniphe imithetho yaKhe,
lapho angathola khona injabulo yangempela uNkulunkulu
akathumeli lezi zivivinyo ezinzima ngoba ngokuyinhloko
zenziwe ngabantu. Okudingekayo esintwini ukuvusa
ingqondo yaso ebuthongweni bayo bokunganaki nokuphuma
.ebumnyameni bokungazi siye ekukhanyeni kolwazi
Esikhathini esiningi, izinzwa zethu zisithembisa injabulo
yesikhashana kodwa ekugcineni zisilethela ubuhlungu
nokuhlupheka okuhlala isikhathi eside. Ubuhle beqiniso
nenjabulo, nokho, kuthembisa okuncane, kodwa ekugcineni
kusinika injabulo emsulwa nehlala njalo. Yingakho ngibheka
injabulo yangaphakathi nehlala njalo njengenjabulo
yangempela, kanye nenjabulo yesikhashana njengenjabulo
.nje

Uma ubheka ilanga usuka ezigidini zamakhilomitha
emkhathini, leyo nkanyezi enkulu ibonakala incane kakhulu
.kunoMhlaba wethu
Kodwa-ke, ububanzi boMhlaba bungamakhilomitha
angaba ngu-7,900, kanti ububanzi beLanga bukhulu

ngokuphindwe kayikhulu kunoboMhlaba. Uma ubungabeka
iplanethi yethu uMhlaba ngqo phambi kweLanga,
ibingabonakala njengechashazi elincane uma liqhathaniswa
.neLanga

Ake sithi insimu enamandla yelanga iyanda futhi iyanda
kuze kube yilapho ubukhulu bayo obukhulu bugwinya
isibhakabhaka esiluhlaza okwesibhakabhaka sonke.
Isibhakabhaka esisibonayo siyingxenye encane nje,
empeleni incanyana encane, yesikhala esigcwele indawo
.yonke engenamkhawulo

Ngisho noma ilanga lingaqhubeka nokukhula futhi
linwebeka emkhathini unomphela, belingeke likwazi
ukuhlanganisa okungapheli

Inkohliso ye-cosmic yobuncane kanye nomkhawulo
inciphisa futhi ivimbele ingqondo ekuboneni ukuthi ubukhulu
be-cosmic

Lokhu kungabi nalutho okuphelele kuvelaphi, futhi
?ikuphi imingcele yako

Lowo ongekho ngaphansi kobukhulu noma izilinganiso,
ongenamkhawulo noma imvelaphi, nguNkulunkulu, okuyo
yonke indawo futhi okhona ezindaweni ezikude kakhulu
zesikhala. Usezinkanyezini ezikude, Njengoba nje ekhona
ngaphakathi kuwe nangaphakathi kwami, uyazi kahle yonke
indawo ayithathayo, kungakhathaliseki ukuthi incane noma
inkulu kangakanani

Isikhathi esidlule asikaziwa iningi labantu, ngaphandle
kwabantu abambalwa abakhethiwe abakhanyiselwe Kodwa-
ke, ukungazi kwethu ngesikhathi esidlule nakho kuyasizuzisa
Ngoba ukube besazi konke esikwenzile kulokhu kuphila
nakwezimpilo zangaphambilini, besizokhungathekiswa
yizenzo zethu eziningi futhi sidideke ngokuphelele Intando
yethu ingase ikhutshazwe ngisho nokushaqeka, okusenza

singakwazi ukuqhubeka nemisebenzi yethu futhi kusishiye
siyisisulu sokuphelelwa yithemba Ngisho nakule mpilo
yasemhlabeni, ukukhohlwa kuyisibusiso esivela
kuNkulunkulu, okuvimbela imicabango nemizwa yethu
ukuthi ingadliwa yizinkumbulo zesikhathi esidlule,
ikakhulukazi ezibuhlungu nezibuhlungu Ngenhlanhla,
inhlansi yaphezulu ngaphakathi kithi ihlala ikhanya
ngethemba kanye nesifiso sokuqhubeka nohambo
olungapheli lokuphila Kumelwe simbonge uNkulunkulu
ngalezi zibusiso ezimbili: ikhono lokukhohlwa isikhathi
esidlule kanye nethemba lesikhathi esizayo

Akufanele siphethe ngokuthi isiphetho sibeka izithiyo
endleleni yenkululeko yokuzikhethela. Kodwa-ke, kumelwe
senze konke okusemandleni ethu ukuze simelane
namathonya amabi abantu abaningi abawabiza ngokuthi
isiphetho nesiphetho, futhi sisebenzise inkululeko yethu
yokuzikhethela ngokuvumelana nezinkolelo zethu
zangaphakathi, uma nje lezi zinkolelo zisekelwe okholweni
oluqinile futhi zisekelwe emithethweni yaphezulu,
ngaphandle kwayo umuntu angeke akwazi ukunambitha
.injabulo yangempela

Uma siqala isenzo, akufanele sesatshiswe yizimo ezimbi,
kodwa kufanele sibe nethemba ngezinga eliphezulu,
sinokholo oluphelele lokuthi akukho lutho olungavimba
ukusebenzisa intando nokusebenzisa inkululeko
.yokuzikhethela

Abantu bavame ukufana neqabunga elintanta phezu
komfula, futhi kumelwe bazikhiphe emsinga wemikhuba
ezenzakalelayo ebayisa emanzini okukhohlisa nokubhubhisa.

Iningi labantu libonakala lingenandaba futhi lizivumela
.ukuba likhukhulwe umsinga

Uma sehluleka ukufeza umgomo wethu, kuyamukeleka
ukuvuma ngokungaqondile ukuthi kwakukhona izithiyo
esazenza thina ezasivimbela ekufinyeleleni kuwo. Kumelwe
sikhuthazele futhi siphinde imizamo yethu ukuze sifinyelele
umphumela esiwufisayo. Kumelwe futhi siziqinisekise ukuthi
kungakhathaliseki ukuthi izithiyo nezinselele zingaba ziqine
futhi ziqine kangakanani, sisenamandla okuzinqoba. Ngisho
noma sehluleka naphezu kwayo yonke imizamo yethu,
asikho isidingo sokuphelelwa yithemba noma
ukukhungatheka, uma nje siqonda ukuthi intando yomuntu
inamandla kunesiphetho, esizenzele sona. Ngakho-ke,
akumelwe siyeke ukuzama, kungakhathaliseki ukuthi
sehluleka kangaki, ngoba kuhlale kuneminyango evulekile.
Kudingeka nje siqhubeke nokulwela nokuphinda umzamo
kuze kube yilapho sithola impumelelo. UNkulunkulu
uzosinika usizo uma nje sithembeke kuYe futhi senza
umzamo odingekayo. [Lowo ohamba endleleni uzofika lapho
eya khona, futhi lowo othembele kuNkulunkulu ngeke
adumazeke]

Uma umuntu efisa into ethile ngokujulile
nangokuphikelela, leso sifiso asilokothi siphume
engqondweni yakhe, noma ngabe uya kuphi futhi
kungakhathaliseki ukuthi umatasa kangakanani.
Ngomsebenzi waso oqhubekayo nongakhathali, leso sifiso
sinamandla amakhulu. Lokhu kuhleba kwangaphakathi
kunamandla futhi kuyasebenza kunokuncenga okwenziwe
ngomshini, okumane kushukumise izindebe. Yile ndlela labo
abathanda uNkulunkulu abenza ngayo. Bahleba uthando
lwabo ngaYe ngokungapheli, okuhleba kwabo okusuka
enhliziyweni kuhlala kungezwakali kuyo yonke imisebenzi

yabo yansuku zonke. Lokhu kuhleba okusuka enhliziyweni
akubaphazamisi noma kungqubuzane neminye imisebenzi
yabo. Njengoba isifiso sabo ngoNkulunkulu sikhula, uthando
lwabo ngaYe luyajula futhi lukhula, baze babone ubukhona
baKhe futhi babone ukukhanya kwaKhe ngeso
lomphefumulo. Banambitha injabulo enkulu futhi bazizwe
.benokuthula okungaphezu kokuchazwa

UNkulunkulu usithumelela izifundo esizidingayo
empilweni ukuze sizuze kuzo futhi sithole ukuqonda
nokuhlangenwe nakho Noma ubani ogwema lezo zifundo
uzophoqeleka ukuba azifunde kungakhathaliseki ukuthi
kuthatha isikhathi esingakanani

Isivivinyo ngasinye siba umngane uma sifunda kuso,
futhi singumbusi ononya uma sichitha ithuba futhi
silisebenzisa kabi ngokukhononda, inzondo, kanye
.nokwahlulela okubi

Uma sinokuqonda okunengqondo kanye nesimo
sengqondo esifanele ngokuphila, kuba kuhle futhi kungabi
nezinkinga

-

amacala engqondo

Umuntu akanakuhlala ethwele amagagasi enjabulo
phakade, ecwiliswe emanzini agcwele usizi, noma ecwiliswe
ekujuleni kwesithukuthezi Kuleli zwe lezinto ezimbili
eziphikisanayo, umuntu ojwayelekile ubhekene

nokuphakama nokwehla—ekhuphuka ngamagagasi enjabulo,
ecwila egodini lokunganaki, futhi ephonswa ngapha
nangapha amagagasi anamandla osizi—angavamile
ukubhekana nanoma yisiphi esinye isimo sokuqonda

Ukuvumela izimo ukuthi zishintshe imicabango yakho
ngale ndlela kusho ukunikela intando yakho esiphethweni
esingenasisekelo nesihlala sishintsha. Lokho umuntu
akudingayo ukuze aphile impilo ephumelelayo neyanelisayo
ukulinganisela kwengqondo, futhi lokhu kungafezwa kuphela
ngokucabanga okugxile kanye nokulawula amandla akhe
.emizwa

Ngisho nosizi olujulile luyaphola ngokuhamba
kwesikhathi, ngakho-ke akusizi ukuhlala ucabanga ngosizi
nsuku zonke zokuphila kwethu Ukuhlala ulila
ngokulahlekelwa othandekayo akusizi bona noma thina, futhi
akushintshi lutho Ngokufanayo, ukuhlakulela ukuzizwa
ungelutho noma ukuzijezisa ngamaphutha noma
ukwehluleka kwesikhathi esidlule akusizi; kwenza impilo ibe
lusizi futhi kuvimbele amandla engqondo

Akufanele sizivumele ukuba siwele emgodini wesimiso
esiyisicefe, ngoba leso yisimo sengqondo esingakhululekile
neze, njengoba siphazamisa ingqondo futhi sishisa
.amakhono afihliwe esithandweni sokunganaki

Ukwehluleka kumele kususwe ezimpandeni zako, futhi
amasimu okuphila kumele alinywe ngenkuthalo

nangokuzimisela futhi ahlwanyelwe imbewu yobuhle ukuze
.kuvunwe isivuno esikhulu, ngosizo lukaNkulunkulu
Yenza into engakaze yenziwe muntu ngaphambili—into
ezomangaza umhlaba Bonisa ukuthi amandla kaNkulunkulu
okudala asebenza ngawe

Abantu abanesimo sengqondo esizolile nesihloniphekile
basiza ekwenzeni imicabango yethu ibe namandla futhi
iphile kahle Akunzima ukunquma ukuthi umuntu uthola yini
ukudla kwakhe kwengqondo endaweni enokuthula noma
ephazamisayo Ukukhathazeka, ukucindezeleka, nokudideka
konke kuvela ekuzihlanganiseni nabantu abangalungile,
kungaba abangane noma izihlobo, okuholela emicabangweni
yokukhathazeka kanye nesimo sengqondo esikhathazekile

Umzimba uthola amandla nomsebenzi ekudleni
okungokwenyama, kuyilapho ukudla okune-magnetic
kunikeza umzimba nengqondo amandla okulula ukuwagaya
kunokudla okuqinile nokuwuketshezi okungenakushintshwa
.kalula kube amandla aphilayo

Uma ungakwazi ukuguqula ukungazi kube
ukuhlakanipha, ubuthakathaka nobuthakathaka kube impilo
namandla, bese uhamba ngokuzethemba nangesibindi—
ngisho wedwa—ezindleleni zokuphila, futhi uthole injabulo
yangaphakathi ngokuba nonembeza ophilayo noqaphile,
kanye nokholo olungenakunyakaziswa ebulungiseni
bukaNkulunkulu kanye nokunqoba kokulungile phezu
kokungalungile neqiniso phezu kokukhohlisa, futhi uma
usukulwela nsuku zonke ukuphakamisa imicabango yakho
emazingeni aphezulu nacwengekile, futhi unenhliziyo
enothando nebongayo kanye nezinhliso ezinhle kwabanye,
ukondleka kwakho kwengqondo kuzoba namandla, futhi

uzodonsela kuwe konke okuhle nokuzuzisayo—izinto,
abantu, nezimo—ezibalulekile ekuqhubekeni nohambo
lwakho oluya ogwini lokuphepha nokuphepha. Okokugcina,
uma uzama ukuthola okudingayo futhi wanelisekile ngalokho
uNkulunkulu akunikezayo, uzoceba emoyeni futhi waneliseke
kakhulu kunalabo abagcwele izifiso zezwe futhi abahahela
.injabulo yalo yesikhashana

Ububele buyibhuloho elixhumanisa yonke imiphefumulo
neminye imiphefumulo Ububele buyisango eliya kuyo yonke
inhliziyo

Uma umuntu efuna uNkulunkulu, okuwukuphela
komngane weqiniso ngaphezu kwabo bonke abanye, kuba
nokwenzeka ukwakha ubungane beqiniso kuzo zonke
izihlobo zabantu—ubungani bomndeni, bobuzalwane,
bomshado, nobungokomoya buyinto ebalulekile
ebudlelwaneni bomshado, futhi ukusondelana
ngokwengqondo nangokomzwelo, umuzwa wokukhangana
ngokomoya, nothando lweqiniso kufanele kube yinto eza
kuqala Labo abahluleka ukuhlukanisa phakathi kothando
lweqiniso nokukhangana ngokomzimba bayadumala
.ngokuphindaphindiwe

Uma umshado usekelwe emibonweni ephakeme kanye
nenhlonipho ehambisanayo, uba yinyunyana ejabulisayo
nephumelelayo phakathi kwemiphefumulo emibili enothando
nebambisanayo ekhulula imithwalo yempilo yomunye
nomunye futhi isuse izinkathazo zokuphila ngozwela
.oluhambisanayo nokuqondana okunobungane

Akekho ongangilawula noma athathe intando yami
ngaphandle kokuthi ngivumele imicabango nezenzo zabanye
zingithonye
Uma ugcina ukucabanga kwakho ezintweni ezibalulekile,
uzobona konke ngombono wezinto ezibonakalayo. Kodwa
uma usuphakamise ukuqonda kwakho esimweni
sokuqaphela okungokomoya, uzobona umsinga wokukhanya
kukaNkulunkulu ogeleza ngale kwazo zonke izinto, futhi
.uzobona konke ngombono ongokomoya

Nkosi, ngiyaqaphela ukuthi nginethuba elingapheli
lokuhlola amakhono ami nokuthola amandla ami
angokomoya Namuhla ngizogcwalisa imicabango yami
ngethemba futhi ngizihlukanise nezimo ezingathandeki
Ngizozijwayeza lokho okuzokhulisa umzimba wami, ingqondo
nomoya wami ngendlela elinganiselayo nevumelanayo

Ngizofaka izifiso eziphakeme esikhundleni sezinto
ezibonakalayo
Futhi ngizoqaphela ukuthi umoya wokwethembeka
uhlala unami

Umdanso wokuphila nokufa uhlala ukhona, kodwa
ngizozikhulula kuze kube phakade ngokusindisa ubuwena
bami obungokomoya Futhi lapho ngibhekene
nezivunguvungu zezilingo nosizi, ngizohamba ngesikebhe
sami esingokomoya ngiwele ulwandle lokuphila ngiye ogwini
oluphephile nolungcwele

Uma ngisebenza futhi ngidala, ngizokhumbula ukuthi
uNkulunkulu usebenza ngami. UyiNkosi yendawo yonke,
.futhi ngingaxhumana naye ngokuzindla ngokujulile Ngaye

Nkulunkulu wami othandekayo, ngiyaqaphela ukuthi
imicabango yami izongilethela ukwehluleka noma
impumelelo, kuye ngokuthi yimuphi umbono onamandla
kakhulu empilweni yami. Futhi ngizozama ukukhumbula
ukuthi welula isandla sakho sokusiza futhi ulungiselela
.indlela yempumelelo yami

Lapho izinhlekelele nezinhlekelele zingehlela, ngizobiza
amandla ami futhi ngiqinise ukuzimisela kwami ukuzinqoba.
Ngizoba gotho futhi ngithembeke ekusebenzelaneni kwami
nawo wonke umuntu, futhi ngizosakaza imicabango
yothando nezifiso ezinhle. Khona-ke uNkulunkulu
.uzongisekela ngamandla akhe nokuhlakanipha kwakhe

Izifo ezingokomoya kanye nokwelashwa kwazo
I-Master Paramhansa Yogananda

Zama ukucabanga ngeqembu labantu abangalingani
:futhi abangavumelani
Elinye linekhanda elincane elilingana nele-chickpea
!kanye nomzimba omkhulu olingana nekamela
Esinye sinesandla esinamandla njengesandla
sikaSamson noma sikaHercules kanye nomzimba
!onjengomzimba wesilwane esimfushane
Futhi eyesithathu inekhanda lendlovu enkulu kanye
!nomzimba wegundane elibi
Ingabe leso simo besingeke yini simangaze futhi
simangaze kuwe, noma sidabukise futhi sizisole, uma

ungabona ngokuzumayo isixuku salezo zidalwa
?sinokwakheka okungavamile nokungavumelani
Manje cabanga ngelinye iqembu labantu abavamile
ngesimo sabo nasekubukekeni, kodwa abangalingani
.ngokwengqondo futhi abakhubazekile ngokwengqondo
Njengoba nje izingubo zifihla amanxeba, izilonda,
nokunye ukukhubazeka ngokomzimba, nomzimba oqinile,
onempilo kanye nobuso obuhle, obukhazimulayo kufihla izifo
eziningi zengqondo ezingathi sína kanye nokukhubazeka
.kokuzalwa

Uma ubungahlangana nesixuku esikhulu sabantu
abavamile abahlukile ngokubukeka kwabo okuhle kanye
nempilo enhle, futhi uma ubukwazi ukungena emizimbeni
yabo yengqondo ngombono wakho ongokomoya,
ukumangala bekuyoba okumangalisayo, futhi ungase
.unqotshwe ukudabuka okukhulu ngalokho obungakuthola
:Ungabona imizimba yabo yengqondo kanje

Inggqondo imelelwa yikhanda, izinzwa nemizwa
umzimba, kanye nentando ngezandla nezinyawo konke
.okungajwayelekile, okugulayo, nokukhubazeka

Uzothola ukuthi abanye banekhanda elincane
elinokuhlakanipha okungakathuthuki, elibekwe emzimbeni
.obuthakathaka ogcwele izifiso zobugovu nezifiso zenyama

Uzothola nokuthi abanye abantu banomzimba
ongenawo umuzwa namandla, yize benengalo ethuthuke
.kakhulu futhi esebenza kahle

Abanye bangase babe nobuchopho obukhulu,
obunobuciko, kodwa uzwela lwabo kanye nekhono labo
lemizwa kuyaphazamiseka futhi kuyaphela. Kukhona nesinye
isigaba sabantu abanomzimba ojwayelekile nowengqondo,
kodwa amandla abo okuzimisela nokuzithiba abuthakathaka
.noma akhubazekile

Futhi uhlu lwezinto ezibonwe luyaqhubeka futhi

!Kwangathi ungaphila isikhathi eside

Ukuphambuka kwengqondo okungenakubalwa
emizimbeni yengqondo okungathuthuki kahle kwezinye izici
futhi okuthuthuke ngokweqile kwezinye kukhona ngempela -
nakuba kufihliwe - kubantu. Kubabangela ubuhlungu
bengqondo futhi kubavimbele ekuboniseni amakhono abo
.njengoba kufanele aboniswe

Ukubhekana nezinye izifo zengqondo lapha kungasiza
ekuboneni izimbangela eziyisisekelo zazo zonke izinkinga
zabantu, ukuze okungenani zaziwe yibo bonke abahlushwa
yizo, ngisho nangokungazelelwe, ukuze baqonde uhlobo
lwalezo ziphambeko, izimpawu zazo, kanye nokungena
kwazo buthule engqondweni, ukuze bakwazi ukuvimbela
.ukubhujiswa kwazo okukhukhulekayo kokuthula nenjabulo
ukudabuka okungokomoya

Lesi sifo sisakazeke kakhulu phakathi kwalabo
abangasebenzi ngokwengqondo nangokomzimba ngesizathu
sokuthi bagxile kakhulu ezindabeni ezingokomoya. Laba
bantu abahluphekile bayayishaya indiva imisebenzi emikhulu
nemincane yokuphila kwezinto ezibonakalayo becashe
ngokukhonza uNkulunkulu, ngaleyo ndlela bezivulela
kuSathane, ongabalimaza kakhulu. Bahlushwa ukuphelelwa
yithemba kanye nokungaqondisi nganoma yini ezuzisayo
noma enhle ebazungezile. Lesi yisifo esithathelwanayo, futhi
bonke labo abanezifiso ezingokomoya kumele basiqaphele
futhi bazikhulule kuso ngokugcina amandla abo ephila njalo
kanye nokuzivikela kwabo kuqinile ngokucabanga okuhle,
umbono onethemba, kanye nomsebenzi onempilo
.nokhiqizayo

ukungagayi kahle okungokomoya

Lokhu kwenzeka ngenxa yokungahleliwe
(ukuxhamazela), okungukuthi, ukungenisa ngokushesha
inqwaba yemithi ye-psychotropic eyenziwe kakade
ebhaliswe ngaphansi kwamagama akhazimulayo, futhi
ethulwa ngesimo sezincwadi nezifundo ezingokomoya

mbumbulu “ngodokotela abangokomoya” abanolwazi
.kwezobuciko bokukhohlisa nokuthakatha

Lesi sifo asigcini nje ngokubulala indlala engokomoya
yokwazi iqiniso, kodwa futhi sibhubhisa ikhono lokuhlukanisa
phakathi kokuhle nokubi, okuzuzisayo nokulimazayo
Lowo ohlala edla imibono yenkolo futhi ondlala konke
okuwela ezandleni zakhe ngeke nje adle ngokweqile kodwa
futhi uzodla imibono enobuthi kanye newusizo, okuzoletha
ukugayeka kwengqondo futhi ngaleyo ndlela afe kancane
.ngokomoya

Ukutadisha ngokweqile nokuqhubekayo imibono
ehlukahlukeni engokomoya neyefilosofi, ngaphandle
kokuqonda noma umzamo wokuyigaya nokuyihlola
ngokuhlangenwe nakho komuntu siqu ukuze kuqinisekise
ukuthi isebenza kahle, ekugcineni kudala ukungabaza,
ukunganaki, kanye nokungazethembi zonke izimiso
.nemithetho engokomoya

Intshisekelo kanye nokuzitika ngokweqile
Labo abahlushwa yilesi sifo baphila impilo echithwayo
nengenanjongo ngoba banemali nesikhathi esiningi, futhi
.ngoba abanayo injongo nokuqonda okufanele ngokuphila
Laba bantu baqhutshwa yizifiso zabo; benza noma yini
efika engqondweni futhi ibajabulise. Bagcwalisa izimpilo
zabo ngamanoveli ashibhile, angasho lutho, amafilimu
athakazelisayo, kanye nokuzijabulisa okungasho lutho,
okungenanjongo. Abaqapheli ukuthi bahlushwa yilesi sifo
esiyingozi baze babhekane nokushaqeka okukhulu noma
ukuphazamiseka kwemizwa—okungukuthi, ngemva kokuba
.umonakalo usuwenziwe
umkhuhlane wengqondo

Lesi simo sinelinye igama: ukuphelelwa yithemba
Umuntu akakaze azi ukuthi sizofika nini futhi sibhekane
nezimpawu zaso ezicindezelayo, njengokuphelelwa
yithemba, ukungabekezeleli, ukukhathazeka, kanye
nokungabekezeli Okubi nakakhulu, sivame ukuqhubeka

isikhathi eside, futhi izisulu zaso zivame ukubuyela kalula,
.ngisho noma zikholelwa ukuthi sezilulame ngokushesha
I-catarrrh yengqondo

Lesi sifo sibangelwa ukuhlala ucabanga ngezinto
ezikhathazayo zezwe ezingapheli Labo abahlushwa yiso
bavame ukungakunaki ukusebenzisa isikhali samandla abo
okuzimisela futhi ngaleyo ndlela bazithoba ngokuzithoba
ekwesabeni kwabo okuqhubekayo esikhundleni sokubhekana
.nabo ngesibindi nokubaqeda besebancane
ukunamathela kwengqondo okungavamile
Izisulu zalesi sifo ziba nohlangothi olulodwa
ekuphishekeleni kwazo injabulo. Zikholelwa ukuthi injabulo
itholakala ekuqongeleleni ingcebo, ekuzuzeni udumo, noma
ekubeni nempilo noma amandla, zidela konke—impilo,
idumela elihle, ukuthula kwengqondo, udumo, nesithunzi—e-
altare lesifiso sazo esivuthayo. Sekwephuzile, ziyaqaphela
ukuthi impilo elinganiselayo kuphela, ehlonipha imithetho
yemvelo kanye nezimiso zikaNkulunkulu, futhi evumelanisa
umsebenzi nokuthula, engaletha injabulo yangempela futhi
.ifeze injongo yokuphila okuhle

Labo abahlushwa izinkinga zokunamathela ezingaphilile
bagcwele imicabango yokulangazelela okungalawuleki,
okuholela embonweni ophambene nosontekile ngempilo.
Isibonelo, usomabhizinisi waphumelela kakhulu futhi waqoqa
ingcebo, kodwa ngaphambi kokuba ajabulele ingcebo yakhe,
wahlushwa ukuphazamiseka kwemizwa ngenxa
yokukhathazeka okukhulu nokwesaba, washona edabukile
.enhliziyweni

Abanye bakholelwa ukuthi konke kuvunyelwe ukuze
kufezwe umgomo. Ngenxa yalokhu kudideka,
bayaphuthelwa umgomo wabo wangempela futhi abakwazi
ukuthola ngisho nokwaneliseka okuncane, noma ngabe
banazo lezo zinto abebezifisa, ngoba imvelo yomuntu inkulu
futhi inezici eziningi futhi idinga intuthuko elinganiselayo
.kuwo wonke amazinga

Ukubambelela ngokomoya okungaboni
Lokhu kushisekela okungavamile kwezinkolelo ezithile
kuvela ekubambeeleni emibonweni ethile nemibono
ngaphandle kokuyibuza noma ukuyihlola, ngaleyo ndlela
kudala kulabo abahlushwa yilesi sifo intukuthelo nobutha
kunoma yimuphi umqondo ongokomoya ophilile noma
umcabango ovulekile nokhululekile Lokhu kuzihlukanisa
kuholela ekuvukeleni imithetho kaNkulunkulu, ebonakala
ekusebenzeni kahle kwengqondo, inhlalakahle yezinto
ezibonakalayo, impilo yengqondo neyomzimba, kanye
nothando nenhlonipho ngabantu bazo zonke izizinda

Ukufaka izimiso ezingokomoya

Ngenxa yokuthi izifo zomzimba ziyabonakala,
zibuhlungu, futhi azijabulisi, zisishukumisela ukuba simelane
nazo ngenkuthalo, zisiholela ekutheni sizame ukuzinqoba
ngezindlela ezahlukene zokwelapha, kusukela
ekuzivocavoceni nasekudleni okunempilo kuya emithini
nemithi ehlukene. Kodwa-ke, izifo zengqondo, naphezu
kokuba imbangela yobuhlungu nokwesaba kwabantu,
azivinjelwa noma ziphathwe ngokushesha okwanele, futhi
zivunyelwe ukuba zidale umonakalo omkhulu kanye
.nokubhujiswa empilweni yethu

Othisha, othisha bezemfundo yomzimba, abashumayeli,
abaguquli bezinguquko, odokotela, kanye nabameli
bomthetho bazokwazi ukuqhubekisela phambili intuthuko
lapho beqala ukufunda, beqala ngabo, bese befundisa
abanye izindlela ezifanele zokuhlakulela imvelo yomuntu
ngendlela elinganiselayo nevumelanayo, ngokuvumelana
nemithetho yokuphila kanye nezimiso zokuphila okunempilo
Lena imfundo ephumelelayo ngempela kanye namasiko
.abantu aphelele abantu emhlabeni wonke abawadingayo
Izikhungo zemfundo zikubona kungenakwenzeka
ukufundisa izisekelo ezingokomoya ezikoleni zomphakathi

ngenxa yokudideka okubonakalayo phakathi kwalezi zimiso
nezimfundiso zenkolo ezahlukahlukene. Kodwa-ke, uma lezi
zikhungo zigxile ezimisweni zomhlaba wonke zokuthula,
uthando, inkonzo, ukholo, ukuvuleka kwengqondo,
nokwamukela abanye—okuyizinto eziqinile ezingokomoya—
futhi zakha izindlela ezisebenzayo zokugxilisa lezi zimiso
emhlabathini ovundile wezingqondo nemiphefumulo
yezingane, ikhambi elinengqondo nelamukelekayo kulobu
bunzima obucatshangelwayo nobucatshangwayo
lingatholakala. Kuyiphutha elikhulu ukunganaki le nkinga
.ngenxa nje yobunzima obubonakalayo obuhambisana nayo
Iningi labaphothule ekolishi liphuma eyunivesithi
amakhanda abo esinda futhi evuvukele ngenxa
yokuqukethwe yizincwadi kangangokuthi abakwazi
ukuhamba ezindleleni zokuphila, ngoba amandla abo
okuzimisela nokuzithiba sekucishe kwacinywa ukunganakwa
nokungasebenzi. Ngakho-ke, ubabona beziphatha
ngokunganaki futhi bewohloka, begijimela egodini lemishado
engalingani, besebenzisa kabi ubulili babo, bejaha imali,
futhi behluleka emisebenzini yabo ngoba abakafundi
ukusebenzisa kahle ummese obukhali wobuhlakani babo
obuqeqeshwe ngokwezemfundo. Ngenxa yalokho, bazisika
.futhi bazilimaze

Ngokumangalisayo, intsha eningi ibonakala ijabulela
ukuzibandakanya emisebenzini egcina iyilethele ukulimala
nobuhlungu Abanye basebenzisa ukweba nezinye izenzo
ezimbi, ngisho nezenzo zobugebengu, ngaphandle
kokuvinjelwa noma ukuvinjelwa Labo abahluleka ukuvimbela
ukusabalala kobubi emphakathini bakhuthaza ukuziphatha
okungalungile kwabanye Wonke umuntu onembeza nokholo
oluqotho kufanele abe yisibonelo esihle kwabanye
maqondana nobuqotho, ukwethembeka, isithunzi, kanye
nokuzihlonipha Izikole, amakolishi, amanyuvesi, kanye
nezikhungo zomphakathi azinikezi izindlela zesayensi
ezanele zokunciphisa ubugebengu ngokubhekana

nezimbangela zabo eziyinhloko, ezitholakala kakhulu
engqondweni

Kufanele futhi kusungulwe izikole ezikhethekile ukuze
kufundiswe ubuciko bempilo ejabulisayo nephumelelayo,
ukuthuthukisa amakhono omuntu nokuthuthukisa amakhono
.akhe

Izikole ezinjalo ziyoba njengezingadi namapaki lapho
izingqondo zentsha zikhula futhi zichume khona. Othisha
kumele bakhethwe ngokucophelela futhi baqinisekiswa
ukuthi abazali nomphakathi babambisana. Lezi zikole
zizosiza ekwakheni abantu ngendlela ephumelela kakhulu.

Kumelwe kukhunjulwe ukuthi ukondliwa ngokomoya
komuntu ezigabeni zakhe zokuqala kunquma impilo yakhe
.kanye nekhono lokukhula kamuva

Izindlela zokuqeqesha ngokwengqondo nangokomzimba
ezisetshenziswa ezikoleni zanamuhla ngokungangabazeki
ziyazuzisa, kodwa azinaso isisekelo esingokomoya
Ngaphandle kokuthuthukiswa kobuntu obuhle, ukukhula
.ngeke kuphelele

Isayensi yokuthuthuka ngokomzimba, ngokwengqondo
nangokomoya kumele ifundiswe intsha enengqondo yayo
isethambile futhi iguquguquka futhi amandla ayo
.angakaqondiswa ngezindlela ezithile

Ngemva kokuqeqeshwa okuphelele, abafundi balezo
zikole kufanele bahlolwe njalo, futhi izitifiketi ezizotholwa
zizoba impilo enhle, idumela elihle, ukusebenza kahle,
ingcebo yezinto ezibonakalayo nezingokomoya, injabulo,
.impumelelo, kanye nokuzethemba

Imiphumela yokuhlolwa kokugcina ekupheleni kwalolu
hambo lwasemhlabeni izonqunywa ngokwesamba
sempumelelo yengqondo nengokomoya kanye nezitifiketi
ezitholwe ngesikhathi sokuhlolwa okungaphansi kukho konke
.ukuphila

Labo abaphumelelayo kulesi sivivinyo sokugcina
nesikhulu kakhulu bazothola isitifiketi esingcwele

futhi lapho siphendukela ngaphakathi kakhulu, kulapho sibhekana nobunzima bangaphandle obuncane. Kuyisilinganiso esiqhubekayo Kodwa abantu abaningi abaliqapheli leli qiniso ngenxa yethonya lobungani bezwe, umphakathi abahlala kuwo, kanye nemikhuba engemihle Umphakathi ugcina umuntu egxile futhi ematasa ngezinto ezingabalulekile, uvimbela umuntu ekucabangeni amaqiniso ajulile.

Ngisho nezindawo ezingokomoya zivakashelwa abanye ngaphandle kwesifiso sangempela sokuzuza esimweni sazo esibusisiwe, ngakho-ke abatholi lutho oluphawulekayo kulokho kuvakasha.

Noma ubani ofisa ukubona uNkulunkulu uzomthola yonke indawo Imikhuba yabantu iyabhubhisa, iyaphanga, futhi iyadla; iyabhubhisa, iyabhubhisa, futhi ibhubhise Sekuyisikhathi sokuba isintu sifunde ukuthi singajabula kanjani futhi saneliseke ngalokho esinakho Akufanele sifise lutho olungaphezu kwalokho okuza kithi UNkulunkulu uyaphana; Uyazi esikudingayo futhi ukuhlinzeka ngesikhathi esifanele Lokhu akusho ukuthi kufanele sithembele kuNkulunkulu ngaphandle kokwenza noma yimuphi umzamo Akusho nhlobo Kusho ukuthi kufanele senze ingxenye yethu ngokusemandleni ethu futhi sishiye okunye kuNkulunkulu, ongeke asiphuce lokho esikudingayo nesikufanele

Indlela engcono kakhulu yokujabula phakade ukuzwa ubukhona bukaNkulunkulu Isifiso sethu esikhulu kufanele kube ukwazi uNkulunkulu nokuzimisela ukuba naye. UNkulunkulu kufanele abe ngoyena ohamba phambili emicabangweni nasemizwa yethu, futhi kufanele simbheke njengensika enamandla kakhulu neqinile kakhulu ekuphileni kwethu.

(Ngakho-ke bambelelani entanjeni kaNkulunkulu, nifune isiphephelo kuye)

Ngoba uyinsika uma zonke ezinye izinsika zingaphumeleli kuwe

Sengiqaphele ukuthi injongo yokuphila kuphela ukwazi uNkulunkulu. Kukhona labo abangase bangakholwa ukuthi ukuthola uNkulunkulu kuwumgomo wokugcina wokuphila. Kodwa akekho ongaphele ukuthi injongo yokuphila ukuthola injabulo. Futhi ngithi ngokuqiniseka okuphelele nokuqiniseka ukuthi uNkulunkulu uyinjabulo yokugcina. Uyinjabulo ephezulu. Uluthando oluphelele, olujwayelekile. Uyinjabulo yaphakade engashiyi imiphefumulo yalabo abavumelana Naye. Ngakho kungani singalweli ukuthola leyo njabulo ephelele? Akekho omunye ongasinika yona. Kumelwe siyihlakulele futhi siyikhulise njalo ngaphakathi kwethu. Amandla emvelo alwela ngokungakhathali ukunikeza abantu injabulo yomhlaba, kodwa injabulo enjalo yesikhashana ekugcineni iholela ekuzisoleni, ebuhlungu, nasekuzisoleni. Ngisho nomuntu onenhlanhla enkulu, obonakala enakho konke, angase angajabuli ngempela. Ngeke baneliseke ngezinto zasemhlabeni isikhathi eside ngoba lezi zinto aziqedi ukoma kwabo kwangempela noma zanelise indlala yabo engokomoya.

Izinto ezibonakalayo zinikeza umuzwa wamanga wokuthula nokwaneliseka okudlulayo. Umhlaba wonke ugcwele ukudideka kanye nesiphithiphithi, uqhutshwa yizifiso zobugovu nobugovu ezizala impi Akukho okunye okudala impi

Iqhawe langempela empini yokuphila yilowo ozinqobayo futhi anqobe izifiso zakhe Imali, udumo, inkanuko, nakho konke okuphikisana nalesi simiso kulimaza ukuthula nenjabulo yethu Ukube abantu

bafunde ukucabanga njalo ngokwezindinganiso
zangempela zokuphila, bebezothola injabulo
abayifunayo, kodwa bayaphambuka enjongweni yabo
futhi bakhukhulwa umsinga wezifiso zasemhlabeni
Ngithole ukuthi akukho silingo esingangiphambukisa
endleleni engiyikhethile futhi engiyilandele mina.

Ngingakhanga izinkulungwane ngamandla
uNkulunkulu anginike wona, kodwa leyo ndlela ingaba
yingozi kimi. Kunoma ikuphi, angifisi ukukhanga
izinkulungwane futhi ngithumbe izingqondo zazo.
Ngifisa nje ukubona abafundi abaqotho beqinile
kuNkulunkulu. Labo abathanda uNkulunkulu
bazojabulela le mibono, futhi labo abashisekayo
bazozwa izibusiso zikaNkulunkulu kanye nokuba
khona kwakhe ngalezi zimfundiso.

Akunakwenzeka ngomuntu ukukhohlisa
uNkulunkulu, ngoba uhlala ekhona, azi
okusezingqondweni zabo nalokho abakufisayo. Lapho
belahla izwe futhi belangazelela ukuzwana
ngokomoya, uNkulunkulu uzofika kubo. Lapho leso
sifiso sigxila enhliziyweni yalowo olifunayo,
uNkulunkulu ufika kuleyo nhliziyo futhi ayigcwalise
ngobuhle nezibusiso. Okuwukuphela kwento efanele
ukuphilwa ukuba ngokuvumelana noNkulunkulu
nokuthola umusa waKhe. Lokho kuvumelana kumelwe
kube yisivumelwano saphakade kanye nesithembiso
esingenakuphulwa (labo abagcina isivumelwano
sikaNkulunkulu futhi abangasiphuli)

Wonke umuntu ufisa ingcebo eningi kunabanye
Ngisho noma beyithola, bahlala benganelisekile,
bethola ukuthi omunye umuntu ucebile Abantu
baphila odakeni losizi abalwenzile, beqhutshwa
yizifiso zabo Kumelwe saneliseke ngalokho esinakho
Impahla yezinto ezibonakalayo ayilethi injabulo;

**kunalokho, ivame ukukhulisa ukukhathazeka,
ukukhathazeka, nokukhathazeka**

**Indlela eya kuNkulunkulu iyindlela elula nelula,
kodwa bambalwa abayihambayo naphezu
kwemikhuba eminingi yenkolo kanye nemikhuba.
Kungcono ukuphendulela izinhliziyiyo zethu
kuNkulunkulu simcele ukuthi asinike okungcono
kakhulu nokuhlala isikhathi eside kithi. Eqinisweni,
uNkulunkulu usilindile ngoba ufuna ukusigcina kude
nobubi nengozi. Ufuna sibe Naye ezinhliziyweni
nasezingqondweni zethu ngoba izimpahla ezishibhile
zaleli zwe azikwazi ukwanelisa isifiso somuntu noma
ukugcwalisa isikhala esingokomoya esisizwa
ngaphakathi. UNkulunkulu uhlala ekhuluma nathi,
kodwa bambalwa abezwa izwi Lakhe. Lelo zwi elithule
livame ukuminywa umsindo wemicabango enomsindo
nezifiso ezisobala. Kodwa lapho imicabango iphela
futhi izifiso zizolile, sizwa izwi likaNkulunkulu
ngokucacile, yize lithule futhi libuthakathaka.
Ngempela, uNkulunkulu wenza konke ukusiza isintu,
evula iminyango futhi ekhanyisa izindlela ukuze
sibone lapho kufanele sinyathele khona, funa
sikhubeke noma sishelele. Kodwa abantu abaningi
abaliqapheli leli qiniso.**

**Angifuni abantu bacabange ukuthi bangathola
ulwazi ngokulalela abanye noma ngokufunda
izincwadi. Kumelwe basebenzise lokho abakufundayo
nabakuzwayo. Ukuya ezindaweni zokukhulekela
kungcono kunokuhlala ekhaya ulalele izingxoxo
ezingenamsebenzi. Kodwa ngisho nasezindaweni
zokukhulekela, umuntu kumelwe azizwele ubukhona
bukaNkulunkulu enhliziyweni yakhe futhi azi ukuthi
angabubona kanjani. Ukuqhuma kwemizwelo
nokuhlaziya okunengqondo akukwazi ukusinika ulwazi
imiphefumulo yethu elangazelela ukuluthola.**

Uma sizinikela kuNkulunkulu futhi sivalalisa ezifisweni zobugovu, futhi uma siqiniseka ukuthi uNkulunkulu uhlala enathi, ehlala emiphefumulweni yethu futhi esiphefumulela ngemicabango nemizwa emihle nehloniphekile, sizoba nenjabulo nenkululeko, futhi sizobona ukuphuma kokuhlakanipha emkhathizwe womphefumulo.

Cabanga nje! Emashumini eminyaka kusukela manje, ukuba khona kwethu kuzoba yiphupho, futhi konke esikwenzayo manje kuzoba yingxenye yalelo phupho Ngisho nabantu abakhulu kunabo bonke besintu bazoba yizinto nje zobuntu bokuqonda komuntu Kodwa labo bantu abakhulu bafinyelele umgomo wabo wokugcina ngoba bafinyelele ezingeni eliphezulu futhi bahlala bephila emoyeni, beqaphela ngokugcwele futhi beqaphela konke okwenzekayo, ngoba bamunye ekuqondeni kwaphezulu Noma ubani ozama ukuvumelana nabo ngemicabango nezimfundiso zabo nakanjani uzozizwa ukuba khona kwabo, athole izibusiso zabo, futhi azi ngokujulile ukuthi baxhumana nabo ngempela

Ukuphila kuyiphupho elikhulu Kodwa-ke, uma ubheka umzimba wakho manje futhi uwubona ugcwele impilo, uyaqiniseka ngokugcwele ngeqiniso laleli phupho Ucabanga ukuthi kufanele uthole lokhu noma lokho ukuze ujabule Kodwa kungakhathaliseki ukuthi ugcwalisa izifiso ezingaki, ngeke uthole injabulo ngazo Uma umuntu ethola okwengeziwe, kulapho umuntu efisa khona Izifiso kumele zihlungwe, futhi impilo ibe lula uma umuntu efisa ukuphila ngokunethezeka, ukuthula, nokwaneliseka kwangaphakathi

Imibhalo ithi umuntu onezifiso ezihlala zigeleza ngaphakathi (eya emphefumulweni wakhe) ungumuntu onokuthula kwangaphakathi okuphezulu.

Kulokhu, bafana nolwandle, olungashintshi noma lunciphe, kodwa luhlala lugcwele amanzi ageleza kulo ngokungapheli. Kodwa umuntu odala imigodi yesifiso echibini lokuthula kwakhe futhi avumele amanzi abalulekile ukuba avuza futhi achitheke akazi lutho ngokuthula okungokomoya nenjabulo yangaphakathi.

Sidinga isiqondiso kulabo abamaziyo uNkulunkulu, abanekhono lokukhulumisana Naye futhi abanomuzwa wokuba khona Kwakhe ngokuqonda. Abaprofethi basicele ukuba sifune uNkulunkulu ngokuthula kwangaphakathi, endaweni yodwa yomphefumulo lapho kuhlala khona umoya othembekile nenjabulo enkulu yokomoya. Abafundisi abakhanyiselwe baseNdiya nabo bayayisekela le mibono futhi bagcizelela ukubaluleka kokuzindla okujulile ukuze babone ubuNkulunkulu ekujuleni komphefumulo.

Konke okukhona kuwukudlidliza okufana namagagasi okuqondiswa yingqondo kaNkulunkulu. Lokhu kudlidliza okuhlakaniphile uMoya oNgcwele, noma uMoya othembekile, umuntu angaxhumana naye ngomthandazo nokuzindla.

Ekuthuleni komphefumulo wakho nasesigxotsheni sengqondo yakho egxile, uthando no-Absolute no-Infinite alupheli. Kodwa kunzima ukuthola uNkulunkulu uma siphishekela imali kuqala. Kumelwe senze uNkulunkulu abe yingxenye ebalulekile yezimpilo zethu, bese sithola konke esikudingayo kulokhu kuphila. Noma ubani owenza uNkulunkulu abe yindawo ehlala njalo enhliziyweni yakhe, uNkulunkulu uzobanika isabelo esiningi sezibusiso zomhlaba nezulu, futhi avule phambi kwabo imiphetho emikhulu lapho ilanga lokuhlakanipha likhanya khona, likhanyisela izindlela zabo futhi lixoshe ubumnyama obubazungezile. UNkulunkulu

**ungumthandi waphakade, futhi akukho injabulo
esintwini ngaphandle kwalapho sithanda uNkulunkulu
njengoba sithanda—okungenani—abathandekayo
babo abathandekayo, ngoba ngaphandle
kukaNkulunkulu, besingeke sazi ingqikithi yothando,
noma sibunambithe ubumnandi balo.**

**Kumelwe sifunde ukusebenzisa intando yethu
futhi sigxilise izingqondo zethu ekufuneni
uNkulunkulu ngezinhliziyiyo zethu zonke Izenzo
zabantu zilawulwa yizifiso, futhi le mikhuba ihlala
isiphoqelela ukuba senze lokho esingafuni ukukwenza
Ngempela, umuntu uyisitha sakhe, engazi. Akakwazi
ukuhlala phansi athule, futhi akanikeli isikhathi
kuNkulunkulu, kodwa ufisa injabulo nokungena
ePharadesi okuqinisekisiwe ngaphandle kokulibala.
Okuhlangenwe nakho okungcwele akunakufinyelelwa
ngokufunda izincwadi, ukulalela izintshumayelo,
noma ukwenza imisebenzi emihle. Konke lokhu
akungabazeki ukuthi kuyazuzisa, kodwa akwanele.
Ukufinyelela kuNkulunkulu kudinga ukugxila
ngokucophelela nokuzindla okujulile.**

**Kumelwe sifune umusa kaNkulunkulu kuqala
Asikwazi ukujabulisa wonke umuntu, ngoba lokho
akunakwenzeka Ngizama ukungacasuli muntu Ngenza
engingakwenza, futhi yilokho kuphela engingakwenza
Umgomo wami kuphela ukujabulisa uNkulunkulu
Ngisebenzisa izandla zami ukuthandaza
ngokuthobeka phambi Kwakhe, izinyawo zami
ukumfuna yonke indawo, kanye nengqondo yami
ukucabanga Ngaye nokuzindla ngezimangaliso Zakhe
UNkulunkulu kumelwe abe yindawo yokuqala
ezinhliziyweni zethu ukuze sikwazi ukumbona
njengokuthula, uthando, ukuqonda, umusa, uzwela,
nokuhlakanipha Lokhu, hhayi okunye, yilokho**

engizele ukuzofakaza ngakho futhi ngikhulume kini ngakho

Ngaphezu kokuzindla, umuntu kufanele abe nobudlelwano obuhle. Akufanele silandele abantu, kodwa silandele uNkulunkulu. Uma uthola inzuzo kule micabango, bheka njengesibusiso esivela kuNkulunkulu, ngoba lonke udumo lungolwakhe. Yabelana ngayo nabanye ukuze bathole kubo lokho okutholayo (Futhi ngokuqondene nomusa weNkosi yakho, khuluma ngakho) Futhi ungakhohlwa ukusiza othile nsuku zonke ngokwamandla akho. Uma nje ngisenayo imali ephaketheni lami, ngeke ngiyeke ukupha, ngoba umthombo wami ongapheli nogeleza njalo unguNkulunkulu.

Okokugcina, kumelwe simazi uNkulunkulu njengoba abakhulu benza. Lokhu kungenzeka ngokuzindla nangomzamo womuntu siqu

Ngesinye isikhathi, ngangihamba ngaphandle kwendlu yokuhlala, ngicabanga ngothisha wami omkhulu, uSri Yuktiswar, owayeshone eminyakeni embalwa ngaphambi kokuba ngizizwe ngimlangazelela kakhulu futhi ngidabukile ngokuthi wayengekho nami ukuze ngijabulele ubuhle nesimo sendlu yokuhlala. Ngokungazelelwe, wabonakala kimi evela esibhakabhakeni wathi, "Ucabanga ukuthi nguwe wedwa ojabulela le ndawo enhle? Nami ngiyayijabulela njengawe!"

Umfuni ofisa ukuhlangana noNkulunkulu kumele azame ngomkhuba wansuku zonke wokuzindla nokumthanda, nokwelula lolo thando kubo bonke Lena ukuphela kwendlela yokugwema ingxabano Ukubambisana ngokomoya kubalulekile Ngaphandle kwengokomoya langempela, akukho injabulo yomuntu ngamunye noma yonke indawo Ukuzwana okungcwele kuyisixazululo kuphela sazo zonke izinkinga

**zomzimba, zezimali, zomshado, zokuziphatha,
nezingokomoya**

**Injabulo ivela ekuzizweni useduze noNkulunkulu
Isintu sizibophe ngemigoqo yokungazi, futhi
sekuyisikhathi sokuphuma kuleli jele elihlazisayo
Ingqondo kumele iphendukele kuNkulunkulu njalo,
kungakhathaliseki ukuthi izimo zinjani, bese uzwa
ukuthula okukhulu nenjabulo**

**Labo abalangazelela uNkulunkulu futhi abanikela
ubukhona babo kuYe, bakhuthazane futhi
bakhanyiselane, futhi bakhumbule uNkulunkulu njalo,
yibo abajabulayo kuleli zwe futhi bangabanqobi
benjabulo yaphakade.**

Ukuthula makube phezu kwakho

Ikhethini lizophakama futhi liphume

Ngamunye wethu wenziwe ngomfanekiso kaNkulunkulu.

Savela kuMoya wakhe ongcwele, futhi ingqikithi yakhe ihlala
ngaphakathi kithi ngobumsulwa bayo bonke, inkazimulo,
kanye nenjabulo enkulu. Leli fa elingcwele liyingqaba
engenakuphikiswa. Ukuze umuntu azisole njengesoni,
ezulazula ezindleleni zesono, kungenye yezono ezinkulu
kunazo zonke. Ngoba ngokwenza kanjalo, uzilahla
ekusweleni usizo, ekuphelelweni yithemba,
nasekungakwazini ukuvuka nokukhuphuka. Kuyiqiniso ukuthi
umuntu angenza izenzo eziphambene nemithetho yemvelo
neyaphezulu, kodwa kufanele ashintshe inkambo
ngokushesha futhi aphendukele endleleni efanele.
Ngokwemvelo yakhe emsulwa, umuntu uyithempeli
elingcwele, futhi uMoya ongcwele uhlala ngaphakathi
.kwakhe

Kumelwe sikhumbule njalo ukuthi uNkulunkulu
usithanda ngokuphelele nangokungenamibandela. Kodwa

njengoba esinike ithuba lokusondela kuYe noma ukumfulathela, ulindele ukuba siveze isifiso sethu sothando .IwaKhe ngaphambi kokuba eze kithi Ngesinye isikhathi ngezwa izwi lakhe lihleba ngesikhathi sokuzindla: “Uthi anginawe, kodwa awuzange ubheke ngaphakathi Angikaze ngikushiye ngisho nomzuzwana Ngena ethempelini lomphefumulo uzongibona Ngoba ngihlala ngilapha, ukukwamukela nokukubingelela ”ngesibingelelo sothando lwaphezulu Ubuqotho obujulile bubalulekile endleleni yokomoya. Ebumsulweni naseqinisweni, ukusa komphefumulo kuyavela

Ukuhlakanipha kwethu njengabantu akulutho uma
kuqhathaniswa noNkulunkulu. Okuwukuphela kwendlela
esingasondela ngayo kuYe ukumnika uthando oluhlangezile
.olufanayo asinika lona
Wonke umuntu ekugcineni uzothola insindiso, kodwa
labo abahlulekayo endleleni bawela egodini lokunganaki
Ukunganaki kusivimbela ekuqapheleni ukubaluleka
okubalulekile kokuthola uNkulunkulu njengamanje, kulo
mzuzu iplanethi yethu enkulu uMhlaba, entanta emkhathini,
kanye nobuntu bethu, asinikwanga ukuba sichithe iminyaka
embalwa lapha bese sinyamalala sibe yize Kunalokho,
senzelwe ukuzindla ngokujulile nokuqonda imfihlakalo
yokuphila Ukuphila ngaphandle kokuqonda injongo yokuphila
kuwubu-wula, ubuwula, nokuchitha isikhathi Izimfihlakalo
zokuphila zisizungezile nhlangothi zonke, futhi uNkulunkulu
usiphe ukuhlakanipha ukuze sithole izixazululo zazo
Ekufuneni kwami uthando oluhlala njalo, ngaqaphela
ukuthi uNkulunkulu ungithandile ngazo zonke izindlela
engingazicabanga. Ungithandile njengomama, ubaba,
nomngane
Ngifune lowo mngane waphakade kunabo bonke
,abangane

Futhi mayelana nalowo mthandi omkhulu engimbona
manje ekhanya kuzo zonke izinhlobo zobuso nobuso
obunothando Lowo mngane ongcwele akakaze angidumaze,
futhi akakaze angidumaze

UNkulunkulu ungemuva kwakho konke okukhona
Kufanele sihloniphe futhi siphathe abazali bethu ngomusa,
kodwa kumelwe simthande uNkulunkulu ngayo yonke
inhliziyi yethu nemiphefumulo yethu Kumelwe siqaphele
ukubaluleka kokuxhumana okubalulekile naye, ngaphandle
kokuchitha isikhathi esengeziwe

Uma silele, asazi ukuthi sizovuka noma cha. Sishiya
lomhlaba ngamunye ngamunye. Kodwa lo mcabango
akufanele ubangele ukukhathazeka. Uma sifa, sibizelwa
ukuzalwa kabusha emhlabeni, siqale impilo entsha kusukela
.lapho sagcina khona kulo mhlaba

Ngibona impilo njengokwakheka nokuqedwa
kwamagagasi ebusweni bolwandle. Igagasi lomuntu
liyaphakama ebusweni bolwandle lwaphezulu lapho lizalwa,
futhi ekufeni, lihlala enhliziyweni kaNkulunkulu. Ngiliqondile
leli qiniso futhi ngiyazi ukuthi angikaze ngife ngempela,
naphezu kokufa komzimba. Ngoba noma ngabe ngiphumule
olwandle lomoya waphezulu noma ngivukile emzimbeni
wenyama, ngimunye nolwandle lwasezulwini. Leyo njabulo
enkulu ayinakutholakala emhlabeni. Ngesikhathi esifanayo,
asikho isidingo sokubalekela ehlathini sifuna injongo.
Singamthola uNkulunkulu kuleli hlathi lokuphila kwansuku
.zonke—ekujuleni komhume wokuthula

Abantu bangenza amaphutha amaningi, kodwa
babunjwa ngomfanekiso womoya waphezulu UNkulunkulu
wadala leli zwe elikhohlisayo lezinjabulo zasemhlabeni
ngenhloso eyodwa kuphela: ukuze isintu siqaphele ukuthi
kuyidrama nje yendawo yonke, silahle imibono ekhohlisayo,
futhi sithande uNkulunkulu yedwa Leli yiqiniso, futhi ngeke
kube ngenye indlela Kungani uNkulunkulu asidalele ukuba
sithande amalungu emindeni yethu ukuze nje awabone

esishiya ngamunye ngamunye? Lezi zenzakalo zenzeka
ukuze zisenze siqaphele ukuthi nguNkulunkulu osithanda
ngempela, ngaphezu kwabo bonke esibathandayo
Impilo iwuchungechunge lwezithombe ezinyakazayo,
kodwa leli qiniso kunzima ukuliqonda ngoba imibono
ekhohlisayo ibonakala ingokoqobo kanti amaqiniso
abonakala njengemibono ekhohlisayo. Umhlaba
uyanyamalala engqondweni yethu njalo ebusuku njengoba
silele, mhlawumbe ukuze siqonde ukuthi indawo yonke
.ebonakalayo ayiyona yangempela
Lesi sifundo sokulala asizile ukusesabisa, kodwa
ukusenza silangazelele iqiniso likaNkulunkulu Akukho
okunganelisa umphefumulo ngaphandle kukaNkulunkulu
nothando lwaKhe UMoya kaNkulunkulu uyiqiniso
elingenuqhathaniswa Akukho into engeyona engokoqobo,
futhi okungokoqobo akunakuba okungokoqobo
Abahlakaniphile bayaqonda leli qiniso elikhazimulayo
Sekudlule iminyaka eminingi yempilo yethu, futhi kusele
iminyaka, amasonto, izinsuku, namahora kuphela Kungani
sichitha isikhathi ezintweni ezingasizi ngalutho? Kufanele
sifise ukuxhumana noNkulunkulu imini nobusuku, futhi sibe
qotho ngokuphelele kulesi sifiso ngaphambi kokuba isikhathi
esibekiwe sokuphila siphele futhi sishiye lo mhlaba
.ngaphandle kokufeza lutho oluphawulekayo
Ngaleso sikhathi, ngabona ukukhanya okukhulu
kukaNkulunkulu okumboze yonke indalo. Yeka injabulo
!enkulu! Yeka ukukhanya okumangalisayo
Nkulunkulu wami, ngiyakubonga futhi ngiyakhothama
kuwe ngalezi zibusiso eziningi zokuzwa ubukhona bakho
Izibusiso kuwo wonke umuntu ngendlela efanayo, ukuze
siqaphele ukuthi Wena uyiqiniso eliphelele endaweni yonke
nokuthi Wena ungumgomo wethu wokugcina, okungekho
.omunye umgomo ngaphandle kwawo
Kumelwe simthande futhi sikhulume naye njalo
ngomzuzwana wokuphila kwethu—emsebenzini

nasekuphumuleni, ekuhambeni nasekuthuleni—ngokunxusa
okujulile nokulangazelela okukhulu. Khona-ke sizobona
isihengo sokukhohlisa siphakama futhi sinyamalala.
UNkulunkulu unathi kuyo yonke imizuzu yokuphila kwethu.
Labo abacabanga futhi bavumelane Naye bambona ebuhleni
bezimbali, ubuhle bemiphefumulo enomusa, imizwa emihle
nehloniphekile, kanye namaphupho amahle. Ekugcineni,
uzophuma ngemuva kwezihengo ezijiyile ukuze athi kubo
:bonke abafuna ngobuqotho
Sesihlukene isikhathi eside ngoba bengifuna unginike"
uthando lwakho ngokuzithandela. Ngakudala ngomfanekiso
wami, futhi ngalinda waze wasebenzisa inkululeko yakho
".wanginika uthando lwakho ngokuzithandela kwakho
Kumelwe sicele uNkulunkulu ukuba asiphe isipho
saphakade nesihlala njalo sothando lwakhe olungcwele
Kodwa ubani ongathola loNkulunkulu onothando ngaphandle
komzamo? Uma usebenzisa amaphesenti angu-25 omzamo,
okusele kuncike kuNkulunkulu kanye nomqondisi wakho
ongokomoya angiziceli lutho mina, ngoba lonke udumo
lungolwaNkulunkulu, umthombo wabo bonke ubuhle nomusa
Kwangathi umusa waKhe ungahamba nawe, ukuqaphela
kwaKhe kube nawe, futhi kwangathi ungabona ubukhulu
bokuba khona kwaKhe ngaphakathi kuwe nakuzo zonke
izindawo ezikuzungezile
UNkulunkulu akasiphenduli ngokushesha ngoba
singabaza ukubonisa ukuthi simfisa kangakanani. Akufanele
sesabe ukusondela kuYe, kodwa kunalokho simbheke
njengowethu, oThandekayo wethu, futhi simfune
ngokungapheli ngemicabango yethu, izenzo, izinhliziyiyo,
kanye nezingqondo zethu, futhi sizomthola eyisiphephelo
esikhulu kunazo zonke sokuphepha nokuthula kulokhu
.kuphila
Nkosi, ngikunikeza lesi sixha semiphefumulo emihle,
ukuze ihlobise ithempeli lobukhona bakho. Phelezela
lemiphefumulo, engumndeni wakho nabathandekayo bakho.

Sihlabelela igama lakho elibusisiwe. Susa ubumnyama
bokungazi ngokukhanya kwakho okungcwele. Susa
ubumnyama ezingqondweni zethu ngokukhanya
okukhanyayo, okungenamkhawulo kobukhona bakho.
Singabakho, kungakhathaliseki ukuthi izimo zethu zinjani.

Ziveze kithi, Nkosi yoBukhosi kanye neSipho. Busisa
ngamunye wethu. Yamukela ukunyenyeza kwemicabango
yethu elangazelelayo kanye nokushaya kwenhliziyo yethu
enothando. Kuwe sinikeza lonke uthando, udumo, kanye
nokulangazelela, ngoba wena ungoThandekayo wethu nakho
.konke esinakho kule ndawo yonke

Sibusise ngomusa wakho Bhidliza izindonga zesifiso
ezisihlukanisa nawe Yiba yiNkosi yaphezulu ehlezi
esihlalweni sobukhosi phezu kwazo zonke izifiso zethu
Kwangathi ukukhanya kwenkazimulo yakho kungasakazeka
emhlabeni wonke Sibusise sonke Sigcwalise ngephunga
lobukhona bakho Futhi masiqaphele njalo ukuthi ubulokhu
unathi, Unathi manje, futhi uzoba nathi kuze kube phakade
Siyakubonga ngomusa nothando olunike abalandeli
bakho abazinikele abalangazelela ukuba seduze kwakho
futhi abalinde ngokulangazela ukuba khona kwakho.
Sithemba ukuthi iqembu labafundi bakho lizokhula ukuze
sikwazi ukugubha ubukhona bakho obubusisiwe futhi
.sijabule ngokuba seduze kwakho

Sibusise ukuze sivule izinhliziyi zethu komunye
nomunye futhi sihlanze izinhloso zethu, ukuze sifanelekele
ukuvikelwa nokunakekelwa nguwe. Ziveze, ngaphakathi
nangaphandle. Sihlanganise sonke, futhi ngokukhanya
kwalobo bunye, masiqaphele ukuba khona kwakho
.okuyingqayizivele

Ngobuqotho bezinhliziyi zethu ezihlangene kanye
nokulangazelela kwemiphefumulo yethu evumelanayo,
siyakhothama phambi Kwakho, sifuna usizo Lwakho,
isiqondiso, kanye nokuqaphela njalo ukuba khona Kwakho
.emiphefumulweni yethu

Kwangathi umlilo wothando waphakade ungavutha
ngokukhanya ezinhliziyweni zethu, futhi kwangathi
singakuzwa ukusondela Kwakho kithi manje naphakade,
!Nkosi yethu, O Sithandwa sethu

Isifiso esiphakeme kanye nama-capsule engqondo
Inkulu inkazimulo kaNkulunkulu Ungumongo
weqiniso futhi angatholakala kulokhu kuphila
Ezinhliziyweni zabantu kunemithandazo eminingi
kanye nokunxusa: imali, udumo, impilo—imithandazo
yazo zonke izinhlobo Kodwa umthandazo okufanele
ube ngowokuqala nowokuqala kuzo zonke izinhliziyiyo
uwukuzwa ubukhona bukaNkulunkulu Njengoba
sihamba ezindleleni zokuphila ngokuthula
nangokuqiniseka, kumelwe siqaphele ukuthi
uNkulunkulu ungumgomo wokugcina ongasanelisa
futhi ugcwalise izifiso zethu, ngoba kuNkulunkulu
kukhona impendulo yazo zonke izifiso zenhliziyo

Uma ungakwazi ukufeza isifiso ngemizamo yakho,
uphendukela kuNkulunkulu ngomthandazo Ngakho-
ke, yonke inkuthazo oyishoyo yembula isifiso
esifihliwe ngaphakathi Kodwa uma uthola
uNkulunkulu, zonke izifiso ziyanyamalala, futhi zonke
izifiso ziyagcwaliseka

Izifiso zezwe zivela emibonweni eyiphutha
mayelana nenjongo yokuphila Lo mhlaba awusilo
ikhaya lethu langempela Imibhalo isitshela ukuthi
singabakaNkulunkulu, ukuthi sidalwe ngomfanekiso
waKhe, nokuthi intando yaKhe iwukuba sibuyele
endaweni yethu yaphezulu Lokho isintu esihluleka
ukukuqaphela ukuthi ngaphandle kokuba sibuyele
emthonjeni waso waphezulu, sizophoqeleka ukuba
sizabalaze ukuze sigcwalise izifiso ezingenakubalwa
Cabanga ngalokho! Kuyiqiniso ukuthi abantu
abanakuzibamba ngaphandle kokuba nezifiso, futhi

akukho lutho olungalungile ngokuba nazo Nokho, izifiso eziningi zabantu zivimbela ukugcwaliseka kwesifiso sokugcina sokubuyela kuNkulunkulu Ngakho-ke, zilimaza injabulo yabantu Ngaphandle kokuba isintu sifise uNkulunkulu futhi simthole, sizoghubeka sivutha ngokulangazelela noma yini esicabanga ukuthi izosilethela injabulo Kodwa ukugcwaliseka okusheshayo kwazo zonke izifiso kuza ngokuzenzakalelayo kulabo abathola uNkulunkulu

Kunezinhlobo ezimbili zezifiso: lezo ezisisiza sithole uNkulunkulu, kanye nalezo ezisivimbela ekumtholeni. Isibonelo, uma othile ekona, ungase uzizwe unesifiso sokuziphindiselela. Kodwa-ke, uma unqoba lesi sifiso ngokusebenzisa amandla aphezulu futhi amukelekayo othando, uzobe usebenzise lona kanye ithuluzi elizokusiza uthole uNkulunkulu. Zonke izifiso kufanele zigcwaliseke ngendlela enhle, ngoba lapho zigcwaliseka ngezindlela zezwe, izifiso ziyanda, kanye nezinkinga nokuhlupheka. Uma sifunda ukunikela zonke izifiso zethu kuNkulunkulu, uzosebenza ukuze agcwalise izifiso zethu ezinhle futhi aqede lezo ezilimazayo nezibhubhisayo. Akukho sivikelo esikhulu kunonembeza omsulwa, futhi akukho sivikelo esingcono ekushayweni yimpilo kunokuba nezifiso ezinhle neziphakeme.

Uma siqaphela ukuthi umfanekiso ophelele kaNkulunkulu uhlala ngaphakathi kithi, zonke izifiso zethu ziyagcwaliseka Kulokho kuqaphela okungcwele, okudlula yonke ingcebo yasemhlabeni nengcebo, ngeke unyakaziswe noma ngabe unikezwa umhlaba wonke. Udumo ngeke lufake ukuziqhenya kuwe, futhi ngeke lukusole ngokukulimaza, ngoba uzonambitha injabulo kaNkulunkulu ngaphakathi kuwe, futhi lokho kuzoba yinto ebaluleke kakhulu empilweni yakho.

Kufanele sicele isiqondiso sikaNkulunkulu kuqala emizamweni yethu yokufeza izifiso zethu ezisemthethweni, futhi leyo yindlela engcono kakhulu yokuthola izimpendulo zayo yonke imithandazo yethu. Kodwa ukunxusa kumelwe kususwe emthandazweni. Indlela endala yokuthandaza kumele ishintshe, futhi kumelwe siphendukele kuNkulunkulu ngokuthembela okuphelele nokholo olungenakunyakaziswa lokuthi uyasizwa futhi uzosinika izicelo zethu. UNkulunkulu akafuni silahle intando yethu—ngisho nalapho sithandaza kuYe—ngoba leyo ntando iyisipho esiyigugu kakhulu esisithole esandleni saKhe somusa, ilungelo elingcwele ayehlose ukuba silithole kusukela ngesikhathi sokudalwa kwethu.

Ngokwemvelo, umuntu kumelwe ahlukhanise phakathi kwemithandazo nezifiso ezinengqondo nezingenangqondo. Khumbula ukuthi isifiso singamandla; uma unamathela esifisweni—kungakhathaliseki ukuthi sihle noma sibi, sizuzisa noma silimaza—futhi ucabanga ngaso imini nobusuku, sizogcina sigcwalisekile. Ngakho-ke, umuntu kufanele aqaphele futhi agweme ukugcina izifiso ezilimazayo, ngoba zizogcwaliseka futhi zizoletha umonakalo omkhulu kanye nosizi olukhulu.

Ngokuhamba kwesikhathi, uzothola ukuthi noma izifiso zakho zigcwalisekile, inhliziyo yakho ihlala ingenalutho, futhi uzobhekana nokuhlubuka kwangaphakathi Cabanga ukuthi uhlelo lwakho lokugaya ukudla lubuthakathaka, kodwa ufisa ukudla okuthosiwe Yiqiniso, uzozwa ubuhlungu njalo uma ukudla, naphezu kwenjabulo oyitholayo ngenkathi uzitika Ngakho-ke, uzozizwa sengathi wenze iphutha Ukuhlakanipha kuyala ukusebenzisa ukuqonda ukuhlukhanisa phakathi kwezifiso ezinhle nezimbi, futhi uma lokhu sekufeziwe, lezo zifiso ezingalungile

akufanele zigcwaliseke Abantu banamandla
angaphakathi okuqonda futhi kufanele
bawasebenzise njalo, begondisa izimpilo zabo
ngokwemiyalelo kanembeza, okuyizwi likaNkulunkulu

Izifiso ezingagcwaliseki zihlala enhliziyweni.
Yikuphi ukulimala okukhona ngokuzigcina lapho?
Nansi impendulo:

Zonke izifiso zakhiwe ngamandla athile: okuhle
noma okubi, noma kokubili Lapho umuntu efa—
kwangathi uNkulunkulu angaba nomusa kuye—la
mandla awafi naphezu kokubola komzimba.
Kunalokho, ahambisana nomphefumulo nomaphi
lapho uya khona ngesimo sama-capsule angokomoya
agxilile. Lapho umuntu ezalwa kabusha esesimweni
esisha sokuzalwa, la ma-capsule noma amaphilisi
engqondo abonakala njengokuthambekela
kokuziphatha. Ngakho-ke, umuntu oshonile
eyisidakwa uletha ukuthambekela kotshwala lapho
ezalwa kabusha, futhi lokhu kuthambekela
kuyaqhubeka kuze kube yilapho engoba ukunxanela
utshwala. Lokhu kusebenza nakwezinye izinto.

Ngisho nezingane ezincane kakhulu zibonisa izici
ezitholwe ekuphileni kwangaphambilini Ezinye
izingane zihlushwa ukucasuka okukhulu Abanye
banentukuthelo embi Yiqiniso, uNkulunkulu
akazidalanga ngale ndlela Izifiso ezingagcwaliseki
zokuphila kwangaphambilini ziye zabumba lezi
zindlela zengqondo, futhi ngenxa yazo, umphefumulo
ubonakala ungajwayelekile, yize udalwe
ngomfanekiso kaNkulunkulu omsulwa Uma
umfanekiso kaNkulunkulu uphambukile ngaphakathi
komuntu kulokhu kuphila, kungaba ngentukuthelo,
ukwesaba, noma inkanuko, futhi lezi zimfanelo
zinganqotshwa manje, khona-ke zizozalwa kabusha
nazo (noma zizozalwa kabusha nazo), zithwele

umthwalo walezi zindlela ezidabukisayo kuze kube yilapho zizingoba kulokhu noma esikhathini esizayo sokuzalwa. Akukho ukuphunyuka kuzo kuze kube yilapho zinqotshwa.

Ngakho-ke, kungcono ukugcwalisa zonke izifiso manje noma ukuzingoba

Indlela engcono kakhulu yokususa izifiso ezinjalo unomphela iwukuzizwa injabulo enkulu yaphezulu. Ngaphandle kwalokho, lezi zifiso ezicindezelwe kanye nezifiso ezingagcwalisekanga zizohlupha futhi zihluphe umphefumulo.

Umuntu kumele aqaphele, ngokuqonda nokuhlakanipha, ukuthi uNkulunkulu kuphela okwazi ukunikeza injabulo emsulwa nehlala njalo

Esikhathini esiningi, izifiso zihlala zifihliwe entweni engazi lutho. Ungase ucabange ukuthi seziphelile, kodwa aziphelile; lokhu kungenye yezimfihlakalo zokuphila, okuyimfihlakalo enkulu ngokwayo.

Kodwa imfihlakalo iyanyamalala lapho sihlaziya impilo futhi sicabanga ngencazelo yayo Uma ubungahlala buthule isikhashana nsuku zonke uzihlale, uzothola ukuthi unezifiso eziningi ezingagcwalisekanga. Lezi zifiso zifana namagciwane abulalayo umuntu awaphatha nomaphi lapho eya khona, kokubili kulokhu kuphila nakwelandelayo.

Indlela engcono kakhulu yokuqhubekela phambili ukuqonda—ngokukhetha okuhlakaniphile—izifiso ezilimazayo kulokhu kuphila bese ugxila emizamweni yakho ekugcwaliseni izifiso zakho ezinhle Uma uzizwa unesifiso sokuzibulala noma sokwenza noma yini engalungile, kumelwe ulahle leso sifiso manje Ziqinisekise, ngomcabango nangezenzo, ukuthi unenhlansi yobuNkulunkulu emphefumulweni wakho, futhi ukhumbule ukuthi wadalwa ngomfanekiso

woMninimandla onke, ngakho-ke unamandla okudlula imvelo yakho nemikhuba yakho

Unganamatheli kakhulu ezintweni zokunethezeka kodwa ungabi nandaba nezifiso, futhi uzoyinqoba impi yokuphila Uma uhlushwa ubuhlungu obungapheli, zama ngangokunokwenzeka ukuzihlukanisa nokuqwashisa ngokomzimba Ngokuqonda, unganqoba izinzwa Ukuqonda okuhlakaniphile kungumlilo oshisa izifiso ezilimazayo nezifiso ezibhubhisayo, uzishintshe zibe umlotha

Kungumkhuba ovamile ukuthi abantu bagcine izinto ezindala, ezigugile, nezingadingeki ekhoneni lendlu, futhi bahlanze indlu ngezikhathi ezithile Ngokufanayo, ekhoneni lengqondo yakho engaphansi kwengqondo kulele izifiso eziningi ezinomonakalo ocashile, ezingakubangela inkinga enkulu ngolunye usuku uma ungazixazululi kahle.

Ukuzihlaziya kubalulekile endleleni engokomoya Ungase ube nenzondo, ucasuke, noma usheshe ukuthukuthela Uma kunjalo, lezi zici ezigcinwe engqondweni yakho ziwumphumela wezenzo zakho zesikhathi esidlule Ukuze uhlanze ingqondo yakho kule fenisha echithekile, egugile, kufanele uqale ngezenzo ezinhle nezakhayo futhi uhlakulele uthando ngabanye Lapho ubathanda kakhulu abantu, kulapho nabo bezokuthanda khona, futhi uzoluzwa uthando lwabo Kodwa uma ubagxeka, ngisho nakuwe, bazokuzwa lokho kugxekwa futhi bakubuyisele kuwe kukhuliswe!

Ake sithi isitha esidala sesifile, kodwa usamthukuthelele futhi usamzonda. Uzohlupheka ngenxa yalobu buhlungu, futhi imiphumela yalo elimazayo izobonakala emzimbeni nasengqondweni yakho. Kungcono ukumthethelela ngenxa kaNkulunkulu, ngoba ngokwenza kanjalo,

uzozikhulula ezifisweni ezimbi zokuziphindiselela ezibhubhisa ukuthula kwengqondo yakho futhi zichithe ukuthula kwakho. Ukunqwabelanisa inzondo phezu kwenzondo, noma ukuphendula ebutha ngenzondo, akugcini nje ngokukhulisa ubutha besitha sakho kuwe kodwa futhi kungcolisa umzimba wakho nemizwa yakho ngenxa yalokho. Ngakho thethelela ngokuthethelela okuhle.

Ngezikhathi ezithile, umuntu kumelwe ashiye konke ukuze abe yedwa, ukuze azindle ngenjongo yokuphila Abantu abaningi banamathele emasikweni nasezimfashinini. Eqinisweni, abakaze baphile izimpilo zabo, kodwa kunalokho baphile izimpilo zomhlaba. Yini abayifezile, futhi baphelelephi?

Ngakho-ke, kuwukuhlakanipha ngomuntu ukuthi ngezinye izikhathi azisuse emisebenzini yansuku zonke kanye "nemisebenzi" ukuze azole ukukhathazeka kwengqondo yakhe futhi azame ukuqonda umongo wayo futhi anqume umgomo afuna ukuwufinyelela.

Khumbula ukuthi ubufakazi obukhulu kakhulu ongabuthola yilobo bonembeza wakho: izwi lomphefumulo wakho elingenaphutha nelingenaphutha Lokho unembeza wakho okukutshelayo ukuthi ungubani ngempela, ngaphandle kokuhlobisa noma ukufihla

Cabanga ngamandla kaJesu Kristu owathi, “Baba, bathethelele, ngokuba abazi ukuthi bangakwenza kanjani lokho abangakwaziyo”

Futhi cabanga ngoMprofethi omkhulu owathi: “Angikutsheli yini ukuthi yini ephakamisa isikhundla somuntu?” Bathi: “Yebo, O Sithunywa sikaNkulunkulu” Wathi: “Bekezela kulowo ongazi lutho ngawe, mnike lowo okugodlelayo, gcina

ubuhlobo nalowo onqamula ubuhlobo nawe, futhi uthethelele lowo okuphambanisayo."

Ukulalela izwi likanembeza wakho okhanyiselwe kuzoletha ukukhanya endleleni yakho kanye nesibusiso empilweni yakho Uma uzizwa unesifiso esinamandla enhliziyweni yakho sokugcwalisa isifiso, sebenzisa ukuqonda kwakho bese uzibuza: "Ingabe yisifiso esihle noma esibi engifuna ukusigcwalisa?"

Ziningi izinto ezikhuthaza izifiso zabantu Uma umuntu ebona imoto entsha, ufuna ukuba nemoto efana nayo Uma ebona indlu entsha yesitayela, ufuna ukuba nemoto efana nayo Umkhuba omusha wemfashini uyathandwa, futhi abantu bafisa ukuthenga nokugqoka lesi sitayela!

Zivelaphi izifiso? Ngichithe amahora amaningi ngicabanga ngalokhu Ungakwazi yini ukuhlukanisa zonke izifiso zakho? Ngikwazile ukuzihlela zonke futhi ngigcine ezinhle kuphela. Futhi lapho ngithola ukuhlangana kwaphezulu, ngathola ukuthi zonke izifiso zami ezinhle zagcwaliseka ngesikhathi esisodwa Namuhla ufisa okuthile, futhi kusasa umphefumulo wakho ulangazelela okunye Inggondo yakho, evela kuNkulunkulu uSomandla, ayikwazi ukwaneliswa yizimpahla zaleli zwe, futhi ngeke ikwaneliseke, ngoba, mngane wami othandekayo, ulahlekelwe yingcebo eyigugu kakhulu neyigugu yomphefumulo wakho, okunguye yedwa onamandla okwanelisa isifiso sakho nokufeza izifiso zakho. Leyo ngcebo elahlekile nguNkulunkulu.

Kuyiqiniso ukuthi kunezifiso ezinhle noma ezidingekayo, nokuthi kufanele usebenzele ukuzigcwalisa Kodwa ngenkathi uzama ukugcwalisa izifiso zakho ezincane, ungakhohlwa ukugcwalisa isifiso sakho esikhulu kuNkulunkulu kuqala. Ukuqiniseka ukuthi izifiso ezincane nemisebenzi

kumele kugcwaliseke kuqala kuyinkohliso futhi kuyinkohliso. Ngisakhumbula ekuqaleni kohambo lwami olungokomoya ukuthi ngangihlehlisa izinto futhi ngangingazindli njalo, yize ngangizitshela ukuthi ngizozinika isikhathi salokho. Kwadlula unyaka wonke kanje ngaphambi kokuba ngiqaphele ukuthi angizange ngikugcwalise lokho engangizithembise khona. Ngazifungela ngokushesha ukuthi into yokuqala engizoyenza ekuseni kwakuwukugeza bese ngizindla ngoNkulunkulu. Imisebenzi yansuku zonke yayiminingi ngaleso sikhathi, futhi kwakungelula ukuyibalekela, ngisho nangesikhashana. Ngakho-ke, nganquma ukwenza imisebenzi yami engokomoya kuqala. Ngakho-ke, ngafunda isifundo esikhulu : umsebenzi wami kuNkulunkulu uza kuqala, futhi yilapho kuphela lapho nginakekela khona eminye imisebenzi engabalulekile kangako.

Kungani uNkulunkulu kufanele avulele isintu amasango aphakade uma isintu sibeka phambili eminye imisebenzi kanye nokucatshangelwa kunoNkulunkulu? UNkulunkulu ubeke amaphiko angokomoya ngaphakathi kwethu futhi ulindele ukuba sikhuphukele ezindaweni zomoya La maphiko ayizifiso zethu ezingokomoya, imicabango yethu ephakeme, kanye nokulangazelela kwethu okuqotho umthombo wethu waphezulu

Masifune uNkulunkulu kuqala Akuhlakaniphile ukunikeza ukubaluleka okukhulu emisebenzini yasemhlabeni, ngoba u-Azrael angabiza umphefumulo nganoma yisiphi isikhathi, bese yonke imisebenzi, izibopho, ukukhathazeka, kanye nezibopho kuzophela futhi kuphele unomphela Ngakho kungani ubambelele kangaka ekuphileni?

Umuntu ucabanga ukuthi ujabulela ukulondeka nokuthula kwengqondo, bese ngokuzumayo

**elahlekelwa othandekayo, noma elahlekelwa impilo
yakhe noma umsebenzi wakhe, bese ukulondeka
nokuthula kwengqondo kuyaphela!**

**Yeka ukuthi uthando lwami ngomama
lwalulukhulu kangakanani! Bengicabanga ukuthi
uzohlala enami, kodwa ngokuzumayo ngathola ukuthi
wayengishiyile ngiseyingane! Akufanele sesabe
ukufa, kodwa kufanele sikulungele.**

**Ukuphila akusikho lokho okubonakala sengathi
Ungabeki ithemba lakho kukho, ngoba
kuyashintshashintsha, kuyakhohlisa, futhi kugcwele
ukudumazeka namathemba aphukile Ukuphelela
akutholakali lapha Angifuni ukukunikeza isithombe
esingokoqobo sempilo Leli zwe alilona ipharadesi
Liyindawo yokucwaninga yaphezulu lapho
uNkulunkulu ehlola khona imiphefumulo ukuze abone
ukuthi izonqoba yini izifiso ezimbi ngobuhle futhi
imenze Yena—okungukuthi, enze uNkulunkulu—isifiso
sayo esikhulu, ukuze ibuyele embusweni Wakhe**

**Ukuphila kugcwele zonke izinhlobo zezinhlekelele
namahlaya, izinhlekelele kanye nenjabulo
Kuyindwangu enkulu, eshintsha njalo, futhi ephilayo
yezinhlobo ezingenakubalwa Azikho izinto ezimbili
ezifanayo ncamashi Ukuphila komuntu ngamunye
kuhlukile Umuntu ngamunye unezici ezahlukene,
indlela yokucabanga ehlukile, kanye nezifiso
ezahlukene Ukube besibhekene novivinyo olufanayo
nsuku zonke, besizokhathala futhi sikhathale Ngisho
nePharadesi, ukube belingahlala lifana,
belizolahlekelwa ukukhanga kwalo Sithanda
ukuhlukahluka kanye nokwehlukahluka Umqondo
wendabuko ovamile wePharadesi awulungile neze
Ukube belingadina ngempela, abangcwele kanye
namadoda angcwele kaNkulunkulu ngabe
bathandazele ukubuyela eMhlabeni ukuzozijabulisa !**

IPharadesi lihlala livuselelwa ngendlela ejabulisa kakhulu, kuyilapho uMhlaba uvame ukuvuselelwa njalo, kodwa ngendlela eyisicefe nengathandeki

Nokho, naphezu kokuthi impilo iyakhathaza futhi inzima, abantu abaningi bayayijwayela, bekholelwa ukuthi ayikho enye indlela yokuphila. Abakwazi ukuqhathanisa lokhu kuphila nokuphila okungokomoya, bayahluleka ukuqaphela ubukhulu bobuhlungu nokukhathala okufihliwe ngaphakathi kwaleli zwe.

Eqinisweni, impilo ayiyona into yangempela Kumane nje kuyizinto zokuzijabulisa, akukho okunye Njengoba amafilimu amadala ekhishwa kabusha ngokuphindaphindiwe, kanjalo nezenzakalo ezindala ezifanayo ziyaziphinda ngezindlela ezahlukene. Naphezu kokuqhubeka kokuphila okungapheli, izindikimba ezifanayo ezethulwe kumafilimu adlule ziyaphindwa ngokulandelana. Ngempela, umlando uyaziphinda, futhi abantu bamane bayizingcweti eminyuziyamu yesikhathi.

Ukuvumela impilo iveze izimanga zayo, yamukele ngenjabulo, ngobuqotho, nangokuhlukana, ingathinteki imizwa, njengokungathi ubuka i-movie Ukuhleka okusuka enhliziyweni kuyindlela enhle yokwelapha zonke izifo zabantu

Kumelwe ubhekane nokuphila kalula nangenduduzo Yilokhu engikufundile kuthisha wami Ekuqaleni kokuqeqeshwa kwami ngokomoya endaweni yakhe yokuhlala, ngenza imisebenzi yami ngobuso obuthukuthele, ngingakaze ngimomothoke. Ngolunye usuku uthisha wami wakuphawula lokhu wathi, "Uma uNkulunkulu evuma, konke kuhamba kahle! Ingabe usemngcwabeni? Awazi yini ukuthi ukuthola uNkulunkulu kusho ukufihla izinkathazo

nokufihla zonke izinsizi? Ungakuthathi ngokungathi sína ukuphila"

Wangifundisa ukuthi kungumsebenzi womuntu ukuphakamisa ingqondo yakhe ngaphezu kwazo zonke iziphazamiso nezinkinga zasemhlabeni ukuze athole inkululeko ephelele kuNkulunkulu.

Umuntu kumelwe alondoloze ibhalansi enjabulweni nasezinsizini, inzuzo nasekulahlekelweni, ukunqoba nasekuhlulekeni ukuze abhekane nezinselele zokuphila ngesibindi nokuzethemba.

Ukugcina ukuthula kwangaphakathi naphezu kwazo zonke izehlakalo kuyindlela engcono kakhulu yokunqoba izifiso ezikhohlisayo Lokhu yilokho engikufundile kwabakhulu abangazange bathintwe ukushintshashintsha kwesikhathi, kodwa bahlala beqinile futhi bengaguquki kwaze kwaba sekupheleni Ngisho nabaprofethi , lapho behlushwa, abazange balahlekelwe ukuqonda kwabo okungcwele, futhi abazange bavumele muntu ukuba antshontshe uthando lukaNkulunkulu kubo Injabulo engokomoya ngokwayo iyisivikelo esibusisiwe kanye nenqaba enkulu kunazo zonke Phakathi kwezilingo nezinsizi, khumbula izibusiso uNkulunkulu akunike zona Umphefumulo wakho uyithempeli likaNkulunkulu elingcwele Akufanele uvumele ubumnyama bokungazi bungcolise leyo ndawo emsulwa Yeka ukuthi kuhle kangakanani ukuba sesimweni sokwazi ngokomoya, ukuhlonishwa, ukuhlonishwa, ukuphepha, nokuthula! Ungesabi lutho futhi ungazondi muntu Nikeza uthando lwakho kuwo wonke umuntu Zizwe uthando lukaNkulunkulu futhi ubone ubukhona Bakhe kubo bonke abantu, futhi vumela isifiso sakho esinamandla sibe ubukhona Bakhe obuhlala njalo enhliziyweni yakho Lena yindlela yokuphila ngokuthula nangokuthula kuleli zwe Kodwa kunzima ukunambitha

**lokhu kwaneliseka uma nje imimoya enamandla
yezifiso ivunguza endaweni yenhliziyo futhi
inyakazisa imithi yayo ngamandla**

**Izifiso zakhiwa yindawo umuntu aphila kuyo
Zizalwa ngemibono yethu yezinzwa futhi zinqunyelwe
yimingcele yaleyo mibono. Ukuya embukisweni
wasemakhaya kugcwalisa isifiso sokujabula, kodwa
ngemva kokuvakashela umbukiso wezinga lomhlaba
nokubona yonke imibukiso ehlukenene, umbukiso
omncane ulahlekelwa ubuhle nokukhanga kwawo.
Ngakho-ke, kumelwe siqale sithole injabulo
yokuxhumana noNkulunkulu ukuze sikwazi
ukuqhathanisa leyo njabulo nezinjabulo zasemhlabeni
ezincane. Khona-ke, izifiso ziyoba ngokwemvelo
ephakeme. Isifiso asipheli; ngokushesha nje lapho
isifiso esisodwa sigcwaliseka kunesinye esithatha
indawo yaso. Kodwa uma uthola uNkulunkulu, zonke
izifiso zakho ziyagcwaliseka. "Funani kuqala umbuso
kaNkulunkulu nokulunga kwakhe, khona konke lokhu
niyophiwa khona (Futhi okukuNkulunkulu kungcono
futhi kuhlala isikhathi eside)." Ngakho-ke kungani
ungafuni kuqala ukugcwaliseka kwaleso sifiso
esikhulu futhi uthole esandleni sikaNkulunkulu
esinomusa okuhle kakhulu nokuhlala isikhathi eside?**

**Uma uNkulunkulu ephendula umthandazo
womfuni wokumazi, zonke ezinye izifiso zakhe
zizogcwaliseka ngokushesha naphakade.**

**Abanye abantu bacabanga ukuthi abanazo izifiso.
Kulungile!**

**Ngiphawulile ukuthi kwenzekani kaningi lapho
abantu beya emakethe. Bangase bangabi nesifiso
esithile sokuthenga, kodwa ngokuzumayo okuthile
kubathinta amehlo bese becabanga, "O yebo,
kufanele ngikuthenge!"**

Ngisho noma bengakuthengi ngokushesha, kuhlala engqondweni yabo imini nobusuku kuze kube yilapho ekugcineni bekwenza, noma ngabe kufanele baboleke imali. Bayijabulela isikhashana, kodwa kancane kancane ukukhanga kwayo kuyaphela futhi injabulo yokuba nayo iyancipha, ngakho-ke bafisa okunye, njalo njalo.

Ngezinye izikhathi sihlangana nomuntu othi: "Ah, ukube nje benginayo imali eningi kangaka (noma imoto ekhethekile noma ichibi lokubhukuda noma noma)" bese kuthi ngokushesha nje lapho leso sifiso sesigcwalisekile, kuvele esinye isifiso sento entsha.

Izifiso zabantu aziphelele ngokwemvelo, ngakho-ke azikwazi ukufeza injabulo ephelele kubanikazi bazo.

Izwe lizozama ukukuphazamisa ekukhumbuleni ukuthi okuwukuphela kwesifiso esibaluleke ngempela ukuthola uNkulunkulu Kodwa kumelwe uzikhumbuze ngalokhu nsuku zonke Uma umuntu enquma ukuyeka ukubhema, ukuyeka ukudla ngokweqile, ukuyeka ukuqamba amanga, noma ukuyeka ukukopela, kumelwe aqine esinqumweni sakhe futhi anganqikazi. Indawo embi iyayiqeda futhi iyenze buthaka intando, idale izifiso zamanga ngaphakathi komuntu. Ithatha okuhle kakhulu kuye futhi imnike okubi kakhulu. Labo abahlala namasela bakholelwa ukuthi yindlela kuphela yokuphila. Kodwa ukuhlangana nabantu abalungile kuqondisa ingqondo ezintweni eziphakeme, ukuze izifiso zamanga zingabe zisamlinga umuntu. Konke okukulesi mpilo kungashintsha futhi kuyashintshashintsha. Kodwa imizuzu embalwa yokuzindla okujulile noma ukufunda nokuzindla ngezihloko ezingokomoya ezihlanzekile kuyoba umthombo wokuphefumulelwa, ukuthwala umfuni oqotho ngaphesheya kolwandle lwenkohliso

nokukhohlisa uye ogwini lwaphezulu lapho "akukho kukhathala okuzomthinta khona, futhi ngeke axoshwe khona."

(Ukuphumula okukhulu kakhulu kulungiselelwe labo abasebenze kanzima, futhi lowo ongazange azikhandle ekufuneni iqiniso uselitholile)

Injabulo yangempela itholakala ekulangazeleleni uNkulunkulu nasekucabangeni njalo Ngaye Ngokubekezela, kufika isikhathi lapho lowo mcabango uba oqinile futhi ongaguquki kangangokuthi akukho ukuhlupheka ngokomzimba, ngokwengqondo, noma ngokomzwelo okungaphambukisa ukuqonda kwakho kuNkulunkulu Akumangalisi yini ukuphila nokuqaphela uNkulunkulu, ukucabanga Ngaye nokumuzwa ngaso sonke isikhathi, nokuhlala endaweni engcwele yobukhona Bakhe obungenakunqotshwa, lapho ukufa nanoma yini enye ingakuntshontsha khona ukuthula kwangaphakathi? (Labo abakholwayo futhi izinhliziyi zabo zithola ukuphumula ekukhumbuleni uNkulunkulu Impela, ekukhumbuleni uNkulunkulu izinhliziyi zithola ukuphumula)

Uma usungakwazi ukuzivikela kuzo zonke izifiso, ujabulela ukuba khona kwaphakade

Impilo iyinqaba ngempela, ngoba konke kungashintsha Ngakho-ke, umuntu akufanele aqinise umkhumbi wenjabulo esihlabathini esishintshayo salokhu kuphila Isikhathi sethu sizodlula, futhi lokho esikubonayo manje ngolunye usuku kuzobe sekudlulile Ushintsho luyamukeleka uma nje ungaluvumeli ukuba lukulimaze Futhi uma lukulimaza, ukuphazamiseka kwangaphakathi obhekana nakho kuwumyalezo kuwe wokuthi ungaphathwa yizifiso Uma uvikelekile emoyeni waphezulu, ujabulela konke ngaphandle kokunamathela noma ukuncika Ngakho-

**ke, ukuzama ukumazi kubaluleke kakhulu kulabo
abakhathalelayo; ngaphandle kwalokho, impilo izoba
ukudumala okukhulu, amathemba ashaqisayo
ngendlela embi kakhulu**

**Lapho ngibuyela eNdiya ngo-1935,
nganginethemba lokuvakashela izindawo
engangizithanda ngiseyingane, kodwa lapho ngifika,
ngathola ukuthi konke sekushintshile Isigaba sempilo
sasihlelwe kabusha ngendlela ehlukile Ukudumala
okukhulu nokushaqeka kwafika lapho ngivakashela
indlu yami endala e-Aykapur, lapho ngangivame
ukudlala futhi ngibukele izinyoni. Kwasala umuthi
owodwa kuphela kukho konke engangikukhumbula.
Kunjalo ukuphila! Izinto ezijwayelekile
nezithandekayo ziyanyamalala emehlweni ethu
ngayinye ngayinye Ngangikulungele ukunikeza noma
yini ukuze ngibone indlu yethu njengoba yayinjalo
ebuntwaneni bami. Kodwa-ke, uNkulunkulu wanginika
isifiso sami, ngoba kamuva ngabona indlu
embonweni, lapho sabhukuda khona echibini, ngabe
sengikhuphukela phezulu, ngalala embhedeni, ngadla
ama-mango, njengoba nje ngangenza eminyakeni
eminingi ngaphambili.**

**Izifiso manje kumele zihlolwe futhi zihlolwe
ngokucophelela, zihlungwe kahle, bese kugcinwa
ezinhle kuphela, futhi ngisho nalezo zifiso ezinhle
azivunyelwe ukuvimba isifiso esibaluleke kakhulu
ngoNkulunkulu.**

**Leso sifiso kumelwe sihlale siphila futhi sivutha,
futhi akufanele sivunyelwe ukuba siphile noma
siphile Umuntu ungaphansi kokukhohlisa okukhulu
lapho ecela uNkulunkulu ukuba agcwalise izifiso
zakhe zasemhlabeni kodwa angamceli ukuba
azembule kuye Cabanga ngengane ehlala ifuna ukuba
abazali bayo banikeze izicelo zayo, futhi ngaphandle**

kwalokho ingabuzi ngazo futhi ingacabangi ngazo. Lokho kungukungabongi nokuphika umusa wabo, futhi kulokho kunesifundo kulabo abacabanga ngakho.

Uma le ncwadi yokuphila isetshenziswa, umuntu uzohambisana nolwazi olungokomoya olutholwe ngesikhathi sokuphila kwakhe emhlabeni. Ngakho-ke, uNkulunkulu kumelwe ahlale ekhona engqondweni yakhe, emnxusa njalo futhi angalokothi amkhohlwe uma ekhathazekile ngempela ngekusasa lakhe elingokomoya. Uma sisebudlelwaneni noNkulunkulu, sizothola ukuthi zonke izifiso ziyagcwaliseka ngendlela eyimfihlakalo. Kodwa kumelwe sifune uNkulunkulu kuqala. Unomusa futhi usinike konke, kodwa sizomthola kuphela uma singanelisekile ngeziphos zakhe kodwa siphendukela kuMniki uqobo. Sizomazi uma nje siqotho ekufuneni kwethu, sizimisele esifisweni sethu sokusondela kuYe futhi sizizwele ubukhona bakhe obubusisiwe.

Isithiyo esikhulu umuntu abhekene naso yisona uqobo lwakhe. Lapho bezama ukuhlala buthule futhi bezindla ngezinto ezingokomoya, imicabango yezwe iyavela ngokuzumayo, ibaphazamise futhi ibavimbele ekufinyeleleni umgomo wabo. Kumelwe baziqeqeshe ukulawula imicabango nemizimba yabo, futhi ngokwenza kanjalo, bazophatha ipharadesi elithwalekayo ngaphakathi komphefumulo wabo. Ekuphileni noma ekufeni, ezulwini noma esihogweni, leyo njabulo enkulu iyohambisana nabo.

Kumelwe sithandaze kuNkulunkulu ngokujulile, sithulule isifiso sethu esikhulu, simcele ngolimi lwenhliziyo, isifiso somphefumulo, kanye nokuhleba konembeza, ukuze asizwe futhi asiphendule. Kodwa uma umuntu ethandaza ngenhliziyo engaphelele futhi ngesikhathi esifanayo ecabanga ngenye into—into

uNkulunkulu aziyo ukuthi akuyona into eyinhloko ekhathaza lowo muntu—Ngeke aphenule.

Kumelwe sibe noNkulunkulu kuqala Isikhathi sesifikile Akufanele silinde, ngoba imicabango inamandla kakhulu Impilo idlula ngokushesha, futhi kuyihlazo ukushiya leli zwe ngaphandle kokwazi injongo yokuphila Kufanele sicabange noma nini lapho sinesikhathi sokukhululeka Ngisho noma imithandazo yakho ingaphendulwa ekuqaleni, ungalilahli ithemba ngesihe sikaNkulunkulu, kodwa qhubeka unxusa Thandaza ngobuqotho futhi uthembele ukuthi umthandazo wakho uzophendulwa

Ngibone empilweni yami ubufakazi obukhulu kakhulu bokuphendula kukaNkulunkulu emthandazweni Kodwa impendulo enjalo idinga umzamo, ngoba akukho lutho olubalulekile olufika ngaphandle kokuzikhandla Ukuzindla kubalulekile ukuze kwembulwe izimfihlakalo zokuphila futhi kungene embusweni kaNkulunkulu

Imikhuba emibi nezinye iziphazamiso zizozama ukulimaza imizamo yakho futhi zenze buthaka ukuzimisela kwakho. Kodwa uma ufuna ukujabula, gcina imicabango yakho ibheke kuNkulunkulu, futhi uzomthola eseduze nawe.

Izifiso zenjabulo yasemhlabeni zidala ukudonsa okunamandla okudonsela umuntu kulo mhlaba, impilo ngemva kokuphila Ukubuyela enyameni kuba yinto engadingekile kulabo abathole izifiso zabo kuNkulunkulu Noma nini lapho befisa ukufeza noma yisiphi isifiso, bayacabanga ngaso, futhi sibonakala phambi kwabo Umama wabonakala kimi ngemva kokufa kwakhe, futhi ngaduduzeka ngokumbona futhi ngabonga uNkulunkulu ngobuhle bakhe. Ngempela, ungoPhana Kakhulu futhi unesihe Kakhulu. Ugcwalisa izifiso zethu ukuze abonise uthando lwakhe

nokubonga kithi lapho simnika indawo yokuqala ezinhliziyweni zethu.

Uma umuntu efika kuNkulunkulu, uba yinkosi yokuphila nesiphetho. Akufanele siphumule kuze kube yilapho ubukhona bukaNkulunkulu buqina ezimpilweni zethu. Uzosinika konke esikulangazelelayo futhi uzosivivinya.

Izilingo nezithiyo endleleni yokomoya ziningi futhi zinkulu, kodwa njengoba sidlula kulezo zilingo futhi singoba lezo zithiyo, kumelwe sithi: “O Nkosi, Uphendule imithandazo yami futhi wagcwalisa izifiso zami ezinkulu, ngakho inhliziyo yami iye yagcwala ubukhona Bakho futhi umphefumulo wami ukhanya ngokukhanya Kwakho”

Ukuthula makube phezu kwakho

Kusukela emazwini kathisha uParamhansa

Yogananda

Abantu bakhononda ngomqondo wokuyeka izinto ezithile empilweni, yize empeleni bedela izinto eziningi eziyigugu, okubaluleke kakhulu ukuthula kwengqondo, futhi ngezinye izikhathi baze bazidele ngenxa yemali, engase .yonakale futhi ilahlekelwe

Zinikeleni kuNkulunkulu futhi nizothola ukuthi impilo yenu isifana nomculo omuhle onesigqi

Phendulela ukunaka kwakho ngaphakathi kusuka kuleli zwe uye embusweni omkhulu kaNkulunkulu ongaphakathi kwakho

Emkhunjini wokuthula ungahamba ngomkhumbi uye kulelo zwe elingaphezu kwamaphupho ethu lapho

umthombo waphezulu ugeleza khona ungaphezi ekujuleni
.kwenhliziyo nomphefumulo

Nkosi, ngisize ngidlale indima yami emdlalweni
wokuphila ngendlela ejabulisa Wena, kungakhathaliseki
ukuthi ngibuthakathaka noma nginamandla, ngiyagula noma
ngiphilile, ngidumile noma angazi, ngicebile noma ngimpofu,
.ngazi ukuthi uyangithanda futhi awusoze wangishiya

Ingcebo ingathathwa kumuntu, noma ingathathwa kuyo,
lapho ehamba kuleli zwe, futhi abakwazi ukuyithatha
bahambe nayo Inani layo langempela lisekuyisebenziseleni
imisebenzi ezuzisayo nasekuletheni injabulo kuwe
nakwabanye ngendlela ejabulisa uNkulunkulu nonembeza
wakho

Labo abacabanga ngokulondeka kwabo nenduduzo yabo
kuphela, bekhohlwa noma bengazinaki izidingo zabanye,
empeleni bathanda ubumpofu obuzoba yisabelo sabo
ngolunye usuku Labo abanamathela engcebweni yabo
esikhundleni sokuyisebenzisela imisebenzi emihle abazilethi
ukuchuma ekuphileni kwabo kwangemva kokufa kodwa
bazalwa bempofu, benezifiso nezifiso zabacebile. Kodwa labo
ababelana nabanye ngokuchichima kwabo nokuchuma
.kwabo badonsela ubuhle nenala nomaphi lapho beya khona

Uma upha labo abakufanelekelayo ngokuzithandela,
uzothola ukuthi uNkulunkulu uhlala enawe futhi akasoze
akushiye futhi ngeke udinge lutho. Akumelwe sikhohlwe
ukuthi izimpilo zethu zisekelwa nguNkulunkulu ngokuqondile
futhi uma siqaphela ukuthi izingqondo zethu, izintando zethu
kanye nemisebenzi yethu konke kuncike kuNkulunkulu futhi
kuthola amandla akho kuYe, khona-ke sizothola isiqondiso
esiqondile kuYe futhi sizoqaphela ukuthi impilo yethu iyafana
.nokuphila kwaKhe okungenamkhawulo

Ukuzindla kunikeza ubufakazi bokuthi uNkulunkulu
ukhona Uma amagagasi emizwa esesusiwe echibini
lengqondo, injabulo yaphezulu iyavela emphefumulweni. Le
.njabulo isivele ikhona emphefumulweni, kodwa imboziwe
O, Nkosi Ngizosebenzisa amandla ami okuzimisela
kanye nokuhlakanipha kwami Ukufeza izinto ezincane kuqala
Bese ngiqhubekela phambili empumelelweni emikhulu
Noma ngabe zonke izifiso zezinto ezibonakalayo
ziyafezwa, kodwa kunikeza injabulo engaphelele - futhi
ngokuthola uNkulunkulu ngizothola imithombo yenjabulo
engapheli Futhi ayiyeki ukugeleza nokugeleza Ezingadini
nasemadlelweni aluhlaza okomphefumulo

Indlu: Isikwele Sokunqoba

Uma umuntu echitha impilo yakhe ephishekela injabulo
ethile ngemva kwenye, ngeke akwazi ukunambitheka
kwenjabulo yangempela. Kufanele aphile kalula futhi
abhekane nokuphila kalula. Kunconywa ukuthi umuntu
achithe isikhathi eyedwa, ezindla ngezenzo zakhe
ngezikhathi ezithile, futhi eziwayeza ukuthula
kwangaphakathi, okuletha ukuphulukiswa, ukuvuselelwa,
.kanye namandla avuselelwe

Uma iziphazamiso zihlala zikhona futhi ezinye izinto
ezishukumisayo zihlasela izinzwa, imizwa izohlupheka
ngenxa yalokho, amandla amaningi abalulekile azochithwa,
futhi umphefumulo uzozizwa ucindezelekile futhi
ucindezelekile. Ngaphezu kwalokho, umuntu akufanele
akhathazeke ngokweqile ngokulungisa abanye; kunalokho,
umuntu kufanele azilungise ngaphambi kokuzama
.ukulungisa abanye

Kwaziswe ukuthi ikhaya liyindawo yokulwa enkulu
kunazo zonke. Umuntu oyingelosi ekhaya lakhe uzoba
.yingelosi noma kuphi

Ubumnandi bezwi kanye nokuthula okusikiselwa
ukuziphatha okuhle kuyadingeka kakhulu ekhaya kunanoma
.yikuphi okunye

Njengoba nje ubumnyama bungenakuhlala lapho
ukukhanya kukhanya khona, nobumnyama besifo kumelwe
bunyamalale lapho ukukhanya kukaNkulunkulu kukhanya
emangqamuzaneni omzimba, futhi bambalwa abaqaphela
.leli qiniso

Uma abantu bezizwa benesifiso esinamandla
sokuphulukiswa, bathandaza ngezinhliziyi ezikhathazekile
Noma benomuzwa wokuphelelwa yithemba, becabanga
ukuthi uNkulunkulu ngeke ayilalele imithandazo yabo Noma
bayathandaza kodwa abalindi Ukuze bazi ukuthi imithandazo
.yabo ifinyelele kuNkulunkulu yini

Njengoba nje umuntu engenakulalela umculo osakazwa
emoyeni esebenzisa i-receiver enephutha, kanjalo umuntu
akanakukwazi ukuzwa ukudlidliza kwempilo, amandla,
nokuhlakanipha okuvela kuNkulunkulu ngethuluzi lengqondo
elingasebenzi kahle ngenxa yokwesaba, ukukhathazeka,
nazo zonke izinhlobo zokukhathazeka, ukungabaza,
.nokungaqiniseki

Masikhumbule futhi sikubonge, Nkosi, ngezikhathi
zokuswela nokuchuma, ekuguleni nasekuphileni kahle,
ebumnyameni nasekukhanyeni, nakuzo zonke izimo
Masikhumbule ngokubonga izinsuku zempilo enhle osiphe
zona Sisize ukuvula amehlo okholo ukuze sibone ukukhanya
kwakho okubusisekile, okuphilisa zonke izifo nokugula
Ngingukaputeni womkhumbi wami wemicabango
emihle, intando yami enhle, kanye nomsebenzi wami othela
izithelo nozuzisayo. Ngizoqondisa umkhumbi wempilo yami,
ngihlale ngigcina amehlo ami egxile eplanethini ekhanyayo
.yokuthula esibhakabhakeni sokuzindla kwami okujulile
Ngizosebenzisa amakhono ami okucabanga okudala
ukuze ngiphumelele kukho konke engikwenzayo
uNkulunkulu uzongisiza uma nami ngizama ukuzisiza
Namuhla ngizolima insimu yokuphila ngomzamo
omusha futhi ngiyihlwanyele ngembewu yokuhlakanipha,
impilo, ukwaneliseka, nenjabulo. Ngizonisela imbewu

ngokholo nokuzethemba, futhi ngizolinda isibusiso
sikaSomandla sokunginika isivuno esilungile. Ngisho noma
ningingavuni isivuno esilindelwe, ngizohlala ngibonga futhi
ngibonga ngokuthula kwengqondo okuvela ekuzameni
.ukwenza konke okusemandleni ami

Ngizombonga uNkulunkulu ngokuthi ngiyakwazi
ukuqhubeka ngizama ngize ngiphumelele, ngomusa wakhe
Futhi ngizombonga lapho ngifinyelela isifiso esikhulu
senhliziyo yami Ngizolwela ukwenza imisebenzi emihle
nefanele kuphela, ngifuna injabulo kaNkulunkulu
Umhlaba ugcwele iziphepho zemvelo nezomuntu, futhi
uNkulunkulu uyisihlangu esinamandla nendawo ephephile
eziphephweni, ezivunguvungwini, nasebubini balo mhlaba.
Noma ngabe uNkulunkulu ukuphi, akukho ukwesaba noma
usizi. Umkholwa weqiniso uyama eqinile futhi eziqhenya
empini yokuphila kanye nokulwa kwezenzakalo, eqiniseka
ukuthi uNkulunkulu unaye, emvikela ekulimaleni futhi
akalokothi amlahle ngisho nomzuzwana. Ngakho-ke,
ukwesaba kuyanyamalala enhliziyweni yakhe futhi
.ukuqiniseka kuyamthatha, isivikelo esingenakubekwa

Ukungesabi kusho ukuba nokholo kuNkulunkulu
nasesivikeloni Sakhe, kanye nokuba nokholo ebulungiseni
Bakhe, ekuhlakanipheni, esiheni, othandweni, kanye nokuba
.khona kuyo yonke indawo

Ukwesaba kuphuca umuntu amandla akhe engqondo,
kufiphaze ingqondo yakhe, futhi kuphazamise imigqi
yemvelo yenhliziyo. Ngaphezu kwalokho, ukwesaba
kungabangela ukuphazamiseka ngokomzimba kanye nezifo
zengqondo. Esikhundleni sokunqotshwa ukukhathazeka
nokuvalelwa ngokwengqondo, umuntu kufanele aziqinisekise
ukuthi uphephile ekuvikelweni nguNkulunkulu, obona konke,
ozwa konke, ophephile enqabeni yaKhe engenakuphikiswa,
.futhi ozungezwe isihe nokunakekela kwaKhe

Kungakhathaliseki ukuthi usehlathini lase-Afrika,
enkundleni yempi, uhlupheka ngenxa yokugula noma
ubumpofu, umuntu kumelwe azikholise ngokuthi isandla
sikaNkulunkulu sinamandla kunanoma iyiphi ingozi futhi
siyakwazi ukuvikela labo abafuna isiphephelo kuYe. Ayikho
indlela ephumelela kakhulu yokuvikela. Yiqiniso, umuntu
kumelwe asebenzise ingqondo lapho ebhekana nezenzakalo
ngesikhathi esifanayo enokholo oluphelele osizweni
lukaNkulunkulu. Ukholo alusho neze ukuba budedengu noma
ukwenza ngokungahlakaniphi lapho ebhekene nobunzima.
Kunalokho, kungakhathaliseki ukuthi kwenzekani, umuntu
kumelwe aziqinisekise ukuthi uNkulunkulu kuphela okwazi
ukusiza ezimweni ezinzima nezivivinyayo uma ephendukela
kuYe ngenhliziyo yakhe yonke, umphefumulo wakhe wonke,
.kanye nezinzwa zakhe zonke

Lapho ubunzima bufika njengeqhwa, akumelwe
sibuvumele bukhubaze intando yethu noma bufihle umbono
wethu ocacile kanye nendlela yethu ehlakaniphile
nenengqondo Kunalokho, kumelwe silondoloze ukholo
lwethu kuNkulunkulu kanye nomuzwa wethu wangaphakathi
wokulungile nokungalungile, futhi silwele ukuthola indlela
yokuphuma Ngosizo lukaNkulunkulu, sizoyithola Ekugcineni,
izinto zizothuthuka ngoba amandla nezimangaliso
zikaNkulunkulu zifihliwe ngemuva kokuphikisana kokuphila
komuntu Labo abangakwamukeli ukugwemeka kwezimo
futhi esikhundleni salokho bazama ukungena ngale kweveli
ngokuhlakanipha kwabo nokholo lwabo bazothola umnyango
uvulelwe bona—umnyango wonke okholwe kuwo

Ukuphila kugubuzelwe ubumnyama, futhi ngezinye
izikhathi siyakhubeka futhi singabaze ukuqhubekela
phambili Kumelwe sivumele ukukhanya kukaNkulunkulu
kuba isibani sethu esisiqondisayo njengoba sihamba
ezindleleni zobumnyama zokuphila. UNkulunkulu uyinyanga
egcwele ebusuku bokungazi nobumnyama, ilanga

lokukhanya emahoreni okuvuka, isibani sesiqondiso,
nenkanyezi eqondisayo kulabo abadabula olwandle lokuphila
.kwasemhlabeni, okufushane

Izinkinga zizoqhubeka emhlabeni, ngakho-ke umuntu
angaphendukela kuphi ukuze athole isiqondiso? Imicabango
yomuntu, ethonywe yimikhuba, ubandlululo, ukucwasa,
kanye nokushisekela ngokweqile, ayisizi ngalutho, futhi
amathonya endawo ahlala kuyo, umndeni, izwe, noma
umhlaba awakwazi ukunikeza isiqondiso seqiniso Ngakho-ke,
umuntu kumelwe aphendukele kuNkulunkulu futhi alalele
izwi elizolile nelizolile elivela ekujuleni komphefumulo, izwi
elivumelana neqiniso

Umehluko phakathi kokuzindla ngengqondo nokuzihlola
ngokomoya

Uma umuntu ezihlela ngolwazi lwethiyori, uba
njengombhali ohambayo, ephinda izaga nemisho ephakeme,
kanti abanye bazibona njengezifundile futhi zinolwazi. Kodwa
ulwazi olunjalo aluqiniswa ukuqonda iqiniso ngqo, futhi
aluhambisani nokufinyelela okungokomoya. Lolu hlobo
lokuqonda noma ukuqonda lugcina "uqobo" luboshelwe
engqondweni yezinzwa, yona ngokwayo enqunyelwe
yizinzwa zomzimba. Ulwazi lwethiyori alukwazi ukuthola
ulwazi lwaphezulu, futhi kuyalulekwa ukuthi ungachithi
isikhathi sakho esiyigugu emibonweni engasetshenziswa
ngokoqobo, funa umuntu azithole elahlekile ehlathini
.eliminyene lokuqonda, engakwazi ukudlula indawo yethiyori

Le nqubo ngeke iholele ekwazini iqiniso ngoba iqiniso
lingaphezu kwemibono nemibono, futhi abaningi abalandela
.le ndlela baboshwa yiziphetho zabo ezizimele

Uma umuntu esebenzisa amandla akhe engqondo ukuze
athole imali nezinto ezibonakalayo kuphela, ukuqonda
kwakhe kuzodonseleka ezweni lezinto ezibonakalayo futhi

kuhileleke ezinkingeni ezingapheli. Ngakho-ke, abantu abahlakaniphile bathi umuntu akufanele anikele wonke amakhono engqondo uNkulunkulu awanike wona ekuphishekeleni izinto ezidlulayo, funa azilahlekele enkingeni yezinto ezibonakalayo futhi adale imikhawulo nemingcele engadingekile. Kunalokho, kufanele asebenzise amandla akhe engqondo ukuze athole izidingo zokuphila futhi alwele ukuthuthukisa amakhono akhe okuziphatha ukuze ahlukanise phakathi kokulungile nokungalungile, naphakathi kwalokho okulimazayo nokuzuzisayo. Lapho behlakulela ukuqonda kwabo okungokomoya, bazokwazi ukuzwa uNkulunkulu ngaphakathi kubo futhi baqinisekise amaqiniso angokomoya afihliwe ngemuva kwezimbozo ezinde zezinto ezibonakalayo. Lesi simo sibizwa ngokuthi .ukuzihlola okungokomoya

Kungakhathaliseki ukuthi yini esiyikhathazayo, uNkulunkulu kumelwe ahlale eza kuqala ekuphileni kwethu Esinye sezici ezibaluleke kakhulu zokukhula ngokomoya ukuxhumana okuhlala njalo noNkulunkulu okusuka enhliziyweni, lapho uzobona khona mathupha ushintsho .oluhle noluhle oluzokuhlaba umxhwele ngokujulile

Uma umuntu efuna ukubuka umbukiso, noma ukuthenga izingubo ezintsha noma imoto entsha, akulona yini iqiniso ukuthi ingqondo yakhe ihlala imatasa ngaso sonke isikhathi? Ngokuphathelene nalezo zindaba nokuthi angazithola kanjani noma azithole kanjani? Ngeke aphumule aze afeze izifiso zakhe, futhi uzoqhubeka nokusebenza .ngokuzikhandla ukuze afeze lezo zifiso

Ngakho-ke, ingqondo yomuntu kufanele igxile ekucabangeni ngoNkulunkulu. Khona-ke zonke izifiso ezincane nezincane zizoguqulwa zibe yisifiso esinamandla .sokuzwa uNkulunkulu nokuxhumana naye

Lapho ingqondo ihlebela uNkulunkulu ukuhlebela
okusuka enhliziyweni nokushisekayo Okuvela ekujuleni
komphefumulo olangazelelayo

Ubizo lomphefumulo luzothinta inhliziyo yendawo yonke,
futhi impendulo izofika, ilethe injabulo enkulu

Ukuhleba okuhlakaniphile kukhulisa amandla
okuzimisela, uze ube namandla anele okufeza umgomo
owufunayo

Uma ingqondo yomuntu nentando yakhe kuhambisana
noNkulunkulu, unikezwa amandla angenamkhawulo,
kangangokuthi ukucabanga nje ngento ethile kwanele
ukuyifeza, ngoba umthetho waphezulu usebenza
.ngokuthanda labo abavumelana nentando ephakeme

Zonke izimpumelelo eziphawulekayo empilweni yami
zifezwe ngamandla engqondo evumelana noNkulunkulu
Lapho umkhiqizi waphezulu esebenza, konke engikufisayo
kufezeka ngaphandle kokukhetha, kuqala kwakheka
njengomklamo ongabonakali, ongokoqobo bese
kubonakaliswa ngamandla angenakuphikiswa empeleni

Imfihlo yokukhula

Sikhula kukho konke esikubonayo, uma nje siqaphela
ukuthi singafunda izifundo ezibalulekile kubo. Ngoba bonke
.ubuhlungu nokuhlupheka esikuzwayo kunencazelo nenjongo

Naphezu kobunzima bezilingo, zifana nomlilo oncibilikisa
insimbi, uyiguqule ibe yinsimbi enhle, eqinile, futhi
eguquguqukayo. Ukuhlakanipha esikwakhayo phakathi
kwamalangabi ashisayo okuhlangenwe nakho
kuyamangalisa ngempela. Ukuphila kuyasihlanza, kuguqula
imvelo yethu eyisisekelo ibe yizinto eziyigugu, kusivumela
ukuba siphile nemiphefumulo emsulwa njengamatshe
ayigugu, eqinile njengensimbi, kodwa eguquguqukayo futhi

eqinile, egoba ngaphandle kokuphuka ngaphansi
.kwezingcindezi zobunzima nobunzima

Uma sibona ubuso obuphambukile yintukuthelo,
obunezibazi ngenxa yobudlova, ukubona kwabo kusenza
sifise ukususa ububi emiphefumulweni yethu—umphefumulo
ongathintekile yinoma yini ngaphandle kwezinhloso ezimbi
kanye namagqubu ajulile afihla isithombe saphezulu
esibusisiwe ngaphakathi kithi, njengoba nje ukungcola
komoya kungcolisa isibuko. Izenzo ezibuhlungu zabanye
kufanele zivuse kithi isifiso sokuthuthukisa ukuziphatha
kwethu nokuzilawula, ukuze sibe ngamakhosi ezinkanuko
.zethu ezingalawuleki, hhayi izigqila zazo

Amazwi anomusa ayikhambi elimangalisayo lezifo
eziningi, anamandla anamandla, acishe abe yimilingo,
anamandla kazibuthe aletha izibusiso eziningi kanye
nokuchuma kubantu abakhulumayo Labo abasebenzisa
amazwi aduduzayo, amnene bazizwa umsinga omncane
ugeleza kuwo ngaphandle kokuphazamiseka, ukugcwala
kwawo ngokuthula okukhulu Lokhu kungenxa yokuthi lowo
msinga uxhumene nomthombo wawo ophakeme, ogeleza
njalo futhi ofinyelela njalo imiphefumulo ngokuvumelana
nawo. Bazobe sebekwazi ukudlulisela lokhu kugeleza
.kwenjabulo emiphefumulweni elangazelela ukuthula

Nsuku zonke, umuntu ubheka esibukweni ukuze abone
ubuso bakhe ngoba efuna ukubonakala esezingeni
eliphezulu kwabanye. Ngakho-ke, kubaluleke kangakanani-
ke ukuba ame nsuku zonke naye futhi abuke esibukweni
sokuhlaziya kwangaphakathi ukuze athole ukuthi yini
engaphansi kobuso obukhazimulayo! Ngoba konke
okukhangayo ngaphandle kuthola ukukhanga kwakho
kungaphakathi komuntu. Futhi akukho lutho olungcolisa
isibuko esimsulwa somphefumulo njengokuphambuka
kwengqondo okufana nentukuthelo, inzondo, umona,

nenzondo Noma ubani ozama ukuzikhulula kulezi zinto
ezixubile, ezingafani nemvelo yomoya, uzovumela
.ukukhanya kobuhle bangaphakathi kukhanye ngaphakathi

Ngokuhlaziya, sithola ukuthi izinkinga zabantu
ziphindwe kathathu: kunezinkinga nezinkinga ezihlasela
umzimba womuntu, ezinye ezihlasela ingqondo, kanye
.nesigaba sesithathu esivimba izindlela zomphefumulo

Ukugula, ukuguga, nokufa kuyizinto ezinzima nezithiyo
umzimba obhekene nazo. Izifo zengqondo zihlasela ingqondo
ngokudabuka, ukwesaba, intukuthelo, izifiso ezicindezelwe,
inzondo, ukucasuka ngokomzwelo, ukukhathazeka okukhulu
kwemizwa, kanye nomdlavuza wengqondo okhubaza
amandla engqondo. Nokho, isifo esiyingozi kakhulu ukugula
komphefumulo, okubonakala ngokungazi, lapho zonke
.ezinye izifo zivela khona futhi zisakazeke khona

Kukhona okuhle kakhulu kunobubi emhlabeni

Uma ukungabaza kungena, kufanele sikhumbule
izimpilo zabantu abakhulu. Kuyiqiniso ukuthi singabantu,
kodwa uNkulunkulu usiphe amandla angavamile
esingawasebenzisi kakhulu. Ngakho kungani sithuthumela
ngokwesaba ukuguga, ukugula, nosizi? Kufanele senze
konke okusemandleni ethu ukunakekela imizimba yethu,
kodwa akufanele sinqotshwe ukwesaba noma sizifihle
.ngaphansi kwezinqwaba zokungazi

Umzimba awuyena umuntu ophelele

Ubuhle budlula ububi kulo mhlaba ngoba uNkulunkulu
ungamandla amakhulu. Kodwa uma ububi busehlela,
sicabanga ukuthi asinawo amandla okubulawula noma
.okuphunyuka kubo

Iziphepho zobubi nakanjani zizovunguza, kodwa
singayinqoba imiphumela yazo futhi siphakame ngaphezu
kwazo

Asizange sinikezwe ukuphila ukuze sibhujiswe yiyo,
kodwa ukuze sigxilise kithi ukuqonda ubuphakade, futhi
.kumelwe sikhumbule leli qiniso

Ngaphandle kwenkululeko yokucabanga, umuntu
akanakukwazi ukuziveza ngendlela emsulwa,
ezenzakalelayo, nengokwemvelo. Khumbula ukuthi
ukhululekile ngokuphelele. Amandla entando ahlala
.ekhululekile

Uma usebenzisa amandla akho okuzimisela ngendlela
efanele, kuzokwakha i-karma enhle kuwe, kodwa abantu
abangingi abafuni ukushintsha futhi abafuni ukwenza
umzamo, ngakho bayawa lapho bebhekene nobunzima futhi
.abakwazi ukubhekana nezinselele

Ukwenza noma yini umuntu ayithandayo akuyona
inkululeko, ngoba abantu baboshwe yizifiso zabo, ngakho-ke
izenzo zabo azikwazi ukubizwa ngokuthi inkululeko nhlobo.
Inkululeko yangempela isho ukwenza konke ngentando
eqondiswa ukuhlakanipha. Umuntu angalawula imiphumela
yezenzo zakhe zangaphambilini, ezizolandela nakanjani,
uma evuselela intando yakhe futhi ayisebenzisele izenzo
ezinhle nezizuzisayo. Uma uqhuba izenzo zakho ngesizathu
namandla okuzimisela, amandla ezenzo zakho ezingalungile
zangaphambilini azobuthakathaka futhi imikhuba evela
.ezenzweni zakho ezinhle izoqiniswa

Sihlala sifisa lokho esikuntulayo futhi sinamathela
ezintweni ezingabalulekile Uma into ethile isiphethe,
silahlekelwa okwesikhashana inkululeko yethu
yokuzikhethela Njengoba nje abantu baseMpumalanga
begqilazwa amasiko asendulo, kanjalo nabantu

baseNtshonalanga nabo bagqilazwa amasiko anamuhla.
.Sidala ikusasa lethu futhi siboshwe yilo

Kungani ingane eyodwa izalelwa emndenini omubi kanti
enye izalelwa emndenini omuhle? Ngamunye wabo
wasebenzisa inkululeko yakhe ukuphila ngendlela ethile
esikhathini esidlule (empilweni yangaphambilini) ngaleyo
.ndlela wazilethela lezo zimo kulokhu kuphila

Akukho nkululeko yangempela ngaphandle
kukaNkulunkulu Kumelwe sicabange ngaye njalo
Kungakhathaliseki ukuthi ukukhathazeka kwethu
nemicabango yethu kuyini, uNkulunkulu kumelwe abe
sendaweni yokuqala ezinhliziyweni zethu, futhi uma
sivumelana ngempela naye, sizonikezwa ikhono lokufeza
lokho okumele sikwenze, nganoma yisiphi isikhathi, ngosizo
.IwaKhe oluvela kuNkulunkulu

Iseluleko somfundi

Omunye wabafundi wacela uthisha uParamhansa ukuthi
amnike iseluleko sokuzithuthukisa, wathi: Uma ufuna
ukuthandwa Qala ngokuthanda abanye abadinga uthando
.Iwakho

Futhi uma ulindele kwabanye Yiba gotho futhi
uthembeke kubo ukuze babe gotho kuwe

Uma ufisa ukuvimbela abanye ukuba bangenzi
ngendlela embi neyobuqili, ungavumeli inkohliso ingene
emicabangweni yakho, futhi ungenzi ngendlela elimaza
.abanye

Uma ufuna abanye bakuzwele Qala ngokubabonisa
uzwela, ikakhulukazi kulabo abakuzungezile

Uma ufuna abanye bakuhloniphe, kufanele uhloniphe
kokubili abancane nabadala

Uma ufuna ukuthula kwabanye, kumele uphile impilo
yokuzwana

Uma ufuna abantu babe nenkolo, yiba nomoya
ongokomoya futhi uvumele abanye bazizwe sengathi
uyisibonelo esihle nokuthi bangathembela kuwe futhi
.bakuthembe

Ngamafuphi, konke ofuna abanye bakubonise Enye
yezimfanelo ezinhle ukuyibonisa empilweni yakho kuqala,
futhi uzothola ukuthi abantu bazosabela ngendlela efanayo
kuwe

Uma ukwazi ukubona izindawo empilweni yakho
ezidinga ukuthuthukiswa ngaphandle kokudumazeka noma
ukuzizwa ungelutho, futhi uma uhlala usebenza
ekuthuthukiseni ubuntu bakho, isikhathi osichitha kulokhu
sizoba ngcono kakhulu kunokuba ubungachitha ufisa
sengathi abanye bangazithuthukisa. Isibonelo sakho esihle
nokuziphatha okuhle kunamandla amakhulu okushintsha
.abanye kunezifiso zakho, intukuthelo, namazwi kuphela

Nkosi, ungumthombo wakho konke okuhle nomsuka
wawo wonke amandla. Sibusise ukuze sikwazi ukubonakalisa
izibusiso zakho phezu kwethu empilweni yethu, ezifisweni
zethu zokuhlakanipha, nasekubonakalisweni kwethu
okungokomoya. Ungukukhanya kwezinkanyezi, amandla
kuma-athomu, umusa ezinhliziyweni, nobuhle beqiniso.
Sisize sizigcwalise ngamandla akho aphezulu, ukuhlakanipha
kwakho okungenamkhawulo, kanye nobuqotho bakho
.obungenamkhawulo

Nkosi, masiqaphele ukuthi ungumthombo wempilo,
ulwandle lokuphila, nomthombo wakho konke ukuqonda
nolwazi. Sikhulule ekungazini nemiphumela yako,
ekwesabeni nasekukhathazekeni, futhi vumela isikhukhula

sokuhlakanipha kwakho sisuse yonke imfucumfucu
.nezinsalela ezimpilweni zethu

Dabula, Nkosi, izimbozo ezisibekela ubuso bakho
Masikubone njengokukhanya okukhanyayo, njengelanga
elingenakubalwa emkhathizwe wezimpilo zethu Masizizwe
njengamandla avuselela njalo aphefumulela imicabango
yethu, ondla imiphefumulo yethu, asekele imizimba yethu,
.futhi agcwalise amaphupho ethu

Amen

Abantu abaningi abazi ukuthi kungani Kusukela ekubeni
khona kwabo kulo mhlaba, bakholelwa ukuthi injongo
yokuphila Kuwukugcwaliseka kwezifiso Ukuthola izidingo
zokuphila Ukufuna injabulo nothando lwabantu, bese
ekugcineni ukuzinikela kumuntu wokugcina

Abantu baqala izimpilo zabo Abahleli bezinhlelo
benokuthambekela nezifiso ezithile ezingagcwalisekanga
esikhathini esidlule Futhi bazama – ngalokho okuncane
abakushiyile – Ngokulingisa izifiso nezenzo zabanye, uma
behlangana nosomabhizinisi, bafuna ukuba njengabo, futhi
uma behlangana nabaculi, ubuciko buba yikho konke kubo

UNkulunkulu ufuna sibe ngokoqobo kuleli zwe. Usinike
indlala edinga ukuba sisebenzele ukusanelisa, kodwa
ukufuna ukudla, indawo yokuhlala, imali kanye nempahla
kuphela kusho ukuthi umuntu ukhohlwa umthombo
.wenjabulo yakhe

Kuyiqiniso ukuthi kumelwe sisebenzele ukuthola izidingo
zethu futhi silwele ukufeza imigomo yethu esemthethweni,
kodwa okokuqala nokubaluleke kakhulu, kumelwe sivule
izinhliziyi zethu kuNkulunkulu futhi sifune isiqondiso saKhe
kanye nokwamukelwa kukho konke esikwenzayo. Khona-ke
ngokuqinisekile sizophumelela esikoleni sokuphila, ngoba

sizothola isiqondiso sethu kuMphathi Ophakeme noMhlinzeki
owaziyo ukuthi yini esiyidingayo nokuthi yini engcono
kakhulu kithi. Ngakho-ke, kumelwe sithembele kuYe futhi
.sizithobe entandweni yaKhe ehlakaniphile

Kusukela ezinkulumweni zikathisha uParamahansa

Lapho injabulo yangaphakathi yomphefumulo ifihlwe
ungqimba olukhulu lwezinyabulo zesikhashana, ukukhanya
kwegolide komoya kuyafiphala, futhi amandla omphefumulo
acacile afihliwe ngemuva kobuningi bezinto Lapho ingqondo
yomuntu idonseleka emhawini nasemoneni, futhi imbozwe
amafu okwesaba nokukhathazeka, uba lusizi, usizi, futhi
unqotshwe Kodwa lapho umuntu eqondisa ukunaka
okufanayo othandweni, ukuthula, nokuzwana, uthola injabulo
enkulu

Umphefumulo uzizwa injabulo lapho uphenduka
ezifisweni zomzimba ezixubene nokuhlupheka nosizi uye
.ezicini zomoya ezisobala, ezigcwele injabulo enkulu

Uma umphefumulo ucwila ngokuphelele ezinyabulweni
zomhlaba ezixakile, uba ngumuntu ongenandaba
nokuphishekela injabulo ephakeme futhi ongenakho ukuzwa
injabulo engokomoya. Abanengi bangase baphikise ngokuthi
ukulahla injabulo yezinto ezibonakalayo cishe
akunakwenzeka kuleli zwe noma ngenkathi bephila phakathi
kwabantu abamicabango yabo igxile kuphela ezintweni
ezibonakalayo. Kodwa-ke, akudingekile kumuntu ovamile
ukuba ashiye umhlaba futhi abuyele ezintabeni
nasemahlathini ukuze athole ukuthula nokuthula. Kunalokho,
kufanele ahlale kuleli zwe ngaphandle kokuvumela imisinga
yalo enamandla ukuba iwakhukhule, funa anqotshwe
.amagagasi alo kuphila

Umuntu akufanele abe nombono ophambene ngezinto
ezimzungezile, futhi ngesikhathi esifanayo akufanele
avumele izinto ezibonakalayo zimphuphuthekise umbono
wakhe, funa alahlekelwe yimvelo yakhe engokomoya futhi
angakwazi ukunambitha injabulo yenjabulo futhi abone
.ukukhanya kwaphezulu

Impilo, ngomongo wayo, izingxenye zayo, kanye
nemigomo yayo, iyinkimbinkimbi enzima ukuyiqonda kodwa
ayinzima ukuyixazulula, futhi ngokucabanga kwethu
okuqhubekayo, sixazulula ezinye zezimfihlo zayo nsuku
.zonke

Amadivayisi asekelwe ezimisweni zesayensi eziqondile
kulesi sikhathi ngokuqinisekile ayamangalisa, futhi
okutholwe yisayensi kusinika umbono ocacile wezindlela
impilo engathuthukiswa ngazo. Kodwa naphezu kwayo yonke
imishini, izinto ezintsha, namasu esinawo, sisabonakala
sinjengezimpopi ezandleni zekusasa, futhi indlela
engaphambili iseyinde Ngaphambi kokuba sikhululwe
.ekulawulweni kwemvelo

Ngokuqinisekile, ukuphila ngomusa wemvelo akuyona
inkululeko Izingqondo zethu ezishisekayo ziyacindezelwa
futhi ziboshwe umuzwa wokungabi namandla lapho sizizwa
sengathi siyizisulu zezikhukhula, iziphepho, noma
ukuzamazama komhlaba, noma lapho izenzakalo zisiphuca -
ngaphandle kwesizathu esinengqondo - abathandekayo
bethu abaseduze nezinhliziyi zethu. Bese siqaphela ukuthi
asikakafinyeleli ukunqoba okuningi, futhi asikakwazanga
ukunqoba izimo ezimbi. Naphezu kwayo yonke imizamo
yethu yokwenza impilo ibe njengoba sifuna, izimo ezithile
zizohlala zivela kulesi sigaba sasemhlabeni, kanye
nezenzakalo eziqondiswa ingqondo enamandla esingazi
lutho ngayo, isebenza ngokuzimela ngokuphelele
emibonweni yethu kanye nentando yethu. Okungcono

kakhulu esingakwenza ukusebenza nokwenza ezinye
.intuthuko

Sitshala ukolweni bese senza ufulawa, kodwa ubani
owadala imbewu yokuqala? Sidla isinkwa esenziwe
ngofulawa, kodwa ubani owanika imizimba yethu ikhono
lokuwugaya? Futhi singawuguqula kanjani ukudla kube
?ukudla okunomsoco

Kuzo zonke izingxenye zokuphila Kubonakala sengathi
kukhona isandla saphezulu esibalulekile. Asikwazi ukuphatha
izindaba zethu ngaphandle kwaso, futhi ngazo zonke
iziqiniseko esinazo. Asazi ukuthi inhliziyo izoyeka nini
ukusebenza. Yingakho kudingeka ukuthembela ngesibindi
emandleni aphezulu aphezulu. Nokuthembela kumuntu
wethu ophakeme, okuvela kulowo mandla onke esilingiselwa
.wona

Kumelwe sibe nokholo olungenakho ukuqhosha, futhi
sihambe ngokuzethemba ezindleleni zokuphila

Ngaphandle kokwethuka nokuthuthumela, futhi
ngaphandle kokucindezeleka nokuvalelwa

Ukubhekana nokungezwani komzimba

Ukungoba ukuzwela kuyikhono elibucayi, futhi
ukulawula ukushesha komuntu ukusabela kubalulekile
ekwakheni ubuntu obulinganiselayo nobuphelele

Ukuzwela kuvela ekungaqondini kahle, ukungaziboni
njengento eyinkimbinkimbi, ukuqhosha okukhulu, kanye
nokuzikhukhumeza ngokweqile

Uma umuntu ecabanga ukuthi imizwa yakhe ilimele,
lowo mcabango uyagxila engqondweni yakhe, uvuse imizwa
yakhe, bese iba nzima futhi intukuthelo ivukele enhliziyweni
yakhe ngenxa yemizwa elimele. Kodwa-ke, abanye abantu

banekhono lokulawula imizwa yabo, ngakho izimpawu zabo
zangaphandle azibonakali naphezu kolaka olukhulu
olungaphakathi kubo. Abanye baveza intukuthelo yabo
ngokuphendula okusheshayo, okubonakala emisipheni
yamehlo abo kanye nobuso babo, kanye nangezimpendulo
.ezibukhali, eziqondile

Imizwa ejulile inemiphumela emibi kakhulu; yenza isimo
sibe nzima futhi idale ukungazinzi okungathandeki okuthinta
kabi abanye

Kumelwe kwenziwe imizamo yokuzithiba nokuzola,
kukhuthazwe isimo sokuqondana nokuzwana esikhuthaza
ukuthula esikhundleni sokucindezeleka futhi sixoshe intuthu
yokucindezeleka Labo abenza kanjalo bazoba ngabaphathi
bekusasa labo futhi bayovuzwa ngokwazisa nenhlonipho
.yilabo ababazungezile

Ukuzwela ngokweqile kuyisici esihlanganyelwa abantu
abaningi, futhi lapho lo muzwa ongenangqondo uvutha,
uphuphuthekisa ukuqonda futhi ufiphaze amehlo
okuhlakanipha. Okubi nakakhulu, umuntu ozwela ngokweqile
ukholelwa ukuthi ucabanga, uzizwa, futhi wenza kahle, kanti
empeleni ukuziphatha kwakhe kungase kube okungalungile
!ngokuphelele

Abantu abanengi bakholelwa ukuthi kufanele
bazidabukele lapho begxekwa, nokuthi ukuzidabukela
kubanikeza impumuzo ethile. Kodwa njengabalutha
bezidakamizwa, lapho beqhubeka bethatha izidakamizwa,
.kulapho umlutha wabo uba namandla khona

Umuntu ozwela kakhulu uvame ukuhlupheka
ngokungadingekile Ngokuvamile, akekho owaziyo imbangela
yokucindezeleka kwakhe noma uhlobo lwesikhalazo sakhe,
okuholela ekuhluphekeni okukhulu ekuzihlukaniseni kwakhe.
Akukho okungafezwa ngokuhlala buthule ekuthukweni noma

ekugxekweni okubonwayo. Kungcono kakhulu ukubhekana
nezimbangela eziyinhloko zalokhu kuzwela ngokuhlaziya
.okuqondile nokuzithiba

Lolu hlobo lokungezwani komzimba okungenampilo
lunemiphumela emibi kakhulu; ludla inhliziyi njengomlilo
futhi lubhubhisa izicubu zokuthula. Ngakho-ke, kumele
kubhekanwe nalo ngokuhlakanipha, ngokunengqondo,
.nangentando eqinile

Ngisebenza kanzima ukukhonza wonke umuntu, kodwa
uma ngibuyela ngedwa ukuze ngizindle, angivumeli muntu
ukuthi aphazamise ukucabanga kwami Ezinye izinto
zingalinda, kodwa i-aphoyintimenti yami yansuku zonke
noNkulunkulu akumelwe inganakwa noma inganakwa

Ngaphambi kokwenza noma yisiphi isenzo, yima
kancane bese ucabangela ngokucophelela imiphumela
kanye nomthelela wazo engqondweni yakho, emzimbeni,
nasemphefumulweni Izenzo eziqhutshwa ukuphoqeelwa
azizona inkululeko, njengoba izenzo eziphikisana nemithetho
yokuzwana kanye nentuthuko zizomvimbela umuntu.
Ngakolunye uhlangothi, izenzo ezivunyelwe ukuqonda kanye
nokuvumelana nonembeza womuntu zinhle futhi ziletha
.inkululeko

Uma unquma ukwenza into enhle, noma ukuyeka
ukwenza into embi, futhi unamathela kuleso sinqumo futhi
wenze ngokufanele, yazi ukuthi isabelo sakho senkululeko
.siningi

UNkulunkulu ufuna sisebenzise inkululeko
yokuzikhethela esinikezwe yona ukuze simfune futhi
.simthole, kodwa akafuni ukuzibeka phezu kwethu

Isifiso sokusondela kuNkulunkulu nokumazi asizifikeli
sodwa, kodwa kumelwe sivuselelwe futhi sinakekelwe
Ngaphandle kwaleso sifiso, impilo ayinanzuzo noma
.ukunambitheka

Vumela ukuqonda kwakho okungokomoya kuqondise
ukucabanga kwakho futhi impumelelo izokulandela noma
ngabe uya kuphi

KuNkulunkulu nginikela izwi lami, izandla zami, izinyawo
zami, inhliziyo yami, umzimba wami, imizwa yami, intando
yami nakho konke

Uthando luyisikhali esingokomoya esiqeda zonke izimpi

Ngale kwalomhlaba kunemihlaba engenamkhawulo
lapho sizophinde sihlangane khona nalabo esasicabanga
.ukuthi basishiyile unomphelela

Lokhu kuphila kwezwe kushintsha njalo usizi lulandela
usizi, imicabango ekhohlisayo, imicabango ekhohlisayo, Lo
mlingo obonakala ehlane lokuqonda kwethu kumele
unyamalale, futhi kumelwe sivuse ubuthina bethu
.bangempela ngaphansi kwezimbozo ezinde zezinto

Ungazami ukusekela amathemba akho kulokhu kuphila.
Ikuphi isiqinisekiso sakho? Uphephile kuphela uma
.uphephela olwazini lukaNkulunkulu

Inggikithi yomphefumulo ifana negolide lasendulo
eligqitshwe ngaphansi komhlabathi Lapho umhlabathi
ususwa egolideni bese ugezwa ngamanzi okuzindla, ukhanya
.kabusha ngobumsulwa obuphelele nokucaca

Nkosi, ake sibone okuhle, sicabange imicabango emihle,
futhi sihlangane nalabo abanesimilo esihle. Sisize sicabange
ngawe futhi sizindle ngawe, wena ongumthombo wakho
.konke ukulunga kanye nomsuka wakho konke okuhle

Inkululeko ebuthakathakeni

Indlela engcono kakhulu yokungoba ubuthakathaka
ukuyeka ukucabanga ngakho; ngaphandle kwalokho,
umqondo wobuthakathaka uzokweqa ukuqonda kwakho futhi
ubuse umuntu wakho wangaphakathi. Uma sizilethela
ukukhanya, ubumnyama buzonyamalala sengathi abukaze
.bube khona

Lowo mbono ungilethela ugqozi oluhle kakhulu

Uma ukukhanya kungeniswa emhumeni obumbozwe
ubumnyama iminyaka eyizinkulungwane, ubumnyama
buyanyamalala ngokushesha Ngokufanayo, ubuthakathaka
namaphutha ayanyamalala lapho sivumela ukukhanya
kukaNkulunkulu ukuthi kungene ekuqondeni kwethu, futhi
ubumnyama bokungazi abukwazi ukuhlala. Lena ifilosofi
.okufanele siphile ngayo

Ukuhlehlisa izinto akusizi ngalutho Isondo lempilo
alipheli ukujika, futhi izinsuku zokuphila kwethu zidlula
ngokushesha Njalo ngomzuzu esiwuchitha sicabanga
ngokucacile futhi senza ngokuhlakanipha kuwukutshalwa
kwezimali okuphumelelayo nokunenzuzo enjabulweni yethu

Abantu abaningi bachitha impilo yabo yonke becabanga
ngemali, ubulili, nodumo, futhi abavamile ukugxila ezintweni
ezibalulekile ezibalethela ukuthula kwengqondo futhi
.ziphakamise ukuqwashisa kwabo emazingeni aphezulu

Kungakhathaliseki ukuthi indima yomuntu iphansi
kangkanani, ubhekwa njengophumelelayo emehlweni
kaNkulunkulu uma azi ukuthi angasisebenzisa kanjani
isikhathi sakhe ngokuhlakanipha futhi aqondise imicabango
.yakhe ezindleleni ezifanele

Uma ukukhanya kukaNkulunkulu kukhanya kumuntu,
akazizwa sengathi udinga lutho ngoba injabulo emqobayo

igcwalisa wonke amaphupho akhe futhi imenza azizwe ejulile
ukuthi ungocebile kunabo bonke abacebile futhi ujabule
.kunabo bonke abajabule kakhulu kulokhu kuphila

Umhubhe Wokukhanya

Labo abanolwazi olungokomoya oluvuswa yimicabango
ekhanyiselwe, izenzo ezinhle, imizwa yomusa, kanye
nokuzindla okujulile bangezwa ukuhamba kwabo emzimbeni
ngesikhathi sokugcina sokuhamba ngeso elingokomoya.
Ngesikhathi sokuhamba kwabo emhlabeni, i-yogi ijwayela
ukubona umhubhe weso elingokomoya emngceleni
ophakathi kwezinto nomoya, futhi ngesikhathi sokushiya
uMhlaba, bangangena kulo mhubhe okhanyayo futhi badlule
kulo mhlaba baye endaweni kaNkulunkulu engenamkhawulo
.yokukhanya, injabulo, ukuthula, kanye nenkululeko ephelele

{Ukukhanya phezu kokukhanya}

Isibani somzimba yiso [elingokomoya]

Uma iso lakho lilodwa

Khona-ke umzimba wakho wonke uzogcwala ukukhanya

Futhi ukukhanya kukhanya ebumnyameni, kepha}

{ubumnyama abukwazanga

Ukuzinikela kuwukuzwa usizi lwabanye, ukusondela
kubo, ukuxhumana nabo, ukuzama ngobuqotho
ukubaduduza ebunzimeni babo, ukujabulela injabulo yabo,
nokwenza konke okusemandleni ethu ukugwema ukwesaba,
.isidingo, nokukhathazeka kubo

Umuntu onomoya wobubele akenzi ngokwezibalo
nokulindela okulinganiselwe, kodwa usebenzisa ukuqonda
kwakhe nokwahlulela okunengqondo futhi aqhubeke
nokuzisiza yena nabanye, ebonga uNkulunkulu
ngempumelelo ayifinyelelayo. Uma ehluleka kanye noma

kaningana, akazizwa edangele, kodwa kunalokho uba
nokuzimisela okwengeziwe, ephinda kabili imizamo yakhe
futhi ephinda umzamo, ehlola imibono nezindlela ezintsha,
eqondiswa ukukhanya kwesizathu, futhi efuna usizo
lukaNkulunkulu aze afinyelele umgomo wakhe futhi
.afinyelele injongo yakhe enhle

Lowo osebenzela ukwenza abanye bajabule uthokoziswa
nguNkulunkulu ngomuzwa wangaphakathi wenduduzo
yengqondo. Futhi uma elahlekelwa okuthile ngenxa yalabo
azama ukubasiza, akakubheki njengokulahlekelwa ngoba
ngenxa yalokho uthola injabulo nokuthula kwengqondo
kukaNkulunkulu. Uphilela ukuthanda, ukusebenza, ukupha,
.nokuhlwanyela imbewu yobuhle nokuthula emasimini esintu

Noma ubani odlula umhlaba wakhe siqu ngemicabango
yakhe nemizwa yakhe wandisa ukuqonda kwakhe, wandisa
uzwela lwakhe, futhi uzizwa sengathi umhlaba uyikhaya
lakhe futhi ubuntu ngumndeni wakhe. Uyaqaphela ukuthi
inhloso yokuba khona kwakhe kulo mhlaba ukuziguqula
ngaphambi kokuzama ukuguqula abanye, ngoba noma ubani
oziguqulayo usiza abanye ukuziguqula ngesibonelo sempilo
yakhe. Izenzo zinomthelela ojulile kanye nomthelela ojulile
.emiphefumulweni yabanye kunamazwi

Izindawo zokuma ezimfushane

:Ubuhle bobuqotho

Abanye abantu bazama ukubalekela izinkinga zabo
ngokumomotheka, kodwa lolu hlobo lokuphunyuka ludinga
unembeza ohlanzekile, ongenabuzenzisi nokukhohlisa. Uma
umuntu eziphatha ngokwethembeka yena nabanye, futhi
enza ngobuqotho nangobuqotho, amehlo akhe ayacaca,
futhi ukukhanya okuyingqayizivele kuvela kuwo—ukukhanya
okungenakuphikwa kobuqotho

:Ukwethembeka

Abanye abantu basho izinto eziningi bethi bathembekile,
kodwa awukwazi ukukhuluma nabo bonke abantu ngakho
konke Uma unikeza iseluleko nesiqondiso, abanye abantu
abawaqondi kahle amazwi akho futhi abazuzi lutho kulokho
okushoyo; lokhu kuwumzamo olahlekile kanye nomzamo
ongaziswa Ukuthula ezimweni ezinjalo kuyinto enhle, kodwa
lokhu akusho neze ukuthula ngokwenza okubi

:Ukuzwana

Ukuzwana kuyamangalisa ngempela Abantu abaningi
bayazi ukuthi kunzima kangakanani ukuzwana nabanye,
kodwa wake wacabanga ngokuzwana nawe? Kunzima
kakhulu, kodwa kungenzeka Uma uzihlaziya, uzothola ukuthi
uhlala ungezwani nawe Uma ungazithandi, ngeke uthande
omunye umuntu Futhi uma umuntu engazwani naye, angaba
?kanjani nokuzwana nabanye

Ukuzwana kubalulekile ukuze kube nokuzwana
nomhlaba. Ngakho-ke, kubalulekile ukuzihlonipha
nokuzithanda, ngoba ufanelwe yilolo thando. Umuntu
kumelwe azithande ngoba uNkulunkulu wasidala futhi
wasinika amandla amahle. Ukuthanda lo muntu
wangaphakathi, lo buntu obugcwele izimfanelo ezinhle,
kuphefumulela ukuziphatha okuhle futhi kuhlanze ingqondo
.ekungcoleni kanye nenhliziyo ebubini nasenzondweni

:Ukulinganisa ikhampasi yezincwadi

Umuntu akanakukhohlisa unembeza wakhe, athethelele
ukwenza okubi, noma abalekele imiphumela yokuziphatha
okungalungile, noma ngabe umuntu angahamba aye kwenye
iplanethi. Imiphumela yezenzo zakhe iyamphelezela, futhi
umuntu kumelwe alungise inkambo yakhe futhi alungise

ikhampasi yakhe yokuziphatha ukuze inaliti yayo ihlale
.ikhomba endleleni efanele

Abanye abantu baphila ezimweni ezimbi kakhulu kodwa
bavumelana kakhulu nabo, kuyilapho abanye benawo wonke
amathuba nakho konke abakudingayo kodwa bephikisana
njalo nabo. Ngakho-ke, akufanele ulinde izimo zishintshe.
Ziqinisekise ukuthi uphilile naphezu kwendawo okuyo,
.okungase kuhluke kulokho okufisayo

Noma ubani ozibeka ngaphansi kwezimo, ulinda izinto
.zishintshe, futhi ukulinda kwakhe kuzothatha isikhathi eside

Kuthiwa indoda yayikhuluma kahle izilimi eziyishumi
nesishiyagalombili, kodwa yayimpofu kakhulu kangangokuthi
yayingenakukwazi ukukhokhela isibani sokufunda. Ngakho-
ke yayiya ekhoneni ihlale ngaphansi kwesibani somgwaqo
ukuze ifunde. Ngempela, amandla okuzimisela adala
izindlela, akha amathuba, avuselela ithemba, afeze
.imisebenzi, futhi agcwalise izifiso namaphupho

Ukuxhumana kwangempela nalabo abamaziyo
uNkulunkulu kungenziwa ngokuxhumana nabo mathupha,
ukufunda okucatshangelwe emibhalweni yabo, noma
ukuzindla ngokujulile nangobungane ngabo lphuzu
elibalulekile okufanele ulikhumbule Livumelana nokugonda
kwabo, okuvumelana noNkulunkulu

Uma sivumelanisa ukuqonda kwethu nemiphefumulo
emikhulu ethanda uNkulunkulu, lokhu kuvumelana
kushintsha kancane kancane izimpilo zethu ngendlela
emangalisayo kakhulu. Lokhu kuvumelana akugqilazi
intando kodwa kunalokho kwandisa ububanzi bayo futhi
kuqinise amandla ayo. Lona umehluko phakathi
kokuvumelana nabantu abagcwele ubugovu futhi abamatasa
ngalokho abangakuzuza, kanye nokuvumelana nabathandi
bakaNkulunkulu nesintu abanhloso yabo ukunikeza

nokuvusa uthando lwaphezulu emiphefumulweni yalabo
abavumelana nabo. Ukuzikhandla kwalaba bantu
ababusisiwe kusenza sisondelane kakhulu nokuzikhandla
.kwaphezulu

Kumelwe sikhumbule ukuthi nakuba silwela
ukuhlangabezana nezidingo zethu, kumelwe futhi sise
abanye bathole lokho abakudingayo futhi babelane ngezinto
ezinhle ekuphileni eziza kithi. Masikhumbule ukuthi
siyingxenye ebalulekile yomndeni womhlaba wonke nokuthi
.asinakuphila ngaphandle kwalo mndeni omkhulu

Impilo ibiyoba njani ngaphandle kwababazi, abasunguli
bezinto ezintsha, abalimi, nabanye? Ngokupha
nokwamukela, nokushintshana ngezinsizakalo, uNkulunkulu
ufuna sicabange futhi sizwelane nabanye Kuyiphutha
elikhulu ukuphilela wena wedwa ngaphandle kokucabangela
abanye Uma sicabanga ngenjabulo yethu, kumelwe futhi
sicabange ngenjabulo yabanye Asidingeki ukuba sinikele
ngakho konke esinakho ngenxa yenhlalakahle yomndeni
womhlaba wonke, njengoba lokho kungenakwenzeka
Kunalokho, kufanele sizwelane nabanye futhi senze konke
esingakwenza ukuze sibasize futhi sinciphise imithwalo yabo

Kukhona ubudlelwano phakathi kwempumelelo kanye
nokwaneliseka komphefumulo, ngaphakathi komongo
.wendawo umuntu aphila kuyo

Impumelelo yangempela iwumphumela wokuziphatha
okuhambisana nezimiso zokulunga, futhi ihlanganisa injabulo
kanye nenhlalakahle yabanye njengengxenye ebalulekile
yokwaneliseka komuntu siqu Noma ubani osebenzisa lesi
simiso empilweni yakhe yezinto ezibonakalayo, yengqondo,
yokuziphatha, nengokomoya uzothola ukuthi le ncazelo
yempumelelo iphelele futhi iphelele

Abantu bacabanga ngempumelelo ngezindlela
ezahlukene kuye ngemigomo yabo empilweni. Ngezinye
izikhathi, abanye abantu bayifanisa nokweba, bethi izinto
ezinjengokuthi, "Uyisela eliphumelelayo!" Lokhu kubonisa
ukuthi akuyona yonke impumelelo efiselekayo; impumelelo
.yethu akufanele ilimaze abanye

Esinye isici sempumelelo ukuletha ukuthula
nemiphumela emihle, hhayi kithina kuphela, kodwa futhi
.kumelwe sabelane ngalezo zinzuzo nabanye

Ukufeza impumelelo yezezimali akusho nje ukujabulela
lokho esikufanele; kusho nokuba nomthwalo wemfanelo
wokusiza abanye ukuba bakhe impilo engcono. Noma ubani
ohlakaniphile angathola imali, kodwa uma enothando
enhliziyweni yakhe, ngeke akwazi ukuyisebenzisa
ngobugovu leyo mali; kunalokho, bazokwabelana nabanye
.ngalokho abanakho

Imali iba yisiqalekiso ezandleni zabantu abahluphekile
nabathanda ukuphana, kodwa iyisibusiso nesipho kulabo
.abanezandla eziphanayo nezinhliziyi ezinhle

Imiphefumulo emihle idonsela imiphefumulo emihle
futhi idonseleka kuyo

Kumelwe sifunde ukuthanda omakhelwane bethu
njengoba sizithanda futhi sikhumbule ukuthi silapha kule
mpilo isikhashana, ngemva kwalokho siya kwelinye izwe
elisezingeni lalo lincike ezingeni lokucabanga kwethu kanye
nekhwalithi yezenzo zethu phakathi nalokhu kuhlala
.emhlabeni

Obani izihlobo zethu zangempela? Kumuntu
ohlakaniphile, wonke umuntu uyisihlobo, futhi ngamunye
"ungumakhelwane" Yiqiniso, umuntu ohlakaniphile uyakwazi
ukuqonda futhi uyaqonda ukuthi nakuba ilanga likhanyisa

ucezu lwamalahle nedayimane, idayimane, ngokungafani
nelahle, linekhono eliyinqayizivele lokwamukela
nokubonakalisa ukukhanya ngokugqamile. Umuntu kufanele
afune ubudlelwane nalabo abanemicabango nemizwa
emsulwa njengedayimane futhi kufanele anikele isikhathi
ekutholeni abangane abaqotho. Labo abaphila impilo
ehlanzekile nethembekile bazodonsela abangane
ababonakala ngokuhlanzeka nokwethembeka, kuyilapho
labo abaphila ngemvelo ephansi ngaphandle kokuqonda
.bazodonsela abangane abafana nabo

Uma ubheka imigomo ephakeme nezimiso eziphakeme,
kuyalulekwa ukuthi ugweme ukuzihlanganisa nabantu
abangakholelwa kulezo zimiso futhi abadida imicabango
futhi baphazamise isimo sengqondo, ukuze ukudlidliza
kwabo kunganciphisi izinga lakho lokudlidliza. Ngesikhathi
.esifanayo, ungakhiphi muntu esixukwini sakho sothando

Ngaphezu kwalokho Umuntu akufanele anikeze uthando
kuphela, kodwa futhi enze ukuthula, ukuze noma ngabe
uyaphi, adale ukuthula nokuthula, aqabule labo
abamzungezile ngokuba khona kwakhe komusa Akekho
ofuna ukusondela enkanini enuka kabi—ngiyaxolisa ngale
nkulumo—wonke umuntu uyayigwema Ngokufanayo,
umuntu okhathazekile, osheshayo, nothanda impikiswano
uyacasula futhi axoshe abanye. Sifuna ukuba njengezimbali
eziqhakazayo ezikhipha iphunga elimnandi elijabulisa
inhliziyo. Masilwele ukusakaza iphunga lokuthula nomoya
.omuhle noma ngabe siyaphi noma ngabe sihlala kuphi

Umbuso kaNkulunkulu awukho phakathi kwamafu noma
endaweni ethile esibhakabhakeni. Ungale kobumnyama
esibubonayo lapho sivala amehlo ethu, futhi lapho sizindla
futhi sithandaza, iso lomoya elisebunzini liyavuleka
ngaphakathi kithi, bese sibona ukukhanya okubusisiwe futhi
sizizwe injabulo ingena kuwo wonke amangqamuzana

omzimba, futhi sizwa ukuthi isihenqo sisusiwe futhi
.umnyango oyimfihlo uvulekele umbuso kaNkulunkulu

UNkulunkulu uyinjabulo ehlala ivuselelwa, injabulo
ehlanganisa konke. Kumelwe sizizwe simunye ngaleyo
njabulo ehlala ngaphakathi kithi futhi ezungeze
.okungenamkhawulo

Ngaphesheya kwemingcele yokudlidliza kwezinto
eziqinile kukhona ukuqonda okungenamkhawulo, okubanzi,
okungaphezu kwencazelo kuyo yonke inkazimulo yayo,
ubukhulu, kanye nokungenamkhawulo Lona umbuso wezulu,
.injabulo engapheli, engenamkhawulo, nengapheli

Lapho ukuqonda komphefumulo kukhula, futhi uzizwa
ubukhona bawo yonke indawo, ube usuhlangana nomoya
.waphezulu

Inkazimulo ku-Ongenamkhawulo Ophelele, ohlezi
esihlalweni sobukhosi, lapho izulu lihlangana khona
nolwandle. Inkazimulo ku-Ophakeme Ongenamkhawulo,
ohlezi esihlalweni sobukhosi ekuthuleni okungaphakathi
kithi; ngokugxila ku-Ongenamkhawulo okungaphakathi,
.singathola amandla ayo angenamkhawulo

Ulwazi olutholakala ngokufunda izincwadi noma kubantu
luwulwazi olulinganiselwe, kanti ulwazi olutholakala ngqo
kuNkulunkulu lunikeza amandla okuhlakanipha, ubuhle
bokuqiniseka, ukuthula kwenhliziyo, kanye nokuthula
.komphefumulo

Nkosi, ngifundise ukuthandaza ngokugxila okujulile
nokuhlanganisa ukuzindla nokulangazelela okusuka
enhliziyweni futhi inhliziyo yami mayihlanzwe nsuku zonke
.ngothando lwami olumsulwa ngawe

Ukugqashula emikhawulweni ye-karma

kungakhathaliseki ukuthi ingqondo noma umzimba, ,
ukuqonda noma ukungazi, kunomthelela othize empilweni
yomuntu lizenzo zangaphambilini akuzona nje lezo ezenziwa
ezinsukwini, ezinyangeni, noma eminyakeni edlule, kodwa
futhi nezenzo ezivela ekuphileni kwangaphambilini

Ubufile, futhi wakunika impilo; khona-ke uzokubangela
ukuba ufe, khona-ke uzokuphinde akuphilise; khona-ke
.uzobuyiselwa kuYe

Imiphumela emihle nemibi yezenzo zomuntu Empilweni
yakhe yamanje, le mikhondo ihlala igcinwe entweni engazi
lutho noma engaphansi kokuqonda, futhi imiphumela
umuntu ayithwalayo (noma ethwalwa ngumphefumulo
wakhe) evela emizimbeni yangaphambilini ilele
njengembewu engaphansi kokuqonda, ilinde izimo ezifanele.
Ukuhluma nokukhula ngesikhathi esithile se-karmic.
Umthetho we-karma, olinganisela izinto, uhilela isenzo
nokusabela, imbangela nomphumela, ukuhlwanyela
.nokuvuna

Wonke umuntu ubumba isiphetho sakhe ngemicabango
nezenzo zakhe, futhi amandla awakhiphayo,
kungakhathaliseki ukuthi ngokuhlakanipha noma ngobuwula,
ngokungenakugwenywa abuyele kuwo njengendawo yakhe
yokuqala, njengoba nje indilinga iziqedela ngokunemba
okuphelele [Umbuzo uwukuthi] umuntu ofuna
ngokuzithandela kumelwe abhekane—ngokuphambene
nentando yakhe—nemiphumela engenakugwenywa yezenzo
zakhe zangaphambilini, noma yini ebizwa ngokuthi
ukunqunyelwa kusengaphambili? Impendulo ithi cha
UNkulunkulu ungumthetho nothando, futhi umuntu ofunayo
ophendukela kuYe ngokulangazelela okuqotho nokholo
oluphelele, avumelanise izenzo zakhe nomthetho waphezulu,
futhi afune uthando lukaNkulunkulu olungenamibandela

ngokungangabazeki uzothola isibusiso saphezulu esilula
.imithwalo esindayo futhi sithuthukise izimo

UNkulunkulu wasibeka kuleli zwe eligcwele izinkolelo-ze,
futhi Uyazi ukuhlupheka kwethu kanye nezinhlupheko
esizibekezelelayo Abantu bajulisa ubumnyama
bangaphakathi bokungazi okungokomoya lapho bezibheka
becwila esonweni futhi bengenamandla okuphunyuka
ekujuleni kwaso. Kungcono ngabo ukuba balwele
ukuzilungisa, befuna usizo nobubele obuvela enhliziyweni
yesihe saphezulu, benethemba lokuthethelelwa
.kuNkulunkulu onothando, onesihawu, nothethelelayo

Uma siqaphela ukuxhumana kwethu okuseduze
noNkulunkulu, iyiphi i-karma engasibopha? Ungavumeli
muntu akuqinisekise ukuthi ubuhlungu nobunzima bakho
buwumphumela we-karma yakho Njengomoya ongaphakathi
kwakho, awunayo i-karma Kunalokho, kumelwe uqaphele leli
qiniso ngokuziqinisekisa ukuthi umunye nengqikithi
yokuphila, ukukhanya, namandla e-cosmic. Uma uqaphela
leli qiniso, awunalutho lokwesaba, futhi uNkulunkulu
uzokuvula iminyango eminingi futhi akunike amathuba
.amaningi

Uma ungakhululekile ngendlela impilo yakho ehamba
ngayo, shintsha indlela ocabanga ngayo bese unikeza
izinzwazakho amandla amahle futhi uzozizwa umehluko
.wena ngokwakho

Akunasidingo sokuba abantu bakhale futhi bakhale
ngalokho abakuphuthelwe, noma bathi izimo zabo
ezingemnandi zibangelwa amaphutha abawenza kulokhu
kuphila noma esikhathini esidlule, ngoba lokhu kuyindlela
yokunganaki ngokomoya. Kumelwe benze futhi basiphule
ukhula ensimini yokuphila, bese izimbali ezimnandi
neziqhakazile kakhulu ziqhakaza futhi zithele izithelo

ezimnandi nezifiselekayo kakhulu. Ngomusa waKhe,
.oPhezukonke

Ukuzithoba kuNkulunkulu akusho ukungasebenzisi
intando yethu ukuthuthukisa izindaba zethu nokulinda
uNkulunkulu ukuba alungise izimo zethu ngaphandle
.komzamo wethu, ngoba uNkulunkulu usiza labo abazisizayo

Iphuzu liwukuthi sifunda indlela yokuya kuNkulunkulu
ukuze aqondise intando yethu futhi abusise futhi aqinise
imizamo yethu efanele Lapho singoba isithiyo sokungafuni
ukuzinikela, sithola kuNkulunkulu isivikelo esinganikezwa
muntu kuleli zwe, futhi sithola namandla okungekho vivinyo
olungawanqoba

Wonke umuntu angakha ubuhlobo obukhethekile
noNkulunkulu uma azi ukuthi angavula kanjani izinhliziyi
zakhe kuNkulunkulu futhi alangazelele ukuba khona kwaKhe
kwaphezulu, okuletha injabulo nokuqiniseka

Uma umuntu ezwa isidingo esijulile sikaNkulunkulu, azi
ukuthi akanakukwazi ukuphila ngaphandle kwaKhe, uzothola
ukuthi uNkulunkulu uphendula ngandlela thile. Kodwa
kumelwe aqale ahlakulele lowo muzwa onamandla, ngoba
.impendulo ngeke ize ngokuzenzakalelayo

Uma singamniki uNkulunkulu indawo yokuqala
ekuphileni kwethu, isimo sethu sengqondo sizoba
nokukhathazeka nokudideka, futhi ngeke sikwazi
ukubhekana nezidingo zokuphila ezingapheli ngendlela
.enengqondo nefanele

Futhi iyiphi indlela yokuthuthukisa leso sifiso? Njalo
lapho sibhekene nobunzima noma ubunzima, futhi njalo
lapho sizwa ubunzima ezinhliziyweni zethu, kumelwe
siphendukele kuNkulunkulu sicele usizo Lwakhe, sazi ukuthi
noma ubani othanda uNkulunkulu futhi uyalugcina

engqondweni nasenhliziyweni yakhe. Isimo Sakhe
.sizothuthuka. Isimo Sakhe siyashintsha sibe ngcono

Uma sivuselela futhi siphehla i-ether Ngemithandazo
yethu esuka enhliziyweni kanye nezicelo eziqotho Sizokhipha
umongo wempendulo yaphezulu Eukethe ukudla,
ukuphulukiswa, kanye nenjabulo

Kulabo abafisa ukondliwa ngokomoya, ukukhungatheka
nokwehluleka kwangaphambilini akubalulekile Izifundo
zingafundwa kuzo, futhi umuntu angazama futhi, ephinda
umzamo kusukela ekuqaleni. Impumelelo izoqinisekiswa,
ngosizo lukaNkulunkulu, kubo bonke abangadunyazwa
ukwehluleka, abazimisele ngokungancishiswa yizinhlekelele,
futhi abakholelwa ngokholo oluqinile Ukuthi uNkulunkulu
uyabasekela labo abaphikelela Labo abasemgwaqweni
ofanele, futhi ubanikeza ithemba, amandla, kanye
nethemba, baze bafinyelele umgomo wabo wokugcina
.Nokufeza injongo yokuphila

Umcabango ungamandla afana nogesi, kanye nezimo
zengqondo. Ubuyela emuva ekucabangeni nasendleleni
yokucabanga

Ugesi uwusizo futhi uyingozi; noma ubani owusebenzisa
ngokuhlakanipha uwubeka enkonzweni yakhe. Ngaphandle
kwalokho, ungase umbulale ngogesi. Ngakho-ke wacabanga
kanjalo. Uma uqondiswa ezindleleni ezifanele. Uletha
injabulo kumnikazi wawo, ngaphandle kwalokho umlethela
.inkinga

Umcabango ufana nehhashi lasendle, kodwa
ukuwulawula akuyona into engenakwenzeka, futhi
ukucabanga okuhle kuyindlela eyodwa yokulawula
umcabango

Ukucabanga okuhluzekile kungumngane oseduze Futhi
ingqondo egulayo iyisitha esihlala njalo

Ukucabanga okuhluzekile kudonsela ukuthula
nokuphepha, kuyilapho ukucabanga okungenampilo
kudubula imicibisholo ebulalayo ephindela kumnikazi wayo
kabili. Ngakho-ke isisho esithi, "Umvuzo ufana nesenzo."
Uma nje umuntu ethumela izinhloso ezinhle, imicabango
yakhe izophenduka izibani, ikhanyise amakamelo
omphefumulo futhi ixoshe izingqwaba zobumnyama, ukuze
azizwe eduduzekile kakhulu, namehlo akhe akhanye
ngokumamatheka kokwaneliseka! Kwangathi
ukumamatheka kungahlala emehlweni akho. Ukuthula
.makube phezu kwakho

Impilo ifana nesigayo esigaya imbewu yokuhlolwa
okunezithelo kanye nokuhlola, ukwenza isinkwa sokuphila
Kufana nomgwaqo ogobile, onezimbali eziluhlaza kuzo
zombili izinhlangothi zezimvemvane ezikhanyayo Nezihlahla
ezinezithelo ezimnandi emagatsheni azo, kodwa asivamile
ukuyeka Masijabulele ukukubona futhi sinambithe
ubumnandi bako; ngempela, sivame ukuba sematheni Ukuze
sifinyelele ezindaweni ezibanzi, sicabanga ukuthi
kunemibono emihle kakhulu kunalokho esikubonile Kodwa
njengoba sihamba kancane kancane Ezindleleni
ezinezimbali, ezithela izithelo, sithola imithi emnyama
kakhulu kunemisha, bese izimbali ziyanyamalala. Kanye
nakho, izimvemvane kanye nezithelo, bese sizithola
.sesisehlane elingenalutho

Ukuphila komuntu kufana namanzi olwandle, ahlanzwa
futhi abe masha Kuphela uma ukhuphukela emkhathini
ophezulu Kufana nephupho lasekuseni, elikhula
ngokukhanya njengoba ukhula, ngoba izinto zibonakala
zicacile futhi zicacile Kufana nohambo lapho indawo

iyashintsha njengoba sihamba amabanga Bese indawo
efanayo iyashintsha njengoba sisondela kuyo, njalo njalo

Ukuphila akudumazi abahlakaniphile, ngoba babhekana
nakho ngobuhlakani futhi bayakujabulela Ngaphandle
kokukuvumela ukuthi kubalawule futhi kubaphuce inkululeko
yabo. Isibonelo, bayawajabulela amanzi. Bayawaphuza futhi
bawageze, kodwa abazivumeli ukuthi bacwile kuwo.

Bajabulela izingubo abazithandayo. Ngaphandle
kokunamathela ngokweqile emithethweni nasemisebenzini
ebhekwa njengento engabonakali. Bajabulela ukudla
ngaphandle kokuvumela ukuminza ukuba kuwadle, ngoba
ukudla ngokweqile kwenza umzimba ube buthaka. Futhi
kugwinya ukuqonda. Futhi uzowubhubhisa ngokuphelele.

Ngakho-ke, umuntu kufanele ajabulele impilo. Kodwa
.ngaphandle kokuqeda amandla ezinzwa ngokucwiliswa

Ukuzwana nabanye Akusho ukuvumelana nabo kukho
konke, noma ukudela imibono ngenxa yabo, ngoba le ndlela
yokuzivumelanisa ayifiseleki futhi ayihambisani neqiniso

Abaguquli kanye namadoda amakhulu abazange
bavumelane nabantu abaningi ababazungezile, noma
kunjalo babambelela ngokuqinile emibonweni yabo, ngoba
.baqaphela ukuthi lokho ababekwenza kwakulungile impela

Okokuqala nokubaluleke kakhulu, umuntu kumelwe
avumelane noNkulunkulu, bese kuba nonembeza wakhe,
bese kuba nabantu

Isimiso akufanele sibekwe eceleni futhi singasebenzisi
izisusa ezicashile ukuze sifeze injongo ethile, ngoba lokho
.akufanele abantu abalandela izimiso

Ubani ongaphila ngendlela ejabulisa uNkulunkulu?
Ungalimazi abanye, ngoba abanakho okufanele bakwesabe
Uma le ndlela ingabanelisi abanye, kwanele ngomuntu
ukuba azizwe ekhululekile ngaphakathi futhi enokuthula

kwangaphakathi okumenza azimele ngaphandle
.kokwamukelwa ngabantu

Amandla nesifiso somphefumulo Ekuphendukeleni
kuNkulunkulu Kubizwa ngokuthi i-magnetism engokomoya
Futhi ngale magnetism umphefumulo udonsela izibusiso
kuwo kanye nokudlidliza okuhle kanye nakho konke okuhle
kwabantu Okumkhumbuza ngobuhle nokulunga
amandla okuzidonsela angokomoya. Amandla adonsela
futhi adonsele umuntu kuye. Abangane abahle nezinto
ezibalulekile kanye nokuqonda izinto ngendlela
eqondakalayo. La mandla atholakala emandleni akhangayo
.kaNkulunkulu

Ikhandlela Lokuthula

Thatha imbiza yengqondo uyigcwalise ngokuthula
kwakho

Thatha ibhodlela lemizwa yami, Ligcwalise ngesihe
sakho

Thatha ibhasikidi lami lomphefumulo elingenalutho,
Ligcwalise ngezithelo zokuhlakanipha kwakho

Thela amanzi othando lwakho emphefumulweni wami
Ngizowathela ezinkomishini zomphefumulo owomileyo

Diliza izindonga zobugovu Ngicwilise ebukhoneni bakho
bonke

Umsebe wokusa kothando

Makabuke esuka ekuvulekeni kwenhliziyo yami

Kungikhumbuza ukukhanya kwelanga kothando lwakho

Ukusabalala esibhakabhakeni sempilo yami

Ukukhanya okukhazimulayo kothando lwakho
kukhanyisile

Phezu kwami, futhi kwakhanyiselwa

Ukukhanya kwakho kugcwalise isikhala sami
esingokomoya

Ungukuphila okusekela umzimba wami

Futhi ingqondo ephefumulela imicabango yami

Nokuhlakanipha okususa ukungazi kwami

Ngikhanyisa ikhandlela elincane lothando lwami

Ukufunda incwadi yegolide

Kugcinwe ngaphakathi kimi kusukela ezikhathini
zasendulo

Uthando lwakho lwalukhona futhi lusekhona

Ikhandlela elingabonakali lokuthula

Okuxosha ubumnyama futhi kungibonise imiyalezo
yakho

Ibhulogi isemakhasini ezinhliziyo

Inkazimulo yakho mayibonakaliswe, Nkosi

Kwangathi ukukhanya kokuhlakanipha kwakho
kungasusa

Ukungazi, ukungezwani, nomona

Kusukela ogwini lomhlaba kuze kube phakade

Guqula ubuthakathaka bethu bube amandla

Futhi sabuthakathaka ekuzimiseleni

Shaja imizimba yethu ngogesi obalulekile
Futhi ugcwalise ingqondo nomphefumulo ngokukhanya
kwakho okuphulukisayo

Bamba isandla sethu ukuze singaminzi emanzini
okunganaki kwakho, futhi ugcwalise ubukhona bethu
ngothando lwakho nokuhlakanipha kwakho Masizizwe
siseduze kakhulu nawe nokuthi ilanga lesihawu sakho
.lisikhanyisela njalo

Ngibeka izimbali zemicabango yami ehlekisayo
nephilayo

Esakhiweni sokuthula

Iphunga lakhe elithule liyacula

Futhi uhlabelela ngenkazimulo yakho

Futhi ngokukhanya kokukhanya kwakho okungcwele

Ngiyabona ubuhle bokuba khona kwakho

Amaphupho ami ajabulisayo ayagcwaliseka

Lapho ukukhanya kwakho kukhanya emphefumulweni
wami

Izindwangu zivutha umlilo wokuhlakanipha

Ngibona inkazimulo yakho, futhi injabulo yami iyanda

Kwangathi uNkulunkulu angakukhanyisela ngokukhanya
kwakhe

Futhi imikhonzo evela emphefumulweni eya kuwe

Kunezidingo eziningi izwe elisibekela zona futhi
lisiqinisekisa ngokubaluleka kwazo okukhulu kanye
nokungenzeki kokuphila ngaphandle kwazo noma ukukwazi

ukuphila ngaphandle kwazo. Kodwa imfuneko eyisisekelo
kumelwe kube ukuthola ukuthula kukaNkulunkulu,
omithombo yakhe ayisoze yome futhi umthombo wakhe
awusoze wome, futhi okwenza konke empilweni kube
.nokunambitheka kanye nencazelo

Masikhumbule ukuthi uNkulunkulu uyisisekelo
sobukhona bethu, nokuthi uthando luyifasitela esibuka ngalo
ubuso Bakhe obukhazimulayo. Noma ngubani ofisa ukuzwa
ubukhona bukaNkulunkulu futhi akhulise leso sifiso esikhulu
emcabangweni nasezenzweni, uNkulunkulu uzophendula
isicelo sakhe futhi amsize adilize izindwangu ezibavimbela
.ukuba babone izibani ezibusisiwe

Noma ubani ozimisele ukuqhubekela phambili endleleni
ngeke avinjwe yilutho, futhi akukho sithiyo esizomvimba aze
afinyelele umgomo wakhe futhi afinyelele isifiso senhliziyo
.yakhe

Amaparele Namatshe Ayigugu Angokomoya

Labo abadalula ubuthakathaka babanye futhi
bababangele amahloni nentukuthelo bakude kakhulu
nokuhlakanipha nokwahlulela okunengqondo. Kufanele
sidelele isono, hhayi isoni, ngoba singumzalwane wethu
emoyeni, naphezu kobumnyama bokungazi obusimbozayo
futhi obusizungezile. Inhloso yokusola kufanele kube
ukuphulukisa, hhayi ukujabula nokulimaza. Kufanele
siphathe umfowethu onesono ngendlela ebesingathanda
ukuphathwa ngayo ukube besisesimweni sakhe nesimo
.sakhe

Noma ngubani ofihla amaphutha omfowabo kuleli zwe,
.uNkulunkulu uzofihla amaphutha akhe kwelizayo

Njengoba nje sahlulela abanye, umthetho ongokomoya
uyasahlulela ngezinga elifanayo. Akufanele silindele okuningi
kakhulu kwabanye, futhi akufanele silindele njalo

imiphumela emihle kunoma ubani, noma ngabe benza konke
.okusemandleni abo

Umuntu angawa futhi akhubeke, kodwa uzohlala
ephephile uma nje enza konke okusemandleni akhe
ukukhuphuka isitebhisi sokulunga nokulunga futhi

Nsuku zonke kufanele sizame ukuphakamisa umoya
wesiguli ngokomzimba, ngokwengqondo, noma ngokomoya
endaweni esikuyo, njengoba nje sizisiza thina noma
.amalungu omndeni wethu

Noma ubani ozama kusukela namuhla ukuphila
ngokwemithetho yaphezulu - esikhundleni sempilo yakudala
yobugovu eletha ubunzima nosizi - uzothola ukuthi
kungakhathaliseki ukuthi indima ayidlalayo iphansi
kangakanani empilweni, ihlala iyindima ebalulekile uma nje
enza umsebenzi wakhe ngokugcwele ngokwesiqondiso
somqondisi womdlalo we-cosmic kanye nomphathi wazo
zonke iziphetho zethu: uNkulunkulu uSomandla

Uma sisebenzisana nabanye ngobuqotho bangempela,
uthando lweqiniso, kanye nokucabangela imizwa, sizoletha
abangane abahle ekuphileni kwethu ngaphandle
kwezintshisekelo zomuntu siqu noma izibalo zobugovu
ezicabangela okuncane; ngaphandle kwalokho, ngeke
.sikwazi ukubona abangane bethu beqiniso

Kuyadingeka ukususa ubuzenzisi nokuzenzisa,
nokwenza ngendlela engabalimazi ngamabomu abanye

Abangane akufanele bathukuthele, badelelwe, noma
baphikiswe, futhi akufanele banikezwe noma yisiphi isizathu
sokuba nemizwa engemihle ngathi Abangane akufanele
baphathwe kabi, baxhashazwe, noma banikezwe iseluleko
esingacelwanga ngaphandle kokuba siceliwe Uma iseluleko
siceliwe, kufanele sinikezwe ngobuqotho nangomusa,

ngaphandle kokwesaba imiphumela Abangane bayasizana
ngokugxeka okwakhayo nokwabazalwane

Okuhlangenwe nakho okunzima empilweni akuzi
ukuzosiqeda amandla futhi kusingqobe, kodwa kuzoqinisa
ukuzimisela kwethu futhi kuqinise ukholo lwethu
kuNkulunkulu kanye nokuzethemba kwethu Abanye abantu
bakholelwa ngephutha ukuthi lokhu okuhlangenwe nakho
nezinselele kuyizimpi ezibhubhisayo
ezingenakuqhathaniswa, ngakho-ke bayayeka. Inggondo
enempilo ibalulekile ekuvuseleleni amandla ethu
angaphakathi ukuze sibhekane ngokuphumelelayo nokuphila
.kanye nezilingo zako

Uma umuntu engancintisani nomuntu onamandla
kunaye, ngeke abe namandla Ngokufanayo, lapho sibhekene
nobunzima bethu ngesibindi namandla engqondo, siba
namandla futhi sibe namandla ngokwengeziwe

Izingqondo zethu ziyingxenye ebalulekile yokwazi
kukaNkulunkulu okubanzi Ngaphansi kwegagasi lokwazi
kwethu kulele ulwandle lokwazi Kwakhe okungenamkhawulo
Lapho igagasi likhohlwa ukuthi liyingxenye yolwandle
olukhulu, lizihlukanisa nalawo mandla olwandle Ngenxa
yalokho, izingqondo zabantu ziba buthakathaka ngenxa
yokulinganiselwa kwezinto ezibonakalayo futhi azisakwazi
ukusebenza kahle nokukhiqiza okuningi Lapho izingqondo
zithuntutha uthuli lokungazi futhi ziphula izibopho ezibopha
amandla azo, zizoba nekhono lokudala nokuxhumana okuhle
nokuphila

Uma ubambelela ngokuqinile embonweni othile futhi
uwugcwalisa ngentando enamandla, lowo mbono uguquka
ube amandla aguqukayo. Lapho umcabango uba namandla
aguqukayo, ungadala indawo efanele yempumelelo,
ngokusho kwemephu engabonakali edwetshwe
.engqondweni

Abantu bayahluleka ngoba bavumela izimo ezinzima
zokuphila ngaphandle kokumelana nazo, esikhundleni
sokumelana nazo ngaphandle kokuzinikela

Kuyadingeka ukuzivocavoca nokwenza kusebenze
amandla okuzimisela

Labo abangena endaweni yokuthula bangaxhumana
ngokomoya neminye imiphefumulo ethanda uNkulunkulu,
futhi bangaqonda ulimi lwama-rose nazo zonke izidalwa
.eziphilayo

O Nkosi, yiba yiNkosi yodwa ebekwe esihlalweni
sobukhosi othandweni lwami nasekulangazeleleni kwami

Labo abazindlayo bathola umuzwa ojulile wokuthula,
futhi lokhu kuthula kwangaphakathi kufanele kugcinwe
ngisho nalapho benabanye. Lokho umuntu akufundayo
ekuzindleni kufanele kwenziwe emisebenzini yansuku zonke
kanye nokuxhumana nabanye, ngaphandle kokuvumela
noma ubani ukuba aphazamise ukuthula noma ukuthula
.kwakhe

Uma ufuna ukwakha umkhuba omuhle noma ukuqeda
umkhuba omubi, gxila emangqamuzaneni obuchopho lapho
.kutholakala khona izindlela zemikhuba ehlukeni

Ukuze wakhe umkhuba omuhle, qala uhlale buthule
uzindle, ufune usizo oluvela kuNkulunkulu. Gxilisa ingqondo
yakho enkabeni yamandla okuzimisela, etholakala ebunzini
phakathi kwamashiya akho, bese uqinisekisa ngokuqinile
umkhuba ofisa ukuwufaka ebuchosheni bakho. Uma ufuna
ukususa imikhuba emibi, gxila futhi ukunaka kwakho kulesi
sikhungo samandla okuzimisela futhi uqiniseke ngokuqinile
ukuthi yonke imigoqo lapho leyo mikhuba igxilile khona
iyasulwa. Ngokugxila kanye namandla okuzimisela, ungasula
ngisho nemigoqo ejulile yemikhuba emidala egxilile.

Ziqinisekise ngokuphindaphindiwe ukuthi unamandla
okuzimisela anele okususa imikhuba engaphilile endaweni
.yobuchopho

Isikhathi esifanele kakhulu sokuqinisekiswa okunjalo
kusesekuseni kakhulu lapho intando nokunaka kuqaphile

Qhubeka uziqinisekisa ukuthi ukhululekile kuzo zonke
izithiyo futhi ngolunye usuku uzothola ukuthi - Ngosizo
lukaNkulunkulu - usuzikhululile kakade emkhubeni obufuna
.ukuwulahla

Noma yini oyisabayo, susa imicabango yakho kuyo bese
uyishiya kuNkulunkulu. Qinisa ukholo lwakho kuNkulunkulu
.futhi uthembele ukuthi uyakwazi ukukusiza

Ukuhlupheka okuningi kuvela ekukhathazekeni
nasekukhathazekeni Kungani kufanele uhlupheke kuyilapho
lokho okwesabayo kungakakenzeki? Cabanga ngokukhanya
kukaNkulunkulu okukuvikelayo okukuzungezile nxazonke,
futhi uzozwa isivikelo Sakhe esimangalisayo

Njengoba iningi lezinkathazo zethu livela ekwesabeni,
uma sisusa ukwesaba ezimpilweni zethu, sizozizwa
sikhululekile futhi ukuphulukiswa kuzoba khona
ngokushesha Njalo ebusuku, ngaphambi nje kokulala,
ziqinisekise ukuthi uNkulunkulu unawe, uyakuvikela futhi
.uyakuqapha

Kule drama yasemkhathini, abantu bazo zonke
izinhlanga badlala indaba yokuphila esiteji sesikhathi.
Kumelwe siqonde incazelo yokuphila ngaphandle
kokuzikhathaza ngokweqile noma ukugxila kakhulu
.ngezindima zethu ezidlulayo

Umbono wethu ngempilo uvame ukuhlanekizelwa futhi
uphambukile ngoba sibheka ngamehlo obugovu kanye
nombono olinganiselwe Ukube besibheka ngeso

lomphefumulo, besizobona izinto ngombono ohluke
ngokuphelele

Uma sivula iso lokuhlakanipha, sibona ukukhanya
kukaNkulunkulu okubanzi, futhi kulokho kukhanya sibona
isimo sethu esingokomoya, okuwukubonakaliswa kwemvelo
yokuqonda kwendawo yonke egcwala zonke izinhlayiya
.nezingxenye zendawo yonke

Amaqiniso angokomoya asizungezile, angqongqoza
eminyango yamehlo ethu avalliwe, esikhuthaza ukuba sibone
ukukhanya esikhundleni sobumnyama, senze
ngokuhlakanipha esikhundleni sokungazi, sigcwalise
izinhliziyi zethu ngothando esikhundleni senzondo, futhi
sibambisane ekumiseni ukuthula nokuletha inala
nokulondeka emhlabeni wethu Uma senza lokho, ukungazi
kuzonyamalala, ukungezwani kwezimo kuzonyamalala,
sizobona ubunye ekubalweni kwabantu, futhi sizovumelana
kakhulu nentando yaphezulu

Ubuhlobo bethu noNkulunkulu abuyona into ebandayo
noma engenaluthando, njengaleyo ephakathi komqashi
nesisebenzi. Singumndeni waKhe, ukusinakekela kwaKhe
kuhlala njalo, futhi uyasilalela njalo. Siyingxenye ebalulekile
yobuntu baKhe, futhi ubuhlobo bethu naYe buyaphila futhi
.bunamandla

UMdali wethu usiphe ingcebo engapheli yothando,
ukuqonda, ukuqonda, isifiso esihle, namandla angokomoya,
kodwa iningi lethu alichithanga le ngcebo ezintweni
uNkulunkulu afisa ukuba siphile kuzo ngokuphepha,
ngokuthula, nangokubambisana okunobungane, njengoba
kufanele umndeni ohloniphekile nonothando, kodwa
ubugovu kanye nokubala kobugovu kuye kwagxila
ezinhliziyweni zethu futhi kwahlwanyela ukungezwani
.phakathi kwethu

UNkulunkulu ufuna sibe ngamakhosi, kodwa sikhetha
ukuba yizigqila

Umuntu usuke ehambile kude nekhaya lakhe lasezulwini
futhi walahlekelwa yipharadesi langaphakathi lokuzizwa
eseduze noNkulunkulu noNkulunkulu eseduze naye, futhi
ngeke akwazi ukuphinda alithole lelo pharadesi ngaphandle
.komzamo womuntu siqu

UNkulunkulu wasidala ngomfanekiso waKhe, kodwa leli
qiniso seliphumile ezingqondweni zethu. Singotshwe
yinkolelo yokuthi isiphetho sethu siwubunzima kanti
isiphetho sethu siwukubhujiswa. Kumelwe sidabule isihenqo
sokukhohlisa ngommese wokuhlakanipha ukuze sibone
.iqiniso elikhanyayo ngemuva kwaso

?Singobani futhi siyini imvelo yethu yangempela

Abantu banomehluko osobala, kungaba ngesimo sabo
sengqondo noma ngokomzwelo, izindima abazidlalayo
empilweni, umsebenzi nemisebenzi abayiphishekelayo,
noma izifiso abazizwayo. Kodwa ngaphansi kwakho konke
lokhu mehluko kunezinto ezimbili wonke umuntu azifunayo
futhi azidingayo ngaphandle kokukhetha. Esinye inkululeko
kuzo zonke izinhlobo zobuhlungu kanye nokuswela. Esinye
injabulo ephelele nehlala njalo—ukwaneliseka okuphelele,
lapho kuhlala khona ukuthula, uthando, ukuhlakanipha,
.kanye nenjabulo

Eqinisweni, lokho abantu abalwela ukukufinyelela
nguNkulunkulu, kungakhathaliseki ukuthi bayalisebenzisa
lelo gama noma cha. Abahlakaniphile bathi uNkulunkulu
uyingqikithi yenjabulo nomoya wenjabulo. Futhi umuntu
ngeke athole ukwaneliseka okuphelele ngaphandle kokuthi
athathe ngqo emthonjeni wendawo yonke. Leli iphuzu
.elibalulekile lokuqonda isimo somuntu

?Kodwa abantu bakufunaphi lokho abakufunayo

Bakufuna kuphela ezintweni zomhlaba: ezintweni abanazo, ezimweni zangaphandle, kanye nasebudlelwani nabanye abantu Kodwa akunakwenzeka ukukuthola kunoma yini, kunoma ubani, noma kunoma yisiphi isimo kuleli zwe, .uma ubheka uhlobo lwendalo

Indalo isekelwe esimisweni sobubili. Akunakwenzeka ukuba nesithombe ngombala owodwa kuphela, njengoba kungekho ndlela yokwenza ngaphandle kokuphikisana nawo. Ngokufanayo, akunakwenzeka ukuthi noma yisiphi isici sokuphila sibe khona sihlukanisiwe nobubili. Kodwa-ke, lapho sihlola izifiso ezishukumisa abantu, sithola ukuthi ngamunye wethu ufisa izinto ezinhle kuphela, ezimnandi, ezinhle, nezinhle, ngaphandle kwesifiso esincane sokubhekana nanoma yini engathandeki noma engathandeki. Kodwa lokho .akunakwenzeka

Kuleli zwe elinobunye, akukho injabulo ngaphandle kobuhlungu, akukho ukukhanya ngaphandle kobumnyama, akukho okuhle ngaphandle kobubi, akukho ukuphila ngaphandle kokufa Izinhlangothi ezimbili zohlamvu lwemali azihlukaniseki Lokhu kusho ukuthi lokho esikulangazelelayo ngaphakathi kithi akunakutholakala kuleli zwe

Abantu bayasesha—yebo, bafuna ngamandla abo onke —kodwa abakwazi ukuthola abakufunayo, okudala ukuphelelwa yithemba nokuphelelwa yithemba Lokhu akugcini nje ngokuholela ekuphelelweni yithemba kodwa futhi nasekucasukeni okukhulu nasentukuthelweni enamandla, futhi ngenxa yalokho ezenzweni zobudlova Konke lokhu kwenzeka ngoba abafuni abakufunayo endaweni efanele, futhi ngenxa yalokho, abakutholi okufiswa yizinhliziyi zabo

Abantu esikhathini sethu abazi okuningi ngencazelo
nenjongo yokuphila, ngakho-ke bahlushwa ukudideka
.nokudideka

Ngokwemvelo, abantu bangabantu abaqhutshwa
yinjongo Uma bengenalo injongo ekuphileni, futhi uma
izingqondo zabo, amandla, intando, kanye nemizwa yabo
kungaqondiswa ngendlela eyakhayo neyakhayo,
bazophendukela ezindleleni ezibhubhisayo
njengokusebenzisa kabi utshwala nezidakamizwa,
ukusebenzisa ubudlova, njalo njalo. Umgomo wokugcina
wokuphila ukwazi uNkulunkulu futhi kuwumthwalo wabantu
ngabanye ukuvumelanisa izindima zabo nemisebenzi
yangaphandle ngezenzo ezilungileyo, imibono emihle, izimo
zengqondo ezinhle, kanye nokudluliselwa kwemizwa yabo
ngendlela ezuzisayo

Lezi zici ezimbili zemvelo yethu—isici sangaphakathi
noma esingokomoya kanye nesici sangaphandle—
aziphikisani uma ziqondwa kahle Kunalokho, ziyasekelana
futhi zisisiza ukuthuthukisa nokuthuthukisa amakhono ethu
angokomzimba, angokwengqondo, angokomzwelo,
.nangokomoya

Abantu baphila endaweni engenalutho, engenakho
ukukhuthazwa kwengqondo noma ukukhuthazwa
kwengqondo Bazizwa benesithukuthezi ngenxa yokuntuleka
kwenjongo kanye nokungabikho kwanoma yini engenza
ukuphila kwabo kube yigugu futhi kube nencazelo Umuntu
ojwayelekile angase akwazi ukusebenza futhi aziphathe
sengathi uphilile ngokwengqondo nangokwengqondo, kodwa
?ingabe uyajabula

Inhloso eyinhloko yokuphila ukwazi ukuthi singobani
nokuthi siyini ngempela imvelo yethu. Uma sinikeza izici
ezijulile zokuphila ukunakwa okufanele, nakanjani sizozizwa
sijabule, ngoba injabulo yomuntu ihlotshaniswa

nokuxhumana nomuntu ongokomoya, ngaphandle kwalokho
.umuntu angabi khona noma abe khona

Ukwesaba ukwehluleka noma ukugula kukhuliswa
ukucabanga ngakho njalo kuze kube yilapho umqondo
wokwehluleka uphuma engqondweni eqondayo uye
engqondweni eqondayo futhi ekugcineni ufinyelele
ekugqondweni okuphezulu. Khona-ke, ukwesaba, okugxile
engqondweni eqondayo nakwegqondayo ephakeme, kuqala
ukwanda nokukhula kuze kube yilapho kugcwalisa ingqondo
eqondayo ngokhula lokwesaba olungasuswa kalula
njengomcabango wokuqala lapho luhluma. Lezi zitshalo
eziyingozi ekugcineni zithela izithelo ezinobuthi nezibulalayo.
Ngenhlanhla, izimpande zalo zingasuswa ngaphakathi
ngokugxila kakhulu esibindini nokufaka ekugapheleni ukholo
oluphelele kuNkulunkulu nokuthi uyakwazi ukusiza labo
.abafisa ukuzisiza nokubavikela ekulimaleni

Kwake kwaba nesikhathi lapho igwebu elincane
lalintanta phezu kolwandle, liqaphela iziphepho nombani,
lapho ezwa izwi limhlebeli: "Igwebu elincane lokuphila,
"?unenkingani

Awazi yini ukuthi uyingxenye yolwandle lokuphila?
Ibhamuza elincane labheka nxazonke laqaphela lelo qiniso

Ukuqonda komuntu kuntanta njengebhamuza elincane
Ebusweni bolwandle lokwazi kwendawo yonke, ucabanga
ukuthi libhamuza lesikhashana, uthuthumela ngokwesaba
ukugula, ubumpofu, nokufa Awu bhamuza, uyalwesaba
ulwandle? Bheka nxazonke ubheke ngokucophelela Shintsha
umbono wakho usuka endaweni okuzungezile uye endaweni
kaNkulunkulu engenamkhawulo Hlola ngokujulile, wandise
ukuqonda kwakho, ukuze wazi futhi uqiniseke ukuthi
umunye nolwandle lwakhe olukhulu, nokuthi uNkulunkulu
unawe Uyakuvikela, uyakusekela, manje naphakade

Ukugwema izingibe nezingibe

Noma nini lapho uzwa isifiso esinamandla enhliziyweni
yakho sikunxusa ukuba usigcwalise, sebenzisa ukuqonda
bese uzibuza, "Ingabe lesi yisifiso esihle esingagcwaliseka,
noma isifiso esibi okungafanele sihlonishwe?" Izifiso zezinto
ezibonakalayo ezingaphili zikhuthaza imikhuba yethu emibi
ngokusinika amathemba angamanga kanye nenjabulo
ekhohlisayo Ezimweni ezinjalo, amandla okuqonda kumele
asetshenziswe ukuze kwembulwe iqiniso Imikhuba emibi
ekugcineni iholela ekungajabulini Lapho isimo sayo
sangempela sembulwa, ayibe namandla okubamba umuntu
ezingibeni zokuhlupheka nasezingibeni zosizi

Ukuzindla nezindaba

Ekuphileni nasekufeni, ezinsizini nasezinhlekeleleni,
ukholo lwami kuwe, Nkosi, luhlala luqinile futhi
.lungenakunyakaziswa, luqinile futhi alunyakaziswa

Yonke imimoya yokulangazelela kwami nokunxusa ivula
iminyango namafasitela emphefumulweni wami engidlula
kuwo ngiye enjabulweni kaNkulunkulu

Njengoba nje ilanga likhanya ezindaweni ezinabantu
abaningi, nami ngizobona imisebe yothando lwaphezulu
kuzo zonke izici zempilo yami nemisebenzi yami yansuku
.zonke

Ngibusise, Nkosi, ukuze ngivuse umphefumulo wami
ngokusa ngiwulethe emnyango wakho obusisiwe

Indaba yenyamazane ye-musk

I-musk iyinto eyigugu enephunga elinamandla,
etholakala enkabeni yenyamazane ye-musk ehlala
.ezintabeni eziphakeme zaseHimalaya

Uma inyamazane isifinyelele eminyakeni ethile, i-musk
ekhangayo iqala ukuvuza ngasese enkabeni yayo, bese
inyamazane ishukunyiswa yilelo phunga elimnandi bese
iqala ukudansa nokufuna umthombo walelo phunga
.elimnandi

Ihamba ukusuka endaweni ethile kuya kwenye, ihogela
phakathi kwamatshe nangaphansi kwezihlahla, ifuna yonke
indawo umthombo walelo phunga elijabulisayo

Ekugcineni, uthukuthela futhi akhathazeke kakhulu
lapho engakwazi ukukhuluma futhi engakwazi ukuthola
.lokho akufunayo ngokulangazelela nangomdlandla

Emzamweni wokugcina wokufinyelela emthonjeni we-
musk, igxuma isuka emaweni amade amatshe iye esigodini
esijulile ukuze ibhekane nesiphetho sayo futhi ibhekane
nokufa kwayo, lapho abazingeli bekwazi ukuyibamba futhi
.bakhiphe khona isikhwama noma i-gland ye-musk kuyo

Kulokhu, omunye wezimbongi ezikhanyiselwe washo
:okuthile okufana nokuthi

!O nyamazane ye-musk, wena siwula

?Kungani uhlupheka? Kungani ungalali

Le musk iyatholakala

!Ngesikhwama sakho sesisu, siwula

Noma ngabe uthinte ngekhala lakho

Kuwe kuvela iphunga eliyimfihlo

Ubuyobe uwine lokho obekufisa

Futhi uphile ngaphandle kokusebenzisa imali

Anicabangi yini, bangani bami, ukuthi abantu abaningi
baziphatha njengenyamazane ye-musk? Bahlala befuna
.injabulo yonke indawo ngaphandle kwabo

Yebo, bafuna injabulo ngokudlala, futhi bazitika
ngokukhathala ezifisweni nasezifisweni. Bakhuphuka
ezindleleni ezishelelayo zengcebo baze bagxume emaweni
amathemba aphezulu baye emadwaleni okukhungatheka
nokwehluleka lapho bengakwazi ukuthola injabulo
.yangempela egcinwe ezinhliziyweni zabo ezijulile

Uma siguqula imicabango yethu, futhi sizindle
ngokujulile, sizothola ekuthuleni komphefumulo umthombo
.wenjabulo yangempela nehlala njalo esiyifunayo

Akufanele sifane nenyamazane ye-musk, ebhubha ifuna
injabulo ezindaweni ezingafanele Kunalokho, kumelwe
siqaphele futhi sizame ukuthola injabulo ngaphakathi kithi,
.hhayi ngaphandle kwethu

Indaba Yenkinobho

Indoda ethile yafika kimi yathi inesifo senhliziyo
:esingamahlalakhona, yabe isinezela

Ngizame izinto eziningi, kodwa angikwazi ukususa"
"ubuhlungu benhliziyo

Ngemva kokucabanga ngokuthula, ngamcela ukuba
:angilethele isikele. Wangibheka ethuthumela wathi

"?Uhlose ukungivula inhliziyo, mnumzane"

Ngahleka ngaphendula ngathi, "Angisiye udokotela
Wake wezwa ngomuntu osebenzisa isikele ukuze enze
"!?ukuhlinzwa

Ekugcineni, waletha isikele ngokungathandi, ngakho
ngasika enye yezinkinobho ejazini lakhe ngamtshela ukuthi

angathungi enye inkinobho endaweni yayo, futhi angabeki
isandla sakhe endaweni lapho inkinobho ingekho khona.
Ngamtshela nokuthi abuye kimi ngemva kwamasonto
amabili, futhi ngangilindele ukuthi uzolulama ngaleso
.sikhathi

Indoda yahleka yathi, "Ngizokwenza njengoba ucelile
ngoba ngiyakwethemba, kodwa ngicabanga ukuthi umuthi
"!ongavamile kakhulu engake ngawunikwa

Ngemva kwamasonto amabili weza kimi egijima wathi,
:emangele

Ochwepheshe bangiqinisekisile ukuthi ngiphulukisiwe"
ezifweni zenhliziyo. Ngakho-ke, ngenxa kaNkulunkulu,
"?wenzeni? Ingabe ukhiphe i-genie ngenkinobho

Ngaphendula ngokumomotheka: "Yebo! Isandla sakho
besilokhu sidlala ngenkinobho, futhi inkinobho
"yayihambisana nenhliziyo

Leyo nkinobho kwakuyiyona genie eyayibangela
ubuhlungu enhliziyweni yakho Ngakho ngasika inkinobho
ngakutshela ukuthi ungayishintshi noma ubeke isandla
sakho enhliziyweni yakho. Ngaleyo ndlela, inhliziyo yakho
!yakhululeka ekucindezelekeni futhi yayeka ukukulimaza

Konke kuhamba ngokushesha, futhi abantu bamatasa
ngezinto eziningi Ngokwemvelo, kungcono ukuvuna inala
yomhlaba kunokuchitha isikhathi, uvumele isizini ikudlule
bese ugcina ungenalutho Kodwa lokho umuntu okufanele
akuvune isivuno esicebile kakhulu empilweni: ukusondela
kuNkulunkulu nokumazi Ukuphela kwendlela yokuthola
injabulo yangempela ukufeza okuthile kuleli zwe kanye
nokufeza impumelelo engokomoya

Labo abamaziyo uNkulunkulu abaqali imisebenzi yabo
yansuku zonke ngaphambi kokuba baqale ngokuzindla

ngoNkulunkulu futhi bagcwalise izingqondo nemizimba yabo
.ngamandla aphezulu abusisiwe

Izimfuno eziningi zomhlaba zingabavimba labo abafuna
imigomo yabo engokomoya futhi zibaphambukise endleleni
abayikhethile. Kodwa labo abanesinqumo esingaguquki
abavumeli lutho ukuba lubaphambukise endleleni;
baphikelela ngokuzimisela kungakhathaliseki ukuthi izimo
.zinzima noma zimbi kangakanani

Kungakhathaliseki ukuthi izwe lisinikani, ngeke linelise
ukulangazelela kwezinhliziyi zethu, ezilangazelela okuthile
okuzinzile, okubaluleke kakhulu, nokuyigugu ngaphezu
.kwakho konke okuqukethwe yingcebo nengcebo yomhlaba

Uma umuntu efa—kwangathi ungaphila isikhathi eside—
akukho mandla emhlabeni angamenzela lutho Ubani
ongasisiza ngemva kokushiya leli zwe? Ngakho-ke, kumelwe
sikhumbule njalo ukuthi leli zwe liyindawo yesikhashana nje
ohambweni lwethu oluya ekhaya lethu lasezulwini, lapho
.sizohlala khona phakade phambi koMuntu Onesihawu

Ingcebo eningi ayiqinisekisi impilo, ukuthula, kanye
nokusebenza kahle, kodwa ukuthola ukuthula kanye
nokusebenza kahle kuzoholela empumelelweni
elinganiselayo kokubili emazingeni angokomoya
.nangokwenyama

Iningi labantu lithuthukisa ukusebenza kahle
kwengqondo ukuze liphumelele ezintweni ezibonakalayo.
Kodwa uma umuntu ezibusa futhi elawula amandla akhe
engqondo futhi enza ngokuvumelana nohlelo
lukaNkulunkulu, impilo yakhe iyobusiswa, futhi uzonambitha
umpe womoya ngenkathi esemhlabeni. Ngeke esaba
yisiboshwa semikhuba nezifiso, kodwa ukuqonda kwakhe
kuzoguqulwa kube yinhliziyi yobukhona bukaNkulunkulu,

futhi uzohlala lapho ejabulela injabulo evuselelwe
.engenakuchazeka

Umzimba uyikhemisi elikhulu kunawo wonke

Abacwaningi bezokwelapha bathole ukuthi lapho sizwa
injabulo enkulu, umzimba ukhiqiza imithi yokucindezeleka
nezinye izinto ezinciphisa ukucindezeleka ezinamandla futhi
eziphumelelayo njengalezo ezinqunywe odokotela. Umzimba
uyikhemisi elikhulu kunawo wonke eMhlabeni, elikwazi
ukukhiqiza into efanele ngesikhathi esifanele uma
sivumelana nebhalansi engokomoya uNkulunkulu ayibeke
.ngaphakathi kithi

Akuzona zonke izingcindezi eziyingozi; ukucindezeleka
kuvusa amandla abalulekile ageleza emizimbeni yethu futhi
kuvuselele umsebenzi nokunyakaza Izifundo zikhombisile
ukuthi inani elifanele lokucindezeleka liyazuzisa

Kodwa inkinga iphakama lapho ukucindezeleka kudlula
izinga elifanele

Ngamunye wethu unomkhawulo wokucindezeleka, futhi
uma lowo mkhawulo usudluliwe, siba nokucindezeleka
okukhulu kunalokho okufanele, futhi singase singakuqapheli
kuze kube yilapho izinkinga ziqala ukuvela emzimbeni,
.emizweni nasengqondweni

Ukuphila noNkulunkulu kuyinjabulo nenjabulo, kuyilapho
ngaphandle kukaNkulunkulu kukhona ukukhathazeka,
isiyaluyalu, ubunzima, ngisho nenhlekelele Ngakho-ke
singakuthola kanjani ukuthula nokuthula empilweni ebuswa
yizinhlekelele nezinhlekelele, futhi silethe injabulo ethile kulo
?mhlaba

Imfuneko yokuqala ukuqaphela izingcindezi zokuphila
lapho singaphansi kwethonya lazo

UNkulunkulu Uhlakaniphe Kakhulu Futhi Uwazi Konke,
futhi unikeze imizimba yethu izimpawu ezifana nenduduzo,
ukungakhululeki, ukuthula, nokukhathazeka, futhi kumelwe
sinake lezi zimpawu Kukhona ukuhlakanipha kwaphezulu
emizimbeni yethu okuzama ukusitshela okuthile, futhi
kumelwe silalele le miyalezo ngezikhathi zokucindezeleka
noma ukuphumula Uma uzizwa ucindezekile, gxilisa
ingqondo yakho engxenyeni yomzimba wakho ebhekene
nokucindezeleka, bese uthatha umoya ojulile, futhi
ngesikhathi esifanayo, uqinise kancane leyo ngxenye ize
idlidlize Bese uphumula futhi ukhulule ukucindezeleka Lokhu
kuzosiza ukugcina ibhalansi enamandla nephilayo
emizimbeni futhi kuwuvikele emiphumeleni elimazayo
yokucindezeleka

Singakwazi futhi ukulawula ukucindezeleka
ngokomzwelo ngokuphefumula Uma uzizwa ukwesaba noma
yimuphi omunye umuzwa olimazayo, phefumula kancane,
ngokujulile, nangokuhambisana nesigqi izikhathi ezingana,
uvumele umzimba wakho uphumule ngokuphefumula
ngakunye Lokhu kuzosiza ekunciphiseni ukushaya
kwenhliziyo yakho okugijimayo, kubuyisele ukujikeleza
kwegazi okuvamile, kube lula ukugeleza kwamandla
abalulekile ngemizwa yakho, futhi kusize ukuzola ingqondo
.yakho nokucacisa imicabango yakho

Ukuphila akuyona isimo esiphuthumayo; kuyisimo esihle
saphezulu, futhi kufanele sikujabulele. Masikhumbule ukuthi
ukumamatheka kungamandla; uma singakusebenzisi,
.silahlekelwa yisici esibalulekile sempilo

Abantu bayimiphefumulo enemizwa nemizwa, futhi
banomzimba abawuggoka njengengubo noma ijazi
langaphandle. Kodwa uma nje siphila kuphela ezingeni
lomzimba nemizwa, sizowela ngaphansi kwethonya elibi
.lokucindezeleka nokucindezeleka

Uma sivumelana nemvelo yethu ebalulekile,
okungumoya, injabulo yomoya igeleza enhliziyweni futhi
iguquke ibe uthando Ukuzwa lolu thando, oluxhunye
ekuthuleni nasekuthuleni komphefumulo, kanye nokwenza
nokusebenzisana ngaphansi kwethonya lalo elivumelanayo,
kuyindlela efanele kakhulu yokuphila ngokwemvelo ezweni
eligcwele ukungezwani nokuphikisana Ukuvumelanisa nale
njabulo kuyisisombululo sezinkinga zokuphila

Qaphela: Ngokuphathelene nesitatimende esithi:
"Umzimba ukhiqiza umuthi wokucindezeleka nezinye izinto
ezinciphisa ukucindezeleka, ezingenamandla futhi
ezisebenza kahle njengalezo ezinikezwe odokotela," lesi
akusona iseluleko okufanele sishiywe ngaphandle
kweseluleko sezokwelapha kanye nemithi kadokotela,
.yingakho kunesidingo sokucaciswa

Izibalo zamagnetic

Umuntu okhona kakhulu futhi onemikhuba emibi +
umuntu onenhliziyi enhle kodwa onenhliziyi ebuthakathaka
= amandla okubuthaka anqoba umusa

Umuntu onenkani ebuthakathaka onenkani embi +
umuntu onenkani eqinile onenkani enhle = amandla
adonsela phansi amahle anqoba omubi

Uzibuthe obuthakathaka ngokomoya + i-biomagnetism
embi = uzibuthe oqinile wobubi

Amandla aqinile okuziphatha + amandla abuthakathaka
okuziphatha = amandla amakhulu okuziphatha

Umuntu othukuthele futhi onobudlova + umuntu
omnene futhi onomusa = amandla adonsela phansi
entukuthelo anqoba ubumnene

Isimo sengqondo esinamandla, esilinganiselayo,
nesizolile + isimo sengqondo esivame ukuholela
ekunganelisekini = amandla okuzola abusayo

Ukwehluleka okungapheli okugxilile + ukwehluleka
okuncane okugxilile = amandla okuzibamba okwehlulekayo

Impumelelo enamandla enhle + impumelelo encane
enhle = impumelelo ethuthukisiwe

Ukudlidliza kokwehluleka okunamandla + ukudlidliza
kwempumelelo okunamandla = kungaba amandla
okuzibutha okunamandla noma amandla okuzibutha
okunamandla, kuye ngendawo kanye nezimo

Inggondo eqinile, ehluzekile + ukungazi okuphelele =
ukuhlakanipha kanye nekhono noma ukungazi kanye
nobuwula

Amandla angokomoya avelele + amandla asebenzayo
avelele = Amandla adonsela phansi angokomoya - amandla
asebenzayo avelele ngempela

Ukuba abantu bebengabona izidalwa eziningi
zama-planethi ku-ether ezibazungezile, mhlawumbe abanye
bebengazama ukuthola abathandekayo babo abashonile.
UNkulunkulu uvule amehlo ami angokomoya, futhi ngibona
imiphefumulo eminingi eshiye umhlaba. Ngokugxila kakhulu
esweni elingokomoya (phakathi nebunzi), umuntu angabona
ngombono wangaphakathi umhlaba okhazimulayo ohlalwe
yiyo yonke imiphefumulo emihle eye yakhuphukela
endaweni ethambile yaba khona koMuntu Onomusa

Kubantu, inhliziyo isebenza njengomamukeli
ongenantambo kanye neso elingokomoya njengomthumeli
Ngisho noma ungababoni abathandekayo bakho abashonile,
uma ugxilisa imizwa yakho enhliziyweni ngokuthula,
ungazizwa ukuba khona kwalabo abathandekayo bakho

manje abahlala emizimbeni engokoqobo, bejabulela
ukuthula nokulondeka kukaNkulunkulu futhi bejabula
ngokukhululeka kwabo ezinkingeni zomzimba, ukuze uthole
induduzo ekuthuleni kwabo futhi inhliziyo yakho iqiniseke
ngabo

Uma ngibiza igama likaNkulunkulu, wonke umzimba
wami uyancibilika ube yinjabulo enkulu. Kodwa lesi simo
sangifikela ngemva komzamo omkhulu. Ekuqaleni,
ngangingeyena umuntu olangazelelayo, ngoba ingqondo
yami yayisihamba. Kodwa manje, lapho nje ngigxilisa
imicabango yami nokuqaphela kwami esikhungweni
esingokomoya—isikhala esiphakathi kwamashiya—yonke
imicabango iyanyamalala, ukuphefumula kuyaphela
ngokwako, inhliziyo iyayeka ukushaya, ukuphazamiseka
kwengqondo kuyaphela, kanye nezimo zokwehla
emphefumulweni, ukuze ngithole injabulo engokomoya futhi
.ngimbozwe injabulo yaphezulu

Izaga zegolide

Injabulo iyilungelo lami, ifa lami, kanye nengcebo yami
yaphezulu efihliwe Ngiqondise ukuze ngithole ngaphakathi
kimi ingcebo edlula amaphupho amakhosi

* * *

Impilo iyintshukumo ehlakaniphile enesigqi
esijwayelekile. Izakhela ezintweni ezingaphili, noma ithatha
isimo esiphilayo nesinyakazayo. Impilo ihlanganisa konke
.futhi ingena kukho konke

* * *

O Mthandi Omkhulu, Ungukuphila Ungumgomo wami
nesifiso sami

* * *

Ngenzele i-rose eqhakaza engadini yakho yasezulwini,
noma ubuhlalu obukhazimulayo entanyeni yakho yothando

ekhazimulayo, noma unginike udumo olukhulu: indawo
encane kunazo zonke enhliziyweni yakho

* * *

Nomaphi lapho abanye beyazisa khona imizamo yami
yokwenza okuhle, yilapho engingakwazi khona ukunikeza
isevisi engcono kakhulu

* * *

Ake siluke ikhaphethi yegolide yamaphupho ngemicu
yesilika yezinkumbulo ezimnandi nemicabango ecwengekile

* * *

Uthando lufana nephepha lokusanti elipholisha ingqondo
futhi lisuse ubulukhuni ebuntwini

* * *

Ubhubhane, izinhlekelele, kanye nezinguquko zobudlova
emvelweni eziletha incithakalo, incithakalo, kanye
nomonakalo osabalele akuzona " izimiso zaphezulu" Lezi
zinhlekelele zivela emicabangweni nasezenzweni zabantu
Nomaphi lapho ibhalansi yomhlaba ebucayi yobuhle nobubi
iphazanyiswa khona ukuqongelela kwamagagasi ayingozi
kanye nokudlidliza okubangelwa yizinhloso ezimbi zabantu
kanye nobubi, kubusa isiphithiphithi futhi kulandele
incithakalo esabalele

* * *

Ngizothatha okuhle kakhulu kubo bonke abantu, futhi
ngizokwazisa izimfanelo ezinhle zazo zonke izizwe
.ngaphandle kokugxila emaphutheni azo

* * *

Njengoba nje sikhathalela inani lokudla okunomsoco
lokudla kwethu kwansuku zonke, kufanele futhi sinake
izakhamzimba ezingokwengqondo esizinikeza izingqondo
.zethu nsuku zonke

* * *

Amazwi anomusa ayikhambi elimangalisayo lezifo
eziningi, anamandla anamandla, acishe abe yimilingo,
anamandla kazibuthe aletha izibusiso eziningi kanye

nokuchuma kubantu abakhulumayo Labo abasebenzisa
amazwi aduduzayo, amnene bazizwa umsinga omncane
ugeleza kuwo ngaphandle kokuphazamiseka, ukugcwala
kwabo umuzwa ojulile wokuthula. Lokhu kungenxa yokuthi lo
msinga uxhumene nomthombo wawo ophakeme, ukugeleza
okuqhubekayo okufinyelela imiphefumulo ngokuvumelana
nalowo mthombo, okubenza bakwazi ukudlulisela injabulo
.kulabo abalangazelela ukuthula

* * *

Mangaki amazwi anomusa avela enhliziyweni asuse usizi
oluningi futhi mangaki amazwi ahlakaniphile akhanyise
!izindlela ezimnyama ngezibani zenjabulo nokuthula

* * *

Sikhula kukho konke esikubonayo, uma nje siqaphela
ukuthi singafunda izifundo ezibalulekile kubo. Ngoba bonke
.ubuhlungu nokuhlupheka esikuzwayo kunencazelo nenjongo

* * *

Naphezu kobunzima bokuhlolwa, kufana nomlilo
oncibilikisa i-iron ore ukuze uyiguqule ibe yinsimbi enhle,
.eqinile, neguquguqukayo

* * *

Zonke izimpumelelo eziphawulekayo empilweni yami
zifezwe ngamandla engqondo evumelana noNkulunkulu
Lapho umkhiqizi waphezulu esebenza, konke engikufisayo
kufezeka ngaphandle kokukhetha, kuqala kwakheka
njengomklamo ongabonakali, ongokoqobo bese
kubonakaliswa ngamandla angenakuphikiswa empeleni

* * *

Lapho ingqondo ihlebela uNkulunkulu ukuhlebelala
okusuka enhliziyweni, okushisayo okuvela ekujuleni
komphefumulo olangazelelayo, ubizo lomoya luzothinta
inhliziyoyendawo yonke, futhi impendulo izofika, ilethe
injabulo enkulu. Lokhu kuhlebela okuhlakaniphile kukhulisa
intando kuze kube yilapho inamandla adingekayo ukuze
.ifinyelele umgomo oyifunayo

* * *

Uma ingqondo yomuntu nentando yakhe kuhambisana
noNkulunkulu, unikezwa amandla angenamkhawulo,
kangangokuthi ukucabanga nje ngento ethile kwanele
ukuyifeza, ngoba umthetho waphezulu usebenza
.ngokuthanda labo abavumelana nentando ephakeme

* * *

Umuntu akufanele anikele wonke amandla okuqonda
uNkulunkulu amnike wona ekuphishekeleni izinto ezidlulayo,
funa azilahlekele enkingeni yokuthanda izinto ezibonakalayo
futhi azidalele imingcele nemingcele engadingekile.
Kunalokho, kufanele asebenzise amandla akhe okuqonda
ukuthola izidingo zokuphila futhi alwele ukuthuthukisa
amakhono akhe okuziphatha ukuze ahlukhanise phakathi
kokulungile nokungalungile, kanye naphakathi kwalokho
.okulimazayo nokuzuzisayo

* * *

Iqiniso lingaphezu kwemibono nemibono, futhi abaningi
abasebenzisa le ndlela baboshwa yiziphetho zabo ezizimele

* * *

Vula, Nkosi, amasango okuthula futhi uvikele indawo
engcwele yemicabango yami engokomoya ekuhlaselweni
yizinhlebezi ezimbi. Vumela izimbali zezifiso zami ziqhakaze
ensimini yenhliziyo yami njengoba ngilinde ukusa kokufika
.kwakho

* * *

Ulwazi lwemfundiso alukwazi ukuthola ulwazi oluvela
kuNkulunkulu, futhi kuyalulekwa ukuthi ungachithi isikhathi
sakho esiyigugu emibonweni engasetshenziswa ngokoqobo,
kungenjalo uzozithola usezindaweni ezinabantu abaningi
abahlakaniphile futhi ungakwazi ukudlula umbuso
.wemibono

* * *

Injabulo iyisithelo sokunqoba ngokwengqondo phezu
kwezimo zokuphila eziguquguqukayo

* * *

Lowo uNkulunkulu amaziyo angase angaziwa emhlabeni

* * *

Uma umuntu ezihlela ngolwazi lwethiyori [ngaphandle
kokuhlolwa kwangempela], uzoba njengethuluzi lokuqopha
eliphathwayo eliphinda izaga futhi liphinde imisho
ephakeme, kanti abanye bazombheka njengesazi esifundile,
kodwa ulwazi olunjalo aluqiniswa ukuqonda iqiniso ngqo,
.futhi aluhambisani nokufinyelela okungokomoya

* * *

Izinkinga zizoqhubeka emhlabeni, ngakho-ke umuntu
angaphendukela kuphi ukuze athole isiqondiso? Imicabango
yomuntu, ethonywe yimikhuba, ubandlululo, ukucwasa,
kanye nokushisekela ngokweqile, ayisizi ngalutho, futhi
amathonya endawo ahlala kuyo, umndeni, izwe, noma
umhlaba awakwazi ukunikeza isiqondiso seqiniso Ngakho-ke,
umuntu kumelwe aphendukele kuNkulunkulu futhi alalele
izwi elizolile nelizolile elivela ekujuleni komphefumulo, izwi
elivumelana neqiniso

* * *

Vulani izinhliziyi zenu ekuthululweni kwaphezulu ukuze
kugeleze kini futhi kugcwalise izimpilo zenu ngezibusiso
ezingokomoya nobuhle

* * *

Noma ngabe yimuphi umsebenzi owenzayo nanoma
yiziphi izinto ongazifeza, khumbula njalo ukuthi uNkulunkulu
ungumthombo okunikeza wonke amandla owadingayo ukuze
.usebenze futhi ufeze

* * *

Ngicela ukukukhumbula, Nkosi, ebumpofwini
nasekuchumeni, ekuguleni nasekuphileni kahle, ekungazini
nasekuhlakanipheni, futhi ngivumele ngibone ukukhanya
kwakho okubusisiwe okunikeza impilo enhle nokuphulukiswa
.ngokushesha

* * *

Ngisemicabangweni yami yodwa, ngilangazelela ukuzwa
izwi lakho elibusisiwe. Susa kimi amazwi aqinile,
asemhlabeni afihliwe enkumbulweni yami. Ngifuna ukulalela
izwi lakho elinokuthula nelimnandi kuze kube phakade
.ekuthuleni komphefumulo wami

* * *

Ukuphila kugubuzelwe ubumnyama, futhi ngezinye
izikhathi siyakhubeka futhi singabaze ukuqhubekela
phambili Kumelwe sivumele ukukhanya kukaNkulunkulu
kuba isibani sethu esisiqondisayo njengoba sihamba
ezindleleni zobumnyama zokuphila. Uyinyanga egcwele
ebusuku bokungazi nobumnyama, ilanga lokukhanya
emahoreni okuvuka, isibani sesiqondiso, nenkanyezi
eqondisayo kulabo abadabula olwandle lokuphila
.kwasemhlabeni, okufushane

* * *

Sekuyisikhathi sokuba umuntu avuse ingqondo yakhe
.ebuthongweni bokukhohlwa avuke emoyeni

* * *

Siyakucela, Nkosi, ukuba uphakamise ukuqonda kwethu
ekujuleni kokungazi kanye nemicabango emincane,
elinganiselwe siye emikhawulweni yokuthula, ukukhanya,
.uthando, kanye nobubele bomuntu wonke

* * *

Izinto zizogcina zingcono ngoba amandla nezimangaliso
zikaNkulunkulu zifihliwe ngemuva kokuphikisana kokuphila
komuntu, futhi noma ngubani ongaqiniseki
ngokungenakugwenywa kwalesi simo futhi ezama ukungena
ngengqondo yakhe nokholo kulokho okungaphezu
kwesihenqo uyovulelwa umnyango lowo [ongqongqozwa
yiwo wonke umuntu okholwayo]

* * *

Ukholo alusho neze ukuba budedengu noma
ukungabhekani ngokuhlakanipha nezimo Kunalokho,
kungakhathaliseki ukuthi kwenzekani, umuntu kumelwe

aziqinisekise ukuthi uNkulunkulu kuphela okwazi ukumsekela
ezimweni ezinzima nezicindezelayo uma ephendukela kuYe
.ngayo yonke inhliziyo yakhe, umphefumulo nemizwa yakhe

* * *

Uma izinzwa zethu bezisitshela lonke iqiniso, besizobona
uMhlaba njengemifula yama-electron, futhi besizobona
yonke inhlayiya yothuli njengenqwaba yokukhanya
.ejikelezayo

* * *

Labo abangena ngokuqonda kwabo kusukela ezintweni
kuya emoyeni bayaqonda uhlobo lokukhohlisa futhi bazi
.umongo weqiniso

* * *

Kungakhathaliseki ukuthi umuntu usemahlathini ase-
Afrika, enkundleni yempi, ehlushwa ukugula noma
ubumpofu, kumelwe azikholise ngokuthi isandla
sikaNkulunkulu sinamandla kunengozi futhi siyakwazi
.ukuvikela labo abaphephela kuYe

Ayikho enye indlela ephumelela kakhulu yokuzivikela.
Yiqiniso, umuntu kumelwe asebenzise ingqondo lapho
ebhekana nezenzakalo futhi ngesikhathi esifanayo abe
.nokholo oluphelele osizweni lwaphezulu

* * *

Uthando oluhlala ezinhliziyweni zazo zonke izidalwa—
uthando lwabo bonke omama, obaba, abangane,
nabathandekayo—luvela othandweni lukaNkulunkulu

* * *

Kumelwe kwenziwe umehluko phakathi kwemisebenzi
emikhulu nemincane, kubekwe phambili okubaluleke
kakhulu kunokubaluleka nje. Ngaphezu kwalokho, akukho
msebenzi okufanele uphikisane nomunye. Imibhalo isitshela
ukuthi lapho omunye umsebenzi ungqubuzana nomunye,
.kuwubufakazi bokuthi awuwona umsebenzi weqiniso

* * *

Njengoba imisebe yelanga ebalulekile isakazeka,
ngizosakaza imisebe yethemba ezinhliziyweni zabampofu
kanye nabashiywe dengwane [labo umphakathi obashiyile],
futhi ngizofaka ukuzimisela okusha ezinhliziyweni zalabo
.abacabanga ukuthi bayizihluleki

* * *

Uthisha uParamahansa wathi komunye wabafundi
bakhe: "Ungakhiphi muntu esixukwini sakho sothando. Gcina
wonke umuntu enhliziyweni yakho, naye uzokugcina
".kweyakhe

* * *

Nkosi, ngisize ngisebenzise intando yami njalo ukufeza
imisebenzi emihle nezuzisayo
Ngisize ngivumelane nentando Yakho ukuze yonke
imicabango yami iphendule ezinhlosweni Zakho futhi
ivumelane nentando Yakho
Wangisiza ukuba ngivuse amandla afihliwe, abusisiwe
ngaphakathi kimi ukuze ngikwazi ukunqoba zonke izinkinga
kanye nezilingo

* * *

Vuka kulowo buntu obungokomoya obunesibindi
nokuthobeka - obuhlanganisa amandla ezingonyama
nobumnene bamajuba

* * *

Ngeke ngikhathazwe ukugxekwa okubuhlungu
nokungamanga, noma ukudunyiswa nokuthopha okukhulu
Isifiso sami kuphela ukwenza intando Yakho, Nkosi,
nokuthola umusa Wakho

* * *

Awunakucabanga ngenjabulo enkulu ezokugcwalisa uma
uzwa ubukhona bukaNkulunkulu Umphefumulo wakho
uzodakwa uthando lukaNkulunkulu olungenamkhawulo
Luwuthando oludlula noma yiluphi uthando lomuntu izikhathi

eziyizigidi—uthando olugcwalisa zonke izifiso zakho futhi
lugcwalise inhliziyo yakho ngenjabulo nokwaneliseka

* * *

Ngokugxila kwangaphakathi, ungathola injabulo
engokomoya ngqo ngaphakathi kuwe nangaphakathi
kwakho. Uma uhlakulela lokhu kuqaphela, ubuntu bakho
buzokhula ngokuvumelana, futhi uzothola amandla
.okukhanga abantu nezinye izidalwa

* * *

O Mvikeli Omkhulu, angikhathali ukuthi ngilahlekelwa
yikho konke ngenxa yekusasa lami, elenziwe yimi, kodwa
ngicela wena, okuwukuphela kwesiphephelo sami, ukuthi
uvikele ikhandlela lothando lwami ngawe emimoyeni
.yokunganaki nokukhohlwa

* * *

Masiphuze amanzi okuthula ahlanzekile, aqabulayo
ageleza emithonjeni yezimo ezinhle, athuthukiswe yisinqumo
sethu esiqinile sokucabanga ngendlela enhle nokuba
.nombono omuhle

* * *

Unembeza umuzwa oqondakala kalula owembula imvelo
yomuntu yangempela kanye nezisusa zakhe. Uma unembeza
wakho uhlanzekile, futhi wazi ukuthi wenza okulungile,
awunalutho lokwesaba. Unembeza ohlanzekile uwubufakazi
bokuziphatha okuhle okuvela kuNkulunkulu. Ukukhululwa
enkantolo kanembeza kusho ukuba nenjabulo nokuthola
.izibusiso zikaNkulunkulu

* * *

Zama ukwenza izinto ezinesibindi nezijabulisayo abantu
abangingi abangazenzi, futhi unikeze uthando nokuthula
.kulabo abanye abangabanaki

* * *

Uthisha uParamahansa wathi komunye wabafundi
:bakhe

Uma ungachithi isikhathi uhlakulela ingqondo, akukho"
ukuchuma kwezinto ezibonakalayo okuzokwanelisa. Lokhu
kukhulisa akukhona ukuhlushwa kodwa kunalokho
ukuqeqeshwa kokuqonda ukuze kondle imicabango nezenzo
".eziholela enjabulweni

Injabulo yakho yimpumelelo yakho, ngakho ungavumeli
muntu akuntshontshele yona Zivikele kulabo abazama
ukukuhlupha Ngesikhathi ngisengumfana, ngangivame
ukulahlekelwa isineke sami noma nini lapho abanye abantu
besakaza amahemuhemu angamanga ngami Kamuva,
ngaqaphela ukuthi ukuthula kwami kwengqondo kubaluleke
kakhulu kunokwamukelwa noma ukunconywa ngabantu
* * *

Ukuba nje ubuwazi indaba yothando lwaphezulu abanye
abazinikele abaluzwayo noNkulunkulu! Akukho okunye
okuhlangenwe nakho empilweni okungaqhathaniswa naleyo
njabulo bengimazi ungqwele owayehlala egxile othandweni
lukaNkulunkulu, futhi ubuso bakhe bukhanya uthando
olungqwele Iso likaNkulunkulu lihlala liphezu kwalabo
.abamthandayo, futhi akabashiyi ngisho nomzuzwana
* * *

Bambalwa labo abanesifiso sokuthuthukisa amandla abo
engqondo nangokomoya
* * *

Ungazivumeli ukuthi ucwile phansi ekuzindeleni Sukuma
ebuthongweni beqiniso elivamile eliyisicefe bese uqonda
empilweni ehlanzekile lapho kukhona impumelelo, injabulo,
.nokuthula
* * *

Ngaphakathi kwakho kulele amandla amakhulu alindele
ukutshalwa, futhi nguwe wedwa okwaziyo ukuwavuselela
.nokuzuza kuwo
* * *

Ukukhululeka ekulawulweni yimikhuba emibi kanye
nezinkanuko ezingenempilo kuletha injabulo enkulu kakhulu
kunempumelelo yezinto ezibonakalayo
Impumelelo yezincwadi iletha injabulo yengqondo izimo
zangaphandle ezingenakuyithatha kuwe

* * *

Ungachitha sonke isikhathi sakho uqoqa imali, kodwa
leyo mali ngeke ikunike ukuthula nokulondeka okuhlala njalo
okufunayo. Ngokuphambene nalokho, izokulethela
ukungajabuli okwengeziwe ngoba injabulo nokuthula kuhlala
.engqondweni, hhayi ezintweni ngokwazo

* * *

Ungavumeli ubuthakathaka bungene engqondweni
yakho, futhi qaphela lapho uhlangana nabantu
abanemicabango emibi kanye nombono wokuphelelwa
yithemba, funa imicabango yabo ebuthakathaka ingene
engqondweni yakho, ngaphandle kokuthi ingqondo yakho
isifinyelele ezingeni elithile lamandla kangangokuthi
imicabango yabanye ayikwazi ukuyibuthakathaka, kodwa
kunalokho, ngokuphambene nalokho, iyakwazi ukuqinisa
.imicabango yabanye futhi ithuthukise ukuzethemba kwabo

* * *

UNkulunkulu uza kuqala, futhi akufanele siqale noma
siqede usuku lwethu ngaphandle kokucabanga Ngaye.
Kumelwe sikhumbule ukuthi ngaphandle kwamandla
esiwathola kuNkulunkulu, besingeke sikwazi ukufeza noma
yimiphi yemisebenzi yethu. Lona umsebenzi wethu omkhulu
.kuYe

* * *

Kukhona indlela yokuhlola nokwahlulela amasiko
namasiko Ekuqaleni, yonke imikhuba yayinesizathu Uma
sithola ukuthi isizathu sisasebenza, khona-ke isiko
linencazelo futhi linenzuzo. Kodwa-ke, akuhlakaniphile
ukulandela amasiko ngokungaboni. Kumelwe sazi ukuthi yini

elungile futhi siyilandele, siqonde ukuthi yini engasilethela
.injabulo bese siyisebenzisa

* * *

Uma ubona abantu abaningi kangaka bentula injabulo
noma impumelelo, ungacabangi ukuthi yilokho
okuzokwenzeka. Ungazenzela noma yini oyifunayo.
Impumelelo yakho yangaphakathi yiyo ekwenza uphumelele
.ngempela

* * *

Uma ungenalutho ngaphakathi kuwe, ngeke ujabule
Kodwa uma ungenalutho olukuzungezile futhi ujabule
ngaphakathi kuwe, ngokungangabazeki uyaphumelela
Ngakho-ke, akunakwenzeka ukwahlulela abantu
.ngokusekelwe ezimweni zabo zangaphandle

* * *

Phakathi kwezixuku ezinkulu, kungase kube nomuntu
ofinyelele isimo sokuphakanyiswa ngokomoya futhi ojabulela
.ukuthula kwangaphakathi nenjabulo enkulu ngokomoya

* * *

Ngiyazi ngokuqinisekile ukuthi konke engikudingayo
kuzoza kimi, ngakho-ke angikhathazeki ngokuthi ikusasa
liphetheni. Lokhu akusikho ukuziqhayisa noma ukuzenzisa,
ngoba ngibone umsebenzi kanye nokusebenza kahle
kwalawo mandla abusisiwe empilweni yami izikhathi
.eziningi

* * *

Kungakhathaliseki ukuthi ngintanta phezu kobuso
bokuphila noma ngiminza ekujuleni kolwandle, ngiyazi ukuthi
nginoNkulunkulu futhi unami, nokuthi akukho lutho
olungangilimaza. Ulwazi lunginike injabulo engachazeki
.nejulile

* * *

Akungabazeki ukuthi ukuthenga into entsha kuyinto
ejabulisayo Kodwa ngemva kwesikhathi esithile, lowo muzwa
wenjabulo uyaphela kancane kancane, futhi ungase

ulahlekelwe yisithakazelo kuyo ngokuphelele, ukhohlwe
ngayo futhi ufise okunye. Kodwa-ke, ibhili yaleyo nto ngeke
!ikhohlakale, ikakhulukazi uma uyithenge ngezitolimende

* * *

Umuntu kufanele alawule impilo yakhe futhi ayenze ibe
lula ngangokunokwenzeka. Kufanele alondoloze imali ethile
yezinto ezidingekayo nezimo eziphuthumayo, abeke
phambili ukonga kunokusebenzisa ezintweni zokunethezeka,
futhi asize abanye ngangokunokwenzeka. Uma usiza
abanye, usizo luzokuza kuwe ngandlela thile, futhi ngeke
.uswele lutho futhi ungalahlekelwa lutho

* * *

Enjabulweni yezinhliziyi zonke, ngizwa ukuzwakala
kwenjabulo Yakho, Nkosi, nasebunganini babo bonke
abathembekile, ngizwa uthando Lwakho ngiyathokoza futhi
inhliziyi yami iyathokoza ngempumelelo nokuchuma
kwabangane bami, njengoba nje nami ngijabula
enhlalakahleni yami kanye nokulula Njengoba
ngiphefumulela ukuhlakanipha kwabanye, ngandisa ingcebo
yokuhlakanipha kwami, futhi enjabulweni yabo bonke,
ngithola okwami

* * *

Isitha esikhulu senjabulo ukuboleka imali ukuze uthenge
izinto zokunethezeka Abantu bakholelwa ngephutha ukuthi
ngeke bajabule ngaphandle kokuthi bathole okuthile
okuqondile Kodwa ngisho nangemva kokuthola leyo nto,
ngeke bayithole injabulo yangempela, naphezu kwenjabulo
yesikhashana eyilethayo lyini injongo yokuphishekela
umlingo wenjabulo yasemhlabeni othembisa ukuphuka
kuphela? Abantu kufanele baphile kalula, ngaphandle
kokudinga izimpahla eziningi ezidinga ukunakekelwa njalo

* * *

Ipharadesi lami lingaphakathi kwami Njengoba
ngijabulela izibusiso zikaNkulunkulu, ngiyambonga, futhi
injabulo yami yangaphakathi ikhula Ngaphandle kwalokho
kwaneliseka kwangaphakathi, ngisho nezinjabulo
zasemhlabeni nezinjabulo ziba isihogo Sengiqaphele ukuthi
ngaphandle kwaleyo njabulo yangaphakathi, umthwalo
wemithwalo yemfanelo engibekwe phezu kwayo
ubungangiphuca ukuthula kwami futhi ungiphuce injabulo
yami

* * *

Uma ingcebo ihambisana nokugula nezinkinga,
imiphumela izoba miningi Inhlanzeko kanye nokunakekelwa
kwempilo kuphakathi kwamandla aseNtshonalanga
Izinambuzane eziyingozi namagciwane abulalayo kulawulwa
ngempumelelo emazweni athuthukile, kuyilapho ziningi
kwamanye Kodwa ukuqeda lezi zinambuzane akuyona into
evelele, ngoba kunezinye izinhlobo zezinkinga emazweni
athuthukile, njengezikweletu okunzima ukuzikhokhela kanye
nezinkinga zezimali ezicindezelayo ngenxa yezinhlelo
zokuthenga ngezigaba—izinhlopheko eziphazamisa
ubuthongo futhi zinciphise ukuthula kwengqondo

* * *

Siyingxenye ebalulekile yolwazi olufanayo lapho le
ndawo yonke enkulu yavela khona

* * *

Wake wawubona umhlambi wezimvu? Uma omunye
wazo egxuma, wonke umhlambi uyalingisa ngaphandle
kokungabaza Iningi labantu linjalo. Othile angase aqhamuke
nomqondo noma angenise umkhuba omusha, kanti abanye
bazongena ngokushesha ebhendini bese bewukopisha. Le
ndlela ibilokhu ikhona izizukulwane ngezizukulwane. Zonke
izizwe zinamasiko namasiko azo, futhi asikwazi ukuthi zonke
zilungile noma zizwakala. Kodwa ubani owaziyo? Mhlawumbe
ezinye zalezo mikhuba namasiko azisho lutho futhi
.azinamsebenzi

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Lapho isiphepho semicabango esiphazamisayo siphela,
singena embusweni wokuthula futhi sithinte ubukhona
bukaNkulunkulu

* * *

Cabanga ngoNkulunkulu, noma indawo enhle ekhuthaza
ukuthula, noma okuhlangenwe nakho okujabulisayo
nokusebenza kwengqondo okuhle nokuzolile kuyavuselela
futhi kuyaqabula

* * *

Siphila ezweni elixakekile nelinokuphazamiseka. Ungase
ucabange ukuthi imali isho injabulo, kodwa uma uyithola,
uthola ukuthi awukajabuli. Ungase uthole ingcebo futhi—
uNkulunkulu makangavumi—ulahlekelwe yimpilo yakho.
Noma ungase ube nempilo enhle futhi ulahlekelwe yimali
yakho. Noma ungase ube nengcebo nempilo kodwa
ubhekane nezinkinga eziningi nabanye, unikeza umusa
kodwa uhlangane nenzondo nenzondo. Ngaphandle
kukaNkulunkulu, akukho lutho kulokhu kuphila
.olungakwanelisa ngempela

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Umhlaba uba yigumbi lokuhlushwa kulabo abaphila
ngokungazi uhlelo lukaNkulunkulu. Kodwa uma ubheka
okuhlangenwe nakho kokuphila njengabafundisi bakho futhi
ufunda kubo ubunjalo bangempela baleli zwe kanye nendima
oyinikezwe emdlalweni wendalo yonke, lokho okuhlangenwe
nakho kuba ukukhanya okubalulekile endleleni eya
.ekwanelisekeni okuhlala njalo nenjabulo

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Lapho, ngale kobumnyama obungenabumnyama,
ukuthula okungenakuzwakala, kanye nokungabi nalutho
okungadalwanga, kukhona ingqikithi yaphakade, eyisiqalo
sokuba khona kanye nomthombo wawo wonke amandla
.nezidalwa, ezibonakalayo nezingabonakali

* * *

UNkulunkulu akasidalelanga lo mhlaba ukuze sidle,
silale, futhi sife nje kuphela, kodwa ukuze sazi intando Yakhe
futhi siqonde injongo yokuba khona kwethu. Idlanzana
labantu abahlakaniphile liye laqonda incazelo yohlelo
lwendalo yonke, kodwa abantu abaningi abayizimpumputhe
.futhi abaqapheli leyo njongo

* * *

Imali yayingeyona umgomo wami empilweni; umgomo
wami kwakuwukukhonza abafowethu nodadewethu
esintwini. Ngakho-ke, uNkulunkulu wangivulela amathuba
.amaningi okuzisekela nokufeza umsebenzi wami

* * *

UNkulunkulu wadala le ndawo yonke ukuze isebenze
ngokomthetho oqinile nongaguquki Uma sephula noma
yimuphi wale mithetho yendawo yonke, sizijezisa thina
Umuntu ogxuma esuka ophahleni lwesakhiwo eside
uzophula amathambo akhe Ngakho-ke, asinakuyishaya
indiva imithetho yamandla adonsela phansi ngaphandle
kokuthola imiphumela

* * *

Uma sibheka ngokujulile imiphakathi yomhlaba futhi
sihlola izimfihlo ezifihliwe zemiphakathi yasendulo, kuvela
isithombe esikhulu, esinemigqa ehlangene, izahluko
ezahlukahlukene, kanye neminingwane eqondile, futhi
sithola ukuthi umuntu ungumuntu ngamunye futhi
.ungumuntu ohlala nabantu ngesikhathi esisodwa

* * *

Ukube uNkulunkulu wayefuna siphile ngokuqonda izinto
ezibonakalayo kuphela, besizokwaneliseka ngokuphelele
.ngezinto ezibonakalayo futhi saneliseke ngezindlela zezwe

* * *

Imisebe yobumsulwa, ukuthula, nenjabulo ngale
kwamaphupho iyakhanya futhi idansa ekujuleni kwethu
okubalulekile

* * *

Ngokuhlangenwe nakho ngakunye okuvela
esibhakabhakeni sezimpilo zethu phakathi nalolu hambo
lwethu lwasemhlabeni, kumelwe sifunde ukuthi
singalwandisa kanjani ulwazi lwethu nokuthi singaziqonda
kanjani izimo ezisizungezile noma esidlula kuzo, bese
sizokwazi ukuphila ngokuvumelana kangcono futhi
sisebenzelane kahle nangokuphephile nabantu kanye
.nokuphila

* * *

Abantu abaningi balingisa abanye. Umuntu kufanele abe
ngumuntu wokuqala nonobuhlakani, futhi abe yingcweti
.kukho konke akwenzayo

EMpumalanga, ukugxila okuyinhloko kube
ekuhlakuleleni injabulo engokomoya, kuyilapho izici
zokuphila ezibonakalayo zivame ukunganakwa
ENTshonalanga, kunezinye izinto eziduduzayo ezibonakalayo
kodwa injabulo yengqondo encane kakhulu Okudingekayo
ukulinganisela phakathi kwalokhu okubili, ngoba ukugxila
esicini esisodwa kuphela sokuphila kuholela ekungalinganini
nasekungakwazi ukubhekana nezidingo zokuphila
.ngokunengqondo

* * *

Injabulo enkulu kakhulu- ngemva kwenjabulo yaphezulu
- ukuthi umuntu abe nokuthula nezihlobo zakhe eziseduze
.okumele ahlale nazo nsuku zonke zonyaka

* * *

Abantu bachitha isikhathi esiningi beshesha futhi beziphatha
ngokuphamazela ngaphandle kokufeza okuningi Bambalwa
abama kancane ukuze bacabange futhi bazame ukuqonda
ukuthi impilo inikezani

* * *

Kumelwe sisebenzele ukwakha izakhiwo zangaphakathi
zokuhlakanipha ezingadini zokuthula eziqhakaza futhi

zikhanye ngezimbali ezingenakubalwa zezimfanelo ezinhle
ezingokomoya

* * *

Ukuzwana kwangaphakathi kuwumthombo ocebile
wamandla futhi kukhiqiza amandla avuselelekayo

* * *

Uma ubheka impilo, umuntu uthola ukuthi impumelelo
ayilula Impilo ivame ukuba nzima futhi ayithetheleli, futhi
kumelwe sizabalaze ukuze siziphilise Cabanga ngomzamo
odingekayo ukuze usekele umzimba wakho futhi uwugcine
uphilile futhi ungenazo izifo! Ngisho noma uphumelela
kulokhu, leyo mpumelelo ingeyesikhashana Umzimba—
kwangathi ungaphila isikhathi eside—ekugcineni uzobekwa
phansi Isidingo sidinga ukulwa namandla amaningi, kokubili
angaphakathi nangaphandle, ukuze ufinyelele impumelelo
oyifunayo La mandla asebenza ngokungakhathali
ukukuphuca noma yiziphi izimpumelelo ezibalulekile
ngempela

* * *

Zama ukuhlala uzolile ngaphansi kwazo zonke izimo,
futhi uvumele imbewu yokuthula kwakho iqhakaze
ngenjabulo nokumamatheka kokwaneliseka

* * *

Ngisho nabangcwele abakhulu kakhulu abafinyeleli
insindiso ephelele ngaphandle kokuba babelane
ngempumelelo yabo nabanye, okungukuthi, okuhlangenwe
nakho kwabo okungokomoya nolwazi oluphakeme,
.ngokubasiza ukuba bathole ulwazi olungcwele

* * *

Ngenxa yalesi sizathu, labo abafinyelela kulezo zigaba
futhi bafinyelele kulezo zimo bazimisele ukunikeza ukuqonda
kulabo abakudingayo. Uma ufisa ukufeza impumelelo
yangempela, ngeke nje uqinisekise injabulo yakho siqu
.kodwa neyabanye

* * *

Noma ubani ohlakaniphile angenza imali Kodwa uma
enothando enhliziyweni yakhe, ngeke ayisebenzise leyo mali
ngezinjongo zobugovu; kunalokho, bazoyabelana ngayo
nabanye Imali iyisiqalekiso neshwa ezandleni zobugovu
nabampofu, futhi iyisibusiso nesipho ezandleni zalabo
.abanezinhliziyo ezinhle nemiphefumulo ephanayo

* * *

Othile angakhetha ukuthula isikhathi eside, engabe
ukukhuluma namalungu omndeni wakhe phakathi naleso
sikhathi Nakuba lo muntu engase athole ukuthula
kwangaphakathi ngenxa yalokho, ukuziphatha kwakhe
kuwubugovu futhi kulimaza injabulo yomndeni wakhe.
Abanakubhekwa njengabaphumelele ngempela ngaphandle
kokuthi abathandekayo babo nabo bazuze empumelelweni
.yabo

* * *

Ngokufanayo, ukufeza impumelelo yezinto
ezibonakalayo akulona nje ilungelo lethu lokujabulela
inhlalakahle ngokwethu, kodwa futhi kuyisibopho sethu
sokuziphatha kwabanye mayelana nokubasiza bathuthukise
.izimo zabo zezinto ezibonakalayo nezimo zokuphila

* * *

Ngivikelekile ngemuva kwezindonga zonembeza wami
ohlangezile. Ngishise isikhathi esidlule esimnyama futhi
.ngikhathalela namuhla kuphela

* * *

Namuhla ngiyaqaphela ukuthi ngingomunye
onokukhanya kokuhle kakhulu nokuthi ngiyisibani kulabo
abalwa namagagasi olwandle losizi

* * *

Abantu banemibono nemibono ehlukeneyo mayelana
nempumelelo, kuye ngezifiso zabo empilweni Akuvamile
ukuzwa abanye abantu befanisa impumelelo nokweba, bethi
izinto ezinjengokuthi, "Wayeyisela eliphumelelayo!" Lokhu
kugcizelela ukuthi impumelelo kuzo zonke izinhlobo zayo

nezinhllobonhlobo zayo iyafiseleka futhi iyafunwa. Kodwa-ke,
.impumelelo yethu akufanele ilimaze abanye

* * *

Kukhona futhi enye indlela yokuphumelela: uma sikwazi
ukuletha imiphumela evumelanayo nezuzisayo kithi,
kufanele futhi sifake nabanye empumelelweni yethu futhi
.sabelane nabo ngezithelo zayo

* * *

Impumelelo isho ukwaneliseka komuntu kanye
nokwaneliseka endaweni yakhe Impumelelo yangempela
iwumphumela wezenzo ezisekelwe ezimisweni zokulunga,
futhi ihlanganisa injabulo kanye nenhlalakahle yabanye
njengengxenye ebalulekile yenjabulo yomuntu. Uma
sisebenzisa lesi simiso ekuphileni kwethu okungokwenyama,
kwengqondo, kokuziphatha, kanye nokungokomoya, sizoba
.nencazelo ephelele nephelele yempumelelo

* * *

Lapha kuleli zwe elilinganiselwe, sibona ubude,
ububanzi, kanye nobuningi, kodwa kukhona elinye izinga
lapho ubukhulu bungekho khona; konke kucacile futhi
kusobala—konke kuwukuqonda nokuqonda Umuzwa
wokunambitha uwukuqonda, njengoba kunjalo nomuzwa
wokuhogela Imizwa yethu, imicabango, kanye nemizimba
kuyizimo zokuqaphela Njengoba nje singabona, sizwe,
sihoge, sinambithe, futhi sithinte emaphusheni, kanjalo,
kulelo zinga eliphakeme, ingabe sizwa yonke le mizwa
?ngokwazi okumsulwa

* * *

Nkosi, sijabulise ngokuzwa ukusondela kwakho,
usikhulule ezibophweni zezifiso, futhi usiphe injabulo
yangaphakathi engathinteki yizinto ezenzeka empilweni
.kanye nezenzakalo zayo ezishintshayo

* * *

Uma izingqondo zethu zihambisana nokuqonda
okuphezulu, ukuqonda okungokomoya kuyavuka

ngaphakathi kithi futhi sizwa izimangalisayo ezimangalisayo
.zokuhlakanipha nothando lwaphezulu

* * *

Uma simthanda ngokuphelele uNkulunkulu futhi
siphendukela kuye ngayo yonke imicabango nezinhliziyo
zethu, sizozizwa siseduze naye futhi sizothola ukuthi
.uyisiphephelo esikhulu kunazo zonke sokuphepha empilweni

* * *

Esikhaleni esibonakala singenalutho nesingenalutho,
kukhona ukuxhumana kwendawo yonke kanye nokuphila
okuphakade okusihlanganisa nazo zonke izinto eziphilayo
nezingaphili endaweni yonke igagasi lokuphila okukhulu
.ligeleza kukho konke okukhona

* * *

Iphakade liyikhaya lethu langempela kanye nendawo
yokuhlala yaphakade, futhi ukuba khona kwethu kulezi
zidumbu kungokwesikhashana, njengokuphumula
.okufushane kwekharavani ehamba ogwadule

* * *

Uma sizivumelanisa namandla okudala omoya,
sizoxhumana nengqondo yendawo yonke nengenamkhawulo
ekwazi ukusiqondisa nokuxazulula izinkinga zethu. Amandla
okudala azogeleza kithi ngaphandle kokuphazamiseka evela
emthonjeni omkhulu wobukhona bethu, okusenza sikwazi
ukufeza impumelelo yokudala kunoma iyiphi indawo
.yomsebenzi wethu

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Uthando luyakhula futhi luqhakaze endaweni
yokwethembana, ukubekezelelana, kanye nokuhloniphana

* * *

Sibusise, Nkosi, ngokukhanya kwemicabango emsulwa
nemikhuba emihle, ukuze kuthi uma ubumnyama bemikhuba
emibi nemicabango ephambene busondela kithi, bususwe
ngokushesha. Futhi usisize sikuthande ngothando olujulile
kangangokuthi akukho ukukhohlisa kwezinto ezibonakalayo

noma izilingo zezwe ezingasibamba noma zibambe
.izingqondo nezinhliziyo zethu

* * *

Izinto ezitholakala kalula azivamile ukuba yigugu
Sikwazi lokhu ngokufunda izimpilo zamadoda nabesifazane
abakhulu nokuthi baba kanjani bakhulu ngokuthuthukisa
amakhono abo, ukufeza imisebenzi yabo, ukwakha
izindinganiso zabo zokuziphatha, ukuzibandakanya
ekufundeni okujulile, nokugwema ubugovu Kodwa
imiphumela abayifezile kanye nempumelelo abayifezile
yayinkulu kakhulu kunomzamo abawusebenzisile

* * *

Inkululeko yangempela ilele enkululekweni
yokuzikhethela eqondiswa ukuhlakanipha futhi isekelwa
ukuqonda, ukulunga, kanye nentando eqinile

* * *

Uma uvusa intando yakho, ukuzimisela, kanye
nokuqonda okunengqondo, amandla angabonakali akhululwa
ekuqondeni okuphakeme—ngokuqonda komphefumulo—
ukuze akusize futhi akhanyise izindlela eziholela enduduzo
.yengqondo kanye nenjabulo, ngosizo lukaNkulunkulu

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Umuntu kumele avule imigudu yomphefumulo
ngomzamo wakhe Akekho okhetha ngokuzithandela
ukuhlupheka nosizi kunokuthula nenjabulo Ukungazi
kuyimpande yokuhlupheka kanye nesithiyo okumele sisuswe
futhi siqedwe Ukungazi kuyikhula eliyingozi, eligxilile,
elikhula ensimini yesintu futhi liminyanise izitshalo ezinhle
nezizuzisayo

* * *

Ukungazi kumele kunqotshwe yintando engaguquki
kanye nokuzimisela okuqinile Inhlabathi yengqondo kumele
ihlakulelwe ngokunaka okugxile [kokuhle], kanye nembewu
enhle eniselwa ngamanzi okholo Lapho imisebe yothando
ephilayo nefudumele ikhanya, imbewu yobuhle izokhula futhi

ingobe ukhula nezitshalo ezidla izimila, ngoba ubumnyama
abukwazi ukuba khona lapho kukhona ukukhanya

* * *

Izinjabulo zezinto ezibonakalayo ziyanyamalala futhi
zinyamalale, kodwa injabulo yaphezulu ayifiphali. Yinjabulo
.yaphezulu engapheli futhi engenakuchazeka

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Akufanele neze sisebenzise izindlela ezingalungile ukuze
sithole injabulo, futhi akufanele silahle ukuthula nengcebo
engokomoya esinayo ngaphakathi kithi siphishekela
induduzo ekhohlisayo kanye nokuphila okukhazimulayo
okungase kuboshwe phambi kwethu yizenzo zokuziphatha
.okubi nemiphumela ebhubhisayo

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Ukuthula kuyikhamera engcono kakhulu yokuthwebula
ubukhona bukaNkulunkulu. Ngelensi yokuthula okumsulwa
nokugxile ngqo, isithombe esibusisiwe sizovela ngokucaca
.okuphelele

* * *

Eqinisweni, konke ukuhlakanipha kungaphakathi kuwe
futhi okudingayo nje ukuqaphela lokho

* * *

Ukwaneliseka kweqiniso kulele ekuzithuthukiseni, ukuze
abanye bakufune kunokuba wena ubafune. Uthando
nobungane kufanele kunikezwe ngokukhululeka, ngaphandle
kokulindela noma isidingo. Ukulindela kudala usizi
nokungajabuli. Ngisho nalapho elwela ukuzithuthukisa,
umuntu kufanele ame yedwa, avikeleke futhi abe nokuthula
ngaphakathi kwenqaba yezimfanelo zakhe kanye
.nokuzihlonipha

* * *

Kwangathi izimpophoma zenjabulo nethemba zingahlala
zigeleza zisuka enhliziyweni yami, futhi kwangathi isifutho
.sazo esiqabulayo singathinta bonke engihlangana nabo
* * *

Injabulo engokomoya idala emphefumulweni isifiso
sokusiza abanye ngazo zonke izindlela, futhi ithuthukise
ikhono lokwazisa injabulo yokuziphatha ecwengekile eholela
enjabulweni, ngaleyo ndlela inciphise ukuthambekela
.ezinjabulweni ezingavuthiwe
* * *

Kungakhathaliseki ukuthi indima yakho incane
kangakanani, isabalulekile njengezindima ezinkulu kakhulu
maqondana nokufaka isandla empumelelweni yomdlalo we-
.cosmic owenziwa imiphefumulo esiteji sokuphila
* * *

Ukuqonda okuphelele kuwukuqonda okuphelele,
okungenamkhawulo, okuzivuselela njalo futhi ubuhlakani
bawo abupheli, futhi ngawe uzama ukuveza isici
.esiyinqayizivele sawo
* * *

Uma unambitha uthando lwaphezulu ngisho noma
kanye, awusoze waluyeka ngoba akukho okunye okufana
.nalo endaweni yonke
* * *

Labo abamaziyo uNkulunkulu sebefinyelele ezigabeni
ezingokomoya ezithuthukile kakhulu, kangangokuthi
abaneliseki ngokunikeza izoni iseluleko esingokomoya
kuphela, kodwa bangakwazi - ngomusa nangosizo
lukaNkulunkulu - ukubanika amandla angokomoya
.abakhulula emiphumeleni yezenzo zabo zesono
* * *

Zonke izenzo ezinhle nezimbi zifihlakele
emangqamuzaneni obuchopho futhi zibonakala
njengemikhuba emihle noma emibi noma ukuthambekela
emcabangweni

* * *

Umuntu ohlushwa imikhuba engaphilile ngenxa yokuthi
amangqamuzana obuchopho bakhe anikezwe amandla aleyo
mikhuba angazikhulula ngamandla okuzimisela, ukuzindla,
umthandazo oqotho, kanye nokuqinisekisa okuqhubekayo
okuhle kuze kube yilapho yonke imikhuba yakhe
engathandeki iguqulwa ibe imikhuba emihle yokuthula
nokuthula. Lokhu kwenzeka lapho amandla okuphila
aqondiswe kahle esebenza ukushintsha isimo esingavamile
samangqamuzana obuchopho, ukuze lawo maseli agcwale
.konke okuhle, okuhle, nokuhle

* * *

Ukuqonda yiso langaphakathi, umbono womphefumulo,
kanye netheskopu yenhliziyo. Kuyibhalansi phakathi
.kokuzola kwengqondo kanye nobumsulwa bonembeza

* * *

Nsuku zonke sibona izigcawu ezahlukene, futhi nsuku
zonke kuletha isifundo esisha okufanele sifundwe.
Kulindeleke ukuthi umuntu afunde isifundo ngokugxila
enjongweni yokugcina yokuphila kwakhe: ukuqaphela
umthombo wobukhona bakhe kanye nesisekelo sokuphila
.kwakhe

* * *

Masisebenzele ukukhohlwa izinsizi zesikhathi esidlule
futhi sizimisele ukungagxili kuzo. Ngokuzimisela
okungantengantengi kanye nentando esebenzayo,
masivuselele izimpilo zethu, sithuthukise impumelelo yethu,
futhi sikhulise ngaphakathi kithi imikhuba emihle
.nezimfanelo ezinhle

* * *

Noma ubani odalula ubuthakathaka babanye futhi
ababangele amahloni nentukuthelo akayena neze
ukuhlakanipha nokwahlulela okuhle

* * *

Amazwi azo zonke izikhathi nezindawo

Labo abavumelana noNkulunkulu babona ubuhle
obumangalisayo futhi banambitha ubumnandi obukhulu
.obungenakubonwa nganoma iyiphi enye indlela
Lapho umphefumulo wami ubiza Wena, amafu okuthula
Kwakho aqhuma, Nkulunkulu, nemvula yesihawu Sakho
yathululeka ngezikhukhula kwaze kwaba yisikhukhula
esikhulu somusa Wakho. Umfula wakho obusisiwe
wagubuzela ulwandle lwami, nomphefumulo wami wangena
emanzini aphakade, futhi i-bubble yokuphila kwami
.okuncane yancibilika olwandle lobukhona Bakho obuphelele
Umeluleki wami wangifundisa indlela yokusebenzisa i-
chisel yokuhlakanipha ukuze ngizenzele ithempeli elifanele
.ubukhona bukaNkulunkulu

Uma ufuna ukufeza umgomo omuhle, qala ngokudala
imodeli yengqondo yawo. Manje usungakwazi ukusungula
noma yiluphi uhlangothi engqondweni yakho uma utshala
umqondo oqinile engqondweni yakho; khona-ke wonke
umzimba wakho uzovumelana nalowo mbono, futhi izenzo
.zakho zizohambisana nawo

Uma uthinta inhliziyo kaNkulunkulu, izinkinga zakho
zizonyamalala, uthando luzogcwalisa inhliziyo yakho, futhi
okuhlangenwe nakho okumangalisayo okungokomoya
kuzodansa njengemithombo ehlanzekile engadini yengqondo
.yakho

Amafua amaningi azama ukukufihla futhi akufihle kimi,
kodwa ngenxa yamazolo ezinyembezi zokulangazelela,
igama lakho elibusisiwe libonakala kimi likhazimula
ngezinhlamvu zegolide ezikhanyayo ngemuva kwawo wonke
.amakhethini namaveyili

Ubumsulwa bukanembeza busho ukubhekana neqiniso
ngokusobala

Kunezidingo ezibalulekile nalokho abanye abakubheka
“njengezidingo” okungadingeki ngempela futhi

okungadingekile Impilo kufanele yenziwe lula ngokugxila
ezidingweni eziyisisekelo nokuqeda ukunethezeka
okungadingekile

Yeka ukuphakama kwakho, O mngane, nokuthi
umhlabathi wakho uvundile futhi ungcwele kangakanani!
Uthando luwukudla kwakho nokwethembeka kwakho
isiphuzo sakho

Lapho abantu ababili behamba ngokuvumelana naphezu

kokungafani kwabo, bahlanganiswa umgomo owodwa:
ukuthola ukuthula komphefumulo othandweni oluhlanzekile
nokwethembeka komunye nomunye futhi lapho othandayo
engafuni injabulo ngokulimaza othandekayo khona-ke,
ensimini yobubele, izimbali ezinuka kamnandi zobungane
.ziyaqhakaza futhi zisakaze iphunga lazo elimnandi
Izwe liqeqesha izingqondo zethu ngendlela ehlukile,
lisenza sijwayele izinto eziningi kangangokuthi siqala
ukucabanga ukuthi injabulo ayinakutholakala ngaphandle
kwazo. Kodwa impilo, kanye nezimpilo zabantwana
ikakhulukazi, kumele zenziwe lula; ngaphandle kwalokho,
.impilo izozifundisa ngokudumazeka okubuhlungu
Iqiniso linembile futhi lingokoqobo kakhulu
kunokucabanga noma ukucabanga nje, kodwa lokho
esikucabangayo noma esikucabangayo kungase
.kugcwaliseke ngezinye izikhathi

Ukucabanga kuyisici esibalulekile enkambisweni
yokucabanga ngokudala. Kodwa-ke, ukucabanga kufanele
kukhule futhi kuguquke kube ukuqiniseka okuqinile, futhi
lokhu akunakwenzeka ngaphandle kwamandla aqinile
.okuzimisela

Uma ubona into ngeso lengqondo ngamandla akho onke
okuzimisela, umcabango wakho uzoguquka ube ukuqiniseka
komuntu siqu, futhi lapho ungakwazi ukulondoloza lokho
kuqiniseka

Naphezu kwayo yonke imibono ephikisanayo,
ukuqiniseka kwakho kuzobonakala empeleni

Umuntu kumele afunde ukuzimela, esekelwa
yizimfanelo zakhe kanye nokubaluleka kwakhe
Injabulo engokomoya iyinjabulo evuselelwe futhi
ibonakala ngokwandayo kulabo abacabanga ngokujulile
ngoNkulunkulu. Iyinjabulo esiza ekwenzeni izinqumo
ezifanele nasekwenzeni izinto ezifanele, futhi uma itholakala,
izifiso nezifiso ezingenempilo ziyanyamalala ngoba
zilahlekelwa ukukhanga kwazo uma kuqhathaniswa
.nenjabulo engokomoya

UMdali wethu uMninimandla onke usinike ukuphila,
amandla, nokuhlakanipha, futhi kungumsebenzi wethu
ukumnika ukunaka kwethu nokuphakamisela izinhliziyiyo
zethu kuYe ngothando, ukubonga, nokuqaphela umusa
.nomusa waKhe

Ngisize, Nkulunkulu, ukuba ngingavuthi umlilo
wentukuthelo, funa ngivuthe ngamalangabi entukuthelo,
izindawo eziluhlaza zokuthula ngaphakathi kimi nakwabanye
Ngisize ngicime umlilo wentukuthelo ngemvula egeleza njalo
yothando lwami

Kwangathi ichibi lobumnene bami nokuthula kwami
lingahlala lizolile futhi lithule, lingaphazanyiswa yiziphepho
zokunganeliseki eziletha usizi kuphela
Ukwenza izenzo ezishukunyiswa umuzwa wesibopho,
noma ukudela izifiso zomuntu siqu ekukhonzeni
nasekuthandeni omunye umuntu, kungcono kakhulu
kunokukwenza ngenxa yokwesaba

Ngisho noma umuntu eyeka ukweqa imithetho
kaNkulunkulu, kufanele akwenze lokho ngenxa yothando
.ngoNkulunkulu, hhayi ngenxa yokwesaba isijeziso saKhe
Noma yini oyisabayo, susa imicabango yakho kuyo.
Yishiyele kuNkulunkulu futhi uqinise ukwethemba kwakho
.kuYe

Ukwesaba kuhlala kumuntu, futhi ukukuqeda
kungenzeka ngokucabanga ngoNkulunkulu nokuzwa
ubukhona Bakhe

Kungaba nzima ekuqaleni ukuhamba ezindleleni
zobuhle, kodwa ziyizindlela ezibusisiwe eziholela ekuthuleni
.kwengqondo nasenjabulweni yangempela
Kwangathi inkazimulo kaNkulunkulu ingakhanya kuzo
zonke izingxenye zokuphila kwethu, kwangathi uthando
lwakhe lungahlala ezinhliziyweni zethu, futhi kwangathi
.ukukhanya kwakhe kungagcwalisa ingqondo yethu
O sithandwa sami esingcwele, izimbali ziyaqhakaza
nezinkathi ziyashintsha, futhi konke kukhuluma ngawe.
Inyanga egcwele yembula izici zokumamatheka kwakho,
futhi ilanga liphethe isibani sakho sasezulwini. Ngibhukuda
olwandle lwezinyembezi, luchichima ukukulangazelela.
Emaqabungeni ezihlahla nasemithanjeni yabantu kugeleza
impilo yakho namandla akho, futhi ngizwa ukushaya
kwenhliziyo yakho yendawo yonke kushaya ngaphakathi
.kwami

Uma ngizwa ubukhona bakho, ngizizwa sengathi
ngiphapheme kwelinye izwe, futhi ngezikhathi ezithile
ngiphupha ngalo mhlaba kanye nalomzimba omncane—
owami ngiphapheme enjabulweni engapheli, futhi iphupho
lami lokuphila kwasemhlabeni linuka izinkumbulo
ezijabulisayo zezikhathi zami zokuvuka nawe Ngisiphule
ukhula lwamaphupho amabi ensimini yamaphupho ami futhi
ngatshala esikhundleni salo ama-roses okuphefumulelwa
kwami, lapho iphunga lokulangazelela kwami lizokudonsa
khona, futhi uzoza uzongithatha nawe uye emikhawulweni
yenjabulo yaphakade

O Nkulunkulu, ngenze ngibe sobala ngobumsulwa
nokuhlazeka ukuze ngiveze ukukhanya kwakho
okuphilisayo ngaphakathi kimi
Thulisa isibuko sengqondo yami esithuthumelayo ukuze
sibonise ubuso bakho obungenamkhawulo
Vula amafasitela okholo kakhulu ukuze ngiphefumule
iphunga lokuthula kwakho

Wena okhazimulayo kuwe, wena Mbuso ongachazeki,
ngibheke ngamehlo ami alangazelela Wena, ukuze
.ngingaboni lutho olukhona ngaphandle kwakho
Ngemuva kwazo zonke izenzakalo nokubonakala
kokuphila kukhona izwi likaNkulunkulu elithule, osibiza njalo
ngezimbali, izincwadi ezingcwele, onembeza bethu, nazo
.zonke izinto ezinhle ezenza ukuphila kube nenjongo
Yonke imizamo eyenziwa ngumfuni yokufinyelela
eziqongweni ezingokomoya ibalwa nguNkulunkulu ngenxa
.yakhe futhi ivuzwa kahle ngayo
Siyakucela, Nkosi, ukuba ukhanyise izingqondo zethu
ngokukhanya kweqiniso lakho, wenze izinhliziyo zethu
zishaye ngothando lwakho, futhi ugcwalise imiphefumulo
.yethu ngenjabulo yakho kanye nobuningi bomusa wakho
Kusukela kulowo mkhathi ocacile lapho ingqondo
ingenakukwazi ukungena khona, uNkulunkulu uthulula
ukukhanya Kwakhe okuphakade. Futhi engqondweni
yendawo yonke kuvela ugqozi oluphakeme namandla
abusisiwe, futhi umsebenzi wokudala ugeleza ezingqondweni
.ezivulekile nezivumelanayo
Uma uthola ukuthi umphefumulo wakho, inhliziyo yakho,
yonke inhlansi yokuphefumulelwa, isibhakabhaka esiluhlaza
okwesibhakabhaka, izinkanyezi ezikhanyayo, izintaba,
umhlaba, izinyoni, nezimbali konke kuhlangukane
ngentambo eyodwa yesigqi sendawo yonke, injabulo
engokomoya, kanye nobunye bendawo yonke khona-ke
uzobona ukuthi konke kungamagagasi esifubeni solwandle
.olungcwele olungenalo ugu
Uma sikhohlwa uMdali wethu, sifanelwe ukuhlupheka.
Kumelwe siqaphele ukuthi uNkulunkulu uyisithandwa sethu
futhi uyasithanda, futhi lolu lwazi luzosikhulula ezinkingeni
.zethu nasekuhluphekeni
Umthandi weqiniso kaNkulunkulu akayeki ukumfuna,
ngisho noma ehluleka ukumthola ngemva kwemizamo
eminingi Njengoba nje igagasi kumelwe libuyele enhliziyweni

yolwandle ngemva kokuba isiphepho siphelile, nomfuni
oqotho unjalo; unokholo olucacile lokuthi izithiyo zizobhidlika
nokuthi uzohlangana nolwandle olusemkhathini
ngokushesha noma kamuva—lolo lwandle
olungenamkhawulo aphuma kulo futhi abuya kulo
Uma ingqondo icabanga njalo ngothandekayo
waphezulu, inhliziyo ihlabelela izingoma zenjabulo nenjabulo
Ukuphuma ngokomoya ukuvela komuntu kulokho ayikho
.manje kuya kulokho ayoba yikho esikhathini esizayo
Umuntu akanakufihla ubunjalo bakhe bangempela
kwabanye, ukudlidliza kwemicabango yakhe kuzobonakala
ngandlela thile ekuziphatheni kwakhe futhi kuzobonakala
.ngezenzo zakhe

Banengi abanombono ongalungile ngenkululeko;
babheka inkululeko njengokwenza noma yini umuntu
athanda ukuyenza, futhi lokhu ngikubiza ngokuthi inkululeko
.yezifiso

Ngenxa yokungaqondi kahle uhlobo lweqiniso

Iwenkululeko, abanye abazali bagqilaza izingane zabo
emasikweni ngokugcwalisa izifiso zabo ngokushesha. Ingane
ikhula ikholelwa ukuthi uma nje izifiso zayo zigcwaliseka,
iyajabula, nokuthi injongo yokuphila iwukugcwalisa zonke
izifiso. Kodwa-ke, kamuva ithola ukuthi yayinephutha ,
njengoba umhlaba wangaphandle uhlukile ngokuphelele
empilweni yasekhaya, futhi ifunda ukuthi ukugcwalisa zonke
izifiso akulula! Abanye bangase babacindezele eceleni futhi
bangabanaki bephishekela izifiso zabo. Ngenxa yalokho,
ingane iba lukhuni futhi indikindiki ngokomzwelo ngenxa
yesifiso esikhulu sokwanelisa izifiso zayo. Ngakho-ke, abazali
kumele basize izingane zabo ukuthuthukisa intando yazo
nokuqonda ukuze zikwazi ukuhlala emhlabeni ngaphandle
.kokuwela ezingibeni nasezingibeni zayo

Umama uthi, "Mfundise ngothando" Yiqiniso, ukuphatha
izingane ngothando ngokuvamile kuhle, kodwa ubumnandi
obuningi bonakalisa amazinyo, futhi ngokufanayo, ukutotosa

kakhulu kubonakalisa izingane. Kudingeka izinga elithile
lokuqina nokuzimisela, kodwa uma ingane iphathwa futhi
ijeziswa kanzima ngephutha, imiphumela izoba mibi kakhulu.
Kufanele kube nokulinganisela endleleni izingane eziphathwa
futhi ziphathwe ngayo ; wonke ubaba kufanele alinganisele
ubuntu bakhe ngothando nobubele, futhi wonke umama
kufanele anikeze uthando lwakhe ukuhlakanipha
.nokucabanga

Umuntu kumelwe alondoloze isimo sengqondo esizinzile
sothando nokulangazelela uNkulunkulu. Sengizame
imisebenzi eminingi, kodwa kungakhathaliseki ukuthi
umsebenzi wami unjani, imicabango yami ihlala
.inoNkulunkulu

Kufanele sikujabulele lokhu kudalwa, kodwa ngaphandle
kokukuvumela ukuthi kusigqilaze. Futhi okuhlangenwe
nakho kungifundise ukuthi injabulo yokuthola uNkulunkulu
.ayinakuqhathaniswa

Ngaphambi kokuqala misebenzi emikhulu, umuntu
kufanele ahlale buthule, athule izinzwa nemicabango,
azindle ngokujulile, futhi afune usizo lukaNkulunkulu ukuze
.athole isiqondiso esingokomoya nesiqondiso esinengqondo
Ake ngiqaphele ukuthi ukumamatheka ebusweni
bokusa, ezindebeni zezimbali, nasebusweni bamadoda
.nabesifazane abahloniphekile kuwukumamatheka kwakho
Ngeke ngithinteki yizithombe ezilandelanayo
zezinhlekelele, inhlanhla embi, ukugula, noma yiziphi izithiyo
ezingalindelekile ngoba ngiyaqaphela ukuthi ukuqonda
okuqondisiwe okuhlobene kakhulu nokwazi kwendawo yonke
.akuhlushwa ngokungaqondile ukwehluleka nokucasulwa
Inkululeko isho ikhono lokwenza ngokuvumelana
nokuhlakanipha, hhayi ngokuvumelana nezinkanuko,
imikhuba, kanye nezifiso Ukulalela ubugovu kuholela
ebugqilini, kuyilapho ukuthobela izisusa zomoya kuholela
ekukhululweni ezithiyweni

Akunandaba kimi ukuthi ngihlala esigodlweni
esinobukhazikhazi noma endlini encane, uma nje
uNkulunkulu enami

Ngizosebenzisa imali yami engiyisebenzele
ngokwethembeka ukuze ngiphile impilo elula, ngaphambi
kokuphila impilo ebiza kakhulu

Ngokukholwa kuNkulunkulu nokusebenzisa amandla
entando, umuntu anganqoba ukugula, ukwehluleka, kanye
nokungazi, uma nje ukudlidliza kwentando kunamandla
kunokudlidliza kwezifo zomzimba noma zengqondo. Uma
ukugula kungapheli, kulapho intando kumelwe ibe namandla
futhi izimisele khona, futhi ukholo lujule futhi luqine, ukuze
.kufezwe umphumela ofiselekayo

Ngikhuthaze, Nkosi, ukuba ngibeke ithemba lami kuwe
wedwa, hhayi ezindleleni zokuvikela zabantu.

Mangingavumeli ukwesaba nokukhathazeka kuqede
amandla ami angenamkhawulo okubhekana nanoma yiziphi
izilingo zokuphila. Mangingacabangi ngezingozi,
izinhlekelele, nezinhlekelele ngenxa yokwesaba
ukubonakaliswa kwazo kwangempela ngomcabango
nangomcabango. Mangiqaphele, Nkosi, ukuthi
kungakhathaliseki ukuthi ngivukile noma ngilele, ngivukile
noma ngilahlekile emaphusheni asemini, ngiphila noma
ngiyafa, ubukhona bakho obuvikelayo busangizungezile futhi
.bungiqapha

Abahlakaniphileyo bathi: Isithelo sezenzo ezinhle
ezishukunyiswa uthando lukaNkulunkulu nobuhle
buwukuzwana nobumsulwa Isithelo sezenzo ezishukunyiswa
izifiso zobugovu kanye nezifiso siwubuhlungu nokuhlupheka
Isithelo sezenzo ezimbi ukungazi nobuwula
Izenzo ezinhle ziletha injabulo, kuyilapho izenzo zezwe
eziqhutshwa uthando ziholela ekuhluphekeni
nasebuhlungwini. Izenzo ezimbi eziqhubekayo, nokho,
.zibhubhisa ikhono lomuntu lokuqonda nokuqonda

Uma ufisa ukuphila ngokuthula nangokuzwana, izinhloso zakho kumele zibe zinhle, futhi kumele usakaze imicabango yomusa nemizwa yothando. Uma uphila impilo enhle, .uzosiza abanye ngesibonelo sakho nokuziphatha okuhle
Uma nje ngizizwa ngikhathazekile futhi ngididekile engqondweni, ngizobuyela ekuthuleni nasekuzindleni ngize ngiphinde ngibe nokuthula, futhi ngizoqala usuku ngalunye ngokucabanga ngoNkulunkulu nokucela usizo nesiqondiso .Sakhe

Zimisele ukungavumeli ukhula olucindezelayo lwenzondo lukhule futhi lungene engadini yokuphila kwakho, ingadi egcwele izimfanelo zomoya omuhle. Futhi lapho uhlakulela lezi zimfanelo ezinuka njengezimballi, uNkulunkulu uzokwembulela imfihlo enkulu yokuphila ngaphakathi .kwakho

Inhloso yokuphila ukuthola ukuthula, ukwaneliseka, ukungafi, ukuphepha, nolwazi lweqiniso, futhi enhliziyweni yalezi zifiso ezivuselela ngaphakathi kithi kukhona ingqikithi .yaphezulu ejulile kithi

Kwangathi ngingathola inkululeko yami kuwe, Nkosi, futhi ngiqaphele ukuthi ikhaya lami langempela liwukuphila kwakho okuphelele nokuthi ngiyingxenye ebalulekile .yokuqonda kwakho kwendawo yonke

O lwandle olukhulu nolungcwele, vumela imifula yezifiso zami, egeleza ogwadule lwezithiyo nezithiyo, ekugcineni ihlangane ekujuleni kwakho okukhulu9
Kusenqabeni yaphezulu kuphela lapho sithola khona isivikelo nokuvikeleka, futhi akukho siphephelo esiphephile kunokuzizwa siseduze noNkulunkulu nokuthinta ubukhona .baKhe

Njengoba abantu bebuswa yimikhuba ebumba ukuthambekela kwabo, ukuthambekela kwabo, ubuntu babo, kanye nezifiso zabo, uma leyo mikhuba mibi, ubuntu babo buba yingozi futhi izenzo zabo zibe zimbi. Ngakho-ke, kuyalulekwa ukuthi sibeke phambili imikhuba emihle,

njengoba iqondisa izenzo zethu nemicabango yethu
.emigomweni emihle futhi isilethele impilo nenjabulo
Nomaphi lapho kunemiphefumulo edabukile
nehlophekayo, ngithola induduzo yami ekukhonzeni
nasekududuzeni. Ngizokwenza konke okusemandleni ami
ukuletha injabulo kwabanye futhi ngizozwelana nemizwa
.yabo njengokungathi ingeyami

Amakhono engqondo akhona kubantu, kodwa abantu
abaningi basalokhu bengathuthuki kahle, futhi ukwehluleka
ukuhlakulela la makhono kuholela emiphumeleni emibi
Njengomzimba, ingqondo idinga ukondliwa okufanele kanye
.nokuzivocavoca ukuze ibe nempilo namandla
Idayimane liyamukela futhi libonise ukukhanya, kanjalo
nemiphefumulo emsulwa, esobala eyazi uNkulunkulu futhi
ekhanya ngokuba khona Kwakhe iyakwamukela futhi ibonise
ukukhanya, kanjalo nemiphefumulo emsulwa necacile eyazi
.uNkulunkulu futhi ekhanya ngokuba khona Kwakhe
O Nkosi, wena uyingcebo yangempela empilweni, futhi
ngokukuthola Wena kuqala ngizothola kuWe konke
engikudingayo

Abantu bavame ukugxila ekudleni, emoyeni,
naselangeni kuphela ukuze balondoloze impilo enhle, kodwa
kungase kufike isikhathi lapho impilo iyonakala naphezu
kobuningi bale mithombo yokuphila yangaphandle. Yilapho-
ke lapho kuphakama khona isidingo sokuvuselela amandla
.omzimba avela ngaphakathi

Uma isikebhe sengqondo yami sisondela emadwaleni
ezifiso zobugovu ezihilela izingozi nezingozi, eziqhutshwa
yiziphepho ezinamandla zokungazi, khona-ke yiba,
Nkulunkulu wami, isibani sami futhi ungiqondise njalo ogwini
.lokulunga kwakho nobuhle bakho

Umcabango ufana nelangabi elinamandla alo agxilile
okufanele asetshenziswe ukushisa izithiyo ezivimbela
impumelelo

UNkulunkulu angatholakala ngothando oluhlala njalo
oluvela kuNkulunkulu Uma sithanda uNkulunkulu ngaphezu
kwezipho Zakhe, uzoza kithi. Usinike inkululeko
yokuzikhethela kanye namandla okukhetha ukuze sikwazi
ukuhlukanisa phakathi kwezipho zezwe ezidlulayo
nezingenamsebenzi kanye nesipho sokusondelana Naye
.kanye nenjabulo yokuba khona Kwakhe okubusisiwe
Sanikwa inkumbulo ukuze sikwazi ukuzijwayeza
ukukhumbula izinto ezinhle kuze kube yilapho ekugcineni
sikhumbula okuhle kakhulu: uNkulunkulu
Umoya wothando lwakho ugeleza kimi, Nkosi! Futhi
amaqabunga okuphila kwami adansa ngenjabulo ekufikeni
kwakho Ukugquma kwawo okujabulisayo kudlula emoyeni,
kumema abakhathele ukuba baphumule emthunzini
wokuthula kwami okungokomoya
Ubunzima bokuphila abuhloselwe ukusilimaza;
kunalokho, izinkinga nokugula kusinika izifundo
Okuhlangenwe nakho kwethu okubuhlungu akuhloselwe
ukusibhubhisa, kodwa ukusihlanza nokusheshisa ukubuyela
kwethu emthonjeni wethu omsulwa—uNkulunkulu—
osebenza ngazo zonke izindlela ukusisiza nokusibuyisela
.ekhaya lethu lasezulwini
I-Infinity iyikhaya lethu langempela, futhi uhambo
lwethu oluya kulo mhlaba nakulezi mizimba yenyama lufana
.nohambo lwe-visa yesikhashana
Nkosi, ngiyazi ukuthi ukudunyiswa akungiphakamisi,
futhi ukugxekwa akunginciphisi. Nginjengoba nginjalo
phambi konembeza wami futhi phambi Kwakho
ngizoqhubeka nale ndlela, ngenza konke okusemandleni ami
ukukhonza wonke umuntu futhi ngilwela ukuthola umusa
.Wakho—kulapho-ke kulapho injabulo yami ikhona
Uyisidalwa esiyingqayizivele futhi ingqikithi yakho
iyamangalisa, ngakho-ke yazi ukuthi ungubani ngempela
Ngokufika kwakho, amahlumela engikulangazelelayo
azoqhakaza abe izimbali ezimnandi nezikhazimulayo

Nkosi, shesha ukufika kwalolo suku lapho ngizoluka
khona umgexo walezo zimbali ezinamanzi bese ngiwubeka
.emnyango wakho obusisiwe
Esikhundleni sokuhlala ezama ukuzijabulisa yena yedwa,
kufanele futhi azame ukuletha injabulo kwabanye. Uma
ezama ukunikeza abanye ukwesekwa ngokomoya,
ngokwengqondo, noma ngokwezinto ezibonakalayo,
uzothola ukuthi izidingo zakhe ziyahlangatshezwa nokuthi
.indebe yokuphila kwakhe ichichima injabulo
Labo abazuza ukunqoba okukhulu phezu kobumnyama
emhlabeni bayoba nokukhanya kwenkazimulo njengesabelo
sabo futhi bazojabulela ukuthula kwangaphakathi nenjabulo
Nkosi, hlala usakaza imbewu yezibusiso zakho
emhlabathini wenhliziyo yami, ulinywe ngokunxusa, ukuze
zikhule zibe izihlahla ezinomthunzi ezimagatsha azo athela
.izithelo ezimnandi kakhulu nezimnandi kakhulu zokuzazi
Sivame ukuhlala sisezinhlungwini ngaphandle kokwenza
umzamo wokushintsha, yingakho singakutholi ukuthula
nokwaneliseka okuhlala njalo Uma sikhuthazela futhi senza
umzamo, singanqoba zonke izinkinga ngokuqinisekile
Kumelwe sizame ukusuka osizini siye enjabulweni, futhi
sisuke ekuphelelweni yithemba siye esibindini
O Uthando Lwaphezulu, hlanganisa uthando lwami
nothando Lwakho, hlanganisa impilo yami nenjabulo Yakho,
ingqondo yami nokuqonda Kwakho kwendawo yonke, futhi
uqede ukoma kwami emthonjeni wenjabulo Yakho
.yaphakade

Inhliziyo yomuntu ofuna ngobuqotho ihlala ihlebelathi:

"Nkulunkulu wami noThandekayo wami, angifuni ukucwila
ezinkingeni zaleli zwe elikhohlisayo, futhi engikufunayo nje
ukuvusa uthando Lwakho ezinhliziyweni zabantu Inhliziyo
yami, umphefumulo wami, umzimba wami, ingqondo yami,
nakho konke enginakho kungokwakho, Nkosi." Lowo muntu
.ofunayo ufinyelela kuNkulunkulu futhi uyamazi

Nkosi, siphe ukuqonda okusha nokuyiqiniso
kobuzalwane Masiyeke izimpi futhi sipholise amanxeba
ezizwe nge-balm yothando kanye nenduduzo ehlala njalo
yokuqonda okunesihawu

Sibusise ukuze sikhululeke ethonyeni lokuhaha,
ekubuseni kokukhohlisa, nasekulawulweni kwemicabango
ekhohlisayo, futhi usisize sakhe umhlaba omusha lapho
ukugula, ukungazi, nendlala kungamaphupha nje esikhathi
.esidlule esimnyama nesibi

Masixazulule zonke izinkinga hhayi ngokucabanga
kwehlathi, kodwa ngokuqonda, iqiniso, kanye nokholo
olungenakunyakaziswa Kuwe kanye nobulungisa bakho
.baphezulu

Ukuphila kusihlanganise lapha isikhashana, ngemva
kwalokho sizohamba ngezindlela zethu ezihlukene. Kodwa
uma uthando lukaNkulunkulu luhlala ngaphakathi kithi,
akunandaba ukuthi siyaphi, ngoba kungakhathaliseki ukuthi
siduka kangakanani, sizohlala ngaphakathi kwesiyingi
.sothando lwaphezulu futhi asisoze sahlukaniswa ngempela
Nkosi, ngenze ngibe ukhozi oluthuthuka ngokomoya
oluphakama ngaphezu kwezindlela zomqondo omfushane
kanye nokweqisa

Ngibizele ezindaweni eziphakeme kakhulu, ngale
kokuzamazama komhlaba okukhulu namafu avimba
ukukhanya kwelanga
Ake ngithathe amaphiko okulinganisela ukuze ngiphile
kahle, futhi ake ngikhuphukele kulezo zulu eziphakeme
ngaphezu kwazo zonke iziphepho neziphepho, lapho
kukhona khona imiphetho ebanzi kanye nemibono emihle
.kakhulu

Ukuthula kuza lapho sivula izinhliziyi zethu ukuze
sithande futhi sibe nomusa Labo abanezinhliziyi
ezinothando futhi abakhuthele emisebenzini emihle bathola
ukuthula ngoba kuhlala ngaphakathi kwabo Ukuthula

kuyindawo engcwele yasezulwini futhi kuyisisekelo sempilo
ejabulisayo

Kufanele sicabange njalo ngobuhle baphezulu
obungemuva kwezimbali, ukukhanya kwendawo yonke
ngemuva kwelanga, kanye nokuphila okukhulu
.okukhazimula emehlweni wonke

Uma umuntu enomusa ngempela futhi ebonisa
inhlonipho kwabanye, futhi ephindela ukunconywa ngendlela
.efanayo, uyohlala ephathwa ngokwazisa nenhlonipho
Ngizosabalalisa uthando lwami kwabanye ukuze ngivule
isango lokuba uthando lukaNkulunkulu luze kimi luhlale
.enhliziyweni yami

Nkosi, mangibe yisibani kulabo abacwila ekujuleni kosizi.
Ngisize ngilethe injabulo kwabanye ngokubonga ngenjabulo
.engokomoya ongiphe yona

Ngizoncibilikisa inzondo emlilweni wothando lwami, futhi
ngizothethelela abanye futhi nginike uthando kuzo zonke
izinhliziyi ezomile

Uthando lweqiniso luwuthando olujabula ngenduduzo
yothandekayo

Kwangathi ukukhanya kwakho kungasikhanyisela, Nkosi,
futhi kwangathi uthando lwakho lungagcwalisa izinhliziyi
.zethu kuze kube phakade

Ukuba nomoya wokuziqalela izinto kusho ukuba
namandla okucabanga okudala okwenza umuntu akwazi
ukusungula into engakaze yenziwe muntu ngaphambili.
.Wonke umuntu uzalwa nalesi siphosinikwe nguNkulunkulu

Uthando olukhulu kunawo wonke uthando
lukaNkulunkulu, olwenza impilo ibe ntle ngendlela
engachazeki Uma uzizwa uNkulunkulu enawe, eza kuwe
noma ngabe ukuphi futhi eqondisa izinyathelo zakho,
uthando lukaNkulunkulu seluqalile

Amandla eqiniso ayaphikisana nomoya
Nkosi, uma ngibhekene nobunzima besikhashana,
mangikhumbule izibusiso zakho eziningi phezu kwami

esikhathini esidlule, ngazi ukuthi usizo lwakho alusoze
lwangishiya futhi ukunakekelwa kwakho kuhlala kunami

Kuwe Ngibonga ngokusuka enhliziyweni ngazo zonke
izibusiso eziza kimi zivela esandleni sakho esiphanayo
Amaconsi othando akhanya emiphefumulweni emihle,
futhi uNkulunkulu angatholakala kuphela olwandle lothando
Ukuqonda kuyisibani esikhanyisa indlela yomuntu futhi
simlethele impumelelo

Entwasahlobo, uNkulunkulu uhlobisa imvelo ngama-
roses nezimbali ezinhle kakhulu ngezingubo ezinhle kakhulu
nemibala egqamile

Ukuthula kuyisithunywa sokuqala esimemezela
ukusondela ebukhoneni bukaNkulunkulu Ngemva kwalokho,
ukuthula kuguquka kube ukukhanya okukhanyayo
kunenjabulo engapheli

Uma ngingena shí olwandle lokuzindla, ngizwa ukundiza
okubusisekile ngaphakathi kimi futhi ngizwa izwi elihlebayo
"lithi, "Ngiseduze

Umuntu kumele aphendukele ngaphakathi, lapho
umphefumulo uziveza khona. Kusukela ekujuleni
komphefumulo kuvela konke okuhlangenwe nakho kokuphila
.kwangaphakathi

Uma umphefumulo uziqaphela ngokwawo ngokwazi
kwaphezulu, uzizwa ujabule kakhulu futhi wanda endaweni
engenamkhawulo

Uma usebenzisa zonke izindlela zangaphandle nezinsiza
ezitholakalayo kuwe, ngaphezu kwamakhono akho emvelo,
ukuze unqobe zonke izithiyo ezingase zikuvimbele,
uzothuthukisa amandla uNkulunkulu akunike wona: lawo
mandla angenamkhawulo avela ekujuleni okujulile kobuntu
.bakho

Uthando luhamba endleleni yegolide eholela
kuNkulunkulu

Ngizosakaza ilanga lezilokotho ezinhle nezinhlalo
ezinhle nomaphi lapho ubumnyama bokungaqondi bungene
khona

Uma ubunzima bukuhlasele, kodwa wenqaba ukuyeka
ukuzama nokwenza umzamo, naphezu kwazo zonke izithiyo
nezithiyo, khona-ke uNkulunkulu uzokuphendula futhi
.agcwalise imizamo yakho ngempumelelo

O Nkosi, ngizokhipha imbali yokulangazelela ensimini
yehliziyo yami ngiyibeke njengomnikelo wothando
emnyango wakho ongcwele

Njengoba imicabango namazwi ethu kuyimbewu
ezosilethela isivuno sesikhathi esizayo, ngizoqala namuhla
ukugcwalisa ingqondo yami ngemicabango emihle
neyakhayo

Ngiyandiza futhi ngikhuphukela phezulu naphansi,
enyakatho nakwesokudla, ngaphakathi nangaphandle
nakuzo zonke izindawo ukuze ngithole ukuthi kuzo zonke
izingqimba zesikhala ngangikhona futhi ngisekhona phambi
.kukaNkulunkulu

Phila umzuzu ngamunye uqaphela ubuhlobo bakho
noNkulunkulu ongenamkhawulo. Akukho ukuphela
kokuqonda kwakho, futhi zonke izinto ziyakhanya futhi
.zikhanye njengezinkanyezi esibhakabhakeni sobuntu bakho
Ukuzihlukanisa, noma ukungazihlanganisi, kuyindlela
ehlakaniphile umfuni ayihambayo, ngokuzithandela
ephakama ngaphezu kwezinto ezingabalulekile ngenxa
yezinto ezinkulu. Akazibophezeli ezinjabulweni zenyama
zesikhashana ephishekela injabulo yangaphakathi
evuselelwe. Ukuzihlukanisa akusona isiphetho ngokwako,
kodwa kuvula indlela yokuvela kwezimfanelo zomphefumulo
.namandla angokomoya

Umnqobi ongokomoya uthuthuka ngezinyathelo
ezinesibindi ezindleleni zokuphila

Umuntu kufanele asebenzise ngokugcwele impilo yakhe
yamanje, avule amafasitela enhliziyo yakhe avuse futhi
.avuselele amandla omphefumulo wakhe alele
Ngemuva kwezifihla-buso zoshintsho nokuguquka
kukhona ubukhona bukaNkulunkulu. Noma ngubani
ongaqinisa isibuko sengqondo yakhe futhi asivimbele ukuthi
singanyakaziswa, uzobona kuleso sibuko esicacile ubuso
.bomuntu othandekayo wasemkhathini
Uthando lunamandla kunokufa kanye nomonakalo
wesikhathi
Ukuzihlaziya kuyisihluthulelo sempumelelo, futhi
ukuzindla kuyisibuko lapho sibona khona amakhona
angaphakathi abengahlala efihliwe embonweni wethu.
Kumelwe sihlole amaphutha ethu, sihlukanise phakathi
kokuthambekela okuhle nokubi, futhi sithole izithiyo
.zentuthuko kanye nempumelelo
Yeka ukuthi umuhle kangakanani, O mngane! Wena
okhipha amanzi okukhathazeka okuqotho nobungane, futhi
omaqabunga akho athambile ngamazolo obumnandi
bangaphakathi nobangaphandle obuvela ekujuleni
kwezinhliziyi eziqotho neziqotho
Ngake ngabona intuthwane encane izama ukukhwela
inqwaba yesihlabathi, futhi ngacabanga: intuthwane
kumelwe ukuthi icabanga ukuthi ikhuphuka iHimalaya!
Inqwaba yesihlabathi kungenzeka ukuthi yayibonakala inkulu
kakhulu entuthwaneni, kodwa hhayi emehlweni ami
Ngokufanayo, izigidi zeminyaka yethu yelanga zingase zibe
ngaphansi komzuzu engqondweni kaNkulunkulu
Kumelwe siziqeqeshe ukucabanga ngezinto ezinkulu
njengokuphakade nokungapheli
Ngazulazula ezweni elingenamkhawulo futhi ngabona
inkungu ekhanyayo ezweni lokukhanya, futhi kulokho
kukhanya okuphilayo ngafunda izincazelo zezimfihlo
.ezibhalwe emakhasini esikhathi

Uma ulele, ucabanga imicabango nemizwa ethulile
kodwa uthule. Kodwa uma uthula imicabango nemizwa
ngokuzindla, into yokuqala oyitholayo isimo sokuthula, futhi
imisipha yobuso bakho yakha ukumamatheka ngokwemvelo
okubonisa ukuthula kwangaphakathi. Kodwa kumelwe
ubheke ngale kwalesi simo sokuthula ukuze ubone
ubumsulwa bomphefumulo wakho—ubumsulwa
obungangcoliswanga yizisusa zemizwa noma ukusabela
okuzenzakalelayo emicabangweni ehlotshaniswa nezinzwa.
Isimo ositholayo ngaleso sikhathi singesenjabulo ehlala njalo,
.evuselelwa njalo

Uma ubeka isitsha samanzi ngaphansi kokukhanya
kwenyanga bese usivuselela, uzodala isithombe
esiphambene senyanga. Lapho amanzi ehlala esitsheni,
ukubonakaliswa kuyacaca. Izikhathi lapho amanzi esitsheni
ethule futhi ebonakalisa ubuso benyanga ngokucaca
okuphelele zingafaniswa nesimo sokuthula kokuzindla kanye
nesimo sokuthula okujulile. Ekuthuleni kokuzindla, wonke
amagagasi emizwa nemicabango ayayeka ukugeleza
engqondweni. Futhi kulesi simo sokuthula esijulile, umuntu
ocabangayo, kulokho kuthula, ubona inyanga egcwele
yobukhona bukaNkulunkulu ibonakaliswa echibini
.lomphefumulo

Kunezimo ezine umuntu ovamile azijwayele: injabulo
lapho egcwalisa isifiso, ukungajabuli lapho enqatshelwa,
isithukuthezi lapho engajabuli noma engacindezelekile,
kanye nokuthula lapho enqoba le mizwa noma izimo
.zengqondo zenjabulo, ubuhlungu, kanye nesithukuthezi
Ukuthula kuyisimo esifiseleka kakhulu, esivela
ekungabikho kokudabuka nenjabulo, kanye nokungabikho
kwesithukuthezi Lezi zimo zihlala zishintshashintsha futhi
zigcwala ebusweni bomphefumulo Ngemva kokugibela
amagagasi ashubile obuhlungu nenjabulo, okuhlanganisa
nokucwila okuphindaphindiwe ekujuleni kokukhathala,
kukhona injabulo ekuntanteni olwandle oluzolile lokuthula

Kodwa okukhulu kunokuthula injabulo engokomoya—injabulo
yomphefumulo—injabulo yokugcina Kuyinjabulo engapheli
engapheli kodwa ehlala nomphefumulo kuze kube phakade
Le njabulo ephakeme ingatholakala kuphela ngokuqaphela
ubukhona bukaNkulunkulu

Ukumamatheka kweqiniso kuwukumamatheka
kwenjabulo engokomoya okutholakala ngokuzindla
nokucabanga ngoNkulunkulu nokuzwa ubukhona Bakhe
Ukumamatheka kwami kuvela enjabulweni ejulile
ngaphakathi kimi—injabulo efinyeleleka kubo bonke. Kufana
nephunga eliphuma enhliziyweni yembali eqhakazayo. Le
njabulo enkulu imema abanye ukuba bazicwilise emanzini
.angcwele enjabulo

Ekukhanyeni kwentethelelo ebusisiwe, ubumnyama
benzondo obuqongelelwe iminyaka eminingi buyanyamalala
UNkulunkulu ugcwalisa ngokushesha noma yisiphi
isidingo sabakhulekeli baKhe ngoba bazikhulule ezinhlosweni
zobugovu ezikhungathekisa imizamo futhi zidumaze
.amathemba

Lowo uNkulunkulu amvikelayo, akukho lutho
olungambhubhisa
Asisodwa kuleli zwe, ngoba uNkulunkulu unathi, futhi
kukhona ubudlelwano obuhlala njalo, obuseduze,
.nobunobungane esithola kubo ukwesekwa nenjabulo
O nkanyezi ekhanyayo yesiqondiso emazulwini
okuhlakanipha, ukukhanya kwakho okukhazimulayo
kungimema ukuba ngihlole izindawo zakho ezibusisiwe, futhi
inyoni yami elangazelelayo igijima ngesivinini esikhulu,
ihlaba umoya onzima, odabukisayo, iqhutshwa
ukukulangazelela nokuthokozela ukukhanya kwakho
.okungcwele kakhulu

Ubuntu bomuntu buqala ukukhula nokuqhakaza lapho
ekwazi ukuzwa - ngokusebenzisa umuzwa wangaphakathi,
oqondakala kalula - ukuthi akuyona umzimba oqinile kodwa
.uges i ongomoya waphakade emzimbeni

Lapho inhliziyo yomfundi ichichima uthando
ngoNkulunkulu, ubuso bakhe buzokhanya ngokumamatheka
kokuthula nokuhlakanipha, futhi izendlalelo zokungazi
ezimboze umphefumulo wakhe zizobhidlika futhi zinyamalale
.ngokuphelele

Uma ubheka imbali noma umuthi, uyazi ukuthi lezi
zinhlobo ezinhle zokuphila azizange zibe khona ngokwazo.
UNkulunkulu nguyena owazibumba futhi wazinika iphunga
.nobuhle obukhulu

Njalo yenza imisebenzi yakho, emincane nemikhulu,
ngokunakekela okujulile, ukhumbula ukuthi uNkulunkulu
uqondisa izinyathelo zakho futhi uqinisa imizamo yakho
.yokufeza izifiso zakho ezinhle

Uma umuntu exhumana nesimo sakhe esingokomoya,
izikhathi ezidlule nezikhohliwe kudala kanye namandla
angafi omphefumulo abuyela ekuqondeni kwakhe.
Ekuzindleni, umuntu ukhumbula ukuthi ungumphefumulo
.ongafi, hhayi umzimba ofayo

Nomaphi lapho sithola khona abantu, abahle nababi,
abafuna injabulo ngendlela yabo Akekho ofuna ukuzilimaza
Ngakho kungani abanye abantu benza ngezindlela
ezibabangela ubuhlungu nosizi ngokungenakugwenywa?
Ngoba lezo zenzo ziqhutshwa ukungazi nokukhohlisa
Siyakucela, Nkosi, ukuba usikhanyisele ngokukhanya
kokuhlakanipha kwakho futhi ususe kithi ubumnyama
.bokungazi nokukhohlisa

Umuntu oqaphelayo kufanele aqaphele kunokuba
esaba, futhi kufanele ahlakulele ngaphakathi kuye umuzwa
wokuba nesibindi ngaphandle kobudedengu nokuxhamazela
ukuze angazivezi ezimweni ezingase zivuse ukwesaba
.nokukhathazeka

Ukuhlakanipha akuxhomekile ekufakweni kolwazi
oluvela ngaphandle, kodwa emandleni okwamukelwa
kwangaphakathi, okunquma inani lolwazi lweqiniso

olungatholakala kanye nesivinini lolo lwazi olungatholakala
.ngaso

Leli zwe limane nje liyisiteji lapho senza khona
imisebenzi yethu ngaphansi kokuqondiswa koMqondisi
Ongcwele. Kumelwe senze kahle kungakhathaliseki ukuthi
imisebenzi esinikezwe yona injani, sikhumbula njalo ukuthi
.imvelo yethu ebalulekile iyinjabulo engapheli
Ohlakaniphe kakhulu kwabahlakaniphileyo yilowo ofuna
ukwazi uNkulunkulu, futhi ophumelele kakhulu
kwabaphumelelayo yilowo othole uNkulunkulu
O Sithandwa Saphezulu, kwangathi ungathatha indawo
yokuqala ezimpilweni zethu, kwangathi uthando lwakho
oluphilisayo lungagcwalisa izinhliziyiyo zethu, futhi kwangathi
ukukhanya kwakho okubusisiwe kungasusa ubumnyama
.bokukhathazeka emiphefumulweni yethu
Inkululeko isho ukwenza ngokuvumelana nonembeza,
hhayi ngokuvumelana neziqondiso zomkhuba nesifiso.
Ukulalela ubugovu kanye nezifiso zakho kudala imingcele,
kuyilapho ukulalela izikhuthazo zokuhlakanipha kunikeza
.inkululeko kulezo mingcele
Ukuthula kwengqondo kungatholakala
ngokuthuthukiswa okunengqondo nokuhlosiwe kwezimfanelo
ezinhle, okuthi, uma sezikhulile ngokugcwele,
zingenakuphucwa umninizo ngaphandle kokuba ekhetha
.ukuzidela ngentando yakhe
Iningi labantu lifuna injabulo besebenzisa izindlela
ezingalungile Abanye bakholelwa ukuthi bangayiphinda
kabili injabulo yabo ngokwamukela ukuziphatha
okungalungile nezenzo ezingenempilo ezibonakala zinikeza
izithembiso ezikhazimulayo zenjabulo engapheli, futhi
bakhohliswa yilezo zithembiso ezingamanga, njengoba
ukunambitheka kwenjabulo yangempela
kungenakunambitheka esihogweni semicabango yamanga
.nezenzo ezingalungile

Umzuzu ngamunye uyiphakade ngoba ubuphakade
bungabonakala kulowo mzuzu Izinsuku, imizuzu, namahora
kuyifasitela lapho singabona khona ubuphakade Impilo
imfushane, kodwa ngasikhathi sinye ayinamkhawulo futhi
ayinamkhawulo Umphefumulo awufi, futhi phakathi nalesi
sahluko esifushane sokuphila komuntu, kumelwe sisebenzise
.wonke amathuba atholakalayo

Amazwi angokomoya afana nembewu edinga inhlabathi
evundile ukuze ihlume, ikhule, iqhakaze futhi ithele izithelo
Ukukhula ngokomoya kudinga ukuzicabangela, ukuhlela
kabusha izinto eziza kuqala ekuphileni, ukuhlonza nokususa
imikhuba eyingozi, nokugcina imithetho nemithetho
yezempilo ngokuvumelana nokuqonda okungokomoya
.okuthuthukayo kanye nokukhula kwamandla engqondo
Uma umfundi enambitha injabulo yaphezulu, uzothola
ukuthi uNkulunkulu useye waba ngokoqobo kakhulu kuye
kunanoma yini enye, futhi uzogaphela ukuthi ukuthinta
ubukhona baphezulu kuyinjabulo okungekho injabulo
.yemizwa engalinganiswa nayo

UNkulunkulu usebenza ukuvusa ukuqonda komuntu
ngokomoya nokuqondisa intando yakhe endleleni efanele
ngobuhle bobuhle, ubukhulu bokubekezelelana, ubukhulu
bokuhlakanipha, kanye nobuhle benjabulo engokomoya
Ngeke ngibabheke abanye njengabangazani ngoba
nginomuzwa wokuthi wonke umuntu ungumfowethu noma
udadewethu. Ngizokwenza impilo yami iphumelele futhi
yanelise ukuze ngikwazi ukusiza abanye baphumelele futhi
bafeze. Ngizozwelana nabanye futhi ngibabonise uzwela
njengoba ngizibonisa. Ngizothanda uNkulunkulu njengoba
abaprofethi nabangcwele bamthanda, futhi ngizophonsa
.ubugovu emthonjeni wothando lwami ngabanye
Ngale kwalokhu kuphila okufushane, kwasemhlabeni,
okufayo, kukhona ukuphila okuphakade, okungaguquki.
Umzimba wakhiwe yizinto zamakhemikhali ezibola futhi
zibhubhe, kodwa ngale kwalokhu kuphila okufushane

kukhona ukuphila okuphakade, kwasezulwini phambi
kukaNkulunkulu. Ngakho-ke, akufanele sigcine ukunaka
kwethu konke kulo mzimba ongapheli, futhi labo
abawufisayo kumele babekezelele izilingo zawo futhi babe
.ngabaphathi bawo

Namuhla ngizozama ukusiza abaswele futhi nginike
lokho engingakwenza kwabalambile
Ngiphephile futhi ngivikelekile ekuvikelweni
nguNkulunkulu futhi ngemuva kwezindonga zonembeza
wami ohlanzekile ngingomunye onokukhanya kobuhle
okuqondisa imikhumbi yemiphefumulo ephonswa ngapha
nangapha amagagasi osizi olwandle lokudideka
nokukhathazeka

Namuhla ngizizwa uNkulunkulu ethukuthele
ngaphakathi kimi futhi eshukumisa izintambo zenhliziyo
yami

Ngizokwenza konke okusemandleni ami ukwenza
abanye bajabule, njengoba nje nami ngilwela ukuzenza
ngijabule, futhi ngenjabulo yami engokomoya ngizokhonza
wonke umuntu endlini yothando lwaphezulu futhi ngeke
ngesabe lutho ngaphandle kwami uma ngizama ukukhohlisa
.unembeza wami

Kusukela ezivandeni zomphefumulo

Uhlose ukuya ndawana thize, bese uziphuthuma ukuze
ufike lapho ngokushesha. Uma ufika, uthola ukuthi
awuyijabuleli indawo ngenxa yesifiso, ukukhathazeka,
mhlawumbe ngisho nokuphazamiseka okuzwayo. Kunalokho,
zama ukuzola, ukuzola kakhudlwana, nokulinganisela
kakhudlwana. Uma imicabango yakho ithambekele
ekukhathazekeni nasekuphazamisekeni, yicindezele
.ngamandla kuze kube yilapho ithola ukuthula kwayo
Injabulo ithinta kabi ibhalansi yesimiso sezinzwa ngoba
ithumela amandla amaningi kwezinye izingxenye zomzimba
kuyilapho iphuca ezinye isabelo sazo semvelo Lokhu

kungalingani ekusatshalalisweni kwamandla kuyimbangela
yokwesaba Umzimba ozolile nokhululekile ududuza izinzwa
futhi ukhuthaza inhlalakahle yengqondo
Ngokuvumelana noNkulunkulu, umbono wangaphakathi
uqala ukuvela kancane kancane Umuntu kumelwe abe
nokholo oluphelele lokuthi uNkulunkulu uzophendula yonke
imithandazo esuka enhliziyweni Noma ubani ophendukela
kuYe ofuna ukukhanyiselwa uzobona umbono wakhe
.uvulekile futhi ingqondo nenhliziyo yakhe ikhanyiselwe
Uma ukuqonda kuvula, kubonakala njengomzwelo
obonakala uphuma enhliziyweni, umuzwa wokucaca okujulile
nokunemba. Ngale muzwa, umfuni uthola ukuqiniseka
okungantengantengi kanye nesiqondiso esiqinile sokulandela
indlela efanele, futhi kancane kancane uqala ukuqaphela
.nokuthemba lo muzwa
Lokhu akusho ukuyeka ukucabanga ngokuphelele;
ukucabanga okuzolile nokungakhethi kuholela ekuqondeni
Ukucabanga ngokomzwelo, okuqhutshwa ukuzidla
nokuzigqaja, kuholela ekungaqondani naseziphethweni
eziyiphutha
Yenqaba ukungabaza okubhubhisayo nezinkolelo
zamanga ngenhliziyo yonke, bese uphendulela inhliziyo
nomphefumulo wakho endaweni yokholo nokuthembela
okuphelele kuNkulunkulu Ekuthuleni kokuzindla, ukuqonda
kwakho kuzokwazi ukugxila eqinisweni nokuqonda
okulungile. Kulokhu okuhlangenwe nakho, ukholo
luyaqhakaza futhi luvuleke, futhi ngokuqonda, uzobona
lokho iso elingakubonanga, indlebe engakuzwanga, futhi
.ingqondo yomuntu engacabanganga
Yonke imimoya yokulangazelela kwami nokunxusa ivula
iminyango namafasitela emphefumulweni wami engidlula
kuwo ngiye enjabulweni kaNkulunkulu
Njengoba nje ilanga likhanya emigwaqweni ematasa
kakhulu, nami ngizobona imisebe yothando lwaphezulu kuzo

zonke izindawo ezinabantu abaningi emisebenzini yami
.yansuku zonke

Ngibusise, Nkosi, ukuze ngivuse umphefumulo wami
ngokusa ngiwulethe emnyango wakho obusisiwe
Nkosi, ngiphe umoya wokuphana ukuze ngihlanganye
nabanye lokho enginakho, futhi ungisize ngibone echibini
elithule lengqondo yami ukukhanya kwenyanga
yomphefumulo wami kukhanya ngokukhanya kobukhona
.bakho

Namuhla ngizocwila ngijule olwandle lokuzindla
nokuzindla ngoNkulunkulu ngize ngithole amaparele
okuhlakanipha nenjabulo yaphezulu
Ngizokuthanda, Nkosi, ngaphezu kwanoma yini enye,
ngoba ngaphandle kwakho angikwazi ukuthanda noma
yimuphi umuntu noma yini enye
Ekujuleni kwezintaba nasezibhakabhakeni ezithule,
nasekujuleni kumphefumulo wami kanye nasemgodini
wokuthula, ngizizwa ngikhona kuNkulunkulu futhi ngizwa
injabulo Yakhe engapheli, futhi ngiphuza emithonjeni Yakhe
.ehlangezile engapheli futhi eyomile kuze kube phakade
Ngiyakuthanda futhi ngiyakudumisa, Nkosi, othando
lwakho lubusa kuzo zonke izinhlobo nenhliziyo enothando
Othile wacela uthisha uParamahansa ukuba ambonise
indlela yokuthuthukisa ubuntu obukhangayo nobukhangayo,
wathi: Kumelwe ube khona engqondweni yakho lapho
uxhumana nabanye ngoba ukungabi khona engqondweni
kulimaza kakhulu ubuntu bomuntu kunanoma yini enye.
Yiqiniso, angibhekiseli ekungabikhoni engqondweni
kwabantu abakhulu, abamicabango yabo ivame ukucwiliswa
.ezindabeni ezijulile

Hlala uqaphile futhi uqaphele, futhi uzoba udonsa
okhangayo

Akekho othanda ukunganakwa Sonke sifuna imizwa
yethu icatshangelwe futhi icatshangelwe, futhi ngokufanayo,
kumelwe sicabangele imizwa yabanye futhi sibabonise

ukucabangela ukuze sifinyelele ukuvumelana nokuqonda
Ukuze wenze lokhu, kumelwe uqaphele, uqaphele, futhi
unake wonke umuntu okuzungezile
Abafileyo abanawo amandla okuthuka abanye, kodwa
lowo ongabanaki unawo amandla okuthuka
Uma uphakathi kwabanye, xhumana nabo
ngokucophelela, ngamandla, nangesithakazelo, kodwa
gwema ukukhuluma ngawe

Wonke umuntu ufuna ukukhuluma ngaye, kodwa
kuyindlela ebuthakathaka Vumela abanye bakhulume ngaye
uma befisa; lalela lokho abakushoyo. Vumela bakhulume
ngezinkinga zabo, impumelelo yabo, kanye nemibono yabo,
kodwa vumela amandla akho okudonsela phansi
akukhulumele. Ukukhanya kwesibani kuzikhulumela
ngokucacile; vumela ukudlidliza kwakho okuthule
.kukukhulumele ngokucaca okufanayo
UNKulunkulu wangibonisa embonweni ukuthi labo abafa
empini baphupha ukufa okubi kakhulu, kodwa ngokushesha
nje lapho abalungile bevuka emzimbeni bavuka
njengokungathi baphuphe kabi futhi bayajabula ukuthi
.bakhululekile kukho

Konke okuhlangenwe nakho kwethu empilweni
kuyingxenye yephupho lendawo yonke. Isintu sadala
iphupho elibi lempi, kodwa ngemva kokuba izisulu zaleli
phupho elibi zishiye imizimba yazo, ziyaqaphela ukuthi
kwakuyiphupho elibi ezivukile kulo, futhi ziyaqonda ukuthi
.azifile Leli iqiniso elijulile elingokoqobo
Ukube umuntu ubekwazi ukuthi uyaphupha, ubengeke
ahlupheke ngenxa yokuhlangenwe nakho kwamaphupho
okuphazamisayo. Kodwa uma efinyelela ekuzigcwaliseni
ngaphakathi kwephupho futhi othile eletha isibhaxu
esibulalayo, lelo phupho lokufa libonakala liwuvivinyo
lwangempela nolwesabekayo aze avuke futhi aqaphele
.ukuthi kwakungelona iqiniso

Lokhu kusebenza futhi esimweni ngemva kokufa. Lapho
nje sishiya imizimba yethu, siyaqaphela ukuthi ukuqonda
kwethu akukafi, kodwa kunalokho sikhululiwe emzimbeni
kanye nemingcele yawo yezinto ezibonakalayo kanye
nemikhawulo, futhi kulokho kukhululwa kulele inkululeko
.enkulu

Akufanele neze sicele ukufa, kodwa kunalokho
silungiselele ukuqonda kwethu ngokuhambisana
noNkulunkulu nokuzindla ngaYe, ukuze lapho ukufa kufika
ngesikhathi sako sikubheke njengento engelutho ngaphandle
.kwephupho

Ngingabona imvelo yokuphupha yokuphila nokufa noma
nini lapho ngifuna Ngakho-ke, anginaki ukubaluleka
okukhulu kulo mzimba

Kukhona i-physiology engokomoya engaphansi
kwesimiso sezinza esivumela abantu ngokukhethekile
ukufinyelela ezigabeni eziphakeme kakhulu zokuthuthukiswa
.kokwazi

Ubuchopho bomuntu, obukhulu kunobuchopho
bezilwane eziningi ngaphandle kwemikhomo nezindlovu,
buyinkimbinkimbi kakhulu futhi bunamandla amakhulu
okucabanga Lokhu kwenza ubuchopho bomuntu bube
ithuluzi elifanele abantu, abanokuqonda okuthuthukile
kunezinye izidalwa Ukuhlangua kobuchopho
okuyinkimbinkimbi nokuyinkimbinkimbi kwenza abantu
bakhwazi ukucabanga ngokujulile nangokujulile Ngakho-ke,
isintu kuphela esikwazi ukufinyelela amazinga aphezulu
okuqonda, futhi ngenxa yalokho, ukwazi uMdali waso.
Umuntu ohlakaniphile yilowo osebenzisa amakhono akhe
okuqonda ekukhonzeni nasekuzuzeni isintu emazingeni
.ezinto ezibonakalayo, engqondo, nangokomoya
Ubusika bufike ngengubo yabo ebandayo, emhlophe,
efana ne-lily
Izifiso zami zenjabulo zasehlobo seziphelile

Ngatshelwa ukuthi ngifune ukufudumala kwenhliziyo
yakho enomusa
Njengoba kwavela intwasahlobo, idansa, ihlotshiswe
ngazo zonke izinhlobo zezimbali
Nginuka iphunga lamasimu namagquma, ngatshelwa
ukuthi ngikuthande, Nkulunkulu wami
Kwafika ihlobo, lihlabelela izingoma zalo eziluhlaza
emaqabungeni athambile, ukushoshozela kwezihlahla
zombhoxo, kanye nokushoshozela kwezihlahla zikaphayini
Waphikelela ukuthi ngikutshele
Ngisho nomhlabathi othambile nothambile wangithinta
izinyawo zami ezisheshayo
Futhi wabacela ukuba basondele endaweni yakho
engcwele ekhona yonke indawo
Iphunga elithambile langitshela ukuthi ngilandele indlela
yalo
Ethempelini lakho elingcwele enhliziyweni yama-roses
anyakazayo ne-basil
Futhi izinyoni zingitshela ukuthi ngikuculele njengazo
Futhi umoya ovunguzayo phezu kwemifudlana
nemifudlana
Ngavusa amabhamuza othando lwami ngawe, futhi
aqala ukuhleka ngaphezu kwesifuba sakho esikhulu
Futhi ngemicu egobile yotshani, ngafunda ukugoba
Ngiyakhothama kuwe, Nkosi
Futhi impepho yangitshela nangephunga elimnandi
lamakha akho
Futhi ngingayigcina kanjani inhliziyo yami igcwele
iphunga lakho elingcwele phambi kwesihlalo sakho
?sobukhosi esingenamkhawulo
Futhi amatshe amancane, athule, anesineke angitshela
ukuze ngikubone ngisho nakulabo abazama ukweba injabulo
yami

ikhathala ukuhlala endlini yento enodaka, edilikayo,
eboshwe yizintambo zemizwa ezifuna ukunakekelwa
okuqhubekayo, uthola induduzo kwenye indlu ekhoni
elithile lomhlaba kaNkulunkulu—kwenye indawo yokuphila
okuphelele lapho iphunga lenjabulo ligcwele yonke indawo
.futhi lingapheli

Umphefumulo ongafi udlala indima yokuphila nokufa
ngokumomotheka okungapheli, bese uya ekhaya lawo
.laphakade

Ingabe ababukeli bamabhayisikobho baphoqelekile
ukuhlala ebhayisikobho unomphela ngemva kokuphela
kombukiso? Ngokuqinisekile hhayi Abantu kumele babuyele
emakhaya Ngokufanayo, imiphefumulo iza lapha
ukuzojabulela umbukiso we-cinema wokuphila, bese ihamba
iphinde ibuye. Bathanda ukubukela amafilimu nemidlalo,
futhi lapho bekhathele yimidlalo ababeyiphupha, futhi
sebezifundile izifundo uNkulunkulu afuna bazifunde,
babuyela unomphela endaweni yokuhlala yenjabulo
.yaphakade

Uma izindinganiso zingasekelwe ebulungiseni, kuvuleka
izikhala lapho usizi nokuhlupheka kungena khona Uma
izinganiso zisekelwe ebugovu, izingxabano ezibulalayo,
kanye nokuncintisana okukhulu, imiphumela izongcoliswa
ngoba izisusa zingcolile, futhi imali ngeke ibusiswe esimweni
esinjalo

Umuntu kumelwe ahlanze unembeza wakhe ebugovu
futhi angazami ukuzicebisa ngokulimaza abanye.
Ukwaneliseka kwangempela kungokomoya, hhayi
ngokwezinto ezibonakalayo, futhi inzuzo yangempela
ekuphileni iwukuba nengcebo yokuhlakanipha, ulwazi,
.nothando lukaNkulunkulu

Kufanele siphile kalula futhi sihlale silwela ukusiza
abanye futhi sithuthukise izimo zabo ngangokunokwenzeka
Kodwa lo mgomo omuhle awuhambisani nobugovu
nobugovu ngaphandle kokubheka abanye

Labo abaphila emhlabeni abanakulinganisela futhi
ngenxa yalokho ababhekwa njengabaphumelelayo. Ukuphila
okulula nokulinganiselayo kuyikhono elihle kakhulu kanye
nophawu lwempumelelo. Labo abahlose ukuthola imali
.kuphela ngeke bathole umusa kuNkulunkulu
Kuyiqiniso ukuthi uNkulunkulu wafaka kithi umuzwa
wendlala ukuze sikwazi ukusebenza futhi sondle imizimba
yethu, kodwa ukondla imizimba akuyona ukuphela
kwenjongo yokuphila. Injongo inkulu kakhulu kunanoma
yikuphi ukucatshangelwa kwezinto ezibonakalayo noma
okwesikhathi, noma ngabe kungabonakala kumangalisa
.kangakanani, kukhazimula futhi kukhazimula kangakanani
Omunye wabafundi wabuza iNkosi uParamahansa ukuthi
ungabubona kanjani ubukhona bukaNkulunkulu. Waphendula
wathi, "Njalo ebusuku, ngaphambi kokuzinikela
ebuthongweni, zindla uze uzizwe ukuthi ingqondo yakho
idabukile ezweni lemicabango futhi yangena kolunye
uhlangothi. Kodwa-ke, lokhu akupheleli lapho. Ngemva
kokuguqula ingqondo ibheke ngaphakathi, ukulangazelela
kumele kukhuphuke, futhi izifiso kumele zigijime
njengesikhukhula kuNkulunkulu. Lapho umfundi ezinikela
ngokuphelele kuNkulunkulu, ngokuzumayo uzizwa sengathi
uthinte ubukhona Bakhe obubusisiwe futhi wambona.
Uzobona ukukhanya okukhulu kokukhanya okukhulu, futhi
angabona izingelosi nemiphefumulo enomusa. Noma angase
azwe iphunga elidakayo lasezulwini, futhi uzokwazi ukuthi
uNkulunkulu umphendulile, futhi ukuqonda kwakhe
kuzovuleka, futhi uNkulunkulu uzomembulela izimfihlo
zokuphila. Noma angase ambozwe ukuthula okukhulu
ngesikhathi sokuzindla. Uma eqhubeka nokuzindla futhi
uNkulunkulu emnikeza uthando Lwakhe olukhulu, uzozwa
injabulo yaphezulu engenakuchazeka. Ubusisiwe lowo
".onikezwe lesi sipiliyoni esijabulisayo
Uthando lwaphezulu luvula isango lezulu, lapho umfuni
engena khona ebukhoneni bukaNkulunkulu

Uma umuntu ecela uNkulunkulu, onomusa
nohlakaniphile, isinkwa sokuphila okuphakade, ngeke
amnike itshe lokungazi okubonakalayo Uma umkhulekeli
efuna ukudla kokuhlakanipha, uNkulunkulu ngeke amnike
inyoka yokukhohlisa Uma umkhulekeli ecela uNkulunkulu
ingqikithi yenjabulo yaphezulu eqeda konke ukoma, ngeke
amnike ufezela wokukhathazeka nokucindezeleka
kwengqondo Uma abantu abakhohlisiwe bekwazi ukunikeza
izingane zabo izipho ezinhle, kangakanani-ke iNkosi—
umthombo wabo bonke ubuhle nenjabulo—izobanika ulwazi
!olungokomoya nokukhanya kulabo abamthandayo
UNkulunkulu unikeza ukuhlakanipha okuphezulu nolwazi
olukhulu kulabo abakufunayo, futhi uzinikela kumuntu ofuna
ngobuqotho ongamukeli lutho oluzomthatha indawo yakhe.
Lowo ofuna uNkulunkulu ngenhliziyo yakhe yonke
nomphefumulo wakhe ungumuntu ohlakaniphe kakhulu
kunabo bonke, futhi ungumuntu othandekayo kuNkulunkulu.
Lapho ukulangazelela komkhulekeli kukhula, uthola
impendulo engavamile nethandekayo evela kuNkulunkulu
futhi athole injabulo eyingqayizivele yothando olutholwa
.yilabo abathanda oThandekayo
Umuntu ohlakaniphile odlala indima yakhe kuleli phupho
lendawo yonke ngokuqonda okungokomoya kanye
nokulangazelela okukhulayo kwaphezulu useduze
noNkulunkulu futhi uyamthanda. Unothando olumsulwa futhi
uthanda uNkulunkulu ngaphandle kwezisusa zobugovu futhi
ngaphandle kwemibandela, njengokuthi, isibonelo, "O Nkosi,
ngizokukhonza ngombandela wokuthi ungiphe impilo, imali,
".nokuphila okunethezekile
Phakathi kwabahlakaniphileyo noNkulunkulu kukhona
uthando olujulile, oluhlangene olungenamkhawulo
nolungapheli. Uma umuntu ecela uNkulunkulu okuthile
okuqondile, uNkulunkulu uyazi kahle ukuthi lowo muntu
.unesithakazelo esikhulu eziphiweni Zakhe kunakuYe

Akukubi ngomuntu ukuthandazela ukuba izidingo zakhe
zaneliswe, kodwa uma enxusa ukwazi uNkulunkulu futhi
ebona ukukhanya kobuso Bakhe obukhazimulayo, akufanele
afise inzuzo yomuntu siqu kukho, futhi imicabango yakhe
akufanele ilinganiselwe eziphweni ngokwazo, kodwa
kunalokho kuMuphi uqobo Lwakhe. Lapho umfuni ekwazi
ukwenza lokhu ngobuqotho, uzothola ngokuzenzakalelayo
zonke ezinye izipho ezivela emthonjeni wokupha kanye
.nolwandle lwezibusiso

Omunye wabafundi wacela iseluleko kuthisha
uParamahansa mayelana nendlela yokuziphatha ezimweni
:ezithile kanye nokusebenzelana nabanye, wathi
Landela iqiniso futhi ungaphambuki kulo, futhi ugweme
ukusho noma yini engase ilimaze wena noma abanye, noma
ngabe iyiqiniso, uma nje ungaphambuki emoyeni weqiniso.
Ngesikhathi esifanayo, akumelwe uye kokweqisa futhi
uqambe amanga ukuze ugweme ukusho amaqiniso
.abuhlungu

Thembeka kuwe nakwabanye ngaphandle kokugxila
ezintweni ezingadingekile Khuluma iqiniso futhi ugweme
ukusho izinto ezilimaza noma ezilimaza noma ubani.
Ungazivezi zonke izimfihlo zakho egameni lokwethembeka
nokungafihli lutho, ngoba uma uveza ubuthakathaka bakho,
bazozama ukukulimaza noma ukukuhleka noma nini lapho
bezizwa befuna. Kungani ubanike isikhali abangasisebenzisa
?kuwe

Khuluma futhi wenze ngendlela eletha injabulo
nokuthula kuwe nakwabanye

Kuyadingeka ukuthuthukisa ukuqonda okungokomoya
ukuze wazi umehluko phakathi kweqiniso eliletha okuhle
nokulandisa amaqiniso ngaphandle kokucabangela
imiphumela engaba khona ngenxa yawo, ngoba izinto
zahlulelwa ngokuphela kwazo. Akukuhle ukusho konke
okwaziyo, futhi akukuhle ukugwema nokufihla izinto
.okufanele abanye bazazi ukuze bazuze

Uma ungenakho ukuqonda okugcwele, kungcono
ukuzibamba enkulumweni uze ube nokuqonda okuqondile
.kweqiniso okunemiphumela efanele kubo bonke
Qhubeka ucabanga ngoNkulunkulu futhi ucele usizo
nesiqondiso Sakhe, futhi ukuqonda kwakho kuzovuleka
ukuze ubone izinto ngokucacile bese uzokwazi ukuhlukanisa
.kangcono

Ukushaja amangqamuzana omzimba ngamandla

obusha

Amandla asendaweni yonke ageleza emzimbeni njalo
futhi ngaphandle kokuphazamiseka, kodwa abantu abaningi
abazi ngalobu bunzima obuningi Labo ababuzwayo bathola
amandla amaningi emaseli abo kanye nomsinga ovuselelayo
.obanikeza amandla avuselelwe

Yonke imvelo ikhothama ngenhlonipho eNkosini

Yomhlaba Wonke, futhi amandla Akhe ageleza phakathi
kwabantu Inkinga isekuhlulekeni ukuhlakulela ukuxhumana
okuqinile phakathi kwesintu nomthombo wawo wonke
amandla Siphila ngqo ngamandla aphezulu, futhi wonke
amanye amandla awasizi ngalutho ngaphandle kwamandla
kaNkulunkulu asekelayo

Ukudla, umoya-mpilo, kanye nokukhanya kwelanga—lezi

zinto zingasika izinga elithile lempilo, kodwa sidinga
ukuqonda ukuthi singayithola kanjani impilo ephelele
emithonjeni ye-Infinite Source Material ifana namabhethri
amancane agcina ephelelwe amandla, kuyilapho i-Infinite
Source ingumkhiqizi onamandla onamandla angalokothi
anciphe, eqhubeka nokunikeza umphefumulo amandla,
injabulo, kanye namandla. Ngakho-ke, kubaluleke kakhulu
.ukuthembela ku-Infinite Source ngangokunokwenzeka

Umuntu ofisayo kumele afunde indlela efanele yokuzuza

kulokho okubalulekile okuvela ngqo emthonjeni wawo, futhi
kumele aqaphele ukuthi umcabango ungokoqobo, ngoba
zonke izenzakalo zemvelo ziyisibonelo somcabango

waphezulu ngoba uNkulunkulu wacabanga ngalo mhlaba
.ngaphambi kokuwudala

Abaningi bakholelwa ukuthi umcabango uwumkhiqizo
womzimba, kodwa ukwakheka komzimba okunembile
kakhulu, kanye nokuxhumana okumangalisayo phakathi
kwezingxenye zawo nezitho, kubonisa ngokusobala ukuthi
umzimba uwukudalwa kwengqondo ephakeme kakhulu
.yendawo yonke

Ingqondo iyisici esiyinhloko esilawula umzimba, futhi
kubaluleke kakhulu ukuthi umuntu agweme iziphakamiso
zengqondo zokushiyeke kwabantu njengokugula,
ubuthakathaka, ukuguga, nokukhungatheka, futhi
aziqinisekise ukuthi umsebenzi ongapheli ugeleza kuye, futhi
lo msebenzi unikezwe ubuhlakani futhi uyakwazi ukushaja
amangqamuzana omzimba ngenhlalakahle kanye namandla
.obusha

Umcabango ubuchopho, imizwa, kanye nemizwa yawo
wonke amaseli aphilayo; unamandla okugcina umzimba
usebenza futhi uphapheme noma ukhathele futhi uvilapha
Umcabango ungumphathi, futhi amaseli omzimba
ayizikhonzi zawo, elalela imiyalo kanye nemikhawulo yenkosi
yawo ephakeme: umcabango

Sinaka kakhulu ikhwalithi yokudla esikudlayo nsuku
zonke, futhi ngokufanayo kufanele sinake ikhwalithi yokudla
kwengqondo nokwengqondo esikunikeza izingqondo zethu
.nsuku zonke

Usosayensi wezinto eziphilayo uthi umzimba awusiwo
amagagasi kagesi kodwa igagasi lokwazi elintanta olwandle
.lokwazi kwaphezulu

Nsuku zonke kumelwe siqinise amandla ethu omzimba,
sandise amandla ethu engqondo, futhi sazi ukuthi singobani
ngempela ngokuzindla, ukucabanga okunengqondo, kanye
nomsebenzi omuhle nokhiqizayo ozuzisa umzimba, ingqondo
.nomoya ndawonye

UNkulunkulu ungibusise ngenjabulo kuyo yonke le
minyaka emide yokuphila kwami Kungakhathaliseki ukuthi
abantu babona ukumamatheka kokwaneliseka ebusweni
bami noma cha, injabulo yaphezulu ihlala inami futhi
ayingishiyi. Umfula omkhulu wenjabulo ugeleza njalo
ngaphansi kwesihlabathi sokuqonda kwami futhi uqhuma
.njengemithombo ebusisiwe enisela izingadi zempilo yami

Ukuphazamiseka okuzumayo kokuphila akukwazi
ukuphazamisa ukuthula kwami, futhi iphupho lokufa alikwazi
.ukungiphuca injabulo engokomoya engiyizwayo
Kwakunzima ukwenza lesi simo sibe esihlala njalo futhi
esingaguquki, kodwa izithelo zomoya engizijabulelayo futhi
engizabelana ngazo nabanye manje zazifanele wonke
.umzamo engangiwenza kuso

Ngicabanga futhi ngenza ngiqondiswa umoya waphezulu

Imali ayikaze ibe umgomo wami empilweni, kodwa
kunalokho ukukhonza abafowethu nodadewethu esintwini.

Ngakho-ke, uNkulunkulu ungivulele iminyango eminingi
yobuhle ukuze ngizisekele futhi ngifeze umsebenzi wami.

Noma nini lapho ngidinga usizo, uNkulunkulu ulunikeza
.ngokushesha

Isifiso sami kuphela ukukukhonza, yingakho ngilapha

Amandla kaNkulunkulu ayasebenza empilweni yakho
futhi. Uzozibonela leli qiniso lapho ukholo lwakho luqiniswa
futhi uqaphela ukuthi ingcebo yangempela ayiveli
empumelelweni yezinto ezibonakalayo kodwa ivela
.kuSomandla

Nakuba impilo ibonakala ingalindelekile, ingenasisekelo,
futhi iyimfihlakalo, igcwele ukungabaza nazo zonke izinhlobo
zezinkinga kanye nezinxushunxushu, sihlala singaphansi
kwesivikelo sikaNkulunkulu esiqhubekayo. Akufanele
sidlulisele izinto ngokweqile noma silahlekelwe ukuzibamba
lapho sibhekene nezenzakalo, ngoba uma sivumela
ukwesaba kusinqobe, sinikeza amandla ebubini futhi sijulise

izimpande zabo, ezikhula futhi zichume emhlabathini
.wokwesaba nokukhathazeka

Akufanele silindele ukuthola injabulo nokuthula okuhlala
njalo ezinhluphekweni zokuphila; kunalokho, kumelwe
sizifune futhi sizithole ngaphakathi kithi. Khona-ke, noma
ngabe yikuphi okuhlangenwe nakho esidlula kukho,
sizobhekana nakho ngendlela efanayo esibukela ngayo
okuhlangenwe nakho komunye umuntu ku-movie, kungaba
.okujabulisayo noma okubuhlungu

Umuntu angashintsha konke okuhlangenwe nakho
kwakhe kube yizilingo ezibuhlungu nezingenanjabulo uma
evumela ingqondo yakhe ukuba yenze kanjalo. Bangase
bajabulele impilo enhle kodwa bahluleke ukwazisa
ukubaluleka kwayo. Kodwa uma begula, bazozithoba futhi
bazise isibusiso senhlalakahle. Kufanele siqaphele umusa
kaNkulunkulu futhi simbonge ngezibusiso asipha zona
ngaphandle kokulinda izimo ezimbi ukuba zisenze sibonge
.futhi siqaphele umusa wakhe

Impilo kufanele ibe yinhlanganisela yokuzindla kanye
nesenzo Lapho umuntu elahlekelwa ibhalansi yakhe
yengqondo, uba sengozini yokuhlaselwa ukukhathazeka,
amafu osizi, kanye nobuhlungu. Futhi uma ezama ukwephula
imithetho yempilo, ukuchuma, nokuhlakanipha, nakanjani
.uzohlushwa ukugula, ubumpofu, kanye nokungazi
Kumelwe sigcine izinhloso zethu zimsulwa, izisusa zethu
zihlanzekile, futhi senze ngendlela esilethela ukuthula
kwengqondo, futhi singavumeli izimo zokuphila ziphazamise
.ukuthula kwethu futhi zibhubhise injabulo yethu
futhi siqinise ingqondo yethu futhi sengabe umthwalo
wobuthakathaka bokucabanga nokuziphatha obuzuzwe
eminyakeni nezizukulwane. Lokhu kungcola kumele
kushiswe emlilweni wokuzimisela okusha kanye nesenzo
esikhiqizayo. Ngale ndlela eyakhayo, umuntu ozinikele
ngempela angafinyelele emkhawulweni wenkululeko
.nenkululeko

Imithetho yaphakade yenjabulo

Kuthiwa ngesikhathi segolide lomunye wababusi
abalungile baseNdiya, akukho sigameko, ukufa ngaphambi
kwesikhathi, noma izinhlekelele zemvelo ezenzeka
ezaphazamisa ukuthula nokuzwana okuphelele kombuso
.wakhe

Uma amalungu omndeni ephila ngobuqotho obukhulu,
wonke amakhaya azozwa ukuzwana, impilo, kanye nothando
olwengeziwe. Kodwa uma amalungu omndeni ephathana
ngobugovu obubi, ikhaya lizogcwala ngokuzenzakalela
ukungezwani nenzondo. Lokhu kusebenza nasezizweni. Uma
abantu bephila ngokwethembeka nangobuqotho, bazobona
.uMbuso kaNkulunkulu Emhlabeni

Isikhathi sifushane Namuhla silapha, kusasa sizohamba
Ukufuna uNkulunkulu kuyilungelo eliphakeme kakhulu
lesintu Kumelwe siyisebenzise ngokugcwele inkululeko
uNkulunkulu asinike yona kulokhu kuphila futhi siyisebenzise
ngokuhlakanipha ukuze sikwazi ukuzwa amaqiniso
angokomoya aphakade mathupha

Isono yikho konke okubangela ubuhlungu nokuhlupheka
kumuntu Ubuhle yibo obumenza ajabule kuze kube phakade
Uma umuntu engenakho ukuvumelana ngokomoya
emicabangweni yakhe nasekuthuleni ngaphakathi kuye,
indlu entsha, imoto entsha, noma yini entsha ngeke ikwazi
ukuletha injabulo nokuthula emphefumulweni wakhe;
kunalokho, ukuhlupheka kwakhe kwangaphakathi kuzohlala
.ngisho nalapho ethola lezo zinto ezintsha nokuningi

Injabulo yangempela itholakala ekhonweni lokulwa
nezimo nokubekezelela zonke izilingo zangaphandle.
Itholakala lapho ungakwazi ukubekezelela ubuhlungu
obukhulu nobunzima obunzima obubangelwa ubandlululo
nemizamo yonya yabanye yokukulimaza nokukubamba, futhi
uphendula eziphambekweni zabo ngothando nokuthethelela.
Uma ukwazi ukugcina ukuthula kwengqondo naphezu

kobuhlungu bezimo zangaphandle, khona-ke uzonambitha
.injabulo

ImiBhalo Engcwele ithi labo abanganaki imiyalo
yaphezulu futhi balandele izifiso zabo zobuwula kanye
nezifiso zabo ngeke bathole injabulo noma bafinyelele
umgomo wabo wokugcina. Inxusa umfuni weqiniso ukuba
enze imiBhalo Engcwele ibe ukukhanya kwabo okuqondisayo
kanye nokwahlulela ekunqumeni ukuthi yini okufanele
yenziwe nokuthi yini okufanele igwenywe, futhi baqonde
.izindaba futhi benze ngokuhlakanipha

Labo abazethembayo yilabo abenza ngobuqotho

Injabulo ivela kuphela emicabangweni emsulwa
nasezenzweni eziqondile Uma ujabule manje, uzojabula
esikhathini esizayo, kokubili lapha nakwesilandelayo
Kumelwe siqoqe isivuno senhlanhla ngokuqoqa izithelo
zokuhlakanipha kuyilapho ilanga lamathuba atholakalayo
likhanya Ngamanye amazwi, kumelwe sibambe amathuba
ngaphambi kokuba sekwephuze kakhulu
uma ungalisebenzisi Sebenzisa ithuba, ngoba)

(ithuba, lizoba umthombo wokuzisola

UNkulunkulu usinike imithetho engokomoya ebizwa
ngokuthi imiyalo Kodwa le miyalo ayinakwa futhi yephulwa
nsuku zonke nakuzo zonke izindawo Ngaphandle kokuba
abantu baqonde incazelo yayo engokomoya, bazohlala
bekhononda ngayo futhi bayifulathele Le miyalo iyimithetho
yokuziphatha engaphelelwa yisikhathi evunyelwe yizo zonke
izinkolo zika-Abrahama. Kodwa-ke, imibhalo ivame
ukwehluleka ukuchaza izici zengqondo zale miyalo kanye
nezinzuzo ezihambisana nokuyilandela. Abantu
bayayamukela le miyalo ezindaweni zokukhulekela kodwa
bayahluleka ukuyilandela ngaphandle kwayo, bethethelela
lokhu ngokuthi le mithetho ayisebenzi, ayinangqondo, futhi
ayihambisani nesikhathi. Kodwa-ke, ukwephulwa kwale
miyalo kuyimbangela eyinhloko yazo zonke izinhlopheko
.emhlabeni

Kodwa iyini inzuzo yaleyo miyalo futhi izinzuzo zayo

?zukuphi

Izincwadi ezingcwele zeluleka umuntu ukuba acabange
ngoNkulunkulu, acwilise ingqondo yakhe kuYe, anikele zonke
izinto kuYe, futhi amkhulekele ngokukhulekela okuqotho,
okungaxutshwe nobuzenzisi futhi okungangcoliswanga
.ngokuzenzisa

Ukwazi uNkulunkulu kufanele kube umgomo oyinhloko
wokuphila Imisebenzi yezwe ayinakufezwa ngaphandle
kwamandla uNkulunkulu awanike isintu Ukwenza imisebenzi
evamile ngenkathi ukhohlwa uNkulunkulu kuyiphutha
nesono

Isono sisho ukungazi: ukwenza ngendlela ephambene
nobuhle obukhulu bomuntu

Kungani abantu bezizwa bedabuka futhi bezisola?

Ngoba abazange benze ngobuqotho ngoba uNkulunkulu
.wayengekho kuqala ezinhliziyweni zabo

Akukho lutho empilweni yomuntu okufanele lubhekwe
njengolubaluleke kakhulu kunoNkulunkulu Uma umuntu
ekhathalela uNkulunkulu ngempela futhi efeza isibopho
sakhe esingokomoya kuYe, izimo zakhe zizothuthuka ngazo
zonke izindlela, futhi uzozizwa ephephile futhi evikelekile
.naphezu kwazo zonke izimo ezimzungezile

Lapho nje umuntu eqala ukukhulekela izimpahla, imali,
udumo, noma yini enye ngaphandle kukaNkulunkulu,
ukungajabuli kuba yinto yakhe Labo abagxila konke ukunaka
kwabo kulezi zinto empeleni bayazikhulekela, ngakho-ke
abasondeli kuNkulunkulu kodwa kunalokho bayasuka kuYe.

Kodwa labo abacabanga ngoNkulunkulu, bazindla ngaYe,
futhi baxhumana naye ezinhliziyweni zabo basondela kuYe
futhi bathole injabulo yangaphakathi ekuxhumaneni kwabo
.buthule naYe

UNkulunkulu kuphela okwazi ukugcwalisa amaphupho
abantu kanye nethemba lenjabulo ehlala njalo. Ngakho-ke,

akukho lutho okufanele luvunyelwe ukuthatha indawo
.kaNkulunkulu enhliziyweni

Kunezimpawu ezingcwele ezingasiza umfuni
ukukhumbula uNkulunkulu nokusondela kuYe. Kodwa-ke,
uma umuntu eqala ukukhulekela lezi zimpawu, ukulimala
kwakhe kuzodlula inzuzo yakhe. Ukukhulekela kufanele
kuqondiswe kuNkulunkulu kuphela, ngoba akukho okunye
.okufanele ukukhulekelwa

Kungakhathaliseki ukuthi ukukhulekela okungokwesiko
kuyini, kuyamukeleka kuNkulunkulu uma nje umkhulekeli
ekwenza ngokuqonda okungokomoya nokulangazelela Yena.

Kodwa-ke, abantu abaningi abaqondi ingqikithi
yokukhulekela , futhi imicabango nezinhliziyi zabo
ziphambukile kuNkulunkulu ziye emikhosini, ngaleyo ndlela
.zingazuzisi kakhulu ekukhulekeleni kwabo

Abakhulekeli beqiniso abavumeli ukuqonda kwabo
kuvinjelwe kunoma yisiphi isithombe noma isimo, kodwa
bagxila ngothando olujulile kanye nokunaka okugcwele
emoyeni waphezulu ongemuva kwazo zonke izithombe
.nezinhlobo

UNkulunkulu uphelele futhi akanamkhawulo, futhi
akukho sithombe noma isithombe esingamthwala
Kungashiwo ukuthi uNkulunkulu uzibonakalisa kuwo
wonke umuntu omthanda ngobuqotho futhi ovumelana
Naye, ngoba ukhona yonke indawo ngakho-ke ukhona kuwo
wonke umuntu. Nokho, akuwona wonke umuntu onekhono
lokubonakalisa ubukhona bukaNkulunkulu. Ilanga likhanya
ngokulinganayo kokubili kumalahle nasedayimaneni, kodwa
idayimane liyamukela futhi libonise ukukhanya kwelanga,
kuyilapho ilahle lingenakukwazi. Ngokufanayo, bonke abantu
bacwiliswa ekukhanyeni kukaNkulunkulu, kodwa bambalwa
kuphela abakwazi ukuthola lokho kukhanya futhi bakubonise
emicabangweni nasezenzweni zabo. Ukuze benze kanjalo,
kumelwe bazihlanze ngokuzindla nangokulandela
.izimfundiso nemiyalelo yaphezulu

Uma sibiza igama likaNkulunkulu, kumelwe siqaphele
ngokujulile nangobuqotho lokho esikushoyo Uma
ubungabona imicabango yabantu ngesikhathi somthandazo,
ubungathola ukuthi iningi labo licabanga ngakho konke
ngaphandle kukaNkulunkulu, yize bebiza igama Lakhe!
.Umthandazo onjalo awunazithelo futhi awunamsebenzi
Uma sithandaza, kufanele silwele ukugxila izingqondo
zethu zonke kuNkulunkulu, kunokuba simane siphindaphinde
igama Lakhe elibusisiwe ngenkathi sivumela imicabango
yethu ukuba izulazule. Omunye womalume bami wayevame
ukusho imithandazo yakhe phezu kwamabhere omthandazo,
okwakungavamile ukuba aphume esandleni sakhe. Kodwa
wavuma kimi ngolunye usuku ukuthi naphezu kokwenza lo
mkhuba wokuthandaza iminyaka engamashumi amane,
uNkulunkulu wayengakayiphenduli imithandazo yakhe.
Akumangalisi! "Imithandazo" yakhe yayiyinto nje yomkhuba
.wokukhathazeka

Uma sithandaza, akufanele sicabange lutho ngaphandle
kukaNkulunkulu. Kufanele silwele ukuba qotho
ekukhulekeleni kwethu futhi sizinikele ekunxuseni kwethu.
Ukusebenzisa ubuhlalu bomthandazo nokubiza igama
likaNkulunkulu njalo kuyamukeleka ngokuphelele uma
umkhuba usuka enhliziyweni futhi usekelwa ubuqotho
nengqondo egxile. Kodwa-ke, lo mkhuba ungaba
.ngokuzenzakalelayo ngokuhamba kwesikhathi
Kumelwe sihlebele igama likaNkulunkulu ezinhliziyweni
zethu, kurosari yokulangazelela nothando lwaphezulu; lokhu
kungukukhulekela kweqiniso okuthinta inhliziyo
kaNkulunkulu Ukubiza igama likaNkulunkulu ngokubandayo
nengqondo ezulazulayo kuwukuhlambalaza nokungahloniphi
Lapho umuntu ethandaza, inhliziyo nengqondo yakhe
kumele igcwale uthando lukaNkulunkulu Ukuzijwayeza
ukugxila kwengqondo ngokusebenzisa izivivinyo ze-yoga
eziphakeme kususisa ukuba sisondele kuNkulunkulu,

umthombo ophakeme wenkazimulo nobukhazikhazi, futhi
kuisiza nokuba sicabange futhi sixhumane Naye
Kubalulekile ukunikela usuku olulodwa ngesonto
ekuphumuleni ngokomoya (uma kungenzeka) ukuze
ucabange ngoNkulunkulu futhi uzizwele ukuthula, ukuthula,
nokuthula kwangaphakathi Isikhathi esichithwa ngale ndlela
sizoba umuthi oduduzayo ezinkingeni nasezinkingeni
.ohlangabezana nazo phakathi nesonto lonke
Wonke umuntu udinga ukuchitha usuku olulodwa isonto
ngalinye eyedwa noma "ekuphumuleni ngokomoya" ukuze
aphulukise amaxeba nezinhlungu zakhe ezingokomzwelo
Lapho lolo suku luba lokuthula, injabulo, nokwaneliseka,
.uzolulinda ngokulangazela isonto nesonto
Ukuba wedwa kuyintengo yobukhulu Uzomangala
ngemiphumela emihle ezotholakala engqondweni yakho,
emzimbeni, nasemphefumulweni wakho ngalokhu kuhoxa
ngokomoya kanye nokuxhumana nomoya wakho kanye
noNkulunkulu. Uma ufisa injabulo yangempela, kumelwe
uzicwilise olwandle lokuthula kwaphezulu ekuseni kakhulu
.lapho uvuka, futhi nangaphambi kokulala ebusuku
Izihlakaniphi zaseNdiya azicebisi usuku olulodwa
lokuzihlukanisa, kodwa zigcizelela isidingo sokuzindla
buthule ngezikhathi ezine eziqondile nsuku zonke Ekuseni,
ngaphambi kokuvuka nokubona noma ubani, umuntu
kufanele ajabulele ukuthula nomuzwa wokuthula Emini,
umuntu kufanele athulise ingqondo ngaphambi kwesidlo
sasemini, futhi aphinde ajabulele isikhathi sokuthula
ngaphambi kwesidlo sakusihlwa Ekugcineni, ngaphambi
kokulala ebusuku, umuntu kufanele angene esimweni
sokuthula futhi
Labo abaqaphela ukuthula ngokucophelela ngesikhathi
bebodwa futhi phakathi nalezi zikhathi ezine zansuku zonke
nakanjani bazozizwa bevumelana noNkulunkulu Labo
abangakwazi ukugcina zonke lezi zikhathi kufanele banikele
okungenani amahora asekuseni nakusihlwa Ngokwenza

kanjalo, izimpilo zabo zizoguqulwa zibe ngcono, futhi bazozwa injabulo; okuhlangenwe nakho kuwubufakazi obuhle kakhulu

Uma uqhubeka nokubhala nokusayina amasheke ngaphandle kokufaka imali eyanele ukumboza i-akhawunti yakho yasebhange, uzophelelwa yimali. Kunjalo nasempilweni yakho. Ngaphandle kokufaka njalo ukuthula ku-akhawunti yakho yokuphila, amandla akho azophela, ukuthula kwakho kuzophela, futhi injabulo yakho izophela.

Ngamafuphi, ekugcineni uzohlupheka ngokomzwelo, ngokwengqondo, ngokomzimba, nangokomoya. Kodwa ukuzindla okujulile nsuku zonke ngoNkulunkulu kuzovala .ukuntuleka komphefumulo wakho

Umuntu ofuna izinto ezingcwele uyazindla nsuku zonke, exhumana noNkulunkulu ngalo lonke uthando nokulangazelela enhliziyweni yakhe, emncenga ukuba aziveze. Uma ungumthandi kaNkulunkulu futhi ulangazelela ukuzwa ubukhona bakhe, kumelwe ucwilise ingqondo nomzimba wakho ekuthuleni kwaKhe, futhi impilo izokumomotheka, futhi izindaba zakho zizothuthuka ngezindlela eziningi. Umuntu ozolile akavamile ukwenza amaphutha futhi aphumelele lapho izinkulungwane zehluleka .khona

Labo abangacabangi ngoNkulunkulu noma abangamkhathaleli bayacindezeleka futhi babe lusizi. .Bayacasuka futhi baphenduke imishini yokuhamba Ilanga lokuhlakanipha nokuthula lizophuma esibhakabhakeni sokuthula futhi lizogubuzela ubukhona bakho ngemisebe yalo yokuphulukisa uma nje wenza umzamo ongokomoya futhi unika uNkulunkulu indawo .yokuqala enhliziyweni yakho

Usuku lokuzindla kufanele futhi lube usuku lokuphumula kwengqondo nokwenyama kanye nokuhlakulela ukuthula kwangaphakathi Noma yimuphi umsebenzi oveza

ukuhlakanipha nokuthula uwumsebenzi obusisiwe ngalolo
suku

Ngokuphathelene nokuhlonipha abazali, izincwadi
ezingcwele zitusa ukubaphatha kahle: “Hlonipha uyihlo
”nonyoko” kanye nokuthi “Yiba nomusa kubazali
Obaba nomama abangabantu kufanele bahlonishwe
njengabameleli bakaNkulunkulu, owabapha isipho sokudala
isintu. Umama uyisibonelo sothando lukaNkulunkulu
olumsulwa, ngoba umama onothando uyathethelela lapho
kungekho omunye umuntu ozothethelela khona. Ubaba
uwukubonakaliswa kokuhlakanipha kukaNkulunkulu
.nesivikelo sakhe kubantwana bakhe
Umuntu akufanele athande uyise nonina ngaphandle
kukaNkulunkulu, kodwa njengokubonakaliswa kothando.
Umvikeli nohlakaniphile. Umoya ophakeme waphezulu uba
ngubaba nomama ukusiza ingane, ngakho-ke kumelwe
.uhlonishwe kubazali

Imibhalo isiyala futhi ukuba singabulali ngenxa
yokubulala, ngoba umuntu uba ngumbulali. Umuntu
akufanele abulale omunye ngesikhathi somzwelo ojulile.
Kodwa-ke, uma abathandekayo besongelwa, umuntu
kumelwe alwe ukuze avikele labo uNkulunkulu abaphathise
bona, ngoba kungumsebenzi ongcwele ukuvikela umndeni
.nezwe lakho

Ngokuphathelene nokuvinjelwa kokuphinga, inhloso
enhle yokuhlangana ngokocansi kufanele kube ukuzala
abantwana abadlwe ngomfanekiso kaNkulunkulu kanye
nokubonakaliswa kothando oluhlanzekile oluzwa
ngabalingani ababona uNkulunkulu komunye nomunye Labo
abaphila kuphela ezingeni elingokwenyama, ngaphandle
kokunaka uthando lweqiniso noma injongo ephakeme
okwadalelwa yona isifiso sobulili, bayaphinga ngokwalo
myalo. Kulokhu, abahlukile ezilwaneni ezanelisa izifiso zazo
.zobulili bese ziqhubeka nendlela yazo

UNkulunkulu wadala lo mdlandla wokudala kwabesilisa
nabesifazane wokuzala nokubonisa uthando lweqiniso
emshadweni, futhi akufanele lusetshenziswe kabi ngenye
indlela, kodwa kunalokho luguqulwe lube umsebenzi
.ongcwele nolwazi

Uma ungakwazi ukulawula nokusabalalisa amandla
ocansi ngaphakathi kwakho, uzokwazi ukuthuthukisa
amakhono amakhulu engqondo okubhala, ukudweba, noma
.okwembula amakhono afihliwe ngezinye izindlela eziningi
Futhi lapho ekugcineni usukwazi ukulawula nokuguqula
ngokomoya umsebenzi wokudala, uzothola ukuthula
okukhulu, uthando olukhulu, kanye nenjabulo engokomoya
.ekhulayo

Osanta nabaholi abangokomoya abashintshe ubulili
babo ngokomoya bayiziqhwaga ezikwazi ukwenza imisebenzi
emangalisayo nemangalisayo emhlabeni nasekufuneni
.iqiniso ngendlela engavamile

Ngakho-ke, ukusetshenziswa okuphezulu kwesifiso
sobulili ukuphakamisa amandla aso, okungukuthi,
ukuhambisa amandla aso enjongweni ephakeme ukuze
kubonakaliswe ukuhlakanipha, imibono ephakeme, kanye
nemibono engokomoya Umuntu akufanele athole injabulo
emicabangweni yobulili noma afise lokho okwenqatshelwe
Lapho lolu hlobo lokuzithiba selufeziwe, umuntu uzoba
nombono oqinile ngocansi kanye nenjongo yalo ephakeme

Ukuba yisigqila sezindaba zocansi kusho ukulahlekelwa
yimpilo, ukuzithiba, nokuthula kwengqondo, futhi
.ngamafuphi, zonke izinto zenjabulo umuntu azidingayo
Izincwadi ezingcwele zisikhuthaza futhi ukuba singabi

Uma iqembu labantu abayinkulungwane lingantshontshana,
ngamunye uzoba nezitha ezingu-999 Ngakho-ke, umuntu
akumelwe aphule amalungelo abanye, noma athathe izwe
lakhe, ukuthula, uthando, isithunzi, noma noma yiziphi izinto
zakhe ezibonakalayo noma ezingokomoya Uma ungazizwa
unesifiso sokuthatha okungekona okwakho, okudingayo

noma okufisayo kuzokuza kuwe Ubusela buqala
engqondweni lapho umuntu eqala ukuba nomona nabanye
Imbewu yezifiso ezimbi kumele isuswe engqondweni
Ububele obungokomoya yindlela Khona-ke, umuntu
uzodonsela inala ngokwemvelo, futhi izibusiso zizogeleza
kuye zivela emithonjeni ayaziyo kanye nemithombo
angayazi Kungumthetho waphezulu ongenaphutha
Ngokuphathelene namasela nabantu abanobugovu, bachitha
izimpilo zabo bexosha izinto ezibonakalayo, amehlo abo
ahlala ebheke kulokho abanye abanakho, noma ngabe imali
yabo igcwele igolide
Ngaphandle kokuba ubugovu bezinto ezibonakalayo
bungashiywa, umhlaba awukwazi ukujabula
Injabulo itholakala kuphela ngokubambisana
ngokomoya. Ifika lapho umuntu ezwa izidingo zabanye
njengokungathi zezakhe futhi esebenzela abanye njengoba
.ezisebenzela yena
Omunye umyalo obalulekile ukugwema ukufakaza
amanga Ukulimaza noma ubani ngokuhlanekezela iqiniso
kungenye indlela yokuphazamisa ukuthula komphakathi
Uma umuntu efisa ukuphathwa kahle, kufanele aphahe
abanye ngendlela efanele
Iqiniso kufanele lihlale likhulunywa, kodwa kufanele
kuhlukaniswe phakathi kokusho iqiniso nokusho amaqiniso
nje. Ukubiza umuntu ngokuthi uyisilima noma
uyimpumputhe kuyalimaza futhi akusizi; umuntu kufanele
acabangele imizwa yabanye futhi agweme ukubaphoxa.
Ngokufanayo, ukwembula iqiniso elingakhaphela umuntu
ngaphandle kwenhloso enhle nakho akulungile. Ngakolunye
uhlangothi, umuntu akufanele aqambe amanga ukuze
agweme ukukhuluma iqiniso; kunalokho, umuntu angathula
ezimweni ezithile ukuze agweme ukuhlazisa noma ukulimaza
.abanye
Umuntu kumelwe aqaphele umona, isifo esibhubhisayo
esidla ukuthula komphefumulo. Uma umuntu efisa kakhulu

okwabanye, kulapho injabulo nosizi lwakhe luba lukhulu khona. Umuntu onomona uphila impilo enezinkinga, engazi ukuthi ukuthula kunjani. Kungcono kakhulu ukuba azihloniphe, athembele kuye, futhi afune ingcebo .engokomoya yangaphakathi

Isithunzi somuntu kanye nokubaluleka kwangaphakathi

kukhulu kakhulu kunanoma yini angase ayifise noma ayifisele ukuba nayo. UNkulunkulu ubonakala kuwo wonke umuntu ngendlela engabonakali kunoma yimuphi omunye umuntu. Ubuso babo abufani nobanoma yimuphi omunye umuntu, futhi umphefumulo wabo awufani nowanoma yimuphi omunye umuntu, ngoba ngaphakathi kubo kukhona ingcebo enkulu kunazo zonke izidalwa—futhi leyo ngcebo enkulu kakhulu uNkulunkulu

Asiboshiwe yizinto ezidlule

Uma umuntu enokholo olufanele futhi enza ngokufanele, ujabula kakhulu kunalabo abangenalo ukholo futhi .abangawenzi imisebenzi yabo empini yokuphila

Ukholo oluqinile kanye nesenzo sokulunga (okusekelwa yizisusa ezinhle kanye nezinhloso ezinhle) kuhlala kukhona noma kuphi lapho kukhona khona injabulo, futhi kulahleka lapho injabulo ingekho. Kulokhu, singaphetha ngokuthi kuyimibandela emibili ebalulekile yenjabulo, engenakufinyelelwa ngaphandle kwayo. Labo abafisa injabulo kudingeka babe nalezi zinto ezimbili eziyisisekelo, .eziyisisekelo zayo nezinsika zayo

Abantu abakwazi ukulawula—ngokuthanda kwabo—

izingxenye ezingenamkhawulo zendawo yonke, futhi abakwazi ukuzishintsha noma ukuzisula Lezi zingxenye zihlanganiswe ngendlela eyinkimbinkimbi nesakhiwo sokuphila komuntu, futhi abantu abakwazi ukusebenza bodwa kuzo Kodwa-ke, bangakwazi ukulawula izingqondo zabo ukuze bazivumelanise nalezi zingxenye

Ungamlimazi

Okhokho bethu babejabule kunathi hhayi ngoba
babenezinto eziningi zezwe nezinjabulo kunathi manje, noma
ngoba babengaziboni izinkinga zokuphila, kodwa ngoba
babenebhalansi yengqondo eyayibanika induduzo, ukuthula,
.ukwaneliseka, kanye nenjabulo emfushane
Abazange bathembele ezimweni zangaphandle ukuze
bathole injabulo yabo, futhi abazange banqotshwe yizimo
zangaphandle ezazizobaphuca yona Imizwa yabo
yenduduzo, ukuthula, injabulo, nokwaneliseka
yayingokwemvelo , ijwayelekile, inempilo, futhi ihlala njalo
Nathi, kufanele sihlakulele le mizwa uma sifisa ukuba
?nenjabulo Futhi ubani phakathi kwethu ongenayo
Isiphetho siwumphumela wokusebenzisa inkululeko
yokuzikhethela esikhathini esidlule. Ngemikhuba yethu
yenkululeko yokuzikhethela esikhathini esidlule, sizilethele
futhi siyaqhubeka nokuzilethela isiphetho nesiphetho.
Kodwa-ke, asiboshiwe yisikhathi esidlule, futhi
asivinjelwanga yimiphumela yezenzo zethu.
Singakuhlanekezela lokho esikuhlwaneyelile futhi sisule lokho
esikubhalile uma sifisa futhi silwela ukulungisa inkambo
yethu futhi sithuthukise ikhwalithi yesivuno sethu. Uma
sisusa imbewu yezenzo ngemiphumela ebuhlungu futhi
sitshala esikhundleni sayo imbewu efaneleka kakhulu
ngokwemvelo yomphefumulo, ngokuqinisekile sizovuna
izithelo zenjabulo kulezo zimbewu ezinhle ezihlwanyelwe
emhlabathini womphefumulo. Kumelwe sisebenzise
inkululeko yokuzikhethela manje, manje hhayi kusasa, uma
sifisa ukuthola injabulo enkulu noma ukunciphisa
.ukuhlupheka nobuhlungu
Ngakho-ke, izimo zenjabulo zingaphakathi kumuntu,
futhi okumelwe akwenze nje ukubhekana ngokungathi sína
naleyo ndlela engaphambuki, futhi imiphumela izoba wusizo
kuye uma enza ukuhlolwa okungcono kakhulu futhi
ebhekana nakho. Kodwa umuntu onentando eqinile
uvumelana noNkulunkulu

Amandla engqondo agxilile

Uma ugxilisa ukukhanya kwelanga Ngokugxilisa ilensi
yokukhulisa endaweni encane, kukhiqiza ukushisa, futhi
lokho kushisa kungavuthisa ukhuni Indwangu, iphepha, njalo
njalo Ngokufanayo, uma ugxilisa ingqondo yakho
ngokucophelela Amandla ayo agxilile Ukushisa ububi
nezimpande zokungabaza, imbangela yokwehluleka konke,
nokwenza ukukhanya kokuhlakanipha kukhanye
ngokukhanya nokukhanya

Uma umcabango uvumelana noNkulunkulu Umthombo
wabo bonke ubuhle kanye nomsuka wawo wonke amandla
abusisiwe, uyaqaphela ubukhona bukaNkulunkulu futhi abe
nazo zonke izici zempumelelo. Lezi zinto zihlobene eduze
namandla amakhulu kaNkulunkulu, zikwazi ukudala izizathu
.ezintsha zempumelelo kunoma yimuphi umkhakha
Kwangathi uNkulunkulu angawugcoba umzamo omuhle
kanye nemizamo emihle ngempumelelo
Izinkinga nobunzima buvela ekuntuleni komuntu
ukuqaphela izenzo zakhe zangaphambilini, ezenziwe
ngesikhathi esithile nendawo ethile Ukuhlupheka kwabo
kwamanje kuvela emicabangweni nasezenzweni abazishoyo,
ezagxila emhlabathini wokuqonda kwabo, zahluma zaba
isitshalo futhi zathela izithelo ezibonisa izici zalezo
.micabango nezenzo

Uma ubheka ilanga eliqhele ngezigididi zamakhilomitha
emkhathini, lelo nkanyezi elikhulu libonakala lincane kakhulu
kunoMhlaba wethu. Kodwa-ke, ububanzi boMhlaba
bungamakhilomitha angaba ngu-7,900, kanti ububanzi
belanga bukhulu ngokuphindwe kayikhulu. Uma ungabeka
iplanethi yethu uMhlaba ngqo phambi kwelanga,
ingabonakala njengechashazi elincane uma liqhathaniswa
nalo. Cabanga ngobubanzi belanga obubanzi bukhulu kuze
kube yilapho ubukhulu balo obukhulu bugubha sonke
isibhakabhaka esiluhlaza okwesibhakabhaka. Isibhakabhaka
esisibonayo siyisicucu esincane nje, ingcosana nje, yesikhala

esingenamkhawulo esigcwala yonke indawo. Ngisho noma
ilanga lingaqhubeka nokukhula libe yi-infinity, alikwazanga
ukuhlanganisa okungenamkhawulo. Lo mbono we-cosmic
wobuncane kanye ne-finitude unciphisa ikhono lengqondo
lokuqonda ubukhulu bendawo yonke, imvelaphi yayo, kanye
.nemingcele yayo

Lowo ongekho ngaphansi kobukhulu nezilinganiso,
ongenamkhawulo futhi ongenamvelaphi, nguNkulunkulu,
okhona yonke indawo futhi okhona ezindaweni ezikude
kakhulu zesikhala. Usezinkanyezini ezikude, ezikude,
njengoba nje engaphakathi kwakho nangaphakathi kwami,
futhi uyazi kahle yonke indawo ayithathayo
Kungakhathaliseki ukuthi incane noma inkulu kangakanani
"Kusukela encwadini ethi "Umgomo Wokugcina Womuntu

Izicelo

O, Nkosi

Thatha isandla sami ebumnyameni siye ekukhanyeni

O ukuthula kwasemkhathini

Ngizwa izwi lakho ekukhaleni kwemifudlana

nasekukhaleni kwama-nightingale

Ekukhaleni komoya, ekudumeni kwamagagasi, kanye

nasekudumeni kokudlidliza

Nkosi ethandekayo

Angikukhonzi ngamazwi, kodwa ngokulangazelela

kwenhliziyo evuthayo ngokukulangazelela

Ake ngibone ububanzi bakho obukhulu

Ukuba khona kwakho njalo ngemuva kwakho konke

Mhlawumbe ngizoqaphela ukuthi ngiyingxenye

yobukhona bakho obungaguquki kuze kube phakade

O ulwandle oluchichimayo

Ukube nje imifula egobhozayo yezifiso zami

ibingageleza ogwadule lwezithiyo nezithiyo

Ekugcineni, isiphithiphithi sakho esikhulu sihlangene

Ngisize ngilalele izwi lakho, Nkosi

Umsindo we-cosmic lapho ukudlidliza kwendawo yonke
kwavela khona
Ake ngibone ubukhona bakho ngomsindo obusisiwe (Om
- Amen)

ingoma ethi Ngcwele kuwo wonke amazwi abusisiwe
Yandisa ukuqonda kwami njengoba ngilalele i-symphony
yokuphila

Ake ngizizwe njengolwandle olusemkhathini
Futhi ukunyakaza komzimba okunamandla kudansa
esifubeni sakhe
Vumela izwi elingcwele kakhulu lizwakale ngaphakathi
kimi

Ukwandisa ukuqonda kwami kusukela emzimbeni kuya
endaweni yonke
Sengathi ngingazizwa ngijabule njalo, ngigcwele yonke
into

Kuqhuma olwandle lokukhanya okuchichimayo
O amandla angenamkhawulo
O ukuhlakanipha okuphakade
Shaja umphefumulo wami ngokudlidliza kwakho
okungokomoya
O izwi lezwi elibusisiwe le-cosmic
Lungisa amaphutha ami
Ngidinga

Thatha isandla sami ebumnyameni siye ekukhanyeni
Noma nini lapho ngicabanga ngawe, Nkosi, kuzalwa
isikhukhula sokulangazelela okukhulu ngaphakathi kimi,
okunyakazisa imizwa yami futhi kugeleza kusuka
enhliziyweni yami kuye kuwo wonke amangqamuzana
.emzimbeni wami, ngiwagcwalisa ngothando lwaphezulu
Isifiso sami esikhulu ukufinyelela enhliziyweni yakho
futhi ngijabulele ukuba khona kwakho
Futhi ngokuzumayo umnyango womphefumulo
uyavuleka, futhi ngigcwele injabulo lapho ngibona
!ukukhanya kwakho okukhazimulayo

Isikhathi esidlule asikaziwa iningi lesintu, ngaphandle
kwabantu abambalwa abakhethiwe abakhanyiselwe Kodwa-
ke, ukungazi kwethu ngesikhathi esidlule nakho kuyasizuzisa
Ngoba ukube besazi konke esikwenzile kulokhu kuphila
nakwezimpilo zangaphambilini, besizokhungathekiswa
yizenzo zethu eziningi futhi sidideke ngokuphelele.
Ngempela, intando yethu ingase ikhutshazwe ngisho
nokushaqeka, okusenza singakwazi ukuqhubeka
nemisebenzi yethu futhi kusishiye siyisisulu sokuphelelwa
yithemba Ngisho nakule mpilo yasemhlabeni, ukukhohlwa
kuyisibusiso esivela kuNkulunkulu, okuvimbela izinkumbulo
zesikhathi esidlule, ikakhulukazi ezibuhlungu nezibuhlungu,
.ukuthi zingasindisi imicabango nemizwa yethu
Kodwa ngenhlanhla, inhlansi yaphezulu engaphakathi
kithi ihlala ikhanya ngethemba kanye nesifiso sokuqhubeka
nohambo olungapheli lokuphila. Kumelwe simbonge
uNkulunkulu ngalezi zibusiso ezimbili: ukukhohlwa okwedlule
.kanye nethemba lekusasa
Akufanele siphethe ngokuthi isiphetho sibeka izithiyo
endleleni yenkululeko yokuzikhethela. Kodwa-ke, kumelwe
senze konke okusemandleni ethu ukuze simelane
namathonya amabi abantu abaningi abawabiza ngokuthi
isiphetho nesiphetho, futhi sisebenzise inkululeko yethu
yokuzikhethela ngokuvumelana nezinkolelo zethu
zangaphakathi, uma nje lezi zinkolelo zisekelwe okholweni
oluqinile futhi zisekelwe emithethweni yaphezulu,
ngaphandle kwayo umuntu angeke akwazi ukunambitha
.injabulo yangempela
Uma siqala umsebenzi, akufanele sesabe izimo ezimbi,
kodwa kufanele sibe nethemba ngezinga eliphezulu,
sinokholo oluphelele lokuthi akukho lutho olungavimba
ukusebenzisa intando yethu nokusebenzisa inkululeko yethu
.yokuzikhethela
Uma sehluleka ukufeza umgomo wethu, kuyamukeleka
ukuvuma ngokungaqondile ukuthi kwakukhona izithiyo

esazenzela zona ezasivimbela ekufinyeleleni kuwo. Kumelwe sikhuthazele futhi siphinde imizamo yethu yokufeza umgomo wethu. Kumelwe futhi siziqinisekise ukuthi kungakhathaliseki ukuthi izithiyo nezinselele zingaba ziqine futhi ziqine kangakanani, sisenamandla anele okuzisusa nokuzinqoba.

Ngisho noma sehluleka naphezu kwayo yonke imizamo yethu, asikho isidingo sokuphelelwa yithemba nokukhungatheka, uma nje siqonda ukuthi intando yomuntu inamandla kunesiphetho, esizenzele sona. Ngakho-ke, akumelwe siyeke ukuzama, kungakhathaliseki ukuthi sehluleka kangaki, ngoba kuhlale kuneminyango evulekile.

Kudingeka nje siqhubeke nokulwela nokuphinda umzamo kuze kube yilapho sithola impumelelo. UNkulunkulu uzosinika usizo uma nje sithembele kuYe futhi sisebenzisa umzamo wethu. Ohamba endleleni uzofika lapho eya khona, .futhi othembela kuNkulunkulu ngeke adumazeke Uma umuntu efisa okuthile, futhi leso sifiso sinamandla

futhi siphuthumayo, leso sifiso asilokothi siphume engqondweni yakhe, noma ngabe uya kuphi noma ngabe uphendukela kuphi, futhi noma ngabe ukukhathazeka kwakhe kungaba yini. Ngomsebenzi waso oqhubekayo noqhubekayo, leso sifiso sinamandla amakhulu. Lokhu kuhleba kwengqondo kunamandla futhi kusebenza kangcono kunokuncenga okwenziwe ngomshini, okungadluli ekunyakazeni izindebe. Yilokhu abathandi bakaNkulunkulu abakwenzayo; bahleba uthando lwabo ngoNkulunkulu ngokungaphezi, futhi okuhleba kwabo kuyasuka enhliziyweni futhi akuzwakali, kuyo yonke imisebenzi yabo yansuku zonke. Lokhu kuhleba okusuka enhliziyweni akubaphazamisi, futhi akungqubuzani neminye imisebenzi yabo. Njengoba isifiso sabo ngoNkulunkulu sikhula, uthando lwabo ngaYe luyaqina futhi lujule, baze bathinte ubukhona baKhe futhi babone ukukhanya kwaKhe ngeso lomphefumulo, benambitha injabulo enkulu futhi bezwa ukuthula .okungaphezu kokuchazwa

UNkulunkulu usithumelela izifundo esizidingayo
empilweni ukuze sizuze kuzo futhi sithole ukuqonda
nokuhlangenwe nakho Noma ubani ogwema lezo zifundo
uzophoqeleka ukuba azifunde Kungakhathaliseki ukuthi
kuthatha isikhathi esingakanani
Isivivinyo ngasinye siba umngane uma sifunda kuso,
futhi siba yisishosho esinonya uma sichitha ithuba futhi
silisebenzisa kabi ngokukhononda, inzondo, kanye
.nokwahlulela okubi

Uma sinokuqonda okunempilo kanye nesimo sengqondo
esifanele ngokuphila, kuba kuhle Futhi ayinazo izinkinga

amacala engqondo

Umuntu akanakuhlala ethwele igagasi lenjabulo kuze
kubekhe phakade, noma acwiliswe ngaphansi kwamanzi
agcwele usizi, noma acwiliswe ekujuleni kwesithukuthezi.
Kuleli zwe elibonakala ngezinto ezimbili eziphikisanayo,
Umuntu ojwayelekile ubhekene nokuphakama nokwehla.
Uvuka ngegagasi lenjabulo futhi angene ekujuleni
kokunganaki, futhi uphonswa ngapha nangapha amagagasi
anamandla okudabuka. Futhi akavamile ukwazi nganoma
yisiphi esinye isimo sokuqonda. Ukuvumela izimo ukuba
ziphonse imicabango ngale ndlela. Kusho ukunikela intando
.yakho esiphethweni esingenasisekelo nesiguquguqukayo
Lokho umuntu akudingayo ukuze aphile impilo
ephumelelayo neyanelisayo ukulinganisela kwengqondo
Lokhu kungafezwa kuphela ngokugxila engqondweni
Ukulawula amakhono engqondo
Ngisho nosizi olujulile luyaphola ngokuhamba
kwesikhathi, ngakho-ke akunasizathu sokuhlala ucabanga
ngosizi Zonke izinsuku zokuphila kwethu Usizi oluhlala
isikhathi eside ngomuntu othandekayo oshonile alusizi yena
noma thina, futhi alushintshi lutho empeleni Ukuthuthukisa
ukungaziboni njengento eyinkimbinkimbi noma ukuzijezisa
Ukugxila emaphutheni noma ekuhlulekeni kwesikhathi

esidlule akusizi ngalutho Kwenza impilo ibe lusizi futhi
kuvimbele amakhono engqondo
Akufanele sizivumele ukuba siwele emgodini wesimiso
esiyisicefe, ngoba leso yisimo sengqondo esingakhululekile
neze, njengoba sikhathaza ingqondo futhi sishisa amakhono
.afihliwe esithandweni sokunganaki
Ukwehluleka kumele kususwe ezimpandeni zako, futhi
amasimu okuphila kumele alinywe ngenkuthalo
nangokuzimisela futhi ahlwanyelwe imbewu yobuhle ukuze
.kuvunwe isivuno esikhulu ngosizo lukaNkulunkulu
Insimbi ejubilini Lesiliva
Ngake ngamenywa emcimbini wejubili yesiliva
wombhangqwana owawubonakala ungomunye
wemibhangqwana ejabule kakhulu, kodwa ngesikhathi
ngingena ekhaya labo ngezwa ukuthi kukhona okungahambi
kahle ngacela abafundi bami ababili ukuba babheke indlela
abaphathana ngayo kusihlwa, futhi kamuva bangitshela
ukuthi indoda nomfazi bayamomotheka phambi kwabanye
futhi babizana ngamagama amnandi kakhulu afana nokuthi
“Yebo, sithandwa sami” kanye nokuthi “Yebo, sithandwa
sami,” kanye neminye imishwana enobungane. Kodwa lapho
nje becabanga ukuthi bodwa, bayaxabana futhi baqondise
.amazwi abuhlungu komunye nomunye
Ngakhuluma nabo ngathi: Ningimemile ukuba ngiye
ephathini lenu, kodwa isimo sishubile futhi nginomuzwa
wokuthi kunokungezwani okukhulu kule ndlu, futhi
.kubonakala kimi ukuthi kunensimbi eningi kule jubili yesiliva
Ekuqaleni, bacasuka, kodwa kamuva bavuma ukuthi
ngangiqinisile futhi baxolisa. Waqhubeka, ethi: Yini
?oyitholayo ngokuxabana nokuxabana ngaso sonke isikhathi
Kubonakala sengathi nihlala ndawonye ukuze
nilondoloze idumela lenu njengombhangqwana ophelele,
kodwa kudingeka nibe njalo komunye nomunye futhi niphile
ngokuthula nangokuzwana ukuze nijabule futhi nibe
.nokuthula kwengqondo

Ukudla okune-magnetic

Uma abantu bekhuluma ngokudla noma ngokudla
okunempilo, bavame ukusho ukudla okungokwenyama
okudliwayo ukuze kusekelwe umzimba. Kodwa-ke, kunezinye
izinhlobo zokudla okunempilo ezingabalulekile njengokudla
okungokwenyama, futhi ngokuvamile zibaluleke nakakhulu,
njengokudla kwengqondo noma ngokomoya. Umsebenzi
wengqondo noma ukugxilisa ingqondo, ukuhlakanipha
.nokuqonda okungokomoya

Ukudla okungokwenyama kusekela amangqamuzana
omzimba, kuyilapho ukudla kwengqondo kugcwalisa
ingqondo ngemibono enempilo, kanti ukudla kokuhlakanipha
.kuvuselela umphefumulo futhi kuthuthukise amakhono awo
Ukondliwa kwengqondo ngokuvamile kuqukethe
imibono umuntu ayicabangayo kanye naleyo ayithola
.kwabanye ngokuxhumana nokuxhumana nabo

Abantu abanesimo sengqondo esizolile kanye
nezimfanelo ezinhle basiza ekwenzeni imicabango yethu ibe
namandla futhi iphile kahle

Akunzima ukunquma ukuthi umuntu uthola yini ukudla
kwakhe kwengqondo endaweni enokuthula noma
ephazamisayo Ukukhathazeka, ukucindezeleka, nokudideka
konke kuvela ekuzihlanganiseni nabantu abangalungile,
kungaba abangane noma izihlobo Lokhu kubangela
imicabango yokukhathazeka kanye nesimo sengqondo esibi
Umzimba uthola amandla namandla ekudleni

okungokwenyama, kuyilapho ukudla okune-magnetic
kunikeza umzimba nengqondo amandla alula ukugayeka
kunokudla okuqinile nokuwuketshezi, okungenakuguqulwa
.kalula kube amandla aphilayo

Uma ungakwazi ukuguqula ukungazi kube
ukuhlakanipha, ubuthakathaka kanye nobuthakathaka kube
impilo namandla, futhi uhambe ngokuzethemba nangesibindi
- ngisho wedwa - ezindleleni zokuphila, futhi ujabule
ngaphakathi ngokuba nonembeza ophilayo noqaphile, kanye

nokholo olungenakunyakaziswa ebulungiseni
bukaNkulunkulu kanye nokunqoba kokulungile phezu
.kokungalungile kanye neqiniso phezu kokukhohlisa
Futhi uma uzama nsuku zonke ukukhulula imicabango
yakho emazingeni aphezulu nacwengekile, futhi unenhliziyo
enothando nebongayo, kanye nezinhliso ezinhle ngabanye,
ukondleka kwakho kwengqondo kuzoba namandla, bese
udonsela kuwe konke okuhle nokuwusizo, kusukela
ezintweni, kubantu nasezimweni, okudingekayo ukuze
.uqhubeke nohambo oluya ogwini lokuphepha nokuphepha
Uma uzama ukuthola okudingayo, futhi wanelisekile
ngalokho uNkulunkulu akunikezayo, uzoceba emoyeni futhi
waneliseke kakhulu kunalabo abathanda kakhulu izimpahla
.zomhlaba futhi abafisa injabulo yawo yesikhashana
Uma umuntu efuna uNkulunkulu, okuwukuphela
komngane weqiniso, ngaphezu kwabo bonke abangane,
kuba nokwenzeka ukwakha ubungane beqiniso kuzo zonke
izihlobo zabantu: umndeni, ubuzalwane, umshado, kanye
.nobuhlobo obungokomoya
Ubungane buyinto ebalulekile ebudlelwaneni bomshado,
futhi kufanele kuqalwe ukusondelana ngokwengqondo
nangokomzwelo, umuzwa wokukhangana ngokokuziphatha,
.nothando lwangempela nobungane
Labo abangakwazi ukuhlukanisa phakathi kothando
lweqiniso nokukhanga okungokomzwelo bayadumala njalo
Uma umshado usekelwe emibonweni ephakeme kanye
nenhlonipho ehlangene, uba yinyunyana ejabulisayo
nephumelelayo phakathi kwemiphefumulo emibili
ethandanayo. Futhi bayabambisana ukuze banciphise
imithwalo yokuphila komunye nomunye, futhi basuse
izinkathazo zokuphila ngozwela kanye nokuqondana
.okunobungane
Akekho ongangilawula noma athathe intando yami,
ngaphandle kokuthi ngivumele imicabango nezenzo zabanye
.zingithonye

Nkosi, ngiyaqaphela ukuthi nginethuba elingapheli
phambi kwami. Ukuze ngihlole amakhono ami futhi ngithole
amandla ami angokomoya, ngizofaka izifiso eziphakeme
esikhundleni sezinto ezibonakalayo. Futhi ngizoqaphela
ukuthi umoya wokwethembeka uhlala unami
Namuhla ngizogcwalisa imicabango yami ngomthamo
wethemba, ngizoziqhelelanisa nokuhlangenwe nakho
okungathandeki, futhi ngizozijwayeza lokho okuzokhulisa
umzimba, ingqondo nomoya ngendlela elinganiselayo
.nengaguquguquki

Umdanso wokuphila nokufa uhlala ukhona, kodwa
ngizozikhulula kuze kube phakade ngokuvikela ubuwena
bami obungokomoya Futhi lapho izivunguvungu zezilingo
nezinsizi zingihlasela, ngizohamba ngomkhumbi
womphefumulo wami ngaphesheya kolwandle lokuphila
Ngiye ogwini oluphephile nolungcwele
Uma ngisebenza futhi ngidala ngizokhumbula ukuthi
uNkulunkulu usebenza ngami; UyiNkosi yendawo yonke Futhi
ningingaxhumana naye ngokuzindla ngokujulile ngaye
Nkulunkulu wami othandekayo, ngiyaqaphela ukuthi
imicabango yami izongilethela ukwehluleka noma
impumelelo, kuye ngokuthi yimuphi umcabango onamandla
kakhulu empilweni yami. Ngakho-ke, ngizozama
ukukhumbula ukuthi welula isandla sami futhi
.singilungiselela izizathu zempumelelo

Lapho izinhlekelele nezinhlekelele zingehlela,
ngizophakamisa umoya wami futhi ngiqinise ukuzimisela
kwami ukuzinqoba. Ngizothatha ubuqotho nokwethembeka
ekusebenzelaneni kwami nokuxhumana kwami nawo wonke
umuntu, futhi ngizokhulula imicabango yothando nezifiso
ezinhle. Khona-ke uNkulunkulu uzongisekela ngamandla
.akhe nokuhlakanipha kwakhe

Nkosi, ngizosebenzisa amandla ami okuzimisela kanye
nokuhlakanipha kwami ukufeza izinto ezincane kuqala, bese
.ngidlulela ezifinyelelweni ezinkulu

Ngisho noma zonke izifiso zezinto ezibonakalayo
zigcwaliseka, zisaletha injabulo engaphelele, futhi ukuthola
uNkulunkulu ukuphela kwenjabulo yangempela ngizothola
imithombo yenjabulo engapheli Futhi ayipheli ukugeleza
nokugeleza, ezingadini zomphefumulo nasemadlelweni awo
.aluhlaza

Izaga zegolide

Injabulo iyilungelo lami, ifa lami, kanye nengcebo yami
yaphezulu efihliwe Ngiqondise, Nkosi, ukuze ngithole
ngaphakathi kimi ingcebo edlula amaphupho amakhosi
* * *

Indlu engcwele yezinhliziyi ikhanyisa kubafundi bayo -
ngesihe sakhe nesihawu - izibani ezikhanyayo
zokuhlakanipha ezisusa ubumnyama bokungazi
* * *

Impilo iyintshukumo ehlakaniphile enesigqi
esijwayelekile. Izakhela ezintweni ezingaphili, noma ithatha
isimo esiphilayo nesinyakazayo. Impilo ihlanganisa konke
.futhi ingena kukho konke
* * *

O Mthandi Omkhulu, Ungukuphila uqobo lwakho
Ungumgomo wami kanye nesifiso sami Ngenze ngibe yimbali
eqhakazayo engadini yakho yasezulwini, noma ubuhlalu
obukhazimulayo emgexo wothando lwakho olukhazimulayo,
noma unginike udumo olukhulu: indawo encane kunazo
zonke enhliziyweni yakho
* * *

Nomaphi lapho abanye beyazisa khona imizamo yami
yokwenza okuhle, yilapho engingakwazi khona ukunikeza
isevisi engcono kakhulu
* * *

Ake siluke ikhaphethi yegolide yamaphupho ngemicu
yesilika yezinkumbulo ezimnandi nemicabango ecwengekile
* * *

Inggondo engenalutho [engenazo imicabango emihle
neyakhayo] iyifektri yezinkinga, ukukhathazeka,
ukuphelelwa yithemba, nokuphelelwa yithemba

Uma uthando lwendawo yonke luhlala enhliziyweni
yakho, luzokulethela injabulo ehlala njalo nevuselelwe
okungekho okunye okungakunika khona

Izimbali zokuphila eziqhakaza ensimini yokuphila
kwasemhlabeni zinhle kakhulu futhi kuyajabulisa ukuzibona.
Kodwa okumangalisayo nakakhulu futhi kukhazimulayo
umthombo wobuhle nokuhlakanipha okhona ndawana thize,
lapho savela khona futhi lapho sizobuya khona futhi
.sihlangane khona futhi

Lapho umfundi evuka ekuseni, uziqinisekisa: "Angisiye
umzimba, ngingumoya ongabonakali... ngiyinjabulo...
ngingukukhanya... ngingukuhlakanipha... ngiluthando Futhi
nakuba ngihlala kulo mzimba, umoya wami awufi futhi
"awuthintwa ukubola

Njengoba nje amaconsi amazolo esiza izimbali ukuba
ziqhakaze futhi zikhule, kanjalo nomusa uyondla ubungane
futhi ukhuthaze ukukhula kwabo
* * *

Kukhona amagagasi avela ebusweni bolwandle kanye
namagagasi anyamalala ekujuleni kwalo; kuzo zombili izimo,
angaphakathi kolwandle futhi akanye nalo. Ngokufanayo,
abantu abantantayo ngesikhathi "sokuphila" ebusweni
bolwandle olusemkhathini noma abanyamalala kulo
"ekufeni" bangaphakathi kolwandle olungunaphakade
.ngokulinganayo
* * *

Ukukhanya kwenyanga akubonakali kahle emanzini
agcwele isiyaluyalu, kodwa uma ubuso bamanzi buthule,
ukukhanya kwenyanga kuba sobala ngokuphelele. Kunjalo
nangengqondo: uma kuzolile, ungabona ubuso
bomphefumulo wakho ngokucaca okuphelele
.nangokucophelela

Thumela, Nkosi, imisebe yelanga lokuhlakanipha
Kwakho ukungiqondisa ezinsukwini zami ezijabulisayo
zokufeza, kanye nokukhanya kwenyanga egcwele yesihe
Sakho lapho ngihamba phakathi kobusuku obumnyama
bosizi

Ukuzindla kuyindlela oxhumana ngayo nengqondo
yendawo yonke, futhi uma uvumelana nalokho kuqonda
okungenamkhawulo uzokwazi ukwazi zonke izimfihlo
.zendalo

Isifiso sokusondela kuNkulunkulu nokumazi asizifikeli
sodwa, kodwa kumelwe sihlakulelwe, futhi ukuphila
.akunanzuzo ngaphandle kwaleso sifiso

Ukuphila kwasemhlabeni kuyisimo sesikhashana, futhi
umsebenzi oyinhloko wesintu ukuqonda inhloso nomgomo
walolu hambo. Leyo nhloso iwukwazi uNkulunkulu, futhi
.ayikwazi ukuba yinoma yini enye

Ukuthula kwakho kuyingcebo yakho eyigugu, ngakho
ungavumeli muntu ukuthi akuthathele leyo ngcebo

* * *

Funda ukuzimela wedwa, uphephile futhi uvikelekile
engabeni yezimfanelo zakho kanye nokubaluleka kwakho

* * *

Konke kukhona ngoba uNkulunkulu ukhona Futhi ngoba
ukhona, nawe ukhona Ngenxa yokuba khona Kwakhe,
ujabulela induduzo nenjabulo yokuphila Ngakho-ke,
ukubonga kwakho uNkulunkulu kufanele kube ngokujulile

Izincwadi ezinhle zingaba abangane abathule,
abanenhlonipho nabahloniphayo. Ungazishiyi lezi zincwadi
ezikhathini zakho ezinzima, ngoba azisoze zakushiya,
ngokungafani nabangane abangokwenyama abangase
.bakushiye

Noma ubani onempilo enhle, impilo ekhululekile, kanye
nekhono elikhulu lengqondo, kodwa engenalo injabulo,
akakaphumeleli empilweni. Uma ungasho ngeqiniso ukuthi,
"Ngiyajabula, futhi akekho ongangiphuca injabulo," usuthole
.isithombe sikaNkulunkulu ngaphakathi kuwe

Gcizelela ukuzola nokuthula, bese uthumela imicabango
yothando nezinhloso ezinhle kuphela uma ufisa ukuphila
ngokuthula nangokuzwana Phila impilo esekelwe ekulungeni
nasebungcweleni, futhi bonke labo abampilo yabo ixhumene
.neyakho bazozuza ngokuba nawe

Uma ungenabo abangane, noma uma abangane bakho
bechitha isikhathi sakho, noma uma ungazwani nabo,
vumela izincwadi [nezinto] eziphethe ukuhlakanipha kube
abangane bakho, njengoba ungadlula emakhasini abo
.ungene ezweni lemibono emangalisayo nejabulisayo

Ukuthola uNkulunkulu kusho ukuthola konke okufiswa
yinhliziyi, kanti ukuba ngokomoya kusho ukuvula iminyango
yempilo, injabulo kanye nempumelelo

Ngaphakathi kwethu kukhona inhlansi yamandla
aphezulu adala futhi asekela konke ukuphila futhi ilindele
ukuvuthelwa

Ukufunda kuwumsebenzi wengqondo ozuzisa kakhulu;
kuqeqesha ingqondo futhi kuyigcina iguquguquka. Ukufunda
ihora noma amabili nsuku zonke kuzonikeza noma ubani
isisekelo solwazi oluhlukahlukeni phakathi neminyaka
embalwa, uma nje ekhetha izincwadi eziwusizo. Ungachithi
isikhathi noma ulimaze amakhono akho engqondo
ngokufunda amanoveli ashibhile noma izincwadi ezincane
.ezingenanjongo noma incazelo

Labo abanokuthambekela komphakathi bazothola
ezincwadini eziwusizo amandla amasha okusiza isintu
ngezifundo eziqukethwe ezincwadini ezibhalwe amadoda
.nabesifazane abahloniphekile nabanekhono

* * *

Ukufunda kuwumsebenzi wengqondo ozuzisa kakhulu;
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ihora noma amabili nsuku zonke kuzonikeza noma ubani
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isikhathi noma ulimaze amakhono akho engqondo
ngokufunda amanoveli ashibhile noma izincwadi ezincane
.ezingenanjongo noma incazelo

* * *

Ubugovu nokuqhosha kumele kususwe ngoba kuyizinto
ezivimbela ulwazi olungokomoya

* * *

Ngaphandle komuzwa kaNkulunkulu, leli zwe libonakala
ligcwele izingxabano, ubudlova, nokudumazeka
okubuhlungu. Injabulo itholakala ekuzizweni useduze
noNkulunkulu

* * *

Labo abazi uNkulunkulu banenjabulo nenjabulo
engapheli ezinhliziyweni zabo Ngoba bezizwa bephephile
futhi benokuthula okubusisiwe, iziphepho zentukuthelo
azikwazi ukubanyakazisa, futhi ukwesaba akukwazi
.ukungena ezinhliziyweni zabo

* * *

Izincwadi ezinhle zingabangane bakho abakhulu; ngazo,
ungezwa izingqondo ezinhle zikhuluma nawe ngobumnene,
zikududuza futhi zikunikeza iseluleko esihle kakhulu.
Ukwehluleka ukuhlakulela isifiso sangempela sokufunda
.izincwadi ezinhle kusho ukulahlekelwa yifa lezizukulwane

* * *

Ngaphandle kosizo lukaNkulunkulu, abantu bazohluleka
nakanjani, ngoba amandla nokuhlakanipha okudingekayo
ukuze baphumelele empini yokuphila kuvela emthonjeni
ongenamkhawulo Uma umuntu engamnaki uNkulunkulu,
unqamula umugqa wokuphila omnikeza usizo nokusekelwa
okudingekayo ukuze aphumelele
Abafuna usizo abangqongqoza emnyango wamathuba
angokomoya bazothola ukuthi umnyango uvulekile kubo
.ngoba uNkulunkulu usiza labo abazisizayo
Uma uvumelana noNkulunkulu, yonke imvelo ivumelana
nawe

* * *

Uthando lufana nephepha lokusanti elipholisha ingqondo
futhi lisuse ubulukhuni ebuntwini

* * *

Uma ngokuzumayo uthola uNkulunkulu yonke indawo,
futhi lapho eza kuwe, ekuphefumulela, futhi ekuqondisa,
indaba yothando lwaphezulu isiqalile

* * *

Kwangathi uthando lungase lukhanye ezinhliziyweni
futhi luthumele imisebe yokuphulukisa kwabanye

* * *

Funa ukwazi uNkulunkulu usemusha futhi unamandla,
ngoba ekugugeni nasekuguleni ungase ungasakwazi
ukumfuna. Lapho abantu beqala ukuqonda incazelo
yangempela yokuphila, umzimba uba buthakathaka, futhi
bachitha impilo yabo yonke benakekela amandla abo
.omzimba abuthakathaka esikhundleni sokufuna iqiniso

* * *

Ngizothatha okuhle kakhulu kubo bonke abantu, futhi
ngizokwazisa izimfanelo ezinhle zazo zonke izizwe
.ngaphandle kokugxila emaphutheni azo

* * *

Njengoba nje sikhathalela inani lokudla okunomsoco
lokudla kwethu kwansuku zonke, kufanele futhi sinake
izakhamzimba ezingokwengqondo esizinikeza izingqondo
.zethu nsuku zonke

* * *

Amazwi anomusa ayikhambi elimangalisayo lezifo
eziningi, anamandla anamandla, acishe abe yimilingo,
anamandla kazibuthe aletha izibusiso eziningi kanye
nokuchuma kubantu abakhulumayo Labo abasebenzisa
amazwi aduduzayo, amnene bazizwa umsinga omncane
ugeleza kuwo ngaphandle kokuphazamiseka, ukugcwala
kwabo umuzwa ojulile wokuthula. Lokhu kungenxa yokuthi lo
msinga uxhumene nomthombo wawo ophakeme, ukugeleza
okuqhubekayo okufinyelela imiphefumulo ngokuvumelana
nalowo mthombo, okubenza bakwazi ukudlulisela injabulo
.kulabo abalangazelela ukuthula

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Mangaki amazwi anomusa avela enhliziyweni asuse usizi
oluningi futhi mangaki amazwi ahlakaniphile akhanyise
!izindlela ezimnyama ngezibani zenjabulo nokuthula

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Siyakhula kukho konke esikubonayo, uma nje siqaphela
ukuthi singafunda izifundo ezibalulekile kukho konke
ubuhlungu nokuhlupheka esikubonayo kunencazelo

nenjongo Naphezu kobunzima balokhu okuhlangenwe nakho,
kufana nomlilo oncibilikisa insimbi, uyiguqule ibe yinsimbi
enhle, eqinile, neguquguqukayo
* * *

Zonke izimpumelelo eziphawulekayo empilweni yami
zifezwe ngamandla engqondo evumelana noNkulunkulu
Lapho umkhiqizi waphezulu esebenza, konke engikufisayo
kufezeka ngaphandle kokukhetha, kuqala kwakheka
njengomklamo ongabonakali, ongokoqobo bese
kubonakaliswa ngamandla angenakuphikiswa empeleni
* * *

Lapho ingqondo ihlebelala uNkulunkulu ukuhlebelala
okusuka enhliziyweni, okushisayo okuvela ekujuleni
komphefumulo olangazelelayo, ubizo lomoya luzothinta
inhliziyi yendawo yonke, futhi impendulo izofika, ilethe
injabulo enkulu. Lokhu kuhlebelala okuhlakaniphile kukhulisa
intando kuze kube yilapho inamandla adingekayo ukuze
.ifinyelele umgomo oyifunayo
* * *

Uma ingqondo yomuntu nentando yakhe kuhambisana
noNkulunkulu, unikezwa amandla angenamkhawulo,
kangangokuthi ukucabanga nje ngento ethile kwanele
ukuyifeza, ngoba umthetho waphezulu usebenza
.ngokuthanda labo abavumelana nentando ephakeme
* * *

Kungakhathaliseki ukuthi ukukhathazeka kwethu kuyini,
uNkulunkulu kufanele abe sendaweni yokuqala ezimpilweni
zethu Esinye sezici ezibaluleke kakhulu zokukhula
ngokomoya ukukhononda njalo kuNkulunkulu ngokusuka
enhliziyweni, lapho uzobona khona ushintsho oluhle
.oluzokuhlaba umxhwele kakhulu
* * *

Umuntu akufanele anikele wonke amakhono engqondo
uNkulunkulu amnike wona ekufuneni izinto ezidlulayo,
ngaphandle kwalokho uzozilahla ezinkingeni zokuthanda

izinto ezibonakalayo futhi azakhele imingcele nemingcele
angayidingi. Kunalokho, kufanele asebenzise amandla akhe
engqondo ukuthola izidingo zokuphila futhi alwele
ukuthuthukisa amakhono akhe angokomoya ukuze
ahlukanise phakathi kokulungile nokungalungile, kanye
.naphakathi kokulimazayo nokuzuzisayo

* * *

Iqiniso lingaphezu kwemibono nemibono, futhi abaningi
abasebenzisa le ndlela baboshwa yiziphetho zabo ezizimele

* * *

Vula, Nkosi, amasango okuthula futhi uvikele indawo
engcwele yemicabango yami engokomoya ekuhlaselweni
yizinhlebezi ezimbi. Vumela izimbali zezifiso zami ziqhakaze
ensimini yenhliziyo yami njengoba ngilinde ukusa kokufika
.kwakho

* * *

Ulwazi lwemfundiso alukwazi ukuthola ulwazi oluvela *
kuNkulunkulu, futhi kuyalulekwa ukuthi ungachithi isikhathi
sakho esiyigugu emibonweni engasetshenziswa ngokoqobo,
kungenjalo uzozithola usezindaweni ezinabantu abaningi
abahlakaniphile futhi ungakwazi ukudlula umbuso
.wemibono

* * *

Injabulo iyisithelo sokunqoba ngokwengqondo phezu
kwezimo zokuphila eziguquguqukayo

* * *

Lowo uNkulunkulu amaziyo angase angaziwa emhlabeni

* * *

Uma umuntu ezihlela ngolwazi lwethiyori [ngaphandle
kokuhlolwa kwangempela], uzoba njengethuluzi lokuqopha
eliphathwayo eliphinda izaga futhi liphinde imisho
ephakeme, kanti abanye bazombheka njengesazi esifundile,
kodwa ulwazi olunjalo aluqiniswa ukuqonda iqiniso ngqo,
.futhi aluhambisani nokufinyelela okungokomoya

* * *

Izinkinga zizoqhubeka emhlabeni, ngakho-ke umuntu
angaphendukela kuphi ukuze athole isiqondiso? Imicabango
yomuntu, ethonywe yimikhuba, ubandlululo, ukucwasa,
kanye nokushisekela ngokweqile, ayisizi ngalutho, futhi
amathonya endawo ahlala kuyo, umndeni, izwe, noma
umhlaba awakwazi ukunikeza isiqondiso seqiniso Ngakho-ke,
umuntu kumelwe aphendukele kuNkulunkulu futhi alalele
izwi elizolile nelizolile elivela ekujuleni komphefumulo, izwi
elivumelana neqiniso

* * *

Vulani izinhliziyi zenu ekuthululweni kwaphezulu ukuze
kugeleze kini futhi kugcwalise izimpilo zenu ngezibusiso
ezingokomoya nobuhle

* * *

Noma ngabe yimuphi umsebenzi owenzayo nanoma
yiziphi izinto ongazifeza, khumbula njalo ukuthi uNkulunkulu
ungumthombo okunikeza wonke amandla owadingayo ukuze
.usebenze futhi ufeze

* * *

Ngicela ukukukhumbula, Nkosi, ebumpofwini *
nasekuchumeni, ekuguleni nasekuphileni kahle, ekungazini
nasekuhlakanipheni, futhi ngivumele ngibone ukukhanya
kwakho okubusisiwe okunikeza impilo enhle nokuphulukiswa
.okwamanje

* * *

Ngisemicabangweni yami yodwa, ngilangazelela ukuzwa
izwi lakho elibusisiwe. Susa kimi amazwi aqinile,
asemhlabeni afihliwe enkumbulweni yami. Ngifuna ukulalela
izwi lakho elizolile nelimnandi kuze kube phakade ekuthuleni
.komphefumulo wami

* * *

Ukuphila kugubuzelwe ubumnyama, futhi kumelwe
sivumele ukukhanya kukaNkulunkulu kube isibani sethu
esisiqondisayo njengoba sihamba ezindleleni zaso
ezimnyama. Uyinyanga egcwele ebusuku bokungazi

nobumnyama, ilanga lokukhanya emahoreni okuvuka, isibani
sesiqondiso, kanye neNkanyezi yaseNyakatho yalabo
.abadabula olwandle lokuphila okufushane emhlabeni

* * *

Sekuyisikhathi sokuba isintu sivuke ebuthongweni baso
bokukhohlwa siye ekuvukeni ngokomoya. Sicela Wena,
Nkosi, ukuba uphakamise ukuqonda kwethu ekujuleni
kokungalaleli nokucabanga okuncishisiwe, okulinganisewe
siye emikhawulweni yokuthula, ukukhanya, uthando, kanye
.nobubele bomuntu wonke

* * *

Izinto zizogcina zingcono ngoba amandla nezimangaliso
zikaNkulunkulu zifihliwe ngemuva kokuphikisana kokuphila
komuntu, futhi noma ngubani ongaqiniseki
ngokungenakugwenywa kwalesi simo futhi ezama ukungena
ngengqondo yakhe nokholo kulokho okungaphezu
.kwesihengo uzovulelwa umnyango

* * *

Ukholo alusho neze ukuba budedengu noma
ukungabhekani ngokuhlakanipha nezimo Kunalokho,
kungakhathaliseki ukuthi kwenzekani, umuntu kumelwe
aziqinisekise ukuthi uNkulunkulu kuphela okwazi ukumsekela
ezimweni ezinzima nezivivinyayo uma ephendukela kuYe
.ngayo yonke inhliziyo yakhe, umphefumulo nemizwa yakhe

* * *

Uma izinzwa zethu zingasitshela lonke iqiniso,
besizobona umhlaba njengemifula yama-electron, kanye
nothuli lonke njengokukhanya okugobhozayo Labo abangena
endaweni yezinto ezibonakalayo baye komoya bayaqonda
.uhlobo lokukhohlisa futhi bazi umongo weqiniso

* * *

Kungakhathaliseki ukuthi usehlathini lase-Afrika,
enkundleni yempi, uhlupheka ngenxa yokugula noma
ubumpofu, umuntu kumelwe azikholise ngokuthi isandla
sikaNkulunkulu sinamandla kunanoma iyiphi ingozi futhi

siyakwazi ukuvikela labo abafuna isiphephelo kuYe. Ayikho
indlela ephumelela kakhulu yokuvikela. Yiqiniso, umuntu
kumelwe asebenzise ingqondo lapho ebhekana nezenzakalo
ngesikhathi esifanayo ebeka ithemba eliphelele osizweni
.lukaNkulunkulu

* * *

Uthando oluhlala ezinhliziyweni zazo zonke izidalwa—
uthando lwabo bonke omama, obaba, abangane,
nabathandekayo—luvela othandweni lukaNkulunkulu

* * *

Kumelwe kwenziwe umehluko phakathi kwemisebenzi
emikhulu nemincane, kubekwe phambili okubaluleke
kakhulu kunokubaluleka nje. Ngaphezu kwalokho, akukho
msebenzi okufanele uphikisane nomunye. Imibhalo isitshela
ukuthi lapho omunye umsebenzi ungqubuzana nomunye,
.kuwubufakazi bokuthi awuwona umsebenzi weqiniso

* * *

Njengoba imisebe yelanga ebalulekile isakazeka,
ngizosakaza imisebe yethemba ezinhliziyweni zabampofu
kanye nabashiywe dengwane [labo umphakathi obashiyile],
futhi ngizofaka ukuzimisela okusha ezinhliziyweni zalabo
.abacabanga ukuthi bayizihluleki

* * *

Uthisha uParamahansa wathi komunye wabafundi
:bakhe

Ungakhiphi muntu esixukwini sakho sothando. Gcina"
wonke umuntu enhliziyweni yakho futhi uzokugcina
".kweyakhe

* * *

Nkosi, ngisize ngisebenzise intando yami njalo ukufeza
imisebenzi emihle nezuzisayo
Ngisize ngivumelane nentando Yakho ukuze yonke
imicabango yami iphendule ezinhlosweni Zakho futhi
ivumelane nentando Yakho

Wangisiza ukuba ngivuse amandla afihliwe, abusisiwe
ngaphakathi kimi ukuze ngikwazi ukunqoba zonke izinkinga
kanye nezilingo
* * *

Vuka kulowo buntu obungokomoya obunesibindi
nokuthobeka – obuhlanganisa amandla ezingonyama
nobumnene bamajuba
* * *

Ngeke ngikhathazeke ngokugxekwa okubuhlungu,
okungamanga, noma ngokudunyiswa okukhulu nokuthopha
Isifiso sami kuphela ukwenza intando Yakho, Nkosi,
nokuthola umusa Wakho
* * *

Awunakucabanga ngenjabulo enkulu ezokugcwalisa uma
uzwa ubukhona bukaNkulunkulu Umphefumulo wakho
uzodakwa uthando lukaNkulunkulu olungenamkhawulo
Luwuthando olukhulu izikhathi eziyizigidi kunanoma yiluphi
uthando lomuntu—uthando olugcwalisa zonke izifiso zakho
futhi lugcwalise inhliziyo yakho ngenjabulo nokwaneliseka
* * *

Ngokugxila kwangaphakathi, ungathola injabulo
engokomoya ngqo ngaphakathi kuwe nangaphakathi
kwakho. Uma uhlakulela lokhu kuqaphela, ubuntu bakho
buzokhula ngokuvumelana, futhi uzothola amandla
.okukhanga abantu nezinye izidalwa
* * *

O Mvikeli Omkhulu, angikhathali ukuthi ngilahlekelwa
yikho konke ngenxa yekusasa lami, elenziwe yimi, kodwa
ngicela wena, okuwukuphela kwesiphephelo sami, ukuthi
uvikele ikhandlela lothando lwami ngawe emimoyeni
.yokunganaki nokukhohlwa
* * *

Masiphuze amanzi okuthula ahlanzekile, aqabulayo
ageleza emithonjeni yezimo ezinhle, athuthukiswe yisinqumo

sethu esiqinile sokucabanga ngendlela enhle nokuba
.nombono omuhle

* * *

Unembeza umuzwa oqondakala kalula owembula imvelo
yomuntu yangempela kanye nezisusa zakhe. Uma unembeza
wakho uhlanzekile, futhi wazi ukuthi wenza okulungile,
awunalutho lokwesaba. Unembeza ohlanzekile uwubufakazi
bokuziphatha okuhle okuvela kuNkulunkulu. Ukukhululwa
enkantolo kanembeza kusho ukuba nenjabulo nokuthola
.izibusiso zikaNkulunkulu

* * *

Zama ukwenza izinto ezinesibindi nezijabulisayo abantu
abangingi abangazenzi, futhi unikeze uthando nokuthula
.kulabo abanye abangabanaki

* * *

Uthisha uParamahansa wathi komunye wabafundi

:bakhe

Uma ungachithi isikhathi uhlakulela ingqondo, akukho"
ukuchuma kwezinto ezibonakalayo okuzokwanelisa. Lokhu
kukhulisa akukhona ukuhlushwa kodwa kunalokho
ukuqeqeshwa kokuqonda ukuze kondle imicabango nezenzo
".eziholela enjabulweni

Injabulo yakho yimpumelelo yakho, ngakho ungavumeli
muntu akuntshontshele yona Zivikele kulabo abazama
ukukuhlupha Ngesikhathi ngisengumfana, ngangivame
ukulahlekelwa isineke sami noma nini lapho abanye abantu
besakaza amahemuhemu angamanga ngami Kamuva,
ngaqaphela ukuthi ukuthula kwami kwengqondo kubaluleke
kakhulu kunokwamukelwa noma ukunconywa ngabantu

* * *

Ukube nje ubuwazi indaba yothando lwaphezulu abanye
abazinikele abaluzwayo noNkulunkulu! Akukho okunye
okuhlangenwe nakho empilweni okungaqhathaniswa naleyo
njabulo bengimazi ungcwele owayehlala egxile othandweni

lukaNkulunkulu, futhi ubuso bakhe bukhanya uthando
olungcwele Iso likaNkulunkulu lihlala liphezu kwalabo
.abamthandayo, futhi akabashiya ngisho nomzuzwana

* * *

Bambalwa labo abanesifiso sokuthuthukisa amandla abo
engqondo nangokomoya

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Ungazivumeli ukuthi ucwile phansi ekuzindeleni Sukuma
ebuthongweni beqiniso elivamile eliyisicefe bese uqonda
empilweni ehlanzekile lapho kukhona impumelelo, injabulo,
.nokuthula

* * *

Ngaphakathi kwakho kulele amandla amakhulu alindele
ukutshalwa, futhi nguwe wedwa okwaziyo ukuwavuselela
.nokuzuza kuwo

* * *

Ukukhululeka emikhubeni emibi nasezifisweni
ezingenempilo kuletha injabulo enkulu kakhulu
kunempumelelo yezinto ezibonakalayo Empumelelweni
yengqondo kukhona inhlalakahle yengqondo
engenakunqotshwa izimo zangaphandle Ungachitha sonke
isikhathi sakho uqoqa ingcebo, kodwa leyo ngcebo ngeke
ikunike ukuthula okuhlala njalo nokulondeka okufunayo.
Ngokuphambene nalokho, izokulethela ukungajabuli
okwengeziwe ngoba injabulo yangempela nokuthula kuhlala
.engqondweni, hhayi ezintweni ezibonakalayo
Uma usuzinzile ebuntwini bakho bangempela, ufeza
yonke imisebenzi futhi ujabulele zonke izinto ezinhle
.ngenjabulo yaphezulu

* * *

Ungavumeli ubuthakathaka bungene engqondweni
yakho, futhi qaphela lapho uhlangana nabantu
abanemicabango emibi kanye nombono wokuphelelwa
yithemba, funa imicabango yabo ebuthakathaka ingene
engqondweni yakho, ngaphandle kokuthi ingqondo yakho

isifinyelele ezingeni elithile lamandla kangangokuthi
imicabango yabanye ayikwazi ukuyibuthakathaka, kodwa
kunalokho, ngokuphambene nalokho, iyakwazi ukuqinisa
.imicabango yabanye futhi ithuthukise ukuzethemba kwabo

* * *

UNkulunkulu uza kuqala, futhi akufanele siqale noma
siqede usuku lwethu ngaphandle kokucabanga Ngaye.
Kumelwe sikhumbule ukuthi ngaphandle kwamandla
esiwathola kuNkulunkulu, besingeke sikwazi ukufeza lutho.
.Ngakho-ke, umsebenzi wethu omkhulu kakhulu ungowaKhe

* * *

Kukhona indlela yokuhlola nokwahlulela amasiko
namasiko Ekuqaleni, wonke amasiko ayenesizathu Uma
sithola ukuthi isizathu sisekhona, khona-ke isiko linencazelo
nenzuzo Nokho, akuhlakaniphile ukulandela amasiko
ngokungaboni Kumelwe sazi iqiniso futhi sililandele, siqonde
ukuthi yini engasilethela injabulo bese silisebenzisa

* * *

Uma ubona abantu abaningi kangaka bentula injabulo
noma impumelelo, ungacabangi ukuthi yilokho
okuzokwenzeka. Ungazenzela noma yini oyifunayo.
Impumelelo yakho yangaphakathi yiyo ekwenza uphumelele
.ngempela

* * *

Uma ungenalutho ngaphakathi kuwe, ngeke ujabule
Kodwa uma ungenalutho olukuzungezile futhi ujabule
ngaphakathi kuwe, ngokungangabazeki uyaphumelela
Ngakho-ke, akunakwenzeka ukwahlulela abantu
.ngokusekelwe ezimweni zabo zangaphandle

* * *

Phakathi kwezixuku ezinkulu, kungase kube nomuntu
ofinyelele isimo sokuphakanyiswa ngokomoya futhi ojabulela
.ukuthula kwangaphakathi nenjabulo enkulu ngokomoya

* * *

Ngiyazi ngokuqinisekile ukuthi konke engikudingayo
kuzoza kimi, ngakho-ke angikhathazeki ngokuthi ikusasa
liphetheni. Lokhu akusikho ukuziqhayisa noma ukuzenzisa,
ngoba ngibone umsebenzi kanye nokusebenza kahle
kwalawo mandla abusisiwe empilweni yami izikhathi
.eziningi

* * *

Kungakhathaliseki ukuthi ngintanta phezu kobuso
bokuphila noma ngiminza ekujuleni kolwandle, ngiyazi ukuthi
nginoNkulunkulu futhi unami, nokuthi akukho lutho
olungangilimaza. Ulwazi lunginike injabulo engachazeki
.nejulile

* * *

Akungabazeki ukuthi ukuthenga into entsha kuyinto
ejabulisayo Kodwa ngemva kwesikhathi esithile, lowo muzwa
wenjabulo uyaphela kancane kancane, futhi ungase
ulahlekelwe yisithakazelo kuyo ngokuphelele, ukhohlwe
ngayo futhi ufise okunye. Kodwa-ke, ibhili yaleyo nto ngeke
!ikhohlakale, ikakhulukazi uma uyithenge ngezitolimende

* * *

Umuntu kufanele alawule impilo yakhe futhi ayenze ibe
lula ngangokunokwenzeka. Kufanele alondoloze imali ethile
yezinto ezidingekayo nezimo eziphuthumayo, abeke
phambili ukonga kunokusebenzisa ezintweni zokunethezeka,
futhi asize abanye ngangokunokwenzeka. Uma usiza
abanye, usizo luzokuza kuwe ngandlela thile, futhi ngeke
.uswele lutho futhi ungalahlekelwa lutho

* * *

Enjabulweni yezinhliziyi zonke, ngizwa ukuzwakala
kwenjabulo Yakho, Nkosi, nasebunganini babo bonke
abathembekile, ngizwa uthando Lwakho ngiyathokoza futhi
inhliziyi yami iyathokoza ngempumelelo nokuchuma
kwabangane bami, njengoba nje nami ngijabula
enhlalakahleni yami kanye nokulula Njengoba
ngiphefumulela ukuhlakanipha kwabanye, ngandisa ingcebo

yokuhlakanipha kwami, futhi enjabulweni yabo bonke,
ngithola okwami

* * *

Isitha esikhulu senjabulo ukuboleka imali ukuze uthenge
izinto zokunethezeka Abantu bakholelwa ngephutha ukuthi
ngeke bajabule ngaphandle kokuthi bathole okuthile
okuqondile Kodwa ngisho nangemva kokuthola leyo nto,
ngeke bayithole injabulo yangempela, naphezu kwenjabulo
yesikhashana eyilethayo lyini injongo yokuphishekela
umlingo wenjabulo yasemhlabeni othembisa ukuphuka
kuphela? Abantu kufanele baphile kalula, ngaphandle
kokudinga izimpahla eziningi ezidinga ukunakekelwa njalo

* * *

Ipharadesi lami lingaphakathi kwami Njengoba
ngijabulela izibusiso zikaNkulunkulu, ngiyambonga, futhi
injabulo yami yangaphakathi ikhula Ngaphandle kwalokho
kwaneliseka kwangaphakathi, ngisho nezinjabulo
zasemhlabeni kanye nokuzijabulisa kuba isihogo
Sengiqaphele ukuthi ngaphandle kwaleyo njabulo
yangaphakathi, umthwalo wemithwalo yemfanelo engibekwe
phezu kwayo ubungangiphuca ukuthula kwami futhi
ungiphuce injabulo yami

* * *

Uma ingcebo ihambisana nokugula nezinkinga,
imiphumela izoba miningi Inhlanzeko kanye nokunakekelwa
kwempilo kuphakathi kwamandla aseNtshonalanga
Izinambuzane eziyingozi namagciwane abulalayo kulawulwa
ngempumelelo emazweni athuthukile, kuyilapho ziningi
kwamanye Kodwa ukuqeda lezi zinambuzane akuyona into
evelele, ngoba kunezinye izinhlobo zezinkinga emazweni
athuthukile, njengezikweletu okunzima ukuzikhokhela kanye
nezinkinga zezimali ezicindezelayo ngenxa yezinhlelo
zokuthenga ngezigaba—izinhlopheko eziphazamisa
ubuthongo futhi zinciphise ukuthula kwengqondo

* * *

Siyingxenye ebalulekile yolwazi olufanayo lapho le
ndawo yonke enkulu yavela khona

* * *

Wake wawubona umhlambi wezimvu? Uma omunye
wazo egxuma, wonke umhlambi uyalingisa ngaphandle
kokungabaza Iningi labantu linjalo. Othile angase aqhamuke
nomqondo noma angenise umkhuba omusha, kanti abanye
bazongena ngokushesha ebhendini bese bewukopisha. Le
ndlela ibilokhu ikhona izizukulwane ngezizukulwane. Zonke
izizwe zinamasiko namasiko azo, futhi asikwazi ukuthi zonke
zilungile noma zizwakala. Kodwa ubani owaziyo? Mhlawumbe
ezinye zalezo mikhuba namasiko azisho lutho futhi
.azinamsebenzi

* * *

Lapho isiphepho semicabango esiphazamisayo siphela,
singena embusweni wokuthula futhi sithinte ubukhona
bukaNkulunkulu

* * *

Cabanga ngoNkulunkulu, noma indawo enhle ekhuthaza
ukuthula, noma okuhlangenwe nakho okujabulisayo
nokusebenza kwengqondo okuhle nokuzolile kuyavuselela
futhi kuyaqabula

* * *

Siphila ezweni elixakekile nelinokuphazamiseka. Ungase
ucabange ukuthi imali isho injabulo, kodwa uma uyithola,
uthola ukuthi awukajabuli. Ungase uthole ingcebo futhi
ulahlekelwe yimpilo yakho (Nkulunkulu maye) Noma ungase
ube nempilo enhle futhi ulahlekelwe yimali yakho. Noma
ungase ube nengcebo nempilo kodwa ubhekane nezinkinga
eziningi nabanye, unikeza umusa kodwa uhlangane
nenzondo nentukuthelo. Ngaphandle kukaNkulunkulu,
.akukho lutho kulokhu kuphila olungakwanelisa ngempela

* * *

Umhlaba uba yigumbi lokuhlushwa kulabo abaphila
ngokungazi uhlelo lukaNkulunkulu. Kodwa uma ubheka

okuhlangenwe nakho kokuphila njengabafundisi bakho futhi
ufunda kubo ubunjalo bangempela baleli zwe kanye nendima
oyinikezwe emdlalweni wendalo yonke, lokho okuhlangenwe
nakho kuba ukukhanya okubalulekile endleleni eya
.ekwanelisekeni okuhlala njalo nenjabulo

* * *

Lapho, ngale kobumnyama obungenabumnyama,
ukuthula okungenakuzwakala, kanye nokungabi nalutho
okungadalwanga, kukhona ingqikithi yaphakade, eyisiqalo
sokuba khona kanye nomthombo wawo wonke amandla
.nezidalwa, ezibonakalayo nezingabonakali

* * *

UNkulunkulu akasidalelanga lo mhlaba ukuze sidle,
silale, futhi sife nje kuphela, kodwa ukuze sazi intando Yakhe
futhi siqonde injongo yokuba khona kwethu. Idlanzana
labantu abahlakaniphile liye laqonda incazelo yohlelo
lwendalo yonke, kodwa abantu abaningi abayizimpumputhe
.futhi abaqapheli leyo njongo

* * *

Imali yayingeyona umgomo wami empilweni; umgomo
wami kwakuwukukhonza abafowethu nodadewethu
esintwini. Ngakho-ke, uNkulunkulu wangivulela amathuba
.amaningi okuzisekela nokufeza umsebenzi wami

* * *

UNkulunkulu wadala le ndawo yonke ukuze isebenze
ngokomthetho oqinile nongaguquki Uma sephula noma
yimuphi wale mithetho yendawo yonke, sizijezisa thina
Umuntu ogxuma esuka ophahleni lwesakhiwo eside
uzophula amathambo akhe Ngakho-ke, asinakuyishaya
indiva imithetho yamandla adonsela phansi ngaphandle
kokuthola imiphumela

* * *

Uma sibheka ngokujulile imiphakathi yomhlaba futhi
sihlola izimfihlo ezifihliwe zemiphakathi yasendulo, kuvela
isithombe esikhulu, esinemigqa ehlangene, izahluko

ezahlukahlukene, kanye neminingwane eqondile, futhi
sithola ukuthi umuntu ungumuntu ngamunye futhi
.ungumuntu ohlala nabantu ngesikhathi esisodwa

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Ukube uNkulunkulu wayefuna siphile ngokuqonda izinto
ezibonakalayo kuphela, besizokwaneliseka ngokuphelele
.ngezinto ezibonakalayo futhi saneliseke ngezindlela zezwe

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Imisebe yobumsulwa, ukuthula, nenjabulo ngale
kwamaphupho iyakhanya futhi idansa ekujuleni kwethu
okubalulekile

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Ngokuhlangenwe nakho ngakunye okuvela
esibhakabhakeni sezimpilo zethu phakathi nalolu hambo
lwethu lwasemhlabeni, kumelwe sifunde ukuthi
singalwandisa kanjani ulwazi lwethu nokuthi singaziqonda
kanjani izimo ezisizungezile noma esidlula kuzo, bese
sizokwazi ukuphila ngokuvumelana kangcono futhi
.sibhekane kahle nabantu nokuphila

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Abantu abaningi balingisa abanye. Umuntu kufanele abe
ngumuntu wokuqala nonobuhlakani, futhi abe yingcweti
.kukho konke akwenzayo

EMpumalanga, ukugxila okuyinhloko kube
ekuhlakuleleni injabulo engokomoya, kuyilapho izici
zokuphila ezibonakalayo zivame ukunganakwa
ENTshonalanga, kunezinye izinto eziduduzayo ezibonakalayo
kodwa injabulo yengqondo encane kakhulu Okudingekayo
ukulinganisela phakathi kwalokhu okubili, ngoba ukugxila
esicini esisodwa kuphela sokuphila kuholela ekungalinganini
nasekungakwazi ukubhekana nezidingo zokuphila
.ngokunengqondo

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Injabulo enkulu kakhulu - ngemva kwenjabulo yaphezulu
- ukuthi umuntu abe nokuthula nezihlobo zakhe eziseduze
.okumele ahlale nazo nsuku zonke zonyaka
Abantu bachitha isikhathi esiningi beshesha futhi
beziphatha ngokuphamazela ngaphandle kokufeza okuningi
Bambalwa abama kancane ukuze bacabange futhi bazame
ukuqonda ukuthi impilo inikezani

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Kumelwe sisebenzele ukwakha izakhiwo zangaphakathi
zokuhlakanipha ezingadini zokuthula eziqhakaza futhi
zikhanye ngezimbali ezingenakubalwa zezimfanelo ezinhle
ezingokomoya

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Ukuzwana kwangaphakathi kuwumthombo ocebile
wamandla futhi kukhiqiza amandla avuselelekayo

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Uma ubheka impilo, umuntu uthola ukuthi impumelelo
ayilula Impilo ivame ukuba nzima futhi ayithetheleli, futhi
kumelwe sizabalaze ukuze siziphilise Cabanga ngomzamo
odingekayo ukuze usekele umzimba wakho futhi uwugcine
uphilile futhi ungenazo izifo! Ngisho noma uphumelela
kulokhu, leyo mpumelelo ingeyesikhashana Umzimba—
kwangathi ungaphila isikhathi eside—ekugcineni uzobekwa
phansi Isidingo sidinga ukulwa namandla amaningi, kokubili
angaphakathi nangaphandle, ukuze ufinyelele impumelelo
oyifunayo La mandla asebenza ngokungakhathali
ukukuphuca noma yiziphi izimpumelelo ezibalulekile
ngempela

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Zama ukuhlala uzolile ngaphansi kwazo zonke izimo,
futhi uvumele imbewu yokuthula kwakho iqhakaze
ngenjabulo nokumamatheka kokwaneliseka

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Ngisho nabangcwele abakhulu kakhulu abafinyeleli
insindiso ephelele ngaphandle kokuba babelane

ngempumelelo yabo—okuhlangenwe nakho kwabo
okungokomoya nolwazi oluphakeme—nabanye ngokubasiza
ukuba bafinyelele ukuqonda okungokomoya Yingakho labo
abafinyelele izigaba ezinjalo futhi bafinyelele izimo ezinjalo
belangazelela ukudlulisela ukuqonda kulabo abakudingayo
Uma ufisa impumelelo yangempela, ngeke nje uvikele
.injabulo yakho kodwa nenjabulo yabanye

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Noma ubani ohlakaniphile angenza imali Kodwa uma
enothando enhliziyweni yakhe, ngeke ayisebenzise leyo mali
ngezinjongo zobugovu; kunalokho, bazoyabelana ngayo
nabanye Imali iyisiqalekiso neshwa ezandleni zobugovu
nabampofu, futhi iyisibusiso nesipho ezandleni zalabo
.abanezinhliziyo ezinhle nemiphefumulo ephanayo

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Othile angakhetha ukuthula isikhathi eside, enqabe
ukukhuluma nomndeni wakhe Nakuba lo muntu engase
athole ukuthula kwangaphakathi, ukuziphatha kwakhe
kuwubugovu futhi kulimaza injabulo yomndeni wakhe. Ngeke
kubhekwe njengophumelele ngempela ngaphandle kokuthi
abathandekayo bakhe nabo bazuze kulokho akufezile.
Ngokufanayo, ukufeza impumelelo yezinto ezibonakalayo
akukhona nje ilungelo lethu lokujabulela ukuchuma kuphela;
futhi kuhilela umthwalo wethu wemfanelo kwabanye
.wokubasiza bathuthukise izimo zabo zezimali nezokuphila

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Ngivikelekile ngemuva kwezindonga zonembeza wami
ohlangezile. Ngishise isikhathi esidlule esimnyama futhi
.ngikhathalela namuhla kuphela

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Namuhla ngiyaqaphela ukuthi ngingomunye
onokukhanya kokuhle kakhulu nokuthi ngiyisibani kulabo
abalwa namagagasi olwandle losizi

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Abantu banemibono nemibono ehlukeni mayelana
nempumelelo, kuye ngezifiso zabo empilweni Akuvamile
ukuzwa abanye abantu befanisa impumelelo nokweba, bethi
izinto ezinjengokuthi, "Wayeyisela eliphumelelayo!" Lokhu
kugcizelela ukuthi impumelelo kuzo zonke izinhlobo zayo
nezinhlobonhlobo zayo iyafiseleka futhi iyafunwa. Kodwa-ke,
.impumelelo yethu akufanele ilimaze abanye
Kukhona futhi enye indlela yokuphumelela: uma sikwazi
ukuletha imiphumela evumelanayo nezuzisayo kithi,
kufanele futhi sifake nabanye empumelelweni yethu futhi
.sabelane nabo ngezithelo zayo
Impumelelo isho ukwaneliseka komuntu kanye
nokwaneliseka endaweni yakhe Impumelelo yangempela
iwumphumela wezenzo ezisekelwe ezimisweni zokulunga,
futhi ihlanganisa injabulo kanye nenhlalakahle yabanye
njengengxenye ebalulekile yenjabulo yomuntu. Uma
sisebenzisa lesi simiso ekuphileni kwethu okungokwenyama,
kwengqondo, kokuziphatha, kanye nokungokomoya, sizoba
.nencazelo ephelele nephelele yempumelelo

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Lapha kuleli zwe elilinganiselwe, sibona ubude,
ububanzi, kanye nobuningi, kodwa kukhona elinye izinga
lapho ubukhulu bungekho khona; konke kucacile futhi
kusobala—konke kuwukuqonda nokuqonda Umuzwa
wokunambitha uwukuqonda, njengoba kunjalo nomuzwa
wokuhogela Imizwa yethu, imicabango, kanye nemizimba
kuyizimo zokuqaphela Njengoba nje singabona, sizwe,
sihogeke, sinambithe, futhi sithinte emaphusheni, kunjalo,
kulelo zinga eliphakeme, ingabe sizwa yonke le mizwa
?ngokwazi okumsulwa

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Nkosi, sijabulise ngokuzwa ukusondela kwakho,
usikhulule ezibophweni zezifiso, futhi usiphe injabulo
yangaphakathi engathinteki yizinto ezenzeka empilweni
.kanye nezenzakalo zayo ezishintshayo

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Uma izingqondo zethu zihambisana nokuqonda
okuphezulu, ukuqonda okungokomoya kuyavuka
ngaphakathi kithi futhi sizwa izimangalisayo
.zokuhlakanipha nothando lwaphezulu

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Uma simthanda ngokuphelele uNkulunkulu futhi
siphendukela kuye ngayo yonke imicabango nezinhliziyo
zethu, sizozizwa siseduze naye futhi sizothola ukuthi
.uyisiphephelo esikhulu kunazo zonke sokuphepha empilweni

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Esikhaleni esibonakala singenalutho, esikhulu, kukhona
ukuxhumana kwendawo yonke kanye nokuphila okuphakade
okusihlanganisa nazo zonke izinto eziphilayo nezingaphili
endaweni yonke—igagasi lokuphila okuphezulu eligeleza
kukho konke ukuphila. Iphakade liyikhaya lethu langempela
kanye nendawo yokuhlala yaphakade, futhi ukuba khona
kwethu kule mizimba kungokwesikhashana,
njengokuphumula okufushane kwekharavani ehamba
.ogwadule

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Uma sizivumelanisa namandla okudala omoya,
sizoxhumana nengqondo yendawo yonke nengenamkhawulo
ekwazi ukusiqondisa nokuxazulula izinkinga zethu. Amandla
okudala azogeleza kithi ngaphandle kokuphazamiseka evela
emthonjeni omkhulu wobukhona bethu, okusenza sikwazi
ukufeza impumelelo yokudala kunoma iyiphi indawo
.yomsebenzi wethu

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Uthando luyakhula futhi luqhakaze endaweni
yokwethembana, ukubekezelelana, kanye nokuhloniphana

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Sibusise, Nkosi, ngokukhanya kwemicabango emsulwa
nemikhuba emihle, ukuze kuthi uma ubumnyama bemikhuba
emibi nemicabango ephambene busondela kithi, bususwe

ngokushesha. Futhi usisize sikuthande ngothando olujulile
kangangokuthi akukho ukukhohlisa kwezinto ezibonakalayo
noma izilingo zezwe ezingasibamba noma zibambe
.izingqondo nezinhliziyi zethu

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Izinto ezitholakala kalula azivamile ukuba yigugu
Sikwazi lokhu ngokufunda izimpilo zamadoda nabesifazane
abakhulu nokuthi baba kanjani bakhulu ngokuthuthukisa
amakhono abo, ukufeza imisebenzi yabo, ukwakha
izindinganiso zabo zokuziphatha, izifundo zabo ezijulile,
kanye nokugwema kwabo ubugovu Imiphumela abayitholile
kanye nempumelelo abayifinyelele yayinkulu kakhulu
kunemizamo abayenzile

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Inkululeko yangempela ilele enkululekweni
yokuzikhethela eqondiswa ukuhlakanipha futhi isekelwa
ukuqonda, ukulunga, kanye nentando eqinile

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Uma uvusa intando yakho, ukuzimisela, kanye
nokuqonda okunengqondo, amandla angabonakali akhululwa
ekuqondeni okuphakeme—ngokuqonda komphefumulo—
ukuze akusize futhi akhanyise izindlela eziholela enduduzo
.yengqondo kanye nenjabulo, ngosizo lukaNkulunkulu

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Umuntu kumele avule imigudu yomphefumulo
ngomzamo wakhe Akekho okhetha ngokuzithandela
ukuhlupheka nosizi kunokuthula nenjabulo Ukungazi
kuyimpande yokuhlupheka kanye nesithiyi okumele sisuswe
futhi siqedwe Ukungazi kuyisitshalo esiyingozi,
esinezipande ezijulile, esikhula ensimini yesintu,
siminyanisa izitshalo ezinhle nezizuzisayo Ukungazi kumele
kunqotshwe ngentando engaguquki kanye nokuzimisela
okuqinile Inhlabathi yengqondo kumele ilinywe ngokugxila
kwengqondo okuqondile [kokuhle] kanye nembewu enhle
iniselwe ngamanzi okholo Lapho imisebe yothando ephilayo

nefudumele ikhanya, imbewu yobuhle izokhula futhi ingobe
ukhula notshani obudla izimila, ngoba ubumnyama abukwazi
ukuba khona lapho kukhona ukukhanya

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Izinjabulo zezinto ezibonakalayo ziyanyamalala futhi
zinyamalale, kodwa injabulo yaphezulu ayifiphali. Yinjabulo
.yaphezulu engapheli futhi engenakuchazeka

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Akufanele neze sisebenzise izindlela ezingalungile ukuze
sithole injabulo, futhi akufanele silahle ukuthula nengcebo
engokomoya esinayo ngaphakathi kithi siphishekela
induduzo ekhohlisayo kanye nokuphila okukhazimulayo
okungase kuboshwe phambi kwethu yizenzo zokuziphatha
.okubi nemiphumela ebhubhisayo

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Ukuthula kuyikhamera engcono kakhulu yokuthwebula
ubukhona bukaNkulunkulu. Ngelensi yokuthula okumsulwa
nokugxile ngqo, isithombe esibusisiwe sizovela ngokucaca
.okuphelele

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Eqinisweni, konke ukuhlakanipha kungaphakathi kuwe
futhi okudingayo nje ukuqaphela lokho

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Ukwaneliseka kulele ekuzithuthukiseni, ukuze abanye
bakufune kunokuba wena ubafune. Uthando nobungane
kufanele kunikezwe ngaphandle kokulindela noma isidingo,
ngoba ukulindela kudala inzondo nolaka Ngisho nalapho
elwela ukuzithuthukisa, umuntu kufanele ame yedwa,
avikeleke futhi abe nokuthula ngaphakathi kwenqaba
.yezimfanelo zakhe kanye nokuzihlonipha

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Kwangathi izimpophoma zenjabulo nethemba zingahlala
zigeleza zisuka enhliziyweni yami, futhi kwangathi isifutho
.sazo esiqabulayo singathinta bonke engihlangana nabo

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Injabulo engokomoya idala emphefumulweni isifiso
sokusiza abanye ngazo zonke izindlela, futhi ithuthukise
ikhono lokwazisa injabulo yokuziphatha ecwengekile eholela
enjabulweni, ngaleyo ndlela inciphise ukuthambekela
.ezinjabulweni ezingavuthiwe

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Kungakhathaliseki ukuthi indima yakho incane
kangakanani, isabalulekile njengezindima ezinkulu kakhulu
maqondana nokufaka isandla empumelelweni yomdlalo we-
.cosmic owenziwa imiphefumulo esiteji sokuphila

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Ukuqonda kwendawo yonke kuwukuqonda okuphelele,
okungenamkhawulo, okuzivuselela njalo futhi okungapheli
ekudaleni kwakho, futhi ngawe kuzama ukuveza isici
esiyinqayizivele sako

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Uma unambitha uthando lwaphezulu ngisho noma
kanye, awusoze waluyeka ngoba akukho okunye okufana
.nalo endaweni yonke

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Labo abamaziyo uNkulunkulu sebefinyelele ezigabeni
ezingokomoya ezithuthukile kakhulu, kangangokuthi
abaneliseki ngokunikeza izoni iseluleko esingokomoya
kuphela, kodwa bangakwazi – ngomusa nangosizo
lukaNkulunkulu – ukubanika amandla angokomoya
.abakhulula emiphumeleni yezenzo zabo zesono

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Zonke izenzo ezinhle nezimbi zihlala ngaphakathi
kwamangqamuzana obuchopho futhi zibonakala
njengemikhuba emihle noma emibi noma ukuthambekela
emcabangweni. Umuntu ohlushwa imikhuba engemihle
ngenxa yokuthi amangqamuzana obuchopho bakhe
anikezwe amandla aleyo mikhuba angazikhulula ngamandla
okuzimisela, ukuzindla, umthandazo oqotho, kanye
nokuqinisekisa okuqhubekayo okuhle kuze kube yilapho

yonke imikhuba yakhe engathandeki iguqulwa ibe yimikhuba
emihle yokuthula nokuthula. Lokhu kwenzeka lapho amandla
okuphila aqondiswa kahle esebenza ukushintsha isimo
esingavamile samangqamuzana obuchopho, ukuze lawo
.maseli agcwale konke okuhle, okuhle, nokuhle

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Ukuqonda yiso langaphakathi, umbono womphefumulo,
kanye netheskopu yenhliziyo. Kuyibhalansi phakathi
.kokuzola kwengqondo kanye nobumsulwa bonembeza

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Nsuku zonke sibona izigcawu ezahlukene, futhi nsuku
zonke kuletha isifundo esisha okufanele sifundwe.
Kulindleke ukuthi umuntu afunde isifundo ngokugxila
enjongweni yokugcina yokuphila kwakhe: ukuqaphela
umthombo wobukhona bakhe kanye nesisekelo sokuphila
.kwakhe

Masisebenzele ukukhohlwa izinsizi zesikhathi esidlule
futhi sizimisele ukungagxili kuzo. Ngokuzimisela
okungantengantengi kanye nentando esebenzayo,
masivuselele izimpilo zethu, sithuthukise impumelelo yethu,
futhi sikhulise ngaphakathi kithi imikhuba emihle
.nezimfanelo ezinhle

UNkulunkulu ungamandla ami futhi angikholelwa

kwamanye amandla

Yilwa izimpi zempilo futhi uphikelele kuze kube
sekupheleni, ungayeki Ungalokothi uthi, "Angiyitholi indlela,
ngakho ngizoyeka ukuzama" Cela isiqondiso uma wenze
amaphutha, kodwa ungayeki ukuzama Abaningi bamukela
ukunqotshwa lapho bebhekene nezithiyo Labo abahlulekayo
kufanele bazihlanganise nabantu abaphumelelayo, hhayi
ukwehluleka Zimisele ukuphumelela; lokho makube yifilosofi
yakho empilweni

Nsuku zonke kumelwe siqinise amandla ethu omzimba,
sandise amandla ethu engqondo, futhi sazi ukuthi singobani
ngempela ngokuzindla, ukucabanga okunengqondo, kanye

nomsebenzi omuhle nokhiqizayo ozuzisa umzimba, ingqondo
.nomoya ndawonye

Uma ufuna ukusungula umkhuba omuhle noma ukuyeka
omubi, gxila emangqamuzaneni obuchopho lapho kuhlala
khona izindlela zemikhuba ehlukeni. Ukuze wakhe umkhuba
omuhle, qala uhlale buthule uzindle, ufuna isiqondiso
.saphezulu

Gxilisa ingqondo yakho esikhungweni samandla
okuzimisela ebunzini lakho, phakathi kwamashiya akho, bese
uqinisekisa ngokuqinile umkhuba ofuna ukuwufaka
ebuchosheni bakho. Uma ufuna ukuqeda imikhuba emibi,
gxila futhi ekugxileni kwamandla okuzimisela futhi
uqinisekise ngokuqinile ukuthi yonke imigqa lapho leyo
.mikhuba igxilile khona iyasulwa
Ngokugxila kanye namandla okuzimisela, ungasula
ngisho nemisele ejulile yemikhuba emidala egxilile

Ziqinisekise ngokuphindaphindiwe ukuthi unamandla
okususa imikhuba engemihle ebuchosheni bakho. Isikhathi
esingcono kakhulu salokhu kuqinisekiswa kusesekuseni
kakhulu lapho amandla akho okuzimisela nokugxila kwakho
sekusezingeni eliphezulu. Qhubeka uziqinisekisa ukuthi
ukhululekile kuzo zonke izithiyo, futhi ngolunye usuku
uzothola—ngosizo lukaNkulunkulu—ukuthi uzikhulule
.ngempela emkhubeni ofisa ukuwuyeka

Noma yini oyisabayo, yisuse emicabangweni yakho bese
uyishiya kuNkulunkulu. Qinisa ukholo lwakho kuNkulunkulu
futhi uthembele ukuthi uyakwazi ukukusiza, futhi wazi ukuthi
ukuhlupheka okuningi kuvela ekukhathazekeni
.nasekukhathazekeni

Kungani kufanele uhlupheke manje uma into oyesabayo
ingakenzeki? Njengoba iningi lokuphazamiseka kwethu livela
ekwesabeni, uma sisusa ukwesaba ezimpilweni zethu

sizozizwa sikhululekile futhi ukuphulukiswa kuzokwenzeka
.ngokushesha

Njalo ebusuku, ngaphambi nje kokuba ulale, ziqinisekise
ukuthi uNkulunkulu unawe, ekuvikela futhi ekuqaphile.
Zibone ngeso lengqondo ukukhanya Kwakhe okukuvikelayo
okuzungezile kuzo zonke izinhlangothi, futhi uzozwa isivikelo
.Sakhe esimangalisayo
Kulo mdlalo we-cosmic, abantu bazo zonke izinhlanga
.badlala idrama yokuphila esiteji sesikhathi
Kumelwe siqonde incazelo yokuphila ngaphandle
kokuzixakekisa ngokweqile noma ukugxila kakhulu
ezindimeni zethu zesikhashana Ukuqonda kwethu impilo
kuvame ukuhlanekizelwa futhi kuphambukiswe ngoba
sikubuka ngamehlo obugovu kanye nombono olinganiselwe;
uma sibheka ngamehlo omoya, besizobona izinto ngombono
ohluka ngokuphelele
Uma sivula iso lokuhlakanipha, sibona ukukhanya
kukaNkulunkulu okubanzi, futhi kulokho kukhanya sibona
isimo sethu esingokomoya, okuwukubonakaliswa kwemvelo
yokuqonda kwendawo yonke egcwala zonke izinhlayiya
.nezingxanye zendawo yonke
Amaqiniso angokomoya asizungezile, angqongqoza
eminyango yamehlo ethu avaliwe, esikhuthaza ukuba sibone
ukukhanya esikhundleni sobumnyama, senze
ngokuhlakanipha esikhundleni sokungazi, sigcwalise
izinhliziyi zethu ngothando esikhundleni senzondo, futhi
sibambisane ekumiseni ukuthula nokuletha inala
nokulondeka emhlabeni wethu Uma senza lokhu, ukungazi
kuzonyamalala, ukungezwani komhlaba kuzonyamalala,
sizobona ubunye ekuhlukeni, futhi sizovumelana kakhulu
nentando kaNkulunkulu
Ubuhlobo bethu noNkulunkulu abuyona into ebandayo
noma engenaluthando, njengaleyo ephakathi komqashi

nesisebenzi. Singabantwana Bakhe, futhi ukusinakekela
Kwakhe kuhlala njalo; Uyasilalela njalo. Siyingxenye
ebalulekile yobuntu Bakhe, futhi ubuhlobo bethu Naye
buyaphila futhi bunamandla. Usinike ingcebo engapheli
yothando, ukuqonda, ukuqonda, intando enhle, namandla
angokomoya, kodwa iningi lethu lichithe le ngcebo
.lingenalutho

UNkulunkulu ufuna siphile ngokuphepha, ngokuthula,
nangokubambisana okunobungane, njengoba kufanele
amalungu omndeni ohloniphekile nonothando, kodwa
ubugovu kanye nokubala kobugovu kuye kwahluma futhi
kwagxila emiphefumulweni yabantu futhi kwabangela
.ukwahlukana phakathi komndeni

UNkulunkulu ufuna sibe ngamakhosi, kodwa sikhetha
ukuba yizigqila Isintu sidukile kude nekhaya laso lasezulwini
futhi salahlekelwa yipharadesi langaphakathi lokuzizwa
siseduze noNkulunkulu noNkulunkulu eduze nathi, futhi
ngeke sikwazi ukuphinda silithole lelo pharadesi ngaphandle
komzamo womuntu siqu UNkulunkulu wasidala
ngomfanekiso waKhe, kodwa leli qiniso lisiphunyukile
.ezingqondweni zethu

Sizinikele ekukhohlisweni kokuthi isiphetho sethu
siwubunzima nokuthi isiphetho sethu siwukubhujiswa, futhi
kumelwe sidabule isihengo sokukhohlisa ngommese
wokuhlakanipha ukuze sibone iqiniso elikhanyayo ngemuva
kwesihengo

UNkulunkulu ungibusise ngenjabulo kuyo yonke le
minyaka emide yokuphila kwami Kungakhathaliseki ukuthi
abantu babona ukumamatheka kokwaneliseka ebusweni
bami noma cha, injabulo yaphezulu ihlala inami futhi
ayingishiyi. Umfula omkhulu wenjabulo ugeleza njalo
ngaphansi kwesihlabathi sokuqonda kwami futhi uqhuma
.njengemithombo ebusisiwe enisela izingadi zempilo yami

Ukuphazamiseka okuzumayo kokuphila akukwazi
ukuphazamisa ukuthula kwami, futhi iphupho lokufa alikwazi
.ukungiphuca injabulo engokomoya engiyizwayo
Kwakunzima ukwenza lesi simo sibe esihlala njalo futhi
esingaguquki, kodwa izithelo zomoya engizijabulelayo futhi
engizabelana ngazo nabanye manje zazifanele wonke
.umzamo engangiwenza kuso
Ngicabanga futhi ngenza ngiqondiswa umoya waphezulu
Imali ayikaze ibe umgomo wami empilweni, kodwa
kunalokho ukukhonzisa abafowethu nodadewethu esintwini.
Ngakho-ke, uNkulunkulu ungivulele iminyango eminingi
yobuhle ukuze ngizisekele futhi ngifeze umsebenzi wami.
Noma nini lapho ngidinga usizo, uNkulunkulu ulunikeza
.ngokushesha
Isifiso sami kuphela ukukukhonzisa, yingakho ngilapha
Amandla kaNkulunkulu ayasebenza empilweni yakho
futhi. Uzoqinisekisa leli qiniso lapho ukholo lwakho luqiniswa
futhi uqaphela ukuthi ingcebo yangempela ayivelile
empumelelweni yezinto ezibonakalayo kodwa ivela
.kuSomandla
Yonke imizuzu oyichitha noNkulunkulu izoba
ngeyokuzuzisa kakhulu, futhi konke okufezayo ngothando
.nokujabulisa uNkulunkulu kuzobhalwa phansi kwakho
Phumula uye emicabangweni yakho ejulile futhi
ujabulele ukuthula okugeleza emthonjeni wokuthula
Uma sihlwanyela izenzo ezinhle, sivuna injabulo
nezibusiso, futhi uma sihlwanyela izenzo ezimbi, sivuna
.izinhlobo ezahlukene zezinkinga nezinkinga
Zonke izenzo ezinhle zifana ne-pickaxe esimba ngayo
emhlabathini wokwazi ukuze sithole umthombo wenjabulo
yaphezulu
Funda ukungena olwandle lokuzihlola nokuhlola,
kungakhathaliseki ukuthi kuhlobene nezincwadi ezinhle,
inkolelo, izinkinga, ifilosofi, noma injabulo yangaphakathi,

uqaphela ukuthi ukuba wedwa okuvamile [kokuzindla]
.kuyintengo yenjabulo yangempela
Nakuba impilo ibonakala ingalindelekile, ingenasisekelo,
futhi iyimfihlakalo, igcwele ukungabaza nazo zonke izinhlobo
zezinkinga kanye nezinxushunxushu, sihlala singaphansi
kwesivikelo sikaNkulunkulu esiqhubekayo. Akufanele
sidlulisele izinto ngokweqile noma silahlekelwe ukuzibamba
lapho sibhekene nezenzakalo, ngoba uma sivumela
ukwesaba kusinqobe, sinikeza amandla ebubini futhi sijulise
izimpande zabo, ezikhula futhi zichume emhlabathini
.wokwesaba nokukhathazeka
Zibuze njalo ebusuku: Singakanani isikhathi osichithe
noNkulunkulu, kungakanani osukucabangile ngakho,
kungakanani osukufezile, kungakanani osukufezile
kwabanye, nokuthi kungakanani osukufezile ukulawula izifiso
?zakho
Akufanele silindele ukuthola injabulo nokuthula okuhlala
njalo ezinhluphekweni zokuphila; kunalokho, kumelwe
sizifune futhi sizithole ngaphakathi kithi. Khona-ke, noma
ngabe yikuphi okuhlangenwe nakho esidlula kukho,
sizobhekana nakho ngendlela efanayo esibukela ngayo
okuhlangenwe nakho komunye umuntu ku-movie, kungaba
.okujabulisayo noma okubuhlungu
Umuntu angaguqula konke okuhlangenwe nakho
kwakhe kube yizilingo ezibuhlungu nezidabukisayo uma
evumela ingqondo yakhe ukuba yenze kanjalo. Bangase
bajabulele impilo enhle kodwa bahluleke ukwazisa
ukubaluleka kwayo. Kodwa uma begula, bazozithoba futhi
bazise isibusiso senhlalakahle. Kufanele siqaphele umusa
kaNkulunkulu futhi simbonge ngezibusiso asipha zona
ngaphandle kokulinda izimo ezimbi ukuba zisenze sibonge
.futhi siqaphele umusa wakhe
Impilo kufanele ibe yinhlanganisela yokuzindla kanye
nesenzo Lapho umuntu elahlekelwa ibhalansi yakhe
yengqondo, uba sengozi yokuhlaselwa ukukhathazeka,

amafu osizi, kanye nobuhlungu. Futhi uma ezama ukwephula
imithetho yempilo, ukuchuma, nokuhlakanipha, nakanjani
.uzohlushwa ukugula, ubumpofu, kanye nokungazi
Kumelwe sigcine izinhloso zethu zimsulwa, izisusa zethu
zihlanzekile, futhi senze ngendlela esilethela ukuthula
kwengqondo, futhi singavumeli izimo zokuphila ziphazamise
.ukuthula kwethu futhi zibhubhise injabulo yethu

Izinhliziyi ezidabukile nemicabango ephukile
iyangidonsela, kungakhathaliseki ukuthi ikude kangakanani
Yandisa imingcele yombuso wakho wothando
olukhazimulayo ukuze kancane kancane uhlanganise
umndeni wakho, omakhelwane bakho, umphakathi wakho,
izwe lakho, nawo wonke amazwe nezidalwa eziqaphelayo
Kumelwe futhi siqinise ingqondo yethu futhi senqabe
umthwalo wobuthakathaka bokucabanga nokuziphatha
obuzuzwe eminyakeni nezizukulwane. Lokhu kungcola
kumele kushiswe emlilweni wokuzimisela okusha kanye
nesenzo esikhiqizayo. Ngale ndlela eyakhayo, umuntu
ozinikele ngempela angafinyelela emkhawulweni
.wenkululeko nenkululeko

Sebenzisa amandla angenamkhawulo angaphakathi
kuwe ukuze ukwazi ukudlala indima yakho ehlonishwayo
esiteji sempilo

Lapho nje umuntu eqala ukukhulekela izimpahla, imali,
udumo, noma yini enye ngaphandle kukaNkulunkulu,
ukungajabuli kuba yinto yakhe Labo abagxila konke ukunaka
kwabo kulezi zinto empeleni bayazikhulekela, ngakho-ke
abasondeli kuNkulunkulu kodwa kunalokho bayasuka kuYe.
Kodwa labo abacabanga ngoNkulunkulu, bazindla ngaYe,
futhi baxhumana naye ezinhliziyweni zabo basondela kuYe
futhi bathole injabulo yangaphakathi ekuxhumaneni kwabo
.buthule naYe

UNkulunkulu kuphela okwazi ukugcwalisa amaphupho
abantu kanye nethemba lenjabulo ehlala njalo. Ngakho-ke,
akukho lutho okufanele luvunyelwe ukuthatha indawo
.kaNkulunkulu enhliziyweni

Kunezimpawu ezingcwele ezingasiza umfuni
ukukhumbula uNkulunkulu nokusondela kuYe. Kodwa-ke,
uma umuntu eqala ukukhulekela lezi zimpawu, ukulimala
kwakhe kuzodlula inzuzo yakhe. Ukukhulekela kufanele
kuqondiswe kuNkulunkulu kuphela, ngoba akukho okunye
.okufanele ukukhulekelwa

Kungakhathaliseki ukuthi ukukhulekela okungokwesiko
kuyini, kuyamukeleka kuNkulunkulu uma nje umkhulekeli
ekwenza ngokuqonda okungokomoya nokulangazelela Yena.

Kodwa-ke, abantu abaningi abaqondi ingqikithi
yokukhulekela, futhi imicabango nezinhliziyi zabo
ziphambukile kuNkulunkulu ziye emikhosini, ngaleyo ndlela
.zingazuzisi kakhulu ekukhulekeleni kwabo

Abakhulekeli beqiniso abavumeli ukuqonda kwabo
kuvinjelwe kunoma yisiphi isithombe noma isimo, kodwa
bagxila ngothando olujulile kanye nokunaka okugcwele
emoyeni waphezulu ongemuva kwazo zonke izithombe
.nezinhlabo

UNkulunkulu uphelele futhi akanamkhawulo, futhi
akukho sithombe noma isithombe esingamthwala
Kungashiwo ukuthi uNkulunkulu uzibonakalisa kuwo
wonke umuntu omthanda ngobuqotho futhi ovumelana
Naye, ngoba ukhona yonke indawo ngakho-ke ukhona kuwo
wonke umuntu. Nokho, akuwona wonke umuntu onekhono
lokubonakalisa ubukhona bukaNkulunkulu. Ilanga likhanya
ngokulinganayo kokubili kumalahle kanye nedayimane,
kodwa idayimane liyamukela futhi libonise ukukhanya
.kwelanga, kuyilapho ilahle lingenakukwazi
Ngokufanayo, bonke abantu bacwiliswe ekukhanyeni
kukaNkulunkulu, kodwa bambalwa kuphela abakwaziyo
ukwamukela lokho kukhanya futhi bakubonakalise

emicabangweni nasezenzweni zabo. Ukuze benze kanjalo,
kumelwe bazihlanze ngokuzindla nangokulandela
.izimfundiso nemiyalelo yaphezulu

Uma sibiza igama likaNkulunkulu, kumelwe siqaphele
ngokujulile nangobuqotho lokho esikushoyo Uma
ubungabona imicabango yabantu ngesikhathi somthandazo,
ubungathola ukuthi iningi labo licabanga ngakho konke
ngaphandle kukaNkulunkulu, yize bebiza igama Lakhe!
.Umthandazo onjalo awunazithelo futhi awunamsebenzi
Uma sithandaza, kufanele silwele ukugxila izingqondo
zethu zonke kuNkulunkulu, kunokuba simane siphindaphinde
igama Lakhe elibusisiwe ngenkathi sivumela imicabango
yethu ukuba izulazule. Omunye womalume bami wayevame
ukusho imithandazo yakhe phezu kwamabhere omthandazo,
okwakungavamile ukuba aphume esandleni sakhe. Kodwa
wavuma kimi ngolunye usuku ukuthi naphezu kokwenza lo
mkhuba wokuthandaza iminyaka engamashumi amane,
uNkulunkulu wayengakayiphenduli imithandazo yakhe.
Akumangalisi! "Imithandazo" yakhe yayiyinto nje yomkhuba
.wokukhathazeka

Uma sithandaza, akufanele sicabange lutho ngaphandle
kukaNkulunkulu. Kufanele silwele ukuba qotho
ekukhulekeleni kwethu futhi sizinikele ekunxuseni kwethu.
Ukusebenzisa ubuhlalu bomthandazo nokubiza igama
likaNkulunkulu njalo kuyamukeleka ngokuphelele uma
umkhuba usuka enhliziyweni futhi usekelwa ubuqotho
nengqondo egxile. Kodwa-ke, lo mkhuba ungaba
.ngokuzenzakalelayo ngokuhamba kwesikhathi
Kumelwe sihlebele igama likaNkulunkulu ezinhliziyweni
zethu, ngokulangazelela nangothando lwaphezulu; lokhu
kuwukukhulekela kweqiniso okuthinta inhliziyo kaNkulunkulu
Ukubiza igama likaNkulunkulu ngokubandayo nangengqondo
ezulazulayo kuwukuhlambalaza nokungahloniphi Lapho
umuntu ethandaza, inhliziyo nengqondo yakhe kumelwe
igcwale uthando lukaNkulunkulu

O Nkosi, Wena uyiNkanyezi yaseNyakatho yaphezulu
lapho imicabango yami yokuzulazula iqondiswa khona
olwandle oluyaluzayo lwezilingo nezinsizi
Ukuzijwayeza ukugxila engqondweni ngokusebenzisa
izivivinyo ze-yoga eziphakeme kusiza ukusondela
kuNkulunkulu, umthombo ophakeme wenkazimulo
nobukhazikhazi, njengoba nje kusiza ukucabanga
ngoNkulunkulu nokuxhumana naye
Kubalulekile ukunikela usuku olulodwa ngesonto
ekuphumuleni ngokomoya (uma kungenzeka) ukuze
ucabange ngoNkulunkulu futhi uzizwele ukuthula, ukuthula,
nokuthula kwangaphakathi Isikhathi esichithwa ngale ndlela
sizoba umuthi oduduzayo ezinkingeni nasezinkingeni
.ohlangabezana nazo phakathi nesonto lonke
Wonke umuntu udinga ukuchitha usuku olulodwa isonto
ngalinye eyedwa noma "ekuphumuleni ngokomoya" ukuze
aphulukise amanxeba nezinhlungu zakhe ezingokomzwelo
Lapho lolo suku luba lokuthula, injabulo, nokwaneliseka,
.uzolulinda ngokulangazela isonto nesonto
Ukuba wedwa kuyintengo yobukhulu Uzomangala
ngemiphumela emihle ezotholakala engqondweni yakho,
emzimbeni, nasemphefumulweni wakho ngalokhu kuhoxa
ngokomoya kanye nokuxhumana nomoya wakho kanye
noNkulunkulu. Uma ufisa injabulo yangempela, kumelwe
uzicwilise olwandle lokuthula kwaphezulu ekuseni kakhulu
.lapho uvuka, futhi nangaphambi kokulala ebusuku
Izihlakaniphi zaseNdiya azicebisi usuku olulodwa
lokuzihlukanisa, kodwa zigcizelela isidingo sokuzindla
buthule ngezikhathi ezine eziqondile nsuku zonke Ekuseni,
ngaphambi kokuvuka nokubona noma ubani, umuntu
kufanele ajabulele ukuthula nomuzwa wokuthula Emini,
umuntu kufanele athulise ingqondo ngaphambi kwesidlo
sasemini, futhi aphinde ajabulele isikhathi sokuthula
ngaphambi kwesidlo sakusihlwa Ekugcineni, ngaphambi

kokulala ebusuku, umuntu kufanele angene esimweni
sokuthula futhi

Labo abagcina ukuthula ngenkuthalo ngesikhathi
bebodwa futhi phakathi nalezi zikhathi ezine zansuku zonke
nakanjani bazozwana noNkulunkulu Labo abangakwazi
ukugcina zonke lezi zikhathi kufanele banikele okungenani
amahora asekuseni nakusihlwa kulokhu. Ngokwenza kanjalo,
izimpilo zabo zizoguqulwa zibe ngcono, futhi bazozwa
injabulo yangempela; okuhlangenwe nakho kuwubufakazi
.obuhle kakhulu

Uma uqhubeka nokubhala nokusayina amasheke
ngaphandle kokufaka imali eyanele ukumboza i-akhawunti
yakho yasebhange, imali yakho izophela. Kunjalo
nasempilweni yakho. Ngaphandle kokufaka njalo ukuthula
ku-akhawunti yakho yokuphila, amandla akho azophela,
ukuthula kwakho kuzophela, futhi injabulo yakho izophela.
Ngamafuphi, ekugcineni uzohlupheka ngokomzwelo,
ngokwengqondo, ngokomzimba nangokomoya. Kodwa
ukuzindla okujulile nsuku zonke ngoNkulunkulu kuzogcwalisa
.i-akhawunti yakho yemizwa

Umuntu ofuna uNkulunkulu ngobuqotho uzindla nsuku
zonke, ekhuluma noNkulunkulu ngothando lonke kanye
nokulangazelela enhliziyweni yakhe, emncenga ukuba
aziveze. Uma ungumthandi kaNkulunkulu futhi ulangazelela
ukuzwa ubukhona bakhe, kumelwe ucwilise ingqondo
nomzimba wakho ekuthuleni kwaKhe, futhi impilo
izokumomotheka, futhi izindaba zakho zizothuthuka
.ngezindlela eziningi

Umuntu ozolile akavamile ukwenza iphutha, futhi
uphumelela lapho izinkulungwane zabanye zihluleka khona
Labo abangacabangi ngoNkulunkulu noma
abangamkhathaleli bayacindezeleka futhi babe lusizi.
.Bayacasuka futhi baphenduke imishini yokuhamba
Ilanga lokuhlakanipha nokuthula lizophuma
esibhakabhakeni sokuthula futhi lizogeza impilo yakho

emisebeni yalo yokuphulukisa uma nje wenza umzamo
ongokomoya futhi unikeza uNkulunkulu indawo yokuqala
.enhliziyweni yakho

Inyanga eyodwa ikhanya kakhulu kunezinkanyezi zonke
zihlangene llanga, elibonakala lincane, lixosha ubumnyama
endaweni enkulu ngokuphindwe izigidi kunalo. Ngokufanayo,
umuntu omuhle, ngokuba khona nje emhlabeni, ukhipha
ukudlidliza okuphikisana nokuthulisa okuningi kokudlidliza
.okukhishwa abantu ababi

Usuku lokuzindla kufanele futhi lube usuku lokuphumula
kwengqondo nokwenyama kanye nokuhlakulela ukuthula
kwangaphakathi Noma yimuphi umsebenzi oveza
ukuhlakanipha nokuthula uwumsebenzi obusisiwe ngalolo
suku

Ngokuphathelene nokuhlonipha abazali, izincwadi
ezingcwele zitusa ukubaphatha kahle: “Hlonipha uyihlo
”nonyoko” kanye nokuthi “Yiba nomusa kubazali
Abazali abangabantu kufanele bahlonishwe
njengabameleli bakaNkulunkulu, owabapha isipho sokudala
isintu. Umama uyisibonelo sothando lukaNkulunkulu
olumsulwa, ngoba umama onothando uyathethelela lapho
kungekho omunye umuntu ozothethelela khona. Ubaba
ungukubonakaliswa kokuhlakanipha kukaNkulunkulu
.nomvikeli wabantwana Bakhe

Umuntu akufanele athande uyise nonina ngaphandle
kukaNkulunkulu, kodwa njengokubonakaliswa kothando
Lwakhe oluvikelayo noluhlakaniphile. Umoya ophakeme
waphezulu uba ngubaba nonina ukusiza ingane; ngakho-ke,
.kufanele uhlonishwe kubazali

Imibhalo isiyala futhi ukuba singabulali ngenxa
yokubulala, ngoba umuntu uba ngumbulali. Umuntu
akufanele abulale omunye ngesikhathi somzwelo ojulile.

Kodwa-ke, uma abathandekayo besongelwa, umuntu
kumelwe alwe ukuze avikele labo uNkulunkulu abaphathise

bona, ngoba kungumsebenzi ongcwele ukuvikela umndeni
.nezwe lakho

Ngokuphathelene nokuvinjelwa kokuphinga, inhloso
enhle yokuhlangana ngokocansi kufanele kube ukuzala
abantwana abadalwe ngomfanekiso kaNkulunkulu kanye
nokubonakaliswa kothando oluhlanzekile oluzwa
ngabalingani ababona uNkulunkulu komunye nomunye Labo
abaphila kuphela ezingeni elingokwenyama, ngaphandle
kokunaka uthando lweqiniso noma injongo ephakeme
okwadalelwa yona isifiso sobulili, bayaphinga ngokwalo
myalo. Kulokhu, abahlukile ezilwaneni ezanelisa izifiso zazo
.zobulili bese ziqhubeka nendlela yazo
UNkulunkulu wadala lo mdlandla wokudala kwabesilisa
nabesifazane wokuzala nokubonisa uthando lweqiniso
emshadweni, futhi akufanele lusetshenziswe kabi ngenye
indlela, kodwa kunalokho luguqulwe lube umsebenzi
.ongcwele nolwazi

Uma ungakwazi ukulawula nokusabalalisa amandla
ocansi ngaphakathi kwakho, uzokwazi ukuthuthukisa
amakhono amakhulu engqondo okubhala, ukudweba, noma
.okwembula amakhono afihliwe ngezinye izindlela eziningi
Futhi lapho ekugcineni usukwazi ukulawula nokuguqula
ngokomoya umsebenzi wokudala, uzothola ukuthula
okukhulu, uthando olukhulu, kanye nenjabulo engokomoya
.ekhulayo

Osanta nabaholi abangokomoya abashintshe ubulili
babo ngokomoya bayiziqhwaga ezikwazi ukwenza imisebenzi
emangalisayo nemangalisayo emhlabeni nasekufuneni
.iqiniso ngendlela engavamile

Ngakho-ke, ukusetshenziswa okuphezulu kwesifiso
sobulili ukuphakamisa amandla aso, okungukuthi,
ukuhambisa amandla aso enjongweni ephakeme ukuze
kubonakaliswe ukuhlakanipha, izimiso eziphakeme, kanye
nezimiso ezingokomoya Umuntu akufanele athole injabulo
emicabangweni yobulili noma afise lokho okwenqatshelwe.

Lapho lolu hlobo lokuzithiba selufeziwe, umuntu uzoba
.nombono oqinile ngocansi kanye nenjongo yalo ephakeme
Ukuba yisigqila sezindaba zocansi kusho ukulahlekelwa
yimpilo, ukuzithiba, nokuthula kwengqondo, futhi
.ngamafuphi, zonke izinto zenjabulo umuntu azidingayo
Izincwadi ezingcwele zisikhuthaza futhi ukuba singabi
Uma iqembu labantu abayinkulungwane lingantshontshana,
ngamunye uzoba nezitha ezingu-999 Ngakho-ke, umuntu
akumelwe aphule amalungelo abanye, noma athathe izwe
lakhe, ukuthula, uthando, isithunzi, noma noma yiziphi izinto
zakhe ezibonakalayo noma ezingokomoya Uma ungazizwa
unesifiso sokuthatha okungekona okwakho, okudingayo
noma okufisayo kuzokuza kuwe Ubusela buqala
engqondweni lapho umuntu eqala ukuba nomona nabanye
Imbewu yezifiso ezimbi kumele isuswe engqondweni
Ububele obungokomoya yindlela Khona-ke, umuntu
uzodonsela inala ngokwemvelo, futhi izibusiso zizogeleza
kuye zivela emithonjeni ayaziyo kanye nemithombo
angayazi Lona umthetho waphezulu ongenaphutha
Ngokuphathelene namasela nabantu abanobugovu, bachitha
izimpilo zabo bexosha izinto ezibonakalayo, amehlo abo
ahlala ebheke kulokho abanye abanakho, noma ngabe imali
yabo igcwele igolide
Ngaphandle kokuba ubugovu bezinto ezibonakalayo
bungashiywa, umhlaba awukwazi ukujabula
Injabulo itholakala kuphela ngokubambisana
ngokomoya. Ifika lapho umuntu ezwa izidingo zabanye
njengokungathi zezakhe futhi esebenzela abanye njengoba
.ezisebenzela yena
Omunye umyalo obalulekile ukugwema ukufakaza
amanga Ukulimaza umuntu ngokuhlanekezela iqiniso
kungenye indlela yokuphazamisa ukuvumelana komphakathi
Uma umuntu efisa ukuphathwa kahle, kufanele aphaathe
abanye ngendlela efanele Iqiniso kufanele lishiwo njalo,
kodwa kufanele kwenziwe umehluko phakathi kokusho

iqiniso nokusho amaqiniso nje Ukubiza umuntu
njengoyisilima noma oyimpumputhe kuyalimaza futhi
kuyalimaza; umuntu kufanele aqaphele imizwa yabanye
futhi agweme ukubaphoxa Ngokufanayo, ukwembula iqiniso
elingakhaphela umuntu ngaphandle kwenhloso enhle nakho
akulungile Ngakolunye uhlangothi, umuntu akufanele
aqambe amanga ukuze agweme ukukhuluma iqiniso;
kunalokho, umuntu angathula ezimweni ezithile ukuze
agweme ukuhlazisa noma ukulimaza abanye
Umuntu kumelwe aqaphele umona, isifo esibhubhisayo
esidla ukuthula komphefumulo. Uma umuntu efisa kakhulu
okwabanye, kulapho injabulo nosizi lwakhe luba lukhulu
khona. Umuntu onomona uphila impilo enezinkinga, engazi
ukuthi ukuthula kunjani. Kungcono kakhulu ukuba
azihloniphe, athembele kuye, futhi afune ingcebo
.engokomoya yangaphakathi
Isithunzi somuntu kanye nokubaluleka kwakhe
kwangaphakathi kukhulu kakhulu kunanoma yini angase
ayifise noma ayifisele ukuba nayo. UNkulunkulu ubonakala
kuwo wonke umuntu ngendlela engabonakali kunoma
yimuphi omunye umuntu. Ubuso bakhe abufani nobanoma
ubani omunye, futhi umphefumulo wakhe awufani
nowanoma ubani omunye, ngoba ngaphakathi kubo kukhona
ingcebo enkulu kunazo zonke izidalwa—futhi leyo ngcebo
enkulu kakhulu uNkulunkulu
Sifuna izimpilo zethu zikhanye futhi zichume ngezenzo
ezinhle, zibe nephunga elimnandi lenjabulo, futhi ziphile
phakade enkumbulweni yalabo abasazisayo
Uma umuntu enokholo olufanele futhi enza ngokufanele,
ujabula kakhulu kunalabo abangenalo ukholo futhi
.abangawenzi imisebenzi yabo empini yokuphila
Ukholo oluqinile kanye nesenzo sokulunga (okusekelwa
yizisusa ezinhle kanye nezinhloso ezinhle) kuhlala kukhona
noma kuphi lapho kukhona khona injabulo, futhi kulahleka

lapho injabulo ingekho. Kulokhu, singaphetha ngokuthi
kuyimibandela emibili ebalulekile yenjabulo,
engenakufinyelelwa ngaphandle kwayo. Labo abafisa
injabulo kudingeka babe nalezi zinto ezimbili eziyisisekelo,
.eziyizisekelo zayo nezinsika zayo

Abantu abakwazi ukulawula, ukushintsha, noma ukusula
izingxenye ezingenamkhawulo zendawo yonke ngokuthanda
kwabo. Lezi zingxenye zihlanganiswe ngendlela
eyinkimbinkimbi nesakhiwo sokuphila komuntu, futhi abantu
abakwazi ukusebenza bodwa kuzo. Kodwa-ke, abantu
bangakwazi ukulawula izingqondo zabo ukuze
bazivumelanise nalezi zingxenye futhi bagweme ukulimala
.yizo

Okhokho bethu babejabule kunathi hhayi ngoba
babenezinto eziningi zezwe nezinjabulo kunathi manje, noma
ngoba babengaziboni izinkinga zokuphila, kodwa ngoba
babenebhalansi yengqondo eyayibanika induduzo, ukuthula,
.ukwaneliseka, kanye nenjabulo emfushane

Abazange bathembele ezimweni zangaphandle ukuze
bathole injabulo yabo, futhi abazange banqotshwe yizimo
zangaphandle ezazizobaphuca yona Imizwa yabo
yenduduzo, ukuthula, injabulo, nokwaneliseka
yayingokwemvelo, ijwayelekile, inempilo, futhi ihlala njalo
Nathi, kufanele sihlakulele le mizwa uma sifisa ukuba
?nenjabulo Futhi ubani phakathi kwethu ongenayo

Isiphetho siwumphumela wokusebenzisa inkululeko
yokuzikhethela esikhathini esidlule. Ngemikhuba yethu
yenkululeko yokuzikhethela esikhathini esidlule, sizilethele
futhi siyaqhubeka nokuzilethela isiphetho nesiphetho.
Kodwa-ke, asiboshiwe yisikhathi esidlule, futhi
asivinjelwanga yimiphumela yezenzo zethu.
Singakuhlanekezela lokho esikuhlwanyele futhi sisule lokho

esikubhalile uma sifisa futhi silwela ukulungisa inkambo
.yethu futhi sithuthukise ikhwalithi yesivuno sethu
Uma sisusa imbewu yezenzo nemiphumela ebuhlungu
futhi sitshala endaweni yazo imbewu efaneleka kakhulu
ngokwemvelo yomphefumulo, ngokuqinisekile sizovuna
izithelo zenjabulo kulezo zimbewu ezinhle ezihlwanyelwe
emhlabathini womphefumulo. Kumelwe sisebenzise
inkululeko yokuzikhethela manje, manje hhayi kusasa, uma
sifisa ukuthola injabulo enkulu noma ukunciphisa
.ukuhlupheka nobuhlungu

Ngakho-ke, izimo zenjabulo zingaphakathi kumuntu,
futhi okumelwe akwenze nje ukubhekana ngokungathi sína
naleyo ndlela engaphambuki, futhi imiphumela izoba wusizo
kuye uma enza ukuhlolwa okungcono kakhulu futhi
.ebhekana nakho

Nkosi, sengathi umphefumulo wami ungagcwala
amandla akho, inhliziyo yami ngokuba khona kwakho
okududuzayo nokunesihawu, ingqondo yami
ngokuhlakanipha kwakho, nomphefumulo wami ungagcwala
.ukuqonda kwakho kwaphezulu

Enhlabathini yezinhliziyu zenu, imbewu yothando
iyakhula. Nisela leyo mbewu ngamanzi othando oluphelele
.kanye nozwelo oluphelele

Amandla engqondo awanamkhawulo futhi ngenxa
yalokho, uma ucabanga ngokujulile nganoma yisiphi isihloko,
uzothola impendulo yanoma yimuphi umbuzo ohlobene
.nalesi sihloko

Uma umuntu enikela wonke umsebenzi wakhe
nemisebenzi yakhe ekukhonzeni abanye futhi ekufeza
ngendlela egculisayo, khona-ke kufanele ngempela
.acabangelwe futhi abongwe

Akufanele sibe nohlangothi olulodwa. Kunalokho,
kufanele silinganisele imisebenzi yethu futhi sibeke phambili
umsebenzi wethu kanye nemisebenzi yethu, kuye
.ngokubaluleka kwento ngayinye

Umsebenzi yilowo msebenzi umuntu awenza ngenjabulo
hhayi ngenxa yenzuzo yezinto ezibonakalayo, futhi
umsebenzi ongokomoya nowokuziphatha kufanele uze
kuqala ekuphileni
Wonke umuntu unamandla angakasetshenziswa. Unawo
wonke amandla adingekayo. Inggondo ngokwayo
ingamandla aphezulu, futhi kumelwe ikhululwe emikhubeni
.nasemicabangweni esiphelelwe yisikhathi nenemingcele
Ithonya lamaplanethi nezinkanyezi empilweni yomuntu
libangelwa amandla angenelelayo okukhanga nokuxosha
.phakathi kwamaplanethi nemizimba yabantu
Imicabango emibi iholela umuntu endaweni eyingozi
lapho engaziveza khona ngokwezifiso zakhe. Kodwa-ke,
umuntu angashintsha imicabango yakhe kanye nokuqonda
kwakhe ngamandla okuzimisela, futhi ngenxa yalokho,
indawo yakhe. Uma umuntu ehlala endaweni eyingozi
isikhathi eside, leyo ndawo iqala ukumthonya ngokungazi.
Ngokuhamba kwesikhathi, ulahlekelwa ngokuphelele
inkululeko yakhe yokukhetha indawo enemphilo nenempilo
futhi abe ngaphansi kwamathonya amabi aleyo ndawo
eyingozi. Labo abanamandla okuzimisela, ngakolunye
.uhlangothi, bavumelana noNkulunkulu

Amandla engqondo agxilile

Uma ugxilisa ukukhanya kwelanga ngengilazi ekhulisayo
endaweni encane, kukhiqiza ukushisa, futhi lokho kushisa
kungavuthisa ukhuni, indwangu, iphepha, nokuningi.
Ngokufanayo, uma ugxilisa ingqondo yakho ngokunembile,
amandla ayo agxilile angashisa izimpande zokungabaza
ngemuva kokuhluleka ngakunye futhi avumele ukukhanya
.kokuhlakanipha kukhanye ngokukhanyayo
Uma ingqondo ivumelana noNkulunkulu, umthombo
wabo bonke ubuhle kanye nomsuka wawo wonke amandla

abusisiwe, iyaqaphela ubukhona bukaNkulunkulu futhi ibe
nazo zonke izici zempumelelo. Lezi zinto zihlobene eduze
namandla amakhulu kaNkulunkulu, ezikwazi ukudala
.amathuba amasha empumelelo kunoma yimuphi umkhakha
Izinkinga nobunzima buvela ekuntuleni komuntu
ukuqaphela izenzo zakhe zangaphambilini, ezenziwe
ngesikhathi esithile nendawo ethile Ukuhlupheka kwabo
kwamanje kuvela emicabangweni nasezenzweni abazishoyo,
ezagxila emhlabathini wokuqonda kwabo, zahluma zaba
isitshalo futhi zathela izithelo ezibonisa izici zalezo
.micabango nezenzo

Izilingo nezinsizi azizi ukuzophula umuntu noma
ukukhubaza intando yakhe, kodwa ukumenza aqonde
ubukhulu bukaNkulunkulu futhi ahloniphe imithetho yaKhe,
lapho angathola khona injabulo yangempela uNkulunkulu
akathumeli lezi zivivinyo ezinzima ngoba ngokuyinhloko
zenziwe ngabantu. Okudingekayo esintwini ukuvusa
ingqondo yaso ebuthongweni bayo bokunganaki nokuphuma
.ebumnyameni bokungazi siye ekukhanyeni kolwazi
Esikhathini esiningi, izinzwa zethu zisithembisa injabulo
yesikhashana kodwa ekugcineni zisilethela ubuhlungu
nokuhlupheka okuhlala isikhathi eside. Ubuhle beqiniso
nenjabulo, nokho, kuthembisa okuncane, kodwa ekugcineni
kusinika injabulo emsulwa nehlala njalo. Yingakho ngibheka
injabulo yangaphakathi nehlala njalo njengenjabulo
yangempela, kanye nenjabulo yesikhashana njengenjabulo
.nje

Uma ubheka ilanga usuka ezigidini zamakhilomitha
emkhathini, leyo nkanyezi enkulu ibonakala incane kakhulu
.kunoMhlaba wethu
Kodwa-ke, ububanzi boMhlaba bungamakhilomitha
angaba ngu-7,900, kanti ububanzi beLanga bukhulu

ngokuphindwe kayikhulu kunoboMhlaba. Uma ubungabeka
iplanethi yethu uMhlaba ngqo phambi kweLanga,
ibingabonakala njengechashazi elincane uma liqhathaniswa
.neLanga

Ake sithi insimu enamandla yelanga iyanda futhi iyanda
kuze kube yilapho ubukhulu bayo obukhulu bugwinya
isibhakabhaka esiluhlaza okwesibhakabhaka sonke.
Isibhakabhaka esisibonayo siyingxenye encane nje,
empeleni incanyana encane, yesikhala esigcwele indawo
.yonke engenamkhawulo

Ngisho noma ilanga lingaqhubeka nokukhula futhi
linwebeka emkhathini unomphela, belingeke likwazi
ukuhlanganisa okungapheli

Inkohliso ye-cosmic yobuncane kanye nomkhawulo
inciphisa futhi ivimbele ingqondo ekuboneni ukuthi ubukhulu
be-cosmic

Lokhu kungabi nalutho okuphelele kuvelaphi, futhi
?ikuphi imingcele yako

Lowo ongekho ngaphansi kobukhulu noma izilinganiso,
ongenamkhawulo noma imvelaphi, nguNkulunkulu, okuyo
yonke indawo futhi okhona ezindaweni ezikude kakhulu
zesikhala. Usezinkanyezini ezikude, Njengoba nje ekhona
ngaphakathi kuwe nangaphakathi kwami, uyazi kahle yonke
indawo ayithathayo, kungakhathaliseki ukuthi incane noma
inkulu kangakanani

Isikhathi esidlule asikaziwa iningi labantu, ngaphandle
kwabantu abambalwa abakhethiwe abakhanyiselwe Kodwa-
ke, ukungazi kwethu ngesikhathi esidlule nakho kuyasizuzisa
Ngoba ukube besazi konke esikwenzile kulokhu kuphila
nakwezimpilo zangaphambilini, besizokhungathekiswa
yizenzo zethu eziningi futhi sidideke ngokuphelele Intando
yethu ingase ikhutshazwe ngisho nokushaqeka, okusenza

singakwazi ukuqhubeka nemisebenzi yethu futhi kusishiye
siyisisulu sokuphelelwa yithemba Ngisho nakule mpilo
yasemhlabeni, ukukhohlwa kuyisibusiso esivela
kuNkulunkulu, okuvimbela imicabango nemizwa yethu
ukuthi ingadliwa yizinkumbulo zesikhathi esidlule,
ikakhulukazi ezibuhlungu nezibuhlungu Ngenhlanhla,
inhlansi yaphezulu ngaphakathi kithi ihlala ikhanya
ngethemba kanye nesifiso sokuqhubeka nohambo
olungapheli lokuphila Kumelwe simbonge uNkulunkulu
ngalezi zibusiso ezimbili: ikhono lokukhohlwa isikhathi
esidlule kanye nethemba lesikhathi esizayo

Akufanele siphethe ngokuthi isiphetho sibeka izithiyo
endleleni yenkululeko yokuzikhethela. Kodwa-ke, kumelwe
senze konke okusemandleni ethu ukuze simelane
namathonya amabi abantu abaningi abawabiza ngokuthi
isiphetho nesiphetho, futhi sisebenzise inkululeko yethu
yokuzikhethela ngokuvumelana nezinkolelo zethu
zangaphakathi, uma nje lezi zinkolelo zisekelwe okholweni
oluqinile futhi zisekelwe emithethweni yaphezulu,
ngaphandle kwayo umuntu angeke akwazi ukunambitha
.injabulo yangempela

Uma siqala isenzo, akufanele sesatshiswe yizimo ezimbi,
kodwa kufanele sibe nethemba ngezinga eliphezulu,
sinokholo oluphelele lokuthi akukho lutho olungavimba
ukusebenzisa intando nokusebenzisa inkululeko
.yokuzikhethela

Abantu bavame ukufana neqabunga elintanta phezu
komfula, futhi kumelwe bazikhiphe emsinga wemikhuba
ezenzakalelayo ebayisa emanzini okukhohlisa nokubhubhisa.

Iningi labantu libonakala lingenandaba futhi lizivumela
.ukuba likhukhulwe umsinga

Uma sehluleka ukufeza umgomo wethu, kuyamukeleka
ukuvuma ngokungaqondile ukuthi kwakukhona izithiyo
esazenza thina ezasivimbela ekufinyeleleni kuwo. Kumelwe
sikhuthazele futhi siphinde imizamo yethu ukuze sifinyelele
umphumela esiwufisayo. Kumelwe futhi siziqinisekise ukuthi
kungakhathaliseki ukuthi izithiyo nezinselele zingaba ziqine
futhi ziqine kangakanani, sisenamandla okuzinqoba. Ngisho
noma sehluleka naphezu kwayo yonke imizamo yethu,
asikho isidingo sokuphelelwa yithemba noma
ukukhungatheka, uma nje siqonda ukuthi intando yomuntu
inamandla kunesiphetho, esizenzele sona. Ngakho-ke,
akumelwe siyeke ukuzama, kungakhathaliseki ukuthi
sehluleka kangaki, ngoba kuhlale kuneminyango evulekile.
Kudingeka nje siqhubeke nokulwela nokuphinda umzamo
kuze kube yilapho sithola impumelelo. UNkulunkulu
uzosinika usizo uma nje sithembeke kuYe futhi senza
umzamo odingekayo. [Lowo ohamba endleleni uzofika lapho
eya khona, futhi lowo othembela kuNkulunkulu ngeke
adumazeke]

Uma umuntu efisa into ethile ngokujulile
nangokuphikelela, lesi sifiso asilokothi siphume
engqondweni yakhe, noma ngabe uya kuphi futhi
kungakhathaliseki ukuthi umatasa kangakanani.
Ngomsebenzi waso oqhubekayo nongakhathali, lesi sifiso
sinamandla amakhulu. Lokhu kuhleba kwangaphakathi
kunamandla futhi kuyasebenza kunokuncenga okwenziwe
ngomshini, okumane kushukumise izindebe. Yile ndlela labo
abathanda uNkulunkulu abenza ngayo. Bahleba uthando
lwabo ngaYe ngokungapheli, okuhleba kwabo okusuka
enhliziyweni kuhlala kungezwakali kuyo yonke imisebenzi

yabo yansuku zonke. Lokhu kuhleba okusuka enhliziyweni
akubaphazamisi noma kungqubuzane neminye imisebenzi
yabo. Njengoba isifiso sabo ngoNkulunkulu sikhula, uthando
lwabo ngaYe luyajula futhi lukhula, baze babone ubukhona
baKhe futhi babone ukukhanya kwaKhe ngeso
lomphefumulo. Banambitha injabulo enkulu futhi bazizwe
.benokuthula okungaphezu kokuchazwa

UNkulunkulu usithumelela izifundo esizidingayo
empilweni ukuze sizuze kuzo futhi sithole ukuqonda
nokuhlangenwe nakho Noma ubani ogwema lezo zifundo
uzophoqeleka ukuba azifunde kungakhathaliseki ukuthi
kuthatha isikhathi esingakanani

Isivivinyo ngasinye siba umngane uma sifunda kuso,
futhi singumbusi ononya uma sichitha ithuba futhi
silisebenzisa kabi ngokukhononda, inzondo, kanye
.nokwahlulela okubi

Uma sinokuqonda okunengqondo kanye nesimo
sengqondo esifanele ngokuphila, kuba kuhle futhi kungabi
nezinkinga

-

amacala engqondo

Umuntu akanakuhlala ethwele amagagasi enjabulo
phakade, ecwiliswe emanzini agcwele usizi, noma ecwiliswe
ekujuleni kwesithukuthezi Kuleli zwe lezinto ezimbili
eziphikisanayo, umuntu ojwayelekile ubhekene

nokuphakama nokwehla—ekhuphuka ngamagagasi enjabulo,
ecwila egodini lokunganaki, futhi ephonswa ngapha
nangapha amagagasi anamandla osizi—angavamile
ukubhekana nanoma yisiphi esinye isimo sokuqonda

Ukuvumela izimo ukuthi zishintshe imicabango yakho
ngale ndlela kusho ukunikela intando yakho esiphethweni
esingenasisekelo nesihlala sishintsha. Lokho umuntu
akudingayo ukuze aphile impilo ephumelelayo neyanelisayo
ukulinganisela kwengqondo, futhi lokhu kungafezwa kuphela
ngokucabanga okugxile kanye nokulawula amandla akhe
.emizwa

Ngisho nosizi olujulile luyaphola ngokuhamba
kwesikhathi, ngakho-ke akusizi ukuhlala ucabanga ngosizi
nsuku zonke zokuphila kwethu Ukuhlala ulila
ngokulahlekelwa othandekayo akusizi bona noma thina, futhi
akushintshi lutho Ngokufanayo, ukuhlakulela ukuzizwa
ungelutho noma ukuzijezisa ngamaphutha noma
ukwehluleka kwesikhathi esidlule akusizi; kwenza impilo ibe
lusizi futhi kuvimbele amandla engqondo

Akufanele sizivumele ukuba siwele emgodini wesimiso
esiyisicefe, ngoba leso yisimo sengqondo esingakhululekile
neze, njengoba siphazamisa ingqondo futhi sishisa
.amakhono afihliwe esithandweni sokunganaki

Ukwehluleka kumele kususwe ezimpandeni zako, futhi
amasimu okuphila kumele alinywe ngenkuthalo

nangokuzimisela futhi ahlwanyelwe imbewu yobuhle ukuze
.kuvunwe isivuno esikhulu, ngosizo lukaNkulunkulu
Yenza into engakaze yenziwe muntu ngaphambili—into
ezomangaza umhlaba Bonisa ukuthi amandla kaNkulunkulu
okudala asebenza ngawe

Abantu abanesimo sengqondo esizolile nesihloniphekile
basiza ekwenzeni imicabango yethu ibe namandla futhi
iphile kahle Akunzima ukunquma ukuthi umuntu uthola yini
ukudla kwakhe kwengqondo endaweni enokuthula noma
ephazamisayo Ukukhathazeka, ukucindezeleka, nokudideka
konke kuvela ekuzihlanganiseni nabantu abangalungile,
kungaba abangane noma izihlobo, okuholela emicabangweni
yokukhathazeka kanye nesimo sengqondo esikhathazekile

Umzimba uthola amandla nomsebenzi ekudleni
okungokwenyama, kuyilapho ukudla okune-magnetic
kunikeza umzimba nengqondo amandla okulula ukuwagaya
kunokudla okuqinile nokuwuketshezi okungenakushintshwa
.kalula kube amandla aphilayo

Uma ungakwazi ukuguqula ukungazi kube
ukuhlakanipha, ubuthakathaka nobuthakathaka kube impilo
namandla, bese uhamba ngokuzethemba nangesibindi—
ngisho wedwa—ezindleleni zokuphila, futhi uthole injabulo
yangaphakathi ngokuba nonembeza ophilayo noqaphile,
kanye nokholo olungenakunyakaziswa ebulungiseni
bukaNkulunkulu kanye nokunqoba kokulungile phezu
kokungalungile neqiniso phezu kokukhohlisa, futhi uma
usukulwela nsuku zonke ukuphakamisa imicabango yakho
emazingeni aphezulu nacwengekile, futhi unenhliziyo
enothando nebongayo kanye nezinhliso ezinhle kwabanye,
ukondleka kwakho kwengqondo kuzoba namandla, futhi

uzodonsela kuwe konke okuhle nokuzuzisayo—izinto,
abantu, nezimo—ezibalulekile ekuqhubekeni nohambo
lwakho oluya ogwini lokuphepha nokuphepha. Okokugcina,
uma uzama ukuthola okudingayo futhi wanelisekile ngalokho
uNkulunkulu akunikezayo, uzoceba emoyeni futhi waneliseke
kakhulu kunalabo abagcwele izifiso zezwe futhi abahahela
.injabulo yalo yesikhashana

Ububele buyibhuloho elixhumanisa yonke imiphefumulo
neminye imiphefumulo Ububele buyisango eliya kuyo yonke
inhliziyo

Uma umuntu efuna uNkulunkulu, okuwukuphela
komngane weqiniso ngaphezu kwabo bonke abanye, kuba
nokwenzeka ukwakha ubungane beqiniso kuzo zonke
izihlobo zabantu—ubungani bomndeni, bobuzalwane,
bomshado, nobungokomoya buyinto ebalulekile
ebudlelwaneni bomshado, futhi ukusondelana
ngokwengqondo nangokomzwelo, umuzwa wokukhangana
ngokomoya, nothando lweqiniso kufanele kube yinto eza
kuqala Labo abahluleka ukuhlukanisa phakathi kothando
lweqiniso nokukhangana ngokomzimba bayadumala
.ngokuphindaphindiwe

Uma umshado usekelwe emibonweni ephakeme kanye
nenhlonipho ehambisanayo, uba yinyunyana ejabulisayo
nephumelelayo phakathi kwemiphefumulo emibili enothando
nebambisanayo ekhulula imithwalo yempilo yomunye
nomunye futhi isuse izinkathazo zokuphila ngozwela
.oluhambisanayo nokuqondana okunobungane

Akekho ongangilawula noma athathe intando yami
ngaphandle kokuthi ngivumele imicabango nezenzo zabanye
zingithonye
Uma ugcina ukucabanga kwakho ezintweni ezibalulekile,
uzobona konke ngombono wezinto ezibonakalayo. Kodwa
uma usuphakamise ukuqonda kwakho esimweni
sokuqaphela okungokomoya, uzobona umsinga wokukhanya
kukaNkulunkulu ogeleza ngale kwazo zonke izinto, futhi
.uzobona konke ngombono ongokomoya

Nkosi, ngiyaqaphela ukuthi nginethuba elingapheli
lokuhlola amakhono ami nokuthola amandla ami
angokomoya Namuhla ngizogcwalisa imicabango yami
ngethemba futhi ngizihlukanise nezimo ezingathandeki
Ngizozijwayeza lokho okuzokhulisa umzimba wami, ingqondo
nomoya wami ngendlela elinganiselayo nevumelanayo

Ngizofaka izifiso eziphakeme esikhundleni sezinto
ezibonakalayo
Futhi ngizoqaphela ukuthi umoya wokwethembeka
uhlala unami

Umdanso wokuphila nokufa uhlala ukhona, kodwa
ngizozikhulula kuze kube phakade ngokusindisa ubuwena
bami obungokomoya Futhi lapho ngibhekene
nezivunguvungu zezilingo nosizi, ngizohamba ngesikebhe
sami esingokomoya ngiwele ulwandle lokuphila ngiye ogwini
oluphephile nolungcwele

Uma ngisebenza futhi ngidala, ngizokhumbula ukuthi
uNkulunkulu usebenza ngami. UyiNkosi yendawo yonke,
.futhi ngingaxhumana naye ngokuzindla ngokujulile Ngaye

Nkulunkulu wami othandekayo, ngiyaqaphela ukuthi
imicabango yami izongilethela ukwehluleka noma
impumelelo, kuye ngokuthi yimuphi umbono onamandla
kakhulu empilweni yami. Futhi ngizozama ukukhumbula
ukuthi welula isandla sakho sokusiza futhi ulungiselela
.indlela yempumelelo yami

Lapho izinhlekelele nezinhlekelele zingehlela, ngizobiza
amandla ami futhi ngiqinise ukuzimisela kwami ukuzinqoba.
Ngizoba gotho futhi ngithembeke ekusebenzelaneni kwami
nawo wonke umuntu, futhi ngizosakaza imicabango
yothando nezifiso ezinhle. Khona-ke uNkulunkulu
.uzongisekela ngamandla akhe nokuhlakanipha kwakhe

Izifo ezingokomoya kanye nokwelashwa kwazo
I-Master Paramhansa Yogananda

Zama ukucabanga ngeqembu labantu abangalingani
:futhi abangavumelani
Elinye linekhanda elincane elilingana nele-chickpea
!kanye nomzimba omkhulu olingana nekamela
Esinye sinesandla esinamandla njengesandla
sikaSamson noma sikaHercules kanye nomzimba
!onjengomzimba wesilwane esimfushane
Futhi eyesithathu inekhanda lendlovu enkulu kanye
!nomzimba wegundane elibi
Ingabe leso simo besingeke yini simangaze futhi
simangaze kuwe, noma sidabukise futhi sizisole, uma

ungabona ngokuzumayo isixuku salezo zidalwa
?sinokwakheka okungavamile nokungavumelani
Manje cabanga ngelinye iqembu labantu abavamile
ngesimo sabo nasekubukekeni, kodwa abangalingani
.ngokwengqondo futhi abakhubazekile ngokwengqondo
Njengoba nje izingubo zifihla amanxeba, izilonda,
nokunye ukukhubazeka ngokomzimba, nomzimba oqinile,
onempilo kanye nobuso obuhle, obukhazimulayo kufihla izifo
eziningi zengqondo ezingathi sína kanye nokukhubazeka
.kokuzalwa

Uma ubungahlangana nesixuku esikhulu sabantu
abavamile abahlukile ngokubukeka kwabo okuhle kanye
nempilo enhle, futhi uma ubukwazi ukungena emizimbeni
yabo yengqondo ngombono wakho ongokomoya,
ukumangala bekuyoba okumangalisayo, futhi ungase
.unqotshwe ukudabuka okukhulu ngalokho obungakuthola
:Ungabona imizimba yabo yengqondo kanje

Inggqondo imelelwa yikhanda, izinzwa nemizwa
umzimba, kanye nentando ngezandla nezinyawo konke
.okungajwayelekile, okugulayo, nokukhubazeka

Uzothola ukuthi abanye banekhanda elincane
elinokuhlakanipha okungakathuthuki, elibekwe emzimbeni
.obuthakathaka ogcwele izifiso zobugovu nezifiso zenyama

Uzothola nokuthi abanye abantu banomzimba
ongenawo umuzwa namandla, yize benengalo ethuthuke
.kakhulu futhi esebenza kahle

Abanye bangase babe nobuchopho obukhulu,
obunobuciko, kodwa uzwela lwabo kanye nekhono labo
lemizwa kuyaphazamiseka futhi kuyaphela. Kukhona nesinye
isigaba sabantu abanomzimba ojwayelekile nowengqondo,
kodwa amandla abo okuzimisela nokuzithiba abuthakathaka
.noma akhubazekile

Futhi uhlu lwezinto ezibonwe luyaqhubeka futhi

!Kwangathi ungaphila isikhathi eside

Ukuphambuka kwengqondo okungenakubalwa
emizimbeni yengqondo okungathuthuki kahle kwezinye izici
futhi okuthuthuke ngokweqile kwezinye kukhona ngempela -
nakuba kufihliwe - kubantu. Kubabangela ubuhlungu
bengqondo futhi kubavimbele ekuboniseni amakhono abo
.njengoba kufanele aboniswe

Ukubhekana nezinye izifo zengqondo lapha kungasiza
ekuboneni izimbangela eziyisisekelo zazo zonke izinkinga
zabantu, ukuze okungenani zaziwe yibo bonke abahlushwa
yizo, ngisho nangokungazelelwe, ukuze baqonde uhlobo
lwalezo ziphambeko, izimpawu zazo, kanye nokungena
kwazo buthule engqondweni, ukuze bakwazi ukuvimbela
.ukubhujiswa kwazo okukhukhulekayo kokuthula nenjabulo
ukudabuka okungokomoya

Lesi sifo sisakazeke kakhulu phakathi kwalabo
abangasebenzi ngokwengqondo nangokomzimba ngesizathu
sokuthi bagxile kakhulu ezindabeni ezingokomoya. Laba
bantu abahluphekile bayayishaya indiva imisebenzi emikhulu
nemincane yokuphila kwezinto ezibonakalayo becashe
ngokukhonza uNkulunkulu, ngaleyo ndlela bezivulela
kuSathane, ongabalimaza kakhulu. Bahlushwa ukuphelelwa
yithemba kanye nokungaqondisi nganoma yini ezuzisayo
noma enhle ebazungezile. Lesi yisifo esithathelwanayo, futhi
bonke labo abanezifiso ezingokomoya kumele basiqaphele
futhi bazikhulule kuso ngokugcina amandla abo ephila njalo
kanye nokuzivikela kwabo kuqinile ngokucabanga okuhle,
umbono onethemba, kanye nomsebenzi onempilo
.nokhiqizayo

ukungagayi kahle okungokomoya

Lokhu kwenzeka ngenxa yokungahleliwe
(ukuxhamazela), okungukuthi, ukungenisa ngokushesha
inqwaba yemithi ye-psychotropic eyenziwe kakade
ebhaliswe ngaphansi kwamagama akhazimulayo, futhi
ethulwa ngesimo sezincwadi nezifundo ezingokomoya

mbumbulu “ngodokotela abangokomoya” abanolwazi
.kwezobuciko bokukhohlisa nokuthakatha

Lesi sifo asigcini nje ngokubulala indlala engokomoya
yokwazi iqiniso, kodwa futhi sibhubhisa ikhono lokuhlukanisa
phakathi kokuhle nokubi, okuzuzisayo nokulimazayo
Lowo ohlala edla imibono yenkolo futhi ondla konke
okuwela ezandleni zakhe ngeke nje adle ngokweqile kodwa
futhi uzodla imibono enobuthi kanye newusizo, okuzoletha
ukugayeka kwengqondo futhi ngaleyo ndlela afe kancane
.ngokomoya

Ukutadisha ngokweqile nokuqhubekayo imibono
ehlukahlukene engokomoya neyefilosofi, ngaphandle
kokuqonda noma umzamo wokuyigaya nokuyihlola
ngokuhlangenwe nakho komuntu siqu ukuze kuqinisekiswa
ukuthi isebenza kahle, ekugcineni kudala ukungabaza,
ukunganaki, kanye nokungazethembi zonke izimiso
.nemithetho engokomoya

Intshisekelo kanye nokuzitika ngokweqile
Labo abahlushwa yilesi sifo baphila impilo echithwayo
nengenanjongo ngoba banemali nesikhathi esiningi, futhi
.ngoba abanayo injongo nokuqonda okufanele ngokuphila
Laba bantu baqhutshwa yizifiso zabo; benza noma yini
efika engqondweni futhi ibajabulise. Bagcwalisa izimpilo
zabo ngamanoveli ashibhile, angasho lutho, amafilimu
athakazelisayo, kanye nokuzijabulisa okungasho lutho,
okungenanjongo. Abaqapheli ukuthi bahlushwa yilesi sifo
esiyingozi baze babhekane nokushaqeka okukhulu noma
ukuphazamiseka kwemizwa—okungukuthi, ngemva kokuba
.umonakalo usuwenziwe
umkhuhlane wengqondo

Lesi simo sinelinye igama: ukuphelelwa yithemba
Umuntu akakaze azi ukuthi sizofika nini futhi sibhekane
nezimpawu zaso ezicindezelayo, njengokuphelelwa
yithemba, ukungabekezeleli, ukukhathazeka, kanye
nokungabekezeli Okubi nakakhulu, sivame ukuqhubeka

isikhathi eside, futhi izisulu zaso zivame ukubuyela kalula,
.ngisho noma zikholelwa ukuthi sezilulame ngokushesha
I-catarrh yengqondo

Lesi sifo sibangelwa ukuhlala ucabanga ngezinto
ezikhathazayo zezwe ezingapheli Labo abahlushwa yiso
bavame ukungakunaki ukusebenzisa isikhali samandla abo
okuzimisela futhi ngaleyo ndlela bazithoba ngokuzithoba
ekwesabeni kwabo okuqhubekayo esikhundleni sokubhekana
.nabo ngesibindi nokubaqeda besebancane
ukunamathela kwengqondo okungavamile
Izisulu zalesi sifo ziba nohlangothi olulodwa
ekuphishekeleni kwazo injabulo. Zikholelwa ukuthi injabulo
itholakala ekuqongeleleni ingcebo, ekuzuzeni udumo, noma
ekubeni nempilo noma amandla, zidela konke—impilo,
idumela elihle, ukuthula kwengqondo, udumo, nesithunzi—e-
altare lesifiso sazo esivuthayo. Sekwephuzile, ziyaqaphela
ukuthi impilo elinganiselayo kuphela, ehlonipha imithetho
yemvelo kanye nezimiso zikaNkulunkulu, futhi evumelanisa
umsebenzi nokuthula, engaletha injabulo yangempela futhi
.ifeze injongo yokuphila okuhle

Labo abahlushwa izinkinga zokunamathela ezingaphilile
bagcwele imicabango yokulangazelela okungalawuleki,
okuholela embonweni ophambene nosontekile ngempilo.
Isibonelo, usomabhizinisi waphumelela kakhulu futhi waqoqa
ingcebo, kodwa ngaphambi kokuba ajabulele ingcebo yakhe,
wahlushwa ukuphazamiseka kwemizwa ngenxa
yokukhathazeka okukhulu nokwesaba, washona edabukile
.enhliziyweni

Abanye bakholelwa ukuthi konke kuvunyelwe ukuze
kufezwe umgomo. Ngenxa yalokhu kudideka,
bayaphuthelwa umgomo wabo wangempela futhi abakwazi
ukuthola ngisho nokwaneliseka okuncane, noma ngabe
banazo lezo zinto abebezifisa, ngoba imvelo yomuntu inkulu
futhi inezici eziningi futhi idinga intuthuko elinganiselayo
.kuwo wonke amazinga

Ukubambelela ngokomoya okungaboni
Lokhu kushisekela okungavamile kwezinkolelo ezithile
kuvela ekubambeeleni emibonweni ethile nemibono
ngaphandle kokuyibuza noma ukuyihlola, ngaleyo ndlela
kudala kulabo abahlushwa yilesi sifo intukuthelo nobutha
kunoma yimuphi umqondo ongokomoya ophilile noma
umcabango ovulekile nokhululekile Lokhu kuzihlukanisa
kuholela ekuvukeleni imithetho kaNkulunkulu, ebonakala
ekusebenzeni kahle kwengqondo, inhlalakahle yezinto
ezibonakalayo, impilo yengqondo neyomzimba, kanye
nothando nenhlonipho ngabantu bazo zonke izizinda

Ukufaka izimiso ezingokomoya

Ngenxa yokuthi izifo zomzimba ziyabonakala,
zibuhlungu, futhi azijabulisi, zisishukumisela ukuba simelane
nazo ngenkuthalo, zisiholela ekutheni sizame ukuzinqoba
ngezindlela ezahlukene zokwelapha, kusukela
ekuzivocavoceni nasekudleni okunempilo kuya emithini
nemithi ehlukene. Kodwa-ke, izifo zengqondo, naphezu
kokuba imbangela yobuhlungu nokwesaba kwabantu,
azivinjelwa noma ziphathwe ngokushesha okwanele, futhi
zivunyelwe ukuba zidale umonakalo omkhulu kanye
.nokubhujiswa empilweni yethu

Othisha, othisha bezemfundo yomzimba, abashumayeli,
abaguquli bezinguquko, odokotela, kanye nabameli
bomthetho bazokwazi ukuqhubekisela phambili intuthuko
lapho beqala ukufunda, beqala ngabo, bese befundisa
abanye izindlela ezifanele zokuhlakulela imvelo yomuntu
ngendlela elinganiselayo nevumelanayo, ngokuvumelana
nemithetho yokuphila kanye nezimiso zokuphila okunempilo
Lena imfundo ephumelelayo ngempela kanye namasiko
.abantu aphelele abantu emhlabeni wonke abawadingayo
Izikhungo zemfundo zikubona kungenakwenzeka
ukufundisa izisekelo ezingokomoya ezikoleni zomphakathi

ngenxa yokudideka okubonakalayo phakathi kwalezi zimiso
nezimfundiso zenkolo ezahlukahlukene. Kodwa-ke, uma lezi
zikhungo zigxile ezimisweni zomhlaba wonke zokuthula,
uthando, inkonzo, ukholo, ukuvuleka kwengqondo,
nokwamukela abanye—okuyizinto eziqinile ezingokomoya—
futhi zakha izindlela ezisebenzayo zokugxilisa lezi zimiso
emhlabathini ovundile wezingqondo nemiphefumulo
yezingane, ikhambi elinengqondo nelamukelekayo kulobu
bunzima obucatshangelwayo nobucatshangwayo
lingatholakala. Kuyiphutha elikhulu ukunganaki le nkinga
.ngenxa nje yobunzima obubonakalayo obuhambisana nayo
Iningi labaphothule ekolishi liphuma eyunivesithi
amakhanda abo esinda futhi evuvukele ngenxa
yokuqukethwe yizincwadi kangangokuthi abakwazi
ukuhamba ezindleleni zokuphila, ngoba amandla abo
okuzimisela nokuzithiba sekucishe kwacinywa ukunganakwa
nokungasebenzi. Ngakho-ke, ubabona beziphatha
ngokunganaki futhi bewohloka, begijimela egodini lemishado
engalingani, besebenzisa kabi ubulili babo, bejaha imali,
futhi behluleka emisebenzini yabo ngoba abakafundi
ukusebenzisa kahle ummese obukhali wobuhlakani babo
obuqeqeshwe ngokwezemfundo. Ngenxa yalokho, bazisika
.futhi bazilimaze

Ngokumangalisayo, intsha eningi ibonakala ijabulela
ukuzibandakanya emisebenzini egcina iyilethele ukulimala
nobuhlungu Abanye basebenzisa ukweba nezinye izenzo
ezimbi, ngisho nezenzo zobugebengu, ngaphandle
kokuvinjelwa noma ukuvinjelwa Labo abahluleka ukuvimbela
ukusabalala kobubi emphakathini bakhuthaza ukuziphatha
okungalungile kwabanye Wonke umuntu onembeza nokholo
oluqotho kufanele abe yisibonelo esihle kwabanye
maqondana nobuqotho, ukwethembeka, isithunzi, kanye
nokuzihlonipha Izikole, amakolishi, amanyuvesi, kanye
nezikhungo zomphakathi azinikezi izindlela zesayensi
ezanele zokunciphisa ubugebengu ngokubhekana

nezimbangela zabo eziyinhloko, ezitholakala kakhulu
engqondweni

Kufanele futhi kusungulwe izikole ezikhethekile ukuze
kufundiswe ubuciko bempilo ejabulisayo nephumelelayo,
ukuthuthukisa amakhono omuntu nokuthuthukisa amakhono
.akhe

Izikole ezinjalo ziyoba njengezingadi namapaki lapho
izingqondo zentsha zikhula futhi zichume khona. Othisha
kumele bakhethwe ngokucophelela futhi baqinisekисwe
ukuthi abazali nomphakathi babambisana. Lezi zikole
zizosiza ekwakheni abantu ngendlela ephumelela kakhulu.

Kumelwe kukhunjulwe ukuthi ukondliwa ngokomoya
komuntu ezigabeni zakhe zokuqala kunquma impilo yakhe
.kanye nekhono lokukhula kamuva

Izindlela zokuqeqesha ngokwengqondo nangokomzimba
ezisetshenziswa ezikoleni zanamuhla ngokungangabazeki
ziyazuzisa, kodwa azinaso isisekelo esingokomoya
Ngaphandle kokuthuthukiswa kobuntu obuhle, ukukhula
.ngeke kuphelele

Isayensi yokuthuthuka ngokomzimba, ngokwengqondo
nangokomoya kumele ifundiswe intsha enengqondo yayo
isethambile futhi iguquguquka futhi amandla ayo
.angakaqondiswa ngezindlela ezithile

Ngemva kokuqeqeshwa okuphelele, abafundi balezo
zikole kufanele bahlolwe njalo, futhi izitifiketi ezizotholwa
zizoba impilo enhle, idumela elihle, ukusebenza kahle,
ingcebo yezinto ezibonakalayo nezingokomoya, injabulo,
.impumelelo, kanye nokuzethemba

Imiphumela yokuhlolwa kokugcina ekupheleni kwalolu
hambo lwasemhlabeni izonqunywa ngokwesamba
sempumelelo yengqondo nengokomoya kanye nezitifiketi
ezitholwe ngesikhathi sokuhlolwa okungaphansi kukho konke
.ukuphila

Labo abaphumelelayo kulesi sivivinyo sokugcina
nesikhulu kakhulu bazothola isitifiketi esingcwele

sokwaneliseka kanye nonembeza okhululekile, omsulwa,
 .nojabulisayo
 Futhi izibusiso zibhalwe phakade ekhasini lomphfumulo
 Lo mklomelo ongavamile ngeke uphazanyiswe
 yizimbungulu
 Futhi izandla zamasela ngeke zifinyelele kukho
 Noma isikhathi sizoyisusa
 Kuzosebenza njengepasipoti
 Ukuze uthole ubulungu obuhloniphekile eqenjini le-
 Righteous

Injabulo ikuphi?

UNkulunkulu, ngesihe sakhe esiphelele, usinika injabulo nokuphefumulelwa Kwakhe

Futhi kusinika impilo yangempela

Ukuhlakanipha kweqiniso

Nenjabulo yangempela

Ukuqonda kweqiniso kuza ngazo zonke izinto ezahlukahluken ezezeka ekuphileni kwethu

Kodwa inkazimulo kaNkulunkulu yembulwa kuphela ekuthuleni okungokomoya umphefumulo okutholayo kanye nasemizamweni eqotho yengqondo yokuvumelana Naye Lapho, sibhekene ubuso nobuso neqiniso Ngaphandle, imicabango ekhohlisayo inamandla amakhulu, futhi bambalwa kakhulu abangaphunyuka ethonyeni lendawo yangaphandle Umhlaba uyaqhubeka nobunzima bawo obungapheli kanye nezilingo ezingenakubalwa Izwi likaNkulunkulu lingemuva kokubonakala kokuphila, lisibiza njalo futhi likhuluma nathi ngezimbali, imibhalo engcwele, onembeza bethu, nakuzo zonke izinto ezinhle ezenza ukuphila kube yigugu ukuphila

**Lapho sigxila kakhulu ezintweni zangaphandle,
kulapho singayizwa khona inkazimulo yangaphakathi;**

futhi lapho siphendukela ngaphakathi kakhulu, kulapho sibhekana nobunzima bangaphandle obuncane. Kuyisilinganiso esiqhubekayo Kodwa abantu abaningi abaliqapheli leli qiniso ngenxa yethonya lobungani bezwe, umphakathi abahlala kuwo, kanye nemikhuba engemihle Umphakathi ugcina umuntu egxile futhi ematasa ngezinto ezingabalulekile, uvimbela umuntu ekucabangeni amaqiniso ajulile.

Ngisho nezindawo ezingokomoya zivakashelwa abanye ngaphandle kwesifiso sangempela sokuzuza esimweni sazo esibusisiwe, ngakho-ke abatholi lutho oluphawulekayo kulokho kuvakasha.

Noma ubani ofisa ukubona uNkulunkulu uzomthola yonke indawo Imikhuba yabantu iyabhubhisa, iyaphanga, futhi iyadla; iyabhubhisa, iyabhubhisa, futhi ibhubhise Sekuyisikhathi sokuba isintu sifunde ukuthi singajabula kanjani futhi saneliseke ngalokho esinakho Akufanele sifise lutho olungaphezu kwalokho okuza kithi UNkulunkulu uyaphana; Uyazi esikudingayo futhi ukuhlinzeka ngesikhathi esifanele Lokhu akusho ukuthi kufanele sithembele kuNkulunkulu ngaphandle kokwenza noma yimuphi umzamo Akusho nhlobo Kusho ukuthi kufanele senze ingxenye yethu ngokusemandleni ethu futhi sishiye okunye kuNkulunkulu, ongeke asiphuce lokho esikudingayo nesikufanele

Indlela engcono kakhulu yokujabula phakade ukuzwa ubukhona bukaNkulunkulu Isifiso sethu esikhulu kufanele kube ukwazi uNkulunkulu nokuzimisela ukuba naye. UNkulunkulu kufanele abe ngoyena ohamba phambili emicabangweni nasemizwa yethu, futhi kufanele simbheke njengensika enamandla kakhulu neqinile kakhulu ekuphileni kwethu.

(Ngakho-ke bambelelani entanjeni kaNkulunkulu, nifune isiphephelo kuye)

Ngoba uyinsika uma zonke ezinye izinsika zingaphumeleli kuwe

Sengiqaphele ukuthi injongo yokuphila kuphela ukwazi uNkulunkulu. Kukhona labo abangase bangakholwa ukuthi ukuthola uNkulunkulu kuwumgomo wokugcina wokuphila. Kodwa akekho ongaphika ukuthi injongo yokuphila ukuthola injabulo. Futhi ngithi ngokuqiniseka okuphelele nokuqiniseka ukuthi uNkulunkulu uyinjabulo yokugcina. Uyinjabulo ephezulu. Uluthando oluphelele, olujwayelekile. Uyinjabulo yaphakade engashiyi imiphefumulo yalabo abavumelana Naye. Ngakho kungani singalweli ukuthola leyo njabulo ephelele? Akekho omunye ongasinika yona. Kumelwe siyihlakulele futhi siyikhulise njalo ngaphakathi kwethu. Amandla emvelo alwela ngokungakhathali ukunikeza abantu injabulo yomhlaba, kodwa injabulo enjalo yesikhashana ekugcineni iholela ekuzisoleni, ebuhlungu, nasekuzisoleni. Ngisho nomuntu onenhlanhla enkulu, obonakala enakho konke, angase angajabuli ngempela. Ngeke baneliseke ngezinto zasemhlabeni isikhathi eside ngoba lezi zinto aziqedi ukoma kwabo kwangempela noma zanelise indlala yabo engokomoya.

Izinto ezibonakalayo zinikeza umuzwa wamanga wokuthula nokwaneliseka okudlulayo. Umhlaba wonke ugcwele ukudideka kanye nesiphithiphithi, uqhutshwa yizifiso zobugovu nobugovu ezizala impi Akukho okunye okudala impi

Iqhawe langempela empini yokuphila yilowo ozinqobayo futhi anqobe izifiso zakhe Imali, udumo, inkanuko, nakho konke okuphikisana nalesi simiso kulimaza ukuthula nenjabulo yethu Ukube abantu

bafunde ukucabanga njalo ngokwezindinganiso
zangempela zokuphila, bebezothola injabulo
abayifunayo, kodwa bayaphambuka enjongweni yabo
futhi bakhukhulwa umsinga wezifiso zasemhlabeni
Ngithole ukuthi akukho silingo esingangiphambukisa
endleleni engiyikhethile futhi engiyilandele mina.

Ngingakhanga izinkulungwane ngamandla
uNkulunkulu anginike wona, kodwa leyo ndlela ingaba
yingozi kimi. Kunoma ikuphi, angifisi ukukhanga
izinkulungwane futhi ngithumbe izingqondo zazo.
Ngifisa nje ukubona abafundi abaqotho beqinile
kuNkulunkulu. Labo abathanda uNkulunkulu
bazojabulela le mibono, futhi labo abashisekayo
bazozwa izibusiso zikaNkulunkulu kanye nokuba
khona kwakhe ngalezi zimfundiso.

Akunakwenzeka ngomuntu ukukhohlisa
uNkulunkulu, ngoba uhlala ekhona, azi
okusezingqondweni zabo nalokho abakufisayo. Lapho
belahla izwe futhi belangazelela ukuzwana
ngokomoya, uNkulunkulu uzofika kubo. Lapho leso
sifiso sigxila enhliziyweni yalowo olifunayo,
uNkulunkulu ufika kuleyo nhliziyo futhi ayigcwalise
ngobuhle nezibusiso. Okuwukuphela kwento efanele
ukuphilwa ukuba ngokuvumelana noNkulunkulu
nokuthola umusa waKhe. Lokho kuvumelana kumelwe
kube yisivumelwano saphakade kanye nesithembiso
esingenakuphulwa (labo abagcina isivumelwano
sikaNkulunkulu futhi abangasiphuli)

Wonke umuntu ufisa ingcebo eningi kunabanye
Ngisho noma beyithola, bahlala benganelisekile,
bethola ukuthi omunye umuntu ucebile Abantu
baphila odakeni losizi abalwenzile, beqhutshwa
yizifiso zabo Kumelwe saneliseke ngalokho esinakho
Impahla yezinto ezibonakalayo ayilethi injabulo;

**kunalokho, ivame ukukhulisa ukukhathazeka,
ukukhathazeka, nokukhathazeka**

**Indlela eya kuNkulunkulu iyindlela elula nelula,
kodwa bambalwa abayihambayo naphezu
kwemikhuba eminingi yenkolo kanye nemikhuba.
Kungcono ukuphendulela izinhliziyiyo zethu
kuNkulunkulu simcele ukuthi asinike okungcono
kakhulu nokuhlala isikhathi eside kithi. Eqinisweni,
uNkulunkulu usilindile ngoba ufuna ukusigcina kude
nobubi nengozi. Ufuna sibe Naye ezinhliziyweni
nasezingqondweni zethu ngoba izimpahla ezishibhile
zaleli zwe azikwazi ukwanelisa isifiso somuntu noma
ukugcwalisa isikhala esingokomoya esisizwa
ngaphakathi. UNkulunkulu uhlala ekhuluma nathi,
kodwa bambalwa abezwa izwi Lakhe. Lelo zwi elithule
livame ukuminywa umsindo wemicabango enomsindo
nezifiso ezisobala. Kodwa lapho imicabango iphela
futhi izifiso zizolile, sizwa izwi likaNkulunkulu
ngokucacile, yize lithule futhi libuthakathaka.
Ngempela, uNkulunkulu wenza konke ukusiza isintu,
evula iminyango futhi ekhanyisa izindlela ukuze
sibone lapho kufanele sinyathele khona, funa
sikhubeke noma sishelele. Kodwa abantu abaningi
abaliqapheli leli qiniso.**

**Angifuni abantu bacabange ukuthi bangathola
ulwazi ngokulalela abanye noma ngokufunda
izincwadi. Kumelwe basebenzise lokho abakufundayo
nabakuzwayo. Ukuya ezindaweni zokukhulekela
kungcono kunokuhlala ekhaya ulalele izingxoxo
ezingenamsebenzi. Kodwa ngisho nasezindaweni
zokukhulekela, umuntu kumelwe azizwele ubukhona
bukaNkulunkulu enhliziyweni yakhe futhi azi ukuthi
angabubona kanjani. Ukuqhuma kwemizwelo
nokuhlaziya okunengqondo akukwazi ukusinika ulwazi
imiphefumulo yethu elangazelela ukuluthola.**

Uma sizinikela kuNkulunkulu futhi sivalalisa ezifisweni zobugovu, futhi uma siqiniseka ukuthi uNkulunkulu uhlala enathi, ehlala emiphefumulweni yethu futhi esiphefumulela ngemicabango nemizwa emihle nehloniphekile, sizoba nenjabulo nenkululeko, futhi sizobona ukuphuma kokuhlakanipha emkhathizwe womphefumulo.

Cabanga nje! Emashumini eminyaka kusukela manje, ukuba khona kwethu kuzoba yiphupho, futhi konke esikwenzayo manje kuzoba yingxenye yalelo phupho Ngisho nabantu abakhulu kunabo bonke besintu bazoba yizinto nje zobuntu bokuqonda komuntu Kodwa labo bantu abakhulu bafinyelele umgomo wabo wokugcina ngoba bafinyelele ezingeni eliphezulu futhi bahlala bephila emoyeni, beqaphela ngokugcwele futhi beqaphela konke okwenzekayo, ngoba bamunye ekuqondeni kwaphezulu Noma ubani ozama ukuvumelana nabo ngemicabango nezimfundiso zabo nakanjani uzozizwa ukuba khona kwabo, athole izibusiso zabo, futhi azi ngokujulile ukuthi baxhumana nabo ngempela

Ukuphila kuyiphupho elikhulu Kodwa-ke, uma ubheka umzimba wakho manje futhi uwubona ugcwele impilo, uyaqiniseka ngokugcwele ngeqiniso laleli phupho Ucabanga ukuthi kufanele uthole lokhu noma lokho ukuze ujabule Kodwa kungakhathaliseki ukuthi ugcwalisa izifiso ezingaki, ngeke uthole injabulo ngazo Uma umuntu ethola okwengeziwe, kulapho umuntu efisa khona Izifiso kumele zihlungwe, futhi impilo ibe lula uma umuntu efisa ukuphila ngokunethezeka, ukuthula, nokwaneliseka kwangaphakathi

Imibhalo ithi umuntu onezifiso ezihlala zigeleza ngaphakathi (eya emphefumulweni wakhe) ungumuntu onokuthula kwangaphakathi okuphezulu.

Kulokhu, bafana nolwandle, olungashintshi noma lunciphe, kodwa luhlala lugcwele amanzi ageleza kulo ngokungapheli. Kodwa umuntu odala imigodi yesifiso echibini lokuthula kwakhe futhi avumele amanzi abalulekile ukuba avuza futhi achitheke akazi lutho ngokuthula okungokomoya nenjabulo yangaphakathi.

Sidinga isiqondiso kulabo abamaziyo uNkulunkulu, abanekhono lokukhulumisana Naye futhi abanomuzwa wokuba khona Kwakhe ngokuqonda. Abaprofethi basicele ukuba sifune uNkulunkulu ngokuthula kwangaphakathi, endaweni yodwa yomphefumulo lapho kuhlala khona umoya othembekile nenjabulo enkulu yokomoya. Abafundisi abakhanyiselwe baseNdiya nabo bayayisekela le mibono futhi bagcizelela ukubaluleka kokuzindla okujulile ukuze babone ubuNkulunkulu ekujuleni komphefumulo.

Konke okukhona kuwukudlidliza okufana namagagasi okuqondiswa yingqondo kaNkulunkulu. Lokhu kudlidliza okuhlakaniphile uMoya oNgcwele, noma uMoya othembekile, umuntu angaxhumana naye ngomthandazo nokuzindla.

Ekuthuleni komphefumulo wakho nasesigxotsheni sengqondo yakho egxile, uthando no-Absolute no-Infinite alupheli. Kodwa kunzima ukuthola uNkulunkulu uma siphishekela imali kuqala. Kumelwe senze uNkulunkulu abe yingxenye ebalulekile yezimpilo zethu, bese sithola konke esikudingayo kulokhu kuphila. Noma ubani owenza uNkulunkulu abe yindawo ehlala njalo enhliziyweni yakhe, uNkulunkulu uzobanika isabelo esiningi sezibusiso zomhlaba nezulu, futhi avule phambi kwabo imiphetho emikhulu lapho ilanga lokuhlakanipha likhanya khona, likhanyisela izindlela zabo futhi lixoshe ubumnyama obubazungezile. UNkulunkulu

**ungumthandi waphakade, futhi akukho injabulo
esintwini ngaphandle kwalapho sithanda uNkulunkulu
njengoba sithanda—okungenani—abathandekayo
babo abathandekayo, ngoba ngaphandle
kukaNkulunkulu, besingeke sazi ingqikithi yothando,
noma sibunambithe ubumnandi balo.**

**Kumelwe sifunde ukusebenzisa intando yethu
futhi sigxilise izingqondo zethu ekufuneni
uNkulunkulu ngezinhliziyiyo zethu zonke Izenzo
zabantu zilawulwa yizifiso, futhi le mikhuba ihlala
isiphoqelela ukuba senze lokho esingafuni ukukwenza
Ngempela, umuntu uyisitha sakhe, engazi. Akakwazi
ukuhlala phansi athule, futhi akanikeli isikhathi
kuNkulunkulu, kodwa ufisa injabulo nokungena
ePharadesi okuqinisekisiwe ngaphandle kokulibala.
Okuhlangenwe nakho okungcwele akunakufinyelelwa
ngokufunda izincwadi, ukulalela izintshumayelo,
noma ukwenza imisebenzi emihle. Konke lokhu
akungabazeki ukuthi kuyazuzisa, kodwa akwanele.
Ukufinyelela kuNkulunkulu kudinga ukugxila
ngokucophelela nokuzindla okujulile.**

**Kumelwe sifune umusa kaNkulunkulu kuqala
Asikwazi ukujabulisa wonke umuntu, ngoba lokho
akunakwenzeka Ngizama ukungacasuli muntu Ngenza
engingakwenza, futhi yilokho kuphela engingakwenza
Umgomo wami kuphela ukujabulisa uNkulunkulu
Ngisebenzisa izandla zami ukuthandaza
ngokuthobeka phambi Kwakhe, izinyawo zami
ukumfuna yonke indawo, kanye nengqondo yami
ukucabanga Ngaye nokuzindla ngezimangaliso Zakhe
UNkulunkulu kumelwe abe yindawo yokuqala
ezinhliziyweni zethu ukuze sikwazi ukumbona
njengokuthula, uthando, ukuqonda, umusa, uzwela,
nokuhlakanipha Lokhu, hhayi okunye, yilokho**

engizele ukuzofakaza ngakho futhi ngikhulume kini ngakho

Ngaphezu kokuzindla, umuntu kufanele abe nobudlelwano obuhle. Akufanele silandele abantu, kodwa silandele uNkulunkulu. Uma uthola inzuzo kule micabango, bheka njengesibusiso esivela kuNkulunkulu, ngoba lonke udumo lungolwakhe. Yabelana ngayo nabanye ukuze bathole kubo lokho okutholayo (Futhi ngokuqondene nomusa weNkosi yakho, khuluma ngakho) Futhi ungakhohlwa ukusiza othile nsuku zonke ngokwamandla akho. Uma nje ngisenayo imali ephaketheni lami, ngeke ngiyeke ukupha, ngoba umthombo wami ongapheli nogeleza njalo unguNkulunkulu.

Okokugcina, kumelwe simazi uNkulunkulu njengoba abakhulu benza. Lokhu kungenzeka ngokuzindla nangomzamo womuntu siqu

Ngesinye isikhathi, ngangihamba ngaphandle kwendlu yokuhlala, ngicabanga ngothisha wami omkhulu, uSri Yuktiswar, owayeshone eminyakeni embalwa ngaphambi kokuba ngizizwe ngimlangazelela kakhulu futhi ngidabukile ngokuthi wayengekho nami ukuze ngijabulele ubuhle nesimo sendlu yokuhlala. Ngokungazelelwe, wabonakala kimi evela esibhakabhakeni wathi, "Ucabanga ukuthi nguwe wedwa ojabulela le ndawo enhle? Nami ngiyayijabulela njengawe!"

Umfuni ofisa ukuhlangana noNkulunkulu kumele azame ngomkhuba wansuku zonke wokuzindla nokumthanda, nokwelula lolo thando kubo bonke Lena ukuphela kwendlela yokugwema ingxabano Ukubambisana ngokomoya kubalulekile Ngaphandle kwengokomoya langempela, akukho injabulo yomuntu ngamunye noma yonke indawo Ukuzwana okungcwele kuyisixazululo kuphela sazo zonke izinkinga

**zomzimba, zezimali, zomshado, zokuziphatha,
nezingokomoya**

**Injabulo ivela ekuzizweni useduze noNkulunkulu
Isintu sizibophe ngemigoqo yokungazi, futhi
sekuyisikhathi sokuphuma kuleli jele elihlazisayo
Ingqondo kumele iphendukele kuNkulunkulu njalo,
kungakhathaliseki ukuthi izimo zinjani, bese uzwa
ukuthula okukhulu nenjabulo**

**Labo abalangazelela uNkulunkulu futhi abanikela
ubukhona babo kuYe, bakhuthazane futhi
bakhanyiselane, futhi bakhumbule uNkulunkulu njalo,
yibo abajabulayo kuleli zwe futhi bangabanqobi
benjabulo yaphakade.**

Ukuthula makube phezu kwakho

Ikhethini lizophakama futhi liphume

Ngamunye wethu wenziwe ngomfanekiso kaNkulunkulu.

Savela kuMoya wakhe ongcwele, futhi ingqikithi yakhe ihlala
ngaphakathi kithi ngobumsulwa bayo bonke, inkazimulo,
kanye nenjabulo enkulu. Leli fa elingcwele liyingqaba
engenakuphikiswa. Ukuze umuntu azisole njengesoni,
ezulazula ezindleleni zesono, kungenye yezono ezinkulu
kunazo zonke. Ngoba ngokwenza kanjalo, uzilahla
ekusweleni usizo, ekuphelelweni yithemba,
nasekungakwazini ukuvuka nokukhuphuka. Kuyiqiniso ukuthi
umuntu angenza izenzo eziphambene nemithetho yemvelo
neyaphezulu, kodwa kufanele ashintshe inkambo
ngokushesha futhi aphendukele endleleni efanele.
Ngokwemvelo yakhe emsulwa, umuntu uyithempeli
elingcwele, futhi uMoya ongcwele uhlala ngaphakathi
.kwakhe

Kumelwe sikhumbule njalo ukuthi uNkulunkulu
usithanda ngokuphelele nangokungenamibandela. Kodwa

njengoba esinike ithuba lokusondela kuYe noma
ukumfulathela, ulindele ukuba siveze isifiso sethu sothando
.IwaKhe ngaphambi kokuba eze kithi
Ngesinye isikhathi ngezwa izwi lakhe lihleba ngesikhathi
sokuzindla: “Uthi anginawe, kodwa awuzange ubheke
ngaphakathi Angikaze ngikushiye ngisho nomzuzwana
Ngena ethempelini lomphefumulo uzongibona Ngoba
ngihlala ngilapha, ukukwamukela nokukubingelela
”ngesibingelelo sothando lwaphezulu
Ubuqotho obujulile bubalulekile endleleni yokomoya.
Ebumsulweni naseqiniseni, ukusa kumphefumulo kuyavela

Ukuhlakanipha kwethu njengabantu akulutho uma
kuqhathaniswa noNkulunkulu. Okuwukuphela kwendlela
esingasondela ngayo kuYe ukumnika uthando oluhlanzekile
.olufanayo asinika lona
Wonke umuntu ekugcineni uzothola insindiso, kodwa
labo abahlulekayo endleleni bawela egodini lokunganaki
Ukunganaki kusivimbela ekuqapheleni ukubaluleka
okubalulekile kokuthola uNkulunkulu njengamanje, kulo
mzuzu iplanethi yethu enkulu uMhlaba, entanta emkhathini,
kanye nobuntu bethu, asinikwanga ukuba sichithe iminyaka
embalwa lapha bese sinyamalala sibe yize Kunalokho,
senzelwe ukuzindla ngokujulile nokuqonda imfihlakalo
yokuphila Ukuphila ngaphandle kokuqonda injongo yokuphila
kuwubuwula, ubuwula, nokuchitha isikhathi Izimfihlakalo
zokuphila zisizungezile nhlangothi zonke, futhi uNkulunkulu
usiphe ukuhlakanipha ukuze sithole izixazululo zazo
Ekufuneni kwami uthando oluhlala njalo, ngaqaphela
ukuthi uNkulunkulu ungithandile ngazo zonke izindlela
engingazicabanga. Ungithandile njengomama, ubaba,
nomngane
Ngifune lowo mngane waphakade kunabo bonke
,abangane

Futhi mayelana nalowo mthandi omkhulu engimbona
manje ekhanya kuzo zonke izinhlobo zobuso nobuso
obunothando Lowo mngane ongcwele akakaze angidumaze,
futhi akakaze angidumaze

UNkulunkulu ungemuva kwakho konke okukhona
Kufanele sihloniphe futhi siphathe abazali bethu ngomusa,
kodwa kumelwe simthande uNkulunkulu ngayo yonke
inhliziyi yethu nemiphefumulo yethu Kumelwe siqaphele
ukubaluleka kokuxhumana okubalulekile naye, ngaphandle
kokuchitha isikhathi esengeziwe

Uma silele, asazi ukuthi sizovuka noma cha. Sishiya
lomhlaba ngamunye ngamunye. Kodwa lo mcabango
akufanele ubangele ukukhathazeka. Uma sifa, sibizelwa
ukuzalwa kabusha emhlabeni, siqale impilo entsha kusukela
.lapho sagcina khona kulo mhlaba

Ngibona impilo njengokwakheka nokuqedwa
kwamagagasi ebusweni bolwandle. Igagasi lomuntu
liyaphakama ebusweni bolwandle lwaphezulu lapho lizalwa,
futhi ekufeni, lihlala enhliziyweni kaNkulunkulu. Ngiliqondile
leli qiniso futhi ngiyazi ukuthi angikaze ngife ngempela,
naphezu kokufa komzimba. Ngoba noma ngabe ngiphumule
olwandle lomoya waphezulu noma ngivukile emzimbeni
wenyama, ngimunye nolwandle lwasezulwini. Leyo njabulo
enkulu ayinakutholakala emhlabeni. Ngesikhathi esifanayo,
asikho isidingo sokubalekela ehlathini sifuna injongo.
Singamthola uNkulunkulu kuleli hlathi lokuphila kwansuku
.zonke—ekujuleni komhume wokuthula

Abantu bangenza amaphutha amaningi, kodwa
babunjwa ngomfanekiso womoya waphezulu UNkulunkulu
wadala leli zwe elikhohlisayo lezinjabulo zasemhlabeni
ngenhloso eyodwa kuphela: ukuze isintu siqaphele ukuthi
kuyidrama nje yendawo yonke, silahle imibono ekhohlisayo,
futhi sithande uNkulunkulu yedwa Leli yiqiniso, futhi ngeke
kube ngenye indlela Kungani uNkulunkulu asidalele ukuba
sithande amalungu emindeni yethu ukuze nje awabone

esishiya ngamunye ngamunye? Lezi zenzakalo zenzeka
ukuze zisenze siqaphele ukuthi nguNkulunkulu osithanda
ngempela, ngaphezu kwabo bonke esibathandayo
Impilo iwuchungechunge lwezithombe ezinyakazayo,
kodwa leli qiniso kunzima ukuliqonda ngoba imibono
ekhohlisayo ibonakala ingokoqobo kanti amaqiniso
abonakala njengemibono ekhohlisayo. Umhlaba
uyanyamalala engqondweni yethu njalo ebusuku njengoba
silele, mhlawumbe ukuze siqonde ukuthi indawo yonke
.ebonakalayo ayiyona yangempela
Lesi sifundo sokulala asizile ukusesabisa, kodwa
ukusenza silangazelele iqiniso likaNkulunkulu Akukho
okunganelisa umphefumulo ngaphandle kukaNkulunkulu
nothando lwaKhe UMoya kaNkulunkulu uyiqiniso
elingenakuqhathaniswa Akukho into engeyona engokoqobo,
futhi okungokoqobo akunakuba okungokoqobo
Abahlakaniphile bayaqonda leli qiniso elikhazimulayo
Sekudlule iminyaka eminingi yempilo yethu, futhi kusele
iminyaka, amasonto, izinsuku, namahora kuphela Kungani
sichitha isikhathi ezintweni ezingasizi ngalutho? Kufanele
sifise ukuxhumana noNkulunkulu imini nobusuku, futhi sibe
qotho ngokuphelele kulesi sifiso ngaphambi kokuba isikhathi
esibekiwe sokuphila siphele futhi sishiye lo mhlaba
.ngaphandle kokufeza lutho oluphawulekayo
Ngaleso sikhathi, ngabona ukukhanya okukhulu
kukaNkulunkulu okumboze yonke indalo. Yeka injabulo
!enkulu! Yeka ukukhanya okumangalisayo
Nkulunkulu wami, ngiyakubonga futhi ngiyakhothama
kuwe ngalezi zibusiso eziningi zokuzwa ubukhona bakho
Izibusiso kuwo wonke umuntu ngendlela efanayo, ukuze
siqaphele ukuthi Wena uyiqiniso eliphelele endaweni yonke
nokuthi Wena ungumgomo wethu wokugcina, okungekho
.omunye umgomo ngaphandle kwawo
Kumelwe simthande futhi sikhulume naye njalo
ngomzuzwana wokuphila kwethu—emsebenzini

nasekuphumuleni, ekuhambeni nasekuthuleni—ngokunxusa
okujulile nokulangazelela okukhulu. Khona-ke sizobona
isihengo sokukhohlisa siphakama futhi sinyamalala.
UNkulunkulu unathi kuyo yonke imizuzu yokuphila kwethu.
Labo abacabanga futhi bavumelane Naye bambona ebuhleni
bezimbali, ubuhle bemiphefumulo enomusa, imizwa emihle
nehloniphekile, kanye namaphupho amahle. Ekugcineni,
uzophuma ngemuva kwezihengo ezijiyile ukuze athi kubo
:bonke abafuna ngobuqotho
Sesihlukene isikhathi eside ngoba bengifuna unginike"
uthando lwakho ngokuzithandela. Ngakudala ngomfanekiso
wami, futhi ngalinda waze wasebenzisa inkululeko yakho
".wanginika uthando lwakho ngokuzithandela kwakho
Kumelwe sicele uNkulunkulu ukuba asiphe isipho
saphakade nesihlala njalo sothando lwakhe olungcwele
Kodwa ubani ongathola loNkulunkulu onothando ngaphandle
komzamo? Uma usebenzisa amaphesenti angu-25 omzamo,
okusele kuncike kuNkulunkulu kanye nomqondisi wakho
ongokomoya angiziceli lutho mina, ngoba lonke udumo
lungolwaNkulunkulu, umthombo wabo bonke ubuhle nomusa
Kwangathi umusa waKhe ungahamba nawe, ukuqaphela
kwaKhe kube nawe, futhi kwangathi ungabona ubukhulu
bokuba khona kwaKhe ngaphakathi kuwe nakuzo zonke
izindawo ezikuzungezile
UNkulunkulu akasiphenduli ngokushesha ngoba
singabaza ukubonisa ukuthi simfisa kangakanani. Akufanele
sesabe ukusondela kuYe, kodwa kunalokho simbheke
njengowethu, oThandekayo wethu, futhi simfune
ngokungapheli ngemicabango yethu, izenzo, izinhliziyiyo,
kanye nezingqondo zethu, futhi sizomthola eyisiphephelo
esikhulu kunazo zonke sokuphepha nokuthula kulokhu
.kuphila
Nkosi, ngikunikeza lesi sixha semiphefumulo emihle,
ukuze ihlobise ithempeli lobukhona bakho. Phelezela
lemiphefumulo, engumndeni wakho nabathandekayo bakho.

Sihlabelela igama lakho elibusisiwe. Susa ubumnyama
bokungazi ngokukhanya kwakho okungcwele. Susa
ubumnyama ezingqondweni zethu ngokukhanya
okukhanyayo, okungenamkhawulo kobukhona bakho.
Singabakho, kungakhathaliseki ukuthi izimo zethu zinjani.

Ziveze kithi, Nkosi yoBukhosi kanye neSipho. Busisa
ngamunye wethu. Yamukela ukunyenyeza kwemicabango
yethu elangazelelayo kanye nokushaya kwenhliziyo yethu
enothando. Kuwe sinikeza lonke uthando, udumo, kanye
nokulangazelela, ngoba wena ungoThandekayo wethu nakho
.konke esinakho kule ndawo yonke

Sibusise ngomusa wakho Bhidliza izindonga zesifiso
ezisihlukanisa nawe Yiba yiNkosi yaphezulu ehlezi
esihlalweni sobukhosi phezu kwazo zonke izifiso zethu
Kwangathi ukukhanya kwenkazimulo yakho kungasakazeka
emhlabeni wonke Sibusise sonke Sigcwalise ngephunga
lobukhona bakho Futhi masiqaphele njalo ukuthi ubulokhu
unathi, Unathi manje, futhi uzoba nathi kuze kube phakade
Siyakubonga ngomusa nothando olunike abalandeli
bakho abazinikele abalangazelela ukuba seduze kwakho
futhi abalinde ngokulangazela ukuba khona kwakho.
Sithemba ukuthi iqembu labafundi bakho lizokhula ukuze
sikwazi ukugubha ubukhona bakho obubusisiwe futhi
.sijabule ngokuba seduze kwakho

Sibusise ukuze sivule izinhliziyi zethu komunye
nomunye futhi sihlanze izinhloso zethu, ukuze sifanelekele
ukuvikelwa nokunakekelwa nguwe. Ziveze, ngaphakathi
nangaphandle. Sihlanganise sonke, futhi ngokukhanya
kwalobo bunye, masiqaphele ukuba khona kwakho
.okuyingqayizivele

Ngobuqotho bezinhliziyi zethu ezihlangene kanye
nokulangazelela kwemiphefumulo yethu evumelanayo,
siyakhothama phambi Kwakho, sifuna usizo Lwakho,
isiqondiso, kanye nokuqaphela njalo ukuba khona Kwakho
.emiphefumulweni yethu

Kwangathi umlilo wothando waphakade ungavutha
ngokukhanya ezinhliziyweni zethu, futhi kwangathi
singakuzwa ukusondela Kwakho kithi manje naphakade,
!Nkosi yethu, O Sithandwa sethu

Isifiso esiphakeme kanye nama-capsule engqondo
Inkulu inkazimulo kaNkulunkulu Ungumongo
weqiniso futhi angatholakala kulokhu kuphila
Ezinhliziyweni zabantu kunemithandazo eminingi
kanye nokunxusa: imali, udumo, impilo—imithandazo
yazo zonke izinhlobo Kodwa umthandazo okufanele
ube ngowokuqala nowokuqala kuzo zonke izinhliziy
uwukuzwa ubukhona bukaNkulunkulu Njengoba
sihamba ezindleleni zokuphila ngokuthula
nangokuqiniseka, kumelwe siqaphele ukuthi
uNkulunkulu ungumgomo wokugcina ongasanelisa
futhi ugcwalise izifiso zethu, ngoba kuNkulunkulu
kukhona impendulo yazo zonke izifiso zenhliziyo

Uma ungakwazi ukufeza isifiso ngemizamo yakho,
uphendukela kuNkulunkulu ngomthandazo Ngakho-
ke, yonke inkuthazo oyishoyo yembula isifiso
esifihliwe ngaphakathi Kodwa uma uthola
uNkulunkulu, zonke izifiso ziyanyamalala, futhi zonke
izifiso ziyagcwaliseka

Izifiso zezwe zivela emibonweni eyiphutha
mayelana nenjongo yokuphila Lo mhlaba awusilo
ikhaya lethu langempela Imibhalo isitshela ukuthi
singabakaNkulunkulu, ukuthi sidalwe ngomfanekiso
waKhe, nokuthi intando yaKhe iwukuba sibuyele
endaweni yethu yaphezulu Lokho isintu esihluleka
ukukuqaphela ukuthi ngaphandle kokuba sibuyele
emthonjeni waso waphezulu, sizophoqeleka ukuba
sizabalaze ukuze sigcwalise izifiso ezingenakubalwa
Cabanga ngalokho! Kuyiqiniso ukuthi abantu
abanakuzibamba ngaphandle kokuba nezifiso, futhi

akukho lutho olungalungile ngokuba nazo Nokho, izifiso eziningi zabantu zivimbela ukugcwaliseka kwesifiso sokugcina sokubuyela kuNkulunkulu Ngakho-ke, zilimaza injabulo yabantu Ngaphandle kokuba isintu sifise uNkulunkulu futhi simthole, sizoghubeka sivutha ngokulangazelela noma yini esicabanga ukuthi izosilethela injabulo Kodwa ukugcwaliseka okusheshayo kwazo zonke izifiso kuza ngokuzenzakalelayo kulabo abathola uNkulunkulu

Kunezinhlobo ezimbili zezifiso: lezo ezisisiza sithole uNkulunkulu, kanye nalezo ezisivimbela ekumtholeni. Isibonelo, uma othile ekona, ungase uzizwe unesifiso sokuziphindiselela. Kodwa-ke, uma unqoba lesi sifiso ngokusebenzisa amandla aphezulu futhi amukelekayo othando, uzobe usebenzise lona kanye ithuluzi elizokusiza uthole uNkulunkulu. Zonke izifiso kufanele zigcwaliseke ngendlela enhle, ngoba lapho zigcwaliseka ngezindlela zezwe, izifiso ziyanda, kanye nezinkinga nokuhlupheka. Uma sifunda ukunikela zonke izifiso zethu kuNkulunkulu, uzosebenza ukuze agcwalise izifiso zethu ezinhle futhi aqede lezo ezilimazayo nezibhubhisayo. Akukho sivikelo esikhulu kunonembeza omsulwa, futhi akukho sivikelo esingcono ekushayweni yimpilo kunokuba nezifiso ezinhle neziphakeme.

Uma siqaphela ukuthi umfanekiso ophelele kaNkulunkulu uhlala ngaphakathi kithi, zonke izifiso zethu ziyagcwaliseka Kulokho kuqaphela okungcwele, okudlula yonke ingcebo yasemhlabeni nengcebo, ngeke unyakaziswe noma ngabe unikezwa umhlaba wonke. Udumo ngeke lufake ukuziqhenya kuwe, futhi ngeke lukusole ngokukulimaza, ngoba uzonambitha injabulo kaNkulunkulu ngaphakathi kuwe, futhi lokho kuzoba yinto ebaluleke kakhulu empilweni yakho.

Kufanele sicele isiqondiso sikaNkulunkulu kuqala emizamweni yethu yokufeza izifiso zethu ezisemthethweni, futhi leyo yindlela engcono kakhulu yokuthola izimpendulo zayo yonke imithandazo yethu. Kodwa ukunxusa kumelwe kususwe emthandazweni. Indlela endala yokuthandaza kumele ishintshe, futhi kumelwe siphendukele kuNkulunkulu ngokuthembela okuphelele nokholo olungenakunyakaziswa lokuthi uyasizwa futhi uzosinika izicelo zethu. UNkulunkulu akafuni silahle intando yethu—ngisho nalapho sithandaza kuYe—ngoba leyo ntando iyisipho esiyigugu kakhulu esisithole esandleni saKhe somusa, ilungelo elingcwele ayehlose ukuba silithole kusukela ngesikhathi sokudalwa kwethu.

Ngokwemvelo, umuntu kumelwe ahlukhanise phakathi kwemithandazo nezifiso ezinengqondo nezingenangqondo. Khumbula ukuthi isifiso singamandla; uma unamathela esifisweni—kungakhathaliseki ukuthi sihle noma sibi, sizuzisa noma silimaza—futhi ucabanga ngaso imini nobusuku, sizogcina sigcwalisekile. Ngakho-ke, umuntu kufanele aqaphele futhi agweme ukugcina izifiso ezilimazayo, ngoba zizogcwaliseka futhi zizoletha umonakalo omkhulu kanye nosizi olukhulu.

Ngokuhamba kwesikhathi, uzothola ukuthi noma izifiso zakho zigcwalisekile, inhliziyo yakho ihlala ingenalutho, futhi uzobhekana nokuhlubuka kwangaphakathi Cabanga ukuthi uhlelo lwakho lokugaya ukudla lubuthakathaka, kodwa ufisa ukudla okuthosiwe Yiqiniso, uzozwa ubuhlungu njalo uma ukudla, naphezu kwenjabulo oyitholayo ngenkathi uzitika Ngakho-ke, uzozizwa sengathi wenze iphutha Ukuhlakanipha kuyala ukusebenzisa ukuqonda ukuhlukhanisa phakathi kwezifiso ezinhle nezimbi, futhi uma lokhu sekufeziwe, lezo zifiso ezingalungile

akufanele zigcwaliseke Abantu banamandla
angaphakathi okuqonda futhi kufanele
bawasebenzise njalo, begondisa izimpilo zabo
ngokwemiyalelo kanembeza, okuyizwi likaNkulunkulu

Izifiso ezingagcwaliseki zihlala enhliziyweni.
Yikuphi ukulimala okukhona ngokuzigcina lapho?
Nansi impendulo:

Zonke izifiso zakhiwe ngamandla athile: okuhle
noma okubi, noma kokubili Lapho umuntu efa—
kwangathi uNkulunkulu angaba nomusa kuye—la
mandla awafi naphezu kokubola komzimba.
Kunalokho, ahambisana nomphefumulo nomaphi
lapho uya khona ngesimo sama-capsule angokomoya
agxilile. Lapho umuntu ezalwa kabusha esesimweni
esisha sokuzalwa, la ma-capsule noma amaphilisi
engqondo abonakala njengokuthambekela
kokuziphatha. Ngakho-ke, umuntu oshonile
eyisidakwa uletha ukuthambekela kotshwala lapho
ezalwa kabusha, futhi lokhu kuthambekela
kuyaqhubeka kuze kube yilapho engoba ukunxanela
utshwala. Lokhu kusebenza nakwezinye izinto.

Ngisho nezingane ezincane kakhulu zibonisa izici
ezitholwe ekuphileni kwangaphambilini Ezinye
izingane zihlushwa ukucasuka okukhulu Abanye
banentukuthelo embi Yiqiniso, uNkulunkulu
akazidalanga ngale ndlela Izifiso ezingagcwaliseki
zokuphila kwangaphambilini ziye zabumba lezi
zindlela zengqondo, futhi ngenxa yazo, umphefumulo
ubonakala ungajwayelekile, yize udalwe
ngomfanekiso kaNkulunkulu omsulwa Uma
umfanekiso kaNkulunkulu uphambukile ngaphakathi
komuntu kulokhu kuphila, kungaba ngentukuthelo,
ukwesaba, noma inkanuko, futhi lezi zimfanelo
zinganqotshwa manje, khona-ke zizozalwa kabusha
nazo (noma zizozalwa kabusha nazo), zithwele

umthwalo walezi zindlela ezidabukisayo kuze kube yilapho zizingoba kulokhu noma esikhathini esizayo sokuzalwa. Akukho ukuphunyuka kuzo kuze kube yilapho zinqotshwa.

Ngakho-ke, kungcono ukugcwalisa zonke izifiso manje noma ukuzingoba

Indlela engcono kakhulu yokususa izifiso ezinjalo unomphela iwukuzizwa injabulo enkulu yaphezulu. Ngaphandle kwalokho, lezi zifiso ezicindezelwe kanye nezifiso ezingagcwalisekanga zizohlupha futhi zihluphe umphefumulo.

Umuntu kumele aqaphele, ngokuqonda nokuhlakanipha, ukuthi uNkulunkulu kuphela okwazi ukunikeza injabulo emsulwa nehlala njalo

Esikhathini esiningi, izifiso zihlala zifihliwe entweni engazi lutho. Ungase ucabange ukuthi seziphelile, kodwa aziphelile; lokhu kungenye yezimfihlakalo zokuphila, okuyimfihlakalo enkulu ngokwayo.

Kodwa imfihlakalo iyanyamalala lapho sihlaziya impilo futhi sicabanga ngencazelo yayo Uma ubungahlala buthule isikhashana nsuku zonke uzihlale, uzothola ukuthi unezifiso eziningi ezingagcwalisekanga. Lezi zifiso zifana namagciwane abulalayo umuntu awaphatha nomaphi lapho eya khona, kokubili kulokhu kuphila nakwelandelayo.

Indlela engcono kakhulu yokuqhubekela phambili ukuqonda—ngokukhetha okuhlakaniphile—izifiso ezilimazayo kulokhu kuphila bese ugxila emizamweni yakho ekugcwaliseni izifiso zakho ezinhle Uma uzizwa unesifiso sokuzibulala noma sokwenza noma yini engalungile, kumelwe ulahle leso sifiso manje Ziqinisekise, ngomcabango nangezenzo, ukuthi unenhlansi yobuNkulunkulu emphefumulweni wakho, futhi ukhumbule ukuthi wadalwa ngomfanekiso

woMninimandla onke, ngakho-ke unamandla okudlula imvelo yakho nemikhuba yakho

Unganamatheli kakhulu ezintweni zokunethezeka kodwa ungabi nandaba nezifiso, futhi uzoyinqoba impi yokuphila Uma uhlushwa ubuhlungu obungapheli, zama ngangokunokwenzeka ukuzihlukanisa nokuqwashisa ngokomzimba Ngokuqonda, unganqoba izinzwa Ukuqonda okuhlakaniphile kungumlilo oshisa izifiso ezilimazayo nezifiso ezibhubhisayo, uzishintshe zibe umlotha

Kungumkhuba ovamile ukuthi abantu bagcine izinto ezindala, ezigugile, nezingadingeki ekhoneni lendlu, futhi bahlanze indlu ngezikhathi ezithile Ngokufanayo, ekhoneni lengqondo yakho engaphansi kwengqondo kulele izifiso eziningi ezinomonakalo ocashile, ezingakubangela inkinga enkulu ngolunye usuku uma ungazixazululi kahle.

Ukuzihlaziya kubalulekile endleleni engokomoya Ungase ube nenzondo, ucasuke, noma usheshe ukuthukuthela Uma kunjalo, lezi zici ezigcinwe engqondweni yakho ziwumphumela wezenzo zakho zesikhathi esidlule Ukuze uhlanze ingqondo yakho kule fenisha echithekile, egugile, kufanele uqale ngezenzo ezinhle nezakhayo futhi uhlakulele uthando ngabanye Lapho ubathanda kakhulu abantu, kulapho nabo bezokuthanda khona, futhi uzoluzwa uthando lwabo Kodwa uma ubagxeka, ngisho nakuwe, bazokuzwa lokho kugxekwa futhi bakubuyisele kuwe kukhuliswe!

Ake sithi isitha esidala sesifile, kodwa usamthukuthelele futhi usamzonda. Uzohlupheka ngenxa yalobu buhlungu, futhi imiphumela yalo elimazayo izobonakala emzimbeni nasengqondweni yakho. Kungcono ukumthethelela ngenxa kaNkulunkulu, ngoba ngokwenza kanjalo,

uzozikhulula ezifisweni ezimbi zokuziphindiselela ezibhubhisa ukuthula kwengqondo yakho futhi zichithe ukuthula kwakho. Ukunqwabelanisa inzondo phezu kwenzondo, noma ukuphendula ebutha ngenzondo, akugcini nje ngokukhulisa ubutha besitha sakho kuwe kodwa futhi kungcolisa umzimba wakho nemizwa yakho ngenxa yalokho. Ngakho thethelela ngokuthethelela okuhle.

Ngezikhathi ezithile, umuntu kumelwe ashiye konke ukuze abe yedwa, ukuze azindle ngenjongo yokuphila Abantu abaningi banamathele emasikweni nasezimfashinini. Eqinisweni, abakaze baphile izimpilo zabo, kodwa kunalokho baphile izimpilo zomhlaba. Yini abayifezile, futhi baphelelephi?

Ngakho-ke, kuwukuhlakanipha ngomuntu ukuthi ngezinye izikhathi azisuse emisebenzini yansuku zonke kanye "nemisebenzi" ukuze azole ukukhathazeka kwengqondo yakhe futhi azame ukuqonda umongo wayo futhi anqume umgomo afuna ukuwufinyelela.

Khumbula ukuthi ubufakazi obukhulu kakhulu ongabuthola yilobo bonembeza wakho: izwi lomphefumulo wakho elingenaphutha nelingenaphutha Lokho unembeza wakho okukutshelayo ukuthi ungubani ngempela, ngaphandle kokuhlobisa noma ukufihla

Cabanga ngamandla kaJesu Kristu owathi, “Baba, bathethelele, ngokuba abazi ukuthi bangakwenza kanjani lokho abangakwaziyo”

Futhi cabanga ngoMprofethi omkhulu owathi: “Angikutsheli yini ukuthi yini ephakamisa isikhundla somuntu?” Bathi: “Yebo, O Sithunywa sikaNkulunkulu” Wathi: “Bekezela kulowo ongazi lutho ngawe, mnike lowo okugodlelayo, gcina

ubuhlobo nalowo onqamula ubuhlobo nawe, futhi uthethelele lowo okuphambanisayo."

Ukulalela izwi likanembeza wakho okhanyiselwe kuzoletha ukukhanya endleleni yakho kanye nesibusiso empilweni yakho Uma uzizwa unesifiso esinamandla enhliziyweni yakho sokugcwalisa isifiso, sebenzisa ukuqonda kwakho bese uzibuza: "Ingabe yisifiso esihle noma esibi engifuna ukusigcwalisa?"

Ziningi izinto ezikhuthaza izifiso zabantu Uma umuntu ebona imoto entsha, ufuna ukuba nemoto efana nayo Uma ebona indlu entsha yesitayela, ufuna ukuba nemoto efana nayo Umkhuba omusha wemfashini uyathandwa, futhi abantu bafisa ukuthenga nokugqoka leso sitayela!

Zivelaphi izifiso? Ngichithe amahora amaningi ngicabanga ngalokhu Ungakwazi yini ukuhlukanisa zonke izifiso zakho? Ngikwazile ukuzihlela zonke futhi ngigcine ezinhle kuphela. Futhi lapho ngithola ukuhlangana kwaphezulu, ngathola ukuthi zonke izifiso zami ezinhle zagcwaliseka ngesikhathi esisodwa Namuhla ufisa okuthile, futhi kusasa umphefumulo wakho ulangazelela okunye Inggondo yakho, evela kuNkulunkulu uSomandla, ayikwazi ukwaneliswa yizimpahla zaleli zwe, futhi ngeke ikwaneliseke, ngoba, mngane wami othandekayo, ulahlekelwe yingcebo eyigugu kakhulu neyigugu yomphefumulo wakho, okunguye yedwa onamandla okwanelisa isifiso sakho nokufeza izifiso zakho. Leyo ngcebo elahlekile nguNkulunkulu.

Kuyiqiniso ukuthi kunezifiso ezinhle noma ezidingekayo, nokuthi kufanele usebenzele ukuzigcwalisa Kodwa ngenkathi uzama ukugcwalisa izifiso zakho ezincane, ungakhohlwa ukugcwalisa isifiso sakho esikhulu kuNkulunkulu kuqala. Ukuqiniseka ukuthi izifiso ezincane nemisebenzi

kumele kugcwaliseke kuqala kuyinkohliso futhi kuyinkohliso. Ngisakhumbula ekuqaleni kohambo lwami olungokomoya ukuthi ngangihlehlisa izinto futhi ngangingazindli njalo, yize ngangizitshela ukuthi ngizozinika isikhathi salokho. Kwadlula unyaka wonke kanje ngaphambi kokuba ngiqaphele ukuthi angizange ngikugcwalise lokho engangizithembise khona. Ngazifungela ngokushesha ukuthi into yokuqala engizoyenza ekuseni kwakuwukugeza bese ngizindla ngoNkulunkulu. Imisebenzi yansuku zonke yayiminingi ngaleso sikhathi, futhi kwakungelula ukuyibalekela, ngisho nangesikhashana. Ngakho-ke, nganquma ukwenza imisebenzi yami engokomoya kuqala. Ngakho-ke, ngafunda isifundo esikhulu: umsebenzi wami kuNkulunkulu uza kuqala, futhi yilapho kuphela lapho nginakekela khona eminye imisebenzi engabalulekile kangako.

Kungani uNkulunkulu kufanele avulele isintu amasango aphakade uma isintu sibeka phambili eminye imisebenzi kanye nokucatshangelwa kunoNkulunkulu? UNkulunkulu ubeke amaphiko angokomoya ngaphakathi kwethu futhi ulindele ukuba sikhuphukele ezindaweni zomoya La maphiko ayizifiso zethu ezingokomoya, imicabango yethu ephakeme, kanye nokulangazelela kwethu okuqotho umthombo wethu waphezulu

Masifune uNkulunkulu kuqala Akuhlakaniphile ukunikeza ukubaluleka okukhulu emisebenzini yasemhlabeni, ngoba u-Azrael angabiza umphefumulo nganoma yisiphi isikhathi, bese yonke imisebenzi, izibopho, ukukhathazeka, kanye nezibopho kuzophela futhi kuphele unomphela Ngakho kungani ubambelele kangaka ekuphileni?

Umuntu ucabanga ukuthi ujabulela ukulondeka nokuthula kwengqondo, bese ngokuzumayo

**elahlekelwa othandekayo, noma elahlekelwa impilo
yakhe noma umsebenzi wakhe, bese ukulondeka
nokuthula kwengqondo kuyaphela!**

**Yeka ukuthi uthando lwami ngomama
lwalulukhulu kangakanani! Bengicabanga ukuthi
uzohlala enami, kodwa ngokuzumayo ngathola ukuthi
wayengishiyile ngiseyingane! Akufanele sesabe
ukufa, kodwa kufanele sikulungele.**

**Ukuphila akusikho lokho okubonakala sengathi
Ungabeki ithemba lakho kukho, ngoba
kuyashintshashintsha, kuyakhohlisa, futhi kugcwele
ukudumazeka namathemba aphukile Ukuphelela
akutholakali lapha Angifuni ukukunikeza isithombe
esingokoqobo sempilo Leli zwe alilona ipharadesi
Liyindawo yokucwaninga yaphezulu lapho
uNkulunkulu ehlola khona imiphefumulo ukuze abone
ukuthi izonqoba yini izifiso ezimbi ngobuhle futhi
imenze Yena—okungukuthi, enze uNkulunkulu—isifiso
sayo esikhulu, ukuze ibuyele embusweni Wakhe**

**Ukuphila kugcwele zonke izinhlobo zezinhlekelele
namahlaya, izinhlekelele kanye nenjabulo
Kuyindwangu enkulu, eshintsha njalo, futhi ephilayo
yezinhlobo ezingenakubalwa Azikho izinto ezimbili
ezifanayo ncamashi Ukuphila komuntu ngamunye
kuhlukile Umuntu ngamunye unezici ezahlukene,
indlela yokucabanga ehlukile, kanye nezifiso
ezahlukene Ukube besibhekene novivinyo olufanayo
nsuku zonke, besizokhathala futhi sikhathale Ngisho
nePharadesi, ukube belingahlala lifana,
belizolahlekelwa ukukhanga kwalo Sithanda
ukuhlukahluka kanye nokwehlukahluka Umqondo
wendabuko ovamile wePharadesi awulungile neze
Ukube belingadina ngempela, abangcwele kanye
namadoda angcwele kaNkulunkulu ngabe
bathandazele ukubuyela eMhlabeni ukuzozijabulisa!**

IPharadesi lihlala livuselelwa ngendlela ejabulisa kakhulu, kuyilapho uMhlaba uvame ukuvuselelwa njalo, kodwa ngendlela eyisicefe nengathandeki

Nokho, naphezu kokuthi impilo iyakhathaza futhi inzima, abantu abaningi bayayijwayela, bekholelwa ukuthi ayikho enye indlela yokuphila. Abakwazi ukuqhathanisa lokhu kuphila nokuphila okungokomoya, bayahluleka ukuqaphela ubukhulu bobuhlungu nokukhathala okufihliwe ngaphakathi kwaleli zwe.

Eqinisweni, impilo ayiyona into yangempela Kumane nje kuyizinto zokuzijabulisa, akukho okunye Njengoba amafilimu amadala ekhishwa kabusha ngokuphindaphindiwe, kanjalo nezenzakalo ezindala ezifanayo ziyaziphinda ngezindlela ezahlukene. Naphezu kokuqhubeka kokuphila okungapheli, izindikimba ezifanayo ezethulwe kumafilimu adlule ziyaphindwa ngokulandelana. Ngempela, umlando uyaziphinda, futhi abantu bamane bayizingcweti eminyuziyamu yesikhathi.

Ukuvumela impilo iveze izimanga zayo, yamukele ngenjabulo, ngobuqotho, nangokuhlukana, ingathinteki imizwa, njengokungathi ubuka i-movie Ukuhleka okusuka enhliziyweni kuyindlela enhle yokwelapha zonke izifo zabantu

Kumelwe ubhekane nokuphila kalula nangenduduzo Yilokhu engikufundile kuthisha wami Ekuqaleni kokuqeqeshwa kwami ngokomoya endaweni yakhe yokuhlala, ngenza imisebenzi yami ngobuso obuthukuthele, ngingakaze ngimomothoke. Ngolunye usuku uthisha wami wakuphawula lokhu wathi, "Uma uNkulunkulu evuma, konke kuhamba kahle! Ingabe usemngcwabeni? Awazi yini ukuthi ukuthola uNkulunkulu kusho ukufihla izinkathazo

nokufihla zonke izinsizi? Ungakuthathi ngokungathi sína ukuphila"

Wangifundisa ukuthi kungumsebenzi womuntu ukuphakamisa ingqondo yakhe ngaphezu kwazo zonke iziphazamiso nezinkinga zasemhlabeni ukuze athole inkululeko ephelele kuNkulunkulu.

Umuntu kumelwe alondoloze ibhalansi enjabulweni nasezinsizini, inzuzo nasekulahlekelweni, ukunqoba nasekuhlulekeni ukuze abhekane nezinselele zokuphila ngesibindi nokuzethemba.

Ukugcina ukuthula kwangaphakathi naphezu kwazo zonke izehlakalo kuyindlela engcono kakhulu yokunqoba izifiso ezikhohlisayo Lokhu yilokho engikufundile kwabakhulu abangazange bathintwe ukushintshashintsha kwesikhathi, kodwa bahlala beqinile futhi bengaguquki kwaze kwaba sekupheleni Ngisho nabaprofethi, lapho behlushwa, abazange balahlekelwe ukuqonda kwabo okungcwele, futhi abazange bavumele muntu ukuba antshontshe uthando lukaNkulunkulu kubo Injabulo engokomoya ngokwayo iyisivikelo esibusisiwe kanye nenqaba enkulu kunazo zonke Phakathi kwezilingo nezinsizi, khumbula izibusiso uNkulunkulu akunike zona Umphefumulo wakho uyithempeli likaNkulunkulu elingcwele Akufanele uvumele ubumnyama bokungazi bungcolise leyo ndawo emsulwa Yeka ukuthi kuhle kangakanani ukuba sesimweni sokwazi ngokomoya, ukuhlonishwa, ukuhlonishwa, ukuphepha, nokuthula! Ungesabi lutho futhi ungazondi muntu Nikeza uthando lwakho kuwo wonke umuntu Zizwe uthando lukaNkulunkulu futhi ubone ubukhona Bakhe kubo bonke abantu, futhi vumela isifiso sakho esinamandla sibe ubukhona Bakhe obuhlala njalo enhliziyweni yakho Lena yindlela yokuphila ngokuthula nangokuthula kuleli zwe Kodwa kunzima ukunambitha

**lokhu kwaneliseka uma nje imimoya enamandla
yezifiso ivunguza endaweni yenhliziyo futhi
inyakazisa imithi yayo ngamandla**

**Izifiso zakhiwa yindawo umuntu aphila kuyo
Zizalwa ngemibono yethu yezinzwa futhi zinqunyelwe
yimingcele yaleyo mibono. Ukuya embukisweni
wasemakhaya kugcwalisa isifiso sokujabula, kodwa
ngemva kokuvakashela umbukiso wezinga lomhlaba
nokubona yonke imibukiso ehlukenene, umbukiso
omncane ulahlekelwa ubuhle nokukhanga kwawo.
Ngakho-ke, kumelwe siqale sithole injabulo
yokuxhumana noNkulunkulu ukuze sikwazi
ukuqhathanisa leyo njabulo nezinjabulo zasemhlabeni
ezincane. Khona-ke, izifiso ziyoba ngokwemvelo
ephakeme. Isifiso asipheli; ngokushesha nje lapho
isifiso esisodwa sigcwaliseka kunesinye esithatha
indawo yaso. Kodwa uma uthola uNkulunkulu, zonke
izifiso zakho ziyagcwaliseka. "Funani kuqala umbuso
kaNkulunkulu nokulunga kwakhe, khona konke lokhu
niyophiwa khona (Futhi okukuNkulunkulu kungcono
futhi kuhlala isikhathi eside)." Ngakho-ke kungani
ungafuni kuqala ukugcwaliseka kwaleso sifiso
esikhulu futhi uthole esandleni sikaNkulunkulu
esinomusa okuhle kakhulu nokuhlala isikhathi eside?**

**Uma uNkulunkulu ephendula umthandazo
womfuni wokumazi, zonke ezinye izifiso zakhe
zizogcwaliseka ngokushesha naphakade.**

**Abanye abantu bacabanga ukuthi abanazo izifiso.
Kulungile!**

**Ngiphawulile ukuthi kwenzekani kaningi lapho
abantu beya emakethe. Bangase bangabi nesifiso
esithile sokuthenga, kodwa ngokuzumayo okuthile
kubathinta amehlo bese becabanga, "O yebo,
kufanele ngikuthenge!"**

Ngisho noma bengakuthengi ngokushesha, kuhlala engqondweni yabo imini nobusuku kuze kube yilapho ekugcineni bekwenza, noma ngabe kufanele baboleke imali. Bayijabulela isikhashana, kodwa kancane kancane ukukhanga kwayo kuyaphela futhi injabulo yokuba nayo iyancipha, ngakho-ke bafisa okunye, njalo njalo.

Ngezinye izikhathi sihlangana nomuntu othi: "Ah, ukube nje benginayo imali eningi kangaka (noma imoto ekhethekile noma ichibi lokubhukuda noma noma)" bese kuthi ngokushesha nje lapho leso sifiso sesigcwalisekile, kuvele esinye isifiso sento entsha.

Izifiso zabantu aziphelele ngokwemvelo, ngakho-ke azikwazi ukufeza injabulo ephelele kubanikazi bazo.

Izwe lizozama ukukuphazamisa ekukhumbuleni ukuthi okuwukuphela kwesifiso esibaluleke ngempela ukuthola uNkulunkulu Kodwa kumelwe uzikhumbuze ngalokhu nsuku zonke Uma umuntu enquma ukuyeka ukubhema, ukuyeka ukudla ngokweqile, ukuyeka ukuqamba amanga, noma ukuyeka ukukopela, kumelwe aqine esinqumweni sakhe futhi anganqikazi. Indawo embi iyayiqeda futhi iyenze buthaka intando, idale izifiso zamanga ngaphakathi komuntu. Ithatha okuhle kakhulu kuye futhi imnike okubi kakhulu. Labo abahlala namasela bakholelwa ukuthi yindlela kuphela yokuphila. Kodwa ukuhlangana nabantu abalungile kuqondisa ingqondo ezintweni eziphakeme, ukuze izifiso zamanga zingabe zisamlinga umuntu. Konke okukulesi mpilo kungashintsha futhi kuyashintshashintsha. Kodwa imizuzu embalwa yokuzindla okujulile noma ukufunda nokuzindla ngezihloko ezingokomoya ezihlanzekile kuyoba umthombo wokuphefumulelwa, ukuthwala umfuni oqotho ngaphesheya kolwandle lwenkohliso

nokukhohlisa uye ogwini lwaphezulu lapho "akukho kukhathala okuzomthinta khona, futhi ngeke axoshwe khona."

(Ukuphumula okukhulu kakhulu kulungiselelwe labo abasebenze kanzima, futhi lowo ongazange azikhandle ekufuneni iqiniso uselitholile)

Injabulo yangempela itholakala ekulangazeleleni uNkulunkulu nasekucabangeni njalo Ngaye Ngokubekezela, kufika isikhathi lapho lowo mcabango uba oqinile futhi ongaguquki kangangokuthi akukho ukuhlupheka ngokomzimba, ngokwengqondo, noma ngokomzwelo okungaphambukisa ukuqonda kwakho kuNkulunkulu Akumangalisi yini ukuphila nokuqaphela uNkulunkulu, ukucabanga Ngaye nokumuzwa ngaso sonke isikhathi, nokuhlala endaweni engcwele yobukhona Bakhe obungenakunqotshwa, lapho ukufa nanoma yini enye ingakuntshontsha khona ukuthula kwangaphakathi? (Labo abakholwayo futhi izinhliziyi zabo zithola ukuphumula ekukhumbuleni uNkulunkulu Impela, ekukhumbuleni uNkulunkulu izinhliziyi zithola ukuphumula)

Uma usungakwazi ukuzivikela kuzo zonke izifiso, ujabulela ukuba khona kwaphakade

Impilo iyingqaba ngempela, ngoba konke kungashintsha Ngakho-ke, umuntu akufanele aqinise umkhumbi wenjabulo esihlabathini esishintshayo salokhu kuphila Isikhathi sethu sizodlula, futhi lokho esikubonayo manje ngolunye usuku kuzobe sekudlulile Ushintsho luyamukeleka uma nje ungaluvumeli ukuba lukulimaze Futhi uma lukulimaza, ukuphazamiseka kwangaphakathi obhekana nakho kuwumyalezo kuwe wokuthi ungaphathwa yizifiso Uma uvikelekile emoyeni waphezulu, ujabulela konke ngaphandle kokunamathela noma ukuncika Ngakho-

**ke, ukuzama ukumazi kubaluleke kakhulu kulabo
abakhathalelayo; ngaphandle kwalokho, impilo izoba
ukudumala okukhulu, amathemba ashaqisayo
ngendlela embi kakhulu**

**Lapho ngibuyela eNdiya ngo-1935,
nganginethemba lokuvakashela izindawo
engangizithanda ngiseyingane, kodwa lapho ngifika,
ngathola ukuthi konke sekushintshile Isigaba sempilo
sasihlelwe kabusha ngendlela ehlukile Ukudumala
okukhulu nokushaqeka kwafika lapho ngivakashela
indlu yami endala e-Aykapur, lapho ngangivame
ukudlala futhi ngibukele izinyoni. Kwasala umuthi
owodwa kuphela kukho konke engangikukhumbula.
Kunjalo ukuphila! Izinto ezijwayelekile
nezithandekayo ziyanyamalala emehlweni ethu
ngayinye ngayinye Ngangikulungele ukunikeza noma
yini ukuze ngibone indlu yethu njengoba yayinjalo
ebuntwaneni bami. Kodwa-ke, uNkulunkulu wanginika
isifiso sami, ngoba kamuva ngabona indlu
embonweni, lapho sabhukuda khona echibini, ngabe
sengikhuphukela phezulu, ngalala embhedeni, ngadla
ama-mango, njengoba nje ngangenza eminyakeni
eminingi ngaphambili.**

**Izifiso manje kumele zihlolwe futhi zihlolwe
ngokucophelela, zihlungwe kahle, futhi zigcinwe
ezinhle kuphela, futhi ngisho nalezo zifiso ezinhle
azivunyelwe ukuvimba isifiso esibaluleke kakhulu
ngoNkulunkulu.**

**Leso sifiso kumelwe sihlale siphila futhi sivutha,
futhi akufanele sivunyelwe ukuba siphile noma
siphile Umuntu ungaphansi kokukhohlisa okukhulu
lapho ecela uNkulunkulu ukuba agcwalise izifiso
zakhe zasemhlabeni kodwa angamceli ukuba
azembule kuye Cabanga ngengane ehlala ifuna ukuba
abazali bayo banikeze izicelo zayo, futhi ngaphandle**

kwalokho ingabuzi ngazo futhi ingacabangi ngazo. Lokho kungukungabongi nokuphika umusa wabo, futhi kulokho kunesifundo kulabo abacabanga ngakho.

Uma le ncwadi yokuphila isetshenziswa, umuntu uzohambisana nolwazi olungokomoya olutholwe ngesikhathi sokuphila kwakhe emhlabeni. Ngakho-ke, uNkulunkulu kumelwe ahlale ekhona engqondweni yakhe, emnxusa njalo futhi angalokothi amkhohlwe uma ekhathazekile ngempela ngekusasa lakhe elingokomoya. Uma sisebudlelwaneni noNkulunkulu, sizothola ukuthi zonke izifiso ziyagcwaliseka ngendlela eyimfihlakalo. Kodwa kumelwe sifune uNkulunkulu kuqala. Unomusa futhi usinike konke, kodwa sizomthola kuphela uma singanelisekile ngezipho zakhe kodwa siphendukela kuMniki uqobo. Sizomazi uma nje siqotho ekufuneni kwethu, sizimisele esifisweni sethu sokusondela kuYe futhi sizizwele ubukhona bakhe obubusisiwe.

Isithiyo esikhulu umuntu abhekene naso yisona uqobo lwakhe. Lapho bezama ukuhlala buthule futhi bezindla ngezinto ezingokomoya, imicabango yezwe iyavela ngokuzumayo, ibaphazamise futhi ibavimbele ekufinyeleleni umgomo wabo. Kumelwe baziqeqeshe ukulawula imicabango nemizimba yabo, futhi ngokwenza kanjalo, bazophatha ipharadesi elithwalekayo ngaphakathi komphefumulo wabo. Ekuphileni noma ekufeni, ezulwini noma esihogweni, leyo njabulo enkulu iyohambisana nabo.

Kumelwe sithandaze kuNkulunkulu ngokujulile, sithulule isifiso sethu esikhulu, simcele ngolimi lwenhliziyo, isifiso somphefumulo, kanye nokuhleba konembeza, ukuze asizwe futhi asiphendule. Kodwa uma umuntu ethandaza ngenhliziyo engaphelele futhi ngesikhathi esifanayo ecabanga ngenye into—into

uNkulunkulu aziyo ukuthi akuyona into eyinhloko ekhathaza lowo muntu—Ngeke aphenhle.

Kumelwe sibe noNkulunkulu kuqala Isikhathi sesifikile Akufanele silinde, ngoba imicabango inamandla kakhulu Impilo idlula ngokushesha, futhi kuyihlazo ukushiya leli zwe ngaphandle kokwazi injongo yokuphila Kufanele sicabange noma nini lapho sinesikhathi sokukhululeka Ngisho noma imithandazo yakho ingaphendulwa ekuqaleni, ungalilahli ithemba ngesihe sikaNkulunkulu, kodwa qhubeka unxusa Thandaza ngobuqotho futhi uthembele ukuthi umthandazo wakho uzophendulwa

Ngibone empilweni yami ubufakazi obukhulu kakhulu bokuphendula kukaNkulunkulu emthandazweni Kodwa impendulo enjalo idinga umzamo, ngoba akukho lutho olubalulekile olufika ngaphandle kokuzikhandla Ukuzindla kubalulekile ukuze kwembulwe izimfihlakalo zokuphila futhi kungene embusweni kaNkulunkulu

Imikhuba emibi nezinye iziphazamiso zizozama ukulimaza imizamo yakho futhi zenze buthaka ukuzimisela kwakho. Kodwa uma ufuna ukujabula, gcina imicabango yakho ibheke kuNkulunkulu, futhi uzomthola eseduze nawe.

Izifiso zenjabulo yasemhlabeni zidala ukudonsa okunamandla okudonsela umuntu kulo mhlaba, impilo ngemva kokuphila Ukubuyela enyameni kuba yinto engadingekile kulabo abathole izifiso zabo kuNkulunkulu Noma nini lapho befisa ukufeza noma yisiphi isifiso, bayacabanga ngaso, futhi sibonakala phambi kwabo Umama wabonakala kimi ngemva kokufa kwakhe, futhi ngaduduzeka ngokumbona futhi ngabonga uNkulunkulu ngobuhle bakhe. Ngempela, ungoPhana Kakhulu futhi unesihe Kakhulu. Ugcwalisa izifiso zethu ukuze abonise uthando lwakhe

nokubonga kithi lapho simnika indawo yokuqala ezinhliziyweni zethu.

Uma umuntu efika kuNkulunkulu, uba yinkosi yokuphila nesiphetho. Akufanele siphumule kuze kube yilapho ubukhona bukaNkulunkulu buqina ezimpilweni zethu. Uzosinika konke esikulangazelelayo futhi uzosivivinya.

Izilingo nezithiyo endleleni yokomoya ziningi futhi zinkulu, kodwa njengoba sidlula kulezo zilingo futhi singoba lezo zithiyo, kumelwe sithi: “O Nkosi, Uphendule imithandazo yami futhi wagcwalisa izifiso zami ezinkulu, ngakho inhliziyo yami iye yagcwala ubukhona Bakho futhi umphefumulo wami ukhanya ngokukhanya Kwakho”

Ukuthula makube phezu kwakho

Kusukela emazwini kathisha uParamhansa

Yogananda

Abantu bakhononda ngomqondo wokuyeka izinto ezithile empilweni, yize empeleni bedela izinto eziningi eziyigugu, okubaluleke kakhulu ukuthula kwengqondo, futhi ngezinye izikhathi baze bazidele ngenxa yemali, engase .yonakale futhi ilahlekelwe

Zinikeleni kuNkulunkulu futhi nizothola ukuthi impilo yenu isifana nomculo omuhle onesigqi

Phendulela ukunaka kwakho ngaphakathi kusuka kuleli zwe uye embusweni omkhulu kaNkulunkulu ongaphakathi kwakho

Emkhunjini wokuthula ungahamba ngomkhumbi uye kulelo zwe elingaphezu kwamaphupho ethu lapho umthombo waphezulu ugeleza khona ungaphezi ekujuleni .kwenhliziyo nomphefumulo

Nkosi, ngisize ngidlale indima yami emdlalweni
wokuphila ngendlela ejabulisa Wena, kungakhathaliseki
ukuthi ngibuthakathaka noma nginamandla, ngiyagula noma
ngiphilile, ngidumile noma angazi, ngicebile noma ngimpofu,
.ngazi ukuthi uyangithanda futhi awusoze wangishiya

Ingcebo ingathathwa kumuntu, noma ingathathwa kuyo,
lapho ehamba kuleli zwe, futhi abakwazi ukuyithatha
bahambe nayo Inani layo langempela lisekuyisebenziseleni
imisebenzi ezuzisayo nasekuletheni injabulo kuwe
nakwabanye ngendlela ejabulisa uNkulunkulu nonembeza
wakho

Labo abacabanga ngokulondeka kwabo nenduduzo yabo
kuphela, bekhohlwa noma bengazinaki izidingo zabanye,
empeleni bathanda ubumpofu obuzoba yisabelo sabo
ngolunye usuku Labo abanamathela engcebweni yabo
esikhundleni sokuyisebenzisela imisebenzi emihle abazilethi
ukuchuma ekuphileni kwabo kwangemva kokufa kodwa
bazalwa bempofu, benezifiso nezifiso zabacebile. Kodwa labo
ababelana nabanye ngokuchichima kwabo nokuchuma
.kwabo badonsela ubuhle nenala nomaphi lapho beya khona

Uma upha labo abakufanelekelayo ngokuzithandela,
uzothola ukuthi uNkulunkulu uhlala enawe futhi akasoze
akushiye futhi ngeke udinge lutho. Akumelwe sikhohlwe
ukuthi izimpilo zethu zisekelwa nguNkulunkulu ngokuqondile
futhi uma siqaphela ukuthi izingqondo zethu, izintando zethu
kanye nemisebenzi yethu konke kuncike kuNkulunkulu futhi
kuthola amandla akho kuYe, khona-ke sizothola isiqondiso
esiqondile kuYe futhi sizoqaphela ukuthi impilo yethu iyafana
.nokuphila kwaKhe okungenamkhawulo

Ukuzindla kunikeza ubufakazi bokuthi uNkulunkulu
ukhona Uma amagagasi emizwa esesusiwe echibini
lengqondo, injabulo yaphezulu iyavela emphefumulweni. Le
.njabulo isivele ikhona emphefumulweni, kodwa imboziwe

O, Nkosi Ngizosebenzisa amandla ami okuzimisela
kanye nokuhlakanipha kwami Ukufeza izinto ezincane kuqala
Bese ngiqhubekela phambili empumelelweni emikhulu
Noma ngabe zonke izifiso zezinto ezibonakalayo
ziyafezwa, kodwa kunikeza injabulo engaphelele - futhi
ngokuthola uNkulunkulu ngizothola imithombo yenjabulo
engapheli Futhi ayiyeki ukugeleza nokugeleza Ezingadini
nasemadlelweni aluhlaza okomphefumulo

Indlu: Isikwele Sokunqoba

Uma umuntu echitha impilo yakhe ephishekela injabulo
ethile ngemva kwenye, ngeke akwazi ukunambitheka
kwenjabulo yangempela. Kufanele aphile kalula futhi
abhekane nokuphila kalula. Kunconywa ukuthi umuntu
achithe isikhathi eyedwa, ezindla ngezenzo zakhe
ngezikhathi ezithile, futhi ezijwayeza ukuthula
kwangaphakathi, okuletha ukuphulukiswa, ukuvuselelwa,
.kanye namandla avuselelwe

Uma iziphazamiso zikhona njalo futhi ezinye izinto
zihlasela izinzwa, imizwa izohlupheka ngenxa yalokho,
amandla amaningi abalulekile azochithwa, futhi
umphefumulo uzozizwa ucindezelekile futhi ucindezelekile.
Ngaphezu kwalokho, umuntu akufanele akhathazeke
ngokweqile ngokulungisa abanye; kunalokho, umuntu
kufanele azilungise ngaphambi kokuzama ukulungisa
.abanye

Kwaziswe ukuthi ikhaya liyindawo yokulwa enkulu
kunazo zonke. Umuntu oyingelosi ekhaya lakhe uzoba
.yingelosi noma kuphi

Ubumnandi bezwi kanye nokuthula okusikiselwa
ukuziphatha okuhle kuyadingeka kakhulu ekhaya kunanoma
.yikuphi okunye

Njengoba nje ubumnyama bungenakuhlala lapho
ukukhanya kukhanya khona, nobumnyama besifo kumelwe
bunyamalale lapho ukukhanya kukaNkulunkulu kukhanya

emangqamuzaneni omzimba, futhi bambalwa abaqaphela
.leli qiniso

Uma abantu bezizwa benesifiso esinamandla
sokuphulukiswa, bathandaza ngezinhliziyi ezikhathazekile
Noma benomuzwa wokuphelelwa yithemba, becabanga
ukuthi uNkulunkulu ngeke ayilalele imithandazo yabo Noma
bayathandaza kodwa abalindi Ukuze bazi ukuthi imithandazo
.yabo ifinyelele kuNkulunkulu yini

Njengoba nje umuntu engenakulalela umculo osakazwa
emoyeni esebenzisa i-receiver enephutha, kanjalo umuntu
akanakukwazi ukuzwa ukudlidliza kwempilo, amandla,
nokuhlakanipha okuvela kuNkulunkulu ngethuluzi lengqondo
elingasebenzi kahle ngenxa yokwesaba, ukukhathazeka,
nazo zonke izinhlobo zokukhathazeka, ukungabaza,
.nokungaqiniseki

Masikhumbule futhi sikubonge, Nkosi, ngezikhathi
zokuswela nokuchuma, ekuguleni nasekuphileni kahle,
ebumnyameni nasekukhanyeni, nakuzo zonke izimo
Masikhumbule ngokubonga izinsuku zempilo enhle osiphe
zona Sise ukuvula amehlo okholo ukuze sibone ukukhanya
kwakho okubusisekile, okuphilisa zonke izifo nokugula
Ngingukaputeni womkhumbi wami wemicabango
emihle, intando yami enhle, kanye nomsebenzi wami othela
izithelo nozuzisayo. Ngizoqondisa umkhumbi wempilo yami,
ngihlale ngigcina amehlo ami egxile eplanethini ekhanyayo
.yokuthula esibhakabhakeni sokuzindla kwami okujulile
Ngizosebenzisa amakhono ami okucabanga okudala
ukuze ngiphumelele kukho konke engikwenzayo
uNkulunkulu uzongisiza uma nami ngizama ukuzisiza
Namuhla ngizolima insimu yokuphila ngomzamo
omusha futhi ngiyihlwanyele ngembewu yokuhlakanipha,
impilo, ukwaneliseka, nenjabulo. Ngizonisela imbewu
ngokholo nokuzethemba, futhi ngizolinda isibusiso
sikaSomandla sokunginika isivuno esilungile. Ngisho noma
ngingavuni isivuno esilindelwe, ngizohlala ngibonga futhi

ngibonga ngokuthula kwengqondo okuvela ekuzameni
.ukwenza konke okusemandleni ami

Ngizombonga uNkulunkulu ngokuthi ngiyakwazi
ukuqhubeka ngizama ngize ngiphumelele, ngomusa wakhe
Futhi ngizombonga lapho ngifinyelela isifiso esikhulu
senhliziyo yami Ngizolwela ukwenza imisebenzi emihle
nefanele kuphela, ngifuna injabulo kaNkulunkulu
Umhlaba ugcwele iziphepho zemvelo nezomuntu, futhi
uNkulunkulu uyisihlangu esinamandla nendawo ephephile
eziphephweni, ezivunguvungwini, nasebubini balo mhlaba.
Noma ngabe uNkulunkulu ukuphi, akukho ukwesaba noma
usizi. Umkholwa weqiniso uyama eqinile futhi eziqhenya
empini yokuphila kanye nokulwa kwezenzakalo, eqiniseka
ukuthi uNkulunkulu unaye, emvikela ekulimaleni futhi
akalokothi amlahle ngisho nomzuzwana. Ngakho-ke,
ukwesaba kuyanyamalala enhliziyweni yakhe futhi
.ukuqiniseka kuyamthatha, isivikelo esingenakubekwa

Ukungesabi kusho ukuba nokholo kuNkulunkulu
nasesivikeloni Sakhe, kanye nokuba nokholo ebulungiseni
Bakhe, ekuhlakanipheni, esiheni, othandweni, kanye nokuba
.khona kuyo yonke indawo

Ukwesaba kuphuca umuntu amandla akhe engqondo,
kufiphaze ingqondo yakhe, futhi kuphazamise imigqi
yemvelo yenhliziyo. Ngaphezu kwalokho, ukwesaba
kungabangela ukuphazamiseka ngokomzimba kanye nezifo
zengqondo. Esikhundleni sokunqotshwa ukukhathazeka
nokuvalelwa ngokwengqondo, umuntu kufanele aziqinisekise
ukuthi uphephile ekuvikelweni nguNkulunkulu, obona konke,
ozwa konke, ophephile engabeni yaKhe engenakuphikiswa,
.futhi ozungezwe isihe nokunakekela kwaKhe

Kungakhathaliseki ukuthi usehlathini lase-Afrika,
enkundleni yempi, uhlupheka ngenxa yokugula noma
ubumpofu, umuntu kumelwe azikholise ngokuthi isandla

sikaNkulunkulu sinamandla kunanoma iyiphi ingozi futhi
siyakwazi ukuvikela labo abafuna isiphephelo kuYe. Ayikho
indlela ephumelela kakhulu yokuvikela. Yiqiniso, umuntu
kumelwe asebenzise ingqondo lapho ebhekana nezenzakalo
ngesikhathi esifanayo enokholo oluphelele osizweni
lukaNkulunkulu. Ukholo alusho neze ukuba budedengu noma
ukwenza ngokungahlakaniphi lapho ebhekene nobunzima.
Kunalokho, kungakhathaliseki ukuthi kwenzekani, umuntu
kumelwe aziqinisekise ukuthi uNkulunkulu kuphela okwazi
ukusiza ezimweni ezinzima nezivivinyayo uma ephendukela
kuYe ngenhliziyo yakhe yonke, umphefumulo wakhe wonke,
.kanye nezinzwa zakhe zonke

Lapho ubunzima bufika njengeqhwa, akumelwe
sibuvumele bukhubaze intando yethu noma bufihle umbono
wethu ocacile kanye nendlela yethu ehlakaniphile
nenengqondo Kunalokho, kumelwe silondoloze ukholo
lwethu kuNkulunkulu kanye nomuzwa wethu wangaphakathi
wokulungile nokungalungile, futhi silwele ukuthola indlela
yokuphuma Ngosizo lukaNkulunkulu, sizoyithola Ekugcineni,
izinto zizothuthuka ngoba amandla nezimangaliso
zikaNkulunkulu zifihliwe ngemuva kokuphikisana kokuphila
komuntu Labo abangakwamukeli ukugwemeka kwezimo
futhi esikhundleni salokho bazama ukungena ngale kweveli
ngokuhlakanipha kwabo nokholo lwabo bazothola umnyango
uvulelwe bona—umnyango wonke okholwe kuwo

Ukuphila kugubuzelwe ubumnyama, futhi ngezinye
izikhathi siyakhubeka futhi singabaze ukuqhubekela
phambili Kumelwe sivumele ukukhanya kukaNkulunkulu
kube isibani sethu esisiqondisayo njengoba sihamba
ezindleleni zobumnyama zokuphila. UNkulunkulu uyinyanga
egcwele ebusuku bokungazi nobumnyama, ilanga
lokukhanya emahoreni okuvuka, isibani sesiqondiso,
nenkanyezi eqondisayo kulabo abadabula olwandle lokuphila
.kwasemhlabeni, okufushane

Izinkinga zizoqhubeka emhlabeni, ngakho-ke umuntu angaphendukela kuphi ukuze athole isiqondiso? Imicabango yomuntu, ethonywe yimikhuba, ubandlululo, ukucwasa, kanye nokushisekela ngokweqile, ayisizi ngalutho, futhi amathonya endawo ahlala kuyo, umndeni, izwe, noma umhlaba awakwazi ukunikeza isiqondiso seqiniso Ngakho-ke, umuntu kumelwe aphendukele kuNkulunkulu futhi alalele izwi elizolile nelizolile elivela ekujuleni komphefumulo, izwi elivumelana neqiniso

Umehluko phakathi kokuzindla ngengqondo nokuzihlola ngokomoya

Uma umuntu ezihlela ngolwazi lwethiyori, uba njengombhali ohambayo, ephinda izaga nemisho ephakeme, kanti abanye bazibona njengezifundile futhi zinolwazi. Kodwa ulwazi olunjalo aluqiniswa ukuqonda iqiniso ngqo, futhi aluhambisani nokufinyelela okungokomoya. Lolu hlobo lokuqonda noma ukuqonda lugcina "uqobo" luboshelwe engqondweni yezinzwa, yona ngokwayo enqunyelwe yizinzwa zomzimba. Ulwazi lwethiyori alukwazi ukuthola ulwazi lwaphezulu, futhi kuyalulekwa ukuthi ungachithi isikhathi sakho esiyigugu emibonweni engasetshenziswa ngokoqobo, funa umuntu azithole elahlekile ehlathini .eliminyene lokuqonda, engakwazi ukudlula indawo yethiyori

Le nqubo ngeke iholele ekwazini iqiniso ngoba iqiniso lingaphezu kwemibono nemibono, futhi abaningi abalandela .le ndlela baboshwa yiziphetho zabo ezizimele

Uma umuntu esebenzisa amandla akhe engqondo ukuze athole imali nezinto ezibonakalayo kuphela, ukuqonda kwakhe kuzodonseleka ezweni lezinto ezibonakalayo futhi kuhileleke ezinkingeni ezingapheli. Ngakho-ke, abantu abahlakaniphile bathi umuntu akufanele anikele wonke amakhono engqondo uNkulunkulu awanike wona ekuphishekeleni izinto ezidlulayo, funa azilahlekele

enkingeni yezinto ezibonakalayo futhi adale imikhawulo nemingcele engadingekile. Kunalokho, kufanele asebenzise amandla akhe engqondo ukuze athole izidingo zokuphila futhi alwele ukuthuthukisa amakhono akhe okuziphatha ukuze ahlukanise phakathi kokulungile nokungalungile, naphakathi kwalokho okulimazayo nokuzuzisayo. Lapho behlakulela ukuqonda kwabo okungokomoya, bazokwazi ukuzwa uNkulunkulu ngaphakathi kubo futhi baqinisekise amaqiniso angokomoya afihliwe ngemuva kwezimbozo ezinde zezinto ezibonakalayo. Lesi simo sibizwa ngokuthi .ukuzihlola okungokomoya

Kungakhathaliseki ukuthi yini esiyikhathazayo, uNkulunkulu kumelwe ahlale eza kuqala ekuphileni kwethu Esinye sezici ezibaluleke kakhulu zokukhula ngokomoya ukuxhumana okuhlala njalo noNkulunkulu okusuka enhliziyweni, lapho uzobona khona mathupha ushintsho .oluhle noluhle oluzokuhlaba umxhwele ngokujulile

Uma umuntu efuna ukubuka umbukiso, noma ukuthenga izingubo ezintsha noma imoto entsha, akulona yini iqiniso ukuthi ingqondo yakhe ihlala imatasa ngaso sonke isikhathi? Ngokuphathelene nalezo zindaba nokuthi angazithola kanjani noma azithole kanjani? Ngeke aphumule aze afeze izifiso zakhe, futhi uzoqhubeka nokusebenza .ngokuzikhandla ukuze afeze lezo zifiso

Ngakho-ke, ingqondo yomuntu kufanele igxile ekucabangeni ngoNkulunkulu. Khona-ke zonke izifiso ezincane nezincane zizoguqulwa zibe yisifiso esinamandla .sokuzwa uNkulunkulu nokuxhumana naye

Lapho ingqondo ihlebelu uNkulunkulu ukuhlebelu okusuka enhliziyweni nokushisekayo Okuvela ekujuleni komphefumulo olangazelelayo

Ubizo lomphefumulo luzothinta inhliziyo yendawo yonke,
futhi impendulo izofika, ilethe injabulo enkulu

Ukuhleba okuhlakaniphile kukhulisa amandla
okuzimisela, uze ube namandla anele okufeza umgomo
owufunayo

Uma ingqondo yomuntu nentando yakhe kuhambisana
noNkulunkulu, unikezwa amandla angenamkhawulo,
kangangokuthi ukucabanga nje ngento ethile kwanele
ukuyifeza, ngoba umthetho waphezulu usebenza
.ngokuthanda labo abavumelana nentando ephakeme

Zonke izimpumelelo eziphawulekayo empilweni yami
zifezwe ngamandla engqondo evumelana noNkulunkulu
Lapho umkhqiqizi waphezulu esebenza, konke engikufisayo
kufezeka ngaphandle kokukhetha, kuqala kwakheka
njengomklamo ongabonakali, ongokoqobo bese
kubonakaliswa ngamandla angenakuphikiswa empeleni

Imfihlo yokukhula

Sikhula kukho konke esikubonayo, uma nje siqaphela
ukuthi singafunda izifundo ezibalulekile kubo. Ngoba bonke
.ubuhlungu nokuhlupheka esikuzwayo kunencazelo nenjongo

Naphezu kobunzima bezilingo, zifana nomlilo oncibilikisa
insimbi, uyiguqule ibe yinsimbi enhle, eqinile, futhi
eguquguqukayo. Ukuhlakanipha esikwakhayo phakathi
kwamalangabi ashisayo okuhlangenwe nakho
kuyamangalisa ngempela. Ukuphila kuyasihlanza, kuguqula
imvelo yethu eyisisekelo ibe yizinto eziyigugu, kusivumela
ukuba siphile nemiphefumulo emsulwa njengamatshe
ayigugu, eqinile njengensimbi, kodwa eguquguqukayo futhi
eqinile, egoba ngaphandle kokuphuka ngaphansi
.kwezingcindezi zobunzima nobunzima

Uma sibona ubuso obuphambukile yintukuthelo,
obunezibazi ngenxa yobudlova, ukubona kwabo kusenza
sifise ukususa ububi emiphefumulweni yethu—umphefumulo
ongathintekile yinoma yini ngaphandle kwezinhloso ezimbi
kanye namagqubu ajulile afihla isithombe saphezulu
esibusisiwe ngaphakathi kithi, njengoba nje ukungcola
komoya kungcolisa isibuko. Izenzo ezibuhlungu zabanye
kufanele zivuse kithi isifiso sokuthuthukisa ukuziphatha
kwethu nokuzilawula, ukuze sibe ngamakhosi ezinkanuko
.zethu ezingalawuleki, hhayi izigqila zazo

Amazwi anomusa ayikhambi elimangalisayo lezifo
eziningi, anamandla anamandla, acishe abe yimilingo,
anamandla kazibuthe aletha izibusiso eziningi kanye
nokuchuma kubantu abakhulumayo Labo abasebenzisa
amazwi aduduzayo, amnene bazizwa umsinga omncane
ugeleza kuwo ngaphandle kokuphazamiseka, ukugcwala
kwawo ngokuthula okukhulu Lokhu kungenxa yokuthi lowo
msinga uxhumene nomthombo wawo ophakeme, ogeleza
njalo futhi ofinyelela njalo imiphefumulo ngokuvumelana
nawo. Bazobe sebekwazi ukudlulisela lokhu kugeleza
.kwenjabulo emiphefumulweni elangazelela ukuthula

Nsuku zonke, umuntu ubheka esibukweni ukuze abone
ubuso bakhe ngoba efuna ukubonakala esezingeni
eliphezulu kwabanye. Ngakho-ke, kubaluleke kangakanani-
ke ukuba ame nsuku zonke naye futhi abuke esibukweni
sokuhlaziya kwangaphakathi ukuze athole ukuthi yini
engaphansi kobuso obukhazimulayo! Ngoba konke
okukhangayo ngaphandle kuthola ukukhanga kwakho
kungaphakathi komuntu. Futhi akukho lutho olungcolisa
isibuko esimsulwa somphefumulo njengokuphambuka
kwengqondo okufana nentukuthelo, inzondo, umona,
nenzondo Noma ubani ozama ukuzikhulula kulezi zinto
ezixubile, ezingafani nemvelo yomoya, uzovumela
.ukukhanya kobuhle bangaphakathi kukhanye ngaphakathi

Ngokuhlaziya, sithola ukuthi izinkinga zabantu ziphindwe kathathu: kunezinkinga nezinkinga ezihlasela umzimba womuntu, ezinye ezihlasela ingqondo, kanye .nesigaba sesithathu esivimba izindlela zomphefumulo

Ukugula, ukuguga, nokufa kuyizinto ezinzima nezithiyo umzimba obhekene nazo. Izifo zengqondo zihlasela ingqondo ngokudabuka, ukwesaba, intukuthelo, izifiso ezicindezelwe, inzondo, ukucasuka ngokomzwelo, ukukhathazeka okukhulu kwemizwa, kanye nomdlavuza wengqondo okhubaza amandla engqondo. Nokho, isifo esiyingozi kakhulu ukugula komphefumulo, okubonakala ngokungazi, lapho zonke .ezinye izifo zivela khona futhi zisakazeke khona

Kukhona okuhle kakhulu kunobubi emhlabeni

Uma ukungabaza kungena, kufanele sikhumbule izimpilo zabantu abakhulu. Kuyiqiniso ukuthi singabantu, kodwa uNkulunkulu usiphe amandla angavamile esingawasebenzisi kakhulu. Ngakho kungani sithuthumela ngokwesaba ukuguga, ukugula, nosizi? Kufanele senze konke okusemandleni ethu ukunakekela imizimba yethu, kodwa akufanele singotshwe ukwesaba noma sizifihle .ngaphansi kwezinqwaba zokungazi

Umzimba awuyena umuntu ophelele

Ubuhle budlula ububi kulo mhlaba ngoba uNkulunkulu ungamandla amakhulu. Kodwa uma ububi busehlela, sicabanga ukuthi asinawo amandla okubulawula noma .okuphunyuka kubo

Iziphepho zobubi nakanjani zizovunguza, kodwa singayinqoba imiphumela yazo futhi siphakame ngaphezu kwazo

Asizange sinikezwe ukuphila ukuze sibhujiswe yiyo,
kodwa ukuze sigxilise kithi ukuqonda ubuphakade, futhi
.kumelwe sikhumbule leli qiniso

Ngaphandle kwenkululeko yokucabanga, umuntu
akanakukwazi ukuziveza ngendlela emsulwa,
ezenzakalelayo, nengokwemvelo. Khumbula ukuthi
ukhululekile ngokuphelele. Amandla entando ahlala
.ekhululekile

Uma usebenzisa amandla akho okuzimisela ngendlela
efanele, kuzokwakha i-karma enhle kuwe, kodwa abantu
abaningi abafuni ukushintsha futhi abafuni ukwenza
umzamo, ngakho bayawa lapho bebhakene nobunzima futhi
.abakwazi ukubhekana nezinselele

Ukwenza noma yini umuntu ayithandayo akuyona
inkululeko, ngoba abantu baboshwe yizifiso zabo, ngakho-ke
izenzo zabo azikwazi ukubizwa ngokuthi inkululeko nhlobo.
Inkululeko yangempela isho ukwenza konke ngentando
eqondiswa ukuhlakanipha. Umuntu angalawula imiphumela
yezenzo zakhe zangaphambilini, ezizolandela nakanjani,
uma evuselela intando yakhe futhi ayisebenzisele izenzo
ezinhle nezizuzisayo. Uma uqhuba izenzo zakho ngesizathu
namandla okuzimisela, amandla ezenzo zakho ezingalungile
zangaphambilini azobuthakathaka futhi imikhuba evela
.ezenzweni zakho ezinhle izoqiniswa

Sihlala sifisa lokho esikuntulayo futhi sinamathela
ezintweni ezingabalulekile Uma into ethile isiphethe,
silahlekelwa okwesikhashana inkululeko yethu
yokuzikhethela Njengoba nje abantu baseMpumalanga
begqilazwa amasiko asendulo, kanjalo nabantu
baseNtshonalanga nabo bagqilazwa amasiko anamuhla.
.Sidala ikusasa lethu futhi siboshwe yilo

Kungani ingane eyodwa izalelwa emndenini omubi kanti
enye izalelwa emndenini omuhle? Ngamunye wabo
wasebenzisa inkululeko yakhe ukuphila ngendlela ethile
esikhathini esidlule (empilweni yangaphambilini) ngaleyo
.ndlela wazilethela lezo zimo kulokhu kuphila

Akukho nkululeko yangempela ngaphandle
kukaNkulunkulu Kumelwe sicabange ngaye njalo
Kungakhathaliseki ukuthi ukukhathazeka kwethu
nemicabango yethu kuyini, uNkulunkulu kumelwe abe
sendaweni yokuqala ezinhliziyweni zethu, futhi uma
sivumelana ngempela naye, sizonikezwa ikhono lokufeza
lokho okumele sikwenze, nganoma yisiphi isikhathi, ngosizo
.IwaKhe oluvela kuNkulunkulu

Iseluleko somfundi

Omunye wabafundi wacela uthisha uParamhansa ukuthi
amnike iseluleko sokuzithuthukisa, wathi: Uma ufuna
ukuthandwa Qala ngokuthanda abanye abadinga uthando
.Iwakho

Futhi uma ulindele kwabanye Yiba qotho futhi
uthembeke kubo ukuze babe qotho kuwe

Uma ufisa ukuvimbela abanye ukuba bangenzi
ngendlela embi neyobuqili, ungavumeli inkohliso ingene
emicabangweni yakho, futhi ungenzi ngendlela elimaza
.abanye

Uma ufuna abanye bakuzwele Qala ngokubabonisa
uzwela, ikakhulukazi kulabo abakuzungezile

Uma ufuna abanye bakuhloniphe, kufanele uhloniphe
kokubili abancane nabadala

Uma ufuna ukuthula kwabanye, kumele uphile impilo
yokuzwana

Uma ufuna abantu babe nenkolo, yiba nomoya
ongokomoya futhi uvumele abanye bazizwe sengathi
uyisibonelo esihle nokuthi bangathembela kuwe futhi
.bakuthembe

Ngamafuphi, konke ofuna abanye bakubonise Enye
yezimfanelo ezinhle ukuyibonisa empilweni yakho kuqala,
futhi uzothola ukuthi abantu bazosabela ngendlela efanayo
kuwe

Uma ukwazi ukubona izindawo empilweni yakho
ezidinga ukuthuthukiswa ngaphandle kokudumazeka noma
ukuzizwa ungelutho, futhi uma uhlala usebenza
ekuthuthukiseni ubuntu bakho, isikhathi osichitha kulokhu
sizoba ngcono kakhulu kunokuba ubungachitha ufisa
sengathi abanye bangazithuthukisa. Isibonelo sakho esihle
nokuziphatha okuhle kunamandla amakhulu okushintsha
.abanye kunezifiso zakho, intukuthelo, namazwi kuphela

Nkosi, ungumthombo wakho konke okuhle nomsuka
wawo wonke amandla. Sibusise ukuze sikwazi ukubonakalisa
izibusiso zakho phezu kwethu empilweni yethu, ezifisweni
zethu zokuhlakanipha, nasekubonakalisweni kwethu
okungokomoya. Ungukukhanya kwezinkanyezi, amandla
kuma-athomu, umusa ezinhliziyweni, nobuhle beqiniso.
Sisize sizigcwalise ngamandla akho aphezulu, ukuhlakanipha
kwakho okungenamkhawulo, kanye nobuqotho bakho
.obungenamkhawulo

Nkosi, masiqaphele ukuthi ungumthombo wempilo,
ulwandle lokuphila, nomthombo wakho konke ukuqonda
nolwazi. Sikhulule ekungazini nemiphumela yako,
ekwesabeni nasekukhathazekeni, futhi vumela isikhukhula
sokuhlakanipha kwakho sisuse yonke imfucumfucu
.nezinsalela ezimpilweni zethu

Dabula, Nkosi, izimbozo ezisibekela ubuso bakho
Masikubone njengokukhanya okukhanyayo, njengelanga
elingnakubalwa emkhathizwe wezimpilo zethu Masizizwe
njengamandla avuselela njalo aphefumulela imicabango
yethu, ondlal imiphfumulo yethu, asekele imizimba yethu,
.futhi agcwalise amaphupho ethu

Amen

Abantu abaningi abazi ukuthi kungani Kusukela ekubeni
khona kwabo kulo mhlaba, bakholelwa ukuthi injongo
yokuphila Kuwukugcwaliseka kwezifiso Ukuthola izidingo
zokuphila Ukufuna injabulo nothando lwabantu, bese
ekugcineni ukuzinikela kumuntu wokugcina

Abantu baqala izimpilo zabo Abahleli bezinhlelo
benokuthambekela nezifiso ezithile ezingagcwalisekanga
esikhathini esidlule Futhi bazama – ngalokho okuncane
abakushiyile – Ngokulingisa izifiso nezenzo zabanye, uma
behlangana nosomabhizinisi, bafuna ukuba njengabo, futhi
uma behlangana nabaculi, ubuciko buba yikho konke kubo

UNkulunkulu ufuna sibe ngokoqobo kuleli zwe. Usinike
indlala edinga ukuba sisebenzele ukusanelisa, kodwa
ukufuna ukudla, indawo yokuhlala, imali kanye nempahla
kuphela kusho ukuthi umuntu ukhohlwa umthombo
.wenjabulo yakhe

Kuyiqiniso ukuthi kumelwe sisebenzele ukuthola izidingo
zethu futhi silwele ukufeza imigomo yethu esemthethweni,
kodwa okokuqala nokubaluleke kakhulu, kumelwe sivule
izinhliziyi zethu kuNkulunkulu futhi sifune isiqondiso saKhe
kanye nokwamukelwa kukho konke esikwenzayo. Khona-ke
ngokuqinisekile sizophumelela esikoleni sokuphila, ngoba
sizothola isiqondiso sethu kuMphathi Ophakeme noMhlinzeki
owaziyo ukuthi yini esiyidingayo nokuthi yini engcono

kakhulu kithi. Ngakho-ke, kumelwe sithembele kuYe futhi
.sizithobe entandweni yaKhe ehlakaniphile

Kusukela ezinkulumweni zikathisha uParamahansa

Lapho injabulo yangaphakathi yomphefumulo ifihlwe
ungqimba olukhulu lwezinyabulo zesikhashana, ukukhanya
kwegolide komoya kuyafiphala, futhi amandla omphefumulo
acacile afihliwe ngemuva kobuningi bezinto Lapho ingqondo
yomuntu idonseleka emhawini nasemoneni, futhi imbozwe
amafu okwesaba nokukhathazeka, uba lusizi, usizi, futhi
unqotshwe Kodwa lapho umuntu eqondisa ukunaka
okufanayo othandweni, ukuthula, nokuzwana, uthola injabulo
enkulu

Umphefumulo uzizwa injabulo lapho uphenduka
ezifisweni zomzimba ezixubene nokuhlupheka nosizi uye
.ezicini zomoya ezisobala, ezigcwele injabulo enkulu

Uma umphefumulo ucwila ngokuphelele ezinyabulweni
zomhlaba ezixakile, uba ngumuntu ongenandaba
nokuphishekela injabulo ephakeme futhi ongenakho ukuzwa
injabulo engokomoya. Abaningi bangase baphikise ngokuthi
ukulahla injabulo yezinto ezibonakalayo cishe
akunakwenzeka kuleli zwe noma ngenkathi bephila phakathi
kwabantu abamicabango yabo igxile kuphela ezintweni
ezibonakalayo. Kodwa-ke, akudingekile kumuntu ovamile
ukuba ashiye umhlaba futhi abuyele ezintabeni
nasemahlathini ukuze athole ukuthula nokuthula. Kunalokho,
kufanele ahlale kuleli zwe ngaphandle kokuvumela imisinga
yalo enamandla ukuba iwakhukhule, funa anqotshwe
.amagagasi alo kuphila

Umuntu akufanele abe nombono ophambene ngezinto
ezimzungezile, futhi ngesikhathi esifanayo akufanele
avumele izinto ezibonakalayo zimphuphuthekise umbono

wakhe, funa alahlekelwe yimvelo yakhe engokomoya futhi
angakwazi ukunambitha injabulo yenjabulo futhi abone
.ukukhanya kwaphezulu

Impilo, ngomongo wayo, izingxenye zayo, kanye
nemigomo yayo, iyinkimbinkimbi enzima ukuyiqonda kodwa
ayinzima ukuyixazulula, futhi ngokucabanga kwethu
okuqhubekayo, sixazulula ezinye zezimfihlo zayo nsuku
.zonke

Amadivayisi asekelwe ezimisweni zesayensi eziqondile
kulesi sikhathi ngokuqinisekile ayamangalisa, futhi
okutholwe yisayensi kusinika umbono ocacile wezindlela
impilo engathuthukiswa ngazo. Kodwa naphezu kwayo yonke
imishini, izinto ezintsha, namasu esinawo, sisabonakala
sinjengezimpopi ezandleni zekusasa, futhi indlela
engaphambili iseyinde Ngaphambi kokuba sikhululwe
.ekulawulweni kwemvelo

Ngokuqinisekile, ukuphila ngomusa wemvelo akuyona
inkululeko Izingqondo zethu ezishisekayo ziyacindezelwa
futhi ziboshwe umuzwa wokungabi namandla lapho sizizwa
sengathi siyizisulu zezikhukhula, iziphepho, noma
ukuzamazama komhlaba, noma lapho izenzakalo zisiphuca -
ngaphandle kwesizathu esinengqondo - abathandekayo
bethu abaseduze nezinhliziyiyo zethu. Bese siqaphela ukuthi
asikakafinyeleli ukunqoba okuningi, futhi asikakwazanga
ukunqoba izimo ezimbi. Naphezu kwayo yonke imizamo
yethu yokwenza impilo ibe njengoba sifuna, izimo ezithile
zizohlala zivela kulesi sigaba sasemhlabeni, kanye
nezenzakalo eziqondiswa ingqondo enamandla esingazi
lutho ngayo, isebenza ngokuzimela ngokuphelele
emibonweni yethu kanye nentando yethu. Okungcono
kakhulu esingakwenza ukusebenza nokwenza ezinye
.intuthuko

Sitshala ukolweni bese senza ufulawa, kodwa ubani
owadala imbewu yokuqala? Sidla isinkwa esenziwe
ngofulawa, kodwa ubani owanika imizimba yethu ikhono
lokuwugaya? Futhi singawuguqula kanjani ukudla kube
?ukudla okunomsoco

Kuzo zonke izingxenye zokuphila Kubonakala sengathi
kukhona isandla saphezulu esibalulekile. Asikwazi ukuphatha
izindaba zethu ngaphandle kwaso, futhi ngazo zonke
iziqiniseko esinazo. Asazi ukuthi inhliziyo izoyeka nini
ukusebenza. Yingakho kudingeka ukuthembela ngesibindi
emandleni aphezulu aphezulu. Nokuthembela kumuntu
wethu ophakeme, okuvela kulowo mandla onke esilingiselwa
.wona

Kumelwe sibe nokholo olungenakho ukuqhosha, futhi
sihambe ngokuzethemba ezindleleni zokuphila

Ngaphandle kokwethuka nokuthuthumela, futhi
ngaphandle kokucindezeleka nokuvalelwa

Ukubhekana nokungezwani komzimba

Ukungoba ukuzwela kuyikhono elibucayi, futhi
ukulawula ukushesha komuntu ukusabela kubalulekile
ekwakheni ubuntu obulinganiselayo nobuphelele

Ukuzwela kuvela ekungaqondini kahle, ukungaziboni
njengento eyinkimbinkimbi, ukuqhosha okukhulu, kanye
nokuzikhukhumeza ngokweqile

Uma umuntu ecabanga ukuthi imizwa yakhe ilimele,
lowo mcabango uyagxila engqondweni yakhe, uvuse imizwa
yakhe, bese iba nzima futhi intukuthelo ivukele enhliziyweni
yakhe ngenxa yemizwa elimele. Kodwa-ke, abanye abantu
banekhono lokulawula imizwa yabo, ngakho izimpawu zabo
zangaphandle azibonakali naphezu kolaka olukhulu
olungaphakathi kubo. Abanye baveza intukuthelo yabo

ngokuphendula okusheshayo, okubonakala emisipheni
yamehlo abo kanye nobuso babo, kanye nangezimpendulo
.ezibukhali, eziqondile

Imizwa ejulile inemiphumela emibi kakhulu; yenza isimo
sibe nzima futhi idale ukungazinzi okungathandeki okuthinta
kabi abanye

Kumelwe kwenziwe imizamo yokuzithiba nokuzola,
kukhuthazwe isimo sokuqondana nokuzwana esikhuthaza
ukuthula esikhundleni sokucindezeleka futhi sixoshe intuthu
yokucindezeleka Labo abenza kanjalo bazoba ngabaphathi
bekusasa labo futhi bayovuzwa ngokwazisa nenhlonipho
.yilabo ababazungezile

Ukuzwela ngokweqile kuyisici esihlanganyelwa abantu
abaningi, futhi lapho lo muzwa ongenangqondo uvutha,
uphuphuthekisa ukuqonda futhi ufiphaze amehlo
okuhlakanipha. Okubi nakakhulu, umuntu ozwela ngokweqile
ukholelwa ukuthi ucabanga, uzizwa, futhi wenza kahle, kanti
empeleni ukuziphatha kwakhe kungase kube okungalungile
!ngokuphelele

Abantu abanengi bakholelwa ukuthi kufanele
bazidabukele lapho begxekwa, nokuthi ukuzidabukela
kubanikeza impumuzo ethile. Kodwa njengabalutha
bezidakamizwa, lapho beqhubeka bethatha izidakamizwa,
.kulapho umlutha wabo uba namandla khona

Umuntu ozwela kakhulu uvame ukuhlupheka
ngokungadingekile Ngokuvamile, akekho owaziyo imbangela
yokucindezeleka kwakhe noma uhlobo lwesikhalazo sakhe,
okuholela ekuhluphekeni okukhulu ekuzihlukaniseni kwakhe.
Akukho okungafezwa ngokuhlala buthule ekuthukweni noma
ekugxekweni okubonwayo. Kungcono kakhulu ukubhekana
nezimbangela eziyinhloko zalokhu kuzwela ngokuhlaziya
.okuqondile nokuzithiba

Lolu hlobo lokungezwani komzimba okungenampilo
lunemiphumela emibi kakhulu; ludla inhliziyi njengomlilo
futhi lubhubhisa izicubu zokuthula. Ngakho-ke, kumele
kubhekanwe nalo ngokuhlakanipha, ngokunengqondo,
.nangentando eqinile

Ngisebenza kanzima ukukhonzisa wonke umuntu, kodwa
uma ngibuyela ngedwa ukuze ngizindle, angivumeli muntu
ukuthi aphazamise ukucabanga kwami Ezinye izinto
zingalinda, kodwa i-aphoyintimenti yami yansuku zonke
noNkulunkulu akumelwe inganakwa noma inganakwa

Ngaphambi kokwenza noma yisiphi isenzo, yima
kancane bese ucabangela ngokucophelela imiphumela
kanye nomthelela wazo engqondweni yakho, emzimbeni,
nasemphefumulweni Izenzo eziqhutshwa ukuphoqelelwa
azizona inkululeko, njengoba izenzo eziphikisana nemithetho
yokuzwana kanye nentuthuko zizomvimbela umuntu.
Ngakolunye uhlangothi, izenzo ezivunyelwe ukuqonda kanye
nokuvumelana nonembeza womuntu zinhle futhi ziletha
.inkululeko

Uma unquma ukwenza into enhle, noma ukuyeka
ukwenza into embi, futhi unamathela kuleso sinqumo futhi
wenze ngokufanele, yazi ukuthi isabelo sakho senkululeko
.siningi

UNkulunkulu ufuna sisebenzise inkululeko
yokuzikhethela esinikezwe yona ukuze simfune futhi
.simthole, kodwa akafuni ukuzibeka phezu kwethu

Isifiso sokusondela kuNkulunkulu nokumazi asizifikeli
sodwa, kodwa kumelwe sivuselelwe futhi sinakekelwe
Ngaphandle kwaleso sifiso, impilo ayinanzuzo noma
.ukunambitheka

Vumela ukuqonda kwakho okungokomoya kuqondise
ukucabanga kwakho futhi impumelelo izokulandela noma
ngabe uya kuphi

KuNkulunkulu nginikela izwi lami, izandla zami, izinyawo
zami, inhliziyo yami, umzimba wami, imizwa yami, intando
yami nakho konke

Uthando luyisikhali esingokomoya esiqeda zonke izimpi

Ngale kwalomhlaba kunemihlaba engenamkhawulo
lapho sizophinde sihlangane khona nalabo esasicabanga
.ukuthi basishiyile unomphelela

Lokhu kuphila kwezwe kushintsha njalo usizi lulandela
usizi, imicabango ekhohlisayo, imicabango ekhohlisayo, Lo
mlingo obonakala ehlane lokuqonda kwethu kumele
unyamalale, futhi kumelwe sivuse ubuthina bethu
.bangempela ngaphansi kwezimbozo ezinde zezinto

Ungazami ukusekela amathemba akho kulokhu kuphila.
Ikuphi isiqinisekiso sakho? Uphephile kuphela uma
.uphephela olwazini lukaNkulunkulu

Inggikithi yomphefumulo ifana negolide lasendulo
eligqitshwe ngaphansi komhlabathi Lapho umhlabathi
ususwa egolideni bese ugezwa ngamanzi okuzindla, ukhanya
.kabusha ngobumsulwa obuphelele nokucaca

Nkosi, ake sibone okuhle, sicabange imicabango emihle,
futhi sihlangane nalabo abanesimilo esihle. Size sicabange
ngawe futhi sizindle ngawe, wena ongumthombo wakho
.konke ukulunga kanye nomsuka wakho konke okuhle

Inkululeko ebuthakathakeni

Indlela engcono kakhulu yokungoba ubuthakathaka
ukuyeka ukucabanga ngakho; ngaphandle kwalokho,
umqondo wobuthakathaka uzokweqa ukuqonda kwakho futhi

ubuse umuntu wakho wangaphakathi. Uma sizilethela
ukukhanya, ubumnyama buzonyamalala sengathi abukaze
.bube khona

Lowo mbono ungilethela ugqozi oluhle kakhulu

Uma ukukhanya kungeniswa emhumeni obumbozwe
ubumnyama iminyaka eyizinkulungwane, ubumnyama
buyanyamalala ngokushesha Ngokufanayo, ubuthakathaka
namaphutha ayanyamalala lapho sivumela ukukhanya
kukaNkulunkulu ukuthi kungene ekuqondeni kwethu, futhi
ubumnyama bokungazi abukwazi ukuhlala. Lena ifilosofi
.okufanele siphile ngayo

Ukuhlehlisa izinto akusizi ngalutho Isondo lempilo
alipheli ukujika, futhi izinsuku zokuphila kwethu zidlula
ngokushesha Njalo ngomzuzu esiwuchitha sicabanga
ngokucacile futhi senza ngokuhlakanipha kuwukutshalwa
kwezimali okuphumelelayo nokunenzuzo enjabulweni yethu

Abantu abaningi bachitha impilo yabo yonke becabanga
ngemali, ubulili, nodumo, futhi abavamile ukugxila ezintweni
ezibalulekile ezibalethela ukuthula kwengqondo futhi
.ziphakamise ukuqwashisa kwabo emazingeni aphezulu

Kungakhathaliseki ukuthi indima yomuntu iphansi
kangakanani, ubhekwa njengophumelelayo emehlweni
kaNkulunkulu uma azi ukuthi angasisebenzisa kanjani
isikhathi sakhe ngokuhlakanipha futhi aqondise imicabango
.yakhe ezindleleni ezifanele

Uma ukukhanya kukaNkulunkulu kukhanya kumuntu,
akazizwa sengathi udinga lutho ngoba injabulo emqobayo
igcwalisa wonke amaphupho akhe futhi imenza azizwe ejulile
ukuthi ungocebile kunabo bonke abacebile futhi ujabule
.kunabo bonke abajabule kakhulu kulokhu kuphila

Umhubhe Wokukhanya

Labo abanolwazi olungokomoya oluvuswa yimicabango
ekhanyiselwe, izenzo ezinhle, imizwa yomusa, kanye
nokuzindla okujulile bangezwa ukuhamba kwabo emzimbeni
ngesikhathi sokugcina sokuhamba ngeso elingokomoya.
Ngesikhathi sokuhamba kwabo emhlabeni, i-yogi ijwayela
ukubona umhubhe weso elingokomoya emngceleni
ophakathi kwezinto nomoya, futhi ngesikhathi sokushiya
uMhlaba, bangangena kulo mhlabhe okhanyayo futhi badlule
kulo mhlaba baye endaweni kaNkulunkulu engenamkhawulo
.yokukhanya, injabulo, ukuthula, kanye nenkululeko ephelele

{Ukukhanya phezu kokukhanya}

Isibani somzimba yiso [elingokomoya]

Uma iso lakho lilodwa

Khona-ke umzimba wakho wonke uzogcwala ukukhanya

Futhi ukukhanya kukhanya ebumnyameni, kepha}

{ubumnyama abukwazanga

Ukuzinikela kuwukuzwa usizi lwabanye, ukusondela
kubo, ukuxhumana nabo, ukuzama ngobuqotho
ukubaduduza ebunzimeni babo, ukujabulela injabulo yabo,
nokwenza konke okusemandleni ethu ukugwema ukwesaba,
.isidingo, nokukhathazeka kubo

Umntu onomoya wobubele akenzi ngokwezibalo
nokulindela okulinganiselwe, kodwa usebenzisa ukuqonda
kwakhe nokwahlulela okunengqondo futhi aqhubeke
nokuzisiza yena nabanye, ebonga uNkulunkulu
ngempumelelo ayifinyelelayo. Uma ehluleka kanye noma
kaningana, akazizwa edangele, kodwa kunalokho uba
nokuzimisela okwengeziwe, ephinda kabili imizamo yakhe
futhi ephinda umzamo, ehlola imibono nezindlela ezintsha,
eqondiswa ukukhanya kwesizathu, futhi efuna usizo

lukaNkulunkulu aze afinyelele umgomo wakhe futhi
.afinyelele injongo yakhe enhle

Lowo osebenzela ukwenza abanye bajabule uthokoziswa
nguNkulunkulu ngomuzwa wangaphakathi wenduduzo
yengqondo. Futhi uma elahlekelwa okuthile ngenxa yalabo
azama ukubasiza, akakubheki njengokulahlekelwa ngoba
ngenxa yalokho uthola injabulo nokuthula kwengqondo
kukaNkulunkulu. Uphilela ukuthanda, ukusebenza, ukupha,
.nokuhlwanyela imbewu yobuhle nokuthula emasimini esintu

Noma ubani odlula umhlaba wakhe siqu ngemicabango
yakhe nemizwa yakhe wandisa ukuqonda kwakhe, wandisa
uzwela lwakhe, futhi uzizwa sengathi umhlaba uyikhaya
lakhe futhi ubuntu ngumndeni wakhe. Uyaqaphela ukuthi
inhloso yokuba khona kwakhe kulo mhlaba ukuziguqula
ngaphambi kokuzama ukuguqula abanye, ngoba noma ubani
oziguqulayo usiza abanye ukuziguqula ngesibonelo sempilo
yakhe. Izenzo zinomthelela ojulile kanye nomthelela ojulile
.emiphefumulweni yabanye kunamazwi

Izindawo zokuma ezimfushane

:Ubuhle bobuqotho

Abanye abantu bazama ukubalekela izinkinga zabo
ngokumomotheka, kodwa lolu hlobo lokuphunyuka ludinga
unembeza ohlanzekile, ongenabuzenzisi nokukhohlisa. Uma
umuntu eziphatha ngokwethembeka yena nabanye, futhi
enza ngobuqotho nangobuqotho, amehlo akhe ayacaca,
futhi ukukhanya okuyingqayizivele kuvela kuwo—ukukhanya
okungenakuphikwa kobuqotho

:Ukwethembeka

Abanye abantu basho izinto eziningi bethi bathembekile,
kodwa awukwazi ukukhuluma nabo bonke abantu ngakho
konke Uma unikeza iseluleko nesiqondiso, abanye abantu

abawaqondi kahle amazwi akho futhi abazuzi lutho kulokho
okushoyo; lokhu kuwumzamo olahlekile kanye nomzamo
ongaziswa Ukuthula ezimweni ezinjalo kuyinto enhle, kodwa
lokhu akusho neze ukuthula ngokwenza okubi

:Ukuzwana

Ukuzwana kuyamangalisa ngempela Abantu abaningi
bayazi ukuthi kunzima kangakanani ukuzwana nabanye,
kodwa wake wacabanga ngokuzwana nawe? Kunzima
kakhulu, kodwa kungenzeka Uma uzihlaziya, uzothola ukuthi
uhlala ungezwani nawe Uma ungazithandi, ngeke uthande
omunye umuntu Futhi uma umuntu engazwani naye, angaba
?kanjani nokuzwana nabanye

Ukuzwana kubalulekile ukuze kube nokuzwana
nomhlaba. Ngakho-ke, kubalulekile ukuzihlonipha
nokuzithanda, ngoba ufanelwe yilolo thando. Umuntu
kumelwe azithande ngoba uNkulunkulu wasidala futhi
wasinika amandla amahle. Ukuthanda lo muntu
wangaphakathi, lo buntu obugcwele izimfanelo ezinhle,
kuphefumulela ukuziphatha okuhle futhi kuhlange ingqondo
.ekungcoleni kanye nenhliziyo ebubini nasenzondweni

:Ukulinganisa ikhampasi yezincwadi

Umuntu akanakukhohlisa unembeza wakhe, athethelele
ukwenza okubi, noma abalekele imiphumela yokuziphatha
okungalungile, noma ngabe umuntu angahamba aye kwenye
iplanethi. Imiphumela yezenzo zakhe iyamphelezela, futhi
umuntu kumelwe alungise inkambo yakhe futhi alungise
ikhampasi yakhe yokuziphatha ukuze inaliti yayo ihlale
.ikhomba endleleni efanele

Abanye abantu baphila ezimweni ezimbi kakhulu kodwa
bavumelana kakhulu nabo, kuyilapho abanye benawo wonke
amathuba nakho konke abakudingayo kodwa bephikisana

njalo nabo. Ngakho-ke, akufanele ulinde izimo zishintshe.
Ziqinisekise ukuthi uphilile naphezu kwendawo okuyo,
.okungase kuhlukule kulokho okufisayo

Noma ubani ozibeka ngaphansi kwezimo, ulinda izinto
.zishintshe, futhi ukulinda kwakhe kuzothatha isikhathi eside

Kuthiwa indoda yayikhuluma kahle izilimi eziyishumi
nesishiyagalombili, kodwa yayimpofu kakhulu kangangokuthi
yayingenakukwazi ukukhokhela isibani sokufunda. Ngakho-
ke yayiya ekhoneni ihlale ngaphansi kwesibani somgwaqo
ukuze ifunde. Ngempela, amandla okuzimisela adala
izindlela, akha amathuba, avuselela ithemba, afeze
.imisebenzi, futhi agcwalise izifiso namaphupho

Ukuxhumana kwangempela nalabo abamaziyo
uNkulunkulu kungenziwa ngokuxhumana nabo mathupha,
ukufunda okucatshangelwe emibhalweni yabo, noma
ukuzindla ngokujulile nangobungane ngabo lphuzu
elibalulekile okufanele ulikhumbule Livumelana nokuqonda
kwabo, okuvumelana noNkulunkulu

Uma sivumelanisa ukuqonda kwethu nemiphefumulo
emikhulu ethanda uNkulunkulu, lokhu kuvumelana
kushintsha kancane kancane izimpilo zethu ngendlela
emangalisayo kakhulu. Lokhu kuvumelana akugqilazi
intando kodwa kunalokho kwandisa ububanzi bayo futhi
kuqinise amandla ayo. Lona umehluko phakathi
kokuvumelana nabantu abagcwele ubugovu futhi abamatasa
ngalokho abangakuzuzi, kanye nokuvumelana nabathandi
bakaNkulunkulu nesintu abanhloso yabo ukunikeza
nokuvusa uthando lwaphezulu emiphefumulweni yalabo
abavumelana nabo. Ukuzikhandla kwalaba bantu
ababusisiwe kusenza sisondelane kakhulu nokuzikhandla
.kwaphezulu

Kumelwe sikhumbule ukuthi nakuba silwela
ukuhlangabezana nezidingo zethu, kumelwe futhi sisize
abanye bathole lokho abakudingayo futhi babelane ngezinto
ezinhle ekuphileni eziza kithi. Masikhumbule ukuthi
siyingxenye ebalulekile yomndeni womhlaba wonke nokuthi
.asinakuphila ngaphandle kwalo mndeni omkhulu

Impilo ibiyoba njani ngaphandle kwababazi, abasunguli
bezinto ezintsha, abalimi, nabanye? Ngokupha
nokwamukela, nokushintshana ngezinsizakalo, uNkulunkulu
ufuna sicabange futhi sizwelane nabanye Kuyiphutha
elikhulu ukuphilela wena wedwa ngaphandle kokucabangela
abanye Uma sicabanga ngenjabulo yethu, kumelwe futhi
sicabange ngenjabulo yabanye Asidingeki ukuba sinikele
ngakho konke esinakho ngenxa yenhlalakahle yomndeni
womhlaba wonke, njengoba lokho kungenakwenzeka
Kunalokho, kufanele sizwelane nabanye futhi senze konke
esingakwenza ukuze sibasize futhi sinciphise imithwalo yabo

Kukhona ubudlelwano phakathi kwempumelelo kanye
nokwaneliseka komphefumulo, ngaphakathi komongo
.wendawo umuntu aphila kuyo

Impumelelo yangempela iwumphumela wokuziphatha
okuhambisana nezimiso zokulunga, futhi ihlanganisa injabulo
kanye nenhlalakahle yabanye njengengxenye ebalulekile
yokwaneliseka komuntu siqu Noma ubani osebenzisa lesi
simiso empilweni yakhe yezinto ezibonakalayo, yengqondo,
yokuziphatha, nengokomoya uzothola ukuthi le ncazelo
yempumelelo iphelele futhi iphelele

Abantu bacabanga ngempumelelo ngezindlela
ezahlukene kuye ngemigomo yabo empilweni. Ngezinye
izikhathi, abanye abantu bayifanisa nokweba, bethi izinto
ezinjengokuthi, "Uyisela eliphumelelayo!" Lokhu kubonisa
ukuthi akuyona yonke impumelelo efiselekayo; impumelelo
.yethu akufanele ilimaze abanye

Esinye isici sempumelelo ukuletha ukuthula
nemiphumela emihle, hhayi kithina kuphela, kodwa futhi
.kumelwe sabelane ngalezo zinzuzo nabanye

Ukufeza impumelelo yezezimali akusho nje ukujabulela
lokho esikufanele; kusho nokuba nomthwalo wemfanelo
wokusiza abanye ukuba bakhe impilo engcono. Noma ubani
ohlakaniphile angathola imali, kodwa uma enothando
enhliziyweni yakhe, ngeke akwazi ukuyisebenzisa
ngobugovu leyo mali; kunalokho, bazokwabelana nabanye
.ngalokho abanakho

Imali iba yisiqalekiso ezandleni zabantu abahluphekile
nabathanda ukuphana, kodwa iyisibusiso nesipho kulabo
.abanezandla eziphanayo nezinhliziyi ezinhle

Imiphefumulo emihle idonsela imiphefumulo emihle
futhi idonseleka kuyo

Kumelwe sifunde ukuthanda omakhelwane bethu
njengoba sizithanda futhi sikhumbule ukuthi silapha kule
mpilo isikhashana, ngemva kwalokho siya kwelinye izwe
elisezingeni lalo lincike ezingeni lokucabanga kwethu kanye
nekhwalithi yezenzo zethu phakathi nalokhu kuhlala
.emhlabeni

Obani izihlobo zethu zangempela? Kumuntu
ohlakaniphile, wonke umuntu uyisihlobo, futhi ngamunye
"ungumakhelwane" Yiqiniso, umuntu ohlakaniphile uyakwazi
ukuqonda futhi uyaqonda ukuthi nakuba ilanga likhanyisa
ucezu lwamalahle nedayimane, idayimane, ngokungafani
nelahle, linekhono eliyinqayizivele lokwamukela
nokubonakalisa ukukhanya ngokugqamile. Umuntu kufanele
afune ubudlelwane nalabo abanemicabango nemizwa
emsulwa njengedayimane futhi kufanele anikele isikhathi
ekutholeni abangane abaqotho. Labo abaphila impilo
ehlanzekile nethembekile bazodonsela abangane

ababonakala ngokuhlanzeka nokwethembeka, kuyilapho
labo abaphila ngemvelo ephansi ngaphandle kokuqonda
.bazodonsela abangane abafana nabo

Uma ubheka imigomo ephakeme nezimiso eziphakeme,
kuyalulekwa ukuthi ugweme ukuzihlanganisa nabantu
abangakholelwa kulezo zimiso futhi abadida imicabango
futhi baphazamise isimo sengqondo, ukuze ukudlidliza
kwabo kunganciphisi izinga lakho lokudlidliza. Ngesikhathi
.esifanayo, ungakhiphi muntu esixukwini sakho sothando

Ngaphezu kwalokho Umuntu akufanele anikeze uthando
kuphela, kodwa futhi enze ukuthula, ukuze noma ngabe
uyaphi, adale ukuthula nokuthula, aqabule labo
abamzungezile ngokuba khona kwakhe komusa Akekho
ofuna ukusondela enkanini enuka kabi—ngiyaxolisa ngale
nkulumo—wonke umuntu uyayigwema Ngokufanayo,
umuntu okhathazekile, osheshayo, nothanda impikiswano
uyacasula futhi axoshe abanye. Sifuna ukuba njengezimballi
eziqhakazayo ezikhipha iphunga elimnandi elijabulisa
inhliziyo. Masilwele ukusakaza iphunga lokuthula nomoya
.omuhle noma ngabe siyaphi noma ngabe sihlala kuphi

Umbuso kaNkulunkulu awukho phakathi kwamafu noma
endaweni ethile esibhakabhakeni. Ungale kobumnyama
esibubonayo lapho sivala amehlo ethu, futhi lapho sizindla
futhi sithandaza, iso lomoya elisebunzini liyavuleka
ngaphakathi kithi, bese sibona ukukhanya okubusisiwe futhi
sizizwe injabulo ingena kuwo wonke amangqamuzana
omzimba, futhi sizwa ukuthi isihengo sisusiwe futhi
.umnyango oyimfihlo uvulekele umbuso kaNkulunkulu

UNkulunkulu uyinjabulo ehlala ivuselelwa, injabulo
ehlanganisa konke. Kumelwe sizizwe simunye ngaleyo
njabulo ehlala ngaphakathi kithi futhi ezungeze
.okungenamkhawulo

Ngaphesheya kwemingcele yokudlidliza kwezinto
eziqinile kukhona ukuqonda okungenamkhawulo, okubanzi,
okungaphezu kwencazelo kuyo yonke inkazimulo yayo,
ubukhulu, kanye nokungenamkhawulo Lona umbuso wezulu,
.injabulo engapheli, engenamkhawulo, nengapheli

Lapho ukuqonda komphefumulo kukhula, futhi uzizwa
ubukhona bawo yonke indawo, ube usuhlangana nomoya
.waphezulu

Inkazimulo ku-Ongenamkhawulo Ophelele, ohlezi
esihlalweni sobukhosi, lapho izulu lihlangana khona
nolwandle. Inkazimulo ku-Ophakeme Ongenamkhawulo,
ohlezi esihlalweni sobukhosi ekuthuleni okungaphakathi
kithi; ngokugxila ku-Ongenamkhawulo okungaphakathi,
.singathola amandla ayo angenamkhawulo

Ulwazi olutholakala ngokufunda izincwadi noma kubantu
luwulwazi olulinganiselwe, kanti ulwazi olutholakala ngqo
kuNkulunkulu lunikeza amandla okuhlakanipha, ubuhle
bokuqiniseka, ukuthula kwenhliziyo, kanye nokuthula
.komphefumulo

Nkosi, ngifundise ukuthandaza ngokugxila okujulile
nokuhlanganisa ukuzindla nokulangazelela okusuka
enhliziyweni futhi inhliziyo yami mayihlanzwe nsuku zonke
.ngothando lwami olumsulwa ngawe

Ukugqashula emikhawulweni ye-karma

kungakhathaliseki ukuthi ingqondo noma umzimba, ,
ukuqonda noma ukungazi, kunomthelela othize empilweni
yomuntu lizenzo zangaphambilini akuzona nje lezo ezenziwa
ezinsukwini, ezinyangeni, noma eminyakeni edlule, kodwa
futhi nezenzo ezivela ekuphileni kwangaphambilini

Ubufile, futhi wakunika impilo; khona-ke uzokubangela
ukuba ufe, khona-ke uzokuphinde akuphilise; khona-ke
.uzobuyiselwa kuYe

Imiphumela emihle nemibi yezenzo zomuntu Empilweni
yakhe yamanje, le mikhondo ihlala igcinwe entweni engazi
lutho noma engaphansi kokuqonda, futhi imiphumela
umuntu ayithwalayo (noma ethwalwa ngumphefumulo
wakhe) evela emizimbeni yangaphambilini ilele
njengembewu engaphansi kokuqonda, ilinde izimo ezifanele.
Ukuhluma nokukhula ngesikhathi esithile se-karmic.
Umthetho we-karma, olinganisela izinto, uhilela isenzo
nokusabela, imbangela nomphumela, ukuhlwanyela
.nokuvuna

Wonke umuntu ubumba isiphetho sakhe ngemicabango
nezenzo zakhe, futhi amandla awakhiphayo,
kungakhathaliseki ukuthi ngokuhlakanipha noma ngobuwula,
ngokungenakugwenywa abuyele kuwo njengendawo yakhe
yokuqala, njengoba nje indilinga iziqedela ngokunemba
okuphelele [Umbuzo uwukuthi] umuntu ofuna
ngokuzithandela kumelwe abhekane—ngokuphambene
nentando yakhe—nemiphumela engenakugwenywa yezenzo
zakhe zangaphambilini, noma yini ebizwa ngokuthi
ukunqunyelwa kusengaphambili? Impendulo ithi cha
UNKulunkulu ungumthetho nothando, futhi umuntu ofunayo
ophendukela kuYe ngokulangazelela okuqotho nokholo
oluphelele, avumelanise izenzo zakhe nomthetho waphezulu,
futhi afune uthando lukaNkulunkulu olungenamibandela
ngokungangabazeki uzothola isibusiso saphezulu esilula
.imithwalo esindayo futhi sithuthukise izimo

UNKulunkulu wasibeka kuleli zwe eligcwele izinkolelo-ze,
futhi Uyazi ukuhlupheka kwethu kanye nezinhlupheko
esizibekezelelayo Abantu bajulisa ubumnyama
bangaphakathi bokungazi okungokomoya lapho bezibheka

becwila esonweni futhi bengenamandla okuphunyuka
ekujuleni kwaso. Kungcono ngabo ukuba balwele
ukuzilungisa, befuna usizo nobubele obuvela enhliziyweni
yesihe saphezulu, benethemba lokuthethelelwa
.kuNkulunkulu onothando, onesihawu, nothethelelayo

Uma siqaphela ukuxhumana kwethu okuseduze
noNkulunkulu, iyiphi i-karma engasibopha? Ungavumeli
muntu akuqinisekise ukuthi ubuhlungu nobunzima bakho
buwumphumela we-karma yakho Njengomoya ongaphakathi
kwakho, awunayo i-karma Kunalokho, kumelwe uqaphele leli
qiniso ngokuziqinisekisa ukuthi umunye nengqikithi
yokuphila, ukukhanya, namandla e-cosmic. Uma uqaphela
leli qiniso, awunalutho lokwesaba, futhi uNkulunkulu
uzokuvula iminyango eminingi futhi akunike amathuba
.amaningi

Uma ungakhululekile ngendlela impilo yakho ehamba
ngayo,shintsha indlela ocabanga ngayo bese unikeza
izinzwa zakho amandla amahle futhi uzozizwa umehluko
.wena ngokwakho

Akunasidingo sokuba abantu bakhale futhi bakhale
ngalokho abakuphuthelwe, noma bathi izimo zabo
ezingemnandi zibangelwa amaphutha abawenza kulokhu
kuphila noma esikhathini esidlule, ngoba lokhu kuyindlela
yokunganaki ngokomoya. Kumelwe benze futhi basiphule
ukhula ensimini yokuphila, bese izimbali ezimnandi
neziqhakazile kakhulu ziqhakaza futhi zithele izithelo
ezimnandi nezifiselekayo kakhulu. Ngomusa waKhe,
.oPhezukonke

Ukuzithoba kuNkulunkulu akusho ukungasebenzisi
intando yethu ukuthuthukisa izindaba zethu nokulinda
uNkulunkulu ukuba alungise izimo zethu ngaphandle
.komzamo wethu, ngoba uNkulunkulu usiza labo abazisizayo

Iphuzu liwukuthi sifunda indlela yokuya kuNkulunkulu
ukuze aqondise intando yethu futhi abusise futhi aqinise
imizamo yethu efanele Lapho singoba isithiyo sokungafuni
ukuzinikela, sithola kuNkulunkulu isivikelo esinganikezwa
muntu kuleli zwe, futhi sithola namandla okungekho vivinyo
olungawanqoba

Wonke umuntu angakha ubuhlobo obukhethekile
noNkulunkulu uma azi ukuthi angavula kanjani izinhliziyu
zakhe kuNkulunkulu futhi alangazelele ukuba khona kwaKhe
kwaphezulu, okuletha injabulo nokuqiniseka

Uma umuntu ezwa isidingo esijulile sikaNkulunkulu, azi
ukuthi akanakukwazi ukuphila ngaphandle kwaKhe, uzothola
ukuthi uNkulunkulu uphendula ngandlela thile. Kodwa
kumelwe aqale ahlakulele lowo muzwa onamandla, ngoba
.impendulo ngeke ize ngokuzenzakalelayo

Uma singamniki uNkulunkulu indawo yokuqala
ekuphileni kwethu, isimo sethu sengqondo sizoba
nokukhathazeka nokudideka, futhi ngeke sikwazi
ukubhekana nezidingo zokuphila ezingapheli ngendlela
.enengqondo nefanele

Futhi iyiphi indlela yokuthuthukisa leso sifiso? Njalo
lapho sibhekene nobunzima noma ubunzima, futhi njalo
lapho sizwa ubunzima ezinhliziyweni zethu, kumelwe
siphendukele kuNkulunkulu sicele usizo Lwakhe, sazi ukuthi
noma ubani othanda uNkulunkulu futhi uyalugcina
engqondweni nasenhliziyweni yakhe. Isimo Sakhe
.sizothuthuka. Isimo Sakhe siyashintsha sibe ngcono

Uma sivuselela futhi siphehla i-ether Ngemithandazo
yethu esuka enhliziyweni kanye nezicelo eziqotho Sizokhipha
umongo wempendulo yaphezulu Equkethe ukudla,
ukuphulukiswa, kanye nenjabulo

Kulabo abafisa ukondliwa ngokomoya, ukukhungatheka
nokwehluleka kwangaphambilini akubalulekile Izifundo
zingafundwa kuzo, futhi umuntu angazama futhi, ephinda
umzamo kusukela ekuqaleni. Impumelelo izoqinisekiswa,
ngosizo lukaNkulunkulu, kubo bonke abangadunyazwa
ukwehluleka, abazimisele ngokungancishiswa yizinhlekelele,
futhi abakholelwa ngokholo oluqinile Ukuthi uNkulunkulu
uyabasekela labo abaphikelela Labo abasemgwaqweni
ofanele, futhi ubanikeza ithemba, amandla, kanye
nethemba, baze bafinyelele umgomo wabo wokugcina
.Nokufeza injongo yokuphila

Umcabango ungamandla afana nogesi, kanye nezimo
zengqondo. Ubuyela emuva ekucabangeni nasendleleni
yokucabanga

Ugesi uwusizo futhi uyingozi; noma ubani owusebenzisa
ngokuhlakanipha uwubeka enkonzweni yakhe. Ngaphandle
kwalokho, ungase umbulale ngogesi. Ngakho-ke wacabanga
kanjalo. Uma uqondiswa ezindleleni ezifanele. Uletha
injabulo kumnikazi wawo, ngaphandle kwalokho umlethela
.inkinga

Umcabango ufana nehhashi lasendle, kodwa
ukuwulawula akuyona into engenakwenzeka, futhi
ukucabanga okuhle kuyindlela eyodwa yokulawula
umcabango

Ukucabanga okuhluzekile kungumngane oseduze Futhi
ingqondo egulayo iyisitha esihlala njalo

Ukucabanga okuhluzekile kudonsela ukuthula
nokuphepha, kuyilapho ukucabanga okungenampilo
kudubula imicibisholo ebulalayo ephindela kumnikazi wayo
kabili. Ngakho-ke isisho esithi, "Umvuzo ufana nesenzo."
Uma nje umuntu ethumela izinhloso ezinhle, imicabango
yakhe izophenduka izibani, ikhanyise amakamelo

omphefumulo futhi ixoshe izinqwaba zobumnyama, ukuze
azizwe eduduzekile kakhulu, namehlo akhe akhanye
ngokumamatheka kokwaneliseka! Kwangathi
ukumamatheka kungahlala emehlweni akho. Ukuthula
.makube phezu kwakho

Impilo ifana nesigayo esigaya imbewu yokuhlolwa
okunezithelo kanye nokuhlola, ukwenza isinkwa sokuphila
Kufana nomgwaqo ogobile, onezimbali eziluhlaza kuzo
zombili izinhlangothi zezimvemvane ezikhanyayo Nezihlahla
ezinezithelo ezimnandi emagatsheni azo, kodwa asivamile
ukuyeka Masijabulele ukukubona futhi sinambithe
ubumnandi bako; ngempela, sivame ukuba sematheni Ukuze
sifinyelele ezindaweni ezibanzi, sicabanga ukuthi
kunemibono emihle kakhulu kunalokho esikubonile Kodwa
njengoba sihamba kancane kancane Ezindleleni
ezinezimbali, ezithela izithelo, sithola imithi emnyama
kakhulu kunemisha, bese izimbali ziyanyamalala. Kanye
nakho, izimvemvane kanye nezithelo, bese sizithola
.sesisehlane elingenalutho

Ukuphila komuntu kufana namanzi olwandle, ahlanzwa
futhi abe masha Kuphela uma ukhuphukela emkhathini
ophezulu Kufana nephupho lasekuseni, elikhula
ngokukhanya njengoba ukhula, ngoba izinto zibonakala
zicacile futhi zicacile Kufana nohambo lapho indawo
iyashintsha njengoba sihamba amabanga Bese indawo
efanayo iyashintsha njengoba sisondela kuyo, njalo njalo

Ukuphila akudumazi abahlakaniphile, ngoba babhekana
nakho ngobuhlakani futhi bayakujabulela Ngaphandle
kokukuvumela ukuthi kubalawule futhi kubaphuce inkululeko
yabo. Isibonelo, bayawajabulela amanzi. Bayawaphuza futhi
bawageze, kodwa abazivumeli ukuthi bacwile kuwo.
Bajabulela izingubo abazithandayo. Ngaphandle
kokunamathela ngokweqile emithethweni nasemisebenzini

ebhekwa njengento engabonakali. Bajabulela ukudla ngaphandle kokuvumela ukuminza ukuba kuwadle, ngoba ukudla ngokweqile kwenza umzimba ube buthaka. Futhi kugwinya ukuqonda. Futhi uzowubhubhisa ngokuphelele.

Ngakho-ke, umuntu kufanele ajabulele impilo. Kodwa .ngaphandle kokuqeda amandla ezinzwa ngokucwiliswa

Ukuzwana nabanye Akusho ukuvumelana nabo kukho konke, noma ukudela imibono ngenxa yabo, ngoba le ndlela yokuzivumelanisa ayifiseleki futhi ayihambisani neqiniso

Abaguquli kanye namadoda amakhulu abazange bavumelane nabantu abaningi ababazungezile, noma kunjalo babambelela ngokuqinile emibonweni yabo, ngoba .baqaphela ukuthi lokho ababekwenza kwakulungile impela

Okokuqala nokubaluleke kakhulu, umuntu kumelwe avumelane noNkulunkulu, bese kuba nonembeza wakhe, bese kuba nabantu

Isimiso akufanele sibekwe eceleni futhi singasebenzisi izisusa ezicashile ukuze sifeze injongo ethile, ngoba lokho .akufanele abantu abalandela izimiso

Ubani ongaphila ngendlela ejabulisa uNkulunkulu? Ungalimazi abanye, ngoba abanakho okufanele bakwesabe Uma le ndlela ingabanelisi abanye, kwanele ngomuntu ukuba azizwe ekhululekile ngaphakathi futhi enokuthula kwangaphakathi okumenza azimele ngaphandle .kokwamukelwa ngabantu

Amandla nesifiso somphefumulo Ekuphendukeleni kuNkulunkulu Kubizwa ngokuthi i-magnetism engokomoya Futhi ngale magnetism umphefumulo udonsele izibusiso kuwo kanye nokudlidliza okuhle kanye nakho konke okuhle kwabantu Okumkhumbuza ngobuhle nokulunga

amandla okuzidonsela angokomoya. Amandla adonsela
futhi adonsele umuntu kuye. Abangane abahle nezinto
ezibalulekile kanye nokuqonda izinto ngendlela
eqondakalayo. La mandla atholakala emandleni akhangayo
.kaNkulunkulu

Ikhandlela Lokuthula

Thatha imbiza yengqondo uyigcwalise ngokuthula
kwakho

Thatha ibhodlela lemizwa yami, Ligcwalise ngesihe
sakho

Thatha ibhasikidi lami lomphefumulo elingenalutho,
Ligcwalise ngezithelo zokuhlakanipha kwakho

Thela amanzi othando lwakho emphefumulweni wami
Ngizowathela ezinkomishini zomphefumulo owomileyo

Diliza izindonga zobugovu Ngicwilise ebukhoneni bakho
bonke

Umsebe wokusa kothando

Makabuke esuka ekuvulekeni kwenhliziyo yami

Kungikhumbuza ukukhanya kwelanga kothando lwakho

Ukusabalala esibhakabhakeni sempilo yami

Ukukhanya okukhazimulayo kothando lwakho
kukhanyisile

Phezu kwami, futhi kwakhanyiselwa

Ukukhanya kwakho kugcwalise isikhala sami
esingokomoya

Ungukuphila okusekela umzimba wami

Futhi ingqondo ephefumulela imicabango yami
Nokuhlakanipha okususa ukungazi kwami
Ngikhanyisa ikhandlela elincane lothando lwami
Ukufunda incwadi yegolide
Kugcinwe ngaphakathi kimi kusukela ezikhathini
zasendulo
Uthando lwakho lwalukhona futhi lusekhona
Ikhandlela elingabonakali lokuthula
Okuxosha ubumnyama futhi kungibonise imiyalezo
yakho
Ibhulogi isemakhasini ezinhliziyo
Inkazimulo yakho mayibonakaliswe, Nkosi
Kwangathi ukukhanya kokuhlakanipha kwakho
kungasusa
Ukungazi, ukungezwani, nomona
Kusukela ogwini lomhlaba kuze kube phakade
Guqula ubuthakathaka bethu bube amandla
Futhi sabuthakathaka ekuzimiseleni
Shaja imizimba yethu ngogesi obalulekile
Futhi ugcwalise ingqondo nomphefumulo ngokukhanya
kwakho okuphulukisayo
Bamba isandla sethu ukuze singaminzi emanzini
okunganaki kwakho, futhi ugcwalise ubukhona bethu
ngothando lwakho nokuhlakanipha kwakho Masizizwe

siseduze kakhulu nawe nokuthi ilanga lesihawu sakho
.lisikhanyisela njalo

Ngibeka izimbali zemicabango yami ehlekisayo
nephilayo

Esakhiweni sokuthula

Iphunga lakhe elithule liyacula

Futhi uhlabelela ngenkazimulo yakho

Futhi ngokukhanya kokukhanya kwakho okungcwele

Ngiyabona ubuhle bokuba khona kwakho

Amaphupho ami ajabulisayo ayagcwaliseka

Lapho ukukhanya kwakho kukhanya emphefumulweni
wami

Izindwangu zivutha umlilo wokuhlakanipha

Ngibona inkazimulo yakho, futhi injabulo yami iyanda

Kwangathi uNkulunkulu angakukhanyisela ngokukhanya
kwakhe

Futhi imikhonzo evela emphefumulweni eya kuwe

Kunezidingo eziningi izwe elisibekela zona futhi

lisiqinisekisa ngokubaluleka kwazo okukhulu kanye
nokungenzeki kokuphila ngaphandle kwazo noma ukukwazi

ukuphila ngaphandle kwazo. Kodwa imfuneko eyisisekelo

kumelwe kube ukuthola ukuthula kukaNkulunkulu,

omithombo yakhe ayisoze yome futhi umthombo wakhe

awusoze wome, futhi okwenza konke empilweni kube

.nokunambitheka kanye nencazelo

Masikhumbule ukuthi uNkulunkulu uyisisekelo

sobukhona bethu, nokuthi uthando luyifasitela esibuka ngalo

ubuso Bakhe obukhazimulayo. Noma ngubani ofisa ukuzwa
ubukhona bukaNkulunkulu futhi akhulise leso sifiso esikhulu
emcabangweni nasezenzweni, uNkulunkulu uzophendula
isicelo sakhe futhi amsize adilize izindwangu ezibavimbela
.ukuba babone izibani ezibusisiwe

Noma ubani ozimisele ukuqhubekela phambili endleleni
ngeke avinjwe yilutho, futhi akukho sithiyo esizomvimba aze
afinyelele umgomo wakhe futhi afinyelele isifiso senhliziyo
.yakhe

Amaparele Namatshe Ayigugu Angokomoya

Labo abadalula ubuthakathaka babanye futhi
bababangele amahloni nentukuthelo bakude kakhulu
nokuhlakanipha nokwahlulela okunengqondo. Kufanele
sidelele isono, hhayi isoni, ngoba singumzalwane wethu
emoyeni, naphezu kobumnyama bokungazi obusimbozayo
futhi obusizungezile. Inhloso yokusola kufanele kube
ukuphulukisa, hhayi ukujabula nokulimaza. Kufanele
siphathe umfowethu onesono ngendlela ebesingathanda
ukuphathwa ngayo ukube besisesimweni sakhe nesimo
.sakhe

Noma ngubani ofihla amaphutha omfowabo kuleli zwe,
.uNkulunkulu uzofihla amaphutha akhe kwelizayo

Njengoba nje sahlulela abanye, umthetho ongokomoya
uyasahlulela ngezinga elifanayo. Akufanele silindele okuningi
kakhulu kwabanye, futhi akufanele silindele njalo
imiphumela emihle kunoma ubani, noma ngabe benza konke
.okusemandleni abo

Umntu angawa futhi akhubeke, kodwa uzohlala
ephephile uma nje enza konke okusemandleni akhe
ukukhuphuka isitebhisi sokulunga nokulunga futhi

Nsuku zonke kufanele sizame ukuphakamisa umoya
wesiguli ngokomzimba, ngokwengqondo, noma ngokomoya
endaweni esikuyo, njengoba nje sizisiza thina noma
.amalungu omndeni wethu

Noma ubani ozama kusukela namuhla ukuphila
ngokwemithetho yaphezulu - esikhundleni sempilo yakudala
yobugovu eletha ubunzima nosizi - uzothola ukuthi
kungakhathaliseki ukuthi indima ayidlalayo iphansi
kangakanani empilweni, ihlala iyindima ebalulekile uma nje
enza umsebenzi wakhe ngokugcwele ngokwesiqondiso
somqondisi womdlalo we-cosmic kanye nomphathi wazo
zonke iziphetho zethu: uNkulunkulu uSomandla

Uma sisebenzisana nabanye ngobuqotho bangempela,
uthando lweqiniso, kanye nokucabangela imizwa, sizoletha
abangane abahle ekuphileni kwethu ngaphandle
kwezintshisekelo zomuntu siqu noma izibalo zobugovu
ezicabangela okuncane; ngaphandle kwalokho, ngeke
.sikwazi ukubona abangane bethu beqiniso

Kuyadingeka ukususa ubuzenzisi nokuzenzisa,
nokwenza ngendlela engabalimazi ngamabomu abanye

Abangane akufanele bathukuthele, badelelwe, noma
baphikiswe, futhi akufanele banikezwe noma yisiphi isizathu
sokuba nemizwa engemihle ngathi Abangane akufanele
baphathwe kabi, baxhashazwe, noma banikezwe iseluleko
esingacelwanga ngaphandle kokuba siceliwe Uma iseluleko
siceliwe, kufanele sinikezwe ngobuqotho nangomusa,
ngaphandle kokwesaba imiphumela Abangane bayasizana
ngokugxeka okwakhayo nokwabazalwane

Okuhlangenwe nakho okunzima empilweni akuzi
ukuzosiqeda amandla futhi kusinqobe, kodwa kuzoqinisa
ukuzimisela kwethu futhi kuqinise ukholo lwethu
kuNkulunkulu kanye nokuzethemba kwethu Abanye abantu

bakholelwa ngephutha ukuthi lokhu okuhlangenwe nakho
nezinselele kuyizimpi ezibhubhisayo
ezingenakuqhathaniswa, ngakho-ke bayayeka. Inggondo
enempilo ibalulekile ekuvuseleleni amandla ethu
angaphakathi ukuze sibhekane ngokuphumelelayo nokuphila
.kanye nezilingo zako

Uma umuntu engancintisani nomuntu onamandla
kunaye, ngeke abe namandla Ngokufanayo, lapho sibhekene
nobunzima bethu ngesibindi namandla engqondo, siba
namandla futhi sibe namandla ngokwengeziwe

Izingqondo zethu ziyingxenye ebalulekile yokwazi
kukaNkulunkulu okubanzi Ngaphansi kwegagasi lokwazi
kwethu kulele ulwandle lokwazi Kwakhe okungenamkhawulo
Lapho igagasi likhohlwa ukuthi liyingxenye yolwandle
olukhulu, lizihlukanisa nalawo mandla olwandle Ngenxa
yalokho, izingqondo zabantu ziba buthakathaka ngenxa
yokulinganiselwa kwezinto ezibonakalayo futhi azisakwazi
ukusebenza kahle nokukhiqiza okuningi Lapho izingqondo
zithuntutha uthuli lokungazi futhi ziphula izibopho ezibopha
amandla azo, zizoba nekhono lokudala nokuxhumana okuhle
nokuphila

Uma ubambelela ngokuqinile embonweni othile futhi
uwugcwalisa ngentando enamandla, lowo mbono uguquka
ube amandla aguqukayo. Lapho umcabango uba namandla
aguqukayo, ungadala indawo efanele yempumelelo,
ngokusho kwemephu engabonakali edwetshwe
.engqondweni

Abantu bayahluleka ngoba bavumela izimo ezinzima
zokuphila ngaphandle kokumelana nazo, esikhundleni
sokumelana nazo ngaphandle kokuzinikela

Kuyadingeka ukuzivocavoca nokwenza kusebenze
amandla okuzimisela

Labo abangena endaweni yokuthula bangaxhumana
ngokomoya neminye imiphefumulo ethanda uNkulunkulu,
futhi bangaqonda ulimi lwama-rose nazo zonke izidalwa
.eziphilayo

O Nkosi, yiba yiNkosi yodwa ebekwe esihlalweni
sobukhosi othandweni lwami nasekulangazeleleni kwami

Labo abazindlayo bathola umuzwa ojulile wokuthula,
futhi lokhu kuthula kwangaphakathi kufanele kugcinwe
ngisho nalapho benabanye. Lokho umuntu akufundayo
ekuzindleni kufanele kwenziwe emisebenzini yansuku zonke
kanye nokuxhumana nabanye, ngaphandle kokuvumela
noma ubani ukuba aphazamise ukuthula noma ukuthula
.kwakhe

Uma ufuna ukwakha umkhuba omuhle noma ukuqeda
umkhuba omubi, gxila emangqamuzaneni obuchopho lapho
.kutholakala khona izindlela zemikhuba ehlukeni

Ukuze wakhe umkhuba omuhle, qala uhlale buthule
uzindle, ufune usizo oluvela kuNkulunkulu. Gxilisa ingqondo
yakho enkabeni yamandla okuzimisela, etholakala ebunzini
phakathi kwamashiya akho, bese uqinisekisa ngokuqinile
umkhuba ofisa ukuwufaka ebuchosheni bakho. Uma ufuna
ukususa imikhuba emibi, gxila futhi ukunaka kwakho kulesi
sikhungo samandla okuzimisela futhi uqiniseke ngokuqinile
ukuthi yonke imigoqo lapho leyo mikhuba igxilile khona
iyasulwa. Ngokugxila kanye namandla okuzimisela, ungasula
ngisho nemigoqo ejulile yemikhuba emidala egxilile.
Ziqinisekise ngokuphindaphindiwe ukuthi unamandla
okuzimisela anele okususa imikhuba engaphilile endaweni
.yobuchopho

Isikhathi esifanele kakhulu sokuqinisekiswa okunjalo
kusesekuseni kakhulu lapho intando nokunaka kugaphile

Qhubeka uziqinisekisa ukuthi ukhululekile kuzo zonke
izithiyo futhi ngolunye usuku uzothola ukuthi - Ngosizo
lukaNkulunkulu - usuzikhululile kakade emkhubeni obufuna
.ukuwulahla

Noma yini oyisabayo, susa imicabango yakho kuyo bese
uyishiya kuNkulunkulu. Qinisa ukholo lwakho kuNkulunkulu
.futhi uthembele ukuthi uyakwazi ukukusiza

Ukuhlupheka okuningi kuvela ekukhathazekeni
nasekukhathazekeni Kungani kufanele uhlupheke kuyilapho
lokho okwesabayo kungakakenzeki? Cabanga ngokukhanya
kukaNkulunkulu okukuvikelayo okukuzungezile nxazonke,
futhi uzozwa isivikelo Sakhe esimangalisayo

Njengoba iningi lezinkathazo zethu livela ekwesabeni,
uma sisusa ukwesaba ezimpilweni zethu, sizozizwa
sikhululekile futhi ukuphulukiswa kuzoba khona
ngokushesha Njalo ebusuku, ngaphambi nje kokulala,
ziqinisekise ukuthi uNkulunkulu unawe, uyakuvikela futhi
.uyakuqapha

Kule drama yasemkhathini, abantu bazo zonke
izinhlanga badlala indaba yokuphila esiteji sesikhathi.
Kumelwe siqonde incazelo yokuphila ngaphandle
kokuzikhathaza ngokwegile noma ukugxila kakhulu
.ngezindima zethu ezidlulayo

Umbono wethu ngempilo uvame ukuhlanekazelwa futhi
uphambukile ngoba sibheka ngamehlo obugovu kanye
nombono olinganiselwe Ukube besibheka ngeso
lomphefumulo, besizobona izinto ngombono ohluke
ngokuphelele

Uma sivula iso lokuhlakanipha, sibona ukukhanya
kukaNkulunkulu okubanzi, futhi kulokho kukhanya sibona
isimo sethu esingokomoya, okuwukubonakaliswa kwemvelo

yokuqonda kwendawo yonke egcwala zonke izinhlayiya
.nezingxenye zendawo yonke

Amaqiniso angokomoya asizungezile, angqongqoza
eminyango yamehlo ethu avalliwe, esikhuthaza ukuba sibone
 ukukhanya esikhundleni sobumnyama, senze
 ngokuhlakanipha esikhundleni sokungazi, sigcwalise
izinhliziyiyo zethu ngothando esikhundleni senzondo, futhi
 sibambisane ekumiseni ukuthula nokuletha inala
nokulondeka emhlabeni wethu Uma senza lokho, ukungazi
 kuzonyamalala, ukungezwani kwezimo kuzonyamalala,
sizobona ubunye ekubalweni kwabantu, futhi sizovumelana
 kakhulu nentando yaphezulu

Ubuhlobo bethu noNkulunkulu abuyona into ebandayo
noma engenaluthando, njengaleyo ephakathi komqashi
nesisebenzi. Singumndeni waKhe, ukusinakekela kwaKhe
kuhlala njalo, futhi uyasilalela njalo. Siyingxenye ebalulekile
yobuntu baKhe, futhi ubuhlobo bethu naYe buyaphila futhi
.bunamandla

UMdali wethu usiphe ingcebo engapheli yothando,
ukuqonda, ukuqonda, isifiso esihle, namandla angokomoya,
 kodwa iningi lethu alichithanga le ngcebo ezintweni
 uNkulunkulu afisa ukuba siphile kuzo ngokuphepha,
ngokuthula, nangokubambisana okunobungane, njengoba
 kufanele umndeni ohloniphekile nonothando, kodwa
 ubugovu kanye nokubala kobugovu kuye kwagxila
ezinhliziyweni zethu futhi kwahlwanyela ukungezwani
 .phakathi kwethu

UNkulunkulu ufuna sibe ngamakhosi, kodwa sikhetha
ukuba yizigqila

Umuntu usuke ehambile kude nekhaya lakhe lasezulwini
 futhi walahlekelwa yipharadesi langaphakathi lokuzizwa
 eseduze noNkulunkulu noNkulunkulu eseduze naye, futhi

ngeke akwazi ukuphinda alithole lelo pharadesi ngaphandle
.komzamo womuntu siqu

UNkulunkulu wasidala ngomfanekiso waKhe, kodwa leli
qiniso seliphumile ezingqondweni zethu. Sinqotshwe
yinkolelo yokuthi isiphetho sethu siwubunzima kanti
isiphetho sethu siwukubhujiswa. Kumelwe sidabule isihengo
sokukhohlisa ngommese wokuhlakanipha ukuze sibone
.iqiniso elikhanyayo ngemuva kwaso

?Singobani futhi siyini imvelo yethu yangempela

Abantu banomehluko osobala, kungaba ngesimo sabo
sengqondo noma ngokomzwelo, izindima abazidlalayo
empilweni, umsebenzi nemisebenzi abayiphishekelayo,
noma izifiso abazizwayo. Kodwa ngaphansi kwakho konke
lokhu mehluko kunezinto ezimbili wonke umuntu azifunayo
futhi azidingayo ngaphandle kokukhetha. Esinye inkululeko
kuzo zonke izinhlobo zobuhlungu kanye nokuswela. Esinye
injabulo ephelele nehlala njalo—ukwaneliseka okuphelele,
lapho kuhlala khona ukuthula, uthando, ukuhlakanipha,
.kanye nenjabulo

Eqinisweni, lokho abantu abalwela ukukufinyelela
nguNkulunkulu, kungakhathaliseki ukuthi bayalisebenzisa
lelo gama noma cha. Abahlakaniphile bathi uNkulunkulu
uyingqikithi yenjabulo nomoya wenjabulo. Futhi umuntu
ngeke athole ukwaneliseka okuphelele ngaphandle kokuthi
athathe ngqo emthonjeni wendawo yonke. Leli iphuzu
.elibalulekile lokuqonda isimo somuntu

?Kodwa abantu bakufunaphi lokho abakufunayo

Bakufuna kuphela ezintweni zomhlaba: ezintweni
abanazo, ezimweni zangaphandle, kanye nasebudlelwani
nabanye abantu Kodwa akunakwenzeka ukukuthola kunoma

yini, kunoma ubani, noma kunoma yisiphi isimo kuleli zwe,
.uma ubheka uhlobo lwendalo

Indalo isekelwe esimisweni sobubili. Akunakwenzeka
ukuba nesithombe ngombala owodwa kuphela, njengoba
kungekho ndlela yokwenza ngaphandle kokuphikisana nawo.
Ngokufanayo, akunakwenzeka ukuthi noma yisiphi isici
sokuphila sibe khona sihlukanisiwe nobubili. Kodwa-ke, lapho
sihlola izifiso ezishukumisa abantu, sithola ukuthi ngamunye
wethu ufisa izinto ezinhle kuphela, ezimnandi, ezinhle,
nezinhle, ngaphandle kwesifiso esincane sokubhekana
nanoma yini engathandeki noma engathandeki. Kodwa lokho
.akunakwenzeka

Kuleli zwe elinobunye, akukho injabulo ngaphandle
kobuhlungu, akukho ukukhanya ngaphandle kobumnyama,
akukho okuhle ngaphandle kobubi, akukho ukuphila
ngaphandle kokufa Izinhlangothi ezimbili zohlamvu lwemali
azihlukaniseki Lokhu kusho ukuthi lokho esikulangazelelayo
ngaphakathi kithi akunakutholakala kuleli zwe

Abantu bayasesha—yebo, bafuna ngamandla abo onke
—kodwa abakwazi ukuthola abakufunayo, okudala
ukuphelelwa yithemba nokuphelelwa yithemba Lokhu
akugcini nje ngokuholela ekuphelelweni yithemba kodwa
futhi nasekucasukeni okukhulu nasentukuthelweni
enamandla, futhi ngenxa yalokho ezenzweni zobudlova
Konke lokhu kwenzeka ngoba abafuni abakufunayo
endaweni efanele, futhi ngenxa yalokho, abakutholi okufiswa
yizinhliziyi zabo

Abantu esikhathini sethu abazi okuningi ngencazelo
nenjongo yokuphila, ngakho-ke bahlushwa ukudideka
.nokudideka

Ngokwemvelo, abantu bangabantu abaqhutshwa
yinjongo Uma bengenalo injongo ekuphileni, futhi uma

izingqondo zabo, amandla, intando, kanye nemizwa yabo
kungaqondiswa ngendlela eyakhayo neyakhayo,
bazophendukela ezindleleni ezibhubhisayo
njengokusebenzisa kabi utshwala nezidakamizwa,
ukusebenzisa ubudlova, njalo njalo. Umgomo wokugcina
wokuphila ukwazi uNkulunkulu futhi kuwumthwalo wabantu
ngabanye ukuvumelanisa izindima zabo nemisebenzi
yangaphandle ngezenzo ezilungileyo, imibono emihle, izimo
zengqondo ezinhle, kanye nokudluliselwa kwemizwa yabo
ngendlela ezuzisayo

Lezi zici ezimbili zemvelo yethu—isici sangaphakathi
noma esingokomoya kanye nesici sangaphandle—
aziphikisani uma ziqondwa kahle Kunalokho, ziyasekelana
futhi zisisiza ukuthuthukisa nokuthuthukisa amakhono ethu
angokomzimba, angokwengqondo, angokomzwelo,
.nangokomoya

Abantu baphila endaweni engenalutho, engenakho
ukukhuthazwa kwengqondo noma ukukhuthazwa
kwengqondo Bazizwa benesithukuthezi ngenxa yokuntuleka
kwenjongo kanye nokungabikho kwanoma yini engenza
ukuphila kwabo kube yigugu futhi kube nencazelo Umuntu
ojwayelekile angase akwazi ukusebenza futhi aziphathe
sengathi uphilile ngokwengqondo nangokwengqondo, kodwa
?ingabe uyajabula

Inhloso eyinhloko yokuphila ukwazi ukuthi singobani
nokuthi siyini ngempela imvelo yethu. Uma sinikeza izici
ezijulile zokuphila ukunakwa okufanele, nakanjani sizozizwa
sijabule, ngoba injabulo yomuntu ihlotshaniswa
nokuxhumana nomuntu ongokomoya, ngaphandle kwalokho
.umuntu angabi khona noma abe khona

Ukwesaba ukwehluleka noma ukugula kukhuliswa
ukucabanga ngakho njalo kuze kube yilapho umqondo
wokwehluleka uphuma engqondweni eqondayo uye

engqondweni eqondayo futhi ekugcineni ufinyelele
ekuqondeni okuphezulu. Khona-ke, ukwesaba, okugxile
engqondweni eqondayo nakwegondayo ephakeme, kuqala
ukwanda nokukhula kuze kube yilapho kugcwalisa ingqondo
eqondayo ngokhula lokwesaba olungasuswa kalula
njengomcabango wokuqala lapho luhluma. Lezi zitshalo
eziyingozi ekugcineni zithela izithelo ezinobuthi nezibulalayo.
Ngenhlanhla, izimpande zalo zingasuswa ngaphakathi
ngokugxila kakhulu esibindini nokufaka ekuqapheleni ukholo
oluphelele kuNkulunkulu nokuthi uyakwazi ukusiza labo
.abafisa ukuzisiza nokubavikela ekulimaleni

Kwake kwaba nesikhathi lapho igwebu elincane
lalintanta phezu kolwandle, liqaphela iziphepho nombani,
lapho ezwa izwi limhlebeli: "Igwebu elincane lokuphila,
"?unenkingani

Awazi yini ukuthi uyingxenye yolwandle lokuphila?
Ibhamuza elincane labheka nxazonke laqaphela lelo qiniso

Ukuqonda komuntu kuntanta njengebhamuza elincane
Ebusweni bolwandle lokwazi kwendawo yonke, ucabanga
ukuthi libhamuza lesikhashana, uthuthumela ngokwesaba
ukugula, ubumpofu, nokufa Awu bhamuza, uyalwesaba
ulwandle? Bheka nxazonke ubheke ngokucophelela Shintsha
umbono wakho usuka endaweni okuzungezile uye endaweni
kaNkulunkulu engenamkhawulo Hlola ngokujulile, wandise
ukuqonda kwakho, ukuze wazi futhi uqiniseke ukuthi
umunye nolwandle lwakhe olukhulu, nokuthi uNkulunkulu
unawe Uyakuvikela, uyakusekela, manje naphakade

Ukugwema izingibe nezingibe

Noma nini lapho uzwa isifiso esinamandla enhliziyweni
yakho sikunxusa ukuba usigcwalise, sebenzisa ukuqonda
bese uzibuza, "Ingabe lesi yisifiso esihle esingagcwaliseka,
noma isifiso esibi okungafanele sihlonishwe?" Izifiso zezinto

ezibonakalayo ezingaphili zikhuthaza imikhuba yethu emibi
ngokusinika amathemba angamanga kanye nenjabulo
ekhohlisayo Ezimweni ezinjalo, amandla okuqonda kumele
asetshenziswe ukuze kwembulwe iqiniso Imikhuba emibi
ekugcineni iholela ekungajabulini Lapho isimo sayo
sangempela sembulwa, ayibe namandla okubamba umuntu
ezingibeni zokuhlupheka nasezingibeni zosizi

Ukuzindla nezindaba

Ekuphileni nasekufeni, ezinsizini nasezinhlekeleleni,
ukholo lwami kuwe, Nkosi, luhlala luqinile futhi
.lungenakunyakaziswa, luqinile futhi alunyakaziswa

Yonke imimoya yokulangazelela kwami nokunxusa ivula
iminyango namafasitela emphefumulweni wami engidlula
kuwo ngiye enjabulweni kaNkulunkulu

Njengoba nje ilanga likhanya ezindaweni ezinabantu
abaningi, nami ngizobona imisebe yothando lwaphezulu
kuzo zonke izici zempilo yami nemisebenzi yami yansuku
.zonke

Ngibusise, Nkosi, ukuze ngivuse umphefumulo wami
ngokusa ngiwulethe emnyango wakho obusisiwe

Indaba yenyamazane ye-musk

I-musk iyinto eyigugu enephunga elinamandla,
etholakala enkabeni yenyamazane ye-musk ehlala
.ezintabeni eziphakeme zaseHimalaya

Uma inyamazane isifinyelele eminyakeni ethile, i-musk
ekhangayo iqala ukuvuza ngasese enkabeni yayo, bese
inyamazane ishukunyiswa yilelo phunga elimnandi bese
iqala ukudansa nokufuna umthombo walelo phunga
.elimnandi

Ihamba ukusuka endaweni ethile kuya kwenye, ihogela
phakathi kwamatshe nangaphansi kwezihlahla, ifuna yonke
indawo umthombo walelo phunga elijabulisayo

Ekugcineni, uthukuthela futhi akhathazeke kakhulu
lapho engakwazi ukukhuluma futhi engakwazi ukuthola
.lokho akufunayo ngokulangazelela nangomdlandla

Emzamweni wokugcina wokufinyelela emthonjeni we-
musk, igxuma isuka emaweni amade amatshe iye esigodini
esijulile ukuze ibhekane nesiphetho sayo futhi ibhekane
nokufa kwayo, lapho abazingeli bekwazi ukuyibamba futhi
.bakhiphe khona isikhwama noma i-gland ye-musk kuyo

Kulokhu, omunye wezimbongi ezikhanyiselwe washo
:okuthile okufana nokuthi

!O nyamazane ye-musk, wena siwula

?Kungani uhlupheka? Kungani ungalali

Le musk iyatholakala

!Ngesikhwama sakho sesisu, siwula

Noma ngabe uthinte ngekhala lakho

Kuwe kuvela iphunga eliyimfihlo

Ubuyobe uwine lokho obekufisa

Futhi uphile ngaphandle kokusebenzisa imali

Anicabangi yini, bangani bami, ukuthi abantu abaningi
baziphatha njengenyamazane ye-musk? Bahlala befuna
.injabulo yonke indawo ngaphandle kwabo

Yebo, bafuna injabulo ngokudlala, futhi bazitika
ngokukhathala ezifisweni nasezifisweni. Bakhuphuka
ezindleleni ezishelelayo zengcebo baze bagxume emaweni
amathemba aphezulu baye emadwaleni okukhungatheka

nokwehluleka lapho bengakwazi ukuthola injabulo
.yangempela egcinwe ezinhliziyweni zabo ezijulile

Uma siguqula imicabango yethu, futhi sizindle
ngokujulile, sizothola ekuthuleni komphefumulo umthombo
.wenjabulo yangempela nehlala njalo esiyifunayo

Akufanele sifane nenyamazane ye-musk, ebhubha ifuna
injabulo ezindaweni ezingafanele Kunalokho, kumelwe
siqaphele futhi sizame ukuthola injabulo ngaphakathi kithi,
.hhayi ngaphandle kwethu

Indaba Yenkinobho

Indoda ethile yafika kimi yathi inesifo senhliziyo
:esingamahlalakhona, yabe isinezela

Ngizame izinto eziningi, kodwa angikwazi ukususa"
"ubuhlungu benhliziyo

Ngemva kokucabanga ngokuthula, ngamcela ukuba
:angilethele isikele. Wangibheka ethuthumela wathi

"?Uhlose ukungivula inhliziyo, mnumzane"

Ngahleka ngaphendula ngathi, "Angisiye udokotela
Wake wezwa ngomuntu osebenzisa isikele ukuze enze
"!?ukuhlinzwa

Ekugcineni, waletha isikele ngokungathandi, ngakho
ngasika enye yezinkinobho ejazini lakhe ngamtshela ukuthi
angathungi enye inkinobho endaweni yayo, futhi angabeki
isandla sakhe endaweni lapho inkinobho ingekho khona.
Ngamtshela nokuthi abuye kimi ngemva kwamasondo
amabili, futhi ngangilindele ukuthi uzolulama ngaleso
.sikhathi

Indoda yahleka yathi, "Ngizokwenza njengoba ucelile
ngoba ngiyakwethemba, kodwa ngicabanga ukuthi umuthi
"!ongavamile kakhulu engake ngawunikwa

Ngemva kwamasonto amabili weza kimi egijima wathi,
:emangele

Ochwepheshe bangiqinisekisile ukuthi ngiphulukisiwe"
ezifweni zenhliziyo. Ngakho-ke, ngenxa kaNkulunkulu,
"?wenzeni? Ingabe ukhiphe i-genie ngenkinobho

Ngaphendula ngokumomotheka: "Yebo! Isandla sakho
besilokhu sidlala ngenkinobho, futhi inkinobho
"yayihambisana nenhliziyo

Leyo nkinobho kwakuyiyona genie eyayibangela
ubuhlungu enhliziyweni yakho Ngakho ngasika inkinobho
ngakutshela ukuthi ungayishintshi noma ubeke isandla
sakho enhliziyweni yakho. Ngaleyo ndlela, inhliziyo yakho
!yakhululeka ekucindezelekeni futhi yayeka ukukulimaza

Konke kuhamba ngokushesha, futhi abantu bamatasa
ngezinto eziningi Ngokwemvelo, kungcono ukuvuna inala
yomhlaba kunokuchitha isikhathi, uvumele isizini ikudlule
bese ugcina ungenalutho Kodwa lokho umuntu okufanele
akuvune isivuno esicebile kakhulu empilweni: ukusondela
kuNkulunkulu nokumazi Ukuphela kwendlela yokuthola
injabulo yangempela ukufeza okuthile kuleli zwe kanye
nokufeza impumelelo engokomoya

Labo abamaziyo uNkulunkulu abaqali imisebenzi yabo
yansuku zonke ngaphambi kokuba baqale ngokuzindla
ngoNkulunkulu futhi bagcwalise izingqondo nemizimba yabo
.ngamandla aphezulu abusisiwe

Izimfuno eziningi zomhlaba zingabavimba labo abafuna
imigomo yabo engokomoya futhi zibaphambukise endleleni
abayikhethele. Kodwa labo abanesinqumo esingaguquki

abavumeli lutho ukuba lubaphambukise endleleni;
baphikelela ngokuzimisela kungakhathaliseki ukuthi izimo
.zinzima noma zimbi kangakanani

Kungakhathaliseki ukuthi izwe lisinikani, ngeke linelise
ukulangazelela kwezinhliziyi zethu, ezilangazelela okuthile
okuzinzile, okubaluleke kakhulu, nokuyigugu ngaphezu
.kwakho konke okuqukethwe yingcebo nengcebo yomhlaba

Uma umuntu efa—kwangathi ungaphila isikhathi eside—
akukho mandla emhlabeni angamenzela lutho Ubani
ongasisiza ngemva kokushiya leli zwe? Ngakho-ke, kumelwe
sikhumbule njalo ukuthi leli zwe liyindawo yesikhashana nje
ohambweni lwethu oluya ekhaya lethu lasezulwini, lapho
.sizohlala khona phakade phambi koMuntu Onesihawu

Ingcebo eningi ayiqinisekisi impilo, ukuthula, kanye
nokusebenza kahle, kodwa ukuthola ukuthula kanye
nokusebenza kahle kuzoholela empumelelweni
elinganiselayo kokubili emazingeni angokomoya
.nangokwenyama

Iningi labantu lithuthukisa ukusebenza kahle
kwengqondo ukuze liphumelele ezintweni ezibonakalayo.
Kodwa uma umuntu ezibusa futhi elawula amandla akhe
engqondo futhi enza ngokuvumelana nohlelo
lukaNkulunkulu, impilo yakhe iyobusiswa, futhi uzonambitha
umpe womoya ngenkathi esemhlabeni. Ngeke esaba
yisiboshwa semikhuba nezifiso, kodwa ukuqonda kwakhe
kuzoguqulwa kube yinhliziyi yobukhona bukaNkulunkulu,
futhi uzohlala lapho ejabulela injabulo evuselelwe
.engenakuchazeka

Umzimba uyikhemisi elikhulu kunawo wonke

Abacwaningi bezokwelapha bathole ukuthi lapho sizwa
injabulo enkulu, umzimba ukhiqiza imithi yokucindezeleka

nezinye izinto ezinciphisa ukucindezeleka ezinamandla futhi
eziphumelelayo njengalezo ezinqunywe odokotela. Umzimba
uyikhemisi elikhulu kunawo wonke eMhlabeni, elikwazi
ukukhiqiza into efanele ngesikhathi esifanele uma
sivumelana nebhalansi engokomoya uNkulunkulu ayibeke
.ngaphakathi kithi

Akuzona zonke izingcindezi eziyingozi; ukucindezeleka
kuvusa amandla abalulekile ageleza emizimbeni yethu futhi
kuvuselele umsebenzi nokunyakaza Izifundo zikhombisile
ukuthi inani elifanele lokucindezeleka liyazuzisa

Kodwa inkinga iphakama lapho ukucindezeleka kudlula
izinga elifanele

Ngamunye wethu unomkhawulo wokucindezeleka, futhi
uma lowo mkhawulo usudluliwe, siba nokucindezeleka
okukhulu kunalokho okufanele, futhi singase singakuqapheli
kuze kube yilapho izinkinga ziqala ukuvela emzimbeni,
.emizweni nasengqondweni

Ukuphila noNkulunkulu kuyinjabulo nenjabulo, kuyilapho
ngaphandle kukaNkulunkulu kukhona ukukhathazeka,
isiyaluyalu, ubunzima, ngisho nenhlekelele Ngakho-ke
singakuthola kanjani ukuthula nokuthula empilweni ebuswa
yizinhlekelele nezinhlekelele, futhi silethe injabulo ethile kulo
?mhlaba

Imfuneko yokuqala ukuqaphela izingcindezi zokuphila
lapho singaphansi kwethonya lazo

UNkulunkulu Uhlakaniphe Kakhulu Futhi Uwazi Konke,
futhi unikeze imizimba yethu izimpawu ezifana nenduduzo,
ukungakhululeki, ukuthula, nokukhathazeka, futhi kumelwe
sinake lezi zimpawu Kukhona ukuhlakanipha kwaphezulu
emizimbeni yethu okuzama ukusitshela okuthile, futhi
kumelwe silalele le miyalezo ngezikhathi zokucindezeleka

noma ukuphumula Uma uzizwa ucindezelekile, gxilisa
ingqondo yakho engxenyeni yomzimba wakho ebhekene
nokucindezeleka, bese uthatha umoya ojulile, futhi
ngesikhathi esifanayo, uqinise kancane leyo ngxenye ize
idlidlize Bese uphumula futhi ukhulule ukucindezeleka Lokhu
kuzosiza ukugcina ibhalansi enamandla nephilayo
emzimbeni futhi kuwuvikele emiphumeleni elimazayo
yokucindezeleka

Singakwazi futhi ukulawula ukucindezeleka
ngokomzwelo ngokuphefumula Uma uzizwa ukwesaba noma
yimuphi omunye umuzwa olimazayo, phefumula kancane,
ngokujulile, nangokuhambisana nesigqi izikhathi eziningana,
uvumele umzimba wakho uphumule ngokuphefumula
ngakunye Lokhu kuzosiza ekunciphiseni ukushaya
kwenhliziyo yakho okugijimayo, kubuyisele ukujikeleza
kwegazi okuvamile, kube lula ukugeleza kwamandla
abalulekile ngemizwa yakho, futhi kusize ukuzola ingqondo
.yakho nokucacisa imicabango yakho

Ukuphila akuyona isimo esiphuthumayo; kuyisimo esihle
saphezulu, futhi kufanele sikujabulele. Masikhumbule ukuthi
ukumamatheka kungamandla; uma singakusebenzisi,
.silahlekelwa yisici esibalulekile sempilo

Abantu bayimiphefumulo enemizwa nemizwa, futhi
banomzimba abawugqoka njengengubo noma ijazi
langaphandle. Kodwa uma nje siphila kuphela ezingeni
lomzimba nemizwa, sizowela ngaphansi kwethonya elibi
.lokucindezeleka nokucindezeleka

Uma sivumelana nemvelo yethu ebalulekile,
okungumoya, injabulo yomoya igeleza enhliziyweni futhi
iguquke ibe uthando Ukuzwa lolu thando, oluxhunye
ekuthuleni nasekuthuleni komphefumulo, kanye nokwenza
nokusebenzisana ngaphansi kwethonya lalo elivumelanayo,
kuyindlela efanele kakhulu yokuphila ngokwemvelo ezweni

eligcwele ukungezwani nokuphikisana Ukuvumelanisa nale
njabulo kuyisisombululo sezinkinga zokuphila

Qaphela: Ngokuphathelene nesitatimende esithi:
"Umzimba ukhiqiza umuthi wokucindezeleka nezinye izinto
ezinciphisa ukucindezeleka, ezingenamandla futhi
ezisebenza kahle njengalezo ezinikezwe odokotela," lesi
akusona iseluleko okufanele sishiywe ngaphandle
kweseluleko sezokwelapha kanye nemithi kadokotela,
.yingakho kunesidingo sokucaciswa

Izibalo zamagnetic

Umuntu okhona kakhulu futhi onemikhuba emibi +
umuntu onenhliziyi enhle kodwa onenhliziyi ebuthakathaka
= amandla okubuthaka anqoba umusa

Umuntu onenkani ebuthakathaka onenkani embi +
umuntu onenkani eqinile onenkani enhle = amandla
adonsela phansi amahle anqoba omubi

Uzibuthe obuthakathaka ngokomoya + i-biomagnetism
embi = uzibuthe oqinile wobubi

Amandla aqinile okuziphatha + amandla abuthakathaka
okuziphatha = amandla amakhulu okuziphatha

Umuntu othukuthele futhi onobudlova + umuntu
omnene futhi onomusa = amandla adonsela phansi
entukuthelo anqoba ubumnene

Isimo sengqondo esinamandla, esilinganiselayo,
nesizolile + isimo sengqondo esivame ukuholela
ekunganelisekini = amandla okuzola abusayo

Ukwehluleka okungapheli okugxilile + ukwehluleka
okuncane okugxilile = amandla okuzibamba okwehlulekayo

Impumelelo enamandla enhle + impumelelo encane
enhle = impumelelo ethuthukisiwe

Ukudlidliza kokwehluleka okunamandla + ukudlidliza
kwempumelelo okunamandla = kungaba amandla
okuzibutha okunamandla noma amandla okuzibutha
okunamandla, kuye ngendawo kanye nezimo

Ingqondo eqinile, ehluzekile + ukungazi okuphelele =
ukuhlakanipha kanye nekhono noma ukungazi kanye
nobuwula

Amandla angokomoya avelele + amandla asebenzayo
avelele = Amandla adonsela phansi angokomoya - amandla
asebenzayo avelele ngempela

Ukube abantu bebengabona izidalwa eziningi
zamaplanethi ku-ether ezibazungezile, mhlawumbe abanye
bebengazama ukuthola abathandekayo babo abashonile.
UNKulunkulu uvule amehlo ami angokomoya, futhi ngibona
imiphefumulo eminingi eshiye umhlaba. Ngokugxila kakhulu
esweni elingokomoya (phakathi nebunzi), umuntu angabona
ngombono wangaphakathi umhlaba okhazimulayo ohlalwe
yiyo yonke imiphefumulo emihle eye yakhuphukela
endaweni ethambile yaba khona koMuntu Onomusa

Kubantu, inhliziyo isebenza njengomamukeli
ongenamtambo kanye neso elingokomoya njengomthumeli
Ngisho noma ungababoni abathandekayo bakho abashonile,
uma ugxilisa imizwa yakho enhliziyweni ngokuthula,
ungazizwa ukuba khona kwalabo abathandekayo bakho
manje abahlala emizimbeni engokoqobo, bejabulela
ukuthula nokulondeka kukaNkulunkulu futhi bejabula
ngokukhululeka kwabo ezinkingeni zomzimba, ukuze uthole
induduzo ekuthuleni kwabo futhi inhliziyo yakho iqiniseke
ngabo

Uma ngibiza igama likaNkulunkulu, wonke umzimba
wami uyancibilika ube yinjabulo enkulu. Kodwa lesi simo
sangifikela ngemva komzamo omkhulu. Ekuqaleni,
ngangingeyena umuntu olangazelelayo, ngoba ingqondo
yami yayisihamba. Kodwa manje, lapho nje ngigxilisa
imicabango yami nokuqaphela kwami esikhungweni
esingokomoya—isikhala esiphakathi kwamashiya—yonke
imicabango iyanyamalala, ukuphefumula kuyaphela
ngokwako, inhliziyo iyayeka ukushaya, ukuphazamiseka
kwengqondo kuyaphela, kanye nezimo zokwehla
emphefumulweni, ukuze ngithole injabulo engokomoya futhi
.ngimbozwe injabulo yaphezulu

Izaga zegolide

Injabulo iyilungelo lami, ifa lami, kanye nengcebo yami
yaphezulu efihliwe Ngiqondise ukuze ngithole ngaphakathi
kimi ingcebo edlula amaphupho amakhosi

* * *

Impilo iyintshukumo ehlakaniphile enesigqi
esijwayelekile. Izakhela ezintweni ezingaphili, noma ithatha
isimo esiphilayo nesinyakazayo. Impilo ihlanganisa konke
.futhi ingena kukho konke

* * *

O Mthandi Omkhulu, Ungukuphila Ungumgomo wami
nesifiso sami

* * *

Ngenzele i-rose eqhakaza engadini yakho yasezulwini,
noma ubuhlalu obukhazimulayo entanyeni yakho yothando
ekhazimulayo, noma unginike udumo olukhulu: indawo
encane kunazo zonke enhliziyweni yakho

* * *

Nomaphi lapho abanye beyazisa khona imizamo yami
yokwenza okuhle, yilapho engingakwazi khona ukunikeza
isevisi engcono kakhulu

* * *

Ake siluke ikhaphethi yegolide yamaphupho ngemicu
yesilika yezinkumbulo ezimnandi nemicabango ecwengekile

* * *

Uthando lufana nephepha lokusanti elipholisha ingqondo
futhi lisuse ubulukhuni ebuntwini

* * *

Ubhubhane, izinhlekelele, kanye nezinguquko zobudlova
emvelweni eziletha incithakalo, incithakalo, kanye
nomonakalo osabalele akuzona "izimiso zaphezulu" Lezi
zinhlekelele zivela emicabangweni nasezenzweni zabantu
Nomaphi lapho ibhalansi yomhlaba ebucayi yobuhle nobubi
iphazanyiswa khona ukuqongelela kwamagagasi ayingozi
kanye nokudlidliza okubangelwa yizinhloso ezimbi zabantu
kanye nobubi, kubusa isiphithiphithi futhi kulandele
incithakalo esabalele

* * *

Ngizothatha okuhle kakhulu kubo bonke abantu, futhi
ngizokwazisa izimfanelo ezinhle zazo zonke izizwe
.ngaphandle kokugxila emaphutheni azo

* * *

Njengoba nje sikhathalela inani lokudla okunomsoco
lokudla kwethu kwansuku zonke, kufanele futhi sinake
izakhamzimba ezingokwengqondo esizinikeza izingqondo
.zethu nsuku zonke

* * *

Amazwi anomusa ayikhambi elimangalisayo lezifo
eziningi, anamandla anamandla, acishe abe yimilingo,
anamandla kazibuthe aletha izibusiso eziningi kanye
nokuchuma kubantu abakhulumayo Labo abasebenzisa
amazwi aduduzayo, amnene bazizwa umsinga omncane
ugeleza kuwo ngaphandle kokuphazamiseka, ukugcwala
kwabo umuzwa ojulile wokuthula. Lokhu kungenxa yokuthi lo
msinga uxhumene nomthombo wawo ophakeme, ukugeleza
okuqhubekayo okufinyelela imiphefumulo ngokuvumelana

nalowo mthombo, okubenza bakwazi ukudlulisela injabulo
.kulabo abalangazelela ukuthula

* * *

Mangaki amazwi anomusa avela enhliziyweni asuse usizi
oluningi futhi mangaki amazwi ahlakaniphile akhanyise
!izindlela ezimnyama ngezibani zenjabulo nokuthula

* * *

Sikhula kukho konke esikubonayo, uma nje siqaphela
ukuthi singafunda izifundo ezibalulekile kubo. Ngoba bonke
.ubuhlungu nokuhlupheka esikuzwayo kunencazelo nenjongo

* * *

Naphezu kobunzima bokuhlolwa, kufana nomlilo
oncibilikisa i-iron ore ukuze uyiguqule ibe yinsimbi enhle,
.eqinile, neguquguqukayo

* * *

Zonke izimpumelelo eziphawulekayo empilweni yami
zifezwe ngamandla engqondo evumelana noNkulunkulu
Lapho umkhiqizi waphezulu esebenza, konke engikufisayo
kufezeka ngaphandle kokukhetha, kuqala kwakheka
njengomklamo ongabonakali, ongokoqobo bese
kubonakaliswa ngamandla angenakuphikiswa empeleni

* * *

Lapho ingqondo ihlebelu uNkulunkulu ukuhlebelu
okusuka enhliziyweni, okushisayo okuvela ekujuleni
komphefumulo olangazelelayo, ubizo lomoya luzothinta
inhliziyu yendawo yonke, futhi impendulo izofika, ilethe
injabulo enkulu. Lokhu kuhlebelu okuhlakaniphile kukhulisa
intando kuze kube yilapho inamandla adingekayo ukuze
.ifinyelele umgomo oyifunayo

* * *

Uma ingqondo yomuntu nentando yakhe kuhambisana
noNkulunkulu, unikezwa amandla angenamkhawulo,
kangangokuthi ukucabanga nje ngento ethile kwanele
ukuyifeza, ngoba umthetho waphezulu usebenza
.ngokuthanda labo abavumelana nentando ephakeme

* * *

Umuntu akufanele anikele wonke amandla okuqonda
uNkulunkulu amnike wona ekuphishekeleni izinto ezidlulayo,
funa azilahlekele enkingeni yokuthanda izinto ezibonakalayo
futhi azidalele imingcele nemingcele engadingekile.
Kunalokho, kufanele asebenzise amandla akhe okuqonda
ukuthola izidingo zokuphila futhi alwele ukuthuthukisa
amakhono akhe okuziphatha ukuze ahlukhanise phakathi
kokulungile nokungalungile, kanye naphakathi kwalokho
.okulimazayo nokuzuzisayo

* * *

Iqiniso lingaphezu kwemibono nemibono, futhi abaningi
abasebenzisa le ndlela baboshwa yiziphetho zabo ezizimele

* * *

Vula, Nkosi, amasango okuthula futhi uvikele indawo
engcwele yemicabango yami engokomoya ekuhlaselweni
yizinhlebezi ezimbi. Vumela izimbali zezifiso zami ziqhakaze
ensimini yenhliziyo yami njengoba ngilinde ukusa kokufika
.kwakho

* * *

Ulwazi lwemfundiso alukwazi ukuthola ulwazi oluvela
kuNkulunkulu, futhi kuyalulekwa ukuthi ungachithi isikhathi
sakho esiyigugu emibonweni engasetshenziswa ngokoqobo,
kungenjalo uzozithola usezindaweni ezinabantu abaningi
abahlakaniphile futhi ungakwazi ukudlula umbuso
.wemibono

* * *

Injabulo iyisithelo sokunqoba ngokwengqondo phezu
kwezimo zokuphila eziguquguqukayo

* * *

Lowo uNkulunkulu amaziyo angase angaziwa emhlabeni

* * *

Uma umuntu ezihlela ngolwazi lwethiyori [ngaphandle
kokuhlolwa kwangempela], uzoba njengethuluzi lokuqopha
eliphathwayo eliphinda izaga futhi liphinde imisho

ephakeme, kanti abanye bazombheka njengesazi esifundile,
kodwa ulwazi olunjalo aluqiniswa ukuqonda iqiniso ngqo,
.futhi aluhambisani nokufinyelela okungokomoya

* * *

Izinkinga zizoqhubeka emhlabeni, ngakho-ke umuntu
angaphendukela kuphi ukuze athole isiqondiso? Imicabango
yomuntu, ethonywe yimikhuba, ubandlululo, ukucwasa,
kanye nokushisekela ngokweqile, ayisizi ngalutho, futhi
amathonya endawo ahlala kuyo, umndeni, izwe, noma
umhlaba awakwazi ukunikeza isiqondiso seqiniso Ngakho-ke,
umuntu kumelwe aphendukele kuNkulunkulu futhi alalele
izwi elizolile nelizolile elivela ekujuleni komphefumulo, izwi
elivumelana neqiniso

* * *

Vulani izinhliziyi zenu ekuthululweni kwaphezulu ukuze
kugeleze kini futhi kugcwalise izimpilo zenu ngezibusiso
ezingokomoya nobuhle

* * *

Noma ngabe yimuphi umsebenzi owenzayo nanoma
yiziphi izinto ongazifeza, khumbula njalo ukuthi uNkulunkulu
ungumthombo okunikeza wonke amandla owadingayo ukuze
.usebenze futhi ufeze

* * *

Ngicela ukukukhumbula, Nkosi, ebumpofwini
nasekuchumeni, ekuguleni nasekuphileni kahle, ekungazini
nasekuhlakanipheni, futhi ngivumele ngibone ukukhanya
kwakho okubusisiwe okunikeza impilo enhle nokuphulukiswa
.ngokushesha

* * *

Ngisemicabangweni yami yodwa, ngilangazelela ukuzwa
izwi lakho elibusisiwe. Susa kimi amazwi aqinile,
asemhlabeni afihliwe enkumbulweni yami. Ngifuna ukulalela
izwi lakho elinokuthula nelimnandi kuze kube phakade
.ekuthuleni komphefumulo wami

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Ukuphila kugubuzelwe ubumnyama, futhi ngezinye
izikhathi siyakhubeka futhi singabaze ukuqhubekela
phambili Kumelwe sivumele ukukhanya kukaNkulunkulu
kuba isibani sethu esisiqondisayo njengoba sihamba
ezindleleni zobumnyama zokuphila. Uyinyanga egcwele
ebusuku bokungazi nobumnyama, ilanga lokukhanya
emahoreni okuvuka, isibani sesiqondiso, nenkanyezi
eqondisayo kulabo abadabula olwandle lokuphila
.kwasemhlabeni, okufushane

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Sekuyisikhathi sokuba umuntu avuse ingqondo yakhe
.ebuthongweni bokukhohlwa avuke emoyeni

* * *

Siyakucela, Nkosi, ukuba uphakamise ukuqonda kwethu
ekujuleni kokungazi kanye nemicabango emincane,
elinganiselwe siye emikhawulweni yokuthula, ukukhanya,
.uthando, kanye nobubele bomuntu wonke

* * *

Izinto zizogcina zingcono ngoba amandla nezimangaliso
zikaNkulunkulu zifihliwe ngemuva kokuphikisana kokuphila
komuntu, futhi noma ngubani ongaqiniseki
ngokungenakugwenywa kwalesi simo futhi ezama ukungena
ngengqondo yakhe nokholo kulokho okungaphezu
kwesihenqo uyovulelwa umnyango lowo [ongqongqozwa
yiwo wonke umuntu okholwayo]

* * *

Ukholo alusho neze ukuba budedengu noma
ukungabhekani ngokuhlakanipha nezimo Kunalokho,
kungakhathaliseki ukuthi kwenzekani, umuntu kumelwe
aziqinisekise ukuthi uNkulunkulu kuphela okwazi ukumsekela
ezimweni ezinzima nezicindezelayo uma ephendukela kuYe
.ngayo yonke inhliziyo yakhe, umphefumulo nemizwa yakhe

* * *

Uma izinzwa zethu bezisitshela lonke iqiniso, besizobona
uMhlaba njengemifula yama-electron, futhi besizobona

yonke inhlayiya yothuli njengenqwaba yokukhanya
.ejikelezayo

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Labo abangena ngokuqonda kwabo kusukela ezintweni
kuya emoyeni bayaqonda uhlobo lokukhohlisa futhi bazi
.umongo weqiniso

* * *

Kungakhathaliseki ukuthi umuntu usemahlathini ase-
Afrika, enkundleni yempi, ehlushwa ukugula noma
ubumpofu, kumelwe azikholise ngokuthi isandla
sikaNkulunkulu sinamandla kunengozi futhi siyakwazi
.ukuvikela labo abaphephela kuYe

Ayikho enye indlela ephumelela kakhulu yokuzivikela.
Yiqiniso, umuntu kumelwe asebenzise ingqondo lapho
ebhekana nezenzakalo futhi ngesikhathi esifanayo abe
.nokholo oluphelele osizweni lwaphezulu

* * *

Uthando oluhlala ezinhliziyweni zazo zonke izidalwa—
uthando lwabo bonke omama, obaba, abangane,
nabathandekayo—luvela othandweni lukaNkulunkulu

* * *

Kumelwe kwenziwe umehluko phakathi kwemisebenzi
emikhulu nemincane, kubekwe phambili okubaluleke
kakhulu kunokubaluleka nje. Ngaphezu kwalokho, akukho
msebenzi okufanele uphikisane nomunye. Imibhalo isitshela
ukuthi lapho omunye umsebenzi ungqubuzana nomunye,
.kuwubufakazi bokuthi awuwona umsebenzi weqiniso

* * *

Njengoba imisebe yelanga ebalulekile isakazeka,
ngizosakaza imisebe yethemba ezinhliziyweni zabampofu
kanye nabashiywe dengwane [labo umphakathi obashiyile],
futhi ngizofaka ukuzimisela okusha ezinhliziyweni zalabo
.abacabanga ukuthi bayizihluleki

* * *

Uthisha uParamahansa wathi komunye wabafundi
bakhe: "Ungakhiphi muntu esixukwini sakho sothando. Gcina
wonke umuntu enhliziyweni yakho, naye uzokugcina
".kweyakhe

* * *

Nkosi, ngisize ngisebenzise intando yami njalo ukufeza
imisebenzi emihle nezuzisayo
Ngisize ngivumelane nentando Yakho ukuze yonke
imicabango yami iphendule ezinhlosweni Zakho futhi
ivumelane nentando Yakho
Wangisiza ukuba ngivuse amandla afihliwe, abusisiwe
ngaphakathi kimi ukuze ngikwazi ukunqoba zonke izinkinga
kanye nezilingo

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Vuka kulowo buntu obungokomoya obunesibindi
nokuthobeka - obuhlanganisa amandla ezingonyama
nobumnene bamajuba

* * *

Ngeke ngikhathazwe ukugxekwa okubuhlungu
nokungamanga, noma ukudunyiswa nokuthopha okukhulu
Isifiso sami kuphela ukwenza intando Yakho, Nkosi,
nokuthola umusa Wakho

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Awunakucabanga ngenjabulo enkulu ezokugcwalisa uma
uzwa ubukhona bukaNkulunkulu Umphefumulo wakho
uzodakwa uthando lukaNkulunkulu olungenamkhawulo
Luwuthando oludlula noma yiluphi uthando lomuntu izikhathi
eziyizigidi—uthando olugcwalisa zonke izifiso zakho futhi
lugcwalise inhliziyi yakho ngenjabulo nokwaneliseka

* * *

Ngokugxila kwangaphakathi, ungathola injabulo
engokomoya ngqo ngaphakathi kuwe nangaphakathi
kwakho. Uma uhlakulela lokhu kuqaphela, ubuntu bakho

buzokhula ngokuvumelana, futhi uzothola amandla
.okukhanga abantu nezinye izidalwa

* * *

O Mvikeli Omkhulu, angikhathali ukuthi ngilahlekelwa
yikho konke ngenxa yekusasa lami, elenziwe yimi, kodwa
ngicela wena, okuwukuphela kwesiphephelo sami, ukuthi
uvikele ikhandlela lothando lwami ngawe emimoyeni
.yokunganaki nokukhohlwa

* * *

Masiphuze amanzi okuthula ahlanzekile, aqabulayo
ageleza emithonjeni yezimo ezinhle, athuthukiswe yisinqumo
sethu esiqinile sokucabanga ngendlela enhle nokuba
.nombono omuhle

* * *

Unembeza umuzwa oqondakala kalula owembula imvelo
yomuntu yangempela kanye nezisusa zakhe. Uma unembeza
wakho uhlanzekile, futhi wazi ukuthi wenza okulungile,
awunalutho lokwesaba. Unembeza ohlanzekile uwubufakazi
bokuziphatha okuhle okuvela kuNkulunkulu. Ukukhululwa
enkantolo kanembeza kusho ukuba nenjabulo nokuthola
.izibusiso zikaNkulunkulu

* * *

Zama ukwenza izinto ezinesibindi nezijabulisayo abantu
abangingi abangazenzi, futhi unikeze uthando nokuthula
.kulabo abanye abangabanaki

* * *

Uthisha uParamahansa wathi komunye wabafundi

:bakhe

Uma ungachithi isikhathi uhlakulela ingqondo, akukho"
ukuchuma kwezinto ezibonakalayo okuzokwanelisa. Lokhu
kukhulisa akukhona ukuhlushwa kodwa kunalokho
ukuqeqeshwa kokuqonda ukuze kondle imicabango nezenzo
".eziholela enjabulweni

Injabulo yakho yimpumelelo yakho, ngakho ungavumeli
muntu akuntshontshele yona Zivikele kulabo abazama
ukukuhlupha Ngesikhathi ngisengumfana, ngangivame
ukulahlekelwa isineke sami noma nini lapho abanye abantu
besakaza amahemuhemu angamanga ngami Kamuva,
ngaqaphela ukuthi ukuthula kwami kwengqondo kubaluleke
kakhulu kunokwamukelwa noma ukunconywa ngabantu

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Ukuba nje ubuwazi indaba yothando lwaphezulu abanye
abazinikele abaluzwayo noNkulunkulu! Akukho okunye
okuhlengenwe nakho empilweni okungaqhathaniswa naleyo
njabulo bengimazi ungqwele owayehlala egxile othandweni
lukaNkulunkulu, futhi ubuso bakhe bukhanya uthando
olungqwele Iso likaNkulunkulu lihlala liphezu kwalabo
.abamthandayo, futhi akabashiyi ngisho nomzuzwana

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Bambalwa labo abanesifiso sokuthuthukisa amandla abo
engqondo nangokomoya

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Ungazivumeli ukuthi ucwile phansi ekuzindeleni Sukuma
ebuthongweni beqiniso elivamile eliyisicefe bese uqonda
empilweni ehlanzekile lapho kukhona impumelelo, injabulo,
.nokuthula

* * *

Ngaphakathi kwakho kulele amandla amakhulu alindele
ukutshalwa, futhi nguwe wedwa okwaziyo ukuwavuselela
.nokuzuza kuwo

* * *

Ukukhululeka ekulawulweni yimikhuba emibi kanye
nezinkanuko ezingenempilo kuletha injabulo enkulu kakhulu
kunempumelelo yezinto ezibonakalayo
Impumelelo yezincwadi iletha injabulo yengqondo izimo
zangaphandle ezingenakuyithatha kuwe

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Ungachitha sonke isikhathi sakho uqoqa imali, kodwa
leyo mali ngeke ikunike ukuthula nokulondeka okuhlala njalo
okufunayo. Ngokuphambene nalokho, izokulethela
ukungajabuli okwengeziwe ngoba injabulo nokuthula kuhlala
.engqondweni, hhayi ezintweni ngokwazo

* * *

Ungavumeli ubuthakathaka bungene engqondweni
yakho, futhi qaphela lapho uhlangana nabantu
abanemicabango emibi kanye nombono wokuphelelwa
yithemba, funa imicabango yabo ebuthakathaka ingene
engqondweni yakho, ngaphandle kokuthi ingqondo yakho
isifinyelele ezingeni elithile lamandla kangokuthi
imicabango yabanye ayikwazi ukuyibuthakathaka, kodwa
kunalokho, ngokuphambene nalokho, iyakwazi ukuqinisa
.imicabango yabanye futhi ithuthukise ukuzethemba kwabo

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UNkulunkulu uza kuqala, futhi akufanele siqale noma
siqede usuku lwethu ngaphandle kokucabanga Ngaye.
Kumelwe sikhumbule ukuthi ngaphandle kwamandla
esiwathola kuNkulunkulu, besingeke sikwazi ukufeza noma
yimiphi yemisebenzi yethu. Lona umsebenzi wethu omkhulu
.kuYe

* * *

Kukhona indlela yokuhlola nokwahlulela amasiko
namasiko Ekuqaleni, yonke imikhuba yayinesizathu Uma
sithola ukuthi isizathu sisasebenza, khona-ke isiko
linencazelo futhi linenzuzo. Kodwa-ke, akuhlakaniphile
ukulandela amasiko ngokungaboni. Kumelwe sazi ukuthi yini
elungile futhi siyilandele, siqonde ukuthi yini engasilethela
.injabulo bese siyisebenzisa

* * *

Uma ubona abantu abaningi kangaka bentula injabulo
noma impumelelo, ungacabangi ukuthi yilokho
okuzokwenzeka. Ungazenzela noma yini oyifunayo.

Impumelelo yakho yangaphakathi yiyo ekwenza uphumelele
.ngempela

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Uma ungenalutho ngaphakathi kuwe, ngeke ujabule
Kodwa uma ungenalutho olukuzungezile futhi ujabule
ngaphakathi kuwe, ngokungangabazeki uyaphumelela
Ngakho-ke, akunakwenzeka ukwahlulela abantu
.ngokusekelwe ezimweni zabo zangaphandle

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Phakathi kwezixuku ezinkulu, kungase kube nomuntu
ofinyelele isimo sokuphakanyiswa ngokomoya futhi ojabulela
.ukuthula kwangaphakathi nenjabulo enkulu ngokomoya

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Ngiyazi ngokuqinisekile ukuthi konke engikudingayo
kuzoza kimi, ngakho-ke angikhathazeki ngokuthi ikusasa
liphetheni. Lokhu akusikho ukuziqhayisa noma ukuzenzisa,
ngoba ngibone umsebenzi kanye nokusebenza kahle
kwalawo mandla abusisiwe empilweni yami izikhathi
.eziningi

* * *

Kungakhathaliseki ukuthi ngintanta phezu kobuso
bokuphila noma ngiminza ekujuleni kolwandle, ngiyazi ukuthi
nginoNkulunkulu futhi unami, nokuthi akukho lutho
olungangilimaza. Ulwazi lunginike injabulo engachazeki
.nejulile

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Akungabazeki ukuthi ukuthenga into entsha kuyinto
ejabulisayo Kodwa ngemva kwesikhathi esithile, lowo muzwa
wenjabulo uyaphela kancane kancane, futhi ungase
ulahlekelwe yisithakazelo kuyo ngokuphelele, ukhohlwe
ngayo futhi ufise okunye. Kodwa-ke, ibhili yaleyo nto ngeke
!ikhohlakale, ikakhulukazi uma uyithenge ngezitolimende

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Umuntu kufanele alawule impilo yakhe futhi ayenze ibe
lula ngangokunokwenzeka. Kufanele alondoloze imali ethile
yezinto ezidingekayo nezimo eziphuthumayo, abeke
phambili ukonga kunokusebenzisa ezintweni zokunethezeka,
futhi asize abanye ngangokunokwenzeka. Uma usiza
abanye, usizo luzokuza kuwe ngandlela thile, futhi ngeke
.uswele lutho futhi ungalahlekelwa lutho

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Enjabulweni yezinhliziyi zonke, ngizwa ukuzwakala
kwenjabulo Yakho, Nkosi, nasebunganini babo bonke
abathembekile, ngizwa uthando Lwakho ngiyathokoza futhi
inhliziyi yami iyathokoza ngempumelelo nokuchuma
kwabangane bami, njengoba nje nami ngijabula
enhlalakahleni yami kanye nokulula Njengoba
ngiphefumulela ukuhlakanipha kwabanye, ngandisa ingcebo
yokuhlakanipha kwami, futhi enjabulweni yabo bonke,
ngithola okwami

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Isitha esikhulu senjabulo ukuboleka imali ukuze uthenge
izinto zokunethezeka Abantu bakholelwa ngephutha ukuthi
ngeke bajabule ngaphandle kokuthi bathole okuthile
okuqondile Kodwa ngisho nangemva kokuthola leyo nto,
ngeke bayithole injabulo yangempela, naphezu kwenjabulo
yesikhashana eyilethayo lyini injongo yokuphishekela
umlingo wenjabulo yasemhlabeni othembisa ukuphuka
kuphela? Abantu kufanele baphile kalula, ngaphandle
kokudinga izimpahla eziningi ezidinga ukunakekelwa njalo

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Ipharadesi lami lingaphakathi kwami Njengoba
ngijabulela izibusiso zikaNkulunkulu, ngiyambonga, futhi
injabulo yami yangaphakathi ikhula Ngaphandle kwalokho
kwaneliseka kwangaphakathi, ngisho nezinjabulo
zasemhlabeni nezinjabulo ziba isihogo Sengiqaphele ukuthi
ngaphandle kwaleyo njabulo yangaphakathi, umthwalo
wemithwalo yemfanelo engibekwe phezu kwayo

ubungangiphuca ukuthula kwami futhi ungiphuce injabulo
yami

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Uma ingcebo ihambisana nokugula nezinkinga,
imiphumela izoba miningi Inhlanzeko kanye nokunakekelwa
kwempilo kuphakathi kwamandla aseNtshonalanga
Izinambuzane eziyingozi namagciwane abulalayo kulawulwa
ngempumelelo emazweni athuthukile, kuyilapho ziningi
kwamanye Kodwa ukuqeda lezi zinambuzane akuyona into
evelele, ngoba kunezinye izinhlobo zezinkinga emazweni
athuthukile, njengezikweletu okunzima ukuzikhokhela kanye
nezinkinga zezimali ezicindezelayo ngenxa yezinhlelo
zokuthenga ngezigaba—izinhlopheko eziphazamisa
ubuthongo futhi zinciphise ukuthula kwengqondo

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Siyingxenye ebalulekile yolwazi olufanayo lapho le
ndawo yonke enkulu yavela khona

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Wake wawubona umhlambi wezimvu? Uma omunye
wazo egxuma, wonke umhlambi uyalingisa ngaphandle
kokungabaza Iningi labantu linjalo. Othile angase aqhamuke
nomqondo noma angenise umkhuba omusha, kanti abanye
bazongena ngokushesha ebhendini bese bewukopisha. Le
ndlela ibilokhu ikhona izizukulwane ngezizukulwane. Zonke
izizwe zinamasiko namasiko azo, futhi asikwazi ukuthi zonke
zilungile noma zizwakala. Kodwa ubani owaziyo? Mhlawumbe
ezinye zalezo mikhuba namasiko azisho lutho futhi
.azinamsebenzi

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Lapho isiphepho semicabango esiphazamisayo siphela,
singena embusweni wokuthula futhi sithinte ubukhona
bukaNkulunkulu

* * *

Cabanga ngoNkulunkulu, noma indawo enhle ekhuthaza
ukuthula, noma okuhlangenwe nakho okujabulisayo

nokusebenza kwengqondo okuhle nokuzolile kuyavuselela
futhi kuyaqabula

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Siphila ezweni elixakekile nelinokuphazamiseka. Ungase
ucabange ukuthi imali isho injabulo, kodwa uma uyithola,
uthola ukuthi awukajabuli. Ungase uthole ingcebo futhi—
uNkulunkulu makangavumi—ulahlekelwe yimpilo yakho.
Noma ungase ube nempilo enhle futhi ulahlekelwe yimali
yakho. Noma ungase ube nengcebo nempilo kodwa
ubhekane nezinkinga eziningi nabanye, unikeza umusa
kodwa uhlangane nenzondo nenzondo. Ngaphandle
kukaNkulunkulu, akukho lutho kulokhu kuphila
.olungakwanelisa ngempela

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Umhlaba uba yigumbi lokuhlushwa kulabo abaphila
ngokungazi uhlelo lukaNkulunkulu. Kodwa uma ubheka
okuhlangenwe nakho kokuphila njengabafundisi bakho futhi
ufunda kubo ubunjalo bangempela baleli zwe kanye nendima
oyinikezwe emdlalweni wendalo yonke, lokho okuhlangenwe
nakho kuba ukukhanya okubalulekile endleleni eya
.ekwanelisekeni okuhlala njalo nenjabulo

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Lapho, ngale kobumnyama obungenabumnyama,
ukuthula okungenakuzwakala, kanye nokungabi nalutho
okungadalwanga, kukhona ingqikithi yaphakade, eyisiqalo
sokuba khona kanye nomthombo wawo wonke amandla
.nezidalwa, ezibonakalayo nezingabonakali

* * *

UNkulunkulu akasidalelanga lo mhlaba ukuze sidle,
silale, futhi sife nje kuphela, kodwa ukuze sazi intando Yakhe
futhi siqonde injongo yokuba khona kwethu. Idlanzana
labantu abahlakaniphile liye laqonda incazelo yohlelo
lwendalo yonke, kodwa abantu abaningi abayizimpumputhe
.futhi abaqapheli leyo njongo

* * *

Imali yayingeyona umgomo wami empilweni; umgomo
wami kwakuwukukhonza abafowethu nodadewethu
esintwini. Ngakho-ke, uNkulunkulu wangivulela amathuba
.amaningi okuzisekela nokufeza umsebenzi wami

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UNkulunkulu wadala le ndawo yonke ukuze isebenze
ngokomthetho oqinile nongaguquki Uma sephula noma
yimuphi wale mithetho yendawo yonke, sizijezisa thina
Umuntu ogxuma esuka ophahleni lwesakhiwo eside
uzophula amathambo akhe Ngakho-ke, asinakuyishaya
indiva imithetho yamandla adonsela phansi ngaphandle
kokuthola imiphumela

* * *

Uma sibheka ngokujulile imiphakathi yomhlaba futhi
sihlola izimfihlo ezifihliwe zemiphakathi yasendulo, kuvela
isithombe esikhulu, esinemigqa ehlangene, izahluko
ezahlukahlukene, kanye neminingwane eqondile, futhi
sithola ukuthi umuntu ungumuntu ngamunye futhi
.ungumuntu ohlala nabantu ngesikhathi esisodwa

* * *

Ukube uNkulunkulu wayefuna siphile ngokuqonda izinto
ezibonakalayo kuphela, besizokwaneliseka ngokuphelele
.ngezinto ezibonakalayo futhi saneliseke ngezindlela zezwe

* * *

Imisebe yobumsulwa, ukuthula, nenjabulo ngale
kwamaphupho iyakhanya futhi idansa ekujuleni kwethu
okubalulekile

* * *

Ngokuhlangenwe nakho ngakunye okuvela
esibhakabhakeni sezimpilo zethu phakathi nalolu hambo
lwethu lwasemhlabeni, kumelwe sifunde ukuthi
singalwandisa kanjani ulwazi lwethu nokuthi singaziqonda
kanjani izimo ezisizungezile noma esidlula kuzo, bese
sizokwazi ukuphila ngokuvumelana kangcono futhi

sisebenzelane kahle nangokuphephile nabantu kanye
.nokuphila

* * *

Abantu abaningi balingisa abanye. Umuntu kufanele abe
ngumuntu wokuqala nonobuhlakani, futhi abe yingcweti
.kukho konke akwenzayo

EMpumalanga, ukugxila okuyinhloko kube
ekuhlakuleleni injabulo engokomoya, kuyilapho izici
zokuphila ezibonakalayo zivame ukunganakwa
ENTshonalanga, kunezinye izinto eziduduzayo ezibonakalayo
kodwa injabulo yengqondo encane kakhulu Okudingekayo
ukulinganisela phakathi kwalokhu okubili, ngoba ukugxila
esicini esisodwa kuphela sokuphila kuholela ekungalinganini
nasekungakwazi ukubhekana nezidingo yokuphila
.ngokunengqondo

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Injabulo enkulu kakhulu - ngemva kwenjabulo yaphezulu
- ukuthi umuntu abe nokuthula nezihlobo zakhe eziseduze
.okumele ahlale nazo nsuku zonke zonyaka

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Abantu bachitha isikhathi esiningi beshesha futhi beziphatha
ngokuphamazela ngaphandle kokufeza okuningi Bambalwa
abama kancane ukuze bacabange futhi bazame ukuqonda
ukuthi impilo inikezani

* * *

Kumelwe sisebenzele ukwakha izakhiwo zangaphakathi
zokuhlakanipha ezingadini zokuthula eziqhakaza futhi
zikhanye ngezimbali ezingenakubalwa zezimfanelo ezinhle
ezingokomoya

* * *

Ukuzwana kwangaphakathi kuwumthombo ocebile
wamandla futhi kukhiqiza amandla avuselelekayo

* * *

Uma ubheka impilo, umuntu uthola ukuthi impumelelo
ayilula Impilo ivame ukuba nzima futhi ayithetheleli, futhi
kumelwe sizabalaze ukuze siziphilise Cabanga ngomzamo
odingekayo ukuze usekele umzimba wakho futhi uwugcine
uphilile futhi ungenazo izifo! Ngisho noma uphumelela
kulokhu, leyo mpumelelo ingeyesikhashana Umzimba—
kwangathi ungaphila isikhathi eside—ekugcineni uzobekwa
phansi Isidingo sidinga ukulwa namandla amaningi, kokubili
angaphakathi nangaphandle, ukuze ufinyelele impumelelo
oyifunayo La mandla asebenza ngokungakhathali
ukukuphuca noma yiziphi izimpumelelo ezibalulekile
ngempela

* * *

Zama ukuhlala uzolile ngaphansi kwazo zonke izimo,
futhi uvumele imbewu yokuthula kwakho iqhakaze
ngenjabulo nokumamatheka kokwaneliseka

* * *

Ngisho nabangcwele abakhulu kakhulu abafinyeleli
insindiso ephelele ngaphandle kokuba babelane
ngempumelelo yabo nabanye, okungukuthi, okuhlangenwe
nakho kwabo okungokomoya nolwazi oluphakeme,
.ngokubasiza ukuba bathole ulwazi olungcwele

* * *

Ngenxa yalesi sizathu, labo abafinyelela kulezo zigaba
futhi bafinyelele kulezo zimo bazimisele ukunikeza ukuqonda
kulabo abakudingayo. Uma ufisa ukufeza impumelelo
yangempela, ngeke nje uqinisekise injabulo yakho siqu
.kodwa neyabanye

* * *

Noma ubani ohlakaniphile angenza imali Kodwa uma
enothando enhliziyweni yakhe, ngeke ayisebenzise leyo mali
ngezinjongo zobugovu; kunalokho, bazoyabelana ngayo
nabanye Imali iyisiqalekiso neshwa ezandleni zobugovu
nabampofu, futhi iyisibusiso nesipho ezandleni zalabo
.abanezinhliziyo ezinhle nemiphefumulo ephanayo

* * *

Othile angakhetha ukuthula isikhathi eside, enqabe
ukukhuluma namalungu omndeni wakhe phakathi naleso
sikhathi Nakuba lo muntu engase athole ukuthula
kwangaphakathi ngenxa yalokho, ukuziphatha kwakhe
kuwubugovu futhi kulimaza injabulo yomndeni wakhe.
Abanakubhekwa njengabaphumelele ngempela ngaphandle
kokuthi abathandekayo babo nabo bazuze empumelelweni
.yabo

* * *

Ngokufanayo, ukufeza impumelelo yezinto
ezibonakalayo akulona nje ilungelo lethu lokujabulela
inhlalakahle ngokwethu, kodwa futhi kuyisibopho sethu
sokuziphatha kwabanye mayelana nokubasiza bathuthukise
.izimo zabo zezinto ezibonakalayo nezimo zokuphila

* * *

Ngivikelekile ngemuva kwezindonga zonembeza wami
ohlanzekile. Ngishise isikhathi esidlule esimnyama futhi
.ngikhathalela namuhla kuphela

* * *

Namuhla ngiyaqaphela ukuthi ngingomunye
onokukhanya kokuhle kakhulu nokuthi ngiyisibani kulabo
abalwa namagagasi olwandle losizi

* * *

Abantu banemibono nemibono ehlukeneyo mayelana
nempumelelo, kuye ngezifiso zabo empilweni Akuvamile
ukuzwa abanye abantu befanisa impumelelo nokweba, bethi
izinto ezinjengokuthi, "Wayeyisela eliphumelelayo!" Lokhu
kugcizelela ukuthi impumelelo kuzo zonke izinhlobo zayo
nezinhlobonhlobo zayo iyafiseleka futhi iyafunwa. Kodwa-ke,
.impumelelo yethu akufanele ilimaze abanye

* * *

Kukhona futhi enye indlela yokuphumelela: uma sikwazi
ukuletha imiphumela evumelanayo nezuzisayo kithi,

kufanele futhi sifake nabanye empumelelweni yethu futhi
.sabelane nabo ngezithelo zayo

* * *

Impumelelo isho ukwaneliseka komuntu kanye
nokwaneliseka endaweni yakhe Impumelelo yangempela
iwumphumela wezenzo ezisekelwe ezimisweni zokulunga,
futhi ihlanganisa injabulo kanye nenhlalakahle yabanye
njengengxenye ebalulekile yenjabulo yomuntu. Uma
sisebenzisa lesi simiso ekuphileni kwethu okungokwenyama,
kwengqondo, kokuziphatha, kanye nokungokomoya, sizoba
.nencazelo ephelele nephelele yempumelelo

* * *

Lapha kuleli zwe elilinganiselwe, sibona ubude,
ububanzi, kanye nobuningi, kodwa kukhona elinye izinga
lapho ubukhulu bungekho khona; konke kucacile futhi
kusobala—konke kuwukuqonda nokuqonda Umuzwa
wokunambitha uwukuqonda, njengoba kunjalo nomuzwa
wokuhogela Imizwa yethu, imicabango, kanye nemizimba
kuyizimo zokuqaphela Njengoba nje singabona, sizwe,
sihogele, sinambithe, futhi sithinte emaphusheni, kanjalo,
kulelo zinga eliphakeme, ingabe sizwa yonke le mizwa
?ngokwazi okumsulwa

* * *

Nkosi, sijabulise ngokuzwa ukusondela kwakho,
usikhulule ezibophweni zezifiso, futhi usiphe injabulo
yangaphakathi engathinteki yizinto ezenzeka empilweni
.kanye nezenzakalo zayo ezishintshayo

* * *

Uma izingqondo zethu zihambisana nokuqonda
okuphezulu, ukuqonda okungokomoya kuyavuka
ngaphakathi kithi futhi sizwa izimangaliso ezimangalisayo
.zokuhlakanipha nothando lwaphezulu

* * *

Uma simthanda ngokuphelele uNkulunkulu futhi
siphendukela kuye ngayo yonke imicabango nezinhliziyo

zethu, sizozizwa siseduze naye futhi sizothola ukuthi
.uyisiphephelo esikhulu kunazo zonke sokuphepha empilweni

* * *

Esikhaleni esibonakala singenalutho nesingenalutho,
kukhona ukuxhumana kwendawo yonke kanye nokuphila
okuphakade okusihlanganisa nazo zonke izinto eziphilayo
nezingaphili endaweni yonke igagasi lokuphila okukhulu
.ligeleza kukho konke okukhona

* * *

Iphakade liyikhaya lethu langempela kanye nendawo
yokuhlala yaphakade, futhi ukuba khona kwethu kulezi
zidumbu kungokwesikhashana, njengokuphumula
.okufushane kwekharavani ehamba ogwadule

* * *

Uma sizivumelanisa namandla okudala omoya,
sizoxhumana nengqondo yendawo yonke nengenamkhawulo
ekwazi ukusiqondisa nokuxazulula izinkinga zethu. Amandla
okudala azogeleza kithi ngaphandle kokuphazamiseka evela
emthonjeni omkhulu wobukhona bethu, okusenza sikwazi
ukufeza impumelelo yokudala kunoma iyiphi indawo
.yomsebenzi wethu

* * *

Uthando luyakhula futhi luqhakaze endaweni
yokwethembana, ukubekezelelana, kanye nokuhloniphana

* * *

Sibusise, Nkosi, ngokukhanya kwemicabango emsulwa
nemikhuba emihle, ukuze kuthi uma ubumnyama bemikhuba
emibi nemicabango ephambene busondela kithi, bususwe
ngokushesha. Futhi usisize sikuthande ngothando olujulile
kangangokuthi akukho ukukhohlisa kwezinto ezibonakalayo
noma izilingo zezwe ezingasibamba noma zibambe
.izingqondo nezinhliziyiyo zethu

* * *

Izinto ezitholakala kalula azivamile ukuba yigugu
Sikwazi lokhu ngokufunda izimpilo zamadoda nabesifazane

abakhulu nokuthi baba kanjani bakhulu ngokuthuthukisa
amakhono abo, ukufeza imisebenzi yabo, ukwakha
izindinganiso zabo zokuziphatha, ukuzibandakanya
ekufundeni okujulile, nokugwema ubugovu Kodwa
imiphumela abayifezile kanye nempumelelo abayifezile
yayinkulu kakhulu kunomzamo abawusebenzisile

* * *

Inkululeko yangempela ilele enkululekweni
yokuzikhethela eqondiswa ukuhlakanipha futhi isekelwa
ukuqonda, ukulunga, kanye nentando eqinile

* * *

Uma uvusa intando yakho, ukuzimisela, kanye
nokuqonda okunengqondo, amandla angabonakali akhululwa
ekuqondeni okuphakeme—ngokuqonda komphefumulo—
ukuze akusize futhi akhanyise izindlela eziholela enduduzo
.yengqondo kanye nenjabulo, ngosizo lukaNkulunkulu

* * *

Umuntu kumele avule imigudu yomphefumulo
ngomzamo wakhe Akekho okhetha ngokuzithandela
ukuhlupheka nosizi kunokuthula nenjabulo Ukungazi
kuyimpande yokuhlupheka kanye nesithiyo okumele sisuswe
futhi siqedwe Ukungazi kuyikhula eliyingozi, eligxilile,
elikhula ensimini yesintu futhi liminyanise izitshalo ezinhle
nezizuzisayo

* * *

Ukungazi kumele kunqotshwe yintando engaguquki
kanye nokuzimisela okuqinile Inhlabathi yengqondo kumele
ihlakulelwe ngokunaka okugxile [kokuhle], kanye nembewu
enhle eniselwa ngamanzi okholo Lapho imisebe yothando
ephilayo nefudumele ikhanya, imbewu yobuhle izokhula futhi
inqobe ukhula nezitshalo ezidla izimila, ngoba ubumnyama
abukwazi ukuba khona lapho kukhona ukukhanya

* * *

Izinjabulo zezinto ezibonakalayo ziyanyamalala futhi
zinyamalale, kodwa injabulo yaphezulu ayifiphali. Yinjabulo
.yaphezulu engapheli futhi engenakuchazeka

* * *

Akufanele neze sisebenzise izindlela ezingalungile ukuze
sithole injabulo, futhi akufanele silahle ukuthula nengcebo
engokomoya esinayo ngaphakathi kithi siphishekela
induduzo ekhohlisayo kanye nokuphila okukhazimulayo
okungase kuboshwe phambi kwethu yizenzo zokuziphatha
.okubi nemiphumela ebhubhisayo

* * *

Ukuthula kuyikhamera engcono kakhulu yokuthwebula
ubukhona bukaNkulunkulu. Ngelensi yokuthula okumsulwa
nokugxile ngqo, isithombe esibusisiwe sizovela ngokucaca
.okuphelele

* * *

Eqinisweni, konke ukuhlakanipha kungaphakathi kuwe
futhi okudingayo nje ukuqaphela lokho

* * *

Ukwaneliseka kweqiniso kulele ekuzithuthukiseni, ukuze
abanye bakufune kunokuba wena ubafune. Uthando
nobungane kufanele kunikezwe ngokukhululeka, ngaphandle
kokulindela noma isidingo. Ukulindela kudala usizi
nokungajabuli. Ngisho nalapho elwela ukuzithuthukisa,
umuntu kufanele ame yedwa, avikeleke futhi abe nokuthula
ngaphakathi kwenqaba yezimfanelo zakhe kanye
.nokuzihlonipha

* * *

Kwangathi izimpophoma zenjabulo nethemba zingahlala
zigeleza zisuka enhliziyweni yami, futhi kwangathi isifutho
.sazo esiqabulayo singathinta bonke engihlangana nabo

* * *

Injabulo engokomoya idala emphefumulweni isifiso
sokusiza abanye ngazo zonke izindlela, futhi ithuthukise
ikhono lokwazisa injabulo yokuziphatha ecwengekile eholela

enjabulweni, ngaleyo ndlela inciphise ukuthambekela
.ezinjabulweni ezingavuthiwe

* * *

Kungakhathaliseki ukuthi indima yakho incane
kangakanani, isabalulekile njengezindima ezinkulu kakhulu
maqondana nokufaka isandla empumelelweni yomdlalo we-
.cosmic owenziwa imiphefumulo esiteji sokuphila

* * *

Ukuqonda okuphelele kuwukuqonda okuphelele,
okungenamkhawulo, okuzivuselela njalo futhi ubuhlakani
bawo abupheli, futhi ngawe uzama ukuveza isici
.esiyinqayizivele sawo

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Uma unambitha uthando lwaphezulu ngisho noma
kanye, awusoze waluyeka ngoba akukho okunye okufana
.nalo endaweni yonke

* * *

Labo abamaziyo uNkulunkulu sebefinyelele ezigabeni
ezingokomoya ezithuthukile kakhulu, kangangokuthi
abaneliseki ngokunikeza izoni iseluleko esingokomoya
kuphela, kodwa bangakwazi - ngomusa nangosizo
lukaNkulunkulu - ukubanika amandla angokomoya
.abakhulula emiphumeleni yezenzo zabo zesono

* * *

Zonke izenzo ezinhle nezimbi zifihlakele
emangqamuzaneni obuchopho futhi zibonakala
njengemikhuba emihle noma emibi noma ukuthambekela
emcabangweni

* * *

Umntu ohlushwa imikhuba engaphilile ngenxa yokuthi
amangqamuzana obuchopho bakhe anikezwe amandla aleyo
mikhuba angazikhulula ngamandla okuzimisela, ukuzindla,
umthandazo oqotho, kanye nokuqinisekisa okuqhubekayo
okuhle kuze kube yilapho yonke imikhuba yakhe
engathandeki iguqulwa ibe imikhuba emihle yokuthula

nokuthula. Lokhu kwenzeka lapho amandla okuphila
aqondiswe kahle esebenza ukushintsha isimo esingavamile
samangqamuzana obuchopho, ukuze lawo maseli agcwale
.konke okuhle, okuhle, nokuhle

* * *

Ukuqonda yiso langaphakathi, umbono womphefumulo,
kanye netheskopu yenhliziyo. Kuyibhalansi phakathi
.kokuzola kwengqondo kanye nobumsulwa bonembeza

* * *

Nsuku zonke sibona izigcawu ezahlukene, futhi nsuku
zonke kuletha isifundo esisha okufanele sifundwe.
Kulindeleke ukuthi umuntu afunde isifundo ngokugxila
enjongweni yokugcina yokuphila kwakhe: ukuqaphela
umthombo wobukhona bakhe kanye nesisekelo sokuphila
.kwakhe

* * *

Masisebenzele ukukhohlwa izinsizi zesikhathi esidlule
futhi sizimisele ukungagxili kuzo. Ngokuzimisela
okungantengantengi kanye nentando esebenzayo,
masivuselele izimpilo zethu, sithuthukise impumelelo yethu,
futhi sikhulise ngaphakathi kithi imikhuba emihle
.nezimfanelo ezinhle

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Noma ubani odalula ubuthakathaka babanye futhi
ababangele amahloni nentukuthelo akayena neze
ukuhlakanipha nokwahlulela okuhle

* * *

Amazwi azo zonke izikhathi nezindawo

Labo abavumelana noNkulunkulu babona ubuhle
obumangalisayo futhi banambitha ubumnandi obukhulu
.obungenakubonwa nganoma iyiphi enye indlela
Lapho umphefumulo wami ubiza Wena, amafu okuthula
Kwakho aqhuma, Nkulunkulu, nemvula yesihawu Sakho
yathululeka ngezikhukhula kwaze kwaba yisikhukhula
esikhulu somusa Wakho. Umfula wakho obusisiwe

wagubuzela ulwandle lwami, nomphefumulo wami wangena
emanzini aphakade, futhi i-bubble yokuphila kwami
.okuncane yancibilika olwandle lobukhona Bakho obuphelele
Umeluleki wami wangifundisa indlela yokusebenzisa i-
chisel yokuhlakanipha ukuze ngizenzele ithempeli elifanele
.ubukhona bukaNkulunkulu

Uma ufuna ukufeza umgomo omuhle, qala ngokudala
imodeli yengqondo yawo. Manje usungakwazi ukusungula
noma yiluphi uhlangothi engqondweni yakho uma utshala
umqondo oqinile engqondweni yakho; khona-ke wonke
umzimba wakho uzovumelana nalowo mbono, futhi izenzo
.zakho zizohambisana nawo

Uma uthinta inhliziyo kaNkulunkulu, izinkinga zakho
zizonyamalala, uthando luzogcwalisa inhliziyo yakho, futhi
okuhlangenwe nakho okumangalisayo okungokomoya
kuzodansa njengemithombo ehlanzekile engadini yengqondo
.yakho

Amafu amaningi azama ukukufihla futhi akufihle kimi,
kodwa ngenxa yamazolo ezinyembezi zokulangazelela,
igama lakho elibusisiwe libonakala kimi likhazimula
ngezinhlamvu zegolide ezikhanyayo ngemuva kwawo wonke
.amakhethini namaveyili

Ubumsulwa bukanembeza busho ukubhekana neqiniso
ngokusobala

Kunezidingo ezibalulekile nalokho abanye abakubheka
“njengezidingo” okungadingeki ngempela futhi
okungadingekile Impilo kufanele yenziwe lula ngokugxila
ezidingweni eziyisisekelo nokuqeda ukunethezeka
okungadingekile

Yeka ukuphakama kwakho, O mngane, nokuthi
umhlabathi wakho uvundile futhi ungcwele kangakanani!
Uthando luwukudla kwakho nokwethembeka kwakho
isiphuzo sakho

Lapho abantu ababili behamba ngokuvumelana naphezu

kokungafani kwabo, bahlanganiswa umgomo owodwa:
ukuthola ukuthula komphefumulo othandweni oluhlanzekile
nokwethembeka komunye nomunye futhi lapho othandayo
engafuni injabulo ngokulimaza othandekayo khona-ke,
ensimini yobubele, izimbali ezinuka kamnandi zobungane
.ziyaqhakaza futhi zisakaze iphunga lazo elimnandi
Izwe liqeqesha izingqondo zethu ngendlela ehlukile,
lisenza sijwayele izinto eziningi kangangokuthi siqala
ukucabanga ukuthi injabulo ayinakutholakala ngaphandle
kwazo. Kodwa impilo, kanye nezimpilo zabantwana
ikakhulukazi, kumele zenziwe lula; ngaphandle kwalokho,
.impilo izozifundisa ngokudumazeka okubuhlungu
Iqiniso linembile futhi lingokoqobo kakhulu
kunokucabanga noma ukucabanga nje, kodwa lokho
esikucabangayo noma esikucabangayo kungase
.kugcwaliseke ngezinye izikhathi

Ukucabanga kuyisici esibalulekile enkambisweni
yokucabanga ngokudala. Kodwa-ke, ukucabanga kufanele
kukhule futhi kuguquke kube ukuqiniseka okuqinile, futhi
lokhu akunakwenzeka ngaphandle kwamandla aqinile
.okuzimisela

Uma ubona into ngeso lengqondo ngamandla akho onke
okuzimisela, umcabango wakho uzoguquka ube ukuqiniseka
komuntu siqu, futhi lapho ungakwazi ukulondoloza lokho
kuqiniseka

Naphezu kwayo yonke imibono ephikisanayo,
ukuqiniseka kwakho kuzobonakala empeleni

Umuntu kumele afunde ukuzimela, esekelwa
yizimfanelo zakhe kanye nokubaluleka kwakhe
Injabulo engokomoya iyinjabulo evuselelwe futhi
ibonakala ngokwandayo kulabo abacabanga ngokujulile
ngoNkulunkulu. Iyinjabulo esiza ekwenzeni izinqumo
ezifanele nasekwenzeni izinto ezifanele, futhi uma itholakala,
izifiso nezifiso ezingenempilo ziyanyamalala ngoba

zilahlekelwa ukukhanga kwazo uma kuqhathaniswa
.nenjabulo engokomoya
UMdali wethu uMninimandla onke usinike ukuphila,
amandla, nokuhlakanipha, futhi kungumsebenzi wethu
ukumnika ukunaka kwethu nokuphakamisela izinhliziyiyo
zethu kuYe ngothando, ukubonga, nokuqaphela umusa
.nomusa waKhe

Ngisize, Nkulunkulu, ukuba ngingavuthi umlilo
wentukuthelo, funa ngivuthe ngamalangabi entukuthelo,
izindawo eziluhlaza zokuthula ngaphakathi kimi nakwabanye
Ngisize ngicime umlilo wentukuthelo ngemvula egeleza njalo
yothando lwami

Kwangathi ichibi lobumnene bami nokuthula kwami
lingahlala lizolile futhi lithule, lingaphazanyiswa yiziphepho
zokunganeliseki eziletha usizi kuphela
Ukwenza izenzo ezishukunyiswa umuzwa wesibopho,
noma ukudela izifiso zomuntu siqu ekukhonzeni
nasekuthandeni omunye umuntu, kungcono kakhulu
kunokukwenza ngenxa yokwesaba

Ngisho noma umuntu eyeka ukweqa imithetho
kaNkulunkulu, kufanele akwenze lokho ngenxa yothando
.ngoNkulunkulu, hhayi ngenxa yokwesaba isijeziso saKhe
Noma yini oyisabayo, susa imicabango yakho kuyo.
Yishiyele kuNkulunkulu futhi uqinise ukwethemba kwakho
.kuYe

Ukwesaba kuhlala kumuntu, futhi ukukuqeda
kungenzeka ngokucabanga ngoNkulunkulu nokuzwa
ubukhona Bakhe

Kungaba nzima ekuqaleni ukuhamba ezindleleni
zobuhle, kodwa ziyizindlela ezibusisiwe eziholela ekuthuleni
.kwengqondo nasenjabulweni yangempela
Kwangathi inkazimulo kaNkulunkulu ingakhanya kuzo
zonke izingxenye zokuphila kwethu, kwangathi uthando
lwakhe lungahlala ezinhliziyweni zethu, futhi kwangathi
.ukukhanya kwakhe kungagcwalisa ingqondo yethu

O sithandwa sami esingcwele, izimbali ziyaqhakaza
nezinkathi ziyashintsha, futhi konke kukhuluma ngawe.
Inyanga egcwele yembula izici zokumamatheka kwakho,
futhi ilanga liphethe isibani sakho sasezulwini. Ngibhukuda
olwandle lwezinyembezi, luchichima ukukulangazelela.
Emaqabungeni ezihlahla nasemithanjeni yabantu kugeleza
impilo yakho namandla akho, futhi ngizwa ukushaya
kwenhliziyo yakho yendawo yonke kushaya ngaphakathi
.kwami

Uma ngizwa ubukhona bakho, ngizizwa sengathi
ngiphapheme kwelinye izwe, futhi ngezikhathi ezithile
ngiphupha ngalo mhlaba kanye nalomzimba omncane—
owami ngiphapheme enjabulweni engapheli, futhi iphupho
lami lokuphila kwasemhlabeni linuka izinkumbulo
ezijabulisayo zezikhathi zami zokuvuka nawe Ngisiphule
ukhula lwamaphupho amabi ensimini yamaphupho ami futhi
ngatshala esikhundleni salo ama-roses okuphefumulelwa
kwami, lapho iphunga lokulangazelela kwami lizokudonsa
khona, futhi uzoza uzongithatha nawe uye emikhawulweni
yenjabulo yaphakade

O Nkulunkulu, ngenze ngibe sobala ngobumsulwa
nokuhlanzeka ukuze ngiveze ukukhanya kwakho
okuphilisayo ngaphakathi kimi
Thulisa isibuko sengqondo yami esithuthumelayo ukuze
sibonise ubuso bakho obungenamkhawulo
Vula amafasitela okholo kakhulu ukuze ngiphefumule
iphunga lokuthula kwakho
Wena okhazimulayo kuwe, wena Mbuso ongachazeki,
ngibheke ngamehlo ami alangazelela Wena, ukuze
.ngingaboni lutho olukhona ngaphandle kwakho
Ngemuva kwazo zonke izenzakalo nokubonakala
kokuphila kukhona izwi likaNkulunkulu elithule, osibiza njalo
ngezimbali, izincwadi ezingcwele, onembeza bethu, nazo
.zonke izinto ezinhle ezenza ukuphila kube nenjongo

Yonke imizamo eyenziwa ngumfuni yokufinyelela
eziqongweni ezingokomoya ibalwa nguNkulunkulu ngenxa
.yakhe futhi ivuzwa kahle ngayo

Siyakucela, Nkosi, ukuba ukhanyise izingqondo zethu
ngokukhanya kweqiniso lakho, wenze izinhliziyiyo zethu
zishaye ngothando lwakho, futhi ugcwalise imiphefumulo
.yethu ngenjabulo yakho kanye nobuningi bomusa wakho
Kusukela kulowo mkhathi ocacile lapho ingqondo
ingenakukwazi ukungena khona, uNkulunkulu uthulula
ukukhanya Kwakhe okuphakade. Futhi engqondweni
yendawo yonke kuvela ugqozi oluphakeme namandla
abusisiwe, futhi umsebenzi wokudala ugeleza ezingqondweni
.ezivulekile nezivumelanayo

Uma uthola ukuthi umphefumulo wakho, inhliziyo yakho,
yonke inhlansi yokuphefumulelwa, isibhakabhaka esiluhlaza
okwesibhakabhaka, izinkanyezi ezikhanyayo, izintaba,
umhlaba, izinyoni, nezimbali konke kuhlanguaniswe
ngentambo eyodwa yesigqi sendawo yonke, injabulo
engokomoya, kanye nobunye bendawo yonke khona-ke
uzobona ukuthi konke kungamagagasi esifubeni solwandle
.olungcwele olungenalo ugu

Uma sikhohlwa uMdali wethu, sifanelwe ukuhlupheka.

Kumelwe siqaphele ukuthi uNkulunkulu uyisithandwa sethu
futhi uyasithanda, futhi lolu lwazi luzosikhulula ezinkingeni
.zethu nasekuhluphekeni

Umthandi weqiniso kaNkulunkulu akayeki ukumfuna,
ngisho noma ehluleka ukumthola ngemva kwemizamo
eminingi Njengoba nje igagasi kumelwe libuyele enhliziyweni
yolwandle ngemva kokuba isiphepho siphelile, nomfuni
oqotho unjalo; unokholo olucacile lokuthi izithiyo zizobhidlika
nokuthi uzohlangana nolwandle olusemkhathini
ngokushesha noma kamuva—lolo lwandle
olungenamkhawulo aphuma kulo futhi abuya kulo
Uma ingqondo icabanga njalo ngothandekayo
waphezulu, inhliziyo ihlabelela izingoma zenjabulo nenjabulo

Ukuphuma ngokomoya ukuvela komuntu kulokho ayikho
.manje kuya kulokho ayoba yikho esikhathini esizayo
Umuntu akanakufihla ubunjalo bakhe bangempela
kwabanye, ukudlidliza kwemicabango yakhe kuzobonakala
ngandlela thile ekuziphatheni kwakhe futhi kuzobonakala
.ngezenzo zakhe

Baningi abanombono ongalungile ngenkululeko;
babheka inkululeko njengokwenza noma yini umuntu
athanda ukuyenza, futhi lokhu ngikubiza ngokuthi inkululeko
.yezifiso

Ngenxa yokungaqondi kahle uhlobo lweqiniso

Iwenkululeko, abanye abazali bagqilaza izingane zabo
emasikweni ngokugcwalisa izifiso zabo ngokushesha. Ingane
ikhula ikholelwa ukuthi uma nje izifiso zayo zigcwaliseka,
iyajabula, nokuthi injongo yokuphila iwukugcwalisa zonke
izifiso. Kodwa-ke, kamuva ithola ukuthi yayinephutha ,
njengoba umhlaba wangaphandle uhlukile ngokuphelele
empilweni yasekhaya, futhi ifunda ukuthi ukugcwalisa zonke
izifiso akulula! Abanye bangase babacindezele eceleni futhi
bangabanaki bephishekela izifiso zabo. Ngenxa yalokho,
ingane iba lukhuni futhi indikindiki ngokomzwelo ngenxa
yesifiso esikhulu sokwanelisa izifiso zayo. Ngakho-ke, abazali
kumele basize izingane zabo ukuthuthukisa intando yazo
nokuqonda ukuze zikwazi ukuhlala emhlabeni ngaphandle
.kokuwela ezingibeni nasezingibeni zayo

Umama uthi, "Mfundise ngothando" Yiqiniso, ukuphatha
izingane ngothando ngokuvamile kuhle, kodwa ubumnandi
obuningi bonakalisa amazinyo, futhi ngokufanayo, ukutotosa
kakhulu kubonakalisa izingane. Kudingeka izinga elithile
lokuqina nokuzimisela, kodwa uma ingane iphathwa futhi
ijeziswa kanzima ngephutha, imiphumela izoba mibi kakhulu.
Kufanele kube nokulinganisela endleleni izingane eziphathwa
futhi ziphathwe ngayo ; wonke ubaba kufanele alinganisele
ubuntu bakhe ngothando nobubele, futhi wonke umama

kufanele anikeze uthando lwakhe ukuhlakanipha
.nokucabanga

Umuntu kumelwe alondoloze isimo sengqondo esizinzile
sothando nokulangazelela uNkulunkulu. Sengizame
imisebenzi eminingi, kodwa kungakhathaliseki ukuthi
umsebenzi wami unjani, imicabango yami ihlala
.inoNkulunkulu

Kufanele sikujabulele lokhu kudalwa, kodwa ngaphandle
kokukuvumela ukuthi kusigqilaze. Futhi okuhlangenwe
nakho kungifundise ukuthi injabulo yokuthola uNkulunkulu
.ayinakuqhathaniswa

Ngaphambi kokuqala imisebenzi emikhulu, umuntu
kufanele ahlale buthule, athule izinzwa nemicabango,
azindle ngokujulile, futhi afune usizo lukaNkulunkulu ukuze
.athole isiqondiso esingokomoya nesiqondiso esinengqondo
Ake ngiqaphele ukuthi ukumamatheka ebusweni
bokusa, ezindebeni zezimbali, nasebusweni bamadoda
.nabesifazane abahloniphekile kuwukumamatheka kwakho
Ngeke ngithinteki yizithombe ezilandelanayo
zezinhlekelele, inhlanhla embi, ukugula, noma yiziphi izithiyo
ezingalindelekile ngoba ngiyaqaphela ukuthi ukuqonda
okuqondisiwe okuhlobene kakhulu nokwazi kwendawo yonke
.akuhlushwa ngokungaqondile ukwehluleka nokucasulwa
Inkululeko isho ikhono lokwenza ngokuvumelana
nokuhlakanipha, hhayi ngokuvumelana nezinkanuko,
imikhuba, kanye nezifiso Ukulalela ubugovu kuholela
ebugqilini, kuyilapho ukuthobela izisusa zomoya kuholela
ekukhululweni ezithiyweni

Akunandaba kimi ukuthi ngihlala esigodlweni
esinobukhazikhazi noma endlini encane, uma nje
uNkulunkulu enami

Ngizosebenzisa imali yami engiyisebenzele
ngokwethembeka ukuze ngiphile impilo elula, ngaphambi
kokuphila impilo ebiza kakhulu

Ngokukholwa kuNkulunkulu nokusebenzisa amandla entando, umuntu anganqoba ukugula, ukwehluleka, kanye nokungazi, uma nje ukudlidliza kwentando kunamandla kunokudlidliza kwezifo zomzimba noma zengqondo. Uma ukugula kungapheli, kulapho intando kumelwe ibe namandla futhi izimisele khona, futhi ukholo lujule futhi luqine, ukuze .kufezwe umphumela ofiselekayo

Ngikhuthaze, Nkosi, ukuba ngibeke ithemba lami kuwe wedwa, hhayi ezindleleni zokuvikela zabantu.

Mangingavumeli ukwesaba nokukhathazeka kuqede amandla ami angenamkhawulo okubhekana nanoma yiziphi izilingo zokuphila. Mangingacabangi ngezingozi, izinhlekelele, nezinhlekelele ngenxa yokwesaba ukubonakaliswa kwazo kwangempela ngomcabango nangomcabango. Mangiqaphele, Nkosi, ukuthi kungakhathaliseki ukuthi ngivukile noma ngilele, ngivukile noma ngilahlekile emaphusheni asemini, ngiphila noma ngiyafa, ubukhona bakho obuvikelayo busangizungezile futhi .bungiqapha

Abahlakaniphileyo bathi: Isithelo sezenzo ezinhle ezishukunyiswa uthando lukaNkulunkulu nobuhle buwukuzwana nobumsulwa Isithelo sezenzo ezishukunyiswa izifiso zobugovu kanye nezifiso siwubuhlungu nokuhlupheka Isithelo sezenzo ezimbi ukungazi nobuwula Izenzo ezinhle ziletha injabulo, kuyilapho izenzo zezwe eziqhutshwa uthando ziholela ekuhluphekeni nasebuhlungwini. Izenzo ezimbi eziqhubekayo, nokho, .zibhubhisa ikhono lomuntu lokuqonda nokuqonda

Uma ufisa ukuphila ngokuthula nangokuzwana, izinhloso zakho kumele zibe zinhle, futhi kumele usakaze imicabango yomusa nemizwa yothando. Uma uphila impilo enhle, .uzosiza abanye ngesibonelo sakho nokuziphatha okuhle Uma nje ngizizwa ngikhathazekile futhi ngididekile engqondweni, ngizobuyela ekuthuleni nasekuzindleni ngize ngiphinde ngibe nokuthula, futhi ngizoqala usuku ngalunye

ngokucabanga ngoNkulunkulu nokucela usizo nesiqondiso
.Sakhe

Zimisele ukungavumeli ukhula olucindezelayo
lwenzondo lukhule futhi lungene engadini yokuphila kwakho,
ingadi egcwele izimfanelo zomoya omuhle. Futhi lapho
uhlakulela lezi zimfanelo ezinuka njengezimballi, uNkulunkulu
uzokwembulela imfihlo enkulu yokuphila ngaphakathi
.kwakho

Inhloso yokuphila ukuthola ukuthula, ukwaneliseka,
ukungafi, ukuphepha, nolwazi lweqiniso, futhi enhliziyweni
yalezi zifiso ezivuselela ngaphakathi kithi kukhona ingqikithi
.yaphezulu ejulile kithi

Kwangathi ngingathola inkululeko yami kuwe, Nkosi,
futhi ngiqaphele ukuthi ikhaya lami langempela liwukuphila
kwakho okuphelele nokuthi ngiyinxenye ebalulekile
.yokuqonda kwakho kwendawo yonke

O lwandle olukhulu nolungcwele, vumela imifula yezifiso
zami, egeleza ogwadule lwezithiyo nezithiyo, ekugcineni
ihlangane ekujuleni kwakho okukhulu9

Kusenqabeni yaphezulu kuphela lapho sithola khona
isivikelo nokuvikeleka, futhi akukho siphephelo esiphephile
kunokuzizwa siseduze noNkulunkulu nokuthinta ubukhona
.baKhe

Njengoba abantu bebuswa yimikhuba ebumba
ukuthambekela kwabo, ukuthambekela kwabo, ubuntu babo,
kanye nezifiso zabo, uma leyo mikhuba mibi, ubuntu babo
buba yingozi futhi izenzo zabo zibe zimbi. Ngakho-ke,
kuyalulekwa ukuthi sibeke phambili imikhuba emihle,
njengoba iqondisa izenzo zethu nemicabango yethu
.emigomweni emihle futhi isilethele impilo nenjabulo

Nomaphi lapho kunemiphefumulo edabukile
nehlophekayo, ngithola induduzo yami ekukhonzeni
nasekududuzeni. Ngizokwenza konke okusemandleni ami
ukuletha injabulo kwabanye futhi ngizozwelana nemizwa
.yabo njengokungathi ingeyami

Amakhono engqondo akhona kubantu, kodwa abantu
abaningi basalokhu bengathuthuki kahle, futhi ukwehluleka
ukuhlakulela la makhono kuholela emiphumeleni emibi
Njengomzimba, ingqondo idinga ukondliwa okufanele kanye
.nokuzivocavoca ukuze ibe nempilo namandla
Idayimane liyamukela futhi libonise ukukhanya, kanjalo
nemiphefumulo emsulwa, esobala eyazi uNkulunkulu futhi
ekhanya ngokuba khona Kwakhe iyakwamukela futhi ibonise
ukukhanya, kanjalo nemiphefumulo emsulwa necacile eyazi
.uNkulunkulu futhi ekhanya ngokuba khona Kwakhe
O Nkosi, wena uyingcebo yangempela empilweni, futhi
ngokukuthola Wena kuqala ngizothola kuWe konke
engikudingayo

Abantu bavame ukugxila ekudleni, emoyeni,
naselangeni kuphela ukuze balondoloze impilo enhle, kodwa
kungase kufike isikhathi lapho impilo iyonakala naphezu
kobuningi bale mithombo yokuphila yangaphandle. Yilapho-
ke lapho kuphakama khona isidingo sokuvuselela amandla
.omzimba avela ngaphakathi

Uma isikebhe sengqondo yami sisondela emadwaleni
ezifiso zobugovu ezihilela izingozi nezingozi, eziqhutshwa
yiziphepho ezinamandla zokungazi, khona-ke yiba,
Nkulunkulu wami, isibani sami futhi ungiqondise njalo ogwini
.lokulunga kwakho nobuhle bakho

Umcabango ufana nelangabi elinamandla alo agxilile
okufanele asetshenziswe ukushisa izithiyo ezivimbela
impumelelo

UNkulunkulu angatholakala ngothando oluhlala njalo
oluvela kuNkulunkulu Uma sithanda uNkulunkulu ngaphezu
kwezipho Zakhe, uzoza kithi. Usinike inkululeko
yokuzikhethela kanye namandla okukhetha ukuze sikwazi
ukuhlukanisa phakathi kwezipho zezwe ezidlulayo
nezingenamsebenzi kanye nesipho sokusondelana Naye
.kanye nenjabulo yokuba khona Kwakhe okubusisiwe

Sanikwa inkumbulo ukuze sikwazi ukuzijwayeza
ukukhumbula izinto ezinhle kuze kube yilapho ekugcineni
sikhumbula okuhle kakhulu: uNkulunkulu
Umoya wothando lwakho ugeleza kimi, Nkosi! Futhi
amaqabunga okuphila kwami adansa ngenjabulo ekufikeni
kwakho Ukugquma kwawo okujabulisayo kudlula emoyeni,
kumema abakhathele ukuba baphumule emthunzini
wokuthula kwami okungokomoya
Ubunzima bokuphila abuhlokelwe ukusilimaza;
kunalokho, izinkinga nokugula kusinika izifundo
Okuhlangenwe nakho kwethu okubuhlungu akuhlokelwe
ukusibhubhisa, kodwa ukusihlanza nokusheshisa ukubuyela
kwethu emthonjeni wethu omsulwa—uNkulunkulu—
osebenza ngazo zonke izindlela ukusisiza nokusibuyisela
.ekhaya lethu lasezulwini
I-Infinity iyikhaya lethu langempela, futhi uhambo
lwethu oluya kulo mhlaba nakulezi mizimba yenyama lufana
.nohambo lwe-visa yesikhashana
Nkosi, ngiyazi ukuthi ukudunyiswa akungiphakamisi,
futhi ukugxekwa akunginciphisi. Nginjengoba nginjalo
phambi konembeza wami futhi phambi Kwakho
ngizoqhubeka nale ndlela, ngenza konke okusemandleni ami
ukukhonza wonke umuntu futhi ngilwela ukuthola umusa
.Wakho—kulapho-ke kulapho injabulo yami ikhona
Uyisidalwa esiyinqayizivele futhi ingqikithi yakho
iyamangalisa, ngakho-ke yazi ukuthi ungubani ngempela
Ngokufika kwakho, amahlumela engikulangazelelayo
azoqhakaza abe izimbali ezimnandi nezikhazimulayo
Nkosi, shesha ukufika kwalolo suku lapho ngizoluka
khona umgexo walezo zimbali ezinamanzi bese ngiwubeka
.emnyango wakho obusisiwe
Esikhundleni sokuhlala ezama ukuzijabulisa yena yedwa,
kufanele futhi azame ukuletha injabulo kwabanye. Uma
ezama ukunikeza abanye ukwesekwa ngokomoya,
ngokwengqondo, noma ngokwezinto ezibonakalayo,

uzothola ukuthi izidingo zakhe ziyahlangatshezwa nokuthi
.indebe yokuphila kwakhe ichichima injabulo

Labo abazuza ukunqoba okukhulu phezu kobumnyama
emhlabeni bayoba nokukhanya kwenkazimulo njengesabelo
sabo futhi bazojabulela ukuthula kwangaphakathi nenjabulo

Nkosi, hlala usakaza imbewu yezibusiso zakho
emhlabathini wenhliziyo yami, ulinywe ngokunxusa, ukuze
zikhule zibe izihlahla ezinomthunzi ezimagatsha azo athela
.izithelo ezimnandi kakhulu nezimnandi kakhulu zokuzazi
Sivame ukuhlala sisezinhlungwini ngaphandle kokwenza

umzamo wokushintsha, yingakho singakutholi ukuthula
nokwaneliseka okuhlala njalo Uma sikhuthazela futhi senza
umzamo, singanqoba zonke izinkinga ngokuqinisekile
Kumelwe sizame ukusuka osizini siye enjabulweni, futhi
sisuke ekuphelelweni yithemba siye esibindini

O Uthando Lwaphezulu, hlanganisa uthando lwami
nothando Lwakho, hlanganisa impilo yami nenjabulo Yakho,
ingqondo yami nokuqonda Kwakho kwendawo yonke, futhi
uqede ukoma kwami emthonjeni wenjabulo Yakho
.yaphakade

Inhliziyo yomuntu ofuna ngobuqotho ihlala ihlebeli ithi:

"Nkulunkulu wami noThandekayo wami, angifuni ukucwila
ezinkingeni zaleli zwe elikhohlisayo, futhi engikufunayo nje
ukuvusa uthando Lwakho ezinhliziyweni zabantu Inhliziyo
yami, umphefumulo wami, umzimba wami, ingqondo yami,
nakho konke enginakho kungokwakho, Nkosi." Lowo muntu
.ofunayo ufinyelela kuNkulunkulu futhi uyamazi

Nkosi, siphe ukuqonda okusha nokuyiqiniso
kobuzalwane Masiyeke izimpi futhi sipholise amanxeba
ezizwe nge-balm yothando kanye nenduduzo ehlala njalo
yokuqonda okunesihawu

Sibusise ukuze sikhululeke ethonyeni lokuhaha,
ekubuseni kokukhohlisa, nasekulawulweni kwemicabango
ekhohlisayo, futhi usisize sakhe umhlaba omusha lapho

ukugula, ukungazi, nendlala kungamaphupha nje esikhathi
.esidlule esimnyama nesibi

Masixazulule zonke izinkinga hhayi ngokucabanga
kwehlathi, kodwa ngokuqonda, iqiniso, kanye nokholo
olungenakunyakaziswa Kuwe kanye nobulungisa bakho
.baphezulu

Ukuphila kusihlanganise lapha isikhashana, ngemva
kwalokho sizohamba ngezindlela zethu ezihlukene. Kodwa
uma uthando lukaNkulunkulu luhlala ngaphakathi kithi,
akunandaba ukuthi siyaphi, ngoba kungakhathaliseki ukuthi
siduka kangakanani, sizohlala ngaphakathi kwesiyingi
.sothando lwaphezulu futhi asisoze sahlukaniswa ngempela
Nkosi, ngenze ngibe ukhozi oluthuthuka ngokomoya
oluphakama ngaphezu kwezindlela zomqondo omfushane
kanye nokweqisa

Ngibizele ezindaweni eziphakeme kakhulu, ngale
kokuzamazama komhlaba okukhulu namafu avimba
ukukhanya kwelanga

Ake ngithathe amaphiko okulinganisela ukuze ngiphile
kahle, futhi ake ngikhuphukele kulezo zulu eziphakeme
ngaphezu kwazo zonke iziphepho neziphepho, lapho
kukhona khona imiphetho ebanzi kanye nemibono emihle
.kakhulu

Ukuthula kuza lapho sivula izinhliziyi zethu ukuze
sithande futhi sibe nomusa Labo abanezinhliziyi
ezinothando futhi abakhuthele emisebenzini emihle bathola
ukuthula ngoba kuhlala ngaphakathi kwabo Ukuthula
kuyindawo engcwele yasezulwini futhi kuyisisekelo sempilo
ejabulisayo

Kufanele sicabange njalo ngobuhle baphezulu
obungemuva kwezimbali, ukukhanya kwendawo yonke
ngemuva kwelanga, kanye nokuphila okukhulu
.okukhazimula emehlweni wonke

Uma umuntu enomusa ngempela futhi ebonisa
inhlonipho kwabanye, futhi ephindela ukunconywa ngendlela
.efanayo, uyohlala ephathwa ngokwazisa nenhlonipho
Ngizosabalalisa uthando lwami kwabanye ukuze ngivule
isango lokuba uthando lukaNkulunkulu luze kimi luhlale
.enhliziyweni yami
Nkosi, mangibe yisibani kulabo abacwila ekujuleni kosizi.
Ngisize ngilethe injabulo kwabanye ngokubonga ngenjabulo
.engokomoya ongiphe yona
Ngizoncibilikisa inzondo emlilweni wothando lwami, futhi
ngizothethelela abanye futhi nginike uthando kuzo zonke
izinhliziyi ezomile
Uthando lweqiniso luwuthando olujabula ngenduduzo
yothandekayo
Kwangathi ukukhanya kwakho kungasikhanyisela, Nkosi,
futhi kwangathi uthando lwakho lungagcwalisa izinhliziyi
.zethu kuze kube phakade
Ukuba nomoya wokuziqalela izinto kusho ukuba
namandla okucabanga okudala okwenza umuntu akwazi
ukusungula into engakaze yenziwe muntu ngaphambili.
.Wonke umuntu uzalwa nalesi siphosinikwe nguNkulunkulu
Uthando olukhulu kunawo wonke uthando
lukaNkulunkulu, olwenza impilo ibe ntle ngendlela
engachazeki Uma uzizwa uNkulunkulu enawe, eza kuwe
noma ngabe ukuphi futhi eqondisa izinyathelo zakho,
uthando lukaNkulunkulu seluqalile
Amandla eqiniso ayaphikisana nomoya
Nkosi, uma ngibhekene nobunzima besikhashana,
mangikhumbule izibusiso zakho eziningi phezu kwami
esikhathini esidlule, ngazi ukuthi usizo lwakho alusoze
lwangishiya futhi ukunakekelwa kwakho kuhlala kunami
Kuwe Ngibonga ngokusuka enhliziyweni ngazo zonke
izibusiso eziza kimi zivela esandleni sakho esiphanayo
Amaconsi othando akhanya emiphefumulweni emihle,
futhi uNkulunkulu angatholakala kuphela olwandle lothando

Ukuqonda kuyisibani esikhanyisa indlela yomuntu futhi
simlethele impumelelo

Entwasahlobo, uNkulunkulu uhlobisa imvelo ngama-
roses nezimbali ezinhle kakhulu ngezingubo ezinhle kakhulu
nemibala egqamile

Ukuthula kuyisithunywa sokuqala esimemezela
ukusondela ebukhoneni bukaNkulunkulu Ngemva kwalokho,
ukuthula kuguquka kube ukukhanya okukhanyayo
kunenjabulo engapheli

Uma ngingena shí olwandle lokuzindla, ngizwa ukundiza
okubusisekile ngaphakathi kimi futhi ngizwa izwi elihlebayo
"lithi, "Ngiseduze

Umuntu kumele aphendukele ngaphakathi, lapho
umphefumulo uziveza khona. Kusukela ekujuleni
komphefumulo kuvela konke okuhlangenwe nakho kokuphila
.kwangaphakathi

Uma umphefumulo uziqaphela ngokwawo ngokwazi
kwaphezulu, uzizwa ujabule kakhulu futhi wanda endaweni
engenamkhawulo

Uma usebenzisa zonke izindlela zangaphandle nezinsiza
ezitholakalayo kuwe, ngaphezu kwamakhono akho emvelo,
ukuze unqobe zonke izithiyo ezingase zikuvimbele,
uzothuthukisa amandla uNkulunkulu akunike wona: lawo
mandla angenamkhawulo avela ekujuleni okujulile kobuntu
.bakho

Uthando luhamba endleleni yegolide eholela
kuNkulunkulu

Ngizosakaza ilanga lezilokotho ezinhle nezinhloso
ezinhle nomaphi lapho ubumnyama bokungaqondi bungene
khona

Uma ubunzima bukuhlasela, kodwa wenqaba ukuyeka
ukuzama nokwenza umzamo, naphezu kwazo zonke izithiyo
nezithiyo, khona-ke uNkulunkulu uzokuphendula futhi
.agcwalise imizamo yakho ngempumelelo

O Nkosi, ngizokhipha imbali yokulangazelela ensimini
yenhliziyi yami ngiyibeke njengomnikelo wothando
emnyango wakho ongcwele

Njengoba imicabango namazwi ethu kuyimbewu
ezosilethela isivuno sesikhathi esizayo, ngizoqala namuhla
ukugcwalisa ingqondo yami ngemicabango emihle
neyakhayo

Ngiyandiza futhi ngikhuphukela phezulu naphansi,
enyakatho nakwesokudla, ngaphakathi nangaphandle
nakuzo zonke izindawo ukuze ngithole ukuthi kuzo zonke
izingqimba zesikhala ngangikhona futhi ngisekhona phambi
.kukaNkulunkulu

Phila umzuzu ngamunye uqaphela ubuhlobo bakho
noNkulunkulu ongenamkhawulo. Akukho ukuphela
kokuqonda kwakho, futhi zonke izinto ziyakhanya futhi
.zikhanye njengezinkanyezi esibhakabhakeni sobuntu bakho
Ukuzihlukanisa, noma ukungazihlanganisi, kuyindlela
ehlakaniphile umfuni ayihambayo, ngokuzithandela
ephakama ngaphezu kwezinto ezingabalulekile ngenxa
yezinto ezinkulu. Akazibophezeli ezinjabulweni zenyama
zesikhashana ephishekela injabulo yangaphakathi
evuselelwe. Ukuzihlukanisa akusona isiphetho ngokwako,
kodwa kuvula indlela yokuvela kwezimfanelo zomphefumulo
.namandla angokomoya

Umnqobi ongokomoya uthuthuka ngezinyathelo
ezinesibindi ezindleleni zokuphila
Umuntu kufanele asebenzise ngokugcwele impilo yakhe
yamanje, avule amafasitela enhliziyi yakhe avuse futhi
.avuselele amandla omphefumulo wakhe alele
Ngemuva kwezifihla-buso zoshintsho nokuguquka
kukhona ubukhona bukaNkulunkulu. Noma ngubani
ongaqinisa isibuko sengqondo yakhe futhi asivimbele ukuthi
singanyakaziswa, uzobona kuleso sibuko esicacile ubuso
.bomuntu othandekayo wasemkhathini

Uthando lunamandla kunokufa kanye nomonakalo

wesikhathi

Ukuzihlaziya kuyisihluthulelo sempumelelo, futhi
ukuzindla kuyisibuko lapho sibona khona amakhona
angaphakathi abengahlala efihliwe embonweni wethu.
Kumelwe sihlole amaphutha ethu, sihlukanise phakathi
kokuthambekela okuhle nokubi, futhi sithole izithiyo
.zentuthuko kanye nempumelelo

Yeka ukuthi umuhle kangakanani, O mngane! Wena
okhipha amanzi okukhathazeka okuqotho nobungane, futhi
omaqabunga akho athambile ngamazolo obumnandi
bangaphakathi nobangaphandle obuvela ekujuleni
kwezinhliziyi eziqotho neziqotho

Ngake ngabona intuthwane encane izama ukukhwela
inqwaba yesihlabathi, futhi ngacabanga: intuthwane
kumelwe ukuthi icabanga ukuthi ikhuphuka iHimalaya!
Inqwaba yesihlabathi kungenzeka ukuthi yayibonakala inkulu
kakhulu entuthwaneni, kodwa hhayi emehlweni ami
Ngokufanayo, izigidi zeminyaka yethu yelanga zingase zibe
ngaphansi komzuzu engqondweni kaNkulunkulu
Kumelwe siziqeqeshe ukucabanga ngezinto ezinkulu

njengokuphakade nokungapheli

Ngazulazula ezweni elingenamkhawulo futhi ngabona
inkungu ekhanyayo ezweni lokukhanya, futhi kulokho
kukhanya okuphilayo ngafunda izincazelo zezimfihlo
.ezibhalwe emakhasini esikhathi

Uma ulele, ucabanga imicabango nemizwa ethulile
kodwa uthule. Kodwa uma uthula imicabango nemizwa
ngokuzindla, into yokuqala oyitholayo isimo sokuthula, futhi
imisipha yobuso bakho yakha ukumamatheka ngokwemvelo
okubonisa ukuthula kwangaphakathi. Kodwa kumelwe
ubheke ngale kwalesi simo sokuthula ukuze ubone
ubumsulwa bomphefumulo wakho—ubumsulwa
obungangcoliswanga yizisusa zemizwa noma ukusabela
okuzenzakalelayo emicabangweni ehlotshaniswa nezinzwa.

Isimo ositholayo ngaleso sikhathi singesenjabulo ehlala njalo,
.evuselelwa njalo

Uma ubeka isitsha samanzi ngaphansi kokukhanya
kwenyanga bese usivuselela, uzodala isithombe
esiphambene senyanga. Lapho amanzi ehlala esitsheni,
ukubonakaliswa kuyacaca. Izikhathi lapho amanzi esitsheni
ethule futhi ebonakalisa ubuso benyanga ngokucaca
okuphelele zingafaniswa nesimo sokuthula kokuzindla kanye
nesimo sokuthula okujulile. Ekuthuleni kokuzindla, wonke
amagagasi emizwa nemicabango ayayeka ukugeleza
engqondweni. Futhi kulesi simo sokuthula esijulile, umuntu
ocabangayo, kulokho kuthula, ubona inyanga egcwele
yobukhona bukaNkulunkulu ibonakaliswa echibini
.lomphefumulo

Kunezimo ezine umuntu ovamile azijwayele: injabulo
lapho egcwalisa isifiso, ukungajabuli lapho enqatshelwa,
isithukuthezi lapho engajabuli noma engacindezelekile,
kanye nokuthula lapho enqoba le mizwa noma izimo
.zengqondo zenjabulo, ubuhlungu, kanye nesithukuthezi
Ukuthula kuyisimo esifiseleka kakhulu, esivela
ekungabikho kokudabuka nenjabulo, kanye nokungabikho
kwesithukuthezi Lezi zimo zihlala zishintshashintsha futhi
zigcwala ebusweni bomphefumulo Ngemva kokugibela
amagagasi ashubile obuhlungu nenjabulo, okuhlanganisa
nokucwila okuphindaphindiwe ekujuleni kokukhathala,
kukhona injabulo ekuntanteni olwandle oluzolile lokuthula
Kodwa okukhulu kunokuthula injabulo engokomoya—injabulo
yomphefumulo—injabulo yokugcina Kuyinjabulo engapheli
engapheli kodwa ehlala nomphefumulo kuze kube phakade
Le njabulo ephakeme ingatholakala kuphela ngokuqaphela
ubukhona bukaNkulunkulu

Ukumamatheka kweqiniso kuwukumamatheka
kwenjabulo engokomoya okutholakala ngokuzindla
nokucabanga ngoNkulunkulu nokuzwa ubukhona Bakhe

Ukumamatheka kwami kuvela enjabulweni ejulile
ngaphakathi kimi—injabulo efinyeleleka kubo bonke. Kufana
nephunga eliphuma enhliziyweni yembali eqhakazayo. Le
njabulo enkulu imema abanye ukuba bazicwilise emanzini
.angcwele enjabulo

Ekukhanyeni kwentethelelo ebusisiwe, ubumnyama
benzondo obuqongelelwe iminyaka eminingi buyanyamalala
UNkulunkulu ugcwalisa ngokushesha noma yisiphi
isidingo sabakhulekeli baKhe ngoba bazikhulule ezinhlosweni
zobugovu ezikhungathekisa imizamo futhi zidumaze
.amathemba

Lowo uNkulunkulu amvikelayo, akukho lutho
olungambhubhisa

Asisodwa kuleli zwe, ngoba uNkulunkulu unathi, futhi
kukhona ubudlelwano obuhlala njalo, obuseduze,
.nobunobungane esithola kubo ukwesekwa nenjabulo
O nkanyezi ekhanyayo yesiqondiso emazulwini
okuhlakanipha, ukukhanya kwakho okukhazimulayo
kungimema ukuba ngihlole izindawo zakho ezibusisiwe, futhi
inyoni yami elangazelelayo igijima ngesivinini esikhulu,
ihlaba umoya onzima, odabukisayo, iqhutshwa
ukukulangazelela nokuthokozela ukukhanya kwakho
.okungcwele kakhulu

Ubuntu bomuntu buqala ukukhula nokuqhakaza lapho
ekwazi ukuzwa - ngokusebenzisa umuzwa wangaphakathi,
oqondakala kalula - ukuthi akuyona umzimba oqinile kodwa
.ugesi ongokomoya waphakade emzimbeni

Lapho inhliziyo yomfundi ichichima uthando
ngoNkulunkulu, ubuso bakhe buzokhanya ngokumamatheka
kokuthula nokuhlakanipha, futhi izendlalelo zokungazi
ezimboze umphefumulo wakhe zizobhidlika futhi zinyamalale
.ngokuphelele

Uma ubheka imbali noma umuthi, uyazi ukuthi lezi
zinhlobo ezinhle zokuphila azizange zibe khona ngokwazo.

UNkulunkulu nguyena owazibumba futhi wazinika iphunga
.nobuhle obukhulu

Njalo yenza imisebenzi yakho, emincane nemikhulu,
ngokunakekela okujulile, ukhumbula ukuthi uNkulunkulu
uqondisa izinyathelo zakho futhi uqinisa imizamo yakho
.yokufeza izifiso zakho ezinhle

Uma umuntu exhumana nesimo sakhe esingokomoya,
izikhathi ezidlule nezikhohliwe kudala kanye namandla
angafi omphefumulo abuyela ekuqondeni kwakhe.
Ekuzindleni, umuntu ukhumbula ukuthi ungumphefumulo
.ongafi, hhayi umzimba ofayo

Nomaphi lapho sithola khona abantu, abahle nababi,
abafuna injabulo ngendlela yabo Akekho ofuna ukuzilimaza
Ngakho kungani abanye abantu benza ngezindlela
ezibabangela ubuhlungu nosizi ngokungenakugwenywa?
Ngoba lezo zenzo ziqhutshwa ukungazi nokukhohlisa
Siyakucela, Nkosi, ukuba usikhanyisele ngokukhanya
kokuhlakanipha kwakho futhi ususe kithi ubumnyama
.bokungazi nokukhohlisa

Umuntu oqaphelayo kufanele aqaphele kunokuba
esaba, futhi kufanele ahlakulele ngaphakathi kuye umuzwa
wokuba nesibindi ngaphandle kobudedengu nokuxhamazela
ukuze angazivezi ezimweni ezingase zivuse ukwesaba
.nokukhathazeka

Ukuhlakanipha akuxhomekile ekufakweni kolwazi
oluvela ngaphandle, kodwa emandleni okwamukelwa
kwangaphakathi, okunquma inani lolwazi lweqiniso
olungatholakala kanye nesivinini lolo lwazi olungatholakala
.ngaso

Leli zwe limane nje liyisiteji lapho senza khona
imisebenzi yethu ngaphansi kokuqondiswa koMqondisi
Ongcwele. Kumelwe senze kahle kungakhathaliseki ukuthi
imisebenzi esinikezwe yona injani, sikhumbula njalo ukuthi
.imvelo yethu ebalulekile iyinjabulo engapheli

Ohlakaniphe kakhulu kwabahlakaniphileyo yilowo ofuna
 ukwazi uNkulunkulu, futhi ophumelele kakhulu
 kwabaphumelelayo yilowo othole uNkulunkulu
O Sithandwa Saphezulu, kwangathi ungathatha indawo
 yokuqala ezimpilweni zethu, kwangathi uthando lwakho
oluphilisayo lungagcwalisa izinhliziyi zethu, futhi kwangathi
 ukukhanya kwakho okubusisiwe kungasusa ubumnyama
 .bokukhathazeka emiphefumulweni yethu
Inkululeko isho ukwenza ngokuvumelana nonembeza,
 hhayi ngokuvumelana neziqondiso zomkhuba nesifiso.
Ukulalela ubugovu kanye nezifiso zakho kudala imingcele,
 kuyilapho ukulalela izikhuthazo zokuhlakanipha kunikeza
 .inkululeko kulezo mingcele
 Ukuthula kwengqondo kungatholakala
ngokuthuthukiswa okunengqondo nokuhlosiwe kwezimfanelo
 ezinhle, okuthi, uma sezikhulile ngokugcwele,
zingenakuphucwa umninizo ngaphandle kokuba ekhetha
 .ukuzidela ngentando yakhe
Iningi labantu lifuna injabulo besebenzisa izindlela
 ezingalungile Abanye bakholelwa ukuthi bangayiphinda
 kabili injabulo yabo ngokwamukela ukuziphatha
okungalungile nezenzo ezingenempilo ezibonakala zinikeza
 izithembiso ezikhazimulayo zenjabulo engapheli, futhi
 bakhohliswa yilezo zithembiso ezingamanga, njengoba
 ukunambitheka kwenjabulo yangempela
kungenakunambitheka esihogweni semicabango yamanga
 .nezenzo ezingalungile
Umzuzu ngamunye uyiphakade ngoba ubuphakade
bungabonakala kulowo mzuzu Izinsuku, imizuzu, namahora
 kuyifasitela lapho singabona khona ubuphakade Impilo
imfushane, kodwa ngasikhathi sinye ayinamkhawulo futhi
ayinamkhawulo Umphefumulo awufi, futhi phakathi nalesi
sahluko esifushane sokuphila komuntu, kumelwe sisebenzise
 .wonke amathuba atholakalayo

Amazwi angokomoya afana nembewu edinga inhlabathi
evundile ukuze ihlume, ikhule, iqhakaze futhi ithele izithelo
Ukukhula ngokomoya kudinga ukuzicabangela, ukuhlela
kabusha izinto eziza kuqala ekuphileni, ukuhlonza nokususa
imikhuba eyingozi, nokugcina imithetho nemithetho
yezempilo ngokuvumelana nokuqonda okungokomoya
.okuthuthukayo kanye nokukhula kwamandla engqondo
Uma umfundi enambitha injabulo yaphezulu, uzothola
ukuthi uNkulunkulu useye waba ngokoqobo kakhulu kuye
kunanoma yini enye, futhi uzoqaphela ukuthi ukuthinta
ubukhona baphezulu kuyinjabulo okungekho injabulo
.yemizwa engalinganiswa nayo

UNkulunkulu usebenza ukuvusa ukuqonda komuntu
ngokomoya nokuqondisa intando yakhe endleleni efanele
ngobuhle bobuhle, ubukhulu bokubekezelelana, ubukhulu
bokuhlakanipha, kanye nobuhle benjabulo engokomoya
Ngeke ngibabheke abanye njengabangazani ngoba
nginomuzwa wokuthi wonke umuntu ungumfowethu noma
udadewethu. Ngizokwenza impilo yami iphumelele futhi
yanelise ukuze ngikwazi ukusiza abanye baphumelele futhi
bafeze. Ngizozwelana nabanye futhi ngibabonise uzwela
njengoba ngizibonisa. Ngizothanda uNkulunkulu njengoba
abaprofethi nabangcwele bamthanda, futhi ngizophonsa
.ubugovu emthonjeni wothando lwami ngabanye
Ngale kwalokhu kuphila okufushane, kwasemhlabeni,
okufayo, kukhona ukuphila okuphakade, okungaguquki.
Umzimba wakhiwe yizinto zamakhemikhali ezibola futhi
zibhubhe, kodwa ngale kwalokhu kuphila okufushane
kukhona ukuphila okuphakade, kwasezulwini phambi
kukaNkulunkulu. Ngakho-ke, akufanele sigcine ukunaka
kwethu konke kulo mzimba ongapheli, futhi labo
abawufisayo kumele babekezelele izilingo zawo futhi babe
.ngabaphathi bawo
Namuhla ngizozama ukusiza abaswele futhi nginike
lokho engingakwenza kwabalambile

Ngiphephile futhi ngivikelekile ekuvikelweni
nguNkulunkulu futhi ngemuva kwezindonga zonembeza
wami ohlanzekile ngingomunye onokukhanya kobuhle
okuqondisa imikhumbi yemiphefumulo ephonswa ngapha
nangapha amagagasi osizi olwandle lokudideka
nokukhathazeka

Namuhla ngizizwa uNkulunkulu ethukuthele
ngaphakathi kimi futhi eshukumisa izintambo zenhliziyo
yami

Ngizokwenza konke okusemandleni ami ukwenza
abanye bajabule, njengoba nje nami ngilwela ukuzenza
ngijabule, futhi ngenjabulo yami engokomoya ngizokhonza
wonke umuntu endlini yothando lwaphezulu futhi ngeke
ngesabe lutho ngaphandle kwami uma ngizama ukukhohlisa
.unembeza wami

Kusukela ezivandeni zomphefumulo

Uhlose ukuya ndawana thize, bese uziphuthuma ukuze
ufike lapho ngokushesha. Uma ufika, uthola ukuthi
awuyijabuleli indawo ngenxa yesifiso, ukukhathazeka,
mhlawumbe ngisho nokuphazamiseka okuzwayo. Kunalokho,
zama ukuzola, ukuzola kakhudlwana, nokulinganisela
kakhudlwana. Uma imicabango yakho ithambekele
ekukhathazekeni nasekuphazamisekeni, yicindezele
.ngamandla kuze kube yilapho ithola ukuthula kwayo
Injabulo ithinta kabi ibhalansi yesimiso sezinzwa ngoba
ithumela amandla amaningi kwezinye izingxenye zomzimba
kuyilapho iphuca ezinye isabelo sazo semvelo Lokhu
kungalingani ekusatshalalisweni kwamandla kuyimbangela
yokwesaba Umzimba ozolile nokhululekile ududuza izinzwa
futhi ukhuthaza inhlalakahle yengqondo
Ngokuvumelana noNkulunkulu, umbono wangaphakathi
uqala ukuvela kancane kancane Umuntu kumelwe abe
nokholo oluphelele lokuthi uNkulunkulu uzophendula yonke
imithandazo esuka enhliziyweni Noma ubani ophendukela

kuYe ofuna ukukhanyiselwa uzobona umbono wakhe
.uvulekile futhi ingqondo nenhliziyo yakhe ikhanyiselwe
Uma ukuqonda kuvula, kubonakala njengomzwelo
obonakala uphuma enhliziweni, umuzwa wokucaca okujulile
nokunemba. Ngale muzwa, umfuni uthola ukuqiniseka
okungantengantengi kanye nesiqondiso esiqinile sokulandela
indlela efanele, futhi kancane kancane uqala ukuqaphela
.nokuthemba lo muzwa

Lokhu akusho ukuyeka ukucabanga ngokuphelele;
ukucabanga okuzolile nokungakhethi kuholela ekuqondeni
Ukucabanga ngokomzwelo, okuqhutshwa ukuzidla
nokuzigqaja, kuholela ekungaqondani naseziphethweni
eziyiphutha

Yenqaba ukungabaza okubhubhisayo nezinkolelo
zamanga ngenhliziyo yonke, bese uphendulela inhliziyo
nomphefumulo wakho endaweni yokholo nokuthembela
okuphelele kuNkulunkulu Ekuthuleni kokuzindla, ukuqonda
kwakho kuzokwazi ukugxila eqinisweni nokuqonda
okulungile. Kulokhu okuhlangenwe nakho, ukholo
luyaqhakaza futhi luvuleke, futhi ngokuqonda, uzobona
lokho iso elingakubonanga, indlebe engakuzwanga, futhi
.ingqondo yomuntu engacabanganga
Yonke imimoya yokulangazelela kwami nokunxusa ivula
iminyango namafasitela emphefumulweni wami engidlula
kuwo ngiye enjabulweni kaNkulunkulu
Njengoba nje ilanga likhanya emigwaqweni ematasa
kakhulu, nami ngizobona imisebe yothando lwaphezulu kuzo
zonke izindawo ezinabantu abaningi emisebenzini yami
.yansuku zonke

Ngibusise, Nkosi, ukuze ngivuse umphefumulo wami
ngokusa ngiwulethe emnyango wakho obusisiwe
Nkosi, ngiphe umoya wokuphana ukuze ngihlanganye
nabanye lokho enginakho, futhi ungisize ngibone echibini
elithule lengqondo yami ukukhanya kwenyanga

yomphefumulo wami kukhanya ngokukhanya kobukhona
.bakho

Namuhla ngizocwila ngijule olwandle lokuzindla
nokuzindla ngoNkulunkulu ngize ngithole amaparele
okuhlakanipha nenjabulo yaphezulu
Ngizokuthanda, Nkosi, ngaphezu kwanoma yini enye,
ngoba ngaphandle kwakho angikwazi ukuthanda noma
yimuphi umuntu noma yini enye
Ekujuleni kwezintaba nasezibhakabhakeni ezithule,
nasekujuleni komphefumulo wami kanye nasemgodini
wokuthula, ngizizwa ngikhona kuNkulunkulu futhi ngizwa
injabulo Yakhe engapheli, futhi ngiphuza emithonjeni Yakhe
.ehlanzekile engapheli futhi eyomile kuze kube phakade
Ngiyakuthanda futhi ngiyakudumisa, Nkosi, othando
lwakho lubusa kuzo zonke izinhlobo nenhliziyo enothando
Othile wacela uthisha uParamahansa ukuba ambonise
indlela yokuthuthukisa ubuntu obukhangayo nobukhangayo,
wathi: Kumelwe ube khona engqondweni yakho lapho
uxhumana nabanye ngoba ukungabi khona engqondweni
kulimaza kakhulu ubuntu bomuntu kunanoma yini enye.
Yiqiniso, angibhekiseli ekungabikhoni engqondweni
kwabantu abakhulu, abamicabango yabo ivame ukucwiliswa
.ezindabeni ezijulile
Hlala uqaphile futhi uqaphele, futhi uzoba udonsa
okhangayo
Akekho othanda ukunganakwa Sonke sifuna imizwa
yethu icatshangelwe futhi icatshangelwe, futhi ngokufanayo,
kumelwe sicabangele imizwa yabanye futhi sibabonise
ukucabangela ukuze sifinyelele ukuvumelana nokuqonda
Ukuze wenze lokhu, kumelwe uqaphele, uqaphele, futhi
unake wonke umuntu okuzungezile
Abafileyo abanawo amandla okuthuka abanye, kodwa
lowo ongabanaki unawo amandla okuthuka

Uma uphakathi kwabanye, xhumana nabo
ngokucophelela, ngamandla, nangesithakazelo, kodwa
gwema ukukhuluma ngawe

Wonke umuntu ufuna ukukhuluma ngaye, kodwa
kuyindlela ebuthakathaka Vumela abanye bakhulume ngaye
uma befisa; lalela lokho abakushoyo. Vumela bakhulume
ngezinkinga zabo, impumelelo yabo, kanye nemibono yabo,
kodwa vumela amandla akho okudonsela phansi
akukhulumele. Ukukhanya kwesibani kuzikhulumela
ngokucacile; vumela ukudlidliza kwakho okuthule
.kukukhulumele ngokucaca okufanayo

UNkulunkulu wangibonisa embonweni ukuthi labo abafa
empini baphupha ukufa okubi kakhulu, kodwa ngokushesha
nje lapho abalungile bevuka emzimbeni bavuka
njengokungathi baphuphe kabi futhi bayajabula ukuthi
.bakhululekile kukho

Konke okuhlangenwe nakho kwethu empilweni
kuyingxenye yephupho lendawo yonke. Isintu sadala
iphupho elibi lempi, kodwa ngemva kokuba izisulu zaleli
phupho elibi zishiye imizimba yazo, ziyaqaphela ukuthi
kwakuyiphupho elibi ezivukile kulo, futhi ziyaqonda ukuthi
.azifile Leli iqiniso elijulile elingokoqobo

Ukuba umuntu ubekwazi ukuthi uyaphupha, ubengeke
ahlupheke ngenxa yokuhlangenwe nakho kwamaphupho
okuphazamisayo. Kodwa uma efinyelela ekuzigcwaliseni
ngaphakathi kwephupho futhi othile eletha isibhaxu
esibulalayo, lelo phupho lokufa libonakala liwuvivinyo
lwangempela nolwesabekayo aze avuke futhi aqaphele
.ukuthi kwakungelona iqiniso

Lokhu kusebenza futhi esimweni ngemva kokufa. Lapho
nje sishiya imizimba yethu, siyaqaphela ukuthi ukuqonda
kwethu akukafi, kodwa kunalokho sikhululiwe emzimbeni
kanye nemingcele yawo yezinto ezibonakalayo kanye
nemikhawulo, futhi kulokho kukhululwa kulele inkululeko
.enkulu

Akufanele neze sicele ukufa, kodwa kunalokho
silungiselele ukuqonda kwethu ngokuhambisana
noNkulunkulu nokuzindla ngaYe, ukuze lapho ukufa kufika
ngesikhathi sako sikubheke njengento engelutho ngaphandle
.kwephupho

Ngingabona imvelo yokuphupha yokuphila nokufa noma
nini lapho ngifuna Ngakho-ke, anginaki ukubaluleka
okukhulu kulo mzimba

Kukhona i-physiology engokomoya engaphansi
kwesimiso sezinzwa esivumela abantu ngokukhethekile
ukufinyelela ezigabeni eziphakeme kakhulu zokuthuthukiswa
.kokwazi

Ubuchopho bomuntu, obukhulu kunobuchopho
bezilwane eziningi ngaphandle kwemikhomo nezindlovu,
buyinkimbinkimbi kakhulu futhi bunamandla amakhulu
okucabanga Lokhu kwenza ubuchopho bomuntu bube
ithuluzi elifanele abantu, abanokuqonda okuthuthukile
kunezinye izidalwa Ukuhlangana kobuchopho
okuyinkimbinkimbi nokuyinkimbinkimbi kwenza abantu
bakhwazi ukucabanga ngokujulile nangokujulile Ngakho-ke,
isintu kuphela esikwazi ukufinyelela amazinga aphezulu
okuqonda, futhi ngenxa yalokho, ukwazi uMdali waso.
Umuntu ohlakaniphile yilowo osebenzisa amakhono akhe
okuqonda ekukhonzeni nasekuzuzeni isintu emazingeni
.ezinto ezibonakalayo, engqondo, nangokomoya
Ubusika bufike ngengubo yabo ebandayo, emhlophe,
efana ne-lily

Izifiso zami zenjabulo zasehlobo seziphelile
Ngatshelwa ukuthi ngifune ukufudumala kwenhliziyo
yakho enomusa
Njengoba kwavela intwasahlobo, idansa, ihlotshiswe
ngazo zonke izinhlobo zezimbali
Nginuka iphunga lamasimu namagquma, ngatshelwa
ukuthi ngikuthande, Nkulunkulu wami

Kwafika ihlobo, lihlabelela izingoma zalo eziluhlaza
emaqabungeni athambile, ukushoshozela kwezihlahla
zombhoxo, kanye nokushoshozela kwezihlahla zikaphayini
Waphikelela ukuthi ngikutshele
Ngisho nomhlabathi othambile nothambile wangithinta
izinyawo zami ezisheshayo
Futhi wabacela ukuba basondele endaweni yakho
engcwele ekhona yonke indawo
Iphunga elithambile langitshela ukuthi ngilande indlela
yalo
Ethempelini lakho elingcwele enhliziyweni yama-roses
anyakazayo ne-basil
Futhi izinyoni zingitshela ukuthi ngikuculele njengazo
Futhi umoya ovunguzayo phezu kwemifudlana
nemifudlana
Ngavusa amabhamuza othando lwami ngawe, futhi
aqala ukuhleka ngaphezu kwesifuba sakho esikhulu
Futhi ngemicu egobile yotshani, ngafunda ukugoba
Ngiyakhothama kuwe, Nkosi
Futhi impepho yangitshela nangephunga elimnandi
lamakha akho
Futhi ngingayigcina kanjani inhliziyo yami igcwele
iphunga lakho elingcwele phambi kwesihlalo sakho
?sobukhosi esingenamkhawulo
Futhi amatshe amancane, athule, anesineke angitshela
ukuze ngikubone ngisho nakulabo abazama ukweba injabulo
yami
Iminyaka ekhohliwe yangicela ukuba ngithumele
kwabanye abantu umlayezo wothando nothando olufingqiwe
.njalo ngomzuzu nomzuzwana
Futhi yonke imicabango yangitshela ukuthi ngikufune
enhliziyweni yakhe
Uthando lwami lwangikhuthaza ukuba ngithande konke
okukhona ngawe

Futhi uthando lwami lwangihlebelala, "Ngithande ngawo
"wonke amandla enginawo, O Nkulunkulu wami
Ngesinye isikhathi ngalala embhedeni wotshani
nezimbali futhi ngaphupha ukuthi konke okukhona
kwakukuhle futhi kujabulisa
Ikhandla lami lalilele otshanini obude, obuluhlaza,
nobuqinile, obabungiphefumulisa ngomoya ophethe iphunga
elimnandi

Ngabe sengiphoqeleka ukuthi ngithinte isandla sami
nomzimba wami, futhi ngamangala ngobukhulu boMdali
wawo. Yebo, ngamangala ukuthi mina, engiqiniseka
ngeqiniso lomzimba wami, ngolunye usuku ngizowushiya
uphumule emhlabeni lo mzimba ozobanda, uphaphatheke,
futhi unganyakazi ngesikhathi sokufa, kuyilapho manje
ubonakala ugcwele impilo futhi uphetha amakhulu emizwa,
izigidi zemicabango, kanye nezigidigidi zemicabango
.nemibono

Lo mzimba uyisigaba lapho izahluko zokuphila zivuleka
khona, lapho imiqumbe yokumamatheka iqhakaza khona,
bese kulandelwa ukufika okungenakugwenywa kokufa.
Lapha, phakathi kwenyama, amathambo, negazi,
nangemuva kwesifihla-buso esihle sesikhumba, kucashe
izimpisi zezifo nezilwane zesifiso. Futhi lapha, ngaphansi
kwenyama, kukhona indlela eyimfihlo eya embusweni
wokukhanya. Lo mzimba uzobona futhi unyamalale lapho
inkosi yawo—umphefumulo—uhamba
ngokungenakuguqulwa. Kungani kungenjalo? Ngoba lapho
inkosi ekhanyisiwe yendawo yokuhlala engokwenyama
ikhathala ukuhlala endlini yento enodaka, edilikayo,
eboshwe yizintambo zemizwa ezifuna ukunakekelwa
okuqhubekayo, uthola induduzo kwenye indlu ekhoni
elithile lomhlaba kaNkulunkulu—kwenye indawo yokuphila
okuphelele lapho iphunga lenjabulo ligcwele yonke indawo
.futhi lingapheli

Umphefumulo ongafi udlala indima yokuphila nokufa
ngokumomotheka okungapheli, bese uya ekhaya lawo
.laphakade

Ingabe ababukeli bamabhayisikobho baphoqelekile
ukuhlala ebhayisikobho unomphela ngemva kokuphela
kombukiso? Ngokuqinisekile hhayi Abantu kumele babuyele
emakhaya Ngokufanayo, imiphefumulo iza lapha
ukuzojabulela umbukiso we-cinema wokuphila, bese ihamba
iphinde ibuye. Bathanda ukubukela amafilimu nemidlalo,
futhi lapho bekhathele yimidlalo ababeyiphupha, futhi
sebezifundile izifundo uNkulunkulu afuna bazifunde,
babuyela unomphela endaweni yokuhlala yenjabulo
.yaphakade

Uma izindinganiso zingasekelwe ebulungiseni, kuvuleka
izikhala lapho usizi nokuhlupheka kungena khona Uma
izinganiso zisekelwe ebugovu, izingxabano ezibulalayo,
kanye nokuncintisana okukhulu, imiphumela izongcoliswa
ngoba izisusa zingcolile, futhi imali ngeke ibusiswe esimweni
esinjalo

Umuntu kumelwe ahlanze unembeza wakhe ebugovu
futhi angazami ukuzicebisa ngokulimaza abanye.
Ukwaneliseka kwangempela kungokomoya, hhayi
ngokwezinto ezibonakalayo, futhi inzuzo yangempela
ekuphileni iwukuba nengcebo yokuhlakanipha, ulwazi,
.nothando lukaNkulunkulu

Kufanele siphile kalula futhi sikhale silwela ukusiza
abanye futhi sithuthukise izimo zabo ngangokunokwenzeka
Kodwa lo mgomo omuhle awuhambisani nobugovu
nobugovu ngaphandle kokubheka abanye
Labo abaphila emhlabeni abanakulinganisela futhi
ngenxa yalokho ababhekwa njengabaphumelelayo. Ukuphila
okulula nokulinganiselayo kuyikhono elihle kakhulu kanye
nophawu lwempumelelo. Labo abahlose ukuthola imali
.kuphela ngeke bathole umusa kuNkulunkulu

Kuyiqiniso ukuthi uNkulunkulu wafaka kithi umuzwa wendlala ukuze sikwazi ukusebenza futhi sondle imizimba yethu, kodwa ukondla imizimba akuyona ukuphela kwenjongo yokuphila. Injongo inkulu kakhulu kunanoma yikuphi ukucatshangelwa kwezinto ezibonakalayo noma okwesikhathi, noma ngabe kungabonakala kumangalisa .kangakanani, kukhazimula futhi kukhazimula kangakanani Omune wabafundi wabuza iNkosi uParamahansa ukuthi ungabubona kanjani ubukhona bukaNkulunkulu. Waphendula wathi, "Njalo ebusuku, ngaphambi kokuzinikela ebuthongweni, zindla uze uzizwe ukuthi ingqondo yakho idabukile ezweni lemicabango futhi yangena kolunye uhlangothi. Kodwa-ke, lokhu akupheleli lapho. Ngemva kokuguqula ingqondo ibheke ngaphakathi, ukulangazelela kumele kukhuphuke, futhi izifiso kumele zigijime njengesikhukhula kuNkulunkulu. Lapho umfundi ezinikela ngokuphelele kuNkulunkulu, ngokuzumayo uzizwa sengathi uthinte ubukhona Bakhe obubusisiwe futhi wambona. Uzobona ukukhanya okukhulu kokukhanya okukhulu, futhi angabona izingelosi nemiphefumulo enomusa. Noma angase azwe iphunga elidakayo lasezulwini, futhi uzokwazi ukuthi uNkulunkulu umphendulile, futhi ukuqonda kwakhe kuzovuleka, futhi uNkulunkulu uzomembulela izimfihlo zokuphila. Noma angase ambozwe ukuthula okukhulu ngesikhathi sokuzindla. Uma eqhubeka nokuzindla futhi uNkulunkulu emnikeza uthando Lwakhe olukhulu, uzozwa injabulo yaphezulu engenakuchazeka. Ubusisiwe lowo ".onikezwe lesi sipiliyoni esijabulisayo Uthando lwaphezulu luvula isango lezulu, lapho umfundi engena khona ebukhoneni bukaNkulunkulu Uma umuntu ecela uNkulunkulu, onomusa nohlakaniphile, isinkwa sokuphila okuphakade, ngeke amnike itshe lokungazi okubonakalayo Uma umkhulekeli efuna ukudla kokuhlakanipha, uNkulunkulu ngeke amnike inyoka yokukhohlisa Uma umkhulekeli ecela uNkulunkulu

ingqikithi yenjabulo yaphezulu eqeda konke ukoma, ngeke
amnike ufezela wokukhathazeka nokucindezeleka
kwengqondo Uma abantu abakhohlisiwe bekwazi ukunikeza
izingane zabo izipho ezinhle, kangakanani-ke iNkosi—
umthombo wabo bonke ubuhle nenjabulo—izobanika ulwazi
!olungokomoya nokukhanya kulabo abamthandayo
UNkulunkulu unikeza ukuhlakanipha okuphezulu nolwazi
olukhulu kulabo abakufunayo, futhi uzinikela kumuntu ofuna
ngobuqotho ongamukeli lutho oluzomthatha indawo yakhe.
Lowo ofuna uNkulunkulu ngenhliziyo yakhe yonke
nomphefumulo wakhe ungumuntu ohlakaniphe kakhulu
kunabo bonke, futhi ungumuntu othandekayo kuNkulunkulu.
Lapho ukulangazelela komkhulekeli kukhula, uthola
impendulo engavamile nethandekayo evela kuNkulunkulu
futhi athole injabulo eyingqayizivele yothando olutholwa
.yilabo abathanda oThandekayo
Umuntu ohlakaniphile odlala indima yakhe kuleli phupho
lendawo yonke ngokuqonda okungokomoya kanye
nokulangazelela okukhulayo kwaphezulu useduze
noNkulunkulu futhi uyamthanda. Unothando olumsulwa futhi
uthanda uNkulunkulu ngaphandle kwezisusa zobugovu futhi
ngaphandle kwemibandela, njengokuthi, isibonelo, "O Nkosi,
ngizokukhonza ngombandela wokuthi ungiphe impilo, imali,
".nokuphila okunethezekile
Phakathi kwabahlakaniphileyo noNkulunkulu kukhona
uthando olujulile, oluhlangene olungenamkhawulo
nolungapheli. Uma umuntu ecela uNkulunkulu okuthile
okuqondile, uNkulunkulu uyazi kahle ukuthi lowo muntu
.unesithakazelo esikhulu eziphiweni Zakhe kunakuYe
Akukubi ngomuntu ukuthandazela ukuba izidingo zakhe
zaneliswe, kodwa uma enxusa ukwazi uNkulunkulu futhi
ebona ukukhanya kobuso Bakhe obukhazimulayo, akufanele
afise inzuzo yomuntu siqu kukho, futhi imicabango yakhe
akufanele ilinganiselwe eziphweni ngokwazo, kodwa
kunalokho kuMuphi uqobo Lwakhe. Lapho umfuni ekwazi

ukwenza lokhu ngobuqotho, uzothola ngokuzenzakalelayo
zonke ezinye izipho ezivela emthonjeni wokupha kanye
.nolwandle lwezibusiso

Omunye wabafundi wacela iseluleko kuthisha
uParamahansa mayelana nendlela yokuziphatha ezimweni
:ezithile kanye nokusebenzelana nabanye, wathi
Landela iqiniso futhi ungaphambuki kulo, futhi ugweme
ukusho noma yini engase ilimaze wena noma abanye, noma
ngabe iyiqiniso, uma nje ungaphambuki emoyeni weqiniso.
Ngesikhathi esifanayo, akumelwe uye kokweqisa futhi
uqambe amanga ukuze ugweme ukusho amaqiniso
.abuhlungu

Thembeka kuwe nakwabanye ngaphandle kokugxila
ezintweni ezingadingekile Khuluma iqiniso futhi ugweme
ukusho izinto ezilimaza noma ezilimaza noma ubani.
Ungazivezi zonke izimfihlo zakho egameni lokwethembeka
nokungafihli lutho, ngoba uma uveza ubuthakathaka bakho,
bazozama ukukulimaza noma ukukuhleka noma nini lapho
bezizwa befuna. Kungani ubanike isikhali abangasisebenzisa
?kuwe

Khuluma futhi wenze ngendlela eletha injabulo
nokuthula kuwe nakwabanye

Kuyadingeka ukuthuthukisa ukuqonda okungokomoya
ukuze wazi umehluko phakathi kweqiniso eliletha okuhle
nokulandisa amaqiniso ngaphandle kokucabangela
imiphumela engaba khona ngenxa yawo, ngoba izinto
zahlulelwa ngokuphela kwazo. Akukuhle ukusho konke
okwaziyo, futhi akukuhle ukugwema nokufihla izinto
.okufanele abanye bazazi ukuze bazuze

Uma ungenakho ukuqonda okugcwele, kungcono
ukuzibamba enkulumweni uze ube nokuqonda okuqondile
.kweqiniso okunemiphumela efanele kubo bonke
Qhubeka ucabanga ngoNkulunkulu futhi ucele usizo
nesiqondiso Sakhe, futhi ukuqonda kwakho kuzovuleka

ukuze ubone izinto ngokucacile bese uzokwazi ukuhlukanisa
.kangcono

Ukushaja amangqamuzana omzimba ngamandla

obusha

Amandla asendaweni yonke ageleza emzimbeni njalo
futhi ngaphandle kokuphazamiseka, kodwa abantu abaningi
abazi ngalobu bunzima obuningi Labo ababuzwayo bathola
amandla amaningi emaseli abo kanye nomsinga ovuselelayo
.obanikeza amandla avuselelwe

Yonke imvelo ikhothama ngenhlonipho eNkosini
Yomhlaba Wonke, futhi amandla Akhe ageleza phakathi
kwabantu Inkinga isekuhlulekeni ukuhlakulela ukuxhumana
okuqinile phakathi kwesintu nomthombo wawo wonke
amandla Siphila ngqo ngamandla aphezulu, futhi wonke
amanye amandla awasizi ngalutho ngaphandle kwamandla
kaNkulunkulu asekelayo

Ukudla, umoya-mpilo, kanye nokukhanya kwelanga—lezi
zinto zingasinika izinga elithile lempilo, kodwa sidinga
ukuqonda ukuthi singayithola kanjani impilo ephelele
emithonjeni ye-Infinite Source Material ifana namabhethri
amancane agcina ephelelwe amandla, kuyilapho i-Infinite
Source ingumkhiqizi onamandla onamandla angalokothi
anciphe, eqhubeka nokunikeza umphefumulo amandla,
injabulo, kanye namandla. Ngakho-ke, kubaluleke kakhulu
.ukuthembela ku-Infinite Source ngangokunokwenzeka

Umuntu ofisayo kumele afunde indlela efanele yokuzuza
kulokho okubalulekile okuvela ngqo emthonjeni wawo, futhi
kumele aqaphele ukuthi umcabango ungokoqobo, ngoba
zonke izenzakalo zemvelo ziyisibonelo somcabango
waphezulu ngoba uNkulunkulu wacabanga ngalo mhlaba
.ngaphambi kokuwudala

Abaningi bakholelwa ukuthi umcabango uwumkhiqizo
womzimba, kodwa ukwakheka komzimba okunembile
kakhulu, kanye nokuxhumana okumangalisayo phakathi
kwezingxenye zawo nezitho, kubonisa ngokusobala ukuthi

umzimba uwukudalwa kwengqondo ephakeme kakhulu
.yendawo yonke

Inggondo iyisici esiyinhloko esilawula umzimba, futhi
kubaluleke kakhulu ukuthi umuntu agweme iziphakamiso
zengqondo zokushiyeke kwabantu njengokugula,
ubuthakathaka, ukuguga, nokukhungatheka, futhi
aziqinisekise ukuthi umsebenzi ongapheli ugeleza kuye, futhi
lo msebenzi unikezwe ubuhlakani futhi uyakwazi ukushaja
amangqamuzana omzimba ngenhlalakahle kanye namandla
.obusha

Umcabango ubuchopho, imizwa, kanye nemizwa yawo
wonke amaseli aphilayo; unamandla okugcina umzimba
usebenza futhi uphapheme noma ukhathele futhi uvilapha
Umcabango ungumphathi, futhi amaseli omzimba
ayizikhonzi zawo, elalela imiyalo kanye nemikhawulo yenkosi
yawo ephakeme: umcabango

Sinaka kakhulu ikhwalithi yokudla esikudlayo nsuku
zonke, futhi ngokufanayo kufanele sinake ikhwalithi yokudla
kwengqondo nokwengqondo esikunikeza izingqondo zethu
.nsuku zonke

Usosayensi wezinto eziphilayo uthi umzimba awusiwo
amagagasi kagesi kodwa igagasi lokwazi elintanta olwandle
.lokwazi kwaphezulu

Nsuku zonke kumelwe siqinise amandla ethu omzimba,
sandise amandla ethu engqondo, futhi sazi ukuthi singobani
ngempela ngokuzindla, ukucabanga okunengqondo, kanye
nomsebenzi omuhle nokhiqizayo ozuzisa umzimba, ingqondo
.nomoya ndawonye

UNkulunkulu ungibusise ngenjabulo kuyo yonke le
minyaka emide yokuphila kwami Kungakhathaliseki ukuthi
abantu babona ukumamatheka kokwaneliseka ebusweni
bami noma cha, injabulo yaphezulu ihlala inami futhi
ayingishiyi. Umfula omkhulu wenjabulo ugeleza njalo
ngaphansi kwesihlabathi sokuqonda kwami futhi uqhuma
.njengemithombo ebusisiwe enisela izingadi zempilo yami

Ukuphazamiseka okuzumayo kokuphila akukwazi
ukuphazamisa ukuthula kwami, futhi iphupho lokufa alikwazi
.ukungiphuca injabulo engokomoya engiyizwayo
Kwakunzima ukwenza lesi simo sibe esihlala njalo futhi
esingaguquki, kodwa izithelo zomoya engizijabulelayo futhi
engizabelana ngazo nabanye manje zazifanele wonke
.umzamo engangiwenza kuso
Ngicabanga futhi ngenza ngiqondiswa umoya waphezulu
Imali ayikaze ibe umgomo wami empilweni, kodwa
kunalokho ukukhonzisa abafowethu nodadewethu esintwini.
Ngakho-ke, uNkulunkulu ungivulele iminyango eminingi
yobuhle ukuze ngizisekele futhi ngifeze umsebenzi wami.
Noma nini lapho ngidinga usizo, uNkulunkulu ulunikeza
.ngokushesha
Isifiso sami kuphela ukukukhonzisa, yingakho ngilapha
Amandla kaNkulunkulu ayasebenza empilweni yakho
futhi. Uzoqondisa leli qiniso lapho ukholo lwakho luqiniswa
futhi uqaphela ukuthi ingcebo yangempela ayiveli
empumelelweni yezinto ezibonakalayo kodwa ivela
.kuSomandla
Nakuba impilo ibonakala ingalindelekile, ingenasisekelo,
futhi iyimfihlakalo, igcwele ukungabaza nazo zonke izinhlobo
zezinkinga kanye nezinxushunxushu, sihlala singaphansi
kwesivikelo sikaNkulunkulu esiqhubekayo. Akufanele
sidlulisele izinto ngokweqile noma silahlekelwe ukuzibamba
lapho sibhekene nezenzakalo, ngoba uma sivumela
ukwesaba kusinqobe, sinikeza amandla ebubini futhi sijulise
izimpande zabo, ezikhula futhi zichume emhlabathini
.wokwesaba nokukhathazeka
Akufanele silindele ukuthola injabulo nokuthula okuhlala
njalo ezinhlophekweni zokuphila; kunalokho, kumelwe
sizifune futhi sizithole ngaphakathi kithi. Khona-ke, noma
ngabe yikuphi okuhlangenwe nakho esidlula kukho,
sizobhekana nakho ngendlela efanayo esibukela ngayo

okuhlangenwe nakho komunye umuntu ku-movie, kungaba
.okujabulisayo noma okubuhlungu

Umuntu angashintsha konke okuhlangenwe nakho
kwakhe kube yizilingo ezibuhlungu nezingenanjabulo uma
evumela ingqondo yakhe ukuba yenze kanjalo. Bangase
bajabulele impilo enhle kodwa bahluleke ukwazisa
ukubaluleka kwayo. Kodwa uma begula, bazozithoba futhi
bazise isibusiso senhlalakahle. Kufanele siqaphele umusa
kaNkulunkulu futhi simbonge ngezibusiso asipha zona
ngaphandle kokulinda izimo ezimbi ukuba zisenze sibonge
.futhi siqaphele umusa wakhe

Impilo kufanele ibe yinhlanganisela yokuzindla kanye
nesenzo Lapho umuntu elahlekelwa ibhalansi yakhe
yengqondo, uba sengozini yokuhlaselwa ukukhathazeka,
amafu osizi, kanye nobuhlungu. Futhi uma ezama ukwephula
imithetho yempilo, ukuchuma, nokuhlakanipha, nakanjani
.uzohlushwa ukugula, ubumpofu, kanye nokungazi
Kumelwe sigcine izinhloso zethu zimsulwa, izisusa zethu
zihlanzekile, futhi senze ngendlela esilethela ukuthula
kwengqondo, futhi singavumeli izimo zokuphila ziphazamise
.ukuthula kwethu futhi zibhubhise injabulo yethu
futhi siqinise ingqondo yethu futhi sengabe umthwalo
wobuthakathaka bokucabanga nokuziphatha obuzuzwe
eminyakeni nezizukulwane. Lokhu kungcola kumele
kushiswe emlilweni wokuzimisela okusha kanye nesenzo
esikhiqizayo. Ngale ndlela eyakhayo, umuntu ozinikele
ngempela angafinyelele emkhawulweni wenkululeko
.nenkululeko

Imithetho yaphakade yenjabulo

Kuthiwa ngesikhathi segolide lomunye wababusi
abalungile baseNdiya, akukho sigameko, ukufa ngaphambi
kwesikhathi, noma izinhlekelele zemvelo ezenzeka
ezaphazamisa ukuthula nokuzwana okuphelele kombuso
.wakhe

Uma amalungu omndeni ephila ngobuqotho obukhulu,
wonke amakhaya azozwa ukuzwana, impilo, kanye nothando
olwengeziwe. Kodwa uma amalungu omndeni ephathana
ngobugovu obubi, ikhaya lizogcwala ngokuzenzakalela
ukungezwani nenzondo. Lokhu kusebenza nasezizweni. Uma
abantu bephila ngokwethembeka nangobuqotho, bazobona
.uMbuso kaNkulunkulu Emhlabeni

Isikhathi sifushane Namuhla silapha, kusasa sizohamba
Ukufuna uNkulunkulu kuyilungelo eliphakeme kakhulu
lesintu Kumelwe siyisebenzise ngokugcwele inkululeko
uNkulunkulu asinike yona kulokhu kuphila futhi siyisebenzise
ngokuhlakanipha ukuze sikwazi ukuzwa amaqiniso
angokomoya aphakade mathupha

Isono yikho konke okubangela ubuhlungu nokuhlupheka
kumuntu Ubuhle yibo obumenza ajabule kuze kube phakade

Uma umuntu engenakho ukuvumelana ngokomoya
emicabangweni yakhe nasekuthuleni ngaphakathi kuye,
indlu entsha, imoto entsha, noma yini entsha ngeke ikwazi
ukuletha injabulo nokuthula emphefumulweni wakhe;
kunalokho, ukuhlupheka kwakhe kwangaphakathi kuzohlala
.ngisho nalapho ethola lezo zinto ezintsha nokuningi

Injabulo yangempela itholakala ekhonweni lokulwa
nezimo nokubekezelela zonke izilingo zangaphandle.
Itholakala lapho ungakwazi ukubekezelela ubuhlungu
obukhulu nobunzima obunzima obubangelwa ubandlululo
nemizamo yonya yabanye yokukulimaza nokukubamba, futhi
uphendula eziphambekweni zabo ngothando nokuthethelela.

Uma ukwazi ukugcina ukuthula kwengqondo naphezu
kobuhlungu bezimo zangaphandle, khona-ke uzonambitha
.injabulo

ImiBhalo Engcwele ithi labo abanganaki imiyalo
yaphezulu futhi balandele izifiso zabo zobuwula kanye
nezifiso zabo ngeke bathole injabulo noma bafinyelele
umgomo wabo wokugcina. Inxusa umfuni weqiniso ukuba
enze imiBhalo Engcwele ibe ukukhanya kwabo okuqondisayo

kanye nokwahlulela ekunqumeni ukuthi yini okufanele
yenziwe nokuthi yini okufanele igwenywe, futhi baqonde
.izindaba futhi benze ngokuhlakanipha

Labo abazethembayo yilabo abenza ngobuqotho

Injabulo ivela kuphela emicabangweni emsulwa
nasezenzweni eziqondile Uma ujabule manje, uzojabula
esikhathini esizayo, kokubili lapha nakwesilandelayo
Kumelwe siqoqe isivuno senhlanhla ngokuqoqa izithelo
zokuhlakanipha kuyilapho ilanga lamathuba atholakalayo
likhanya Ngamanye amazwi, kumelwe sibambe amathuba
ngaphambi kokuba sekwephuze kakhulu
uma ungalisebenzisi Sebenzisa ithuba, ngoba)

(ithuba, lizoba umthombo wokuzisola
UNKulunkulu usinike imithetho engokomoya ebizwa
ngokuthi imiyalo Kodwa le miyalo ayinakwa futhi yephulwa
nsuku zonke nakuzo zonke izindawo Ngaphandle kokuba
abantu baqonde incazelo yayo engokomoya, bazohlala
bekhononda ngayo futhi bayifulathele Le miyalo iyimithetho
yokuziphatha engaphelelwa yisikhathi evunyelwe yizo zonke
izinkolo zika-Abrahama. Kodwa-ke, imibhalo ivame
ukwehluleka ukuchaza izici zengqondo zale miyalo kanye
nezinzuzo ezihambisana nokuyilandela. Abantu
bayayamukela le miyalo ezindaweni zokukhulekela kodwa
bayahluleka ukuyilandela ngaphandle kwayo, bethethelela
lokhu ngokuthi le mithetho ayisebenzi, ayinangqondo, futhi
ayihambisani nesikhathi. Kodwa-ke, ukwephulwa kwale
miyalo kuyimbangela eyinhloko yazo zonke izinhlupheko
.emhlabeni

Kodwa iyini inzuzo yaleyo miyalo futhi izinzuzo zayo

?zikuphi

Izincwadi ezingcwele zeluleka umuntu ukuba acabange
ngoNkulunkulu, acwilise ingqondo yakhe kuYe, anikele zonke
izinto kuYe, futhi amkhulekele ngokukhulekela okuqotho,
okungaxutshwe nobuzenzisi futhi okungangcoliswanga
.ngokuzenzisa

Ukwazi uNkulunkulu kufanele kube umgomo oyinhloko
wokuphila Imisebenzi yezwe ayinakufezwa ngaphandle
kwamandla uNkulunkulu awanike isintu Ukwenza imisebenzi
evamile ngenkathi ukhohlwa uNkulunkulu kuyiphutha
nesono

Isono sisho ukungazi: ukwenza ngendlela ephambene
nobuhle obukhulu bomuntu

Kungani abantu bezizwa bedabuka futhi bezisola?

Ngoba abazange benze ngobuqotho ngoba uNkulunkulu
.wayengekho kuqala ezinhliziyweni zabo

Akukho lutho empilweni yomuntu okufanele lubhekwe
njengolubaluleke kakhulu kunoNkulunkulu Uma umuntu
ekhathalela uNkulunkulu ngempela futhi efeza isibopho
sakhe esingokomoya kuYe, izimo zakhe zizothuthuka ngazo
zonke izindlela, futhi uzozizwa ephephile futhi evikelekile
.naphezu kwazo zonke izimo ezimzungezile

Lapho nje umuntu eqala ukukhulekela izimpahla, imali,
udumo, noma yini enye ngaphandle kukaNkulunkulu,
ukungajabuli kuba yinto yakhe Labo abagxila konke ukunaka
kwabo kulezi zinto empeleni bayazikhulekela, ngakho-ke
abasondeli kuNkulunkulu kodwa kunalokho bayasuka kuYe.
Kodwa labo abacabanga ngoNkulunkulu, bazindla ngaYe,
futhi baxhumana naye ezinhliziyweni zabo basondela kuYe
futhi bathole injabulo yangaphakathi ekuxhumaneni kwabo
.buthule naYe

UNkulunkulu kuphela okwazi ukugcwalisa amaphupho
abantu kanye nethemba lenjabulo ehlala njalo. Ngakho-ke,
akukho lutho okufanele luvunyelwe ukuthatha indawo
.kaNkulunkulu enhliziyweni

Kunezimpawu ezingcwele ezingasiza umfuni
ukukhumbula uNkulunkulu nokusondela kuYe. Kodwa-ke,
uma umuntu eqala ukukhulekela lezi zimpawu, ukulimala
kwakhe kuzodlula inzuzo yakhe. Ukukhulekela kufanele
kuqondiswe kuNkulunkulu kuphela, ngoba akukho okunye
.okufanele ukukhulekelwa

Kungakhathaliseki ukuthi ukukhulekela okungokwesiko
kuyini, kuyamukeleka kuNkulunkulu uma nje umkhulekeli
ekwenza ngokuqonda okungokomoya nokulangazelela Yena.
Kodwa-ke, abantu abaningi abaqondi ingqikithi
yokukhulekela, futhi imicabango nezinhliziyi zabo
ziphambukile kuNkulunkulu ziye emikhosini, ngaleyo ndlela
.zingazuzisi kakhulu ekukhulekeleni kwabo
Abakhulekeli beqiniso abavumeli ukuqonda kwabo
kuvinjelwe kunoma yisiphi isithombe noma isimo, kodwa
bagxila ngothando olujulile kanye nokunaka okugcwele
emoyeni waphezulu ongemuva kwazo zonke izithombe
.nezinhlobo
UNKulunkulu uphelele futhi akanamkhawulo, futhi
akukho sithombe noma isithombe esingamthwala
Kungashiwo ukuthi uNkulunkulu uzibonakalisa kuwo
wonke umuntu omthanda ngobuqotho futhi ovumelana
Naye, ngoba ukhona yonke indawo ngakho-ke ukhona kuwo
wonke umuntu. Nokho, akuwona wonke umuntu onekhono
lokubonakalisa ubukhona bukaNkulunkulu. Ilanga likhanya
ngokulinganayo kokubili kumalahle nasedayimaneni, kodwa
idayimane liyamukela futhi libonise ukukhanya kwelanga,
kuyilapho ilahle lingenakukwazi. Ngokufanayo, bonke abantu
bacwiliswa ekukhanyeni kukaNkulunkulu, kodwa bambalwa
kuphela abakwazi ukuthola lokho kukhanya futhi bakubonise
emicabangweni nasezenzweni zabo. Ukuze benze kanjalo,
kumelwe bazihlanze ngokuzindla nangokulandela
.izimfundiso nemiyalelo yaphezulu
Uma sibiza igama likaNkulunkulu, kumelwe siqaphele
ngokujulile nangobuqotho lokho esikushoyo Uma
ubungabona imicabango yabantu ngesikhathi somthandazo,
ubungathola ukuthi iningi labo licabanga ngakho konke
ngaphandle kukaNkulunkulu, yize bebiza igama Lakhe!
.Umthandazo onjalo awunazithelo futhi awunamsebenzi
Uma sithandaza, kufanele silwele ukugxila izingqondo
zethu zonke kuNkulunkulu, kunokuba simane siphindaphinde

igama Lakhe elibusisiwe ngenkathi sivumela imicabango
yethu ukuba izulazule. Omunye womalume bami wayevame
ukusho imithandazo yakhe phezu kwamabhere omthandazo,
okwakungavamile ukuba aphume esandleni sakhe. Kodwa
wavuma kimi ngolunye usuku ukuthi naphezu kokwenza lo
mkhuba wokuthandaza iminyaka engamashumi amane,
uNkulunkulu wayengakayiphenduli imithandazo yakhe.
Akumangalisi! "Imithandazo" yakhe yayiyinto nje yomkhuba
.wokukhathazeka

Uma sithandaza, akufanele sicabange lutho ngaphandle
kukaNkulunkulu. Kufanele silwele ukuba qotho
ekukhulekeleni kwethu futhi sizinikele ekunxuseni kwethu.
Ukusebenzisa ubuhlalu bomthandazo nokubiza igama
likaNkulunkulu njalo kuyamukeleka ngokuphelele uma
umkhuba usuka enhliziyweni futhi usekelwa ubuqotho
nengqondo egxile. Kodwa-ke, lo mkhuba ungaba
.ngokuzenzakalelayo ngokuhamba kwesikhathi
Kumelwe sihlebele igama likaNkulunkulu ezinhliziyweni
zethu, kurosari yokulangazelela nothando lwaphezulu; lokhu
kungukukhulekela kweqiniso okuthinta inhliziyo
kaNkulunkulu Ukubiza igama likaNkulunkulu ngokubandayo
nengqondo ezulazulayo kuwukuhlambalaza nokungahloniphi
Lapho umuntu ethandaza, inhliziyo nengqondo yakhe
kumele igcwale uthando lukaNkulunkulu Ukuzijwayeza
ukugxila kwengqondo ngokusebenzisa izivivinyo ze-yoga
eziphakeme kuisiza ukuba sisondele kuNkulunkulu,
umthombo ophakeme wenkazimulo nobukhazikhazi, futhi
kuisiza nokuba sicabange futhi sixhumane Naye
Kubalulekile ukunikela usuku olulodwa ngesonto
ekuphumuleni ngokomoya (uma kungenzeka) ukuze
ucabange ngoNkulunkulu futhi uzizwele ukuthula, ukuthula,
nokuthula kwangaphakathi Isikhathi esichithwa ngale ndlela
sizoba umuthi oduduzayo ezinkingeni nasezinkingeni
.ohlangabezana nazo phakathi nesonto lonke

Wonke umuntu udinga ukuchitha usuku olulodwa isonto
ngalinye eyedwa noma "ekuphumuleni ngokomoya" ukuze
aphulukise amanxeba nezinhlungu zakhe ezingokomzwelo
Lapho lolo suku luba lokuthula, injabulo, nokwaneliseka,
.uzolulinda ngokulangazela isonto nesonto

Ukuba wedwa kuyintengo yobukhulu Uzomangala
ngemiphumela emihle ezotholakala engqondweni yakho,
emzimbeni, nasemphefumulweni wakho ngalokhu kuhoxa
ngokomoya kanye nokuxhumana nomoya wakho kanye
noNkulunkulu. Uma ufisa injabulo yangempela, kumelwe
uzicwilise olwandle lokuthula kwaphezulu ekuseni kakhulu
.lapho uvuka, futhi nangaphambi kokulala ebusuku

Izihlakaniphi zaseNdiya azicebisi usuku olulodwa
lokuzihlukanisa, kodwa zigcizelela isidingo sokuzindla
buthule ngezikhathi ezine ezigondile nsuku zonke Ekuseni,
ngaphambi kokuvuka nokubona noma ubani, umuntu
kufanele ajabulele ukuthula nomuzwa wokuthula Emini,
umuntu kufanele athulise ingqondo ngaphambi kwesidlo
sasemini, futhi aphinde ajabulele isikhathi sokuthula
ngaphambi kwesidlo sakusihlwa Ekugcineni, ngaphambi
kokulala ebusuku, umuntu kufanele angene esimweni
sokuthula futhi

Labo abaqaphela ukuthula ngokucophelela ngesikhathi
bebodwa futhi phakathi nalezi zikhathi ezine zansuku zonke
nakanjani bazozizwa bevumelana noNkulunkulu Labo
abangakwazi ukugcina zonke lezi zikhathi kufanele banikele
okungenani amahora asekuseni nakusihlwa Ngokwenza
kanjalo, izimpilo zabo zizoguqulwa zibe ngcono, futhi
bazozwa injabulo; okuhlangenwe nakho kuwubufakazi
obuhle kakhulu

Uma uqhubeka nokubhala nokusayina amasheke
ngaphandle kokufaka imali eyanele ukumboza i-akhawunti
yakho yasebhange, uzophelelwa yimali. Kunjalo
nasempilweni yakho. Ngaphandle kokufaka njalo ukuthula
ku-akhawunti yakho yokuphila, amandla akho azophela,

ukuthula kwakho kuzophela, futhi injabulo yakho izophela.

Ngamafuphi, ekugcineni uzohlupheka ngokomzwelo,
ngokwengqondo, ngokomzimba, nangokomoya. Kodwa
ukuzindla okujulile nsuku zonke ngoNkulunkulu kuzovala
.ukuntuleka komphefumulo wakho

Umuntu ofuna izinto ezingcwele uyazindla nsuku zonke,
exhumana noNkulunkulu ngalo lonke uthando
nokulangazelela enhliziyweni yakhe, emncenga ukuba
aziveze. Uma ungumthandi kaNkulunkulu futhi ulangazelela
ukuzwa ubukhona bakhe, kumelwe ucwilise ingqondo
nomzimba wakho ekuthuleni kwaKhe, futhi impilo
izokumomotheka, futhi izindaba zakho zizothuthuka
ngezindlela eziningi. Umuntu ozolile akavamile ukwenza
amaphutha futhi aphumelele lapho izinkulungwane zehluleka
.khona

Labo abangacabangi ngoNkulunkulu noma
abangamkhathaleli bayacindezeleka futhi babe lusizi.
.Bayacasuka futhi baphenduke imishini yokuhamba
Ilanga lokuhlakanipha nokuthula lizophuma
esibhakabhakeni sokuthula futhi lizogubuzela ubukhona
bakho ngemisebe yalo yokuphulukisa uma nje wenza
umzamo ongokomoya futhi unika uNkulunkulu indawo
.yokuqala enhliziyweni yakho

Usuku lokuzindla kufanele futhi lube usuku lokuphumula
kwengqondo nokwenyama kanye nokuhlakulela ukuthula
kwangaphakathi Noma yimuphi umsebenzi oveza
ukuhlakanipha nokuthula uwumsebenzi obusisiwe ngalolo
suku

Ngokuphathelene nokuhlonipha abazali, izincwadi
ezingcwele zitusa ukubaphatha kahle: “Hlonipha uyihlo
”nonyoko” kanye nokuthi “Yiba nomusa kubazali
Obaba nomama abangabantu kufanele bahlonishwe
njengabameleli bakaNkulunkulu, owabapha isipho sokudala
isintu. Umama uyisibonelo sothando lukaNkulunkulu
olumsulwa, ngoba umama onothando uyathethelela lapho

kungekho omunye umuntu ozothethelela khona. Ubaba
uwukubonakaliswa kokuhlakanipha kukaNkulunkulu
.nesivikelo sakhe kubantwana bakhe
Umuntu akufanele athande uyise nonina ngaphandle
kukaNkulunkulu, kodwa njengokubonakaliswa kothando.
Umvikeli nohlakaniphile. Umoya ophakeme waphezulu uba
ngubaba nomama ukusiza ingane, ngakho-ke kumelwe
.uhlonishwe kubazali

Imibhalo isiyala futhi ukuba singabulali ngenxa
yokubulala, ngoba umuntu uba ngumbulali. Umuntu
akufanele abulale omunye ngesikhathi somzwelo ojulile.
Kodwa-ke, uma abathandekayo besongelwa, umuntu
kumelwe alwe ukuze avikele labo uNkulunkulu abaphathise
bona, ngoba kungumsebenzi ongawele ukuvikela umndenini
.nezwe lakho

Ngokuphathelene nokuvinjelwa kokuphinga, inhloso
enhle yokuhlangana ngokocansi kufanele kube ukuzala
abantwana abadale ngomfanekiso kaNkulunkulu kanye
nokubonakaliswa kothando oluhlanzekile oluzwa
ngabalingani ababona uNkulunkulu komunye nomunye Labo
abaphila kuphela ezingeni elingokwenyama, ngaphandle
kokunaka uthando lweqiniso noma injongo ephakeme
okwadalelwa yona isifiso sobulili, bayaphinga ngokwalo
myalo. Kulokhu, abahlukile ezilwaneni ezanelisa izifiso zazo
.zobulili bese ziqhubeka nendlela yazo
UNkulunkulu wadala lo mdlantla wokudala kwabesilisa
nabesifazane wokuzala nokubonisa uthando lweqiniso
emshadweni, futhi akufanele lusetshenziswe kabi ngenye
indlela, kodwa kunalokho luguqulwe lube umsebenzi
.ongcwele nolwazi

Uma ungakwazi ukulawula nokusabalalisa amandla
ocansi ngaphakathi kwakho, uzokwazi ukuthuthukisa
amakhono amakhulu engqondo okubhala, ukudweba, noma
.okwembula amakhono afihliwe ngezinye izindlela eziningi

Futhi lapho ekugcineni usukwazi ukulawula nokuguqula
ngokomoya umsebenzi wokudala, uzothola ukuthula
okukhulu, uthando olukhulu, kanye nenjabulo engokomoya
.ekhulayo

Osanta nabaholi abangokomoya abashintshe ubulili
babo ngokomoya bayiziqhwaga ezikwazi ukwenza imisebenzi
emangalisayo nemangalisayo emhlabeni nasekufuneni
.iqiniso ngendlela engavamile

Ngakho-ke, ukusetshenziswa okuphezulu kwesifiso
sobulili ukuphakamisa amandla aso, okungukuthi,
ukuhambisa amandla aso enjongweni ephakeme ukuze
kubonakaliswe ukuhlakanipha, imibono ephakeme, kanye
nemibono engokomoya Umuntu akufanele athole injabulo
emicabangweni yobulili noma afise lokho okwenqatshelwe
Lapho lolu hlobo lokuzithiba selufeziwe, umuntu uzoba
nombono oqinile ngocansi kanye nenjongo yalo ephakeme
Ukuba yisigqila sezindaba zocansi kusho ukulahlekelwa

yimpilo, ukuzithiba, nokuthula kwengqondo, futhi
.ngamafuphi, zonke izinto zenjabulo umuntu azidingayo
Izincwadi ezingcwele zisikhuthaza futhi ukuba singabi

Uma iqembu labantu abayinkulungwane lingantshontshana,
ngamunye uzoba nezitha ezingu-999 Ngakho-ke, umuntu
akumelwe aphule amalungelo abanye, noma athathe izwe
lakhe, ukuthula, uthando, isithunzi, noma noma yiziphi izinto
zakhe ezibonakalayo noma ezingokomoya Uma ungazizwa
unesifiso sokuthatha okungekona okwakho, okudingayo
noma okufisayo kuzokuza kuwe Ubusela buqala
engqondweni lapho umuntu eqala ukuba nomona nabanye
Imbewu yezifiso ezimbi kumele isuswe engqondweni
Ububele obungokomoya yindlela Khona-ke, umuntu
uzodonsela inala ngokwemvelo, futhi izibusiso zizogeleza
kuye zivela emithonjeni ayaziyo kanye nemithombo
angayazi Kungumthetho waphezulu ongenaphutha
Ngokuphathelene namasela nabantu abanobugovu, bachitha
izimpilo zabo bexosha izinto ezibonakalayo, amehlo abo

ahlala ebheke kulokho abanye abanakho, noma ngabe imali
yabo igcwele igolide

Ngaphandle kokuba ubugovu bezinto ezibonakalayo
bungashiywa, umhlaba awukwazi ukujabula

Injabulo itholakala kuphela ngokubambisana
ngokomoya. Ifika lapho umuntu ezwa izidingo zabanye
njengokungathi zezakhe futhi esebenzela abanye njengoba
.ezisebenzela yena

Omunye umyalo obalulekile ukugwema ukufakaza
amanga Ukulimaza noma ubani ngokuhlanekezela iqiniso
kungenye indlela yokuphazamisa ukuthula komphakathi
Uma umuntu efisa ukuphathwa kahle, kufanele apha
abanye ngendlela efanele

Iqiniso kufanele lihlale likhulunywa, kodwa kufanele
kuhlukaniswe phakathi kokusho iqiniso nokusho amaqiniso
nje. Ukubiza umuntu ngokuthi uyisilima noma
uyimpumputhe kuyalimaza futhi akusizi; umuntu kufanele
acabangele imizwa yabanye futhi agweme ukubaphoxa.

Ngokufanayo, ukwembula iqiniso elingakhaphela umuntu
ngaphandle kwenhloso enhle nakho akulungile. Ngakolunye
uhlangothi, umuntu akufanele aqambe amanga ukuze
agweme ukukhuluma iqiniso; kunalokho, umuntu angathula
ezimweni ezithile ukuze agweme ukuhlazisa noma ukulimaza
.abanye

Umuntu kumelwe aqaphele umona, isifo esibhubhisayo
esidla ukuthula komphefumulo. Uma umuntu efisa kakhulu
okwabanye, kulapho injabulo nosizi lwakhe luba lukhulu
khona. Umuntu onomona uphila impilo enezinkinga, engazi
ukuthi ukuthula kunjani. Kungcono kakhulu ukuba
azihloniphe, athembeke kuye, futhi afune ingcebo
.engokomoya yangaphakathi

Isithunzi somuntu kanye nokubaluleka kwangaphakathi
kukhulu kakhulu kunanoma yini angase ayifise noma
ayifisele ukuba nayo. UNkulunkulu ubonakala kuwo wonke
umuntu ngendlela engabonakali kunoma yimuphi omunye

umuntu. Ubuso babo abufani nobanoma yimuphi omunye
umuntu, futhi umphefumulo wabo awufani nowanoma
yimuphi omunye umuntu, ngoba ngaphakathi kubo kukhona
ingcebo enkulu kunazo zonke izidalwa—futhi leyo ngcebo
enkulu kakhulu uNkulunkulu
Asiboshiwe yizinto ezidlule

Uma umuntu enokholo olufanele futhi enza ngokufanele,
ujabula kakhulu kunalabo abangenalo ukholo futhi
.abangawenzi imisebenzi yabo empini yokuphila
Ukholo oluqinile kanye nesenzo sokulunga (okusekelwa
yizisusa ezinhle kanye nezinhloso ezinhle) kuhlala kukhona
noma kuphi lapho kukhona khona injabulo, futhi kulahleka
lapho injabulo ingekho. Kulokhu, singaphetha ngokuthi
kuyimibandela emibili ebalulekile yenjabulo,
engenakufinyelelwa ngaphandle kwayo. Labo abafisa
injabulo kudingeka babe nalezi zinto ezimbili eziyisisekelo,
.eziyisisekelo zayo nezinsika zayo

Abantu abakwazi ukulawula—ngokuthanda kwabo—
izingxenye ezingenamkhawulo zendawo yonke, futhi
abakwazi ukuzishintsha noma ukuzisula Lezi zingxenye
zihlanganiswe ngendlela eyinkimbinkimbi nesakhiwo
sokuphila komuntu, futhi abantu abakwazi ukusebenza
bodwa kuzo Kodwa-ke, bangakwazi ukulawula izingqondo
zabo ukuze bazivumelanise nalezi zingxenye

Ungamlimazi

Okhokho bethu babejabule kunathi hhayi ngoba
babenezinto eziningi zezwe nezinjabulo kunathi manje, noma
ngoba babengaziboni izinkinga zokuphila, kodwa ngoba
babenebhalansi yengqondo eyayibanika induduzo, ukuthula,
.ukwaneliseka, kanye nenjabulo emfushane
Abazange bathembele ezimweni zangaphandle ukuze
bathole injabulo yabo, futhi abazange banqotshwe yizimo
zangaphandle ezazizobaphuca yona Imizwa yabo
yenduduzo, ukuthula, injabulo, nokwaneliseka
yayingokwemvelo, ijwayelekile, inempilo, futhi ihlala njalo

Nathi, kufanele sihlakulele le mizwa uma sifisa ukuba
?nenjabulo Futhi ubani phakathi kwethu ongenayo
Isiphetho siwumphumela wokusebenzisa inkululeko
yokuzikhethela esikhathini esidlule. Ngemikhuba yethu
yenkululeko yokuzikhethela esikhathini esidlule, sizilethele
futhi siyaqhubeka nokuzilethela isiphetho nesiphetho.
Kodwa-ke, asiboshiwe yisikhathi esidlule, futhi
asivinjelwanga yimiphumela yezenzo zethu.
Singakuhlanekezela lokho esikuhlwaneyile futhi sisule lokho
esikubhalile uma sifisa futhi silwela ukulungisa inkambo
yethu futhi sithuthukise ikhwalithi yesivuno sethu. Uma
sisusa imbewu yezenzo ngemiphumela ebuhlungu futhi
sitshala esikhundleni sayo imbewu efaneleka kakhulu
ngokwemvelo yomphefumulo, ngokuqinisekile sizovuna
izithelo zenjabulo kulezo zimbewu ezinhle ezihlwaneyelwe
emhlabathini womphefumulo. Kumelwe sisebenzise
inkululeko yokuzikhethela manje, manje hhayi kusasa, uma
sifisa ukuthola injabulo enkulu noma ukunciphisa
.ukuhlupheka nobuhlungu
Ngakho-ke, izimo zenjabulo zingaphakathi kumuntu,
futhi okumelwe akwenze nje ukubhekana ngokungathi sína
naleyo ndlela engaphambuki, futhi imiphumela izoba wusizo
kuye uma enza ukuhlolwa okungcono kakhulu futhi
ebhekana nakho. Kodwa umuntu onentando eqinile
uvumelana noNkulunkulu

Amandla engqondo agxilile

Uma ugxilisa ukukhanya kwelanga Ngokugxilisa ilensi
yokukhulisa endaweni encane, kukhiqiza ukushisa, futhi
lokho kushisa kungavuthisa ukhuni Indwangu, iphepha, njalo
njalo Ngokufanayo, uma ugxilisa ingqondo yakho
ngokucophelela Amandla ayo agxilile Ukushisa ububi
nezimpande zokungabaza, imbangela yokwehluleka konke,
nokwenza ukukhanya kokuhlakanipha kukhanye
ngokukhanya nokukhanya

Uma umcabango uvumelana noNkulunkulu Umthombo
wabo bonke ubuhle kanye nomsuka wawo wonke amandla
abusisiwe, uyaqaphela ubukhona bukaNkulunkulu futhi abe
nazo zonke izici zempumelelo. Lezi zinto zihlobene eduze
namandla amakhulu kaNkulunkulu, zikwazi ukudala izizathu
.ezintsha zempumelelo kunoma yimuphi umkhakha
Kwangathi uNkulunkulu angawugcoba umzamo omuhle

kanye nemizamo emihle ngempumelelo
Izinkinga nobunzima buvela ekuntuleni komuntu
ukuqaphela izenzo zakhe zangaphambilini, ezenziwe
ngesikhathi esithile nendawo ethile Ukuhlupheka kwabo
kwamanje kuvela emicabangweni nasezenzweni abazishoyo,
ezagxila emhlabathini wokuqonda kwabo, zahluma zaba
isitshalo futhi zathela izithelo ezibonisa izici zalezo
.micabango nezenzo

Uma ubheka ilanga eliqhele ngezigidi zamakhilomitha
emkhathini, lelo nkanyezi elikhulu libonakala lincane kakhulu
kunoMhlaba wethu. Kodwa-ke, ububanzi boMhlaba
bungamakhilomitha angaba ngu-7,900, kanti ububanzi
belanga bukhulu ngokuphindwe kayikhulu. Uma ungabeka
iplanethi yethu uMhlaba ngqo phambi kwelanga,
ingabonakala njengechashazi elincane uma liqhathaniswa
nalo. Cabanga ngobubanzi belanga obubanzi bukhula kuze
kube yilapho ubukhulu balo obukhulu bugubha sonke
isibhakabhaka esiluhlaza okwesibhakabhaka. Isibhakabhaka
esisibonayo siyisicucu esincane nje, ingcosana nje, yesikhala
esingenamkhawulo esigcwala yonke indawo. Ngisho noma
ilanga lingaqhubeka nokukhula libe yi-infinity, alikwazanga
ukuhlanganisa okungenamkhawulo. Lo mbono we-cosmic
wobuncane kanye ne-finitude unciphisa ikhono lengqondo
lokuqonda ubukhulu bendawo yonke, imvelaphi yayo, kanye
.nemingcele yayo

Lowo ongekho ngaphansi kobukhulu nezilinganiso,
ongenamkhawulo futhi ongenamvelaphi, nguNkulunkulu,
okhona yonke indawo futhi okhona ezindaweni ezikude

kakhulu zesikhala. Usezinkanyezini ezikude, ezikude,
njengoba nje engaphakathi kwakho nangaphakathi kwami ,
futhi uyazi kahle yonke indawo ayithathayo
Kungakhathaliseki ukuthi incane noma inkulu kangakanani
"Kusukela encwadini ethi "Umgomo Wokugcina Womuntu

Izicelo

O, Nkosi

Thatha isandla sami ebumnyameni siye ekukhanyeni

O ukuthula kwasemkhathini

Ngizwa izwi lakho ekukhaleni kwemifudlana

nasekukhaleni kwama-nightingale

Ekukhaleni komoya, ekudumeni kwamagagasi, kanye

nasekudumeni kokudlidliza

Nkosi ethandekayo

Angikukhonzi ngamazwi, kodwa ngokulangazelela

kwenhliziyo evuthayo ngokukulangazelela

Ake ngibone ububanzi bakho obukhulu

Ukuba khona kwakho njalo ngemuva kwakho konke

Mhlawumbe ngizoqaphela ukuthi ngiyingxenye

yobukhona bakho obungaguquki kuze kube phakade

O ulwandle oluchichimayo

Ukube nje imifula egobhozayo yezifiso zami

ibingageleza ogwadule lwezithiyo nezithiyo

Ekugcineni, isiphithiphithi sakho esikhulu sihlange

Ngisize ngilalele izwi lakho, Nkosi

Umsindo we-cosmic lapho ukudlidliza kwendawo yonke

kwavela khona

Ake ngibone ubukhona bakho ngomsindo obusisiwe (Om

- Amen)

ingoma ethi Ngcwele kuwo wonke amazwi abusisiwe

Yandisa ukuqonda kwami njengoba ngilalele i-symphony

yokuphila

Ake ngizizwe njengolwandle olusemkhathini

Futhi ukunyakaza komzimba okunamandla kudansa

esifubeni sakhe

Vumela izwi elingcwele kakhulu lizwakale ngaphakathi

kimi

Ukwandisa ukuqonda kwami kusukela emzimbeni kuya

endaweni yonke

Sengathi ngingazizwa ngijabule njalo, ngigcwele yonke

into

Kuqhuma olwandle lokukhanya okuchichimayo

O amandla angenamkhawulo

O ukuhlakanipha okuphakade

Shaja umphefumulo wami ngokudlidliza kwakho

okungokomoya

O izwi lezwi elibusisiwe le-cosmic

Lungisa amaphutha ami

Ngidinga

Thatha isandla sami ebumnyameni siye ekukhanyeni

Noma nini lapho ngicabanga ngawe, Nkosi, kuzalwa

isikhukhula sokulangazelela okukhulu ngaphakathi kimi,

okunyakazisa imizwa yami futhi kugeleza kusuka

enhliziyweni yami kuye kuwo wonke amangqamuzana

.emzimbeni wami, ngiwagcwalisa ngothando lwaphezulu

Isifiso sami esikhulu ukufinyelela enhliziyweni yakho

futhi ngijabulele ukuba khona kwakho

Futhi ngokuzumayo umnyango womphefumulo

uyavuleka, futhi ngigcwele injabulo lapho ngibona

!ukukhanya kwakho okukhazimulayo

Isikhathi esidlule asikaziwa iningi lesintu, ngaphandle

kwabantu abambalwa abakhethiwe abakhanyiselwe Kodwa-

ke, ukungazi kwethu ngesikhathi esidlule nakho kuyasizuzisa

Ngoba ukube besazi konke esikwenzile kulokhu kuphila

nakwezimpilo zangaphambilini, besizokhungathekiswa

yizenzo zethu eziningi futhi sidideke ngokuphelele.

Ngempela, intando yethu ingase ikhutshazwe ngisho

nokushaqeka, okusenza singakwazi ukuqhubeka

nemisebenzi yethu futhi kusishiye siyisisulu sokuphelelwa

yithemba Ngisho nakule mpilo yasemhlabeni, ukukhohlwa

kuyisibusiso esivela kuNkulunkulu, okuvimbela izinkumbulo
zesikhathi esidlule, ikakhulukazi ezibuhlungu nezibuhlungu,
.ukuthi zingasindisi imicabango nemizwa yethu
Kodwa ngenhlanhla, inhlansi yaphezulu engaphakathi
kithi ihlala ikhanya ngethemba kanye nesifiso sokuqhubeka
nohambo olungapheli lokuphila. Kumelwe simbonge
uNkulunkulu ngalezi zibusiso ezimbili: ukukhohlwa okwedlule
.kanye nethemba lekusasa

Akufanele siphethe ngokuthi isiphetho sibeka izithiyo
endleleni yenkululeko yokuzikhethela. Kodwa-ke, kumelwe
senze konke okusemandleni ethu ukuze simelane
namathonya amabi abantu abaningi abawabiza ngokuthi
isiphetho nesiphetho, futhi sisebenzise inkululeko yethu
yokuzikhethela ngokuvumelana nezinkolelo zethu
zangaphakathi, uma nje lezi zinkolelo zisekelwe okholweni
oluqinile futhi zisekelwe emithethweni yaphezulu,
ngaphandle kwayo umuntu angeke akwazi ukunambitha
.injabulo yangempela

Uma siqala umsebenzi, akufanele sesabe izimo ezimbi,
kodwa kufanele sibe nethemba ngezinga eliphezulu,
sinokholo oluphelele lokuthi akukho lutho olungavimba
ukusebenzisa intando yethu nokusebenzisa inkululeko yethu
.yokuzikhethela

Uma sehluleka ukufeza umgomo wethu, kuyamukeleka
ukuvuma ngokungaqondile ukuthi kwakukhona izithiyo
esazenzela zona ezasivimbela ekufinyeleleni kuwo. Kumelwe
sikhuthazele futhi siphinde imizamo yethu yokufeza umgomo
wethu. Kumelwe futhi siziqinisekise ukuthi kungakhathaliseki
ukuthi izithiyo nezinsalela zingaba ziqine futhi ziqine
kanganani, sisenamandla anele okuzisusa nokuzinqoba.
Ngisho noma sehluleka naphezu kwayo yonke imizamo
yethu, asikho isidingo sokuphelelwa yithemba
nokukhungatheka, uma nje siqonda ukuthi intando yomuntu
inamandla kunesiphetho, esizenzele sona. Ngakho-ke,
akumelwe siyeke ukuzama, kungakhathaliseki ukuthi

sehluleka kangaki, ngoba kuhlale kuneminyango evulekile.

Kudingeka nje siqhubeke nokulwela nokuphinda umzamo kuze kube yilapho sithola impumelelo. UNkulunkulu uzosinika usizo uma nje sithembele kuYe futhi sisebenzisa umzamo wethu. Ohamba endleleni uzofika lapho eya khona, .futhi othembela kuNkulunkulu ngeke adumazeke

Uma umuntu efisa okuthile, futhi leso sifiso sinamandla

futhi siphuthumayo, leso sifiso asilokothi siphume engqondweni yakhe, noma ngabe uya kuphi noma ngabe uphendukela kuphi, futhi noma ngabe ukukhathazeka kwakhe kungaba yini. Ngomsebenzi waso oqhubekayo noqhubekayo, leso sifiso sinamandla amakhulu. Lokhu kuhleba kwengqondo kunamandla futhi kusebenza kangcono kunokuncenga okwenziwe ngomshini, okungadluli ekunyakazeni izindebe. Yilokhu abathandi bakaNkulunkulu abakwenzayo; bahleba uthando lwabo ngoNkulunkulu ngokungaphezi, futhi okuhleba kwabo kuyasuka enhliziyweni futhi akuzwakali, kuyo yonke imisebenzi yabo yansuku zonke. Lokhu kuhleba okusuka enhliziyweni akubaphazamisi, futhi akungqubuzani neminye imisebenzi yabo. Njengoba isifiso sabo ngoNkulunkulu sikhula, uthando lwabo ngaYe luyaqina futhi lujule, baze bathinte ubukhona baKhe futhi babone ukukhanya kwaKhe ngeso lomphefumulo, benambitha injabulo enkulu futhi bezwa ukuthula .okungaphezu kokuchazwa

UNkulunkulu usithumelela izifundo esizidingayo empilweni ukuze sizuze kuzo futhi sithole ukuqonda nokuhlangenwe nakho Noma ubani ogwema lezo zifundo uzophoqeleka ukuba azifunde Kungakhathaliseki ukuthi kuthatha isikhathi esingakanani Isivivinyo ngasinye siba umngane uma sifunda kuso, futhi siba yisishosho esinonya uma sichitha ithuba futhi silisebenzisa kabi ngokukhononda, inzondo, kanye .nokwahlulela okubi

Uma sinokuqonda okunempilo kanye nesimo sengqondo
esifanele ngokuphila, kuba kuhle Futhi ayinazo izinkinga

amacala engqondo

Umuntu akanakuhlala ethwele igagasi lenjabulo kuze
kubekhe phakade, noma acwiliswe ngaphansi kwamanzi
agcwele usizi, noma acwiliswe ekujuleni kwesithukuthezi.

Kuleli zwe elibonakala ngezinto ezimbili eziphikisanayo,
Umuntu ojwayelekile ubhekene nokuphakama nokwehla.

Uvuka ngegagasi lenjabulo futhi angene ekujuleni
kokunganaki, futhi uphonswa ngapha nangapha amagagasi
anamandla okudabuka. Futhi akavamile ukwazi nganoma
yisiphi esinye isimo sokuqonda. Ukuvumela izimo ukuba
ziphonse imicabango ngale ndlela. Kusho ukunikela intando
.yakho esiphethweni esingenasisekelo nesiguquguqukayo

Lokho umuntu akudingayo ukuze aphile impilo
ephumelelayo neyanelisayo ukulinganisela kwengqondo

Lokhu kungafezwa kuphela ngokugxila engqondweni
Ukulawula amakhono engqondo

Ngisho nosizi olujulile luyaphola ngokuhamba
kwesikhathi, ngakho-ke akunasizathu sokuhlala ucabanga
ngosizi Zonke izinsuku zokuphila kwethu Usizi oluhlala
isikhathi eside ngomuntu othandekayo oshonile alusizi yena
noma thina, futhi alushintshi lutho empeleni Ukuthuthukisa
ukungaziboni njengento eyinkimbinkimbi noma ukuzijezisa
Ukugxila emaphutheni noma ekuhlulekeni kwesikhathi
esidlule akusizi ngalutho Kwenza impilo ibe lusizi futhi
kuvimbele amakhono engqondo

Akufanele sizivumele ukuba siwele emgodini wesimiso
esiyisicefe, ngoba leso yisimo sengqondo esingakhululekile
neze, njengoba sikhathaza ingqondo futhi sishisa amakhono
.afihliwe esithandweni sokunganaki

Ukwehluleka kumele kususwe ezimpandeni zako, futhi
amasimu okuphila kumele alinywe ngenkuthalo
nangokuzimisela futhi ahlwanyelwe imbewu yobuhle ukuze
.kuvunwe isivuno esikhulu ngosizo lukaNkulunkulu

Insimbi eJubilini Lesiliva

Ngake ngamenywa emcimbini wejubili yesiliva

wombhangqwana owawubonakala ungomunye

wemibhangqwana ejabule kakhulu, kodwa ngesikhathi
ngingena ekhaya labo ngezwa ukuthi kukhona okungahambi

kahle ngacela abafundi bami ababili ukuba babheke indlela

abaphathana ngayo kusihlwa, futhi kamuva bangitshela

ukuthi indoda nomfazi bayamomotheka phambi kwabanye

futhi babizana ngamagama amnandi kakhulu afana nokuthi

“Yebo, sithandwa sami” kanye nokuthi “Yebo, sithandwa
sami,” kanye neminye imishwana enobungane. Kodwa lapho

nje becabanga ukuthi bodwa, bayaxabana futhi baqondise

.amazwi abuhlungu komunye nomunye

Ngakhuluma nabo ngathi: Ningimemile ukuba ngiye

ephathini lenu, kodwa isimo sishubile futhi nginomuzwa

wokuthi kunokungezwani okukhulu kule ndlu, futhi

.kubonakala kimi ukuthi kunensimbi eningi kule jubili yesiliva

Ekuqaleni, bacasuka, kodwa kamuva bavuma ukuthi

ngangiqinisile futhi baxolisa. Waqhubeka, ethi: Yini

?oyitholayo ngokuxabana nokuxabana ngaso sonke isikhathi

Kubonakala sengathi nihlala ndawonye ukuze

nilondoloze idumela lenu njengombhangqwana ophelele,

kodwa kudingeka nibe njalo komunye nomunye futhi niphile

ngokuthula nangokuzwana ukuze nijabule futhi nibe

.nokuthula kwengqondo

Ukudla okune-magnetic

Uma abantu bekhuluma ngokudla noma ngokudla

okunempilo, bavame ukusho ukudla okungokwenyama

okudliwayo ukuze kusekelwe umzimba. Kodwa-ke, kunezinye

izinhlobo zokudla okunempilo ezingabalulekile njengokudla

okungokwenyama, futhi ngokuvamile zibaluleke nakakhulu,

njengokudla kwengqondo noma ngokomoya. Umsebenzi

wengqondo noma ukugxilisa ingqondo, ukuhlakanipha

.nokuqonda okungokomoya

Ukudla okungokwenyama kusekela amangqamuzana
omzimba, kuyilapho ukudla kwengqondo kugcwalisa
ingqondo ngemibono enempilo, kanti ukudla kokuhlakanipha
.kuvuselela umphefumulo futhi kuthuthukise amakhono awo
Ukondliwa kwengqondo ngokuvamile kuqukethe
imibono umuntu ayicabangayo kanye naleyo ayithola
.kwabanye ngokuxhumana nokuxhumana nabo
Abantu abanesimo sengqondo esizolile kanye
nezimfanelo ezinhle basiza ekwenzeni imicabango yethu ibe
namandla futhi iphile kahle
Akunzima ukunquma ukuthi umuntu uthola yini ukudla
kwakhe kwengqondo endaweni enokuthula noma
ephazamisayo Ukukhathazeka, ukucindezeleka, nokudideka
konke kuvela ekuzihlanganiseni nabantu abangalungile,
kungaba abangane noma izihlobo Lokhu kubangela
imicabango yokukhathazeka kanye nesimo sengqondo esibi
Umzimba uthola amandla namandla ekudleni
okungokwenyama, kuyilapho ukudla okune-magnetic
kunikeza umzimba nengqondo amandla alula ukugayeka
kunokudla okuqinile nokuwuketshezi, okungenakuguqulwa
.kalula kube amandla aphilayo
Uma ungakwazi ukuguqula ukungazi kube
ukuhlakanipha, ubuthakathaka kanye nobuthakathaka kube
impilo namandla, futhi uhambe ngokuzethemba nangesibindi
- ngisho wedwa - ezindleleni zokuphila, futhi ujabule
ngaphakathi ngokuba nonembeza ophilayo noqaphile, kanye
nokholo olungenakunyakaziswa ebulungiseni
bukaNkulunkulu kanye nokunqoba kokulungile phezu
.kokungalungile kanye neqiniso phezu kokukhohlisa
Futhi uma uzama nsuku zonke ukukhulula imicabango
yakho emazingeni aphezulu nacwengekile, futhi unehliziyo
enothando nebongayo, kanye nezinhloso ezinhle ngabanye,
ukondleka kwakho kwengqondo kuzoba namandla, bese
udonsela kuwe konke okuhle nokuwusizo, kusukela

ezintweni, kubantu nasezimweni, okudingekayo ukuze
.uqhubeke nohambo oluya ogwini lokuphepha nokuphepha

Uma uzama ukuthola okudingayo, futhi wanelisekile
ngalokho uNkulunkulu akunikezayo, uzoceba emoyeni futhi
waneliseke kakhulu kunalabo abathanda kakhulu izimpahla
.zomhlaba futhi abafisa injabulo yawo yesikhashana

Uma umuntu efuna uNkulunkulu, okuwukuphela
komngane weqiniso, ngaphezu kwabo bonke abangane,
kuba nokwenzeka ukwakha ubungane beqiniso kuzo zonke
izihlobo zabantu: umndeni, ubuzalwane, umshado, kanye
.nobuhlobo obungokomoya

Ubungane buyinto ebalulekile ebudlelwaneni bomshado,
futhi kufanele kuqalwe ukusondelana ngokwengqondo
nangokomzwelo, umuzwa wokukhangana ngokokuziphatha,
.nothando lwangempela nobungane

Labo abangakwazi ukuhlukanisa phakathi kothando
lweqiniso nokukhanga okungokomzwelo bayadumala njalo
Uma umshado usekelwe emibonweni ephakeme kanye
nenhlonipho ehlangene, uba yinyunyana ejabulisayo
nephumelelayo phakathi kwemiphefumulo emibili
ethandanayo. Futhi bayabambisana ukuze banciphise
imithwalo yokuphila komunye nomunye, futhi basuse
izinkathazo zokuphila ngozwela kanye nokuqondana
.okunobungane

Akekho ongangilawula noma athathe intando yami,
ngaphandle kokuthi ngivumele imicabango nezenzo zabanye
.zingithonye

Nkosi, ngiyaqaphela ukuthi nginethuba elingapheli
phambi kwami. Ukuze ngihlole amakhono ami futhi ngithole
amandla ami angokomoya, ngizofaka izifiso eziphakeme
esikhundleni sezinto ezibonakalayo. Futhi ngizoqaphela
ukuthi umoya wokwethembeka uhlala unami
Namuhla ngizogcwalisa imicabango yami ngomthamo
wethemba, ngizoziqhelelanisa nokuhlangenwe nakho
okungathandeki, futhi ngizozijwayeza lokho okuzokhulisa

umzimba, ingqondo nomoya ngendlela elinganiselayo
.nengaguquguquki

Umdanso wokuphila nokufa uhlala ukhona, kodwa
ngizozikhulula kuze kube phakade ngokuvikela ubuwena
bami obungokomoya Futhi lapho izivunguvungu zezilingo
nezinsizi zingihlasela, ngizohamba ngomkhumbi
womphefumulo wami ngaphesheya kolwandle lokuphila
Ngiye ogwini oluphephile nolungcwele

Uma ngisebenza futhi ngidala ngizokhumbula ukuthi
uNkulunkulu usebenza ngami; UyiNkosi yendawo yonke Futhi
ningingaxhumana naye ngokuzindla ngokujulile ngaye
Nkulunkulu wami othandekayo, ngiyaqaphela ukuthi
imicabango yami izongilethela ukwehluleka noma
impumelelo, kuye ngokuthi yimuphi umcabango onamandla
kakhulu empilweni yami. Ngakho-ke, ngizozama
ukukhumbula ukuthi welula isandla sami futhi
.singilungiselela izizathu zempumelelo

Lapho izinhlekelele nezinhlekelele zingehlela,
ngizophakamisa umoya wami futhi ngiqinise ukuzimisela
kwami ukuzinqoba. Ngizothatha ubuqotho nokwethembeka
ekusebenzelaneni kwami nokuxhumana kwami nawo wonke
umuntu, futhi ngizokhulula imicabango yothando nezifiso
ezinhle. Khona-ke uNkulunkulu uzongisekela ngamandla
.akhe nokuhlakanipha kwakhe

Nkosi, ngizosebenzisa amandla ami okuzimisela kanye
nokuhlakanipha kwami ukufeza izinto ezincane kuqala, bese
.ngidlulela ezifinyelelweni ezinkulu

Ngisho noma zonke izifiso zezinto ezibonakalayo
zigcwaliseka, zisaletha injabulo engaphelele, futhi ukuthola
uNkulunkulu ukuphela kwenjabulo yangempela ngizothola
imithombo yenjabulo engapheli Futhi ayipheli ukugeleza
nokugeleza, ezingadini zomphefumulo nasemadlelweni awo
.aluhlaza

Izaga zegolide

Injabulo iyilungelo lami, ifa lami, kanye nengcebo yami
yaphezulu efihliwe Ngiqondise, Nkosi, ukuze ngithole
ngaphakathi kimi ingcebo edlula amaphupho amakhosi
* * *

Indlu engcwele yezinhliziyi ikhanyisa kubafundi bayo -
ngesihe sakhe nesihawu - izibani ezikhanyayo
zokuhlakanipha ezisusa ubumnyama bokungazi
* * *

Impilo iyintshukumo ehlakaniphile enesigqi
esijwayelekile. Izakhela ezintweni ezingaphili, noma ithatha
isimo esiphilayo nesinyakazayo. Impilo ihlanganisa konke
.futhi ingena kukho konke
* * *

O Mthandi Omkhulu, Ungukuphila uqobo lwakho
Ungumgomo wami kanye nesifiso sami Ngenze ngibe yimbali
eqhakazayo engadini yakho yasezulwini, noma ubuhlalu
obukhazimulayo emgexo wothando lwakho olukhazimulayo,
noma unginike udumo olukhulu: indawo encane kunazo
zonke enhliziyweni yakho
* * *

Nomaphi lapho abanye beyazisa khona imizamo yami
yokwenza okuhle, yilapho engingakwazi khona ukunikeza
isevisi engcono kakhulu
* * *

Ake siluke ikhaphethi yegolide yamaphupho ngemicu
yesilika yezinkumbulo ezimnandi nemicabango ecwengekile
* * *

Ingqondo engenalutho [engenazo imicabango emihle
neyakhayo] iyifektri yezinkinga, ukukhathazeka,
ukuphelelwa yithemba, nokuphelelwa yithemba

Uma uthando lwendawo yonke luhlala enhliziyweni
yakho, luzokulethela injabulo ehlala njalo nevuselelwe
okungekho okunye okungakunika khona

Izimbali zokuphila eziqhakaza ensimini yokuphila
kwasemhlabeni zinhle kakhulu futhi kuyajabulisa ukuzibona.

Kodwa okumangalisayo nakakhulu futhi kukhazimulayo
umthombo wobuhle nokuhlakanipha okhona ndawana thize,
lapho savela khona futhi lapho sizobuya khona futhi
.sihlangane khona futhi

Lapho umfundi evuka ekuseni, uziqinisekisa: "Angisiye
umzimba, ngingumoya ongabonakali... ngiyinjabulo...
ngingukukhanya... ngingukuhlakanipha... ngiluthando Futhi
nakuba ngihlala kulo mzimba, umoya wami awufi futhi
"awuthintwa ukubola

Njengoba nje amaconsi amazolo esiza izimbali ukuba
ziqhakaze futhi zikhule, kanjalo nomusa uyondla ubungane
futhi ukhuthaze ukukhula kwabo

* * *

Kukhona amagagasi avela ebusweni bolwandle kanye
namagagasi anyamalala ekujuleni kwalo; kuzo zombili izimo,
angaphakathi kolwandle futhi akanye nalo. Ngokufanayo,
abantu abantantayo ngesikhathi "sokuphila" ebusweni
bolwandle olusemkhathini noma abanyamalala kulo
"ekufeni" bangaphakathi kolwandle olungunaphakade
.ngokulinganayo

* * *

Ukukhanya kwenyanga akubonakali kahle emanzini
agcwele isiyaluyalu, kodwa uma ubuso bamanzi buthule,
ukukhanya kwenyanga kuba sobala ngokuphelele. Kunjalo
nangengqondo: uma kuzolile, ungabona ubuso
bomphefumulo wakho ngokucaca okuphelele
.nangokucophelela

Thumela, Nkosi, imisebe yelanga lokuhlakanipha
Kwakho ukungiqondisa ezinsukwini zami ezijabulisayo

zokufeza, kanye nokukhanya kwenyanga egcwele yesihe
Sakho lapho ngihamba phakathi kobusuku obumnyama
bosizi

Ukuzindla kuyindlela oxhumana ngayo nengqondo
yendawo yonke, futhi uma uvumelana nalokho kuqonda
okungenamkhawulo uzokwazi ukwazi zonke izimfihlo
.zendalo

Isifiso sokusondela kuNkulunkulu nokumazi asizifikeli
sodwa, kodwa kumelwe sihlakulelwe, futhi ukuphila
.akunanzuzo ngaphandle kwaleso sifiso

Ukuphila kwasemhlabeni kuyisimo sesikhashana, futhi
umsebenzi oyinhloko wesintu ukuqonda inhloso nomgomo
walolu hambo. Leyo nhloso iwukwazi uNkulunkulu, futhi
.ayikwazi ukuba yinoma yini enye

Ukuthula kwakho kuyingcebo yakho eyigugu, ngakho
ungavumeli muntu ukuthi akuthathele leyo ngcebo

* * *

Funda ukuzimela wedwa, uphephile futhi uvikelekile
enqabeni yezimfanelo zakho kanye nokubaluleka kwakho

* * *

Konke kukhona ngoba uNkulunkulu ukhona Futhi ngoba
ukhona, nawe ukhona Ngenxa yokuba khona Kwakhe,
ujabulela induduzo nenjabulo yokuphila Ngakho-ke,
ukubonga kwakho uNkulunkulu kufanele kube ngokujulile

Izincwadi ezinhle zingaba abangane abathule,
abanenhlonipho nabahloniphayo. Ungazishiyi lezi zincwadi
ezikhathini zakho ezinzima, ngoba azisoze zakushiya,
ngokungafani nabangane abangokwenyama abangase
.bakushiye

Noma ubani onempilo enhle, impilo ekhululekile, kanye
nekhono elikhulu lengqondo, kodwa engenalo injabulo,
akakaphumeleli empilweni. Uma ungasho ngeqiniso ukuthi,
"Ngiyajabula, futhi akekho ongangiphuca injabulo," usuthole
.isithombe sikaNkulunkulu ngaphakathi kuwe

Gcizelela ukuzola nokuthula, bese uthumela imicabango
yothando nezinhloso ezinhle kuphela uma ufisa ukuphila
ngokuthula nangokuzwana Phila impilo esekelwe ekulungeni
nasebungcweleni, futhi bonke labo abampilo yabo ixhumene
.neyakho bazozuza ngokuba nawe

Uma ungenabo abangane, noma uma abangane bakho
bechitha isikhathi sakho, noma uma ungazwani nabo,
vumela izincwadi [nezinto] eziphethe ukuhlakanipha kube
abangane bakho, njengoba ungadlula emakhasini abo
.ungene ezweni lemibono emangalisayo nejabulisayo

Ukuthola uNkulunkulu kusho ukuthola konke okufiswa
yinhliziyiyo, kanti ukuba ngokomoya kusho ukuvula iminyango
yempilo, injabulo kanye nempumelelo

Ngaphakathi kwethu kukhona inhlansi yamandla
aphezulu adala futhi asekelo konke ukuphila futhi ilindele
ukuvuthelwa

Ukufunda kuwumsebenzi wengqondo ozuzisa kakhulu;
kuqeqesha ingqondo futhi kuyigcina iguquguquka. Ukufunda
ihora noma amabili nsuku zonke kuzonikeza noma ubani
isisekelo solwazi oluhlukahlukeni phakathi neminyaka
embalwa, uma nje ekhetha izincwadi eziwusizo. Ungachithi
isikhathi noma ulimaze amakhono akho engqondo
ngokufunda amanoveli ashibhile noma izincwadi ezincane
.ezingenanjongo noma incazelo

Labo abanokuthambekela komphakathi bazothola
ezincwadini eziwusizo amandla amasha okusiza isintu
ngezifundo eziqukethwe ezincwadini ezibhalwe amadoda
.nabesifazane abahloniphekile nabanekhono

* * *

Ukufunda kuwumsebenzi wengqondo ozuzisa kakhulu;
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ihora noma amabili nsuku zonke kuzonikeza noma ubani
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isikhathi noma ulimaze amakhono akho engqondo
ngokufunda amanoveli ashibhile noma izincwadi ezincane
.ezingenanjongo noma incazelo

* * *

Ubugovu nokugqosha kumele kususwe ngoba kuyizinto
ezivimbela ulwazi olungokomoya

* * *

Ngaphandle komuzwa kaNkulunkulu, leli zwe libonakala
ligcwele izingxabano, ubudlova, nokudumazeka
okubuhlungu. Injabulo itholakala ekuzizweni useduze
noNkulunkulu

* * *

Labo abazi uNkulunkulu banenjabulo nenjabulo
engapheli ezinhliziyweni zabo Ngoba bezizwa bephephile
futhi benokuthula okubusisiwe, iziphepho zentukuthelo
azikwazi ukubanyakazisa, futhi ukwesaba akukwazi
.ukungena ezinhliziyweni zabo

* * *

Izincwadi ezinhle zingabangane bakho abakhulu; ngazo,
ungezwa izingqondo ezinhle zikhuluma nawe ngobumnene,
zikududuza futhi zikunikeza iseluleko esihle kakhulu.
Ukwehluleka ukuhlakulela isifiso sangempela sokufunda
.izincwadi ezinhle kusho ukulahlekelwa yifa lezizukulwane

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Ngaphandle kosizo lukaNkulunkulu, abantu bazohluleka
nakanjani, ngoba amandla nokuhlakanipha okudingekayo
ukuze baphumelele empini yokuphila kuvela emthonjeni
ongenamkhawulo Uma umuntu engamnaki uNkulunkulu,
unqamula umugqa wokuphila omnikeza usizo nokusekelwa
okudingekayo ukuze aphumelele
Abafuna usizo abangqongqoza emnyango wamathuba
angokomoya bazothola ukuthi umnyango uvulekile kubo
.ngoba uNkulunkulu usiza labo abazisizayo
Uma uvumelana noNkulunkulu, yonke imvelo ivumelana
nawe

* * *

Uthando lufana nephepha lokusanti elipholisha ingqondo
futhi lisuse ubulukhuni ebuntwini
* * *

Uma ngokuzumayo uthola uNkulunkulu yonke indawo,
futhi lapho eza kuwe, ekuphefumulela, futhi ekuqondisa,
indaba yothando lwaphezulu isiqalile
* * *

Kwangathi uthando lungase lukhanye ezinhliziyweni
futhi luthumele imisebe yokuphulukisa kwabanye
* * *

Funa ukwazi uNkulunkulu usemusha futhi unamandla,
ngoba ekugugeni nasekuguleni ungase ungasakwazi
ukumfuna. Lapho abantu beqala ukuqonda incazelo
yangempela yokuphila, umzimba uba buthakathaka, futhi
bachitha impilo yabo yonke benakekela amandla abo
.omzimba abuthakathaka esikhundleni sokufuna iqiniso
* * *

Ngizothatha okuhle kakhulu kubo bonke abantu, futhi
ngizokwazisa izimfanelo ezinhle zazo zonke izizwe
.ngaphandle kokugxila emaphutheni azo
* * *

Njengoba nje sikhathalela inani lokudla okunomsoco
lokudla kwethu kwansuku zonke, kufanele futhi sinake

izakhamzimba ezingokwengqondo esizinikeza izingqondo
.zethu nsuku zonke

* * *

Amazwi anomusa ayikhambi elimangalisayo lezifo
eziningi, anamandla anamandla, acishe abe yimilingo,
anamandla kazibuthe aletha izibusiso eziningi kanye
nokuchuma kubantu abakhulumayo Labo abasebenzisa
amazwi aduduzayo, amnene bazizwa umsinga omncane
ugeleza kuwo ngaphandle kokuphazamiseka, ukugcwala
kwabo umuzwa ojulile wokuthula. Lokhu kungenxa yokuthi lo
msinga uxhumene nomthombo wawo ophakeme, ukugeleza
okuqhubekayo okufinyelela imiphefumulo ngokuvumelana
nalowo mthombo, okubenza bakwazi ukudlulisela injabulo
.kulabo abalangazelela ukuthula

* * *

Mangaki amazwi anomusa avela enhliziyweni asuse usizi
oluningi futhi mangaki amazwi ahlakaniphile akhanyise
!izindlela ezimnyama ngezibani zenjabulo nokuthula

* * *

Siyakhula kukho konke esikubonayo, uma nje siqaphela
ukuthi singafunda izifundo ezibalulekile kukho konke
ubuhlungu nokuhlupheka esikubonayo kunencazelo
nenjongo Naphezu kobunzima balokhu okuhlangenwe nakho,
kufana nomlilo oncibilikisa insimbi, uyiguqule ibe yinsimbi
enhle, eqinile, neguquguqukayo

* * *

Zonke izimpumelelo eziphawulekayo empilweni yami
zifezwe ngamandla engqondo evumelana noNkulunkulu
Lapho umkhiqizi waphezulu esebenza, konke engikufisayo
kufezeka ngaphandle kokukhetha, kuqala kwakheka
njengomklamo ongabonakali, ongokoqobo bese
kubonakaliswa ngamandla angenakuphikiswa empeleni

* * *

Lapho ingqondo ihlebela uNkulunkulu ukuhlebela
okusuka enhliziyweni, okushisayo okuvela ekujuleni

komphefumulo olangazelelayo, ubizo lomoya luzothinta
inhliziyo yendawo yonke, futhi impendulo izofika, ilethe
injabulo enkulu. Lokhu kuhlebela okuhlakaniphile kukhulisa
intando kuze kube yilapho inamandla adingekayo ukuze
.ifinyelele umgomo oyifunayo

* * *

Uma ingqondo yomuntu nentando yakhe kuhambisana
noNkulunkulu, unikezwa amandla angenamkhawulo,
kangangokuthi ukucabanga nje ngento ethile kwanele
ukuyifeza, ngoba umthetho waphezulu usebenza
.ngokuthanda labo abavumelana nentando ephakeme

* * *

Kungakhathaliseki ukuthi ukukhathazeka kwethu kuyini,
uNkulunkulu kufanele abe sendaweni yokuqala ezimpilweni
zethu Esinye sezici ezibaluleke kakhulu zokukhula
ngokomoya ukukhononda njalo kuNkulunkulu ngokusuka
enhliziyweni, lapho uzobona khona ushintsho oluhle
.oluzokuhlaba umxhwele kakhulu

* * *

Umuntu akufanele anikele wonke amakhono engqondo
uNkulunkulu amnike wona ekufuneni izinto ezidlulayo,
ngaphandle kwalokho uzozilahla ezinkingeni zokuthanda
izinto ezibonakalayo futhi azakhele imingcele nemingcele
angayidingi. Kunalokho, kufanele asebenzise amandla akhe
engqondo ukuthola izidingo zokuphila futhi alwele
ukuthuthukisa amakhono akhe angokomoya ukuze
ahlukanise phakathi kokulungile nokungalungile, kanye
.naphakathi kokulimazayo nokuzuzisayo

* * *

Iqiniso lingaphezu kwemibono nemibono, futhi abaningi
abasebenzisa le ndlela baboshwa yiziphetho zabo ezizimele

* * *

Vula, Nkosi, amasango okuthula futhi uvikele indawo
engcwele yemicabango yami engokomoya ekuhlaselweni
yizinhlebezi ezimbi. Vumela izimbali zezifiso zami ziqhakaze

ensimini yenhliziyo yami njengoba ngilinde ukusa kokufika
.kwakho

* * *

Ulwazi lwemfundiso alukwazi ukuthola ulwazi oluvela *
kuNkulunkulu, futhi kuyalulekwa ukuthi ungachithi isikhathi
sakho esiyigugu emibonweni engasetshenziswa ngokoqobo,
kungenjalo uzozithola usezindaweni ezinabantu abaningi
abahlakaniphile futhi ungakwazi ukudlula umbuso
.wemibono

* * *

Injabulo iyisithelo sokunqoba ngokwengqondo phezu
kwezimo zokuphila eziguquguqukayo

* * *

Lowo uNkulunkulu amaziyo angase angaziwa emhlabeni

* * *

Uma umuntu ezihlela ngolwazi lwethiyori [ngaphandle
kokuhlolwa kwangempela], uzoba njengethuluzi lokuqopha
eliphathwayo eliphinda izaga futhi liphinde imisho
ephakeme, kanti abanye bazombheka njengesazi esifundile,
kodwa ulwazi olunjalo aluqiniswa ukuqonda iqiniso ngqo,
.futhi aluhambisani nokufinyelela okungokomoya

* * *

Izinkinga zizoqhubeka emhlabeni, ngakho-ke umuntu
angaphendukela kuphi ukuze athole isiqondiso? Imicabango
yomuntu, ethonywe yimikhuba, ubandlululo, ukucwasa,
kanye nokushisekela ngokweqile, ayisizi ngalutho, futhi
amathonya endawo ahlala kuyo, umndeni, izwe, noma
umhlaba awakwazi ukunikeza isiqondiso seqiniso Ngakho-ke,
umuntu kumelwe aphendukele kuNkulunkulu futhi alalele
izwi elizolile nelizolile elivela ekujuleni komphefumulo, izwi
elivumelana neqiniso

* * *

Vulani izinhliziyu zenu ekuthululweni kwaphezulu ukuze
kugeleze kini futhi kugcwalise izimpilo zenu ngezibusiso
ezingokomoya nobuhle

* * *

Noma ngabe yimuphi umsebenzi owenzayo nanoma
yiziphi izinto ongazifeza, khumbula njalo ukuthi uNkulunkulu
ungumthombo okunikeza wonke amandla owadingayo ukuze
.usebenze futhi ufeze

* * *

Ngicela ukukukhumbula, Nkosi, ebumpofwini *
nasekuchumeni, ekuguleni nasekuphileni kahle, ekungazini
nasekuhlakanipheni, futhi ngivumele ngibone ukukhanya
kwakho okubusisiwe okunikeza impilo enhle nokuphulukiswa
.okwamanje

* * *

Ngisemicabangweni yami yodwa, ngilangazelela ukuzwa
izwi lakho elibusisiwe. Susa kimi amazwi aqinile,
asemhlabeni afihliwe enkumbulweni yami. Ngifuna ukulalela
izwi lakho elizolile nelimnandi kuze kube phakade ekuthuleni
.komphefumulo wami

* * *

Ukuphila kugubuzelwe ubumnyama, futhi kumelwe
sivumele ukukhanya kukaNkulunkulu kube isibani sethu
esisiqondisayo njengoba sihamba ezindleleni zaso
ezimnyama. Uyinyanga egcwele ebusuku bokungazi
nobumnyama, ilanga lokukhanya emahoreni okuvuka, isibani
sesiqondiso, kanye neNkanyezi yaseNyakatho yalabo
.abadabula olwandle lokuphila okufushane emhlabeni

* * *

Sekuyisikhathi sokuba isintu sivuke ebuthongweni baso
bokukhohlwa siye ekuvukeni ngokomoya. Sicela Wena,
Nkosi, ukuba uphakamise ukuqonda kwethu ekujuleni
kokungalaleli nokucabanga okuncishisiwe, okulinganiselwe
siye emikhawulweni yokuthula, ukukhanya, uthando, kanye
.nobubele bomuntu wonke

* * *

Izinto zizogcina zingcono ngoba amandla nezimangaliso
zikaNkulunkulu zifihliwe ngemuva kokuphikisana kokuphila

komuntu, futhi noma ngubani ongaqiniseki
ngokungenakugwenywa kwalesi simo futhi ezama ukungena
ngengqondo yakhe nokholo kulokho okungaphezu
.kwesihenqo uzovulelwa umnyango

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Ukholo alusho neze ukuba budedengu noma
ukungabhekani ngokuhlakanipha nezimo Kunalokho,
kungakhathaliseki ukuthi kwenzekani, umuntu kumelwe
aziqinisekise ukuthi uNkulunkulu kuphela okwazi ukumsekela
ezimweni ezinzima nezivivinyayo uma ephendukela kuYe
.ngayo yonke inhliziyo yakhe, umphefumulo nemizwa yakhe

* * *

Uma izinzwa zethu zingasitshela lonke iqiniso,
besizobona umhlaba njengemifula yama-electron, kanye
nothuli lonke njengokukhanya okugobhozayo Labo abangena
endaweni yezinto ezibonakalayo baye komoya bayaqonda
.uhlobo lokukhohlisa futhi bazi umongo weqiniso

* * *

Kungakhathaliseki ukuthi usehlathini lase-Afrika,
enkundleni yempi, uhlupheka ngenxa yokugula noma
ubumpofu, umuntu kumelwe azikholise ngokuthi isandla
sikaNkulunkulu sinamandla kunanoma iyiphi ingozi futhi
siyakwazi ukuvikela labo abafuna isiphephelo kuYe. Ayikho
indlela ephumelela kakhulu yokuvikela. Yiqiniso, umuntu
kumelwe asebenzise ingqondo lapho ebhekana nezenzakalo
ngesikhathi esifanayo ebeka ithemba eliphelele osizweni
.lukaNkulunkulu

* * *

Uthando oluhlala ezinhliziyweni zazo zonke izidalwa—
uthando lwabo bonke omama, obaba, abangane,
nabathandekayo—luvela othandweni lukaNkulunkulu

* * *

Kumelwe kwenziwe umehluko phakathi kwemisebenzi
emikhulu nemincane, kubekwe phambili okubaluleke
kakhulu kunokubaluleka nje. Ngaphezu kwalokho, akukho

msebenzi okufanele uphikisane nomunye. Imibhalo isitshela
ukuthi lapho omunye umsebenzi ungqubuzana nomunye,
.kuwubufakazi bokuthi awuwona umsebenzi weqiniso
* * *

Njengoba imisebe yelanga ebalulekile isakazeka,
ngizosakaza imisebe yethemba ezinhliziyweni zabampofu
kanye nabashiywe dengwane [labo umphakathi obashiyile],
futhi ngizofaka ukuzimisela okusha ezinhliziyweni zalabo
.abacabanga ukuthi bayizihluleki
* * *

Uthisha uParamahansa wathi komunye wabafundi
:bakhe
Ungakhiphi muntu esixukwini sakho sothando. Gcina"
wonke umuntu enhliziyweni yakho futhi uzokugcina
".kweyakhe
* * *

Nkosi, ngisize ngisebenzise intando yami njalo ukufeza
imisebenzi emihle nezuzisayo
Ngisize ngivumelane nentando Yakho ukuze yonke
imicabango yami iphendule ezinhlosweni Zakho futhi
ivumelane nentando Yakho
Wangisiza ukuba ngivuse amandla afihliwe, abusisiwe
ngaphakathi kimi ukuze ngikwazi ukunqoba zonke izinkinga
kanye nezilingo
* * *

Vuka kulowo buntu obungokomoya obunesibindi
nokuthobeka - obuhlanganisa amandla ezingonyama
nobumnene bamajuba
* * *

Ngeke ngikhathazeke ngokugxekwa okubuhlungu,
okungamanga, noma ngokudunyiswa okukhulu nokuthopha
Isifiso sami kuphela ukwenza intando Yakho, Nkosi,
nokuthola umusa Wakho
* * *

Awunakucabanga ngenjabulo enkulu ezokugcwalisa uma
uzwa ubukhona bukaNkulunkulu Umphefumulo wakho
uzodakwa uthando lukaNkulunkulu olungenamkhawulo
Luwuthando olukhulu izikhathi eziyizigidi kunanoma yiluphi
uthando lomuntu—uthando olugcwalisa zonke izifiso zakho
futhi lugcwalise inhliziyo yakho ngenjabulo nokwaneliseka

* * *

Ngokugxila kwangaphakathi, ungathola injabulo
engokomoya ngqo ngaphakathi kuwe nangaphakathi
kwakho. Uma uhlakulela lokhu kuqaphela, ubuntu bakho
buzokhula ngokuvumelana, futhi uzothola amandla
.okukhanga abantu nezinye izidalwa

* * *

O Mvikeli Omkhulu, angikhathali ukuthi ngilahlekelwa
yikho konke ngenxa yekusasa lami, elenziwe yimi, kodwa
ngicela wena, okuwukuphela kwesiphephelo sami, ukuthi
uvikele ikhandlela lothando lwami ngawe emimoyeni
.yokunganaki nokukhohlwa

* * *

Masiphuze amanzi okuthula ahlanzekile, aqabulayo
ageleza emithonjeni yezimo ezinhle, athuthukiswe yisinqumo
sethu esiqinile sokucabanga ngendlela enhle nokuba
.nombono omuhle

* * *

Unembeza umuzwa oqondakala kalula owembula imvelo
yomuntu yangempela kanye nezisusa zakhe. Uma unembeza
wakho uhlanzekile, futhi wazi ukuthi wenza okulungile,
awunalutho lokwesaba. Unembeza ohlanzekile uwubufakazi
bokuziphatha okuhle okuvela kuNkulunkulu. Ukukhululwa
enkantolo kanembeza kusho ukuba nenjabulo nokuthola
.izibusiso zikaNkulunkulu

* * *

Zama ukwenza izinto ezinesibindi nezijabulisayo abantu
abangingi abangazenzi, futhi unikeze uthando nokuthula
.kulabo abanye abangabanaki

* * *

Uthisha uParamahansa wathi komunye wabafundi

:bakhe

Uma ungachithi isikhathi uhlakulela ingqondo, akukho"

ukuchuma kwezinto ezibonakalayo okuzokwanelisa. Lokhu

kukhulisa akukhona ukuhlushwa kodwa kunalokho

ukuqeqeshwa kokuqonda ukuze kondle imicabango nezenzo

".eziholela enjabulweni

Injabulo yakho yimpumelelo yakho, ngakho ungavumeli

muntu akuntshontshele yona Zivikele kulabo abazama

ukukuhlupha Ngesikhathi ngisengumfana, ngangivame

ukulahlekelwa isineke sami noma nini lapho abanye abantu

besakaza amahemuhemu angamanga ngami Kamuva,

ngaqaphela ukuthi ukuthula kwami kwengqondo kubaluleke

kakhulu kunokwamukelwa noma ukunconywa ngabantu

* * *

Ukuba nje ubuwazi indaba yothando lwaphezulu abanye

abazinikele abaluzwayo noNkulunkulu! Akukho okunye

okuhlangenwe nakho empilweni okungaqhathaniswa naleyo

njabulo bengimazi ungcwele owayehlala egxile othandweni

luKaNkulunkulu, futhi ubuso bakhe bukhanya uthando

olungcwele Iso likaNkulunkulu lihlala liphezu kwalabo

.abamthandayo, futhi akabashiyi ngisho nomzuzwana

* * *

Bambalwa labo abanesifiso sokuthuthukisa amandla abo

engqondo nangokomoya

* * *

Ungazivumeli ukuthi ucwile phansi ekuzindeleni Sukuma

ebuthongweni beqiniso elivamile eliyisicefe bese uqonda

empilweni ehlanzekile lapho kukhona impumelelo, injabulo,

.nokuthula

* * *

Ngaphakathi kwakho kulele amandla amakhulu alindele
ukutshalwa, futhi nguwe wedwa okwaziyo ukuwavuselela
.nokuzuza kuwo

* * *

Ukukhululeka emikhubeni emibi nasezifisweni
ezingenempilo kuletha injabulo enkulu kakhulu
kunempumelelo yezinto ezibonakalayo Empumelelweni
yengqondo kukhona inhlalakahle yengqondo
engenakunqotshwa izimo zangaphandle Ungachitha sonke
isikhathi sakho uqoqa ingcebo, kodwa leyo ngcebo ngeke
ikunike ukuthula okuhlala njalo nokulondeka okufunayo.

Ngokuphambene nalokho, izokulethela ukungajabuli
okwengeziwe ngoba injabulo yangempela nokuthula kuhlala
.engqondweni, hhayi ezintweni ezibonakalayo
Uma usuzinzile ebuntwini bakho bangempela, ufeza
yonke imisebenzi futhi ujabulele zonke izinto ezinhle
.ngenjabulo yaphezulu

* * *

Ungavumeli ubuthakathaka bungene engqondweni
yakho, futhi qaphela lapho uhlangana nabantu
abanemicabango emibi kanye nombono wokuphelelwa
yithemba, funa imicabango yabo ebuthakathaka ingene
engqondweni yakho, ngaphandle kokuthi ingqondo yakho
isifinyelele ezingeni elithile lamandla kangangokuthi
imicabango yabanye ayikwazi ukuyibuthakathaka, kodwa
kunalokho, ngokuphambene nalokho, iyakwazi ukuqinisa
.imicabango yabanye futhi ithuthukise ukuzethemba kwabo

* * *

UNkulunkulu uza kuqala, futhi akufanele siqale noma
siqede usuku lwethu ngaphandle kokucabanga Ngaye.
Kumelwe sikhumbule ukuthi ngaphandle kwamandla
esiwathola kuNkulunkulu, besingeke sikwazi ukufeza lutho.
.Ngakho-ke, umsebenzi wethu omkhulu kakhulu ungowaKhe

* * *

Kukhona indlela yokuhlola nokwahlulela amasiko
namasiko Ekuqaleni, wonke amasiko ayenesizathu Uma
sithola ukuthi isizathu sisekhona, khona-ke isiko linencazelo
nenzuzo Nokho, akuhlakaniphile ukulandela amasiko
ngokungaboni Kumelwe sazi iqiniso futhi sililandele, siqonde
ukuthi yini engasilethela injabulo bese silisebenzisa

* * *

Uma ubona abantu abaningi kangaka bentula injabulo
noma impumelelo, ungacabangi ukuthi yilokho
okuzokwenzeka. Ungazenzela noma yini oyifunayo.
Impumelelo yakho yangaphakathi yiyo ekwenza uphumelele
.ngempela

* * *

Uma ungenalutho ngaphakathi kuwe, ngeke ujabule
Kodwa uma ungenalutho olukuzungezile futhi ujabule
ngaphakathi kuwe, ngokungangabazeki uyaphumelela
Ngakho-ke, akunakwenzeka ukwahlulela abantu
.ngokusekelwe ezimweni zabo zangaphandle

* * *

Phakathi kwezixuku ezinkulu, kungase kube nomuntu
ofinyelele isimo sokuphakanyiswa ngokomoya futhi ojabulela
.ukuthula kwangaphakathi nenjabulo enkulu ngokomoya

* * *

Ngiyazi ngokuqinisekile ukuthi konke engikudingayo
kuzoza kimi, ngakho-ke angikhathazeki ngokuthi ikusasa
liphetheni. Lokhu akusikho ukuziqhayisa noma ukuzenzisa,
ngoba ngibone umsebenzi kanye nokusebenza kahle
kwalawo mandla abusisiwe empilweni yami izikhathi
.eziningi

* * *

Kungakhathaliseki ukuthi ngintanta phezu kobuso
bokuphila noma ngiminza ekujuleni kolwandle, ngiyazi ukuthi
nginoNkulunkulu futhi unami, nokuthi akukho lutho
olungangilimaza. Ulwazi lunginike injabulo engachazeki
.nejulile

* * *

Akungabazeki ukuthi ukuthenga into entsha kuyinto
ejabulisayo Kodwa ngemva kwesikhathi esithile, lowo muzwa
wenjabulo uyaphela kancane kancane, futhi ungase
ulahlekelwe yisithakazelo kuyo ngokuphelele, ukhohlwe
ngayo futhi ufise okunye. Kodwa-ke, ibhili yaleyo nto ngeke
!ikhohlakale, ikakhulukazi uma uyithenge ngezitolimende

* * *

Umuntu kufanele alawule impilo yakhe futhi ayenze ibe
lula ngangokunokwenzeka. Kufanele alondoloze imali ethile
yezinto ezidingekayo nezimo eziphuthumayo, abeke
phambili ukonga kunokusebenzisa ezintweni zokunethezeka,
futhi asize abanye ngangokunokwenzeka. Uma usiza
abanye, usizo luzokuza kuwe ngandlela thile, futhi ngeke
.uswele lutho futhi ungalahlekelwa lutho

* * *

Enjabulweni yezinhliziyi zonke, ngizwa ukuzwakala
kwenjabulo Yakho, Nkosi, nasebunganini babo bonke
abathembekile, ngizwa uthando Lwakho ngiyathokoza futhi
inhliziyi yami iyathokoza ngempumelelo nokuchuma
kwabangane bami, njengoba nje nami ngijabula
enhlalakahleni yami kanye nokulula Njengoba
ngiphefumulela ukuhlakanipha kwabanye, ngandisa ingcebo
yokuhlakanipha kwami, futhi enjabulweni yabo bonke,
ngithola okwami

* * *

Isitha esikhulu senjabulo ukuboleka imali ukuze uthenge
izinto zokunethezeka Abantu bakholelwa ngephutha ukuthi
ngeke bajabule ngaphandle kokuthi bathole okuthile
okuqondile Kodwa ngisho nangemva kokuthola leyo nto,
ngeke bayithole injabulo yangempela, naphezu kwenjabulo
yesikhashana eyilethayo lyini injongo yokuphishekela
umlingo wenjabulo yasemhlabeni othembisa ukuphuka
kuphela? Abantu kufanele baphile kalula, ngaphandle
kokudinga izimpahla eziningi ezidinga ukunakekelwa njalo

* * *

Ipharadesi lami lingaphakathi kwami Njengoba
ngijabulela izibusiso zikaNkulunkulu, ngiyambonga, futhi
injabulo yami yangaphakathi ikhula Ngaphandle kwalokho
kwaneliseka kwangaphakathi, ngisho nezinjabulo
zasemhlabeni kanye nokuzijabulisa kuba isihogo
Sengiqaphele ukuthi ngaphandle kwaleyo njabulo
yangaphakathi, umthwalo wemithwalo yemfanelo engibekwe
phezu kwayo ubungangiphuca ukuthula kwami futhi
ungiphuce injabulo yami

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Uma ingcebo ihambisana nokugula nezinkinga,
imiphumela izoba miningi Inhlanzeko kanye nokunakekelwa
kwempilo kuphakathi kwamandla aseNtshonalanga
Izinambuzane eziyingozi namagciwane abulalayo kulawulwa
ngempumelelo emazweni athuthukile, kuyilapho ziningi
kwamanye Kodwa ukuqeda lezi zinambuzane akuyona into
evelele, ngoba kunezinye izinhlobo zezinkinga emazweni
athuthukile, njengezikweletu okunzima ukuzikhokhela kanye
nezinkinga zezimali ezicindezelayo ngenxa yezinhlelo
zokuthenga ngezigaba—izinhlopheko eziphazamisa
ubuthongo futhi zinciphise ukuthula kwengqondo

* * *

Siyingxenye ebalulekile yolwazi olufanayo lapho le
ndawo yonke enkulu yavela khona

* * *

Wake wawubona umhlambi wezimvu? Uma omunye
wazo egxuma, wonke umhlambi uyalingisa ngaphandle
kokungabaza Iningi labantu linjalo. Othile angase aqhamuke
nomqondo noma angenise umkhuba omusha, kanti abanye
bazongena ngokushesha ebhendini bese bewukopisha. Le
ndlela ibilokhu ikhona izizukulwane ngezizukulwane. Zonke
izizwe zinamasiko namasiko azo, futhi asikwazi ukuthi zonke
zilungile noma zizwakala. Kodwa ubani owaziyo? Mhlawumbe

ezinye zalezo mikhuba namasiko azisho lutho futhi
.azinamsebenzi

* * *

Lapho isiphepho semicabango esiphazamisayo siphela,
singena embusweni wokuthula futhi sithinte ubukhona
bukaNkulunkulu

* * *

Cabanga ngoNkulunkulu, noma indawo enhle ekhuthaza
ukuthula, noma okuhlangenwe nakho okujabulisayo
nokusebenza kwengqondo okuhle nokuzolile kuyavuselela
futhi kuyaqabula

* * *

Siphila ezweni elixakekile nelinokuphazamiseka. Ungase
ucabange ukuthi imali isho injabulo, kodwa uma uyithola,
uthola ukuthi awukajabuli. Ungase uthole ingcebo futhi
ulahlekelwe yimpilo yakho (Nkulunkulu maye) Noma ungase
ube nempilo enhle futhi ulahlekelwe yimali yakho. Noma
ungase ube nengcebo nempilo kodwa ubhekane nezinkinga
eziningi nabanye, unikeza umusa kodwa uhlangane
nenzondo nentukuthelo. Ngaphandle kukaNkulunkulu,
.akukho lutho kulokhu kuphila olungakwanelisa ngempela

* * *

Umhlaba uba yigumbi lokuhlushwa kulabo abaphila
ngokungazi uhlelo lukaNkulunkulu. Kodwa uma ubheka
okuhlangenwe nakho kokuphila njengabafundisi bakho futhi
ufunda kubo ubunjalo bangempela baleli zwe kanye nendima
oyinikezwe emdlalweni wendalo yonke, lokho okuhlangenwe
nakho kuba ukukhanya okubalulekile endleleni eya
.ekwanelisekeni okuhlala njalo nenjabulo

* * *

Lapho, ngale kobumnyama obungenabumnyama,
ukuthula okungenakuzwakala, kanye nokungabi nalutho
okungadalwanga, kukhona ingqikithi yaphakade, eyisiqalo
sokuba khona kanye nomthombo wawo wonke amandla
.nezidalwa, ezibonakalayo nezingabonakali

* * *

UNkulunkulu akasidalelanga lo mhlaba ukuze sidle,
silale, futhi sife nje kuphela, kodwa ukuze sazi intando Yakhe
futhi siqonde injongo yokuba khona kwethu. Idlanzana
labantu abahlakaniphile liye laqonda incazelo yohlelo
lwendalo yonke, kodwa abantu abaningi abayizimpumputhe
.futhi abaqapheli leyo njongo

* * *

Imali yayingeyona umgomo wami empilweni; umgomo
wami kwakuwukukhonza abafowethu nodadewethu
esintwini. Ngakho-ke, uNkulunkulu wangivulela amathuba
.amaningi okuzisekela nokufeza umsebenzi wami

* * *

UNkulunkulu wadala le ndawo yonke ukuze isebenze
ngokomthetho oqinile nongaguquki Uma sephula noma
yimuphi wale mithetho yendawo yonke, sizijezisa thina
Umuntu ogxuma esuka ophahleni lwesakhiwo eside
uzophula amathambo akhe Ngakho-ke, asinakuyishaya
indiva imithetho yamandla adonsela phansi ngaphandle
kokuthola imiphumela

* * *

Uma sibheka ngokujulile imiphakathi yomhlaba futhi
sihlola izimfihlo ezifihliwe zemiphakathi yasendulo, kuvela
isithombe esikhulu, esinemigqa ehlangene, izahluko
ezahlukahlukene, kanye neminingwane eqondile, futhi
sithola ukuthi umuntu ungumuntu ngamunye futhi
.ungumuntu ohlala nabantu ngesikhathi esisodwa

* * *

Ukuba uNkulunkulu wayefuna siphile ngokuqonda izinto
ezibonakalayo kuphela, besizokwaneliseka ngokuphelele
.ngezinto ezibonakalayo futhi saneliseke ngezindlela zezwe

* * *

Imisebe yobumsulwa, ukuthula, nenjabulo ngale
kwamaphupho iyakhanya futhi idansa ekujuleni kwethu
okubalulekile

* * *

Ngokuhlangenwe nakho ngakunye okuvela
esibhakabhakeni sezimpilo zethu phakathi nalolu hambo
lwethu lwasemhlabeni, kumelwe sifunde ukuthi
singalwandisa kanjani ulwazi lwethu nokuthi singaziqonda
kanjani izimo ezisizungezile noma esidlula kuzo, bese
sizokwazi ukuphila ngokuvumelana kangcono futhi
.sibhekane kahle nabantu nokuphila

* * *

Abantu abaningi balingisa abanye. Umuntu kufanele abe
ngumuntu wokuqala nonobuhlakani, futhi abe yingcweti
.kukho konke akwenzayo
EMpumalanga, ukugxila okuyinhloko kube
ekuhlakuleleni injabulo engokomoya, kuyilapho izici
zokuphila ezibonakalayo zivame ukunganakwa
ENTshonalanga, kunezinye izinto eziduduzayo ezibonakalayo
kodwa injabulo yengqondo encane kakhulu Okudingekayo
ukulinganisela phakathi kwalokhu okubili, ngoba ukugxila
esicini esisodwa kuphela sokuphila kuholela ekungalinganini
nasekungakwazi ukubhekana nezidingo zokuphila
.ngokunengqondo

* * *

Injabulo enkulu kakhulu - ngemva kwenjabulo yaphezulu
- ukuthi umuntu abe nokuthula nezihlobo zakhe eziseduze
.okumele ahlale nazo nsuku zonke zonyaka
Abantu bachitha isikhathi esiningi beshesha futhi
beziphatha ngokuphamazela ngaphandle kokufeza okuningi
Bambalwa abama kancane ukuze bacabange futhi bazame
ukuqonda ukuthi impilo inikezani

* * *

Kumelwe sisebenzele ukwakha izakhiwo zangaphakathi
zokuhlakanipha ezingadini zokuthula eziqhakaza futhi
zikhanye ngezimbali ezingenakubalwa zezimfanelo ezinhle
ezingokomoya

* * *

Ukuzwana kwangaphakathi kuwumthombo ocebile
wamandla futhi kukhiqiza amandla avuselelekayo

* * *

Uma ubheka impilo, umuntu uthola ukuthi impumelelo
ayilula Impilo ivame ukuba nzima futhi ayithetheleli, futhi
kumelwe sizabalaze ukuze siziphilise Cabanga ngomzamo
odingekayo ukuze usekele umzimba wakho futhi uwugcine
uphilile futhi ungenazo izifo! Ngisho noma uphumelela
kulokhu, leyo mpumelelo ingeyesikhashana Umzimba—
kwangathi ungaphila isikhathi eside—ekugcineni uzobekwa
phansi Isidingo sidinga ukulwa namandla amaningi, kokubili
angaphakathi nangaphandle, ukuze ufinyelele impumelelo
oyifunayo La mandla asebenza ngokungakhathali
ukukuphuca noma yiziphi izimpumelelo ezibalulekile
ngempela

* * *

Zama ukuhlala uzolile ngaphansi kwazo zonke izimo,
futhi uvumele imbewu yokuthula kwakho iqhakaze
ngenjabulo nokumamatheka kokwaneliseka

* * *

Ngisho nabangcwele abakhulu kakhulu abafinyeleli
insindiso ephelele ngaphandle kokuba babelane
ngempumelelo yabo—okuhlangenwe nakho kwabo
okungokomoya nolwazi oluphakeme—nabanye ngokubasiza
ukuba bafinyelele ukuqonda okungokomoya Yingakho labo
abafinyelele izigaba ezinjalo futhi bafinyelele izimo ezinjalo
belangazelela ukudlulisela ukuqonda kulabo abakudingayo
Uma ufisa impumelelo yangempela, ngeke nje uvikele
.injabulo yakho kodwa nenjabulo yabanye

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Noma ubani ohlakaniphile angenza imali Kodwa uma
enothando enhliziyweni yakhe, ngeke ayisebenzise leyo mali
ngezinjongo zobugovu; kunalokho, bazoyabelana ngayo
nabanye Imali iyisiqalekiso neshwa ezandleni zobugovu

nabampofu, futhi iyisibusiso nesipho ezandleni zalabo
.abanezinhliziyo ezinhle nemiphefumulo ephanayo

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Othile angakhetha ukuthula isikhathi eside, engabe
ukukhuluma nomndeni wakhe Nakuba lo muntu engase
athole ukuthula kwangaphakathi, ukuziphatha kwakhe
kuwubugovu futhi kulimaza injabulo yomndeni wakhe. Ngeke
kubhekwe njengophumelele ngempela ngaphandle kokuthi
abathandekayo bakhe nabo bazuze kulokho akufezile.
Ngokufanayo, ukufeza impumelelo yezinto ezibonakalayo
akukhona nje ilungelo lethu lokujabulela ukuchuma kuphela;
futhi kuhilela umthwalo wethu wemfanelo kwabanye
.wokubasiza bathuthukise izimo zabo zezimali nezokuphila

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Ngivikelekile ngemuva kwezindonga zonembeza wami
ohlanzekile. Ngishise isikhathi esidlule esimnyama futhi
.ngikhathalela namuhla kuphela

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Namuhla ngiyaqaphela ukuthi ngingomunye
onokukhanya kokuhle kakhulu nokuthi ngiyisibani kulabo
abalwa namagagasi olwandle losizi

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Abantu banemibono nemibono ehlukeneyo mayelana
nempumelelo, kuye ngezifiso zabo empilweni Akuvamile
ukuzwa abanye abantu befanisa impumelelo nokweba, bethi
izinto ezinjengokuthi, "Wayeyisela eliphumelelayo!" Lokhu
kugcizelela ukuthi impumelelo kuzo zonke izinhlobo zayo
nezinhlobonhlobo zayo iyafiseleka futhi iyafunwa. Kodwa-ke,
.impumelelo yethu akufanele ilimaze abanye
Kukhona futhi enye indlela yokuphumelela: uma sikwazi
ukuletha imiphumela evumelanayo nezuzisayo kithi,
kufanele futhi sifake nabanye empumelelweni yethu futhi
.sabelane nabo ngezithelo zayo
Impumelelo isho ukwaneliseka komuntu kanye
nokwaneliseka endaweni yakhe Impumelelo yangempela

iwumphumela wezenzo ezisekelwe ezimisweni zokulunga,
futhi ihlanganisa injabulo kanye nenhlalakahle yabanye
njengengxenye ebalulekile yenjabulo yomuntu. Uma
sisebenzisa lesi simiso ekuphileni kwethu okungokwenyama,
kwengqondo, kokuziphatha, kanye nokungokomoya, sizoba
.nencazelo ephelele nephelele yempumelelo

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Lapha kuleli zwe elilinganiselwe, sibona ubude,
ububanzi, kanye nobuningi, kodwa kukhona elinye izinga
lapho ubukhulu bungekho khona; konke kucacile futhi
kusobala—konke kuwukuqonda nokuqonda Umuzwa
wokunambitha uwukuqonda, njengoba kunjalo nomuzwa
wokuhogela Imizwa yethu, imicabango, kanye nemizimba
kuyizimo zokuqaphela Njengoba nje singabona, sizwe,
sihogeke, sinambithe, futhi sithinte emaphusheni, kanjalo,
kulelo zinga eliphakeme, ingabe sizwa yonke le mizwa
?ngokwazi okumsulwa

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Nkosi, sijabulise ngokuzwa ukusondela kwakho,
usikhulule ezibophweni zezifiso, futhi usiphe injabulo
yangaphakathi engathinteki yizinto ezenzeka empilweni
.kanye nezenzakalo zayo ezishintshayo

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Uma izingqondo zethu zihambisana nokuqonda
okuphezulu, ukuqonda okungokomoya kuyavuka
ngaphakathi kithi futhi sizwa izimangaliso ezimangalisayo
.zokuhlakanipha nothando lwaphezulu

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Uma simthanda ngokuphelele uNkulunkulu futhi
siphendukela kuye ngayo yonke imicabango nezinhliziyo
zethu, sizozizwa siseduze naye futhi sizothola ukuthi
.uyisiphephelo esikhulu kunazo zonke sokuphepha empilweni

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Esikhaleni esibonakala singenalutho, esikhulu, kukhona
ukuxhumana kwendawo yonke kanye nokuphila okuphakade

okusihlanganisa nazo zonke izinto eziphilayo nezingaphili
endaweni yonke—igagasi lokuphila okuphezulu eligeleza
kukho konke ukuphila. Iphakade liyikhaya lethu langempela
kanye nendawo yokuhlala yaphakade, futhi ukuba khona
kwethu kule mizimba kungokwesikhashana,
njengokuphumula okufushane kwekharavani ehamba
.ogwadule

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Uma sizivumelanisa namandla okudala omoya,
sizoxhumana nengqondo yendawo yonke nengenamkhawulo
ekwazi ukusiqondisa nokuxazulula izinkinga zethu. Amandla
okudala azogeleza kithi ngaphandle kokuphazamiseka evela
emthonjeni omkhulu wobukhona bethu, okusenza sikwazi
ukufeza impumelelo yokudala kunoma iyiphi indawo
.yomsebenzi wethu

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Uthando luyakhula futhi luqhakaze endaweni
yokwethembana, ukubekezelelana, kanye nokuhloniphana

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Sibusise, Nkosi, ngokukhanya kwemicabango emsulwa
nemikhuba emihle, ukuze kuthi uma ubumnyama bemikhuba
emibi nemicabango ephambene busondela kithi, bususwe
ngokushesha. Futhi usisize sikuthande ngothando olujulile
kangangokuthi akukho ukukhohlisa kwezinto ezibonakalayo
noma izilingo zezwe ezingasibamba noma zibambe
.izingqondo nezinhliziyiyo zethu

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Izinto ezitholakala kalula azivamile ukuba yigugu
Sikwazi lokhu ngokufunda izimpilo zamadoda nabesifazane
abakhulu nokuthi baba kanjani bakhulu ngokuthuthukisa
amakhono abo, ukufeza imisebenzi yabo, ukwakha
izindinganiso zabo zokuziphatha, izifundo zabo ezijulile,
kanye nokugwema kwabo ubugovu Imiphumela abayitholile
kanye nempumelelo abayifinyelele yayinkulu kakhulu
kunemizamo abayenzile

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Inkululeko yangempela ilele enkululekweni
yokuzikhethela eqondiswa ukuhlakanipha futhi isekelwa
ukuqonda, ukulunga, kanye nentando eqinile

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Uma uvusa intando yakho, ukuzimisela, kanye
nokuqonda okunengqondo, amandla angabonakali akhululwa
ekuqondeni okuphakeme—ngokuqonda komphefumulo—
ukuze akusize futhi akhanyise izindlela eziholela enduduzo
.yengqondo kanye nenjabulo, ngosizo lukaNkulunkulu

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Umuntu kumele avule imigudu yomphefumulo
ngomzamo wakhe Akekho okhetha ngokuzithandela
ukuhlupheka nosizi kunokuthula nenjabulo Ukungazi
kuyimpande yokuhlupheka kanye nesithiyo okumele sisuswe
futhi siqedwe Ukungazi kuyisitshalo esiyingozi,
esinezimpande ezijulile, esikhula ensimini yesintu,
siminyanisa izitshalo ezinhle nezizuzisayo Ukungazi kumele
kunqotshwe ngentando engaguquki kanye nokuzimisela
okuqinile Inhlabathi yengqondo kumele ilinywe ngokugxila
kwengqondo okuqondile [kokuhle] kanye nembewu enhle
iniselwe ngamanzi okholo Lapho imisebe yothando ephilayo
nefudumele ikhanya, imbewu yobuhle izokhula futhi inqobe
ukhula notshani obudla izimila, ngoba ubumnyama abukwazi
ukuba khona lapho kukhona ukukhanya

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Izinjabulo zezinto ezibonakalayo ziyanyamalala futhi
zinyamalale, kodwa injabulo yaphezulu ayifiphali. Yinjabulo
.yaphezulu engapheli futhi engenakuchazeka

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Akufanele neze sisebenzise izindlela ezingalungile ukuze
sithole injabulo, futhi akufanele silahle ukuthula nengcebo
engokomoya esinayo ngaphakathi kithi siphishekela
induduzo ekhohlisayo kanye nokuphila okukhazimulayo

okungase kuboshwe phambi kwethu yizenzo zokuziphatha
.okubi nemiphumela ebhubhisayo

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Ukuthula kuyikhamera engcono kakhulu yokuthwebula
ubukhona bukaNkulunkulu. Ngelensi yokuthula okumsulwa
nokugxile ngqo, isithombe esibusisiwe sizovela ngokucaca
.okuphelele

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Eqinisweni, konke ukuhlakanipha kungaphakathi kuwe
futhi okudingayo nje ukuqaphela lokho

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Ukwaneliseka kulele ekuzithuthukiseni, ukuze abanye
bakufune kunokuba wena ubafune. Uthando nobungane
kufanele kunikezwe ngaphandle kokulindela noma isidingo,
ngoba ukulindela kudala inzondo nolaka Ngisho nalapho
elwela ukuzithuthukisa, umuntu kufanele ame yedwa,
avikeleke futhi abe nokuthula ngaphakathi kwenqaba
.yezimfanelo zakhe kanye nokuzihlonipha

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Kwangathi izimpophoma zenjabulo nethemba zingahlala
zigeleza zisuka enhliziyweni yami, futhi kwangathi isifutho
.sazo esiqabulayo singathinta bonke engihlangana nabo

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Injabulo engokomoya idala emphefumulweni isifiso
sokusiza abanye ngazo zonke izindlela, futhi ithuthukise
ikhono lokwazisa injabulo yokuziphatha ecwengekile eholela
enjabulweni, ngaleyo ndlela inciphise ukuthambekela
.ezinjabulweni ezingavuthiwe

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Kungakhathaliseki ukuthi indima yakho incane
kangakanani, isabalulekile njengezindima ezinkulu kakhulu
maqondana nokufaka isandla empumelelweni yomdlalo we-
.cosmic owenziwa imiphefumulo esiteji sokuphila

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Ukuqonda kwendawo yonke kuwukuqonda okuphelele,
okungenamkhawulo, okuzivuselela njalo futhi okungapheli
ekudaleni kwakho, futhi ngawe kuzama ukuveza isici
esiyinqayizivele sako

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Uma unambitha uthando lwaphezulu ngisho noma
kanye, awusoze waluyeka ngoba akukho okunye okufana
.nalo endaweni yonke

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Labo abamaziyo uNkulunkulu sebefinyelele ezigabeni
ezingokomoya ezithuthukile kakhulu, kangangokuthi
abaneliseki ngokunikeza izoni iseluleko esingokomoya
kuphela, kodwa bangakwazi – ngomusa nangosizo
lukaNkulunkulu – ukubanika amandla angokomoya
.abakhulula emiphumeleni yezenzo zabo zesono

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Zonke izenzo ezinhle nezimbi zihlala ngaphakathi
kwamangqamuzana obuchopho futhi zibonakala
njengemikhuba emihle noma emibi noma ukuthambekela
emcabangweni. Umuntu ohlushwa imikhuba engemihle
ngenxa yokuthi amangqamuzana obuchopho bakhe
anikezwe amandla aleyo mikhuba angazikhulula ngamandla
okuzimisela, ukuzindla, umthandazo oqotho, kanye
nokuqinisekisa okuqhubekayo okuhle kuze kube yilapho
yonke imikhuba yakhe engathandeki iguqulwa ibe yimikhuba
emihle yokuthula nokuthula. Lokhu kwenzeka lapho amandla
okuphila aqondiswa kahle esebenza ukushintsha isimo
esingavamile samangqamuzana obuchopho, ukuze lawo
.maseli agcwale konke okuhle, okuhle, nokuhle

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Ukuqonda yiso langaphakathi, umbono womphefumulo,
kanye netheskopu yenhliziyo. Kuyibhalansi phakathi
.kokuzola kwengqondo kanye nobumsulwa bonembeza

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Nsuku zonke sibona izigcawu ezahlukene, futhi nsuku
zonke kuletha isifundo esisha okufanele sifundwe.
Kulindeleke ukuthi umuntu afunde isifundo ngokugxila
enjongweni yokugcina yokuphila kwakhe: ukuqaphela
umthombo wobukhona bakhe kanye nesisekelo sokuphila
.kwakhe

Masisebenzele ukukhohlwa izinsizi zesikhathi esidlule
futhi sizimisele ukungagxili kuzo. Ngokuzimisela
okungantengantengi kanye nentando esebenzayo,
masivuselele izimpilo zethu, sithuthukise impumelelo yethu,
futhi sikhulise ngaphakathi kithi imikhuba emihle
.nezimfanelo ezinhle

UNkulunkulu ungamandla ami futhi angikholelwa
kwamanye amandla

Yilwa izimpi zempilo futhi uphikelele kuze kube
sekupheleni, ungayeki Ungalokothi uthi, "Angiyitholi indlela,
ngakho ngizoyeka ukuzama" Cela isiqondiso uma wenze
amaphutha, kodwa ungayeki ukuzama Abaningi bamukela
ukunqotshwa lapho bebhekene nezithiyo Labo abahlulekayo
kufanele bazihlanganise nabantu abaphumelelayo, hhayi
ukwehluleka Zimisele ukuphumelela; lokho makube yifilosofi
yakho empilweni

Nsuku zonke kumelwe siqinise amandla ethu omzimba,
sandise amandla ethu engqondo, futhi sazi ukuthi singobani
ngempela ngokuzindla, ukucabanga okunengqondo, kanye
nomsebenzi omuhle nokhiqizayo ozuzisa umzimba, ingqondo
.nomoya ndawonye

Uma ufuna ukusungula umkhuba omuhle noma ukuyeka
omubi, gxila emangqamuzaneni obuchopho lapho kuhlala
khona izindlela zemikhuba ehlukeni. Ukuze wakhe umkhuba
omuhle, qala uhlale buthule uzindle, ufuna isiqondiso
.saphezulu

Gxilisa ingqondo yakho esikhungweni samandla
okuzimisela ebunzini lakho, phakathi kwamashiya akho, bese
uqinisekisa ngokuqinile umkhuba ofuna ukuwufaka

ebuchosheni bakho. Uma ufuna ukuqeda imikhuba emibi,
gxila futhi ekugxileni kwamandla okuzimisela futhi
uqinisekise ngokuqinile ukuthi yonke imigqa lapho leyo
.mikhuba igxilile khona iyasulwa
Ngokugxila kanye namandla okuzimisela, ungasula
ngisho nemisele ejulile yemikhuba emidala egxilile

Ziqinisekise ngokuphindaphindiwe ukuthi unamandla
okususa imikhuba engemihle ebuchosheni bakho. Isikhathi
esingcono kakhulu salokhu kuqinisekiswa kusesekuseni
kakhulu lapho amandla akho okuzimisela nokugxila kwakho
sekusezingeni eliphezulu. Qhubeka uziqinisekisa ukuthi
ukhululekile kuzo zonke izithiyo, futhi ngolunye usuku
uzothola—ngosizo lukaNkulunkulu—ukuthi uzikhulule
.ngempela emkhubeni ofisa ukuwuyeka

Noma yini oyisabayo, yisuse emicabangweni yakho bese
uyishiya kuNkulunkulu. Qinisa ukholo lwakho kuNkulunkulu
futhi uthembele ukuthi uyakwazi ukukusiza, futhi wazi ukuthi
ukuhlupheka okuningi kuvela ekukhathazekeni
.nasekukhathazekeni

Kungani kufanele uhlupheke manje uma into oyesabayo
ingakenzeki? Njengoba iningi lokuphazamiseka kwethu livela
ekwesabeni, uma sisusa ukwesaba ezimpilweni zethu
sizozizwa sikhululekile futhi ukuphulukiswa kuzokwenzeka
.ngokushesha

Njalo ebusuku, ngaphambi nje kokuba ulale, ziqinisekise
ukuthi uNkulunkulu unawe, ekuvikela futhi ekuqaphile.
Zibone ngeso lengqondo ukukhanya Kwakhe okukuvikelayo
okuzungezile kuzo zonke izinhlangothi, futhi uzozwa isivikelo
.Sakhe esimangalisayo

Kulo mdlalo we-cosmic, abantu bazo zonke izinhlanga
.badlala idrama yokuphila esiteji sesikhathi

Kumelwe siqonde incazelo yokuphila ngaphandle
kokuzixakekisa ngokweqile noma ukugxila kakhulu
ezindimeni zethu zesikhashana Ukuqonda kwethu impilo
kuvame ukuhlanekizelwa futhi kuphambukiswe ngoba
sikubuka ngamehlo obugovu kanye nombono olinganiselwe;
uma sibheka ngamehlo omoya, besizobona izinto ngombono
ohluka ngokuphelele

Uma sivula iso lokuhlakanipha, sibona ukukhanya
kukaNkulunkulu okubanzi, futhi kulokho kukhanya sibona
isimo sethu esingokomoya, okuwukubonakaliswa kwemvelo
yokuqonda kwendawo yonke egcwala zonke izinhlayiya
.nezingxenye zendawo yonke

Amaqiniso angokomoya asizungezile, angqongqoza
eminyango yamehlo ethu avaluwe, esikhuthaza ukuba sibone
ukukhanya esikhundleni sobumnyama, senze
ngokuhlakanipha esikhundleni sokungazi, sigcwalise
izinhliziyi zethu ngothando esikhundleni senzondo, futhi
sibambisane ekumiseni ukuthula nokuletha inala
nokulondeka emhlabeni wethu Uma senza lokhu, ukungazi
kuzonyamalala, ukungezwani komhlaba kuzonyamalala,
sizobona ubunye ekuhlukeni, futhi sizovumelana kakhulu
nentando kaNkulunkulu

Ubuhlobo bethu noNkulunkulu abuyona into ebandayo
noma engenaluthando, njengaleyo ephakathi komqashi
nesisebenzi. Singabantwana Bakhe, futhi ukusinakekela
Kwakhe kuhlala njalo; Uyasilalela njalo. Siyingxenye
ebalulekile yobuntu Bakhe, futhi ubuhlobo bethu Naye
buyaphila futhi bunamandla. Usinike ingcebo engapheli
yothando, ukuqonda, ukuqonda, intando enhle, namandla
angokomoya, kodwa iningi lethu lichithe le ngcebo
.lingenalutho

UNkulunkulu ufuna siphile ngokuphepha, ngokuthula,
nangokubambisana okunobungane, njengoba kufanele
amalungu omndeni ohloniphekile nonothando, kodwa
ubugovu kanye nokubala kobugovu kuye kwahluma futhi

kwagxila emiphefumulweni yabantu futhi kwabangela
.ukwahlukana phakathi komndeni

UNkulunkulu ufuna sibe ngamakhosi, kodwa sikhetha
ukuba yizigqila Isintu sidukile kude nekhaya laso lasezulwini
futhi salahlekelwa yipharadesi langaphakathi lokuzizwa
siseduze noNkulunkulu noNkulunkulu eduze nathi, futhi
ngeke sikwazi ukuphinda silithole lelo pharadesi ngaphandle
komzamo womuntu siqu UNkulunkulu wasidala
ngomfanekiso waKhe, kodwa leli qiniso lisiphunyukile
.ezingqondweni zethu

Sizinikele ekukhohlisweni kokuthi isiphetho sethu
siwubunzima nokuthi isiphetho sethu siwukubhujiswa, futhi
kumelwe sidabule isihengo sokukhohlisa ngommese
wokuhlakanipha ukuze sibone iqiniso elikhanyayo ngemuva
kwesihengo

UNkulunkulu ungibusise ngenjabulo kuyo yonke le
minyaka emide yokuphila kwami Kungakhathaliseki ukuthi
abantu babona ukumamatheka kokwaneliseka ebusweni
bami noma cha, injabulo yaphezulu ihlala inami futhi
ayingishiyi. Umfula omkhulu wenjabulo ugeleza njalo
ngaphansi kwesihlabathi sokuqonda kwami futhi uqhuma
.njengemithombo ebusisiwe enisela izingadi zempilo yami
Ukuphazamiseka okuzumayo kokuphila akukwazi
ukuphazamisa ukuthula kwami, futhi iphupho lokufa alikwazi
.ukungiphuca injabulo engokomoya engiyizwayo
Kwakunzima ukwenza leso simo sibe esihlala njalo futhi
esingaguquki, kodwa izithelo zomoya engizijabulelayo futhi
engizabelana ngazo nabanye manje zazifanele wonke
.umzamo engangiwenza kuso

Ngicabanga futhi ngenza ngiqondiswa umoya waphezulu
Imali ayikaze ibe umgomo wami empilweni, kodwa
kunalokho ukukhonza abafowethu nodadewethu esintwini.
Ngakho-ke, uNkulunkulu ungivulele iminyango eminingi
yobuhle ukuze ngizisekele futhi ngifeze umsebenzi wami.

Noma nini lapho ngidinga usizo, uNkulunkulu ulunikeza
.ngokushesha

Isifiso sami kuphela ukukukhonza, yingakho ngilapha
Amandla kaNkulunkulu ayasebenza empilweni yakho
futhi. Uzozibonela leli qiniso lapho ukholo lwakho luqiniswa
futhi uqaphela ukuthi ingcebo yangempela ayiveli
empumelelweni yezinto ezibonakalayo kodwa ivela
.kuSomandla

Yonke imizuzu oyichitha noNkulunkulu izoba
ngeyokuzuzisa kakhulu, futhi konke okufezayo ngothando
.nokujabulisa uNkulunkulu kuzobhalwa phansi kwakho
Phumula uye emicabangweni yakho ejulile futhi
ujabulele ukuthula okugeleza emthonjeni wokuthula
Uma sihlwanyela izenzo ezinhle, sivuna injabulo
nezibusiso, futhi uma sihlwanyela izenzo ezimbi, sivuna
.izinhlobo ezahlukeni zezinkinga nezinkinga
Zonke izenzo ezinhle zifana ne-pickaxe esimba ngayo
emhlabathini wokwazi ukuze sithole umthombo wenjabulo
yaphezulu

Funda ukungena olwandle lokuzihlola nokuhlola,
kungakhathaliseki ukuthi kuhlobene nezincwadi ezinhle,
inkolelo, izinkinga, ifilosofi, noma injabulo yangaphakathi,
uqaphela ukuthi ukuba wedwa okuvamile [kokuzindla]
.kuyintengo yenjabulo yangempela

Nakuba impilo ibonakala ingalindelekile, ingenasisekelo,
futhi iyimfihlakalo, igcwele ukungabaza nazo zonke izinhlobo
zezinkinga kanye nezinxushunxushu, sihlala singaphansi
kwesivikelo sikaNkulunkulu esiqhubekayo. Akufanele
sidlulisele izinto ngokweqile noma silahlekelwe ukuzibamba
lapho sibhekene nezenzakalo, ngoba uma sivumela
ukwesaba kusinqobe, sinikeza amandla ebubini futhi sijulise
izimpande zabo, ezikhula futhi zichume emhlabathini
.wokwesaba nokukhathazeka

Zibuze njalo ebusuku: Singakanani isikhathi osichithe
noNkulunkulu, kungakanani osukucabangile ngakho,

kungakanani osukufezile, kungakanani osukufezile
kwabanye, nokuthi kungakanani osukufezile ukulawula izifiso
?zakho

Akufanele silindele ukuthola injabulo nokuthula okuhlala
njalo ezinhlophekweni zokuphila; kunalokho, kumelwe
sizifune futhi sizithole ngaphakathi kithi. Khona-ke, noma
ngabe yikuphi okuhlangenwe nakho esidlula kukho,
sizobhekana nakho ngendlela efanayo esibukela ngayo
okuhlangenwe nakho komunye umuntu ku-movie, kungaba
.okujabulisayo noma okubuhlungu

Umuntu angaguqula konke okuhlangenwe nakho
kwakhe kube yizilingo ezibuhlungu nezidabukisayo uma
evumela ingqondo yakhe ukuba yenze kanjalo. Bangase
bajabulele impilo enhle kodwa bahluleke ukwazisa
ukubaluleka kwayo. Kodwa uma begula, bazozithoba futhi
bazise isibusiso senhlalakahle. Kufanele siqaphele umusa
kaNkulunkulu futhi simbonge ngezibusiso asipha zona
ngaphandle kokulinda izimo ezimbi ukuba zisenze sibonge
.futhi siqaphele umusa wakhe

Impilo kufanele ibe yinhlanganisela yokuzindla kanye
nesenzo Lapho umuntu elahlekelwa ibhalansi yakhe
yengqondo, uba sengozini yokuhlaselwa ukukhathazeka,
amafu osizi, kanye nobuhlungu. Futhi uma ezama ukwephula
imithetho yempilo, ukuchuma, nokuhlakanipha, nakanjani
.uzohlushwa ukugula, ubumpofu, kanye nokungazi
Kumelwe sigcine izinhloso zethu zimsulwa, izisusa zethu
zihlanzekile, futhi senze ngendlela esilethela ukuthula
kwengqondo, futhi singavumeli izimo zokuphila ziphazamise
.ukuthula kwethu futhi zibhubhise injabulo yethu

Izinhliziyi ezidabukile nemicabango ephukile
iyanqidonsela, kungakhathaliseki ukuthi ikude kangakanani
Yandisa imingcele yombuso wakho wothando
olukhazimulayo ukuze kancane kancane uhlanganise

umndeni wakho, omakhelwane bakho, umphakathi wakho,
izwe lakho, nawo wonke amazwe nezidalwa eziqaphelayo

Kumelwe futhi siqinise ingqondo yethu futhi senqabe
umthwalo wobuthakathaka bokucabanga nokuziphatha
obuzuzwe eminyakeni nezizukulwane. Lokhu kungcola
kumele kushiswe emlilweni wokuzimisela okusha kanye
nesenzo esikhiqizayo. Ngale ndlela eyakhayo, umuntu
ozinikele ngempela angafinyelela emkhawulweni
.wenkululeko nenkululeko

Sebenzisa amandla angenamkhawulo angaphakathi
kuwe ukuze ukwazi ukudlala indima yakho ehlonishwayo
esiteji sempilo

Lapho nje umuntu eqala ukukhulekela izimpahla, imali,
udumo, noma yini enye ngaphandle kukaNkulunkulu,
ukungajabuli kuba yinto yakhe Labo abagxila konke ukunaka
kwabo kulezi zinto empeleni bayazikhulekela, ngakho-ke
abasondeli kuNkulunkulu kodwa kunalokho bayasuka kuYe.
Kodwa labo abacabanga ngoNkulunkulu, bazindla ngaYe,
futhi baxhumana naye ezinhliziyweni zabo basondela kuYe
futhi bathole injabulo yangaphakathi ekuxhumaneni kwabo
.buthule naYe

UNkulunkulu kuphela okwazi ukugcwalisa amaphupho
abantu kanye nethemba lenjabulo ehlala njalo. Ngakho-ke,
akukho lutho okufanele luvunyelwe ukuthatha indawo
.kaNkulunkulu enhliziyweni

Kunezimpawu ezingcwele ezingasiza umfuni
ukukhumbula uNkulunkulu nokusondela kuYe. Kodwa-ke,
uma umuntu eqala ukukhulekela lezi zimpawu, ukulimala
kwakhe kuzodlula inzuzo yakhe. Ukukhulekela kufanele
kuqondiswe kuNkulunkulu kuphela, ngoba akukho okunye
.okufanele ukukhulekelwa

Kungakhathaliseki ukuthi ukukhulekela okungokwesiko
kuyini, kuyamukeleka kuNkulunkulu uma nje umkhulekeli
ekwenza ngokuqonda okungokomoya nokulangazelela Yena.

Kodwa-ke, abantu abaningi abaqondi ingqikithi
yokukhulekela, futhi imicabango nezinhliziyi zabo
ziphambukile kuNkulunkulu ziye emikhosini, ngaleyo ndlela
.zingazuzisi kakhulu ekukhulekeleni kwabo

Abakhulekeli beqiniso abavumeli ukuqonda kwabo
kuvinjelwe kunoma yisiphi isithombe noma isimo, kodwa
bagxila ngothando olujulile kanye nokunaka okugcwele
emoyeni waphezulu ongemuva kwazo zonke izithombe
.nezinhlobo

UNkulunkulu uphelele futhi akanamkhawulo, futhi
akukho sithombe noma isithombe esingamthwala
Kungashiwo ukuthi uNkulunkulu uzibonakalisa kuwo
wonke umuntu omthanda ngobuqotho futhi ovumelana
Naye, ngoba ukhona yonke indawo ngakho-ke ukhona kuwo
wonke umuntu. Nokho, akuwona wonke umuntu onekhono
lokubonakalisa ubukhona bukaNkulunkulu. Ilanga likhanya
ngokulinganayo kokubili kumalahle kanye nedayimane,
kodwa idayimane liyamukela futhi libonise ukukhanya
.kwelanga, kuyilapho ilahle lingenakukwazi

Ngokufanayo, bonke abantu bacwiliswe ekukhanyeni
kukaNkulunkulu, kodwa bambalwa kuphela abakwaziyo
ukwamukela lokho kukhanya futhi bakubonakalise
emicabangweni nasezenzweni zabo. Ukuze benze kanjalo,
kumelwe bazihlanze ngokuzindla nangokulandela
.izimfundiso nemiyalelo yaphezulu

Uma sibiza igama likaNkulunkulu, kumelwe siqaphele
ngokujulile nangobuqotho lokho esikushoyo Uma
ubungabona imicabango yabantu ngesikhathi somthandazo,
ubungathola ukuthi iningi labo licabanga ngakho konke
ngaphandle kukaNkulunkulu, yize bebiza igama Lakhe!
.Umthandazo onjalo awunazithelo futhi awunamsebenzi
Uma sithandaza, kufanele silwele ukugxila izingqondo
zethu zonke kuNkulunkulu, kunokuba simane siphindaphinde
igama Lakhe elibusisiwe ngenkathi sivumela imicabango
yethu ukuba izulazule. Omunye womalume bami wayevame

ukusho imithandazo yakhe phezu kwamabhere omthandazo,
okwakungavamile ukuba aphume esandleni sakhe. Kodwa
wavuma kimi ngolunye usuku ukuthi naphezu kokwenza lo
mkhuba wokuthandaza iminyaka engamashumi amane,
uNkulunkulu wayengakayiphenduli imithandazo yakhe.
Akumangalisi! "Imithandazo" yakhe yayiyinto nje yomkhuba
.wokukhathazeka

Uma sithandaza, akufanele sicabange lutho ngaphandle
kukaNkulunkulu. Kufanele silwele ukuba qotho
ekukhulekeleni kwethu futhi sizinikele ekunxuseni kwethu.
Ukusebenzisa ubuhlalu bomthandazo nokubiza igama
likaNkulunkulu njalo kuyamukeleka ngokuphelele uma
umkhuba usuka enhliziyweni futhi usekelwa ubuqotho
nengqondo egxile. Kodwa-ke, lo mkhuba ungaba
.ngokuzenzakalelayo ngokuhamba kwesikhathi

Kumelwe sihlebele igama likaNkulunkulu ezinhliziyweni
zethu, ngokulangazelela nangothando lwaphezulu; lokhu
kuwukukhulekela kweqiniso okuthinta inhliziyo kaNkulunkulu
Ukubiza igama likaNkulunkulu ngokubandayo nangengqondo
ezulazulayo kuwukuhlambalaza nokungahloniphi Lapho
umuntu ethandaza, inhliziyo nengqondo yakhe kumelwe
igcwale uthando lukaNkulunkulu

O Nkosi, Wena uyiNkanyezi yaseNyakatho yaphezulu
lapho imicabango yami yokuzulazula iqondiswa khona
olwandle oluyaluzayo lwezilingo nezinsizi

Ukuzijwayeza ukugxila engqondweni ngokusebenzisa
izivivinyo ze-yoga eziphakeme kusiza ukusondela
kuNkulunkulu, umthombo ophakeme wenkazimulo
nobukhazikhazi, njengoba nje kusiza ukucabanga
ngoNkulunkulu nokuxhumana naye

Kubalulekile ukunikela usuku olulodwa ngesonto
ekuphumuleni ngokomoya (uma kungenzeka) ukuze
ucabange ngoNkulunkulu futhi uzizwele ukuthula, ukuthula,
nokuthula kwangaphakathi Isikhathi esichithwa ngale ndlela

sizoba umuthi oduduzayo ezinkingeni nasezinkingeni
.ohlangabezana nazo phakathi nesonto lonke
Wonke umuntu udinga ukuchitha usuku olulodwa isonto
ngalinye eyedwa noma "ekuphumuleni ngokomoya" ukuze
aphulukise amaxeba nezinhlungu zakhe ezingokomzwelo
Lapho lolo suku luba lokuthula, injabulo, nokwaneliseka,
.uzolulinda ngokulangazela isonto nesonto
Ukuba wedwa kuyintengo yobukhulu Uzomangala
ngemiphumela emihle ezotholakala engqondweni yakho,
emzimbeni, nasemphefumulweni wakho ngalokhu kuhoxa
ngokomoya kanye nokuxhumana nomoya wakho kanye
noNkulunkulu. Uma ufisa injabulo yangempela, kumelwe
uzicwilise olwandle lokuthula kwaphezulu ekuseni kakhulu
.lapho uvuka, futhi nangaphambi kokulala ebusuku
Izihlakaniphi zaseNdiya azicebisi usuku olulodwa
lokuzihlukanisa, kodwa zigcizelela isidingo sokuzindla
buthule ngezikhathi ezine eziqondile nsuku zonke Ekuseni,
ngaphambi kokuvuka nokubona noma ubani, umuntu
kufanele ajabulele ukuthula nomuzwa wokuthula Emini,
umuntu kufanele athulise ingqondo ngaphambi kwesidlo
sasemini, futhi aphinde ajabulele isikhathi sokuthula
ngaphambi kwesidlo sakusihlwa Ekugcineni, ngaphambi
kokulala ebusuku, umuntu kufanele angene esimweni
sokuthula futhi
Labo abagcina ukuthula ngenkuthalo ngesikhathi
bebodwa futhi phakathi nalezi zikhathi ezine zansuku zonke
nakanjani bazozwana noNkulunkulu Labo abangakwazi
ukugcina zonke lezi zikhathi kufanele banikele okungenani
amahora asekuseni nakusihlwa kulokhu. Ngokwenza kanjalo,
izimpilo zabo zizoguqulwa zibe ngcono, futhi bazozwa
injabulo yangempela; okuhlangenwe nakho kuwubufakazi
.obuhle kakhulu
Uma uqhubeka nokubhala nokusayina amasheke
ngaphandle kokufaka imali eyanele ukumboza i-akhawunti
yakho yasebhange, imali yakho izophela. Kunjalo

nasempilweni yakho. Ngaphandle kokufaka njalo ukuthula
ku-akhawunti yakho yokuphila, amandla akho azophela,
ukuthula kwakho kuzophela, futhi injabulo yakho izophela.

Ngamafuphi, ekugcineni uzohlupheka ngokomzwelo,
ngokwengqondo, ngokomzimba nangokomoya. Kodwa
ukuzindla okujulile nsuku zonke ngoNkulunkulu kuzogcwalisa
.i-akhawunti yakho yemizwa

Umuntu ofuna uNkulunkulu ngobugotho uzindla nsuku
zonke, ekhuluma noNkulunkulu ngothando lonke kanye
nokulangazelela enhliziyweni yakhe, emncenga ukuba
aziveze. Uma ungumthandi kaNkulunkulu futhi ulangazelela
ukuzwa ubukhona bakhe, kumelwe ucwilise ingqondo
nomzimba wakho ekuthuleni kwaKhe, futhi impilo
izokumomotheka, futhi izindaba zakho zizothuthuka
.ngezindlela eziningi

Umuntu ozolile akavamile ukwenza iphutha, futhi
uphumelela lapho izinkulungwane zabanye zihluleka khona
Labo abangacabangi ngoNkulunkulu noma
abangamkhathaleli bayacindezeleka futhi babe lusizi.

.Bayacasuka futhi baphenduke imishini yokuhamba
Ilanga lokuhlakanipha nokuthula lizophuma
esibhakabhakeni sokuthula futhi lizogeza impilo yakho
emisebeni yalo yokuphulukisa uma nje wenza umzamo
ongokomoya futhi unikeza uNkulunkulu indawo yokuqala
.enhliziyweni yakho

Inyanga eyodwa ikhanya kakhulu kunezinkanyezi zonke
zihlangene Ilanga, elibonakala lincane, lixosha ubumnyama
endaweni enkulu ngokuphindwe izigidi kunalo. Ngokufanayo,
umuntu omuhle, ngokuba khona nje emhlabeni, ukhipha
ukudlidliza okuphikisana nokuthulisa okuningi kokudlidliza
.okukhishwa abantu ababi

Usuku lokuzindla kufanele futhi lube usuku lokuphumula
kwengqondo nokwenyama kanye nokuhlakulela ukuthula
kwangaphakathi Noma yimuphi umsebenzi oveza

ukuhlakanipha nokuthula uwumsebenzi obusisiwe ngalolo
suku

Ngokuphathelene nokuhlonipha abazali, izincwadi
ezingcwele zitusa ukubaphatha kahle: “Hlonipha uyihlo
”nonyoko” kanye nokuthi “Yiba nomusa kubazali
Abazali abangabantu kufanele bahlonishwe
njengabameleli bakaNkulunkulu, owabapha isipho sokudala
isintu. Umama uyisibonelo sothando lukaNkulunkulu
olumsulwa, ngoba umama onothando uyathethelela lapho
kungekho omunye umuntu ozothethelela khona. Ubaba
ungukubonakaliswa kokuhlakanipha kukaNkulunkulu
.nomvikeli wabantwana Bakhe
Umuntu akufanele athande uyise nonina ngaphandle
kukaNkulunkulu, kodwa njengokubonakaliswa kothando
Lwakhe oluvikelayo noluhlakaniphile. Umoya ophakeme
waphezulu uba ngubaba nonina ukusiza ingane; ngakho-ke,
.kufanele uhlonishwe kubazali

Imibhalo isiyala futhi ukuba singabulali ngenxa
yokubulala, ngoba umuntu uba ngumbulali. Umuntu
akufanele abulale omunye ngesikhathi somzwelo ojulile.
Kodwa-ke, uma abathandekayo besongelwa, umuntu
kumelwe alwe ukuze avikele labo uNkulunkulu abaphathise
bona, ngoba kungumsebenzi ongcwele ukuvikela umndeni
.nezwe lakho

Ngokuphathelene nokuvinjelwa kokuphinga, inhloso
enhle yokuhlangana ngokocansi kufanele kube ukuzala
abantwana abadale ngomfanekiso kaNkulunkulu kanye
nokubonakaliswa kothando oluhlangezile oluzwa
ngabalingani ababona uNkulunkulu komunye nomunye Labo
abaphila kuphela ezingeni elingokwenyama, ngaphandle
kokunaka uthando lweqiniso noma injongo ephakeme
okwadalelwa yona isifiso sobulili, bayaphinga ngokwalo
myalo. Kulokhu, abahlukile ezilwaneni ezanelisa izifiso zazo
.zobulili bese ziqhubeka nendlela yazo

UNkulunkulu wadala lo mdlandla wokudala kwabesilisa
nabesifazane wokuzala nokubonisa uthando lweqiniso
emshadweni, futhi akufanele lusetshenziswe kabi ngenye
indlela, kodwa kunalokho luguqulwe lube umsebenzi
.ongcwele nolwazi

Uma ungakwazi ukulawula nokusabalalisa amandla
ocansi ngaphakathi kwakho, uzokwazi ukuthuthukisa
amakhono amakhulu engqondo okubhala, ukudweba, noma
.okwembula amakhono afihliwe ngezinye izindlela eziningi
Futhi lapho ekugcineni usukwazi ukulawula nokuguqula
ngokomoya umsebenzi wokudala, uzothola ukuthula
okukhulu, uthando olukhulu, kanye nenjabulo engokomoya
.ekhulayo

Osanta nabaholi abangokomoya abashintshe ubulili
babo ngokomoya bayiziqhwaga ezikwazi ukwenza imisebenzi
emangalisayo nemangalisayo emhlabeni nasekufuneni
.iqiniso ngendlela engavamile

Ngakho-ke, ukusetshenziswa okuphezulu kwesifiso
sobulili ukuphakamisa amandla aso, okungukuthi,
ukuhambisa amandla aso enjongweni ephakeme ukuze
kubonakaliswe ukuhlakanipha, izimiso eziphakeme, kanye
nezimiso ezingokomoya Umuntu akufanele athole injabulo
emicabangweni yobulili noma afise lokho okwenqatshelwe.

Lapho lolu hlobo lokuzithiba selufeziwe, umuntu uzoba
.nombono oqinile ngocansi kanye nenjongo yalo ephakeme
Ukuba yisigqila sezindaba zocansi kusho ukulahlekelwa

yimpilo, ukuzithiba, nokuthula kwengqondo, futhi
.ngamafuphi, zonke izinto zenjabulo umuntu azidingayo
Izincwadi ezingcwele zisikhuthaza futhi ukuba singabi

Uma iqembu labantu abayinkulungwane lingantshontshana,
ngamunye uzoba nezitha ezingu-999 Ngakho-ke, umuntu
akumelwe aphule amalungelo abanye, noma athathe izwe
lakhe, ukuthula, uthando, isithunzi, noma noma yiziphi izinto
zakhe ezibonakalayo noma ezingokomoya Uma ungazizwa
unesifiso sokuthatha okungekona okwakho, okudingayo

noma okufisayo kuzokuza kuwe Ubusela buqala
engqondweni lapho umuntu eqala ukuba nomona nabanye
Imbewu yezifiso ezimbi kumele isuswe engqondweni
Ububele obungokomoya yindlela Khona-ke, umuntu
uzodonsela inala ngokwemvelo, futhi izibusiso zizogeleza
kuye zivela emithonjeni ayaziyo kanye nemithombo
angayazi Lona umthetho waphezulu ongenaphutha
Ngokuphathelene namasela nabantu abanobugovu, bachitha
izimpilo zabo bexosha izinto ezibonakalayo, amehlo abo
ahlala ebheke kulokho abanye abanakho, noma ngabe imali
yabo igcwele igolide
Ngaphandle kokuba ubugovu bezinto ezibonakalayo
bungashiywa, umhlaba awukwazi ukujabula
Injabulo itholakala kuphela ngokubambisana
ngokomoya. Ifika lapho umuntu ezwa izidingo zabanye
njengokungathi zezakhe futhi esebenzela abanye njengoba
.ezisebenzela yena
Omunye umyalo obalulekile ukugwema ukufakaza
amanga Ukulimaza umuntu ngokuhlanekezela iqiniso
kungenye indlela yokuphazamisa ukuvumelana komphakathi
Uma umuntu efisa ukuphathwa kahle, kufanele apha
abanye ngendlela efanele Iqiniso kufanele lishiwo njalo,
kodwa kufanele kwenziwe umehluko phakathi kokusho
iqiniso nokusho amaqiniso nje Ukubiza umuntu
njengoyisilima noma oyimpumputhe kuyalimaza futhi
kuyalimaza; umuntu kufanele aqaphele imizwa yabanye
futhi agweme ukubaphoxa Ngokufanayo, ukwembula iqiniso
elingakhaphela umuntu ngaphandle kwenhloso enhle nakho
akulungile Ngakolunye uhlangothi, umuntu akufanele
aqambe amanga ukuze agweme ukukhuluma iqiniso;
kunalokho, umuntu angathula ezimweni ezithile ukuze
agweme ukuhlazisa noma ukulimaza abanye
Umuntu kumelwe aqaphele umona, isifo esibhubhisayo
esidla ukuthula komphefumulo. Uma umuntu efisa kakhulu
okwabanye, kulapho injabulo nosizi lwakhe luba lukhulu

khona. Umuntu onomona uphila impilo enezinkinga, engazi
ukuthi ukuthula kunjani. Kungcono kakhulu ukuba
azihloniphe, athembele kuye, futhi afune ingcebo
.engokomoya yangaphakathi

Isithunzi somuntu kanye nokubaluleka kwakhe
kwangaphakathi kukhulu kakhulu kunanoma yini angase
ayifise noma ayifisele ukuba nayo. UNkulunkulu ubonakala
kuwo wonke umuntu ngendlela engabonakali kunoma
yimuphi omunye umuntu. Ubuso bakhe abufani nobanoma
ubani omunye, futhi umphefumulo wakhe awufani
nowanoma ubani omunye, ngoba ngaphakathi kubo kukhona
ingcebo enkulu kunazo zonke izidalwa—futhi leyo ngcebo
enkulu kakhulu uNkulunkulu
Sifuna izimpilo zethu zikhanye futhi zichume ngezenzo
ezinhle, zibe nephunga elimnandi lenjabulo, futhi ziphile
phakade enkumbulweni yalabo abasazisayo

Uma umuntu enokholo olufanele futhi enza ngokufanele,
ujabula kakhulu kunalabo abangenalo ukholo futhi
.abangawenzi imisebenzi yabo empini yokuphila
Ukholo oluqinile kanye nesenzo sokulunga (okusekelwa
yizisusa ezinhle kanye nezinhloso ezinhle) kuhlala kukhona
noma kuphi lapho kukhona khona injabulo, futhi kulahleka
lapho injabulo ingekho. Kulokhu, singaphetha ngokuthi
kuyimibandela emibili ebalulekile yenjabulo,
engenakufinyelelwa ngaphandle kwayo. Labo abafisa
injabulo kudingeka babe nalezi zinto ezimbili eziyisisekelo,
.eziyisisekelo zayo nezinsika zayo

Abantu abakwazi ukulawula, ukushintsha, noma ukusula
izingxenye ezingenamkhawulo zendawo yonke ngokuthanda
kwabo. Lezi zingxenye zihlanganiswe ngendlela
eyinkimbinkimbi nesakhiwo sokuphila komuntu, futhi abantu
abakwazi ukusebenza bodwa kuzo. Kodwa-ke, abantu
bangakwazi ukulawula izingqondo zabo ukuze

bazivumelanise nalezi zingxenye futhi bagweme ukulimala
.yizo

Okhokho bethu babejabule kunathi hhayi ngoba
babenezinto eziningi zezwe nezinjabulo kunathi manje, noma
ngoba babengaziboni izinkinga zokuphila, kodwa ngoba
babenebhalansi yengqondo eyayibanika induduzo, ukuthula,
.ukwaneliseka, kanye nenjabulo emfushane

Abazange bathembele ezimweni zangaphandle ukuze
bathole injabulo yabo, futhi abazange banqotshwe yizimo
zangaphandle ezazizobaphuca yona Imizwa yabo
yenduduzo, ukuthula, injabulo, nokwaneliseka
yayingokwemvelo, ijwayelekile, inempilo, futhi ihlala njalo
Nathi, kufanele sihlakulele le mizwa uma sifisa ukuba
?nenjabulo Futhi ubani phakathi kwethu ongenayo

Isiphetho siwumphumela wokusebenzisa inkululeko
yokuzikhethela esikhathini esidlule. Ngemikhuba yethu
yenkululeko yokuzikhethela esikhathini esidlule, sizilethele
futhi siyaqhubeka nokuzilethela isiphetho nesiphetho.
Kodwa-ke, asiboshiwe yisikhathi esidlule, futhi
asivinjelwanga yimiphumela yezenzo zethu.
Singakuhlanekezela lokho esikuhlwaneyele futhi sisule lokho
esikubhalile uma sifisa futhi silwela ukulungisa inkambo
.yethu futhi sithuthukise ikhwalithi yesivuno sethu
Uma sisusa imbewu yezenzo nemiphumela ebuhlungu
futhi sitshala endaweni yazo imbewu efaneleka kakhulu
ngokwemvelo yomphefumulo, ngokuqinisekile sizovuna
izithelo zenjabulo kulezo zimbewu ezinhle ezihlwanyelwe
emhlabathini womphefumulo. Kumelwe sisebenzise
inkululeko yokuzikhethela manje, manje hhayi kusasa, uma
sifisa ukuthola injabulo enkulu noma ukunciphisa
.ukuhlupheka nobuhlungu

Ngakho-ke, izimo zenjabulo zingaphakathi kumuntu,
futhi okumelwe akwenze nje ukubhekana ngokungathi sína
naleyo ndlela engaphambuki, futhi imiphumela izoba wusizo
kuye uma enza ukuhlolwa okungcono kakhulu futhi
.ebhekana nakho

Nkosi, sengathi umphefumulo wami ungagcwala
amandla akho, inhliziyo yami ngokuba khona kwakho
okududuzayo nokunesihawu, ingqondo yami
ngokuhlakanipha kwakho, nomphefumulo wami ungagcwala
.ukuqonda kwakho kwaphezulu

Enhlabathini yezinhliziyi zenu, imbewu yothando
iyakhula. Nisela leyo mbewu ngamanzi othando oluphelele
.kanye nozwelo oluphelele

Amandla engqondo awanamkhawulo futhi ngenxa
yalokho, uma ucabanga ngokujulile nganoma yisiphi isihloko,
uzothola impendulo yanoma yimuphi umbuzo ohlobene
.nalesi sihloko

Uma umuntu enikela wonke umsebenzi wakhe
nemisebenzi yakhe ekukhonzeni abanye futhi ekufeza
ngendlela egculisayo, khona-ke kufanele ngempela
.acabangelwe futhi abongwe

Akufanele sibe nohlangothi olulodwa. Kunalokho,
kufanele silinganisele imisebenzi yethu futhi sibeke phambili
umsebenzi wethu kanye nemisebenzi yethu, kuye
.ngokubaluleka kwento ngayinye

Umsebenzi yilowo msebenzi umuntu awenza ngenjabulo
hhayi ngenxa yenzuzo yezinto ezibonakalayo, futhi
umsebenzi ongokomoya nowokuziphatha kufanele uze
kuqala ekuphileni

Wonke umuntu unamandla angakasetshenziswa. Unawo
wonke amandla adingekayo. Ingqondo ngokwayo
ingamandla aphezulu, futhi kumelwe ikhululwe emikhubeni
.nasemicabangweni esiphelelwe yisikhathi nenemingcele

Ithonya lamaplanethi nezinkanyezi empilweni yomuntu
libangelwa amandla angenelelayo okukhanga nokuxosha
.phakathi kwamaplanethi nemizimba yabantu
Imicabango emibi iholela umuntu endaweni eyingozi
lapho engaziveza khona ngokwezifiso zakhe. Kodwa-ke,
umuntu angashintsha imicabango yakhe kanye nokuqonda
kwakhe ngamandla okuzimisela, futhi ngenxa yalokho,
indawo yakhe. Uma umuntu ehlala endaweni eyingozi
isikhathi eside, leyo ndawo iqala ukumthonya ngokungazi.
Ngokuhamba kwesikhathi, ulahlekelwa ngokuphelele
inkululeko yakhe yokukhetha indawo enemphilo nenempilo
futhi abe ngaphansi kwamathonya amabi aleyo ndawo
eyingozi. Labo abanamandla okuzimisela, ngakolunye
.uhlangothi, bavumelana noNkulunkulu

Amandla engqondo agxilile

Uma ugxilisa ukukhanya kwelanga ngengilazi ekhulisayo
endaweni encane, kukhiqiza ukushisa, futhi lokho kushisa
kungavuthisa ukhuni, indwangu, iphepha, nokuningi.
Ngokufanayo, uma ugxilisa ingqondo yakho ngokunembile,
amandla ayo agxilile angashisa izimpande zokungabaza
ngemuva kokuhluleka ngakunye futhi avumele ukukhanya
.kokuhlakanipha kukhanye ngokukhanyayo
Uma ingqondo ivumelana noNkulunkulu, umthombo
wabo bonke ubuhle kanye nomsuka wawo wonke amandla
abusisiwe, iyaqaphela ubukhona bukaNkulunkulu futhi ibe
nazo zonke izici zempumelelo. Lezi zinto zihlobene eduze
namandla amakhulu kaNkulunkulu, ezikwazi ukudala
.amathuba amasha empumelelo kunoma yimuphi umkhakha
Izinkinga nobunzima buvela ekuntuleni komuntu
ukuqaphela izenzo zakhe zangaphambilini, ezenziwe
ngesikhathi esithile nendawo ethile Ukuhlupheka kwabo
kwamanje kuvela emicabangweni nasezenzweni abazishoyo,

ezagxila emhlabathini wokuqonda kwabo, zahluma zaba
isitshalo futhi zathela izithelo ezibonisa izici zalezo
.micabango nezenzo

Izilingo nezinsizi azizi ukuzophula umuntu noma
ukukhubaza intando yakhe, kodwa ukumenza aqonde
ubukhulu bukaNkulunkulu futhi ahloniphe imithetho yaKhe,
lapho angathola khona injabulo yangempela uNkulunkulu
akathumeli lezi zivivinyo ezinzima ngoba ngokuyinhloko
zenziwe ngabantu. Okudingekayo esintwini ukuvusa
ingqondo yaso ebuthongweni bayo bokunganaki nokuphuma
.ebumnyameni bokungazi siye ekukhanyeni kolwazi
Esikhathini esiningi, izinzwa zethu zisithembisa injabulo
yesikhashana kodwa ekugcineni zisilethela ubuhlungu
nokuhlupheka okuhlala isikhathi eside. Ubuhle beqiniso
nenjabulo, nokho, kuthembisa okuncane, kodwa ekugcineni
kusinika injabulo emsulwa nehlala njalo. Yingakho ngibheka
injabulo yangaphakathi nehlala njalo njengenjabulo
yangempela, kanye nenjabulo yesikhashana njengenjabulo
.nje

Uma ubheka ilanga usuka ezigidini zamakhilomitha
emkhathini, leyo nkanyezi enkulu ibonakala incane kakhulu
.kunoMhlaba wethu

Kodwa-ke, ububanzi boMhlaba bungamakhilomitha
angaba ngu-7,900, kanti ububanzi beLanga bukhulu
ngokuphindwe kayikhulu kunoboMhlaba. Uma ubungabeka
iplanethi yethu uMhlaba ngqo phambi kweLanga,
ibingabonakala njengechashazi elincane uma liqhathaniswa
.neLanga

Ake sithi insimu enamandla yelanga iyanda futhi iyanda
kuze kube yilapho ubukhulu bayo obukhulu bugwinya
isibhakabhaka esiluhlaza okwesibhakabhaka sonke.
Isibhakabhaka esisibonayo siyingxenye encane nje,

empeleni incanyana encane, yesikhala esigcwele indawo
 .yonke engenamkhawulo
 Ngisho noma ilanga lingaqhubeka nokukhula futhi
 linwebeka emkhathini unomphela, belingeke likwazi
 ukuhlenganisa okungapheli
 Inkohliso ye-cosmic yobuncane kanye nomkhawulo
 inciphisa futhi ivimbele ingqondo ekuboneni ukuthi ubukhulu
 be-cosmic
 Lokhu kungabi nalutho okuphelele kuvelaphi, futhi
 ?ikuphi imingcele yako
 Lowo ongekho ngaphansi kobukhulu noma izilinganiso,
 ongenamkhawulo noma imvelaphi, nguNkulunkulu, okuyo
 yonke indawo futhi okhona ezindaweni ezikude kakhulu
 zesikhala. Usezinkanyezini ezikude, Njengoba nje ekhona
 ngaphakathi kuwe nangaphakathi kwami, uyazi kahle yonke
 indawo ayithathayo, kungakhathaliseki ukuthi incane noma
 inkulu kangakanani

Ngisho noma ilanga lingaqhubeka nokukhula futhi
linwebeka emkhathini unomphela, belingeke likwazi
ukuhlanganisa okungapheli

Inkohliso ye-cosmic yobuncane kanye nomkhawulo
inciphisa futhi ivimbele ingqondo ekuboneni ukuthi ubukhulu
be-cosmic

Lokhu kungabi nalutho okuphelele kuvelaphi, futhi
?ikuphi imingcele yako
Lowo ongekho ngaphansi kobukhulu noma izilinganiso,
ongenamkhawulo noma imvelaphi, nguNkulunkulu, okuyo
yonke indawo futhi okhona ezindaweni ezikude kakhulu
zesikhala. Usezinkanyezini ezikude, Njengoba nje ekhona
ngaphakathi kuwe nangaphakathi kwami, uyazi kahle yonke
indawo ayithathayo, kungakhathaliseki ukuthi incane noma
inkulu kangakanani

Isikhathi esidlule asikaziwa iningi labantu, ngaphandle kwabantu abambalwa abakhethiwe abakhanyiselwe Kodwa-ke, ukungazi kwethu ngesikhathi esidlule nakho kuyasizuzisa Ngoba ukube besazi konke esikwenzile kulokhu kuphila nakwezimpilo zangaphambilini, besizokhungathekiswa yizenzo zethu eziningi futhi sidideke ngokuphelele Intando yethu ingase ikhutshazwe ngisho nokushaqeka, okusenza singakwazi ukuqhubeka nemisebenzi yethu futhi kusishiye siyisisulu sokuphelelwa yithemba Ngisho nakule mpilo yasemhlabeni, ukukhohlwa kuyisibusiso esivela kuNkulunkulu, okuvimbela imicabango nemizwa yethu ukuthi ingadliwa yizinkumbulo zesikhathi esidlule, ikakhulukazi ezibuhlungu nezibuhlungu Ngenhlanhla, inhlansi yaphezulu ngaphakathi kithi ihlala ikhanya ngethemba kanye nesifiso sokuqhubeka nohambo

olungapheli lokuphila Kumelwe simbonge uNkulunkulu
ngalezi zibusiso ezimbili: ikhono lokukhohlwa isikhathi
esidlule kanye nethemba lesikhathi esizayo

Akufanele siphethe ngokuthi isiphetho sibeka izithiyo
endleleni yenkululeko yokuzikhethela. Kodwa-ke, kumelwe
senze konke okusemandleni ethu ukuze simelane
namathonya amabi abantu abaningi abawabiza ngokuthi
isiphetho nesiphetho, futhi sisebenzise inkululeko yethu
yokuzikhethela ngokuvumelana nezinkolelo zethu
zangaphakathi, uma nje lezi zinkolelo zisekelwe okholweni
oluqinile futhi zisekelwe emithethweni yaphezulu,
ngaphandle kwayo umuntu angeke akwazi ukunambitha
.injabulo yangempela

Uma siqala isenzo, akufanele sesatshiswe yizimo ezimbi,
kodwa kufanele sibe nethemba ngezinga eliphezulu,
sinokholo oluphelele lokuthi akukho lutho olungavimba
ukusebenzisa intando nokusebenzisa inkululeko
.yokuzikhethela

Abantu bavame ukufana neqabunga elintanta phezu
komfula, futhi kumelwe bazikhiphe emsinga wemikhuba
ezenzakalelayo ebayisa emanzini okukhohlisa nokubhubhisa.
Iningi labantu libonakala lingenandaba futhi lizivumela
.ukuba likhukhulwe umsinga

Uma sehluleka ukufeza umgomo wethu, kuyamukeleka
ukuvuma ngokungaqondile ukuthi kwakukhona izithiyo
esazenza thina ezasivimbela ekufinyeleleni kuwo. Kumelwe
sikhuthazele futhi siphinde imizamo yethu ukuze sifinyelele
umphumela esiwufisayo. Kumelwe futhi siziqinisekise ukuthi

kungakhathaliseki ukuthi izithiyo nezinseselele zingaba ziqine
futhi ziqine kangakanani, sisenamandla okuzinqoba. Ngisho
noma sehluleka naphezu kwayo yonke imizamo yethu,
asikho isidingo sokuphelelwa yithemba noma
ukukhungatheka, uma nje siqonda ukuthi intando yomuntu
inamandla kunesiphetho, esizenzele sona. Ngakho-ke,
akumelwe siyeke ukuzama, kungakhathaliseki ukuthi
sehluleka kangaki, ngoba kuhlale kuneminyango evulekile.
Kudingeka nje siqhubeke nokulwela nokuphinda umzamo
kuze kube yilapho sithola impumelelo. UNkulunkulu
uzosinika usizo uma nje sithembeke kuYe futhi senza
umzamo odingekayo. [Lowo ohamba endleleni uzofika lapho
eya khona, futhi lowo othembela kuNkulunkulu ngeke
adumazeke]

Uma umuntu efisa into ethile ngokujulile
nangokuphikelela, leso sifiso asilokothi siphume
engqondweni yakhe, noma ngabe uya kuphi futhi
kungakhathaliseki ukuthi umatasa kangakanani.
Ngomsebenzi waso oqhubekayo nongakhathali, leso sifiso
sinamandla amakhulu. Lokhu kuhleba kwangaphakathi
kunamandla futhi kuyasebenza kunokuncenga okwenziwe
ngomshini, okumane kushukumise izindebe. Yile ndlela labo
abathanda uNkulunkulu abenza ngayo. Bahleba uthando
lwabo ngaYe ngokungapheli, okuhleba kwabo okusuka
enhliziyweni kuhlala kungezwakali kuyo yonke imisebenzi
yabo yansuku zonke. Lokhu kuhleba okusuka enhliziyweni
akubaphazamisi noma kungqubuzane neminye imisebenzi
yabo. Njengoba isifiso sabo ngoNkulunkulu sikhula, uthando
lwabo ngaYe luyajula futhi lukhula, baze babone ubukhona
baKhe futhi babone ukukhanya kwaKhe ngeso
lomphefumulo. Banambitha injabulo enkulu futhi bazizwe
.benokuthula okungaphezu kokuchazwa

UNkulunkulu usithumelela izifundo esizidingayo
empilweni ukuze sizuze kuzo futhi sithole ukuqonda
nokuhlangenwe nakho Noma ubani ogwema lezo zifundo
uzophoqeuka ukuba azifunde kungakhathaliseki ukuthi
kuthatha isikhathi esingakanani

Isivivinyo ngasinye siba umngane uma sifunda kuso,
futhi singumbusi ononya uma sichitha ithuba futhi
silisebenzisa kabi ngokukhononda, inzondo, kanye
.nokwahlulela okubi

Uma sinokuqonda okunengqondo kanye nesimo
sengqondo esifanele ngokuphila, kuba kuhle futhi kungabi
nezinkinga

-

amacala engqondo

Umuntu akanakuhlala ethwele amagagasi enjabulo
phakade, ecwiliswe emanzini agcwele usizi, noma ecwiliswe
ekujuleni kwesithukuthezi Kuleli zwe lezinto ezimbili
eziphikisanayo, umuntu ojwayelekile ubhekene
nokuphakama nokwehla—ekhuphuka ngamagagasi enjabulo,
ecwila egodini lokunganaki, futhi ephonswa ngapha
nangapha amagagasi anamandla osizi—angavamile
ukubhekana nanoma yisiphi esinye isimo sokuqonda

Ukuvumela izimo ukuthi zishintshe imicabango yakho
ngale ndlela kusho ukunikela intando yakho esiphethweni
esingenasisekelo nesihlala sishintsha. Lokho umuntu
akudingayo ukuze aphile impilo ephumelelayo neyanelisayo
ukulinganisela kwengqondo, futhi lokhu kungafezwa kuphela
ngokucabanga okugxile kanye nokulawula amandla akhe
.emizwa

Ngisho nosizi olujulile luyaphola ngokuhamba
kwesikhathi, ngakho-ke akusizi ukuhlala ucabanga ngosizi
nsuku zonke zokuphila kwethu Ukuhlala ulila
ngokulahlekelwa othandekayo akusizi bona noma thina, futhi
akushintshi lutho Ngokufanayo, ukuhlakulela ukuzizwa
ungelutho noma ukuzijezisa ngamaphutha noma
ukwehluleka kwesikhathi esidlule akusizi; kwenza impilo ibe
lusizi futhi kuvimbele amandla engqondo

Akufanele sizivumele ukuba siwele emgodini wesimiso
esiyisicefe, ngoba leso yisimo sengqondo esingakhululekile
neze, njengoba siphazamisa ingqondo futhi sishisa
.amakhono afihliwe esithandweni sokunganaki

Ukwehluleka kumele kususwe ezimpandeni zako, futhi
amasimu okuphila kumele alinywe ngenkuthalo
nangokuzimisela futhi ahlwanyelwe imbewu yobuhle ukuze
.kuvunwe isivuno esikhulu, ngosizo lukaNkulunkulu
Yenza into engakaze yenziwe muntu ngaphambili—into
ezomangaza umhlaba Bonisa ukuthi amandla kaNkulunkulu
okudala asebenza ngawe

Abantu abanesimo sengqondo esizolile nesihloniphekile
basiza ekwenzeni imicabango yethu ibe namandla futhi
iphile kahle Akunzima ukunquma ukuthi umuntu uthola yini
ukudla kwakhe kwengqondo endaweni enokuthula noma
ephazamisayo Ukukhathazeka, ukucindezeleka, nokudideka
konke kuvela ekuzihlanganiseni nabantu abangalungile,
kungaba abangane noma izihlobo, okuholela emicabangweni
yokukhathazeka kanye nesimo sengqondo esikhathazekile

Umzimba uthola amandla nomsebenzi ekudleni
okungokwenyama, kuyilapho ukudla okune-magnetic
kunikeza umzimba nengqondo amandla okulula ukuwagaya
kunokudla okuqinile nokuwuketshezi okungenakushintshwa
.kalula kube amandla aphilayo

Uma ungakwazi ukuguqula ukungazi kube
ukuhlakanipha, ubuthakathaka nobuthakathaka kube impilo
namandla, bese uhamba ngokuzethemba nangesibindi—
ngisho wedwa—ezindleleni zokuphila, futhi uthole injabulo
yangaphakathi ngokuba nonembeza ophilayo noqaphile,
kanye nokholo olungenakunyakaziswa ebulungiseni
bukaNkulunkulu kanye nokunqoba kokulungile phezu
kokungalungile neqiniso phezu kokukhohlisa, futhi uma
usukulwela nsuku zonke ukuphakamisa imicabango yakho
emazingeni aphezulu nacwengekile, futhi unenhliziyo
enothando nebongayo kanye nezinhliso ezinhle kwabanye,
ukondleka kwakho kwengqondo kuzoba namandla, futhi
uzodonsela kuwe konke okuhle nokuzuzisayo—izinto,
abantu, nezimo—ezibalulekile ekuqhubekeni nohambo
lwakho oluya ogwini lokuphepha nokuphepha. Okokugcina,
uma uzama ukuthola okudingayo futhi wanelisekile ngalokho
uNkulunkulu akunikezayo, uzoceba emoyeni futhi waneliseke
kakhulu kunalabo abagcwele izifiso zezwe futhi abahahela
.injabulo yalo yesikhashana

Ububele buyibhuloho elixhumanisa yonke imiphefumulo
neminye imiphefumulo Ububele buyisango eliya kuyo yonke
inhliziyo

Uma umuntu efuna uNkulunkulu, okuwukuphela
komngane weqiniso ngaphezu kwabo bonke abanye, kuba
nokwenzeka ukwakha ubungane beqiniso kuzo zonke
izihlobo zabantu—ubungani bomndeni, bobuzalwane,
bomshado, nobungokomoya buyinto ebalulekile
ebudlelwaneni bomshado, futhi ukusondelana
ngokwengqondo nangokomzwelo, umuzwa wokukhangana
ngokomoya, nothando lweqiniso kufanele kube yinto eza
kuqala Labo abahluleka ukuhlukanisa phakathi kothando
lweqiniso nokukhangana ngokomzimba bayadumala
.ngokuphindaphindiwe

Uma umshado usekelwe emibonweni ephakeme kanye
nenhlonipho ehambisanayo, uba yinyunyana ejabulisayo
nephumelelayo phakathi kwemiphefumulo emibili enothando
nebambisanayo ekhulula imithwalo yempilo yomunye
nomunye futhi isuse izinkathazo zokuphila ngozwela
.oluhambisanayo nokuqondana okunobungane

Akekho ongangilawula noma athathe intando yami
ngaphandle kokuthi ngivumele imicabango nezenzo zabanye
zingithonye
Uma ugcina ukucabanga kwakho ezintweni ezibalulekile,
uzobona konke ngombono wezinto ezibonakalayo. Kodwa
uma usuphakamise ukuqonda kwakho esimweni
sokuqaphela okungokomoya, uzobona umsinga wokukhanya

kukaNkulunkulu ogeleza ngale kwazo zonke izinto, futhi
.uzobona konke ngombono ongokomoya

Nkosi, ngiyaqaphela ukuthi nginethuba elingapheli
lokuhlola amakhono ami nokuthola amandla ami
angokomoya Namuhla ngizogcwalisa imicabango yami
ngethemba futhi ngizihlukanise nezimo ezingathandeki
Ngizozijwayeza lokho okuzokhulisa umzimba wami, ingqondo
nomoya wami ngendlela elinganiselayo nevumelanayo

Ngizofaka izifiso eziphakeme esikhundleni sezinto
ezibonakalayo
Futhi ngizoqaphela ukuthi umoya wokwethembeka
uhlala unami

Umdanso wokuphila nokufa uhlala ukhona, kodwa
ngizozikhulula kuze kube phakade ngokusindisa ubuwena
bami obungokomoya Futhi lapho ngibhekene
nezivunguvungu zezilingo nosizi, ngizohamba ngesikebhe
sami esingokomoya ngiwele ulwandle lokuphila ngiye ogwini
oluphephile nolungcwele

Uma ngisebenza futhi ngidala, ngizokhumbula ukuthi
uNkulunkulu usebenza ngami. UyiNkosi yendawo yonke,
.futhi ngingaxhumana naye ngokuzindla ngokujulile Ngaye

Nkulunkulu wami othandekayo, ngiyaqaphela ukuthi
imicabango yami izongilethela ukwehluleka noma
impumelelo, kuye ngokuthi yimuphi umbono onamandla
kakhulu empilweni yami. Futhi ngizozama ukukhumbula

ukuthi welula isandla sakho sokusiza futhi ulungiselela
.indlela yempumelelo yami

Lapho izinhlekelele nezinhlekelele zingehlela, ngizobiza
amandla ami futhi ngiqinise ukuzimisela kwami ukuzinqoba.
Ngizoba qotho futhi ngithembeke ekusebenzelaneni kwami
nawo wonke umuntu, futhi ngizosakaza imicabango
yothando nezifiso ezinhle. Khona-ke uNkulunkulu
.uzongisekela ngamandla akhe nokuhlakanipha kwakhe

Izifo ezingokomoya kanye nokwelashwa kwazo
I-Master Paramhansa Yogananda

Zama ukucabanga ngeqembu labantu abangalingani
:futhi abangavumelani

Elinye linekhanda elincane elilingana nele-chickpea
!kanye nomzimba omkhulu olingana nekamela
Esinye sinesandla esinamandla njengesandla
sikaSamson noma sikaHercules kanye nomzimba
!onjengomzimba wesilwane esimfushane
Futhi eyesithathu inekhanda lendlovu enkulu kanye
!nomzimba wegundane elibi

Ingabe leso simo besingeke yini simangaze futhi
simangaze kuwe, noma sidabukise futhi sizisole, uma
ungabona ngokuzumayo isixuku salezo zidalwa
?sinokwakheka okungavamile nokungavumelani

Manje cabanga ngelinye iqembu labantu abavamile
ngesimo sabo nasekubukekeni, kodwa abangalingani
.ngokwengqondo futhi abakhubazekile ngokwengqondo
Njengoba nje izingubo zifihla amanxeba, izilonda,
nokunye ukukhubazeka ngokomzimba, nomzimba oqinile,
onempilo kanye nobuso obuhle, obukhazimulayo kufihla izifo

eziningi zengqondo ezingathi sína kanye nokukhubazeka
.kokuzalwa

Uma ubungahlangana nesixuku esikhulu sabantu
abavamile abahlukile ngokubukeka kwabo okuhle kanye
nempilo enhle, futhi uma ubukwazi ukungena emizimbeni
yabo yengqondo ngombono wakho ongokomoya,
ukumangala bekuyoba okumangalisayo, futhi ungase
.unqotshwe ukudabuka okukhulu ngalokho obungakuthola

:Ungabona imizimba yabo yengqondo kanje
Ingqondo imelelwa yikhanda, izinzwa nemizwa
umzimba, kanye nentando ngezandla nezinyawo konke
.okungajwayelekile, okugulayo, nokukhubazeka
Uzothola ukuthi abanye banekhanda elincane
elinokuhlakanipha okungakathuthuki, elibekwe emzimbeni
.obuthakathaka ogcwele izifiso zobugovu nezifiso zenyama
Uzothola nokuthi abanye abantu banomzimba
ongenawo umuzwa namandla, yize benengalo ethuthuke
.kakhulu futhi esebenza kahle

Abanye bangase babe nobuchopho obukhulu,
obunobuciko, kodwa uzwela lwabo kanye nekhono labo
lemizwa kuyaphazamiseka futhi kuyaphela. Kukhona nesinye
isigaba sabantu abanomzimba ojwayelekile nowengqondo,
kodwa amandla abo okuzimisela nokuzithiba abuthakathaka
.noma akhubazekile

Futhi uhlu lwezinto ezibonwe luyaqhubeka futhi
!Kwangathi ungaphila isikhathi eside
Ukuphambuka kwengqondo okungenakubalwa
emizimbeni yengqondo okungathuthuki kahle kwezinye izici
futhi okuthuthuke ngokweqile kwezinye kukhona ngempela -
nakuba kufihliwe - kubantu. Kubabangela ubuhlungu
bengqondo futhi kubavimbele ekuboniseni amakhono abo
.njengoba kufanele aboniswe

Ukubhekana nezinye izifo zengqondo lapha kungasiza
ekuboneni izimbangela eziyisisekelo zazo zonke izinkinga
zabantu, ukuze okungenani zaziwe yibo bonke abahlushwa

yizo, ngisho nangokungazelelwe, ukuze baqonde uhlobo
lwalezo ziphambeko, izimpawu zazo, kanye nokungena
kwazo buthule engqondweni, ukuze bakwazi ukuvimbela
.ukubhujiswa kwazo okukhukhulekayo kokuthula nenjabulo
ukudabuka okungokomoya

Lesi sifo sisakazeke kakhulu phakathi kwalabo
abangasebenzi ngokwengqondo nangokomzimba ngesizathu
sokuthi bagxile kakhulu ezindabeni ezingokomoya. Laba
bantu abahluphekile bayayishaya indiva imisebenzi emikhulu
nemincane yokuphila kwezinto ezibonakalayo becashe
ngokukhonza uNkulunkulu, ngaleyo ndlela bezivulela
kuSathane, ongabalimaza kakhulu. Bahlushwa ukuphelelwa
yithemba kanye nokungaqondisi nganoma yini ezuzisayo
noma enhle ebazungezile. Lesi yisifo esithathelwanayo, futhi
bonke labo abanezifiso ezingokomoya kumele basiqaphele
futhi bazikhulule kuso ngokugcina amandla abo ephila njalo
kanye nokuzivikela kwabo kuqinile ngokucabanga okuhle,
umbono onethemba, kanye nomsebenzi onempilo
.nokhiqizayo

ukungagayi kahle okungokomoya

Lokhu kwenzeka ngenxa yokungahleliwe
(ukuxhamazela), okungukuthi, ukungenisa ngokushesha
inqwaba yemithi ye-psychotropic eyenziwe kakade
ebhaliswe ngaphansi kwamagama akhazimulayo, futhi
ethulwa ngesimo sezincwadi nezifundo ezingokomoya
mbumbulu “ngodokotela abangokomoya” abanolwazi
.kwezobuciko bokukhohlisa nokuthakatha

Lesi sifo asigcini nje ngokubulala indlala engokomoya
yokwazi iqiniso, kodwa futhi sibhubhisa ikhono lokuhlukanisa
phakathi kokuhle nokubi, okuzuzisayo nokulimazayo
Lowo ohlala edla imibono yenkolo futhi ondla konke
okuwela ezandleni zakhe ngeke nje adle ngokweqile kodwa
futhi uzodla imibono enobuthi kanye newusizo, okuzoletha
ukugayeka kwengqondo futhi ngaleyo ndlela afe kancane
.ngokomoya

Ukutadisha ngokweqile nokuqhubekayo imibono
ehlukahlukenengokomoya neyefilosofi, ngaphandle
kokuqonda noma umzamo wokuyigaya nokuyihlola
ngokuhlangenwe nakho komuntu siqu ukuze kuqinisekiswa
ukuthi isebenza kahle, ekugcineni kudala ukungabaza,
ukunganaki, kanye nokungazethembi zonke izimiso
.nemithetho engokomoya

Intshisekelo kanye nokuzitika ngokweqile
Labo abahlushwa yilesi sifo baphila impilo echithwayo
nengenanjongo ngoba banemali nesikhathi esiningi, futhi
.ngoba abanayo injongo nokuqonda okufanele ngokuphila
Laba bantu baqhutshwa yizifiso zabo; benza noma yini
efika engqondweni futhi ibajabulise. Bagcwalisa izimpilo
zabo ngamanoveli ashibhile, angasho lutho, amafilimu
athakazelisayo, kanye nokuzijabulisa okungasho lutho,
okungenanjongo. Abaqapheli ukuthi bahlushwa yilesi sifo
esiyingozi baze babhekane nokushaqeka okukhulu noma
ukuphazamiseka kwemizwa—okungukuthi, ngemva kokuba
.umonakalo usuwenziwe
umkhuhlane wengqondo

Lesi simo sinelinye igama: ukuphelelwa yithemba
Umuntu akakaze azi ukuthi sizofika nini futhi sibhekane
nezimpawu zaso ezicindezelayo, njengokuphelelwa
yithemba, ukungabekezeleli, ukukhathazeka, kanye
nokungabekezeli Okubi nakakhulu, sivame ukuqhubeka
isikhathi eside, futhi izisulu zaso zivame ukubuyela kalula,
.ngisho noma zikholelwa ukuthi sezilulame ngokushesha
I-catarrh yengqondo

Lesi sifo sibangelwa ukuhlala ucabanga ngezinto
ezikhathazayo zezwe ezingapheli Labo abahlushwa yiso
bavame ukungakunaki ukusebenzisa isikhali samandla abo
okuzimisela futhi ngaleyo ndlela bazithoba ngokuzithoba
ekwesabeni kwabo okuqhubekayo esikhundleni sokubhekana
.nabo ngesibindi nokubaqeda besebancane
ukunamathela kwengqondo okungavamile

Izisulu zalesi sifo ziba nohlangothi olulodwa
ekuphishekeleni kwazo injabulo. Zikholelwa ukuthi injabulo
itholakala ekuqongeleleni ingcebo, ekuzuzeni udumo, noma
ekubeni nempilo noma amandla, zidela konke—impilo,
idumela elihle, ukuthula kwengqondo, udumo, nesithunzi—e-
altare lesifiso sazo esivuthayo. Sekwephuzile, ziyaqaphela
ukuthi impilo elinganiselayo kuphela, ehlonipha imithetho
yemvelo kanye nezimiso zikaNkulunkulu, futhi evumelanisa
umsebenzi nokuthula, engaletha injabulo yangempela futhi
.ifeze injongo yokuphila okuhle
Labo abahlushwa izinkinga zokunamathela ezingaphilile
bagcwele imicabango yokulangazelela okungalawuleki,
okuholela embonweni ophambene nosontekile ngempilo.
Isibonelo, usomabhizinisi waphumelela kakhulu futhi waqoqa
ingcebo, kodwa ngaphambi kokuba ajabulele ingcebo yakhe,
wahlushwa ukuphazamiseka kwemizwa ngenxa
yokukhathazeka okukhulu nokwesaba, washona edabukile
.enhliziyweni
Abanye bakholelwa ukuthi konke kuvunyelwe ukuze
kufezwe umgomo. Ngenxa yalokhu kudideka,
bayaphuthelwa umgomo wabo wangempela futhi abakwazi
ukuthola ngisho nokwaneliseka okuncane, noma ngabe
banazo lezo zinto abebezifisa, ngoba imvelo yomuntu inkulu
futhi inezici eziningi futhi idinga intuthuko elinganiselayo
.kuwo wonke amazinga

Ukubambelela ngokomoya okungaboni
Lokhu kushisekela okungavamile kwezinkolelo ezithile
kuvela ekubambeleleni emibonweni ethile nemibono
ngaphandle kokuyibuza noma ukuyihlola, ngaleyo ndlela
kudala kulabo abahlushwa yilesi sifo intukuthelo nobutha
kunoma yimuphi umqondo ongokomoya ophilile noma
umcabango ovulekile nokhululekile Lokhu kuzihlukanisa
kuholela ekuvukeleni imithetho kaNkulunkulu, ebonakala

ekusebenzeni kahle kwengqondo, inhlalakahle yezinto
ezibonakalayo, impilo yengqondo neyomzimba, kanye
nothando nenhlonipho ngabantu bazo zonke izizinda
Ukufaka izimiso ezingokomoya

Ngenxa yokuthi izifo zomzimba ziyabonakala,
zibuhlungu, futhi azijabulisi, zisishukumisela ukuba simelane
nazo ngenkuthalo, zisiholela ekutheni sizame ukuzinqoba
ngezindlela ezahlukene zokwelapha, kusukela
ekuzivocavoceni nasekudleni okunempilo kuya emithini
nemithi ehlukene. Kodwa-ke, izifo zengqondo, naphezu
kokuba imbangela yobuhlungu nokwesaba kwabantu,
azivinjelwa noma ziphathwe ngokushesha okwanele, futhi
zivunyelwe ukuba zidale umonakalo omkhulu kanye
.nokubhujiswa empilweni yethu

Othisha, othisha bezemfundo yomzimba, abashumayeli,
abaguquli bezinguquko, odokotela, kanye nabameli
bomthetho bazokwazi ukuqhubekisela phambili intuthuko
lapho beqala ukufunda, beqala ngabo, bese befundisa
abanye izindlela ezifanele zokuhlakulela imvelo yomuntu
ngendlela elinganiselayo nevumelanayo, ngokuvumelana
nemithetho yokuphila kanye nezimiso zokuphila okunempilo
Lena imfundo ephumelelayo ngempela kanye namasiko
.abantu aphelele abantu emhlabeni wonke abawadingayo

Izikhungo zemfundo zikubona kungenakwenzeka
ukufundisa izisekelo ezingokomoya ezikoleni zomphakathi
ngenxa yokudideka okubonakalayo phakathi kwalezi zimiso
nezimfundiso zenkolo ezahlukahlukene. Kodwa-ke, uma lezi
zikhungo zigxile ezimisweni zomhlaba wonke zokuthula,
uthando, inkonzo, ukholo, ukuvuleka kwengqondo,
nokwamukela abanye—okuyizinto eziqinile ezingokomoya—
futhi zakha izindlela ezisebenzayo zokugxilisa lezi zimiso
emhlabathini ovundile wezingqondo nemiphefumulo
yezingane, ikhambi elinengqondo nelamukelekayo kulobu
bunzima obucatshangelwayo nobucatshangwayo

lingatholakala. Kuyiphutha elikhulu ukunganaki le nkinga
.ngenxa nje yobunzima obubonakalayo obuhambisana nayo
Iningi labaphothule ekolishi liphuma eyunivesithi
amakhanda abo esinda futhi evuvukele ngenxa
yokuqukethwe yizincwadi kangangokuthi abakwazi
ukuhamba ezindleleni zokuphila, ngoba amandla abo
okuzimisela nokuzithiba sekucishe kwacinywa ukunganakwa
nokungasebenzi. Ngakho-ke, ubabona beziphatha
ngokunganaki futhi bewohloka, begijimela egodini lemishado
engalingani, besebenzisa kabi ubulili babo, bejaha imali,
futhi behluleka emisebenzini yabo ngoba abakafundi
ukusebenzisa kahle ummese obukhali wobuhlakani babo
obuqeqeshwe ngokwezemfundo. Ngenxa yalokho, bazisika
.futhi bazilimaze

Ngokumangalisayo, intsha eningi ibonakala ijabulela
ukuzibandakanya emisebenzini egcina iyilethele ukulimala
nobuhlungu Abanye basebenzisa ukweba nezinye izenzo
ezimbi, ngisho nezenzo zobugebengu, ngaphandle
kokuvinjelwa noma ukuvinjelwa Labo abahluleka ukuvimbela
ukusabalala kobubi emphakathini bakhuthaza ukuziphatha
okungalungile kwabanye Wonke umuntu onembeza nokholo
oluqotho kufanele abe yisibonelo esihle kwabanye
maqondana nobuqotho, ukwethembeka, isithunzi, kanye
nokuzihlonipha Izikole, amakolishi, amanyuvesi, kanye
nezikhungo zomphakathi azinikezi izindlela zesayensi
ezanele zokunciphisa ubugebengu ngokubhekana
nezimbangela zabo eziyinhloko, ezitholakala kakhulu
engqondweni

Kufanele futhi kusungulwe izikole ezikhethekile ukuze
kufundiswe ubuciko bempilo ejabulisayo nephumelelayo,
ukuthuthukisa amakhono omuntu nokuthuthukisa amakhono
.akhe

Izikole ezinjalo ziyoba njengezingadi namapaki lapho
izingqondo zentsha zikhula futhi zichume khona. Othisha
kumele bakhethwe ngokucophelela futhi baqinisekисwe

ukuthi abazali nomphakathi babambisana. Lezi zikole
zizosiza ekwakheni abantu ngendlela ephumelela kakhulu.

Kumelwe kukhunjulwe ukuthi ukondliwa ngokomoya
komuntu ezigabeni zakhe zokuqala kunquma impilo yakhe
.kanye nekhono lokukhula kamuva

Izindlela zokuqeqesha ngokwengqondo nangokomzimba
ezisetshenziswa ezikoleni zanamuhla ngokungangabazeki
ziyazuzisa, kodwa azinaso isisekelo esingokomoya
Ngaphandle kokuthuthukiswa kobuntu obuhle, ukukhula
.ngeke kuphelele

Isayensi yokuthuthuka ngokomzimba, ngokwengqondo
nangokomoya kumele ifundiswe intsha enengqondo yayo
isethambile futhi iguquguquka futhi amandla ayo
.angakaqondiswa ngezindlela ezithile

Ngemva kokuqeqeshwa okuphelele, abafundi balezo
zikole kufanele bahlolwe njalo, futhi izitifiketi ezizotholwa
zizoba impilo enhle, idumela elihle, ukusebenza kahle,
ingcebo yezinto ezibonakalayo nezingokomoya, injabulo,
.impumelelo, kanye nokuzethemba

Imiphumela yokuhlolwa kokugcina ekupheleni kwalolu
hambo lwasemhlabeni izonqunywa ngokwesamba
sempumelelo yengqondo nengokomoya kanye nezitifiketi
ezitholwe ngesikhathi sokuhlolwa okungaphansi kukho konke
.ukuphila

Labo abaphumelelayo kulesi sivivinyo sokugcina
nesikhulu kakhulu bazothola isitifiketi esingcwele
sokwaneliseka kanye nonembeza okhululekile, omsulwa,
.nojabulisayo

Futhi izibusiso zibhalwe phakade ekhasini lomphefumulo
Lo mklomelo ongavamile ngeke uphazanyiswe
yizimbungulu

Futhi izandla zamasela ngeke zifinyelele kukho
Noma isikhathi sizoyisusa
Kuzosebenza njengepasipoti

Ukuze uthole ubulungu obuhloniphekile eqenjini le-
Righteous

Injabulo ikuphi?

**UNkulunkulu, ngesihe sakhe esiphelele, usinika
injabulo nokuphefumulelwa Kwakhe**

Futhi kusinika impilo yangempela

Ukuhlakanipha kweqiniso

Nenjabulo yangempela

**Ukuqonda kweqiniso kuza ngazo zonke izinto
ezahlukahlukene ezenzeka ekuphileni kwethu**

**Kodwa inkazimulo kaNkulunkulu yembulwa
kuphela ekuthuleni okungokomoya umphefumulo
okutholayo kanye nasemizamweni eqotho yengqondo
yokuvumelana Naye Lapho, sibhekene ubuso nobuso
neqiniso Ngaphandle, imicabango ekhohlisayo
inamandla amakhulu, futhi bambalwa kakhulu
abangaphunyuka ethonyeni lendawo yangaphandle
Umhlaba uyaqhubeka nobunzima bawo obungapheli
kanye nezilingo ezingenakubalwa Izwi likaNkulunkulu
lingemuva kokubonakala kokuphila, lisibiza njalo futhi
likhuluma nathi ngezimbali, imibhalo engcwele,
onembeza bethu, nakuzo zonke izinto ezinhle ezenza
ukuphila kube yigugu ukuphila**

**Lapho sigxila kakhulu ezintweni zangaphandle,
kulapho singayizwa khona inkazimulo yangaphakathi;
futhi lapho siphendukela ngaphakathi kakhulu,
kulapho sibhekana nobunzima bangaphandle
obuncane. Kuyisilinganiso esiqhubekayo Kodwa
abantu abaningi abaliqapheli leli qiniso ngenxa
yethonya lobungani bezwe, umphakathi abahlala
kuwo, kanye nemikhuba engemihle Umphakathi
ugcina umuntu egxile futhi ematasa ngezinto**

ezingabalulekile, uvimbela umuntu ekucabangeni amaqiniso ajulile.

Ngisho nezindawo ezingokomoya zivakashelwa abanye ngaphandle kwesifiso sangempela sokuzuza esimweni sazo esibusisiwe, ngakho-ke abatholi lutho oluphawulekayo kulokho kuvakasha.

Noma ubani ofisa ukubona uNkulunkulu uzomthola yonke indawo Imikhuba yabantu iyabhubhisa, iyaphanga, futhi iyadla; iyabhubhisa, iyabhubhisa, futhi ibhubhise Sekuyisikhathi sokuba isintu sifunde ukuthi singajabula kanjani futhi saneliseke ngalokho esinakho Akufanele sifise lutho olungaphezu kwalokho okuza kithi UNkulunkulu uyaphana; Uyazi esikudingayo futhi ukuhlinzeka ngesikhathi esifanele Lokhu akusho ukuthi kufanele sithembele kuNkulunkulu ngaphandle kokwenza noma yimuphi umzamo Akusho nhlobo Kusho ukuthi kufanele senze ingxenye yethu ngokusemandleni ethu futhi sishiye okunye kuNkulunkulu, ongeke asiphuce lokho esikudingayo nesikufanele

Indlela engcono kakhulu yokujabula phakade ukuzwa ubukhona bukaNkulunkulu Isifiso sethu esikhulu kufanele kube ukwazi uNkulunkulu nokuzimisela ukuba naye. UNkulunkulu kufanele abe ngoyena ohamba phambili emicabangweni nasemizwa yethu, futhi kufanele simbheke njengensika enamandla kakhulu neqinile kakhulu ekuphileni kwethu.

(Ngakho-ke bambelelani entanjeni kaNkulunkulu, nifune isiphephelo kuye)

Ngoba uyinsika uma zonke ezinye izinsika zingaphumeleli kuwe

Sengiqaphele ukuthi injongo yokuphila kuphela ukwazi uNkulunkulu. Kukhona labo abangase bangakholwa ukuthi ukuthola uNkulunkulu

kuwumgomo wokugcina wokuphila. Kodwa akekho ongaphika ukuthi injongo yokuphila ukuthola injabulo. Futhi ngithi ngokuqiniseka okuphelele nokuqiniseka ukuthi uNkulunkulu uyinjabulo yokugcina. Uyinjabulo ephezulu. Uluthando oluphelele, olujwayelekile. Uyinjabulo yaphakade engashiya imiphefumulo yalabo abavumelana Naye. Ngakho kungani singalweli ukuthola leyo njabulo ephelele? Akekho omunye ongasinika yona. Kumelwe siyihlakulele futhi siyikhulise njalo ngaphakathi kwethu. Amandla emvelo alwela ngokungakhathali ukunikeza abantu injabulo yomhlaba, kodwa injabulo enjalo yesikhashana ekugcineni iholela ekuzisoleni, ebuhlungu, nasekuzisoleni. Ngisho nomuntu onenhlanhla enkulu, obonakala enakho konke, angase angajabuli ngempela. Ngeke baneliseke ngezinto zasemhlabeni isikhathi eside ngoba lezi zinto aziqedi ukoma kwabo kwangempela noma zanelise indlala yabo engokomoya.

Izinto ezibonakalayo zinikeza umuzwa wamanga wokuthula nokwaneliseka okudlulayo. Umhlaba wonke ugcwele ukudideka kanye nesiphithiphithi, uqhutshwa yizifiso zobugovu nobugovu ezizala impi Akukho okunye okudala impi

Iqhawe langempela empini yokuphila yilowo ozingobayo futhi anqobe izifiso zakhe Imali, udumo, inkanuko, nakho konke okuphikisana nalesi simiso kulimaza ukuthula nenjabulo yethu Ukuba abantu bafunde ukucabanga njalo ngokwezindinganiso zangempela zokuphila, bebezothola injabulo abayifunayo, kodwa bayaphambuka enjongweni yabo futhi bakhukhulwa umsinga wezifiso zasemhlabeni Ngithole ukuthi akukho silingo esingangiphambukisa endleleni engiyikhethe futhi engiyilande mina.

Ngingakhanga izinkulungwane ngamandla uNkulunkulu anginike wona, kodwa leyo ndlela ingaba yingozi kimi. Kunoma ikuphi, angifisi ukukhanga izinkulungwane futhi ngithumbe izingqondo zazo. Ngifisa nje ukubona abafundi abaqotho beqinile kuNkulunkulu. Labo abathanda uNkulunkulu bazojabulela le mibono, futhi labo abashisekayo bazozwa izibusiso zikaNkulunkulu kanye nokuba khona kwakhe ngalezi zimfundiso.

Akunakwenzeka ngomuntu ukukhohlisa uNkulunkulu, ngoba uhlala ekhona, azi okusezingqondweni zabo nalokho abakufisayo. Lapho belahla izwe futhi belangazelela ukuzwana ngokomoya, uNkulunkulu uzofika kubo. Lapho leso sifiso sigxila enhliziyweni yalowo olifunayo, uNkulunkulu ufika kuleyo nhliziyo futhi ayigcwalise ngobuhle nezibusiso. Okuwukuphela kwento efanele ukuphilwa ukuba ngokuvumelana noNkulunkulu nokuthola umusa waKhe. Lokho kuvumelana kumelwe kube yisivumelwano saphakade kanye nesithembiso esingenakuphulwa (labo abagcina isivumelwano sikaNkulunkulu futhi abangasiphuli)

Wonke umuntu ufisa ingcebo eningi kunabanye Ngisho noma beyithola, bahlala benganelisekile, bethola ukuthi omunye umuntu ucebile Abantu baphila odakeni losizi abalwenzile, beqhutshwa yizifiso zabo Kumelwe saneliseke ngalokho esinakho Impahla yezinto ezibonakalayo ayilethi injabulo; kunalokho, ivame ukukhulisa ukukhathazeka, ukukhathazeka, nokukhathazeka

Indlela eya kuNkulunkulu iyindlela elula nelula, kodwa bambalwa abayihambayo naphezu kwemikhuba eminingi yenkolo kanye nemikhuba. Kungcono ukuphendulela izinhliziyi zethu kuNkulunkulu simcele ukuthi asinike okungcono

kakhulu nokuhlala isikhathi eside kithi. Eqinisweni, uNkulunkulu usilindile ngoba ufuna ukusigcina kude nobubi nengozi. Ufuna sibe Naye ezinhliziyweni nasezingqondweni zethu ngoba izimpahla ezishibhile zaleli zwe azikwazi ukwanelisa isifiso somuntu noma ukugcwalisa isikhala esingokomoya esisizwa ngaphakathi. UNkulunkulu uhlala ekhuluma nathi, kodwa bambalwa abezwa izwi Lakhe. Lelo zwi elithule livame ukuminywa umsindo wemicabango enomsindo nezifiso ezisobala. Kodwa lapho imicabango iphela futhi izifiso zizolile, sizwa izwi likaNkulunkulu ngokucacile, yize lithule futhi libuthakathaka. Ngempela, uNkulunkulu wenza konke ukusiza isintu, evula iminyango futhi ekhanyisa izindlela ukuze sibone lapho kufanele sinyathele khona, funa sikhubeke noma sishelele. Kodwa abantu abaningi abaliqapheli leli qiniso.

Angifuni abantu bacabange ukuthi bangathola ulwazi ngokulalela abanye noma ngokufunda izincwadi. Kumelwe basebenzise lokho abakufundayo nabakuzwayo. Ukuya ezindaweni zokukhulekela kungcono kunokuhlala ekhaya ulalele izingxoxo ezingenamsebenzi. Kodwa ngisho nasezindaweni zokukhulekela, umuntu kumelwe azizwele ubukhona bukaNkulunkulu enhliziyweni yakhe futhi azi ukuthi angabubona kanjani. Ukuqhuma kwemizwelo nokuhlaziya okunengqondo akukwazi ukusinika ulwazi imiphefumulo yethu elangazelela ukuluthola.

Uma sizinikela kuNkulunkulu futhi sivalelisa ezifisweni zobugovu, futhi uma siqiniseka ukuthi uNkulunkulu uhlala enathi, ehlala emiphefumulweni yethu futhi esiphefumulela ngemicabango nemizwa emihle nehloniphekile, sizoba nenjabulo nenkululeko, futhi sizobona ukuphuma kokuhlakanipha emkhathizwe womphefumulo.

Cabanga nje! Emashumini eminyaka kusukela manje, ukuba khona kwethu kuzoba yiphupho, futhi konke esikwenzayo manje kuzoba yingxenye yalelo phupho Ngisho nabantu abakhulu kunabo bonke besintu bazoba yizinto nje zobuntu bokuqonda komuntu Kodwa labo bantu abakhulu bafinyelele umgomo wabo wokugcina ngoba bafinyelele ezingeni eliphezulu futhi bahlala bephila emoyeni, beqaphela ngokugcwele futhi beqaphela konke okwenzekayo, ngoba bamunye ekuqondeni kwaphezulu Noma ubani ozama ukuvumelana nabo ngemicabango nezimfundiso zabo nakanjani uzozizwa ukuba khona kwabo, athole izibusiso zabo, futhi azi ngokujulile ukuthi baxhumana nabo ngempela

Ukuphila kuyiphupho elikhulu Kodwa-ke, uma ubheka umzimba wakho manje futhi uwubona ugcwele impilo, uyaqiniseka ngokugcwele ngeqiniso laleli phupho Ucabanga ukuthi kufanele uthole lokhu noma lokho ukuze ujabule Kodwa kungakhathaliseki ukuthi ugcwalisa izifiso ezingaki, ngeke uthole injabulo ngazo Uma umuntu ethola okwengeziwe, kulapho umuntu efisa khona Izifiso kumele zihlungwe, futhi impilo ibe lula uma umuntu efisa ukuphila ngokunethezeka, ukuthula, nokwaneliseka kwangaphakathi

Imibhalo ithi umuntu onezifiso ezihlala zigeleza ngaphakathi (eya emphefumulweni wakhe) ungumuntu onokuthula kwangaphakathi okuphezulu. Kulokhu, bafana nolwandle, olungashintshi noma lunciphe, kodwa luhlala lugcwele amanzi ageleza kulo ngokungapheli. Kodwa umuntu odala imigodi yesifiso echibini lokuthula kwakhe futhi avumele amanzi abalulekile ukuba avuza futhi achitheke akazi lutho ngokuthula okungokomoya nenjabulo yangaphakathi.

Sidinga isiqondiso kulabo abamaziyo uNkulunkulu, abanekhono lokukhulumisana Naye futhi abanomuzwa wokuba khona Kwakhe ngokuqonda. Abaprofethi basicele ukuba sifune uNkulunkulu ngokuthula kwangaphakathi, endaweni yodwa yomphefumulo lapho kuhlala khona umoya othembekile nenjabulo enkulu yokomoya. Abafundisi abakhanyiselwe baseNdiya nabo bayayisekela le mibono futhi bagcizelela ukubaluleka kokuzindla okujulile ukuze babone ubuNkulunkulu ekujuleni komphefumulo.

Konke okukhona kuwukudlidliza okufana namagagasi okuqondiswa yingqondo kaNkulunkulu. Lokhu kudlidliza okuhlakaniphile uMoya oNgcwele, noma uMoya othembekile, umuntu angaxhumana naye ngomthandazo nokuzindla.

Ekuthuleni komphefumulo wakho nasesigxotsheni sengqondo yakho egxile, uthando no-Absolute no-Infinite alupheli. Kodwa kunzima ukuthola uNkulunkulu uma siphishekela imali kuqala. Kumelwe senze uNkulunkulu abe yingxenye ebalulekile yezimpilo zethu, bese sithola konke esikudingayo kulokhu kuphila. Noma ubani owenza uNkulunkulu abe yindawo ehlala njalo enhliziyweni yakhe, uNkulunkulu uzobanika isabelo esiningi sezibusiso zomhlaba nezulu, futhi avule phambi kwabo imiphetho emikhulu lapho ilanga lokuhlakanipha likhanya khona, likhanyisela izindlela zabo futhi lixoshe ubumnyama obubazungezile. UNkulunkulu ungumthandi waphakade, futhi akukho injabulo esintwini ngaphandle kwalapho sithanda uNkulunkulu njengoba sithanda—okungenani—abathandekayo babo abathandekayo, ngoba ngaphandle kukaNkulunkulu, besingeke sazi ingqikithi yothando, noma sibunambithe ubumnandi balo.

Kumelwe sifunde ukusebenzisa intando yethu futhi sigxilise izingqondo zethu ekufuneni uNkulunkulu ngezinhliziyiyo zethu zonke Izenzo zabantu zilawulwa yizifiso, futhi le mikhuba ihlala isiphophelela ukuba senze lokho esingafuni ukukwenza Ngempela, umuntu uyisitha sakhe, engazi. Akakwazi ukuhlala phansi athule, futhi akanikeli isikhathi kuNkulunkulu, kodwa ufisa injabulo nokungena ePharadesi okuqinisekisiwe ngaphandle kokulibala. Okuhlangenwe nakho okungcwele akunakufinyelelwa ngokufunda izincwadi, ukulalela izintshumayelo, noma ukwenza imisebenzi emihle. Konke lokhu akungabazeki ukuthi kuyazuzisa, kodwa akwanele. Ukufinyelela kuNkulunkulu kudinga ukugxila ngokucophelela nokuzindla okujulile.

Kumelwe sifune umusa kaNkulunkulu kuqala Asikwazi ukujabulisa wonke umuntu, ngoba lokho akunakwenzeka Ngizama ukungacaculi muntu Ngenza engingakwenza, futhi yilokho kuphela engingakwenza Umgomo wami kuphela ukujabulisa uNkulunkulu Ngisebenzisa izandla zami ukuthandaza ngokuthobeka phambi Kwakhe, izinyawo zami ukumfuna yonke indawo, kanye nengqondo yami ukucabanga Ngaye nokuzindla ngezimangaliso Zakhe UNkulunkulu kumelwe abe yindawo yokuqala ezinhliziyweni zethu ukuze sikwazi ukumbona njengokuthula, uthando, ukuqonda, umusa, uzwela, nokuhlakanipha Lokhu, hhayi okunye, yilokho engizele ukuzofakaza ngakho futhi ngikhulume kini ngakho

Ngaphezu kokuzindla, umuntu kufanele abe nobudlelwano obuhle. Akufanele silandele abantu, kodwa silandele uNkulunkulu. Uma uthola inzuzo kule micabango, bheka njengesibusiso esivela kuNkulunkulu, ngoba lonke udumo lungolwakhe.

Yabelana ngayo nabanye ukuze bathole kubo lokho okutholayo (Futhi ngokuqondene nomusa weNkosi yakho, khuluma ngakho) Futhi ungakhohlwa ukusiza othile nsuku zonke ngokwamandla akho. Uma nje ngisenayo imali ephaketheni lami, ngeke ngiyeke ukupha, ngoba umthombo wami ongapheli nogeleza njalo unguNkulunkulu.

Okokugcina, kumelwe simazi uNkulunkulu njengoba abakhulu benza. Lokhu kungenzeka ngokuzindla nangomzamo womuntu siqu

Ngesinye isikhathi, ngangihamba ngaphandle kwendlu yokuhlala, ngicabanga ngothisha wami omkhulu, uSri Yuktiswar, owayeshone eminyakeni embalwa ngaphambi kokuba ngizizwe ngimlangazelela kakhulu futhi ngidabukile ngokuthi wayengekho nami ukuze ngijabulele ubuhle nesimo sendlu yokuhlala. Ngokungazelelwe, wabonakala kimi evela esibhakabhakeni wathi, "Ucabanga ukuthi nguwe wedwa ojabulela le ndawo enhle? Nami ngiyayijabulela njengawe!"

Umfuni ofisa ukuhlangana noNkulunkulu kumele azame ngomkhuba wansuku zonke wokuzindla nokumthanda, nokwelula lolo thando kubo bonke Lena ukuphela kwendlela yokugwema ingxabano Ukubambisana ngokomoya kubalulekile Ngaphandle kwengokomoya langempela, akukho injabulo yomuntu ngamunye noma yonke indawo Ukuzwana okungcwele kuyisixazululo kuphela sazo zonke izinkinga zomzimba, zezimali, zomshado, zokuziphatha, nezingokomoya

Injabulo ivela ekuzizweni useduze noNkulunkulu Isintu sizibophe ngemigoqo yokungazi, futhi sekuyisikhathi sokuphuma kuleli jele elihlazisayo Inggondo kumele iphendukele kuNkulunkulu njalo,

kungakhathaliseki ukuthi izimo zinjani, bese uzwa ukuthula okukhulu nenjabulo

Labo abalangazelela uNkulunkulu futhi abanikela ubukhona babo kuYe, bakhuthazane futhi bakhanyiselane, futhi bakhumbule uNkulunkulu njalo, yibo abajabulayo kuleli zwe futhi bangabanqobi benjabulo yaphakade.

Ukuthula makube phezu kwakho

Ikhethini lizophakama futhi liphume

Ngamunye wethu wenziwe ngomfanekiso kaNkulunkulu.

Savela kuMoya wakhe ongcwele, futhi ingqikithi yakhe ihlala ngaphakathi kithi ngobumsulwa bayo bonke, inkazimulo, kanye nenjabulo enkulu. Leli fa elingcwele liyinqaba engenakuphikiswa. Ukuze umuntu azisole njengesoni, ezulazula ezindleleni zesono, kungenye yezono ezinkulu kunazo zonke. Ngoba ngokwenza kanjalo, uzilahla ekusweleni usizo, ekuphelelweni yithemba, nasekungakwazini ukuvuka nokukhuphuka. Kuyiqiniso ukuthi umuntu angenza izenzo eziphambene nemithetho yemvelo neyaphezulu, kodwa kufanele ashintshe inkambo ngokushesha futhi aphendukele endleleni efanele. Ngokwemvelo yakhe emsulwa, umuntu uyithempeli elingcwele, futhi uMoya ongcwele uhlala ngaphakathi .kwakhe

Kumelwe sikhumbule njalo ukuthi uNkulunkulu usithanda ngokuphelele nangokungenamibandela. Kodwa njengoba esinike ithuba lokusondela kuYe noma ukumfulathela, ulindele ukuba siveze isifiso sethu sothando .IwaKhe ngaphambi kokuba eze kithi Ngesinye isikhathi ngezwa izwi lakhe lihleba ngesikhathi sokuzindla: “Uthi anginawe, kodwa awuzange ubheke ngaphakathi Angikaze ngikushiye ngisho nomzuzwana

Ngena ethempelini lomphefumulo uzongibona Ngoba
ngihlala ngilapha, ukukwamukela nokukubingelela
"ngesibingelelo sothando lwaphezulu
Ubuqotho obujulile bubalulekile endleleni yokomoya.
Ebumsulweni naseqiniseni, ukusa kumphefumulo kuyavela

Ukuhlakanipha kwethu njengabantu akulutho uma
kuqhathaniswa noNkulunkulu. Okuwukuphela kwendlela
esingasondela ngayo kuYe ukumnika uthando oluhlanzekile
.olufanayo asinika lona
Wonke umuntu ekugcineni uzothola insindiso, kodwa
labo abahlulekayo endleleni bawela egodini lokunganaki
Ukunganaki kusivimbela ekuqapheleni ukubaluleka
okubalulekile kokuthola uNkulunkulu njengamanje, kulo
mzuzu iplanethi yethu enkulu uMhlaba, entanta emkhathini,
kanye nobuntu bethu, asinikwanga ukuba sichithe iminyaka
embalwa lapha bese sinyamalala sibe yize Kunalokho,
senzelwe ukuzindla ngokujulile nokuqonda imfihlakalo
yokuphila Ukuphila ngaphandle kokuqonda injongo yokuphila
kuwubuwula, ubuwula, nokuchitha isikhathi Izimfihlakalo
zokuphila zisizungezile nhlangothi zonke, futhi uNkulunkulu
usiphe ukuhlakanipha ukuze sithole izixazululo zazo
Ekufuneni kwami uthando oluhlala njalo, ngaqaphela
ukuthi uNkulunkulu ungithandile ngazo zonke izindlela
engingazicabanga. Ungithandile njengomama, ubaba,
nomngane
Ngifune lowo mngane waphakade kunabo bonke
,abangane
Futhi mayelana nalowo mthandi omkhulu engimbona
manje ekhanya kuzo zonke izinhlobo zobuso nobuso
obunothando Lowo mngane ongcwele akakaze angidumaze,
futhi akakaze angidumaze
UNkulunkulu ungemuva kwakho konke okukhona
Kufanele sihloniphe futhi siphathe abazali bethu ngomusa,

kodwa kumelwe simthande uNkulunkulu ngayo yonke
inhliziyo yethu nemiphefumulo yethu Kumelwe siqaphele
ukubaluleka kokuxhumana okubalulekile naye, ngaphandle
kokuchitha isikhathi esengeziwe

Uma silele, asazi ukuthi sizovuka noma cha. Sishiya

lomhlaba ngamunye ngamunye. Kodwa lo mcabango
akufanele ubangele ukukhathazeka. Uma sifa, sibizelwa
ukuzalwa kabusha emhlabeni, siqale impilo entsha kusukela
.lapho sagcina khona kulo mhlaba

Ngibona impilo njengokwakheka nokuqedwa

kwamagagasi ebusweni bolwandle. Igagasi lomuntu
liyaphakama ebusweni bolwandle lwaphezulu lapho lizalwa,
futhi ekufeni, lihlala enhliziyweni kaNkulunkulu. Ngiliqondile

leli qiniso futhi ngiyazi ukuthi angikaze ngife ngempela,
naphezu kokufa komzimba. Ngoba noma ngabe ngiphumule

olwandle lomoya waphezulu noma ngivukile emzimbeni
wenyama, ngimunye nolwandle lwasezulwini. Leyo njabulo
enkulu ayinakutholakala emhlabeni. Ngesikhathi esifanayo,

asikho isidingo sokubalekela ehlathini sifuna injongo.

Singamthola uNkulunkulu kuleli hlathi lokuphila kwansuku

.zonke—ekujuleni komhume wokuthula

Abantu bangenza amaphutha amaningi, kodwa

babunjwa ngomfanekiso womoya waphezulu UNkulunkulu

wadala leli zwe elikhohlisayo lezinjabulo zasemhlabeni

ngenhloso eyodwa kuphela: ukuze isintu siqaphele ukuthi

kuyidrama nje yendawo yonke, silahle imibono ekhohlisayo,

futhi sithande uNkulunkulu yedwa Leli yiqiniso, futhi ngeke

kube ngenye indlela Kungani uNkulunkulu asidalele ukuba

sithande amalungu emindeni yethu ukuze nje awabone

esishiya ngamunye ngamunye? Lezi zenzakalo zenzeka

ukuze zisenze siqaphele ukuthi nguNkulunkulu osithanda

ngempela, ngaphezu kwabo bonke esibathandayo

Impilo iwuchungechunge lwezithombe ezinyakazayo,

kodwa leli qiniso kunzima ukuliqonda ngoba imibono

ekhohlisayo ibonakala ingokoqobo kanti amaqiniso

abonakala njengemibono ekhohlisayo. Umhlaba
uyanyamalala engqondweni yethu njalo ebusuku njengoba
silele, mhlawumbe ukuze siqonde ukuthi indawo yonke
.ebonakalayo ayiyona yangempela
Lesi sifundo sokulala asizile ukusesabisa, kodwa
ukusenza silangazelele iqiniso likaNkulunkulu Akukho
okunganelisa umphefumulo ngaphandle kukaNkulunkulu
nothando lwaKhe UMoya kaNkulunkulu uyiqiniso
elingenakuqhathaniswa Akukho into engeyona engokoqobo,
futhi okungokoqobo akunakuba okungokoqobo
Abahlakaniphile bayaqonda leli qiniso elikhazimulayo
Sekudlule iminyaka eminingi yempilo yethu, futhi kusele
iminyaka, amasonto, izinsuku, namahora kuphela Kungani
sichitha isikhathi ezintweni ezingasizi ngalutho? Kufanele
sifise ukuxhumana noNkulunkulu imini nobusuku, futhi sibe
qotho ngokuphelele kulesi sifiso ngaphambi kokuba isikhathi
esibekiwe sokuphila siphela futhi sishiye lo mhlaba
.ngaphandle kokufeza lutho oluphawulekayo
Ngaleso sikhathi, ngabona ukukhanya okukhulu
kukaNkulunkulu okumboze yonke indalo. Yeka injabulo
!enkulu! Yeka ukukhanya okumangalisayo
Nkulunkulu wami, ngiyakubonga futhi ngiyakhothama
kuwe ngalezi zibusiso eziningi zokuzwa ubukhona bakho
Izibusiso kuwo wonke umuntu ngendlela efanayo, ukuze
siqaphele ukuthi Wena uyiqiniso eliphelele endaweni yonke
nokuthi Wena ungumgomo wethu wokugcina, okungekho
.omunye umgomo ngaphandle kwawo
Kumelwe simthande futhi sikhulume naye njalo
ngomzuzwana wokuphila kwethu—emsebenzini
nasekuphumuleni, ekuhambeni nasekuthuleni—ngokunxusa
okujulile nokulangazelela okukhulu. Khona-ke sizobona
isihenqo sokukhohlisa siphakama futhi sinyamalala.
UNkulunkulu unathi kuyo yonke imizuzu yokuphila kwethu.
Labo abacabanga futhi bavumelane Naye bambona ebuhleni
bezimbali, ubuhle bemiphefumulo enomusa, imizwa emihle

nehloniphekile, kanye namaphupho amahle. Ekugcineni,
uzophuma ngemuva kwezihengo ezijiyile ukuze athi kubo
:bonke abafuna ngobuqotho

Sesihlukene isikhathi eside ngoba bengifuna unginike"
uthando lwakho ngokuzithandela. Ngakudala ngomfanekiso
wami, futhi ngalinda waze wasebenzisa inkululeko yakho
".wanginika uthando lwakho ngokuzithandela kwakho
Kumelwe sicele uNkulunkulu ukuba asiphe isipho
saphakade nesihlala njalo sothando lwakhe olungcwele
Kodwa ubani ongathola loNkulunkulu onothando ngaphandle
komzamo? Uma usebenzisa amaphesenti angu-25 omzamo,
okusele kuncike kuNkulunkulu kanye nomqondisi wakho
ongokomoya angiziceli lutho mina, ngoba lonke udumo
lungolwaNkulunkulu, umthombo wabo bonke ubuhle nomusa
Kwangathi umusa waKhe ungahamba nawe, ukuqaphela
kwaKhe kube nawe, futhi kwangathi ungabona ubukhulu
bokuba khona kwaKhe ngaphakathi kuwe nakuzo zonke
izindawo ezikuzungezile

UNkulunkulu akasiphenduli ngokushesha ngoba
singabaza ukubonisa ukuthi simfisa kangakanani. Akufanele
sesabe ukusondela kuYe, kodwa kunalokho simbheke
njengowethu, oThandekayo wethu, futhi simfune
ngokungapheli ngemicabango yethu, izenzo, izinhliziyiyo,
kanye nezingqondo zethu, futhi sizomthola eyisiphephelo
esikhulu kunazo zonke sokuphepha nokuthula kulokhu
.kuphila

Nkosi, ngikunikeza lesi sixha semiphefumulo emihle,
ukuze ihlobise ithempeli lobukhona bakho. Phelezela
lemiphefumulo, engumndeni wakho nabathandekayo bakho.
Sihlabelela igama lakho elibusisiwe. Susa ubumnyama
bokungazi ngokukhanya kwakho okungcwele. Susa
ubumnyama ezingqondweni zethu ngokukhanya
okukhanyayo, okungenamkhawulo kobukhona bakho.
Singabakho, kungakhathaliseki ukuthi izimo zethu zinjani.
Ziveze kithi, Nkosi yoBukhosi kanye neSipho. Busisa

ngamunye wethu. Yamukela ukunyenyeza kwemicabango
yethu elangazelelayo kanye nokushaya kwenhliziyo yethu
enothando. Kuwe sinikeza lonke uthando, udumo, kanye
nokulangazelela, ngoba wena ungoThandekayo wethu nakho
.konke esinakho kule ndawo yonke

Sibusise ngomusa wakho Bhidliza izindonga zesifiso
ezisihlukanisa nawe Yiba yiNkosi yaphezulu ehlezi
esihlalweni sobukhosi phezu kwazo zonke izifiso zethu
Kwangathi ukukhanya kwenkazimulo yakho kungasakazeka
emhlabeni wonke Sibusise sonke Sigcwalise ngephunga
lobukhona bakho Futhi masiqaphele njalo ukuthi ubulokhu
unathi, Unathi manje, futhi uzoba nathi kuze kube phakade
Siyakubonga ngomusa nothando olunike abalandeli
bakho abazinikele abalangazelela ukuba seduze kwakho
futhi abalinde ngokulangazela ukuba khona kwakho.
Sithemba ukuthi iqembu labafundi bakho lizokhula ukuze
sikwazi ukugubha ubukhona bakho obubusisiwe futhi
.sijabule ngokuba seduze kwakho

Sibusise ukuze sivule izinhliziyiyo zethu komunye
nomunye futhi sihlanze izinhloso zethu, ukuze sifanelekele
ukuvikelwa nokunakekelwa nguwe. Ziveze, ngaphakathi
nangaphandle. Sihlanganise sonke, futhi ngokukhanya
kwalobo bunye, masiqaphele ukuba khona kwakho
.okuyingqayizivele

Ngobuqotho bezinhliziyiyo zethu ezihlangene kanye
nokulangazelela kwemiphefumulo yethu evumelanayo,
siyakhothama phambi Kwakho, sifuna usizo Lwakho,
isiqondiso, kanye nokuqaphela njalo ukuba khona Kwakho
.emiphefumulweni yethu

Kwangathi umlilo wothando waphakade ungavutha
ngokukhanya ezinhliziyweni zethu, futhi kwangathi
singakuzwa ukusondela Kwakho kithi manje naphakade,
!Nkosi yethu, O Sithandwa sethu

Isifiso esiphakeme kanye nama-capsule engqondo

Inkulu inkazimulo kaNkulunkulu Ungumongo weqiniso futhi angatholakala kulokhu kuphila Ezinhliziyweni zabantu kunemithandazo eminingi kanye nokunxusa: imali, udumo, impilo—imithandazo yazo zonke izinhlobo Kodwa umthandazo okufanele ube ngowokuqala nowokuqala kuzo zonke izinhliziyo uwukuzwa ubukhona bukaNkulunkulu Njengoba sihamba ezindleleni zokuphila ngokuthula nangokuqiniseka, kumelwe siqaphele ukuthi uNkulunkulu ungumgomo wokugcina ongasanelisa futhi ugcwalise izifiso zethu, ngoba kuNkulunkulu kukhona impendulo yazo zonke izifiso zenhliziyo

Uma ungakwazi ukufeza isifiso ngemizamo yakho, uphendukela kuNkulunkulu ngomthandazo Ngakho-ke, yonke inkuthazo oyishoyo yembula isifiso esifihliwe ngaphakathi Kodwa uma uthola uNkulunkulu, zonke izifiso ziyanyamalala, futhi zonke izifiso ziyagcwaliseka

Izifiso zezwe zivela emibonweni eyiphutha mayelana nenjongo yokuphila Lo mhlaba awusilo ikhaya lethu langempela Imibhalo isitshela ukuthi singabakaNkulunkulu, ukuthi sidalwe ngomfanekiso waKhe, nokuthi intando yaKhe iwukuba sibuyele endaweni yethu yaphezulu Lokho isintu esihluleka ukukuqaphela ukuthi ngaphandle kokuba sibuyele emthonjeni waso waphezulu, sizophoqeleka ukuba sizabalaze ukuze sigcwalise izifiso ezingenakubalwa Cabanga ngalokho! Kuyiqiniso ukuthi abantu abanakuzibamba ngaphandle kokuba nezifiso, futhi akukho lutho olungalungile ngokuba nazo Nokho, izifiso eziningi zabantu zivimbela ukugcwaliseka kwesifiso sokugcina sokubuyela kuNkulunkulu Ngakho-ke, zilimaza injabulo yabantu Ngaphandle kokuba isintu sifise uNkulunkulu futhi simthole, sizoqhubeka sivutha ngokulangazelela noma yini

esicabanga ukuthi izosilethela injabulo Kodwa ukugcwaliseka okusheshayo kwazo zonke izifiso kuza ngokuzenzakalelayo kulabo abathola uNkulunkulu

Kunezinhlobo ezimbili zezifiso: lezo ezisisiza sithole uNkulunkulu, kanye nalezo ezisivimbela ekumtholeni. Isibonelo, uma othile ekona, ungase uzizwe unesifiso sokuziphindiselela. Kodwa-ke, uma unqoba lesi sifiso ngokusebenzisa amandla aphezulu futhi amukelekayo othando, uzobe usebenzise lona kanye ithuluzi elizokusiza uthole uNkulunkulu. Zonke izifiso kufanele zigcwaliseke ngendlela enhle, ngoba lapho zigcwaliseka ngezindlela zezwe, izifiso ziyanda, kanye nezinkinga nokuhlupheka. Uma sifunda ukunikela zonke izifiso zethu kuNkulunkulu, uzosebenza ukuze agcwalise izifiso zethu ezinhle futhi aqede lezo ezilimazayo nezibhubhisayo. Akukho sivikelo esikhulu kunonembeza omsulwa, futhi akukho sivikelo esingcono ekushayweni yimpilo kunokuba nezifiso ezinhle neziphakeme.

Uma siqaphela ukuthi umfanekiso ophelele kaNkulunkulu uhlala ngaphakathi kithi, zonke izifiso zethu ziyagcwaliseka Kulokho kuqaphela okungcwele, okudlula yonke ingcebo yasemhlabeni nengcebo, ngeke unyakaziswe noma ngabe unikezwa umhlaba wonke. Udumo ngeke lufake ukuziqhenya kuwe, futhi ngeke lukusole ngokukulimaza, ngoba uzonambitha injabulo kaNkulunkulu ngaphakathi kuwe, futhi lokho kuzoba yinto ebaluleke kakhulu empilweni yakho.

Kufanele sicele isiqondiso sikaNkulunkulu kuqala emizamweni yethu yokufeza izifiso zethu ezisemthethweni, futhi leyo yindlela engcono kakhulu yokuthola izimpendulo zayo yonke imithandazo yethu. Kodwa ukunxusa kumelwe kususwe emthandazweni. Indlela endala yokuthandaza kumele ishintshe, futhi kumelwe siphendukele kuNkulunkulu ngokuthembela

okuphelele nokholo olungenakunyakaziswa lokuthi
uyasizwa futhi uzosinika izicelo zethu. UNkulunkulu
akafuni silahle intando yethu—ngisho nalapho
sithandaza kuYe—ngoba leyo ntando iyisipho
esiyigugu kakhulu esisithole esandleni saKhe somusa,
ilungelo elingcwele ayehlose ukuba silithole kusukela
ngesikhathi sokudalwa kwethu.

Ngokwemvelo, umuntu kumelwe ahlukhanise
phakathi kwemithandazo nezifiso ezinengqondo
nezingenangqondo. Khumbula ukuthi isifiso
singamandla; uma unamathela esifisweni—
kungakhathaliseki ukuthi sihle noma sibi, sizuzisa
noma silimaza—futhi ucabanga ngaso imini nobusuku,
sizogcina sigcwalisekile. Ngakho-ke, umuntu kufanele
aqaphele futhi agweme ukugcina izifiso ezilimazayo,
ngoba zizogcwaliseka futhi zizoletha umonakalo
omkhulu kanye nosizi olukhulu.

Ngokuhamba kwesikhathi, uzothola ukuthi noma
izifiso zakho zigcwalisekile, inhliziyo yakho ihlala
ingenalutho, futhi uzobhekana nokuhlubuka
kwangaphakathi Cabanga ukuthi uhlelo lwakho
lokugaya ukudla lubuthakathaka, kodwa ufisa ukudla
okuthosiwe Yiqiniso, uzozwa ubuhlungu njalo uma
ukudla, naphezu kwenjabulo oyitholayo ngenkathi
uzitika Ngakho-ke, uzozizwa sengathi wenze iphutha
Ukuhlakanipha kuyala ukusebenzisa ukuqonda
ukuhlukanisa phakathi kwezifiso ezinhle nezimbi,
futhi uma lokhu sekufeziwe, lezo zifiso ezingalungile
akufanele zigcwaliseke Abantu banamandla
angaphakathi okuqonda futhi kufanele
bawasebenzise njalo, begondisa izimpilo zabo
ngokwemiyalelo kanembeza, okuyizwi likaNkulunkulu

Izifiso ezingagcwaliseki zihlala enhliziyweni.
Yikuphi ukulimala okukhona ngokuzigcina lapho?
Nansi impendulo:

Zonke izifiso zakhiwe ngamandla athile: okuhle noma okubi, noma kokubili Lapho umuntu efa—kwangathi uNkulunkulu angaba nomusa kuye—la mandla awafi naphezu kokubola komzimba. Kunalokho, ahambisana nomphefumulo nomaphi lapho uya khona ngesimo sama-capsule angokomoya agxilile. Lapho umuntu ezalwa kabusha esesimweni esisha sokuzalwa, la ma-capsule noma amaphilisi engqondo abonakala njengokuthambekela kokuziphatha. Ngakho-ke, umuntu oshonile eyisidakwa uletha ukuthambekela kotshwala lapho ezalwa kabusha, futhi lokhu kuthambekela kuyaqhubeka kuze kube yilapho engoba ukunxanela utshwala. Lokhu kusebenza nakwezinye izinto.

Ngisho nezingane ezincane kakhulu zibonisa izici ezitholwe ekuphileni kwangaphambilini Ezinye izingane zihlushwa ukucasuka okukhulu Abanye banentukuthelo embi Yiqiniso, uNkulunkulu akazidalanga ngale ndlela Izifiso ezingagcwaliseki zokuphila kwangaphambilini ziye zabumba lezi zindlela zengqondo, futhi ngenxa yazo, umphefumulo ubonakala ungajwayelekile, yize udalwe ngomfanekiso kaNkulunkulu omsulwa Uma umfanekiso kaNkulunkulu uphambukile ngaphakathi komuntu kulokhu kuphila, kungaba ngentukuthelo, ukwesaba, noma inkanuko, futhi lezi zimfanelo zinganqotshwa manje, khona-ke zizozalwa kabusha nazo (noma zizozalwa kabusha nazo), zithwele umthwalo walezi zindlela ezidabukisayo kuze kube yilapho zizingoba kulokhu noma esikhathini esizayo sokuzalwa. Akukho ukuphunyuka kuzo kuze kube yilapho zinqotshwa.

Ngakho-ke, kungcono ukugcwalisa zonke izifiso manje noma ukuzinqoba

Indlela engcono kakhulu yokususa izifiso ezinjalo unomphela iwukuzizwa injabulo enkulu yaphezulu. Ngaphandle kwalokho, lezi zifiso ezicindezelwe kanye nezifiso ezingagcwalisekanga zizohlupha futhi zihluphe umphefumulo.

Umuntu kumele aqaphele, ngokuqonda nokuhlakanipha, ukuthi uNkulunkulu kuphela okwazi ukunikeza injabulo emsulwa nehlala njalo

Esikhathini esiningi, izifiso zihlala zifihliwe entweni engazi lutho. Ungase ucabange ukuthi seziphelile, kodwa aziphelile; lokhu kungenye yezimfihlakalo zokuphila, okuyimfihlakalo enkulu ngokwayo.

Kodwa imfihlakalo iyanyamalala lapho sihlaziya impilo futhi sicabanga ngencazelo yayo Uma ubungahlala buthule isikhashana nsuku zonke uzihlole, uzothola ukuthi unezifiso eziningi ezingagcwalisekanga. Lezi zifiso zifana namagciwane abulalayo umuntu awaphatha nomaphi lapho eya khona, kokubili kulokhu kuphila nakwelandelayo.

Indlela engcono kakhulu yokuqhubekela phambili ukuqonda—ngokukhetha okuhlakaniphile—izifiso ezilimazayo kulokhu kuphila bese ugxila emizamweni yakho ekugcwaliseni izifiso zakho ezinhle Uma uzizwa unesifiso sokuzibulala noma sokwenza noma yini engalungile, kumelwe ulahle leso sifiso manje Ziqinisekise, ngomcabango nangezenzo, ukuthi unenhlansi yobuNkulunkulu emphefumulweni wakho, futhi ukhumbule ukuthi wadalwa ngomfanekiso woMninimandla onke, ngakho-ke unamandla okudlula imvelo yakho nemikhuba yakho

Unganamatheli kakhulu ezintweni zokunethezeka kodwa ungabi nandaba nezifiso, futhi uzoyinqoba impi yokuphila Uma uhlushwa ubuhlungu obungapheli, zama ngangokunokwenzeka ukuzihlukanisa

nokuqwashisa ngokomzimba Ngokuqonda, unganqoba izinzwa Ukuqonda okuhlakaniphile kungumlilo oshisa izifiso ezilimazayo nezifiso ezibhubhisayo, uzishintshe zibe umlotha

Kungumkhuba ovamile ukuthi abantu bagcine izinto ezindala, ezigugile, nezingadingeki ekhoneni lendlu, futhi bahlanze indlu ngezikhathi ezithile Ngokufanayo, ekhoneni lengqondo yakho engaphansi kwengqondo kulele izifiso eziningi ezinomonakalo ocashile, ezingakubangela inkinga enkulu ngolunye usuku uma ungazixazululi kahle.

Ukuzihlaziya kubalulekile endleleni engokomoya Ungase ube nenzondo, ucasuke, noma usheshe ukuthukuthela Uma kunjalo, lezi zici ezigcinwe engqondweni yakho ziwumphumela wezenzo zakho zesikhathi esidlule Ukuze uhlanze ingqondo yakho kule fenisha echithekile, egugile, kufanele uqale ngezenzo ezinhle nezakhayo futhi uhlakulele uthando ngabanye Lapho ubathanda kakhulu abantu, kulapho nabo bezokuthanda khona, futhi uzoluzwa uthando lwabo Kodwa uma ubagxeka, ngisho nakuwe, bazokuzwa lokho kugxekwa futhi bakubuyisele kuwe kukhuliswe!

Ake sithi isitha esidala sesifile, kodwa usamthukuthelele futhi usamzonda. Uzohlupheka ngenxa yalobu buhlungu, futhi imiphumela yalo elimazayo izobonakala emzimbeni nasengqondweni yakho. Kungcono ukumthethelela ngenxa kaNkulunkulu, ngoba ngokwenza kanjalo, uzozikhulula ezifisweni ezimbi zokuziphindiselela ezibhubhisa ukuthula kwengqondo yakho futhi zichithe ukuthula kwakho. Ukunqwabelanisa inzondo phezu kwenzondo, noma ukuphendula ebutha ngenzondo, akugcini nje ngokukhulisa ubutha besitha sakho kuwe kodwa futhi kungcolisa umzimba wakho

nemizwa yakho ngenxa yalokho. Ngakho thethelela ngokuthethelela okuhle.

Ngezikhathi ezithile, umuntu kumelwe ashiye konke ukuze abe yedwa, ukuze azindle ngenjongo yokuphila Abantu abaningi banamathele emasikweni nasezimfashinini. Eginisweni, abakaze baphile izimpilo zabo, kodwa kunalokho baphile izimpilo zomhlaba. Yini abayifezile, futhi baphelelephi?

Ngakho-ke, kuwukuhlakanipha ngomuntu ukuthi ngezinye izikhathi azisuse emisebenzini yansuku zonke kanye "nemisebenzi" ukuze azole ukukhathazeka kwengqondo yakhe futhi azame ukuqonda umongo wayo futhi anqume umgomo afuna ukuwufinyelela.

Khumbula ukuthi ubufakazi obukhulu kakhulu ongabuthola yilobo bonembeza wakho: izwi lomphefumulo wakho elingenaphutha nelingenaphutha Lokho unembeza wakho okukutshelayo ukuthi ungubani ngempela, ngaphandle kokuhlobisa noma ukufihla

Cabanga ngamandla kaJesu Kristu owathi, “Baba, bathethelele, ngokuba abazi ukuthi bangakwenza kanjani lokho abangakwaziyo”

Futhi cabanga ngoMprofethi omkhulu owathi: “Angikutsheli yini ukuthi yini ephakamisa isikhundla somuntu?” Bathi: “Yebo, O Sithunywa sikaNkulunkulu” Wathi: “Bekezela kulowo ongazi lutho ngawe, mnike lowo okugodlelayo, gcina ubuhlobo nalowo onqamula ubuhlobo nawe, futhi uthethelele lowo okuphambanisayo.”

Ukulalela izwi likanembeza wakho okhanyiselwe kuzoletha ukukhanya endleleni yakho kanye nesibusiso empilweni yakho Uma uzizwa unesifiso esinamandla enhliziyweni yakho sokugcwalisa isifiso,

sebenzisa ukuqonda kwakho bese uzibuza: "Ingabe yisifiso esihle noma esibi engifuna ukusigcwalisa?"

Ziningi izinto ezikhuthaza izifiso zabantu Uma umuntu ebona imoto entsha, ufuna ukuba nemoto efana nayo Uma ebona indlu entsha yesitayela, ufuna ukuba nemoto efana nayo Umkhuba omusha wemfashini uyathandwa, futhi abantu bafisa ukuthenga nokugqoka lesi sitayela!

Zivelaphi izifiso? Ngichithe amahora amaningi ngicabanga ngalokhu Ungakwazi yini ukuhlukanisa zonke izifiso zakho? Ngikwazile ukuzihlela zonke futhi ngigcine ezinhle kuphela. Futhi lapho ngithola ukuhlangana kwaphezulu, ngathola ukuthi zonke izifiso zami ezinhle zagcwaliseka ngesikhathi esisodwa Namuhla ufisa okuthile, futhi kusasa umphefumulo wakho ulangazelela okunye Inggondo yakho, evela kuNkulunkulu uSomandla, ayikwazi ukwaneliswa yizimpahla zaleli zwe, futhi ngeke ikwaneliseke, ngoba, mngane wami othandekayo, ulahlekelwe yingcebo eyigugu kakhulu neyigugu yomphefumulo wakho, okunguye yedwa onamandla okwanelisa isifiso sakho nokufeza izifiso zakho. Leyo ngecebo elahlekile nguNkulunkulu.

Kuyiqiniso ukuthi kunezifiso ezinhle noma ezidingekayo, nokuthi kufanele usebenzele ukuzigcwalisa Kodwa ngenkathi uzama ukugcwalisa izifiso zakho ezincane, ungakhohlwa ukugcwalisa isifiso sakho esikhulu kuNkulunkulu kuqala. Ukuqiniseka ukuthi izifiso ezincane nemisebenzi kumele kugcwaliseke kuqala kuyinkohliso futhi kuyinkohliso. Ngisakhumbula ekuqaleni kohambo lwami olungokomoya ukuthi ngangihlehlisa izinto futhi ngangingazindli njalo, yize ngangizitshela ukuthi ngizozinika isikhathi salokho. Kwadlula unyaka wonke kanje ngaphambi kokuba ngiqaphele ukuthi

angizange ngikugcwalise lokho engangizithembise khona. Ngazifungela ngokushesha ukuthi into yokuqala engizoyenza ekuseni kwakuwukugeza bese ngizindla ngoNkulunkulu. Imisebenzi yansuku zonke yayiminingi ngaleso sikhathi, futhi kwakungelula ukuyibalekela, ngisho nangesikhashana. Ngakho-ke, nganquma ukwenza imisebenzi yami engokomoya kuqala. Ngakho-ke, ngafunda isifundo esikhulu: umsebenzi wami kuNkulunkulu uza kuqala, futhi yilapho kuphela lapho nginakekela khona eminye imisebenzi engabalulekile kangako.

Kungani uNkulunkulu kufanele avulele isintu amasango aphakade uma isintu sibeka phambili eminye imisebenzi kanye nokucatshangelwa kunoNkulunkulu? UNkulunkulu ubeke amaphiko angokomoya ngaphakathi kwethu futhi ulindele ukuba sikhuphukele ezindaweni zomoya La maphiko ayizifiso zethu ezingokomoya, imicabango yethu ephakeme, kanye nokulangazelela kwethu okuqotho umthombo wethu waphezulu

Masifune uNkulunkulu kuqala Akuhlakaniphile ukunikeza ukubaluleka okukhulu emisebenzini yasemhlabeni, ngoba u-Azrael angabiza umphefumulo nganoma yisiphi isikhathi, bese yonke imisebenzi, izibopho, ukukhathazeka, kanye nezibopho kuzophela futhi kuphele unomphela Ngakho kungani ubambelele kangaka ekuphileni?

Umuntu ucabanga ukuthi ujabulela ukulondeka nokuthula kwengqondo, bese ngokuzumayo elahlekelwa othandekayo, noma elahlekelwa impilo yakhe noma umsebenzi wakhe, bese ukulondeka nokuthula kwengqondo kuyaphela!

Yeka ukuthi uthando lwami ngomama lwalulukhulu kangakanani! Bengicabanga ukuthi uzohlala enami, kodwa ngokuzumayo ngathola ukuthi

wayengishiyile ngiseyingane! Akufanele sesabe ukufa, kodwa kufanele sikulungele.

Ukuphila akusikho lokho okubonakala sengathi Ungabeki ithemba lakho kukho, ngoba kuyashintshashintsha, kuyakhohlisa, futhi kugcwele ukudumazeka namathemba aphukile Ukuphelela akutholakali lapha Angifuni ukukunikeza isithombe esingokoqobo sempilo Leli zwe alilona ipharadesi Liyindawo yokucwaninga yaphezulu lapho uNkulunkulu ehlola khona imiphefumulo ukuze abone ukuthi izonqoba yini izifiso ezimbi ngobuhle futhi imenze Yena—okungukuthi, enze uNkulunkulu—isifiso sayo esikhulu, ukuze ibuyele embusweni Wakhe

Ukuphila kugcwele zonke izinhlobo zezinhlekelele namahlaya, izinhlekelele kanye nenjabulo Kuyindwangu enkulu, eshintsha njalo, futhi ephilayo yezinhlobo ezingenakubalwa Azikho izinto ezimbili ezifanayo ncamashi Ukuphila komuntu ngamunye kuhlukile Umuntu ngamunye unezici ezahlukene, indlela yokucabanga ehlukile, kanye nezifiso ezahlukene Ukube besibhekene novivinyo olufanayo nsuku zonke, besizokhathala futhi sikhathale Ngisho nePharadesi, ukube belingahlala lifana, belizolahlekelwa ukukhanga kwalo Sithanda ukuhlukahluka kanye nokwehlukahluka Umqondo wendabuko ovamile wePharadesi awulungile neze Ukube belingadina ngempela, abangcwele kanye namadoda angcwele kaNkulunkulu ngabe bathandazele ukubuyela eMhlabeni ukuzozijabulisa! IPharadesi lihlala livuselelwa ngendlela ejabulisa kakhulu, kuyilapho uMhlaba uvame ukuvuselelwa njalo, kodwa ngendlela eyisicefe nengathandeki

Nokho, naphezu kokuthi impilo iyakhathaza futhi inzima, abantu abaningi bayayijwayela, bekholelwa ukuthi ayikho enye indlela yokuphila. Abakwazi

**ukuqhathanisa lokhu kuphila nokuphila
okungokomoya, bayahluleka ukuqaphela ubukhulu
bobuhlungu nokukhathala okufihliwe ngaphakathi
kwaleli zwe.**

**Eqinisweni, impilo ayiyona into yangempela
Kumane nje kuyizinto zokuzijabulisa, akukho okunye
Njengoba amafilimu amadala ekhishwa kabusha
ngokuphindaphindiwe, kanjalo nezenzakalo ezindala
ezifanayo ziyaziphinda ngezindlela ezahlukene.
Naphezu kokuqhubeka kokuphila okungapheli,
izindikimba ezifanayo ezethulwe kumafilimu adlule
ziyaphindwa ngokulandelana. Ngempela, umlando
uyaziphinda, futhi abantu bamane bayizingcweti
eminyuziyamu yesikhathi.**

**Ukuvumela impilo iveze izimanga zayo, yamukele
ngenjabulo, ngobuqotho, nangokuhlukana,
ingathinteki imizwa, njengokungathi ubuka i-movie
Ukuhleka okusuka enhliziyweni kuyindlela enhle
yokwelapha zonke izifo zabantu**

**Kumelwe ubhekane nokuphila kalula
nangenduduzo Yilokhu engikufundile kuthisha wami
Ekuqaleni kokuqeqeshwa kwami ngokomoya
endaweni yakhe yokuhlala, ngenza imisebenzi yami
ngobuso obuthukuthele, ngingakaze ngimomotheke.
Ngolunye usuku uthisha wami wakuphawula lokhu
wathi, "Uma uNkulunkulu evuma, konke kuhamba
kahle! Ingabe usemngcwabeni? Awazi yini ukuthi
ukuthola uNkulunkulu kusho ukufihla izinkathazo
nokufihla zonke izinsizi? Ungakuthathi ngokungathi
sina ukuphila"**

**Wangifundisa ukuthi kungumsebenzi womuntu
ukuphakamisa ingqondo yakhe ngaphezu kwazo
zonke iziphazamiso nezinkinga zasemhlabeni ukuze
athole inkululeko ephelele kuNkulunkulu.**

Umuntu kumelwe alondoloze ibhalansi enjabulweni nasezinsizini, inzuzo nasekulahlekelweni, ukunqoba nasekuhlulekeni ukuze abhekane nezinselele zokuphila ngesibindi nokuzethemba.

Ukugcina ukuthula kwangaphakathi naphezu kwazo zonke izehlakalo kuyindlela engcono kakhulu yokunqoba izifiso ezikhohlisayo Lokhu yilokho engikufundile kwabakhulu abangazange bathintwe ukushintshashintsha kwesikhathi, kodwa bahlala beqinile futhi bengaguquki kwaze kwaba sekupheleni Ngisho nabaprofethi, lapho behlushwa, abazange balahlekelwe ukuqonda kwabo okungcwele, futhi abazange bavumele muntu ukuba antshontshe uthando lukaNkulunkulu kubo Injabulo engokomoya ngokwayo iyisivikelo esibusisiwe kanye nenqaba enkulu kunazo zonke Phakathi kwezilingo nezinsizi, khumbula izibusiso uNkulunkulu akunike zona Umphefumulo wakho uyithempeli likaNkulunkulu elingcwele Akufanele uvumele ubumnyama bokungazi bungcolise leyo ndawo emsulwa Yeka ukuthi kuhle kangakanani ukuba sesimweni sokwazi ngokomoya, ukuhlonishwa, ukuhlonishwa, ukuphepha, nokuthula! Ungesabi lutho futhi ungazondi muntu Nikeza uthando lwakho kuwo wonke umuntu Zizwe uthando lukaNkulunkulu futhi ubone ubukhona Bakhe kubo bonke abantu, futhi vumela isifiso sakho esinamandla sibe ubukhona Bakhe obuhlala njalo enhliziyweni yakho Lena yindlela yokuphila ngokuthula nangokuthula kuleli zwe Kodwa kunzima ukunambitha lokhu kwaneliseka uma nje imimoya enamandla yezifiso ivunguza endaweni yenhliziyo futhi inyakazisa imithi yayo ngamandla

Izifiso zakhiwa yindawo umuntu aphila kuyo Zizalwa ngemibono yethu yezinzwa futhi zinqunyelwe yimingcele yaleyo mibono. Ukuya embukisweni

wasemakhaya kugcwalisa isifiso sokujabula, kodwa ngemva kokuvakashela umbukiso wezinga lomhlaba nokubona yonke imibukiso ehlukene, umbukiso omncane ulahlekelwa ubuhle nokukhanga kwawo. Ngakho-ke, kumelwe siqale sithole injabulo yokuxhumana noNkulunkulu ukuze sikwazi ukuqhathanisa leyo njabulo nezinjabulo zasemhlabeni ezincane. Khona-ke, izifiso ziyoba ngokwemvelo ephakeme. Isifiso asipheli; ngokushesha nje lapho isifiso esisodwa sigcwaliseka kunesinye esithatha indawo yaso. Kodwa uma uthola uNkulunkulu, zonke izifiso zakho ziyagcwaliseka. "Funani kuqala umbuso kaNkulunkulu nokulunga kwakhe, khona konke lokhu niyophiwa khona (Futhi okukuNkulunkulu kungcono futhi kuhlala isikhathi eside)." Ngakho-ke kungani ungafuni kuqala ukugcwaliseka kwaleso sifiso esikhulu futhi uthole esandleni sikaNkulunkulu esinomusa okuhle kakhulu nokuhlala isikhathi eside?

Uma uNkulunkulu ephendula umthandazo womfuni wokumazi, zonke ezinye izifiso zakhe zizogcwaliseka ngokushesha naphakade.

Abanye abantu bacabanga ukuthi abanazo izifiso. Kulungile!

Ngiphawulile ukuthi kwenzekani kaningi lapho abantu beya emakethe. Bangase bangabi nesifiso esithile sokuthenga, kodwa ngokuzumayo okuthile kubathinta amehlo bese becabanga, "O yebo, kufanele ngikuthenge!"

Ngisho noma bengakuthengi ngokushesha, kuhlala engqondweni yabo imini nobusuku kuze kube yilapho ekugcineni bekwenza, noma ngabe kufanele baboleke imali. Bayijabulela isikhashana, kodwa kancane kancane ukukhanga kwayo kuyaphela futhi injabulo yokuba nayo iyancipha, ngakho-ke bafisa okunye, njalo njalo.

Ngezinye izikhathi sihlangana nomuntu othi: "Ah, ukube nje benginayo imali eningi kangaka (noma imoto ekhethekile noma ichibi lokubhukuda noma noma)" bese kuthi ngokushesha nje lapho leso sifiso sesigcwalisekile, kuvele esinye isifiso sento entsha.

Izifiso zabantu aziphelele ngokwemvelo, ngakho-ke azikwazi ukufeza injabulo ephelele kubanikazi bazo.

Izwe lizozama ukukuphazamisa ekukhumbuleni ukuthi okuwukuphela kwesifiso esibaluleke ngempela ukuthola uNkulunkulu Kodwa kumelwe uzikhumbuze ngalokhu nsuku zonke Uma umuntu enquma ukuyeka ukubhema, ukuyeka ukudla ngokweqile, ukuyeka ukuqamba amanga, noma ukuyeka ukukopela, kumelwe aqine esinqumweni sakhe futhi anganqikazi. Indawo embi iyayiqeda futhi iyenze buthaka intando, idale izifiso zamanga ngaphakathi komuntu. Ithatha okuhle kakhulu kuye futhi imnike okubi kakhulu. Labo abahlala namasela bakholelwa ukuthi yindlela kuphela yokuphila. Kodwa ukuhlangana nabantu abalungile kuqondisa ingqondo ezintweni eziphakeme, ukuze izifiso zamanga zingabe zisamlinga umuntu. Konke okukulesi mpilo kungashintsha futhi kuyashintshashintsha. Kodwa imizuzu embalwa yokuzindla okujulile noma ukufunda nokuzindla ngezihloko ezingokomoya ezihlanzekile kuyoba umthombo wokuphefumulelwa, ukuthwala umfuni oqotho ngaphesheya kolwandle lwenkohliso nokukhohlisa uye ogwini lwaphezulu lapho "akukho kukhathala okuzomthinta khona, futhi ngeke axoshwe khona."

(Ukuphumula okukhulu kakhulu kulungiselelwe labo abasebenze kanzima, futhi lowo ongazange azikhandle ekufuneni iqiniso uselitholile)

**Injabulo yangempela itholakala ekulangazeleleni
uNkulunkulu nasekucabangeni njalo Ngaye
Ngokubekezela, kufika isikhathi lapho lowo mcabango
uba oqinile futhi ongaguquki kangangokuthi akukho
ukuhlupheka ngokomzimba, ngokwengqondo, noma
ngokomzwelo okungaphambukisa ukuqonda kwakho
kuNkulunkulu Akumangalisi yini ukuphila
nokuqaphela uNkulunkulu, ukucabanga Ngaye
nokumuzwa ngaso sonke isikhathi, nokuhlala
endaweni engcwele yobukhona Bakhe
obungenakunqotshwa, lapho ukufa nanoma yini enye
ingakuntshontsha khona ukuthula kwangaphakathi?
(Labo abakholwayo futhi izinhliziyi zabo zithola
ukuphumula ekukhumbuleni uNkulunkulu Impela,
ekukhumbuleni uNkulunkulu izinhliziyi zithola
ukuphumula)**

**Uma usungakwazi ukuzivikela kuzo zonke izifiso,
ujabulela ukuba khona kwaphakade**

**Impilo iyingqaba ngempela, ngoba konke
kungashintsha Ngakho-ke, umuntu akufanele aqinise
umkhumbi wenjabulo esihlabathini esishintshayo
salokhu kuphila Isikhathi sethu sizodlula, futhi lokho
esikubonayo manje ngolunye usuku kuzobe
sekudlulile Ushintsho luyamukeleka uma nje
ungaluvumeli ukuba lukulimaze Futhi uma lukulimaza,
ukuphazamiseka kwangaphakathi obhekana nakho
kuwumyalezo kuwe wokuthi ungaphathwa yizifiso
Uma uvikelekile emoyeni waphezulu, ujabulela konke
ngaphandle kokunamathela noma ukuncika Ngakho-
ke, ukuzama ukumazi kubaluleke kakhulu kulabo
abakhathalelayo; ngaphandle kwalokho, impilo izoba
ukudumala okukhulu, amathemba ashaqisayo
ngendlela embi kakhulu**

**Lapho ngibuyela eNdiya ngo-1935,
nganginethemba lokuvakashela izindawo**

engangizithanda ngiseyingane, kodwa lapho ngifika, ngathola ukuthi konke sekushintshile Isigaba sempilo sasihlelwe kabusha ngendlela ehlukile Ukudumala okukhulu nokushaqeka kwafika lapho ngivakashela indlu yami endala e-Aykapur, lapho ngangivame ukudlala futhi ngibukele izinyoni. Kwasala umuthi owodwa kuphela kukho konke engangikukhumbula. Kunjalo ukuphila! Izinto ezijwayelekile nezithandekayo ziyanyamalala emehlweni ethu ngayinye ngayinye Ngangikulungele ukunikeza noma yini ukuze ngibone indlu yethu njengoba yayinjalo ebuntwaneni bami. Kodwa-ke, uNkulunkulu wanginika isifiso sami, ngoba kamuva ngabona indlu embonweni, lapho sabhukuda khona echibini, ngabe sengikhuphukela phezulu, ngalala embhedeni, ngadla ama-mango, njengoba nje ngangenza eminyakeni eminingi ngaphambili.

Izifiso manje kumele zihlolwe futhi zihlolwe ngokucophelela, zihlungwe kahle, futhi zigcinwe ezinhle kuphela, futhi ngisho nalezo zifiso ezinhle azivunyelwe ukuvimba isifiso esibaluleke kakhulu ngoNkulunkulu.

Leso sifiso kumelwe sihlale siphila futhi sivutha, futhi akufanele sivunyelwe ukuba siphile noma siphile Umuntu ungaphansi kokukhohlisa okukhulu lapho ecela uNkulunkulu ukuba agcwalise izifiso zakhe zasemhlabeni kodwa angamceli ukuba azembule kuye Cabanga ngengane ehlala ifuna ukuba abazali bayo banikeze izicelo zayo, futhi ngaphandle kwalokho ingabuzi ngazo futhi ingacabangi ngazo. Lokho kungukungabongi nokuphika umusa wabo, futhi kulokho kunesifundo kulabo abacabanga ngakho.

Uma le ncwadi yokuphila isetshenziswa, umuntu uzohambisana nolwazi olungokomoya olutholwe

ngesikhathi sokuphila kwakhe emhlabeni. Ngakho-ke, uNkulunkulu kumelwe ahlale ekhona engqondweni yakhe, emnxusa njalo futhi angalokothi amkhohlwe uma ekhathazekile ngempela ngekusasa lakhe elingokomoya. Uma sisebudlelwaneni noNkulunkulu, sizothola ukuthi zonke izifiso ziyagcwaliseka ngendlela eyimfihlakalo. Kodwa kumelwe sifune uNkulunkulu kuqala. Unomusa futhi usinike konke, kodwa sizomthola kuphela uma singanelisekile ngeziphos zakhe kodwa siphendukela kuMniki uqobo. Sizomazi uma nje siqotho ekufuneni kwethu, sizimisele esifisweni sethu sokusondela kuYe futhi sizizwele ubukhona bakhe obubusisiwe.

Isithiyo esikhulu umuntu abhekene naso yisona uqobo lwakhe. Lapho bezama ukuhlala buthule futhi bezindla ngezinto ezingokomoya, imicabango yezwe iyavela ngokuzumayo, ibaphazamise futhi ibavimbele ekufinyeleleni umgomo wabo. Kumelwe baziqeqeshe ukulawula imicabango nemizimba yabo, futhi ngokwenza kanjalo, bazophatha ipharadesi elithwalekayo ngaphakathi komphefumulo wabo. Ekuphileni noma ekufeni, ezulwini noma esihogweni, leyo njabulo enkulu iyohambisana nabo.

Kumelwe sithandaze kuNkulunkulu ngokujulile, sithulule isifiso sethu esikhulu, simcele ngolimi lwenhliziyo, isifiso somphefumulo, kanye nokuhleba konembeza, ukuze asizwe futhi asiphendule. Kodwa uma umuntu ethandaza ngenhliziyo engaphelele futhi ngesikhathi esifanayo ecabanga ngenye into—into uNkulunkulu aziyo ukuthi akuyona into eyinhloko ekhathaza lowo muntu—Ngeke aphenndule.

Kumelwe sibe noNkulunkulu kuqala Isikhathi sesifikile Akufanele silinde, ngoba imicabango inamandla kakhulu Impilo idlula ngokushesha, futhi kuyihlazo ukushiya leli zwe ngaphandle kokwazi

injongo yokuphila Kufanele sicabange noma nini lapho sinesikhathi sokukhululeka Ngisho noma imithandazo yakho ingaphendulwa ekuqaleni, ungalilahli ithemba ngesihe sikaNkulunkulu, kodwa qhubeka unxusa Thandaza ngobuqotho futhi uthembele ukuthi umthandazo wakho uzophendulwa

Ngibone empilweni yami ubufakazi obukhulu kakhulu bokuphendula kukaNkulunkulu emthandazweni Kodwa impendulo enjalo idinga umzamo, ngoba akukho lutho olubalulekile olufika ngaphandle kokuzikhandla Ukuzindla kubalulekile ukuze kwembulwe izimfihlakalo zokuphila futhi kungene embusweni kaNkulunkulu

Imikhuba emibi nezinye iziphazamiso zizozama ukulimaza imizamo yakho futhi zenze buthaka ukuzimisela kwakho. Kodwa uma ufuna ukujabula, gcina imicabango yakho ibheke kuNkulunkulu, futhi uzomthola eseduze nawe.

Izifiso zenjabulo yasemhlabeni zidala ukudonsa okunamandla okudonsela umuntu kulo mhlaba, impilo ngemva kokuphila Ukubuyela enyameni kuba yinto engadingekile kulabo abathole izifiso zabo kuNkulunkulu Noma nini lapho befisa ukufeza noma yisiphi isifiso, bayacabanga ngaso, futhi sibonakala phambi kwabo Umama wabonakala kimi ngemva kokufa kwakhe, futhi ngaduduzeka ngokumbona futhi ngabonga uNkulunkulu ngobuhle bakhe. Ngempela, ungoPhana Kakhulu futhi unesihe Kakhulu. Ugcwalisa izifiso zethu ukuze abonise uthando lwakhe nokubonga kithi lapho simnika indawo yokuqala ezinhliziyweni zethu.

Uma umuntu efika kuNkulunkulu, uba yinkosi yokuphila nesiphetho. Akufanele siphumule kuze kube yilapho ubukhona bukaNkulunkulu buqina

**ezimpilweni zethu. Uzosinika konke
esikulangazelelayo futhi uzosivivinya.**

**Izilingo nezithiyo endleleni yokomoya ziningi futhi
zinkulu, kodwa njengoba sidlula kulezo zilingo futhi
singoba lezo zithiyo, kumelwe sithi: “O Nkosi,
Uphendule imithandazo yami futhi wagcwalisa izifiso
zami ezinkulu, ngakho inhliziyo yami iye yagcwala
ubukhona Bakho futhi umphefumulo wami ukhanya
ngokukhanya Kwakho” Ukuthula makube phezu
kwakho**

Ukuzinikela kwandisa ulwazi

Uma uthumela izinhloso ezinhle kwabanye, ukuqonda kwakho kuyakhula Uma ucabanga ngomakhelwane wakho, ingxenye yakho iyakhululwa kanye nalowo mcabango. Kodwa ukucabanga kuphela akwanele; kumelwe sikulungele .ukusebenzisa ukucabanga

Umshado uyisifundo sobugovu Abantu ababili bazama ukwabelana ngempilo omunye nomunye Bese kufika izingane, abazali babelana ngalokho abanakho nazo. Kodwa ukucabanga ngomndeni oseduze kuphela hhayi omunye umuntu (okungukuthi, mina nawe noma thina nje) kuyindlela .yobugovu

Kuyofika isikhathi lapho abathandekayo bethu bezosishiya; leyo yindlela yokuphila. Lokhu kusikhumbuza ukuthi umgomo omkhulu wesintu ukwandisa imingcele yokuqwashisa kwethu ngokusebenzela abanye nokwabelana .nabo ngezibusiso zempilo

Ukuzinikela kuletha umninikho izibusiso eziningi kanye nenjabulo enkulu, ngoba ngokuzidela umuntu ulondoloza injabulo yakhe Umgomo wami ukwenza abanye bajabule, ngoba injabulo yami itholakala enjabulweni yabo Asikwazi ngempela ukunambitha ukunambitheka kokufeza okuthile ngaphandle kokuthi sihlanganyele injabulo yethu nabanye. Angikhulumi nje ngamalungu omndeni, .kodwa kubo bonke abantu

Kufanele sicabange ngabanye futhi sibasize ngokusemandleni ethu. Lokhu akusho ukuthi sizibeka ebumpofwini, kodwa kunalokho sibonise ukukhathalela abanye ngeqiniso nangobungane kanye nokuzimisela .ukwabelana nabo

Kumelwe siqale sisebenzise izimiso zeqiniso kithi ngokwethu Asikwazi ukufundisa abanye ubuzwe uma singazicabangeli thina ngokwethu Uma siqala ngathi ngokwethu, sizoba yisibonelo esihle kwabanye

Nginikele impilo yami ekukhonzeni nasekuzuziseni
abanye Ngihambe kakhulu futhi ngafundisa izilaleli eziningi
Kodwa ngiyazi ukuthi ngikhonza abanye kangcono
ngemibhalo yami nezimfundiso zami
Izixuku ziza ukuzolalela izinkulumo, hhayi ngempela
ngenxa yothando lwangempela Abantu beza bezofuna
ugqozi nenduduzo engokomoya Kodwa ngifuna
imiphefumulo efuna iqiniso, ethanda uNkulunkulu Yingakho
ngigxile, futhi ngiqhubeka nokugxila, esidingweni sokuzindla
ngoNkulunkulu

Bonke abafuna izinto ezingokomoya ngobuqotho
nangokuphikelela bazonikezwa umqhele wempumelelo uma
.beqhubeka nesifiso nokukhuthala

Kumelwe sithande uNkulunkulu ngayo yonke inhliziyo
yethu, ingqondo, umphefumulo, namandla, futhi sithande
.umakhelwane wethu njengoba sizithanda thina

Kusho ukuthini ukuthanda uNkulunkulu ngayo yonke
?inhliziyo yakho, ingqondo, umphefumulo, namandla
Inhliziyo isho umuzwa, ingqondo isho ukugxilisa
ingqondo, umphefumulo usho ukuvumelana okujulile
ngokomoya ekuzindleni, kanti amandla asho ukuqondisa
.wonke amandla ethu kuNkulunkulu

Lokhu kusho ukuthanda uNkulunkulu ngayo yonke
imizwa yakho, ngokugxila kwakho konke ekuzindleni,
ngokuqondisa amandla noma amandla okuphila kusuka
ezintweni kuya emoyeni, nangokususa ukunaka emzimbeni
.kuya kuNkulunkulu

Akunakwenzeka ukuthanda uNkulunkulu ngaphandle
kokuzindla, ngoba ngokuzindla kuphela lapho singabona
khona isimo sethu esingokomoya njengomphefumulo ohlala
njalo oxhumene noNkulunkulu owawudala ngomfanekiso
.waKhe

Kumelwe sizakhele isihlalo sobukhosi sothando olukhulu
luNkulunkulu Akukho okubaluleke kakhulu empilweni
Akukho sifiso esikhulu kunokuthanda Yena, ukukhuluma

Ngaye, nokukhanyisela abanye ukuze bamazi Angifuni lutho
olunye kubantu

Kuyinjabulo ukwabelana ngolwazi lwami olungokomoya
nalabo abalufuna ngobuqotho Akukho okungilethela injabulo
engaphezu kokukhuluma nabo ngoNkulunkulu nokubasiza
babone ubukhona Bakhe

Kuhle ukuthanda uNkulunkulu nokuthanda izinceku
zaKhe Uma simthola, sizwa uthando lwaKhe kuwo wonke
umuntu. Akukho mandla amakhulu kunamandla othando
.endaweni yonke

Ngibona iNkosi ePhakeme kakhulu ihlezi ezulwini
nasezilwandle naphezu kwesihlalo sobukhosi sokuqonda
kwami. Ngimbona ekhona ngaphakathi kwami
nasemiphefumulweni yabo bonke futhi ngiyamamukela kuzo
zonke izimo zakhe ezingenamkhawulo kanye
.nokubonakaliswa kwakhe endalweni

Ukube bekungengenxa yobugovu, umhlaba ubuyoba
yipharadesi

Uma umhlaba ubungayeka ubugovu bawo obubi,
besizobona ipharadesi kulo mhlaba

Imbewu yempi isenhliziyweni yobugovu obunonya
Abantu bokuqala baqala ukusebenzisa izinduku zamatshe,
kamuva ezaphenduka imicibisholo nemicibisholo, ukuze
bavikele ubugovu babo ebugovini babanye Kamuva,
kwasungulwa izibhamu nezibhamu, kwabe sekuba yizibhamu
zomshini, kwabe sekuba amabhomu negesi enobuthi—konke
ukuvikela ubugovu beqembu elilodwa labantu ebugovini
belinye

Amandla okubhubhisa esintu akhule futhi athuthuke
ngaphezu kwamandla awo okwakha. Lokhu kuqubuka okubi
—ukuqubuka kobugovu obubi—kuzogcina kuqhumile. Kodwa
ngokudabukisayo, izimpilo eziningi zizoshabalala ngaphambi
kokuba isintu sivuke futhi siqaphele ukuthi ubugovu
bobuzwe abuyona ingozi njengobugovu bomuntu siqu. Isizwe
sakhiwe amaqembu amancane, futhi lawo maqembu akhiwa

abantu ngabanye; umuntu kumelwe aqale ngaye
.ngokwakhe

Ngenxa yalobu bugovu obunyanyekayo, kuqubuka
izimpi, ibhalansi yezomnotho iyaphazamiseka, bese kuba
.nokwehla komnotho bese kuba nokucindezeleka
Imingcele phakathi kwamazwe ayizinzile, futhi
ohulumeni bomhlaba bangashintsha njalo
Ubugovu obufuna injabulo ngaphandle kokunaka
amalungelo nenjabulo yabanye, noma obunyathela
amalungelo nezithakazelo zabanye ngezinjongo zabo, budala
ubumpofu, ukungajabuli, kanye nosizi
Ukuzicebisa ngokulimaza abanye kuyiphutha elikhulu.

UbuKhomanisi, obuthembisa inqwaba yensada kanye
nokuchuma, ngeke buphumelele futhi ngelinye ilanga
buzowa ngoba busekelwe ekuphoqelelweni
nasekucindezelweni kwenkululeko yomuntu siqu (Qaphela:
Le nkulumo yanikezwa yiNkosi uParamhansa ngo-1937, futhi
lesi siphetho sesifezekile ngempela!)

Abantu abakhulu bakhuthaza ukuzinikela okusekelwe
esifisweni esiqotho esingokomoya sokupha
Uma umuntu egxila ezandleni nasezinyaweni zakhe
kuphela futhi enganaki ikhanda lakhe, ubuchopho ngeke
busebenze ukuqondisa amakhono okunyakaza. Yonke
imisebenzi yomzimba kumele ihlanganiswe. Ngokufanayo,
izingqondo (abenzi bezinqumo) ezizweni nasemiphakathini
kumele zisebenze ngokubambisana nezandla nezinyawo
(abasebenzi), ngoba uma izintshisekelo zingqubuzana,
ukuhleleka kuzophela, isiphithiphithi sizonqoba, futhi
.kuzovela ukuhlupheka

Kunabafundisi ababili emhlabeni Lowo othatha
uNkulunkulu njengomholi nomeluleki wakhe akanaso
isizathu sokwesaba Lowo othatha uSathane njengomholi
nomqondisi wakhe uzohlupheka kakhulu
Igama eliyinhloko kubantu abaningi kule mpilo lithi
“mina” Labo abanesimo sengqondo esingokomoya kanye

nokuthambekela bacabanga ngabanye njengoba becabanga
ngabo. Labo abazicabangela bona kuphela bazilethela
ubutha kanye nentukuthelo yalabo ababazungezile. Kodwa
labo abacabangela imizwa kanye nezithakazelo zabanye
bathola ukuthi abanye bayabacabanga futhi bacabangela
.imizwa yabo

Uma kunabantu abayikhulu edolobheni, futhi ngamunye
ezama ukuthatha kwabanye, khona-ke ngamunye uzoba
nezitha ezingamashumi ayisishiyagalolunye
nesishiyagalolunye. Kodwa uma ngamunye ezama ukusiza
abanye, khona-ke ngamunye uzoba nabangani
.abangamashumi ayisishiyagalolunye nesishiyagalolunye
Ngaphila ngaleyo ndlela futhi angilahlekelwanga lutho
ngokupha abanye Eqinisweni, konke engangikupha
kwabuyela kimi kwanda ngomusa kaNkulunkulu Manje
angifisi lutho ngoba lokho enginakho ngaphakathi kimi
kukhulu futhi kuyigugu ngaphezu kwanoma yini umhlaba
ongayinikeza Lokho umuntu akufunayo ngempela injabulo,
futhi uma injabulo isifinyelelwe, isidingo sezimo eziholela
kuyo siyanyamalala

Anginayo i-akhawunti yasebhange ngoba isiqinisekiso
sami kuphela kuleli zwe yimizwa emihle abantu abanayo
ngami Angikholelwa kunoma yisiphi esinye isiqinisekiso
sasemhlabeni Ingcebo yangempela itholakala ekuhlaleni
ezinhliziyweni zabafowethu nabangane bakho

Uma sinomoya wobugovu, siyajabula. Futhi uma
sisebenzisa le ndlela, abanye abasizungezile bazothonywa
ukuziphatha kwethu futhi bazame ukusilingisa. Kumelwe
sigede ubugovu, obuyimpande yazo zonke izinto ezimbi
.zomuntu ngamunye nezesizwe

Ongcwele uphakanyiswe emoyeni
Kusukela encwadini ethi "Ifilosofi yaseNdiya
empilweni ye-Yogi"
"Izolo ebusuku ngibone uYogia elenga izinyawo
ezimbalwa emoyeni"

Ngaleso sisho esithakazelisayo, umngane wami u-Upendra Mohan Chaudhry waqala inkulumo yakhe.

Wamomotheka ngentshiseko wathi, "Mhlawumbe usuqagele igama lakhe: awusho uBhaduri Mahasaya ohlala emgwaqweni ongaphezulu ozungezayo?"

U-Upendra wanqekuzisa ikhanda evuma, yize ayedumele kancane ngokuthi lezi zindaba azifikanga kimi ngaye. Abangane bami babazi ukuthi nganginelukuluku kangakanani ngabangcwele, futhi babehlala bejabule ukungethula komusha.

Ngaqhubeka, ngithi, "Indlu ye-yogi iseduze kakhulu nendlu yethu, futhi ngiyivakashela njalo"

Amazwi ami avusa isithakazelo esikhulu ku-Upendra, njengoba isithakazelo sasibonakala ebusweni bakhe, futhi nganezela:

"Ngambona enza imisebenzi emangalisayo. Wazi kahle izindlela zokuphefumula eziyisishiyagalombili ⁽¹⁾ ze-yoga yasendulo njengoba zilotshwe yisazi uPatanjali ⁽²⁾. Ngolunye usuku, uBhaduri Mahasaya wenza uBhastrika Pranayama phambi kwami ngamandla amangalisayo kangangokuthi ngazizwa sengathi isiphepho esinamandla sidlule ekamelweni! Ngemva kwalokho, wathulisa lo moya onesiphepho futhi wahlala enganyakazi esimweni sokuqaphela okukhulu ⁽³⁾ Isimo sokuthula esalandela lesi siphepho sasicacile futhi singalibaleki."

Izwi lika-Upendra lalizwakala sengathi alikholwa njengoba ethi, "Ngizwile ukuthi ungacwele akaphumi endlini yakhe, ingabe lokho kuyiqiniso?"

Ngaphendula ngathi: "Yebo, lelo yiqiniso! Uhlale evalelwe endlini yakhe iminyaka engamashumi amabili edlule. Kodwa-ke, uyayikhulula imingcele yalo mthetho oqinile azibekela wona ngesikhathi samaholide ethu angcwele, bese ehamba eya endleleni eseceleni lapho abaceli behlangana khona,

ngoba uSaint Bahaduri waziwa ngenhliziyo yakhe enomusa."

Wathi: "Kodwa ungcwele uhlala kanjani elenga emoyeni, ephikisana nomthetho wamandla adonsela phansi?"

Ngaphendula: "Umzimba we-yogi ulahlekelwa ukuqina ngokwenza izivivinyo ezithile zokuphefumula ze-pranayama, bese ekwazi ukundiza noma ukugxuma njengexoxo Ngisho nabangcwele abangayenzi i-yoga yendabuko bantanta emoyeni njengoba bengena ezimweni ezinhle zokulangazelela uNkulunkulu okukhulu"

Ilukuluku lakhanya emehlweni ka-Upendra, wathi, "Ngingathanda ukwazi okwengeziwe ngale ndoda ehlakaniphile. Uyaya emihlanganweni yakhe yakusihlwa?"

Ngathi, "Yebo, ngivame ukumvakashela, futhi ngihlabeke umxhwele kakhulu ukuhlakanipha kwakhe okusheshayo nokuhlakanipha kwakhe okumangalisayo Ngezinye izikhathi ukuhleka kwami konakalisa isithunzi sombuthano. Nakuba ungcwele engakhathazeki ngalokhu, abafundi bakhe bangibheka ngentukuthelo!"

Ngisendleleni eya ekhaya ngivela esikoleni ntambama ngalolo suku, ngadlula endlini kaBhaduri Mahasaya nganquma ukumvakashela. I-yogi yayihlala yodwa, iqashwe ngumfundi esitezi esiphansi. Lo mfundi wayekhathalela kakhulu izivakashi futhi wangibuza ukuthi ngine-aphoyintimenti nothisha wakhe yini. Kodwa uthisha wafika ngokushesha, amehlo akhe ekhanya, ngaleyo ndlela engivikela ekuphonsweni khona lapho. Wathi kumfundi:

"Makeze uMukanda noma nini lapho efisa. Umthetho wokuzihlukanisa awukona ukududuza kwami kodwa ukududuza abanye. Abantu bezwe

abakhululekile ngokwethembeka kwethu, okuchitha ukuziqhenya kwabo. Abangcwele abavamile nje kuphela kodwa futhi bayadida. Ngisho naseMibhalweni Engcwele, ngezinye izikhathi sibathola bebangela ukuhlazeka kwabanye."

Ngalandela uBhaduri Mahasaya ngaya endlini yakhe elula esesitezi esiphezulu, ayengayishiyi kaningi iMasters. Ngokuvamile ayinaki ubuhle bomhlaba ngokuhoxa ekubonweni umphakathi. Umhlaba awubanaki nhlobo kuze kube yilapho sebezinzile emlandweni wesikhathi, ngoba abantu abaphila ngesikhathi salesi sazi abagcini nje ngalabo abahlala emikhawulweni emincane yamanje.

Ngathi, "Sazi esihle, ungumuntu wokuqala we-yoga engimaziyo ohlala endlini yakhe ngaso sonke isikhathi"

Waphendula wathi, "Ngezinye izikhathi uNkulunkulu utshala abangcwele bakhe enhlabathini engalindelekile ukuze singacabangi ukuthi singabathobela umthetho othize."

Ongcwele wayehleli egoqe imilenze ecabanga, umzimba wakhe ophilayo uphumule endaweni ye-lotus Nakuba ayeneminyaka engaphezu kwamashumi ayisikhombisa, umzimba wakhe awuzange ubonise zimpawu zokuguga noma ukuwohloka ngenxa yokuhlala isikhathi eside Enamandla futhi emude, wayephelele ngazo zonke izindlela Ubuso bakhe babunezici zesihlakaniphi esichazwe emibhalweni njengomuntu onekhanda elihle, onentshebe egcwele, ohlala eqondile, amehlo akhe athule egxile eBukhoneni bukaNkulunkulu

Ngahlala nosanta ngizindla, kwathi ngemva kwehora izwi lakhe elimnene langivusa:

"Uvame ukungena esimweni sokuthula, kodwa usufinyelele esimweni sokuqaphela uNkulunkulu ngempela?"

Lo ngcwele wayehlose ukungikhumbuza ukuthi ngithande uNkulunkulu ngaphezu kokuzindla, wabe esenezela: "Ungadidanisi izindlela nokuphela, futhi ungawenzi amandla abe umgomo wakho"

Wanginika ama-mango, futhi ngokuhlakanipha kwakhe okusheshayo, engakuthola kuhlekisa naphezu kokuba ngumuntu oqotho, wathi:

"Isifiso sabantu sokuba munye nokudla sikhulu kakhulu kunesifiso sabo sokuba munye noNkulunkulu"

Leli gama lingihlekise kakhulu, futhi amehlo akhe athambile ngothando njengoba ethi, "Yeka ukuhleka!" Ubuso bakhe babuqinile kodwa bunomomotheka ojabulisayo Amehlo akhe amakhulu, anjenge-lotus afihle ukumamatheka okungcwele, kwangaphakathi

USanta wakhomba izimvilophu eziningana ezibanzi etafuleni, ethi: "Lezi zincwadi zingifikele zivela eMelika ekude. Ngibhalelana nemiphakathi eminingana enamalungu abonisa isithakazelo ku-yoga. Baphinde bathola iNdiya ngokuqonda okungcono kunoColumbus! Ngiyajabula ukubasiza, ngoba ulwazi lwe-yoga lukhululekile, njengokukhanya kwelanga, kubo bonke abalufunayo."

"Lokho abahlakaniphile abakubonile kudingekile ukuze kusindiswe isintu akufanele kukhululwe ngenxa yeNtshonalanga. IMpumalanga neNtshonalanga ziyafana emoyeni naphezu kokuhlangenwe nakho kwazo kwangaphandle okuhlukile, futhi azinathemba lentuthuko nokuchuma ngaphandle kokusebenzisa enye yezindlela ezingokomoya ze-yoga."

Lo ngcwele wangibheka ngamehlo akhe athule, futhi angizange ngiqaphele ngaleso sikhathi ukuthi amazwi akhe ayeyisiprofetho esimboziwe Ngisho

namanje, njengoba ngibhala la mazwi, angikaqondi incazelo ephelele yamaphuzu akhe abonakala engenangozi okuthi ngelinye ilanga ngizoletha izimfundiso zaseNdiya eNtshonalanga.

Ngathi, "O scientific esihle, yeka ukuthi kungaba kuhle kanjani ukube ungabhala incwadi nge-yoga ukuze kuzuze isintu!"

Waphendula wathi, "Ngiqeqesha abafundi, kanye nabafundi babo, abazoba yizincwadi eziphilayo ezimelana nokubola, izinguquko zemvelo zesikhathi, kanye nokuchazwa okungavamile kwabagxeki."

Sahlala sodwa no-yogi kwaze kwaba yilapho abafundi bakhe befika kusihlwa, lapho enikeza enye yezinkulumo zakhe ezingenakuqhathaniswa Njengozamcolo omnene, wakhukhula izinsalela zengqondo nezinsalela zezilaleli zakhe futhi waziholela kuNkulunkulu. Imifanekiso yakhe emangalisayo yanikezwa ngesiBengali esingenaphutha.

Ngalobo busuku, uBhaduri wahlola izici ezahlukahlukene zefilosofi zokuphila kwenkosazana yaseRajput yasendulo egama linguMirabai, owalahla impilo yobukhazikhazi yesigodlo ephishekela ubungcwele Ekuqaleni, umuntu ovelele ozidelayo, uSanatna Goswami, wenqaba ukumamukela njengomfundi ngoba wayengowesifazane, kodwa impendulo yakhe yamguqa ngamadolo lapho ethi:

"Tshela uthisha ukuthi angimazi umuntu wesilisa endaweni yonke ngaphandle kukaNkulunkulu. Asibona yini abesifazane sonke phambi kwakhe?"

(Kunombono ongcwele wokuthi uNkulunkulu ungukuphela kwesimiso esihle nesidala endaweni yonke, nokuthi indalo Yakhe ayilutho ngaphandle kokukhohlisa okungalungile)

**UMirabai wayengumbongi, futhi waqamba
izinkondlo eziningi ezigcwele injabulo engokomoya
ezisabhekwa njengenye yezincwadi zaseNdiya.
Ngihumusha enye yazo lapha ngesiNgisi
(yahunyushwa ngesi-Arabhu nguMahmoud Abbas
Masoud):**

**Uma umzimba uhlanzwa njalo, kuzokwaziwa
Bengiyoba yingonyama phakathi
kolwandle**

**Uma edla isitshalo, uzoqaphela
ngokuqinisekile**

**Ngingaziqhenya ngokuthatha isimo
sembuzi**

**Uma inani lamarosari libalwa,
bekuzobonakala**

**Bengidumisa uNkulunkulu
ngamabhantshi amakhulu**

**Ukube nje izithombe bezingazikhothamela
phansi**

**Bengizokhothamela izintaba namadwala
Ukube nje ubisi belungaphuzwa
Ukuze amathole namancane
anambitheke**

**Uma ukushiya umkakho kuletha
Izinkulungwane zazizothenza
ngokushesha ngokuzikhethela**

**Konke lokhu akwanele ukukuveza
Cha, futhi ngeke ikwazi ukuphakamisa
ikhethini**

**UNKulunkulu uzovela ngaphansi
kombandela owodwa:**

**Uthando lwenhliziyo nokulangazelela
okunjengomlilo**

**Abanye abafundi babeka ama-rupee esicathulweni
sikaBhaduri, esasilele eceleni kwakhe njengoba ehleli**

**endaweni ye-yoga Lo mnikelo ojwayelekile eNdiya
uwukubonakaliswa kwenhlonipho nokwazisa,
okubonisa ukuthi umfundi ubeka impahla yakhe
ezinyaweni zothisha wakhe Abangane abanomusa
babonakalisa ukunakekelwa nokuvikelwa
kukaNkulunkulu kulabo abathandayo**

**Omunye wabafundi wabuka inkosi ehloniphekile
njengoba ihamba, ethi, "Ngempela, uyamangalisa,
Nkosi! Ushiye ingcebo nenduduzo yomuntu siqu
ukuze ufune uNkulunkulu futhi usinike
ukuhlakanipha" (Ngoba kwakwaziwa kahle ukuthi
uBhaduri Mahasya wayedele ingcebo enkulu
yomndeni ebusheni bakhe lapho enza isinqumo
esiqinile sokuphishekela indlela ye-yoga)**

**Ungcwele waphendula wathi, "Kodwa wenza
okuphambene nalokho!" Izici zothisha zaveza ukusola
okumnene, waqhubeka wathi, "Ngilahle ama-rupee
ambalwa kanye nezinjabulo ezidlulayo,
ezingabalulekile ngenxa yothando lombuso wendawo
yonke onenjabulo engenamkhawulo futhi engapheli.
Ngakho ungasho kanjani ukuthi ngizincishile noma
yini? Ngabantu abangaboni kahle baleli zwe abalahla
ngempela! Bashiya umbuso ongcwele ongenakho
okulingana nawo, ofisa izinjabulo ezincane
zasemhlabeni ezingakondli noma ezinganelisi
indlala!"**

**Ngihleke ngalo mbono ohlukile wokuzila ukudla
nokuzila ukudla: kuyilapho omunye wenza osanta
ompofu acebe futhi avelele kunoCroesus, omunye
uguqula izigidigidi ezinkulu emhlabeni zibe abampofu
abampofu abangazi ukuthi bahlupheka ngani
ngokuhlaziswa kobumpofu.**

**Uthisha waphetha inkulumo yakhe ngokunxusa
ukholo olungenakunyakaziswa, ethi: "Uhlelo
lwaphezulu luphatha izindaba zethu futhi luhlela**

ikusasa lethu ngokuhlakanipha okudlula lokho okunikezwa yizinkampani zomshuwalense. Umhlaba ugcwele abantu abakhathazekile ababeka ithemba labo ezindleleni zangaphandle zokuvikela. Imicabango yabo ebuhlungu injengezibazi emabunzini abo. Oyedwa, owasinika umoya nobisi kusukela ngesikhathi sizalwa, uyazi ukuthi angabanikeza kanjani abakhulekeli bakhe usuku nosuku konke abakudingayo ekuphileni kwabo.”

Ngaqhubeka nokuvakashela ungcwele ngemva kokuphela kwezifundo, futhi ngentshiseko ethule eyangisiza ukuba ngiqaphele ubukhona bukaNkulunkulu. Ngolunye usuku ungcwele wathuthela eRam Mohan Roy Road, kude nendlu yethu eGurbar Road, njengoba abalandeli bakhe abanothando bamakhela indawo entsha eyaziwa ngokuthi iTajendramath ⁽⁴⁾.

Nakuba engizokulanda kungakafiki isikhathi kule ncwadi yomlando, ngizokhuluma ngamazwi okuphetha uBhaduri Mahasya awakhuluma kimi Ngaphambi nje kokuba ngiye eNtshonalanga, ngaya kuye ngamvalelisa futhi ngakhothama ngokuthobeka phambi kwakhe, ngicela isibusiso sakhe sokuvalelisa. Wathi:

"Ndodana yami, hamba nesibusiso sikaNkulunkulu, uthathe inkazimulo yeNdiya yasendulo njengesihlangu sakho sokuvikela. Ukunqoba kubhaliwe ebunzini lakho, futhi izikhulu ezikude zizokwamukela kahle."

Umthombo: I-Autobiography kaYogi (Ifilosofi YaseNdiya Empilweni Yomuntu Oyi-Yogi)

Imibhalo yaphansi

(1) Le ndlela yokuphefumula yaziwa ngokuthi i-pranayama, okuwukulawula amandla okuphila noma

umsebenzi (i-prana) ngokulawula inqubo yokuphefumula. I-Pranayama bhastrika ("insimbi"): isebenza ukuzolisa ingqondo.

(2) UPatanjali ungumhlaziyi omkhulu kunabo bonke basendulo nge-yoga

(3) Enkulumweni ngo-1928, uSolwazi uJules Bois waseSorbonne wathi ososayensi baseFrance benze izivivinyo ngokuqonda okuphakeme futhi bavuma ukuthi kukhona. Wakuchaza ngokuthi "okufana nengqondo engazi lutho emcabangweni kaFreud. Lokhu kuqonda okuphakeme kuhlenganisa amathalente nezimfanelo ezenza umuntu abe ngumuntu wangempela, hhayi nje isilwane esiguqukile" Isazi saseFrance sachaza ukuthi ukuvuka kokuqonda okuphakeme "kumele kuhlukaniswe nokusikisela noma i-hypnosis. Ukuba khona kokuqonda okuphakeme kuyaqashelwa ngokwefilosofi, futhi empeleni kungubuntu obuphakeme obuchazwe ngu-Emerson, isayensi esanda kukuvuma" kusho u-Emerson endabeni yakhe (Umphefumulo Ophakeme): "Umuntu ungubuso bethempeli lapho kukhona khona konke ukuhlakanipha nobuhle, futhi ngokuvamile lokho esikubiza ngokuthi umuntu: umuntu wokudla, ukuphuza, ukutshala nokubala unikeza isithombe esingamanga seqiniso lakhe elibalulekile. Kodwa umphefumulo ayithuluzi kanye nokubonakaliswa kwawo uma uvunyelwe ukubonakala ngemicabango nezenzo zakhe, besizophoqeleka ukuba sikhothame ngoba besizoma phambi kwemvelo engokomoya, naphambi kwazo zonke izimfanelo zaphezulu"

(4) Igama lakhe eliphelele kwakunguTajnamath Bhaduri, kanti elithi "math" ngesiHindi lisho indawo yokukhulekela, evame ukubhekisela endaweni yokuhlala noma indlu yezindela. Phakathi kwabangcwele "ababentanta emkhathini" kwakukhona uSanta Joseph waseCupertino, uSanta wekhulu le-17 okuhlangenwe nakho kwakhe okungavamile okwalotshwa ofakazi. USanta Joseph wabonisa isimo sokumangala nokumangala ngomhlaba, okwakuyisikhumbuzo sikaNkulunkulu nokuxhumana okujulile Naye. Abafowabo esigodlweni sezindela babengamvumeli ukuba akhonze etafuleni lomphakathi funa andize ahambe neChina. Ngempela, lo Santa wayengakwazi ukwenza imisebenzi yezwe ngenxa yokungakwazi kwakhe ukuhlala

phansi isikhathi eside ngokwanele! Ngezinye izikhathi, ukubona nje isithombe esibusisiwe kwakwanele ukumqhubela endizeni eqonde phezulu, lapho ayezobona khona abangcwele ababili—indoda netshe—bendiza emazulwini.

USaint Teresa wase-Ávila, ungcwele ophakeme ngokomoya, naye wathola ukuphakama ngokomzimba kungamkhathazi Ethwele imisebenzi eminingi yokuphatha, wazama kodwa wehluleka ukumisa izivivinyo zendiza, ebhala ngalokhu: "Izinyathelo azisizi ngalutho uma uNkulunkulu ethanda ngenye indlela" Isidumbu sikaSaint Teresa, esangcwatshwa esontweni e-Alba, eSpain, sahlala singonakali iminyaka engamakhulu amane, iphunga laso linjengelezimbali, futhi izimangaliso ezingenakubalwa zabangelwa yiso.

(Lezi zimangaliso zisikhumbuza nalokho okukhulunywa ngakho kwiQur'an Engcwele kanye namasiko ahloniphekile obuProfethi, njengendaba yabantu boMhume kanye nesicelo kuMariya, ukuthula makube kuye, ukuthi anyakazise isiqu esomile somuthi wesundu ukuze izinsuku ezivuthiwe ziwele kuwo zingakafiki isikhathi, kanye nendlela uNkulunkulu amnakekela ngayo uMariya, ngokwalokho okukhulunywa ngakho kwiSurat Al Imran (Njalo lapho uZakariya engena kuye endlini engcwele, wayethola nokudla kwakhe ethi, “O Mariya, kuvelaphi lokhu kuwe?” Wathi, “Kuvela kuNkulunkulu”) kanye nendaba kaJurayj umkhulekeli kanye nomfana owayekhuluma embelekweni, kanye nalabo abathathu abangena emhumeni kanye nedwala basuka kubo kanye nezinye izimangaliso)

Amandla okuzimisela kanye nethonya lemvelo

Izinkinga nobunzima buvela ekuntuleni komuntu ukuqaphela izenzo zakhe zangaphambilini, ezenziwe ngesikhathi esithile nendawo ethile Ukuhlupheka kwabo kwamanje kuvela emicabangweni nasezenzweni abazikhulumile, ezimile emhlabathini wokwazi, zahluma futhi

zathela izithelo zohlobo olufanayo nalezo micabango
.nezenzo

Ngiphilela uNkulunkulu kuphela futhi ngisebenza Akukho
zilingo zasemhlabeni noma amacebo okungikho hlisa
Ngibheke ngeso lokuhlakanipha nokuqonda futhi
ngabhoboza izimbozo zokukho hlisa nokukho hlisa Nawe
kumelwe uqaphele ukuthi ukuvakashela kwakho kuleli zwe
kungokwesikhashana Ulapha ngenhloso eyodwa: ukufunda
izifundo ezidingekayo nokusiza bonke abadlula endleleni
yakho yokuphila

Njalo ekuseni ngicela uNkulunkulu angitshele ukuthi
ufuna ngenzeni, bese ngimbona esebenza ngezandla zami
nengqondo yami bese konke kuhamba ngokwentando
.yakhe

Izilingo nezinsizi azizi ukuzophula umuntu noma
ukukhubaza intando yakhe, kodwa ukumenza aqonde
ubukhulu bukaNkulunkulu futhi ahloniphe imithetho yaKhe,
lapho angathola khona injabulo yangempela uNkulunkulu
akathumeli lezi zivivinyo ezinzima ngoba ngokuyinhloko
zenziwe ngabantu. Okudingekayo esintwini ukuvusa
ingqondo yaso ebuthongweni bayo bokunganaki nokuphuma
.ebumnyameni bokungazi siye ekukhanyeni kolwazi

Ziqeqeshe ukuze uzizwe unokuthula, ngoba lapho wenza
lokho kakhudlwana, kulapho uzozizwa khona lawo mandla
.empilweni yakho

Kukhona amandla aphezulu azokhanyisa indlela yakho
futhi akunike impilo, injabulo, ukuthula, kanye nempumelelo
.uma uphendukela kulokho kukhanya kwaphezulu
Esikhathini esiningi, izinzwa zethu zisithembisa injabulo
yesikhashana kodwa ekugcineni zisilethela ubuhlungu
nokuhlupheka okuhlala isikhathi eside. Ubuhle beqiniso
nenjabulo, nokho, kuthembisa okuncane, kodwa ekugcineni
kusinika injabulo emsulwa nehlala njalo. Yingakho ngibheka
injabulo yangaphakathi nehlala njalo njengenjabulo

yangempela, kanye nenjabulo yesikhashana njengenjabulo
.nje

Uma umuntu enomkhuba omubi omkhathazayo futhi
omgcina ephapheme ebusuku, angawususa ngokugwema
noma yini engase iwubangele noma iwuvuselele,
ngaphandle kokugxila kuwo ngomzamo wokuwucindezela
Lena indlela engaqondile yokulwa nawo Kodwa kukhona
indlela eqondile neqondile: ngokuqondisa imicabango
yomuntu emkhubeni omuhle nokusebenzela ukuwuhlakulela
kuze kube yilapho uba yingxenye yokuphila kwakhe
abangathembela futhi bathembele kuwo
Abantu abanesimilo esihle bavame ukuba ngabajabule
kakhulu. Abasoli muntu ngezinkinga ababhekana nazo;
kunalokho, bazibeka bona futhi bazibheka
njengabanesibopho. Bayazi kahle ukuthi akekho onamandla
okubenza bajabule noma abacasule ngaphandle kokuthi
bavumele izenzo, amazwi, nemicabango yabanye ukuba
.ibathonye, kungaba ngendlela enhle noma embi
Abantu abaqinile abajabuli. Abanayo nhlobo imizwa,
njengamatshe. Umuntu kufanele apha ngayo yonke
imicabango yakhe, imizwa, nokuqonda, futhi aqaphele futhi
anake konke okwenzekayo nxazonke zakhe,
njengomthwebuli wezithombe onekhono olinde amathuba
amahle kakhulu okuthwebula izithombe ezinhle kakhulu
.zezindawo ezinhle kakhulu

Injabulo yangempela yomuntu itholakala ekuzimiseleni
komuntu njalo ukufunda nokwenza ngendlela efanele
nenenhlonipho. Uma umuntu ezithuthukisa, kulapho efaka
isandla khona ekuthuthukisweni nasenjabulweni yalabo
.abamzungezile

Bambalwa labo abahlaziya isimo sabo bese benquma
ukuthi baya phambili noma baya emuva. Njengabantu
abanikwe ukuqonda, ukuhlakanipha, nokuqonda, umsebenzi
wethu omkhulu ukusebenzisa ukuhlakanipha nokuqonda
kwethu ngendlela efanele ukuze sazi ukuthi siya phambili

noma siya emuva. Futhi uma ukwehluleka kusihlasela
ngokuphindaphindiwe, akumelwe siphelelwe yithemba noma
.silahlekelwe yithemba

Ukwehluleka kufanele kusebenze njengesikhuthazo,
hhayi njengesivimbeli, ekukhuleni kwethu ngokomzimba
nangokomoya

Ukwehluleka yisikhathi esihle kakhulu nesifanele
kakhulu sokutshala imbewu yempumelelo

Umuntu akufanele agxile ekulahlekelweni

nasekuhlulekeni, kodwa kunalokho azame
ngokuphindaphindiwe, kungakhathaliseki ukuthi imizamo
yangaphambilini yayiminingi futhi ibuhlungu kangakanani
Yonke imizamo emisha ngemva kokwehluleka kufanele
ihlelwe kahle futhi ivuselele ingqondo Ngaphezu kwalokho,
kufanele kube nokulinganisela phakathi kwezifiso zezinto
ezibonakalayo nezifiso ezingokomoya, ngaphandle
kokuvumela eyodwa ukuthi imboze enye

Akekho umuntu ongokomoya ngempela ongakwenza

ngaphandle kwempumelelo yezinto ezibonakalayo. Futhi

akekho umuntu okhathazeka ngezinto ezibonakalayo
okhungathekisa kangangokuthi uyamvimbela ekucabangeni
ngoNkulunkulu nasekunikeleni isikhathi esidingekayo
.ekuzindleni, enkonzweni, nasemisebenzini engokomoya

Ukuhluleka okungapheli akukafundi izifundo zokuphila

futhi umuntu othanda izinto ezingokomoya onobugovu
uzijezisa ngokulahlekelwa ibhalansi yengqondo ngenxa
.yokunganaki kwakhe impilo yezinto ezibonakalayo

Uma umuntu enikela wonke umsebenzi wakhe
nemisebenzi yakhe ekukhonzeni abanye futhi ekufeza
ngendlela egculisayo, khona-ke kufanele ngempela
.acabangelwe futhi abongwe

Akufanele sibe nohlangothi olulodwa; kunalokho,
kufanele silinganisele imisebenzi yethu futhi sibeke phambili
imisebenzi yethu kanye nemisebenzi yethu ngokuya
ngokubaluleka kwayo. Umsebenzi yilokho umuntu akwenza

ngenjabulo, hhayi ngenxa yenzuzo yezinto ezibonakalayo.

Umsebenzi ongokomoya nowokuziphatha kufanele uze

.kuqala ekuphileni

Wonke umuntu unamandla angakasetshenziswa. Unawo

wonke amandla adingekayo. Inggondo ngokwayo

ingamandla aphezulu, futhi kumelwe ikhululwe emikhubeni

.nasemicabangweni esiphelelwe yisikhathi nenemingcele

Imicabango emibi ingaholela umuntu endaweni eyingozi

lapho engaziveza khona ngendlela afisa ngayo Kodwa-ke,

umuntu angashintsha imicabango yakhe kanye nokuqonda

kwakhe ngamandla okuzimisela, futhi ngenxa yalokho,

indawo yakhe Uma umuntu ehlala endaweni eyingozi

isikhathi eside, leyo ndawo iqala ukumthonya ngokungazi

Ngokuhamba kwesikhathi, ekugcineni ulahlekelwa inkululeko

yakhe yokukhetha indawo enempilo nenempilo futhi abe

ngaphansi kwamathonya amabi aleyo ndawo eyingozi

Ithonya lamaplanethi nezinkanyezi empilweni yomuntu

lively ekuxhumaneni kokukhanga nokuxosha phakathi

kwamaplanethi nemizimba yabantu Labo abanentando

eqinile bahambisana noNkulunkulu futhi abalindi ukuthi

amaplanethi nezinkanyezi zibanike umusa wabo. Kunalokho,

baqhubeka nohambo lwabo njengenkanyezi ehlabayo,

engathinteki ngaphandle kwenkanyezi eqondisayo

kaNkulunkulu, oyiLanga lamaLanga neNkosi yoMthetho

.neyemiphefumulo

Izincwadi eziya kuthisha uParamahansa ezivela

kubafundi bakhe

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Izincwadi ezithunyelwe ngababhali bazo abavela

:emazweni ahlukeni, lapho sithola khona okulandelayo

Ngithanda ukukwazisa ukuthi ngokufunda kwami
izimfundiso zakho ngokucophelela

Ngithole ukukhanyiselwa okungokomoya

Leyo ebengilokhu ngiyifuna

Izimfundiso zakho zingivulele iminyango yenjabulo

* * *

Ngizijwayeza iziqinisekiso zakho ezingokomoya nsuku
zonke

Ngithola ukuthi imicabango emibi iyancipha kancane
kancane

Ukwesaba sekuphelile

Ngijabulela yonke imizuzu yokuphila kwami

Ngiyabonga ngosizo lwakho

* * *

Ngithola izibusiso eziningi

Ezimfundisweni zakho ezingokomoya

Ngilangazelela ukufunda imicabango yakho

Ngenza konke okusemandleni ami ukukusebenzisa
empilweni yami

Izimfundiso zakho zinhle futhi ziyazuzisa

* * *

Ngithola kufilosofi yakho emangalisayo

Yini ekhuthaza ukunconywa nokuphefumulelwa

Ngibonga kakhulu ngakho konke ongiphe khona

Kusukela osizweni kanye nenduduzo yengqondo

* * *

Nginomuzwa omkhulu wokuyithola masonto onke

Esifundweni esisha esivela ezimfundisweni zakho

Ngithola injabulo nokukhanyiselwa kuzo zonke izifundo

* * *

Ngiyabonga ngokusuka enhliziyweni yami

Ukuze ngiqonde umuntu enginguye ngaphakathi

Futhi ukungenza ngiqaphele amandla afihliwe
ngaphakathi kimi

Futhi ukukhombisa ukukhanya kukaNkulunkulu
ekugondeni kwami

Ngezimfundiso engizithole kuwe

* * *

Ngisakhumbula ukuvakashela kwami kini

Ubelokhu ehlala emicabangweni yami iminyaka emine

Ngisakhumbula ukholo lwakho oluphelele kuNkulunkulu

Futhi uthando lwakho ngesintu

Kwangisiza ukuba ngizazi mina

Ngesikhathi ngicabanga ukuthi ngingedwa

Anginabangane futhi akekho ozwelana nami

Kwanginika ukuzethemba futhi kwakhulisa isimilo sami

Kwangikhuthaza ukuba ngibe nesibindi lapho
ngibhekene nezimo zokuphila

* * *

Iminyaka engamashumi amane
Ngifunde amagatsha ahlukahlukene esayensi nolwazi
Kodwa angitholanga lutho kukho konke lokho kufunda
Entweni efana nalokho engikufundile ezimfundisweni
zakho

* * *

Ngizuza kakhulu ngokufunda izimfundiso zakho
Uma inani elikhulu labantu
Bayafunda futhi basebenzise imibono yakho
Umhlaba esiphila kuwo ubuyoba
Kungcono kunalokho okuyikho

* * *

Ngithanda ukukubonga ngokusuka enhliziyweni yami
Ngezibusiso ezifikile empilweni yami
Selokhu ngaqala ukufunda izimfundiso zakho ngokugxila
nangokunaka
Ngiyabonga, futhi sengathi uNkulunkulu angabusisa
imizamo yakho emihle
Futhi umsebenzi wakho ozinikele ekukhonzeni isintu

* * *

Njengoba ngikucele ukuthi ungithandazele impumelelo
yami
Isimo sami sithuthuke kakhulu

Ukubonga kwami okujulile kanye nethemba lami lokuthi
uzoqhubeka nokuthandaza

* * *

Ngesikhathi ngithola umlayezo wakho wokugcina
Bengisazulazula ehlathini elimnyama lokungabaza
Futhi wayengakwazi ukubona indlela ephuma kulelo
hlathi

Kodwa ngiyabonga kuNkulunkulu, kanye nemithandazo
yakho ekhethekile

Indlela yacaca kakhulu futhi ukholo lwami kuNkulunkulu
lwaqina

Isimo sami sathuthuka ngazo zonke izindlela
Futhi ngicela ungikhumbule njalo emithandazweni yakho
ephenduliwe

* * *

Izimfundiso zakho zingisize kakhulu
Futhi ngithole izinzuzo ezinkulu kukho
Futhi kwafakazelwa kimi ngobufakazi obuqinisekile
Ukusebenza kahle kweziqinisekiso zakho ezingokomoya
kanye nokucabanga okuhle

Ngigcwele ukubonga
Ngenxa yempilo, injabulo, nokuthula engikuzwayo
Nginomuzwa wokuthi ngiyathuthuka nsuku zonke
ekuzindleni

* * *

Ukube bekungengenxa yezimfundiso zakho ezinhle
neziphefumulelayo

Impilo yami kuleli zinga lasemhlabeni ngabe
ilinganiselwe kakhulu

Ngithanda ukukubonga ngokunaka kwakho
okukhethekile

Lokho anginike khona eminyakeni emithathu edlule

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Ngiyabonga ngomagazini i-Spiritual Culture

Lapho ngithola khona isibusiso nokondliwa
komphefumulo nsuku zonke

Ngibonga uNkulunkulu owangitshela ngawe kanye
nezimfundiso zakho

* * *

Ngithanda ukunibonga ngezincwadi zenu zanyanga
zonke

Ngithole umyalezo wokugcina ugcwele ugqozi

Ukuze ngiyifundele abafundi bami ekilasini lezincwadi

Basabela kahle kokuqukethwe kwayo

Kwakuyisenzakalo esijabulisayo kithi sonke

Ngithinteki kakhulu yimibono oyifakile encwadini

Kangangokuthi ngangifuna ukwabelana ngakho
nabafundi bami

Lo mlayezo ubangele isimo sokuzindla okujulile

Nokuzihlolisisa izimfihlo zomphefumulo

Nginomuzwa wokuthi kuzongisiza ukuxazulula izinkinga

Futhi ukubhekana ngokuhlakanipha nangendlela enhle
nokuhlangenwe nakho kwempilo

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Izimfundiso zakho ziyigugu

Angifuni ukuphuthelwa yisifundo sakho esisodwa